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Friends of Niall McGillicuddy gather at St Brendan's College, for the launch of 'Christmas Jumper Day' in aid of CUH where 3 other Killarney Schools are on board to do the same! Details inside.... Front Row L-R Evan Looney, Rory Doyle & Eoghan O'Sullivan. Back Row L-R Neil O'Shea, Michael Lenihan, Padraic Looney, Emmett O'Shea & Ryan O'Grady. PICTURE: MARIE CARROLL-O'SULLIVAN





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EDITOR'S NOTE



It's officially Christmas In Killarney and last Saturday night, the town was packed with festive cheer as the first of the parades took place. The best friends of the late Niall McGillycuddy are holding a fundraiser in his memory, a retired Park Ranger is holding an

exhibition of his photographs at Killarney House and our photographer Marie Carroll O'Sullivan held her annual fundraiser for Jack & Jill.

We have lots of festive photographs for you in this week's

Killarney Outlook - Enjoy!

Aisling Crosbie, Editor

086 0400958

news@outlookmags.com



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

Best friends launch "A Gift For Niall" and everyone can take part

Seven of Niall McGillycuddy's closest friends have come together to launch a fundraiser in memory of the popular teenager who lost his short battle with leukemia in October 2018.

Ryan O'Grady, Ruairí Doyle, Eoghan O'Sullivan,

Evan Looney, Neil'O Shea, Emmett O'Shea, Mike Lenihan and Padraic Looney along with the help of their teacher Elaine Moynihan decided to hold a Christmas Jumper Day and invited local schools to take part.

On Wednesday last, the boys were joined by students from Killarney Community College, The Monastery and Holy Cross Mercy School to launch the fundraiser.

Speaking to the Killarney Outlook, three of the boys, Michael Lenihan, Evan Looney and Eoghan O'Sullivan said that they have chosen Ward 2D at Cork University Hospital as the recipient of the proceeds of the Jumper Day.

"Niall spent a lot of time in the ward and we decided it would be nice to do up the family room and put up a picture and a plaque to remember him" Michael said.

Niall, a gifted sportsman, is the son of Daithi and Sheila McGillycuddy and brother of Ellen and Jane and was a much loved friend and team mate.

On December 5th 2019, St Brendan's College, Killarney Community College, Presentation Monastery, and Holy Cross Mercy will participate in a Christmas Jumper day (A GIFT FOR NIALL) with the total amount raised going towards the renovation of this ward. This is the first time that these schools have engaged in a fundraiser of this manner - testament to Niall



The studens of St Brendan's College, Killarney Community College, The Mon & Holy Cross Mercy School, gather at St Brendan's College for the launch of Christmas Jumper Day which will take pleace throught all 4 schools raising funds for CUH in memory of the late Niall McGillicuddy, a student at St Brendan's College. **PICTURE: MARIE CARROLL-O'SULLIVAN**

and the impact of his passing on Killarney town. Niall's friends, Ryan O'Grady and Eoghan O'Sullivan, two of the boys behind the event, said: "We are very grateful to the 4 schools and their willingness to participate in this event, it is an acknowledgement of Niall and the McGillicuddys and how highly thought of they are in the community and also of the incredible work of the staff of ward 2D in the CUH".

"This day means so much to us and we really appreciate the efforts of everybody involved. Events like this will ensure that Niall will never be forgotten", Eoghan added.

Niall's closest friends will travel to Cork in the New Year to present a cheque for the total amount raised to the ward when a picture and plaque, acknowledging Niall and his memory, will be erected in his honour.

Niall's passing had a massive impact on the entire Killarney community. The objective of this day is, not only, to celebrate this fantastic young man, but also to raise as much money as possible for this worthy ward. With that in mind - while this is a 4 school initiative, the objective of the day is to raise as much as we can for this ward. Niall's friends would therefore like to invite anyone within the wider community who would like to make a donation to do so. All donations, big or small, will be gratefully accepted and can be dropped into St Brendan's College over the next week.

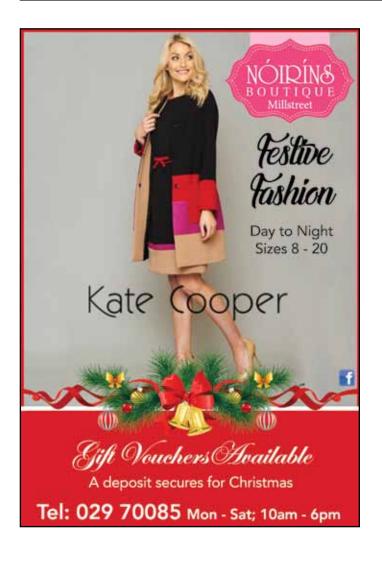


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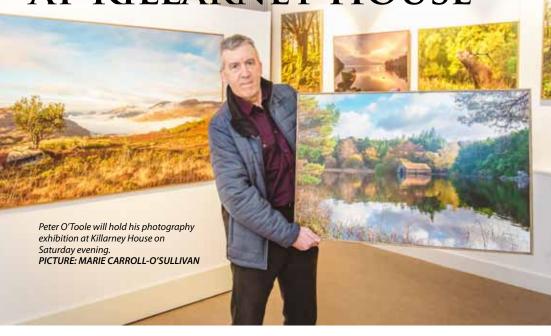
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A RANGER'S VIEW OPENS AT KILLARNEY HOUSE



PHOTOGRAPHY IS THE BEAUTY OF LIFE CAPTURED





A fter a career spanning almost 40 years spent in Killarney National Park, recently retired Conservation Ranger Peter O'Toole will now concentrate fully on his amazing photography work and this weekend an exhibition of his work to date will open at Killarney House.

Killarney National Park has been home to Peter from an early age.

"I had a love of the natural world. I grew up in a time with few modern day distractions and so my free time was largely spent out in nature. Fishing the Deenagh River, searching for birds nests and exploring Killarney's landscapes", Peter said.

"My grandfather and father introduced me to Killarney's lakes where I fly fished for brown trout and salmon. This experience in particular brought me closer to the natural beauty of Killarney". Peter started working in Killarney National Park as a Conservation Ranger in 1980 and several years ago he took up landscape photography - "this has given me the opportunity to capture the beauty of Killarney throughout the seasons of the year", Peter added.

"All of my images are taken in the area of Killarney National Park and I have found that my accumulated knowledge of the park, along with the use of my boat, allows me to view and capture Killarney's beauty from a different perspective".

Killarney National Park - A Ranger's View will be hosted by Killarney House and Gardens and the Department of Culture, Heritage and the Gaeltacht and will open on Saturday, November 30 at 7.00pm.

GIVING IS NOT JUST ABOUT MAKING A DONATION.... IT'S ABOUT MAKING A DIFFERENCE

MARIE CLICKS FOR JACK & JILL FOUNDATION

The click of the camera was heard in the International Hotel all day Sunday as Killarney Outlook Photographer Marie Carroll O'Sullivan held her annual photoshoot for the Jack & Jill Foundation.

Many of the families that Marie photographed on Sunday will use the images for their Christmas Card and when Marie posted details of the event this year – it sold out in 50 minutes.

Marie was helped on the day by Colette O'Shea, whose family were the recipient of the services of the Jack & Jill Foundation for her son Sean, who grew his angel wings eight years ago. Marie hosts this event every year in memory of two other very special children, baby Molly Ashe from Killarney and baby

Éanna Coffey from Valentia Island, both of whom were cared for by nurses from the Jack

& Jill Foundation. This year Marie raised an amazing €900 which is the equivalent of a full week of nursing for the charity.

"I was delighted to do this again this year", Marie told the Killarney Outlook. "It is so much fun and a privilege to photograph so many families and also make a contribution to this amazing charity and I would like to thank the International Hotel for their generosity in providing the location for the day and to everyone who availed of the offer", she added.



Some of the wonderful families supporting the Jack & Jill Foundation Photoshoot on Sunday at the beautiful International Hotel. PICTURES: MARIE @ THE LITTLE MEMORY GALLERY.





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AT THE HEART OF THE MATTER....

HEARTBEAT HOLD CARDIAC INFORMATION MEETING



Pictured at the Serenity Centre on St Anne's Road for the Heartbeat Meeting on Monday evening were L-R Joan Murphy, Dr Samer Arnous, Consultant Cardiologist in Bon Secours Hospital Tralee, University Hospital Limerick and Blackrock Clinic Dublin, Lucy Clifford, Mairead McCarthy & Michael O'Connor. PICTURE: MARIE CARROLL-O'SULLIVAN



Heartbeat Killarney held a very informative meeting on Monday last at the Serenity Centre on St. Anne's Road.

Cardiologist Dr. Samer Arnous who attends the Bons Secour Hospital in Tralee and University Hospital Limerick attended and spoke about many heart related topics. The large audience also got the opportunity to ask questions and to raise cardiac issues of concern to them.

"We were delighted with the attendance", Billy DF O'Sullivan told the Killarney Outlook", Dr. Arnous gave us some very valuable tips incuding the following:

If you are on a daily dose it is best to take aspirin in the morning rather than night. - The Jury is our on the practice of Vaping as a way to get off smoking. Some recent studies have expressed concerns about this. Young people who have not smoked should be discouraged from Vaping as taking it into young lungs cannot be good. - Serious reaction to taking Statins is very very rare in his experience over a long period. - Dr. Arnous is very concerned about the amount of time young people are allowed to sit and play on electronic equipment. He feels that if allowed to continue the total lack of exercise at that age will shorten life spans - Cholesterol levels can never be too low but the ratios between good (HDL) and bad (LDL) cholesterol needs to be monitored.

HeartBeat Killarney is a voluntary Cardiac Support Group for those with heart disease or who have had a cardiac event or stroke in their lives.

Run by heart patients and carers, its objective is to help people to return to living as full a life as possible.

They are a group of people who have experienced cardiac or stroke events, so if you have any worries about your heart and may hope that "things might be OK the way they are", come along to one of our meetings and tell us about it.

Heartbeat Killarney Kerry Cardiac Support Group meets on the last Monday of every month (except July and December) at 8pm in the Serenity Centre next to the Killarney Parish Hall just off St. Annes Road in Killarney.

Membership of the support group is free.

A full house at the Serenity Centre, St Anne's Road for the Killarney Heartbeat meeting L-R Billy O'Sullivan, Chairperson of Killarney Heartbeat, Dr Samer Arnous, Consultant Cardiologist in Bon Secours Hospital Tralee, University Hospital Limerick and Blackrock Clinic Dublin and Marie Flynn, Cardiac Rehab Nurse at the Bons Secours Tralee. PICTURE: MARIE CARROLL-O'SULLIVAN

Major improvement works for schools in Kerry next Summer

Three Killarney schools are among 16 local schools that will undergo major improvement works next Summer through Government funding provided under the 2020 Summer Works Scheme.

Minister of State for Tourism and Sport Brendan Griffin said the works are a vital investment for the future education of primary pupils and post-primary students in Kerry.

"The announcement confirms the Government's continuing prioritisation of capital funding for school buildings across Kerry which will enhance the learning and working environment for pupils and teachers.

The Killarney schools are: Raheen NS, Cullina NS and Killarney Community College





Champion jockey Oisin Murphy had victory this week when he won the Japan Cup aboard Suave Richard. The Killarney jockey has had a brilliant year, having being crowned top jockey for the first time

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FOR SALE

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Price Region: €550,000

BER C3

business.

NICKS, LOWER BRIDGE STREET, KILLORGLIN

Multi award winning restaurant and gastro bar established 1976. Unique opportunity to take over the reins of a world renowned restaurant in the bustling town of Killorglin with seating for 120 patrons. The property has a private three bedroom apartment at second floor level with independent access, ideal for an owner/occupier or for letting purposes.



Price Region: €480,000

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET





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Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.



ailte Ireland announced funding of €65,000 to support and develop Killarney's St. Patrick's Day events over the next three years. Minister Brendan Griffin made the announcement at the Kerry Tourism Summit this week at The Brehon Hotel in Killarney.

As the National Tourism Development Authority, Fáilte Ireland has identified festivals as a key component for tourism growth. The tourism development body is aiming to grow overseas visitors coming to Ireland to attend a festival to 300,000 by 2022. This growth is expected to generate €150million in revenue. Taking place outside the traditional peak tourism season combined with the geographical spread of

celebrations across Ireland, St. Patrick's Day provides a significant opportunity to grow tourism and extend the season.

In making the announcement, Minister of State Griffin said:

"Festivals and events play an important role in delivering brilliant visitor experiences and help to spread the benefits of tourism to communities throughout Ireland. The commitment of Fáilte Ireland funding and development support for Killarney's St Patrick's Day celebrations is a welcome boost and a significant opportunity to attract overseas visitors to Kerry outside the traditional peak tourism season."

Fáilte Ireland's Head of Festivals, Ciara Sugrue, added:

"We are positioning Ireland as 'the' place to celebrate St Patrick's Day. A sizeable number of visitors go to Dublin every year for the St Patrick's Festival but as part of our strategy to spread the benefits of tourism, we also want to develop St. Patrick's Day celebrations in locations across the country.

With a strong international proposition and a broad range of accommodation in the local area, Killarney's St Patrick's Day celebrations have the potential to motivate significant numbers of overseas visitors. We look forward to working with the organising committee over the next three years on a development plan that will see real growth."

Minister of State for Tourism and Sport, Brendan Griffin TD, has today announced funding of up to €65,000 through Fáilte Ireland that will help support and develop Killarney's St. Patrick's Day events over the next three years. Minister Griffin made the announcement at the Kerry Tourism Summit being held at The Brehon Hotel in Killarney. At the announcement were from left, Ciara Sugrue, Fáilte Ireland, Chamber of Tourism and Commerce Members, David Rae and President Paul Sherry, Bernadette Randles, Conor Hennigan and Josephine O'Driscoll, Fáilte Ireland.Photo:Valerie O'Sullivan

Kilcummin Defibrillator Group go from strength to strength

A generous contribution of €500 from Kilcummin Community Alerty Group has been welcomed by Kilcummin Defibrillator Group this week when the cheque was presented by Robert Keane to Willie Fleming.

To date there are 7 defibrillators located around the parish and are available 24/7 to everyone. Kilcummin GAA cub also has their own defibrillator located outside the club gate and each year the group holds a training event for anyone wishing to train or up skill in the use of an AED and CPR.

"We are very lucky with the kind donations we have received from locals, business owners and fundraising to have raised enough to set up the 7 defibrillators, to purchase each one is around €2000 and then maintenance costs", Sheila O'Connor from the Defibrillator group told the Killarney Outlook."

Our next training night will be in Spring 2020, follow us on Facebook kilcummin defib group or keep your eye on kilcummin notes in the weekly papers or newsletter for updates, any queries please contact any member of the group," she added.

"We also want to say a huge thank you again to Kilcummin Community Alert group - they are doing a great job around the parish and for their donation". Sheila said



Pictured are from left; Marie Maloney Defibrillator Group, Eileen Crowley Community Alert Group, Ben Brosnan Community Alert, Willie Fleming Defibrillator Group, Robert Keane Community Alert Group, Sheila O'Connor Defibrillator Group, missing from photo are Kilcummin Defibrillator Group members Johnny Guerin and Derek O'Leary.





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KNOCKASARNET, KILLARNEY

beautifully designed extension .(total 2,000 sq. ft. approx.) On c.1/2 acre. Only about 2 mls. From Killarney town. Great location.

P.O.A



KILLARNEY TOWN

4 bed-semi with a 2 bed attached apartment. Close to Old dwelling on c. 4.5 acres. farm buildings and yard. A beautiful, detached dormer bungalow. 4/5 bedrooms Tesco shopping centre at Park Road. Suitable for business/ Mains water, electricity etc. Only about 1 mile from Semidetached cottage with full planning for a modern, family home etc. Front and back garden with ample Milltown village and 8 miles from Killamey. Roadside parking. Needs some refurbishment

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with extensive frontage

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MILLTOWN, KILLARNEY.

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BARLEYMOUNT, KILLARNEY 6.5 acres approx. of rough land.

KNOCKASARNET, KILLARNEY Semidetached cottage with full planning for a modern, beautifully designed extension. (total 2,000 sq. ft. approx.) On c. ½ acre. Only about 2 mls. From Killarney town. Great location.

MILLTOWN, KILLARNEY.

A beautiful, detached dormer bungalow, 4/5 bedrooms on c.1/2 acre. About 1.5 miles from Milltown village, 3.5 mls.from killorglin and c.10 miles from Killarney. Nice scenic setting. Ber. pending Price region €275,000.

KILLARNEY TOWN. 4 bed semi with a 2 bed aptm. attached. Close to Tesco shopping centre in Park Road. Suitable for business or family home. Front and back garden with ample parking. P.O.A.

AGADOE KILLARNEY. 3 bed detached, about 1 mile from town, needs upgrading and renovation. Great location. P.O.A. Ber pending.

AGHADOE, KILLARNEY, The Old Killarney village, 3 bed semi with a new slate roof, 2 downstairs bedrooms, 2 ensuite with a very large garden price region €210,000.

UPPER LISSIVIGEEN, KILLARNEY. Spacious, detached, 5 bed dormer on c. 1/2 acre. extremely private, scenic and great residential location. Great family home with good garden to back and front. 8 ACRES OF DEVELOPMENT LAND only a few mins. walk to Killorglin town centre. Zoned

MANGERTON VIEW, OFF LEWIS RD. Killarney, Store/garage (14.5 ft.X 28ft.) on a site of total measurements 18ft.X100ft. Great location with good access

residential. Dry, level, roadside, scenic property with great potential.

MILLTOWN, KILLARNEY OLD HOUSE on c. 4.5 acres. 1 mile approx. from Milltown village and c. 8 miles from killarney. Roadside, mains electricity and water etc. Price region €125,000.

CASTLEMAINE VILLAGE Modern, detached, 5 bed, 2 storey. Beautiful spacious house in a very central location. Ber pending. Price region €230,000.

FIRIES AREA, KILLARNEY Country mansion on c. 39 acres approx of top quality land all in excellent condition.

FIRIES VILLAGE Modern licenced premises with a spacious function room and commercial kitchen. Generous living accommodation, lots of free parking and rear entrance.

KILCUMMIN OR FIRIES area, semi or detached house wanted for cash buyer.

BARLEYMOUNT, KILLARNEY 1.75 acres approx. field with specatular views

SPA/KILLARNEY 1 acre site, subject to planning, dry elevated, great location

CARAGH LAKE, KILLORGLIN, New, detached, 4 bed dormer, under construction. Close to n.s. very scenic area. Ber rating of "A" expected. Very modern build.

CARAGH LAKE/GLENCAR/KILLORGLIN area old 2 storey farmhouse on c. 2.5 acres. Very scenic tranguil setting in this very desirable location.

CROMANE VILLAGE Large, detached, 4 bed dwelling house, 4 bed, 2 ensuite, with former P.O. and shop attached. Large site c. ¾ acre. Needs renovation but ideal family home/ Eirb&b, hostel etc. KILLORGLIN TOWN (Ardmoneil) Detached 2 storey, 4 bed on c. ½ acre, zoned medium residential, with further planning possible. Extremely convenient location.

KILLORGLIN TOWN Modern , detached 3 bed, 2 storey dwelling, concrete build, great location, private, gated development. Price region €240,000 Ber pending.

KILLORGLIN, GOLF COURSE ROAD Delightful 2 bed detached bungalow, as new, superb location. **KILLORGLIN TOWN CENTRE** Licenced premises. Great location with extensive street frontage. Large building with "spacious Beer Garden." Needs some upgrading but has huge potential for food, entertainment etc. Attractively priced.

DOOKS, GLENBEIGH. Beautiful, detached bungalow with spectacular views. Very private with electric gates and many special features. Close to Dooks golf club.

CASTLEISLAND TOWN approx. 14 aces of land zoned industrial. Extensive road frontage on the main Tralee road.

FARMS/LAND

BEAUFORT/GLENCAR AREA. Residential farm of c. 37 acres. €5,0000 annual payments. Mixed quality land. Bounded by a beautiful river. Extremely scenic, tranquil setting. Price region €280,000. FARM FOR SALE AT KNOCKREAGH, MILLTOWN c.40 acres of good land in one lot with an old 2 storey dwelling, a slatted unit and barn, with Entitlements of approx. €7,500. About 2 miles from Milltown village and 8 miles from Killarnev.

BALLYFINNANE, FIRIES, KILLARNEY. 9 acres approx. in one field. Bounded by a river on one side and fronting the public road.

FIRIES AREA, KILLARNEY Country mansion on c. 39 acres approx of top quality land all in excellent condition.

140 ACRES APPROX. with a detached bungalow at Tulllig Beg, Killorglin. C. 110 acres of "cutaway bog" and c. 30 of grazing land with a detached bungalow, v. scenic & on the main Ring of Kerry rd. **FARM OR SALE** c.65 acres of good quality land with or without the 2 storey residence thereon. Approx. 4.5 miles from Killarney town. Various sheds and slatted unit. Good access road through the farm. Elevated with panoramic views. Viewing strictly by app. with the auctioneer.

AGHADOE, KILLARNEY Site with beautiful, panoramic mountain views, selling subject to full

AGHADOE Site roadside, approx 1 mile from town 1/2 acre selling subject to planning.

COOLIES, MUCKROSS, KILLARNEY c. 1 acre, private scenic location.

FAHA, KILLARNEY, c. ½ acre, dry, roadside, great location, bargain.

SITE AT ARDLAHAS, Beaufort c. 0.8 acre.

BALLYHAR AREA c. ½ acre site. Nice dry ground and has passed the percolation test. Price region €50.000 o.n.o.

TIRNABOUL c. 1 acre beside the Tirnaboul national school.

GLENBEIGH c. 1 acre in Glenbeigh with sea views.



Aileen Keane, Mehek Asgard Simonova, and Alana O'Connor.

Killarney students receive top awards

Two past pupils at St. Brigid's Secondary School in Killarney were presented with the Feargal Quinn Award at the LCA National Conference on Saturday in Athlone. Aine O Connor and Kate Nash who received an incredible 98% overall grade which is a distinction in LCA. The LCANA "Feargal Quinn Awards" are presented each year to those students who obtain the top credits in the LCA programme in Ireland. The awards are named after the late Senator Feargal Quinn, who was the first Chairman of the steering Committee for the LCA programme. It was he who oversaw the rolling out of the LCA, the embedding of it in the Irish Education system and he oversaw its continuing development in the following years.



Peggy Dowling LCA Co-ordinator, Aine O Connor, Kate Nash and Róisín Moore Principal.

BEE YOURSELF BANK LAUNCH

Students at St. Brigid's Secondary School in Killarney launched a project this week to encourage their classmates and others to become savvy savers and learn about the importance of money.

The Transition year class has opened what they have branded as the "BEE Yourself Bank" and the big launch took place this week in the school canteen. For the launch a hampers was raffled among customers.

During the year the student bankers will hold different events to raise money for the community. The school bank will open every Monday in the school and it will welcome pupils of all ages to start saving.

The bank is part of the Build A Bank Challenge which hundreds of schools get involved in each year. At the end of the process the girls will have to present the idea behind their bank to a panel of judges in the RDS Dublin in March. It's a great to be part of the Build a Bank challenge. This initiative is a wonderful opportunity for students to broaden their horizons and get the experience of running a Bank.

Students take part in Soroptimist Public Speaking Competition



Pictured at Killarney House for the Soroptimist secondary schools public speaking event were L-R Teresa Healy Rae (teacher), Kate Rudden (TY Student at St Brigid's College), Teresa Irwin (Soroptimist President for Killarney), Áine Cagney (Student at St Brigid's College) & Heather O'Donnell (Teacher). PICTURE MARIE CARROLL-O'SULLIVAN

The Killarney Soroptimist Club held the Kerry Finals of the Soroptimist Public Speaking Competition at Killarney House and Gardens on Thursday November 21st. The competition has been running for 38 years nationally and is open to girls in Senior Cycle of Secondary School. They will speak on topics provided by Soroptimist International Republic of Ireland.

'It is wonderful to be able to host this event for the first time at Killarney House and I would like to thank Mr. Pat Dawson and his team for providing this amazing venue", President Teresa Irwin said.

"We are delighted nationally to have the sponsorship of the world renowned bank The Hong Kong and Shanghai Banking Corporation (known globally as the HSBC) and thanks must go to Ms. Moya Murphy, our National Association Convenor for the past four years for securing this valuable sponsorship.'

Teresa congratulated all of the participants

for taking part and especially the winners on the day - Laura Foley from Mercy Mounthawk, Tralee. Laura chose her topic on Health and spoke on how Good Mental Health Is Fundamental To Thriving In Life and Kate Rudden from St. Brigids Secondary School, Killarney chose a topic on Education. Kate spoke about how Education Is The Most Powerful Weapon Which We Can Use To Change The World. These two students will now go forward to the Regional Final which is being held in Laurel Hill Colaiste, Limerick at the end of January. This competition encourages girls to play a more prominent position in public life.

Teresa also thanked the students, teachers, schools and parents for getting involved and ensuring the competition goes from strength to strength. The Killarney Soroptimist Club members have organised this event locally for many years and Teresa thanked them for their committment.



MONEY MATTERS..

By Dermot Cronin, **Financial Advisor**



WHEN CAN YOU ACCESS YOUR PENSION & WHAT ARE YOUR OPTIONS WHEN YOU WANT TO RETIRE?

You can normally get access to your pension from age 60, a lot of the rules depend on whether you are an employee or self employed. If you are coming close to retirement you are probably wondering what options you have when you want to get access to your pension. It depends on what type of pension you have but generally there are four options:

Tax Free Cash: Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

Taxable Cash: You may be able to take sum of your pension in taxable cash. **Annual Pension:** This is a guaranteed income for the rest of your life that is purchased with the money left after your tax free lump sum.

Approved Retirement Funds: You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income.

It is extremely important that you take your time and have all the options explained to you in plain simple English and that you understand all your options clearly before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with a financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

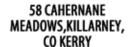
To discuss the above or any other matter Dermot Cronin QFA can be contacted at 0646622775 or dermotcroninifa@gmail.com

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Set in a mature established residential setting just off the Muckross road "Killamey's Golden Mile" and close to the centre of Killarney town and all amenities. The semi-detached property has been refurbished to high quality holiday let standard and is the ideal holiday, retirement or owner occupier property in a private tranquil setting enhanced by an adjacent array of mature trees and shrubs.

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Full Details Selling Agent Hennigan Auctioneers 064-6634582/087-2354416

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Damien McCarthy Assoc. CIPD 086 - 1936752

Employee codes of conduct- Employers guide

A code of conduct protects your business and informs employees of expectations. Even the smallest of organisations should develop a code of conduct, ideally coupled with an employee handbook, the benefits outweighing the time and cost of producing them.

What is a Code of Conduct?

An employee code of conduct includes expectations and defines acceptable behaviours. It differs from a code of ethics in that it contains information relevant to the individual and their behaviour on the job. Purpose of a Code of Conduct

The purpose of a code of conduct is to develop and maintain a standard of conduct, acceptable to the company, its vendors, customers and other employees. Differing from industry-to-industry, the conduct code usually includes behaviour guidelines consistent with company policies and reflects the company image. It also serves to remind the employee of what is expected of them in their actions, appearance, conduct and demeanour.

Example if Information to Include

- · Prohibitions on illegal activities,
- · Drugs, Alcohol & smoking policy
- · Foul & abusive language,
- · Discrimination and harassment.
- Cash handling

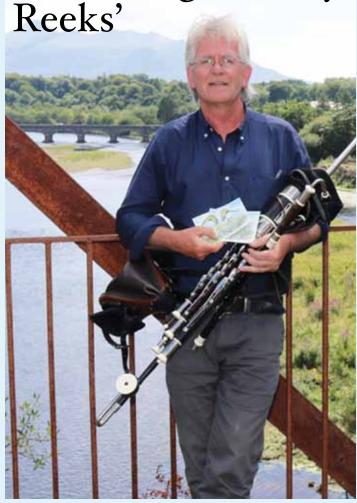
You may also include confidentiality expectations, procedures for customer service, calling in sick, expected dress and appearance and reporting procedures in emergencies.

For help, support and advice on the above or on any of your HR & Payroll needs please feel free to contact us.

HR Consultancy | Payroll outsourcing | Employment Contracts Policies & Procedures | Performance Mgt.

Email: info@killarneyhrb.ie Web: www.killarneyhrb.ie

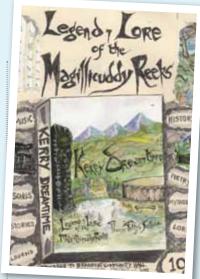
Launch date for 'Lore and Legend of the Magillicuddy



The culmination of five years work collecting the legends and the lore of Magillicuddy Reeks will be launched at Beaufort Bar on Thursday 12th December at 8pm, with Special guest, Áine Moriarty, CEO of Irish, Film, Television, Academy (I.F.T.A)

Kerry Dreamtime ... 'Lore and Legend of the Magillicuddy Reeks' was compiled by **Thomas** O'Sullivan and is an expression of the cultural content of the 'spine of Kerry', that is the Magillicuddy Reeks ... the songs, poems, stories, history, previously unpublished material including unique Beaufort ageold traditions including ... Biddys, the Kalem Films, 1910, etc. 'Kerry Dreamtime' is a cultural layer, a 'sense of place' complimenting the physical pristine landscape of the Reeks from dawn of the Ice Age, 10,000 years ago.

Kerry Dreamtime ... 'idir dá loch'... the landscape between Loch Léin to Loch Acouse contains seven exploring the seven chapters peaks ... Strickeen, Cruach Mhór, Cnoc na Péiste, Corrán Tuathail, Beenkeragh, Cathair na Féine and Screig Mhór and is a cultural portrait from either side of the Reeks Ridge ... the Black Valley on the south side and to the Laune Valley on the northern flanks. All illustrations are original to augment the stories, unusual photographs and even an original music composition ... Three Mazurkas of Peaks of the Reeks which incidentally, can be



downloaded

on iTunes via the email kerryonwalking@gmail.com

The title 'Kerry Dreamtime' is inspired by the Aboriginal Songlines/Dreamtime tradition, morphing, in this case, into the Kerry experience ... the Aisling/ Dreamtime of the Spéirbhean Poets of Sliabh Luachra. continued ...

This publication has its conception, initially in the setting up of Beaufort Historical Archive in cooperation with Beaufort Community Council and CE Scheme in 2014.

The book costs €10 and proceeds will go toward the Beaufort Community Hall Refurbishment Project in 2020. It is available from Beaufort Post Office, Beaufort Bars, Kate Kearneys, Kissanes Shop & Cronin's Yard, Crystal Cave & Gallery Beag, Upper Bridge St. Killorglin and at Owen Casey's, College St., Killarney.

Bike.... Row....Spin.....

Festive fundraiser to take place for lan

A Killarney gym who has recently rebranded is planning a Christmas fundraising event.
Belief Boutique Gym, who is operating on Lewis Road for the last six years are inviting everyone to their BIKE - ROW-SKI - ATHON.

Using the gyms concept bikes the aim is to get as much distance as possible in three hours.

"This is open to everyone and we are donating all funds raised to the lan O'Connell Rehabilitation Fund" Josie Sugrue, proprietor of Belief Boutique Gym told the Killarney Outlook.

Adults and children can take part in the fun event and a live link on the gym's facebook page can be used to donate or you can bring a donation to the gym on event day.

With a DJ, and some sponsored festive treats from near neighbours The Shire, this promises to be a fantastic family morning and all in such a good cause.





'Step out in Style'

with Quills Menswear Quality & Value

Since being established in Killarney in 1986 Quills have been to the forefront of the retail trade in the region A family run business it originated in the Tourism retail sector but there is more than one string to their bow. Running hand in hand with that business is a strong emphasis on Mens fashion and Casual wear.

And just to develop on this they have in November 2017, relaunched their Menswear with the opening of a new and revamped mens store at 4 High Street. Stocking leading fashion brands from Ireland such as Andre, Douglas, Remus, Mustang and Marc Darcy the ethos of Quills menswear is "Quality at the right price".

Specialising in suits, trousers, knitwear, jeanswear and shirts, everyones need will be catered for with a strong emphasis on customer service. Working hand in hand with top brands ,who can identify with the Irish market, designs are carefully selected and coordinated to make it easier for customers to choose. And the team at Quills Menswear will be on hand to assist in any way possible. So with the Festive season about to swing into action, why not call in and see what catches your eye to help you step out in style this Christmas.

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The Paps of Anú - Winter Solstice climb to celebrate our ancient past

The annual climb of The Paps held on the shortest day of the year celebrates the Winter Solstice on Saturday 21st December, 2019 will raise funds for the Kerry Hospice Foundation Palliative Care.

These ancient sacred summits, 'The Paps of Anú', resemble a pair of breast shaped hills known as 'The Paps' in the Derry Na Saggart Mountains close to the Cork Kerry border. The Paps have long been associated with mythology, mystic and majesty. The Goddess Anú representing all that is earthly fertile, abundant and protective. With kind permission of local landowner Sean

O'Donoghue, Glenflesk, and neighbour Jimmy : ceremonial solstice repast of coffee and scone Moynihan, the walk departs from Garries takes place in the Plaza Hotel, Killarney at Bridge - the first bridge after St Agatha's Church, Glenflesk, Meeting at 5.45am. A long walk in to the summit has two strenuous inclines, leading to the Western Pap at 690 Metres. Sunrise and Craic begin, with Glenflesks finest musicians Derry and Rosie Healy, setting the pace for a Kerry polka set, followed by an ancient ceremonial Blessing by another Glenflesk Native, Mary Cronin. The trek will be led by expert Mountaineer Donie Mulcahy and crew. After descending the ancient mountain,

10.30am (the Basecamp) Donation of €20 per adult will be collected on the morning and afterwards in Killarney Plaza Hotel.

It is advised to wear/bring Head Torch, Warm clothes, hiking boots, waterproof jacket and pants, gloves, hat, food and a drink. A good level of fitness is required.

Guides will be on duty for gear check before departure.

PICTURE: VALERIE O'SULLIVAN

TIMOTHY TO REPRESENT IRELAND IN THE US

A sixth year student at Killorglin Community College will represent Ireland in Anaheim, California at the International Science and Engineering Fair 2020.

Timothy McGrath, a sixth year student from Killorglin Community College was named the overall winner of SciFest 2019, for his research and development of a biofilter to combat oceanic and freshwater dead zones, and will go on to represent Ireland at the International Science and Engineering Fair (ISEF) in Anaheim, California next May. Funded primarily by Science Foundation Ireland (SFI), Intel Ireland, Boston Scientific and Specsavers, SciFest is an all-island STEM (science, technology, engineering and maths) initiative which fosters active, collaborative and inquiry-based learning among second level students.

Timothy was presented with the the SciFest 2019 SFI Intel ISEF Award by Margie McCarthy, Head of Education and Public Engagement Science Foundation Ireland after securing his place at the National Final after his victory at the SciFest regional final in IT Tralee.

Through research Timothy realised that eutrophication, an enrichment of water by nutrient salts, which causes structural changes to the ecosystem, turns huge areas of the ocean into dead zones and affects many countries as a result. Dead zones are lowoxygen areas in the world's oceans and large lakes, caused by excessive nutrient pollution from human activities. Timothy's created a technically viable solution and built a structure Timothy McGrath, a sixth year student from Killorglin Community College was this afternoon named the overall winner of SciFest 2019, for his research and development of a biofilter to combat oceanic and freshwater dead zones, and will go on to represent Ireland at the International Science and Engineering Fair (ISEF) in Anaheim, California next May.

that stored a halophyte ecosystem that would reduce nutrient pollution, decreasing algae blooms and deoxygenation of ocean water and freshwater.

The 2019 National Final marks the culmination of the 14th successful year of the SciFest programme, a year which saw a record number of over 10,000 students participating in local

and regional SciFest STEM fairs across the country. Since launching in 2008, more than 70,000 students have participated in the competition, representing an average year-onyear increase of almost 20% in participation. Timothy was one of 77 students who went on to exhibit 41 STEM projects at the National



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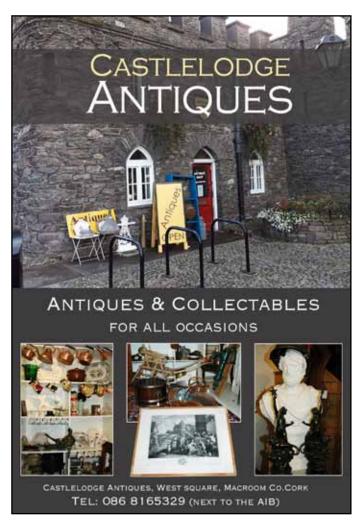
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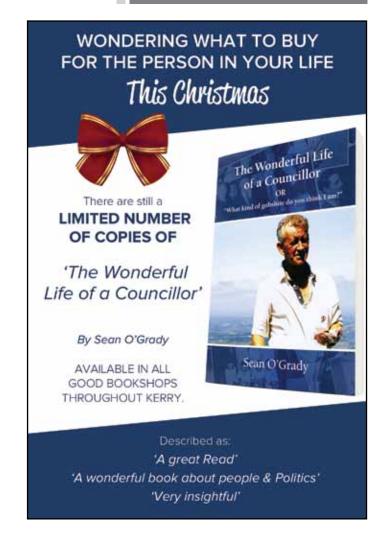
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BUSINESS

OUTLOOK

GROW YOUR BUSINESS HERE - WITH US!

This week the Killarney Outlook looks closer at Kerry Plant & Tool Hire and the joint initiative launched against Illegal Moneylenders

BLACK WEDNESDAY EVENT AT KERRY PLANT & TOOL HIRE



"Black Wednesday' at Kerry Tool Hire L-R Kevin Ryan DeWALT Rep, John Clifford & Kevin Herlihy, proprietor of Kerry Tool Hire. PICTURE: MARIE CARROLL-O'SULLIVAN

Black Friday was replaced by Black Wednesday this week at Kerry Plant and Tool Hire when they held a very successful event with huge discounts available on the day.

Based in Woodlands Industrial Estate, Kerry Plant & Tool Hire carry a full range of Trade and DIY tools and equipment. The company, which has a reputation for its reliability, affordability and experience offer a full back up service.

They stock power washers, dehumidifiers, heaters and water pumps and are open from Monday to Friday from 7am - 6pm and on Saturday from 8a, - 5pm.

Kerry Tool & Plant Hire can be contacted on 064-6633429 or by email on kevin@ kerrytoolhire@gmail.com



Pictured at Kerry Tool Hire for their 'Black Wednesday' sale L-R Michael Brosnan KSystems, Charlie O'Connor & John Clifford of Allo Sales/Kerry Tool Hire with Leon Creamer of KORE Insulation. **PICTURE: MARIE CARROLL-O'SULLIVAN**

Say No to Illegal Moneylenders - where the lending has no ending



Sergeant Grace O Connell, John O Regan, Chapter 23, Eamon Foley, MABS, Paddy Kevane, SVP, Helen Courtney Power, Chapter 23.

"Say No to Illegal Moneylenders" is the message from Kerry MABS, Kerry and West Limerick Credit Unions, Society of Saint Vincent de Paul and the Gardaí who have come together to highlight the fact that illegal money lending has no ending."

John O Regan, PRO, Chapter 23 Kerry and West Limerick Credit Unions stated "the lead up to Christmas can be a challenging time for a lot of vulnerable people who may be caught up in a cycle of moneylenders. Loan rates can be very high and people can be caught in a vicious cycle of repeat borrowers without ever getting out of debt. Although we are all independent organisations, we have come together to advise people to avoid borrowing from illegal moneylenders in the lead up to Christmas".

Support organisation MABS are on hand to help and offer free financial advice. The credit union can assist with a much lower rate of interest and flexible repayment terms. The Society of Saint Vincent de Paul can also help to put practical measures in place and offer services such as meals on wheels, food hampers, fuel poverty, education etc.

Speaking to Eamonn Foley, Kerry MABS "Illegal moneylenders and are not to be confused with legal moneylenders. While legal moneylenders charge very high interest rates they are regulated by the Central Bank of Ireland where legal credit agreements are in place and set code of practice under the Consumer Protection Code for Licensed Moneylenders must be adhered to.

Eamonn added "Illegal Moneylenders are different they are people who use their own money to lend to people. What may or may not start off as a gentleman's agreement can end up turning very nasty. Illegal moneylenders

are not legal, there are no legal credit agreements in place. In a lot of cases we have heard there may be intimidation, threatening behaviour and harassment. The Gardaí are involved in this campaign to highlight the level of illegal moneylenders activity in Kerry. We would ask people to think twice before getting involved with illegal moneylender activity, if you do go down this route and need support then we would encourage you to contact the gardai confidentiality who will investigate this matter."

For a list of support organisa-

MABS: 076-1072190 – www.mabs.

Garda Siochana – Contact your local garda station

St Vincent de Paul – 066-7128021 www.svp.ie

Credit Union – www.creditunion.

26 Outlook 29.11.19



Have you had your Credit ReUnion?

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loans@killarneycu.ie Email

killarneycu.ie

Loans are subject to approval. Terms and conditions apply. If you do not meet the repayments on your loan, your account will go into arrears. This may affect your aredit rating which may limit your ability to access credit in the future. Killorney Credit Union Limited is regulated by the Central Bank of Ireland.



WHERE MEMBERS MATTER MOST







Society of St. Vincent de Paul

SOCIETY OF ST. VINCENT DE PAUL | New Street Car Park, Killarney, Co. Kerry Contact Office: 064 6634012 | Mobile: 087 6164888/087 7718200

Christmas Appeal 2019

The St. Vincent De Paul Society are holding their Annual Christmas Church Gate Collection at the Cathedral, Friary, Church of the Resurrection and Muckross Churches,

ON SATURDAY 7TH AND SUNDAY DECEMBER 8TH

ANNUAL CHURCH GATE COLLECTIONS

7th & 8th December 2019 Beaufort | Glenflesk | Fossa | Kilcummin | Clonkeen | Barraduff

Alternatively anyone who would like to subscribe to the society's Annual Christmas Appeal, kindly hand into

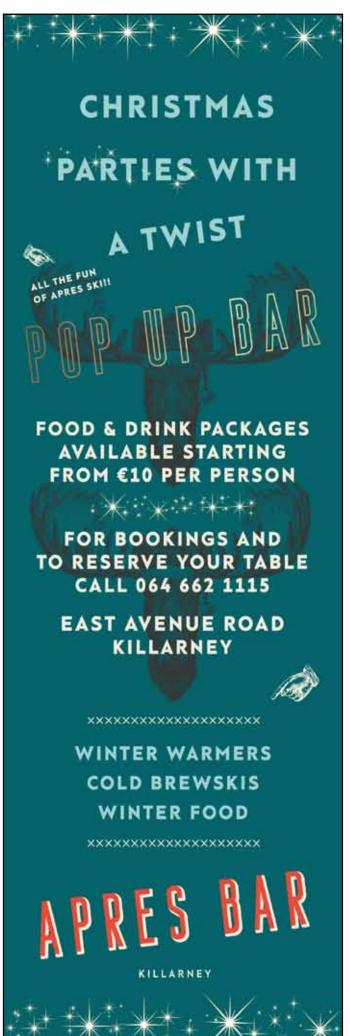
SVP OFFICE, GREEN LAWN, NEW STREET, KILLARNEY. Open Monday to Saturday 10.00am to 4:00pm

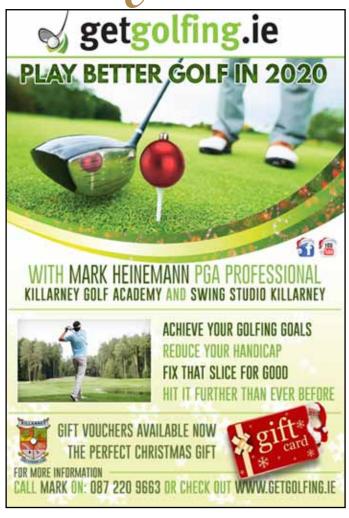
We take this opportunity to thank each and everyone for your ongoing support.

T: Office: 064 3364012 - Mobile: 087 7718200 / 087 6164888

We wish a Peaceful & Joyous Christmas to all

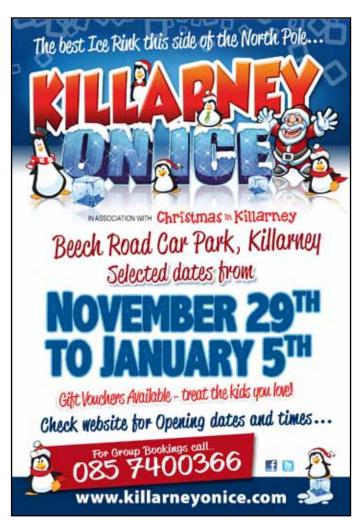














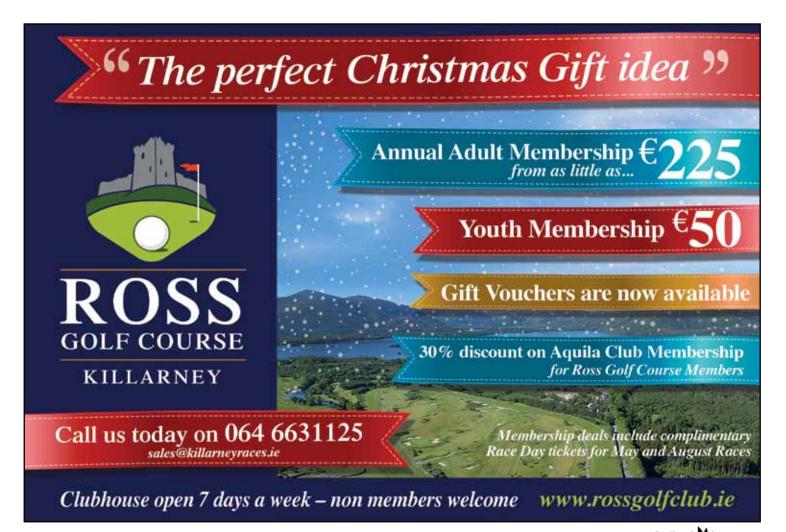


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Muckross captures the Magic of Christmas

wonderful ceremony to celebrate Magic at Muckross was held at the weekend when Christmas was launched at Muckross House & Gardens.

It was truly magical day with the switching on of the lights, capturing the magic and Christmas feels to all who attended.

Santa arrived from the North Pole accompanied by Mrs Claus to officially light up the Muckross Garden Restaurant. They were welcomed to Muckross by the Holy Cross Mercy Primary School Choir singing 'Santa Claus is coming to town' followed by a countdown to the lights by Mr & Mrs Claus with the help of all the boys & girls.

The team from the Garden Restaurant laid on a truly festive spread with mulled wine, mince pies,

reindeer cookies & gingerbread men, the festive spirit has definitely arrived to Muckross House & Gardens and their enchanting decorations are not to be missed.

The Christmas magic continues in Muckross Craft Centre with an exclusive late-night shopping event this Thursday 28th November with up to 25% off in the store! Think Green Friday this year & shop local and they have a wide range of gifts from handmade Muckross Pottery to handmade Mucros Weavers scarfs to a fabulous range of jewellery. They will also have Christmas carols, mulled wine and more festive treats on the night!



Children from Holy Cross Mercy National school preform at Muckross House & Gardens.



 $Santa\ and\ Mrs.\ Clause\ meet\ staff\ at\ The\ Garden\ Restaurant\ in\ Muckross.$

Santa and Mrs. Clause meet staff at The Garden Restaurant in Muckross.

Patient experiences being impacted by Govt neglect of University Hospital Kerry

Fianna Fáil TD for Kerry John Brassil says patients and staff are suffering as a result of Fine Gael's failure to properly manage the health service.

He was responding to the latest HIQA National Inpatient Experience Survey, which found that the bulk of patients attending UHK had a mostly positive experience, the majority of patients spent longer in the Emergency Department before admission, than HSE recommended targets.

Deputy Brassil said, "According to this survey, more than two thirds of patients admitted to University Hospital Kerry waited longer than the six hour timeframe. In fact, 11% of them were over 24 hours in ED before they were given a bed on a ward. Seven people who took part in the survey waited more than 48 hours for a bed.

"Despite these shocking statistics, patients did not necessarily have a negative overall experience, and this is solely down to the amazing staff at the hospital. They are working under unacceptable conditions, yet always put patient care first – and this is reflected in the experiences of patients. I want to thank them for the care and support they give their patients, and for the dignity with which they treat them.

"The situation at UHK is completely unacceptable; overcrowding in the Emergency Department, thousands of lost bed days as a result of delayed discharges and cuts to services mean that patients and staff are being adversely affected.

"We need a radical rethink of how our health services are being run, with a bigger focus on community healthcare. Unless we see a shift in direction soon, our hospitals will be unable to cope", concluded Deputy Brassil.









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THE IMPORTANCE OF TAKING REST DAYS AND ACTIVE RECOVERY WHEN TRAINING OR EXERCISING REGULARLY

CONTINUED ...

As Xmas is only a few weeks away,a lot of people want to get healthy and fit for Xmas...so,are you setting the right goals for urself...you might ask,do we av to have goals....and the easiest answer is yes...always make sure the goal suits you...always make them realistic and achievable and set out your options for goal setting...these options might include,how many days will I train in the gym or personal trainer...or will I do some training outside of my gym program..another option could be to change a few things in your diet...

So decide what your options will be to reach your goal and give a timeline that will help you reach your target...at first you might struggle but always make sure the goal suits you and your journey to getting healthier and fitter...we here at B well fitness studio are always available to give you advice on how to reach your goal and leads happy ,healthier lifestyle.

B WELL FITNESS CLUB: 087-7643449

www.fitnesswithedele.com

Betty Crosbie at the Chernobyl stall at the Food and Craft Fair at the Killarney Outlet Centre. Photo: Des O'Connor



All smiles for the camera at the launch of the Christmas Lights in Muckross.

HEADACHES IN CHILDREN AND ADOLESCENTS

1

Dr Feraus

Affecting over 75% of school aged children. While most headaches are due to primary headache disorder such as migraine or tension type headaches, in a small proportion they

can be an indication of a serious neurological condition. Simple causes of headaches in childhood are prolonged fasting, dehydration, dietary problems, watching too much television or using electronic devices for too long and also issues related to stress.

It is important to take matters further and seek medical opinion in the following circumstances, which are referred to as "RED FLAGS".

- Headaches associated with a change in personality, behaviour, or worsening school performance.
- 2. First Severe Headache.
- 3. Worsening severity of the headache or change in character of the headache.
- Headaches when lying down, bending down, coughing and or straining. They indicate increased intracranial pressure.
- 5. Headaches associated with seizures.
- 6. Headaches associated with visual impairment.
- 7. Headaches associated with head tilt or abnormal gait.
- 8. Headaches at back of head that may or may not radiate to shoulder.

Also generalised headaches after a head injury like a concussion that persists and is generalised.

After a bump in the head it is normal to get a pain over the lump that the injury causes, but if that headache spreads to a generalised headache it may be serious, indicating increased brain pressure.

Dr. Fergus Leahy, Consultant Paediatrician *FRCPCH (Lond), FRCP (Can), FCCP (USA), FRCP (Ire), D.C.H (Lond), M. Sc (Paeds)*The Scotia Clinic, Manor West, Tralee



Pictured at the Killarney Royal Hotel for the coffee morning organised by the parents council at Killarney Community College to raise funds for Jigsaw Kerry & the school were L-R Carol Turner, Jurga Anderson & Charlotte Cronin. PICTURE:MARIE CARROLL-O'SULLIVAN



Pictured at the Killarney Royal Hotel for the coffee morning organised by the parents council at Killarney Community College to raise funds for Jigsaw Kerry & the school were L-R Noralizah, Swarna, Marianah, Nik Zamzuriana, Sharizma Aziz & Kelly Perez.

PICTURE: MARIE CARROLL-O'SULLIVAN





Symptoms of ear wax buildup:

- **Itchy Ears**
- Tinnitus (Ringing in the ears)
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- Earache
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Don't wait weeks. Microsuction ear wax removal is a safe and non-invasive procedure, suitable for most people including hearing aid users.

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FREE ADULT HEARING



Become the master of your ENERGY!

Do you find yourself feeling tired or drained after being around certain people? Or, maybe you find that you carry other people's problems or worries and end up making them your own? People who are often very sensitive have the ability to pick up on another person's energy and it can leave them feeling exhausted.

We all do this to some degree or another, however when you find that you feel consistently tired or low in energy it may be time to make some changes.

Here are my top three Coaching tips for managing your own energy and boosting your vitality.

· Whenever you are around people who challenge you in any way, take a few deep breaths in and out and mentally imagine you have a beautiful invisible and strong forcefield around you. Imagine it like a bubble that allows you to receive and give just exactly the right amount of energy you desire. Imagine that other people's "stuff" just simply bounces off this bubble!

- Meditate for two minutes first thing in the morning. Sitting quietly and focusing on your breath for two minutes at the start of every day, brings you into a state of easy calm and wellbeing. How we start our day is how we continue our day.
- Smile and change your posture. Observe how you habitually stand, move and sit. Changing your energy means changing how you move. Draw your shoulders back and down, lift your chest, smile, lengthen your spine, relax your jaw, fingers and allow your hips to soften. This helps to put you in the best position (literally) to manage life's events.



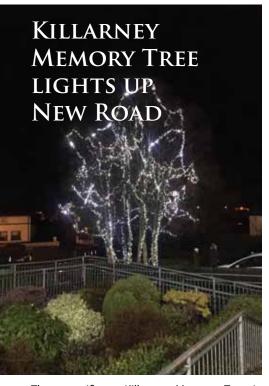
T: 066 9766374

E: life_coachingunlimited @yahoo.ie









A CELLAR

The magnificent Killarney Memory Tree is lighting up New Road ahead of the Christmas Season.

The tree, which is in the grounds of Holy Cross Mercy School will commemorate those who have passed away.

"We thank everyone who has supported this initiative in the past as it is an extremely important fundraiser for our school", Rhona Healy told the Killarney Outlook.

The lights on Killarney's Memory Tree will be lit during the Christmas season and the official switch on will take place on New Road, Killarney on Wednesday, December 11th @ 7pm.

A mass to rememer everyone commemorated will take place on December 18th at 1.30pm in St. Mary's Cathedral and is everyone is welcome to attend.

Lights are available from local outlets, Holy Cross Mercy School on New Road, Staff Members and pupils (of Holy Cross Mercy School) and members of the Parents' Association. They can be ordered in memory of a loved one for a suggested donation of €5. All proceeds are in aid of Holy Cross Mercy School, Killarney. Please contact 064-6631241 for further information.



Killarney, as Dochás drama members, Patricia McSherry, left as the downstairs servant, listens to Head House Keeper Liz Ryan, reading Charles Dicken's classic Christmas story 'A Christmas Carol'. Traditional Victorian Christmas decoarations in keeping with 'the big house' adorn the downstairs of the house. PHOTO:VALERIE O'SULLIVAN

GOSPEL CHOIR CONCERT

A wonderful celebration of Christmas will take place this Sunday at The Friary. The three Kingdom Gospel Choirs will come together to officially start the Festive season at 3pm with all donations going to MS Ireland.

The Kingdom Gospel Choir, The Kingdom Youth Choir and the Kingdom Kiddies Gospel Choir have been practicising under the baton of musical director Caoimhe Lynch in the run up to the concert which promises to be a magical afternoon. There will be a donation box on the day wil everything going to the worthy charity, MS Ireland.

ANXIETY IN CHILDREN

A Free Workshop for Parents/Guardians will take place on Monday December 2nd 2019 at SouthWest Counselling Centre, Lewis Road, Killarney from 9.30am to 12.30pm There has been such a rise in anxiety in children and many parents in our community seek support. If you have any queries please contact 064 6636416.

CHRISTMAS GIFTS AT THE FRIARY

The Friary Bookshop have a large selection of Cards, Cribs and Religious items for sale this Christmastime, Also Trocaire Christmas giftsforsaleintheFriaryofficefortheimpoverished peopleof Africa, Latin America & Middle Eastern Countries.

BINGO

Takes place every Thursday night in St. Mary's Parish Hall

KILLARNEY PARISH SILVER CIRCLE

- Week 7 Results

1st Prize €500: Pat & Margaret Cronin, Ardshanavoolev

2nd Prize €250: Suzanne Scully, St. Mary's Ter-

Winners of €100 each are as follows

Mary Quinlan, Woodlawn Road

Tim Lenihan, Ballyhoulihan, Boherbue Joan O'Leary. Woodlawn Park

June O'Sullivan & Madeline O'Donoghue Jennifer O'Connor, Castleisland

Winners of €75 each are as follows; Enda O'Mara, High Street

Kitty & Eamon Toland, Scartlea, Muckross Margaret Curtin, Killegy Lower, Muckross Mike Riordan, Ferndale Avenue

Eileen Nagle, Allmans Terrace

Richard Leane, Leanes Tool Hire

Peg O'Grady, Whitebridge Manor

Rena Healy, Kilcummin Post Office

This week's prize money is sponsored by: Killarney Oaks Hotel, Hegarty Bros, O.C.K.T. Accountants, Safeguard Security, Downing,

Courtney & Larkin Solicitors, Killarney Oils Ltd, Jim Gleeson Dental Practice & Sheahan's Pharmacy



TREE OF LIGHT A REAL **COMMUNITY PROJECT**

A magnificent 100ft Tree of Light on the grounds of St Mary's Cathedral, which will become the main focal point for the Christmas in Killarney celebrations, will sparkle to life on the evening of Sunday, December 8.

It will feature close on 3,000 lights, topped with a giant star and they will be officially switched following a short ceremony in the cathedral, commencing at 6.00pm.

The decoration and lighting of the landmark giant Californian Redwood tree is a collaboration between a Christmas in Killarney Festival sub-committee and the Killarney parish and it will create a wonderful focal point in the town in the lead up to and during the festive season. The service just prior to the eagerly anticipated switch-on will be a real community effort with the town's civic leaders, students from local schools and local businesses all participating in a ceremony that will be led by Killarney Parish Administrator, Fr Kieran O'Brien.

An invitation is extended to all community groups, schools, clubs and organisations, families and individuals to join in what promises to be a wonderful Killarney celebration featuring readings, prayers, song and reflections on December 8, at the close of what is traditionally one of the busiest Christmas shopping days of the year.

The Tree of Light was first lit to mark the millennium year when it commemorated all those who lost their lives in the conflict in Northern Ireland and it was again illuminated in the mid 2000s to remember those who had been killed on Irish roads.

This year's project is all about community and it will celebrate the fact that Killarney is such a wonderful town to live in.

The feature Californian Redwood tree, adjacent to a Famine graveyard on the grounds of the cathedral, is one of the most wonderful visual features in Killarney and it will greet tens of thousands of visitors passing the cathedral on their way to and from Killarney during the festive season.

The tree will be fitted with up to 3,000 lightweight, energy efficient bulbs and it will certainly provide a spectacular focal point in Killarney this Christmas.



O'Sullivan with Tree Surgeon, Billy Tangney Killarney, who assistanced assembling the 3000 individual energy efficent bulbs. PHOTO: VALERIE O'SULLIVAN





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FULL-TIME COURSES

	CODE	COURSE TITLE	START DATE	DURATION/ WEEKS
	246287	Reception & Clerical Skills, Killarney 2 December Start your journey in Office Administration and Customer Service.		
	238514	Food Preparation and Cooking, Dingle An excellent introduction to the Culinary Arts.	25 November	20
	238492	Broadcast Production Skills Traineeship Nationally renowned traineeship for crew skills. Only one in Irela	25 November and.	52
	246900	Bus Driver - D Licence Gain D-Licence & CPC. Pre-Requisite: D-Licence Learner Permit.	25 November	12
	238611	Heavy Goods Vehicle Driver - C Licence (Rigid) Achieve C-Licence & CPC. Pre-Requisite: C-Licence Learner Pern	2 December nit.	8
	269787	NEW Software Development Diploma Accelerated bootcamp programme by Code Institute. Only one	2 December in Ireland.	15
	269205	Coded Pipe Welding Get ASME IX and EN 9606-1 certified.	13 January	24
	256905	European Computer Driving Licence V6 (ECDL) Master your PC skills. Internationally recognised qualification.	17 February	18
	232081	Digital Photography Learn the craft of digital photography.	17 February	14
	256901	NEW Computer Aided Draughting & Design Newly Revised & Updated. Become a qualified CAD Technician.	24 February	34
	246899	Wind Turbine Maintenance Technician Traineeship Unique industry-led traineeship with 100% job placement. Only	24 February one in Ireland.	38
	256912	Retail Skills Health & Beauty (Pharmacy) Traineeship Comprehensive training for pharmacy and over the counter sale	2 March s.	39
	256918	Bus Driver - D Licence, Killarney Gain D-Licence & CPC. Pre-Requisite: D-Licence Learner Permit.	2 March	12
	269810	Manual & Computerised Payroll & Bookkeeping, Killarney Become job ready in this essential business skill.	23 March	13
	274213	Fibre Installation Technician Become a qualified fibre installation technician in just 6 months.	6 April	24
	269805	Culinary Arts (Food Preparation & Cooking) An excellent introduction to the Culinary Arts.	11 May	20
	271748	NEW Construction Ground Work Skills Develop key construction and groundwork skillsets.	18 May	22
	274205	Healthcare Support (Castleisland/Killarney) Become a qualified carer for the elderly 20 weeks work practic	18 May e.	20
	270309	Manual & Computerised Payroll & Bookkeeping, Tralee Learn payroll and booking become job ready.	8 June	13
	270321	IT Support Specialist Traineeship Spend 12 months in our Cloud Lab Comptia & Microsoft accre	15 June editations.	56













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KILCUMMIN NEWS

Written by: John Moriarty

COMHALTAS NEWS

What a great weekend of competition over the two days during the "Ceol an Gheimhridh" competitions which were held over the weekend with music in IT Tralee North Campus Tralee on Saturday and dancing held on the Sunday in the Fossa Community Centre.

We were delighted with our U11 music quartet consisting of Eoin Ó Foghlu Accordion, Joe Conchubhair Accordion, Neabhain Ní Suilleabháin Fiddle, Séan Pléimonn Tin Whistle who went on to achieve 1st place in a very competitive age group. Eoin also achieved an individual 3rd place in the U11 reed.

On Sunday our dancers in all age categories excelled and as such, was demonstrated by the results listed below. It was a splendid indication to see the hall awash with so many competitors decked out in our all too familiar lilac colours of KIlcummin Comhlatas and what a performance by all involved.

Thanks also to our trainers Adrian, Mary & John Moriarty.

RESULT IN CEOL AN GHEIMHRIDH SUNDAY 24TH OF NOVEMBER 2019 FOSSA KILLARNEY

U11 Ladies Set

1st - Rebecca O'Leary, Abbie McGuire, Emma O'Donoghue, Ciara Foley, Andrea Counihan, Caoimhe O'Callaghan, Roísín O'Sullivan, Alison Pigott. 2nd - Sadbh O'Halloran, Emily Brosnan, Caragh O'Donoghue, Aoife Doolan, Marissa O'Connor, Shona O'Brien, Aine McSweeney, Sofia Browne, U11 Mixed Set

1st-JackTeahan, Abbie McGuire, Ronan O'Connor, Andrea Counihan, Dylan Counihan, Rebecca O'Leary, Joe O'Connor, Emma O'Donoghue.

2nd - Michael O'Connor, Ciara Foley, Diarmúid Moynihan, Roisin O'Sullivan, Eoin Foley, Alison Pigott, Darragh Keane, Caoimhe O'Callaghan.

U11 – 14 Ladies Set

1st Chloe O'Donoghue, Saoirse O'Brien, Clara McCarthy, Cliodhan Sweeney, Maeve O'Connor, Kerrie Lenihan, Sarah Pigott, Ellie Finnegan.

U11 - 14 Ladies Set

1st Gavin Cronin, Cliona Doolan, Michael Healy, Clíodhna Sweeney, Aaron Buckley, Maeve O'Connor, Ronan McCarthy, Kerrie Lenihan.

KILCUMMIN COMMUNITY NOTES COMHALTAS

CHILDREN'S MASS CHRISTMAS EVE:

Kilcummin Comhaltas would like to invite Children of all ages to take part in music and song in the Chilkdren's Mass on Christmas Eve. Practice nights are Monday the 9th and Monday the 16th of December at 7pm in the Church in Kilcummin.

ALL CHILDREN WELCOME.

FACEBOOK

To keep up to date with Comhaltas and Branch news please go to our Facebook page at Kilcummin CCÉ.

KILCUMMIN CHRISTMAS CRAFT FAIR

Kilcummin Christmas Craft Fair will be held in Kilcummin Recreational Hall on Saturday 7th December (6pm-9pm) and Sunday 8th December (11am-1pm). Raffle tickets for hampers on sale with proceeds going to Parkinson's Association

CHRISTMAS WREATHS



Girls under 11 set - 1st place with their trainer Adrain Moriarty.

Christmas Wreaths (Grave & Door) for sale or preorder and collect in Kilcummin Recreational Hall on the weekend of December 7th and 8th (At the Kilcummin Craft Fair) after 7.30pm and 11.30am Mass. Grave Wreaths €11 and Door Wreaths €13.50. Contact Mary 087 6447536.

FOLK, LAND AND LIBERTY

'Kilcummin, Folk, Land and Liberty' is currently being printed and will be launched in December 2019.

SHEP

Seasons for growth, living with Grief, Loss and Change in Life, is a free course for adults run for 20 hours over 8 weeks. Start date Thursday 5th December 2019. For more information or to book a place tel. 087-7728089.

KILCUMMIN GAA EAST KERRY MINOR CHAMPIONSHIP FINAL (DIV 3)

Kilcummin 2-20 Glenflesk 3-13

Our minors gave selector Darragh Kelly a perfect wedding present by adding the East Kerry Division 3 title to the East Kerry league won earlier in the month over Glenflesk. There has never been much between these two rivals over the years and it was the same in Farranfore on Sunday last. Very evenly matched with scores being swapped throughout, the half time scoreline reflected this Kilcummin0-9 Glenflesk 1-6. The second half followed the same pattern but Glenflesk forged ahead early on and looked to be gaining the upper hand but a goal from Dylan Murphy and some inspirational points from man of the match and Captain Paul O Shea had Kilcummin in the driving seat. However Glenflesk fought back and goaled themselves to leave the game on a knife edge but Cian Foley settled the nerves when he finished a fine move to the net. When Danny Cronin, Philip O Leary and Cian Foley added further points Kilcummin looked home and dry but Glenflesk didn't believe it and hit the Kilcummin net following a rebounded free kick. Adam O Sullivan put us back in a four point lead as Glenflesk's goalkeeper had a goal disallowed for a square ball six minutes into time added on. The final whistle brought a long season to and end where these bunch of lads have progressed immensely and have learned how to win. Well done to manager D.J.Fleming and selectors Tim Ryan and Darragh Kelly. Keith O Leary was outstanding in goals bringing off two great saves as well as influencing the teams approach with his kick outs. The fullback line of Dara Brosnan, Nathan McCarthy and Dara Cronin defended resolutely against a potent Glenflesk forward line while the brothers Dylan and Cian Murphy were a threat going forward as well as sticking to their defensive duties with effect. Dara O Callaghan has been simply immense throughout the year and showed that again on Sunday despite his tender years. Paul O Shea' final game at minor level left us with lasting memories as he fielded superb balls at midfield despite the very close attention of more than one of the opposition. His point kicking was confident and skilful and he finished the day with 8 points from play. Chris Moynihan was a great ally at midfield and defended very well when asked to do so. Darren Lehane was a constant threat and accounted for four of his teams points. Danny Cronin, Philip O' Leary and Cian Foley show great promise for the future and have been scoring well all the year accounting for 1-4 between them on Sunday. Dean Bradley Cronin and Mark O Shea played their part all the year and again on Sunday as they worked extremely hard throughout. Colm Kelleher, Jack McClain, Oisin O Leary and Adam O Sullivan were introduced on Sunday as others tired and all have contributed greatly despite being still under sixteen. Roll on 2020.

CONGRATULATIONS to Ciara O'Leary (club sec) and Dara Kelly who were married on Saturday in Kilcummin Church.

MASTERGEEHA FC LOTTO

There was no winner of the Lotto on Friday 22th November. Numbers drawn were 2, 11, 15, 25.Consolation prizes went to the following €50 Irene O'Donoghue, Inchicullane, Kilcummin, €50 Geraldine Lynn, Firies, Killarney, €50 Kieran Nagle, Mastergeeha, Kilcummin, €50 Marian Collins, c/o Lals. Next draw Friday 29th November Jackpot €15,400.

Sales: Des 087 659 3427 Marie des@outlookmags.com

RATHMORE | GNEEVEGUILLA NEWS

RATHMORE RAVENS BASKETBALL CLUB- will

hold a Used Clothing event in support of The National Council for the Blind. Drop off times are Wednesday Dec 11th 7.30 - 8.30pm and Thursday Dec 12th 8.30- 10am to Rathmore **Community Centre**

EAST KERRY MENTAL HEALTH wish to thank the parish for their generosity shown at our annual church gate collection recently which raised a total of 1502.80 euro. Thank you for supporting this worthy cause it is appreciated.

CLLR JACKIE HEALY-RAE welcomes the resurfacing of the yards in Gneeveguilla Village In front of McCarthy's Shop, "I was glad to ensure this work was carried out and it will put an end to the torment for business owners and the residents".

DANNY HEALY RAETD is glad that finally works began this Wednesday to resurface the yards in Gneeveguilla, this culminated following a meeting I arranged on Tuesday with Business Owners, Residents and the Senior Engineer of KCC, at this meeting agreement was reached as to the scope of works to be carried out, following this meeting works began on Wednesday, I have been making constant representations about this problem all this year, I want to thank all the people involved for their perseverance and patience and I hope the works will be completed to their satisfaction.

Tureencahill Community Group are having their Christmas Concert with traditional ballad singer Elle Marie O Dwyer on Fri 27th December @ 8pm..Tickets now on sale Contact 087 0576107 / 087 Very Welcome Contact 085 1741551.

SYMPATHY to families & friends

NORA MURPHY (née DOHERTY)

Evergreen Street, Cork City, & Rathmore, Denis Kelleher, late of Gneeveguilla and New York & Dermot Kelliher, Barraduff, Headford, May they all rest in peace.

HOLY FAMILY N.S.

The Parents Committee in association with the B.O.M. Holy Family N.S. wish to thank all who supported their Church Gate Collection on the weekend of 12th/13th October,

SPLIT THE POT in Association with Rathmore Community Council with Rathmore Ravens, Sliabh Luachra Cycling Club & Sliabh Luachra Men's Shed. Be in with a chance to win.

Tickets available from ticket sellers & in local businesses. Tickets €2 each or 3 for €5. Yearly Ticket €90. 3 Yearly Tickets €250. Last week's draw was held in Cahills Bar The winner Rachel Parsons Rathmore this week Prize €215.

KILLARNEY LIBRARY Education & Psychology Lecturer Dr. Mary O'Kane will deliver a lecture at Killarney Library on Friday 6th December at 1pm. The title of the lecture is Supporting

Confidence, Independence and Resilience and will be of interest to parents, educators, and

Written by: Michael O'Mahony | Email: momahony14@gmail.com

childcare professionals. Free admission but prior booking essential on 064-6632655 or killarney@ kerrylibrary.ie

MONSTER BINGO

Rathmore Branch of Kerry Parents Firends Association with hold their Annual Monster Bingo session on Sunday 8th December in the Community Centre Rathmore at 3pm. Large Jackpot & Raffles.

EAST KERRY SCOR NA NOG Finals sponsored by Killarney Credit Union

Saturday 30 November 2019 - starting at 12 noon Venue: Fossa Community Hall 16TH **NOVEMBER 2019**

NOTES

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail. com)or ring or text 087--6676817. before 6pm Sunday,.

GORTHANEBOY BENDS

Following Danny and Maura Healy Rae's very strong representations the TII have indicated that they are very hopeful that work on the removal of the Gorthaneboy bends in Rathmore will begin in 2020, meanwhile land acquisition and archaeological testing works are underway at the present time.

SPA GAA

O'DONOGHUE CUP CHAMPIONSHIP

O'SULLIVAN CUP SCHOOLS FINAL

SANTA CLAUS IS COMING TO SPA

Santa Claus will be making a special visit to

The club AGM will be held on Saturday December 14th at 6pm. All are welcome. Nominations and Motions to be sent to club secretary on 0876332773 or secretary.spa.kerry@gaa.ie

annual raffle.

Numbers drawn: 10, 22, 25, 28. No winner and €50 Lucky Dips going to Seamus Coffey, Bill & Tado, Patrick Tuohy and Jerry Clifford. Next week's draw will take place in the Torc Hotel and jackpot is now €7,400. Play online or in usual outlets.

31 CARD DRIVE CHAMPIONSHIP OF KERRY The Final of the 31 Card Drive Championship of Kerry will take place in the Torc Hotel on Friday December 6th alongside our Coiste na nÓg

O'Donoghue Cup semi-final Spa v Dr Crokes on Sunday December 1st in Fitzgerald Stadium

Congratulations to St Brendan's Killarney on their win over ISK in the O'Sullivan Cup schools final last week. Special mention to those from Spa involved - Oisin Walsh, Connie Cremin and Ian O'Connell

Spa on Saturday December 7th from 5pm to 6.30pm and is asking all the boys and girls to come along! Refreshments on the night and admission is free. Everyone welcome!

LOTTO RESULTS

Best of luck to our set dancers in the East Kerry final on Saturday 30th November in Fossa. Team: Eleana O'Donoghue, Aoife O'Donoghue, Róisín O' Sullivan, Isabel Waters, Diarmuid O' Donovan, Darragh Brosnan, Colm O'Connor and Oisín O'

SYMPATHY

SCÓR NA NÓG

Sympathy is extended to Cait O'Sullivan Darcy and family on the passing of her brother Patsy Moynihan, Lissivigeen and USA.





Getting in the festive spirit, Geraldine O'Sullivan, Eileen Flynn, Kathleen O'Donoghue, Mary O Brien and Mary Teahan, Who were all taking part in The Turkey Gobbler Family Fun Day in The Maine Valley Family Resource Centre Castlemaine. The fundraiser was in aid of the services provided by The Maine Valley Family Resource Centre and The Happy Valley Childcare Services Castlemaine. PICTURE: MICHAEL G KENNY

SPORTS HALL & MEETING ROOM HIRE

Meeting Rooms and Sports Hall available for hire. For enquiries contact Eileen on 0876577312 (after 6pm only) or Ann on 0879403508

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays

GLENFLESK NEWS

BARRADUFF TIDY VILLAGE

Our Memory Tree will be placed outside Barraduff Church. Our Memory hearts will be available from O'Donoghues Store Barraduff. €5.00 per heart & all proceeds to Barraduff Tidy Village Group. Our memory tree is dedicated to all the beautiful souls who are no longer with us but they are always in our hearts.

Barraduff Christmas Lights Switch on takes place on Friday the 29th of November at 7.30 pm inside the Church in Barraduff. Entertainment by local school children. We hope you can join us & wrap up warm! This is a fantastic night, its a beautiful way to start your Christmas, you wont want to miss it...

.Barraduff Festive Fun Quiz takes place on Friday the 27th of December at 8 pm sharp in John Dan's Bar Barraduff. Have your team got what it takes to win it?? Prize for best Christmas Jumper/Attire, spot prizes & you never know who may call in on the night!!

No booking required, just come along on the night & support all the fantastic team at Barraduff Tidy Village Group.

RAHEEN N.S.

We would like to thank everyone who supported our recent fundraiser at the Christmas Craft & Food Fair at the Killarney Outlet Centre, congratulations to Kieran Noonan who won the Crib and to John Fitzgerald & Aisling Quirke who won the hampers. Congratulations to Mary Cronin who had the winning lotto no 19 on Saturday 23rd of November.

GLENFLESK LOTTO

No winner of the Lotto which took place in The Corner Bar on 18/11/19

Jackpot €3,200

Numbers were 2, 8, 16, 30

WINNERS

- 1. Timmy O' Sullivan, Kilquane, Headford
- 2. O'Donoghue's Shop,

Written by: Seamus Healy

Sellers ' Prize)

3. Henry Cronin Brewesterfield (Yearly Ticket) 4. Daniel O'Brien, (Yearly Ticket,) Rusheenmore, Glenflesk. The next draw will take place in The Kerry Way on the 2/12/2019

and the Jackpot will be €3,400

Thanks to the lotto sellers and the people who support our Lotto, hope you're lucky next time!

KILLARNEY LIBRARY

Education & Psychology Lecturer Dr. Mary O'Kane will deliver a lecture at Killarney Library on Friday 6th December at 1pm. The title of the lecture is Supporting Confidence, Independence and Resilience and will be of interest to parents, educators, and childcare professionals. Free admission but prior booking essential on 064-6632655 or killarney@kerrylibrary.ie

LISTRY NEWS

KILLARNEY VALLEY CLASSIC AND VINTAGE

DRAW: Congratulations to Margie Mannix, Faha, who won the 1st Price of A Ford 2600 Tractor in the recent draw.

EAST KERRY FR. GALVIN CUP RESULTS:

Listry played Cordal last Sunday 24th at 2pm in Listry GAA grounds. A goal for Listry by Sean O Sullivan two minutes into added time gave them victory over Cordal in this Fr Galvin Cup match played in Listry. The home side were lucky to get a win here as they were behind for most of the game after Eamon Nolan put the visitors in front with a goal after 20 minutes of the first half. Philip O Connor had a man of match display for the losers. Full time score: Listry 1.12 Cordal 1.11

UPCOMING FIXTURES: Listry V Firies on 1st December at 1pm in Farranfore in East Kerry Fr. Galvin Cup Semi-final. Please come and support our Senior Team and Management.

Lotto Results: 2,9,14,20

€100 - JJ and Oisin Tangney.

€50 x 2 - Charlie Coakley, Faha, Stephen and Mairead Darmody.

Written by: Anne Sugrue O'Brien

€25 x 2 Dan O' Callaghan, Lahard. Kennedy Family Kilbonane. Draw Entrant: The Lovely girls. Next Sunday 1st December Jackpot €2,300.



Agreat night was enjoyed by everyone at Lissivigeen Community Alert Christmas Party at the Torc Hotel last Friday night. Dancers took to the floor early with lively music from the the guest band Best of Friends. Ninety three year old Eugene O'Keeffe's rendition of the well known 1916 song Grace was very well received by the large audience. Later on Aoife O'Sullivan a nine year old pupil at Lissivigeen National School was very impressive when she played two tunes on the Concertino

First Prize: Theresa Tancred 2nd, Lola Belle Mahony 3rd. Margaret O' Sullivan. Back from left: Committee Members Denis Russell Christy Lehane Eileen Aherne, Margaret Kelleher, Kitty O'Sullivan, Danny Cahill, Pat Kelleher, Michael MacCarthy and Kathleen Gleeson.

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958

Sales: Des 087 659 3427 Mas@outlookmags.com

BEAUFORT NEWS

LOTTO

Lotto results of Sunday, 24th November for jackpot of €3,400.

Numbers drawn: 5,19, 24, 28. No jackpot winner.

Consolation Prizes €80 Joan Foley, Tullig

€50 John Johnston, Ardraw, Aoife Cleary,

Killorglin, Patricia Foley, Keelohane.

Next draw for a jackpot of €3,600 will be on Sunday, 8th December in Kate Kearney's Cottage.

This will also be the Christmas lotto draw with extra prizes of festive hampers and bottles.

CONGRATULATIONS

to Beaufort senior player, Mike Moriarty and

Written by Cliona Coffey

Eilish O'Brien on their wedding last Friday. We wish them health and happiness in the future.

CHRISTMAS TIME AT BEAUFORT RAMBLING

HOUSE has been rescheduled to SATURDAY 14th December at Beaufort Community Hall. Doors open at 8.30pm. Great night of music, song and storytelling.

MILLTOWN | CASTLEMAINE NEWS

MID KERRY SENIOR CHAMPIONSHIP FINAL:

Milltown/Castlemaine seniors, sponsored by Larkins Bar and Restaurant and Kelly's Londis Top Shop, will take on Laune Rangers in the Mid Kerry Senior Championship Final. The game will take place on Sunday next, December 1st, at 2pm in Glenbeigh. We would really appreciate if all in our community would make a special effort to come along and support the management team and panel on Sunday. Don't forget to wear your club colours too!

MEDAL PRESENTATION:

We were very privileged to have Na Gaeil and Kerry Senior player Diarmuid O' Connor as our special guest at our Coiste Na nÓg medal presentation ceremony in Milltown on Sunday November 27th.

Philip O' Reilly, Coiste Na nÓg chairman opened the proceedings- welcoming all the players and parents. He paid special thanks to the Coiste Na nÓg committee and the fantastic bunch of coaches and mentors. He also complimented all the parents for their support not to mention their culinary and organisational skills!

Kerry senior player, Diarmuid O' Connor then addressed all the young players and their parents, with particular mention to the U-14 players who competed in Féile this year. He encouraged all the players present to keep up with their training sessions and to listen to their mentors and coaches. Diarmuid reminisced on the many happy days he had as a young boy kicking a ball around our very own Paddy Burke Memorial Pitch in Milltown. And with practice 'maybe someday you too will get a chance to play with Kerry', said Diarmuid.

The young footballers listened intently and respectfully to Diarmuid's words of encouragement and wisdom. We wish Diarmuid all the best in his up-coming club championship game and also with his Kerry senior career.

After all the medals had been presented and numerous clicks of the camera, our club chairman, Podge Leane, addressed the large gathering- paying particular thanks to our coaching officer lan Twiss. Ian has done trojan work over the past years, recruiting and up skilling coaches and mentors- thus enabling

them to deliver very creative, diverse and enjoyable coaching sessions to our underage

Written by: Deirdre O'Sullivan

players.

Before close of business,Liam Doherty was presented with the prestigious Coiste Na nÓg 'Club Person of the Year', for his wonderful commitment to the underage structure in Milltown Castlemaine GAA Club. In his address, Podge also acknowledged the tremendous support of Liam's wife Suzy. As the old saying goes-'Behind every good man is a great lady'!! Well done to you both

IRISH INDOOR ROWING CHAMPIONSHIPS:

Well done to all the rowing athletes from our community who competed at the Irish Provinces Indoor Rowing Competition last weekend in UL- with fantastic success. Comhghairdeas to Aobhadh Dillon, Pat & Mike Murphy, Abbie O'Reilly, Kitty O'Dowd, Sadbh O'Brien, Marie O'Sullivan and Anne & Caoimhe O'Sullivan.

They will go on to compete in the Irish Indoor Rowing Championships in January. Best of luck to you all in 2020.

FOSSA NEWS

FOSSA U11

Fossa Bridge Club results for the week of 21st of November 2019

- 1. Eileen Crehan and Joan Culloty
- 2. Anne Prendiville and Mary Shanahan
- 3. Mary Bowler and Anne Caulfield
- 4. Kathleen Guerin and Finola Cronin
- 5. Marie O'Sullivan Kenmare and Rafal Jarosewski. Congratulations and well done to all winners.

FOSSA SENIORS:

1/4 Final O'Donoghue cup Killarney Legion 3-09 Fossa 0-06

Sem: Congratulations to the Sem in capturing the O'Sullivan cup against Killorglin especially to the Fossa men Emmett O'Shea,Ruairi Doyle and Harry Buckley.

AGM: The AGM takes place Sunday the 8th of December in the clubhouse at 5pm.

Social:

The 50 year gala social takes pls on the 11th of January in the Dromhall Hotel ,Tickets go on sale the first week of December Lotto:

No jackpot winner €40.00 winners

SAOIRSE BENNETT, BELLVIEW WOODS; MARY KEARNEY, KENMARE; KISSANE O'SULLIVANS, BARLEYMOUNT EAST; LINDA O'DOHERTY, KNOCKNAHOE;

BREDA HALLISSEY, ARDS

FOSSA.Next week's lotto €4,800.00 Draw takes place in the Golden Nugget every Sunday night.

FOSSA NATIONAL SCHOOL:

A Fashion Show in aid of Fossa School will take place in Zest Café in Killorglin on Friday November 29th at 7:00pm. The funds raised will help to advance plans to equip the school with updated IT and STEM equipment as well as securing additional resources for the special classes for autism. A range of top quality clothing will be modelled on the night and all





Pictured at the Killarney Royal Hotel for the coffee morning organised by the parents council at Killarney Community College to raise funds for Jigsaw Kerry & the school were L-R Kathleen O'Shea, Geraldine Flynn, Lona Webb & Claire Weildon.

PICTURE: MARIE CARROLL-O'SHILLIVAN

in attendance can look forward to winning some fabulous raffle prizes which have been generously donated by the local community. Tickets for the show are available at the School Office for €20.

KILLARNEY LIBRARYILLAR

Education & Psychology Lecturer Dr. Mary O'Kane will deliver a lecture at Killarney Library on Friday 6th December at 1pm. The title of the lecture is Supporting Confidence, Independence and Resilience and will be of interest to parents, educators, and childcare professionals. Free admission but prior booking essential on 064-6632655 or killarney@kerrylibrary.

BALLYHAR-FIRIES GAA

CLUB 600 FUNDRAISING DRAW:

The final draw will take place in Hendersons Bar Firies on Thursday December 5th.

A huge Thank You to all that supported our Club 600 draw and continue to do so.

LOTTO:

No's Drawn 5, 9, 17 & 20 No Winner €30 Winners were Kieran & Danial co/Bridie Pat Finnegan c/o Centra

Aoife Sheehan Crag Farranfore

Clodagh McMahon, Castlefarm

Ciaran Sears c/o Sheehans Shop The draw for next weeks Jackpot of €4,200 will

take place in Sherwoods Bar Farranfore on Friday 29th November. Get your lotto tickets from all the usual sellers, Club Officers, Senior Players or from the stand in Moriarty's Centra, Farranfore. Thank you all for your continued support.

FIRIES GAA AGM:

Firies GAA Club Annual General Meeting shall take place on Friday the 29th of November @ 7:30pm sharp in Farranfore. All members are asked to attend.

FIXTURES:

Fr Galvin Cup Semi Final Vs Listry in Farranfore at 1pm on Sunday

SEAMUS O'BRIEN SUPPORT FUND:

Kerry Kingdom Gaels are fundraising to help a former team mate and club member, Seamus O'Brien, who played with the Kingdom Kerry Gaels from 1991 - 2000. Seamus played all his underage and senior football with Firies until that time. Seamus suffered a life changing accident in February 2018 and his recovery is going to be a long expensive process.

This is why we are asking and urgently need YOUR help.

We are calling out to all those in the wider GAA community. Think of all the great GAA men and women who have supported you down through the years. As you can read above, Seamus dedicated himself to the game and we would like to call on your generosity to help our teammate in his time of need. We have no doubt, if the shoe was on the other foot, he would be the first man to offer help.

A gofundme page has been set up to support Seamus and his family in his recovery. You can find the link on the Firies GAA Facebook & Twitter Pages. Or log onto www.gofundme.com and search for "Seamus O'Brien Support Fund" and donate.

KEEL GAA NOTES

ANNUAL GENERAL MEETING (AGM): Keel GAA Club will hold its AGM on Thursday 5th Dec 2019 at 7.30pm in the clubhouse. Nomination and Motion Forms can be obtained by contacting the secretary on 0870601564 and returned to the Secretary. The club is most interested in meeting people who may be interested in becoming involved in some capacity in the running of the club.

UNDERAGE S&C - A supervised Strength & Conditioning programme for next year's Keel U14, U16 and Minors will take place in the club rooms on Tuesday evenings till Christmas beginning at 7pm. Please bring water, runners and €2 thanks. All under 12s moving to Under 14 next year are most welcome. William Evans COMMUNITY CHRISTMAS CONCERT

Fybough NS Fundraiser - 6th December 7pm in Keel Community Centre. Enjoy many local acts on the night. Admission €5. Tea/Coffee available. Raffle on the night with great prizes to be won. Please come and join us.

LOTTO: There was no winner of the jackpot €12,700 on Monday 18th November. The numbers drawn were 8.16.27.29. €50 winner Declan O Sullivan, €25 Noel Murphy Ardcanaught, Michael Mangan Boolteens, Eileen O Dowd Ardabawn, Catherine Lawlor Castlemaine.

DR. CROKES GAA CLUB NEWS

COUNTY LEAGUE - DR CROKES 1-12 DINGLE 1-18 PLAYED IN LEWIS ROAD

The first half of this game saw us play second fiddle to a Dingle team who were more up for the game and outscored us by 1-14 to 0-4 at the end of the first 30 minutes. It's true that we were missing a number of our first team players but we didnt attack the game at any time during the first two quarters.

We made a few changes at half time which was a help but our much better second half display could also be attributed to our overall attitude as we contested every ball more vigourously and maybe Dingle went into a lower gear having put up a match winning score by half time.

I still could see positions in our display and even though we will have to have alot of improvement for next weekends O'Donoghue Cup I think this can be achieved.

Team and Scorers: Shane Murphy, John Payne, Mike Moloney, David Naughton, Cillian O'Regan, Mark Fitzgerald, Chris Doncel, Alan O'Sullivan, Daithi Casey 0-8 (0-7 frees), Jack Griffin, Micheal Burns 0-1, Brian Looney (Capt) 0-2, Bryan O'Shea, Billy Courtney, Mike Casey 0-1

Subs Mark O'Shea, David O'Leary, Michael Potts, Lorcan Mc Monagle, Jason Lyne, Brian Fitzgerald 1-0.

PROGRESSIVE 31

Progressive 31 takes place every Wednesday in Crokes Clubhouse. It will start at 8pm. All you need to bring is €5!

The Dr Crokes Club are commencing Bingo this Sunday night 1st of December in St Mary's Parish Hall at 8.30pm. There will be 10 games plus a jackpot along with a raffle for 3 hampers from here until Christmas,. Everybody is welcome, doors open at 7.30pm. Patrons are asked to park in car parks near the venue and to respect the rights of residents nearby.

DEEPEST SYMPATHIES

Deepest Sympathies to the Family of the late Pasty Moynihan who died recently in Florida. Patsy played Senior Football with our Club and was an O'Donoghue Cup medal winner. RIP.

HAPPY BIRTHDAY

Happy birthday to Niall Botty O'Callaghan who recently celebrated the BIG 50 from all at the Dr Crokes Club.

Happy birthday to Ger O' Sullivan who turned 80th. Ger is a former player for Dr Crokes now living in Cork.

LOTTO

Lotto 2, 3, 6, 16. Jackpot E5000 Not won match 3 7 by E60. Next draw Sunday 1st of December in JC O'Shea Jackpot E5300 3 E50 Christmas vouchers also drawn.

EAST KERRY GAA NEWS

By MichaelO'Mahony Gneeveguilla 2.08 (14)

Rathmore 0.13

EAST KERRY SENIOR CHAMPIONSHIP O' **DONOGHUE CUP QUARTER FINAL**

There was a minute silence before game for late Denis Kelleher, late of Gneeveguilla and New York & Dermot Kelliher, Barraduff, Headford,

Played in wintery conditions at Paddy O Leary Memorial Park Gneeveguilla the home side got off to a dream start as Shane Crowley applied the finish to a fine sweeping move and goaled inside the first minute.

John O Leary (f) and Pádraig Doyle added further points as the home side made the most of the elements.

Rathmore opened their account with a Brendan O Keeffe point from distance before Mark Reen pointed

Rathmore were now applying pressure and only a dramatic last gasp clearance from corner back Eoin Fitzgerald prevented a certain goal.

John O Leary then pointed a free for Gneevequilla and Sean O Keeffe added a point from play.

Chrissy Spears answered with a point from a free before Gneeveguilla again took the game to their opponents and added two fine points from Pa Warren and Padraig O Connor.

Chrissy Spears had the final score of the half, a plcaed ball to leave Gneeveguilla lead 1.6 to 0.4 at the break

Gneeveguilla's John O Leary opened the second half scoring, before Shane O Sullivan fielded a high ball and was pulled down for a penalty, Rathmore defender MJ Kelliher received a black card for the foul. Cornelius Buckley calmly dispatched the spot kick low to the net.

Chrissy Spears replied with a pointed free for

Cornelius Buckley cancelled that out with his own placed ball effort to give the home team a nine point lead.

Rathmore were now to enjoy a good period of play and took the game to their neighbours, Anthony Darmody and John Moynihan both kicked fine points from play. As did Shane Ryan sandwiched between two Chrissy Spears frees which reduced the gap to four points with six minutes remaining.

A fine point from Substitute David Dineen set up a grandstand finish in front of a huge crowd.

Chrissy Spears then added a further point from a free and Aidan O Mahony pointed from play to leave the minimum between the teams.

brave Gneeveguilla defended determination in the closing stages and did enough to win the day despite not scoring for the last 27 mins in tough conditions.

Best on the day for Gneeveguilla were Man of the Match DJ Murphy, Eoin Fitzgerald and Pa Warren at midfield, supported well by John O Leary and Pádraig Doyle in attack. Best for Rathmore were



Anthony Darmody, Aidan O' Mahony Brendan O Keeffe shane Ryan wand Chrissy Spears was accurate from placed balls.

EAST KERRY SENIOR CHAMPIONSHIP **QUARTERFINAL O'DONOGHUE CUP**

Legion 3-9 Fossa -3

In a wet and windy day. Legion proved too strong for Fossa in the quarter final of the O Donoghue cup. Fossa lined out with our Paudie Clifford. In Heavy underfoot conditions Fossa opened the score with a point from David Clifford. Legion had scores from Billy McGuire, James O Donoghue and Jack O Neill. Fossa had 2 further points from David Clifford which turned out to be their last score of the match. James O Donoghue made a great run through the centre and fisted the ball across the square where the on rushing Billy McGuire fisted to the net. Leaving the half time score Legion 1-6 to Fossa 3 points. In the second half scores were hard to come by in the first 15 mins, with both teams guilty of bad misses. Donal Lyne and Darragh Lyne scored 2 great goals for Legion. Leaving the full time score Legion 3-9 Fossa 3 points. Scorers for Legion Billy McGuire 1-1, James O Donoghue 4 points, Jack O Neill 2 points, Jonathan Lyne 1 point, Donal Lyne 1 goal, Darragh Lyne 1 goal and Conor Keane 1 point. Scorers for Fossa David Clifford 3 points.

Johnathon Lyne got Man of Match

EAST KERRY INTERMADATE CHAMPIONSHIP FR GAVIN CUP

Listry 1-12

Cordal 1-11

A goal for Listry by Sean O Sullivan two minutes into added time gave them victory over Cordal in this Fr Galvin Cup match played in Listry. The home side were lucky to get a win here as they were behind for most of the game after Eamon Nolan put the visitors in front with a goal after 20 minutes of the first half. Philip O Connor had a man of match display for the Cordal.

KERRY MINOR CHAMPIONSHIP **DIVISIONDIVISION 3 FINAL**

Kilcummin 2-20 (26) Glenflesk 3-13 (21) Kilcummin are the 2019 East Kerry Division three minor champions after winning a match of high drama over Glenflesk in Farranfore on Sunday.

The heavy rain had abated for throw in time and it was Kilcummin who got the guicker start. Danny Cronin opened the scoring with their first attack. Goalkeeper Keith O'Leary then scored with a forty five before Glenflesk struck for the first goal of the day. Dara Tangney broke free and when his initial shot was saved by O Leary, Kevin Bowler was on hand to knock in the rebound. Patrick D'Arcy's back to back scores gave Glenflesk a one three to five points lead after a hectic opening.

Kilcummin corner forward Darren Lehane then had two quick goal chances, but both flew over as he had to settle for points. Killian O Sullivan then burst forward from Centre Back to kick an inspirational score for Glenflesk. Cian Foley then got free down the right hand side to equalise for Kilcummin as half time approached. The teams were locked together at half time on a score of one six to nine points.

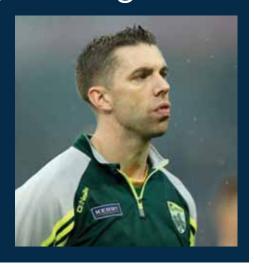
Eoin Moynihan got an early score for Glenflesk with his languid outside of the foot shot just clearing the crossbar. Patrick Darcy then evaded

Marc O'Sé appointed as new Listry Manager

Listry Senior Football team are looking forwared to the 2020 season with former Kerry football great Marc O'Sé at the helm. The All Ireland medal winner was appointed as Manager at the weekend.

A teacher at the CBS in Tralee, O'Sé takes over from Listry natives Mike Tangney and Mike Dwyer who were joint managers for the past two years.

The team are currently in Division 2 and last Sunday secured a place in the Fr. Galvin Cup semi- final versus Firies with a last minute win over Cordal on Sunday last.



his marker to fist over another point. Kilcummin responded with their opening goal. Wing Back Dylan Murphy reacting first to a loose ball to blast a shot home with his left foot to the roof of the net. Glenflesk were not put off by this setback. After good work by Dara Tangney and Kevin Bowler, Eoin Moynihan was left one on one with O Leary. The goalie had made two brilliant saves earlier. Moynihan held his nerve though and coolly slotted the ball underneath him. Glenflesk would lead by two nine to one eleven as the matches deciding moments approached. Darcy continued his scoring form as he showed great acceleration to fire over his eighth point. Paul O Shea also kicked two great points soon after as Kilcummin began to take control. Foley and Philip O Leary also registered scores before, after a quick breakaway, Foley found the back of the net. Kilcummin now led by six. Surely it was

Glenflesk didn't believe that. Patrick Darcy buried a goal off the ground after reacting first to his own free. Then came the controversial moment of the day. Glenflesk built one final attack. Eventually the ball reached Eoin Moynihan. He dropped the ball in front of the goal. Marc Kelliher, who had started the attack and had now abandoned his goal area, arrived to palm the ball to the net. It was Glenflesks Meath moment from 1991. Unfortunately the referee and umpires decided a square ball offence had occurred and the umpires crossed their flags. It was a marginal call. Kilcummin hung on to add this title to the East Kerry League one they took just a few weeks ago.

Another great match so, and once again Kilcummin prevail. Glenflesk minors though should be proud of their performance, and on another day the late goal would have stood. This is a young team and experiences like this will be beneficial to them as they advance.

CUMANN NA MBUNSCOIL

East Kerry/Kenmare District Boards school teams contested the Urban county final last week. Austin Stack Park was the venue for the final. St Johns NS Kenmare produced a fantastic team performance to defeat a gallant Holy Family NS Rathmore team in the decider. Both teams produced superb passages of play before a large attendance. Well done to all the teachers involved in preparing the teams to such a high

AWARD 1 CHILD COURSE

East Kerry clubs were well represented at the course in ISK. Twenty two club coaches took part in the three day course with theory and practical modules delivered on the course. Thomas Ladden (Keel) and Gavin Crowley (Templenoe) produced excellent practical modules. Alan Ringland (ITT) theory module was varied and challenging coaches were delighted with content. Vince Cooper East Kerry/Kenmare GDA got great support from PJ Reidy South/Mid Kerry GDA to run the course. Many thanks to ISK for the use of the fantastic school facilities over the three days it was much appreciated

East Kerry Scor na nOg Finals

Saturday 30 November 2019 - starting at 12 noon Venue: Fossa Community Hall

EAST KERRY SENIOR CHAMPIONSHIP DR. O'DONOGHUE CUP 2019

Semi Finals

Fitzgerald's Stadium

Killarney Legion V Gneevequilla – Saturday 30th November at 2pm

Dr. Crokes V Spa – Sunday 1st December at 2pm Final

Fitzgerald's Stadium

Sunday 8th December at 2pm

Extra Time if necessary, in all above games

East Kerry Fr. Galvin Cup 2019

Semi Finals

First team named is at home

Firies V Listry - Sunday 1st December at 12 noon Gneeveguilla V Scartaglen – TBC

Extra Time if necessary, in all above games

EAST KERRY SCOR NA NOG FINALS

Saturday 30 November 2019 - starting at 12 noon Venue: Fossa Community Hall COISTE CHIARRAÍ THOIR CLG.

County Champions Medal Presentations to

OUTLOOK GAA

East Kerry Minor, Under 21 and Senior Teams and Eoghan Ruadh U16 County Champions. Guest of Honour:

To be confirmed Tim Murphy Cathaoirleach Coiste Condae Chiarraí CLG Mulled wine reception, 3-Course Meal Friday December 20th 2019, 8pm Killarney Heights Hotel Dress code:- smart casual. Admission €25.

LEGION NOTES

O'DONOGHUE CUP

Killarney Legion v Gneeveguilla Saturday 30th November Fitzgerald Stadium 2pm Please wear your colours and come out Support

O'DONOGHUE CUP KILLARNEY LEGION 3-06 FOSSA 0-03PTS

Killarney Legion welcomed Fossa to Direen on Sunday, in very poor wet conditions. Both teams started well with Clifford and O'Donoghue exchanging early points on the scoreboard. Billy McGuire saw the back of the net from a well worked ball in which seen Legion raise the green flag. Legion had some great defensive work with Cian Gammell, Podge O'Connor and Danny Sheehan putting in a great shift keeping Fossa to 3 points going at the halftime whistle 1-6 to 0-03pts. Killarney Legion started the half well and pressed on with some well worked passing movements set up by Conor Keane and finished superbly by Donal and Darragh Lyne hitting the back of net to see Legion run out comfortable



Dr Crokes GAA Club President Jackie Looney was the winner of the Club lotto jackpot prize of €10,800. The lucky numbers drawn were 3, 7, 9 and 15. Jackie is seated on right receiving his cheque from Pa O'Brien (lotto coordinator). At back are Malachy Walsh (lotto coordinator), Paul Downey (Secretary), Moss Harmon (lotto coordinator) and Ed Stack (Treasurer). PICTURE: EAMONN KEOGH

winners at the final whistle.

WELL DONE

Congrats and well done to Ryan O'Grady, William Shine, Eoghan O'Sullivan, Sam Benson & Cian O'Leary who played with St Brendans in winning the O'Sullivan Cup, Great stuff lads.

CONGRATULATIONS

Congrats to former Senior Legion Player Tom

Slattery and Sarah Dromey who got engaged during the weekend.

BEST WISHES

The club would like to send out its best wishes to lifetime loyal supporter Tony Lawlor, Tony we know you are tuning in to all the games, We wish you well on your road to recovery.

OUTLOOK GOLF

ROSS GC, KILLARNEY GENTS CLUB

RESULTS

On Nov 23rd/24th we held the Mc Sweeney Arms Sponsored Stableford competition .

The winners were

- 1...Jonathan Casey (10) 36
- 2...Ambrose O'Donovan (14) 36
- 3...Sean Daly (19) 35

KILLARNEY GOLF CLUB - LADIES

The following are the results for Sunday 24th November 2019, Mixed Foursomes Competition, sponsored by Vincent Casey, Killarney Golf and Fishing Club

1st. Lisa Kerfoot

Denis A Cronin 41pts

2nd. Lorna O"Leary

Tim Healy Jnr. 39pts

3rd. Maureen Creedon

Brian Clarke 38pts

Next weeks competition is sponsored by Bank of Ireland, 18 Hole Stableford in Killeen.

KILLORGLIN MEMBERS GC (MEN'S SECTION)

RESULTS of the Turkey Competition Singles played over 14 Holes on 23rd and 24th November were as follows: 1st Place - Vincent O'Sullivan (13) 36 Points, 2nd Place - John M. O'Sullivan (17) 34 Points, 3rd Place - Jackie Quirke (25) 32 Points.

FIXTURES

Next Saturday and Sunday 30th November and 1st December is the weekly Turkey Competition sponsored by the club over 14 Holes. The Captain's Dinner is on Saturday 30th November at 8pm.

DEERPARK PITCH & PUTT CLUB

CHRISTMAS TURKEYS: Results of last Sunday's Scotch Foursomes event- Nett: Noel Moynihan & John Murphy 39, Gross: Robbie O'Brien Snr & Noel Moynihan 51. Tim Jones Butchers once again served as sponsor of this event.

CHRISTMAS HAMPER (ADULT): Sponsored by Daly's Supervalu, scheduled for this Sunday with play over 36 Hole Singles V Par. Entry €10 per player. Night in Murphy's: The usual end of year event in Murphy's will take place on Friday December 6th where all outstanding prizes for

the year will be presented on the night.

U-16 Christmas Competition: There will be an end of year competition for our U-16's on Saturday December 14th. Further details to follow in the weeks ahead. Christmas Vouchers: Anyone interested in purchasing club membership as a Christmas present is asked to contact Club Registrar Sean Kelly on 086 0508686 for further information. Danny Nolan Memorial: Please note that this year's event, a Three Ball Scramble, will take place on St Stephens morning at 10am. Instead of an entry fee this year we are asking players to bring a nominal prize with them instead.

BEAUFORT GOLF CLUB (GENT'S BRANCH)

23RD/24TH NOVEMBER

2nd Turkey Competition -Sponsored by Gents Branch

Winner: John Egan (16) 34 pts

FIXTURES

30th Nov/1st Dec - 3rd Turkey Competition - 14 hole stableford (yellow tees) - Sponsored by Gents Branch

6th December - Reminder -Club AGM in Clubhouse at 8pm REPORT BY LEONA TWISS, PRO



KERRY GAA SCENE

MUNSTER CHAMPIONSHIP AND MCGRATH CUP

Kerry will be away to Cork in the 2020 Munster Senior Football Championship on Sunday May 24th. The semi-final has been confirmed for 2 O'Clock at Páirc Uí Chaoimh. The Munster Final will take place on Sunday June 21st. Kerry will play either Tipperary or Limerick in the semi-final of the EirGrid Under 20 Munster Championship on February 19th and in the Electric Ireland Minor championship, Kerry will be home to Cork in Phase 2 Round 1. In the McGrath Cup, Kerry will host Cork at 2pm on Sunday December 29th followed by a trip to Clonmel to meet Tipperary on Sunday January 5th. The Final is fixed for Saturday January 11th.

JERSEY LAUNCH

The new Kerry GAA home jersey will be launched in the Kerry GAA store, Killarney on Friday, November 29th at 4pm. Everyone is welcome to attend the launch. On the day, you can get your jersey signed by Kerry footballers and Kerry hurlers. The new Kerry GAA home jersey is sure to make a fantastic Christmas present!



Mikey Geaney announces inter-county retirement. Mickey Geaney has announced his retirement from intercounty football. A member of the Kerry panel for almost 8 years, the 30-year-old Dingle attacker made his debut in an Allianz League game against Down. Mikey is a cousin of All Star Paul Geaney and a younger brother of former Kerry player David Geaney. He won an All-Ireland SFC medal with the Kinadom in 2014 and is also the holder of one Allianz League and seven Munster SFC medals.

UPDATE FROM COISTE CULTURTHA

OUTLOOK GAA

Scór na nÓg Finals of Scór na nÓg Ciarrai are scheduled for Sunday 15th December at Glenbeigh Glencar GAA Centre, All District Scór Officers / Co- ordinators are currently busy organising their local area competitions which must be completed by Sunday 1st December. We encourage all clubs to participate in at least one discipline. Competition disciplines are Solo Singing, Recitation, Ballad Groups, Instrumental Music, Figure and Set Dancing, Novelty Act and Table Quiz. Further details from your Club Scór Officer.

Trath na gCeist (as Gaeilge) The Munster Final of Trath na gCeist as Gaeilge for clubs is scheduled for Wednesday 4th December at The Arches, Mallow with 3 teams qualifying for all Ireland final on Saturday 14th December in Croke Park. A number of Clubs from Kerry have already entered and are participating with vacancies existing for three further club teams (four members) to represent Kerry, further details from C. Killeen (Cultural Of-

MEDAL PRESENTATIONS

Last Saturday night in the Rose Hotel, Liam Lenihan Cathaoirleach Comhairle na Mumhan and Tim Murphy Cathaoirleach Coiste Contae Chiarraí presented the U20 Kerry Hurlers and the Kerry Juniors with their All Ireland medals. Congratulations to all involved with both panels.

Milltown/Castlemaine honour their young stars



Milltown/Castlemaine Under 16 team pictured with one of their trainers David Heasman and special guest Na Gaeil and Kerry Senior player Diarmuid O'Connor at their Coiste Na nOg medal presentation on Sunday



Coiste na nOq Club Person of the Year., Liam Doherty with



under 12 player Eimear O'Sullivan with special guest, Na Gaeil and Kerry Senior player Diarmuid O' Connor.





Kelly honoured by his former club

Sean Kelly MEP was inducted into the St Pat's East Kerry Hall of fame on Friday night at the clubs special end of year awards, which saw the Bishop Moynihan Cup, The Pa Doyle Cup, The Kathleen Mills Cup and the Richard McElligott cup all, take pride of the place. The cup honoured all its players throughout the year from juvenile to senor

with a special Volunteer award for Rita Fogarty the clubs children's officer who was recognised for the time and efforts that she puts into the

Senior player of the year went to Rathmore's Donal Casey who admitted that he has fallen in the love with the sport that he only took up since he departed the football since at 31 years. "You are never too old to take up the sport. I guess I'm living proof of that," he said during his acceptance speech.

In attendance on the night were East Kerry board chairperson Johnny Brosnan. Paudie Dineen the Kerry GAA board hurling officer and a number of the All Ireland Kerry Camoige winning players.





East Kerry Minor Div. 3 Final

Kilcummin secure win over Glenflesk

Kilcummin 2 – 20 Glenflesk 3 – 13

Kilcummin are the 2019 East Kerry Division three minor champions after winning a match of high drama over Glenflesk in Farranfore on Sunday.

The heavy rain had abated for throw in time and it was Kilcummin who got the quicker start. Danny Cronin opened the scoring with their first attack. Goalkeeper Keith O' Leary then scored with a forty five before Glenflesk struck for the first goal of the day. Dara Tangney broke free and when his initial shot was saved by O Leary, Kevin Bowler was on hand to knock in the rebound. Patrick D'Arcy's back to back scores gave Glenflesk a one three to five points lead after a hectic opening.

Kilcummin corner forward Darren Lehane then had two quick goal chances, but both flew over as he had to settle for points. Killian O Sullivan then burst forward from Centre Back to kick an inspirational score for Glenflesk. Cian Foley then got free down the right hand side to equalise for Kilcummin as half time approached. The teams were locked together at half time on a score of one six to nine points.

Eoin Moynihan got an early score for Glenflesk with his languid outside of the foot shot just clearing the crossbar. Patrick Darcy then evaded his marker to fist over another point. Kilcummin responded with their opening goal. Wing Back Dylan Murphy reacting first to a loose ball to blast a shot home with his left foot to the roof of the net. Glenflesk were not put off by this setback. After good work by Dara Tangney and Kevin Bowler, Eoin Moynihan was



left one on one with O Leary. The goalie had made two brilliant saves earlier. Moynihan held his nerve though and coolly slotted the ball underneath him. Glenflesk would lead by two nine to one eleven as the matches deciding moments approached.

Darcy continued his scoring form as he showed great acceleration to fire over his eighth point. Paul O Shea also kicked two great points soon after as Kilcummin began to take control. Foley and Philip O Leary also registered scores before, after a quick breakaway, Foley found the back of the net. Kilcummin now led by six. Surely it was game over.

Glenflesk didn't believe that. Patrick Darcy buried a goal off the ground after reacting first to his own free. Then came the controversial moment of the day. Glenflesk built one final attack. Eventually the ball reached Eoin Moynihan. He dropped the ball in front of the goal. Marc Kelliher, who had started the attack and had now abandoned his goal area, arrived to palm the ball to the net. It was Glenflesks Meath moment from 1991. Unfortunately the referee and umpires decided a square ball offence had occurred and the umpires crossed their flags. It was a marginal call. Kilcummin hung on to add this title to the East Kerry League one they took just a few weeks ago.

Another great match so, and once again Kilcummin prevail. Glenflesk minors though should be proud of their performance, and on another day the late goal would have stood. This is a young team and experiences like this will be beneficial to them as they advance

OUTLOOK GAA

AND THEN THERE **WERE FOUR**

Following last week's two remaining quarterfinals the East Kerry O'Donoghue Cup can only be won by either Dr. Crokes, Spa, Gneevegullia or Killarney Legion. The Killarney Outlook looks ahead to this weekend's action with two more teams going to lose their grip on the O'Donoghue Cup

Legion must be wary of Gneevegullia threat

East Kerry senior Championship Dr. O'Donoghue Cup 2019 Semi Final Killarney Legion V Gneeveguilla Saturday 30th November at 2pm At Fitzgerald's Stadium Extra Time if necessary

Both Gneevegullia and Killarney Legion could not have arrived the semi final stages in more different ways. Gneevegullia dug out a victory over Rathmore in a dogged fashion, while Killarney Legion had an easier than expected win over Fossa.

Early goals in both halves had Gneevegullia in the driving seat against Rathmore last Sunday. Shane Crowley stuck for goal as early as the opening minute of the game with Con Buckley converting a penalty just four minutes into the second half.to give them a 2-7 to 0-4 lead. They only found the target once more in the game as Rathmore had closed to the bare minimum by full time but it was enough to give them their first win over their neighbours in 10 years in the East Kerry Championship

For Legion a first, half Billy Maguire goal had Stephen Stacks men ahead 1-6 to 0-3 at the break as they over turned an early 0-2 to 0-1 Fossa lead. A further brace of goals late in the second half by Darragh Lyne saw them to the semi finals with a 12-point margin at the end.

On paper, it is a straight up junior club taking on a full senior county championship team that exited at the Quarter Final stages of the Senior Football County Championship. Still the underdog tag will suit the men from Gneevegullia who in recent times have the form of collecting the Division 3 county league as well as bettering their neighbours Rathmore who could still win the Division 1 title in the county league.





MichaelO'Mahony PRO of East Kerry GAA preanting Man of Match to D J Murphy Gneeveguilla after Gneeveguilla victory over Rathmore on Sunday last in East Kerry O' Donoghue Cup.

Left: James O'Donoghue in action for Legion

Below left: The Dr Crokes Senior Football team.

Below right: The Spa Senior Football team.

Dr. Crokes need to find form of fend off confident Spa

East Kerry senior Championship Dr. O'Donoghue Cup 2019 Semi Final Dr. Crokes V Spa Sunday 1st December at 2pm At Fitzgerald's Stadium - Extra Time if necessary Confidence is an amazing thing and the lack of it at times can see a team not perform to their best. Since defeat at the hands of East Kerry in the senior football championship, Dr. Crokes

form has been indifferent to say the least. They overcame a spirited Kilcummin effort to make it into the final four but the concession of such a large score would have been of a concern. A week later, they were left at the starting blocks by Dingle in the Division 1 county league back game and despite having trailed by 13 points at the break the black and amber's had the gap reduced to just six by full time.

Spa on the other hand ended the runs of

Glenflesk and Currow to get to the last four. Having no less than 12 players on the East Kerry panel, they are packed with on form players who bid to claim the biggest prize in East Kerry. They also showed in their quarter final win that they have the fire power needed but this is championship and a battle with their neighbours in Fitzgerald Stadium is as big as it gets, nerves will need to be hold by both sides.





MUCKROSS ROWING CLUB

MUCKROSS HOR

The entries are in and the countdown is on to this year's staging of the Muckross Head Of the River on Saturday next, December 7. Our thanks to all members and parents of juniors who has volunteered to help with the event. Timing is set for 10am to 3pm. Best of luck also to our own crews competing on the day!

INDOOR ROWING

On Saturday last, six of our junior members competed in the Irish Provinces Indoor Rowing Competition held in the UL Arena. Well done to Darragh Doolan, second in the Mens J16 1k and Meabh O'Connell, third in the Womens J15 5-minute event. Also placing in the top five of their categories were Ian Coffey (Mens J13 500m), Darragh Horgan (Mens J14 500m) and Meabh O'Connell (Womens J15 500m).

RACE NIGHT

The club will hold a festive fundraiser Race Night on Saturday, December 28 at Major Colgan's bar, Muckross Park Hotel. As we continue to invest in equipment and facilities to meet the needs of our growing membership, the Race Night will be an important fundraiser for the club. Horse sponsorship €20 and race sponsorship €100. Contact Sean Daly 087 231 6053.

FARRANFORE MAINE VALLEY AC

NATIONAL SENIOR & JUVENILE EVEN AGES CROSS COUNTRY C'SHIPS

The first National Cross Country Championships of the season took place on Sunday 24th November in The Sports Center Abbotstown, Dublin. The course was soft, following some very heavy rain during the week. Underfoot was challenging throughout the 1500m lap and was a test of athletes strength and endurance. Shauna McCarthy competed in the U16 4000m and was part of the Munster team. With close to 140 athletes fighting for positions the pace out of the tunnels was very fast with each girl trying to get ahead before the course began to narrow in. Shauna had a good start and was well inside the top half of the group. After the first short lap the line extended as most began to find the course very tasking. Shauna persevered and kept gaining positions throughout. She finished in 34th place overall and 7th for Munster. Well done. Mary Daly was part of the Senior Women's county team. The other team members were Grace Lynch (Iveragh), Niamh clifford (Star Of The Laune) & Niamh O'Sullivan (An Riocht). Competing with the best athletes in the country, the likes of Finnula Britton & Michelle Finn, over 8K distance was going to be a challenge. Mary paced herself very well over the five laps and did very well to finish in 42nd place. The second scorer for Kerry who finished 6th county team.

166 athletes lined up for the final race of the day. This was the Senior Men's 10K, 7 lap race. By now the course was well trodden, so no avoiding the by now heavy and sticky mud. Two athletes from Kerry lined up with the top Irish athletes fighting for positions



1st YEAR GIRLS - FUTSAL MUNSTER FINALS - St. Brigid's Presentation Secondary School First Year Girls who were runners up in the Munster Futsal Finals held at Waterford IT Årena last Tuesday, 19th November. The St. Brigid's team were as follows: Aoibhín Kelly, Andrea Murphy, Leah McMahon, Lucy O'Sullivan, Élizabeth Coffey, Sarah O'Sullivan, Shauna Myers, Emer O'Keeffe, Gráinne Byrne, Muireann O'Brien, Síne O'Neill.

to gain qualification for the European XC in December. Our own George McCarthy & Conor O'Mahony (An Riocht AC). Again the pace from start was fast, As each lap passed the athletes were spread throughout the 1500m lap, each battling for team positions. George finished in 130th place, and Conor had a great race, finishing 34th. Well done to Shauna, Mary & George for representing club, county & province admirably.

CLUB TRAINING:

Maria's Strength, Endurance & Flexibility Exercise Classes from 7pm at the Sports Hall in Farranfore. Class is designed for all abilities from secondary school upwards. €5 per class. Thursday Nights from 6:30pm for Seniors and juveniles competing in Munster & National Cross Country. Grass Session on GAA Field Farranfore €2

ATHLETIC'S FIXTURES

Sun 1st Dec.: Munster Juv "B" & IntermediateXC, **Turnpike Tipperary**

Sun 1st Dec: An Riocht 5K, Castleisland

Sun 15th Dec.: National Juv. Uneven Age & Novice XC, Dunboyne

Thur. 26th Dec.: Farranfore St. Stephens 2K & 5K Farranfore

Please contact club secretary, Mary, 085-1909509 to register for competitions in

See Kerry & Munster Athletics website for full fixture lists & timetable for event

GNEEVEGUILLA AC

GNEEVEGUILLA ATHLETIC CLUB: No winner of our lotto 22/11/2019, Numbers drawn were 10, 12, 23 & 28. Sellers prize winner Margaret Hayes, €50 Y/T prize to Orla Tompkins Boherbue, 450 to Bridget Clarke c/o Mgt Hayes, €40 to Emily c/o Sean Sheehan Ballydesmond, Sean O' Sullivan Margaret Hayes, James Moynihan Rossacrue. Bonus not won 5, 18, 19 & 26. Next weeks' jackpot €7,600 plus €1,000 bonus. The first of our Christmas Hampers will be drawn on Friday 29th .

CALLINAFERCY ROWING CLUB

Provincial Indoor Rowing Championships.

Last Saturday was a very successful day for our club, we travelled to UL Arena to compete in various races throughout the day. A total of 14 medals, 3 Gold, 4 Silver and 7 Bronze were achieved and have arrived back to Callinafercy Rowing Club.

Bronze medals were won by Saibh O'Brien 1K, Avril Murphy 500m, Zach Buckley 2K, Anne O'Sullivan 1K, Larry Laide 1K and Mike Murphy in both his 1K and 500m races.

Silver medals were taken home by Orla McCarthy 1K, Avril Murphy 1K, Marie O'Sullivan 2K and Margot Lawlor in her 1K race.

The clubs gold medals were won by Margot Lawlor in her 500m race and by Sarah Kennedy in both the 1K and 500m race in the U18 category.

We also had a number of very close 4th places and many personal bests. Thanks to all coaches who encouraged our members to achieve their best and everyone else who helped out on the dav.

Huge THANKS to Margot Lawlor with the help of Aaron for her commitment to training our indoor enthusiastic members. The club will continue to train in preparation for the Irish Indoor Championships which will take place on the 25th January In UL...

KILLARNEY RFC NEWS

Minis host Kilfeacle at Aghadoe:

Well done to our fantastic Minis who hosted Kilfeacle last Saturday at Aghadoe at all ages. Last September our Minis took on Kilfeacle at Thomond Park in a half time demo game during the Munster V Dragons match. We kept contact with our Tipp counterparts and duly invited them to travel to the Kingdom, an I vote they accepted. There was some fantastic rugby on display and a special thanks to the parents who

brought a proverbial mountain of food for the event. A very special word of thanks to Mags, Sinead, Fiona, Gillian, Linda, Breda and Gemma for organising the wonderful hospitality following the blitz. Next weekend our Minis head to Tralee for the West Munster Blitz. Meeting at O'Dowd Park at 10:15am.

WINTER SOCIAL:

Our Winter Social takes place tonight at the Killarney Avenue Hotel, kicking off at 6:30pm. All are welcome to come along and enjoy a fantastic night, a 3 course meal with wine and wonderful music from Super Ceili. Tickets available on the door. All welcome.

SENIORS:

This Sunday our Seniors take on Youghal at home at Aghadoe, please

come along and support the lads!

RESULTS:

Seniors: Scarriff 13 - 5 Killarney U18.5: Killarney 25 - 11 Newcastle West U16: Newcastlewest 21 - 7 Killarney U14 Girls: Tralee/Listowel 5 - 35 Killarney FIXTURES:

U14 Boys: Abbeyfeale V Killarney Sat Seniors: Killarney V Youvhal Sun Second XV: Charleville V Killarney Sun U14 Girls Report

KILLARNEY RFC GIRLS SCALE NEW HEIGHTS

- By Milo O'Meara

A visit to newcomers Listowel on Saturday last, saw a much improved performance by this Killarney side, who themselves have only recently been introduced to the game. Listowel, managed by the ever enthusiastic Kieran, managed to get a full 15 side out to face Killarney. It was a great achievement given how new to the game his girls are, as it very difficult for any coach to teach the skills needed in such a short time. We, at Killarney have full empathy and respect for what he, and his coaches and helpers are doing. Let's face it, Killarney themselves came under enormous pressure not only to start an U14s girls side, but with little or no time to coach them, they were thrust in the devils cauldron by competing in a league campaign.

But at this age, there is no fear of the unknown by the girls and so little by little as each training session comes to an end, this crew of young girls are taking in what is being coached and are slowly and most assuredly beginning to implement it onto match day. The scoreline which isn't important was a reflection of the effort put in by all 15.

The Killarney coach when asked about the win said, "the played like a team", no more to be said!! The front row, Jasmine Howard, Ella Guerin and Molly Gabbett are becoming a great combination as they all carried strong ball into contact and got around the field really well.

Second row of Joanne O' Keefe and Clodagh Foley were both outstanding, Joanne carrying some hard ball though the centre repeatedly



20 TY students from St Brigids Killarney completed a Spikeball coaching course in St Brigids Killarney. The course was given by Conor Flood from Volleyball Ireland. The girls must now complete 6 weeks coaching to both primary and first year students and organise a tournament at the end of the 6 weeks. The girls really enjoyed the course and look forward to the coaching.

and Clodagh getting back 50 metres to pull off a magnificent tackle.

The back row of Nell Crowley, newcomer to the backrow, Isabella O'leary and captain on the day Fia Whelan also gave up great performances. Fia, and her ability to drop kick a ball has even her coach bemused, her dad, Josh, himself a coach at another club, has taught her well! Robyn Launders at scrumhalf and Outhalf, Bronagh Dorrian, are beginning to link up well and caused havoc around the set piece, and Bronagh once again had a great day slotting over at least

six conversions. Centres, Holly O' Sullivan and Katie O' Donoghue both defended and attacked with zeal and were a constant headache to Listowel who struggled to get the ball out wide because of their workrate.

The back three of Melissa McCarthy, Kate Mangan and Marina Eager have all much improved as time goes on. They are beginning to know where they need to be, getting involved in everything. Indeed a special mention in this case to Marina's lightning speed which resulted in us finding the try line more than once. The acid test will come in two weeks time when Bruff, who gave Killarney a good trimming on their first ever match, come to town. Will Bruff faze these girls this time?

Not likely..Come down and see for yourself how far they have come in such a short time. A big thank you to Anne Foley, who, in Fiona's absence did a fantastic job, to the parents who came to see their kids play and perform in a way that would please the eye!!

KILLARNEY VALLEY ATHLETIC CLUB

We would like to thank all the volunteers that helped out at our church gate collection last weekend. Your help was greatly appreciated. **TRAINING** continues every Tuesday and Thursday eve 6-6.45pm. All members

welcome. Bring €2 and water. Strength & Conditioning continues on Monday nights 7-8pm for members only (aged 12 upwards). Bring €2, water and a mat if you have one. Please keep an eye on your email (if you're a member) and also check our facebook page

for any updated information on training etc.

CYCLING NEWS

CYCLIST'S WARM-UP FOR CHRISTMAS WITH THE ANNUAL HAMPER RIDE ON DECEMBER 15TH:

Like hearing Christmas music for first time every year we know when the Festive season is just around the corner as it's nearly time for the annual Christmas Hamper Ride.

The event on December 15th is hosted by the Killorglin Cycling Club the riders have a choice of two distances - 75km and 50km for adults. The action begins with sign on at the Killorglin Sports and Leisure Centre from 8.45am to 9.45am with the event rolling out at 10am. The sign-on fee is e15 for Cycling Ireland members and e20 for non-members.

Both of the adult routes follow the same roads through Killarney and into Farranfore where the 50km riders will head for Milltown and home while those on the longer route stay on the new Tralee road until they turn onto the Farmers Bridge climb and make their way back to Killorglin.

The first riders back from the long distance and the first from the short distance will receive hampers but there are also plenty of prizes to be raffled amongst the rest of the riders.

The event will be paced to ensure a fun day out and organiser Alan Jones says that it's a time when friends meet up year after year. "We know many of the riders who come back year after year and they really enjoy the day. So it should be another great way to kick start or should we say cycle into the Christmas season."

SCHOOLBOY/GIRL SOCCER **SATURDAY NOVEMBER 23RD SCORES:** SFAI Skechers National Cup 13's Tralee Dynamos 4-2 Holycross Avenue United 0-1 Killarney Athletic Newscastlewest Town 7-4 Camp Juniors JK Sports 12 Premier MEK Galaxy 3-1 Park Daly's Supervalu 13 Premier Park 3-0 Inter Kenmare Fenit 1-5 Killarney Celtic Killorglin 4-4 Listowel Celtic 13's Division 1 Park B 0-7 Dingle Bay Rovers Mastergeeha 5-2 Killarney Athletic B Iveragh United 3-2 Tralee Dynamos 13's Division 2 North Fenit 1-3 LB Rovers 13's Division 2 South MEK Galaxy C 8-1 Inter Kenmare Killarney Athletic C 1 –3 Killorglin Mastergeeha B 1-9 Ballyhar Dynamos Slattery's Carpets 14 Premier Ballyhar Dynamos 3 –0 Park B Killarney Plaza 15 Premier Park 4–1 Inter Kenmare Listowel Celtic 0-3 Killarney Celtic Killarney Celtic 2-1 Killorglin (mid-week) Mastergeeha 3-3 Killorglin 15's Division 1 Dingle Bay Rovers 0–6 Killarney Athletic Tralee Dynamos 5-3 Rattoo Rovers 15's Division 2 LB Rovers 9-2 Killarney Celtic B Girls Divisions 13's Premier Fenit 2-9 Inter Kenmare Iveragh United 2-3 Camp Juniors 13's Division 1 Castleisland 2-1 MEK Starz

Killarney Celtic Green 6-0 Park LB Rovers 3–4 MEK Starz

Fenit 3-0 Ballyheigue 15's Premier

17's Premier

Inter Kenmare 4-0 Castleisland

Inter Kenmare 3-0 Park

Listowel Celtic 9–1 Killarney Athletic

LEAGUE REPORTS:

4 becomes 6 in National Cup Last 32 With the Skechers National Cup qualifying rounds in all the age groups now played and all the spots in the Last 32, and in the Regional competitions, have now been filled.

Already through in the Even Ages were Killarney Athletic and Killorglin in the 12's, Killarney Celtic in the 14's and The Park in the 16's.

They were joined this weekend by Killarney Athletic and Tralee Dynamos in the 13's but sadly Camp Juniors just failed to make it a magnificent seven as they went out away to Newcastlewest Town 7-4 with the damage done in the first half where the found themselves 4-1 down

But for Killarney Athletic their away trip to Clare to face Avenue United was a winning one. There was only one goal in the game and it was scored by Nathan Cronin in the second half for Athletic who also had a man of the match performance from Mark O'Carroll.



Killarney Atheltic U15 Division One.



Killarney Atheltic U12's in National Cup.

Tralee Dynamos welcomed Holy Cross to their ground and won 4-2 thanks to goals from Nick Lacey and Adam Evans. The pressure the Dynamos exerted on the opposition also forced them into conceding two own goals.

All 6 Kerry sides will be now be awaiting the draws for the Last 32 and also for the Regional competition where 4 of the 6 teams at each age group that have qualified will play in two quarter finals with the other two teams going straight into the semi-finals.

MEK Galaxy go top of the 12 Premier:

In the only game in the JK Sports 12 Premier a 3-0 win by the MEK Galaxy over The Park sees them go top of the table on 9 points from 4 games played. They move above Tralee Dynamos who are on 8 but have 5 games played.

MEK GALAXY UNBEATEN IN 13 DIVISION 2 SOUTH

MEK Galaxy C are unbeaten in their 4 games in the 13 Division 2 South and are now on 12 points thanks to a win over Inter Kenmare who remain on 7 points. Jamie Vousden had a big day hitting 5 goals and these were added to be strikes from Joe Horan, Liam Casey and David Butler. Killorglin are up to second place, 1 point ahead of Inter, after their win away at Killarney Athletic C. The Killorglin goals came from Daniel O'Keeffe who got two and Ben Sugrue. LB joins Park at summit of 13 Division 2 North

St Brendan's Park C are unbeaten in their three games but were not in action. This allowed LB Rovers join them at the top of the table as they got their third win but do have 4 games played. The LB Rovers goals came from Sam Enright 2 and Shay Murphy.

BALLYHAR DYNAMOS WIN IN 14 DIVISION

There was one game in the Slattery's Carpets and Blinds 14's Division 2 with Ballyhar Dynamos beating Park B 3-0 thanks to goals from Aaron O'Sullivan, Fionn Coleman and Daithi O'Shea. But they needed a man of the match performance from stand-in keeper Michael

OUTLOOK SOCCER

O'Sullivan to secure the win.

KILLARNEY CELTIC DOUBLE SEES THEM LEAD THE WAY IN THE 15 PREMIER

In the Killarney Plaza 15 Premier Killarney Celtic have made it two wins from two in the week and they now lead the division as they won away at Listowel Celtic on Saturday. The Killarney Celtic goals came from man of the match Adrian Casey, Luke O'Neill and Eoghan Crowley. In midweek they had defeated Killorglin under the lights at Celtic Park in a come from behind 2-1 win thanks to goals from Luke O'Neill and Josh Bowler who hit the winner.

The Park are now on 6 points for their three games and level at the top of the Killarney Plazxa 15 Premier with Iveragh United who have a game less played. The Park's goals came from Venis Jahiri, Rodrigo Pinho, Dylan Hobbert and Richie Healy.

Mastergeeha and Killorglin drew 3-3 at Kilbrean Park with the home side having goals from Hugh Lenihan 2 and Alan O'Leary.

Dynamos alone at the top of 15 Division 1:

Tralee Dynamos won 5-3 at home to Rattoo Rovers and are now clear at the top of the Daly's Supervalu 13 Division 1. The Dynamos goals came from Jamie O'Shea 3, Sean Whelan and Darragh Cunnane. Darren O'Brien and Jack Enright replied for Rattoo Rovers whose third was an own goal.

Killarney Athletic were playing their opening game and made it a winning one away to Dingle Bay Rovers. Alex Hennigan hit 5 with Cillian O'Connor also on the mark.

All square at the top of 15 Division 2:

LB Rovers defeated Killarney Celtic to join them on 9 points at the top of the 15's Division 2. The loss was the first points that Celtic dropped in 4 games. For LB Rovers Jack Mallon and Thavien Buckley both hit 3 goals each, Darragh Fitzpartick got 2 and Cillian Hogan the other goal. For Celtic B Maz Brzozowski got 2 and Fionn Noctor the third.

GIRLS DIVISIONS ROUND-UP;

In the Girls 13 Premier Inter Kenmare won away at Fenit while Camp Juniors just got the better of Iveragh United away by the odd goal in 5. For Inter Kenmare the goals came from Phoebe O'Shea, Helena O'Donoghue, Martha O'Sullivan, Kate O'Connor, Alice Granville and Klaudia Merchel who was the player of the

match.
Goals from Maebh Courtney and Keelin O'Shea were not enough to get Iveragh United a share of the points in their home game against Camp Juniors who hit three.

Action in the 13 Division 1 began in mid-week when Castleisland won 2-1 at home to MEK Starz. Edel O'Donoghue and Amelia Kerins scored for the home side with Avril Rooney replying for MEK.

There was better news for the Starz as they won away to LB Rovers on Saturday 4-3. Rooney scored again and there were added to be strikes from Keeva Riordan 2 and Sarah O'Sullivan. Cliodhan Buckley and Roisin Fogarty were on the mark for LB Rovers.

Killarney Celtic had goals from Emma Daly 3, Hannah Casey 2 and Caoimhe O'Sullivan in their win over the Park who battled to the end. Goals from Siofra Murphy 2 and Grace Reilly gave Fenit a 3-0 win at home to Ballyheigue.

In the 15's Inter Kenmare were 4-0 winners over Castleisland thanks to goals from Tara Desmond, Tamara Bokic, Laoise Casey and Lucy Burton.

In the 17 Premier Listowel Celtic beat Killarney Athletic and Inter Kenmare also added three points to their total.

KILLARNEY ATHLETIC

U13 DIVISION 1.

Mastergeeha A (5)

Killarney Athletic Team 2 (2)

Our 2nd team put in a great effort this morning battling against our neighbours. Trailing 2-0 we battled back to 2-2, and played great football. The lads gave it their all and never gave up battling. Scorers were Luke Courtneyand Brian McCarthYy

Our U17 girls travelled to listowel today and found the going tough against a very strong listowel team

Despite this the girls fought right till the final whistle and never gave up final score 5-1 to listowel

KILLARNEY ATHLETIC U13T3 V KILLORGLIN

Killarney athletic went 1-0 up with a goal from Miosko. Just before first half Killorglin came back to level the score with a penalty.

Into the second half and Killorglin went into the lead. With yet another penalty. Killarney athletic fought hard to get through their defence but it was just too good. Killorglin went on to win the game 3-1.

GREAT DISPLAY BY OUR YOUNG BLUES.

Killarney Athletic U15 Division one Made the Journey To Dingle today. Came out on top of what was a very Sporting Game

A Great Squad Performance

From the Blues

Alex Hennigan 5

Killian O Connor 1

Many thanks to Dingle Bay Rovers for the great Hospitality.

U13s National Cup Result, Round 4

Avenue Utd 0 - 1 Killarney Athletic A.F.C

Our young Blues made the long trip to Ennis earlier today in the the 4th around of the National Cup, with a place in the last 32 and a Regional Quarter-Final to play for.

In a very tight game, there was very little between the Teams with both sets of attackers unable to penetrate each other's defense. 0-0 at the break.

Second half, we started to get the ball down and have good possession but again without creating any goal scoring opportunities. Avenue were looking dangerous on the counter attack and one of these attacks saw the Avenue Striker through on goal only for an excellent save from Caolan Mitchell in goal.

With 8 minutes remaining, we won a free kick, luke Doolan stepped up and whipped a dangerous ball into the penalty area where the Avenue Keeper could only get a hand to it and it fell to Nathan Cronin who finished from close range. A couple of late free kicks from Avenue looked dangerous but our defence stood firm and saw out the game to the delight of the

players and travelling parents.

Thanks to Avenue for a very tough sporting game, for the food and refreshments for our players and parents after the game.

A solid performance all round with another clean sheet, well done to all the players today. Thanks to all the parents who made the long trip today to support the players.

This win now puts us into the last 32, and a Regional Quarter-Final at home vs Asling Annacotty.

SENIOR TEAM:

The Seniors took on Fenit in their first league game of the season on Sunday in less then ideal conditions and found it hard to get going in the opening 30 minutes but with the introduction of Ryan Carroll on the 35th min sparked the team into life and a good move in the 44th min was well finished by William Courtney needing to improvise after the keeper made a good save from his initial shot by heading the ball into the net from close range.

Half time 1-0.

The second half saw a different athletic with the passing and movement on another level.

Fenit were now having to chase the ball which opened up space for William Courtney and Tom Templeman to get in behind their defence and if it wasn't for some fine saves from the Fenit keeper Shane Lynch would have scored a hat trick

The second goal came when Tom finished by chipping the ball over the on rushing keeper after a lovely through ball from William spilt the defence, The third and Tom's second came from another good ball from William into the box and Shane Lynch just unable to get on the end of it allowed Tom come in with a tap in at the back post.

Management made some changes at this stage with Donnel coming on for Jordan Rayes and Tom Templeman making way for lan Prendergast.

Conor Farrell after recently becoming a father and playing like a teenager crossed a ball to the back post from Shane Lynch to get the goal his performance deserved.

He then made way for Matt Fleming with 15 mins left.

Another through ball found William racing in one on one with the keeper and he slotted the ball into the bottom corner for his second.

Fenit pulled one back from the penalty spot to make 5-1 but with Jack Cooper coming on for William Courtney with five to go and with his first touch he found the bottom corner from just inside the box and make it a brilliant second half performance.

MEK GALAXY NEWS

KDL PREMIER A: MEK GALAXY 0-TRALEE DYNAMOS 1

Best on the day: Conor Murphy, Laurence Byrnes, Gary Cassidy. Not to be our day today as we condeded from a free kick with a few minutes remaining, lots of good play and plenty to take from the game but Premier A punishes mistakes, we will keep working and be ready for the next game

U13 MEK GALAXY 6 INTER KENMARE 1

A great result that keeps us top of the table and a great display in how a striker should play by our own Jamie Vousden who put on a master class display scoring 3 superb goals. This was not the easy win the scoreline says Inter were strong and unlucky not to have gone in level at half time the score was MEK 3 Inter 1 the aecond half was all MEK with Jamie Vousden the big difference between the teams. A truly Man of the Match performance! Other goals came from Joe Horan, Liam Casey and David Butler.

MEK GALAXY 3-1 ST BRENDAN'S PARK

Under12s Premier, Goals Kevin Coffey (2) Fionn Kennedy

Man of the Match Dylan O Meara outstanding in defence.

FIXTURES: Saturday 30th nov

U10 Green castleisland A v mek A 3.00pm u12 Premier Mek v Tralee Dynamos 10.30am u12 division 2 south Killarney Celtic B v Mek galaxy B 10.30am

u14 Division 2 mek v castleisland 11.45am U16 Division 1 south Ballyhar v MEK 11.00am Girls Killarney athletic1 v mek 3.00pm.

MASTERGEEHA FC

Mastergeeha FC 3 - 3 Killorglin AFC

A great display by our under 15's yesterday. Two well taken goals by Hugh Linehan made the game 2-1 as Killorglin also scored. Alan O'Leary scored to make it three until Killorglin once again bounced back and made the game 3-2. The boys held on in the second half until Killorglin equalised just before full time. Well done to Jack O'Donoghue on a good display today in goal.

U-13

DIVISION 1 & 2

Mastergeeha FC 1 – 6 Ballyhar Dynamos Our two u13 teams had contrasting results yesterday, the boys captained and ably led by Michael Healy that played Ballyhar Dynamos lost 6-1, with Thomas Myers, Bobby Keane and Eoin Cashman going well.

MASTERGEEHA FC 5 - 2 **KILLARNEY ATHLETIC**

In the second match, our boys won 5-2 against Killarney Athletic, led by James O'Connor who also chipped in with a goal, a Sean McAuliffe hat-trick and another from Matthew Kennedy sealed the deal on the day. Congratulations to James O'Connor for making the Kerry Schoolboys Team of the Week for a great performance.

U-11

LISTOWEL - MASTERGEEha

Our U11s made the trip North to Listowel Celtic on Saturday. We fielded 3 teams and all 27 players saw plenty of game time. The games were evenly contested seeing 1 win and 2 defeats. Well done to all our boys where they worked hard for each other all over the pitch and we look forward to our next fixture. Special thanks to all parents for making the long trip.

SENIORS DIV 2A MASTERGEEHA 6 CS **ABBEYDOURNEY 0**

The seniors continued their good start with the three points at home on Sunday afternoon. Gearoid Kerins, Carlo, and Tommy O Sullivan got the goals and created further chance to ensure the win.

KILLARNEY CELTIC

MUNSTER CHAMPIONS TROPHY

Killarney Celtic 3, Hibernians (Wateford) 2 Stephen McCarthy (2), Terry Sparling

Celtic got off to a dream start when Stephen McCarthy found the net inside the opening minute. Hibs came back into the game to level before Stephen McCarthy scored a beauty to give Celtic the lead at the break. A clash of heads involving Stephen McCarthy and a Hibs player resulted in a break in play during the 2nd half. The game was back in the melting pot when Hibs equalised again and extra time looked to be on the cards. However Celtic drove forward again and the ball was switched to Wayne Sparling on the left side and he made progress into the area before crossing across

the goal where Terry Sparling finished to the net to send Celtic into the semi final draw.

Next up for Celtic is the FAI Junior Cup 5th round at home to St Kevin's Boys next Sunday Dec 1 at 2pm.

PREMIER B

Killarney Celtic B 1, Camp Utd 2 **Padraic Looney** U17 League Iveragh 0 Killarney Celtic 3 Erin Moloney (2) Ronan Coffey

U15 PREMIER

Killarney Celtic 2 Killorglin 1 Luke O Neill, Josh Bowler Listowel Celtic 0, Killarney Celtic 3 Adrian Casey, Luke O Neill, Eoghan Crowley 2 wins inside 4 days have moved the 15A team to the top of the Premier Division.

U15 DIV 2.

LB Rovers 9, Killarney Celtic 3 Max Brozozowski (2), Fionn Noctor **U13 Premier**

Fenit 1, Killarney Celtic 5

Leon Bowler (2), Joey McCarthy, Sean Maher, Oisin Fleming

A strong 1st half laid the foundation for the 13A team to gain their 1st league win of the season. They lead 4-0 at the break and maintained their advantage through the 2nd half to take all 3 points.

U13 GIRLS DIV 1

Killarney Celtic (Green) 6,St Brendans Park 0 Emma Daly (3), Hannah Casey (2), Caoimhe O Sullivan

Congrats to Adrian Casey U15A who made the KSGL Team of the Week and to Sarah Warren and Jessica Leggate

Well done to our U11 squad who enjoyed their trip to LB Rovers last weekend.

CELTIC LOTTO

Numbers drawn 1,20,21,22. No jackpot winner. Match 3 receive €50. Next jackpot €12,200



Killarney Rugby Club Under 14 team who played Tralee at the weekend



South West Munster U18 Round 5

KILLARNEY POWER TO VICTORY

Killarney 25 Newcastlewest 11

Killarney U18s powered to an impressive victory on home turf on Sat 23rd saving their most complete performance for the final game of the conference. Both teams entered the game on level points knowing that a victory would propell them into Munster Cup action before Christmas. Killarney got off to a flying start. The reconfigured backline worked the ball skillfully into the left corner, from there the forward unit took over with Brendy O Donoghue and John Mc Carthy going close before Craig McKenzie Vass used his power to crash over. The response from the hulking visitors was emphatic. For the next 20 minutes they dominated the exchanges carrying hard with ball in hand and mixing their frontal power game with shrewd tactical kicking from their 9 and 10. They narrowed the lead with a penalty after 8 Mins and after turning the screw for several phases scored a superb try after 15 Mins when their 10 cross kicked deftly for the right winger to collect, step inside the cover and touchdown. Killarney bounced back quickly securing a penalty from the restart and when the ref brought it into range for unwanted verbals Ciaran O'Brien punished the offence with his powerful boot. Killarney continued the policy of rotation introducing 4 players after 25 Mins and retook the lead after 30 Mins when prop O'Brien again slotted a penalty. Newcastlewest pounded the home line for the final 5 minutes and leveled the game at 11 all with the last kick of the half.

Killarney regrouped at half time and got a break after 5 Mins when Newcastlewest had a player sinbinned for prolonged verbals. This period allowed the home time more time and space to connect and it was noticeable that their patterns and link play improved . A number of promising moves thrilled the large crowd but the ball was dropped on a few occasions. Eventually the try arrived after 16 mins when Gary Randles bludgeoned his way through the scrambling defence to touchdown. With confidence now skyhigh and also with more fresh reinforcements the chinks now began to appear in the visitors defence. Line break followed linebreak with Adam Walsh, James Kennelly, Cian Murphy, Matt McAuliffe, Brendy O Donoghue and Padraig Talbot all making major yardgains. The best try was served after 22 Mins when fullback Gary Randles finished a super team effort cutting a sharp line diagonally through the cover to score under the posts. Prop Ciaran O Brien brought his kicking total to 10 points for the day to complete the scoring. Killarney rotated 9 eager players for the last



Action from the West Munster U18 game (above) Below: Ciaran O Brien punished the offence with his powerful boot. PHOTOS: MARY MCCARTHY.



12 Mins who dovetailed seemlessly into their positions. A final inspiring Aidan Keane tackle and ballrip heralded the final whistle.

The starting forwars on the day were Rob Nealon, Craig Mc Kensie Vass, Ciaran O Brien, Evan Mannix, Padraig Talbot, Matt McAuliffe(capt), Brendy O Donoghue, and John Mc Carthy.

The backline started with Adam Walsh, Cian Murphy, Donnchadh Grealy, Dion O Neill, Mark Sheahan, Tomas Clifford and Gary Randles. The following players were rotated in during the game, forwards Adam Cronin, Krystian Komosa, Sam Casey, Adam Mcsweeney with backs Michael Cusack, Ronan Buckley, Liam Randles, Aidan Keane and James Kennelly all competing superbly.

From here it's onwards and upwards for this ambitious group who have now qualified to compete at the top table of Munster competition for the 3rd consecutive year. The team will await the draw with great anticipation with a first round match scheduled for Sat 14th of Dec. Ensure you get a look at Mary McCarthy 177 super pics on KRFC Facebook that graphically capture this highly competitive and entertaining game.

OUTLOOK BASKETBALL

KABB NEWS

Hard to pick highlights in hectic week on the local basketball courts

Kerry Area Basketball Divisions and competitions it is not easy to pick highlights.
Cougers quietened in Currow: In the u12 Division 2 it ended St Bridgets 27 to Killarney Cougers 12 but it doesn't really tell the story of the game. The home side led by 5 entering the last quarter but the Killarney boys had cut this to just 2 with three minutes to go. But cheered by the home crowd the St Bridget's Currow side finished in style led by the eye catching Joshua Ryan. He would ebd on 16 with Frank Wharton hitting 7. Fergal Murphy had 7 for the Killarney side.

Imperials win in Castleisland: St Mary's hosted

a Tralee Imperials side that had a height advantage in Castleisland. However the Tralee girls were pushed all the way by the home side and only pulled ahead in the final two quarters of the game. St Mary's led by 1 at the break 12-11 but Imperials took the win 23-14. Priya O'Donovan and Laura Falvey led the scoring for the Tralee girls with Jasmine Tobin Moran and Sophie Horgan topping the lists for St Mary's. Raven's flying high: It was a good week for the Rathmore Ravens u12's girls. They proved to be too strong for a St Paul's White side who never stopped trying. Rachel Rahilly led the Ravens to victory with 12 followed by Ava Twomey on 8 with Aoife Murphy, Christine Moynihan and Katelyn McCarthy also on the score sheet.

They followed this up by winning at home to Caherciveen in the first game in the Plate. This time it was Twomey leading the scoring while Katie Doherty had a big game on defence.

Rockets and Flames on fire for St Colman's: Like most corners of the county basketball is strong in Milltown. In the u12 Division 3 Pool 2 the Rockets just got the better of St Paul's by the narrowest of margins. St Paul's led 17-11 at the half but a big third quarter from the Milltown girls saw the sides level entering the final quarter and they went on to win by 1 point 24-23.

For St Colman's Rockets Niamh O'Gorman and Georgina Casey had 8 each as did Zoe Counihan for St Pauls with Maggie Hickey on 6.

Bobcats see off St Paul's in u16 Girls cracker: The u16 Girls Division 2 game between TK Bobcats and St Pauls was a high scoring thriller. Paul's led 16-10 at the end of the first quarter but Bobcats outscored them 20-12 to lead by 2 at the half. It swung again in favour of the Killarney side in the third as they went back in front 45-42. But by the time the buzzer that counted sounded TK Bobcats were ahead by three 60-57. Roisin Rahilly led the scoring with 19 followed by Ella Quirke on 11.

Bobcats Boys make it two from two in 14's: TK Bobcats welcomed TK Cougars Killarney to the John Mitchels hall for a game in the u14 Boys looking to make it two wins from two. There was very little between the sides in the first quarter with the home side leading by 1. By half time the game was still as tight but this time it was the Cougars who led by 1. In a high quality encounter Cougars Lucas Cronon and Ted O'Gorman were impressing while Stephen Turner and Conall Savage were doing the same for Bobcats.

TK Bobcats upped their intensity on defence in the final two quarters and were 7 ahead going into the final period and pressed home their advantage to win by 19 in the end.

St Mary's Boys win tight encounter: It took a big three pointer from St Mary's Patrick O'Shea to finally see of Gneeveguilla 59-54 in the u16 Boys League. St Mary's score sheet was headed by Brian O'Leary on 21 followed by Rory Burke with 12 and Evan Brennan on 6. Sean Finnegan led the Gneeveguilla scoring hitting 21 with Rory Burke on 12 and they also had some excellent rebounding from TJ O'Leary.

St Bridgets on the double: There were wins for St Bridgets u16 and u18 boys in their Division 2 Leagues. The u16's saw off Caherciveen 46-43 led by Cathal Brosnan on 16 and John O'Connor on 14. Aaron Galvin hit 13 for Caherciveen with Ronan Teehan shooting 12.

In the 18's it finished 54-42 over Glenbeigh Falcons. John Curtin 18 and Ryan McHugh on 11 led the Currow scoring with Liam Smith 15 and Keith Sheehan 10 the top two for the Falcons.

Killarney Cougars BC

JUVENILE NEWS

Kerry Airport U14 Boys Plate Killarney Cougars 57 Caherciveen 38

ougars made a confident start to the game with Cian Forde and Ian Coffey in top form to open a lead for Cougars 16-9 as Caherciveen struggled to get into the game. Caherciveen made a stronger start to the second quarter but Cougars finished the quarter well with Rory Clancy and Ted O'Gorman on target with 6 pts each to increase the lead to 29-18 by halftime. Cougars were dominant in the second half as they had some excellent baskets and controlled

the boards with Rory Clancy the games top scorer on 19pts and Ian Coffey, Cian Forde and Ted OGorman all getting into double figures for the Killarney boys.

U14 Girls Div II St Brendans 31 Killarney Cougars 29

St Brendans made home advantage count as they led this game from the start to the finish withstanding a late comeback from the Cougars which came close to snatching the win but St Brendans who were the better side for three quarters of this game held on just about.

Killarney Cougars Mia Griffin, Kate O'Driscoll and Lucy OSullivan all giving it their all until the final buzzer but it was the Tralee girls that secured the points.

Academy Training

Last Sunday was County Blitz day and their was an early start for our Cougars teams in Tralee.

We had a great turnout with the teams impressing in games against

St Josephs, St Bridgets, Cobras, Pauls and Glenbeigh. Thanks to our coaches Ciaran, Tony, Keith, Kelly, Enoch and thanks to all who helped and supported on the day.

Further details on training schedules, fixtures go to our website www.killarneycougars.com or follow us on facebook

Killarney Comhaltas News



At our monthly meeting, last
Tuesday night Chairman
Eoin O'Carra welcomed
everyone. Our delegate
Kianan O' Doherty gave
a comprehensive report
from the Munster Council
Congress meeting.

The Launch of Fleadh Cheoil

na Mumhan 2020 hosted by Fleadh Cheoil na Mumhan and Limerick Comhaltas is being held in Longcourt House Hotel Newcastle West on Wednesday 27th November at 8.30 pm. We encourage all our members to attend especially our musicians, dancers.

Our next branch meeting will be held on Tuesday 21st January in The Meeting Rooms

Park Road, as some of our committee members are away over the month of December.

Our chairman Eoin O'Carra will continue to host pop up Gaeltacht in Killarney and Kilcummin, interested parties can contact Eoin 087 6155253. Support your local classes and Ceilis and continue to promote our culture of music, song, dancing, and our native language.

LAKERS RECORD IMPRESSIVE VICTORY

Ulster University Elks 81 Scott Lakers 94

SCOTTS Lakers picked up an important win on the road last Saturday with an impressive 13 point victory in Ulster University Jordanstown. This match had a 12.30 tip-off in Belfast meaning an extremely early departure time of 4.30 am for the Killarney side.

Despite the long journey and early start, Scotts Lakers were well in control of this match from the outset. Four big three-pointers from Brian O'Neill plus further threes from Mark Greene, Toby Christensen and Mick McGinn helped the Killarney side to a 34-21 lead at the end of the first quarter.

Greene, Christensen and McGinn added further scores while Aaron Jackson also impressed as Lakers enjoyed a commanding 54-35 advantage at half-time.

Disaster struck for the visitors early in the second half when Aaron Jackson was disqualified from the match following a controversial foul with less than three minutes gone. The home side capitalised on this with Aaron Rooney and Kadeem Smithen impressing and Elks outscored the Lakers 27-17 in this quarter. Toby Christensen, Brian O'Neill and Mick McGinn kept the Lakers in contention and they managed to stay in front to lead 71-62 as the game entered the final quarter.

Toby Christensen continued to dominate hitting 14 points in the final period to finish with a massive game high of 38 points. The home side struggled to claw back the deficit and Lakers held on to win by 13 in the end. It was a huge improvement on the previous week's loss to Fr Mathews where the Lakers missed 16 free throws. They only missed four from 20 attempts in Belfast last Saturday and this was another significant factor in the victory.

Scotts Lakers are free this weekend and their next outing is away to Limerick Sport Eagles on December 8th. The next home game in Killarney Sports Centre will be against Limerick Celtics on December 14th.

Scotts Lakers: Toby Christensen 38, Brian O'Neill 21, Mick McGinn 15, Aaron Jackson 11, Mark Greene 6, Victor Martinez 3, Seamus Brosnan. Ulster Elks: Kadeem Smithen 21, Aaron Rooney 18, Shane O'Connor 16, Matthew Rooney 8, Shane Morgan 7.

ST BRENDAN'S SEAL TOP SPOT WITH WIN OVER RIVALS TRALEE CBS

St Brendan's College 1-17 Tralee CBS 2-13



t Brendans College have Oqualified for the Quarter Final of the Corn Ui Mhuiri when they sealed top spot in Group D with a hard fought one point win over Tralee CBS.

Played in front of a large crowd of supporter this lunch time top of the table clash did not disappoint for both drama and excitement as the lead switched hands a number of time before a strong St Brendan's finish got them over the line with a long range free from Ryan O'Grady came on the back on some fine scores by substitutes Tom Doyle and Harry Buckley.

With both teams having already done the hard work in securing qualification from this Group D Corn Ui Mhuiri clash top spot and a draw against a group runner up in the quarter final was at stake with both teams already having beaten ISK and Coláiste Chríost Rí.

O'Grady and Dylan O'Callaghan got the winners off the mark early but Tralee helped with points from Cian Purcell, Sean Quilter and Joe Lenihan put Tralee CBS into the lead at the end of the first quarter.

It should have led the Green side to build on a lead that they deserved for their effort but it was St. Brendan's that hit a purple patch that led them to score the next four unanswered with O'Grady (F), Emmet O'Shea, Eoghan O'Sullivan and even keeper Eoin Moynihan (45) all finding the target.

Still Tralee CBS were creating chances but a number of tenacious block downs kept that at bay. Unfortunate for the Killarney side that it was a block down that led to the game's opening goal as Darragh Reen recovered his blocked effort to send an inviting ball into the square in which the on rushing Cian Purcell flicked to the net. A minute later the impressive Fergal O'Brien had the game tied up with a point, Jason Kerins ensured that the "Sem" would take a 0-9 to 1-5 lead with them to the break.

The second half proved to be a real "topsy turvy" affair with each side gaining momentum at various stages only being quilty of not pushing on when in the ascendancy. The Tralee side regained an early lead with strikes from Luke Barrett and Quilter but again it was the Killarney boys who pushed forward and helped with a 37th minute Ryan O'Grady goal that pushed themselves five points clear by the 40th minute. However they failed to find the target for another ten minutes as Tralee once again retook the lead helped with a Sean Quilter goal on the 43rd minute when he out fielded his marker and shot to the net.

By the 50th minute, they were ahead 2-12 to 1-12 but again they too fell guilty of not shutting out the contest as the Sem mounted one last throw of the dice with both Harry Buckley and Tom Doyle being introduced.

Both would find the target as would centre back Terry Sparling before Ryan O'Grady fired over his free from the sideline to ensure that it would be St Brendan's that would top the group as Tralee CBS were left to reflect on what may have been.

St. Brendan's College: O'Grady 1-3 (0-3F), William Shine 0-3, Emmett O'Shea 0-2, Dylan O'Callaghan 0-2, Harry Buckley 0-1, Tom Doyle 0-1, Eoin Moynihan 0-1 '45', Eoghan O'Sullivan 0-1, Mark Cooper 0-1, Jason Kerins 0-1, Terry Sparling 0-1

Tralee CBS: Fergal O'Brien 0-5 (0-1F), Sean Ouilter 1-2, Cian Purcell 1-1, Conor Hayes 0-2, Luke Barrett 0-1, Darragh Reen 0-1, Joe Lenihan 0-1

St. Brendan's College:

Eoin Moynihan, Cian O'Leary, Mark Cooper, Neil O'Shea, Ruairi Doyle, Terry Sparling, Evan Looney, Eoghan O'Sullivan, Michael Lenihan, Jason Kerins, Ryan O'Grady, Padraic Looney, William Shine, Dylan O'Callaghan, Emmett O'Shea

Subs: Tom Doyle for Cian O'Leary (47) Harry Buckley for Padraic Looney (49)

Tralee CBS:

Devon Burns, Ruairi O'Sullivan, Luke Chester, Luke Barrett, Eoghan Carroll, Armin Henrich, Padraig White, Conor Horan, Joe Lenihan, Fergal O'Brien, Darragh Reen, Jordan Kissane, Cian Purcell, Sean Quilter, Conor Hayes

Subs: Sean Kennedy for Jordan Kissane (39) David Moriarty for Luke Barrett (45)

Conor Myres for Cian Purcell (53) Referee: Seamus Mulvihill --





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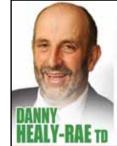
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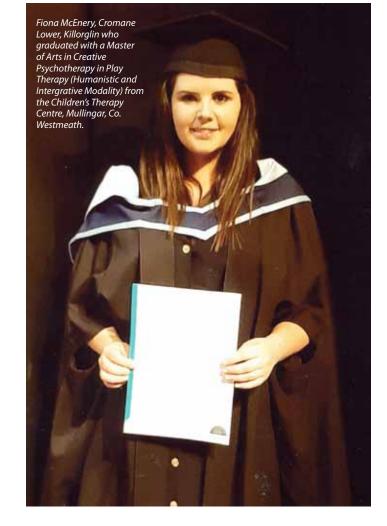
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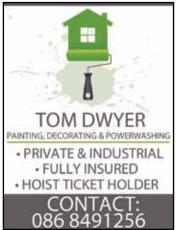






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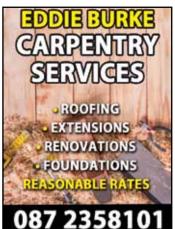


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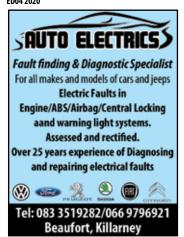


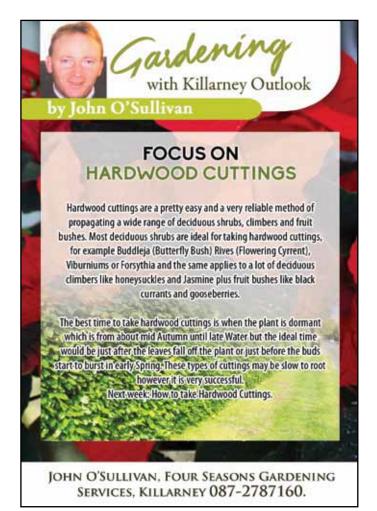




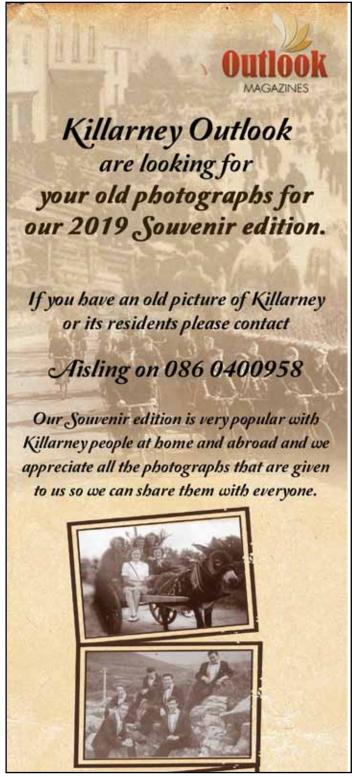
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CONTACT: 087 - 9735113

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ED 48

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CONTACT: 089 4805403

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FOR SALE

BROWN LEATHER - 3 Seater Couch in excellent condition.

CONTACT: 086 1724413

FD 48

FOR SALE

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CONTACT: 089 4805403

FD 48

FOR SALE

40 BAGS OF EXCELLENT TURF. Only €120 delivered. Hardwood €200 and Softwood Timber €130 also available. 30 bags of timber €100.

CONTACT: 089 4805403

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CONTACT: 087 6237163







The ending of a relationship can be a very painful time whether you are the one who has ended the relationship or not. It may have come as a great shock - which can be very upsetting. Even if it had been coming for a while, the grief that accompanies a break up can be devastating. Following a break up we may feel overwhelmed with feelings of loss, grief, anxiety, loneliness, guilt and sadness and it may feel as if our lives will never be the same again. We may find that we have one good day, only to feel flooded with sorrow the next. This is very natural and part of the grieving process. If we were the one to end the relationship we may experience feelings of guilt, loneliness, sadness and/or relief.

Whatever you are feeling, it is important to allow yourself time to grieve. Healthy grieving means experiencing our feelings, whatever they may be. Gradually we come to accept the loss and re-adjust to a life without that person. It can be difficult to move that person from being at the centre of your life to somewhere peripheral. This is made all the more challenging if you have children together or work in the same office. Minimal contact - however tough is advisable.

At times grief can feel like a physical pain - so working with our body can help to release the sadness. Gentle movements such as stretching, walking dancing, yoga, massage or tai chi can all help our mind and body to express our grief.

Although your grief may feel very intense it will change over time. It is important to remind yourself that the heartbreak will heal. Gradually you will begin to notice that you're not checking your phone as much anymore, you have a night out where the sadness isn't present or you're not crying all the time. It is vital to notice these changes as no matter how small they may seem - they signal change and herald a new beginning.

Grief can be a very isolating experience, so it is important to seek support and reach out to others. You may choose to talk to friends or consider speaking to a counsellor to help you through this time.

Remember you don't have to go through this alone. Other great sources of support include spending time with family, walks in nature, pets, reading a good book, watching a movie or going to the gym.

SouthWest Counselling Centre, Killarney provides affordable professional s at its Killarney Centre (Lewis Road) nselling to children, adolescents adults and coupl To make an appointment call: 064 6636416/064 6636100

outhWest Counselling Centre is a not-for-profit organization. If funds raised through fundraising go directly to service provision

A Word of Victory

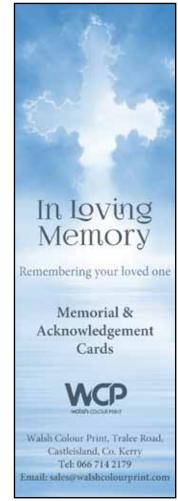
Welcome back dear reader "can two walk together unless they are agreed?" (Amos 3:3). Agreement is essential for advancement and peace. Jesus told His critics that "a house divided cannot stand" (Matthew 12:22-30). A familiar tactic of Satan is 'divide and conquer'. He uses it in marriages and families, in workplaces and amongst friends. Also a person can be afflicted by this with mental torment when they are conflicted within themselves by feelings of shame, guilt and condemnation - all diminishing love for oneself and others. With Christmas approaching many couples and families feel pressure because of demonic attacks which are specifically sent to cause strife and arguments in order to divide and conquer them. Most people do not even realise what's going on and have no defence for it, and what happens is they lash out at the one who has hurt them, so a tit-for-tat results, breeding resentment and allowing bitterness to take root. To the one harbouring feelings of anger it is like drinking poison, and can be the root cause of sickness, torment, and fear. To counteract strife and the plots of the devil draw close to God! When we humble ourselves before God by accepting Jesus as Lord, repent for our sins, and obey His Word we can resist the demonic by God's Power and the devil has to flee (read James 4:1-12). It is through studying God's Word the Bible that we train our spirits in discernment and, as we get to know the Lord through His Word, we become a habitation for His Presence and will easily spot and stop these attacks. Anger is an important emotion, but the Lord warns us to "be angry and do not sin" and, to not "let the sun go down on our anger" (Ephesians 4:26-27). This is a vital principle friend, because, when we hold onto anger it only grows bigger as we feed on the offence it causes us all kinds of trouble and gives the devil legal access to bring disaster as he has "foothold" in our lives through that anger. Yes, I can hear you shouting 'you don't know what they did to me!!!', but friend, God wants us to forgive from the heart - not just for the one who has hurt us to be released, but, so we can be set free from Satan's grip. "Forgive us our sins as we forgive those who have sinned against us". To the same extent that we forgive, we are forgiven and peace is restored.

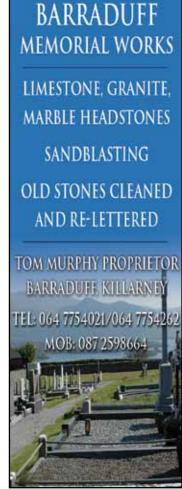
See more at wordofvictory.net



E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

Word of Victory is a paid advert and does not represent the editorial views of this magazine.





NOVENA TO THE SCARED HEART

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one. (Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days.
Publication of prayer and favour will be granted.

NOVENA PRAYER TO ST JOSEPH

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

O Saint Joseph, assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.

O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me, and ask Him to return the Kiss when I draw my dying breath. Amen

NOVENA TO ST JUDE

May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever.

Sacred Heart of Jesus, please pray for us.

Saint Jude, worker of miracles, please pray for us.

Saint Jude, helper of the hopeless, please pray for us.

Say this prayer nine times daily and by the end of the 8th day your prayers will be answered.

Say it for nine days, publication must be promised.

It has never been known to fail. **A.G.M**

GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy St Faustina, St Expedite, St Padre Pio, Our Lady of Mount Carmel, Sacred Heart of Jesus, Our Lady of Lourdes for Health favours received. X

7TH ANNIVERSARY

IN LOVING MEMORY OF

PAUL CASEY



LISSYCONNOR AND LATE OF SHINNAGH. WHO DIED ON 22ND NOVEMBER 2012.

A loving thought, A silent tear A constant wish that you were here A loving place no one can fill We miss you Paul and always will.

SADLY MISSED BY MOM, DAD, AIDAN, ALAN, DAVID, ROSE, SHEILA, LINDA, LOUISE, NORMA, DARREN AND AOIFE.

Masses Offered

7TH ANNIVERSARY

IN LOVING MEMORY OF

JOHNNY CASEY



SHINNAGH. Who died 9th October 2012.

You had a smile for everyone You had a heart of gold You left the sweetest memories This world could ever hold.

ALWAYS REMEMBERED BY PATSY, MARY ROSE, AIDAN, ALAN, DAVID, ROSE, SHEILA, LINDA & LOUISE.

Masses Offered

PRAYER TO ST. PADRE PIO

PRAYER

O God, You gave Saint Pio of Pietrelcina, capuchin priest, the great privilege of participating in a unique way in the passion of Your Son, grant me through his intercession the grace of which I ardently desire; and above all grant me the grace of living in conformity with the death of Jesus, to arrive at the glory of the resurrection. Glory be to the Father ...(three times)

1ST ANNIVERSARY

IN LOVING MEMORY OF

SUSAN O'DRISCOLL



NOTTINGHAM UK & KILLARNEY

God looked around his garden
And found an empty place
He then looked down upon
The earth and saw your tired face
He put his arms around you
And lifted you to rest
Gods garden must be beautiful
He only takes the best.
It broke our hearts to lose you
But you didn't go alone.
For part pf us went with you,
The day God called you

FROM BETTY AND JOHN

Wrap yours arms around him Lord,
Don't leave him on his own,
For it is his anniversary,
And he cant come home.
Call his name softly,
And when he looks your way,
Tell him we love him,
And miss him everyday.

FROM BETTY AND TOM

Anniversary mass is on Monday the 2nd of December at 6:15 in the Cathedral in Killarney

FROM HEARTBROKEN SISTERS NORA, TWIN BETTY, JOHN AND TOM.

NOVENA TO THE SCARED HEART

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.

(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

1ST ANNIVERSARY

In Loving Memory of

LIL Macmonagle



1921 - 2018

We are not upset when The grass dies. We know it will come back in a season or two. The dead don't come back but they appear every time in the greenness of the grass.

By Dunya Mikhail.

THE FAMILY WOULD LIKE TO THANK ALL WHO SYMPATHISED AND SUPPORTED US IN OUR LOSS.

12TH ANNIVERSARY

IN LOVING MEMORY OF

MARK DUGGAN



MOULNAHORNA, MACROOM.

WHOSE ANNIVERSARY OCCURS ON THE 22ND OF NOVEMBER.

Will those who think of Mark today, A little prayer to Jesus they say.

FROM NORA AND JOHN

Anniversary mass on Monday the 2nd of December at 6:15 in the Cathedral Killarney.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

ROSS MEDICAL PRACTICE

KILLARNEY



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Eilish O'Carroll Winnie McGoogan from Mrs Brown's Boys

"For me being introduced to Egans and the new Opn hearing aid has been a life changing experience."

Karen Underwood Singer

"As a singer, the combination of Egans and my Opn hearing aid means I can fully enjoy my passion."

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