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RNEY Outlook

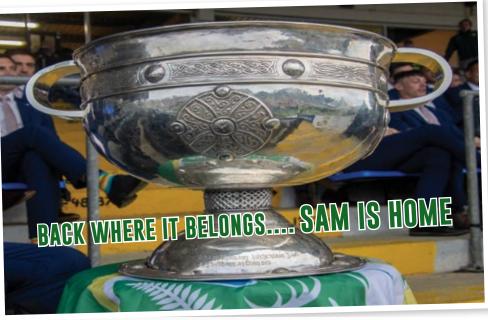
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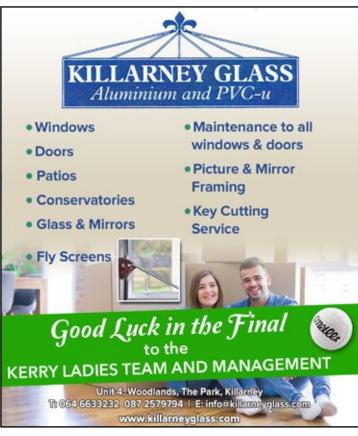
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The Sam Maguire perched in all its glory at the Fitzgerald Stadium at the Kerry Team Homecoming on Monday night. Photo: Tatyana McGough, Fitzgerald Stadium PR.











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THIS WEEK

29:07:22

VICTORIOUS KERRY FOOTBALLERS BRING SAM MAGUIRE TO VISIT CHILDREN IN TEMPLE STREET

See Page 4



news@outlookmags.com 086 0400 958

jimmyosdarcy@gmail.com

des@outlookmags.com 087 6593 427

killarneyoutlook@outlookmags.com 087 7776 665

maura@outlookmags.com 087 7160372

accounts@outlookmags.com 1800 71 40 40

Editorial Contributors

Contributing Photographers

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FROM THE EDITOR



Aisling Crosbie.

WHAT A DAY! After a long eight years Sam Maguire is back where it belongs in the Kingdom of Kerry. The celebrations are continuing throughout the county with the

victorious Kerry team visiting the towns and villages much to the delight of the loyal fans who are lining the streets to welcome Sam and the boys!

Before they headed for home, the boys visited Temple Street Hospital where they were welcomed with open arms by Kerry fans, We have photos from the streets of Dublin and Croke Park, from the homecoming at the Fitzgerald Stadium and from Kerry fans around the world who watched their team claim All Ireland glory.

Jimmy O'Sullivan Darcy gives his take on the game and also takes a look at the Kerry Ladies bid for All Ireland glory this weekend. So enjoy this special edition of Killarney Outlook! Ciarraí Abú

HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE

T: 0818 222 024

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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Dancing with the clouds at Inch Beach.... captured by Phiippa Knight





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Vell done son...



A hug from Mum Ella and Dad Dermot for Man of the Match David Clifford after Kerry won the Sam Maguire for the 38th time. Photo: Eileen Finucane

VICTORIOUS KERRY SENIOR FOOTBALLERS BRING

SAM MAGUIRE TO VISIT CHILDREN IN TEMPLE STREET

ooking bright eyed and bushy tailed, the victorious Kerry senior footballers took time out of their busy schedule on Monday morning to share their celebrations with children and staff alike in CHI at Temple Street. Team members Joe O'Connor, Seán O'Shea and Gavin White brought the Sam Maguire cup to the hospital and took the time to get photographs outside the hospital's famous blue door with staff and some delighted patients from the Kingdom. All infection prevention and control guidelines were followed for this special visit.



Pictured visiting CHI at Temple Street with the Sam Maguire was the victorious Kerry Senior Football team. L-r: Rose Ellen Callaghan and Joey McHugh with Joe O'Connor.



Pictured visiting CHI at Temple Street with the Sam Maguire was the victorious Kerry Senior Football team. L-r: Seán O'Shea, Joe O'Connor, Tomás O'Dowd and Gavin White.



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ANGLERS CALL FOR LOCAL FACILITIES

Two Kerry anglers are calling on authorities to provide safe fishing sites on inland lakes for them in Kerry.

Bernard James and Brendan Mansell have to travel to an Inland Fisheries stocked lake near Bantry to enjoy a day's fishing.

"Kerry has two such lakes but after years of asking for wheelchair facilities at these lakes by Killarney South/Kerry Wheelchair branch nothing has been done by Inland Fisheries Ireland or Kerry Co Council", Bernard told Killarney Outlook.



Angler Bernard James pictured in Bantry this week



Angler Brendan Mansell pictured in Bantry this week

Last chance to VOLUNTEER FOR THE ROSE OF TRALEE

Today, Friday 29th July is the last day to volunteer for the Rose of Tralee International Festival.

This year is the 61st Festival and the volunteers are the life-blood of the Rose of Tralee.

Volunteering for this unique Festival means experiencing first hand the enjoyment and excitement that the Rose of Tralee International Festival brings to Tralee.

In order to be considered your potential you need to complete this Volunteer Application Form no later than Friday 29th July 2022. To Apply or for further information visit www.roseoftralee.ie



Sean O'Sullivan.

KILLARNEY BORN BUSINESSMANAPPOINTED TO TOP JOB

Intel has announced the appointmnt of Sean O'Sullivan as one of two new Irish Vice Presidents. Born in Killarney, Sean grew up in Celbridge in Co. Kildare where he attended Salesian College. He went onto study Business at DCU and completed a postgraduate degree in IT at Maynooth and is the first non-US employee at Intel to lead the organisation.

A passionate GAA man he is married with three children.

NEW YORK GOVERNOR SENDS KERRY TEAM

A GOOD LUCK MESSAGE

The Governor of New York, Kathy Hochul took time out from her busy schedule to send a good luck message to the Kerry team ahead of Sunday's All-Ireland Final. With her grandfather coming from the Maharees Peninsula, she will be rooting for the Kingdom.

In a detailed letter sent frm the New York Executive Chamber in Albany she said it was her pleasure to send greetings to everyone gathered in Dublin for the 2022 AllIreland Senior Football Championship.

This much-anticipated event will bring fans of Gaelic football from around the globe and the Irish diaspora to historic Croke Park for the 135th finale of the Gaelic Athletic Association's premier inter-county Gaelic football tournament. Galway's roadto the final included the Connacht Championship and the defeat of Armagh and Derry. The Kingdom's road included the Munster Championship and the besting of Mayo and a show-stopping win over Dublin.

Although I know that the best team will prevail, my deep roots in County Kerry compel me to root for my home team. My Grandfather John, from the Village of Cutteenon the Maharees Peninsula, was the founder and president of the North American GAA and a star player for our local Buffalo team, as was his son, my father, Jack, after him. The fightingKerry



spirit is ingrained in who I am today and I know well the commitment, skill, and team workrequiredtoplaythisfierceandexcitinggame. Ican'twaittoseewhotakesSamhome.

 $Bestwishes for a wonderful and exciting tournament.\ Ciarrai Abu!$

Sincerely

Kathy Hochul Governor



"JOYRIDE"

SCREENED IN **KILLARNEY** THIS WEEK

inema Killarney welcomed the stars of Joyride for a sceening this week.

Kerry International Film Festival (KIFF) in association with Screen Kerry hosted the screening at a sold-out full house of cast, crew, film enthusiasts, sponsors, and supporters of film in Kerry and included a Q&A session with key talent after the screening. Filmed exclusively in Kerry last year, Joyride is set to be released across the UK and Ireland on 29th July, hence, those who attended the preview screening were in for a real treat as they got to see an array of local actors, extras and of course, world-renowned Kerry scenery, in this film that has been described as 'a warm, funny and touching story about motherhood,

friendship and acceptance' by Sunniva O'Flynn of the Irish Film Institute. Written by Kerry based Ailbhe Keogan, who is a KIFF Board member and graduate of Kerry College, and directed by Emmy award winning Emer Reynolds, a former winner of the KIFF Maureen O' Hara Award, the film stars the world-renowned Oscar®, Emmy and Golden Globe winning actor Olivia Colman as lead character "Joy", newcomer Charlie Reid as co-star "Mully" and Lochlann O'Mearáin as Mully's Dad "James". Both Charlie and Lochlann attended the preview screening, as well as Emer, Ailbhe and the Irish Producers, Aoife O'Sullivan and Tristan Orpen Lynch from Subotica. Unfortunately, Olivia Colman is currently in the middle of filming, thus, she was unable to attend the event.

A vast amount of local people were involved in the production of Joyride, both as cast and crew and by providing locations, so there was great



At the premiere of the film Joyride in Killarney on Wednesday night last, L-R Karl King(Kerry International Film Festival) Grace O'Donnell (Chair Kerry International Film Festival) Charlie Reid (Actor) Emer Reynolds(Director) Lochlann O'Mearáin(Actor) Ailbhe Keogan(Writer) Andrew Power (Kerry International Film Festival) Aileen Garvey(Kerry international Film Festival). Photo: Michael G. Kenny

excitement in the cinema to see the finished film on the big screen. Many local organisations who supported the film being produced in the county were also in attendance. Kerry ETB and Kerry College Monavalley Campus welcomed the full production team onsite for a 10-week period last Summer to run a production base on campus. This in turn provided an excellent industry training opportunity for students on the Kerry College Broadcast Production Skills course. Kerry County Council were hugely supportive of the project from the start with both the Arts Office Creative Kerry Programme and Economic Development Office providing key assistance. Praise must go also to the Council Area Engineers who assisted in this road movie shooting all over the county with the least possible disruption to the general public.

KERRY AND THE FRENCH CONNECTION!

trio of Kerry artists participated in Limerick Bastille Day/Wild Geese Festival at King John's Castle on the occasion of the World Premiere performance of 'Symphony 32' composed by Prof. Eric Fal'cher Poyroux on Sunday July 17th to The Symphony explored themes of Irish history and mythology in twelve Movements. Eric came to Ireland in the 1980's to work at the Presentation Secondary School, Milltown as a student of English and as part of his studies in the university of Rennes and this was the beginning of a love affair with Kerry. He has a Ph.D. on Irish Music with many publications and is now Professor of Irish History and Celtic studies

Robert Houlihan, Conductor of 'Symphony 32', a native of Castleisland, cousin of the legendary journalist Con Houlihan. Robert now resides

in Kells, Cahirsiveen, is Conductor of the RTE National Symphony Orchestra and worked extensively throughout Europe and this weekend conducted 'Symphony 32' with the Irish Chamber Orchestra, together with an ensemble of traditional musicians, incuding ... uilleann pipes, harp, fiddle, flutes and bodhrán.

Thomas O'Sullivan, Killarney musician, author of Kerry Dreamtime (2019)



and Blackthorn Woods Cill Áirne/St. Abban's Pilgrim's Path, Killarney (in

The festival included great pageantry ... Napoleonic military regalia, a gun salute and a spectacular display of dance with LegionÉire Dance Force. The project was in association with UL Irish World Academy of Music and The Wild Geese Festival will be featured on Nationwide on RTE 1 on Wednesday next August 3rd.

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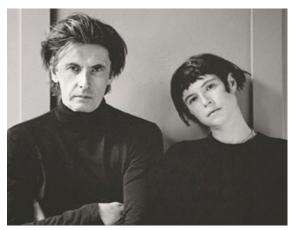


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MERCURY PRIZE NOMINATION FOR JESSIE



Killarney actress Jessie Buckley has been nominated for a Mercury prize for her album For All Our Days That Tear The Heart with former Suede guitarist Bernard Butler.

Jessie, the daughter of Tim Buckley and Marina Cassidy recently won an Olivier award for best actress following her role as Sally Bowles in Cabaret.

The album that was released in June reached Number 23 in the UK Album Charts. In a tweet, Jessie said "We are delighted to announce that our album "For All Our Days That Tear The Heart" has been shortlisted for the 2022 @mercuryprize with @FreeNow_

Thank you to everyone for the continued support".

The shortlist for the award also includes singer and former member of One Direction Harry Styles.

The Mercury Prize, formerly called the Mercury Music Prize, is an annual music prize awarded for the best album released in the United Kingdom by a British or Irish act. This year's Mercury prize ceremony will be held on 8 September 2022 at the Eventim Hammersmith Apollo, with the winner taking home £25,000.

NEW PRIESTS IN THE PARISH

r Joe Begley and Fr Sean Jones are joining Fr Kieran as part of the Killarney parish team into the future.

Fr Joe Begley is a familiar face in Killarney from his time as a teacher in St Brendan's College, and afterwards as parish priest in Kilcummin parish. He has also ministered in Dingle and Glengarriff.

Fr Sean Jones was in the parish in his year as a deacon before his ordination in 2018. He joins Killarney from St. John's parish Tralee, and is the youngest priest of the diocese.

"We are delighted to have them with us, we pray God's blessing on them in their ministry, and we assure them of our every support", Bishop Ray Browne said.

Meanwhile, Mark Moriarty, the son of Brian and Marjorie Moriarty from Killarney will be ordinated a Deacon on Sunday August 7th at 3pm in St Mary's Cathedral.







erry County Council, in conjunction with Failte Ireland, is continuing the trialling a clockwise traffic management system for visitors on Slea Head Drive from Friday 29th July to Monday 22nd August. During this trial period, the Council asks that larger vehicles travel in a clockwise direction around Slea Head, starting at Dingle town, then on to Ventry, Slea Head, Coumeenole, Dunguin, Muríoch, Ballyferriter, Feohanagh and back to Dingle.

The trial, taking place on this occasion during the peak visitor season, follows a similar trial which took place earlier this year and will inform future considerations on traffic management in the area.

A Kerry County Council employee will be positioned each day from 10.30 am to 4.00pm at Coumeenole to encourage larger vehicles that are driving in the incorrect direction to follow the correct route.

Visitors will be encouraged to follow the recommended route from the outset resulting in more time to relax and enjoy the magnificent views, attractions, history and culture of this beautiful part of Kerry.

will Local access he maintained as normal.

Extensive directional signage advising of the clockwise system will be erected locally.

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THIS WEEKS BEEF COMES FROM CAHILLANES MEATS KILLORGLIN.

THIS WEEKS LAMB COMES FROM CAHILLANES MEATS KILLORGLIN.

Wishing local player Danielle O'Leary and the Kerry Ladies Team and Management all the best in Sunday's All Ireland Final from all at McCarthys Londis Anne Lucey looks at the positive news happening in the town of Killarney



KERRY FOOTBALL: AN EMOTIONAL LANGUAGE

t's about 25 years since Pat Spillane, on the Late Late Show, if memory serves me, said Kerry football was not just a game but "a religion", echoing what Maradona and Pele said of soccer.

As far as I know, Spillane was the first to draw the striking comparison for Kerry, one that is recycled to this day.

Before this we had appreciated how Kerry football was the great healer after the extreme division of the Civil War..

But there is another aspect to it. And it took until this week and a grown man cry on prime time tv - Pat Spillane again - to crystalize the emotional side there is to Kerry football.

Jack O'Connor, in front of 30,000 people in Denny Street Tralee on Monday night spoke of how it was "passion" among supporters that distinguished Kerry football. The players fed off the people's passion, he said.

Perhaps every bit as much as "religion", Kerry football is the emotional language of the county. And if not "language" exactly, football, particularly All-Ireland football is the medium through which emotion, particularly male emotion, is funnelled.

A bit like the way talking about the weather is an international ice-breaker and means of communication, football stirs the heart and the memory in Kerry. It allows grown men as well as young men to cry. And sometimes women. Importantly, for a county and a nation that has taught itself to swallow and bury so much hurt - "drive on!" is a favourite Kerry man's saying , Kerry in search of Sam provides the plumbing for the unplugging of the emotions.

It is the winter ballet of Russia. Or the summer Opera of Italy. Or the cathartic drama of Greece. And maybe this release happens only once a year. Or every few years. But a purge even every eight years is better than none.

With another hat on, I have been reviewing a book about the Irish language. Not only did we lose a language, we lost the ancient vocabulary and phrases to express emotion. Because even what began to be taught in the schools in the 1930s was a pale starved shadow.

We lost our inherited and shared way to express sorrow, joy, disappointment, grief and triumph. We became cut off from the means to express what we were feeling. What has replaced the word "tocht" for instance, as in the "tocht bróin", or "Tá tocht orm"? There is no English translation.

I have a theory that for the thirty or so years it took to shed the Irish in Killarney and most of Kerry - census 2011 shows older ancestors in Fossa and in Faugh speaking and writing Irish - we took to football.

It became what we talked about. It allowed us to focus and to express ourselves. There has to be some reason for our extraordinary "passion" for the big ball. The loss of a refined and ancient emotional language is my theory.

GARDENS SPECTACULAR IN MUCKROSS THIS YEAR -BUT PLEASE ADDRESS THE PARKING

The gardens in Muckross House this year are spectacular. The variety of colour and planting is a pleasure and I have never seen the beds and borders look better. The key is extra hands, one of the gardeners tending the patch of cosmos in the box hedging near the restaurant told me. There is also a great variety from the Moroccan mint to sweet peas to several kinds of lavenders in the border towards the west wall. There is the giant white and blue agapanthus in front of the greenhouse like a painting and the pink astilbe and white lobelia and dahlias in the sunken garden.

We have not even mentioned the plums, pears and apples all filling nicely along the wall. Or lilac the hostas along the river.

Next year, who knows, we might see a vegetable patch or a huge herb bed, just as in the national botanic gardens. Maybe the tomatoes Muckross produced in the '50s and '60s. And why not? We certainly hope the Edwardian greenhouses will be brought to life again.

But one thing Muckross must rectify is the size of the parking slots and their angles. They are simply too tight. Elsewhere in this column we mention SUVs. The reality is most cars now are huge unless you are lucky enough to have a Fiat 500.

Trying to park anything bigger in the slots in Muckross is challenging. People have to disembark in order to park - I kid you not.

I see passengers getting out so the driver can squeeze into the space and when he or she comes back to the car they have to get in through the passenger door frequently because there is simply no room even if your neighbour parks within the white lines of their own patch. You'd want to be James Bond to get into the diagonal narrow spaces in Muckross. It is almost as bad as the Glebe. As for reversing into the spaces, forget it!

THE CARBON "PAWPRINT" OF DOGS



Amid all the belching about cows and carbon footprint by the Green party on the one side, and the threat to remove SUVs on Fine Gael's side, no one speaks of dogs.

Kerry TD Brendan Griffin countered a green leak that people should not have second cars in rural Ireland with a proposal to ban SUVs, the bigger cars, from south Dublin.

But no one is barking about pets, particularly medium and big dogs. My attention has been drawn to the carbon footprint of dogs.

According to one report on Science Focus on the BBC, owning a medium-size dog can have a similar carbon footprint to "a large SUV"!

As well as eating meat in pet food, dogs are felt to need toys, grooming products and various accessories, all of which come at an environmental cost.

And what about the transport costs of transferring pooch to dog groomer?

So is anyone advocating we cut down on the number of dogs and the size of dogs for the sake of the planet? Or even replace five dogs with one cow? A cow will produce milk and meat. Unless we start eating dogs...

A small dog seems to be okay, but a big dog would replace a car. Don't tell me the reluctance among politicians to focus on the carbon pawprint of dogs - I have sought the green policy on dog ownership - is just too uncomfortable? Or are our TDs simply too attached to dogs?





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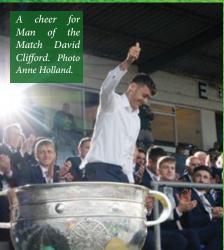
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A HOME COMING

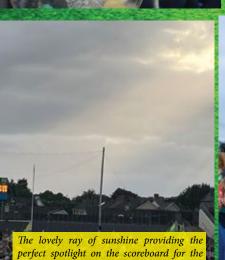




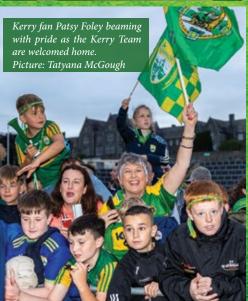








celebrations!! A sign from above to welcome Sam home!! Photo: Annie Gammell











FIT FOR HEROES



A cheer for Spa man Dara Moynhan at the homecoming. Photo Anne Holland.





East Kerry Board Chairman Johnny Brosnan, Cllr John O'Donoghue and Cllr. Marie Moloney pictured at the homecoming. Photo Anne Holland.



One of the biggest fans of them all - Orla Coyne who runs the Kerry GAA Fans Facebook page with over 10,000 followers is pictured with the Sam Maguire at the homecoming.



Cantains Fautastic Line O'Connor and Sean O'Shea parading the Sam

Captains Fantastic..... Joe O'Connor and Sean O'Shea parading the Sam Maguire at the homecoming on Monday night. Photo: Tatyana McGough, Fitzgerald Stadium PR. Happy Fans at the Fitzgerald Stadium. Photo: Tatyana McGough, Fitzgerald Stadium PR.



Reuben Collins pictured with Kerry Captain Sean O'Shea at the homecoming in Tralee.

Happy Fans meeting Adrian Spillane at the Fitzgerald Stadium. Photo: Tatyana McGough, Fitzgerald Stadium PR.



Timmy, Lorcan, Keelan and James Looney bringing Sam home.





The Minister for Health, Stephen Donnelly TD, has accepted new recommendations in relation to Ireland's COVID-19 vaccination programme.

The recommendations were made by the National Immunisation Advisory Committee (NIAC) to the Interim Chief Medical Officer (CMO), who has endorsed these recommendations.

NIAC has recommended:

A first mRNA booster vaccine for those aged 5-11 years who are immunocompromised

A second mRNA booster vaccine for those aged 50-64 years

MINISTER FOR HEALTH ANNOUNCES

UPDATES TO IRELAND'S COVID-19 VACCINATION PROGRAMME

A second mRNA booster vaccine for those aged 12-49 years who have an underlying medical condition or are residents of long-term care facilities A second mRNA booster vaccine for pregnant women at 16 weeks or later who have not already received a booster vaccine in their current pregnancy

A second mRNA booster vaccine for healthcare workers

A third mRNA booster vaccine for those aged 65 years and older, and those aged 12-64 years who are immunocompromised

NIAC has also recommended that COVID-19 vaccines may be given at the same time as the seasonal influenza vaccines. Booster doses should be given four months after a previous COVID-19 vaccine dose or a previous natural infection. A booster dose after an infection has been shown to provide additional protection. It continues to be recommended that people get and complete their primary vaccine course and booster shot(s) if they haven't already done so.

The Department of Health and the HSE will now work to operationalise these updates.



38 UL STUDENTS IN THE HURLING AND FOOTBALL FINALS

UL President Kerstin Mey has declared her enormous pride over the fact that no less than 38 UL students and alumni were involved in the All-Ireland Hurling and Football Finals.

All four counties participating in the two thrilling contests had UL students and graduates among their ranks, including the two Man of the Match award recipients, Gearoid Hegarty (Hurling) and David Clifford (Football). Both also made eight point contributions in their respective finals, Hegarty with 1-5 and Clifford with 0-8.

UL students and alumni from last weekend's All-Ireland Football Final were:

Kerry: David Clifford, David Moran, Paul Murphy, Brian O Beaglaioch, Joe O Connor, Donal O Sullivan, Stefan Okunbor, Pa Warren, Gavin White.

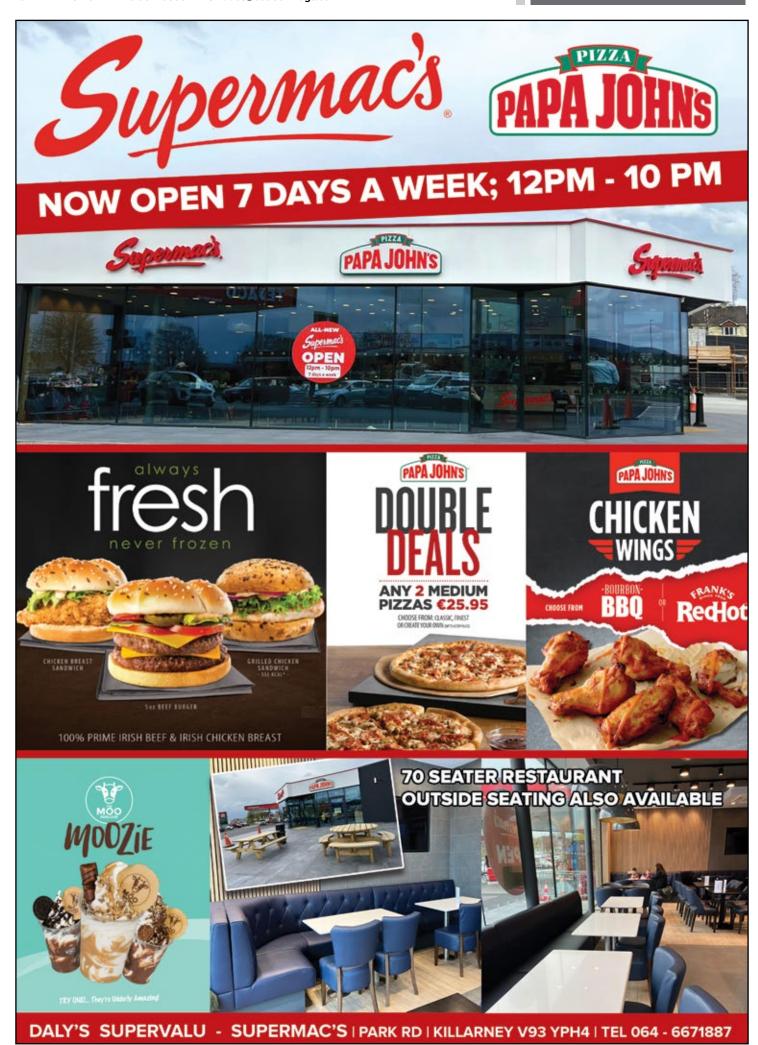
Galway: Conor Flaherty, Jack Glynn.

THE UNMARKABLE MAESTRO

By Nicky Barry

The joy was almost tangible, in the Kerry air, As I rode my bike after the match, with children everywhere. Most of them were local kids, and some were from Ukraine, But in their Kerry ganseys, they were all the same. I stopped to watch them playing, as they kicked about, And there were many David Cliffords, dodging in and out. One or two were Paudies, and there were a few O'Sheas, But David was the hero, the one who won the day. He is Messi and Ronaldo, in terms of football skill, With a dash of Gooch there too, as he strikes for the kill. With two long legs and two long arms, and a will to win, This Fossa son has everything, and is unmarkable. He toe taps with left and right, and hops balls like a wizard, And leaves markers dizzy, as a benign health hazard. Being a lethal striker, he takes a lot of flak, But he is a warrior, and can give it back. Once in every generation, a hit man comes along, Just like his Fossa neighbour, the legendary Tom Long. When you reckon he's but twenty three, the best has yet to come, For DC is magic, and the Kingdom's favourite son!





PRECAUTIONARY NOTICES FOR ALGAL BLOOM **EXTENDED TO MUCKROSS LAKE**

ollowing the erection of signage at a number of locations along the shore of Lough Leane last week to advise members of the public of the potential for an algal bloom in the water and on the shoreline, Kerry County Council has extended precautionary signage to encompass Muckross Lake, due to the predicted weather forecast.

Those who frequent the shoreline are being

advised exercise caution. Members of the public are advised not to bathe in water if there are visible signs of algal blooms in vicinity. They are also advised to ensure that they keep their dogs under control as such algal accumulations can be harmful on ingestion.

The situation is being monitored closely on an ongoing basis by Kerry County Council.





SWIMMERS TAKE TO THE SEA FOR CHARITY

A group of swimmers are taking to the water for a 9km swim from Portmagee to Valentia to raise money for two charities - Valentia RNLI and Kerry Cancer Support Group.

On 30th of July 2022, Swimmers-(Roger Harty, Ballinskelligs, Derry Doyle, Killarney, Elaine Granfield, Killorglin, Michelle Frost, Killorglin, Soren Thorvald, Ballinskelligs, Roger Harty Killarney, Ava Harty Killarney and Lindsay Fredman, Killorglin are hoping to complete the 9 km swim in four hours. https://gofund.me/1dde0b93

Some of the swimmers taking part are pictured from left: Roger Harty (Ballinskelligs) Elaine Grandfield (Killorglin) Lindsay Fredman (Killorglin) Roger Harty (Killarney)

INDIAN TRAVEL **AGENTS VISIT KILLARNEY**

A group of Indian travel agents has been exploring Kerry and as guests of Tourism Ireland and Fáilte Ireland. Their action-packed itinerary included an overnight stay at the Great Southern Hotel in Killarney.

Pictured are Indian travel agents at the Great Southern Killarney, with Anita Kelly, incoming Consul General of Ireland in Mumbai (front, second right); Rashmi Pradhan, Tourism Ireland (front, second left); and Letty Cronin, Fáilte Ireland (third row, right).





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As this year's Tour de Munster charity cycle quickly approaches, cyclists will be entering the final stages of their training regimes to make sure they are flying fit to tackle the testing 600km route across the six counties of Munster on their quest to raise vital funds for Down Syndrome Ireland's Munster branches.

The Tour will launch from The English Market on Grand Parade in Cork City on Thursday, August 4th, and those participating will return to Cork on Sunday, August 7th, where the finishing line will see them tackle the heights of St. Patrick's Hill right in the heart of the city.

This year's charity cycle will be the 22nd in the event's history. Over the

Ready, Set, Go!

TOUR DE MUNSTER IS PRIMED FOR ANNUAL 600KM CHARITY CYCLE

previous 21 years, Tour de Munster has raised a staggering €3.9 million for its beneficiaries, with over €3.5 million for DSI alone since it became the main beneficiary of the tour in 2010. The funds raised support the provision of vital services to members across Down Syndrome Ireland's six Munster branches.

International cycling legend and Tour de Munster stalwart, Sean Kelly, will once again get back in the saddle to take part in the charity cycle. He will be joined alongside amateur cyclists from all over Munster to tackle the epic 600km journey that will take those participating through the scenic cities, towns and villages of Munster.

Stage 3 will see the cyclists travel from Tralee - Kenmare on Saturday, August 6th, 2022

Tralee: 10.30am

Stradbally: 11.30am - 10:20am

Dingle (Lunch: Skellig Hotel): 12:30pm - 1:15pm

Castlemaine (refreshments: MACE, N70/R561 junction): 2:45pm - 3pm

Milltown: 3:10pm - 3:10pm Aghadoe Heights: 3:55pm - 4.05pm

Killarney (break: Deenagh lodge): 4:15pm - 4:45pm Kenmare (Lansdowne Arms Hotel): 6.15pm

RAIN DOESN'T DAMPEN THE SPIRITS AT CLASSIC CAR SHOW

The rain came down but that didn't spoil the day for Killarney Valley Classic and Vintage Club who held their Annual Classic and Vintage Car Show which was held on Sunday July 24th for the first time since 2019. The members of the club left no stone unturned in organising this event and the huge turn out is a credit to their hard work and commitment. After the two year break there was great excitement building ahead of this event which welcomed over 140 vintage cars, jeeps and motorbikes from 1922 to 2002 on show. Along with these impressive vintage cars, jeeps and motorbikes the newly restored 1982 Toyota Starlet was also on display. This attracted massive attention & people were very generous in supporting the club's raffle which is supporting a number of local charities.

Killarney Racecourse was the stage for this event and we are very grateful for the use of their stunning venue. We would also like to thank both Navé Coffee House and The Spúnóg Takeaway for their hospitality on the day. They kept people fuelled with delicious coffee and food. There was a great atmosphere in the Racecourse, with car & vintage enthusiasts filling the venue. Kerry supporters were treated to a big screen TV which showed the All Ireland Final between Galway and Kerry. A fantastic result meant the day ended on a high. We would like to wish the Kerry team a massive congratulations on a brilliant performance. It was a great day all around. The Killarney Valley Classic and Vintage Club were delighted and





Crowds attending the Killarney Valley Classic and $\,$ Vintage Club $\,$ Annual Classic and Vintage Car Show

very appreciative of the support from the public and the people who carried out their Vintage vehicles which are a credit to the owners who are preserving the great cars of the past into the future. The Killarney Valley Classic and Vintage Club are looking forward to their next car show on September 11th.

Make sure to follow the club on Facebook and Instagram to keep up to date.



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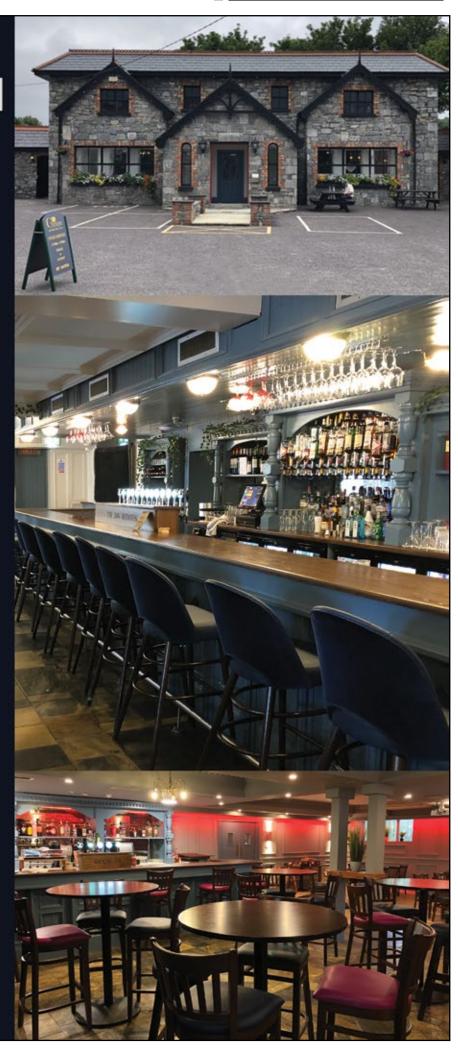
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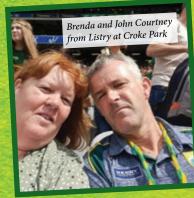
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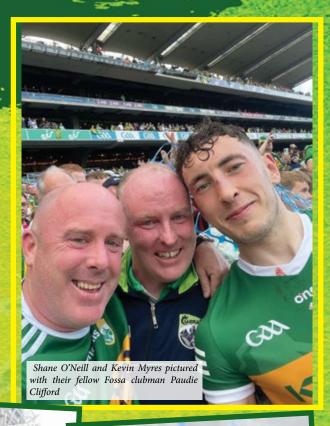






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ABBAESQUE SATURDAY 30TH JULY TICKETS FROM €24.00



THE WHISTLIN' DONEKYS SUNDAY 31ST JULY TICKETS FROM €27.90

LOW TICKET WARNING



GINA & THE CHAMPIONS MONDAY 1ST AUGUST TICKETS FROM €25.00



BRENDAN SHINE DANCE TUESDAY 2ND AUGUST TICKETS FROM €20.00



MIKE DENVER DANCE WEDNESDAY 3RD AUGUST TICKETS FROM €15.00



JOHNNY BRADY DANCE THURSDAY 4TH AUGUST TICKETS FROM €20.00



RONAN COLLINS SHOWBAND HITS FT KAREN BLACK FRIDAY 5TH AUGUST TICKETS FROM €25.00



THE JOE DOLAN SHOW SATURDAY 6TH AUGUST TICKETS FROM €25.00



CONAL GALLEN 'THE JOKER' SATURDAY 6TH AUGUST TICKETS FROM €28.00



RUAILE BUAILE SUNDAY 7TH AUGUST TICKETS FROM €22.90





FRIENDS IN LOW PLACES SATURDAY 13TH AUGUST TICKETS FROM €25.00



CELTIC WOMAN THUR 18TH - 20TH AUGUST TICKETS FROM €33.20



DAN MCCABE SUNDAY 21TH AUGUST TICKETS FROM €33.50





KILFENORA CÉILÍ BAND IN CONCERT SATURDAY 15TH OCTOBER TICKETS FROM €33.50



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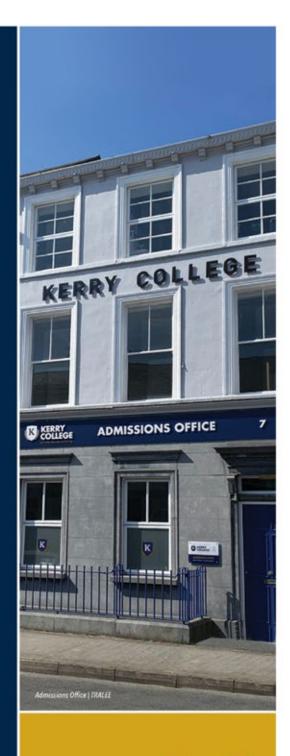
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WATCHING FROM ALL OVER THE WORLD.....



The Leahy family, Marie, Sarah and Mike watching the game in Oregan where Sarah is competing in the World Athletic Championdship.

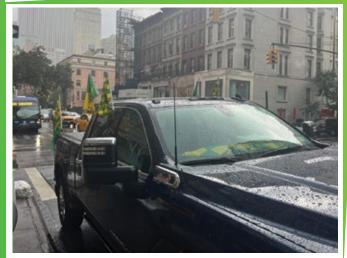


Daragh Lynch from Glenflesk supporting Kerry in Toronto



TARRAÍ

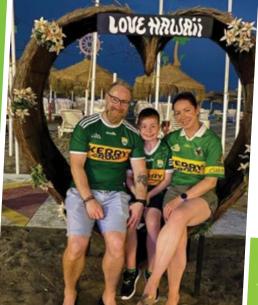
Six u16 girls who play rugby Ava, Clodagh, Fia, Katie and Marina), from Killarney and Killorglin, participated in a very prestigious event called the North American invitational sevens tournament in Salt Lake City. They won the u16 Plate Final and watched the Kerry V Galway game in Denver.



Cheering the Kerry team from Madison Square Gardens in New York City. Photo: Kieran O'Mahony originally from Ardfert in Co. Kerry.



Billy Quinlan Vancouver and Woodlawn Road pictured with his cousin Marie Brosnan Leahy in Oregon for the match.



Celebrating Sam's return to The Kingdom in the sunshine are Kieran, Evan and Edel Greensmyth



Supporting Kerry in the Southern Hemisphere in Australia are Deirdre Ahern O'Brien from Listry with her husband Peter and their daughters, Aisling, Teagan and Keira.



Two Mile Community National School



A multi-denominational primary school where religious and non-religious backgrounds are equally respected and explored

Enrolling Now For September 2022







ALL ROADS LEAD TO MILLTOWN THIS WEEKEND

Milltown- Kerry Centre of Trad Excellence host "Féile Lughnasadh"

The only place to be for all the family this August weekend has to be Milltown- live music free and open air for four nights, featuring the best acts in the trad business, including Sharon Shannon, Jiggy, Killarney band The Rising, as well as local talent in the festival club and in the local bars. Kids events include Thursday night parade and storytelling and games in the square on Sunday. Young musicians will be welcome to perform in the festival club also. All the main acts play live at 9pm on the gig rig in the square. Another popular favourite in Milltown is the outdoor Céili, always a great spectacle and reaches back to the days of crossroads dances. Uí Bhriain are a huge draw for dancers and Féile Lughnasadh will be no exception, with a full programme of events on Sunday including

the Food and Craft Fair, kids' events and the Street Entertainment : it a hugely popular location for events and this is a key aspect of its Competition which will all create a wonderful atmosphere in Milltown. See facebook and Instagram for full details.



Milltown Listry CCE have brought some of the top performers in traditional music over the last twenty-five years. Headline acts in county fleadhanna, Munster fleadhanna and the World Bodhrán Festival have included some of the most respected musicians including Stockton's Wing, Kíla, Liam O'Maonlaoi, Micheal O'Siulleabhán and The Chieftains. It is no mean achievement to have brought such illustrious names to this mid-Kerry village. Organiser Owen O'Shea has fond memories of memorable nights, with crowds enthralled by the best in the business. "Bringing the best to our town is a huge part of the work of our local Comhaltas group, and we are very proud to have provided such musical experiences to the people of Kerry." Milltown's central location, excellent facilities and local services have made

continuing success.

Killarney teams compete in Kenmare Regatta











Keeping an eye on the opposition Muckross Rowing Club, Cox John Beazley, Roisin Beazley, Kirsten Kenny, Hannah Kelliher, Jenna Coffey, competing in the Rowing Ireland Kenmare Offshore Regatta at the weekend. Photo: Valerie O'Sullivan





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OPTION 1 CLASSIC PLATTER

HONEY ROAST HAM

Honey Roast ham & sliced cheddar cheese

TUNA SALAD

Tuna, mayo & sweetcorn

EGG SALAD

Egg, Mayo, red onion & diced tomato

HAM SALAD

Honey roast ham, Sliced tomato, Mayo & Lettuce

CHICKEN & STUFFING

Diced chicken breast, homemade stuffing, mayo & lettuce



OPTION 2 DELUXE PLATTER

CORONATION CHICKEN WRAP

Chicken breast, mayo, curry powder, mango chutney, lettuce & sliced tomato

CHICKEN TIKKA WRAP

Chicken breast, tikka flavored mayo, lettuce & tomato

HONEY ROAST HAM

Honey Roast ham & sliced cheddar cheese

EGG SALAD

Egg, mayo, red onion, lettuce & diced tomato

MAHERS ROAST BEEF

Slow cooked roast beef, Mayo, sliced tomato, lettuce & sliced cheddar cheese

PLOUGHMANS

Sliced cheddar cheese, pickles, honey roast ham, rocket & mayo







The Reeks, Killarney, Co. Kerry. 064 6620853 email: mahersmeats@gmail.com web: mahersmeats.ie



NOW AVAILABLE IN STORE FROM THIS WEEKEND

GOURMET SANDWICH PLATTERS

OPTION 3 GOURMET PLATTER

CHICKEN TIKKA WRAP

Chicken breast, tikka flavored mayo, lettuce & tomato

SMOKED SALMON FINGERS

Smoked Salm on, creamed cheese, sliced cucumber & lemon juice

MAHERS ROAST BEEF

Slow cooked roast beef, Mayo, sliced tomato, lettuce & sliced cheddar cheese

MATURE CHEDDAR CHEESE WRAP

Grated Mature cheddar cheese, mayo & diced tomato

CLUB SANDWICH

Honey roast ham, sliced chicken breast, Sliced tomato, lettuce, sliced cheddar cheese & mayo

CHICKEN & STUFFING

Chicken breast, mayo & homemade stuffing



SALAD TUBS

- Coleslaw
- Potato salad(smooth)
- Potato salad (diced)
- Spanish salad
- Mexican salad
- Beetroot salad
- Vinaigrette pasta
- Creamy pasta
- Pesto pasta
- Curried rice
- Sweet chilli noodles



- · Soy and ginger noodles
- Mixed bean salad
- Waldorf salad
- Tomato spinach &feta
- Spicy chickpea salad
- Gourmet low cal coleslaw
- Gourmet low cal potato salad

MEAT PLATTERS MIXED MEAT PLATTERS

- Sliced Honey Roast Ham
- Sliced Turkey Breast

or

 Mix and Match between meats







The Reeks, Killarney, Co. Kerry. 064 6620853 email: mahersmeats@gmail.com web: mahersmeats.ie

TIME TO VISIT THE EIGHTH WONDER

AS VALENTIA CABLE STATION OPENS NEW HISTORIC EXPERIENCE



Over 150 years ago, Valentia Island was at the centre of a revolution that changed the world - and now you can discover why, at Valentia Cable Station.

Eighth Wonder is a new interactive installation that reveals the astounding story of the transatlantic cable laid between Valentia and Newfoundland. The transatlantic cable story was called the Eighth Wonder of the World, the wire that changed the world, and it stretched 3,000 kilometres beneath the ocean and cut communication times between Europe and North America from weeks to minutes.

It was the beginning of global communications, and behind it lies an astonishing story of human endurance, science, adventure, genius - and the biggest ship in the world.

Valentia's crucial role in transatlantic cable project - the technological equivalent at the time of putting a man on the moon - is told in this immersive visitor experience at the Valentia Cable Station.

Here you can listen to entrepreneur Cyrus Field and the Knight of Kerry discuss their incredible adventure and learn how the transatlantic cable changed communications forever.

You can send your own morse code message and try to break the code, discover the underwater cables of today and see how communications technology has changed.

Eighth Wonder reveals how Valentia played a crucial role in an astounding human achievement that still influences how we live today.

Eighth Wonder was developed through Fáilte Ireland's 'New Horizons on the Wild Atlantic Way' Grants Scheme with \in 200,000 being provided

to bring the transatlantic cable experience to life again. New Horizons on the Wild Atlantic Way 2018 is a grants scheme for existing visitor attractions along the Wild Atlantic Way coastal route, designed to unlock the great stories the region has to offer.

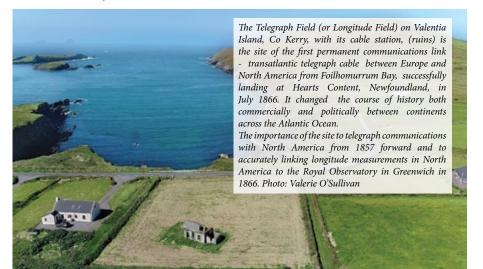
The historic cable station has been closed since 1966 and thanks to Fáilte Ireland it will opened to the public on July 21st 2022 with bookings online www.valentiaisland.ie



U.S. Ambassador to Ireland, Claire Cronin, 2nd left, at the Transatlantic Cable Station on Valentia Island, with Canadian Ambassador to Ireland, Nancy Smyth, ahead of their keynote speech at the 6th annual Valentia Island Cable Station lecture series. Also included, Leonard Hobbs, Chair Transtantic Foundation and Eddie Hobb, Keynote Speaker. Photo: Valerie O'Sullivan/



ls it any wonder... Danielle Favier, Fáilte Ireland, at the launch of The 'Eiaht Wonder' Photo: Valerie O'Sullivan.





lerome O'Kegan

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26 BLUEBELLS DRIVE, COUNTESS ROAD, KILLARNEY V93 F70V





A beautiful, detached, two storey house. This is a luxurious/executive style home in a very prestigious and much sought after location. Only minutes walk to Killarney town centre and the Killarney national Park. It is finished and fitted out (only recently) to an extremely high standard, offering the very latest in quality and comfort. Nothing has been spared to make this a very special home filled with natural light, warmth and comfort. Comprising of 4 large bedrooms, 2 ensuite. The quality of furnishings, fittings and décor throughout the house are amazing.

PRICE REGION €600,000 BER A2

Viewing strictly by appointment with the auctioneer (sole selling agent).

GULLANE EAST, GNEEVEGUILLA



An old, detached, dwelling house standing on a dry, elevated site of approx. 1 acre. This property may qualify for a grant ofup to €50,000 (Subject to conditions). Electricity and mains water are roadside. It is centrally located, only about 4 miles from Rathmore village with secondary school and train station etc. Choice of 2 national schools only 1.5 miles away. Gneeveguilla 1.5 miles and Killarney 10 miles.

> PRICE REGION: €100,000 BER exempt

MAULYARKANE, KILCUMMIN, KILLARNEY



A VERY INTERESTING PROPERTY WITH GREAT POTENTIAL.

This is parcel of land, 20 acres approx. with a 3 bed bungalow and another old house, possible planning permission, (not close to the main house). There are farm payments of about €3,200 annually being sold with the property. The house has 3 spacious bedrooms, bathroom, lounge, diningroom and kitchen, oil fired C/h, a solid fuel stove, and an open fireplacein the lounge, double glazed pvc. windows and doors. May need a little decoration/modernisation. It includes about 14 acres of grazing land and some bog with 2 banks of turf. It has electricity and mains water. It has a great variety of wildlife and a beautiful range of flora and fauna. It has nice mountain views. Approx. 6 miles from Killlarney.

PRICE REGION: €285,000 BER D1

KILLARNEY TOWN AREA (BALLYDRIBEEN)

2 bed semi with a large back garden. Excellent conditon with a new kitchen. BER Pending.

Price region: €235,000

KILLORGLIN (1 MILE)

Detached, spacious, dormer type bungalow, on c. 3/4 acre. 4 bedroom downstairs with further accommodation upstairs. It has a one bed apartment, detached. Scenic, much sough after residential location.

Price region: €395,000 BER pending

MILLTOWN (1 MILE)

40 acres approx. with an old farmhouse and some useful sheds. Farm payments of about €7,000 annually included in this sale.

See more properties for sale on www.jeromeoregan.ie

NEWS BITES.....

VOLUNTEER CALL OUT

Down Syndrome Kerry are looking for volunteers to take part in a bucket shake for the annual Tour de Munster

Volunteers are needed in several locations on the 5th and 6th of August when the Tour De Munster Cyclists are passing through

Tour De Munster is a very important event for our branch & a fun day out for the family so we would really appreciate all the help we can get on the day!

If you are free this day please contact us in any of the following ways:

To volunteer: Email: adminsecretary@ downsyndromekerry.ie

Call the office on (066) 710 3804



IRELAND'S FIRST CAPTIVE-BRED NATTERJACK TOADLETS RELEASED INTO THE WILD



Almost 500 Natterjack toadlets were released this week at Castlegregory, Co. Kerry, with the help of the local community. These included toadlets that had spawned in captivity – a first for Ireland and a major milestone in this joint conservation project to protect the endangered Natterjack between National Parks and Wildlife Service (NPWS) and Fota Wildlife Park.

REEK SUNDAY 2022

The annual Reek Sunday pilgrimage takes place on Sunday July 31st at Croagh Patrick. Confessions on the summit 7:30am - 2:00pm. Mass hourly from 8:00am - 2.00pm.

THE CUDDLE RUN IS HEADING FOR KILLARNEY

#livingwithsuicide #ciansbike #32counties32days

When Bunny O'Riordan from Little Island, East Cork a lost his son to suicide in November 2009 he sought for many years to get help for himself and others.

After many years of seeking to get well himself, he sought to restore his sons motorbike in his memory, and this has led to the setup of the www.themidletonhub.com (formerly The Midleton Bike Project)

Over the past 4 years the hub has managed to rent an old warehouse and do very basic works to the building (recycled kitchens etc) and this has provided a safe place for people who have been left behind due to Suicide. The hub is completely voluntary and has no government funding at present. They are seeking to raise €100,000 and asking you, your family or work team to sponsor a brick for €100 as part of building. Every person's name will be assigned to a brick and physically built into the wall.

He is doing a 32 counties motorbike run around Ireland for suicide and would be so grateful for your support in helping us to help others.

They are due to arrive in Killarney on Tues 2 Aug @ 4.00

@ Killarney Outlet Centre and also stopping off at Ballyspillane Family Resource Centre on the way.

Watch the videos on our website which details the whole trip and background to the project. You can find out more and donate here on the website: www.themidletonhub.com

Watch the full video:

www.themidletonhub.com



MKL GAELS U12 HEAD FOR CROKE PARK

A chance to grace the hallowed grass of Croke Park is what 12 of the Under 12 team at MKL Gaels have in store for them hen Kerry take on Meath in the Senior Ladies All Ireland Football Final on Sunday 31st of July 4pm.

"On the day 12 of our U12's will have the chance to participate in a half-time exhibition game, as they won a competition that the LGFA was running", Club PRO Gretta Ryan told Killarney Outlook. "We have over 50 under 12's registered in the club so a draw was done to select the 12. We have two buses travelling to the game, with the club ordering over 150 tickets directly and more members travelling up to the match themselves", Gretta added.

We also want to wish the best of luck Ciara, Caoimhe, Niamh and to the Kerry team and management in the TG4 All Ireland Senior Championship All Ireland final in Croke Park at 4:00pm Sunday 31st July. We as a club are so proud of them - Safe journey to all and Ciarrai abú



PROPERTY PARTNERS GALLIVAN

FOR SALE

THIS WEEK'S FEATURED PROPERTIES

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9 Killarney Holiday Village, Muckross Road, Killarney V93 HK79

Excellent property in a well maintained holiday development opposite Killarney National Park. This 3 bed townhouse (1,004ft²) is ideally situated within walking distance of Killarney town centre and Muckross House and Gardens. Planning permission is for holiday use only so would make an ideal holiday home or investment as a short term rental. More information & virtual tour on our website.

GUIDE PRICE: €265,000



Wonderful private residence (5 bed, 3 bath) offering a wealth of space for the entire family that has been beautifully maintained by its current owners. Nestled in to stunning mature grounds of approx. 0.57 acres, the house offers a total floor area of approx. 2,635ft². The stunning setting offers privacy and tranquillity while being only 6km from Killarney town centre. More information & virtual tour on our website.

GUIDE PRICE: €575,000

PSRANO DOMNS; HEMBER FIRM SCSL RICS & PAV (EST 1999



6 Coill Darrach, Barraduff, Killarney V93 XE71

4 bed (2 en suite) family home (1,780ft²) set over three floors. This terrace property is ideally located in the village of Barraduff and just a 10 minute drive from Killarney. The current owners have created a stylish beautifully presented home that offers ample living space and is ready for the new owners to move in to. Ideal for first time buyers or a growing family. More information & virtual tour on our website.

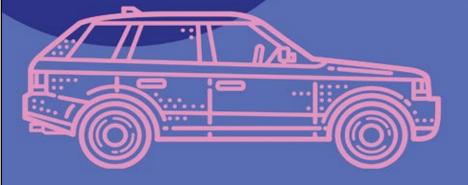
GUIDE PRICE: €255,000

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BUSINESS OUTLOOK

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KILLARNEY HOTELS COLLECTION ANNOUNCES NEW EMPLOYEE BENEFITS

illarney Hotels Collection consisting of The Europe Hotel & Resort to (5*), The Dunloe Hotel & Gardens (5*) and Ard na Sidhe Country include (4*) has announced an increase of its employee benefits this week. As of August 1st 2022, the companies Family Leave Policy has been extended to include payment for employees who are on Maternity, Adoptive and Paternity Leave, something that is not legally required here in Ireland.

The new benefit will see payment from the company for the full maternity, adoptive and paternal leave periods. The expanded family leave policy joins the list of extraordinary benefits the company already offers

to employees including an

industry leading pension scheme, DIS benefit, onsite state of the art staff accommodation, dedicated in house employee restaurant, employee discounts to name but a few.

Commenting on the addition of the new employee benefits, Michael Brennan, Managing Director of Killarney Hotels Collection said; 'At Killarney Hotels Collection, we want to support our employees so they can spend more time with their newborn. By enhancing our benefits we hope to attract and retain top talent in the hospitality industry'.



MINISTER NAUGHTON WELCOMES UPTAKE OF CABIN BAGGAGE TRANSFER CORRIDOR BY KERRY PASSENGERS



The introduction of a cabin baggage transfer corridor between Kerry Airport and Dublin Airport has seen hundreds of passengers' avail of the new service. Introduced on 8th June 2022, almost 1,000 passengers from Kerry have been enjoying seamless travel abroad via Dublin Airport without having to undertake additional screening upon their arrival at Dublin.

Speaking on these new arrangements, Minister with special responsibility for international travel, Hildegarde Naughton TD commented: "It is great to see this promotion of connectivity between Dublin Airport

and customers of regional airports across the country. As part of my regular engagement with Dublin Airport, I requested that we make the necessary arrangements to ensure that people travelling abroad from Kerry Airport via Dublin do not have to pass through security clearance for a second time. Dublin Airport subsequently introduced a new policy to allow for seamless travel between our regional corridors. Since its introduction on the 8th June, 937 passengers travelling from Kerry Airport have benefitted from the service which allows holiday makers and other travellers to bypass security checks at Dublin Airport if they are travelling with cabin luggage, before travelling onwards. Not only has it saved Dublin Airport from screening additional passengers, critically this facility has provided an improved passenger experience for families and individuals travelling from Kerry."

Continuing, Minister Naughton said "the route from Kerry to Dublin is of critical importance to our strategic regional connectivity one which Government is committed to safeguarding for the travelling public. So far in July 2022, 389 passengers availed of the cabin baggage transfer corridors and continued directly onwards to their connecting flight. A further 548 passengers avoided a second security screening in the last 3 weeks of June."

NEW OPERATIONS MANAGER AT KILLARNEY ROYAL

Illarney Royal are delighted to welcome a new Operations Manager this Summer, with the introduction of Roisin O'Sullivan to the awardwinning team. A native of Killorglin, Roisin's love for hospitality first started during her summer job at Jack's restaurant in Cromane, followed by stints at a number of restaurants and hotels around the Kerry region. Roisin brings with her a wealth of knowledge, especially in the areas of Food & Beverage, having spent time working in the industry in London before returning to Killorglin in recent years to settle. Roisin's years working in the hospitality industry have presented her the opportunity to work with incredible mentors and allowed her to build a network of industry friends.

'I am delighted to be joining such a truly amazing team at Killarney Royal. I am looking forward to enhancing our offering at Killarney Royal without losing the famous Royal charm and very excited to see where we can go with the team on this. Passionate in progressing individuals and the teams through education and training,"

A proud member property of Ireland's Blue Book, Killarney Royal is a luxurious 4 star hotel conveniently located in the heart of Killarney town. Proudly family owned and managed for three generations, the Killarney Royal is brimming with character, charm and a loyal team dedicated to ensuring that each and every stay is a memorable one.











Staff at Kitty O Sé's were quick off the mark with their banner welcoming Sam back to Kerry

95 NEW STREET, KILLARNEY, CO. KERRY T: 064 6631892 F: 064-6634652 M: 087 2668591 E: INFO@SFMC.IE WWW.SHERRYFITZ.IE & WWW.DAFT.IE Licence no: 00356

Sherry FitzGerald Coghlan

1 LAHARD, BEAUFORT, KILLARNEY

Exceptionally well finished four bedroomed detached executive family home, with 3 en-suites and detached garage on large 0.79 acre of lawned and landscaped, only 10 minutes drive from Killarney town.



Price Region: €520,000 BER: B3

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Large four bedroom dormer bungalow with detached garage, on large landscaped site of 0.66 acre located just 2.5km from Beaufort village and 12kms from Killarney town centre.





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It is located 10 minutes drive from Killarney town centre and near to the famous and scenic Ring of Kerry driving route. Located in the grounds of Killarney Country Club, which also has a traditional bar on site, gardens with seating areas, and is close to championship golf courses and riding stables.

www.killarneyproperty.com

PSRA No: 001042



Contact Donal Culloty 064 6631274/087 2354790

Wedding Day Smiles



Ken O'Sullivan and Marguerite Casey pictured on the occasion of their wedding with their famiy Ruairi, Ciara and Fionn

THROUGH THE KEYHOLE...

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

Sherry FitzGerald Coghlan









Address: 19 Chapel Court, Chapel Lane, Killarney

Conveniently located two bedroom duplex townhouse, situated in courtyard development, off New Street, within minutes walk of all town amenities and shopping facilities. Excellent investment opportunity in the centre of Killarney, ideal rental location.

Agent: ● Michael Coghlan Sherry FitzGerald Coghlan ● 95 New Street, Killarney ● Tel: **064 6631892 / 087 2668591** ● E: **info@sfmc.ie**

Price Region: €170,000 BER: C2





By Dermot Cronin, Financial Advisor



IS IT MORE DIFFICULT TO GET MORTGAGE TO BUILD MY HOME THAN A MORTGAGE TO BUY MY HOME?

Yes, it can be more difficult. When you are building your family home there are more of risks of things going wrong than purchasing your home especially in relation to the overall cost. The most obvious and biggest risk is of course the risk of you going over your budget to build and finish your property and not having enough money to complete your home. Lenders when assessing your application need to take this risk into account. Lenders will put emphasis on the cost of construction of your property. If you are making your application through a mortgage broker they should spend time discussing the cost of the construction and loan amounts with you to make sure they are realistic and affordable. If these figures are incorrect and especially if they are too low then your mortgage application could be declined and more importantly you may not have enough money to finish the property. A big plus at the moment for people who are first time buyers and are building or buying a new property that is their family home is that there is a Help To Buy Scheme that you can apply for through the Revenue. There is up to €30,000 available through this scheme, there are terms and conditions attached to this Help To Buy Scheme. Obviously this is very beneficial in terms of reducing your overall cost and reducing your mortgage amount also. Each lenders criteria for self build mortgages is different & you need to know this before choosing a lender that suits your needs best. A mortgage broker who has access to many lenders and has a lot of experience with self build mortgages should be very helpful to you.

If you require any further information on the above or any other matter you can contact Dermot Cronin at dermotcroninifa@gmail. com or 0646622775 or 0872893649.





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SPA

>KERRY ARE ALL IRELAND CHAMPIONS

Congratulations to Jack O'Connor and his team and management on winning the All Ireland Final on Sunday! Special mention as always to Dara Moynihan and Dan O'Donoghue on the extended panel and former Spa coach Arthur Fitzgerald. A brilliant win and great to see Sam Maguire coming back to Kerry after an 8 year break!

>KERRY GAA HOLIDAY FUND TICKETS

Members that received a raffle ticket for the Kerry team holiday fund with their All Ireland ticket – these tickets can be dropped into the lotto box in the Spa clubhouse reception and the club will return them to the Co Board office. Members are advised to return their tickets as soon as possible to be included in the Co Board draw that takes place at Convention later in the year.

>KERRY SOUTH U15S

Hard luck to the Kerry South U15 Development squad who lost out to Galway on Saturday. The panel includes Spa players Fionn Daly, Joey McCarthy and Luke Doolan.

>KERRY SOUTH U16S THROUGH TO ALL IRELAND FINAL

Congratulations to Eoin Fitzgerald, Aidan Cronin, Oran O'Neill and the Kerry South U16 Development squad who defeated Cork West on Saturday to make it through to the All Ireland Final on August 13th.

>U12B GIRLS SHIELD FINAL

U12B girls shield final took place last Wednesday night against Castlegregory. Our young squad played very well but unfortunately met a stronger Castlegregory side on the night. Well done to all involved, players, parents and especially coaches Margaret and Liam.

>U15 EAST REGION DIVISION 4 FINAL SPA 3-12 FIRIES 3-8

Our young blues played out their second final this season against the same opponents Firies in a pulsating encounter in Direen.

FT Spa 3-12 Firies 3-08. Great credit to both sets of players for putting on a great game of football played in front of a large crowd in Direen. Congratulations to our U15 boys and their management team

>SPA SENIOR LADIES THROUGH TO DONAL CURTIN **CUP FINAL**

The Spa Senior Ladies turned out on Monday 19th July to play Austin Stacks in Tralee in the semi-final of the Donal Curtin Cup. The Spa Ladies displayed fantastic team effort and played great attacking football. They worked tirelessly throughout the game to stay on top of the leader board. Austin Stacks were a very strong side but the Spa Ladies rallied through their opponents defence leading the game by 6 goals and 3 points. The final score Spa 6-3 to Stacks 1-9.

The Senior Ladies team have reached the Final in the Donal Curtin Cup and will meet their neighbours Dr Crokes. Date and time to be confirmed at a later stage.

>CLUB CHAMPIONSHIP RD1

Spa are in Group A of the 2022 Senior Club Championship with Dingle, Na Gaeil and Kenmare Shamrocks. We play Dingle in Rd1 on Saturday August 6th (7pm in Strand Rd) with Rd2 and Rd3 fixture details to be confirmed after that game.



Selector Eoin Fitzgerald and Spa players Aidan Cronin and Oran O'Neill who were part of the Kerry South U16s Development squad who defeated Cork West last weekend to qualify for the All Ireland Final on August 13th

>U21 COUNTY CHAMPIONSHIP FINAL

Best of luck to Spa members Cian Murphy and selector Sean Cronin with the East Kerry U21 team as they play North Kerry this Wednesday night July 27th in the U21 Co Championship Final (7.30pm, Austin Stack Park).

>CO MINOR CHAMPIONSHIP

Well done to the East Kerry minor team who defeated St Brendan's Board last week in Rd1 of the Minor Championship group stages. Special mention to the Spa members with the team Oran O'Neill, Timmy Moynihan, Aidan Cronin, Luke O'Neill, Danny Coffey, Emmett Spillane, Cian Russell and mentor John O'Neill. They play Rathmore in Round 2 this Thursday July 28th (7pm, Rathbeg).

>LGFA ALL IRELAND FINAL

A huge weekend ahead for Kerry LGFA! Best of luck to Cassandra Buckley and the Kerry Ladies team and management as they take on Meath in the LGFA All Ireland Senior Cha, pionship Final this Sunday July 31st in Croke Park (4pm).

>SPA GAA LOTTO

Lotto Results 18/07/22: Numbers Drawn 6, 20, 23, 25. No winner and €50 Lucky Dips to Cathy Somers, Paudie O'Mahoney, Assumpta O'Donoghue and Brian Cahill. Next week's JACKPOT is €6,200 and tickets on sale online on spagaa.com or in usual outlets. Thank you for your continued support.

>ITEMS FOR NOTES

Any items for the Spa notes please contact the club PRO on 085 1216359 or pro.spa.kerry@gaa.ie before 8pm on Sundays.



Spa players Fionn Daly, Joey McCarthy and Luke Doolan who played with the Kerry South U15 development squad last weekend that narrowly lost out to Galway



Spa U15 team & management who defeated Firies GAA last week in the East Region U15 Division 4 Final (Photo: Anne Holland)











CHANGE YOUR WORDS, CHANGE YOUR **STORY**

Words are powerful. They can lift us up to achieve great heights or they can pull us down and hold us back. One beautiful way to empower yourself and cultivate an inner positivite dialogue is to become really aware of the kind of words you are using to describe yourself, others, your life and the world around you.

Change negative or self-limiting words to more encouraging and positive ones by consciously choosing a more helpful narrative and story about your life. For example:

Old Story	New Story
I can't	I choose not to
l should	I could
It's too difficult	It takes time

They made me feel... I allowed myself to feel... I'm overwhelmed I need more space

Can you feel the difference in the subtle change of going from words that close you down to words that create more space and focus on the positive? Every word creates an image in our mind and every image creates a feeling. The key is to keep choosing words that make you feel better, happier and more empowered.

www.astridlonghurst.com



Why do I have such bad dark circles under my eyes?

Dark circles are on the increase as people spend more time than ever looking into computer screens or mobile phones while working or studying from home. This coupled with lack of sleep and stress really shows around the eyes.

Try to switch off tv and phones an hour before your bedtime to allow your mind and body prepare for 7-8 hours of quality sleep. Try to take time out daily to de stress, find a new hobby like yoga or meditation. Dehydration or allergies could also be affecting your eyes so drink enough water and be aware of food or environmental triggers not suiting you. As we age, we lose fatty



tissue under our eyes and the skin becomes thinner making blood vessels and pigmentation more visible. If older family members have dark circles too remember this can be heredity.

A good eye cream and under eye concealer can really help to lighten your dark circles and will brighten under your eyes. Try placing cold teabags for 10 minutes over your eyes, this constricts blood vessels and instantly brightens.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



KEEPING EATING WELL SIMPLE

The whole area of nutrition and healthy eating can be complex, and sometimes confusing!

And nutrients aside, we are very emotionally connected to our food. Attitudes around what we should and shouldn't be consuming can really impact the eating experience and our emotional wellbeing!

So, with all the dietary advice and concepts around nutrition out there, how about we take a look at keeping eating well simple?

Here are five straightforward things to consider in your every day:

One: Focus on real whole foods rather than single nutrients. Enjoy mostly fresh produce, including veg and fruit, with nuts, seeds, legumes, lean and sustainably sourced meat, poultry, fish, dairy and eggs, and some whole grains (like quinoa, brown rice or buckwheat). This means you naturally being to limit added sugar and other heavily processed and packaged foods.

Two: Have at least a serve of veg or fruit at EVERY meal. Full stop.

Three: Make enough for leftovers, to avoid buying so much takeout, and tweak favourite recipes to make them healthier, like adding extra veg or leaumes.

Four: Take pleasure in preparing your meals, eat slowly and mindfully, and enjoy with others.

Five: Don't hate on yourself when you've had the cookies, cake or entire packet of crisps. The world will not end! Enjoy it when you have it, and at the next meal eat something that will nourish you and mitigate any damage inflicted by the not-so-great foods.

Keeping it simple not only encourages people to consider not only on what we eat, but where food comes from, and with whom and how we eat it. Believe it or not, it can all make a difference to our health and relationship with food!

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DIABETIC RETINOPATHY

Diabetic retinopathy complication of diabetes. It's caused by high blood sugar levels damaging the back of the eye (retina). It can cause blindness if left undiagnosed and untreated.

The retina needs a constant supply of blood. It receives this through a network of tiny blood vessels. Over time, a high blood sugar level can damage these blood vessels in 3 main stages:

Stage 1: Background retinopathy Tiny bulges develop in the blood vessels. These may bleed slightly but do not usually affect your vision.

Pre-proliferative Stage retinopathy

More severe and widespread changes affect the blood vessels. These include more significant bleeding into the eye.

Stage 3: Proliferative retinopathy Scar tissue and new blood vessels, which are weak and bleed easily, develop on the retina. This can result in some loss of vision.

If a problem with your eyes is picked up early, lifestyle changes and treatment can stop it getting worse.

Risk of diabetic retinopathy

Anyone with Type 1 or Type 2 diabetes is at risk of developing diabetic retinopathy.

You're at a greater risk if you:

- have had diabetes for a long time have a persistently high blood
- glucose (blood sugar) level have high blood pressure

- have high cholesterol
- develop a serious illness such as sepsis or pneumonia
- are pregnant
- are of Asian or Afro-Caribbean background

Reduce your risk of developing diabetic retinopathy or help stop it getting worse. Keep your blood sugar levels, blood pressure and cholesterol levels under control.

Symptoms of diabetic retinopathy You will not usually notice diabetic retinopathy in the early stages. It does not tend to have any obvious symptoms until it's more advanced. Early signs of the condition can be picked up during an eye examination.

Treatments diabetic retinopathy

Treatment is only necessary if screening detects your vision is at

If the condition has not reached this stage, you should continue to manage your diabetes.

The main treatments for more advanced diabetic retinopathy are:

- laser treatment • injections of medication into your
- eves · an operation to remove blood or

scar tissue from your eyes Regular eye examinations and diabetic retinal screening are essential to minimise the risk of

diabetic retinopathy. For more information and honest advice, contact us to make an appointment.





Eileen Finnucane and Rachel O'Connor pictured in Croke Park on Sunday

Parenting & Parenting Teenagers Courses Beginning September 2022 Please contact me: Cyril Conroy, Relationship Mentor/Therapist (IARM) on 087-6009550 or email: cyrilconroy@gmail.com for further details, queries about the course and to book your place.



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GLENFLESK Written by: Seamus Healy

>RTE IN GLENFLESK

There was great excitement in Glenflesk last Friday when Pascal Sheehy and RTE arrived at our GAA grounds to Interview the Legendary Seamus Moynihan before the big final. Well done to the huge crowd who came along to make this a great event and hopefully some inspiration will be taken for future stars of our game.

>LOTTO

No winner of Glenflesk Lotto which took place on 11/7/22 in Glenflesk Hall. Jackpot €8,200 The numbers drawn were 10, 22, 23, 29 There was no winner. Consolation prizes of €50. 1. Noreen Healy, Barraduff, 2. Mike (Sellers' Prize). 3. Pat Casey, Shroneaboy (Yearly Ticket) 4. M. Dennehy, Couneragh. Next draw will take place in Glenflesk Hall on Wed 27/7/2022 Jackpot will be €8,400. Thank you to all who support our Lotto and to our sellers.

>ALL IRELAND 38

Congratulations to Darragh Roche and Kerry on winning the All Ireland last Sunday in Croke Park. Also congratulations to Seamus Moynihan and John Crowley who were honoured at the game as part of the 1997 Kerry team Jubliee celebration.

RATHMORE GNEEVEGUILLA

By Michael O' Mahony

>GOOD LUCK

Rathmore Ladies football wishing Danielle o Leary and Laoise Coughlan best of luck in the All ireland final from all at Rathmore Lgfa.

>SYMPATHIES to Eileen Reen, Johnny, Maura & Eamon & extended family on the death of her brother Tadhgie Cronin (Wallace), Ballydesmond. Tadhqie was laid to rest on Monday 11th July in Ballydesmond.

To Maunie O'Leary & family Mairead, Aeneas, Owen, Sean Og, Dermot, Maura & Loretto on the death of Sean Jackie O'Leary, Leam Gneeveguilla husband & father, also his sisters, brothers & extended families. Sean Jackie was laid to rest on Tuesday 19th July in Gneeveguilla. We extend our sympathies to families of Brendan Teahan RIP Cromane. Ar dheis Dé go raibh a anam dílis

>KNOCKNAGREE - KENYA

The committee wish to thank all who helped in any way in coordinating Fr. Sean Cremin's "Silver Jubilee Mass" & Party

>RATHMORE GAA CLUB

All Ireland Final Weekend Package for yearly ticket winner was Louise Cronin, Moulagow, Rathmore.

Best wishes to Danielle O'Leary & Laoise Coughlan who will play with Kerry Ladies in the All Ireland Final v Meath this sunday at Croke Park at 4pm.

Congratulations, well done to Paul Murphy and Shane Ryan on winning 38th All Ireland on Sunday last. Congratulations also to Shane on been selected on Team of year.

>GNEEVEGUILLA DELEVEPMENT ASSOCIATION SPLIT THE BUCKET

Congratulations to Michael J Dillane, this week's jackpot winner of €500

>NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817 before 6pm Sunday



East Kerry School of Motoring celebrate the All Ireland Final win with Past - Present - Future Kerry Team members! Picturing: Seamus Moynihan, Jack O'Leary, Cliona Moynihan, Darragh Roche, Eve Moynihan and Paudie O'Leary.



Gerry Murphy Comedian presents Trish Kelly from Kerry Cancer Support Group with the proceeds of the comedy night organised by Gerry held in the Caddyshack recently.

Wedding Day Smiles



Gary O'Leary and Nella Porucznik pictured on the occasion of their wedding with their son Jack. The couple held their wedding at the Dunloe Castle Hotel.



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KILCUMMIN Written by: John Moriartty

>KILCUMMIN LOOKING GOOD

With the impending arrival of the Tidy Towns Adjudicator expected over the next few weeks, we would ask all householders to make a special effort outside their houses to ensure it is presented at its very best. Please ensure if you are a dog owner that you take on your responsibilities associated with dog fouling on footpaths and park. We have to express our sincere gratitude and compliment artist Martin Carey for the excellent art work on the Snakes and Ladders and the "Failte" lettering within the park; I think all would agree that his artwork on the flower containers in the Village is a wonderful addition and embellishment to the overall look of the village. Don't forget to visit the park which is now in full bloom. Maybe have a game on the life-size snakes and ladders, hoping you get more ladders than snakes!

>KILCUMMIN COMHALTAS

Best wishes to all our members competing in the All- Ireland Fleadh which will be held in Mullingar July 31st - 7th August.

>KILCUMMIN COMMUNITY CARE

Community Care will be closed for holidays on the Tuesday 2nd & 9th of

August and reopening on the 16th of August. New members welcome.

>KILCUMMIN GAA

KILCUMMIN GAA FAMILY FUN DAY

Takes place on Monday 1st August. There will be a wide variety of games and activities on the day from face painting, colour corner, crossbar challenge, tug o' war, skills competition, races for all ages along with our traditional U13 Parish League.

11.00am - 1.00pm; U13 Parish League Preliminary Games

1.00pm - 4.00pm; Games & Activities

3.30pm - U13 Parish League Final. Food, sweets & treats will be provided. Please come along for a fun-filled day.

>MASTERGEEHA FC LOTTO

There was no winner on Friday 22nd July 2022 of the Jackpot for €2,400. Numbers drawn were 9,14,15,26. Consolation prizes of €50 went to James Sheehan, c/o Klub, Ian O'Leary, 26 Mountain View, Kilcummin, Caroline Hurley, Whitebridge Manor, Killarney, Adam Murphy, 11 Mountain View, Kilcummin. Next Draw is Friday 29th July 2022, for a Jackpot of €2,600.

BEAUFORT

>FIXTURE

Beaufort senior men will play Currow in the first round of the Intermediate Club Championship.

CONGRATULATIONS to Mike Breen, the Kerry senior team and management on their victory in their All-Ireland senior football championship victory last Sunday.

Congratulations also to Lily Riordan who played in the Primary game at half time in senior game.

➤ GOOD LUCK to the Kerry senior Ladies team and management in their All-Ireland final on Sunday, 31st July.

>LOTTO

Lotto results are not available. The next lotto draw will be on Sunday, 7th August. Tickets available from usual sellers, shops, public houses and online at www.beaufortgaa.com. Thank you to everybody who support the lotto. It is the main fundraiser for the day to day running of the Club

>HEALTHY CLUB 5

Beaufort will be taking part in Phase 5 of the GAA Healthy Club Project in 2022/2023. Its aim is to promote Health and Wellbeing in the Club and Community.

If you have any ideas on Health and Wellbeing promotion activities which it might be feasible to run, please contact the Club at 087 9975737.

>MEMBERSHIP

Beaufort G.A.A. Club membership is now being finalised. Gym membership is open at any time of the year. Please go to www.foireann. ie, or www.beaufortgaa.ie to membership online or contact Patie at 087 2515311.

>PILGRIMAGE TO KNOCK

Beaufort Pioneer Council wish to express their most sincere thanks to the large group who joined them on the recent trip to Knock recently



Kids from the Macademy summer camp in Killarney pictured with camp director Lily Shannon wearing their Kerry jerseys while supporting their team in the All-Ireland final against Galway on Sunday. Photo: Don MacMonagle



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SPORTING FOCUS

GNEEVEGUILLA ATHLETIC CLUB

No winner of our lotto draw 15/07/2022, numbers drawn were 10, 24, 28 & 30. Sellers prize winner Thomas O' Donoghue. €50 y/t prize to Fionn c/o Valerie Lenihan Banard, €50 to Denise O' Connell Killarney, €40 to Shanua & Michelle McCarthy Leam, Moire Snaith c/o Margaret Hayes & Fred Browne Knocknagoshel Village. Bonus not won numbers drawn were 16, 21, 23 & 26. Next week's jackpot €7,400 plus €1,000 bonus.

LOTTO

No winner of our lotto draw 22/07/2022. Numbers drawn were 16, 17, 20 & 25. Sellers prize winner Yvonne Crean Bounard, €50 y/t prize to Gneeveguilla Basketball Club, €50 to Yvonne Crean Bounard, €40 each to Sean O' Sullivan c/o Margaret Hayes, Joan Carmody Banard & Siobhan Collins Lyrecorrin. Bonus not won numbers drawn were 5, 10, 29 & 30. Next week's jackpot €7,500 plus €1,000 bonus.

MUCKROSS ROWING CLUB

HOME INTERNATIONAL REGATTA

Congratulations and well done to Ethan O'Neill who represented club and country at the Home International Regatta held in London last Saturday. The Homes Regatta is an annual rowing contest for the four rowing federations of Ireland and Great Britain, with Ethan selected for the Irish junior sculling squad in recent weeks culminating in a training camp at Castleconnell Boat Club where he was joined by Aidan Kearney of St. Michael's RC (Limerick). David Ross-Chu of Shandon BC (Cork) and Lochlan Crooks of Neptune RC (Dublin). Ethan rowed in three sculling events. Partnering with David Ross-Chu for the Mens Junior Double, the Munster duo rowed a strong first half in their race, leading at 500m and holding second place at the half-way mark, however a strong surge by the competition saw the Welsh crew take gold and Ireland third with England second at the line. In the Junior Quad

2km race, the Irish crew were very unlucky to find themselves third at the finish. Despite suffering two technical interruptions early in the race, the Irish crew stayed in the race. A revised regatta format saw the Irish crew make the most of their second chance in the 500m sprint event, which saw Ireland dominate to claim gold and raise the Irish flag to a proud rendition of Amhran na bhFiann on the London docks. Congratulations go to Ethan for not only earning the green jersey after a very challenging year of training, but also going on to represent Muckross and Ireland proudly with a well deserved gold medal coming home.

KENMARE OFFSHORE REGATTA

Closer to home, the club enjoyed a great day at the Kenmare Offshore Regatta on Saturday last with crews from Junior 14 to Senior and Masters enjoying success. The club was the winner in four events including the Mens Open Quad, Mens J16 Double, Womens J18 Quad and Mens Masters 50 Quad. The club was also second in the Mens J16 Quad, Womens J16 Quad, Mens J18 Quad and Mens Masters 50 Double. Well done to all our crews and thanks to the coxes and coaches. Special thanks to Sean Real and John Beazley for towing the boat trailer.

SPA MUCKROSS COMMUNITY **GAMES**

ATHLETICS

What an amazing weekend for Spa Muckross at the Regional finals in Ennis today with two of our athletes now moving forward to Nationals in Limerick in August.

Conor Scannell ran a fantastic race to win gold in the U8 80m. James Brosnan won a fabulous silver medal in the U10 100m. Saoirse O'Donoghue just missed out on a podium finish to come 5th in the U12 100m.

Annabelle Casey was outstanding to qualify for the finals in the U10 200m.

Diarmuid O'Regan put in a great performance in the U8 80m.

A big thank you to all the coaches for their



Conor Scannell gold in the U8 80m.



James Brosnan silver in the u10 100m

hard work and dedication. A special thanks to Maureen and Anna O'Shea. Thank you to all the parents for their support.

Best of luck to Conor and James in their training for Nationals.

KILLARNEY CELTIC NOTES

CELTIC LOTTO

Numbers drawn 2,7,9,20. No jackpot winner. Match 3 received €30. Next jackpot €6,800 on





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SPORTING FOCUS

Monday August 1st. Tickets available from The Dungeon Bookshop, Hegarty's Park Rd, club members and online at clubforce.com

GREYHOUND BAR CUP Killarney Celtic 3, Tralee **Dynamos 0**

Terry Sparling 3.

A 2nd half Hat trick by Terry Sparling secured victory for Celtic A and progression to the semi finals of the competition. Level at the break, the opening came shortly after half time when Cathal O Shea found Terry Sparling who finished calmly to the net. Celtic doubled their lead on 55 mins with the goal of the night when Terry Sparling sent a rocket to the left hand corner of the Dynamos net. Celtic wrapped up the win on 89 mins when good interplay down the right found Terry Sparling inside the area who finished

low to the right hand corner for his hat trick.

TOMMY HEALY MEMORIAL CUP

Killarney Celtic C **Ballymac Celtic B 2**

Celtic C exited the Tommy Healy Cup after a spirited 2nd half performance. Ballymac led 2-0 at the break. Following some changes in personnel at the break Celtic stormed back into the game. Despite creating several chances Celtic were only able to convert 1 of them to leave Ballymac winners on the night.

CONGRATS to all our former players who won the All Ireland with Kerry last weekend.

WELL DONE to all involved in the running of our 2 very successful summer camps.





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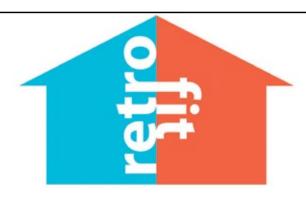
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KIKLLARNEY GOLF CLUB - LADIES

MAHONY'S POINT, SINGLES STABLEFORD, SATURDAY 23RD/SUNDAY 24THJULY, CLUB SPONSORED

1st: Maureen Creedon (15) - 43 points (Last six Holes)

2nd: Eileen Devane (27) - 43 points Best Gross: Amy Arthur (05) - 32 points 3rd: Breeda Sheerin (34) - 42 points

4th: Catriona O Leary (24) - 41 points (Last Nine Holes)

5th: Lorna O Leary (23) - 41 points

ROSS GC - GENTS CLUB

ON JULY 23RD AND 24TH THE LADY CAPTAIN, MS BREDA O'FARRRELL HELD HER PRIZE TO THE GENTS .

The winners were:-

1: Anthony O'Mahony 44

2: Dave O'Neill 39

3: Michael Courtney 39

4: Trevor Nagle 38

ON JULY 16TH AND 17TH WE HELD A STABLEFORD COMPETITION KINDLY SPONSORED BY MC CONSTRUCTION

The winners were:

1: Oliver Mc Carthy 42

2: Ivo O'Sullivan 41

3: Michael O'Leary 40

4: Cormac O'Donoghue 40

5: Timmy Kelly 40

6: Niall O Brien 40

ON FRIDAY JULY 22ND WE HELD A 10 HOLE MIXED SCRAMBLE WITH A VERY LARGE TURNOUT FOLLOWED BY A BBO.

The winning team was :- Dan Cronin, Humphrey Kerins, Alan Moynihan

FIXTURES

Friday Evening Scramble: On Friday July 29th our 10 hole mixed scramble will continue with a shotgun start at 6.30pm. Please put your name on the entry sheet in the Clubhouse before 6pm on Friday. Any entries after 6pm will not be guaranteed a game. This will be followed by a BBO

Best of luck to Lady Captain Breda O'Farrell on her Captain's Prize on Saturday 30th.

On Sunday July 31st Captain Donie Broderick will hold his Captain's Prize and this will be a strokeplay competition. Please note that the online entry will be available from 7pm on Tuesday for a zoned draw. The Captain's Dinner



Castlerosse Ladies Golf Club members pictured at Nuala Ward's Lady's Captains Day

will take place on Sunday at 8pm and tickets are now available from Gordon in the Clubhouse. The prizegiving will take place at 9pm.

BEAUFORT GOLF CLUB - LADIES

RESULTS 16TH/17TH JULY - STABLEFORD SPONSORED BY JR SPARES

Overall Winner: Colleen Coffey (25) 43 pts
Division 1 Winner: Hannah Moynihan (27) 37 pts
Division 2 Winner: Mary Gargey (28) 38 pts
23RD/24TH JULY - STABLEFORD
SPONSORED BY O'ROURKE ACCOUNTANTS

Overall Winner: Eimear McShortall (43) 40 pts Division 1 Winner: Kathleen Cronin (19) 36 pts Division 2 Winner: Breda Sheerin (34) 37 pts FIXTURES

30th/31st July - 18 Hole Stableford - Sponsored by Beauty Boutique

1st August - Club Fundraiser - Single Stableford - Mens Sponsor - Killarney Brewing Company - Ladies Sponsor: The Europe Hotel & Resort.

BEAUFORT GOLF CLUB - MENS

REULTS 16TH/17TH JULY - 3TS CHARITY STABLEFORD WHITE TEES - SPONSORED BY KILLARNEY TROPHIES.

1st: Jim O'Leary (17) 40 pts 2nd:Martin Hewitt (18) 38 pts 3rd: Thomas Cosgrove (23) 38 pts

15TH JULY - OPEN FRIDAY SPONSORED BY CLIFFORDS GROUND CARE LTD

Winner: Ronan Doyle (30) 43 pts

22ND JULY - OPEN FRIDAY SPONSORED BY CLIFFORDS GROUND CARE LTD

Winner: Donal O'Keeffe (30) 41 pts **FIXTURES**

29th July - Open Friday - Sponsored by Cliffords Groundcare Ltd - Single Stableford - Open to Ladies & Gents. Ring Clubhouse on 064 6644440 to book

30th/31st July - Round 5 Golfer of The Year - 18 Hole Regular Stroke (White Tees) - Sponsored by Seamus Weldon Ground Care.

1st August - Club Fundraiser - Single Stableford - Mens Sponsor - Killarney Brewing Company - Ladies Sponsor: The Europe Hotel & Resort. Ring Clubhouse on 064 6644440 to book. Entry fee €25 Cash on the day.

CASTLEROSSE GOLF CLUB - LADIES

RESULTS - 18 HOLE STABLEFORD

1st: Mary O'Reilly (38) 35pts 2nd: Mary Tobin (28)33pts Congratulations Ladies

KERRY NINES TEAM

John M, Chan, Stephen, Mary T, Martin, Helen, Daniel, Roger, Una and Marie..are busy practicing for the next stage...

NOREEN MOORE TEAM

Eileen Sugre, Claire Horgan, Catherine Woods, Anne O'Connor, Erina MacSweeney, Una Moroney and team Coach Chan Martin take on Tralee Friday 5th August 3.30pm.

MIXED CLUB 9 HOLE SCRAMBLE: Tuesday evenings.. Open to Members and Non-Members. Draw for Partners at 6pm Sharp. Sign in at Clubhouse before 6pm OR sign in on BRS (tee times do not apply)



NOREEN MOORE TEAM

The Noreen Moore team is: Cath Woods, Anne O'Connor, Erina McSweeney, Eileen Sugrue & Barbara O'Shea. Team Coach Chan Martin take on Tralee Friday 5th August 3.30pm.



Lady Captain Nuala Ward Prize 18 Hole Stableford.... Winner on the day Kitty O'Grady 35pts (46)nett 2nd Place Helen Healy, 3rd Place Maura Casey...Well done to all the other lady members who took part..

Many thanks to Catherine Woods for her donations. Many thanks to all the lady members for there kind gifts. Thank you to the Castlerosse for the beautiful dinner, Mark and his great team. Greenkeepers Dan and his team for the great condition of the course



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FOCUS ON GOLF

SAT.13TH AUGUST: 'Play in Pink' In Aid of Breast Cancer Research . *BRS is open for names and please pull out all your pink style for the day.*

LADIES CLUB COMPETITION this week... 9 or 18 Hole Stableford..please sign on BRS...

NOTE:Our information evenings have complete. If however, you would like me to organise another, please PM me..Susan

ROSS LADIES GOLF CLUB NOTES

COMPETITIONS

Lady Captain Breda O'Farrell's Captain's Prize kindly sponsored by Celtic Steps

Lady Captain Breda O'Farrell Captain's day will be held on 30th July kindly sponsored by Celtic Steps. 18-hole competition tee times start from 10.30am. 9-hole competition tee times start from 12.30pm. Enter via the ClubV1 app.

MIXED SCRAMBLE

On Friday July 29th our 10 hole mixed scramble will continue with a shotgun start at 6.30pm. Please put your name on the entry sheet in the Clubhouse before 6pm on Friday. This will be followed by a BBQ

NOREEN MOORE TROPHY LEAGUE

Our Noreen Moore team travelled to Ballybunion last Tuesday where they met the home team on the Cashen Course. After a gallant effort they lost out to a sporting stronger team. We wish Ballybunion the best of luck in future rounds.

MEET AND PLAY

Each Wednesday morning meet at 10.15am for 10.30am. All members welcome.

KILLARNEY GOLF CLUB -

MFNS

18 HOLE SINGLES STROKE - SAT 23RD & SUN 24TH KILLEEN. SPONSOR: EBS

1st: David Byrne (23) 67 2nd: Liam Kearney (9) 68

Best Gross: Shane Horgan (scr) 75

DIVISION 1

1st: Eoin O'Donoghue (8) 71 2nd: Jonathan Sparling (8) 71 3rd: Russell Fleming (7) 72 DIVISION 2

1st: Padraig Sweeney (10) 69 2nd: Gerard Moroney (13) 70

3rd: Christian Casey (9) 71

DIVISION 3

1st: Jim Sheehan (13) 73 2nd: George Lenihan (10) 73 3rd: Evan Cronin (16) 74 DIVISION 4

1st: John Wall (24) 69 2nd: Patrick O'Donoghue (28) 72

3rd: John O'Brien (26) 72



L/r: Kay Spillane, Susan Graham, Stephanie Lane at at Nuala Ward's Lady's Captains Day at Castlerosse Golf Club.

Noah Sexton and Nathan Cronin qualified for the 'Gold' team while Ben Kelliher made it onto the 'Green' team. They will play in Cunnigar in Dungarvan next Friday August 5th in the Munster event before also playing in the National event which we host on Saturday August 20th.

LISTOWEL SCRATCH CUP

Best Wishes to our members heading over to play this on the Bank Holidaty Monday. All enquires to Listowel regarding timesheet.

UPCOMING FIXTURES

The Club Strokeplay will now take place on Sunday August 21st following National's decision to reduce the National U16 Strokeplay and Inter-County events to one day. The Ricky Kelly Memorial will take place on the weekend of August 28th now.

DEERPARK PITCH AND PUTT CLUB

KERRY U16 TEAMS

Congratulations to the four club members who made these teams following the completion of the trial process last weekend. Brian McCarthy,



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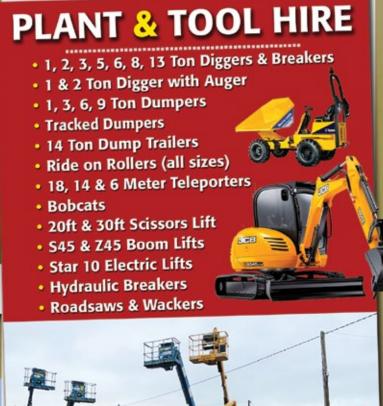
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COMPETITION



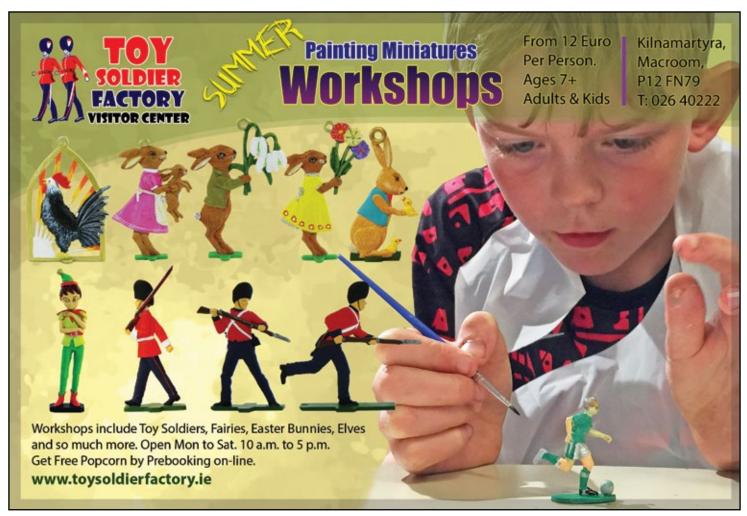
Submitted entries will be displayed in the exhibition at Killarney House during Heritage Week.

Visit www.killarneynationalpark.ie for more details.

Closing date extended to Friday 5th August 2022

For more information Tel: 01 539 3620







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Title No. 38 For Kerry!

ALL IRELAND FINAL: KERRY 0-20 GALWAY 0-16

The initial feeling was more of relief than jubilation, really. This one was a very long time coming. Eight years since our last one,

BY: JIMMY O'SULLIVAN-DARCY

and the gap felt a lot longer as Dublin grew to take the mantle of the Golden Years Kerry team as the greatest of all. Going into a final as favourites never suits us, but most neutrals felt that Kerry had already done the heavy lifting by beating Dublin in the semi-final thanks to a piece of Seán O'Shea magic, and Galway would be a lesser obstacle to glory. Wrong. The hard work was just beginning. We actually started well. Right from the throw-in, David Moran launched a high ball in towards Paul Geaney, and Connor Gleeson wasn't convincing in knocking it away. Free in, but Seán O'Shea was uncharacteristically off-target - I wouldn't worry about it, that lad has a fair bit of credit in the free-takers' bank! Galway opted for long kick-outs at the

start - Kerry gobbled every one of them up,

but couldn't take advantage. Part of that was

because both sides were getting bodies into

defence - Seán O'Shea managed to block

Liam Silke's effort at a point; you'd have

expected to see both at the other end of the

pitch. Modern football, with its positional

idiosyncrasies. Shane Walsh slotted the '45 coolly. Walsh took no less a player than All-Star certainty Tom O'Sullivan to town early on - having him stay around the danger-zone rather than roving into space (as in previous games) was a masterstroke by Padraic Joyce. Kerry had another wide on board (hawkeye made the call) before Johnny Heaney doubled Galway's tally, with Stephen O'Brien getting in a half-block. That was the second time that a precision pass by John Daly sliced our defense wide open. Kerry had plenty of possession, but our forwards were off form. Except for one, and it wouldn't be hard to guess which one. David soared high in

Shane Walsh was equally on fire, though and gathered from Daly to make it 0-3 to 0-1. Kerry left two more good chances behind them - Paul Geaney and Jason Foley with two poor enough efforts. We should really have been level at this stage. Instead Walsh won and scored a free to put Galway in front

the sky for a brilliant mark and opened our

Diarmuid O'Connor won a free tapped over by David Clifford. Paul Geaney had another wide, shooting blind on the turn. Our fifth wide already, with two dropped short into the



Sean O' Shea and Joe O'Connor raise the Sam Maguire as Kerry win the All Ireland Football Final for the 38th time Photo: Orla Coyne, Kerry GAA Fans

keeper – look, that's a shocking conversion rate. Galway were a lot more efficient, as the superb Walsh quickly demonstrated by cutting inside to booming over as good a point as you will ever see. Thankfully, we finally got our shooting boots aligned. Paul Geaney made and executed a fine mark. David Clifford once again eluded the hapless Seán Kelly and split the posts. Stephen O'Brien, once again a tireless whirlwind at both ends, twisted through a slender gap and fired over. 0-5 apiece, and Kerry at last revving up their engines.

Shane Walsh pointed after Matthew Tierney drew a foul – Kerry were the most direct team we had faced this year and it was paying dividends for them. Kerry weren't afraid to go that route themselves, with David Clifford gathering a good ball in from Graham O'Sullivan and notching his second mark.

Stephen O'Brien made a great block to deny Paul Conroy, but was guilty of a poor miss at the other end after David Clifford had turned over a somewhat bizarre short kick-out. David was wide himself shortly after, as was Shane Walsh - but it was Kerry's sixth wide and Galway's first. Corner backs scoring has been a feature of this year's championship, and Galway's Jack Glynn demonstrated its' effectiveness once again to nudge Galway in front. Good work by Paudie Clifford won a free for Seán O'Shea to draw the teams level once more, but Cillian McDaid did very well at the other end to restore Galway's lead. Half-time Galway 0-8 Kerry 0-7

I was actually fairly hopeful at half-time. Certainly I felt a lot better than I had after ten minutes with Kerry down by three points. Galway had played better than I had expected, their pinpoint passes threaded through our defence were both clever and skillful, and Walsh was giving an exhibition. But Kerry had yet to realise their playing potential, Fossa superstar apart. Galway had played at what I considered their peak, whereas Kerry, forwards especially, had an awful lot more in the tank. We were destroying Galway on long kick-outs - they had reverted to short ones like ourselves, something that Kerry have gotten very good at. They were picking tiny holes in our defensive system, but I still felt that we had more potential for a goal. Jason Foley completely dominating the dangerous Comer was a big one for us - as long as we kept that door closed, I still felt that Kerry's shooting would improve. Let's face it, it certainly couldn't get an awful lot worse! Galway had scored 8/11, whereas Kerry had scored 7/16, just 2 from play. That's an indictment of our finishing, not our general play.

Taking David Moran and Paul Geaney off at half-time was a big call, but to be honest, I felt that it was the right one. Neither player both of whom have won games for Kerry on their day - was having a good day and the harsh truth was that they just weren't able to get going. It happens to the best of players that's where you need management to react sharply and with a necessary ruthlessness. Having the Spillanes, both of whom did very well, on standby certainly helps!

Walsh won and pointed a free on the start, but David Clifford nipped ahead of Seán Kelly to shoot over. The fact that Tom O'Sullivan and Kelly are hotly tipped for All Stars says everything about the calibre of these two forwards. Kerry worked the ball well before Graham O'Sullivan offloaded to Diarmuid O'Connor for a point. The two Na Gaeil men

account.

THE ALL - IRELAND SENIOR FOOTBALL CHAMPIONSHIP 2022



were once again more industrious than spectacular, but got through an amount of mostly unseen but vital work. Graham O'Sullivan was flying at this stage, and a gorgeous pass to Paudie Clifford saw Kerry back on level terms. Paudie had to go off temporarily, with Jack Savage coming on.

David Clifford oozed menace with every ball and made another great score look easy. Kerry in front. Cillian McDaid and Shane Walsh quickly restored Galway's lead - McDaid had an attacking role now, with Matthew Tierney slotting into his midfield role. Killian Spillane was wide with a good effort, but very quickly made amends with a great point. 0-12 apiece.

Galway weren't giving an inch. Kieran Molloy was on the overlap to put them back in front and McDaid added another. Adrian Spillane gathered a dangerous ball in - Connor Gleeson certainly fouled him rather than risk a goal. Was it a black card? Debateable, but there was enough leeway. Seán O'Shea's pointed free was punishment enough. Graham O'Sullivan was outstanding in the second half, having set up two points already, and he took his own calmly to restore parity again. Galway always had a scent of sulphur about them, but you could feel the pendulum starting to swing in Kerry's direction.

Paudie Clifford was doing a lot of damage now, and a foul on him saw his brother put Kerry in front. McDaid, who had been on fire so far, missed a decent chance from distance. Stephen O'Brien was wide from a tight angle - not sure that the shot was really on, to be honest. Hawkeye was needed again to rule out an effort by Tom O'Sullivan. Stephen was tiring now, with Micheál Burns bringing fresh energy as his replacement. Paudie Clifford's directness was asking questions of Galway now as he put Kerry two up.

A late shoulder on McDaid saw Shane Walsh pull one back, and McDaid pointed himself after a superb catch by Damien Comer. Level again!

Kerry on the attack again. When the whistle blew, I and everybody near me thought it was a free out. It wasn't - John Daly had tried the old trick of catching the attacker's hand, making it look as if Killian Spillane fouled him. In fairness, that was a huge call, and the referee Seán Hurson got it right. David Clifford pointed the free - it was actually a difficult enough one, at least by the standards of ordinary mortals.

McDaid wide again, and Killian Spillane wisely fisted over. Gleeson took the kickout in too much of a hurry and coughed up a hop ball. It broke loose, Paudie Clifford latched onto it like a hawk, and I thought he was fouled as he tried to get a close range shot off - the ref was an awful lot closer than me, though! Cillian McDaid fouled, but Shane Walsh was wide with the free. Galway were starting to leak below the waterline, whereas Kerry were looking more and more assured. The likes of Arthur Fitzgerald, Jason McGahan, Jimmy Galvin, Paudie McQuinn, Harry O'Neill, and Liam O'Regan have put in countless hours behind the scenes, and this is where the dividends are being paid - as Páidí famously said, it's about the grain of rice to tip the scales.

Gavin White, like Killian, opted to fist over the bar for a certain point after a good pass by Seán O'Shea. Three points in it now. Galway need to go for goal. I'd say you could tell a Kerry supporter's age by whether they are thinking of Seamus Darby or Mark Keane!

Not today. This isn't one of those days. We've been hurting the past while, close and no cigar so often in recent years. Galway land a few bombs down on the Kerry square, but they are all defused comfortably by an always assured Kerry defence, and Seán O'Shea makes the game and his place in history safe with the last score of the game. Galway died with their boots on, and that Minor All Ireland is a reminder that they aren't going anywhere soon, but Kerry are once again the holders of Sam Maguire, and all is right with the world.

Kerry: Shane Ryan, Graham O'Sullivan (0-1), Jason Foley, Tom O'Sullivan, Brian Ó Beaglaíoch, Tadhg Morley, Gavin White (0-1), David Moran, Diarmuid O'Connor (0-1), Jack Barry, Seán O'Shea (0-3, 3f), Stephen O'Brien (0-1), Paudie Clifford (0-2), David Clifford (0-8, 3f, 2m), Paul Geaney (0-1, 1m). Subs: Killian Spillane 0-2 (for Paul Geaney, half-time), Adrian Spillane (for David Moran, half-time), Jack Savage (for Paudie Clifford, blood sub,), Micheal Burns (for Stephen O'Brien, 56 mins), Paul Murphy (for Brian Ó Beaglaíoch, 63 mins), Joe O'Connor (for Paudie Clifford, 72 mins)

Galway: Connor Gleeson, Liam Silke, Seán Kelly, Jack Glynn (0-1), Dylan McHugh, John Daly, Kieran Molloy (0-1), Paul Conroy, Cillian McDaid (0-4), Patrick Kelly, Matthew Tierney, Johnny Heaney (0-1), Robert Finnerty, Damien Comer, Shane Walsh (0-9, 4f, 1 '45). Subs: Finnian O'Laoi (for Robert Finnerty, 45 mins), Cathal Sweeney (for Paul Conroy, 58 mins), Eoin Finnerty (for Johnny Heaney, 62 mins), Niall Daly (for Matthew Tierney, 74 mins)

Referee: Sean Hurson (Tyrone)













LADIES ALL IRELAND PREVIEW

Kerry v Meath

Croke Park, Sunday 31st July, 4.00pm



It's been a long time coming. We last lifted the Brendan Martin Cup back in 1993 and last played in a final in 2012. I was there that day – the truth is that Cork were simply outstanding and we couldn't live with their pace.

Ourselves and Meath were pretty much on a par until very recently. I remember the Royals beating a very weak Kerry team in the League back in Caherslee a while back – if you told me that there were players who would be contesting an All Ireland senior final playing that day, I'd have given you a wry grin. Cork and Dublin seemed to have the All Ireland sewn up, such was their dominance.

We played Meath in last year's Division Two Final, and the truth is that it was a disappointing display from us. Again we seemed to be chasing shadows, and the shadows proved to have granite substance any time we did manage to lay a glove on them. Meath then set off on one of the most amazing championship runs ever in any code and ended up as champions. Kerry were not as far away as I had been assuming....

Kerry look different this year. We all knowthat a strength and conditioning programme takes time to have a real effect – Kerry have put in the hard yards. This year, the likes of Galway and Armagh footballers were falling back from Kerry tackles, that was new to me. We've been moving with purpose and

with a new confidence. Quite simply, Kerry look more like they are expecting to win rather than hoping to win. Players are looking within rather than around them for leadership. That took an awful lot of work in the background.

Defence has been key. Ciara Butler is a rock solid keeper. Kayleigh Cronin and Emma Costello have been brilliant all year. Aishling O'Connell's goal against Mayo may have been a touch fortuitous, but she has been driving forward with pace all year. I was a bit sceptical of Cáit Lynch's switch from wing back to midfield - shows what I know. Cáit's pace has been a key weapon and her reading and handling are second to none. Lorraine Scanlon, her Desmonds and county teammate, has been an unsung heroine at the coalface for many years. Up front, Kerry have a lot of aces. Louise Ní Muircheartaigh is up there with the likes of Bernie Breen, Mags O'Donoghue, Geraldine O'Shea, Kacey O'Driscoll....Louise would have been starting even on the nine in a row team of Mary Jo, Mary Geaney, the Lawlors, Margaret Barry....she's a genuine



that was new to me. Anna Galvin of Kerry during the TG4 All-Ireland Ladies Football
We've been moving
With purpose and
Mayo at Croke Park in Dublin. Photo by Stephen McCarthy/
Sportsfile

2022 TG4 ALL-IRELAND LADIES FOOTBALL FINAL

IGIA

all-time superstar. But she used to be ploughing something of a lone furrow, and that's definitely not the case. Siofra O'Shea was always a prodigy, likewise fellow basketball star Paris McCarthy and camogie star Danielle O'Leary. You have sharpshooter Rachel Dwyer to call on as well Erica McGlynn makes a perfect focal point of distribution up front. Team captain Anna Galvin is one of those players whose best work is often unseen – Anna is involved in virtually everything. Niamh Carmody is another whose work-rate and focus keep opposition teams on the back foot. Throw in the likes of Katie Brosnan and Nimah Ní Chonchúir, and you can see the selection conundrums that Darragh Long and Declan Quill are facing – no bad thing.

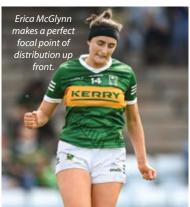
Hold your horses. Understand now that Meath are very formidable opposition. They tend to draw deep, create space for the likes of Vikki Wall and Emma Duggan to slice into. Duggan scored that late point to narrowly see off Galway and the last three points for Meath as they survived a thrilling semi-final against Donegal. Meath actually looked vulnerable when Dublin beat them to retain their Leinster crown

(Meath had won another thriller between the two by a single point at group stage), but in the long term that may actually have given them the spur they needed. Stacey Grimes and Nimah O'Sullivan are other sharpshooters for Eamonn Murray's side. Keep an eye out for Kelsey Nesbitt, but she may not, but she'll definitely see action and she has shown a formidable knack for scoring crucial goals.

Kerry were more convincing in their results than Meath overall, apart from the Munster Final defeat to Cork (again, possibly no bad thing in the overall scheme), but we know that Meath can dig very deep. This one will go the distance, and I make Kerry very slight favourites.

It should be a cracker.







at O'Connor Park in Tullamore, Offaly. Photo by

Piaras Ó Mídheach/Sportsfil

Best of Luck
to the
KERRY LADIES TEAM
from all at

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2022 TG4 ALL-IRELAND LADIES FOOTBALL FINAL





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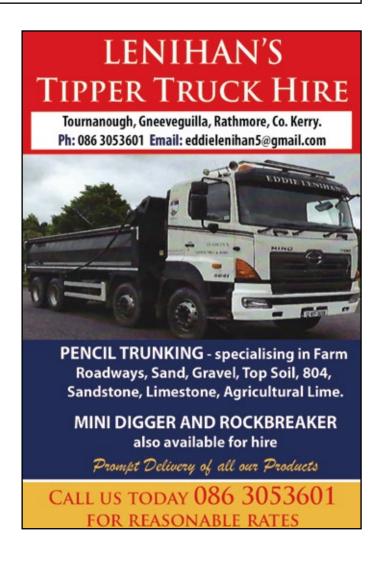
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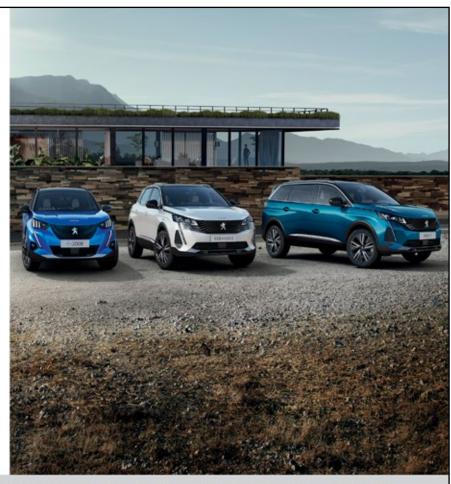




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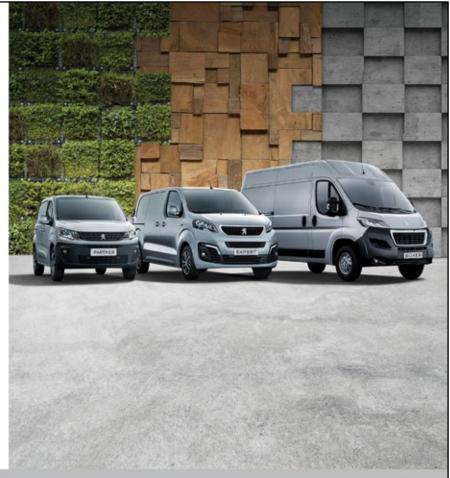


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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

ROUND UP

There is a lot going on in sporting terms at the moment, but one topic is dominating every conversation in Kerry this week, and with very good reason. The County Leagues have drawn to a close, and with good results for East Kerry teams. Dr. Crokes lost out to Dingle in extratime in the Division One Final - given the amount of players they were missing in a very tough start to the campaign, I think they will be well pleased overall. Add in four county players to that mix. Killarney Legion were in the same boat and looked in relegation trouble early on, but steadied very impressively - James O'Donoghue is still as dangerous a forward as ever. Spa, Rathmore, and Gneeveguilla will be guietly pleased at staying in Division One. Kilcummin may have been pipped by Desmonds (Dr. Dave Geaney has engendered an amazing transformation in their fortunes) to the Division Two title, but they'll be a sixth East Kerry team in the top tier next year. Listry, unfortunately, slip back down to Division Three - it was very close in the finish. Firies make the opposite journey after a play-off with Brosna, going up to Division Two, while Fossa (who have a couple of county players themselves!) go up to Division Three. The team to watch is Glenflesk, who are unbeaten all year and have a lot of aces to draw from. The Roche brothers (including All Ireland winner Darragh), Jeff O'Donoghue, Patrick Darcy, a fully fit Daniel O'Brien...that's a team to watch.

By the time you read this, the U21 County Final between East Kerry and North Kerry will have been played. I fancied East Kerry, especially with Paul O'Shea and Ruairi Murphy in midfield. O'Shea is already hotly on the Kerry senior radar - I believe that Murphy is well worth a look as well. Mind you, Jack Kennelly was probably the most dangerous scoring forward in the competition, and Kevin Goulding is one to watch as well. You know more than me by now. The County Minor Championship continues apace - East Kerry's biggest threat to their continued dominance looks like a very dangerous North Kerry. Personally I think East Kerry are drawing from a massive pool and I'd have no problem with Eoghan Ruadh as a County Championship team, while I'm fine with the amalgamation of Feale Rangers and Shannon Rangers. That may seem contradictory, but the divisional teams are drawing from different bases in terms of club strength.

The All Ireland Final may be the crowning glory, but Kerry football lives at the roots. Jack O'Connor was unquestionably the architect of Kerry's victory last Sunday, but many hands mixed that mortar - Jack would tell you as much himself.



An emotional Pat Spillane on his last day on The Sunday Game after 30 years.

PAT SPILLANE

John O'Keeffe was the spiritual leader. His cousin Ger and Stacks' team-mate Power were the greyhounds. Jack O'Shea was the engine, Mickey Ned the spearhead, Sheehy and Egan the smiling assassins. Charlie Nelligan came on in his first senior All Ireland straight after winning a minor - the biggest baby ever born in Kerry, they tell me. He didn't shrink with age! Tim Kennelly was the 'horse' to supporters whose farms had relied exclusively on their power. Ogie was a talisman like his son would become. Páidí was the most loveable rogue that Kerry ever produced – and he was both a thorough roque, and completely loveable. But even with those magical components, Mick O'Dwyer was known on the hard days to mutter "Thank God for Spillane" under his breath, and everyone knew which one of the brothers he meant.

There was nothing of the rogue about Pat Spillane, either on or off the field of play. He was nominally a wing forward, but he roamed relentlessly at will and broke opposition hearts on every part of the pitch. He was indomitable. An injury that left his knee hanging by a thread was a temporary interruption, no more. In the end he had eight All Irelands and nine All Stars. He finally hung up his Kerry boots in 1991... but Pat wasn't disappearing gracefully from any stage! He was famously blunt and forthright, as direct with a microphone as he was with a ball, and one of the greatest readers of a game around. The Sunday Game quickly recognised his skills as an analyst.

Note the analysis part. Where Joe Brolly was mostly there for wit and entertainment, Spillane and Colm O'Rourke weren't trying to impress anybody, they were trying to elucidate and inform. These were neither commentators nor cheerleaders, and they became as iconic off the field as they had been on it.

Kerry used to believe that 31 and a half counties wanted them to lose. The same

could be said, a bit tongue in cheek, about Pat Spillane. Remember the famous Mayo banner "Are you watching, Pat Spillane?" He was – and he appreciated the banter as much as anyone. There are things about Pat Spillane that his detractors don't realise. Pat didn't just play the game, he lived it. I've been down to plenty of juvenile and senior games in Templenoe. Pat and Tom were at almost all of them. I remember the days when Shane Cremin was their standout footballer as they laboured for playing numbers in Division Five - a young lad named Tadhg Morley was hurled into that mix very young, it did him no harm. If you are at a championship game down at that pitch (and it is a truly gorgeous pitch), have a look at the fella guiding cars safely back onto the main road. Yep, you've seen him before. The seeds of Kerry's victory last Sunday were planted by the likes of the Spillanes, Mike Crowley, John Rice....Seán O'Shea senior, Mickey Ned, Andy O'Sullivan in Kenmare....Tom 'Fox' O'Connor in the school - Inbhearr Scéine has been some football nursery! The late Micheál Hayes in Austin Stacks, God rest him, would have known the breed. Pat could stand any day in that company, and not because of his medals.

I was going to just wrote a little humorous piece as Pat steps away from the Sunday Game after thirty years. A collection of his most memorable quotes – like the other great commentators on Kerry football like Pádraig 'P.F.' Foley, Con Houlihan, Weeshie Fogarty, or the great Micheál Ó Muircheartaigh, there is no shortage of material. My favourite was himself and O'Rourke hilariously dissecting the infamous brawl between Meath and Mayo in the drawn '96 Final. No faux outrage or sanctimony here, thank you very much!

But last Sunday, watching as his nephews won the Sam Maguire, Pat lowered his guard a little and spoke from the heart. He spoke about his father – Tom Spillane's own father had been instrumental in founding Templenoe GAA and Tom was a phenomenal talent himself. Best friends with Denny Lyne from their Sem schooldays, he helped Killarney Legion to a County Championship before marrying Maura Lyne. He famously won a Railway Cup medal, but no All Ireland, and he passed away very young. He was actually a selector for Kerry against that great Galway team in 1964 shortly before he passed away, leaving a young family behind him. Pat told us, his voice heavy with emotion, about how Tom's sons had brought 19 All Ireland medals home and what it would have meant to him to see his grandsons bring two more.

He never spoke better, or more directly to the soul of Kerry football.

ALL STAR SELECTION

Well, with the dust settling, speculation turns to the awards and the likely candidates. I have absolutely no inside information, I couldn't even name all the journalists who make up the selection committee. All I can offer is my own speculation but sure, I love doing that, so here we go.

It's between Ethan Rafferty and Shane Ryan for the goalkeeper. Rafferty made more headlines, but Shane's composure, especially on kick-outs, was absolutely crucial to Kerry's success and I think he will just about get the nod.

In the full back line I think Chrissy McKaigue and Jason Foley are fairly locked on. Tom O'Sullivan was a certainty until he met up with Shane Walsh – I don't know if anyone else could have marked Walsh either. The same can be said for Seán Kelly meeting David Clifford - there was only ever going to be one winner there. I don't think it's just duchas that makes me opt for Tom, and I think he will just about get the nod over Liam Silke. Graham O'Sullivan burst into real contention in his last two games; he was a revelation. I can see Lee Gannon (I underestimated the latest in Dublin's production line of dual players) taking the Young Footballer of the Year ahead of Jack Glynn, but the All Stars is too crowded in that area for either.

For me, Tadhg Morley and an underappreciated John Daly are locks, both were absolutely invaluable for their teams. Brian Ó Beaglaíoch and Gavin White are in the mix. James McCarthy played great football, but not enough of it to be a contender as far as I am concerned, and I suspect the third spot will go to Kieran Molloy. Lee Keegan might get sympathy votes, he certainly didn't let his county down.

I can't really see a Kerry contender in midfield, despite Jack Barry's Trojan work-rate. Cillian McDaid is a sure thing; he'll be in contention for Footballer of the Year as well. I think most people agree that Conor Glass will be beside him – it wouldn't surprise anyone who saw that great Hogan duel between Maghera and the Sem. I've seen Brian Fenton's name mentioned – I didn't think he hit his own high standards this year, but Tom Lahiffe really surprised, an outside contender. As for Rian O'Neill being named there on the RTE Team of the Year – let us be dignified and pass up on that without comment. I'm surprised that more people haven't mentioned Matthew Tierney –

he actually spent most of his year in midfield, allowing McDaid and Conroy the space to go forward.

You'll see a few positional switches in the forwards to accommodate everyone. Three absolute certainties are David Clifford, Shane Walsh, and Rian O'Neill - Armagh departed in the quarter-finals, but O'Neill has been genuinely brilliant all year. Dublin will have an All Star after making the last four, and I expect it will be Ciarán Kilkenny, I'd have no argument with it. I can't see Seán O'Shea not getting one - would any Kerry player bar the obvious be in the conversation without that kick against Dublin? I actually thought he was more consistently dangerous last year, but I think he'll get one. That leaves one place up for grabs between Paudie Clifford, Rory Grugan, Damien Comer (again, a poor final might cost him - Stephen O'Brien was a contender for Footballer of the Year in 2019 but was well-marshalled in the finals and ended up completely empty-handed). Paudie was hugely instrumental in Kerry's biggest victories, Dublin and Galway respectively, and was already in the conversation before that second half display. Fossa hosted a brilliant Night of Legends recently - they have two more in their own ranks.

We all know who is going to be the Footballer of the Year. The All Stars like to include at least one highly controversial selection to generate publicity (maybe I'm being a touch cynical, but that's my read on it) but anyone other than David Clifford as POTY would make them laughing stocks instead. Young Player of the Year is harder – the emphasis on strength and conditioning nowadays means that you see far fewer U23 players than before. Lee Gannon would get my nod, for the very little that's worth.

MANAGERIAL MERRY-GO-ROUND

And so begins the annual purge. Managers and their backroom teams put their heart and soul into things, usually for little enough reward - and the reward they end up with is more often than not an unsubtle P45. This year is no different in that regard. The most brutal dismissal was Colm Bonnar in Tipperary, with Liam Cahill leaving Waterford to take the still-warm Premier hot-seat. Bonnar deserved better, in all fairness. Kilkenny do it better they'd want to. Brian Cody is probably the best hurling manager of all-time, ahead of the likes of Tough Barry, Fr. Tommy Maher, or Fr. Harry Bohan. I was disgusted at the media furore over his facial expression while shaking hands with Henry Shefflin earlier this year, a tawdry tabloid molehill built into a mountain by a disappointingly gullible public. Cody has been an all-time great in how he carries himself in a phenomenal run of success.

Colm O'Rourke was three times turned down for the Meath manager job. He stated that he wasn't in the running the fourth time – so of course, he got the job. Like Spillane, I've always had huge respect for him. Meath have slipped down the pecking order since Seán Boylan was

unceremoniously dismissed – that was another unsavoury business, and they have had no luck for it. Meath need to consider realistic expectations – they have improved, but they are just about third in Leinster's pecking order behind Kildare and Dublin, and Leinster have no team in Division One. A quarter-final would be a big achievement for the man who managed St. Pats of Navan to three Hogans, Simonstown to two County championships, and Ireland in the Compromise Rules.

James Horan couldn't quite get Mayo over that long hard line in the sand, but nobody could have given more to the cause. He leaves Mayo in a great place – remember that they were desperately unlucky with injuries all through this year.

It's no secret that Ulster teams, aside from Derry, will be hugely disappointed overall this year. None more so than Donegal - I strongly expected them to be facing either Kerry or Dublin in the All Ireland Final. Donegal have the players, albeit the miles on the clock are growing. I don't envy whoever comes in to replace Declan Bonner. Seamus McEnaney has stepped down from Monaghan, who always battle a bit above their weight. Jason Sherlock is in that conversation, which could be intriguing - Sherlock has an impressive CV in assisting managers, but hasn't sat in a hot-seat himself at that level. James McCartan (Kerry people have good cause to remember both father and son) has stepped away from Down after one year in charge in his second spell - not a good sign for them. I'm afraid.

Offaly is another vacancy - Tomás Ó Sé is obviously in the running to go by chairman Michael Duignan's comments, but that's a huge commitment travel-wise. Management is a bigger commitment than being a selector, but taking on a Leinster county did Micheál Quirke no harm. Offaly have good young players coming through, but again expectations must be realistic – they aren't going to be dining at the top table for a while, regardless of who takes the helm.

Rumours abound concerning Dessie Farrell with Dublin, and that smoke seems to contain a bit of flame. After all, he won one All Ireland, lost a semi-final in extra-time, and lost another to the eventual champions by a point. Apparently that's not good enough - alright, that's a simplistic view. But I still say that taking over from Jim Gavin was always going to be a poisoned chalice, nobody could have matched that success - Ogie Moran and Mickey Ned O'Sullivan caught plenty of unfair flak after replacing Mick O'Dwyer. Dublin have plenty of fresh talent, albeit robbing hurling Peter to pay football Paul, and Dublin have a good record of respecting their managers, aside from the famous shafting of Tommy Carr. I wouldn't write of Dessie Farrell just yet, but ye should know more by the time ye read this.

Keit Ricken has stepped down from the Cork job, having had to step aside for health reasons during the year. John Cleary (I was very surprised that he was passed over previously) looks bound to take the position permanently, having already deputised. Cork actually had a good championship after an awful league –

ALL THINGS...SPORT

they gave us plenty of it for fifty minutes and there's no shame in losing to Dublin. Cork are moving in the right direction, especially with Rebel Óg tightening their production line. They are not far away at all.

Closer to home, there will be a lot of interest in the vacancies for Kerry U20 and minor, but my understanding is that Croke Park are eager to make U17 a Development grade (congratulations to the Kerry South U16s on reaching the All Ireland Final after beating West Cork), and commiserations to the U15s who lost out to Galway) and create a U19 level. I strongly disapprove and would far prefer a reversion to U21 and U18, but allegedly wiser heads will be prevailing and there isn't much point to appointing managers until we know the grades.

Kerry will also be looking for a replacement for camogie manager lan Brick. Kerry's camogie team always have to battle uphill - they are drawing phenomenal talent from a very, very shallow pool, but Brick worked wonders with the players at his disposal - Glenflesk's Kate Lynch is one of our most under-rated stars. The former Kilmoyley and Kerry hurling star leaves very big shoes to fill.

BASKETBALL

The big news this week is that St. Pauls Ladies are returning to Division One of the National League for the first time in a decade. James Fleming coached a superbly talented team to the National Cup that year and, after very successful sojourns with Fr. Matthews and Limerick Celtics, returns once again to the club where he cut his teeth as both a player and a coach.

St. Pauls are one of five new teams in Division One - Oblate, Tolka Rovers, and Dublin Lions are all based in the capital, with St. Pauls Killarney and Cavan Eagles also entering the mix. Sadly, St. Mary's Castleisland will not be fielding a ladies' team this season - they kept the flag flying high for Kerry basketball for a long time and aren't likely to be in absentia for long.

St. Pauls have already assembled an impressive line-up. The likes of former international Lynn Jones, Cassandra Buckley (a key member of the Kerry Ladies GAA backroom team) and Rheanne O'Shea are back on board. Last year's Division One Player of the Year with Limerick



Killorglin Womens Senior Quad of Rhiannon O'Donoghue, Monika Dukarska, Lily Gallagher and Molly Sullivan. This quad showed serious guts and courage to pull off a win for Killorglin over ULRC in a great battle from start to finish

Sport Huskies, Yuleska Ramirez Tejeda, and Canadian Sophia Paska are big additions, while a lot of eyes will be on U16 international vicecaptain Leah McMahon, who returns from a very successful Pauline Tournament in Nottingham and also impressed in the Dussman Trophy in Portugal.

Kerry basketball needs teams competing at the top level and has unquestionably proven that it has players capable of playing at the highest level. Just last weekend coach Paudie Fleming had Rapolas Buivydas and Leeroy Odiahi with his U20 Irish squad, Aivaras Uosis lined out with the Irish U18 squad, and Aoife Nolan managed the Irish U18 team, while senior ladies manager of the Irish team James Weldon finalises preparations for international friendlies against Estonia and Portugal.

ROWING

Killorglin RC took gold in the Womens Senior Quadruple Schull at the National Rowing Championships in Cork. Rhiannon O'Donoghue, Monika Dukarska, Lily Gallagher, and Molly Sullivan saw off a great challenge by

Congratulations to Ethan O'Neill of Muckross RC, who represented Ireland in the Junior Double (3rd place), Junior Quad 2km (3rd), and in the 500m Sprint, where the Irish crew took gold.

Like everybody connected to Kerry rowing, I extend fullest sympathies to Mary B. and the Teahan family on the sad passing of Brendan.

CYCLING

Well done to Mark McGlynn on his eighth place finish in the National Cross Country Cycling Championships in very tough weather - an even more impressive achievement given that Mark was the only S2 rider up against S1s. Mark came into the race in very good form, having already won the Irish Cross Country National Points Series earlier this month.

ATHLETICS

Congratulations to Sarah Leahy and her team-mates, who finished in a hugely impressive eighth place in the World Athletics Championships in Oregon.

Killarney Valley also had great success in the National U23 Championships. Ciara Kennelly and Jordan Lee both won gold in the high jump, while Madie Wilson Walker.

Congratulations also to Killarney Valley's Jason O'Reilly, with the 400m sprinter selected on the Irish Athletics Team for the Summer European Youth Olympic Festival in Slovakia.



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KILLARNEY LEGION

KERRY

What a wonderful occasion as Kerry captured their 38th All Ireland title with a 0-20 to 0-16 win over Galway in Croke Park. David Clifford gave a performance for the ages, mirrored by Galways Shane Walsh as Jack O Connors men finished the stronger. Cian Gammell will no doubt have gained valuable experience being part of the panel and hopefully will be able to push on next year and challenge for a place in the team. Congratulations to Cian and with youth on his side the future is bright.

The double could well be on and so we wish the very best of luck to Elizabeth Mohan, Keri Ann Hanrahan and the Kerry Senior Ladies football team as they bid for All Ireland glory against Meath this Sunday in Croke Park. Having last won the title in 1993 they will be bidding to end the 29 year famine against the reigning All Ireland champs.

KILLARNEY LEGION 2-9 KENMARE SHAMROCKS 5-13

The scoreline in the end was harsh on a gallant Legion team but there would be little disputing the fact that Kenmare were the better team overall in this East Kerry U15 Division 1 League Final played in Fltzgerald Stadium. But with ten points left on the clock, and the scoreboard reading 2-12 to 1-9 in Kenmare favours there was still a whiff of a chance. But three rapid fire goals put more of a gloss to it, but it shouldnt detract from what was a game and competitive Legion side.

It started well when Oisin Fleming, who accounted for 1-8 of his side's total, opened the scoring with two points before a Kenmare goal and points raced them into the lead. It could have been more but for a fine full length save from netminder Joshua Alade.

However Kenmare then asserted their authority for the rest of the half, running up 2-8 to Legions 0-5. Legion needed a quick start to the second half and it duly arrived thanks to a point from Oisin Fleming and a cracking goal from centre forward Brian O Shea. But everytime they got within touching distance Kenamre hit a flurry of points. However by the 50th minute and still in the game Kenmare struck for those killer goals and eventually ran out winners on a 2-9 to 5-13 score.

The team and management should be very proud of their efforts so far this year. A look at the County League results would see them rank in the top 4, while runners up in East Kerry's top Division has them nicely placed in the next year or two to progress and continue to improve through to the minor ranks.

That we are also fielding two teams at this age group is another huge positive and with the other team contesting another East Kerry final this week, there is a lot of football being played and everyone is getting plenty of game time.

Well done lads, stick with it and better days lie ahead!!

SENIOR MENS UPDATE

Our Senior Men open their County Intermediate Championship bid with a clash against Laune Rangers which is being played in Beaufort on Sunday July 31st at 2-30pm. Laune Rangers had a very solid campaign in Division 2 and have a long and proud tradition as a Championship team of some renown. Nothing less than 100% will suffice in this most competitive environment. Dromid Pearses will face John Mitchels in Glenbeigh in the other game in the group, which will be held in Glenbeigh on Saturday August 6th at 7pm.

The Senior B Team concluded their East Kerry Junior League campaign with a 4-13 to 2-7 defeat to Gneeveguilla in Direen. It's been a particularly busy month with games galore and there is still more to play for. The O Sullivan Cup will be scheduled in the coming weeks and we have a home tie for Glenflesk in this prestigious competition.

U16 LADIES

John Mitchels Sports Complex was the venue on Thursday last for our U16 team where they faced Firies in the County League Division 3 Final. The Farranfore side made the brighter start but gradually as the half wore on our girls got into their rhythm and only trailed by three points at the break. Again Firies made a better start to the second half and built up a lead that couldn't be surmounted and eventually ran out 7-10 to 4-9 winners. The ladies played with great commitment and when they look back at the overall campaign it will be with a sense of satisfaction overall.

SCOREBOARD

Our brand new scoreboard is now up and running in the Club grounds thanks to the work of our Field and Facilities committee. Digitally operated and easy to use it will be a welcome addition when hosting games. Special thanks to Donal Dodo Hegarty and the various craftsmen whose diligence made the project happen.

SARAH LEAHY

Congrats to Sarah on her selection on the Irish women's 4 x 100m Relay team at the World Athletics Championship in Oregon. Racing last Friday night, what a fantastic honour to represent her country on the world stage. Be very proud Sarah because the whole club is proud of you.

MARK MORIARTY

The Club would like to wish Mark Moriarty all the very best on his ordination as a Deacon. Mark, whose father Brian served the club in many officerships and roles, is having his big day on Sunday August 7th at 3pm in St Mary's Cathedral with light refreshments afterwards.

EAST KERRY GAA NEWS

By Michael O'Mahony

U15 EAST REGION DIVISION 1 FINAL KENMARE 5-13 V LEGION 2-09

Kenmare shamrocks had a comprehensive win over Killarney Legion in the Division 1 East Region U15 final on Wednesday evening July 20th. The game was played in the splendid Fitzgerald Stadium Killarney and the players on both teams showed no little skill and determination to secure the victory.

Kenmare threatened to goal early but a fine interception from Cian Scannel denied them the score. Legion were dominant up the other

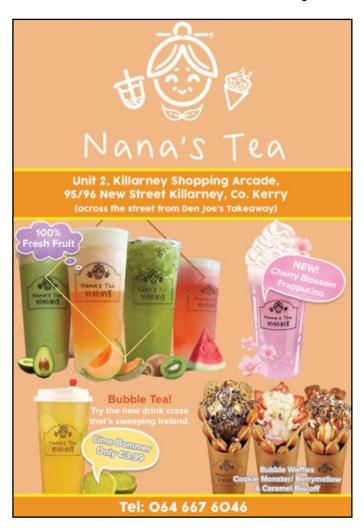
end and had the first two scores through their most dangerous forward Oisin Fleming. Kenmare's first score was a goal after a solid through ball to full forward Dara McCarthy who finished with authority. Kenmare then took control of the game and dominated the point kicking with three points from the captain Dawid Grevowiec and four points from the efficient wing forward Neal O'Shea. Michael Tagney and Chulainn Hussey were dominant in mid field especially at kick out time. Oisin Fleming continued to score for Legion and kicked all five points in the first half. Kenmare kicked long and used the pace especially from Rossa McGearailt to put pressure on the legion goal. The second goal arrived on the twentyfourth minute when McGearailt fed Diarmuid Healy to claim his second goal of the half. The half time score was Kenmare 2.08 v Legion 0.05 Legion responded in the second half, despite the score line and claimed a goal when Fleming put Brian O'Shea through for a fine goal after four minutes. Kenmare responded with three points from wing forwards Neal O'Shea and Dawid Grevowiec. Legion responded also with three points from Oisin Fleming and Brian O'Shea to leave six points between the sides after twenty minutes of the second half. However the dam burst and the lightening quick Rossa McGearalt had two goals in two minutes. Wing back Seamus O'Donoghue did claim a second for his team after twenty seven minutes, but the Kenmare Captain Grevowiec got the final goal just before full time. The final score was Kenmare 5.13 v Legion 2.09

The referee for the game was the excellent Eddie Walsh and he had a full complement of officials on hand. Denis McCrohan presented the shield on behalf of the board. The sponsors MD O'Shea were thanked for their continuing support. The winners' medals were presented on the night and pictures taken with the family members present.

EAST KERRY U15 DIVISION 4 FINAL SPA 3-12 FIRIES 3-08

Spa overcame a shocking start, which saw them concede 1 - 03 in the first five minutes, to claim the MD O Shea sponsored East Kerry Division 4 League Championship, at Legion GAA grounds. Firies were quicker to get going, with 2 early frees from Marcus Clifford giving them the perfect start. It got even better for them when center back Henry Walsh bullet of a shot smacked off the crossbar and into the net. Spa eventually settled with 3 goals in as many minutes from Luke Doolan, JJ O Donoghue and Fionn Daly. The strong running of Daly and midfield partner Joey McCarthy was now causing Firies severe trouble. McCarthy's first point of the evening increased their lead to 6. Firies had the perfect opportunity to narrow the gap before half time when they were awarded a penalty. McCarthy was black carded for his foul, but Cillian Cronin blazed his effort wide. Big chance gone. Spa in control at the break.

Cronin showed no ill effects from his penalty miss, firing over a superb point early in the second half. Center forward Doolan responded for Spa, as they managed the black card time very well. With McCarthy back, Firies needed









something special to get back in the game. Liam Harmon had looked extremely dangerous, but Spa had just about stopped many of his raids. They were helpless this time though, as he powered forward, and fired in a shot that exploded into the net. Game well and truly on again. McCarthy then kicked a settling point for Spa, but Firies advanced again, with great work from Johnny Henderson and Cronin ending with Jaydn Foley finding the back of the net. They then had a setback when Henry Walsh was sent off after receiving a second yellow card. McCarthy pointed another free, his fifth point of the night, to see Spa home. A brave effort from Firies, but Spa's strength up the middle proved crucial, and they were worthy winners. **KERRY - ALL IRELAND SENIOR CHAMPIONS** Congratulations to Kerry Team & management & all involved on their great win over Galway on Sunday last in Croke Park and all players form East Region

SENIOR KERRY LADIES ALL IRELAND CHAMPIONSHIP FINALthis Sunday at Croke Park at 4pm. Best of luck to Kerry Team & Management on Sunday

SYMPATHY

We extend Our sympathies to families of Brendan Teahan RIP Cromane.Ar dheis Dé go raibh a anam dílis

FOSSA GAA CLUB NEWS

KERRY

Congratulations to the Kerry senior squad and management on bringing home the All-Ireland Senior Football Championship for 38th time. Historic day for our club with Paudie and David bringing home Celtic Crosses for very first time. Best of luck to Erica and Anna this weekend in the ladies football final.

FOSSA SENIORS

Best of luck to our senior mens team against Listowel in their first game of the premier junior championship.

U14

Well done to Fionn Doyle who has been named on the Kerry South U14 development panel.

DR. CROKES GAA CLUB NEWS

DIV.1 CO. LEAGUE FINAL; DR. CROKES 0-17 DINGLE 1-18

Our senior team fell short after extra time in the County League Final over Dingle in Tralee on Friday evening. Both sides were evenly matched throughout the game. The game was in our favour as we entered the 57th minute of normal time with two unanswered points from Cillian O'Regan giving us a 0-14 to 0-11 lead. As the clock continued to count down, Dingle fought with everything they had. Brendan Falvey mad a fantastic save with time almost up but Dingles Barry O'Sullivan was quickest to the rebound and tapped the ball in to the back of the net sending the game to extra time. Dingle came out even stronger in extra time outscoring us 6 points to 2.

U14 CO. LEAGUE FINAL

Our U14 girls had a great win in the Co. League

Final, where they overcame a very strong John Mitchels team for the second time on a score line of 2-11 to 3-06. Siofra Randles was outstanding kicking some amazing scores while bursting through the midfield. She was ably assisted in point kicking by Sabra Hickey. Our captain Aoife O'Donoghue was tremendous at the back, with Ali Lyne making some great score-saving tackles. A fantastic effort from all the girls on the panel, the improvement throughout the squad has been amazing. Huge congratulations to each one of the girls, and to their fantastic coaches Eoin, Allan, Pia and Liz. **SUMMER CAMP**

Our very popular Summer Can will be taking place from the 22nd to the 24th of August from 9am - 1pm for boys and girls aged 4 to 11. Info from the academy coaches. Booking can be done through the following link https:// member.clubforce.com/memberships_cart_m. asp?LL ID=2545&intMF ID=10516#Anchor LOTTO TOOK PLACE ON July 25th Numbers drawn were 17, 23, 25, 27 Jackpot not won. No patrons matched 3 numbers. 4 lucky dips revieve €100 each. Jackpot for draw on August 1st will be €8 000. We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below and follow instructions attached

https://play.clubforce.com/play_newa.asp#Anchor

DR. CROKES SHOP

You can now shop worldwide on our online shop.

BINGO

Dr Crokes Bingo continues every Sunday night at 8pm. Doors open at 6:45. Everyone Welcome. **CONGRATULATIONS** to Patrick, Gavin, Shane, Tony, Micheal, Harry, Jimmy, John C and the Kerry Senior Team on their win over Galway in the All Ireland Final.

BEST WISHES to Kayleigh Cronin and the Kerry Senior Ladies Team in the All Ireland Final on Sunday

BALLYHAR-FIRIES GAA

LOTTO

Numbers drawn were: 2, 5, 25, 28. No jackpot winner. 5x€30: Ciaran Sears, c/o Sheehans Shop Farranfore. Pat O Donoghue, Dromore. Cian O Callaghan, Farranfore. Morgan McMahon, Firies. William Power, Ballincarrig. Next weeks jackpot €2400. Thanks to everyone who purchased a ticket and don't forget to get one for next week!! Get your lotto tickets online via the Firies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Firies, Hendersons Shop and Bar Firies and from all the usual sellers. We thank these businesses for their continued support. Thank you all for your continued support.

THE BIG DROP - EARLY BIRD DRAW

Congrats to Sean O Grady who was the winner of out Early Bird Draw prize of 2 tickets and over night accommodation on Dublin for the All Ireland Final.

ALL IRELAND LADIES FOOTBALL FINAL

Best of luck to club ladies Emma Costello, Katie Brosnan & Emer Riordan and all the Kerry Senior Ladies in their All Ireland final against Meath on July 31st in Croke Park.

THE BIG DROP

We are very excited to announce our new Club Fundraiser, "THE BIG DROP". On Saturday, 1st October at 2pm, the clubs' home turf will be virtually divided into a grid format and Taking advantage of the clubs' close proximity to Kerry Airport, a helicopter will fly over Pairc Eamonn, dropping ten balls. When one purchases a €50 ticket, the purchaser is randomly allocated a grid box and if the ball lands on your allocated grid box, you could be the lucky recipient to share in 25K in prize money. There are ten cash prizes available on the day; six €1K, one €1.5K, one €2.5K and the ultimate prize of €10K. Tickets are now on sale either on-line via https://pallaslotteries. ie/firiesbigdrop or in paper format from any club member.10% of all profits form the big drop will go to the Air Ambulance to acknowledge the phenomenal work that is undertaken not only in Firies but beyond our rural club.

ALL IRELAND MENS FOOTBALL FINAL

Congrats to the Kerry Team and Management on their great win over Galway at the weekend in the All Ireland Final.

FIXTURES

Men's Junior County Championship Rd 1 away vs Asdee Saturday 30th July at 7.30pm

RESULTS

U16 Girls Div 43 County League Final Firies 7-10 Legion 3-09

U13 GIRLS took part in the Sandra Keane memorial blitz on Saturday & beat Ballyduff to win the B Plate Final & Grace Barry won player of the match

U8 GIRLS welcomed Spa to Farranfore on Saturday for a challenge game

MILLTOWN/CASTLEMAINE CLUB

CONGRATULATIONS

All at Milltown/Castlemaine GAA would like to congratulate the Kerry Men's Senior team and management on a brilliant victory in the All-Ireland Senior Football Championship Final over the weekend against Galway in Croke Park, Dublin. Sam Maguire has returned to The Kingdom for the 38th time!

BEST WISHES

This weekend it is the turn of the Kerry Senior Ladies as they will take on Meath in the TG4 All-Ireland Ladies Senior Football Championship Final at 4:00pm on Sunday, July 31st in Croke Park, Dublin. We would like to wish the players and management all the very best and safe journey to all the supporters.

GAA RECOGNITION: ALL-IRELAND FINAL DAY

Well done to Milltown/Castlemaine's Sean Burke who on Sunday in Croke Park was celebrating

the 1997 jubilee by taking a bow in front of the crowd to mark 25 years since his All-Ireland victory with The Kingdom!

CAMP FOR FUTURE STARS 2022

After a break of two years the Club is delighted to announce the return of our CAMP FOR FUTURE STARS for 2022. Offering four fantastic days packed with GAA Skills, games and loads of fun. Our camp will take place from Tuesday, Aug 16th to Friday August 19th, from 10:00 to 14:00 at our wonderful facilities in Paddy Burke Memorial Park, Milltown. Registration for the camp has moved on-line and can be accessed via Clubforce https://member.clubforce.com/memberships_cart_m.asp...

With the Milltown/Castlemaine CUL Camp having sold out in two days; please register early as places are limited in each category.

For any questions or queries, please contact lan Twiss: 087 252 1053 or Liam Doherty: 086 041 3593

COUNTY SENIOR FOOTBALL DEVELOPMENT LEAGUE: DIVISION 3 SHIELD FINAL RESULT

Milltown/Castlemaine's Senior 'C' side travelled to Currow last Friday evening to take on the hosts in the Shield Final of the County Development League. Unfortunately it was not to be their night as Currow led 1-08 to 0-05 at half time before running out 3-13 to 0-12 victors in the end. Hard luck to the players and management who put in a great effort throughout the competition.

KERRY GAA DEVELOPMENT SQUADS

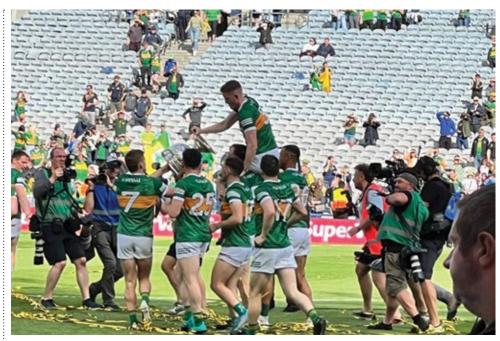
Milltown/Castlemaine GAA was well represented last Saturday with 8 members (6 players and 2 coaches) donning the Green and Gold as the Kerry South U-14, U-15 and U-16s all were in action.

Kerry South U-14s had a big win over Laois at the Kerry GAA Centre of Excellence in Currans. Charlie Griffin was representing our club.

Kerry South U-15s fell to a narrow two point defeat against Galway North in Lewis Road, Killarney. Ian Twiss was part of the management whilst James Dempsey, Michael Lynch and Sean Griffin were part of the playing squad.

Kerry South U-16s travelled to Millstreet to take on West Cork on Saturday also and came away with a 2-10 to 0-06 victory. David Heasman was manager of the side with Dara Hogan and Aaron Dinham part of the squad.

Well done to all our club representatives. It



Members of The Kerry Team surrounded by photographers as they lift Sam Maguire at Croke Park on Sunday. Photo: Eileen Finnucane.

is fantastic to see some of our club players progressing to play at the highest level for Kerry and similarly it is great to see our coaches pitting their wits against those from other counties.

U-7S: RECENT ACTION

Milltown/Castlemaine's U-7s were in Listry on Friday evening. They had 3 teams and played 3 very entertaining games. There are great improvements being made by our future stars week on week. Keep up the good work!

U-11S: MUNSTER GO GAMES BLITZ

Well done to the U-11 boys team and management who took part in the Munster Go-Games Blitz in Fitzgerald Stadium, Killarney. The boys played games against Austin Stacks, Rathmore and Fossa before being given a stadium tour by former Kerry captain Fionn Fitzgerald, who passed on some great insights from his time playing with Kerry.

They also took part in another Blitz in Pairc Ui Chaoimh in Cork.

Thanks to Donal Daly and all those in Munster GAA games development who organise these great blitzes.

U-13S: TRAINING ARRANGEMENTS

Milltown/Castlemaine's U-13 Green and White

sides will both continue training on Friday of this week at 6:00pm at the club grounds. Fixture details for the next round of games are yet to be confirmed but it is likely that they will begin next weekend.

U-15S: CENTRAL REGION DIVISION 2, ROUND 5 RESULT

Milltown/Castlemaine's U-15 side hosted Sneem/Derrynane/Templenoe/Tuosist last week and continued their 100% winning record. They were victorious on a scoreline of 3-12 to 4-08.

Fantastic result in a cracking open game of football between both sides. The result could have gone either way but our lads showed tremendous resilience to hold out in the end and in doing so have now made it three wins from three games.

GAA 4 ALL: CHANGE OF DAY FOR TRAINING

Please note that GAA 4 All training sessions will now take place once weekly on a Wednesday evening (instead of Saturday morning) from 5:45pm - 6:30pm at the club grounds.

U-8 GIRLS

Milltown/Castlemaine's U-8 Girls will have no further training sessions until Monday, August 1st 2022 at the club grounds.





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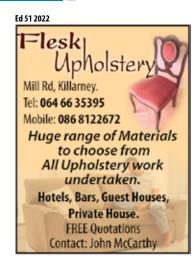
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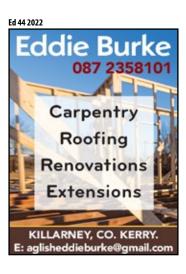
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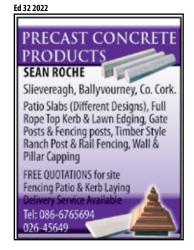


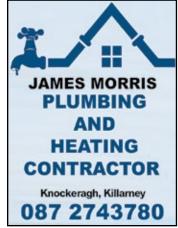






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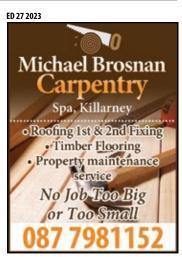




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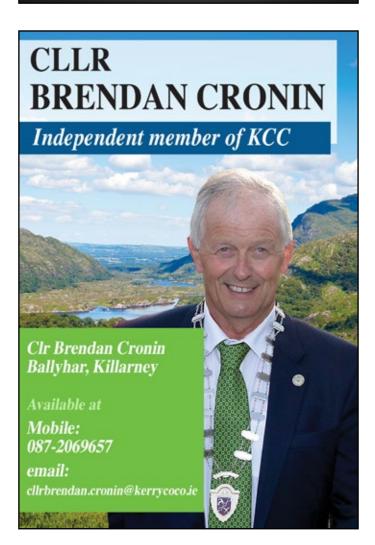














DANNY **HEALY-RAE** TD

WEEKLY CLINIC ON:

SATURDAY AT SCOTT'S HOTEL. **KILLARNEY AT 11AM**

We are available to meet constituents at any time. Give us a ring to arrange a suitable time and place.

CIIr MAURA HEALY-RAE



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PASSPORTS

Check the expiry date on your passport. Contact our office for advice BEFORE applying for your passport.

Danny Healy Rae TD - Monthly Clinics

1st Monday	Rathmore & Gneeveguilla	3rd Friday	Castleisland Area
8.15 PM	Top of the Hill, Rathmore	7.30 PM	River Island Hotel, Castleisland
8:30 PM	Bridge Bar, Rathmore	8.00 PM	The Kingdom Bar, Castleisland
9.00 PM	Dennehy's Bar, Rathmore	8.15 PM	The Crown Hotel, Castleisland
9.30 PM	Richie McAuliffe's, Gneeveguilla	9.00 PM	Hughes Bar, Cordal
1st Wednesday	Killarney Area	9:30 PM	Lyon's Bar, Scartaglen
8.00 PM	Torc Hotel, Lissivigeen	4th Thursday	Killorglin Area
8.30 PM	The Village Inn, Kilcummin	7:00 PM	Golden Nugget, Fossa
9.00 PM	Old Killarney Inn, Aghadoe	7.30 PM	Galvin's Bar, Beaufort
9.30 PM	The Golden Nugget, Fossa	8:15 PM	O'Grady's Bar, Killorglin
1st Thursday	Glenflesk & Barraduff	8.45 PM	Larkin's Bar, Milltown
8.30 PM	The Kerry Way, Glenflesk	9.15 PM	Griffins Bar , Castlemaine
9.00 PM	Spillane's Headford	9.45 PM	Anvil Bar, Boolteens
9:30 PM	Murphy's Bar, Barraduff	4th Friday	Kenmare & Sneem Area
10:00 PM	Sweeney's Bar, Barraduff	8.30 PM	The Roughty bar, Kenmare
1st Friday	Tuosist & Lauragh	9.30 PM	Riney's Bar, Sneem
9:30 PM	Sailors Bar, Killaha West	10.00 PM	Blackwater Tavern
10:00 PM	Helen's Bar Kilmacalogue	10.45 PM	O'Connor's Bar Kenmare
10:30 PM	The Lake House Tuosist	Last Monday	Farranfore Area
3rd Monday	Knocknagoshel & Brosna	8:00 PM	Ulick's Bar, Farranfore
8.30 PM	O'Connor's Bar, Knocknagoshel	8:30 PM	James Daly's Bar, Farranfore
9.00 PM	Walsh's Bar, Knocknagoshel	9:00 PM	Cunniffe's Bar, Currow
9:30 PM	Kate Pat's Bar, Brosna	10:00 PM	John Hendersons, Firies
9.45 PM	Sportsfield Bar, Brosna		

PLEASE CONTACT

Danny **087 2316055** Office **064 6685315** Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com



KNOW YOUR RIGHTS

HELP TO BUY SCHEME

What Is the Help to Buy Scheme?

newly-built house or apartment. It is also available for once-off self-build

It only applies to properties that cost €500,000 or less.

How do I qualify?

- someone else, they must also be a first-time buyer.

 Buy or self-build a new residential property between 19 July 2016 and 31
- December 2022.

- Be fully tax-compliant for the 4 years immediately before your claim.

What do I get?

increased relief. This is known as the Enhanced Help to Buy Scheme. You

- 10% of the completion value of a self-build

How can I apply?

- for the HTB Scheme through Revenue's MyAccount service. Or, if you are a self-assessed taxpayer, you can apply through Revenue's Online Service
- an eligible verifier. This is the contractor if you are buying a new home, or

How do I get the refund?

If you buy a new build, the refund is paid directly to the builder. If you self-build the property, the refund is paid to a bank account you hold with your loan provider.

Read more about the Help to Buy Scheme on https://bit.ly/3O2jdxF. If you need further information about any of the issues raised here or you have other questions, you can call a member of the local Citizens Information Service in Kerry on 0818 07 7860. They will be happy to assist you and if necessary arrange an appointment for you.

Kerry HELPLINE 0818 07 7860

Monday to Friday from 10am -4pm. Alternatively you can email on tralee@citinfo.ie or log on to www.citizensinformation.ie

The National Phone Service is available on 0818 07 4000 Monday to



COPING WITH LOSS

Loss is considered to be a natural part of life - yet coping with loss is one of the most difficult challenges we will face in our lives. Grief is a natural response to loss and the more significant the loss, the deeper our grieving will be. When a loved one dies, we may experience all kinds of difficult emotions and it can feel like this pain will never ease. This is a normal reaction.

Grieving is a vital process and typically, over time, these intense feelings will diminish in intensity. Everyone reacts differently and there is no right or wrong way to grieve. Equally there is no 'normal' period for someone to grieve - and it may take months or years to come to terms with a loss. For most people, grief doesn't go away - but it fades into the background. Thoughts and memories of our loved one are woven into our minds - and whilst missing our loved one may be part of our life - it doesn't interfere with us living our life. Sometimes however, we can experience what is termed 'Complicated Grief'. This refers to an intense and long-lasting grief that takes hold and doesn't seem to lessen as time goes on. Many people come through the loss on their own – supported by friends and family - others benefit greatly from bereavement counselling.

Whilst there are no right ways to grieve - there are however, healthy ways to deal with the pain. People often report that grieving the loss of a loved one gave them a renewed sense of meaning, purpose and direction in their life.

Helpful steps include

Accept what you are feeling: If we deny or ignore our feelings it will only make it worse in the long run. For healing to occur, we need to acknowledge and face our feelings.

Talk about the death of your loved one: Talking to family and friends can help us to understand what has happened and remember our loved one.

Remember and celebrate the life of your loved one: Honor the individual - perhaps through making a collage of photos, planting a tree in their memory, donating to a favourite charity

Be patient and allow the grieving process to naturally unfold.

Whilst we may often think of grief resulting from the death of a loved one, any loss can cause grief. Next week we will explore grief and ways we can deal with this.

SouthWest Counselling Centre, Killarney provides affordable professional counselling to children, adolescents, and adults at its Killarney Centre (Lewis

Email: info@southwestcounselling.ie

rthWest Counselling Centre is a not-for-profit organization. All funds raised through draising are for service provision. Registered CHY 14775











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'THROWAWAY CULTURE'

TO BE TACKLED AS LANDMARK CIRCULAR ECONOMY ACT BECOMES LAW



Diarmaid Griffin, Green Party Representative for Killarney Local Area has welcomed The Circular Economy Bill that has been worked on by TD Ossian Smyth was signed into law last Thursday 21st of Jul.

"This will be good news for the county. With it CCTV can now be used to

help catch those fly tipping at certain locations that are known for the dumping of rubbish. Many offenders avoided prosecution in the past as GDPR was cited as a reason why CCTV shouldn't be used. Thankfully this legal quagmire has been cleared up by the signing of this Bill into law by President Michael D Higgins.

Key elements of the new law include:

Phases out single-use packaging

Incentivises the use of reusable and recyclable materials in place of disposable ones

Introduces mandatory segregation for commercial waste

Allows for CCTV to be used to catch illegal dumpers Prohibits exploration for and extraction of coal, lignite and oil shale.

Establishes a legal requirement for government to prepare a Circular Economy

Introduces a Strategy and National Food Loss Prevention Roadmap

Diverts environmental levies into a Circular Economy Fund to be ringfenced and used for environmental measures

'A circular economy is the aim of this Bill, which will mean less waste entering landfill. This is essential as we only have limited space to bury such waste and the gases given off from such dumps enter the air to accelerate global warming. Many people I know will be glad to hear



Diarmaid Griffin, Green Party Representative for Killarney Local Area

that single use packaging is being phased out as most of this cannot be recycled. I look forward to seeing incentives to the use of reusable materials like glass and recyclable materials like cardboard. This bill is quite comprehensive as it also prohibits the exploration for and

extraction of coal, lignite (which is an energy poor type of coal) and oil shale. The direction that this bill sets us on is one that is healthier for us and our environment.

Food waste will also be tackled by this act:

stopfoodwaste.ie says:

Globally, more than one-quarter of food produced is wasted each year – this has social, environmental and economic consequences.

In Ireland, we produce around 1 million tonnes of food waste each year and of this amount, Irish households generate 250,000 tonnes.

The average Irish household throws out 150kg of food each year and a significant amount of this food is still suitable for human consumption.

Growing, processing and transporting food all use significant amounts of resources (land, water, energy). Every item of food wasted also carries the environmental weight of those wasted resources as well.

Food waste is a significant contributor to climate change generating around 10% of global greenhouse gas emissions.

Food waste is deeply unethical – so much food is thrown away while so many people can't afford to eat.

Throwing out food is a waste of money. The average Irish household can save around \in 700 a year by avoiding food waste.

TIME TO MAKE ALTERNATIVE BANKING PLANS

Recent developments in our banking scene, where a further reduction in services were threatened, cash in particular, but cancelled under pressure, should make us all wake up and plan an alternative, according to Kerry Fianna Fáil Councillor, Michael Cahill.

"The banks have left us all down in the past, by closing branches and reducing services. The recent threat of the removal of cash services from wide swathes of rural Ireland has surely proved to us that we cannot depend on them going forward" stated Councillor Cahill.

"It is obvious to me that we need to make alternative plans, so that we are not exposed to a threat like this again. We need now, to upgrade our Post Office and Credit Union operations, so that they can fill the role we expected from our banks" said the Rossbeigh based Councillor.

"I'm calling on our Taoiseach and Government to immediately put plans in place, so that all of rural Ireland can continue to have a proper banking service, by utilising the operations of the Post Office and Credit Unions. We must support the upgrade of these local organisations so that we are never again held hostage by banking institutions, whose only policy is profit and do not have the interests of the people of Ireland at heart" added Councillor Cahill



MINISTER MARTIN EXTENDS POPULAR NIGHT-TIME ECONOMY SUPPORT SCHEME

Minister Catherine Martin has extended the Night-Time Economy Support Scheme with an additional investment of €1.4m bringing the total allocated to this Scheme to €4m. The Scheme will be extended until 12 noon on the 10th of August or until the funding is exhausted, whichever comes first.

The Night-Time Economy Support Scheme (NTESS) was launched on 22nd June providing funding of €2.6 million to pubs, nightclubs, cafés and other suitable licenced/unlicensed premises to support the provision of entertainment during off-peak times. The aim is to promote an increase in footfall in our cities, towns and villages as well as providing artists with paying gigs

and customers with a more alternative, diverse and inclusive night-time offering.

This initiative is in support of 2 recommendations in the Report of the Night-Time Economy Taskforce. The Scheme has proved popular with industry and venue owners willing to stimulate the Night-Time Economy

in their areas and Minister Martin has now increased the funding available and reopened the Scheme.

Applications can be made for the scheme through https://ntess.tcagsm.gov.ie. Anyone who has submitted a full application and received an acknowledgement need not reapply. This information is strictly prohibited.



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by John O'Sullivan

TIMELY JOBS IN THE GARDEN

As we approach August, it is important at this time of year to do some pruning in the garden. Climbers such as wisteria and pyracantha should be pruned back now after flowering. Rambling roses can also be pruned back if they too have finished flowering. Shrubs like hebes should be given a light pruning at this time of year as the flowers are fading in them.

You can also give your hedges a final trim until next year as they will be putting on very little growth from now on. Don't go too hard especially with coniferous hedges

as that would leave them with dead looking patches for the winter. Also the time is right to deadhead your roses as this will keep them flowering into early autumn. Roses that aren't looking too good now and have lost some of their foliage can be cut back a bit further to encourage new growth.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.





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ED 30

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CONTACT: 089 - 4805403



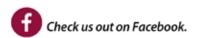


Welcome back dear student. "Study to show yourself a worker approved" - the apostle Paul wrote this to Timothy, his spiritual son. Much like an apprentice, Timothy learned from Paul and carried on the work that God had begun in him. This letter from Paul is like a download for Timothy on successful living - warning of the pitfalls, and providing a scaffolding support for advancing. There is no one in life that does not need to study to improve themselves at some time. If we did not study there would be no doctors, nurses, lorry drivers, engineers, hairdressers, teachers, lawyers, secretaries etc... It doesn't matter what your walk in life - you had to learn it somewhere. But no knowledge is gained unless one puts in the hours of learning and study. Once someone has been educated in their particular calling they are then able to go and put that into practice in a job. And then as the years go on, experience and expertise is achieved and that one can teach others what they know. It's a wonderful thing to be mentored and taught by those who through skill and endurance have learnt their trade, but equally one can be impacted negatively by being led the wrong way.

Last week we looked at the power of influence and of feeding on negativity and how it can affect a person's life and in particular their health. The context that Paul is teaching Timothy here is in line with just that. "...Keep reminding God's people of these things. Warn them before God against quarrelling about words; it is of no value, and only ruins those who listen. Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth. Avoid godless chatter, because those who indulge in it will become more and more ungodly. Their teaching will spread like gangrene or cancer...causing them to deviate from the truth...and turning others away from the faith" (2 Timothy 2:17-18).

What has this got to do with healing? We must learn to correctly handle the Word of Truth. You know people study the form of race horses, they study the weather forecasts, they study how to put outfits together, they even study how to clean and organise their homes with Mrs Hinch, yet the one thing that can bring ultimate success in life they do not study — the Scriptures. Often people pray for a miracle and never see answers to their prayer. Then they get disappointed and lose heart and the devil obliges them with thoughts of 'well God must not like me' or 'He does not exist - just as I suspected'. But God's Word is clear 'My people are destroyed for lack of knowledge' (Hosea 4:6). The knowledge we lack is of the Truth (John 8:32). God is not a spiritual vending machine dishing out whatever we need on our terms. Knowledge is power and this is why we study the Word of God. It is in the devil's best interest to keep people ignorant of the promises of God by duping them into believing that the Bible is not relevant or exciting. Nothing could be further from the truth which is why, when people do start to develop their relationship with Jesus by studying His Word, they are shocked and amazed at God's tender love and the peace they suddenly experience from knowing Him as Lord.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter -@WOVKillarney.



E: wovkillarney@gmail.com | Phone/Text - 087 4471797

PRAYER TO THE LITTLE **FLOWER ST THERESE**

O Little Therese of the Child Jesus, please pick for me a rose from the heavenly gardens and send it to me as a message of love. O Little Flower of Jesus, ask God to grant the favors

I now place with confidence in your hands...

(mention in silence here)

St. Therese, help me to always believe as you did in God's great love for me, so that I might imitate your "Little Way" each day. Amen

NOVENA TO ST ANTHONY

O wonderful St. Anthony, glorious on account of the fame of your miracles, and through the condescension of Jesus in coming in the form of a little child to rest in your arms, obtain for me of His bounty the grace which I ardently desire from the depths of my heart . (State your intention) You who were so compassionate toward miserable sinners, regard not the unworthiness of those who pray to you, but the glory of God that it may once again be magnified by the granting of the particular request (State your intention) which I now ask for with persevering earnestness. Amen

Pray one Our Father, one Hail Mary, and Glory Be to the Father, in honor of Saint Anthony. Saint Anthony, pray for us!

NOVENATO ST MARTIN

Dear Lord, we thank You for giving us St. Martin de Porres as an example of holiness. Help us to imitate the devotion to You he showed beginning from his childhood and adolescence in poverty.

St. Martin de Porres, you and your family were very poor during your childhood and adolescence. Though you and your family suffered from poverty, you were eager to grow in love for God.

Please bring my petitions before God Whom you loved! Your mother was barely able to support you and your sister. You had to begin work as a barber and surgeon from a young age, but you persevered in seeking God's will for your life. Pray for me, that I may never allow sufferings to deter me from serving God. Pray that I may eagerly seek His will for my life, as you did.

Please also pray for (mention your intentions here). St. Martin de Porres, pray for us! In the name of the Father, and of the Son, and of the Holy

ANNIVERSARY

THINKING OF OUR DEAR FRIEND

EUGE **CARTON**

ON HIS ANNIVERSARY.



"The ones we love don't go away, they ride beside us everyday."

> Fondly remembered by your Motorbike friends.

THANKSGIVING

Praise and thank you Father in heaven your loving son Jesus, and the Holy Spirit for all the blessings you have given me and my family. Praise and thanks to our Lady of the Sacred Heart, our Blessed Mother, St. Joseph, St. Padrio Pio, St. Martin, St. Anthony, St. Theresa of the little flower, St. Faustina, the Holy Souls, our Guardian Angel and all the Angels for their inter sessions to the good Lord for us.

I trust in this wonderful Prayer, O Jesus I surrender myself to to you, take care of everything, thank you Jesus. I believe in the power of prayer.

NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge I believe in your personal love for me, and therefore O Sarced heart of Jesus I place all my trust in you. Our father, Hail Mary and Glory, say 3 times for 3 days must promise publication.

IN MEMORIAM

TO PLACE A MEMORIAL ON THE KILLARNEY OUTLOOK

Please email details to: graphic design@outlookmags.com and the verse and photo you would like to include.

If it is a repeat anniversary we will have your photo and verse on file, just call Emma on: 087 7160372

Please include a contact name address and telephone number.

> Full Column: €20 2/3 Column: €15 1/3 Column: €10 Prayers: €10 each

payment can be made via credit card by calling 1800 71 40 40

BARRADUFF MEMORIAL WORKS

LIMESTONE, GRANITE, MARBLE HEADSTONES

SANDBLASTING

OLD STONES CLEANED AND RE-LETTERED



NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and your favour will be granted.

MM

2ND ANNIVERSARY

IN LOVING MEMORY OF MARGARET O'CONNOR



On a quiet August morning, You heard the Angels call. You took the hand of Jesus. And auietly left us all.

Happy memories are forever, Of the days we were all together. They bring a smile after every tear, And a wish that you were still here.

Forever loved and missed beyond words. Tom, Karen & Larry, Tara & Graham, Marguerite & John and all Grandchildren.

Anniversary Mass in Kilcummin Church Saturday 6th August at 7.30pm

2ND ANNIVERSARY

IN LOVING MEMORY OF JOHN CRONIN



10 ST MARYS TERRACE, KILLARNEY

WHO DIED ON THE 5TH OF AUGUST 2020

They say there is a reason, They say that time will heal, But neither time or reason, Will change the way we feel. We want to tell you something, So there won't be any doubt, You're so wonderful to think of, But so hard to be without. We cannot bring the old days back, When we were all together, The family chain is broken now, But memories live forever.

Always remembered by your, Niece Abina, James & Cian, Nephew Mattie & Marian

John's second Anniversary Mass will be celebrated Saturday August 6th at 6.15pm in St Mary's Cathedral, Killarney

2ND ANNIVERSARY

IN LOVING MEMORY OF

JOHN Cronin



10 ST MARYS TERRACE, **KILLARNEY**

WHO DIED ON THE 5TH OF AUGUST 2020

Two years ago we cried That night you left no matter how hard I tried. God saw you getting tired and staying was not to be so he put his arms around you and whispered, "Come to Me" With tearful eyes I watched you and saw you pass away and although I love you dearly I could not make you stay. A heart so soft & Big. You could stay no more, you waited to say Goodbye before you joined mom and all above in the night sky. Memories always in our mind Your hands you clapped all the time. You loved the laugh and chat

No one knows the heartache, That lies behind our smiles, No one knows how many times, We have broken down and cried.

and always wore your hat.

John's second Anniversary Mass will be celebrated Saturday August 6th at 6.15pm in St Mary's Cathedral, Killarney

Missed & in our hearts everyday, always remembered by Your Nephew Pj & GranNephew Leo & Eva

> A character true & true, original in every way, We miss you every day.

ACKNOWLEDGEMENT & 1ST ANNIVERSARY

In Loving Memory of PAUDIE Twohig



BALLINAGREE, MACROOM 1ST AUGUST 2021

As we remember Paudie on his first anniversary, we would like to express our sincere appreciation to everyone who supported Paudie. A special word of thanks to the following; Dr Derek Power, Dr Martin Buckley, Dr Shane Hurley and all the doctors, nurses and staff of the CUH and Marymount Hospital. Fr Keane, Fr Kieran, Fr Joe, Fr Manning, Fr Roberts and Mons O'Donnell, Sacristan Nora McCarthy and everyone who prayed for Paudie, came to St Gobnaits, sent mass cards, letters of sympathy and messages of condolences, a sincere thank

To the people of Ballinagree, Aghinagh, Killarney and his friends from Garda College and GAA circles your kindness and support will mean more than you will ever know.

To those who brought food and refreshments to our home and helped in any way we will be forever grateful. A sincere thank you also to the stewards, Aghinagh GAA and the Gardaí who provided a guard of honour for Paudie, to his friends and to everyone who lined the streets of Killarney and the roads from Ballinagree to Macroom to give Paudie such a special send off.

We are humbled to be surrounded by such wonderful people as was Paudie.

Paudie's trademark smile and constant good form meant he was always a pleasure to be around. We miss him every day but will never forget the many great memories he has given us.

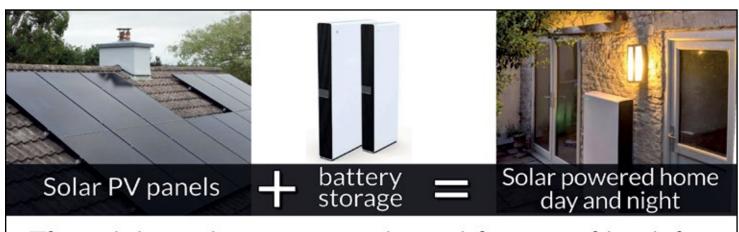
Lovingly remembered always by Mom, Dad, Tadhgie, Seán, Mairéad and his extended family.

Paudie's first anniversary mass will be celebrated at St John the Baptist church, Ballinagree, on August 1st at 3pm.



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