KILLARNEY Outlook

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Mike Dayna Cronin and children Fionn, Fiadh and Rory from Iron Mills at Glenflesk Parish Bazaar last Sunday. Photo Seamus Healy





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Christmas has well and truly landed in Killarney and this week we bring you a jam packed magazine with all things festive!

The Christmas In Killarney parade is taking place this Saturday night, details of the annual gathering to celebrate the Winter Solstice on the Paps of Anú have been announced and Traditional Music Hero Jimmy Doyle is set to be

The Friary will welcome the Relics of Blessed Carlo Acutis, Mamma Mia was a huge success for the Transition Year Students at St. Brigid's and Grace Foley wins Soroptimist Public Speaking Heat.

A massive €10,000 has been raised for Kerry Mental Health, A Bake Sale has kicked off the Lions Club Christmas Food Appeal and it's time to sign up for the Counch to 5k.

A magical Christmas Display is on show at Muckross Garden Restaurant, Gary Barlow is heading to the INEC in 2025 and crowds enjoy the Glenflesk Parish Bazaar.

There is a massive fundraising drive underway for a little boy who is suffering from Cloves Syndrome, the Chamber of Tourism & Commerce are holding a Christmas lunch and students in Kerry were on the frontline of the fight to improve road safety.

Hope you all enjoy this week's Killarney Outlook!



Seasonal Snow in the Gap Of Dunloe. Gerry Lillis, Cooleanig, Beaufort. SEND YOUR PERFECT PICTURE TO:

THIS WEEK

CHECK OUT PAGE 4 FOR OUR UP TO DATE NEWS!

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Annual gathering to celebrate the

Winter Solstice on the Paps of Anú

call from our ancient ancestors to celebrate the Winter Solstice on the sacred Paps of Anú mountain, takes place on Saturday morning 21st, December, 2024. With kind permission of Sean and Mary O'Donoghue, Landowners. Walkers will depart in darkness at 6.45 am from Garries Bridge, which is the first bridge after St Agatha's Church, Glenflesk on the Main Cork Road.

This year's chosen charity is Killarney Water Rescue - a voluntary team of dedicated people, whose mission is to respond, support and assist in search and rescue on a 24/7/365 basis. The crew members train on the Lakes of Killarney, practicing navigation, emergency first aid, hands on practice in boating skills, rope work, weather charts and rescue techniques. Kieran Caulfield is Chairman of Killarney Water Rescue, said "we are absolutely delighted to be chosen as this year's charity, new equipment and training are key to us providing a service and availability 24/7. The Lakes of Killarney are magnificent, but as we know, the weather can turn unexpectedly. If we can make the difference through our voluntary service saving one kayaker or rescuing a swimmer in difficulty, then your donations will have made this happen."

Carpooling is encouraged at the Kerry Way Inn, Glenflesk. Paddy Chauvet and staff will be baking scones and providing complimentary tea and coffee for all the early risers after the trek. Donations to Killarney Water Rescue can be given on the morning at the Kerry Way Inn. The long walk in darkness to the summit, has two strenuous inclines, leading to the Western Pap at 690 Metres. At approximately 8.45am sunrise begins. John Lynch, whose family are neighbouring landowners, will perform an ancient ritual of placing a piece of holly into



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This year's chosen charity is Killarney Water Rescue - a voluntary team of dedicated people, whose mission is to respond, support and assist in search and rescue on a 24/7/365 basis. At this years launch at Dundag Boat House, Killarney. National Park, were Killarney Water Rescue Crew, from left, Dmytro Buhlak, Cian Scannell, Donal 'Dux' O'Donoghue, Lorraine O'Sullivan, Claire Tangney, James Doherty, Kieran Caulfield, Chairman Killarney Water Rescue and Donie Mulcahy, Solstice Guide. Photo: Valerie O'Sullivan

the Cairn on the summit. Then the craic begins with the finest musicians from Glenflesk, Derry and Rosie Healy and Michael MacGillycuddy, as John sets the pace for the Sliabh Luachra Polka. Mountaineer Donie Mulcahy and crew will guide the walkers to and from the summit. These ancient sacred summits, 'The Paps of Anú', resemble a pair of breast shaped hills known as 'The Paps' in the Derry Na Saggart Mountains close to the Cork Kerry border. The Paps

have long been associated with mythology, mysticism and majesty. The Goddess Anú represents all that is earthly, fertile, abundant and protective.

It is compulsory to wear a head torch, a level of fitness is required. Proper walking boots and rain gear is advised. Guides will be on duty for gear check before departure.

Head of Kerry LEO to brief Chamber members



Opportunities and details of services that can be of benefit to businesses will be outlined to the attendance at a Killarney Chamber of Tourism and Commerce members' networking lunch on Wednesday, December 4th.

Tomás Hayes, Head of Local Enterprise Office in Kerry, will be the keynote speaker and he will give a fully informed update on the supports available to businesses and how his staff can provide expert advice.

Tomás holds a primary degree in Agricultural Science from UCD and a Masters in Business Administration (MBA) from the University of Limerick.

The Local Enterprise Office, which he spearheads, provides a one-stop shop for anyone looking to set up or grow a business with advice, information

and financial support for the micro-business sector while building and fostering an entrepreneurial culture across the county.

Other speakers on the day will include Green for Business specialist Conor Slattery and Chamber copresident Johnny McGuire who will give a detailed summary of the numerous projects the business support body is involved in.

Green for Business is a free programme that helps small businesses take the first step towards becoming more sustainable, giving access to a green consultant who will demonstrate the small changes that can have a big impact on a company and the environment.

The luncheon will take place in The Laurels Bar and Restaurant at 12.45pm and the cost is €15.



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Trad Music Hero

JIMMY DOYLE Remembered

he renowned traditional musician Jimmy Doyle, who died in January 2023, is remembered in the 21st issue of the Sliabh Luachra Journal.

One of his proteges, former Young Musician of the Year Bryan O'Leary, has written a personal reflection of Jimmy and his music.

"Jimmy was one of the finest exponents of Sliabh Luachra music on the button accordion and has left behind a lasting legacy in his native tradition," says O'Leary.

Born in Maulykevane, Gneeveguilla, in 1944, Doyle led the popular Sunday afternoon sessions in the Arbutus Hotel, Killarney, for many years and up to a short time before his passing.

O'Leary, grandson of music legend Johnny O'Leary, recalls attending these sessions with his parents from the age of ten years. During his first attendance at a session there, Jimmy asked him to play a tune on his accordion.

"That very much summed up Jimmy as a man who was always encouraging other musicians," writes O'Learv.

The 112-page local history publication contains a wide range of articles from the Kerry/Cork border area on traditional music, folk life, sport, i researching material for his just-released film,

poetry and the general heritage of the storied district.

How Allied soldiers fighting in France during World War One were in the habit of coming to Ireland and visiting places like Killarney whilst on leave is also recalled.

A member of the Australian Army, George Nolan, some of whose ancestors hailed from Sliabh Luachra, enjoyed his trip to Killarney, in

"We got ponies there (Kate Kearney's Cottage) and rode about seven miles through the Gap of Dunloe to the upper end of the lakes. A boat met us there and we rowed down through the three lakes, returning home about 8.30pm," he noted in a letter home.

"I enjoyed the trip thoroughly, for we had a perfect day and everything was looking grand. It is a pretty spot around the lakes and I could have stopped there for a couple of months."

The journal was launched officially in Gneeveguilla GAA Club last weekend by Rathmore-born radio and television presenter and film-maker Donal Dineen.

He said the 20 existing issues of the journal were an invaluable resource to him while



Dance to Remember, based on his relationship with his late father through the prism of music.

"The historical detail in the many brilliant articles about Sliabh Luachra music and musicians was very helpful to me in establishing the factual foundations for the film," Dineen went on.

"More importantly, the way that the journal in general acts like a compendium of the voices of Sliabh Luachra, past and present, afforded me the chance to tune into the spirit of the area and find the essence of the story."

Students take part in AXA Roadsafe Roadshow

1200 students from across County Kerry were told today that they are on the frontline of the fight to improve road safety in Ireland. The students are participants in the latest edition of the AXA Roadsafe Roadshow which is taking place today at The INEC and organised by the insurance company AXA in association with An Garda Siochana and local emergency services.

Speaking ahead of the event, Mick Comerford, Director with AXA said that the country was currently fighting to improve road safety. she said, "As one of the largest insurance groups in Europe we deal with numerous claims every week as a result of traffic collisions. The effects are well documented - too many people are being killed on our roads or are being injured for life. Many of these young students will begin driving in the next year or two so it's vital that we educate them early to think twice about the seriousness of road safety when driving and realise the consequences of taking risks on the road. To date 159 people have lost their lives on our roads

this year. In County Kerry, 6 lives have been lost so far this year as against 10 lives lost in 2023.

The AXA Roadsafe Roadshow is aimed primarily at Transition Year students in Secondary Schools and is based on an awardwinning format and depicts graphically how a night out, can end in tragedy. The show depicts what happens with driver inexperience and overconfidence with the aim to educate and highlight the various safety skills these young students need before they or their friends start driving.

backdrop contemporary music, video clips and television advertisements; the story will be told by Garda Patricia Fitzpatrick, Paramedic Stephen O'Flaherty, Fire Officer Dan Keane and Kerry Hospital ED Consultant Martin Boyd. The show culminates in a presentation by Ann Tydings who lost her son Padraic twenty years ago .Ann will tell the students about the raw grief she and her family have had to suffer since that terrible day.



1200 students from across County Kerry were told today that they are on the frontline of the fight to improve road safety in Ireland. The students are participants in the latest edition of the AXA Roadsafe Roadshow. PhotoS By : Domnick Walsh © Eye Focus LTD



takes to the stage at the Axa Roadsafe presentation by Ann Tydings from North Roadshow held in Killarney.

Photo By: Domnick Walsh © Eye Focus LTD



UHK Hospital ED Consultant Martin Boyd The Night I lost my Son in a car crash "A Kerry who lost her son Padraic twenty years ago .Ann talked to the students about the raw arief she and her family have had to suffer since that terrible day.



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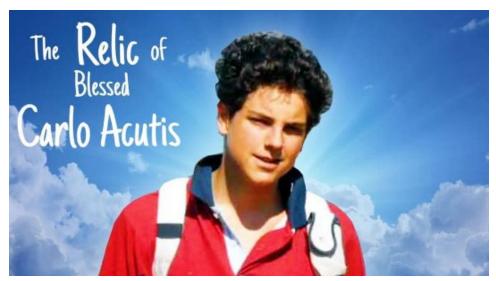
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The Friary Welcomes the

Relics of Blessed Carlo Acutis



his Sunday, December 1st, at 11.30am
Mass in the Friary, the unveiing of the
1st Class Relic of Blessed Carlo Acutis will
take place.

This follows the news that at the Wednesday Audience in St. Peter's Square in Rome, Pope Francis announced that Blessed Carlo Acutis will be Canonised as a Saint on April 27th 2025. Bishop Ray Browne will be the main celebrant at the mass.

"It is a privilege for us to have received this 1st class relic. The Relic will be on permanent display in this church and we pray that it will be venerated by many people, particularly the young over the years", Br. Pat at the Friary said. "We also pray that it will bring many blessings not only to the young, but all the people of Killarney, Co. Kerry and outlying areas. Next Sunday you will be able to venerate the Relic after the 11.30am mass and at 3pm in the afternoon, especially for families and young children and also at 7pm at Triduum Mass.

Carlo Acutis was born May 3, 1991, in London, where his father was working. Just a few

months later, he moved with his parents, Andrea Acutis and Antonia Salzano, to Milan, Italv.

He was diagnosed with leukemia as a teenager. Before his death in 2006, he offered his sufferings for Pope Benedict XVI and for the Church, saying: "I offer all of my suffering to the Lord for the Pope and for the Church in order not to go to purgatory but to go straight to heaven."

From a young age, Carlo had a special love for God, even though his parents weren't especially devout. Antonia Salzano, his mom, said that before Carlo, she went to Mass only for her first Communion, her confirmation, and her wedding. But as a young child, Carlo loved to pray the rosary. After he made his first Communion, he went to Mass as often as possible at the parish across from his elementary school.

Carlo's witness of faith as a child led adults to convert and be baptized. Rajesh Mohur, who worked for the Acutis family as an au pair when Carlo was young, converted from Hinduism to

Catholicism because of Carlo's witness.

Carlo wasn't afraid to defend Church teaching, even in situations when his classmates disagreed with him.

Carlo was a faithful friend. He was known for standing up for kids at school who got bullied, especially kids with disabilities. He used his computer skills and internet savvy to help his family put together an exhibition on Eucharistic miracles that has gone on to be displayed at thousands of parishes on five continents.

Carlo loved playing video games. His mother recalls that he liked Nintendo Game Boy and GameCube as well as PlayStation and Xbox. He had conversations with his gaming buddies about the importance of going to Mass and confession and limited his video game playing to no more than two hours per week. Carlo also liked Spider-Man and Pokémon.

Carlo died on Oct. 12, 2006, and was buried in Assisi. Initially, there were reports that Carlo's body was found to be incorrupt, but the bishop of Assisi clarified before his beatification that his body was not incorrupt. His body lies in repose in a glass tomb in Assisi where he can be seen in jeans and a pair of Nike sneakers. Thousands came to pray at his tomb at the time of his beatification in October 2020.

Pope Francis recognized a second miracle attributed to Carlo's intercession in a decree on May 23, 2024. The miracle involved the healing of a 21-year-old girl from Costa Rica named Valeria Valverde, who was near death after seriously injuring her head in a bicycle accident while studying in Florence in 2022. The first miracle that led to his beatification involved the healing of a 3-year-old boy in Brazil in 2013 who had been diagnosed with a malformation of his pancreas since birth.

Blessed Carlo Acutis will be Canonised as a Saint on April 27th 2025.

"I was in shock, and I think I still am".....!"

KERRY WOMAN MAKES TRIP TO LOTTO HQ

to claim €1m after EuroMillions Special Raffle Draw

It was a weekend like no other for a Kerry woman who discovered her life-changing win of €1,000,000 on the back of Friday, 22nd November, EuroMillions Special Raffle draw. The player bought her winning ticket from Nolan's Garage Londis, Tralee, Co. Kerry, after hearing the promotion on the radio while getting fuel for her car.

"I usually play the lotto, but I heard the EuroMillions promotion on the radio on my way to get fuel for the car, so I decided to buy a quick pick. Over the weekend, I heard that a Kerry player had won but would never have imagined that it was my ticket. I didn't even check my ticket until Sunday afternoon, it flashed up on screen that I'd'won big' and to contact the National Lottery. I was in shock, and I think I still am!", she laughed.

The Kerry woman admitted that she hasn't been able to rest since discovering her newfound fortunes. While the celebrations were minimal, the player plans on having a memorable Christmas with her family and looks forward to building a new home in the future.





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Mamma Mia the Musical

is a huge success for TY students of St. Brigids Presentation

Mamma Mia the musical directed by Fiona Crowley of Fiona Crowley Stage school was held in the Killarney Racecourse. A huge success with two sell out shows held on Monday 25th of November. Matinee was performed to local primary schools and night show open to the general public.

TY Coordination at the school, Teacher Ber O'Connor penned a poem about the show....

Well done to all what an amazing musical night The fever was high what an uplifting sight The voices and singing were a credit for sure Mama Mia was performed with talent so pure Fiona Crowley at the helm with Christian and Rosie in tow Fiona with her art and raffle produced a fantastic show Thanks to the teachers who gave up their free time To sell tickets, man the shop, supervise so TYs could shine The girls performed for a thousand people in one day In their memories this date will certainly replay Thanks to parents friends and pupils for turning up to support A memorable musical a top notch TY cohort Well done to all

Killarney <mark>Jujitsu</mark> Competition

Wilson Da Silva from Movement & Fitness Club & BJJ Killarney hosted Kerrys first ever Jujitsu competition last Sunday at Lissivigeen National School.110 kids, from as young as 4, travelled from all over Munster to compete in what was a brilliant display of courage, athleticism, and technical skill on the day. Wilson was proud of how the day went.

Wilson has travelled the world competing in the martial art but this was the first time hosting an event for his own students.

"We are so proud to host Kerry's competition, and even more proud of the way the kids conducted themselves through victory and defeat, they are a credit to their parents and their BJJ clubs.

Thanks to volunteers who helped leading up to the event and on the day itself, and to our fellow BJJ clubs for supporting the event in such numbers. look forward to a bigger and better tournament in 2025, watch this space"















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A BRIDGE OVER THE RIVER KWAI Well done to Councillor

Well done to Councillor John O'Donoghue for his persistence in raising the "bridge on the River Kwai" as I dub the much needed but alas non existent link between the Killarney bus and Killarney train stations. The 1957 epic War film on the bridge to link Bangkok and Rangoon, was one of the longest



Cllr. John O'Donoghue

films ever made at the time and involved the building of a bridge and then blowing it up..

We are at somewhat of a remove from that era. But imagine the lack of foresight in selling off what was part of the same one railway yard not so long ago, knowing the bus station would go in there and putting a big high steel fence between them.

No wonder Cllr John O'Donoghue dubs the lack of an obvious link as incredible.

He has again asked the council in Killarney to again write to larnród Éireann and ask that to improve accessibility, "a footbridge" linking the Bus and Train Station in Killarney be installed. He also wanted to find out if the council had a bridge lying idle.

The council says it is talking to larnród Eireann. Yes, it does have a movable bridge, but this wouldn't be suitable on a permanent basis.

It is not the first time John has raised the matter. I think it is time we got away from any talk about bridges as there is a simpler solution,

and one that is also staring us in the face.

The rail line ends more or less a third way along the outlet centre. So Why not make a doorway into the outlet? Then people will not have to haul all the way down to the front door and all the way back to get to the bus station, and vice versa.

I suggest that we may not need larnrod or Bus Eireann to be involved at all. All it will take is for the town manager/ senior official or even a councillior to approach the owners of the Outlet, hammer out a way of breaking an entrance into the side of the building and buying or leasing a unit to act as a doorway. And drive on instead of looking through the fence!

Could we not get back to simple solutions in this town? Problems are taking decades and decades to resolve when really they should take months or even weeks. A bit of hard work and a bit of vision is required rather than this cowed attitude to bureaucracy..

FEARS FOR THE FUTURE OF THE SUCCESSFUL KILLARNEY LEISURE CENTRE EXPRESSED

The Killarney Sports and Leisure Centre is in my mind associated with the last of the great projects Killarney got, thanks to then Minister John O'Donoghue. It is also where he lost his seat to independents - and he remarked on the irony and forecast we would not be getting much for a long time. His words have come to pass, unfortunately for Killarney and south Kerry, which has not seen anything much since 2011. The good news is, the centre seems to be

turning the corner financially. Figures released to Councillor Brendan Cronin shows it is paying its way, by and large.

Brendan looked for the current financial breakdown of the yearly income, expenditure and running costs of the Aura venue and swimming pool Killarney, also clarifying any yearly Kerry County Council financial supports and outstanding debts.

Brendan's fear is for the future - what will happen the centre when St Paul's who are anchor tenants pull out with the new centre in Dereen.

The basketball club is worth up to 40,000 euro annually the Aura, Brendan said.

Angela McAllen town manager said there is a world of interest already by various organisations and she is confident a new anchor tenant will be found.

The total income for 2022 was €1,066,400 and total expenses were €1,082,014.That's not a bad set of books given the facility it is for the community and for tourism in Killarney. We can't expect everything - sports, health, roads to be self-financing. Nor should we.That's why we are taxed so much.

The income includes a subvention from Kerry County Council of €160,000.

Provision has been made in the 2024 budget of €411,000 for upgrades and loans and so on.

It is worth mentioning all the money that goes into supporting projects in Tralee - the Blennerville windmill and bakery and Tralee wetlands has over €371,000 set aside for next year; and the county museum in Tralee is to get well over half a million an annual sum.

THE OWL AND THE BUILDINGS - A LESSON FOR TODAY

An ancient tale from Persia in the Chester Beatty library in Dublin - it has the greatest collection of Chinese/Indian/Persian/ Greek biblical manuscripts and art in the world and is a delight to visit - tells the tale of a king who had neglected house building and his people were becoming homeless.

Villages all over Persia were being deserted and ruined due to terrible Government policies.

This was good news for the owls who were taking up residence in the ruined buildings. A wise counsellor got around the young king whom everyone feared by taking him to a town where the owls were in the derelict buildings.

The owls were all chattering happily.

"What are the owls talking about?" the King asked. "They are all delighted, your majesty, that with so many empty buildings now, and the people moving away, they will all have

homes," the clever official responded.

He was only slightly stretching the truth.

The news shocked the King and he set about changing his policies at once and refurbishing the buildings so the people would have some place to live.

When I came across it last week, it reminded me a bit of the bats in Killarney. And it was a nice turn on the wise old owl stories of the English world.

We might need a few owls but we also need a few wise officials and politicians, it struck me. Meanwhile the Chester Beatty is one of the great attractions in Dublin. Free to visit. And with a lovely café. Now beautifully set back at Dublin Castle, it began its days in the rear of the home of Edith and Chester Beatty in Shrewsbury Road. Beatty was the first Irish Citizen to be granted a State funeral. The collection might have ended up in London, but for the wise officials and indeed politicians we had in Ireland at the time.



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3 in a row for KCC students!

Grace Wins Soroptimist Public Speaking Local Heat

Killarney Community College Leaving Cert student Grace Foley has won first place in the Regional Heat in the Soroptimist International Girl's Public Speaking Competition.

Grace is through to the next stage after competing against very stiff competition this morning in the local heat of the competition in Killarney Avenue Hotel. She wowed the judges with her fantastic communication and public speaking skills on the topic of :People (& Human Rights)

"Nothing in life is to be feared, it is only to be understood.

Now is the time to understand more, so that we may fear less" – Marie Curie. She competed against students from schools across Kerry and secured first place that was up for grabs to compete in the Regionals in February. KCC teacher and mentor Ms O' Shea was very proud of her student's success. "We spend a lot of time preparing and practicing for this event and Grace was presented a very compelling and accomplished delivery of her speech on the day. We are delighted for her".



L-R: Teacher Tara O Shea, Anne Wrenn President of Killarney Soroptimist and Grace Foley

DESIGNER MINDS LEADS THE WAY

with Wins In STEM in Industry Award and Celebrates Founder's National Recognition

Designer Minds Honoured with STEM South West Award 2024 plus Founder and Director Helena Lyne celebrated as STEM Woman of the Year Finalist at Women in STEM Awards 2024 Designer Minds has just won the "STEM in Industry Award" (Medium category) at the inaugural STEM South West Awards 2024, held at Cork County Hall last week.

This prestigious recognition celebrates the organization's innovative contributions to STEM (Science, Technology, Engineering, and Math) education and its commitment to equipping young learners with essential 21st-century skills. The event brought together leading organizations and individuals shaping the future of STEM across the South West region, home to over 75,000 STEM-related jobs. Donal Lyne, Founder and Director of Designer Minds, expressed his gratitude upon receiving the award, stating:

"At Designer Minds, we provide fun, hands-on learning experiences that encourage children to explore, question, and innovate. Through our nationwide STEAM Summer Camps and workshops, we spark curiosity, promote critical thinking, and help children build confidence as budding scientists and engineers.

Our impact extends beyond children—we mentor and train over 80 educators annually, equipping student teachers, professionals, and STEM specialists with practical teaching skills they carry into their careers, benefiting the wider STEAM industry."

In addition to this organizational achievement,



DesignerMinds Founders and Directors Helena and Donal Lyne pictured at WomeminSTEM Award 2024

Designer Minds' Founder and Director, Helena Lyne, was named a finalist in the STEM Woman of the Year Award, at this year's Women in STEM Awards held in October in Dublin. This recognition highlights Helena's leadership in advancing inclusion, diversity, and sustainability within the STEAM education sector. Her visionary approach

has been instrumental in creating accessible opportunities for children of all backgrounds, fostering curiosity and confidence.

A Legacy of Innovation and Impact

Designer Minds' fun-centred programs, including STEAM Summer Camps and interactive workshops, have redefined how children engage with STEAM learning. Winning the STEM South West Award and Helena Lyne's recognition as a finalist for STEM Woman of the Year reflect the organization's significant contributions to both education and social responsibility.

The organization is proud to be part of Ireland's thriving STEM ecosystem and remains dedicated to expanding its offerings to include advanced STEM topics and emerging technologies.

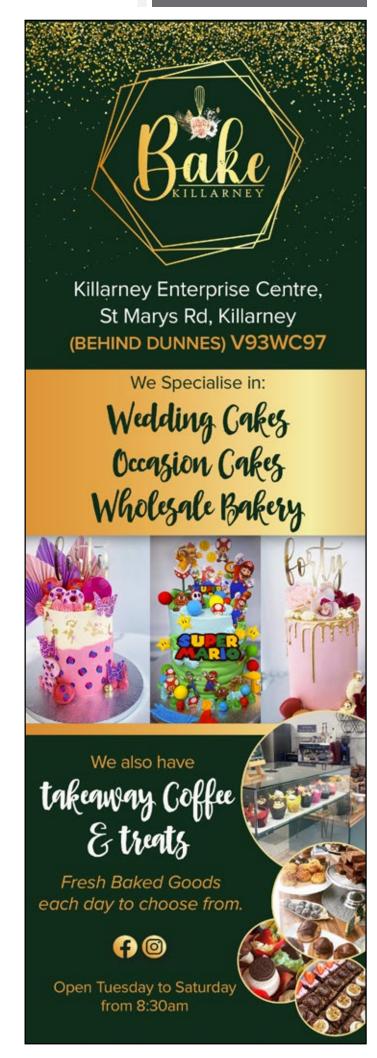
About Designer Minds

Designer Minds delivers FUN and cuttingedge educational experiences that challenge and empower children aged 6 to 12 while promoting critical thinking, creativity, and confidence. Its focus on sustainability, diversity, and inclusion ensures that STEAM opportunities are accessible to all, inspiring young minds nationally to explore, innovate, and excel. 2025 will see Designer Minds expand to even more locations across the country!

For more information about Designer Minds' STEAM Summer Camps, Workshops and Programs, visit www.designerminds.ie







€13,000 For Kerry Mental Health Association in 4th Annual #TieDayFriday 2024 Fundraiser

TIEDAYFRIDAY on 4th October 2024 was another great success thanks to the generosity of the people of the Kingdom who donated over €13,000 to Kerry Mental Health Association.

School children, students, teachers as well as office, remote, hybrid and outdoor workers of all ages were asked to wear a tie, post a picture on social media and donate to www. KerryMentalHealth.ie/donate.

One of the main events on the day saw over 80 people attend a business breakfast event in Tralee aimed at tackling anxiety in the workplace.

70 fitness enthusiasts also participated in an early morning exercise disco hosted by trainer George Bastible at John Mitchels GAA Club, Tralee with €700 going towards the overall total.

Proceeds from all the events on #TieDayFriday, now in its 4th year, will help cover the cost of rolling out free and affordable mental health educational activities and other relevant supports throughout the county.

The General Manager of Kerry Mental Health Association, John Drummey, said, "We wish to thank everyone who donated or sponsored events on #TieDayFriday as their generosity will help us to support people in Kerry with mental health challenges, their families and friends. covering a range of projects. Our new three-strategy will focus on reminding the general public that Kerry Mental Health Association is central to promoting mental health and wellbeing in the county. It will



€13000 raised for Kerry Mental Health Association on #TIEDAYFRIDAY - John Drummey (General Manager) and Siobhán Murphy (Director) Kerry Mental Health Association with a cheque from Siobhán Ní Mhathúna (General Manager, Meadowlands Hotel) and Tommy Walsh (Head of Taxation, Orbitus Law & Tax) on behalf of the people of Kerry who donated to the Charity on #TieDayFriday 4th October 2024. Photo By: Domnick Walsh © Eye Focus LTD.

also work towards revitalising our volunteer network, fundraising and education, training and housing activities to 2027."

#TieDayFriday will return in 2025 while the actual date of the fundraiser and the associated promotional events to be staged on the day are currently being considered.

The immediate attention turns towards the

Christmas period when Kerry Mental Health Association will distribute thousands of euros in shopping vouchers to mental health clients throughout the county.

Anyone can donate to Kerry Mental Health Association at any time by going to the iDonate fundraising page https://KerryMentalHealth.ie/donate.



€10,000 RAISED AT ALL IRELAND VINTAGE RALLY

This week, members of the Killarney Valley, Classic & Vntage Club were delighted to be at Muckross House a to present the cheque of €10,000 to Kerry Mental Health which was the collection of generous donations on the day of the All Ireland Vintage Rally held back in August.

A huge thank you to the trustees of Muckross Traditional Farms and to Toddy Doyle for facilitating the event and choosing Kerry Mental Health as the charity.

Pictured are from left: John Drummey, Tom Leslie, Pat O'Brien Chairperson, Kerry Mental Health, Marcus Tracey & Denis Reidy Trustees of Muckross House . Back row members of Killarney Vintage club Manager Toddy Doyle & staff of Muckross Traditional Farm & Kerry Mental Health.

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Eleven outstanding Munster women to feature in Accenture's Women on Walls at UCC

leven trailblazing women from, or with links to, the Munster region, have been selected as subjects of Accenture's Women on Walls at University College Cork (UCC). A group of pioneering women – visionaries and champions who have contributed to the betterment of society – will feature in a new portrait series at UCC. Today, an open call to artists has been announced to bring their stories to life through art.

Following a public call for subject suggestions this year, UCC has announced the 11 women who will feature in the portrait series:

Brigid Carmody, Coordinator of Cork Traveller Women's Network, a grass-roots community organisation that works for Traveller rights, leadership, culture and heritage.

Mary Crilly, feminist activist and founding member and CEO of the Sexual Violence Centre Cork.

Dr. Myra Cullinane, medical doctor, barrister and Senior Dublin District coroner who held the Stardust inquests.

Dr. Evelyn Grant, musician, broadcaster, educator, arts advocate, social entrepreneur and co-founder of the Cork Pops Orchestra.

Honora'Nano' Nagle (1718-1784),



Pictured at University College Cork (UCC) are (I-r): Joanne O'Riordan, sports journalist, disability activist, motivational speaker and student of law; Caitríona Twomey, volunteer co-ordinator of Cork Penny Dinners, a charity that offers food and support to anyone in need; Dola Twomey, therapist/activist at the Sexual Violence Centre Cork; Mary Crilly, feminist activist and founding member and CEO of the Sexual Violence Centre Cork; Dr. Myra Cullinane, medical doctor, barrister and Senior Dublin District coroner who held the Stardust inquests; Sr. Sharon Fagan, Congregational Leader, Presentation Sisters (representing Honora 'Nano' Nagle); Dr. Naomi Masheti, psychologist, three-time UCC graduate and Programme Director of the Cork Migrant Centre

pioneering educator, defender of the poor and founder of the Presentation Sisters religious

Dr. Naomi Masheti, psychologist, three-time UCC graduate and Programme Director of the Cork Migrant Centre.

Edna O'Brien (1930-2024), novelist, memoirist, playwright, poet and short-story writer.

Joanne O'Riordan, sports journalist, disability activist, motivational speaker and student of law

Dr. Patricia Sheahan, consultant palliative care physician and head of palliative care at University Hospital Kerry.

Caitríona Twomey, volunteer coordinator of Cork Penny Dinners, a charity that offers food and

support to anyone in need.

Dola Twomey, therapist/activist at the Sexual Violence Centre Cork. Accenture's Women on Walls at UCC received more than 600 nominations through a public call which sought nominations of women leaders from, or with links to, the Munster region. The subjects were chosen by a selection panel of UCC staff and student leadership. When completed, the artworks will join the UCC Art Collection and will be exhibited in UCC's historic Aula Maxima.

The open call for artists will run from Tuesday, 26th November 2024, to Thursday, 16th January 2025. Applications can be made via the Business to Arts website.

Qualifying artists are welcome to submit an application and concept proposal in response to the Commission Brief via Business to Arts before 5pm on Thursday, 16 January 2025. It is anticipated that the successful artists will be announced in spring 2025 and that the completed artworks will be unveiled in winter 2025. Further information and the detailed Commission Brief is available here: https://www.businesstoarts.ie/about-us/news



TIME TO SIGN UP FOR THE 2025 COUCH TO 5K

Killarney valley ac are delighted to announce that the very successful "couch to 5k" programme kicks off the new year of 2025 with a boost on January 7th.

The programme has gone from strength to strength over the last number of years on the track and is a great fixture to the start of every new year. The super coaching team at Killarney valley ac are on hand two evenings per week on a Tuesday and on a Thursday to guide and assist you as you get moving from the couch to the walk and onto a jog. Many great personal stories and triumphs are achieved due to the great encouragement and well planned safe system adopted by the crew.

Almost a thousand people so far have engaged with the programme since the Killarney valley ac arena opened a superb testimony to the super volunteers at Killarney valley ac.

All proceeds assist the club and maintain the facility for the young athletes and school children in the locality.

So be brave and make that first step for your health in this socially inviting atmosphere.

Registration is online through the link and spaces are limited so early registration is advised as the programme fills rapidly. https://killarneyvalleyac.ie/events/couch-to-5k-2025/





NEW Christmas in Killarney website

ou'll find nobody that's naughty but everyone that's nice when you visit the sparkling new Christmas in Killarney Festival website.

The site - www.christmasinkillarney.com - is packed with all the information required to make the most of this year's festive season celebration which promises to be a fabulous experience for people of all ages.

The site gives visitors up-to-date information on what's on, where it's on and when it's on and how they can plan ahead to enjoy the packed line-up of fabulous events.

It provides all the information required to help visitors to plan their journey and, perhaps most importantly of all, it will facilitate bookings for events that need advance registration. Santa will be in his bustling office in Deenagh Lodge from 4pm to 9pm on Thursdays and Fridays and from 11.30am to 6pm on Saturdays and Sundays from November 29th to December 23rd and advance booking is essential.

The colourful new website gives visitors the chance to play a part in the unfolding Christmas story where the magic becomes reality at one of the most spectacular festive season celebrations in the country.

It features all the details of the wonderful Christmas Magic parades, the switching on of the elaborate street lights, atmospheric sleigh rides, the Killarney on Ice experience, Dine in Killarney, the beautiful Tree of Light and so much more.

It's all at www.christmasinkillarney.com. Don't miss the fun and excitement.



ST. FRANCIS SPECIAL SCHOOL CHOIR TO PERFORM AT THE OUTLET CENTRE



Christmas Carols will ring out on Friday 13th of December when pupils and staff at St. Francis Special School will go busking in the Killarney Outlet Centre from 11am-12pm. The pupils are very excited and can't wait to perform some of their favourite Christmas songs. All money raised on the day will go towards the school choir. All support greatly appreciated.

Transition Year students from Community College recently held a Bake Sale to kick start fundraising for the annual Killarney Lions Club Christmas Food Appeal.

This week they presented the funds raised and pictured are from left to right: Rodrigo Sierra Prado, Barosz Cebernik, Max Browne, Maciej Jarzembski, Zach Egan, Lukas McGough

Denis Doolan (Killarney Lions Club), RonanMcKeon, Eric Walsh Yansane, Sophie Ballard, Finnian Moloney, Ella Whiteley, Barbara De Monasterio Baeza, Shauna Kenneally, Sophie Deery, Cian Walsh, Cian O'Donoghue, Brian Hehir (TY Coordinator, KCC)





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NEWS

Ann Marie Creates A Magical Christmas Display

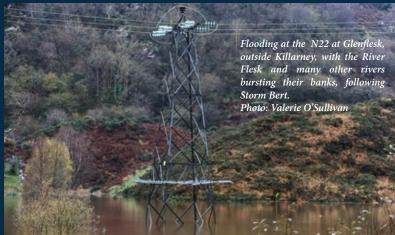
Ann Marie Casey, has created the most mesmorising festive display at Muckross Garden Restaurant. Ann Marie, who works in Muckross Garden Restaurant, spent hours creating the miniature village with meticulous detail, sprinkling her magic and nostalgia for everyone to enjoy. Photo: Valerie O'Sullivan

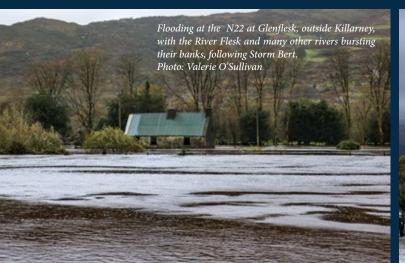




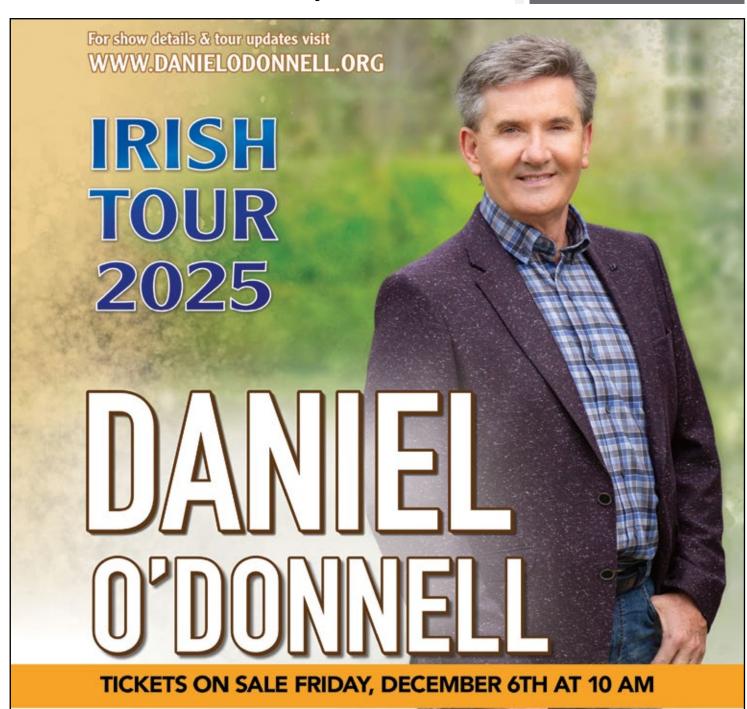
STORM BERT WREAKS HAVOC IN KERRY







Flooding at the N22 at Glenflesk, outside Killarney, with the River Flesk and many other rivers bursting their banks, following Storm Bert. Many parts of Kerry remain impassable, parts of Listowel, Tralee and Abbeyfeale, Co. Limerick. Photo: Valerie O'Sullivan



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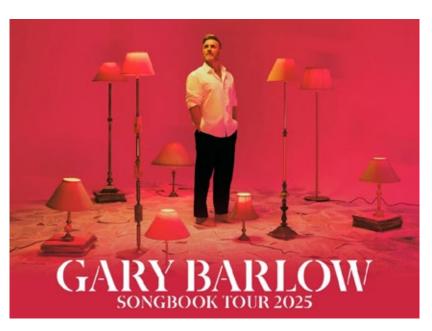
Gary Barlow hasannounced details of a brand-new solo tour which stops by the Gleneagle INEC Arena on April 20th 2025. The Songbook Tour 2025, is set to be a huge celebration of his illustrious four-decade-spanning career, and will see him perform an array of songs from his much-celebrated back catalogue of hits with both Take That and as a solo artist.

Tickets go on sale on Friday 29th November at 9:30am from Ticketmaster.ie.

The Songbook Tour will celebrate Gary Barlow's status as one of Britain's most successful songwriters and record producers. As part of

the group Take That, he has won eight BRIT Awards and sold over 45 million records. One of the band's biggest hits, 'Back For Good', will turn 30 in March 2025. The track is still ranked as one of the UK's favorite-ever pop songs having reached No.1 on its release in March 1995 and remaining top of the charts for four consecutive weeks, going on to become the band's biggest-selling song of the 90's.

Tickets for Killarney cost from €61.85 to €107.25 subject to Ticketmaster service charge.



Inspired Awarded Funding to Deliver Career Transition Programme "Workability"

Inspired, a leading organisation dedicated to empowering individuals with intellectual disabilities, is proud to announce that it was awarded funding to deliver a five-year Career Transition Programme. This initiative is cofunded by the Government of Ireland, through the Department of Social Protection, and the European Union. The programme is designed to offer progressive pathways into employment, including self-employment, by providing education, training, skills development, and inwork supports tailored to the needs, abilities, and potential of people with disabilities.

This substantial investment underscores the commitment of both the Irish Government and the European Union to fostering an inclusive society where people with disabilities can fully participate in the workforce. The programme will target individuals with intellectual disabilities, helping them transition from training to employment in meaningful roles across various industries.

As part of its career outreach efforts, Inspired will be hosting an Employers' Luncheon in December 2024. This event is an opportunity for businesses of all sizes to learn more about the programme, meet potential candidates, and discover how employing individuals with intellectual disabilities can benefit their organisations.

"We encourage any business interested in exploring how they can integrate individuals with intellectual disabilities into their workforce to get in touch with us," said Liz Maher, CEO of Inspired "This is a win-win for everyone involved. Employers get motivated, skilled



Pictured at the Inspired Launch of the Workability Programme are Katie Clarke (Inspired -Job Coach), Margaret Cahill (HR Mgr Bons Secours), Brendan Fealy (Restaurant Mgr Bons Secours), Anna Ryan (Meals on Wheels), Michelle Costello, Lauren Walsh Hayes, Stephanie Dinham (Career and Programme Coordinator at Inspired) and Paddy Clancy at the Bons Secours Hospital Tralee.

Photo: Denis Walsh Photography

workers, and individuals with disabilities get the opportunity to contribute meaningfully in roles they are passionate about". Inspired is keen to hear from potential employers, business leaders, and community members who want to get involved in this transformative programme. With this significant financial backing, Inspired

is in a unique position to support businesses in creating inclusive workplaces where people with intellectual disabilities can thrive.

For more information or to register your interest in the Employers' Luncheon, please contact Inspired at 066 7117315.



50" Smart UHD TV



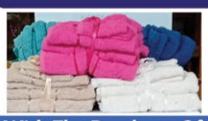
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Glenflesk Parish Bazaar













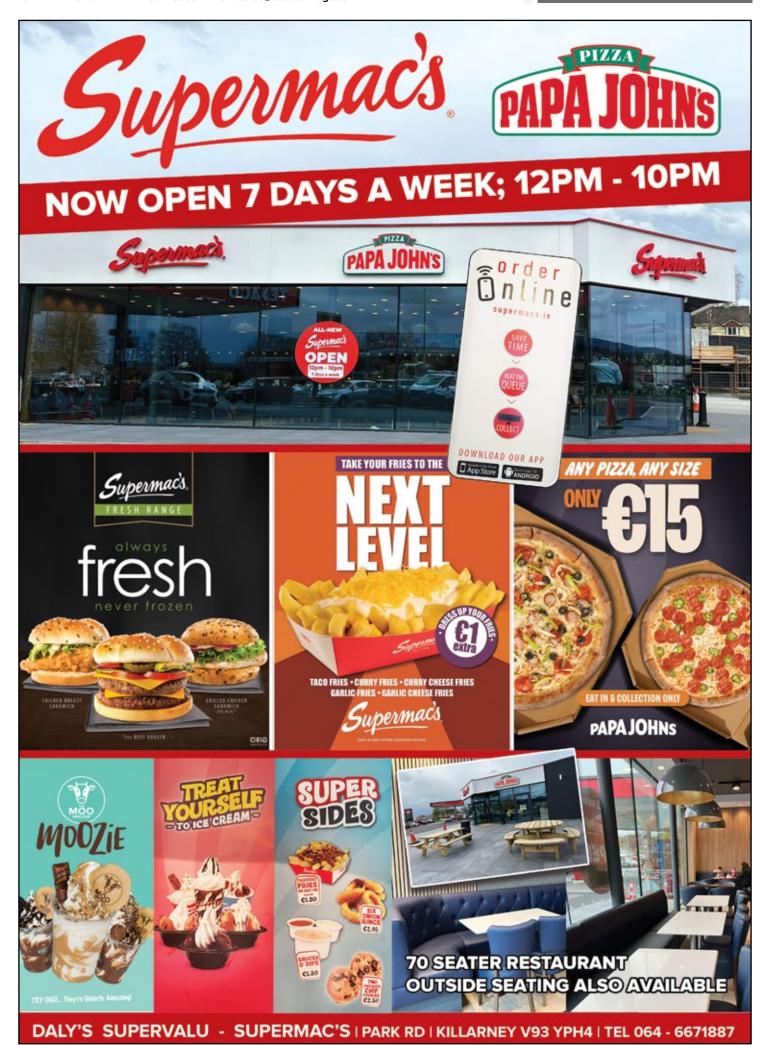












Killarney Darts Town League Singles Tournament RAISE FUNDS FOR MOTOR NEURONE



Front Christy Lehane Chairman of Kerry Friends of Motor Neurone receiving a cheque for €610 from Stephen O'Neill on behalf of the Killarney Town League Singles tournament. Also included standing L − R Paddy O'Keeffe KFMN, Simon Deegan, Pat Gill Manager of Arbutus Hotel, Liam O'Reilly, Secretary Maureen McCormick and Franjo Turk.

Kerry Friends of Motor Neurone were delighted to be selected as the beneficiary of the Killarney Dart Town League Singles Tournament which was held on Saturday 26th October 2024 for town members only.

The competition was organised by Stephen O'Neill who told me that over thirty people participated in the competition and that all games were played at the Buckley owned Arbutus Hotel Killarney. The Manager of the Arbutus Hotel Pat Gill sponsored the Buckley Bar trophy, and we are reliably informed that the same Pat Gill threw some great darts on the night. The overall winner was Corey Doyle.

On Cheque presentation night held at the Arbutus Hotel on the 19th of October 2024 Pat Gill did tell me that he did not play to his full potential on the night.

Organiser Stephen O'Neill said that he wanted to thank all the local businesses "totalling more than 20" who kindly supported the darts tournament and donated many spot prizes.

Stephen also singled out Killarney Town League Secretary Maureen McCormick for all her excellent work.

Finally, Christy Lehane on behalf of KFMN thanked everybody for selecting our charity to be the beneficiary of the dart tournament

Louis Celebrates His Special Day

Little Louis Patrick O'Connor was celebrated at St. Mary's Cathedral on November 17th on his Christening day. The son of Norritta and Philip O'Connor, Louis was centre of attention on the day when he was joined by family, including his grandparents, Marie and Pat Cronin and Peggy and Mick O'Connor. The Godmother is Karen Cronin, Norritta's sister while Godfather, Richard, Philips brother, flew in from New York especially for the occasion. Also pictured are Sarah Cronin, Patrick, Stephanie, Zelda and Richard O'Connor.

The family celebrated after the church ceremony at The Killarney Avenue Hotel.



APPLICATIONS OPEN FOR ARTS GRANTS AND BURSARIES 2025

Kerry County Council welcomes applications for the Arts Act Grant, Artist Bursaries and the Youth Theatre Grant Scheme, with the view to supporting arts festivals, arts groups, arts events, communities, organisations and schools planning arts activity for 2025, individual artists and youth theatres.

'Throughout the years the Arts Act Grant and Bursaries have provided funding opportunities for Kerry-based artists. The Council is committed to supporting the arts which is essential for the people of Kerry and in turn, enriches our communities' stated Cathaoirleach Breandán Fitzgerald.

Individual artists looking to further develop their practice or continue their arts education are encouraged to apply for the Creative Work Development, Artist in Retreat or Further Arts Education Bursary. The Eamon Kelly Bursary is open to established artists of all disciplines, from or residing in Killarney Municipal District.

Schools are urged to collaborate with artists and make an application for the Artists in Schools Scheme This scheme is to support art

projects which foster a connection between local artists, students and teachers, while enriching the school's artistic and cultural environment.









TRALEE DENTIST RECEIVES TOP DENTISTRY AWARD for early diagnosis of serious bone condition

Dr Tom Quilter, from Tralee, has been announced as the Colgate Caring Dentist of the Year for 2024.

Dr Quilter was nominated for the award by a patient who is currently undergoing cancer treatment.

One of Dr Quilter's patients nominated him for the award saying; "For many years, my dentist Dr Tom Quilter, has provided me with excellent dental care. Last year he diagnosed osteonecrosis of my jaw caused by the Zometa infusions that are part of my cancer treatment. Although my medical team did not agree with the diagnosis, Tom persisted and ensured I consulted a maxillofacial surgeon who successfully operated on my jaw".

Through Dr Quilter's astute observation :

and continued persistence, his patient got the treatment she needed as soon as it was possible.

The annual Colgate Caring Dentists Awards recognise dentists that have provided dental treatment and care over and above the call of duty, often with transformative effects, as nominated by patients and members of the public.

The four-person judging panel felt that the treatment and care Dr Tom Quilter provided to a family, already experiencing untold challenges, made a significant difference to the lives of those patients.

The winners were announced at a gala awards ceremony that took place at the Intercontinental Hotel, Dublin on Saturday night.

CASTLEISLAND COMMUNITY COLLEGE

Winners in Danscoil Shliabh Luachra Video Competition



Teresa Lonergan (Principal), Eamonn Ó Braoin (Danscoil Shliabh Luachra), Charlie Brosnan, Michael Daly, Shane O Rourke, Deirdre Uí Chonchúir (Danscoil Shliabh Luachra) and Marion O Sullivan (Irish teacher).

Danscoil Shliabh Luachra (Irish language activists and enthusiasts) organised a video competition as Gaeilge. Oíche Shamhna/ Halloween was the theme of the video. There were 3 simple rules to the competition: it involved making a video of 5-10 minutes with the script as Gaeilge/in Irish. The competition was open to schools in the Sliabh Luachra area.

Shane O Rourke and Michael Daly (2nd year students) won first place in the video competition last year. This year they won third place along with another second year student Charlie Brosnan. They were presented with their prize money of 50euro by Éamonn Ó Braoin and Deirdre Uí Chonchúir. Their winning video was described by the judges as 'very creative'. It involved staging a scary scene in the Ballyseedy Woods with plenty of sound effects, action and drama!

PAT FACES HIS FEAR ON

FUNDRAISING SKY DIVE

A volunteer at Sr Consillio's outreach center Strand Street Tralee faced his biggest fear recently to raise much needed funds for the organisation and the staff at the centre have sent him a heart felt thanks!

Pat Diggin recently undertook a skydive, which was certainly outside his comfort zone and raised much needed funds for the important service in Strand Street Tralee.

"We are an addiction treatment service offering a range of supports to those suffering with the affliction of addiction, and their loved ones", Christina Noonan from the centre told Killarney Outlook. "Pat raised a staggering €5,000 which will go towards keeping the service at the heart of the community to those that need our support. Whether it be a residential treatment referral, counselling, yoga, DBT, relapse prevention, or one of our many workshops that we provide", she added,

Currently the charity are doing a Christmas raffle where a €250-euro All4one card is one of the several prizes that can be won.

Bobby O'Keefe, who is pictured on the right of the photo has generously offered to do a Skydive next year (2025) on their behalf. If anyone requires our service, support, or would like to donate, please contact 0873665003



Photo from left to right.Back: Pat Diggins. Donal Sheehan. Kevin O'Conner. Christina Noonan. Mary Reidy. Sinaed O'Leary. Bobby O'Keefe.
Front: Jonathan Noonan.



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NEWS

There is a massive fundraising drive to help with medical costs for two year old Listowel boy Axel Horgan.

Tickets are now on sale for a concert with Michael English at Moyvane Church in March 2025 and a fundraising draw for return flights to New York for two people and 4 nights in the Fitzpatrick Hotel, Manhattan to the value of €3,200.

Axel is one of only 200 children worldwide who suffers from Cloves Syndrome, which is an extremely rare congenital disorder, it is characterised by a combination of vascular, skin, spinal, bone and joint abnormalities.

In August last year Axel started an oral chemotherapy drug used to treat stage 4 cancer. This drug was used to target his overgrowth syndrome. However, an unfortunate result of this gruelling treatment resulted in a complete speech regression for Axel, as the drug had an effect on his brain.

At the time Axel was speaking many words for his age, but because of the side affects of the chemotherapy he was on to shrink the overgrowth, it also had an effect on other areas of the body including the brain. So, as a result he had a full speech regression.

The chemotherapy had to be stopped immediately in order that his speech could be restored again.

In February this year his parents Eddie and Sarah learned the devestating news that Axel's left leg would have to be amputated. Unfortunately, this is going to happen after Christmas, during the month of January.

Further MRI's and x-ray's have been done on his right leg, which is showing signs of deterioration also. Regretfully his right leg will also have to be amputated, more than likely in the Summer of 2025.

The family travelled to Paris last year in November 2023, to undergo further treatment, which was carried out by a vascular anomalies specialist, Professor Canaud. The family now have to travel to Paris every 6 weeks for further treatments. The fingers on Axel's right hand are also affected and will require debulking and wiring surgery, as they will not be functional as he ages.

Despite Axel's tough start in life, he is a beautiful little boy.

As well as the trips to Paris to attend the hospital, Axel has to attend Crumlin Children's Hospital, Dublin three times per month, which involves seeing his neurologist, endocrinologist, gastro consultant, as well as Axel's consultant Professor Alan Irvine.

Attending both hospitals in Paris and Dublin involves significant travel and accommodation costs, a cost which has to be paid by Eddie and Sarah

Axel requires a significant amount of physiotherapy, but because not enough sessions are provided through our health system in this country, it is

FUNDRAISING DRIVE TO HELP FUND AXEL'S TREATMENT



Axel pictured with his parents Eddie & Sarah and baby brother Arlo. Photo by Paul Ward

vital to have extra sessions of physio privately per week. Thus incurs a significant extra cost. Absolutely, none of this is funded by the HSE or any other means.

A group of people have got together to help raise funds for Axel's treatment and are planning to hold a concert in Moyvane Parish Church on Sunday 23rd March, 2025 with Michael English and his band

"The reason we have nominated Axel's charity to benefit from our concert next March is to help ease the financial burden on them presently and going forward", Mairead Hanlon, one of the organisers told Killarney Outlook.

"Our wonderful fundraising draw will help towards Axel's medical expenses and our ur contribution to this most worthy cause will be dependent on the amount of tickets sold and the support we receive from Parishioners and the wider public.

Our amazing prize for the draw includes return flights to New York for two people and 4 nights in the Fitzpatrick Hotel, Manhattan.

The value of our wonderful prize us 3,200 euro", Mairead added.

The sponsors for the prize are Des Adams, Adams car sales, Tralee and Danny Tim O'Sullivan, Kells and London.

"We are completely overwhelmed by their generosity and we thank Des and Danny Tim profusely for supporting this most worthy cause", Mairead said.

We are hoping both men will be in attendance at the concert and will draw the winning ticket for the trip to New York.

Both the tickets for the concert and the tickets for the draw would make great Christmas presents", Mairead added.

Tickets will be on sale in Garveys Supervalu, Listowel on Saturday 7th December, from 9am to 6pm.

Tickets are available from the following people:

Marie at Moyvane Parish Office, 068 49308 Denise at Listowel Parish Office, 068 21188 Moyvane Sacristan - Joan / Shane 087 7548666 Knockanure Sacristan - Mary / Tina 087

Killarney /Beaufort - Peggy 087 2448900 Ballyduff - Padraig 086 0816209 Causeway - Liz 086 2289572

Asdee/Ballylongford Mairéad 087 6004379 Waterville - Fr. Sean Jones

Churchill /Fenit - Fr. Francis Nolan

BEAUFORT RAMBING HOUSE A GREAT SUCCESS

A fantastic night of traditional music was held at The Beaufort Rambling.

This is a cherished event run by the Beaufort pioneers in preserving Irish traditions, offering a lively mix of music, craic (fun and conversation), tea and barn brack. This community hub captures the heart of rural culture, bringing people together to share stories, sing, and celebrate local heritage. It serves as a vibrant reminder of the age-old Irish custom of gathering in homes for entertainment and hospitality, keeping these traditions alive for future generations. Well done to all the organisers and participants involved for a fantastic night.





















FROM KILLARNEY ROYAL

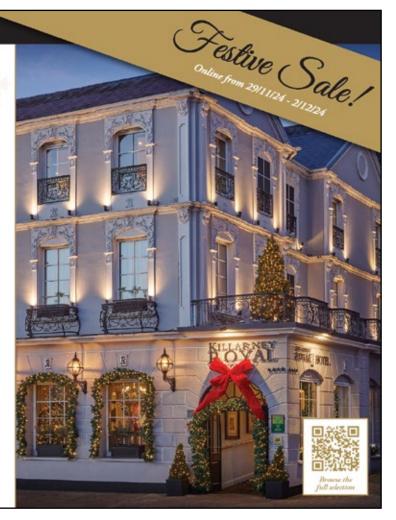
Give them an experience to remember this Christmas, with luxury gift vouchers from Killarney Royal.

From Overnight Stays in the heart of Killarney, to Royal Sunday Lunch for Two and monetary vouchers that let them hand pick their own experience; there's something to suit all tastes this Festive Season.

To purchase your voucher visit killarneyroyal.ie or call our team on 064 6631853









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GATOR H

This fantastic electric utility vehicle runs on a 12V/12Ah/150Wh rechargeable battery. The John Deere Gator HPX is perfect for little adventurers aged 3 and up. It travels on all surfaces, even the most rugged, and can tackle differences in elevation with a slope of up to 17%. Realistic horn It's fun to be noticed and easier with the horn!

Large seat, adjustable Adjustable in four positions to suit drivers of all sizes. Two armrests for comfortable, safe driving also act as handles for hanging on when travelling over rough terrain. Sculpted tread tyres With great traction for perfect adherence to the ground. Rechargeable battery and charger included



"Fully assembled with battery chargerd (approx 1.5hrs assembly time). We can ship out to anyway in Ireland at cost however we can only ship in a box unassembled. The vehicle operates with a 12V/12Ah/15OWh battery. The battery can be recharged using a common household socket, either in or out of the vehicle.

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FESTIVE SPA EVENING

Thursday, 5th December, 6-8pm

On the night you'll enjoy: 10% off youcher sales

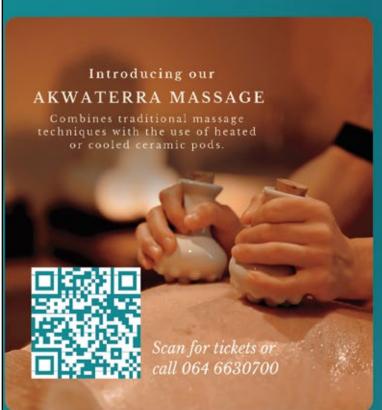
Insightful talk from Dr. Máire Cleary from Mná Women's Health Clinic

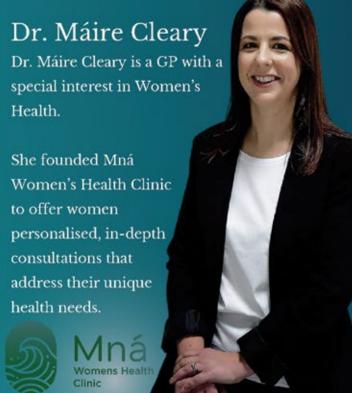
Treatment demonstrations: Akwaterra massage and Anú x Íon facial

Festive fizz and canapés on arrival

Spot prizes

Tickets are €25 and are fully redeemable against products sold on the night.









CHRISTMAS AT KILLARNEY GOLF CLUB

Our Famous Mince Pies Are Here Again! Enjoy them in-house or pre-order for Christmas.

Join us for a full bar menu available daily from 9 AM, featuring comforting Seafood Pie, hearty Beef Bourguignon along with other favourites

Don't miss our Daily Specials, including a roast every Sunday

Unwind in our beautiful setting while taking in the breathtaking views of the lakes and mountains.



Book your table today Sunday - Thursday 9am -6pm Friday and Saturday 9am- 7pm





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It's beginning to look a lot like

Christmas

SANTA FAMILY SUNDAY LUNCH

Start the season with an Aghadoe tradition not to be missed. Our renowned Santa Family Sunday experience takes place this year on **Sunday 1st & Sunday 8th December** in our panoramic Lake Room Restaurant and includes a three course festive themed Sunday Lunch, a photographer to take a family portrait and a special appearance from Santa!

€52.50 per adult with special kids menu available

advance booking essential



REMEMBER OUR LUXURY VOUCHERS ARE THE PERFECT GIFT. SHOP ONLINE NOW AND HAVE THEM DELIVERED TO YOUR DOOR.

Call +353 64 6631766 to book or scan the code to see our full Christmas Programme



this is aghadoe





CELEBRATE

Christmas 2024 at The Ashe Hotel, Tralee

FESTIVE DINING







Meet with friends, family or colleagues & celebrate your Christmas get-together with delicious dining in Alfie's & Lottie's with delectable cocktails & drinks from the bar. The Ashe is always a welcoming & beautifully decorated Christmas venue. Our cozy & eclectic old school glamour makes it the perfect spot in the centre of Tralee to bring you together with plenty of Christmas cheer.



Festive Lunch & Dinner

FESTIVE LUNCH

Served every Thursday, Friday & Saturday from 12.30 to 3.30pm

€39

FESTIVE DINNER

Served every Thursday, Friday & Saturday from 5pm to 9pm

€49

Festive Afternoon Tea

Our delectable & indulgent Festive Afternoon Tea will give you a chance to relax & catch up with your friends.

€30 or €35 with bubbles

Women's Christmas

Saturday 4th January & Monday 6th January Time to relax after all the hustle & bustle of Christmas. Spoil yourself with our Women's Christmas Menu & enjoy an evenings entertainment with Gearoid Meehan

Fantastic Entertainment with Gearoid Meehan €45

Christmas Eve

Wind down to the big day by enjoying a relaxing brunch from 10am or book a delicious lunch serving until 3pm

New Year's Eve

See in the New Year with our delicious New Year's Eve Menu, served with a complimentary glass of bubbly, live music from 9pm with New Year countdown

€55

Magic at The Ashe

We are excited to announce that Santa is to visit The Ashe Hotel on Sunday 15th December. Enjoy a two course family lunch then meet & greet the big man himself by the fireplace in Lottie's. Children will receive a small gift and a digital photo with Santa.

€34 per adult €20 per child

theashehotel.ie

To Book Call 066 710 6300 or info@theashehotel.ie







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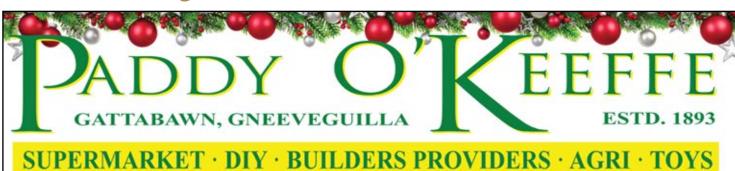
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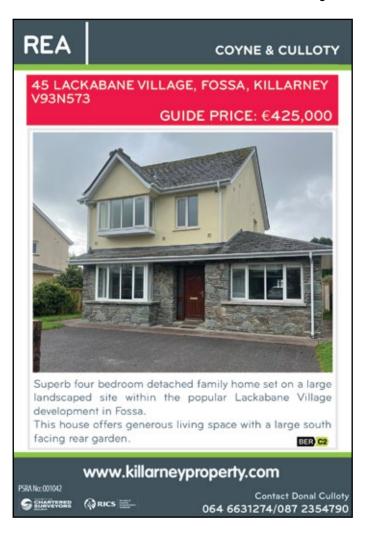
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Society of St. Vincent de Paul

SOCIETY OF ST. VINCENT DE PAUL | New Street Car Park, Killarney, Co. Kerry

Contact Mobile: 087 6164888

ANNUAL Christmas Appeal 2024

The St. Vincent De Paul Society are holding their Annual Christmas Church Gate Collection at the Cathedral, Friary, and Church of the Resurrection, Muckross.

Beaufort | Glenflesk | Fossa | Kilcummin | Clonkeen | Barraduff

ANNUAL CHURCH GATE COLLECTIONS

Saturday 7th and Sunday 8th December 2024

No house to house collections this year. We take this opportunity to thank each and everyone for your ongoing support.

We wish a Peaceful 🎗 Joyous Christmas to all





HENNIGA

MONEY MATTERS

By Dermot Cronin, Financial Advisor



DO YOU HAVE AN EXISTING PENSION?

If so, there is some very important information that you need to know about your pension, such as....

What is the present value of your pension?

What funds is your pension invested in and what is the risk level of these funds?

Who manages your pension and how much are you being charged to manage your pension?

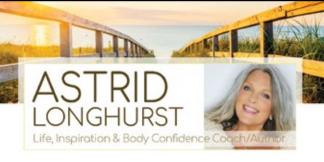
When can you access your pension?

These are just some of the important questions you need to know the answers to. You need this information in order to check and compare your pension to what is available in the market place today from pension companies who may be able to get you a better return for your money and therefore getting you a higher lump sum and income on retirement. So whether your pension is from your present employment, an ex employer, you were self employed in the past or are self employed now it is very important that you have your pension reviewed and assessed by a financial advisor.

For more information or to make an appointment to discuss the above or any other query you have contact Dermot Cronin QFA, at 064 6622775, or dermotcroninifa@gmail.com







MAKE EVERY MOMENT MATTER

Life is made up of millions upon millions of moments. Moments of joy, sadness, waiting, achieving, resting, connecting, moving, clearing, building and so many more. However, many of these moments may pass us by without us ever really being present with them. So often our minds are full of what we will do tomorrow or what we didn't get done today that we miss the actual moment we are in. This can make us feel disconnected and out of touch with ourselves and our life.

When we begin to fully inhabit the moment we are in, we can begin to access more awareness of the world around us and within us. This can lead to feeling more deeply rooted within your mind, body heart and soul.

A beautiful practice is to slow down a little and take more time to notice the moment you are currently in. Become aware of how you feel. Notice your energy levels and the way you are breathing. Observe your surroundings. What can you hear? What colours do you see? What do you feel? Place your hands over your heart and breathe deeply. This lovely practice helps to bring you back into the moment and can be especially calming if you are feeling anxious or stressed.

www.astridlonghurst.com



WHAT ARE POWDER BROWS?

semi-permanent technique designed to create a soft, powdered effect on your eyebrows. A specialised tattoo machine is used to infuse tiny dots of pigment into your skin, building up colour that is generally lighter at the start of the brow and becomes darker towards the tail. Often called Ombre Brows or Shading as they are similar to the look of makeup applied with a brow powder. It is virtually painfree and is less invasive compared to microblading as it does not penetrate the skin as deeply. The process involves a consultation for suitability, the procedure itself and then a follow-up appointment to touch up and perfect your brows. Swelling subsides after a few hours and micro-wounds heal revealing



natural-looking eyebrows in just 2-3 days. Depending on skin type, lifestyle, and aftercare the colour wears off over 2-3 years. Powder brows are great for oily or mature skin to contour, shape, and shade if you have gaps or irregular eyebrows or scars to conceal.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



WHAT IS THE DIFFERENCE BETWEEN A "NORMAL" PT AND A TPI PT?

Recently we had a call from a person interested in starting personal training but they had checked out our website www.bwellfitnessclub.com and they were unsure if they should do a normal PT or a TPI PT.

First of all what is a normal PT?

A "normal" PT is where you are trained by one of the B Well team to achieve the goals that you told us about during your initial consultation. The exercises your trainer asks you to do are part of the overall plan to get you to where you want to be. We work on improving strength, mobility, flexibility, core strength and your overall fitness levels.

And so, what then is a TPI PT?

TPI stands for the Titleist Performance Institute. For those that are unaware of it, the institute is based in the USA but has trainers based all over the world. It is specifically to do with golf fitness. While a TPI PT will also work on improving strength, mobility, flexibility, core strength and your overall fitness levels, it does so with a particular focus on your golf game.

Now we know that at this stage a lot of people have stopped reading when they saw the word golf, mainly due to the fact that they have little to no interest in the game, but for those of you that are still with us keep reading if you are interested.

The big difference between the two types of PT is that the TPI one is a screen where we put the person through a series of movements which are all golf related, even if it doesn't necessarily seem like some of them relate to golf in any way.

Luckily, we have 2TPI trainers here at B Well Fitness Club whose goal is to improve your golf fitness, your mobility and your flexibility and even help fix some movement patterns that may be having a negative affect on your golf game.

We have TPI clients of all capabilities, from high handicappers to scratch golfers. We won't fix your slice or hook, that's your pro's job, our job is to get you golf fit.

With winter closing in and the chances of playing in the coming months decreasing why not spend the winter working on your golf fitness, it will be one of the best things that you can do to get you golf ready for 2025.

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DRY EYE

WHAT IS DRY EYE?

People with dry eye either don't make enough normal (lubricating) tears or the ones that they make are of poor quality, causing the tears to dry up too quickly and the front of the eye to become dry and irritated. As a result, dry eye can be uncomfortable and cause the eye to produce the watery type of tears. This only helps for a short time - leaving the eye uncomfortable and gritty.

If your eyelids are sore and red, you may also have another condition called blepharitis. Blepharitis is a condition that affects the eyelids making them sore and inflamed. If the eyelid glands become blocked, you may have a condition called meibomian gland dysfunction. It is quite common to have a combination of these conditions.

Dry eye doesn't tend to cause serious damage to the eyes, but it can be very uncomfortable. Severe cases do have a risk of causing long-term damage, but fortunately these are rare.

Risk factors

Dry eye is much more common in people over the age of 50. This is often because the glands that make the normal tears, and particularly the oily part of the tears, tend to become less effective as you get older. Also the tears tend to spread across the eye less well with age.

Some general health conditions can cause dry eye as a side effect, such as autoimmune diseases and hormonal changes. The condition is also more common in windy, cold, dry and dusty conditions.

If you're concentrating on your computer or smartphone for long periods of time without a break, this may also make your eyes feel Air conditioning and central heating can make dry eye worse too, as can some medications and general health problems.

Smoking has also been linked to dry eye as it may both cause the condition and make it worse.

Symptoms

People with dry eye may get some or all of the following symptoms.

- A sandy or gritty feeling
- Sore eves
- · Uncomfortable and sometimes painful eyes
- An itching or burning sensation
- hort-term blurred vision

Watery eyes, as if you are crying (having watery eyes can mean you are producing poor-quality tears and actually have dry eyes)

TREATMENT

Most cases of dry eye tend to be a long-term condition, meaning that you'll need ongoing treatment.

There are lots of different types of drops and gels that can help your eyes feel more comfortable. The best ones don't have preservatives in them, or if they do they contain very gentle preservatives, which helps to reduce irritation. They may also contain an ingredient called sodium hyaluronate, known to be very effective in treating the condition.

It's important to use the correct type of drops. The wrong drops are unlikely to cause any harm, but they won't help as much. If your drops aren't working or you're not sure which drops to use, you're a sight test can help determine the best treatment options.

information. more honest advice or to make an appointment contact us on 0646636477







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KILCUMMIN

KILCUMMIN LOOKING GOOD

Save the Date! Kilcummin Looking Good are hosting a new Christmas event for the village of Kilcummin - JINGLE & MINGLE. This event will be held on the evening of Sunday 15th December from 4.30pm - 7.30pm in Kilcummin Village. Lighting of the Park at 4.30pm, The Three O's Christmas Carols in the park at 4.30pm, Christmas concert at Our Lady of Lourdes Church at 5.30pm featuring the Strong Together Choir, the Kilcummin Children's Choir and Kilcummin Comhaltas Branch. Sheila's Coffee & Crepes on site all evening, Santa's final drop post box & face painting. All are welcome.

SAVE THE DATE

Annual Pink Night Fundraiser for 'Comfort for Chemo' will take place on Saturday 4th January in the Klub Bar at 8pm. Everyone welcome, more details to follow.



Last Friday night the cheque presentation from the "Ger Healy memorial Tractor Run" which was held on October 27th took place. There was a huge turn out of tractors on the day that registered but also members of the public who kindly donated.

We were delighted to be able to present a cheque of €6,300 between the Healy family and Kilcummin LGFA. Thanks again to everyone who donated and to everyone who helped run the event. Pictured at the presentation are front from left: Siobhan O'Callaghan, Ryan Healy, Laura Healy, Donal Dwyer, Padraig Healy, Helen Healy, TJ Healy and Jenny Healy. Back from left: Tom Leslie, Dan Moynihan, Dara Maguire, Eamonn Mulvihill, Gearoid Mulvihill, Patrick Clifford, Muireann Mulvihill and Catherine Mulvhill.

KILCUMMIN GAA

LOTTO

There was no winner on Monday 18th November of the Jackpot for €14,500. Numbers drawn were 11,13,20,27. Consolation prizes of €50 went to Helen Healy, Catherine Broderick, Rachel Clifford, Sheila Fitzgerald. The next draw will be on Monday 02nd December for Jackpot of €14,750.

MASTERGEEHA FC

LOTTO

There was no winner on Friday 22nd November 2024 of the Jackpot €2,200. Numbers drawn were 04,06,19,23. Consolation prizes of €50 went to Eoin Lane; Micheal O'Sullivan (online); Padraig O'Sullivan Darcy (online); Paul O'Shea. The next draw will be on Friday 29th November for Jackpot of €2,400.



The Kilcummin Community Games Committee Maire O'Leary, Aisling O'Donoghue, Marie Keane, Maureen Fleming & Mary Teresa O'Leary with John O'Sullivan at the recent end of year celebration.

Kilcummin Community Games held an end of year award ceremony recently. Acknowledgement on the night for the 8 All-Ireland finalists who brought home 5 All- Ireland medals in the project category. Medals were also presented on the night to County winners in Art and Handwriting. The committee wish to acknowledge and thank Ms Sheehan and Kilcummin National School for accommodating the training for our activities throughout the season. Thanks also to Rena in Kilcummin Post Office. This year John O'Sullivan of the Klub Bar Kilcummin and Revive Café & Wine Bar Killarney who generously contributed towards our new jerseys. The committee express their graduate to him.

Fine Gael MEPs welcome approval of new EU Commission

The four Fine Gael (EPP) MEPs welcomed the European Parliament's vote in favour of the new EU Commission in Strasbourg today. MEPs Seán Kelly, Regina Doherty, Maria Walsh and Nina Carberry voted in favour of the executive, which is led by EPP President Ursula von der Leyen and includes 14 EPP Commissioners.

"Today's strong vote in favour of the new European Commission, and Ireland's Commissioner Michael McGrath, is extremely welcome and timely given the current geopolitical situation. Now more than ever, the EU needs to be an anchor of stability and leadership in the world promoting our values, with democracy at its core", the MEPs said.

The MEPs noted that most Irish MEPs voted in favour of President von der Leyen's Commission: "It is welcome that most Irish MEPs finally saw sense, despite some having previously voted against President von der Leyen in July. However, there are serious questions to ask of other Irish MEPs. Three Irish Left MEPs, including Sinn Fein, and Labour's one MEP teamed up with the far-right to vote

against the new Commission. Two Irish Renew MEPs, including Independent Ireland's one MEP, abstained. The approach of these MEPs does nothing to help people and businesses across Europe who want the Commission to get down to work. Not only did they vote against Ireland's EU Commissioner, but they also voted against the first ever EU Commissioner for Housing.

"US President-elect Donald Trump is already threatening to impose tariffs against Canada, China and Mexico. Europe will not be immune from the impact of such political shifts. The Union needs to be ready to stand firm, to be prepared to react and to innovate for a more prosperous future. We need to ensure that Europe remains competitive on the global stage as we make our economies more sustainable.

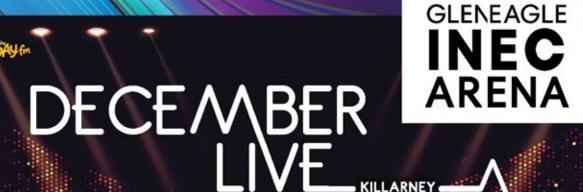
"The EU will also continue to support Ukraine in its fight for freedom against the illegal and brutal invasion by Russia.

"The humanitarian situation in Gaza remains of grave concern. We want the EU to boost aid to the



region and support UNWRA's work there in getting emergency supplies to people in need. We fully condemn the actions of the terrorist group Hamas and urge the release of all hostages. The killing and violence must end. We desperately need a cease-fire and everyone should work towards a peaceful end to the conflict."

The MEPs congratulate Ireland's EU Commissioner Michael McGrath on his new role and look forward to working with him on matters important to the Irish people.



Mrs. Brown's Boys

D'LIVE SHOW

The Musical for Moore street

05 - 08 DEC

VILLAGERS THAT GOLDEN TIME TOUR 05 DEC

CELINE BYRNE Christian Celebration 06 DEC

DEIRDRE

07 & 08 DEC

ESTUNNING

PICTURE THIS

13 & 14 DEC

Pa Sheehy European Tour 14 DEC

LoveLYRA

15 DEC

STONE ROSES

TOMMY Tiernan

19 DEC

TAYLOR FEVER

20 DEC

THE SCRATCH reland '24 20 DEC JARLATH REGAN
IN BITS
21 DEC

THE MARY WALLOPERS

FAKE FRIENDS

22 DEC

TUNBLING Paddies

SOLD OUT!

GAVIN JAMES

THE CORONAS BLOCK ROCKIN BEATS

DARREN KIELY

THE ROAD HOME TOUR 30 DEC

PHIL COULTER
Legacy
30 DEC

DAMIEN Dempsey

> Astan 31 DEC



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WWW.GLENEAGLEHOTEL.COM TO BOOK PACKAGE TICKETS & ACCOMMODATION

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Cadbury Mini Rolls 10 Pack 265g - 275g, €11.28/kg - €10.87/kg was €5.99



SuperValu

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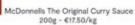
MWadi Zero Sugar Selected Range fitr



€3.35 Each Coca-Cola Zero Sugar/Diet Coke Selected Range



DAIRYMILK





36g - 78g (Details In-store or Online



Bisto Gravy Granules/Paxo Golden Breadcrumbs Selected Range 190g - 227g, €10.53/kg - €8.81/kg



KOKA Curry/Chicken Nood 85g - €7.65/kg



Nature Valley Crunchy 5 Pack Selected Range 210g - €11.90/kg



Bonne Maman Selected Range 250g - 370g, €14/kg - €9.46/kg



Knorr Quick Lunch Selected Range 51g - 73g (Details In-store or Online)



Flash Liquid Cleaner Selected Range 1ltr



Sure 72 Hour Male/Female Antiperspirant Range 250ml - €15.96/ltr was €7.99





GLENFLESK Written by: Sean Daly

GLENFLESK COMHALTAS CHRISTMAS CONCERT 2024

The Glenflesk Comhaltas Christmas Concert took place last Friday, 22nd of November. It was a night of smiles, fun and talent. Cynthia Ní Mhurchú MEP opened the concert and spoke the importance of our culture of music, song and dance. Children from the local primary schools played some great polkas followed by dancers from the Hegarty Academy of Dancing who took to the stage with a splendid dance display. Glenflesk Comhaltas Musicians and Set Dancers entertained with performers ranging from beginners to All Ireland medals holders. Branch member Grace Angland was MC for the night. Glenflesk Comhaltas Committee would like to thank O'Briens Shop, Glenflesk and Killarney Carpet & Furniture Centre who kindly sponsored the raffle prizes. Also, appreciation to Glenflesk GAA for the use of the hall and to all parents and teachers for preparing the children for their performances.

O SULLIVAN CUP SEMI FINAL

Result: Glenflesk 1:17 Currow 2:07 EAST KERRY U17 LADIES

In the District Championship Semi Final held in Brosna, East Kerry U17's

beat St Kierans on a scoreline of 3:07 to 0:06 and are through to the County Final against Mid Kerry this Sunday (Venue & Time TBC). The very best of luck to the team and management and especially the Glenflesk contingent of Aoise O'Donoghue, Anna Doherty, Muireann Healy, Sarah Warren, Cliona Moynihan and Niamh Cantillon.

EAST KERRY U13 LADIES

In the District Championship Semi Final held in Kilcummin, East Kerry U13's also beat St Kierans on a scoreline of 6:09 to 3:08 and advance to the County Final this Sunday, where they take on Mid Kerry (Venue & Time TBC). Glenflesk are represented by Anna Lenihan & Orlagh Brosnan and we wish them and the team the very best of luck in the final.

GIVE BLOOD

The Heights Hotel, Killarney Monday 9th to Thursday 12th of December. www.giveblood.ie 1800 731 137

NOTES

If you would like anything added in the notes please email to pro.glenflesk. kerry@gaa.ie by Sunday evening.



Members of the Glenflesk Comhaltas Committee along with Linda Gordon Kelleher & Cynthia Ní Mhurchú MEP, from left to right: Tadhg Creedon, Coleen Angland, Martina Angland, Linda Gordon Kelleher, Cynthia Ní Mhurchú MEP, Margaret Creedon, Fiona Hickie & Grace Angland.



Young musicians entertain the crowd at the Glenflesk Comhaltas Concert

SPA email pro.spa.kerry@gaa.ie

KILLARNEY CLUB 7S COMMITTEE AND SPA COISTE NA NOG

To mark the end of a successful year, the Killarney Club 7s committee and Spa Coiste Na nÓg coaches welcomed all registered players from ABC's all the way to u17s to the Clubhouse on Sunday morning to collect a very special "Spa Pack". This pack included a club branded backpack, pencil case, water bottle, bobble hat and wristband. The Killarney Club 7s committee would like to thank all parents for their continued efforts in making the event an annual success. All funds generated will continue to be invested into the club and, in particular, into the continued development of our future stars.

EAST KERRY U13

Congratulations to Spa girls, Alanna Collins, Sheolagh Daly, Ava Brosnan, Sam O'Sullivan and Julie Casey who lined out with East Kerry on Sunday 24th when they played St.Kieran's in the county semi-final. Best of luck to the girls and their East Kerry teammates as well as the management team which includes our own Johnny Brosnan who are through to the final against mid Kerry next week, details yet tbc

NORTH POLE POST

Santas mailbox is now available for use in Spa GAA, feel free to stop by for the use of this high priority mail service to the North Pole and take a picture to capture your special moment. Don't forget to tag us using @ Spa GAA.

CONGRATULATIONS

Congratulations to our Senior Quiz team, who came 3rd in a Munster tràth na gceist as gaeilge and are going to Croke Park in January to compete in the All-Ireland Final.

SPA LOTTO 25/11/24 RESULTS

Numbers drawn: 8, 10, 12, 19 No jackpot winner Lucky dips €50 each: Donal Murphy, Online; Marion Doolan, Kilbrean; All-Ireland GAA Golf Challenge; Boris Uzik, Clasheen; Next weeks draw is on Monday 2 Dec @ 9pm for a jackpot of €5,400

NOTES

Any items for the Spa notes please contact Club PRO on 0857762411 or email pro.spa.kerry@gaa.ie before 7pm on Sundays







RATHMORE GNEEVEGUILLA

RATHMORE TURNING ON THE LIGHTS

What a turnout on Sunday evening last for the turning on of the lights. Santa attended, he sure was busy. A huge thank you to the people who helped put up the lights, donate money, for refreshments to the committee for their trojan work they did over the last few weeks and to Santa himself for visiting and his 2 elves but most importantly thank you to the families and people in community who came to support. It was great to see such a crowd and see all the children. Hope ye all enjoyed

SHARE THE BUCKET

Gneeveguilla Community Facility Group reminds you that Share the Bucket takes place weekly. The draw is every Friday evening in Teach Fáilte @ 8.30pm and can be viewed live on our Gneeveguilla Community Facility Group Facebook Page. This week's jackpot was €203 and the winner was David Brosnan. Tickets cost €2 each or 3 for €5. They are available at Teach Fáilte and can be bought online at https://tinyurl.com/y2ade5om.or in local businesses where you see the Green Share the bucket.

Your support is greatly supported and all funds will go towards our new proposed community facility. We would like to thank our local businesses, shops and pubs who continue to support our project.

SUPPORT RATHMORE ST VINCENT DE PAUL IN THEIR **UPCOMING ANNUAL FUNDRAISERS**

Many of you regularly support our work. Without this help, we simply would not be able to support those struggling. Please visit: www. svp.ie/rathmorechristmasappeal24 link for our conference fundraiser page and/or tap on our unique QR code. 100% of all money raised goes directly to people who are struggling with impossible choices this Christmas in our area. You can also donate to our Credit Union and Bank accountsm details as follows: Rathmore Credit Union account (IBAN: IE02RDRN99106300120299 BIC:RDRNIE21). Millstreet AIB Bank account (IBAN: IE69AIBK93615406950116 BIC:AIBKIE2D)

RATHMORE ST VINCENT DE PAUL ANNUAL FOOD **APPEAL**

All our local schools, creches and preschools will be involved in our annual food appeal which has been very successful in the past. Items will be collected from schools on Thurs. 5thDecember/Fri. Dec. 6th These donations of non-perishable food items and toiletries help to fill hampers at Christmas for needy families in our area.

Our Annual SVP Church Gate Collection will be taken up on weekend 7th / 8th of December at all Churches in the parish and Ballydesmond church

This year also the local Vincent de Paul group will fundraise outside Kearneys Centra, Ballydesmondon Friday 6th Dec. 9am to 2pm and Kelly's Londis, Hickeys Centra and O'Keeffe's Circle K forecourt on Saturday 7thDecember from 10am to 2pm.

YOUR OPPORTUNITY TO HELP US PROVIDE ESSENTIAL SUPPORT TO FAMILES IN NEED IN OUR AREA

Your donations will make a difference way beyond the Christmas period when we receive requests for help which range from food vouchers to help with fuel, health, daily living expenses and school.

We appreciate your support

TEACH IASAGAIN RATHMORE

Reminder that we are taking bookings for stallholders to participate in our Teach Íosagáin Christmas Market taking place Sunday 8th December 11am-1pm. It is €20 for a table. Please contact 087-0324826 to book a table. **IDEAL CHRISTMAS GIFT**

Fr Ferris's History of the Parishes of Rathmore, Gneeveguilla and Knocknagree This unique history of the Sliabh Luachra/Duhallow area will soon be a collector's item. €20 Fully indexed Order: www.rathmorehistory. com e-mail: rathmorehistory@gmail.com

TUREENCAHILL COMMUNITY GROUP is holding a concert with Rosie & Derry Healy in Tureencahill Community Centre on Friday Dec 27th Commencing @ 8pm. Doors open @ 7:30. Tickets €20. Ideal Christmas Gift!! Light refreshments served on the night To book please phone: 086 3159744/0876722750

DUHALLOW CHORAL SOCIETY

Sunday 1st December - Christ the King Church, Knocknagree @ 7pm Tuesday 3rd December – Cúlturlann, Newmarket @ 7.30pm.

EAST KERRY SENIOR CHAMPIONSHIP

Dr O'Donoghue cup Final this Sunday December 1st at Fitzgerald Stadium at 2pm Rathmore vs Killcummin. Best of luck to Rathmore team & management

BE SAFE BE SEEN

Now that we have longer evenings it is advisable to wear hi-vis vests & reflective armbands when our walking or cycling

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6pm

LISTRY

November 24th. Jackpot €5,700. Winning Numbers 4, 5,15, 25. Not Won. €100 Kieran, Jacqui & Family. €50 Noreen O'Shea, Lissivane East . €50 Roman Gallagher, Rockfield. €25 Dano Coffey, Dromin . €25 Denis Tangney, St. Brendan's Terrace. Jackpot next week: €5,850. Next Draw: December 1st

LISTRY CHRISTMAS TREE LIGHTING CEREMONY

Presented to you by Listry GAA and Listry Community Council NOVEMBER 29TH AT 6PM at Listry Pitch. Wear your christmas jumper, sing along to Faha National School Choir, tea and coffee, goodie bags for juvenile members.

BEAUFORT

LOTTO

There was no winner of Beaufort G.A.A. Club lotto jackpot of €3,400 on Sunday, 24th November. Numbers: 5,13,17,25. Consolation Prizes: €80 Declan Floyd, Beaufort Park. €50 Deila Casey, Alohert. €50 Ian Joy, Tullig, €50 Linda Galvin, Beaufort. The next draw for a jackpot of €3,600 will be on Sunday, 8th December. This is also the Christmas Hamper and Bottle draw with extra prizes of hampers and bottles The next draw for a jackpot of €3,600 will be on Sunday, 8th December. This is also the Christmas draw with extra prizes of Christmas hampers and bottles.

Tickets are available from usual sellers, shops, and public houses and online at www.beaufortgaa.com. Please note that online lotto closes at 7pm on draw night. Any tickets purchased after 7pm are entered into the next draw. Thank you to everybody who support the lotto and our lotto sellers.

GAA GREEN CLUB

Beaufort was one of two clubs in Kerry honoured at a recent ceremony

in Croke Park for being among more than 90 Green Clubs across Ireland taking sustainability action for their club and community.

The GAA Green Club Programme was established in 2020 to support clubs to take action across the five areas of Energy, Waste, Water, Biodiversity, Travel & Transport.

It is funded with support from the Department of Environment, Climate and Communications.

The Club has to focus on two actions in the coming year and has chosen the area of Energy and Biodiversity.

Information on the G.A.A. Green Club and its partners can be found at https://greenclubs.gaa.ie/

LOST AND FOUND ITEMS

A number of items of clothing and other items were left in the in the Clubrooms during the year. They can be claimed by contacting the Club at 087 9975737.







€6 per month



per month

€6.80
per month



€7.15 per month

Current Accounts available from 12 Years of age

Information correct as at 27.05.2024 on www.bonkers.ie/compare-current-accounts/your-results/. This example was based on a Standard Current account with the monthly estimated cost usage based on 3 ATM withdrawals p/m, 3 lodgements p/m, 5 chip and pin p/m, 30 contactless and 10 direct debits p/m.

GET IN TOUCH TODAY



(enmare

Cahersiveen







Killarney Credit Union Limited is regulated by the Central Bank of Ireland.

KERRY COUNTY COUNCIL STOPPING HOUSE BUILDING IN KERRY

With the country in the midst of a unprecedented housing crisis and builders are putting the blame for this squarely on the shoulders of senior management staff of Kerry County Council, accusing them of making the problem worse.

Builders have expressed the view that it is easier to build houses in Cork than it is in Kerry. In Cork, for example, builders carry out the work, a snag list of any outstanding issues is created, the builders rectify those issues and any bond funds are promptly returned to the builder. Bond funds are amounts of money held back from the builder by the bank until all work has been completed. If the council delays signing off on the completion of the snag list, the bond funds are not released back to builder and they are left out of pocket. In Cork, once the snag list has been signed off, the maintenance of any new housing development is promptly taken over by Cork County Council.

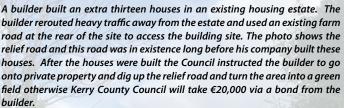
Builders claim that it is much more problematic dealing with Kerry County Council. It can take years for an official snag list to be created. The saga does not end here. When that list is finally completed, more maintenance issues are added. Builders have claimed that this final stage can take years and can add unnecessary financial stress. In effect, builders are being used to maintain an estate, post-build. In many cases, the builder ends up just forfeiting the bond, as it becomes too costly to continue completing the constant snag lists generated by Kerry County Council. Works are rarely carried out with these bond funds and ultimately the money ends up in the road maintenance programme for the whole county.

While waiting for Kerry County Council to take over the maintenance of their estate, the residents are obliged to pay for that maintenance themselves, and all the while, Kerry County Council continue their delaying tactics. These residents already pay road tax which goes towards

This is a photo of an item on a snag list from a builder. Kerry County Council wants the builder to remove the fence and replace it with a fence that's a few inches taller. Because there is a slope in the green area the fence measures 2 mtrs when measured from the back and 1.85mtrs when measured from the front because of the slope in the green area. Does it really matter if this fence is a few inches shorter. This is an example of the nonsense that builders have to put up with from Kerry County Council.

road maintenance. And they are also paying local property tax. Why are the most pressured group in society being treated so badly? Typically these are young people with young families struggling to pay bills and Kerry County Council has the power to make their lives a little bit easier but unfortunately, the opposite is the case.

A number of County Councillors have said that they do not have the power to change things. They were critical of council management who have just brushed their concerns aside.







This is a photo of a manhole that was built in 2008. This manhole is in perfect condition after sixteen years.

The specifications on building a manhole has changed recently and Kerry County Council wants all the manholes in the estate dug up and rebuild under the updated specifications and this work will cost the builder \leq 45,000.

Kerry County Council does not accept that this decision is a gross abuse of power. There is no appeal system and no consequence for the decision makers.





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Councillors

Marie Moloney
& Terry O'Brien
Supporting our candidate

MIKE KENNEDY

AND ASKING YOU FOR YOUR NO. 1 VOTE.







A Chara,

I am seeking your Number 1 Vote on Friday, November 29th. As a Killarney woman, I know the issues facing our town. I sit in the same traffic every morning and evening from Lissivigeen roundabout to Lewis Road and the "car park" that is the Killarney bypass. I know that our town has been underrepresented at Government level for more than twenty years and I want to change that.

I want delivery on a hospitality training centre in Killarney, a Killarney College of the Future. I know, from my father's experience with CERT, that Killarney was a centre of excellence in hospitality training and this then led to excellence in the guest experience of hospitality and tourism in Killarney.



I firmly believe in the reinstatement of Town Councils. Killarney has suffered since the loss of its former council in 2014 and then the expansion of the Dáil Constituency in 2016 which further weakened the representation for the town. We need major infrastructural investment, the delivery of the Killarney Bypass, Primary Care Centre and Minor Injuries Clinic.

I am committed to further investment in Killarney National Park, the jewel in our crow. We must do all we can to protect and promote the park and to tackle the issues of over grazing, Invasive species like rhododendron and protect and improve water quality so that generations to come will have a better park to enjoy.

We need high quality, affordable childcare, and we need to support our wonderful providers and qualified skilled professionals with the challenges of staff retention and supports for the cost of doing business. We need to tackle the rising energy prices and our commitment to a reduction in VAT on energy will help householders and businesses. We need affordable housing so that our young people can buy houses in their hometown to live, work and raise their families here.

I am committed to:

- Delivering on the N22 Farranfore to Killarney Road
- Provision of affordable childcare capped at €200 per child per month
- A primary care centre and minor injuries clinic for Killarney
- Increased investment for Killarney National Park and protecting its biodiversity
- Reintroducing the Killarney Town Council
- Development of community facilities and amenities such as Dereen, Aras Phaidraig, and Fitzgerald Stadium
- Development of the former Pretty Polly site as a Hospitality Training Centre
- Increased support for tourism business in Killarney

I want to shape the future of our town and our county for generations to come, I want to ensure that my children and your children have a future that affords them the opportunity to live, work, play and thrive in the place we call home.

Linda Gordon-Kelleher





Fianna Fáil Full-Time Constituency Office at 29 Hi treet Killarney. Helping Killarney for the last 10 years on a daily basis, not just at election time!



EFFECTIVE & COMMITTED REPRESENTATION



FOLEY

Please continue your preference for Michael Cahill and Linda Gordon Kelleher



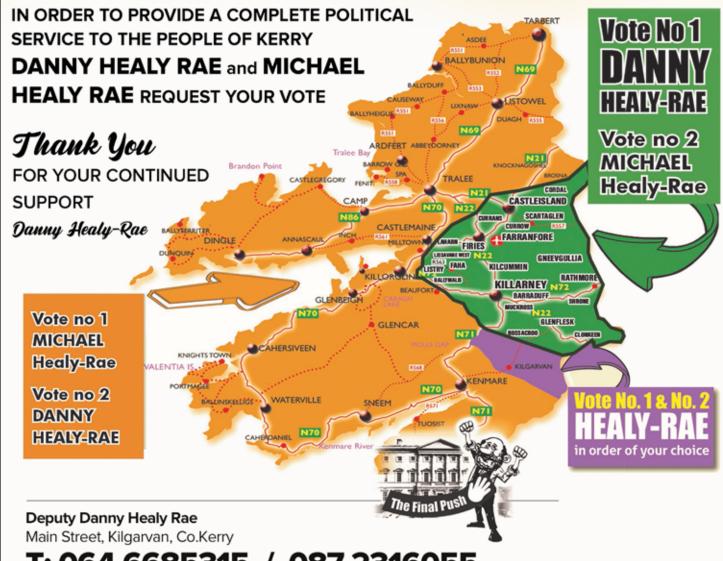
VOTE

VOTE NO. 1 HEALY RAE DANNY

I am asking for your support in the General Election so that I can continue to represent you in Dail Eireann and keep a strong independent voice with experience and common sense working for all the people of Kerry.

DON'T BE LED TO BELIEVE THAT I HAVE A SAFE SEAT

as there is no such thing as a safe seat and if a vote doesn't go into the box on Friday 29th November it can't come out when the ballot boxes are opened.



T: 064 6685315 / 087 2316055

E: Danny.HealyRae@oireachtas.ie

KILLARNEY/TRALEE ROAD TO AGHADOE/BALLYHAR

A solution to traffic safety issues at the Killarney/Tralee Road junction with Aghadoe is long overdue, according Fianna Fáil General Election candidate, Michael Cahill.

Councillor Cahill says that exiting in particular, from the Aghadoe side is seriously difficult and dangerous if you wish to travel into Killarney town and with all the new houses built at Madams Hill, Birch Hill, Coolgarriv Drive, etc, there is also an urgent need for a footpath from the junction.

"The Killarney to Tralee turn off to Aghadoe has been raised at Kerry County Council meetings over a long space of time, but no solution has yet been put in place. As far back as 2019 it was stated by Kerry County Council that 'a roundabout is unlikely to be proposed as a solution'. Maybe a roundabout is not the solution, but if so, some other solution must. be found "stated Councillor Cahill.

"This is a festering problem that needs to be addressed on behalf of all those who live there or travel through from Ballyhar and Aghadoe and in the interest of the health and safety of residents there, a footpath must be provided for pedestrians, families with buggies, etc" added Councillor 9990Cahill.



ASTHMA SUFFERERS

Asthma is a debilitating disease for the many people who suffer from it and should be included in the Long Term Illness Scheme, which would qualify patients for an automatic Medical Card, according to Fianna Fáil's Michael Cahill.

The Kerry General Election candidate believes the costs of inhalers and medicines can be prohibitive for sufferers and they need support, in order to be in a position to properly treat their condition.

"About 12% of the population are estimated to suffer from Asthma in Ireland, which is a significant number, with many of those with severe symptoms that require regular, expensive medications. Many are under enormous pressure to be able to afford these medicines and sometimes, have to do without" stated Councillor Cahill.

"I support the Asthma Society of Ireland's call for the provision of Medical Cards for Asthma sufferers and I will be making representations to the Minister for Health on their behalf" added the Mid-Kerry man.

CHURCHTOWN BURIAL GROUND, BEAUFORT

Local Fianna Fáil Councillor and General Election candidate, Michael Cahill is absolutely 'over the moon' that works on the Churchtown Burial Ground extension are to commence in the next week or two.

"Fantastic news that the marking out of the extension to Churchtown Burial Ground in Beaufort, is ready to go ahead very shortly. I fought long and hard for the people of Beaufort to ensure that the remains of their loved ones could continue to be interred in their home parish" stated Councillor Cahill.

"There was much anxiety and stress felt by local residents as Churchtown ran out of space and many people feared that burial of deceased loved ones might have to take place outside of the parish. I facilitated meetings between Kerry County Council and landowners locally and I'm delighted that, as a result, agreement was reached and additional burial spaces will soon be available" said the Rossbeigh based Councillor.

"At last, people can rest easy on this issue in Beaufort" added Michael Cahill.

BILLY O'SHEA Calls for Progress on Pretty Polly Site and Killarney Transport Links

Fine Gael General Election candidate for Kerry, Billy O'Shea, has called for swift action on the development of the Pretty Polly site in Killarney and highlighted the need for improved connectivity between the town's train and bus stations to enhance local infrastructure and opportunities.

"The Pretty Polly site has been sitting idle for far too long," said Billy O'Shea. "We're talking about a location that once provided employment for thousands and still holds enormous potential. The proposal to establish a hospitality and culinary college there is a game-changer, not just for Killarney but for the entire region."

Billy emphasized the broader benefits such a development could bring. "This isn't just about creating jobs on-site; it's about boosting the local economy, attracting more businesses, and elevating Killarney as a hub for education and tourism. Training in areas like green tech

and renewable energy is exactly what Kerry needs to remain competitive and prepare for the future."

On the issue of transport, Billy highlighted a critical gap in Killarney's infrastructure. "For a town as vibrant as Killarney, the lack of a proper link between the train and bus stations is unacceptable. This affects residents, businesses, and the tourism sector. If we're serious about connectivity and supporting sustainable travel, this issue must be addressed as a priority."

Billy also committed to keeping the Pretty Polly redevelopment on the national agenda. "The green light from the Taoiseach earlier this year was a step forward, but now we need action. If elected, I'll work to ensure progress doesn't stall. Killarney deserves nothing less than a commitment to growth, opportunity, and solutions that benefit the entire community."





Clir. ANNA FÁIL

Michael Cahill

County Councillor on Kerry County Council

NEW CONSTITUENCY OFFICE

NEW STREET KILLARNEY T: 083 4525841

Home Address: Rossbeigh, Glenbeigh, County Kerry. Email: cllrmichael.cahill@kerrycoco.ie T: 086 2670768

"I have been involved in politics all my life, serving the people of Kerry. My late father was a Member of Kerry County Council from 1960 up until his untimely passing at Christmas 1989. I was co-opted onto Kerry County Council in January 1990 and was elected for the 7th consecutive time in the most recent Local Elections.

Between my late father and I we have given the people of Kerry almost 65 years of loyal unbroken service. Neither of us was ever given the opportunity to go before the Kerry public in a General Election. I am well known for my strong work ethic throughout the county.

I give you my word that if you put your trust in me with your vote, I will work tirelessly on your behalf and on your family's behalf, to fight for better services and a better standard of living for everybody in Kerry.

I will prioritise Health, Housing, Cost of Living Crisis, Roads, Planning, Childcare, Sports Facilities, Social Welfare, Farming/Fishing, Education, the Environment and Business Supports to name but a few.

Please give me a chance and the opportunity to serve you, your family and your community in Dáil Eireann.

PLEASE GIVE ME YOUR NUMBER 1 VOTE OR NEXT HIGHEST POSSIBLE PREFERENCE.

Councillor Michael Cahill





WORKMEN'S ROWING CLUB NEWS

Workmen's rowing club would love to hear from potential oars people born before 2012((12+). Rowing provides a great opportunity to experience the water and generally improve fitness levels. If you are interested please contact Mary on 0868098182 for fun on the water at Ross Castle.

Well done to Zac Donaldson who won the bronze medal MJ14 in the Irish Indoor Rowing Championship in UL over the weekend.

KILLARNEY JUDO CLUB

EUROPEAN JUDO UNION CONGRESS

On November 23rd, Tim Kelly travelled to the European Judo Union Congress in Budapest, Hungary as the Honorary General Association from the Irish Judo Association. The congress hosted 138 dignitaries from 49 countries from throughout Europe. The event provided information on upcoming plans for Judo across Europe and potential funding opportunities for the various national associations including the Irish Judo Association.

This event provided opportunities to learn from experienced members of the European Judo Union including Dr. Laszlo Toth, President of the European Judo Union. This included discussion of summer international training camps which would benefit some of our local judo players next year. Overall, it was a fantastic experience for the club

Our next event is the All Ireland's in Dublin on December 14th. Coaches will select players to take part shortly.

KILLARNEY SWIMMING CLUB

Killarney Swimmers from all four squads attended the Kingdom Invitational Gala in Tralee on Sunday. The cub came home with 50 medals in total: 20 gold, 18 silver, and 12 bronze. Congratulations to Cathal Mackey & Katie Riordan for bringing home 4 gold medals each and to Ollie Keogh for attending his very first gala. The club was supported by coach Ellen O'Connor and parent volunteers.

Emily Brosnan 2nd 200IM 2nd 100 Free 3rd 100 FΙν

Ella Cremin 1st 50 Fly 1st 100IM 1st 100 Breast 2nd 200 Free

Michael Crowley 3rd 100 Free 3rd 50 Fly Aoife Daly 2nd 50 Breast

Kate Daly 1st 100 Back 2nd 50 Breast 2nd 100 IM 2nd 100 Free

Lauren Dennehy 2nd 100 Breast 2nd 100 Free Noah Keogh 3rd 50m Back

Cathal Larkin 1st 100 Free

1st 100 Breast 2nd 100 IM 2nd 100 Fly

Divo Lucic-Kovacevic 1st 50 Fly

1st 100 IM 2nd 100 Back 3rd 100 Free

Cathal Mackey 1st 50 Fly 1st 100 IM 1st 100 Fly

1st 50 Back

Orlaith Mackey 3rd 50 Breast Evan O'Donoghue 2nd 50 Breast

Samuel O'Neill 3rd 50 Fly

Lara OBrien Leahy 3rd 100 IM

Sarah Ouirke 1st 50 Breast

Katie Riordan 1st 200 Free 1st 50 Fly 1st 100 IM 1st 100 Free



Zac Donaldson, Workmen Rowing Club who won the bronze medal MJ14 in the Irish Indoor Rowing Championship in UL over the weekend.



Biprojit Ghosh (Killarney Badminton Club) & Laura O Connor (Tralee)

Dara Sheehan 2nd 50 Breast 2nd 100 IM 2nd 100 Breast 3rd 200 Free Emma Sheehan 1st 50 Back 1st 100 Breast 3rd 100 IM

Shane Tomlinson 3rd 100 Breast Zarah Tomlinson 2nd 50 Breast Antoni Waberski 1st 200 Free 2nd 50 Fly 3rd 100 IM

KILLARNEY BADMINTON CLUB

A great weekend of badminton for all ages and abilities for the Killarney Badminton Club. Paddy Drummond Cup was won by Adele O Brien (Killarney) and partner Tom Bourke (Castleisland)

Killarney club hosted this event in Killarney, with over 50 players on the da, refreshments were provided for all and was very well run.

Leinster Masters also took place in Baldoyle last weekend, there was a number of Kerry players taking part. Sinead Galvin took part from Killarney club, coming home with gold in singles and silver in doubles.

UPCOMING FIXTURES

Ladies div 5 away to Annascaul Men's div 4 away to Annascaul Men's div 5 home to Listowel Dec 8th, Butterfield Cup in Killarney



Sylvia O'Flynn (President) pictured with Killarney mans Tim Kelly (Honorary General Secretary) from the Irish Judo Association.



Sinead Galvin (Killarney Badminton Club) with Leinster Badminton Chairman.

KILLARNEY RFC CLUB

BUSY WEEK OF RUGBY AT KILLARNEY RFC

The past 10 days have been action-packed for Killarney RFC, with teams across all levels taking to the field and plenty of exciting rugby on display.

Weekend of November 16th

The action kicked off on November 16th, with our U16 Boys delivering an impressive 29-15 victory over Listowel RFC at Aghadoe in the Boys Clubs Munster Conference 2. In mini ruaby, our youngest players traveled to the South Kerry Sports Centre, where they took part in a fantastic blitz hosted by Iveragh Eagles RFC. Later that day, our U18.5 Boys secured a resounding 40-10 win against Charleville RFC at Aghadoe, showcasing strong teamwork and determination.

Our combined U16 Girls team (Killarney/ Iveragh/Killorglin/Listowel) also celebrated a hard-fought 22-10 victory over Clonakilty RFC in the Girls Clubs League Conference 1. This game highlighted the incredible progress of the team this season.

Weekend of November 23rd/24th

On November 23rd, the scheduled U18.5 Girls match between the Killarney/Listowel/Iveragh Eagles and Dolphin RFC had to be postponed, but our teams were back in action on Sunday. The U16 Boys played out a thrilling 22-22 draw against Rugbai Chorca Dhuibhne at Aghadoe,





Fine Gael's record on policing and community safety has been a disaster - Pa Daly

Sinn Féin spokesperson on Justice, Pa Daly, has slammed Fine Gael's record on policing and community safety as Fine Gael launched Law and Order proposals today.

Pa Daly said:

"Considering recent coverage of certain violent events, Fine Gael has little credibility talking about safer streets.

"They have been in power for 14 years now and have held the Justice portfolio for all of that time. In that period, policing and community safety have progressively deteriorated.

"We have reached a situation, under Fine Gael, where people in many parts of the state no longer feel safe on the streets of our towns and cities.

"This is the real legacy of Fine Gael Justice Ministers.

"Central to Fine Gael's disastrous policy approach in Justice has been the downgrading of An Garda Síochána and the lack of respect or leadership shown to Gardaí.

"There are now around 100 fewer Gardaí than there were in 2020.

"Fine Gael, the self-styled 'party of law and order' are providing a mere €78m for Garda recruitment – the self-styled 'party of law and order' are literally planning to fall way short of their target of 6,000 extra guards.

"Presence of Gardaí in both rural and urban areas is essential yet FG has even failed to recruit to the Garda Reserve, let alone An Garda Síochána. Policing is a much worse position now.

"Sinn Féin is allocating €189m to recruit 5,200 Gardaí. Our policies are backed up with sufficient funding – over €100m more than the amount Fine Gael is prepared to commit.

"We have outlined thoughtful proposals to keep our communities safe by putting Guards back on our streets with the resources they need to do their jobs safely and effectively.

"Sinn Féin is committed to making our streets and our communities safe and that is exactly what we will do in government."



SPORTING FOCUS

with both teams showing skill and resilience. Meanwhile, the U14 Boys faced a strong Tralee RFC side at O'Dowd Park, finishing with a 20-5 result in favor of Tralee in the West Munster League.

To cap off the weekend, the Senior Men's team earned a decisive 26-10 victory against Rugbai Chorca Dhuibhne in the Munster Junior League Division 3 at Aghadoe, solidifying their position in the league.

LOOKING AHEAD: WINTER SOCIAL EVENT

Killarney RFC is delighted to invite all members, friends, and supporters to our Winter Social Event on Friday, December 13th, at the Avenue Hotel in Killarney. The evening will feature a delicious two-course meal with wine, tea, and

coffee, a DJ to keep the party going, and the Munster vs. Castres game live on the big screen. Early bird tickets are just €45 (available until the end of November), with U16 tickets priced at €30. Tickets can be purchased at killarneyrugby. com/events/winter-social-2024. Don't miss out on what promises to be a fantastic evening!

THANK YOU FOR YOUR SUPPORT

A huge thank you to all players, coaches, parents, and supporters for their dedication to the club. Your efforts both on and off the pitch make Killarney RFC the special community it is.



Chloe O Mahony Milltown U9 Kumite All Ireland Champion at the All Ireland Karate Ireland Championships in Waterford last weekend



St. Brigid's Secondary School Inspire More Girls to Get Involved in Athletics

Pictured are TY students from St. Brigid's secondary school proudly wearing hats from their Athletics Girls Squad program! As part of this initiative, they'll be coaching athletics to inspire and encourage more girls to get involved in the sport.



Divo Lucic-Kovacevic, Michael Crowley, Samuel O'Neill, Evan & Reece O'Donoghue.



Siblings Ayla, Noah & Ollie Keogh



 ${\it Members of Killarney Swimming Club in Tralee on Sunday}.$

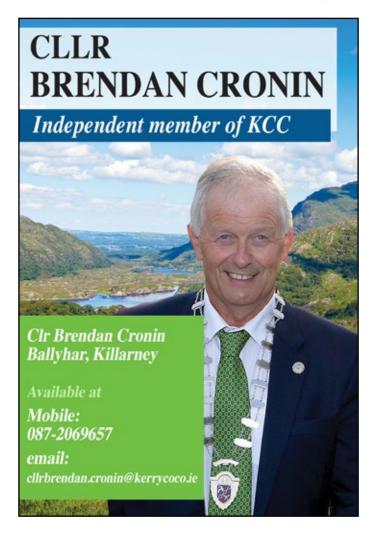
KILLARNEY VALLEY AC

A huge congratulations to our U10 Cross Country Relay team on an incredible performance at the Munster Championships in Borris, Co. Tipperary.

Finishing 5th out of 13 competitive teams, Fionn O'Donoghue, Charlie J Kelliher, Danny Shevlin, and James Doody showed determination, teamwork, and athleticism on the wet and challenging course.

A big thank you to their parents for their support and for proving once again that athletics is truly a team sport!
Well done, everyone—we're so proud of you!









MOST COMMONLY ASKED OUESTIONS

- Do I need a medical card to avail of this? NO
 - Do I need to have health insurance? NO
- Does it only apply to a certain age group? NO For further information please call

Martina in my office **064 6685782**

Contact Numbers: 01 618 3363/064 66 85782 E: michael.healyrae@oireachtas.ie





DEERPARK PITCH & PUTT CLUB

CHRISTMAS TURKEYS

Well done to those who braved the elements last Sunday morning for the second round of the Tim Jones sponsored event. Results- Scotch Foursomes V Par-First Nett: Daniel Kelly & Shane Doona 14up, Gross: Noel Moynihan & Robbie O'Brien Snr 4up and Second Nett: Daniel Kelly & Betty O'Brien 10up. Hole-In-One: Betty O'Brien (6th Hole). Round 3 this Sunday morning with usual draws at 9am and 10.45am. Entry €5 per

draw.

CE SCHEME

A vacancy has arisen on our CE Scheme for the New Year. Please contact Club Chairman Sean Kelly on 086 0508686 for further information.

PRE-CHRISTMAS GET TOGETHER

This takes place in Murphy's next Friday night December 6th beginning at 6.30pm. Prizes being presented on the night include (i) Victoria House Hotel Multicard, (ii) Club Matchplays (Adult) and (iii) Christmas Hamper. We ask all prizewinners in these competitions to note same. The Dan O'Leary Memorial Shield for Club Person of the Year will be presented on the night also.

U16 PRESENTATION

Scheduled for Saturday December 14th. More details nearer the time.

ST STEPHEN'S DAY

Our 18-Hole Three Ball Scramble for the Danny Nolan Memorial Cup (Nett Winners) and Johnny Kelly Memorial Shield (Gross Winners) will take place again this year on Thursday December 26th at 10am. More details nearer the time.





Killarney Soroptimist Club held their Public Speaking competition this week and the following were chosen to go forward to the Munster Final: Grace Foley Killarney Community College Subject People and Human Rights. Lucy Johnson Pobal Scoil Inbhear Sceine Kenmare Subject Partnership and Empowerment of Women. Anna Roche St Brigid's Killarney Subject Planet and the Environment (Was chosen in 3rd place). There was a total of 16 students attended from the above schools as well as Rathmore and ISK. The girls are pictured with members of the Killarney Soroptimist Club.





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FOCUS ON GOLF



Winner of the past Lady Captains prize in Killarney Golf club held recently was Sheila Crowley. Presenting her with her prize is Lady Captain Kate O Leary and President Helen Prendergast.

Also included Arianna Duggan, Kathleen Brosnan, Patsy Hanley, Hazel O Connell, Mary O Rourke, Carmel Fitzgerald, Mary Gueney, Julie O Dinoghue, Maura Fitzgerald, Amy Arthur, Maureen Somers, Mary Cronin, Eileen Whealan, Frankie Coyne, Breda Duggan, Christine Carroll, Pat Collins, Maureen Culloty, Margaret Moriarty, Mary Sheehy, Anne Looney.



Cyrille Durand Killeen House Hotel presentaing first prize in the Killeen House Hotel Single Stableford Ladies competition to winner Anne Moynihan with (left) Claire Horgan 2nd (right) Máire Murphy Captain (back from left) Amy Arthur 3rd, Sharon Ormonde 5th and Mary Cronin 1st 13 hole competition at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Billy Daly Man. Director Daly's SuperValu Killarney presenting first prize in the Daly's SuperValu Christmas Hampers Ladies competition to winner Mary Looney with (left) Cora O'Sullivan 2nd (right) Máire Murphy Captain (second row) Geraldine Rosney 3rd, Geraldine Collins 4th, Helen Howard 5th, Anne Duggan 8th (back from left) Mary Cronin front nine, Mary O'Connor 13 hole competition and Amy Arthur 10th at Killarney Golf and Fishing Club, Killarney on Sunday. Photo by Michelle Cooper Galvin



The Castlerosse Hotel Ladies Golf Club who held their AGM at the Dromhall Hotel, Killarney on Saturday 23rd November. Front center, out-going Lady Captain Eileen Lucy, Front right Lady Captain 2025, Finola Geary. Thanks to the Dromhall Hotel for the excellent food and service.



Photographed in the Ross GC at the presentation of the KIllarney Medal & Trophy Centre Club Matchplay Trophy for 2023 (I to r) Betty Farrell, President, Bryan O'Leary, Winner, John Ivory Captain 2023.



Photographed in the Ross GC at the presentation of the Keanes Jewellers Medals for 2023 and 2024 are front (I to r): Betty Farrell, President, Joan Lenihan, Keanes Jewellers, Sponsors, Johnny Brosnan, Captain Back (I to r): John Nolan, John Cuskelly, Thomas Horan, Anthony O'Mahony. (Missing from photo are Donie Broderick, Jonathan Casey, Damian Greer, Jason Reen, Oliver Butler).



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Artists Honoured At Rathmore Credit Union

Fergus McAuliffe CEO Rathmore Credit Union (back centre) who presented the Rathmore Credit Union Art competition awards 2024 to school prizewinners 11-13 (front from left), Erica Morse Ballydesmond NS, Susanna Dineen Barraduff NS, Katie O'Connor Castledrum NS, Ruby Quinn Cullen NS (back from left) Sean MacGillicuddy Glenflesk NS, Ryan Fears Meentogues NS, Muireann O'Connor Knocknagree NS, Amy O'Connor Knockanes NS, Gavin Murphy Holy Family NS Rathmmore, Cathal Milligan Hollymount NS, Eva Woods Nagle Rice NS Milltown and Luke Bowler Raheen NS with Abina O'Sullivan Chairperson, Neily Mahony Director, Tess Vaughan Operations Manager and Mary O'Shea Director at the Killarney Heights Hotel, Killarney on Wednesday. Photo by Michelle Cooper Galvin





Fergus McAuliffe CEO Rathmore Credit Union (back centre) who presented the Rathmore Credit Union Art competition awards 2024 to school prizewinners under 7 years of age (front from left), Rosie Murphy Knocknagree NS, Cillian Collins Ballydesmond NS, Phelim Duggan Ballyfinnane NS, Emily O'Leary Hollymount NS, Elisa Moroney Raheen NS, Alice Quirke Castledrum NS, Saibh Keane St Joseph's NS, Victoria Irene Hussain Fybough NS (back from left) Jamie Murphy Gneeveguilla NS, Ciaran Lawlor Meentogues NS, Ella Mae Hickey Barradiff NS, Ethan O'Sullivan Holy Family NS Rathmore, Justin Foley Nagle Rice NS Milltown, Fionn Daly Knockanes NS, Sadie Landers Glenflesk NS with Neily Mahony Director, Tess Vaughan Operations Manager, Abina O'Sullivan Chairperson and Mary O'Shea Director at the Killarney Heights Hotel, Killarney on Wednesday. Photo by Michelle Cooper Galvin



Fergus McAuliffe CEO Rathmore Credit Union (back centre) who presented the Rathmore Credit Union Art competition awards 2024 to school prizewinners (front from left) Eve Duggan Ballyfinnane NS 3rd 8-10 category, Grace Cronin Shrone NS 3rd 8-10 category, Hannah Allman Gneeveguilla NS 3rd U7 category, Donnacha Creedon Amanda Wright Art School 2nd U7 category, Tiernan Moynihan Holy Family NS 1st U7 category, Arya Moriarty O'Connor 1st U7 additional needs category (back from left) James O'Leary 2nd 8-10 category, Kieran Roberts 1st 8-10 category, Brendan O'Grifin 2nd 8-10 category, Eabha Buckley 1st 8-10 category, Danielle Doherty Barraduff NS 1st 11-13 category and Darragh Kelly Knockanes NS 1st 11-13 additional needs category with Neily O'Mahony Director, Tess Vaughan Operations Manager, Abina O'Sullivan Chairperson, Amanda Wright Adult Prize and Mary O'Shea Director at the Killarney Heights Hotel, Killarney on Wednesday. Photo by Michelle Cooper Galvin



Fergus McAuliffe CEO Rathmore Credit Union (back centre) who presented the Rathmore Credit Union Art competition awards 2024 to school prizewinners 8 - 10 years olds (front from left) Clodagh Moynihan Hollymount NS, Michael Lucey Meentogues NS, Eabha Hamilton Castledrum NS, Rachel O'Donoghue Glenflesk NS, Kate Mullally Raheen NS, Grace Guerin Knocknegree NS, Meabh McClure Nagle Rice NS Milltown (back from left) Danielle Moynihan Kiskeam NS, Clodagh O'Shea Ballyfinnane NS, Sophie Murphy Ballydesmond NS, Carla Ann Flynn St Joseph's NS, Cian O'Sullivan Knockanes NS, Liam Joy Fybough NS and Josh O'Sullivan Holy Family NS with Tess Vaughan Operations Manager, Abina O'Sullivan Chairperson, Mary O'Shea Director and Neily Mahony Director at the Killarney Heights Hotel, Killarney on Wednesday. Photo by Michelle Cooper Galvin



Fergus McAuliffe CEO Rathmore Credit Union (seated centre) who presented the Rathmore Credit Union Art competition awards 2024 to school prizewinners (front from left) Eabha Buckley Holy Family NS 1st 8-10 category, Hannah Allman Gneeveguilla NS 3rd U7 category, Donnacha Creedon Amanda Wright Art School 2nd U7 category and Abina O'Sullivan Chairperson (back from left) Kieran Roberts 1st 8-10 category, Danielle Doherty Barraduff NS 1st 11-13 category and Darragh Kelly Knockanes NS 1st 11-13 additional needs category with Neily O'Mahony Director, Tess Vaughan Operations Manager, Amanda Wright Adult Prize and Mary O'Shea Director at the Killarney Heights Hotel, Killarney on Wednesday. Photo by Michelle Cooper Galvin

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PRE NCT AND DOE TESTS



LORETO NATIONAL SCHOOL GO TO THE POLLS

The majority of national schools in the Killarney area being used as polling stations today for the general election but Scoil Bhríde, Loreto on the other hand is still open for business. They are busy with their own general election, with such candidates as Sonic (Fine Gael), The Hulk (Green Party) and Spiderman (Social Democrats) and Homer Simpson (Independent) seeking a seat in their Dáil. The children in Mr. P O'Sullivan's class act as campaign managers to do their best to get their candidate elected by

making posters, badges and putting together very persuasive manifestos and slogans to win over the electorate, which includes the teachers too. It's a fantastic learning experience for the children and great fun too for the entire school. All candidates are in with a great shout of getting elected. They have run very impressive campaigns all week. They should all be very proud of their efforts and teamwork. There is fierce excitement in the air, as the five winners will be announced before the end of the school day!











Minister Foley confirms cabinet approval of flood relief funding for Kerry

Minister for Education and Kerry TD Norma Foley has confirmed that cabinet has approved the opening of an emergency humanitarian scheme to help community, sporting and voluntary organisations and small businesses affected by the flooding in Kerry.

She took part in an incorporeal meeting of the cabinet today to give the go-ahead for the Emergency Humanitarian Support Scheme.

The government has also separately given the go ahead for an emergency fund to help over 70 householders in Listowel and Killocrim who were affected by the worst flooding in decades.

Minister Foley said: "I met many families onsite in

Listowel and Killocrim over the weekend and I know the awful trauma they have experienced due to the severe flooding. I also know the heroic efforts they made to protect their own lives, their property and their possessions. Government assistance is vital to them and I want to acknowledge the work of the Department of Social Protection and its humanitarian assistance scheme, which focuses on homes that were flooded."

"I also welcome the second scheme that we approved at cabinet today, which places an emphasis on helping community, sporting and voluntary organisations and small businesses affected by the flooding."



Congratulations to past student Grace Angland who has been awarded an Entrance Scholarship to Mary Immaculate College based on results obtained in her Irish Leaving Certificate Examination. Grace, who is a past pupil of Scoil Phobail Sliabh Luachra in Rathmore is studying Primary Teaching. She is pictured here with her parents, Eddie and Martina Angland.



Proud parents Ted Healy, MD of DNG Estate Agents and Dympna Healy, of Killarney Community College, pictured with their daughter Amy Healy, who was recently awarded a CAO Entrance Scholarship at Mary Immaculate College. The annual awards ceremony saw €500k in scholarships, awards and bursaries being awarded to students for their academic, sporting and other notable achievements. Photo: Brian Arthur Photography





John Joe Sheehy Road, Tralee, Co. Kerry

KILLARNEY ATHLETIC AFC

ROUND 3 OF THE YOUTHS NATIONAL CUP

Athletic 2-0 Duleek

Nathan Cronin 2

A decision was made this morning to move this fixture to Tralee after the relentless rainfall over night. Playing against the breeze in the first half, we got a great start with an early headed goal by Nathan Cronin from a corner. This spurred on Duleek and they were passing it better in the windy conditions. They had a few dangerous counter attacks from direct clearances which caused trouble. Thankfully Caolan Mitchell was his ever reliable self and dealt with everything that came his way. We had a few chances of our own to extend our lead from Brian O'Shea, Luke Doolan and most notably when Jake Nash's effort came back off the post and into the goalies hands. 1-0 at half time and still plenty of room for improvement.

The heavens opened at the start of the second half and hasn't stopped since. It was fairly miserable conditions to try and play football. In spite of this, we started getting more control of the game by passing short instead of rushing a long pass. 15 minutes in and we were 2-0 ahead when Nathan finished again from a corner. Duleek responded by pushing men further forward which resulted in a few chances from them but also a few chances for us from Luke, James Dempsey, Finan Blackwell and Dara O'Sullivan. No more goals before the final whistle blew to seal our place in the last 16 of this year's National Cup. Man of the match is beyond question on this occasion, Nathan Cronin with a brace and a clean sheet. He has been playing some brilliant stuff this year. Special mention also for Fionn Daly and John Murphy who were powerful all game and especially near the end when we were under a lot of pressure to keep the 2 goal cushion

Thanks to the KDL for the use of their facility and also the referee and 2 linesmen who were very fair throughout.

BALLYHAR DYNAMOS FC

LOTTO

No.s 5, 11, 16, 30. No winner of the Jackpot. 5 $x \in 25$ - Caroline Griffin, Ballyfinnane. Michael O Shea, Farranfore. Patrick Lyne, Ballyhar. Valerie O Shea, Farranfore & John Sheehan, Farranfore. Next draw for a jackpot of $\in 16,200$ will take

place on Tuesday 3rd December at Butlers Bar, Firies. Thanks to all who support & help out with the club lotto.T ickets €2 available from CommitteeMembers, Bridies, Spar, Hendersons Shop, Firies, Butlers Bar, Firies & Sheehans Fuel Store, Farranfore.

TEAMS

Storm Bert forced the cancellation of the majority of last weekend's club fixtures but the U10 girls did travel away to MEK FC where both squads served up the skills of the game. Thanks to the players, parents & coaches of both squads. The Club youth team (Division 1) welcomed St Brendans Park to Murt Scott Park on Saturday afternoon. Eugene Deniel gave Ballyhar an early lead but it was the visitors who led at the break 1-2. The park added a third goal late in the second half to take the points. Tony Daly, Eoin Walshe, Gerard Long & Cian Brennan played well in a game that was played in difficult weather conditions.

SYMPATHY

The Club offers its condolences to the O Sullivan & Cremin families, Ballyhar on their recent family bereavement. May Noreen rest in peace.

KERRY SCHOOLBOY/GIRL SOCCER

STORM BERT WRECKS HAVOC ON FIXTURES

The weekend action in the Kerry Schoolboys & Girls League was largely postponed due to the elements stemming from Storm Bert, leaving just five games going ahead all weekend. 53 games were set to go ahead on Saturday, with those games now to be played in the coming weeks, with games now continuing until the weekend of the 21st of December.

KERRY DELIVER FIVE STAR PERFORMANCE AGAINST WATERFORD

The Kerry U15 Boys were back out at the weekend and secured an emphatic 5-0 victory over Waterford in Georgie O'Callaghan Park, with a performance that highlighted the collective strength, discipline, and determination of the entire squad to remain unbeaten after two games.

From the opening whistle, Kerry set the tone with high energy, disciplined possession, and sharp attacking play. Scoring three goals in the opening half to set the tone of the contest, now they sit on six points from a possible six, with Cork up next to see out the group stage.

With just five minutes elapsed, Kerry took the

lead. After some great play down the right hand side, Jayden Hurley had a shot on goal that the Waterford keeper spilled to the feet of Darragh Keane in the six yard box. Keane reacted well but the effort hit the post, on hand was Cade Jameson to tap to the net.

Four minutes later the hosts doubled their lead. Keane involved again, this time controlling the ball well from a pass from one of his defenders inside his own half, before playing a lovely lofted ball over the Waterford rearguard, Jameson gave chance and fired his initial effort off his right foot that the keeper saved, showing great composure he collected the ball on his left, dummied the keeper to create more space to shoot and find the net.

As the minutes ticked by toward half time, Kerry continued to largely control the game, a solid defensive structure, effective ball movement, and a relentless attacking drive created numerous chances. The third arrived past the half hour mark, Ryan Vickers with great speed and strength down the left wing, crossed for the area, a Waterford defender headed clear, only to the edge of the area where Keane struck for goal, the effort was blocked to the feet of Hurley, who fired to the bottom left corner to make it 3-0.

Into the second half and Kerry started to change the team around to use every player to help ensure this important result remained intact. Just shy of the hour mark Jameson broke into the area from the left wing and was felled in doing so, the referee pointed to the spot and Keane stepped up and with a well practised run up fired the ball into the roof of the net from the spot.

The fifth and final goal arrived from a Lachlan Scannell corner on the right wing, the inswinger off the left boot caused consternation in the Waterford area, the ball finding the left foot of Hurley who fired to the net from close range. Early days for this group but their ability to work as a unit ensured a dominant performance and a well-deserved clean sheet.

Kerry Squad: Evan Foley, Conor Moynihan, Adam Moynihan, Adrian O'Connor, Donnacha Vaughan, Eoin Casey, Jayden Hurley, Darragh Keane, Cade Jameson, Lachlan Scannell, Jamie O'Brien, Lúc Mac Gearailt, Stephen Shine Doody, Oisín Cryan, Kieran Kelly, Ryan Vickers, Ryan van der Merve. Missing: Admed Abdalla (Illness)

NATIONAL GIRLS:

U14 GIRLS HAVE MIXED RESULTS IN ROUND





Ballyhar Dynamos FC u11s following a recent friendly v MEK FC









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3 OF NATIONAL CUP

Fading light saw Killorglin needing a replay against Newmarket Celtic to advance in this competition, while St Brendan's Park bowed out after a narrow defeat on the road in Limerick.

St Brendan's Park suffered a 3-2 defeat away to Ballingarry AFC on Sunday. The game started well for the visitors when Arina Sucari scored inside seven minutes. However the home side responded well, scoring the next three goals. Park however dug deep and Nessa Kirby found the net to reduce the margin, but Ballingarry held firm to secure passage to the next round.

NEWMARKET CELTIC 5-5 KILLORGLIN (REPLAY NEEDED DUE TO FADING LIGHT)

Just as it looked like extra time was on the cards in Newmarket, fading light so the referee called the game at the final whistle, with Newmarket Celtic and Killorglin playing out a 5-5 draw, needing a replay to determine who advances. Killorglin started the game well and were 3-1 up at the break. Sarah Boyne opened the scoring, before slotting home a penalty to double the lead. The third goal arrived courtesy of Chloe Falvey, and the visitors looked sharp going into the break.

Momentum stayed with Killorglin. And Falvey soon netted early in the second half to put a three goal cushion between the pair. In a roller coaster second half Newmarket soon grabbed two quickfire goals against the run of play. Mia Robertson steadied the Killorglin ship to restore a two goal advantage.

A penalty for the hosts was converted to cut the deficit to one, before deep in injury time they found the net again to restore parity. The replay from this one will certainly be exciting based on this contest.

MEANEY FIRES CELTTIC INTO ROUND 4 OF U16 NATIONAL CUP

An opening half strike from Leona Meaney was the difference as Listowel Celtic overcame Broadford United 1-0 in an extremely windy Pat Kennedy Park on Sunday. A closely fought game when conditions were far from ideal, but the pair battled hard to secure safe passage to the next round.

The Kerry girls played into the wind in the opening half and began to dominate possession. Celtic took the lead 25 minutes in when Leona Meaney finished off what turned out to be the best move of the match. Despite creating more chances late in the half Celtic failed to add to



their narrow 1-0 lead.

Playing with the strong wind after the break, the Listowel girls continued to dominate territory and possession. However, the strong wind caused havoc and the final ball always carried too much momentum, as they remained solid at the back to prevent their visitors having many chances on goal.

BOYS

PARK REMAIN UNBEATEN IN U12 PREMIER

Mastergeeha were the first to score when Mathew O'Riordan fired to the net, Park had their chances in the opening half, but were unable to breach the Geeha goal. The visitors held the lead for quite some time before Park started to get into the game.

With 37 minutes on the clock Park found the equaliser, Oran Maguire getting a toe to find the net after a scrappy clearance from a corner. Four minutes later Park took the lead, Maguire involved again as he found the net for the second time with a half volley that flew to the net.

On 53 minutes Park furthered their lead when Tadhg Gilligan flicked the ball over a Mastergeeha defender, turned towards goal and slotted the ball past the advancing keeper. With a minute left on the clock, James Tansleu made a super run cutting through the Geeha defence and struck a beautiful shot past the keeper to cap off a blistering second half in tough conditions.

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 2,5,10,11. No jackpot winner. Match 3 winners received €25. Next jackpot €13,800 on Monday December 2nd . Tickets available from The Dungeon Bookshop, Amber Shop (Top of Ross Road), club members and online through clubzap.

TRAINING FOR GIRLS BORN 2015 AND 2016 takes place on Monday 6-7pm. Come along for an hour of fun training with Natasha.

KILLARNEY CELTIC HAS A SENIOR LADIES TEAM this season playing in the Kerry District League. If interested in playing please contact David 087 984 3325

CHARLEVILLE CHEESE U17 Killarney Celtic 1-1 Inter Kenmare

Hannah Casey

A draw was a fair result in this fine contest played last week. Both teams gave it everything and both had chances to gain the upperhand but in the end it finished in a tie. Celtic hit the front before half time when Hannah Casey ran at the Inter defence and finished to the net. Inter bounced back in the 2nd half and after a quickly taken corner Inter were level. Both teams strove hard for the winner but at the final whistle the teams were still deadlocked.



Ballyhar Dynamos FC u10 girls who played MEK fc away on Sunday last.



Killarney Celtic U17 Girls vs Inter Kenmare









Dr Crokes' Green Efforts

Celebrated in Croke Park Ceremony

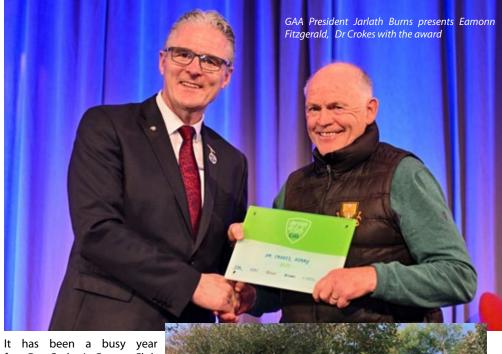
Dr Crokes were honoured at a ceremony in Croke Park on Saturday 9 November by taking sustainability action for the club and community. Only two Kerry GAA clubs won the award.

GAA President Jarlath Burns, who presented Dr Crokes with their award at the event, applauded the clubs leading the sustainability charge for the GAA. "Green Clubs are reinforcing our social leadership, improving their facilities, and helping ensure a better future for their communities. The breadth of initiatives being celebrated here today, spanning energy, waste, water, biodiversity, and travel, speaks volumes about the innovative and community-focused spirit of our clubs. The diversity of these projects demonstrates how clubs are finding creative ways to address local challenges while contributing to a national movement."

The President presented Dr Crokes with the GAA Green flag, wall plaque and sideline banners.

Eoin Brosnan, former Kerry All-Ireland winner and Cathaoirleach of Dr Crokes said,

"All in Dr Crokes are delighted with the recent success of the club in the Green Club awards. As well as excelling on the playing field the club has been at the forefront of the GAA's efforts to promote sustainability whilst educating the club members on the importance of this. The committee under the stewardship of Éamonn Fitzgerald has been carrying out great work around the club grounds improving the visitor experience for all. To be one of only two Kerry clubs to have received this award is a testament to the work of Dr Crokes' Green Committee. Whilst the award has been great to receive I know the committee has future plans to improve our club further.", he said.



for Dr Crokes' Green Club members, Éamonn Fitzgerald, Healthy Club Officer, Niall Keogh, Killarney Biodiversity winner, Dan Kelleher, Gene O'Doherty, Micheál Fitzgerald, Sinéad O'Mara and Peter O'Toole. creating projects in the 5 criteria for winning the award: Waste/Litter. Transport, Energy, Biodiversity, and Water which included partnering and supporting the innovative Killarney Coffee Cup initiative and progressing it by designing and producing the bespoke Crokes Coffee Cup. Also supporting Killarney Tidy Towns/Looking Good and Meitheal . The installation of Disabled Parking bays to Irish Wheelchair Association standards, and Bicycle Racks encourage members and

visitors to reduce the use of cars, where applicable. A cost-effectiveness analysis of air-to-water energy savers and the feasibility of piping rainwater from the Stand and Clubhouse roofs to giant water tanks is underway. The group created a Wild Meadow, cut it with the traditional scythes to avoid pesticides harmful to wildlife and planted 1500 crocus to flower in



Niall Keogh demonstrating to club juveniles the traditional method of cutting a meadow using a hand scythe. 1,500 crocuses were planted by the juveniles in the Crokes Crocus Creation to flower in the Wild Meadow

late January 2025 That and more.

Guest speaker at the event Dr Aoibhinn Ní Shúilleabháin spoke of her admiration for the leadership being shown by the Green Club in its engagement with the various local community efforts and within the GAA. This positive legacy of the Green Club is creating an encouraging way forward for future generations.

AHEAD OF BLACK FRIDAY AND THE LATE LATE TOY SHOW, RSA URGES ADULTS NOT TO GIFT E-SCOOTERS, SCRAMBLERS OR QUAD BIKES TO CHILDREN

As Black Friday and the Late Late Toy Show approach, the Road Safety Authority (RSA) is strongly advising against purchasing e-scooters, scramblers, or quad bikes for children this Christmas.

As part of new laws introduced in May of this year, individuals must be at least 16 years old to legally use an e-scooter in Ireland. They're also banned from footpaths and users are not allowed to carry passengers. The RSA also wants to remind parents that quad bikes and scramblers

The RSA also wants to remind parents that quad bikes and scramblers pose significant safety risks to children. They urge parents to avoid gifting these vehicles to ensure the safety and well-being of young people during the holiday season.

Four e-scooter riders were killed and 117 seriously injured on Irish roads between 1 January 2020 and 31 December 2023. During the same period, 1 other road user was killed and 20 more seriously injured in

collisions involving e-scooters.

Casualty figures show that between 1 January 2020 and 31 December 2023, 49 people were seriously injured in collisions involving a quadbike or scrambler on a public road. In the same period, there were three fatalities involving quad bikes or scramblers on public roads.

Sam Waide, Chief Executive of the RSA, explained: "The greatest gift parents can give this year is ensuring the safety of their children. Parents should not consider purchasing a quad or an e-scooter for any child this Christmas. It is crucial for parents and members of the public to be recognise that quads and e-scooters are designed to be operated by those of an age to fully understand the dangers they pose when not being used appropriately and/or on uneven terrain."







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UTILITY TRUST ST PAULS VS
PORTLAOISE PANTHERS MATCH REPORT

Womens Superleague Basketball Killarney Sports and Leisure Centre Saturday November 23rd

Utility Trust St Pauls 58 Portlaoise Panthers 61

Report by Enda Walshe

The Women's Superleague is a battle ground so far this season with very little between the teams in and around the middle of the table. A win for Utility Trust St Pauls or Portlaoise Panthers would see either side peeping into the top of the table and a place in the top four. With the exception of the opening day defeat to Liffey Celtics, St Pauls have been ultra competitive, losing by single digits in two games and this reverse to Portlaoise Panthers could again be filed as a "nearly did it".

There were some positives, they defended very well, won the battle under the boards and in general held the Portlaoise threats under lock and key . Sixty one points is the lowest total they have conceded all season but the problems came at the other end of the floor. Fifty eight points won't win you too many games as they struggled to get going offensively but amidst all the attacking woes they fought hard and nearly pulled off a win. But Allysa Velles and Lynn Tunnah came up with the big moments in the final quarter to carry the points to the midlands.

Amy Dooley who had a titanic battle with Megan Ormiston throughout opened the Panthers account but Mathilde Diop, making her home debut, hit a three from downtown. Velles and Dooley combined again but that spurred the home side into a productive patch with Ormiston and Lorraine Scanlon pushing their side 11-6 clear. Newly returned Jessica Fressle got the Panthers going again and with Dooley immaculate from the free throw line that helped the visitors into a 14-11 first quarter lead.

The Panthers took up from where they left off when Megan Dunne hit an early three to reply to Gracen Kerrs brace. James Fleming's side started to get a grip on the Panthers offence, holding them scoreless for four minutes. That gave them the platform to take control. Kerr, Scanlon, Ormiston and Diop helped their side to a 21-17 advantage but in a role reversal the Panthers defence responded to keep St Pauls at bay for the remainder of the quarter. Amy Dooley and Megan Dunne levelled it at 21-21 as both

sides squandered chances to hold the whip hand at half time.

The third quarter was the most productive for both sides with the quality of the exchanges improving. Velles netted an early three to hit the front but Kerr and Rheanne O'Shea reeled them in. Lynn Tunnah, quiet upto this point, nailed a three with Fressle following it up. But for a Scanlon basket the Panthers would continue to dominate with that pattern broken by a Simeone O Shea three. Velles pushed the Panthers further ahead but Leah McMahon lit the blue touch paper with a couple of late threes, and the gap was down to three, 41-38.

Tunnah, who would be 100% from the free throw line in this quarter, made a move for her side and despite points from Kerr and Diop St Pauls would soon find themselves seven in arrears, 48-41, with six minutes on the clock. A Tunnah three meant it was an eight point game with the sands of time ebbing away but the hosts refused to bow. An intensity in defence, an energetic home crowd and a Diop three allied to a basket on the break from Kerr reduced it to three . They then went inside to Ormiston and her efforts saw St Pauls in front with two minutes left. The lead was short lived as Dooley poked the Portlaoise noses in front again. The remaining minutes of the game would then be decided on the free throw line as St Pauls would count the cost of missing four while the Panthers went four from four , thereby carrying the spoils on a 61-58 scoreline.

Megan Ormiston had 13, Gracen Kerr shot 12, Mathilde Diop netted 11 as did Lorraine Scanlon. Leah McMahon had 6 while Simeone O Shea had 3 and Rheanne O Shea

For the Panthers Alyssa Velles had 18, Jessica Fressle 14, the same total as Lynn Tunnah, with Amy Dooley on 10.

The next two weekends will see St Pauls lock horns with Trinity Meteors on Saturday November 30th in the league and the following weekend in the National Cup quarter final. An identical record to St Pauls in the league they are similar also in that any of their defeats have been by slim margins. Sarah Kenny, Morgan Lenahan, Grace Prenter and Emma Merriweather do the bulk of the heavy lifting for them so St Pauls will have to be on their game if they are to grab the spoils in Colaiste losagain. Tip off is at 5.30pm.

SCOTTS LAKERS VS PORTLAOISE PANTHERS MATCH REPORT

Mens Basketball League Saturday November 23rd Killarney Sports and Leisure Centre

SCOTTS LAKERS 74 PORTLAOISE PANTHERS 92

Report by Enda Walshe

Scotts Lakers four game winning run came to an end when they met a side who have yet to lose a game this season in the Men's Basketball League. Portlaoise Panthers came to Killarney with their boots full and left with the points after a physical encounter. A mature side they have profited from the demise of SETU Carlow with the shrewd acquisition of Kevin Donohue and Xabier Arriaga, with the latter particularly impressive. A strong contender most seasons they look well placed to mount another challenge. They possess no shortage of skill or game knowledge and have an ability to defend to the very limit of the rules.

The Lakers, on the other hand, shouldn't be too downhearted after what is only their second defeat of the season and were well in the game heading down the stretch. It is games like this that lessons can be gleaned from and will be beneficial to them in the long run. No time to rest on their laurels they head to Limerick next weekend to measure themselves against the Division's other table toppers the Celtics.

Darnell Snyers, MVP last weekend, picked up the baton to fire early but the Panthers got a foothold through the promptings of Eric Anderon, Davin McEvoy and James Phelan. Abdul Oladipupo and Eoin Carroll got on the scoresheet before Phelan struck for a three. Snyers and Oladipupo replied before Mikah Blackwell surged through to dunk it home. The Panthers through Phelan and Anderson nudged them in front but Blackwell and Snyder kept pace, making it 19-19 at quarters end.

The early stages of the second quarter were nip and tuck with Blackwell and Carroll helping the Lakers into a 25-22 lead. The next few minutes were defining in the context of the game as it allowed the Panthers to have a nine point half time lead, 40-31. Cillian O Connell started the momentum swing with a three while the athletic and well built Anderson was a handful inside. Arriaga, McEvoy and Donohue also chipped as the Panthers were starting to pay close attention to Blackwell, who still netted eight points .

The same player got the second half's opening score, soon cancelled out by Portlaoises Kyle Burke. A Davin McEvoy three stretched the lead to ten, 46-36 but Blackwell soon went to work . He soon found himself on the free throw line, the victim of a tackle more akin to the Aviva Stadium leading to an unsportsmanlike foul being called



MVP performance by Joshua Strongman with 30 points versus Carrick Cruisers on Saturday evening in Carrickmacross Co Monaghan.

introduction of Shane Daly bred a renewed intensity into the Lakers effort. Anderson and Aleaksander Kovacevic minded the gap as the Lakers kept in touch, thanks mainly to the fact that Portlaoise had run into team foul trouble. Carroll and Blackwell were the main beneficiaries as the visitors held a 64-54 third quarter lead.

Snyers and Blackwell hit six without reply to get the Lakers into the conversation and when Snyers weaved in again it was still a six point game with six minutes to go. The closing stages saw the Panthers exert their influence and with a physically bigger squad they probably started to wear down the Lakers. Arriaga and Anderson pushed out the lead and when Cillian O Connell hit a three the writing was on the wall for the Lakers. They battled on though with Oisin Spring setting up John Hughes for his first points in National league basketball . The Panthers though were out the gap, victorious on a 92-74 scoreline.

Mikah Blackwell had a game high 29 points, Darnell Snyers netted 22, Eoin Carroll 13, Abdul Oladipupo 6, John Hughes and Jack O Sullivan 2 apiece.

For the winners Eric Anderson had 25, Xabier Arriaga 19, James Phelan 17, Davin McEvoy 12 and Cillian O Connell 7.

The Celtics game next Saturday night is the start of a run of away games with a trip to Tipp on December 7th and a visit to the Dublin Lions on Saturday December 14th. The Crescent College in Dooradoyle plays host to the Celtics clash who have been most impressive this season. Ariyon Williams, Finn Hughes and Abdul Wurie are their triple scoring threat but the Lakers expect to have Rui Saravia back in harness. The game tips off at 7.30pm.



Killarney Cougars U11 Boys versus Gneeveguilla at the Parish hall.

KILLARNEY COUGARS BASKETBALL CLUB

JUVENILE NEWS

It was a week of great results for the Cougars in the Kerry Airport Leagues and the National League Div 1 in another busy week despite the weather difficulties.

U16 Girls Kerry League

Killarney Cougars 36 Caherciveen 31

Cougars welcomed Cahersiveen on Saturday morning to the Pres Gym and led this game throughout but had to withstand a late comeback by the visitors to secure the win. Isabelle Lyons was in top form with 21 points with strong also performances by Millie Spillane and Sophie O'Shea in a good contest.

U11 Boys Kerry League

Gneeveguilla 20 Killarney Cougars 20

A high scoring and competitive game was played at the Parish hall on tuesday last in a entertaining game, Juan Avila, Joe O'Shea, Conor O'Donnell and Cian O'Sullivan all impressing.

U14 Boys Kerry League

St Brendans Tralee 45 Killarney Cougars 46

The Cougars enjoyed a crucial win to maintain their league challenge with a one point win in the Moyderwell Gym Tralee on Friday evening last . The home side led the early exchanges but the Cougars led 30-28 at half time and had to survive strong pressure by the Tralee boys in the closing stages to hold on to the points . Dara O'Sullivan, James Sheehan, Freddie Prendiville and James Rooney all worked hard to secure the points.

U18 Boys Kerry League

Killarney Cougars 76 St Bridgets 46

A strong first half performance by the Cougars ensured a big win in a entertaing game at St Brendans College. Evan Cox impressed shooting from the arc hitting seven three pointers with Dylan Bowler was also in top form with 14 points and AC Padrillian, Jack Spillane and Conor O'Mahony also impressing . St Bridgets had a strong second half but it was to little to late as Cougars secured the points.

SENIOR NEWS

Basketball Ireland National League Division One

Carrick Cruisers 86 Killarney Cougars 93

The Cougars produced a strong last quarter to secure the win in Carrickmacross County, Monaghan on Saturday evening. The sides were tied on twelve occasions but a strong final guarter saw the Cougars over the line for a crucial win, Kani Glover, Dylan Bowler, Andrew Fitzgerald and Captain Joshua Strongman all made big contributions to win. There was a notable double double for two players, Josh Strongman 13 rebounds and 30 points and Kani Glover 11 assists and 37 points were the stand out performers with Andrew Fitzgeralds leadership was vital to ensure the win in the tough closing quarter in an exciting and thrilling game. Next up a home game Saturday night in the Presentation Gym.

Top scorers

Killarney Cougars: Kani Glover 37, Joshua Strongman 30, Andrew Fitzgerald 11, Gerdas Malukas 11, Aaron Buckley 4

Carrick Cruisers: Shamus Colin Kahl 30, Killian McAdam 14, Benyi Vasquez Gomez 11, Gustas Pocevicius 8, Patrick Lenipenkun 7

FIXTURE

Saturday November 30th
National League Division One
Killarney Cougars v Limerick Sport Eagles.
Presentation Gym, Tip off 7.30pm
Gameday Partner Bons Secours Hospital
Tralee.



JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

EAST KERRY Championship Preview





O'DONOGHUE CUP FINAL

Sunday Dec. 1st, 2.00pm in the Fitzgerald Stadium

The District Championships are where a lot of clubs live and breather. The county league might be your bread and butter and the county club championships are where you live and breathe. You measure yourself against your neighbours. It's npt about bragging rights — nobody would be so gauchly self-indulgent as to go around bragging. You'd just love to secretly know that you could if you wanted to.

In East Kerry, everybody knows the big guns. Dr. Crokes have won the Dr. Paddy O'Donoghue Cup – and it says a lot about the imprint the great man made on his community that it is known as the 'Dr. Paddy', and not any more formal sobriquet – a whopping 34 times. Only one other club have even made it into double figures, Spa with an even ten. That means that there is always an extra frisson of excitement when the black and amber

Kilcummin had a comfortable enough victory over Firies in the first round, 3-19 to 1-7, with goals from Cian Foley, Keelin O'Shea, and Matt Keane. I don't think too many of us were predicting the heights that Firies would go on to achieve in the Munster championship, but that's not taking away from a very clinical and fast-running display by Kilcummin.

Away to Spa under lights in the quarter-final. A cold and tough enough night for football, to be truthful. A great goal by Cian Foley was the difference between the sides at halftime. Kilcummin pushed clear in the second half but Spa pulled a goal back by David Spillane to make it tight. However, Kilcummin reasserted themselves with scores from Philip O'Leary and Paul O'Shea to win out by a desrerved 1-14 to 1-10 margin in thre finish. That pitted them against Dr. Crokes in the semi-final, but Dr. Crokes had the not-exactlyminor distraction of a Munster Club Semi-Final in the following week. Understandably, then, the Senior County Champions were not at full strength. That wasn't quite a B team, though, and Crokes had proven that they have a very formidable bench all through this year. That game still took an awful lot of winning and scores were at a premium. Kilcummin led at half-time by 0-5 to 0-3, and a sterling display around the middle by Kevin O'Gorman gave them a four point lead in the dving minutes. Crokes are a hard side to put away, though, grabbing a fisted goal by Liam Randles to leave jusyt a point between them, and Kilcummin had to battle hard in the closing minutes for a precious one

point win and their first O'Donoghue Cup Final appearance since 2008. The likes of Brendan Kealy, Kevin O'Gorman, and Shane McSweeney were part of the Kilcummin team at that time who featured regularly in finals but just couldn't quite make the breakthrough. The likes of Dan Dwyer, who captained the only Kilcummin team to lift the O'Donoghue Cup in 1973, and Billy Doolan were cheering them on from the sidelines. Can they make a breakthrough that they have sought for just obver half a century?

Rathmore will have plenty to say about that. Rathmore, four in a row champions from 2014-17. will start this game as favourites. Rathmore had a bye to the quarter-final, where they played Kenmare Shamrocks. Neither Seán O'Shea nor Paul Murphy featured on the day, but it's fair to say that Rathmore had more back-up for their county player than Kenmare did. Frees from Shgane Ryan and an Alan Dineen goal had them in control. Kenmare did hit back with a Paul O'Connor penalty and Rathmore were just a point in front at the break. A Kenmare red card midway through the second half was the breaking point, with John Moynihan slotting a Rathmore goal and a strong finish giving them a 2-11 to 1-10 win. That put them into a dicey semi-final against Glenflesk, who were without Patrick D'Arcy or Luke Crowley. Glenflesk kicked the opening two scores before Fionn Murphy pounced for a Rathmore goal and they edged the remainder of the half to lead by four at halftime. They trimmed that gap right back to one with a strong third quarter showing, but Rathmore steadied as their experience came to the fore to reel off six points of their own and wrap up a hard-fought 1-13 to 0-11 victory. History beckons for one side or the other this weekend in the Fitzgerald Stadium. Rathmore have been here before, with the likes of the Murphy and Ryan brothers and John Moynihan already having O'Donoghue





Cup medals. They are also a senior club side. Intermediate outfit Kilcummin are in flying form, though, with the O'Shea brothers, Cian Foley, Dara O'Callaghan, Philip O'Leary, and the experienced duo of Brendan Kealy and Kevin O'Gorman looking to end their long famine. Sentiment has to incline in their direction, but cold logic indicates that Rathmore's goal-scoring prowess should just about tip a tight scale in their favour.

TO DIG DEEP

Munster Senior Club Semi-Final: Dr. Crokes 0-9 Rathgormack 0-8

Some days you can look at something like the Parthenon of Athens or the Gaudi Cathedral in Barcelona and realise that a visionary decided to reach up and touch the hem of Heaven with his designs. Awe-inspiring majesty. But the thing is that to bring those visions to life, you had to have some lad with a pick and a shovel and a willingness to use both. Some days are just about digging through the mud.

This was one of them. No excuses, no hiding. Yeah, the weather was dog rough. In fairness now, it's not like Rathgormack played in the sunny half of the pitch. It is a long road to

Dungarvan – look, there's no shortcuts to a Munster Final.

Crokes did not really play well here. Or more correctly, weren't allowed to play well. Nothing wrong with that. Yes, Rathgormack were sticky and tight and combative. Physically bigger and willing to get stuck in. Fair enough, and good for them. Very few neutrals expected them to really rattle Crokes (myself included) and they didn't just rattle them, they nearly dislodged them.

Conor Murray set the tone with a great kick from long range (will the proposed new rules mean that we see more of that next year? I'd love it). A foul on Tom Doyle allowed Tony Brosnan to open Dr. Crokes account. James Power added another long range monster for the Waterford champions, who had the advantage of the strong breeze at that stage. Tony Brosnan slotted another free before a brilliant turnover by Brian Looney saw Micheál Burns notch a good score from play and he added a free. 0-4 to 0-2 against the wind; so far it was all going to script.

Crokes were being that little bit more careful with possession – quite rightly against that wind. Jason Curry notched a point. They left another chance behind them, though, and underdogs can't afford to do that. The game was kind of low tempo, high intensity, and there were little mistakes creeping in here and there. This was obviously going to be more about grinding than flourishes.

Tony Brosnan slotted another free. James Power kicked another long range beauty (the inter-county player was superb here, credit where due). He also reached high to grab the kick-out, but it was Charlie Keating's turn to win back the ball and Micheál Burns, looking very sharp, made it 0-6 to 0-4. A good break by Willie Hahessy saw Jason Gleeson kick a free. Just before half-time, an excellent Maidhcí Lvnch was on the end of another carefully worked Crokes' score. 0-7 to 0-5 in front at the break. I wouldn't imagine that Crokes were any kind of thrilled with their first half display. There were more errors, both forced and unforced, than they would have expected, but things were looking pretty good overall. Rathgormack were physically strong and hungry, but Crokes had restricted them to the kind of frees that these conditions produce, or long range monsters. Everybody loves to see those kind of scores that make spectators gasp, but honestly I think most successful managers love the simple bread and butter ones. Consistent quality will always outlast occasional excellence.

Except, extremely uncharacteristically, Crokes did not bring consistent excellence in the second half. You do have to make allowances for the conditions (says the lad who watched the game on clubber in his comfy armchair with the fire on beside him) but not this much.

Crokes left a good scoring chance behind them at the start of the half. Three points would be a good lead at that stage. It takes a fair bit of work for a team to chip away at a three point lead against the wind. Rathgormack had a penalty appeal waved away (I'd have chanced my arm in looking for one as well, but I'd have known it for arm-chancing). Two minutes later, though, Crokes survived a much bigger scare. Shane Murphy did really well to parry a Peter Walsh rocket, even better to fist the loose ball away, and Crokes managed to clear their lines — a big, big moment.

Micheál Burns clipped over his fourth point and Crokes' had that three point advantage. I expected them to carefully close the game out at that stage, retain possession, slow it down, and just pick off a few opportunistic scores. But neither side was really able to maintain possession, which at least meant



High jump..... Action from Dr. Crokes v Rathgormack



Action from Dr. Crokes v Rathgormack

ALL THINGS...SPORT

that entertaining possibilities kept opening up. Jason Curry missed a free - not easy, but a real chance. Conor Murray clipped the post - in hindsight, Rathgormack must rue a few of those chances. On another day those go over. Adam Murray did finally pick off a point and it was 0-8 to 0-6. Crokes had a wide themselves. Time is ticking away now and this was getting into dangerous territory. A foul on the wily Kieran O'Leary allowed Tony Brosnan to bring the gap to three again. Breathing space. Eight minutes left.

Great ball into the Crokes square by Conor Murray. Somehow Crokes just about manage to scramble it clear - and 'scramble' is the right word. Jason Curry has to settle for a point. Deep in injury time he got another one, this time from a free. Eventually Rathgormack were looking for one last chance but delayed the shot too long and it was a free out for over-carrying. Rathgormack protested, and I can understand why, but that deep in injury time, it is up to you to get the shot off. The old adage that the team a point down 'has' to get a chance to equalise is not something I have ever agreed with, it's the exact same scoring chance in the first minute of a game as the last one.

It wasn't a great display by any means, definitely winter football. Are you really all that surprised? You do understand that it's winter? Look, go back to that famous Dr. Crokes campaign in 1991/92. Remember that opening Munster game against St. Finbarrs? Coughing up three first half goals? That late winner by Danny Cooper in the dying seconds? That was a dog day too. You learn an awful lot about yourselves as a team on the dog days. When it comes to the term 'winning ugly', the important part is the verb, not the adjective.

Dr. Crokes will face Tipperary champions Loughmore/Castleiney in two weeks' time. I'm sure the Tipp champions will have watched the Rathgormack game and will take a lot of heart from it. But I suspect that the Kerry champions will have taken lessons on board.

Dr. Crokes: Shane Murphy, Evan Looney, Fionn Fitzgerald, Maidhcí Lynch (0-1), Charlie Keating, Gavin White, Brian Looney, Mark O'Shea, Micheal Potts, Micheal Burns (0-4, 1f), Gavin O'Shea, Tom Doyle, Tony Brosnan (0-4, 4f), David Shaw, Cian McMahon. Subs: John Payne (for Micheal Potts, 42 mins), Kieran O'Leary (for Cian McMahon, 45 mins), David Naughton (for Tom Doyle, 54 mins), Michael Moloney (for Maidhcí Lynch, 59 mins),

Rathgormack: Padraig Hunt, Glen Power, Mairtín Power, Willie Hahessy, Sean Hahessy, Tom Walsh, Cathal Crowch, Peter Walsh, Michael Curry, James Power 0-2, Jason Curry (0-3, 1f), Conor Murray (0-1), Jason Gleeson (0-1, 1f), Stephen Curry, Adam Murray (0-1). Subs: Billy Power(for Cathal Crowch, halftime), Francis Roche (for Adam Murray, 48 mins).

Referee: Niall Quinn (Clare)



ROCKIES UNFAZED BY CORK CHAMPIONS

Munster Intermediate Semi-Final: **Austin Stacks 1-12** Kilshannig 0-6

Austin Stacks might not thank me for saying it, but they are carrying a very big and obvious target on their backs into the Club Intermediate Championship. The simple truth is that Austin Stacks are very much a senior side who fell on hard times and got caught in a year where they were missing an awful lot of starting players. They have a phenomenal player development programme – I felt myself for a good while that they had a very strong underage structure but were struggling to bring that talent through to senior ranks or were maybe expecting a bit too much a bit too soon from talented teenagers. You certainly couldn't say that about them now. They look to me to have a perfect blend of youth and experience, a canny hand on the tiller, and probably the strongest bench of any team at this grade. Frankly, throughout their history, when Austin Stacks talk in terms of All Ireland titles, they aren't talking about the Intermediate. They weren't going to win this year's County Championship, they are on the right road but not there yet, but they will be in that kind of conversation over the next few years.

I really see no point in pretending that they aren't favourites, very much so, for the All Ireland. Kilshannig are a very good side, great battlers and some real scoring power, but because of the way Cork is set up (it's oversimplifying but not necessarily inaccurate to say regional without as many divisional teams and an extra grade in between), this was always expected to be a downhill battle for Stacks.

Things got harder for the Cork outfit when corner forward Bill Curtin got stuck into Greg Horan straight from the throw-in. I suspect a bit of a message being sent out, a little bit of intimidation. If so, he got the wrong man and, more importantly, the wrong referee. I've always rated Derek O'Mahony as one of the best out there and he was quite right to brandish the red. Of course I don't want to see it happen to any player, but I genuinely believe that if a referee let's that go, you have set a bad tone for the whole game. Stacks wouldn't be afraid of any dogfight, but who with any bit of common sense wants to be watching one?

Stacks' pace was causing early problems for Kilshannig, with Jack O'Shea, driving up for the opening score. Darragh O'Sullivan replied with a free and Éanna O'Hanlon gathered a mark to shoot over. Joey Nagle became the second Stacks' defender on the scoresheet before Cian Purcell nudged them in front.

Coming to the end of the last guarter Paul O'Sullivan caught a Kilshannig player late and off the ball. Definite yellow. But straight red? I don't think it's a Kerry bias that makes me say that it felt a little like evening things up. Then again, if I did have an unconscious bias, by definition I wouldn't know about it, so there's that.....

Darragh O'Sullivan levelled matters with his second free but Stacks were hitting their stride. Paddy Lane scored 1-9 against Castleisland in the Corn uí Mhuirí during the week and was soon on the scoreboard here as well. Joe O'Connor (I think he has been in top form over the past while) doubled the lead. Daniel Kirby added another. 0-7 to 0-4. Éanna O'Hanlon notched a point from play but Michael O'Donnell replied. Kilshannig were playing good football, Denis Reen had them very well organised and they had great heart, but they just didn't have the same scoring edge.

Dylan Casey became the third Stacks' defender to score after Kilshannig lost a player to a black card. Stacks had a chance to pretty much tuck the game away but Daniel Kirby's rocket came back off the crossbar. Kilshannig did finish the half strongly, a

chance for Darragh O'Sullivan just skewing off his boot and Eanna O'Hanlon adding another mark. Just a goal between them at half-time, 0-8 to 0-5, and that was a fair enough reflection of a good contest.

The same simply cannot be said of the second half. Stacks came flying out of the blocks. Cian Purcell doubled his personal tally. Paddy Lane did likewise with a free. Donagh McKivergen added another. 0-11 to 0-5.

Kilshannig needed the next score very badly to stay in the game. Instead, Paddy Lane cut in sharply and produced that kind of finish that always makes me think of Colm Cooper's advice about passing the ball to the net.

Kilshannig battled on, but the odds of any twist in this tail were already ebbing fast, with Jordan Kissane notching a free to become the tenth player on the Stacks' scoresheet. Late on Kilshannig lost a player to a second yellow and then had a player go off injured, leaving them with just twelve players to finish the game. The did get the last score, another good mark by the impressive O'Hanlon, but it was a mere addendum; the story of this game was already done and dusted.

Austin Stacks will face Aherlow of Tipperary in two week's time in the Munster Final.

Austin Stacks: Michael Tansley, Colin Griffin, Dylan Casey (0-1), Joey Nagle (0-1), Armin Heinrich, Jack O'Shea (0-1), Paul O'Sullivan, Michael O'Donnell (0-1), Joe O'Connor (0-1), Fiachna Mangan, Greg Horan, Daniel Kirby (0-1), Donagh McKivergan (0-1, 1f), Cian Purcell (0-2), Paddy Lane (1-2, 1f). Subs: Darragh O'Brien (for Donagh McKivergan, 40 mins), Ronan Shanahan (for Dylan Casey, 46 mins), Jordan Kissane 0-1, 1f (for Paddy Lane, 46 mins), E Carroll (for Daniel Kirby, 55 mins), Conor Horan (for Fiachna Mangan, 55mins). Kilshannia: Gavin Creedon, Conor Murphy. Eoghan Burke, Bill Curtin, Shane O'Connell, Colm O'Shea, Eoin Healy, Éanna O'Hanlon (0-4, 2m, 1f), Killian O'Hanlon, Shane Murphy, Ciarán O'Sullivan, Alan O'Connell, Diarmuid O'Sullivan, Tom Cunningham, Darragh O'Sullivan (0-2, 2f). Subs: Killian Twomey (for Diarmuid O'Sullivan, half-time), Michael Twomey (for Eoin Healy, 42 mins), Conor McMahon (for Alan O'Connell, 42 mins), Cillian O'Connell (for Ciarán O'Sullivan, 52 mins), Dermot Twomey (for Darragh O'Sullivan, 55 mins).

Referee: Derek O'Mahoney (Tipperary).

MUNSTER JUNIOR SEMI-FINAL

Firies 3-17 Cappagh 2-11

An early blitz is becoming a bit of a trademark of this Firies team and that was the case here again. I won't say the game was done and dusted after the first quarter but I'd be fairly sure no bookies were doing brisk trade at the time either.

Team aptain Mike Daly split the posts to open the scoring. Cappagh left a decent chance behind them and Stephen Palmer and Jake Flynn extended the lead. Cappagh were struggling as Firies pressed hard on their short kick-outs and it paid rich dividends when Diarmuid O'Mahony punished a turnover by coolly lobbing the hapless goalkeeper and into the net. Firies won the kick-out and TJ Palmer sent it over. A minute later Darragh Donoghue burst through the defence and smashed home a beauty for goal number two. With TJ Palmer and Donohue adding further points, it was 2-5 to 0-0 and the extremely plump lady may not have been carolling just yet, but she was definitely tuning up.

Former county player Seamus O'Carroll was clearly Cappagh's main man and he finally opened their account, but Firies clipped over three more from Darragh Donohue, James Horgan, and Darragh Brosnan.

John Fitzgerald and Seamus O'Carroll clipped over frees and O'Carroll, who really was excellent throughout, added a brace from play to put respectability at a minimum on the scoreboard. Jake Flynn, Darragh Donoghue, and James Horgan pointed for Firies but Cappagh replied through a Seamus O'Carroll free and the same player set up namesake Cian for a badly needed goal. James Horgan closed out the first half scoring to leave Firies ahead on a 2-12 to 1-6 scoreline

They should really have put it to bed in the opening ten minutes of the second half. They were doing absolutely everything right – except for actually finishing those moves with scores. Sometimes, the devil really does reside in the detail and the door was still just slightly ajar.

In fact, Cappagh opened the second half scoring with points from James Lanigan and Cian O'Carroll picked off points. Cian O'Carroll might have had a second goal were it not for some great last second defending by Niall Donohue before settling for a point. In fairness, Jake Flynn got in for a goal attempt himself and did nothing wrong, but Craig McInnes made a great save. James Horgan pointed a free before Seamus O'Carroll and TJ Palmer swapped scores.

Stephen Palmer did have the ball in the Cappagh net, but it was called back for an earlier advantage.

Seamus O'Carroll blasted a free goalwards. The effort was blocked, but the referee deemed it a late challenge and Diarmuid O'Mahony could consider himself very unlucky to be shown a second yellow. O'Carroll smoothly despatched the penalty himself. It wouldn't have mattered anyway, and as it was Firies finished with a real flourish, James Horgan neatly finishing off a third goaljust before the final whistle.

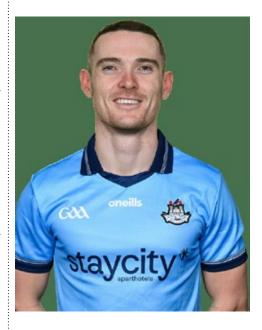
Firies will have a tougher test in a fortnight's time when they face Cork champions Kilmurray, a seasoned outfit, in the Munster Final.

Firies: Brian McCarthy, Chris Palmer, Diarmuid Brosnan, Brian O'Leary, Niall Donohue, Pádraig de Brún, Diarmuid O'Mahony (1-0), Tomás Clifford, Jake Flynn (0-2), Cian Doe (0-1), James Horgan (1-5, 4f), Darragh Donohue (0-2), Michael Daly (0-1), Darragh Brosnan (0-2), Stephen Palmer (1-4) Subs: Seán Cooper

(for Darragh Donohue, 45 mins), Liam Brosnan (for Darragh Brosnan, 52 mins), TJ Palmer (for Pádraig de Brún, 57 mins), John Power (for Tomás Clifford, 57 mins), Seán Burke (for Michael Daly, 58 mins)

Cappagh: Craig McInnis, Owen Dee, Tom McMahon, Bob Cregan, Conor Lenihan, Barry Lenihan, Nessan Leahy, David Lowe, Eoin Barry, Séamus O'Carroll (1-8, 1 pen, 4f), Colin Barry, James Lanigan (0-1), Cian O'Carroll (1-1), Jack Lenihan, John Fitzgerald (0-1f) Subs: Richard O'Dea (for David Lowe, 55 mins), Pádraig O'Gorman (for Colin Barry, 56 mins), Pat Lenihan (for John Fitzgerald, 58 mins) Referee: Ciarán Murphy (Cork)

THE OLD ORDER CHANGETH....



The big news this week was that 31 year old Brian Fenton has joined his regular midfield partner James McCarthy in stepping back from the Dublin jersey. Fenton has undeniably been the stand-out midfielder of his generation. I would place him even higher in the pantheon, right up there with Jack O'Shea, Brian Mullins, McHale (I always thought the Mayo man underrated)...Sean Cavanagh brought a certain genius to the role, but in a more unorthodox 'false midfielder/forward' context. Pat the Aeroplane, Kennedy, even O'Connell himself....the handful of players who belong in that kind of conversation.

You can argue that Brian Fenton played on quite possibly the best team of all time. I'd agree – but Brian was a key component in them being that good. With Fenton and McCarthy gone and Cluxton and Fitzsimons subject to speculation, is Dublin's era off dominance coming to an end? I don't know about that – I sdon't see another team out there, including current champions Armagh and, unfortunately, ourselves, really pushing hard against that open door.

Cillian O'Connor, who surpassed Colm Cooper as the all-time championship top scorer (to be fair, the introduction of the back door and the multifarious efforts to cram in that hideous 'group stage' rubbish into the championship format skews that statistic a lot) has also stepped away for a year. He got very little game time last year, and I think that a lot of players are being asked for too much commitment for too little reward. I'd be long gone myself, to be truthful about it. It's become more demanding than a full time job in many ways, and with little enough by way of thanks. I always admired Dublin in particular for their ability (my perception - it's not as if I know any of these lads personally) to treat the game, and 'game' is what it is, as a privileged hobby. It can be incorporated into a lifestyle; I don't believe it's healthy for it to become your lifestyle.

Many thanks to the great players who gave us so much emotion (including jealousy and begrudgery on plenty of occasions!) and best wishes to them going forward.

CORN UÍ MHUIRÍ

Round Three:

St. Brendans 2-20 St. Flannans Ennis 1-2

I don't know could it even be classed as a friendly. Flannans were already eliminated and the Sem were already top of the group regardless of the result, making this a fairly meaningless fixture. The Sem controlled proceedings right from the start. A penalty late in the first half gave the Clare side a little frisson of excitement, but to be honest, a contest was never really going to develop. It was 0-9 to 1-0 at half-time. The Sem took the opportunity to bring on some of their successful Frewen players during the second half and the floodgates more or less opened, with the Sem winning that half by 2-11 to 0-2, both of Flannan's scores coming from frees. Not a big learning curve overall; some days you get what you get. But the group stage successfully negotiated is a big step overall.

SOCCER

Ladies Head to Cardiff for Play-Off

Eileen Gleeson's Irish womens' team head to Cardiff tonight for the first leg of a crucial two-leg play-off against Wales. Not an easy draw at all. We lost our lost encounter to Wales 2-0, albeit in a friendly where Ireland were experimenting with a more attacking formation. Ireland, given their recent good run of form extending back to qualification for the World Cup in Australia and the hard lessons from playing in the higher division of the Nations League (no harm at all, that was a free shot at learning the standards required of the level that we want to be playing at) will certainly be favourites. But we just aren't

a great team for actually putting the ball in the net. Sorry for glossing over the bit of an elephant in the room here, but we scored the grand total of one goal in the actual World Cup, and that was a very flukey one direct from a corner. There were some suggestions that Vera Pauw (who was treated abysmally even by the low standards of the FAI – Eileen Gleeson learned the lesson and has quite rightly made sure that she personally has a cast iron contract) was too reliant on a defensive system.

Yes, because Ireland are secretly Brazil in disguise. That hoary old myth is surely fossilized by now.

I'd be very happy with 0-0 tonight and bring them back to the Aviva on Tuesday. If we concede a goal, it's an awful lot of digging. I'll be interested to see Ireland's line-out. You can have Lily Agg or Denise O'Sullivan. Not both, sorry, and I'd give the nod to O'Sullivan. Obviously you need Katie, that's not even open to question. Have we any fox in the box as such? No. We just don't have a poacher. So I'm not worried about Ireland's actual play - we organise well in defence, we are hard to play through, Courtney doesn't give soft goals away. We aren't going to cough up too much. But once again - and it really is the difference between the top teams and the aspirants - where are our goals going to come from?

All Star Kayleigh calls on GAA Community to take part in the Goal Mile

KERRY SENIOR FOOTBALLER AND RECENT ALL STAR WINNER, KAYLEIGH CRONIN HAS TEAMED UP WITH AIB WHO ARE PROUD TO CONTINUE ITS SUPPORT FOR THE GOAL MILE.

As part of the campaign AlB is offering people the chance to win \in 1,000 for their GAA club by registering for their GOAL MILE and entering the AlB GAA GOAL MILE competition.

AIB, proud supporter of the GOAL Mile, has today teamed up with former Kilkenny hurler Walter Walsh, Kerry LGFA player Kayleigh Cronin, Derry footballer Brendan Rogers, and Camogie player Amy Boyle to encourage communities in Ireland to 'Step Up Together' and take part in the GOAL Mile this Christmas.

As part of this year's campaign AIB is also announcing the return of the GOAL Mile GAA competition. Members of the public who register for the GOAL Mile will once again have the chance to win one of the ten €1,000 prizes for their GAA, Camogie, or LGFA club. To win one of these ten €1,000 prizes, people need to register for their GOAL Mile and then enter their details into the AIB GAA GOAL Mile competition at www. aibgaagoalmile2024.com.

Earlier this year AIB made history becoming the first sponsor to united Gaelic Football, Hurling, Camogie and Ladies Football under one sponsorship. The All-Ireland Ladies Club Football Championships joined the AIB Camogie Club Championships and AIB GAA Club Championships under the #TheToughest banner. AIB is now calling on club members from these four codes to register for their GOAL Mile and continue to play a part in this long-established Christmas tradition, demonstrating the incredible spirit of togetherness in clubs the length and breadth of the country.

For over forty years, the GOAL Mile has seen tens of thousands of

people run or walk a mile (just 2,000 steps) to raise funds for GOAL at Christmas, bringing people together in their communities to support GOAL's humanitarian work in Africa, the Middle East and Latin America. These funds support the charity's work with vulnerable communities in 15 countries across Africa, the Middle East, Latin America, and Europe, delivering a wide range of humanitarian and development programmes. Everyone can 'step up together' with family, friends, or the wider community, and can walk, stroll, jog or run!

People can get involved in a number of different ways, such as taking part in one of the 160+ GOAL Mile events being organised in Ireland and internationally, by starting their own GOAL Mile with their local club and community, or simply by registering with GOAL at www.goalmile.org and completing a mile in any place, at any time during December. Donations can also be made directly to GOAL via the AIB app.



Kerry footballer, Kayleigh Cronin who has teamed up with AIB to support the GOAL mile. As part the campaign AIB is offering people who register for the GOAL Mile the chance to win one of the ten €1,000 prizes for their GAA, Camogie, or LGFA club. Mandatory Credit ©INPHO/Dan Sheridan







FOSSA GAA CLUB

LOTTO

The numbers drawn on 24/11/2024 for a jackpot of €6,600 were 3, 10, 12, 16. There was no jackpot winner. The €40 consolation prize winners were; Amanda Cummins, Catriona O'Connor, Anne Lucey, Margaret McLellan, Jenny McCarthy. Tickets are available from our sellers and can also be bought online with the following link https://fossagaa.clubforce.com/products/lotto/fossa-gaa-club-lotto

DR. CROKES

MUNSTER CLUB CHAMPIONSHIP Dr. Crokes 0:09 Rathgormack 0:08

Another Munster Club Final awaits us on December 8th after a narrow win over Rathgormack of Waterford on Sunday last. Playing against a gale force wind in the first half meant that we had to defend well and work hard to keep the scoreboard ticking over. With the win on their side, it was our opposition who opened the scoring in the second minute of play. One minute later Tony Brosnan levelled things through a free. With further points from Tony Brosnan and Micheal Burns we led 5 points to 3 points after the first quarter. Both teams swapped points and we held our lead of two point lead going in at the break, 0:07 to 0:05. Playing with the wind in the second half it took us 6 minutes to open the scoring from the boot of Micheal Burns, who finished the game with 4 points. Going in to injury time we led 9 points to 7 points, so it was still all to play for. Rathgormack threatened a goal a number of times throughout the game but it was Shane Murphy who got the better of them each time. The same was the story in the dying minutes of the game when he cleared a good Rathgormack effort on goal to ensure our place in the Munster Final against Loughmore Castleiney on December 8th.

AGM

Our AGM will take place on Friday, November 29th at 8pm in the Clubhouse.

CLUB MASS will take place on Friday, November 29th at 7pm in the Clubhouse.

LOTTO took place November 25th. Numbers drawn were 10, 19, 24, 26. Jackpot of €5,600 was NOT WON. 5 patrons matched 3 numbers and received €80 each. Jackpot for draw on December 2nd will be €5,900.

Play online by following the link below and follow instructions attached https://play.clubforce.com/play_newa.asp?ll_id=734#Anchor(https://play.clubforce.com/play_newa.asp?ll_id=734#Anchor)

KATHLEEN'S GENTAL EXERCISE CLASSES will continue on Tuesday's at 11am in the clubhouse. You don't have to be a member of the club to join.

FR. PADDY'S CARDS NIGHT continues on Wednesday nights from 8pm in the clubhouse. DR. CROKES SHOP

You can shop worldwide on our online shop. Follow the link https://www.oneills.com/shop-by-team/gaa/ireland/dr-crokes-gaa.



html(https://www.oneills.com/shop-by-team/gaa/ireland/dr-crokes-gaa.html)

BINGO

Dr Crokes Bingo continues every Sunday in St. Mary's Parish Hall. Doors will open at 7pm with the first game commencing at 8pm.

CONDOLENCE to Dan Kelleher and Family on the passing of Andy Kelleher. Ar dheis Dé go raibh a anam.

NOTES

If anyone has anything they want to add to our club notes please email pro.drcrokes.kerry@gaa.ie

KILLARNEY LEGION

CLUB AGM

The Club AGM will take place on Tuesday December 3rd at 8pm in the International Hotel. The following is the club positions ahead of the AGM

Chairperson - David Randles (outgoing/ Staying)

Secretary – Denise Fogarty (outgoing/Staying) Registrar - Fiona Ní Chonchubhair. (outgoing / Staying)

Vice Chairperson - (Liam McGuire outgoing / Staying)

P.R.O. - Enda Walshe (outgoing / Staying)
Children's Officer - Linda O'Donoghue (outgoing / staying)

Treasurer - John Foran - (outgoing / Not Staying).

LADIES AGM

The Ladies Department of the club held their AGM in the Clubhouse last Friday. Hosted by chair Ted Healy and secretary Claire Duke they gave a comprehensive rundown on what was a busy and successful year for the club. The obvious highlight was the success of the Senior team but the juvenile teams were very competitive in their own right, grabbing five titles. With 2025 only just around the corner they will be busy plotting and planning for the

year ahead. CLUB MASS

Due to the adverse weather conditions of the past week the club mass had unfortunately been postponed. But it is rescheduled for this Friday, November 29th in the Clubhouse.

LADIES DISTRICT COMPETITIONS

Well done to the Legion U13 girls who lined out on Sunday with East Kerry against St. Kierans, winning on a scoreline of 6-19 to 3-8. They now head into a county final next weekend. Aoibhinn Heinemann, Leah Mannix and Raegan Browne are all part of the panel and best of luck to them in the final.

The East Kerry U17 ladies were also in action on Sunday afternoon and they also booked their place in the District County final with a great win away to St Kieran's in Brosna. Kate O Toole was strong in defence with Laura Healy scoring at the other end. Beatrice Corridan came in to help the defence close out the game. Final score St Kieran's 0-06 East Kerry 3-07. Wishing them well in the final also.

U15 / 16 BOYS OUTING

Our Under 15 / 16 boys went to Tralee Paintballing Centre on Sunday where they had great fun and as usual things got competitive!!!. Aterwards it was time for food in Burger King/ Subway. Many thanks to all the staff in Tralee Paintballing Centre and to our patient driver Jason from O Callaghan Coaches. Bryan O Connor won MVP in the paintballing!!!! RUNNING CLUB

On a week of inclement weather amazingly the gods smiled down on our weekly running class on Tuesday. It helped to give the biggest attendance yet and it continues each Tuesday at 7pm. All grades of fitness welcome!!

DEEPEST SYMPATHIES

The Club extends its sympathies to our Club President Tommy, Mary and the Regan family on the sad passing of Mary's brother Oliver Ryan. He worked in England for many years but had recently relocated to Killarney.

May he Rest in Peace.



LOTTO

Results Sunday November 23rd. Numbers were 1 15 27 28. Bonus No 21. No jackpot winner. Match 3s / Lucky Dips: 1. Raymond Furlong 2 Michael O Leary, 21 St. Brendan's 3. Chris O Connor c/o Ger Mac 4. Ray Murphy, Muckross 5. Deirdre O Reilly online

EAST KERRY NEWS

O DONOGHUE CUP

Sponsored by the Aquilla Club Gleneagle Hotel Group and Dr O Donoghue family

Final: Kilcummin V Rathmore ,Sunday December 1 2pm @ Fitzgerald's Stadium.

O SULLIVAN CUP

Killarney Carpet and Furniture Sponsored

Semi Final: Currow 2-07 Glenflesk 1-17 LADIES DISTRICT CHAMPIONSHIPS

Well done to East Kerry U13's and U17's on reaching their respective County District Championship Finals.

MUNSTER CLUB CHAMPIONSHIP

Congratulations to Dr Crokes and Firies on reaching their respective Munster Championship Finals

POST PRIMARY SCHOOLS BLITZES

East Kerry schools were well represented at Kerry Coaching and Games first year blitz days during the week. Over one hundred secondary school players took part over the week.

St Brendans College had three teams playing in the blitzes. Players got lots of game time to develop skill levels and decision making during the small sided games. St Michaels Listowel, Intermediate School Killorglin and Colaiste Na Sceilige were excellent opponents on the day. Pobail Scoil Sliabh Luachra Rathmore players were delighted with small sided games blitz day competing with Tarbert Comprehensive and Tralee CBS in Tralee. Killarney Community College players gained great experience Castlegregory playing and Killorglin Community College in Tralee. Thanks to all East Kerry Schools for supporting Vince Cooper East Kerry GDC in the smooth running of all blitz days. Every team showed great teamwork and sportsmanship combined with great skill levels showing fantastic work been done by all teachers in the local schools.

Dr. Crokes supports out in force for the team's clash v Rathgormack



What to do ahead for a stress-free Christmas dinner

YOU WANT TO RELAX AND ENJOY YOURSELF ON CHRISTMAS DAY, NOT SPEND EVERY MINUTE IN THE KITCHEN. SO TAKE A MOMENT TO PLAN AHEAD FOR FUN AND FAMILY TIME. HERE'S WHAT YOU CAN DO TO GET AHEAD FOR A LESS STRESSFUL CHRISTMAS HOLIDAY

THINGS TO DO IN THE RUN UP TO CHRISTMAS

Plan the menu

Make a list of who's coming for dinner, so you know how many you're feeding and whether you need to cater for any dietary restrictions. Also think about what food was not eaten last year so that you don't cook too much food, and how much leftovers your household will eat.

Think about whether you need a traditional turkey or if a boned and rolled or turkey crown is better suited to your numbers. Once this is done you can create your menu and calculate how much food you need for Christmas dinner.

Eat what you have

A good way to help reduce costs and waste in the run up to Christmas is to use up what you already have in fridge and cupboards. Here are some tips.

Fridge

Storage space is at a premium at Christmas time, so in the run up to Christmas plan to eat the food meals you have in the fridge and freezer. It's a win win, you create more storage space, reduce food waste and could also have less cooking to do in the countdown to Christmas day. Remember to check Use by dates to see what needs to be eaten first.

For extra fridge space in the days before Christmas, store vegetables and drinks (except milk & fruit juices) in a cool place. In the week before Christmas, you can give your fridge and freezer a good clean with warm soapy water. If you're having a traditional turkey, make room to put the bird on the bottom shelf so drips won't land on ready-to-eat food as this

could spread germs leaving these foods unsafe to eat.

Shop in your cupboard

Before you go off for the Christmas shop, check your cupboards and shelves for non-perishable items like herbs and spices, honey, mustard, flour, sugar, jelly, custard, stock cubes. There's no point in buying more if you already have them.

And if you want to spread the cost of your Christmas shop over December you could buy non-perishable items you need in the weeks running up to the big day.

Stale bread

If you're looking to reduce the cost of the Christmas shop and food waste this year, hold on to your stale bread in December. Use this bread for your breadcrumbs by letting it dry out completely and then blitz it in a food processer. If you don't have a food processor, using a grater is easy if you freeze the slices first. Breadcrumbs will keep for months in the freezer, or up to a week in the fridge.

PRE-PREP Make gravy

You could leave the gravy until the last minute to get those gorgeous juices from the turkey. Or you could just make this delicious gravy up to a couple of weeks in advance and save yourself the stress. Store it in the freezer and take it out on Christmas Eve to defrost in the fridge. If you'd prefer to make it closer to the time, it will keep in the fridge for three days.

Part-prep the roast potatoes

Part boiling the potatoes and roughing up the surface definitely makes the best roasties. But there's no rule about when that part boiling has to happen, so get it done when ever's convenient. Boil them for around 10 minutes, and take them off the hob while they're still a little firm. Transfer them to a tray and let them cool to room temperature. Before freezing, wipe them with a paper towel to make sure they're completely dry. It's best to put

the whole tray in the freezer first – that way they won't stick together. When they're fully frozen you can transfer them into a freezer bag. Then defrost them in the fridge on Christmas Eve, leaving you with one less job to do on Christmas day.

Make the stuffing

We'd always recommend that you cook your stuffing outside of the turkey, because it cuts down on Christmas cooking time and your turkey is less likely to dry out. So stuffing is one more thing you can cook and freeze ahead of time.

Times for turkey

December 22nd when you need to start thinking about your turkey. If you've a frozen turkey you need to give yourself enough time to defrost it. Allow 24 hours for every 4-5 pounds / 2-2.5kg. If you've a 7.5kg / 15lb turkey, it can take up to 3 days to defrost so you should start defrosting on December 22nd. The best way to defrost it is to place it on a dish or tray on the bottom shelf of your fridge.

You should cook a fresh turkey within 2 days of buying it. This means you should not pick up the turkey before December 23rd of December. If the turkey is vacuum-packed, you can follow the use-by date. Always store your turkey on the bottom shelf of the fridge so that juices don't drip onto other food.

Whether cooking from fresh or defrosted, we recommend following our advice for cooking your turkey.

Christmas helpers

Making Christmas dinner can be overwhelming so enlist some helpers. Gather them the night before to prep vegetables – carrots, parsnips, brussels sprouts etc. Store the prepped veg in pans or bowls of cold water on the countertop.

On the big day, keep your helpers close. Divide up the different jobs according to age and ability and let everybody join in the fun of getting ready.

Ham it up on Christmas Eve

Christmas ham needs to be boiled before glazing and roasting and if you're cooking a large ham that can take hours. It's a job for Christmas Eve. And you could have this for dinner that day, reducing the amount of food you cook and ensuring that the ham is ready to glaze and pop in the oven while the turkey is resting on Christmas day.

Use ready-prepared foods

Things don't always go to plan and there are no medals for cooking every scrap of Christmas dinner from scratch. The shops are full of all kinds of pre-prepared canapes, sides and even full dishes.

Follow the cooking instructions on packaging as a guide, and always check that the centre of the food is piping hot. But remember, leftovers from pre-cooked food should never be reheated.

What to do on Christmas day

All going to plan, on Christmas day all you'll have left to do is put the turkey in the oven, set the table, and when the turkey is done and is resting, glaze the ham and pop it in the oven, cook the pre-prepped vegetables and reheat the gravy.

For more information go to www.safefood.ie





Looking for a weekend that blends adventure, wellness and natural beauty? The Wander Wild Festival—Ireland's premier outdoor and wellness festival returns to Killarney from 4th-6th April. Set in one of the world's most breathtaking landscapes, the 26,000-acre UNESCO-protected Killarney National Park, this unique festival offers something for everyone who wants to embrace the great outdoors.

Sponsored by Nature Valley and proudly supported by Fáilte Ireland and Kerry County Council, the Wander Wild Festival includes a programme packed with events designed to invigorate, inspire and spark the soul. Activities are themed around the mountains, lakes, park and mind.

Whether you are an adventure enthusiast hungry for a challenge, a nature lover drawn to hidden trails, or a wellness devotee in search of rejuvenation, organisers promise that you will leave the weekend with an enhanced appreciation for nature, a sense of fulfilment, and a connection with like-minded people.

Now in its fourth year, the 2025 festival programme has yet again expanded to include an even broader range of adrenalinefueled excursions and serene, tranguil wellness experiences for all ages and abilities to reconnect with and recharge in nature. A highlight this year is the expanded Wellness Hub set in an exciting new location which will be announced in the New Year. Soulnourishing experiences such as Flow in Intuition, Candlelight Yin, Grounded Connection, Movement & Sound - Somative Healing and :

Chakra Journey have been added to the hub's line-up this year, promising a haven of harmony for all who participate.

Also new to the programme this year is the 'Cow To Cone' tour at Muckross Creamery and a Cold Water Talk. Returning popular events include the Dark Sky Hike (where you can observe constellations, planets and shooting stars from one of the world's best stargazing spots), Stand Up Paddle Boarding on the Upper Lake (an experience only allowed during the festival), the Guided National Park Walk with local rangers (a once a year opportunity to see bats & wildlife up-close at night), guided climbs or steep ground masterclasses on the MacGillicuddys Reeks (including Torc, Mangerton, Carrauntoohil - Ireland's highest mountain and Coomloughra Horseshoe - Ireland's 3 highest peaks), Kayaking at Ross Castle, Sunrise Dips & Lakeside Sauna at Dundag, boat trips to 640 AD monastic ruins on Inisfallen Island, Wim Hof Method Workshop (with group breathing session in the lake), Forest Bathing, and more. The nature-themed family programme will also return, with details to be announced closer to the event.

Evenings at the festival offer the opportunity to connect with some like-minded attendees. Activities include a special concert at St Mary's Church, a Seanoíche event and the return of the popular Fireside Chats where, in an intimate setting, you get to hear from local adventurers and ordinary people who have achieved extraordinary things. Just what the mind and





body need after a day of wellness and adventure!

Pat Chawke, Chairperson of Wander Wild Festival, says, "We're excited to bring the Wander Wild Festival to Killarney for another unforgettable year. With an exciting mix of outdoor adventures and wellness experiences, this festival offers something for everyone. We welcome people from all corners to join us in discovering the breathtaking beauty of Killarney's natural wonders, meeting fellow adventurers, and enjoying a fun weekend of wellness and rejuvenation"

With a renewed focus on openness, inclusion, and diversity in the 2025 festival, many events will be suitable for people with disabilities. As the festival takes place at the start of Autism Awareness month, the committee will help raise awareness of Autism in Ireland and they hope to help everyone to have the



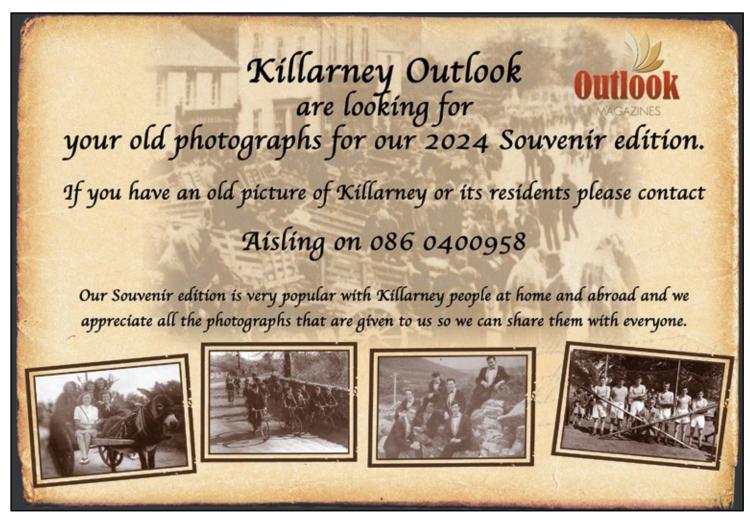


#samechance to enjoy the festival.

Wander Wild Festival is also committed to making the festival an eco-friendly experience, in tune with the natural beauty of Killarney. They are encouraging attendees to leave their car behind, travel by public transport to Killarney and then hop on shuttle buses to reach many of out of town festival activities. The event's collaboration with the Killarney Hotels Sustainability Group means eco-conscious accommodation options like glamping and hostels are ready to help reduce the festival's footprint.

Ticket prices range from €10 to €100 depending on the event, with a number of free events included so there is something for all budgets. With many events selling out last year, book your tickets now wanderwildfestival. com to avoid disappointment.











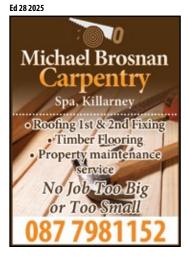


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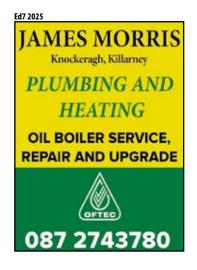












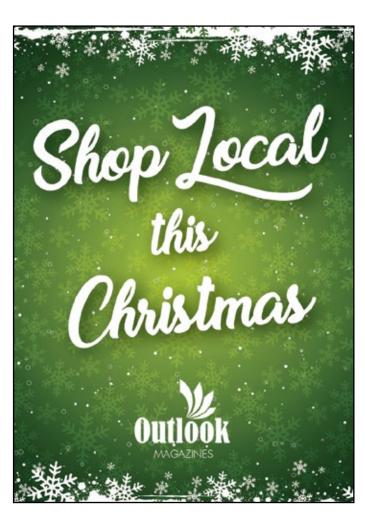


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Mary's Milestone 90th Birthday

Congratuatulations to Mary Murphy from from Droumcarbin Headford, Killarney who celebrated her 90th Birthday at The Kerry Way Recently. Mary was joined by her seven children, grandchildren and great grandchildren for the fabulous occasion.

Great Grandmother Mary Murphy from Droumcarbin Headford is pictured with her extended family including, Front L to R: Adam Murphy, Kevin Linehan, Gillian Dunne, Eve Linehan, Mary Murphy, Marie Linehan, Geraldine Murphy, Aine Murphy. Back L to R: Crothúr Murphy, Emma Murphy, Niamh Murphy, Alison Murphy, Dermot Murphy, Ruaidhrí Murphy, Philomena Krishnan, Nuala Murphy, Patrick Murphy, Jean Linehan and Gerard Linehan.

Photo: Don MacMonagle

The Week Through the Eye of the lens





Congratulations to Liadh Forde and Anna Roche from St. Brigid's Presentation Secondary School, who competed in the Soroptimist Public Speaking Competition. Congratulations to Anna who finished third and will progress as a reserve speaker into regional heats.



90th Birthday Milestone. Mary Murphy Droumcarbin Headford, Killarney celebrated her 90th Birthday in The Kerry Way, Glenflesk on Saturday 23rd November. Mary is pictured with her seven children Front left to right, Philomena Krishnan, Mary Murphy, Marie Linehan, Aine Murphy. Back left to right, Crothúr Murphy, Dermot Murphy, Ruaidhrí Murphy and Patrick Murphy. Photo: Don MacMonagle



Linda Gordan Kelliher with her children Portia, Conlaoch and Everliegh at Glenflesk Parish Bazaar last Sunday. Photo Seamus Healy



Lucky hamper winner Louise Moynihan with Eugene Bowler at Glenflesk Parish Bazaar last Sunday. Photo Seamus Healy



From left Betty Dennehy, Margaret McCarthy, Bernie and Nora Moynihan at Glenflesk Parish Bazaar last Sunday. Photo Seamus Healy

If you have a family occasion you would like to appear in the Killarney Outlook - send your photograph and details to news@outlookmags.com

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"Seek first the Kingdom of God and His Righteousness, and all these things shall be added unto you" (Matthew 6:33).

Welcome back dear student, Christian worship artist Don Moen sings the song 'God will make a way, where there seems to be no way'. Often sincere people don't see results to their prayers, and it may cause them to get disheartened - believing that God doesn't hear, doesn't care, or doesn't exist - none of which is true. But there can be blockages to prayer; and unforgiveness, strife, bitterness, or offence are huge ones (Ephesians 4:31). We are given multiple opportunities for these toxic emotions every day whether the hurt caused is a true offence or a perceived one. It is an easy trap to fall into; one that Jesus dealt with when He taught His friends how to pray – 'forgive us our sins (trespasses) as we have forgiven those who sin against us...' (Matthew 6:12-15). Note, Jesus relegates forgiveness to the past, meaning it has no place in our present or future. That's what happens with toxic feelings — they infiltrate every part of life and like a pebble that ripples across still water, they set off ever-increasing circles (Hebrews 12:15). So, we must boot out unforgiveness! (Mark 11:24-25). It's vicious and needs to be dealt with brutally. It's an entryway for Satan to bring disaster, sickness, mental torment, and long-term curse; not just for the person caught up in the initial offence, but for that one's bloodline if it's not repented of (Numbers 14:18). Repenting is easier said than done, especially when a bad wound has been inflicted by another. This is why we need to know the Word of God which washes us, and the Holy Spirit Who transforms how we think, feel, and react to the dirt dished up by the devil. In the midst of His suffering on the Cross, Jesus asked God the Father to forgive those who put Him there — "Father, forgive them for they know not what they do" (Luke 23:34).

Another hindrance to prayer is feeling unworthy or inferior — it might appear humble, but it prevents one from receiving answers to prayer and is based upon a lack of knowledge of our true identity in God's family (Hosea 4:6). "But to all who believed Him and accepted Him, He gave the right to become children of God" (John 1:12). The Lord Jesus paid a precious ransom for you and me to be saved (1 Peter 1:17-25). We are made right with God through the sacrifice Jesus gave when He shed His Blood to pay for our sins. When we accept His free gift of Salvation, we enter into God's family as His sons and daughters, totally cleansed from our sins and forgiven. Children hold a special place in the family — they are heirs to all, and thus expect to receive love, provision, and all they need from their parents — not in a spoiled, entitled sense, but because it's their birthright (Galatians 4:1-7). It's the same in God's family.

Both unforgiveness and inferiority place one outside of being able to receive God's Grace. Both are disobedience and make 'self' an idol — rooted in pride. Pride causes the heavens to be locked (James 4:6). 'I will break down your stubborn prideful spirit by making the skies as unyielding as iron, and your land as hard as bronze' (Leviticus 26:19). The Kingdom of God is different to the world's system. When people chase after stuff with a wrong heart God cannot honour that. But when we do things God's way: seeking His Kingdom plan for His Glory, He will provide all we need and more (Jeremiah 17:7-8). Don't just strive friend, thrive! God wants you to be blessed more than you know.

Bible Study and Prayer every Sunday @ 11am and Thursday @ 7.30pm at Word of Victory Christian Fellowship Killarney V93V6X4

- 🚰 Word of Victory Christian Fellowship Killarney
- @WOVKillarney
- Email: wovkillarney@gmail.com
- Text for Prayer: 087-4471797

Podcasts on Spotify: A WORD OF VICTORY

CAROLS FROM THE CATHEDRAL: Christmas Carols with Kerry Scotia Ensemble & Dr Sharon Lyons Soprano & The Kerry Concert Choir, Charity Concert in Aid of Kerry Hospice Foundation on Sunday 1st Dec at 7.30pm in St Mary's Cathedral, Killarney, Tickets available on the door or from Eventbrite.

A TRIDUMM FOR THE FEAST OF ST FRANCIS XAVIER will take place in the Franciscan Friary from 1st – 3rd December mass each evening at 7.00pm. All Welcome especially people from Goa. Please see attached a poster for your own information thank you so much in advance.

KILLARNEY MEMORY TREE AT HOLY CROSS MERCY SCHOOL; The lights on Killarney's Memory Tree will be lit during the Christmas season. The official "Switch On" of the Memory Tree will take place on Monday, December 2nd @ 7pm. All are welcome join us. We will be led in prayer by Fr. Vitalis Barasa with festive carols by candlelight. Mass will be offered for all those being commemorated at 1.15pm on Monday, December 16th in St. Mary's Cathedral. All are welcome to join us in person or online via the Killarney Parish Webcam on www.killarneyparish.com

CARLO ACUTIS (1991—2006): who died at age 15 from leukaemia will be the first Millennial (person born in the early 1980s— to the late1990s), to be canonised by the Catholic Church. The teenager has also been labelled as the Patrion Saint of the internet, and known as "God's Influencer", for his work on recording miracles online and running Websites for Catholic organisations. . First Miracle was the healing of a Brazilian Child and the Second a student in Florene who was healed despite having bleeding on the brain suffering head trauma. Pope Francis has announced that the Italian teenager will be made Saint April 2025.

O God Our Father, Thank you for giving us Carlo, model of life for young people and a message of love for all. He made the Eucharist his "highway to heaven"

You gave him Mary, a beloved Mother, and with the Rosary you made him sing the praises of her tenderness,. Accept his prayer for us . Attend especially to the poor whom he loved and helped. Through his intercession, may I receive the grace I need and fulfil our joy, by placing arlo among the blessed of your HolyChurch, that his smile may shine again for us for the glory of your name. Amen

KILLARNEY PARISH SILVER CIRCLE - Week 7 Results 1st

Prize €500:Michael O'Sullivan, Knockeenduff

Seller: Parish Office

2nd Prize €250: Emma Doolan, Gortagullane, Muckross

Seller: John Doolan

Winners of €100 each are as follows;

Dara Ó Cinnéide, Bailie na nGall, Trá Lí Mark O'Mahoney,

Newslands, Woodlawn Rd Dan Kelleher, Muckross

Catherine Barry, Coolies, Muckross

Tom & Betty Benson, Cahernane Meadows

Winners of €75 each are as follows;

Noel Brosnan, Countess Grove

Pa & Bridie MacGillicuddy, Ballydribeen

Josie Ryan, Ross Dara, Loreto Road

Monty & Kathleen McCarthy, Pinewood Estate Brenda

Devane, Tralee

Frankie Coyne, Rookery Road

Sean McGillicuddy, Ballycasheen

Mike Spillane, Lackabane

Katherine Fleming, Ballaugh

AnnMarie O'Leary, Friary Office

Congratulations to all winners, and thanks to all who supported, promoted and sponsored the draw this year. Tickets are still available from the Sacristies and Parish Office

This week's prize money is sponsored by: Joe O'Shea Electrical Ltd, O'Sullivan Darcy Engineering Ltd, Killarney Hardware, BBM Secure & The Gleneagle Hotel

PARISH CHRISTMAS GREETING CARDS; for sale at the Cathedral Bookstand, in the Sacristy and the Parish Office.

IN MEMORIAM

TO PLACE A MEMORIAL ON THE KILLARNEY OUTLOOK

Please email details to: graphicdesign@outlookmags.com and the verse and photo you would like to include.

If it is a repeat anniversary we will have your photo and verse on file, just call Emma on: **087 6593427**

Please include a contact name, address and telephone number.

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PRAYER TO THE LITTLE **FLOWER ST THERESE**

O Little Therese of the Child Jesus, please pick for me a rose from the heavenly gardens and send it to me as a message of love. O Little Flower of Jesus, ask God to grant the favors I now place with confidence in your hands..

(mention in silence here) St. Therese, help me to always believe as you did in God's great love for me, so that I might imitate your "Little Way" each day. Amen

MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

2ND ANNIVERSARY

IN LOVING MEMORY OF MICHAEL (MIKE) KIELY



LATE OF FALKIRK, SCOTLAND AND FORMERLY OF Dromhall Park, Killarney WHO DIED ON THE 2ND DECEMBER 2022

> "Those who die in grace ao no further from us than God and God is very near"

Remembered with love every day by your wife Joan, children Siobhan, Michael and Sean and all your extended family

Rest In Peace

2ND ANNIVERSARY

IN LOVING MEMORY OF Annette Kelleher



Gorthnahaune Buí East, RATHMORE WHO DIED ON 3RD DECEMBER 2022.

> Those special memories of you will always bring a smile, If only we could have you back for just a little while. Then we could sit and talk just like we used to do. You always meant so very much and always will do too. The fact that you're no longer here will always bring us pain. But you're forever in our hearts, until we meet again.

Loved deeply and sadly missed by her loving family.

Anniversary Mass will take place in Rathmore Church on Sunday, 1st December at 11:30am.

THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

AOC

NOVENA TO ST. MARTHA

0 St. Martha, I resort thee and to thy petition and faith, I offer up to thee this light which I shall burn every Tuesday for nine Tuesdays. Comfort me in all my difficulties thro' the great favour thou didst enjoy when Our Saviour lodged in they house. I beseech thee to have definite pity in regard to the favour I ask (Mention favour).

Intercede for my family that we may always be provided for in all our necessities. I ask thee St. Martha to overcome the dragon which thou didst cast as thy feet.

One Our Father and three Hail Marys and a lighted candle every Tuesday and the above prayer made known with the intentions of spreading devotion to St. Martha. This miraculous Saint grants every thing before the Tuesdays are ended. No matter how difficult.

4TH ANNIVERSARY

IN LOVING MEMORY OF

CATHERINE **CROWLEY**



HEADFORD, KILLARNEY WHO PASSED AWAY ON THE 4TH DECEMBER 2020

> Those we love don't go away They walk beside us every day Unseen, unheard, but always near So loved, so missed, so very dear

From all your friends in Pennys

18TH ANNIVERSARY

IN LOVING MEMORY OF MY BROTHER

IAMES WRENN



LATE OF 'WOODLAWN HOUSE' Woodlawn Road, Killarney WHO DIED ON THE 4TH DECEMBER 2006.

> The gates of memories will never close We miss you more than anyone knows Gone is the face we loved so dear Silent the voice we loved to hear.

Also remembering my parents and my brothers Denis, Patrick and Michael and my sister Eileen.

Loved and missed everyday by your sister Julie, brother-in-law Joe and family.



