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Luke Scollard and Cliona Palmer with (left) Michael Talbot Deputy Manager Dromhall Hotel launching the Kerry Stars Black Tie Ball which take place at the hotel on Saturday February 15th. More details on Page 4.

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<b>DOLITTLE</b> PG 105 mins SAT/SUN 12:15, 2:15, 4:25	<b>PAW PATROL: READY, RACE, RESCUE!</b> PG 60 mins 7 DAYS 6:45
<b>RICHARD JEWELL</b> 15A 130 mins 7 DAYS 6:35, 9:00	<b>SPIES IN DISGUISE</b> PG 120 mins SAT/SUN 12:05, 2:05
<b>PSY 3: W IMIE ZASAD</b> 18 726 mins SAT/SUN 8:40 <i>POLISH FILM with subtitles</i>	<b>STAR WARS: THE RISE OF SKYWALKER</b> 12A 150 mins SAT/SUN 3:40, 7 DAYS 6:15
<b>BAD BOYS FOR LIFE</b> 16 125 mins 7 DAYS 9:00	<b>JUMANJI: THE NEXT LEVEL</b> 12A 120 mins SAT/SUN 2:05, 4:20
<b>1917</b> 15A 120 mins 7 DAYS 6:40, 9:00	<b>FROZEN II</b> PG 100 mins SAT/SUN 12:15, 2:20

**ALSO SHOWING**

<b>LITTLE WOMEN</b> PG 133 mins SAT/SUN 4:00, 7 DAYS 6:25, 8:55	<b>THE GENTLEMEN</b> 15 120 mins FRI/MON-THUR 9:00	<b>SHAUN THE SHEEP</b> PG SAT/SUN 12:15
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## EDITOR'S NOTE

**T**he countdown is on for Election 2020 and we have it all covered in this week's Killarney Outlook. Kerry's youth are being awarded for their good deeds, Kerry Stars are preparing for their annual ball and Kerry footballers began their league campaign.

The annual Chernobyl Coffee Morning is set to take place, local beekeepers are creating a buzz and a motorsport fanatic is gearing up to spend his winning streak winnings. Killarney is celebrating gold at the annual CIE awards, a local school is in need of more accommodation for it's

growing student population and a Killarney couple are celebrating 50 years of wedded bliss. All this and lots more in this week's magazine. Enjoy!

*Aisling Crosbie,*  
Editor | 086 0400958



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

# GOLDEN ANNIVERSARY CELEBRATIONS FOR KILLARNEY COUPLE



Tommy & Cáit Cronin, pictured with their family on Saturday evening to celebrate their 50th Wedding Anniversary. PICTURE MARIE CARROLL-O'SULLIVAN

**I**t was a night to celebrate 50 years of wedded bliss when Tommy and Cáit Cronin from Ballydowney were joined by close family for the occasion.

Well known butchers on High Street, Tommy and Cáit celebrated their Golden Wedding Anniversary along with their eight children, Denis, Riona, Patricia, James, Anto, Will, Noel and Caroline, their sons and daughters in law and their 22 grandchildren. Tom's brother Jim, who lives in Killarney along with his sister Breda and her husband Jerry from Co. Meath were also there to wish the couple well.

Tommy and Cáit were married in the old Fossa Church on January 22nd 1970 and held their reception in the Lake Hotel. A fifth generation Butcher, Cronin's Butchers have been based on High Street 100 years this year and has recently undergone a renovation.



## KERRY STARS DON THEIR STYLE FOR ANNUAL BALL



The fashions stakes will be high on Saturday February 15th when members of the Kerry Stars Special Olympics Club and their friends and supporters descend on The Dromhall Hotel for their annual Black Tie Ball. The festivities will begin at 7.30pm sharp with a drinks reception, followed by Dinner at 8.15. The Black Tie affair is a firm favourite on the social calendar in Killarney every year.

Tickets are available from Tom on 087-2338575 and Emer on 087-

1240046 and include the drinks reception, dinner, wine, and dancing with The Love Junkies.

Special guest on the night will be Denis Doolan, Special Olympics International. All are welcome for a night of fun and laughter to celebrate the achievements of the amazing Special Olympics Sports Stars.

## Stand up for yourself - Maura holds Self Defence Class for charity

A Killarney based fitness instructor recently held a self defence class in aid of the Kerry Rape Crisis Centre.

"I wanted to do this is to help women and men learn basic Self-defense skills and safety awareness that everyone should know", Maura told the Killarney Outlook.

"I also wanted to raise awareness for the center and raise funds to help

them for the amazing work they do", she added.

So far the fundraiser made through class fees & donations €277.50, with people still donating through out the week

Maura would like to say a huge thanks to everyone that supported the event.





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# CHERNOBYL CHARITY BREWS UP



All welcome for the Chernobyl Coffee morning which will take place at the Killarney Golf & Fishing Club on Thursday 6th Feb 10:30am-12:30pm L-R Organiser Joan Buckley, Patrick Fleming & Sharon Healy, Killarney Golf & Fishing Club.

PICTURE: MARIE CARROLL-O'SULLIVAN

**T**he Killarney Branch of the Friends of the Children of Chernobyl will host their annual Coffee Morning at Killarney Golf Club on Thursday next February 6th.

All funds raised on the day will go towards sending children from two schools in the Pinsk area on holidays next summer to camps in Belarus. The group are currently supporting a number of other projects in the area including a psychiatric hospital in which they have painted and tiled the men's unit and decorated rooms on the ground floor and an orphanage which caters for 600 people from age 4 upwards. The Killarney group have helped to build a halfway house here to help facilitate the move from the orphanage into the world.

Along with these projects the group continue to supply clothes, bedding, footwear etc and there is currently a truck en route full of humanitarian aid.

If you would like to support the ongoing work of the committee then why not pop out to the Killarney Golf Club on Thursday next from 10.30am to 12.30pm and enjoy a cup of coffee and some freshly baked goodies along prizes. with a chance to win one of the numerous spot prizes.

## Killarney Credit Union Members share €30,000 Prize Bonanza

A delighted Susan O Sullivan from Woodlawn Killarney got a great surprise this week when she received a call from Killarney credit union to find out she had won a brand new Mitsubishi Space Star in the Killarney Credit Union members draw.

Susan picked up the keys of her new car from Karena McCarthy, Marketing Officer at a prize giving ceremony at the credit union on Friday 24th January at the credit union headquarters.

Speaking about the members draw, Karena McCarthy, Killarney Credit Union Marketing Officer stated "we currently have just over 2,200 members in the draw which is held twice a year. Our prizes include a new car and cash ranging from €250 to €5,000 cash, our next draw will take place in July 2020". she concluded. Members can apply for the members draw at any of the branches or download an application form online [www.killarneycu.ie](http://www.killarneycu.ie). €12 will be taken from the members

account twice a year as an entry fee for the members draw.

The 14 cash prize winners were Donie O Doherty, Lillian McCrae, Geraldine Gleeson, James Daly, Kathleen Coen, Barry Kelleher, Carmel Cahill, Thomas Lynch, Denis Doona, Eileen O Callaghan, Donal O Riordan, Paul O Rourke, Noreen Murphy & Ann Murphy.

The draw was adjudicated by solicitor Eoin Brosnan and KCU Risk and Compliance Manager Shane Foley in the credit union offices on Monday 15th January.

Karena added "The draw is limited to members of Killarney Credit Union and anyone over the age of 18 can apply to join, so for €2 a month, you can be entered into the draw. We would encourage members to sign up, if they haven't already, as the saying goes, if you're not in, you can't win" she concluded.



Susan O'Sullivan, Woodlawn, Killarney, won a brand new Mitsubishi in the Killarney Credit Union members draw. Mark Murphy, (CEO, Killarney Credit Union), Karena McCarthy (Killarney Credit Union marketing officer) Padraig Dineen (Dineen O'Donoghue Motors).



Susan O'Sullivan, Woodlawn, Killarney won a brand new Mitsubishi in the Killarney Credit Union members draw. Seated from left are Mark Murphy, (CEO, Killarney Credit Union), Grace McCrae, Susan O'Sullivan, Noreen Murphy, Kathleen Coen and Ellie McCarthy. Standing from left are Denis Doona, Eileen O'Callaghan, Barry Kelleher and Karena McCarthy (Killarney Credit Union marketing officer)



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# Killarney's youth commended at the Lee Strand/Kerry Garda Youth Achievement Awards

**K**illarney Community College students were among the winners at the recent Lee Strand/Kerry Garda Youth Achievement awards which were held at the Ballyroe Heights Hotel in Tralee on Friday last, January 24th. The students were awarded for their Be Dementia Aware project. The evening commenced with dinner and was followed by a presentation of twenty five awards, accompanied with an inspiring citation of each winner's achievements. Twenty Merit Awards, two Group Awards, a Special Achievement Award, a Community Safety Award and the Overall Winner Award were presented on the night. The awards scheme which first commenced in 1998 are held for youths between the ages of thirteen and twenty one years and recognise the great contribution young people have made and continue to make to their communities in Kerry.

Sixteen year old Sophie Daly Wilson from Caherciveen was announced as the Overall Winner. She was described as a young lady with enormous enthusiasm and energy to devote to all things positive.

Two Lee Strand/Kerry Garda Youth Achievement Group Awards were presented on the night to The Fairtraders, Castleisland Community College and Be Dementia Aware, Killarney Community College. The Lee Strand/Kerry Garda Youth Special Achievement Award was presented to Shauna Foley, Listowel. The Lee Strand/Kerry Garda Youth Achievement Community Safety Award was presented to Michael Carroll, Padraig Crean, Michael Kirby students of CBS The Green.

Twenty Lee Strand/Kerry Garda Youth Achievement Merit Award Certificates were presented to individuals who have made a positive contribution to their community and make it a better place to live. The recipients were Iyanu Alausa, Duagh; Clodagh Begley, Tralee; Kacper Bogalecki, Killarney; Patrick Brosnan, Listowel; Daniel Cremin, Killarney; Saoirse Fitzgerald, Killorglin; Dylan Fitzgerald, Castlelgory; Caoimhe Fitzgerald O'Dowd, Dingle; Danny Finch, Asdee; Sinead Gleeson, Killarney; Michael Horgan, Killarney; Serena Leahy Breen, Glenbeigh; Dáire McGovern, Ballymacelligott; Jack Nagle, Castlemaine; Shannon Oba Elumelu, Tralee; Clodagh O'Connor, Killarney;

Kacper Podraza, Castleisland; Martin Quilligan, Tralee; Aishling Rochford, Kenmare and Harry White, Killarney.



Kerry's Youth Recognised For Contribution To Communities At Awards Ceremony The Lee Strand Garda Youth Achievement Awards Overall winner Sophie Daly Wilson, Caherciveen receives her award from Kerry Garda Division Chief Superintendent Eileen Foster at the Lee Strand Garda Youth Achievement Awards in the Ballyroe Heights Hotel . Also pictured were other winners and Lee Strand board members .

PHOTO: DOMNICK WALSH



Kerry's Youth Recognised For Contribution To Communities At Awards Ceremony The Lee Strand Garda Youth Achievement Awards . Clodagh O'Connor, Killarney at the Lee Strand Garda Youth Achievement Awards in the Ballyroe Heights Hotel on Friday . Also pictured were Lee Strand board members, family and Staff .

PHOTO: DOMNICK WALSH



Kerry's Youth Recognised For Contribution To Communities At Awards Ceremony The Lee Strand Garda Youth Achievement Awards . Michael Horgan, Killarney at the Lee Strand Garda Youth Achievement Awards in the Ballyroe Heights Hotel on Friday . Also pictured were Lee Strand board members, family and Staff .



Merit Award winner Harry White with 6 year old Caleb Gleeson, whom he pulled from the water in Banna Strand last year after Caleb got into difficulty were at the Lee Strand Garda Youth Achievement Awards in the Ballyroe Heights Hotel on Friday .

PHOTO: DOMNICK WALSH



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# GER GEARS UP TO SPEND €33,000

Ger Somers from Rathmore, pictured at the presentation of the winners cheques were from left to right: Marty Whelan, Winning Streak co-host; Jim O'Connor, The National Lottery; Ger Somers the winning recipient and Sinead Kennedy, Gameshow host. The winning ticket was bought from Applegreen Service Station, Muckross Road, Dromhale, Killybegs. PIC: MAC INNES PHOTOGRAPHY

**R**athmore man and motorsport fan Ger Somers is gearing up to spend his winnings of €33,000 following his appearance on the National Lottery TV game show Winning Streak last Saturday.

Ger was at a neighbour's birthday celebration last Saturday evening when he heard the news. The last thing he expected was to be centre of attention. He had only arrived with his partner Jean, when a call came through to him informing him that his name had been selected to appear on Winning Streak the following week. He went to the living room and turned on the show to see if this was true. All the while word spread throughout the party and once he was sure it was his name, he unwittingly stole

his neighbours thunder!

Ger has been overwhelmed by the good wishes and positive messages he has received from his friends and neighbours in Rathmore the whole town was glued to RTE One last Saturday evening. Ger has his mother Sile to thank for his upcoming Winning Streak appearance as she gifted him the scratch card in his Christmas card. She was in the audience in RTE last weekend cheering him along with his partner Jean, his son Colin and other members of the Kerry family.

Ger has been with Jean for more than 24 years and he has one son, Colin (11) who was buzzing with excitement to support his dad at Winning Streak. He has been busy making banners in

school last week for the studio audience. Ger's brother and sister, Ciaran and Catherine were also in attendance.

Ger is self-employed and works as a machine operator in the local county council water services department. In his spare time Ger is a big rally driving and motorsport fan and frequently is a navigator for rally drivers. Last weekend he was supposed to take part in a rally in Co. Donegal but had to cancel to be on Winning Streak. He is also a big gaelic football fan and he and his supporters rushed back to their hotel after the show watch Kerry seal a last-gasp draw with Dublin this Saturday.

Local beekeepers create a buzz

## KERRY BEEKEEPERS' BEGINNER'S COURSE PLANNED

Aspiring beekeepers will have the opportunity to learn all about bees at a new series of Beekeeping Talks for Beginners which will begin on Thursday February 20th and continue each Thursday up until March 19th.

These talks will be of interest to aspiring beekeepers and beginners alike.

The programme for each evening will include an educational talk presented by a competent beekeeper followed by interactive discussion and a cup of tea/coffee.

The facilitator is Pat Curran, a South Kerry, commercial beekeeper (Sun Hill Honey). Pat

is a most experienced practical Beekeeper who will begin by introducing participants to the Bee hive and the different bees that live within. He will also share his depth of knowledge, experiences and discuss beekeeper tasks for each month.

Participants will be able to acquire hives of bees at the end of the series of talks if required. If you are interested please register and come along to our series of lectures from 7.30 – 9 pm at the Teagasc Offices, Cleeney, Tralee Road, Killarney where you will get a warm welcome.

The registration fee is €75,



Pictured at Teagasc for the Beekeeping Course meeting on Thursday were L-R Tim Regan, Hilda Richbode, Brendan Coffey, Pat O'Connor (Killarney Honey) & Ian Flude.

PICTURE: MARIE CARROLL-O'SULLIVAN

this includes the course, beginners book and membership of the Kerry Beekeepers Association which includes bee insurance for 2020. The number of places is limited to 30 on a first come first served

basis. For registration details email Kerry Beekeepers Association at kerrybeekeepers@gmail.com or contact Michael on 087 655 22 33 between 5 and 7 pm.



REA

COYNE &amp; CULLOTY

**7 MOUNTAIN VIEW,  
KILCUMMIN****€250,000**

Set in a small, mature, cul de sac adjacent to Kilcummin Village, 7 Mountain View offers extensive living space including 4 bedrooms, large living room and wonderful kitchen with outstanding hand crafted units. Wonderful property for those seeking a family home or superb investment property. Viewing highly recommended.

**BER C2****NO 2 SUNNYHILL UPPER,  
KILLARNEY****€240,000**

Exceptional two-bedroom terraced house in an unrivalled location close to Killarney town centre. This property is in show house condition with a large rear garden and shed. Viewing is a 'must' for those seeking an exceptional starter home, to downsize or a wonderful investment property.

**BER C3****9 FAHA COURT, FAHA,  
KILLARNEY****€150,000**

Set in the scenic Killarney countryside, this spacious 2-bedroomed cottage boasts stunning views of the Gap of Dunloe. It is located 10 minutes' drive from Killarney town centre and near to the famous and scenic Ring of Kerry driving route.

**BER C1****3 OAKFIELD, PARK ROAD,  
KILLARNEY****€265,000**

Superbly located 3 bedroom semi-detached house. Bright spacious rooms with private walled-in front and back gardens. Adjacent to the Church of the Resurrection, Daly's Supervalu, nearby national schools and all other amenities.

**UNDER OFFER****NO 2 ANNAGILYMORE, HEADFORD,  
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**BER C3****1 DEIREADH COILLE,  
WOODLAWN****€270,000**

Exceptional three bedroom semi-detached house with large rear extension to double height ceilings looking onto landscaped gardens. Minutes' walk from Muckross Road, Killarney town and all amenities. Viewing is highly recommended.

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**BER A1**





## CALL-OUT TO ARTISTS TO SUBMIT TO SHOWCASE

**K**erry County Council are inviting artists to express their interest in being part of the Kerry Visual Artists' Showcase. The Showcase is a professionally curated annual exhibition, for qualified artists, working across all media and genres within visual arts and who are from, or living in Kerry. It recognises local talent and provides exposure for visual artists and it opens on Friday 18th September, Culture Night, at the exhibition space in Government Buildings, Killarney. This year the Showcase will be selected by Catherine Fehily, Head of the Crawford College of Art & Design in Cork. Depending on submissions, artists for next year might also be selected.

Application forms can be found at <http://www.kerrycoco.ie/arts/arts-forms/> and are only accepted by emailing [arts@kerrycoco.ie](mailto:arts@kerrycoco.ie). The deadline for receipt of applications is 4pm on Friday 6th March. The Showcase is supported through funding from Kerry County Council and The Arts Council.

## BEAUFORT FILM NIGHT TO SCREEN ICELANDIC COMEDY

Beaufort Film Night returns for another screening which will take place at The Inn Between Bar, Beaufort, on Friday 7th February at 8.30pm.

Icelandic comedy-drama *Woman at War* is the feature on the night. Halla is a music teacher in her forties. She is a happy, upbeat woman who leads a quiet and routine life. But unbeknown to most she is also 'The Mountain Woman': a lone wolf environmental activist who disrupts the operations of an aluminium plant in the Icelandic highlands, by cutting power supply and damaging pylons in acts of industrial sabotage.

A funny, moving and utterly unique film with a strong lead performance from Halldora Geirhardsdottir as Halla. *Woman at War* won Best Screenplay at the Critics' Week of the 2018 Cannes Film Festival. It also won the 2018 LUX Film Prize, the European Parliament's prize for films that go to the heart of European public debate. Beaufort Film Night is a non-profit community organisation founded by local film enthusiasts whose



aim is to screen cultural English language and international language films, fostering an interest in and appreciation of these category of films, films which normally don't get a general release screening in Kerry. Films screened at Beaufort Film

Night will be carefully curated in order to appeal to a general audience. Beaufort Film Night is working in conjunction with Access Cinema, the Arts Council funded organisation which assists film clubs and film nights in Ireland with their screenings. Beaufort Film Night would like to thank The Inn Between Bar for providing a venue for this cultural and entertainment opportunity. Admission to the film is €7 which will go towards covering the motion picture licencing fee and the newly-purchased screen. *Woman at War* has a 12A Certificate. Further information can be viewed on Beaufort Film Night's Facebook page (BeaufortFilmNight) and Twitter page (@Beaufort\_Film).

## Letter to the Editor...

Bishop Ray Brown reflects on Catholic Schools Week 2020

Catholic Schools Week begins on Sunday 26th January.

It is a week to celebrate our faith schools, the good work they do and their importance. Family, parish community and school work together seeking that the words of Jesus are fulfilled in the life of every child, "I have come that you may have life and have it in its fullness".

Mindful that all our schools have recently renewed their Boards of Management, it is good to appreciate and say a sincere thanks to the Boards and all their members.

The theme this year is "Living in harmony with God's Creation" (with God, Neighbour, All Generations, the Earth and in our Catholic School). Just to mention two of these areas that at the moment are topical:

- Think of the harmony of nature and the challenge as illustrated by the horrific fires in Australia.
- Think of harmony among people in terms of citizenship, the "one for all and all for one" of us as a people in Ireland as we hold our General Election. Sincere thanks to and God's blessing on every school community, staff, students and their families.

+ Ray Browne  
Bishop of Kerry.



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This week the Killarney Outlook looks at CIE TOURS ANNUAL AWARDS and KERRY TOURISM INDUSTRY FEDERATION

## Killarney celebrates at CIE Awards as Killeen House Hotel wins for the 29th time

**K**illeen House Hotel celebrated a special night at the recent CIE Tours International Annual Awards for Excellence when they won the Special Dinner Feature for the 29th time. The awards, now in their 30th year recognise the best hotels and tourist attractions across Ireland based on feedback from over 25,000 customers throughout the year.

Geraldine Rosney from Killeen House hotel was on hand to receive her award and she has won the award every year except one.

Cahernane House Hotel and Killarney Horse & Carriage Tours were also among the Gold winners at the the awards on Wednesday night.

Each winner achieved a customer satisfaction rating of over 92% from CIE Tours International visitors with Gold Award Winners achieving the highest satisfaction ratings in their categories.

8 hotels in the Killarney, and 2 visitor attractions each received a Merit Award of Excellence for delivering an exceptional quality experience and welcome to tourists.

They included Killarney Plaza Hotel, Killarney Avenue Hotel, Killarney Towers Hotel, International Hotel Killarney, Great Southern, Killarney, Aghadoe Heights Hotel & Spa, The Brehon, Killarney and The Dunloe Hotel and Gardens while countywide, Ballygarry House



Fiona Ross, Chairman, CIE, presents the CIE Tours Award for Best Overall Tour Feature to Killarney Horse and Carriage Tours.



Fiona Ross, Chairman, CIE, presents the CIE Tours Award for Best Overall Hotel Service and Hospitality to Emer Corridan, Cahernane House Hotel.

Hotel and Spa and Dingle Skellig Hotel also received a Merit Award of Excellence.

The visitor attractions in Killarney were Muckross



Fiona Ross, Chairman, CIE, presents the CIE Tours Award for Best Overall Special Dinner Feature to Geraldine Rosney, Killeen House Hotel, at the CIE Tours International 30th Annual Awards of Excellence where Ireland's best holiday destinations and experiences were recognised based on feedback from over 25,000 visitors.

House and Gardens and Tangney Tours Jaunting Car while John B Keane's Pub also received an award. The honours were presented by Fiona Ross, Chairman and Elizabeth Crabill, Chief Executive Officer, CIE Tours International. In total 84 hotels and tourist attractions from across the island of Ireland won awards, with 13 overall category winners being awarded a Gold Award.

Speaking at the presentation of CIE Tours International Annual Awards of Excellence Elizabeth Crabill said; "30 years ago CIE Tours International introduced its annual Awards of Excellence to recognise Ireland's hospitality ambassadors – the people and businesses throughout the country who put Irish tourism on the global stage through the warmth of welcome and quality of service provided to our international visitors. "Since then Ireland's tourism sector has changed utterly and grown in reputation but the demand for excellent experiences remains constant. Ireland remains an attractive tourism destination for visitors from North America drawn by the diversity and richness of the experiences offered and the warmth of the traditional Irish welcome which should not be underestimated.

"The Irish holiday experience is unique and continues to grow in popularity, so much so that we're launching new winter tour holidays to

## NEW ROLE FOR PAT ON KERRY TOURISM INDUSTRY FEDERATION



Ther former Managing Director of Liebherr Container Cranes, Pat O'Leary has been selected as the Chair of the newly established Kerry Tourism Industry Federation.

Kerry County Council has welcomed the appointment and Chief Executive of Kerry County Council, Moira Murrell has stating that Mr O'Leary will be a strong voice for tourism in Kerry. "I am delighted to congratulate Pat on his new role

and Kerry County Council looks forward to continuing working closely with him over the coming years as Chair of the Kerry Tourism Industry Federation,"the Chief Executive stated. "Given his experience and long track record of success in industry, I am in no doubt that this will greatly assist him in moving seamlessly into his new role, which will greatly benefit the tourism sector in Kerry.

"Both Kerry County Council and the Kerry Tourism Industry Federation share a common goal, the continuing promotion of Kerry as the prime tourist region in Ireland and ensuring that the facilities and product on offer to visitors is second to none. There are many areas where both organisations can work closely together

to achieve this goal, and Pat's experience of running a large, successful organisation will be of significant assistance in this regard."

The elected board members of the Kerry Tourism Industry Federation (KTIF) are Pat O'Leary, nominated by Killarney Chamber of Tourism and Commerce; John Edwards, nominated by Tralee Chamber Alliance; Gary Curran, nominated by Dingle Peninsula Tourism Alliance; Helen McDwyer, nominated by Kenmare Chamber of Commerce and Tourism; Patrick O'Donoghue, nominated by the IHF Kerry Branch; Tracy Coyne, nominated by the IHF Kerry Branch; and Michael McCarthy, nominated by the Kerry branch of the Restaurants Association of Ireland.





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**Price Region: €350,000**



**BER D1**

# MONEY MATTERS.....

By Dermot Cronin,  
**Financial Advisor**



## WHEN CAN YOU ACCESS YOUR PENSION & WHAT ARE YOUR OPTIONS WHEN YOU WANT TO RETIRE?

Many pensions can be accessed from age 60, a lot of the rules depend on whether you are an employee or self employed. If you are coming close to retirement you are probably wondering what options you have when you want to get access to your pension. It depends on what type of pension you have but generally there are four options:

**Tax Free Cash :** Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

**Taxable Cash:** You may be able to take sum of your pension in taxable cash.


**Annual Pension:** This is a guaranteed income for the rest of your life that is purchased with the money left after your tax free lump sum.

**Approved Retirement Funds:** You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income.

It is extremely important that you take your time and have all the options explained to you in plain simple English and that you understand all your options clearly before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with a financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

**To discuss the above or any other matter Dermot Cronin QFA can be contacted at 0646622775 or dermotcroninifa@gmail.com**

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## HOW TO DEAL WITH REDUNDANCIES

*An employer having to make someone redundant is a difficult situation. However, if an employer follows the correct procedures, they will get the correct result. To make a position redundant, it's not enough to be able to satisfy yourself the role is redundant. Three key areas will be considered:*

1. If there was a genuine reason for redundancy
2. Was there a fair selection process
3. Was a fair consultation process carried out

*What's a genuine reason for redundancy?*  
Section 7(2)(a) of the Redundancy Payments Acts outlines five grounds where a redundancy can be deemed as genuine.

1. The employer has ceased or intends to cease to carry on the business.
2. Requirements of the business for the employee to carry out work of a particular kind has ceased or diminished.
3. The employer decides to carry out the business with fewer or no employees.
4. The employer decides work being done is to be done in a different manner, for which the employee is not qualified or trained to do.
5. The employer decides that the work being done is to be done by a person who is capable of doing other work for which the employee is not sufficiently qualified to do.

*Where your reasons for redundancy fall under one (or more) of the above five it is important to follow through with a redundancy procedure. This ensures fair procedure and reduces the risk of unfair selection and any potential unfair dismissal claims.*

*For help, support and advice on the above or on any of your HR & Payroll needs please feel free to contact us.*

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# THE JOBS MARKET IS ON THE MIND OF CAO COLLEGE APPLICANTS

By Billy Ryle



**W**ith national unemployment as low as 6%, opportunities were never better for those with a strong work ethic and a skills' set to meet the demands of a modern economy. In short, there is a job for everybody who is willing to work. Indeed, those of us who can work have a patriotic duty and moral obligation to do so. The dignity of paid work is very energising and, of course, a growing national income means the Government can do more to assist those in genuine need of State support.

As the CAO deadline approaches, college applicants are keenly aware of employment opportunities in a buoyant economy. They are buying into the notion that the jobs market is their oyster if they are well educated with a marketable qualification.

Good quality employment is never far from CAO applicants' minds. They are focussing on courses which offer good job prospects. One can't predict, with total certainty, the future health of a national economy which is subject to so many external factors. Nevertheless, the Irish economy has developed a sustainable resilience. So, when 2020 CAO applicants graduate onto the jobs market the skills and qualifications needed in the work force should not have significantly changed.

Some CAO applicants construct their course choices on their favourite school subjects. Others apply for courses, which suit their interests and personalities. A surprisingly large number of students prefer to attend a particular college than to do a particular course. Many applicants, despite their tender years, objectively analysis their personal career profiles, based on such variables as ability, achievement, application, aptitude, ambition, values, interest and personality (SAVIP). Career

profiling isn't an exact science, but it's a useful exercise in appropriate course selection.

Current applicants are applying in large numbers for science and information technology courses. The Government's promotion of STEM (Science, Technology, Engineering and Mathematics) courses as essential for the expanding economy has caught the imagination. Science is riding the crest of a wave with attractive jobs available in industrial, medical, environmental and research science. IT courses will retain their popularity as there is huge demand for people with computer science skills. The majority of courses in health sciences will, as always, be very competitive. Courses in agri-food science, horticulture and agri-business will remain attractive with so much emphasis on healthy diets and nutrition.

The demand for housing and infrastructure has revived interest in built environment courses. Demand for courses in civil, environmental and structural engineering, architecture, quantity surveying, valuation surveying, property management and auctioneering is back to prerecession levels.

HASS (Humanities, Arts and Social Sciences) courses will be listed by about 25% of all CAO applicants in 2020. Vocational courses in primary and secondary teaching, nursing and social work will be competitive. Many applicants will still opt for a general qualification in the Arts where points requirements will remain modest.

Business courses will again be very popular in 2020 offering opportunities in financial services and treasury, taxation, accounting, corporate law and business information services. Degree courses in law, tourism and hospitality are

gaining traction in a thriving economy. With so much emphasis in the jobs market on skilled and well-qualified personnel, each CAO applicant is aware that her/his chances of employment are considerably increased by a competitive qualification. But remember, a strong work ethic and a passion for your qualification will make you employable when you arrive on the jobs market. Choose wisely!

In the next article: Why the 'Mocks' are ideal practice but the real test will be in June!

## CHECKLIST

- ✓ C losing date for online change of course choices (free) is Sat., 1st Feb at 5.15pm
- ✓ Closing date for the normal CAO online application is Sat., 1st Feb at 5.15pm
- ✓ Online facility to amend course choices opens at noon (€10 fee) on Wed., 5th Feb
- ✓ Closing date for amending course choices is Sun., 1st March at 5.15pm
- ✓ The LC exam takes place from Wed., 3rd June to Tues., 23rd June
- ✓ The LCA exam takes place from Wed., 3rd June to Thurs., 11th June
- ✓ The Junior Cert exam takes place from Wed., 3rd June to Tues., 16th June
- ✓ Exam timetables are now available at [www.examinations.ie](http://www.examinations.ie)

**Billy Ryle is a Career Guidance Counsellor and Educational Commentator**  
Email: [rylebilly@gmail.com](mailto:rylebilly@gmail.com) Tel: 0879808979

## Killarney Community College students are Young Social Innovators

### 'Be Dementia Aware'

Students at Killarney Community College (right) who received a group award at the Kerry Division Garda Youth Achievement Awards for all their compassion and work they showed throughout their community to raise awareness about Dementia. The awards were held in The Ballyroe Hotel, Tralee on Friday night. The 5th year students involved are Caoimhe Fleming, Aoife O'Brien, Julia Olabode, Ben Cussen, Darha Puzanova and Ares Farre. Be Dementia Aware were nominated by Ms. Lorraine Crowley. She said 'the passion and innovation these students have shown since September 2018 is an inspiration to all young people in Kerry and beyond. They showed great care and support towards the families and the people who have dementia in their community and are well deserved winners of this award'. Well done Be Dementia Aware.





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## Brassil slams funding cuts on Kerry disability services as petty and vows to work tirelessly to get the cuts reversed

**Kerry TD John Brassil has slammed what he referred to as petty and small minded cuts to disability services in Kerry. He has written to Ger Rainey and demanded an immediate meeting with the HSE.**

Speaking from the canvass trail John Brassil said he has had a lot of involvement with groups like the Kerry Friends and Parents Association and has seen first-hand the good work that these organisations do.

"I have been speaking with the families who will be impacted by these cuts and they are furious. They are already running vital services on a shoestring and these cuts are simply not fair. I have given a commitment to work tirelessly to get these cuts reversed and will work to get a commitment to properly fund disability services in the Fianna Fail party manifesto.


Letters have been sent to local providers by the HSE outlining a nationwide 0.7% cut in funding. This amounts to cuts in the region of 60,000 euro for the Kerry Friends and Parents Association and 160,000 euro for the St Mary of the Angels.

*Letters have been sent to local providers by the HSE outlining a nationwide 0.7% cut in funding. This amounts to cuts in the region of 60,000 euro for the Kerry Friends and Parents Association.*



*Minister Brendan Griffin canvassing at Lislebane, Beaufort in County Kerry where he met Christy O'Connor who lives in the highest house in Ireland under Carrauntoohill Mountain on Monday. PHOTO: DON MACMONAGLE*





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**CONTACT DANNY DIRECTLY:**  
 danny.healyrae@oireachtas.ie  
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## Cllr. Gleeson calls for change to chemicals on foods

At the January 2020 monthly meeting of Kerry County Council, Councillor Michael Gleeson proposed that Kerry County Council would support the call that the names of all chemicals used in both the growth and production of food would have to be included on the labelling of food products on sale for human / animal consumption. Councillor Gleeson stated that for fifty years and more the answer to every weed, briar and stray plant is chemical spray.

Fields were sprayed prior to ploughing. Weeds on footpaths and driveways were chemically sprayed. Sheep dipping units were positioned close to streams and farm utensils such as churns were chemically washed.

I hope that things have improved but I sometimes wonder especially when dear friends fall prey to fatal stomach cancers.

Recently my sister told of visiting a ranch field of grain (in Ireland) and noting that there was not a weed to be seen.

What a contrast to the sheaves that we gathered and tied in our tiny fields. Every sheaf had a heavy butt of grass and some wild flowers.

So many people believe that imported fruit should be peeled before being eaten.

A wise person said to me that you should not buy a head of cabbage unless you can see the mark of a snail on it. The seeming increase in cancers of stomach, colon and bowel are a cause for concern.

We need to treat food with seasonal respect and as far as possible eat locally grown chemical free or organic food.

The Motion was seconded and unanimously agreed.



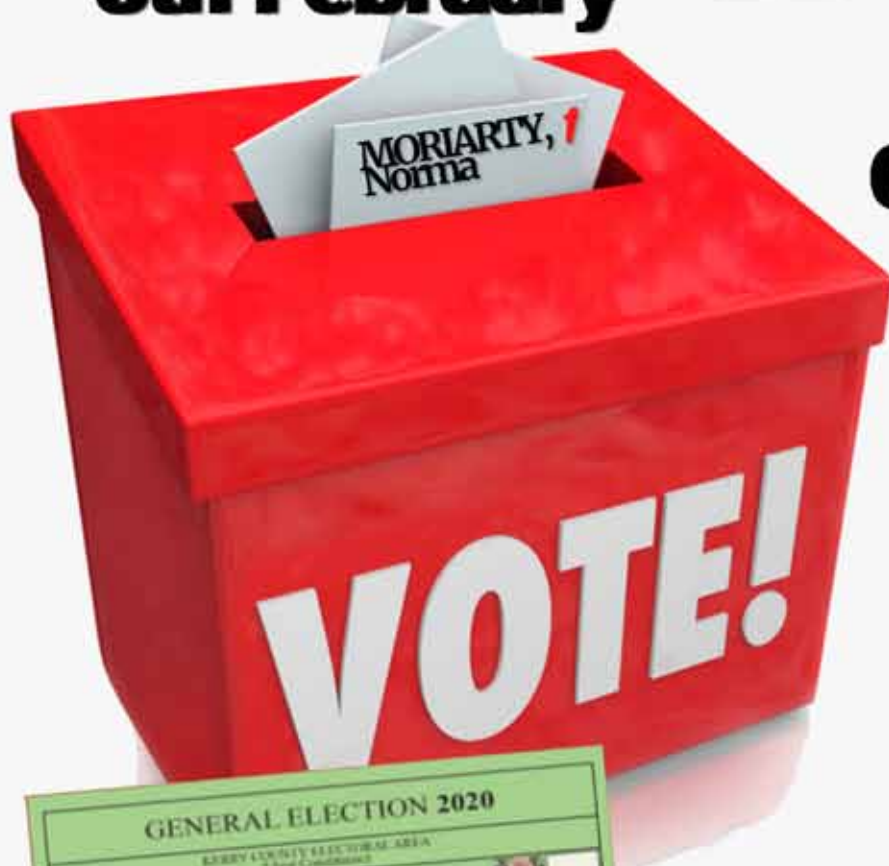
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 <b>FOLEY, Norma, Cllr</b> <i>Fianna Fáil</i> <small>Teachta Dála, Public Representative</small>		<input type="checkbox"/>
 <b>FORAN, Seán, Aontú</b> <small>Teachta Dála, Healthcare Assistant</small>		<input type="checkbox"/>
 <b>GRIFFIN, Brendan TD</b> <i>Fine Gael</i> <small>Teachta Dála, Public Representative</small>		<input type="checkbox"/>
<b>HEALY R, Danny, NP</b> <small>Teachta Dála, Public Representative</small>		<input type="checkbox"/>
<b>HEALY R, Michael, NP</b> <small>Teachta Dála, Public Representative</small>		<input type="checkbox"/>
 <b>KENNELLY, Mike Cllr</b> <i>Fine Gael</i> <small>Teachta Dála, Public Representative</small>		<input type="checkbox"/>
 <b>MORIARTY, Norma, Cllr</b> <i>Fianna Fáil</i> <small>Teachta Dála, Public Representative</small>		<input checked="" type="checkbox"/>
<b>MORIARTY, Norma, Cllr</b> <i>Fianna Fáil</i> <small>Teachta Dála, Public Representative</small>		<input type="checkbox"/>

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## COME OUT ON ELECTION DAY AND VOTE NO. 1 DANNY HEALY RAE

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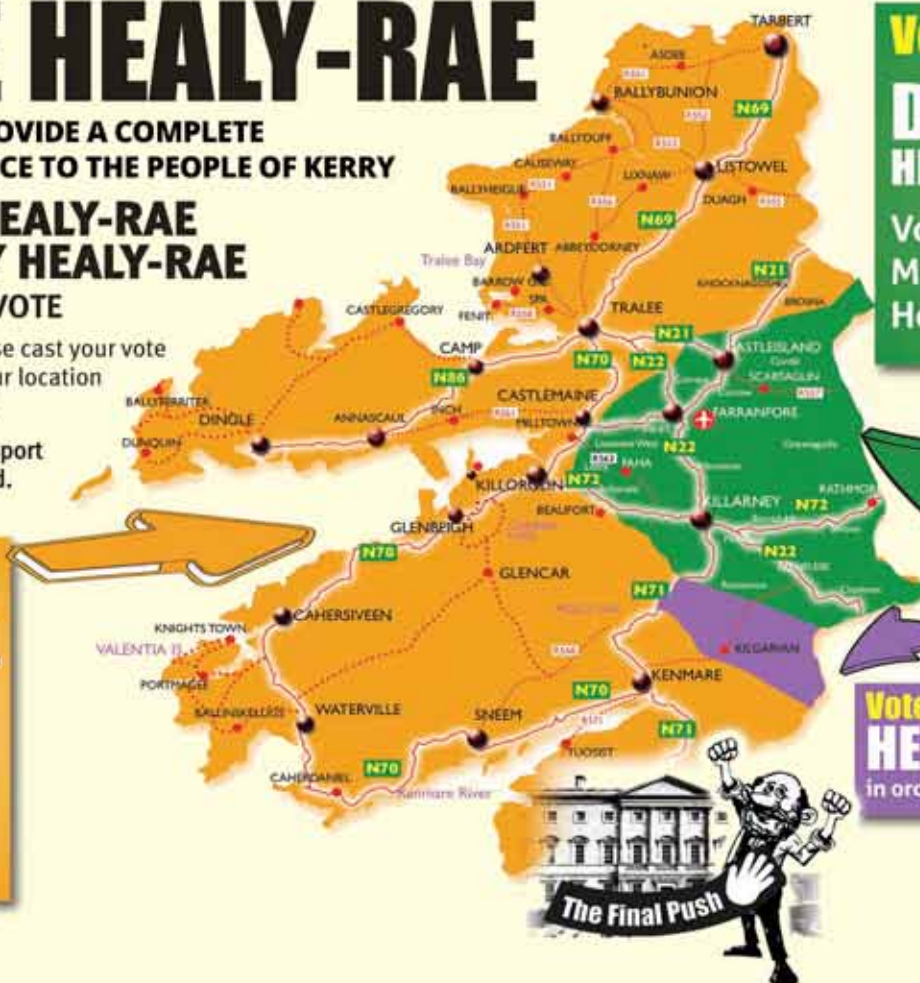
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# More Than 400 Applications To Kerry County Council For 2020 Community Support Fund



Addressing the 3rd annual Killarney Economic Conference at the Brehon Hotel, Killarney on Friday. Niamh O'Sullivan, Chief Officer of Kerry's LCDC, Kerry County Council. Brexit was once again on the agenda, with key discussions based on its impact on Northern Ireland and Ireland's economic and diplomatic relationship with Germany in a post Brexit world. PHOTO: VALERIE O'SULLIVAN Right: Eamonn Ryan, Green Party, at the conference. PHOTO: VALERIE O'SULLIVAN



**KERRY County Council has received over 400 applications to the 2020 Community Support Fund which is in line with the number of submissions made in recent years.**

The closing date for receipt of applications for this year's Community Support Fund was Thursday 23rd January 2020.

The 2020 Killarney Economic Conference at The Brehon, Killarney has heard that a key role and priority for the local authority is to strengthen communities and economies in urban and rural areas in Kerry.

The Chief Officer of the Local Community Development Committee (LCDC) in Kerry County Council, Niamh O'Sullivan, said: "The Community Support Fund is often over-subscribed which shows the indication or need out there for small scale community support. Groups are constantly telling us that

those small grants mean so much for them, to enable them to continue their voluntary work on the ground. I don't think anybody should underestimate the value of the smaller grants that we do give to community groups. On average, 350 groups benefit every year and to date Kerry County Council, with thanks to the elected member of Kerry County Council, have invested over €4 million in community development initiatives across the county."

Niamh O'Sullivan was joined on the panel discussion on Rural Development by Eamon Ryan, Green Party Leader, Fraser Grieve, Regional Director and Head of Communications with Scottish Council for Development and Industry and Dr. Richard Byrne, Senior Lecturer at Harper Adams University.

Ms O'Sullivan outlined how Kerry County Council manages various schemes aimed at

empowering communities. She said that Kerry County Council has leveraged around €20 million to support rural development activities around the county.

"In addition to the funding, what's really important is our role in empowering communities and animating them around project development and getting them to identify what their needs are.

"Then it's our role to develop the plans and policy and to target the resources into addressing those needs," said Ms O'Sullivan.

Economic, civic and political leaders from Ireland, the UK and Europe gathered at The Brehon in Killarney, County Kerry for the third annual Killarney Economic Conference sponsored by Kerry County Council and Mazars.

## Greens Want to Decentralise Power to a Local Level

The Green Party is proposing to introduce district councils, similar to the abolished Town Councils, but with greater responsibility for the rural hinterland.

"We believe in having people make their own decisions around local government, as far as practicable," says Green Party candidate for Kerry Cleo Murphy. "Rural Ireland needs to take the reins from centralised Dublin government. "Local authorities should have the power and budget to manage their own sustainable transport, social housing, renewable energy, waste management and health promotion."

"Killarney needs to manage its own affairs, particularly in relation to traffic management and the provision of sustainable transport.

It has specific needs in relation to its tourism business and its exceptional natural environment. Furthermore, it needs a better arts and culture space for people who live there." Ms. Murphy was previously a reporter with The Kingdom newspaper and news broadcaster with Radio Kerry. She's a native of Kenmare and now lives in Templenoe.

A Localism Bill forms part of the Green Party's Rural Manifesto, which was published in addition to its general manifesto.

"We have specific needs in rural Ireland which are often overlooked by central government. The Green Party understands that and wants to give more power at local level, says Ms. Murphy"



Green Party leader Eamon Ryan pictured on a recent visit to Killarney with Kerry candidate Cleo Murphy and Green Party member Diarmaid Griffin



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# PARENTS REQUEST IMMEDIATE ACTION ON ACCOMMODATION ISSUES AT ST. BRIGID'S

**St. Brigid's Presentation Secondary School has experienced a dramatic surge in numbers since 2013 with the projected number of students enrolled for the academic year beginning in September 2020 being 704 which is an increase of 272 since 2013.**

This increase in student numbers is compounded by the fact that in the last five years the school has lost 10 mainstream classrooms.

In this week's Killarney Outlook **Peter Doyle** outlines the status of the building project in St. Brigid's Presentation Killarney. The Parents' Council are hoping to initiate an awareness campaign regarding the lack of progress, poor communication and absence of direction being provided to the school by the Department of Education and Skills since August 2015 and to expediate the building project and are now issuing an appeal to help publicise their plight.

**Peter Doyle** spoke to Ms. Hazel Norris Chairperson of the Parents Council in order to learn more about their concerns. In August 2015 the school was advised by the DES (Department of Education and Skills) that 4 classrooms in the building were unsuitable for use as mainstream classrooms due to their size. They were simply too small.

In November 2015 the Minister for

Education announced the list of Major School Building Projects. St. Brigid's is listed under the 2019-2021 phase.

In November 2016, the school appointed a design consultant and met with representatives of the town council and subsequently submitted an expansion strategy to the DES giving several options. It was hoped that such a submission would expediate the project. During the summer of 2017, 2 classrooms were converted into a single Science lab and 2 more classrooms were converted into an Art room by the DES resulting in a loss of 8 classrooms.

12 prefab classrooms were provided to compensate for the loss of 8 classrooms and the increasing projected enrolment. The land on which these prefabs are located is on license from the Presentation Sisters. The installation and dismantling costs associated with the prefabs was 224,000 euro and the annual rent is 185,484 euro. This rental fee is paid by the DES.

Ms. Norris explained that, "the prefabs are fine but really only a short-term solution. The problem is the girls have to walk 500m between the main school building and prefabs without a canopy in adverse weather and they could do that up to ten times a day!"

Hazel added that, "there are now two staff rooms; one in the prefabs and one



in the main building which means the school has basically been split in two. There are some teachers that are never in the main building now unless there is an official staff meeting."

In December 2018, The DES reviewed and increased the school's long-term projected enrolment (LTPE) to 750 students but no additional accommodation has been provided to facilitate this increase in projected enrolment. In September 2019 the roof collapsed in two 30-year-old prefab classrooms due to age. The DES has refused to replace these classrooms.

"The old building is in good condition as it has been well maintained at a cost, but the problem is the school was originally designed for smaller numbers. This year the school took in 120 1st years but lots more applied. This is not fair on the students that cannot go their local school that their friends go to", she added.

"The main issue for the parents is the amount of money being spent on the rent for the prefabs which is colossal. The Presentation sisters did offer a site for a new building but as of yet, no answer has been given." Ms. Norris also highlighted the fact that the Gym that the school uses belongs to the Presentation sisters who have always been very supportive of our school.

At a Parent's Council meeting held last Monday night, the parents decided to share all of these facts with the wider parent body and consequently it was put up on the school app. Mrs. Norris said, we put the information on the app "in the hope that all parents will petition their concerns to each politician canvassing as we need one school building" and not a split campus. Ms. Norris added, "this has been going on for five years and education should be a high priority." Hazel Norris said the Parent's Council ultimate aim is to raise their concerns with the new Minister of Education in a few weeks' time and to seek clarity as to whether the site offered by the Presentation Sisters is required for developing the educational facilities in St. Brigid's.

## TRAFFIC AND PARKING IN KILLARNEY "The layman's view"

### FORMER COUNCILLOR SEAN O'GRADY GIVES THE LAYMAN'S VIEW TO TRAFFIC AND PARKING IN KILLARNEY

Much has been said and written over the past number of years on the needs of Killarney relative to the above subjects. Gridlock on the streets and on the approach roads around the town particularly during the height of the tourist season in addition to inadequate parking spaces in the town.

In the midst of ensuring all voices are heard sometimes it is easy to miss the core aspects of the problem and solutions to follow. As a prerequisite of suggesting new and expensive solutions it is important to realise what we have in place and determine if improvements can be made to ease the gridlock and then to examine what is necessary and if extra parking spaces are needed and just as a little dig to the powers that be maybe it would be possible to replace the two disability spaces in the vicinity of the area from which they were taken on East Avenue road, they are sorely missed.

Before the event of a new season had I an engineer at my disposal just for a day I would go to all the junctions in and around the town. The

first port of call would be to the top of High Street. This is the main artery in the town of Killarney to allow the traffic access to the rest of Ireland. To those wishing to travel North/ West and also to travel South/ East necessitating two separate lanes. What we have got is one lane which at high season adversely affects the whole of the town, with traffic backing down to Main Street and New Street but also affecting Plunkett and College Streets as well as Kenmare Place. Still staying at the same location at the top of High Street, the one line of traffic as already outlined is further exasperated by attaching equal importance to the cul-de-sac road to the left as you approach the top of the street. Traffic approaching the junction from both roads are commanded to stop by way of notice. This has the effect of slowing traffic emanating from both roads. I wonder would it be possible to erect a notice on the cul-de-sac road for traffic to yield to traffic from their right. It would help to further ease the build-up of traffic throughout most of the town.

Where two lanes of traffic are deemed to be

necessary they are of little use if the lanes are not sufficiently long. Ten or fifteen yards or meters are of no benefit whatsoever, there are very few junctions in the vicinity of Killarney where it wouldn't be possible to install double lanes of fifty to one hundred meters length.

The second most important junction of concern as it relates to traffic flow or lack thereof is the delay at the end of Lewis road. Traffic emanating must yield to traffic from the right, this is as normal but all traffic flow to the left is seriously impeded by vehicles entering and leaving the Fair Hill car park from College Street. This problem could easily be overcome by allowing only left entry and exit to and from this side of the car park. One could also apply the same regime on the East Avenue side of the car park but I would trial it on the College side initially.

These suggestions are just the start of what can be possible with just a small financial outlay. I would hope to advance more suggestions on the subject over the next few months.





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## PUT THE PHONE AWAY

As we always say "we are so busy!", but are we really? If we all made some small changes to our day, wouldn't we all have more time to exercise and prep our healthy meals, & get some headspace to breathe and relax. A big change to give yourself some extra time is substituting the time spent on your phone scrolling through social media, with some valuable time spend on improving your Mind, body & Soul. Saving yourself even an hour each day can be used productively in steps to a Happier you. Here are some tips for the week ahead to use your time productively so put that phone away and put your time to good use. • don't overwhelm yourself with unrealistic outcomes and goals

### THIS WEEK'S HEALTHY TO DO LIST ON YOUR 'PHONE FREE' TIME

- 30 mins exercise every day
- Get enough sleep. Everyone is different but most people will require 7-8hours daily. Other may need more eg, Athletes or really active people as they need more recovery time. So swap the time on your phone for 2 hours at night with some relaxing down time.
- Practice meditation. Start small with 10mins to help slow, ground, breath and switch off. Meditation has some powerful benefits,
- Take time to plan ahead. Get yourself a journal and write it all down. Plan your meals, exercise, work tasks, social time, down time etc. and you may be shocked at how productive you will become. You might even find you can free up some more beneficial time to do the things you love.

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*Cindy Walsh takes a look at all things beauty!*

With winter almost behind us and Spring around the corner, we are starting to think of holidays. If you are planning on getting away or even getting your legs out down at the local beach or park then now is the time to get those pins in order. Body products will take longer to work and will need an awful lot of commitment from you, so be prepared for that, but it's also well worth it and I've tried so so many down the years, I have a clear favourite!!!! Clarins Bodyfit anti-cellulite cream.

This gel cream works on and targets fat cells directly, reducing down the look of cellulite and smoothes the texture of your skin. For me I saw a noticeable difference after 4 weeks, my thighs were much smoother.. I had tried other ones in the past and like everyone else, you try to save a little and buy a cheaper similar product but they do not work anywhere near as good as the Clarins one. The smell of it too is very very nice and fruity and as this product contains caffeine, you'll feel your thighs go all tingly..... that just means its working. The trick with this product is to not use too much and to massage it in using upward strokes. Enjoy this special me time.. Sewells Pharmacy on New street will have it.



*Cindy x*



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## A GUIDE TO SCREEN USE

Many people worry that viewing a screen can damage their eyes. There is no evidence of this. In fact, because you can alter the size, brightness and contrast of the display, it can be easier and more comfortable to see on a screen compared with looking at things on paper. However, some people find that looking at a screen for a long time is tiring, and may find wearing glasses for computer use helpful.

Special protective coatings can be put on glasses lenses to help against eye fatigue from digital screens. These can help reduce glare for more comfortable and relaxed vision. Create better contrast perception, offering a more natural colour experience

*Here are some ways to look after your eyes while using your screen:*

- Apply the 20-20-20 rule – every 20 minutes look at something 20 feet away for 20 seconds. That will give your eye muscles a rest.
- Try to blink regularly. Focusing on a screen may make you blink less, which may make your eyes dry and uncomfortable.

- Position your computer screen so that: it is between 40 and 76 centimetres (16 to 30 inches) from your eyes
- The top is level with, or slightly below, your eyes
- It is tilted away from you at a 10- to 20-degree angle
- There are no distracting reflections, e.g. from a window.
- Once you have adjusted your screen, adjust the font size so it's easy to read.
- Use document holders for reading or reference materials. Place them close to the screen at the same distance from your eyes. This will enable your eyes to remain focused as they move between the screen and the documents.
- Use a character size that is easy to see. The character size is an important factor since it determines the distance at which you prefer to view the monitor

*For more information, honest advice or to make an appointment contact us on 0646636477*

FOR AN APPOINTMENT CALL US AT  
**STACK O'BRIEN OPTICIANS ON: 064 6636477**

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## It's the journey that matters

When I was younger, I always focused all my energy on the destination. Nothing else mattered but achieving my goals. However, this would often come at the expense of enjoying my life along the way. I had a mental attitude of "When I've achieved... then I'll be happy." The interesting thing was that when I did achieve what I desired; it didn't give me the feeling that I thought it would. And there was always another goal to chase! Life is lived in the moment and this is why it is the journey that really matters on your way to achieving all you desire in your life.

My top Coaching tips to loving the journey of life

- Make the moments matter! Life is experienced in the moment, so be mindful of how you are being, feeling, thinking and acting in the moment.

Notice your responses to what is going on around you and make it your priority to live this moment well.

- Slow down! Multi-tasking isn't all it's cracked up to be. Instead of trying to do several things at once, decide to one thing at a time and do it really well!
- Activate your positive self-talk – Self-talk is the inner narrative or dialogue that often goes on in our head without us even noticing it. This dialogue is often self-limiting or negative, focusing on what hasn't been achieved. Make sure you notice what is going really well and praise yourself for it.

***Life is a journey. It's not where you end up but how you got there that will shape your greatest destiny, joy & success.***

*Astrid Longhurst*

Life & Body Confidence Coach

**T: 066 9766374**

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# KILLARNEY TOWN TALK



*Pictured is the Gaelscoil handover of cheque to St Vincent de Paul - following the wonderful donation of €405 from families in the school for our Christmas jumper day in aid of St Vincent de Paul, we were delighted to handover the money to 2 local representatives of St Vincent de Paul, Mike Reardon and Miriam Vaughan. A big thank you to all..St Vincent de Paul were so grateful for the donation and in awe at the generosity of the families as the funds raised were so large. Pictured left to right Mary Carroll, Chair Gaelscoil Parents Council (Cairde na Scoile), Miriam Vaughan St Vincent de Paul, Muinteoir Lisa Ni Iarlaithe, and Mike Reardon St Vincent de Paul pictured with children from Rang 2 and Naionain Mhora.*

## ALL SYSTEMS GO AT KILLARNEY MUSICAL SOCIETY

Another great week of rehearsals here at Killarney Musical Society whose Headquarters this year are in Ross Products building, a great venue with a great variety of rehearsal rooms available, and we are using them all....This week's special mention goes out to the children and teen chorus, they are absolutely fabulous in every way, singing, dancing, delivery, acting ... a very talented bunch and you have the chance to enjoy it all and see them in action at the Gleneagle INEC Arena from Tuesday February 25th. to Thursday February 27th. 2020 pre sale tickets are available by contacting Brid on 087 9933411 or Phil on 087 1342314. To help offset the cost of producing what will be a spectacular staging of Joseph and The Amazing Technicolour Dreamcoat by KMS we are holding a very special Sunday Afternoon Table Quiz...yes a Lazy, Relaxing, Fun Filled Sunday Afternoon Table Quiz, suitable for all the family....its on Sunday February 9th. @ 4pm in the Dromhall Hotel, so pop it in your diary now, we promise it will be a wonderful way to while away a few hours on a Sunday afternoon,

and we guarantee there will be a laugh or twenty, with a few songs thrown in for fun...as I say.... a great afternoon is planned...Go Go Go Joseph.

## JOIN THE CHOIR

St. Mary's Cathedral Adult Choir (18+) and the Children's Choir (8-12 years) are welcoming new members throughout the year. Ability to read or play music is not a requirement. The adult choir rehearses Tuesdays 7-8.30pm in the choir gallery and on Sundays from 9.30am before singing the 10.30am mass. The Children's Choir rehearses Tuesdays 6.15-7pm over the Cathedral sacristy and sings the 12 noon mass on the last Sunday of each month. Contact Choral Director Aidan O'Carroll on 087-4103220

## UNDERSTANDING DYSPRAXIA IN PRIMARY SCHOOL

A talk on the Key Characteristics will be held at Killarney Library on Thursday 30th Jan at 6.30pm. This event will be delivered by Dr. Trevor O'Brien and is suitable for parents, educators and caregivers. Free admission

## MEMORIAL FUN WALK

The 3rd annual memorial fun walk in remembrance of Brendan O'Leary, Lyreatough at 2pm on Sunday February 16th. Registration €10 beginning at 1.30pm, (U16's free), all proceeds to Palliative Care, University Hospital Kerry. Last year we raised €5,030.00 which was absolutely fantastic. Hope to see you all again this year.

## FAITH CLUB

Faith Club for children in primary school will begin on Tuesday 11 February for 6 Tuesdays, 4 - 5pm. This is an hour of faith through art, music and prayer. Further info from Sheila 087 7796966.

## IRELAND LIGHTS UP

Operation Transformation at local GAA Club on Thursday nights up to February 26th. Clubs involved include Spa, Kilcummin, Listry and Beaufort. The track will be lit up from 7.00pm to 8.30pm. Please register in clubhouse before walking. All welcome.

## ADULT EVENTS AT THE LIBRARY

Killarney Historical Group: Thursday 6th 3.30pm  
Talk on Play as a vehicle for developing language, communication and motor skills for children with additional needs by Dr. Eucharía McCarthy: Thursday 6th 6.30pm  
Ciorcal Comhrá: Déardaoin 6ú 6.30i.n.  
Retired Teachers Book Club: Friday 7th 11am  
Talk on Understanding and supporting challenging behaviour for children with ASD by Dr. Claire Griffin: Thursday 13th 6.30pm  
Ciorcal Comhrá: Déardaoin 13ú 6.30i.n.  
Sewing & Fashion Club: Friday 14th 11am  
National Learning Network Advice Clinic: Tuesday 18th 11am  
Ciorcal Comhrá: Déardaoin 20ú 6.30i.n.  
Thursday Evening Book Club: Thursday 20th 6.30pm  
Talk on Teaching Interventions for children and adults with ASD by Dr. Susan Crawford: Thursday 20th 6.30pm  
Workshop on Explore the Kerry Library Toys and Sensory Resources Collection with Lorraine O'Hanlon: Saturday 22nd 11am - 1pm (Drop-in)





PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



The staff of The Friary pictured at the Killarney Oaks Hotel for their annual staff party. PICTURE MARIE CARROLL-O'SULLIVAN



Pictured at Killarney Race Course for the Kerry Clubs Fair Day organised by Killarney Lions Club., Looking Good L-R Emma Phillips, Peter O'Toole & Eileen O'Donoghue. PICTURE MARIE CARROLL-O'SULLIVAN

session) Ciorcal Comhrá: Déardaoin 27ú 6.30i.n.  
Talk on Adolescent mental health & well-being  
by Dr. Eileen Brosnan: Thursday 27th 6.30pm  
Workshop on Get Autism Active with Dr. Susan  
Crawford: Saturday 29th 10am – 4pm (Prior  
booking essential)  
Open Day for Libraries in Ireland: Saturday 29th  
all day

## STORYTIME AT THE LIBRARY

### Storytime for Children

Saturday 1st 10.30am  
Saturday 8th 10.30am  
Saturday 15th 10.30am  
Saturday 29th 10.30am

### Storytime for pre-schoolers:

Tuesday 11th 11am  
Tuesday 18th 11am

## ST BRIDGET'S CROSSES

will be for Sale at the Friary Church on Saturday  
the 1st after the 10.00am mass, to support  
Trocaires long term development work with  
communities in Latin America.

## DATE FOR YOUR DIARY

Killarney Soroptimist Club are hosting their  
Annual Charity Pancake & Coffee Morning on  
Tuesday February 25th at 10.30am at Killarney  
Avenue Hotel. Tickets will cost €15 each.

## BARRADUFF TRACTOR RUN

Held in aid of The Kerry/Cork Health Link Bus  
& Recovery Haven Cancer Support House  
Tralee, the tractor run takes place on the 9th  
of February in Barraduff Village. Registration  
from 11 am. The Tractor run will start at 1  
pm. The route will take you via Gattabawn,  
Gneeveguilla, John Gows Cross,  
Rathmore, Shrone Cross, Doocarraig, Kilquane  
& back to Barraduff Village. Entry fee €20 & is  
open to all  
vintage/non vintage tractors, vintage cars,  
& motorbikes up to 75CC. Refreshments  
afterwards in John Dan's Bar Barraduff. The  
tractor fun is being help in association with  
Barraduff Tidy Village Group. Contact Maria  
on 086 3584472 or Stuart on 086 1297200. As  
always we appreciate your support & hope to  
raise as much funds as we can for theses two  
amazing services. Thank you.

## ST BLAISE

Monday 3rd of February is the feast of St Blaise-  
there will be blessing of throats at all Morning  
Masses.

## KERRY FILM FORUM

Following a very successful open call The Kerry  
Film Forum will be having its first meeting  
today, Friday at ANAM, Arts & Cultural Centre  
in Killarney.

The Kerry Film Forum, a new initiative set  
up by Kerry Filmmaker in Residence Mieke  
in partnership with writer/director Sean Rea  
and is supported by Kerry County Council  
and the Kerry Screen Commission. Bringing  
together filmmakers, directors, writers and  
artists working in film and moving image  
in a mutually supportive environment the  
objective of the group is to generate dialogue  
and foster connections among creatives in  
Kerry. The meetings are scheduled once every  
two months throughout 2020. The forum will  
be hosting an exhibition of film and moving  
image work by six established artists from Kerry,  
also at ANAM, from 7-28 May. For information  
contact [kerryfilmforum@gmail.com](mailto:kerryfilmforum@gmail.com)



## SPA GAA

Written by: Deirdre O'Sullivan-Darcy

### SCÓR NA NÓG

Wishing Sean, Dónal, Emer and Ian, our Tráth na gCéist team the best of luck in the All Ireland final in the INEC on Sat 1st Feb. Tráth na gCéist commences at 11.30am in the Ballroom, Gleneagle.

### GAA ANNUAL AWARDS NIGHT

Tickets for our annual club Awards Night are now almost SOLD OUT. Final tickets will be on sale at the clubhouse this Wednesday from 7-8pm. The Awards honour the players and hard-working volunteers in Spa and will take place on Saturday February 1st in the Torc Hotel with music from the Reel Brothers.

### CORN UÍ MHUIRÍ

Good luck to the Sem in the Corn Uí Mhuirí Munster semi-final this Saturday February 1st v ST FRANCIS COLLEGE, ROCHESTOWN.

### KNOW YOUR SPORT

Just a few days left to get your Know Your Sport entries in for this year! Predict the result of 30 sporting events throughout the year - the person with the most accurate predictions will receive a grand prize of €1,000! \*Deadline Jan 31st\* Contact John O'Donoghue (0879403517) for forms or online forms available on spagaa.com. John will be in Spa this Thursday evening from 6-7pm for anyone returning forms or contact club officers to get your entry in before the deadline!

### CONGRATULATIONS

Congrats to Na Gaeil, the new All Ireland Junior champions!

### SPA GAA CLUB REGISTRATION

Registration is now open for 2020 and will remain open until March 31st. Registration is available online on spagaa.com or our registrars will be in Spa on Thursday evenings from 7pm-8pm.

### IRELAND LIGHTS UP WEEKLY WALKS

Everyone welcome to come join us and take part in the Operation Transformation Walks in Spa

on Thursday nights - we have a 1km walking track lit up and the grounds will be open to everyone in the community (members and non-members) every Thursday night from 7-8pm for any walkers that want to take part.

### U12 TRAINING

U12 Training will start back this Friday January 31st at 7pm in the sports hall.

### LOTTO Results 20/01/2020

Numbers drawn: 6, 7, 11, 22. No winner and €50 Lucky Dips going to Breda Herlihy, Billy Doyle, Anne Yeates and Linda O'Doherty. Next draw will take place in the Killarney Oaks and jackpot is now €10,100. Play online through this link or in usual outlets.

### GARDA VETTING

Our Child Welfare Officer Anne Holland will be in Spa on Wednesday February 5th from 7-8pm to help with Garda Vetting applications. Contact Anne on 0857780883 with any queries.

### SPORTS HALL & MEETING ROOMS HIRE

Meeting Rooms and Sports Hall available for hire. For enquiries contact Eileen on 0876577312 (after 6pm only) or Ann on 0879403508.

### KERRY GAA

Congrats to Dara, Liam, Niall and the Kerry team & management on the drawn game with Dublin last weekend, and wishing them all the best of luck against Galway this Saturday night.

### ITEMS FOR NOTES

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

### EAST KERRY SENIOR LEAGUE RD1: SPA 5-17 GNEEVGUILLA 3-12

Spa and Gneeveguilla met on Friday night in the first round of this year's East Kerry Senior League. Gneeveguilla opened the scoring with points from Shane Crowley and Padraig Doyle before Mike McCarthy replied for Spa and Evan Cronin rattled the net shortly after. Niall O'Mahony (2) and Evan Cronin (2) swapped points with Shane

Crowley, JJ Herlihy and Shane O'Sullivan to make it 1-5 to 0-5 at the end of the first quarter. Padraig Doyle finished the first Gneeveguilla goal and a point from Shane Crowley followed, while Spa replied with points from Andrew Garnet, Niall O'Mahony (2), David Spillane, Evan Cronin and Ciaran Spillane to lead at the break by 1-11 to 1-6.

Niall O'Mahony and Evan Cronin (2) increased the Spa advantage but Gneeveguilla responded with Pa Warren, Jack Cremin (2) and JJ Herlihy all on target to make it 1-14 to 1-10. Evan Cronin netted the second Spa goal before David Spillane made it three and Shane Cronin made it four, with a point from Evan Cronin in between. Gneeveguilla responded with two goals at the other end - the first from Shane O'Sullivan and the second from Jack Cremin. Two more points from Shane O'Sullivan reduced the gap but late points from Evan Cronin and Mikey Moynihan were followed by David Spillane with the fifth Spa goal. Final score: Spa 5-17 Gneeveguilla 3-12  
Spa Team: James Devane, Eric O'Donoghue, Eoin Fitzgerald, Eoin Cronin, Conor Stack, Dan O'Donoghue, Connie Cremin, Shane Cronin, Ciarán Spillane, Michael McCarthy, Niall O'Mahony, Mikey Moynihan, Niall McCarthy, Evan Cronin, David Spillane. Subs: Andrew Garnett, Paul Cahill, David Carroll, Michael Kearney.

### GARDA YOUTH ACHIEVEMENT AWARDS FOR MICHAEL AND CLODAGH

Congratulations to Michael Horgan and Clodagh O'Connor who were among the recipients at the Garda Youth Achievement Awards last week! The awards, sponsored by Lee Strand, are held for youths between the ages of 13-21 years and recognise the great contribution young people have made and continue to make to their communities in Kerry. Well done to all!

## BEAUFORT NEWS

Written by Cliona Coffey

### LOTTO

The next lotto draw for a jackpot of €4,400 will be in Galvin's Bar on Sunday, 2nd February.

### SENIOR MEN

Beaufort began their season with a Mid Kerry League game on Sunday, when they faced Milltown/Castlemaine at home. Beaufort got off to a great start and led 2-10 to 0-3 at half time, with goals coming from Ciaran Kennedy and Danny Healy. Beaufort continued to dominate in the second half with goals from Liam Carey, Jack O'Connor, Fergal Hallissey and Daragh Coffey, resulting in a convincing win for Beaufort on a scoreline of 6-16 to 0-12.  
Team: Sean Coffey, Ciaran O'Sullivan, Nathan Breen, Liam

Curran, Ian McGillicuddy, Jonathan Kissane, Jeremiah O'Sullivan, Ronan Murphy, Mike Breen, Danny Healy, Jack O'Connor, Fergal Hallissey, Daragh Coffey, Ciarán Kennedy, Liam Carey. Subs: Oisín O'Connor, Jack Sweeney, Padraig O'Sullivan, Micheal O'Sullivan, Cormac Joy

### FIXTURES

Beaufort Under 21 will be home to Laune Rangers, Saturday, 1st at 2pm in preliminary round, Mid Kerry Under 21 Championship. Senior men will be away to Laune Rangers, Sunday, 2nd in round 2, Mid Kerry League. Venues for games will be weather dependant and will be advertised later in the week.



Killarney Pioneer Centre, pictured at the Race Course for the Kerry Clubs Fair Day L-R Paddy O'Sullivan & John Dwyer. PICTURE: MARIE CARROLL-O'SULLIVAN



## GLENFLESK NEWS

Written by: Seamus Healy

### SCOR NA NÓG

Best wishes to our Ballad group competing in the All Ireland Scor na nÓg this Saturday in the INEC. The group is made up of Sinéad Gleeson, Éabha Healy, Sarah Moran, Molly o Donoghue and Caitlyn Cronin and their teacher is Rosie Healy.

### KERRY LADIES

Well done to our two Glenflesk ladies Ava Doherty and Emma Dineen involved with Kerry in the National League last Sunday, The final score Kerry 4-8, Cavan 3-10.

### IRELAND LIGHTS UP

Week 3 of Glenflesk GAA's "Ireland Lights Up" in partnership with RTE's Operation Transformation takes place tonight Thursday 30th January in Glenflesk GAA between 7.00pm and 8.00pm.

This is a great opportunity to enjoy a healthy walk in the safe, bright environs of our GAA Club. Everyone in the parish and beyond, young and old, are welcome to join us.

### RAHEEN N.S.

Children from Raheen NS will be going house to house in the surrounding area on Thursday evening January 30th on the Biddies. Please support! Raheen Community Walk in line with Operation Transformation taking place every Saturday at 3pm from Raheen School. Everyone welcome. Congratulations to our recent lotto winners Kevin & Patricia Ennis, Kathleen O'Sullivan and Dan Murphy.

### KERRY GAA/TILDA

On Monday the 10th of February, 2020 from 7:00p.m. – 9:00p.m. in The Rose Hotel Tralee,

Professor Anne Kenny a world-renowned authority in healthy ageing and Principal Investigator of The Irish Longitudinal Study on Ageing (TILDA) will be delivering a public seminar 'How to Age Well' Evidence from TILDA. To register for a free ticket, please go to the GAA website [www.gaa.ie/community](http://www.gaa.ie/community) or call: 01 896 4120 to reserve a place.

### KILLARNEY LIBRARY

A talk entitled Understanding Dyspraxia in Primary School: Key Characteristics will be held at Killarney Library on Thursday 30th January at 6.30pm. This event will be delivered by Dr. Trevor O'Brien and is suitable for parents, educators and caregivers. Free admission.

## FOSSA NEWS

Written by: Shane Kelly

### FOSSA U11

Fossa Bridge Club results for the week of 23rd of January of 2020

North/South

1. Phyllis O'Regan and Marie Moloney
2. Eileen Crehan and Joan Culloty
3. Anne Looney and Maura G. Moynihan

East/West

1. Mary Rose Felle and Imelda Healy
2. Anne Prendiville and Marie O'Sullivan
3. Maire O'Sullivan and Peggy Barrett.

Congratulations and well done to all winners. Our next music and singing session for young singers and musicians will be held on Saturday 8th Feb at Fossa GAA Clubhouse 5-6pm. All welcome.

### SENIORS:

#### EAST KERRY SUPERLEAGUE :

Fossa 1-18, Fires 0-10.

Scorers: Tadhg O'Shea- 0-10 Cian O'Shea 1-2  
Matt Rennie 0-3 Anthony Wharton, Killian Buckley and Mike O'Keeffe 0-1 each.

### KERRY SENIOR LADIES:

Great win by the Kerry ladies against Cavan in their first league match of the year.

### KERRY SENIORS:

Great game in Dublin last Saturday night under lights lead by Captain David Clifford ,Kerry and Dublin played out a draw in their opening league game.

### BEAUFORT FILM NIGHT :

Beaufort Film Night will hold a screening on Friday 7th February at 8.30pm at the Inn Between Bar, Beaufort. The feature film to be screened is Woman at War, an Icelandic comedy-drama. Cert 12A. Admission €7.

### SCÓR:

Scór napáistí will be coming up shortly, any child from 5/6th class who would like to participate pls contact Theresa Kissane on 087 681 6169. Competition in music, song, dance, recitation, novelty act and Question Time.

### LAST MAN STANDING :

Last man standing is up and running see Facebook page for results a huge thank you to

Dan O'Connell and all the sellers for their effort in selling all the forms.

### FOSSA/TWO MILE:

Our Adult Set Dancing classes continue on Tuesday nights at the Fossa Community Hall. 8pm Beginners & 9pm Improvers / Advanced. The Annual Fossa Rambling House date has been set for the 7th March 2020, For more information contact Tim 087 241 3116 or Eileen 087 628 4053 Email: profossacce@gmail.com Facebook: Fossa Two Mile CCE.

### LOTTO:

No winner Numbers Drawn 20,10,27,28  
5 \* €40 WINNERS

TINA MYERS, BARLEYMOUNT EAST;  
BRID LYNCH, SHEANS BALLYAR;  
TERESA MOLLOHAN, KILLARNEY;  
MARGARET O'BRIEN;  
MICK CLIFFORD, BARLEYMOUNT WEST.

Next weeks lotto €6,150.00.

Draw takes place every Sunday night in the Golden Nugget.



At the presentation of "Cleaner than European Norms" status to Killarney and Tralee in the 2019 Anti Litter League organised by Irish Business Against Litter at the Shelbourne Hotel in Dublin were Conor Horgan of IBAL with John Breen Director of Environment Kerry County Council.



The Friary Choir, gathered at the Killarney Oaks Hotel for their annual get together with the Friars and Staff of the Friary Church. Picture Marie Carroll-O'Sullivan



# RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

## SHARE THE BUCKET

The Gneeveguilla Community Development Council in association with the Gneeveguilla Basketball club had our weekly draw for our share the bucket on Friday evening 25/1/2020.

The jackpot was € 217.and our winner was Mike Keefe (badger)Congrats Mike.

Guaranteed winner every week,go to our Facebook page to find out how and where you can play.

**PANTO 2020** – from FEB 1st - DETAILS 085 2031730. Preparations are almost complete for "The Old Woman who lived in the Shoe" – The Marian Players 33rd Annual Panto, in The Community Centre, Rathmore. Bookings, as usual, are taken for individual seats. So an early call is advised so one can be assured of their preferred seats. From this Saturday 1st February 7-30pm 2nd Sunday matinee 3pm Wednesday 5th Thursday 6th Saturday 8th Sunday 9th February all night show at 7-30pm matinees 3pm .all Sunday all proceeds to Kerry Parents & Friends Association. DETAILS 085 2031730.

**RATHMORE COMMUNITY COUNCIL** with Rathmore Ravens, Sliabh Luachra Cycling Club & Sliabh Luachra Men's Shed. Be in with a chance to win. Tickets available from ticket sellers & in following business Hickey's Centre Rathmore, Tim McCarthy Butchers Rathmore, Kerry agribusiness shop Rathmore, Katelynn Hair Design Rathmore, Blushing Beauty Rathmore, Linda's Restaurant Rathmore,Christy's Take away Rathmore, Dennehy's Bar Rathmore, Cahills Bar Rathmore, O'Keefe's Hardware Rathmore, Reen'S pharmacy Rathmore, O' Keefe's Filling station Rathmore, Washbasket Rathmore, Sliabh Luachra vets centre Rathmore, Maccarthy 'S Londis Rathmore, Bridge Bar Rathmore, Old chapel Bar Rathmore Reens Garage Rathmore, Paps Bar Knocknagree, Sheehan's Bar Knocknagree, Centra Bar Knocknagree, Guerins shop BallyDaly, Tickets €2 each or 3 for €5. Yearly Ticket €90. 3 Yearly Tickets €250. Last week's draw was held in Dennehy Bar Bar The winner won €213.



Rathmore GAA juvenile Committee kerry stars Paul Murphy & Shane ryan preseneted Rathmore juvenile medals to u12, u14 and u16 last sunday evening at club house Ratheg Rathmore.

Split the pot winner Shirley Nagle Rathmore this week Prize €213. Congratulations to Shirley

## TUREENCAHILL COMMUNITY CENTRE:

Free Blood Pressure & Pulse Checks In The Mobile Health Unit Fri 31st January 10am -2pm.. At Tureencahill Community Centre...Supported By Irish Heart Foundation...All Very Welcome.

## SLIABH LUACHRA CYCLING CLUB

If your New Year's Resolution for 2020 is to cycle the Ring of Beara, Ring of Kerry or simply want to take up cycling to get fit - Sliabh Luachra Cycling Club is starting a couch to Ring of Kerry programme for all levels of cycling abilities. The programme will include 8 to 12 weeks of spinning and also bike skills sessions before hitting the road. If you want to join us this year, please message us through our Facebook or give us a call on 0879178836.

## FIXTURES CORN UI MHUIRI SEMI FINAL:

Scoil Pobail SliabhLuachra Rathmore vs. Tralee CBS venue & time to confirmed Saturday 1st February 2020.

## RATHMORE DISTRICT CREDIT UNION

The Annual Credit Union Schools Quiz will take place on Sunday the 2nd of February 2020 in Sliabh Luchra Gym in Rathmore commencing at

2.00pm sharp! (Local schools have been invited to participate) There are 2 catogories:

Students who have not reached their 11th Birthday by 31/12/2019; Students who have not reached their 13th birthday by 31/12/2019.

Winners will progress to the Chapter Quiz address and phone number)

## STAR TRAX MUSIC VENUE

Sun., 23rd February (Boherbue / Knocknagree Road)

## AIR AMBULANCE SERVICE FUNDRAISER

Irish Community Rapid Response by land and air Dancing from 2.30 - 5.30 p.m.

Laura Dunlea and Pat Daly Tickets €10.00 available from local shops, pubs or Mike Fitzgerald, Knocknagree. Anyone who would help with the selling of tickets please contact Mike Fitzgerald

## NOTES

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com)or ring or text 087--6676817. before 6pm Sunday,

**CORN UI MHUIRI SEMI FINAL** SPSL vs. Tralee CBS on Saturday 1st February at 1pm in Fitzgerald Stadium.

RATHMORE PANTO 2020: The full cast of The Old Woman who lived in the Shoe" – The Marian Players 33rd Annual Panto begins in the Community Centre from tomorrow, Saturday 1st February.





## KILCUMMIN NEWS

Written by: John Moriarty

**MEMORIAL FUN WALK**

The 3rd annual memorial fun walk in remembrance of Brendan O'Leary, Lyreatough at 2pm on Sunday February 16th. Registration €10 beginning at 1.30pm, (U16's free), all proceeds to Palliative Care, University Hospital Kerry. Last year we raised €5,030.00 which was absolutely fantastic. Hope to see you all again this year.

**SLIABH LUACHRA DRAMA**

Sliabh Luachra drama group presents "It's the Real McCoy" in the Scartaglen Heritage Center Friday 31st January, Saturday 1st February, Sunday 2nd February, Friday 7th, Saturday 8th February, Sunday 9th February at 8pm nightly. Admission: €10 OAP & Students €8. For more information please contact 087 2434000

**VACANCIES**

Vacancies presently exist on the C.E Scheme. These positions involve Community Care, maintenance of Village and a Gardener in Killarney. It is for 19.5 hours per week. This is a development opportunity & no experience is necessary as full training is provided. Contact your local Intreo Office to check your eligibility. If interested please forward your CV to the

Supervisor at the RD. Office. Full details contact John 086 1579381.

**ADULT SET DANCING**

Adult Set dancing continues every Tuesday in Kilcummin GAA Clubhouse. Contact Mary 087 9620135 / John 086 1579381.

**JUNIOR SET DANCING** Junior Set Dancing classes continue every Friday at 7pm for beginners and intermediates and 8pm for advanced. Contact Mary on 087 9620135 John 086 1579381.

**KILCUMMIN GAA IRELAND LIGHTS UP**

Operation Transformation at Kilcummin GAA Club on Thur nights up to February 26th. The track will be lit up from 7.00pm to 8.30pm. Please register in clubhouse before walking. All welcome.

**GAA LOTTO**

There was one Jackpot winner of the Lotto on Sunday 26th January 2020. Jackpot €10,800 went to Dale McCarthy, Anablaha, Kilcummin. Congratulations!!! The numbers drawn were 4, 9, 12, 23. Next draw on Sunday 9th February. Jackpot €2,500.

**KILCUMMIN COMMUNITY GAMES**

U-11 Mixed Basketball – 'Super Performance. Congratulations to our U-11 mixed basketball team who took silver medals last Saturday in Duagh. They played Fossa and Currow/Currans in the group stage and progressed to the semi-final against Duagh/Lyre who they defeated with an outstanding team performance to reach the county final. They were defeated in the final by an experienced Castleisland team after a gallant effort. 'The team put in some superb performances throughout the day and did the Parish proud' Well done also to our U-13 boys and U-13 girls teams who competed in the county competitions over the last two weekends. Thanks to all our coaches, Aisling and Paul O'Donoghue, Darragh McGuire, Ber O'Connor and Pat O'Donoghue who helped out with the teams and to Kilcummin NS for the use of their fantastic gym facility. Best of luck to our musicians and singers taking part in Keel next weekend.



L-R James Looney, James Kissane, Tony Wharton & Tom Leslie of Killarney Valley Classic & Vintage Club pictured at Killarney Race Course for the Kerry Clubs Fair Day.  
PICTURE: MARIE CARROLL-O'SULLIVAN



Killarney District Motor Club who had a stand at the Kerry Clubs Fair organised by the Lions Club at Killarney Race Course on Sunday L-R Mike Buckley, Norma Lucey & Ger Noonan. PICTURE: MARIE CARROLL-O'SULLIVAN

## LISTRY NEWS

Written by: Anne Sugrue O'Brien

**MEMBERSHIP 2020 LISTRY GAA:** Listry GAA membership is now due. You can download forms from our website [www.listrygaa.ie](http://www.listrygaa.ie) The following is the cost to join our club. Adult member €60. Family Members €120. Senior player with gym €100. Adult with gym €160. 2 Adult with gym €200. Adult Family with gym €320. Student/Minors with gym €75. Juveniles €40 U6 Juveniles €20. Life/OAP €30.

**DEEPEST SYMPATHY:** Listry GAA would like to send deepest sympathy to The O'Leary family, Kilbonane on the recent death of Frances Twiss RIP, Milltown.

**LOTTO RESULTS:** Numbers Drawn: 3. 7. 8. 12 €100 – Sean Browne, Tulligmore. €50 x 2 - Phill Ahern, Faha. Lisa Brennan, c/o K.Hobbins €25 x 2 - Irene and Kathleen Wrenn. Sarah

Hunt, Listry.

Entrant Draw: Billie O'Sullivan, Annabella, Mallow

Next Sunday 2nd February jackpot €2,450

**EAST KERRY DIV 1 B RESULTS:**

Congratulations to the Listry team and management on the 1st game of the season in the East Kerry Div 1 against Kenmare Shamrocks on Sunday 26th January in Listry. Listry 2.16 Kenmare Shamrocks 2.12

**QUIZ IN FAHA COURT**

Milltown/Listry Comhaltas invite you to Faha Court Bar on 31st January @ 8.30pm. for a fundraiser quiz in aid of Fleadh Cheoi Chiarrai. Plenty spot prizes on the night. join us for great night of family fun.

Also musicians please note date for Sult na nog is February 14th so entries to branch secretary

before then.

**HEALTH AND WELLBEING:** Professor Rose Anne Kenny, speaker will be in The Rose Hotel from 7-pm on Monday 10th February on 'How to age well'. This is a free community event delivered by leading Irish experts. To register for a free ticket go to [gaa.ie/community](http://gaa.ie/community) or call 01 8964120.

**ALL IRELAND JUNIOR CLUB FOOTBALL CHAMPIONS 2020:** Congratulations to Na Gael GAA club on winning All Ireland Junior Club Final last weekend.

**LIGHT UP IRELAND - OPERATION TRANSFORMATION:** Listry GAA would like you to join us in our walking evening every Thursday from 7-9pm in Listry GAA grounds.





MD O'Sheas pictured at Dr Crokes pitch for the Interfirm Munster Final against Boston Scientific on Monday evening. PICTURE MARIE CARROLL-O'SULLIVAN

## MD O'Shea's Retain Munster Inter-Firm Crown

### Munster Inter-Firm Final: MD O'Shea's 5-12 Boston Scientific (Tipperary) 2-15

**Mackeys went in to this game on Monday night as reigning champions, but missing some big guns like Chris, Lee, and Brian O'Donoghue and Chris Brady.** The cold weather in Lewis Rd. wasn't doing any favours to either side, and both teams deserve huge credit for the superb football that they served up in the conditions. As in their Kerry Final win over Fexco (5-18 to 4-7), goals were crucial for Mackeys, and they came thick and fast. Ciaran Kennedy set up Pa Warren for the first one early on, only for Craig Guiry to reply for Boston Scientific straight away. Not a bother – Pa Warren turned supplier for Ciarán Kennedy for their second goal and Kennedy made it 3-0 to 1-0 straight from the kick-out. Pa Warren pace in supporting his attack and Mark O'Shea's tour de force in midfield were giving Mackeys a real edge at this stage, but Boston Scientific were doing enough to stay in the game. Kevin Harney exchanged a brace with Jeff O'Donoghue (2f) and Colm Tobin (2, 1f). Sean Conway (2) and the very impressive Alan Lonergan cut the gap to 3-4 to 1-6, but Ciaran Kennedy showed his rapier instincts with a superb first time soccer volley into the top corner. Alan Lonergan and Liam Carey

pulled two points back before Jeff O'Donoghue had the final score of the half.

Half-time MD O'Shea's 4-5 Boston Scientific 1-8 Boston Scientific took control early on in the second half, reeling odd three points on the trot from Alan Lonergan (2f) and Sean Conway, who was also denied a certain goal by a great block from MD O'Shea's captain Ian Somers. Sean O'Keeffe and Brendan Falvey slowed the momentum, with Falvey notching a second point with a clever lob that just clipped the top of the crossbar. Lonergan picked off two more frees before Sean Conway levelled matters at 4-8 to 2-12, and it looked like the Tipperary visitors, whose teamwork and resilience was admirable, were going to push on to a finish.

MD O'Shea's aren't champions for nothing, though, and they rose with relish to the challenge. Jeff O'Donoghue fired over to nudge MD O'Shea's back in front. While Boston Scientific pressed forward, ultimate poacher Ciarán Kennedy was in again with a low drive to the corner for his fourth goal. Mackeys were on top now, with sharpshooter O'Donoghue adding a free and an immaculate '45. Sean O'Keeffe closed out the scoring and a great win as MD O'Shea's retained their Munster title.

MD O'Shea's will now be hoping to go one step further than last year, when they lost the All Ireland Final to Ardboe Coldstore of Tyrone by 3-13 to 2-12.

MD O'Shea's: Chris Carey (Spa), Jonathon Bowler (Glenflesk), Ian Somers capt. (Currow), Paul O'Riordan (Kilcummin), Sean O'Keeffe 0-2 (Gneeveguilla), Pa Warren 1-0 (Gneeveguilla), Peter Cronin (Spa), Alan Murphy (Glenflesk), Mark O'Shea (Dr. Crokes), Diarmuid Cahill (Spa), Jeff O'Donoghue 0-6, 4f, 1'45 (Glenflesk), Brendan Falvey 0-2 (Dr. Crokes), Paudie Coffey (Beaufort), Ciarán Kennedy 4-0 (Beaufort), Colm Tobin 0-2, 1f (Spa). Subs Damien Cronin (Rathmore) for Diarmuid Cahill, 42 mins, Darragh Sheehy (Fossa), Kevin Breen (Killarney Legion), Eamon Bowler (Glenflesk)

Boston Scientific: Ronan Duffy, Tommy Sweeney, Patrick Lawlor, Dean Coffey, Robert Keane, Conor Davin Murphy, Kevin Harney (1-2), Craig Guiry (1-1), Alan Lonergan (0-6, 3f), Niall Prendergast, Robert Hannon, Paul Drohan, Donal Reade, Liam Carey (0-1), Sean Conway (0-5). Subs John Gildea (for Donal Reade, 35 mins), Niall Stones (for Niall Prendergast, 40 mins), Donal Reade (for Conor Davin Murphy, 47 mins)

Referee: Mike Sexton (Limerick)

## FROM FAR AND WIDE CLUBS ARE DINGLE BOUND FOR PÁIDÍ FOOTBALL FESTIVAL

GAA clubs from Orange County in California, Edinburgh, London and 14 counties across the four provinces of Ireland will take part in the 31st edition of the Lidl Comórtas Peile Páidí Ó Sé 2020, with 36 adult men's and ladies club teams descending on the rugged Dingle Peninsula from 21st to 23rd February.

The football festival, which is supported by Lidl Ireland, McKeever Sports, EJ Menswear, Kerry County Council Tourism Unit and Lee Strand Milk, was officially launched at Ballyboden St. Enda's GFC, Dublin last week by Kerry's ace forward Tommy Walsh and which was also attended by 10 time All-Ireland football winner Cork's Valerie Mulcahy, current manager of Ballyboden Ladies, legendary broadcaster Micheál Ó Muircheartaigh, former Galway Manager John O'Mahony and representatives of all the partici-

pating clubs.

The festival, founded by Kerry iconic footballer Páidí Ó Sé, has attracted over 16,000 club players over 30 years and has grown into a major international GAA event with senior, intermediate and junior competitions as well as teams attending social events at Comórtas HQ, Páidí Ó Sé's pub in Ventry, Co. Kerry.

There are 10 Kerry teams competing in total. Apart from the three Kerry clubs in the Dermot Early Cup, the intermediate men's competition includes Listry and also Castlegregory, under the stewardship of former Offaly senior manager Stephen Wallace while Lispole play in the Junior Men's competition. Corca Dhuibhne line out in the intermediate Ladies cup while Dingle LGFA, Ballymacelligott and Annascaul compete in the Junior Ladies cup.

The football festival will also host nightly free music and entertainment which is open to the general public and a Saturday Night Players Banquet at the Comórtas marquee at Páidí Ó Sé's pub in Ard a' Bhóthair, Ventry. Comórtas Chairman Pádraig Óg. Ó Sé said, 'Páidí's idea to expand the tournament beyond senior men's teams back in 2009 was visionary and he would be proud to see new clubs getting involved year on year, all wanting to experience all that is good about the GAA. We are pleased that the tournament continues to be one of the most talked about GAA events in the calendar and we wish all clubs a safe and enjoyable experience. The support of local host clubs is crucial in ensuring we can maintain such a high number of teams and we thank them for their co-operation and making fields available to us.



REPORT BY LEONA TWISS, PRO



# KERRY GAA SCENE



Na Gaeil are All Ireland Junior Champions.

## NA GAEL ARE ALL IRELAND JUNIOR CHAMPIONS

Former Kerry minor Ian McCarthy was the hat-trick hero as Na Gaeil claimed the AIB All-Ireland Club Junior football title in Croke Park last Saturday. Matching the achievement of Beaufort last year, who won their final by 21 points too, Na Gaeil turned on the style from the 20th minute onwards. It's the fifth time in six seasons that a Kerry team has won the title and Ian McCarthy played a big role with 3-2, one of 11 different Na Gaeil players to get on the score-sheet. Captain Eoin Doody led by example too, scoring three important first-half points in a row while Diarmaid Herlihy and Mike Griffin hit some eye-catching scores in the second-half. Kerry senior duo Jack Barry and Diarmuid O'Connor manned the midfield and Jack Barry clipped a point in the second-half too as Na Gaeil cantered to success.

Congratulations to Na Gaeil, they were brilliant on Saturday and have been excellent ambassadors for the County.

Also, Congratulations to Scartaglen who won their Munster b semi-final last Sunday defeating Banogue of Limerick 2-11 to 2-8. Scartaglen's final will either be on February 2nd or 9th against Killenaule of Tipperary and that will be played in Knockaderry.

## GALWAY TRAVEL TO TRALEE ON SATURDAY

Kerry Supporters were treated to a brilliant game last Saturday night in Croke Park. Being objective, one would have to say that a draw was probably the right result, even though we came close to winning! It was some game for the month of January and our captain showed his calmness under pressure when he converted that final free!

Next Saturday, we play Galway in Tralee at 7pm. Tickets are currently on sale, the adult pre

purchase price is 15 euro for general admission and tickets can be purchased from Supervalu stores, Centra stores, online at tickets.ie or in the Kerry GAA Store Killarney. A large crowd is expected particularly as it is not televised. Like last year, entry to the stand is first come first seated! Therefore, patrons are encouraged to arrive early.

Peter Keane will be announcing his team next Friday night at 8pm on the Kerry GAA website. The match programme will be on sale at a price of 3 Euro with the proceeds going to the upkeep and development of the Austin Stack Park.

The Gardaí are asking match patrons to park at the car park beside the Rose Hotel which is only a 5 minute walk from Austin Stack Park. Please park responsibly and follow the direction of the stewards.

## COUNTY BOARD MEETING NEXT MONDAY NIGHT

Notice of Motion to the Kerry County Committee - 'That the Captain of the Kerry Senior Hurling & Football teams shall be selected by the Team Management in consultation with the Chairman of the Kerry County Committee. This Motion if passed is to be applied from 2021 onward'. This motion will be dealt with at the deferred meeting of the County Committee on Monday the 3rd of February 2020. All Clubs are asked to give the motion due consideration. County Board Delegates are to ensure that they are fully aware of the views of their club prior to voting on this motion at the meeting. All delegates are asked to attend this meeting.

## SCÓR

We would like to wish Finuge, Spa Killarney and Glenflesk the very best of luck in the All Ireland Scór na nÓg final which will be held

next Saturday in the INEC, Killarney. It is a great honour to host the All Ireland final and we wish the organising committee every success.

On Friday night at 8.30pm there will be a concert free of charge and open to the public which will have plenty of music, Song and Dance and will feature participants from all four Provinces both young and old. It will be held in the Mangerton Suite in the Gleneagle Hotel and it promises to be a great night of entertainment showcasing all things Scor.

## NEWS FROM THE REFEREES' COMMITTEE

Referees are asked to complete and return any outstanding registration forms immediately for inclusion in the Eolaire.

Referees Foundation course begins on Friday 7th February at the Centre of Excellence in Currans. This is important for clubs who wish to recruit referees for juvenile games, especially at U12 and U14 level.

## FREE COMMUNITY EVENT

Kerry GAA extend an invitation to an exciting free event in The Rose Hotel, Tralee on Monday 10th February entitled "How to Age Well: Evidence from TILDA".

For example, did you know

- That optimists live longer?

- That quality of life continues to get better after 50 for almost another 30 years?

The real secrets of how to age well, will be shared at this free seminar, organised by Kerry GAA Health & Wellbeing Committee and TILDA and supported by Irish Life and Kerry GAA Legend and event Ambassador Eoin 'Bomber' Liston. Talking about the event, Eoin said 'I am honoured and delighted to be appointed as Ambassador by Kerry County Board. I think it is a fantastic initiative to be associated with and one which will be a great benefit to a lot of people over the next number of years. I would like to encourage people to attend the seminar and hope the clubs put the findings of the research on their web sites for the benefit of GAA members and the wider community. They will be doing a great service in helping people to successful ageing'. These nuggets of knowledge, and much more, will be explored by Professor Rose Anne Kenny a world expert in healthy ageing, as part of this series of public talks entitled 'How to Age Well: Evidence from TILDA - the Irish longitudinal study on ageing'.

## DEEPEST SYMPATHIES

Kerry GAA offers our sincere sympathies to the family of the late Gerald White Causeway - Gerald was County Secretary 1982 to 1984 and Vice Chairman of the County Board in 1989 as well as serving two terms as North Kerry Hurling Board chairman. Ar Dheis De go raibh a anam.





## DR. CROKES

**WELL DONE** to the Kerry team on their hard earned draw v Dublin. Miceal Burns made a very valuable contribution when introduced. Tony Brosnan & Davis Shaw were also members of the match day squad.

**CONGRATULATIONS** to St. Brendans and the Dr. Crokes players Harry Burns Charlie Keating Liam Randles and Cian McMahon on their victory in q/f Frewen Cup over ISK.

**WELL DONE** to Senior ladies player Ava Doherty who lined out with Kerry against Cavan.

Senior Ladies Management Caoimhin O'Donoghue, Mark Cooper, Charlene Brosnan, Catherine Keogh & Jason Stack

Minor Management Jason Stack, Caoimhin O'Donoghue & Karena O'Leary

U16 Management: Brendan Connors, Karena O'Leary & Karl McMahon

U14 Management Kayleigh Cronin, Alan McGorrian, Danny Cooper & Edel Cronin

U12 Management Pdraig O'Shea, Catherine Keogh & Amanda Brosnan

Ladies Committee Chairperson - Áine McMahon 087-2890527

LGFA County Board Delegate - Noreen Cooper 087-6746189

**ANNUAL AWARDS** our annual awards night takes place on Friday 21st February in Scott's Hotel commencing at 8.30. Presentations on the night will be made to Club person of the Year, Senior Player of the Year, Junior Player of the year, Young Player of the Year, Supporter of the Year, Ladies Player of the Year and Hurler of the Year. The senior ladies will receive their county league winners medals, The second team will receive the Molyneux cup medals and Minor and under 21 will receive their East Kerry Medals. The award winners will be announced over the next few weeks. Entertainment will be provided by our Scór participants under the guidance of Rachel Foley. Admission is free and all members are welcome. Finger food will be served on the night

**SCÓR SINSEAR OVER 17** Are you interested in singing, dancing, storytelling, comic/dramatic acting & playing traditional music or do you like quizzes? Do you like writing original plays or stories?

Then SCÓR SINSEAR is perfect for you!

SCÓR SINSIR is more than likely going directly to County Final level which will take place on March 14th Venue TBC.

SCÓR SINSEAR is a perfect way to make new friends! Your club needs you!

List of Stage Competitions / Liosta Comórtas  
Ardán Rince Foirne Figure/Céilí Dancing  
Amhránaíocht Aonair Solo Singing  
Aithriseoireacht/Scéalaíocht Recitation/  
Storytelling Bailéad-Ghrúpa Ballad Group  
\*Tráth na gCeisteanna (Cuid a Dó) Quiz (Part 2)  
Nuachleas Novelty Act Ceol Uirlise Instrumental  
Music Rince Seit Set Dancing  
Contact with Scór Officer Rachel Foley  
0879231091

**CPR/DEEFIBRILLATOR TRAINING** (one hour sessions) will take place in clubhouse on Sat. Feb 1st at 1.30pm 3pm and 4.30pm. all interested stating preferred times contact secretary. drcrokesgaa.kerry@gaa.ie



Fossa Senior Player of The Year 2019 Bryan Myers being presented with the John Kelly memorial trophy by the Kelly Family.

**PROGRESSIVE 31** every Wednesday night in Dr. Crokes clubhouse and begins at 8pm sharp all you need is to bring a €5

**BINGO** every Sunday in St. Marys Parish Hall. Doors open @ 7.30pm and commences @ 8.30pm.

**LOTTO** the jackpot of €7,700 was not won, six patrons matched 3 numbers and receive €70. Next weeks jackpot will €8,000.

**BEST WISHES** for a speedy recovery to Maureen Cronin one of our Bingo volunteers.

**SYMPATHY** to the family of Mary Galvin Park Road widow of Jer. and to the family of Gerald White former Sec. & Vice Chairman of Kerry CLG.

## BALLYHAR-FIRIES GAA

### LOTTO

No's Drawn 16, 23, 24 & 26

No Winner

Donal Spring, Furies

Morgan Mc Mahon, Castlefarm

Catherine Moynihan, Scart, Farranfore

Maire Keane, Currow

Eugene Callaghan, Inch

The draw for next weeks Jackpot of €2,100 will take place in Sherwood's Bar Farranfore on Friday 31st January. Get your lotto tickets from all the usual sellers, Club Officers, Senior Players or from the stand in Moriarty's Centra, Farranfore. Thank you all for your continued support.

### MEDAL PRESENTATION:

Thanks to everyone who came to the Medal Presentation on Friday night in Farranfore for the Furies U21 team that won division 1 of the East Kerry championship last year. Many thanks to Donal Daly who presented the medals.

Darragh Donohue was presented with Furies minor player of the year for 2019.

Presentation was also made to all the Furies players that were part of east Kerry senior, u21 and minor teams in recognition of their success. Also presentations were made to management involved with east kerry. Well done to all.

### EAST KERRY SENIOR LEAGUE DIV 2 - RD 1:

Furies Senior began 2020 with a trip to Fossa for the first round of the EK Senior League. It was not to prove to be a successful outing as the home side had a convincing win in the end. Furies got off to a bright start and had a two point lead

when Fossa struck for a goal from Tadhg O'Shea in the 6th minute. The teams went score for score for the next fifteen minutes but fossa than got 5 unanswered points before half time to lead 1-08 to 0-06 at the break. Fossa dominated the second half and could have got a further goal or two only for some good saves and defending from the travelling side. Final Score: Fossa 1-17 Furies 0-10. Up next for Furies is a home game against Glenflesk on Sunday at 12pm.

Furies Team: Cian Callaghan, Shane Burke, Pat Daly Diarmuid Brosnan, Evan Cosgrave, Pdraig O'Connor, Pdraig O'Mahony, John O'Rourke, Jake Flynn, Darragh Brosnan, Darragh Donohue, TJ Palmer, Donnacha O Sullivan, Diarmuid O'Mahony, Aaron Flynn.

Subs: Ger Fitzgerald, Conor O'Sullivan

### RESULTS:

East Kerry Senior League Div 2 - Rd 1 Fossa 1-17 Furies 0-10

### FIXTURES:

East Kerry Senior League Div 2 - Rd 2 Sunday 2nd Home Vs Glenflesk 12pm

## MILLTOWN/CASTLEAMINE GAA

### SYMPATHY

Our community was saddened to hear of the death of Frances Twiss (nee O' Leary) on Tuesday last. Frances, along with her husband Pat, son Paul and daughter Gillian have been an integral part of our club for many years. We send our sincere sympathy to you all and to the extended Twiss and O' Leary families. Codladh sámh leis na haingéal.

### ROWING TO SUCCESS:

Comhghairdeas to all who represented Callinafercy Rowing Club on Saturday at the Irish Indoor Rowing Championships, which took place at the UL Sports Arena. Some fantastic results and personal bests were achieved by Sadbh O'Brien, Aobhadh Dillon, Mike & Pat Murphy, Kitty O'Dowd, Abbie O'Reilly, Margo Lawlor, Marie O'Sullivan, Anne & Caoimhe O'Sullivan. A fantastic achievement by you all. Well done!

### THE COUNTDOWN HAS BEGUN:

If you think Dancing with the Stars is exciting, then we will let you in on a little secret..... Milltown Castlemaine's GAA Club fundraiser





Fossa Minor Player of the Year 2019 Eoin Talbot being presented with the Donie Kissane Memorial trophy by Tim and Theresa Kissane.

'Taking the Mic' will take excitement to a whole new level. With celebrity judges, roving reporters and seriously enthusiastic and competitive performers, Easter Sunday Night, April 12th, 2020, Ballygarry House Hotel, is a night you don't want to miss!

**MID KERRY LEAGUE:** Our seniors didn't have the best start to their Mid Kerry League campaign when they were defeated by Beaufort on Sunday afternoon. We hope they will return to their winning ways on Sunday next, when they are home to Cromane.

#### ITEMS FOR NOTES:

If you would like anything included in our notes, please contact me, Deirdre, on 086/1703332.

## EAST KERRY GAA NEWS

By Michael O'Mahony

### RESULT & REPORT

East Kerry senior League Division1 A Spa 5-17 ( 32 Gneeveguilla 3-12 (21)

Listry 2-16 Kenmare Shamrock 2-12

Listry's first match under new management against Kenmare Shamrocks came off as a good start against Kenmare Shamrocks in East Kerry Div 1B in Fr. Myles Allman Park, Listry. Listry 2.16 Kenmare Shamrocks 2.12

Listry's Derry Ahern was put the first score on the scoreboard after 1 minute of play, however Kenmare's Dylan O'Connor and Kevin Price edged the scoreboard ahead by scoring two points. Listry had the upper hand throughout the 1st half showing skill and determination from Aaron McCarthy, Barry Keane Gerald Murphy, all scored points in the 1st half. Derry Ahern after 24 mins scored a fantastic goal, again edging Listry ahead. Kenmare Shamrocks never gave up, with Sean O'Leary, David Hallissey, Joe Doyle, Matt Rohan all getting points in the first half. Listry's Anthony Sweeney stretched the lead for Listry by two point from play going into half time, Listry 1.09 Kenmare Shamrocks 0.08

Good work by Gary O'Sullivan saw David Nolan who came on as a sub after half time,

confidently kicked the ball into the back of the net. However, Kenmare's Shamrock player attempted relentlessly as they attempted to narrow the gap, Dylan O'Connor two goals in the second half brought the score line closer. A near miss from Shane O'Sullivan from Kenmare to get a goal but great goal keeping from Colm Counihan. But Listry's Barry Keane with his brilliant individual effect scored three points in the last 10 mins, slowly edged Listry ahead at the final whistle.

Listry scorers: Anthony Sweeney 0.05 Derry Ahern 1.02 Barry Keane 0.05 David Nolan 1.0 Gerald Murphy 0.01 Aaron McCarthy 0.03 Kenmare Shamrock's scorers: Dylan O Connor 2.05 Kevin Price 0.01 Sean O'Leary 0.02 David Hallissey 0.01 Shane O Sullivan 0.01 Joe Doyle 0.01 Matt Doyle 0.01

### CORDAL 2-12 KILGARVAN -0 18

#### EAST KERRY SENIOR LEAGUE DIVISION3

Both teams served up a good competitive game of football for the last Sunday of January in good underfoot conditions in Cordal.

Kilgarvan raced in to 0-05 to 0-02 lead before a mix up in their defence saw the ball roll in to an empty net to leave the scores level.

Cordal had goal chances but failed to take them. Leaving the full time score Cordal 1-05 Kilgarvan 0-08

Cordal came out stronger in the second half and led for the entire half but failed to hold out for the win.

Currow referee James Brosnan gathered both teams together before the start of the game and went through the new rules with the players.

All in all a draw was probably a fair result.

### FOSSA 1-18 FIRIES 0-10

#### EAST KERRY SENIOR LEAGUE DIVISION 2.

Fossa goal Cian O'Shea Half time 1-08,0-06 Tadhg O'Shea 0-10 pts 7 from play firies Scorers from today were. 1st half. Donnacha o sullivan 4 pts. (1 from play 1 free and 2 marks) Padraig O'Mahony 1p from play and Darragh Donohue 1 pt from play. 2nd half. Donnacha o sullivan 3 pts, (2 from play 1 free) Darragh Brosnan 1pt

### EAST KERRY SUPER LEAGUES 2020

First team named will be at home

Back game RD 1. Division 1.

Legion v Dr crokes in Lewis RD 11th February 7-30.

Kilcummin V Rathmore Rathbeg on Wednesday February 5th 8pm.

Round 2

All games Sunday 2nd February at 12 noon

Gneeveguilla V Legion

Dr. Crokes V Spa – TBC

Rathmore V Listry

Kenmare V Kilcummin

### ROUND 3

St Brendans College played Intermediate School Killorglin in the Munster U16.5 quarter final in Fossa during the week. The standard of football was excellent with both teams playing direct football on the day. Both teams enjoyed periods of dominance with the scoring power of the St Brendans College attack proved crucial on the day. Thanks to Dermot Clifford (Fossa) for the use of the Fossa pitch on the day. Rochestown will provided stiff opposition in the semi final to be played on the 5th of February.

Best of luck to St Brendans College U19 team playing Rochestown on Saturday 1st February in the Corn UI Mhuiri semi final. This will be a titanic battle with both teams evenly matched the St Brendans College school will need a massive team performance on the day.

PS Sliabh Luachra Rathmore have been the surprise package of the competition reaching the semi final on merit. Working off the smallest numbers of boys in the last four will not faze the East Kerry school. Tralee CBS provide serious opposition in the semi final on Saturday 1st February. PS Sliabh Luachra have played superb football to reach this stage. It will need a huge team effort to reach the Munster decider.

### SCÓR NA NOG

All Ireland Finals of Scór Na nOg to be held in the INEC Killarney on Saturday February 1st.

Quiz starting at 11.30am and the remainder of the days programme commencing at 2pm.

Tickets available adult €20, U16 €10.

Email orders to secretary.scor.kerry@gaa.ie

Ticket prices will increase by €5 if purchased at the venue on the day of competition.

### EAST KERRY SENIOR LEAGUE

#### ROUND 1

All games Sunday 16th February at 12 noon

Spa V Legion

Gneeveguilla V Dr. Crokes Kenmare V Rathmore

Listry V Kilcummin

Final - Sunday 1st March

### ROUND 2

All games Sunday 2nd February at 12 noon

Firies V Glenfesk

Currow V Fossa

Cordal V Kilgarvan

All games Sunday 16th February at 12 noon

Currow V Firies

Fossa V Glenfesk Kilgarvan V Scartaglen

Cordal bye

Final Sunday 1st March TBC

### EAST KERRY U21 CHAMPIONSHIP 2020

Quarter Finals

First team named will be at home

Extra time if necessary

Sunday 9th February 2020 at 2pm





Firies V Killarney Legion  
 Glenflesk V Rathmore  
 Spa V Dr. Crokes  
 Cordal/Scartaglen V Gneeveguilla  
 Winners of the Quarter finals will play in Div. 1  
 Semi Finals  
 Losers of the Quarter finals will play in Div. 2  
 Semi Finals  
 Semi Finals – TBC  
 First team named will be at home  
 xtra time if necessary  
 Finals – TBC  
 First team named will be at home  
 Extra time if necessary  
**KERRY VS DUBLIN** Congratulations on a great performance from Kerry against Dublin on Saturday evening last in Croke Park including players from East Kerry Region & Captain David Cifford.

## LEGION GAA NEWS

### SUPERLEAGUE

Tuesday 11th February @7:30pm  
 Dr Crokes v Killarney Legion (Lewis Rd)  
 Minor Football League Feb 15th Rd1  
 Laune Rangers v Killarney Legion

### CLUB MEMBERSHIP

Registration for 2020 is now open. Register online at the link below or contact a club officer or coach for more information.



Anna O'Reilly receiving Fossa Senior Ladies Player of the Year 2019 award from Ladies County Board Chairman Sean Walsh.

Legion Social & Awards Night  
 Friday 7th February.  
 Killarney Avenue Hotel at 7:30pm

3 Course Meal and Entertainment Truly Diverse & DJ Banks

Tickets €35pp available this Thursday at the Clubhouse at 8pm or from Murphys Reception, Paul Trant Keanes Jewellers, Executive Members or Team Trainers. Tickets are selling fast so don't be disappointed.

### MOTHERS N OTHERS

Mothers and others are back every Wednesday Night, 8-9pm in the Aura. €5 each to cover the cost of the hall.

Circuits are on Monday in the club gym 7pm-8pm.

### CONGRATULATIONS

Well done to Peter Keane, James, Brian, Jonathan and the Kerry Seniors on a great performance v Dublin at the weekend.

Good Luck to our own lads Ryan, Eoghan William, Cian and Owen Benson lining out with St.Brendans on Saturday v Rochestown in the Corn Ni Mhuiri Semi Finals.

### LEGION LOTTO RESULTS

3-4-9-11 Bonus No: 13

Match 3's

Mandy Wynne, c/o Pat Moynihan

Liam O Connor, Coolgarrane

Rebecca Kelly, Killarney

Shania Costelloe, C/O Sportsman Bar

Denny Dennehy, C/O Sean Sullivan

Jackpot €3,900 plus €10,000 Bonus, Draw next Sunday @ 9pm Murphys Bar.

Lidl Ladies National Football League Division 2 Round 1

# Perfect start for Kerry Ladies

Cavan 3 – 10(19) -v- Kerry 4-08(20)

Report by Paul Murphy – Kerry LGFA PRO

Kerry got their Lidl Ladies National Football League off to the perfect start with a hard-fought deserving win against Cavan away from home on Sunday. With the format of the league changing this year by having no semi-finals and the top two teams going straight to the final to determine who goes up a win was even more crucial against a side that had beaten Kerry in Killarney last year. Both teams lined out as selected with Kerry's Fiadhna Tagney opening the away sides account. Aisling Gilsenan levelled for the home side before Kerry scored the first of four goals. Hannah O'Donoghue in the fourth minute to get Kerry off to the perfect start. Kerry were hungry from the start and were putting pressure on Cavan all over the field. Both sides exchanged points before Kerry struck for a double blow. Hannah O'Donoghue with her second & Louise Ní Mhuireachtaigh goal opened up a commanding nine-point lead with eight minutes remaining in the half. Such was Kerry's dominance and with Cavan guilty of some poor wides, it forced the home side into three substitutions late in the half. It had the impact they so badly wanted as points from Aisling Maguire (free) & Laura Fitzpatrick and a goal approaching halftime from Aisling Gilsenan ensured the home side went in at the break just four points down. Cavan 1-04 -v- Kerry 3-02

Kerry started the second half in similar fashion to the first. Louise with her second goal and Hannah O'Donoghue with her first point of the afternoon



increasing the visitors lead to eight with only five minutes gone in the second period. Cavan substitutions late in the first half were beginning to have more of an impact in the second period with the sides exchanging scores Cavan struck for their second goal of the afternoon to bring themselves right into the game. Sinead Greene raising the green flag to the delight of the big crowd in attendance. As the match ticked on so did the confidence and intensity of both sides. Two well taken points from Eilis O'Leary either end of Cavan points from Donna English & Laura Fitzpatrick left five between the sides at the midway point. As both sides made further changes captain Anna Galvin extended Kerry's lead to six as things were beginning to take a turn for the worse for the away side. Substitute Niamh Carmody was sin binned with eleven minutes remaining handing the advantage to Cavan at such a critical stage of the game. This reflected on the scoreboard as Cavan made the dominance count. Scoring 1-03 without reply, the goal coming from full forward Aisling Maguire would ultimately prove too little

too late as Kerry held on for a deserving victory by the slimmest of margins. Credit to both sides for providing a terrific game of football on their first game of the campaign. For a young side Kerry can take great encouragement so early in the season heading into Sunday's fixture away to Wexford. Throw in at Enniscorthy is 1:00pm

Teams & Scorers: Kerry: L Ní Mhuircheartaigh 2-02 (0-01F), H O'Donoghue 2-01,, E O'Leary 0-02, F Tagney 0-02, A Galvin (C) 0-01

Cavan: A Gilsenan 1-02, A Maguire 1-02 (0-01F), L Fitzpatrick 0-02, D English 0-02, S Green 1-00, C Finnegan 0-001, N Byrd 0-1

Kerry team: E O'Sullivan, C O'Brien, A Desmond, A Doherty, J O'Sullivan, A O'Connell, C Murphy, L Scanlon, M O'Connell, N Ní Chonchúir, A Galvin, E O'Leary, H O'Donoghue, F Tangney, L Ní Mhuircheartaigh

Subs: M O'Keeffe for L Ní Mhuircheartaigh (54mins), N Carmody for M O'Connell (36mins), A Murphy for H O'Donoghue (46mins), E Dineen for E O'Leary (48mins)



## KILLORGLIN MEMBERS GC MEN'S SECTION

### RESULTS

A great day was had by all and Captain's Donal Lynch and Maura Kennedy were delighted with the turn out and the weather.

Results of the 3 Person Scramble were as follows:  
1st Place: Tommy Murphy, Jackie & Alan Quirke 40.4 strokes,

2nd Place: Tim O'Neill, Jer O'Sullivan and Marie Halloran 44.4 strokes.

3rd Place: Jer Joy, Christine O'Sullivan, Mike Tangney 47.4 strokes.

Next weekend is a club sponsored 14 hole competition.

Please sign up for the Spring League on the sheet in the hall.

The Spring League begins on 8th and 9th February.

## CASTLEISLAND GOLF

Results of 18 hole single stableford 26/01/2020

1st Willie Galvin 43pts

2nd Declan Raggett 40pts

3rd Sean Hanafin 37pts

Next week 18 stableford 4 Clubs challenge

## ROSS GC, KILLARNEY - GENTS

### RESULTS

On Jan 26th we held a non qualifying single stableford competition.

The winner was :-  
1... Oliver Butler (18) 42.

### FIXTURES

On Feb 2nd our Captain Seamus McCarthy, Lady Captain Mary Gorman and President Ivo O'Sullivan will hold their Drive-ins at 10 am sharp. This will be followed by a mixed scramble and all sponsored by Fexco. The timesheet is now available or please be in the Clubhouse by 9.30am and for entries and team draws.

## KILLARNEY GOLF CLUB - LADIES

The following are the results for the club sponsored 11 hole 3 person scramble stroke Killeen on Sunday 26th January.

1st Amy Arthur (6), Ciara O'Mahony (13), Cara Fuller (37) - 34.5 nett

2nd Margaret Campion (6), Maureen Creedon (13), Mai Bergin (31) - 37.8 nett

**FIXTURES:** 2 February, 13 Hole Stableford Mahony's Point.

## KILLARNEY GOLF CLUB - MENS

Results of the Mens' Club sponsored fourball held on Mahony's Point on Sunday 26th.

1st Ted O'Sullivan & Tim Foley 48pts

2nd Donal O'Sullivan & Peter O'Brien 46pts

3rd Tom Daly & Mike Lucey 45pts

4th Matt Leacy & Donal Cronin 45pts

Special congratulations to Peter O'Brien for his hole in one on the 18th.

The Jimmy Bruen 2020 signup meeting will be held at the club on the 5th of February at 6.30pm. All golfers between 5 and 12 handicap are welcome.

## CASTLEISLAND GOLF CLUB

Results of 18 hole single stableford 26/01/2020

1st Willie Galvin 43pts

2nd Declan Raggett 40pts

3rd Sean Hanafin 37pts

Next week 18 stableford 4 Clubs challenge.

## DEERPARK PITCH & PUTT CLUB

Sunday Draws: Fourball Betterball- First Nett: John McGrath & Betty O'Brien 38½, Gross: John McGrath & John Murphy 45 Second Nett: Robbie O'Brien Snr & Aidan O'Keeffe 39. Please note this Sunday's draws @ 9.15am & 11am. Open to Club members aged 15 or over.

Kerry County Board Inter-Club Matchplay: The Inter-Club Matchplay will be returning for the first time since 2003 with Deerpark hosting the first round on Sunday February 16th. We won't be playing our first match until the following week, February 23rd though as the format does not give host clubs home advantage each week, they host it. More information to follow.

# Killarney Comhaltas News



Killarney Comhaltas had a stand at the Kerry Club Fair in Killarney Racecourse on Sunday, at which information was given re the activities of the Killarney Branch of Comhaltas (Music Classes, Dancing Classes, upcoming Competitions etc.).

**Set Dancing classes** continue on Monday nights in the Torc Hotel starting at from 7:30 to 8:30 for beginners and from 8:30 until 10:00 for more

advanced dancers. The dancers are guided by Anne Mangan.

**Music Classes** continue in St. Brendan's College on Saturday evenings from 5:30 onwards, under the tutelage of Nicholas and Anne McAuliffe. There is still time to join these classes, we are just half way through the year. If you want more information, ring Eoin Ó Carra at 087-6155253.

Triona and Máiréad Mangan continue to run "Cosa Beaga", a bilingual dancing/singing/musical session aimed at 1 to 4 year-olds in Spa club house on Wednesday mornings from 10:00

a.m. to 11:00 a.m. Not only the children but the parents also find this very enjoyable as they join in with the children in the activities.

**The Munster Final of Ceol an Gheimhridh** will take place in Drumcolligher, Co. Limerick on Sunday, February 16th. We wish all the best to our branch competitors who have qualified for the Munster Final.

Finally, the Branch would like to offer our condolences to Karen Trench (Co. Secretary) and Jackie Walsh (former Co. Board Chairman) on the death of Jackie's sister, Nancy.



## DREAM COME TRUE FOR SEAN

A soccer mad 14 year old has had his dream of playing for his county come true.

Sean Treyvaud, a 14 year old Pobalscoil Inbhear Scéine Kenmare student has been on the Kerry ETP program with Kerry since U11's. Sean played with Kerry in last years Kennedy Cup squad 2019 and Galway Cup Squad 2018.

A member of Inter Kenmare - he is full of praise for the coaches there who he has trained under for the past four years.

A Liverpool fan, Sean's would love to play for the club one day but at the moment his focus is on

his county.

"He is very excited to be given this amazing opportunity, playing for Kerry at the highest level of underage soccer in Ireland and he is very much looking forward to playing against some of the biggest clubs in the country. It's an experience of a lifetime", Sean's dad Paul Treyvaud told the Killarney Outlook.

"Sean's mum Elaine, his brother Dylan and myself are so proud", the celebrity chef added.

IF YOU HAVE A SPORTING STORY...

Contact Aisling on: 086 0400 958





## JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

### SPORTS STAR OF THE WEEK

Ciara Kennelly  
Wins National Gold



Killarney has a long-standing tradition in athletics (something that can only be enhanced by the impending micro-track), highlighted most recently by the exploits of high jumper Jordan Lee. He isn't the only bright star in that firmament – Ciara Kennelly of Killarney Valley AC has been scratching the roof of the sky ever since her breakthrough 2017 season when she took bronze in the Irish Schools, silver in the U16 National High Jump, gold in the Celtic Games. Last year she set a new Munster high jump record, won U18 Gold in the National Indoor T & F, and qualified for the European Youth Athletics in Azerbaijan.

Last Saturday she wrote a new chapter in an already illustrious career by taking gold in the Irish Life U23 and U20 Indoor Athletic Championships. The sky isn't the limit for this talented Fossa athlete – the sky is just another target.

### Talk about a busy week for Kerry GAA

In terms of games, almost certainly the busiest of the year, with the Kerry seniors footballers, hurlers, and ladies all in action, as well as the U20 footballers and a heroic Na Gaeil outfit. Maybe a bit too busy, with too many competitions cramped together, but that's a problem for another day.

### National Football League Kerry 1-19 Dublin 1-19

Fantastic game, with a huge amount of skill – and no shortage of raw passion – on both sides. The first half saw three players with Killarney connections stand out. James O'Donoghue was

on fire for Kerry, Paul Murphy was an all-action livewire, while David Clifford's first half 1-2 included one of the most astonishing individual goals I have ever seen (I honestly thought he had done brilliantly to work space to kick a point – then he took another deceptive solo and shot below Evan Comerford). Interestingly, the Kerry captain wore 14, with Paul Geaney dropping very deep into defence. Brian Fenton, whose father played his football in Spa, kicked a superb 0-4 for Dublin.

The second half was a see-saw affair. Liam Kearney very much grew into the game, Dara Moynihan helped Kerry assert control when the game appeared to be slipping away from them, and Micheál Burns took the game right at Dublin when Kerry needed it most. Kerry were three points clear entering the latter stages, but Kerry lost a player to a black card and Dublin (as so often happens in recent meetings) had the better of the closing exchanges, but great work by Burns saw David Clifford (Sean O'Shea having departed) nail a final free after the referee moved it in for dissent. I thought referee Sean Hurson of Tyrone had a fine game overall; this was a real rodeo ride for any referee. Anyone who is over-excited about David Clifford getting his jersey torn in a scuffle would want to hold their horses a bit – this was real raw drama, with neither side holding back anything, and plenty of players will have been both proud and sore on Sunday morning. There will be plenty more drama between these teams as the year goes on; I wouldn't be indulging in too much complaining about a torn jersey in January. We'll find another jersey, we only have one David Clifford.

As for the 'issue' of the County Champions selecting the captain....I don't really care. It only ever arises as a talking point when Kerry lose; nobody has any questions when we win. I don't think it has any bearing on our victories or defeats; leadership comes from within, not from an armband.

### Kerry Senior Ladies: Kerry 4-8 Cavan 3-10

In the end Kerry had to hold off a tremendous Cavan fight-back to take a one point win. Fiadhna Tagney and Hannah O'Donoghue gave Kerry a 1-1 lead early on. After a low-scoring first quarter, Hannah and Louise Ní Muircheartaigh scored two more goals to help Kerry into a 3-2 to 1-4 half-time lead. Another goal by Louise helped Kerry into a 4-8 to 2-7 lead but that only stung Cavan into action and in the end Kerry's defence just about managed to hold out against the pressure. Tosach maith for Declan Quill and Darragh Long with a tough win on the road to start the campaign! Glenflesk's Ava Doherty made her debut at corner back, with club-mate Emma Dineen



joining the action. Rathmore's Aislinn Desmond was a rock as always, while Eilís O'Leary of Kilcummin (0-2) and the deadly Beaufort duo of Hannah O'Donoghue (2-1) and Fiadhna Tagney (0-2) played key roles.

### National Hurling League: Kerry 2-24 Mayo 0-13

This was a superb display by Kerry and one that could well prove very significant down the road in a very tight Division 2A. Kerry led by 1-11 to 0-8 at half-time, with Jordan (1-2) and Shane (0-4, 2f) Conway and Shane Nolan doing most of the damage. In the second half Kerry, with some great first-touch hurling, continued to pull away. Shane Conway finished with 0-11, 0-9f, Jordan Conway and Brandon Barrett both had 1-3, and Jordan Conway had 0-4. A convincing display and an important win for Fintan O'Connor's team.

John Kerins U20 League: Kerry 2-17 Galway 1-18

With neither side able to qualify and the clash with high profile games in Dublin, there was a very small crowd in Austin Stack Park but, possibly because both sides had the freedom to try things, they were treated to an open and exciting game of football. Paul O'Shea (1-3) played full forward and was hugely effective, with Sean Quilter (0-4) dropping off him and hitting some fantastic left leg points, while Paul Walsh (0-4, 3f) was very dangerous. Darragh Lyne gave Kerry an edge at midfield. In defence, Dylan Casey did very well on Galway danger-man Tomo Culhane (3f), but Brian Mannion (0-3) and Matthew Cooley (1-4, 4f) in the corner



were always a serious threat. Galway's wing backs Jack Glynn (0-2) and playmaker Cathal Sweeney were dangerous raiding forward, and Cooley's goal from along the endline gave Galway a 1-6 to 0-6 lead. However, Paul O'Shea's superb goal gave Kerry parity and they gradually assumed control, a brace from O'Shea giving Kerry a 1-9 to 1-7 half-time lead. Kerry outscored Galway by 1-6 to 0-3 in the third quarter, Eddie Horan's goal making it 2-15 to 1-10, and Galway could never close that gap. The two wins over a good Galway side have to be big positives for Kerry, but John Sugrue and co. will be well aware that Cork are this year's John Kerins champions, having beaten Kildare in the final, as well as reigning All Ireland champions.

## Club Championships

Congratulations to Na Gaeil on annexing the All Ireland Junior Club Championship after a hard-fought game against Rathgarogue-Cunshinstown, with Ian McCarthy claiming 3-2 in a sparkling team display. Congratulations also to Scartaglen, who beat Banogue by 2-11 to 2-8 to win the Munster Novice Semi-Final, with Eddie Horan kicking 1-4 and Brendan Rahilly 1-2.

Kilgarvan, meanwhile, played their first ever game as part of East Kerry, earning a 0-18 to 2-12 draw with Cordal in Division Three of the Superleague.

## Freshers Football

They have sojourned together with East Kerry and SP Sliabh Luachra, but Eoghan O'Rahilly (Rathmore and CIT) and Owen Fitzgerald (Gneeveguilla and UCC) were on opposite sides in the first round of the Freshers Championship, with UCC prevailing on a 2-20 to 0-5 scoreline.

## Ladies Post Primary All Ireland

Congratulations to Danielle O'Leary of Rathmore, who was one of six Kerry girls who helped Munster to win the Inter-Provincial Post Primary All Ireland.

## Sem Soccer Progress in Munster

St. Brendan's 1- 1 Midleton CBS (St. Brendan's College win 5-4 in sudden death penalties AET)



Shield for best boys school being presented to Darragh O'Leary of St. Brendans College, Killarney by Damien McLoughlin of Kerry Colleges Athletics Board.

St. Brendan's College took the lead when an Alex Hennigan corner went all the way to the net early in the first half. After some great forward play Midleton equalised in the second half. The game went to extra time and with nothing separating the sides, it was down to penalties to decide the outcome. The Sem missed 2 penalties, leaving Midleton with 2 chances to win the game, but Shay O'Meara stepped up to save the first and then agonisingly Midleton hit the post with the second. This put the game to sudden death penalties. Captain Timmy Moynihan slotted home his penalty to give the Sem an advantage, and with Midleton needing to score to stay in the tie, Shay O'Meara produced a brilliant save to win it for St. Brendan's. It was a very sporting game, with no side deserving to lose on the day and some great soccer played by both sides.

## Kerry Schools Cross-Country Athletics Championships

Killarney's Desmense is one of our best and often under-appreciated nature outlets and it featured a huge host of young athletes for the Kerry Schools Cross-Country Athletics Championships, with over 320 athletes from 14 schools. Well done to Adrienne and Damien O'Loughlin on a very well-organised and well-run event. The course was set by Mike Horan and his team from St. Bridget's Presentation, Killarney, and local athletes did Killarney proud

with some great results on the day.

Senior Boys 5000m: Silver – Darragh O'Leary, St. Brendans, Team Gold – St. Brendans

Senior Girls 2500m: – Grace Courtney, Pres. Killarney, 6th Aisling Coffey, Team Silver – Pres. Killarney Minor Boys 2000m: 6th – Shane O'Sullivan, St. Brendans

Minor Girls 1500m: Gold – Aoibhinn Gleeson, Killarney Community College. Team Silver – Pres. Killarney Intermediate Boys 4000m: 4th – Cian Lynch, St. Brendans, 5th Aodhan O'Neill, St. Brendans, Team Gold – St. Brendans

Intermediate Girls 2500m: Team Bronze - Pres. Killarney Junior Boys 2500m: Gold - Mikey Lynch, St. Brendans, Silver – Ted O'Gorman, St. Brendans, Team Gold, St. Brendans

Junior Girls 2000m: Bronze – Kathryn Ryan, Pres. Killarney, **Overall Awards**

Minor Girls: Gold – Aoibhinn Gleeson, Killarney Community College Junior Boys: Gold – Mikey Lynch, St. Brendans

Best Boys' School: Gold - St. Brendans, Killarney Best Girls' School: Silver – St. Bridget's Pres., Killarney.

## All Ireland Snooker Championships

Killarney's Cue Club again did themselves and us proud in the All Ireland Championships, bowing out at quarter-final stage to St. Johns of Belfast, who went on to reach the final but lost out to the Crucible of Cork. Well done to all involved, and also to The Gleneagle Hotel, who once again were fantastic hosts of the event.



Senior Girls 2500m, the team from Pres. Killarney girls on the right in blue.



# Complex set for feast of KABB Cup finals

The Tralee Sports Complex will have its roof raised on many occasions over the coming weekend when the always hotly contested Kerry Airport KABB Cup Final season gets underway. There is action over the various ages in both boys and girls starting with one game on Friday night when TK Bobcats meet Gneeveguilla in the u14 Girls Cup decider.

Both sides came through tough semi-finals with Bobcats defeating St Mary's by 5 and Falcon pulling away late on to knock out the Wildcats.

## 5 Cup Finals on Saturday

The action on Saturday gets underway at 10am and St Brendan's Tralee will have a busy morning. First up the face KCYMS Killorglin in the u18 Boys Cup final while following this at 11.30 it's the u16 Boys decider with St Pauls Killarney the opponents for the Tralee boys. These are the top two sides in the League with St Brendan's on 13 points from 5 games just ahead of St Pauls who are unbeaten in their 4 games.

St Brendan's are in action again at 2.30 when it's the u13 Boys Cup with TK Bobcats the opposition. The Tralee side are unbeaten in the League with Bobcats on 2 wins from 4 played but the Cup is a one off so neither side will be taking anything for granted.

Tipping off at 3.30 is the u14 Boys Cup final and here it's the clash of Rathmore Ravens and St Mary's who have been the class side in the League winning their 9 games. The Rathmore boys have 4 wins from their 7 games and will come in confident after their 49-31 win over St Joseph's in the semi-final.

The day ends with another big crowd expected to be in the Complex for the 5pm start of the u12 Boys Cup final where Gneeveguilla playing St Mary's. The East Kerry side saw off St Brendan's while St Mary's beat St Pauls. This is the ideal pairing for a cracking final as these are



*Kilcummin U 11 Mixed Basketball team who came 2nd in last weekend competition.*

the top two sides in the League with St Mary's 5 up but Gneeveguilla having a game in hand. 5 Girls and 2 Boys Cups down for decision on Sunday:

On a busy Sunday the first game again tips off at 10am with the u12 Girls Cup final where Tralee Imperials take on St Pauls. Imperials got through in a low scoring semi-final over St Mary's while St Pauls hit 42 against Falcons. St Pauls are undefeated in the League but this is the Cup and the Imperial's girls will be well up for causing an upset.

The two Boys Cup finals follow with St Paul's taking on TK Bobcats in the u17 final at 11am followed by Bobcats in action again as they face St Brendan's in the 11's decider. Pauls top the 17's Division but only by 2 points from Bobcats so this could be a cracker.

The remaining four finals on Sunday are all Girls games starting with the u17 Girls final where it's the battle of the 'G's' Gneeveguilla v Glenbeigh. Both sides have only lost one game

in the League so this is too close to call.

The u11's finals always create a great atmosphere and it should be the same at 3pm when Cougars face Imperials. Meetings between these young sides are always close and this one probably be as well.

The u16 Girls Cup final will see Kenmare Kestrels taking on Caherciveen. Many of this Kenmare side will have been on this week's All Ireland schools Cup winning side so while they will be full of confidence that game went to overtime so it will be interesting to see how they bounce back. Caherciveen are just behind Kenmare in the League and will certainly be looking forward to this game.

The final game of a great weekend of basketball is the u18 Girls decider with the Killarney versus Tralee clash of St Paul's v Imperials. Both sides won 6 from 7 in the League and both were impressive in their semi-final wins so 5.30pm in the Complex on Sunday is the place to be.

## Killarney Cougars BC

### Juvenile News

#### U14 Boys Semi Final

St Bridgets 37

Killarney Cougars 33

The Cougars boys travelled to Kilcummin to take on St Bridgets in this important Semi-Final contest and started the game well to lead by 10pts in the opening quarter. The Currow boys responded well and were very determined and reduced the arrears by the end of the third quarter and started to cause problems for the off form Cougars who struggled once behind as the Currow boys deservedly took the win

in a close finish. Best for Cougars were Mark Shanahan, Rory Clancy and Darragh Stack.

#### U11 Girls Academy Plate Final

This Sunday Feb 2nd at the Tralee Sports Complex the Cougars will meet Tralee Imperials in the Cup Final. Cougars have had good results all through the season expect a good contest with Tralee Tip off at 3pm.

The Cougars Academy continues on Friday at 4.45pm with U8 Girls & Boys. U10 Girls 5.45pm and U10 Boys 6.45pm all at the Parish Hall.

### Senior News

#### Kerry Airport Senior Mens

Quarter Final

Glenbeigh Falcons 74

Killarney Cougars 66

Cougars travelled to Glenbeigh and a good display wasn't enough as the Falcons won through to the Semi finals in a very exciting game. Best for Cougars were Eugene Bowler, David Bartlett and Alan Flynn.

Further details on training schedules, fixtures go to our website [www.killarneycougars.com](http://www.killarneycougars.com) or follow us on facebook.



# Killarney U14s field Black and Red teams in Cup and Plate

Gerard Sugrue reports from Tralee

**A** busy weekend saw us field teams on Saturday and Sunday in the West Munster U14 Cup and Plate. We opened with a trip to Tralee on Saturday to face their U14 team that had won the U14 West Munster League undefeated.

Due to a couple of unforeseen injuries (a scrum half's fingers and a car door are a bad combination) and the enticements of other activities - we had to field a 13-man team, playing RL style without wing forwards. With no subs, our 13 played the full game.

The match itself was a tight affair. Scores in the first half were hard to come by. Tralee opened after 15 minutes with a try in the right corner that they couldn't convert. They soon added a second when a knock forward was gathered by Tralee's second row who raced to the Killarney tryline. Killarney Black came back into the game - and were held up short by great Tralee defence that forced a penalty for holding on. Half-time: Tralee 12 Killarney 0.

Killarney opened the second half in the wrong way - defending too narrow off a lineout and allowing Tralee in in the corner. With a decent lead, Tralee were able to use their excellent outside half to kick long and pressure us on the line outs in our own 22 through their outstanding number 5 and No.8, rather than running the ball from deep and risking a turnover at the ruck. We stayed in the game through good defence, excellent tackling by all players and by having a slight edge in the scrum through our props Tom Chambers (LH) and Scott Carlton (TH).

We got some reward in the last 10 minutes scoring 2 tries through Shane O'Sullivan when we put the ball through the hands - possibly a tactic we need to try more! We were still on the attack on the Tralee 5 metre line and looking for a third score when we lost the lineout and Tralee were able to kick the ball dead.

While disappointing to lose - and when is it not? - we competed well in all areas and pushed Tralee hard. In a competitive and tough game, we had to recognise that Tralee set the bar at U14 this year and we can see clearly the standard required. It's always invidious to highlight individuals but in addition to those already mentioned credit is due to Hugh and



Connie for some hard carrying, and Leon and Mark for some great tackling in defence  
Killarney Black - Tom Chambers, Luis Caruz, Scott Carlton; Alfie Barrett, Connie Counihan; Shane O'Sullivan; Bryan Walsh, Dara Stack; Daire Kingston, Hugh Dorian, Mark Kennelly, Leon Bowler; Colm Janot;

## West Munster U14 Plate

On Sunday, we took a - relative - leap into the dark by fielding a different XV in the West Munster U14 Plate. We hosted an Abbeyfeale/Listowel combination. On a bright, sunny but chilly morning, a younger, and generally more inexperienced team were always going to find it tough going against the best of two clubs. Nevertheless, we managed one excellent try - Ciaran Doyle crashing home in the corner after we'd applied good pressure to the Abbeyfeale/Listowel tryline. In the second half, Abbeyfeale/Listowel were able to throw on reinforcements and take advantage of tiring bodies.

We pushed for a second try and some strong runs by Adam Lynch, TJ Healy, Pierce Leslie and Ciaran Doyle almost saw us in again - un-

fortunately, inexperience showed when having sucked in the defence to defend the rucks we didn't spot the overlap on the right that would have resulted in a second try. But this is the experience and knowledge you get from playing matches. Credit goes to captain Ciaran for great leadership of a novice team, Adam, TJ, and Pierce for their ball-carrying and willingness make ground, to Jack and Ignacio for some eye-catching tackling, and to Jack (again) and Muiris for some great attacking runs with ball in hand.

Our sense of achievement was somewhat tempered by the actual results - but whilst the lads who played will be disappointed on a larger scale this was a great step forward for the club to be able to field 2 teams at U14. To see 29 boys playing at the weekend is very satisfying, and we all recognise that win or lose (or occasional draw) in sport there's nothing like playing the game.

Killarney Red: Ciaran Doyle, Adam Lynch, TJ Healy, Jack Donoghue, Muiris O'Donoghue, Tomás Swords, David Butler, Luke Courtney, Gearóid O'Connor, Ignácio Moreno, Pierce Leslie, Jake Leahy, Alex Sheahan, Colin O'Shea, Eivind Caulfield Dreier, Eanna Coffey

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## KILLARNEY JUDO NEWS

On the 26th of January, eight players from Killarney Judo Club travelled to Macroom for the Munster Mini Mon. For several players, it was their first time competing against other clubs such as Cork City, Kerry School of Judo and Waterford.

All the players performed extremely well and gained much needed experience for tougher competitions ahead.

Kate Forde, Rian Horgan, and Connor O'Sullivan won Gold. Well done especially to Rian as this was his first competition.

Muireann O'Brien won Silver and was unlucky against a more experienced player Max Opala, Nicky Opala, Orla Forde and Meadhbh McCarthy all fought very well and earned Bronze.

Next week our older players travel to UCC for a technical session with a former Olympian. For anyone interested in joining the club, just message us on Facebook.

## CRUSADERS BRIDGE CLUB

15/1/2020.

1st. Gary Leahy & Joan Culloty.

2nd. Mary Shanahan & Mary O'Connor.

22/1/2020.

1st. Phyllis O'Regan & Ann O'Shea.

2nd. Gary Leahy & Joan Culloty.

3rd. Joan Lenihan & Maura Moynihan.

Bridge continues every Wednesday night at 7.30pm in the Brehon Hotel. New members, Novices and Beginners are always welcome.

Please contact Therese 087/2466451.

## MUCKCROSS ROWING CLUB

### SYMPATHY

The club wishes to extend its deepest sympathies to the Murhill family on the passing of Hugh Murhill. Our thoughts and prayers are with Hugh's wife Susan, daughters Jemma and Kaylyn, sons John and Hugh Daniel, brothers Patrick, Donie, Frank and John Chris, sisters Mary and Margaret, granddaughter Amelia, extended family and friends. Ar dheis Dé go raibh a anam uasal.

### INDOOR ROWING CHAMPIONSHIPS

Well done to Darragh Horgan and Caoimhe O'Sullivan who competed in the Irish Indoor Rowing Championships held at the UL Arena on Saturday last. Darragh placed an impressive 5th of 74 in the Mens J15 5 minute trial and 3rd of 57 in the Mens J15 1km race. Caoimhe also scored in the top 15 of 49 in the Womens J18 2km race.

### MUCKCROSS HOR

The rescheduled Muckcross Head of the River is set for this Saturday, February 1 at the National Rowing Centre. Over 370 crews from 23 rowing clubs are entered for the event which was cancelled in December due to bad weather. Unfortunately, the indications earlier this week were for another unsettled weekend. In the event of a break in the poor conditions, we wish all involved the very best of luck. Muckcross RC is set to have the largest representation with over 40 crews set to compete. In the event of cancellation, it is likely to be training on land at the regular times. It will also mean a return to our



L to R Meadhbh McCarthy, Muireann O'Brien and Zara Ozaslan.

annual date in December before the event runs again. Updates will be posted by text and social media.

### UPCOMING

Cork HOR, City Marina – Cork, Saturday, February 29; Corrib HOR, Galway, Saturday, March 14; St. Michael's HOR, Limerick city, Saturday, March 21.

## KILLARNEY SWIMMING CLUB

Well done to all our senior swimmers who took part in the Gerry Ryan Invitational Gala in Limerick at the weekend. Some fantastic PB's were achieved with five of our swimmers getting divisional times! Congratulations to Paul O'Leary who got a Division One time and to Saibh O'Brien, Peter O'Doherty, Ian Coffey and Charles O'Brien, all of whom got their Division Two times.

Thanks to our Team Managers, Denise and Samantha, for keeping the show on the road, to all parents who travelled and to our Head Coach, Cathal O'Brien, who gave such huge support and encouragement to all our swimmers over the weekend.

Also, a big "thank you" from Killarney Swimming Club to The Kerry Sports Partnership who recently gave us a grant of €200.00 under the Coach Education Fund for Women. This sort of support is invaluable for the long-term planning of our club as it helps us train, support and encourage coaches for the future.

## FARRANFORE MAINE VALLEY AC

### WIN FOR DAVID KENNY AT PARIS INDOORS.

David Kenny was back in action on Sunday 26th Jan. in Paris at the Jesse Owens stadium where the Normandy athletics leagues took place. Large fields were the order of the day and David faced a top class field of race walkers over the 5000m distance. David was right up there from the start, alongside fellow Irish man and

Olympian, Brendan Boyce. David fought all the way to cross the line in first place with a time of 19:45. Brendan Boyce was second 20:13. Well done.

### KERRY SCHOOLS CROSS COUNTRY

Well done to all our Club and schools athletes who took part in the Kerry Schools Cross Country C'ships on Thursday 23rd Jan. in Killarney. Thanks to Damien and Adrienne McLoughlin who organised and hosted another successful event. Shauna McCarthy was a comfortable winner of the Intermediate Girls race. This is her third year in a row winning the schools title. Cian Spillane ran well to finish second in the Boys Intermediate race with Conall O'Mahony 6th. In the Junior Girls race, competing for the first time in the schools, Ellen Kelliher was placed 6th & Eabha McCarthy 7th.

Munster divisional xc races will take place on Thursday 30th Jan.

The Irish Life National Junior Indoors was held on Saturday 25th Jan. at the AIT Arena. Siofra Foley was our only club competitor. She competed in the Weight For Distance (WFD). Siofra was placed 6th overall with a throw of 3.93m.

Clubs AGM will be held on Thursday 30th Jan. 7:45pm at the Sports Hall Farranfore (upstairs). All members welcome to attend.

### CLUB TRAINING

Maria's Strength, Endurance & Flexibility Exercise Classes on Tuesday from 7pm at the Sports Hall in Farranfore. Class is designed for all abilities from secondary school upwards. €5 per class.

Juvenile Indoor Training will commence on Tuesday from 6pm at the Sports Hall in Farranfore. Please bring €2, water and suitable footwear for indoors. New members welcome.

Thursday Nights from 6:30pm for Seniors and juveniles competing in Munster Schools XC. Grass Session on GAA Field Farranfore. €2

### CLUB MEMBER REGISTRATION:

NOTE: You need to be registered with Athletics Ireland to take part in training and/or athletic competitions. We will take registrations before



training or you can register through Paypal from our website.

€25 Juvenile/Junior and €45 Adult.

Athletic's Fixtures

Thur 30th Jan: South Munster Schools XC, Tramore Valley Park, Cork

Sat 8th Feb: National Juv. "B", Masters & Intermediate XC, TBC

Sun 9th Feb: National Indoor Games, Abbottstown

Thur 13th Feb: Munster Schools XC, Clarecastle Co. Clare.

Sat 15th Feb: Munster U/9 to U/11 Indoors & Juv. & Women's & Men's Walks & Men's 3km, Nenagh

You are required to pre-register for all athletic competitions. If you wish to compete please contact club registrar, Maria McCarthy on 085-1909509 well in advance.

## KILLARNEY VALLEY ATHLETIC CLUB

CONGRATULATIONS and well done to Ciara Kennelly who won gold in the High Jump in the U20 All Ireland Indoor Championships in Athlone at the weekend. Great to see Ciara back!

**TRAINING** Strength & Conditioning takes place Monday nights 7-8pm, for all members aged 12 upwards. Jerry's running group also meet at 7pm on Mondays and Wednesdays, while juvenile training is on Thursdays 6-7pm in St. Brendans Hall. Bring €2 and water.

**REGISTRATION** for 2020 took place last Thursday evening at training. If anyone still needs to register, they can do so at next Monday or Thursday's training.

Any questions/queries please contact any of the coaches or email killarneyvalleyac@gmail.com Please keep an eye on your emails and also check our facebook page for any updated information on training.

## CALLINAFERCY CLIFF ROWING CLUB

Callinafercy Cliff Rowing Club competed on Saturday 25th of January in the All Ireland Indoor Rowing Championships in Limerick.

Well done to Sarah Kennedy who broke the womens under 18's 500m sprint Irish record.

Well done to everyone in the club that competed.

### RESULTS:

Sarah Kennedy Gold x 2 and Irish record

Margot Lawlor Gold

Avril Murphy Bronze

Marie O'Sullivan Silver and Bronze

## KILLARNEY RFC

### MINIS HOST SUNDAY'S WELL

Last Saturday our Minis hosted their counterparts from Sunday's Well in Cork for matches at all ages. A wonderful morning of top notch rugby was enjoyed by all and Aghadoe was a hive of activity. Thanks to all at Sunday's Well for traveling and thanks to our fantastic coaches and players. A huge thanks to Mags Murphy and her crew - Anne, Breda, Sinead, Cornelia, Caroline for the fantastic hospitality shown to our players, coaches and visitors. Training continues tomorrow at 10:30am. New



Sisters Eabha & Shauna McCarthy who competed for Killorglin Community College in the County Schools Cross Country.

players always welcome. Details: Liam Murphy 087-4145662.

### U14 GIRLS

U14's girls take on Tralee/Listowel in friendly:

On a very busy day at Aghadoe, our U14's girls hosted Tralee/Listowel in a friendly with some excellent rugby on display. The girls were excellent and the hard work at training is really showing. Well done to the girls and coaches Milo and Liam and thanks to Kieran and the Tralee/Listowel girls for the match. Thanks also to Ger Moynihan for stepping in to referee the game. U14 girls training continues on Thursday nights and new players always welcome.

The girls host Bruff at Aghadoe at 12 this Sunday in the league. Please support.

### SPLIT THE BUCKET

Thanks to everyone who has signed up to the Split the Bucket mandate to do the draw every week, supporting the future development of the club. For only €10 a month you are guaranteed entry to the hottest draw in town. For details contact any committee member. Last weekend the winner received a whopping €342!

### RESULTS

U14 Tralee/Listowel 28 - 14 Killarney Black

Killarney Red 25 - 15 Abbeyfeale

U18 Killarney 5 - 12 Middleton

## SPA MUCKROSS COMMUNITY GAMES

**BASKETBALL:** Well done to our U16 boys basketball team who competed in the county competition last Sunday in Duagh. A big thank you to team manager Con Lynch and to Jack Lynch who helped him out on the day. Thanks to the parents who travelled to support the boys.

**SWIMMING:** Final reminder for registration for the swimming county final which will be held in Tralee on Sunday February 16th. Entries close February 6th. If interested, please contact Emir on 0872258776.

**ART AND HANDWRITING:** A reminder that the local Spa Muckross art and handwriting competition will be held on Sunday the 2nd of



Sarah Kennedy who broke the womens under 18's 500m sprint Irish record at the All Ireland Indoor Rowing Championships in Limerick.

February from 3pm to 5pm upstairs in the Spa clubhouse. If your child is interested in entering please contact Linda on 087 610 3195.

Please note that for those who then qualify for the county competition, it will be held in Listowel Saturday February 29th.

**INDOOR SOCCER:** U13 Boys Indoor Soccer competition is on the 23rd February. Training will be held on the 2nd, 9th and 16th of Feb in Spa from 5-6 pm. Anyone interested please attend, it is 5 a side with a squad of 8 players. Contact Adrian McCarthy - 0876484764 or Denis Doolan - 0868393863.

## GNEEVEGUILLA ATHLETIC CLUB

### LOTTO

No winner of our lotto draw 24/01/2019, numbers drawn were 14, 21, 24 & 26. Sellers prize winner Margaret Hayes. €50 Y/T prize winner Seamus Murphy Milltown, €50 to Norma Keane c/o Margaret Hayes, €40 each to Patricia Daly Kiskeam, Kieran Fitzgerald Banard & Eilish Cotter Woodlawn Killarney. Bonus numbers were 1, 10, 19, 20 and was won by Con O'Sullivan c/o Cue Club, Killarney, sold by his brother Danny. Next week's jackpot €9,400 plus €1,000 bonus.

## KILLARNEY BRIDGE CLUB

### RESULTS

1st Mai Corcoran & Marie Moynihan

2nd Ger Foley & Geraldine O'Brien

3rd Ron Carron & Maureen Lyne

20/01/2020

1st Ger Foley & Geraldine O'Brien

2nd David Clancy & Mary O'Sullivan

3rd Tim Corcoran & Don O'Sullivan

4th Kathleen Naughton Tim McCarthy

Bridge continues every Monday night at the Brehon Hotel @ 7.15.

New Members and Beginners very welcome. Please contact Ursula @ 087 6465416 if partner is required.



## SCHOOLBOY/GIRL SOCCER

**ST BRENDAN'S PARK 16'S LEFT TO FLY THE FLAG FOR KERRY:**

**SFAI SKECHERS CUPS LAST 32:**

12's Kilmacrennan Celtic 3-0 Killorglin  
13's Tralee Dynamos 0-1 Cabinteely AET  
Killarney Athletic 0-3 Evergreen  
14's St Kevin's Boys 5-0 Killarney Celtic  
16's Avenue United 2-1 Killorglin  
BBC United 2-6 St Brendan's Park  
JK Sports 12 Premier  
Camp Juniors 0-2 Tralee Dynamos  
Park 0-1 Listowel Celtic  
Killarney Celtic 1-3 MEK Galaxy  
12's Division 1  
Fenit 2-0 Park C  
Castleisland 1-1 Ballyhar Dynamos  
12 Division 2 North  
Tralee Dynamos 0-8 Ballyheigue  
12's Division 2 North Top 4  
Park B 4-2 Mastergeeha  
Ballyheigue 2-4 Listowel Celtic B  
12's Division 2 North Remaining 4  
Fenit 3-0 Tralee Dynamos B  
Camp Juniors B 1-6 Castleisland  
12's Division 2 South  
Inter Kenmare B 3-5 MEK Galaxy B  
Killarney Celtic B 3-0 Killarney Athletic B  
Killorglin B 2-7 Dingle Bay Rovers  
Slattery's Carpets 14 Premier  
Killorglin 0-3 Listowel Celtic  
14's Division 1  
Inter Kenmare 4-2 Dingle Bay Rovers  
Killarney Celtic B 0-4 Mastergeeha  
Killorglin B 2-1 Killarney Athletic B  
14's Division 2  
Park B 3-6 MEK Galaxy  
Castleisland 7-3 Mastergeeha  
Tralee Trophy World 16 Premier  
Killarney Celtic 2-2 Killarney Athletic  
16's Division 1 South  
Mastergeeha 7-1 Killorglin B  
Inter Kenmare 1-1 MEK Galaxy  
16's Division 1 North  
Fenit 0-4 Tralee Dynamos  
LB Rovers 7-3 Fenit  
Tralee Dynamos 2-2 Listowel Celtic

### MATCH REPORTS

Park's the remaining team in the National Cup's. It was a weekend where Kerry teams faced some very tough opposition and in the end it is The Park 16's that are the remaining team in this seasons SFAL Skechers National Cups. They were in Kildare and defeated BBC United 6-2.

Sean Herlihy and Cianan Cooney both hit two goals each with Ben Hannafin and Sean O'Connor getting the other goals in the win. They will meet either Ringmahon Rangers or Stella Maris in the Last 16 next month in Christy Leahy Park. In the 12's Killorglin had the longest trip going to Donegal where Kilmacrennan won 3-0. There were two Kerry sides in the 13's with Tralee Dynamos very unlucky to lose out 1-0 to an extra time goal at home to Cabinteely. Evergreen defeated Killarney Athletic in Woodlawn but the home side did have a number of chances. Killarney Celtic 14's went out away to St Kevin's Boys in Dublin while the other side in the 16's Avenue United defeated Killorglin 2-1 in Ennis with Tom Whittleton getting the Kerry sides goal.



Killarney Athletic U13

### DYNAMOS MOVE CLOSER TO TOP TEAMS IN 12 PREMIER:

In the JK Sports 12's Premier Tralee Dynamos were the big winners as their 2-0 win over Camp Juniors saw them close the gap on the top three and are now only one point off Camp who are in third.

A Lorcan O'Connor goal was the decider as Listowel Celtic defeat the Park 1-0 in the other game played in this Division.

In mid-week MEK Galaxy won 3-1 at Celtic Park thanks to two goals from Kieran Coffey and one from David McCarthy. Mark O'Leary had put Celtic 1-0.

### FENIT 3RD WITH GAMES IN HAND IN 12 DIVISION 1:

A goal in each half from Conor McGibney gave Fenit a 2-0 win over the Park C and sees them move onto 10 points from 5 games and while they remain in third they are now just two behind the Park C with a game in hand.

Ballyhar Dynamos and Castleisland remain in 4th and 5th after the sides played out a 1-1 draw in Georgie O'Callaghan Park. Kyle Buckley scored for the home side with Shane O'Loughlin replying for Ballyhar Dynamos.

### PARK AND LISTOWEL CELTIC WIN OPENING GAME OF 12 DIVISION 2 PHASE 2:

There was one game played in midweek to finalise the first phase of the Division and Ballyheigue defeated Tralee Dynamos B to secure their top 4 spot.

The 12's Division 2 North Division has been split with the four top sides playing for the Division win and the remaining 4 battling it out for the League Shield.

In the Divisional battle The Park B defeated Mastergeeha 4-2 after leading 3-1 at the break. Mateusz Placzyn 2 and Majiec Kubic got the Park goals while Brian Lenihan and Conor O'Rourke replied for Mastergeeha.

Goals from Aidan Grimes 2, David Lawlor and Darragh O'Sullivan gave Listowel Celtic a 4-2 win away at Ballyheigue. Cody Goggin and Mathew O'Sullivan replied for the seaside side.

Fenit and Castleisland win in Division 2 Shield: Castleisland made the trip to Camp Juniors B a

winning one thanks to goals from Fergal Enright 3, Michael Lenihan 2 and Jason Brosnan with Suvi O'Connor replying for the home side. Fenit also picked up three points in a 2-0 home win over Tralee Dynamos B.

### DINGLE BAY ON WAY TO LEAGUE WIN IN 12'S DIVISION 2 SOUTH:

8 wins from 8 for Dingle Bay Rovers sees them continue to lead the 12's Division 2 South. Their latest win came away to Killorglin B. Padraig Manning and Cillian McNamara both hit hat tricks for Dingle Bay with Fionn Dowd also getting on the score sheet.

Killarney Celtic B moved into second place with a 3-0 home win over Killarney Athletic while MEK Galaxy B came from 2-0 down to win away at Inter B 5-2. Cillian O'Donoghue was their star with 4 goals which were added to by one from Leo Allen.

### LISTOWEL WIN AWAY IN 14 PREMIER:

There was one game in the Slattery's Carpets 14 Premier with Listowel Celtic winning 3-0 away at Killorglin. Oisin Healy, Joshua Magdziak and Evan Boyle got the goals for Celtic.

### LEADERS BEATEN IN 14 DIVISION 1

Killarney Athletic B dropped their first points in 6 games as they went down 2-1 away to Killorglin B. Jessie O'Reilly got both goals for the home side. Second placed Dingle Bay Rovers also lost on the road as they went down to Inter Kenmare 4-2. Cathal Kelliher got 2 for Inter with Charlie Guest and Ben O'Callaghan also scoring while Joe Linnane and Paudie Fitzgeald were the scorers for Dingle Bay.

Mastergeeha took full advantage of the losses by the top 2 as they moved into second place thanks to a 4-0 away win at Killarney Celtic B. Emmet Spillane with a cracking free kick, Bobby Gallivan 2 and Aaron Buckley were the Kilbrean sides scorers.

### MEK GO JOINT SECOND IN 14 DIVISION 2

Two goals from Aaron Dinham and Tadhg Gosney and one each from Patrick O'Neill and Ryan Casey gave MEK Galaxy a 6-2 win over Park B at Christy Leahy Park. They now move into joint second place level with Ballyhar Dynamos and only three behind leaders Killorglin C.





Mastergeeha U-14 team in their new club jersey's sponsored by Pain Medicine Cork



MEK Galaxy U12b team who had a great win a the weekend.

Castleisland also picked up three points as they saw off Mastergeeha B at home 7-3. David Healy got 3, Jack Joy 2 and Joel Smith and David McCarthy were on the mark for MEK. Darren O'Leary, Mathew Kennedy and James O'Connor replied for Mastergeeha B.

#### POINTS SHARED IN 16 PREMIER KILLARNEY DERBY

In the Tralee Trophy World 16 Premier Killarney derby Celtic and Athletic shared the points in a 2-2 draw. All the goals came in the second half with Ryan O'Leary from the penalty spot and Edward Myers on the mark for Celtic. Daryan Ryan and Rocco Rujvican got the Athletic goals. 5 up for Mastergeeha

Mastergeeha made it 5 wins from 5 after they defeated Killorglin B at Kilbreen Park thanks to goals from Colin O'Leary, Jack Higgins, Oisín O'Leary, Mark O'Shea and Dnaíel Horgan.

Inter Kenmare and MEK Galaxy played out a 1-1 draw with Darragh O'Connor scoring for Inter and Xisco Serra Colom replying for MEK.

#### FOUR POINTS FROM SIX FOR DYNAMOS IN 16 DIVISION 1 SOUTH

Tralee Dynamos had a busy week with two games. In midweek the League leaders were 4-0 winners away to Fenit thanks to goals from Donagh Stevenson, TJ Heaphy and 2 from Jack O'Donoghue. On Saturday they dropped their first points as they were held to a 2-2 draw at home by Listowel Celtic.

Donnagh Stevenson was on the mark again with Alex Hoare getting the second one as Dynamos remain well clear at the top of the table. Adam Segal and Ajay Behan got the Listowel Celtic goals.

3rd placed LB Rovers were winners at home to Fenit with their goals coming from Kieran O'Carroll 3, Joe Finch 2, Darragh Fitzpatrick and Ciaran Connolly. Jack Kearney, Ben Donnellan and Sami Zakirov replied for Fenit.

#### BIG DAY ON SATURDAY IN MOUNTHAWK PARK:

The excellent facilities at Mounthawk Park will play host to two SFAI Subway Munster Finals on Sunday. At 12.30 the 15's final between Cork Athletic and Limerick District will kick-off. Following that it will be the 13's decider at 2.30 when Cork take on Waterford.

**OUR U12(T2)** took on our local rivals Killarney Celtic this morning in Celtic park. 18 players

tagged out for athletic and all the lads played their part in a competitive match. Unfortunately for our lads Celtic ran out 3-0 winners on the day and deserved their win. Thanks to Celtic for hosting us and all the parents for their continued support.

### KILLARNEY ATHLETIC

#### RESULT U14(T2)

Killorglin 2 Killarney Athletic 1  
Rohan Saha for the Blues.

National Cup, Last 32 Result

Killarney Athletic 0 - 3 Evergreen FC

Our boys bowed out of the National cup today to Evergreen FC of Kilkenny.

First half saw our boys dominate possession with three great chances created but unable to convert. 0-0 half time.

Second half and Evergreen started the brighter and we were punished with two very soft goals. With the last kick of the game Evergreen scored a third to finish the game.

Our boys will be disappointed but they can hold their heads high as they did their club and families proud. It just was not our day.

Thanks to Evergreen for a very good sporting game and we wish them all the best in the next round.

### MEK GALAXY NEWS

#### UNDER 12'S PREMIER DIVISION KILLARNEY CELTIC 1-3 MEK GALAXY.

Match report courtesy of Jerry Hayes On a perfect evening for football MEK Galaxy Under12s got back to winning ways, we started on the front foot and created a number of good chances but were unable to convert any, Celtic then came back into the game and created some chances of their own eventually converting one when we were unable to clear properly from a corner kick. But the boys knuckled down and equalized when David McCarthy fired home to the roof of the net and being played in by Fionn Kennedy. In the 2nd half we were creating plenty of chances and eventually took the lead when Kevin Coffey struck a fine finish home a few minutes later Kevin struck again to give us a 2 goal lead and despite plenty more attempts on goal this was the last of the goals.

TEAM Jayden Fennell, Feargal Murphy, James Spillane, Dylan O Meara, Danny Murphy, Jack Hallisey, David McCarthy, Kevin Coffey, Fionn Kennedy, Cillian O Donoghue and Ryan Breen. MAN OF THE MATCH Danny Murphy who dominated in Midfield and Defence.

#### U12 B - MEK 5 V KENMARE 3

Kenmare took the early lead going 2-0 up MEK came back to 2-2 at half time with a great second half performance the final result was well earned ! 4 goals from Cillian O Donoghue and 1 from Leo Allen ! Man of the match with an outstanding performance was Cillian O Donoghue!

#### U16'S INTERNATIONAL KENMARE 1 MEK GALAXY 1

Report courtesy of Liam Healy In relatively benign conditions, both teams battled hard for a point each in a game that could have gone either way. MEK lined out with an attacking formation that looked to get a quick start. Liam Roche was dangerous on the wing and was providing dangerous balls into the box. Good defending by Kenmare thwarted MEK, until on the 20 minute mark Xisco picked up a clearance from Kenmare, beat his man and then the onrushing keeper for a tidy finish. MEK continued to press for the second goal but good defending kept the game at one nil. Efforts by Liam Roche, Fionnáin Griffin and Shane Evans were well saved by the Kenmare keeper. However it was not all one way as Daire McCarthy had to save well to his left from a Kenmare effort and good defending by Shane O'Connor and Josh Coffey meant that MEK maintained their lead at half time.

The second half was end to end as both teams produced some excellent attacking football. Kenmare equalised after 10 minutes when their centre forward was able to get into the box and finished well to the net. Both teams went all out for the win, with Shane Evans hitting the crossbar with a thunderous drive and then an outrageous flick from a corner nearly out foxed the Kenmare defence as it deflected just wide of the post. Liam Roche, Kevin Harant Fionnáin Griffin, Xisco and Breandan Casey all had efforts well saved. However it was not all one way, as Shane O'Connor, Tadgh O'Sullivan and Josh Coffey had to make some last ditch tackles to keep MEK in the game. When Kenmare got past the defence they found Daire McCarthy a match for all their efforts as three one on one stops,



denied Kenmare. Both teams had appeals for penalties denied and had to be content with a point each at the final whistle. Well done to new keeper Daire McCarthy, Shane O'Connor and Josh Coffey defended well, birthday boy Xisco Serra Colom took his goal well and was our best player on the day. Squad Daire McCarthy Sam Buckley Josh Coffey Shane O'Connor Liam Roche Leo Healy Sam Griffin Shane Evans Capt. Xisco Serra Colom Brendan Casey Eddie Moroney Fionan Griffin Kevin Harant Eden Murphy Hugh O'Malley Tadhg O'Sullivan.

Well done to Kenmare for a cracking game and to referee Tom Kerrisk who handled the game very well. Training Thursday night at 7pm in Milltown.

**U14 RESULT:** St. Brendan's Park 3 - 6 MEK

MEK kept their division title aspirations alive with a 6-3 win against St Brendans in a physical encounter. Provided the scores. The team displayed great character as they were absent a bench with several players carrying knocks throughout the game. MEK utilised their pace on the flanks with Arron Dinham and Tadhg Gosney constantly posing a threat. Gearoid Quirke gave a MOM performance with a tireless display just in front of Noah O'Shea and Ryan Carey. Goalscorers Arron Dinham 2, Tadhg Gosney 2, Patrick O'Neill 1 & Ryan Carey. Special mention to Cory Campion in goal who put in a fine performance between the sticks

## KDL PREMIER A :

Killarney Celtic 2 MEK Galaxy 0

Special mention and massive thanks to Caroline and all in the Golden Nugget for our fantastic looking new jerseys.

Not to be today however for our senior A team as we travelled to Celtic park. Everyone worked hard and overall we can be a little disappointed but still take an awful lot of positives away from the game limiting Celtic to much less chances than they normally create. Deadlock was broken after an error in our own half led to the first on 62 mins. We then had our best spell of football before 5 mins from the end switched off for a short corner ending the game as a contest. Back to the training ground for with a few bits to work on.

## KILLARNEY CELTIC

### PREMIER A

Killarney Celtic 2, MEK Galaxy 0

Danny Roche, Stephen McCarthy

Killarney Celtic gained another league win prior to next weekend's FAI Junior Cup trip to Buncrana when they overcame MEK at home. Celtic dominated the 1st half but failed to find the net. Eventually Danny Roche made the breakthrough with a fantastic shot past the MEK keeper and Stephen McCarthy sealed the win later in the half.

### MUNSTER YOUTHS CUP 4TH ROUND

Killarney Celtic 1, College Corinthians 3

Dylan O Callaghan

Celtic took the lead through Dylan O Callaghan but Corinthians came back with 3 goals to progress to the next round.

### U16 PREMIER

Killarney Celtic 2, Killarney Athletic 2

Ryan O Leary, Edward Myers

Celtic twice came from behind to share the points in this local derby. Athletic hit the front before Ryan O Leary equalised from a penalty to send the teams in level at the break. Athletic struck



Mastergeeha FC Lotto: (Front: l to r) Liz McGillicuddy, Kate McGillicuddy, Tadhg Brosnan (MFC Secretary) presenting the cheque to Don O'Donovan, Kathleen Murphy, Sinead Collins, Louise O'Leary (MFC Lotto Committee and Alan Breen (MFC Management Committee) (Back l to r) Ken Bruton (MFC Treasurer), Jimmy Devane & Mike O'Connor (MFC Lotto Committee).

the front again in the 2nd half but Edward Myers finished to the net to level the match in what was probably a fair reflection of the action.

### U14 NATIONAL CUP

Our U14 squad bowed out of the National Cup when they were beaten by a very good St Kevin's Boys team. However the squad still has a South West Regional semi final to look forward to in the coming period.

### U14 DIV 1

Killarney Celtic B 0, Mastergeeha 4.

A youthful U14B team gave a very gutsy display against a good mastergeeha team. Celtic held out until the 2nd half and even though defeated the players kept trying to the end and played for each other all through the game.

### U12 PREMIER

Killarney Celtic 1, MEK Galaxy 3

Mark Looney

Celtic started brightly and took the lead after JJ O'Donoghue crossed to Mark Looney whose shot was deflected to the net. MEK came back to level to leave the score 1-1 at half time. MEK scored 2 in the 2nd half to take the spoils.

### U12 DIV 2

Killarney Celtic B 3, Killarney Athletic B 0.

Luca Mosca, Patrick Coffey, Ryan Downing

After a slow start to their season the U12B team have now picked up 3 wins and 4 draws from their last 7 games. They withstood early Athletic pressure before Luca Mosca blasted a free kick to the net to settle the team. Good interplay from Jack O'Grady and Patrick Coffey saw Patrick Coffey finish to the net and Ryan Downing sealed the win after being set up by Samuel Scroope.

Well done to Shay McCormack U12A and Ryan O'Leary U16 who made the KSGT Team of the Week.

## MASTERGEEHA FC

### MASTERGEEHA LOTTO

There was no winner of the Lotto on Friday 25th January 2020. Numbers drawn were 1, 10, 20, 27. Consolation prizes went to the following €50 James Nagle, Mastergeeha, Kilcummin, 50€ Ciara & Aoife O'Mahony, Laharn, Faha, €50 Fiona O'Mahony, Ardfer, Co. Kerry, €50 Donie O'Donoghue, Toremor, Kilcummin. Next draw on Friday 31st January. Jackpot €2,200.

**U-10 BLITZ** Mastergeeha U-10's attended their 2nd blitz on Sunday. Our young guns turned up in large numbers where we fielded 2 teams on the day where we won the majority of our games with some really competitive games that ended

in draws of narrow losses. Once again, our U-10's represented Mastergeeha with great pride and skill. Well done to everyone involved and a special thanks yet again to all our parents for getting the players to Killorglin.

### U12 DIVISION 2

St. Brendan's Park 4 -2 Mastergeeha F.C. We made the trip to Tralee to meet the division table toppers for the second time in the space of 2 weeks. As the score line reflects the boys made huge strides since the first meeting and can count themselves unlucky not to come away with a share of the spoils.

### U-16 DIVISION 1

Mastergeeha F.C. 6 - 1 Killorglin AFC. Our boys played well throughout with Rian Kelly playing very well in goals strong performances from Gary Wynne, Mark O'Shea and Colin O'Leary. Boy are now 5 out of 5 so onwards and upwards Scorers: Colin O'Leary 2, Oisín O'Leary, Jack Higgins, Turlough O'Connor and Brandon Griffin

### U-14 DIVISION 1

Killarney Celtic 0 - 4 Mastergeeha F.C.

It certainly was a game of two halves where the physically stronger Mastergeeha team faced local rivals, Killarney Celtic. Scorers: Emmet Spillane (free), Bobby Gallivan x 2, Aaron Buckley. Congratulations to Bobby Gallivan for making the Kerry Schoolboys Team of the week with his strong performance and contribution on Saturday.

### U14

Castleisland AFC 6 - 3 Mastergeeha F.C. Our U-14's travelled to Castleisland where the score line flattered the home team. The game was a much closer affair than the score line suggested. Both sides had periods throughout the game where chances were created. Our goals on the day came from Darren O'Leary, Matthew Kennedy and James O'Connor. Castleisland managed to convert 2 late counter attacks. Standout performance came from Fiachra Roarty, Liam Horgan (Captain) and Darren O'Leary.

### U-18: MASTERGEEHA F.C. 0 - 3 KILLORGLIN AFC

We hosted Killorglin in Kilbrean Park on Saturday afternoon. From the off, this was a competitive fixture with both teams creating good chances in the first half.

### CELTIC LOTTO

Numbers drawn 10,16,17,26. No jackpot winner. Match 3 receives €150. Next jackpot €14,000.





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# Citizens Information

## Know Your Rights:

### Question

I'm a PAYE worker. What income tax will I pay in 2020?

### Answer

The amount of tax that you have to pay depends on your personal circumstances. Tax is charged as a percentage of your income. The amount that you actually pay depends on your income and on the tax credits and reliefs that you are eligible for.

The first part of your income, up to a certain amount, is taxed at 20%. This is known as the standard rate of tax and the amount that it applies to is the standard rate tax band.

If you have income above the standard rate tax band, it is taxed at the higher rate of tax, which is 40% (also called the marginal rate). The amount that you can earn before you start to pay the higher rate of tax is your standard rate cut-off point.

There were no changes to tax rates and bands in 2020. The standard rate of tax is 20% and the higher rate is 40%.

Personal circumstances	Tax rates and bands in 2020 €
Single person	€35,300 @ 20% Balance @ 40%
Married couple/civil partners, one income	€44,300 @ 20% Balance @ 40%
Married couple/civil partners, two incomes	Up to €70,600 @ 20% Balance @ 40%
One-parent family	€39,300 @ 20% Balance @ 40%

You may also be eligible for other income tax reliefs, credits or exemptions, which can reduce the amount of tax that you have to pay. Visit [revenue.ie](http://revenue.ie) to find out more.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.



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Department of Culture,  
Heritage and the Gaeltacht

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### DINIS COTTAGE – KILLARNEY NATIONAL PARK

The National Parks & Wildlife Service (NPWS) of the Department of Culture, Heritage and the Gaeltacht invites tenders for the operation of the tea-room concession at Dinis Cottage, Dinis Island, Killarney National Park, for the 2020 and 2021 visitor seasons.

For further information and tender documentation, and to make arrangements to visit Dinis Cottage in advance of submitting a tender, please contact Ms Frances O'Sullivan, National Parks and Wildlife Service, Muckross House, Killarney, Co. Kerry.

Telephone 064-66 70141/064-66 70150;  
Email: Frances.O'Sullivan@chg.gov.ie

The latest date for receipt of tenders is 5.00p.m.  
on Friday 14th February 2020.

Only tenders submitted on the official tender form will be considered. The successful tenderer must be able to provide a current Tax Clearance Certificate and written evidence of Public Liability Insurance cover.

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Pictured at Killarney Race Course for the Kerry Clubs Fair Day organised by Killarney Lions Club.. Killarney Celtic F.C. L-R Liam Quirke, Isabel Doyule, Emma Quirke, Amy Doyle & Mary Lyne. **PICTURE: MARIE CARROLL-O'SULLIVAN**

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When someone comes along to counselling and begins to talk about what is troubling them, one of the difficulties that sometimes emerges is their sense of having feelings that are 'bad' or 'wrong'. Perhaps they have been experiencing feelings of anger, or frustration, or maybe sadness, or regret. They may see such feelings as negative or self-pitying, and not compatible with being a good and kind and positive person. They wish these feelings would just go away. But, however much they try to wish them away, the feelings stubbornly persist. So then they experience shame and anxiety about having what they see as such negative feelings, and this shame and anxiety gets added to the mix, and just makes everything worse.

Counselling can offer us time and space in which we can talk about, and think about, all the different aspects of our emotional life, without using labels like positive or negative, right or wrong, good or bad. Instead, the counsellor provides a non-judgmental relationship, in which all aspects of our emotional experience can be heard and thought about. If we can slow things down a bit, begin to make sense of our feelings, and see them as an unsurprising response to aspects of our life experience, they are much less likely to cause us anxiety.

Gradually, we become more able to manage our feelings and get on with our lives, instead of our feelings managing us, perhaps by making us anxious or irritable or unconfident or withdrawn. We learn to accept that, if we face difficult and challenging situations in the future then, naturally, we are bound to experience difficult and challenging feelings within ourselves. And when we have to bear particularly difficult circumstances or events in our lives, there is no shame in seeking support to work through our feelings about them.

A counsellor is able to sustain an open and accepting attitude to another person's feelings, without anxiety getting in the way, because, through their own training and personal development, they accept that having emotional responses to life's events is a part of what it is to be human. Perhaps then, the more accepting and tolerant we can be towards our own emotional life, the more kindly and accepting we are able to be towards the feelings of others.

*Article by Yvette Shea*

**SouthWest Counselling Centre, Killarney** provides affordable professional counselling to children, adolescents adults and couples at its Killarney Centre (Lewis Road). To make an appointment call: 064 6636416/064 6636100. E: info@southwestcounselling.ie.

SouthWest Counselling Centre is a not-for-profit organization.  
All funds raised through fundraising go directly to service provision.

## A Word of Victory

Welcome back dear reader is there some area of your life that needs healing? It could be a physical healing from sickness, emotional healing in your mind and heart, financial healing, or healing in a broken relationship. In Mark chapter 3 Jesus healed a man with a withered hand. This man was in church when Jesus saw him and told him to stretch out his hand and, as the man obeyed Jesus in an act of faith, his deformed hand was made whole. What a miracle - because with any kind of disability at that time working and earning a living would have been near impossible for him. Now his whole life had changed in an instant because he had encountered the Living God in the Person of His Son Jesus. Romans chapter 4:17-21 tells how Abraham believed God is able to do all that He has promised, because He is the God Who "gives life to the dead things and calls those things that are not as though they are". What this means for you friend is, things may look withered and hopeless right now and maybe your dreams have died - the very life sucked out of you because of your circumstances. But God is reaching out to you and calling you unto Himself to just believe, and receive healing from Him (Mark 5:36; John 11:40). This is why Jesus laid down His life - so that you could be made whole through Him - in your spirit (restored back to God in righteousness), in your soul (healed in your mind, heart and emotions), and in your body (receive healing from every physical ailment). Read Isaiah chapter 53 to see what Jesus endured for the forgiveness of our sins, our healing and Salvation. Supernatural miracles, signs and wonders follow the preaching of the full Gospel of Jesus as laid out in God's Word, because God is the Supernatural God (Mark 16:15-20). He raised Jesus from the dead for our acquittal from sin, and by the stripes that Jesus took for each and every one of us on His body we are healed (Romans 4:25; 1st Peter 2:24). You say - how do I get to that place of receiving my miracle of restoration? Call upon the Name of the Lord Jesus today, repent for your sins, and ask Him to come into your life, simply believe Him - and you will see the goodness of God in the land of the living, Amen! (Psalm 27:13; Mark 9:23)

See more at [wordofvictory.net](http://wordofvictory.net)



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## PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal. You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me.

In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted. In thanksgiving.

## NOVENA PRAYER TO ST JOSEPH

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. O Saint Joseph, assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.

O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me, and ask Him to return the Kiss when I draw my dying breath. Amen

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

X

## NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

## 8TH ANNIVERSARY

IN LOVING MEMORY OF

**MARGARET (PEG) O'MAHONEY**



GULANE, GNEEVGUILLA. WHOSE ANNIVERSARY OCCURS ON FEBRUARY 5TH

*We sat beside your bedside,  
Our hearts were crushed and sore;  
We did our duty to the end,  
Till we could do no more.*

*In tears we watched you sinking,  
We watched you fade away;  
And though our hearts were breaking,  
We knew you could not stay.  
You left behind some aching hearts,  
That loved you most sincere;  
We never shall and never will,  
Forget you, mother dear.*

FROM HUSBAND JOHN,  
SON, MICHEAL AND  
DAUGHTER-IN-LAW, SIOBHAN  
KIDS, OISIN, CIARA,  
RYAN AND GERARD  
DAUGHTERS, JUNE AND  
ORIANA, CONEN, SON-IN-LAW  
KIDS BRUCE, MAX,  
BENJIMEN AND CORNER JR.

## THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one. (Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

M.B.

## GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy St Faustina, St Expedite, St Padre Pio, Our Lady of Mount Carmel, Sacred Heart of Jesus, Our Lady of Lourdes for Health favours received. X

## 4TH ANNIVERSARY

IN LOVING MEMORY OF

**SHEILA (MAC) KELLIHER**



CLASH, KILLARNEY WHO DIED ON THE 31ST OF JANUARY, 2016.

*A silent thought  
A gentle prayer  
For someone special  
in God's care.*

SADLY MISSED BY YOUR BROTHER AND FRIEND SEAN.

## 4TH ANNIVERSARY

IN LOVING MEMORY OF

**SHEILA (MAC) KELLIHER**



CLASH, KILLARNEY WHO DIED ON THE 31ST OF JANUARY, 2016.

*Dear fond memories linger  
every day of my beautiful sister.*

SADLY MISSED AND ALWAYS REMEMBERED BY LOVING SISTER NOREEN.

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

## 4TH ANNIVERSARY

IN LOVING MEMORY OF

**SHEILA (MAC) KELLIHER**



CLASH, KILLARNEY WHO DIED ON THE 31ST OF JANUARY, 2016.

*Lonely is the home without you,  
Life to us is not the same;  
All the world would be like heaven,  
If we could have you back again.*

*A light from our household gone,  
A voice we loved is still,  
A place is vacant in our home,  
That never can be filled.*

*May the God of Love and Mercy,  
Care for our loved one who is gone,  
And bless with consolation,  
Those left to carry on.*

*The happy hours we once enjoyed,  
How sweet their memory still,  
But death has left a vacant place,  
This world can never fill.*

*How dearly we loved you,  
And prayed you might live,  
But Jesus just beckoned,  
And we had to give.*

*God gave us strength to bear it,  
And courage to fight the blow,  
What it has meant to lose you,  
God alone will ever know.*

SADLY MISSED AND NEVER FORGOTTEN BY TOMAS, STEPHEN AND RYAN.

**Anniversary Mass for Sheila will be on the 31st January 6.15pm in St Mary's Cathedral, Killarney.**

## NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.



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