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<b>MUPPETS</b> (12A) 11:00 Sat-Thurs: 2:15	<b>KIDS CINE CLUB</b> Saturday 28th & Sunday 29th June <b>POSTMAN PAT</b> (12A) 10:00 12:15 <b>MUPPETS MOST WANTED</b> (12A) 11:00 12:05 <b>RIO 2</b> (12A) 11:00 12:05		

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# KILLARNEY LIONS CLUB MINI MARATHON A GREAT SUCCESS

The sun was shining, music playing & great anticipation in the air as people gathered for the twelfth annual Lions Club Mini Marathon in Killarney on Sunday last the 22nd June.

Michael Howard, chairman of the organising committee, and his team were delighted with the support received for this annual event. Many local charities have benefited over the years from the proceeds raised and this year South West Counselling Centre will be the beneficiary. They provide professional services free of charge to members of our community who otherwise would have nowhere to turn for essential assistance.

Registration opened at 10am & everybody was under starter's orders for eleven o'clock. The route took them down Mission Road, into the



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE LIONS CLUB MINI MARATHON ON SATURDAY WERE L-R MARY TOOHEY, DARA O'CONNELL, JOHN O'CONNELL, JIMMY O'CONNELL & MARY O'CONNELL.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

National Park through to Ross Castle and up around the old copper mines before heading back to the finish line at Denagh Lodge.

There were twelve categories and full results may be found on the Killarney Lions Club Website, [www.killarneylions.ie](http://www.killarneylions.ie)

The organising committee would like to thank, most sincerely, all who took part and played their part in raising much needed funds for The South West Counselling Centre.

The committee are much indebted to local business & individuals who provide very generous sponsorship and would like to give

special mention to the following;

Gleneagle Hotel, Failte Hotel, Towers Hotel, Castlerosse Hotel, Royal Hotel, Malton, Treyvauds Restaurant, Aquila Club, Scotts, Flesk Restaurant, Brian James, Plaza Hotel, Macs Ice Cream, Charlie Foleys, Sweets n Treats, Killarney Hair Studio, Walsh Bros, Who's For Shoes, Lord Kenmare Restaurant, McSweeney Arms, O'Connors Traditional Bar, Big Red Killarney Bus Tour, Castlough Tours, Killarney Avenue Hotel, Ronan Kealy O'Sullivan Sound.



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE LIONS CLUB MINI MARATHON ON SATURDAY WERE MARIA O'SHEA, CAROLINE SWEETMAN, JOE GAFFEY & CLAIRE O'MAHONEY.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE LIONS CLUB MINI MARATHON ON SATURDAY WERE L-R MAGS CAMPBELL, MARY MCCARTHY, STEPHEN GRIFFIN & LAURA FURLONG.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE LIONS CLUB MINI MARATHON ON SATURDAY WERE L-R COLETTE FLYNN, CAROLINE DALY, JASON QUIRKE & MARIA CORBETT.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE LIONS CLUB MINI MARATHON ON SATURDAY WERE L-R AMANDA STARRON & KEVIN COONEY.  
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# Warehouse Relocation SALE

## ONE DAY ONLY

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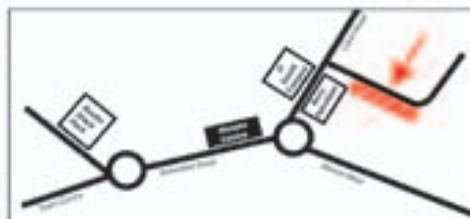
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<b>PINE DINING TABLE</b> (VARIOUS SIZES) was €299 now <b>€175</b>	<b>5FT KING SIZE LEATHER BED FRAME</b> was €399 now <b>€175</b> <small>2 ONLY</small>	<b>SINGLE BED FRAMES</b> was €199 now <b>€49</b>	<b>DOUBLE BED FRAMES</b> was €250 now <b>€89</b>	<b>DOUBLE WARDROBES</b> was €299 now <b>€99</b>	<b>6 DRAWER WIDE CHESTS</b> was €299 now <b>€149</b>
<b>FABRIC CORNER SOFA</b> was €1599 now <b>€599</b>	<b>LEATHER CORNER SOFA</b> was €1399 now <b>€749</b>	<b>FABRIC SUITES</b> was €1999 now <b>€999</b>	<b>PINE DRESSERS</b> was €649 now <b>€399</b>	<b>LEATHER 3 PCE SUITES</b> was €1499 now <b>€899</b>	<b>COFFEE TABLES</b> was €199 now <b>€79</b>



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# HOLY CROSS MERCY GIRLS REVEL IN JULY 4TH PREPARATIONS



HOLY CROSS MERCY SCHOOL 6TH CLASS PUPILS PICTURED AT THE KILLARNEY OUTLOOK OFFICE ON HIGH STREET WHERE THEY DECORATED THE WINDOWS FOR THE FORTHCOMING JULY 4TH CELEBRATION. PICTURE: LISA O'SHEA

Pupils from 6th Class in Holy Cross Mercy spent their last few days in Primary School preparing art work for the windows of the Killarney Outlook to celebrate the upcoming 4th of July festival. This 4th of July and for the first time Killarney Chamber of Tourism and Commerce in association with Killarney Town Council are hosting a one day festival on the 4th of July to honour our American friends and associates. Main Street Killarney will be transformed into Main Street USA to celebrate Independence Day with all our American friends and visitors alike. At 8pm an exciting and colourful parade will wind its way through the streets of Killarney ending up in the Beech Road Car Park for a summer's evening concert with "The Roaring Forties" who will treat us to an evening of American swing music followed by a fantastic display of fireworks at approximately 10.30pm.

Killarney 4th of July Celebrations organising committee chairperson Kate O'Leary said: "This is a rally call for all of us in Killarney to show our appreciation of our American friends and associates. Nothing would please me more than to see the streets of Killarney packed with locals, visitors, and of course our American friends to witness our Big Parade and join in the fun that is organised throughout the day." A full programme of events is available from Hotels and retail outlets throughout the town and we want everyone to come out and party to celebrate the 4th of July as if it was our own. We are appealing to local business owners, retailers, restaurateurs, to join in the celebrations by decorating their premises in Americana, red, white and blue, dress

the window and if restaurants could do an American Special on the day how great that would be. A limited number of American Flags are available from Kate O'Leary at The Laurels Pub and Restaurant.

"Where else in Ireland would you get a full blown 4th of July Celebration, another first for Killarney," said Johnny McGuire, President of Killarney Chamber of Tourism & Commerce. "We were first with our Christmas Festival and now first again with the 4th of July festival. We are hugely grateful to Killarney Town Council and our sponsor's O'Donoghue Ring Hotel Group, Gallivan Murphy, Hooper, Dolan, Insurances Ltd. Heineken Ireland, Henggeler Moriarty Family, The Malton and International Hotels for their fantastic support."

## KILLARNEY RACES UNDER STARTERS ORDERS FOR THE JULY FESTIVAL

It will be horses for courses at Killarney Racecourse during the popular July Racing Festival. The Festival commences on Monday 14th of July and for four days Ireland's most scenic racecourse will combine the very best of horse racing with a fantastic festival atmosphere for all racegoers. Thursday is 'Dawn Milk Ladies Day' with RTE Broadcaster Kathryn Thomas and 2013 Rose of Tralee Haley O'Sullivan judging the prestigious event. Family Evening in association with 'Buddies' and 'A Time to Party' gets the Festival off to a winning start on the Monday evening. Bouncy Castles, Rodeo Bull, Face Painting, Magic Show, Activities Area and many more fun activities are planned. 'Front Runner - Racing Club for Kids' will also be on hand to entertain Kids and to give them an insight into Racing.

Tuesday features the best of National Hunt and Flat racing and on Wednesday Killarney Racecourse plays host to some of the 2014 Rose of Tralee contestants who will be presenting the prize of the aptly named Rose of Tralee International Festival Ladies Flat Race.

Thursday, Dawn Milk Ladies Day, is the highlight of the July Racing Festival, and is considered by many to be one of the most prestigious Ladies Day on the racing calendar in Ireland. The winner of the 'Dawn Milk Queen of Fashion' will win a luxury escape for two to stylish Paris and a specially commissioned crystal vase.



RTE BROADCASTER KATHRYN THOMAS WHO WILL JUDGE THE 'DAWN MILK LADIES DAY' EVENT.

The winner of the 'Dawn Milk Most Stylish Hat' will win a trip for two to Milan and a specially commissioned crystal vase. "The lead up to the July Festival is something that I look forward to each year. The course is in excellent condition, there is a great air of excitement around the town of Killarney and we are ready to welcome large crowds and some great racing," said Killarney Racecourse Manager, Micheál Lucey. The Festival features 28 races, generously sponsored by local, national and international businesses. There is an impressive prize fund of over €260,000 on offer which is sure to attract runners from Ireland's top stables. Each days racing features a mix of National Hunt and Flat racing. Packages are available on all four days for the panoramic Restaurant and also BBQ Packages are available Monday - Wednesday evenings. For bookings contact 064-6631125 or E-mail sales@killarneyraces.ie or log on to www.killarneyraces.ie



MINISTER JIMMY DEENIHAN T.D. AND FORMER INTERNATIONAL CYCLIST KEVIN MARTIN, WHO WILL BE CYCLING THE RING OF KERRY TOGETHER TO RAISE FUNDS FOR THE ARD-CHURAM DAY CARE CENTRE IN LISTOWEL. LONGFORD NATIVE KEVIN WILL COMPLETE THE JOURNEY ON A 50-YEAR-OLD RUDGE 'HIGH NELLY' BICYCLE.









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# FOSSA GIRLS HEAD FOR THE FEILE

All roads lead into the West for the Fossa Girls U14 team who recently won the Kerry Feile Peile na nOg Championship in Kerry. The team now head to Westport this weekend to take part in the National Feile Peile na nOg Finals which are hosted by Connacht GAA this year. Fossa, who only started with juvenile ladies football in 2011, have taken huge strides in the past 3 years. From fielding just an U12 and U16 team in 2011, Fossa are now catering for all players from U6 up to senior level. The present panel of U14 players are an



U14 FOSSA GIRLS WHO WILL REPRESENT KERRY IN THE NATIONAL FEILE PEILE NA NOG FINALS

exceptionally talented and dedicated bunch of footballers. After winning the U13 A Championship in 2013, they went on to win the

Kerry Feile in 2014. We wish them every success in Connacht Feile and know that they will do both Fossa and Kerry proud.

## BISHOP LEADS TRIBUTES TO SR COLETTE



PICTURE SHOWS SR COLETTE CUTTING THE CAKE AT HER RETIREMENT LUNCHEON.

THE Bishop of Kerry, Ray Browne, has lead tributes to Sr Colette Dennehy who has retired from the teaching staff at the Holy Cross Mercy primary school after a very distinguished 44-year career.

A native of Fossa, Killarney, Sr Colette was

assistant principal at the time of her retirement and she was the last of the Mercy Order to teach at the school.

She was warmly congratulated for her dedication and commitment to the education of children by Bishop Browne and his predecessor, Bishop Bill Murphy, at a special anniversary Mass in St Mary's Cathedral which also marked 170 years of the Mercy Sisters in Killarney.

It was followed by a celebratory lunch in the Holy Cross Mercy school at which a number of presentations were made to Sr Colette, from the pupils, the staff, the parents' association and the board of management.

Principal, Ursula Coffey, said Sr Colette was much loved and cherished by the children she taught and she thanked her for dedicating so much of her life to their education and welfare. The retiring nun had the honour of raising the school's seventh Green Flag which was the culmination of several months of hard work and dedication by the environmentally conscious Green Team.

Sr Colette, who is a regular organist in the Prince of Peace Church in her native Fossa, has been an ever-present in the staff room at the Holy Cross Mercy since 1970.

## CONCERTS AT ST. MARY'S

June has been a busy month for concerts at St. Mary's Church of Ireland in Killarney with local and visitors alike enjoying the events. We welcome two groups from the USA on Friday 27th and Saturday 28th of June.

The Bentonville High School, USA will perform at St. Mary's on this coming Friday night, June 27th. The Red Rose Children's Choir, Lake County, Illinois, are on tour to Ireland and will perform at St. Mary's on Saturday June 28th and will perform works by Mozart, Juneau, Mullholland and many more. All concerts begin at 8pm, last approximately an hour and all are very welcome.

## THANK YOU

The organisers of the Aid Cancer Treatment (A.C.T) dance in the Sneem Hotel on Saturday the 21st of June would like to thank all those who came and supported the dance on the night.

A great night was had by all and 1,000 euros was raised for this worthy cause.

## PICTURE PERFECT...

Calling all budding photographers... Killarney Outlook would like to offer you the opportunity to have your photographs published in our weekly photography section. If you are a keen snapper then submit your photograph to editorial@outlookmags before 5pm on Mondays.



DAWN DELIGHT - PHOTOGRAPHED AT 4.50AM ON TOP OF CARRAUNTOOHILL TIM GALVIN FROM TRALEE HAS CAPTURED THE SUN RISING OVER KILLARNEY AND ITS LAKES.

## ROAD CLOSURE

St Anne's Road, Killarney will be closed from the library to St Anne's Road Roundabout, to facilitate roadworks at High Street junction from Tuesday July 1st to Thursday July 3rd.

High St Car park will be closed during the works.

Diversions will be in place at Cleeny Roundabout and St Anne's Road Roundabout.





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# ALL ROADS LED TO CASTLEISLAND FOR COMMUNITY GAMES TRACK & FIELD AT WEEKEND

By Margaret Dineen, PRO

Last weekend, the County Track and Field Athletics took place at An Riocht running track – we were treated to excellent athletics in a wonderful sunshine.

At the opening ceremony, Laura Hallissey, Kenmare carried the flame and Shauna O'Leary, Kilcummin gave a beautiful rendition of the national anthem. Aoife O'Brien, representing our sponsor Denny, then started the first race and so began two great days of great activity.

This is a great sporting occasion for all children in Kerry with over 2,000 children taking part – these children have got through their own local competition and have come to Castleisland and competed against the best in Kerry.

The County Track & Field is our major stand-out event of the Community Games calendar and surely no-one could have been disappointed this year with the great competition we were treated to with competitors from most of the 43 areas qualifying for the semi-finals on Sunday.



CHRISTIAN CASEY, KIERAN O'DONOGHUE, EOGHAN O'SULLIVAN AND JAMIE MULDOON FROM THE KILLARNEY SOUTH TEAM WHO CAME 3RD IN THE U14 RELAY AT THE KERRY COMMUNITY GAMES IN CASTLEISLAND.



CHRISTINE MCCARTHY FROM THE KENMARE TEAM WHO GOT 4 GOLD MEDALS FOR THE LONG JUMP, RELAY, ART & CLAY MODELING AT THE KERRY COMMUNITY GAMES IN CASTLEISLAND.

This is a big and welcome change from the old days when a few areas dominated athletics.

Nevertheless, one area deserves special mention - Kenmare entered and contested almost every event and gave their long-standing coach Sean Daly much to be proud about. All four Kenmare competitors qualified for the final of the U14 Girls Hurdles with Elinor Dennison, Cara Daly, and Ellen Torpey taking first, second, and third in the final. In addition to the range of prizes Kenmare athletes took home across track and field, they secured gold in four individual events and three relays.

We would like to say well done to all the children who took part and represented their towns, villages and areas so well – very child who took part should be proud of themselves and we hope to see many of them back competing in Castleisland next year.

In addition to the marathon, competitors in 24 individual races, 14 field events, 10 relays will now go on to represent Kerry at the national finals in August. All results are available

online at [www.kerrycommunitygames.ie](http://www.kerrycommunitygames.ie). The Marathon competition will be held in Currow at 6:30 on July 1st.

We would like to thank Denny our sponsor for the last thirteen consecutive years and Frank Hayes for his encouragement and support of this great sporting event which continues to grow. We would also like to thank An Riocht – it is a wonderful opportunity for children to compete in this wonderful track, and also many thanks to all our organisers, officials, co-ordinators, helpers, volunteers, parents and most importantly the children for making this such a special event.

Fixture Dates; Marathon 6.30pm on 1st July in Currow; Munster Finals 5 July at University of Limerick; National Finals 15-17 & 22-24 August. Check our website [www.kerrycommunitygames.ie](http://www.kerrycommunitygames.ie) for up-to-date information on our fixtures, results and rules.



PICTURED AT MORIARTY'S RESTAURANT 'HEATHER' OF THE GAP, FOR THE KILLARNEY CHAMBER OF COMMERCE LUNCH WERE L-R PATRICIA HEALY, LINDA KENNEALLY, FIONA WALSH & NIAMH O'SHEA. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT MORIARTY'S RESTAURANT 'HEATHER' OF THE GAP, FOR THE KILLARNEY CHAMBER OF COMMERCE LUNCH WERE L-R EMMA PHILLIPS, MICHEAL LUCEY & BRID LUCEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808





# Jerome O'Regan

## AUCTIONEER & VALUER

Tel/Fax: 066 9761200 | Mob: 087 2833410

Email: jeromeoregan@eircom.net | Web: www.jeromeoregan.ie



### 68 NEW ST. KILLARNEY

A large street front property, formerly used as an antique shop. A three storey building with an extensive back garden containing a store/apartment. Approx. area ground floor = 84.5 sq. mts. 1st floor = 103 sq. mts. 2nd. Floor 84.5 sq. mts.

P.O.A.



### CAHERNANE MEADOWS, MUCKROSS RD. KILLARNEY

4 bed, south facing semi detached 2 storey in this very conveniently located private development. Only a very short walk to town centre and Killarney National Park.

PRICE ON APPLICATION.



### CLOONEYDONIGAN, BALLYHAR, KILLARNEY

Charming stone built farmhouse on c.3 acres, stables for 4 horses and an arena. Mature trees and very scenic only 4 miles approx from Killarney. Professionally restored reflecting most of its original features. 3 bed 1 en-suite, kitchen/dining/ living area, fully fitted utility, bathroom and very large sun lounge. BER Pending. POA

## FARM FOR SALE

Consisting of approx. 52 acres, 40 acres approx. Recently reseeded, an old slate roofed farmhouse and various farm buildings and yard. Also included 8/95ths share of 240 acres approx. Entitlements €7,636.23 Area Aid €2,480 The lands have access to electricity and water. Approx. 9 mls from Killarney, Castleisland approx 7 mls. Currow village approx. 4 mls and Kerry Airport 6 mls approx.

GREATLY REDUCED PRICE

**FARM WANTED.** GOOD QUALITY LAND.50 ACRES OR MORE. CLOSE TO KILLARNEY OR WITHIN 7 OR 8 MILES FROM KILLARNEY TOWN.TOP PRICE PAID FOR SUITABLE PROPERTY.

**WANTED** Properties, houses, farms commercial etc. in all areas, for a growing list of genuine buyers.

**BALLYHAR, KILLARNEY** Beautifully restored 3 bed farmhouse on c3 acres, stables for 4 horses, mature trees and very scenic.

**CAHERNANE MEADOWS, MUCKROSS RD. KILLARNEY** 4 bed semidetached 2 storey. Great location, only minutes walk to Killarney town centre and Killarney National Park.

**BEAUFORT** Old style cottage with an unfinished extension, on c. 1 acre, dry land, Ballymalis area, beautiful convenient location. Great value with many options.

**MILLTOWN VILLAGE, Killarney** Beautiful 3 bed semi in a small well built private development. beside schools, shops etc. Fully furnished as new. €115,000

**BEAUFORT AREA** Old house c.2 acres. Very scenic, dry & elevated. Bargain.

**MILLTOWN VILLAGE** Magnificent, detached two storey house, approx. 1,800 sq. ft. Building about to commence. Purchaser could make internal changes or put their own stamp on it. Only a few minutes walk to schools, shops etc.

**REEKS GATEWAY TO KILLARNEY** Commercial/office space for sale or lease. Various sizes and configurations available to suit the client. Prices negotiable.

**BALLYMALIS, BEAUFORT, KILLARNEY** Cottage with partly constructed extension on c. 1 acre. Great central, attractive location. Guide price €60,000 o.n.o.

**KILLARNEY TOWN** 2 bed Town House great location - very reasonable price.

**BEAUFORT, KILLARNEY**, on the Main Ring of Kerry road, stunning 8 bed (all ensuite) B&B. Extensive frontage along the river Laune, with fishing rights. Panoramic views.

**UPPER PARK ROAD, KILLARNEY**, 3 bed detached bungalow on a large site.

**ROSSBEIGH, GLENBEIGH** Old style dwelling, Electricity, water, septic tank Only 1 mile from beach. V. scenic and private.

**COUNTESS ROAD, KILLARNEY** (back of Malton Hotel) Superb 2 bed apartment, ground floor, as new.

**FIRIES VILLAGE** Detached, 4 bed bungalow, close to school shops etc

**MILLTOWN VILLAGE** Commercial property w/ back yard. Great investment V. reasonable reserve.

**MUCKROSS, KILLARNEY** 6 bed detached, v. scenic, priced to sell.

**TIRNABOUL, KILLARNEY** 4 bed bungalow, beside N.S. only 2mls to Killarney town.

**BALLYMALIS, BEAUFORT, KILLARNEY** Detached, luxury 4 bed detached bungalow, almost new, great location.

**GLENFLESK, KILLARNEY** Expansive, executive style home (c. 5,000 sq. ft) on approx 6 acres with beautiful views. Unique, modern sophisticated house with real character.

**KILLARNEY** 6 miles approx. to rent or for sale old farm yard on c. 1 acre off the Tralee Road. Secure and convenient location.

**FAHA, KILLARNEY** 4 bed 3 ensuite detached dormer.

**KILLORGLIN 2 MLS** Beautifully restored stone house on c.6 acres. In pristine condition.

**GLENBEIGH, RING OF KERRY RD.** New detached 4 bed bungalow, stone fronted with spectacular sea views, completed to a very high spec.

**CARAGH LAKE, KILLORGLIN** New dormer bungalow 4 bed (2 ensuite) set on a large site

with mature trees.

**FIRIES VILLAGE** 3 bed semi, bungalow, great value.

**CARAGH LAKE** Old farmhouse with panoramic views on c. 1/2 acre or more land if required.

**GNEEVIGILLA VILLAGE** Modern 3 bed semi w/ top energy saving ratings, complete finish

**BEAUFORT KILLARNEY, OLD HOUSE** on c.2 acres, very elevated, dry, extremely scenic setting, reasonable reserve. UNIQUE PROPERTY.

**FOSSA KILLARNEY** Large commercial/private property beside the golf complex and on the main road.

**MUCKROSS ROAD/WOODLAWN CROSS, KILLARNEY**- c. 1/3 acre site. Superb location.

**ARDCANAUGH, KEEL, CASTLEMAINE** New bungalow, almost finished. 4 bed. 1850 sq. ft. approx. Many extras.

**MILLTOWN, KILLARNEY** (Ardmeelode area) Partly built detached bungalow. Nice views. BARGAIN.

**TULLORUM/TIRNABOUL KILLARNEY AREA** 11.5 acres approx. Close to school etc.

**KILLORGLIN, GOLF COURSE ROAD** Delightful 2 bed detached bungalow, as new, superb location.

**BEAUFORT, Killarney** Beautiful, almost new detached dormer bungalow with stunning mountain views. Comprising approx. 2,300 sq. ft. 4 bedrooms, 2 ensuite. Kitchen/dining room, utility, lounge, bathroom. Built to the highest standards.

**KILLORGLIN TOWN** 2 town centre buildings, one has a very large back garden. Very reasonably priced.

**KILLORGLIN TOWN** Large modern warehouse **TO LET**.

**KILLARNEY TOWN** 68 New St. Killarney. Large street- front property with an extensive back garden. Great potential at a reasonable price.

### FARMS/LAND

**c.57 acres** with old farmhouse and sheds, Currow area, 40 acres recently reseeded.

**c.10 acres** with good sheds, extremely scenic. Artgalvin, Headford area. 5mls from Killarney.

**c. 12 acres** approx on the main Ring-Of-Kerry road only 4 miles from Killorglin. (extensive road frontage)

**Tullorum, Tirnaboul, (Spa) Killarney** 11.5 acres approx. 3 miles from Killarney.

### SITES

**AGHADOE** Site roadside, approx 1 mile from town 1/2 acre selling subject to planning.

**BEAUFORT AREA** Elevated, scenic site c. 1/2 acre.

**BEAUFORT, KILLARNEY** 1 acre with full planning.

**COOLIES, MUCKROSS, KILLARNEY** c. 1 acre, private scenic location.

**KILLARNEY 2 MILES APPROX** 3 acres or more subject to 1 planning.

**ROSSBEIGH, GLENBEIGH** Site with full planning for dormer, no residency clause.

**Killorglin 1 mile** 3/4 acre site. On the main Killarney/Ring of Kerry road. Dry, elevated and scenic. On the main sewer and with all services.

**Sunhill, Killorglin** approx. 1 mile from town, 1/2 acre or more dry, roadside, elevated, scenic site. Bargain.

**Faha, Killarney**, c. 1/2 acre, dry, roadside, great location, bargain.

**Raheen, Headford, Killarney**, Site with full planning permission €20,000.



# MINISTER LAUNCHES LOCAL LINK KERRY

Kerry Community Transport Ltd (KCT) has been delivering Rural Transport services in Kerry since 2002 and on Friday last, Minister Alan Kelly launched Local Link Kerry in KCT's offices in the Cultural Centre, Scartaglin. This announcement sees Kerry becoming the 1st Transport Coordination Unit - Local Link Kerry in the Country. Minister Kelly has outlined that the establishment of 18 new Transport Co-ordination Units restructured from 35 RTP groups will guarantee the future provision of rural transport services, by ensuring that those services are mainstreamed as subsidised public transport services and support greater integration with other transport services. "KCT welcomes the Minister's commitment to maintaining current services and believe the Launch of Local Link will put rural transport in Kerry on a firmer footing under the National Transport Authority. Kerry Community Transport Ltd look forward to working with the National Transport Authority (NTA) to enhance and develop co-ordinated services. Greater integration of state funded services can promote greater efficiencies," said Brendan O'Connor, Chairman KCT. Transport services in Kerry will continue to operate as normal but now under Local Link Kerry brand through sustained funding provided by the



THE STAFF OF THE KERRY COMMUNITY TRANSPORT IN SCARTAGLIN L-R: MARGARET BROSNAN, ESTHER MURPHY, ALAN O'CONNELL (OPERATION MANAGER), CARMEL WALSH (MANAGER), ELAINE O'DONOGHUE, BETTY SHANNAN AND BRIDGET O'ROURKE.

Department of Transport Tourism and Sport through the National Transport Authority.

## KERRY COMMUNITY TRANSPORT LTD FACTS

- Operation of countywide call centre.
- 83% of passenger trips are door to door.
- 139,928 passenger trips in 2013 (9% of RTP passengers carried nationally).
- Over 545,000km was covered by vehicles in 2013.
- 46% of services - fully wheelchair accessible vehicles. 22% were partially accessible services.
- 69% of passengers over 66 years, 11% are 26 and 65 years and 20% are under 26.
- 2,362 passenger trips were made by wheelchair users in 2013.
- Contracts with 45 private operators in the

county and these operators employ a further 47 drivers locally to provide services for KCT.

- The first service starts at 7.45am and the last service finishes at 11.30pm.
- 34 volunteers during 2013 put in over 1,000 voluntary hours in the operational side of the company.
- KCT engaged with over 100 volunteers in the community in the continued delivery of their local service.
- KCT has a database of 57 private operators who have registered 195 drivers and 247 vehicles.
- 133 drivers are trained to provide community transport and 120 passenger assistants trained to work in Community Transport within the area covered by KCT.



CLEARWAY MONTESSORI SCHOOL WHO TOOK ADVANTAGE OF AN OUTDOOR STAGE AT KDYS FOR THEIR END OF YEAR CONCERT. BOTH 'MORNING' & 'AFTERNOON' CLASSES ARE PICTURED HERE WITH THEIR TEACHERS L-R VERONICA MCCARTHY, CIARA MCCARTHY, ROSE MANGAN & KAREN GRAHAM.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



GRAINNE O'SULLIVAN FROM MILLWOOD, KILLARNEY. DISPLAYS HER MEDAL AFTER FINISHING THE SEATTLE ROCK 'N' ROLL MARATHON IN WASHINGTON LAST SATURDAY. THIS WAS GRAINNE'S THIRD MARATHON, HAVING ALREADY COMPLETED THE DUBLIN CITY MARATHON 2012 AND THE SEATTLE CITY MARATHON 2013. GRAINNE WORKS WITH PWC IN SEATTLE.



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**Rent - On Application**



**9 LARTIGUE COURT,  
BARRY'S LANE,  
KILLARNEY**  
2 Bedroom ground floor  
apartment. Bins included.  
**Rent - €650 Monthly**



**8 BARRADUFF VILLAGE,  
BARRADUFF**  
1 Bedroom Apartment.  
Parking included.  
**Rent - €400 Monthly**



**COLL CORRAN, PARK  
ROAD, KILLARNEY**  
Luxury 2 Bedroom Apartment -  
1st letting, Parking &  
Bins included.  
**Rent - €800 Monthly**



# SMELLING THE ROSES AT THE OPEN GARDENS DAY

Celebrating its fifth year, the Castlemaine-Keel-Inch Open Gardens Day will take place this Sunday on 29th June. The event will see private gardens open to the public between 1pm and 7pm. Owners will be on hand at each garden to show visitors around and chat about their garden experiences, both good and bad.

"This year we have several new gardens on show along with some of the regulars. It is a great opportunity to have a nose around other peoples gardens to get ideas, see what beautiful outside spaces can be created and see how some gardens have matured," said Martin Greenwood, organiser of the charity fund-raising event. The starting point for the



CELEBRATING ITS FIFTH YEAR, THE CASTLEMAINE-KEEL-INCH OPEN GARDENS DAY WILL TAKE PLACE ON SUNDAY ON 29TH JUNE. L/R: PAULINE DOBBINS, NANCY POWELL, PETER EVANS & MARTIN GREENWOOD SOME OF THE HELPERS AND GARDEN OWNERS INVOLVED IN THIS YEARS EVENT.

event will be the marquee at the Trading Post in Boolteens, where tickets can be purchased at €10 per adult and accompanied children go free. The ticket price includes tea, coffee, home-made cake and a route map. The marquee will be open from 12.45 to 5.30pm for ticket purchases

and refreshments. The Open Gardens Day is an annual fund-raising events undertaken by the Maine Valley Family Resource Centre based in Castlemaine. For further information on the open gardens, please contact Martin on 086 2288313.

## VALUABLE LESSONS LEARNT AT KILLARNEY SPORTS & LEISURE CENTRE



Children who completed swimming lessons at Killarney Sports and Leisure centre were treated to an end of season party last Saturday when they all received not only a cert but a valuable

lesson in drowning prevention.

As the weather was so good, staff at the centre decided that a drowning prevention alert day would be an appropriate topic to address and asked the Killarney Water Safety representatives to give a talk about what their job entails and show the children all the equipment they have to use and why they have to use it.

John and his team then gave a demonstration in the pool how they would go under the water with their diving gear. They brought two of their boats and let the children sit into it and explained how they fall off the sides and into the lakes / sea. They also gave talks on the dangers of water.

It really was an eye opener for all the children and also great feedback from the parents that stayed and took notes on all the talks.



LOUGHGUITANE NS HURLING GROUP

HURLING COACHES PAT HEALY AND JACK LENIHAN WITH PUPILS AND TEACHERS OF LOUGHGUITANE N.S. ENJOYING A HURLING / CAMOGIE TRAINING SESSION LAST WEEK

## MAIREAD A WINNER WITH OUTLOOK MAGAZINES

Castleisland couple, Pat Clifford and Mairead Horan were delighted to hear that they were one of the winners of the €100 wedding stationery voucher courtesy of Walsh Colour Print in their recent Summer Wedding Guide. Mairead, who works in Killarney popped into the Killarney Outlook office to collect her prize.

The couple will tie the knot on 19th December in Currans Church and have their reception planned for Ballyroe Hotel.

All entries to the competition received a 10% discount on all wedding stationery orders placed with Walsh Colour Print by 31/12/2104.



AISLING CROSBIE EDITOR OF THE KILLARNEY OUTLOOK PRESENTS MAIREAD HORAN WITH HER 100 EURO VOUCHER. PHOTO: LISA O'SHEA.





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**COUNTRY SALE HOUSE**  
Energy efficient turn-key country house (1,700sq ft approx.) constructed in 2007 on 1/4 of an acre with superior living accommodation, built to high specification. Spectacular mountain views, south facing in an inspirational location on country lane, lovely family home, holiday house, suitable for retirement.  
**Reduced Price: €175,000**

**TEAMAR HOUSE, CHIFFAGHILLANE, MUCKROSS**  
Prestigious setting in the beautiful Muckross area with stunning mountain views adjacent to Muckross Church close to Muckross National Park and approx. 4 miles to Killarney town. Spacious garden at rear incorporating 'vegetable patch' lawn etc. further enhances this property.  
**Reduced Price: €275,000**

**HILLHOUSE, BEAUFORT, KILLARNEY**  
Stunning property in a beautiful scenic setting with magnificent views of the Carraunohill Mountains located just 2 miles from Beaufort Village and adjacent to Beaufort Golf Club. This gem of a property is the ideal family residence and is priced at terrific value for a quick sale.  
**Reduced Price: €125,000**

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**MONEY MATTERS....**  
By Dermot Cronin,  
**Financial Advisor**

**SMART FINANCIAL AWARENESS:**

If you were buying a car would you go to just one car dealer?? No. The same logic should apply to buying a financial product e.g. investments, life assurance, pensions, mortgage, illness protection etc. However most people who want to get these products or already have them fail to shop around for the best product to suit their needs, they often take the first product offered to them by a financial advisor or financial institution. It is important that you are aware of what products you have and what you may need. It is also important to review and re-price these products at regular intervals, I recommend a review every year with an advisor who is not tied to just one company. Most financial intermediaries (brokers) are authorised to deal with a number of different financial institutions for these products. This is so that they can offer a wide range of products and services that can be compared against each other and make recommendations on these and other products that best suit your needs.

If you would like further information or would like to make an appointment in relation to the above or any other matter please contact **Dermot Cronin** at 064 662275, 087 2893649 or at kerrymortgagecentre@eircom.net



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# KARA AND HOLLY TO ROW FOR IRELAND

Muckross Rowing Club are riding high on the waves of success in recent weeks with the news that two of their junior rowers Kara O'Connor and Holly Hickey have been selected to row for Ireland at the 2014 Home International Regatta.

The talented girls join a group of 10 junior women from across five of the country's clubs for the championship regatta in July. The clubs is also in the throes of a major fundraising drive with the aim to buy the U-14 and U-16 crews a quad racing boat.



ROWING FOR IRELAND IN THE 2014 HOME INTERNATIONAL REGATTA, KARA O'CONNOR (LEFT) AND HOLLY HICKEY (RIGHT), MUCKROSS ROWING CLUB. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



AT THE LAUNCH OF THE RAFFLE FUNDRAISER 'WITH A DIFFERENCE' WITH ORGAISER ROISIN MOORE AND THE U14- & U 16 MEMBERS OF MUCKROSS ROWING CLUB. THE DRAW TAKES PLACE ON JULY 13TH. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

A quad is a boat with four crew where each person rows with two oars. The club does not have a boat for junior crews who currently race in a heavy boat designed for seniors. The lack of suitable boats also means training spins are shorter than they should be in order to facilitate the large numbers rowing.

The fundraiser comprises of two thousand unique tickets which are for sale from members. Each ticket ranges in price from 1 cent to 20 euro with no two tickets the same.

The tickets are in sealed envelopes and the purchaser picks a ticket at random and opens it to reveal the price to be paid. All ticket stubs will then be placed in a draw for 10 cash prizes of €2,000, €1000, 2 x €500 and other smaller cash prizes. The draw takes place on July 13th. The 1 cent ticket and €20 ticket are still being sold so if you want to join in the fun and support this fundraiser just contact any member of Muckross Rowing Club.

## STYLE SALON AT THE KILLARNEY PARK HOTEL

**The Killarney Park Hotel once again became the centre of activity for many fashionistas.**

Last Friday saw the Kerry date of the nationwide tour of the "Lennon Courtney Style event" which took place at the Killarney Park Hotel with host and designer Brendan Courtney. The evening began with summer cocktails and canapés as guests enjoyed entertainment from the talented 3'O's. Style guru and TV presenter, Brendan Courtney, showcased their season's collection and of course shared many fashion tips and secrets for the perfect wardrobe.

The stunning designs were showcased by models from top Kerry agency the Norma O'Donoghue Model Agency. All attending had a chance to purchase from the collection and Brendan was on hand giving one to one style advice. A relaxing evening of fun and style was had by all, as guests headed to The Garden Bar for further entertainment.

Brendan Courtney and Sonya Lennon have been travelling throughout Ireland hosting these boutique style evenings for their fast growing Lennon Courtney clientele. Hair Stylist on the night was multi award



PICTURED AT THE KILLARNEY PARK HOTEL COURTNEY / LENNON FASHION EVENING AT THE WEEKEND WERE FROM LEFT, CARA FULLER, MAURA O'KEEFE AND FIONA WALSH ALL KILLARNEY. PICTURE BY DON MACMONAGLE

winning Cathriona Rohan, Castlegregory and make up was by the talented Marie Heasman, Killarney.



PICTURED AT MORIARTY'S RESTAURANT 'HEATHER' OF THE GAP, FOR THE KILLARNEY CHAMBER OF COMMERCE LUNCH WERE THE MORIARTY FAMILY WITH THE PRESIDENT OF THE CHAMBER OF COMMERCE. L-R MARGARET MORIARTY, JOHNNY MCGUIRE, AILISH MORIARTY & DENIS PJO MORIARTY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



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**Sherry FitzGerald Coghlan**

**THIS WEEKS PROPERTIES**

**78 NEW STREET, KILLARNEY**



Centrally located three storey Georgian townhouse with 9.2 m (32 ft) frontage onto New Street, rear access and off street car parking for four cars. Full planning permission granted for retail unit and two 2 bedroom apartments.  
**Price Region: €308,000**

**SITE NO. 6, LOUGH ERNIE PARK, INCHICULLANE, KILLARNEY**



Half acre serviced site, with foundations poured for a four bedroom two storey property with South facing rear garden. Site which is a short drive from Killarney in a private exclusive development enjoys views toward McGillicuddy Reeks.  
**Price Region: €195,000**

  
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KILLARNEY

**Afternoon Tea**  
The Mezzanine Lounge at The Brehon is the perfect Venue for Afternoon Tea

*Relax to the sounds of our resident pianist*



**Afternoon Tea for Two €30**

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FOLLOWED BY SWEET TREATS & AN INDULGENT GATEAU OF THE DAY.  
COMPLEMENTED WITH A WIDE RANGE OF SPECIALITY TEAS.  
ADD A GLASS OF PROSECCO & FRESH STRAWBERRIES FOR €6  
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# AHERN'S PHARMACY SHOW TRUE COMMUNITY SPIRIT

Aherns Pharmacy, Farranfore are once again running their community support initiative this Summer.

Over the last number of years, the Pharmacy



DAN PRESENTING A CHEQUE FOR €400 IN AID OF FÍRIC'S GAA U12 TEAM TRIP TO MANCHESTER.



DAN & MAUREEN AHERN PRESENTING A CHEQUE FOR €1120 TO MEMBERS OF THE KERRY HOSPICE COMMITTEE – PROCEEDS FROM THE 2013 COFFEE MORNING.

has contributed almost €20,000 to a wide range of worthy causes such as schools, sporting clubs, charities and voluntary organisations.

Dan Ahern of Ahern's Pharmacy explains: "with this initiative, our loyal and valued customers can nominate their choice of organisation that they would like to see benefit from the scheme. Aherns will then donate a sum equal to the value of loyalty points earned by their

customers between July and October to their nominees.

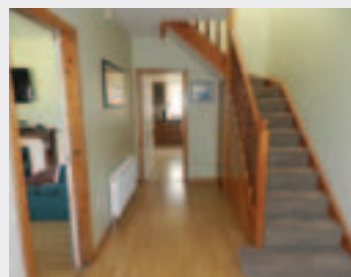
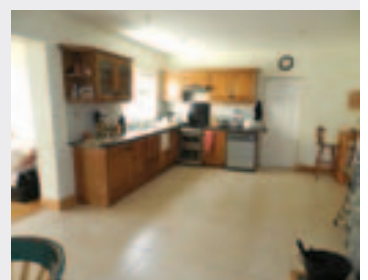
Last year nearly €1,000 was shared between the different nominees.

The generous customers at Ahern's also donated a trolley full of groceries to St. Vincent de Paul at Christmas.

## PROPERTY OUTLOOK

# THROUGH THE KEYHOLE....

## A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



**Address:** 69 Woodlawn Road, Woodlawn, Killarney, Co. Kerry

**Price:** €195,000 ● Semi-Detached House ● 5 Beds ● 2 Baths ● Ber B3

**Agent:** Property Partners Gallivan ● College Square Killarney Co. Kerry

● Tel: 064 66 34177 ● 087 2524010

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.



# BeliefFit

CrossFit Killarney

## Summer BBQ at the Lane Bar Ross Hotel.

*Belief Fit is up and running 9 months and had a fun night for all dedicated members!*



L-R Michelle Doolan, Yvonne Moynihan, Kelly Ann McSweeney, Andrea Leahy Hartnett & Annie McMonagle.



L-R Sharon O'Sullivan, Kate Griffin, Denise Treacy & Linda O'Connor.



L-R Keith O'Leary, Pi Lawlor, Josie Sugrue, Paudie Breen & Eric McDonnell.



L-R Emma Phillips, Shelley O'Neill, Aaron Brounan, Mary Kearns & Irene O'Leary.



L-R Claire O'Donoghue, Jessica Quinn, Josie Sugrue & Eric McDonnell.



L-R Breeda Kelleher, Catherine Mangan, Ruth Allen, Triona Sheehy & Jacinta Buckley.

*Most recent winner lost one stone 12 inches in our six week body shred package. Well done Clare!*

### HIIT JULY CHALLENGE

High Intensity Interval Training

- 1 x Personal Training per week • 3 x Classes per week • Meal plan, food diary & nutritional advice
  - Weekly weigh in
- Classes are as follows
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  - Trx • Women on weights



For all enquires about joining classes and packages visit [www.facebook.com/belieffit](http://www.facebook.com/belieffit) or contact 087 7925354 or 0874198013





# FRIENDS GATHER ON BOTH SIDES OF THE ATLANTIC TO REMEMBER DOROTHY

Last Saturday in New York City the First Annual TeamDott Charity Walk for the National Brain Tumor Society took place. It was organised to remember Dorothy Moriarty Henggler who was the Washington Rose in 2011. Dorothy sadly passed away this year.

FRIENDS AND FAMILY MEMBERS OF DOROTHY PICTURED OUTSIDE MUCKROSS HOUSE ON THE WALK IN HER MEMORY.

Her mother is Eileen Moriarty who hails from Killarney.

At the same time in Killarney a walk organised

by Kerry Roses Sile Ní Dheargain (2011), Mary Hickey (2014) and Rose Festival Centre, along with family & friends, took place in Killarney.... We were together in Spirit....#teamDott



THE ROSES OF 2011 PICTURED ON THE WALK.



FAMILY AND FRIENDS OF DOROTHY PICTURED ON THE NEW YORK WALK



PHOTO INCLUDES SINEAD O'SHEA KLY & KATE O'DONOGHUE DUBLIN (BOTH COUSINS OF DOTT) AT THE NEW YORK WALK.



PHOTO INCLUDES KERRY ROSES SILE NI DHEARGAIN 2011 AND MARY HICKEY 2014 ALONG WITH MEMBERS OF KERRY ROSE CENTRE, FAMILY AND FRIENDS PICTURED AT THE WALK IN MUCKROSS.

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# THE *Heights Hotel* KILLARNEY

will be hosting a  
**Wedding Open Day**  
on Sunday 6th July 2014

This Open Day will showcase our Hotel facilities and will give prospective couples the opportunity to view the wonderful wedding facilities we have to offer and tour our newly opened wedding garden. It's the perfect opportunity to discuss our packages on a one to one basis with our Wedding Co Coordinator and experienced management Team who will be on hand throughout the day.

The Open day is free of charge  
and will run on the  
**6th July 2014**  
from 11am - 6pm  
Pre booking is advisable.

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Where weddings are a specialty.*

**To book a viewing**  
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Email. [sales@killarneyheights.ie](mailto:sales@killarneyheights.ie)



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# GLEESON'S REOPEN ON COLLEGE SQUARE

Gleeson's Shop on College Square opened this week almost a year after a fatal gas explosion which took the life of popular Killarney businessman James Gleeson. Donagh Gleeson and his family have been the recipients of countless good will messages from the business community and locals alike and they are indebted to all those



PART OF THE TEAM AT THE NEW SPAR COLLEGE STREET. L-R: BEATA, DONAGH GLEESON, JOSIE MCCARTHY, JAMIE GLEESON.



UPFRONT AT THE TASTY DELI IN THE NEW SPAR SHOP ARE AOIFE SWEENEY AND ANITA LAKNER.

in business in the vicinity of College Street and Kenmare Place along with the Killarney Taxi Drivers who had to endure major disruption and congestion during the rebuilding at Brewery Lane and College Square.

The all new Spar shop opened on Thursday morning with an exciting new Tasty Deli and a sit down Café serving fresh food along with Tim Horton Coffee and Confectionery.

Opening offers this week include Club Sandwich with Coffee/Tea for €4; Warm Chicken Salad with Coffee/Tea for €4.50 and Maple Pecan and Coffee/Tea for €2.50.

Along with a Full Off Licence, National Lottery, Newsagency and all your Convenience Grocery



requirements the reopening of Gleeson's Spar on College Square is very welcome indeed.



PICTURED AT ROSS CASTLE ON THEIR WEDDING DAY, KATHY O'CONNOR & TIM DENNEHY WITH THEIR CHILDREN BRIAN & KATIE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

## PEDAL IN THE PARK

Pedal In the Park takes place next Friday evening, July 4th at Killarney National Park, opposite St. Mary's Cathedral.

The family fun 5k and 10k cycle will take place on the eve of the Ring of Kerry. It's a family fun 56k & 10k cycle!

Registration takes place from 6.15 onwards, there will be children's entertainment and the cycle is free, however donations will be welcomed and any funds raised will go to the Ring of Kerry beneficiaries.

Participants of all ages and abilities are welcome to cycle through the beautiful surroundings of Killarney National Park.

As its July 4th – Independence Day – there will be an American theme, with an opportunity to take part in the American parade following the pedal, should you choose to participate!

If you have a picture you would like to publish  
Email to: [editorial@outlookmags.com](mailto:editorial@outlookmags.com)





*Lyne's  
of  
Killarney*

Telephone 064-6631146 

# Summer Sale

Starts Saturday 28th June  
at 9.30am.

Childrens Wear 0 - 16 years.

Open Sunday 12-6pm

School uniforms now in stock. Deposits taken.

# LAVIN PLANT HIRE

## The Transformation!



24th June 2014

### LANDSCAPING FROM CREATION TO COMPLETION

Despite the very warm weather, this lawn that Eddie Lavin laid on the 14th of March is thriving. This is a great year for landscaping and lawn preparation, so if you have a job to do **give Eddie a call!**

### LAVIN PLANT HIRE - covers:

- Ground Works • Drainage • Fencing
- Patio Laying and Sleeper Kerbing.
- Top soil can be provided where needed.

Professional Landscaping Consultancy Service available covering everything from drawings, design to the planting of suitable shrubs, trees etc to suit your soil conditions.



Sowing the Seed - 14th March 2014



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**TIERNABOUL  
KILLARNEY**

ALSO AVAILABLE FOR HIRE WITH DRIVER ARE: A TRACK MACHINE, TRACTOR, STONE RAKE AND POWER HARROW.



# MOLONEY WELCOMES RETURN OF IRISH RAIL INITIATIVE

Senator Marie Moloney has welcomed the return of the Iarnród Éireann Irish Rail initiative 'Journey on Us' for 2014. They are offering free train travel for up to 100 groups of up to 50 people at a time. All groups such as Local Community Groups, Sports Clubs, Voluntary Bodies, Charities and other such groups can apply.

"I would certainly encourage all such groups and organisations that are eligible to try and avail of this free offering from Irish Rail. It's not

often that we get anything for free these days and too little do we realise the contribution of the not for profit groups in our communities."

"By highlighting this Irish Rail initiative I wish to also encourage other such businesses to follow suit and offer similar promotions to local groups and organisations."

Application forms are available on the Irish Rail website [www.irishrail.ie/journeys](http://www.irishrail.ie/journeys) and groups can enter up until July 14th 2014.



SENATOR MARIE MOLONEY

## THE MON BOYS LAUNCH CD

The Monastery NS choir which consists of the boys from 4th and 5th class were very busy lately recording and designing their very own CD.

The choir had several opportunities to perform this year at various venues and the school decided that it would be a nice memento for everyone to put their hard work on record. Past pupil and well known Killarney musician and recording engineer, Tony O Flaherty from Sonas studios was the expert who brought it all together when the choir spent a morning recording in St Marys Church, Killarney. The pupils were fascinated to be part of the recording process and to see how much hard work is actually involved in the process. They also were involved in the design of the CD covers and in the artwork. The choir received expert assistance from vocal coach Marina Cassidy earlier in the year as part of the Killarney Musical Societies primary



PICTURED ABOVE L TO R ARE CEILIM O SULLIVAN, LIAM SHEAHAN, DAIRE CAREY AND SEAN COLLINS, WITH THEIR CD OF THE MONASTERY SCHOOL CHOIR.

school choir initiative and this really inspired the pupils to get more involved in the choir.

The CDs are available from the school office for anyone who is interested in hearing these stars of the future!

## CLLR SHEAHAN WELCOMES BUS SHELTER

Cllr. John Sheahan welcomes the arrival in the coming weeks of the Bus Shelter at Church View, Rathmore. This is good news for persons that use the Bus service, especially during inclement weather. Cllr. John Sheahan wishes to thank Maire Walshe and the staff at IRD Duhallow who enabled the provision & erection of the shelter.

## WINNERS AT THE OUTLOOK

Following last week's very popular Caption Competition Kira Clarke from Muckcross Road in Killarney is the winner of €50 for her entry

"But Garda.... They refused to lodge my deposit"

The Winner of the Bumper Soccer 4 Fun package in last week's Killarney Outlook is Tina Dennehy from 3, Park Grove, Killarney.

## MACKEYS TO CLOSE ON MAIN STREET

After 76 years in business MD O'Shea's are to close their Main Street store and relocate to the Park Road Branch.

In recent weeks Eason's opened a new store in part of the original MD O'Shea's building. Staff at the Main Street store will have the option of working at the Park Road branch.

The family run store has been a landmark in the town of Killarney for many years and its closing will mark the end of an era.



PICTURED AT A RETIREMENT FUNCTION FOR TIM O'SHEA FROM THE RADIO KERRY BOARD OF DIRECTORS IN THE MALTON HOTEL, KILLARNEY ON FRIDAY NIGHT WERE FROM LEFT, DENIS MCCARTHY, PAUL BYRNE (CHIEF EXECUTIVE) TIM O'SHEA, ANN O SHEA, TIM O'KEEFFE (CHAIRMAN) AND PEGGY COGHLAN. SECOND ROW FROM LEFT ARE MICHELLE MCCARTHY, SIUBHAN LEWIS, ESTHER O'SULLIVAN, FIONA STACK, EILEEN O'DONOGHUE, ROSE O'KEEFFE, MARY MCCARTHY AND DEIRDRE MURPHY THIRD ROW FROM LEFT ARE SUZANNE BOYLE, JOHN O'SULLIVAN, PATRICK O'DONOGHUE, MARY CONCANNON, FRANK LEWIS, BRIAN MCCARTHY AND MARIE SWEENEY. BACK ROW FROM LEFT ARE JOHN KELLEHER, TERRY DUNNE, RICHARD BOYLE, MAURA ANGLED, MONS DAN O'RRIORDAN AND TOMAS GARVEY. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).



# Official *Sign-On* and *After Party*



...all happening in the New Street Car Park

## Friday 4th

3.00pm

**Killarney Cycling Expo** in association with O'Sullivan Cycles

4.00pm

**Sign-On** for 31st Ring of Kerry Charity Cycle



BMX  
Free  
Styling



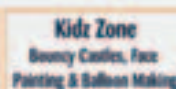
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Products Sample  
Marquee



Parade,  
Concert &  
Fireworks



Kidz Zone  
Bouncy Castles, Face  
Painting & Balloon Making

7.00pm

**"Pedal in the Park"** at Deenagh Lodge

## Saturday 5th

6am - 8am

**Official Start 31st Ring of Kerry Charity Cycle**

MC extraordinaire "Hector" brought to you by **NATURE VALLEY**

From 1pm

**Killarney Cycling Expo** in association with O'Sullivan Cycles

Live Entertainment with MC extraordinaire "Hector" brought to you by **NATURE VALLEY**

Live Music with Katsquire, Lightning Strikes & Radio Kerry DJ



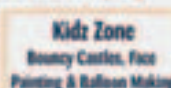
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Lidl Irish  
Products Sample  
Marquee



Kidz Zone  
Bouncy Castles, Face  
Painting & Balloon Making



Kicking Cage & Speed Challenge  
and Cyclists Photobooth



Stretch Zone  
with Skoda

**After After Party**



7pm till late - Live Music & BBQ

at Scotts Garden Bar on Scotts Street

All activities are being filmed  
for a Ring of Kerry Charity Cycle  
Documentary so please put  
your best side out!

Irish Examiner 16 page pull out available on 8th July

All participating  
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from Kerry Stars

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[www.ringofkerrycycle.ie](http://www.ringofkerrycycle.ie)

#ROKcycle



Irish Examiner



SKODA







DENIS RIORDAN, MILTOWN AND SOIBHAN O KEEFFE, TIPPERARY WHO WERE MARRIED IN FOSSA CHURCH WITH RECEPTION IN JACKS IN CROMANE, PHOTOGRAPHED HERE ENJOYING THE SUN WITH THEIR BRIDAL PARTY.

PHOTO BY BREDAL DALY PHOTOGRAPHY



BABY JOHN HEGARTY WHO WAS RECENTLY CHRISTENING AT ST MARY'S CATHEDRAL. PICTURED HERE WITH HIS PARENTS AND GODPARENTS L-R STEPHEN GILICK, MUM & DAD CHRISTINE & SEAN HEGARTY AND CIARA HEGARTY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



WALKERS, MAIREAD O'SHEA, AOIFE O'SULLIVAN AND ASSUMPTA O'SHEA, AT KILLARNEY WALKING FESTIVAL'S BBQ EVENT AT THE GLENEAGLE HOTEL, KILLARNEY, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.



WALKERS, MARTIN DINEEN, JACKIE AND COLM KEEVERS, JOHN LENIHAN, GUEST SPEAKER, DAN AND ANN COTTER AND EILEEN DALY AT KILLARNEY WALKING FESTIVAL'S BBQ EVENT AT THE GLENEAGLE HOTEL, KILLARNEY, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.



WALKERS AT THE STONE ALIGNMENT ON THE SADDLE BETWEEN THE BLACK VALLEY AND BRIDIA VALLEY ON THE "HIDDEN VALLEY'S OF THE REEKS" WALK, AS PART OF KILLARNEY WALKING FESTIVAL'S SERIES OF WALKS AT THE WEEKEND, BACK ROW FROM LEFT, MARY REYNOLDS, RICHARD ANDERSON, DOMNICK REYNOLDS, KATHLEEN PYNE, IRIS ANDERSON, FRONT ROW, CATHERINE DOOLAN, MAGS CAMPBELL, JENNIFER PYNE AND DONAL NOLAN. PHOTO: VALERIE O'SULLIVAN



CELTIC GODDESS'S NORETTA AND EMMA BROSNAN AFTER DESCENDING THE PAPS OF DANU, TO CELEBRATE THE ANCIENT RITE OF THE SUMMER SOLSTICE IN HONOUR OF THE GODDESS DANU, AS PART IN THE KILLARNEY WALKING FESTIVAL. PHOTO: VALERIE O'SULLIVAN.



DRUIDS ON THE SUMMIT OF THE PAPS OF DANU, TO CELEBRATE THE ANCIENT RITE OF THE SUMMER SOLSTICE IN HONOUR OF THE GODDESS DANU, AS PART IN THE KILLARNEY WALKING FESTIVAL, FCENTRE, MARIE KEHOE-O'SULLIVAN, JOHN O'BRIEN, NORETTA BROSNAN, BRIAN COAKLEY, EMMA BROSNAN, KIERAN SOMERS, KILLARNEY. PHOTO: VALERIE O'SULLIVAN.



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## WHAT DOES THE GREEN FLAG MEAN TO TIERNABOUL NATIONAL SCHOOL?

The following article has been compiled by the pupils of Tiernaboul National school.

"The Green Flag is very special and important to Tiernaboul National School. We believe the flag is our reward for all the hard work, commitment and dedication we have shown in making our school a litter free area. The boys and girls in Ms.Murphy's class and all of us in Mr.Gleeson's room have learnt a lot about caring for the environment. Everyone here loves recycling. We put the correct items in the correct bins. Recycling is important to help save our planet. We encourage our moms and dads to recycle at home too. The Green Flag is for everyone in the community not just us. When people pass Tiernaboul and see the flag they will know that all the pupils here love their countryside. It sends a clear message that we are environmentally friendly. Our Green School committee meet regularly and inform the school of new initiatives and ideas while thanking us for all the work we are doing. The Litter Patrol group keep the yard clean and tidy everyday. Our garden is fed using our own compost. The ground loves to gobble it up. This helps the plants grow. We have reduced our waste disposal by up to 75%. Wohoo!! This is our first Green Flag but we hope it's not our last one. During the year we had an 'Action



THE GREEN SCHOOLS COMMITTEE AT TIERNABOUL NATIONAL SCHOOL PICTURED WITH TEACHERS AND GUESTS.

Day' when everyone, including some parents, cleaned out the whole school. Bye bye rubbish, hello cleanliness. Our efforts in Tiernaboul will help to stop the decreasing levels of snow and ice in the North Pole and we hope the polar bear does not become extinct. Tiernaboul

National School is proud to be clean and green. We love our flag. Thanks to Ms.Murphy and Mr.Gleeson. A huge thank you to Ms Mannix, our Green School co-ordinator, who guided us on our wonderful journey. We are proud to be Green."

## LORETO NS RAISE THEIR 5TH GREEN FLAG



LORETO CELEBRATE THE RAISING OF THEIR 5TH GREEN FLAG FOR BIODIVERSITY. FRONT ROW LEFT TO RIGHT: SADHBH STACK, DANIEL MURPHY, MOLLY REIDY, NIAMH O'DONOGHUE AND JACK GREANEY 2ND ROW LEFT TO RIGHT EDWARD LOONEY, RUTH COURTNEY, MIKE LUCEY BOARD OF MANAGEMENT WHO RAISED THE GREEN FLAG, ADAM WALSH, THIRD ROW: LEFT TO RIGHT: STEPHANIE WALSH, EVELYN O'REILLY, GRAINNE MACGILLICUDDY, MARGARET O'SULLIVAN, ESTHER O'CONNELL ( GREEN SCHOOL CO-ORDINATOR), ROSEMARIE BROSNAN, ROISIN LOONEY, FR. PAT HORGAN, MARY O'SULLIVAN (PRINCIPAL) AND MARY MOYNIHAN (DEPUTY PRINCIPAL).

It was with great pride and joy that Scoil Bhride Loreto celebrated the raising of their 5th Green Flag for Biodiversity and also the attainment of the L.E.A.F. Award (Learn Everything About Forests). These great achievements were the culmination of two years of hard work by the whole school community. This was spear-headed by the Green School Co-Ordinator Ms. Esther O'Connell and the Green School Committee: Ruth Courtney, Adam Walsh, Saidbh Murphy, Jack Greaney, Niamh O'Donoghue, Daniel Murphy, Molly Reidy, Ciara Sheahan and Sadhbh Stack.

When it came to choosing someone to do the honour of raising the flag, the school community decided unanimously to ask Mike Lucey, a former parent and a great friend and neighbour of the school. Mike has been steadfast and loyal in his support for our school for 26 years. He has served on the Parents' Association and Board of Management in Loreto for many years, giving practical help and sound advice at all times. Nothing is too much trouble for Mike. He is very generous with his time and efforts. Mike continues to serve on the Board of Management and for that the school is truly grateful.

Articles for inclusion in

# Youth Zone

can be emailed to [editorial@outlookmags.com](mailto:editorial@outlookmags.com)





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**PRICE COMPARISON**

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**PRICE COMPARISON**

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\* Average cost for First-Year pupil in 2013 – Barnardos School Costs Survey Briefing, 1st August 2013.

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## WHAT ARE OUR CHILDREN WATCHING ONLINE?

Pornography is a subject which can evoke strong responses - both for and against. But let's look at the issue of pornography use amongst teenagers and children - and specifically internet pornography. The difference between internet pornography and other forms of pornography is the speed at which the images are available, the ease at which the images can be accessed and the hardcore nature of the images.

We know that the average age globally that a young person first views pornography on the internet is 11 years and that mirrors our findings here in Kerry. We carried out informal research in 4 secondary schools in Kerry and young people (age 16/17) have told us that most of them will have seen their first image by the end of 1st year in secondary school and some will have viewed their first image by the age of 8, 9 or 10 years of age. Our statistics tell us that

54% of male students and 38% of female students viewed their first image on the internet. The majority just came across it and did not go looking for it. Most young people are viewing their first image on a mobile phone. A worrying statistic is that 9% of male students watch it once a day with 45% of male students watching it a couple of times week. 12% of male students watch it once a week and 13% of females students watch it a couple of times a month

Exposure to pornographic material at a young age can be a traumatic, confusing and disturbing experience. Add to this the actual content our young people are viewing - this is not just 'mild' pornography but rather images and videos of rape, sexual violence, degradation and extremes in sexually deviant behaviour. Pornography creates a powerful biochemical 'rush' in the user that actually mimics the brains' reaction to alcohol and drug use so therefore the viewing of pornography is highly addictive. The negative effects of pornography include modelling and imitation of inappropriate sexual behaviours, unhealthy interference with normal sexual development, residual feelings of shame, guilt, anxiety and confusion and development of misleading and potentially harmful attitudes toward sex.

So what can a parent do? Plenty!! First of all let's talk about the conversation with children (if we warn children, they will be more comfortable in letting you know when they come across an image. So the conversation might go like this:

'...you might come across something on the computer, or someone might shows you a picture on their phone that might upset you... the people might be naked or they are doing stuff that looks very strange! If you see something please let me know and we'll talk about it...'

Next week we'll discuss how to deal with the older teen who might be viewing pornography.

South West Counselling Centre will run workshops in the Autumn on "Sex Education - What parents can do". To book your place call 064 6636416.

**SouthWest Counselling Centre Killarney** provides affordable professional counselling. **Kerry LifeLine** provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. To make an appointment call **064 6636416**.

*SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.*

## Health Matters....

With Dr. Michael O'Doherty

### MELANOMA

Melanoma is the most serious type of skin cancer. It affects young adults as well as older people. If diagnosed at an early stage, before it has spread, treatment is likely to be curative. The outlook is not so good if it has spread before being treated.

#### SKIN CANCERS ARE DIVIDED INTO:

- Melanoma (malignant melanoma). These cancers develop from melanocytes (cells which make a pigment called melanin when the skin is exposed to sun).
- Non-melanoma skin cancers. These are about 20 times more common than melanomas.

**How common is melanoma?** Melanoma is the least common form of skin cancer, but it is the most serious. It is the one most likely to spread to other parts of the body. Melanoma is the second most common cancer in people aged 15-34.

**What causes melanoma?** A cancerous tumour starts from one abnormal cell. The exact reason why a cell becomes cancerous is unclear. It is thought that something damages or alters certain genes in the cell. This makes the cell abnormal and multiply out of control.

**Sun/Sunbed damage to the skin:** The main risk factor which damages skin and can lead to a melanoma is damage from the sun. It is the ultraviolet (UV) radiation in the sunshine and in sunbeds which damages DNA of skin cells and may trigger a cancerous change. People with fair skin and children are most vulnerable to damage. (The damage to the skin can occur many years before a cancer actually develops.)

Other factors which increase the risk of developing melanoma include family history, having multiple moles, using sunbeds and a weakened immune system.

**What are the symptoms of melanoma?** A typical melanoma starts as a small dark patch on the skin. It can develop from a normal part of skin, or from an existing mole. If you notice a new mole or skin lesion or a change to an existing mole (including bleeding or itch) then it is best to get it checked by your doctor. A melanoma can develop on any area of skin. The most common place for a melanoma to develop in a woman is on the legs; whereas for men it is on the chest or back. Rarely, a melanoma can develop in the iris or back of the eye. If some cells break off and spread (metastasise) to other parts of the body, various other symptoms can develop. A common early symptom of spread is for the nearby lymph glands (nodes) to swell.

**How is a melanoma diagnosed?** If a melanoma is suspected then your doctor is likely to advise an excisional biopsy. This is where the entire abnormal area of skin is removed by a minor operation. This tissue is looked at under the microscope confirm the diagnosis and the level of thickness (which determines treatment).

**Treatment** The treatment depends on the stage. The excisional biopsy may be curative if the margins of the melanoma are clear (fully excised). If there is any concerns regarding the margins a wide local excision may be required. This aims to remove any abnormal cells which may be present. Depending on the level of spread surrounding glands may need to be removed and chemo/radiotherapy may be required.

**What is the outlook (prognosis)?** The prognosis for people with malignant melanomas has been improving over a period of 25 years and people with melanomas now have amongst the best outlook for any cancer. Around three quarters of people who have a melanoma removed will have no further problems.

The outlook depends on the stage. The deeper the growth the less likely of a cure. Melanomas which have spread to other parts of the body are unlikely to be cured.

**Can melanoma be prevented?** Most skin cancers (non-melanoma and melanoma skin cancers) are caused by excessive exposure to the sun. We should all limit our sun exposure in the summer months (or all year when in hot countries nearer the equator) by:

- Covering up with clothes and a wide-brimmed hat when out in the sunshine.
  - Applying sunscreen with a sun protection factor (SPF) of 15 (SPF 30 for children or people with pale skin) which also has high ultraviolet A (UVA) protection.
- In particular, children should be protected from the sun. Sunburn or excessive exposure to the sun in childhood is thought to be the biggest risk factor to the developing of skin cancer as an adult.



**Dr. Michael O'Doherty,**  
General Practitioner  
and Occupational Health Specialist  
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**GARDENING OUTLOOK**  
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Having colourful plants growing in containers is a great way to add colour anywhere in the garden, patio or window sill. However, plants in containers will require a lot more care than plants which are planted in the ground.

The first and most important thing when looking after your containers is watering. If you don't water regularly it will cause plants to gradually dry-up and die. On the other hand over-watering is also damaging as most plants don't like sitting in water. Remember to check drainage holes at the bottom of containers to make sure that the water is draining away properly.

Some plants, like geraniums like to dry out before being watered again, but if you have other plants mixed with them then water as normally.

Feeding your plants in containers is also very important. Use a liquid feed of tomato feed or something with a high nitrogen feed. Always feed when the compost is moist and preferably in the evening time as this will stop any scorching from the sun.

*Next week I will focus on Ornamental Grasses.*

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WALKERS DESCENDING CARRAUNTUOHILL, MACGILLYCUDDY'S REEKS, CO KERRY AS PART OF THE KILLARNEY WALKING FESTIVAL, SERIES OF WALKS TO CELEBRATE THE SUMMER SOLSTICE. PHOTO: VALERIE O'SULLIVAN.



SIOBHAN DONNELLY, MARKETING MANAGER, CENTRE, THE GLENEAGLE HOTEL, MAKING A DONATION TO TONY HOLMES, KERRY MOUNTAIN RESCUE TEAM, FROM THE PROCEEDS OF THE KILLARNEY WALKING FESTIVAL HELD LAST WEEKEND. THE FESTIVAL WAS ORGANISED BY JOHN O'SULLIVAN, RIGHT, LODGE AND REEKS GUIDING, RAY WALSH, LEFT, 'WALK WITH ME', VALERIE O'SULLIVAN, PHOTOGRAPHER, AND MAUREEN COURNANE, 2ND LEFT, MARKETING DEPT, THE GLENEAGLE HOTEL. PHOTO: VALERIE O'SULLIVAN.



DRUIDS ON THE SUMMIT OF THE PAPS OF DANÚ, CO KERRY, TO CELEBRATE THE ANCIENT RITE OF THE SUMMER SOLSTICE IN HONOUR OF THE GODDESS DANÚ, AS PART IN THE KILLARNEY WALKING FESTIVAL, FCENTRE, MARIE KEHOE-O'SULLIVAN, JOHN O'BRIEN, NORETTA BROSNAN, BRIAN COAKLEY, EMMA BROSNAN, KIERAN SOMERS, KILLARNEY. PHOTO: VALERIE O'SULLIVAN.





# AL FRESCO LIVING...

Buying local produce can directly support local businesses, sustain local employment and keep money in the local economy.

Small scale producers offer personal contact with a local producer can give you a real understanding of how something is grown or processed.

Outlook Publications is focusing this week on local producers of top quality foods which can be enjoyed al fresco this summer.

## TOP TIPS FROM SAFEFOOD FOR A SAFE BARBEQUE

With some fine weather here at last (and the World Cup on TV), a barbeque is a great way to spend time with family, friends and neighbours. But just because you are cooking outdoors, don't let your good cooking habits go up in smoke when you light the barbecue - you want them to go home with memories of a good time, not a tummy bug to remember you by! To make the most of your barbeque, here are some top tips from **safe food** for how to get it right every time.

### Before you get grilling

Before you begin to set up your barbeque this year and think of your menu, give your barbeque grill a thorough clean by scrubbing the metal rack with a suitable oven cleaner or a damp brush dipped in bicarbonate of soda. And remember to rinse it thoroughly with warm, soapy water afterwards.

### Keep your cool

When cooking and eating outdoors, food is away from your fridge for a longer period of time which can lead to germs multiplying quickly. With this in mind, keep perishable foods like salads coleslaw and quiche in your fridge until you need them.

### Before you start

Before you try your best imitation of a TV chef, make sure frozen foods are fully thawed (preferably in the fridge on the bottom shelf; which may take overnight) before you start cooking them. Keep foods you plan to cook properly chilled in the fridge or a cool box until needed and light your barbecue well in advance.

For Charcoal barbecues, the flames should have died down *before* you start cooking

### It's in your hands

As with preparing any food, make sure to wash your hands before and after handling food. Remember to keep raw meat separate from cooked meat and ready-to-eat foods like salads. Always use separate utensils for handling raw and cooked meat when cooking. Never put cooked food on a dish that has been used for raw meat or poultry (unless it's been thoroughly washed in between) and keep food covered whenever possible.

### Cook with confidence!

The big issue when barbecuing is making sure your food has been cooked thoroughly, all the way through. This is particularly important when cooking poultry, pork, minced and skewered meats, such as burgers, sausages and kebabs on the barbecue - while the outside may look cooked (and in some cases burnt), the inside can still be raw.

**safe food** recommends these meats should be cooked until they are piping hot all the way through, with no pink meat remaining and the juices run clear. If you've got lots of people visiting your barbecue and want to ensure that meat is thoroughly cooked, why not pre-cook the meat in your kitchen just before you put it on the barbecue for that great flavour.

When cooking foods on the barbeque make sure to turn them regularly and move them around the grill to ensure they are cooked evenly on all sides - then remove them from the heat and place them on a clean plate.

*For meats that need to be cooked all the way through be sure to cut into the centre of them to check that:*

- They are piping hot all the way through

- There is no pink meat left and
- The juices run clear

**Remember** - Steaks or whole meat joints of beef or lamb can be served 'rare' as long as they are cooked on the outside as any harmful bacteria will be on the outside only, and not in the centre.

### Mind that marinade!

If you like to marinate your meat, make sure any marinade used on raw meat is not then used as a sauce to coat vegetables or cooked meat as it will contain raw meat bacteria! If you want to use marinade as a sauce, be sure to cook it in a saucepan and bring it to a rolling boil before serving it.

### Love those leftovers

If there are any leftovers from your barbeque, these should not be left outside where they may be in the sun and where insects and animals might be able to access them. As with all leftovers, cover these foods and allow them to cool in a cool place (the kitchen) before refrigerating within 2 hours of cooking. The rule to remember for leftovers is - if in doubt, throw them out.

### 7 golden rules for a safe barbeque

- Keep perishable foods like salads, coleslaw and quiche in your fridge until you are about to serve them.
- Burgers, sausages and kebabs, pork and poultry **must be cooked all the way through** - but steaks or whole meat joints of beef or lamb can be served 'rare' as harmful bacteria are on the outside only (and not in the centre).
- If you like to marinate your meat, make sure any marinade used on raw meat is not then used as a sauce to coat vegetables or cooked meat as it will contain raw meat bacteria.
- If you choose to barbecue any frozen food, it must be completely thawed on the bottom shelf of your fridge before you cook it.
- When handling raw meat and poultry, wash your hands thoroughly and frequently, most importantly before going on to prepare salads and other ready to eat foods.
- Once your meat is cooked thoroughly, make sure to keep cooked meat separate from raw meat and to use separate chopping boards, cooking utensils and plates. Harmful bacteria in raw meat, poultry and their juices can cross contaminate cooked food and lead to food poisoning, something your guests won't thank you for.
- If there are leftovers from your barbeque, allow the food to cool before refrigerating, however make sure to refrigerate food within two hours of cooking. Always remember that with leftovers - if in doubt, throw it out.
- For more information on food safety and healthy eating including recipes, visit [www.safefood.eu](http://www.safefood.eu) and enjoy your barbeque, whatever the weather!



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## BBQ CHICKEN BURGERS

### WHAT YOU NEED...

- 4 skinless, boneless chicken breasts
- 4 rashers bacon (optional)
- 4 large burger buns, sliced in half
- lettuce, tomato and red onion, to serve

### FOR THE SAUCE AND MARINADE...

- 4 tbsp tomato ketchup
- 4 tbsp brown sauce
- splash chilli sauce (optional)
- 2 tsp clear honey
- 2 garlic cloves, crushed



### METHOD

Make the sauce and marinade by mixing everything together in a large bowl, then put a few spoonfuls aside. Slice halfway into the thickest part of each breast and open it up like a book. Flatten down slightly with your hand, then toss in the bowlful of marinade to coat. Chill for as little, or as long, as you have time to.

Barbecue the chicken for about 10 mins until completely cooked through, turning so it doesn't burn but is nicely charred and sticky.

Cook the bacon at the same time until crisp, if using, and toast the buns.

Assemble the burgers with lettuce, slices of tomato, onion and the reserved sauce on the side for dolloping on top.

## MEXICAN CORN ON THE COB

Spice up barbecued sweetcorn with chilli, lime and lashings of melted butter.

### WHAT YOU NEED...

- 4 corn cobs
- 100g butter, softened
- zest 1 lime
- 2 tsp chopped fresh chilli or 1 tsp chilli powder, mild or hot, depending how spicy you like it
- lime wedges, to serve



### METHOD

Soak corn in cold water for 15 mins. Heat a griddle pan or barbecue and, when hot, place the corn directly on the bars. Cook for 30-40 mins, turning regularly, until the corn is tender and charred in spots.

Meanwhile, mash the butter with the lime zest and chili. When the cobs are done, top each with a knob of flavoured butter and serve with lime wedges.






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## STEAK WITH BBQ SAUCE

Get a sizzle in your griddle with this mouthwatering steak recipe - master the sauce and use it on burgers and chicken too.

### WHAT YOU NEED...

- 4 lamb leg steaks (of beef if you prefer)
- 1 tbsp sunflower oil, plus a little extra
- 1 onion, chopped
- 150ml tomato ketchup
- 3 tbsp Worcestershire sauce
- 2 tbsp light muscovado sugar
- 2 tbsp red wine vinegar

### METHOD

Season the steaks on both sides and brush with a little oil. To make the sauce, heat the remaining oil in a small pan, then add the onion and fry for 5 mins until soft and lightly browned. Add the remaining ingredients and simmer gently for 5 mins more. Barbecue, griddle or grill the steaks for 3-4 mins on each side until cooked to your liking and serve with the sauce.



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## GEARING UP FOR THE RING OF KERRY CYCLE

(By Cora Carrigg, Kerry Recreation and Sports Partnership)

### WEEK 11 – Week Beginning June 23rd – Day of Cycle: What to Bring

A week to go and it's the Ring of Kerry Charity Cycle!! A lot of hard work and determination has been put in. You feel good because you put in the effort and mileage on the legs... So well done!!

Over the next two week's I will be focusing on "what to bring – day of cycle". I am going to specifically reference equipment, clothing & nutrition.

#### EQUIPMENT: - ESSENTIAL

**Bike** – Needless to say the bike, ideally the bike that you have been training on! I have known some people who decided to change bikes week beforehand, which did not work out to their advantage.

**Helmet** – Helmets are compulsory for the cycle. Please ensure that it is properly fitted. It never ceases to amaze me cyclists cycling without a helmet – I wonder do they place a value on their brain and indeed life?

**ID & Cash** – It would be wise to bring an id such as a driver's license, as well as some cash, should you want to stop en route for a cool 99!

**Puncture Repairs Tools** - Carry a spare tyre tube. Make sure you also have the tools you need to change a flat on the road, if you don't know someone maybe kind enough to assist. However if you don't have the tools, they won't be able to help. In addition to a spare tube, bring tyre levers, a pump or a CO2 inflator.

**Water Bottles** - Bring two water bottles that fit in the bike cages. Ideally starting the cycle these should be filled with carbohydrate based drinks, and once drank; alternate bottles with water and one with a carbohydrate drink. The reason being is not to overload the stomach. Remember it is important to refill bottles at the water and feeding stations.

**Equipment:** - Nice to Have (especially for long distance)

**Bike Computer** - Bike computers are helpful to measure distance, speed and time as you ride. The cheapest models cost approximately €15- €45 and are worth having to keep track of your progress, and can also act as a motivational tool.

#### CLOTHING: ESSENTIAL

**Padded Shorts** - Padded shorts are necessary if you want a comfortable ride. If

you do not have a pair, do yourself a favour and buy the padded shorts as they make a world of difference.

**Rain Jacket** – It's Ireland, and that means the weather is unpredictable! So be sure to bring along a light rain jacket. You do not want to be on top of Coomakista, feeling cold, with no protective layer, and then having to go down hill and face the journey home.

#### Clothing: Nice to Have

I have classified the following two items as "nice to have", primarily due to costings. However I would be inclined to say they are essential pieces of clothing, and less costly options are available.

**Cycling Gloves** - Padded gloves will make the impact of riding and holding onto the handle bars for hours much easier on your hands.

**Cycling Jersey** - Cycling specific jerseys are great, as not only do they wick away the sweat; they also have convenient pockets on the back for storing food, tools and other items.

So that's about it for this week. Before I depart, I would like to bring your attention to a family fun cycle, organized by Kerry Recreation & Sports Partnership. **It's PEDAL IN THE PARK**, which takes place on the eve of the Ring of Kerry Cycle in Killarney National Park. There is a 5k and 10k route. Registration is from 6:15pm onwards with children's entertainment, and cycle starts at 7pm.

Next week I will focus on nutrition and words of wisdom, so for now this week's cycle training programme, according to the Ring of Kerry Charity Cycle Training programme, presents 200km schedule....enjoy the mileage!

#### Week 11

Sat	Sun	Mon	Tues	Wed	Thu	Fri	Total
50k	70k	Rest	40k	Rest	40k	Rest	200km

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**QUESTION**  
My One-Parent Family Payment will be stopped next month when my youngest child reaches 10 years of age. Is there another payment I can get?

**ANSWER**  
You may qualify for a Jobseeker's Allowance Transition (JST). This payment aims to support lone parents into the workforce.

You must have been getting a One-Parent Family Payment (OPF) within the 3 years before you make your claim for Jobseeker's Allowance Transition. You must be habitually resident in Ireland, you must be capable of work and your youngest qualified child must be at least 7 and under 14 years of age. When your youngest child turns 14 the normal Jobseeker's Allowance (JA) conditions will apply to you.

The rules for JA and JST are very similar. The means test is exactly the same and the maximum weekly rate is the same (€188). Income from work is assessed in the same way. The main differences between JA and JST are:

For JST, you are not obliged to be unemployed, available for full-time work and genuinely seeking work. The 4-in-7 rule applying to JA does not apply to JST (you do not have to be fully unemployed for 4 out of 7 days). This means that you could work part-time for 5 days, for example. You cannot cohabit with another person while you are getting JST.

To get JST you must sign a declaration every 3 months to confirm that you are still entitled to the payment. You must participate in employment activation measures and you have to participate in any recommended course of education or training. You may also be able to access childcare supports.

**Further information is available from your local Intreo centre or social welfare local office, and from the Citizens Information Centre below.**

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Castleisland 0761 07 7790, Cahersiveen 0761 07 7780.

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.



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# FOSSA NOTES By Gene Moriarty

## FOSSA GAA: FOSSA LOTTO 22/06/2014:

Numbers Drawn: 8,10,13 and 18

Jackpot: €3,450. No Jackpot Winner:

Consolation Prizes 5x€40: Helen Geaney, Grenagh Fossa; Billy O'Leary, Ardshanavooley Killarney; James Cotter, Ballydowney Fossa; Tom Courtney, c/o Liebherr; Miller Sisters, c/o Margaret Conway. New Jackpot: €3,600.

Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, Foley's Spar shop Fossa, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night June 29th 2014 at the Golden Nugget Fossa at 11p.m.

**FIXTURES:** Thursday: Minors at home to Beaufort 7:30pm

Friday to Sunday Girls Feile na nOg under 14 in Westport

Friday Under 14s at home to Beaufort 7:00pm

Monday: Under 14s away to Kenmare 7:00pm

Monthly Meeting: The July meeting of Fossa GAA club takes place on Thursday July 3rd at 9:00pm

**SENIORS** The seniors got back to winning ways with a gutsy 3-06 to 1-09 victory over Scartaglin in the preliminary round of the East Kerry Intermediate Championship (Fr Galvin Cup). They now meet Cordal in the semi final.

**MINORS** Our minors started the East Kerry Regional league with a win against Glenflesk on Thursday night.

**COISTE NA NOG:** Our under 12 played their last games of the County League Phase 2 last Sunday evening in glorious Sunshine in Fossa. Our A team were narrowly beaten by a very strong and good Ballyduff team. However this was a real determined effort by our lads against Ballyduff, who now finish the campaign without a loss. It has been a good County League, both Phase 1 in Div 4 where we suffered only one defeat and so ended up as joint winners and in Phase 2 in Div 2 where we were very competitive throughout. The B team won on the night and so finish Phase 2, also in Div 2 unbeaten. They had also won out Phase 1. There were many star performances throughout from this panel: There was pizza galore for all these lads in the clubhouse to thank them for their commitment and the way they represented the club during the County League. Elsewhere our under 14s had a win against Kilgarvan/Tousist on Monday night, under 16s beat Duagh on Wednesday night, and our under 10s took part in a very well organised blitz in Listry. A big thank you to Murt Broderick and the Listry club for organising it.

**LADIES FOOTBALL:** Our under 14 footballers are off to Westport this weekend to represent Kerry in Feile na nOg. We are in Group C of Division 1. Our first game takes place on Friday evening when we take on Kilmoremoy of Mayo at 5:00pm. Next up at 6:20pm is An Charraig

Mor of Tyrone. Then on Saturday morning we play Westport at 11:00am. Quarter finals of Cup and Shield on Saturday afternoon at 4:00pm, semi finals and finals take place on Sunday. Best of luck to the girls, their parents and mentors, hope you have a great and memorable weekend.

**ATHLETICS:** Gneeveguilla AC will hold Athletics training at the Old Fossa Sports field every Thursday evening from 6:00pm to 7:00pm until further notice. The next session takes place on next Thursday July 3rd. All girls and boys born in the year 2005 or any year before that are very welcome to come along and take part.

**FOSSA COMMUNITY GAMES:** Great weekend for Fossa at County Athletics finals at An Riocht track on Saturday and Sunday. Gold was won by Gary Cronin at the Under 16 High Jump, three silvers were won by Peter O'Sullivan Under 14 100meters, Ciara Kennelly Under 14 Long Jump, and Corey Kissane Under 16 100meters, bronze was won by Sean Dineen Under 10 200 meters and a certificate went to Sadie Myers Under 12 100 meters. Congratulations to all our winners and to all our athletes who participated.

**FOSSA NOTES:** If anybody has any item they would like included in the notes, please email information to Gene Moriarty at genemoriarty2014@gmail.com Please forward information on or before Sunday at 10:30am.

## LISTRY NOTES

**LISTRY WEEKLY LOTTO RESULTS** Sunday 22nd June, 2014. Winning Numbers 1.5.17.22.

Jackpot €7,700 Not Won 1 x €100 Patricia Sievega. 2 x €50 Eilish Spillane, Culleenymore. Hazel Galvin. c/o Asellas.

2 x €25 Clodagh Brosnan, Kilbonane.

Colin O'Sullivan, Ballytrasna.

Draw Entrant: Pat Griffin. Lissivane.

Jackpot next week

Sunday 29th June €7,850

**LISTRY CYCLING CLUB** had a very successful

outing last Thursday with 22 cyclist enjoying the fab weather. The next spin will take place on Thursday 26th from Listry GAA pitch leaving at 7pm sharp. Meeting to take place on Monday the 30th at Listry Community centre at 8pm for all to discuss the formal setting up of the club and plans for the future. All are welcome. Details contact Liam at 087-4145662.

**MILLTOWN LISTRY CCE:** Well done to branch members Jason O'Shea, Bernice Cronin, Katie Howe, Aoibhe Horan, Tallula Belle Courtney,

Tom O'Connor and Mairead Lehane, who all took part in the County Fleadh at Cahersiveen this weekend. Congratulations to Tom O'Connor, who came first in the Senior Drums, Bernice Cronin, second in Sean Nos Dancing and Katie Howe, 3rd in the U12 Concertina. Congratulations also to local musicians Shauna Murphy and John Power, winners in the U12 duet, Button Accordion and Fiddle.

## BEAUFORT NEWS

**YOUTH CLUB:** Beaufort Youth Club are looking for Leaders, to join please contact Rose on 087247211. Very rewarding.

**YOUTH CLUB MEMBERS** We are meeting

during the summer months at The Barracks from 7.00-8.30pm on Thursdays going forward. Looking forward to seeing you all there.

**PILGRIMAGE TO KNOCK:** There will be a Bus

leaving Beaufort for Knock on Sunday, July 20th. Further details from 064-6644319.

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141	Opel Insignia SE 4 door 2.0 Diesel	Silver	1k	€30,500	2010	Opel Astra SE 5 door 1.7 Diesel	Black	123k	€13,950
141	Opel Astra SE 5 door 1.3 Diesel	Blue	1k	€23,000	2010	Opel Astra Club 5 door 1.4 Petrol	Black	24k	€12,950
141	Opel Corsa SC 5 door 1.2 Petrol	Black	1k	€15,500	2010	Opel Corsa SC 5 door 1.2 Petrol	Silver	70k	€9,950
132	Ford B Max Titanium 5 door MPV 1.5 Diesel	Gold	20k	€19,950	2010	Mercedes E220 Coupe Auto Avantgarde	Silver	57k	€29,950
2012	Opel Insignia S 4 door 2.0 Diesel	Silver	80k	€18,950	2010	Toyota Yaris 5 door 1.0 Petrol	Silver	61k	€10,950
2012	Opel Corsa Sxi 3 door Automatic 1.4 Petrol	Black	92k	€11,950	2009	Opel Vectra Club 1.6 Petrol	Silver	150k	€7,950
2012	VW Passat Comfortline 4 door 1.6 Diesel	Blue	36k	€21,950	2009	Opel Corsa Sxi 3 door 1.2 Petrol	Grey	80k	€8,950
2012	Toyota Corolla 4 door 1.4 Diesel	Grey	72k	€17,950	2009	Ford Kuga SUV 2.0 Diesel	Green	66k	€16,950
2012	Nissan Quasqai 4x4 1.6 Diesel	Grey	9k	€21,950	2008	VW Passat Comfortline 4 door 1.9 Diesel	Blue	105k	€10,950
2012	Mazda 3 Sport 5 door 1.6 Diesel	Grey	31k	€17,950	2007	Opel Vectra Club 5 door 1.6 Petrol	Silver	146k	€6,950
2012	Audi A4 SE Exterior 5 Line 2.0 Diesel	Black	49k	€28,950	2007	Opel Meriva 1.4 5 door	Black	80k	€6,950
2011	Opel Insignia Elite 4 door 2.0 Diesel	Grey	140k	€17,950	<b>COMMERCIALS AT AHERNS</b>				
2011	Opel Corsa SC 5 door 1.2 Petrol	Silver	42k	€10,950	141	Astravan 1.3 Diesel	Silver	1k	€15,500 ex VAT
2011	Opel Insignia SC 4 door 2.0 Diesel	Black	86k	€16,950	141	Opel Combo 1.03 Diesel	White	1k	€12,600 ex VAT
2011	Opel Zafira Club 1.7 Diesel	Silver	80k	€15,950	2009	Peugeot 4007 Commercial	Gold	116k	€9,950
2011	VW Passat Comfortline 4 door 1.6 Diesel	Blue	61k	€19,950					
2011	VW Polo Trendline 5 door 1.2 Petrol	Black	67k	€10,950					
2011	VW Passat Comfortline 4 door 1.6 Diesel	Grey	120k	€15,950					
2011	Ford Focus Zetec 5 door 1.6 Diesel	Silver	78k	€14,950					
2011	Renault Fluence Tom Tom 4 door 1.5 Diesel	Red	44k	€14,950					

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# KILCUMMIN NEWS

**KILCUMMIN LOOKING GOOD:** We recently held a competition to find the best name for the new park in Kilcummin. The winning name, as suggested by pupils of Kilcummin National School, is Páirc an Phobail (The People's Park). Thanks again to everyone who has helped to create Páirc an Phobail, which is now open to the public.

**KERRY LIBRARY:** Kerry Library has introduced a new language learning service on the Kerry Library website, [www.kerrylibrary.ie](http://www.kerrylibrary.ie). Transparent Languages Online is available to Kerry Library members by clicking on the "Learn a New Language Today" logo on the Library home page. Over 80 languages can be studied at beginner and intermediate level.

**KILLARNEY LIBRARY:** Killarney Library will host the Kerry Cultural Diversity & Integration Exhibition from 1st – 18th July during Library opening hours. This exhibition is an initiative of the Integration Implementation Group, a subgroup of the County Development Board and an action in the Kerry Integration Strategy 2013-2014. This campaign aims to promote Cultural Diversity & Integration in the county. Free admission. All welcome.

**FAI SUMMER CAMP:** Places for the FAI Summer Camp which will be hosted in Kilbreen Park from June 30th - July 4th can now be booked through the FAI summer schools website. Please book early to avoid disappointment at [www.summersoccerschool.ie](http://www.summersoccerschool.ie).

**BLOOD DONOR CLINIC:** Thank you for helping to spread the word about our recent Blood Donor Clinic in Killarney. A special thank you to the 526 Donors who attended this clinic. Donors together with their families, friends & neighbours that supported them, make up a community that brings life and hope to hospital patients every day.

**GAA JUVENILE ACADEMY** continues on Saturdays at 10.30am, new players welcome.

**HURLING/CAMOGIE** continues every

Thursday evening at 6pm at the club and at Legion's club grounds for all children aged 5 to 10 years. Under 8 and Under 10 hurling blitz on July 1st

UNDER 16 girls play Glenflesk at home on 26th June at 630pm

Under 16 boys play Beaufort on Wednesday 25th at 7.30pm. They will play Spa on Wednesday 2nd July.

UNDER 14 boys play Furies away on 30th June at 7 pm in the East Kerry League.

**COMMUNITY GAMES:** An Ríocht trach in Castleisland was the venue on Saturday and Sunday for the County athletic finals and all Kilcummin athletes who travelled can feel very proud of their performances over the weekend. Well done to Tara Roarty in the U8 60m. Here also Cliodhna Sweeney ran very well and progressed to the semi – final stages. In the U10 200m Becci Fleming put in some great performances to qualify for Sundays final and well done also to Saoirse Sweeney in this category.

Kieran Nagle and Oisín Fleming put in star performances to progress to Sundays semi final in the U8 60m each losing out by a very narrow margin while Fiachra Roarty ran powerfully through the heats to also qualify for the semi final when he again ran really well. Kilcummin had 3 competitors in the U12 600m and all progressed through their semi finals. Daragh Fleming gave a great performance in the final to finish third and collect the bronze medal while Micheál Sweeney and Cian Foley both ran well but finished outside the medals. Finally in the U12 100m X4 relay Cian Foley, Turlough O'Connor, Micheál Sweeney and Darragh Fleming put in an excellent show in a hotly contested final and came through fourth to collect certificates. So well done to every single athlete who put their toe to the starting line to represent your parish over the weekend – Community Games is about participation and

undoubtedly everyone will benefit from the experience.

**MUNSTER FINAL:** O'Callaghan Coach Holidays is running a coach to the Munster final game Cork v Kerry on the 6th July. For further details please contact 064-6631095.

**KILCUMMIN GAA LOTTO:** There was no winner on Sunday June 22nd. Numbers drawn were 8, 20, 24, & 25. Consolations prizes were €100 Ian Millis, €60 Mike Riordan, Rathmore, €60 Christina O'Sullivan €30 Denis Horgan €30 Sarah Dermody. Next draw Sunday 6th July. Jackpot now 10,500

**MASTERGEEHA F.C. LOTTO:** There was now winner on Friday 20th June. Numbers drawn were 1, 7, 16, 21.

Consolations prizes were €100 Marie Cronin, Dooneen, Kilcummin €60 John Twomey, Sneem €30 Kate Devane, Mastergeeha, Kilcummin €30 Phil Horan, Killarney €30 Roaria Murphy, O'Leary, Dept of Justice Draw every Friday night in the Village Inn, Kilcummin. Jackpot now €12,300

**SOUTH KERRY INDEPENDENT ALLIANCE** is holding its Church Gate collection in the parish this weekend the 28th and 29th of June. Your support would be greatly appreciated.

**THANK YOU:** Shane, Patrick and Deirdre Mc Glynn would like to thank everyone who took part in the sponsored walk for Shane on Sunday 22nd June. We would like to thank the parents committee from Anabla, Coolick and Kilcummin Schools. To all the stewards who helped on the day and all the parents who helped with refreshments. To everyone who sold or sponsored Shanes walk. A huge thank you to each pupil from the three schools and their parents for sponsorship and for coming out in force to support Shane. We are deeply grateful to each and everyone of you and we will never forget your kindness.

# RATHMORE /GNEEVEGUILLA NEWS

By Michael O'Mahony

**MASS AT TOKEN FIRE MOUNTAIN:** Our annual mass on Token fire Mountain will be held on this Sunday June 29th at 7am. You Are all welcome to attend.

**KBRT:** Charity Walk in aid of the Kevin Bell Repatriation Fund. Sunday 29th June 2014. A 30th Birthday Remembrance of the late Shane Dennehy, Bonnard Gneeveguilla, spot prizes on day. win tickets to see Garth Brooks at Croke park. Sponsored by Catherine Anne & Eric of Bridge Bar. Registration fee: €10. Walk 1-7 miles. From Elydagh valley via Shrone to Bridge Bar. Registration at 12.noon at bridge bar. Bus departing at 12.30pm. Walk 2-4 miles from bridge bar Registration at 1.30pm. In bridge bar. [www.kevinbellrepatriationtrust.com](http://www.kevinbellrepatriationtrust.com)

**TWO TEACHER SCHOOL TOURNAMENT:** Congratulations to Glenflesk N.S. who won this football tournament on Wednesday last beating Meentogues in a very closely contested final.

**SYMPATHY:** to family and friends of Mossie Fitzgerald knockaclaig, Rockchapel, & Willie Cronin, , Tureenahill, 31 Eaton Heights, Cobh, Cork / and Laurence Larry Cooper Sydney Australia and Coolbane House, Droum, Headford who died recently. May they rest in peace.

**THE FRIENDS OF KERRY GENERAL HOSPITAL** are fundraising for equipment for the Hospital. The Annual Greyhound meeting has raised well over €1 million since 1990. The generosity of the people of Kerry has provided much needed equipment for the hospital.

This year the money will be use to buy equipment which can improve the survival of patients who have had major heart attacks. This years meeting will be held on Friday 4th. July. 2014 in the Greyhound Track in Tralee. If you would like to donate to the fund you can do so by: Nominating a dog (€20 per dog, there for €50), nominators gain entry to the track,

are listed in the race programme and enter a draw for €300, 3. Buying a ticket (or tickets) for the meeting at €5 each and enter a draw (1st prize €300, 2nd prize €100). 4. Making a direct donation. We hope you can help. In some way. You can contact us at the. numbers above A member of our committee will call on you.

The new black training jersey is now in stock in the Club Shop at the Washbasket in Rathmore. Juvenile - €30, Youth - €35 and Adults €37. Club Shop is open every Monday to Saturday from 9:00am to 6:00pm

**CONGRATULATIONS:** To Megan and Seán O'Keeffe Gneeveguilla, who competed in the County Fleadh Cheoil Sean Nós Dancing competition in Caherciveen on Friday. Seán came in 1st place in the county in the U12 competition. Megan came in 3rd place in the county in the 12 -15 competition. They both go forward to the Munster final in Killarney on Friday 18th July. Best of luck to both of them!!!





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## PEDESTRIAN SAFETY

Summer is here and leisure walkers are taking to the highways and byways. Here are some tips to keep you safe while walking. Remember road-wise pedestrians are safe pedestrians. Find out how to put your best foot forward and stay safe on Irish roads.

### Better safety, step-by-step

In 2008, 49 pedestrians were killed and 1,124 injured on Ireland's roads. That's 18% of all fatalities and 12% of all casualties from road collisions in the country.

#### The basics

Although you can't be responsible for the way people drive, you can take a number of steps to make yourself safer as a pedestrian:

- Stop, look and listen
- Don't try to cross the road between parked cars
- If possible, cross at a pedestrian crossing or

traffic lights

- Never cross at a bend
- If there is a footpath use it
- If there is no footpath, walk/run/jog on the right hand side of the road, facing oncoming traffic and keeping as close as possible to the side of the road

- Walk no more than two abreast and if the road is narrow or there is heavy traffic, walk in single file

### Increase your visibility

More than two-thirds of fatal pedestrian collisions happen at night. Although you can hear a car coming and see its lights, the driver may not see you (and certainly won't hear you). To protect yourself make sure you:

- Always wear a pair of reflective armbands, high-visibility belt or other reflective or fluorescent clothing which will help you to be

seen from a distance

- Carry a torch on country roads

### SOBERING FACTS

Drunken pedestrians are a source of danger to themselves and other road users. If you have had one too many, don't attempt to walk – hail a taxi, use public transport or get a lift from a (non-drinking) friend.

Pubs and clubs also have a responsibility to prevent intoxicated customers walking out on public roads where they could be hit by passing vehicles, or cause a crash through their own behaviour. To prevent this happening, bar staff or anyone serving alcohol should decide if the person is fit to walk. If not, they should arrange to get them home safely.

## NEW CAR SALES HAVE INCREASED BY 27% IN KERRY

New car sales have increased by 27% in Kerry in the first five months of 2014 compared to the same period last year. 1,393 cars were sold in the county from January to the end of May this year which a jump of 300 on last year.

The figures for the month of May also show a 16% increase with 141 new cars sold compared to 122 in May 2013. This year, 64,031 new cars have been sold nationwide, an increase of 12,481 on 2013. The top three selling car

brands so far this year are Volkswagen, Toyota and Ford with the Volkswagen Golf, Nissan Qashqai and Ford Focus being the top three selling models.

## SUPERB 142 OFFERS AVAILABLE AT LIAM LYNCH MOTORS

### ŠKODA VOTED TAXI 'DRIVERS CHOICE' AT THE 2014 TAXI AWARDS

Liam Lynch Motors has announced Superb offers for the 142 plate including low rate finance across the range from 1.42% APR. In addition to these rates, customers can also avail of 3-years free servicing on ŠKODA's purchased with ŠKODA Finance.

Kerry's ŠKODA dealership is also offering IFA members a contribution of €1,000 towards a finance deposit on any new ŠKODA purchased through ŠKODA Finance. Call into your local ŠKODA dealer for further information.

Commenting on the current offers, Liam Lynch of Liam Lynch Motors, said: "We have some great offers available in the dealership at the

moment and we would urge motorists who are considering a purchase to call in and have a chat with our staff. ŠKODA is becoming more and more popular and we are able to offer drivers finance in the dealership which is very convenient."

ŠKODA has also won the 'Drivers Choice' category at the 2014 Irish Taxi Driver Federation Industry awards. There are currently 14,000 full time and an additional 8,500 part time Taxi drivers in Ireland. This accolade reflects the opinions of Industry professionals who truly value quality vehicles which serve to provide quality, reliability, durability and comfort.



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10 Citroen C4 Grand Picasso

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- 11 Ford Mondeo 2.0L, Zetec, 1 owner, full Ford S/H
- 11 VW Golf 1.6 TDi, 95kms, White
- 11 Hyundai i20 1.4Dsl, Blue, 26k, 5yr warranty
- 11 Kia Ceed S.W. Manufacturers warranty to 2017
- 11 Kia Venga Black, 1.4 Dsl, 37k
- 10 Kia Proceed 39k, Manufacturers warranty 2018
- 10 Ford Focus 1.6 TDCi, sports, sat nav, bluetooth, alloys, fogs, 83k, full Ford S/H
- 10 Citroen C4 Grand Picasso 20k, 1.6VTR Plus, 7str

- 09 Nissan Qashqai Acenta
- 09 Audi A4 2.0TDi 92k, Black, Full Audi S/H
- 09 Ford Focus 1.6 TDCi, Titanium, 97k
- 09 Ford Focus 1.6 TDCi, Titanium, Full Ford S/H
- 09 Kia Proceed 1.6, Alloys, Fogs, 3dr H/B
- 08 Citroen C4 Grand Picasso 7 seater, 1.6 VTR Plus
- 07 Renault Megane Scenic 2yr Test
- 06 Opel Vectra 1.9, 6 speed
- 06 VW Passat 1.9 TDCi, Black, NCT Tested
- 06 Citroen C5 1.6 HDi, 106k, 1yr Test
- 04 Citroen Picasso 1.6 HDi, 138kms

- 04 Opel Zafira 1.7 Dsl, 1yr Test
- 03 Skoda Octavia 1.9 TDi, silver, 1 owner
- 03 Audi A4 Silver, Full S4 body kit
- CARS
- 08 Kia Rio 1.4, Automatic
- 07 Renault Megane Cabriolet 1.6, full leather
- 07 Nissan Almera 1.5 SXE, alloys, air con
- 07 VW Golf 1.4, Full Leather
- 06 Renault Clio 1.2, 1 owner, Silver, alloys, sunroof
- 06 Ford Focus 1.6 Zetec
- 05 Suzuki Liana NCT Tested

- 04 Opel Zafira 1.6 Club, 7 seater, 1 owner, €2,700

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- 05 Mitsubishi Pajero Sport Silver, 2.5, very clean

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## THE BEST POTATO SALAD

Proof you can teach an old salad new tricks, these recipes are perfect for Summer dining

### GRILLED SWEET POTATO AND SCALLION SALAD

- 4 large sweet potatoes, par-cooked and cut into 1/2-inch slices
- 8 scallions
- 3/4 cup(s) olive oil
- 2 tablespoon(s) Dijon mustard
- 1/2 cup(s) cider vinegar
- 1/4 cup(s) balsamic vinegar
- 2 teaspoon(s) honey
- salt
- (freshly ground) pepper
- 1/4 cup(s) (chopped) flat-leaf parsley

#### DIRECTIONS

Preheat grill to high. Brush sweet potatoes and scallions with 1/4 cup oil and arrange on



grill. Grill potatoes for 3 to 4 minutes on each side, or until just tender. Grill scallions until softened and grill-marked, about 2 minutes. Remove scallions and cut into thin slices. In a large bowl, whisk remaining 1/2 cup olive oil with the mustard, vinegars and honey. Season with salt and pepper to taste. Add potatoes, scallions and parsley, and toss until potatoes are well coated. Transfer to a platter and serve.

## CLASSIC PICNIC POTATO SALAD

- 3 pound(s) (medium) red-skinned potatoes, about 12, cut into 1-inch chunks
- 1/4 cup(s) (distilled) white vinegar
- 1 tablespoon(s) olive oil
- 2 teaspoon(s) (spicy) brown mustard
- 1 1/4 teaspoon(s) salt
- 1/4 teaspoon(s) black pepper
- 1/2 cup(s) mayonnaise
- 1/3 cup(s) whole milk
- 2 small celery stalks, thinly sliced
- 2 green onions, minced

#### DIRECTIONS

In 5- to 6-quart saucepot, place potatoes and enough water to cover; heat to boiling over high heat. Reduce heat to low; cover and

simmer for 8 to 10 minutes, until potatoes are fork-tender.

Meanwhile, in large bowl, with wire whisk, mix vinegar, oil, mustard, salt and pepper. Drain potatoes. Add hot potatoes to bowl with vinaigrette; gently stir with rubber spatula until potatoes are evenly coated and vinaigrette is absorbed. Cool for 15 minutes. In small bowl, with wire whisk, mix mayonnaise and milk until smooth. Add mayonnaise mixture, celery and green onions to potatoes. Gently stir with rubber spatula until mixed. Serve warm or cover and refrigerate for up to 1 day.

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## BEAUFORT GAA NOTES

**LOTTO JACKPOT:** Is now €5,000. Next draw will be held in the Inn Between Bar on Sunday, 29th June. Tickets are available from usual sellers, local shops and bars. Anyone interested in setting up a Standing Order or an annual ticket of €50 should contact any of the sellers or officers.

**BEAUFORT U12S:** Sponsored by Maurice Foley of MF Decorating will be away to Kerins O'Rahillys on Friday, 27th at 7pm in the County League.

**SENIOR CO LEAGUE:** Game against Na Gaeil has been refixed for Saturday, 9th August at 7pm in Na Gaeil

**THE U12 GIRLS:** Sponsored by Anthony Foley Decorating travelled to Kenmare on Tuesday evening to play the local side.

**GAELIC FOR MOTHERS & OTHERS:** Continue on Monday evenings from 6.00pm to 7.00pm.

**MID KERRY MINORS:** Are away to Dr Crokes on Wednesday 9th July at 7pm.

**BEAUFORT MINORS:** Got their Eastern Region League campaign off to a good start when they beat Kilcummin in Beaufort on Thursday evening. Final score Beaufort 3-14 Kilcummin 3-8. Beaufort's defence stood up well with Mike Breen the pick of the defence, Beaufort dominated mid-field and up front Danny Healy and Aaron Foley caused problems for Kilcummin while subs Paudie Coffey and Luke Sweeney played well. **TEAM:** Cian O'Sullivan, Kevin Coffey, Sean Kelliher, Cormac O'Connor, Declan Floyd, Mike Breen, Brendan Cronin, Shane O'Sullivan, Aaron Foley, Danny Healy, Mike Healy, Ryan Sweeney, Niall O'Connor. Subs: Darragh Curran, Luke Sweeney, Paudie Coffey.

**BEAUFORT G.A.A. CLUB AND KILLORGLIN CYCLING CLUB:** Have joined forces to bring you the 'Ring of the Reeks', Caragh Lake Loop and the 'Ring of Beaufort' leisure spins which will be held on Saturday, 26th July.

## MILLTOWN/CASTLEMAINE GAA NOTES

**LOTTO:** There was no winner of last weeks lotto, the numbers drawn where 11, 13, 16, 19. Consolation prizes where  
€50 Stephen Clifford, Kilcolman.  
€50 Joe Hanafin, c/o Larkins.  
€25 Michael O'Meara, Faha.  
€25 Patricia Deane, Keel.  
€25 Leonor Mangan King c/o Gary King.  
€25 Finn Deane, Keel.

The next draw will take place on the 4th of July in Larkins Bar, when the jackpot will be up to 8,200 euro. Tickets available from local businesses .Thank you for your support.

**SENIORS:** Milltown/Castlemaine play

Kilcummin next Sunday at 2pm at home in round seven of Senior football County League.

**MINORS:** Central Minor League Div 2 commences this Thursday June 26th when we are at home to Annascaul/Lispolle at 8 pm

**U 14'S:** Milltown/Castlemaine vs An Ghaeltacht round 3 of the central region division 2 on Monday the 30th of June.

## DR. CROKES GAA CLUB NOTES

**LOTTO:** Draw took place in the Speakeasy on Sunday last. Numbers drawn: 4, 16, 21, 23. The jackpot of €5100 was not won. Match 3, 5 received €80. Next week's jackpot is €5400. Draw will take place in the Tatler Jack.

**FIXTURES:** Junior County League Away vs. Sneem/Derrynane, Saturday 28th June, 7:30pm. Please support.

**RESULTS:** EK Minor. League: Dr. Crokes 5-18, Firies 2-10. U16 County League: Dr. Crokes 7-11, Austin Stacks 1-06. EK U14 League: Dr. Crokes 6-07, Rathmore 6-15.

**EK MINOR LEAGUE:** Dr. Crokes got off to a great start in this game, with a goal from Jason O'Leary and a point from Chris Doncel in the first minute. But Firies fought back with a brace of points to halve the lead. We then went on a scoring spree, putting another 1-05 on the scoreboard by the twenty minute mark, the goal coming from Chris Doncel. However, it was then Firies turn to dominate and in the final ten minutes of the half, they increased their score by 1-05 to Dr. Crokes 0-02. The half-time score was 2-07 to 1-08. Firies went ahead for the first time 10 minutes into the second half. This seemed to spur Dr. Crokes into action, scoring 2-09 before the final whistle. However, Firies were unlucky in that they struck the upright twice, at vital times, which could have changed the course of this game. Final-score Dr. Crokes 5-18, Firies 2-10.

**MUNSTER GAA U15 SUPER TENS:** The Crokes U15's recently took part in the Munster GAA Super 10's competition played in the Mallow complex and performed admirably. There were 3 teams in the group with the top team qualifying for the semi final. First up for the lads was a game against Clonakilty. With an early goal by Luke Casey, Crokes got off to the perfect start and with Michael Potts, Neilu Doherty and Jack Griffin dominant around the middle, it ensured a plentiful supply of ball to the forward line in which Mark Harnett, Ethan Fleming and Conor Quirke revelled with Crokes running out easy winners with Fleming, Harnett, Griffin and Potts getting amongst the goalscorers. When Clon did threaten, they found the defence of James Kelly, Mark Fitzgerald, Lorcan McMonagle and Jack Kelleiher in no mood to give up easy scores. Behind them keeper Sean Courtney made two very good saves when Clon threatened to

make a breakthrough. At the end Crokes ended up convincing winners. The decisive game saw Crokes play Eire Og of Ennis who were fancied to win the competition. Crokes played brilliant football in the first half and led at half time by 1-5 to 0-2, with Jack Griffin Michael Potts and Mark Harnett excelling while in defence Lorcan McMonagle was having a super game keeping a tight hold on the Eire Og sharpshooter. Indeed but for 3 great saves by the Eire Og keeper Crokes would have been out of sight. Crokes couldn't keep up the momentum in the second half and 2 late goals by Eire Og gave them a 3 point victory despite the best efforts of Conor Quirke, Mark Fitzgerald and keeper Sean Courtney who also made 2 great saves before the goals. Overall it was very good performance and a great experience for the lads.

**SATURDAY MORNING ACADEMY:** Our Saturday morning football academy will have there last session before the summer this Saturday from 10:45am to 12 noon. The hurling will continue for another couple of weeks from 10:00am to 10:40am. Both codes are supervised by fully qualified coaches and all equipment is provided.

**KELLOGG'S GAA CUL CAMPS:** The Kellogg's GAA Cúl Camps are a great way for boys and girls aged 6 - 13 to play the games and learn GAA skills in a fun child-friendly environment - and maybe even help make them a GAA star of the future! Dr. Crokes GAA Club will host a football camp from 30th June - 4th July. Fitzgerald Stadium will host a hurling camp from 28th July - 1st August.

**GOLF CLASSIC:** The annual Golf Classic will take place on Thursday, 3rd July at O'Mahony's Point. This is one of the annual fundraisers for the club. Team of 4; €300. Entries to Organising Committee.

**AWARDS NIGHT:** The 'Pig on a Spit' mid-summer event has been rescheduled for Saturday, 19th July, commencing at 8:30pm. The various awards for the year 2013 will also be presented on the night. Tickets are €20 and are on sale now.

**CLOTHES BANK:** There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPC.

## SPA NOTES

**COISTE NA NOG:**

**SPA U12S V ST SENANS**

Spa played St Senan's in the county league last Sunday in a great game at home. Cian Murphy and Oisín Walsh did very well in midfield but the game changed dramatically when star Spa man Bailey O'Sullivan had to leave the pitch because of injury. The Spa boys fought hard but lost by a couple of scores.





**SPA U14 BOYS:** A weakened Spa played Kenmare in a tough game at home to Kenmare last Monday night whilst missing some regulars. Much credit must be given to the players that turned up and tried hard. Reece Hegarty had a great game when moved to half back early in the 1st half. Great running by Stephen McKenna, Sean Cahill and Gary Vaughan up front kept Spa in the game at half time. Spa conceded some soft goals in the start of the second half leaving them too much to do. However much praise must be given James Lynch for showing great determination in scoring 2 goals with another by super sub Callum Hennessy at the death to convey a great fighting spirit. Final Score 4-11 to 7-10 to Kenmare .

### **LADIES FOOTBALL: U8/U10 GIRLS:**

Last training session will take place Saturday June 28th for the summer.

### **U19 COMPETITION TUES JULY 8TH:**

This year a new competition and we will be playing under the banner of East Kerry. This competition is for 17 and up.

**SENIOR CHAMPIONSHIP:** Combination of Killarney team (Spa, Dr. Crokes and Kilcummin) will be at home to North Kerry 20th July.

**CONGRATULATIONS:** To the Kerry Juniors and Spa players Andrew Garnett and Shane Lynch, as well as Fergus Clifford (selector and former Spa player), on their victory over Clare last Sunday, with a final score of 2-12 to 0-7.

### **UPCOMING FIXTURES:**

Saturday June 28th Senior Co. League Rd 7 Spa v Castleisland Desmonds in Spa at 7pm.

Intermediate quarter-final replay has been scheduled for Saturday July 19th at 7pm in Spa.

**LOTTO RESULTS:** No winner in the Arbutus. Numbers Drawn 12, 14, 16, 22.

Lucky Dips, Mossie c/o McSweeney's, John Cahill Aghadoe, Ina Corcoran Cumeen, Noreen Kelliher c/o Jimmys.

€11,800 next week in the Heights.

### **ANNUAL CHURCH GATE COLLECTION:**

The annual Church Gate Collection will be taking place next weekend June 28/29 and all support is much appreciated. Anyone available to help out please contact Assumpta O Donoghue (087) 677 9292.

**MERCHANDISE SHOP:** Will be open on Friday evenings from 6.45pm to 8pm and on Saturday mornings from 11am - 12.15pm. Sale now on with up to 30% off on selected items. Any enquiries please contact Mathilda on 0876487356.

**SUMMER CAMPS:** Happy Feet Summer Camp July 14-18 10am - 3.00pm. Conor Gleeson will hold a summer camp once again in Spa GAA. This is a fun packed camp. Further details contact Conor Gleeson 087 2565142 or John O Donoghue 087 9403517. Cost €70 per child. Family rates available. Or email conjohncamp@gmail.com.

**KELLOGS CUL CAMP:** Registration forms in clubhouse now. Spa will be hosting a football camp once again August 4-8.



THE FOSSA TEAM WHO PLAYED SCARTAGLEN IN THE OPEING GAME IN THE FR GALVIN CUP

**SCHOOLS LINK:** Huge congrats to our young Spa players Liam Spillane of Tiernaboul N.S. and Cian Murphy of Lissivigeen N.S. who represented their county in the Primary Schools game last Sunday in Ennis. They both played very well."

## **LEGION GAA CLUB NOTES**

**EIGHTIES DISCO:** This Friday night, Mc Sorleys is the place to be as the club holds its, by now, annual eighties disco so lads get your socks off and ladies, get your legwarmers and shoulder pads on and bring your friends to what is sure to be a great night. This night is organised by the ladies committee and was a great success last year. Tickets can be purchased at the door on the night and cost 10 euro.

**JUNIOR COUNTY LEAGUE:** Last week the junior side took on Austin Stacks and with the Tralee side leading by 4 points midway through the second half it took a spirited effort to claw their way back and it took a late Aidan Slattery point to give his side a deserved victory and this team now stay top of group 1 of the county league . Legion 1-15 v Austin Stacks 3-08.

**U12 LEAGUE:** Well done to both the Green and White u12 teams who both played their final games of this years county league when they travelled to take on Rathmore and both sides finished their year on a winning note. The White team won 2-12 v 1-08 and this victory emphasised the steady improvement this side has made all year. The Green team ended their county league campaign in a highly entertaining game between two very good footballing teams with the Legion boys coming out on top on a 5-21 v 4-16 scoreline. This win sealed the title of Division 1A having gone through the campaign unbeaten. Well done to both teams and both sets of mentors .

**SENIOR COUNTY LEAGUE:** In a rearranged round 7 game of the county league Legion travelled to St Pats Blennerville to facilitate St Pats involvement in the upcoming Hurling championship. The game was fairly even for the first quarter hour but a scoring surge before

the interval led by 2 Conor Keane goals gave daylight between the sides and despite playing into a strong second half breeze, we kept focussed and bagged two more county league points. Final score St Pats 0-07 v 2-13 Legion.

**KENNEDY CUP:** Well done to up and coming goalkeeper Robert Osbourne who played with Kerry in the Kennedy cup last week where they won the Shield final against a strong Donegal side in a game that was decided on penalties. The team only lost one game in the entire tournament.

**MUNSTER CHAMPIONSHIP:** Well done to Brian Kelly and Jonathon Lyne and the Kerry team who eventually overcame Clare last Sunday in Ennis.

**TESCO BAGPACKING:** The ladies committee, fresh after their 80's disco have organised a days BAGPACKING in Tesco Park rd on Saturday 28 June so please support.

**COUNTY CHAMPIONSHIP:** In round 3 of this years county championship we have been pitted against neighbours and champions of the last four years Dr Crokes. This game is to take place on Sunday July 13 at 6.30 in Lewis Rd

**MINOR EKL:** The minors sued Rathmore in Derreen last Sunday evening and after leading by 3 points at halftime they strengthened their lead as the second half progressed but a spirited fight back by Rathmore which included 2 goals saw the game go down to the wire with the home side just about hanging on for a 3 point win, thanks in no small way to goalkeeper Conor McCarthy who made some telling saves . Final score legion 0-16 v 2-07 rathmore

## **EAST KERRY NOTES**

**With Áine Ní Shúilleabháin PRO**

**FIXTURES:** East Region Minor League

Thursday 26th June 2014 at 7.30pm

**DIVISION 1:** Spa v Legion, Rathmore v Dr. Crokes, Furies bye.

**DIVISION 2:**

Fossa V Beaufort  
Carrow V Glenflesk

Kilcummin V Gneeveguilla





FOSSA'S LORCAN DALY WAS PRESENTED WITH THE MAN OF THE MATCH AWARD BY EAST KERRY VICE-CHAIRMAN, JOHNNY BROSNAN IN THE FR GALVIN CUP PRELIMINARY ROUND GAME V SCARTAGLEN.

## FR. GALVIN CUP 2014

### FOSSA 3-06 SCARTAGLEN 1-09:

Scartaglen hosted Fossa last Saturday for the opening game in the Fr Galvin Cup, Intermediate Championship, sponsored by the Aquila Club, Gleneagle Hotel. The opening 5 minutes saw the sides trade points before Fossa settled and built up a comfortable lead with 3 excellent goals, two by Paudie Clifford and the third by Tadgh O'Shea, giving Fossa a comfortable lead 3-2 to 2 points. Fossa continued to dominate scoring and scored a further 2 points, before they were reduced to 14 players on 25 minutes. Scartaglen notched up 2 points making the half time score: Scartaglen 0-04 Fossa 3-04.

Scartaglen dominated scoring in second half, notching up 1-5 to Fossa's 2 points. The visitors opened the scoring with a lovely point from long distance by Lorcan Daly. Scartaglen then dominated and notched up 4 unanswered points (Daniel Murphy, Pa Rahilly, Mike Coakley, Martin Horgan). Scartaglen reduced the margin to a single score with 15 minutes remaining when Mike Coakley found the net, set up by Denis Lenihan. Scartaglen pressed forward and Pa Rahilly put the ball over the bar, reducing the Fossa lead to 2 points. Fossa responded with a pointed free by Tadgh O'Shea and kept pressure on the home side. The Scartaglen goalkeeper denied the visitors a goal with a great save and Fossa ran out winners on a final score of Scartaglen 1-09 Fossa 3-06.

Referee: James O'Sullivan (Firies)

Fossa's Lorcan Daly was presented with the man of the match award by East Kerry Vice-Chairman, Johnny Brosnan and is a nominee for the 2014 Fr Galvin All Star Award.

## EAST REGION MINOR LEAGUE -

## ROUND 1

### DR CROKES 5-18 FIRIES 2-10:

Dr Crokes got off to a great start in the East Region Minor League Division 1, sponsored by The Tatler Jack, with a Jason O'Leary goal and a Chris Doncel point in the first minute. Firies fought back with a brace of points (Sean Burke, William Courtney) before Dr Crokes added 1-5 by the twenty minute mark, the goal from Chris Doncel. Firies added two points in the same period and then dominated, scoring 1-5 to Dr Crokes' 0-2 in the final ten minutes of the half. Firies' goal courtesy of Connal Murphy. Half-time score: 2-7 to 1-8.

After a number of points teams on resumption, Firies Padraig O'Sullivan, smacked home a great goal putting to go ahead for the first time. The game was tight to the fortieth minute but then Dr Crokes scored 2-9 to Firies single point. Firies were unlucky, striking the upright twice. Dr Crokes Johnny O'Leary was in top form in goal and pulled off three consecutive point blank saves. Final score: 5-18 to 2-10 in favour of Crokes.

### LEGION 0-16 RATHMORE 2-07:

Played in Derreen, Legion looked to have done enough midway through the second half of this East Region Minor League, Division 1 game, when they stretched their halftime lead from 3 points to 5 points. A Donnacha O'Connor goal for the visitors sparked them into life and the final ten minutes was played end to end, as each side dug deep. After Legion edged 4 points ahead again, Rathmore's Dean Fitzgerald raised another green flag to leave the minimum between the sides. Two late Legion points (Conor Culloty, Lee Callaghan) and some fine goalkeeping by Conor McCarthy saw Legion edge home on a 0-16 to 2-07 scoreline.

**FOSSA 4-15 GLENFLESK 2-08:** Fossa ran out winners, in the East Region Minor League, Division 2 versus Glenflesk. There were a scatter of points in the first 25 minutes, and Glenflesk were ahead 6 points to 5, (Daniel O'Brien (3), Conor O'Donoghue, Lee O'Donoghue (2) for Glenflesk, Paudie Clifford (3), David Clifford and Michael O'Keeffe for Fossa). A period of dominance started for Fossa, when Cillian Bellew made a powerful run forward and found David Clifford who netted, to give the visitors a two point margin. Fossa added a goal (Paudie Clifford) and two points, (Matthew Rennie and Paudie Clifford). Half time score Glenflesk 0-06 Fossa 2-07.

Glenflesk reduced the margin to 5 points (Lee O'Donoghue, Eoin O'Meara pointed) early in the second half before Fossa pulled well ahead, with 2 goals in quick succession, the first by Oisin Sheahan, followed by a Paudie Clifford goal and a point. Glenflesk responded with a goal, when Lee O'Donoghue netted the rebound from a great save by Fossa's Alex Rennie after Fionan O'Donoghue blasted the ball goalbound. Paudie Clifford and Matthew Rennie pointed for Fossa. With ten minutes remaining, Lee O'Donoghue scored a second goal for Glenflesk, set up by Cathal Dineen. Fossa notched up 4 points, David Clifford (2), Paudie Clifford and, after a great high fetch, Michael O'Keeffe scored a lovely point. Glenflesk pressed forward and won a penalty, but the Fossa goalie again made a great save. Cathal Talbot with a penetrating run forward, picked out Michael O'Keeffe, who pointed with the last kick of the game. Final score: Glenflesk 2-08 Fossa 4-15.

### BEAUFORT 3-14 KILCUMMIN 3-08:

Beaufort Minors got their East Region League campaign off to a good start when they won against Kilcummin in Beaufort. The teams were evenly matched in the first half, both sides scoring a goal, Matt Keane for Kilcummin and Niall O'Connor for Beaufort. The home side's keeper Cian O'Sullivan made a great save from Matt Keane to keep the scores level in the first half at 1-5 each. The second half was a high scoring. Beaufort's second goal 5 minutes into the half from a run by Brendan Cronin, his effort came off the upright and Paudie Coffey finished to the net. Five points for Beaufort, (Danny Healy (3), Niall O'Connor (2) ) to 3 for Kilcummin (Matt Keane, Jake Moynihan, Eoghan Kennelly) had Beaufort pushing ahead 2-10 to 1-8 with 10 minutes remaining. It was tit for tat, Matt Keane scored a fine Kilcummin goal on 21 minutes. Beaufort responded with a Brendan Cronin goal and Kilcummin replied with a goal (Matt Keane) set up by Aaron Foley and Danny Healy. Four points for Beaufort (Aaron Foley, Mike Breen, Paudie Coffey and Niall O'Connor) and a fine Kilcummin goal (Matt Keane) left the final score Beaufort 3-14 to Kilcummin 3-8.

### GNEVEGUILLA 2-18 CURROW 2-04:





A strong Gneeveguilla won at home against Currow in the East Region Minor League, Division 2. Gneeveguilla opened the scoring with an excellent Connie O'Connor point followed by a Corneilus Buckley point. Gneeveguilla dominated midfield as DJ Murphy sent endless supply into the full forward line. A Shane O'Sullivan goal before half time left the score 1-11 to 0-02. Currow put up a good battle in the second half notching up two goals. A Corneilus Buckley goal for the home side and further points from Adam O'Leary sealed the victory for Gneeveguilla. Final score: Gneeveguilla 2-18 Currow 2-04.

## LISTRY

**WEEKLY LOTTO RESULTS:** Sunday 22nd June, 2014. Winning Numbers 1, 5, 17, 22. Jackpot €7,700. Not Won.

1 x €100 Patricia Northover, Slievegaura.  
2 x €50 Eilish Spillane, Culleenymore.  
Hazel Galvin C/o Astellas.  
2 x €25 Clodagh Brosnan Kilbonane.  
Colin O'Sullivan Ballytrasna.  
Draw Entrant Pat Griffin Lissivane.

Jackpot next week  
Sunday 29th June €7,850.

### SENIOR FOOTBALL LEAGUE DIVISION 2 ROUND: 7

Saturday 28th June 2014 7 30 PM - Venue: Skellig Rangers. Skelligs Rangers - v - Listry.

### JUNIOR FOOTBALL LEAGUE GROUP 2 ROUND 2 RESULT:

Listowel Emmets 3-12 Listry 1-15

### LISTRY U-12S - COUNTY CHAMPIONS

Congratulations to Listry U-12 boys and girls on another fantastic victory over St. Pats. With victories over Cordal, Scartaglin, Kilgarvan, Templehoe and St. Pats, Listry are Co. league champions for 2014. Thank you to all our fantastic young footballers, coaches Brian McCarthy, Peter Keane, Paul O'Donoghue and Tony O'Dowd and the wonderful parents that provided a party for everyone after the game. It was great to see so many Listry people supporting the team and it was great to see our senior players and club President John Joe Tangney celebrating with the U-12s. Up Listry! *Murt, Fergus, Keith, Ann, Colman and Jules-Listry Coiste na nÓg.*

### EAST KERRY U-10 GO GAMES BLITZ

On Wednesday 18th June 2014 we concluded the final evening of the East Kerry U-10 go games blitz in Listry. This was the third evening of games hosted by Listry GAA club. Over three Wednesday evenings Listry, Gneeveguilla and Fossa U-10 boys and girls have provided great entertainment for all the coaches, parents and supporters of all clubs. The purpose of go games is to give all the panel a game and rotate players in different positions. Great credit



LISTRY U-12S COUNTY CHAMPIONS PICTURED WITH MEMBERS OF LISTRY SENIOR TEAM.

is due to Gneeveguilla coach Donal Cronin, Fossa coach John Dineen and Listry coach Tim Scannell for always making the games as fair as possible. It was great to see the enthusiasm in all the games and the kids showed improvement every week. We were very lucky to have glorious sunshine for the three evenings. I hope all the kids had an enjoyable experience and continue to train with their clubs. Thank you to referees Fergus Clifford, Dan O'Connor and Colman O'Shea, thank you to Listry coaches Liam Healy, Edel Greensmyth, Richard Walsh, Tim Scannell, Paul Murphy and Donie Evans for setting up pitches and looking after the kids. Thanks again to Gneeveguilla and Fossa for coming to Listry and thank you for your kindness and cooperation in running the blitz. All the wonderful U-10 footballers received a drink and crisps and we took a super group photo. Finally, thank you to all the kids for your good behaviour, you are all a credit to your parents and clubs. *Murt Broderick, Chairman Listry Coiste na nÓg.*

**ATHLETICS:** Two Listry athletes competed at the Munster Masters Athletics Championships held at the Cork I.T. Track on last Sunday. Tomas Griffin from Lissivane won the 100 metres and long jump in the over 40 category. Jim O'Shea from Listry won the 100 metres, 200 metres, high jump and long jump in the over 70 category. He was also a member of the Kerry relay team who won the 4 x 100 metres in the over 50 category and over. Both men are now training for the National Masters Championships which will be held at Tullamore on Sunday August 10th.

**EAST KERRY LEAGUE U-14S:** On Monday 16th June 2014, Listry/Keel U-14s played Kilcummin in the first round of the East Kerry league. This team is playing together for the first time and with the great team work and spirit let's hope we can build on this great display next week against Gneeveguilla, in the

next round. The final score was Kilcummin 3-7 Listry/Keel 0-14. Thank you to Kilcummin for agreeing to the referee and thank you to Fergus Clifford for carrying out the job professionally. Thank you to both teams and management for the good behaviour. Thank you to Listry/Keel coaches Derry Ahern, Donal Murphy and Noel Murphy for excellent coaching over the last few weeks and building a nice team even though we were missing a few regular players.

**LISTRY CYCLING CLUB:** Had a very successful outing last Thursday with 22 cyclists enjoying the fab weather. The next spin will take place on Thursday 26th from Listry GAA pitch leaving at 7pm sharp. Meeting to take place on Monday the 30th at Listry Community Centre at 8pm for all, to discuss the formal setting up of the club and plans for the future. All are welcome to this important meeting.

Details contact Liam at 087-4145662

**MILLTOWN LISTRY COMHALTAS:** Well done to branch members Jason O'Shea, Bernice Cronin, Katie Howe, Aoibhe Horan, Tallula Belle Courtney, Tom O'Connor and Mairead Lehan, who all took part in the County Fleadh at Cahersiveen this weekend. Congratulations to Tom O'Connor, who came first in the senior drums, Bernice Cronin, second in sean nos dancing and Katie Howe, 3rd in the u-12 concertina. Congratulations also to local musicians Shauna Murphy and John Power, winners in the u-12 duet, on box and fiddle.

**KERRY LIBRARY:** Killarney Library will host the Kerry Cultural Diversity & Integration Exhibition from 1st - 18th July during Library opening hours. This exhibition is an initiative of the Integration Implementation Group, a subgroup of the County Development Board and an action in the Kerry Integration Strategy 2013-2014. This campaign aims to promote Cultural Diversity & Integration in the county. Free admission. All welcome.





## ST. BRENDAN'S ROWING CLUB

The Killarney Regatta is nigh! Looking forward to seeing everyone at the Brendan's camp at O' Mahony's Point on Sunday. First race is at 9.30 so be there early to cheer our underage crews as they lead the way over the finish line! Best of luck to all crews competing, let's hope that all the hard work down at Ross pays off! The club's Regatta after party will be held in the Killarney Avenue bar, all welcome, bring a party piece!

**WELL DONE:** To the U18 QUAD who competed at the Cork Regatta last weekend. To all members who have finished exams and to anyone who got their college exam results recently, congratulations! See everyone on Sunday, dresscode: GREEN!

## FIRIES COMMUNITY GAMES

A busy County Athletics final took place in An Riocht over the weekend. Well done to everyone who took part and who represented their area. Congratulations to Amy Kennedy who won gold in the javelin, Rachel Hoctor who won gold in the Shot Putt and Robert Campbell who won gold in the discus. All three are through to All Ireland Final in Athlone in August. Congratulations to Rachel Campbell who won silver in the Javelin and Thomas Murphy who won silver in the Discus. Jack O' Brien won cert in u10 hurdles and Cara O'Brien, Louise Kennedy, Stephen Palmer and Cormac Costello won certs in U10 mixed relay team. Thank you to everyone who helped out on both days over the weekend.

## GNEEVEGUILLA ATHLETIC CLUB

**LOTTO:** Nowinner of our lotto draw 20/06/2014, numbers drawn were 10, 12, 24 and 29. Sellers prize Tom Joe O'Donoghue, €50 prize to yearly ticket holder James O'Keeffe Derrygallon, €50 to Paddy O' Keeffe Ballaugh, €40 to Caitriona & Noel c/o Maragaet Hayes, Ann Cronin Masrour and Paddy Brosnan Scartaglin. Bonus not won numbers drawn were 2, 4, 5 and 11. Next week we draw €10,600 plus €1,000 bonus.

The height of the summer season at the moment has turned up some very interesting results during the past week, all I say is well done to everybody. Riocht Open sports on Tuesday evening our Gneeveguilla athletes had the following results, Delia Foley 2nd U10 300m, Donal Daly 3rd U13 100m and 600m, Maeve O'Connor 1st U13 600m. In the mile race Matthew Collins was 2nd overall and 2nd in junior section, Robert Purcell was 4th overall, Andrew Purcell 2nd U16 800m, Gary Cronin 3rd U16 800m, Niall Collins 1st in Masters mile section.

**RESULTS:** From Athlone 2nd leg off National Senior league, Shelina O'Donoghue 2nd shot & 4th in hammer, Siobhan Daly 1st 800 & 1st in 1500m, Anna Maria Costello 2nd in 3,000m.

Annette O'Brien 3rd in 100m hurdles & 4th in 400m hurdles, Elaine Cronin 4th in 400m, Catherine Kiely 7th in 400m, Lauren Kennelly 1st in High Jump, Hannah O'Sullivan 1st discus & 4th javelin, Amy Cronin 3rd long jump & 5th in 100m, David O'Keeffe 3rd in hammer, Matthew Collins 7th long jump & 5th in 1500m, John Barrett 1st in walk.

Off for the Community Games National Finals in Athlone in late August are Jack O'Leary U12 600m, Gary Cronin U14 High Jump, Donal O'Sullivan on Kenmare U14 relay team, Jack O'Leary, Shane Warren, Damien Cronin and Donal Daly and Paudie O'Leary Rathmore / Gneeveguilla U12 relay team. Also getting on to the podium on Sunday were Rathmore / Gneeveguilla U14 girls relay team of Emily O'Riordan, Michelle Brosnan, Ciara Brosnan & Katriona Buckley who were 4th in the final. Jack Greaney ( Killarney ) whoes relay team was 2nd in U12 boys, Micheal Sweeney and Cian Foley ( Kilcummin ) were 4th in U12 boys relay, Donal Daly 4th in U12 boys 600m, Delia Foley 3rd in U10 200m, Ciara Kennelly with a PB 2nd in U14 Long Jump, Gary Cronin 4th in U14 100m, Sean Dineen 3rd in U10 200m, Sadie Myers 4th in U14 100m, Donal O'Sullivan 2nd in U14 shot, Ronan Collins 4th in shot, Antoinette O'Leary 1st in Special Race.

**GOOD LUCK:** To all our athletes who travel to Cork for Munster Championships this coming weekend.

## RATHMORE / GNEEVEGUILLA COMMUNITY GAMES

**ATHLETICS:** The final event in the Community Games calendar was held on Saturday & Sunday in Riocht Track Castleisland. We had numerous competitors representing this area. In the opening parade Delia Foley & Luke Kennedy carried the banner for our area. The success on track & in field events over the weekend while remarkable for our area is indebted to Gneeveguilla Athletic Club, Tom Joe & Shelina for the many hours training they have given to these children each week and year.

Another rare but remarkable achievement after the weekend is Jack O'Leary's success in winning gold medal in 2014 in an individual (U12 600m), a team (U11 Mixed Basketball) & relay (u12 boys) event. At this point in time Jack is guaranteed to be representing Kerry at the National Finals in the individual and relay event, Jack will be hoping for further success for the Rathmore / Gneeveguilla U11 Mixed Basketball team on July 5th at the Munster Finals in UL, Limerick, thus enabling him to represent Kerry in an individual, team and relay event in same year. Jack has this year also received a bronze medal in U12 skittles competition, a cert in u12 backstroke and a bronze medal in U13 swimming squad. A great achievement and the season is not over yet!

## MILLTOWN/LISTRY

## COMMUNITY GAMES

Last weekend the track and field finals of the Kerry Community Games were held at An Riocht Track Castleisland and full marks to the organising committee where the full programme of events were run off in a very organised and efficient manner. The good weather added to the enjoyment of the 2 days. We had 33 participating from our Area which was our biggest representation number for a good many years. The following were successful in their events: Eabha McCarthy - 1st U10 60m Hurdles, Cillian Burke - 2nd U12 Ball Throw and 3rd U12 100m, Caoimhe Burke - 4th U12 Ball Throw, David Leane - 3rd U14 Shot Putt. Kate Spillane Cian Spillane and Cian O'Brien got into their respective finals and were unlucky to lose out. All in all it was a very satisfactory and enjoyable weekend for us and a big thank you to all the families that travelled to support the children.

## WORKMEN'S RC

What a weekend for the Workmen's Rowing Club, Gold, Gold and more Gold, at the Cork Regatta. The Regatta was held at The National Rowing Centre, Inniscarra, Co. Cork at the weekend.

The rowing was fantastic, our crews included J14 Girls quad, gold, Annie O'Donoghue, Ciara Browne, Ciara Moynihan, Leona Browne, coxed by Mikey Joe Burns. U16 boys Quad, Gold, Ruadhán MacCurtain, Kamil Kamubi, David Bartlett, Dylan Bartlett, coxed by Mikey Joe Burns. Gold U15 Boys Quad, Dylan Bartlett, Ruadhán MacCurtain, Donnacha Ireland, Kamil Kamubi and coxed by Jacob Kamubi. Special mention for Jacob who also coxed the Skibbereen crew to victory!. Siobhan Burns won silver in her J15 Single Sculls event. So we have plenty to celebrate, and such an uplifting result ahead of the National Championships next month at the National Rowing Centre. Well done to all our trainers, crews and parents, for their ongoing support and encouragement. Now back to the important business of the Annual Killarney Regatta, which takes place this Sunday, June 29th at O'Mahoney's Point, Killarney Golf and Fishing Club. Another great day of rowing for all our senior, minor, junior and our esteemed Veteran crew.. they're going for decades! not a blister in sight.. or so they say! Don't forget the BBQ, and of course our Regatta Queen Representative Lauren McCarthy, straight after her Leaving Cert exams.. we know you'll do us all proud...Happy Rowing everyone!

## KILLARNEY RUGBY CLUB NEWS

At the Club's recent AGM Ger Moynihan was elected as the new Club Captain. Ger has been a most distinguished player through his under age and Youth years and is one of the





stalwarts of the Club. We welcome Ger who has put massive effort into the club especially in spearheading our new developments in Aghadoe in planning and engineering skills. We salute Paul O'Sullivan after two very successful years as Captain. He is one of the most dynamic scrum halves in Junior rugby and we thank him for his leadership over tough campaigns, last season in particular. We hope Paul will continue to command the playmaking at 9 for the future in spite of being busy on the domestic front. John Nikora committed to the new season as Senior a Club Coach, which is a great boost. John has many plans for developing our senior squad to reach new heights. He will again be assisted by the evergreen Luke O'Sullivan as Team Manager. Successful under 18 squad coach Feargal Courtney traded places with Fergus Cronin who stepped down as Youth Officer. Fergus also coaches the under 18s with Feargal and has a lifetime of service to the club as a young man. He's busy with work and family commitments and no doubt will return to the cause as soon as he can. We thank him for his fantastic work for many years and wish him and Karen well.

The other major change saw Solicitor Pat F. O'Connor pass the Presidential baton to long serving and founder member Mike Fuller. Pat has given his legal talents and resources freely to the club. We acknowledge his generosity in difficult times and we are delighted he remains on with George Lenihan as under 14 coaches again.

#### OTHER OFFICERS RETURNED WERE:

Chairman: Junior Finnegan;

Secretary: Anne Clifford;

Treasurer: Mike Walker; Ticketmaster: Denis O'Donnell;

Registrar: Paul Murphy;

The Committee was further bolstered by:

Liam McGuire, Mike Leahy, Dermot Cronin and John McKeon. PRO Mike Fuller will be replaced at the first committee meeting.

We thank all outgoing officials and we wish the new Committee the very best.

**TAG TUESDAY** Continues at Killarney Community College each Tuesday from 7-9pm. For over 18s it is non contact tip rugby where instead of the tackle you simply remove the Velcro tag. A very sociable few hours for just €5 per person per night. Men and women



CREWS FROM THE WORKMEN'S ROWING CLUB, KILLARNEY WHO WON GOLD IN THEIR RESPECTIVE RACES AT THE CORK CITY REGATTA, HELD AT THE NATIONAL ROWING CENTRE, INNISCARRA, CO CORK AT THE WEEKEND. GIRLS U14 QUAD WON GOLD FROM LEFT, CIARA MOYNIHAN, CIARA BROWNE, ANNIE O'DONOGHUE, LEONA BROWNE, COX, SIOBHAN BURNS, WHO ALSO TOOK SILVER IN J15 SINGLE SCULL EVENT. BOYS CREW WON GOLD IN THE U14 AND U15 JUNIOR QUAD, FROM LEFT, JACOB KAMUBI, DONNACHA IRELAND, DYLAN BARTLETT, DAVID BARTLETT, KAMIL KAMUBI, RUADHAN MACCURTAIN.

PHOTO: VALERIE O'SULLIVAN.

wanted. See you there. Enquiries to Mike on 087 6489628.

## SPAMUCKROSS COMMUNITY GAMES

The beautiful weather made for some great competition in the County Athletics finals that took place in a sweltering An Ríocht track, Castleisland over the weekend. The activities on the track were preceded by the annual parade of the areas and Spa Muckross had Ali O'Donoghue and Grace Ryan proudly carrying the banner in the parade. Cian Lynch will be our sole representative going to the National Finals in Athlone, however our other athletes performed exceptionally well in their events. Cian had a great win in the U10 boys 200m and finished very strongly with a huge lead over the rest of the field. In the Girls U12 600m, Marie Courtney had a great battle down the final straight and was just pipped on the line into second place while sister Grace was close on her heels in 5th place in the final. Kianan O'Doherty was 3rd in the final of the U16 boys High Jump and Ruth Courtney was also 3rd in the final of the Girls 100m sprint. The U13 Mixed relay of Ruth Courtney, Elizabeth Stack, Ryan O'Grady and William Shine ran

really well to take the bronze medal in the 4 X 100m final. William was just out of the medals in the final of the boys U12 100m sprint final, as was Tristan O'Donoghue who finished 6th in the final of the boys U16 1,500m race. We had quite a few athletes that made semi-finals and are still underage next year so the experience gained will stand to them for next years competitions. Also competing were Beth Lucey, David O'Donoghue, Aaron O'Connor, Clodagh O'Connor, Lauren O'Connor, Aine Devlin, Ali O'Donoghue, Timothy Moynihan, Aoibhe O'Doherty.

## LISTRY CYCLING CLUB

Listry cycling club had a very successful outing last Thursday with 22 cyclists enjoying the fab weather. The next spin will take place on Tuesday 01 July next from Listry GAA pitch leaving at 7pm sharp.

**MEETING:** To take place on Monday the 30th at Listry Community Centre at 8pm for all, to discuss the formal setting up of the club and plans for the future. All are welcome to this important meeting. Details contact Liam at 087-4145662



RATHMORE GNEEVIGUILLA COMMUNITY GAMES.







MAKING THE FIRST ROUND DRAW IN THE KILLARNEY ATHLETIC/ KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT AT SCOTTS HOTEL ON SUNDAY NIGHT WERE MIKE O'SHEA, CHAIRMAN, AND PAT DELANEY, KILLARNEY CREDIT UNION, SEATED. BACK FROM LEFT ARE TOIRDEALBHACH O'LIONAIRD, COLLETTE CASEY, DONIE MURPHY, DON O'DONOGHUE AND TOM TOBIN. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY)

## KILLARNEY ATHLETIC A.F.C. NOTES

### RESULTS: SENIORS

#### KILLARNEY ATHLETIC 3 ASDEE 2

It was a great end to what was a difficult season for our Senior team when a great 3-2 win away to Asdee preserved our Premier A status for another year. Our boys won their last 3 games in a row to stay up showing great heart and spirit in doing so. We went 1 nil up on Friday night when youth player Danny Healy who has been a great addition to the A panel let fly with a shot which took a deflection on route to the back of the Asdee net. After this we lost our shape a bit and conceded 2 soft goals to a determined Asdee team. We were then handed a lifeline before half time when an Asdee defender handed the ball in his own box. It fell to the excellent Shane Doolan to pull us level and he clinically dispatched to the Asdee net. Athletic then had 45 minutes to go about winning the game. Athletic performed much better in the 2nd half and had several chances but just could not find the back of the net. Then with 5 minutes or so left Mike Lindsay who had earlier given Asdee the lead with an OG more than made up for it by bulleting a header past the hapless Asdee keeper from one of the numerous corners we got in the second half. Athletic held out comfortably to secure Premier A status for the club. Well done to all the boys for a great end to season, it goes to show that if we can get the right mix of experienced and youth players and put in a sustained effort from the start of the season that Athletic can be right up challenging. Hopefully this good end to the season will encourage everyone to put in this effort next year.

**KENNEDY CUP:** Congratulations to Killarney Athletic A.F.C. and Kennedy Cup Kerry player

Liam Curran who won The Shield in this year's Kennedy Cup beating Donegal in the Final. Also, well done to JP Mullins and Robin O'Day from Killarney Athletic who helped manage the team. Well done.

#### KILLARNEY ATHLETIC A.F.C. ANNUAL 7 A SIDE TOURNAMENT:

**HELP NEEDED FOR 7 A SIDE:** We are looking for volunteers to help out with the 7 A side tournament for the month of July. Could you spare an hour and help with the gate, the pitches, the shop or the fixtures? Let us know on facebook, twitter, via the website ([www.killarneyathletic.com](http://www.killarneyathletic.com)) or text or phone Toirdealbhach (087) 6447603. One day a week would be a great boost to help raise funds for the club's ongoing expenses. Don't forget, it's your club and your club needs you.

**KICK-OFF:** Killarney Athletic A.F.C. is delighted to announce details of the 38th Annual 7 A Side Tournament in conjunction with sponsors Killarney Credit Union which will kick off on Monday 30th June.

**AWARDS:** Along with the Premier and Reserve Cups, The Kieran Cahillane Senior Player of the Tournament Award will be on offer for the outstanding player on view, while The Johnny Heffernan Underage Player of the Tournament Award will also be up for grabs. Also there will be free entry to the 2014 tournament for the Premier Cup winners.

See [www.killarneyathletic.com](http://www.killarneyathletic.com) for entry forms, information on previous 7-A-Side Tournaments and for updates throughout the tournament.

**MERCHANDISE:** Killarney Athletic merchandise can now be ordered on [merchandise@killarneyathletic.com](mailto:merchandise@killarneyathletic.com)

**KILLARNEY ATHLETIC WEBSITE:** Please check the website on [www.killarneyathletic.com](http://www.killarneyathletic.com) or facebook for match reports, club information and contact details.

**CONTACT:** If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or [mccarrickmary@hotmail.com](mailto:mccarrickmary@hotmail.com).

## KILLARNEY CELTIC

**KENNEDY CUP:** Kerry did themselves proud in the Kennedy Cup Tournament in Limerick. We were desperately unlucky to concede to late goals to top seeds Galway in the qualifying rounds but picked ourselves up impressively and went on to win the Kennedy Shield.

**FOOTBALL FOR ALL:** Killarney Celtic FC Football For All is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729

**PITCH BOOKINGS:** Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809.

#### FIXTURES:

**U17 CUP:** Killarney Celtic away to St. Brendans Park, Saturday, 2.30pm.

**TOMMY HEALY CUP:** Celtic Park is the venue for the Tommy Healy Cup Final on Sunday at 11.30am between Cedar Galaxy and Valley Wanderers.

#### RESULTS: JIMMY FALVEY YOUTHS SEMI-FINAL: DINGLE BAY ROVERS 1 KILLARNEY CELTIC 5

Celtic have a very young team but a performance of sheer quality saw off a strong effort by Dingle Bay Rovers to put us into the Youth Cup Final.

#### U16 GIRLS NATIONAL CUP: KILLARNEY CELTIC 5 ABBEYFEALE 1

Celtic made a quick start against a good Abbeyfeale side and Fiadhna Tagney made it 1-0 after ten minutes. Siobhan Burns proved her return from a nasty injury by doubling our tally, and Ciara O'Brien made it 3-0 from a corner kick shortly before half-time. Abbeyfeale attacked early in the second half but Siobhan Burns stopped their momentum with her second goal and Fiadhna Tagney sealed the win despite a late consolation goal for Abbeyfeale. Best for Celtic were Keelie O'Connor, Rebecca Murphy, and Lauren Rintoul.

#### U14 GIRLS NATIONAL CUP: ADARE 0 KILLARNEY CELTIC 5

Celtic came up against a well-organised Adare outfit in Askeaton. Adare were well-organised defensively but Hannah O'Donoghue latched onto a great through ball by Mairead Bennett



to make it 1-0 after 25 minutes. Celtic stepped up a notch after the break, with Kate Stack and Ciara O'Brien making it 3-0. Adare tried with all their might to find a way back but the Celtic defence stood firm under pressure. Fiadhna Tagney and Annie O'Donoghue wrapped it up late on with well-taken goals.

**LOTTO RESULTS:** Numbers drawn 12, 14, 15, 16. No winner, no match 3, 3 lucky dip, Austin McClinchie, Allman's Terrace, Liam O'Neill c/o Taxi, Karen O'Donoghue c/o John Don, €50 each. Next week's jackpot €1800, draw in the Failte on Monday night. Tickets available from all club officers.

**LOTTO SELLERS / YEARLY LOTTO:** The club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

## KILLARNEY CREDIT UNION KILLARNEY ATHLETIC 7 A SIDE VENUE – WOODLAWN FIXTURES:

### MONDAY 30TH JUNE

#### PITCH 1/ PITCH 2

6.45 FC Faha Court V Kate Kearney's Cottage.  
6.45 Jimmy O'Briens V Speakeasy Bar.  
7.10 Hugh's Bar V O'Callaghan's Bar.  
7.10 Dennehy's Corner Bar V Currow City FC.  
7.35 FC Polaco V Bilbao Naggins.  
7.35 Killarney Medals & Trophies V Dungeon Bookshop.  
8.00 CG Killarney V The Wedding Guru.  
8.00 The 98 Bar V Killarney Oils  
8.25 Tatler Toffees V Dunloe Lodge  
8.25 Scotts Hotel V Mustang Sallys

### TUESDAY 1ST JULY

#### PITCH 1/ PITCH 2

6.45 Athletico Glenflesk V Connie's Sexy 7.  
6.45 FC Toba V The Brehon.  
7.10 Moriarty Photo V The Blazing Squad.  
7.10 Henderson's Bar Furies V MD O'Sheas Park Rd.



AT THE THE FIRST ROUND DRAW IN THE KILLARNEY ATHLETIC/ KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT AT SCOTTS HOTEL ON SUNDAY NIGHT WERE FROM LEFT, WILLIE HICKEY, PATRICK O'SULLIVAN, DON O'DONOGHUE (KILLARNEY ATHLETIC) AND DANNY MCCLURE. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY)

7.35 FC Polaco V Jimmy O'Briens.  
7.35 Mustang Sallys V Killarney Oils.  
8.00 The Wedding Guru V Hugh's Bar.  
8.00 CG Killarney V The Ross Inn.  
8.25 Scotts Hotel V Charlies Angels.  
8.25 Mackey's Crew V Dunboy Greener Homes.

### WEDNESDAY 2ND JULY

#### PITCH 1/ PITCH 2

6.45 Kate Kearney's Cottage V Tatler Toffees.  
6.45 Moriarty Photo V Athletico Glenflesk.  
7.10 Dennehy's Corner Bar V Killarney Medals & Trophies.  
7.10 The Blazing Squad V Connie's Sexy 7.  
7.35 Bilbao Naggins V Speakeasy Bar.  
7.35 Tricel V Fossa City.  
8.00 FC Faha Court V Dunloe Lodge.  
8.00 O'Callaghan's Bar V The Ross Inn.  
8.25 The 98 Bar V Charlies Angels.  
8.25 FC Toba V Henderson's Bar Furies.

### THURSDAY 3RD JULY

#### PITCH 1/ PITCH 2

6.45 The Brehon V MD O'Sheas Park Rd.  
6.45 The Wedding Guru V O'Callaghan's Bar.  
7.10 Scotts Hotel V The 98 Bar.  
7.10 Hugh's Bar V The Ross Inn.  
7.35 Mackey's Crew V Tricel.  
7.35 Mustang Sally's V Charlies Angels.  
8.00 Dunboy Greener Homes V Fossa City.  
8.00 Currow City FC V Killarney Medals & Trophies.

### GROUP 1

CG Killarney, The Wedding Guru  
Hugh's Bar, O'Callaghan's Bar  
The Ross Inn

### GROUP 2

FC Polaco, Bilbao Naggins  
Jimmy O'Brien's, Speakeasy Bar

### GROUP 3

FC Faha Court, Kate Kearney's College  
Tatler Toffees, Dunloe Lodge

### GROUP 4

Dennehy's Corner Bar  
Currow City FC, Kly Medals & Trophies  
Dungeon Bookshop

### GROUP 5

Mackey's Crew, Dunboy Greener Homes  
Tricel, Fossa City

### GROUP 6

Scotts Hotel, Mustang Sallys  
The 98 Bar, Killarney Oils  
Charlies Angels

### GROUP 7

Moriarty Photo, The Blazing Squad  
Athletico Glenflesk, Connies Sexy 7's

### GROUP 8

FC Toba, The Brehon  
Henderson Bar Furies  
MD O'Shea Park Road



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## DEERPARK PITCH & PUTT NOTES

**By John Kelly**

Deerpark played host to the Munster Strokeplay qualifiers on Sunday with members from Tralee, Castleisland, Derpark and GlenEagle involved. **RESULTS AS FOLLOWS:** Senior James Blake Tralee with a most impressive 20 under and 86 Nett.

Intermediate: 1st St John Kelliher Deerpark Nett 85, 2nd Aidan O'Connor, Castleisland Nett 91, 3rd John Fitzgterlad Castleisland Nett 92.

Junior: 1st John Clifton Castleisland Nett 82, 2nd Sean Ashe GlenEagle Nett 88, 3rd Aidan O'Sullivan Tralee Nett 89, 4th James Fleming, Deerpark Nett 90.

Those results are subject to qualifying players being available to play in the finals in Douglas on July 13th and if not available replacements will be available for those players as they finished in the qualifiers.

**CHAIRMAN'S PRIZE ON SUNDAY JUNE 15TH**  
Overall Nett St John Kelliher 84, Overall Gross John McGrath 90, Second Nett Creagh Courtney 85.

Senior Nett Conor McCarthy 93, Intermediate Nett Jason O'Brien, Junior Nett James Fleming 86, Ladies Nett Betty O'Brien 97, U-16 Prize Michael Cronin IOI. Presentation of those prizes will take place along with the recent Club Strokeplay will take place at the Ricky Kelly Barbeque on July 20th. The proceeds of this three man Scramble will again be donated towards Cystic Fibrosis and the entry fee per team is €100.

**WEDNESDAY EVENING FOURBALL:**  
Winners of last Wednesday evening's scramble were Gearoid Cronin, Michael O'Connor and Shane Collins. This competition continues each Wednesday at 7-30pm.

**SUMMER CAMP 7TH TO 9TH JULY:**  
Application forms for the Summer Camp which will be held in Deerpark from July 7th to 9th. Entry fee is €35 per child, €60 for two children and €90 for three children. Further information available from 087-6403417.

**PLAYER HANDICAPS:** There has been a recent review of player's handicaps, if unsure of your handicap please make contact with the latest register currently on display in the Clubhouse or alternatively contact Sean at 086 - 0508686.

**REGISTRATION CARDS:** Members who may not have collected their current membership cards are reminded that they are still available for collection in the Clubhouse.

**SPORTS PREDICTOR:** The response to the recent Sports Predictor was most satisfactory and hopefully will result in a much needed financial support for the club. All entries are now updated to a spreadsheet on the Website with the winners to be announced by the end of September.

**CLUB COMPETITION:** Due to the Qualifiers in Castleisland on this Sunday Deerpark will not have a competition. Best Wishes are extended to our competitors from Deerpark on Sunday,

## FIRIES GOLF SOCIETY

Firies golf society held their captains day in honour of 2014 captain Derek Comerford at Beaufort golf club on Saturday the 14th of June. 1st overall was Malcolm Fleming with 39 points playing of a handicap of 14.

1st cat A - Mike Mccarron 38 pts (12).

2nd cat A - Thomas Oconnor 37 pts (18).

3rd cat A - James Jones 37 pts (12).

1st cat B Martin ring 28 pts (20).

2nd cat B Tom Farrelly 26 pts (24).

Front nine Mick O'Neill 21 pts (13).

Back nine pat Goulding 19 pts (19).

Longest drive Anthony Palmer.

Nearest the pin Mick O'Neill.

Guest prize Dominic Foley 39 pts (21).

Captain Derek Comerford would like to thank everyone at Beaufort golf club plus everyone who took part in his special day.

## KENMARE GOLF CLUB

**RESULTS MEN:**

1st Philip Duggan [9] 37pts.

2nd James O'Donoghue 11] 36pts

3rd Colm O'Sullivan [20] 36pts

**LADIES:**

1st Brenda Holden [22] 45pts.

2nd Christine Foley [18] 40pts.

3rd Anne Kelly Murphy [30] 39pts.

## KILLARNEY GOLF CLUB

**LADIES**

**RESULTS OF SUNDAYS COMPETITION SPONSOR SAFE GUARD SECUEITY, 3 BALL TEAM S/FORD, KILLEEN COURSE**

1st Susan Tong (16), Margaret Brosnan (21), Julie Leonard (23) 82pts.

2nd Mary Geaney (11), Joan Buckley (22), Winnie Ryan (22), 78 pts (bk.9).

3rd Sinead Lynch (17), Sheila Crowley (25) Mary B. O'Connor (28) 78 pts.

Skibbereen beat Killarney in the Challenge Cup and Killarney beat Castletroy in the Junior Cup, both matches were played in Ballybunion on Saturday 21st June. Killarney will play Dooks in Tralee in the next round of the Junior Cup on 6th July, 2014, at 1.15 p.m.

The Irish Ladies Close was played at Inniscrone, Co. Sligo, last week Friday 13th to Wednesday 18th June. Mairead Martin and Catriona Griffin qualified for the Match Play, Valerie Clancy qualified for the Ita Wallace Plate. Valerie won the final having beaten a number of 2 handicappers on her way. Mairead Martin has been picked for the Irish Girls Team Under 18 which is being played in Slovenia. Valerie Clancy will be playing in the Junior British Open. Mairead, Catriona and Valerie are Playing in the Ulster Girls Competition at Malone, Belfast. Congratulations and good luck in the next Competitions.

## KILLORGLIN GOLF CLUB

**RESULTS: OF KILLORGLIN GOLF CLUB'S WEEKEND COMPETITION SPONSORED BY CROMANE SEAFOODS:**

1st - Paul McKenna (10) 44 pts.

2nd - Martin Smith (17) 40 pts.

3rd - Eugene Kennedy (9) 38 pts.

Gross - Dennis Bird 78 gross.

4th - Shane Flynn (13) 38 pts.

## KILLORGLIN GOLF CLUB

**LADIES RESULTS: 18 HOLE SINGLE STABLEFORD SPONSORED BY THE A.I.B.:**

1. Eibhlin McCarthy (12) 45 pts. 2. Coral Kiely (33) 38 pts. 3. Maura O'Boyle, Lady Captain (28) 37 pts (B9).

**SILVER SWANS: 12 HOLE STABLEFORD 17/06/14:** 1. Coral Kiely (36) 26 pts. 2. Phil Anne Foley (36) (27-2) 25pts.

**FIXTURE:** The Eileen Murphy Foursomes can be played Saturday 28th June. Choose your own partner and enter on Time Sheet, 2pm to 3pm. Qualifier for Cork in September. 12 Hole re-entry Stableford sponsored by Hon. Secretary Eileen Bell in aid of St Joseph's Home and Palliative Care continues until further notice.

**CAPTAIN'S PRIZE TO LADIES:** Captain Mike Kennedy invites Ladies to take part in a 12 Hole Stableford competition on Sunday 29th June at 3pm. It's a pre-entry. Draw for partners.

Best of Luck to Captain Mike for his Captain's Prize Day on Sunday 29th from the Ladies Club.

## RING OF KERRY GOLF CLUB

**RESULTS: SINGLES STABLEFORD GOTY**

1st: Tommy O'Driscoll (1) 37pts.

2nd: Toby Steadman (6) 36pts.

3rd: Eamonn O'Driscoll (5) 36pts.

**CONGRATULATIONS:** To the Ring of Kerry team for winning the JB O'Shea Trophy at the weekend. A great score of 93pts from Toby Steadman, Michael Kirby, Eugene O'Sullivan and Joe Harrington, narrowly over coming Dooks (92pts) and Ceann Sibeal (91pts).

27th June - Lady Vice Captains Day - 3-Person. OPEN Lady Team Event - Visitors €20.

28th / 29th June - Singles Stableford GOTY.

1st July - Tuesday OPEN singles Visitors €15.

## ROSS GOLF CLUB

**GENTS:**

**RESULTS:** On June 21st our Captain Aidan O'Connor held his Captain's Day in glorious mid summer weather. The course was in immaculate condition and there was a large turnout of golfers on the day for this prestigious prize. Once the golf was done there was an equally large turnout for the presentation of prizes and the barbeque in the clubhouse that night. There was the usual music and craic in the best of Ross traditions and a very enjoyable social night was had by all.

**THE FOLLOWING WERE THE WINNERS:**

1. Virginijus Jonikaitis (28) 61.

2. Ambrose O'Donovan (13) 68.

3. Donnagh Moynihan (10) 68.

Best Gross David Hennebery (5) 79.

4. Tom Coleman (18) 68.

5. Thomas O'Regan (12) 69.

6. Renaldas Bendikas Jnr (17) 69.



Front Nine ... John Ivory.  
Back Nine .. Jimmy Smyth.  
Past Captain... Con O'Mahony.

On Sunday June 29th we will hold an 18 hole single stableford competition. The timesheet is now available in the clubhouse so please add your name to it as soon as possible.

**CLUB MATCHPLAY CHAMPIONSHIP:** Please note the deadline for the completion of the next round of the Club Matchplay championship is June 28th and all competitors are requested to adhere to this deadline.

**CONGRATULATIONS:** To Jordanas Jonikaitis following his success in winning the Open Junior competition at the Castlemartyr Golf Resort last weekend.

Congratulations to the Ross Ladies Intermediate team on their great win in Ballybunion at the weekend.

## ROSS GOLF CLUB

### LADIES

**FIXTURES:** Sunday June 29th club sponsored 9 hole competition.

**MIXED FOURSOMES:** A reminder that the final date for the first round of the mixed foursomes matches is Sunday June 29th. The good weather continues and it is a great time to take the opportunity to play these matches. The best of luck to all.

On Saturday June 21st, in Ballybunion's testing links Casheen course our Minor Cup and Intermediate Cup teams were competing in their resceptive matches. Our Minor Cup team took on Ballybunion, but it wasn't to be Ross' day, as it was the locals who came out on top. For our Intermediate Team it was Douglas who were their opposition. Congratulations to the ladies who had a great win over Douglas. The Intermediate team now go into the quarter final



PHOTOGRAPHED AT THE PRESENTATION OF PRIZES FOR AIDAN O'CONNOR'S CAPTAINS DAY AT THE ROSS GC WERE FRONT (L TO R) DEIRDRE CREMIN, CHRISTY'S IRISH STORES, VIRGINIJUS JONIKAITIS, WINNER, AIDAN O'CONNOR, CAPTAIN, AMBROSE O'DONOVAN, RUNNER UP, THOMAS O'REGAN. BACK (L TO R) CON O'MAHONY, DONNAGH MOYNIHAN, JIMMY SMYTH, TOM COLEMAN, JOHN IVORY, DAVID HENNEBERY, FINBARR BERRY.

of the Munster region against Dooks in Tralee Golf course on Sunday July 6th. Well done ladies. Again a big thanks to our managers, caddies and supporters of both teams who gave of their time on the day.

## PARKNASILLA GOLF CLUB

**FIXTURE; MEN:** Fr O'Sullivan Memorial Cup, open, 18 holes stableford until Sun June 29th

**RESULTS LADIES:** Mr Mike Merrill Captain's Prize to the ladies: 1st Marie O'Sullivan (31) 48 pts, 2nd Therese O'Leary (32) 43 pts, 3rd Cass Fitzpatrick (32) 34 pts.



THE KILLARNEY JUNIOR FRED DALY TEAM WHO BEAT BANTRY BAY IN THE 1ST ROUND OF THE JUNIOR FRED DALY CHAMPIONSHIP, HELD AT BEAUFORT GOLF CLUB ON JUNE 22. BACK ROW - JOHN KERRISK, MATT RENNIE, STEPHEN KELLIHER AND MAURICE PRENDIVILLE. FRONT ROW ERIC DUNLEA, CAIMAN MANGAN AND PAUDIE CLIFFORD. PHOTO KIERAN MANGAN

## KILLARNEY GOLF CLUB

### MEN'S:

#### SINGLES STABLEFORD MAHONY'S POINT, 22/6/2014

1st James Devane (11) 42, 2nd Fergus McCarthy (24) 41, 3rd Denis A Murphy (10) 41, 4th Conor McNeice (6) 40, 5th Paddy Looney (24) 40.

Best Gross Donal Considine (5) 38 CAT 2 (7-11) Fergus Houlihan (9) 37 CAT 3 (12-17) Gerard Walsh (14) 38 CAT 4 (18+) Pat Fogarty (23) 36.

### JUNIOR SCRATCH CUP:

#### MAHONY'S POINT, 21ST JUNE 2014

1. George McKensie Vass (6) 71.

2. Eric Dunlea (5) 72.

3. Paul Murphy (5) 75.

4. Eamonn O'Driscoll (5) 75.

Nett: Brian O'Regan(7) 69.

### INTERMEDIATE SCRATCH CUP

#### 21ST JUNE 2014, MAHONY'S POINT

1. Gerard Moroney (11) 79.

2. Padraig Sweeney (10) 79.

3. Graeme O Flaherty (13) 80.

4. Pat Kelliher (15) 82.

Nett: Jim Sheehan(11) 70.

**OPEN DAY:** The next Open day is on 2nd July on Killeen. Visitor Entry Fee: €40, Member Entry Fee: €10. Format: Singles Stableford

## GLENEAGLE PITCH & PUTT

Last Sunday we had the Munster strokeplay qualifying competition and congratulations to Sean Ashe for making the grade. The finals will take place in Douglas on 13th July.

This Sunday the national qualifying strokeplay competition will be held in Castleisland.





# Farming Outlook

## REVISED REGULATIONS FOR AGRICULTURAL VEHICLES



The Minister for Transport, Tourism & Sport Leo Varadkar has recently signed legislation introducing revised standards for agricultural vehicles.

### Why are the regulations changing?

These standards take effect from 1st January 2016 and are being introduced following a comprehensive review, including a public consultation, undertaken by the Road Safety Authority (RSA) over a prolonged period in 2008-2009 which examined the current legislation, policy and practice relating to the use of agricultural vehicles on public roads.

The current regulations are in place for more than half a century during which time agricultural vehicles have become bigger, faster and more powerful, and their use has been expanded to include a wide variety of tasks outside the scope of the current regulations.

Agricultural vehicles are now widely used on our roads; they are generally constructed to very high standards and it is important that the regulatory

regime reflects the developments in agricultural vehicle technology and requires them to comply with recognised vehicle standards in relation to a number of key safety areas, i.e. braking, suspension systems, tyres and lighting as well as the weights for which they are designed.

The majority of correctly maintained tractors already in use comply with the revised standards being introduced. Those that do not comply are likely to need only minor remedial works carried out such as fitment of a flashing amber beacon and/or a replacement manufacturer's plate indicating their design axle weights and maximum permitted towable masses.

Trailers already in service will also be able to continue in use, but, due to varying construction standards, some will need remedial work carried out if they are intended to be used at higher weights and at speeds of more than 40 km/h. Tractors and trailers operating at higher speeds and weights will also be required to be appropriately plated and speed rated.

A summary of these standards is as follows:

**Braking:** More powerful braking systems will be required for agricultural vehicles operating at speeds in excess of 40km/h. Most of the correctly maintained tractors which have come into use in the past 30 years already meet these requirements.

**Lighting & Visibility:** Agricultural vehicles will need to be equipped with appropriate lighting systems, flashing amber beacons and reflective markings.

**Weights, Dimensions & Coupling:** New national weight limits are being introduced. These will enable tractor and trailer combinations which are unplatd to continue in use at limits which are safe for such vehicles, i.e. combinations of agricultural tractors and trailers, where either of them is

unplatd, will have their maximum towable mass capped at 3 times the tractor's unladen weight.

Plated tractors and trailer combinations will benefit from being able to operate at higher weight limits of up to 24 and 34 tonnes for tandem and triaxle agricultural trailers respectively that meet certain additional requirements; i.e. they must be plated, they must be fitted with a flexible suspension system, they must be fitted with flotation tyres for operation at 10 tonnes per axle in the case of a tandem axle trailer or 9 tonnes per axle in the case of a triaxle trailer, and finally they must be fitted with a steered or steering axles if they have an axle spacing of 1.8 metres or greater.

Exemptions from compliance with the revised national weight limits are being provided for certain types of interchangeable towed equipment such as slurry tankers, manure or fertiliser spreaders and grain chaser bins.

**Plating & Speed Rating:** Trailers operating at weights exceeding 19 tonnes or at speeds exceeding 40 km/h will require fitment of both an authorisation (i.e. a national weights and dimensions plate) and a speed disc.

If you are unsure as to whether your vehicle or vehicles comply with these revised standards, we recommend that you contact the vehicle manufacturer or one of their authorised distributors for advice.

**Penalties:** Breach of the new Regulations may result in a direct summons to court, whereby on conviction, courts may impose a class C fine (up to €2,500), a prison sentence or both on both the person who commits the offence and on the owner of the vehicle. For further queries in relation to the new regulations please contact the RSA Vehicle Standards Division on 096 25014 from 8am to 6pm Monday to Friday or by email at agvehicles@rsa.ie



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## KERRY QUEEN LAUNCHES AIB CLUB OF THE YEAR 2014

The Kerry Blue Jean Country Queen, Aileen Cullinane from Cordal, helped launch the AIB Macra na Feirme Club of the Year and Best New Member competitions last week. She launched the competition alongside title sponsor AIB, represented by Anne Finnegan, and Kieran O'Dowd, Macra na Feirme National President. Kerry clubs like last year's winners, Berrings Macra, Muskerry, Co. Cork, who work hard to improve their club and their community are now invited to apply for the 2014 competition. Application forms are available from Macra National Office and on [www.macra.ie](http://www.macra.ie). The aim of the competition is to recognise and reward the hard work and commitment of clubs and members. Six clubs are selected to go forward to the national final, which will take place at this year's Annual Conference (Rally) in Portlaoise over the October bank holiday weekend. Commending the thousands of Macra members who make huge efforts to improve their clubs and communities, Macra National President, Kieran O'Dowd,

highlighted the importance of the competition. "The efforts of young people should be recognised and encouraged. Macra clubs take great pride in being cornerstones of their communities. Macra would like to thank AIB for supporting our efforts to recognise their work and success". The 'AIB Best New Member' Award will also be presented as part of the Club of the Year competition to one individual Macra member who is deemed by his/her club to have made a significant contribution to the development of the club during their first year of membership. The 'AIB Best Emerging Club' category is specifically for new and emerging Macra clubs. The AIB Best Emerging Club award has been designed to acknowledge the achievements of newly established Macra clubs. Application forms have been distributed to clubs who can submit their applications directly to Macra national office. To request a form please call 01 426 8900 or go to the download section of [www.macra.ie](http://www.macra.ie)



AT THE LAUNCH OF THE 2014 AIB CLUB OF THE YEAR COMPETITION MACRA NATIONAL PRESIDENT, KIERAN O'DOWD, WITH KERRY COUNTY BLUE JEAN COUNTRY QUEEN FINALIST, AILEEN CULLINANE AND DR ANNE FINNEGAN AIB. THEY ARE PICTURED AT THE BLUE JEAN COUNTRY QUEEN FESTIVAL WHICH TOOK PLACE OVER THE JUNE BANK HOLIDAY WEEKEND IN CO. MEATH.



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**GRASS RESEEDING TO INCREASE PROFITS:** Grass reseeding is one of the best paying investments available to livestock farmers. To maximise grass production and utilisation target a reseeding rate of 10% of the farm area each year. Get the basics right when reseeding: herbicides, lime, fertiliser, cultivation and sowing. Choose a grass mixture with the best grass varieties available.

The best grazing mixtures will include Astonenergy and Glenveagh. Astonenergy has the highest digestibility and palatability, Glenveagh has the best ground cover of all available varieties.

**THE DECISION TO RESEED:** Grass reseeding is an important grassland management tool to increase the productivity of grass swards. Reseeded pastures will produce higher annual yields of grass compared to old swards. Grass digestibility and intake potential will improve. Essentially you are sowing the very best grass varieties that are available and replacing broadleaf weeds, grass weeds and older less productive perennial ryegrass plants. The message from research and advisory organisations in the past ten years is that reseeding pays; it delivers increased stock carrying capacity, reduces costs and increases profitability. Based on reseeding rates in Ireland in the past few years this message is being taken up by farmers. There is however much more potential to exploit this important management tool to continue improving efficiency and this should be an integral part of dairy expansion plans.

**RESEEDING ADVICE - GET THE BASICS RIGHT:** Overall reseeding: Identify paddocks to reseed - Poor yield performance and low Perennial Ryegrass content (less than 50%). Timing of reseeding: The farm needs a good supply of grass and suitable soil conditions to carry out the cultivation and seed sowing operation. Both

requirements are weather dependent. Spring reseeding generally leads to more successful establishment and gives better opportunities for post emergence weed control. Spray off the old sward with Glyphosate. Get a soil test done and apply Lime, Phosphate and Potash as recommended. Apply Nitrogen at or after sowing. Select a suitable grass seed mixture with the best available varieties and sow at 14-16kg per acre. A fine firm seedbed is essential whether ploughing or not. Ideally cover the seeds and always roll well. Monitor closely for pest attack from the date of sowing and take action where necessary. Slugs, Leatherjackets, Frit Fly and Rabbits are the main threats. Post emergence weed control is essential particularly for docks and thistles. Normally apply herbicide 5-6 weeks after sowing. Get advice on the most suitable product.

**OVERSEEDING GRASS SEED INTO EXISTING SWARDS:** Suitable on well managed grassland where sward density is reduced - not suitable on old 'butty' swards. Ensure the field is correctly fertilised; soil sample and apply N, P, K and lime as required.

Ideally harvest a heavy crop of silage as the regrowth of the existing sward will be slowed down and this will give the new seeds a better opportunity to germinate and establish. Select a suitable grass seed mixture with the best available varieties and sow at 10kg per acre. Choose the grass mixture based on the intended use of the pasture. A higher than normal tetraploid content can improve establishment due to their upright growth habit. Sow seeds with a suitable drill / slot seeder; there are a number of purpose built machines available. Alternatively, broadcast seed and apply 2000 gallons per acre of watery slurry.

Monitor closely for pest attack from the date of sowing and take action where necessary. Slugs, Leatherjackets, Frit Fly and Rabbits are the main threats. Slugs can be particularly troublesome and preventative treatment with slug pellets is recommended.

Graze at least every 3 weeks for the rest of the season, do not allow covers to go over 1200kg DM/ha; this is to avoid shading of the new seedlings. Best to graze for the rest of the season, if silage crops have to be taken then cut a light crop. Fertilise well for the season.



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## Outlook Marts Directory

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## Parking Notices and Road Closures



The Ring of Kerry Charity Cycle committee are asking for your cooperation and assistance with parking and access to the town on the weekend of the 4th & 5th July. This is the biggest fundraising event in Kerry and we really do appreciate your patience and assistance.

**Please be advised that both sides of New street car park will be closed for parking from 7am July 4th until 8pm July 5th, 2014.**

Alternative car parking will be available for short stays and cars only at the Cathedral field, entrance on Port Road. (with the kind permission of Fr Kieran O'Brien ADMI)  
*This carpark will be manned by Rathmore Social Action Group.*

Parking for cyclists will be provided on the four approach roads from 5am to 8 am on Saturday morning, please obey the stewards. All cyclists are being asked to use this facility to ensure

smooth traffic flow and ease congestion during this time.

### ROAD CLOSURES

Saturday 5th July Mission Road and Beech Road will be closed to traffic from 5am to 9.00am and 1pm to 8pm. Please obey the stewards and follow the extensive diversion routes.

*Thank you again for your cooperation in securing the success of this Charity Event.*

[www.ringofkerrycycle.ie](http://www.ringofkerrycycle.ie)



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## Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses:

### Sports Recreation & Exercise Course (ETK69) – Killarney.

If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** 30<sup>th</sup> June 2014. **Duration:** 46 weeks. **Certification:** FETAC Major Award in Sports Recreation and Exercise SM5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

### Java Associate Course (ET0R7) – Tralee.

This course is for people who wish to pursue careers in Java programming and software development. It covers part I and part II of the Oracle Certified Professional Java Programming syllabus. The course includes 10 weeks of work-based training in Java programming. **Start Date:** 7<sup>th</sup> July 2014. **Duration:** 50 Weeks. **Certification:** Oracle Certified Professional Java Programmer I (1Z0-803) and Oracle Certified Professional Java Programmer II (1Z0-804).

### Marketing Course (ET4R9) – Tralee.

This course is for people who wish to pursue marketing as a career or those who wish to incorporate marketing into their existing range of business skills in order to enhance their career and job prospects. **Start Date:** 7<sup>th</sup> July 2014. **Duration:** 42 weeks. **Certification:** FETAC Level 5 Major Award in Marketing.

### Legal Administration Traineeship (ETS07) – Tralee.

This course is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. **Start Date:** 7<sup>th</sup> July 2014. **Duration:** 41 weeks. **Certification:** FETAC Level 5 Major Award in Office Administration.

### Accounting Technician of Ireland – First Year Course (ET214) – Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises of year one of the two year Diploma for Accounting Technicians qualification. The course is designed to provide students with a solid grounding in business and a strong foundation in accountancy. It covers Financial Accounting, Taxation, Law & Ethics and Business Management. **Start Date:** 15<sup>th</sup> September. **Duration:** 42 weeks. **Certification:** First Year Certificate for Accounting Technicians.

### Media Techniques – Radio Course (ET283) – Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 8<sup>th</sup> September 2014. **Duration:** 42 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

### Computer Applications Course (ET430) – Tralee.

This course is an excellent starting point for people who wish to pursue careers as office administrators. They will develop a wide range of skills in general office administration, computer applications, payroll and accounting. Graduates of this course may progress to year 2 of the Advanced Certificate in Office Information Systems at the Institute of Technology Tralee. **Start Dates:** 8<sup>th</sup> September 2014 in Tralee. **Duration:** 40 weeks. **Certification:** City & Guilds Level 1 Certificate in Office Procedures and ITQ Certificates for IT Users Levels 1 & 2; FETAC Level 5 Component Certificates in Manual and Computerised Payroll, Manual and Computerised Bookkeeping and Accounts, and Business Management.

### Heavy Goods Vehicle Driving Rigid (HGV) (ET394) – Killarney.

This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. **Start Date:** 22<sup>nd</sup> September 2014. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, FETAC Minor Award for Counterbalance or Reach Forklift Truck Driving, and ADR Certification for Drivers.

### Surf Instructor and Beach Lifeguard Course (ET1Z3) – County Kerry.

The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructing. Participants will also receive lifeguarding and aquatic first aid qualification. **Start Date:** 29<sup>th</sup> September 2014. **Duration:** 25 weeks. **Certification:** Surfing Skills Instructor Level 1 – Irish Surf Association (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

To apply or get further information on any of the above courses please contact

**Kerry ETB Training Centre,**

Monavalley Industrial Estate, Tralee.

TEL: 066 71 47606. E-mail: [training@kerryetbtrainingcentres.ie](mailto:training@kerryetbtrainingcentres.ie)

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## ECO-FRIENDLY ACTIVITIES FOR VERY YOUNG CHILDREN

Environmental protection is an issue that affects our children deeply. The condition of the world when they grow up will shape their health and their lives. Even very young toddlers can be introduced to the idea of living green as they help parents or other caregivers toss paper and plastic into recycling bins or turn off lights when leaving a room.

- Singing. Most children love to raise their voices ... in song or otherwise. Belting out simple, repetitive lyrics is a great way for kids to learn "Repair, Reuse, Repurpose, Recycle," the basic 4 R's of going green.
- Making Noise. Accompany the singing with the sweet sound of banging. Have youngsters tap out a rhythm on old metal or plastic containers and other objects (unbreakable, please!) before placing them in the appropriate recycling bin.
- Counting. Ask your children to count items to be recycled as they go into the bin. Tots who are not yet familiar with numbers can describe their colours instead.
- Bossing Mom and Dad. This is great for under-fives. Make some obvious mismatches, along the lines of: "Let's see, this old glass pickle jar belongs in the paper recycling, right?" Your little ones will have a great time correcting your mistakes.

## THE ELDERLY IN CHINA TAKE DEATH AND BURIAL VERY SERIOUSLY

A number of elderly Chinese citizens took their own lives in the province of Anhui in April and May. They weren't ill or depressed. They killed themselves to ensure they could be buried rather than cremated. Traditions associated with death and burial remain a cornerstone of Chinese culture. This is especially true for Chinese senior citizens from the more rural areas of the country. They plan for their deaths years, even decades, in advance. It can

sometimes take that long to save up for an elaborate and beautiful casket.

"My grandparents are in their 80s. Their coffins were made at least 15 years ago," one woman said "A coffin purchase is like a house purchase to them and means a lot." The Chinese historically have viewed the corporal body as an ancestral gift. Many believe upon death it should be placed in the ground, intact, near the family's ancestral village.

"Chinese people value death as life itself; it is not an end, rather, a new beginning. People treat the ancestors who passed away as if they were still alive, which explains the concept of a burial of a complete body in a coffin and burning money and clothes made of paper," a professor at Beihang University said.

Unfortunately, authorities believe there's literally no room for this type of ancestral homage today. The Chinese government has been encouraging greater use of cremation or burial at sea as far back as 1949, with mixed results.

Nine million Chinese die every year. Cemetery space is almost non-existent and burial has been prohibited in all but the most rural areas for years.

In Anhui province, officials say it was concern over fires caused during ritual burial celebrations in 2013 that caused them to crack down in 2014. To ensure adherence to the new cremation-only policy, in April and May they began visiting funeral homes and even private residences to register and destroy caskets.

Shock and outrage over this decision triggered a spate of sudden suicides. Among those who took their own lives — or attempted to do so — were:

An 81 year old hanged herself on May 13. Her suicide note explained that she'd killed herself to be sure she could have the death she wished and she wanted to be buried.

A 91 year old man hanged himself from a tree on May 6th, an hour after his son returned from a meeting and told him authorities planned to begin seizing coffins to ensure compliance with the new cremation policy. The man had a special red lacquered coffin stored lovingly under a cover in his room, made from the wood

of 12 fir trees.

An 83 year old woman was so appalled after officials arrived at her home and sawed her coffin in half that she hanged herself on May 23rd and an 81 year old woman, hanged herself in her own backyard on April 18th after authorities showed up at her home to register her coffin.

Another 88 year old woman had purchased her coffin over a decade ago and kept it near her bed. Since April 20th, she's tried to poison herself four times by drinking pesticide because authorities tried to seize her coffin. She agreed to stop attempting to take her life after officials agreed not to take the coffin.

Despite the evidence to the contrary, the official stance of the Anhui Civil Affairs Department is that there is no connection between the suicides and the new burial rules. Those who chose to die in April and May needed to be absolutely sure authorities would honour their desire to be buried. Beating the deadline was the only way.

Though much has been made of the June 1 deadline, the transition to cremation is being phased in. By the close of 2014, 50% of people who die will have to be cremated. By the end of 2015, that number rises to 70% and to 80% by 2016.

## THIS WEEKS QUOTE:

"There is no religion without love and people may talk as much as they like about their religion, but if it does not teach them to be good and kind to man and beast, it is all a sham." - Anna Sewell.

## ON THIS DATE – JUNE 27TH:

1693 - The first woman's magazine The Ladies' Mercury published in London.

1833 - Prudence Crandall, a white woman, arrested for conducting an academy for African American females at Canterbury Connecticut.

1846 - Birth of Irish statesman, Charles Stewart Parnell.

1915 - Death of Jeremiah O'Donovan Rossa, Fenian leader in the U.S.

1916 - Roger Casement was convicted of treason and sentenced to death.

1944 - Between May 15th and this date 476,000 were deported to Auschwitz concentration camp.

1954 - CIA-sponsored rebels overthrew elected government of Guatemala.

1954 - The world's first nuclear power station opened in Obninsk, near Moscow.

2001 - The golden eagle landed in Ireland for the first time in nearly a century. Six chicks of the bird-of-prey arrived in Co. Donegal from the Scottish Highlands at the start of a programme to re-introduce a species that became extinct in 1912.

2001 - Death of former Labour deputy Michael Moynihan. The 84-year-old was a TD for Kerry South during the 1980s and early 1990s. He also served as a Minister of State at the Department of Trade, Commerce and Tourism.



## GOOD NEWS

Some people may call a dog named "Peanut," ugly, or even hideous, but others, after hearing his story, will likely refer to the disfigured mixed-breed dog simply as survivor. On Friday, Peanut was crowned the 2014 "World's Ugliest Dog" at the Sonoma-Marin Fair in Petaluma, California. Peanut's unique appearance is the result of having been set on fire by his previous owner. When Peanut was originally discovered after the abuse, he was said to be near death and the abused dog resided at a shelter for nine long months before Holly Chandler met, and fell in love, with him.

The two-year-old dog's guardian, Ms. Chandler, of North Carolina, entered Peanut in the contest to help raise awareness about animal abuse.

Ms. Chandler sees past Peanut's physical anomalies - in fact, she thinks that they simply add character, I guess I don't see him every day as being that ugly. But I guess the judges thought so.

The 2013 winner of the World's Ugliest Dog contest was a four-year-old beagle, boxer, basset hound mix named "Walle," from Chico, California.

In November 2013, a former World's Ugliest Dog winner passed away. The dog, named Elwood, had won the title in 2007; he passed away on Thanksgiving Day. The former title holder was the inspiration for a children's book, written by his guardian, Karen Quigley, called "Everyone Loves Elwood."

## NOW LAUGHING IS SUPPOSED TO BE BAD FOR OUR HEALTH

A study of the reported benefits and damage of laughter in patients from 1946 to the present has shown that laughter is bad for you but chuckling is good for your health.

One woman with racing heart syndrome collapsed and died after a period of intense laughter and laughing 'fit to burst' was found to cause possible heart rupture or a torn gullet. A quick intake of breath during laughing was also discovered to often cause inhalation of foreign bodies and can also provoke asthma attacks, while bursts of laughter were also proven to cause incontinence and trigger hernias.

However the review found that chuckling can also have a positive impact in health saying it reduces arterial wall stiffness, which researchers suggest may relieve tension. And it lowered the risk of heart attack.

Hospital clowns improved lung function in patients with chronic obstructive pulmonary disease and 'genuine laughter' for a whole day could burn 2000 calories and lower the blood sugar in diabetics.

Researchers from Birmingham and Oxford universities concluded laughter can have serious health implications.

## WELL DONE INDIA

Recently the Supreme Court in India issued a landmark verdict that banned the use of bulls for entertainment purposes. These include jallikattu, rekla races, and horse and bull races. These entertainment venues are abusive and traumatic to both men and bulls, and the verdict should be praised. Dr. Nanditha Krishna, who is the chairperson of Humane Society International/India and is a member of Humane Society International, stated that this decision is a huge victory for animal rights, and those that were a part of the fight should be thanked and congratulated for their work.

Jallikattu is when crowds of men chase and torment bulls for entertainment. The practice often leads to bulls and men getting injured, and according to Humane Society International, there is nothing "intellectual or cultural in fighting bulls." The bulls are taunted by the crowds, tails twisted and broken, and are wrestled to the ground and prodded with studded nail sticks. Chili powder is also thrown into the bull's eyes to make them crazy, and alcohol is also forcibly poured down their throats. The origin of jallikattu comes from the man's domestication of cattle, "which gave him the draught power of the bull and milk from the cow." As with many cultures and traditions that are harmful to our animals or humans, we've learned to give them up for more humane actions. Just as child marriage and slavery used to be tradition, humans have since learned that this practice is cruel and should be given up.

## JUST A THOUGHT

Pneumonia and diarrhoea kill more children every year than AIDS, TB, and malaria combined. With proven, affordable childhood vaccines, we can help put a stop to this. But one in five children around the world today still doesn't have access to vaccines.

The Global Alliance for Vaccines and Immunisation has saved more than 6 million children's lives and helped immunize 440 million kids since 2000. And if it gets the funding it deserves in the next year, GAVI can save more than 5 million additional lives in the next five years.

## 5 LIGHTENING MYTHS THAT COULD KILL YOU

When it comes to staying safe from lightning strikes, everything you think you know is probably wrong. That's the word from weather experts, who worry that outdated advice and persistent myths about thunder and lightning storms may be backfiring, putting people in danger instead of protecting them from harm.

1. Golfers are most at risk of getting hit. Not true. In 6 years Fishermen accounted for more than three times as many fatalities as golfers — and camping and boating each chalked up almost twice as many deaths as golf.

2. The "30/30 rule" can keep you safe. It's been years since experts relied on the 30/30

rule, which went like this: If it takes less than 30 seconds to hear thunder after seeing a lightning flash, lightning is close enough to pose a threat, go indoors. And, after the storm ends, wait 30 minutes before resuming outdoor activities. Instead, the new advice is just to go inside either a substantial shelter or a hard-topped metal vehicle at the first sound of thunder. Once there, experts still recommend waiting a half-hour before going back outside.

3. If you're caught outside, assume the "lightning squat." The idea was to squat down low with your two feet together," Jensenius said. "Some had you putting your hands over your head or your ears, basically to get yourself into a ball." But that's also wrong. People are endangered as much by ground lighting as they are by a direct strike. For instance, lightning can hit a tree and then spread along the surface of the earth. If you're crouching on the ground, you're likely to get hit. Again, the best advice is to head to shelter at the first sign of a storm.

4. Just go ahead with your plans during a lightning storm. The biggest mistake most people make is not being willing to cancel or postpone activities when dangerous weather crops up. Men, who make up more than 80% of lightning fatalities, are notoriously unwilling to postpone a hike or head back to shore on a fishing trip. But that stubbornness may be a deadly decision.

5. You'll hear a storm in time to get to safety. People are able to hear thunder from about 10 miles away. But any number of factors can interfere with the warning. In many cases you can't hear it that far because of background noise, you won't hear it if you're near a motorway or in a crowd at a football game. And if the wind is blowing, it would muffle the sound.

**Bottom line:** Don't take chances with lightning. The odds of being struck may be one in a million in a given year and one in 10,000 over a lifetime, but it's better not to be that one.

## FINALLY THIS WEEK

A burglar broke into a house one night. He shone his flashlight around, looking for valuables when a voice in the dark said, 'Jesus knows you're here.' He nearly jumped out of his skin, clicked his flashlight off, and froze. When he heard nothing more, he shook his head and continued. Just as he pulled the stereo out so he could disconnect the wires, clear as a bell he heard 'Jesus is watching you.' Startled, he shone his light around frantically, looking for the source of the voice. Finally, in the corner of the room, his flashlight beam came to rest on a parrot. 'Did you say that?' he hissed at the parrot. 'Yes,' the parrot confessed, then squawked, 'I'm just trying to warn you that he's watching you.' The burglar relaxed. 'Warn me, huh? Who in the world are you?' 'Moses,' replied the bird. 'Moses?' the burglar laughed. 'What kind of people would name a bird Moses?' 'The kind of people who would name a Rottweiler Jesus,' Moses replied.



## ACKNOWLEDGEMENT 1ST ANNIVERSARY



### MICHAEL NAGLE

Late of Woodlawn Park, Killarney.  
Formerly of The Dunloe Lodge  
Plunkett Street, Killarney.

*Who passed away peacefully  
on 26th June 2013.*

Mick's daughter Helen, Son in law Liam, Grandson Michael, Granddaughters Grainne, Aoife & Leana wish to thank most sincerely all who sympathised with us in our sad and what turned out to be sudden loss. We would like to say a special word of thanks to our kind neighbours, friends and relatives, who have helped and continue to help and support us in so many ways.

A very special word of thanks is also due to all the medics who were so kind and considerate to Michael during his illness, including, Dr Gary Stack G.P, Liam Sheehan Pharmacist, Dr James Ryan and his team at the Bon Secours Hospital, Tralee. To The Mercy Hospital Cork and in particular, Mr Michael O'Riordain and his team, and all the nurses and staff of the Intensive Care Unit MHC we thank you for the professionalism, patience, kindness, compassion and excellent care given to Michael and our family, we truly cannot thank you enough for all you did to help us.

We would also like to take a moment to thank all who telephoned, sent Mass Cards, or visited Mick during his illness, he truly appreciated your company, which helped to pass and shorten the long and often exhausting days. To the staff of Bru Columbanus, Wilton, Cork, a voluntary organisation providing accommodation for the relatives of the seriously ill, thank you so much for your support, and for helping to give us a home away from home, when we found ourselves in a difficult situation.

We wish to offer sincere thanks and appreciation to Sr Scholastica for leading the Rosary, to Fr Kieran O'Brien for celebrating the Funeral Mass, and to the Cathedral Choir, Vincent Warren, & Paddy Cronin RIP, and all who assisted in making the Mass personal and special.

Finally our deepest gratitude goes to Michael and Tim O'Shea of O'Sheas Funeral Directors for their kindness and understanding in helping us with the arrangements, and to all who called to our house, or contacted us to offer words of condolence and support. Everyone seemed to have a story or memory to relate of a time they remembered spending with Mick and we thank you from the bottom of our hearts for relaying all those treasured stories which brought a smile to our faces and helped wipe the tears from our eyes.

#### *Safely Home*

Lord, when the storm rages around  
me,  
And I can hold on  
no more,  
When the waves of tears  
engulf me  
And I am weary,  
battered and sore.  
Take me then and steer me  
Storm – tossed, broken  
and afraid  
Into the arms of  
Your safe harbour,  
Safely Home

*As it would not be possible to thank everyone individually please accept  
this acknowledgement as a token of our appreciation. The Holy  
Sacrifice of Mass has been offered for your intentions.*

## HOLY WATER - A MEANS OF SPIRITUAL WEALTH

HOLY WATER is a sacramental that remits venial sin, because of the blessing attached to it, Holy Church strongly urges its use upon Her Children, especially when dangers threaten, such as fire, storms, sickness and other calamities.

Every Catholic home should have always in it a supply of Holy Water.

WE DO NOT TAKE ADVANTAGE OF THE BENEFITS DERIVED FROM HOLY WATER.

LET US CULTIVATE ITS USE.

UNTOLD Spiritual Wealth is concentrated in a tiny drop of blessed water.

AND WE GIVE IT SO LITTLE THOUGHT.

## THANKS GIVING

Sacred Heart of Jesus, Padre Pio and Our Blessed Lady, a thousand thank you for everything and all the Saints and Souls.

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted. Thanks to St Anthony and Our Lady.

## PRAYER FOR MOTHERS IN DISTRESS

Our Lady of Guadalupe wrap your mantle around the woman most in distress at this moment. St. John the Baptist hold them by the hand and lead to all the alters of the world where the Precious Blood of Jesus is shed.

Our Glory Be to the Father.  
Please promote.

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.  
And to all of the Saints for favours received

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## NOVENA TO THE HOLY SPIRIT

O Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things you have given me as you confirm once again that I never wanted to be separated from you in spite of all material illusions. I wish to be with you in Eternal Glory. Thank you for mercy towards me and mine. This prayer must be said for three days, after three days the favour will be granted.

## NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and ever day throughout the world forever. Amen".

Pray, whether you believe or not.

Publish on the 9th day.

Your request will be granted no matter how difficult it may seem.

Favour often granted on the third day.

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.  
And to all of the Saints for favours received



## ACKNOWLEDGEMENT 1ST ANNIVERSARY



## HEALY

**Declan Healy, Rockfield, Faha, Killarney, Co. Kerry.**  
**Who died on 21st May 2013.**

On this the first anniversary of Declan's departure from us, we, his wife Mary, daughter Gemma, son-in-law Savio and his beloved granddaughters Izzy & Eloa wish to remember his life with us and to extend a very sincere **THANK YOU** to all of you who travelled with us on our heartbreaking journey over the past year. Your kindness, compassion and support will never be forgotten.

*"A friendly smile, a casual touch, there are things that mean so much.  
To know you are with us in our time of sorrow, sharing our prayers, today and tomorrow. God gives us the comfort in the form of good friends, may His peace be with you, His love never ends."*

To know so many people felt so warmly about Declan comforts us greatly.

We express our deep appreciation to those who attended the removal and the funeral Mass, travelling from near and far, those who sent messages and Mass cards, letters and phone calls.

We would like to acknowledge most sincerely Declan's consultant Dr Michael Clarkson, his GP Dr Eamonn Shanahan, the staff of the Dialysis Unit at Kerry General Hospital and the staff of Ward 4C at Cork University Hospital for their expertise, professionalism, kindness and respect shown to Declan during his time in their care.

We would like to thank Sr. Canisius who led the rosary at the removal and priests Fr. Bernard Healy, Fr. Gerard O'Leary, Fr. Pat O'Donnell, Fr. Paddy O'Donoghue and Fr. Larry Kelly, O'Shea's Funeral Directors especially Michael O'Shea for his professionalism and kindness, Hilda Bradley and the choir and all who participated in the Funeral Mass for Declan. Dr. Eurig and Margaret Davies and their son Huw, lifelong friends of Declan's who travelled from Wales to be with us.

We would like to thank all who donated so generously to the Dialysis Unit at Kerry General Hospital

**Mass has been offered for all of your intentions and happiness.**

We loved him dearly and miss him in so many ways every day.  
Ar dheis Dé go raibh a anam dílis.

"May you continue to inspire us,  
To enter each day with a generous heart,  
To serve the call of courage and love. Until we see your face again  
In that land where there is no more separation,  
Where all tears will be wiped from our mind,  
And where we will never lose you again"

### In Memory

Declan, you are smiling at us warmly, And your eyes are shining bright,  
And you listen while we tell you, All the news we have tonight.  
We're just hoping you can hear us, Since you're now so far away,  
And it's only just your photo, We can speak to every day.  
So when we're feeling lonely, And we miss you in the world,  
We look over at your picture, And have a quiet word.  
If you can hear us talking,  
And you're sad you can't take part, We don't want you to worry,  
We still have you in our hearts. The gates of memories never closed,  
We miss you more than anyone knows.

**Sadly missed and never forgotten. Forever loved by: Your wife Mary, daughter Gemma, son-in-law Savio & granddaughters Izzy & Eloa.**

## DEBT REMOVAL PRAYER

Lord, I confess I've made mistakes, I have accumulated too much debt, and now I cannot imagine overcoming it without your help. Please Lord, I beg of you to intercede on my behalf. Provide me with the financial means to be able to breath again. Please forgive my sins Lord. Walk with me and help me to make the right decisions throughout my life. In your name I pray. Amen. You must say 3 Our Fathers for 7 Days. Must promise publication. Never Know to fail. **B.L.**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. **S.O.S.**

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Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and ever day throughout the world forever. Amen". Pray, whether you believe or not. Publish on the 9th day. Your request will be granted no matter how difficult it may seem. Favour often granted on the third day.

## THE MIRACLE PRAYER

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## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. **M.L.**

## NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish. **S.P.**

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received  
**x**

## THANKS

Sacred Heart,  
Lady of Lourdes,  
Holy Spirit,  
St. Therese



# Gleeson's Spar

College Street, Killarney



## HAS NOW REOPENED



*We would like to take this opportunity to say a big thank you to all the businesses in the vicinity of College Street and Kenmare place and to Killarney Taxi drivers who had to endure major disruption and congestion during the rebuilding of Brewery Lane and College Square. Their patience and co operation was very much appreciated. So lets hope from here on it is back to business as usual.*

- Donagh Gleeson.

**Part of the totally revamped store is a new Spar Sit Down Cafe.**

### Opening Week Specials

Club Sandwich & Tea/Coffee	€4.00
Warm Chicken Salad & Tea/Coffee	€4.50
Maple Pecan & Tea/Coffee	€2.50

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