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Brave & beautiful, models in recovery take to the stage at the INEC for the Kerry Hospice Fashion Show, pictured with the host on the night Fashion Guru Noel Cunningham (seated left of centre). Picture Marie Carroll-O'Sullivan **SEE PAGE 4**

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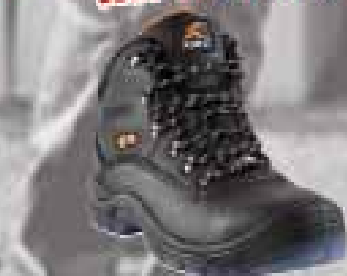
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EDITOR'S NOTE

From the Catwalk to the County Championships - we have something for everyone in this week's Killarney Outlook. Lady Captain at Killarney Golf Club has chosen a charity that touches the lives of everyone for her fundraising day, the Killarney Microtrack is almost

ready to go and St. Brendan's College honoured the Hogan Cup Winning Team of 1969.

Secondary school students in Killarney are standing up to show their concerns about Climate Change, the roads in Killarney National Park are set for a makeover and Killarney

celebrates Culture Night. Hope you enjoy this week's magazine.

Aisling Crosbie, Editor

086 0400958

news@outlookmags.com



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

Brave and Beautiful MODELS IN RECOVERY STEAL THE SHOW

Models from all walks of life who are recovering from cancer took to the catwalk in the INEC on Wednesday night in front of a packed house.

The event showcased some of the best boutiques in Killarney and beyond with some fantastic spot prizes on offer to the attendees.

TV personality Noel Cunningham was MC on the night, which began with an epic performance by students from St. Brendan's College Music Department.

The models who took part included Sasha Lyne, Noreen O'Brien, Maria Kearney, Tracy Sheehan, Mary Rose O'Donoghue, Andy O'Sullivan, Orlaith Monks, Norma and Margaret Murphy, Bernie O'Sullivan, Noreen

O'Donoghue Michael Walsh, Nicky O'Sullivan, Pat O'Doherty, Jacqui Tangney, Brendan and Kathleen Galwey, Linda Ring, Anne Marie Cronin, Juliet Culloty and Ambrose Donnelly.

"I would like to thank everyone who helped in any way to organise this wonderful event. And a special thank you to Noel Cunningham who travelled once again this year for the occasion", Organiser and Chairman of the Killarney Branch of the Kerry Hospice Foundation Pat Doolan told the Killarney Outlook.

The now annual event is coordinated by a hard working committee and has become one of the most popular events on the Killarney social scene.



Killarney branch of Kerry Hospice, annual organisers of the hugely successful Models in Recovery Fashion Show. L-R Presenter TV3's Fashion Guru Noel Cunningham, Mary Finnegan, Kay Spillane & Kathleen O'Sullivan. Middle Row L-R Maria O'Sullivan, Catherine O'Reilly, Angela Curran, Pat Doolan, Dermot O'Reilly, Phyllis O'Sullivan & Maria O'Keeffe. Back Row L-R Patricia Mangan, Niamh O'Carroll & Patricia Barrett. Picture Marie Carroll-O'Sullivan

National Park Roads set for makeover

Roads in Killarney National Park are set for a much need repair job which will start on Monday next, September 30th.

Speaking to the Killarney Outlook this week, Michael Healy-Rae, TD confirmed that following extensive negotiations a contractor will begin repair works within the confines of the Park.

"As everyone who frequents the park are aware some of the road network through the Killarney National Park which is used by our local jarveys has fallen in to terrible disrepair", Deputy Healy-Rae said.

"Some of the holes in the road are more like craters rather than potholes in certain parts of the park and it is only the experience of the Killarney Jarveys when driving that has prevented a serious accident up until now", he added.

"Im glad to confirm that contractor will begin work on the week starting the 30th September to do a proper repair job and I thank the NPWS for their cooperation in this matter", Deputy Healy-Rae said.



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Lady Captain chooses COMFORT FOR CHEMO for her charity day

Lady Captain at Killarney Golf & Fishing Club, Mary Sheehy chose Comfort for Chemo as the beneficiary for her charity day at Killarney Golf & Fishing Club recently.

The Kerry based charity is based at University Hospital Kerry and has a mission to build a stand alone facility which will allow sufficient space to treat patients living with cancer with dignity and respect.

The newly formed charity is planning fundraising activities going forward and has a number of patrons helping the hard working committee.

Right: Mary Sheehy Lady Captain Killarney Golf Club presenting the proceeds of the Ladies Club Charity Day of €5000 to Paul McCarthy and (left) Bríd O'Connor for Comfort for Chemo at Killarney Golf and Fishing Club.



"I decided to pick something that unfortunately touches everyone's lives, either directly or indirectly", Mary told the Killarney Outlook. "I had huge support from the members and their guests on the day and we raised an incredible €5,600 for this new initiative". 40 teams took part and between the entry fee, donations and raffle, I was delighted to present the charity with these

funds", she added. "I would also like to thank Walsh Colour Print for their sponsorship of the day", Mary said.

Comfort for Chemo are hoping to fundraise for a €5 million state of the art purpose built chemotherapy unit for the people of Kerry.

Every three minutes in Ireland someone is diagnosed with cancer and while there are more

treatment options available and survival rates continue to grow patients need a dedicated area to get their treatment.

The new unit will include a new outpatient unit, dedicated chemotherapy suites, isolation facilities, teaching and research facilities and counselling and support rooms - all which will provide privacy and dignity for patients.

One man's trash is another man's treasure at Beaufort Community Centre

If you have been planning to do a declutter in your home - you couldn't have picked a better time.

Beaufort Community Centre are holding a fundraiser on Sunday 20th October where you can sell your preloved items.

It is the perfect opportunity to get rid of unwanted books, pictures, children's toys, pre loved clothing, bags, shoes, household items, glass, china etc.

The event will have a real community feel with lots of refreshments, home baking, and a raffle with some amazing prizes donated by local businesses and residents.

The Trash and Treasure Fair will take place on

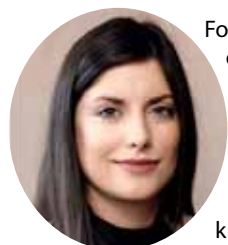
Sunday 20th October from 11am - 5pm with all proceeds going to the Beaufort Community Centre Fund.

The fair is organised by Kim Kelleher who is the brains behind the novel fundraiser and all funds raised will be used to help with the renovation of the centre, which is the focal point for many local groups in the community.

Tables can be prepaid at €20 each by contacting Kim on 087-3588693 and the entrance fee for adults is €2 which includes a raffle ticket. Children are free on the day.



CLLR. HEALY RAE VOTES AGAINST PROPERTY TAX INCREASE



Following the recent meeting of Kerry County Council, "Cllr Maura Healy-Rae would like the people of the Killarney Municipal District and indeed the entire county of Kerry, to know that she did not vote

for the 10 % increase in the property tax which was passed by a vote of 16 to 12 at Monday's council meeting.

I received the message loud and clear while on the campaign trail where people outlined that they simply were not able to afford yet another tax", Cllr. Healy-Rae told the Killarney Outlook.

"These people are already squeezed enough

and have no more to give. They also pointed to the lack of services they receive from any tax they pay, whether it be footpaths, hedge cutting and lighting which is what the property tax was intended to be used for in the first instance", she added.

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Cool Runnings

Final stages of The Killarney Microtrack in place



After trojan work by the hard working committee, The Killarney Microtrack is nearing full completion and is expected to be up and running over the next few weeks.

This week works currently underway include the erection of lighting, while next week the track will be laid and lined.

The final piece of the jigsaw will be the completion of the outdoor basketball court and lining.

"Once the insurance is in place, then I would expect an immediate invasion of the school kids during the school day", Jeremiah Griffin told the Killarney Outlook.

"The first thing we have to do is educate them on the do's and don'ts regarding track and field preservation and etiquette", he added.

Access in the evenings will be through an organised and scheduled basis and will be coordinated by Killarney Valley AC.

A new front gate will be arriving in November and once this is in place bookings outside of school times can be booked through a website.

The Kerry stars Special Olympic Club will be one of the first clubs to avail of the fantastic new facilities and will be on track on Mondays from 5-6pm and on the pitch on Thursdays

from 7-8pm.

"Everyone in Killarney Valley AC are very excited as the opening day is near, after such a comprehensive process and now that the hard work is done, all school students in the locality can now pursue a well supported Track and field plan into the future or even engage with their own "fit for youth" plan and enjoy the benefits of good health", Jeremiah added.

A meeting to discuss the final stages will be held on Wednesday next, 2nd of October at 8pm sharp at The Killarney court hotel.

ST. BRENDAN'S HONOUR THE TEAM OF 1969

Members of the 1969 Hogan Cup winning team gathered in their alma mater, St. Brendan's College on Saturday last to celebrate the 50th anniversary of their auspicious achievement in 1969 in an event organised by Tony O'Keeffe.

Despite many years of success at Munster level winning the All Ireland Colleges "A" Final eluded St. Brendan's.

However, 50 years ago this team under the guidance of trainer and manager Fr. James Linnane brought the ultimate prize to the Sem. Following a cup of tea, the gathering enjoyed an input from current students Mark Cooper and Michael Lenihan into life for a "Sem Boy" in 2019 and an input from current Kerry Senior and captain of the 2017 Hogan Cup winning team Dara Moynihan on the current place of Gaelic Football in St. Brendan's.

Fr. Linnane led the group in Mass in the College Chapel. The group then gathered in the Killarney Avenue Hotel for a celebratory dinner. "As a school, we were honoured to welcome back our students of 50 years ago" Sean Coffey Principal said, "their anecdotes and memories brought the evening to life".



The Hogan Cup Winning Team of 1969

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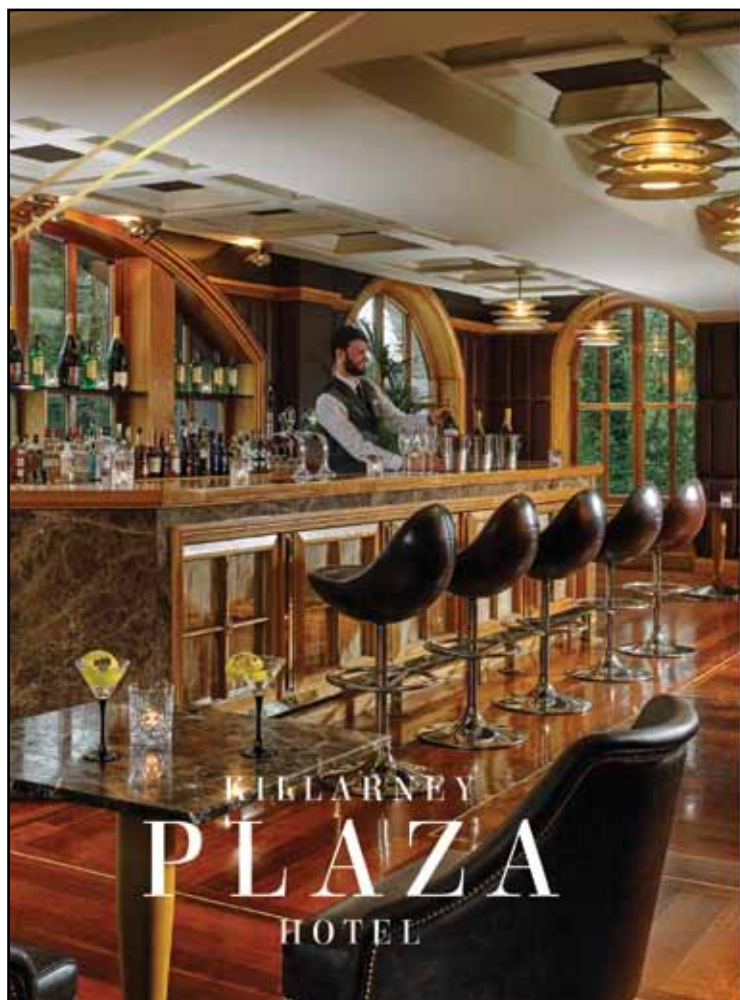
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BREXIT'S IMPACT ON TOURISM IN KILLARNEY

Peter Doyle spoke with Tom Randles who was recently appointed to the Government's new Tourism Leader Group



With Brexit looming on the horizon, creating uncertainty, it is widely reported that up to 10,000 jobs could be lost in the hospitality sector.

3,000 people are directly employed in tourism in Killarney - is this cause for concern for Killarney hoteliers as there

has been a reported 20% downturn in tourism this year? That is the question I put to Mr. Tom Randles of Randles Court Hotel.

"Our company has found it to be a successful

year, while it may not be as good as 2018, it is certainly not down 20%", Mr. Randles said.

Tom explained that Brexit is not just affecting the UK market but is also having an impact on the domestic market. Mr. Randles is optimistic that in the event of a hard Brexit job losses can be avoided, though he does caution, "that it would lead to a quieter off season, which could result in a reduced working week."

Mr. Randles was recently appointed to the Government's new Tourism Leader Group. It is his opinion that the increased tourism tax which amounts to four and a half per cent on all rooms and food needs to be urgently reviewed by the Government. It is one of the highest V.A.T. rates in Europe. It is also rumoured that the U.K. Government are considering reducing their tourism tax which would create further issues for Ireland.

Mr. Randles also cited the spiralling cost of insurance as another major cause for concern, warning, "that it will not be long before it takes a serious toll on business."

Mr. Randles welcomes the proposed increase of the minimum wage. He believes it is affordable and important that hard working employees are well paid.

Mr. Randles believes Killarney provides both great value and great service and needs to continue to do so in order to overcome the potential pitfalls of Brexit.

There have been quite a few new hospitality businesses opening in Killarney in the past three to four months, including Kitty O'Sé's, The Mad Monk and Malarky's, which proves that the industry continues to grow and develop in Ireland's tourism capital.

BRASSIL CALLS FOR REVERSAL OF REHABILITATIVE TRAINING ALLOWANCE ABOLITION

Fianna Fáil TD for Kerry John Brassil says the Government's cruel decision to scrap the Rehabilitative Training Allowance for new entrants must be reversed.

Deputy Brassil, who has raised this issue a number of times, says the targeting of some of the most vulnerable people in our communities as a cost cutting measure is uninspired. He called on the government to listen to the pleas made by young people with disabilities.

"This allowance provides an opportunity for people with disabilities to develop enhanced

life and social skills as well as equipping them with basic work skills. It more than proves its worth. It is relatively inexpensive but offers huge opportunities to people with disabilities", said Deputy Brassil.

"For the government to target it as a cost cutting measure is just ridiculous. Its abolition will result in minimal savings, but it will have major ramifications for the students.

"I attended this week's protest at this Dáil and spoke with the young people who had travelled to Dublin to highlight the issue. They told me

that the training vastly boosted their confidence levels and sense of self-worth. They are learning new skills and many of them talked about going on to other courses and education. Without this training allowance, this may not be possible. "The savings from abolishing this scheme will be minimal and I believe the decision should be reduced", concluded Deputy Brassil.



DIARMUID SECURES MANAGEMENT ROLE



Former Ireland and Killarney Athletic footballer has been confirmed as the new Under 18 manager of Motherwell.

Diarmuid O'Carroll, who is originally from Ross Road in Killarney replaces Darren O'Dea who left earlier this week.

Diarmuid started his professional career at Celtic and went on to play with Ross County, Morcambe, Airdrie and Valur in Iceland.

He also has an Under 21 cap for the Republic of Ireland.

According to an article on Motherwell's website, Diarmuid has always been involved in some element of coaching and it was whilst in Northern Ireland that he started his coaching education with the IFA, where he is now waiting to start his UEFA Pro Licence course.

Most recently, as well as been a UEFA B licence coach educator, O'Carroll has been working in

Las Vegas.

"I'm really happy to be at Motherwell," O'Carroll said: "I'm joining a great coaching staff and I'm looking forward to the challenge.

"Once the opportunity arose, I knew it was one I wanted to take. This club has an exceptional pedigree of developing young talent, and I hope to play my part in helping the next generation come through."

Motherwell manager Stephen Robinson added: "Diarmuid is an excellent addition and we are very much looking forward to working with him.

"We conducted a robust process with the appointment, which included a practical session on the park with our players, and we are excited by what he can bring to the group."

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KILLARNEY CELEBRATES CULTURE NIGHT



Culture Night 2019 was once again proved a great success all around the county tonight with numbers up on last year.

The event began early in Killarney at St. Brigid's Secondary School, the first school in the county to put on a special event for Culture Night while the work of professional artists was on view at Kerry Visual Arts Showcase at Government Buildings, in a show that runs until 31st October. The Showcase is an opportunity for the recent work of visual artists to be shown in Kerry and all work is for sale.

Killarney's events were very well attended



again with events in Killarney House, Muckross Schoolhouse, St. Mary's Church, the INEC, the Cultural Centre and more. "We had 70 events in 24 towns right across Kerry, and we want to thank all the artists, event organisers, ambassadors and audiences for making Culture Night the very special occasion that is was this year", said Kate Kennelly, Arts Officer and Creative Ireland Kerry Co-ordinator at Kerry County Council.

Artists, arts organisations and arts centre offered up a diverse selection of free events late into the night. The evening was supported by the Department of Culture, Heritage and the



The Visual Arts Showcase at Government Buildings. Photos: Michael G Kenny

Gaeltacht and the Creative Ireland programme in partnership with Kerry County Council.



The art exhibition at St. Brigid's Photo: Michael G Kenny



Students from St. Brigid's who were involved in Culture Night. Photo: Michael G Kenny

UP THE HILL FOR JACK AND JILL



Having witnessed first hand the amazing work undertaken by the Jack & Jill Foundation, Cynthia Daly from Gneeveguilla is calling on people to travel to Clonakilty on Sunday for a fundraising walk in aid of the Children's foundation.

"It may be some distance, but it is such an amazing cause", Cynthia told the Killarney Outlook.

"My sister Anita and her husband David use the

services of Jack & Jill for their daughter Olivia (4) who was diagnosed this year with early infantile epileptic encephalopathy-37 (EIEE37) and they find them amazing – she says it is like an angel coming in the door when a Jack & Jill nurse comes to help with Olivia", Cynthia added. Olivia is totally dependant 24 hours a day, needing to be spoon fed, changed, and carried everywhere, however she is a happy little girl who loves going to pre school, looking at books and at the television.

The fundraising charity walk will take place for

The Jack & Jill Children's foundation from The Clonakilty Park Hotel, Clonakilty, West Cork this coming Sunday 29th at 11.00 am.

Jack & Jill provides home nursing and in home nursing respite care for seriously ill children and vital support for their parents and families. Jack & Jill is a voluntary organisation that relies 100% on the support of individual donors and corporate sponsorship. Visit www.jackandjill.ie or (087) 64477936 / (086) 0818606 for more information or to donate or text 'We Care' to 50300 to donate €4.

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THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

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Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.



INCLUSIVE SPORT TRAINING TAKES PLACE AT KERRY SPORTS ACADEMY



As part of European Week of Sport, CARA in conjunction with Sport Ireland coordinated a day of inclusion training at the Kerry Sports Academy for the network of Sport Inclusion Disability Officers based in the 29 Local Sports Partnerships nationwide. They were also joined by a dedicated team of Cara tutors who deliver over 100 inclusion workshops nationwide.

The inclusion training was facilitated by two international leaders in

Inclusive Sport and Physical Activity. Dr Lynn Anderson is a Distinguished Service Professor in the Recreation, Parks and Leisure Studies Department at State University of New York at Cortland, and the director for the

Inclusive Recreation Resource Center. She has been active in the field of



Pictured at the Kerry Sports Academy are Dr. Lauren Liebermann, Professor at The College at Brockport, State University of New York Niamh Daffy, CEO, CARA and Dr Lynn Anderson Distinguished Service Professor in the Recreation, Parks and Leisure Studies Department at State University of New York at Cortland, and the director for the Inclusive Recreation Resource Center with Sport Inclusion Disability Officers at a training day in Tralee on Tuesday. Photo: Don MacMonagle

therapeutic recreation, inclusion, and outdoor recreation for over 40 years. Dr. Lauren Liebermann, is currently a Distinguished Service Professor at The College at Brockport, State University of New York, and teaching adapted physical education. She is the leading authority in the world on physical activity and sports for children who are blind or visually impaired.

Speaking at the training day CARA CEO, Niamh Daffy said: "We are delighted to have both Dr

Lynn Anderson and Dr Lauren Lieberman here with us today to further upskill the network Sports Inclusion Disability Officers and Cara Tutors who are all doing fantastic work at community level to bring about more inclusive practice with the aim of increasing sport and physical activity participation opportunities for people with disabilities. "

More information can be found at www.caracentre.ie

PRES GIRLS HIT THE GROUND RUNNING WITH TRAVEL CAMPAIGN

St. Brigid's Presentation Secondary School in Killarney are determined to continue their encouragement of alternative means of travelling to school.

Last year saw the Pres launch their 5 days 5 new ways initiative to encourage alternative means of travelling to school. St. Brigid's has hit the ground running to continue this campaign with just a month being back to school. During the summer saw the school put in place a brand new covered bicycle shed for students to store their bikes during the school day. Last Friday saw 1st years undergoing a cycling skills workshop led by An Taisce where students were showed the basic skills required for cycling a bicycle. They then cycled a route around the town putting in place such things as their safety hand signals needed in order to cycle on the road. 1st year student Evie Fahy and 2nd year student Amy Doyle travelled up to Trinity College Dublin last Thursday along with Green Schools Co-coordinator Sheree Murphy for the launch of the #andshcycles campaign. This is a campaign that is going to be rolled out all over Ireland during the next couple of months in order to encourage more girls cycling to school. Green Schools Co-coordinator Sheree



Pictured at the Hugh O'Flaherty monument during the First Year cycling skills workshop were from left: Lucey o Sullivan, Dave Brookes (An Taisce) Clionda Sweeney and Cliona Doolan and Sheree Murphy (Green School Co-Ordinator).

Murphy said "Only 1 in 250 girls all over Ireland cycle to school, this is a figure that St. Brigid's are trying to raise. There are so many benefits from cycling to school such as it allows you to be more independent, gets you exercising, good

for your mental health, wakes you up and helps reduce your carbon footprint." Walking and Park and Striding are still very much a focus as well as cycling to school for St. Brigid's.



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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



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TO BRING PEACE OF MIND & LEAVE AN INHERITANCE
We can't know when we'll pass away. It could be today, tomorrow or 50 years from now, but it will happen eventually. No amount of money could ever replace a person. But more than anything, life insurance can help provide protection for the uncertainties in life. Even if you don't have any other assets to pass to your heirs, you can create an inheritance by buying a life insurance policy and naming them as beneficiaries. Without a doubt, having life insurance coverage will bring you and your family peace of mind. You should also consider income protection and serious illness cover when considering life cover.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@gmail.com

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'KNOWING NATURE IN AUTUMN'

Killarney House & Gardens and Killarney National Park Education Centre (KNPEC) are holding a **FREE two day event** with informative talks and activities called 'Knowing Nature in Autumn' on **28th and 29th September 2019.**

Both days will bring together various groups from around Kerry who will offer a variety of talks and activities. The talks will focus on the rich natural heritage of Kerry, highlighting the extraordinary work being done in the locality and the activities will demonstrate a practical element to conservation. All aiming to foster an appreciation of the natural world around us.

Free admission.

Booking not essential but spaces are limited for talks and activities.

KILLARNEY HOUSE & GARDENS VISITOR CENTRE,
Killarney National Park, Killarney, Co Kerry. Phone: +353 85 8017973
E-mail: infokillarneyhouse@chg.gov.ie
Website: <http://www.killarneynationalpark.ie/KnowingNature>

KILLARNEY NATIONAL PARK EDUCATION CENTRE,
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Teach agus Gairdíní
Chill Airne
Killarney House
and Gardens



FREE TWO DAY EVENT FOR Killarney National Park 28th and 29th of September 2019

Killarney House & Gardens and Killarney National Park Education Centre (KNPEC) are holding a **FREE two day event with informative talks and activities called 'Knowing Nature in Autumn' on 28th and 29th September 2019.**

Both days will bring together various groups from around Kerry who will offer a variety of talks and activities. The talks will focus on the rich natural heritage of Kerry, highlighting the extraordinary work being done in the locality and the activities will demonstrate a practical element to conservation. All aiming to foster an appreciation of the natural world around us.

Talks from groups include KerryLIFE, Institute Technology Tralee, Killarney National Park Rangers, and KNPEC and a diverse range of activities are arranged for the two days. Learn how to save seeds from pollinator plants and trees (sponsored by Kerry County Council) and to identify wildflowers with the Botanical Society of Britain and Ireland - Kerry Branch. Join a mini BioBlitz, examine moth traps, take part in mammal trapping demos and go on a nocturnal ramble. See a demo on butter making from Muckcross Traditional Farms and watch an extract of a documentary on the Story of the Kerry Cow. Come and talk to groups such

as the Irish Wildlife Trust, Beaufort Beekeepers, Clean Coasts, Genesis Bird Boxes, and the Eco-congregation who will all be on hand to lend their knowledge and expertise. There will also be a mixture of 'drop in' family nature activities on both days.

It promises to be a fun filled two days for all. Further information regarding any of the talks/activities may be obtained by contacting us at Killarney House & Gardens or Killarney National Park Education Centre

Free admission.

Booking not essential but spaces are limited for talks and activities.





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KILLARNEY SCHOOLS STRIKE FOR CLIMATE



Last Friday three Killarney secondary schools came together to highlight their concerns and in protest about climate change.

Students from 1st year, 2nd year, 3rd year and TY students from Killarney Community College, St. Brigid's and St. Brendan's gathered in the Bishop's Field to create a powerful visual demand about Climate Change.

The students formed the word NOW urging world leaders to take action immediately in relation to climate change.

The idea for the initiative came from Climate Action Group in St. Brendan's and over 1000 students took part under marshall Declan O'Donoghue and his Politics & Society Class

The exercise was part of a global school strike movement which was started by 16 year old Swedish climate activist Greta Thunberg who spoke at the United Nations this week.

The students from the three schools took part in a 1st year cycle workshop, a presentation to 6th year students across all schools from An Taisce/Greenschools and a presentation to 5th year students from Mr. Aidan Forde, geologist and business owner of Saorgas Energy.

The Killarney students were part of a huge movement which took place across the country. Thousands of students came out to demand more action from the government on climate change.



Students from St Brendan's St Brigid's and Killarney Community College who participated in the NOW formation during the Killarney Schools Strike for Climate at St Brendan's College Killarney on Friday.



The greatest threat to our planet is that we believe someone else will save it
- Robert Swan

Students from St Brendan's, St Brigid's Secondary School, Killarney Community College and staff members at the Dave Brooks Green Schools Officer An Taisce lecture during the Killarney Schools Strike for Climate at St Brendan's College Killarney on Friday.



Students have their say....

Leaving cert Karen O'Donoghue from the Killarney Community College gave her own thoughts on climate change

Climate change is one of the most talked about issues at the moment, and rightly so. Whether we are passionate about the problem or not, I feel that we can all do something to make our lifestyles a little more efficient like; reducing our consumption of meat or walking instead of driving.

I think that corporations have a big part to play too. However, we as individuals can choose who we put in power by voting. We can protest and lobby in order to get legislation put in place, to hold these industries accountable for their contribution to the destruction of the earth.

Although it is easy to be hopeless about the future, I believe that we have many reasons to be hopeful. The fact that young people are leading the movement for climate action is promising, especially for the generations to follow. Greta Thunberg is definitely a beacon of hope amongst all the controversy. Most importantly, the conversation is spreading and people are starting to take notice of the harm we are causing our home.



TY Student, Megan Fitzgerald from St. Brigid's Secondary School has this to say on Climate Change.

On Friday the 20th of September, students from the local secondary schools raised awareness for the current climate crisis we are facing. First, Second, Third and Transition Year students called on politicians to take action against climate change, by forming the word 'NOW', as seen in the picture. The Fifth and Sixth years had talks on climate change and how they can take action. Some students also participated in strikes and protests outside government offices demanding for change.

Young people taking part in campaigns like these, helps to raise awareness about this cause. Everyone doing small things such as reducing their use of plastic or reducing their carbon emissions, is brilliant and is helping to make a huge difference, but more pressure must be put on governments and large companies to really stop climate change and reverse the effects. The main causes of climate change are the burning of fossil fuels, deforestation and the agriculture industry, their effects could be lessened by governments by creating stricter laws and introducing taxes and quotas on certain things. Climate change is reversible, and if we continue to campaign for action, we can end the climate crisis. If everyone could just change one or two small things, such as walk or use public transport, reduce their intake of meat and meat products, or minimize their use of plastic, it would make a massive difference. If nothing is done about climate change, there will be huge effects on human health, ecosystems, the environment, our food and human life as we know it. There will be no life for future generations and no future for young people that is worth working for.



5th year Student, Kacper Bogalecki from St. Brendan's College has this to say on Climate Change.

Last Friday (20th September, 2019) St. Brendan's College participated in the Climate Action Day. Not only was this a day where we took a stand against Climate Change but it was also a new beginning at St. Brendan's College as a Climate Friendly school.

1st, 2nd & 3rd years had talks from TY and 5th year students throughout the day. Last class at 3:00 pm a display from the 3 secondary schools took place in the Bishop's field to demonstrate our passion in fighting this prevalent issue in this modern society of ours.

Furthermore, our 5th & 6th years received informational talks from Dr. Aidan Forde and Mr. David Brooks which also looked at Climate Action.



"The earth is the only thing we all have in common"

Students from St Brendan's, St Brigid's Secondary School, Killarney Community College and staff members at the Dave Brooks Green Schools Officer An Taisce lecture during the Killarney Schools Strike for Climate at St Brendan's College Killarney on Friday.



KILLARNEY TOWN TALK

KILLARNEY RETAINS THE PURPLE FLAG

Killarney is celebrating the wonderful news that it has successfully retained the prestigious Purple Flag, an accreditation for its evening and night-time economy, having submitted a detailed Interim Renewal Application in June 2019. This is a 'gold standard' for towns and cities in the early evening and at night from 5pm to 5am. Like Blue Flags for beaches, towns that meet the stringent criteria can proudly fly the flag.

Killarney is one of 70 towns and cities across the UK and Ireland who have been awarded with the Purple Flag status. This accreditation recognises Killarney as an 'area of excellence', especially in the evening economy, offering the highest quality in shopping, dining, pubs, culture and entertainment.

Killarney Purple Flag Committee Chairman, Frank Doran said: 'We are delighted that Killarney has retained its Purple Flag status and this success can be attributed to the quality and commitment of the working group and the businesses in Killarney town who operate in the night-time economy. In order to retain the Purple Flag everyone in Killarney must continue our work on an every-day basis with all evening and night-time businesses in order to continue to develop our entertainment, food and hospitality offering in Killarney.'

CENTENARIAN'S GENEROUS DONATION

100 year old Mr. John Coffey donated the proceeds of his birthday between the charities Down Syndrome Kerry and Killarney Cardiac Response Unit. Both charities received the amazing sum of €2,000, not €1,000 which we said in last week's Killarney Outlook.

A further €1,100 was divided between the Hospice and Recovery Haven.

ST. MARY'S CATHEDRAL CHILDREN'S CHOIR

Now in its sixth year, commences rehearsals every Tues 6-6.45pm. The choir welcomes children aged 8-12 and is free of charge. The choir sings the 12 noon Mass on the final Sunday of each month. All welcome. No audition.

Meanwhile the Adult Choir is also inviting new members in all voice categories every Tues Rehearsals take place Tuesdays 7- 8.30pm and on Sunday 9.30am before the 10.30am sung liturgy. Ability to read music is not a requirement and there is no audition. All welcome: Contact Aidan O'Carroll 087410322.

FREE ADULT EDUCATION

Are you unemployed and looking for a challenge?? Have you considered returning to Education to upskill?? Killarney VTOS is now recruiting! Courses available are QQI Level 3 and Level 4 with Computer Training (ECDL), Personal Development and Career Guidance. If you are unemployed and in receipt of a social welfare payment, or a dependent of someone on a payment, you may be eligible. For further information call into the Killarney VTOS Centre which is located in the New Street Car Park next door to the St. Vincent de Paul shop. Or ring 064 66 37757

JERSEY DAY

Irish humanitarian aid agency GOAL is appealing to the people of Kerry to show their true colours and get on their kit for GOAL Jersey Day which takes place nationwide on Friday, October 11th. School, businesses and organisations throughout County Kerry are being encouraged to sign up. Funds raised will go towards GOAL's life-saving work in emergency response, health, nutrition and sustainable livelihoods in 13 of the world's poorest countries. Last year alone GOAL reached more than five million people in need in Africa, the Middle East and Latin America.

SUMMER STAR AWARDS

Children who participated in Killarney Library's SummerStar Awards will receive their certificates on Saturday 5th October at 11.30am. Children are invited to come dressed as their favourite book character where they will meet Mayor of Killarney, Councillor Michael Gleeson. Summer Stars is an exciting reading-based programme which is available free of charge to all children across the country every summer. There is a lot of research which shows that children who read over the summer months maintain their reading levels and return to school more prepared for



Ollie Favier of The Shire pictured with his new craft beer The Shire Red which was brewed by Killarney Brewing Company.

the school year. Reading also helps to develop creativity and the imagination. It's a fun and calming activity that will improve concentration and communication skills.



Jim Morris scored a Hole In One playing in the Ricky Kelly Memorial tournament in Deerpark Pitch & Putt Club pictured standing on 13th tee which is in memory of Ricky. "I'm absolutely delighted, Jim said and thanked Bricin Restaurant for the excellent prize



PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



Breda O'Connor, seated centre, pictured at KTown Bar & Grill on Saturday evening enjoying her pre wedding celebrations with family & friends



Joan McCarthy, Theresa Kissane, Kathleen Cronin & Maura O'Connell pictured at the INED supporting the Kerry Hospice Fashion Show. Picture Marie Carroll-O'Sullivan

OLD KENMARE ROAD WALK

The annual Old Kenmare Road Walk in aid of Multiple Sclerosis South Kerry Branch takes place on Sun Oct 13th. Buses leaving Gleneagle Hotel car park from 9am Please call Pat O'Neill 0646631982 or John O'Shea 0872348824 for details & cards.

PETERMARKATHON

Peter Mark in Killarney are set to raise funds for The Alzheimer Society of Ireland. The annual Petermarkathon takes place 25th – 27th October 2019.

In Peter Mark Killarney, a cake sale will take place for clients on the Friday and Saturday with lots of home baking and fresh cakes and the staff will be wearing fancy dress.

This year the Peter Mark team will be donating and raising awareness for The Alzheimer Society of Ireland to assist with education and support services in the community, helping both people with dementia and their families.

TESCO COMMUNITY FUND

Tesco Killarney will be supporting Sliabh Luachra Men's Shed, Barraduff Cardiac Response and Glenflesk Community Defibrillator as part of the Tesco Community Fund.

Voting open until 13th October for current cycle and customers across Kerry are encouraged to vote with their blue tokens for their preferred project, enabling local charitable organisations to make a difference in communities across Ireland.


HOSPICE COFFEE MORNING

Milltown Ladies Group are holding a coffee morning in support of Kerry Hospice Foundation at Nagle Rice Community Centre on Friday

October 11th from 9am to 1pm. Everyone welcome, please come to support this great local provider of Palliative Care in Kerry.



Kerry Convention Bureau showcased Kerry as a unique and inspiring business tourism destination over the weekend to ten influential Meetings, Incentives, Conference and Exhibition (MICE) event planners from the United Kingdom. Photo shows the group at a welcome reception in the GSH, Killarney and includes, Niall Kelleher, Mayor of Kerry / Vice President, Killarney Chamber of Commerce & Tourism, Angela McAllen, Killarney Municipal District Manager, Kerry County Council, Mike Buckley, Chairman, Kerry Convention Bureau, Becky Hargrove, Manager, Kerry Convention Bureau, Fiona O'Donoghue, Lead Conversion Assistant, Kerry Convention Bureau, Maurice Galway, Kerry Convention Bureau Conference Ambassador and Dingle Animation Conference, Danielle Favier, Officer, Wild Atlantic Way, Fáilte Ireland, Aisling Foley, Sales & Marketing Manager, The Rose Hotel, Tralee. Michelle Murphy, Marketing & PR Manager, Siamsa Tíre, National Folk Theatre & Arts Centre, Breda Mallon, Reservations Manager, Dingle Skellig Hotel, Claire Scally, Owner, Great Southern Killarney, Ettienne Van Vredde, The Hayfield Family Collection. Photo: Don MacMonagle



Killarney Mentoring Practice

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Communication can be a difficult process but it helps enormously when you attempt to communicate out from the centre of your own immense worth.

Topics Covered Include:

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- Listening is the First Act of Communication
- How we Communicate
- Blocks to Open Communication and much more


This course is open to all adults who have had or are currently experiencing communication challenges within the home, extended family, intimate relationships, the workplace, with coaches – in other words wherever we interact with other individuals.

Booking is essential prior to Wednesday 2nd October please at 087 4129655 or at eileen2buckley@gmail.com

One-to-one mentoring opportunities are available on an on-going basis for those who wish to reflect on relationship challenges or difficulties experienced in the home, family or work environments or simply want to get to know themselves at a deeper level.

This practice is run in association with Dr Tony Humphreys:
021 4642394 or at email: tonyhumphreys1@eircom.net

Eileen Buckley is a member of IARM
(Irish Association of Relationship Mentors)



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Contact Grace Titus by email
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to 5th & 6th Class pupils and your parents
Join us at our Open Night on Monday 14th October at 6.30pm



KILLARNEY
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Get winter ready...

As we head into late Autumn and Winter, focus is turned on keeping your home warm and cosy for the winter. Here are some tips to prepare your home against the cold.

Make sure to draw the curtains in all of the rooms in your home when it's dark out, as it helps to insulate them against the cold, particularly if the fabric is heavy and the curtains have a good lining.

Hang a heavy interlined curtain inside the front door of your home. This will help to insulate the front hall and landing areas, and will keep out strong draughts from outside.

Placing draught excluders against exterior doors and the door of the main living room will help to prevent chilly draughts throughout the house.

The ideal temperature for the rooms you live and spend most of your time in is 21 degrees celsius, and 18 degrees in other rooms that aren't used as much.

Keeping the heating on low can be more cost effective than short blasts of high heat and will also help to keep rooms at a constant temperature. Have your central heating on a timer if you can, so that the house is warmed up when you wake in the morning or when you return after a day out.

A hot water bottle or electric blanket in bed ensures that your body temperature doesn't dip when you first get into bed. If you find it chilly in the mornings, it may be time to replace your trusty hot water bottle with an electric blanket so you can switch it back on for a little while when you wake up. However, make sure to never use both together.



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DO YOU HAVE TIME TO TAKE A BREATH?

Over the last few weeks I've had the chance to talk about some health-related components of fitness. This week the focus is breathing. Breathing is often taken for granted but can be a major aspect of chronic, unresolved pain and a host of other symptoms. Strikingly, the primary muscle involved in breathing, the diaphragm, is an extremely important muscle in the stability of the spine. Imagine being out digging a hole in the garden. Your diaphragm has two functions. Breath and stabilise. You start to get breathless and the supply of oxygen can no longer meet the demands of the working muscles. Which function do you think gets priority? Of course, it is always breathing over stability. This scenario is like many everyday activities and sporting situations. There are two phases of breathing, inhalation and exhalation.

Muscles of inhalation tend to become tight when overly stressed and resist the motion of the ribcage. Overtime, breathing will hasten due to the restricted movement or also anxiety. The effects of this are like the short-term effects of exercise. During exercise we build up carbon dioxide in our blood stream and our breath hastens to expel it quicker and supply oxygen to muscles for activity. Unfortunately, when we over-breathe without exercise, carbon dioxide levels plummet, causing our blood to increase in alkalinity. Breathing effects pH so quickly that just two minutes of over breathing is enough to alter blood alkalinity. This then effects the release of oxygen in the body and has been shown to lead to an acidic release into the blood stream from the Kidneys over a 24-hour period to balance the body if alkalinity persists. Over time the CNS becomes accustomed to lower carbon dioxide levels and any rise in those levels by slowing the breathing rate or exercise can lead to dizziness and disorientation.

The movement of breathing can be restored in a relatively short period but it can take months to 'reset' your adapted carbon dioxide threshold. Daily mindful meditation and other slow breathing techniques found in Pilates, Yoga or Buteyko technique are activities that will challenge this limitation. The advice is, slow down and breath.

Kevin Prunty

Kevin Prunty is a Neuromuscular Therapist in Killarney's Perfect Therapy at The Reeks Gateway.



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Paul Reen

- Qualified in 2015 from Queen Margaret University Edinburgh with MSc Physiotherapy
- Experience working in Edinburgh for the past 4 years
- Keen interest in the prevention and rehabilitation of sports injuries as well as the management of long term conditions

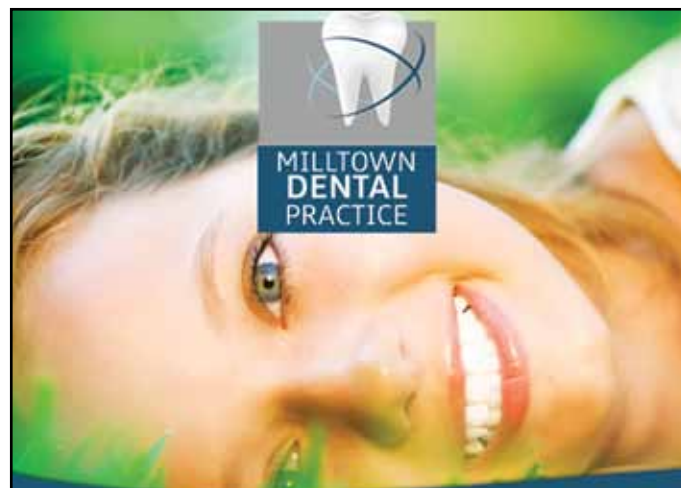


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AUTUMN SCHEDULE

| | |
|---|---|
| <p>Five Week Intro Course</p> <p>KILLARNEY</p> <p>Monday 7th October to Monday 11th November</p> <p>Times: 7 pm – 8.30 pm</p> <p>Venue: John Paul II Pastoral Centre, Rock Rd</p> | <p>8 Week Stress Reduction Course</p> <p>TRALEE</p> <p>Tuesday 15th October to Tuesday 3rd December</p> <p>Times: 7 pm – 9.30 pm</p> <p>Venue: St. Brendan's Pastoral Centre, Upper Rock Street</p> |
|---|---|

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Refuse to give your word unless you mean to commit to it

When I was much younger, I used to say "Yes" to everything. I never stopped and thought if I truly wanted to do those things I was saying "Yes" to. As a consequence, I would then try to find excuses why I couldn't go that party or baby sit for the next door neighbour!

Keeping your own word is empowering to both you and others. It means that you become someone who can be trusted to do what you say you will do. These days, I give myself some time and space to really think about what I want to say "Yes" to and the results have been liberating for me.

Top three coaching tips for keeping your promises

1. When asked if you will do something, put in a delay system. Thank the person for asking and say

that you'll get back to them as you need to check your diary or that you're not sure that you will be available. You can then get back to them with a "Yes" or "No" answer after you've had time to think about it.

2. When trying to make a decision, check in with yourself and see how it makes you feel. If you feel heavy, low or stressed this may indicate that this is not for you. However, if you feel light, excited, happy and expansive, you may want to "go for it!"

3. Remember that every time you keep your word, you build trust with yourself and with others. Only ever break your word if there is a really good reason why you couldn't keep it (as in the case of an emergency).

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COMMON EYE CONDITIONS

GLAUCOMA

Glaucoma represents a number of eye conditions where the optic nerve at the back of the eye is damaged. It is often asymptomatic and is often linked to raised pressure within the eye. When the nerve is damaged, it starts to cause problems with peripheral vision and, if left untreated, can cause permanent damage.

CATARACT

A cataract happens when either all or part of the lens in the eye becomes cloudy. There are different types of cataract, but the most common is age-related cataract.

Cataracts are very common, being the main cause of impaired vision in the world. If left untreated they can lead to partial or total sight loss.

Cataracts are very easily diagnosed by optometrists.

AGE-RELATED MACULAR DEGENERATION

Age-related macular degeneration (AMD) affects the central part of the vision and is caused by damage to the macular region of the eye, which is the part of the retina that provides high-resolution, central vision.

There are two main types of AMD – dry and wet. AMD is the most common cause of sight-impairment that affects older people.

DRY EYE

Dry eye syndrome is a common condition that occurs when the eyes do not produce enough tears or they evaporate too quickly.

Dry eye can lead to the eye becoming red, swollen and irritated, and in certain cases cause considerable discomfort for the sufferer. In very rare cases dry eye can be a sight threatening condition.

RED EYE

Red eye comprises a number of conditions such as conjunctivitis or burst blood vessels in the eye and are usually nothing to be unduly concerned about. However, if the eye is painful this could be a sign of something more serious such as iritis (inflammation) or acute glaucoma.

While the majority of red eye conditions are short-term issues, they could be a symptom of other more serious conditions, such as acute glaucoma which is medically urgent and could result in loss of sight in that eye.

WATERY EYE (EPIPHORA)

Watery eye is a condition that is usually caused either by tears not draining correctly from the eye or, paradoxically, as a result of an underlying dry eye condition which results in irritation. This can cause blurred vision, sore eyelids, swelling and vision impairment. Severe cases of watery eye can cause significant discomfort for sufferers.

For more information and honest advice contact us for an appointment.

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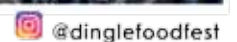
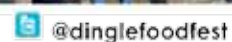
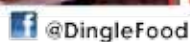
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MEET THE MAKER *Exclusive Overnight Event*

FRIDAY OCTOBER 18TH 2019



Your night will begin with a welcome reception where you can meet with the makers behind a selection of cheese including Dingle Goats Cheese, Kellys Bay Cheese, Kerry Blue Cheese, Cratloe Sheeps Cheese, O'Brien's Farmhouse Cheese and Killorglin Farmhouse Cheese. The producers will detail the process involved in producing a premium cheese and are on hand to share the art of their unique cheese making. Mark Murphy from the Little Cheese Shop Dingle will share his first-hand experience of the wide range of both local as well as national cheese.



This will then be followed by a 6 course tasting menu using the array of cheeses and designed by Head Chef Carolyn Clancy and will finish with a cheese board accompanied by a glass of port.

Priced from €225.00 for 2 people sharing
Dinner only option also available priced at €48.00pp

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Meet the Makers Exclusive Event

Get a taste for all things Cheese this October with an exclusive event taking place at Dingle Benners Hotel on Friday October 18th 2019 to celebrate the new Taste The Island initiative.

This special event was designed to celebrate the array of Munster cheese producers who have been handpicked to showcase their unique produce.

The night will begin with a welcome reception where you can meet with the makers behind a selection of cheese including Dingle Goats Cheese, Kellys Bay Cheese, Kerry Blue Cheese, Cratloe Sheeps Cheese, O'Brien's Farmhouse Cheese and Killorglin Farmhouse Cheese. The producers will detail the process involved in producing a premium cheese and are on hand to share the art of their unique cheese making. Mark Murphy from the Little Cheese Shop Dingle will share his first-hand experience of the wide range of both local as well as national cheese. This will then be followed

by a 6 course tasting menu using the array of cheeses and designed by Head Chef Carolyn Clancy and will finish with a cheese board accompanied by a glass of port.

Mark Murphy Proprietor - The Little Cheese Shop Dingle commented 'We are delighted to be involved in showcasing the amazing selection of local cheese available to us here in Munster. The climate affords us the perfect conditions for the production of a world class product and this event promises a look into the amazing art of cheese making. I am looking forward to working with Carolyn and all the producers on what promises to be an amazing night.' This special event is bookable now on www.dinglebenners.com from only €225.00 for 2 people sharing, which includes your overnight stay with award winning breakfast and the exclusive dinner event. The dinner only option is also available to book and priced at €48.00pp.



For bookings or enquiries call Dingle Benners Hotel on 066 915 1638

Gold Medal success on the triple

Three Killarney hotels were celebrating this week after winning Gold Medals in the Hotel & Catering Awards.

The Dunloe Castle Hotel & Gardens scooped the prize for Ireland's Best Designed Hotel, Cahernane House Hotel won Ireland's Country House & Guest House Experience while The Europe Hotel & Resort won Ireland's Five Star Hotel Spa Experience.

Now in their 31st year, the Gold Medal Awards

are recognised as the leading independent awards programme for the Irish hospitality industry.

Judged by industry experts, the Hotel & Catering Review Gold Medal Awards recognise and reward excellence in hospitality and catering operations across the island of Ireland. These awards encourage and applaud hotels, restaurants, guest houses, spa and leisure facilities, event caterers, healthcare caterers,

site caterers, as well as individuals and teams, that achieve the highest standard of product and service in the industry.

The black-tie gala dinner took place on the 24th of September 2019 at The Lyrath Estate Hotel, Kilkenny and was attended by over 450 professionals from the hospitality industry were in attendance.



Niamh Coakley and Jason Clifford of The Dunloe Hotel and Gardens, Kerry, winners of Ireland's Best Designed Hotel at the 2019 Gold Medal Awards in the Lyrath Estate Hotel



Ciara Power of The Europe Hotel & Resort, Kerry, winners of Ireland's Five Star Hotel Spa Experience at the 2019 Gold Medal Awards in the Lyrath Estate Hotel



Emer Corridan and Eric Kavanagh of Cahernane House Hotel, Kerry, winners of Ireland's Country House & Guest House Experience at the 2019 Gold Medal Awards in the Lyrath Estate Hotel

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RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

RATHMORE PANTOMIME GROUP would like to sincerely thank everybody who donated clothes and who helped out their clothes collection on last Thursday 19th September. It was much appreciated and a great success. Thank you.

GNEEVEGUILLA COMMUNITY COUNCIL are holding their annual Éamonn Kelly weekend over the first weekend of October 5th & 6th 2019. This is a great event with something for everyone.

The week running into the festival Ray O'Sullivan will visit the national schools of the parish to work with the children on storytelling.

- Saturday 5th at 11 am there will be a storytelling workshop for the kids in Teach Failte.

- Saturday evening there will be a night of storytelling, song, dance and what ever you're having yourself in Teach Failte at 8.15 pm.

- Sunday morning at 11 am there will be a tour of some historical sites in Sliabh Luachra, bus leaving the Eamonn Kelly monument at 11am Admission to all the above is free and an extremely enjoyable weekend, come along and enjoy.

SLIABH LUACHRA COMHALTAS Set Dancing Classes: Set dancing classes with Marie Sheehan will take place in Teach Fáilte, Gneeveguilla, on Wednesday evenings. Marie has been teaching set dancing with Sliabh Luachra CCE for many years and has been very successful at County, Munster and All Ireland fleadhanna across many age groups. Anyone interested can contact Marie on 083-0045432 for further information. Beginners very welcome.

GNEEVEGUILLA BASKETBALL CLUB Well done to Tara Leary who was part of the South West Ladies U17 team who reached the final of the Inter Regional Competition on Sunday. Tara's team beat North West and the Midlands but had a gripping final against 'South' who ended up beating us unfortunately... so Tara (14) got silver but has next year again in this age group. she was on the winning all ireland u15 team last



Firies Community Childcare Centre celebrated 20 years in business last Sunday, 22nd September. Blessed with beautiful weather on the days, allowing the children to spend time in the beautiful playground and on the bouncy castle. The celebrations were hugely supported by the local community with parents, grandparents and children of all ages. Previous attendees of the service were impressed with the recent renovations to the centre. Catering was provided by Mark and Bernie Doe from "Just Cooking" which added greatly to the occasion with delicious finger food for everyone. The staff and management wish to thank everyone for their good wishes and continuing support.

year,, so this was the U17 competition held in ballybunion sunday last.

FASHION SHOW The Friends of the Children of Chernobyl Rathmore Branch are having their annual Fashion Show on Thursday 10th October in the Community Centre in Rathmore at 8.00pm. Tickets are €12.00 and are available from the following: Betty 087 6323922 / Mairead (086) 0653369 / Eileen 086 1733094.

Death Smparthy The death has occurred of Kathleen Hassett (née Horgan) Station Road (Formerly of Clounts), Rathmore, May she rest in peace.

CONGRATULATIONS to Congrats to Fiona Hurley winner of this weeks jackpot of €181. this weeks winner of €185.

Draw takes place every Friday evening @9pm on Facebook live

RECRUITMENT EVENING Kerry Civil Defence are holding a recruitment open evening on

Monday 7th October in our Headquarters in Tralee for persons interested in joining our team of 120+ volunteers.

Click on the link for more information on Kerry Civil Defence and register your interest in the recruitment evening.

-Casualty Service -Auxiliary Fire Service -Search & Rescue -Welfare Service -Communications <https://www.kerrycivildefence.ie/volunteer.html>

CHURCH GATE COLLECTION

Friends of University Hospital Kerry will take place this weekend at all masses September 28th & 29th at rathmore& shrone Your generosity would be appericed.

NOTES if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. before 6pm Sunday.

LISTRY GAA CLUB PLAN A NIGHT AT THE DOGS

Listry GAA club are launching their upcoming fundraiser at the club grounds tonight, Friday 27th September at 6pm.

The progressive club who are planning to build a sports hall are hosting a Night at the Dogs on Saturday 9th November. The feature race on the night will be the Stevie Kennedy Memorial Race which is sponsored by The Kennedy Family from Listry, who have a long history working with greyhounds.

"We are a small rural club and fundraising is vital to our continued growth and progress", Doagh O'Regan of the organising committee told the Killarney Outlook.

"It's an opportunity to thank our main sponsors for this fundraiser who have all contributed €750 each", he added.

The sponsors for the night are as follows:

- Killarney Credit Union
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Advertising is still available for the programme for the Night at the Dogs on Saturday, November 9 at a cost of €150 each and tickets for the Night at the Dogs for €10 each from all fundraising members.



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AUTUMN DRIVING ADVICE

DON'T GET CAUGHT OUT BY THE SEASONAL CHANGE IN DRIVING CONDITIONS

Autumn isn't all about blackberries and crunchy leaves – it also brings many changes for road users, from dazzlingly blinding sunlight to the first icy windscreen of the season. Be prepared – plan ahead to avoid being caught out.

Autumn is particularly bad for dazzle from low sun. Improve vision by making sure that the windscreen is clean – inside and out. Even non-smokers find a hazy film builds up on the inside surface of the windscreen over time. Scratches, abrasions and chips on the outside can intensify the sun's dazzle too.

WINDSCREEN WIPERS

Blades will last for two years at the most. New blades clear the screen more effectively and so help reduce dazzle from the sun. Now is a good time to renew worn blades.

WINDSCREEN WASHER FLUID

Top up and treat with a good quality, purpose-made additive to reduce the chance of freezing. Don't

use ordinary engine anti-freeze but do check the handbook carefully to make sure you fill the right reservoir.

BATTERY

This is one of the most common causes of breakdown at any time of year, but particularly in the winter when electrical loads are higher. If there's any sign of the battery struggling now, the likelihood is that it'll let you down at some time during the winter, particularly if it's more than five years old. It makes sense to renew the battery now to avoid the hassle and inconvenience of an unplanned failure later.

BULBS

Check all bulbs regularly (at least once a week) not forgetting brake lights and number plate lights. The handbook will show you how to change bulbs, though some headlight bulbs may require a visit to the garage. Carry some spare bulbs.



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Increase Horse Power by up to 30%

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This will not affect your NCT test

FOSSA NEWS

Written by: John O'Neill

FOSSA BRIDGE CLUB RESULTS

North/South: 1. John O'Shea and Therese McCarthy O'Shea

2. Eileen Crehan and Joan Culloty

East/West: 1. Marie Moloney and Don O'Sullivan

2. Doreen Brosnan and Finola Spillane

Congratulations and well done to all the winners.

U12 GIRLS: Fossa U12 Girls were victorious in the East Kerry League Div 1B Final over Glenflesk. There is an enormous amount of credit due to both sets of players and mentors as they provided fantastic entertainment to a sizable crowd. With fantastic skill on show, a hard fought contest full of energy and purpose was played in a great spirit. Well done to all 22 of our Fossa girls who have completed a unique double this year winning Div 1 titles in the County League and in East Kerry. A special thank you to our loyal parents who are just as committed to the cause as the girls themselves.

BOYS U16: Fossa had a fine win over Dr.

Crokes in the East Kerry Championship.

Half time Fossa 0-08 Dr Crokes 0-03

Full Time Fossa 1-13 Dr Crokes 0-09

FOSSA BOYS U11 EAST KERRY LEAGUE

Massive team effort, making it 4 wins from 4



Boys U14: Fossa played Cordal/Scartaglen in the final of the division 5 East Kerry Championship last Friday

in this competition, they can be very proud of themselves. Final score, 5-13 to 4-10, and.....

2019 EK U11 group C winners

Well done players and management.

EAST KERRY SENIORS:

Best of luck to East Kerry against Austin Stacjs this Sunday in the county championship

especially the Fossa players.

SET DANCING

Adult Set Dancing Classes will start in Fossa Community Centre on Tuesday 1st October. Beginners 8pm Improvers and Advanced 9pm. Details contact Catherine 087 6799330. All welcome.

KILCUMMIN NEWS

Written by: John Moriarty

FAREWELL EVENING For parishioners who wish to celebrate and honour the time Fr. Eamonn spent with us a celebratory evening will take place on Wednesday 16th October in the Parish Recreational Hall. There will be envelopes in the Church Porch for anyone who would like to make a donation. For organisational purposes please state on your envelope the number from your household who will attend.

I.C.A Craft night will be held on Wednesday September 25th at 8 pm in the Rural Development Office. All ladies welcome.

JUNIOR SET DANCING Classes continue at the Recreational Hall every Friday at 7pm for beginners and intermediates followed at 8pm by advanced. Children are invited to join us

from within and outside the Parish. For details please contact Mary 087 9620135/John 086 1579381.

COMHALTAS Kilcummin Comhaltas are now enrolling for group music classes for beginner and advanced and also for singing classes. These classes are open to all and for more information please contact 087 1191353.

FUNDRAISING We will be collecting at Tesco's Deer Park on the 18th October. Any support you can offer would be greatly appreciated.

VTOS KILLARNEY VTOS IS NOW RECRUITING Courses available are QQI Level 3 and Level 4 with Computer Training (ECDL), Personal Development and Career Guidance. If you are unemployed and in receipt of a social welfare payment, or a dependent of someone on a

payment, you may be eligible. For further information call into the Killarney VTOS Centre which is located in the New Street Car Park next door to the St. Vincent de Paul shop. Or ring 064 66 37757.

LADIES GAA Congratulations to Kilcummin Senior Ladies who won the county Junior A championship in Direen last Sunday.

LOTTO There was no winner of the Lotto on Sunday 22nd September. Numbers drawn were 11, 15, 22 & 23. Next draw Sunday 6th October. Jackpot: €8,350.

MASTERGEEHA FC

LOTTO There was no winner of the Lotto on Friday 20TH September. Numbers drawn were 1, 10, 17 & 24. Next draw Friday 27th September. Jackpot €13,600.

MILLTOWN | CASTLEMAINE NEWS

Written by: Deirdre O'Sullivan

UNDER 14'S: The Under 14's had a splendid win over Glenbeigh, Glencar/Cromane in the semi-final play off of the Mid Kerry Championship on September 19th, setting up a place in the final versus Beaufort. Final score was: Milltown Castlemaine: 5/09 to GGC: 1/09. Well done to both teams and their mentors.

MID KERRY U 14 FINAL: The Mid Kerry U14 finals took place in Killorglin on Sunday afternoon last, 22nd September. Milltown/Castlemaine beat Beaufort in the B final.

UNDER 12'S: Our under 12 boys also had a great end to their footballing season on Monday September 9th when they played their final game of their year away to Ardfert. Both our Green and White teams came away with

a win. Many congratulations to our U12 White Team who also topped their group in this Central Region U12 League. A huge thank you must go to their coaches James Daly, James Dempsey, Tom, Adam, Jamie and Mike along with all the others who helped throughout the year. Also mile buíochas to Our Coiste na nÓg sponsors Burke's Butchers and Foleys Spar, Milltown.

UNDER 8'S: Our Under 8 boys had great games versus Churchill on Thursday and they enjoyed a blitz in John Mitchells on Saturday last. Special thanks to all involved with the boys and to all the clubs for hosting the blitzes which are always a huge hit with footballers and spectators alike!

MID KERRY U16'S: Hard luck to the boys from our club who were defeated in the Lee Strand County Final on Wednesday night last by Eoghan Ruadh in Austin Stack Park. Our club is truly proud of Cillian, Shane Patrick, Anthony and Conor. Sincere thanks to former senior club player Mike Burke for all his coaching and mentoring with these boys.

MILLTOWN LISTRY SENIOR LADIES: Randles County Championship Junior A Final: Hard luck to the above panel who were defeated by Kilcummin in a thrilling game played in front of a large crowd, at Legion GAA Grounds on Sunday morning last.

SPA GAA

Written by: Deirdre O'Sullivan-Darcy

GET WELL WISHES The club wish a speedy recovery to Spa player David Moynihan who is recuperating at the moment after a recent accident.

U11 B TEAM our U11 B team played at home last Wednesday night to a stronger Fries team. Fought hard and notched up some great scores. Unfortunately, not our night.

U8 BLITZ WITH ST FINBARRS, CORK Our u8 boys and girls enjoyed the experience of playing St Finbarrs, Cork in a series of fun challenge games in Spa last Saturday. The dedicated coaches did a tremendous job in organizing the event. Thanks to the parents who helped out on the day with the party afterwards. Special mention to our younger members who refereed the fun games. There's a family link with this Cork club, as Chairman Michael Cronin's grandchildren Liadh and Conor Sheehan play football with this age group. He certainly enjoyed the opportunity to watch his family play against his own beloved Spa Club members. A great day was had by all and both teams enjoyed the day.

SENIOR LADIES County board deferred the semi-final of the Div 2 to Sunday 29th at 12noon away to Dr Crokes

LOTTO RESULTS 16/09/2019 Numbers drawn: 4, 8, 20, 24. No winner and €50 lucky dips going to Mary Lynch, Sean McDermott, John Casey and Horan. Next draw on Monday September 23rd in McSweeneys and Jackpot is now €8,900! Play online spagaa.com or tickets available at the following locations: Clubhouse Reception; Dalys Supervalu; Centra Muckcross Rd; Killarney Heights Hotel; Torc Hotel; Killarney Oaks Hotel;

McSweeney Arms; Arbutus Hotel; Royal Hotel; Jimmy Briens.

FAMILY DAY Our annual Family Fun Day will take place at the club grounds this Saturday September 28th from 2pm - 5pm. There will be fun activities for all ages on the day, such as a Teddy bear Fashion Show, Junior Bake Off, Tug-Of-War, BBQ, Crossbar Challenge, Face Painting, Soak the Coach, Golf Chip Challenge and lots more. Everyone welcome to come along and join us for an afternoon of fun!

SPORTS HALL & MEETING ROOM HIRE Meeting Rooms and Sports Hall available for hire. For enquiries contact Eileen on 0876577312 (after 6pm only) or Ann on 0879403508

CO CHAMPIONSHIP Best of luck to East Kerry seniors, especially all our Spa people involved, in Rd2 of the Kerry Co. Championship c Austin Stacks next Sunday September 29th at 3.30pm in Fitzgerald Stadium

SCÓR 2019/2020 Any juvenile club members who may be interested in participating in the forthcoming Scór competitions are invited to contact Spa Scór Officer Eileen Aherne at 087-9940594 by Monday 30th Sept. Scór na nÓg is for members under the age of 17 on Jan 1st 2020 and Scór na bPaistí is for Primary school children. Scór categories: Figure Dancing, Solo Singing, Recitation/Storytelling, Instrumental Music, Léiriú/Drama, Ballad Group, Set Dancing and Table Quiz

UPCOMING FIXTURES Wednesday September 25th: EK U11 Spa v Gneeveguilla (in Spa at 6.30pm)

Sunday September 29th: Ladies Div. 2 semi-

final Spa v Dr Crokes (away at 12noon)

Monday September 30th: U13 EK Spa v Rathmore (in Rathmore at 6pm)

CALL OUT FOR PHOTOS The club are currently putting up photos around the clubhouse and we are asking anyone with any photos or news clippings they might have from Spa events, teams, games or club members down through the years to bring them along on Wednesday September 25th between 7.30pm - 8.30pm that we can get a copy and display them in our clubhouse. Please contact Club Chairman Michael on 085 8213027 or Club PRO Deirdre on 0851216359 for details.

JUVENILE TRAINING Our ABC, U6, U8 and U10 boys and girls training continues every Saturday morning from 10am. For more information on training times, please contact the Coiste na nÓg Secretary on 0871385612.

MERCHANDISE The Spa Merchandise Shop is now located at the top of the stairs in the main reception. For enquiries contact Mathilda on 087 6487356.

ONLINE NEWSLETTER The club have an online newsletter to keep you up to date on all that is happening in the club. Anyone that would like to sign up and receive a weekly email with club news, events, match reports etc please visit www.spagaa.com and click the subscribe button on the bottom right of the page.

SYMPATHY Sympathy is extended to the family of Johnny 'Batt' Cronin (RIP), Coolcorcoran.

CLUB NOTES Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 085 121 6359 before 8pm on Sundays

BEAUFORT NEWS

Written by Cliona Coffey

LOTTO The next lotto draw for a jackpot of €2,600 will be in Beaufort Bar on Sunday, 29th September. Tickets available from usual sellers and online at

www.beaufortgaclub.com

EXERCISE CLASSES Autumn exercise classes have begun in the Clubrooms. Classes are Pilates Mondays from 7pm to 8pm and 8pm to 9pm. Active retired gym and pilates, Thursdays at 11am.

SENIOR LADIES Congratulations to our Senior Ladies who are county Intermediate Champions after a great win over Chorca Dhuibhne on Saturday. After a tough first half, Beaufort led 3-5 to 2-4 at half time. However, Beaufort dominated the second half closing out the game on a scoreline of 5-14 to 2-6. Thanks to management Pat O'Shea, Mike O'Brien and Maurice Foley. They will now face the Abbesside, Waterford in the Munster quarter final on October 5th.

UNDER 14 MID KERRY B FINAL Beaufort played Milltown/Castlemaine on Sunday, 22nd in a highly competitive Mid Kerry B final. Scores were level at half time at 3.04 each. Beaufort goals came from Darragh O'Conor (2) and Pierce Slattery.



Sarah Houlihan pictured with some Beaufort supporters after the game

It was level again coming up to full time at 3.08 each. A point in the dying minutes of the game ensured victory for Milltown/Castlemaine. Beaufort have a fine panel and if they stay together should have many victories in the future. We welcome new player, Rory Breen

who has joined the team.

Thanks to the management of Cormac, Ed, Carl and Donie for coaching them and thanks to Kate Kearney's for sponsoring them.

GLENFLESK NEWS

Written by: Seamus Healy

TOMMY KELLEHER MEMORIAL TOURNAMENT

Very well done to our U10s who braved wet and windy conditions at the annual Tommy Kelleher Memorial tournament in Rathmore today. Both of our teams played great football despite the conditions and reached the finals with our Shield Team winning their final and the Cup team narrowly pipped by Gneeveguilla in the Cup final. It was some performance to reach both finals. Well done to all the boys and girls who played their hearts out today and to our coaches Donal Herlihy, Cathal Bartlett, Mike Doody, Eugene Bowler, Franck Guérineau, Tony O'Sullivan and Donnach O'Leary who looked after the teams. Many thanks to Rathmore GAA for a very enjoyable day and for their generous hospitality.

U11 EAST KERRY LEAGUE Glenflesk under 11s have gone three from three in the East Kerry league after beating Gneeveguilla in a high scoring match on Wednesday night. Congratulations to the team and mentors who worked to create this success.

EAST KERRY CHAMPIONSHIP U16

Glenflesk U 16 5 – 23 Currow U 16 3 – 12
Glenflesk under 16,s began their East Kerry Championship campaign with a convincing win over Currow on Sunday morning. With many of the team involved in the successful Eoghan Ruadh team that won the County Under 16 championship on Wednesday night confidence was high and the team got off to a flying start back in club colours. Tommy Bowler buried the ball to the net after the Currow defence was split open from a precision pass. The team continued to press and Dylan Roche added a second goal, as he took the ball near the side-line before darting past his marker and placing the ball beyond the keeper at his near post. Currow scored a goal of their own to leave the score at 2 – 12 to 1 - 06 at half time.

The second half started with Currow getting the opening scores before Glenflesk's flowing play returned. Josh Lyne and Kevin Bowler added scores before Luke Crowley scored three points in quick succession. Goalkeeper Jack O'Donoghue then made a brilliant save as he

extended fully to touch a high ball on to the crossbar. Currow then scored a brilliant goal of their own with a rocket of a shot from 20 metres out before Evan Lucey pointed for Glenflesk to close proceedings.

An impressive performance from Glenflesk then to start the campaign. Of their first half total of 2 – 12, 2 – 11 came from play. They also had ten different players contribute to the final total. They now move on to the semi final with hopes high of further progress.

U16 COUNTY REGION CHAMPIONSHIP

Eoghan Ruadh were crowned Under 16 regional champions after repelling a Mid Kerry comeback under the lights in Tralee on Wednesday night. Glenflesks contingent had a massive impact in this victory. At the back Michael Mullane and John Kelliher were solid and both contributed a point each. Killian O Sullivan was dominant at mid field and Kevin Bowler worked non stop at wing forward. The front three of Luke Crowley, Tommy Bowler and Dylan Roche contributed twelve points of the winning total and the mainlanders were powerless to stop them. After the match I spoke to Dylan, who's outrageous right foot solo dummy followed by left foot point was the highlight of the night. He said he was "delighted with the performance even though it got nervous in the second half and the team did well to get control back on the game". Killian then summed up everyone's thoughts when he said it was "a cracking performance from a cracking team".

Congratulations too to mentor Jerry Mullane who did a great job in getting the team to play so well on this historic occasion. Eoghan Ruadh 1-18, Mid Kerry 0-15.

SENIOR COUNTY CHAMPIONSHIP

East Kerry lost to St Brendan's in the opening round of the County Championship in a tough battle in Tralee. They take on Austin Stacks next Sunday in Fitzgeralds Stadium at 3.30pm and we send them our best wishes.

GLENFLESK C.C.E.

Culture Night at the Kerry Way Bar and Restaurant with Glenflesk CCÉ and friends. Lots of music ,singing and dancing took place!. Thank

you all for coming along and joining in the fun and to Paddy and all the staff at the Kerry Way Bar and Restaurant for having us

Music class will resume in St. Agatha's Community Centre on Thursday 26th September 2019. Registration for beginners and improvers at 7pm followed by class at 7.15pm. Registration for advanced students will be at 7.50pm. For more details contact Martina on 087 2966644 or Margaret on 087 2706390. Set Dancing classes will be held each Wednesday. Beginners 5.00pm to 5.45pm and advanced 5.45pm to 6.45pm. Contact Linda 087 6423683 or Jennifer 086 1037496.All welcome to music and set Dancing classes.

SCÓR NA NÓG The annual Scór meeting will take place on Tuesday October 1st @ 7.30 in The Centre of excellence Currans. Please forward any motions/suggestions or nominations to secretary.scor.kerry@gaa.ie no later than Sept 26th.

SCÓR NA NÓG The 2019 Scór na nÓg final will take place on Saturday December 14th. Venue to be confirmed. Quiz will start at 12 noon and competitions at 1.30pm, District finals to be completed by December 1st

RAHEEN N.S. Congratulations to Susan Bartlett who had the winning lotto no. 17 on Saturday 21st of September and to Dan Murphy who had no. 46 on the 14th, Joan Warren who had no. 42 on the 7th and to Colette O Shea who had no. 47 on the 31st of August.

GLENFLESK GOLF FUNDRAISER To all golfers. Thanks for supporting Glenflesk gaa golf classic. It was a hugely successful event which raised much needed funds for our club. A popular winner was Team Pat Favier former chairperson of Glenflesk and East Kerry board. Thanks to our main sponsors John o Sullivan of Lee strand and Ed Murphy Haulage and all who sponsored teams and tee boxes. Thanks to Kenmare golf club for having the course in excellent condition and for the beautiful food and beverages supplied on the day. Mise le meas Paud O'Donoghue & Johnny Roche.



Sisters supporting the Models in Recovery Fashion Show at the INEC L-R Mags Cronin, Kathleen Ryan & Sarah Scanlan. Picture Marie Carroll-O'Sullivan



Sisters supporting the Models in Recovery Fashion Show at the INEC L-R Marguerite Harty Costello & Miriam O'Brien. Picture Marie Carroll-O'Sullivan



Killarney Clinic:
Scott's Hotel, Killarney
Every Saturday 11.00am

PASSPORTS :
 If you are planning a trip abroad and your passport has expired contact Eileen 087 9975419 / 064 6685315 for advice before you apply to ensure you get your passport on time.

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CLLR MAURA HEALY-RAE
 CONTACT: maurahealyrae@gmail.com
 T: 087 7816432

CONTACT DANNY DIRECTLY:
 danny.healyrae@oireachtas.ie
 T: 087 2316055 / 064-6685315



FIANNA FAIL
 THE REPUBLICAN PARTY

John Brassil TD
 Killarney Constituency Office Open Hours:
Wednesday 2nd,
Thursday 3rd & Friday 4th October
from 9.30am - 5.30pm

Address:
 The Fairhill Business Centre, The Courtyard, Fairhill, Killarney
 (Just behind the Royal Hotel)

John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm
 Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie

For advice and representation please feel free to call into the office or clinics
 Office: **064 66 94199/083 8541447**
 Email: **John.brassil@oireachtas.ie** John mobile: **087 2362330**

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 COMHAIRLE CONTAE CHIARRAÍ
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FIRIES GAA CLUB

UNDER 12'S

FIRIES LADIES GAA. Our U12 Girls won East Kerry Division 1 Final vs Cromane on Tuesday evening last 17th September.

I was hoping you would feature this in your next publication.

A very tight, fast paced game played in glorious sunshine. Huge congratulations to our 12 Girls and management on a fantastic win against a very formidable Cromane side in U12 Division 1 East Kerry Final in a sun-drenched Fitzgerald Stadium yesterday evening.

It took just 2 minutes for Furies to break the dead lock with a point which was followed by a goal 2 minutes later. Cromane responded with a goal of their own.

Furies found the net 3 more times in quick succession to allow some breathing space, with Cromane adding a goal and 3 late points before half-time to tighten up the game.

The 2nd half was a spectacle of great football from both sides with goals and points being clocked up like wildfire. Cromane came at the Furies goal in wave late in the game but Furies weathered the storm and came out on top to make it a double again this season with County League and East Kerry Titles.

FINAL SCORE

Furies 5-09 Cromane 5-05

KEEL GAA NOTES

U14: Keel/Listry played their final round of the Mid-Kerry league on Tuesday last defeating Milltown. Congratulations to the boys and their management. They have now qualified for the Mid-Kerry final which takes place on Sunday. Keel/Listry U13s begin their East Kerry League next Monday evening in Listry against Furies at 6pm. Best of luck to everyone involved.

U12: Training resumes on Sundays between 10 - 11:15am. We're still waiting word from Castleisland Desmonds on when our Central Regions League match will be against them. Our U11s will be taking part in this year's Jim Fitzgerald Blitz in Annascaul on Saturday 28th September. Thanks to all the parents who have got back so far. As its an 11 a side blitz, we'll be drawing up a panel of 14 players and will inform parents as soon as we have messages from all available. All players of the age will be given our priority. Those who are not selected will of course be there next year and will also be attending the John Mitchels blitz.

U10: Congratulations to this week's player of the week Meabh Kennedy. There were great numbers for training this week in the glorious sunshine. On Saturday 20th September John Mitchels football blitz will take place at 10am. On Sunday October 6th at 10:30am we will host Na Gaeil and finally on Sunday 13th of October at 10:30am Na Gaeil will host us. Best of luck to the U10s in all of these games. A great opportunity for them to show off their skills.

U8: Training continues Thursday evening for all the boys and girls. On Saturday our U8s boys had a blitz which they showed great skill and determination throughout. Well done to all



Keel/Listry U14 team in The Mid Kerry Final last Sunday V Laune Rangers in PJO Sullivan Park, Killorglin

involved and the parents for the continuous support.

U6: Training continues as usual for our U6s. Well done to all the boys and girls for their continuous improvement of skills. They will have some fixtures in the coming weeks. Best of luck to all the boys and girls.

CLOTHES COLLECTION: We are having a clothes collection on the 24th of September. All bags of clothing can be dropped at the old dressing room from Monday September 23rd. Your support would be greatly appreciated.

FREE COMMUNITY CPR PROGRAMME: Hands for life CPR Programme which is sponsored by Abbott and ESB Networks are interested in providing training to various communities around Ireland. Here at Keel GAA we would like to run this programme for the community not just GAA members. It will be a one hour course that will include awareness of how to use an AED, how to help someone who is choking, how to perform CPR on a child, recognising stroke and the difference between cardiac arrest and a heart attack are also covered and all FREE. If you would be interested in carrying out this programme, please contact Donal Ashe or message us on Facebook with your name and contact number to show your interest in the programme. We will know further details of dates and times once we have people who are interested. You must be over 18 to attend. Spread the word!

CLUB GEAR: Our new club gear has launched on the O' Neills website. There is a great selection for all ages. You can access it by going to the O' Neill page, clicking 'Clubs and Education', clicking on 'GAA Clubs' and then 'Keel GAA'. The link can also be found on our Facebook and Twitter pages.

LOTTO: There was no winner of the jackpot €11,700 on Monday 16th September. The numbers drawn were 4, 9, 12, 20. €50 winner Francis Ashe, €25 Kathleen O'Brien, Margaret Cremens, Tom O'Sullivan and Jerry, Aine, Bríd Foleys Bar.

LISTRY GAA CLUB NEWS

JUVENILE UPDATE:

Week ending Sunday Sept 22nd.
Results for past week.

U11 East Kerry League Rd 3.

Listry 5.17

Kilgarvan 5.09.

U14 MID KERRY CHAMPIONSHIP A FINAL.

Sunday 22nd.

Laune Rangers A 0.10

Keel Listry 0.08.

FIXTURES FOR THE WEEK AHEAD.

U13 East Kerry League.

Monday Sept 23rd.

Allman Park at 6pm.

Keel Listry V Furies.

Sunday Sept 29th.

U16 Mid Kerry Championship

Fixture TBC.

LISTRY GAA FUNDRAISING: Listry GAA would like your support over the next 6 weeks before the race night on Saturday 9th November in Tralee Race Track. Can all Members and Players please try and sell at least 1 advert for €150 over the next 4 weeks. There is also a Fundraising Launch next Friday evening 27th September in GAA pitch at 6pm and all welcome for some refreshments and entertainment. We would really appreciate Your support to build Your sports hall.

LOTTO RESULTS; 3, 13, 16, 18

€100 - Terry and Holly Richardson, Coolbane

€50 x 2 - Eileen W Murphy, Boolteens. John and Caitlin O'Sullivan, Rockfield.

€25 x 2 - John Leahy. Donal Sheehan, Knocknamon.

Draw Enamont: Phil, Miriam and Susan

Next Sunday 29th Sept Jackpot €4,250

DR. CROKES GAA CLUB

SENIOR COUNTY CHAMPIONSHIP ROUND 1

Played in Fitzgerald Stadium on Sunday 22nd of September

Dr Crokes 3-26 Rathmore 2-12

What is usually a very difficult game was a little easier on this occasion. One must point out that Rathmore were missing a number of their key players. Our opponents did however fight to the end even though their task at half time, down 14 points, was a bridge too far.

We had the breeze behind us in the first half and made every post a winning one. Scores were slow to come in the beginning as we led by just three points after 12 minutes. Scores

began to flow for the remainder of this thirty minutes. We scores 1-11 to go in at half time 1-16 to 0-5 ahead.

Aided by the elements Rathmore came more into the game and sent over 1-2 to our 0-1 in the first five minutes of the second half. In the next few minutes we had three points without reply. This settled us back into the game and even though our opponents scored more freely than they did in the first half we always seemed to match both their goals and points in the last fifteen minutes. Both sides ran their benches and our management must have been happy with our all round display. Rathmore despite their disappointment are far from being out of the competition, if they can quickly get back some of their missing quality players.

Team and scorers: Johnny O'Leary, David Naughton, Mike Moloney, Fionn Fitzgerald, Michael Potts, Gavin White 0-2, Brian Looney (Capt), Johnny Buckley, Mark O'Shea 1-0, Micheal Burns 1-5, Daithi Casey 0-1, Gavin O'Shea, Tony Brosnan 1-10 (0-2 frees), David Shaw 0-5, Kieran O'Leary 0-1.

Subs: Michael Casey 0-1, Jack Griffin 0-1, Brendan Falvey, Alan O'Sullivan, David O'Leary, Chris Doncel.

PROGRESSIVE 31 Progressive 31 will start back up on October 23rd and will take place every Wednesday in Crokes Clubhouse. It will start at 8pm. You will need to bring money and a partner €5 per person.

SATURDAY MORNING ACADEMY The Saturday Morning Academy has recommenced for 2019 and is on every Saturday morning starting with Hurling from 10:00am - 10:40am and Gaelic Football from 10:40am - 12:00pm. Come join in the fun, make new friends and experience the superb coaching on offer. Plenty Fun & Games. NEW MEMBERS ALWAYS WELCOME

SPEEDY RECOVERY Wishing a very speedy recovery to Deborah Ann and Pat O'Shea

LOTTO 3, 6, 16, 17. Jackpot E8400 Not Won Match 3 5 by E80. Next draw on Sunday 29th of September in Tatler Jack. Jackpot E8700

BALLYHAR-FIRIES GAA

CLUB 600 FUNDRAISING DRAW:

The 3rd Club 600 draw took place in Sheahans Bar Furies last night.

A huge Thank You to all that supported our Club 600 draw and continue to do so.

COISTE NA NOG:

The final Academy Training will take place on the pitch in Farranfore this Saturday the 28th at 10.30 to 11.30 for U6, U8 and U10. Bring €2, a drink and gumshields. Well done to all the players all year.

LOTTO:

No's Drawn 1, 16, 21 & 28

No Winner

€30 Winners were

Cian o Callaghan, Ffore.

Christine Moynihan, Scairt.

Liam, Darragh and Katie Brosnan, Swinemount.

Padraig o Sullivan, Killeagh.

Batt Daly, Knockaderry

The draw for next weeks Jackpot of €3,300 will take place in Airport Bar Farranfore on Friday



Beaufort U14 team who were defeated in the Mid Kerry B Final.

20th September. Get your lotto tickets from all the usual sellers, Club Officers, Senior Players or from the stand in Moriarty's Centra, Farranfore. Thank you all for your continued support.

Ladies Football:

Results:

U12 GIRLS DIV 1A EAST KERRY FINAL

Huge congratulations to our 12 Girls and management on a fantastic win against a very formidable Cromane side in U12 Division 1 East Kerry Final in a sun-drenched Fitzgerald Stadium yesterday evening. It took just 2 minutes for Furies to break the dead lock with a point which was followed by a goal 2 minutes later. Cromane responded with a goal of their own.

Furies found the net 3 more times in quick succession to allow some breathing space, with Cromane adding a goal and 3 late points before half-time to tighten up the game.

The 2nd half was a spectacle of great football from both sides with goals and points being clocked up like wildfire. Cromane came at the Furies goal in wave late in the game but Furies weathered the storm and came out on top to make it a double again this season with County League and East Kerry Titles. Final score Furies 5-09 Cromane 5-05

U8 & U10 hosted Legion Saturday morning in Farranfore in 2 very exciting games.

U16 Girls played ISG Sunday evening in Kenmare in round 2 of the East Kerry league ISG 6-5 Furies 2-7

FIXTURES: U10s are taking part in the U10 Blitz next Saturday (28th) at 3pm in Fossa Last training session for our U6 & U8 girls this Saturday at 10.30am

HURLING: Hurling academy Training continues in Farranfore on Thursdays at 19.00. All new player welcome.

EAST KERRY GAA NEWS

By Michael O'Mahony

EAST KERRY BOARD & C.C.C. advising all clubs, that all games will go ahead at the first available date and due to the shortages of dates no further emails regarding fixtures or looking for free weekends will be entertained or changes of fixtures will be allowed.

KENMARE DISTRICT BOARD U16 team played great football defeating West Kerry in the shield decider in Austin Stack Park. The

game was a great advert for underage football with superb skills on display. Scoring freely in attack the Kenmare District team showed great team work to finish the job with a polished team display.

EOGHAN RUADH played Mid Kerry in the cup decider in Austin Stack Park. The East Kerry boys were fast out of the blocks scoring excellent points to build up a solid lead at the short whistle. Mid Kerry showed great desire to narrow the lead with the Eoghan Ruadh defensive unit under pressure Mid Kerry pushed forward. Working hard to gain primary ball the East Kerry lads stepped up a gear to finish the job in style.

CONGRATULATIONS to both management and players on working hard to secure the well deserved victories on the night. Many thanks to the large volume of supporters that watched the two games. Vince Cooper East Kerry/Kenmare GDA was delighted with the football played on the night much credit goes to all the clubs coaches for working with the talented group of players.

VOTES OF SYMPATHIES at last Monthly Meeting of East Kerry GAA Committee John O'Connell, Valentia.

Tom Welsh, Knocknagoshel.

Jeremiah O'Sullivan, Currow.

Brian Scanlon, Furies and Patrickswell, Limerick.

Donie O'Leary, Kilcummin.

Ted Kennedy, Tralee & Castleisland.

Eamon Kelly, Rathmore & Cork.

Breda O'Dowd & Helen O'Dowd, Killarney (PJ O'Briens sisters in law).

& Patrick O'Donovan, Gneeveguilla

May they all rest in peace.

EAST KERRY U16 CHAMPIONSHIP FIXTURES.

Sunday 29th 11.15 am

Div 1/2 Semi finals

Killarney Legion v Winner A

Winner C v Winner B

Div 1 Final Sunday October 6th

Div 3 semi final

29th September 11.15am

Loser of C v Loser of B

*Loser of (A) drawn to Div 3 Final on Sunday October 6th 11.15 am.

Div 4,5 semi finals

Sunday September 22nd 11.15 am

Rathmore v Gneeveguilla

Spa v Cordal-Scartaglin

Sunday 29th september 11.15am

Div 4 final Two winners from above
Div 5 final Two losers from above.

Best of Luck to All Players and Clubs.

CHILDREN'S OFFICERS meeting on the 1st October. very important that the club is represented

Also all clubs should apply now for child welfare workshops. for more information contact Noreen Cronin 086-0632177.

LEGION GAA NOTES

FIXTURE:

GARVEYS CLUB CHAMPIONSHIP RD 2

Killarney Legion v West Kerry

Sunday 29th @14:30pm (Venue: Annascaul)

GARVEY'S CLUB CHAMPIONSHIP 2019 RD 1

Killarney Legion 1-16

Kilcummin 1-12

Legion will be happy to get over this first hurdle in the county championship after a testing encounter with local rivals Kilcummin. Legion got off to a good start and were well on their way until some wayward play was punished by a goal fifteen minutes into the half. Despite this setback Legion worked hard to go in level by the half-time whistle. Legion 0:09pts to Kilcummin 1:06. Playing into a stiff breeze in the second half Legion struggled to take control of the game but the introduction of fresh legs provided the much needed impetus to get them over the line. Management will be happy with this result but will be fully aware there will need to be further improvement when we come up against West Kerry next weekend.

(C Keane 0-7pts (0-02fr), James O'D 0-01,

Cian Gammell 0-01, T Moriarty 1-02, Lucey 0-01, D Lyne 0-02, J Lyne 0-01, P McCarthy 0-01)

LEGION MINOR LADIES V ISK A very entertaining game tonight, with both sides going in level 4-05pts a piece at half time with Legion having had the strong wind at their backs and ISG holding a great defence and counter attacking with accuracy. The second half was a battle royal with very little between both teams and the lead changing a number of times, our girls really came to life and should great determination to attack into the wind time and time again- a free kick in the near dark brought us a point up and the battle ended

shortly afterwards before ISG could mount another offensive leaving the final score 7-06 to 6-08 in favour of the legion girls. A great game to watch and both teams played a lovely open game, Well Done girls.

U-10 GIRLS Our u10 girls took the field this evening in sunny Direen. Rathmore G.A.A were the visitors on an a balmy evening perfect for football. A great sporting contest ensued with goals, points, block downs and tight defending all on show. Both teams put in a superb effort in the warm conditions. Thanks to all the parents and supporters who attended and enjoyed the match. Thanks to Katie and all in Rathmore Ladies G.A.A.

U-7/8 BOYS INVITATIONAL TOURNAMENT

We had the pleasure of bringing our under 7/8 players to Eire Og in Cork for a festival of football. A superbly run event consisting of 14 clubs and 400 players from all over Munster. We had two teams each playing four games. Everyone saw game time and all got the chance to display the skills they've been honing at our own academy on Saturday mornings. Some very tired boys traveling home that evening after having a great day out. Thanks to Éire Óg

Cork for the invitation.

U-8'S & U-10 GIRLS Our u8 and u10 girls made the short trip to Farranfore to play Firies in some challenge games on Saturday morning. Despite the gloomy conditions at the outset, the girls were raring to get going on the field. It was great to see all the skills of the game on show, in spite of the greasy conditions. The weather cleared up and the spectators were treated to a feast of football. Thanks to Firies Coiste na nÓg for hosting us and providing refreshments afterwards.

CONGRATS Congrats to Tommy & Mary O'Regan who celebrated their son Brian's wedding during the week, hope ye had a great day.

LEGION LOTTO RESULTS 1-3-17-25

Bonus No:12

Match 3's

Sean O'Sullivan, Kaynes Bar

Tim Ryan, Rathbeag

Margaret Brosnan, c/o Padraig Bros

Alan Lyne, Muckcross

Pat Fleming, 21 Arbutus Drive

Next Jackpot €3,600 plus bonus €10,000, Draw next Sunday @9pm Murphys Bar



Killarney Legion u12 girls brought a highly successful season to a close when they captured the East Kerry Div2 shield title in a wet and windy Direen on Tuesday night. Inbhearr Sceine Gaels (ISG) were the visitors on the evening. The legion girls took control of the game early on and took a 2-1 to 0-0 half time lead. Their lead was extended after the break before the ISG girls mounted a comeback. The Killarney Legion girls eventually ran out winners on a scoreline of 5-4 to 4-0. Captain Lauren Carey accepted the shield on behalf of her teammates. This group of girls also played 6 competitive games earlier in the year in div4 of the county league going unbeaten to claim the title. A highly successful year for this group of girls.

Killarney Camogie claim B final title



The Kerry U14 Camogie Finals were played in brilliant sunshine at Abbeydorney on Sunday. In two enthralling contests, Killarney took the 'B' title against a tough Tralee Parnells outfit and it was Cillard who won the 'A' title following a great game against Causeway. Chairperson of Kerry Camogie Board, Ger McCarthy, was on hand to present the trophies. Well done to all four teams on great exhibitions of camogie and many thanks to all those who helped to make the day such a fantastic success. A special word of thanks to Abbeydorney for the use of their facilities.



Ger McCarthy, Chairperson of Kerry Camogie Board. The Captain is Yen



KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO



Garveys' Senior Football Championship

The 2019 Garvey's Senior Football Championship is up and running and we were treated to some highly entertaining games last weekend. It was lovely to see the Kerry players back in action with their clubs and districts. There were great crowds at all the venues and a large audience tuned into Radio Kerry and Kerry GAA TV to watch the Round 2A and 2B draws on Sunday evening. Some particularly exciting pairings emerged and all round 2 games are fixed for next weekend.

As part of Garveys' sponsorship of the Kerry Senior Football championship, they are running a competition in their Castleisland, Tralee, Listowel and Dingle stores. Over the next number of weeks, they are giving every customer who shops in any of their Kerry stores the chance to win a set of jerseys for a GAA club of their choice. All they simply have to do is call in store pick up one of the football championship leaflets and pick just one winner of any of the games on that given weekend, put the entry form into the box provided in store and one winner will be picked each week. This will add further excitement to the weekend fixtures!

We encourage Clubs and Districts to tweet regular updates from their respective games and our thanks to those PROs who did so last weekend. All team sheet handouts will be available to download on our website on Saturday morning. Best wishes to all the competing teams!

COISTE SCOR CIARRAI

A reminder to all Scor followers that the Annual General Meeting of Coiste Scór Ciarrai will take place on Tuesday October 1st at 7.30pm in the Centre of Excellence Currans. You are requested to please forward any motions/suggestions or nominations to secretary.scor.kerry@gaa.ie not later than this Thursday September 26th.

PAIN TO PERFORMANCE

WORKSHOP

Kerry GAA, in conjunction with The Bon Secours Hospital, are delighted to welcome the world renowned applied sports scientist and S&C Coach, Professor Tim Gabbett, to deliver a cutting edge performance workshop, entitled "Pain to Performance". This event will take place in ITT on Thursday October 3rd from 6.30 - 9.30pm.

This interactive workshop will focus on the monitoring of training loads for injury prevention. It is ideally suited for Coaches, Athletes, Physiotherapists, S&C Coaches and Teachers. Key themes will include:

- The development of a greater understanding of load management
- How to prescribe and monitor athlete training loads for injury prevention and improved athletic performance



Darragh Roche, East Kerry heading towards goal in the Senior County Championship, East Kerry V St. Brendans. Photo, Seamus Healy

• Practical approach to interpreting data
This "Pain to Performance" Workshop will take place on Thursday 3rd October 2019, 6.30pm - 9.30pm, Lecture Room, at the new Kerry Sports Academy building located in the North Campus at IT Tralee. The cost to attend is €50. For further information, please email derekgriffinphysio@gmail.com or jmc_gahan@hotmail.com

GAA NATIONAL STUDENT BURSARY

The GAA has announced details of the 2019/2020 GAA National Student Bursary - an initiative which has invested more than €2m in young people over the last 12 years. The scheme reiterates the Association's commitment to the ongoing educational development of its players and members by acknowledging their interest in our Games and supporting their educational development. The scheme is open to members of the Association who are attending a full-time Higher Education

course (except those who hold another GAA-related or college scholarship/bursary) and who are active participants in their Higher Education club. The schemes are administered by the respective Provincial Councils and recipients will again be selected based on a range of criteria, including their playing, coaching or administrative commitments to the GAA. A number of awards in each province will be reserved for those excelling in the areas of coaching and administration. Applications for the scheme will be considered by a sub-committee in each province; each bursary granted will be for €750 in Munster, Leinster and Connacht. Further information and application forms for this year's scheme are available to download from www.gaa.ie. Students should apply using the relevant application form to the Provincial Council of their home GAA Club. All completed forms should be returned to the relevant Provincial Council and the closing dates for applications is Friday October 11th.



Supporters at the opening round of the County Championship Dr Crokes v Rathmore on Sunday last

Randles Brothers Nissan Ladies Football County Championship Finals

IT IS HEARTBREAK FOR RATHMORE IN SENIOR ENCOUNTER

Southern Gaels 1-9 Rathmore 0-10

For the second year, running it was a case of so close and yet so far for the Rathmore senior ladies who failed in their bid to win the Randles Brothers Nissan Kerry Senior Ladies County title as an early second half Southern Gaels goal proved crucial in the outcome.

Colin O'Leary's side may not have travelled the tougher path to the final with a facile win over Austin Stacks in the semi finals and they never displayed the free flowing football that they showed over the course of the championship as the South Kerry outfit restricted them mostly placed balls over the hour.

Noreen Murphy as she has done in the past proved deadly accurate from frees and it was her brace that had the East Kerry side in front by the 8th minute but the sides would be level by 13th minute on 0-2 apiece. Ten minutes later they were level on 0-4 apiece but it was Southern Gaels who hit two of the last three scores to take a single point advantage to the break.

Rachel Dwyer who hit three points in the first half scored the all important goal in the contest within minutes of the restart.

Anna Galvin's driving run through the Rathmore defence created the space needed for Dwyer to advance towards goal and her shot hit the back of Sinead Warren's net.

Rathmore response was swift but two wides ahead of Noreen Murphy's first score of the second half would mean that they trailed 1-6 to 0-6 by the 40th minute.



Rathmore Team who were defeated by Southern Gaels in the Ladies Football

Southern Gaels hit a purple patch and points from Siofra O'Shea and Shannon O'Donnell put their lead out to five. Another brace from Noreen Murphy had them within a score by the 59th minute and it looked as if the contest was over when Rachel Dwyer pointed once more in injury time.

However in the eight minutes of added time, it was Rathmore that came with one last attempt to win the contest and despite hitting two points to get within just two, it was too little too late.

Rathmore now head to Munster in the Senior B club championship.

Rathmore:

Sinead Warren, Aileen Sheehan, Elaina Friel, Rachel Fitzgerald, Katie Mahoney, Laoise

Coughlan, Aislinn Desmond, Mary Collins, Brid Ryan, Norma Mahoney 0-1, Noreen Murphy 0-8 (0-7F), Aoife Callaghan, Katie Buckley 0-1, Eileen Murphy, Danielle O'Leary.

Subs: Lily O'Brien for Norma O'Mahoney (45) Caroline Reen for Eileen Murphy (49)

Southern Gaels:

Elaine O'Sullivan, Shonagh Fitzpatrick, Sinead Sheahan, Clodagh Quinlan, Aoibhinn Fitzgerald, Caoimhe Teahan, Eilish Galvin, Megan O'Connell 0-1, Siofra O'Shea 0-3, Anna Galvin, Rachel Dwyer 1-4, Cliona Murphy, Ellie O'Connell, Sadie O'Sullivan, Shannon O'Donnell 0-1

Subs: Laura O'Dwyer for Sadie O'Sullivan (57)

Referee: Mike Hennessy (Ballyduff)

GOALS AT VITAL TIMES FOR KILCUMMIN SEAL JUNIOR TITLE

Kilcummin 3-11 Milltown/Listry 1-9

Goals at vital times for Kilcummin ensured that they were crowned Randles Brothers Nissan Junior A Champions at Legion last Sunday. Denny O'Connor's side who fought back from an 8-point deficit in their semi-final assumed the lead in the 3rd minute with an Amy O'Sullivan goal and defended it to the finish.

Milltown/Listry fought back on more than one occasion but failed to get level and were ahead only once when Niamh Broderick fired over after just two minutes.

O'Sullivan's goal saw Kilcummin take control and with the unerring accuracy from placed balls by Ciara Kearney (who would finish with 0-8), they led 1-4 to 0-1 after just 11 minutes.

A brace from Meabh Rochford and Ella Teahan

kept Milltown in sight but each time they got close, Kearney would fire over another free.

Ciara Murphy would add a brace of her own in the final ten minutes of the first half to leave the score at the break Killcummin 1-7 Milltown/Listry 0-7

Kilcummin effectively put both hands on the cup from the restart and hit 1-3 without reply with former Kerry senior Debbie Murphy goalling on the 37th minute.

Milltown/Listry did respond and a goal from substitute Emma O'Sullivan on the 48th minute reduced the gap to just five points but another fine goal by Fiona McSweeney had the Kilcummin supporters on their feet as Tadhg Murphy brought a halt to proceedings after an exciting hour of football.

Milltown/Listry:

Tanya Joy, Christine O'Carroll, Helena Hayes, Emma Tagney, Ciara Tagney, Mairead Lehane, Niamh Broderick 0-2, Lorna Hickey, Ciara Murphy 0-2, Ella Teahan 0-1, Caoimhe Evans, Ailis Murphy, Clodagh Evans 0-2, Lorraine Kennedy, Meadhbh Rochford 0-2 (0-1F)

Subs: Emma O'Sullivan 1-0 for Christine O'Carroll (420)

Kilcummin:

Laura Teahan, Aine O'Donoghue, Ruth Murphy, Maire O'Shea, Shauna O'Connor, Kate Maher, Caoimhe Crowley, Maggie Doherty, Beibhinn Brosnan, Debbie Murphy 1-0, Eilish O'Leary 0-3 (0-1F), Amy O'Sullivan 1-0, Fiona McSweeney 1-0, Ciara Kearney 0-8 (0-6F), Anna Hannigan

Subs: Liadain O'Connor for Caoimhe Crowley (48)

Referee: Tadhg Murphy (Duagh)

Crokes put down the marker

Dr Crokes 3-26 Rathmore 2-12

Dr. Crokes were back to their championship best on Sunday when they enjoyed a comprehensive 17 point win over neighbours Rathmore in the opening Round 1 clash played at Fitzgerald Stadium.

Rathmore lined out without Kerry star Paul Murphy due to injury but even with him in their ranks, it would have been a tough ask as Dr. Crokes dominated most sectors with ease as Tony Brosnan and Micheal Burns scored 2-16 between them.

Brosnan in particular was eye catching with 1-10 of his haul from open play as he simply toyed with the Rathmore defence for the duration of the game.

The Munster Club Champions were 0-8 to 0-2 ahead by the close of the first quarter and their goal came from an unlikely source in Mark O'Shea just before the break when the tall midfielder found himself at the end of a good move started by Kerry captain Gavin white.

They led 1-15 to 0-5 at the short whistle.

As a contest, the second half proved to be more competitive with the sides for the most part matching each other score for score.

Micheál Burns and Brosnan both raised green flags as did Mark Reen and Cathal Murphy for Rathmore.

Dr. Crokes:

J O'Leary; D Naughton, M Moloney, F Fitzgerald; M Potts 0-1, G White 0-2, B Looney; J Buckley, M O'Shea 1-0; M Burns (1-5), D Shaw 0-4, G O'Shea; T Brosnan 1-11 (0-1F), D Casey, K O'Leary 0-1.

Subs: D O'Leary for D Casey (46), A O'Sullivan for M O'Shea (46), M Casey 0-1 for J Buckley (49), B Falvey for M Moloney (50), J Griffin for K O'Leary (50), C Doncel for B Looney (54)

Rathmore:

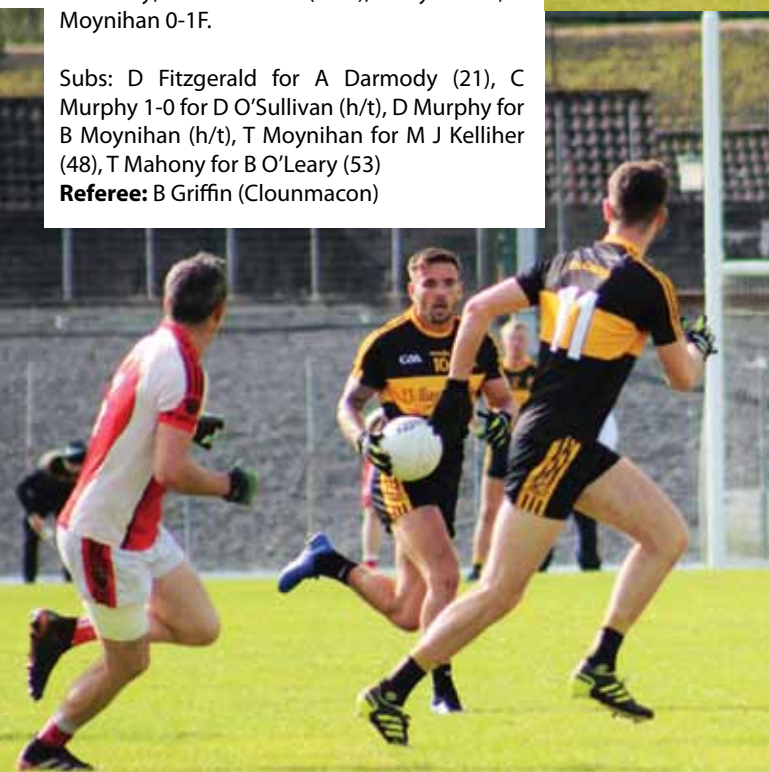
K O'Keeffe; T J Friel, M J Kelliher, C Kelly; C O'Connor 0-1, B O'Leary, B O'Keeffe 0-3; D O'Sullivan, D Rahilly 0-1, C Spiers 0-2F, A Darmody; M Reen 1-3 (0-1F), S Ryan 0-1, J Moynihan 0-1F.

Subs: D Fitzgerald for A Darmody (21), C Murphy 1-0 for D O'Sullivan (h/t), D Murphy for B Moynihan (h/t), T Moynihan for M J Kelliher (48), T Mahony for B O'Leary (53)

Referee: B Griffin (Clounmacon)



Action from the opening round of the County Championship at the Fitzgerald Stadium on Sunday Dr. Crokes v Rathmore. Pictures: T. McGough, Fitzgerald Stadium PR.



East Kerry edged out by St. Brendan's

St Brendan's 2-11 East Kerry 1-12

St Brendan's pulled off a shock victory over an East Kerry side minus the services of suspended county star David Clifford and his brother Paudie, in this enjoyable Garvey's Kerry SFC opening round tie at Austin Stack Park this afternoon.

East Kerry, who had County star Jack Sherwood lining out at centre-back, had the better of the early exchanges and led by 0-5 to 0-2 after 22 minutes.

The pendulum switched St Brendan's way in the next attack when David O'Callaghan provided the spadework for Ivan Parker to score a goal for the Tralee District side, which was very much against the run of play.

Then on the cusp of the short whistle, St Brendan's struck for goal number two when Jack Barry provided the perfect fodder for his Kerry teammate Diarmuid O'Connor, who fisted to the net, a score which gave his side a 2-4 to 0-6 advantage at the interval.

East Kerry started the second half with a goal from their most prolific forward Dara Roche following great work by Shane Cronin inside the opening minutes.

Dara Roche tapped over a free shortly after to level the scores. St Brendan's kicked for home when subs James Duggan, Alan O'Donoghue and goalkeeper Eoghan O'Brien from a '45 landed late scores to give them a two-point advantage. Dara Roche, who scored 1-4 in total for East Kerry which reduced the gap to one as injury time approached. East Kerry had a number of late chances to draw level and force extra-time but St Brendan's Daithi Griffin clinched victory for his side deep into stoppage time with a late, late point.

Team and Scorers

St Brendan's:

Eoghan O'Brien (0-2); Brandon Barrett, Kieran

O'Dwyer, Luke Mulligan, Fergal Barry, Andrew Barry, Pat Kearney, Jack Barry, Diarmuid O'Connor (1-2), David O'Callaghan, Daithi Griffin (0-1), Paul McMahon; Thomas Kerins, Niall Sheehy (0-3, 3f), Ivan Parker (1-1).

Subs: James Duggan (0-1) for Paul McMahon Alan O'Donoghue (0-1) for Niall Sheehy; Jack Myers for Pat Kearney, Eoin McElligott for Thomas Kerins.

East Kerry:

James Devane; Darren Brosnan, Shane

Courtney, Brian Lynch, Dan O'Donoghue, Jack Sherwood, Pa Warren, Liam Kearney (0-1), Shane Cronin, Ronan Buckley, Dara Moynihan (0-3), Brian O'Donoghue (0-2), Mike Foley, Dara Roche (1-4), Evan Cronin (0-2).

Subs: Padraig De Brun for Mike Foley, Chris O'Donoghue for Brian Lynch, Niall O'Donoghue for Darren Brosnan, David Spillane for Brian O'Donoghue.

Referee: Seamus Mulvihill (St Senan's).



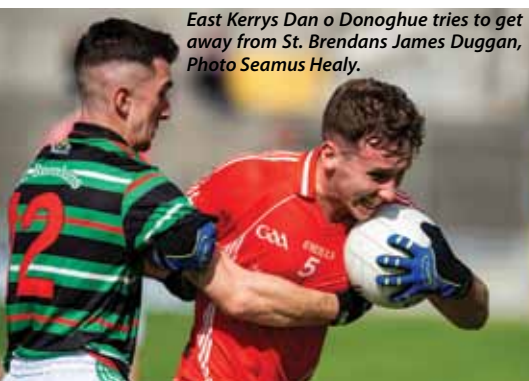
Senior County Championship, East Kerry Team



Darragh Roche, East Kerry heading towards goal. Photo, Seamus Healy



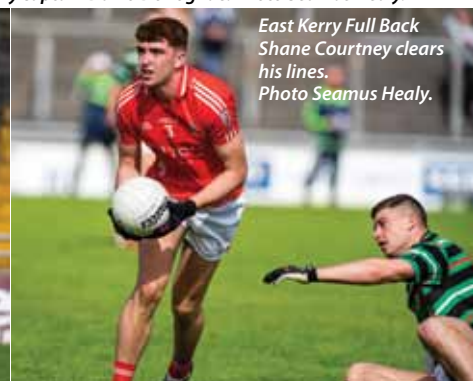
David O'Callaghan St Brendans captain, Referee Seamus Mulvihill, East Kerry captain Dan o Donoghue. Photo Seamus Healy.



East Kerrys Dan o Donoghue tries to get away from St. Brendans James Duggan, Photo Seamus Healy.



East Kerrys Darragh Moynihan Gets his kick inspite of Andrew Barry, St Brendans



East Kerry Full Back Shane Courtney clears his lines. Photo Seamus Healy.

Next Up.....

Saturday 28th September 2019

Dingle v Kerins O'Rahilly's
Venue: Dingle Time: 4:45pm
Referee: Edmund Walsh

St Kieran's v Dr. Crokes
Venue: Austin Stack Park Time: 5pm
Referee: Peter Lyons

St Brendan's Board v South Kerry
Venue: Austin Stack Park Time: 7pm
Referee: James O Sullivan

Sunday 29th September 2019

Rathmore v Kenmare Shamrocks
Venue: Fitzgerald Stadium 1.30pm
Referee: Paul Hayes

East Kerry v Austin Stacks
Venue: Fitzgerald Stadium 3.30pm
Referee: Billy O Shea

Kenmare District v Shannon Rangers
Venue: Templenoe 2.30pm
Referee: Tom Moriarty

Mid Kerry v Kilcummin
Venue: J P O'Sullivan Park 2.30pm
Referee: Eamonn Moran

West Kerry v Killarney Legion
Venue: Paddy Kennedy Park Annascaul 2.30pm
Referee: Jer Lynch

GNEEVEGUILLA BASKETBALL CLUB

SHARE THE BUCKET The Gneeveguilla Community Development Council in association with the Gneeveguilla Basketball club had our weekly draw for our share the bucket on Friday evening 20/9/2019.

The jackpot was €181 and our winner was Fiona Hurley. Congrats to you Fiona.

Guaranteed winner every week, go to our Facebook page to find out how and where you can play.

REMEMBER if YOU are not in you can't win!

KILLARNEY RFC NEWS:

U14'S GIRLS MAKE HISTORY IN LIMERICK: Last weekend our U14's girls, led by coach Ger Moynihan and manager Fiona Landers took part in a Blitz at UL. This is the first time that the club has played an U14's girls team and the girls were creating history taking to the field. The girls had a fantastic day and represent the club with pride and we are very proud of them.

U14'S BOYS: Last Saturday evening, our U14's braved the elements and torrential rain to play Killorglin in a friendly at Ballymalis. Winning on a 21-14 scoreline in the end, all players got a chance to play and it was great to watch the younger players in particular step up to play. Well done all and to coaches Ed, Hugh and Pat on the day.

U11'S TO PLAY AT THOMOND PARK TOMORROW: Best of luck to our U11's who play during the half time of tomorrow's PRO14 match where Munster take on Welsh outfit the Dragons. Best of luck to coaches Tom and Richard and particular best wishes to the players taking part.

SENIORS: Killarney hosted Tralee at Aghadoe last Sunday in the semi final of the McElligott Cup, winning 40 - 19 with 2 tries by Josh Fawcett and a try by Dara O'Leary, Cha Johnston and David Howard with Paudie Sheahan excellent from the boot. Well done lads. They take on Chorca Dhuibhne in Aghadoe in the first round of the Munster Junior league at 2:30pm on Sunday. All welcome.

FARRANFORE MAINE VALLEY AC

JUVENILE OPEN SPORTS DAY The Club hosted our Annual Juvenile Open Sports Day - Multi Events on Sunday 22nd September in the GAA Grounds Farranfore. The main purpose of this Multi Event Sports Day was encouraging children to experience the wide variety of events athletics has to offer. We were very pleased to see so many non athletic club members giving it a go. The feedback was very positive so we hope to make this an annual event for all to enjoy. A special thanks to Fries GAA for giving us the use of their field and most importantly to all our volunteers who without their help this day would not be possible. Overall winners and photos will be available on our website & facebook for you to enjoy.

COUNTY CROSS COUNTRY The first race of the Cross Country season will be held on Sunday 29th Sept. next in the Demense, Killarney. This field is next to the playground.



U14 boys who played a friendly in terrible conditions last Sat.

We would encourage all our children to give it a go. First race is at 11am with women's Novice / U23 / U18's. Followed by men's. The Juveniles will start immediately afterwards (11:45 approx) with U10 / U12 / U14 / U16 Boys & Girls. Separate races. Children can move up an age to compete. Please be there for 10:45am to collect numbers & singlets.

TABLE QUIZ FUNDRAISER On October 10th our club will be hosting a Table Quiz Fundraiser in Sherwoods Bar & Restaurant Farranfore from 8pm. Four per table with cost per table of €30. Contact club to reserve table. Further information on our Facebook 7 website.

CLUB TRAINING: Juvenile U8 to U16 Tuesdays from 6-7pm at GAA Grounds Farranfore. €2. Maria's Strength, Endurance & Flexibility Exercise Classes from 7pm at the Sports Hall in Farranfore. Class is designed for all abilities from secondary school upwards. €5 per class. New Members welcome to participate in training.

ATHLETIC'S FIXTURES

Sun 29th Sept.: County Novice, U23 & Juvenile Even Ages XC, Killarney

Sun 6th Oct: County Intermediate & Juv. Uneven Ages, Venue TBD

Sun 13th Oct: County Senior, Junior & Juv Relays

Sun 20th Oct: Munster Juvenile Even Age, Novice & U/23, Limerick

Sun 20th Oct: Autumn Open Cross Country, Abbottstown

Sun 3rd Nov.: County Masters & Juv. "B" XC
Please contact club secretary, Mary, 085-1909509 to register for competitions in advance
See Kerry & Munster Athletics website for full fixture lists & timetable for event

GNEEVEGUILLA ATHLETIC CLUB:

LOTTO: No winner of our lotto draw 20/09/2019, numbers drawn were 5, 11, 13 & 16. Sellers prize winner Timmie Brosnan, €50 Y/T prize winner John B O'Mahoney Tureen, €50 to Reen's Syndicate c/o Reens Garage, €40 each to John O'Donoghue Lyreacorrin, Daniel Cronin Lisheen, Dean Fitzpatrick Scrahanagullane. Bonus not won numbers drawn were 15, 26, 27 & 29. Next week's jackpot €5,800 plus €1,000

bonus.

KERRY COUNTY CROSS COUNTRY COMPETITIONS: Sunday 29th sees the start of this year's cross country competitions, Sunday 29th in The Demense Killarney (next to the playground) is the Even age championships at 11.00 am, also on that day is the Novice & U23's competition. Our club hopes to have athletes in all competitions.

TRAINING: Training is up and running well, scheduled as follows: Boherbue Comprehensive School Tuesday evenings 6.00 - 7.00 pm for children born 2011, 2012 & 2013, 7.00 - 8.00 pm for all other athletes including senior and masters. Barradubh Friday evenings 7.00 - 8.00 pm for all athletes and Friday 8.00 - 9.00 pm in Gneeveguilla GAA Hall for all athletes.

MEMBERSHIP: Membership will be collected at all sessions €20.00 for Juveniles & €25.00 for all others.

CRUSADERS BRIDGE CLUB

RESULTS

11/09/2019

| | |
|---------|-----------------------------------|
| 1st N/S | Phyllis O'Regan & Ann O'Shea |
| 2nd N/S | Marjorie Barton & Hazel O'Connell |
| 1st E/W | Mary O'Connor & Bridie Brosnan |
| 2nd E/W | Mary Rose Felle & Maura McCarthy |

18/09/2019

| | |
|-----|-----------------------------------|
| 1st | Marjorie Barton & Hazel O'Connell |
| 2nd | Mary Ryan & Mary Trant |
| 3rd | Ger Foley & Mela Burke |

Bridge continues every Wednesday evening @ 7.15 at Brehon Hotel. New members, beginners and visitors always welcome. Please feel free to contact Therese @ 0872466451 should you require a partner.

KILLARNEY VALLEY ATHLETIC CLUB

TRAINING: The Cross Country training will continue every Thursday eve 6-7pm. All members welcome. Bring €2, appropriate clothing, water and plenty of energy. Meet at field beside the playground. Best of luck to

everyone taking part in the first County Cross Country competition of the season which will be held in Killarney next Sunday, September 29th for Even Age, Novice and U23.

STRENGTH & CONDITIONING continues on Monday nights 7-8pm for members only (aged 12 upwards). Bring €2, water and a mat if you have one.

FUNDRAISING: Anyone who has Track Fundraising Tickets sold and would like to return them, please bring them to training for Brid. Please keep an eye on your email (if you're a member) and also check our facebook page for any updated information.

FLESK VALLEY ROWING CLUB

Race Night - After a hugely successful night last year Flesk Valley will yet again be holding our Race Night on Friday 1st November 2019 at the Killarney Oaks Hotel commencing at 8pm. Ever dreamed of owning a racehorse, training a winner or being a champion jockey???? Flesk Valley can make dreams come true. Contact Catherine- 0868157575 /John-0876395958 or on Facebook & Instagram to join in on the fun. It



Killarney RFC U14's girls who took part in a blitz at UL yesterday - our first ever U14's girls team.

promises to be a fun filled night for all the family, with lots of great prizes to be won on the night. Your support is greatly appreciated for our main fundraising event of the year.

BBQ- We had a great day on the Valley shore last Sunday at our fun regatta and barbecue. Thanks

so much to everyone who came along, everyone who brought the fantastic salads and home baking, and everyone who worked behind the scenes to make it happen. Well done to the parents who rowed for the first time.

FOSSA CYCLIST IN WINNING FORM

Sixteen-year old Fossa cyclist, Ruari Coughlan, put his name on the Irish cycling map last weekend when he won the first round of the Junior Leinster SuperCross series held at Grange Castle in Dublin. The series of four events is considered to be Ireland's premier cyclocross series with venues in Dublin and Wicklow where the cyclocross discipline is quite strong. Apart from his young age, Ruari's win was notable for the definitive nature of his performance. He won by 15 secs. from Lee Harvey, the current National Champion, and he was fifteenth fastest from a field of 280 senior riders.



Ruari Coughlan takes victory U18 Junior at the first round of the Specialized SuperCross Cyclocross race at Grange Castle in Dublin on Sunday

Farrenfore / Maine Valley AC Open Sports Day



Getting Killarney back to its rightful place in Basketball

Getting Killarney St Pauls back to the Super League is both the dream and target for this season. That was the message from the St Paul's camp at this week's official press launch for the 2019/2020 season.

The team, which came third in last season's Division One having for long stages looked like likely contenders for promotion to the top flight, just fell short at the end of their long season as promotion evaded them.

Scotts Lakers national league committee chairman Aidan Quirke told the Outlook that he feels Killarney belongs with both Kerry teams in the Super League.

"This is our third year in Division 1 but our aim is to reach the Superleague and join our neighbours Tralee and Killorglin at the top flight. I think that is where we belong. Last year we finished third and it was a long season. It did tell at the very end. Despite our history there has been a steep learning curve involved for us all."

The club unveiled Mark Greene and Carlton Cuff as team captains with Scott's Hotel Managing Director Maurice O'Donoghue announcing Scotts Hotel as the teams head sponsors for a third season.

"This is our third year with St. Pauls but the Gleneagle Group have been great supporters of Basketball in Killarney over a great many years and we would love to see Killarney back in the Super League. We are delighted to be sponsoring the team again"

This seasons head coach is Head coach is Shane McCarthy assisted by John Brosnan with Mike Pierce the team manager.

McCarthy who is well known for his time with Neptune told the Outlook that "Neptune is my past now and Killarney is my future and I see a great future here in Killarney. Just look at the size of the youth academy. It is huge and that is a great sign"

Fan favourite Sean O'Brien does not make a return this season but new American signing Aaron Jackson leads Scotts Lakers this season and is joined by Toby Christensen from Denmark



Pictured at Scott's Hotel, Scott Street for the official launch of the new National League season for Scotts Lakers St Pauls. Back Row L-R Aidan Quirke (Chairman Scotts Lakers), Aaron Jackson, Victor Martinez, Victor Martinez, Tobi Christiansan & Assistant Coach John Brosnan. Front Row L-R Maurice O'Donoghue (Sponsor), Coach Shane McCarthy & Captain Mark Greene. Picture Marie Carroll-O'Sullivan

and Spaniard Victor Martínez.

Jackson, who is in Ireland for the first time ever hails from Ohio and having played College Basketball at the highest level can't wait to get on the home court and has already fallen in love with the scenery.

"Taking the bus down from Dublin to Killarney was really breathtaking. In Ohio, it is just all flat land and I come from the city, so I do not get out to see mountains. Also the first thing I noticed on the first night here was the stars in the sky. They were so clear. It is nice and relaxing to come to somewhere there is beautiful scenery." St Paul's fans will be hoping that he can reach the stars throughout the season and with a thirty plus score on his debut against Limerick last week, there is plenty to excite.

Also new is 20-year-old Spaniard Victor Martinez who is also a first time Killarney visitor feels that "There is a good chemistry between us (new players) and all the team in general. There is points that we need to get used to each other but it is going to become automatic in the way we will play. I am not worried about. I think there is a great bond in the locker room, so the wins

will come."

The third new signing is Toby Christensen originally from Copenhagen but comes from the States having spent seven years there. He is eager to right the team's first loss to Limerick Celtics and already sees the team getting better.

"The game was a good experience despite not having the outcome that we wanted but I feel like at the end of the game we were really firing. We were down 20 and got it back to 3. We started really playing well together and figuring out what each other was bringing. So I feel like the more time we get on the court the better that we will be."

Scotts Lakers will play their first home game of the new season in Killarney Sports and Leisure Centre this Saturday September 28th against Carlow IT at 7.30pm.

And in the colourful words of Cllr Niall Botty O'Callaghan "It is time to drop the glasses and move the asses" to get to Killarney to support St Pauls Scotts Lakers.

Basketball: National League Division One:

LAKERS OUTGUNNED BY LIMERICK CELTICS

Limerick Celtics 92 - Scotts Lakers 85

THE opening game of the new season didn't go according to plan for Scotts Lakers in St Munchins College last Saturday night when they were outgunned by Limerick Celtics.

Lakers lined out without without Mark Greene, Seamus Brosnan and Cian Clernon for this match while Carlton Cuff had to depart the action during the second quarter due to injury. With limited resources, the Killarney side were always up against it and trailed 39-29 at half-time. Limerick Celtics enjoyed a 16 point lead entering the final quarter and actually opened

up a 23 point advantage at one stage.

Scotts Lakers battled back with a late rally and clawed it back to a three point game with 43 seconds remaining. However Limerick Celtics held on to win by seven points in the end with their fourteen three-pointers a significant factor. Despite four three-pointers from the impressive Brian O'Neill, Scotts Lakers struggled from three-point range converting eight from 26 attempts. They also missed a costly 14 points from the free throw line.

Much improvement will be expected from the Lakers in the coming weeks and Mark Greene is expected to make a welcome return from injury this weekend while the return of Seamus Brosnan will also be a big boost.

Limerick Celtics : Carlos Hortelano 30, Davide Bellinzona 17, Kevin Oberweiser 14, Egidijus

Baksys 14.

Scotts Lakers : Aaron Jackson 33, Toby Christensen 14, Brian O'Neill 14, Victor Martínez 13. Andrew Fitzgerald 8, Carlton Cuff 3, Keelin Houlihan, Jamie O'Sullivan Jack Corridan, Keith O'Grady.

KILLARNEY ATHLETIC

U12 NATIONAL CUP

Killarney Athletic V Aisling Annacotty AFC

Athletic Through to next Round.

Athletic continued there fine run of form with an impressive team performance winning 4 -1 against a resilient Aisling Annacotty team in the National Cup cup in Ferndale . Athletic were 2 nil up at halftime through fine strikes from Cillian Coffey and Evan Doona. The second half saw Annacotty score through a penalty. But two super goals from Cillian Coffey one from Szymon Jasinski and one from Evan Looney sealed the victory in a very Sporting Game

U16 NATIONAL CUP Athletic welcomed Aisling Annacotty to Ferndale and were hoping to repeat the performance of the U12 team who beat the same opposition in the earlier game.

But unfortunately came up short. Athletic played with high intensity and pressed Annacotty. We had a number of chances but the keeper and defence were snuffing out the chances. Aisling scores midway through the first half with a sweet volley that no keeper would have saved to let the half time score 1-0. Into the second half and the weather getting wintry, Athletic continued to ask questions of Annacotty but Were unable to find the chance,Annacotty got the killer blow with a lucky second goal. Athletic emptied the bench towards the end. A great team performance by everybody with unfortunately very little reward today. A very proud management team who couldn't ask for anymore from the squad.

DENNY YOUTHS RESULT.

Killarney Athletic 4 Inter Kenmare 3

Excellent performance...great movement, passing and intensity from Athletic Who were 4-0 up at half time. Damien Switzer. 2 Matt Fleming 1. Jack McClain 1

SCHOOLBOY/GIRL SOCCER

OPENING WEEKEND OF EVEN AGE NATIONAL CUP THE HIGHLIGHTS:

Skechers 12's National Cup Round 1:

MEK Galaxy 8-0 Park B

Killarney Athletic 4 -1 Aisling Annacotty

Killorglin 5-2 Knockainey

Mastergeeha 1 -3 Moneypoint

Lisnagarry Red 3-4 Camp Juniors

Tralee Dynamos 3-6 Mungret Regional

Janesboro 0-3 Killarney Celtic

Round 2

Listowel Celtic 1-2 Cahercomlish

Skechers 13's National Cup Round 1:

Tralee Dynamos 7-7 LB Rovers AET

Dynamos win 5-4 on penalties

Skechers 14's National Cup Round 1:

Newcastlewest 5-3 Park

Ennis Town 2- 4 Killarney Celtic

Killorglin 6-1 BT Harps

Tralee Dynamos 3-3 Murroe AET

Murroe won 4-3 on penalties

Mastergeeha 6-0 Corbally United

Listowel Celtic 3-1 Holycross

Killarney Athletic 3-0 Cloughjordan

Bridge United 3-0 Castleisland

Skechers 16's National Cup Round 1:

Charleville 4-3 Tralee Dynamos AET



U16 National Cup

Fairview Rangers 8-3 Fenit Samphiers

Killarney Celtic 3-2 Killavilla United

Park 3-2 BT Harps

Killarney Athletic 0-4 Aisling Annacotty

Killorglin 3-2 Broadford

Coole 2-6 Ballyhar

MEK Galaxy 3-0 Corbally United

League Fixtures:

JK Sports 12's Premier

Tralee Dynamos 1-2 Park

12'S DIVISION 1

Park C 4-1 Inter Kenmare

Castleisland 3-5 Park C

Fenit 4-1 Ballyheigue

12 Division 2 North

Camp Juniors 0-1 Listowel Celtic

Castleisland 1-3 Mastergeeha

Tralee Dynamos B 5-5 Fenit B

12 DIVISION 2 SOUTH

Killarney Athletic B 1-2 MEK Galaxy B

Dingle Bay Rovers 3-0 Inter Kenmare

Daly's Supervalu 13 Division 2 North

LB Rovers 6-2 Listowel Celtic

Slattery's Carpets/ Blinds 14's Division 1

Inter Kenmare 2-5 Killarney Athletic B

14 DIVISION 2

Killorglin C 3-3 MEK Galaxy B

Mastergeeha B 3-6 Dingle Bay Rovers B

Park B 4-3 Castleisland

Ballyhar 7-0 Castleisland B

Dingle Bay Rovers B 0-6 Killorglin C

Killarney Plaza 15 Division 2

Killarney Celtic B 4-2 Killorglin B

15 GIRLS PREMIER

Fenit 3-2 Castleisland

Killarney Celtic 3-1 Inter Kenmare

Tralee Trophy World 16 Division 1 South

Mastergeeha 5-2 MEK Galaxy

MATCH REPORTS:

SKECHERS 12'S NATIONAL CUP: MEK Galaxy were the first team through on Saturday to the next round of the 12's National Cup. Their goals came from Feargal Murphy, David McCarthy, Fionn Kennedy, Danny Murphy and Jack Hallisey.

Killarney Athletic joins them in the next round are they had a good 4-1 home win over Aisling Annacotty. The Woodlawn sides goals came from Cillian Coffey 2, Szymon Jasinski and Evan Doona.

Also progressing are Killorglin who defeated Knockainey after 2 goals from Brian Mangan and one each from Ciaran Birmingham, Charlie Griffin and Giovanni McCarthy.

Camp Juniors were also winners on the road winning 4-2 away to Lisnagarry Red. Mikey O'Leary hit a hat trick for the Camp boys with Darragh Murphy getting the other goal.

Mastergeeha went down 3-1 away to Moneypoint with all the goals coming in the second half. The Clare side hit two quick goals before Rory O'Connor pulled one back for Mastergeeha before the home side wrapped up the win.

Despite a Christy Boy Burke hat trick Tralee Dynamos 12's went out of the competition at home t Murroe.

There was one Round 2 game where Listowel Celtic came up just short at home to Cahercomlish going down 2-1.

SKECHERS 14'S NATIONAL CUP: Killarney Celtic made the trip to Ennis a winning one beating the home side 4-2. Celtic were 2-0 up at half time thanks to a Ted Gorman goal and a penalty from Josh Bowler. The same 2 players added a goal each in the second half.

Mastergeeha were impressive 6-0 winners at home to Corbally United. The Kilbreen sides goals came from Jack Tagney, John Hughes, Kieran Nagle 2 and Emmet Spillane 2.

Killorglin and BT Harps were tied 1-1 at the break but the home side pulled away to hit 5 unanswered on the Dragon's Den All Weather to take the win. The Killorglin goals came from Jack McGrath, Aaron Doyle 2, Adam O'Neill, Ryan Carey and Ben Levy.

The Park went out 5-3 away to Newcastlewest despite leading 2-1 at the break. The Park's goals came from Thomas Deregi 2 and William Jakpovi. Bridge United got past Castleisland 3-0.

Listowel Celtic are also into the next round with a 3-2 home win over Holycross. Joshua Magdziak scored twice and Evan Boyle got one with all three goals set up by the man of the match Luke O'Reilly.

Tralee Dynamos staged a great comeback from being 3-0 down at the break at home to Murroe to force the game into extra time where it ended 3-3. Pierce Lowth with 2 and Adam

Evans were on the mark for Dynamos who lost 4-3 on penalties.

SKECHERS 16'S NATIONAL CUP: A good first half saw Ballyhar 3-0 away to Coole and they added another 3 in the second half to win 6-2. The Ballyhar goals came from Stephen Palmer, Charlie Keating, Hugh Walsh, James Horgan, Aaron Burke and Colin Callaghan.

MEK Galaxy are also into the hat thanks to a 3-0 results from their game with Corbally United. Killarney Celtic and Killavilla were level at the break with Calum O'Donoghue on the mark for Celtic. They added two more in the second half from a Jack O'Donoghue free and a goal from John Kelliher to win 3-2.

The Park also progressed on a 3-2 score line at Christy Leahy Park knocking out BT Harps. The Park goals came from Sean Healy, Obinna Izehi and Venis Jahiri.

Killorglin 16's made it a very good day for the club as they became the third side to progress. They beat Broadford 3-2 with all three goals coming from the on form Ryan Diggin.

Killarney Athletic went out at home to top Limerick side Aisling Annacotty. Another Limerick side saw off Fenit with Fairview Rangers winning 8-3 at home to the Kerry side. Garry O'Riordan and Eddie McCarthy were on the mark for Fenit.

Tralee Dynamos were defeated 4-3 after extra time away to Charleville

Dynamos through in 13's National Cup thriller: There was one game in the 13's National Cup Round 2 with Tralee Dynamos coming back from 5-1 down to draw 6-6 at the end of normal time. Both sides scored one each in extra time to leave the score at 7-7.

From Tralee Dynamos Christy Burke hit 4, Fionn Daly 2 and Mollie Duggan the other goal. LB Rovers goals came from Michael Houlihan, Daithi Keane Tyrell, Darragh Moriarty and Fiana Bradley.

The penalties were equally exciting with Tobi, Mollie Duggan, Christy Burke, Fionn Daly and Jake Carmody all scoring for Dynamos and keeper Jaidon Ward making a finger-tip save to touch the ball onto the crossbar and secure the win for the Tralee side.

PARK WIN TRALEE DERBY IN 12 PREMIER The Park made the short trip to neighbours Tralee Dynamos in the JK Sports 12 Premier a winning one thanks to goals from Mike Quirke and Nikita Hoare.

PARK C WIN TWICE IN 12 DIVISION 1 It was a good week for the Park C as they collected 6 points from their two games. In mid-week they defeated Castleisland 5-3. The Tralee sides goals came from Edison Jahiri 2, Jack Daly, Temitoyoh King Chaninomi and Johnny Nelligan. Jack Ryan 2 and Kyle Buckley replied for Castleisland.

On Saturday they had to come from behind to see off Inter Kenmare at Christy Leahy Park 4-1. Adamola Idowu 2 and 2 from Edison Jahiri, one from the penalty spot and one from a free kick gave them full points. Philip O'Sullivan got the goal for Inter.

Fenit also picked up 3 points thanks to a 4-1 win against Ballyheigue who had Adam Lee on the mark. The Fenit goals came from Conor McGibney 2, Dara Harty and Eamon Hickey.



U12 National Cup Killarney Athletic V Aisling Annacotty AFC Athletic Through to next Round

AWAY WINS IN THE 12 DIVISION 2 NORTH

The two away teams won in the JK Sports 12 Division 2 North. Listowel Celtic B defeating Camp Juniors B 1-0 in the opening game of the weekend thanks to a goal from Aidan O'Callaghan Grimes. Mastergeeha won 3-1 at Georgie O'Callaghan Park thanks to goals from Patrick O'Donoghue 2 and Patrick Murphy. Mark Curtin replied from the penalty spot for the home side.

Tralee Dynamos B and Fenit B played out a 10 goal cracker. With their keeper in great form Fenit led 5-3 but Dynamos eventually found a way past to level the game late on. Alex Touhy got 3 and Daniel Farmer 2 were the Dynamos goal scorers while Michael Corridan 3, Robert O'Shea and Roman McGibney were on the mark for Fenit B.

LB TAKE OPENING WIN IN 13'S DIVISION 2 NORTH

LB Rovers are the first leaders in the Daly's Supervalu 13 Division 2 North. In their win over Listowel Celtic Oran O'Sullivan hit 4 with Jack Rochford and Shay Murphy getting one each. Jack Gavin and Rarry O'Leary replied for Listowel.

MEK Galaxy B took the points from their trip across Killarney to defeat Woodlawn 2-1. Leo Allen and Sean Clifford were on the mark for the away side with Eli Anderson replying for Athletic.

Dingle Bay Rovers got the three points in a 3-0 result over Inter Kenmare.

5 STARS FOR ATHLETIC IN 14 DIVISION 1: Killarney Athletic's Daire Kingston as he hit all his sides 5 goals as they defeated Inter in Kenmare 5-2.

GOAL GALORE IN 14'S DIVISION 2: Killorglin C ns MEK Galaxy B shared 6 goals and the points in a 3-3 draw. Patrick Radney, Kuba Ciesla and Micheal Roche were the scorers for Killorglin with Darragh O'Neill, James Clifford and Joe Horan were on the mark for MEK.

2 goals from Padraig Manning and Jack Sheehy and one from Patrick Cahill gave Dingle Bay Rovers B the points in their game against Mastergeeha B. Dingle goalkeeper Oisín Dowd

made a number of big saves to keep his side in the game.

Castleisland were 3-0 up away to Park B thanks to goals from Mateudz Mrozla and David McCarthy 2 but the Tralee side hit 4 without reply to take the win, The goals game from Oisín Doherty, Alex Riordan, Donnacha Foley and Kirstan Lyne.

CELTIC B WIN IN 15'S DIVISION 2: A hat trick from Max Brzozowski and one from Fionn Noctor gave Killarney Celtic B all three points in their home game against Killorglin B in the Killarney Plaza 15 Division 2. Celtic led 3-0 at the break with Calvin O'Connor pulling one back for Killorglin B but it wasn't enough to get anything from the game.

Mastergeeha win in 16's Division 1

In the only game in the Tralee Trophy World 16 Division 1 Mastergeeha were 5-2 winners over MEK Galaxy B. Mark O'Shea hit 2 with Colin O'Leary, Turlough O'Connor and Jack Higgins getting one each. Eddie Moroney and Hugh O'Malley were the MEK scorers.

Home wins in 15 Girls Premier opener:

The opening day of the Kerry Schoolgirls League saw action in the 15's Premier with wins for the two home sides. Fenit defeated Castleisland 3-2 having led 2-1 at the break. Lily Nowak scored all three goals for Fenit who also had keeper Grace Stack in great form. Amy Curtin and Shauna Wilkinson got the goals.

Killarney Celtic and Inter Kenmare were level 1-1 at the half with Tirna Murphy and Helena O'Donoghue getting the goals. In the second half Celtic scored twice without reply. Aideen O'Brien and Leah McMahon hit the net to ensure the points for Celtic.

Girl's Roll of Honour:

The Girls Section of the League began this Saturday with the 15 Premier and the best displays came from Lily Nowak and Grace Stack from Fenit, Amy Curtin Castleisland, Andrea Murphy Killarney Celtic and Helena O'Donoghue Inter Kenmare.

191 324

MEK GALAXY NEWS

RESULT: Under 12s Mek Galaxy B team 2-1 Killarney Athletic B, Leo Allen and Sean Clifford scored and a outstanding display for Man of Match from Kealan O Riordan in goals.

MEK Galaxy Under 12s B team made the short trip to play Killarney Athletic B in Woodlawn this morning in Division 2 South. In a game played in damp conditions they emerged victorious after a entertaining game in which Sean Clifford scored first, a Killarney Athletic equaliser followed but a fantastic goal by Leo Allen claimed the 3 points for MEK who owe the victory to a fantastic display to the defence of Charlie Griffin, Killian Fitzgerald and Brian Hurley and the hard work of the Midfield and Attack of Sean Clifford, James O Reilly, David O Shea, Thomas O Shaughnessy, Ryan Breen, James O Meara, Harry Murphy and Leo Allen, but Victory was made possible by a Man of the Display by Kealan O Riordan who was outstanding in Goals producing a number of outstanding saves.

Well done to all the boys keeping up their 100% record and looking forward to their next game. U12 MEK Galaxy A beat St Brendan's Park B MEK Galaxy Under12s made their first entry into the National Cup and emerged victorious against St Brendan's Park B.

In a completely dominant performance in which MEK Galaxy took the lead inside 2mins and had added a second before the 4th min and were 5-0 up on 15mins and went in at half time well in the lead.

The 2nd Half continued in the same vane with a further goals added to earn a good win for MEK Galaxy FC. Thanks to St. Brendan's Park B for such a sporting game.

Goals scored by Feargal Murphy, Fionn Kennedy, David McCarthy, Danny Murphy, Jack Hallisey and Kevin Coffey Man of Match David McCarthy.

SENIOR A: KDL Premier A : Castleisland AFC 2 - MEK Galaxy 0

Best on the day: Dave Keirns, Ger Foley, Tadhg Fleming

Castleisland scored late on in the 81st and 85th minute. MEK Galaxy showed great pace to the game start to finish. Very good performance with lots of positives to take away with the FAI Junior Cup next week. Below is the squad - the first ever KDL game for our club.

SENIOR B: Seniors Result: KDL 2B

MEK Galaxy B 3 - Windmill United B 2

Goals: George Dobbins x 2, Mike Griffin

Best on the day: Gordon Buckley, Harry Buckley, Stephen Corsini

FIXTURES SAT 28TH

U11 Gold Mek v Killorglin 3.00pm

U11 Red Mek v Killorglin 4.00pm

GIRLS FIXTURES 28TH

U13 Premier Round 1



Division 1 Killarney Athletic 5 Inter Kenmare 2 Darragh Kingston getting all Five

Mek Kickerz v Fenit Samphires 11.00am
Killarney Celtic Green v Mek starz 3.00pm

KILLARNEY CELTIC NOTES

MUNSTER JUNIOR CUP

Killarney Celtic 8, Ballyheigue Ath 0

Lee Downing (3), Stephen McCarthy, Wayne Sparling, Danny Roche, Ryan Kelliher, Gary Keane.

PREMIER B Ballyhar Dyn 3, Killarney Celtic B 2.

Padraic Looney, Mikey Moynihan

U14 National Cup, Ennis 2, Killarney Celtic 4.

Celtic made the trip to Ennis a winning one beating the home side 4-2. Celtic were 2-0 up at half time thanks to a Ted Gorman goal and a penalty from Josh Bowler. The same 2 players added a goal each in the second half.

U16 National Cup Killarney Celtic 3, Killavilla 2. Celtic and Killavilla were level at the break with Calum O'Donoghue on the mark for Celtic. They added two more in the second half from a Jack O'Donoghue free and a goal from John Kelliher to win 3-2.

U15 DIV 2. Killarney Celtic B 4, Killorglin B 2.

A hat trick from Max Brzozowski and one from Fionn Noctor gave Celtic B all three points in their home game against Killorglin B in the Killarney Plaza 15 Division 2.

U15 Girls Premier Killarney Celtic and Inter Kenmare were level 1-1 at the half with Tirna Murphy scoring for Celtic. In the second half Aideen O'Brien and Leah McMahon hit the net to ensure the points for Celtic.

Congrats to Walid Khalil U15b who made the KSSL Team of the Week and to Andrea Murphy u15 Girls who made the Girls Roll of honour.

CELTIC LOTTO Numbers drawn 8,13,14,26. No jackpot winner. Match 3 receives €150. Next jackpot is €10,400.

MASTERGEEHA FC

U12 NATIONAL CUP Mastergeeha 1 Money point 3 in the boy's battle hard against the Clare side. All the goals came in the second half with the visitors scoring two goals before Rory O Connor replied for Mastergeeha. After this the boys pushed on but could not get the equalising goal before the Clare side got the final goal in the closing minutes.

U12 DIV 2 CASTLEISLAND 1 MASTERGEEHA 3 The u12 had a good wing away on Saturday morning with Ruiri O Donoghue (2) and Patrick O Riordan got the third to ensure all three points.

U14 NATIONAL CUP MASTERGEEHA 6 CORBALLY 0 in an excellent first half performance Mastergeeha led 5-0 at the break. John Hughes, Kieran Nagle (2) and Emmett Spillane (2) with goals in the first half and Jack Tangney added another in the second half.

U14 DIV 2 MASTERGEEHA 3 DINGLE 6 in this high scoring game the boys battle hard but could not get the better of the west Kerry side. Mark Cronin, Darren O Leary and Bobby Galvin getting the goals.

U16 MASTERGEEHA 5 MEK 2 In a good start to the season the boys collected all three points against neighbours MEK. Mark O Shea (2), Colin O Leary, Turlough O Conner and Jack Higgins got a goal each in this good team performance.

YOUTHS BALLYHAR 0 MASTERGEEHA 0

In this close game the boys had to settle for a point. Darra Tagney and Philip O Leary went closest for Mastergeeha.

TRAINING Academy training will start on Saturday the 28th September at 10.45am. All welcome.

DEERPARK PITCH AND

PUTT CLUB NEWS

NATIONAL GENTS NETT INTER CLUB

DISAPPOINTMENT for the Deerpark and Tralee teams that travelled to Bruff in Co Limerick last Saturday as they missed out of making the knockout stages of the National Gents Nett Inter-Club Qualifying competition next month. For Tralee it was especially disappointing as they missed out on countback in claiming the final of five spots on offer to Munster sides last Saturday on their first time back in this event in a few years.

Michael Creagh (92), Keith O'Brien (97), John Fitzgerald (102), Danny O'Leary (104), Paul O'Shea (106) and Patrick Byrne (110) were their counting scores in a seven-man team that included Reece Sugrue as well. Their total of 611 was tied with teams from the Collins and St Annes clubs in Cork but Tralee's 'Back 18' total of 298 was three shots worse than the Collins side with the latter getting the final spot by virtue of a combined 'Back 18' of 295.

Deerpark's second team finished ahead of their first team with a combined score of 617 as the first of the two teams from the Killarney club finished on 629. It means that for the first time since 2015, the club do not make the knockout stages of this event having reached the Semi-Finals of the last three events. This weekend sees the Munster Scotch Foursomes take place in St Stephens, Co Cork on Sunday with seven pairs from the county entered in the event.

The County Board wishes all seven the best of luck in this event on Sunday.

ROSS GC- GENTS CLUB

RESULTS On Sept 21st our President Ivo O'Sullivan held his President's Prize with a stableford competition ..

The winners were -

- 1.....Tim Sheehan (12) 38
 - 2.....Tadhg McCarthy (24) 38.
 - 3.... Sean Walsh (12) 36
 - 4.... Maurice Coffey (27) 36
 - 5.... Johnny Brosnan (13) 34
 - 6.... Donnagh Moynihan (8) 33
- FN....Alius Brazietas
BN ...Aidan McGaley
Past Presidents Prize..... Jim Fleming
Presidents Prize to the Ladies WinnerMary Moynihan.

This day's golf was very well supported with a very large turnout despite the very poor weather conditions. The course is in fantastic condition and the evening was rounded off with a great meal, the presentation of prizes in the Clubhouse and a very nice sociable night was had by all.

FIXTURES: On Sept 28th/29th we will hold the Maurice O'Donoghue Memorial Cup stableford competition. The entry sheet is now available in the Clubhouse.

KILLORGLIN MEMBERS

GC (MEN'S SECTION)

RESULTS: Winners of Stableford Singles Sponsored by Marie & Bernard Diggin on the 21st & 22nd September 2019 were as follows:
1st Place - Jer Joy (11) 42 Points,
2nd Place - Gerard (Rocky) O'Sullivan (21) 39 Points (CB), 3rd Place - Vincent O'Sullivan (14) 39 Points, Gross: John Mc Carthy (4) 78 Strokes.

FIXTURES: Next Saturday and Sunday 28th and 29th September is a Stableford Singles Sponsored by the Club.

President Rick Sheehy's Day is on the Sunday 6th October. Timesheet in the shop.

CASTLEROSSE GC LADIES

RESULTS Stableford Competition played on 19th September
Results
9 Hole

1. Chan Martin (08) 17 pts
 2. Noirin Sheehan (16) 13 pts
 3. Kay Spillane (17) 10 pts
- 18 Hole
1.Úna Moroney (27) 40 pts
2. Nora Long (37) 25 pts
3. Eileen Sugrue (37) 25 pts

ROSS LADIES GOLF CLUB

Captain C K's prize to the Ladies was won by Mary Moynihan (33 pts), Betty O'Farrell was 2nd (29 pts) and Anne O'Leary 3rd (28 pts) President Ivo's prize to the Ladies Mary Moynihan 1st place, Kaye Cremin 2nd, Betty O'Farrell 3rd and Anne O'Leary 4th.

BEAUFORT GOLF CLUB

(GENTS BRANCH)

22nd September - President's Prize - Sponsored by President Pat Quill/O'Carroll's Senator Windows
1st James Jones (9) 41 pts
2nd Denis P Galvin (8) 37 pts
3rd Edwin Spence (12) 36 pts
4th Denis J O'Connor (14) 36 pts
5th Michael Barry (10) 36 pts
Past President: Johnny Doolan (21) 29 pts
Front 9 Padraid Coffey (13) 20 pts
Back 9 Brendan Kirby (20) 21 pts
Guest Prize: Aaron Quill (18) 32 pts
Nearest The Pin: Seamus O'Brien
Longest Drive: James Jones

17th September - Munster Seniors

Category A (0-15 Handicap)
Winner: John Keohan (10) 37 pts
Category B (16-20 Handicap)
Winner: John Lane (17) 37 pts
Category C (20+ Handicap)
Winner: Robert Gumbleton (24) 37 pts

FIXTURES

28th/29th September - 18 Hole V-Par (Yellow Tees) - Sponsored by Peter Keane's SuperValu
27th September - Open Friday (18 Hole Single Stableford) - Sponsored by Clifford's Groundcare Ltd (Open to Ladies & Gents) - Ring Clubhouse on 064-6644440 to book a tee time.

DEERPARK PITCH & PUTT

CLUB NEWS

RICKY KELLY MEMORIAL:

Over 30 teams supported this year's event in what were mixed weather conditions yet play was still enjoyable from start to finish. The winners were the last team to finish on Friday night in pitch darkness as our former Grounds Committee supremo Ger O'Connor teamed with our former Secretary Margaret B Looney and her daughter Danielle Breen for victory by five shots in the end. We will be presenting the cheque for the overall amount raised in aid of our good friend John 'Sully' O'Sullivan in the next month at a club function but thanks to the Tatler Jack Bar, the friends of Sully who made donations along with Paula and her staff in the kitchen for feeding all players throughout the three days.

RESULTS: Overall Nett: Ger O'Connor, Margaret B Looney & Danielle Breen 61 2/3, Overall



Paul Earleie Aghadoe Heights Hotel presenting the winning prize in the Aghadoe Heights Club Matchplay to winner Alan McSweeney with James Curran Captain at Killarney Golf Club.



Mary Sheehy Lady Captain Killarney Golf Club presenting the first prize in the Ladies Club Charity Day in aid of Comfort for Chemo which was sponsored by Walsh Print to winners Grace Dennehy, Noreen O'Callaghan, Peggy O'Donoghue and Kathleen Brosnan with (front right) Brid O'Connor Comfort for Chemo (second row Marian Reidy, Janet Sharkley, Brenda O'Rian and Ann Duggan of Monkstown 2nd, Geraldine Tarrant Killarney 4th, Kathleen Wall Killarney 3rd, Eileen Whelan and Sheila Crowley Killarney 5th, Mary Geaney Killarney 6th and Paul McCarthy Comfort for Chemo at Killarney Golf Club

Gross: Damien Fleming, David O'Donnell & Sharon Fleming 80 Second Nett: Lorcan Martin, Darragh O'Callaghan & Alan Walsh 66 2/3, Mixed Nett: Noel Moynihan, Aidan O'Donoghue & Sarah Casey 68 2/3, Non-Members Prize: Jason O'Sullivan, Lee O'Callaghan & Shane Hurley 66 2/3, 18 Hole Prize: Colm O'Dowd, Donie O'Dowd & Sharon Murphy 33, U-16: Brian McCarthy, Mark O'Carroll & Ben Kelliher 38 and Hole-in-One: Jim Morris.

NATIONAL INTER-CLUB:
Unfortunately our two teams that travelled to Bruff on Saturday looking to make the Knockout Stages both failed to qualify. Munster Scotch Foursomes: We have four pairs from the club travelling to this event in St Stephens in Cork on Sunday. Sunday Singles: 36 Holes Singles Strokeplay on Sunday morning @ 9.15am. Entry €10 per player, open to club members aged 15 or over.



Killarney Golf Club Ladies team Niamh Dinham, Nuala Meade and Frances Arthur winners of the Irish Ladies Golf Union Elenor Tivy Cup in the Munster 2019 team event in Fermoy with Mary Sheehy Lady Captain, Tom Prendergast Club President, James Curran Captain at Killarney Golf Club.



Des Hayes presenting the Hayes Cup to winner Aine Martin with Anne Duggan 2nd, Catherine Hayes Coffey, Mary Sheehy Lady Captain (back from left) Tom Prendergast Club President, prizewinners Anne Moynihan Rudden and Gemma Leahy and James Curran Captain at Killarney Golf Club.



Prizewinners in the Junior Girls Captain's prize (Valerie Clancy) were Caoimhe Cronin, Ellen Barry, Aoife O'Sullivan, Ella Mangan, Eimear O'Sullivan and Evelyn McCarthy Tom Prendergast Club President, James Curran Captain Mary Sheehy Lady Captain and Club Juvenile Officers Eileen Whelan, Sally Cooper and Marguerita Mulcahy at Killarney Golf Club



Mary Sheehy Lady Captain (right) presenting first prize in the Books Exchange Day to winner Anne Moynihan Rudden with James Curran Captain, Tom Prendergast Club President, prizewinners Eimear O'Donnell 2nd, Margaret O'Donoghue 3rd and Lorna O'Leary 4th at Killarney Golf Club.



Jacqui O'Shea of VisageBeauty Ladies competition to winner Lorna O'Leary with (from left) Maire Murphy Hole in One 12th, Tom Prendergast Club President, Kathleen Rice 3rd, Margaret Curtin 2nd, Mary Sheehy Lady Captain and James Curran Captain at Killarney Golf Club.



Allan O'Connor of the Killarney Park presenting first prize in the Killarney park Ladies competition to winner Eimear O'Donnell with James Curran Captain, Mary Sheehy Lady Captain, Tom Prendergast Club President and Peggy O'Donoghue Runner up at Killarney Golf Club.



Mary Sheehy Lady Captain (right) presenting first prize in the Muckross Park Mixed competition to winners Sean and Maire Murphy with James Curran Captain, Tom Prendergast Club President, prizewinners Willian and Geraldine Tarrant 2nd, Margaret and John Curtin 3rd, Mary Geaney and Dermot Roche 4th at Killarney Golf Club.

SEAMIE CLAIMS THE TIM O'SHEA PERPETUAL CUP

After rediscovering his driving skills, Seamie O'Connor claimed the Tim O'Shea Perpetual Cup for Seniors Golfers at Killarney Golf Club on Thursday last.

In glorious sunshine, Seamie, shot a magnificent 46 points or 75 gross following a recent visit to Mark Heinemann Killarney Golf Club

Professional.

His score included two birdies at the first and ninth to take first prize from retired Garda Brendan Cronin who finished second with 41 pts.

This Seniors competition has been running since 1995 with forty two players taking part this year.



Tim O' Shea presents first prize to Seamie O'Connor. F.R.Brendan Cronin.B.L. Dermot Roche 5th.38pts, Michael Halloran 4th. 38pts,Nick O'Brien 3rd. 40 pts. Front Nine Terry Geraghty 20 pts, Over 80,s Tadhg O'Reilly 34 pts,Tom Prendergast President Killarney Golf Club and over 70,s Junior Finnegan 37pts.



Photographed at the Presentation of prizes at the recent Captain's Day in the Ross GC are: Front (l to r) Lady Captain Therese O'Keeffe, Captain John Cushkelly, Timmy Kelly-Winner, Brenda Cushkelly, Ivo O'Sullivan President. Back (l to r) Seamus McCarthy, Donie Broderick, Donie Mulcahy, Tadhg McCarthy, Jim Casey, Oliver Butler, Gianfranco Ghidini, Jonathan Casey, Peter Wickham, Michael O'Donoghue.



James Curran Captain (right) presenting first prize in the SOL Men's Competition to Tom Ashe with (left) Tom Prendergast Club President at Killarney Golf Club.



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TRY
THIS

To get the right posture in golf - stand up dead straight with your arms and club out in front of you (see image 1) bend your knees to help alleviate stress in the back, hinge from your hips and when the club hits the ground that's the correct posture to be in.

CONTACT PGA PROFESSIONALS

Mark Heinemann - 087 220 9663

Ciaran McKenna - 089 494 4266



Frequently we sabotage ourselves by feeling that we don't deserve success or happiness. Fear of failure can prevent us from moving towards a desired goal. However, this is often to do with our sense of not being enough – more than loss of money or time or reputation. If you have a fear of failure you may be holding some negative belief about yourself which is repressing you. To understand what your barrier may be, fill in the following blank for yourself: "If I try and don't succeed, everyone will know I'm"

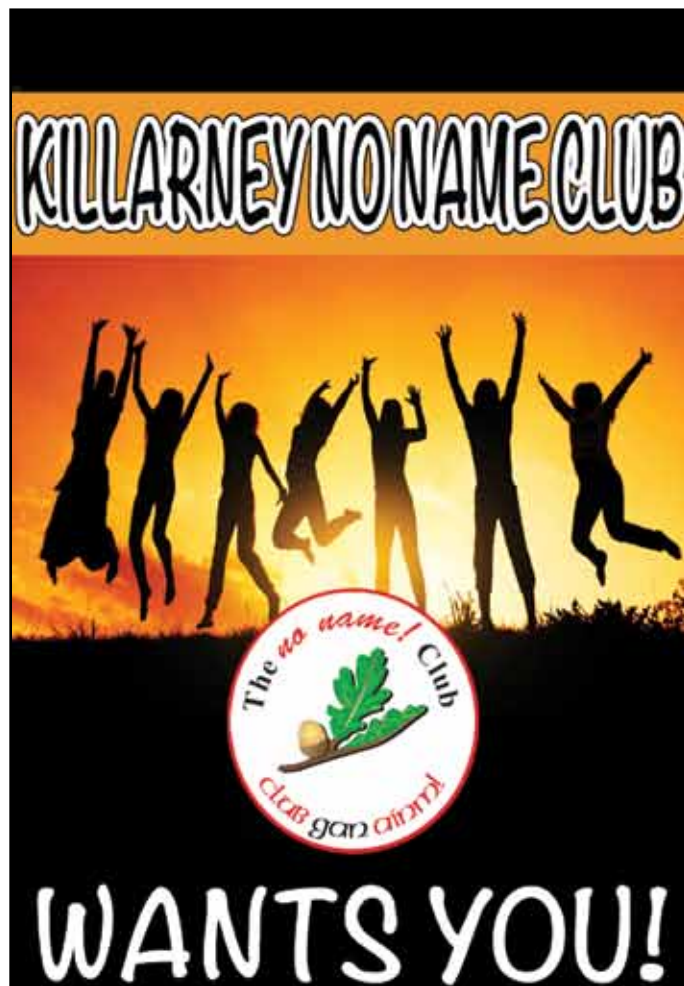
Another helpful way to identify our blocks to success is to write down, without censoring, the specific thoughts and feelings you have that hold you back. This will help you to identify child-like or vulnerable feelings that may be unconsciously controlling your behaviour. In the same way that a parent might reassure (and not ridicule) a scared child, learn to parent yourself – and assure the vulnerable part of you that you'll take charge and that you have their back.

Perfectionism can hinder our success, leading us to focus more on avoiding failure than accomplishing our goals. Begin to see mistakes as opportunities for learning and not reasons to beat yourself up about something. If you don't get the result you wanted, this doesn't make you a failure. Look at the event as a learning experience and ask what you can take from the situation. Assess if it could have been prevented and ask what you can do differently next time. It is also vital that we not take things too personally and separate what we do from our overall sense of identity. Shifting our focus in this way can be difficult – and is a practice that we can perfect over time. Self-limiting thoughts or beliefs can be particularly damaging as they limit the possibilities for change and success. If you find yourself thinking a limiting thought – turn it into a question. Rather than thinking "I can't do this – it's impossible", ask "How can I do this" or "How is this possible". Simply changing the statement to a question opens us up to finding new possibilities and sounds more hopeful.

Getting to where you want to be takes many small steps. It is important to begin by firmly establishing in your mind what you want to achieve. Write this down and believe with certainty that it can be accomplished. It can also help to visualise yourself attaining this goal. Continue to take meaningful steps towards your destination until you have reached your goal.

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RELIEF FOR BLISTERS:

*Blisters generally get worse by moisture and friction so if you keep your feet dry, you may just prevent blisters from forming. Simply slide a gel deodorant around the sides and tops of clean, dry feet before putting on a new pair of shoes. The deodorant should act as a home remedy to lubricate any problem areas and reduce the rubbing effect.

*To apply a band-aid for blister treatment make a mini protection by applying the sticky ends of the band-aid closer together, with the middle part raising slightly over your blister. This remedy allows the blister to breathe, promoting healing while also protecting it from friction or dirt that may cause an infection.

*The majority of doctors agree that blisters heal faster if they are left uncovered and in a clean environment. Remove bandages when you are home so your blister has a chance to breathe and dry up. To help protect it from an infection apply a thin layer of antibacterial ointment in order to promote healing.

INDIAN VILLAGERS ARE DONATING COMMUNITY CROPLAND TO FEED WILD ELEPHANTS:

Wild elephants frequently venture down from the hills of the neighboring Karbi Anglong district looking for food and subsequently causing damage to the locals' paddy fields. In a plan to keep the majestic animals away from the villagers' own crops, around 600 Indian farmers have donated 33 acres of community land to the NGO Hatibondhu ('friends of elephants') to grow rice and other crops.

As well as rice, the local farmers have also planted 2,000 outenga (elephant apple) saplings, 1,500 jackfruit plants, and 25,000 banana plants, which the elephants can feast on. It will take some time for the crops to mature, so until then the elephants can feed on an area of fast-growing napier grass planted specifically for them.

"By the time the elephants finish the crop grown for them, we will have harvested much of our own, commented one of the two village headmen, Dyansing Hanse. The other headman, Jiten Kro, added that he hoped the move would help humans and elephants co-exist amicably. "We are happy to have given back some space to the elephants through a project that I believe is unprecedented," he said.

ON THIS DATE - September 27th:

1922 -The Provisional Government (in place between January and December 1922 to make sure the Treaty was implemented) passed, by 41 votes to 18, emergency legislation which allowed for the execution of those captured bearing arms against the State, despite the fact they had no legal right under the Treaty to enact new legislation without royal assent, the King to be represented in the person of the Governor General who hadn't yet been appointed.

1954 - Dublin Gaelic Footballer, Brian Mullins born in Dublin. The midfielder won four all Ireland's with Dublin between 1974 and 1983.

1957 - Launch of the Royal Showband.

1964 - The Warren commission released its report



on their official conclusions saying Lee Harvey Oswald assassinated President John F. Kennedy without the help of any conspiracy.

1968 - Britain's entry into the European Common Market was barred by France.

1989 - Sony bought Columbia Pictures for \$3.4 billion.

1998 - Google was founded.

2000 - Thirty-three years after it was made, censors lifted the ban on a film adaptation of James Joyce's novel Ulysses.

2001 - British Airways announced it was closing its Belfast-Heathrow route with 160 job losses. BA's decision also meant it would suspend its daily service to Gatwick from Shannon and Cork.

2013 - French police cleared out a Roma Gypsy camp in the town of Roubaix. The move came only a few days after the interior minister had said the Roma should be expelled from the country.

CONSERVATIONISTS MIGHT HAVE SAVED THE LAST OF AN ENDANGERED FROG SPECIES:

A team of conservationists and government officials in Chile are being praised for their swift and unprecedented rescue mission of a critically endangered frog species just in the nick of time.

Last month, the researchers managed to save 14 of the Loa water frog, a species that can only be found in a single stream in Chile.

Specialists say that the rescued amphibians could be the last of the entire species and the creatures were rescued just before their habitat had completely dried up, leaving the frogs malnourished and barely hanging on.

Chilean officials stumbled upon the plight of the Loa water frog after they discovered that its habitat outside the city of Calama—which is located in the middle of the Atacama desert—had dried up as a result of mining, agriculture, real estate development, and water extraction for mining purposes.

In a region where water is a scarce resource, all of the frogs had been pushed into a tiny pool of muddy water. Thankfully, the team managed to collect what they believe to be the last 14 frogs and brought them to the National Zoo of Chile to start a conservation breeding programme.

As the zoo's specialists try to nurse the critters back to health, they are reportedly talking to water frog experts from around the world in order to gather tips for calculating the best methods of breeding and care.

THIS EYE DOCTOR HAS RESTORED VISION TO OVER 130,000 PEOPLE:

Dr. Sanduk Ruit is an ophthalmologist who has trekked all over Nepal in order to perform cataract surgeries on blind people living in remote areas. With surgical equipment in tow, he has embarked on 7-day hikes solely for the purpose of treating blindness. Since he first dedicated himself to treating blindness across his home country, he has personally restored vision to over 130,000 people. He is also the executive director of the Tilganga Institute of Ophthalmology, a Kathmandu-based nonprofit that caters to as many as 1 million patients.

According to the eye doctor, about 90% of the world's blind population is located in Nepal. This is partially because there are fewer eye doctors in countries that are less developed, and also because cataract lenses previously had to be imported from international manufacturers, which upped the cost of the lenses to as much as €275.

Since Dr. Ruit and his organization have helped to source cataract lenses locally, however, they now cost just €2.75 each.

A FISH CHORUS:

Scientists in Australia were delighted to discover that fish also communicate together at dusk and dawn—just like the birds do. They make intentional sounds by using parts of their anatomy, like using their teeth to make clicking sounds, while some use their swim bladder to push air out through their mouth to create an identifiable audio pattern.

The fish that make these distinct patterns of communication are called "soloist fish." When these noisier specimens come together in the same location, their sounds overlap to create a chorus.

Robert McCauley and his colleagues at Curtin University in Perth discovered the sounds after they began studying the underwater acoustics off the Port Hedland shore by placing two sea-noise trackers 22 kilometres apart off the coast for 18 months.

The team already knew that sound played an important role in certain fish behaviours such as reproduction, feeding, and territorial disputes; some fish use sounds to stay together, and others use their unique pattern to defend their territory. And while choruses were also recorded on different days, there were 80 days when more than one chorus was recorded at the same site.

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06

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Bare rooted roses can be planted from late autumn until around mid March.

Bare rooted roses are plants that are dug up straight from the open ground when they are dormant and best planted or heeled into some earth as soon as possible.

Make sure when you are planting bare rooted roses to heel them in well with the heel of your foot to prevent their roots from being moved in the wind.

Roses are hungry plants so make sure when you're planting to add plenty of manure or a rose fertilizer.

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DANCE SOCIAL CLUB KILBRIN: FRIDAY the 4th October: Bernie Heaney and Boz ex Mike Denver Band from 9pm to 11.30pm.
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MOTORISTS URGED TO BE VIGILANT DURING DEER RUTTING SEASON

It's autumn and in our forests and across our mountains, tensions are rising as the rutting season gets under way, the time of the year when male deer are driven by an urge to reproduce. From late September until early November the clash of antlers will be heard as males show off their virility to potential mates and, like gladiators entering an arena, they parade around showing off their armoury of antlers.

While the rut is an amazing experience to witness it is also a time when there is an increased incident of road traffic accidents involving deer as male deer go in search of females and younger males are ousted by dominant males forcing deer to cross roads and motorways. The Wild Deer Association of Ireland are calling on motorists to be vigilant at dawn and dusk, when deer are most active, particularly in high risk areas such as woodlands and mountains.

What should drivers do in high risk areas?

Reduce speed where they see a warning sign and stay alert. Prepare to stop, never swerve as you could hit another obstacle or oncoming vehicle. When you see a deer "dip your headlights" as the full-beam may cause the deer to freeze. If a deer has crossed in front of your vehicle, be aware that others may follow.



The first few isolated red stag roars have been heard over the past few days, which spells the early stages of this year's rut. The main period of the Killarney rut begins over the last week of September and the first three weeks of October.

PICTURE: PETER O'TOOL

Do not approach an injured deer. If you are involved in a Deer RTA or come across a deer that has been involved in a RTA, immediately contact the local Gardaí.

@aifefifachoclita REALLY ENJOYED MY TIME HERE DURING THIS BEAUTIFUL WEATHER #lovekillarney

@almarenk ONE OF THE HIGHLIGHTS OF OUR TRIP TO IRELAND WAS A WALK AROUND MUCKROSS LAKE #lovekillarney

@moonfell44 Ah, IT'S GOOD TO BE HOME #lovekillarney

#lovekillarney

@gosia6054 DEER IN THE NATIONAL PARK #lovekillarney

...share the love with #lovekillarney on



A Word of Victory

Welcome back dear reader, "then Ephraim shall become like a mighty warrior... their hearts shall be glad... their children shall see it and be glad; their hearts shall rejoice in the LORD. I will whistle for them and gather them in, for I have redeemed them" (Zechariah 10:7-8). God's heart as our Good Shepherd is crying out to those who are following the wrong voices and going down wrong paths to destruction. But here, He promises that if I press in to prioritising worship of Him alone, I'm strengthened with His might and joy, and those I love and am concerned about will rejoice as they witness the change in my heart; and when God whistles for them they will come running to Him, and be set free! Last week we studied the curse attached to idolatry - when Samuel set up a 'stone of remembrance' to remind the Israelites to turn from idol worship (Exodus 20:3-6 & 1st Samuel 7:12). Earlier, when God had established the Passover, each family was told to take an unblemished lamb and place the blood of that lamb over their doorposts for protection from death, and to roast and eat the meat (which healed their bodies - Psalm 105:37). Specifically, God told Moses - "a lamb for a household" (Exodus 12:1-14). It was a prophetic foreshadow of God's plan of Salvation through His Son Jesus. When we take the cup and bread at the Lord's Supper it represents the body and blood of the perfect Lamb of God - Jesus, Who was beaten and killed so we could be (a) forgiven and restored to God as His children; and (b) healed - physically, emotionally, mentally and spiritually. The simplicity of Communion has been erased by man-made laws. It is purely fellowship with God made possible by the one-time sacrifice of Jesus (Hebrews 10:8-18). As we eat and drink, pondering Jesus' death and resurrection, we are digesting the knowledge of what He did for us - it is our 'stone of remembrance' (Read Isaiah chapter 53). "He was pierced for our transgressions" (He paid for our sins to be forgiven), "He was bruised for our iniquities" (He brought us deliverance from generational curses), "the chastisement for our peace was upon Him" (He took all mental anguish and gave us His Peace), and because He defeated the power of sin and death, sickness, curse and disease - "by His wounds we are healed". God is reaching out to you to heal and restore you friend and your household too!

More next week...

 @WOVKillarney 

E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

Word of Victory is a paid advert and does not represent the editorial views of this magazine.

NOVENA TO THE SCARED HEART

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

PR

NOVENA TO THE SCARED HEART

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Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

7TH ANNIVERSARY



IN LOVING MEMORY OF

MARY FOLEY

Late of Killafadda, Kilgarvan who passed away on the 30th of September 2012.

*Loved with a Love
Beyond all telling
Missed with a grief
Beyond all tears.*

DEARLY LOVED AND SADLY MISSED BY YOUR HUSBAND SEÁN, DAUGHTERS MARY FRANCES AND SON IN LAW JOHN, CORRINA AND PETER, CAROLINE AND JUSTIN, SIOBHÁN AND EOGHAN. GRANDCHILDREN JAMES AND EMMA.

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Pictures for illustration purposes only

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