

"Out First Every Friday"

KILLARNEY Outlook

To Advertise call: Des: 087 659 3427 | Aisling: 086 0400958

Variety Sounds



7 College Street, Killarney

**Call & Collect
Service Available** or
*Call, Order and
Delivery Service Available!*

Call us: 087 2588115
E: music@variety-sounds.ie

 Variety Sounds  variety_sounds



Pictured at the launch of Presents 4 Palliative at St Brendan's College, Christmas Jumper day supported by our local schools were Back Row L-R Tomás Griffin (St Brendan's College), Lizzie Linehan (St Francis Special School), Gavin White (Teacher at St Brendan's College) & Isabelle Dennehy (Holy Cross Mercy). Front Row L-R Jayden Hurley (The Mon) & Keelyn O'Leary (KCC).
PICTURE: MARIE CARROLL-O'SULLIVAN

KILLARNEY GLASS
Aluminium and PVC-u

**FULL REPLACEMENT OF ALL TYPES
OF WINDOWS & DOORS**

Complete Service to Windows & Doors,
Hinges & Locks
Fogged Double Glazed Units & Patio Wheels

- WINDOWS • DOORS & PATIOS
- SINGLE & DOUBLE GLAZED
- CONSERVATORIES CUSTOM BUILT
- MIRROR & GLASS DESIGN • PICTURE & MIRROR FRAMES
- REPAIRS & SERVICE TO ALL WINDOWS & DOORS

MEASURED, SUPPLIED & FITTED!

Unit 4, Woodlands, The Park, Killarney
T: 064 6633232 087 2579794 | E: info@killarneyglass.com
www.killarneyglass.com

REEN'S CAR SALES
RATHMORE

**DEAL
OF THE
WEEK**



TOYOTA AURIS
1.4 D4D 5DR HATCHBACK, MANUAL DIESEL,
WITH 123,800KMS IN SHARK GREY. THIS IS A
LOVELY FIRST TIME BUYER CAR.

REEN'S CAR SALES RATHMORE OLDCHAPEL, RATHMORE, CO. KERRY
T: OFFICE: 064 7758150 | TIM REEN: 087 2590143 | MIKE O'SHEA: 087 3290071

**Kerry Dog
Training**
at the Dog House

REOPENING
Tuesday 1st December

Knocknasartnett, Ballyhar Rd, Killarney
E: info@kerrydogtraining.ie | T: 087 2372642

Dog Training | Doggie Day Care
New Grooming Salon

Book your Christmas Dog Grooming
Appointment Now to avoid disappointment



Kerry Dog Training

DOMESTIC SKIP OFFER

**Need to do a clear out or declutter?
Then why not order a skip or Skip Bag!**

We won't be beaten on price!



www.kwd.ie

1850 37 37 37



FOR THE KEENEST PRICES

AND SKIP SIZES PLEASE

VISIT OUR WEBSITE

WWW.KWD.IE

ALTERNATIVELY CALL US

ON NUMBER BELOW

Want to take the hassle out of disposing of your household waste and Recycling?



**Collecting Waste and
Recycling at your door**



We're serious about recycling!

www.kwd.ie
1850 37 37 37

Proud facilitators of the

**KWD
County
Clean-Up**

Kingdom Installation Ltd.

**GRANTS AVAILABLE
OVER €1,000 TOWARDS
UPGRADING INSULATION
IN YOUR HOME**

GRANTS available from Better Energy
CAVITY WALL INSULATION | ATTIC INSULATION

Grant amount automatically deducted from overall costs

**Call us for further information and your
FREE QUOTATION**

**subject to site survey and measurement*



KERRY 066 7135991
LIMERICK 061 320953
TIPPERARY 062 72761



See us on Facebook

www.kingdominstallation.com

email: enquiries@kingdominstallation.com

CLONKEEN CHRISTMAS TREES

*"Nothing compares to a real
Christmas Tree"*

**We Sell Christmas Trees to Individuals,
Shops and Retail Outlets.**

"WE SELL ONLY WHAT WE GROW"

TEL: 087 1022960

NOT GOING ANYWHERE
THIS WEEKEND?

THAT'S OK.
NEITHER ARE WE. 😊

GET
THE

**FOUR
STAR
PIZZA**
★★★★

EPIC COMBO

14" LARGE PIZZA
+ 3 TOPPINGS
+ 2 REGULAR SIDES
+ DIPS

ONLY

€16.95



KENMARE PLACE, KILLARNEY
064 66 30222

GREEN FRIDAY AT



AVAILABLE AT **SPAR, PARK RD** THIS FRIDAY, SATURDAY, SUNDAY

I Heart
Wine Range
750ml
€6.99



Guinness
Can 8 Pack
500ml
€12.49



Surf
65 Wash
4.225kg
€8



Carex
Antibacterial
Aloe Vera Hand Gel
50ml
€1.48



Nicky
Soft Toilet
Roll 16's
€5



Dr Johnson
Antiseptic Disinfectant
500ml
€1.48



Jacobs
Clubmilk 5's
€2



Club Zero
Orange 1.25l
Pepsi Max 1.25l
7up Free 1.25l
€1



Robinsons
Orange Dilute
Apple & Blackcurrant
1 ltr
€1



Club Orange
Cans 9 Pack
7 up 9 Pack
7 up Free 12 Pack
Pepsi Max 12 Pack
€5 EACH



Cadbury Fingers
Giftset
570g
€5



Jacobs
Elite Wafers
Chocolate/
Hazelnut
4 Pack
€1.50



Zo Flora
Disinfectant
120ml
€1.97



Nestle Kit-Kat
9 Pack
€1.75



Lavazza Coffee
Round Ground
Coffee 250g
€3



HEGARTY'S SPAR | COUNTESS SHOPPING CENTRE | PARK ROAD | KILLARNEY
Open 7 days, 8am - 10pm.

SPAR



WEDNESDAY - 27TH, 28TH & 29TH NOVEMBER

**BUT WHEN
IT'S GONE
IT'S GONE!!**



**Persil
Non-Bio**
65 Wash
4.225kg
€9



Tayto
Cheese & Onion
12 Pack Crisps
€3.50



McVities
Family Circle
310g
€1.50



Nicky
Lemon
Kitchen Towel
twin pack
€2



Kittensoft
9 Roll
€3.50



Weetabix
Weetos
500g
€3



Lucozade
Original & Orange
4 pack 380ml
€4



Lucozade
Sport
4 Pack 500ml
€4



Ribena
4 Pack 500ml
€3



McVities
Chocolate Digestives
433g
Gigantic
€2



Nestle
Shreddies
415g
€2.50



Chef
Ketchup
1 kg
€2.50



Nescafe
Gold Blend
100g
€3



THE BUTCHERY

Legs of Lamb
4 Striploin Steaks
10 Large Lean Pork Chops
5 Large Gigot Lamb Chops
3 Bone French Trim Rack of Lamb

€19.99 EACH
€11.99
ONLY €7
ONLY €7.99
€4.99 EACH



THE DELI

Fish n' Chips
Chicken Burger & Chips
BBQ Pork Ribs Sandwich
Chicken breast on the bone dinner
Heat and Eat

€4.99
€4.99
€4.00
ONLY €5.99



T: 064 6631814



EDITOR'S NOTE

This weekend should have been the start of the Christmas In Killarney festivities, however this year will be a very different one for everyone. The powers that be, are ensuring that Killarney will be looking it's best, despite COVID-19 and as we go to print, the floats

are being strategically placed in locations around the town, housed in marquees. The lights are ready to be switched on and the shops in Killarney have pulled out all the stops this year to ensure that everyone gets that festive feeling. Make sure to support local

businesses this year, as now, more than ever, they need our support. Remember **#staysafe #staylocal #shoplocal**

Aisling Crosbie,
Editor 086 0400958



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

STUDENTS DON Christmas Jumpers for The Hospice

Students from five schools in Killarney are coming together again this year to raise much needed funds for the Kerry Hospice Foundation.

2020 has been a tough year for everyone and in a bid to end the year on a positive note, the 5 Killarney schools are joining forces this Christmas to raise funds for this very good cause.

Buoyed by the incredible success of last year's fundraiser in memory of the much loved past St Brendan's College student Niall McGillicuddy, the Sem, Community College, Holy Cross Mercy, Presentation Monastery, and St Francis Special School are once again combining their efforts - this time in aid of the Kerry Hospice Foundation.

On Friday December 18th the students and staff across all 5 schools will don festive jumpers and donate to this very important facility; one which, like many others across the country, has seen its fundraising activities hit hard by the Covid crisis.

"We were honestly bowled over by the response to last year's fundraiser - both across the participating schools and among the wider community. The flurry of donations that arrived over the week of that fundraiser was completely unexpected and hugely significant in allowing us to raise the amount that we did, which was over €12,000", Elaine Moynihan LCVP teacher at St. Brendan's College and organiser of the event told Killarney Outlook.

"While 2020 has been a devastating year for many, it is also one which showed us the power of community spirit - the potential to achieve great things when we work together. Given the success of last year's coordinated effort, it made sense that we approach the other schools and invite them to get involved. We were delighted, but not surprised, when all 4, without hesitation, agreed", she added.

"When discussing our fundraiser, the students were eager to ensure that their efforts would not only help as many people as possible,

but as many Kerry people as possible. All donations made to the Kerry Hospice Foundation remain in Kerry and we knew that any money raised will be put to very good use", Elaine said.

Students at St. Brendan's are delighted to take part in the event: 'As teenagers we don't get too much of an opportunity to make a difference - we wanted to do something to end the year on a positive note and this seemed like the perfect way to do it. We were so happy that the other schools agreed to join us - its shows great spirit', Senan O'Leary 5th year St Brendan's College told Killarney Outlook.

His optimism is supported by his class mate Brian McCarthy, who is in 5th year in the school and Brian said "In one of the toughest years possible for everyone, we want to give back to an organisation help people through the toughest of situations all the time".

One of the most heartening aspects of last year's fundraiser was the response from the wider community. People who wanted to show their appreciation for the work of the CUH, or their high regard for the McGillicuddy family, came in their droves with donations of all amounts.

"Once again, we would love for the public to get behind this; particularly anyone who has benefited from the Palliative services of University Hospital Kerry and is looking for a medium through which to give back", Ms. Moynihan added.

Due to COVID-19, and the current restrictions, it is no longer as easy to drop donations in but if anyone would like to support this worthy cause, donations can be posted, in care of the Kerry Hospice Foundation fundraiser, to the Sem or any of the other participating schools.



Pictured at St Brendan's College for the launch of "Presents for Palliative", Christmas Jumper Day supported by five of our local schools - St Francis Special School, The Mon NS, Holy Cross Mercy NS, Killarney Community College & St Brendan's College were L-R Isabella Dennehy (Holy Cross Mercy), (Standing) Amy O'Donoghue (KCC), Teacher at St Brendan's College Gavin White, Kacper Bogalecki (Chairperson of the fundraiser), Lizzie Linehan (St Francis Special School), Jayden Hurley & Lulu Healy (KCC). (in Front) L-r Tomás Clifford (St Brendan's College) & Keelyn O'Leary (KCC).

PICTURE MARIE CARROLL-O'SULLIVAN

Londis **McCarthy's**
Convent Place, Rathmore

t: 064 7758053 f: 064 7758363
m: 087 2230595
email: mccarthy-rathmore@londisretailers.ie



FREE HOME DELIVERY AVAILABLE

OPEN 7 DAYS; 7.30AM TO 9PM

FOR ALL YOUR DAILY ESSENTIALS AND MUCH MUCH MORE

Enjoy some great local offers at **Londis**



COCA-COLA Regular Cans 10x330ml /
Diet/Zero Cans 12x330ml
€7.00 EACH



GALTEE Smoked Back/Traditional Rashers 5
Pack 150g + Sausages 12 Pack 408g + Black &
White Pudding 200g **ALL ONLY €5.00**



KELLOGG'S Rice Krispies 700g /
Special K 750g
€4.50 EACH



LYONS Original Pyramid Teabags 80's 232g
NOW €2.50 SAVE 69c / Gold Pyramid Teabags
80's 232g **NOW €3 SAVE 99c**



DAIRYGOLD Original / Light Spread 454g
€2.50 EACH



HELLMANN'S Real/Light Mayonnaise 430ml
€2.00 EACH



LONDIS Kitchen Towel 2 Rolls
€1.00



HB Magnum Multipack Range 4x110ml
€3.00 EACH



PRINGLES Range 200g / 180g / **WALKERS** Sensations Range 150g /
HUNKY DORY Crisps Range 135g **€2.00 EACH**



KNORR Soup
All varieties
€1.00 EACH



FIRELOG 1kg
4 FOR €5.00

All our Londis Stores are open to serve your local communities!

CHRISTMAS ORDERS NOW BEING TAKEN;
Turkeys, Hams, Roasts etc.

FROM OUR BAKERY; Home made Christmas Cakes, Mince Pies, Puddings.

HAMPERS MADE TO ORDER for all your gifting this Christmas

THIS WEEKS BEEF COMES FROM CAHILLANES MEATS KILLORGLIN. THIS WEEKS LAMB COMES FROM CAHILLANES MEATS KILLORGLIN.



In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

Santa asks Marie a special favour...

"I'm going to ask all the boys and girls to send Christmas selfies to your email Marie - thelittlememorygallery@gmail.com and will you ask Aisling at the Killarney Outlook to print the photos you send so when I pick up my copy of the Killarney Outlook magazine every week I can see all the faces I miss so much"

The ultimate Christmas Fairy, Norma O'Donoghue has been busy working her magic on many shop windows this week.

I stopped to admire the lane way at Charlie Foleys and thought that would make a festive Level 3. The uncertainty is frustrating isn't it? I'm still in two minds if I should travel home for Christmas as I'm one of five. Time will tell I suppose.

I heard a most familiar festive laugh as I passed Foley's Bar. "Hello Eileen, anyone home?". "Marie is that you? Two mins and I'll open the front door. You won't believe it Marie" Eileen replied. "And is there any chance you have your camera on you?". Eek I didn't but I could have someone fly in with it for me if needed. I thought the front door would never open. I had never seen Eileen Foley so excited. Well knock me down with a feather, it was the big man himself Santa!!....

"Hello Marie. My how you've grown" Santa said. "Yes Santa, it's called the Covid Tyre" I laughed. "The Christmas in Killarney committee emailed me about their concerns about turning on the lights. I saw Eileen's door open and she kindly invited me in for a cup of tea. I won't get to see the boys and girls this year but I've managed something extra special with the CIK instead. Oh and I must ask you a favour too Marie" Santa said. "Santa, I just want to thank you in person for bringing me my bike all those years ago" Eileen said. Eileen Foley has spent every Christmas of her life at 101 New Street. Her & Santa were reminiscing on the changes over the last seventy odd years. "The Killarney tradition was always to close the pubs at 6pm on Christmas Eve. Is that still the same Eileen?" Santa asked Eileen. "Oh very much so Santa. It gives everyone a chance to spend Christmas Eve with their families after a long year of late nights. Sure isn't that what Christmas is all about, family. I have very fond memories of hanging up the stockings before bed time. Santa, thank you for lighting the fire on your way out too" Eileen said. "And thank you for the Guinness fresh from your tapping room Eileen, and the delicious Christmas box. Myself & Mrs Claus looked forward to it every year" Santa replied. "Oh those were the days when we had a little shop here at the front of the pub with the best customers. They'd get their messages on a



Friday and pay their bill the following Friday. The Christmas box was a gift of chocolates & biscuits for each customer. I remember the preorders for our popular seeded loaf, barnbrack wrapped in brown tissue paper & drinks from the tapping room always in demand at Christmas time" Eileen explained. "And the Christmas 2lb candles Eileen don't forget those. The window lights that have guided me to so many homes" Santa smiled. "The shop closed in 1975 Santa and would you believe the we only found the fire place we are sitting at now, when the shop was demolished?"

I was itching to ask Santa two very important Questions. 1. Do the elves need to quarantine and 2. what's this about a favour??. "The elves will need to quarantine in a jar Marie until the 14th Dec. The robin red breasts have been redeployed and are back in the community for this two week spell. The elves have been trained to adhere to the Covid19 regulations. I had difficulty with some but they've come round and have seen the importance of Covid19 in washing their hands, wearing a mask, keeping their distance and doing the right thing. We are very lucky in the North Pole as we have Christmas magic all year round so we have that extra little bit of protection from the virus with our magic dust" Santa explained. I just had to ask about the elves quarantining for all of you parents & children who might have been worried why the elf arrived in a jar. They are under strict instructions form Santa until 14th Dec. No hijinks until then elves!!! You can tag me when they arrive @thelittlememorygallery.mcos and I'll show Santa. Onto Q2... "I'm going to ask

all the boys and girls to send Christmas selfies to your email Marie - thelittlememorygallery@gmail.com and will you ask Aisling at the Killarney Outlook to print the photos you send so when I pick up my copy of the Killarney Outlook magazine every week I can see all the faces I miss so much" Santa asked. "Absolutely Santa" I replied. Three bags full Santa. Who in their right mind would say No to Santa Claus!! In the meantime my trusty husband Ivan arrived with my camera and I managed to capture Santa & Eileen a midst memories of Christmas's gone by. "This Christmas will be a little different Marie. The North Pole is busy so if you haven't got your letters in be sure to visit Mary O'Shea & the girls at the Post Office (Santa's executives) or the Christmas in Killarney Pillar box in Market Cross. There is a newly registered postal agent at Centra New St this year. The EPE (Elves Postal Express) will collect from these three locations daily. Boys & Girls ignite your usual magic of happiness, friendship, giving, kindness & wellbeing to all of those around you. Some might need it more than others this year, like our fantastic health care workers, teachers, gardaí, fire service, supermarket assistants, postmen & women. These are the people who have kept the world turning when everything else has stopped. And don't forget to get your selfies into Marie for me. I can't wait to see you all again".

Over & Out from Santa & Eileen at Charlie Foleys, 101 New Street Killarney. The absolute highlight of my year!!

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

CORCORAN'S

Furniture & Carpets Ltd.

Cork Road, Killarney
Tel: 064 6691112

FACEBOOK-EXCLUSIVE BLACK FRIDAY PROMOTION!



Was: €1099
Now Only:
€899

Abigail 2.5m 3-Door Centre Mirror Robe

Was: €549
Now Only:
€399



Arielle Cobalt Blue 1 Seater

Was: €119
Now Only:
€69



Tivoli Velvet Footstool (available in 4 colours)

Was: €349
Now Only:
€199



Sage Coffee Table

Was: €199
Now Only:
€139



Eugene Accent Chair Charcoal

Was: €1199
Now Only:
€899



Jase Blue 3 Seater

Friday 27th - Monday 30th: Check out Facebook for more details

KERRYMAN BEHIND #KEEPTHELIGHTSON CAMPAIGN

Former Kerry footballer, Killian Burns is the creative director behind the new #KEEPTHELIGHTSON campaign which is currently steaming across social media.

Killian, who is Senior Creative Director in Wilson Hartnell told Killarney Outlook that the video content hopes to inspire and ignite other pubs to get involved and was done on behalf of Guinness, VFI, LVA and Ulster Hospitality.

"The video was a Wilson Hartnell Content Hub production and my role in it was twofold", Killian said. "Firstly, it was to storyboard out what this video content would look like and then I had the role of video director on the 8 location shoot to deliver on the storyboard.

Pubs across Ireland simultaneously switched on their Christmas lights last Friday November 20th at 5pm with consumers are being asked to show their support for a safe reopening by sharing #KEEPTHELIGHTSON with images of

their local lit up on social media.

#KEEPTHELIGHTSON is a campaign that will quite literally shine a light on our pubs, highlighting their readiness for a safe reopening.

Turning on their lights early ahead of the crucial Christmas period not only highlights the place of local pubs in the fabric of Irish society, but also the struggle that publicans, bar-staff and their families are facing in order to keep the lights on. In many villages and townlands across the country, the local pub may be the only beacon of light on dark winter nights. Their prolonged closure due to Covid-19 enforced lockdowns serves as a physical reminder of the impact that Covid-19 has had not just on the pub-trade and wider hospitality industry but also on communities up and down the country. The financial impact of Covid-19 pub closures has been hugely significant, with 50% of pubs throughout Ireland allowed to open for only 2



out of the last 37 weeks after enduring at least four delays to reopening over the course of the summer, under the most severe hospitality lockdown in Europe.

Pubs across Ireland have put in place an extensive range of measures in order to reopen safely from implementing social distancing, to following the strictest sanitisation protocols, arranging extra staff training, the provision of physical infrastructure such as Perspex screens, increasing signage and using new systems, tools and technology to create safe socialising environments in their outlets.



Some of the Killarney pubs which took part in the campaign.



KERRY PETROLEUM



Killarney :: Tel 064 - 6637795 Kenmare :: Tel 064 - 6648200

“Your Local Oil Company” **Covering all of Kerry**

**6 DAY
DELIVERY**
(Monday
to Saturday)



CALL US NOW TO ORDER!

Roger Harty: 087 - 2589498

Mike Pierce: 087 - 2793892

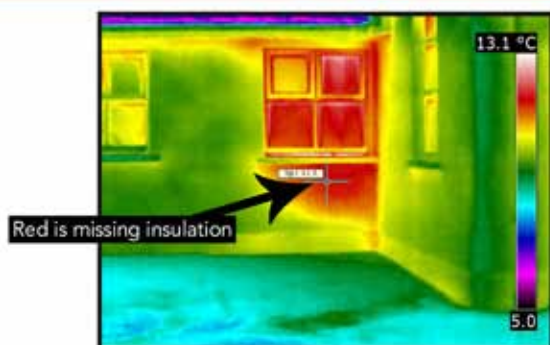
- Emergency **‘out of oil’** same day delivery service
- Payment Plans available
- Keenest prices and a prompt delivery

E: sales@kerry-petroleum.com | www.yourlocaloilcompany.ie

Sponsors of the Kerry Club Championships

Thermo Sharp Imaging

HEAT LOSS SURVEYS



**DO YOU WANT TO SAVE MONEY ON
HEATING BILLS?**

- A Thermal Imaging Survey and report will highlight problem areas
- This is a quick non-invasive inspection

Contact: Nigel Culhane
T: 087 6986185 | E: nigelculhane@gmail.com

A1 GRAB HIRE

MACROOM, CO. CORK

CONTACT TIM:
087 7972063



**Muck Away, Site Clearance,
Material Supplied, Rubble and
Concrete disposal**

LICENCE: NWCPO 20 - 12447

E: a1grab@outlook.com | W: a1grab.com

In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

PRIZES GALORE AS THE MON-ASTER FUNDRAISER GAINS MOMENTUM



arrived at The Mon NS this week to chat about their ongoing MON-ster Fundraiser which stands at just over €6K and counting.

"Good Morning Marie are you over the moon with Tipperary's win on Sunday?? Wasn't it a great game??" I was greeted by popular school secretary Alice Hickey O'Brien. "Two mins there. Will you sanitise and fill out the necessary paperwork and I'll go and fetch the Principal for you?". Always a lovely welcome at The Mon. "Good Morning Marie. If it's ok with you I'm going to take a back seat and leave two of my teachers involved with the fundraiser to chat to you today" Mr O'Suilleabháin said. Teachers Cillian Fitzgerald & Niamh O'Shea arrived and with Mr O'Suilleabháin, they led me to the Principals office. For a change I wasn't in trouble! On my way through the corridor I noticed one child receiving tuition on the corridor by the principals office. "We're fundraising to build two new rooms Marie. An

ASD (Autism Spectrum Disorder) class with multi sensory facilities and a room for multiple disability classes and also to expand the hall itself as it is not fit for purpose. Here we are. You can have my seat Marie" Mr O'Suilleabháin said as he left. What a thrill. Me in the principals chair with my pad and pen out living my best life!

"Fundraising is very difficult in the current climate. We decided to open up a Go Fund Me Page www.gofundme.com/themon and every €10 that is donated entitles you to one entry to our raffle prizes which are amazing. And if you're not tech savvy, you can always pop into Alice with a donation at reception" Mr Fitzgerald explained. "We've been so lucky to have received fabulous donations from local businesses such as 2 nights B&B at the five star Killarney Park Hotel, Ladies Day at the Races package for 4, a Smart TV, Golf & Dromoland Castle as well as our local courses Killarney Golf & Fishing Club and the Ross Golf Club, Christmas Hampers, Beauty

Hampers, Gym+Coffee vouchers, signed jerseys and numerous restaurant vouchers too" Ms O'Shea explained. I wanted to know more about the Louis Vuitton handbag mentioned earlier in our conversation and more to the point, who donated it? "Collectively as staff at The Mon, we have donated a Louis Vuitton handbag to the value of €1,100" Ms O'Shea told me. "I think Mary Brosnan mentioned a VIP trip to Brown Thomas included, to have a name engraved but I must check those details out" Mr Fitzgerald said. I was looking around frantically for this divine ensemble. "It's away in a 'safe place' Marie. Unfortunately we don't have it here today" Mr Fitzgerald said. Inside in Mary Brosnan's wardrobe 'safe place' I imagined!! What a really great prize. "The prizes are still arriving on a daily basis. We are thrilled with that" Ms O'Shea said. "So how have you all been getting on teaching in Covid19 times?" I asked. "It's great to be back" Mr Fitzgerald replied. "The distance learning was difficult. The children have adapted so well and its second nature to them now".

"We were delighted to have past pupil Cathal Flaherty with us last week. The 5th Class Choir recorded his single 1,000 Miles together so it is great to have interactive activities for the children" Ms O'Shea said.

The Mon-ster Fundraiser is ongoing and the committee - Cillian Fitzgerald, Niamh O'Shea, Mary Brosnan, Michaela Doyle, Alice Hickey O'Brien, Colm O'Suilleabháin & Kieran Healy - would like to thank everyone for their support to date and would be most grateful of further donations to see the plans for their new build get underway. For any questions you can call Alice directly on 064 66 33687.

Thank you for having me at The Mon. Always a pleasure, particularly this time having been given the Principals Chair!

L-R Secretary Alice Hickey O'Brien, Principal Colm O'Suilleabháin, Teacher Niamh O'Shea & Teacher Cillian Fitzgerald.

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

Trustees of Muckross House appoint new Chair

The Trustees of Muckross House have appointed a new chair, Donal Hickey. Donal Hickey, a former journalist with the Irish Examiner, who joined the Board 9 years ago, has now been nominated to lead the voluntary board for the next

two years. Donal takes over from the outgoing chair Micheal O' Coileain who will remain as vice-chairperson along with Marcus Treacy. Donal says he is hopeful that 2021 will be better for the Killarney attraction and he is looking forward to his

new role on the board. The Trustees of Muckross House formed in 1965, are a registered charity, which works in partnership with the State in showcasing the heritage and folklife of Muckross and the Killarney area.



Donal Hickey.

Back to BLACK

Newmarket, Co Cork. Tel: 029 22765

Professional Cleaning company based in Newmarket, Co. Cork.
We are a Specialist Contract Cleaning company that caters for the Commercial and Domestic market. We specialise in removing Moss, Stains from Tarmac, Brick Paving, Concrete, Power washing, Roof restoration. We restore the surface back to its original colour. No job too big or too small.

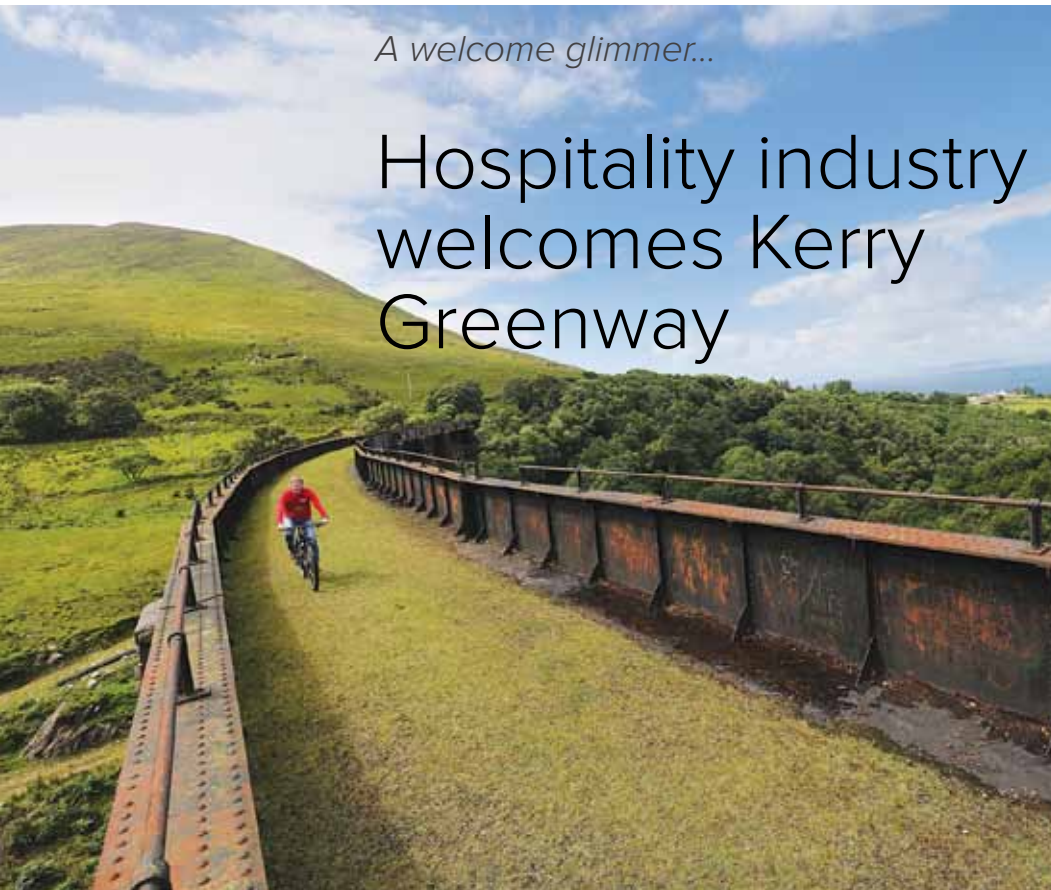
- **Property Management**
- **Grounds Maintenance**
- **Cleaning of buildings (private & commercial)**
- **Rotary Cleaning / Powerwashing / Pedestrian Cleaning**
- **Roof Cleaning / Painting**
- **Brick Paving / Patios**
- **Tarmac Restoration / Repair / Sealing**
- **Covid 19 Disinfecting**
- **Algae Removal**
- **Traffic Management**
- **Hoist available for Work at Heights**
- **On-Site Contract Cleaning**



Contact **GER** on **087 2860837** or land line **029 22765**
www.backtoblackmossremoval.com

A welcome glimmer...

Hospitality industry welcomes Kerry Greenway



Alan Ryan, event organiser, cycling the landmark Gleesk Viaduct railway bridge built in 1892 at Foilmore, Kells Co Kerry. Alan's Great Grandfather was involved with the Bridge Construction. The proposed 32 kilometre greenway for cyclists and walkers in South Kerry will run along the disused railway line from Glenbeigh to Cahersiveen, generating a much needed €7m to the local economy. PHOTO: VALERIE O'SULLIVAN

The positive news of the development of the Glenbeigh to Cahersiveen Greenway has been welcomed by Kerry Hoteliers.

"Kerry is a world class destination & has had a positive response from the domestic tourist in 2020 during the summer months. This year has seen outdoor activities soar & the new Greenway will reinforce this offering in Kerry. We are an ideal destination for adventure tourism & this will further copper fasten the wholesome offering we have as a county", Bernadette Randles, Chairperson of the Kerry Hotel Federation has said.

This development will be a huge boost for tourism in Kerry, based on the success of the existing Mayo and Waterford Greenways who have seen dramatic growth in leisure tourism with the offering of a greenway. It will deliver a safe and spectacularly scenic route on the Ring of Kerry for both walkers and cyclists alike providing a wonderful amenity.

The Kerry project will provide new business opportunities for tourism & hospitality along the path & affords enterprising people multiple opportunities for pop up businesses. "It will have considerable capital contribution during construction phase estimated at €20 million & is a lifeline to the south of Kerry for the future & we have to be thankful to all the promoters and stakeholders in this most important project for Kerry." Said Bernadette

It's time for the Kerry "Late Late Gift Show"

A event which is the first of its kind is being held on line by Prosper Kerry, the business network for Kerry diaspora across the world. The online event will take place on 1st of December at 7.30pm with the aim to help encourage its members and the wider public to support Kerry based companies and buy local in the run up to Christmas.

This event will see accomplished MC and comedian, Bernard Casey sample, demonstrate and enjoy a range of Kerry produced Christmas gifts including Cahersiveen's Skellig Six18, Listowel's Bona Chocolates, Sprig Kits from Camp, Maureen O Mahony Art in Fenit, Liberator Whiskey from Killarney and many more. Over the course of the hour long "Late Late" style gift show Bernard will interview the faces behind the businesses. peaking ahead of the event, Julianne O'Leary of Prosper Kerry said: "We all know there is a huge consumer desire amongst those who shop online to shop local,

and to support high quality, local businesses. The Prosper Kerry network and diaspora are especially keen to learn where best to do online Christmas shopping in Kerry this year. So join us on December 1st via Zoom. Grab the credit card and maybe even a glass of wine and shop in Kerry in Christmas."

Prosper Kerry is a network of Kerry's business diaspora developed to enhance the prosperity of Kerry through co-operation, knowledge sharing, creativity, inspiration, resulting in a stronger entrepreneurial ecosystem. The objective is to support Kerry based entrepreneurs, by providing advice and mentoring on their key business challenges including growing the business, investing in the company or connecting the Kerry entrepreneur with potential investors/business. With events throughout the year in Dublin and Kerry, Prosper Kerry affords Kerry-based entrepreneurs the opportunity to pitch and share



**THE KERRY LATE
LATE GIFT SHOW**
WITH BERNARD CASEY

7.30PM - 8.30PM
TUESDAY DECEMBER 1ST



their company goals to a network of C-suite business people who are galvanized in giving back and investing in Kerry.

*If you'd like to register for the event drop Julianne an email at prosper@gec.ie and follow @

ProsperSeries on Twitter.

For online press - Register here (<https://bit.ly/3nOxBMO>) for the event or drop Julianne an email at prosper@gec.ie and follow @ ProsperSeries on Twitter.

DANIEL CRONIN CARPETS

Killarney Enterprise Centre
St. Mary's Tce, Killarney
(Behind Dunnes Stores)

T: 087 9928075

FREE HOUSE CALLS & MEASURING

VIEW OUR SAMPLES IN THE
COMFORT OF YOUR OWN HOME!

ALSO STOCKING:
**QUALITY BEDS, MATTRESSES,
HEADBOARDS & BEDSIDE LOCKERS.**

- Friendly and Reliable
- Competitive Prices
- First Class Service
- Experienced
- Fully Insured
- Local Business
- Free Quotes
- Pride in Our Work



CONTACT DANIEL
T: 087 9928075



21st Century Sprayers

**BRING NEW LIFE
BACK INTO YOUR OLD
KITCHEN CABINETS**

**SO FRESH - SO NEW
SO AFFORDABLE !**

- KITCHEN CABINETS
- TABLES
- CHAIRS
- BEDROOMS

We also provide colour schemes.

We are an established company that offers
a spray and a hand painted Kitchen
Service on all types of furniture.

CONTACT US:

Ger: 087 117 1826

John: 089 4033744



Visit our FACEBOOK PAGE: 21ST CENTURY SPRAYERS



12 GIGS AT THE GLENEAGLE INEC ARENA ANNOUNCED

Gavin James.

A series of performances funded by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media and set to take place in The Gleneagle INEC Arena this December were announced this week

Under the Live Performance Support Scheme, the Gleneagle INEC Arena has been granted €400,000 to use in the employment of performers, artists, technicians, creative and performance support staff across the live performance sector.

The twelve performances announced will provide a total of 893 days of employment for 205 people - a mixture of artists, technical crew and support staff.

The series includes performances by Junior Brother, Moncrieff, Lisa McHugh, Celtic Steps & the O'Neill Sisters, Aslan, The Academic, Hermitage Green, Bird on the Wire, Gavin James, Sharon Shannon,

Frances Black, Mary Coughlan, Picture This, Brad Heidi and The Sibin Orchestra. While live audiences will not be permitted under the Plan for Living with Covid-19, the performances will be recorded for either streaming or promotional purposes.

"Behind the scenes of every gig is a hardworking team of technical and support personnel. The Live Performance Support Scheme allows us to provide employment for performers but also for the vital cog of technicians and performance support staff that make live music gigs possible. It also will provide us with live music content that can be streamed online or used to promote Ireland's live music industry both at home and overseas", Mark Egan, Director of the Gleneagle INEC Arena told Killarney Outlook.

"We would like to thank the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media for their support. We would

also like to thank the various artists that have reduced their performance costs in order to make these gigs happen. These are unprecedented times for the live performance industry and support schemes such as this are vital to ensure the industry remains intact post Covid."

The line-up of concerts at the Gleneagle INEC Arena includes well known acts - Picture This, Gavin James, Aslan, The Academic and Hermitage Green. Rising stars Junior Brother, Brad Heidi, Moncrieff and Bird on the Wire are also in the mix. Irish traditional music features strongly with performances by Celtic Steps & The O'Neill Sisters and also The Sibin Orchestra featuring Seamus Begley, Méabh Ní Bheaglaoich, Muireann Nic Amhlaoibh, Éilís Kennedy, Pauline Scanlon, Laura Kerr, Donogh Hennessy, Jeremy Spencer and Gerry O'Beirne.

Sibin Orchestra.



Hermitage Green.



TopTeamPainters

EXPERTS AT BREATHING NEW LIFE INTO OLD KITCHENS

INTRODUCING OUR NEW SERVICE TO HELP YOU CREATE YOUR OWN FAVOURITE KITCHEN IN 3 EASY STEPS – “JUST CHANGE THE DOORS!”



STEP 1

CHOOSE A DOOR...
there's 36 to choose from to suit all tastes



STEP 2

PICK A COLOUR...
you'll be spoiled for choice, we paint the frames too



STEP 3

ADD A FINISHING TOUCH...
we have handles and knobs



FOR A COMPLETE NEW LOOK
don't replace – renovate!

OR CHOOSE OUR VERY POPULAR SERVICE OF GIVING YOUR CURRENT DOORS AND DRAWERS A “KITCHEN MAKEOVER”



BEFORE (Oct 2020)



AFTER (Oct 2020)

Why choose a kitchen makeover

- ✓ It saves you money – 80% less on average than replacing your kitchen
- ✓ 36 door styles to suit all tastes – from ultra modern to traditional
- ✓ 100s of colours to choose from and a wide choice of handles & knobs
- ✓ Professional and experienced staff to guide you every step of the way
- ✓ Call today for your free quotation

“We were absolutely thrilled with our kitchen makeover with Top Team Painters! Lee did an incredible job and his attention to detail was on another level. Would highly recommend!”
- Laura and Pete, Tralee

085 812 0344 | info@topteampainters.net | www.topteampainters.net



STUDENTS JOIN KILLARNEY LIONS CLUB IN FOOD APPEAL

Struggling families in the Killarney area will benefit from the kindness of the students at Killarney Community College this Christmas. Describing it as a privilege, the Killarney Community College students and staff took part in this year's Killarney Lions Club Christmas Food Appeal.

The three-school initiative kicked off mid-November when a zoom call between Killarney Community College, St Brigid's and St Brendan's took place with the President of the club John Fuller and Denis Doolan. A detailed discussion took place outlining how the three secondary schools would help the Lions Club fundraise and collect food to create hampers for people in need in the Killarney area.

The TY class of Killarney Community College decided they would collect food items from the students and staff in the school. The

entrepreneurial and fundraising spirit from the TY class exploded. The class group donated a hamper they produced themselves as a reward for every item of food that each student donated. They also organised a non-uniform day that took place on Friday 20th November. Last class on Friday 20th November the teachers enjoyed a special homemade surprise from the TY's Home Economics class. The amazing committee of Lauren Fleming, Teagan O'Sullivan and Cian O'Shea led a fundraising campaign within the school. They raised awareness to the whole school community about the magnificent work of the Killarney Lions Club.

On Tuesday, 24th November, President of Killarney Lions Club Mr. John Fuller and Mr. Denis Doolan packed up the booth of their car with 18 boxes of food that will be made into hampers. They were also presented with

a donation of €506 from Principal, Mrs. Stella Loughnane to go towards the clubs Christmas fundraiser.

According to Killarney Community College TY co-ordinator Ms. Kerri McCarthy "it was fantastic to see the enthusiasm and fundraising work of our students. They endeavoured to making the food appeal and donation a success. We are so proud of our wonderful students who excelled in this local fundraising activity in raising awareness for the Killarney Lions Club. Now more than ever it is so important to support local".

Anyone who wishes to donate to the Christmas Food Appeal can do so at the following link: www.gofundme.com/f/mmfbj-christmas-food-appeal



John Fuller, Killarney Lions Club receives donations from staff and students at Killarney Community College.



Students at Killarney Community College pictured with the food they collected for Killarney Lions Club.

Lighting of The Brehon Tree goes online

The annual switching on of the lights at The Brehon Hotel, which has been an annual event for so many people in Killarney is set to go online this year.

The main man himself, Santa, is set to pay a flying visit to Killarney next week to switch on the lights of the beautiful tree.

The annual lighting of The Brehon Christmas Tree signals the start of the Christmas festivities for many families in Killarney. While the annual party cannot take place this year, Santa is still

expected to stop by to switch on the lights of the giant tree and his visit will be streamed live on The Brehon Facebook page at 5.30pm on Tuesday, December 1st.

Families wishing to donate unused toys to St Vincent De Paul can do so, by placing them under The Brehon Christmas Tree during the first two weeks in December.

For further information contact The Brehon on 064 6630700.





Fabric & Wallpaper



Lighting and Furniture



www.colourplans.com

Killarney, Co Kerry

Gift
Vouchers
Available



Interior Design
Exterior Design
Paint Solutions



Head of Design - Kadri Bormeister

E: info@colourplans.com | T: 087 1360308

In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

DANIEL'S 11TH BIRTHDAY WILL CERTAINLY BE ONE TO REMEMBER

So how are we all doing this week as Level 5 is nearing the final hurdle? Are we nearly there yet?? Now there's a persistent question we're all familiar with listening to on repeat over a long journey.

Oh if only....the chance would be a fine thing!! There is nothing too familiar about the times we are living in right now. That's for sure.

The enormous scale of the pandemic, Covid19, and the impact it is having are naturally causing a lot of change, fear, uncertainty and anxiety across the globe. Add in social isolation, disrupted work/family routines, cabin fever & economic instability, and it is understandable that our mental health would be somewhat compromised. Now close your eyes and imagine you are Daniel Egan who has ADHD, Crohn's Disease, Learning Difficulties & lives with just one kidney.

Daniel Egan celebrated his 11th birthday on Saturday. It was such an uplifting form of community spirit I have seen in a while. Read on....

"The first lockdown was very difficult Marie. Daniel couldn't understand why he couldn't leave the house to go play with his friends. He desperately wanted to go to school. We found ourselves in an unfamiliar situation with Daniel but with the help of the Gardaí we overcame the situation and now Daniel is great friends with Garda Diane Collins who spoke to him on his terms, breaking down the do's and don'ts of Covid 19, far clearer than I ever could have explained Marie" Mum Kelly Ann told me. Oh I know the feeling Kelly Ann. Similar situations in my house. I sometimes get sick of the sound of my own voice on loop. "She rings him every week Marie and today on his 11th birthday, he was supposed to visit the Garda Station but with the restrictions and health risks for Daniel, Garda Collins and her team came up with something equally as thrilling for Daniel".

I arrived at Arbutus Grove ahead of the sirens of two squad cars, safe in the knowledge that they weren't after me! The Garda cars were closely followed by Martin & John O'Grady from Killarney Fire Station. Daniel was inside and arrived outdoors bursting out of his skin with excitement. Daniel shares his birthday with Nana Mary Egan who also lives with Daniel & his Mum Kelly Ann. "Daniel was born on my mums 50th birthday. I know many people will describe their mothers as their rock Marie but my mother Mary is an exceptional woman. I was living away but when I realised I was expecting Daniel I wanted him to grow up in Killarney. I am a single Mom and without my mother Mary & my family, I would be lost. My



Mom an unbelievable person. I have managed to go back to college to study cheffing which wouldn't be possible without her help. She is just out of hospital. She wouldn't have missed today for the world Marie. Daniel & Mom are so close like you wouldn't believe" Kelly Ann told me. "Kayley at the Ballyspillane Support Group is another person who helps Daniel hugely. She can't see him at the moment but she does phone him and we're hopeful for a drive by next week weather permitting. We are very lucky to have Kayley and our great neighbours too Maura, Elaine & Michaela Breen who have been family friends for years".

Daniel looked on in disbelief. He forgot himself in the heat of the moment and disappeared momentarily go fetch his mask. The Gardaí presented Daniel with gifts and Firemen Martin & John O'Grady presented Daniel with a personalised fire fighter t-shirt and invited him to sit behind the wheel and sound the siren. He didn't need to be asked twice. The handcuffs were sought after for a capture with Garda Collins in the Garda Car, which he thankfully had the keys to release her afterwards.

"This is a wonderful lift for Daniel Marie. He has a lot going on for an 11 year old boy. We have a lot of appointments in the coming months but we will get through them. I am so grateful to the Gardaí & the Fire Station for making his day and in turn making mine.... and my mothers!" Mum Kelly Ann laughed. "Daniels conditions put him in the high risk category so today is absolutely brilliant Marie. A welcomed high for

us all" Mum Kelly Ann continued.

Before I left I wanted to chat to Daniel, the main man, himself. "Well Daniel, what did you think of today?" I asked. "This was such a great surprise. I can't believe it" Daniel said. "Wait until you tell all your friends in school Daniel. What school do you go to?" I asked. "St Olivers NS Marie and Brendan Kealy is my teacher" Daniel said with great pride "And Ms Brosnan & Ms O'Mahony are really great at helping me too". Daniel Egan didn't need to say one more word. It was written all over his face. The sheer joy & ultimate delight of what had just happened. "Thanks Mum"... and he then gave his Mum the biggest hug (bottom right photo) by way of thanks. It's not what you say it's how you say it or in this case show it. I miss hugs. I had all the feels leaving Arbutus Grove. Our community Gardaí & Fire Service making great efforts to ensure Daniel's 11th Birthday was one to remember despite a global pandemic. Happy 11th Birthday Daniel Egan and thank you for having me Kelly Ann & Mary to your home at Arbutus Grove on Daniel's special day. I hope it's not quite as long before I am invited to a birthday bash again.

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

corrib oil

College Street, Killarney.

Low Cost Home Heating Oil

At Corrib Oil, The Customer Comes First!

CALL US & SAVE €€€

Contact Claire Kiely in the Killarney Office

064 6624484

Dan Doonan 0860417228

Jerry O' Sullivan 0867913747

Dan Horgan 0860298001

online www.corriboil.com

KERRY PLANT & TOOL HIRE T: 064 6633429

WE SERVICE - WE SELL - WE REPAIR - WE HIRE

OUR BROAD RANGE INCLUDES:

- Lawnmowers • Strimmers • Chainsaws
- Log Splitters • Generators • Mini Diggers
- Powerwashers • Concrete Mixers

COVID-19 ESSENTIAL PRODUCTS



ASPEN



**2 STROKE READYMIXED
FUEL IN STOCK**



Experienced - Reliable - Affordable - Local

It's DIY time of year!

Kerry Plant & Tool Hire Woodlands Industrial Estate, Killarney, Co. Kerry

Email: kevin.kerrytoolhire@gmail.com Business Hours: Monday - Friday 7.00am - 6.00pm • Sat: 8.00am - 5.00pm

Students at Killarney Community College

STAND UP



Stand Up Awareness Week is a time for second-level schools in Ireland to take a stand against homophobic, biphobic and transphobic bullying and on Friday 20th November, all staff and students in Killarney Community College were invited to participate and show their support for Stand Up Week by wearing a rainbow colour.

We wanted to show Killarney Community College for what it is – a safe, supportive and inclusive school for all students”, Brian O'Reilly,

a teacher at the school told Killarney Outlook. Students who made a particularly great effort in terms of wearing rainbow colours were awarded house points. During the week, the LGBTI+ flag was flying outside and hanging proudly in the school canteen. In SPHE Classes, students had discussions around What it means to LGBT in Ireland, Words we use and Why they are important, and Tips on standing up to language that hurts.

Principal Stella Loughnane noted that “its important to get message across to everyone

in the college and community that our school is a safe and welcoming environment for all our students and that we will not stand or tolerate bullying in any form when it comes to LGBTQ matters. This was a day of celebration, colour and inclusion highlighting and educating everyone in relation to LGBTQ discrimination the school would like to thank you to @killarneypride for the loan of some rainbow flags to add colour to the day.

Cllr. calls for government to introduce new legislation

At the November 2020 monthly on line meeting of Kerry County Council, Councillor Michael Gleeson proposed that as the 'Staycation' initiative proved so successful and we all discovered some of the great natural and constructed historic treasures of our County and County, that this Council once again calls on Government to introduce the legislation necessary to give immunity from prosecution to land and property owners on whose property or land a visitor suffers an accident or injury”.

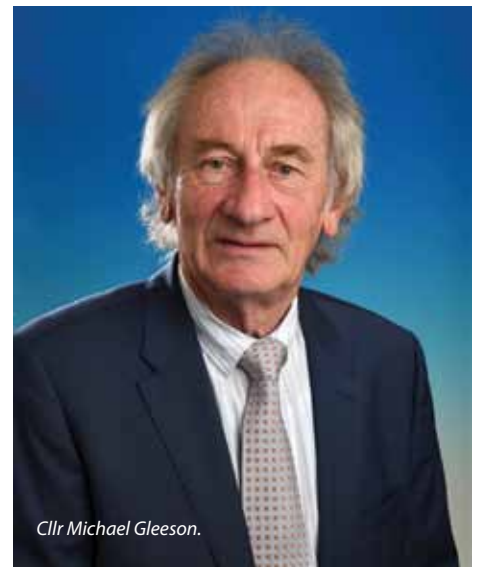
Councillor Gleeson stated that during the Pandemic Lockdown so many people have discovered many wonderful aspect and locations in our own country. They have found Nature Trails and visited precious ancient monuments. They have been enthralled and enriched.

They have also heard of and maybe at a distance seen many beautiful and historic locations

that are sadly inaccessible because they are on private property. Throughout Kerry there are hundreds of such locations that may only be visited with the consent of the owner. As an example there is one such very famous monument within 2 Kilometers of my home and I have never visited because the site is on privately owned lands. There are many other such examples.

This sad state of affairs is due to the absolute failure by Governments, past and present, to introduce legislation granting immunity to land and property owners from prosecution in the event of persons injuring themselves while visiting these precious sites and buildings.

As we all agree on the importance of shopping locally we should also be focused on making all that is best and most precious from our past accessible to the many who would love to visit.



Cllr Michael Gleeson.



Be Responsible - Be Safe

Outlook
MAGAZINES



KAYNE'S

BAR & BRASSERIE
& OUTDOOR TERRACE



Take-Out Service

Friday 4pm - 9pm | Saturday 2pm - 8pm | Sunday 1pm - 7pm



Pulled Pork



Pasta



Sharing Platters



Desserts



Cocktails & Much More...

Dial in Your Take-Out Order on 089-4607513

Hoping to welcome you back in person very soon...

For More information & full take out menu details see our website
www.kayneskillarney.com



NOT BOTHERED COOKING?

YOU'RE SORTED!

➡ 25% OFF ⬅

EDDIE ROCKET'S
7 NEW STREET, KILLARNEY
(0664) 663 9463

**WHEN YOU DOWNLOAD OUR NEW
ONLINE ORDERING & LOYALTY APP**

➡ WE'RE OPEN FRIDAY 4PM TO 8PM / SATURDAY 1PM TO 8PM / SUNDAY 1PM TO 7PM ⬅

T&Cs: Get 25% off your next order during the month of November when you download the New Eddie Rocket's Online Ordering & Loyalty App. Offer available exclusively via the App. Full sign up is required. Valid for click & collect. Valid for delivery from stores offering delivery via the Eddie Rocket's App. Discount cannot be used in conjunction with any other promotion. Minimum spend of €10 is required. Valid at participating diners only.

In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

Following his transfer from Paralympic competitions worldwide to **Able Bodied Competitions**

Marie catches up with Jordan Lee and his coach Tomás Griffin

I was dying to see the new Killarney Valley Athletics Club Arena located at New Road Killarney where it shares an entrance with St. Brendan's College.

An ambition taken on by Killarney Valley AC and boy was it worth every effort. So impressive. I timed my visit carefully to meet up with Jordan Lee a midst a training session for the Tokyo 2021 Paralympic Games with his coach Tomás Griffin. The cool crisp winters evening was an added bonus!

"Wow Tomás this place is amazing!!" I said. "And just in the nick of time Marie. Jordan's training for Tokyo 2021 can now take place here on home soil. He is fully funded by the government as he is on the elite list of Athletes permitted to keep training in the restrictions. The second lockdown arrived as the track reached completion. The all new Killarney Valley AC Arena was declared as Jordan's official training grounds, provided he is the only person with his coach on the premises at any given training session" Tomás explained.

I had a look around as we chatted. What an honour to have such an impressive facility in Killarney I thought. "The facilities are to olympic standard of any professional athlete for training Marie. Killarney Valley AC hosts 50 athletes here several times weekly in pods and the astro turf can be hired on request. When Covid 19 allows it, the track is available to over 3,000 students in the local vicinity to use with prior arrangement with St. Brendan's within school hours facilitated by their own schools". Jordan Lee's achievements to date are as follows but the most impressive part is that he has managed to transfer from Paralympic competitions worldwide to Able Bodied Competitions. What a cross over and a phenomenal achievement on both levels I thought.

- 2018 WPA European Championship Bronze Medal Winner in Berlin. "I couldn't believe it Marie. I was just 8 months in training at 18 years of age. It was a massive first experience. Imagine this standard is my warm up now. My



personal best now is a high jump of 1 metre 95cm (6ft 6"), the same height as the carpark barriers in town" Jordan explained.

-2019 World Championship in Dubai finishing in 6th place. "I had a heel injury Marie. Initially I was disappointed that I didn't receive a medal but you know what, afterwards I thought to myself, what a great achievement at 19 given I came 6th in the world and did it with an injury" Jordan explained.

-2018/2019 Two Time WPA Italian Grand Prix Gold Medalist

-2019 Current WPA French Grand Prix Gold Medalist

- 2019/2020 Two National Medalist (Able Bodied Competition) - "This was absolutely fantastic for me to make an impact on at the Able Bodied Competition levels. In 2019 I came 3rd at the National Juniors U20 and in 2020 I came 2nd in the National U23's. My idol is Paralympic Sprinter Jason Smyth, who is legally blind since the age of 8, yet he is still Irelands current fastest man over 100 meters" Jordan said.

"So what does it mean to you Jordan to have this class of an athletics track right here in

Killarney"? I asked. "Well when Tomás said that 'we built the track' he literally meant that we built the track Marie" Jordan said. Tomás was laughing "You see that red colour on the track Marie?? Well it took three whole months for that colour to disappear from our hands". Wow I thought, even with all the hand washing in a pandemic!! "We literally went from work to the track and took holidays when we knew the weather would be good to complete the painting before the weather got bad again" Tomás said.

"It's absolutely fantastic Marie. You have no idea how this will benefit me as an athlete. I don't have to spend time travelling. I have a world class facility here on my doorstep in beautiful Killarney" Jordan concluded.

Killarney Valley AC operate a Go Fund Me Page to assist the funding of Killarney Valley AC Arena - <https://www.gofundme.com/f/killarney-valley-ac-arena>. Thank you for having me Jordan & Tomás for my first visit of many to Killarney Valley Athletics Club's Arena.

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK



Be Responsible - Be Safe

Outlook
MAGAZINES



BLACK FRIDAY ONLY



€13.99



€6.99



€9.99 EACH



€15.99



€14.99

Carlsberg, Budweiser and Guinness Slabs

(While Stocks Last)



Only €25 Each

Green Spot

was €60

NOW €50



Killarney Brewery - Full Cases



Only €33

Dingle Gin

Only €32



Available Soon

Killarney Brewery Christmas In Killarney 750ml Wax Sealed Bottle

Local and National Delivery Available!

CARRYOUT KILLARNEY WEBSITE COMING SOON!

Hampers Available

in both CarryOut Stores as well as in CostCutter Muckross Rd



Enjoy Alcohol Sensibly
Visit drinkaware.ie

SIMPLY BETTER WINES, BEERS & SPIRITS

Muckross Rd, Killarney, Co. Kerry - (064) 662 6655 • The Reeks Gateway, Killarney, Co. Kerry - 064 6622588

OVER 100 STORES NATIONWIDE
www.carryout.ie

Whiskey Specialist

Holy Cross Mercy Preschool believe in **THE MAGIC OF CHRISTMAS**

From Ireland to the USA... from the UK to Poland, a beautiful Christmas video called "Believe in the Magic of Christmas" has gone viral after it was uploaded on the Holy Cross Mercy Preschool's facebook and instagram page this week.

The video was the brainchild of staff member, Katie O' Connor who has a very creative eye and had a vision to bring all elements of this feel-good, uplifting video together. In addition to Katie's natural talents she is adept at technology so she spearheaded the entire project.

The details of the video were discussed at the weekly staff meetings a number of weeks ago and everybody was on-board immediately. Staff have been very aware of the fact that many pre-schoolers have been apart from their grandparents for longer than usual due to restrictions. Grandparents play a pivotal role in their grandchildren's lives and this is something that Holy Cross Mercy Preschool have always acknowledged and celebrated. Unfortunately this year they have not been

able to have that social interaction such as meeting and having a little chat with them at the door when dropping off or collecting grandchildren, so something special was called for! The video summarises the story of the children preparing personalised gifts for their grandparents who are apart from them and the delight when the gifts are delivered and received. This year's Christmas decorations – made by the pre-schoolers – were very meaningful and appropriate in that they contained photographs of the children with their loved ones – some they have not been able to meet due to the ongoing Covid restrictions.

Katie and staff were very mindful to follow all public health guidelines during organisation and recording of the video. Even Connie the postman was carefully chosen as he is a relative to one of the children and the grandparent. He went above and beyond to help out as he donned his postman uniform on a Sunday to enable Katie to record.

Katie said she was honoured to be part of the overall experience because she saw such

poignant, memorable, heartfelt moments between the children and their parents/grandparents first-hand. What makes it even more special, Katie remarked, is that none of these interactions in the video were rehearsed or staged – they were all genuine precious moments captured exactly as it happened.

We would like to take this opportunity to thank all those involved in the production of the video, Katie for her vision and the staff of the preschool who ably and enthusiastically helped.

A special word of thanks goes to the children, parents and grandparents who brought the magic alive by simply showing their love.

Feedback through the Facebook, Instagram, text messages, phone-calls and general word of mouth has been phenomenal. Within the first 24 hours, the video had been viewed more than 10000 times and is still going strong! It has been viewed and shared in Ireland, UK, USA, Spain and Poland to name a few and the staff at the Holy Cross Mercy Preschool have been overwhelmed by the positive reaction and huge feedback received.



Star Seafoods Ltd

High Street, Killarney
064 6633607 | 6641755 | 087 9063351

Our Fish Shop is Open 6 days a week from 9am-4pm
Saturday 9am-2.30pm

We are located in the lane opposite to Keanes Jewellers



We Supply a fine variety of Fresh Local Catch Seafood on a Daily Basis.

- All Fish can be Boned & Filleted to your liking •



Make the most of your Fish Dish by picking up our **FREE Recipe Book.**
Now available in our shop.

Fully Licensed Restaurant & Bar

Treyvaud's

The perfect Christmas Gift this year...

ORDER YOUR HAMPER NOW!
Supporting so many local producers!

Treyvauds Pop Up Christmas Deli



Find us on Facebook: 62 HIGH STREET, KILLARNEY. T: 064 66 33062

ESTD 1918

T Cronin & Sons

Killarney's Only Family Farm Butchers



T. CRONIN & SONS

9 HIGH STREET, KILLARNEY
T: 064 66 31181

BLACK FRIDAY SPECIALS!
FOR ONE DAY ONLY

- 15 PORK CHOPS €10
- 15 BEEF BURGERS €10
- 10 LARGE CHICKEN FILLETS €10
- TURKEY BREASTS FROM €10

Remember you can telephone your order in advance and we will have it ready for collection or deliver to your car!

#staysafe #shoplocal

Christmas Orders

Now being taken

Farm Fresh Turkeys, Turkey breasts, Green and Smoked Hams, Cooked Hams, Spiced Beef, Farm Fresh Ducks & Geese.

CAHILL CALLS FOR URGENT ACTION IN RESPECT OF BEAUFORT SEWERAGE SCHEME

Councillor Michael Cahill has called on Kerry County Council, Irish Water and the Department to urgently address a Sewerage Scheme that has not been operational for years in Beaufort Village.

At a recent Municipal District meeting the Fianna Fail Councillor described the current situation being faced by the residents of Coolmagort Avenue, Beaufort as scandalous. "This is a major Health and Safety issue where raw sewerage is getting into dishwashers and residents and young children are becoming ill" claimed the Rossbeigh based Councillor. "This situation should not be tolerated and needs to be addressed as a matter of extreme urgency" stated Mr Cahill. Councillor Cahill called on the Council to do all in their power to address the situation.

Director of Water Services, John Breen gave the following response.

Reply: There are serious deficiencies in the wastewater treatment plant, which has not functioned for many years, in this 21-house, privately constructed estate in Beaufort. The residents have hired a contractor on occasion to desludge the tank.

In 2018 the residents engaged a consulting engineer to find a solution to the problem. The necessary upgrade works were provisionally estimated at €140,000.

Planning Permission would be required for any such proposed works in this estate.

It is Irish Water's policy that it will not take over any such stand-alone, developer-provided infrastructure, as per the Memorandum of Understanding that IW has with the Local Authority Sector.

On being again requested in November 2018



to desludge the tank, the Water Services department of Kerry Council undertook to do so one more time, on the understanding that the residents would organise and fund this in future. The charge for the intake of sludge from this estate will be waived at the Killarney Wastewater Treatment Plant.

The Department Of Housing, Planning and Local Government sought submissions in late 2019 under a proposed new multi-annual funding programme - the Multi-Annual Developer Provided Water Services Infrastructure Resolution Programme 2019-2021. This programme initially prioritises housing estates with Developer Provided Infrastructure which can be connected to a municipal wastewater treatment plant with adequate capacity. Beaufort Village has no such

municipal water treatment plant.

However, the first wave of investment under this programme includes for a small number of carefully selected demonstration projects. Funding for demonstration projects will allow a longer-term treatment strategy to be developed for settlements with a number of DPis and the preparation of a Feasibility Study to recommend an appropriate solution. This approach would inform the department of locations where further allocations under this programme can be targeted. Beaufort Village was included, as a Demonstration Project, in the submission by KCC for funding. Kerry County Council understands that the Department will shortly announce funding allocations under this national programme.

€135,000 FOR KERRY MEALS ON WHEELS

There has been a warm welcome this week with news that 19 Kerry meals on wheels projects have received €135,000 in funding.

The funding, which is being provided under Measure 3(a) of the CLÁR programme, will enable community-based organisations which deliver Meals on Wheels and linked services to purchase equipment and make adaptations to existing vehicles to support the provision of their services. This is a new initiative under CLÁR for 2020 in recognition of the critical role played by community groups in responding to COVID-19, with a particular focus on those groups providing Meals on Wheels services.

Welcoming the announcement Minister Foley said "This is a huge endorsement of the superb community work taking place in Kerry every day. Kerry has received an allocation of €135,000 from a national allocation of €340,000. These organisations are at the heart of our communities and are providing an invaluable service. These organisations are an important lifeline for people

living in their own homes, and they play an important role in combating isolation for many people. The funding announced today will help many groups to continue to deliver their vital services as we continue to deal with the COVID-19 challenge." Also welcoming the announcement was Cllr. Michael Cahill who said he was delighted for the successful groups as they carry out great work on a voluntary basis. This is a new initiative under CLÁR for 2020 in recognition of the critical role played by community groups in responding to COVID-19, with a particular focus on those groups providing Meals on Wheels services.

Among the successful local groups are:

Listry Community Council Equipment €3,204.00
Beaufort Community Care Group Equipment €5,642.00
St Vincent de Paul Society Castleisland Equipment €4,860.00
Social Action Group Rathmore Equipment €5,357.88
Rockmount Care Centre Equipment €18,401.94.



Catherine Doody O'Connor of Listry Meals On Wheels Service, one of the groups which received funding.

The Magic of Christmas...



This Christmas...
Spend Local, Borrow Local
 We're here to help you

AMOUNT	TERM	APR*	WEEKLY REPAYMENTS	COST OF LOAN	TOTAL AMOUNT REPAYABLE
€500	52 weeks	8.5%	€10.03	€21.08	€521.08
€1,000	52 weeks	8.5%	€20.05	€42.19	€1,042.19
€1,500	52 weeks	8.5%	€30.07	€63.29	€1,563.29
€2,000	52 weeks	8.5%	€40.09	€84.40	€2,084.40



GET IN TOUCH TODAY



FIGURES CORRECT AS AT 18.11.2020. TYPICAL APR VARIABLE ONE YEAR LOAN (8.5% APR). LENDING TERMS AND CONDITIONS APPLY.
 WARNING: IF YOU DO NOT MEET THE REPAYMENTS ON YOUR LOAN, YOUR ACCOUNT WILL GO INTO ARREARS.
 THIS MAY AFFECT YOUR CREDIT RATING, WHICH MAY LIMIT YOUR ABILITY TO ACCESS CREDIT IN THE FUTURE.

064 6631344
www.killarneycu.ie
loans@killarneycu.ie

Drop into your local branch

Beech Road
 Killarney
 V93 XR5V

Killarney Road
 Kenmare
 V93 NN73

1-3 O'Connell St
 Cahersiveen
 V23 HF77



KILLARNEY | KENMARE | CAHERSIVEEN

Killarney Credit Union Limited is regulated by the Central Bank of Ireland.



Gina hosts fundraiser for *amazing* charity

A kind hearted Fries woman is planning a fundraiser for the amazing charity Comfort for Chemo.

Gina Herlihy has to date raised an amazing €10,100 for the charity by hosting two events in the village on Women's Christmas, January 6th over the past two years.

"I lost my mother to Breast Cancer when I was only 15 and she was only 46" Gina told Killarney Outlook. "She would have always travelled up and down to Cork for her treatment and I know how much a chemotherapy unit in Kerry would mean to people who are living with Cancer.

"I also lost my dad to Cancer - he was only 62 years old" Gina added.

This is a very different year with COVID-19 and instead of the usual Women's Christmas Fundraiser, Gina had decided to hold a pre Christmas raffle. She has set up a Go-Fund-Me page and for every €10 you donate your name will be entered into the draw.

All proceeds will to to Comfort For Chemo Kerry who are on a mission to build a new state of the art separate unit on the grounds of Kerry General Hospital for the people of Kerry and surrounding areas who are in need of chemotherapy services.

"Over the passed two years hosting 2 Little Women's Christmas fundraising events just over €10,100 has been raised for cancer charities. The community spirit from the people



of Fries and beyond was always amazing. Businesses and locals again this year are very generous.

"I have some amazing prizes on offer donated by local businesses", Gina told Killarney Outlook.

"There are absolutely loads of prizes on offer, with everything from a Bicycle to Glamping, with Vouchers, Hampers and so much more," she added.

"For every €10 donation you make your name will be entered in the draw and you could be the winner of one or more of these fabulous prizes and Gina has advised everyone to keep their donation receipt as you may require it later.

The link to donate to Gina's fundraiser is <https://www.gofundme.com/f/christmas-fundraising-affle>

Minister invites Primary School children to paint her a picture



Norma Foley, TD is inviting children in primary schools across the country to submit their artwork for display in her office.

Each week, several items of artwork will be placed on the easel in the office. The artwork may be photographed and shared on the Department's Twitter and Instagram accounts. Where provided and permission is given, the names

of the children and the school will be published.

"Children can submit a short piece with their art on what they have portrayed and why", Deputy Foley said.

"Individual children and class groups are invited to send their drawings, paintings and other two-dimensional artworks measuring ideally A4 size but no more than 1m length x.80m height for display to:

The Minister's Easel, Department of Education, Marlborough Street, Dublin, D01 RC96.

Full information and a consent form is available: <https://www.education.ie/.../the.../the-ministers-easel.html>

Please note that you should take a photo of the artwork before sending it, as it will not be possible to return the artworks.

Monument replaced on Countess Bridge

A monument erected to the memory of four soldiers who were killed on March 7th 1923 was replaced recently by the National Graves Association.

The four members of the Irish Republican Army who died on the Countess Bridge were Stephen Buckley, Jeremiah O'Donoghue, Daniel O'Donoghue and Timothy Murphy

The original monument, which had become unstable was replaced by the National Graves Association last weekend with the inscription remaining the same.



ANNUAL KILLARNEY *Memory Tree*

The Killarney
Memory Tree is
back again at
Holy Cross
Mercy School

on New Road for
Christmas 2020

Lights are available to
purchase online at
www.mercyholycross.ie
or by phoning 064 6631241
for a click & collect service

Their light shines on
this tree as their memory
shines in your heart

Join us for the official
"Virtual Switch On" at
www.mercyholycross.ie
on December 7th at 7pm

Mass will be offered for those
commemorated on
Wednesday, 16th December
at 1.00pm in St Mary's Cathedral,
Killarney.

All are welcome to join us online at
www.killarneyparish.com

Thank you once again for your
very kind and generous support.

May their light continue to shine...



BLACK FRIDAY SALE!

**BUY 4 WEEKS &
GET 2 WEEKS FREE!**

Single Membership: €60

Couples Membership: €110

1 Adult Family Membership: €120

2 Adult Family Membership: €150

The Gleneagle Killarney | 064 6671550

AQUILA CLUB
LEISURE CENTRE GLENEAGLE



**BLACK FRIDAY
EXCLUSIVE OFFERS!**

*10% off
any of our Full Body Massages*

from January - March

60 minutes €99

(normally €110)

90 minutes €121.50

(normally €135)

Book by calling 064 6623980 or email angsanapa@thebrehon.com



DR. CROKES REMEMBER

BLOODY SUNDAY

100 YEAR ANNIVERSARY

On Saturday last Dr. Crokes remembered the 100 year anniversary of Bloody Sunday. The national flag was flown at half-mast and as the evening closed in, the two floodlit areas were in full light.

At dusk, a small gathering lit a candle at the clubhouse. These included Club President Jackie Looney, who was assisted by Teddy Counihan, on behalf of his aunt, Margaret O'Leary in lighting the candle and placing it on display in one of the windows in the presence of Club Chairman Patrick O'Sullivan. Unfortunately Club Patron Donie Sheahan was unable to attend and sent his apologies. The club celebrated the link with Croke Park through Teddy Counihan and Margaret O'Leary as Teddy's grandfather and Margaret's father "Small" Jer O'Leary, was instrumental in buying Croke Park. In 1920, Dr. Crokes led the roll of honour with 4 Kerry SFC titles, 1901 and

then the 3 in a row 1912/13/14. Dr. Crokes are still top of the leader board in the number of Kerry SFC titles won, (13) ahead of A. Stacks and East Kerry.

In 1914 Dr. Crokes and Kerry star, Dick Fitzgerald published the first book on Coaching in the GAA, 'How to play Gaelic Football'.

The War of Independence started in 1919 with the Irish Volunteers active nationwide, including Killarney. Dr. Crokes was the only GAA club in town and with club football suspended in reality, until 1924, many of the Dr. Crokes' players spent their time drilling with the local members of the Irish Volunteers. The Kerryman reported on July 3rd, "For the past few days, the Killarney Volunteers have assumed the duties of preserving law and order in the town and district. So far their efforts have met with considerable success as undesirables in the town have been forced to leave the town", a spokesperson for the club

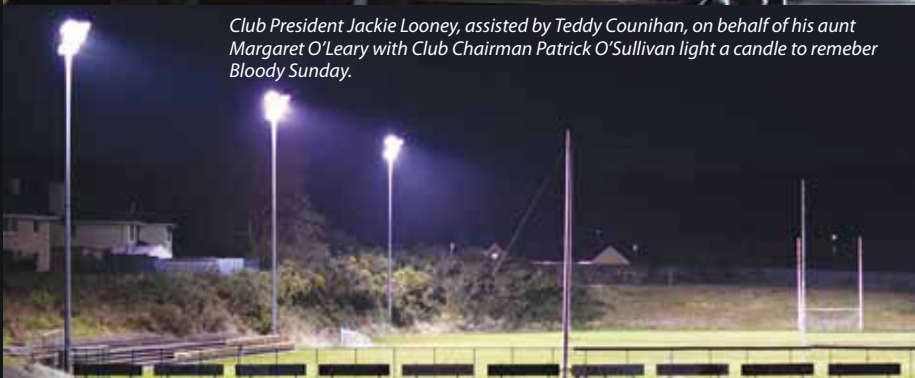
told Killarney Outlook.

The Black and Tans came to Ireland in March 1920 and the Auxiliaries in August 1920. A combination of these entered Croke Park on November 21, 1920, and shot dead a reported 14 people, including 3 children. Many more were wounded. This was in retaliation for the shooting dead of a reported 13 British Intelligence Officers and one civilian earlier that morning. Michael Collins' notorious 'Squad' killed, or fatally wounded those 14 people. Sunday, November 21, 1920, is remembered as Bloody Sunday which happened 100 years ago last weekend.

On the 100th Anniversary, GAA clubs nationwide were urged by Croke Park authorities to light a candle in their homes from dusk in memory of those killed and wounded in Croke Park, Bloody Sunday, November 21, 1920. Dr. Crokes did not resume club football again until 1924.



Club President Jackie Looney, assisted by Teddy Counihan, on behalf of his aunt Margaret O'Leary with Club Chairman Patrick O'Sullivan light a candle to remember Bloody Sunday.



KILLARNEY
PLAZA
HOTEL

a gift of luxury

KILLARNEY TOWN CENTRE

Purchase a gift voucher and let them decide

Stay | Spa | Dine



GIFT CARDS ARE REDEEMABLE ACROSS ALL O'DONOGHUE RING HOTELS

To purchase a voucher or to shop our bespoke luxury gift range online,
visit PLAZAATHOME.IE or call +353 (0)64 66 21111

Dear Santa.....

SPA CHILDREN POST THEIR LETTERS TO THE NORTH POLE

Spa GAA Club welcomed a very special delivery over the weekend when Santa's little helpers dropped off a Christmas Post Box where local children can post their letters to Santa.

The box is located near the road entrance under the sponsorship sign and express delivery straight to the North Pole is guaranteed. Juvenile members of the club took their instructions from Santa Clause for the special post box and can send children a personalised letter. The letters are also available for collection from the clubhouse entrance or the artists among you can create their own masterpiece which will wing its way to Mr & Mrs Clause in the North Pole just in time for Christmas.

The club are also inviting families to take a photo when they are posting their letters for social media pages.

Photo's can be forwarded to coaches on 0857780883 / 0851216359 or through Facebook and we will add them to our 2020 Christmas photo album!

Among Santa's helpers for the project were Mike Brosnan, Erin Holland, Pa Murphy, Paul Casey and Conor Gleeson who all helped with the delivery and the decorating. The post box will be open for the next 3 weeks before Santa and his helpers will be calling to collect them all in time for Christmas.



The Gleeson family deliver their letters to Santa.



The Devane Family drop off their Santa letters.



Clair, Charlie and Max Tangney pictured with the letters to Santa



The Casey Family drop off their Santa letters.



McCarthy BUTCHERS

Main Street, Rathmore. Tel: 064 77 61539

**★ THIS WEEK'S ★
★ SPECIAL ★**

FULL CARVERY DINNER + APPLE PIE

ONLY €9.99



CHRISTMAS ORDERS NOW BEING TAKEN

McCarthy's
DELI

McCarthy
BUTCHERS

**COOKED TURKEY CROWNS
COOKED GREEN/SMOKED HAM
COOKED SPICED BEEF
PRE-PORTIONED ROAST STUFFED
TURKEY AND HAM**

**CHICKEN AND MUSHROOM VOL-AU-VENTS
SOUP / SEAFOOD CHOWDER
GLUTEN FREE TARTLETS
CHICKEN LIVER PATE**

ALL PREPARED BY OUR IN-HOUSE CHEF



FREE-RANGE TURKEYS

FROM THE FARM OF
DONAL REILLY, BERRINGS, CO.CORK,

TURKEY CROWNS

**GREEN AND SMOKED
BONELESS HAMS**

**GREEN AND SMOKED
BONE-IN HAM**

HOME CURED SPICE BEEF



Open 6 Days - Monday to Saturday - 8.30am to 6pm



Click & Collect!

There are lots of businesses still working behind the scenes, **OFFERING CLICK AND COLLECT, CALL AND COLLECT AND TAKE AWAY SERVICES**, and in an effort to help all these local suppliers stay in business, Killarney Outlook are offering a free listing service of those whose services are still available during Level 5 of Lockdown.

FOOD & DRINK



KAYNES

Take Out Friday 4-9 Saturday 2-9
Sunday 1-7
089-4607513

EDDIE ROCKETS

7 New Street
Open takeaway Friday 4-8pm
Saturday 1-8pm Sunday 1-7pm
064-6639463

THE TAN YARD

Click and collect 7 days a week
from 5pm - 9.30pm. or Click and
Deliver Friday, Saturday, Sunday
www.thetanyardkillarney.ie
064-6621177

CAFE DU PARC

Grab & Go - Click & Collect
064-6621100
www.cafeduparckillarney.ie

THE GOLDEN NUGGET, FOSSA

Open for Takeaway
Friday 5.00-9.00, Saturday 5.00-9.00
Sunday 1.00-8.00 064-6631325

THE PORTER HOUSE POP UP

Sheahans Centra Muckross Road
Wed - Sunday, 6 - 9.30
064-6634456

BAKE

085 7797723
DELIVERING Breads/scones/cookies
along with custom cakes and cupcakes

TOBA

High Street
Collection, Delivery & Takeaway
Wednesday-Sunday 4.30pm - 9.30pm
064-6635279 or email killarney@toba.ie

THE BLACK SHEEP HOSTEL & COFFEE SHACK

New Street
Coffee 7 days!
Open 8-5pm daily @thegoldenbean.
ie on the bar and @realbreadkillarney
cinnamon roll an essential
accompaniment

FOUR STAR PIZZA

Open for takeaway and delivery
064-6630222

JIMMY BRIENS

Delivery Phone: 087 9613482

DEN JOES

Open seven days a week for takeaway
12 New street 064 6633827

KHAO

High Street
Open for takeaway 7 days a week
646671040

TREYVAUDS POP UP DELI

Tuesday - Saturday 9am - 5pm
064-6633062

Cronin's Restaurant

Take away
www.croninsrestaurant.com
064-6630903

PETIT DELICE FRENCH BAKERY

Open 6 days Monday to Saturday 8 till 6
for takeaway

THE SHIRE CAFÉ & BAR

Open Friday, Saturday and Sunday for
takeaway coffee and pastries and takeout
menu is available all weekend from 4pm

THE INTERNATIONAL HOTEL

Call & Collect Menu.
Available from 12 - 9pm - Delivery is
available for those living within 5km
064 663 1816

MIKE'S TAKEAWAY

Open for Takeaway
Monday - Thursday 4 - 8
Friday 4 - 10 Saturday 4 - 10 Sunday 2 - 10
064 662 0979

JM REIDY'S

Reidy's To Go Menu operates from 12
noon - 9pm Thursday to Sunday
www.reidyskillarney.com and
or text on 087 7147006

DANNY MANN

Take Away Food & Drink Menu
Friday Order line open at 2pm -
collection 3pm - 9pm
Saturday Order line open at 12noon -
collection 1pm - 9pm
Sunday Order line open at 12noon -
collection 1pm - 9pm
Order line 086 1453399

MUCKROSS GARDEN RESTAURANT

Open daily for take away 10am - 4pm
064-6639354
www.muckross-house.ie

RETAIL



Kilkenny Shop

www.Kilkennyshop.com

WHAT WOMEN WANT

Click and Collect
Monday-Wednesday-Saturday, 1-4pm
064-6630712 - www.whatwomenwant.ie

T. CRONIN BUTCHERS

Open 7 days. phone in your order, call and collect or
delivery to your car. 064-6631181

WHO'S 4 SHOES

Open for collection - available on all social media
channels - DM/PM OR CALL 064 6637849

KILLARNEY CARPET & FURNITURE CENTRE

Working away behind closed doors for call and collect.
Phone 064-6631694 or email.
Info@killarneycarpets.ie

WALSH BROTHERS SHOES

Open daily 10-2pm for collection
www.newshoes.ie

O'SULLIVANS OUTDOOR STORE

New Street
Open for call and collect 10am -3pm
064-6626927

O'SULLIVAN CYCLES

High Street - call and collect service available
<http://www.killarneyrentabike.com/>
064 6631282

CORCORANS FURNITURE AND CARPETS

Click and collect or call and collect
064-6691112 www.corcoransfurniture.ie

SHEEHAN'S PHARMACY

Open to Pedestrians
Home Delivery also Available
064-6631113

SCARLETT KILLARNEY

Open for Call and Collect - 064 662 2909
scarlettkillarney@gmail.com
<http://www.scarlettkillarney.ecwid.com/>
Click & Collect Service on Wednesday 10am
until 1pm and at other pre-arranged times!

LYNES OF KILLARNEY

Open via telephone, email and our social media channels.
0646631146 - Lynesofofkillarney@gmail.com
Facebook & Instagram
*Delivery *postage *collection available.

Frank Coffey Shoes

Call and collect - frankcoffeyshoes.com

Variety Sounds

Call & Collect - 087-2588115 - music@varietysounds.ie

KERRY GIFT CARD

www.kerrygiftcard.ie
Online or in main Post Offices across Kerry

If you are operating a call and collect, **click and collect or take away service** and would like to be included in this listing
contact Aisling on 086-0400958 or email the details to news@outlookmags.com

**WIN
A DREAM**



**KERRY
HOME**

www.winadreamkerryhome.com



**ONLY
4 DAYS
LEFT TO
BONUS DRAW TO
WIN 10 FREE
TICKETS**

WIN a 3-Bedroom 2-Storey Detached House

in Barraduff, Killarney, Co. Kerry

Plus a range of other fantastic prizes. Tickets only €100. Limited Availability

Scan the QR Code below
to purchase a ticket online

SCAN ME



All funds raised will go toward developing
a Multi-purpose Community Hall to serve
the future needs of all people in the community



Barraduff
Community Field Organisation

2ND PRIZE
MITSUBISHI SPACESTAR
1.2L 5-Seater Car



KERRY BUSINESSES SHOULD APPLY FOR NEW BREXIT LOAN AS TRANSITION PERIOD NEARS AN END - Griffin

Small businesses in Kerry should apply for a new loan to help them prepare for Britain's exit from the single market and customs union at the end of this year, Deputy Government Chief Whip, Brendan Griffin TD has said.

Deputy Griffin said, "I know that Brexit will be challenging for businesses and they want to be prepared, so I welcome the opening of this new scheme by the Tánaiste and Minister for Enterprise, Trade and Employment, Leo Varadkar T.D.

"The new Microfinance Ireland (MFI) Brexit Business Loan, will provide up to €25,000 to businesses whose turnover already is or is likely to fall 15% or more or if the business has a short term cashflow need as a result of Brexit. Loans are available for between six months and three years.

"Any business, including a Sole Trader, Partnership or Limited Company, with less than 10 employees and annual turnover of up

to €2 million can apply, where they are unable to secure finance from a Bank or commercial lending provider.

"Kerry businesses can apply through their Local Enterprise Office Network or can apply directly to Microfinance Ireland (MFI).

"There are less than 50 days until the end of the transition period on 31 December. It is urgent that all businesses large and small in Kerry now revisit their readiness plans.

"From 1 January, the UK will no longer apply the rules of the EU's Single Market and Customs Union. This means that any business that moves goods from, to or through Great Britain will be subject to a range of customs formalities, SPS checks and other regulatory requirements that do not apply to such trade today.

"There is now an extensive range of training material and information available online on the Government's new Brexit Information Hub to help businesses prepare for Brexit and the lasting change that it will bring. The hub can

be accessed via Gov.ie/getbrexitready," Deputy Griffin said.

Announcing details of the scheme, Minister Varadkar said: "I know it's been a really hard year, especially for our small, local businesses and imminent Brexit feels like another bodyblow on the way. This new loan is just one of the ways we are helping business to prepare. "It will provide low cost finance of up to €25,000 and business owners can apply through MFI. 77% of MFI's lending is to businesses outside of Dublin, which is important as businesses all over Ireland will feel the negative effects of Brexit.

"If you are a business owner and are wondering where to start, I'd recommend filling out our Brexit Readiness Checker first and having a look at what needs to be done in your business. Then please reach out and use the help that's there."

Be Part of the 'Keep Well Kerry' campaign

Building on the success of and feedback from the week-long Kerry Mental Health and Wellbeing Fest held in October, the interagency committee have organised a series of free online mindfulness and chair yoga sessions to take place for 15 minutes each weekday from 30th November to 18th December. These morning mindfulness sessions from 11am – 11.15am and afternoon chair yoga sessions from 2pm – 2.15pm will be led by Susan Barrett and Maeve Ferris respectively. Anyone can watch these sessions live on the Healthy Kerry website at www.healthykerry.ie or Facebook page @healthycountykerry. These online series are being made possible due to the collaboration between Kerry County Council, the HSE, NEWKD, SKDP, Kerry Mental Health Association, Jigsaw Kerry, IT Tralee and Kerry Volunteer Centre. The Keep Well campaign in

Kerry complements the national government campaign and focuses on five ways to support community wellbeing, which are: Keeping active and being outdoors - even during the winter, it is important to help physical and mental health and wellbeing. Staying connected - staying connected with people and addressing isolation as person-to-person connection is important to our wellbeing. Switching off and being creative - switching off and being creative or learning something new, getting back to nature and finding ways to relax can help our general wellbeing. Eating well - by nourishing your body and mind we can positively impact our physical and mental wellbeing. Managing your mood - equipping people with information on where to go if they need support

Foley welcomes €557,000 in Funding for Kerry Enterprise Centres

Kerry TD and Minister for Education Norma Foley has today welcomed €557,000 in grants for 7 Enterprise Centres around the county under Enterprise Ireland's Enterprise Centres Fund. Enterprise Centres are now embedded in communities in every county in the country. They provide space and training for entrepreneurs, allowing them to work remotely, access training and advice, and network with other business leaders. "This funding will be crucial as centres continue to offer services to local businesses during what is an exceptionally challenging Covid -19 environment. Centres will be supported through these grants to enhance their facilities and to implement a recovery plan for businesses within their remit over the next six to twelve months" said Minister Foley.

Among those who received funding are:

The Box CoWork Ltd	€46,600
HQ Coworking Space Ltd.	€91,920
Kerry Innovation Centre CLG t/a Tom Crean Business Centre	€95,067
Killarney Technology Innovation Limited	€75,600
Mol Teic	€65,680
RDI Hub Company Limited by Guarantee	€104,794
Sneem Innovation & Technology Services CLG	€77,808

HEARTBEAT STILL KEEPING IN TOUCH

through their newsletters on-line and through An Post. They now have monthly Zoom meetings usually on the last Monday of each month. On Mon. Nov. 30th Marie O'Sullivan of Slimming World will be talking to the group. Full details of I.D. and Passcode are at www.kerryhearts.ie Non members welcome. Any Enquiries to 085 1773 910.



GMHD.ie

Insurance, because... *it happens.*

Rated **EXCELLENT** on ★ Trustpilot

"Amazing service and very helpful staff."



by Mateo

"... Honestly forget everything you know about insurance brokers when you deal with GMHD. It's fair to say that they go above and beyond to help out young drivers ..."



by Leeroy

"Great company and so easy to deal with ..."



by Pippa

"I got the best quote I've ever gotten from GMHD, it's very affordable monthly payments as a part time worker and college student. I couldn't be happier"



by Hayley

"... I am glad I went with GMHD and will definitely recommend to family and friends."



by Ashley

"Very good experience dealing with GMHD. They made the process quick and easy and gave me an unbeatable price on insurance, would highly recommend."



by James

☎ 0818 92 92 42 or 064 66 34632

✉ info@gmhd.ie

Gallivan Murphy Insurance Brokers Ltd trading as GMHD.ie is regulated by the Central Bank of Ireland

BUSINESS OUTLOOK

GROW YOUR BUSINESS HERE - WITH US!

A Killarney Accountancy Company is celebrating after securing 2nd place in The Irish Accountancy Awards.

The awards measure the best elements of Accountancy Practices the length and breadth of the country.

ORM Accountants Ltd, located at Fleming's Lane, off High Street and who specialise in helping their clients Save Tax, Boost Profits and make time for the most important things in life, were shortlisted in the category for "Advisory Team of the Year" Small to Medium Enterprise in Finance.

The awards ceremony was due to be held in the Clayton Hotel Burlington Road, Dublin on April 16th, but on Wednesday afternoon in the first ever virtual awards ceremony ORM Accountants were delighted to be awarded 2nd place in their category.

"It was an absolute honour to be shortlisted, but an even greater honour to be announced as award recipient", Managing director John Mannix told Killarney Outlook.

"We are thrilled with the industry recognition of our expertise and service and we are extremely proud of the working partnerships we have created with our clients", he added.

"As advisors we believe we have the power to make a profound difference to our clients lives by engaging with our clients to create a



ORM Team Photo – Left to Right, Mike Brouder, John Mannix, John O'Rourke, Sarah Harmon.



IRISH
ACCOUNTANCY
AWARDS
2020

roadmap for their business and family lives.

We do this by assisting our clients in setting realistic but ambitious specific financial and non-financial goals that will help them get to where they want to be. We identify specific

areas of their business which can be improved – which will directly lead to a growth in profits, increased cash flow, increase in personal wealth and added peace of mind.

"This award really speaks volumes in terms of the calibre of our team. We would like to say a huge thank you to everyone that has been so supportive of our business this year! It's not a cliché but without the support of our clients we would be no where!", John added.

Bord Bia awards **Lee Strand with Gold Membership**



Celebrating Gold Membership in the Origin Green Sustainability Programme are Gearoid Linnane, CEO, Lee Strand (front) with back (l to r) James Sugrue, Plant Manager, Deirdre Foley, Farm Advisor, Maurice O'Connor, Production Manager, Ciara Herlihy, Assistant Technical Manager.

Lee Strand was recognised for their exceptional performance and commitment to sustainability with Gold Membership at the virtual Origin Green 2020 awards on Thursday, November 19th, 2020. The online event was addressed by Charlie McConalogue, TD, Minister for Agriculture, Food & Marine and recognised twenty-six companies in the food and beverage sector

in Ireland who have achieved the highest level of membership in the Origin Green Sustainability Programme. Gearoid Linnane, CEO commented "We are delighted in Lee Strand to be recognised with the prestigious Origin Green Gold Membership for our commitment to sustainability. In Lee Strand environmental management and sustainability are key elements of

our business model, from launching 100% renewable cartons, to reducing water usage and energy efficiency. This is a great achievement by our sustainability team who are continually striving for higher levels of environmental excellence. We would also like to thank Veronica Kennelly from the Institute of Technology Tralee who assisted Lee Strand in the development of our Origin Green plan." Origin Green continues to evolve to ensure Bord Bia is helping Irish food and drink companies to remain up to date with the evolving needs of trade customers and their consumers, globally. With the introduction of the Origin Green credits system in early 2020, it is now easier to identify members who are performing at a high level or excelling in their sustainability performance. To retain ongoing membership of Origin Green, companies must subsequently submit an annual

review to demonstrate clear progress against the established targets and initiatives set. This annual review is subject to an independent third-party review by their verification authority Mabbett. This ensures minimum programme requirements are consistently met and maintained.

Origin Green Gold Membership is awarded to companies who demonstrate an exceptional annual performance on their sustainability targets and is based on the assessment of an independent verification authority. Companies receive credits for their performance in areas such as raw material sourcing; water and energy efficiency; waste reduction; packaging; and social sustainability. Origin Green has established five different membership tiers based on company size and turnover, so that a real diversity of industry is reflected in the overall Gold membership.

REA

COYNE & CULLOTY

**9 FAHA COURT, FAHA,
KILLARNEY****€150,000**

Excellent two bedroom terraced house located in a countryside courtyard only 10 minutes' drive from Killarney town. This property is ideal for a first time buyer or holiday home user and it is in excellent decorative order. Accommodation includes kitchen, lounge, downstairs wc, two bedrooms and bathroom upstairs.

BER C1

**28 THE LIME, AVENUE, COUNTESS ROAD,
KILLARNEY****€225,000**

Superbly located, spacious and very well maintained two bedroom ground floor apartment. This property is only a 5 minutes walk from Killarney town centre and has one allocated parking space. Extremely popular development for residential lettings and holiday home owners.

BER C1

www.killarneyproperty.com

PSRA No: 001042



Contact Donal Cullyoty

064 6631274/087 2354790

**95 NEW STREET,
KILLARNEY, CO. KERRY**
T: 064 6631892 F: 064-6634652
M: 087 2668591 E: INFO@SFMCI.E
WWW.SHERRYFITZ.IE & WWW.DAFT.IE
Licence no: 003568

**Sherry
FitzGerald**
Coghlan

FOR SALE**2A THE LIME, THE AVENUE,
COUNTESS RD, KILLARNEY**

Exceptional two bedroom, ground floor apartment, with independent own door access and private south facing patio area, on Countess Road within walking distance of town centre. The property has its own allocated marked on-site car parking space.

Price Region: **€210,000**

BER C3

**6 THE REEKS GATEWAY,
KILLARNEY**

Beautifully appointed own door, large three bedroom townhouse, conveniently located to all town amenities and local shopping. The property has west facing balconies and two secure underground car spaces with lift access.

Price Region: **€295,000**

BER B3

**THROUGH THE KEYHOLE...**A PICTORIAL LOOK AT **KILLARNEY PROPERTIES** ON THE MARKET

DNG
TED HEALY

Address: **8 Rossdara, Killarney**

Superbly presented four bedroom semi-detached residence located in this much sought after development just off the famous Muckross Road on the doorstep of Killarney National Park and within walking distance of Killarney Town.

Viewing highly recommended. Agent: ● DNG Ted Healy ● 11 New Street ● Tel: 064 6639000 ● E-mail: tedhealy@dng.ie www.dng.ie

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

Lots of festive cheer at Ballyseedy

Christmas has well and truly arrived at Ballyseedy Home and Garden and with the countdown to Christmas approaching, they have pulled out all the festive stops for their customers this season.

Visitors and locals can enjoy a magical display of Christmas decorations, from hanging garlands and baubles to twinkly Christmas lights, that set a tone of warmth and charm from early morning to dusk.

The Ballyseedy Ski lodge café will be open for delicious savoury and sweet delights, along with a new food and tippie offering at their Christmas market.

Visitors can opt to sit down in Ballyseedy's redesigned festive themed seating area, while also enjoying the oasis of beautiful plants and trees.

Santa's elves who nest in Ballyseedy woods have also been busy creating a very special letterbox for the Children of Kerry. Letters to Santa can be posted directly from Ballyseedy, and will reach the man him-self in good nick of time.

"Christmas time is a time for giving, and this year at Ballyseedy we felt its only right to give our loyal customers something special and magical to look forward to", Managing Director, of

Ballyseedy Home & Garden Nathan Mc Donnell told Killarney Outlook.

The store is looking phenomenal, the café has turned into 'Ballyseedy Ski lodge café' overnight and for the first time ever, we have a beautiful Christmas Shop stocked to the brim of Irish produce and Gift hampers.

Our garden centre is fully stocked with quality outdoor and indoor plants, along with gift vouchers, available instore and online.

Our Christmas markets will host a range of seasonal offerings, catering for meat and veggie enthusiasts.

Choose from Bartwurst in a soft bun with caramelised onion and mustard or a Halloumi Burger with flat cap mushroom, tomato, lettuce, humus on a bla bun. To finish think chocolate waffles and cream, candyfloss, and a range of speciality beverages.

Needless to say, on behalf of myself and my family at Ballyseedy, we are really looking forward to the weeks ahead and welcoming our customers to a wonderful experience this Christmas", he said.



Patrick Wrenn, pictured at Killarney House & Gardens with his family on his graduation day from UCC , Business Information Systems L-R Anne Wrenn, Cara McDonald, Patrick Wrenn & Wayne McDonald and in front Bruno the dog, with Finn & Lachlan McDonald. PICTURE MARIE CARROLL-O'SULLIVAN



IF YOU HAVE A STORY... **Contact Aisling on: 086 0400 958**



**REVIEW
YOUR
INVESTMENTS**

DERMOTCRONIN
TRUSTED FINANCIAL ADVISOR

Call 064 6622775 NOW
to arrange an appointment
or email us on dermotcroninifa@gmail.com

- Pensions
- Life Insurance
- Income Protection & Serious Illness Cover
- Mortgages
- Investments

Old Market Lane, Killarney, Co Kerry.
Dermot Cronin Va Kerry Mortgage Centre is regulated by the Central Bank of Ireland



HENNIGAN

Auctioneers

**WANTED URGENTLY - PROPERTIES
TO SELL AND TO LET - NO SALE NO FEE - NO LET NO FEE**

SAILIN RO, PARK ROAD, KILLARNEY, CO KERRY





Just 1 Remaining!! Stunning newly constructed semi-detached house superbly located just off the Park road and short walking distance to Killarney town centre. The A2 energy rating with hi tech air to water central heating system for extremely low cost and high efficiency. **BER: A2**


GUIDE PRICE: €355,000

Full Details Selling Agent Hennigan Auctioneers
064-6634582/087-2354416

**Hennigan Auctioneers 66 New St. Killarney T: 064 6634582
M: 087 2354416 www.henniganauktioneers.com**

MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



WHY DO YOU NEED LIFE COVER?

TO PROTECT YOUR FAMILY AND LOVED ONES

If your loved ones depend on your financial support for their livelihood, then life insurance is a must, because it replaces your income when you die. This is especially important for parents of young children or adults who would find it difficult to sustain their standard of living if they no longer had access to the income provide by their partner.

TO PAY OFF DEBTS AND OTHER EXPENSES

In addition to providing income to cover everyday living expenses, your family needs insurance to cover any outstanding debts, like the mortgage, credit cards and other loans. You don't want your spouse, parents, children or other loved ones to be left with any extra financial burden in addition to the emotional burden they're already suffering.

TO BRING PEACE OF MIND & LEAVE AN INHERITANCE

We can't know when we'll pass away. It could be today, tomorrow or 50 years from now, but it will happen eventually. No amount of money could ever replace a person. But more than anything, life insurance can help provide protection for the uncertainties in life. Even if you don't have any other assets to pass to your heirs, you can create an inheritance by buying a life insurance policy and naming them as beneficiaries. Without a doubt, having life insurance coverage will bring you and your family peace of mind. There are also some optional additional benefits that may be available to you when taking out life cover such as serious illness cover. These should be discussed when considering taking out life cover.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA APA at 0646622775 or dermotcroninifa@gmail.com



Killarney Locksmiths
Your Security is our Business

**REPLACEMENT
LOCKS
AND SURVEYS**
carried out and fitted by fully qualified locksmiths.

Complete range of Locks, Safes & Security products available.

Carpentry Maintenance Service

FREE HOME SURVEY

- 25 Years of experience
- 24 hour emergency callout

Call us today **064 66 39669**
no call out charge

Tralee Road, Killarney, Co. Kerry
4.4km from Lidl on the N22 • Prop Peter Moynihan

www.killarneylocksmiths.com

All Major Credit cards accepted




NEED TO **SELL** A PROPERTY?

GIVE US A CALL

T: Des 087 6593427
E: des@outlookmags.com

Outlook
MAGAZINES

FROM KERRY TO KENYA...

local cyclists pedal for charity

A Killarney Gym Owner is being joined by a number of local sports personalities and business people for an 8,000 km cycle to raise funds for The Kenya Education Project.

Michael Lindsay who runs STUDIO 7 on St. Mary's Terrace will be joined by Kerry footballers, Tony Brosnan, Paudie Clifford and Sean O'Shea and former player Eoin Brosnan, Sean Taaffe, The Brand Geeks, Kevin Leahy (Ultra Runner and Owner of the Black Sheep Hostel) and the Mayor of Kerry, Patrick Connor-Scarteen, to name just a few, all of whom will cycle a few kilometers for the charity.

"We wanted to come up with an idea on how we could help raise money as well as finish off a tough year on a good note and my Senior Fitness Coach, Aaron Morris came up with the idea of, 'KERRY TO KENYA' charity cycle.", Michael told Killarney Outlook.

The event we are running will raise both awareness and money for the charity called 'The Kenya Education Project' founded by Killarney man Eddie Sheehy in 2003.

Eddie and his co-workers help create awareness of the difficulties faced by families in Kenya which are even more compounded this year with Covid19.

The charity provides food and education for hundreds of children on or below the poverty line in Kenya. The charity also works



Pictured at Studio 7 Fitness, Killarney to launch the Kerry to Kenya Cycle were L-R Michael Finnegan, Aaron Morris, Eddie Sheehy (Kenya Education Project) & Gym Owner Michael Lindsay. PICTURE MARIE CARROLL-O'SULLIVAN

in conjunction with St. Vincent de Paul helping deliver clothes as well as financial aid to families.

The Journey often undertaken by Eddie and his co-workers comes to just shy of 8,000km. "We hope to recreate this journey using stationary

socially distanced bikes in our gym in Killarney (Guidelines dependant) over a 7 days span where people can sign up to cycle and or donate as little or as much as they want to help us reach our fundraising target", Michael added.

Win €1000 in Christmas Carol Competition



Pictured at the Launch of the Christmas Carol School Competition in Tralee were brothers Cormac, Ewen, and Oran McGovern. PHOTO: DOMINICK WALSH © EYE FOCUS LTD

With the festive season approaching, schoolchildren in Kerry are in with a chance to win €1,000 for their school in a new online Christmas Carol School Competition

Audiology Medical Services, this week launched their nationwide

online Christmas Carol School Competition, with a prize of €1000 for the winning school, chosen by the public. The competition is open to all primary schools across the country and entering is simple. Teachers just need to email a

video or link of their class singing their favourite Christmas Carol to Audiology Medical Services, 10 entrants will then go forward to a public vote to decide the winner of the €1000 prize.

Speaking at the launch of the competition, Chief Operating Officer of Audiology Medical Service, Kay Lewis, said: "Having a hearing loss can be challenging at any time of the year, but none more so than during the Christmas season. All the wonderful sounds of Christmas are vital for making memories, upholding traditions and experiencing the full joy this season offers us. The aim of this competition is to raise awareness among young people on the importance of hearing, and how important the sounds of Christmas are to us all, especially a nice Christmas Carol" Kay went on to add: "We will give bonus points to any class that includes Lámh or sign

language in their video!"

A family owned business, Audiology Medical Services is leading the way in Ireland when it comes to the provision of expert and comprehensive child-centred and family-friendly diagnostic audiological assessment of infants, children and adolescents. With International studies proving that early detection of hearing loss will result in improved academic and social outcomes for hard of hearing children and their families, Audiology Medical Services ensures that every child that attends an appointment has the most accurate assessment possible.

Full details on how to enter the Christmas Carol competition along with terms and conditions are available on www.audiologymedicalservices.ie along with a downloadable consent form. Deadline to submit entries is midnight on December 5th 2020.

MARY ROSE'S HOME BAKING

RE-OPENING FRIDAY 4TH DECEMBER

**AT THE
KILLARNEY OUTLET CENTRE**

HOME MADE

BREAD, APPLE TARTS, CAKES ETC.

CHRISTMAS CAKES

CHRISTMAS PUDDINGS

FRUIT CAKES, MINCE PIES

JAM & MARMALADE,

CHRISTMAS HAMPERS AVAILABLE



Opening Hours:

Friday & Saturday 10.30am - 4.30pm

Sunday 11am - 4.30pm

DALY'S SUPER VALU
also stock my
Puddings, Mince Pies, Scones,
Breads and Tarts

For enquiries/orders contact Mary Rose Doherty on 087 939 0371



Official Switch on for *Memory Tree*

The official "Switch On" of the Memory Tree will take place on New Road, Killarney on Monday, December 7th at 7pm.

Everyone is invited to join the organisers online for a virtual switch on experience on www.mercyholycross.ie or our school's Facebook page also. The Memory Tree will then be lit nightly during the Christmas Season until January 6th, - The Feast of The Epiphany. All are welcome to visit the tree while maintaining a safe distance from one another in accordance with the Covid 19 safety guidelines during the Christmas period.

Mass will be offered for all those commemorated at 1pm on Wednesday, December 16th in St. Mary's Cathedral. All are welcome to join us online via the Killarney Parish Webcam on www.killarneyparish.com. Lights are available from our school website www.mercyholycross.com or via a click and collect service at Holy Cross Mercy School on New Road. Please phone 0646631241 to arrange a payment and collection time.

CHRISTMAS TIME AT THE DOG HOUSE

With Christmas approaching and the lifting of restrictions coming into effect at midnight on December 1st, now is the time to book your pooch in for a festive grooming.

The Dog House is owned and operated by Irene McCarthy who is fully trained in all aspects of dog training and behaviour. Located just three minutes from Lidl Roundabout in Knockasarnett across from The Killarney Christmas Tree Company,

Irene offers a number of services including Pet Grooming, Puppy Obedience classes, Adult Obedience Classes along with full and half day daycare. "I have always loved dogs so when I was looking for a new career as I prepared to retire from the Army, I noticed that there was no dog trainers or facilities in my local area", Irene told the Killarney Outlook.

After some research Irene applied to study to be a Professional Dog Trainer with Creedon's college in Cork, which is run by Nanci Creedon, one of Ireland's best known dog trainers and behaviourist. After a year of training with Nanci, Irene set up Kerry Dog Training.

Irene also offers the facility of The Dog house Doggie Daycare. This is a growing industry in Ireland as many people who would like to have a dog work long hours and in most houses both people are working.

At The Dog house dogs come to socialise with their dog friends under constant supervision. It's great for dogs that need a lot of exercise and owners don't always have the time. They get both mental and physical stimulation which all dogs need.

To book your dog in for Grooming contact 087-2372642.



Castleisland Community College acknowledged for promoting mental health

The school received its second Amber Flag for its promotion of positive mental health. The Ambassador Schools Programme provides a framework for schools to integrate mental health activities into the school plan. Various school events took place throughout the year to achieve this flag. The Guidance Counsellor, Juanita Lovett, co-ordinates the mental health programme in the school. Activities undertaken in the school include Wellbeing Week, Internet Safety Day, Transition Year Mentoring Programme with first years, Capanalea Outdoor Education and Training and the Daisy Room. The school promotes the positive mental health message: It's OK not to feel OK and it's absolutely OK to ask for help.



In photo from left are Konrad Kloskowski, Juanita Lovett (Guidance Counsellor) Gráinne Spillane.

**GIVE THE
GIFT OF LIVE
ENTERTAINMENT**

GLENEAGLE INEC ARENA



MENOPAUSE THE MUSICAL 2

9TH MAY '21

Tickets from €33.20 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €120



BIGGEST 90S/00S DISCO & CONCERT

15TH MAY '21

Tickets from €55.15 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €169



MARY BLACK

16TH MAY '21

Tickets from €35.00 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €120



NATHAN CARTER & FRIENDS

28TH, 29TH & 30TH MAY '21

Tickets from €30.00 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €155



ENGELBERT HUMPERDINCK

13TH JUNE '21

Tickets from €49.65 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €145



DERMOT KENNEDY

14TH, 15TH & 16TH JUNE '21

Tickets from €49.90 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €145



FRIENDS THE MUSICAL PARODY

2ND JULY '21

Tickets from €33.65 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €175



SMOKIE

7TH AUGUST '21

Tickets from €33.70 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €185



DANIEL O'DONNELL

12TH - 15TH AUGUST '21

Tickets from €49.50 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €185



CELTIC WOMAN

19TH - 21ST AUGUST '21

Tickets from €33.20 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €175



DIRTY DANCING

7TH - 11TH SEPTEMBER '21

Tickets from €39.70 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €139



ROB LAMBERT GEORGE MICHAEL TRIBUTE

24TH SEPTEMBER '21

Tickets from €34.65 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €155



MIKE DENVER RAY LYNAM & BRENDAN SHINE

25TH SEPTEMBER '21

Tickets from €34.20 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €155



THE GREATEST LOVE OF ALL

2ND OCTOBER '21

Tickets from €35.65 | INEC Arena

GLENEAGLE

1 NIGHT TW/DBL B&B FROM €150

**NO NEED FOR TAXIS, COATS OR UMBRELLAS
STAYOVER SPECIALS AVAILABLE FROM €120**

STAY OVER SPECIALS AVAILABLE!

WWW.INEC.IE

Ticketmaster 0818 903000 | www.ticketmaster.ie

All ticket prices exclude booking fee plus €1 facility fee | Telephone and Internet bookings subject to service charge

**BOX OFFICE
064 6671555**

12 tips for keeping your poinsettias red and your trees green this Christmas!

#LoveARealTree #LoveOfLocal

There are few colours more associated with Christmas than vibrant red and rich green. Locally grown Poinsettia plants and Fir trees offer a sustainable and natural way to introduce the colours and scents of the festive season to your home.

Bord Bia is encouraging people to buy a real Christmas tree and to look for Poinsettias with the Bord Bia Quality Mark this Christmas, in order to support the more than 200 Christmas Tree and five poinsettia growers in Ireland.

Did you know it takes ten years to grow a Christmas Tree?

This year, over 500,000 Christmas Trees will be grown in Ireland, resulting in a market valued of €21 million*. It takes a decade for each tree to reach full maturity, highlighting the care and attention taken by growers to supply this festive favourite!

Almost half a million Poinsettia plants have been grown by four of Bord Bia's Quality Assured Irish Nurseries, and are available to buy this year in supermarkets and garden centres around the country, providing value of €2.1 million to the domestic horticulture industry.

With many of us buying Christmas trees and preparing for the festive season earlier this year, check out these simple tips to guarantee impressive displays of colour and fragrance throughout the month of December:

Six steps to make your Christmas Tree a cracker!

1. Prepare your tree: Cut an inch or two off the stem, remove net and shake any loose needles off the tree.
2. Keep hydrated: Stand the tree in a bucket with a water bowl or special Christmas tree stand. Add a pint of water a day to the bowl to keep it hydrated.



3. Keep cool: Keep away from open fires, heaters and radiators for longevity and to reduce fire risk.
4. Keep safe: Always unplug lights and decorations when going to bed or leaving the house.
5. Recycle or replant: Check your local council website for Christmas tree recycling services, or replant in your own garden if potted.
6. Choose local: To support a local grower this Christmas, visit www.christmastreesireland.com to locate your nearest Christmas tree grower.

Six tips for thriving Poinsettias this Christmas

Poinsettias are a seasonal favourite in homes at this time of year. The vibrant plants can be used as a striking centrepiece for your kitchen table or living room, and also make for a wonderful gifting option.

1. Control temperature: Place in an area of constant room temperature of 16 - 22°C. Keep the plant away from radiators, cold windows & draughts.
2. Hydrate: Like most house plants, too much water is just as bad as too little. A poinsettia will need enough water to keep the potting soil damp but not sodden.
3. Light: Place the plant so it is exposed to indirect sunlight during the day.
4. Don't Move: Avoid moving the plant from different rooms and temperatures too often.
5. Choose Local: The shorter travel time from plant nursery to your home will benefit this fragile plant, so look for the Bord Bia Quality Mark to guarantee its provenance.
6. Aftercare: The plant can be kept after Christmas and its Bract (red leaves) will return the following year with regular care.

For more information about Poinsettias and Christmas Trees visit <http://www.bordbia.ie/christmas>



MASCOT®
WORKWEAR

KERRY'S ONLY
MASCOT DISTRIBUTER

Call: 066-9762130
Email: info@thebrandgeeks.com


THE BRAND GEEKS



NEWLY OPENED

KERRY WILD GAME

KERRY WILD GAME SOURCE PRIME VENISON IN NATURAL HABITAT ALL OVER MUNSTER, WHICH HAS BEEN REARED AND MATURED IN IT'S NATURAL ENVIRONMENT.

SELECTED CUTS OF VENISON AVAILABLE SUCH AS
Haunch, Rack, Shoulder, Cutlets, Steaks, Diced and Mince.

SUPPLY OF FULL AND HALF CARCASS AVAILABLE.

 Christmas orders now being taken at
0876440330 or kerrywildgame123@gmail.com

Aherns

END OF YEAR SALE, FROM DEC 1ST TO 5TH.

SAVE THOUSANDS. FREE ROAD TAX.

Tralee Road, Castleisland, Co Kerry | T: 066 7143000 | www.aherns.ie



191 SEAT ARONA
SE 1.6D 115. Red Metallic with Black Roof. Only 27KM – 2yr warranty



191 SEAT IBIZA SE+
1.0 Black Metallic. Only 13KM



192 MAZDA 3 PLATINUM
SkyActiv X. Machine Grey Metallic, Leather. Only 5KM



191 SEAT ALHAMBRA SE
2.0TDI 150bhp, 7 Seater, Leather, 20KM



192 MAZDA 3 PLATINUM SPORT
SkyActiv X. Machine Grey Metallic, Leather. Only 5KM



201 MAZDA 3
Platinum 1.8, Diesel, Leather



201 MAZDA CX-30
GS-L 1.8D, 10KM



182 MAZDA CX-5
2.2D Exec SE. Silver Metallic



201 OPEL CROSSLAND X SE
1.2 Petrol, Black Metallic, No Mileage



181 OPEL CORSA SC
1.4 Automatic. Silver Metallic



162 OPEL ASTRA TOURER ELITE 1.6D
Automatic, Leather



181 OPEL INSIGNIA
SC, 1.6CDTi



161 VW GOLF COMFORTLINE
1.6 TDi, Silver Metallic, Only 74KM



181 OPEL ASTRA
SC 1.6, CDTi



192 OPEL VIVARO
Sportive, 2.0 CDTi, LWB. Only 4KM



181 OPEL MOKKA
SC 1.6CDTi, Only 16KM



161 SKODA FABIA AMBITION
1.2TSI, 70KM



191 TOYOTA YARIS
Luna, HYBRID, Only 14KM



191 PEUGEOT 2008 ALLURE
1.2 Petrol, Panoramic Roof



191 CITROEN C3 AIRCROSS.
1.2 Petrol, Only 20KM

UP TO 100 CARS IN STOCK. LOW RATE FINANCE AVAILABLE.



FOLLOW US ON FACEBOOK.

Aherns

END OF YEAR SALE, FROM DEC 1ST TO 5TH. SAVE THOUSANDS. FREE ROAD TAX.



Tralee Road, Castleisland, Co Kerry | T: 066 7143000 | www.ahernsbmw.ie



2018 218d SE Coupe, Jet Black, Oyster Leather, Sat Nav, Bluetooth Phone Prep, 66,500km **€25,950**



2020 116 Sport, Glacier Silver, Black Half Leather, Sport Seats, LED Head Lights, Sunprotection Glass 3,500km **€32,950**



2020 218i M Sport Gran Coupe New Model, 5dr, Storm Bay, Oyster Leather, Sun Protection Glass, 4Kms, **€38,950**



2019 318d Sport Auto, Mineral Grey, Oyster Leather, Park Assist, Heated Seats, 23,500km **€35,950**



2019 420d SE Gran Coupe, Glacier Silver, Oyster Leather, Auto, Sun Protection Glass, Upgraded Alloys, 24Kms **€36,950**



2016 520d SE, Imperial Blue, Oyster Leather, Auto, Wood Trim, Ambient Lighting, 117Kms **€22,950**



2018 530d M-Sport, Plus Pack, Black Sapphire, 20" Alloys, Sun-Protection Glass, 67,500km **€43,950**



2017 520d SE, Sophisto Grey, Beige Leather, Auto, Wood Trim, High Beam Assist, 59Kms **€31,950**



2020 520d SE, Black Sapphire, Ivory White Leather, Heated Seats LED Headlights Upgraded Alloys 3,500km **€46,950**



2017 520d M Sport, Bluestone, Ivory White Leather, 19" Alloys, Auto, Wood Trim, 51Kms **€33,950**



2017 520d GT Carbon Black, Oyster Leather, Pan Sunroof, 20" Alloys, Surround View Cameras, Driving Assistant **€35,950**



2020 X1 xDrive 18d SE, Glacier Silver, Black Leather, Auto, 4 wheel drive, Sun Protection Glass, 3Kms **€41,950**



2017 X1 SE 18d M Alpine White, Black Cloth, Sunprotection Glass, Automatic, Sat Nav, Bluetooth Phone Prep 56,500km **€25,950**



2017 318d M-Sport, Glacier Silver, Black Leather, Automatic, 19" Alloys, Heated Seats, LED Headlights, 87,000km **€26,950**



2017 X3 xDrive 20d M Sport, Black Sapphire, Oyster Leather, Auto, 20" Alloys, Reverse Camera, 32Kms, **€36,950**

Ireland's Number 1 BMW Retailer in Customer Service



BOWLERS GARAGE



TOYOTA
BUILT FOR A BETTER WORLD

FREE SERVICE COMPETITION



WORTH €500!

BOOK YOUR SERVICE OR PRE NCT PREPARATION WITH BOWLERS GARAGE FROM NOW UNTIL 18TH DECEMBER

and you will be entered into a Free Competition for **A €500 DUNNES STORES GIFT CARD.**
Winner announced on Friday 18th December. T & C's apply.

Call now on **0646631032** to make your booking.

The **motor** shop



AdBlue
10ltrs

Only €12

CALL US TODAY!

The Enterprise Centre,
St. Mary's Terrace, Killarney,
Co. Kerry, Ireland
T: 064 6633277
M: 087 2684625



GLENVIEW MOTORS

MACROOM COMMERCIAL VEHICLE TESTING CENTRE
SERVICING AND REPAIRS



Get your vehicles roadworthy for Christmas

Check your tyres and lights for the Festive Season

BOOK YOUR CVRT TEST AND PRETEST NOW

WE WISH ALL OUR STAFF AND CUSTOMERS A HEALTHY HAPPY CHRISTMAS



Clondrohid, Macroom, Co. Cork | Tel : 026 41267 | Email : info@glenview.ie | www.glenview.ie

RESERVE YOUR ENYAQ TODAY WITH LIAM LYNCH ŠKODA



ŠKODA
SIMPLY CLEVER



Hurry! There is a limited supply of our first ever all-electric SUV which is due to go on sale next summer. Pre register from **Friday 27th of November** & reserve your ENYAQ for €1000.

Liam Lynch ŠKODA, Farranfore, Killarney, Co. Kerry.
Tel: 066 979 3066 • www.liamlynchskoda.ie

62 - 82 kWh batteries with range up to 380km - 500km available to preorder from 1st December 2020. Range figures are obtained from WLTP laboratory testing & intended for comparisons between vehicles. They may not reflect real driving results. For more information visit skoda.ie.

MARK COYNE TYRE SHOP

"HONEST ADVICE" "HONEST PRICE"

☎ 087 2726287 / 064 6671987

BALLYCASHEEN - KILLARNEY - V93K2W7

Christmas has come early
at Mark Coyne's NEW Tyre Shop



RECEIVE A **€40 VOUCHER**
TO SPEND IN TIM JONES BUTCHERS SHOPS
Park Road and Innisfallen Shopping Mall



All you have to do is
buy 4 new tyres!



PREMIUM - MID RANGE AND BUDGET TYRES - PRICES TO SUIT EVERY POCKET



Choose brighter.

- Choose 0% PCP Finance and monthly payments from €309
- OR
- Choose an Online Scrappage Voucher worth €4,000
- And then choose a 3 Year Service Plan for just €9.99pm

The new **SEAT Tarraco**
With 0% PCP Finance

Aherns SEAT, Castleisland | 066 7143000 | www.ahernsseat.ie

seat.ie

Tarraco Range Fuel Consumption (l/100km) - city/combined/95 - 5.9/5.9/5.9 and 6.9/6.9/6.9. CO2 emissions (g/km) - city/combined/95 - 154/154/154. Actual road weight of vehicle, such as the addition of optional equipment, may have an effect on the fuel consumption and CO2 emissions produced. Typical Finance Example: Tarraco 1.5TDI 110kW (150HP) €36,885.00. Delivery / Part Exchange €7,300. 36 monthly payments of €309. Customer Final Payment €7,445. Total cost of credit €0. Including acceptance fee of €75 and completion fee of €75. APR 0%. No hidden deposit required. Subject to credit checks. This offer is made under a hire purchase agreement. SEAT Finance is a trading style of Aherns SEAT Finance Ltd, authorised by the Federal Reserve, Supervisory Authority in Germany and regulated by the Central Bank of Ireland for conduct of business rules. Online Scrappage Voucher must be presented to the SEAT dealer up front. Discount voucher is not available with 0% or 1.9% PCP Finance. Offers are only available on all orders taken between 01/07/2020 and 31/10/2020. Car must be registered between 01/07/2020 and 31/10/2020. Terms and conditions apply.

WHATEVER YOUR BUSINESS NEEDS, AT AHERNS, WE HAVE YOUR VAN.

NOW WITH **0% APR*** + **5 YEAR WARRANTY**



TEST DRIVE THE 211-OPEL VAN RANGE NOW AT:

AHERNS GARAGE, CASTLEISLAND. TEL: 066-7143000. WEB: WWW.OPEL.AHERNS.IE.



Finance Example: Opel Combo Cargo 1.5 75bhp. Retail Price €17,490. Customer deposit / Trade In €6,210. Finance Amount: €11,280. 48 monthly payments of €235. Total Cost of Credit €0. Fixed APR 0%* (Annual Percentage Rate) as at 01/06/2020. *Includes delivery & related charges. Model is shown for illustrative purposes only. *Lending criteria and conditions apply (Over 18s only). To qualify for this Finance Offer a minimum deposit of 30% is required. Rate quoted is correct as at 01/06/2020 and is subject to change. Offer available on all new Opel Combo Cargo models registered from 01/07/2020 until 31/10/2021. This is a Business Hire Purchase agreement provided by Bank of Ireland via Bank of Ireland Finance. Ownership remains with Bank of Ireland until the final payment is made.

Warning: You may have to pay charges if you repay early, in full or in part, a fixed rate credit facility.

m m g
mike o' mahoney's
garage   

Gullane, Gneeveguilla
T: 087 2950025

Agent for:

SNAPPER **ECHO** **Mountfield** **Tanaka** **MORRISON**

BE WINTER READY

Book your CAR - SUV - VAN in for a SERVICE
Tyres - Brakes - Lights - Screen Wash - Oil Levels etc

Any vehicle serviced in the month of December will be in with a chance of winning a €300 ONE FOR ALL VOUCHER



**AUTHORISED PRETEST CENTRE
FOR CVRT AND NCT TEST**



Gift Vouchers
*a really valuable Christmas Gift
now available.*



Garden Machinery Sales and Service – New and Second Hand Push and Ride on Mowers – Brushcutters – Strimmers – Hedgers – Chainsaws

Opening Hours: Tuesday - Friday 9am to 1pm, 2pm to 6pm. Saturday 9am to 3pm | Closed Sunday and Monday

FULL-TIME COURSES NOW ENROLLING

AUTUMN 2020 SPRING 2021

Employment | Progression | Apprenticeship



Monavalley Campus Tralee

HOW TO APPLY

1. Check the entry requirements for your chosen course.
2. Apply online: www.kerrycollege.ie
3. We'll be in touch with you regarding an interview or place offer.

Apply early as places on many courses are limited.

CALL OUR ADMISSIONS TEAM
066 714 9696
info@kerrycollege.ie

Keep up to date with Kerry College through our social media channels



BORD OIDEACHAIS
AGUS OILIÚNA CHIARRAÍ
KERRY EDUCATION
AND TRAINING BOARD



• Skills to Compete Course

Skills to Compete is an initiative to support those who have lost their jobs as a result of COVID-19, to re-enter the workforce.

CODE	COURSE TITLE	START DATE	DURATION/ WEEK
300813	Skills to Compete Food Preparation & Cooking, Dingle An excellent introduction to the Culinary Arts.	23 November	21
300914	Skills to Compete Reception & Clerical Skills, Killarney Start your journey in Office Administration and Customer Service.	23 November	20
300815	Skills to Compete Heavy Goods Vehicle Driver-C Licence (Rigid), Tralee Achieve C-Licence & CPC Pre-Requisite: C-Licence Learner Permit.	23 November	9
300809	Skills to Compete Bus Driver - D Licence, Killarney Gain D-Licence & CPC Pre-Requisite: D-Licence Learner Permit.	23 November	13
290270	Skills to Compete Heavy Goods Vehicle Driver - Artic, Tralee Gain your CE-Licence and qualify as a HGV (Artic) driver.	30 November	11
300854	Skills to Compete Regional Tour Guiding, Killarney Become a qualified tour guide for County Kerry.	30 November	17
304241	Pharmacy Sales Assistant For those who intend seeking work in a retail pharmacy environment.	30 November	39

2021

APPLICATIONS NOW OPEN FOR THESE 2021 COURSES

300820	NEW COURSE Diploma in Digital Marketing & Sales, Tralee An all-new sales focused Digital Marketing training programme.	11 January	50
300811	Skills to Compete Food European Computer Driving Licence V6 (ECDL), Killarney Master your PC skills Internationally recognised qualification.	25 January	13
269805	Skills to Compete Food Preparation & Cooking, Kenmare An excellent introduction to the Culinary Arts.	8 February	21
301238	Traditional Stone Wall & General Construction, Tralee Learn the art and craft of traditional stonewall.	22 February	34
301684	Skills to Compete Intermediate Welding, Tralee Get EN9606-1 VOB1, EN9609-1 SSP and EN9609-1 AL01 certified.	29 March	18
300821	NEW COURSE Marine Engineering, Fenit Learn about marine craft construction, systems, engineering and maintenance. • Unique to Kerry College	19 April	28
300916	NEW DATE Broadcast Production Skills Training Programme, Tralee Nationally renowned training programme for crew skills • Unique to Kerry College	26 April	53
300819	NEW DATE Digital Media Production Traineeship, Tralee Visual Communications Video Photography • Unique to Kerry College	21 June	53
303566	CAD - Computer Aided Draughting and Design, Tralee This course is for those who wish to pursue careers as CAD Technicians.	30 August	47

• MORE 2021 COURSE START DATES TO BE ADDED SOON

Courses are offered subject to demand. Limited places available on certain courses.

CHRISTMAS SHOP

NOW OPEN AT

KILLARNEY PRINTING LTD

Come and see our wonderful range of items, including lots of stocking filler ideas.

Sheep Dog Range

Deer Range

Large Selection of Books

Christmas Baubles

Christmas Canvas

Childrens Cardigans

Call Sandra on T: 064 6631891 (Ext. 3) E: sandra@killarneyprinting.ie
IDA Industrial Estate, Tiernaboul, Killarney, Co. Kerry.

PADDY O'KEEFFE

GATTABAWN, GNEEVEGUILLA ESTD. 1893

SUPERMARKET · DIY · BUILDERS PROVIDERS · AGRI · TOYS

HUGE RANGE OF POWER TOOLS AVAILABLE

PAINT DEPARTMENT: VARIETY OF TOP BRANDS

DULUX PAINT TINTING MACHINE - FOR YOUR PERFECT COLOUR

AVAILABLE - HUGE RANGE OF HARDWARE INCLUDING / DIY / BUILDING TIMBER AND MATERIALS : POWER TOOLS ETC

Fencing Stakes, Wire & Accesories

Corri Piping and Fittings

FINE SELECTION OF FOOTWEAR, WORK WEAR AND PROTECTIVE CLOTHING AT VERY REASONABLE PRICES

BACK TO NORMAL OPENING HOURS : Monday to Friday: 9am to 8.30pm | Saturday - now 9am to 5.30pm

Gattabawn, Gneeveguilla, Co. Kerry | Tel: 064 66 43195



**SOCIETY OF SAINT VINCENT DE PAUL
KILLARNEY**

ANNUAL *Christmas Appeal*

SVP ARE UNABLE TO HOLD THEIR ANNUAL CHURCH GATE COLLECTION THIS CHRISTMAS DUE TO COVID 19 RESTRICTIONS.

WE WOULD GREATLY APPRECIATE IF YOU WOULD DONATE TO SVP CHRISTMAS APPEAL BY KINDLY RETURNING THE SVP (BLUE) ENVELOPE WHICH WILL BE DELIVERED TO YOUR ADDRESS OVER THE COMING WEEKS.



**Donation envelopes to be returned to
SVP, Ozanam House, Green Lawn (off New Street), Killarney.
We thank you most sincerely for your continuous support.**

*Wishing you a Safe,
Peaceful and Joyous Christmas.*

OFFICE CONTACT NUMBER: (064)6634012



Sleigh Bells Ring

Are you listening?

HAVING A HEARING LOSS CAN BE CHALLENGING AT ANY TIME OF THE YEAR, BUT NONE MORE SO THAN DURING THE CHRISTMAS SEASON.

In order to make sure you can hear those sleigh bells ring and all the wonderful sounds this festive season, we have some early Christmas gifts for you:



€75 SPECIAL OFFER
On Microsuction Ear Wax Removal for Adults on Both Ears (Normal Price €100)



FREE Adult Hearing Screening Test



€1000 OFF Select High-End Hearing Aid Technology

Be safe in the knowledge...

- PPE worn by Audiologist
- Extra time allocated between appointments
- Sanitisation of room and equipment
- Complimentary face masks provided
- Temperature Checks
- Pre-Booked Appointments Only

THE FIRST CERTIFIED LYRIC & ENDOSCOPIC MICROSUCTION PROFESSIONALS IN IRELAND



Audiology Medical Services
Giving you back the gift of hearing

FREEPHONE
1800 501 501
CLINICS NATIONWIDE | www.audiologymedicalservices.ie

Bon Secours Hospital, Tralee
The Scotia Clinic, Tralee

FREE ADULT HEARING SCREENING TEST - BOOK TODAY




AMS Clinics are Consultant Approved by an Independent UK Audiology Assessment Board.

DR MARTIN FLYNN

HAS COMMENCED PRACTICE AT

SUNHILL MEDICAL PRACTICE KILLORGLIN




OPEN AND ACCEPTING NEW PATIENTS



Sunhill Medical Practice

066-9762586

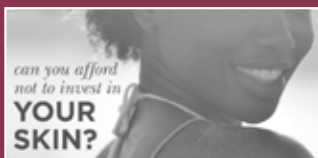
info@sunhillmedical.com

www.sunhillmedicalpractice.com

Noreen at What Women Wants gives you some **beauty tips** while you are staying at home during Covid-19



Why, Invest in your skin NOW



1. TO PREVENT LONG-TERM DAMAGE

By 25 years of age our skins collagen and elastin production has slowed down. As collagen levels decrease you will notice fine lines appear and skin loses its plump smooth appearance. Investing in good skincare early means you delay signs of aging, prevent long term damage and require less maintenance in the long run.

2. SAVES YOU MONEY OVER TIME

Spending money on skincare products feels daunting at first until you see the results. Supermarket brands may appear cheaper at first but contain only small amounts of active ingredients and can be

full of fillers and alcohol. This may cost more to rectify your skin after use. The right serum or moisturiser can change your skin very quickly allowing it to look better with less makeup. That means spending less on concealers and foundations to hide flaws on your skin.

3. YOU WEAR YOUR FACE EVERYDAY

Great skin lasts a lot longer than an amazing outfit, so it is worth the investment. When you look good your confidence soars and you feel great. Embrace a simple routine with effective active skincare to keep skin healthy and glowing. Your Face is your Face for the rest of your life so protect it!

Noreen Mangan

Tel: 0646630712 | www.whatwomenwant.ie

Fitness Expert
Edele Daly guides you

TIPS TO HELP
YOU STAY MOTIVATED



B WELL
FITNESS CLUB



ARE YOU IN YOUR COMFORT ZONE?

Growing up I had a gran- aunt that we were very close to and we would visit her most weekends but as she got older, she came to live with us as dementia started to set in to this wonderful woman. But anyway, while we were young if we showered or had a bath, she would always ask us after if we had dried our feet and toes and this habit became a ritual with me even now as I never forget to dry my feet properly. Another bit of advice she would give is, never wear your socks to bed as your feet need time to rest and recover properly. A lot of people might be asking, where is this story going so let me tell you. When it comes to over mental health the small things matter and these small things, we hold onto can fester and implode on us. I mentioned earlier about us drying our feet properly, which is a small thing to do, imagine if we didn't dry our feet, it can lead to maybe athletes' foot (itchy feet) down the line or we would always have discomfort in that part of the body and we just cover up our feet with socks and throw on our shoes and get on with our day. Let's make the comparison to our mental health now, as we cover up our feet or not drying them properly, are you also covering up or holding onto our thoughts, overthinking, and letting these ideas, and thoughts we have built up and fester inside us.

Are you covering or masking over these ideas you build up in your head? The best advice I would give is to talk to someone you trust and tell them what is going on. A problem shared is a problem halved. Remember you are not the problem; the problem is the problem.

We at B Well Fitness Club are offering help and support in these difficult times so please tune into us on **FACEBOOK, INSTAGRAM & our NEW You Tube channel**. Also feel free to reach out to us on the phone 087-7643449 by text or email info@bwellfitnessclub.com

Old Market Lane,
Killarney,
Co. Kerry
V93 R86T
T: (064) 663 0712



BLACK FRIDAY SALE

15% OFF

ALL PRODUCTS

USE CODE
BLACKFRIDAY15
TO GET DISCOUNT
ONLINE
T&C'S APPLY



SHOP ONLINE
www.whatwomenwant.ie

IMAGE
SKINCARE

dermalogica

ENVIRON
stockist



Astrid Longhurst

Life, Inspiration & Body Confidence Coach/Author
www.astridlonghurst.com
www.instituteforbodyconfidencecoaching.com

Five Powerful Positive Practices

Do you practice positivity? I never used to think that positivity was a practice, however as a Life and Body Confidence Coach & Author, I know first-hand how life enhancing it can be when you actively practice being in a positive mindset. Here are five of my best tips to help you form your own positive power practice.

1. Get ahead of your day. There is much to be said for living in the moment. However, there is also great benefit in visualising how you desire your moments to be. Every day, when you awaken, spend a few moments seeing your day flowing with ease, joy and fulfilment.

2. Practice talking about the things you want and love rather than what you don't want and don't love.

3. Practice looking for what is good in the day. Notice all the things that work. Find the gift in the difficult challenges and allow yourself to be led by possibility rather than problems.

4. Increase your "Thankyou's" Practice saying more thankyou's in your day. Thank your children for cleaning up their room, thank your postman for all she/he does, thank the person at the bank, the check out, the shop or the garage. Say thank you to your loved ones for being who they are. Thank your pets and mostly, thank yourself for never giving up and for being so amazing!

5. Practice Peace! Practice stepping back from engaging in disruptive, gossipy or negative conversations. Instead go within, breathe deeply and send out kind thoughts to the person who is trying to draw you into participating with something that will only lower your spirits and energy.

The words "listen to your heart", and "Follow your heart," become even more meaningful in light of the research done by Heartmath.



CHRISTMAS SHOP NOW OPEN AT

life pharmacy
Reens



Check out our fantastic offers in store!

Open hours:

Monday - Saturday: 9am - 6pm
Sunday Dec 13th from 12 - 6pm
Sunday Dec 20th 12 - 6pm

Address: College Square Killarney Co. Kerry. Tel: (064) 663 2630

Galvin Physiotherapy Clinic

21 Clover Lane | College St. | Killarney | Co. Kerry
Tel. 064 66 23100 | Fax. 064 66 23111

Email. info@galvinphysiotherapy.ie | Web. www.galvinphysiotherapy.ie

- Manual Therapy
- Dry-needling
- Sports Injuries
- Orthotics
- Biomechanical Assessment



PAUL REEN *MISCP*

MSC. PHYSIOTHERAPY

Chartered Physiotherapist

Approved by all major Health Insurance providers.



JIMMY GALVIN *MISCP*

MSC. PHYSIOTHERAPY

PGdip. EXERCISE AND SPORTS MEDICINE

Chartered Physiotherapist

Approved by all major Health Insurance providers.



getgolfing.ie

PLAY BETTER GOLF IN 2021



WITH MARK HEINEMANN PGA PROFESSIONAL
KILLARNEY GOLF ACADEMY AND SWING STUDIO KILLARNEY



ACHIEVE YOUR GOLFING GOALS
REDUCE YOUR HANDICAP
FIX THAT SLICE FOR GOOD
HIT IT FURTHER THAN EVER BEFORE



GIFT VOUCHERS AVAILABLE NOW
THE PERFECT CHRISTMAS GIFT



FOR MORE INFORMATION
CALL MARK ON: 087 220 9663 OR CHECK OUT WWW.GETGOLFING.IE



DR. CROKES GAA CLUB

PRESENTATION MONASTERY

We urge all members and supporters to support the present fundraising drive by the Presentation Monastery. Many of our members and supporters received their early education in this establishment and there has been a long and historical link between the Dr. Crokes club and the MON.

CALLING ALL DR CROKE U6, U8 AND U10 MEMBERS.

You are asked to submit a drawing/painting of a winter scene. These will be used to create a card to be sent with a letter from the club to more senior members, who may be living alone or isolating. You may also include a brief message. Please submit your drawing by email to secretary.drcrokes.kerry@gaa.ie or drop it into Vincent Casey, 8 New Market Lane, Killarney, V93 WC59. Last date for receipt of submissions is 1 December. This is a Dr Crokes' Healthy Club initiative.

LOTTO

draw took place on Monday November 23rd numbers drawn were 8, 11, 12, 14. 1

JACKPOT €6,500 not won 8 Patrons matched 3 numbers and receive €50. Jackpot for draw on November 30th will be €6,500. We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis's Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below And follow instructions attached https://play.clubforce.com/play_newa.asp#Anchor When you click on the link it brings you to the Clubforce Main page. From here click Club name Dr. Crokes Gaa. This brings you to another page that you again put in Dr. Crokes, which in turn brings you to the Dr.Crokes home page. From here click lotto and the rest follows on. Alternatively download the Clubf

KEEL GAA CLUB NEWS

NATIONAL INCLUSION DAY

We were delighted to receive our Certificate of Inclusion for taking part in the GAA National Inclusion Fitness Day on September 23rd. We would like to thank the volunteers who created and ensured the success of the inclusion day. On the day, the local and wider community used the walking track at Keel GAA to walk as many laps as possible. The aim was to walk the distance from Keel GAA to Croke Park (315km) but with the help of the community we surpassed that expectation and walked a total of 469kms. Thank you to everyone.

WALKING TRACK

The lights will be on between 6:30-8:30 on Tuesday and Thursday to allow the community to use the walking track. We hope that this will allow people to get out and get active within their 5km radius. Please adhere to social distancing and government guidelines. Maintenance is currently being carried out on the pitch so please keep off the grass.

FUNDRAISER

The bell at St Joseph's church Inch was gifted to the community by Captain Couch from his ill-fated ship, The Manchester Merchant. It is presently being restored. A raffle will take place on December 11th to help with costs. Tickets can be purchased locally at Bensons Shop. Thank you for your continued support.

EAST KERRY GAA NEWS

By Michael O'Mahony

CONGRATULATIONS

to Kerry senior Hurlers & Management on reaching the final Joe Mc Donagh Cup Full Time

Kerry 2-22 Carlow 1-23

Kerry will now face Antrim in the Joe Mc Donagh Cup Final which is being played as a Curtain raiser to the All Ireland Senior Hurling Final on December 13th

CONDOLENCE

Sympathy To the families & friends of late Rita Higgins Tralee & currow & Mary B O'Sullivan Currans. May they rest in peace.

KILLARNEY LEGION AGM

will take place on Friday December 11th at 8pm. It is likely to be a virtual AGM via Zoom. More details closer to date as restrictions around that time become clearer

GLENFLESK GEAR

We are delighted to announce that our Glenflesk GAA gear is now available on the O'Neills website. You can click on the 'Shop Now' button at the top of the Glenflesk Facebook page.

We still have limited items available. You can contact Emma for more information on 085 754 7586.

LISTRY

have brand new Merchandise added to our Online Store. Christmas is now even easier as offer a full selection of must have Listry On Pitch and Leisureware Shop Online Safely here <http://www.listrygaa.ie/index.php/new-merch-in-our-online-store/>.

Following a County CCC meeting, The East Kerry Board will recommence the Dr. O Donoghue Cup and Fr Galvin Intermediate Championship in early January 2021. The county competitions will be completed beginning in February and the district championships will try to be completed before this. This will be reliant on the restrictions at the time

LEGION GAA

AGM

The club AGM will take place on the 11th of December at 8pm. Further details will follow closer the date.

CLUB MERCHANDISE

"Christmas Orders" - Plenty of stock Available - 1/2 zips, jackets, hoodies, bags, hats and kits for juveniles. Place your orders direct with Maura on (087) 763 4372.

LEGION LOTTO

Support your club. Jackpot €6,300 plus €10,000 bonus! Play online or Tickets are available from Ulster Bank, Healy's Newsagents, The Reeks, Sheehans & Hegarty's, Muckcross Rd.

Drop Off tickets Sunday before 5pm to The Reeks, Sheehans or Hegarty's Muckcross Road. Thank you for your support.

SPA GAA

SPA MERCHANDISE SHOP

Spa Merchandise Shop has a full range of gear for adults and juveniles. For more information contact Mathilda on 0876487356.

GAA CERTIFICATE OF INCLUSION FOR SPA

Spa GAA were awarded a Certificate of Inclusion for partaking in Fitness Day on September 23rd. Thank you to all who made it possible especially our ABC Academy on Saturday mornings and Paudie, Triona, and Ian for showcasing the club so positively. Thanks also to cameraman Conor and Coiste na nOg Chairman Seamus. Our club continues to work together in as far as is possible with projects that bring positivity to others. Get those Santa letters ready as December 25th approaches!

CHRISTMAS POST BOX FOR YOUR SANTA LETTERS

We had a very special delivery at the clubhouse over the weekend as Santa's little helpers delivered a Christmas post box. It is located near the road entrance under the sponsorship sign and we also have Santa letters available. Everyone can post their Santa letters here for express delivery straight to the North Pole.

The juvenile coaches can send you one of our personalised Santa Letters or they will be available to collect from the clubhouse entrance - or you can also create your own for Mr Claus. When posting your letter why not take a photo and send to your coach or to 0857780883 / 0851216359 or send them to us through Facebook and we will add them to our 2020 Christmas photo album! Our thanks to Mike Brosnan, Erin Holland, Pa Murphy, Paul Casey and Conor Gleeson for helping with the delivery and the decorating. The post box will be open for the next 3 weeks before Santa and his helpers will be calling to collect them all in time for Christmas.

SPA GAA ON YOUTUBE

We are still adding Spa football games and videos of club events online for people to watch over the coming weeks and months. Please visit our YouTube channel, under the name Spa GAA Club Killarney. We will be adding more videos over the coming weeks so stay tuned. And if anyone has any videos, DVDs or photos that we can copy please send them on to 0851216359 or pro.spa.kerry@gaa.ie

SPA LOTTO RESULTS 23/11/20

Numbers drawn 8, 14, 27, 28. No winner and Lucky Dips receive €50 each to Paudie O'Mahoney, Mag Brosnan, Sinead Herlihy and Danny O'Sullivan. Our Spa weekly Lotto draw continues each week and the JACKPOT this Monday is €6,000! Tickets are on sale online on spagaa.com or can also be purchased at Dalys Supervalu, Killarney Hardware, Centra Muckcross Rd, Spa clubhouse or from usual sellers. Thank you all for your continued support as this is our only income for the club at the moment.



KERRY COUNTY COUNCIL COMMUNITY SUPPORT FUND

Our thanks to the Kerry County Council Community Support Fund for their grant to Spa GAA towards the further development of our walking track. The temporary track in Spa was first mapped out in 2019 when the GAA joined up with Operation Transformation to promote the 'Ireland Lights Up' winter walks, and we are delighted to have this grant to help us develop a clear and safe walking path on our grounds in the near future. This support fund helps community groups and projects throughout Kerry, and we are very grateful to be included in this year's allocation

KERRY COMMUNITY RESPONSE FORUM

If anyone needs any assistance or would like any advice on Covid restrictions, or if you need any shopping or supplies, or the help from the Kerry Community Response Forum, please call the Community Response FREEPHONE Helpline 1800 807 009. Or you can text SUPPORT followed by your name to 50555 or email covidsupport@kerrycoco.ie. This service is available 9am-5pm seven days a week. Please share with anyone you know in the community who might not have access to social media or who might need support.

ITEMS FOR NOTES

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

MILLTOWN CASTLEMAINE GAA

GRADUATIONS

Comhghairdeas to all in our community who have graduated from college in recent weeks. Your hard work and commitment, in what was a very difficult time for you all, has truly paid off. We wish you all the best in the future.

Lotto Jackpot Fundraising Draw: Lotto Jackpot is €12,600: Here are the six lucky prize winners in our most recent draw held on Friday evening last. Numbers drawn were 7, 12, and 32 with the bonus number being 22.

€50 each to Helen McClure, Milltown and Liam Doherty, Callinafercy.

€25 each to Stephen Roche, Callinafercy, John Hegarty, Ballygamboon, Norma Walsh, Milltown and Catherine Giles, Castlemaine.

Congratulations to you all and sincere thanks for supporting our fundraising lotto.

The next draw, which will be streamed live, will take place in two weeks' time. With all the added expense associated with Christmas time, this would be a wonderful time to win some money. Tickets available at local outlets.

CHRISTMAS GIFT IDEAS

Milltown-Castlemaine Online Shop Now Open: With Christmas just around the corner, why not avail of our GAA online shop to pick up some of your Christmas gifts. This is the link to order



Wayne McDonald, centre, receives a cheque for €1,000 from Vincent Casey (Dr Crokes officer) after winning first prize in the Dr Crokes GAA Club US Masters Golf Challenge prediction competition. Back from left are Stephen O'Donoghue (Best Card with one player missing cut), John Lenihan (third) and John Keogh (second prize). The six golfers that Wayne picked were Dustin Johnson (champion), Cameron Smith, Patrick Cantlay, Justin Thomas, Rory McIlroy and Patrick Reed,

your merchandise <https://milltowncastlestore.sumup.link/>. Once your order has been processed, we will contact you to arrange delivery to Milltown or Castlemaine (at no additional charge) a few days after payment. If you have any queries in regards to the on-line shop; please contact Liam (086 041 3593) or Suzy (087 237 2729).

Hurling Championship: Christy Ring Cup

HUGE CONGRATULATIONS to the Kerry hurling panel and management team on reaching the All Ireland final with a tremendous victory over Carlow. We wish you every success in the All Ireland Final.

ON LINE LITURGICAL SERVICES FOR THE PARISH OF MILLTOWN AND LISTRY

Please visit www.milltownlistryparish.com for all details of the weekly church newsletter, mass times etc. You can also tune into 106 FM to listen to the various masses.

BLOODY SUNDAY

Last Saturday marked 100 years since the Bloody Sunday killings at Croke Park.

While we couldn't gather together, the lights in our GAA field were lit up between 7.20 p.m. and 8.20 p.m. on Saturday evening, in memory of the 14 people who died.

BALLYHAR-FIRIES GAA

LOTTO

Lotto results from Monday 23rd
Numbers drawn were: 19, 24, 25, 27
No jackpot winner.

5x€30 Ann O'Neill, Ballyhar
Damien Keane, Crohane Fossa
Cora Marie Kelliher, Roxborough
Joanne Brown, c/o Bridie
Ann O Donoghue, c/o Bridie
The next draw will take place on Monday 30th for this weeks Jackpot of €4,000.

Congrats to all our winners

Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

Get your lotto tickets online via the Firies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Firies, Hendersons Shop and Bar Firies and from all the usual sellers. We thank these businesses for their continued support. Thanks you all for your continued support.

AGM

Given the current restrictions in place the club executive has taken the decision to reschedule our AGM until early January 2021. Options to host the AGM online are available to us, however, we feel that this option, at the moment, might not be inclusive to all our members being able to take part in our AGM. Thank you for your continued support throughout 2020 and we are already looking forward to the coming year. Wishing you and your family a safe and healthy Christmas.



Be Responsible - Be Safe

Outlook
MAGAZINES

FOSSA NEWS

Written by: Shane Kelly

AGM

Fossa AGM will take place on Sunday December 13th 6pm venue or how TBC.

FUNDRAISER

Well done to Ryan Lynch and his family and friends fundraising for Fossa GAA at Killarney Christmas Trees. They had a surprise visitor

today, thanks Ryan for all your hard work.

CONDOLENCES

The club would like to pass on our condolences to the family of Evelyn O' Regan (née Horgan), sister of our alcohol and substance abuse officer Donal. May she rest in peace.

KILCUMMIN NEWS

Written by: John Moriarty Email: info@kilcumminparish.com

CHRISTMAS WREATHS

Christmas Wreaths (Grave & Door) for sale PRE-ORDER only. Collection outside Kilcummin Recreational Hall on Sunday 12th December, Time 11am -12noon. Grave Wreaths €11 and Door wreaths €13.50. Contact Mary at 0876447536.

KILCUMMIN COMHALTAS

Kilcummin Comhaltas is now accepting membership. Please email kilcummincomhaltas@gmail.com or contact Helen on 087 119 1353 for more information.

New members welcome.

GLOUNONEA GROTTOROSARY GROUP

The Holy Rosary will continue at 7 pm instead of 8 pm on Monday nights, for the winter months. New members are

most welcome to join with us.

HEALTHY IRELAND KEEP WELL CAMPAIGN

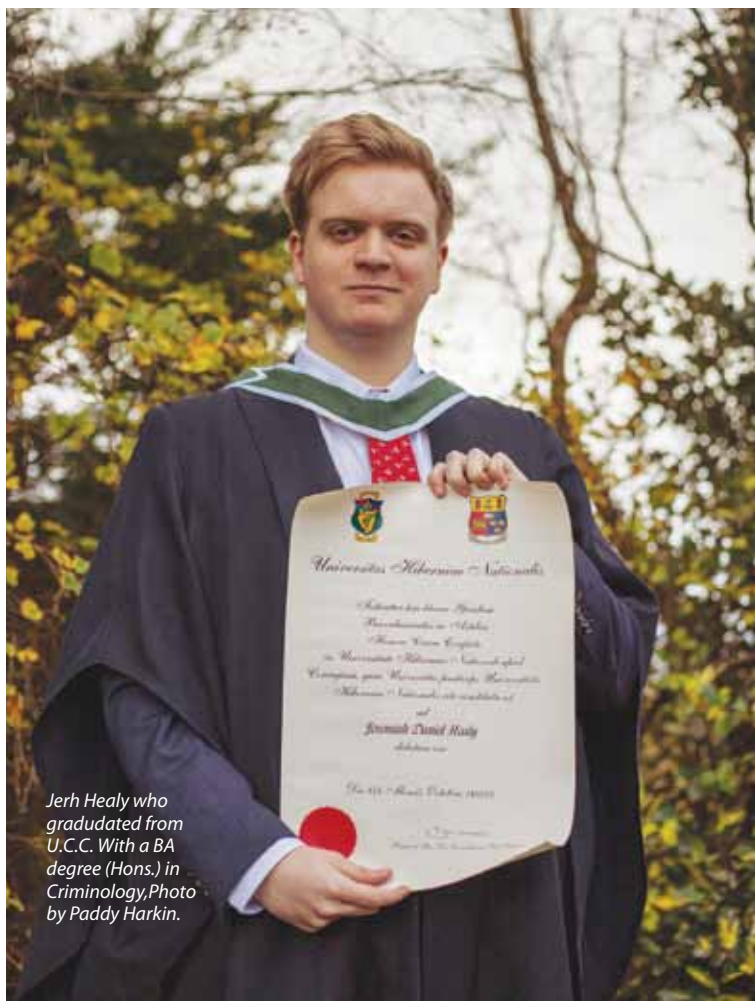
The new 'Keep Well' campaign is a cross-Government wellness campaign launched by An Taoiseach. The aim of this campaign is resilience in the months ahead, as we look towards living with COVID-19 in the winter months. It's important to mind yourself and your physical and mental well-being. This campaign, funded by Sláintecare and led on by Healthy Ireland, involves a wide range of supports for this time – across sports, creativity, connectedness, eating and community outreach. Visit gov.ie/healthyireland for more information and resources.



Well done to the students of 3 Red at Killarney Community College who collected food which was donated to Killarney Branch of St. Vincent de Paul. Breda Dwyer of the Killarney SVP collected the food donations from the 3 Red class last week. It included 24 bags and 15 boxes of food were donated from the St. Brigid's Presentation community to the SVP Christmas Food appeal. This initiative was organized by the St. Brigid's 3rd year students and their teacher Ms. Quilter



Kerry football captain David Clifford calls to check for himself the wonderful efforts of Ryan Lynch and his family and friends fundraising for Fossa GAA at Killarney Christmas Trees. The club would like to thank Ryan for all his hard work.



Jerh Healy who graduated from U.C.C. With a BA degree (Hons.) in Criminology, Photo by Paddy Harkin.



Be Responsible - Be Safe

Outlook
MAGAZINES

**Our Bakery
Re-Opening
10th December**

Scéal Eile

Coffee House & Restaurant

ORDERS TAKEN FOR:

Christmas Cakes
Plum Pudding
Yule Logs & much more

Check out our Christmas Dessert Ideas

Fresh Breads & Cakes Daily

Celebration & Birthday Cakes

Mob: 087 7554480

Tel: 064 6635066

**Happy
Christmas
to All Our
Customers**

Est. 1970
Marguerite's
delicious handcrafted treats for you

Light to Remember MEMORIAL TREE
in support of KERRY HOSPICE FOUNDATION



**THIS CHRISTMAS HELP US LIGHT UP OUR
TREE IN MEMORY OF SOMEONE SPECIAL**

www.lighttoremember.com

On this site you can remember a loved one and pay a tribute or leave a special message. You can donate as little or as much as you can afford. If you cannot access the internet drop your tribute/message and donation to any Kerry Hospice Member.

Thank You

RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

SHARE THE BUCKET

The Gneeveguilla Community Development Council in association with the Gneeveguilla Basketball club had our weekly draw for our share the bucket on Friday evening 20/11/2020.

The jackpot was € 285. Marie Keane was this weeks winner. Guaranteed winner every week, go to our Facebook page to find out how and where you can play. REMEMBER if YOU are not in you can't win <https://www.facebook.com/gneeveguilla/> Draw takes place every Friday eve @8:30 pm on Facebook live. If you are interested in helping out in new projects for the community the Gneeveguilla Community Council would love to hear from you.

GNEEVEGUILLA COMMUNITY ALERT

Gneeveguilla Text Alert is now due for renewal. If you wish to continue receiving text messages, please drop in €10 with your name & mobile no, to any of the following. Eileen Fleming, Joan Riordan, John Vaughan, Ted O'Connor & Dillane's Garage. New members are welcome. Also, we wish to bring to your notice to be aware of "Cold" callers to your home especially those travelling by vans or cars. Do not entertain them, report to Millstreet Gardai 029/ 70002

THE RATHMORE SOCIAL ACTION GROUP

will continue to run Our Meals on Wheels Service, which is a vital service especially at this difficult time. To avail of this service, please call Norah & Marie on 064 77 58588. These meals will be dropped to the door of the person's home. We will help to deliver this service to as many as we can. The Social Action Group Has Reevd CLAR funding of €5,3517.88 for equipment This is a new initiative under CLAR for 2020 in recognition of the critical role played by community groups in responding to COVID-19, with a particular focus on those groups providing Meals on Wheels services.

GNEEVEGUILLA ATHLETIC CLUB LOTTO RENEWAL

The ½ yearly tickets are now due for renewal, please contact Tom Joe on 087/9339087 to renew. Your continued support is greatly appreciated.

CHRISTMAS HAMPERS

As we approach another Christmas, yet again we will have a draw each week for 4 weeks for a hamper. First draw will take place on Friday 27th, and each Friday thereafter up to and including December 18th. Once you have a weekly ticket, ½ yearly ticket or annual ticket you are in with a chance to win. Tickets are on sale in the following outlets: Centra Rathmore, Paddy O'Keefe's Hardware Shop, McCarthys Shop Gneeveguilla, XL filling station Rathmore & Dillane's Garage Quarry Cross. You can also contact tom Joe or any committee member.

RATHMORE COMMUNITY ALERT

Text Alert. If you wish to continue to receive text

messages, please drop €10 in envelope with your name and mobile no. To Dermie Moynihan's letterbox. New members welcome before 12th Dec. Macroom Garda Station 026 20590.

THE CUMANN LUCHRA JOURNAL

The 19th Edition of the Cumann Luachra Journal will be published in the coming weeks in good time for Christmas. Due to the Covid 19, we regret that the usual launch cannot take place this year, but copies will be on sale at all the usual shops. Price €12. Meanwhile all our past Journals can be purchased on cumannluchra.ie or from Eileen Fleming (087 1475386) We have a Special Offer of the purchase of the whole set of the 19 Journals for €150 The upcoming edition is full of very interesting article with plenty of old photographs and will make an ideal christmas present.

ST. VINCENT DE PAUL CONFERENCE

St. Joseph's Conference Rathmore covers the area of Rathmore, Shrone, Gneeveguilla, Knocknagree and Ballydesmond. Our telephone number is 087 3462332. We provide essential support and help to families and individuals in their times of difficulty and struggles. And our help and support to these individuals and families is needed even more so now during these challenging times and coming up to Christmas. Due to Covid-19 restrictions we will not be able to hold our annual Church Gate collection this year which was our major fund-raiser for the year. So this year we are relying on donations and the goodwill of our local community to enable us to support those in need.

1. You can donate to Rathmore Credit Union account (IBAN:

IE30RDRN99106300120280 BIC:RDRNIE21) or Millstreet AIB Bank account (IBAN:

IE69AIBK93615406950116 BIC:AIBKIE2D) or

2. You can donate online through www.svp.ie and can direct your donation to our conference. Your donations will make a difference way beyond the Christmas period when we receive requests for help which range from food and food vouchers to help with fuel, health, and school.

We are also setting up our annual Food Appeal to help fill hampers at Christmas for needy families in our area. This year we are extending our appeal to the local shops and boxes will be placed so that people can donate nonperishable items. We thank you for your continued support.

SUPPORT FOR SEAN

Rathmore Senior player Sean O'Riordan as he raises money for charity. Support Sean.

https://www.idonate.ie/fundraiser/11393712_se--ns-150-km-challenge-in-aid-of-irish-community-rapid-response.html

Kerry Hospice Christmas Cards are now on sale at Reen's Pharmacy, Rathmore Post Office, Rathmore Credit Union and from Maria Ryan and

Donal O'Keefe. Priced at €7.00 for a pack of 10. Your support as always is much appreciated Helpful Contact Numbers:

Jigsaw Kerry: (Young Peoples Health in Mind) Contact 066-7186785 Email: kerry@jigsaw.ie

Pieta House: Contact 01 6010000 or www.pieta.ie

COVID-19 SUPPORT LINE FOR OLDER PEOPLE

ALONE has launched a national support line and additional supports for older people who have concerns relating to COVID-19. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024.

ILLEGAL DUMPING

All illegal dumping on our roadsides and countryside should be reported to Kerry Co. Council on 066 716 2000. Freephone: 1800 326 228. You can also download the app "See it Say it" to your mobile phone and report any illegal dumping there and then. Your help to curb this unsocial activity will be greatly appreciated

RATHMORE PARISH OFFICE

Tax -Rebate: We thank all those who returned to Janice, the Tax rebate letters which were sent out recently and we would appreciate if the remaining forms could be returned at your earliest convenience. These letters are very important because without them the parish cannot claim some of the Tax which parishioners have already paid. (Again, to emphasise: This system costs the parishioner nothing.)

The Tax rebate is particularly important in this year of COVID. What is certain is that parish accounts will show a deficit by the end of the year so, any Tax Rebate contributions we can get in, will help to reduce the size of that deficit. for further information contact parish.

GNEEVEGUILLA COMMUNITY ALERT

Gneeveguilla Text Alert is now due for renewal. If you wish to continue receiving text messages, please drop in €10 with your name & mobile no, to any of the following.

Eileen Fleming, Joan Riordan, John Vaughan, Ted O'Connor & Dillane's Garage. New members are welcome. Also, we wish to bring to your notice to be aware of "Cold" callers to your home especially those travelling by vans or cars. Do not entertain them, report to Millstreet Gardai 029/ 70002

GAA LOTTO

The rathmore gaa lotto in association with rathmore Social Action Group restarts on Monday the 7th of December the jackpot is 11,200 euro tickets can be bought in all local shops yearly tickets for the 2019/2020 year will continue to be valid for another 13 draws. tickets can also be bought online check our Facebook page for more information



Be Responsible - Be Safe

Outlook
MAGAZINES



TIMOTHY KELLIHER & COMPANY LIMITED
CHARTERED ACCOUNTANT

- Bookkeeping
- Payroll
- Tax Returns & Accounts
- Cash Flow & Forecasting

For Individuals, Self-Employed & Ltd Companies

For an initial meeting/consultation, contact Timothy
Email: info@timothykelliher.ie
Phone: 064 6632105
or Book a meeting here: <https://www.timothykelliher.com/book-online>

4 Court Yard House, Lewis Road, Killarney, Kerry, Ireland.

Expanding East Kerry Shop / Business seeks

PART TIME SALES ASSISTANT

**FOR WEEKDAY, EVENING AND
WEEKEND WORK**

Ideal candidate must possess

Excellent Customer Service, Communication,
Organisational and Computer Skills

Must be able to work on own initiative
but also part of a dynamic team

Strong attention to detail, organised
and flexible

All replies please post to:

Box No 12820

Killarney Outlook, Walsh Colour Print
Castleisland, Co Kerry.

or Email :eastkerryshop@gmail.com



DANNY HEALY-RAE TD

Cllr MAURA HEALY-RAE

WEEKLY CLINIC ON:
**SATURDAY AT SCOTT'S HOTEL,
KILLARNEY AT 11AM**
(Social distancing and contact tracing in place)
We are available to meet constituents at any time.
Give us a ring to arrange a suitable time and place.

**BUSES TO BELFAST FOR
CATARACT PROCEDURE ARE BACK**
We are now taking names for the next bus.

PLEASE CONTACT
Danny **087 2316055** Office **064 6685315**
Maura **087 7816432** Johnny **087 2354793**
Eileen **087 9975419**

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com
maurahealyrae@gmail.com



÷ × − +
djm ACCOUNTING

CERTIFIED PUBLIC ACCOUNTANTS

Specialising in providing
accountancy & taxation
services for individual and
small & medium sized businesses

Meetings by appointment at our
offices in Killarney & Rathmore
For a free consultation & quotation
contact Denis Murphy at
☎ 064 6650963 or
✉ info@djmaccounting.ie

GLENFLESK NEWS

Written by: Seamus Healy

CHRISTMAS GIFTS We are delighted to announce that our Glenflesk GAA merchandise is now available on the O'Neills website. You can click on the 'Shop Now' button at the top of our Facebook page. We still have limited items available. You can contact Emma for more information on 085 754 7586. Barraduff N.S.

SCOIL AN CHROÍ NAOFA Barraduff NS are enrolling new entrants for September 2021. Please ring the school at 0647754478 or email

Barraduff.ias@gmail.com for enrolment forms.

O'DONOGHUE CUP Following a County CCC meeting, The East Kerry Board will recommence the Dr. O Donoghue Cup and Fr Galvin Intermediate Championship in early January 2021. The county competitions will be completed beginning in February and the district championships will try to be completed before this. This will be reliant on the restrictions at the time

CLUB LOTTO

Due to Covid restrictions Club Lotto has been suspended until further notice. Thank you for your support in the past and we look forward to your support in the future. On Line and annual tickets will be reactivated when Lotto resumes. Keep safe everyone and best wishes to you and your families. Kind Regards, Lotto Committee

OUTLOOK SPORTS

GNEEVEGUILLA ATHLETIC CLUB**LOTTO**

No winner of our lotto draw 20/11/2020. Numbers drawn were 6, 15, 18 & 25. Sellers prize winner Shelia O' Donoghue. €50 y/t prize to Kate McSweeney Kilsorcan, €50 to Shelia & Bob Howard Lakevale, €40 each to Mary O' Donghue Upper Coom, Michelle Knee Gneeveguilla & Dave Twomey Rathduane. Bonus not won numbers drawn were 2, 3, 21 & 26. Next week's jackpot €14,200 plus €1,000 bonus. Don't forget next Friday, will be the first draw for one of 2020 Christmas Hamper.

KILLARNEY RFC NEWS**CLUB CALENDAR**

We are working hard on developing a 2021 club calendar, with team photos, grounds photos being taken and lots of hard work going on in the background. Thanks to everyone who is working hard on this, it promises to be a stunning calendar with team photos of all teams included. Be sure to place your order once available, would make a lovely present for parents and grandparents for Christmas! For more details keep an eye on our social media channels.

YOUR CLUB YOUR COUNTRY TICKETS

Your club your country tickets are still available to purchase online, with every cent raised going to the club. Tickets cost only €10 with some fantastic central prizes on offer by the IRFU. Check out Clubzap for more.

TRAINING

Our Youths (girls and boys) and Minis are continuing training each week - in pods of 15 with non contact rugby. We cater for boys and girls aged 5-18 and training times can be seen on our Facebook or Instagram pages. Contact Minis Coordinator Liam Murphy on 087-4145662 for kids players (ages 4-11), contact John O'Connell for youths boys (ages 12-18) on 086-8525116 or Fiona Landers for girls aged 12-18, on 087-2304689 for information.

arises during the month of December. We will make a further announcement on that front in due course.

CLUB WISHES

The club would like to extend our thoughts at the current time to some of our more elderly members as we begin to face the current restrictions. We hope they manage to keep their spirits up in the coming weeks and we might see them again around the Christmas period.

KILLARNEY CELTIC NOTES

Numbers drawn 10,12,22,24. There was no jackpot winner. Match 3 winner received €150. The next jackpot is €16,000. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce.com.

Training for our underage teams continues through the week. Please see our Facebook page for the daily schedule.

Killarney Celtic Gear is available online through www.bmcports.ie and the deadline for orders for Christmas delivery is Tuesday December 1st.

DEERPARK PITCH & PUTT CLUB**LEVEL 5 RESTRICTIONS**

At the time of writing these notes, we were awaiting the announcement from the government as to whether or not Level 5 restrictions would be lifted as intended and whether it would allow us resume play on the course. It is still the committee's intention to try and finish some of our intended events left for 2020 in the calendar year if the opportunity



A group Leaving Cert Applied students at St. Brigid's Presentation Secondary School were awarded a certificate in First Aid after completing a 4 week course with the Order of Malta. During this course they covered several topics, including CPR, choking, consciousness, fractures, bleeding, burns and scalds. The girls were shown how to do chest compressions, the Heimlich Maneuver, how to wrap a bandage and a splint, as well as many other important skills. The students thoroughly enjoyed it and want to thank the Order of Malta for facilitating such a great course. LCA students will use this experience for their Practical Achievement Task. Donal McCarthy Sarah Moriarty Victoria Huggard Kalin Paterson Kara Huggard Alison Carroll Mahima Sujana Noel Looney Front row Clare Looney Tasnim Hoque and Elaine Parker



Killarney Outlook
are looking for your
old photographs for our

2020 SOUVENIR EDITION

If you have an old photos of
Killarney or its residents please
contact Aisling on: 086 0400958

Our souvenir edition is very popular with
Killarney people at home and abroad and
this year more than ever it is important for
us all to keep in touch. We really appreci-
ate all the photographs that are given to us
so we can share them with everyone.



Outlook
MAGAZINES

See last years Souvenir issue on
www.outlookmags.com

O'CONNELL CARPENTRY

Ballyvourney. Tel: 087 7614866

Leaky Flat Roof???

We have the solution that works!
Fibreglass - Call us Today!



Other Services:

CARPENTRY

- Roofing • First Fix • Second Fix • Stairs
- Flooring • Dry Lining/Slabbing
- Attic Conversions & Renovations

O'CONNOR FUELS

KILLARNEY, CO. KERRY

 <p>Hardwood 1 TONNE BAG ONLY €79</p>	 <p>Soft wood 2 TONNE BAG ONLY €79</p>
 <p>10 bags of 40kg Premium Coal ONLY €159</p>	 <p>Gas Refill Was €32 NOW €24.99 11.5 Kg</p>
 <p>5 bags of Smokeless Coal 40kg ONLY €89</p>	 <p>10 Net Bags of Firewood WAS €39 NOW ONLY €29</p>

m: 087-6178379 t: 064 77 50661 f: 064 77 56534



JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

Ah lads, that was some weekend, wasn't it? Be honest. If you were like me, you were thinking "at least 2020 can't get any stranger". Just goes to show – the universe is always listening and really does have a sense of humour.

We all thought that Kerry had suffered by far and away the biggest shock of the 2020 Championship. It turns out that in bowing out to huge underdogs, we were actually the trendsetters in GAA. Last weekend they dropped like ninepins. I didn't know whether to laugh or cry.....so I chose to laugh. This is the 2020 rollercoaster, people. We may as well just enjoy the ride as best we can and mind each other along the way.

GAELIC FOOTBALL

Munster Final: Tipperary 0-17 Cork 0-14

Tipperary wore retro jerseys (the same jerseys worn by the Tipp team that played Dublin on Bloody Sunday) and got a retro result. The last time Tipperary were Munster Football champions, the Hoover Dam was just being opened, nylon and canned beer were just being invented, and Persia was being re-named Iran.

Ulster Final: Cavan 1-13 Donegal 0-12

Cavan have actually won more Ulster titles than anyone else, but they faded as a superpower decades ago. Their last Ulster title was in 1997 – we played them in the semi-final. Cavan acquitted themselves well, the O'Reillys, Carolan, and McCabe doing well, and led at half-time by a point after Fintan Cahill's goal. Kerry just always looked that bit more assured. Darragh and Seamus were no longer players who needed surnames; Maurice was already something else in his annus mirabilis. My stand-out memory, though, is of a sublime catch and over-the-shoulder pass by Brian Clarke for an Eamonn Breen goal. It was possibly the best piece of skill I ever saw in Croke Park,



spontaneous genius – and it was disallowed for 'taking the free too fast'. Ah well. There'll be no Kerry Cavan repeat this year.

Leinster Final: Dublin 3-21 Meath 0-9

The shocks are making all the headlines, and Dublin will be quiet happy about that. They are calmly proceeding like a giant underwater shark, not even giving decent predators time to thrash in the water. I 'knew' that Meath would win (my 'knowledge' is very cheap currency this week!) but I thought they would ask questions of Dublin. Nope. This was destruction. This was Zeus hurling thunderbolts at a cheeky Prometheus. This was so calm, so clinical, as to actually be frightening. I'm delighted for the underdogs, but there is three of them left in this year's Championship....and one absolutely behemoth. Dublin really are scary good.

BLAST FROM THE PAST

The GAA really doesn't like years that end in '20', does it? A hundred years ago it was the small matter of a Civil War, by which I mean a truly uncivil war, that saw some of the favourites wiped out early. Kerry, for example, had failed to fulfil their opening round fixture against

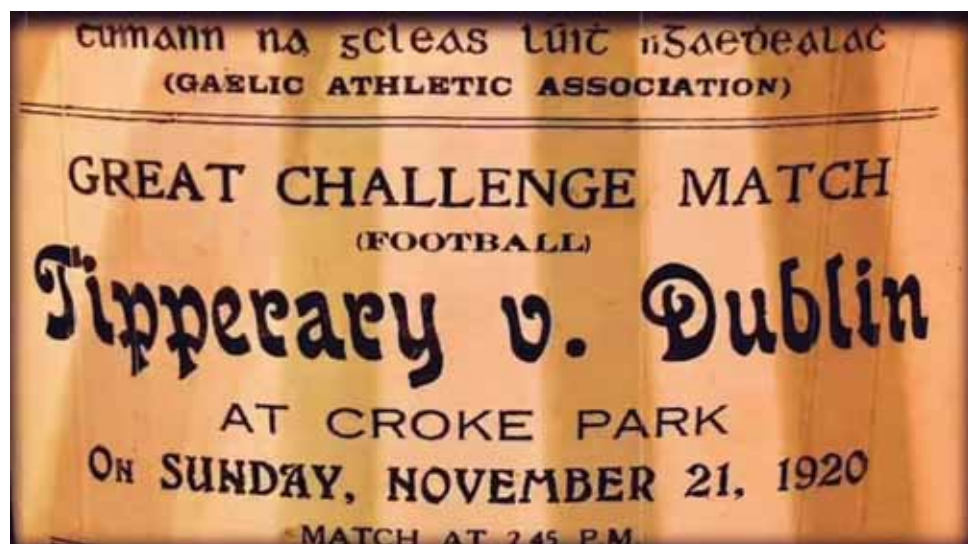
Limerick. But Tipperary were actually a very strong football county in those days and had narrowly lost to Wexford in the 2018 All Ireland Final. Cavan were a decent outfit too, and would become one of our greatest rivals in the forties, culminating in New York's Polo Grounds. Mayo have always had good teams, and too many of them always had to migrate. So the similarities between the provincial winners of 1920 and 2020 is a statistical anomaly, no more. People, this is most definitely not the year to be looking for prophecies!

RISK VERSUS REWARD

They are very startling results, and I'll freely admit that I gave Cork no chance against. Then I considered the next game, and I gave Tipperary no real chance against Cork. I was sorry for Cavan, but I was giving Donegal a real chance against Dublin. As for whether I was willing to invest a little 'oul' hope in this being Mayo's year? Ah, come on, it's Mayo. You have to have hope for them: it's probably a GAA by-law by now. Lose hope, they say, and you lose God. Now, I'm not embarrassed by any of that, I'm genuinely not. I don't like these commentators that hedge their bets and are very careful with the caveats and the balancing act. Have the guts to make a prediction or you are just waffling. Nor do I indulge in this 'oh, we always fear Cork', always flattering to attempt to deceive (the 'yerra' syndrome, and yes, Kerry supporters do indulge in it), and the 'it's always unpredictable' nonsense – the stats don't remotely back that up.

The theory seems to be that the players are susceptible to what we supporters say in the build-up to a game. Lads, any player who is bothered by voices from outside the camp is already in a bad head space.

Cork's defeat by Tipperary supposedly makes



The original match ticket on Bloody Sunday.



The type of football which was played on Bloody Sunday in Croke Park. PICTURE COURTESY OF BRENDAN O'SULLIVAN.

Kerry's defeat appear even worse. It was a bad day against our oldest rivals, but it doesn't suddenly get retrospectively worse – that's a nonsensical idea

At the same time, nor do I get the idea that Kerry's marquee forwards simply had an off day. Kerry set up very poorly and were slow to change it. Star forwards snatched at several chances, but had to in the absence of support play. We showed Cork way too much respect; it really was an invitation to hubris. Cork had a solid game plan, refused to allow their defensive line to be drawn, and Kerry's defensive strategy and poor tackling (38 Kerry fouls to 25 Cork ones – ouch!) allowed a comparatively limited but hugely committed Cork, who showed fantastic composure when we didn't, to hang in longer than otherwise and reap that brilliant and completely justified reward.

Except that if you then look at Cork's style of play against Tipperary, it's like a role reversal. Cork were the ones sweating under the headlights now; Tipp had nothing to lose. Tipp repulsed Cork's runners in the same way that the runs of Gavin White and Paul Murphy ended against muscular walls a week earlier, but what were Cork forwards like Mark Collins, one of their best leader up front, doing dropping back into midfield? The exact same as Kerry had done a week before them, that's what. Once again, the underdogs backed themselves while the favourites were over-cautious.

Same with Cavan and Donegal. Cavan were very good. I hadn't realised how much pace they had and they were willing to use it, and the late goal put a gloss on it, but it was Cavan who went for the game and Donegal, so ravenous against Tyrone, who tried to hold instead of hunting.

The back door allows for a certain amount of self-indulgence, a parachute if you will. The more apposite side of Billy Beane's over-indulged Moneyball Theory in sports statistics. Knock-out can be a heart-breaker - Meath in 2001, the manner of it rather than the result... Clare in 1992...Down in 1991 by the way, we should have beaten them...Tadhg Murphy, of course, we've all been hearing about that goal recently....1982 of course, but I was young enough to be stupefied rather than despairing at that one....

We all know the stories, and it applies in every sport in the world. That and the appeal of tribalism are the two truisms that make sport so eternally great a human endeavour

STRAIGHT KNOCK-OUT

My last point, and it's a bit premature seeing as we haven't even reached the end of the season. The GAA introduced a back door in 2002. It didn't suit conservatives like myself, but it was necessary; a lot of counties were simply being asked to invest too much in time and money for just one championship game a season based on an outdated system. But it arrived right at the peak of what I think of as 'trickle-down' economics in sport. Worldwide, tv and advertising money was being poured into the big teams in all codes. The likes of Europe's big soccer leagues or the top NBA, NFL, and NHL franchises were being dominated by the very



richest clubs or franchises and the gap was growing (moneyball was itself a resistance movement in sport against the seemingly unstoppable success of the big spenders/wealth accumulators). The GAA's 'shamateurism' was no barrier to that inevitability as the top teams pulled well clear.

The GAA turned away completely from being an amateur association focussed on the social and communal impact to a professional but volunteer-based one whose aims could be measured in the annual accounts and nowhere else. It had become an appalling parody of what the GAA could and should be in modern Ireland.

So I hugely welcome their willingness to give genuine consideration to a split season between inter-county and club. This is so badly wanted – reasonable playing calendars for both, fixed dates to let players plan their lives properly, less player burn-out. The strict split between underage and senior that included dropping minor to U17 was an awful attempt at a solution. Split season done properly is of course the answer. But it means cutting back on the huge money generating inter-county side for the sake of clubs, and frankly I never thought that a Croke Park Executive whose priorities were quite plainly more Garth Brooks concerts and NFL games than club players in recent years would do it.

Kudos to all for actually putting it on the table instead of setting up the usual time-waster committee in the hope that the problem goes away. I'll even compromise on the Tier 1 and Tier 2 idea, provided that Tier 2 does get decent coverage and support from the Executive (I see high quality artificial pitches in a much shortened inter-county season) and a proper promotion and relegation structure.

Is it....could it be....would it be maybe stretching things a little bit too far to ask that maybe a return to straight knock-out be on the table?

HURLING

Kerry Into McDonagh Cup Final

Kerry 2-22 Carlow 1-23

Kerry have had their eyes on a McDonagh Cup Final from a long way out this year. Forget formats and structures and everything else. This year was about a strong panel (that U20 performance against hot favourites Cork comes to mind), a good league (reached the

final, box ticked), but especially progress in the Championship.

It was tough all the way. In fact, it came all the way down to the wire in Austin Stack Park. Carlow kept asking the hard questions, right to the finish. I like them – Carlow bat above their weight always and do it with every bit of pride and defiance and heart that they have. Anyone who follows Kerry hurling knows that feeling; you have to fight hard enough for the good days. And last Saturday, Carlow certainly made us fight for it.

Mikey Boyle nailed a brace as Kerry led by 0-4 to 0-2, but Carlow's John Nolan got in for a goal. At the first water break Carlow led by 1-6 to 0-6. Kerry were much sharper in the second quarter – and needed to be. Daniel Collins struck for a goal and Kerry were that fractionally faster than Carlow now, with Shane Conway (2f) and Mikey Boyle on target before Collins nailed his second goal (after missing long periods through injury, Daniel looks back to his old self, and relishing a more upfront role). Kerry led by 2-12 to 1-10 at half-time and playing well enough to look secure.

Carlow had other ideas. Chris (2) and John Nolan and the two Kavanaghs pointed in response to a brace by Shane Conway cut the gap to three. Sharpshooter Marty Kavanagh cancelled that

Carlow tore into Kerry's lead early in the second half. Chris Nolan (2), John Nolan and Jack and Marty Kavanagh points from play cut the gap. Carlow were well on top now and Kerry really needed to get a grip on things. With five minutes left Kerry were trailing by 1-23 to 2-18. I was fairly flustered by now myself, to be honest, but Kerry stayed impressively calm. Shane Conway's seventh score left one between them and Shane Nolan (awesome for Kerry yet again) levelled before Micheál O'Leary fired over the lead score and doubled up for another – Micheál isn't so much a prolific scorer as a crucial one.

Kerry will be in the McDonagh Cup curtain-raiser on All Ireland Final Day in Croke Park. Facing them – yet again – will be the saffron army of Antrim. It will be our fourth meeting so far this year and Antrim have had the upper hand so far. But if we close down those early speed burst goals we have coughed up of late (especially McNaughton's runs the last time we met Antrim a fortnight ago) and press the pedal to the metal more in the third quarter, I actually fancy us. I think they are much more reliably consistent – but we have always had that little fraction more potential.

SOCCER

Very quick, very simple. Ireland slipped down into the third tier for World Cup rankings after that defeat to Bulgaria, but I think we had all pretty much accepted the inevitability and fairness of that anyway. Even allowing for the fact that we were scraping the bones of a makeshift squad, it really was a dire performance, but who cares? Stephen Kenny has a tough job ahead, but needs to be left get on with it.

No, All I have an issue with is this media controversy about the Irish team being shown the film 'Michael Collins'. Apparently it was insensitive and blah, blah, blah. English born lads offended. Or Irish lads offended. Or something offensive anyway, it's not like journalists should actually require details. One former editor of one of these rags has called for Kenny to be fired over the whole thing. Much worse, a couple of people in the camp have made the mistake of responding, giving these parasitic leeches further ammunition.

Anyone who is offended at the Michael Collins film (it's hugely over-rated, watch Loach's 'The Wind that Shakes the Barley' instead – a film that asks hard questions, but does so brilliantly) would want to stay away from Monty Python movies, or the Carry On films....or the Irish team. Go and watch 'Wild Mountain Thyme' instead and get offended at that one instead. The accents are supposed to be legendary bad. I hope so – in a non-covid world, I'd be dressing up like Fr. Ted on Craggy Island and staging a protest with a 'Down With This Sort of Thing' Placard. That's how I roll sometimes.

Until some-one within the camp makes a public complaint (and a complete eejit of themselves), this is a non-story. I didn't want to give this disgusting parody of journalism any oxygen at all, but I felt it had to be mentioned in the context of the commemorations of Bloody Sunday. Irish soccer is at a very low ebb – but it still has a higher standard than some of the muckrakers who pretend to report on it with false patriotism.

Incidentally, if Stephen Kenny really wants to show his panel what fuels grassroots soccer in Ireland, he could do a lot worse than hand out copies of Paddy Osborne's 'Baxter's Boys'. It'd let them know fast that there isn't much point in being overly sensitive or precious about things!

RUGBY

Ireland versus England. Not going great for us in any code these days, is it? Of course, there's a joke about it having gone against us for 800 years...but apparently we are all very sensitive nowadays. England manager Eddie Jones had a little dig at Ireland as the 'United Nations of Rugby' in the build-up, referencing the amount of our team that are adopted sons. I'm not offended; to be honest I do think that the rules regarding national representation are too lax in rugby and Ireland has exploited that. But for an England manager to point it out disparagingly? England? An adage about black pots and kettles leaps to mind. Frankly, I thought it was a lame attempt by both Eddie and the media to foment a non-existent controversy.

As for the game....look, Autumn internationals. Ireland won't be happy with the result, or



their pattern of play, but I think we are better off finding out any problems now. How many times have Ireland come out of a good Autumn series thinking we are up among the best in the world....only to be sharply deflated six months later when the chips are down?

That first try....look, no. You have got to deal with that kick from Farrell, end of story. Johnny May's second try was excellent and deserved, but you can't be letting a cross-field ball like that be caught and taken over. Nail man and ball and everything if you have to, but you can't let it be that easy.

We shall speak of our line-out once and once only, and it shall never again be mentioned. Irish mothers have been hanging out lines of washing for centuries now, calculating weather variations (accurate to within 20 seconds), angles of sunlight, differing textures and hues of cloth, likelihood of family members forgetting to 'get the washing' if it starts raining....

It's one of our most exact sciences. When it comes to line-outs, Andy Farrell desperately needs to consult with an Irish mother, fast, because our line-outs were possibly the worst I have ever seen.

We were limited. More worryingly for me, we were very limited in attack. Ireland look very predictable, and we are neither big enough nor fast enough to be breaking down any doors late on. I know we played the angles a bit more late on and it worked, and Stockdale did take his opportunity well, but let's face it, the intensity was long gone from the game.

We have things to work on, and England are a much improved team. I'm not worried about our prospects, but I do want (and I know this will sound ungrateful to some true greats) to see the likes of Sexton, Murray, and O'Mahony being phased out. Sorry, guys, but it's the cruel reality of top level sport; everybody's time is finite.

MICKY HARTE TAKING OVER LOUTH

Not all the shocks happened on the field of play, either. Only a fortnight ago, Mickey Harte was the longest serving inter-county football manager in the business – only Brian Cody in

Kilkenny pre-dates him. He led Tyrone to three All Ireland titles and moved them from minnow to top contenders on an annual basis. One of the greatest managers of all time and one of the most respected, especially in light of his dignity in the face of tragedies. Quite simply an icon. That's who he was a fortnight ago. Now Tyrone are looking for a new manager. Peter Canavan has denied all interest, so I'd expect former U21 manager Fergal Logan or current one Paul Devlin to step up, Tyrone won't appoint from outside the county. Now he's Mickey Harte, the most recently appointed inter-county manager out there. And if Tyrone were small pike who became sharks, then Louth barely count as minnows. A single one point win counts as a successful year; that's the brutal reality of where they are at.

Fair play to himself and Gavin Devlin. No-one will convince me that he's making money here; there's no way Louth have the resources. Mickey Harte loves football and loves nurturing it. It would be easy for him to step back and cherish his accolades, but he genuinely has never been about them. Instead he is stepping back out there to a much harder challenge – Division Four is a much tougher ball game I honestly wish him and Louth every success.... except our Sam Maguire, of course!

JOHN SUGRUE STEPS DOWN AS KERRY U20 MANAGER

The announcement that John Sugrue is stepping down from his one year tenure as Kerry U20 manager is disappointing but understandable, in this toughest of years. After all, John's family and business is based in Laois. While we eventually came a cropper against Galway in a semi-final of a competition that ultimately didn't finish, there is a strong general consensus that John did a wonderful job of management with the U20s and Kerry senior teams will reap rich rewards over the coming years. Kerry have struggled at U20 level over the past decade, a grade that I believe we have been much too slow to prioritise, and the County Board will have to think hard about his successor.

Following on from his many years with various Kerry management teams and his success with South Kerry, John enjoyed a hugely successful managerial stint with Laois before taking over his native Kerry's U20 team. Right now, he is one of the highest rated managers out there and I expect and hope to see him patrolling a sideline somewhere next year. Either way, he is and has always been a pure gentleman to deal with always in defeat or victory, and I wish him the very best.



Be Responsible - Be Safe





THE EUROPE
HOTEL & RESORT

Luxury Christmas Recipes



Head Chef Alex Nahke

In this week's Killarney Outlook the culinary team at The Europe, headed up by Executive Head Chef Alex Nahke, want to help make Christmas special for everyone and have created luxurious recipes for two of the season's favoured foods - the perfect Christmas turkey and classic mince pies.

With some tips and tricks to perfecting your turkey, it's sure to be the star of the Christmas table.

Christmas Turkey

"First things first, you need to decide what size turkey to buy. The below guide gives you an idea based on numbers, although this year we are likely to be opting for smaller turkeys than usual", head chef Alex Nahke explains.

2-2.5kg serves 4-6

3kg serves 6-7

3.5kg serves 7-8

4-4.5kg serves 8-10

5-5.5kg serves 10-12

6-6.5kg serves 12-15

Some important things to consider before you get started.

1. Make sure your turkey is going to fit into your oven
2. You're going to need a roasting tin that's big enough for the bird with room to spare, and deep enough to catch all the fat and cooking juices.
3. Make a note of the weight of your bird, knowing the exact weight will ensure the cooking time is correct, and thus avoid an overcooked and dry bird, or an undercooked one.

4. Get your timings right. And don't forget to leave time for your turkey to rest when it comes out of the oven. Turkeys between 4-6kg should be rested for 1½ hours, and ones from 6-10kg can rest for two hours.

Cooking Temperature and Timing Guide

Heat your oven to 180°C/gas 4

4-5kg – cook 2¼ to 2½ hours

5-6kg – cook 2½ to 3 hours

6-7kg – cook 3 hours to 3½ hours

7-8kg – cook 3½ to 4 hours

8-9kg – cook 4 to 4¼ hours

9-10kg – cook 4¼ to 4½ hours

Or 20 minutes per lbs +20 minutes safety- this is a rough guide

Get your turkey out of the fridge at least 30 minutes to 1 h before you cook it. You'll get less shrinkage when it goes into a hot oven.

Always preheat your oven before cooking your turkey.

Place a trivet of Root Vegetables, like parsnip, carrots and onions in the bottom of the tray to help make a gravy with all the juices.

Slightly season the Turkey Sea Salt & Black Pepper, cover the turkey loosely with foil, but remove it just

under an hour before the timing is up to get the turkey nicely browned.

Roast your bird for the calculated time, or until the juices run clear from the thigh if you pierce it with a knife or a skewer. The safest way is to buy a temperate probe and use it to penetrate the thigh - if it has a temperature of 70°C for 2 min that is perfect and safe.

Once cooked, carefully lift the turkey out of the tray and rest on a board. Cover loosely with foil for at least an hour while you get on cooking your roast potatoes.

CHEF'S TIPS:

No need to wash a turkey before roasting!! You spread bacteria around your kitchen sink, which is a common mistake people make.

The safest way of cooking the stuffing is NOT stuffing the turkey with it. Turkey can contain high levels of bacteria. In order to kill all bacteria you need to reach a core temperature of 75°C instantaneously or equivalent, e.g. 70°C for two minutes in the stuffing, so you have your Turkey completely overcooked by the time this temperature is reached in the stuffing.

Use some of the cooked turkey juices for your stuffing to add the necessary flavour. If you get your butcher to take of the legs for you and bone & roll them, then you are left with the crown and that might fit better in the oven! It also cooks faster and you will have a cleaner way of serving the turkey.

The boned & rolled legs you can cook like your normal Sunday roast and serve 1 slice with each plate.

The Europe Mince Pies



The perfect festive treat, dessert or mid-day pick-me-up, mince pies are a classic for a reason! Fragrant seasonal spices, a crumbly crust and a sticky sweet filling - this tried and tested recipe is sure to get the seal of approval this Christmas.

Makes 24 mince pies

INGREDIENTS:

For the pastry cases:

250g plain flour, plus extra to dust

25g icing sugar

125g chilled unsalted butter, diced finely

grated zest of 1 orange

1 medium egg, lightly beaten

1-3 tsp ice-cold water (if needed)

To finish:

1 egg yolk, beaten with 1 tsp water (eggwash)

to glaze icing sugar or caster sugar, to dust

FOR THE FILLING:

450g Plums, halved and stoned

1/2 Lemons, zest & Juice

30ml water- not needed if plums are frozen

2 lg Cooking apples

35g Currants

35g Raisins

35g sultanas

35 g mixed Peel

35 nibbed almonds

120 g sugar

1.5 g ground ginger

1.5 g ground cinnamon

1.5 g ground cloves

Good dash of Brandy if liked

METHOD

Cook plums with Lemon & Water until tender, and solid consistency liquidise

Peel & grate apples and add to the plum mix

Add all other ingredients including lemon zest & Brandy

Cool down before filling into the tartlets

METHOD

For the pastry, put the flour, icing sugar, butter and orange zest into a food processor and whizz to fine crumbs. With the motor running, add the egg and whizz for a few seconds until the mixture forms clumps and you can press it together into a ball. (If necessary, add 1-3 tsp ice-cold water to bring the dough together.)

Turn onto a very lightly floured surface and knead briefly until smooth. Wrap in cling film and chill for at least 30 minutes, or until firm. (The pastry can be made up to 3 days ahead or frozen for up to a month.)

Roll out the pastry on a lightly floured surface to the thickness of 4mm. Using an 8cm fluted cutter, cut out 24 rounds and use to line two 12-hole non-stick mince pie tins.

Option 1: Re-roll the trimmings to the same thickness and stamp out 24 stars or Christmas trees, with an appropriate cutter, for the tops.

Option 2: Shortcrust topping

250g unsalted Butter

110g caster sugar

360g plain flour

4 g salt

2 g vanilla extract


Whip the soft butter with caster sugar and vanilla extract, when white & fluffy fold in the flour and salt. Keep whipping it until you have a soft dough you can pipe onto the filled tartlets

Bake with the filling for 20-25min at 160°C

Put a dessert spoonful (2 tsp) filling into each pastry case, then press the tops in position. Chill for at least 20 minutes. Meanwhile, preheat the oven to 180°C/Gas 4.

Brush the tops with the eggwash, then bake the mince pies for 15-20 minutes until the pastry is golden and crisp. Let cool for a few minutes before removing from the tins and transferring to a wire rack to cool. Store an airtight container in the fridge for up to 1 week. Warm slightly before serving, with a dusting of sugar.

Ed 02 2021



TOM DWYER
PAINTING, DECORATING & POWERWASHING

- PRIVATE & INDUSTRIAL
- FULLY INSURED
- HOIST TICKET HOLDER

CONTACT:
086 8491256

Ed 08 2021

O'Shea Est. 1981
SIGNS

- * HEALTH & SAFETY SIGNS
- * EVENT SIGNAGE
- * VEHICLE & WINDOW GRAPHICS
- * FULL COLOUR SIGNS
- * 3D LETTERING
- * GENUINE GOLD LEAF
- * HANDPAINTED SIGNS

Daltons Avenue, Killarney
087 2315010
E: osheasigns1@gmail.com

Ed 04, 2021

JIF John Flynn
PLANT HIRE, GROUNDWORK & LANDSCAPING

ALL TYPES OF GROUNDWORK

- Dump Trailer Hire
- Digger Hire
- Drainage and Land Reclamation

MILLTOWN, CO. KERRY.
Call: **087 1377326**

ED 21 2021

John O'Mahony
HORIZON MEMORIALS

HEADSTONES IN MARBLE, GRANITE & LIMESTONE

Cleaning & Inscriptions
Grave Maintenance
Tullig Beg, Killorglin

CALL FOR A BROCHURE ON:
087 2298179 / 066 9790657
email: johno_mahony@eircom.net

ED 47 2020

EDDIE BURKE
CARPENTRY SERVICES

- ROOFING
- EXTENSIONS
- RENOVATIONS
- FOUNDATIONS

REASONABLE RATES

087 2358101
Ballyhar, Killarney

Ed 19 2021

Ian Guerin
Painting & Decorating
Interior & Exterior

Fully Insured & Registered
Contact
087 4175359

ED 21 2021

NOEL WALSH SERVICES
Private & Commercial


All Garden Maintenance including

- GRASS CUTTING
- PRIVATE & COMMERCIAL
- HEDGE TRIMMING
- NEW MULCHING *ON SITE SERVICE*
- POWER WASHING

Fully Insured | Guaranteed Fair Price
Noel Walsh, Fries.
087 7790341
066 9763226

ED 49, 2020

FOLDING ATTIC STAIRS



SUPPLIED & FITTED
Attic Flooring also available
Contact Donal
087 9941578

Ed 31 2021

PRECAST CONCRETE PRODUCTS
SEAN ROCHE

Slieveveagh, Ballyvourney, Co. Cork.

Patio Slabs (Different Designs), Full Rope Top Kerb & Lawn Edging, Gate Posts & Fencing posts, Timber Style Ranch Post & Rail Fencing, Wall & Pillar Capping

FREE QUOTATIONS for site
Fencing Patio & Kerb Laying
Delivery Service Available
Tel: 086-6765694
026-45649

ED 38 2021

Emerald Tree Services

- Comprehensive Insurance
- Hazardous Tree Felling
- Pruning + Stump Grinding
- Tree Replacements
- Removal of all Waste Material
- NPTC Training + Assessment

RICHARD SHERIDAN
FARRANFORE
087 9220317
01 066 9793974
emeraldtreeservices@hotmail.com

ED 24 2021

O'Riordan HOME MAINTENANCE

- ➔ FULLY INSURED
- ➔ FRIENDLY RELIABLE SERVICE

- ➔ GENERAL HOUSEHOLD REPAIR & MAINTENANCE
- ➔ POWER WASHING
- ➔ WINDOW & DOOR REPAIR
- ➔ LOCKS, HANDLES & HINGES SUPPLIED & FITTED
- ➔ GLASS UNITS SUPPLIED & REPLACED
- ➔ GARAGE CLEAROUTS
- ➔ DRIVEWAYS AND LAWN WEED CONTROL
- ➔ RAILING AND FENCES REPAIRED

T: 087 2076552
E: mikefloriordan@outlook.ie

ED 42, 2021

Chris Painting
087 1402305

PROFESSIONAL PAINTING & DECORATING
INTERIOR & EXTERIOR

ROOF WASHING & PAINTING



BEFORE AFTER

MORE INFORMATION
www.chrispaintingkerry.com

ED 40, 2021

AVONDALE PROJECTS
designs - build - renovate

Carpentry & Building Services

- Roofing
- Extensions
- New Builds
- 1st & 2nd Fixing
- All Building works undertaken
- Teleporter & Mini Digger for Hire

FULLY INSURED

Call Noel:
087 2948944

ED 51, 2020

Flesk Upholstery

Mill Rd, Killarney.
Tel: 064 66 35395
Mobile: 086 8122672

Huge range of Materials to choose from
All Upholstery work undertaken.

Hotels, Bars, Guest Houses, Private House.
FREE Quotations
Contact: John McCarthy

THIS PREMIUM ADVERTISING SPACE

IS NOW AVAILABLE

Contact Des:
087- 6593427

06

Keep the heat in & the cold out this winter

Harris WINDOWS & DOORS

Replacement, New Build and Repairs



PVCU & ALUMINIUM
All supplied and fitted.
A-Rated, UValue of 0.8 All colours available.
All internally glazed.
Conservatories, Porches & Palladio Doors.
REPAIRS: Hinges, Locks, Patio Rollers.
REPLACEMENT of double glazing and Foggy Glass.
General, Commercial & Domestic Maintenance.

Showroom upstairs in Ardfer Furniture. Open daily, ring for appointment

WWW.PAULHARRISWINDOWSANDDOORS.COM

Contact Paul on: **087 7558673** find us on facebook
066 7115790 Fax: 066 7115790 | Email: paulharriswindows@gmail.com

Ed 51, 2020



PROFESSIONAL HANDYMAN SERVICES

- POWER WASHING
- GUTTER CLEANING
- PAINTING
- GARDEN MAINTENANCE
- PLASTERING
- BLOCKLAYING
- GARDEN FURNITURE ETC

20 YEARS EXPERIENCE!

FOR MORE INFORMATION ON SERVICES
CALL: 087 2817972

ED 24 2021



Michael Brosnan Carpentry
Spa, Killarney

- Roofing 1st & 2nd Fixing
- Timber Flooring
- Property maintenance service

No Job Too Big or Too Small

087 7981152

THIS PREMIUM ADVERTISING SPACE

IS NOW AVAILABLE

Contact Des:
087- 6593427

Ed 21 2021



Kerry Drain Services

Kerry's Leading Drain Solutions Company

- ✓ Septic Tank Cleaning and Bio-cycle maintenance
- ✓ Drain Unblocking
- ✓ CCTV inspections
- ✓ Pre-purchase property surveys
- ✓ Grease management
- ✓ Odour tracing
- ✓ Drain tracing and mapping.

T: 066 976 7744 M: 087 910 7777
www.kerrydrainservices.ie

06



Irish Drain SERVICES
Domestic & Commercial Services

"A One-Stop-Shop for All Your Drainage Problems"

FREE QUOTATIONS

- Septic Tank Cleaning
- Power Jetting
- C.C.T.V. Pipe Surveys
- Non Dig Solutions
- Unblocking - toilets & sinks etc.

4 Park Business Centre Farranmore, Co. Kerry **066 976 3070 087 935 9035**

06

TOM MURPHY WINDOWS

Milltown | Co. Kerry.
Call Tom on **087 2787655**

WINDOW & DOOR INSTALLATION

- Repairs to all existing Aluminium and UPVC Windows & Doors
- Locks • Hinges • Handles etc
- Glass & Double Glazing



06

ENVIROdrain
specialising in the areas of drainage solutions

Commercial and Domestic
- Power Washing

- Septic tank and Bio-unit de-sludging / cleaning
- Drain unblocking and cleaning
- Line Jetting
- CCTV Line Investigation
- Grease Management

- Septic Tank / Bio - Unit Repair
- Service & Maintenance

087 9206208
E- info@envirodrain.ie
www.envirodrain.ie

Tom Barton, Castlemaine Co. Kerry



PICTURE YOUR SERVICE HERE

This Advertising Space is
Now Available from as little as
€15+ vat per week.

For further details call Des on
087 - 6593427
E: des@outlookmags.com

ShopKerry.ie

TO ENCOURAGE LOCAL SPENDING THIS CHRISTMAS

ShopKerry

Kerry County Council and Kerry Chambers have joined forces to appeal to everyone in Kerry to support local shops and businesses this Christmas and to encourage people to use a new online directory of Kerry businesses and services which they can support at this challenging time. Shopkerry.ie is a new online portal which provides details of hundreds of Kerry shops which are open or providing online or delivery services.

The aim of the new website and the 'Shop Local' campaign is to encourage consumers in the county to support the local economic recovery by spending locally this Christmas. Businesses are being encouraged to sign up and register for inclusion on the online directory which has been launched online this afternoon. The Cathaoirleach of Kerry County Council, Cllr Patrick Connor Scarteen appealed for solidarity with local shops and businesses this Christmas: 'At the heart of every community in Kerry are local business owners who have endured enormous challenges during 2020. Because of the pandemic, they have been pushed to the brink, but they have innovated, evolved and adapted what they do, and how they do it, to survive. Now they depend on us, the people of Kerry, to support them as much as we can by spending what we can locally.

'As consumers this Christmas, we

must show solidarity with local shops and services which employ our relatives, our neighbours and our friends. Every euro spent in Kerry helps to protect those jobs and support the local economy,' said Cllr Connor Scarteen.

On behalf of the Kerry Chambers, Ken Tobin CE of Tralee Chamber said: 'Our towns are safe, open longer, glowing with Christmas lights and full of atmosphere for Christmas. Over the past number of weeks, we've stayed connected with customers online and with takeaway services, and while online is here to stay, you can't beat the experience of shopping on the run in to Christmas. We are now entering a time where we also want to see customers coming back into our town centres and supporting all our local businesses in Kerry.

'Whether you want to shop in person, have someone shop for you or shop local online or whether you call it Black Friday or Green Friday, all we ask is that you add a bit of Green and Gold to your shopping cart this Christmas and shop in Kerry,' said Ken.

Businesses or services wishing to be included in the online directory can register on shopkerry.ie. There is no fee for registering.

The new campaign will be supported by an advertising and promotion campaign with a strong social media and online presence over the coming weeks, using the hashtag#shopkerry



HAPPINESS IN THE WORKPLACE

For many of us a great deal of our day is spent in the work place – or thinking about work, therefore it makes sense that we would aim to make our working lives a happy and pleasant experience. However, when faced with various frustrating challenges at work our stress levels can increase and lead to anything from burnout to boredom to distraction. Whilst some levels of stress at work are normal, excessive stress can interfere with productivity as well as our physical and emotional wellbeing.


In her book *Real Happiness at Work*, Sharon Salzberg discusses eight pillars of happiness in the workplace. These include balance; concentration; compassion; resilience; communication and connection; integrity; meaning; and open awareness. Throughout the book she presents formal meditations along with mini meditations and practices for the reader to try out. These exercises are simple, small and practical ways in which we can achieve greater calm and satisfaction. The following includes some of the advice she gives us to have a more peaceful and happier day at work.

1. Before starting a project, meeting or even a conversation, ask yourself: "What do I most want to see happen from this?"
2. Before starting your day, set an intention. She gives the following example: "May I treat everyone today with respect, remembering each person wants to be happy as much as I do."
3. Try to perform a simple act of kindness every day. The following are such examples: "holding a door, saying thank you in a sincere manner, or listening to someone with a clear and focused mind."
4. Pay attention to your feelings. For example, if you're feeling irritated toward a co-worker, pay attention to your irritation, "not so much the story of why you're irritated, but the actual feeling of it." What does it feel like in your body? Where do you feel it? Identifying irritation as it starts helps you prevent an action you might later regret. "With a more immediate recognition of what we're feeling, we have a choice as to how we want to respond in that moment."
5. Think about the people who make your job possible, such as a housekeeper, caretaker or fundraiser – and thank them. These are just some simple measure we can take to generate more happiness in the workplace. Over the next few weeks we will take a closer look at Stress, Workplace Stress and how we can manage it in our lives.

SouthWest Counselling Centre, Killarney is open and providing affordable professional telephone and online counselling to parents, adolescents and adults during this Covid 19 crisis at its Killarney Centre (Lewis Road).

Contact 064 6636416 or Email: info@southwestcounselling.ie
Registered Charity No: CHY 14775

SouthWest Counselling Centre is a not-for-profit organisation. All funds raised through fundraising are for service provision.




Gardening
with Killarney Outlook
by John O'Sullivan

HOW TO TAKE HARDWOOD CUTTINGS

A lot of hardwood cuttings are grown on outside in prepared beds but if you are only taking a small amount of cuttings you can grow them in pots as well. While taking a hardwood cutting pick a good healthy shoot that has grown in the current year. Next remove any soft growth at the tip of the cutting. The cut into sections of about 6-10 inches above a bud at the tip with the cut sloping so the water can't rest on it.

Then cut at the base below a bud or a pair of buds and then dip the lower bud into some rooting powder. Next prepare a trench that is well dug over and has good drainage or if you are growing them in pots, make sure there is plenty of drainage. Insert the cuttings two thirds into your pots or ground and allow about 4-5 inches between cuttings. Cuttings should be left until the following Autumn and remember to water in dry spells.



JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



FOR SALE CLASSIFIEDS

ED 51

FOR SALE

TOP QUALITY DRY TURF

LOADS DELIVERED.

CONTACT: 087 2900432

FOR SALE CLASSIFIEDS

ED 48

FOR SALE

BAGS OF TURF

only €3 each - buy 25 bags for €75.

ready to burn with 2 Free Bags of Starters - all delivered.

CONTACT: 087 2744454



ED 48

FOR SALE BAGS OF DRY STARTERS

4 for €10 or 9 for only €20 - All delivered.

CONTACT: 087 2744454



ED 48

FOR SALE

8 X 4 CAR TRAILERS OF TIMBER Oak & Ash

Neatly split - only €145 with Free Bale of

Briquettes and Free Bag of Starters .

CONTACT: 087 2744454



ANIMALS CLASSIFIEDS

ED 48

FOR SALE

12 WEEK OLD PUPPIES

Golden Retriever Cross. Vaccinated and wormed.

CONTACT: 087 6044578

PROPERTY CLASSIFIEDS

ED 48

TO LET

SINGLE EN SUITE ROOM

in Killarney Town Centre.

CONTACT: 086 3001877

AVAILABLE CLASSIFIEDS

ED 51

CONVERT TAPES TO CD, DVD, USB at Curiosity Shop,

3 9 Main St.Castleisland

CONTACT: 087 4586136

BE LOCAL BUY LOCAL

Love Local



A Word of Victory

Welcome back dear reader last week I spoke of the note my child wrote and how I have never forgotten those words "it's very difficult to be a child". When I think back over the years it is like they have passed in the blink of an eye. Years that we have lived through many ups and downs. Sunny days and gloomy days. Happy times and sad ones. Some days it was hard to put one foot in front of the other because of the heaviness of that particular season we were in. But for the knowledge of God and relationship with Him I don't like to think where we would be now.

"Blessed is the one whose strength is in You, whose heart is set on pilgrimage, As they pass through the Valley of Baca (weeping) They make it a spring; The rain also covers it with pools (blessings). They go from strength to strength... (Psalm 84:5-7). This Psalm is speaking about the journey of life. Life hand-in-hand with God. A two way relationship. And what happens is that even in rough places, or times of weeping and distress, that relationship and trust in God strengthens us so that good will come out of the bad. Joseph, when explaining to his brothers why he forgave them for what they did to him put it this way – what you meant for evil God turned around for good (Genesis 50:20). Sometimes the enemy gets in and uses people or circumstances to bring failure, tragedy or devastation, depression or fear into a person's life. But friend, no matter what you have been through know this - God is for you! He loves you and has a good plan for your life (Jeremiah 29:11-14; Romans 8:31-39).

I don't know your circumstances but I do know that no foe can withstand God's power when we are in relationship with the Lord Jesus Christ in obedience to His Word. And circumstances are subject to change! "He who dwells in the secret place of the Most High shall remain stable and fixed under the shadow of the Almighty [Whose power no foe can withstand]. (Psalm 91:1 AMP).

The enemy assaults the mind with evil thoughts of fear, lies and oppression in order to distract us away from God's plans. It is vital that we study God's Word to understand His plans, and then cast down the enemy's words and retrain ourselves to think and say only what God says about us (Romans 12:2). This is why many people are under pressure and want to give up because they are being deceived by the lies the devil is tormenting them with (John 8:44-47). Friend, please don't give up - instead reach up for God's help! (Psalm 121) He won't let you down.

See more at wordofvictory.net



@WOVKillarney

E: wovkillarney@gmail.com | Phone/Text - 087 4471797
www.wordofvictory.net

Word of Victory is a paid advert and does not represent the editorial views of this magazine.

IN MEMORIAM

2ND ANNIVERSARY

IN LOVING MEMORY OF
FRANK JONES



KILLARNEY, CO KERRY
 WHO DIED MAY 4TH, 2018

*Without your kind and gentle smile
 And sweet familiar face
 A treasured life is missing
 And the World a sadder place,*

FROM YOUR
 LOVING FAMILY

TO PLACE A MEMORIAL IN THE KILLARNEY OUTLOOK

Please email the details to:
killarneyoutlook@outlookmags.com
 and the verse and photo you
 would like to include.

.....
*Please include a contact name,
 address and telephone number.*

1/3 COLUMN €5
 inc vat. (45x86mm)

payment to be made via credit card.

MAGAZINES

TREE OF REMEMBRANCE

Night prayer will take place in the Franciscan Friary, tonight, Friday, November 27th at 8pm

The Friars will gather around the tree of remembrance to remember all your loved ones named on the tree, and all of those relations, friends and acquaintances always in your thoughts and prayers. This will be streamed live on the Killarney Franciscans Facebook page at 8pm.

Join the Friars in prayer this evening and light a special candle for all those you remember.

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

ED 48

PRAYER TO ST MARTIN DE PORRES

Most humble St. Martin, whose burning charity embraces all, but especially those who are sick, afflicted, or in need, we turn to you for help in our present difficulties and we implore you to obtain for us from God health of soul and body, and in particular the favour we now ask ...
(pause to ask favours) ...

May we by imitating your charity and humility, find quiet and contentment all our days, and cheerful submission to God's holy will in all the trials and difficulties of life.

BRÍD

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

M.B.

12TH ANNIVERSARY

IN LOVING MEMORY OF

MARK DUGGAN



MOULNAHORN, MACROOM.

WHOSE ANNIVERSARY OCCURS ON THE 22ND OF NOVEMBER.

*Wrap your arms around him Lord,
Don't leave him on his own,
For it is his anniversary,
And he can't come home.
Call his name softly,
And when he looks your way,
Tell him we love him,
And miss him everyday.*

From Nora and John

*Will those who think of Mark today,
A little prayer to Jesus Say.*

Mass will be said at a future date in the Franciscan Friary Killarney for Mark.

May he Rest In Peace.

2ND ANNIVERSARY

IN LOVING MEMORY OF

SUSAN O'DRISCOLL



NOTTINGHAM UK & KILLARNEY
WHO PASSED AWAY ON THE 27TH NOVEMBER 2018

*God looked around his garden
And found an empty place
He then looked down upon
The earth and saw your tired face
He put his arms around you
And lifted you to rest
God's garden must be beautiful
He only takes the best.
It broke our hearts to lose you
But you didn't go alone.
For part of us went with you,
The day God called you home.*

From Heartbroken Sisters Nora,
Twin Betty, John and Tom

Mass will be said at a future date in the Franciscan Friary Killarney for Susan.

May she Rest In Peace.

KILLARNEY PARISH SILVER CIRCLE

- Week 7 Results

1st Prize €500:

John O'Leary, Kilbrogan Hse, Muckcross

Seller: Evelyn O'Leary

2nd Prize €250:

Áine O'Connor,

Roseville Ave, Muckcross Road

Seller: Sheila Morris

Winners of €100 each are as follows;

Joe McAuliffe, Lissivigeen

Seller: Parish Office

Anne Marie Kennelly, Countess Road

Seller: Tadhgíe Fleming

Vivienne Brady, Countess Grove

Seller: J. Dwyer/J. Foley

Maureen Cronin, St. Brendan's Place

Seller: Maisie O'Sullivan

Maura O'Neill, Park Drive

Seller: Parish Office

Winners of €75 each are as follows;

Kathleen & Mairéad, Holy Cross Mercy N.

Seller: Fr Niall/ Mrs Coffey

Christy & Mary Lehan, Lissivigeen

Seller: Mary Lehan

Niamh & Erin O'Connor, Kilcummin

Seller: Mary O'Connor

Anne O'Donoghue, Gneeveguilla

Seller: Donie O'Dowd

Eve Kavanagh, Muckcross Road

Seller: Mary Kavanagh

Anna O'Shea, Gortahoonig, Muckcross

Seller: Paddy O'Donoghue

Gearoid O'Sullivan, Kilcummin

Seller: Fr Kieran

Maíread Roche, Headford

Seller: Maisie O'Sullivan

Congratulations to all winners, and thanks to all who supported, promoted and sponsored the draw this year. Tickets are still available from Parish Office by Phone

This week's prize money is sponsored by:

Randles Court Hotel, Dromhall Hotel,
East Avenue Hotel, O'Shea's Funeral Home,
KWD, The Lake Hotel, Gleeson's Dental
Ashville Guess House, & Hegarty Bros Castlelough

1ST ANNIVERSARY

IN LOVING MEMORY OF

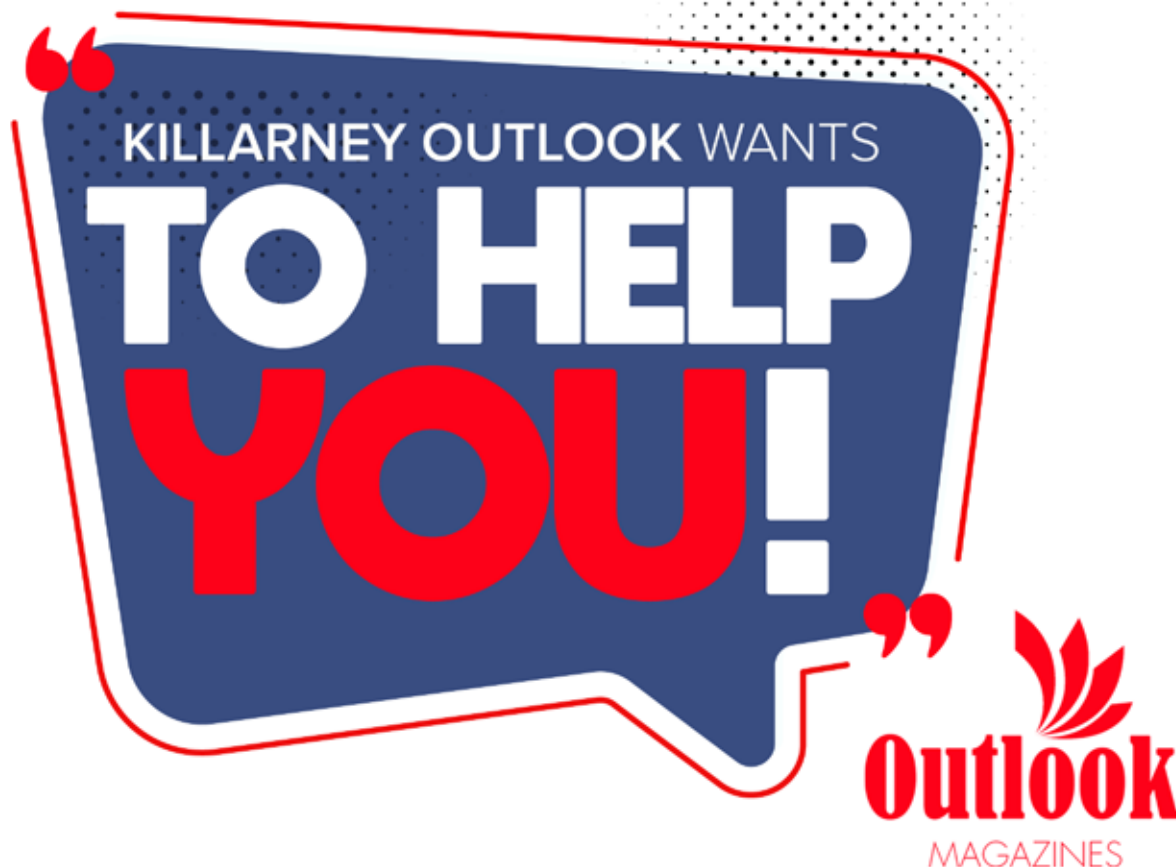
PATRICK FORAN



WHO PASSED AWAY ON
2ND OF DECEMBER 2019
R.I.P.

*Those special memories of you, will always
bring a smile, If only we could have you
back for just a little while. We hold you
close within our hearts, And there you will
remain to walk with us throughout our
lives until we meet again.*

Loved and always remembered by your
sister Betty husband Robert & family.



REDUCED PRICES

TO HELP YOU **STAY IN TOUCH** WITH YOUR CUSTOMERS!

Full Page: **€80** ~~€240~~

Half Page: **€40** ~~€160~~

Quarter Page: **€20** ~~€75~~

Call Des on: **087-6593427**

Terms & Conditions apply. Prices quoted are plus vat.

OUR **TEAM** ARE HERE TO HELP...

SALES: 087 - 6593427 | E: des@outlookmags.com

EDITORIAL: 086 - 0400958 | E: news@outlookmags.com

ACCOUNTS: 1800 71 40 40 | E: accounts@outlookmags.com

Be the first with your favourite weekly community magazine by dropping into your main local distribution hub in the following areas:

- KILLARNEY
- MUCKROSS
- GLENFLESK
- BARRADUBH
- GNEEVEGUILLA

- RATHMORE
- KILCUMMIN
- CASTLEISLAND
- FARRANFORE
- CURROW

- FIRIES
- MILLTOWN
- CASTLEMAINE
- BEAUFORT
- FOSSA

