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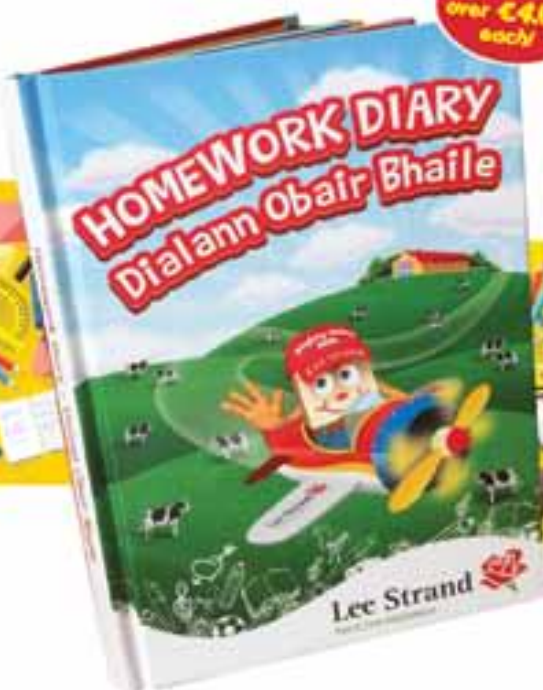
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PLANES (124) 100m Fri/Sat/Sun 2:15 4:30 Sat/Sun 12:15	THE NUT JOB (124) 100m Fri/Sat/Sun 2:15 4:30 Sat/Sun 12:15	2D GUARDIANS OF THE GALAXY (124) 100m Fri/Sat/Sun 2:15 4:30	
2D DAWN OF PLANET OF THE APES (124) 110m 7 Days 6:30	PUDSEY (124) 100m Fri/Sat/Sun 2:15 4:30	2D HOW TO TRAIN YOUR DRAGON 2 (124) 110m Fri/Sat/Sun 2:15 4:30	

KIDS CINE CLUB Saturday 30th & Sunday 31st August

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ITS BACK TO SCHOOL.....

MARIA WALSH, ROSE OF TRALEE LAUNCHES THE 2014 LEE STRAND HOMEWORK JOURNAL

Lee Strand welcomed the 2014 Rose of Tralee Maria Walsh, to the launch of the Lee Strand Homework Journals this week at the Lee Strand milk plant in Ballymullen, Tralee. This year over 12,000 hardback homework journals will be distributed to national school pupils in Kerry and West Limerick compliments of Lee Strand! The specially designed homework journals, valued at over €4, are printed in full colour and includes a hardback cover for extra durability in pupils' school bags. The homework journals are printed in English and Irish with over 140 pages and includes a Weekly Diary, where pupils can record their homework each day; a Timetable to record classes & activities; a Tables Book featuring addition, subtraction, multiplication, division; Healthy Eating Tips; Irish Culture & Heritage; Spelling & Grammar; Teacher & Parent Note Forms; Homework Tips for Pupils and Parents, plus lots more... "This is the third year Lee Strand is offering complimentary homework journals to national school pupils in Kerry & West Limerick. Lee Strand takes great pride in supporting the local community and what better way to support our community than by supporting our local schools. We have received very positive feedback from principals, teachers and parents on the homework journals as this is one less expense for parents to incur when their children return to school," said Lee



MARIA WALSH, ROSE OF TRALEE LAUNCHES THE 2014 LEE STRAND HOMEWORK JOURNAL WITH JOHN O'SULLIVAN, GENERAL MANAGER LEE STRAND AND KIDS ADAM & NICOLE WALKER. PHOTO BY: DOMNICK WALSH / EYE FOCUS LTD ©

Strand General Manager, John O'Sullivan, Other 'Lee Strand Back to School' initiatives include: the Lee Strand School Milk Programme and also the very popular Lee Strand School Tour Visits of

the milk plant in Tralee. For further details or registration please contact 066 7121084.

PAUL JOINS THE RANKS OF CELEBRITY CHEF



CHEF PAUL TREYVAUD AND COUNTRY MUSIC STAR LISA MCHUGH PICTURED AT THE LAUNCH OF THE IRISH TV AUTUMN SCHEDULE IN DUBLIN THIS WEEK. PICTURE: ANDRES POVEDA.

A Killarney restaurateur has landed a major television deal with Ireland's first international satellite channel Irish TV.

Paul Treyvaud, who rose to fame with his hit YouTube channel, is bringing his unconventional approach to the screen with his new show Cooking with Treyvaud. From lake shores to mountain tops, Paul will take viewers on an exploration of the wild Kerry countryside while cooking up some of his signature gourmet recipes.

Cooking with Treyvaud will air every Wednesday night at 9.30 on Sky 191, Freesat 400, Eircom eVision 191 and online at irishtv.ie.

The first season of Cooking with Treyvaud, made up of videos from Paul's extensive online back catalogue, has already begun screening on the channel, with a brand new series set to air later this autumn.

"Having my own show on Irish TV is a dream come true," said Paul.

"Shooting has already begun on the new series and I am really looking forward to bringing the beauty of Kerry's great outdoors to a global audience.

"This will be a cookery show with a difference. I will be cooking on the top of mountains and on the banks of our beautiful lakes, as well as showing viewers inside my home kitchen."

Cooking with Treyvaud is part of a new season of programming on Irish TV that was unveiled at The Shelbourne Hotel in Dublin on Tuesday this week.

One of Ireland's biggest female artists, Lisa McHugh's show On the Road with Lisa will take

country's musical legends out of their comfort zones as they learn a series of new skills.

Viewers will see Lisa teaching Nathan Carter how to fish, racing dogs with Declan Nerney and learning to make sausages with Daniel O'Donnell.

New eight-part prime-time travel series Kenny Wild will see journalist and author Dave Kenny ditch the comforts of home for the road trip of a lifetime along the Wild Atlantic Way – taking on a series of wild challenges along the way.

Storytime is a new educational children's series which sees acclaimed Irish author Emma Heatherington share some of her favourite childhood stories.

"It has been a very exciting year for Irish TV as we have watched our programming and viewership grow since our launch in May," said CEO Pierce O'Reilly who founded the station with his wife Mairead Ni Mhaolchiarain.

"We are extremely proud of all of our teams working tirelessly throughout this Country and farther afield to bring local stories to a global audience.

"We are creating a new platform for Ireland to talk to the world, with the added advantage of enabling advertisers within Ireland to talk to rural Ireland – both through the county programmes and our range of specialised offerings such as agriculture, food, fashion and music."

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NETWORKING GROUP CELEBRATES ITS 3RD BIRTHDAY

Vision Networking, the Killarney based networking group celebrating their 3rd year in existence at the Brehon Hotel this week.

The group's success has been built on it by the member's aims to help each other meet the challenges and demands of the ever-changing business world. Successful businesses depend on word of mouth marketing as the best form of promotion and Vision Networking provides a structured support system in which to network and exchange ideas, thus enabling businesses to grow and develop.

Danny Brosnan, current Chairperson says "Vision Networking meets every Tuesday morning at 8am in the Brehon Hotel. Ideas are exchanged among members and lasting business relationships are developed". "The group hosts various marketing and training seminars which ensure that members are up-to-date with the latest technologies and business methods"

Members benefit from the enhanced exposure of their business within the group and this leads to business referrals between members and also facilitates referrals to and from a wider



VISION NETWORKING CELEBRATED THEIR THIRD BIRTHDAY THIS WEEK AT THE BREHON HOTEL THIS WEEK. PICTURED ARE JIM DIGBY, JOHN BREEN, OUTGOING CHAIRMAN, PADDY OSBOURNE, DANNY BROSNAN, INCOMING CHAIRMAN, PETER O'LEARY, JIM DELANEY, RUTH ALLEN, MARY O'CONNELL, ASSISTANT MANAGER AT THE BREHON, PRESENTING A CAKE TO THE GROUP, PADRAIG O'SUILLEABHAIN, LIAM BROSNAN, DIARMUID O'MAHONY, PAT BROSNAN AND FERGAL SMITH.

circle of clients.

As a non profit making group, Vision Networking enables members build lasting

relationships which help their businesses grow from strength to strength.

More information on www.visionnetwork.ie

NEW TRALEE HOME FOR BROOKFIELD COLLEGE



ELISHA DOWLING PRINCIPAL OF BROOKFIELD COLLEGE, MONAVALLEY, TRALEE PREPARES FOR THE 2014/15 COLLEGE YEAR.

Brookfield College Tralee which opened on Rock Street 1988 and was based at Collis Sandes House since 2001 has moved to a new

location. From September students attending the College will move to a new state of the art facility located at the entrance to the

Monavalley Industrial Estate in Tralee opposite the FAS Training Centre.

"A new chapter is about to start in the history of Brookfield College in Tralee. The School has moved to a new modern premises at Monavalley Tralee. It is located in a prime location at the entrance to Monavalley Business Park. We are delighted to have modern air-conditioned classrooms with state of the art facilities and practical rooms. Brookfield College offers a full time programme for fifth year, sixth year and repeat Leaving Certificate students and is currently enrolling students at the new location," said Brookfield College principal Elisha Dowling. The school also offers grinds, revision courses and supervised study. "All staff and students are looking forward to the new school year as it is an important new chapter in the history of the school. We held an open day last week and we received a hugely positive reaction. People were very impressed with the school." Following on from very impressive results again this year the school is currently enrolling students for the coming year. Full time students start back at Brookfield College on Wednesday 3rd September.

SPINATHON TAKES PLACE THIS WEEKEND

Just a reminder that the fund raising spinathon in memory of Killarney man Brendan Heffernan will take place this weekend.

The 8 hour fundraising spinathon will be held this Sunday 31st, August, 2014, at The Market Cross, Killarney. All proceeds raised will be donated to the Kerry Hospice Foundation, who provided wonderful care to Brendan throughout his illness.

Brendan's family together with his friends and team mates from Workmen's Rowing Club are helping to organise this event as his first anniversary approaches. Brendan was inspirational in his fundraising achievements following his diagnosis raising over €14,000 for the Oncology Unit in Cork and Kerry General Hospital, Kerry Hospice and Irish Cancer Society, earning him the title 'Hero of the Year'

which was presented posthumously to his Sister Siobhan at the Mercy Hospital Annual Awards. If you would like to cycle or collect please contact brendanssistercaitria@gmail.com

Brendan's anniversary mass will be offered at 9.30am this Saturday 30th August at the Church of the Resurrection.

NEW SEPTEMBER Yoga Courses

All courses will be delivered by Sara Cooper who has over 14 years experience of yoga practice, meditation, mindfulness, in-depth anatomy and bodywork training and a self proclaimed wellness junkie since her teens. These courses represent the accumulation of years of practice and learning and will be delivered to help you find freedom and wellness in your body and mind no matter the course you choose.

Tuesday 2nd September - 6.30pm - Beginners Course:
This is a 6 week course suitable for the complete beginner to yoga and also for those who would like a refresher. This course will serve as a perfect introduction to yoga asanas, (learning safe alignment for each posture and including both active and passive postures for strength building and also deep relaxation), meditation, breathing practices, relaxation and yoga philosophy. This will be a progressive course leaving you feeling confident with the fundamentals.

8pm - Mindful Flow: This class will be a slow mindful flow with an individual theme each week, suitable for all levels and for people who are looking to be gently challenged, but who also want to leave feeling blissfully relaxed.

Wednesday 3rd September - 6.30pm - Back Care Course:
On a daily basis I see clients in my clinic with low back and hip and pelvis pain, for the first time I am offering this public class where together we will breathe new life into the low back. This is a great class if you have any concerns about your back or just want to join a class where this area of the body is catered for. We will discover what really constitutes "the core", learn corrective exercises, self massage and learn correct alignment for you and your back. This course will offer modifications to suit any level and will be respectful of your physical boundaries at all times whilst looking to increase your mobility, health and awareness of your spine.

8pm - Prenatal Yoga: A brand new 6 week course delivered in a completely different format than ever before. During this course you will learn optimal postural alignment, the myths surrounding the pelvic floor will be revealed, self massage, yoga postures both active and restorative, breathing techniques, relaxation and so much more. If you want to not only enjoy your time during pregnancy but to thrive this is the course for you.

Sunday 7th September - 6pm - Rest and Restore Sunday Sanctuary: Ahhh!! This class is the perfect antidote to modern life and is ideal if you're looking for a gentler approach to yoga. This class is geared towards complete relaxation where we will be looking to "yoga ditta vitta nirodha" (progressively quieten the fluctuations of the mind) through passive yoga postures, gentle movement, breathing techniques, mudra, meditation and relaxation.

7.30pm - Yoga For The Active Sunday Sanctuary: Whether you are a weekend warrior or a sports person or just someone that likes to stay active and busy this course of classes will be a wonderful cross-trainer to your chosen sport/activity and will challenge your body/mind with physical postures and corrective exercise. During the course of classes you will also learn the benefits of passive yoga and relaxation to counteract the high intensity training that you do.

All above courses are held as 6 week courses at **The Travel Inn, Fossa** and investment for each course is €60 except the Prenatal Yoga course which is €70.
Limited number of places are available for each course and class sizes will be kept small for individual attention.

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www.killarneymassageandtherapycentre.ie**

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BE INSPIRED AT IRISHBIZPARTY CONFERENCE IN KILLARNEY



SAMANTHA KELLY AKA TWEETING GODDESS, FOUNDER OF IRISHBIZPARTY.

The online business support sensation Irishbizparty will host a conference at The Brehon, Killarney on Tuesday, September 16.

Founded by Twitter guru Samantha Kelly aka Tweeting Goddess, Irishbizparty is an online community of Irish businesses who talk, discuss, help and promote each other. It originally started with a single tweet from Samantha looking for businesses, who needed help promoting themselves, to respond to her using #Irishbizparty. The results were amazing and now businesses from all over Ireland come together online via Twitter every Wednesday evening to network and share ideas.

"It was a natural progression for us to start meeting offline and in person," explains Samantha. "This is our third conference, we have already hosted one in Dublin and one in Wexford. We are very excited about it and encourage any business looking for new ideas and inspiration to come along."

"We have amazing speakers coming to share their stories and business tips with you so come along and get networking, learning

and sharing your own stories in a friendly and supportive environment."

The conference keynote speaker is Marissa Carter, creator of the multi-award winning Irish fake tan range Cocoa Brown. Cocoa Brown was launched just eighteen months ago and is now sold in all the major retail groups including Pennys, Superdrug, Tesco and Boots.

Other speakers include Susan Hayes, author of the book Savvy Woman's Guide to Financial Freedom, Ken Armstrong Trainer and Business Analyst with FEXCO, entrepreneur Wayne Denner, Elaine Carroll, Director of Mespil Solutions and special guest Steve Wade.

For more information or to book your ticket log onto www.eventbrite.ie and search for bizpartyinspires.

Special accommodation rates are available at The Brehon, telephone 064 6630700 for further details.

A HAVEN FOR WALKERS

LAUNE MOUNTAINEERING CLUB HOST INAUGURAL FESTIVAL

Walkers the length and breadth of the country have an open invitation from the Laune Mountaineering Club who are hosting their inaugural Walking Festival in Killorglin on the weekend 12-14 Sept 2014. The members are inviting walkers to come and experience the wonderful walks that are on offer in the Kerry region. There will be a choice of 3 walks on Saturday 13th.

Carrauntoohil is on offer for the more adventurous people who have a good level of fitness and want to experience the spectacular views from Ireland's highest mountain, this wonderful walk can be enjoyed in the safety of the Laune Mountaineering Guides. To climb to the top of Carrauntoohil is a great experience, but to see Carrauntoohil in all its splendour, there is no better vantage point than Cahir in a quiet area of the McGillycuddy's Reeks. The moderate walk is Coomloughra and the easy walk is Seefin in the Glenbeigh area. On Sunday the walks are Mangerton and the Devils Punchbowl in the beautiful Killarney Valley.

Registration for the event is at the Manor Hotel, Killorglin on Friday evening from 9 to 10pm.

For more information: www.thelaunemountaineeringclub.com or follow us



MEMBER OF THE LAUNE MOUNTAINEERING CLUB WHO WILL HOST THE INAUGURAL FLAVOUR WALKING FESTIVAL IN SEPTEMBER.

on facebook

<https://www.facebook.com/launemountaineeringclub.killorglin>

Flavour of Killorglin Festival

The walking Festival is coinciding with the

local festival Flavour of Killorglin which is a celebration of culinary delights of the Mid Kerry Region, great food and entertainment for all visitors. <http://www.flavourofkillorglin.com/>.

NEW SEWING & FASHION CLUB AT KILLARNEY LIBRARY

If fashion is your passion and you want to up-cycle your clothes but don't know how well then a new Sewing & Fashion Club which is starting in September at Killarney Library may be just what you are looking for. The club is the brainchild of Eibhlín Gleeson who teaches sewing and design classes but who has identified a need for a club which discusses and works with materials in an informal, less instructional setting, similar to a book club. Admission is free and all are welcome to either

attend regularly or drop in on an ad hoc basis although it is anticipated that regular members will steer the club and take ownership for its activities as it develops. In time, the club will enable participants to share knowledge, expertise and ideas on a wide range of sewing/fashion-related topics. The club also hopes to be a social outlet for those with an interest in such topics and anticipates visits from professional designers. The club will make use of the vast array of sewing books in Kerry Library. The club

is suitable for anyone interested in sewing and fashion from the beginner to the advanced.

The first meeting will take place on Friday 12th September between 11am – 12 noon and the club will continue to meet on the 2nd Friday of the month.

For further information please contact Killarney Library at 064- 6632655 or email killarney@kerrylibrary.ie



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FASHION FIRST PASSED THE POST AT KILLARNEY RACES

Brilliant Sunshine at Killarney Racecourse brought to a close a most successful August racing festival. A large number of fashionable ladies were in attendance for the now traditional Littlewoods Ireland Ladies day. Micheál Lucey, Racecourse Manager, noted that the racecourse was a wonderland of colour with those in attendance rivalling the stunning

surroundings, indeed he commented that ladies day attendance was up some 20% on the previous year.

Celebrity judge Sinead Desmond of TV3 noted that the standard was incredibly high this year and made the task of selecting a winner all the more difficult. She eventually chose Kerry

woman Helena Madigan as the Littlewoods Ireland best-dressed lady. Originally from Rathmore, on the Cork/Kerry border, Helena lives in Killarney with her husband, Adrian Fitzgerald, and son Gavin, 2. She received a €1,500 shopping spree as her prize out of which "there will be treats for everyone".



ENJOYING LADIES DAY AT THE KILLARNEY RACES WERE L-R SOPHIA WISE & AGNE KREMENSKIENE. PICTURES BY MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED WITH JUDGE SINEAD DESMOND (CENTRE) WERE FINALISTS CHARLENE & MARY BROSAN AT THE KILLARNEY RACES FOR LITTLEWOODS IRELAND BEST DRESSED LADY.



JUDGE SINEAD DESMOND WITH HELENA MADIGAN FITZGERALD, WINNER OF THE LITTLEWOODS IRELAND BEST DRESSED LADY AT THE KILLARNEY RACES ON SATURDAY.



ENJOYING LADIES DAY AT THE KILLARNEY RACES WERE (FROM LEFT TO RIGHT) NOREEN SCANLAN, NOREEN LINEHAN, BRID CARROLL, ORLA KELLY, MARGARET DINEEN & LORRAINE MCSWEENEY.



ENJOYING LADIES DAY AT THE KILLARNEY RACES FOR LINDA'S HEN WERE THE MCCARTHY'S (LEFT TO RIGHT) ELAINE, DANIELLE, LOUISE, LINDA (DUE TO MARRY DAVID CONNOLLY), CAROLINE & MUM BERNIE.



TV PRESENTER SINEAD DESMOND (CNT OF PIC) PICTURED AT THE LITTLEWOODS IRELAND LADIES DAY AT KILLARNEY RACE COURSE IN KILLARNEY CO KERRY. WITH THE LITTLEWOODS IRELAND LADIES DAY 10 FINALISTS FROM L/R HAZEL ROCK DUBLIN, MARY BROSAN KILLARNEY, CHARLENE BROSAN MAYO/KILLARNEY, MYRA O'DONNELL KILLARNEY, ELAINE MORIARTY KILLARNEY, CATRIONA SAYERS TRALEE, HELENA MADIGAN FITZGERALD KILLARNEY (OVER ALL WINNER) MARY HERLIHY RATHMORE, NIAMH MCKENNA CORK AND SUSANNE FOLEY FROM KILLORGLIN CO KERRY. PHOTO BY: DOMINICK WALSH / EYE FOCUS LTD ©

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KILLARNEY COUPLE TAKE A TRIP DOWN MEMORY LANE

It was a trip down memory lane for Killarney couple Maureen and John O'Sullivan who celebrated their 50th Wedding Anniversary at the Muckross Park Hotel and Spa last weekend. Maureen and John held their wedding reception at the then Muckross Hotel fifty years previously.

The happy couple were joined on their special occasion by their family, daughters Angela and Marie and son's Patrick and Gerald along with 100 family and friends to celebrate the day. The couple who are from Park Road would like to thank everyone who made their day so special.



EAMON KELLY REMEMBERED AT KILLARNEY LIBRARY



EAMON KELLY.

A celebration of the life and work of Seanchai, will take place at the Killarney Library on Thursday 11th September.

The event will celebrate the life and career of the Actor, Seanchai and Author on the centenary of his birth and will begin at 6.30pm.

Known as Ireland's master storyteller, Eamon Kelly described the art of the Seanchai as the oldest one-man-show-on earth and held his

audience spellbound as he stared into eternity while sitting in intimacy of the firelight and candlelight in the homes of rural Ireland.

Born in Glenfesk in 1914, Kelly was initiated into the art of acting when he became involved within Co. Kerry's amateur dramatic scene. Whilst teaching in Listowel, he co-founded the Listowel Drama Group in 1944 where his acting and directing prowess readily developed. He played Christy Mahon in the group's 1951 production of *The Playboy of the Western World*, which also starred his wife to be Maura O'Sullivan as Pegeen Mike. As a result, the couple moved to Dublin to join the RTE Players. Although Eamon is probably best remembered as a Seanchai – he travelled the length and breadth of the country to perform his storytelling – he was also well-known in the theatre world: he joined the Abbey Repertory in the 1960s and also worked for the Gate Theatre. In 1966 he was nominated for

a prestigious Tony Award for his role in Brian Friel's *Philadelphia, Here I Come*.

The programme, which will feature music, song and storytelling, introduces guest performers including Kelly's sister, Brid Sugrue, performing some of Kelly's stories, as well as Cork actor Jack Healy, journalist Donal Hickey and Eamon's grand niece, and the classically-trained vocalist Gemma Sugrue, whose specially chosen repertoire will include some of the late actor's favourite songs.

The programme, which is being planned and coordinated by Brid Sugrue, Mary Murphy (Killarney Arts) and Dr. Fiona Brennan, also includes short audio and video recordings of Kelly in some of his most well known roles. An exhibition of photos and newspaper articles regarding Kelly's career will be on display in Killarney Library from Saturday 6th – Saturday 13th September.

WARM TRIBUTES PAID TO THE LATE PADDY MACMONAGLE

WARM tributes have been paid to well-known Killarney Author, Photographer, Printer and Publisher Paddy MacMonagle who was laid to rest at Aghadoe graveyard, Killarney last Friday. Paddy's long life of 94 years was celebrated at a requiem mass in St. Mary's Cathedral last Friday morning.

Chief celebrant, Fr Howard praised Paddy's great faith and outlined his outstanding work in promoting Killarney and said that he was involved so many activities that many described him as the unofficial Lord Mayor of Killarney.

Fr Howard also paid tribute to his meticulous work, outstanding photography and excellent publications that he produced over many years. Fr Howard said his thoughts and prayers were with Paddy's wife Lil, daughters Catherine, Lile and Eileen, sister Kathleen and extended family. Following the requiem mass, guards of honour accompanied the funeral cortege from St. Mary's Cathedral through Killarney town. Representatives of Killarney Chamber of Tourism and Commerce and Muckross House Trustees were out in force while Paddy's sporting life was honoured by the St. Brendan's



TRUSTEES OF MUCKROSS HOUSE CHAIRMAN MICHAEL LARKIN AND KILLARNEY CHAMBER OF TOURISM AND COMMERCE PRESIDENT JOHNNY MCGUIRE LEAD THE GUARDS OF HONOUR ALONG WITH MEMBERS OF ST. BRENDAN'S ROWING CLUB AT THE FUNERAL OF PADDY MACMONAGLE LAST FRIDAY.

Rowing Club guard of honour and a Dr Crokes GAA Club flag that was placed over Paddy's coffin.

Fr Kevin McNamara, a good friend of Paddy's for many years, recalled his great work in a special tribute at Paddy's final resting place at Aghadoe cemetery while in a moving graveside oration, Paddy's close friend and neighbour

Michael Larkin, who is Chairman of the Trustees of Muckross House, spoke eloquently about Paddy's life.

Paddy is survived by his wife Lil (nee Dillon), daughters Catherine (Candy), Lile and Eileen, his sister Kathleen (Keogh), ten grandchildren, 14 great-grandchildren, extended family and many friends.

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MONEY MATTERS....

By Dermot Cronin,
Financial Advisor

OVER 75% OF SAVERS UNHAPPY WITH POOR DEPOSIT RETURNS

A recent survey of more than 1,000 people reveals more than three quarters of depositors think current deposit interest rates are a poor return on their money. Ninety two per cent of savers aged 55-64 think deposit rates are bad value.

- 78% of people have a deposit savings account.
- The average Irish person has €25,500 on deposit.
- Just over a third or 35% know what interest rate is paid on their deposit.

Investment returns vs deposits in the last five years:
Investors who kept long term funds on deposit for the last few years may be licking their wounds with the average managed fund returning 12% per annum over five years.

With some demand deposit rates paying less than 1% and taxed at the higher rate of 41% from Jan 1 this year, some investors are only receiving 0.5% or less, after tax. Some may not even beat the annual inflation of 0.2%. There has been a significant number of consumers move from deposits to higher yielding long term investments and there is a huge choice of investment options available to people at the moment

For more information or to make an appointment to discuss the above Dermot Cronin at **064 66 22775** or **kerrymortgagecentre@eircom.net**.

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COLM COOPER BLITZ READY FOR KICK OFF

Boys from all over Ireland will descend on the Dr. Crokes GAA Club in Lewis Road in Killarney for the third annual Colm Cooper Blitz. The event will take place on Saturday 6th Sept 2014 from 11.00 to 18.30.

This football competition is for U13 Boys and has proved a tremendous success since its launch in 2012, with Furies becoming the first winners of the competition, followed in 2013 by Corofin of Galway.

Designed to pay tribute to Colm, who has provided both Kerry and Dr. Crokes with many highlights during his career to date, the blitz is seen as a celebration of Gaelic football where it is hoped all the players express themselves and enjoy the games and off-field activities.

It also provides an opportunity for all supporters of the Crokes and Gaelic Games in general, to join in this display of the skills of football, as demonstrated by the participating teams.

This year will see Skerries Harps Dublin, Naomh Mearnog Dublin, St Michaels Cork,



COLM COOPER PICTURED WITH THE 2013 BLITZ WINNERS COROFIN GALWAY.

Kilmurlybrickane Clare, Corofin Galway, Oranmore/ Maree Galway, Coatbridge Davitts Scotland and the Dr Crokes taking part. The Cup, Plate and medals will be provided by the Coffey family, in memory of the late Denis Coffey, a wonderful link between the history,

present and future of the Dr. Crokes Club that this event represents.

Mark the date, Saturday 6th September down in your diaries and come along and share in this international event with Colm.

TOP QUALITY AND GREAT PRICES AT KILLARNEY FLOORING AND TILE CENTRE



With an amazing new showroom and 27 years experience under his belt Pat Brosnan and his wife Noreen have just opened Killarney Flooring and Tile Centre.

Based on the Tralee Road, Pat offers the complete service including supplying and fitting all floor tiles, rectified porcelain, digital tiles and large format tiles.

Killarney Flooring and Tile Centre also cater for the discerning customer with a selection of stunning high gloss laminate and natural wood flooring.

"We have one of the most extensive range of flooring and tiles in Ireland to suit all budgets and requirements", said Pat. "Our aim is to supply our customers with top quality products

and individual style at affordable prices.

So if you are in the market for some tiles why not pay Pat a visit at his new showrooms on the Tralee Road (in the old Moynihan Motors premises).

Killarney Flooring and Tile Centre has plenty of parking and some great offers available – which makes it well worth a call.



KILLARNEY TO BENEFIT FROM WILD CARD WIN

Killarney is to benefit from an announcement by Fáilte Ireland they they have secured the first big win for its Corporate Meetings Supports fund aimed at attracting more corporate meetings to the company.

The agency has announced that a major US insurance company has chosen Ireland as the location for its 2015 sales force meeting. With over 2,000 delegates staying for 7 nights, it said the event will bring over €9m to the Irish economy.

The group will spend its time between The Europe Hotel in Killarney and The Shelbourne Hotel in Dublin. The event will take place during July and August 2015

The final host city competition was between Dublin, London and Edinburgh with two cities out of the three to be selected. However, destination management company, Odyssey International, working with Fáilte Ireland, added Killarney as a wildcard entry and this bid won.

MIGRAINE SUPPORT GROUP FOR KERRY

To highlight Migraine Action Week (1st - 7th September) the Migraine Association of Ireland (MAI) will hold an informal support group in the foyer of the Carlton Hotel (Fels Point), Tralee, on Thursday 4th September at 7.00pm. The meeting will be chaired by Patrick Little, CEO of the Association and all are welcome. To register please email patricklittle@migraine.ie or telephone the Migraine Helpline: 1850-200-378/01-8941280.



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COOPER GIVES THE BUMBLEANCE AN EXTRA SHOVE

Journalist, author, television presenter and radio presenter of The Last Word on Today FM, Matt Cooper has become a Patron of the Saoirse Foundation, the charity set up by fellow Corkman Tony Heffernan in 2010, named after his late daughter Saoirse.

The not for profit charity operates a couple of innovative projects, including the world's first interactive children's ambulance service, the BUMBLEance,

Matt is literally putting his shoulder to the wheel with the charity and this September sees the formal start of the BUMBLEance MEGA-Push in a bid to raise over €250,000 to fund and operate a 2nd new BUMBLEance.

The MEGA-Push starts in Dingle town on Sept 10th, where Ice Explorer & Adventurer Mike O'Shea, Tony Heffernan & co will push & pull a vehicle over the notorious Conor Pass, a treacherous and windy mountain road before heading East towards Dublin, a journey that will take 10 days to complete. The team will arrive in St Stephen's Green in the Capital on September 20th, where to finish off, the team will push the vehicle around a Half Marathon Course in Dublin City Centre. Volunteers and fundraisers are welcome to join the team along the route. More info on Facebook/ Twitter or online at www.BUMBLEance.com

'Liam's Lodge' is named after Liam Heffernan (5), son of Tony and Mary Heffernan who are building a national respite centre and hospice



MATT COOPER, TONY HEFFERNAN & MIKE O'SHEA PICTURED RECENTLY IN DUBLIN. PICTURE CONOR MCCABE PHOTOGRAPHY.

for children on a 10 acre greenfield site in Blennerville, just outside Tralee town and near Kerry General Hospital. Liam Heffernan, sadly passed away in May of this year (2014) had the rare and fatal Batten Disease from which his sister, Saoirse (5), passed away from in 2011.

Planning permission for the centre is currently with Kerry County Council, Liam's Lodge is a very welcome addition to Ireland's health

infrastructure, providing full respite & hospice care for children with critical life limiting & rare and genetic disorders with the care they need, while the child's parents and siblings are given the chance to get some much needed rest and family time. With 29 family units or 'homes away from homes' to be built is this purpose designed building, allowing Liam's Lodge cater for over 1,500 families a year.

PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

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Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

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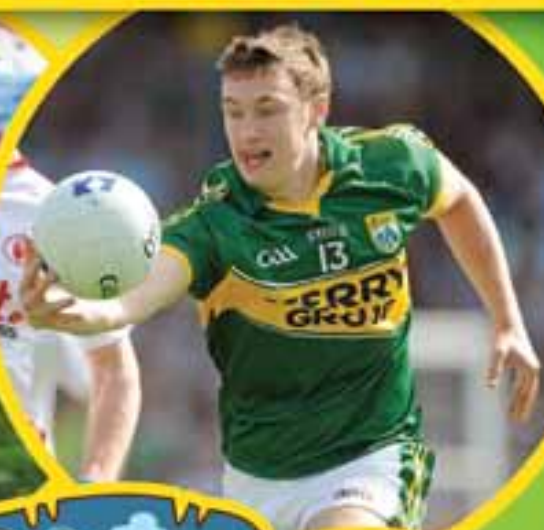
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MOYNIHAN LANDS MANAGEMENT ROLE WITH KERRY U21'S

Former Kerry senior footballer Seamus Moynihan has been appointed to the Kerry Under 21 football management team. He joins former All Star Darragh Ó Sé who had already been reappointed as manager. Moynihan's appointment comes as no great surprise to GAA fans who have flagged the appointment for the past two seasons. Moynihan has an impressive sports CV with his local GAA club, Glenflesk, St. Brendan's, Killarney, the Kerry Minors, Under 21 and senior teams. Moynihan's first taste of inter-county success arrived at the age of 16 when he was part of the Kerry minor team that claimed the Munster crown in 1990. In 1992 he lined out for the St. Brendan's team that beat St. Jarlath's College of Tuam to win the Hogan Cup in the All-Ireland Colleges Final and also turned heads on the Kerry U/21 team that won out in Munster. Moynihan has won four All-Ireland medals, three National Leagues, nine Munster championship medals, four Sigerson Cup medals, three GAA All-Stars, one Railway Cup medal and one Division 2 title. He also won three county championship medals with East Kerry and captained his country in the International Rules series.



SEAMUS MOYNIHAN WHO HAS BEEN APPOINTED TO THE MANAGEMENT OF KERRY U21'S.

WATER QUALITY IN DEENAGH RIVER

At the July 2014 Killarney Municipal Area Meeting, Councillor Michael Gleeson proposed the following Notice of Motion:

"Has there been any change in the water quality in the River Deenagh since the matter was last raised at an area meeting"

Kerry County Council replied that there is not any change in the biological status of the water. The River is monitored at a site upstream of Lough Léin at least 26 times per year as part

of the catchment programme. Results to date denote a water of good quality in accordance with standards set out EU regulations.

At least 3 sites are measured on a three-year cycle for biological parameters by the EPA. Only one site - the one furthest upstream - shows evidence of pollution. This is of a moderate level and is suspected to come from agricultural sources.

Overall the river water is of acceptable status. Ongoing monitoring will, however, take place

and Laboratory staff intend to undertake a more specialised biological analysis during September 2014.

Councillor Gleeson welcomed the detailed response and stated that every effort must continue to be made to ensure that all waters in the Lough Léin catchment are of the highest possible quality.

LETTER TO THE EDITOR THE RETURN OF THE TURDS

Dear Editor,

Nope - it's not a frightening new sci-fi blockbuster horror movie in CinemaKillarney! It's the return of horse-turds in the National Park obstacle course! When the horse nappies were introduced a while back, we all thought that was the end of dung on the roads of Killarney. Well, in all fairness, they have disappeared from the streets of the town, but, alack and alas, not so from the National Park. Now this state of affairs

is in no way attributable to the Muckcross Jarveys. It's like this folks, the pot-craters are now so big, deep, watery, and messy that jarvey carriages are rocked and rattled every time they hit one. This bumping causes copious dung-turds to pop out of the nappies on to the road, and now it's back to the bad ole days. Seriously, I reckon covered wagons trundling west on the ole Oregon Trail in the nineteenth century had less bumpy rides than

the Jarveys of Muckcross in the National Park! It really is a disgrace, and a blemish on one of the country's most charming experience for all of us, and the million tourists who come from all over the world to savour Killarney's beauty. Let's hope for God's sake, if not Killarney's, the brand new Minister moves immediately to get the work started to solve this on-going problem.

Nicky Barry.

ARDFERT HARVEST CYCLE

Ardfert N.S. is organising a cycle on Saturday, September 13th to commemorate the school's 40th anniversary. Cyclists will have a choice of two routes - 40KM or 75KM. Registration will take place on Friday 12th September from 6pm to 8pm and on Saturday 13th September from 8.30am to 9.45pm at Ardfert N.S. The cycle will begin at 10am sharp. The registration fee is €20 and this includes a BBQ afterwards. More details and the cycle route can be found on the school website www.ardfertns.ie or on facebook: Ardfert Harvest Cycle. (Helmets are compulsory.) Come along and celebrate this special event with us.





Know Your Rights:

JOBSEEKER'S ALLOWANCE FOR YOUNGER JOBSEEKERS

QUESTION

I am 22 years of age and I live with my partner who is 25. He is currently unemployed and has been claiming Jobseeker's Allowance for three months. I have just finished college but cannot find work. What amount of Jobseeker's Allowance can I qualify for?

ANSWER

People aged under 26 get a lower rate of Jobseeker's Allowance. If you claim Jobseeker's Allowance in your own right the maximum amount you are eligible for is €100 a week. However, your partner could claim for you as a dependent adult on his Jobseeker's Allowance claim and he would be paid €124.80 each week in addition to his personal payment.

Even though the rate paid is less, it might be more beneficial for you to claim Jobseeker's Allowance in your own right because you are then eligible for a range of training and employment schemes to help you into employment. If you take up a place on a course of education, training or an employment support scheme you will get a higher rate of payment.

MAXIMUM JOBSEEKER'S ALLOWANCE RATES FOR PEOPLE UNDER 26

Age	Personal rate	Increase for a qualified adult
18 - 24	€100	€100
25	€144	€124.80

The reduced personal and qualified adult rates of Jobseeker's Allowance (JA) for claimants under 26 do not apply to claimants with dependent children.

Further information is available from the Citizens Information Centre below.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7828, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killybeggs 0761 07 7830, Castleisland 0761 07 7790, Cahersiveen 0761 07 7780.

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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available.

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Jaspers also caters for the busy lunch trade in the town offering soups, quiches and salads.

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Jaspers can be contacted on 086-3895142.

WW1 MEMORIAL COMMITTEE "UPDATE"

As this is the centenary year of the outbreak of WW1 we, the memorial committee are inviting Relatives, Friends and General Public to attend an Ecumenical Service of Remembrance in St Mary's Cathedral Killarney on Sunday, 14th September 2014 at 3pm for the Men and Women who were involved from Kerry and other areas in WW1. We are also arranging for an exhibition of statistics and memorabilia in the Killarney Library from the 15th–27th September 2014.

Do you have any documents, stories, pictures, artefacts or medals that you could kindly loan to us for the exhibition. All items will be secure while on display

and returned to the owners at the conclusion of the exhibition.

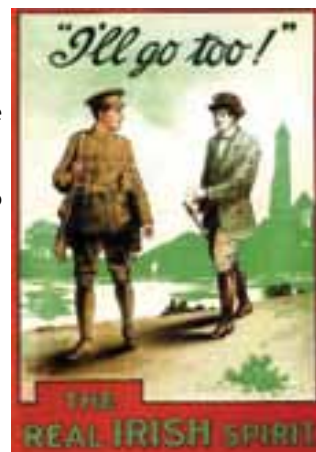
Noel Grimes is your contact for any items you want to loan to us and put on display.....064-6633049.

Killarney WW1 Memorial; Committee
Chairman: Donal Whitty O'Sullivan.

Vice Chairman: Seamus O'Sullivan Darcy.

Secretary: Noel Grimes.

Joint Treasures: Michael Leane & Noel Grimes.



DISAPPOINTMENT FOR KERRY LADIES

There was disappointment in Birr when the Kerry senior ladies were defeated by Leinster Champions Dublin in the TG4 All Ireland Quarter Finals. Kerry never seemed to get going & a few questionable calls from referee also hindered the team. However overall Dublin were much sharper & deserved their victory. Dublin raced into an early 3 point lead, all from frees as the Kerry blanket defence were forced into fouling with the Dublin half forwards & backs running at Kerry. Sarah Houlihan finally got Kerry on the score board after 8 mins from a placed ball. But Dublin responded again with 2 more frees all from Sinead Ahern & their first from play Lindsay Peat. Disaster struck for Kerry, when Niamh McEvoy was left unmarked & collected a ball from a quick free which she lobbed over Edel Murphy's head into the net, Dublin 1-06 Kerry 0-01. Emma Sherwood got Kerry's second & first from play in the 24th min, a good score from distance & Sarah Houlihan added another free. But Dublin added 3 more of their own – 2 frees & 1 from play. Half time Dublin 1-09 Kerry 0-03.

Kerry with nothing to loose threw everything at Dublin in the second half & clawed themselves back into game. Patrice Dennehy, Lorraine Scanlon and Louise Ni Mhuircheartaigh scored to bring Dublin within touching distance. But Dublin regrouped & Noelle Healy ran through the Kerry defence, & hit a powerful shot to the net, with the Kerry team & mentors furious over the number of steps taken. Kerry at the other end had no such luck as Louise Galvin hit the goalpost with the rebound collected by Deirdre Corridan & pointed. Kerry to their credit kept working & scores from hard working Patrice Dennehy & Louise Ni Mhuircheartaigh kept Kerry in touch, but Dublin always had a reply to ensure they never got close enough. Deirdre Corridan's long range free in the dying minutes did get Kerry the goal they craved as she lobbed the keeper, but it was too little too late. Dublin now go into the semi final where they will meet Galway.

After the game Senior Manager William O'Sullivan stepped down. His two year term

was completed & he decided to step aside. This was his second term in the post & he previously was a selector. William brought the team to an All Ireland final in 2012 & won Munster title & National League title in 2013. William wished the players, future management & Kerry Ladies Football board the best of luck in the future. Kerry Ladies Football board will meet in the coming weeks to formulate a process on the appointment of a new manager.

The focus now turns to the domestic scene, with key games going ahead this weekend in the Rhyno Quality Feeds Co. League, which may ultimately decide who is staying up & going down

The Educate.ie U14 Division 1 Final is confirmed for Sunday 31st August between Fossa & Rathmore. Both teams have inter county players from the All Ireland winning U14 team & in the earlier rounds played a thrilling exciting draw. An open flowing game of football is in store.

Health Matters....

With Dr. Michael O'Doherty

MALARIA PART 1

Introduction

Malaria is widespread in many tropical and subtropical countries and is a serious and sometimes fatal disease. You cannot be vaccinated against malaria but you can protect yourself in three ways:

Avoidance of bites

Mosquitoes cause much inconvenience because of local reaction to the bites themselves and from the infections they transmit, Mosquitoes spread malaria, yellow fever, dengue and Japanese encephalitis.

Mosquitoes bite at any time of the day but most bites occur in the evening.

Precautions to take:

1. Avoid mosquito bites, especially at sunset, if you are out at night wear long sleeved clothing and long trousers.
2. Mosquitoes may bite through thin clothing, so spray and insecticide or repellent on them. Insect repellents should also be used on exposed clothing.
3. Spraying insecticides in the room, burning pyrethroid coils and heating insecticide impregnated tablets all help control mosquitoes.
4. If sleeping in an unscreened room, or outdoors, a mosquito net (which should be impregnated with insecticide) is a sensible precaution. Portable, lightweight nets are available.
5. Garlic, vitamin B and ultrasound devices do not prevent bites.

Where the disease occurs:

For those travelling to many of the warmer regions of our world there may be risk of contracting malaria. Each year this parasitic disease causes many deaths both in the tropics and among travellers returning to their home countries. Most of the transmission occurs in tropical Africa (approx 95%), Asia and Central & South America. Travellers need to remember that there is also a mild risk of the disease when visiting parts of North Africa and some parts of the Middle East.

How is the disease transmitted?

In the majority of cases the disease is transmitted to humans through the bite of an infected mosquito. The parasite enters the blood and passes very rapidly into the liver cells.

After an incubation period (usually 1 to 4 weeks) the parasite breaks out of the liver and back into the blood stream. At this stage the infected red blood cell begins to break down and only then does the patient start to develop symptoms (the disease can also be transmitted through blood transfusion, infected needles and from an infected mother to unborn baby). Initially the patient may develop an itchy reaction at the site of the mosquito bite. This is not always present – it depends on the individual's allergic reaction to bites. After the liver phase has passed the patient may go on to develop the classical symptoms of malaria. The individual will usually feel they have flu. It will frequently be difficult to convince them that perhaps malaria is a possibility following their journey.

PART 2 NEXT WEEK...



Dr. Michael O'Doherty,
General Practitioner
and Occupational Health Specialist
The Killarney Medical Centre,
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t: 064-6620628.

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Dr Michael O'Doherty
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Occupational Health



Dr Michael Moloney
Specialises in
Sports & Injury

*Killarney Medical Centre would
like to wish the Kerry football team
best of luck this weekend in the
All Ireland Senior Semi Finals.*



Kerry Team Player James O'Donoghue pictured with
Dr Michael Moloney, Team doctor to Kerry Senior Team
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PICTURED AT THE BREHON HOTEL FOR THE PIETA HOUSE CHEQUE PRESENTATION RESULTING THE DARKNESS INTO LIGHT WALK IN REMEMBRANCE OF THE LATE NATHAN O'CARROLL WERE BACK ROW L-R TADGH GALLIVAN, DENIS O'CARROLL, SHEILA O'DONOGHUE, MARESE KEARNEY, TOM MCEVOY & PAT FREEMAN. FRONT ROW L-R ROSALEEN RANGLES, KEVIN O'DONOGHUE (CHAIRMAN OF THE COMMITTEE), JOAN FREEMAN (PIETA HOUSE), MARIE O'CARROLL & KIERAN BRADY (DIRECTOR OF FINANCE PIETA HOUSE). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PADDY TURNER, KILLARNEY, PICTURED WITH NATHAN CARTER AT THE INEC RECENTLY.



SCHOOL TEACHER, MARIAN FENTON HASN'T FORGOTTEN HER ROOTS WHILE AWAY TEACHING IN QUATAR. MARIAN TOOK TO THE SKIES TO DIVE IN AID OF KERRY MENTAL HEALTH ASSOCIATION. PICTURED HERE WITH JOAN MCCARTHY (SECRETARY KMHA) & PAT O'BRIEN (CHAIR PERSON KMHA) AFTER RAISING €811.00 FOR THE CHARITY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



6 OF KILLARNEY'S YOUNG RIDERS WHO ATTENDED THE IRISH NATIONAL CHAMPIONSHIPS IN BALLYMONEY COUNTY ANTRIM LAST WEEKEND FROM THE LEFT ALLMHE RUSSELL KISSANE, DANIEL LUCEY, SAIBH MURPHY, OISIN O'CONNOR, EGIN PATWELL AND FERGAL MURPHY. PICTURED HERE IN THE GIANTS CAUSEWAY AFTER THE SECOND STAGE OF THE NATIONALS.



KILLARNEY DANCERS PICTURED WITH THEIR TROPHIES FROM THE FLEADH CEOL NA HÉIREANN RECENTLY IN SLIGO. DANCERS ACHIEVED AN ARRAY OF 1ST, 2ND & 3RD PLACES UNDER THEIR TEACHERS TRÍONA MANGAN (2ND FROM LEFT IN PINK), MAIREAD MANGAN (LAST ON RIGHT IN PINK) AND MAUREEN HEGARTY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



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IRON MEN AND WOMEN TESTED TO THEIR LIMITS: KILLARNEY HARDMAN - IRON DISTANCE TRIATHLON

The Iron Athletes took to the calm and beautiful waters of Lough Lein, Killarney, at dawn before embarking on a 180km cycle of the Ring of Kerry. If that wasn't enough, they arrived back to the transition area at the Castlerosse Hotel, after a quick change ran a full marathon of 42.2km in the Killarney National Park...all in one day! Possibly the best setting for any Iron Man in the world.

This is the 4th year of the annual race and is steadily growing in popularity. Race Director, Alan Ryan, Killarney, believes in the personal touch with athletes, and has watched it grow organically. He knows every competitor and their families personally. Speaking after the event Alan remarked "the weather played a big part in the success of the race, the competitors love the challenging course, it belonged to them for the day, the results were astonishing,

Milosz Wojcik from Tralee, is an amazing Athlete to win in a time of 10 hours and 18 minutes is mind blowing, given the terrain of our environs".

At the Prize giving, the following day at a special Sunday brunch at the Castlerosse Hotel, Donal Mangan was on hand on behalf of Dr Patricia Mangan and family from Killarney, to present the overall winner Milosz Wojcik with the 'James Mangan perpetual cup' in recognition for James's love of adventure and triathlon sports. James passed away in 2013, and it was a fitting tribute to have a trophy in his honour. Presenting the main prize winners was guest of honour, former world champion mountain runner, John Lenihan.

The cheer for the day went to Ultra Athlete Paul Gosney, who completed his 'Quin Ironman Triathlon' for the charity BUMBLance. Paul

endured 5 days of what can only be described as torture, he deserves a well earned rest and hopefully plenty of donations. He is the first person in Ireland to complete this challenge, in sometimes very difficult conditions. His supporters and volunteers were there to offer him encouragement and attention throughout the 5 days. Namely, his Wife Kate Gosney, Anthony O'Shea, John C Brennan, Simon O'Shea, Brian Byrnes and staff in Kerry Outdoor Sports.

Hardman Results

Male

Milosz Wojcik: 10:18:25; Michael Buckley: 10:41:26; Colm Watters: 0:53:18

Female

Ruth Deignan: 13:26:41; Nicola O'Loughlin: 14:40:53; Louise Griffin: 14:56:15



DONAL MANGAN, UNCLE OF THE LATE JAMES MANGAN, KILLARNEY, PRESENTING OVERALL WINNER OF THE KILLARNEY HARDMAN TRIATHLON, MILOSZ WOJCIC, TRALEE, WITH THE 'JAMES MANGAN PERPETUAL TROPHY', ALSO INCLUDED IS ALAN RYAN, LEFT, RACE DIRECTOR, KILLARNEY HARDMAN AND GUEST OF HONOUR WORLD MOUNTAIN CHAMPION, JOHN LENIHAN. PHOTO: VALERIE O'SULLIVAN.



THE LOCAL TEAM WHO CAME THIRD IN KILLARNEY HARDMAN RELAY TEAM, PRESENTING RORY O'DONOGHUE, AND MARK BOWE WITH THEIR PRIZE IS GUEST OF HONOUR, FORMER WORLD MOUNTAIN CHAMPION JOHN LENIHAN, ALSO INCLUDED ALAN RYAN, RACE DIRECTOR, KILLARNEY HARDMAN. PHOTO: VALERIE O'SULLIVAN.



DAWN SWIM...ATHLETE COLM WATTERS, FIRST OUT OF THE WATER, COMPETING IN THE KILLARNEY HARDMAN. PHOTO: VALERIE O'SULLIVAN.



ATHLETES COMPETING IN THE KILLARNEY HARDMAN. PHOTO: VALERIE O'SULLIVAN.



FIVE IN A ROW ULTRA MAN PAUL GOSNEY, WHO SUCCESSFULLY COMPLETED A 'QUIN IRONMAN' IN AID OF BUMBLANCE, IS ENCOURAGED ALONG THE RUN BY FELLOW COMPETITOR, AMANDA BRIDGES, WEXFORD TRIATHLON MEMBERS, COMPETING IN THE KILLARNEY HARDMAN. PHOTO: VALERIE O'SULLIVAN.



BEST SUPPORTERS AND COMPETITORS. KILLIAN TIERNEY, CIARA TIERNEY AND AMY NI CHIAR DUBHAIN, TRALEE TRIATHLON CLUB, CHEERING ON COMPETITORS IN THE KILLARNEY HARDMAN. PHOTO: VALERIE O'SULLIVAN.



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YOU STILL HAVE TIME TO APPLY FOR A PLC COURSE AND A COLLEGE GRANT

BY BILLY RYLE



The CAO route isn't always the best one for people to continue in education. Some may not be ready for higher education while others may not have secured a CAO course offer or, perhaps, are unhappy with the offer they received. The PLC route provides an attractive alternative to higher education and has established a niche link between second level and third level. Colleges of Further Education have sprung up throughout the country to offer PLC courses leading to awards at Level 5 (Certificate) and Level 6 (Advanced Certificate) from Quality and Qualifications Ireland (QQI), which has incorporated the functions of the Further Education and Training Awards Council (FETAC).

A PLC course is ideal for a person who has completed the Leaving Certificate and requires further vocational education and training to enhance her/his prospects of employment or progression to other studies. A PLC course is perfect for a mature student, who may not have completed the senior cycle but is considered to have the necessary competencies to benefit from the programme. It's also tailor made for a student who has completed the Leaving Certificate Applied (LCA) programme or who didn't achieve sufficient points in the Leaving Certificate for entry to a CAO course

PLC courses are full time, mainly one year, programmes of general skills education, vocational training and work experience. The courses are an end in themselves, leading directly to employment in many cases. Increasingly, they are utilised as an alternative entry route to third level education. This year, more than 15,000 applications to the CAO were from students who hold a PLC qualification. This is a very healthy development as it provides young and not so young people, with an alternative route into third level. Another attraction of PLC courses is their availability nationwide at nominal cost in Colleges of Further Education. The PLC courses cover an extensive range of options in areas such as Business and Secretarial Skills, Computer Skills, Art, Craft and Design, Multi-Media, Child and Community Care, Sport and Leisure, Tourism and Catering, Theatre and Drama.

Through the higher education links scheme (HELs), the PLC courses provide an alternative route into CAO courses. This year, over forty higher education institutions including universities, institutes of technology and private colleges are offering a variety of courses to PLC graduates. Entry is based on a scoring system for PLC awards achieved at Level 5 and Level 6 on the National Framework of Qualifications (NFQ). Full details about the scoring system are available on the QQI, www.qqi.ie and FETAC websites, www.fetac.ie/learners/hels.

Unlike the CAO, there isn't a centralised application system for PLC courses. Each PLC college looks after its own application process. Entry requirements normally consist of Leaving Certificate standard of education and satisfactory performance at interview. Mature applications are assessed on their life's experiences. PLC colleges usually accept applications from early spring but they will still accept applications for any courses that have vacancies. Contact your local PLC course provider or access all the relevant information on www.qualifax.ie.

PLC students have the same entitlement to funding as third level students. Applications for student grants are processed by Student Universal Support Ireland (SUSI), the new single awarding authority for all new grant applications. Apply to SUSI through www.studentfinance.ie or www.susi.ie.

The punitive budgetary cuts in eligibility criteria and value of the maintenance grant during the past few years is making life very difficult for college students and their parents. To qualify for a full grant the gross family income must be less than €39,875. The value of the non-adjacent (more than 45km from college) grant is as low as €3025 while the adjacent (less than 45km from college) grant is now as little as €1215. Grants are paid into a recipient's bank account in nine equal monthly instalments. In addition, the student contribution has increased to a staggering €2750 this year. It's a far cry from the pledge given by Ruairi Quinn before the 2011 general election to retain the student contribution at €1500. Mr Quinn recently fell on his sword and it remains to be seen if his successor, Jan O'Sullivan has the bottle to honour her predecessor's pledge. The closing date for grant applications to SUSI was 1st August but applications are still being accepted online.

As the 2014 Leaving Cert cohort moves on, schools reopen to prepare for the next cycle of exams. In the next article, I'll explain how good planning and consistent work will lead to exam success in 2015

Billy Ryle is a Career Guidance Counsellor and freelance writer.

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**One of our Students
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2 Students got 610 points
2 Students got 605 points**

- :: 23 % of our students got over 500 points
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Name	Points 2013	Points 2014	Increase
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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Wind Turbine Maintenance Technician Course (TR06R) – Tralee
 This course is designed to provide the wind turbine industry with personnel who have the technical knowledge and skills to service and maintain large scale commercial wind turbines. It's aimed at skilled crafts persons who hold a recognised electrical or mechanical trade qualification and have a number of years hands-on practical experience in one of the related areas. **Start Date:** 29th September 2014. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53).

Interactive Media (TR351) – Tralee Training Centre.
 This course covers design, digital imaging, photography, sound, video, digital publishing and media project management. The emphasis is on project-led, hands-on practical training. The majority of your time will be spent developing practical skills while undertaking an extensive range of project work. You will also work as part of a production team and regularly produce media content to a deadline for real-world clients. **Start Date:** 1st September 2014. **Duration:** 49 weeks. **Certification:** City & Guilds Level 3 Diploma.

Media Techniques – Radio Course (ET283) – Tralee.
 This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 8th September 2014. **Duration:** 42 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Manual & Computerised Payroll and Bookkeeping (ET025) – Castleisland.
 This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. It's designed for people with no prior experience in the topics. **Start Date:** 8th September 2014. **Duration:** 10 weeks. **Certification:** FETAC Level 5 Component Certificates in Bookkeeping Manual and Computerised and Payroll Manual and Computerised.

Accounting Technician of Ireland – First Year Course (ET214) – Tralee.
 This course is accredited by the Accounting Technicians of Ireland, and it comprises year one of the two year Diploma for Accounting Technicians qualification. The course is designed to provide participants with a solid grounding in business and a strong foundation in accountancy. It covers Financial Accounting, Taxation, Law & Ethics and Business Management. **Start Date:** 15th September. **Duration:** 42 weeks. **Certification:** First Year Certificate for Accounting Technicians.

Accounting Technician of Ireland – Second Year Course (ET21R) – Tralee.
 This course is accredited by the Accounting Technicians of Ireland, and it comprises year two of the two year Diploma for Accounting Technicians qualification. Applicants must have achieved a pass in at least 3 subjects in the First Year Accounting Technicians Ireland course, including both Financial Accounting and Taxation. Year two covers Advanced Financial Accounting, Advanced Taxation, Management Accounting and Integrated Accounting Systems (IAS). **Start Date:** 15th September. **Duration:** 39 weeks. **Certification:** The Diploma for Accounting Technicians is awarded on successful completion of all first and second year modules plus two years relevant work experience.

Web Design with Adobe Dreamweaver Course (ETr87) – Tralee.
 This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites. **Start Dates:** 29th September 2014. **Duration:** 17 weeks. **Certification:** Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Surf Instructor and Beach Lifeguard Course (ET123) – County Kerry.
 The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 29th September 2014. **Duration:** 25 weeks. **Certification:** Surfing Skills Instructor Level 1 – Irish Surf Association (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

Reception and Clerical Skills (ET0N1) – Killarney.
 If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you. **Start Date:** 17th October 2014. **Duration:** 15 weeks. **Certification:** FETAC Level 5 Component Certificates in: Information and Administration, Word Processing, and Customer Service.

To apply or get further information on any of the above courses please contact
Kerry ETB Training Centre,
 Monavalley Industrial Estate, Tralee,
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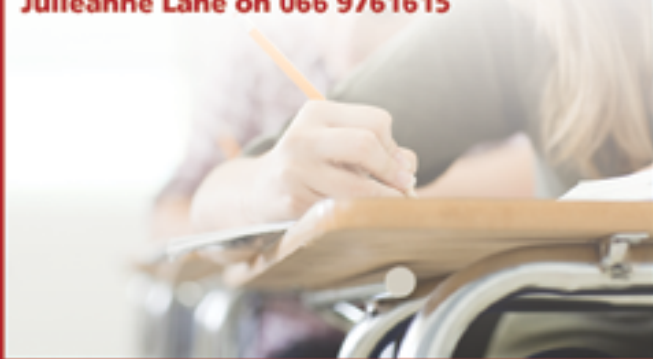
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Full details and application forms for the Tom McBride Bursary can be got through the SKDP website www.southkerry.ie or by phoning **Julianne Lane on 066 9761615**



CLOSING DATE for receipt of Completed Application Forms is 5pm on FRIDAY 12th SEPTEMBER

FOSSA NEWS

FOSSA GAA: FOSSA LOTTO: Draw took place on Monday August 25h, see Fossa facebook page for results.

Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, Foley's Spar shop Fossa, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night August 31st 2014 at the Golden Nugget Fossa at 11p.m.

FIXTURES: Monthly meeting: Next monthly meeting of Fossa GAA Club takes place on Thursday next September 4th at 9:00pm.

FUNDRAISING SPINATHON: Brendan Heffernan's family, friends and team mates from Workmen's Rowing Club are organising a fundraising spinathon in his memory as his first anniversary approaches. It will take place on Sunday 31st August at Market Cross Killarney

from 1 to 9pm, with a street collection in aid of the Kerry Hospice Foundation. Please come along and offer your support. If you would like to help with the street collection please contact brendanssistercaitrona@gmail.com

FOSSA COMMUNITY GAMES: The mighty Fossa under 10 Gaelic Football team have won silver in the All Ireland competition at Athlone this past weekend. They won two out of their three games against the best in the country, and actually beat gold medal winners Clann na Gael of Roscommon in their head to head on Sunday morning on a score of 3-06 to 3-04. Their only loss was in their opening game v Clane of Kildare on Friday evening by 2 points 1-06 to 1-04. On Saturday they met Monaghan town and raced into a 3-09 to 0-03 lead by half time. However Monaghan stormed back

in the second half and Fossa just held on by 3-11 to 3-09. Well done to all the girls and boys and their mentors Kieran, Mossie, John, and Damien.

KILLARNEY LIBRARY: Killarney Library will host an exhibition entitled "Eamon Kelly Remembered" from Saturday 6th to Saturday 13th September. On Thursday 11th a lecture on the importance and influence of Eamon Kelly's works will also take place along with a performance of works. Free admission. All welcome.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at genemoriarty2014@gmail.com Please forward information on or before Sunday at 10:30am.

RATHMORE /GNEEVEGUILLA NEWS

By Michael O'Mahony

THE SLIABH LUACHRA CYCLING CLUB hosts it's second tour of Sliabh Luachra on Saturday August 30th over 65/90/110KM distances. The event was hosted for the first time last year and is in memory of Paud O'Leary and Willie Reen. Proceeds support the Rathmore branch of friends of Children of Chernobyl and the Cork Simon community.

Registration is €20 for Cycling Ireland members and €25 for non- cycling Ireland members. Online registration is available on sliabhluchracyclingclub.com The cycle departs from Teach Isagain. Rathmore. On Saturday. August 30 at 9.00am.

Sliabh Luachra Cycling Club is hosting a Family Run/Walk/Cycle on Friday evening the 29th August at 7p.m. at Teach Isogáin, Rathmore.

This is in conjunction with the Tour of Sliabh Luachra (cycle event) in memory of Willie Reen and Paud O'Leary which will take place on Saturday 30th August. All proceeds in aid of the Rathmore Branch of Friends of Children of Chernobyl and the Cork Simon Community. Cost - €5 per person or €10 per family.

KILLARNEY LIBRARY will host an exhibition entitled "Eamon Kelly Remembered" from Saturday 6th to Saturday 13th September. On Thursday 11th a lecture on the importance and

influence of Eamon Kelly's works will also take place along with a performance of works. Free admission. All welcome.

EUROPEAN- WORLD TRIATHLON

FUNDRAISER: Declan O'Donoghue of Beheenagh Headford has qualified to represent Ireland in the European and World Triathlons 2015. He is currently fundraising by selling raffle tickets with fantastic prizes such as 2 All Ireland Tickets, Hotel stays and dinners in Killarney. Tickets cost 5 Euro and can be bought in Mc Carthys Londis Rathmore and Costcutters Barraduff.

ALL IRELAND BASKETBALL WINNING

TEAM OF 1989: On Friday night August 29th in the Dromhall Hotel at 8.30pm the All Ireland Basketball Winning Team of 1989 are meeting to acknowledge Noel O'Connor and his work. This is a great opportunity for anyone who was coached by Noel to meet and thank him. Everyone is welcome.

SLIABH LUACHRA RAMBLING HOUSE,

Scartaglin are celebrating Heritage Week at the Heritage Centre on August 28th at 8.30pm. A Concert featuring some of the finest traditional Sliabh Luachra Musicians, Singers, Dancers, Storytellers, Folklorists and entertainers as part of the Sliabh Luachra music trail. Admission

€10.

ROSE OF TRALEE 2014: Congratulations to Rathmore/ Kerry Rose, clounts Mary Hickey who did kerry & Rathmore proud in Rose of Tralee who put Sliabh Luachra & Rathmore in Map. We were all proud of Mary inRathmore. they was great interested with Mary involvement we hope that other girls will enter kerry Rose selection next year or near future of course Mary still kerry Rose until May 2015. Will have many Eingament from now to Next May We also wish Congratulation Rose Bud Emily Reddington Shinnagh upper. Who was Was twinned with DERBY Rose AOIFE BRODERICK we hope both Emily & Mary had Enjoyment week. If they any girls in parish that want to be come Rose Further Infomation contact Rose of Tralee office 0667121322. Or email: info@roseoftralee.ie www.RoseofTralee.ie I am sure that Mary will give support and help if needed. And if there are any young girls who want to be rosebud or any man wants to be an escort contact same number above.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (michaellomahony@eircom.net) or ring or text 087-6676817 before 6:00 on Sunday.

GLENFLESK NEWS

WITH DONAL KELLY

GAA LOTTO: The next club lotto draw will be held on Sunday the 31st of August 2014, in the Spillanes, Jackpot: €4,800. Tickets available: on request, in local shops and bars. If you have difficulties purchasing a ticket contact Jimmy O'Shea 085 1741219 or Denis O'Donoghue at 087 2257915.

GLENFLESK COMMUNITY GAMES: Well done to all the competitors from Glenflesk who took part in the Community Games finals in Athlone over the past two weekends. There were medals all round last weekend Congratulations to the U11 project team of Sinead Gleeson, Eabha Healy and Caoimhe O'Sullivan who won silver medals, and also to the U10 soccer team

of Evan Lucey, Jamie Moynihan, Luke Crowley, Ben Switzer, Dara O'Connor, Gearoid Healy, Stephen Moynihan and Callum Cronin who made it through to the final and also won silver medals.

CROKE PARK: Well done to the Glenflesk senior set-dancers who performed at half-time in Croke Park last weekend.

GLENFLESK COMHALTAS: Congratulations to our Ceili dancers who were successful in Fleadh Cheoil na hEireann in Sligo recently. The mixed u12 four-hand, mixed u12 eight-hand and our senior ladies four-hand all won gold, while the U15 eight-hand and U18 eight-hand both won silver. A special word of thanks to our dancing

teachers Norrie Sheahan and Aine Murphy who worked hard with all the dancers over the summer and travelled to Sligo with them.

GLENFLESK AG RITH: Best of luck to all those heading to Dingle this weekend for the Dingle Marathon.

BARRADUFF NS: will re-open on Monday September 1st.

RAHEEN NS: Congratulations to Sheila Warren who had the winning lotto number 44 on Saturday 23rd of August.

CONTACT: We welcome items of local interest. Contact PRO Donal 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 10pm Sunday.

GARDENING OUTLOOK

with John O'Sullivan

GARDEN MAINTENANCE IN AUGUST

It is important at this time of year to do some pruning in the garden. Climbers such as wisteria and pyracantha should be pruned back now after flowering. Rambling roses can also be pruned back if they too have finished flowering. Shrubs like hebes should be given a light pruning at this time of year as the flowers are fading in them. You can also give your hedges a final trim until next year as they will be putting on very little growth from now on. Don't go too hard especially with coniferous hedges as that would leave them with dead looking patches for the winter. Also the time is right to deadhead your roses as this will keep them flowering into early autumn. Roses that aren't looking too good now and have lost some of their foliage can be cut back a bit further to encourage new growth.

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One way to strengthen your own enthusiasm muscle is to take the smallest things in your life and make them magnificent. Notice how extraordinary the ordinary every day things are. The morning cup of tea tastes so delicious, the smell of rain on gravel, the laugh of a child, the warmth of a roaring log fire. Remind yourself how fortunate you are to do the things you do. We always pine for these things when we can't have them or aren't well enough to enjoy them. Love them NOW with every heartbeat of your soul and pass this energy on to others in every way that you can!

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KILCUMMIN NEWS



THE KILCUMMIN GAA CLUB ARE HOLDING AN ICE BUCKET CHALLENGE IN ASSOCIATION WITH THE FRIENDS OF KERRY MOTOR NEURONE ASSOCIATION. THIS WILL BE HELD AT THE CLUBHOUSE ON NEXT SUNDAY EVENING 31ST AUGUST AT 7PM WITH ALL FUNDS RAISED GOING TO THE ASSOCIATION. WE HAVE LINED UP SOME KERRY SENIOR TEAM PLAYERS, SOME WELL KNOWN EAST KERRY REFEREES, LOCAL MENTORS, SENIOR CLUB LADIES, AND MENS TEAM PLAYERS. COME ALONG AND SUPPORT A GOOD CAUSE AND ENJOY A FUN EVENING. PHOTO. L. TO R. KEVIN GORMAN, CHRISTY LEHANE FRIENDS OF KERRY MOTOR NEURONE, LOUISE MCGILLICUDDY, WILLIE FLEMING CLUB CHAIRMAN, KATHLEEN RYAN, SHANE O CALLAGHAN, D.J. FLEMING.

KILCUMMIN I.C.A.: The monthly meeting of the field will be held on Wednesday 3rd Sept at 8pm in the Rural Development office. All ladies welcome.

KILCUMMIN COMHALTAS: Kilcummin Comhaltas wishes to congratulate all branch members who took part in the All Ireland Fleadh Cheoil especially those who arrived home with medals: Shauna O'Leary 3rd 12-15 English singing, Under 12 four hand 2nd, 15-18 Half set 1st and the Over 35 full set 1st. Congratulations also to the senior Raecaol set who came 2nd. Thanks also to everyone who made the home coming night of celebration at the GAA Klub a very enjoyable one.

THANK YOU: The parents and the competitors of the All Ireland Fleadh would like to thank all those who supported them in their recent fundraising. We thank Marion and the staff at the Village Inn for facilitating our Friday night fundraiser, all those who brought tickets or donated spot prizes, baked or donated to the bake sale and the GAA for their contribution.

PARENT AND TODDLER GROUP: Parent and Toddler group is starting back the 1st September in the Recreational Hall every Monday from 10.30am to 12.30pm. All parents, grandparents and child-minders with baby and toddlers are welcome to come along and enjoy the morning. Contact Alma on 087-6619659

VACANCIES: A number of vacancies are currently available in the Kilcummin Rural Development. C.E. Scheme. They include office administrator and general maintenance/caretaker. These positions are a development opportunity and no experience is necessary. Accredited training will be provided to support your career. C.E. eligibility applies. To apply

please forward C.V. for the attention of the supervisor to the Rural Development Office by post or email to info@kilcumminparish.com

ANABLA NATIONAL SCHOOL FAMILY FUN DAY AND RAFFLE: Anabla National School Family Fun Day and Raffle on 7th September 2014, 2pm to 6pm at the School Grounds. Lots of fun on the day, bouncing castles, obstacle course, fun sport events, inflatable soccer pitch and bumper balls, inflatable speed cage and radar, raffle, cake sale, barbecue, kids karaoke, face painting and lots more. Great prizes on the day.

BUS TO KNOCK: Grandparent's Day in Knock Sunday 14th September €75pp includes luxury coach, expert driver/guide, Tea/Coffee and scones plus a 3 course evening meal. To book your seat or for further details please contact 064 - 6631095

KILLARNEY LIBRARY: Killarney Library will host an exhibition entitled "Eamon Kelly Remember" from Saturday 6th to Saturday 13th September. On Thursday 11th a lecture on the importance and influence of Eamon Kelly's works will also take place along with a performance of works. Free admission. All welcome.

KILCUMMIN GAA: GAA Juvenile Academy continues on Saturdays at 10:30am, new players welcome. Under 10 hurlers will take part in the Muckcross hurling tournament on 29 August at the Dr Crokes grounds commencing at 5.30pm. The final is scheduled for the 31 August in Muckcross traditional farms.

ICE BUCKET CHALLENGE FUND RAISER IN GAA CLUB: Come along to our Clubhouse on Sunday August 31st at 7pm for our ice bucket challenge in association with the Kerry Friends of Motor Neurone. Watch some Kerry senior players, local referees and club members being

dunked for a great cause. Hope to see you all there for a fun evening. All funds raised on the evening are in aid of Kerry Friends of Motor Neurone.

COMMUNITY GAMES: Brilliant news for Kilcummin Community Games this weekend as Shauna O'Leary achieved the gold medal in the All-Ireland U14 solo-singing final in Athlone. All-Ireland medals are never easily won and having achieved gold in the Kerry finals in the Spring, young Shauna went forward to represent her Parish and County in this most competitive of events and she did so in style. Calm and relaxed, Shauna gave a perfect rendition and emerged with the Gold medal for Kilcummin and Kerry. Well done Shauna, heartiest congratulations to you, your parents Sheila & Seanie and to all your family.

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 22nd August. Numbers drawn were 7,9,20 & 23. Consolation prizes were €100 Eileen O'Connell, 2 Park View, Farranfore €60 Brendan Dunphy, The Bodhrán, Ballinagore, Westmeath. €30 Kat/Aubrey O'Connor O'Leary, Cullen, Co Cork. €30 Trina Abbey Mai O'Sullivan, The Village Inn €30 Katie O'Leary, Mastergeeha, Kilcummin Draw every Friday night in the Village Inn, Kilcummin. Jackpot now €13,650

SCHOOLBOYS & GIRLS TRAINING: In preparation for the commencement of the new underage season training starts for schoolboys and schoolgirls teams shortly. For further information contact: Tadhg Brosnan: Ph. 086-4098405. Underage Registration - Friday 29th August between 6-7 for all ages.

NEW SEASON TRAINING: Seniors - Training for the new season will continue on Tuesdays and Fridays at 7.30 pm in Kilbrean Park. All new players welcome.

UNDERAGE REGISTRATION: Registration for underage will take place on Friday 29th August between 6-7pm for all ages.

KILBREAN CUP: Kilbrean Park, home of Mastergeeha FC was definitely the place to be last Saturday & Sunday, as teams from Galway, Cork, Limerick and Kerry competed for the Kilbrean Cup & Shield 2014. On Saturday the group stages were played with the playoffs and the finals decided on Sunday. Many thanks to all that helped to make this pre-season tournament a great success. Well done to Maurice Guilfoyle for the excellent organization and running of event.

COACHES - VOLUNTEERS: Anybody interested in volunteering, coaching, managing or helping out with the club or a team for the forthcoming season please contact 086-4098405.

BEAUFORT NEWS

COMMUNITY GAMES: Well done to Thomas Healy and Fiona Doyle who competed in the national finals in Athlone last weekend. Thomas took part in the u8 80 m. He qualified for the B finals where he got a silver medal. Congratulations to Thomas as this was his first national final in the Community games.

Fiona competed in the u14 800m. Fiona ran a fantastic race taking the lead in the last 50m to take the gold medal. Well done to Fiona and Thomas. Well done also to Liam Carey who was a former community games athlete who played with the Kerry minors in Croke Park last week.

SPRINGTIME CELEBRATIONS: Special

celebrations to mark the 65th Anniversary of the founding of St. Pary's Pioneer Centre will take place in the Parish in the New Year. Pioneers and friends from far and near will celebrate this great milestone. People who are due Gold or Silver Pins or who may have left the Parish may contact (064) 6644319 for details.



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 <p>09 Nissan Qashqai Acenta model, 1 owner, 8.8k, 1.300k</p>	 <p>10 Ford Galaxy 2.0i, Titanium, 104,000k, 4.5k, full service history, 2010</p>	 <p>11 Ford Mondeo 1.6i, Titanium, 8.8k, 10,000k, 1 owner, full service history</p>	 <p>10 Citroen C4 Grand Picasso 20k miles, 1.6iSD Plus, 1 owner</p>

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12 Hyundai IX 2.0 1.4 CRDi 69 klm

11 Ford Focus 1.6 TDCi, 44k

11 Ford Mondeo 2.0L, Zetec, 1 owner, full Ford S/H

11 Kia Ceed S.W. Manufacturers warranty to 2017

11 Audi A4 2.0TDI, Black

11 Peugeot 5008 1.6 HDI 7 Seater

10 Ford Focus 1.6 TDCi, sports, sat nav, bluetooth, alloys, fogs, 83k, full Ford S/H

10 Ford Galaxy 2.0, Titanium, Full Ford S/H, 80k

10 Kia Ceed Sports Wagon 1.6 CRDi, Silver

09 Nissan Qashqai Acenta

09 Ford Focus 1.6 TDCi, Titanium, 97k

09 Ford Focus 1.6 TDCi, Titanium, Full Ford S/H

09 Kia Procee 1.6, Alloys, Fogs, 3dr H/B

08 Audi A4 2.0TDI, silver, full Audi Service History

08 Citroen C4 Grand Picasso 7 seater, 1.6 VTR Plus

07 Ford Focus 1.6 TDCi

07 Renault Megane Scenic 2yr Test

06 VW Passat 1.9 TDCi, Black, NCT Tested

06 Citroen C5 1.6 HDi, 106k, 1yr Test

05 Ford Focus 1.6 TDCi

04 Citroen Picasso 1.6 HDi, 138k miles

04 Opel Zafira 1.7 Dsl, 1yr Test

03 Citroen C3 1.4 Dsl

03 Skoda Octavia 1.9 TDi, silver, 1 owner

CARS

12 Ford Fiesta 1.2

09 Toyota Yaris 90k miles, black

08 Toyota Corolla 1.4, 70 kmls, Black

07 Renault Megane Cabriolet 1.6, full leather

07 Nissan Almera 1.5 SXE, alloys, air con

07 Renault Megane Full Leather

05 Suzuki Liana NCT Tested

05 V.W Golf 1.4 Comfort Line

04 Opel Zafira 1.6 Club, 7 seater, 1 owner, €2,700

03 Honda Civic 1.4 H.B Black

03 Toyota Avenis Alloys, Fogs, As New

COMMERCIAL

13 Citroen Berlingo 1.6 HDi, 34k, sliding door

11 Citroen Dispatch Choice White or Black

11 Citroen Berlingo 3str, 55k, full service history

11 Citroen Berlingo Full service history

11 Citroen Dispatch

09 Opel Combi Van 90kml

08 Opel Combi 1.3 CDTi

05 Mitsubishi Pajero Sport Silver, 2.5, very clean

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RSA REVEAL KERRY ROAD DEATHS & INJURIES

New research from the Road Safety Authority (RSA) has revealed that three children (0-14 years old) were killed and 12 children were seriously injured on Kerry roads in the period 2006 to 2012. This report was published as the RSA and Electric Ireland teamed up for the fifth year running to distribute 85,500 high visibility vests to every child starting school this year. The vests will be included in the RSA's 'Back to School' road safety packs which will be sent to primary schools nationwide over the coming months. The Road Safety Authority (RSA) and Electric Ireland are urging parents, guardians and teachers to make road safety a priority as 13 children under the age of 14 have died in the first eight months of the year on Irish roads. The report on child casualties between 1997-2012 also found that of the child passenger fatalities in this period, 1 in 3 was not wearing a seatbelt or a child restraint. Thereport also showed that:

* 262 children were killed and 1115 were seriously injured on Irish roads between 1997 and 2012.

* Child fatalities decreased by 89% in the period 1997 to 2012 with a 42% reduction in serious injuries, a 73% reduction in pedestrian fatalities, a 100% reduction in cyclist fatalities and an 100% reduction in child passenger fatalities.

* 44% of children who were killed in the period from 1997 to 2012 were pedestrians.

* 42% of children who were killed or seriously injured between 1997 and 2012 were passengers in a car.

* 59% of children killed in this period were male.

* Peak time for children to be killed on the road is between 4:00pm and 5:59pm when 27% of children lost their lives, and during the summer months April to August when half (51%) of children were killed.

The 'Back to School' campaign and other Road

Safety Authority Educational Initiatives The 'Back to School' Pack for Primary Schools, delivery of which will begin in September, contains:

- A high visibility vest for every child starting school in partnership with Electric Ireland which will be delivered at the end of September to coincide with the clocks going back;
- 'Going to School' leaflets for junior infants entering education. This is a parent's guide to getting children to school safely;
- A 'Safe Cross Code' promotional pack including a CD of the song and a poster with the words of the 'Safe Cross Code' song and dance to be taught in the classroom;
- The 'Educational News' newsletter;

NEXT WEEK:
BACK TO SCHOOL' ADVICE.

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142 Golf 1.6TDI Trendline Limestone Grey Met



142 Touran 1.6TDI Trendline Grey Met



142 Tiguan 2.0TDI Sport & Style incl. Panoramic S/R & Styling Pack Titanium Beige Met



142 Polo 1.0 Trendline Silver Met



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142 PRE REG VOLKSWAGENS NO MILEAGE Huge Savings

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142 Passat 1.6TDI Trendline	Silver
142 Jetta 1.6TDI Trendline	Black Met
142 Jetta 1.6TDI Comfortline Silver Met Choice	
142 Jetta 1.6TDI Comfortline Platinum Grey Met	
142 Jetta 1.6TDI Comfortline	Black Met
142 Golf 1.6TDI Trendline Limestone Grey Met	
142 Touran 1.6TDI Trendline	Grey Met
142 Tiguan 2.0TDI Sport & Style Incl. Panoramic Sun Roof & Styling Pack	Titanium Beige Met
142 Polo 1.0 Trendline	Silver Met

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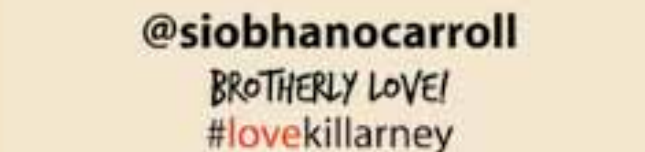
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ON AND OFF BUS! #lovekillarney
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them is on a #mountain #bike with
#Lucky #swimming #next to #you
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HOME SECURITY CHECKLIST CHALLENGE

Burglars like easy opportunities. If they have to make a lot of noise, spend a lot of time or risk being seen, the chances are they won't bother. A good rule of thumb is the 3 minute delay test. If you can deny entry for 3 minutes or more – chances are the burglars will go elsewhere. Complete this simple home security survey to determine how well your home is secured against burglary. Ignore questions not relevant to your own home.

Remember, every NO answer is a threat to your home security.

DOORS AND WINDOWS

- 1 Are all your external doors properly fitted and equipped with appropriate secure locking systems? (i.e. 5-lever mortice locks for wooden doors, multi-point locking for uPVC doors etc.)
- 2 If you have glass panelled doors – are they reinforced in some way so that they cannot be shattered?
- 3 Have you a wide-angled viewer in your front/main entrance doors or other means of viewing callers?
- 4 Do you have a door chain / limiter fitted and do you use it?

- 5 Since moving into your home (where there may have been a previous occupier) have you had the locks changed?
- 6 Are your spare keys kept with a trusted neighbour and never left under an external mat, flower pot etc.
- 7 Do you lock your external doors when away from home, no matter how short a time?
- 8 Do you lock the doors out of your view when working in the garden / yard?
- 9 Have you installed an additional lock(s) to your sliding glass / patio doors?
- 10 Can you close and lock your garage / outhouse doors?
- 11 Are the garage / outhouse doors protected with quality locks or deadbolts?
- 12 Do you close and lock your garage / outhouse doors?
- 13 Are all your windows secure?
- 14 Can the window openings be restricted for ventilation?
- 15 Do you check to see if all windows are secured when you leave your home?

GENERAL SECURITY:

- 1 Do you ask for identification before allowing

unknown servicemen / callers into your home?

- Do you avoid leaving cash at home?
- 3 Have you automatic timers on some lights when your house is vacant?
- 4 Does your home always look like someone is at home?
- 5 Have you recorded serial numbers of your valuables?
- 6 Have you, for identification purposes, photographed your valuables especially items for which you have no serial numbers such as jewellery, china, crystal, paintings, antiques etc?
- 7 Are your car / house keys kept in a location not visible from the outside?





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HOW TO BEAT THE BURGLAR.....

Whether a thief strikes because an opportunity like an open window presents itself, or the premises is picked out and targeted with knowledge that valuables are stored within, make the task as awkward and inconvenient as possible for the culprit. Start with the perimeter boundary around your property. There are various alarm and intrusion detection systems for this; the cost has reduced in recent years. The location dictates the best systems, from Cameras to Photoelectric Beam detectors to electric gates. Thieves like seclusion, for this reason most entry points are at the rear of buildings, consider lighting up dark spots. Keep cash to a minimum in the house. Remember if possible not let items such as trailers /lawn mowers etc. visible from the public road, and also don't forget we are living in the age of internet satellite maps. Never let tools which could be used as house breaking implements outside. Items like large screwdrivers and nail bars are a

favourite. There are GPS tracking Units available for



Automobiles, Trailers, Pedal Bikes etc. these can pinpoint your property if stolen. The modern car is very hard to steal these days so it has become easier for the thief to break into your house and take the car keys. remember this, also remember oil is being stolen from home heating tanks to Plant Machinery. Be very careful when entertaining door to door sales people this can be a cover for gathering information and theft. Look out for your neighbours and if possible set up a text alert system these are very successful, Most importantly your health is your wealth, call the Gardai immediately if you are being robbed don't get hurt tackling a burglar yourself.

SEPTEMBER IS NATIONAL CHIPPING MONTH!

Dogs Trust are offering free chipping for the month of September, through participating vets Nationwide.

1. **What is a microchip?** A microchip is a small electronic device, which is the size of a grain of rice.

2. **How is the microchip implanted?** Using a specially designed implanting device the microchip is injected through a sterile needle under the dog's skin.

3. **Where is the microchip implanted?** In dogs, the microchip is implanted under the skin, between the shoulder blades.

4. **Does it hurt?** No anaesthetic is required and the procedure should cause no more discomfort than a standard vaccination.

5. **How does the microchip stay in place?** Once the microchip has been inserted, the dog's body tissue surrounding the microchip attaches itself, preventing movement of the chip.

6. **Could my dog be allergic to the microchip?** The microchip is inert and biocompatible. There is virtually no chance of the body developing an allergy.

7. **How does the microchip work?** The computer memory in

the microchip contains a unique 15 digit number - no two dogs will ever get the same number. Apart from the number the chip contains no other information.

8. **Who has a scanner?** These can be found at most veterinary practices, Local Authorities and animal welfare groups. Local Authorities and animal welfare groups use scanners to check stray dogs to see if they have been microchipped.

9. **How are the owners traced?** If a dog is found to have a microchip, the Local Authority, vet or animal welfare organisation contacts a national database to find the owner's details.

10. **Where can I get my dog microchipped?** You can get your dog microchipped at Abbey Veterinary Tralee.

11. **How much does it usually cost?** You can expect to pay €20-€50 to have your dog microchipped at the vet.

12. **How long does a microchip last?** Once injected under the skin of your dog, the microchip becomes encased by a thin layer of protein which anchors it in place for the rest of the life of your pet.



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EVENING CLINICS 6-7pm or telephone for appointment.



SouthWest Counselling Centre

TRANSITION FROM PRIMARY TO SECONDARY SCHOOL WHAT CAN PARENTS DO?

The transition from primary to secondary school can be a difficult one for many children. The change from being the most senior student to suddenly becoming a junior again may bring many challenges for your child. They are leaving behind a familiar world and entering a whole new domain with new teachers, subjects, classrooms, class mates, an increased workload and a longer day. As this change also tends to coincide with the onset of puberty, is it any wonder that it can be so daunting for your child? This can also be a difficult time for parents. The school day is longer and your child will be taking on more subjects. Some of these subjects are ones you may not be familiar with which may mean you won't be able to help out with homework. There are also more teachers involved in your child's schooling. Your child's social circle is widening and you may not know who their friends are.

As your child moves through this transition, your job as parent is to support them to negotiate the challenges posed. First and foremost it is important not to pass on your own fears to your child. Remember, children are extremely resilient and adaptable and before long these new surroundings will be familiar and comfortable for them. When talking to your child about the expected transition let them know that you have trust and confidence in their ability to master these changes. Tell them about your own experiences and ways that helped you to cope. Talk to them about the change in routine and the possible change of classroom and teacher every 40 minutes. To make this transition as smooth as possible, particularly in the early days, try to be as supportive and encouraging as possible. Ensure they eat well, sleep well and stay tuned for any signs of distress or difficulty. Listen to them when they relay stories from school and show an active interest in their friendships, the school, their teachers, their activities and their subjects.

As parents, we can often feel a little helpless – our role is to be supportive, interested and encouraging. Always keep the lines of communication open and if you have any concerns please contact the school. No one knows your child better than you. As your child moves through their teens remember they are involved in a major life change. Your job as a parent is to nurture their confidence and enable them to become well-adjusted and fully functioning adults. If you are struggling with any aspect of parenting your teen, **SouthWest Counselling Centre** will run an 8 week parenting course on **Parenting You Teen** – beginning Weds Oct 1st. Call **064 6636416** to book your place.

Next week we will focus on what young people can do to help make this transition easier.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre**. info@southwestcounselling.ie. **Kerry LifeLine** provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call **064 6636416**.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

OUTLOOK RECIPES

CALLING ALL FOODIES...

If cooking is your passion and you have a signature dish that you would like to share with everyone... why not email us the recipe and a picture of the finished gourmet delight and we will publish it along with your details in our new weekly foodie column. All details can be sent to editorial@outlookmags.com by Mondays at 5pm - and if you would like to drop a sample into our High Street offices - we won't say no to that!

Chocolate Fondant with a hint of Orange

Submitted by Kate O'Leary, Killarney.

Ingredients

- 50g melted butter, for brushing
- cocoa powder, for dusting
- 200g good-quality dark chocolate, chopped into small pieces
- 200g butter, in small pieces
- 200g golden caster sugar
- 4 eggs and 4 yolks
- 200g plain flour
- Orange zest



Method

- First get your moulds ready. Using upward strokes, brush the melted butter all over the inside of the pudding mould. Place the mould in the fridge or freezer. Brush more melted butter over the chilled butter, then add a good spoonful of cocoa powder into the mould. Tap the mould so the powder completely coats the butter. Tap any excess cocoa back into the jar, then repeat with 1 the next mould.
- Place a bowl over a pan of barely simmering water, then slowly melt the chocolate and butter together. Remove bowl from the heat and stir until smooth. Leave to cool for about 10 min.
- In a separate bowl whisk the eggs and yolks together with the sugar until thick and pale and the whisk leaves a trail; use an electric whisk if you want. Sift the flour into the eggs, then beat together.
- Pour the melted chocolate into the egg mixture in thirds, beating well between each addition, until all the chocolate is added and the mixture is completely combined to a loose cake batter, add orange zest.
- Tip the fondant batter into a jug, then evenly divide between the moulds. The fondants can now be frozen for up to a month and cooked from frozen. Chill for at least 20 mins or up to the night before. To bake from frozen, simply carry on as stated, adding 5 mins more to the cooking time.
- Heat oven to 200C/fan 180C/gas 6. Place the fondants on a baking tray, then cook for 10-12 mins until the tops have formed a crust and they are starting to come away from the sides of their moulds. Remove from the oven, then leave to sit for 1 min before turning out.

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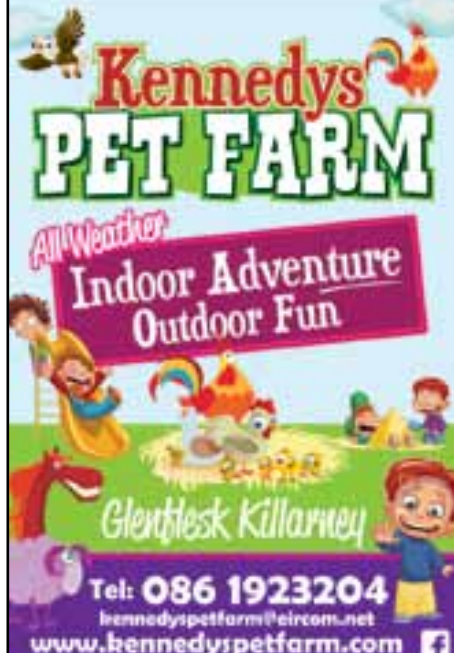


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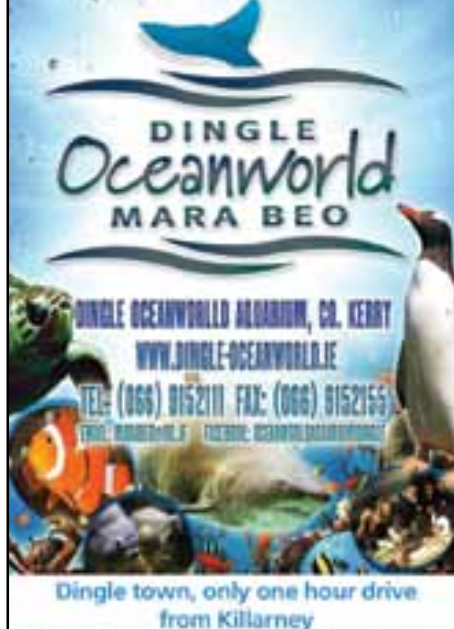
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DR. CROKES GAA CLUB

FIXTURES: Molyneux Cup: vs. Austin Stacks, Venue TBC, Fri. 29th Aug. 7pm. Snr Co. Lge - Div. 1: Away vs. Rathmore, Sat. 30th Aug. 7pm. Inter. Hurling C'ship Semi-final: vs. Lixnaw, Austin Stack Park, Sun. 31st Aug. 6pm. Please support. **RESULTS:** Inter. Hurling C'ship Qtr Final: Dr. Crokes 2-13, Kilgarvan 2-10. EK Mnr. Lge. Div 1 Final: Dr. Crokes 3-10, Spa 3-12. Molyneux Cup: Dr. Crokes 6-09, Kerin's O'Rahilly's 0-05.

INTER. HURLING C'SHIP QTR. FINAL:

The Dr. Crokes senior hurler's overcame Kilgarvan in Lewis Road on Monday evening last in the Intermediate Hurling Championship Quarter Final. This was a repeat of last year's quarter final where we were victorious by a solitary point. We got off to a blistering start when Anthony Keogh flicked a long range puck past the Kilgarvan keeper. Great fielding by Kevin Landers, Rory Waters and Shane Barrett in defence maintained pressure on Kilgarvan, points coming from Seanie Burchill, Mike McCarthy and Michael O'Keeffe. Before the half-time whistle, Seanie Burchill found himself at the edge of the square to receive a mis-fired clearance and made no error, finding the Kilgarvan net. Half-time score: Dr. Crokes 2-09 Kilgarvan 0-06. The second half tested us no end, with the wind to Kilgarvan's back, our defence were under immense pressure. Jack Lenihan made a huge contribution, dropping into the defence as the extra man and sweeping the breaking ball. Kilgarvan managed 2 goals but it was not enough and the whistle was blown on a thrilling encounter. Full-time score: Dr. Crokes 2-13, Kilgarvan 2-10.

EK MINOR LEAGUE - DIV. 1 FINAL: This turned out to be a thriller with some very fast passages of play from both sides. We opened scoring with a point from play by Cillian Regan. Johnny O'Leary pulled off a point blank save shortly after but Spa then opened their scoring with 2 from play. A long range kick from Shane Lyne dropped into the square for Jason O'Leary to punch it into the Spa net. On resumption, a poor kick-out saw Dr. Crokes win possession and Chris Doncel took off in direction of the Spa goal to fire another to the back of the net. Spa responded with a rasper to the roof of the Dr. Crokes net and seemed to be controlling the game for a period, maintaining pressure on the Dr. Crokes defence. Spa again broke through the defence for a second goal in the 16th minute. A reshuffle of the team saw Jack Lenihan move to mid-field and Cillian Regan into defence which proved fruitful as we regained control and both sides exchanged points before half-time. Half-time score: Dr. Crokes 2-07, Spa 2-05. The second half started in a similar fashion until a well worked passage of play saw Macdara De Bhilis blast a third goal in for Dr. Crokes. Spa made a burst for the Dr. Crokes goal but the shot was knocked over by Johnny O'Leary. Dr. Crokes introduced David Shaw who had a great impact, finding his teammates in scoring positions. Spa scored a crucial

goal after in the last 10 mins. which proved to be the inspiration for their victory as they maintained their two point lead until the final whistle. Full-time score: Dr. Crokes 3-10, Spa 3-12.

SATURDAY MORNING ACADEMY: Our Saturday morning hurling academy continues following the summer break this Saturday, 23rd August from 10:00am to 10:40am. Hurling is supervised by fully qualified coaches and all equipment is provided.

DR. BILL MANGAN MEMORIAL HURLING TOURNAMENT:

The 5th Annual Dr. Bill Mangan Juvenile Hurling Tournament, hosted and sponsored by the Trustees of Muckross House and organised in conjunction with the South Kerry Hurling Coiste na nÓg, will take place on the weekend of the 29th - 31st August. This year, there will be a group stage on Friday, 29th August which will be held at Dr. Crokes GAA Club, Lewis Road, Killarney - throw-in at 5:30pm. Six teams will compete to progress to the Cup & Shield Finals on Sunday, 31st August in the specially developed field, set in the middle of the Muckross Traditional Farms, located just a short distance from Muckross House - throw-in at 12:00pm. Teams from Dr. Crokes, Furies, Kenmare, Kilcummin, Kilgarvan and Rathmore will participate.

3RD ANNUAL COLM COOPER INVITATIONAL BLITZ:

The third annual Colm Cooper Blitz will be held at Dr. Crokes, Lewis Rd on Saturday 6th Sept 2013 from 11.00 to 18.30. This football competition is for U13 Boys and has proved a tremendous success since its launch in 2012. Designed to pay tribute to Colm, who has provided both Kerry and Dr. Crokes with many highlights during his career to date, the blitz is seen as a celebration of Gaelic football where it is hoped all the players express themselves and enjoy the games and off-field activities. The Cup, Plate and medals will be provided by the Coffey family, in memory of the late Denis Coffey, a wonderful link between the history, present and future of the Dr Crokes Club that this event represents. Mark the date, Saturday 6th September down in your diaries and come along and share in this international event with Colm.

BEST WISHES: to the Kerry Senior Football team and Dr. Crokes club members who meet Mayo in the replay of the All-Ireland Senior Football Semi-final in Limerick this weekend.

CONGRATULATIONS: to the Kerry Minor Football team and Dr. Crokes club members who defeated Mayo in the All-Ireland Minor Football Semi-final last weekend.

SYMPATHIES: to the family and friends of Paddy McMonagle. Ar dheis Dé go raibh na hanam dílis.

SPA NOTES COISTE NA NOG

U14 BOYS: Best wishes to the team and management in East Kerry Final this week.

U16 FINAL V. BEAUFORT: Lost on the night to the better team but great credit to both the management and players for improving their form throughout the season. Their teamwork and skills by both teams was excellent. Our young players never gave up.

LADIES FOOTBALL

U15 CHAMPIONSHIP: Played away to Scartaglin and came away with a comprehensive win. Scartaglin started well and with a few positional changes our girls played as a team and started registering a volley of scores. This win brings us to semi final stage away to Ballymac Tuesday August 26th. Orlaith Spillane, Meghann Cronin, Ciara Moynihan, Eimear Beasley, Emily Cronin, midfield duo Mairead Bennett and Katie Cronin were outstanding. Louise Healy the all rounder and Roisin Kearney, Aoife Cronin. Aoife Sheehan and Emma Cronin were all solid in defence.

EAST KERRY MINOR LEAGUE DIV 1

FINAL: Spa 3-12 Dr Crokes 3-10

Our minors had a fantastic win over neighbours Dr Crokes last Thursday night in a closely fought contest and thanks a superb team performance. Spa were down two goals after the first quarter but fought back to bring the game to two points by the half time whistle, thanks to points from Fergal O'Donoghue, Evan Cronin and Dara Moynihan and two well-taken goals from Evan Cronin and Aidan Fleming. The Spa lads were up against it in the second half as Crokes struck for their third goal on the restart, but they fought hard throughout and points from Conor Kearney, Fergal O'Donoghue, Evan Cronin and Mike McCarthy inspired a great team effort as a late goal from Aidan Mulvaney gave Spa the lead from which they went on to win out by 2 points.

Team: David Carroll, Eoin Fitzgerald, Conor Kearney (C), Mikey Moynihan, Timmy Hussey, Aidan Fleming, Aidan Mulvaney, Darren O'Connor, Mike McCarthy, Dara Moynihan, Michael Foley, Ciaran Spillane, Fergal O'Donoghue, Evan Cronin, David Spillane. Subs: Aidan Shepherd

COUNTY TEAMS: Mixed fortunes for the Kerry teams over the weekend.

Hard luck to Kerry Ladies against Dublin and Cassandra Buckley. Kerry Juniors had a tough battle but great effort by Andrew Garnett and Shane Lynch.

Well done to both Kerry teams. Minors in reaching the All Ireland final in what has been a long time coming. Dan O Donoghue played a captains role and Liam Kearney when introduced was outstanding. The Senior team for a great comeback against Mayo. Ticket details to follow later in the week.

SPA COMMUNITY NOTES: Sympathy is extended to the relatives of the following who died during the past week, Hannah Coakley Knockmanagh and Paddy McMonagle Countess Road, may they Rest In Peace.

WEDDING: Congrats to John Brosnan Tiernaboul on his recent marriage to Aoife O



Shea Muckcross Road.

SPA MUCKCROSS COMMUNITY GAMES

Well done to all the young competitors in Athlone over the weekend.

SPA GAA GOLF Outing on Sept 6th @ 2pm GAA club members wishing to participate in the annual golf outing on the Ross course on Saturday September 6th 2pm are invited to contact the following organisers prior to September 1st when draw for teams will take place,

Pat Kelliher 064--6633924, Sean Kelliher 087-6298613, Mary Cronin, 087-6898146, Peggy O'Donoghue, 087--9187181, Eileen Magee 086-1522865, John Kelly 086-3941769 Den Cronin,- Format is a 3--Player--Scramble and entry fee is €20 per player.

MILLTOWN CASTLEMAINE GAA NOTES

LOTTO: There was no winner of last weeks lotto, the numbers drawn were 05, 12, 13, 15. The next draw will take place on the 29th of August in Karl J's Bar, when the jackpot will be up to €9,000.

Tickets available from local businesses. Thank you for your support.

JUNIORS: Milltown/Castlemaire where beaten by Na Gaeil in the Semi final of the Junior County League.

COMMUNITY GAMES: Well done to our club members representing Kerry in the National Community Games.

CONDOLENCES: The Club would like offer its sincerest condolences to the family of James O'Connor Abbeylands, who passed away last weekend.

BEAUFORT GAA

BEAUFORT U14S sponsored by got a walk over from Cromane in the 1st round last Tuesday evening. Round 2 result: Beaufort 4-9 Glenbeigh/Glencar 0-6. After playing against the breeze in the 1st half Beaufort led 3-5 to 0-6 at half time after being 0-4 to 0-1 behind after just 7 minutes. They held the home side scoreless in the second half to run out convincing winners.

Team: Sean Coffey (0-1), Shane O' Sullivan, Ian McGillicuddy, Keith Suter, Tim Coffey, Mark Neary, Jack Hallissey, Liam Curran, Kieran O' Sullivan, Jack Coffey (1-0), Jack O' Connor (0-2), William Joy (1-0), Jason Coffey-Hallissey (2-2), Dara Dennehy (0-4), Jack Sweeney.

Subs used: Eoin O' Hagan, John O' Connell, Keith Floyd, Niall O' Brien, Patrick Crehan and Dara Smith.

LOTTO Beaufort Lotto was postponed to

Monday night due to the Kerry games on Sunday. Results next week.

SENIORS were due to play Milltown/Castlemaire in the O'Sullivan Cup semi-final on Monday evening but was postponed due to a bereavement.

U11S played Kilgarvan on Monday evening in Beaufort.

U12S will play Laune Rangers on Wednesday evening in Killorglin.

JUNIOR Beaufort team will play Dromid on Wednesday evening in the Barrett Cup in Beaufort.

BEAUFORT MINORS lost out to Gneeveguilla in the East Kerry League Final played in Dirreen Pitch on Thursday pm last. Full-time score Beaufort 1-4 Gneeveguilla 0-9. (Report in Sports section and on Beaufort GAA web-site) Team: Darragh Curran, Cian O'Sullivan, Cormac O'Connor, Ciaran Kennedy, Kevin Coffey, Mike Breen, Conor Cronin, Brendan Cronin, Ryan Sweeney, Shane O'Sullivan, Aaron Foley, Danny Healy, Joseph Glinwood, Paudie Coffey, Niall O'Connor, Conor Cronin. Subs: Luke Sweeney, Padraig Cronin, Ronan Brosnan, (Apologies to Ronan for his name not been on the Match Programme).

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS: Sunday 24th August, 2014

Winning Numbers 2, 6, 10, 23

Jackpot €9,050 Not Won

1x€100 Pairic Sheehan, Knocknamon

2x€50 Gerard Conway, Faha

Grace Joy, Dunloe, Beaufort

2x€25 Damien, Michelle, & Joseph Clifford

Lorraine Kennedy, Ballymalis

Draw Entrant Tony Darmody, Faha

Jackpot next week

Sunday 31st August €9,200

Next Monthly Meeting will be held at the clubrooms on Monday 8th September @ 9pm

KILLARNEY LIBRARY: Will host an exhibition entitled "Eamon Kelly Remembered" from Saturday 6th to Saturday 13th September. On Thursday 11th a lecture on the importance and influence of Eamon Kelly's works will also take place along with a performance of works. Free admission. All welcome.

LEGION GAA CLUB NOTES

U21 CLUB CHAMPIONSHIP: Last Wednesday evening our u21 side travelled the short distance to Listry to take on a Listry/Keel combination and eventually came away with a 3 point win. Although we looked to be in control at various stages of the game, the home

side managed to score goals at crucial times to keep this game alive right up to the final whistle. Final score Listry/Keel 3-05 v Legion 1-14. We now face Templenoe in the next round

U14 BOYS FOOTBALL: Disappointment for our Under 14 boys in their East Kerry semi-final clash with Scart/ Cordal. We were beaten on the night in a good sporting game by a well drilled team who were very strong all over the field. With a couple of our lads missing through injury we had to reshuffle things & did well to find ourselves trailing by only a single point at the end of the first half. Unfortunately in the second half, against the wind, we were unable to sustain our challenge & Scart/ Cordal ran out deserving winners. This has been a long season for our Under 14 team who have given their supporters some great memories. Well done lads.

COUNTY JUNIOR FINAL: The final of Division 1 of the County Junior league has been fixed for Saturday 13 September against Austin Stacks and will be played at home in Derreen so come out and support this team who won the O Sullivan cup, just a few weeks ago

CAIRDE AN LEIGUIN: With over 21 teams on the pitch every week the club is a hive of activity and we are grateful to the volunteerism of our members. We are delighted to be in a position where we can offer the community a healthy and character building activity.

All this would not be possible without the support of our members and of course our sponsors. We would like to thank all our sponsors for your kind patronage towards the club in the past.

In order for the club to remain on its current path we are conscious of the need for constant progression. We, this year, have put in place a development plan which, for the next 5 years, maps out the path the club hopes to take. As we value all our sponsors, we are also aware of the need to ensure that those businesses gets the maximum exposure within the club. With this in mind we are endeavouring to set up a "patrons wing" in the club. It is to be called "CAIRDE AN LEIGUIN". This will be give our sponsors a platform in the club for showcasing their business. "CAIRDE AN LEIGUIN" will be launched in the near future where the club membership will be invited to attend. More details to be announced in the near future

LOTTO: Lotto results for Tuesday 19 August

No Jackpot winner

Lucky dip each get €50.

Maura Trant

Dylan Trant

Joan Culloty

Pat Moynihan

Paudie Lynch

Next weeks Jackpot €7,400.

RESULTS & PICTURES FROM COMMUNITY GAMES FINALS
IN NEXT WEEKS KILLARNEY OUTLOOK.



THE FOSSA U18 LADIES WHO WON A SILVER MEDAL AT THE ALL IRELAND COASTAL ROWING CHAMPIONSHIPS IN WATERVILLE. BACK: L: R MAIRE TWISS, KATHARINE COFFEY, KATIE GILES AND MEGAN O'SULLIVAN. FRONT: L: R KIERAN COUNIHAN (TRAINER), PAT TALBOT (TRAINER) AND PAT TANGNEY (COX).

FOSSA ROWING CLUB NEWS

There were celebrations at Fossa Rowing Club following the All Ireland Coastal Rowing Championships which took place on Lough Currane in Waterville. Well done to the U18 ladies who brought home silver from this year's event. The crew Katharine Coffey, Katie Giles, Megan O'Sullivan and Máire Twiss were coxed by Pat Tangney. Congratulations also to the U21 ladies who brought home Bronze medals, Annie Sheehan, Noreen Griffin, Katie Murphy and Máire Twiss, coxed by Pat Tangney.

Also well done to all other crews that participated over the weekend and qualified for Sunday's finals. Other crews included the U14 boys John Talbot, Colin O'Meara, Cian O'Sullivan and Zack Buckley while the U14 girls included Grace O'Leary, Rachel O'Sullivan, Ciara Griffin and Shannon Tangney. Our U16 girls were Katie Talbot, Roisin Murphy, Sara O'Brien and Shannon Tangney and the U16 boys were Padraic O'Sullivan, Shane Dennehy, John Talbot and Cian O'Sullivan.

The U18 boys crew features Oisín Sheehan, Cathal Talbot, Diarmuid Egan and Padraic O'Sullivan and the junior ladies were Noreen Griffin, Katie Murphy, Ruth O'Donoghue and Lucie Pidmanova. Our Intermediate Ladies/Pre-Vet woman were Kathleen O'Donoghue, Eleanor O'Donoghue, Teresa Wharton and Alison Coffey. Our pre-vet mixed were Pat Talbot, Kieran Counihan, Teresa Wharton and Alison Coffey while our vet mixed were Kevin Tangney, Alison Coffey, Eleanor O'Donoghue and Pat Talbot. All of the above crews were coxed by Pat Tangney. Our Intermediate Men included John Allman, Vincent Griffin, Pat Tangney and Micheal Allman, coxed by Conor Griffin. Everyone who participated did our club and our community proud.

On behalf of all our crews we would like to thank

Pat Tangney, cox, and all our trainers for their hard work and dedication throughout the year. Also a big shout out goes to all our supporters who came to Waterville and supported us wearing their club colours. On behalf of Fossa Rowing Club we would like to pay tribute to Mary B Teahan, Johanna King and Pat Cuffe for their help throughout the weekend and their involvement with Kerry Coastal Rowing for the past few years.

KILLARNEY COUGARS BC.

Plans are well in hand by Cougars coaches and committee to build on last seasons hugely successful season and following a very busy Summer of Camps, Coaching Clinics, and 3 on 3 Tournaments, Preparations are at an advanced stage for Cougars new season which commences in September and registration is now open for new members.

The following are the proposed training scheduled times at Pres Gym.

COUGARS TRAINING SCHEDULE

Mondays Boys U12 Born 2003.
Tuesdays Girls U16 & U17 Born 1999 & 1998.
Wednesdays Boys U11 Born 2004.
Wednesdays Boys U13 & U14 Born 2001 & 2002.
Thursdays Girls U12 Born 2003 & 2004.
Thursdays Girls U14 Born 2001 & 2002.
Thursdays Girls U15 Born 2000.
Fridays Girls & Boys Academy Born 2005, 2006, 2007. At Parish Hall.

Confirmation of start dates & times will be updated and published on the Website & Facebook during the coming days.

SUMMER 3 ON 3 TOURNAMENT: Killarney Cougars travelled to Athea on Tuesday last for the Team Kerry 3x3 Summer Tournament Finals to end a busy summer of basketball activities of camps and clinics. It proved to be a success for

the Cougars U16 girls as they took the The 3x3 Title, 12 teams competed in the event with the Cougars U16 Girls team of capt Fiona Kissane, Kelly Ahern and Shelly Clifford coming through winning all their 5 group games including defeating the hosts Athea in the Semi Final to set up a final against Chorca Dhuibhne. The West Kerry Girls made a good start and contained the Cougars in the early minutes, but Cougars gradually found the way through and began to dominate with Kelly Ahern forcing the pace and Fiona Kissane and Shelly Clifford dominating on the boards to take control as they got the vital scores to push ahead and finished ahead by six points at the final buzzer to make a good start to the season.

NEW MEMBERS Cougars welcome new members and registration forms are available from the secretary Email secretarykillarneycougars@gmail.com, Mobile 0874175493. Registration will be held prior to the first training session and through early September.

Further Club information and latest details available on the Website www.killarneycougars@gmail.com

GNEEVEGUILLA ATHLETIC

LOTTO: no winner of our lotto draw 22/8/2014, numbers drawn were 16, 21, 24 and 29. Sellers prize to Aeneas O'Leary Gneeveguilla, €50 Y/T prize winner Joan Barry Cronin Knockmanagh, €50 to Owen Reen Couterough, €40 each to Margaret Coughlan Douglas Cork, Thomas Fitzpatrick Taur Newmarket, Mary Morley sliabh Luachra. Bonus not won numbers drawn were 2, 27, 29 and 30. Next week's jackpot €5,200 plus €1,000 bonus.

Not much luck in Athlone at the community Games Finals where our U12 boys had the misfortune to drop the baton first thing on Saturday morning. However one of our boys Donal O' Sullivan who was running with Kenmare CG got a silver medal in the U14 relay, Catherine Daly was part of the Kerry girls Marathon team who were placed 4th, thus receiving a peuter medal. Well done to them. Jack O' Leary got to the final of the U12 boys 600m, Jack will be eligible for this again next year.

The final leg of our mile league took place in Gneeveguilla on Friday night with a fine crowd attending. The following were the results after 4 rounds. Senior Men 1st Robert Purcell Jnr Gneev AC, 2nd Martin Dineen Riocht, 3rd Michael Culloty Gneev AC, Junior men 1st Matthew Collins Gneev AC, 2nd Conor O' Mahoney T/H, 3rd David O' Keeffe Gneev AC, O40 1st Niall Collins Ballydesmoond, 2nd Donal Kelly Shroneadrough, 3rd Donal Reen Gneev., U10 1st Eoin Kelly Gneev., 2nd Sean O' Connor do, 3rd Brendan Burke Millstreet, U12 1st Donal Burke Millstreet, 2nd Ian Buckley Millstreet, U14 1st Francis Cronin Gneev., U16 1st Andrew Purcell Gneev. Senior ladies 1st Carol Finn leevale, 2nd Siobhan Daly Riocht, 3rd Niamh Clifford SOTL, 4th & 5th Julie & Claire Purcell Listowel, O40 1st Caroline McCarthy Headford,



2nd Mary O' Connell Gneev, O50 1st Caroline Murphy Gneev, 2nd Nora Flynn Gneev, U10 1st Delia Foley Gneev, 2nd Maeve Buckley Millstreet, 3rd Danielle O'Riordan Gneev, U12 1st Sadhbh O' Connor Gneev, U14 1st Orla Buckley Millstreet, 2nd Emily O'Riordan Gneev, The club wishes to thank Donie Sweeney Barraduff, Fossa Hall Committee, The Fairfield Tavern Knocknagree and Gneeveguilla GAA for the use of their facilities during the series. Best of luck to all our athletes who go to the Development Games in Templemore Sunday.

RATHMORE / GNEEVEGUILLA COMMUNITY GAMES

Last weekend the second weekend of the National finals was held in Athlone, children from Rathmore / Gneeveguilla area were representing Kerry and Munster in two team events, a relay an individual event and Kerry team. The U12 girls football team along with managers Pat O' Sullivan, Dan O' Leary and Kathleen Dennehy met with the girls representing Kilcullen (Leinster). The girls playing some fantastic football were outscored on the final whistle. On Sunday morning they met with the team from Sheelin (Ulster). With great determination the girls began to put their scores on the scoreboard. The girls from Sheelin failed to get their scores. Thus winning this games secured bronze All Ireland medals for the Rathmore / Gneeveguilla girls. Team members were Aoife Nagle, Danielle O' Leary, Aisling Brosnan, Megan McCarthy, Amy O' Connell, Leah O' Donoghue, Michelle Fleming, Niamh McSherry, Maura O' Keefe, Orla Cremin, Michelle Cronin & Theresa Downey. Thanks to the girls and managers Pat, Dan & Kathleen in preparing the girls for this competition. Thanks to Rathmore Gaa for the use of their facilities for training and thanks to Rathmore ladies GAA for their assistance with this competition. On Saturday the U12 boys relay team had their qualifiers, the boys were unfortunate not to qualify for the next round. Team members were Damien Cronin, Donal Daly, Shane Warren, Paudie O' Leary and Jack O' Leary. Thanks to Gneeveguilla Athletic club Tom Joe, Shelia and Paddy for their on- going assistance with training the boys and children in athletics. Also on the track on Saturday afternoon was Jack O' Leary representing Kerry in the U12 600m race. Having ran a great race Jack secured a place in the final on Sunday. Despite his best efforts in the final he was not in the medals. However Jack should be very proud of his performance as this year he was running out of his age and will be still eligible for this race again next year. Also on Sunday morning Catherine Daly was one of the 4 girls on the Kerry marathon team. With each of the girls finishing in good time, they secured a pewter medal being finished in fourth place. On Sunday afternoon the U14 spike ball team along with coaches Mike McGillicuddy and Breeda Clifford took to the courts. The boys first met with the team representing Connaught (Laurencetown KC

Co Galway), successfully beating the boys from Galway they advanced to the final meeting with the team representing Leinster (The Heath, Co Laois). Again the Rathmore / Gneeveguilla boys proved too strong, winning 2 sets to zero. The boys thus received the gold medals by becoming the All Ireland winners. A fantastic achievement for the boys, Mike and Breeda. Team members were Paul O' Leary, Lorcan Keane, David Gleeson, Owen Fitzgerald, Sean Clifford, Anthony Darmody and Donal Hurley. Thanks to Mike & Breeda for coaching the boys for this competition. Thanks to Gneeveguilla GAA for the use of the hall for training. A great weekend for Kerry and indeed for Rathmore / Gneeveguilla. Medals and placings in Community Games at County, Munster and All Ireland level are not easily received. Indeed for our area this year there had been a significant number received at All Ireland, Munster and county level. This success is due to the commitment of the children, managers, coaches and parents in our area. Congratulations, well done and continued success to all those children and managers who took part during 2014. Without the help and commitment we receive from coaches and mangers it would not be possible to enter so many competitions. In this area we are fortunate to have the expertise of many clubs, sports and talents which assists us greatly.

MILLTOWN / LISTRY COMMUNITY GAMES

NATIONAL FINALS: Last weekend we had 9 more young people participating in Athlone at the second weekend of the National Finals. We had young Eabha McCarthy representing Kerry in the U10 80m Hurdles. She qualified out of heat for the semi final and was unlucky not to progress to the final. She has another year at U10 level and so already looking forward to next year! A big thank you to her parents George and Maria McCarthy who greatly assisted us with training for our athletes this year.

It was a very enjoyable weekend also for our U13 Indoor Soccer Girls team and while they lost both their semi final and 3rd place playoff they played their hearts out and lost nothing in defeat. It was a great achievement for the girls to be placed 4th in Ireland considering we don't have a soccer club located in our Area! Team: Mairead Lehané (Capt) Ciara Tangney Niamh Broderick Aileen O'Leary Ciara O'Mahony Caoimhe O'Donoghue Flynn Amanda Flynn Caoimhe Burke. Coaches: Mike Broderick Denis O'Mahony. Thanks to all those who travelled to support Eabha and the indoor soccer team. A special thank you also to the Kerry CG Committee especially Margaret, Nelius and Patsy who helped to have everything running smoothly from a Kerry point of view especially with the large numbers competing from Kerry. Your time and effort is greatly appreciated!

FUNDRAISING: There has been a great response to our fundraising request. If you

would still like to assist us and haven't done so already please contact Denis O'Mahony 087-9662332 or Pa Murphy 087-6447788 and any contributions would be greatly appreciated.

FACEBOOK: Please check us out on facebook if not already doing so. We have a lot of info updated on our page and have photos from all our recent activity included.

LOUGH LEIN ANGLERS ASSOCIATION

OUTING: Thirteen brave souls from the Lough Lein Anglers Association faced torrential rain blown in by very strong south easterly winds in pursuit of the elusive but exciting sea trout last Sunday on Lough Currane in Waterville. They were competing for the Batty O'Brien Cup. The cup has been kindly donated by Batty's family for this event. Batty, who passed away recently was a well respected and popular long time Killarney angler and member of the Association.

Fishing was extremely difficult and only five sea trout were presented for the weigh in by extremely weather beaten anglers at Michael O'Sullivan's on the north shore. Jerry Buckley was the winner with two trout for just over 1kg 96 gms, Denis Cronin was second also with two trout for 1kg 56gms. Timmy Connor was third with one trout for 482 gms. There were stories galore of hooked but lost salmon, large brown trout returned safely to from whence they came and a host of other hard luck fishy tales.. The Club's next outing is to Carragh Lake on 7 September.

SYMPATHY: The club extends its sincere sympathy to the MacMonagle family on the death of Paddy, who was one of the founding members of the club. He will be greatly missed. Ar dheis Dé go raibh an anam dílis.

BASKETBALL NEWS

The new basketball season is only weeks away and St. Paul's Basketball Club will commence training for all underage teams in Killarney Sports and Leisure Centre next week. The training times for all teams is as follows:

U10 girls Monday 5-6 PM

U10 boys Monday 6-7 PM

U12 girls Tuesday 6-7.30 PM

U12 boys Wednesday 6-7.30 PM

U14 girls Friday 6-7.30 PM

U14 boys Friday 6-7.30 PM

U16 girls Tuesday 7.30-9 PM

U16 boys Wednesday 7.30-9PM

U18 boys Tuesday 8-9.30 PM

U18 girls to be decided

Little Dribblers U-8 on Fridays from 5-6 PM.

The Dribblers will start on Friday 26th of September

All other teams will start from Monday September 1st.

Training times and days could be subject to change.



KILLARNEY SOUTH COMMUNITY GAMES

NATIONAL FINALS ATHLONE: The annual community games competition culminated in Athlone Institute of Technology last weekend. According to estimates more than 9000 athletes, supporters, officials and family members were in attendance, the biggest ever number at the event. Killarney south was well represented in Athlone, with three individual athletes and two relay squads in action over the weekend. An interesting initiative worthy of mention was the banning of fast food sellers at the event, part of the HSE strategy towards combating childhood obesity.

First into the competition arena on Saturday our under 10's relay squad, who qualified in second place for round two on Sunday. Come Sunday they faced the difficult task of qualifying from the semi-final. The entire team upped their individual performances and

they duly accomplished this finishing in third place. On Sunday evening they lined up for the national final of this event. In a very close finish to the relay, which saw the 3rd, 4th and 5th place finishers separated by inches they were duly awarded with fourth place and the pewter medal. A fantastic achievement and well deserved for the effort and diligence applied from such young athletes.

Our under 16 mixed relay of 4 X 200m, also competed very well at the event. They qualified in second place from Saturday semi-final. On Sunday they lined up for the final of the event. In a tough event the team battled hard throughout all four legs and eventually came home in a creditable fifth place finish.

In the individual events Alex Hennigan ran in 60m H. Alex won his heat on Saturday and lined up at 9am on Sunday morning for the semi-final. He came through the race with a hard fought victory. Later in the morning the Final was held. Alex fought hard all the way during

the final race and finished in third place in a blanket finish. Conor Gammell ran in under 10 100m heats on Saturday and finished well in 2nd place. On Sunday's semi-final he was unlucky not to qualify for the final, finishing a close 5th. Sarah Leahy was our final competitor under 16 100m. Sarah qualified in measured 4th place on Saturday. On Sunday Sarah delivered more and qualified in 3rd place in a competitive race. The final was always going to be difficult at this age level. Sarah ran a creditable fifth place finish in the final, unlucky not to gain a medal.

All in all the Killarney south area enjoyed huge success, excitement and enjoyment at this competition. Attention must now be focused on increasing our representation and success at this event annually.

FACEBOOK: Please follow Killarney South Community games on Facebook for all new updates, information, pictures and reports. All electronic mail queries can be forwarded to killarneysouthcommunitygames@gmail.com.



JIM DOLLARD, EXECUTIVE DIRECTOR, ELECTRIC IRELAND, PROUD SPONSOR OF THE GAA ALL-IRELAND MINOR CHAMPIONSHIPS, PRESENTS KILLIAN SPILLANE, FROM KERRY, WITH THE PLAYER OF THE MATCH AWARD FOR HIS OUTSTANDING PERFORMANCE IN THE ELECTRIC IRELAND GAA FOOTBALL ALL IRELAND MINOR CHAMPIONSHIP SEMI-FINAL, KERRY V MAYO, CROKE PARK, DUBLIN. PICTURE CREDIT: BRENDAN MORAN.



IZABELA SKORASZEWSKA AND AONGUS O'DONOGHUE PREPARING FOR THEIR AUTUMN CLASSES AT PHYSIQUE FITNESS STUDIO.



BROTHERS TJ & STEPHEN PALMER & SISTERS LAURA & BRID FLYNN FROM FRIES WHO WON GOLD MEDALS IN JUDO AT THE NATIONAL COMMUNITY GAMES FINALS IN ATHLONE.



CIAN SHEAHAN FRIES GOLD MEDAL WINNER IN RECITATION AT ALL IRELAND FINAL COMMUNITY GAMES.



KERRY LIVE TO FIGHT ANOTHER DAY

KERRY 1-16 MAYO 1-16

(BY KERRY O'SHEA)

Kerry and Mayo will have to do it all over again following a pulsating draw in Croke Park last Sunday before an attendance of over 52,000.

Kerry can thank their lucky star Kieran Donaghy whose introduction late in the game proved crucial.

Kerry had the advantage of an extra man for all of the second half as Mayo lost key defender Lee Keegan to a straight red following a kick out at Johnny Buckley just before half-time.

Keegan's dismissal helped Kerry into a 0-9 to 0-5 interval advantage and when James O'Donoghue pointed within minutes of the restart to extend the margin to five, a Kingdom victory looked on the cards.

Amazingly, Kerry failed to take full advantage as Mayo dropped their half-forward line back to help out the defence, and urged on by their fanatical supporters and with some great scores from Cillian O'Connor, and substitute Andy Moran Mayo moved 1-16 to 0-14 clear with four minutes to go.

Within minutes of his introduction, Donaghy won a free which Bryan Sheehan converted, then after a glorious catch from a David Moran centre he set up the goal which James O'Donoghue finished with aplomb.

Now one point separated the sides, Kerry fought on and when another substitute Kieran O'Leary scored the equaliser, anything was possible.

Kerry had chances to win the game deep in injury time. James O'Donoghue was narrowly wide with a late chance and then in the final attack of the game, Bryan Sheehan's long-range effort from a free just dropped just short and a draw was a fair result.

MAN OF THE MATCH

James O'Donoghue

Despite the close attentions of the Mayo defence, when three players were marking him at one stage, O'Donoghue had a major say in the game and contributed 1-3 of Kerry's final tally. His goal was sublimely finished.

SCORE OF THE MATCH

Any of David Moran's two long range points in the first half will qualify. Both were superbly executed from over 40 meters out.

MOVE OF THE MATCH

Late in the game when Kerry were trailing by four points, David Moran sent a perfect delivery into Kieran Donaghy. Donaghy fielded superbly

and laid off to James O'Donoghue who struck a sweet goal to rescue Kerry.

AFTER MATCH QUOTES

Eamonn Fitzmaurice (Kerry manager)

"We are delighted to be still in the championship. We showed great character late in the game to come back into it."

BIG MATCH FACTS AND STATS

Attendance: 52,495

Wides: Kerry 8, Mayo 9

Frees: Kerry 23, Mayo 30

Black Cards

Kerry 0, Mayo 0

Yellow cards: Kerry 2 (Declan O'Sullivan, Peter Crowley), Mayo 0

Red Cards

Kerry 0, Mayo 1 (Lee Keegan)

Teams and Scorers

Kerry: Brian Kelly (Killarney Legion); Marc O'Se (An Ghaeltacht), Aidan O'Mahony (Rathmore), Shane Enright (Tarbert); Paul Murphy (Rathmore) (0-1), Peter Crowley (Laune Rangers) (0-1), Fionn Fitzgerald (Dr Crokes, Capt) (0-1); Anthony Maher (Duagh), David Moran (Kerins O'Rahilly's) (0-2); Michael Geaney (Dingle) (0-1), Johnny Buckley (Dr Crokes) (0-1), Donncha Walsh (Croman) (0-2); Stephen O'Brien (Kenmare) (0-1), Paul Geaney (Dingle) (0-1), James O'Donoghue (Killarney Legion) (1-3).

Subs: Declan O'Sullivan (Dromid Pearses) for Stephen O'Brien; Bryan Sheehan (St Mary's Caherciveen) for Michael Geaney; Killian Young (Renard) for Aidan O'Mahony; Kieran Donaghy (Austin Stacks) for Anthony Maher; Barry John Keane (Kerins O'Rahilly's) for Johnny Buckley; Kieran O'Leary (Dr Crokes) for Donncha Walsh.

Mayo: Robert Hennelly; Keith Higgins, Ger Cafferkey, Tom Cunniffe; Lee Keegan (0-1), Donal Vaughan, Colm Boyle (0-1); Seamus O'Shea, Jason Gibbons; Jason Doherty (0-1), Alan Freeman, Kevin McLoughlin; Alan Dillon (0-3), Aidan O'Shea, Cillian O'Connor (1-8, 1-0 pen, 0-5f).

Subs for Mayo: Tom Parsons for Jason Gibbons; Andy Moran (0-2) for Alan Freeman; Michael Conroy for Jason Doherty; Mikey Sweeney for Alan Dillon; Kevin Keane for Ger Cafferkey.

Referee: David Coldrick (Meath).

KERRY ADVANCE TO FIRST MINOR DECIDER FOR EIGHT YEARS

KERRY 1-14 MAYO 2-7

Kerry qualified for their first Electric Ireland All-Ireland MFC Final in eight years but not without getting a searching test from Connacht representatives Mayo in an exciting semi-final

at Croke Park on Sunday.

Kerry did not play with the usual flair that has been a hallmark of their displays in this championship, but still did enough to get the win and manager Jack O'Connor will know that a major improvement is needed if they are to clinch a first All-Ireland title in 20 years.

In the first half, Kerry were nervous and inclined to go for goals when pointswere there for the taking. The Kingdom trailed by a point at the end of a low-scoring first-half, 0-4 to 0-3.

It took the Kingdom some 18 minutes to open their first-half account, a Killian Spillane pointed free.

SECOND HALF

Some shrewd positional switches at the interval and the introduction of Liam Kearney and Liam Carey helped turn the tide in Kerry's favour.

With Kearney asserting himself at midfield, the forwards began to pick off their scores, and a goal from Tomas O'Se helped Kerry into a 1-7 to 0-5 lead with 14 minutes of the second half gone.

Shortly afterwards, Kerry won a penalty but Jordan Kiely's weakly struck effort lacked the necessary power and was easily saved.

Almost immediately, Mayo struck back with a goal of their own from full-forward TJ Byrne. But there was no denying Kerry and a string of points from Liam Carey (2), goalkeeper Shane Ryan, who converted a magnificent long-range free, Liam Kearney and full-forward Killian Spillane eased the Kingdom seven clear as the game headed into injury time.

But Mayo refused to give in and a goal at the death from full-forward TJ Byrne somewhat against the run of play put a gloss on the scoreboard.

Teams and Scorers:

Kerry: Shane Ryan; Dan O'Donoghue, Brian O'Beaglaoich, Tom O'Sullivan, Brian Sugrue, Andrew Barry, Cormac Coffey, Barry O'Sullivan, Mark O'Connor (0-1); Matthew Flaherty (0-1), Brian Rayle, Michael Burns (0-1); Jordan Kiely, Killian Spillane (0-6, 0-3 frees), Tomas O'Se (1-1). Subs: Liam Carey (0-3) for Brian Rayle; Liam Kearney (0-1) for Flaherty, Robert Wharton for Brian Sugrue, Stephen O'Sullivan for Jordan Kiely, Ivan Parker for Kilian Spillane, and Sean Ryan for Michael Burns.

Mayo: Matthew Flanagan; Conor Kilkenney, Seamus Cunniffe, Eoin O'Donoghue, Jason Forkan, Barry Duffy, Sean Conlon; Gary Walsh, Matthew Ruane; Gary Boylan (0-4, three frees), Cian Hanley (0-1 capt), Sharoize Akram; Fionan Duffy (0-1), TJ Byrne (2-0), Brian Reape (0-1).

Subs: Liam Byrne for Cian Hanley, Stephen Brennan for Conor Kilkenney; David Clarke for Jason Forkan; Kevin Hopkins for Matthew Ruane; Jack Reilly for Fionan Duffy; Dylan Cannon for Sean Conlon.

Referee: Sean Hurson (Tyrone).

IF YOU HAVE A STORY...

Contact Aisling on **086 0400 958** or Email: editorial@outlookmags.com

OPPORTUNITIES TO COACH THE COUNTY'S BEST YOUNG TALENT

The Kerry Schoolboys Girls League is now recruiting coaches for the forthcoming League Emerging Talent Programmes which will begin in October.

Once again the League will be bringing in players for development at all ages from 11's to 16's for the boys and at 12's, 14's and 16's for the Girls.

These players will have the opportunity to learn from the counties best coaches and will also play games, both competitive and friendly.

The role of the coach is to provide direction, coordinate and coach at the League centre and to become involved in player identification from within the League ETP and from club matches.

Applications:

Applications are now open for all the above positions and to apply please email [HYPERLINK "mailto:kerryleague1@gmail.com"](mailto:kerryleague1@gmail.com) kerryleague1@gmail.com.

Please include your qualifications, the age group you are interested in and your coaching experience.

ETP Coordinator Brendan Hogan says it is important to get the best possible coaches working for the county. "We are lucky in Kerry that we have a large number of qualified coaches at all levels including those with A Licenses. We are extending the invitation to every coach to apply and talk to us. There is a huge satisfaction in being involved in the development of our young players and we want as many coaches as possible to experience this in the ETP process".

TOP U18'S GIRLS IN ACTION AT CELTIC PARK

The final of the inaugural Munster WFAI U18 Inter League competition takes place at Celtic Park Killarney on Friday night at 7.30pm.

Cork Women's and School Girls Soccer League (CWSSL) take on Limerick Women's Schoolgirls Soccer League (LWSSL) in the final.

Cork topped the table in the qualifying stages while the LWSSL lost only once – narrowly to Cork.

A number of international players are also expected to be playing in what should be a close and competitive final.

KILLARNEY ATHLETIC A.F.C.

TRAINING TIMES for upcoming Season

Academy

Fridays 5.00pm – 6.00pm (under 6 – 8) 6.00pm – 7.00pm (under 9 - 11) optional Sunday TBC

Under 11

Fridays 6.00pm – 7.00pm optional Sunday TBC

Under 12

Tuesdays 6.00pm – 7.00pm

Under 13

Thursdays 5.00pm – 6.00pm

Under 14

Wednesdays 7.00pm – 8.00pm

Under 15

Thursday 7.00pm – 8.00pm

Under 16

Thursdays 8.00pm – 9.00pm

Girls

Wednesdays 6.00pm – 7.00pm

Seniors

The A team are away to Killorglin Sunday so get those registrations in tonight Friday night. If not registered you can't play.

CLUB REGISTRATION: still being taken.

Academy under 6 - 11 (Born after 1st Jan 2004 - 2009), Schoolboys under 11 - under 16 teams, Schoolgirls Teams - Youth, under 17 - under 18 teams, Junior soccer teams (Senior A and B) Academy Director of Coaching Robin O'Day & JP Mullins UEFA B Licence coaches. Hope to see old and new faces there. Let's play soccer in a fun and enjoyable environment. Further information can be got by emailing sec@killarneyathletic.com or private messaging our Facebook. New Members welcome.

Merchandise: Killarney Athletic merchandise can now be ordered on merchandise@killarneyathletic.com

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

KILLARNEY CELTIC NOTES

FIXTURE: The first game of the season could very well end up being one of the most important and against one of our biggest traditional rivals. Tralee Dynamos haven't ruled the Kerry roost in a few years but their relegation was an administrative matter rather than any lack of talent – they are back on the top tier and coming to Celtic Park next Friday night at 7.30pm with real intent and ambition, and this should be a real thriller of a game. Support will be vital – this is where we set our stall for the season ahead.

Denny Premier: Killarney Celtic at home to Tralee Dynamos, Friday, 7.30pm

CONGRATULATIONS to our talented U15 goalkeeper Robert Osbourne, who has been deservedly selected for Irish trials after a series of stunning performances this year.

U18 GIRLS MUNSTER FINAL AT CELTIC PARK: The final of the inaugural Munster WFAI

U18 Inter League competition takes place at Celtic Park Killarney on Friday night at 7.30pm.

Cork Women's and School Girls Soccer League (CWSSL) take on Limerick Women's Schoolgirls Soccer League (LWSSL) in the final. Cork topped the table in the qualifying stages while the LWSSL lost only once – narrowly to Cork. A number of international players are also expected to be playing in what should be a close and competitive final.

GOLF CLASSIC: Killarney Celtic's Annual Golf

Classic will be played on September 27th and will be limited this year to the first 40 teams to enter, so this would be a good time to give Mike Daly a call on 086 8516915!

NATIONAL FOOTBALL DRAW: Tickets now on sale for the Irish National Football Draw--they are €10 each and this is a new fundraiser for our club---there are local, regional and national prizes---over 2000 prizes.. Proceeds from .tickets sold go to the club.. please support--contact any club member--- Suzanne 0868449082 or May 0866485809

TRAINING TIMES: Starts Monday August 11

5.30-7.00pm Under 12 (born 2002)

7.00-8.30pm Under 15 (born 1999)

8.30-10.00pm Under 17 (born 1997)

Tuesday

5.30-7.00pm Under 13 (born 2001)

7.00-8.30pm Under 14 (born 2000)

8.30-10.00pm Seniors/Youths

Wed

5.00-6.30pm Under 11 (Born 2003)

Thursday

5.30-7.00pm Under 13 (born 2001)

8.30-10.00pm Under 16 (born 1998)

Friday

Seniors and Youths 7.30-9.00pm

Training for U7 to U10 starts on Saturday, August 30th

It takes a lot to keep a club going, but most of all we need people who can volunteer their time. Anyone willing to help out with a team is asked to contact Mike Lyne on 086 0836356

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809

LOTTO RESULTS: Numbers drawn 4, 5, 13, 22. No winner, seven x match three, Mike Murphy Barraduff, Mike O'Connor SPX, Liz McEntaggart Old Killarney Inn, Eddie Doolan Leibherr, Sean Moynihan Headford, James Galvin c/o Corkerys, Dan Moynihan Spa, €25 each. Next week's jackpot €1800, draw in the Failte on Monday night. Tickets available from all club officers.

Lotto Sellers / Yearly Lotto: The club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

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KENMARE GOLF CLUB

MEN:

JUNIOR SCRATCH CUP.

1st Rory McHugh (5) - 77

2nd David Kerins (6) - 80

INTERMEDIATE SCRATCH CUP

1st Johnny Brosnan (14) - 79

2nd Thomas Foley (14) - 80

MINOR SCRATCH CUP

1st Noel Downing (19) - 85

2nd Brendan Kelly (19) - 86

NEXT WEEKEND: Vice Captain's Scramble.

Draws every 1/2 hour Sunday morning.

KILLARNEY GOLF CLUB

MEN'S

BACK STAKES CLASSIC:

Stroke, Mahony's Point, 24/8/14

Sponsor: David Keating

1st Sean Goulding (10) 67

2nd Pat Fogarty (21) 67

3rd Con Lanigan (12) 68

4th David Macindoe (4) 68

5th Brian O'Regan (7) 69

Division 1 = Diarmuid Fraser (4) 70

Division 2 = Adrian Brennan (10) 69

Division 3 = Michael O'Donoghue (15) 69

Division 4 = John Twomey (18) 69

SINGLES STABLEFORD

Mahony's Point, 20/8/14

1st David Looney (14) 42pts

2nd Shane Riordan (14) 42pts

3rd Maurice Prendeville (6) 39pts

RING OF KERRY GOLF CLUB

RESULTS: Tony O'Connell Memorial Trophy sponsored by Brendan Breslin.

1st: Geoffrey Mahony (18) & Joe Harrington (21) 49pts

2nd: Eugene O'Sullivan (22) & Mick O'Brien (18) 48pts

3rd: Jason Taylor (26) & Jason Taylor (25) 47pts

9-HOLE JUNIOR ROLL UP EVENT

Yellow Tees

1st: Jay Steadman 17pts

Red Tees

1st: Sebastian Wharton 20pts

Starters

1st: Fionn Wharton 6pts

UP COMING FIXTURES: Sat 30th / Sun 31st - Singles Stableford GOTY

Sat 30th - Kerry Federation Finals - Dr Billy Finals & Kerry Nines 11:30 - 12:30pm

KILLORGLIN GOLF CLUB

LADIES: 18 Hole Stableford sponsored by Hannah Mary's XL, Tullig: 1. Eileen Devane (28) 43 pts. 2. Ann Walker (30) 42 pts (B6). 3. Eleanor McCarthy (26) 42 pts.

PUCK FAIR 12 HOLE re-entry sponsored by Peter Keane SuperValu: 1. Eleanor McCarthy (26) 31 pts. 2. Eileen Bell (23) 30 pts (B6). 3. Maura O'Boyle (28) Lady Captain 30 pts.

SILVER SWANS 19/08/2014: 1. Maura O'Boyle, Lady Captain (28) 27-2 = 25 pts. 2. Mary Conway (33) 24 pts.

FIXTURE: 18 Hole Single Stableford sponsored by MacBees, is on Sat 30th, Sun 31st, Tues 2nd Sept. Play either day. Arrange.

O'SULLIVANS BAKERY FOURBALL

MATCHPLAY: The Final of the O'Sullivan's Bakery Fourball Matchplay took place last week-end and Eibhlín McCarthy/Eileen Bell won over Kathleen Keating/Eileen Devane. Thanks to Kathleen & Eileen for a very sporting match and to sponsors O'Sullivan's Bakery a very special thanks for their great sponsorship.

BEAUFORT GOLF CLUB

(LADIES BRANCH)

RESULTS: 23rd/24th August - 5th Round Golfer of The Year - Sponsored by Sean Pierce Q.S.

1st Joan O'Sullivan (23) 73 Nett

2nd Peggy O'Riordan (34) 78 Nett

3rd Renee Clifford (25) 79 Nett

20th August - club Scramble

Winners: Eve Bird (36), Jerry O'Shea (28), Timmy Lyne (21) - 26 6/7th

FIXTURES: 30th/31st August - 18 Hole Stableford - Sponsored by Blossoms, Killorglin. Club Scramble continues Wednesday 27th August at 6pm.

ROSS GC, KILLARNEY

GENTS

FIXTURES: On Sunday August 31st we will hold an 18 hole single stableford competition. The entry sheet is now available in the clubhouse so please get your name on it as soon as possible. Thank You to the Killarney Race Company for their complimentary Evening at the Races on August 20th for Ross GC members. This was a great social evening of racing, dining and investing with varying fortunes being made and lost in quick succession. It was great to see so many members in attendance and the fine weather was very welcome also.

Congratulations to Jordanas Jonikaitis and Renaldas Bendikas on their recent successes in the All Ireland finals of the Junior Golf Tour. Jordanas was the overall winner and Renaldas came 5th. Well done boys. Jordanas and Noreen O'Mahony also teamed up to win the Club Mixed Foursomes championship.

We also want to send Congratulations to Daniel O'Donoghue on captaining the Kerry Minor footballers to victory over Mayo in Croke Park last Sunday. Daniel's father, Dan is a member of the groundstaff in the Ross GC.

All matches in the Killarney Trophy & Medals sponsored club matchplay championship must be played as soon as possible.

The details of the draw for the Sean Taaffe sponsored Club Fourball championship are now available on the main noticeboard.

KILLARNEY GOLF & FISHING CLUB

LADIES

RESULTS of Club Sponsored Mixed Foursomes Tuesday 19th August

1st John Wall (20) 66.5 pts
Mairead Courtney (17)
2nd Dermot Roche (11) 67 pts
Maureen Rooney (25)
3rd Shane Horgan (4) 69 pts
Eimear O'Donnell (8)
B.G. Brendan Brosnan (13) 85 gross
Kathleen Brosnan (19)

Lady Captain Maureen Culloty's Prize to Jnr Boys was held on Mahony's Point on August 14th.

1st Shane Reardon (18) 46 pts
2nd David Rea (17) 44 pts
B.G. Bryan English 81 gross.
13 Hole Competition

1st Conor Dineen (26) 27 pts
Captain Mike Daly's Prize to Juniors was held on Killeen Course August 19th.

1st Niall McCarthy (14) 44 pts
2nd Luke Sweeney (14) 42 pts

B.G. Robert Cussen
Girls 18 holes, 1st. Janie O'Connor, 11 Hole, 1st, Eva Quinn, 2nd Imogen O'Connor.

Results of Competition Sunday August 24th Sponsored by Aghadoe Heights Hotel -Killeen Course.

1st Anne Moynihan-Rudden (7) 38 pts (bk9)

2nd Taal Burke (21) 38 pts
3rd Nicola Rainsford (8) 37 pts

B.G. Anne Duggan (11) 25 gross pts

4th Sinead Lynch (18) 36 pts
CSS 73

Our Senior Foursomes Team beat East Cork in the Munster Final at Limerick Golf Club on Friday 22nd August.

They are now through to the next round in this National Event which will be played in Monkstown Golf Club 24th-27th August. The Match ended with a Killarney putt on the 19th hole.

Next Competition Sunday next 31st August, - Lady Captain Maureen Culloty's day - singles stroke Mahonys Course.

PARKNASILLA GOLF CLUB

RESULTS: Matt Sheridan Cup: 1st Vincent O'Sullivan (18) 41 pts, 2nd Dwayne Hoare (10) 37 pts, 3rd Neill Cotter (28) 37 pts.

Fixture: Golf Club Fundraiser Aug 30th and 31st, 4 ball scramble, 3 golfers and 1 non-golfer. Aug 30th until Sept 7th Dave Fleming Memorial, Men Open, 18 hole stableford. Phone 064 6645195.

BEAUFORT GOLF CLUB

(MEN'S RESULTS)

17th August - Bill McDonald Trophy - Sponsored by Killarney Credit Union

1st John F O'Callaghan (17) 73 Nett
2nd Joe Barrett (8) 73 Nett

3rd Shane O'Sullivan (7) 74 Nett
24th August - 5th Rd Golfer of The Year - Sponsored by Calor Gas

1st Dan Moynihan (6) 74 Nett
2nd Shane O'Sullivan (7) 75 Nett

3rd Mike Quirke (14) 75 Nett
22nd August – Open Friday – Sponsored by Clifford Groundcare
Winner: Oisín Fitzgerald (6) 41 pts
FIXTURES: 31st August – Day 1 Gleasure Cup (Strokeplay – White Tees) – Sponsored by Peevers, Slye & Cotter
7th September – Day 2 Gleasure Cup (Strokeplay – White Tees) – Sponsored by Peevers, Slye & Cotter
Captains Charity Rumble (Team of 3) – Yellow Tees – Sponsored by John O'Callaghan. Can be played any day of the week up to and including 28th September (1 person in team must be changed each time you enter competition).
Club Scramble continues Wednesday 27th August at 6pm.
Open Fridays (Single Stableford for Ladies & Gents) continues Friday 29th August.

KILLORGLIN GOLF CLUB

MENS RESULTS

Tuesday 19th August
18 Hole Open Singles
Sponsor: Billy Dodd
1st Kevin Guilfoyle (8) 40 pts
Sat 23rd & Sun 24th August
18 Hole Singles Stableford
Sponsor: FEXco
1st Shane Flynn (13) 40 pts
2nd Michael Harrington (16) 40 pts
3rd Jer Joy (9) 40 pts
Gross Joe Kennedy (5) 75
4th Denis Cronin (15) 37 pts
Senior Gerry Fleming (8) 37 pts

UP-COMING FIXTURES

Ladies Club Fundraiser
Saturday 30th – Ring Golf Shop for Tee-time
Sat 30th & Sun 31st
Mens 18 Hole Singles Stableford
Sponsor: Gallivan Murphy Hooper Dolan Insurance

LADIES OPEN DAY: The Ladies Club Fundraiser is on Sat 30th August. Ladies & Men's 18 Hole Stableford. Separate Prizes. Contact Pro Shop at 0669761979 to reserve tee times.

CASTLEROSSE GOLF CLUB

RESULTS competition played on Sunday 24th August, 18 hole Stableford, Winner, Roger O'Sullivan (13) 43 pts. Runner-up Donal Power (19) 43 pts. Overall 3rd place Daniel Shine (08) 41 pts.

Scramble played on Thursday 21st August, 3 person scramble, winners, Rolandes Bendikas, Renaldas Bendikas & Virjinijus Jonikatis.

FIXTURES: Scramble each Thursday evening @ 6.15pm, meet at 6pm in Club House, open to Ladies & Gents, Guests welcome. Come and enjoy 9 holes of golf at very reasonable cost.
Next weekend Sunday 31st August, President Donal O'Reilly prize, 18 hole Strokeplay, tee off at 9am. Register on sheet at Castlerosse & the very best of luck to all players.

Club members Matchplay, all first round games to be played by Saturday 30th August.
Castlerosse Golf Club Ladies open day 7th August, sponsored by Kieran Crehan & Castlerosse Hotel. (3 person teams)

1st Place; Carmel Fitzgerald, Bridie Fitzgerald & Agnes Curran.

2nd Place; Lisa Kerfoot, Liz Kelleher & Han Linehan.

3rd Place; Irene McCarthy, Peggy O'Riordan & Olive Sheehy.

4th Place; Kay Spillane, Teresa Clifford & Eileen Griffin.

5th Place; Brid Scannell, Geraldine Cullinane & Patricia Barrett.

Many thanks for your support. All ladies are welcome to come and play on a testing course that will improve your golf and give hours of enjoyment. Ring Castlerosse @ 064 6631144 for details.

DEERPARK PITCH & PUTT

Captains prize on this Sunday morning. Tee times from 8-30am Entry fee €10 per player, Format is Gents V Par and Ladies Stableford. Please support our captains Mary and Gearoid.

NATIONAL JUVENILE COMPETITIONS: While the major prizes may have eluded our juveniles in Navan at the weekend all still turned in most creditable performances with Michael Cronin, Mark Harnett and Stephen McCarthy returning the best scores and the Kerry team finishing in 4th place.

DUTCH OPEN: Congrats to brothers Damian and James Fleming who turned in fine displays at the Dutch Open at the weekend with Damian finishing 3rd and James 10th in their respective categories.

INTERMEDIATE AND JUNIOR TEAMS: Best wishes are extended to our Intermediate and Junior teams who play Bagnelstown in Lakeside Templemore this weekend.

WEDNESDAY EVENING FOURBALL RESULTS: Last Wednesday evenings competition featured what must surely be a

record in the history of Deerpark with three players Mike Foley, Conor Quirke and Jason O'Brien all returning Holes in One.

Winners were John McGrath and Conor Quirke Nett 40 and Colm O'Donoghue and Mike Foley Gross 46.

SENIORS OUTING ON SEPT 2ND: The next Seniors Outing will be on the GlenEagle course on next Tuesday September 2nd 10-30am.

PITCH & PUTT NEWS

KERRY failed to get amongst the medals last weekend at the National Juvenile Strokeplay Championships in Navan as the Inter-County team finished fourth behind Cork, Dublin and Meath on Sunday. Kerry finished three shots behind Meath on 429 and a total of 24 shots behind winners Cork as a round of four under par from Sean Courtney in the Singles allied with three under par rounds for both Michael Cronin and Stephen McCarthy were the highlights on the day. Kerry were also represented by Deerpark duo Conor Quirke and Mark Harnett along with Tralee's Eamon Sheehy in the six person team.

Saturday's Boys Championship saw the Kerry contingent finish down the field with five under par scores for Michael Cronin and Stephen McCarthy along with three under par for Mark Harnett and one under for Eamon Sheehy the standout scores as Cork's Charlie Morrissey was the overall winner on 11 under par.

This Sunday sees the Munster Mixed Foursomes takes place in Fermoy, Co Cork with Tralee duo Tony Blake and Lisa O'Connor the county's sole representatives in the field. The County Board wishes them the very best of luck in this tricky 36 hole event.



ON SUNDAY 24TH AUGUST, CAPTAIN JOHN MANGAN HELD HIS CAPTAINS PRIZE DAY AT DOOKS GOLF CLUB. THE EVENT WAS VERY WELL SUPPORTED, AND THE WEATHER TURNED OUT BETTER THAN EXPECTED, WITH LOTS OF FANTASTIC PRIZES UP FOR GRABS! THE EVENTUAL FIRST PRIZE WINNER ON 40 POINTS, WAS SEAN ROACH, WHO RECEIVED A BEAUTIFUL CUT GLASS DECANTER AND GLASSES, THE DECANTER CARRIED A SILVER ENGRAVED EMBELLISHMENT, COMMEMORATING THE EVENT. IN THE PHOTOGRAPH ARE L/R: MARY ROACH, JOHN MANGAN CAPTAIN, WINNER SEAN ROACH AND GERALDINE MANGAN.



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IFA CALLS ON NRA AND COUNTY COUNCILS TO CURB THE RAMPANT SPREAD OF RAGWORT ON PUBLIC ROADS

IFA Environment and Rural Affairs Chairman Harold Kingston has called on the NRA and County Councils to improve their efforts to control the rampant spread of ragwort and noxious weeds on public roads. "Roadside verges across the country are blighted with ragwort and other noxious weeds. There is a clear failure to manage these poisonous weeds and eliminate their spreading from roadside onto farmland. The NRA has published guidelines on the management of noxious weeds, however they now need to implement these guidelines and instruct county councils to do the same. County Councils and the NRA must adhere to their own guidelines and control the spread of ragwort and other noxious weeds. The law is not being implemented fairly." Farmers also have a responsibility to control noxious weeds on their own land and they face penalties if they

do not comply with the requirements of the law. Farmland must be kept in good environmental and agricultural conditions, while local authorities avoid any responsibility for their actions." The NRA must urgently implement their own guidelines and work with Councils to clean up roadside verges and maintain them free from noxious weeds.



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MILLTOWN MART WEANLING SHOW AND SALE

Milltown Mart held their annual weanling show and sale on Saturday last August 23d. It was a huge success, a much bigger sale than 2013 with nearly full clearance of all stock. Leading buyers and shippers were in attendance. The quality of stock was excellent.

PRIZE WINNERS

Class 1: Charolais Male (1st) William Fleming, Kilcummin. 365kg €1,040.
Class 2: Non Continental Male (1st) Peter O'Connor, Ballyfinane. 530kg €1,065.

Class 3: Limousin Male (1st) Declan Sheehan, Glencar. 435kg €1,400.

Class 4: Bel Blue Male (1st) Declan Sheehan, Glencar. 515kg €1,600.

Class 5: Charolais Female (1st) Declan Sheehan, Glencar. 485kg €1,510.

Class 6: Limousin Female (1st) Michael Doyle, Carnahone, Beaufort.

415kg €1,000.

Class 7: Shorthorn Heifer (1st) Timothy Cronin, Faha. 275kg €650.
Class 8: Bel Blue Heifer (1st) Declan Sheehan, Glencar. 430kg €1,360.

Class 9: Piedmontese Male (1st) Pat Galvin, Ballyferriter. 405kg €1,000.

Class 10: Piedmontese Female (1st) Jer Foley, Boolteens, Castlemaine. 405kg €1,020.

Champion Female Cup, sponsored by Roches Feeds Limerick, sold by Declan Sheehan, Glencar (Bel Blue Heifer 430kg €1,360) purchased by Sean Mitchell of Emerald Green Export Ltd.

Champion Male Cup, sponsored by Kerry Group, sold by Declan Sheehan, Glencar who won prizes across the board on the day weighing 515kg €1,600 purchased by Sean Mitchell of Emerald Green Exports.



DECLAN SHEEHAN WHO WON THE BELGIAN BLUE BULL CATEGORY AT THE MILLTOWN MART ON SATURDAY. DECLAN WAS PRESENTED WITH THE CUP BY JAMES DAILY (MANAGER OF MILLTOWN MART). L-R: SEAN MITCHELL (EMERALD GREEN BUYER), M O'REGAN (JUDGE), KENNETH GRANT (JUDGE), DECLAN SHEEHAN (OWNER/WINNER), JAMES DAILY AND D'S SHEEHAN.

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DAIRYGOLD PHASED SUPERLEVY PAYMENT SCHEME A WELCOME MOVE – O'LEARY

IFA National Dairy Committee Chairman Sean O'Leary has complimented Dairygold on their phased superlevy payment scheme, which will allow their suppliers to stagger their superlevy payment over the following 2 years' peak periods. He said this was a positive example other co-ops, perhaps in co-operation with financial institutions, should emulate to better support their suppliers through the challenging transition out of quotas. "The Dairygold scheme is an excellent example of constructive innovative thinking to assist farmers. Now that markets and milk prices have weakened, it is vital that the pressures farmers will face on their cash flow over the coming 18 to 24 months be properly appreciated by co-ops and banks alike," he said. "I would urge banks to provide farmers with equally innovative financial products for cash flow and for investment, which recognise fully the volatility of

farmers' incomes and gives them the greatest possible flexibility on terms and repayment requirements when margins are down. I would also urge farmers to remember that, whether or not their co-op and their banks provide an instrument to help them deal with superlevy and short term cash flow problems, they will still have to pay in full any fine arising from exceeding their quota. While this is the final year of the quota regime, it still remains vital that they would properly plan for this."



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McDonald's Restaurants of Ireland have announced that it has partnered with Kerry Group to select a new dairy Flagship Farm, located in Milltown, to highlight best practice sustainable milk production within McDonald's international supply chain. The dairy farm, which is farmed by Eoghan McCarthy, is the first dairy Flagship Farm to be selected by McDonald's for the Irish market and was chosen because of its best-in-class approach to sustainable primary milk production, while maintaining high animal welfare standards and improving the surrounding natural environment. Eoghan's dairy farm was chosen to become a Flagship Farm, following a robust selection process, because of the high quality milk that is produced from grazed grass on the farm and the overall approach to sustainable milk production. Other key reasons for its selection by McDonald's include the long grass growing season and

low input system which are central to the farm's economic viability and sustainability credentials. There is also a keen focus on cow health and welfare with a comprehensive vaccination policy and good disease control measures which reduce animal health challenges. In addition, there is strong environmental stewardship with several initiatives being undertaken to help maintain and enhance local biodiversity. "The main focus of my farming business is to make a good living from running the family farm. I need to do this as efficiently as possible whilst protecting and enhancing the welfare of the cows and respecting the natural environment. The focus is to grow high quality pastures which the cows have good access to, therefore enabling them to produce as much milk as possible from grass. It is great that McDonald's recognises the importance of sustainable primary milk production," said Eoghan.



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HAVE YOU SEEN A HEDGEHOG IN YOUR GARDEN?

Long before Beatrix Potter unleashed the twinkly-eyed hedgehog washerwoman Mrs. Tiggy-Winkles upon the world, children have been enamoured by the spiny mammals. In fact, a carved toy hedgehog, presumably a prized possession was found buried next to a child's grave unearthed near Stonehenge dating back approx. 3,000 years.

1. The hedgehog was named for its unique foraging methods. They root through hedges seeking their prey, mostly insects, as well as worms, bird eggs, snails, mice and frogs, while emitting snorts, squeals and grunts. Like a hog, of the hedge ... hence, "hedgehog."
2. Shakespeare mentioned hedgehogs in "The Tempest" and "A Midsummer Night's Dream," calling them "hedgepigs" and "urchins."
3. The collective noun for a group of hedgehogs is "array" or "prickle."
4. There are 15 species of hedgehog; they are found in Europe, Asia, and Africa, but they have also been introduced into new areas such as New Zealand.
5. The earliest known member of the family that includes hedgehogs lived about 58 million years ago. The smallest hedgehog ever, *Silvacola acarea*, lived 52 million years ago in a rain forest in northern British Columbia. It was about 2 inches long.
6. Today's hedgehogs measure roughly from 5 to 14 inches (plus a 1- to 2-inch tail), depending on the species. The European hedgehog is the largest species of all and reaches 14 inches in length.
7. The hedgehog can thank its spines for its signature look; they are 1-inch long modified hairs that cover the animals back and sides. The face, chest, belly, throat and legs are covered in fur.
8. There are somewhere between 5,000 to 7,000 spines on an average adult hedgehog. They are

neither poisonous nor barbed, and unlike the quills of a porcupine, the hedgehog's prickles stay firmly attached to the animal.

9. Hedgehogs use their quills defensively, more like armour than projectiles. When threatened, hedgehogs roll up into a ball, thereby becoming an orb of hard-to-eat spines. This is how they sleep which they do during the day, by the way.

10. Hedgehogs can live for four to seven years in the wild, a relatively long time for animals of their size. Smaller species live two to four years.

18. Hedgehogs are loners; they generally only match up for mating.

12. Depending on the species, the gestation period is 35 to 58 days, and in the end produces a litter of five to six pups for smaller species and three to four pups for larger species and leave the nest sometime between four and seven weeks of age.

WELL DONE:

To the Killarney Gardai and to the person that gave them the tip off resulting in the safe return of the dogs which were stolen from Kennedy's Pet Farm on the Killarney - Cork road.

The immediate response by the Gardai no doubt saved the lives of the pups and though the probability is that the adult dogs would have been sold on as pets, there is also the possibility that they could have been used in dog fighting circles. Congratulations on a job really well carried out to all concerned in the rescue.

KILLARNEY TOASTMASTERS

Killarney Toastmasters will be back on Tuesday, September 9th. Just in time for those who are planning their winter programme and who want to do something that will add value to their lives and which develops self-confidence and increases self-esteem. As well, of course, Toastmasters will get you out of the house, into a group where fun and laughter

is the order of the day and where you'll make new friends. People are welcome to attend meetings as guests and will not be called upon to speak until they decide if they wish to join up. Every meeting consists of a topics session where members discuss anything - apart from sex, religion and politics - these subjects are considered to be too divisive (!). This is then followed by three prepared speeches each night, with experienced members giving speeches of between 4-7 minutes length. These are then evaluated by a nominated evaluator from the group thus increasing the learning experience for everyone. Members also share roles at the top table and so develop skills in chairing meetings and preparing agendas.

The experience of being a member of Toastmasters enables people to become more involved in other organisations, join the debate at public meetings, speak up at parent/teacher conferences, get involved in community activism and so much more. An added benefit of joining Toastmasters is the emphasis that there is on timekeeping with meetings starting at 8.30pm sharp and people asked to be in situ by 8.15pm at the latest. There will be a break for tea or coffee mid-way which allows plenty of time for socialising and the meeting will finish at 10.30pm sharp.

Your membership will enable you learn how to put your thoughts together, how to speak concisely and clearly, you learn the uses of body language, how to project your voice, the value of making eye contact - all skills that are necessary in everyday life as well as in work.

Members of Killarney Toastmasters come from all walks of life with people travelling up to 30 miles to get to the twice monthly meetings of the club. Meetings take place in the Malton Hotel on the second and fourth Tuesdays of each month from September to May. So, decide to come to the first meeting of the new season - it's a decision that could be life changing for you.

Further information from Bernadette 087 754 6984.

5 CAR DISTRACTIONS THAT AREN'T MOBILE PHONES

Drivers do plenty of other things that distract them from the road ahead. And it's not just kids. 83% of teenagers say their own parents engage in unsafe driving with them in the car. So here are five things most drivers do in the car, not just teenagers:

1. Drivers looking at passengers while talking to them, because it's human nature to look someone in the eye when conversing with them. Cut it out! They know you're driving and won't think you're being shifty just because your visual attention is elsewhere.

2. Applying makeup/shaving/reading directions/finding something. The first two are hair-raising, because not only is the process distracting, but the driver actually has to look at themselves in the mirror. Trying to read maps, or to follow printed directions, can really take

your attention away too. And most drivers have groped the floor looking for some small object that's fallen out of their reach. 3. Playing with the entertainment. Despite the concern about distracted driving, carmakers are making their stereos more complicated and demanding and some even do away with volume knobs. The problem is compounded by today's short attention spans as people don't even make it through one song before switching stations.

4. Watching the scenery. Ireland's a fascinating place. There are advertising signs, people walking dogs, food trucks and beautiful members of the opposite sex. All of it is more interesting than the taillights ahead, but much more dangerous if it takes your eyes off the road.

5. Eating/drinking in the car. Eating potato chips, burgers etc at the wheel creates greasy hands, which require napkins, and suppose you drop the bag? Or get ketchup all over your shirt. That means more distraction as you try to clean it off with the napkins that are in that bag somewhere.

All in all, drivers manage to distract themselves pretty well, even without phones getting into the act.

QUOTE FOR THE WEEK:

"It is better to be hated for what you are than to be loved for what you are not." - André Gide, Autumn Leaves.

EVER DREAM OF WINNING THE LOTTO?

A 24 year old Port Huron, Michigan, resident, who recently won a \$66 million Mega Millions lottery jackpot, has big plans for her new found wealth.

The lucky lady and her boyfriend intend to purchase some of the more typical items associated with the receipt of a windfall of cash, including a new car, as well as a new home and a European vacation.

The winner who has seven-month-old son, also has her sights set on a more altruistic endeavour - opening a no-kill animal shelter. She has already hired a financial advisor and lawyer to help her manage her millions, as she plans on being one of the "smart" winners and not end up bankrupt after losing it all.

GROUND LIZARDS INVITE THEIR FRIENDS TO LUNCH:

To a Little Scrub Island ground lizard, a pushup is less of a workout and more of an invitation to lunch. A pair of scientists found that when these lizards perform pushups near extra food, their neighbours will scurry over and tuck in. What's unusual about the Little Scrub Island ground lizards (*Ameiva corax*) is that these reptiles don't seem to mind sharing, as long as there's enough food to go around. Many Lizard species are territorial or, like the fig-eating cape

flat lizards, attempt to steal food from one another.

When researchers spent 8 days on Little Scrub Island, a tiny isle in the Caribbean, they spotted the native ground lizards eating socially. The scientists presented the reptiles with three objects, to see when lizards choose to invite guests over: a whole prickly pear, split down the middle; a quarter of a pear; and a red Swiss Army knife, which the scientists say was roughly the same size and colour of a pear. Ground lizards are rather fond of prickly pears, but struggle to get through the fruit's thick skin.

Upon encountering a whole pear, the lizards would perform a quick pump of the legs, a silent way to communicate in noisy environments. Based on the rate of pushups -- performed much more often near whole pears, and then with decreasing frequency as more diners showed up -- the scientists believe these manoeuvres are advertisements of bonus food.

OUR FUTURE DEPENDS ON SPIDER CONSERVATION:

How much do you know about spiders? The superhero Spider-Man is awesome, but the role of actual spiders in diverse ecosystems around the world is just as captivating.

If spiders disappeared, we would face famine, spiders are primary controllers of insects. Without spiders, all of our crops would be consumed by those pests.

Although insects and spiders are often grouped together, they belong to different animal groups. Spiders are arachnids -- technically Class Arachnida, which includes ticks, mites, and scorpions. The most obvious way to distinguish insects from spiders is to count their legs. Insects have six legs, while arachnids have eight.

The importance of spiders to agriculture may be well known, but did you know that the spiders on one acre of woodland alone consume more than 80 pounds of insects each year? Clearly, those insect populations would explode without their spider predators.

Aside from chemical control, predation is the only way to limit herbivorous pests. And spiders are excellent at this task. Spiders are particularly crucial in organic farming, which relies heavily on biological pest control.

* Spiders were around more than 300 million years ago, long before dinosaurs walked the Earth.

* Only about 50 percent of known spider species make webs. Others hunt their prey or burrow underground.

* You are unlikely to be bitten by a spider, since they are very shy. They generally prefer to run away rather than bite.

Scientists are also exploring other ways in which spiders could be helpful to humans, a spider's venom contains hundreds of different chemical compounds, some of which may be medically active.

At Yale, scientists are examining whether chemicals in the venom of the Australian funnel-web spider could be used to improve pain-control medications. At the University of Buffalo, a researcher is working on healing muscular dystrophy patients with a compound in the venom of a South American spider. In Seattle, a doctor is working on a project that involves a scorpion-venom concoction that makes brain tumours glow.

Then of course there is spider silk: spiders make many different kinds of silk in their webs, each with a property, such as toughness, flexibility, stickiness. Perhaps this too could have important uses in the future.

Scientists have identified almost 45,000 different spider species and that's at best one-half of what actually exists. When we lose a spider species, we may lose a compound that could have cured epilepsy. We may lose a silk that could have produced a strong and lightweight material.

Spiders are threatened by habitat loss and fragmentation of habitat, as well as by introduced species and are often overlooked in conservation planning, just because they are so small, but without spiders, our crops will be eaten by insects and we humans will starve.

So look kindly on the next spider you see; our future depends on these eight-legged creatures.

ON THIS DATE – AUGUST 29TH:

1655 - King Charles X of Sweden captured Warsaw, driving King John II of Poland into exile.

1798 - Cornwallis reached Tuam.

1803 - Death of Samuel Neilson, co-founder of the United Irishmen.

1842 - The Treaty of Nanking leased Hong Kong to Britain.

1844 - Death of Edmund Ignatius Rice, founder of the Irish Christian Brothers.

1885 - Gottlieb Daimler patented the first motorcycle in Germany.

1890 - The Science & Art Museum and The National Library of Ireland opened.

1871 - Birth in London of Jack B. Yeats, painter and author.

1975 - Death of Eamon de Valera.

2002 - According to Transparency International's annual corruption index, Ireland had slipped five places and was now perceived as the third most corrupt country in Europe.

FINALLY THIS WEEK:

Last year an average of 250 people a day left Ireland. Most were in their 20s and 30s. Many were highly educated. It is the highest emigration rate of anywhere in the European Union.

200,000 Irish people have left our country since the financial crash of 2008.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted.

M.M.

THE MIRACLE PRAYER

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M.L.

NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 9 times for 9 days. Must promise publication.

M.L.

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Amen.

Say this prayer for three days.

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HOLY WATER - A MEANS OF SPIRITUAL WEALTH

HOLY WATER is a sacramental that remits venial sin, because of the blessing attached to it, Holy Church strongly urges its use upon Her Children, especially when dangers threaten, such as fire, storms, sickness and other calamities.

Every Catholic home should have always in it a supply of Holy Water.

WE DO NOT TAKE ADVANTAGE OF THE BENEFITS DERIVED FROM HOLY WATER.

LET US CULTIVATE ITS USE.

UNTOLD Spiritual Wealth is concentrated in a tiny drop of blessed water.

AND WE GIVE IT SO LITTLE THOUGHT.

NOVENA TO THE SACRED HEART ST JOSEPH, PADRE PIO, ST ANTHONY, ST THERESA & ST JOSEPH OF CUPERTINO

NEVER KNOWN TO FAIL

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall I ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your perfect love for me and therefore I place all my trust in your.

Our Father, Hail Mary and Glory.

Say 3 times for 3 days and request will be granted, Never known to fail.

Must publish.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within Your own heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer. In thanksgiving.

1ST ANNIVERSARY



In Loving Memory of

MARIE LENIHAN

'Oakwood House', Inchcullane, Kilcummin, Killarney, Co. Kerry.

*A little tribute sweet & tender,
Just to say we all remember,
Simple words but very true,
We will always love & think of you.*

From the Condon family, Management & staff of Sceal Eile Restaurant.

NOVENA TO ST. MARTHA

O ST. MARTHA, I resort to thee and to thy petition and faith I offer up to thee the light which I shall burn every Tuesday for nine Tuesdays. Comfort me in all my difficulties thro' the great favour thou didst enjoy when Our Saviour lodged in thy house. I beseech thee to have definite pity in regard to favour I ask (mention favour).

Intercede for my family that we may always be provided for in all our necessities I ask thee St. Martha to overcome the dragon which thou didst cast at thy feet. One our Father and three Hail Marys, and a lighted candle very Tuesday and the above prayer made know with the intentions of spreading devotion to St. Martha. This miraculous Saint grants every thing before the Tuesdays are ended. No matter how difficult.

PRAYER FOR MOTHERS IN DISTRESS

Our Lady of Guadalupe wrap your mantle around the woman most in distress at this moment. St. John the Baptist hold them by the hand and lead to all the alters of the world where the Precious Blood of Jesus is shed.

One Glory Be to the Father.
Please promote.

PRAYER

NEVER KNOW TO FAIL

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall I ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your perfect love for me and therefore I place all my trust in your.

Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3times for 3 days. Must promise publication

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted.

DEBT REMOVAL PRAYER

Lord, I confess I've made mistakes, I have accumulated too much debt, and now I cannot imagine overcoming it without your help. Please Lord, I beg of you to intercede on my behalf. Provide me with the financial means to be able to breath again. Please forgive my sins Lord. Walk with me and help me to make the right decisions throughout my life.

In your name I pray. Amen.

You must say 3 Our Fathers for 7 Days. Must promise publication. Never Know to fail.

1ST ANNIVERSARY



In Loving Memory of

MARIE LENIHAN (NEE O'CONNOR)

**'Oakwood House', Inchcullane,
Kilcummin, Killarney, Co. Kerry.**

Who sadly passed away
on the 31st of August 2013

Sister

There's always a face before us,
A voice we would love to hear,
A smile we will always remember,
Of a sister we loved so dear.

Loved and always missed everyday
your sisters and brothers:

**Patsy, Hugh, Breda, Seamus, Kathy,
Donnacha, William, Sean and Jerry.**

Sister-in-law

Precious people are very few,
That is why there was only one you,
Lord treasure her in your garden of rest,
because on earth she was one of the best.

Sadly missed by your sisters-in-law and
brothers-in-law:

**Ann-Marie, Chris, Linda, Una, Niamh,
Cait, Gerry and Tim.**

Aunt

To us you were someone special,
Someone kind and true,
You will never be forgotten,
because we thought the world of you.

Always in our hearts:
Your nieces and nephews.

*Your life was a blessing
your memory a treasure...
you are loved beyond words
and missed beyond measure...*

**Marie's 1st Anniversary Mass
will be celebrated in
Kilcummin Church
on Sunday the 31st of August 2014
at 11.15 am.**

BIRTHDAY REMEMBRANCE



Remembering

JOHN CROWLEY

Knockacorin, Currow
on his 43rd birthday which occurs
on the 28th of August.

*We hold you close within our hearts,
And there you shall remain,
To walk with us throughout our lives,
Until we meet again.*

*So rest in peace dear loved one,
And thanks for all you've done,
We pray that God has given you,
The crown you've truly won.*

Sadly missed by your father in law Frank,
mother in law Kathleen, brother in law John
Francis and sister in law Sandra.

1ST ANNIVERSARY



In loving memory of

DENIS GRIFFIN

**Two Mile School, Killarney.
Who died on September 2nd 2013.**

*We didn't know that morning,
God was going to call your name,
In life we loved you dearly,
In death we do the same.*

*It broke our hearts to lose you,
You did not go alone,
For part of us went with you,
The day God called you home.*

*Our family chain is broken,
And nothing seems the same,
But as God calls us one by one,
The chain will link again.*

**Sadly missed by your loving wife Carmel,
daughters Betty, Eileen & Mary, sons Pat
& Niall, extended family & friends.**

**Anniversary Mass will be held at
St Mary's Cathedral at 6.15pm on
Tuesday 2nd September 2014.**

ACKNOWLEDGEMENT & FIRST ANNIVERSARY



In Loving Memory of

BRENDAN HEFFERNAN

**Millwood, Killarney
(formerly of Lackabane, Fossa).**

Died 3rd September 2013

Brendan's parents, Daniel and Kathleen Heffernan,
son Robert, sisters Caitriona, Siobhan and Mairead,
and brother, Gerard, and extended family would
like to express their deepest thanks to all those who
supported Brendan and our family during his illness
and after his death.

We express our deep appreciation to those who
attended Brendan's removal and funeral mass,
travelling from near and far, and for all the
messages, mass cards and letters.

We are deeply grateful to all those who contributed
to Brendan's funeral mass particularly Fr. Niall
Howard, Fr. Brendan Harrington and other priests
who concelebrated the mass. Thanks to the choir,
O'Shea's Funeral Directors and to Workmen's Rowing
Club and other Killarney rowing clubs for providing
the Guard of Honour.

Our grateful thanks to those who donated so
generously to Kerry Hospice Foundation, Irish Cancer
Society and the Mercy Foundation in remembrance
of Brendan.

In the medical field we wish to thank Dr Donal
Coffey, Dr Patricia Mangan and the Ross Medical
Practice, Park Road Pharmacy, staff at the Mercy
Hospital and CUH, the Palliative Day Care Unit at
Tralee General Hospital.

We are also indebted to the Kerry Public Health and
Palliative Care nursing teams and the Irish Cancer
Society's night nurses.

Our thanks to Fr Niall Howard, Fr Kieran O'Brien,
Fr Brendan Harrington and Fr Kevin McNamara for
their visits to Brendan and his family.

We would especially like to acknowledge Brendan's
friends and Workmen's Rowing Club for their
support to Brendan and our family during his illness
and since his death, and their ongoing help towards
fundraising in his memory.

As it would be impossible to thank everyone
individually, please accept this as an expression of
our sincere gratitude.

Brendan is so loved and sadly missed by his son,
parents and family every day.

**Brendan's anniversary mass will be offered
on Saturday 30th August at the Church of the
Resurrection, Park Road, Killarney at 9.30am.**

1ST ANNIVERSARY



In Loving Memory of

MARIE LENIHAN

**'Oakwood House', Inchcullane,
Kilcummin, Killarney, Co. Kerry.**

Who died on 31st of August 2013
R.I.P.

*Though her smile has gone forever,
And her hand we cannot touch,
We still have so many memories,
Of the one we loved so much,
Her memory is our keepsake,
With which we'll never part,
God has her in his keeping,
We have her in our hearts.*

Sadly missed by John, Mag, Paul, Tina, Colm,
Sean, Claire, Padraig and Anna.

*Time passes memories stay,
Quietly remembered everyday.*

Sadly missed by Tony, Joan, Michael, Linda,
Jennifer, Nicolette, Patrick and Freya.

*No matter how life changes,
No matter what we do,
A special place within our hearts
is always kept for you.*

Always remembered by
Sheila, Charlie, Charles and Robert.

*Death leaves a heartache no one can heal,
Love leaves memories no one can steal.*

Always remembered by
Helen, Paudie, Brian and Mark.

*To us you were someone special,
Someone kind and true,
You will never be forgotten,
Because we thought the world of you.*

Lovingly remembered by
Mary, Tom, Kate, Tommy, Laura and Sarah.

*Though absent you are very near,
Still loved, still missed and very dear.*

Lovingly remembered by Peggy.

WILLMS PHARMACY

NEW STREET, KILLARNEY



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