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NEWS DESK

CARDIAC FIRST RESPONDER GROUP PLANNED FOR KILLARNEY



Pictured at the launch of Killarneys Cardiac First Responder Group were Front Row L-R Mayor John Joe Culloty, Damien Baker (Scheme Co-ordinator), Tony McNabb & Eilish Coffey. Back Row L-R Cllr Danny Healy-Rae & Mike Marshall (Communications Officer). Picture Marie Carroll-O'Sullivan 087 391 4808

A young Killaney man is on a mission to set up a Cardiac First Responder group in the town. Damien Baker is organising a public meeting in the town to recruit and train a group of 20-30 responders who will volunteer for the newly formed Killarney Cardiac First Responder Unit.

It is proposed that the group will cover an area between a 5km and 8km radius of Killarney town centre. The newly established group plan to recruit the public and train them up fully to be community first responders that will responde along side the National Ambulance Service (NAS). The group will not replace ambulances but instead aim to provide care to patients prior to ambulance arrival. "The responders will work in pairs on call and the beauty of it is that people can work and carry life on as normal when on call unless their pager decive is activated by Ambulance Control" said Damien. "The four types of calls we will attend will be Cardiac Arrest , Heart Attack, stroke and choking and these will be the only calls we will be attending", he added. The group has received great support from local councillors and the Mayor of the Killarney Municipl District Area John Joe Culloty and nationally from Michael Healy Rae, TD.

The public meeting will take place in the KDYS on Friday 27th February at 8pm in the KDYS.

ANOTHER AWARD FOR FAMILY OWNED KILLARNEY HOTEL



THE LAKE HOTEL.

The Lake Hotel are celebrating another award having just been voted No 7 in the Tripadvisor Top 25 hotels for Romance – Ireland, list. The hotel also appears at No 14 in the overall list of Top 25 hotels in Ireland.

The win coincides nicely with the hotels re-

opening for the 2015 season on Thursday 5th February. This independent recognition is awarded to the top 1% of all hotels on TripAdvisor, based on reviews and opinions from millions of travellers worldwide.

Mr Tony Huggard, Managing Director at The Lake Hotel said "It is a great boost to us all here to be recognised by the global travel community of Tripadvisor as one of Irelands most romantic hotels and in the Top 25 also. We are delighted to receive these awards especially as we reopen for the season on the 5th February, it will help to remind people about unique setting of The Lake Hotel. I think my aunt, Hilda Huggard, would have been proud. As she purchased the hotel 75 years ago this year, during 2015 we will be celebrating 75 years of Huggard ownership at The Lake Hotel.

BIG WIN FOR WILD ATLANTIC WAY

The Wild Atlantic Way, Ireland's first longdistance touring route, was this week awarded a National Impact Award.

Last year Fáilte Ireland invested €10 million rolling out the route which stretches from the Inishowen Peninsula in Donegal to Kinsale in County Cork and already the new attraction is garnering significant interest overseas. This year, the national tourism authority will be developing the attraction further and ensuring that it is heavily promoted to key overseas markets. The awards were presented at the 2015 Community and Council Awards, hosted by the Local Authority Members Association (LAMA) at a ceremony in the Crowne Plaza Hotel, Santry, Dublin.

The National Impact Award recognises a project which has had a positive effect upon the nation as a whole, enhancing the environment, cultural or social activities, transport links or the economic stability or growth of the local and national communities who use it.

BIDDY BALL DANCE

The Tahilla Ladies club are hosting their annual Biddy Ball dance in Sneem Hotel, tomorrow night, Saturday 31st January at 9.30p.m.

With music by the Threshing Mill Boys, a great night is expected. Biddy Dress is optional and there will be a raffle and finger food with a \in 10 ticket charge at the door.

SNEEM WALKING MARATHON

The Sneem Walking Marathon will take place this year on February 21st 2015. Covering 26.2 miles there will also be two shorter options of 10 miles and 5 miles. Supporting the SouthWest Counselling Centre, Killarney, the registration fee is ≤ 25 for the 26.2 mile walk and ≤ 10 for each of the other walks.

Refreshments will be provided and forms are available at the SouthWest Counselling Centre, Killarney.

For further information ring 087-1602240 or log onto

www.facebook.com/sneemmarathon

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OUTLOOK MAGAZINES COMPETITION WINNERS PREPARE FOR THEIR SHOPPING TRIPS

The two winners of the Outlook Magazines "Win your first holy Communion Competition" are getting ready for a very important shopping trip over the next few weeks.

Jessie May O'Connor from Cahernane Meadows, Killarney has won her dress and accessories from Lynes of Killarney, her shoes from Costello Footwear, Castleisland, her hairstyle at Sean Taaffe, a family meal at The Gleneagle Hotel, professional photographs on the day and a photobook to keep all the memories in.

The winning boy was Ashton O'Meara from Faha, Killarney who won his suit from Divas & Dudes in Castleisland, his shoes from Costello Footwear, Castleisland, his hair cut at Julie's Barbershop, a family meal at The Meadowlands Hotel, professional photographs on the day and a photobook to keep all the memories in.



Read Jessie May and Ashton's entries below.....

Hello, My name is Jessie May O'Connor. I am 7 years old and making my First Holy Communion in May at the

Church of the Ressurection with St Olivers N.S. My First Holy Communion is special because I will be receiving the Body of Christ for the very first time.

My mom, dad and four brothers and four sisters and nephew will be there. And my dad says it will be extra special because I'm his last little princess to be making there communion so I'm bursting with excitement and can't wait.

I will love my

Holy Communion

because I get

to spend a day

with my family.

I can go to a

have food. I will

have a good time.

It is my first time

going. I am very

excited. I never

went to a Holy

and

restaurant

What my Holy Communion means to me. By Ashton O'Meara.



ASHTON O'MEARA PICTURED WITH HIS TEACHER KATHLEEN MCAULIFFE.

Communion.

I am wondering what it will be' like. My family will be there too.

KILLARNEY MUSICAL SOCIETY NEWS

Its all systems go at the Killarney Musical Society with rehearsals taking place three times a week. Things are really beginning to shape up for our forthcoming production of Ghost The Musical, an Irish Premiere, due to be staged on March 11th, 12th and 13th next at the INEC. We were delighted to see Killarney Musical Society featuring on Kerry County Matters programme on SKY 191 last week and thank Producer Brian Hurley for his time and effort in the making of this programme, 30 years is a fantastic achievement for any voluntary group and we hope to be around for at least another 30. Our Kerry School Choir Showcase is getting the 'finishing touches' this week and we look forward to this night on February 12th, 2015 at the Malton Hotel. Tickets for this event are available from the participating schools and are also available on the night - more information next week regarding same. Over the coming weeks committee members will once again be calling on our ever faithful Patrons for patronage and to all those that have already submitted same. Many Thanks.

That's all for this week folks. We'll keep ye posted..... Now time to go rehearsing.....

Killarney Musical Society want to give special mention to our fellow thespians, namely all those taking part in Panto season at the moment, and especially to our members Michelle O'Callaghan playing the part of Little Red Riding Hood with Rathmore Pantomime Group and Jack Healy playing the part of Jack, in Jack and the Beanstalk with Killorglin Pantomime Group. Continued success to these two institutions of Panto in Kerry.

ITS STRICTLY ABOUT THE MONEY



While dancers are putting the finishing touches to their costumes and fine tuning their dancing skills, ticket sales for Strictly Come Dancing are heading towards the 2000 mark.

What started as a small fundraising event has snowballed into a massive fundraiser for the Irish Cancer Society with all funds raised on the night staying local. The Irish Cancer Society provides a valuable service in Kerry offering night nursing, funding the 1800 free phone line, free breast checks, financial aid, cancer research and care to drive all funded by the group.

All dancers taking part in the night have sponsorship cards - so if you can't make it on the night, any of the dancers will be happy to PICTURED AT THE LAURELS PUB WERE THE CAST OF STRICTLY COME DANCING RIGHT AFTER THEIR REHEARSALS DISPLAYING THEIR SPONSORSHIP POSTERS KINDLY DONATED BY THE KILLARNEY OUTLOOK. SOME TICKETS ARE STILL AVAILABLE AT THE INEC, VARIETY OF SOUNDS & WHO'S4SHOES. THE SHOW TAKES PLACE ON FRIDAY 13TH FEBRUARY AT THE INEC TO BENEFIT THE IRISH CANCER SOCIETY.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

take a donation for the Irish Cancer Society. Lisa O'Shea and Martha Healy-Walsh, graphic designers at Killarney Outlook have been busy this week designing posters for each of the dance couples and where every you see the poster you can make a donation.

Strictly Come Dancing takes place at the INEC on Friday 13th February at 7.30p.m.

(This Sunday Open 1pm -6pm) THE FEBRUARY Now On UpTo 50% Sofas - Beds - Mattresses - Mirrors Pictures - Desks - Chairs **Tables - Lamps** .ots Mon-Sat 10-6

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COMING DAY TRIPS

- Thursday 5th March Cork: Butter Museum, Shandon Bells & Farmer's Market €85pp
 Thursday 12th March Snippets of Kerry €85pp
 Saturday 14th & Saturday 21st March Ballymaloe Country House €85pp
 Thursday 19th March Cork: Dripsey, Cork City Gaol and The English Markets €85pp
 Saturday 28th March Cobh & Spike Island €95pp

For further information

Callaghan Coach Holidays 064-6631095 Email: info@ocallaghancoachholidays.ie Website www.ocallaghancoachholidays.le



Killarney Outlook

NEWS DESK

KILLARNEY LADIES ARE LOSING IT !!

As we near the end of January, our new years resolutions can be even harder to keep but the Ladies at Killarney Toning and Beauty Studio have been working hard on their figures to shed those unwanted inches since October. The Studio runs it's Weight/ Inch loss competition annually. With weekly weigh- ins and all measurements recorded the girls do as much as possible to keep their members on their toes and ensure the dedication and motivation continue. As ever, they encourage all their existing members as well as newcomers to take part.

"We feel that looking and feeling your best leading up to the Christmas season encourages you to stick to your exercise and fitness regime as you face into the New Year" said Jill at the Toning Studios. This year, the overall competition winner was Carmel Kennedy, who not only achieved impressive inch loss but also achieved significant weight loss and increased her overall fitness level. To reward Carmel for her hard work and determination she will receive a range of prizes from the Toning Studio such as a Universal Contour Wrap, Toning Table course and a Make Up Application by Artdeco.

Other prize winners this year include, Gobnait O'Mahony, Berniece O'Callaghan and Kathleen Morris, all of whom impressed us with their level of determination and motivation and who's hard work was rewarded with slimmer trimmer



Pictured at Killarney Toning and Beauty Studios, the 'Over All Weight Loss Competition' winner Carmel Kennedy. L-R Louise Quilligan, Sandra Horan, Carmel Kennedy & Owner Jill Duggan. Picture Marie Carroll-O'Sullivan 087 391 4808

figures and a new found level of fitness.

Anyone who wishes to achieve inch loss, increased level of fitness, flexibillity and mobility can call Killarney Toning Stuido to book in for a FREE one to one Toning Table Trial. You will see for yourself how exercise can be made easy while still reaping the rewards of Inch Loss! Now is a better time than any to join the Toning Tables - As of Saturday January 31st - for a limited time only!! - For every course of Toning Tables purchased, we will give you an extra course FREE!! YES 10 FREE SESSIONS This offer is open to existing members as well as any newcomers who wish to avail of this amazing deal!

Call today on 064 6632966.

CARERS TREATED AT COMMUNITY NIGHT OUT



Carers in Killarney were treated to a evening of relaxation and talks at the Serenity Centre on St. Anne's Road on Monday.

Organised by Heartbeat and the Carers association the group were pampered with a range of relaxing therapies including neck and hand massage and informative talks from experts working in the community.

The event was a great success and the organisers would like to thank everyone who was involved and who attended.

PICTURED AT SERENITY HOUSE AT THE HEART BEAT KILLARNEY, SUPPORT GROUP FOR HEART PATIENTS & CARERS GROUP WERE L-R EILEEN O'DONOVAN (RECOVERY HAVEN TRALEE), KAREN GEARON (CARERS ASSOCIATION), BILLY O'SULLIVAN (HEART BEAT), SEOSAIMHÍN O'HALLORAN (HSE), MARY HANNON (HEART BEAT) & JOANNE MURPHY (HSE DIETICIAN). PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT SERENITY HOUSE AT THE HEART BEAT KILLARNEY, SUPPORT GROUP FOR HEART PATIENTS & CARERS GROUP WERE L-R SHEILA MCGILLYCUDDY (NURSE MANAGER AT HOLY CROSS DAY CENTRE), LISA TANGNEY (COMMUNITY PHYSIOTHERAPIST) AND CATHERINE LYNE (COMMUNITY PHYSIOTHERAPIST).

PICTURE MARIE CARROLL-O'SULLIVAN



PICTURED AT SERENITY HOUSE AT THE HEART BEAT KILLARNEY, SUPPORT GROUP FOR HEART PATIENTS & CARERS GROUP WERE L-R MARY MCCARTHY, MARY DOYLE, KATHLEEN MCCARTHY & OLIVE O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN

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NEWS DESK

KILLARNEY GOLF CLUB TO SUPPORT BROSNAN FAMILY



THE BROSNAN FAMILY FROM KILLARNEY, FROM LEFT, MARGUERITE, GERARD AND KAREN WHO ARE RECOVERING AFTER A CAR ACCIDENT IN PERTH AUSTRALIA. PICTURE BY DON MACMONAGLE.

Killarney Golf and Fishing Club are hosting an open fundraiser (4 person team) on the 21st & 22nd February 2015 in support of club member Ger Brosnan and family. Ger, his wife Marguerite, daughter Karen and members of the extended family were involved in a serious road traffic accident in Perth, Australia on the 4th January last and will remain in Australia for some time for ongoing medical treatment. All proceeds from the club's event will be sent in trust to the Brosnan family to help defray ongoing associated costs. Men's Teams of 4 €120.00 (Open to all G.U.I. registered players) on Killeen

Timesheet on Saturday 21st February from 10.00 a.m. - 1.30 p.m.

Timesheet on Sunday 22nd February from 8.00 a.m - 1.30 p.m.

Ladies Teams of 4 €100.00 (Open to all I.L.G.U. registered players) on Mahony's Point

Timesheet on Sunday 22nd February from 08.00 a.m. - 1.30 p.m.

Telephone Killarney Golf & Fishing Club for bookings on 064 6631034

The Club will also host a table quiz on Sunday 22nd February commencing at 7.30 p.m. at the Clubhouse and all are welcome. Tables of four cost $\in 60.00$ and a great night is guaranteed. Donations may be also be made directly to the Brosnan Family Fund at Bank Of Ireland:

 IBAN:
 IE22BOFI905758

 Account No.
 86411555

FREE TRAINING FOR JOB SEEKERS

South West Gnó Skillnet in conjunction with The Institute of Technology Tralee is to deliver Free Training for Job Seekers in Bar & Restaurant Services in response to industry demand and following on from a highly successful 2014 programme.

The course will be delivered in Tralee and will commence on the 23rd February.

It is free of charge to Job seekers and applications should be submitted no later than Thursday 12th February and they will be dealt on a first come first serve basis.

Following on from the very successful 2014 programme and from further consultation with local hospitality industry representatives, this innovative and very relevant programme has been designed to give job seekers the real skills necessary to gain employment in the hospitality sector. The programme has been further developed to provide a recognisable and professional qualification along with the practical skills set that employers are looking for; this programme aims to support applicants in finding meaningful work in the hospitality and catering sector. In fact, most participants on the 2014 programme were offered employment.

The Programme will incorporate 12 lecture days over 8 weeks at the Institute of Technology Tralee and a work placement will be provided in a selected Hotel in Tralee/Killarney area.

Such was the success of the 2014 programme, a number of Hotels in the Kerry area have already expressed keen interest in facilitating work placements and South West Gnó Skillnet would like to invite other hotels to join the programme. For more information contact: Dónal Mac an tSíthigh or Oonagh McGregor on Tel: 064 6636622.

Please apply for applications to: info@ southwestgno.com or visit www.southwestgno.com .



DR CROKES HONOUR THEIR YOUNG STARS



Pictured are Club Chairman Denis Coleman, Kerry Minor 2014 star and current Kerry U21 player, Michael Burns, Kerry Senior Ladies player, Amanda Brosnan, along with the captains/ players of the year, of the various juvenile teams which tasted success in 2014. Front Row: Michael Burns, Jessica Galvin, Denis Coleman, David Naughton & Amanda Brosnan. Back Row: Kate Stack, Niall Daly, Julie Delaney, Gerard Cronin & Christine Cooper.

Dr. Crokes GAA Club held their juvenile presentation night this week with East Kerry and County League medals presented to Girls Under

15 and boys Under 14 and 16. Mementos of the playing year were also presented to all underage girls teams.

Get your weekend off to a bright start with the KILLARNEY Outlook First every FRIDAY MORNING with the best Advertising, News, Sport & Community News



PROPERTY OUTLOOK



THROUGH THE KEYHOLE.... A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



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PROPERTY OUTLOOK

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NEWS DESK

INTERNATIONAL SOCCER FOR CELTIC PARK

International underage football returned to Celtic Park last Friday night as the Irish U15s played their Scottish counterparts. The game finished up as a victory for Scotland on a 3-1 scoreline, but it's fair to say that Killarney Celtic were even bigger winners as hosts to a fantastic occasion.

The club would like to send out a huge thank you to all the many volunteers who did absolutely trojan work – special mention has to go to Batt O'Sullivan, to the Town Council, Gardai, medical support and ambulance staff (thankfully not needed on the night but always ready), the local residents, and the tremendous help and support from the neighbouring sports clubs, and the FAI.



Pictured at their home ground, Killarney Celtic's 'Football for All' supporting Ireland U15's against Scotland. Picture Marie Carroll-O'Sullivan 087 391 4808



Pictured at Killarney Celtics homeground for the U15 Ireland V Scotland game were L-R Jack Aherne, Darragh O'Connell and Aaron Dinham. Picture Marie Carroll-O'Sullivan 087 391 4808



PICTURED AT KILLARNEY CELTICS HOMEGROUND FOR THE U15 IRELAND V SCOTLAND GAME WERE L-R BISHOP RAY BROWNE, KEITH SUTER, DARRAGH DENNEHY & ROBIN SUTER. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT KILLARNEY CELTICS HOMEGROUND FOR THE U15 IRELAND V SCOTLAND GAME WERE THE BURKES L-R LEAH, PAUL & LAUREN.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

ALL-IRELAND SENIOR INTER-FIRM SEMI FINAL



The Liebherr team who played Portlaoise Prison Officers in the Semi Final of the Inter firm Championship. Picture Marie Carroll-O'Sullivan 087 391 4808

Liebherr Container Cranes football team overcame St. Peter's Prison Officer's of Laois in Saturday's All-Ireland Senior Inter firm Semi-Final in an impressive performance which was played in fine conditions at Lewis Road, Killarney. Liebherr led at the break 0-8 to 0-2. Liebherr scored an impressive 2-11 in the second half to give last year's All-Ireland Junior Inter-firm champions the chance to make it back to back All-Ireland titles. The All-Ireland Final will be played in Killarney. (Date & venue to be confirmed).

LIEBHERR 2-19 St. Peter's Prison Officer's 2-5 LIEBHERR TEAM: Colin Myers (Fossa), Danny Wrenn (Listry)(1-0), Mike Moloney (Dr. Crokes), Darragh Twomey (Cullen), Aj O'Connor (Kiskeam), Padraig O'Connor (Gneeveguilla), Luke Quinn (Capt) (Dr.Crokes) (0-1), Kevin Gorman (Kilcummin)(0-1), Mike O'Sullivan (Legion), Micheal Shaughnessy (Cromane)(0-2(F)),Eoin Lawlor (Rathmore) (1(P)-3), Martin Burke (Keel)(0-2), Morgan O'Donoghue (Sneem/Derrynane) (0-1), Daniel O'Shea (Currow)(0-6(3F)), Donal Murphy(Gneevguilla).

Replacements: Patrick Cronin (0-2)(Spa), Gavin Kelly (0-1)(Glenflesk), Kevin Courtney (Listry), Denis O'Neill (Templenoe), Daniel O'Connor(Kiskeam), Adrian Lynch(Cullen).



Pictured at Dr Crokes pitch for the inter firm football semi final, Liebherr V Portlaoise Prison Officers were L-R Shane, Denis & Clodagh Doolan. Picture Marie Carroll-O'Sullivan 087 391 4808

MONEY MATTERS

By Dermot Cronin, Financial Advisor



75% OF ADULTS HAVE A DEPOSIT ACCOUNT BUT MAJORITY DON'T KNOW 41% TAX IS PAYABLE ON INTEREST EARNED.

Two out of three people say deposit returns are bad value: A recent survey of more than 1,000 people reveals that three quarters of adults (75%) have a deposit account but over six out of ten adults (61%) don't know what rate of deposit interest retention tax (DIRT) is payable on the interest earned. Two thirds think current deposit rates are bad value for money. This is especially true for those aged 65+, of whom eighty eight percent consider deposit rates to be poor value.

INVESTMENT RETURNS VS DEPOSITS LAST FIVE YEARS: People who kept long term funds on deposit for the last few years may be unhappy to

know that the average Managed fund returning 12% per annum over five years.

Tax on deposit interest earned can be up to almost half because DIRT of 41% is payable as is 4% PRSI for certain savers. Many depositors are now earning as little as 1% or roughly half that after taxes. The average Irish person has €20,500 on deposit. Almost 1/5 Irish adults (17%) has between €10,000 and €50,000 on deposit. If you have money on deposit or invested it is important that you speak to a financial advisor who can make you aware of all the different options that are available to you today.

For more information or to make an appointment to discuss the above contact Dermot Cronin APA, at 064 6622775 or 087 2893649.



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PICTURE PARADE



LEUKAEMIA WALK RAISES VITAL FUNDS

The O'Connor Family & Friends pictured at the Killarney Heights Hotel presenting a cheque for \leq 3,880.00 to Imelda Reynolds (Chairperson of Friends of Leukaemia, Cork) resulting the 9th Annual 10K Walk which takes place each year on St. Stephens Day and has to date raised over \leq 50,000.

BACK ROW : (L-R) JOHN REYNOLDS, DEBBIE O''SULLIVAN, RITA O'BRIEN, CON GODFREY, MARY TANGNEY & MARGUERITE CASEY. MIDDLE ROW : (L-R) CATRIONA O'DONOGHUE, KITTY O'CONNOR, TRIONA O'CONNOR, IMELDA REYNOLDS & MARION O'CONNOR. FRONT ROW : (L-R) NAOISHE O'DONOGHUE & RUAIRÍ O'SULLIVAN.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE IFA 60TH ANNIVERSARY DINNER IN BALLYGARRY HOUSE HOTEL, TRALEE ON FRIDAY NIGHT, L-R: NED AND BRIDIE O'MAHONY, KATHLEEN AND DAN MORRIS. PIC JOE HANLEY.



DAVID CELEBRATES HIS 30TH IN STYLE. DAVID KENNEDY, (THIRD LEFT), BALLYMALIS, LISTRY PICTURED WITH HIS FAMILY AT HIS 30TH BIRTHDAY PARTY IN FAHA COURT ON SATURDAY NIGHT LAST. FROM LEFT: EMMET, MAURA, DAVID, TARA, MIKE AND SHANNON.



WITH THE MINOR CUP AT THE KERRY SUPPORTERS CLUB ANNUAL DINNER IN BALLYGARRY HOUSE HOTEL & SPA, TRALEE ON SATURDAY NIGHT, L-R: JOHN AND ROSEARIE O'LEARY (KILLARNEY), RITA AND PAUDIE DINEEN, BETTY AND DENIS O'CONNOR (ABBEYDORNEY). PIC JOE HANLEY.



KILLARNEY ATHLETIC CAPTAIN SEAN O'NEILL, PICTURED WITH THE BONAGEE CAPTAIN AND MIKE SULLIVAN, LINESMAN, OWEN MOYNIHAN REFEREE AND PADDY OSBORNE LINESMAN. ATHLETIC WHO WERE IN THE LAST 32 OF THE NATIONAL CUP BUT UNFORTUNATELY LOST TO BONAGEE FROM CO. DONEGAL ON A SCORE LINE OF 4 - 0.

If you have a picture you would like to publish. Email to: editorial@outlookmags.com



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NEWS DESK

KILLARNEY SET FOR MASSIVE TV COVERAGE THIS WEEKEND

Killarney Adventure Race is set to hit our TV screens this weekend with an exciting 30 minute television programme featuring highlights of this year's Helly Hansen Killarney Adventure Race. The programme will showcase the stunning scenery of the lakes and mountains in Killarney National Park to millions of people all over the world. Spokesperson from Killarney based organisers Elite Event Management, Oliver Kirwan said'This is the only mass participation sporting event in Ireland to be broadcast on Sky Sports, Euro Sport, Fox Sports and Chanel 4 to a worldwide audience. We are proud that this event highlights the region in such a positive way'

Now the biggest event of its kind in the world, the event saw 2,500 adventure enthusiasts run, kayak and cycle through some of the most spectacular terrains in the world. This fantastic adrenaline packed TV programme will be 1st aired this Saturday the 31st of January on Channel 4 at 7.00am.

Production of the programme was supported by Tourism Ireland, Failte Ireland, Kerry County Council and Killarney Chamber of Tourism and Commerce tourism. 'Adventure tourism is a vital part of the offering we have in Kerry and the exposure will once again ensure that Killarney will be Irelands premier adventure



LIGHTS CAMERA.. ACTION.. THE HUGELY SUCCESSFUL KILLARNEY ADVENTURE RACE IS DELIGHTED TO ANNOUNCE THE LAUNCH OF AN EXCITING 30 MINUTE TELEVISION PROGRAMME OF THIS YEAR'S HELLY HANSEN KILLARNEY ADVENTURE RACE. AT THE LAUNCH WERE, KATE O'LEARY, PRESIDENT, KILLARNEY CHAMBER OF TOURISM AND COMMERCE, JOAN MCCARTHY, HEAD OF TOURISM DEVELOPMENT KERRY COUNTY COUNCIL, OLIVER KIRWAN, DIRECTOR, ELITE MANAGEMENT, DECLAN MURPHY, FAILTE IRELAND AND NIALL FOLEY, KTOWN MEDIA. PHOTO:VALERIE O'SULLIVAN.

tourism destination. The media coverage of this event is an invaluable promotional tool for adventure tourism in Kerry' said Head of Tourism Development Kerry County Council Joan McCarthy

The programme will also be broadcast on

Setanta Sports, ESPN, TG4, Sky Sports, Fox Sports, and TV3 at later dates in 2015. Make sure to tune in or record the show on Saturday morning to see Killarney at its best in glorious October sunshine.

PAUL SNAPS TOP SHOTS IN LOCAL CAMERA CLUB COMPETITION



Killarney snapper Paul Garnett has come first and second in Killarney Camera Club's first competition of the new year. This time it was a monochrome competition and the club had a fantastic 42 entries competing for the top spots. There were a wide variety of subjects and styles with Paul making it a 1, 2 in the unrestricted category with images entitled A wise Sikh and Misty Morning followed in third place by Rough Seas by Chris Slattery.

Sean Brennan topped the novice category with The Ploughman followed by Jennifer Walsh in

2nd and 3rd place with images entitled Abbey Cloisters and Old Book.

Killarney Camera Club are always open to new membership, if you'd like more information you can checkout their website www. killarneycameraclub.ie or like them on www. facebook.com/killarneycameraclub, or send an email at secretary@killarneycameraclub.ie.

They meet up every second Thursday in the Heights Hotel Killarney.

A WISE SIKH. PHOTO: PAUL GARNETT.

#LOVEKILLARNEY NOMINATED FOR PRESTIGIOUS AWARD

Destination Killarney and their concept #lovekillarney have been nominated for an award in next month's Digital Media Awards. Their hugely successful concept #lovekillarney has been nominated in the Best in Travel and Toursim category. The concept is the brainchild of Destination Killarney Digital Marketing Executive and Killarney native Noretta Brosnan and allows visitors and locals to simply take a picture or write a post about Killarney, tag it with #lovekillarney, then upload it to social media. This simple action allows the pictures and posts to be shared online and viewed right around the world. The use of this hashtag will group the information together in one massive online news feed which can act as a pocket guide to Killarney.

"The aim of #lovekillarney is to inspire people to travel to Killarney and for the locals to promote the beautiful location they are so proud of.



We're so happy to share the nomination with the people who've shared their images and give them credit for their amazing shots."

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NEWS DESK

RATHMORE GAA CELEBRATE A GREAT YEAR

Rathmore GAA Club came together on Friday night last for a Victory Banquet to celebrate what has been a fantastic year for the club.

On the night the Under 21 team received their East Kerry Championship medals while local parish priest, Fr. Pat O'Donnell was on hand to present momentos to Kerry minor goalkeeper Shane Ryan and Senior players Aidan O'Mahony and Paul Murphy.

Another recipient on the night was Brendan Cremin who received the Club Merit Award. The event was held at the Avenue Hotel in Killarney and enjoyed by all.



RATHMORE U21 TEAM THAT RECEIVED THEIR EAST KERRY CHAMPIONSHIP MEDALS AT THE RATHMORE VICTORY BANQUET HELD IN THE KILLARNEY AVENUE HOTEL ON LAST FRIDAY.



Fr Pat O'Donnell makes a presentation to Kerry Minor Goalkeeper Shane Ryan.



FR PAT MAKES A PRESENTATION TO KERRY SENIORS AIDAN O'MAHONY AND PAUL MURPHY.



CHAIRMAN DONAL MURPHY, CLUB MERIT WINNER BRENDAN CREMIN ALONG WITH CLUB STALWART MAURICE J. O'CONNOR

KERRY SUPPORTERS CELEBRATE MEMORABLE 2014

KERRY O'SHEA REPORTS ON THE KERRY SUPPORTERS CLUB SOCIAL



EAMONN FITZMAURICE (MANAGER OF THE KERRY FOOTBALL SENIOR TEAM) AND KIERAN O'LEARY (CAPT KERRY SENIOR FOOTBALL TEAM 2014) MET UP AFTER THEY WERE PRESENTED WITH THE KERRY GAA SUPPORTERS CLUB ALL STAR AWARD AT THE KERRY GAA SUPPORTERS CLUB 25TH ANNUAL SOCIAL ON SATURDAY NIGHT IN BALLYGARRY HOUSE HOTEL & SPA, TRALEE. PIC JOE HANLEY.

An air of anticipation and excitement filled the air at the Ballygarry House Hotel last Saturday

evening as Kerry Supporters Club members arrived for their Annual Social and get together. The venue for the gala occasion was the newly revamped Ballroom at Ballygarry House Hotel, which has just undergone its own 'Operation Transformation'.

An old friend and regular at the Social, the Sam Maguire Cup, the sixth occasion at which the GAA's main trophy had pride of place, while another welcome visitor, the Tom Markham Cup was present for the first time.

Kerry Supporters club Chairperson Donie O'Leary was thrilled to have the national trophies present at a Kerry Supporters Club Social for the first time.

Guests of honour at the function were Kerry Senior manager Eamonn Fitzmaurice, Kerry Minor Manager Jack O'Connor, All-Ireland Minor Hurling B Manager Ian Brick, County Board Chairman Patrick O'Sullivan and his wife Frances, County Board PRO John O'Leary and his wife Rose, Assistant County Treasurer Paudie Dineen and Hurling Officer Ger McCarthy. Kieran O'Leary, outgoing captain of the Kerry Senior team, Liam Kearney, captain of the Minor team, and Fionn Mackessy, captain of the All-Ireland Minor B Hurling team were also among the distinguished guests as were representatives of the Kerry Supporters Club in Dublin, and Kerry Associations in Cork and Newry.



LIAM KEARNEY (CAPT OF THE KERRY MINOR FOOTBALL TEAM) WHO WAS PRESENTED WITH KERRY SUPPORTERS CLUB ALL STAR TROPHY FROM DONIE O'LEARY (CHAIRMAN) AT THE KERRY GAA SUPPORTERS CLUB 25TH ANNUAL SOCIAL, IN BALLYGARRY HOUSE HOTEL, TRALEE,ON SATURDAY NIGHT. PIC JOE HANLEY.







NEWS DESK

WILD WEST RUN IN KENMARE SET TO BE BIGGEST YET

The 5th edition of the Wild West Run in Kenmare on Saturday, February 28th (11am start) is set to be the biggest yet.

Places are filling up fast towards the 250 limit with runners drawn by this demanding halfmarathon challenge amid the grandeur of the Kerry Way.

Organised by Kenmare AC in association with leading running shop Pure Running, the start and finish is in Kenmare and the course presents one of the most challenging uphill starts on the running calendar on an out-andback route on the Kerry Way cutting through the mountains to the turnaround at GalwayS Bridge - retracing the steps and dropping back down into the town.

Race Director Seán McKeown says: "We think there's something for everyone in that route mixing as it does tarmac and trail and appealing to both runners and walkers.

"There's a branded Mizuno technical T-shirt, High 5 energy gels for all who enter and over €1500 in prizes for the top three men and women. There's also lots of spot prizes and special rates from our accommodation partner Kenmare Bay Hotel, Resort and Spa," he says. Much needed funds from the race will be going to the 'So They Can' charity working with communities in Africa, as well as Our Ladies

Hospital for Sick Children, Crumlin. The first three editions of the race were dominated by Riocht AC's James Doran; but last year it was Farranfane Maine Valley's George McCarthy who took the honours.

You can sign up at www.Runireland.com. Entry cost is \in 35(\in 40 after February 1). Registration on the day will be at the Supervalu Shopping Centre in Kenmare near the start.



THE WILD WEST RUN WILL TAKE PLACE ON FEBRUARY 28TH

KILLARNEY RUGBY NEWS



KILLARNEY RUGBY U14 SQUAD.

Club Draw – a fundraising draw for Ireland V England tickets is under way and all members are asked to promote the raffle tickets on sale now for \in 5 each of a book of three for \in 10. All proceeds towards the running of the Club and Development Funds. Tickets are available from: all mini coaches via Tom Campbell; Dominic Kiely U14s; Feargal Courtney U16s and the remainder through Paul Sheahan U18s and Ger Moynihan & Luke O'Sullivan (Senior XV), and any committee member. Co-ordinator is Mike Fuller 087 6489628, mfuller@fexco.com.

U14S – KILLARNEY 24 KILLORGLIN 23 – in a thrilling

encounter coaches Dominic Kiely and Richard Carey managed their stalwarts to a tee when they gave everyone a good run out against a very tough and plucky Killorglin side. Going down 2 tries and a penalty goal to nil to some fine running rugby by Killorglin the home side looked in grave danger of being hammered. Richard Wallace started the resurgence with a fine first half try. Killarney made a few changes at half time and Sean Murphy scored twice to bring the two sides on parity. Killorglin took the lead and then at the death Conor Sheahan scored a real class try. Cian Murphy capped a fine kicking display too with a conversion and Sean converted another. The home side got home by the narrowest margin. A fine sporting game thrilled the parents on the sideline.

MINIS SECTION: All ages will travel to Kenmare RFC this Saturday for their round of

the West Munster Mini blitzes. K.O is at 11am. Bus will depart from High Street Car Park at 9.30am sharp \in 5 per child. Please ensure your child has their club colours / boots and their gumshield. Queries 087/2657994.

U16s: Are hosting mighty Garryowen Saturday morning at 12pm in the Pan-Munster Cup at Dirreen off the bypass and it would be great if we could all support this huge challenge.

U18s: The combined South Kerry squad of Killorglin-Killarney travel away to Cobh Pirates in Cobh on Saturday for a 13:00hrs kick off.

Sunday sees 1st February and big challenge to our Senior XV with a Junior Cup first round draw at home to Richmond of Limerick. Please note the earlier kick off time of 2:00pm set for this match. Your support for this encounter would be greatly appreciated.

This Friday night at 7:45pm Musgrave park in Cork re-opens after refurbishment to host Ireland Wolfhounds v England Saxons in their Championship opener. The old venue's new look is sure to draw a big crowd.

GIRL GUIDES CAKE SALE

Killarney District Ladybirds, Brownies & Guides are having Cake Sale on Saturday 31st January from 12.00 to 6.00 pm at No 66 High Street (next to Dealz).

A great chance to buy some goodies for the weekend and support the girls.

Make your Business

TK MAXX FOR KILLARNEY?

Clothing giant TK Maxx are yet to confirm that they are to open a store on Main Street in the old MD O'Shea's premises.

It has been reported that negotiations are underway with a possibility of the shop opening in the Summer.

GAELSCOIL FAITHLEANN TO EXPAND

Staff and students at Gaelscoil Faithleann are welcoming the news that they have been granted a four classroom expansion.

The classroom will be located at the rear of the school and it is hoped that work will commence in the coming months.

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RATHMORE / GNEEVEGUILLA NEWS By Michael O'Mahony

RATHMORE RAVENS BASKETBALL CLUB:

NEW YEAR PUB QUIZ: Friday January 30th at 8:30pm Venue: Cahill's Bar, Rathmore Table of 4 , €40. Great Spot Prizes - All Welcome.

SLIABH LUACHRA RETIREMENT GROUP: Meet every Friday morning in Tureencahill School Building at 11.00 am. New members always welcome.

PARISH NIGHT AT THE DOGS - SATURDAY OCTOBER 24TH 2015: Following the tremendous fundraising effort of 2008, many essential repairs were undertaken in the Churches of the Parish. At that time the main task was the repair of the roof in Rathmore Church with general repairs, carpeting and painting being done in the other Churches.

Over the last three years given the state of the economy, we have intentionally paired back our repair and maintenance budget while at the same time ensuring that essential repairs were carried out. However, given the state of the roof in Gneevequilla Church and the need to replace the heating system, we have no option but to undertake another Fundraiser in 2015. The outlay on this project will be guite substantial. As in the past we will use the funds raised not only for the benefit of Gneevequilla, but for all the Churches in the Parish. Our work programme is as follows: GNEEVEGUILLA CHURCH: Repair of roof and new heating system. SHRONE CHURCH: Painting of interior and replacement of sanctuary carpet. KNOCKNAGREE: Painting of interior and the provision of a storage shed. RATHMORE: Repairs to the Adoration Chapel. It is hoped that monies raised from this fundraising drive together with monies built up by the Development Fund will enable us to meet the full cost of this Repair and Maintenance Project. It is hoped also that as previously, this event will not only raise important funds but will equally prove a wonderful social night out.

ANNUAL BRIDGE BAR CHARITY WALK: Thank you everyone who supported Our annual walk at Christmas from Clonkeen to the Bridge bar in aid of Kerry Mountain Rescue and Peta House. Thanks to Sapphire sign for all the posters a special thanks to all our Bus drivers,

those that donated spot prizes and everyone that helped with Refreshments all done voluntary. Presentation of money at the Bridge Bar tonight Friday 30th January at 9pm.

SYMPATHY:To families and relatives and friends of Catherine (Kate) Donnelly (née Spillane) Mausrour, Gneeveguilla, Pat O'Mahony, The Oak, Ballydowney and late of Knockeenduff, Killarney, Catherine (Kate) Brosnan (née O'Connor) Tournanough, Gneeveguilla. Maureen Fitzgerald (née O'Connor) Holy Cross Gardens & late of Knockeragh and Kilbrean, Killarney. Anne Moynihan, (née Mc Carthy) Tournanough, and Gullane Gneeveguilla,

whose deaths occurred recently. May they rest in peace.

MARIAN PLAYERS RATHMORE: Present their 28th Annual Pantomime. Little Red Ridinghood continue in The Community Centre Rathmore on 31st January at 7:30pm and Matinees on the Sunday 1st February at 3.00pm. Both shows are sold out check with booking office for cancellations. All proceeds to Kerry Parents & Friends Associated.

KNOCKNAGREE COMMUNITY CENTRE: See Musical Movers on Facebook or contact 087 1246163 for more info. No need to book! \in 5 adult + child / \in 2 per extra child and refreshments are included! Come along and have some fun!

5K FUN RUN KNOCKNAGREE N.S. PARENTS

COUNCIL: In association with Gneeveguilla Athletic Club are holding a 5K Road Race: Run, Jog, Walk, Family Fun Run in Knocknagree on Sunday 8th March, 2015 at 1:00pm. Registration from 11:00am in Knocknagree Hall. Electronically timed. Entry Fee Adults \in 10.00, Children \in 5.00 or \in 20.00 per Family. Refreshments, Prize giving and a Raffle taking place in the Hall afterwards. All Welcome. Please Support.

GNEEVEGUILLA GAA SOCIAL: Is on February 28th in the Castle Heights Killarney. Music on the night by Stephen Falvey. Tickets available from Dave McAuliffe.

RATHMORE LADIES FOOTBALL: Presentation night of medals to under 12 girls winning team will take place on Friday 06/02/15 at 8pm in Rathbeg club rooms followed by AGM and registration for all players for 2015. Senior training will commence on next Friday 30/01/15 at 9pm in Astroturf, new players welcome

RATHMORE GAA CLUB LOTTO RESULT:

No jackpot winner Lotto jackpot next week €6,800.

LUCK DIP WINNERS: €40 O'Keeffes XL Gift Voucher - Carol, Eileen and Eileen C\O S.A.G. €40 - John Cronin, Lisnagrave, Headford.

€40 - Tom Joe C\O Karen O'Mahony.

€40 - Aileen Cronin, Mounthorgan, Rathmore. €40 - Timothy A. Moriarty, Muckross, Killarney. **RESULTS: EAST KERRY CHAMPIONSHIP**

(U21 FOOTBALL) RATHMORE 2-08 LEGION 1-09

FIXTURES: East Kerry Championship Qtr-Final (U21 Football) Rathmore V Dr Crokes Venue: Rathbeg. Date: Sunday 1 Feb 2015

Time: 12:00. AGM NOTICE: The Annual General Meeting of

Rathmore GAA will reconvene on Friday 30th January at 8:00 in the Club Rooms, Rathbeg. All club members are welcome to attend.

ANNUAL SOCIAL: Congratulations to Mark Reen who picked up the player of the year at this year's social and to Brendan Cremin who was received the Club Merit award at the annual social held in the Killarney Avenue Hotel last Friday night.

KEEP UP TO DATE: Remember you can get all the latest news, fixtures and results from Rathmore GAA via facebook.com/rathmoregaa or Twitter @rathmoregaa. You can see pictures from our matches on flickr.com

LOCAL HERO IN THE COMMUNITY: RTE The Today Show wants to celebrate the Local Hero in your community. This could be anyone from the life saving doctor to the jersey washer of the local GAA Club. It is important to honour the people who make the community a better place to live in. To nominate your local hero email louise.hynes@rte.ie or today@rte.ie and outline why you are nominating the person and please include all your contact details. RTE will be celebrating Your Local Hero from January 2015.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com or ring or text 087-6676817 before 6:00 on Sunday.





JAMES O'DONOGHUE SURROUNDED BY AUTOGRAPH HUNTERS AT THE KERRY GAA SUPPORTERS CLUB 25TH ANNUAL SOCIAL IN BALLYGARRY HOUSE HOTEL & SPA, TRALEE ON SATURDAY NIGHT, L-R: AMY CULLOTY, GRAINNE HOWARD, JAMES O'DONOGHUE, KATHY QUILLE AND CLAIRE CURLEY.

PIC JOE HANLEY.







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KILCUMMIN NEWS

SYMPATHY: Sympathy is extended to the family of the late Kate Brosnan, Tournonough, who died recently. May she rest in peace.

VACANCY: A vacancy for Secretary is currently available in the Kilcummin Rural Dev. C.E. Scheme. This position is a development opportunity and no experience is necessary. Accredited training will be provided to support your career. Please contact your local DSP Employment Services/Intreo Office to check your eligibility. To apply please forward your C.V. and PPS No for the attention of the supervisor to the Rural Dev. Office by post or email to info@kilcumminparish.com Further info contact John on 086-1579381.

GNEEVEGUILLA ATHLETIC CLUB:

Gneeveguilla Athletic Club once again run their Winter Series of road races every Saturday starting on January 31st and continuing on February 7th, 14th, 21st at 11am sharp from the Old Monastery, Port Road. Run 3 out of 4 races to claim a prize. The course is flat and is one of the best races in the South of Ireland.

KERRY COMMUNITY TRANSPORT LTD:

"You're Community Bus". Cost of travelling: €5 single or day return. Under 12's €2.50. Free Travel Pass accepted. Telephone Lo Call 18901 528 528 or 066-7147038 to book a seat on the bus. Website: www.kerrytransport.ie & also on Facebook.

SULT NA NÓG: Anyone interested in competing in Sult na nÓg singing, music or dancing competitions on 28th February/1st March, please contact Marguerite on 086 0810208. Final date for entries is February 5th.' **GOOD LUCK:** Good luck to all our members competing in the Ceol an Gheimhridh Final on Sunday 1st February in Hazelwood College, Limerick.

SINGING CLASSES: Singing Classes with Martina Ryle O'Sullivan continues every Thursday night in Kilcummin Rural Development Office. Contact Martina 087-2971213.

COMMUNITY GAMES: The boys U13 Indoor Soccer Competition will be held in Listowel at 10am on Sunday 15th February. Players must be aged over 10 and under 13 at 31st July 2014. Anyone interested in taking part please contact James Foley or any committee member before January 31st.

KILCUMMIN GAA CLUB NATIONAL DRAW:

Final week for Kilcummin GAA Club National Draw and Local draw prizes. This is the final week to purchase tickets of

€10. As outlined before Christmas Kilcummin GAA Club are again this year taking part in the National club Draw which was a great success last year thanks to the generosity and support of our loyal followers. This enabled the club to finalise the purchase of the field from St Brendans Trust which is now paid for in full and in the club's name. To date monies collected through various draws have been used to pay € 50,000 for the field and €75,000 for the trunking and machine work needed to bring it to an accessible level. Phase 2 now involves the draining, surfacing and fencing of the facility, with a view to putting a walking track encircling the field. The proceeds from this coming draw if successful will be used solely to enable the club to commence this work as well as avail of a grant allocation from the Dept of Tourism and Sport. We appreciate that there is a great need for this facility to be finalised this year so we are asking for your support in this draw, mindful of your patience and support to date. In addition to the prizes outlined below anyone who buys a ticket through Kilcummin GAA Club will be included in a Local Draw with a prize fund of €500.00. Tickets €10, Prizes as follows (1 and 2) Trip with 2015 All-Stars (2 persons), All-Ireland Football Final tickets, All Star banquet tickets, tour and airline tickets and accommodation). (3) Trip to New York (2 persons, Airline tickets and 3 nights accommodation). (4) Travel voucher to the value of €1,500. (5, 6 and 7) All Ireland Hurling and Football Final Corporate packages 2015 (2 persons. Corporate hospitality and 2 nights accommodation with evening meals). (8 and 9) Shopping vouchers (Value €1,000 at retailer of your choice). (10, 11, 12, 13,) (Four prizes as follows) All Ireland Hurling and Football Final Package 2015 (2 persons, Premium tickets and overnight accommodation for both weekends). (14,) All Ireland Hurling final (Premium tickets, accommodation, evening meal x 2). (15) All Ireland Football Final (Premium tickets, accommodation, evening meal x2). Sellers will be contacting you this week please invest in your future.

EAST KERRY U-21:

GNEEVEGUILLA 1-9 KILCUMMIN 1-11. Next round February 8th away to Dr Crokes or Rathmore.

EAST KERRY SUPER LEAGUE

Rd 1 Kilcummin v Spa on February 7th

GAA AWARDS: GAA Awards night will be held in the clubhouse on February 7th. This will replace the annual social but will involve light refreshments and music on the night.

Ladies team will receive their County League Division 3 winners medals as well as Club Person of 2014, Merit awards, Players of the year etc. Entry free on the night.

CONGRATULATIONS: Congratulations to Noel Duggan and Kevin Gorman who received East Kerry All –Star awards recently.

SYMPATHY: Sympathy is extended to Gene Moriarty and his family, Lawlors Cross on the death of his sister Mary Fitzgerald and to Gerard Fitzgerald and family on the passing of his mother Maureen Fitzgerald. May they rest in peace

JUVENILE CLUB CALENDARS: Juvenile Club Calendars are still available for €5 in the post office

UNDER 14 BOYS: Under 14 Boys will commence football training for the new season on Friday 6th February from 7.30pm to 8.45pm. **RAMBLING HOUSE:** Kilcummin's very successful rambling house will continue on February 6th commencing at 8.30pm.





MEMBERS OF THE KERRY SUPPORTERS GAA CLUB AND KERRY SUPPORTERS, ALL STARS OF THE KERRY SENIOR AND MINOR FOOTBALL AND HURLING PANEL WITH MANAGEMENT AT THE KERRY GAA SUPPORTERS 25TH ANNUAL SOCIAL IN BALLYGARRY HOUSE HOTEL & SPA, TRALEE ON SATURDAY NIGHT.

PIC JOE HANLEY.

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COMMUNITY FOCUS

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

LISTRY NOTES

LISTRY SOCIAL COMMITTEE: We wish to thank all those who attended our Social day in Listry Community Centre on Tuesday January 27th. Thanks to Kerry Community Transport and Houlihans Bus service Killorglin who provided the Transport also to committee members who helped prepare for the occasion. We look forward to welcoming you all back again on Tuesday February 24th.

PARENT & TODDLER GROUP: Listry Milltown parent and todder group has restarted at Listry community centre on Friday mornings 11am to 12.15pm. All welcome.

GLENFLESK NEWS

WITH DONAL KELLY

GLENFLESK U21S: The Glenflesk U21 team defeated Firies in the first round of the East Kerry U21 competition on Sunday January 25 2015. They have now qualified for the Division 1 semi-final and are scheduled to play Spa, in Spa on Sunday next February 1st at 12 noon. This team have also participated recently in the Duhallow invitational tournament. **GAA NATIONAL DRAW:** Tickets (€10) are still available for the GAA's national draw from club officers. The draw takes place at the GAA National Congress on February 27th. All proceeds from the sale of these tickets goes directly to the club, and there is a fantastic array of prizes including a trip with the 2015 All-Stars to be won.

RAHEEN COMMUNITY PLAYGROUP: Registration for children attending Raheen Community Playgroup in September 2015 will take place during the month of January. Please make contact with the Playgroup at (087) 1347581 in order to obtain and complete registration forms otherwise your child's place cannot be guaranteed. A completed enrolment form must be lodged with the service during the registration time frame. Children will be admitted on a 'first come first served' basis following the submission of enrolment forms.

BARRADUFF SHOWCASES SLIABH LUACHRA TALENT: Murphy's Bar Barraduff will host a Sliabh Luachra cultural night on Friday February 6th 2015.

GLENFLESK GAA LOTTO: Next draw will be held on Sunday February 1st in John Dan's, Jackpot €3,600.

RAHEEN NS: Enrolment forms for the year 2015/2016 are now available in the school 064 7754447 or on our website www.raheenns.com. Congratulations to Eileen Doyle who had the winning lotto number 28 on Saturday the 24th of January.

PARENT AND TODDLER GROUP: The Glenflesk parent and toddler group continue to meet every Friday morning between 11 and 12:30 during school term in St. Agatha's community hall, Glenflesk. Parents, grandparents and childminders are all welcome! We have great facilities for toddlers and babies too. For more information please contact Marguerite 087 2839483 or Paula 087 6807803.

GLENFLESK AG RITH: Best of luck to the Glenflesk contingent heading to Dungarvan for the 10 mile road race this weekend.

SYMPATHY: On the death of Pat O'Mahony, sympathy is extended to his partner Sheila and his family and friends. Ar dheis Dé go raibh a anam.

CONTACT: We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Sunday night.







APPOINTMENTS & NOTICES



South West Gnó Skillnet is funded by member companies, The Training Networks Programme & Job Seekers Support Programme, an initiative of Skillnets Ltd. funded from the National Training Fund through The Department of Education and Skills.



The management of The Heights Hotel Killarney would like to inform our customers that we will be closed from MONDAY 2ND – THURSDAY 5TH FEBRUARY 2015 for refurbishment work with the continued upgrade. Sorry for any inconvenience caused.

We look forward to welcoming you again when we re-open on FRIDAY 6TH FEBRUARY

YOUTH ZONE Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com SEM BOYS PARTICIPATE IN MODEL UNITED NATIONS



SZYMON KITA, DAVID CASEY, JOHNATON HORGAN, CIAN O'SULLIVAN AND JAMES FLAVIN AT MUN 2015.

Five Transition Year students from St. Brendan's college travelled to Davis College, Mallow to participate in the first Model United Nations (MUN) to be held in Ireland recently. The participating students were Szymon Kita, Johnaton Horgan, James Flavin, David Casey and Cian O'Sullivan. The MUN is an authentic simulation of the General Assembly of the UN. Students are assigned roles as delegates from

different countries around the world. Students research and debate resolutions which could be undertaken by member states in order to make the world a better place.

Participating students gained invaluable skills encompassing research techniques, speech construction and presentation, public speaking and the art of debate as well as interpersonal and team skills. Furthermore the experience was thoroughly enjoyed by all. In the words of one of our participants 'All in all I really enjoyed model UN and would recommend it to anyone'.

A special mention is due to Szymon Kita who won two communication awards.



DAVID CASEY, DELEGATE OF CHINA AT MUN

IT TRALEE HOPES TO SECURE STATUS

IT Tralee is confident it will meet the criteria to achieve Technological University designation with Cork Institute of Technology. An expert panel assessing the bid for a technological university in Munster says IT Tralee and CIT need to show more loyalty to the new institution. The panel appointed by the Higher Education Authority criticised plans by the merging institutions to retain parallel management structures at added cost. In a joint statement issued by ITT and CIT both Presidents stated that they are very confident that ITT and CIT will meet the criteria.

The statement says both Institutes remain fully

committed to the national process of higher education reform, in partnership with the HEA and the Department of Education and Skills, and through that process they will achieve designation as the Munster Technological University. In relation to costs associated with the merger, the joint statement says the International Panel which reviewed the submission stated that these costs were in line with their experience of similar mergers internationally. Last week the Public Accounts Committee heard that the projected cost of the merger is 6.7 million euro.





PICTURED AT THE KILLARNEY LEISURE CENTRE WERE MEMBERS OF TRALEE TOGETHER, KERRY STARS, NORTH KERRY EAGLES & SKELLIG STARS WHO MET FOR A DAY OF ACTIVITIES AND WERE LATER SURPRISED BY A VISIT FROM KERRY FOOTBALLERS FIONN FITZGERALD & DAITHÍ CASEY WHO GAVE A TALK ON THE IMPORTANCE OF EXERCISE. PICTURE MARIE CARROLL-O'SILLIVAN 087 391 4808

Rerry ETB Training Centre

Kerry ETB Training Centre is now recruiting for the following courses.

CISCO Certified Network Associate (CCNA) Certificate - Online Tutor Support & Workshops Course (ETL62).

This course provides participants with the knowledge, skills and competencies to install, configure, operating and troubleshoot medium sized, routed and switched computer networks. It's aimed at people with previous networking experience. A combination of online computer based learning & tutor led workshops are employed to deliver the course. Workshop dates are decided on the first day of the course. **Start Date**: 9th February 2015. **Duration**: 15 weeks. **Certification**: Cisco Certified Network Associate (CCNA) Certification.

MySQL and PHP for Dynamic Websites Course (ETR81) - Tralee.

This course is for people who are able to build and maintain static websites using HTML and CSS? It offers participants the opportunity to develop their MySQL and PHP knowledge and skills to create dynamic websites incorporating efficient and secure content retrieval from databases. Start Dates: 16th February 2015. Duration: 24 weeks. Certification: Oracle Certified Professional MySQL 5.6 Developer Certificate and W3C Schools certified PHP Developer Certificate.

Food Preparation and Cooking Course (ET20A) - Dingle.

This course is for people who wish to pursue careers in professional cookery. Participants will learn the practical skills and underpinning knowledge of safety at work and food safety, menu planning and costing, and preparing, cooking and presenting a wide variety of commodities and dishes including healthy foods and special diets. **Start Date:** 16th February 2015. **Duration:** 20 weeks. **Certification:** City and Guilds Level 2 Diploma in Food Preparation and Cooking.

Tour Guiding Course (ET20B) - Dingle.

Are you an outgoing, friendly person with an interest in Irish history, heritage and culture who would like to share your knowledge with other people? If so, this may be the course for you. This course provides participants with the opportunity to develop the skills needed to work as tour guides in the provision of information to clients in a variety of settings. **Start Date:** 16th February 2015. **Duration:** 15 weeks. **Certification:** QQI Level 6 Special Purpose Award in Regional and Local Guiding, QQI Level 5 Minor Award in Occupational First Aid, and QQI Level 4 Minor Award in Tourism Visitor Care.

IT Support Traineeship (ETS78) - Tralee Training Centre.

This traineeship is for people who wish to pursue careers in IT support services. It offers a comprehensive grounding in core hardware, operating systems, networks and cloud computing. Graduates of the course will seek employment installing, configuring, maintaining and upgrading IT equipment. **Start Date:** 23rd February 2015. **Duration:** 48 weeks. **Certification:** CompTIA A +, CompTIA Network +, and CompTIA Cloud Essentials.

Digital Web Design with Adobe Dreamweaver Course (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites.

Start Date: 23rd February 2015. Duration: 22 weeks. Certification: FETAC Level 5 Component Certificates in Computer Illustrated Graphics, Web Authoring, and Work Experience. Plus, Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

MTA Software & Networking Fundamentals Course (ET1Z4) - Tralee.

If you wish to get started in a career in ICT this entry level course offers experience on the technical side of software development and computer networks. It's the ideal sample course for people considering a career in information and communication technology. Graduates of the course may progress to the IT Support Specialist Traineeship or Java Associate course. **Start Date:** 23rd March 2015. **Duration:** 19 weeks. **Certification:** Microsoft Technology Associate Certification (MTA) in Software Development Fundamentals, .Net Fundamentals, and Networking Fundamentals.

Healthcare Support Traineeship (ETS97) - Tralee.

This course provides participants with the knowledge, skills and competencies to work as part of a multidisciplinary team in the provision of effective and appropriate healthcare supports to clients in a variety of care settings. **Start Date:** 23rd March 2015. **Duration:** 41 weeks. **Certification:** FETAC Level 5 Major Award in Healthcare Support.

Java Associate Course (ET0R7) - Tralee.

This is an entry-level course offering participants the opportunity to take their first step towards a career in Java programming and software development. They will gain an excellent insight into the programming language and learn the knowledge and skills needed to develop applications in Java. It's suitable for people from a range of backgrounds who have an aptitude for programming. The course covers the system development life cycle, application development, project work, job seeking skills, and 10 weeks in-company work experience. Start Date: 20th April 2015. Duration: 50 Weeks. Certification: Oracle Certified Professional Java Programmer I (1Z0-803) and Oracle Certified Professional Java Programmer II (1Z0-804).

To apply or get further information on any of the above courses please contact Kerry ETB Training Centre, Monavelley Industrial Fetate, Trales

Monavalley Industrial Estate, Tralee, TEL. 066 7149600 | 066 7149638 | 066 7149676, E-mail: training@kerrvetbtrainingcentre.ie Entry requirements and other information on our courses are available at <u>www.kerrvetbtrainingcentre.ie</u>



APPOINTMENTS & NOTICES





Mobile: 087 2461678 e:Michael.Healy-Rae@oireachtas.ii Danny Healy-Rae MCC: 087 2316055 Johnny Healy-Rae MCC: 087 2354793 Michael Healy-Rae t.D. Will Attend Scotts Hotel every Saturday at 3.00pm **Castleisland Clinic River Island Hotel** 3rd Monday of every month 6.30pm & the last Friday of every month 9.30pm **Killorglin Clinic** Jim Shea's Vintage Bar 2nd Monday of every Month at 7.00pm **Kenmare Clinic** Atlantic Bar 10pm Every Saturday Night **Kilgarvan Clinic** Healy-Rae's Shop 9pm-10pm every Sunday Healy-Rae's Bar 10pm-11pm every Sunday Other Clinic held throughout the Constituencey on a very regular basis and advertised locally

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A look at the Wedding's taking place in Killarney.

Their Special Day



CAROLINA HAYES AND MARK FARRELL WHO WERE MARRIED ON FRIDAY THE 16TH JANUARY IN GNEEVEGUILLA CHURCH WITH THEIR RECEPTION AT MUCKROSS PARK HOTEL.

TARA DONOGHUE 085 1555060 WWW.TARADONOGHUEPHOTOGRAPHY.COM





Soprano Negan O'Neill & Weddings & Funerals & Corporate Event M: 087 6963195 T: 064 66 43276 e: patricianll93@gmail.com Sharon Godfrey and Niall Lynch, Kilgarvan who were recently married in Kilgarvan Church with reception in the Kenmare Bay Hotel.

PHOTO BY BREDA DALY PHOTOGRAPHY.









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ADVICE FOR PEDESTRIANS, CYCLISTS & MOTORCYCLISTS IN SNOW & ICY CONDITIONS

Walking, cycling and biking in the wintertime can be hazardous but especially so in snow and icy conditions.

While it is advisable for cyclists and motorcyclists to consider cancelling a journey and taking alternative transport, in such conditions, pedestrians may not have that choice.

Many slips and falls on snow and ice happen in places people regard as safe and secure, typically outside their front door, on the door step, on the path or while getting out of the car or truck. DO NOT underestimate the dangers of snow and ice. Try to keep your driveway and or path as clear of ice and snow as possible. Help an elderly neighbour to do this if you can.

Each winter slips and falls cause serious injuries. Even when surfaces do not look especially icy or slippery, it is very possible that a thin sheet of transparent ice or "Black Ice" is covering your pathway putting you at risk. When you approach a footpath or roadway that appears to be covered with ice or snow, always use extreme caution.

The most typical injuries caused by slips and falls on ice and snow are fractures and dislocations of the wrist, shoulder and ankle.

Winter pedestrian safety is especially important for older persons, who need to be extra cautious when walking, as a fall on the ice can cause them to break a hip, or other bones Read on for tips on walking, cycling and biking safely in the snow and ice:

ADVICE FOR PEDESTRIANS

• If a journey cannot be avoided walk on a footpath, not in the street. If there are nofootpaths walk on the right hand side of the road (towards oncoming traffic).

• Be extremely careful as frost, ice and snow will make walking on footpaths very dangerous.

• Remember that footpaths may not be treated so walk with extreme care

• Make sure you are wearing appropriate footwear, wear shoes or boots with appropriate traction

• Don't walk with your hands in your pockets, walk with your hands out and wear gloves so you can break your fall if you do slip.

• In extreme conditions consider an appropriate walking stick or walking pole.

• Avoid walking in the streets at all costs if possible. Remember, cars and trucks slip and slide, too! If it's an emergency, and you can't avoid the street, wear bright or reflective clothing.

• Visibility is reduced in snowy or freezing fog conditions so wear high visibility clothing, an armband, Sam Browne belt or a high visibility vest. Consider carrying a torch.

Wear clothing that does not restrict your vision.

• Stay warm, but DO NOT impair your vision with hoodies, ski masks, scarves, hats, etc. This type of clothing could prevent you from spotting icy conditions that may lead to a fall or not enable you to see a car that is spinning out of control.

•Try to avoid carrying things while walking in the winter, as this can throw you off balance.

• Avoid pushing young children in buggies / strollers if at all possible. If you must push your child in a buggy / stroller on the ice, take great care and walk extremely slowly.

• Snow and ice cause havoc quickly, so use extra caution when crossing roadways, and always cross at pedestrian crossings.

• Ice can easily hide under a light dusting of snow. Just because you don't see the ice doesn't mean it's not there waiting for your unsuspecting footfalls.

• If you can't avoid the ice and snow, bend your knees slightly and take slower, shorter steps to help reduce the chance of a slip and fall and an injury.

• If forced to use the steps at someone's home, apartment, or other public building, walk slow and take shorter steps when descending. The same is true of driveways and other hilly terrain; these areas can be very dangerous when they become slippery with ice or snow. Steps especially can be hard to clear and build up ice easily.

• Be aware of overhead hazards! Falling icicles and chunks of snow pose a serious risk. In

extreme cold weather icicles can build up in size very quickly and are lethal. Their size and dagger-like formation are extremely dangerous for pedestrians. Be aware of what's happening above you, and stay clear from the edges of buildings.

• It's not a good idea to go jogging in snow or icy conditions

ADVISEFORMOTORCYCLISTS AND CYCLISTS

• Motorcyclists / Cyclists should not compromise their safety by their 'need' to travel in icy/snow conditions. Cancel your journey or take alternative transport.

• Visibility is reduced in snowy condition so cyclists should wear a Sam Browne Bandoleer belt or high visibility vest and ensure the lights on your bike are working correctly.

• Cyclists should adhere to the requirement of a white light to the front and a red light to the rear.

• Wear an approved helmet and consider clear eye protection.

• Motorcyclists should avoid wearing a dark visor in any bad light conditions.

• Remember other road users may not 'expect' you and could therefore comprise your safety.



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OUTLOOK ON THE CAO online application is the way to go

(By Billy Ryle)



CONTINUED FROM LAST WEEK....

You may use the online Change Courses facility, which is free until 31st January, to amend or add courses. You may also use the online Change Course facility from 5th February to 1st March on payment of an additional fee of €10. You need only use the latter facility if you made an error or omission in Restricted-Application Courses or you are a mature applicant who made an error or omission in your courses.

All other applicants, if they wish to make course changes, should use the free Change of Mind facility, between 5th May and 1st July. If you avail of this facility, check that your courses have been updated by logging on to "My Application" before 1st July.

The online application is now the standard method of application. It's interactive, user friendly and easy to follow, particularly as CAO provides an 'Interactive Demo' to enable you make a trial application. It's a secure and safe way of applying for your courses and it allows you to submit your application from the privacy of home.

In the next article, I'll consider CAO courses that are likely to be popular with this year's applicants.

CHECKLIST

- Almost all applications to CAO are now made online
- You may choose from the entire range of courses in the CAO Handbook 2015
- All of the courses on are categorised as 'Level 8' or 'Level 7/Level 6'
- Up to 10 courses may be chosen in each category listed in order of preference
- Click on "Apply" to access the CAO online application form
- Protect your CAO application by entering an account password of choice
- Take note of your 2015 CAO application number when it appears on screen
- Indicate on your application if you intend applying to SUSI for a student grant
- Tick the appropriate box to disclose a disability or specific learning difficulty
- Tick the DARE and/or HEAR boxes, if either of these routes apply to you
- Use "My Application" to confirm that your application has been received



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HEALTHY OUTLOOK



CYBERBULLYING

Cyberbullying refers to bullying which takes place using the internet, mobile phones or other technological devices. This may be in the form of sending nasty or threatening messages, emails or photos, videos or putting such materials up on social media web pages. It can also take the form of setting up fake profiles which say cruel things about an individual or accessing someone's account repeatedly to make trouble for them. Cyberbullying, can be difficult to detect and address and sometimes one may not know who the bully is when they are bullied online. Many people view the internet as 'not reality' – and it gives the illusion of being much more anonymous – thus allowing them to behave in a more aggressive way. Given the wide cyber audience, when a message is posted online, the information can be far-reaching and instantaneous.

If you are being deliberately harassed or bullied online, it is important that you tell someone about it. You can talk to your parents or someone you trust like a teacher or a friend. It can be very upsetting to be deliberately attacked or humiliated online.

THE FOLLOWING IS A LIST OF SOME HELPFUL THINGS YOU CAN DO IF THIS IS HAPPENING TO YOU

1. You can unfriend or block the bully from your site – whether it's a mobile phone, social networking site or chat room. No one has to tolerate bullying from another. Online you have the power to unfriend or block people- which removes the bullies power.

2. **Don't reply.** Never reply to a message – the bully only gets satisfaction when they receive a response.

3. **Keep the message.** This will give you a record of the messages, dates and times – which may be helpful for reporting.

4. **Report Problems** to your Internet Service Provider or mobile phone provider. Look for the "Report Abuse" button or contact Customer Care. If you consider the cyberbullying to be of a serious nature or potentially criminal then you should contact your local Garda office.

For further protection and to prevent the problem happening again it is important to block unwanted contacts, change your password regularly and report any abuse on the site to mobile operators or social networking providers.

For more information and tips on how you can stay safe online check out the following websites:

www.webwise.ie, www.watchyourspace.ie.

If you would like to speak to a counsellor, **SouthWest Counselling Centre** provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre.** To make an appointment call **064 6636416. info@southwestcounselling.ie.**

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters.... With Dr. Michael Moloney

BRONCHIOLITIS

Bronchiolitis is an infection of the small airways of the lung (the bronchioles). It is a common condition of babies. Most affected babies are not seriously ill, and make a full recovery. Sometimes it becomes more serious and hospital care may be needed.

UNDERSTANDING THE LUNGS

Air travels into the lungs via the windpipe (trachea), down larger branching airways (bronchi) and into the smaller airways (bronchioles). The bronchioles are the smallest airways before the air enters the millions of tiny air sacs (alveoli) of the lung. Oxygen from the air passes into the bloodstream through the thin walls of the alveoli.

WHO GETS BRONCHIOLITIS?

It is estimated that as many as 1 in 3 babies in Ireland under the age of 12 months develop bronchiolitis at some point. It most commonly occurs in babies aged 3-6 months old

WHAT ARE THE SYMPTOMS OF BRONCHIOLITIS?

Bronchiolitis in Ireland usually occurs in the winter months (November to March).

- Cold symptoms: a runny nose, cough and mild fever are usual for the first 2-3 days.
- Fast breathing, difficulty with breathing and wheezing may develop as the infection travels down to the bronchioles. The number of breaths per minute may go as high as 60-80.
- The nostrils may flare (open out) and the cough becomes worse.
- You can often see the muscles between the ribs moving inwards during each breath. This is because the baby needs more effort to breathe than normal.
- The baby may have difficulty feeding and taking drinks. This is because the baby is ill and becomes tired easily. The baby may struggle to breathe and to feed at the same time.

CONTINUED NEXT WEEK...



MB, BCh, BAO, BMedSci MMedSci, DOWH, MICGP Specialising in Sports Medicine, Accupuncture, Paediatrics and Womens Health. Doctor to the Kerry Senior Football Team. Doctor to Ireland Under 17 Soccer Team. The Killarney Medical Centre, 47 New Street, Killarney. t: 064-6620628.

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KERRY BASKETBALL

Deadline: Monday 3pm **Email :** editorial@outlookmags.com

U12 BOYS DIV I CUP Q/F:

Cougars edge out cross town rivals ST PAUL'S 15 KILLARNEY COUGARS 16

Cougars made the short journey across town to take on St Paul's in this eagerly awaited Div 1 Cup clash at the Killarney Sports & Leisure Centre and in a low scoring competitive contest the Cougars came through on top. The Paul's made home advantage count in the early stages and led by three at the end of the quarter thanks to baskets by Jamie O'Sullivan for Pauls while Tommy Bowler kept Cougars in touch with two good baskets. Cougars held the home side scoreless in the second quarter to take the lead by halftime by one point thanks to a Conor Horgan basket. Cougars were to keep the lead throughout the second half thanks to scores from Tommy Bowler with the home side efforts being met with a determined Cougars defence. During tense closing stages, saw Cougars hold firm to advance to the semi final away to Killorglin.

KERRY MASTERS TOURNAMENT IS ONLY THE BEGINNING

7 Mens teams and 5 ladies teams will travel from all over the country to the heart of Tralee town to take part in the newly established Kerry Masters Tournament. The tournament takes place on the 21st and 22nd of February in Moyderwell gym and John Mitchels Gym from 10am on Saturday the 21st. The Social takes place on Saturday 21st at 7:30pm in Ballyroe Heights Hotel. Tickets cost a very reasonable €30 and limited tickets available. We are also still taking registration for teams, so if anyone in Kerry would like to enter a Mens or women's team, or book your social ticket, please contact us at kerrymasters14@gmail.com or ring either Rick (087 195 9090) or Geraldine (087 120 8862). You can also find us on Facebook at facebook. com/kerrymastersbasketball.

U16 GIRLS DIV 3 PLATE:

Glenbeigh steal from the Ravens: GLENBEIGH 18: RATHMORE RAVENS 17

The U16 girls travelled to Glenbeigh, for a first meeting between the 2 teams this season. The teams were evenly matched throughout the game, with the half time score 10-9 to Glenbeigh Falcons... They were level on 15 points each by the end of the 3rd quarter. Good defensive work by both teams limited shooting chances and kept the scores low for the duration of the game. Glenbeigh just edged ahead with 3 points in the final minutes of the game to win by 1 point. Brid O' Connor with 11 points and Katie Horgan 6 were the scorers for Rathmore...

U14 GIRLS DIV 3 LEAGUE:

League leaders pushed all the Way by Rathmore

RATHMORE RAVENS: 25 ST. MARYS: 34

The U14 girls played current league leaders St. Marys and home, and despite losing, acquitted themselves well. The first quarter was played at pace but was low scoring with Meabh Dennehy scoring for The Ravens. Great defensive work by Ava Kelleher and good rebounding by Meabh and Julie Moynihan kept St. Marys at bay.

The 2nd quarter was very closely contested and ended in a score of 14-13. Good runs to the basket by Katie Buckley, Lily Sheehan and Mary Collins resulted in scores. Unfortunately St. Marys came out strong in the 2nd half of the game with the 3rd quarter ending 17-26, in favour of the visitors. Great defensive work by Hannah Reen and Emer Nagle and scores by Meabh, Mary Collins, Ciara Murphy and Emer Nagle in the final quarter made it tight enough finish.

MASTERS U12 GIRLS LEAGUE DIV II:

Cougars continue their winning ways ST PAUL'S 16 KILLARNEY COUGARS 18

Paul's pushed Cougars all the way in this U12 game but Cougars continued their unbeaten run this season with a strong last quarter to take the points. Cougars dominated the early stages but only led by a point at the end of the opening quarter with Paul's defence working hard and baskets by Holly Power giving them the early advantage.

The home side thanks to baskets by Jade Potts took the lead by halftime as Cougars struggled through the second guarter. Paul's continued to dominate the early stages of the third quarter to lead by 6 points with Potts again on target with good baskets, but Cougars came back late in the quarter with a good response with baskets by the excellent Holly Kennelly and Maeve Bellew as Cougars began to find their form. A stronger Cougars defence performance saw them start to get on top and baskets by Adele O'Brien and Meabh Coleman Horgan and the impressive Maeve Bellew saw Cougars hit the front and despite a spell of pressure in the closing minutes from the home side a determined Cougars were not to beaten in a very entertaining contest.

GIRLS U16 DIV 2- PLATE SEMI-FINAL:

Laoise Coughlan stars in Gneeveguilla victory

GNEEVEGUILLA 54 ST BRIDGET'S 52

This exciting match featured a great point guard battle, with Laoise Coughlan helping Gneeveguilla to a 31-20 half-time lead and

Fiona Nelligan (22 pts) leading her St Bridget's team back to a 52-52 tie with 10 seconds left in the game. Also good for the Currow girls were Hannah O'Connor (11 pts), and Kerrie McCarthy and Molly Callaghan (8 each).

Catherine Daly, Sinead Warren, Maura Amy O'Connor, Rachel McAuliffe, and Rachel Fitzgerald all scored for Gneeveguilla, but it was Laoise Coughlan who scored the winning basket in the final seconds to complete her 34 point haul and win the game for Gneeveguilla.

GIRLS U14: PLATE

Gneeveguilla in cliff-hanger GNEEVEGUILLA 38 ST ANNES 36

This was the first leg of the plate competition and without doubt it was not a game for the faint hearted. The game held a tight, tension bearing atmosphere for the entire duration with Gneeveguilla barely getting the upper hand on a scoreline of 38-36

Both teams were outstanding however Emily O' Riordan led Gneeveguilla to a victory with a few excellent scores at the right times. Other efforts on the Gneeveguilla side came from Chloe Fitzgerald, Hannorah Hurley and Ciara Brosnan. It was a nail-biting game where the home side was lucky to come out with the win.

GIRLS U16 DIV3:

Glenbeigh enjoy easy victory GNEEVEGUILLA B 37 GLENBEIGH 59

Glenbeigh played a great first half to lead 33-14. Gneeveguilla played a better second half, winning it 24-23, but Glenbeigh took the win, 59-37. Best for the winners were Shauna Sheehan, Juliet Sheehan, and Laura Sheahan. Top scorers for Gneeveguilla were Brenda Murphy (10), Lorna O'Sullivan (9), and Grainne O'Sullivan (8).

BOYS U12 COUNTY LEAGUE

Team Kerry Cougars 24 St. Brendan's 22:

Cougars had the better start leading 8 points to 4 at the end of quarter 1. This lead was reeled back in the second quarter when Mikey McCarthy went on a scoring streak, securing 7 points with a further basket added by Ryan McHugh to leave Cougars only 1 point ahead at half-time. In quarter 3 it was the defensive play that won out all around with only a single basket per team, Sam McCarthy securing Brendans 2 points.

Quarter 4 couldn't have been more exciting with the teams going basket for basket. Garry Lynch got a free throw and then scored 2 further lovely baskets. Cougars answered with 2 baskets of their own. Jack Clapham got another Brendan's basket. Cougars got 2 baskets from free throws tying the match at 22 all. The buzz

GAA CLUB CALL

Deadline: Monday 3pm Email: editorial@outlookmags.com



LEGION GAA CLUB NOTES

HURLING: Our young hurlers resume indoor training Thursday evening from 6pm to 7pm in the Community College. New players always welcome from u6 upwards. We supply hurleys, helmets and other equipment.

FIXTURES: Next weekend sees the semi final of the u21 East Kerry Division 2 Championship and please keep an eye on local press for details of time and venue.

LOTTO: Lotto results for Sunday 25 January. Numbers drawn 9, 14, 17, 20. No jackpot winner. Next weeks jackpot is 12000, which is the highest its ever been in club history so don't forget to enter because as the old saying goes "If youre not in , you cant win".

MCGRATH CUP: Hard luck to Podge O'Connor and Shaun Keane who missed out on McGrath cup glory with UCC as they lost out to Waterford last weekend, but we wish all our players the best of luck in the forthcoming Sigerson Cup clashes which commence this week.

SYMPATHY: The club sends its sincere sympathy to the family of Con O'Keeffe who was laid to rest last Saturday. To his wife Noreen, his daughters, Geraldine, Kathleen, Valerie and Deirdre and his sons Neil, Derry and Donal, and his sisters Peggy and Kathleen, we offer our condolensces. Ar Dheis De go raibh a Anam.

EAST KERRY NOTES With Áine Ní Shúilleabháin PRO

FIXTURES: Under 21 Championship sponsored by Acorn Holistics, Killarney

Extra time in all games if necessary. First named team has home venue. Sunday 1st February at

12 noon. DIVISION 1: Quarter Final

Rathmore V Dr Crokes. Semi Final, Spa V

Glenflesk.

DIVISION 2: Quarter Final, Fossa V Legion. EAST KERRY UNDER 21 CHAMPIONSHIP SPA 6-09 FOSSA 2-06

On Saturday last, Fossa hosted Spa in the first quarter final of this year's East Kerry Under 21 Championship, sponsored by Acorn Holistics and Sport Centre, Killarney, in a free flowing sporting and skilful game. The sides were evenly matched in the first half, with the scores coming in the opening quarter and both goal keepers made good saves. Two points a piece in the opening minutes, had the side's level, before Liam Kearney found the net putting Spa ahead. Fossa equalised with a well worked goal a minute later, from the boot of Paudie Clifford. A scatter of points left Spa ahead by the minimum, but Dara Rice put Fossa two points ahead going into the second quarter. Fossa created 2 goal chances in the remainder of the half but were denied with great saves by

LEGION GAA CLUB WHERE ARE THEY NOW

On leaving Perth after last weeks interview, I was surprised to learn that the distance to Sydney, my next destination was a lot further then I had anticipated. On the map it looks like a handy trip but in fact it is a 4000km trip with a flight time of just over five hours. The two cities might be a long way apart but the sweltering weather is much the same with temperatures in the high thirties. Sydney, in the south east of Australia is now home to 38 year old former Legion defender Colm Bowler. Colm is a son of Teddy and Clair Bowler and brother to John and Jacinta who both still live in Killarney, Declan who lives in Cork and Ted who now resides in New York. Colm, who grew up in Tralee Rd. and also in Ballydowney, Killarney started playing juvenile for the club in 1982 at just 5 years of age and played at all age groups up to and including senior right up until his departure in 1999. Colm was a very talented footballer and was on the fringes of the 1995 Kerry minor team. A couple of years later Colm also recalls, with a smile, on one particular Sunday morning, his father waking him up to say that Paidi Se had just rang looking for him to line out in a County senior inter team trial game in the Fitzgerald Stadium in an hour so he grabbed his gear and hurried down to the Park where he said he was relieved to be paired up with club mate Peter O'Leary who made him feel very welcome along with Maurice Fitz who, Colm says, was an absolute gentleman, offering great encouragement and urging him to grasp the opportunity. Colm felt he played quite well, even managing to keep Genie Farrell scoreless on the day but he never got called again. Still smiling, Colm tells me that it was a week or so later that he found out that Paidi had actually rang looking for his brother John but as he wasnt at home, his father had sent him instead. I asked Colm about his younger days with the club and he told me that won a county U12 in 1989 and a few East Kerry titles along the way. He remembers Seanie Culloty and his own brother John as being excellent footballers during this time but his standout footballer of that era was Brian Clarke of Dr Crokes who Colm reckons could destroy the opposition on his own if he was in the mood. Colm worked in Bank of Ireland for a couple of years before emigrating having previously gone to school in the "sem" and later in the Cistercian College in Roscrea. In 1999 Colm got the desire to travel and he headed off travelling to far flung places like the US, Mexico and the South Pacific before settling in Sydney where he now works in IT for a trading firm there. Happily married to a Kildare woman, Corinna, the couple now have a boy Jayden aged 6 and a girl Melissa who is 4, Colm still stays active, playing soccer, having learned his skills years earlier with Killarney Athletic. Colm also does a lot of surfing in his newly adopted home, a hobby that wouldnt be guite so enticing on these shores. Colm says that there is a sizeable Killarney contingent living in Sydney and you could regularly bump into well known locals like the Twomeys, Mc Monagles and even a Guerin on your travels. Colm, who still keeps a keen interest on club

affairs, says that he tries to get home every 18 to 24 months if he can and has'ent ruled out a permanent return in the future as he regards Killarney as the best place in the world. As we continued our chat, inevitably the discussion returned to his playing days with the Legion and he praises the likes of Dan Moynihan, Weeshie Fogarty and Bernie O'Connor for being a great influence on him as were Diarmuid



COLM BOWLER, SECOND LEFT.

O'Donoghue, the Cullotys and his brothers. He also thinks that the game seems to have got much faster in recent years than from when he was playing. Finally I asked him if he had any outstanding or funny memory from his playing days and I think I will let him tell this in his own words..... "I remember getting Diarmuid O'Donoghue in big strife. He had just taken on coaching the senior team and we were playing in the county championship guarter final on the Sunday above in the Park against Shannon Rangers. Competition for places in the team was fierce, but with the team announced the Friday night, I was starting at wing back. I was 19 or 20 and I couldn't for the life of me bear to stay in on Saturday night so I decided to pop into town to distract the mind. Murphy's bar I thought was a good idea. Anyway, I was buying a drink on one side of the bar counter when I noticed Diarmuid enjoying his on the other side. I stupidly not only bought myself a pint of Guinness, but sent one over his way with a nod and a wink which went down like a ton of bricks, the bar packed full of Legion supporters, cries of favoritism and such a big game the next day. He has never let me forget it since! We also lost the match."

For next weeks interview I will be swapping my factor 50 suncream and khaki shorts for my winter woollies as I return to Dublin to catch up with a former player with a great pair of hands both on the football pitch and professionally.



GAA CLUB CALL

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the Spa keeper, Aaron Farrell. Half time score: Fossa 2-02 Spa 1-04.

Spa dominated the scoring, in the second half. Liam Kearney equalised with a lovely free in the opening minutes and a Shane Cronin goal on the thirty sixth minute gave the visitors the lead. Play varied from end to end, and both defences stood strong, but with eight minutes remaining, Spa pulled ahead with two well worked goals within a minute, the first by Shane Cronin, followed by an Evan Cronin goal. Three unanswered points and goals from the boots of Mike Foley and Dara Moynihan to two points for Fossa left the score at full time Spa 6-09 Fossa 2-06. Spa are at home to Glenflesk in the Division 1 Semi Final next Sunday 1 February at 12 noon.

RATHMORE 2-08 LEGION 1-09

In the first footballing action of 2015, Legion entertained Rathmore in the preliminary round of this year's East Kerry Under 21 championship. Played at Derreen on Sunday, with weather conditions dry but cold, both sides gave it their all in a typical championship match. Rathmore opened the scoring with a long range point but this was soon cancelled out by two Conor Keane frees. The opening half continued to be a close affair with both sides trading scores up until five minutes before the break when Rathmore's Cillian Walker Malone finished a great shot to the net to edge his side ahead at the interval 1-05 to 0-05. Rathmore started the second half with great urgency and raised a white flag within the opening minute of the restart. Shortly afterwards, Malone hit the crossbar with a fierce drive and then Brian Moynihan and Conor Keane swapped scores but disaster struck for Legion midway through the half. Rathmore corner forward, John O' Keeffe, fisted the ball towards the goal but a deflection into the net saw Rathmore open up a seven point lead and it looked ominous for the home side at that stage. However, Legion upped their game and two fine points by Alan Moriarty and Conor Keane, followed by a Conor Culloty goal, brought it back to a two point game. This is the way the game finished as Conor Keane of Legion and Tom Kelliher of Rathmore completed the scoring with a point a piece. Final score Rathmore 2-08 Legion 1-09. Rathmore host Dr Crokes next Sunday at 12 noon in a quarter final.

KILCUMMIN 1-11 GNEEVEGUILLA 1-09

A young Gneeveguilla team took on Kilcummin, in Gneeveguilla on Sunday. Gneeveguilla got off to an early lead with two well taken points by Cornelius Buckley and Connor Herlihy. Kilcummin responded with five unanswered points with Maher and McCarthy starting to dominate around centre field. Gneeveguilla through Padraig O'Sullivan and Cornelius Buckley kept Gneeveguilla in the game until a goal from the boot of Michale O'Neill just before half time gave Kilcummin the upper hand. Score at the break Kilcummin 1-07 Gneeveguilla 0-06. On the resumption, Gneeveguilla got the perfect start with a well worked team goal slotted away by Tommy Murphy. Both teams exchanged scores and an excellent sideline kick from Padraig O'Sullivan made it a two point game. Killcummins however held out for a victory winning on a final scoreline of Kilcummin 1-11 Gneeveguilla 1-09. Kilcummin meet the winners of Rathmore V Dr Crokes, on Sunday the 15th February, in the Division 1 Semi Final.

GLENFLESK 5-15 FIRIES 1-07

Glenflesk ran out convincing winners when they met Firies side, that was missing a number of players, last Sunday in Farranfore, in the Under 21 Championship guarter final. The visitors got off to a dream start with well worked goals and built up an unassailable lead, early in the game, with good team work in all quarters of the field. The home side were unfortunate to lose one of their players to injury in the opening guarter and made a number of positional changes. Glenflesk had a broad range of scorers with 7 different players putting their name on the scoreboard. Goal scorers were Lee O'Donoghue, Padraig Healy, Dara Roche and Kieran Murphy for Glenflesk and Sean Burke for Firies. Final score Glenflesk 5-15 Firies 1-07. Glenflesk meet Spa in the Division 1 Semi Final next Sunday at 12 noon, in Spa.

EAST KERRY SENIOR LEAGUE: The East Kerry Senior League, sponsored by Frank Doran Safeguard Security, starts on the weekend of the 7th February. Fixtures will be published in next week's notes.

FOUNDATION LEVEL REFEREES TRAINING COURSE: A four-night Foundation Level Course for all new Referees will be held in Austin Stack Park Tralee on Monday and Wednesday evenings, starting at 7.30pm sharp on Monday the 9 February and completing on Wednesday 18 February.

FOSSA GAA

LOTTO: 25th January 2015. Numbers drawn were 2, 3, 11, 26. There was no Jackpot winner. **SOCIAL:** Tickets for the social, which will be held on Friday 6th February in the East Avenue Hotel, are now available from the following people, Tommy Cronin 087 1227099, Merry Talbot 087 0511988, Mick Clifford 087 9451004, Siobhan Bennett 087 6660031, and Gene Moriarty 087 9807073, tickets are \in 25 per head and a great night is guarenteed.

MEMBERSHIP: Membership now due. Family membership \in 60.00 for 2015, adult remains \in 30.00, while youth/student is \in 15.00. All players have to be registered before they play or train

U-21'S: Unfortunately our U-21 team lost to a strong Spa side on Saturday afternoon in the East Kerry Championship quarter final. The first half was close and entertaining with great football played and fantastic scores by both sides. But Spa proved too strong in the finish. We were without the services of Matthew Rennie, Killian Bellew, Shane Hennigan and Colm Walsh through illness and injury and that didn't help our cause. We now will play Legion in the Division 2 championship and this game will take place in Fossa on Sunday 1st February at 12 noon. **TEAM:** Maurice Prendeville, Cathal Talbot, Daniel O'Keeffe, Daniel Coffey, Padraig Burke, Dan Connell, Brian Myers, Tadgh O'Shea, David Osterloh, Dara Rice, Paudie Clifford, Michael O'Keeffe, Daniel Griffen, Padraig Devane, Mikey Shea. Subs Adrian Cronin, Conor Murphy, Killian Rice.

COISTE NA NOG: The AGM of Coiste na nOg was held on Monday night and was very well attended, Chairman, Dermot Clifford presided and he thanked all mentors, players and parents for making 2014 such a success for Fossa underage football. The following officers and team trainers were appointed for the year ahead. Chairman - Dermot Clifford, Secretary, Margaret O'Connor, Registrar, Seamus Kelly, PRO, Jim Doyle, Childrens Officer, Kieran Coffey, Development Officer, James Cahillane.

SYMPATHY: Sympathy to Noreen Cronin, Crohane on the death of her mother, Anne Moynihan of Gneeveguilla. Ar dheis De a raibh a ainim.

ATHLETICS: Gneeveguilla A.C. will be holding athletics training sessions in Fossa Community Centre each Monday evening from 8:45pm to 9:45pm which will run to the end of March. All boys and girls of school going age are welcome. FOSSA COMMUNITY GAMES: The 2015 Community Games Season is upon us with plenty of sports and activities to chose from e.g handwritting, singing, recitation, swimming, football, soccer, basketball, spikeball etc. - full list of events on www.kerrycommunitygames. com. After a very successful and enjoyable year for Fossa last year we hope that this year we will have plenty of volunteers and of course participants. These activities are open to every child living in the parish. Fossa is a very active parish with a large population of children and our aim is that every child gets an opportunity to enter whatever activity suits them. To enable this to happen we need parents/adults to help out. Check out the community games website and if your child expresses an interest in any of the activities please contact Amanda O'Brien 086-3283778 asap as closing dates for entry are fast approaching. Fossa Community Games Committee: Chairperson, Katherine Butler; Secretary, Amanda O'Brien; Assistant Secretary, Linda Kennelly; Treasurer, Barth Warren, PRO, Alan O'Sullivan.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@ gaa.ie Please forward information on before Sunday at 11am.

MILLTOWN/CASTLEMAINE GAA NOTES

AGM: The AGM will take place on the 30th

GAA CLUB CALL

Deadline: Monday 3pm Email: editorial@outlookmags.com



of January at 7:30 pm in the club rooms, all motions and nominations are to be submitted to Mike Carroll .

LOTTO: Our Lotto Jackpot has now reached \in 11,200. Don't miss out on the chance to win this massive Prize for just \in 2 entry. Get your tickets in local shops and bars.

MEDAL PRESENTAION: Senior and Junior medals will be presented next Saturday night at 9:30pm in O'Sheas bar.

UNDER 21'S: 2015 Mid Kerry under 21 championship semi final Milltown/Castlemaine Home V Cromane/Glenbeigh Glencar.

Sunday 1st of February at 11:30 am in Cromane

KERRY LADIES GAA NEWS

Kerry Senior Ladies open their national league campaign on next Sunday when they make the long trip to Tyrone in Round 1 of the Tesco

sponsored Ladies National league /Kerry. Report a clean bill of health as training have been going well in the last number of weeks. A panel of up to 60 players got their chance to show their skills in a number of trial games all of last years panel are available with the exception of Aoife Lyons who cannot commit due to work commitments and Deirdre Corridan who is talking some time out. The Team to travel to Tyrone will be announced in Friday and possibly will include a number of new faces who have impressed in training.Kerry are away to arch rivals Cork on Sunday week with their first home game on 22nd February to Laois. Remaining games are as follows home to Dublin on 1st March, away to Galway on the 15th March, away to Mayo on the 29th March and the final game home to Monaghan on the 12 th April.

JANUARY CO BOARD MEETING: At the January Co Board meeting the following were elected. Minor manager Connie O'Connor Trainer James O'Connell

U21 Managment team Alan O'Neill, Harry O' Neill, Niall Hobbart and Mary Jo Curran.

Juvenile Fixtures Chairperson Liz Twomey, Secetary Frank Mcloughlin.

Senior Fixtures Committee secretary Lavinia Cunningham.

Fixtures CoOrdinators, John Ross/Batt Mc Glynn Registar Cathy O'Sullivan.

Senior County League will commence on February 15th.

Next County board Meeting will be held on February11th

DR CROKES CLUB NOTES

LOTTO: Draw took place in the Jack Cs on Sunday last. Numbers drawn: 4, 16, 19 & 23. The jackpot of \in 4500 was not won. There may be few club teams in competition just yet, but true supporters have no shortage of activities to support and enjoy away from the playing fields, before games begin in earnest.

DATES FOR YOUR DIARY: Strictly Come Dancing, Thursday 5th March 2015 - Annual Social, Monday 16th March 2015.

STRICTLY COME DANCING: On Thursday, 5th March 2015 Dr. Crokes go Strictly Come Dancing in the INEC, Killarney. After the Quiz Night in the Tatler Jack on Thursday 29 January, (table of 4, \in 20), organised by the Events Committee, in support of their couple, Frances O'Sullivan and Niall O'Callaghan, the Clear Air Boys will be seeking your support for their representatives.

They are running a Golden Goal Promotion around the Kerry v Mayo NFL Game with tickets priced at €2. Tickets available from usual outlets and the Clear Air Boys. Make sure to get yours in support of the Club and in particular, dancing couples Andrea Leahy Hartnett/ Andrew Kenneally and Maggie Casey/ Ger O'Shea.

Their making the effort on behalf of the club, now its your turn.

JUVENILE SALE OF WORK/CAKE SALE:

The Ladies and Juvenile Sections are hosting a Sale of Work / Cake Sale in the Clubhouse on Saturday 14th February in support of their dancers, Helen Fitzgerald, Johnny McGuire, Mary Brosnan and Brian O'Callaghan.

If you are spring cleaning don't throw anything out just yet! We will arrange collection/ delivery of any items such as books, clothes, DVDs, old Crokes gear, old football boots etc.

What is not sold can be donated as appropriate afterwards. Further details to follow in next weeks notes and also watch Dr Crokes social media.

All these fundraisers are vital to the clubs finances which service our considerable expenditure in fielding all teams, from Juvenile to Senior, so support in any way you can.

Contact P.R.O at 085-8426667 if you can lend your assistance to all or any of the social fundraising events.

JUVENILE AWARD CEREMONY: Annual awards ceremony took place in the Clubhouse on 25 January 2015. District and County League medals were presented to our U15 Girls, U14 Boys and U16 Boys, while mementos of the playing year were also presented to all underage girls teams. Daithi Casey, Amanda Brosnan and Michael Burns were on hand to do the honors and the large audience was also addressed by Club Chairman, Denis Coleman, Juvenile Chairman, Pat O'Shea and Ladies Chairperson, Tommy Brosnan.

Well done to all concerned for a well organised, enjoyable event.

LADIES AGM: The Ladies Section AGM was held on Friday 23 January with Tommy Brosnan taking over as Chairperson. Interest in ladies football continues to grow, with the club coaching juveniles from ages 4/5 upwards and fielding teams at all grades. The ladies section has been revitalised in recent years thanks to the efforts of a small band of dedicated Crokes supporters. Our young girls and ladies deserve as much support as their male club colleagues and take as much, if not more pride in donning the Black and Amber. Get involved any way you can, your time is all the club needs, experience will follow. You'll get as much satisfaction from contributing as the girls get playing. Female or male, if you have played in the past and want to get the boots on again for the sake of enjoyment and your health, as a coach or player, contact P.R.O. at 085-8426667 or email crokesclubhouse@gmail.com.

SCOR: Club members who may be interested in taking part in the upcoming senior Scór (over 17) and Scór na bPáisti (primary school children) competitions are asked to contact Scór Officer Teresa Hickey on 086 3487671 as soon as possible. Scór competitions are as follows,. Quiz, Recitation, Drama, Solo singing Ballad group, Figure dancing, Set dancing and Instrumental group. These competitions commence in early February.

ANNUAL SOCIAL: This years social will take place on Monday,16th March 2015. Tickets are on sale now and are available from club officers. For all the latest news, photos and videos, visit our website DRCROKES.COM as well as our Facebook page (facebook.com/DrCrokesGAA) & Twitter Accounts (@drcrokesgaa & @ nextgencrokes).

Any items for inclusion in Club Notes or on our social media outlets, email to crokesclubhouse@ gmail.com or contact P.R.O. at 085-8426667.

Please note deadline for inclusion in Club Notes is 9pm Sundays, unless previously arranged with P.R.O.

SPA CLUB NOTES

REGISTRATION: All members are asked to register for the 2015 season players, scór, underage, ladies football, scór, officers, coaches and members.

COISTE NA NOG: REGISTRATION: Continues next Friday 30th 6.30 - 7.30pm.

TRAINING SCHEDULE: U6/U8 TBC after registration.

U10 Boys Friday 30th 7-8.

U12 Boys Friday February 6th.

LADIES FOOTBALL: The senior ladies starting their training last Friday night and it was great to see some familiar faces and especially past players. Encouraging all girls to get back to train to keep fit and enjoy a social aspect of the club. Come along next Friday night. Enquires for senior team please contact Mags Cronin 087 6147596.

U6/8/10 GIRLS TRAINING: Commences Wednesday February 4th at 5pm indoors.

U12 GIRLS TRAINING: Will commence Sunday February 8th at 11am indoors/ outdoors. Please bring gear for both indoor and outdoors.

SCHOOLS LINK: Well done to St Brendan's College who defeated HS Clonmel last Wednesday to book their place in the Corn Ui Mhuiri Munster Championship semi-final v Cork side Rochestown on February 7th. Congrats to selector Kieran Herlihy and the Spa players on the Sem panel - David Carroll, Ciarán Spillane, Michael McCarthy, Liam Kearney, Dara



GAA CLUB CALL Deadline: Monday 3pm Email: editorial@outlookmags.com

Moynihan, Evan Cronin, Michael Foley, Aydan Mulvaney and Mikey Moynihan.

TIERNABOUL NATIONAL SCHOOL: As part of Catholic schools week Fr. Kieran O'Brien is celebrating a special 'Grandparents' prayer service on Thursday at 1:15. Refreshments will follow. ALL are welcome. This is open to everyone in the Community.

EAST KERRY U21 CHAMPIONSHIP: SPA 6-9 FOSSA 2-6: Spa kicked off the year with a win over Fossa in the first round of the U21 Championship. Under the management of Sean Cronin, Mike O'Donoghue, Seanie Kelliher and Pat Cronin, Spa trailed 1-4 to 2-2 at the break but finished the game very strong.

SCÓR NA BPAISTI AND SENIOR SCÓR:

Upcoming East Kerry dates: Senior Saturday 7th February in Scartaglen Heritage Centre at 6.30pm.

Scor na bPaist East Kerry Final Friday 20th February.

LOTTO: Numbers Drawn 2, 11, 19, 25.

No winner in the Heights. Lucky Dips

Batt O'Sullivan c/o Cronins shop, Paul Dromey c/o Cronins shop, Nora O'Connell, Pat Carroll Muckross. €4400 next week in the Oaks

CLUB MERCHANDISE: Please contact Mathilda McCarthy (087) 648 7356 to purchase our new range of Club gear.

CLOTHES/BOOKS/OLD PHONES DRIVE

COLLECTION: We collect all year round. All proceeds goes towards the underage section of this club. Time to clear those wardrobes and can be dropped off to Spa clubhouse during the day or in the evening. All clothes any condition (clean), belts, bags, shoes and books (no school text books) and any old phones can be collected. Contact Anne Holland 0857780883 or John O Donoghue 087 9403517.

SPA COMMUNITY NOTES: Sympathy is extended to Eileen Galvin and family Kilbrean on the recent death of her uncle Con O'Keeffe and to the relatives of Pat O'Mahoney Ballydowney. May They Rest In Peace.

BEAUFORT GAA NOTES

ANNUAL GENERAL MEETING: Full report on Beaufort GAA Annual General Meeting is available on the club website www.beaufortgaaclub.com



ICTURED AT DR CROKES PITCH FOR THE INTER FIRM FOOTBALL SEMI FINAL, LIEBHERR V PORTLAOISE PRISON OFFICERS WERE L-R AARON O'DONOGHUE, GAVIN EVANS, CLODAGH EVANS, JOAN BURKE & GRÁINNE MURPHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

MEMBERSHIP: Membership is due at this time for the 2015 season. Rates are as follows: Family €50 - this covers U18 players and younger in a family and it also gives one adult (over 18) use of the gym. Senior players - €50. Adult only (no gym) membership - €30. Membership must be paid by 31st March, 2015. **GUMSHIELDS:** Are compulsory for all age group from adult players to U6 boys and girls both during games and training.

Classes are continuing in the Clubrooms.

CLUB GEAR: All club gear is available from U-6 to seniors. Hoodies, half-zip tops, Jerseys, shorts and socks at 2014 prices. Contact Mary 086 0640065 or Nora 086 1556181 for same.

LOTTO: Lotto results of Sunday, 25th January for jackpot of €2,800. Draw was held in The Inn Between. Numbers drawn: 1, 10, 14, 16. No jackpot winner.

GAMES: The U21s will be the first footballers out this season in the Mid-Kerry Championship v Laune Rangers away on Sunday next at 11.30pm. Winners will host Keel/Listry in the semi-final on Sunday, 8th February. The Minors County League campaign will begin on February 21st while the Seniors County League campaign in Division 3 will be March 22nd.

LISTRY WEEKLY LOTTO RESULTS: Sunday

25th January, 2015. Winning Numbers 12, 19,

LISTRY

23, 26. Jackpot €2,750. Not Won. 1 x €100 Conor O'Sullivan, Beaufort Bar. 2 x €50 Anne Courtney, Rockfield. Katie Hunt, Listry. 2 x €25 C. Coakley, Faha. David Kennedy, Ballymalis. Draw Entrant O'Sullivans, Ballymalis. Jackpot next week Sunday 1st February €2,900. LADIES FOOTBALL: The annual general meeting of Miltown/Listry ladies Football was

held last week. The Following Committee was elected Chairperson: Phil Tangney, secretary: Claire Rochford, treasurer: Marie Teahan, Pro: Margaret Lehane, Child protection Officer: Deirdre O' Sullivan. If anyone would like to help out by doing delegate to the county board or trainer for the Senior team please contact any of the committee members. If anyone would like to help out with fundraising please contact Ann Marie Crean. We will be having a Clothes recycling collection in Milltown on February 6th, all donations of clothing will be greatly appreciated. Any new Members who would like to join Milltown/Listry Ladies football please contact Martina Cronin On 086 167 3109 for details to register before 14th of February. Our annual get together will take place in Killarney Country Club February 14th at 7pm there will be a buffett and presentation of

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medals at this function, all are welcome.

KILLARNEY SPORTS

Deadline: Monday 3pm Email : editorial@outlookmags.com

RATHMORE/GNEEVEGUILLA COMMUNITY GAMES DATES FOR YOUR DIARY!

BASKETBALL/SOCCER TRIALS:

Under 13 Basketball for boys - Sunday 1st Feb at 6.15pm, Rathmore Gym.

Under 16 Basketball for girls - Sunday 1st February at 5 - 6pm, Gneeveguilla Hall. Under 13 Basketball for girls - Saturday 31st January at 11 - 12pm, Rathmore Gym. Under 11 Basketball 'mixed' - Monday 2nd February at 5 - 6pm, Rathmore Gym. Under 10 Indoor Soccer for boys (over 8) -

Saturday 31st January at 5 -6pm, Gneeveguilla Hall.

€2 fee payable per child.

MUSIC/SINGING: We will also be holding our area competition on Friday 30th January in Teach losagin at 5pm for the following: U13/U16 solo music, U14/U16, group music, U14/U16 solo singing, U14/U16 group singing, You are welcome to enter your own group of singers/musicians. Contact 086 0818606 or 087 2226607 for more details. €2 fee payable per child

HANDWRITING: U10/U12 (boys and girls) competition will be held on Tuesday 3rd February at Teach Iosagin, Rathmore, at 3.45 -4.15pm. Just bring your own pencil, paper will be supplied. €2 fee payable per child,

ART: U8/U10/U12/U14/U16 (boys and girls) competition will be held on Tuesday 3rd February, at Teach losagin, Rathmore at 4pm -4.45pm. Bring your own art material, paper will be supplied. $\in 2$ fee payable per child.

Anyone interested in the following events, please contact one of our officers:

Model making - U10/U12/U14/U16

Projects - U12/U13/U16

GNEEVEGUILLA GAA CLUB:

LOTTO: No winner of our lotto 23/01/2015, numbers drawn were 4, 16, 24 and 27. Sellers prize went to Tom Joe O'Donoghue, \in 50 Y/T winner Michael Foley Gullane, \in 50 Dan Fleming Scartaglin Village, \in 40 each to Yvonne Dillon Listowel, Mai Murphy Gneeveguilla, Tom Finucane Ballydesmond. Bonus not won, numbers drawn were 7, 12, 13 and 24. Next week's jackpot \in 6,800 plus \in 1,000 bonus.

KERRY COLLEGES CROSS COUNTRY: At the Kerry Colleges Cross Country in The demesne Killarney, Rathmore school competed for the first time in years – just hoping this is a good omen of things to come. Thanks to Catherine Kiely and Connie Vaughan for getting the word around the school. Katie Buckley did the school proud with a fine run to take the 6th place and secure a medal. Anna Clifford Fossa and Pres Killarney won the minor girls race with an outstanding display of front running. Another Fossa athlete with plenty to offer was Kate Murphy who came 3rd in the Junior Girls. We wish them well in the Munster Championships down the road.

5K WINTER SERIES: Next Saturday January 31st, February 7, 14th, 21st are the dates for our

winter series of 5K road races in The Demense Killarney. Headquarters The Old monastery. The race has a new course this year, starting at the lower end of the playground field the race passes the playground, the big entrance gate, Deenagh Lodge Tea Rooms, down the hill, cross the bridge proceed on to Ross Castle Car park. The race then it returns along Ross Road and back to the bottom of the field where the finish was the last 3 years. A lovely fast course. A map of the course is up on Facebook. See you all Saturday am early.

TRAINING: Circuit training in Gneeveguilla is suspended for the moment.

YEARLY LOTTO TICKETS: Renewals and new joinees are coming in. Thank you.

CLUB MEMBERSHIP: For those who have not paid up – please do so. It will make our job a lot easier if you are registered and paid up for the beginning of the year.

MUNSTER STAR AWARDS BANQUET: Next Saturday evening Elaine Cronin, Caherbarnagh will be travelling to Blarney Golf Resort Hotel to pick up her "2014 Munster Master's Sports Star Award". Everyone in the club are delighted for her and wish her well.

MURPHY CUP 2015

The fifth round of the Murphy Cup was played on Monday 19th January. High scores on the night from Mike Murphy 112 (60, 12, 40) 120 (20, 60, 40) and Tim Carroll 139 (60, 57, 22). Shane Doyle threw a 16 dart leg and a 180 winning the final of the night against Tim Carroll. Shane has his place secured in the last 16 of the Murphy Cup. Tim Carroll now proceeds to the last 16 of the Peg Murphy Cup. On Tuesday night the 20th January in the 6th round of the Murphy Cup Neil O'Donoghue beat surprise packet Jerry Mc Gowan in the final of the night. Neil will now meet Shane Doyle in the last 16 of the Murphy Cup and Jerry will meet Tim Carroll in the last 16 of the Peg Murphy Cup. Wednesday night the 21st January saw sibling rivalry with Keith O'Donoghue beating his brother Mike in the final. Keith scored a 116 (20, 60, 36) finish. Both Keith and Philip Kelly scored a 180 on the night. Keith proceeds to the last 16 of the Murphy Cup and Mike takes his place in the last 16 of the Peg Murphy Cup.

KILLARNEY DARTS TOWN LEAGUE

FIXTURES: For Thursday 5/02/2015, 2nd last Game of League. First named team at home. Points total to date in brackets :

GROUP 1: Kenmare Rooms (32) v Sportsmans Bar (38). Jimmys Jokers (44) v Murphys Pinters (44). Golden Nugget Old Timers (27) v Lals Bar (66). Free Night = Dunloe Lodge B (37). Highest Finish = Declan Shea, Sportsmans, 167. GROUP 2: Klub Bar (22) v Jimmy Briens (29). Murphys Bar (56) v Dunloe Lodge A (43). Corkerys (43) v Dan Linehans (37). Free Night = Tatler Jack (67).

Highest Finish = Jason Stack, Dan Linehans,

115.

GROUP 3: Teddys Bar (45) v Avenue Heros (50). Charlie Foleys A (38) v Nugget Night Owls (18). OKI (52) v 98 A (33).

Free Night = Mustang Sallys A (61).

Highest Finish = James O'Neill, OKI, 139,

GROUP 4: Mustang Sallys B (37) v Team Danny Mann (12). Klub Bar Reserves (21) v Charlie Foleys A (30). Free Night = 98 B (26).

Highest Finish = James Cronin, Mustang Sallys B, 84. KnockOut Cup sponsored by O'Neill's, Plunkett Street.

RESULTS AND FIXTURES: Thursday the 22nd January saw what was two very thrilling

Semi - finals in the KnockOut Cup between Dan Linehans of College Street and Lals Bar, Kilcummin, in Linehans Bar. This was a verv closely contested game, with Lals coming out on top winning 5 to 3. In the other semi-final The Tatler Jack Team were at home and took on old rivals Murphys Bar. This also was a very closely contested game. It was 3 - 3 after the singles, with the Tatler winning the two games of doubles and being the victorious team on the night. Winning 5 to 3. The Final between the Tatler Jack and Lals Bar, should make a very thrilling final, and will be very close I'm sure and takes place in the Killarney Avenue Hotel on Friday 6th March, at 9:00 p.m. All welcome.

WORKMAN'S NOTES

A fantastic start to 2015 for the club with a total of 6 individual medals won at the Irish Indoor Rowing Championships which were held at the UL Sports Arena last weekend. Congratulations to David Bartlett who won the Gold medal in the J14 timed event and the Silver medal in J14 500m, Ruadhan Mc Curtain who won Gold in J15 1000m, Annie O'Donoghue who won Bronze in J15 1000m and our wonderful treasurer, Pauline O'Brien, who showed that she's more than just a wizard with the finances when she won Silver in the women's 500m and Bronze in the 2000m. Well done to all of our athletes who competed at the event where many of them achieved PB's and recorded some excellent top 10 finishes. Sincere thanks to head coach Mickey Joe and to all the parents and relatives who travelled to Limerick with the athletes, your support and encouragement made it a great day out for the club.

BIRTHDAY WISHES: Go to our Juvenile Ladies coach, Hanna O'Donoghue, who celebrated a birthday with a zero this month, we're thrilled to have another lady in the club available to row in the Masters category! Delighted to announce that the flood waters have receded from around the clubhouse and all training times are back to normal so everyone has a chance to prepare for Skibbereen 10k which will be on this weekend.

New members, both young and not so young are always welcome to join the club; anyone interested please contact Mary on 086 8098182.

Deadline: Monday 3pm Email: editorial@outlookmags.com

KILLARNEY SPORTS

KILLARNEY SWIMMING CLUB NOTES

CONGRATULATIONS: To our swimmers who took part in the recent Invitational Gala in UL. The Gala was a "long course" event i.e. in a 50 metre Olympic-size swimming pool.

BOYS OVER 16: - Shane Courtney won gold medals in the 200 metres freestyle and the 100 metres butterfly and a silver medal in the 100 metres backstroke.

GIRLS OVER 16: – Sinead Lucey won silver medals in the 100 metres backstroke and the 100 metres butterfly and a bronze in the 200 IM.

BOYS UNDER 15: – John Daly won bronze in the 100 metres freestyle.

GIRLS UNDER 13: – Niamh Coffey won gold medals in the 200 metres IM and the 100 metres butterfly with Wiktoria Niewiadomska winning gold in the 200 metres freestyle.

BOYS UNDER 11: – Paudie O'Leary won a silver medal in the 200 metres freestyle and a bronze in the 100 metre backstroke while his brother, Ross O'Leary, picked up bronze in the 100 metres freestyle.

Thanks to our coaches and to the parents who travelled on the bus to Limerick and who volunteered for time keeping and turn duty on the day.

MUCKROSS ROWING CLUB NOTES

IRISH INDOOR ROWING CHAMPIONSHIPS:

Well done to our Junior Womens group who represented the club at the Irish Indoor Rowing Championships held in the University of Limerick on Saturday last. Our Junior 18 Womens team of Zoe Hyde, Dearbhail Ryan, Olivia O'Donoghue and Aldina Murphy were second in their event while Zoe Hyde also finished third in the individual Womens J18 2000m event. Congrats also go to Caoimhe Kelly who recorded a top five finish in a group of 36 and to Ciara Carroll and Aoife Courtney who both placed in the top 10 of 26 in the Womens J16 500m sprint. Great achievements by all involved. Our thanks to coaches Aine Sweeney, Linda Daly and Elaine Daly for travelling and organising the club's outing.

EVENTS: The club's next competitive event is the Cork Head Of the River on Saturday next 7th February. Galway Head Of the River is scheduled to take place on Saturday 14th March.

MEMBERSHIP: A reminder that club membership and Rowing Ireland fees for existing members are now overdue. Outstanding fees and forms are to be returned to coaches, to Registrar Jeremy Kenny or to Treasurer Elaine Daly as soon as possible. New members are advised to contact their coach regarding new membership. New members are always welcome. We have active beginner groups, boys and girls, for those aged 12-14

training weekend mornings. Older juniors and adult members also train mid-week in the community centre and weekends from the boathouse, weather permitting. Enquiries to Club Captain Eadaoin Moynihan 086 1529476. CENTRE COMMUNITY **UPDATE:** The extension works at the Muckross Community Centre are now all but complete and the new space has already transformed the training experience for club members. All centre users now have access to greatly expanded space, storage and facilities generally. The extension was made possible by majority funding granted by South Kerry Development Partnership. Over the coming months, details will be announced of a number of important community fundraising initiatives to meet the outstanding costs. All support greatly appreciated.

MUCKROSS LOTTERY: Congratulations to Amy Arthur and Ambrose O'Sullivan, who won the lottery jackpots of Saturday fortnight and Saturday last respectively. Well done also to the ticket sellers, Loughquittane NS and Breda Moriarty who each receive €100. Next draw Saturday 31st January 2015. Jackpot: €1,000. Match 4 plus Lucky Number in panel 2: €2,000.

KILLARNEY COUGARS BASKETBALL CLUB

JUVENILE NEWS: A big week for our U12 girls and boys as St Paul's hosted Killarney Cougars in a U12 double bill at the Sports & Leisure Center and the Cougars came through a exciting nights basketball with two wins on the night.

U12 BOYS DIV I CUP Q/F ST PAUL'S 15 KILLARNEY COUGARS 16

Cougars made the short journey across town to take on St Paul's in this eagerly awaited Division1 Cup clash at the Killarney Sports & Leisure Center and in a low scoring competitive contest the Cougars came through on top. The Paul's made home advantage count in the early stages and led by three at the end of the quarter thanks to baskets by Jamie O'Sullivan for Pauls while Tommy Bowler kept Cougars in touch with two good baskets. Cougars held the home side scoreless in the second quarter to take the lead by halftime by one point thanks to a Conor Horgan basket. Cougars were to keep the lead throughout the second half thanks to scores from Tommy Bowler with the home side efforts being met with a determined Cougars defence. A tense closing stages saw Cougars hold firm to advance to the semi final away to Kilorglin. Best for Cougars were Cian Power, Daire Murphy, Harry Byrne, Tommy Bowler and Simon Coffey. **U12 GIRLS LEAGUE**

ST PAUL'S 16 KILLARNEY COUGARS 18

Cougars were pushed all the way in this U12 game by Pauls but Cougars continued their unbeaten run this season with a strong last quarter to take the points. Cougars dominated the early stages but only led by a point at the end of the opening quarter with Paul's defence working hard and baskets by Holly Power giving them the early advantage. The home side thanks to baskets by Jade Potts took the lead by halftime as Cougars struggled through the second quarter. Paul's continued to dominate the early stages of the third guarter to lead by 6 points with Potts again on target with good baskets, but Cougars came back late in the quarter with a good response with baskets by the excellent Holly Kennelly and Meave Bellew as Cougars began to find their form. A stronger Cougars defence performance saw them start to get on top and baskets by Adele O'Brien and Meabh Coleman Horgan and the impressive Meave Bellew saw Cougars hit the front and despite a spell of pressure in the closing minutes from the home side a determined Cougars were not to beaten in a very entertaining contest. Cougars were not at their best on this occasion but showed great character throughout to maintain their great form this season.

GIRLS U17:

LIXNAW 34 KILLARNEY COUGARS 31

A closely contested low scoring game saw Cougars pipped in the final minutes by a determined Lixnaw who finished with a great surge in the final quarter. There was little between the sides throughout with the lead being exchanged through the first half but the sides were tied entering the final quarter. Lixnaw pressed hard in the final minutes and a tiring Cougars brave efforts cam up short on this occasion despite a good effort. Cougars Katie Talbot was the games top scorer on 14 points.

U14 GIRLS:

LIXNAW 18 KILLARNEY COUGARS 43

Cougars produced a good performance as they comfortably defeated a hard working Lixnaw side in the Community Center. Cougars were very sharp and scored some great baskets to quickly build up a good lead. Best for Cougars Niamh Stack, Aoife Kissane, Shelley Clifford, Ciara Griffin, Orla Moynihan and Aoife Doody. U12 GIRLS:

LIXNAW 23 KILLARNEY COUGARS 25

A great comeback by Cougars in the closing stages following a hard saw them come back well and finished the game with a late late show to secure a win. A basket by Laura Looney looked to have given a win in the final minute but Lixnaw respond with a quick break away basket, Cougars responded immediately and Meave Bellew who was fouled under the basket and she coolly scored the two free throws with just four seconds remaining. Best for Cougars were Adele O'Brien, Alicia Burke,Lucy Jayne O'Gara, Meave Bellew, Holly Clifford and Laura Looney and Holly Kennelly.

COUGARS BASKETBALL ACADEMY: Cougars boys and girls U10 and U8 term 3 is under way at the Parish Hall every Friday, girls 5pm and boys at 6.30pm. New members welcome.

A full list of the latest training times and upcoming fixtures is available on the website www.killarneycougars.com

KILLARNEY SOCCER



KILLARNEY ATHLETIC UNDER 15'S WHO WERE IN THE LAST 32 OF THE NATIONAL CUP BUT UNFORTUNATELY LOST TO BONAGEE FROM CO. DONEGAL ON A SCORE LINE OF 4 - 0 SCORE LINE.

KILLARNEY ATHLETIC A.F.C. NOTES FIXTURES

KERRY SCHOOLBOYS/GIRLS LEAGUE SATURDAY 31ST JANUARY 2015 LEAGUE FIXTURES

Moriarty's Centra Under 11 Group 3 Mastergeeha v Killarney Athletic 2.00pm. Daly's Supervalu Under 13 Division 1 Killarney Athletic v Killarney Celtic C 10.30am. Killarney Plaza Under 15 Division 1 Killarney Celtic B v Killarney Athletic 12.15pm. 300 MEMBER CLUB DRAW:Draw will take place tomorrow night January 31st in Scott's at 9.00pm. 6 prizes to be won 1st prize €500.00 and 5 prizes of €100.00.

RESULTS: SENIOR B CASTLEISLAND 5

KILLARNEY ATHLETIC B 3: Athletic came away without the points on deplorable pitch conditions. Goal scorers for Athletic Zieul, Maison and Chris O'Meara.

YOUTHS:MASHERGEEHA 1

KILLARNEY ATHLETIC 1: Athletic will feel aggrieved that they came away with only one point as they dominated the second half but credit to Mastergeeha defence, they kept the boys in blue out. Goal scorer for Athletic was Eamonn Lavin with Eoin O'Meara, Mark O'Shea and Tommy Counihan best for Athletic.

UNDER 15 NATIONAL CUP: The under 15's went down on 4 - 0 score line to Bonagee from Donegal. Bonagee were a well trained unit and very strong and physical but the Athletic boys can feel very proud and fought until the final whistle. Best for Athletic were David O'Mahony, Liam curran and Jason Coffey.

ANNUAL STREET COLLECTION: A big thank you to everyone who donated to our annual street collection on Saturday and to all those who helped collect the money. Also Thanks to Sean O'Donoghue (Blackthorn) and to Aaron Quill who organised the collection.

CONDOLENCES: Sincere Sympathy to the O'Mahony family, the O'Keeffe family and to Carey Gordon on their recent sad losses. R.I.P.

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic. com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

SCHOOLBOY/GIRL SOCCER SATURDAY'S RESULTS NATIONAL CUP:

14's Killarney Celtic 2-0 Cherry Orchard. 16's Killarney Celtic 2-1 Mungret Regional AET. **LEAGUE RESULTS:**

JK SPORTS 12'S DIVISION 1:

Killarney Celtic B 1-1 Inter Kenmare. Ballyhar 3-4 Killorglin.

DIVISION 2: Camp B 0-0 Killarney Celtic C. Park B v Park C.

FOUNDATION SPORTS 14'S

PREMIER: Killarney Athletic 0-7 Park A. Killorglin 3-1 Tralee Dynamos.

DIVISION 2: Tralee Dynamos B 0-2 Park B. Fenit 1-3 St Bernards.

Asdee 1-1 Listowel Celtic C GIRLS 14'S PREMIER:

Killarney Athletic 2-4 Killarney Celtic

TRALEE TROPHY WORLD: PREMIER:

Killorglin – Mastergeeha. Tralee Dynamos 4-0 Listowel Celtic. DIVISION 1:

Camp Juniors 6-0 Killarney Athletic. Ballyhar 2-1 Fenit

REPORTS: There was action on Saturday and Sunday last weekend in both the National Cups and in the Even age Leagues.

NATIONAL CUP REPORTS: DOUBLE DEFEAT FOR CELTIC:

The Round of 32 saw the end of the hopes of Killarney Celtic's 14's and 16's as both went out at home. A goal in either half saw the DDSL's Cherry Orchard saw a gallant Killarney Celtic 14's National Cup hopes end. Celtic put it up to their illustrious opponents but were caught out by well worked free kicks. In the 16's Killarney Celtic came from 1-0 down to equalise through a David Clifford penalty in their clash with Mungret Regional from Limerick. Neither side could find the winner even though both had chances. Indeed two superb defensive blocks, including one in the last minute of normal time on Michael Potts, saw Mungret hang on but in fairness to them they also had a couple of opportunities without really testing Robert Osburne in the Celtic goal. The winner came in the second period of extra time following a Mungret free and they now march on to the last 16 but without two players who were red carded in an incident after the final whistle. Celtic had finished the match with ten players and also had one sent off in that schmozzle following the game.

LEAGUE REPORTS: JK SPORTS 12'S: LEADERS INTER HELD IN 12'S

DIVISION 1: Leader Inter Kenmare were held to a 1-1 draw away to Killarney Celtic B but continue to lead the Division 1 table. Corey Murphy scored his tenth goal of the season to see Inter moved onto 17 points. Barney Parsons was on the mark for the Hoops and they are now 2 points ahead of

the chasers. Those leaders are being led by Ballyhar who missed their chance of going to the top of the table are they went down to Killorglin B in a seven goal thriller. Peter Cosgrove, James Horan and Brian Burke were the scorers for Ballyhar but 2 from Keith Evans and one each from Jack Sullivan and Keith Foley gave Killorglin B the win. Ballyhar stay second while Killorglin's three points sees them go into 3rd on 10 points.

NO GOALS THE STORY IN DIVISION 2:

While there were no goals in both games in Division 2 the Park C drawing 0-0 with League leaders and club-mates Park B was certainly the highlight. The Park B were looking for their 7th win in a row but couldn't find a way past the C team's defence. Killarney Celtic C missed the chance to move into second place on their own as they had to settle for a point away to Camp Juniors B. The result sees Celtic C and Tralee Dynamos now tied on 9 points.

FOUNDATION SPORTS 14'S:

Top two sides win in the Premier:

Leaders The Park were too strong for Killarney Athletic in Woodlawn and took the 3 points back to Tralee. Sean McGrath, Alfie Christie, Seb Vassiu, Junior Bio, Conor Hayse, Paddy Rourke and Junior Tshikato all got onto the score-sheet for The Park. Second placed Killorglin, who have a big National Cup weekend coming up, played Tralee Dynamos on the All Weather. They kept the pressure on The Park with a 3-0 win. Dylan O'Neill scored twice and Gar Hassett the third. It's 7 up for Listowel Celtic C: Listowel Celtic C are proving unbeatable and have notched up their 7th win from 7 games as they were too strong for their neighbours Asdee. Michael Nolan hit 3 and these were added to by goals from Ted Moloney, Robert Foley and JP O'Carroll. Bernard O'Callaghan replied for Asdee.

St Bernards are only 3 points behind the leaders following a 3-1 win away in Fenit. Aaron Malic, Mathew Burke and Adam Burke, who everyone was delighted to see back after a four month injury lay off scored for the winners. Fergal O'Brien got the Fenit consolation. The Dziedziuch brothers Mark and Carl got all four goals for the Park B in their win over Tralee Dynamos B. Mark hit a hat trick in the win.

GIRLS 14 PREMIER: The 14 Girls Premier Killarney derby in Woodlawn proved to be a cracker with Celtic eventually getting the better of Athletic 4-2. The sides were tied at 2 all at the break thanks to goals from Chloe O'Connor and Ciara Randles for Celtic and 2 from Mairead Lehane for Athletic including one from the penalty spot. Lauren Burke put Celtic ahead and an og wrapped up the win to see the Hoops go top ahead of Athletic.

TRALEE TROPHY WORLD 16'S:

Tralee Dynamos go top on their own:

Tralee Dynamos 4-0 win at home to Listowel Celtic sees them go top of the table on their own thanks to goals from Rian O'Sullivan, Darragh Goulding 2 and Dillon Robinson.

3rd placed Mastergeeha were defeated away to Killorglin 3-1. Gary Mathews, Darragh O'Sullivan and Ciaran Kennedy were the Killorglin goal scorers. Darren Mulcahy got the goal for Mastergeeha.

NO CHANGE AT THE TOP OF DIVISION

1: Leaders Camp Juniors kept their 3 point lead at the top of the intact with a win at home to Killarney Athletic. Jimmy O'Grady, Michael Scanlon, Joe Kennedy and Ruadhain McCarthy got their goals. Ballyhar remain in second after a hard fought win over Fenit at Murt Scott Park. Jake Flynn and Kenneth O'Sullivan scored for the home side with Christopher Murphy replying for Fenit.

KILLARNEY CELTIC NOTES

DEEPEST CONDOLENCES: Everyone at Killarney Celtic has been deeply saddened by the news of the passing of Audrey Gordon, wife of our senior manager Carey. Audrey was a bright, warm and lovely person who was an inspiration and a friend to everyone at the club and she bore her final illness with tremendous dignity and even great humour. She was deeply loved and will be sadly missed. Ar dheis De go raibh a anam dilis - may her precious soul rest at the right hand of God.

INTERNATIONAL SOCCER FOR CELTIC

PARK: International underage football returned to Celtic Park last Friday night as the Irish U15s played their Scottish counterparts. The game finished up as a victory for Scotland on a 3-1 scoreline, but it's fair to say that Killarney Celtic were even bigger winners as hosts to a fantastic occasion. A huge thank you to all our many volunteers who did absolutely trojan work – special mention has to go to Batt O'Sullivan, to the Town Council, Gardai, medical support and ambulance staff (thankfully not needed on the night but always ready), the local residents, and the tremendous help and support from our neighbouring sports clubs, and the FAI.

RESULTS:LADIES LEAGUE: INTER KENMARE 0 KILLARNEY CELTIC 0

A very close and controlled game by two welldrilled sides ended up scoreless after some great defending. Catsy O'Sullivan, Amanda Brosnan, and Amy Foley were superb for Celtic. U16 NATIONAL CUP: KILLARNEY

CELTIC 2 MUNGRET REGIONAL 1 Killarney Celtic came from 1-0 down to equalise

through a David Clifford penalty in their clash with Mungret Regional from Limerick. Neither side could find the winner even though both had chances. Indeed two superb defensive blocks, including one in the last minute of normal time on Michael Potts, saw Mungret hang on but in fairness to them they also had a couple of opportunities without really testing Robert Osburne in the Celtic goal. The winner came in the second period of extra time following a Mungret free.

U14 NATIONAL CUP: KILLARNEY CELTIC 0 CHERRY ORCHARD 2

A goal in either half saw a gallant Killarney Celtic's National Cup hopes end. Celtic put it up to their illustrious opponents but were caught out by well worked free kicks. Dara Dennehy, Mark Cooper, Patrick Darcy, Ryan Kelliher, and Darragh Lyne put in a tremendous shift. The whole team put in a great display against a really excellent Cherry Orchard and could and did walk off the field with their heads high.

U14 GIRLS: KILLARNEY ATHLETIC 2 KILLARNEY CELTIC 4: The Killarney derby in Woodlawn proved to be a cracker with Celtic eventually getting the better of a very good Athletic team. The sides were tied at 2-2 at the break thanks to goals from Chloe O'Connor and Ciara Randles for Celtic and two from Mairead Lehane for Athletic, including a penalty. Lauren Burke put Celtic ahead and an og wrapped up the win to see the Hoops go top ahead of Athletic.

U12 DIV ONE: KILLARNEY CELTIC B 1

INTER KENMARE 1: A thriller between the to top sides, with a goal by Barney Parsons earning us a draw and keeping us right on the heels of the league leaders after a great team performance.

U12 DIV TWO: CAMP B 0

KILLARNEY CELTIC 0: A great contest between two finely balanced sides, with neither able to break the deadlock.

CONGRATULATIONS: To Barney Parsons on being selected for the Kerry Team of the Week. **FIXTURES:** Denny Premier: Killarney Celtic at home to Camp United, Sunday, 11.30am.

Denny Premier B: Killarney Celtic B away to Asdee, Sunday, 11.30am.

Ladies League: Killarney Celtic away to Na Fianna, Mounthawk Park, Sunday, 2.30pm.

U17 League: Killarney Celtic at home to Iveragh United, Saturday, 2.30pm.

U15 Premier: Killarney Celtic at home to Dynamos, tbc.

U15 Div One: Killarney Celtic at home to Killarney Athletic, Saturday, 12.15pm.

U13 National Cup: Killarney Celtic away to Ringmahon, Saturday, 1.00pm.

U13 Div One: Killarney Celtic away to Killorglin, Saturday, 10.30am.

U13 Div One: Killarney Celtic C away to Killarney Athletic, Saturday, 10.30am.

U12 Girls: Killarney Celtic at home to Inter Kenmare, Saturday, 10.30am.

U11 Group One: Killarney Celtic A at home to Dynamos, Saturday, 2.00pm.

U11 Group Two: Killarney Celtic B at home to Dynamos, Saturday, 2.00pm.

U11 Group Three: Killarney Celtic C at home to Iveragh, Saturday, 2.00pm.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

LOTTO RESULTS: Numbers drawn 5, 8, 10, 20. No winner, three x match three, Tom O'Connor Firies, John O'Leary c/o JC, Anthony, Trim, Co. Meath, €50 each. Next week's jackpot €6200, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com.

Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

MEK UNITED

MEK United are holding a registration day for their upcoming U8 and U10 academy on Saturday February 7th 2015 at Fossa Community Hall from 2-3pm. The academy starts on Saturday 21st February from 2-4pm at the astro turf pitch at the rear of Fossa NS. Under 8 boys and girls (born in 2007 or after)

and Under 10 boys and girls (born in 2007 of alter) and Under 10 boys and girls (born in 2005 or 2006) are welcome. There will be a ≤ 10 registration fee and ≤ 2 per session thereafter. The coaches, plan to participate in official Kerry Schoolboy/girl league Super 7 competition with a focus of being involved and having fun. For more information contact Pa on

087-7943220 or Liam on 087-4145662 or check out www.mekunited.com.

MASTERGEEHA FC

U14 GIRLS: PARK 0 MASTERGEEHA 2

The girls got there first win of the season away on Sunday afternoon. Jessica O'Neill and Anna Hannigan got the goals. All played well in the deserved win with Ciara Kearney leading by example.

U16: KILORGLIN 3 MASTERGEEHA 1:

In this tough game the boys battle well and created some good chances throughout but the home goalkeeper was excellent. Darren Mulcahy scored the Mastergeeha goal.

U18: MASTERGEEHA 1 KILLARNEY ATHLETIC 1: In this game Mastergeeha had the better of the opening half and went ahead when Tommy Sheehan scored in the 30th minute. However in the second half the visitors scored early on. After this the boys defended well and created some chances with Shane O'Sullivan and Jake Moynihan going close.

SENIORS DIV 2A: MASTERGEEHA 2

CLASSIC 2: In this game the visitors took the lead early on but Mastergeeha got the equaliser just after the break when Eoin Horan converted from the penalty spot. However Classic scored after 5 minutes. For the remainder of the game Mastergeeha pushed forward but the visitors defended well. In added time Tony Brosnan played a pass to Tom Templeman who scored with a good shot for the equaliser.

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 23rd January. Numbers drawn were 2, 15, 22 & 23. Jackpot now €3,600.

KILLARNEY GOLF



PHOTOGRAPHED AT THE PRESENTATION OF PRIZES AT THE ROSS GOLF CLUB RECENTLY FOR THE 2014 CLUB MATCHPLAY CHAMPIONSHIP WERE:

(L TO R) ALAN FLYNN, WINNER AND TOM TOBIN, KILLARNEY MEDAL & TROPHY CENTRE, SPONSOR.

CASTLEROSSE GOLF CLUB RESULTS: COMPETITION PLAYED ON SUNDAY 25TH JANUARY 2015, 12 HOLE STABLEFORD.

Winner Gintaras Bendaravicius (20) 31 pts. Overall runner up, Mick Clifford (22) 30 pts. Overall 3rd place Trevor Shine (15) 29 pts. **FIXTURES:** Weekend competition, 12 Holes, Stableford Format. Play Friday, Saturday or Sunday, Use time sheet.

KILLORGLIN GOLF CLUB RESULTS:

1st Paul O'Shea 16 30 pts. 2nd Derek Commerford 18 29 pts. 3rd Mike Griffin 20 29 pts. 4th Dan Kissane 20 28 pts. 5th Mike Lawlor 14 28 pts. Thanks to all who participated **NEXT WEEK:** Captain's drive in. Draw at 10am.

The very best of luck to both Phil Anne and Paul for the year ahead.

KILLARNEY GOLF CLUB

LADIES: RESULTS OF 13 HOLE COMPETITION SUNDAY 25TH JANUARY, 2014, CLUB SPONSORED.

1st Katie O'Connell (34) 35 pts. 2nd Marie Geaney (19) 29 pts (b9).

KILLARNEY BADMINTON CLUB

A great weekend of badminton for young and old alike played last weekend. The division 1, 3 and 5 kerry championship singles were played in Killarney sports and leisure centre.

Elaina Galvin reached the division 5 final but not to be her day and lost out to Rachel O' Connor Dingle.

Cian McDermot was up against John O'Keeffe in plate final and came out winning. Jessica Galvin reached the plate final in division 5 but lost out on the day to her opponent. Evan Horan reached the division 3 singles final and lost out narrowly in a great 3 set match to Aidan McCarthy. Well done to all our players Next Competition Sunday 1st February, 3 person Scramble - Mahonys -tee times 8.30 -- 12.00.

ROSS GOLF CLUB

RESULTS: ON SUNDAY JANUARY 25TH WE HELD A 2 MAN 18 HOLE SCRAMBLE AND THE FOLLOWING WERE THE WINNERS:

1. Thomas O'Regan and Donnagh Moynihan 58 and 2/3rds

2. Ivo O'Sullivan and Gerard Murphy 60 and 2/3rds.

QUIZ: On Friday January 30th we will hold a fundraising quiz in The Killarney Oaks Hotel at 8.30pm. Teams of four will cost \in 40. All members are urged to support

this event and to bring along some family and friends to raise funds for our club teams.

RING OF KERRY GOLF CLUB 25TH JANUARY 2-PERSON SCRAMBLE OVER 14 HOLES

1st: Jerry Kearney (17) and Matt Twomey (12) 44.2pts.

2nd: Donal Murphy (17) and John O'Keeffe (13) 46pts.

3rd: Joe O'Neill (3) and Geoffrey Mahony (18) 46.8pts

UP COMING FIXTURES: 31st January / 1st February - 2-Person OPEN team Event Visitors €20.

DEERPARK PITCH & PUTT NOTES

JUVENILE OFFICERS REPORT: During the course of his report to the recent AGM Juvenile Officer Mike Foley congratulated the team of Mike Cronin, Mark Harnett, Sean Courtney Stephen McCarthy and Conor Quirke who were members of the International team and who won silver medals in the Munster Inter-County competition. The club had eight representatives in the Provincial and National singles events. For the county competitions it was a special year for Mike Cronin as he completed a county double, defeating Mark Harnett in the Matchplay final and shooting a

wonerful 13 under par to claim the Strokeplay event and Sean Courtney had similar success in the U-14 section, Mike Cronin also won the Collins Scratch Cup.

The club organised a very successful Juvenile Scratch Cup competition and here Stephen McCarthy was successful following on the footsteps of his brother Conor who had won the competition the previous year.Lorcan Martin won the U-I4 section while Cillian Courtney claimed the U-I2 prize, Mike paid special tribute to Eileen Switzer, Sheila O'Donoghue and Damian Fleming for their assistance in organising this competition. Also to Stephen Ennegues and Paraic Buggy of the PPUI for their assistance in organising the Easter Camp. Mike also thanked Victoria House Hotel for their sponsorship of the Juvenile Scratch Cup, also Carmel Lannigan, Johnny Courtney, and Brendan Harnett for travelling to Navan for the All Ireland weekend and also assisting with the other trips during the year. He also thanked Trophy World Tralee for their continuing support of the Juvenile Matchplay. This year's event was won by Luke Ring with Jason Cahillane as runner up. Prior to Christmas Damian Fleming sponsored a special competition which was won by the team of Michael Cronin and Adam Kelly. Mike has intimated that due to work commitments he has decided to step down from this position in 2015 and on behalf of the club I wish to extend a special word of congratulations to him for his huge contribution to the Juvenile section since he took office and as well as organising the various club competitions he travelled widely with juvenile members participating in various National and Provincial competitions.

COPITCH & PUTT CO BOARD: Congratulations to Damian Fleming on his election as chairman of the Kerry Pitch & Putt Board and to John McGrath who was elected as competition secretary.

MEMBERSHIP RATES 2015: The following membership rates were fixed at the recent AGM, adult \in 120, family (Two adults and Three children under the age of I6 years) \in 200, Juveniles and OAP rates \in 75.

on the day. The Killarney Div 4 league beat lveragh 6-1 on Friday. This Sunday the Killarney centre will host another feast of badminton with the Munster Juniors competition and also the Munster senior 1 grade. Another great tournament taking place this weekend is the Ballyheigue competition and names to be given to Jennifer before Saturday please. Well done to all our club members and look forward to another great weekend of badminton.

KILLARNEY SOUTH COMMUNITY GAMES NOTES

Killarney South Community Games is a voluntary organisation which enters teams and individuals in as many community games

activities as possible. However, in order to continue the Community Games tradition in the Killarney South area we need funding to cover insurance, entry fees etc. Our main fundraiser is the Church Gate collection which this year will take place on Saturday and Sunday covering all Masses in the Cathedral only. It is vital we get as many parents and young athletes as possible to cover the Cathedral Masses on Saturday the 14th February and Sunday 15th February. We urgently appeal the parents of last years football and soccer teams, athletes, swimmers, guiz team etc. to please contact Killarney South Community Games Chairman Anthony Greaney at 087/7098695 or Treasurer Patricia O'Sullivan to volunteer for the above. Your cooperation is greatly appreciated as this is one of our only fundraisers for the year.

Killarney Outlook

Sales: Des 087 659 3427 or Email: killarneyoutlook@outlookmags.com





FARMING OUTLOOK



The headline in an English tabloid today "Euro doomed to be a weak currency" was certainly worth a smile, as farmers settle back into the sound of bawling calves and sleep deprived nights. Mario Draghi and the good people of Greece are doing wonders for the export-oriented industries in Europe. Doomed may be a little harsh but a greater than 10% fall in our exchange rate with the US dollar should translate into 2 to 3 cent a litre bonus on milk price in 2015. Wishful thinking? As we head into a near perfect price storm we must look for whatever positives present themselves and stay focused on what we can do well inside the farm gate. Nobody can see around corners and predicting when prices will rise is a pointless exercise. Commodities move in cycles, as the old saying goes "the answer to high prices is high prices. When demand exceeds

supply milk price rises, farmers around the world production increase and consumers around the world reduce consumption. Balance is quickly restored and a surplus appears out of nowhere. Why then are we surprised? In April 2013, prices increased significantly due to increased demand from Asia and reduced production in Europe and the USA. Price dropped in 2014 because China pulled out of the market, production conditions were excellent around the world and the Russian embargo on EU dairy products put the tin hat on it.

Low prices do not just affect farmers; every 1 cent/litre fall in price takes 50 million euro out of rural Ireland. The 10cent/litre fall predicted is the equivalent to a half a billion-euro reduction in income, add in the multiplier effect and the rural economy is down the bones of 2 billion euro. However, salvation is at hand because the answer to low prices is obviously low prices, Consumers will consume more and farmers will produce less. Eventually the market will be in short supply and we will start all over again. The question is how long this take will. Ignore what I said about seeing around corners, here is my prediction, 2015 terrible, 2016 good, 2017 great. The headlines will then read, "Farmers will never again see a poor day". That is why you should never believe what you read in the papers.







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MACRA MATTERS

Kerry Macra took part on saturday in the all ireland semi finals of fbd capers in Mallow where they done both county and their home clubs proud. Unfortunately they narrowly missed out on a place in the All Ireland Final but all was not lost as they picked up two awards on the night. First being Best Act for their China Man Builders Sketch and John Michael Fitzgerald won best actor. Kerry Macra wishes to thank all who helped the team during the last few weeks especially the backstage, lighting and sound crew.

Mid Kerry Macra are going to the Jack and The Beanstalk panto in Killorglin on Saturday night. New members are welcome to join us on the night. Anyone that wishes to join us can call 0877067526 for more information.





FARMING OUTLOOK

IRELAND IS 5th IN EUROPEAN BEEF PRICES LEAGUE

zxzxa Ireland has risen to fifth on the European Commission's latest beef price league table.

The table, which is based on the R3 heifer price, showed that in the week ending January 11 the Irish price was 399.8c/ kg, up 9.9c/kg from the December when the R3 heifer price was 389.9c/ kg. According to analysis from the LMC, this 2.5% increase in the Irish R3 heifer price put it 5c/kg above the EU average in the week ending January 11. It also says in the week ending December 14 the R3 heifer price in Ireland had been 2.2c/kg lower than the equivalent price in the EU.

The increase in the R3 helfer price in ROI over the four-week period moved it up from eighth position in the league table to fifth position. For the week ending January 11 the average R3 heifer price in the EU was 394.8c/kg, up 2.7c/kg from 392.1c/kg in the week ending December 14.

The value of euro against sterling was down slightly over the same period to $\in 1=78.20p$ in the week ending January 11. The LMC says with the value of the euro against sterling continuing to come under pressure in recent weeks British and Northern Ireland beef will be more expensive than beef from other Eurozone countries.

It says this makes UK beef less competitive on markets beyond Britain but with some major retailers in the UK willing to accept Irish origin beef as an alternative it may also have some implications on markets within the UK.

Position last Mth	Position this Mth	Country	Price last Mth (w/e 14.12.14)	Price this Mth (w/e 11.01.15)	Change on Mth (cents)
1	1	Great Britain	456.9	472.0	+15.1
2	2	Northern Ireland	441.1	463.0	+22.0
	3	Italy	412.7	430.8	+18.1
	4	France	400.0	403.0	+3.0
8	5	Ireland	389.9	399.8	+9.9
		Luxembourg	398.0	397.7	-0.3
	7	Spain	400.2	393.8	-6.4
4	8	Sweden	401.9	370.5	-31.4
9	9	Germany	369.7	365.5	-4.3
10	10	Austria	357.7	357.3	-0.4
11	11	Denmark	337.4	352.8	+15.4
12	12	Slovenia	336.6	344.5	+7.9
13	13	Belgium	327.5	328.5	+1.0
14	14	Poland	300.9	299.9	-1.0
15	15	Lithuania	256.6	264.7	+8.0
16	16	Czech Republic	249.3	256.6	+7.3
		EU Average	392.1	394.8	+2.7
Euro (C1=)			79.0	78.2	-0.8

Official prices reported to the EC Dressing Specification

FARM FAMILIES WANTED FOR NEW TV SHOW

A new Irish TV show is looking for Irish farming families to be part and the production company is currently looking for farming families from across the country to open the doors to their farms and to share their experiences and opinions.

Does your farm have two or even three generations, each playing an important part in the success of the farm?

Is your farm active all year round, with multiple activities and products? Perhaps you have recently diversified into new products, or maybe you have a regular stall at a farmers market. Are you facing into new challenges or taking a new direction on the farm? Then Adare Productions is interested in hearing from you for the TV show it is producing.

This TV show series will be an entertaining, honest and informative portrayal of farming life in modern Ireland, it says and applications are now open to take part in the TV show.

Adare Productions is behind such TV shows as Instrumental, Living with Lucy, the Jig Gig, The Ex Files and Shakedown the Town.

If you are interested in applying, then contact the producers by emailing: colin@adareproductions. ie

The closing date for initial applications is January 29, 2015.



CASTLEISLAND CO-OP LIVESTOCK MART LIMITED. PSRA. 002537 EVERY MONDAY: SUCK CALVES AND WEANLINGS SALE EVERY WEDNESDAY: GENERAL CATTLE SALE FRIDAY JANUARY 30TH : DAIRY SALE COMMENCING AT 1PM

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Gortatlea Mart

Sale Friday 30th January Caves, Weanlings and General cattle sale Sale starting at 12 noon sharp Intake of animals from 8 am onwards. Numerous enquiries from Northern & Southern buyers for quality cattle Weanlings, beef & store bullocks and Heifers Clearance sale 10 SIM suckler cows some caved remaining February and March

Sale Friday 6th February 20 7/8 bred Limousin Cows all caved in the past two months. Outstanding quality

Vendor; Mark Collins, Currow, Kerry. Under new ownership any enquiries call Maurice Brosnan 087 2344433





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Looking good....Feeling Great!

OUTLOOK LIFESTYLE TIPS:

Be organised

Having a clear and concise plan will not only help you manage your busy workload, but also help you achieve the perfect work/life balance. Take some time to come up with a plan for the busy year ahead and you'll be thankful for it. Make weekly goals and also build in time for yourself to relax. Try using Sunday as a 'switch-off' day, no stress, no technology but just rest.

EAT RIGHT

When the cold weather sets in, it's important to focus on heat-generating foods, and hot drinks that benefit your immune system. And while it can be tempting to overeat when it's dark and cold outside, be vigilant as you don't want to over extend yourself and end up unwell. Try and load up on some chunky veg soups and casseroles this time of year.

OUTLOOK LIFE STAGES RETIREMENT

Retirement is a time for relaxing and enjoying life after all those years of hard work. Your health is your most important asset during retirement and a healthy lifestyle is key to maintaining good physical and mental wellbeing. Here are some tips on healthy eating and being active so you can get the most out of those work free days!

ENJOY A VARIED AND BALANCED DIET

You will probably have more time to cook and enjoy food. Eating a balanced diet which includes different types of foods gives you all the nutrients you require. For more information on what a healthy diet is check out the Food Pyramid in the Republic of Ireland and the Eatwell Plate in Northern Ireland.

There are many benefits to keeping a healthy balanced diet during retirement. It helps to:

- Look after your heart health and bonE health
- Lower our risk of developing certain cancer and diabetes
- Provide fibre to help maintain a healthy digestive system

KEEP ACTIVE

Visit your dentist regularly to keep your teeth in good condition. If you wear dentures or have problems chewing, you may be put off eating raw fruit or vegetables. If this is the case, go for tinned or stewed fruit and vegetables instead. They're softer and easier to chew, but still have all of the goodness.

On retirement some people miss the routine of work. Organising a daily physical activity schedule might be a way of putting routine back in your life. Aim for being active at least 30 minutes on 5 days. It is never too late to start getting physical activity. If you have been inactive for a while it is important to build it up over time. Walking, dancing, cycling, swimming and household chores all count.

There are many benefits to keeping active during retirement

- You will feel better
- Have stronger heart and lungs
- Reduced symptoms of anxiety and depression
- Lower blood pressure and cholesterol

- Improved overall fitness and energy levels
- Better quality sleep
- Stronger bones
- Weight loss
- Decreased stress
- Reduced risk of chronic disease

KEEP A HEALTHY WEIGHT

As we get older we sometimes find that we've gained a few extra pounds. Eating a healthy balanced diet and being physically active helps us achieve a healthier weight.

Check if you need to lose weight at Stop the Spread. For specific food and activity advice on losing weight visit Weigh2Live.

CONSIDER A HEALTH CHECK

There is no harm in knowing what your blood pressure and cholesterol levels are. Consider a visit to your GP for a health check. It may help motivate you to make changes to your lifestyle.

See more at:

See more at www.safefoods.eu

52 Outlook 1/2 30.01.15

Looking good....Feeling Great!

FAT BURNING TIPS

IIII

TO KEEP YOUR METABOLISM HIGH AND GET THE MOST OUT OF YOUR WORKOUTS

FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT & HEALTHY NEW YEAR CONTINUED...

CONTINUED... Eat more GOOD fats:

Eating enough good fats will help you lose fat, build muscle and recover faster from workouts. Good fats will help keep you fuller for longer & are also very good for your heart. These GOOD fats are the polyunsaturated ones (especially Omega 3's) such as those that come from fish & nuts, & the monounsaturated ones (such as peanut butter, olive oil, egg yolks and fish oil) Limit Carbs. Reducing carb intake, especially sugar and starches, when trying to lose fat will help. Those carbs you do consume should come from oatmeal, whole grains and vegetables. **Increase Protein:**

This will increase your metabolism and help maintain your muscle mass, all of which helps with fat burning. In fact your body burns up more calories digesting protein that when you eat and digest either fats or carbs. **Eat 6 small meals a day:**

Eating little and often is proven to increase your metabolism and boosts your resting metabolic rate. It will also keep your body in supply of the nutrients it needs and hopefully prevent any sugar crashes or cravings or severe hunger pangs which can lead to binge eating.

MORE TIPS NEXT WEEK... FITNESS WITH EDELE 087-7643449 WWW.FITNESSWITHEDELE.COM

OUTLOOK DIET TIP OF THE WEEK

Always eat breakfast.

It seems like an easy diet win: Skip breakfast and you'll lose weight. Yet many studies show the opposite can be true. Not eating breakfast can make you hungry later, leading to too much nibbling and binge eating at lunch and dinner. To lose weight -- and keep it off -- always make time for a healthy morning meal, like high-fiber cereal, low-fat milk, and fruit.



Sometimes, the only giveaway that your jacket cost less than lunch is its cheap button. Swap them for nicer buttons for a whole new look.

OUTLOOK BEAUTY TIP OF THE WEEK

Massage In Your Moisturiser

When we say massage, we mean massage. Rather than dabbing on your face cream, use gentle pressure, massaging it into your skin in a circular

Handy tip of the week

If you get an oil stain on your favourite handbag, coat the mark with baby powder and let it stand overnight. By morning, the stain should be gone. If a bit still remains, repeat the process until the stain is completely gone.

A TRIP DOWN MEMORY LANE...



SIXTH CLASS LISSIVIGEEN N.S 1930S. Included are many members fo the Lissivigeen team which competed int he East Kerry League 1940 - 1947. Front L:R: Mattie Courtney, Sean O'Reilly, Mick O'Donoghue, Dan Buckley, Timmy Moynihan, Sonny Cronin, Arthur E. O'Keeffe and Jimmy O'Connor. Second Row L:R: Neilus O'Leary, Con O'Sullivan, Paddy Kiely, Archie Cronin, Pat Cronin, John Cronin and Denny O'Sullivan. Back Row L:R: Jack O'Donoghue, Danny Courtney, Fr. Sean P Gleeson, Fr. Seamus O'Reilly, Paddy O'Connor and Danny B. Casey. Photo courtesy of John Kelly.



L-R: Peggy Hickey O C Tessie Donoghue Lissavigeen, Maureen Sullivan Woodlawn, Peggy Cremin Chapel Lane. Back: Kathleen Hurley Woodlawn, Sheila Shea Lower Sunny Hill.



KILLARENY ICA LADIES. PHOTO OF COURSEY ENDA O'MARA.



Well know Killarney Publican Jimmy O'Brien welcome members of the Spa GAA club on thier return from a tour of the USA 1973. Front L:R: Sean O'Sullivan Tour Organiser, Tadgh O'Sullivan Club Chairman, Johnny Cronin Club Secretary, Jimmy O'Brien, Donie O'Sullivan Tour Organiser. Photo Courtesy of John Kelly.



MUCKROSS WINNERS OF THE LADIES RACE IN 1931. Sitting from left Miss Tangney, T O'Shea (cox), Miss Counihan. Standing from left: Miss McLeod, Miss Phelps (stroke), Mrs Coffey, Miss Doody.

PHOTO COURTESY OF JOHN KELLY.



Contact Des 087-6593427





OUTLOOK **RECIPES** Spicy Pork and Carrot Stir Fry

Serves 2 - (Each serving contains approx 558 calories.)

Ingredients

- 2 loin pork chops 2 cloves garlic, chopped 1 tablespoon light soy sauce 1 ½ teaspoon cumin 1 ½ teaspoons of chilli flakes 1 tablespoon rapeseed oil 1 onion, peeled and sliced
- 2 carrot, peeled and chopped 100g wholegrain rice
- 5g coriander

Method

- Into a pot of boiling water, place wholegrain rice and cook for 40-50mins until light and fluffy.
- Remove the fat from the pork chops and cut into strips.
- Combine the pork, garlic, soy sauce, cumin and chopped red chilli in a bowl.
- In a wok heat 1 tbspn of oil.
- Add the onion and carrots, and cook.
 Add the pork mixture and cook until browned
- on the bottom (about 2 minutes). Add coriander as a garnish.
- Stir until cooked through.
- Serve with the rice.



FOOD FOR THOUGHT





(S) operation TRANSFORMATION

BBQ chicken salad

Serves 1 - (Each serving contains approx 329 calories.)

Ingredients

- 75g cooked chicken

- 50g mixed leaves
 50g spinach
- 100g cherry tomatos
- 25 g black eyed beans
- 50g sweetcom
 20g sweetcom
- 20g cucumber
 1 scallion

Coriander

2 tablespoon BBQ sauce
 20g grated low fat cheddar

1 tablespoon chopped

plate. • Top with chopped chicken, black eyed peas, sweet corn, chopped cucumber,

Method

- Wash and dry the

lettuce, spinach and tomatoes. Place on

- scallion, grated cheese and coriander.
- Drizzle with bbq sauce.
- - Follow us here at the Killarney Outlook, each week for more recipes from Operation Transformation!





Know Your Rights: CONSUMER RIGHTS DURING SALES

JANUARY 2015

QUESTION

What are my consumer rights when I buy something in the sales? Can I return sales items?

ANSWER

Your consumer rights during a sale are exactly the same as at any other time of the year.

Goods should be of merchantable quality, fit for their intended purpose and as described. If they are not, you are entitled to a repair, replacement or refund. The legislation does not specify whether it is the retailer or the customer who decides which form of redress is offered.

If you have a problem with goods that you bought at full price and are now on sale at a reduced price, you are entitled to a refund of the full price (if the shop is willing to offer a refund).

However, you are not entitled to a refund because you change your mind about something you have bought in a shop, whether this is during the sales or at any other time of the year. Many shops do allow you to exchange goods that you have had second thoughts about, but this is at their discretion. It is a good idea to check the shop's refund policy before buying anything.

If you buy goods at full price but change your mind about them, and they are now on sale at a lower price, you may only be offered the reduced amount (if the shop is willing to offer a refund). You should always keep your receipts as proof of purchase and the price paid.

For more information, visit the website of the Competition and Consumer Protection Commission at consumerhelp.ie.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



FOCUS ON TREES

Trees are beautiful in any garden and their long life makes them a wonderful garden feature. A tree should be the first think you plant in your garden after the hedging – they can be underplanted afterwards with bulbs and shrubs. Trees are interesting in all four seasons with attractive unfolding of leaves in Spring, full foliage in Summer, good Autumn colour followed decorative bark in the Winter. The first and most important think you need to know when buying a tree is what's the height and spread going to be when it is mature. There are many varieties of trees to choose from and there is a tree suitable for most areas.

Trees can be planted all year round but as with hedging, trees can be planted when they are dormant between November and March.

With these bare-rooted trees you will still have a few weeks left to plant them. If you plant before the end of March it will give the tree a better chance of rooting into the ground that bit quicker. When planting your bare rooted tree, dig the hole big enough that you can spreads out the roots all around the hole. Then drive your stake into the hole roughly about 6 to 8 inches below the bottom of the hole, place your tree and spread the roots out well. If possible place your stake on the side of the prevailing winds as this will ensure that the tree is blown up against the stake when the wind is high. Fill in the soil mixed with compost around the roots and firm in with the heel of your foot. Lastly place your tree ties on – one near the top and one at the bottom with a spacer in between to stop the bark being damaged by the stake.

Next week I will focus on Herbaceous Perennials.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



IF I HAD MY LIFE TO LIVE OVER..

The following was written by an eighty-year-old woman reflecting on what she would do if she had her life to live again...

If I had my life to live over I'd make more mistakes. I would relax and I would be sillier than I have been on this trip. I would laugh more and take fewer things seriously! I would worry less about what others thought of me and accept me as I am.

I would climb more mountains, eat more ice cream and watch more sunsets. I would watch less TV and have more picnics. I would have only **ACTUAL** troubles and few **IMAGINARY** ones! I would feel only sad, not depressed. I would tell more people how wonderful they are. I would forgive others for being human and would not hold grudges. I would go after what I really wanted and wouldn't place so much value on money. If I had my life to live over, I would start barefoot in Spring and stay that way in the autumn. I would ride more merry-go-rounds and pick more daisies and I would smile because I would be "living **FREE!**"

Don't wait to start living your life and loving the days. Do it **NOW** to whatever degree you can. Know what really matters to you and make choices to seek out the good in each and every day.

Please visit and LIKE my facebook page for more motivational tips, thoughts and inspiration!

066 9766374 | life_coachingunlimited @yahoo.ie



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AWARE SUPPORT GROUP MEETINGS

Aware Depression Support Group meets: Killarney – Mondays, KDYS at 8pm (from October 6th) (please note change of time from 7pm)

Aware Support Groups are free to attend, no

referral necessary. www.aware.ie.



Ed 10 7878 FOR SALE HAY

Excellent quality square, well packed bales of June Hay. Killarney area. Call: **087 2258756**

Ed 06 FOR SALE

Sun shower unit for sale: Excellent condition Call Noeleen: 087 6772075

Ed 05 7901 FOR SALE

00 Toyota Corolla, hatchback 1.3, 3dr, red. 51,000 miles, excellent condition. Call: **087 686 3387**

Ed 04 7885 **COLLIE PUPS** Free to good home, Collie Pups.

Call: 087 2362338



Ed 05 7891

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Ed 05 7873 **TO LET** Two bedroom Cottage in Faha. Longterm. Call: **086 2250233 087 6686188**

Ed 05 8345 **TO LET**

Two Bedroom ground floor apartment. No pets. Town Centre, Pawn Office Lane. €140 per week. Bins included. No parking. Long term only. Call: **087-6971395**

Ed 06 7904 **TO LET**

Three bedroom semi-detached house in Milltown village. Oil heating, fully furnished, close to all amenities. Call: **087 918 4129 after 6 pm.**

Ed 05 7903 **TO LET**

One bedroom, 4th floor apartment. Newly refurbished, all mod cons, bins included. Would suit professional couple. Beech Road, Killarney. Long term. €600 per month. Call: **086 372 4794**

Ed 06 7894 **TO LET**

Killarney Town centre, 2 bed apartment. Parking available. €625 per month. Call: **083 141 9512**

Ed 06 7880 RENTING

HOUSES in Mid Kerry area wanted for renting. Call Michael: 087 6738210







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TOUGH OPENER FOR UNDERSTRENGTH KERRY

ALLIANZ NATIONAL FOOTBALL LEAGUE DIVISION 1 KERRY V MAYO Sunday 1st February 2015 Venue: Fitzgerald Stadium Killarney Time: 2pm

Eamon Fitzmaurice heads into his third league campaign with Kerry on Sunday and despite the fact that "Sam" is resident in the county there is an air of uncertainty about the reigning All Ireland champions with more than half of the team that defeated Donegal ruled out. Before Fitzmaurice spoke to the media last week he took time to recap on who he is to plan without. "Injuries and illness have ruled out Brian Kelly, Marc O'Se, Peter Crowley, Aidan O'Mahony, Donnchadh Walsh, Darren O'Sullivan, James O'Donoghue, Paul O'Donoghue and Alan Fitzgerald. Anthony Maher will not be available for the first few league games because of work commitments, while Colm Cooper is not due to return until Mid-March which was always the plan." Add the three Austin Stack panellists and the retirement of Declan O'Sullivan, Kerry will have 14 of last season's panel missing for what is likely to be a feisty affair with Mayo.

Mayo Co Manager Pat Holmes speaking with



DAVID MORAN IN ACTION AGAINST MAYO IN THE ALL-IREALND SEMI FINAL LAST SEASON.

the Tralee Outlook also has a few concerns of his own missing at least three big name players but it could be at least six with him sweating on a few last minute fitness tests. "Cillian (O'Connor) is definitely out due to suspension after being sent off against Kerry in last August's All-Ireland semi-final". Alan Dillon and Andy Moran 'won't be playing football for the next month or so'. Aidan O'Shea and Ger Cafferkey are also only rated as 'touch and go'. While the medical team are working with Keith (Higgins) and Tom (Parsons), But we have plenty fellows looking to come in" Therefore, both teams will be unfamiliar but it is

not anything new to Kerry who have failed to win a league match under Fitzmaurice in the month of February. The last few league campaigns have been tough on Kerry. Three years ago, Kerry escaped the drop on scoring difference and they missed a place in last year's semi-final so a good start is important, as Fitzmaurice has admitted that there is no easy games in this league.

Kerry will certainly be vulnerable especially as they will not be taking any of their under 21's who are still involved in the Hastings Cup.

So it's time to see more of Pa Kilkenny, Mark Griffin, Jonathan Lyne, Barry John Keane and Mikey Geaney but there is still a strong core of players like Paul Murphy, Fionn Fitzgerald, Killian Young, David Moran, Stephen O'Brien, Johnny Buckley and Paul Geaney that will provide a solid shape. The X factor will certainly be provided by the returning Tommy Walsh and once the national media circus moves on from his debut he will be given a chance to find his touch all over again as it would be an unfair ask from him to be the player his was after a 5 year absence.

It is hard to see Kerry having enough firepower for a Mayo side who have had three outings in the FBD Connacht league to date and maybe Kerry will have a rusty look to them on Sunday as Fitzmaurice may well have to see another February League opening slip by without a win.

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MARGARET'S RAMBLINGS



DID YOU GUESS THE ANSWER TO LAST WEEKS RIDDLE?

Who makes it, has no need of it. Who buys it, has no use for it. Who uses it can neither see nor feel it. What is it? A coffin.

HOW YOU CAN HELP MAKE 2015 THE YEAR OF KINDNESS

It's official - being kind is contagious. It even has a scientific name, "upstream reciprocity." Or in simple terms, if you carry out a kind act, the recipient will likely be inspired to do something generous for someone else, and so on. The happy reality of this feel-good ripple effect is that by performing small acts of kindness, you can really help to make the world a better place. To get the kindness ball rolling this year, the savvy crew over at Cleverpedia have come up with something of a to-do list for good doers - the 2015 Kindness Challenge. Packed with amiable ideas such as complimenting a stranger, getting to know your neighbours and sharing an umbrella, the challenge is a checklist for making the world a more positive place - one good deed at a time.

Up for the challenge?

For those of you that use the internet just key in Cleverpedia to your search engine, print out the list and hang it somewhere you pass every day, like the fridge or your desk, or just keep the link bookmarked to save paper.

For those of you who do not use the internet, just use your imagination, think of how you would like to be treated yourself, say hello to a stranger, find a stray animal a new home, pick up litter etc.

See how many acts of kindness you can perform in a day, week or month!

PASSPORTS

Minister for Foreign Affairs and Trade, Charlie Flanagan T.D. is advising Irish citizens to check the expiry date of their passport and to remember that many countries require incoming visitors to hold passports which are valid for at least six months. A guide to How to Apply for a Passport, which takes Irish citizens through each step of their passport application and answers the most frequently asked questions, is available on line by keying How to apply for an Irish passport into your search engine.

"Customers can now track their application online and can also sign up for our reminder service to receive an alert three months before their passport expires." Minister Flanagan added.

The Department of Foreign Affairs and Trade issued 629,446 passports in 2014, with May and June the busiest months for passport applications. 82,564 passports were issued in May 2014 and 76.314 were issued in June 2014. Irish embassies and consulates abroad, as part of the Department of Foreign Affairs and Trade, assisted almost 1,650 Irish citizens in 2014 following serious consular emergencies, including deaths, arrests, accidents, child abductions and hospitalisations. The Department provided consular assistance to the families of 217 people who died while abroad.

PRESCHOOL SUSPENSIONS

In the US each year thousands of preschool children are suspended from school. Children as young as four years old are sent home for so-called misbehaviour, such as kissing another student or wearing the wrong shoes.

A recently released report from the Civil Rights Data Collection of the U.S. Department of Education's Office for Civil Rights examined all 97,000 public schools across America and found that more than 8,000 public preschoolers were suspended at least once in the 2011–12 school year.

The report is the first time the Department of Education has collected data on preschool discipline and it also shows that "racial disparities in school discipline policies are not only well documented among older students but actually begin during preschool," U.S. Attorney General Eric Holder said.

Zero-tolerance policies also play a key role in all suspensions. Those zero-tolerance rules began in 1994 after Congress required states to adopt laws that guaranteed one-year expulsions for students who brought firearms to school. For states to receive federal funding, districts had to adopt these laws. All 50 states did so. Over the years, schools have altered their policies to include zero tolerance for an array of infractions, including minor ones such as violating dress code.

BEAVERS PARACHUTED INTOIDAHO'S WILDERNESS

Shortly after World War II people discovered what a beautiful place McCall and Payette Lake in Idaho were. People started building houses in what had been Beaver habitat for centuries, and beavers became a problem. Elmo Heter worked for Idaho Fish and Game

in the McCall area. He had experience with beavers, and it was his job to find a solution, he knew that the Chamberlain Basin was the perfect place for the beavers. The animals would be away from people, and their natural activity would be beneficial to the habitat there, but there weren't any roads and the problem was how to transport them.

Mr. Heter knew from experience that horses and mules get frightened when loaded with a struggling, strong smelling pair of live beavers. These problems involve further handling and too frequently result in a loss of beavers. He also knew there was a surplus of parachutes from World War II, and he had an idea. What if he dropped the beavers from a plane, into the backcountry? It would make good use of the parachutes, and save money. The estimated cost for dropping four beavers from a plane was around \$30 in 1948, that's about \$294 in today's dollars.

Mr. Heter's idea was to drop a woven willow box with the beaver inside, the animal could then chew its way to freedom, but the beavers couldn't wait and started chewing their way out of the boxes and it was feared they might chew their way out while dropping from the sky or might even chew their way out while they were in the airplane which would cause a problem for the pilot.

So Mr. Heter came up with a specially-designed wooden box that would open upon impact. He tested it first with some dummy weights. Then he found an older male beaver who became his test pilot. Mr. Heter named him Geronimo and Geronimo went through a series of tests to see how the plan would work.

Mr. Heter dropped Geronimo on a landing field, over and over and over again. Each time, Geronimo popped out of the box, was caught by handlers, and put back inside for another ride, eventually Geronimo would crawl back into his box ready to go aloft again. Once Heter was satisfied, it was time to put his plan into action. And Geronimo's reward for all his hard work was to be the first male beaver on a first class seat on a plane to the Chamberlain Basin, with three lovely young female beavers to keep him company.

Once they hit the ground, it took Geronimo a little while to figure out his parachuting days

were over, but he soon created a colony with his lady friends.

More beavers followed Geronimo, 76 in all were dropped into the basin. All but one survived the drop and went to work and created some amazing habitat that is part of what is now the largest protected roadless forest in the lower 48 states of the USA.

QUOTE FOR THE WEEK

"The greatest education in the world is watching the masters at work" – Michael Jackson.

ON THIS DATE – JANUARY 30TH

1487 - Bell chimes invented.

1790 - Lifeboat first tested at sea, by Mr Greathead, the inventor.

1820 - Edward Bransfield discovers Antarctica. 1859 - Edward Martyn, playwright, co-founder of Irish Literary Theatre, and Sinn Féin president, was born in Co. Galway.

1920 - Tomás MacCurtain was elected Lord Mayor of Cork for Sinn Féin.

1933 - Adolf Hitler became German Chancellor. 1948 - Indian nationalist leader Mohandas Gandhi was assassinated by a Hindu extremist in Delhi.

1969 - The Beatles make their last public appearance as a group.

1972 - The British Army killed 13 unarmed civil rights marchers in the Bogside district of Derry. A 14th marcher later died of his injuries

1984 - Death of Luke Kelly lead vocalist of the Dubliners Folk Group

WELL DONE TO THE CHINESE POLICE THAT HELPED SAVE A YOUNG ELEPHANT

Last week, a young elephant stuck in a hole got some help from humans in Yunnan province in China, a country infamous for a thriving ivory black market that's been driving poaching in Africa.

Elephant tusks are purchased as material for chopsticks and other trinkets that are considered status symbols.

Local villagers found the calf struggling to climb out of a two-meter-deep water storage pit in a nature reserve. They called the police, who shovelled earth for 30 minutes to lower one side of the pit so the elephant could make its way out.

After about an hour, the elephant was able to clamber out of the hole and walked off into the jungle.

Although the country's demand for tusks accounts for record poaching numbers poachers slaughtered 100,000 elephants between 2010 and 2012 across Africa the Asiatic elephant population in Yunnan province doubled to almost 300 over the past 20 years.

Poachers who get caught in China face the death penalty.

The government also finances feeding programs and wildlife awareness.

ARRESTED TEEN SAVES POLICEMAN

A teenager who was under arrest and just about to go through the booking process at the police station, started yelling for help when the officer going through the process with the teen collapsed. The troubled 17-year-old had got on the wrong side of the law, but when he saw the man who arrested him in trouble, he did what he could to help the officer by shouting and kicking the security fence in an attempt to get the other officers' attention.

The video from the police station shows the three officers arriving within minutes of the 17 year olds calls for help, the ill policeman was semiconscious and clutching his chest. They removed his gear and cut off his shirt while one administered CPR and another officer grabbed the defibrillator to use on him.

The Paramedics arrived, stabilised him and took him to Broward Health Medical Centre. The Policeman is now back at work doing lightduty, and will be back to full duty soon.

The incident happened in September and sadly the 17 year old has been arrested numerous times since. On January 21st he joined the other three police officers who worked to save the fourth policeman's life to be honoured for their life-saving actions.

LOVESICK PORCUPINE PAYS NIGHTLY VISITS TO ZOO CAPTIVE

For several days in a row, keepers noticed that porcupine droppings had appeared outside the enclosure of the resident porcupine, a female named Dorit who had been taken in eight years earlier as a helpless orphan by the Ramat Gan Safari Park in Israel,

Day after day, as the droppings continued to appear, the mystery deepened. Then another befuddling clue turned up near Dorit's enclosure — a quill.

After a night guard spotted the pointy porcupine part while making the rounds, an alert was sounded that Dorit may have in fact escaped. But when an inspection the next morning found her still in her enclosure, zookeepers began to suspect that perhaps a forbidden suitor may have dropped the quill while out on a late-night tryst.

The zoo set up a hidden camera to see what was really going on — and, sure enough, they caught Dorit's secret visitor in action.

Indian-crested porcupines are found throughout Israel and the eastern Mediterranean, so his presence in the region is not a mystery, though officials aren't sure how he breached the zoo's perimeter. It's unclear if he sneaks in for the evening escapades, or if he is hiding somewhere in the zoo and waiting to see Dorit after nightfall.

The zoo staff are debating what to do next. Since Dorit is unfit for life in the wild, releasing her is not an option, yet forcing the wild visitor into captivity is not an ideal solution either.

As unique as this love story may seem, it actually isn't the first time a wild animal and a captive one have struck up a relationship. Just last month, a free-roving male elephant in India broke into a zoo to unite with a captive female — proving once more that the bonds of affection can supersede the boundaries humans put between them.

FINALLY THIS WEEK....

If you have me, you want to share me. If you share me, you haven't got me. What am I? Answer in next weeks Ramblings!

THIS WEEKS TONGUE TWISTER

Peter Piper picked a peck of pickled peppers. A peck of pickled peppers Peter Piper picked. If Peter Piper picked a peck of pickled peppers, Where's the peck of pickled peppers Peter Piper picked?



Killarney Outlook



KILLARNEY MEMORIALS O'Reilly Est. 1890



New Showroom NOW OPEN on Glebe Lane Killarney



(Adj to car park) Open Sat 10am to 5pm & Sunday 12 to 5pm or anytime by appointment.

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Welcome back dear reader, as we look to the root cause of mankind's problems today, from Scripture we can identify two laws in force - the law of the Spirit, and the natural laws. Each one affects the other. Where God has sent His Spirit to guide us to success the enemy also sends evil spirits to confuse us and bring about failure (Ephesians 6:12). It is obvious from the many religious systems in the world today that these evil spirits have been busy confusing man with many false doctrines through various religious beliefs. Even Christianity divided into so many parts, leaving people puzzled as to what is right and what is wrong. The Lord Himself says "My people are destroyed from lack of knowledge" in Hosea 4:6. Therefore the gaining of knowledge of the truth is imperative to our success. During Jesus' time on earth man made laws and rituals became the practice of religion. Jesus rebuked the religious leaders because of this saying ".. you nullify the Word of God by your tradition" Mark 7:13. Jesus left us a way of life to follow, and His Spirit, which we must receive by asking the Father in Jesus name, leads us through the knowledge of God's Word - the Scriptures - to be successful (John 16:13). This Holy Spirit will also guide us as God's children, to obey Him, and He makes us aware of the evil ones plans for us so that we can abort those plans through God's power in us. Friend, God loves you and wants you to succeed and He is for you! (Romans 8:31) If you have a prayer need or query on Scripture please call 064-6622950 or email wordofvictory@eircom.net. More next week ...

Contact: 064 - 66 22950 Email: wordofvictory@eircom.net

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MEMORIALS & REMEMBRANCE

2ND & 16TH Anniversary



O'CONNOR

In loving memory of Denis O'Connor who died on 4th February 1999 & his wife Mary who died on 13th February 2013

Late of Knockanes, Headford, Killarney.

Time and years go gently by But love and memories never die No longer in our lives to share But in our hearts, you both are always there.

Always remembered by your loving son Jerry and Úna.

Anniversary Mass in St. Agatha's Church Glenflesk on Saturday 31st January at 7pm.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. **S.O.S.**

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. S.O.S.

3RD ANNIVERSARY

In Loving Memory of



MARGARET (PEG) O'MAHONEY

Gulane, Gneeveguilla. Whose anniversary occurs on February 5th

Time changes many things, But not the memory this day brings. You always had a smile to share, A laugh, a joke and a time to care. A beautiful nature, warm and true, We just want to say we will always love you.

Fondly remembered by her loving husband John, son Michael, daughter in law Siobhan, grandchild Oisín, daughters June, Oriana, husband Conan and grandchildren Bruce and Max.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within

your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine. Amen

Say this prayer for three days. Publication of prayer and favour will be granted. **S.O.S.**

THE MIRACLE PRAYER

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Amen. Say this prayer for three days. Publication of prayer and favour will be granted. **N.M.S.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. **S.O.S.**

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DAILY PRAYER

Pray nine Our Fathers daily. For Gods will to be done on earth **MOS**

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NOVENA TO THE SACRED HEART

You have said 0 Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 9 times for 9 days. Must promise publication.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. **B.K.**

LA SALETTE

Our Lady of La Salette, Reconciler of sinners, pray without ceasing for us who have recourse to you.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.



FOR BEAUTIFUL TILES AND BATHROOMS



WAREHOUSE CLEARANCE Friday & Saturday February 6th & 7th (2 days only) AND ALL SHOP DISPLAY SHOWER ENCLOSURES TO CLEAR

CALL IN TO OUR CREATIVELY DESIGNED SHOWROOM

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