KILLARNEY Outlook

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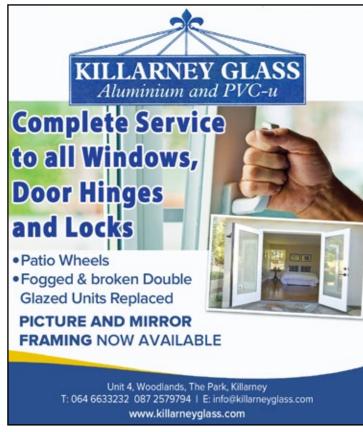


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Marie Moloney, Sean Kelly, Danny Healy-Rae and Norma Foley at the official opening of the Kilcummin GAA Fitness and Wellbeing Centre last Sunday









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THIS WEEK

PASSING OF A TRUE CHARITY CHAMPION See Page 4

Aisling Crosbie.

FROM THE EDITOR

I would like to take this opportunity to extend my heartfelt thanks to each and everyone who sympathised with the family on the passing of our beloved Mum Betty.

I think the words of George Bernard Shaw sums up Mum's life a life truly well lived.

I want to be thoroughly used up when I die, for the harder I work the more I live. I rejoice in life for its own sake. Life is no "brief candle" for me. It is a sort of splendid torch which I have got hold of for the moment, and I want to make it burn as brightly as possible before handing it on to future generations. - GB SHAW

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news@outlookmags.com 086 0400 958

jimmyosdarcy@gmail.com

des@outlookmags.com

087 6593 427

killarneyoutlook@outlookmags.com 087 7776 665

maura@outlookmags.com 087 7160372

accounts@outlookmags.com 1800 71 40 40

Editorial Contributors

• What Women Want - Beauty

Contributing Photographers

- Valerie O'Sullivan

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HELPFUL CONTACT NUMBERS

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ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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A dogs life; Macy admiring the Autumn colours on Purple n Toamies Mountain from Middle Lake PHOTO: CON LYNCH

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PASSING OF A TRUE CHARITY CHAMPION

Betty Crosbie RIP

Betty Crosbie was a real charity champion who achieved so much during her long life and she really put her faith into action, mourners at her Requiem Mass in St Mary's Cathedral heard last Tuesday morning.

Chief celebrant, Killarney Parish Administrator Fr Kieran O'Brien, said Betty gave so much to those in need, showing them love, kindness, mercy and compassion.

"She helped so many people on the road of life. She made a difference in so many lives," he said. Betty, a wonderfully charismatic, compassionate, larger than life personality, dedicated so much of her long and eventful life to helping others. Her death last Saturday, at the age of 93, extinguished a light that had shone so brightly for so long and she will be remembered with great affection and admiration after a life well lived.

Fr O'Brien, who was joined on the altar by Bishop Emeritus Dr Bill Murphy, Fr Tom Looney and Fr Caoimhin Ó Laoide, OFM, said Betty was a true charity champion who devoted so much time and energy to organisations like St Vincent de Paul and the Friends of the Children of Chernobyl.

"Through her involvement with St Vincent de Paul, people came knocking on her door for help and she was so discreet, none of us would ever know," he said, adding that he remembers Betty collecting at the church door for St Vincent de Paul in all kinds of weather.

"She was known well beyond Killarney for her charity work for Chernobyl. It started off very small, maybe accidentally, when a group of people were on a visit from Belarus, then Betty took an interest and it took over the rest of her life," Fr O'Brien said.

She set up her own group in Killarney in 1993 with a staunch committee behind her and she worked tirelessly and endlessly for the cause.

"She vowed then to do as much as she could for as long as she could," he said

The congregation heard that just four weeks ago Betty was packing bags to be shipped to Belarus for the children there and their families. She travelled there herself about 12 times and her last visit was seven years ago when, at the age of 86, she thought nothing of the long, daunting journey in the back of a lorry in winter time.

"She did so to help people living in conditions she felt nobody in this world should have to endure, especially children," Fr O'Brien stated. Betty regularly organised trips for the children to come from Belarus to Ireland so that they could receive dental care and medical treatment as well as footwear and clothing. She ensured they had a holiday experience to remember before they returned home, after a few weeks, much healthier and stronger.

"This was Betty's calling in life. Once one trip was over she was planning another, it was all-year round. Betty's love for these children resembled God's love for us," the celebrant remarked Fr O'Brien recalled an occasion about 20 years ago when he was in a parish in west Kerry and a group of young people approached him doing a project on the ramifications of natural disasters. He brought them to Betty's home on Mill Road, without an appointment, and they knocked on the door.

"They spent hours listening to her and she gave them first-hand information, cuttings, pictures and souvenirs. Their project was done before they left Killarney," he said

Fr O'Brien said the announcement of her death has saddened the town and it caused a sense of shock but Betty had achieved so much in life and her work is now done.

Betty's youngest daughter, Aisling, who is Editor of the Killarney Outlook, said they have heard their mother described as a great woman time and time again throughout their lives and she will be a hard act to follow.

"She was a strong, compassionate woman dedicated to looking after others through her charities, fighting always for the underdog and not letting go until she got what they needed," she said.

Aisling said the greatest love of her mum's life was her grandchildren and she was so proud of each and every one of their achievements, no matter how big or how small, and Nan was always on the 'phone to congratulate them, be it a goal in a football match, a promotion at work or an A in an English essay.

"Her love of people was one of her most endearing traits. She loved nothing more than meeting people trying to determine who they were, who were they related to and how she could make the connection and she usually did," she said.

Aisling said she and her sisters can never remember their mother ever being sick, or taking a day in bed and she never took a tablet. "If anyone ever asked her what her secret was she would proudly say 'I never went for a walk, I love cream and butter and I like the odd drop of brandy"."

Having lived in Dublin, it was while holidaying in Sneem in the 1960s, with her late husband, Noel, and their three daughters, that Betty fell in love with the village and they soon packed their bags and set up home there.

They bought and operated a busy guesthouse and, true to form, Betty was one of the first people to meet and greet the President of France, Charles de Gaulle, when he visited Sneem in 1969.

When they moved to Killarney, where the family acquired the Whitegates Hotel, Betty immediately felt at home and she set about carving out her own niche in the town that became her long-time home.

Although she enthusiastically embraced all aspects of community life, it was for her passionate championing of charitable causes that Betty will be best remembered.

For many years, later in life, she was the familiar face at the Dinis Cottage tearooms which she



had a license to operate and she became a real ambassador for Killarney tourism, offering a warm welcome and taking a keen interest in the welfare of visitors who enjoyed her legendary hospitality and her famous scones.

Betty was blessed with a wonderful sense of humour, bordering on the mischievous, and she loved nothing more than hopping a ball at somebody of a different political persuasion and watching the reaction. It is somewhat of an understatement to state that an hour spent in Betty's company was always an hour well spent. In 2016, she was named Munster Grandparent of the Year having been nominated for the Specsavers sponsored award by her O'Sullivan. granddaughter, Abbie project was to recognise the special role that grandparents play in the lives of Irish families and the community and the word Abbie used to describe her nan in the nomination form summed Betty up perfectly: Amazing.

Betty Crosbie was a life-long and passionate member of the Fianna Fail party and, at the time of her passing, she was President of the Killarney Central Cumann. Taoiseach, Micheál Martin, has been in personal contact with the Crosbie family to express his condolences.

A guard of honour, led by Education Minister Norma Foley and Killarney councillor Niall Kelleher, escorted her remains to St Mary's Cathedral on Monday night.

The Friends of the Children of Chernobyl and members of the St Vincent de Paul organisation lined the ground of the church this Tuesday.

Predeceased by her husband Noel and baby Mary, Betty is survived by her daughters, Karie, Noelle and Aisling, her sons-in-law, Peter and John, sister Eileen, brothers Con and Derry, grandchildren, Sarah, Nick, Jason, Peter, Siran, Keelin, Seán and Abbie and great-grandson Wyatt

She is further survived by her sisters-in-law, nieces, nephews, relatives and her many dear friends.

She was laid to rest in Aghadoe Lawn Cemetery.



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KERRY BIOSPHERE CONFERENCE

TO BE HELD AT THE BREHON HOTEL KILLARNEY

The Kerry UNESCO Biosphere Reserve is holding their first conference event on 5th November at The Brehon Hotel, Killarney. The purpose of this one-day conference is to learn more about active management of the invasive plant Rhododendron ponticum, why it needs to be managed and ongoing efforts to manage it in the Kerry UNESCO Biosphere Reserve.

This event will be useful for individuals interested in gardening for nature, farmers, and community groups, as we combine knowledge and experience to address this ever growing

Rhododendron Ponticum, an ornamental plant often prized for its beautiful flowers and usefulness as a hedge for creating shelter, was planted around Muckross in the 19th Century. Since then it has spread to, or been planted in many other locations. It is an excellent example of a non-native invasive species, which has thrived at the expense of our own native habitats and species.

The National Parks and Wildlife Service (NPWS) has been tackling Rhododendron ponticum in Killarney National Park for many years. It has also become well established in parts of the MacGillycuddy Reeks, such as the Gap of Dunloe and the Black Valley.

With the support of the MacGillycuddy Reeks EIP Project Team, a collective working group has been established in the MacGillycuddy Reeks area to assist farmers and landowners in treating Rhododendron ponticum on their

Concerns have been raised about the spread of this invasive species throughout the Kerry UNESCO Biosphere Reserve and beyond where going unchecked it will have a significant impact on our native biodiversity.

Speakers include:

- · Minister Malcolm Noonan, Minister of State for Heritage and Electoral Reform.
- · Dr. Therese Higgins, Munster Technology University, and author of Irish Wildlife Manual

- no. 33, Rhododendron ponticum, A guide to management on nature conservation sites.
- Patricia Deane, Project Manager. MacGillycuddy Reeks European Innovation Partnership Project, South Kerry Development Partnership.
- Eleanor Turner, Biosphere Officer, Kerry UNESCO Biosphere Reserve, South Kerry Development Partnership.
- Representatives from Killarney National Park Tickets are on sale now on Eventbrite. €15 each, Tea/Coffee and lunch provided.

Local volunteer group, Killarney Mountain Meitheal have been involved with the removal of rhododendron plants from Killarney National Park. They recently removed a tangle of the invasive species that had engulfed the area around the Blue Pool, with the full permission of and agreement with the management of Killarney National Park.





PUMPKIN FARM BREAK IN

It isn't every day that a well-known celebrity: his way home from visiting Kerry, he passed is caught red handed raiding a pumpkin farm, but that's exactly what happened recently at the Killarney Pumpkin Farm, when Robert Sheehan of Love/Hate fame broke into the Halloween themed farm and helped himself to two pumpkins!

Sheehan, appearing on last week's Late Late Show, told Ryan Tubridy that when he was on the farm and decided to drop in to pick up some pumpkins. Finding the premises locked up, he proceeded to enter, choose two pumpkins and leave €20 as payment, before absconding. The incident was caught on CCTV and has been doing the rounds of social media, much to the delight of the Killarney Pumpkin Farm owners.

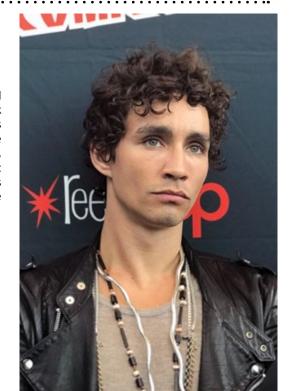


ANY NEWS?

Contact: Aisling Crosbie

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Outlook W Y 17







FARM WALK

AT PARKNAGERAGH **HOUSE AND GARDENS**

Darknageragh House and Gardens, Tobermaing, Castleisland is hosting The Pedigree Irish Aubrac Cattle Breed Society on Saturday, 30th October, for a farm walk. A large number of Aubrac breed farmers from across Ireland are expected to attend, as the organisation's AGM is being held in the River Island hotel on the same evening.

The Parknageragh beef herd consists of approximately 50 purebred Aubrac cows, 40



purebred Saler cows, 20 purebred Charolais cows and 20 crossbred cows.

The first of Parknageragh's Aubracs were imported from France in 1998 have been bred since, using fantastic French bloodlines.

There will be a number of guest speakers on the day from various companies such as:

- · Keenans: Demonstration with our diet feeder
- Allflex Livestock Intelligence: Showcase of the Sensehub tags which monitor health, welfare

and fertility parameters in real-time

- · Goldcrop: Providers of a multi-species seed to improve biodiversity
- Irish Farmers Journal: Update on beef markets by beef editor Adam Woods
- Castle Vets: Presentation of information on our herd health plan, designed to optimise calf health through a bespoke vaccination protocol, leading to reduced use of antimicrobials, by Sean O'Sullivan and John Quille



RECOVERY HAVEN KERRY WELCOMES NEW MEMBERS

TO BEREAVEMENT SUPPORT GROUP

ancer support charity, Recovery Haven Kerry, is reaching out to those bereaved by cancer to join their monthly bereavement support group, which begins again this November.

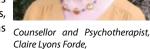
Facilitated by counsellor and psychotherapist, Claire Lyons Forde, the free online group meetings offer a safe, supportive and confidential environment to those struggling with the loss of a loved one through cancer.

Whether you want to share your own personal story or simply sit and listen to what is being discussed, the group has proven to be a huge source of support and comfort to those dealing with loss.

"When a loved one dies, mourning is what we do and what people can see on the outside, but grief is what goes on in the inside. Our experience of grief is individual to each one of us and is as unique as our fingerprint," course facilitator Claire explained.

"At the Recovery Haven's bereavement support group meetings, people are offered a warm and friendly welcome in a safe and confidential space. They have a choice of sitting quietly and listening to what is being said or taking part in the chat and sharing their story and what they find helpful as they journey through their own grief.

"Being in the company of others who understand the pain you are going through is comforting and can help people feel less alone. Bereavement support group meetings allow people to give themselves permission to grieve and just be themselves, knowing that they are fully supported as they do so."



The group meets on the third Thursday of every month, with the next meeting taking

place online on November 18thth. If you or someone you know would benefit from this group meeting, please contact Recovery Haven Kerry on 066 7192122 to join.

LOCKING HORNS at Killarney Golf and Fishing Club

t wasn't just golfers that were battling it out for victory at Killarney Golf and Fishing Club recently.

Two large stags were spotted on the course, locked in fierce combat. Golfers looked on in amazement as the two beasts clashed antlers, the sounds of the impact being clearly heard from quite a distance.

Killarney National Park is home to a large herd of red deer and they are frequently spotted in the sedate surroundings of the golf club. The rutting season is in full swing, with stags defending their herds against competitor males.



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RID AND BID FOR **HEARTBEAT**

a great success

eartbeat Killarney held a Rid and Bid event at The Killarney Outlet Centre on Saturday last and it was a great success.

There were raffles for hampers and a Cavan Crystal Decanter held on the day and lots of items were for sale including designer handbags, teddy bears and many more items.



Nurse Anna was on hand from 12 noon to 2pm to take blood pressure and offer cardiac care advice. All funds on the day went towards the purchase of a portable Automatic External Defibrillator (AED) in order to keep members and those who attend the monthly Heartbeat meetings and events much safer.



Customers grab a bargain at the Rid and Bid event in aid of Heartbeat at the Killarney **Outlet Centre**



Members of the Heartbeat group pictured at the Rid and Bid event in aid of Heartbeat at the Killarnev Outlet Centre

'CARDS FROM THE WATERSIDE' EXHIBITION LAUNCH

he launch of an art exhibition entitled 'Cards from the Waterside' took place at Killarney House and Gardens on Sunday, 24th October, Kate Kennelly from Kerry County Council Arts Office and the three participating artists Mieke Vanmechelen, Olive Stack and Roisín McGuigan were present at the launch.

This project, which was funded by Creative Ireland and coordinated by Community Water Officer Breda Moriarty, is a collaborative piece between communities and artists across six communities in Kerry. It addresses the need for a broader awareness and understanding of water quality and the work that community groups can undertake to improve it. Through a series of workshops, the artists engaged with communities on the issue of their local water bodies, and focused on discussions such as water quality, climate change, biodiversity and heritage.

Through the artists' and community's creativity they designed beautiful bespoke greeting cards as a resource for the communities involved that depict an image which encompasses what the community values about their local water body and why it is important to the locality. The objective is a greater appreciation of water quality which will contribute to the community's awareness and stewardship of their local waterbodies.



L-R Olive Stack (artist), Mieke Vanmechelen (artist), Roisín McGuigan (artist) and Breda Moriarty (Community Water Officer and co-ordinator of project, LAWPRO)







Roisín McGuigan



Mieke Vanmechelen



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THIS WEEKS BEEF COMES FROM CAHILLANES MEATS KILLORGLIN. THIS WEEKS LAMB COMES FROM CAHILLANES MEATS KILLORGLIN.



Members of the Killarney Soroptimist Club were gifted an oak sapling by the Tree Council of Ireland. The saplings were presented to each Soroptimist club in Ireland, to plant in celebration of Soroptimist International's Centenary. The National President Mrs. Mary Kerr from Wexford, recently delivered in person, the sapling to Killarney President Mrs. Teresa Irwin.

Permission to plant the oak was sought from Kerry County Council and members from the Killarney club chose the 'Maurice O'Donoghue Memorial Park' (Gleneagle Hotel) and new River Flesk path on Muckross Road. The club has a connection with this park, 20 years ago they dedicated a bench in memory of their deceased members. Mrs. Sheila O'Donoghue, Gleneagle Hotel, was also one of the founding members of the Killarney Soroptimists.

At the tree planting ceremony, President of Killarney Soroptimist Club, Teresa Irwin thanked members of Kerry County Council, and Cathaoirleach Killarney Municipal District Cllr. Marie Moloney for their support with the project. "Cllr. Marie Moloney has been most supportive of our club events over the years. As a women's organisation, it was now wonderful to have her attend as Cathaoirleach. When Cllr. Marie was

invited to speak, it was very evident that she had researched the history of our local club. She also asked how ladies can become involved. We explained that any woman over the age of 18 is welcome to join if they have empathy and an interest in the betterment of society."

The Killarney Soroptimist Club's major fundraiser is the annual charity pancake morning held on Shrove Tuesday. This raises much needed funds for local charities and community groups. "It is one of those events that people put on their calendar and attend year in year out. We were lucky to host it in 2020 just before Covid-19 turned life upside down and we look forward to hosting it and welcoming all our friends back when we run it in 2022" said club President.

The Soroptimist organisation was originally founded in Oakland, California in 1921 and there are now 75,000 members worldwide including our local club. Killarney Soroptimist Club was founded in 1963 and their first President was Mrs. Beatrice Grosvenor. The Club is proud to have one of Killarney's founders, Elizabeth McCarthy, as an honorary member. Soroptimist was set up to educate, empower and enable women and girls to have a better life.

SKPD WELCOME

FUNDING FOR COMMUNITY WALKS



athaoirleach of South Kerry Development Partnership, Councillor Michael Cahill has welcomed the allocation of €16,915 to maintain and enhance seven different established Community Walks in the South Kerry area, including Portmagee, Valentia, Ballinskelligs and Top of Coom and to update the SKDP Trails Brochure and on-line map.

"These are very important community facilities in South Kerry and it is imperative that we upgrade and maintain them on an ongoing basis and keep our standards high" said the Fianna Fáil man.

"Under the 'Outdoor Recreation and Infrastructure Scheme', €200,000 has been allocated to 11 Kerry projects, including €17,937 to provide an 8km Collum's Loop Walk at Knightstown, Valentia, while Kerry County Council is to receive €20,000 to promote local "Iveragh Walks of the Ring" to locals and visitors with a particular emphasis on older people and accessibility" stated Councillor Cahill.

"€17,799 has been approved to develop 2 loop walks both starting in

Kilgarvan village and the aim is to enhance the Visitor offering and to provide a safe off road walkway for locals and visitors to the area" said the Rossbeigh based Councillor.

"Access to the outdoors is what we are all about in Kerry, for locals and visitors alike, and we will continue to strive to provide new and enhanced facilities that promote healthy living while being conscious of our Carbon Footprint" stated the Deputy Mayor of Kerry County Council and Cathaoirleach of Kenmare Municipal District.

"This is one of the reasons that from day 1, I supported the South Kerry Greenway, Kerry's biggest and best ever tourism project, for 11 long years now, when on many an occasion, I felt like the lone ranger. The silence was deafening from many of my colleagues. Thankfully they eventually saw the light a couple of years ago and length their support" added Councillor Cahill.



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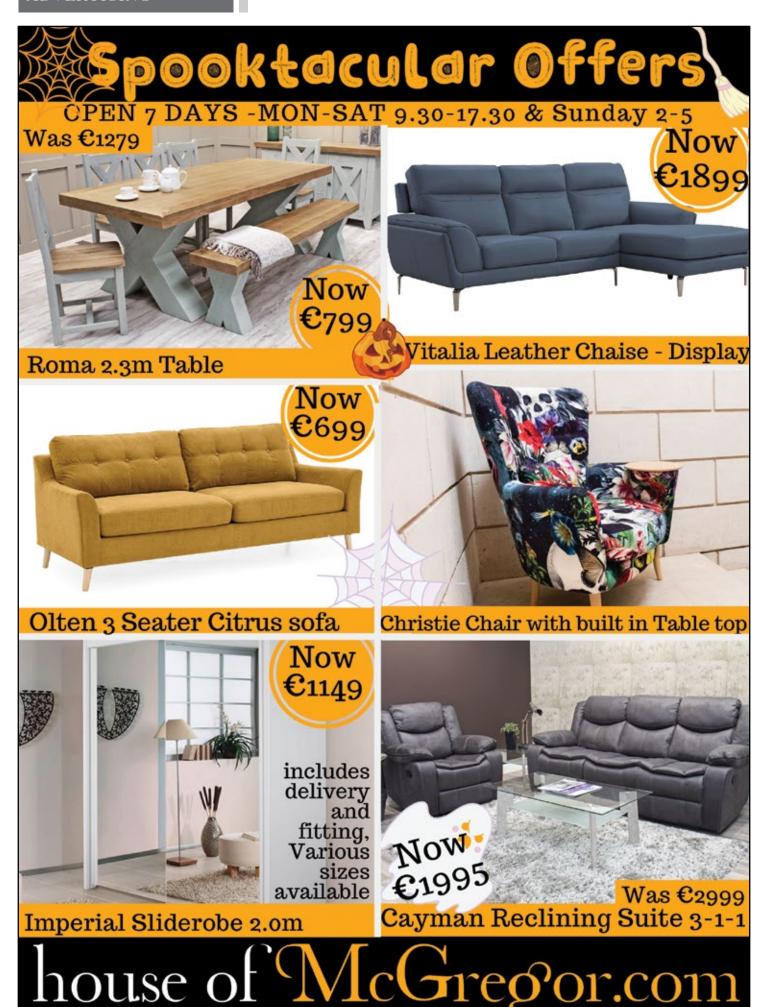


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KILCUMMIN GAA CLUB OFFICIALLY OPEN THEIR NEW FITNESS AND WELLBEING CENTRE

Kilcummin GAA club officially opened their new Fitness and Wellbeing centre on Sunday last with Co Board Chairman Tim Murphy cutting the tape watched by a large appreciative crowd.

The development boasts a state-of-the-art gym, a floodlit 700 metre walking track, two new dressing rooms, a referee's room, a treatment room, an electronic scoreboard as well as two further modernised dressing rooms and dance hall. There is universal access to the facility for all ages and all levels of mobility with inclusivity being the key motivator.

The crowd present included Mayor of Killarney, Marie Moloney, herself a Kilcummin native and proud supporter, politicians, media personnel, major sponsors and club members. Tim Murphy praised the insight and the work of so many who made this completed project one of the best in the country. Paudie Healy, Chairman of the Development and Finance Committee informed the crowd that the entire project was valued at €1.2 million and mentioned the contributions from Sports Capital Funding, Munster Council grants and NEKD funding which were vital to the viability of the undertaking. He also outlined the € 400,000 raised by the club members, the major sponsors, but in particular the massive contributions made by local skilled workers who gave of their time freely to make the dream a reality. Chairman Eugene McSweeney outlined the development of the club in recent years and mentioned former chairpersons who worked on the project at various times culminating in this opening of a fine facility which would serve generations well for many years to come. He acknowledged the work of the development committee, executive members, community employment workers under the Department of Social Protection, fundraisers and in particular the volunteers who gave of their time for the good of the club and community in general. He also fondly remembered many who



Fitness and Wellbeing Centre last Sunday



Niamh Dwyer (Child Welfare Officer); Breda & Barry Duggan, Mike Riordan (Club Pro) at the official opening of the Kilcummin GAA Fitness and Wellbeing Centre last Sunday

have passed away in the intervening years and as Fr Begley blessed the building, club members and local community looked forward to enjoying the fruits of their labour in the winter months ahead.

The centre is open to the public for viewing, and gym membership is available for everyone. Contact Shane at (085)1348855 or Willie at (085)7882288.



Kevin O'Leary, Shane O'Sullivan (Gym Manager), Willie Fleming at the opening of the Kilcummin GAA Fitness and Wellbeing Centre last Sunday



Paudie Healy (Development Committee Chairman), Ciara Kelly (Club Secretary), Liam Lynch, Eugie McSweeney (Club Chairman), Norma Foley, Johnny Brosnan (East Kerry Chairman); Marie Moloney; Barry Duggan, Sean Kelly, Tim Murphy, James Foley (Development Committee). Photographs by Sinead & Padraig O'Connor

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THE SPEKS KIDS SHOW 28th November '21 **INEC Culture Club** Tickets from €12.50



PRIICE 3rd December '21 **INEC Club**

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BIRD ON THE WIRE SONGS OF LEONARD COHEN 5th December '21 INEC Arena Tickets from €28.00



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INHALER

17th December '21 **INEC Arena**

Tickets from €16.35



PADDY CASEY & MUNDY

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GOOD QUALITY RESEARCH LEADS TO GOOD COURSES SELECTION AS CAO

APPLICATION SEASON OPENS



Rv Rilly Ryle

While applicants have until the 1st February to submit a CAO application form, it's now time to start making good use of the remaining three months.

The 2022 CAO Application form opens on Friday, 5th November at 12 noon. It's worth clicking into the student resources section on www.cao.ie to view the CAO video guides which will tell you everything you need to know about preparing and submitting your application. It's also advisable to do a practice run on the 'demo application' before beginning the official form.

The application form itself can be divided into two sections, namely general information and course choices. As the form is interactive you can continue to work on it until the normal closing date of 1st February. If you open your CAO account by 20th January 2022 you pay a discounted application fee of €30. Thereafter, the fee increases to €45 until the closing date of 1st February.

To register on the CAO system, go online to www.cao.ie and click on 'Apply.' Enter your personal details and supply a valid email address. Tick the qualifications and assessment sections that are relevant to you. For the vast majority of applicants that will be the Irish Leaving Certificate Exams (1985-2022). Select your payment option, which for the vast majority of applicants is credit or debit card. Create your password. Now click on 'Proceed with application' to obtain your CAO application number, which begins with 22. You have now opened your interactive CAO

Whenever you wish to log on to your account go to www.cao.ie and click on 'My application.' You will be asked to enter your CAO number, your date of birth and your password. You can complete the remaining steps at your leisure. It's a good idea to leave the Level 8 and Level 7/6 course lists unfilled until you have

completed your course research.

Add your Level 8 (Honours Bachelor Degree) and Level 7/6 (Ordinary Bachelor Degree/Higher Certificate) course choices by 1st February. To do this, click on "Add Level 8 course choices" and/or click on "Add Level 7/6 course choices." You may apply for a maximum of ten course choices on each list. List your courses based on your genuine order of preference. At the offer stage, you will be offered the course highest up on your list(s) that you are entitled to if any

Every college has general entry requirements. For Leaving Cert applications for a Level 8 course, the minimum entry requirements are six subjects with at least Grade H5 in two subjects and at least Grade O6/H7 in four other subjects. Each college also requires certain subjects in the chosen six. For example, the University of Limerick (UL) asks for Mathematics, Irish or another language, and English. On the other hand, University College Cork asks for Irish and English. Many courses also require specific entry requirements. Mary Immaculate College of Education (MICE) requires at least a H4 in Irish for its Primary Teaching degrees while UCC asks for a minimum of H4 in Biology for its Genetics degree.

The CAO application form is straight forward and user friendly. The most critical step, of course, is the completion of your two course lists. The more research you do the more satisfied you will be with your course choices. For the next few months make good use of the CAO Handbook 2022, which is in digital format this year. Identify the courses in which you have an interest. It's a good idea to record the codes and course titles, on a paper or digital notebook, for future reference.

This column will help to guide you safely through the CAO application process, with

advice on career profiling, appropriate course selection and current employment trends. In the meantime, devote an hour or two each week to course research. Aim to have about twenty choices for each list at hand by Christmas. Then by mid to late January select your top ten preferences on each list in order of your choice.

CHECKLIST

- The 2022 CAO Application form opens today, Friday, 5th November at 12 noon
- It's worth clicking into the student resources section on www.cao.ie
- It's also advisable to do a practice run on the 'demo application'
- To register on the CAO system, go online to www.cao.ie and click on 'Apply.'
- Complete your personal details to get your application no. and to open your account
- When you wish to log on to your account on www.cao.ie, click on 'My application'
- Every college has general entry requirements
- Many courses also require specific entry requirements
- The CAO application form is straight forward and user friendly
- The most critical step is the completion of your two course lists
- The more research you do the more satisfied you'll be with your course choices
- Devote an hour or two each week to course research

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 0879808979

Noel grabs a winner!

ongratulations to Noel O'Neill on winning the Novice category in Killarney Camera Club's October competition.

The stunning photo, Milltown Bridge Reflections, was taken at sunset in Dingle. Noel said "It was low tide so I was standing on the rocks by the shoreline below the level of the road. I was setting up with my tripod etc. to get some long exposures and intending to get a few shots with no vehicles on the bridge. Suddenly, I saw this tractor and trailer arriving on the bridge, so I just grabbed the camera and got one shot!" Perfect timing Noel. And best of luck as the photo is also a contender for the Irish Examiner Readers Photo of the Year. And here are the Novice category results: 1st Place: Noel O'Neill, Milltown Bridge Reflections, 180 points. 2nd Place: Glen Bowler, Boat Sunset, 174 points. 3rd Place: Conor Healy, Dun Chaoin Sunset, 172 points

On Thursday 11th November the club will host Sam Gregory, a professional landscape photographer from Dorset, England, who will give a presentation on Working in Photographic Projects. Anyone interested in joining the club can email secretary@killarneycameraclub.ie.





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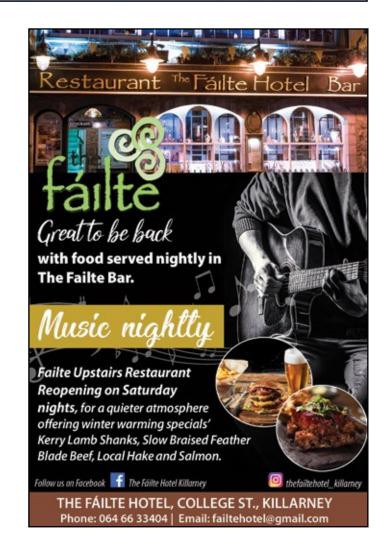
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MANOR WEST MARKS 20 YEARS WITH THE ANNOUNCEMENT

OF 100 NEW JOBS

anor West Retail Park, the premier retail destination in the South West of Ireland marked its 20th anniversary on the 23rd of October.

The Retail Park, which is home to popular retailers including TK Maxx, Next, Lifestyle, Woodies, Harvey Norman and many more, has much to celebrate as it reflects on the past 20 years and looks towards the future. With lots of exciting developments underway, including the creation of over 100 new jobs with the opening of The Range on the 22nd October, and with JYSK and MaxiZoo opening soon after, Manor West Retail Park continues to thrive as one of Munster's premier retail destinations.

Employing over 700 people, Manor West Retail Park has played a vital role in Tralee and surrounding towns and villages, not only as a retail destination for consumers and by providing employment opportunities, but also as a real community hub. For the past 20 years, Manor West Retail Park has really been at the heart of this community from its Food and Craft Fairs, providing entrepreneurs with a fantastic platform to showcase their wonderful products to their Charity showcase days to help raise awareness and funds for much loved local charities. 2021 is a milestone year for Manor West Retail Park as it will see the addition of several major retailers opening their doors in

Tralee. New store openings include the UK's fastest growing retailer The Range, opening soon are the giant Danish retailer, JYSK, pet products retailer MaxiZoo and exciting new additions to the onsite restaurant facilities, with more details to be announced shortly. The growth of Manor West through these difficult times to nearly 100% capacity is a testament to centre manager Derek Rusk, who has been at the helm of the organisation since it first opened its doors in 2001.

Commenting on the 20th anniversary of Manor West Retail Park, Centre Manager Derek Rusk said "It's hard to believe that 20 years have passed since the doors of Manor West opened here in Tralee. As we celebrate this



Manor West Retail Park turned 20 years old on Saturday, 23rd of October. On hand to mark this momentous occasion for Manor West are a number of tenants of the shopping centre and retail park. Centre Manager Derek Rusk who has been at the helm of the centre since it opened in 2001 is joined by Shauna Buckley Adams Jewellers, Deirdre Murphy of Horan's, Tadhg O' Regan manager Woodies and Samantha Roche Adams Jewellers in cutting the ceremonial cake. Photo By: Domnick Walsh © Eye Focus LTD.

milestone, we also look forward to the future with new tenants and 100 new jobs for Tralee, as well as new and exciting shopping experiences for the people of Kerry and beyond. We are very grateful for the continued support of customers, throughout the past 20 years and in particular through the difficult Covid period.

Derek continued, "Over the years, Manor West has been a key driver in employment but also in creating a sense of community and we are very proud of the vibrant retail destination that stands in front of us today. We are looking forward to the next 20 years and the exciting times ahead for Manor West Retail Park."

CREATIVE SCALLYWAGS RAISE FUNDS FOR TEMPLE STREET

The children of ScallyWags Preschool Muckross Killarney had a feast of a party while raising funds for Temple Street children's hospital. The children had been hand making games over the past few weeks. They had a 'feed the monster with bean bags box' which doubled as a photo booth. They also made their own pinatas which was a focal point at their



fundraising party, there was great waving of broomsticks to knock out all the treats!

To date they have raised €300 at their gate collection ScallyWags also have an online link direct to Temple Street collection available via their Facebook page if you would like to contribute to this very worthy cause.





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AIDAN O'MAHONY'S 'UNBROKEN'

REVIEWED BY JIMMY O'SULLIVAN D'ARCY

I picked up a copy of Aidan O'Mahony's book last Saturday, and I have to say that I have thoroughly enjoyed it.

Let me start from a basic premise. Most sports autobiographies are rubbish, absolute, utter, entire. And I don't believe that Kerry footballers can be exempt from criticism of their efforts in the genre out of some false sense of loyalty either. There is such a thing as a great footballer and a terrible writer.

Such a thing? There's a lot of them. Even worse, there are lads who do a series of interviews, then a professional goes away and writes the book from a personal perspective. Lo and behold, an 'autobiography'!

'Co-written' and 'written by' are different concepts. Kieran Donaghy's 'What Do You Think of That?' was co-written with Kieran Shannon. The professional writer helps Donaghy express a brilliant story - trust me, that one is superb even if you had never heard of gaelic football, there is humanity in it.

Paul Galvin's is quite decent. I would also strongly recommend Jimmy Deenihan's 'My Sporting Life'. The other Kerry 'autobiographies'? Meh.

Aidan's book is in my opinion way ahead of most of it's kind. It is his voice, not his ghostwriter, Michael Moynihan of the Irish Examiner. And what's more, he has an interesting tale to tell, observed through his own eyes and explained analytically. No whinging, no self-pitying.

Well before that, there were small things that stood out to me. Just four kids in his primary class in Shrone. I never realised it was that tight. Out playing all day as kids. Yep. I'd say it's fair to say that pretty all of us tick that box, don't we? Anyone from a rural background helped out with farming. I don't care if it's a rural blasphemy, I hated picking stones and I hated the bog and I still do. The hay was great though, and the ploughing with the horses (we only had one horse, so we shared with Tom Rahilly) was a huge adventure.

I don't know what it's like to grow up in a town setting. Similar, just with different chores, I expect.

Aidan had brothers that were close enough in age for him to be able to compete. That's actually a regular feature of intercounty stars. They almost all grew up playing the games as a child often and at a high enough tempo among contemporaries to develop skills and thinking naturally. Not coaching sessions, just trying to show off for your friends. It was reckoned that the street kids from the favelas had played soccer for 10,000 hours before they ever had a formal training session. Aidan might have had

more fields than urban slums to play in, but the principle remains the same.

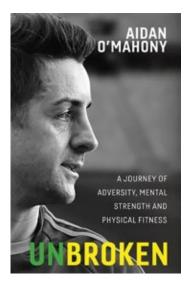
Again, I love the fact that Aidan doesn't shy away from the struggle that dealing with asthma was, especially when he was trying to make the Kerry minors in 1998. Too many of these kids are ostracised by good intentions; they need to be included as much as protected. Aidan didn't always find it easy, but always tried, and it would get easier as the weather improved (that's the case with every asthmatic I know, but I'm have no idea whether it is universal). Certainly, Aidan doesn't consciously speak as a role model on this topic, he treats asthma as just another part of his story. But if I had a child with asthma, I'd certainly buy them this book

Aidan's honesty is very rare, particularly in his autobiography. I especially like the chapter on his complete and utter over-reaction to a small slap by Donncha O'Connor. Aidan dropped as if he had been poleaxed. Donncha received a straight red card. The very first person Aidan meets the next day says straight out "You should be ashamed of yourself".

Aidan's response? "And I was. I was thoroughly ashamed of myself."

That's class. No bluff or bluster, something a lot of his fellow players are guilty of. Look, this nonsense "I'm sorry if...." or "I was wrong, but...." Those aren't apologies or expressions of regret. They are lame, pathetic attempts at selfjustification by people who know they were completely in the wrong but won't admit it. I'm not looking at Darragh Ó Sé's book or Paul Galvin's book when I say that, not specifically anyway. My point is that Aidan was completely in the wrong, and had the courage and the internal self-awareness to confront that. The book expresses huge self-awareness. At the end of each chapter is a summation of the lessons that Aidan took, or later realised, from the events of that particular chapter. To be guite honest, it's a small bit too didactic for my taste, but nonetheless a good way of maintaining a linear narrative

The 'scandal' with his asthma 'overdose' with Kerry was a hard blow to follow, and Aidan doesn't shy away from how low it made him feel. I was furious at the time and I remain furious to this day. Who leaked it and how? A ventolin inhaler. Yeah, that's the national scandal. The same intrepid newshounds were very friendly with the FAl's John Delaney and the Olympics Pat Hickey at the time. A cheap and tacky affair that Aidan handled with a dignified and appropriate silence at the time.



It all became a bit much for Aidan The expectation, the constant demands, the pushes and pulls. He lost who he actually is in a persona that the Kerry footballer was somehow supposed to be.

In the end he went away to Aiséirí Rehab Centre. Thankfully, he is proud of it (again, I think we've all been in a dark place at some time or another, Aiséirí are among the best people to help you find your way out again and I admire Aidan hugely for having the self-confidence (and family support) to face his problems and, by getting the right help, heal them. That's real courage right there.

The chapter on Dancing With the Stars and his fantastic triumph is....well, to be honest, I'm just not some-one who can review that. I know Marty Morrissey, all the others are complete mysteries to me. Film stars? Pop stars? Supermodels? They sound like nice people, and it sounds like Aidan had a nice time, having stepped out of his comfort zone.

Learning to swim is more insightful, to me. The fact that Aidan openly admits that he is afraid of it, isn't sure that he can do it, and gets through it with the right help. To be honest, that sums up the inner strength of a person a lot more than any All ireland medals.

I'm not saying that this book is going to stand as a classic for decades to come. But Aidan tells a very interesting story in a clear and very readable style.

Put it this way. I'm a complete and utter cheapskate, and I'm delighted I bought this. Give it a chance. I think you'll be surprised at how relevant and readable this is, GAA aficionado or not.





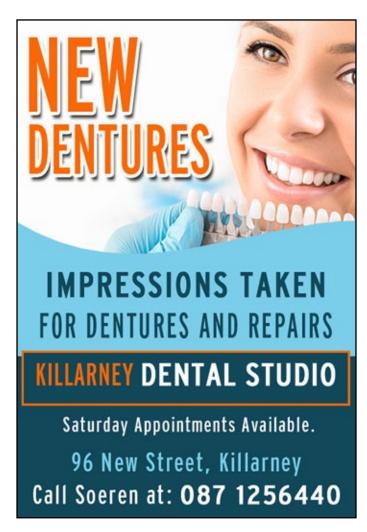
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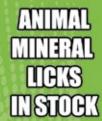
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LOCAL PLANNING

A Kerry Fianna Fáil Councillor believes that a full review of planning requirements for people born and reared in an area, is urgently required to ensure fair play for all. Councillor Michael Cahill says that we should not be forcing people to live outside the place they call home.

"If you are born and reared in an area and wish to also raise your family there, you should be given every opportunity to do so. Whether you wish to build on family owned land or whether you need to purchase a site relatively locally, this should be possible" stated Councillor Michael Cahill, Deputy Mayor of Kerry County Council and Cathaoirleach of Kenmare Municipal District.

"And many families would have no land holding, but as their children grow up and they wish to raise a family of their own, the possibility of

continuing to live in proximity to where they were reared should be available to them. If they can purchase a suitable site, planning permission should not be an ordeal" said the Rossbeigh based Councillor.

"Kerry people have a very strong sense of family and home and whether using home land or purchasing a site, many are anxious to remain close to their roots and raise their children where they have fond memories themselves "added Councillor Cahill.



Councillor Michael Cahill



FaBOOlous Halloween Jun

Another great week of faBOOlous fun at Holy Cross Mercy Preschool. : The children were looking out the window and saw our witch having a Children, parents and staff pulled out all the stops to ensure that it was a week of adventure.

Some children were very busy using their imagination making up their own spooky spells - while others had a gooey great time carving out pumpkins.

bit of a bumpy flight - she had an upside-down landing in the hedge which they found so amusing.

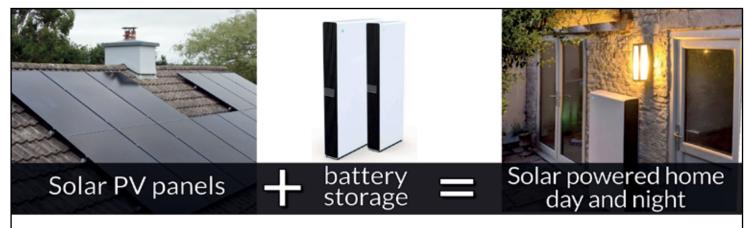
We ended the week as usual with a Halloween Treasure Hunt, a dress up party and a disco.











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The Draw will take place on Wednesday 15.12.2021 at 7pm on Jane Durilova Therapist FB page. To join in visit the Facebook page, text 087 165 7260 or email durjan12@gmail.com.

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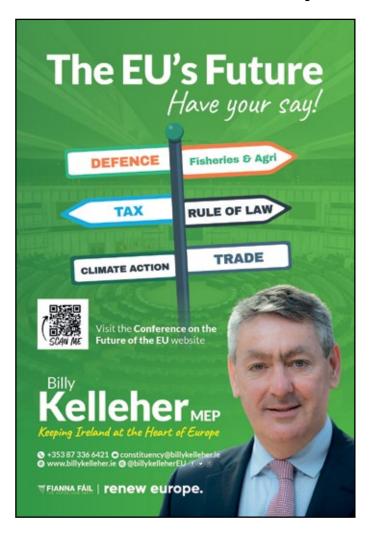
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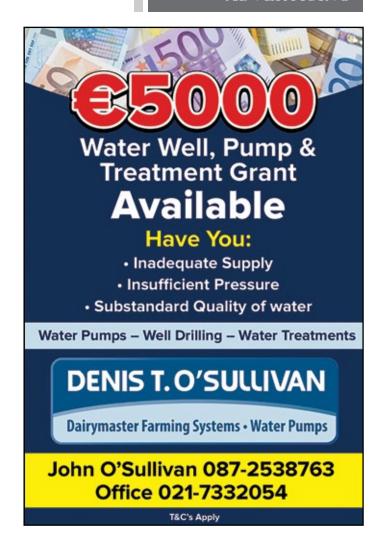
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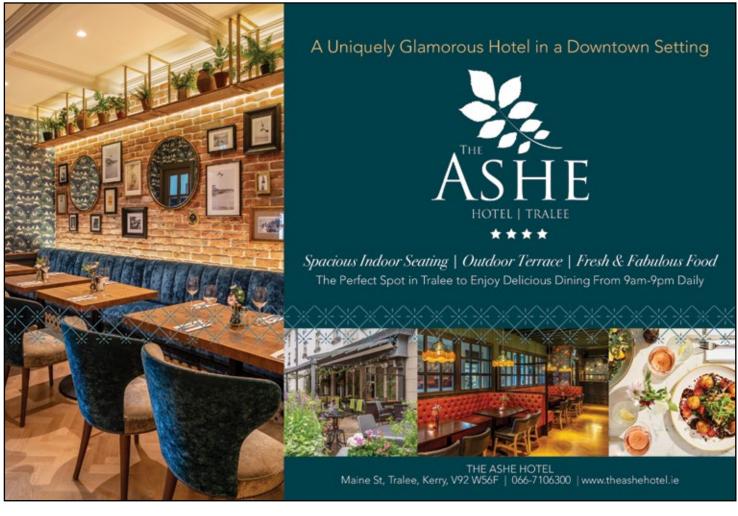


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The Skinny Baker

Denis Kelleher (theskinny. Baker) is living Rathmore and began baking when he was 12 years old. You can follow Denis on Facebook and Instagram @theskinny. baker for lots more recipes



ROLO SPIDER COOKIES

Ingredients

150g butter 80g brown sugar 80g caster sugar 1 teaspoon of vanilla extract 225g plain flour Half teaspoon of bread soda A pinch of salt 25 rolos 100g of chocolate White mini marshmallows

Method

- 1. In a bowl mix the butter and both sugars until flully mix
- 2. Add in the 1 egg and the vanilla and mix
- 3. Add in the sifted flour, bread soda and salt and mix until a soft dough
- 4. Wrap the dough in cling film and place in the fridge for 30 minutes
- 5. Pre heat the oven @170fan
- 6. Remove the the dough from the fridge and place the dough on a floured surface and roll out the dough, then use a cookie cutter or a plastic cup to cut out 25 circles
- 7. Place the circles on a baking tray with parchment paper leave room between the cookies as they will spread a bit bake in the oven for 10 minutes or until golden brown
- 8. When baked and cooled spoon a small bit of melted chocolate in the centre of the cookie and then place a rolo on top, then pipe or spoon to make the spiders legs, I uesd white mini marshmallows for the eves



with Killarney Outlook



RED ONION AND POTATO FRITTATA

Ingredients

300ml water

2 red onions sliced into rings 450g potatoes (thinly sliced and par boiled for about 7 minutes then drained) 4 tablespoons rapeseed oil 100g gram flour salt and pepper

Put 2 tablespoons of the oil in a non stick pan and fry on low heat for about 10 minutes. Add two more tablespoons of oil to the pan and using the already sliced and par boiled potatoes layer evenly on top of the onions. Mix the gram flour and water, salt and pepper and pour over the layered potatoes. The batter should cover the potatoes evenly. Cook on medium heat for about 5 minutes and loosen the edges of the frittata so it doesn't stick to pan. After 5 minutes turn the pan upside down onto a flat plate then slide the uncooked side back onto the pan again and cook for another 5 minutes. I garnished mine with a few fresh rosemary needles. This is my new favourite decadent breakfast but it also makes a handy lunchtime filler. It can be eaten hot or cold so definitely one worth trying.



If you like my vegan recipes I would be delighted if you would join me on my Instagram @vegan_shares hope to see you there. Sarah



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Works will commence on the south side of the level crossing at Farranfore Train station and proceed toward Killarney for approximately 1km.

The works do not cross the railway tracks. The N22 Killarney to Tralee Road will remain fully open during the day, from 7 am to 7 pm, throughout the works.

Irish Water would like to thank you for your patience and cooperation as works progress.



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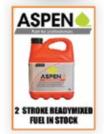
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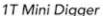


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TYRE SIZE	WAS
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225-45-17 кимво	£120
235-45-17	€90
225-45-18	€90
245-40-18	£100

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MONEY MATTERS.

By Dermot Cronin, Financial Advisor



IS IT MORE DIFFICULT TO GET A MORTGAGE TO BUILD MY HOME THAN A MORTGAGE TO BUY MY HOME?

Yes, it can be more difficult. When you are building your family home there is more of a risk of things going wrong than purchasing your home especially in relation to the overall cost. The most obvious and biggest risk is of course the risk of you going over your budget to build and finish your property. Lenders when assessing your application need to take this risk into account. Lenders will put emphasis on the cost of construction of your property. If you are making your application through a mortgage broker he/she should spend time discussing the cost of the construction and loan amounts with you to make sure they are realistic and affordable. If these figures are incorrect and especially if they are too low then your mortgage application could be declined. A big positive at the moment for people who are first time buyers and are building or buying a new property that is their family home is that there is a Help To Buy Scheme that you can apply for through the Revenue. There is up to €30,000 available through this scheme, there are terms and conditions attached to this Help To Buy Scheme. Obviously this is very beneficial in terms of reducing your overall cost and reducing your mortgage amount also. Each lenders criteria for self build mortgages is different & you need to know this before choosing a lender that suits you best. A mortgage broker who has access to many lenders and has a lot of experience with self build mortgages should be very helpful to you.

If you require any further information on the above or any other matter you can contact Dermot Cronin at dermotcroninifa@gmail.com or 0646622775 or 0872893649.





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and is dependent on various factors. In particular, personal driving style, route characteristics, exterior temperature, heating/air conditioning, pre-conditioning.

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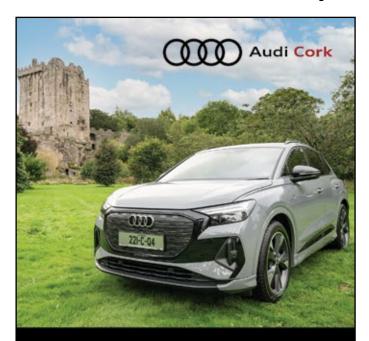
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ROSS GC - GENTS

MAURICE O'DONOGHUE MEMORIAL CUP

Due to the inclement weather on Oct 23rd/24th this competition is being rescheduled to Oct 30th/31st.

FIXTURES

On Saturday Oct 30th we will hold a 10 hole mixed scramble. Please be at the Clubhouse at 2.30pm sharp for a 3.00 pm shotgun start

On Saturday 30th/Sunday 31st we will hold the rescheduled Maurice O'Donoghue Memorial Cup competition. This is sponsored by the Gleneagle Group and will be a single stableford competition.

Saturday tee times available from 8 am to 10.30 am on the timesheet in the Clubhouse and all Sunday tee times available online from 7pm on Thursday.

Christmas Hampers:-Please note that we will hold the Christmas Hampers SS competition on Nov 7th. More details to follow.

KERRY PITCH & PUTT CLUB

The 2021 Pitch & Putt season came to a conclusion in Castleisland last Sunday with the Mens County Matchplay Championship. The course held up very well despite some rain in the afternoon as well as the day leading up to it. These events thankfully returned this following a break in 2020 due to the Public Health Restrictions. However, there was no change in the outcome in the Senior event as Damien Fleming of Deerpark retained the title he won at the last staging of the event in Listowel in August of 2019.

He beat the player he defeated in the 2019 final in the semi-finals namely Tralee's Jason Cregan as Aidan O'Connor from the host club would be his opponent in the final after defeating County Board Chairman James Dignan in the other semi-final. Damien won the first two holes of the decider before Aidan pulled one back at the third hole. A long string of halves between the two players followed before Aidan won the 13th hole to level the game with five to play. Damien upped it from there though winning the next three holes, all with birdies to secure a 3&2 victory in the match as his year ended with a county senior double alongside a National Matchplay title and National Senior Strokeplay runner-up performance. His Irish No 1 ranking for 2021 was assured before last Sunday but this was the icing on the cake for him in picking up some final ranking points.

In the Intermediate grade there was another win for Deerpark as Gearoid Cronin was victorious over Listowel's Chris Curran in the final. Gearoid had beaten Tralee's Keith O'Brien in the semi-finals while Chris defeated another Tralee player in Roger Guthrie as Gearoid went ahead on the Back 9 and closed out a 4&2 win at the 17th hole.

In the Junior grade, Castleisland newcomer Darragh McCarthy beat Jerry Lee in an all Castleisland final. Darragh beat former Kerry All-Ireland winning footballer Eddie Horan in the semi-finals while Jerry produced a great comeback over Deerpark's Jason O'Connor in his semi-final to reach the final. Darragh was a 2&1 winner in his first major competition as last Sunday officially ends the 2021 season beyond club level.

Thanks to Castleisland for holding the event in what is far from an ideal time of the year for Championship Pitch & Putt. In signing off for the year the County Board wish to thank everyone who supported our events since we managed to get back playing competitively in June. We all hope 2022 will be a full season with all the regular events back but we will remember 2021 in general as a year when Kerry players excelled on the national stage.

Michael Conway and Jake Shine got the ball rolling with their wins in the delayed 2020 National Junior and Intermediate Gents Strokeplay Championships respectively. Jake was part of a Kerry 1-2-3 in that grade of course while Ella Movnihan and Brian McCarthy were National U16 Champions in the Girls Matchplay and U13 Boys Strokeplay events respectively. That's without evening mentioning Damien Fleming's aforementioned achievements.

Our thanks to the local media in whatever medium for their coverage of our sport this year.

DEERPARK PITCH & PUTT

COUNTY MATCHPLAY

Great day in Castleisland last Sunday as Damien Fleming (Senior) and Gearóid Cronin (Intermediate) won their respective grades. Damien defeat Castleisland's Aidan O'Connor with a very strong finish in the senior decider by 3&2 while Gearóid had a very good Back 9 in beating Listowel's Chris Curran by 4&2 in the Intermediate final. Jason O'Connor was a beaten semi-finalist in the Junior event meanwhile.

BANK HOLIDAY WEEKEND DRAWS

Sunday (Two Ball Scramble) Nett: Sean Ashe & Robbie O'Brien Snr 35 1/2, Gross: Sean O'Brien & Robbie O'Brien Snr 47. Monday (Two Ball Scramble) First Nett: Ger Casev & Kerrie Molonev 33, Gross: Gearóid Cronin & Robbie O'Brien Snr 44, Second Nett: Brian Moloney & John Murphy 38.

CHRISTMAS HAMPER

Scheduled for this Sunday in association with Dalys Supervalu Killarney. Play over 36 Hole Singles with entry €10 per player. Draw at 9.15am. This is our final handicap system competition of year.

TURKEYS

These begin from Sunday November 7th for which a winter Handicap system will take effect. More details next week.

MEMBERS ONLY

As agreed at 2018 AGM, the course will be for 'Members Only' from next Monday November 1st until the end of February next year except where prior booking has been made with club phone, 087 7823138.

CASTLEROSSE LADIES GOLF

RESULTS OF LAST WEEKENDS STABLEFORD COMPETITION **SPONSORED CASTLEROSSE HOTEL**

18 Hole: 1st Marie O'Brien (29) 29 pts. 2nd Mary O'Reilly (37) 23 pts Last 9 holes. 3rd Barbara O'Shea (37) 23 pts

9 Hole: 1st Gina O'Shea (21) 12pts



Pictured at the presentation of prizes for the 2021 Kerry Mens Matchplay Championships in Castleisland last Sunday were: Darragh McCarthy (Castleisland, Junior Winner), Jerry Lee (Castleisland, Junior Runner-Up), Gearoid Cronin (Deerpark, Intermediate Winner), Chris Curran (Listowel, Intermediate Runner-Up), Damien Fleming (Deerpark, Senior Winner) and Aidan O'Connor (Castleisland, Senior Runner-Up)



Deerpark Pitch & Putt Club Members Gearóid Cronin (Intermediate) and Damien Fleming (Senior) pictured with their Kerry County Matchplay Cups after their respective wins in Castleisland last Sunday.





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†On the Road Price includes/Retail excludes delivery & related charges. Model shown for illustrative purposes only. GMFV†† payable if you retain or renew the vehicle at the end of the agreement. Further charges may apply subject to kilometre limits/condition of vehicle. *Lending criteria, terms and conditions apply. Finance by a way of PCP agreement provide by Toyota Financial Services Ireland DAC. Finance example is based on a fixed rate APR and is inclusive of a documentation and purchase fee of 663.49 each. A deposit of 0% – 36% of the finance amount may be required and a maximum term of 49 months applies. Rate quoted is at 22/10/2021 and is subject to change, Rate of 3.9% APR* available on all Toyota C-HR Models purchased between 22/10/2021 and 31/12/2021.

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In these times of uncertainty and what has been a huge amount of anxiety for many people, it is easy to forget that life is still beautiful, magical and full of wonder. However, we must connect back with what is deeply fulfilling in our lives because when we do this our health improves and we will thrive. Nothing can grow in an environment of fear or worry so it is essential to be able to create our own inner environments of peace, calm, love, joy and abundance.

3 steps to creating your own world of magic

- Spend time looking at beautiful or deeply inspiring images, photos, pictures, TV shows, books etc. Even if you can't get away at the moment, you can bask in glossy holiday photos of places you would love to go to. Or, look back at your old holiday or travel photos and recall the feel-good feelings of being there. This helps to calm the mind and focus on what feels good.
- Detox from anything that causes you to feel anxious, for example, limit your time watching the news or consuming media that feels anxiety provoking or fearful. We get more of what we focus on, so make sure that what you are focusing on is actually what you desire.
- Do everything with great love. This is powerful! The emotion of love is the greatest gamechanger in how we feel about ourselves, others and this world. Start practicing doing even the smallest things in your life with more love attached to them. For example, write emails with more love sent to the person you are writing to, cook and prepare your food with love and gratitude, really listen to your loved ones with more love rather than criticism or judgement etc.

I hope these help. Always remember how valuable, wonderful and needed you are. Just your presence on this earth enriches all of us.

https://www.instagram.com/romancingyourbody/?hl=en

www.instituteforbodyconfidencecoaching.com



What colour polish is popular this winter?

Inspired by nature, people are naturally drawn to autumnal shades of burnt orange, berry reds and deep greens at this time of year.

The darker colours are on trend this year with deep jewel tones of blue and navy being the new softer version of "the short black manicure".

Deep moss green is another lovely rich option.

Classic reds and burgundy's are timeless on your nails for Christmas and will compliment any outfit.

I personally love the creamy pinks but warmer muted shades of red clay or burgundy are my



favourites this winter.

You can add a bit of sparkle to your party outfit with gold, chrome or metallic polishes to make a statement without any nail art.

For a home Manicure that's simple and pretty or glossy with sparkle pick up Essie Festive Duo €17.99 with Burgundy Shimmer and Fiji Baby Pink, it's the perfect little gift.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



HOW MUCH EXERCISE IS TOO MUCH?

How many of you have started a new exercise regime and someone said it is great that you started and that doing something is better than doing nothing at all? Well if doing something is better than nothing, then would it not seem sensible that doing more will be even better for us? And the magic answer to that is Yes & No!

Some of us live for that workout, that exercise burn, that long lung bursting run. Nothing wrong with that, but where things can go wrong is where the desire to get that workout or run in to our busy schedule is done at the expense of a rest or recovery

Now some people out there may laugh at the idea of a rest or recovery day, but the danger is that you can overtrain and overtraining can lead to various issues.

Some of the issues that can encountered are decrease in training performance, sleep disturbances, mood swings, frequent head colds, fatigue and muscle soreness that lasts longer than normal, inability to complete workouts, longer recovery times and iniury.

Now we are all different so what constitute over-training for all of us would be different, but if you are experiencing some of the above then do not rule it out, and talk to your trainer/coach.

People who enjoy training do not want to take breaks but an active recovery or rest day or days built into your programme is not something to hinder your journey but something that should be viewed as a necessary part of the journey.

If you have the choice would you prefer to take one or two days off as active recovery or rest, or to have an enforced "rest" of a number of weeks due to an injury, that has been brought on by overtraining in the first place?

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- Formerly Stack O'Brien -

WINTER EYE HEALTH

Here are some of the ways winter can affect your vision, or worsen an eye condition, and tips for prevention.

Driving in winter

In winter you may have more difficulty seeing clearly because of darker evenings .When it is dark your pupils become larger to let in more light. However this can results in your vision becoming more blurred. This is why you may be more reliant on your glasses at night.

The glare of a low-lying sun can also make it more difficult to see, so make sure your windscreen is clean, both inside and out. It is useful to have a pair of polarised sunglasses in the car to help with the glare from the sun, even in winter.

Drv eves

If you already have dry eyes, central heating may make them worse. Here are some simple steps you can take to minimise the discomfort caused by dry eyes in winter:

- Lower the temperature in rooms when possible.
- Blink more often.
- Use a humidifier. Opening windows for a few minutes on cold days will also help.
- Lubricants. Certain lubricating eye drops may be helpful for you.

Increased screen time

People tend to stay in and watch more television and spend more time using computers during the winter. Using a screen will not



damage your eyes but prolonged use can make your eyes tired and

Remember to take breaks and operate the 20:20:20 rule; every 20 minutes, take a 20-second break and focus your eyes on something at least 20 feet away.

Watery eyes

In cold and windy conditions, many people complain that their eyes water more than normal. Wearing glasses will provide protection against the wind, even if you don't usually wear them outdoors.

Winter sun

Snow and ice are reflective, so the sun's damaging UV rays can reach your eyes from below as well as above. UV exposure is cumulative, so although you may not feel any immediate effects, you could be putting yourself at risk of longterm damage and risk cataracts and age-related macular degeneration (AMD) if you don't wear good quality sunglasses or goggles.

For more information, honest advice or to make an appointment contact us on 0646636477



SCRAP METAL COLLECTION

o you have any old scrap metal lying around? If so, Rathmore residents want to hear from you!

In an effort to raise funds for the development of Rathmore town, local residents Brian Helly, Niall Kelleher and Michael O'Mahony have got together to organise a collection of old scrap metal, the proceeds of which will go towards enhancing the community areas of Rathmore town.

The event will take place on Saturday, 6th November at the Old Creamery Yard, Rathmore town. Materials accepted include aluminium, copper, steel and stainless steel.



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LOCAL CONFIDENTIAL. CONTACT 087 3462332 >SCRAP METAL COLLECTION

Help Raise Funds For Rathmore Town Delelopment on November 6th 2021 at Old Creamery Yard Rathmore Town. Materials Accepted: Aluminium, Cooper, Batteries, Coolers, STEEL, Stainiess Steel. Not Accepted: Glass Rubber, Timber FRIDGES, Barrels of BAS. Brian Kelly 0972536808/ Niall Kelleher 0876694101 /Michael O'Mahony 0876676817.

SINCERE CONDOLENCES to Aisling Crosbie, Editor of Killarney Outlook and Family on the passing of her mother Betty Crosbie, Killarney. Ar dheis Dé go raibh a anam dílis

>COVID 19 SUPPORT LINE FOR OLDER PEOPLE

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID19. Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

>SUICIDE AWARENESS

A Clothes Bank in Aid of Suiclde Awareness in Aid of Sulcide Awareness in now Installed in the Creamery yard, Rathmore. All clothes accepted. No soiled rags, duvets or rugs. Anyone in need of support call Mary on 087-3162257

>GNEEVEGUILLA COMMUNITY DEVELOPMENT COUNCIL AND GNEEVEGUILLA BASKETBALL CLUB

had our weekly draw for our Share theBucket on Friday evening 22/10/21. Congratulations to Kathleen Knee who won €500, this week's jackpot winner. Guaranteed winner every week, go to our Facebook page to find out how and where you can play. REMEMBER if YOU are not in you can't win https://www.facebook.com/gneeveguilla. Draw takes place every Friday evening @ 8:30 pm on Facebook live

>TUREENCAHILL COMMUNITY CENTRE

Maurz Cardio & Kids Martial Arts Are Resuming Every Wed Afternoon @4 30 To 5 30 Contact..089 4010475 For Details HIGH SPEED Broadband Office Hub In Tureencahill Community Centre..SUPERFAST CONNECTIVITY.. Contact 085 1741551/087 9924821 Keep An Eye On Our Facebook Page/Instagram/Twitter For More Upcoming Classes Etc In The Coming Weeks

>GNEEVEGUILLA GAA ARE STARTING LAST MAN STANDING COMPETITION AGAIN THIS YEAR

It was a great success last year and we hope with your support it will be again this year. Huge Prize money of ϵ 500 for the winner. ϵ 10 entry fee. Contact Padraig Moynihan 087 0970258 or Niall Foley 086 3420626 . We will be starting weekend 30th/31st October game week 10.

Ry Michael O' Mahony

LISTRY

>DEEPEST CONDOLENCES

Listry GAA would like to send Deepest Condolences to Aisling Crosbie, John, Keelin, Sean and Abbie, Faha, on the recent death of her beloved mother, Betty Crosbie R.I.P

>LISTRY WEEKLY LOTTO RESULTS

Numbers Drawn 3, 4, 18, 24. €100 - Mary Kennedy, Lahard. €50 x 2: John O Sullivan, Mallow. Albert Hart, W. Cork. €25 x 2: Gary O Sullivan, Beaufort Bridge. Martin Hunt, Listry.

Next Sunday Jackpot €7,850

>EAST KERRY U15 LEE STRAND CO CHAMPIONSHIP

Commiserations to U15 Listry's Cian Fleming, Tadhg Gosney, James Clifford, Ryan Carey, Padraig O Donoghue, Mark McCarthy and Dan Kelliher and East Kerry Team who lost against North Kerry in Quarter Final last week.

>EAST KERRY MINOR COUNTY CHAMPIONSHIPS FINAL

Best of Luck to Cathal O Donoghue and East Kerry Team and management next Saturday 30th October in the final against Mid Kerry at 1pm in Fitzgerald Stadium, Killarney.

>GARVEYS SUPERVALU SENIOR FOOTBALL

CHAMPIONSHIP RD 1

East Kerry V Austin Stack next Saturday 30th October @ 7pm in Austin Stack Park. Extra time and result on the evening.

>JUNIOR A COUNTY CHAMPIONSHIP LFGA FINAL

Congratulations to our Listry Ladies, Mairead Lehane, Niamh Broderick, Lorraine Kennedy, Ciara & Emma Tangney and MKL Gaels LGFA team last weekend, and to their coaches, Phil Tangney (Listry) Damien Murphy and Paul Carroll winners of the Junior A Co. Championship by one point against Abbeydorney.

>WIN A HOUSE WITH KERRY GAA

All funds raised in the "Win A House in Killarney" raffle will go towards the completion and development of our existing facilities at Currans, Caherslee, Fitzgerald Stadium, to name but a few. Kerry GAA need to provide the best to our players, young and old, in order to continuously improve the standard of GAA in all codes throughout the county. With your support, we hope to raise these much needed funds and ensure the highest standard of facilities for all. So buy your ticket today online at www.kerrygaa.ie, at the Kerry GAA store in Killarney, Austin Stack Park, Tralee or from Jerome Kennedy 087 2530630

Written by: Anne Sugrue O'Brien



Glenflesk Parish Priest Fr Kevin McNamara with Frances McCarthy, Ettie Lynch and Patricia O'Grady at the Glenflesk Parish 'Concert of Freedom' fundraising event in The Gleneagle Hotel, Killarney, on Monday night. Photo: Eamonn Keogh



Country Music singers Lorraine McDonald and Sandy Kelly with Glenflesk Parish Priest Fr Kevin McNamara and former Ireland soccer manager Eoin Hand at the Glenflesk Parish 'Concert of Freedom' fundraising event in The Gleneagle Hotel, Killarney, on Monday night.







KILCUMMIN

>KILCUMMIN RURAL DEVELOPMENT

Kilcummin Rural Development and the Community Employment Scheme Participants play an important role in the many parish organisations and beyond that they are involved with. The AGM of Kilcummin Rural Development was held on the 20th October. Arising from this meeting, there are a number of vacancies on the committee including the Chairperson and Treasurer who have stood down after many years' service. To ensure the continuing viability of the Community Employment Scheme it is important that these roles are filled as a matter of urgency. If you are interested in volunteering to become involved on the committee please contact John at the RD Office on 086-1579381 or any Board member.

>KERRY ETB

The following courses are currently being offered at no fee. 1) Mindfulness Online course no. 334072 Thur 4th Nov. 7-8pm; 2) Mindfulness Online course no. 334077 Fri 5th Nov. 7-8pm; 3) Gluten Free Baking & Christmas Dinner Ideas Online course no. 334076 Starting 10/11/21; 4) IPad/ Smartphone Skills Tralee course no. 330525 Starting 30/11/21; 5)

Christmas Crafts in Castleisland Contact; Liz Galwey, Family Resource Centre Castleisland, at 087-7553066. To apply for any of these courses, please go to www.fetchcourses.ie and enter the course number quoted. Further info. contact Michelle Anne Houlihan at mhoulihan@kerryetb.ie or Ciara Lynch at 086 0787960.

>MASTERGEEHA FC

There was no winner of the Jackpot on Friday 22nd October. The numbers drawn were 2, 3, 22, 27. Consolation prizes of €50 each went to Orla Bruton, Mastergeeha, Sean Lenihan, c/o John Lenihan, Kilcummin, Marie & Jake Curtin, c/o Bertie, Brian O'Donnell, Dublin 8. Next draw is next Friday 29th October 2021. Jackpot will be €5,600.

>KILCUMMIN GAA LOTTO

There were two winners of the Jackpot on Monday 25th October 2021, who will split the Jackpot of €7,000– Denise Carroll, Knockacore & Brendan O'Sullivan, Ballyhar. The numbers drawn were 3,8,17,22. Next draw is Monday 8th November 2021 for a Jackpot of €2,500.

Vritten by: John Moriartty

BEAUFORT

>FIXTURES

Beaufort senior men have qualified for the County Intermediate football final for the second year in a row. They will play Na Gaeil in the final at a date and time to be decided.

>LOTTO

Beaufort GAA Club lotto will resume on Sunday, 31st October with fortnightly draws taking place in the Clubrooms. Jackpot will start at \in 5.000.

The lotto is the main fundraiser for the day to day running of the Club. Tickets will be available from usual sellers, online and in shops and public houses. Cost is \leq 2 each, 3 tickets for \leq 5 and yearly ticket is \leq 50. Credit will

be given for missed Covid 19 draws.

If you want to purchase draw tickets or join the lotto for the first time, please contact the Club at 087 9975737 in order to be directed to your local lotto seller.

>KEEP WALKING, KEEP WELL

Keep walking/Keep well continue in the walking track on Mondays, Tuesdays and Fridays. Walk any time between 6pm and 9pm. Please sign in at main door before walking. Pilates classes have begun. Please contact Colleen at 086 1731469 for days and times.

By Cliona Coffey

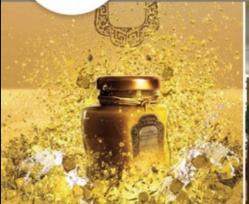






TIME TO UNWIND OCTOBER & NOVEMBER SPECIAL OFFER

- · Use of the Vitality Suite · 60 minute muscle relaxing shea butter massage · 30 minute 23 carat gold mini facial
- · Refreshments in the Relaxation Room · Lunch in the Brehon Bar Available Monday - Friday. Availability is limited. Please contact the Spa at your earliest convenience.







the Brehon

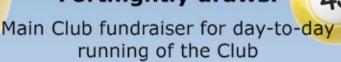
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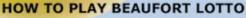
Book by calling 064 6623980 or email angsanaspa@thebrehon.com



LOTTO WILL RESUME

on Sunday, 31st October. Fortnightly draws.





- 1. From your local lotto seller. Please contact the Club at 087 9975737 and you will be directed to your local seller.
- 2. Online at www.beaufortgaa.com or https://clubforce.com/clubs/gaa-beaufort-gaa-club-kerry
- 3. Direct Debit from your local seller.
- 4. In local shops and businesses





Tickets: €2 each or 3 for €5. Yearly ticket €50.







BEAUFORT G.A.A. CLUB - Boys/Men's Teams Under 6 to senior - Girls/Ladies Teams Under 6 to senior -Gym and Exercise classes - Walking Track - Scor - Accredited G.A.A. Healthy Club 2021/2022



FANCY DRESS

IN ST. BRIGID'S PRESENTATION KILLARNEY

IN AID OF "FOODSHARE KERRY"

ast Friday St. Brigid's held a fancy-dress day in aid of "Foodshare Kerry". €1,015 was raised on the day for a very worthy Charity. Foodshare Kerry, an initiative of North & East Kerry Development and Saint Vincent de Paul, is a not-for-profit organisation set up to help local charity groups. combat food poverty. They rescue quality surplus food from supermarkets and food producers and make it available to organisations who know how best to redistribute it to those in need.



Laura Fleming 5th Year



Katie Shine 5th Year



Sarah O Connor 3rd Year



Eleana O Doherty 6th year





Teacher Norelle Murphy



Best dressed went to students, Bontha Schreurs & Anna Dunlea and Ms Alice Quilter for best dressed teacher



Acting Principal Mairead Lucey, Teacher Aine Culloty and some students with the cheque for "Foodshare Kerry"



SPA

>U10 AND U12 GIRLS FINISH THEIR **2021 SEASON**

Our u10 and U12 girls had their last training session in Spa last Saturday morning. Both teams had a busy year with loads of football. They were treated to beautiful home baking and Halloween sweets. Special thanks to everyone involved especially the dedicated coaches Liam, Johnny, Karol, Aisling, Margaret and Geraldine.

>WIN A HOUSE WITH KERRY GAA

Tickets for the Win A House With Kerry GAA draw will be on sale in Spa this Tuesday October 26th from

8–9pm for anyone that wants to get their ticket before this week's bonus draw. Get your ticket before October 26th and you will be included in this Thursday's bonus draw where three people will win €1,000! Tickets also available on kerrygaa.ie, in the Kerry GAA Store in the Outlet Centre or from our club Secretary Patrick (087 6332773) or from Co Board Officer John O'Leary (086 3026041). When entering your details don't forget to mention your club SPA GAA in the 'Additional Information' section as your club could also win up to €1,500! The sooner you purchase a ticket, the more draws you will be included in.

>TOMMY WALSH

Wishing the very best of luck to Kerins O'Rahillys player Tommy Walsh who has officially announced his retirement from inter-county football.

>DALYS SUPERVALU CONTINUE THEIR SUPPORT OF SPA GAA

We're always very grateful to our sponsors for their support of Spa GAA club John Daly of Daly's SuperValu Killarney called to the club recently to confirm his continued support of our teams.

>CO CHAMPIONSHIP RD1 FIXTURES CONFIRMED

Best of luck to our senior team & management in Rd1 of the 2021 Co Championship next Saturday October 30th against neighbours Legion (3pm in Fitzgerald Stadium). The details of all Rd1 fixtures taking place next weekend are as follows. The 2021 Co. Championship is a knockout competition and all games will have extra time if necessary & result on the day:

SATURDAY OCT 30TH: Feale Rangers v South Kerry (3pm, Milltown). Spa v Legion (3pm, Fitzgerald Stadium). St Kierans v Kerins O'Rahillys (5pm, Austin Stack Park). Austin Stacks v East Kerry (7pm, Austin Stack Park)

SUNDAY OCT 31ST: Templenoe v Shannon Rangers (1pm, Fitzgerald Stadium). Kenmare Shamrocks v St Brendan's (3pm, Fitzgerald Stadium). West Kerry v Dr Crokes (3pm, Austin Stack Park). Dingle v Mid Kerry (5pm, Austin Stack Park)

>SPA SPOOOKTACULAR

Spa was spooktacular on Friday evening as all sorts of ghoulish and scary juveniles arrived at the clubhouse to celebrate Halloween. Young and old all got into the spooky spirit at our annual Halloween party, which was held in line with Covid restrictions. The kids danced to spooky tunes, they enjoyed having their faces painted and many even got terrifying tattoos. There were also games galore to entertain the children. Our juveniles enjoyed lots of well deserved treats too. It was a fangtastic evening by all accounts. Huge



Our ABC Academy enjoying their Saturday morning training in Spa

thanks to Orla O Leary Organiser and her team who ensured the evening was a huge success. Thanks to Anne Holland for sharing her abundance of Halloween decorations and for transforming our clubhouse for all to enjoy. The club are very grateful to David Rea and Kieran Somers for creating an eerie mood with their professional lighting. Also, a huge thank you to the generous granddad who sponsored lots of treats for the kids! A sincere thank you to all the families who donated so generously on the evening. A total of around €360 was raised for club funds. Wishing everyone a happy Halloween and a very enjoyable midterm break!

>SPA LOTTO RESULTS 18/10/21

Numbers drawn: 13, 19, 22, 25. No winner and €50 lucky dips to Joan Mangan, Brid Horgan, Assumpta O'Donoghue and Tina Ahern. Next week's jackpot is €5,000 and tickets are on sale online on spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckross Rd, Spa clubhouse or from usual sellers. Many lotto annuals are due for renewal around this time. Please check with your promoter or ring Jim Gleeson at 087-6340581. Thank you to everyone for your continued support for our club lotto.

>WINTER DAYLIGHT SAVINGS

A reminder to everyone that the clocks will change for the winter months next Saturday night October 30th - clocks will go back one hour.

>THURSDAY NIGHT GAMES ON THE BIG SCREEN

We will be taking a break this Thursday for midterm and our Thursday night games on the big screen will return the following week on Thursday November 4th. Any queries contact 0851216359

>CO MINOR CHAMPIONSHIP

Well done to the East Kerry minor team & management on their win over North Kerry last Saturday in the Co Minor Championship semi-final. The sides were level at the end of normal time and again at the end of extra time, and the result was decided through penalties. They now play Mid Kerry in the Co Minor Final next weekend (fixture details to be confirmed). Best of luck to all, especially our Spa players with the panel Rian O'Neill, Jack O'Sullivan, Luke O'Neill and Timmy Moynihan.

>STAY UP TO DATE

Stay up to date with all our Spa news by signing up to our weekly newsletter through the link at the bottom of our website.

>ITEMS FOR NOTES

Any items for the club notes please contact pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

Written by: Deirdre O'Sullivan-Darcy



John Daly of Dalys Supervalu with Spa Chairman Michael Cronin and some senior and juvenile players as he confirms his continued sponsorship of the Spa teams



U10 & U12 Girls hold their last training session for 2021



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- KILLARNEY
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- BARRADUBH
- GNEEVEGUILLA
- RATHMORE
- KILCUMMIN=
- CASTLEISLAND
- FARRANFORE
- CURROW

- FIRIES
- MILLTOWN
- CASTLEMAINE
- BEAUFORT
- FOSSA

DR. CROKES

SENIOR CO. CHAMPIONSHIP

We have been drawn to play West Kerry in the opening round of 2021 championship game fixed for Sun. Oct. 31 @ 3pm in Austin Stack Park. COISTE NA OG

Last Saturday was our last day for the season and what a day it was!! We had a multi activity fun day. To add to the occasion we had a fancy dress theme to the day. There were some great costumes and no doubt the moms and dads helped in a big way here. We had a lot of help with the obstacle course lay out but we have to single out Kevin Smith and Gene Doc for their work. We had tug of war skiing and three legged races to name a few of the activities. We had a great day and lots of fun. It was a great finale to the season.

To finish off all the members got some treats and were awarded their certificate of achievements from Kerry players Kayleigh Cronin and Micheal Burns. Thanks to them for taking time to give something back to our younger players. We are now taking a break until next Spring.

It's fair to say we had a great season especially considering the logistics we had to deal with. A big thanks to all who helped during the year. We hope everyone enjoyed their time with us and we hope to see everyone next Season.

Well done to the Crokes U14 players who played with the Sem in the u15 Munster Colleges semi final yesterday who were narrowly defeated by CBS Tralee.. Kasper Roebak Liam Hennigan Adam Byrne Cian Mulcahy Muiris O Donoghue. **SCOR**

As Rachel Foley, Cultural Officer, continues preparing for Scor, which hopefully will go ahead this year, she is encouraging boys and girls of all ages who are interested in set dancing and figure dancing to join/re-join one of the 3 dancing schools that assist us in this competition. There are 3 levels of competition for various age groups throughout the year. So get practicing with.. Daly King.... Hegarty.... and Hannah Majella with DalyKingSchool of Irish Dancing. Contact Cliona 0862444354. Hegarty Irish dance academy contact Lisa 087 6403828 and Hannah Majella O Donoghue set dancing classes, contact Hannah 087 6451910

DR. CROKES BINGO will continue on Sunday Oct. 31st in St. Marys Parish Hall @ 8.30pm. In accordance with government guidelines pods of no more than six with appropriate social distancing will be in place. Vaccine certs and proof of identification will be in place. Patrons are requested to wear masks until seated. Doors will open at 7.15pm and admittance is on first come first served basis.

LOTTO

Draw took place on Monday October 25th Numbers drawn 2 8 26 28 3 patrons matched 3 numbers receive €135 BridBrosnan Tralee Road, Ivan Tagney c/o Larry Debra Theo C/o Eoc. Jackpot for draw on October 25th will be €5,900 We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity



Rathmore Captain Bríd Ryan, referee Seamus Mulvihill, and Southern Gaels Captain Clodagh Quinlan.

likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below And follow instructions attached https://play.clubforce. com/play_newa.asp#Anchor

DR. CROKES SHOP

you can now shop worldwide new selection of Jackets, gilets masks and snoods and other items. Shop online

WIN A HOUSE IN KILLARNEY

Kerry GAA County Board "WIN A HOUSE IN KILLARNEY" tickets are available from Dr. Crokes GAA Club - €100 each. Contact any club executive member for details.

CONGRATULATIONS to Amanda Brosnan who represented Ireland in the inaugural Clover Cup, hosted by AFL Ireland in Belfast recently.

THE IRISH BANSHEES claimed victory in the Grand Final v England Vixens. Another huge accomplishment for a lady who has worn her Dr Crokes & Kerry GAA colours with pride for so many years. Well done Amanda.

WEDDING BELLS

to Brendan Fuller and Eve O'Donoghue, and Mark O'Leary & Sarah Cusack on their recent nuntials

SYMPATHY to former player Colman O'Shea & family, Port Road on the death of his sister Sandra Ryan. Ar dheis Dé go raibh a hanam dilis

MILLTOWN/CASTLEMAINE

CONDOLENCES

Our most sincere condolences are with our Senior Manager David Heasman and the extended Heasman Family on the passing of Davids father Paul Heasman earlier this week.

We wish that Paul may rest peacefully and our thoughts & prayers are with David, Marie, Sarah, Clodagh, Michael along with all of the family and friends of Paul Heasman at this sad time. Ar dheis Dé go raibh a anam

LOTTO

Sponsored by Almas Takeaway, Milltown Results Monday, October 18th, 2021. Jackpot €12,600. Lucky Numbers: 06, 14, 21. Bonus Ball: 18 Congratulations Owen O'Shea, Milltown who wins our match 3 prize of €200. Our next draw is tomorrow (Monday, November 1st 2021) where the jackpot will be €12,600. Get you tickets for this draw or renew your yearly tickets with club force online or buy your weekly tickets at all usual outlets

MID KERRY MINORS

A massive congratulations to the Mid Kerry Minors who beat St Kierans in the Minor County Championship Semi Final on Saturday in Austin Stack Park by a score of 2-08 to 0-11.

A big congratulations to the whole panel and especially to our club players Conor Spillane, Shane O Connor, Jack Teahan, Brendan Casey, Dara Hogan, Liam Roche, Ben Downes and Oisin Spring and to their coaches Cathal Moriarty and Mike Burke who are part of the management team.

The Mid Kerry Lads will now go on to face defending champions East Kerry in the final after they overcame North Kerry in a tight contest that was decided on penalties.

With the Kerry Minors facing East Kerry in the upcoming Minor County Championship Final we would love to see plenty of Red & Green up this week to support them and especially our club players Conor Spillane, Shane O Connor, Jack Teahan, Brendan Casey, Dara Hogan, Liam Roche, Ben Downes and Oisin Spring and to their coaches Cathal Moriarty and Mike Burke who are part of the management team.

If you would like to send in your pictures, videos or show your support in any way please send them to Danny on 0876536631 and we will post the messages on our Facebook page.

WALKING TRACK

We are delighted to see so many people making use of our brand new walking track here at Milltown/Castlemaine GAA. Over the past few weeks we have seen lots of activity on the track which is kindly sponsored by Mid Kerry Veterinary Centre.

We-have a few-things to-note about the use of the track to ensure everyones safety:

The lights for the walking track turn on at dusk and are timed to go off at 10pm each night

Please refrain from cycling on the track to avoid

Please refrain from cycling on the track to avoid injury to others

All dogs (with the exception of Guide / Assistance Dogs) are prohibited, at all times from entering Club GAA Grounds.



STORES PERSON

Leane's Kitchens are now recruiting for the above position on a full time basis

- Job requires loading of complete kitchens to delivery vans
- Must have experience in monthly stock counts
- Must have up to date Forklift Licence
- Must be able to work on own initiative as well as take direction
- Must have fluent English as well as computer skills for the role
- Previous experience is preferred

The company provides excellent working conditions with competitive pay rates

Please apply with an up to date CV and Cover Letter by email to: info@leanes.com Closing date for applications is Friday 5th November 2021.



FIRE DUCT SYSTEMS

SHEET METAL APPRENTICES WANTED

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4 Year apprenticeship training both on site, workshop and Solas(Further Education and Training Authority)

Ideally the candidate should have a leaving certificate, be enthusiastic, eager to learn and have the ability to work as part of a team A full clean driver's licence would be an advantage 3 month probationary period is required

> Apply with CV in strictest confidence to engineering@fireductsystems.ie with Sheetmetal Apprentice in subject title or Call 021 482 4395 and leave your contact details



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- Fluency in English both spoken and written
 - One year office experience preferred

BENEFITS:

- Competitive salary
- · Company Pension.
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Letter of application and CV by email to: careers@walshcolourprint.com or post to:

Careers Manager, Walsh Colour Print, Castleisland, Co. Kerry.

Many thank's to every for their compliance with all of the above we do have some signage up as guidance and will erect more in due course. We are delighted to see such great numbers making use of the walking track and hope to see more and more people out walking together across the winter months.

MKL GAELS

Congratulations to the MKL Gaels LGFA Senior Team on becoming County Junior A Champions Sunday afternoon in Fitzgerald stadium in a fantastic win over Abbeydorney by a score of 0-06 to 0-05.

Well done to the players and their coaching team for their hard work all year and congratulations on their fantastic win claiming the William Kirby Junior Ladies Football Cup for the MKL Gaels.

FEALE RANGERS V SOUTH KERRY

On Saturday next the 30th of October Paddy Burke Memorial Park in Milltown will play host to the County Championship Round 1 game between Feale Rangers and South Kerry. It is fantastic to see this Club Championship Game being played at our newly revamped club grounds. The throw in will be at 3pm, we look forward to welcoming both teams and their supporters.

CLUB FIXTURES:

TBC: Mid Kerry Minor V East Kerry (MFC Final)

Sunday: 17.00: Mid Kerry Senior V Dingle Austin Stack Park

COISTE NA NÓG NEWS

Sponsored by Foleys Spar, Milltown

Well done to all of our U9 players who received their end of year medals last Wednesday evening after a year of fantastic progress where they have played some wonderful football along the way. Having played teams from all over the county this year the U9 footballers finished the year with last weeks fantastic blitz. Well done once again to all the players and to Paul, Liam and all of their coaching team along with the covid supervisors, parents and everyone else that helped out throughout the year.

Our U11s had no games this week but they will finish off their year over the next two weeks with an exciting internal blitz competition. The competition has been organised by the team manager Garry Murphy and the coaching team and will consist of 4 teams playing games over

A great scoring system will see the teams scoring the most for using their less dominant foot with the teams accumulating points throughout the competition. Best of luck to all the teams.

MID KERRY SENIOR

This coming Sunday the 31st of October @ 5pm the Mid Kerry Senior Team will face Dingle in the Senior County Football Championship - Round 1 at Austin Stack Park.

Everyone at Milltown/Castlemaine GAA Club would like to wish the whole panel the very best of luck especially our own clubs players Cathal Moriarty, David Roche, Pa Wrenn, Jonathan Sullivan and Cillian Burke along with Damien Murphy who is part of the coaching team.

We would like to encourage every to put out their green and red colours for the Mid Kerry Teams in action this weekend.



Paudie Clifford and Rian Colleran presenting medals to the Fossa GAA underage academy members

BALLYHAR/FIRIES GAA

COISTE NA NOG

Hurling Academy for boys and girls continues on Sunday for U7 & U9 from 11am to 12pm in association with Mike and Mags Moriarty of Moriartys Centra Farranfore and Central Car Sales.

LOTTO

Numbers drawn were 6, 15, 19, 23. No Jackpot winner. 5x€30: Luke Henderson, Bridie O Grady, Hugh McMahon, Fiona Walshe, James Daly. Next weeks jackpot €6800. Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

Get your lotto tickets online via the Firies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Firies, Hendersons Shop and Bar Firies and from all the usual sellers. We thank these businesses for their continued support. Thank you all for your continued support.

RESULTS

Senior Ladies Junior B Championship Final Firies 0-11 Fossa 1-07

2021 LADIES JUNIOR В FOOTBALL **CHAMPIONS**

What a fantastic day on Sunday for Firies Ladies Football with our Senior Ladies team crowned Junior B Champions 2021 beating Fossa by just one point in a thrilling game. Well done to the girls & to Jeremiah & Noelle for their commitment to the team.

It's been an amazing season for our Senior Ladies team In their first season together they

Sunday's title added to Donal Curtin Cup which they won earlier this year in a final against a strong Ballymac team. Massive congratulations to all involved

EAST KERRY U15'S

Commiserations to U15 East Kerry who lost to North Kerry in Lee Strand Co Championship. firies players Aaron O'Sullivan, Mandharan, Daithi O Shea & Michael Fitzgerald were part of panel.

EAST KERRY U17'S

Congrats to the East Kerry U17 team who beat North Kerry in the county semiFinal at the weekend. They now will play Mid Kerry in the Final. The east Kerry squad included Firies

players Brian McCarthy James Horgan, Stephen Palmer, Colm O Shea and Jack Costello.

WIN A HOUSE IN KILLARNEY WITH KERRY GAA

For €100 you could win a stunning new build A-rated 3 bedroom house superbly located just off the Park Road in Killarney, Co Kerry. Follow the link on social media and on the Kerry GAA Website. Dont forget to mention Firies GAA when you enter the draw to help the club.

FOSSA GAA

FOSSA SENIOR LADIES

County Final: Fossa 1-07 Firies 0-11.

Heart break For our senior ladies after an unbelievable performance hard luck to all. **ACADEMY**

Fossa GAA underage academy wrapped up last Sunday morning. We started the academy last May under beautiful sunshine and finished under beautiful sunshine in October. Every Sunday morning we had huge numbers, great Football, great fun and great friends. Many thanks to Paudie Clifford and Rian Colleran for presenting the medals. Huge thanks to the parents who helped to prepare the treats and teas on the morning. We are deeply appreciative of the coaches and covid officers who were so dedicated all through the season. The kids were fantastic and so enthusiastic-they are a pleasure to have as members of our club.

EAST KERRY MINORS

Congratulations and best of luck to East Kerry minors Especially all the Fossa lads involved, East kerry won Their semi-final on penalties, County final next vs Mid kerry.

Best of luck to Paudie and David Clifford this weekend as the East Kerry seniors get their defence of the county title under way against Austin Stacks this Saturday night in Tralee.

19,15,22,23. €40 WINNERS: LIAM FITZGERALD, C/O ANGELA DALY; SHANE & DEIRDRE HORGAN, 2 LACKABANE; EILEEN MULLEN, TWO MILE; MARGARET & DENIS KISSANE, KNOCKERAGH; JOANNE BROSNAN, KILLORGLIN. Next weeks

Tickets on sale from Foleys Spar Fossa, the Golden Nugget and usual sellers thanks for the support.





Due to our continued growth, we currently have vacancies for

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- Do I need a medical card to avail of this? NO
 - Do I need to have health insurance? NO
- Does it only apply to a certain age group? NO
 For further information please call

Martina in my office **064 6685782**

Contact Numbers: 01 618 3363/064 66 85782 E: michael.healyrae@oireachtas.ie





The East Kerry Minor Team 2020 were presented with Minor County Championship medals last Friday 22nd October 2021 at Glenflesk Hall.

EAST KERRY GAA

SINCERE CONDOLENCES to Aisling Crosbie, editor of Killarney Outlook & Family on the passing of her mother Betty Crosbie, Killarney. Ar dheis Dé go raibh a anam dílis

THE EAST KERRY MINOR TEAM 2020 were presented with Minor County Championship medals last Friday 22nd October 2021 at Glenflesk Hall.

CHAMPIONSHIP FIXTURES RD1 CO CONFIRMED

Best of luck to our senior team & management in

Rd1 of the 2021 Co Championship next Saturday October 30th against Austin stack at 7pm. (in Austin park). The details of all Rd1 fixtures taking place next weekend are as follows. The 2021 Co. Championship is a knockout competition and all games will have extra time if necessary & result on the day:

SATURDAY OCTOBER 30TH: Feale Rangers v South Kerry (3pm, Milltown). Spa v Legion (3pm, Fitzgerald Stadium). St Kierans v Kerins O'Rahillys (5pm, Austin Stack Park). Austin Stacks v East Kerry (7pm, Austin Stack Park)

SUNDAY OCTOBER 31ST: Templenoe v Shannon Rangers (1pm, Fitzgerald Stadium). Kenmare Shamrocks v St Brendan's (3pm, Fitzgerald Stadium). West Kerry v Dr Crokes (3pm, Austin Stack Park). Dingle v Mid Kerry (5pm, Austin Stack Park)

CO MINOR CHAMPIONSHIP

Congratulations & Well done to the East Kerry minor team & management on their win over North Kerry last Saturday in the Co Minor Championship semi-final. The sides were level at the end of normal time and again at the end of extra time, and the result was decided through penalties. They now play Mid Kerry in the Co Minor Final this Saturday at 1pm in Fitzgerald stadium.

KILLARNEY RFC U16 GIRLS WIN LEAGUE OPENER

Our U16 girls kicked off their league opener yesterday in Cork, with an impressive win on the road!

The girls took on a combined Dolphin/Midleton/Youghal at Dolphins pitch at Musgrave Park, in breezy conditions and we're off the mark within minutes scoring the opening try with a successful conversion.

The girls found their feet fast showing their skills and tenacity, refined in no small part to the superb training sessions under the coaching of Diarmuid O Malley and Josh Whelan. Their ever present guidance aiding them as they defended against any attempts by the opposition to score

Killarneys tackling was both rapid and precise and held off all attempts to get over the try line. Minutes before half time Killarney scored another try under the sticks, which was also converted.

The second half began, and the hosts came out determined to show they meant business. Minutes later they they scored a well earned try, which only fired up Killarney more who quickly responded with another try and conversion.

Our girls continued relentlessly. With tackling, rucking and even an

excellent maul they held Dolphins/ Midleton/Youghal well away from our try line.

Cheered on from all the supporters the final whistle blew to see Killarney U16 girls successfully winning their first league game of 2021.

A tough decision by the coaches who felt that all the girls have a superb performance but Killarney's



with a super all round performance given.

A big Thank you to Dolphin/ Midleton/ Youghal for hosting us and their wonderful hospitality afterwards.

It was much appreciated. Also a big Thank you to the coaches Josh and Diarmuid and all those that came to support the Team and most importantly the Girls for their fine display of Rugby.

Training continues on Wednesday evening at Aghadoe (7pm) and new players are more than welcome to join us. No experience necessary, fun and fitness guaranteed and a wonderful way to make new friends. For details contact Anne on 086-3125722.

Killarney Golf and Fishing Club Prize Giving

Photos by Michelle Cooper Galvin



Laura Furlong (second from left) presenting the prizes for the Liebherr team of three waltz stableford competition to winners Margaret Campion (back frokm left) Mary O'Rourke, Aine Marie Martin Amy Arthur, Margaret Campion, Katie O'Connell with Anne Looney Lady Captain and Club President Marguerita Mulcahy at Killarney Golf and Fishing Club for the 2020/2021 Ladies Club Prize Giving recently.



Killarney Golf and Fishing Club Lady Captain Anne Looney (left) presenting the 2020 Golfer of the Year Claret Jug to winner Corrina Griffin with (right) Club President Marguerita Mulcahy at Killarney Golf and Fishing Club for the 2020/2021 Lady Captain's Prize Giving recently.



Mary O'Connor (centre) presenting the Murphy Print Ladies Fourball competition prizes to winners Ailish Mulcahy, Sharon Ormonde, Margaret O'Donoghue and Kate O'Leary with (left) Anne Looney Lady Captain and Club President Marguerita Mulcahy at Killarney Golf & Fishing Club for the 2020/2021 Ladies Club Prize Giving recently.



Anne Looney Lady Captain and Ewan Plenderleith General Manager Aghadoe Heights Hotel and Spa presenting the prizews in the Aghadoe Heights Hotel and Spa Ladies Singles competition 2020 & 2021 to winners Mary Cronin, Carmel O'Brien and Kay Gentile with (right) Club President Marguerita Mulcahy at Killarney Golf and Fishing Club for the 2020/2021 Lady Captain's Prize Giving recently.



 $\label{thm:continuous} \emph{Tina O'Sullivan, GMIB Insurance presenting first pprize in the GMIB Insurance Ladies Singles}$ 2020 to winner Jane Dwyer with (from left) Lady Captain Anne Looney, Lorna O'Leary 2nd and Club President Marguerita Mulcahy at Killarney Golf and Fishing Club for the 2020/2021 Ladies Club Prize Giving recently.



Lady Captain Anne Looney presenting Club 2020/2021 competition winners Mary Geaney and Sheila Crowley with Club President Marguerita Mulcahy (back from left) prizewinners Mary Sheehy, Mary Mac Monagle, Mege Dalton, Anne Moynihan Rudden, Sharon Ormonde and Kay Gentile at Killarney Golf and Fishing Club recently.



JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

PROPOSAL B

The GAA were at a crossroads last Saturday. They had three choices. Retain the pre-2017 status quo, which very obviously hadn't been working. Hence the clamour for change. At least there was a general acceptance that the desperate lunge for money from those nonsensical 'Super 8' yokes wouldn't be repeated and it would include a Taillteann Cup, i.e. a reason for teams to actually stick around and have a realistic chance at winning something. Mind you, I'm already extremely skeptical about the GAA's absolute promise to promote that second tier competition properly. The second option was to approve Motion 18 at the Special Congress, which would see counties shuffled by preliminary rounds into four 8 team provinces and playing off an All Ireland Championship from there No speaker spoke in favour of this motion....or against. It just died a death. No-one even pretended to care.

The third choice, and the one that so many of us were hoping for, was Motion 19, to blend the National League and Championship while the Provincial Championships would be early season stand-alone competitions.

There was a long debate. I'm always suspicious when the GAA say that it's a secret ballot. That's never a sign that they are throwing their weight behind a popular motion for change, quite the opposite. And, of course, at least four ex-Presidents voted against the motion. GAA President Larry McCarthy (this is an awful blow to his credibility – he obviously wanted the motion to fail but hadn't the courage to show it) and Secretary General Tom Ryan only belatedly came out in favour of Proposal B on the Wednesday before the vote. A number of publications (no, I'm not suddenly pretending that I made a difference) had pointed out their silence up to that point.

Burnout, my own concern, never got a mention. All the bigger counties voted against it. Eight from Ulster (Down were the only exception – and didn't explain why). Mayo and Galway opposed change – the challenge would be too much for them, I guess. Roscommon and Sligo pushed for change. Offaly spoke and voted in favour – the only Leinster County to take a stance. However, Kildare, Longford, Louth, Meath, Westmeath, and Wexford had already expressed approval for change. Cork, to their credit, spoke in favour of change. Whatever you do, maintain the imbalance to maximise our own profits! It's not a warcry that trips off the tongue, but it obviously succeeded.

Whether you agree with those counties or not, at least they didn't straddle the fence. Kerry, Limerick, and Waterford? No, not telling you how we are going to vote, or even if we will cast a ballot. Kerry Chairman Tim Murphy made a fine speech about how change is



At the opening of the Kilcummin GAA Fitness and Wellbeing centre were Kelvin Teahan, Mikey O'Shea, Kevin McSweeney, Damian McCarthy, Tim Murphy, Kevin McCarthy. Photograph by Sinead & Padraig O'Connor

necessary and, subsequent to the vote, how it is important that a change is put forward for the February 2022 Convention. This is from a Chairman whose own county, a county that would have more at stake on both sides of the coin than most, wouldn't even take a stance. Tim Murphy has had to guide Kerry through tough times during his tenure and was dealt a bad hand all through, but I'm afraid he should have made that speech a week beforehand, or not at all

Ultimately 85 delegates voted for change, and 83 voted against. We know that there is a total of 183 votes in total, 90 from the 32 counties (number of delegates ranges depending on number of clubs, Kerry have 4), 35 from Overseas (many of whom could not make it, although zoom options were offered), 52 for Central Council delegates (democracy at it's finest, isn't it?), and seven past presidents.

Proposal B needed 110 votes to get a 60% majority. 85 yes votes was only 50.6% of the ballot as opposed to 49.4% against.

With quite a few claims that 80% of inter-county players wanted change (and I can well believe it) the proponents of that status quo knew full well that they had made a very unpopular decision. Tom parsons, quite justifiably aggrieved but taking a dignified stance, called for meaningful change to be brought to the 2022 Convention. Tim Murphy was against there to proclaim his support for change (hmm). Larry McCarthy and Tom Ryan were all kind of "We'll see" and "We'll try to but it might be a bit too soon".

Yeah, it's like watching parents being asked for a pony for Christmas. It's not really going to happen, is it?

This will be revisited – it'll simply have to be, supporters are tired of paying for dross and attendances have been dropping well before covid. But Saturday 23rd, 2021, will go down as a pretty sad and shameful day for the GAA.

SENIOR COUNTY CHAMPIONSHIP PREVIEW

Ah, it begins. There's always a lot of intrigue

surrounding the start of the County Championship. I'm one of those who can still recall when the County Championship was early in the year and you could quite literally play your way onto the Kerry team by standing out. That's a bygone age, of course, with all the specialist programmes nowadays. But even so, we have one flagship competition.

Can East Kerry win three in a row? They have basically swapped Kilcummin for Spa, will it weaken their hand? For that matter, triple club champions Austin Stacks in the very first round? That's a massive banana skin right there! Mid Kerry were magnificent last year – had Gavan O'Grady not been carrying a knock in the final, who knows? If they can really pull together.... ah, but isn't that always the real question about divisional sides? They can be mercurial things. St. Brendans are another side there or thereabouts. Forget all the pressure on Stefan Okumbor, have another look at how Diarmuid O'Connor and Darragh Carmody

Crokes have had a poor start to the 2021 season and don't look anything like the force of old. But remember that they were just a point away from last year's final after one of the best games I have ever witnessed. I wouldn't be writing them off any time soon. Mind you, themselves and Killarney Legion will be especially eager to get to a County Final to escape a derby Senior Relegation match.

COUNTY CHAMPIONSHIP FIRST ROUND

TEMPLENOE VS SHANNON RANGERS

Shannon Rangers travelled to Templenoe and gave them a real fright, but I expect Templenoe to have that little bit too much.

FEALE RANGERS VS SOUTH KERRY

Home venue will count, but I think South Kerry are too strong. Keep an eye out for Bryan Sheehan, surely the best overall player from the last twenty years.

WEST KERRY VS DR CROKES

Dr. Crokes need it and I think they'll get it. Both Annascaul and castlegregory are getting stronger, but this might be a little bit too soon

AUSTIN STACKS VS EAST KERRY

Of course you'd have to give the reigning champions the nod, but Stacks? Most definitely the tie of the round, a massive piece will be taken off the board here.

KENMARE **SHAMROCKS** ST **BRENDANS**

The Brendans' teams did well as clubs and I think Kenmare are that little bit - no, actually a lot - too reliant on Seán O'Shea for scores.

DINGLE VS MID KERRY

This is another tough one to call. Dingle absolutely flew threw the league but then faltered. Will Mark O'Connor line out for them? I don't think so. As for Mid Kerry, that perennially enigmatic riddling mystery? If they show up properly, I give them them the nod.

ST KIERANS VS KERINS O'RAHILLYS

St. Kierans are dark enough horses, and Rahillys do not look to me like the force of old. I think Kierans' could hit the ground running - it's very hard to be one team drawing from three Districts. Frankly, I completely disagree with the last revamp of the County Championship, which deemed Divisional teams to be untouchable. To me, the shifting population means that they desperately need to be looked at urgently.

SPA VS KILLARNEY LEGION

I'm born and bred in one and I have great friends in the other. Some of ve will accuse me of cowardice if I don't call this one. Ye'd be dead right.

NEW-LOOK **KILCUMMIN OPENED**

Last Sunday marked a very special milestone in the history of Kilcummin GAA Club, when County Board Chairman Tim Murphy opened their resplendently refurbished and renovated facilities.

A large crowd heard of the history of the development and the financing of a project, which took over two years to complete and involved a huge host of willing volunteers, huge testament to the heart and spirit of the

COUNTY MINOR **CHAMPIONSHIPS**

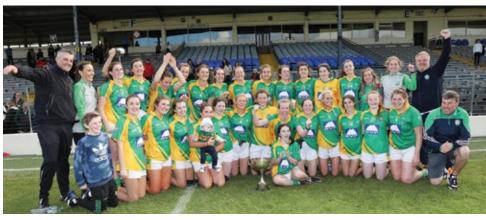
SEMI-FINAL: EAST KERRY 0-15 NORTH **KERRY 1-12 AET**

East Kerry Win 4-3 on Penalties

The first thing I'll say is that it's no way for any team, especially a young team, to lose a game. At that point, can we just toss a coin or something? Leave it to random chance rather than have some young lad thinking he's after letting his team down, when he's played his heart out?

North Kerry led 0-3 to 0-1 at the first water break. North Kerry had left a few behind them. East Kerry had left an awful lot behind them. By half-time North Kerry were ahead by 0-5 to 0-2 and East Kerry looked a pale shadow of themselves.

Playing conditions were difficult in the first half. And then the heavens really opened. It was torrential and yes, of course it affected the quality of the play. Strangely enough, though,



The victorious Southern Gaels team in the Fitzgerald Stadium.

big Mark O'Shea seemed reinvigorated by the deluge and zipped over three great points. Stephen Palmer, who gave an exhibition at corner forward, added another. Cormac Dillon replied with two points. 0-7 to 0-6. East Kerry were still trailing, but at least they were very much in the hunt now.

Stepehn Palmer hit a quick brace to reverse the lead but Cormac Dillon squared things up. Dara O'Shea and Palmer once more gave East Kerry a two point lead but they couldn't hold on and Adam Segal and Cormac Dillon took the game into extra-time.

North Kerry cracked in a gol straight away, but East Kerry gradually began to take control with points from Timmy Moynihan, Harry Kelly, and Mike Dennehy. The sides just couldn't be separated in extra time, so it had to go to penalty shootout.

I'm not saying who took penalties or didn't. I just consider it a lottery and on this occasion fortune happened to favour East Kerry.

Mid Kerry gradually pulled away from a fancied but very profligate St. Kierans on the other side. East Kerry will meet Mid Kerry next weekend at 1.00pm in the Fitzgerald Stadium, and will be favourites to win their sixth Frank King Cup in

KERRY U15 FOOTBALL **CHAMPIONSHIP CUP QUARTER-FINAL:**

NORTH KERRY 1-16 EAST KERRY 0-6

North Kerry's Oisín Healy was the star performer on the day and he scored two early points, one a brilliant '45. East Kerry wing back John O'Grady pulled one back before Darragh O'Keeffe (f) and Conor Sweeney traded scores with Joey McCarthy to make it 0-4 to 0-2. North Kerry were that bit faster and sharper, and it began to tell on the scoreboard with points from Evan Boyle and Darragh O'Keeffe before Conor Sweeney hit the net. Darragh O'Keeffe, Luke Rochford, and Oisin Healy stretched the lead even further to a solitary reply from a free by Joey McCarthy. At half-time North Kerry led by 1-9 to 0-3 and the writing was already on the wall. Conor Sweeney (2) and Oisin Healy put the game out of reach. Aaron Carey and Josh Bowler traded scores. Substitute Carey ended up with three points to his name; a demoralised East Kerry could only land consolation points from Bowler and Oran O'Neill.

This was a very impressive display from the North Kerry side who were very strong around the middle of the field and had pacy forwards inside, as well as Man Of the Match Oisín Healy at Centre forward. East Kerry were best served by John O'Grady, Oran O'Neill, Shane O'Sullivan and Josh Bowler on the day.

Fixtures: The semi-finals will feature Mid Kerry v North Kerry and Tralee District v Eoghan Ruagh next Sunday.

Times and venues will be confirmed as soon as can be arranged.

SHIELD QUARTER-FINAL **CASTLEISLAND DISTRICT 3-10 WEST KERRY 0-6**

A very strong wind in Churchill made for a difficult game. West Kerry were as good as their opponents around the middle but just couldn't quite take their chances, wheresc Castleisland were better at converting their chances and it told in the second half. Jack O'Donoghue finished with 1-5 for Castleisland, while fellow sharpshooter Cian Downey had 0-5 and David Healy and Michael Horan scored crucial goals to always keep West Kerry under pressure. Killian Reidy, Eoin Moriarty, Ruairí Brosnan, Maurice Keane, and Evan Brennan were others to impress for the victors.

Fixtures: The semi-finals will feature Castleisland District v South Kerry and St. Brendans v Kenmare District next Sunday. Times and venues will be confirmed as soon as can be arranged.

LADIES COUNTY FINAL

SOUTHERN GAELS 2-9 RATHMORE 2-3

Given how tight last year's affair had been, and how influential the currently injured Siofra O'Shea had been in that game, I had expected Rathmore to retain their title. I was very wrong, though, Southern Gaels always seemed to have the bigger appetites in this slow-burner.

Rachel Dwyer (2f) had her side a point in front at the first water break but Rachel (2f), Shannon O'Donnell (0-1) and Megan O'Connell with a brilliant 1-1 made it 1-6 to 0-3 at halftime. Shannon O'Donnell added 1-1 and Cliona Murphy a point in the first four minutes of the third quarter. Rathmore did force Mary Ellen Bolger into a great save just before the water break. With Southern Gaels leading by 2-8 to 0-3, I'll be quite honest and say I was hoping it would go in; this contest badly needed san

ALL THINGS...SPORT

injection of zest and excitement. Danielle O'Learty tried very hard to spark a Rathmore revival, and they did get fourth quarter goals through Maggie Buckley and Lily O'Brien, but it wasn't enough.

Three of us watched the game in the press box. One thought Sineád Sheehan was ban laoch an chluiche, another was quite certain about Clodagh Quinlan. I myself thought Aoibheann Fitzgerald was outstanding. I should confess that I have the certainty, and usually the intelligence, of Donald Trump in matters like these.

FORMER KERRY CAPTAIN THRIVES IN AFL

Congratulations to former Kerry captain and Dr. Crokes player Amanda Brosnan on her successful AFL debut last weekend in Belfast. Amanda, who retired from the Kerry set-up last year, accepted an invitation to line out with the Irish Banshees, who were European AFL champions as recently as 2019. Early days, of course, but the manner of this win could mean good things for the Irish team, and their relatively new Vice Captain.

COLLEGES

Congratulations to Tralee CBS, who lifted Kerry's O'Sullivan Cup for the first time since 2010. The O'Sullivan Cup is a cherished one in Kerry; it was first presented by Dr. Charles O'Sullivan, Bishop of Kerry, to it's first winners St. Brendans in 1926. It's the first time that Tralee CBS have had the O'Sullivan and Corn Uí Mhuirí trophies at one time since 1955.

However, Coláiste na Sceilge are definitely the team that lit up the 2021 O'Sullivan Cup. They beat PS Chorca Dhuibhne by 4-19 to 3-9 in the quarter-final. That didn't raise too many eyebrows – West Kerry is struggling for numbers at underage, that's no secret. The school always battles well above their weight but they aren't the force of old. Na Sceilge's two point defeat of hot favourites the Sem, however, was a real headliner - I would say the shock of the year so far in any grade, to be honest. And there was absolutely nothing lucky about it. They were the best team from start to finish.

But a one-off leaves great memories but no marks on the branch. Could the Cahirsiveen side repeat the trick against the Green? And so help me, they very nearly did.

An Emmet Daly goal and points from the O'Sullivans Ian, Donagh (2) and Oisín had na Sceilge ahead by three points. But half-time it was 1-6 to 0-6 and Tralee were looking a bit rattled. Jordan Kissane goaled after great work by Thomas O'Donnell, but Ian O'Sullivan blistered an astonishing rocket to the net in reply. It was 2-8 to 1-7 to the underdogs at the second water break. Then Tralee CBS hit their stride and reminded everyone of exactly why they were such strong favourites in the first place. As na Sceilge began to run out of steam, Tralee powered to nine points in a row. McGrath, Quilter, Heinrich O'Donnell, Jerh. Brosnan, O'Connell....I expect that you'll be reading these names again. Heinrich, in particular.....I don't like singling out individual



East Kerry U15 Team.

players, but sometimes a player is so good it would be unfair not to.

U15 Taft Cup Semi-Final: Tralee CBS 5-11 St. Brendans 3-11

Both sides impressed in the quarter-finals with wins over HS Hamilton, Bandon, and St. Francis Rochestown respectively.

But in a well-prepared Fossa, there was only going to be one winner. Ronan Carroll and Braydon Pierce had Tralee 2-2 to 0-2 ahead at the first break. Pierce Moynihan rounded the keeper for a Sem goal and Joey McCarthy kicked his third point, but that only spurred on Fergus Clifford's team and another Ronan Carroll goal had them in front by 3-6 to 1-4 at half-time. The Sem did come back in the third quarter, with Fionn Daly and Joey McCarthy standing out, but a Rory O'Driscoll goal meant that Tralee carried a five point cushion into the last quarter and the Sem never really looked like closing that gap. Best for the Sem were Aindí Ó Cathasaigh, Fionn Daly, Joey McCarthy, and Pierce Moynihan. Best for the victors Tralee CBS were Braydon Pierce, Pat Brosnan, Ronan O'Carroll, and Rory O'Halloran.

Tralee CBS will play St. Flannans, Ennis, in the Munster U15 Final this weekend.

SOCCER

MAN UNITED V LIVERPOOL

I haven't seen any episodes of Korean netflix blockbuster 'The Squid Game', and the reason for that is I didn't want to. It sounds horrific to me. Random butchery and cruelty, and the world is fascinated with it. The only certainty is rich killing poor in grotesque fashion - oh yes, that's a wrecking ball with the word 'METAPHOR' stamped into it. What a truly awful programme. Honestly. I like action/horror, I like subtle/horror, I like narrative horror. Surreal tries too hard (will somebody gently take the clipboard away from Rob Zombie and gently tell him that it's time to admit that he will never, ever make an intelligent or coherent movie?). But this slaughterhouse Squid Game rubbish? I didn't watch Liverpool v Man United at the time - it clashed with live matches, and my preference is always for going out watching a local and live game. Nor am I a big follower of twitter (I don't have an account), but I was catching up on that scoreline soon enough.

I roared laughing. Of course I did. And so did a lot of you. And it's not that I have anything against Man United. Like Dublin in recent years (and that Dublin team has not remotely gone away, they will be deadly dangerous next year) I resented their constant success but admired the way they played. Still do, by the way.

I'd have laughed just as much if it was Man United who scored 5, by the way. The banter would have been the exact same, except with slightly different people. Everybody loves seeing a fat cat take a fall, or a big dog, or.....I'm poor at animal metaphors.

I don't hurl abuse and I do try to sympathise with the players. The media constantly look for stage heroes and stage villains. That included the Irish media, who foment celebrity because it's easier than analysis.

Is Man United's demise due to Ronaldo or Pogba? (You have to blame Ronaldo or Pogba - they cost an awful lot and are celebrities). It's got nothing to do with a static central defence or lack of midfield press, then. Look, Pogba, and subsequently Ronaldo, were bought for the sole purpose of scoring goals. They, Ronaldo especially, fulfill that brief.

Did Liverpool win because affable Jurgen Klopp likes to drink a beer and is down to earth? Klopp is manager of a multi-million pound enterprise; he knows exactly what image he's portraying. That's not a criticism; I admire it. But his team is winning more because of 'gegenpress' and pace in attack. Man United always looked like they were hoping for some kind of a chance, Liverpool looked like they were just awaiting the next one. Olé didn't pick a lot of those players and it's a jumble of talents - of course he'll probably be fired soon, but I'm not sure he had much say in those costly and imbalancing purchases. Nature of the game.

It's remote entertainment, really. I have, quite literally, never met any of the people involved and don't care if I ever do. It's entertainment. But as for the blown-up tragedy and scandal of Man United losing by 5-0 to Liverpool? Spare me the false hysteria. Both are rich enough to reach top four and Champions League, and that's where you shake your moneymaker.

Social media saturated people are watching 'Squid Game' in a craving for some kind of sensation or emotion. It's 'controversial' although no critics have bothered much with it. Likewise these Premiership 'Super Sunday' match-ups in October

But yeah, it was good for a chuckle. A better crafted, more realistic, and slightly more relevant 'massacre' than that Squid Game rubbish.

MUCKROSS ROWING CLUB

CASTLECONNELL HOR

The Castleconnell Head Of the River scheduled for Saturday last, October 23 was postponed due to bad weather and has been rescheduled for Saturday, November 6.

CALENDAR

The Skibbereen Head Of the River is scheduled for Saturday, November 13 at the National Rowing Centre in Farran, Cork. The Irish Provinces Indoor Rowing Championships takes place on Saturday, November 20. Those interested in entering are asked to contact their coach. Our own Muckross Head Of the River is also set to make its return at the National Rowing Centre in Cork on Saturday, December 4. We will be in contact with club members, parents and supporters over the weeks ahead to confirm availability for support on the day with the running of the event.

GNEEVEGUILLA ATHLETIC CLUB

No winner of our lotto draw 22/10/2021, numbers drawn were 3, 7, 18 & 28. Sellers prize winner Mairead Carmody, €50 y/t prize winner Michael Foley Gullane, €50 to Diana O' leary Barradubh, €40 each to Theresa Carmody Banard, The Donnelly's Scrahan & Tim Fitzgerald Kiskeam. Bonus not own numbers drawn were 6, 8, 11 & 24. Next week's jackpot €20,000 plus €1,000 bonus. Surplus prize winner Margaret Fitzgerald Boherbue.

TRAINING

Training commence on Thursday November 4th in Gneeveguilla Community Centre @ 7.00 pm, all children are invited.

MUNSTER CROSS COUNTRY

Held in Two Mile, Borris, Co Tipperary Kerry had the following results: Girls u10 Elizabeth Brazel Killarney Valley 7th, Ailbhe Hennessy Tralee Harriers 12th, Kerry were 3rd team. Boys U12 Ryan Vickers Farranfore Maine Valley 8th, Boys U14 Seamus O' Donoghue Kenmare 2nd, Girls U16 Noelle Dillon Listowel 12th, Boys U16 Kieran O'Donoghue Kenmare 5th. Novice Ladies Kerry Team Caroline Murphy Gneeveguilla, Erica Wallace, Mary Barrett ricochet, Louise O' Riordan Star Of The Laune were in the medals. Novice / u23 men were Darragh O' Leary Killarney Valley was 3rd, Donal Leamy Listowel, Martin Dineen, Steven Moore, Sean Stokes, Kevin Griffin, Larry Hickey, Noel Curr & Frank O' Connor received county & club medals. Well done to all.

KILLARNEY VALLEY ATHLETIC CLUB

The Munster Cross Country Even Age, U23 & Novice Championship was on last Sunday in Co. Tipperary and Killarney Valley AC had some great performances.

Elizabeth Brosnan ran a great race in the U12 Girls to come 7th out of 133 competitors. She was the top scoring Kerry Athlete for the County Team which finished 3rd. Darragh O'Leary was 3rd in the U23 category & 9th overall in Novice category and was top scoring Kerry Athlete County Team which finished 4th. Conor Duffin was 35th out of 112 competitors. He was 3rd scoring Kerry athlete. U14 Girls Tara O'Sullivan and Naoise O'Connor were 32nd and 56th respectively, 2nd & 5th scoring Kerry Athletes. Grace O'Meara was 38th in U16 Girls and was 3rd scoring Kerry Athlete.

Huge congratulations to Tony Harty who finished in 3rd place in the Athletics Ireland Autumn Open Cross Country in Abbotstown Dublin in Masters O45 Category. This performance secures Tony a spot on the Irish Masters Team due to compete in the upcoming Home Nations International. Email killarneyvalleyac@gmail.com for any

Please keep an eye on your emails and also check our facebook/instagram page for any updated information on training.

done by coaches Josh Whelan and Diarmuid O'Malley is showing and the girls played fantastic flowing rugby. The girls continue training this Wednesday at 7pm and new players are always welcome. Please contact Anne on 086-3125722.

MINIS TRAVEL TO LISTOWEL RFC

Last Saturday our Minis section travelled en masse to North Kerry for matches at Listowel Town Park. These were our first away matches since January 2020 so the ex it was palpable. The weather held up and there was some wonderful rugby on display for the travelling supporters to enjoy. A wonderful morning of rugby and a huge thank you to all the kids for representing the club with pride, the parents for supporting and our wonderful coaches for looking after our charges. Thanks also to Paul Creighton and the crew at Listowel for the amazing hospitality.

This Saturday we will hold our Halloween Training session and all kids (and coaches!) are asked to dress up for the session. Training kicks off at 10am and new players always welcome. Mini rugby is for boys and girls aged between 4 and 11 years old and fun is guaranteed. Contact Liam Murphy on 087-4145662 for information.

FIXTURES

U14 Black V Rugbai Chorca Dhuibhne - Aghadoe, Saturday @ 12:30pn

U14 Red V Castleisland - Crageens, Saturday @ 2:45pm

U18 boys V Newcastlewest - Newcastlewest, Sunday @ 10am

U18 girls away to Fermoy, Sunday @ 1pm (time

Seniors V Douglas - Aghadoe, Sunday @ 2:30pm.

KILLARNEY RFC

aueries.

U16 GIRLS IMPRESS IN LEAGUE OPENER

A huge congrats to our U16 girls and coaches who opened their league with a win away to Dolphin/ Midleton/Youghal in Cork at the weekend. A convincing display by the girls who were excited for the first competitive match. Their hard work along with the work being



Ronan O'Connor, Danny Healy-Rae, Ruairí O'Donoghue at the official opening of the Kilcummin GAA Fitness and Wellbeina Centre last Sunday. Photograph by Sinead & Padraig O'Connor



Rena & Muiris Healy at the official opening of the Kilcummin GAA Fitness and Wellbeing Centre last Sunday. Photograph by Sinead & Padraig O'Connor



Killarney RFC Minis (U10's) who took part in a blitz in Listowel.

OUTLOOK BASKETBALL

SCOTTS LAKERS ST PAULS VS PORTLAOISE PANTHERS

NATIONAL CUP PRELIMINARY ROUND FIXTURE

By Enda Walshe

FR MATTHEWS 78 SCOTT LAKERS 64

While last weekends game with the Limerick Celtics was a free flowing shoot out, this Round 2 clash,played at the splendid Fr Matthews Arena in Cork, was a more abrasive and physical affair. The home side, using an obvious size advantage set about their task in an intense manner and the Lakers found it difficult at times to live with. With constant pressure on every pass and shot everything had to be inch perfect but unfortunately all too often in the first half this was not the case.Top scorer Emilian Grudov must have thought he was in Times Square such was the lack of wiggle room in his playground but his perseverance did eventually pay off in the end.The second half was a big improvement on the first as Fr Matthews shot into an early lead,17-4,before a mini revival lead by Senan O Leary(with a 3 pointer) and Ben Miller got things tighter. With the score looking a bit healthier at 20-11 near quarters end it had the look of a weathered storm.But between the closing moments of guarter 1 and opening minutes of quarter 2 Fr Matthews went on a 10-0 scoring run to open up a 30-11 lead. This in truth was probably the most crucial period of the game as that cushion was always there for them.

But credit where its due Lakers displayed, and not for the first time, likeable spirit. The strength of Mark O Shea, allied to good baskets from Jamie O Sullivan and Miller, again cut the deficit in half, But this only served to awaken the home beast who went on another scoring burst to leave the half time score 45 to 24.

As mentioned earlier Grudov found the opening half tough but he attacked the second half with gusto accounting for the majority of his 29 points in this period as Coach Jarlath Lee tried different

combinations on the floor in an attempt to eat into the lead. This afforded Dianus Varanauskas and Keelin Houlihan alongside Lorcan Keane more game time and at one stage the gap was back to 14(50 to 36) but this was as close as it got as the imposing Fr Matthews team,lead by Jonathan Garcia, David Murray and Jack O Mahony, started to slot home energy sapping 3 pointers. With the race run it afforded the Lakers bench some game time and undoubtedly the highlight of the evening was the first National League points scored by young guns Jason Lee and Daniel Carroll. Whilst defeat is always hard to take ,the closing minutes and the presence of these young players on the court is the reason why the club has embraced the philosophy of bringing through the

Academy players.It should also be noted that the early loss of Paul Clarke, through injury, was a big factor as his height and strength were badly missed under the boards while Rui Saravia did not enjoy his most fruitful evening and is capable of so much more. The next league outing for the Lakers is away to the Waterford IT Vikings on Saturday November 6th.

Top Scorers ..Emilian Grudov (29),Ben Miller(11),Jamie O Sullivan(8),Senan O Leary(8). Coach Jarlath Lee was disappointed by his teams inability to play solid defense.

"We were very disappointed by our inability to rebound, sometimes losing the 2nd, 3rd ball and overall playing a little soft at times. But we know we can defend, we only conceded 9 points in the 3rd quarter and last week we scored over 100 points, so we know we can score. Its just a case of putting it together and also cutting out the turnovers".

Next weekend sees the Presidents National Cup campaign kick off with a Preliminary Round game vs Portlaoise Panthers. This will be played at a Killarney venue on October 23/24 with a time TBC. The Panthers have lost their opening two leagues game to Limerick Sports Eagles and Carlow IT. They will be relying on Gary Morrissey, Nelson Larmins and Ian Lynch to help them progress to the first round proper but Mark O Shea and Co. will hope to have something to say about that. The last time Portlaoise visited Killarney they went down to an Aaron Jackson

led Lakers 101 to 78.

SCOTT LAKERS ST PAULS VE PORTLAOISE PANTHERS

NATIONAL CUP PRELIMINARY ROUND FIXTURE

This National Cup Preliminary Round fixture, postponed on Saturday October 23rd due to Covid, will now take place this Sunday October 31st in Castleisland Community Centre with a 4.15 tip off.

The Club request that those attending adhere to Covid Protocols with regards to facemasks,hand sanitisers and obeying instruction of Club stewards and the presentation of either a hardcopy or digital version of your Covid Vaccine Certificate

Both sides have lost their opening to league games, the Lakers to Limerick Celtics and Fr Matthews, the Panthers to Limerick Sports Eagles and Carlow IT.So they will see this as an ideal opportunity to get their season up and running. Coach Jarlath Lee will be hopeful that Bulgarian underage International Emilian Grudov can maintain his 30 point a game average this season and continue his link up with Canadian Point Guard Ben Miller, potentially one of the best in the League.Rui Saravia,so influential on his debut, will look to improve on his Fr Matthews showing while Jamie O Sullivan continues to flourish ,despite his tender years. Without doubt the return of Paul Clarke will be key as Mark O Shea has had to carry the load in both defensive and offensive rebounding in his absence. This duos physicality should compliment the exuberance of Senan O Leary while the contributions of Lorcan Keane, Dianus Varanauskas and Keelin Houlihan will be key. The impending return of Gneeveguilla GAA stalwarts Ronan Collins and David Gleeson will add greatly to the depth of Lees squad which also features young guns Daniel Carroll and Jason Lee.

But Portlaoise, provided they suffer no ill effects from their Covid troubles , will be a tough nut to crack. Australian Nelson Larkins







Fergal O'Sullivan lays up for the Warriors. Pic: Liam Ryan

OUTLOOK BASKETBALL

has settled in seamlessly to the League, former Irish Senior International Conor Gallagher has been there, done that , got the tshirt while Luke Thompson, Gary Morrissey and Ian Lynch will figure prominently throughout the game.

The winner of this tie will have home advantage vs Fr Matthews in the first round proper so that ll be a huge incentive for both sides.

A big home support would be greatly appreciated in Castleisland Community Centre as the Club looks forward to returning to the Killarney Sports and Leisure Centre in November.

THREE ON THE BOUNCE FOR **WARRIORS AS THEY SEE OFF NEPTUNE**

INSUREMYVAN.IE MEN'S SUPER LEAGUE 2021/2022 - ROUND 3

GARVEY'S TRALEE WARRIORS 88 C&S NEPTUNE 78

Garvey's Tralee Warriors made it three from three as they saw off the challenge of C&S Neptune at the Tralee Sports Complex on Saturday night. In a game that ebbed and flowed for the first three quarters with little between the sides throughout it was a trademark three pointer from Fergal O'Sullivan with three minutes to go that put the Warriors into a game winning position.

The Warriors started brightly with Aaron Calixte and Stephen Bowler on the mark to open up an early 9-6 lead but Nil Sabata added four scores from inside to push Neptune 12-9 ahead. Calixte, Nikola Roso and Keelan Crowe combined to edge the Warriors back in front before Miles Washington and Roy Downey found their range to see Neptune 23-20 to the good. However two late efforts from Roso and Daniel Jokubaitis had the Warriors 24-23 up at quarter time.

Brandon Cotton opened his account with a brave drive to the basket early in the second and a three from Calixte suddenly had the Warriors 8 up. But Neptune then went on something of a run with Miles Washington and Cian Heaphy finding the space to drive to the board with some ease and take back a 36-35 lead for the visitors. Washington picked off another easy score but Calixte was yet again the go to man for the Warriors with a score, two from two from the line and a showstopping three to see the home side 42-40 up at half time.

Fergal O'Sullivan fired in a three in typical fashion to kickstart the third quarter but Sabata and Washington were continuing to find a path to the board before captain Roy Downey was in range again to bring the sides level. Daniel Jokubaitis arced in a delightful three to wrestle the lead back for the Warriors before Calixte weaved his way to board for scores either side of another super effort from distance. But Neptune kept the hosts in sight with a three from Gary Walsh and scores from Washington and Heaphy restoring parity. Jokubaitis added six to the Warriors tally late on but Sabata and Scott Hannigan combined to edge the visitors 66-65 ahead turning for home.

The Warriors were back in front early in the final quarter through Nikola Roso and Brandon Cotton but Cian Heaphy carved his way to the basket with two identical efforts to see Neptune edge ahead again. The outstanding Calixte then arced in a stunning three, stepped inside to add another and when Roso dropped in from close range the Warriors were 78-76 with three minutes on the clock. Gary Walsh found himself in open space for Neptune but crucially his effort from beyond the arc rimmed out. The rebound found its way to Calixte who fired a super pass to find Fergal O'Sullivan open in the corner and the team captain duly obliged with a three pointer that had the Warriors faithful on their feet. Neptune's brave effort throughout the contest was undone in the final minutes as team fouls saw Roso walk the court on four occasions landing 7 from 8 free throws to secure the Warriors 88-78 win.

Top scorers: Garvey's Tralee Warriors: Aaron Calixte 30, Nikola Roso 22, Daniel Jokubaitis 11 C&S Neptune: Miles Washington 22, Nil Sabata 20, Cian Heaphy 17

Next up for the Garvey's Tralee Warriors is the eagerly awaited InsureMyHouse.ie Pat Duffy National Cup clash with Tradehouse Central Ballincollig at the Tralee Sports Complex on Sunday next, 31st October, with a 2.00pm tip off.



Launching the new 2021-22 squash season after a long break at Gleneagle Squash Club, Killarney, were front from left, Jack O'Callaghan, George O'Keeffe (O'Keeffe's Oils Rathmore, sponsor), Max O'Callaghan, Eoin Horan (Gleneagle Aquila Club) and Jamie Fleming. Seated in centre are Mike Crowley, Chairman, Mike O'Donoghue, Donnagh Crowley and Bernice Enright. Standing from left are Ray O'Callaghan, Paula McElligott, Maciej Truchan, Jessica Edwards, Alan Sheehan, Mary O'Callaghan, Luke O'Sullivan and Farook Khan.



Glenflesk Parish Priest Fr Kevin McNamara with Breda Moynihan and Anne O'Sullivan at the Glenflesk Parish 'Concert of Freedom' fundraising event in The Gleneagle Hotel, Killarney, on Monday night. Photo: Eamonn Keogh

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 3,15,22,24. There was no jackpot winner. Match 3 winners received \in 75. The next jackpot on Monday Nov 1st is \in 12,200. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce.com

CLUB MEMBERSHIP for the coming 2021/22 season is now open, Membership is now payable through Clubforce. The registration link can be found on our Facebook page.

Please see our Facebook page for daily updates on training and matches.

MCCARTHY INSURANCE MUNSTER YOUTHS CUP; Ferry Rangers 1, Killarney Celtic 7

Edward Myers 3, Sean Fitzgerald 2, Luke O Neill,Robbie Harnett

Celtic struck early through Sean Fitzgerald and further goals from Edward Myers and Luke O Neill had the team 4 to the good at the break. Edward Myers, Sean Fitzgerald and Robbie Harnett found the net again before Ferry Rangers grabbed a consolation. We now meet St Brendans Park in the next round.

FAI U17 CENTENARY CUP

Abbeyfeale UTD 1, Killarney Celtic 2.

Eoghan Crowley, Edward Myers

1st half goals from Eoghan Crowley and Edward Myers gave Celtic an advantage which they never relinquished away to Abbeyfeale Utd.

U15 PREMIER

Killarney Celtic 1, Mastergeeha 2

Oisin Fleming

U14 DIV 1

Killarney Celtic 5, Killarney Athletic B 1

Cillian Slattery 2, Jack Culloty, Patrick OBrien, Mark Looney

Jack Culloty opened the scoring before Patrick O Brien and Cillian Slattery struck to give Celtic a 3-0 lead at the break. In the 2nd half Mark Looney and Cillian Slattery found the net before Athletic got a consolation goal.

U13 PREMIER

Killarney Celtic 5, Listowel Celtic 0

Sean Collins, Samuel Scroope, Daire Horan, Jack Culloty, Samuel Sjogren

Killarney, playing into the wind, led 2-0 at half time thanks to goals from Sean Collins and Samuel Scroope. Killarney controlled the 2nd half and further goals from Daire Horan, Jack Culloty and Samuel Sjogren sealed a comprehensive win.

Many thanks to Inter Kenmare who hosted us in the U10 and U11 Leagues last weekend.



Killarney Celtic Youths vs Ferry Rangers in Munster Youths Cup.



THE MEK u15's who played in Killorglin on Saturday



The MEK u12 girls who played in the national cup

MEK GALAXY

U12 GIRLS NATIONAL CUP; MEK Galaxy 1 Ballymackey 7

MEK girls put in a battling performance in tough conditions, against a strong Tipperary outfit. The home side gave their all for the hour in a rainy Fossa on Saturday. They were not found wanting for effort and applied themselves really well. Isabelle lyons took her goal superbly, and player of the match Abbie Fleming impressed. Not to be on the day for MEK, but the experience of national competition will stand to them.

U13 BOYS PREMIER DIVISION; Fenit 3 MEK Galaxy 0

Our boys travelled to Fenit on Saturday morning in really testing conditions. Galaxy had a few good chances to take the lead but it was the home side that went in 1 nil up at half time. The visitors chased the game in the second half but it was the hosts who pushed on and added 2 further goals without reply. A tough day at the office for Galaxy, who never gave up and showed plenty of effort and character.

U13 BOYS DIVISION 2

Our u 13 white team had two outings, on what

was a busy Bank holiday weekend for them. First on Saturday they entertained Mastergeeha and were very unlucky to lose out 1 nil after putting in a brave team performance. Man of the match on the day was Conor Kotze. On Monday they made the short trip to Woodlawn to take on neighbours Killarney Athletic. This was the proverbial game of two halves, with the hosts enjoying a 3 nil cushion at the break. Whatever was said at half time to the visiting troops worked a treat, with 5 second half goals giving all 3 points to the gallant Galaxy gladiators. Scorers for the boys in orange were Donnacha





Killarney Athletic Girls U13's

Vaughan X 2,and 1 each by Sam Byrne David o Shea and Thomas o Shaughnessy. Final score, Killarney Athletic 3 MEK Galaxy 5.

U15 BOYS DIVISION 1; Killorglin 4 MEK Galaxy 1

The result does not reflect the story of the game, as Galaxy were left to rue some early missed chances. Sometimes the glorious game can be very cruel, and this was such an occasion. Jamie Vousdon was the MEK scorer on day, and let's hope for better luck next time out, as the boys certainly gave their all as per usual.

HAPPY HALLOWEEN

On behalf of all at MEK Galaxy, I would like to wish our players coaches and families a happy and enjoyable halloween holiday period. I hope everyone of you enjoys the festivities safely. Until next time, may the force of the Galaxy be with you.

KILLARNEY ATHLETIC

U15 PREMIER RESULT

Killarney Athletic 5-0 LB Rovers

Brián O' Shea 2, Fionn Daly 2, Luke Doolan 1 Solid performance and result in a rain soaked Ferndale.

GIRLS U13 PREMIER

Killarney Athletic 0 Listowel Celtic 5 U13 GIRLS DIV (1)

Killarney Athletic (1) Mastergeeha (7)

scorer for the Blues: Roksana Wawro U 15 DIV (1)

Killarney Athletic 1 Listowel Celtic 1

Well done to all the lads. Although the weather turned nasty the lads-fought hard to keep the lead . But in the dying seconds listowel found the equalizer. Goal scorer: Ben Kelliher.

SCHOOLBOY/GIRL SOCCER

BANK HOLIDAY MONDAY MATCHES

Slattery's Carpets and Blinds 12's 12's Division 1 North Dingle Bay Rovers 3-0 Listowel Celtic 12's Division 2 Camp Juniors B 1-7 Inter Kenmare B 13'S Division 2 South Killarney Athletic C 3-5 MEK Galaxy B World of Tiles 15's 15's Premier

Tralee Dynamos 4-1 Listowel Celtic 16's Premier

Killorglin A 3-2 St Brendan's Park A

Match Report - Two games in the 12's

There were two games played in the Slattery's Carpets and Blinds 12's. In Division 1 North two goals from Muris O'Grifin and one from Samuel Dunleavy O'Leary gave Dingle Bay Rovers a 3-0 win over Listowel Celtic B.

In 12's Division 2 Inter Kenmare B were a little too strong for Camp Juniors B. Goals for Inter came from Dean O'Connor, Jamie Murphy, Eoghan Downing, Michael Sheehan and Aidan Lehane gave them the win with Ethan Harrington getting Camp's consolation.

Eight goal thriller in 13's Division 2

MEK Galaxy made a great start to their game away to Killarney Athletic C and were 3-0 up before the home side pulled two back. The visitors hit two late goals to secure the win. The goals for MEK Galaxy came from Donncha Vaughan 2, Sam Byrne, David O'Shea and Thomas O'Shaughnessy. Ryan Twomey, Ronan McCarthy and Nikita Bizankiz replied for Killarney Athletic.

Home wins in 14's Division 1

There were wins for the two home sides in the World of Tiles 14's Division 1. For Killarney Celtic the goals came from Jack Culloty, Pa O'Brien, Cillian Slattery 2 and Mark Looney with Liam Harmon replying for Athletic.

Mastergeeha had two goals from Thomas Myers and Rory O'Connor and one from Ryan O'Sullivan as they defeated LB Rovers whose goal came from JJ O'Rourke.

Win for the home side in 15's and 16's Premier: Tralee Dynamos had a hat trick from Ryan O'Donnell and one from Nick Lacey in their win at home to Listowel Celtic in the 15 Premier.

Two goals from Liam Hayes and a late winner from James Jones saw Killorglin defeat St Brendan's Park 3-2 in the 16's Premier. Mohammad Abdalla and Andrew Kerins got the Park's goals.

GIRL'S GAMES GET UNDERWAY IN NATIONAL CUP AND KSBGL

National Cups Girls Round 1

12's - MEK Galaxy 1–7 Ballymackey FC 16's – Inter Kenmare 3 –1 Kilmallock

National Cup Boys Round 1

12's Caherconlish 0–3 Castleisland 13's Lough Derg 4–0 Killorglin

Girls League 13's Premier

Fenit Samphires 1–6 St Brendan's Park Listowel Celtic 6–0 Killarney Athletic Blue 13's Division

Killarney Athletic White1 –6 Mastergeeha **16's Premier**

Listowel Celtic2 –6 Camp Juniors **16's Division 1**

Castleisland 0–1 St Brendan's Park Iveragh United 3–7 Fenit Samphires

Boys League; Slattery's Carpets 12's Premier

Tralee Dynamos 3-4 LB Rovers

Division 2

Camp Juniors 1-2 Mastergeha B 13's Premier

Mastergeeha 3–0 Killarney Athletic Killarney Celtic A 5–0 Listowel Celtic A Fenit Samphires 3–0 MEK Galaxy St Brendan's Park A 4–0 Tralee Dynamos

13's Division 1

Listowel Celtic B 0–7 Ballyhar Dynamos Castleisland 2–2 St Brendan's Park B St Brendan's Park C 4–4 Iveragh United

13's Division 2 South

MEK Galaxy B 0–1 Mastergeeha B Inter Kenmare 3–1 Killarney Athletic C

13's Division 2 North

Camp Juniors 5–1 St Brendan's Park D LB Rovers 4–3 Fenit Samphires B

15's Premier

Killarney Celtic A 1–2 Mastergeeha St Brendan's Park 2 –6 Killorglin Killarney Athletic 5–0 LB Rovers

15's Division 1

Inter Kenmare 5–0 Camp Juniors Killorglin B4 –1 MEK Galaxy Fenit Samphires 1–1 Dingle Bay Rovers Ballyhar Dynamos 0–7 Iveragh United 15's Division 2

Tralee Dynamos B2 –2 St Brendan's Park B Killarney Athletic 1–1 Listowel Celtic

Kennedy Cup Group F

Kerry 5–2 North Tipperary

RANDLES BROTHERS JUNIOR B FINAL

FIRIES 0-11 FOSSA 1-07

After a five-year absence from senior football Firies claimed the Randles Brothers County Junior B Championship after a hard-fought win against Fossa. Conditions were dry but very blustery with Fossa playing with the wind in the first half. The scoring was low by both sides. Fossa were first to register on the scoreboard with Erica McGlynn followed by a lovely score by Chloe O'Connor. Firies netminder Ellen O'Sullivan was called into action early on as she pulled off some great saves in goals with the sides going in at the waterbreak all square 0:02 to 0:02. Upon resumption in the second quarter Katie O'Sullivan pointed for Firies as they went into the lead. Fossa responded and drove at the Firies goal but Firies fullback Niamh Clifford was equal to the task. Erica McGlynn had some lovely scores which was followed by a goal by Fossa substitute Julie Cronin. Shortly after Fossa's cause was not helped when Mollie Kelly was sent to the sin bin as the sides went in at the break Fossa 1-04 Firies 0-04. Fossa came out in the second half stronger as Fires were finding it very difficult to penetrate Fossa' defence. However, some well taken points by Ciara Kearney, Martha Fitzgerald, Rebecca Kenny & Katie O'Sullivan kept Firies well in the game as Fossa went in at the second half water break with a slender lead. Fossa 1-06 – Firies 0-08. It was all to play for in the final quarter as Firies started the stronger. A beautiful point by captain Emma Sherwood to draw the sides level was soon followed by Ciara Kearney to put them into the lead. Fossa were not done yet and came back with a point by Erica McGlynn to set up a frantic finish. Fossa had a great goal chance which hammered off the cross bar but Firies managed to gain possession & clear their lines. Firies defended brilliantly in the last few minutes to hold onto their 1 point lead and win the Randles Brothers County Junior B Championship title to the delight of the supporters.

Randles Brothers Junior C Championship Final Ballymac 4:08 Rathmore B 2:08

It was an historic day for Ballymac having contested the 2019 & 2020 finals they went one better on Sunday and were crowned 2021 Randles Brothers Junior C County Champions. What turned out to be was such a fast paced, clean cut battle of a game, where both teams gave it their all in an evenly matched battle as both sides used their full 5 sub quota. Rathmore

came out the strongest going up 1:2 to 0:2. Amy Murphy linking up well with Chloe O'Connor getting some fine scores. Ballymac came out after the water break with a bang, starting with Ellie McElligott scoring a rasper of a goal which was followed quickly by a Rosin Rahilly goal. Ballymac had a strong work rate in the first half which saw both teams go in level at the break Ballymacelligott 2:02 to Rathmore B 0:08.

Both teams lined up for the second half and it was Ballymac who fired first with the young Roisin Rahilly who was causing Rathmore B all sorts of problems finding the net for the second time in the game after a great solo run. Ballymac went on to score a further goal and 3 points without response as some solid defending play from Ballymac nutherlised the Rathmore attack. After the second waterbreak it was Ratmore who threw everything at Ballymac scoring 1:01 without response. With time running out Ballymac corner back Gráinne Galvin registered the final score in what was an historic win for Ballymac in front of a fantastic crowd to witness such an occasion.



Firies Randles Brothers Junior B Champions



MKL Gaels Junior A Randles Brothers County Champions



Ballymacelligott Randles Brothers Junior C Champions

Munster Club Championship Draw 2021

Home venues for Southern Gaels, Rathmore & Castleisland Desmonds. MKL Gaels are away to Limerick opposition

Senior Championship (Semi-final)

Southern Gaels -v- Tipperary champions 26/27/28 November. Default throw in time 3pm

Senior B Championship (semi-final)

Rathmore -v- Tipperary runners up. 26/27/28 November. Default throw in time 3pm

Intermediate Championship (Quarter Final)

Castleisland Desmonds -v- Waterford Champions 19/20/21 November. Default throw in time 3pm

Junior A Championship (Quarter Final)

Limerick Champions -v- MKL Gaels. Date 19/20/21 November. Default throw in time 3pm

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A Word of Victory

Welcome back dear reader "the Spirit helps us in our weakness" (Romans 8:26). Do you need help from God with your life, love, work or family? God has put His Spirit upon this earth to minister His love and truth to empower us. The Holy Spirit is the third Person of the Godhead — Father, Son and Holy Spirit. Individuals, but yet they are One (Deuteronomy 6:4). As we are made in the image and likeness of God we also are three part beings — we live in physical bodies - our earthsuits if you like; we each have an eternal spirit and an eternal soul (the mind, will and emotions). At death our physical body dies, but our spirits and souls go on to live forever; either with God in heaven, or separated from Him forever in hell.

Our spirits are connected to God from the moment of conception (Psalm 139:7-18). When we look at a little baby we see purity and perfection because their spirits are joined to God. In the womb the physical body takes time to develop, but the baby's spirit is alive immediately. This is why people can be affected by traumatic events even going back to their conception or during the pregnancy, because their spirits were living and aware. It is so important to speak God's Word of life and blessing over your child in the womb, and repent for anything negative that was done or said that affected them to be healed from wounds received there in Jesus' name.

Sin comes in when a child reaches the age of reason, when they know what they are about to do is wrong. Thus their spiritual connection to God is broken, because God cannot dwell with sin (Psalm 5:4). Humanity measure sins, but God doesn't. The world says 'murder or rape are big sins, but gossip or lying are only small sins'. Not in God's eyes. He would not be a just God if He accepted one person's sin over another. Sin is sin to God, and unless it is repented of one CANNOT be made right with Him (Mark 1:1-15; Romans 8:19). The reality is we can't overcome sin in our own strength. That is why Jesus came to save us - because, no matter how nice or good we think we are, we have all sinned and need a Saviour. So Jesus took our sins and defeated death for us. Jesus became our substitute - yours and mine, to ransom us from the penalty of sin. Before Jesus went to the Cross He told His disciples that He would send the Holy Spirit to live inside of everyone who would believe in Him (John 15 & 16). Holy Spirit dwells in those who repent of their sins and make Jesus Lord, reconciled to God through Jesus alone (John 3:13-21). The word 'believe' actually means 'to obey'. Therefore to everyone who obeys God's Word and trusts Him to them He gives the gift of His Spirit to live inside of them as Helper, Comforter and Teacher, and to minister God's love to us enabling a life of victory and peace (Romans 15:13).

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



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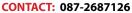
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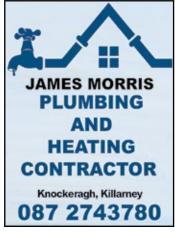






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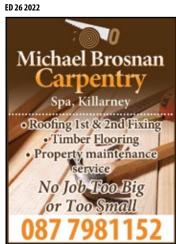














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NOVENA TO SAINT THÉRÈSE

O Little Therese of the Child Jesus Please pick for me a rose from the heavenly garden and send it to me as a message of love.

O Little Flower of Jesus, ask God to grant the favors I now place with confidence in you hands (mention your spécial prayer request here)

St. Therese, help me to always believe as you did, in God's great love for me, so that I may imitate your "Little Way" each day.

ST ROCH PRAYER

Prayer to Avert Contagious Maladies. O' Most Merciful God who through an angel promised St Roch whoever would invoke his name should be preserved From pestilence & contagious diseases. Grant that through his intercession we may be preserved from all dangers both of Soul & body. Through Christ Our Lord Amen St Roch Pray for Us.

Feast 16 August.

1ST ANNIVERSARY

IN LOVING MEMORY OF

DONAL (DODO) MC SWEENEY



GLOUNONEA, KILCUMMIN WHO DIED ON 5TH OF NOVEMBER 2021

> I often sit and think about The year that has passed by And of the happiness and joy That was shared by you and I.

I think of all the laughter, The smiles and all the fun And, before I even knew it, My tears have once again begun.

For, although it brings me comfort To walk down memory lane It reminds me how, without you, Life has never been the same.

Always loved and dearly missed by your wife Siobhan

†

KILLARNEY PARISH SILVER **CIRCLE Week 2 Results**

1st Prize €500: Áine & Laurence Kirwin, Gorey, Co. Wexford. Seller: Bridie Cronin

2nd Prize €250: Maureen Cronin, St. Brendan's Place

Seller: Maisie O'Sullivan

Winners of €100 each are as follows;

Emí MacGillicuddy, Woodlawn Park

Seller: Nanette O'Leary

Denis & Kathleen Doolan, Mill Road. Seller: Denis Doolan

Susan Pierce, Aghadoe. Seller: Pa Mac Noreen Collins, The Demense,, Ross Rd.

Seller: Patricia Lyne

Anthony Fleming, Bouward, Gneeveguilla

Seller: Denis Breen

Winners of €75 each are as follows;

Marjorie Moriarty, Ash Grove, Woodlawn Seller: Mary Kavanagh

Gary Vaughan, Lissivigeen. Seller: Cáit O'Sullivan Darcy Fred O'Connell, Woodford Manor.

Seller: John Ivory

Tara Fleming, St Brendan's Terrace

Seller: Tadhqie Fleming
Cono O'Donoghue, Gortdromakerry

Seller: Sheila O'Donoghue

Breda Walshe, Bridgefield, Upr Lewis Rd

Seller: Parish Office

James O'Connor, Allman's Terrace

Seller: Mary O'Connor

Breeda Doona, Pinewood Estate

Seller: Tadhgie Fleming

Congratulations to all winners, and thanks to all who supported, promoted and sponsored the draw this year. Tickets are still available from the Sacristies and Parish

This week's prize money is sponsored by: Quills, Easons, Liam Lynch Motors, O'Sullivan Sound, Castlerosse Hotel, Killarney Heights Hotel

KILLARNEY PARISH SILVER **CIRCLE Week 3 Results**

1st Prize €500: Bridget Herlihy, Caherbarnagh,

Rathmore. Seller: Donie O'Dowd

2nd Prize €250: Orla & Angel Williams, Friary Downs

Seller: Mary O'Connor

Winners of €100 each are as follows;

Maggie McAuliffe, Ross Road. Seller: Martin Walsh Seamus & Mary O'Donoghue, Deerpark Cres

Seller: Sheila Lucey

Tim & Mai Corcoran, Lissivigeen.

Seller: Cáit O'Sullivan Darcy

Brighid O'Leary, Hussey's Bar, High Street. S

eller: Anne O'Leary

Betty Dennehy, Artigallivan, Headford. Seller: Joan Coffey Winners of €75 each are as follows;

Peggy Keane, Gortagullane, Muckross Seller: Sheila O'Donoghue

Cillian Rogers Davidson, Glenwood, Ross Rd Seller: Tadhgie Fleming Cáit Griffin, Bishop Moynihan Crescent

Seller: Parish Office

Michael Tangney, Muckross Road

Seller: Danny Ferris

Nell Wallace, Watergrasshill, Co. Cork Seller: Paula Kavanagh

Eileen O'Shea, High Street Seller: Sean O'Brien

Ettie & Tony Horgan, Two Mile School

Seller: Noleen Mackessy Ciara Murphy, Gortdromakerrie Seller: Margaret O'Donoghue

Congratulations to all winners, and thanks to all who supported, promoted and sponsored the draw this year Tickets are still available from the Sacristies and Parish

This week's prize money is sponsored by: AIB Bank, Killarney Printing Ltd, Safeguard Security, Healy Insurance, The International Hotel & Kerry Refrigeration

1ST ANNIVERSARY

IN LOVING MEMORY OF Dodo MC SWEENEY



LATE OF KILCUMMIN AND GNEEVEGUILLA Who passed away on the 5TH OF NOVEMBER 2020

You always had a smile to share Time to give, time to care Your loving nature and heart of gold These are the memories I'm proud to hold

Always loved and remembered by your sister Mary xx

1ST ANNIVERSARY

IN LOVING MEMORY OF Dodo **MCSWEENEY**



GLOUNONEA, KILCUMMIN Who Passed Away On 5TH NOVEMBER 2021

We remember you Dodo in music and song We remember your kind and gentle manner We remember your smile and contagious laugh You are missed in our house But will always live through music and song

We think of you today and always

Loved by Tracey, Ashley, Sean and Damien XX

1ST ANNIVERSARY

IN LOVING MEMORY OF Dodo McSweeney



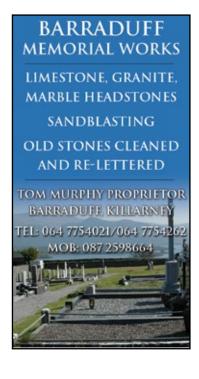
GLOUNONEA, KILCUMMIN

God saw you getting tired When a cure was not to be He closed his arms around you And whispered "come to me"

Your gentle face and patient smile With sadness we recall Sincere and true in heart and mind Beautiful memories left behind.

Sadly missed and always remembered Helen, Humphrey & all in Dunrine xx.

IN MEMORIAM TO PLACE A MEMORIAL IN THE KILLARNEY OUTLOOK Please email the details to: ashling@outlookmags.com and the verse and photo you would like to include. If it is a repeat anniversary we will have your photo and verse on file, just call Ashling on: 087 7160372 (Monday to Wednesday) Please include a contact name, address and telephone number. THIS SIZE €5 inc vat. (45x86mm) payment to be made via credit card. TO: 1800 71 40 40



ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF DONAL (DODO) MC SWEENEY



"His love was like a rainbow-beautiful but gone too soon"

GLOUNONEA, KILCUMMIN & FORMALLY **GNEEVEGUILLA** WHO SADLY PASSED AWAY ON THE 5TH NOVEMBER 2020

As we lovingly remember Donal (Dodo) on the first anniversary of his passing, we his family, Siobhan, Paula, Aoife, Liam, Donnagh and two precious grandchildren Daniel and Micheál would like to offer our deepest gratitude to our families, wonderful neighbours, friends and amazing work colleagues in the Department of Justice who were a great support to Dodo and to us throughout Dodo's difficult journey right up to his final moments and following his passing.

We thank those who provided dinners, cakes etc. and those who sent get well cards, personal letters and phone calls throughout his illness. We will always hold a special place for you in our hearts. We thank Dodo's work colleagues for knitting a beautiful blanket which he treasured and acknowledge our appreciation for the respect shown to Dodo by Seamus Clifford, Frank Maher, Tim Casey and his colleagues by marking his retirement with an intimate gathering at his home.

We are so grateful to those who sent Mass cards and posted condolences online. We wish to express our appreciation to those who lined the route on Dodo's final journey from our home in Glounonea to Kilcummin Church and onwards to Holy Cross Graveyard. Due to the pandemic we know many friends and family could not be with us to say farewell to Dodo. we appreciate all your kind messages and know you were with us in spirit. We also appreciate all those who watched Dodo's Requiem Mass online.

We highly appreciate the support of the priests of the Killarney Pastoral Area for their prayers and Masses offered for Dodo throughout his illness and thank all the priests who concelebrated the Requiem mass. In particular, we wish to thank our family friend, Fr. Tom Looney, for his support to us as a family throughout Dodo's journey through cancer and for the meaningful Funeral Mass for Dodo

We express our gratitude to Helen and Dodo's friend, Denis, for organising the most fitting funeral music for Dodo and a special word of thanks to all those who were involved in the music and singing. Sincere thanks to Dodo's nephew Kieran for the touching and perfect eulogy.

We offer our deepest gratitude to Dr. Coffey and his team at Ross Medical Practice. We would, particularly, like to thank Dr. Mags Clifford, Killarney Palliative Care Team and University Hospital Kerry Palliative Care team for the love and care shown to Dodo and to us as a family for their kindness, sensitivity and support throughout his cancer journey and in his final days - we will be forever grateful. We are very humbled to all those who donated to the Kerry Hospice Foundation Fundraiser and we were so glad to raise €8,000 for such a great cause.

We would like to thank his adored sisters, Eileen and Mary along with Brenda Doyle, Paula and Aoife who travelled to Lourdes with Dodo in February, where he found great comfort and acceptance. Thanks also to the O'Shea Funeral Home staff for their guidance and professionalism at such a difficult time.

As it is impossible to thank everyone individually, please accept this acknowledgement as a token of our gratitude. The Holy Sacrifice of the Mass has been offered for your intentions.

"We can no longer see you with our eyes or touch you with our hands, but we will feel you in our hearts forever".

Dodo's First Anniversary Mass will be celebrated on Friday 5th November in Our Lady of Lourdes Church, Kilcummin at 7.30 P.M.

ACKNOWLEDGEMENT & 1ST ANNIVERSARY



IN LOVING MEMORY OF DAN COOPER



Lisheenacanna, Ballyhar, Killarney Who Passed Away On 2nd November 2020

As we lovingly remember Dan on the first anniversary of his passing, his family - Mary, Tina, Elizabeth, Bernie, Michael, Pat, Kathleen and Daniel, son-in-laws, daughter-in-laws, grandchildren, greatgrandchildren wish to acknowledge everyone who sympathised with us on our very sad loss. Thank you for all the posted messages of sympathy, Mass cards and Flowers during a very difficult time.

To all his neighbours and friends who lined the roadside, to Ballyhar/Firies IFA, Ballyhar Dynomos, Firies GAA and Farranfore Main Valley Athletic Club who gave gracious guards of honour outside the Church of the Sacred Hearts.

Our thanks to the undertakers Michael and Mary O'Shea and Gerard Fitzgerald for their dignified management of Dan's funeral.

We trust that this acknowledgment will express out heartfelt gratitude to each and every person who helped us in any way to get through this difficult time.

The Holy Sacrifice of the Mass has been offered for all your intentions.

Anniversary Mass will be held on Sunday 21st November at 10am at the Church of the Sacred Heart, Ballyhar.

†

1ST ANNIVERSARY & 18TH ANNIVERSARY







IN LOVING MEMORY OF OUR WONDERFUL PARENTS
DAN AND SHEILA COOPER
WHO DIED ON THE
2ND NOVEMBER 2020 AND
19TH SEPTEMBER 2003.
R.I.P.

A loved one never leaves you,
They're never far away
They watch you from a distance and guide
you everyday,
They do become your angel
And look down from above,
A loved one never leaves you
Because you always have their love

Forever Loved and Always Remembered by your Loving Family

Anniversary Mass will be held on 21st November in the Church of the Sacred Heart Ballyhar at 10am

†

1ST ANNIVERSARY

TREASURED MEMORIES OF OUR LOVABLE UNCLE

Dodo Mc Sweeney



Late of Kilcummin and Gneeveguilla Who died on the 5th November 2020

> For a Special Uncle Uncle Dodo

There are uncles to look up to

Uncles who are wise

Those who are good friends
Those who advise
There are uncles, who are lovable,
Uncles who are fun and then there is you
You're all of these in one
Gone but not forgotten, forever in our hearts.

Always loved, remembered, and missed by your nieces and nephews In Kerry, Cork, Dublin, London, and Boston.

†

1ST ANNIVERSARY

In Loving Memory of A wonderful Dad

Dodo Mc Sweeney



Late of Glounonea, Kilcummin

Life has to go on and that is true
It is not the same since we lost you
Dad you were the best and cannot be replaced
Thank you for the memories
and I can always see your special face
Your blue eyes and beautiful smile
Thank you dad and God be with you now

Loving remembered always Aoife, Donnagh & Micheal X

†

NOVENA TO THE SACRET HEART

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and your favour will be granted.

MM

NOVENA TO THE SACRET HEART

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and your favour will be granted.

SMS

1ST ANNIVERSARY

TREASURED MEMORIES OF MY WONDERFUL DAD

DONAL (DODO) MC SWEENEY



Missing you on your First Anniversary

A Dad's love is special A gift beyond compare You only know the meaning When he is no longer there.

> A special time A special face A special Dad I can't replace, With an aching heart I whisper low I miss you Dad And love you so.

Sadly missed and always remembered by Paula, Liam and your precious grandchild baby Daniel

6TH ANNIVERSARY

IN LOVING MEMORY OF **BRIDIE BUCKLEY**



LISMONGANE, FOSSA, KILLARNEY, WHO DIED ON THE 31ST OCTOBER, 2015.

Deep are our memories, Precious they stay, No passing of time, Can take them away. They bring a smile, Sometimes a tear, But always a wish, That you were still here.

Sadly missed and lovingly remembered by Mary, Micheál, Aoife, Míceál, Eoin and their families.

6TH ANNIVERSARY

IN LOVING MEMORY OF **BRIDIE BUCKLEY**



LISMONGANE, FOSSA, KILLARNEY. WHO DIED ON THE 31ST OCTOBER, 2015.

Though you smile is gone forever, And your hand we cannot touch, Still we have so many memories Of the one we loved so much. Your memory is our keepsake With which we will never part, God has you in his keeping, We have you in our hearts.

It is sad to walk the roads alone, Instead of side by side, But to all there comes a moment, When the ways of life divide. You gave us years of happiness, Then came sorrow and tears, But you left us beautiful memories, We will treasure through the years.

Sadly missed and lovingly remembered by Kathleen, Teddy, Demetria, Timothy, Andrew, Cáitlin and Séarlait.

ACKNOWLEDGEMENT & 1ST ANNIVERSARY

In Loving Memory of NEILUS DALY



SCARTEEN, KILLARNEY, CO. KERRY WHO PASSED AWAY ON 29TH OCTOBER 2020.

As we fondly remember Neilus on his 1st anniversary, his wife Margaret, daughters Eileen, Marion, Mairead and Claire, his sons Connie, Tomas, Ger, Declan, Paul, Donal, James and Fergal, his sons in law and daughters in law, grandchildren and greatgrandchildren, his brothers Danny and John and his sisters Mary, Lily and Carmel, and his extended family, would like to express our sincere gratitude and appreciation to all those who sympathised with us on our sad loss.

Sincere thanks to those who sent mass cards, condolences online, letters of sympathy, floral tributes and perpetual enrolments.

Thank you to those who made kind donations to Palliative Care. To all our neighbours and friends who dropped off refreshments and everyone who lined out and joined us on route to Neilus' final resting place. Mass will be offered for all of your intentions.

Special thanks to Father Paddy and Father Kieran for their kind visits to the house in Neilus' last days. To Father Jim who very kindly came to say the Rosary on the night of Neilus' passing. Sincere thanks to Father Jim for a beautiful mass, and to Father Paddy, Father Michael, and Father Tadgh for their meaningful contributions.

Heartfelt thanks to the palliative care nurses and the home help team who cared for Neilus in his last days. We thank the O Shea's undertakers for their professionalism and compassion.

To live in the hearts of those we love is not to die.

Anniversary mass St Mary's Cathedral Saturday 30 October 2021 at 6.15pm.

THE MIRACLE **PRAYER**

Dear Sacred Heart of Jesus, in the past, I have asked for many favors. This time I ask for a very special one. (Here mention your request.) Take it, dear Jesus, and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your favor and not mine. Amen. Say for three days and promise to publish.

MB

NOVENA TO ST. CLARE

IN THANKSGIVING

Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena.

Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen Your request will be granted no matter how impossible it may seem.

PRAYER TO MOUNT CARMEL

O most beautiful flower of Mount Carmel. fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the Sea, help me and show me herein vou are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity. There are none that can withstand your power. 0 show me herein you are my mother. O Mary, conceived without sin, pray for us who have recourse to thee (three times). Sweet Mother, I place this cause in your hands

(three times). Say this prayer for 3 consecutive days and then you must publish it and it will be granted to you.



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