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KILLARNEY Outlook

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SPLIT 135 mins 7 DAYS 6:30 9:00	BALLERINA 100 mins SAT/SUN 12:05 2:05
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Killarney has proved a hit with TripAdvisor travellers in the annual Travellers' Choice Awards, with many establishments in the town making the grade. The town also had a visit from the Air Ambulance this week to launch a vital life saving service which is due to begin in the coming months. The participants in this year's Strictly Come Dancing are putting their final touches to their performances, Chamber President Paul O'Neill is looking for the public's opinion on the future of the Arus Phadraig and the parish of Glenflesk is expecting an influx of 5K participants when they host Run for the Bus on Sunday. Kerry Footballer Aidan O'Mahony has decided to hang up his boots after a star studded 14 years wearing the county colours, Sleeping Beauty is set to take centre stage in Rathmore and Catholic Schools Week was launched this week in Faha. The Chernobyl Coffee morning is on next Thursday at the Killarney Golf and Fishing Club and the community in Muckross are all set to launch their Text Alert Service. All this and much more in this week's Killarney Outlook - Out first every Friday.

*Aisling Crosbie,
Editor.*

STRICTLY COMES DANCING ONTO THE INEC STAGE



STRICTLY COME DANCING 2017. PICTURES: MARIE CARROLL-O'SULLIVAN.

It's that time of year again, the countdown to the 2017 Strictly Come Dancing Killarney is well underway. The Killarney/South Kerry Branch of the Irish Cancer Society are back for their third year running with this year's theme..Strictly Goes Back to the 80's'. We can look forward to a great night of entertainment on Friday 10th February in the INEC. Taking to the stage, will be 26 dancers from the local community. The talented troupe includes teachers, hairdressers, business people and care workers. This week in the Killarney Outlook we take a look at the first

six couple taking part in this year's show. They include Jennifer McCarthy & Timmy O'Connor who plan taking a Quick Step onto the stage, Marion O'Shea & Andrew O'Sullivan who are looking forward to performing their take on the American Smooth, Kerry O'Connor & Jim Morris are hoping to Wow the audience at the INEC with their Show Dance, Brid O'Donnell & Den Tomo O'Sullivan plan on waltzing their way onto the INEC, Norma Lucey & Sean Canty will take to the stage at the INEC dancing the Paso Doble and dancing the Samba at

this years Strictly Come Dancing supporting the Irish Cancer Society on Friday 10th Feb at the INEC are Padriag O'Connor & Tracey Brosnan Sheahan. Last year's couples raised an unbelievable €56,045 which was presented to the Killarney/South Kerry branch of the Irish Cancer Society. The show is not to be missed, there will also be a wine reception and raffle on the night. Tickets cost 20.00 per adult and 10.00 per child (under 12) and are available from the INEC Killarney box office. Meet the final seven couples in next week's Killarney Outlook.



TAKING A QUICK STEP ONTO THE STAGE AT STRICTLY COME DANCING 2017 SUPPORTING THE IRISH CANCER SOCIETY ON FEB 10TH, JENNIFER MCCARTHY & TIMMY O'CONNOR.



WALTZING THEIR WAY ONTO THE INEC STAGE FOR 2017 STRICTLY COME DANCING ON FRIDAY 10TH FEBRUARY L-R BRID O'DONNELL & DEN TOMO O'SULLIVAN.



MARION O'SHEA & ANDREW O'SULLIVAN LOOKING FORWARD TO PERFORMING THEIR TAKE ON THE AMERICAN SMOOTH AT THIS YEARS IRISH CANCER SOCIETY'S STRICTLY COME DANCING AT THE INEC ON FEB 10TH.



HOPING TO WOW THE AUDIENCE AT THE INEC WITH THEIR SHOW DANCE, KERRY O'CONNOR & JIM MORRIS WILL TAKE TO THE STAGE FOR THE IRISH CANCER SOCIETY'S STRICTLY COME DANCING 2017.



DANCING THE SAMBA AT THIS YEARS STRICTLY COME DANCING SUPPORTING THE IRISH CANCER SOCIETY ON FRIDAY 10TH FEB AT THE INEC, PADRIAG O'CONNOR & TRACEY BROSNAN SHEAHAN.



NORMA LUCEY & SEAN CANTY WHO WILL TAKE TO THE STAGE AT THE INEC DANCING THE PASO DOBLE.

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BRAVE LEAH URGES PEOPLE TO RUN FOR THE BUS

Despite battling with a rare form of cancer, Glenflesk teenager Leah Lynch is urging the community to get behind a major fundraiser for the Kerry Cork Health Link bus which is being held on Sunday 29th January. The first Run for the Bus event will be a 5k family fun run which will take place at Glenflesk GAA pitch this Sunday.

Leah was diagnosed with Ewing's Sarcoma in November and started chemotherapy treatment at Cork University Hospital before Christmas. Leah's mother, Breda Lynch is one of the founding members of the Glenflesk ag Rith jogging group who are staging the event.

The Kerry Cork Health Link bus brings patients from Kerry to Cork for cancer treatment and passes Breda's house five days a week. The



A HUGE TURN OUT TO THE LAUNCH OF 'AG RITH', INCLUDING TD MICHAEL HEALY RAE AT THE SHIRE. THE 5K FAMILY FUN RUN WILL TAKE PLACE ON SUNDAY, JANUARY 29TH IN GLENFLESK TO RAISE FUNDS FOR THE CORK KERRY CANCER BUS LINK. PICTURE MARIE CARROLL-O'SULLIVAN.



LAUNCHING THE GLENFLESK 5K FAMILY FUN RUN AT THE SHIRE, TAKING PLACE ON SUNDAY 29TH JAN WERE L-R OLLIE FAVIER, CORINNA FAVIER, MARIAN & DAN FAVIER, DANIELLE FAVIER & KIERAN O'HALLORAN. PICTURE MARIE CARROLL-O'SULLIVAN.

importance of the service inspired them to get involved.

Although Leah is not using the service, her treatment requires her to stay in the hospital, the kind hearted teen and her family are eager to help organisers. Glenflesk ag Rith's event #RunfortheBus in Aid of Kerry/Cork Health link was launched in The Shire last Friday night.

The run will take place from 12 noon until

2:30pm. The suggested donation is €10.00 per adult, €5.00 euro per child or €20.00 per family (two adults and two children) Spot prizes, music and refreshments will be available.

The Kerry Cork Health link bus is entirely funded by sponsorship and fundraising events with no government or HSE funding so it is vital they get support from the local community.

TIME SAVED – LIVES SAVED.... AIR AMBULANCE TOUCHES DOWN IN KILLARNEY



KILLARNEY'S ORDER OF MALTA TEAM PICTURED AT FITZGERALD STADIUM WITH THE NEW HELICOPTER, A NEW SERVICE AVAILABLE TO THE PEOPLE OF KERRY IN THE COMING MONTHS. PICTURE MARIE CARROLL-O'SULLIVAN.

The Irish Community Air Ambulance (ICAA) touched down in the Fitzgerald Stadium in Killarney yesterday morning as part of a promotion to introduce the new Helicopter Emergency Medical Service (HEMS) which is set to begin later this year in Munster and South Leinster.

Irish Community Air Ambulance are committed to providing safe, effective, and timely emergency medical care to those seriously ill or injured in Ireland through the provision of a dedicated air ambulance service.

Irish Community Rapid Response was established in 2008 to deliver professional pre

hospital care directly to the site of medical emergencies throughout Ireland. Their volunteer doctors have made a significant difference while working in association with the National Ambulance Service when responding to 999/112 emergency calls. Building on this experience and success the ICAA will provide Ireland's first dedicated doctor led helicopter emergency medical service (HEMS). Based out of Cork Airport, Irish Community Air Ambulance will provide a vital lifesaving service to the greater Munster area, offering fast access to advanced clinical interventions at the roadside by highly trained pre-hospital emergency care physicians.

ICAA serves to ensure that the Right people are in the Right place at the Right time with the Right equipment and the Right skills to achieve the Right outcome.

The helicopter is spending the next ten days travelling to every county in Munster and South Leinster to raise awareness and plans to visit towns in the future to raise funds. If you would like to help fund this vital service you can text FLIGHT to 50300 to donate €4 to the Irish Community Air Ambulance.



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FRIENDS RALLY AROUND MAUREEN

Following the shock diagnosis of MS in February of last year, local woman Maureen Kelliher is slowly coming to terms with living with this debilitating disease and her friends and neighbours have rallied around her in an effort to support her daily struggle with life.

"Since her diagnosis, her everyday life has been drastically changed by her condition", close friend and fundraiser Mary McCarrick told the Killarney Outlook.

"She has always been an active member of the community and though she remains one, her circumstances have become extremely different since her diagnosis".

Unable to walk without any support Maureen uses a walking aid constantly to help her go about her everyday life. What most would take for granted, like simply being able to sit in a car or do the shopping, is a struggle that Maureen strives to overcome. Having ignored her symptoms for such a long time, Maureen wishes she had contacted her doctor sooner. Her message is that it is essential that those

who think that they might be experiencing symptoms of M.S. to contact their doctor sooner rather than later. The support Maureen and her family have received from the M.S. society, the HSE and the local community has been overwhelming. It is with their help that life has become easier for Maureen and her family to cope with the circumstances they have been faced with. They are extremely grateful for the support and are eager to start 2017 on a positive note.

If you would like to donate to the Friends of Maureen Kelliher you can do so at the following **CREDIT UNION'S**.

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A/C NUMBER 60169

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BIC: RDRNIE21

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FAMILY AND FRIENDS SUPPORT LOCAL WOMAN MAUREEN KELLIHER. INCLUDED ARE MARY MCCARRICK, MAUREEN KELLIHER, ANN COURTNEY AND MARC KELLIHER.

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You can also put your donation in an envelope and drop it into Denis O'Brien's shop in Glenflesk. Spillane's Bar, Headford.

Tadhg O'Donoghue's Shop Barraduff.

ALL SYSTEMS GO FOR GNEEVEGUILLA ATHLETIC CLUB



ORGANISER OF THE EVENT
TOM JOE O'DONOGHUE

Having just completed a very successful indoor track season and winning the Top Ladies Masters Club in the Munster Championships in Nenagh last Sunday, Gneeveguilla Athletic Club are preparing to re-commence their 5k

series. The first leg will begin at the Demense near Deenagh Lodge on February 4th at 11 am.

The route will be the same for all races if the weather permits.

This route is the fastest 5k around and will remain the same.

"We will be expecting some 140 runners each day and the dates are February 4th/11th/18th/25th", Tom Joe O'Donoghue, told the Killarney Outlook. Registration at the Old Monastery from 9:30 am onwards. €5.00 per race. The course will be timed by the clubs electronic timing done by John Barnet, Brid Stack and recorded by Nora Flynn.

3 legs out of 4 will suffice for prizes as follows

1st 10 Men

1st 10 Ladies

First 2 ladies: 035-040-045-050-055-060

First 2 ladies born: 1999-2001-2003-2005-2007

First 2 men born 1999-2001-2003-2005-2007

First 2 Master men: 035-040-045-050-055-060-065-070

There will be a presentation on Day 4 in the Old Monastery on Port Road. The club would like to congratulate Sheila O'Donoghue who broke the National Record in the shot putt over 50 and goes forward to the International Championships later in the year.

CHAMBER ENCOURAGES PUBLIC TO ENGAGE ON ÁRAS PHÁDRAIG ISSUE

GIVEN the enormous potential of the building and the important role it is likely to play in Killarney's future, the town's business community has appealed for an enthusiastic response to the public consultation process on the future use of the Áras Phádraig complex.

Kerry County Council has engaged a team of consultants to conduct a feasibility study to assess the potential future use of the property on Lewis Road and it will involve an online survey through which people can share their views. Killarney Chamber of Tourism and Commerce has encouraged the public to fully engage with the consultation process and to make every effort to attend the public meeting to ensure every voice can be heard.

Chamber President, Paul O'Neill, said it is vital that the full potential of the property is realised and that the people of Killarney have a say on its future. "The Áras Phádraig has been invaluable to Killarney down through the

years and, more importantly, it has enormous potential going forward. "There will, hopefully, be many worthwhile and innovative proposals as to its future use and the Chamber wishes to encourage everybody to ensure their voice is heard before any final decisions are made," he said. "The more views that are expressed the better for everybody concerned and it is wonderful news for Killarney that such a key building will be available again after a lapse of some years." Mr O'Neill thanked the Killarney Municipal District Council for involving the entire community in the process and he said the Chamber of Tourism and Commerce was available to offer whatever assistance and support is required. Chamber members who might have a view to offer are asked to contact the Chamber office or to submit their thoughts to the Municipal District page on the [www.killarney.ie](http://killarney.ie) website: <http://killarney.ie/killarney-municipal-district/kerry-county-council/>



KILLARNEY CHAMBER PRESIDENT PAUL O'NEILL.

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SLEEPING BEAUTY TAKES CENTRE STAGE IN RATHMORE



THE LEADS IN MARIAN PLAYERS PRODUCTION OF SLEEPING BEAUTY.

Marian Players Rathmore are preparing to present their 30th annual Panto. Sleeping Beauty will take to the stage with its first performance on Saturday 28th January in Rathmore Community Centre at 7.30pm and continues on selected dates up to February 5th. Matinee show at 3 pm on Sundays.

The talented cast include: Fairy Godmother - Margaret O'Sullivan, King Edwin - Jimmy Kelly, Queen Henrietta - Nora Coakley, Dame Dolly Tubbs - Paweł Swies, Tommy Tubbs -



THE CAST IN MARIAN PLAYERS PRODUCTION OF SLEEPING BEAUTY.

Brian Hickey, Hawksworth - Mike Cronin, Bertie Ponsonby-Smythe - Shane Dillane, The Wicked Fairy - Carmel O'Keeffe, Rosie - Maria Doyle, Colonel Bogey - David Reen, Princess Beauty - Aine O'Sullivan, Prince Andrew - Diarmuid

Coakley.

All proceeds to Local services of Kerry Parents and Friends Association. For more information & booking Tel: **064 77 58526**.

KILLARNEY'S HOTELS A HIT WITH TRIPADVISOR TRAVELLERS



PHOTO SHOWS STAFF MEMBERS, FROM LEFT, : EOIN TRAYNOR, DUTY MANAGER, KATERINA KALETOVA, ACCOMMODATION SERVICES, NIAMH O'SHEA, GENERAL MANAGER, JESSICA HORGAN, SPA MANAGER, PADRAIG CASEY, GUEST SERVICES MANAGER, DARRAGH LAWLOR, KITCHEN AND MARCUS TREACY, OPERATIONS MANAGER CELEBRATING THE AWARD ON TUESDAY. PHOTO DON MACMONAGLE.

Killarney hotels have won big at the TripAdvisor Travellers' Choice Awards, proving they are still among the best in the country. The prestigious list is based on millions of reviews posted on the TripAdvisor website over the past 12 months. The Travellers' Choice winners are reviewed on service, quality and value.

The Killarney Park Hotel was named fourth best hotel in the country while The Dunloe in Beaufort came in at eighth and The Brehon has climbed two places to No. 7 on the list.

"We are very grateful to the many guests that choose to stay at The Brehon and those, in particular, that take the time to post their experiences on TripAdvisor," says Managing Director, Patrick O' Donoghue. "It is a valuable

source of feedback for us and to be listed as No. 7 in the top ten hotels in Ireland is a tremendous bonus."

Among the other local winners were Loch Lein Country House Hotel Fossa, The Ross and Earls Court House in the small hotels category. The Ross won awards in a number of categories as did the Brehon, The Killarney Park, The Dunloe and The Europe. Other award winners included Killeen House Hotel Aghadoe, The Lake Hotel, The Muckcross Park, The Fairview, The Killarney Royal, The Arbutus, Friars Glen Country House, Larkinley Lodge and Burkes Mulber House, while the Lake Hotel, the International Hotel and the Europe Hotel were in the top twenty.

LISTOWEL WRITER'S WEEK 31ST MAY TO 4TH JUNE 2017

It's time to get writing or to retrieve those short stories, poems, plays and humorous essays from your files and enter one or more of the Creative Writing Competitions being held by Listowel Writer's Week. There are only a couple of weeks left to enter and submit and you could be in with a chance of winning from the total prize fund of €40,000.

Many of the creative writing competitions are open to entries that are previously unpublished and include: The Bryan MacMahon Short Story Award, The Eamon Keane Full-Length Play in association with Siamsa Tíre, the Single Poem and the Poetry Collection, Listowel Writers'

Week Originals, the Con Houlihan Young Sports Journalist Award and Kerry County Council Creative Writing Competitions for Youth. All of the above include a generous prize fund and many can be entered online through the Listowel Writer's Week website. Closing date for receipt of entries is 3rd March 2017.

Prize-winners of all the competitions will receive their awards on the Opening Night of Listowel Writers Week on Wednesday 31st May 2017. There are two professional awards including The Kerry Group Irish Novel of the Year, which is sponsored by Kerry Group Plc, and with a prize of €15,000 it remains the largest monetary

prize for fiction available solely to Irish authors. Novels must be published between 1st February 2016 and 1st February 2017.

The Pigott Poetry Prize, now in its fourth year, is sponsored by Mark Pigott KBE and the Pigott Family. The €5,000 Prize is awarded for a published collection of Poetry by an Irish poet. Collection entries must be published between 1st February 2016 and 1st February 2017.

For any budding writers, this is an ideal opportunity to pick up a pen and write those ideas down, if you're not in it you can't win it.

For more information see

www.writersweek.ie

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BISHOP BROWNE LAUNCHES CATHOLIC SCHOOLS WEEK IN FAHA

Bishop Ray Browne has launched Catholic Schools Week in Faha National School with a prayer service reflecting this year's theme – Care for our Common Home.

Students and teachers prepared art work, songs and prayers, demonstrating a warm welcoming atmosphere and the central Catholic ethos of the school through a beautifully presented prayer service. Bishop Browne addressed second class to sixth class students of the school and praised them for their commitment to Green Schools, recycling, conservation and care for creation. He said "Catholic Schools week is an opportunity to appreciate our schools. The schooling of the person involves the school, the parents and the local community. Let us give of our best in the service of all our children in education."



PRINCIPAL JERRY FITZGERALD, KATHLEEN MCAULIFFE, BISHOP RAY BROWNE AND SENIOR STUDENTS AT FAHA PRIMARY SCHOOL LAUNCHING CATHOLIC SCHOOLS WEEK.

Excerpts from the service will be aired on Horizons, Sunday 29th at 9 on Radio Kerry and can also be listened to on the Diocesan website: dioceseofkerry.ie.

Catholic Schools Week is an annual all-Ireland

celebration of the ethos of Catholic education. It acknowledges the contribution that Catholic primary and post-primary schools make, not just to Irish society, but to the mission of the Church. Catholic Schools Week takes place from 29th January to 4th February.

On Sunday 29th January Bishop Denis Nulty, Bishop of Kildare & Leighlin, will be the chief celebrant and preacher at Mass to mark the opening of Catholic Schools Week 2017. This Mass will be broadcast by RTÉ on radio and television.

UPCOMING EXHIBITION IN KILLARNEY LIBRARY "CASE STUDIES OF THE RISING"



KILLARNEY LIBRARY.

The Military Archives exhibition, "Case Studies of the 1916 Rising" will be coming to Killarney Library next month. The exhibition comprises of 14 panels and focuses on case studies which highlight some of the individuals involved in

various aspects of the events before, during and after the Rising.

The exhibition describes the planning, training and organisation for the Rising from 1915 onwards. The topics covered include the failure to land arms and the subsequent confusion over whether the Rising would go ahead as planned. It also covers the countermanding order and the decision to continue the Rising. The case studies give a biography of people who were involved in the Rising on many levels, from senior IRB members and Volunteer Officers, to nurses serving under artillery fire, and teenage members of the Irish Citizen Army. The Military Archives have sourced numerous photographs and documents which further

illustrate this momentous period in history and feature some of the men and women that were involved. Commemorative artwork, documents, and photographs taken in the aftermath, help to give some flavour of what it must have been like.

The last panel highlights the actions of British forces in reaction to the Rising, along with a case study of an Officer who was on holidays in Ireland during that fateful week. The officer ended up reporting for duty, getting shot and being treated in Portobello Barracks Hospital, the home of the Military Archives today.

The exhibition will run from Thursday 2nd - Tuesday 28th February during library opening hours.

COUNCILLOR CALLS FOR DUNE BIKE RACING TO BE PROHIBITED

CLlr Michael Gleeson has asked Kerry County to ensure through its Beach Bye Laws that Beach Dune Bike Racing is Strictly Prohibited as the fragile nature of the County's coastal sand dunes would be further devastated by that pursuit". Kerry County Council replied that the current Bye Laws contain a prohibition on the use of off road vehicles including motorbikes and quad bikes at a number of sensitive beaches. The Council endeavour to respond to complaints received in relation to the use of such vehicles at our beaches and has carried out inspections

at Inch and other beaches in this regard. However, Kerry County Council alone cannot solve this issue and the motorbike and quad owners have to take responsibility for their actions and the potential damage they are causing to fragile ecosystems.

Councillor Gleeson said Sand Dunes are a fragile and vital aspect of our beaches and coastline. Storm damage to the Sand Dunes over recent years shows how easily they can be terribly and irrevocably damaged. Beach and Dune Bike Racing is an offshoot of motor

cross racing. High-powered motorbikes race across the sand hills and in the process do severe damage to what it took Nature centuries to create. The very precious and sometimes unique Flora and Fauna of the area are also permanently devastated.

Councillor Gleeson called on Kerry County Council to erect signage clearly prohibiting this activity and stating that any person who pursues it will be prosecuted.

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AIDAN O'MAHONY BIDS ADIEU TO THE INTERCOUNTY SCENE

BY JOHN O'LEARY, PRO KERRY COUNTY BOARD

Another link in the chain of the Kerry teams that contested six All Irelands on the trot and nine in all, is gone as Aidan O'Mahony, an ever present on those teams, called a halt to his intercounty footballing career on Monday last. The teak tough Rathmore defender bowed out having played 70 championship games for his county and a whopping 155 appearances in all when League games are taken into consideration. He will look back with pride on a career that saw him win five Celtic crosses, three National Leagues and a couple of All Star awards.

The Shrone native always had tremendous pride in the Kerry jersey and his commitment and fearless attitude endeared him to all Kerry GAA supporters over a career that stretched to fourteen years. However, time waits for no man and like many sterling Kerry footballers before him, he has to hand on the jersey to a new generation of Kerry footballers coming up through the ranks.

"It's been an absolute honour for me to wear the green and gold jersey for Kerry for the past 14 years at senior level" he said on Monday. "I leave having great respect for all the talented players I have shared my footballing career with. I am extremely grateful for all the support my teammates gave me down through the years and I have made friendships for life".

The many tributes that have been penned since his announcement are testament to the respect

in which O'Mahony was held. Kerry manager, Eamonn Fitzmaurice, led those tributes: "Over the years he has played in every defensive position for Kerry and performed every role to distinction from man marker to attacking half back, from a holding centre back to a sweeper in recent years. He was the ultimate pro in terms of the way he prepared himself for training and matches on and off the field" Echoing the sentiments of many, Fitzmaurice made special mention of his leadership skills:

"He led by example and was a driving force in the gym and on the pitch. His leadership was of particular importance in the last few years as a lot of younger players have been integrated into the panel".

Eamonn's predecessor, Jack O'Connor was no less fulsome in his praise of the man he introduced to the Kerry senior team in 2004; "Aidan had a great temperament for the big day and he marked some of the best forwards in the country over the years..... His aggression and never say die attitude was an inspiration to those around him".

His fellow players chipped in with the plaudits as well led by his great companion and fellow defensive warrior, Marc Ó Sé; "In an amateur game he was the most professional player I ever played with" was the Gaeltacht man's summation. That remark was of course a reference to the tremendous physical condition

which O'Mahony maintained throughout his career and that physical condition could be seen as late as a few weeks before Christmas when he led Rathmore to East Kerry



AIDAN O'MAHONY.

O'Donoghue

Cup victory over no less a side than All Ireland semi finalists Dr Crokes being named as the player of the tournament just a couple of weeks ago.

It's hard to believe that Aidan O'Mahony will not be gracing the sod of Fitzgerald Stadium or Croke Park or any other intercounty GAA arena in the coming season but as he himself aptly put it on Monday last "Today is the beginning of something new!!!"

On behalf of Kerry GAA supporters in Kerry and beyond all that is left to say is "Thanks for all the memories Aidan and the very best of luck to you and Denise in the future".

LETTER TO THE EDITOR THE FUTURE OF ARAS PHADRAIG.



MICHAEL HEALY-RAE TD

I welcome the fact that Kerry County Council has launched a public consultation process on the future use of the Aras Phadraig property in Killarney town. A consultancy agency has been appointed to carry

out a feasibility study to look at what future uses the property can be put to.

I also welcome that a public meeting will take place on 26th January 2017 about this matter. I believe that there is a great future for this property to be used as a small theatre which in turn can be used by many different groups for a variety of purposes. The most important thing that has to happen now is that members of the public and people representing groups and organisations and people from the world of arts would please make submissions, because

the only way the Council can really assess what the people want is if the people have their say. I again want to sincerely thank the Franciscan Order for the kind donation of the building to the people of Killarney many years ago and I know that they would dearly wish to see it being used productively for the future generations of people from Killarney town.

Kind Regards

Michael Healy-Rae T.D.

Sandymount, Kilgarvan Co. Kerry.

OUT OF SCHOOL?

Are you looking to go back into education? Are you aged 15 to 20? Would you like a second chance at education? Killarney Youthreach may be right for you. Please call into the KDYS Youth Centre or ring **064 6631748** to find out more. Killarney Youthreach was set up in 2001 as part of the Kerry Youthreach Programme –

a partnership programme between the KDYS (Kerry Diocesan Youth Service) and the Kerry Education and Training Board, in order to meet the needs of young people from Killarney and South Kerry, who have left school early. This full-time educational programme is based in the KDYS Youth Centre and offers a range of

QQI subjects allowing students to progress on to further education, training and employment.

A small training allowance is on offer and a chance to avail of professional counselling. Please call for more details.

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STUDENTS HONoured AT KERRY ETB AWARDS

Over 200 people attended the Kerry Education and Training Board Annual Student Awards event which was held in the Institute of Technology Tralee, North Campus, Dromtacker, Tralee, on Friday 20th January 2017. The guest of honour, Garda Yohan Hunt.

Colm McEvoy CEO Kerry ETB emphasised that "The success of the students that we are celebrating this evening is underpinned by the work of excellent staff in our schools and centres. This ceremony provides an opportunity to publically acknowledge the dedication and commitment of all members of Staff right across the scheme. I congratulate the School Principals, Deputy Principals, Youthreach Coordinators, Resource Workers, the Teachers and Staff in our Schools and Centres for their hard work and dedication which is the cornerstone of the students' success.

3,241 students attend Kerry ETB post primary schools and 120 participants attend Youthreach centres. Kerry ETB is very proud of their schools and centres which provide a comprehensive education for all their students. Over the last 8 years through the Kerry ETB Developing Schools Enriching Learning initiative Kerry ETB schools have put huge additional efforts into improving the quality of teaching and learning and pastoral care. Paul Lucey husband and the family of the late Kathleen Lucey a former Irish Teacher of Tralee Community College have kindly commissioned a special award for Oral Irish in Kathleen's memory. This is now an annual award for the



KILLARNEY COMMUNITY COLLEGE STUDENTS WHO WERE PRESENTED WITH THEIR KERRY ETB AWARDS ON FRIDAY EVENING AT ITT NORTH CAMPUS TRALEE. PHOTO JOE HANLEY.

student who achieves the highest results in the Optional Oral Irish in the Junior Certificate. This year Kerry ETB had two students who achieved the top marks.

Jim Finucane Cathaoirleach Kerry ETB highlighted "It is very important that we have an annual occasion to appreciate the remarkable achievements and commitment of our students. All of the students receiving awards at tonight's ceremony are very worthy recipients of this recognition by Kerry Education and Training Board."

Jim Finucane as Cathaoirleach of Kerry ETB

presented the Gold Medal Awards for Best Overall Academic Achievement to Laura Ní ChonChúiradn Ciara Ní Dhálaigh bióth from Coláiste na Sceilge and Éamonn Ó'Braoin from Gaelcholáiste Chiarraí

Kerry ETB wishes to warmly congratulate and thank all the students who received awards for their courage and commitment. School and Youthreach centre management, teachers, resource workers and parents/guardians also deserve our appreciation for their enormous contribution to education.

ST BRIGID'S TY'S ON TOUR!

TRANSITION YEAR STUDENT LEAH MOYNIHAN TELLS THE KILLARNEY OUTLOOK ABOUT THEIR RECENT TRIP TO DUBLIN



ST. BRIGID'S SECONDARY SCHOOL TRANSITION YEAR STUDENTS.

On Wednesday the 11th of January the Transition Year group of St. Brigid's Secondary School went on their annual TY trip to Dublin

City. The girls left Killarney early on Wednesday morning by train and stayed in The Mespil Hotel which was in the perfect location for their trip

as it was very central to St. Stephen's Green.

The girls of Transition Year had an action-packed few days as they visited Dail Eireann, watched the play 'Anna Karenina' in The Abbey Theatre. They visited Glasnevin Cemetery followed by a visit to the Botanic Gardens then to the BT Young Scientist Exhibition, The National Museum and they even had time to shop in Dundrum and Grafton Street! The girls thoroughly enjoyed their trip and they cannot wait to see what the rest of the TY Year has in store for them.



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THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

Sherry FitzGerald
Coghlan



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Killarney

TOWN TALK



PICTURED AT THE GLENEAGLE HOTEL FOR THE CHEQUE PRESENTATION FROM SORPOTIMIST PRESIDENT CLAIRE BOWLER (CENTRE LEFT) WHO WITH HER TEAM OF LADIES RAISED €3,000 AT THE WOMEN'S LITTLE CHRISTMAS GALA DINNER AT THE BREHON HOTEL, DIVIDED EVENLY BETWEEN ROCKMOUNT DAY CARE CENTRE, KILGARVAN & HOLY CROSS DAY CARE CENTRE, KILLARNEY PICTURE MARIE CARROLL-O'SULLIVAN.

CHERNOBYL CHARITY BREWS UP



JOAN BUCKLEY, ORGANISER

The Killarney Branch of the Friends of the Children of Chernobyl will host their annual Coffee Morning at Killarney Golf Club on Thursday next 2nd February. All funds raised on the day will go towards sending

children from two schools in the Pinsk area on holidays next summer to camps in Belarus. The group are currently supporting a number of other projects in the area including a psychiatric hospital in which they have painted and tiled the men's unit and decorated rooms on the ground floor and an orphanage which caters for 600 people from age 4 upwards. The Killarney group have helped to build a halfway house here to help facilitate the move from the orphanage into the world. Along with these projects the group continue to supply clothes, bedding, footwear etc. and there is currently a truck on route full of humanitarian aid. If you would like to support the ongoing work of the committee then why not pop out to the Killarney Golf Club on Thursday next from 10:30am to 12:30pm and enjoy a cup of coffee with some freshly baked goodies along with a chance to win one of the numerous spot prizes.

AWARD-WINNING START FOR NEW HEAD CHEF AT CAHERNANE HOUSE HOTEL

Paul O'Connor has marked his recent

appointment as Head Chef at the Cahernane House Hotel, Killarney with the addition of two AA Rosettes for the four star hotel's Herbert Restaurant. The hotel, an elegant 19th century manor house on the edge of Killarney National Park, recently re-opened under new ownership. Paul brings extensive experience from a career that includes award winning establishments such as the Sydney Opera House and, closer to home, Sheen Falls in Kenmare, Killarney's Lake Hotel, which received its first AA Rosette under his guidance, and more recently the Muckross Park Hotel.

EPILEPSY IRELAND SEEKING ROSE WEEK VOLUNTEERS

You can help Epilepsy Ireland this February by donating a few hours of your time to support their annual Rose Week appeal (February 13th – 19th). Epilepsy Ireland needs volunteers to sell roses throughout the country at shopping centres, schools, colleges and workplaces. Can you spare a few hours? Rose appeals have been an important source of funding for Epilepsy Ireland since 1992 and the charity relies on volunteers to make the appeal a success. If you are interested please email Ashley at fundraising@epilepsy.ie or call 01 4557500 to volunteer as little as two hours of your time.

HEARTBEAT

Pharmacist Owen Daly visits this month to talk about medications. Are you taking medications properly? The statistics around this are startling to say the least. Stat. 1 After 5 years only 26% of patients are still taking their cholesterol lowering medication. Stat. 2 60% of people taking 5 or more medications take them incorrectly! Do come along if you

are having difficulty in this area. There will be a question & answer session. Hear Owen speak on Monday January 30th. The Serenity centre, St. Anne's Road, Killarney at 8pm.

STORY TIME AT THE LIBRARY

Storytelling for toddlers and pre-schoolers, accompanied by parents/childminder, will take place, tomorrow, Saturday 28th January at 10.30am. Join in with the stories, music, songs, and rhymes.

MUCKROSS TEXT ALERT LAUNCHED

A public meeting to launch Text Alert in the Muckross Area will be held at 8pm on Wednesday February 1st in the Muckross Community Centre. "Text alert has proven to be a most effective and professional way in which each of us can help protect our own and our neighbours property," Liam Kelly, chairman Muckross Community Association, explained, "each of us watches out for anything suspicious, the Gardai then take whatever action is needed." "We will sign up people for text alert at a cost of €10 at the public meeting in Muckross on Wednesday February 1," Liam Kelly added, "every household in Muckross who wants to help protect their own place must be at the meeting." Garda Superintendent Flor Murphy and Diarmuid Cronin of Community Alert will attend to answer any questions.

TRAD SESSION

Come along to a music and singing session for young musicians and singers in the Travel Inn Fossa this Saturday 28th January at 5 - 6pm. This is very much a fun session where the emphasis is on playing music and singing for enjoyment. All ages and abilities. Adult musicians wishing to help are welcome. Further details Tim 087 2413116 Eileen 087 6284053

TABLE QUIZ

Killarney Musical Society are holding their annual table quiz on Thursday February 2nd in the Killarney Avenue Hotel at 8pm. Tables are €40 for a group of 4 and there will be lots of spot prizes on the night. Everybody welcome!

KILKENNY SHOP GIFT TO KERRY MENTAL HEALTH

The Kilkenny shop in Killarney has donated an incredible €4,445 to Kerry Mental Health, following their hugely successful Christmas gift wrapping campaign. The figure was made up from over €2200 in donations from their customers, which Kilkenny matched, bringing the total to €4445 which will go to help improve the lives of those in need of mental health support in the region.

Each of Kilkenny's 15 stores nationwide supported a chosen charity this Christmas, including Pieta House, The Simon Community and CARE Cancer Support Centre, with over €58,000 being raised in total by the Group.

MONEY MATTERS....

By Dermot Cronin,
Financial Advisor



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Firstly interest rates in some banks are better than others, for example one bank at the moment will only give you .01% per annum interest for having money on demand, so for €50,000 you would only get €5.00 interest over 12 months and that's even before DIRT tax is deducted. However another bank will give you 1.20% for a Deposit Account where the Interest Rate is fixed for 18 months, this amounts to €600 interest before DIRT tax. In every bank there are customers earning extremely low rates of interest at present. However, by simply shopping around or getting an advisor to check up to date interest rates you can substantially increase the amount of interest you could earn by just changing bank accounts, which is very easy to do. Also there are even better rates of interest available for other products such as longer term fixed rate deposit accounts. This can be done for you by a financial advisor who is authorised to carry out this business for you.

For further information on the above you can contact
Dermot Cronin QFA APA at **064 66 22775** or
dermotcroninifa@gmail.com

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PICTURED AT THE SHIRE FOR THE LAUNCH OF THE GLENFLESK 5K FAMILY FUN RUN IN AID OF THE CORK KERRY CANCER BUS LINK WERE L-R NOREEN MOYNIHAN, LINDA O'CONNOR & KATHY O'CONNOR. PICTURE MARIE CARROLL-O'SULLIVAN.



THE FRANCISCAN FRIARS, FONDLY KNOWN AS "THE FRIAR BRIGADE" PICTURED AT THE KILLARNEY OAKS HOTEL FOR THEIR ANNUAL GATHERING. PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT LIR CAFÉ FOR THE MORTOR NEURON FUNDRAISER WERE L-R CATHY FALVEY, NOREEN GREGOR & PHIL O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN.



MAURICE O'DONOGHUE (LEFT) & TOMÁS KELLIHER (RIGHT) PICTURED AT LIR CAFÉ SUPPORTING THE MORTOR NEURON DISEASE FUNDRAISER. PICTURE MARIE CARROLL-O'SULLIVAN.



SUPPORTING THE MORTOR NEURON DISEASE FUNDRAISER COFFEE MORNING AT LIR CAFÉ WERE L-R BRIAN STACK, FRANK MURPHY & MARY TANGNEY. PICTURE MARIE CARROLL-O'SULLIVAN.



ORGANISER OF THE MORTOR NEURON DISEASE FUNDRAISING COFFEE MORNING, ALAN OLIVER (CENTRE), PICTURED AT LIR CAFE ON WEDNESDAY WITH GILLIAN DOODY (LEFT) & JOAN CRONIN (RIGHT). PICTURE MARIE CARROLL-O'SULLIVAN.



SURPRISE CELEBRATIONS FOR BRIDIE MAHONY (SEATED CENTRE) ON THE OCCASION OF HER 70TH BIRTHDAY, PICTURED AT THE KILLARNEY OAKS HOTEL WITH HER FAMILY & FRIENDS. PICTURE MARIE CARROLL-O'SULLIVAN.



ANOTHER ROSETTE.. CHAD BYRNE, HEAD CHEF OF THE BREHON HOTEL, KILLARNEY, CENTRE, AND HIS TEAM, CELEBRATE THE PRESTIGIOUS ACCOLADES FOR CULINARY EXCELLENCE. INCLUDED ARE, ABRAHAM NUR, TONY DUANWO, TOMAZ CEMPA, DAN MOYNIHAN, IVAN TOT, DANIELLE DELANEY, DAN O'SULLIVAN, MICHAEL NOWAK, CAROLINE STILES. PHOTO: VALERIE O'SULLIVAN.



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RATHMORE/ GNEEVEGUILLA NEWS

by Michael O'Mahony

RATHMORE CREDIT UNION: SCHOOL QUIZ:

The Credit Union School Quiz will take place in Rathmore School Gym on Sunday next 29th January at 2pm sharp. There are two age categories in the quiz, under 11 and under 13 years. We look forward to meeting the children on the day and wish them the very best of luck.

COLLECTION: The Rathmore Branch of St. Vincent de Paul sincerely thank all those who contributed to our recent Church Gate collection in Shrone, Rathmore, Knocknagree, Gneeveguilla and Ballydesmond. A special word of thanks to Scoil Phobail Sliabh Luachra, Holy Family N.S., Hollymount N.S. and Danu Childcare for the enormous amount of non

perishable food collected.

GNEEVEGUILLA GAA SOCIAL: Will be on Saturday February 25th in the Hall. Music on the night by The Kelts. Limited tickets available from Club Officer's or at Club Bar.

GNEEVEGUILLA GAA: Win a trailer by entering Gneeveguilla GAA Draw. Tickets: €5 for one, €20 for a book, tickets available from Club members.

MEMBERSHIP: Now being collected at the Club Bar.

NEWS FROM CLLR MICHAEL GLEESON: Councillor Michael Gleeson of Kerry Independent Alliance is pleased to inform that he has allocated €3,000 towards the cost of undergrounding the ESB cables in Gneeveguilla and towards the cost of upgrading of the footpaths following that work. The work when completed will most assuredly enhance the overall appearance of the village.

SYMPATHY: Sympathy to the families, relatives and friends of Eileen J Quill (Cuil-Aodha),

Coolea, Cork whose death was last week. May she rest in peace.

RATHMORE PANTO: "SLEEPING BEAUTY"

All seats for all shows can be reserved for collection prior to the performance. First performance is on this Saturday January 28th and continues on selected dates up to February 5th. Full details booking are available on **064 7758526**.

AIDAN O'MAHONY RETIREMENT: We all wish Aidan O'Mahony best of luck on his retirement from Kerry Senior Football. Holder of five All Ireland medals and all stars wards and played 70 Championship game with Kerry and played up to 85 League game in his 14 years. One of the all time greats. Lets hope he continued with his club Rathmore.

NOTES: If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm Sunday,

KILCUMMIN NEWS

I.C.A.: Monthly Meeting on Wednesday 1st February at 8pm in the Rural Development Office. All ladies welcome.

NIGHT CLASSES: Killarney Community College Adult Education Night Classes. Enrol Now - Day Enrolment/Registration: please call to the school office Monday - Friday 9am to 4pm. Closing date February 3rd. A full list of courses available in the school office

064 6632008 or on website www.killarneycc.ie

ATTENTION MOMS: Moms & Minis Class every Wednesday and Friday at 10am in Kilcummin Recreational Hall. Circuit Training Class mixing weights and cardio. Fun for you and your child. €10 per class. Pay as you go. For bookings text Anza on 085 1801101.

COMHALTAS: The Annual Sult na Nóg competition in music, singing, storytelling and dancing will take place on the weekend 4th and 5th March. The age groups are U9, U11, and U13. Entry forms and rules are available at the Rural Development Office and all entries must be with the Branch Secretary by Friday 27th January.

SECRETARIAL SERVICE: Kilcummin Rural Dev. Office provide a full Secretarial Service to all groups and individuals. Assignments,

Essays, Projects, C.V.'s professionally typed, confidentiality assured. Other services include colour photocopying, laminating, e-mail, paying your motor tax online. Faxes to the Department of Agriculture for the movement of cattle can also be sent from the office. Tel: 064 6643357 or e-mail info@kilcumminparish.com

KILLARNEY MACRA: New and fun social club in Killarney for 18-35 year olds. We have a sports night Tuesday nights at 8pm in St. Mary's Parish Hall Killarney and we welcome all new members. For more details about other activities or any other aspects of the club contact Caitriona on 087-6964616

SLEEPING BEAUTY RATHMORE: Rehearsals are now well advanced for our 30th Annual Panto. All seats for all shows can be reserved for collection prior to the performance. First performance is on this Saturday January 28th and continues on selected dates up to February 5th. Full details are available on **064-7758526**.

KILCUMMIN GAA

JUVENILE COACHING COURSE: Anyone interested in undertaking a foundation level GAA course designed especially for those involved or who wish to be involved with the

under six to under ten age groups might please contact Nessa on 087-2897312. Time and date will be confirmed later once we know the level of interest.

RAMBLING HOUSE: Kilcummin Rambling House will be open on Friday 3rd February at 8.30pm. All proceeds on the night will be donated to Kilcummin Community Care. As always there will be storytelling, song ceol, tae agus braic. Fáilte isteach.

SENIOR AGM: A large crowd attended the club's Senior A.G.M. on Sunday last in the clubhouse, where they endorsed a new 10 year development plan. The initial phase will be the completion of the new training area with future plans to develop dressing room facilities and a walking track. While most officers were returned, Neilus McCarthy retired from his position of joint treasurer after 14 years. Appreciation for his commitment and time was expressed by many. Incoming officers include Childrens' officer, Niamh Dwyer, Coaching Officer Mark Moynihan, Insurance Officer is Tommy Brosnan. Monthly meetings continue first Tuesday of each month.

LISTRY NOTES

LISTRY SOCIAL COMMITTEE: We wish to remind Seniors in the Listry/Milltown and

surrounding areas that the next Social Day will be held in Listry Community Centre on Tuesday January 31st from 12 to 4pm. The usual bus service will operate and start collecting passengers at 11am approximately.

#lovekillarney



COMPETITION TIME

The Killarney Outlook, in conjunction with the Irish Cancer Society is offering readers the chance to win 2 tickets to see Strictly Come Dancing on Friday 10th February in the INEC Killarney. All you have to do is answer the following question....

Where is Strictly Come Dancing Killarney taking place?

Answer.....

Name.....

Phone no.....



GLENFLESK NOTES

GLENFLESK LOTTO: No winner of the lotto which took place in Kerry Way on 16-1-17. Jackpot - €3600. Numbers were 10, 12, 17 and 22.

€50 DRAW: 1. Nora Mai O'Sullivan curtail ads (Yearly ticket)

2. Christine Moran, Glenflesk. (sellers prize) ML O'Donoghue.

3. Jimmy O'Shea, Barraduff.

4. Cono O'Sullivan, Clohane.

5. Tom O'Sullivan, Tullaha.

The next draw will take place in John Dans on 30-1-17 and the Jackpot is €3800.

ST BRENDANS: Well done to Christopher O'Donoghue and Oran O'Donoghue who played for the Sem in their Corn Ui Mhuire QF win over Dingle. They now play St Flannans in the Semi Final on Saturday February 4th.

GLENFLESK COISTE NA NOG A.G.M: The Glenflesk Coiste Na Nog AGM will take place on Friday January 27th at 7 30pm.

5K FAMILY FUN RUN: Glenflesk Ag Rith will be hosting a 5k family fun run on the 29th of January at 12 noon at the Glenflesk GAA pitch. All proceeds going to the Kerry/Cork health link bus. Suggested donation, Adult €10, Child €5, Family 2 adults and 2 children €20.

MASS FOR THE LATE KEVIN CASEY: Mass for the late Kevin Casey, Gortacoosh (son of Paddy and Mary) will be celebrated at St Agathas Church on Friday 27th January at 7 pm.

SCHOOL REUNION: A Primary School Reunion Dance for anyone associated with the 6 schools in the Glenflesk area 16 and over on the 17/02/17 in the Gleneagle Hotel at 8:30pm. Band - Ui Bhriain. Joint fundraiser between Glenflesk GAA & Barraduff Community Field. Everyone Welcome.

RATHMORE PANTO: 30th Annual Marian Players Rathmore Panto Sleeping Beauty opens on Saturday January 28th 7.30pm. There are additional Night Shows Wednesday February

1st & Thursday 2nd & 4th Saturday at 7.30pm nightly. Mattaine at 3pm Sundays January 29th & February 5th at Community Centre Rathmore, all proceeds to Local services of Kerry parents Friends Association More information & booking Tell: 0647758526,

RAHEEN N.S: Gala Night for Raheen N.S: Actor Donal Courtney will give a performance of his one-man show on the Life of Monsignor Hugh O' Flaherty called God Has No Country, while former Lord of the Dance lead singer and TV voice coach, Elaine Canning will also perform on the night. Tickets are just €10 and are on sale at numerous outlets or by calling 087 2339725.

CONGRATULATIONS: To Flor & Eileen O'Donoghue who had the winning lotto no. 45 on Saturday the 21st of January.

CONTACT: We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.

SPA NOTES

ANNUAL AWARDS NIGHT SATURDAY FEBRUARY 4TH 2017: The 3rd Annual awards night will be held in the Torc Hotel at 7.30pm.

This is one of the main social events of the year and tickets sell out fast. Tickets only €20 for buffet/dance. Music supplied by The Two Mikes Band. A great night of entertainment honouring our members is guaranteed. Tickets on sale this week from committee members Andrew Garnett, Anne Holland, Afrian O'Sullivan, Sean Kelliher, Mathilda McCarthy and Ivor Flynn.

THE FOLLOWING ARE THE RECIPIENTS:

Lifetime Achievement: Cait O'Sullivan Darcy.

Cultural/Social Person of the Year: Seamus Clifford. Guest of Honour: Dara Moynihan.

Senior Men Nominees: Dan O'Donoghue, Michael O'Donoghue and James Devane.

Senior Ladies Nominees: Mags Cronin, Micaela O'Connor and Roisin Kearney.

Junior Player of the Year: Jamie Spillane.

Minor Player: Eoghan Cronin.

Best of luck to all. This is a sell out event and numbers are limited so get your ticket off the above committee.

LOTTO JACKPOT WINNER: Draw held in The Killarney Oaks Hotel for a jackpot of €12,200. Numbers drawn: 07, 18, 19, 23. One lucky winner was Michael Kearney, Woodlawn Park c/o William Herlihy. Next week's draw will be in The Torc Hotel for a jackpot of €3,000.

KNOW YOUR SPORT WINNER 2016: Last chance to get enter this great fundraiser and to support the club. Forms for Spa GAA Know Your Sport 2017 are out now and are available from club members. This year you can also enter online by clicking the following link: https://www.myclubfinances.com/tickets_m.asp?LL_ID=573&CLB=1

Costing just €20 per entry your knowledge on a range of sporting events as diverse as GAA to

cricket, a years entertainment is guaranteed!!! The closing date for entries is January 31st so get yours now. For further information contact John O'Donoghue and Michael O'Donoghue.

JOAN RETIRES: Joan nee O'Shea Molloy retired from Spa during the week and we will miss her enormously. Joan kept the clubhouse spotlessly clean for the past 4 years. Always greeted you with a smile on her face and was very helpful to everyone she met. It's with great regret that we lose Joan through retirement but she certainly doesn't look her age. She did her work energetically and with pride. We wish Joan every good wish in her retirement, with her husband Hans, in Castle Falls, Ross Road. Joan was one of our hard working Fás workers and thanks to Donie Foley for all his assistance in this role.

MINISTER PROMISES INCLUSIVE DISCUSSIONS WITH RESIDENTS

It might well have been the last trip on his list for good reason and it was certainly not ironic that it had the largest local political presence but Minister for Disability Finian McGrath came armed with assurances for the parents of residents at St Marys of the Angels in Beaufort. In recent months, there was a widespread campaign to keep St Mary's from closing and

with the threat of residents having to move out into the community, it created a troubling time for residents and friends. However, after the visit Chairperson of the campaign Jack Fitzpatrick conceded that he was "very pleased with the Ministers commitments".

McGrath had told the group that residents

would only be moved out if it were in their best interests; no one will be forced out. He also pledged to have inclusive discussions with residents and their families as well as creating a peer group with the HSE, family members and the St John Of Gods with an aim of Working together as a unit in the best interests of residents

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HOW ARE THOSE NEW YEARS RESOLUTIONS GOING? HAVE YOU FALLEN OFF TRACK?

This week I felt was a good time to share some of my quick easy to follow check list & guidelines I ask my clients to follow for simple lifestyle changes that last! Have a read and see how many you stick to this year already? If there is room for improvement then don't waste any time, get to work straight away.

No quick fix diet, no boot camp gruelling workouts, just plain simple easy to follow steps! Tackle one at a time week by week, month by month, and you will soon be on your way to better health, and of course a kick ass body :) but remember being consistent is key.

Tick off each item on this check list when each task complete:

Make sure you are drinking at least 2litres of water daily. Flavour up boring water with mint leaves, limes and lemons yum. Or put the kettle on and get a nice big mug of your favourite herbal teas.

Remove processed sugar from your diet. Sweets, chocolates, biscuits, sugar in teas and cereals. Try replacing with some nice natural alternatives e.g. Fruit, green smoothies, or some delicious hand made treats as chocolate alternatives (check out my website for some recipes). And plan these treats spaced out throughout the day and limit them to maybe 2

And yes alcohol is a sugar too, so if you are drinking more than the recommended guidelines weekly, maybe ask yourself if it's the booze that is causing that spare tyre and not your food. Cutting down on the booze means you can get more enjoyment out of fulfilling calories from food with none of the negative side effects from drink and a fraction of the calories. And don't fall into the category of the person who doesn't drink but eats crap to compensate for the "no booze". And you all know what I'm talking about because most of us have done it.

MORE NEXT WEEK ...

Spiritual Intuitive Energy Healer

Trisha Moloney



Trisha Moloney is a Spiritual Intuitive Energy Healer, who is a native of Co. Kerry. She will be holding *Angel workshops* in Tralee for January. Booking is essential as places are limited.

Trisha works in Tralee and Killorglin on a weekly basis. Trisha says "my unique energy healing is a non-invasive treatment, very gentle yet powerful, life changing but very effective with immediate results. It treats everything from **auto immune diseases, liver disease, pancreatitis, chronic anxiety, depression, emotional behavioural issues in kids, autism, ADHD, anger issues, digestive fatigue, low self-esteem issues (in teens), arthritis, trauma, headaches, migraine, back problems**, to name a few."

Angels only philosophy is love.

Advice is also given on nutrition if required and Trisha also practices Cognitive Behavioural Therapy (CBT)

Opening **Soon** New Healing Centre **Soul Aurora** in Tralee, across from Hennebery's Sports Shop.

Call: Trisha 085 1625095



OUTLOOK FASHION TIP:



Don't underestimated the power of accessories. Invest in a few key accessories, or put them on your gift wish-list! A good statement piece; whether it be a bag, scarf or watch will bring that day to day office wear from drab to fab.

DIET TIP

Remember that little things add up. So keep eating a little fruit here, some veggies there, continue grabbing 10 minute walks between meetings. Weight loss is a journey guided by your unique needs, so hook into what works for you – and do it!



Beauty tip

MOISTURISE

Don't apply facial oils or moisturizers that aren't oil-free over your eyelids. Your eyelids get oily on their own. If you add more oil and moisture to your eyelids, your eye makeup will definitely slip off before you're ready for it to.



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info@afitbody.ie

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Are you stressed? Are you so busy getting to the future that the present is reduced to a means of getting there?

One of the best definitions of stress I have ever heard is this: "Stress is caused by being 'here' but wanting to be 'there,' or being in the present but wanting to be (or living) in the future. One of the quickest ways to bust through stressful feelings is to anchor your self deep within your body in the present moment! This is why stress related exercise practices are so great i.e. Tai Chi, Chakranetics, Qi- Gong etc. For an instant stress release try this three-step exercise:

1. Become aware of where and when you begin to feel stressed. Notice where you feel stress in your body.
2. Place your hand over that area and breathe in deeply through your nose (as if you are smelling a rose). Exhale through your mouth (as if you are blowing out a candle).
3. Be in the moment as you connect with your breathing and body. Feel the peace that this moment brings and remind yourself quietly "Right now in this very moment, all is well."

The key is to practice doing everything in your life in the moment you are in and focusing so totally on this that there is no thought or worry of tomorrow.

For more healthy living and positive coaching tips visit my Facebook page!

066 9766374 | life_coachingunlimited@yahoo.ie



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WHAT VAT CAN AN UNREGISTERED FARMER RECLAIM?

Farmers who are not registered for VAT may reclaim VAT paid by them in respect of the following items, provided such building, structure, land or qualifying equipment is for use in a farming business carried on by the farmer for a period of not less than one year from the date of payment:

- Construction, extension, alteration or reconstruction of a building or structure which is designed for use solely or mainly for the purposes of a farming business;
- Fencing, drainage or reclamation of land for use for the purpose of a farming business;
- Electricity micro-generators for farming purposes only, for purchases after January 1, 2012.

However, if the item refunded is sold or used for mainly non-farming purposes during the following year, the VAT refund must be repaid with interest.

On what can an unregistered farmer not reclaim VAT?

- Repairs to farm buildings, structures, and farm roadways;
- Outlay on roadways to dwelling house;
- Mobile equipment and machinery;
- Repair, service and maintenance of equipment and machinery;
- ESB supply;
- Fuel, oil and diesel.

HOW TO MAKE A CLAIM

The reclaim is made on a VAT 58 claim form. You need original VAT invoices and items such as delivery dockets, statements, receipts, quotations will not be sufficient. You have only a four-year window from the end of the taxable period to which the claim relates.

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**SouthWest
Counselling Centre**

LONELINESS IN OLDER ADULTS



At SouthWest Counselling Centre we are meeting more and more elderly people who are feeling isolated and alone. What strikes me is that whilst there is a lot of emphasis on help and support for younger people there is less awareness of the availability of supports for older people. As we all know, life is an on-going journey that can present challenges at any stage

along the way. Bereavement, loneliness, declining health, fear of crime and loss of loved ones through emigration are issues that many older people are dealing with. Counselling can provide a clear space to do this and offers support and gives us a fresh perspective on things.

Many older people are feeling lonely and isolated due to a lack of social contact and connection. Social isolation has been shown to have a detrimental effect on health and well-being. It is vital therefore that we stay connected, and whenever possible reach out to others and remain actively involved in life. As social beings, most of us feel the need for social contact and relationships. Therefore I would encourage someone who is feeling lonely to establish what opportunities for social connection already exist in their community. It doesn't matter initially whether they get anything out of the actual activity, as they may meet someone of like mind and it is a great opportunity for social connection.

There are many activities in which they can join. Adult education classes can be a great way to meet like-minded people whilst also acquiring new skills. They can also help to boost our confidence and make social interaction more pleasurable. Getting involved in Community Action Groups, Local History Groups or Sporting Activities can all be very enjoyable. Participating in local church activities, organised outings or book clubs can also help to feel more connected to others. Treating ourselves to massage or reflexology can also help to relieve loneliness. Another useful activity is letter writing, perhaps for a worthy cause - such as Amnesty International. Technology forums such as the internet may provide relief from boredom and loneliness. Perhaps you could enlist the help of a young person to learn these skills. If you are feeling lonely, reach out and talk to someone today.

Senior Help Line can be contacted on (1850 440444) from 10am to 10pm for the price of a local call from anywhere in Ireland.

If you would like to speak to a counsellor, SouthWest Counselling Centre provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. To make an appointment call 064 6636416, info@southwestcounselling.ie.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre.

info@southwestcounselling.ie Kerry.

LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com

To make an appointment call 064 6636416/064 66364100

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.



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KILLARNEY CELTIC TEAM PICTURED AT CELTIC PARK WHO PLAYED AGAINST RINGMAHON RANGERS CORK IN THE MUNSTER JUNIOR CUP.
PICTURE MARIE CARROLL-O'SULLIVAN.

SCHOOLBOY/GIRL SOCCER

Even Age Action on Weekend of January 21st:

JK SPORTS 12 PREMIER:

Listowel Celtic A 3-1 Park A.
Killarney Celtic A 3-1 Killorglin A.
Mastergeeha 2-1 Iveragh United.

12 DIVISION 1: Park B 0-5 Camp Juniors.

12 DIVISION 2: MEK 3-4.

Dingle Bay Rovers 4-1 Killarney Celtic C.

JK SPORTS 12 GIRLS PREMIER:

Listowel Celtic 5-2 Killarney Celtic.
Camp Juniors 3-0 Mastergeeha.

FOUNDATION SPORTS 14 PREMIER:

Camp Juniors 2-7 Killorglin.
Park A 3-3 Killarney Celtic A.
Mastergeeha 0-2 Listowel Celtic A.

14 DIVISION 1: Fenit 0-0 Ballyhar Dynamos.

Park B 0-5 Iveragh United.
Dingle Bay Rovers 3-2 Inter Kenmare.

TRALEE TROPHY WORLD 15 PREMIER:

Mastergeeha 2-4 Killorglin A.

16 DIVISION 1: Listowel Celtic 3-0 Ballyhar.

Camp Juniors 2-1 Inter Kenmare.

Ballyheigue 1-3 Killarney Athletic.

16 DIVISION 2: St Bernard's 5-0 Fenit.

REPORTS:

NEW LEADERS IN 12 PREMIER: In the JK Sports 12 Premier Killarney Celtic's 3-1 win over Killorglin A sees them move to the top of the table. Calvin O'Sullivan hit a hat trick for Celtic with Stevie Gannon replying for Killorglin. This win sees Celtic in good form heading into their National Cup Last 32 clash this weekend at home to Carndonagh from Donegal. Previous leaders Iveragh United lost their first game in 4 as they went down 2-1 to Mastergeeha who have moved to within three points of top spot. Jack Fogarty scored both goals for Mastergeeha with Ben Egan replying for the South Kerry side who remain on 9 points just 1 behind Celtic. Listowel Celtic scored an important win to keep themselves in contention. They defeated Park A 3-1 thanks to goals from Cormac Dillon, who scored 2, and Shane O'Sullivan and are now on 4 points and have games in hand. Hopefully The Park can get back to winning ways next

weekend in the National Cup but they face a tough trip to Belvedere.

CAMP JUNIORS WIN ONLY DIVISION 1

GAME: Camp Juniors 5-0 win over Park B sees them move up the table and into joint third place.

DINGLE BAY MAKES IT 5 FROM 5 IN

DIVISION 2: 5 games played and 5 wins sees Dingle Bay Rovers well clear at the top of the 12's Division 2. Their latest win saw them defeat Killarney Celtic C 4-1. Aaron Hughes, Paddy Ryan, Alex Buchannan and Conor Corduff got the goals for the West Kerry boys with Jason O'Sullivan replying for Celtic C.

Tralee Dynamos impressive improvement continued and they are now up to second place in the Division but they were pushed all the way before winning 4-3.

Dynamos got all their goals in the first half and led 4-1, thanks to goals from Alex Clifford, Paddy McMahon, Gearoid O'Sheary and Evan Quilligan with Christopher Doody replying for MEK. Finnish Kennelly and Rocco Sheehan pulled two further goals back for the Mid and East Kerry side but they just couldn't pull level in this cracking game.

LISTOWEL WIN GIRLS BATTLE OF THE

CELTIC'S: Listowel Celtic 12's girls won the battle of the Celtic's as they defeated their Killarney namesakes 5-2 to stay unbeaten and top of the table. Ciara Henderson hit a hat trick for Listowel Celtic and her three goals were added to by scores from Kelly Enright and Lily Twomey. Lucy O'Sullivan and Elizabeth Coffey scored for Killarney Celtic.

Camp Juniors took the points from Mastergeeha on a 3-0 score-line.

NEW LEADER IN THE 14 PREMIER:

Killorglin's 5th win from 5 games has seen them move to the top of the Foundation Sport 14 Premier table. They were 7-2 winners over third placed Camp Juniors, who in fairness to them, had an off day. Dylan Moriarty with 3, Eoghan Hassett got 2 and Adam Owens and Cillian Burke one each for the new League leaders. Cian Wright replied for Camp Juniors with his penalty levelling matters. However summing up their day Killorglin re-too the lead directly from the kick-off!

The Park went into the day's play in top spot and looked like keeping it as they led Killarney Celtic 3-0 at half time. Ryan Guerin, Darragh Caplis and Cian Brosnan put the Tralee side in pole position. However things changed totally in the second half when 2 Daniel Okute goals and one from Ronan Coffey earned them a share of the points.

Listowel Celtic will be happy that their work on the training ground is paying off as they secured their first three points of the season following a 2-0 away win at Mastergeeha. Dylan Breen with a cracking header and Dylan Quinn gave Listowel Celtic the points.

LEADER'S HELD TO SCORELESS DRAW IN 14 DIVISION 1 BUT REMAIN

TOP: Ballyhar have moved to the top of the Foundation Sports 14 Division but only by a point as they were held to a 0-0 draw against Fenit.

Iveragh United are up to third place behind Tralee Dynamos and Ballyhar after they were 5-0 winners away to Park B. Cathal O'Shea hit a hat-trick with Seamus Curran and Andrew Walsh getting the other two.

Dingle Bay Rovers climbed the table to 5th after a hard fought 3-2 win at home to Inter Kenmare. Mark Manning scored twice and Tomas O'Se scored once for Dingle Bay whose keeper Patrick Saunders also saved a penalty. Corey Murphy and Simon O'Connor got the Inter goals.

KILLORGLIN UP TO 3RD IN 16 PREMIER:

An Eoin Clifford hat trick and one from Stephen Sealey saw Killorglin defeat Mastergeeha 4-2 and move up to third in the Tralee Trophy World 16 Premier table. Paul O'Shea and Dylan Murphy got the Mastergeeha goals.

LEADERS IN DIVISION 1 WIN BUT ARE PUSHED ALL THE WAY:

Camp Juniors continue to lead the 16's Division 1 but were pushed all the way by Inter Kenmare. This game was always going to be a cracker and it didn't disappoint. Jack Farrell put Camp ahead in the first half with a 25 yard screamer, giving David Chui Chui in the Inter goal no chance.

Tom Murnane and Mark Looney both hit the post as Camp Juniors held their lead into the second half but in the 75th minute the visitors equalised through Jimmy Murphy. A draw looked like being the result until long range cracker late on, this time from Chris Kane, gave Camp Juniors the win.

Killarney Athletic remains in second place after their 3-1 away win at Ballyheigue. Liam Kelliher scored twice, with his first being an unstoppable effort from distance, and Harry Potts once to put Athletic in control. Ballyheigue score late on for what was just a consolation goal.

Listowel Celtic moved up to third place with a 3-0 home win over Ballyhar Dynamos. Cian McGrath scored twice and Brendan O'Neill once in their win.

SAINTS TOP OF DIVISION 2 ON THEIR

OWN: With joint leaders Asdee not playing St Bernard's took full advantage to move three points clear, but with a game more played. Liam Rice, Darragh Slattery, Killian Dooley, Colin Walsh and Declan O'Donoghue all got on the score sheet.

14'S FRIENDLY V SOUTH TIPPERARY PLAYED IN UL: SOUTH TIPPERARY

0-5 KERRY: Killian Burke, Daniel Okute, Con Brosnan, Washington Solomon and Brendan O'Leary scored for Kerry.

The Leagues had 2 squads on duty with Kerry narrowly going down 2-1 in the second game. Tadgh O'Donoghue got the goal. Both games were an important part of the continuing build up to this summer Kennedy Cup.

MASTERGEEHA FC

PREMIER U12: IVERAGH 1

MASTERGEEHA 2: Away in south Kerry on Saturday morning the got a hard earned three points. Jack Fogarty scored both goals in a good team performance.

PREMIER U14: MASTERGEEHA 0

LISTOWEL 2: In this close game the sides were 0-0 with ten minutes remaining before the visitors took the lead. After this Mastergeeha pushed forward in search of the equaliser with Cian Foley and Brendan O'Leary going close. However the visitors scored in the final minute to ensure the win.

PREMIER U16: MASTERGEEHA 2

KILLORGLIN 4: In an open game the Killorglin side 1-0 at the break and went another goal ahead early in the second half. However Mastergeeha battle back with Paul O'Shea and Dylan Murphy scoring. After this both side created good chances and Killorglin took the lead in the 70th minute. Moments later Mastergeeha were unlucky not to equalise when Alan O'Sullivan forced a good save from the opposition goalkeeper. Late in the game the visitors scored again.

SENIORS DIV 1B: INTER KENMARE 1

MASTERGEEHA 3. The seniors earned a good win away on Sunday afternoon with Johnny Kerins, Jamie Donnelly and Eoin Horan getting the goals.

CLUB GEAR: Club gear will be on sale at the clubhouse on Saturday. Track suits, hoodies, t-shirts and shorts available.

MASTERGEEHA FC LOTTO: There was no winner on Friday 20th January, 2016. Numbers drawn were 3, 15, 19, 24. Consolation prizes were €100 Marie and Mikaela Curtin, Knocklebede, Kilcummin. €60 Ciara & Aoife O'Mahony, Laharn, Faha. €30 Sylvester Dwyer, Glounacopple, Kilcummin. €30 Darby Mangan, Knocknahoe, Killarney. €30 Denis O'Connor,

Dunrine, Kilcummin. Jackpot now €4,950.

KILLARNEY CELTIC NOTES

CONGRATULATIONS: To Chris O'Leary, who was awarded the goal of the round by the FAI for his late winner in the FAI Junior Cup against Newmarket Celtic, and to Daniel Okute, who scored for the Kerry U14s in their 5-0 win over Tipperary.

RESULTS: MUNSTER JUNIOR CUP (LAST 32): KILLARNEY CELTIC 1 RINGMAHON RANGERS 0: (Game Abandoned)

It was going very well for Celtic after a great first half. Peter McCarthy brilliantly drilled home from distance in the fifth minute to put us ahead. Great ball control by Cathal O'Shea opened up another goal chance but full credit to Ringmahon's keeper for a stunning save. Ringmahon did try to claim a penalty for handball in the Celtic box, but both referee and umpire weren't buying it (correctly so, in my opinion). 1-0 ahead at the break and looking good for the second half after edging a tough first half – Ringmahon were very strong and quality players, but Celtic had a slight edge in pace and maybe in finesse. Very unfortunately, the game was held up after an unfortunate injury to a Ringmahon player. Full back Aaron Aherne, who had been about to sign for a LOI club, was stretchered off with a serious leg injury and we wish him all the best in his recovery. Aaron was treated on the day by Stefan and Fiona McMahon of Killarney Celtic, and the club are very thankful for their assistance and support, and he had surgery on Monday in University Hospital Tralee. The referee quite rightly decided to abandon the game, absolutely the correct decision in the circumstances. The replay will take place this Saturday at 7.30pm in Celtic Park; hope to see you there!

GREYHOUND CUP: INTER KENMARE

3 KILLARNEY CELTIC B 1: Celtic did their best and Conor Murphy did score a great goal, but full credit to an on-fire Ronan Hussey with a hat-trick.

YOUTHS LEAGUE: KILLARNEY CELTIC

3 ST. BRENDANS PARK 2: Lee Downing, Oran O'Donoghue and Cian Casey made it 3-0 at half-time, and it looked all over. But against a quality side like Park, it's never all over until the final whistle, and we were definitely sweating at the final whistle after conceding two goals! Best for Celtic were Jonathan Greene, Lee

Downing, and Eoin Carroll.

U12 GIRLS: LISTOWEL CELTIC 5 KILLARNEY CELTIC 2:

Lucy O'Sullivan and Elizabeth Coffey got well-executed goals for us, but in fairness Listowel have been the standard-bearers in this grade and proved it again.

U14 PREMIER: ST. BRENDANS PARK 3 KILLARNEY CELTIC 3 Celtic were 3-0 down at the break and looked down and out, but took over in the second half and Daniel Okute (2) and Ronan Coffey scored to give them a deserved share of the spoils.

U12 PREMIER: KILLARNEY CELTIC 3 KILLORGLIN 1: Calvin O'Sullivan was in blistering form and added a hat-trick to his phenomenal goal tally for the Season in the first half.

U12 DIV TWO: DINGLE BAY ROVERS 4 KILLARNEY CELTIC C 1: A young Celtic team did themselves and the club very proud and Jason O'Sullivan's goal was fully merited.

FIXTURES: Munster Junior Cup (last 32): Killarney Celtic at home to Ringmahon Rangers, Saturday, 7.30pm.

Denny Premier B: Killarney Celtic B away to Ballymac Galaxy, Sunday, 3.30pm.

U17 League: Killarney Celtic at home to St. Brendans Park, Saturday, 4.00pm.

U15 National Cup: Killarney Celtic at home to Ferrybank, Waterford, Saturday, 2.00pm.

U15 Div Two: Killarney Celtic B at home to Fenit Samphires, Saturday, 11.00am.

U13 Div One: Killarney Celtic at home to Iveragh, Saturday, 12.15pm.

U13 Div Two: Killarney Celtic B away to Killarney Athletic, Saturday, 10.30am.

U12 Girls Premier: Killarney Celtic away to Camp Juniors, Saturday, 2.00pm.

U11: Killarney Celtic (two teams) away to Ballyhar, Saturday, 2.00pm.

LOTTO: Numbers drawn 2, 5, 13, 14. No winner, two x match three, Lorelei Elding c/o Mary, Michael P. Lyne, Cleeney €75 each. Next week's jackpot €2800, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy **087 9633397** or jimmyosdarcy@gmail.com. Check out **www.killarneyceltic.com** for Killarney Celtic news, match reports, or photos.



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GNEEVGUILLA GAA

LOTTO: Numbers 4, 6, 23, 25. No jackpot winner next week's jackpot €8,750.

€40 Joan/Oran C/o Johnny Barry.

€40 Adrian O'Regan C/o Billy McCarthy.

€40 Lino C/o Jimmy Briens.

€30 Katie Cahill C/o Paddy O'Keeffe.

€30 Nora Hickey C/o Donal O'Keeffe.

€20 Jack/Megan Yearly ticket.

GNEEVGUILLA GAA SOCIAL: Will be on Saturday February 25th in the hall. Music on the night by the Kelts. Limited tickets available from Niall Foley 086 3420626 club officer's or at club bar.

Win a trailer with by entering Gneevguilla GAA draw. Tickets €5 for one €20 for a book, tickets available from club members.

MEMBERSHIP: Now being collected at the club. Club membership general member €30, seniors & junior €80, apprentice & unemployed €50, student €45, minor €30, U12 to U16 €20, U10 €15.

SCOR NA BPAISTÍ: Will be on Friday March 3rd in Killarney racecourse at 4pm. The quiz is on Sunday March 26th in Killorglin at 11am. All entries to Ellen O'Keeffe on 0876981764 before Friday 10th February.

EAST KERRY NOTES

EAST KERRY ANNUAL CONVENTION:

The 2016 East Kerry Annual Convention was held last Thursday night in The Killarney Heights Hotel, after Mass was celebrated for deceased members. There was just 1 change of Officer on the Executive. Michael Pigott, of Kilcummin, stepped down from the role of Assistant Secretary, due to the 5 year rule, but will remain on the East Kerry CCC. Mike was thanked for his great and very long service, to East Kerry GAA, in a number of roles.

There were 3 motions up for consideration. All three motions pertained to the format of the East Kerry U21 Championship. Proposals included having a straight knock out competition and that it would be played over a single weekend. The outcome was that the East Kerry U21 Championship will be discussed again at the February meeting of the East Kerry Committee. Clubs are asked to know for that meeting whether or not they will be entering a team in the East Kerry U21 Championship.

PRESENTATION OF COUNTY CHAMPIONSHIP MEDALS: We had a great turn out last Friday night for the presentation of County Championship Medals to the East Kerry Minor Team by County Committee Chairman Tim Murphy. Both Tim Murphy and Seamus Moynihan congratulated all the players and wished them all the best for 2017.

EAST KERRY SCÓR NA BPAISTÍ: East Kerry Scór na bPaistí will be held in the Auditorium at Killarney racecourse on Friday evening the 3rd March, starting at 4pm. Please note the change of date. Closing date for entries, which should be sent to East Kerry Scór Officer Amy Reidy, is



CONGRATULATIONS MICHAEL KEARNEY, WOODLAWN DRIVE, ON WINNING OUR LOTTO JACKPOT €12,200. DRAW TOOK PLACE IN THE KILLARNEY OAKS HOTEL ON MONDAY 16TH JANUARY. WINNING TICKET SOLD BY WILLIAM HERLIHY. MISSING FROM PHOTO IS TADHG HICKEY SPA LOTTO CHAIRMAN. PICTURED L-R: GERARD MANGAN CHAIRMAN, MICHAEL KEARNEY WINNER, ASSUMPTA O'DONOGHUE TRESURER AND WILLIAM HERLIHY, SELLER.

the 15th February.

COACHING COURSE: East Kerry/Kenmare GDA Vince Cooper and South Kerry Hurling GDA David O'Dea ran a Munster GAA Transition Year Course in St Brendans Killarney. The course was attended by 65 Transition Year Students. The course provided the students with the necessary skills, drills and fundamental movement skills needed to assist an under age coach in their club.

GO GAMES UNDER 8 AND UNDER 10 YOUNG REFEREES FOR 2017:

The following club players have completed a young referees course in St Brendans College, 'The Sem', Killarney. It is important that all clubs afford the opportunity to all these students to referee Under 8 and Under 10 Go Games blitzes during the year. Contact East Kerry / Kenmare GDA Vince Cooper for further details. The players are as follows: Killarney Legion: Peter O'Sullivan, Tadgh Doolan, Conor Lucey, Donal Lucey, Darragh Lyne, David Culloty, Conor O'Leary; Dr Crokes: Colm Cagney, Finbarr Hickey, JJ Buckley, David O'Mahony, Oisín O'Connor, Seamus Gallagher, Lorcan Martin, Jason Cahillane (H); Spa: Jordan Leahy, Ryan Kelliher, Gary Vaughan; Glenflesk: Patrick Darcy, Dara Fleming, Kieran O'Connor (H), Oisín Doherty, Marc Kelliher, Mark O'Donoghue; Kilcummin: Sean Moynihan, Keith O'Leary, Cathal Healy, David Sugrue, Michael Brosnan; Beaufort: Jack Sweeney, Evan Lyne; Fossa: Daniel Talbot; Furies: Sean Cooper; Listry: Michael Buckley.

CONGRATULATIONS: Congratulations to the Kerry Team and Management on winning the Mc Grath Cup. Ciarraí Abú.

BEAUFORT GAA

LOTTO: The next Lotto Jackpot draw will be Sunday, 05th February. Tickets are available from the usual sellers and premises. The

Beaufort GAA Club Lotto is also available online at www.beaufortgaaclub.com. Please support as it is the lifeline of any club for everyday costs.

MEMBERSHIP: Club membership for the coming year is now due. Please contact club officials for more information or registration forms. New members and volunteers are always welcome.

BINGO: Beaufort GAA Club held a Bingo night in the Community Centre on Friday, 20th January. Thank you to everyone who attended and made the night a success and well done to all the organisers and our sponsors and everyone who helped out on the night.

SOCIAL: Beaufort GAA Club will hold a social in the Killarney Avenue Hotel on Friday, 03rd February. All tickets to be purchased by Wednesday, 01st February at a cost of €25. Music by The Two Mikes and Family Ties.

FIXTURES: Our 2017 club fixtures kick off with the U21s at home to Laune Rangers at 2pm on Saturday, 28th January.

FIRIES COISTE NA NÓG

FIRIES GAA WELL REPRESENTED IN CORN UI MHUIRI QUARTERS:

The Corn Ui Mhuiri under 18.5 A Football Quarter-Finals took place across the Province this week. Furies GAA were very well represented; in Milltown, St Brendan's of Killarney defeated PS Chorchá Dhuibhne on a score line of 2-18 to 0-9. On the victorious 'Sem' panel were Cian Callaghan, Evan Cosgrave, Niall Donohue, Ciaran Flynn, Jake Flynn, Diarmuid Brosnan and Donnacha O'Sullivan; with the latter putting in a fine scoring display of 1-7. In addition, Arthur Fitzgerald is part of the 'Sem' management team. The Sem now progress to the semi-final stage of the competition where they take on St. Flannans of Clare. Elsewhere, IS Killorglin were defeated narrowly by Tralee CBS on a score line of 2-10 to 1-10 in Fitzgerald Stadium, Killarney. Diarmuid



O'Mahony and Patrick Daly were part of IS Killorglin panel.

FIRIES COISTE NA NÓG TABLE QUIZ

FUNDRAISER: Beat those January blues and come join us for a great evening of entertainment on Friday, 27th January in Sheahan's Bar, Furies at 9:00pm. This table quiz is not limited to sport enthusiasts, so please do not let the topic of its' cause deter you from participating! Funds raised from the night directly assist our clubs juvenile members, so gather a team of four friends/neighbours/teammates and test your knowledge.

THANK YOUS & CONGRATULATIONS:

On behalf of Furies Coiste na nOg, we would like to sincerely thank Linda McCarthy Ring for all her hard work and commitment as Coiste na nOg Secretary over the past 12 months. We hope Linda will continue to play a proactive role within our club.

Congratulations to club stalwart Frank O'Mahony on his recent induction into the East Kerry GAA Person of the Year. Frank, and his wife Lil have been devote servants of the club for almost three decades and Franks contribution has been celebrated at the East Kerry All Stars Awards on Friday, 13th January

VOLUNTEERS: As the busy season soon commences, our industrious club is in need of your help. If you willing to commit some free time, we would be delighted to see some new faces to assist us. In particular, the juvenile section; Coiste na nOg require a secretary to assist with the administrative part of the club. If interested in exploring the possibility, please contact Eugene Cosgrave at 087-3999988.

DR. CROKES

PROGRESSIVE 31: Progressive 31 is on every Wednesday night in the Crokes Clubhouse starting at 8pm. Everyone welcome. Bring €5 and a partner.

JUVENILE AWARDS NIGHT: Juvenile Awards Night will take place this Friday 27th of January in the Clubhouse at 8pm.

SEMI FINAL ON FEBRUARY 11TH: All Ireland Senior Club Semi Final vs Corofin (Galway) is down for 4pm on Saturday 11th of February at Gaelic Grounds, Limerick. It will be Live on TG4. Travel arrangements for supporters to issue shortly. Get your flags and Club colours out.

LOTTO: Lotto 5, 6, 11, 16. Jackpot €3300. Not won match 3 16 by €25. Next draw on Sunday 29th of January in JC O'Shea. Jackpot €3600.

LISTRY NOTES

NEW SENIOR MANAGER: Congratulations to Seanie O'Shea from Dr. Crokes who is Listrys new senior football manager. Best of luck to Seanie and the team for 2017

LOTTO DRAW: Winning numbers 11, 16, 21, 24. Jackpot this week €4,400 January 29th.

LEGION GAA NOTES

A.G.M. 2017: With all things being quiet on the playing fields it was time to do some housekeeping and so the club members gathered in the clubhouse on Friday last for our A.G.M. Chaired with great efficiency by Enda Walshe a forensic breakdown was given on all aspects of the club. It was most gratifying to see the success of our juveniles, both boys and girls and is a direct consequence of several years of tremendous work done by our Saturday morning academy - a credit to those who give so freely of their time and expertise. If anybody would like to get involved and in the process become fit, active and breathe some fine clear air on a Saturday morning we extend an invitation to drop in - our door is always open. To maintain and develop a club to the best possible standards needs not only volunteers but an increasing level of finances, our lotto has been a pivotal part of this but equally we are more than fortunate to have some very loyal and generous sponsors and we urge everybody to consider this when doing their business in Killarney. While money is always a consideration there are some very exciting developments on the way in Derreen with the field development committee making huge progress with the work continuing apace. Overall a very satisfying year both on and off the field and we look forward on several fronts to a successful 2017. The meeting concluded with the traditional rosary for deceased members led by Mark Moriarty.

OFFICERS ELECTED FOR 2017

Chairman - Enda Walshe. Vice-chairman-Diarmuid Leen. Sec - Denise Fogarty.

Treasurers - John Foran, Orla Howe. P.R.O.- Jimmy Reen. E.K. Board delegates - Jerome O'Regan, John Hegarty. Co. Board delegate - Séan Sullivan. Scór Officer - Carolann Spellman. Childrens Officer - Christina Tagney (outgoing). Our new website is up and running and will be in the tender care of the ever popular Kieran Healy.

CLUB PRESIDENT: At Friday nights AGM the club was delighted to hand Weeshie Fogarty the honour of Club President. While the whole of Kerry and beyond know Weeshie as an Award winning broadcaster, author, Inter county referee and footballer, he was an institution in our club long before he hit the airwaves.

Having joined the club at an early age after his family moved into their New Street home he went on to play with the club with great distinction and his club performances earned him inter county recognition. When his playing days were behind him he served the club in a variety of officerships and indeed while holding these roles still found time to coach and train numerous underage and senior teams. Weeshie always thinks what's best for the club and in more recent times served on our Executive and Football committee. While it is a great honour for Weeshie to be Club President, the club feels it to be an even bigger honour for us to have a

man of Weeshies calibre as our President.

SOCIAL COMMITTEE: With the full year ahead of us the club is delighted to announce that Brian Moriarty has great plans for the social aspect of the club starting with our awards night - which was a right good night last year!

MCGRATH CUP: Congratulations to Jonathan, James, Brian and Conor as they helped Kerry to a 5th McGrath Cup title hopefully bookended in September with Sam.

MONTHLY MEETING: Beidh an céad cruinniú na míosa againn ar an Luain an 6ú lá de mí Márta - an t-am fós le fáil coiméadaigí súil ar na notaí seo, there will be a monthly meeting on March 6th open to all members time at a later date.

BEST WISHES: We wish a speedy and full recovery to Connie Carroll who recently underwent knee surgery - despite this was as chirpy as usual.

SYMPATHY: The Killarney Legion Club extends it's deepest sympathy to the O'Connor Family, O Kelly's Villas on the sad passing of Sheila, R.I.P. Ar Dheis Dé go raibh a h-Anam Dílis.

LOTTO: Winning no's - 9, 18, 19, 21. No winner.

MILLTOWN/CASTLEMAINE GAA

OPEN FAMILY FUN DAY/MEMBERSHIP REGISTRATION - NAGLE RICE COMMUNITY CENTRE:

On Sunday February 5th 2017-our club is having an Open Day/Members Registration Day for the families of all the young boys and girls from the Milltown Castlemaine area. Catering for ages 5 and upwards, our day will commence at 12 and finish at 3. During this time children will be able to participate in some fun football activities and meet with some of our coaches who will be coaching within our club over the coming year. Our club caters for both boys and girls from (under 6 to 12's) and boys only thereafter from under 14 to senior men. There is also a girl's Gaelic football club - (Milltown Listry) in the community. This open day will be an ideal opportunity for new families or individuals who have joined our community to get to know each other in a fun and relaxed environment. Light refreshments will be served for children and adults throughout the day.

There will be a special draw for a club pull over training top, a club training T-Shirt and 6 leather footballs for all those who pay their membership on the day. All players must be registered by March 31st 2017 for insurance purposes. Any queries contact our chairperson Podge on (086) 839 8669, Tomás Barry-membership officer- on 087/6699276, club registrar-John Murphy on 087/6738217 or our Coaching officer Ian Twiss on 087/2521053. We look forward to seeing you there!

REGISTRATION: Club registration is now due. Under 6's-boys and girls are free. Juvenile/student and OAP are €30. An adult is €50, couples are €80 and family membership is



€100. Membership must be paid before March 31st 2017. All officers, players and mentors need to be registered for insurance purposes with Croke Park. Our registrar Josephine Twiss does tremendous work each year and we are very grateful to her. As you will agree, these are fantastic rates- for the juvenile/student/OAP - it works out at 58 cent per week, while a family membership (up to 2 adults and 4 children) works out at just under €2 per week. And don't forget that membership entitles you entry to all our home Co. League games - worth €30 (on production of your membership card) as

well as entry to the Munster Final ticket draw and that all important All Ireland ticket draw in September! Membership also entitles all those aged 18 and over to vote at the AGM. Certainly great value for money!

AGM: We are delighted to report the following officers for the coming year. If anybody would be interested in filling the position of cultural officer, please contact any member of the executive. President - John Burke. Vice Presidents - Tom Griffin, Jimmy Boyle, Danny Roberts, Thomas O'Connor, George McAuliffe

and George McKenna. Chairperson - Podge Leane. Vice Chairperson - Damian McCarthy. Secretary-Mike Carroll. Joint Treasurers - John Joe Harmon, Ian Twiss and Tom Barry. Lotto - Eileen Spring. PRO-Deirdre O'Sullivan. Registrar- John Murphy. Health and Wellbeing Officer - John Hegarty. Child Protection Officer - Larkin Ann McCarthy. Coaching Officer/Race Night Co-ordinator-Ian Twiss. Field Development - Emmet Spring. Coiste Na nÓg Chairperson and secretary respectively- Damian McCarthy and Eileen Lovett.

KILLARNEY GOLF

KILLORGLIN GOLF CLUB.

LADIES RESULTS: 12 HOLE RE-ENTRY FESTIVE STABLEFORD SPONSORED BY THE CLUB: 1. Eleanor Dowd (23) 26 pts.

FIXTURE: 12 Hole re-entry Stableford for Month of January continues until further notice. The Entry Sheet for Lady Captain Ann Walker's 12 Hole Valentine Scramble is posted on the notice board in the Ladies Locker room. Please enter names by 29th January. Draw for teams.

KILLARNEY GOLF CLUB

MENS: GENTS 2 MAN SCRAMBLE MEN'S CLUB ON MAHONY'S POINT ON 22ND JANUARY 2017: 1st Denis Carroll (7) & Matthew Leacy (5) 58.6 nett. 2nd Muiris Healy (15) & Michael O'Donoghue (13) 62.4 nett. 3rd Eugene O'Sullivan (4) & Sean Kelliher (10) 63.2 nett.

ROSS GOLF CLUB

GENTS CLUB

RESULTS: On Sunday January 22nd - Captain Jimmy Smith, and President Terence Mulcahy held their Drive-ins. We had a large turnout in good weather conditions and the drive in was followed by a 10 hole mixed scramble which was sponsored by Fexco / The Prize Bond Co.

THE RESULTS ARE AS FOLLOWS:

1. Ambrose O'Donovan, Tony Lenihan, Han Lenihan, Niall Brosnan. 2. Jonathan Casey, Eileen Fleming, Mossy Cremin, John Spillane. 3. Ailish Mulcahy, Leo Casey, Donie Broderick, Vincent Hussey. 4. Ivo O'Sullivan, Margaret O'Donoghue, John Ivory, John Fleming.

FIXTURES: On Sunday January 29th - we will hold an 18 hole single stableford competition. The time sheet is now available in the clubhouse so please add your name to it as soon as possible.

COURSE: At present the course is in good order and there is also some work in progress on the bunkers on the 5th and 6th holes.

KILLORGLIN GOLF CLUB

MENS 12 HOLE COMPETITION W/K.22/01/2017

1st Matt Keane 29 pts. 2nd Bernie Coffey 29 pts. 3rd Eamon Sheahan 29 pts. 4th Jim Foley 29 pts.

CASTLEROSSE GOLF CLUB

RESULTS OF COMPETITION HELD ON SUNDAY 22ND JANUARY 2017. 18 HOLE

STABLEFORD: Overall winner, Ger Casey (16) 43pts. Overall runner-up, Mick Clifford (21) 40pts. Overall 3rd place, Steve Shine (18) 39pts. Weekend competition is a 18 Hole Single Stableford.

CASTLEROSSE LADIES (ILGU) OFFICER BOARD FOR 2017:

Captain, Mary Tobin. Secretary, Mary O'Reilly. Vice-Captain, Chan Martin. Treasurer, Siobhan McCarthy. Competition Secretary, Patricia Barrett. Handicapping Secretary, Noirin Sheehan. Committee, Caitlin Ni Lionsaigh, Eileen Lucey, Rosaleen Kennedy, Brid Scanail & Eileen Sugrue.

MEMBERSHIP: Now available for 2017 contact Castlerosse 064 6631144 for details.

BEAUFORT GOLF

RESULTS AND FIXTURES GOLF RESULTS

Thursday 19th Jan - Open Seniors

1st Pat Quill, 2nd Donal Carroll.

Sunday 22nd Jan - Scramble

Winners: James Jones, Virginjus, Noreen Coffey and Jim O'Leary.

FIXTURES: 26th Jan 10am: Open Seniors

29th Jan 10am: Open Scramble.

KILLARNEY GOLF AND FISHING CLUB

MEN'S CLUB REPORT AND RESULTS. Club Captain Declan McCarthy wishes to advise all members of the Men's Club that it has been decided to start a new initiative with regard to Men's Sunday competitions commencing with immediate effect, and that is to have two shotgun starts each Sunday for the foreseeable future, commencing at 8.30, am and 12.30 pm each Sunday. It is hoped that this will eliminate the lack of available spaces currently being experienced each Weekend. Declan went on to

say that after a recent 5 week period of relative inactivity, that our Club will now be getting into full swing and that our normal competition calendar will be commencing quite shortly.

The Men's Club PRO has re-commenced his weekly articles, and in this, his first report for 2017, he wishes to commend Club members Connie Brosnan, and Mikey Daly for the improvements that they are currently carrying out to the hanging baskets, and to the grounds and areas immediately surrounding the Clubhouse, they have embarked on a planting programme which will enhance the beauty of the area, and will be a joy for all, both members and visitors alike, to enjoy over the coming months. The Club "History and Archive Cabinet" has recently been installed, and it now houses a "temporary exhibition", recommendations on items and objects for display are welcome, and should either be put in writing or conveyed to Men's Club PRO Victor Mulcahy, who with those who are giving advice and assistance for the proposed exhibition, will give such recommendations their due consideration.

Club Captain Declan McCarthy, on behalf of the entire Club wishes to convey sincere condolences to former Club Captain, Pat Favier and family on the recent death of his wife Dymrna, and also to Helen Moriarty and Family on the recent passing of former long time Club employee and member, Terence Moriarty.

Sunday competition on the 15/01/2017, which was a 2 man scramble, on Mahony's Point, results are as follows. The winners with an almost unbelievable score of 58.6 nett, were Denis Carroll and Matthew Leacy, who, for this type of competition were almost 4 shots clear of 2nd place, which is a massive margin.

1st Denis Carroll (7) and Matther Leacy (5) 58.6 nett, 2nd Muiris Healy (15) and Micheal O'Donoghue(13) 62.4 nett, and 3rd were Eugene O'Sullivan (4) and Sean Kelliher(10) with 63.2 nett.

#lovekillarney



GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto 20/01/2016, numbers drawn were 3, 6, 24 & 25. Sellers prize winner Mossie Brosnan, €50 Y/T prize winner Melissa Culloty Drom, €50 to Mary Lowe Sliabh Luachra, €40 each to Adrian O'Regan Meenagisheagh, Don Murphy Gneeveguilla & John O'Riordan Glash. Bonus not won, numbers drawn were 3, 5, 11 & 19. Next week's jackpot €7,200 plus €1,000 bonus.

KERRY COLLEGES CROSS COUNTRY: Our athletes did well at the Kerry Colleges Cross Country held in Killarney. Shona O'Brien won well her Intermediate race. Maggie Buckley came 2nd in the minor race. And the minor boys led home by Jack O'Leary got 3rd school. We wish all runners well when they contest the South Munster Cross Country in Cork this Friday.

TRAINING: All trainings are going well, with indoor track competitions coming up over the next few weeks.

5K WINTER SERIES: Commencing on Feb 4th and for the following 3 Saturdays we have our race in the Demense Killarney. All welcome

BOXING NEWS

A Battling display from Kevin Cronin wasn't enough to earn him victory in the National Novice Championships semi-finals at the home of Irish boxing last Friday night. Cronin lost his bout on a split decision to Damien O'Boyle from the (Sean McDermott BC Dublin). Having won his national quarter-final the previous weekend, the powerful Milltown boxer signalled his intentions early by pressing forward from the bell, forcing the pace and putting pressure on his Dublin opponent throughout all 3 rounds. The unanimity of the Judge's decision showed the closeness of the contest, but the home town boy was declared the winner. Cashen Vale head coach Patrick O'Brien said: "Kevin boxed very hard from start to finish. He gave he's best but got the wrong result this time" Kevin has the self believe now that he can compete with the best, and with a little luck on his side he can become the best.

HANDBALL NEWS

WORDS FROM THE WALL: Kerry's winners at the Munster 40x20 Juvenile Championship semi-final: There were a number of Kerry players in action in the Munster 40x20 Juvenile Handball Championships where Kerry took on Waterford in Dungarvan. Going through to the semi-finals are Dara Lynch in the Boys under 12 singles after he defeated Waterford's Billy O'Connell 12-15, 15-9, 15-5. Kerry's Sean Quirke beat William Beresford 15-14, 15-9 in the Boys u14 singles. Dara Keane also progressed as he was a 21-9, 21-5 winner over Daithi Breanach in the u17 singles.

In the u13 Doubles Aoife Page and Danielle Griffin of Kerry went down to Ella Grantley



JOHN O'MAHONY (FOSSA GAA), CATHERINE RING (KNOCKNAGREE LADIES) AND MIKE CAHILLANE (FOSSA) AT THE OUTLOOK PUBLICATION PRO EVENING IN CASTLEISLAND COMMUNITY CENTRE ON MONDAY. PHOTO: JOE HANLEY.

and Saoirse Kelly 15-3, 15-14 in a very tight encounter. Waterford's Michael Kelly and Oisín Hallahan got the better of Kerry's Tommy Quirke and Liam Smith 15-5, 15-9.

ALREADY THROUGH: There are three Kerry handballers through to the Munster Semi-Finals before last weekend's action. Roisin Smith and Lea Morris are through in the Girl's under 12's Doubles while in the under 14 Girls Singles Samantha Riordan is in the last 4.

SEMI FINALS: The semi-finals of the Munster Juvenile 40x20 Championship will take place on the weekend of February 3rd to 5th with the finals on March 11th/12th.

IN THE ALLEY: In midweek Jack O'Shea will be playing John Ferncombe of Tipperary in the Munster 40x20 Junior A Singles quarter final. The game is set to take place in the handball alley in Broadford, Co. Limerick. We will have the result of that game in next week's Words from the Wall.

DATES FOR THE DIARY: The Cumann Na mBunscoil Munster Finals will be on the weekend of February 17th and 19th. March 11th and 12th will see the first round/semi-finals and finals of the u12/u13, u14/u15, u16/u17 40x20 Juvenile Team Championships.

FARRANFORE MAINE VALLEY ATHLETIC CLUB

CLUB MEMBERSHIP: Membership for 2017 is now due. In order to be eligible to take part in athletic competitions & avail of our club training, you need to be registered. Full details posted on our club website. Newcomers welcome with information in regards athletics and our club also available on our website. www.ffmvac.blogspot.ie

CLUB TRAINING: Cardiorespiratory, strength, endurance and flexibility exercise class every Tuesday at 7pm indoors at Farranfore Sports Hall. Coached by Maria McCarthy, this programme is designed to improve all the components of fitness that constitute physical fitness of an individual. €5 per class.

Juvenile Indoor Training starts up on Thursday 26th Jan, at 7pm in the Sports Hall, Farranfore. €2 per session. We will have registration on the

same night. Any new members please bring photocopy of birth cert. Registration forms can be downloaded from our website. Secondary School /Junior / Senior training every Thursday starts back again at 6:40pm in GAA grounds Farranfore from Jan 12th. This is endurance training for all levels with emphasis on running form and technique. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES: Sat 28th Jan: AAI Indoor League - Round 2, AIT Indoor Arena, Athlone.

Sun 29th Jan: AAI Junior & U/23 Indoor Championships, AIT Indoor Arena, Athlone.

Sat 4th & Sun 5th Feb: Munster U/9 to U12 Indoor Championships, Nenagh Indoor Stadium.

Sat 4th Feb: Gneeveguilla AC 5K road race series Race 1 of 4, Killarney at 11am.

Sat 11th Feb: Gneeveguilla AC 5K road race series Race 2 of 4, Killarney at 11am.

Sun 12th Feb.: AAI Masters & Juvenile 'B' Cross Country Championships, WIT Waterford.

See Kerry & Munster Athletics website for full fixture lists & timetable for events.

KILLARNEY DARTS TOWN LEAGUE

Sponsored by Carlsberg & Mustang Sally's.

The following are the fixtures for Thursday, February 2 nd. First named team have home advantage,

GROUP 1: Caroline's Golden Arraz v Dunloe Lodge A.

The Tatler Jack v Lals Out Casts.

The Shire A v East Avenue.

GROUP 2: Kenmare Rooms v Linehans Bar.

Dunloe Lodge B v Murphys Pinters.

Murphys Bar v Jimmys Nutters.

Klub Kangaroos = Free Night.

GROUP 3: K-Town Sluggers v Good Time Charlies.

Corkerys LakeLands v Teddys Bar.

Mustang Sally's v Old Killarney Inn.

GROUP 4: Courtneys Cats v Big Macs.

Squidgers v Marks Golden Excuses.

Corkerys Bar v The Shire B.

Avenue Heros = Free Night.



KILLARNEY RFC'S U18 PRIOR TO A GAME AGAINST CORCA DHUIBHNE LAST SATURDAY.

WORKMEN'S ROWING CLUB NOTES

IRISH INDOOR ROWING CHAMPIONSHIPS:

Last Saturday, twenty of our members competed at the Irish Indoor Rowing Championships in the Sports Arena, U.L. Arena, Limerick. There were over one thousand competitors from Ireland and abroad competing at every level. It was a fantastic occasion and a privilege to be a part of, but Workmen's as always came in strength to row our best among the very best, which we did. Our twenty rowers comprised boys and girls from under 13 to under 18 and Senior Ladies. A very special congratulations to our five members who attended and competed at this event for the first time; Luke Ryan U13, Laura Looney U14, Caolan Ireland U14, Miriam Green U15 and Daniel O'Sullivan U16 sat up on the rowing machines with the cream of rowing talent and showed great guts and determination in their respective races. Well done to each and every one of you on your Indoor Debut!!! Our other competitors were Sarah O'Leary and Ellen Farndon U14; Meadhbh Ni Churtain U 15; Peter O'Shea U15; Marc Woodard and David Bartlett U16; Siobhán Burns, Annie O'Donoghue, Ciara Moynihan, Ciara Browne and Leona Browne U18; Ruadhán Mac Curtáin, Callum Myers and Dylan Bartlett U18; not forgetting Pauline O'Brien, Senior Ladies. We had some fantastic scores and plenty of new personal bests, with two of our competitors even reaching the podium to the delight of their clubmates!! A huge congratulations to Pauline O'Brien on coming 3rd in her 2k race, and to David Bartlett on coming 2nd in his 2k race following on that with a gold in his 500metre sprint, in a field of 43 other competitors. Indeed almost all of the races had huge entries some as high as 125.... but this did not deter our rowers and each and every one of them can be so proud of their individual achievements that day. Many thanks to our coaches who were with us: Hannah Majella O'Donoghue and Derva Ireland and to all of the parents who drove up to support our club. A great day was had by all and we can now look forward to our year of on-water events.

UPCOMING EVENTS: Our next event on the

rowing calendar is St. Michael's Head of the River on Saturday 25th February at O'Brien's Bridge.

MEMBERSHIP DUE: Many thanks to everyone who paid individual or family membership to the club recently. Affiliation to Rowing Ireland Membership is also due at this time and any outstanding memberships can be paid by the end of the month please.

BIRTHDAYS: A very Happy Birthday this week to Ruadhán Mac Curtáin who will celebrate his birthday on next Wednesday the 1st February.

MUCKROSS ROWING CLUB

AGM: A final reminder that the rescheduled AGM of Muckross Rowing Club will take place tonight Friday 27th January in the Muckross Community Centre at 8pm. This is a very important meeting for the running of the club and we ask all our adult members and parents of junior members to attend. In particular, we would encourage the parents of our newest junior members to come along and get involved. Membership rates for the year will be set by those in attendance and club officers and committee elected. Enquiries to the Club Secretary Eadaoin Moynihan on the club phone **087 448 2935** or email to **muckcrossrowing@gmail.com**.

EVENTS: The Cork Head Of the River will be the club's first competitive outing on Saturday 11th February at the city marina. The St. Michael's Head Of the River is scheduled for Saturday 25th February at O'Briens bridge. Further ahead, Galway Head Of the River is set to take place on Saturday 18 March.

TRAINING: Training continues for all age groups weekdays at the Muckross Community Centre and weekends at the boathouse, weather permitting. There were some more great spins on the lake last weekend in good conditions, with lots of boats taking to the water. Sunday witnessed a fiercely contested mini club time trial which was a great success and thoroughly enjoyed by all involved. Our thanks to Derry Doyle and John Beazley for running same. Did somebody mention a rowing ladder? The competition is on!

NEW MEMBERS: Well done to all of the club's newest members, who continue to excel. Keep

it up guys and girls! New members are always welcome. For details of training times and general enquiries, contact the club at the phone or email above, find us on Facebook or follow us on Twitter @muckcrossrc. Why not visit the boathouse to see rowing first hand or even have a go? Beginner rowing sessions continue Sunday mornings at 10am.

SPA MUCKROSS COMMUNITY GAMES

BASKETBALL: Our U16 girls participated in the County competition last Sunday. They played Currow/Currans first, and then Castleisland. There was only a basket

between the teams after the final game against Killarney, so the day ended well after a tough first two games; Currow/Currans and Castleisland both progressed to the County Finals. A great day was had by all, and thanks to Jean Courtney for organising the team and to all the volunteers that gave up their time, and will continue to give their time throughout the year. **TEAM:** Ruth Courtney, Treasa O'Sullivan, Caoilinn O'Donoghue, Zena Shine, Lauren O'Connor & Julie Delaney.

U14 QUIZ: (mixed team boys & girls) County Competition is taking place on the evening of Friday 10th March 2017. Please contact 083 304 8310 (AFTER 3.30pm Mon-Fri) if your child is interested in participating. Please note Killarney Parish Confirmation is on 10th March also.

FUTSAL: Boys U13 Futsal is postponed from Sunday 5th Feb to Sun 19th in Milltown and Duagh.

CHURCH GATE COLLECTION: Kerry Community Games Church Gate Collection on 18th and 19th February 2017. Volunteers required to cover the Killarney Parish Masses.

ART/HANDWRITING: 25th Feb County Competitions: U10 - U12 Handwriting and U12 - U16 Art. Please contact 087 6115306 if your child wishes to represent Spa Muckross U17.

KILLARNEY RFC NEWS

U18'S: KILLARNEY RFC 29 - RUGBAI CH ORCA DHUIBHNE 32: Killarney saved their best performance of the Season for this Bowl encounter against their West Kerry rivals. Clement weather conditions made for fast open rugby on Aghadoe's expansive pitch. The hosts struck first through man of the match, Alan Lynch, who sycthed through the Corcha Dhuibhne defence and Kieran O'Connor converted. Corcha Dhuibhne responded immediately with their own seven pointer. After that both teams swapped scores in a gripping entertaining contest. Killarney led at the break following a try from Kieran O'Connor brilliantly crafted by Alan Murphy. Thomas McCloskey added another before Corcha Dhuibhne replied with a second try. The visitors powered ahead in the second half but had to withstand a ferocious Killarney rally which yielded two tries



from Dylan McCarthy and Alan Harte, One of which was converted by Kieran O'Connor. Corca Dhuibhne just about deserved their victory in a sporting epic encounter. Best for Killarney were Alan Lynch, Alan Harte and Thomas McCloskey. Next weekend we are due to replay our voided fixture against Abbeyfeale/Castleisland.

SENIORS: Our seniors took the long trip Bantry, for the next round of the Munster Junior League, full of confidence after the excellent display against Douglas at Aghadoe last Sunday week. Ger Moynihan's charges travelled in the hope of securing vital points against the West Cork outfit who are struggling in the division this season so far. A good match ensued with Killarney getting out of the blocks quickest as Paudie Sheehan crossed the line for the visitors first try. Cha Johnson followed with a try of his own and Paudie added to his tally with 2 penalties and 1 conversion on the day. A great result for the lads as they prepare to take on fellow Martin O'Sullivan Cup finalists next weekend at Aghadoe. This should be a great game as the lads look to continue the good form of late. With Killarney now up to 4th in the division, and the lads playing some great rugby things are well and truly looking good for the club.

MINIS: Next weekend, our minis travel the short trip to Ballymalis in Listry for the next round of the West Munster Blitz. The kids are really looking forward to taking on teams from Killorglin, Castleisland and Listowel as they put all their skills into practise. Playing in blitzes helps the minis hone their skills and play against other clubs, representing the Black and Red of Killarney RFC. We will not be taking a bus to the blitz and parking will be provided onsite and at the nearby Kerry Woollen Mills. So, come along and support the kids as they represent the club with pride and have some great fun along the way!

6 NATIONS RAFFLE: Killarney RFC is to hold a raffle for much sought after 6 Nations tickets. The first prize is two tickets to the Ireland V England match, while second prize is two tickets to Ireland V France. Tickets cost only €5, so be sure to enter the draw to be in with a chance to win the most sought after tickets in the country and stand shoulder to shoulder with the boys in green. Tickets are available from any player, coach or committee member, or contact club chairman Paul Murphy on **087-3745351**.

KILLARNEY COMMUNITY GAMES NOTES

Well done to the Killarney Community Games U. 16 Girls' Basketball team who performed really well in the County Finals in Duagh last Sunday. They played 3 games, winning their game against neighbours Spa-Muckross and they played great basketball in their defeats to Castleisland and Currow-Curran. This was great experience for the squad against mainly experienced club teams and well done to all

involved. The full squad was Isabelle Murphy, Tara Murphy, Aisling Stack, Ava Sheehan, Evie Culloty, Niamh Stack, Holly Power, Eve Crowley and Deirdre Lyne. Well done also to Coach James Fleming and co-ordinators Paul Sheehan and Kathleen Hartnett.

CHURCH GATE COLLECTION: Will take place shortly and we are making a special appeal to all parents with participating children in the area to please help out for half an hour at one of the Masses as there are no registration fees charged to any of the participating children in the area. This is one of the only fundraisers to cover the cost of insurance, entry levies etc. Date of collection to appear in Notes.

KILLARNEY VALLEY AC

MONDAYS: Training continues on Mondays at 7pm with Circuit Training for athletes aged 12 and over only. Athletes must be registered or be turned away. Please bring €2 each to cover the cost of the hall for the night and plenty of water.

TUESDAYS: High Jump is back on Tuesday evenings from 6-7pm in the Sem Gym for registered 11, 12 and 13 year olds. Athletes must be registered or be turned away. Please bring €2 each to cover the cost of the hall for the night and plenty of water. Any enquiries to Brian Stack 0862506932

WEDNESDAYS: Jerry's Adult Run Club is back! Meeting on Wednesdays at 7pm on the New Road opposite entrance to Bishops Path. You must be a registered member with the club for 2017. Membership costs €35. Adults only group. Please wear a High Viz Jacket.

This was a huge success last year and some people ran the Killarney 10 Mile after it and even a half marathon! Beginners more than welcome and no one gets left behind! Any enquiries to Jerry Griffin on 0876879186

THURSDAYS: Indoor training on Thursdays 6-7pm for the younger athletes aged 7 -11yrs. Training takes place in the Sem Gym. Athletes must be registered or be turned away. Please bring €2 each to cover the cost of the hall for the night and plenty of water.

Registration costs €30 for under 19s and €35 for 19yrs and over. New members please bring a copy of your birthcert.

REGISTRATION FEE COVERS: Club membership, insurance, affiliation to Athletics Ireland (without which we cannot get insurance), affiliation to Kerry Athletics and entry to any Munster/National Competitions.

AGM: Our AGM was held in the Killarney Court Hotel on Wednesday 18th of Jan at 8pm - it was a very disappointing turnout for such a busy club. There were interesting discussions on the night and it would have been good to hear more viewpoints and have some input from parents.

Anyone wishing to buy KVAC half zip tops, singlets or hats please contact Brid Stack 0872650720

ENQUIRIES: killarneyvalleyac@gmail.com
Up to date news : <https://www.facebook.com/KillarneyValleyAC/>

[KillarneyValleyAC/](https://www.facebook.com/KillarneyValleyAC/)

KILLARNEY COUGARS BASKETBALL CLUB

SENIOR NEWS: MENS DIV II KILLARNEY COUGARS 61

KCYMS 58: Cougars continued their good run to remain top of the league with a narrow win over Kcymys at the Presentation Gym. The visitors won the reverse fixture last month in an exciting overtime game but it was Cougars who came through another very close contest. Cougars were ahead 15-14 at the end of the first qtr and 28-26 at half time with Cougars having a good spread of scores with John A O'Sullivan and Darren Gaffey contributing 6pts each and John Sheehan and Brian Eccles and Niall Murphy all on target with Murphy hitting an important three pointer to end the 2nd qtr scoring for the Kilorglin side. The game was finely balanced through the second half with Cougars doing just enough to stay in front 44-40 entering the final qtr. Killorglin put the pressure on Cougars and had good chances to take the lead but Cougars held on with important free throws in the final minutes from Darren Gaffey and Alan Flynn proved decisive to ensure the points for the Killarney side in another very entertaining and close encounter at the Pres Gym.

Top scorers Cougars John O'Sullivan 18pts

JUVENILE NEWS: U14 BOYS: TRALEE TIGERS 29: KILLARNEY COUGARS 38:

Tigers hosted the Cougars in Tralee Sports Complex and the home side were looking to complete the league double over Cougars but the visitors had other ideas as they came from behind to record an impressive win. Cougars made a slow start to the game and trailed by 6pts at the end of the opening qtr with Tigers Jack McGelligott and Daniel O'Shea and Darragh Breen all impressing for the home side with good work by Rian Colleran keeping the Killarney boys in contention. Cougars picked up the pace in the second qtr and were to take control with a strong 2nd qtr performance with Dean Sheehan excellent in defence and he opening the scoring with a fine basket that sparked the Cougars revival as they pushed forward with great scores from Tom Cahillane and Darren Ryan to leave Cougars ahead and in control by 9pts at the break. The sides were basket for basket in the 3rd qtr with Cougars finishing the stronger in the final qtr with some great baskets by Cian Doyle and Darren Ryan in what was a strong and determined team performance to take the points. Best for Cougars on this occasion were Darren Ryan, Dean Sheehan, Cian Doyle and Patrick Lyons.

U12 GIRLS: KILLARNEY COUGARS 31

ST BRIDGETS 19: Cougars girls made it back to back wins with victory on the road in Currow. Cougars used their height advantage to good effect. Cougars lead by 8pts at halftime and despite a good second half by St Bridgets Cougars had done enough to take the points



to make two wins in a row. Best for Cougars were Aimee Coffey, Yen Lennistor, Olivia Gaffey, Aimee Butler and Abigail Moynihan.

GIRLS U18 DIV 1: KILLARNEY COUGARS 50 CAHERCIVEEN 63: Another great game between these sides with Cougars ahead entering the final qtr only for Caherciveen to come with a very strong finish in the final qtr saw them come from behind to take the points. A great start by the Cougars saw them leading by 10pts in the opening minutes as Caherciveen were slow to start but they recovered to tie the game 16 all at the end of the qtr.

Again nothing between the sides in the second qtr with the home side pushing ahead with baskets by Shelley Clifford, Kelly Ahern and the impressive Niamh O'Connor but Caherciveen again responded with good baskets with a three pointer by Caoimhe Teehan leaving them ahead 24-25 at half time. The Cougars responded well and led at the end of the third to lead 42-38 with good baskets by Kelly Ahern, Niamh O'Connor and with Shelley Clifford dominant on the boards adding 10pts but they missed the chances to be further ahead having the upper hand for much of the qtr. The visitors were to respond in style with a very dominant final qtr as they hit some excellent baskets with Siofra O'Shea and Johanna Vogel both in top form and Teehan again to the fore, and despite the best efforts of the home side they couldn't get back into the game as Caherciveen finished the game much the stronger in a very entertaining game for the good attendance. Best for Cougars on this occasion were Shelley Clifford, Kelly Ahern, Grace Cahillane and Niamh O'Connor.

TRAINING: Continues every Friday evening for the Cubs U8 & U10 girls at 5 pm and boys at 6 pm at the Parish Hall.

FIXTURES: SENIOR: Womens Feb 2nd 8pm Killarney Cougars v Gneeveguilla.
Mens Feb 6th 7pm, Killarney Cougars v St Marys. Juveniles: Jan 27th U11 Boys
Killarney Cougars v Vixens 7 pm Parish Hall.
Jan 28th U16 Boys

Killarney Cougars v St Pauls 6 pm Pres Gym.

Feb 2nd U12 Girls 6 pm

Killarney Cougars v Gneeveguilla.

Feb 2nd U12 Boys 7pm

Killarney Cougars v Glenbeigh.

Further details on All Killarney Cougars Clubs training schedules and fixtures are all available on the website www.killarneycougars.com

KILLARNEY SWIMMING CLUB NOTES

CONGRATULATIONS: To all our swimmers who took part in the Grade III gala in UL, Limerick on the 14th of January, especially to those young swimmers taking part in their first gala.

Under 10 Girls – Jocelyn Hickey had a fantastic day in the pool winning gold medals in both the 100 metres freestyle and the 50 metres butterfly. Well done Jocelyn!

Under 11 Girls – Ava O'Malley was another swimmer in sparkling form taking gold in the 50 metres freestyle and a second gold in the 50 metres breaststroke.

Under 12 Girls – Alison Butler put on a seriously classy show to win gold in the 100 metres Individual Medley and bronze in the 50 metres butterfly.

Under 14 Girls – Killarney had some very strong performances in this age group with Caitlyn O'Connor totally on fire and winning gold in the 50 metres freestyle, bronze in the 100 metre freestyle and another bronze in the 50 metres breaststroke. Not to be outdone, Molly Whelan turned on the style to two lovely silver medals in the 50 metres butterfly and the 100 metres Individual Medley.

Other fine performances were put in by Lily Buckley, Niall Coffey, Roisin Kennedy, Kerry Lynch, Hannah O'Leary, Emma O'Sullivan, Seodhla O'Donovan, Ben Schreiber and Chloe Whelan – all swimmers to certainly watch out for in the future.

Thanks to our senior coach Cathal O'Brien and coaches Vicki Dando and Betty McGuire for all

the hard work put in during training and on the day. Thanks also to all parents for travelling to Limerick and taking part in the timekeeping.

FOSSA COMMUNITY GAMES NOTES

Well done to our U16 girls basketball team who have progressed to next weekend finals after a successful Sunday morning in Duagh. Great from the girls and their coach Kate Donnellan.

The U13 girls were unlucky on Sunday evening losing their Semi final to Castleisland. They followed that up with an agonising single point defeat against Currow who scored the winning basket on the buzzer. Thanks again to coaches Alan, Darren, David and to the girls Aimee, Alanna, Alicia, Alison, Ellen, Maedhbh, Melissa, Olivia and Sophie who made Fossa proud.

UPCOMING EVENTS: Best of Luck to the U13 Boys and U16 girls in the Basketball finals this Sunday. Anyone interested in participating in the U14 Quiz or the U14 spike ball please contact Amanda 0863283778 or in swimming contact Katherine Butler 0863152247

Remember the dates for all upcoming events and who to contact about them can be found on our Facebook page.

BADMINTON

Well done to everyone who participated in the Munster Juniors (Div 1&2). Congratulations to Sinead Galvin & Maeve Twomey who won the ladies doubles. Sinead was also runner up in the singles & Maeve & her partner Paul Kingston were runners up in the mixed.

Well done to Kieran Crehan (Killarney) & Jeanelle Griffin (Moyvane) who were runners up in the Listowel Tournament and congrats to the winners Brendan McGovern (Kingdom) & Jeab Workman (Killarney).

A reminder that the Kerry Singles competition for Divisions 1, 3 & 5 will take place this Sunday in the Sports and Leisure Club. Contact Jennifer for more details.

SUPPORT EUROPEAN TREE OF YEAR 2017



STUDENTS FROM THE MONASTERY NATIONAL SCHOOL EMBRACING THE MEMORIAL GROVE – MONSIGNOR HUGH O'FLAHERTY WAS A PAST STUDENT OF THE MONASTERY NATIONAL SCHOOL.
PHOTO (MACMONAGLE PHOTOGRAPHY)

Killarney Chamber and the Hugh O'Flaherty

Memorial Society have issued a "call to action" to vote for the Irish entry for the European Tree of The Year 2017. This European wide annual competition selects the tree/trees with the best story and the O'Flaherty Memorial Grove in Killarney has been selected as Ireland's entry.

The Hugh O'Flaherty Memorial Grove in the Muckross Arboretum (Killarney National Park) was planted in 1994 to commemorate the 50th anniversary of the WW2 Liberation of Rome and the role played by Monsignor Hugh O'Flaherty's Rome Escape Line which saved over 6000 people from capture by the Nazis.

Voting commences at 00.00 on the night of Wednesday February 1st on the competition website www.treeoftheyear.org Voting closes at midnight on Friday night February 28th. Only one vote per e-mail address is allowed. We need at least 30,000 votes to get us into the top three.

This is a great opportunity to promote the story of Ireland's trees, Killarney National Park and the Hugh O'Flaherty story to a European audience.

Please also ask all your friends and associates on Social Media to vote for Ireland's entry.



Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Foundation in Media (TR08743) - Tralee.

This full-time course offers you the opportunity to develop practical production skills in Media Project Management, Video Production, Sound Production, Photography, Digital Imaging and Media Publishing. **Start Date:** 6th February 2017. **Duration:** 14 weeks. **Certification:** QQI Level 3 Award Media Expressions 3N0792.

Manual & Computerised Payroll and Bookkeeping (ET025) - Tralee.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. **Start Dates:** 13th February 2017. **Duration:** 10 weeks. **Certification:** QQI Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

MTA Software & Networking Fundamentals (ET124) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal starter course for people considering a career in information and communication technology. **Start Date:** 20th February 2017. **Duration:** 14 weeks. **Certification:** Microsoft Technology Associate Certification.

Bus Driving - D Licence (ET07114) - Tralee.

This course provides participants with the skills and related knowledge in the rules of the road, driving a Large Public Service Vehicle (LPSV), customer service, documentation, first aid, manual handling, fire safety, digital tachograph, technical standards and work experience. Applicants must have a current full Class B Driving Licence and Class D Learner Permit. **Start Date:** 27th February 2017. **Duration:** 14 Weeks. **Certification:** Class D Driving Licence, RSA Driver Certificate of Professional Competence, QQI Level 5 Component Cert in Occupational First Aid and CILT - Digital Tachograph.

Fibre Installation Technician (ET08632) - Tralee.

This course is designed to provide the communications cabling industry with personnel who have the specialist knowledge and skills to install, fault find, repair and test fibre optic and copper communications networks. **Start Date:** 27th February 2017. **Duration:** 24 weeks. **Certification:** City & Guilds Level 2 Award in Communications Cabling (3667-02).

Food & Beverage Service (ETS8741) - Killarney.

This course is an excellent starting point for anyone wishing to work front of house in the hospitality industry. Participants will gain the knowledge and practical skills to provide a timely, efficient and professional food and beverage service to customers. **Start Date:** 13th March 2017. **Duration:** 28 weeks. **Certification:** City & Guilds Diploma in Food and Beverage Service Level 2.

Retail Skills Health and Beauty (ETS95) - Tralee.

This course offers participants the opportunity to develop the knowledge, skills and competencies required to work in the retail sector, particularly in pharmacies and in health and beauty outlets. **Start Date:** 27th March 2017. **Duration:** 37 weeks. **Certification:** QQI Level 4 Major Award in Retail Skills.

Wind Turbine Maintenance Technician (TR36R) - Tralee.

This course provides participants with the technical knowledge and skills to service and maintain large scale commercial wind turbines. Applicants must hold a National Craft Certificate or equivalent qualification in the electrical or mechanical trade and ideally have a number of years post apprenticeship experience. **Start Date:** 3rd April 2017. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53) and a number of related H&S certs.

Cisco on-line Blended Learning (ETL62) - Tralee.

This course focuses on network infrastructure. It covers switching, routing, wireless access, security and connectivity used in local and wide Area networks. A combination of on-line learning and tutor led workshops are used to deliver it. Previous computer networking experience is required for this course. **Start Date:** 3rd April 2017. **Duration:** 15 weeks. **Certification:** Cisco Certified Network Associate Certification (CCNA).

Traditional Stone Wall Construction (ET4R8) - Tralee.

This course offers participants the opportunity to develop the knowledge and skills required to build a variety of traditional stone walls. It's a hands-on course where participants learn the principles and techniques of stone working and dry stone wall construction using hand tools and locally sourced stone. **Start Date:** 10th April 2017. **Duration:** 32 weeks. **Certification:** QQI Level 5 Special Purpose Award in Traditional Stone Wall Construction.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

www.kerryetbtrainingcentre.ie, E-mail: training@kerryetbtrainingcentre.ie



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TODAY IS INTERNATIONAL DAY OF COMMEMORATION IN MEMORY OF THE VICTIMS OF THE HOLOCAUST

International Holocaust Remembrance Day is an international memorial day on 27 January commemorating the victims of the Holocaust. It commemorates the genocide that resulted in the death of an estimated 6 million Jewish people, 2 million Romani people, 250,000 mentally and physically disabled people, and 9,000 homosexual men by the Nazi regime and its collaborators.

On 1 November 2005 during the 42nd plenary session The United Nations General Assembly adopted a resolution (A/RES/60/7) by consensus condemning "without reserve" all manifestations of religious intolerance, incitement, harassment or violence against persons or communities based on ethnic origin or religious belief, whenever they occur.

The theme for the Holocaust remembrance and education activities in 2017, including the Holocaust Memorial Ceremony, is "Holocaust Remembrance: Educating for a Better Future". The theme emphasises the fact that Holocaust education has a universal dimension and can serve as an appropriate platform for building respect for human rights, increasing tolerance and defending our common humanity. The Holocaust was a defining point in history and its lessons have much to teach about the danger of extremism and the prevention of genocide today.

HANDY HINTS

- Given enough time, all mattresses and sofas become dirty. To get them looking like they're brand new once again, you merely need to sprinkle them with baking soda, leave it for a few hours and then vacuum it up. All traces of dirt and smells will disappear.
- To clean a wooden chopping board, cover the board in salt and wipe it down with a cut-open lemon, then rinse it in some hot water.
- With the help of an old tooth brush, you can clean all the hard-to-get-at places in your unplugged toaster with ease.

- Wipe the surface of a tap with some wax paper and water stains will not appear on it for a long time.
- Put one teaspoon of vanilla extract in a bowl, then place it in the preheated oven. Your house will fill with a magical aroma and all foul smells will disappear.

A CAT THAT WAS SAVED AND RAISED BY A HUSKY NOW THINKS IT'S A BIG BRAVE DOG

Rosie is a rescue stray found at just 3 weeks old. She was a sickly little kitten until the family that found her paired her up with their gentle Siberian Husky Lilo who changed the little kitten's life forever.

"She almost did not make it through the first night... Even with round the clock care. She was lethargic and limp. So we decided to go out on a limb and let her cuddle extensively with Lilo" Thoa Bui, one of the pets' owners said.

Lilo has never had puppies of her own, and never will but "By some miracle, she started suckling on Lilo and Lilo went full 'mom mode', even stimulating her to go to the toilet. "Lilo never left Rosie's side for hours. She cuddled her and comforted her until she was better and ready to finally drink from a bottle. Rosie immediately began getting much better and soon made a full recovery" Thoa added.

Rosie looked to Lilo for guidance, so the young cat started "mimicking everything" the dog did, "When she saw Lilo and the dogs went outside to the toilet, she started doing the same," Ms. Bui said. "When they were leashed to go on walks, Lilo wanted to be leashed and to come along too."

Lilo who is the Husky leader of the pack has taught Rosie many skills, one of them is to walk with her own brother and sister and she never had any problem fitting in with the husky gang. The four pets eat together, drink from the same bowls, play together, go on walks together and even nap together.

Thoa, Bui, Thi and Tram Bui are three sisters who live in San Jose, California, they own Lilo and Infinity and Rosie, while their cousins -- who live down the street from them -- own Miko

and Rosie. The two families have been in love with animals all their lives. "Ever since we were little, we would take in strays and feed them! We raise money through selling dog bows and bandanas and all proceeds go towards our Trap Neuter Release projects that we do for feral cats" they said.

QUOTE

"One of the deep secrets of life is that all that is really worth the doing is what we do for others" - Lewis Carroll

ON THIS DATE JANUARY 27TH

1606 - Guy Fawkes was convicted of attempting to blow up the English Parliament.

1662 - In Providence Rhode Island the 1st American lime kiln began operation.

1710 - Tsar Peter the Great set first Russian state budget.

1783 - The newspaper the Glasgow Herald was published for the first time.

1832 - Charles Lutwidge Dodgson, who wrote "Alice's Adventures in Wonderland" under the pen name Lewis Carroll, was born in Cheshire, England.

1880 - Thomas Edison received a patent for his electric incandescent lamp.

1914 - A petition was written and submitted by the black and coloured women of the Orange Free State, an independent Boer sovereign republic in southern Africa, against the carrying of passes by women.

1942 - Minus 27.4°C, Netherland's coldest day since 1850.

1945 - Russia liberated Auschwitz and Birkenau Concentration Camps in Poland.

1948 - Magnetic tape recorders were sold to consumers for the first time.

SHARK SWIMS UP TO THE SAME DIVER FOR CUDDLES EVERY TIME SHE SEES HIM

Rick Anderson loves to go diving off the coast of Nobbys Beach in New South Wales, Australia.

One thing that keeps him coming back to this spot is a 6-foot female Port Jackson shark.

According to Mr. Anderson, she always recognizes him.

"I started playing with her about seven years ago when she was just a pup about 6 inches long, I approached her carefully so as not to spook her, then began to gently pat her. Once she got used to me, I would cradle her in my hand and talk soothingly to her through my regulator."

"I did this each time in the first season she was here," he said. "Then over the following seasons, she'd recognize me and would swim up to me for a pat and cuddle. She soon got used to me - to the point where she will swim up to me when I'm going past, and tap me on the legs until I hold my arms out for her to lay on for a cuddle." "Most divers seeing this for the first time can't believe it," he added. "I don't feed her or any of the other sharks I play with - I basically treat them like I would a dog."



THE FRIENDLY FACES THAT GREET YOU AT THE FRANCISCAN FRIARY OFFICE & SHOP, PICTURED AT THE KILLARNEY OAKS HOTEL FOR THEIR ANNUAL GATHERING. L-R ANN CUSACK, BRENDA FITZGERALD, ANN MARIE O'LEARY, SHIRLEY TOBIN, MARGUERITE HERLIHY & MARY DENNEHY. PICTURE MARIE CARROLL-O'SULLIVAN.



DEBORAH HOLOHAN (CENTRE) PICTURED AT THE LAUNCH OF 'AG RITH' AT THE SHIRE WITH HER TWO DAUGHTERS IVERAGH (LEFT) & ALANNAH (RIGHT). PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT THE KILLARNEY OAKS HOTEL FOR THE ANNUAL FRANCISCAN FRIARY EVENING OUT WERE THE EUCHARISTIC MINISTERS, READERS & FLORISTS. PICTURE MARIE CARROLL-O'SULLIVAN.



ENJOYING THE MUNSTER JUNIOR CUP FINAL AT CELTIC PARK, KILLARNEY CELTIC V RUNGMAHON RANGERS CORK WERE JAY DANTER (CENTRE) WITH HIS SONS RHYS (LEFT) & CERYSAN (RIGHT). PICTURE MARIE CARROLL-O'SULLIVAN .



EXHIBITORS PICTURED AT THE MUCKROSS PARK HOTEL AND SPA UNIQUE WEDDING SHOWCASE EVENING HOSTED BY WEDDING SALES MANAGER, BERNIE O'DONOGHUE, WHO WELCOMED OVER 50 NEWLY ENGAGED COUPLES PLANNING THEIR SPECIAL DAY TO MEET WITH WEDDING EXPERTS AND ENJOY SOME CULINARY DELIGHTS TO INSPIRE THE PERFECT WEDDING MENU. INCLUDED ARE FROM LEFT, DANIELLE O'DONOGHUE, TIE THE KNOT WEDDINGS, PAUL WEIR, SIMPLY SUITS AND THE WEDDING JOURNEY BOOK, KERRI MCCARTHY, EAST CORK WEDDING CARS, PAT O'NEILL, HAIRY STYLIST, COLETTE O'SHEA, MAKEUP ARTIST, BERNIE O'DONOGHUE, WEDDING SALES MANAGER, MUCKROSS PARK HOTEL, GRACE PENNEY, DIAMOND BRIDAL, THERESA FOLEY, HEAVENLY BAKED, SINEAD O'SULLIVAN, THE INVITE HUB, CHRISTINE HEALY AND PJ O'SULLIVAN, AUNTY NELLIE'S TRADITIONAL SWEETS.



PATRICK O'SULLIVAN AND NOREEN KENNEDY FROM CROMANE PICTURED AT THE MUCKROSS PARK HOTEL AND SPA UNIQUE WEDDING SHOWCASE.



BABY NATHAN, PICTURED AT GNEEVIGUILLA CHURCH ON HIS CHRISTENING DAY WITH HIS MUM, SARAH O'MAHONEY (SEATED CENTRE) & DAD, DANIEL DALY (SEATED CENTRE), FAMILY & FRIENDS. PICTURE MARIE CARROLL-O'SULLIVAN



THE WEDDING TEAM AT MUCKROSS PARK HOTEL & SPA FROM LEFT, JAMES O'CONNOR, BERNIE O'DONOGHUE, NIAL TANGNEY AND DANIEL O'CONNOR.

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(Just behind the Royal Hotel)
John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm
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and Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie
For advice and representation please feel free to call into the office or clinics
Office: **064 66 94199/083 8541447**
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AWARE SUPPORT GROUP MEETINGS

Aware Depression Support

Group meets: Killarney – Mondays, KDYS at 8pm. Aware Support Groups are free to attend, no referral necessary. **www.aware.ie**

KILLARNEY AL ANON

The Killarney Al-Anon meetings are held Tuesday nights at 8.30pm, also Thursday mornings at 11am in St. Claires, Vincent de Paul Building, Tesco carpark, Beech Road, Killarney

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JOAN O SHEA MOLLOY WHO RETIRED FROM SPA GAA CLUB THIS WEEK AND IS PICTURED WITH DONIE LOONEY, CO WORKER AND GERARD MANGAN CHAIRMAN. "JOAN KEPT THE CLUBHOUSE SPOTLESSLY CLEAN FOR THE PAST 4 YEARS. ALWAYS GREETED YOU WITH A SMILE ON HER FACE AND WAS VERY HELPFUL TO EVERYONE SHE MET. IT'S WITH GREAT REGRET THAT WE LOSE JOAN THROUGH RETIREMENT BUT SHE CERTAINLY DOESN'T LOOK HER AGE. SHE DID HER WORK ENERGETICALLY AND WITH PRIDE. WE WISH JOAN EVERY GOOD WISH IN HER RETIREMENT, WITH HER HUSBAND HANS, IN CASTLE FALLS, ROSS ROAD", A SPOKESPERSON FOR THE CLUB TOLD THE KILLARNEY OUTLOOK.

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WANTED

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A WORD OF VICTORY

Welcome back dear reader last week we looked at faith. Hebrews 11:1 tells that it is faith that sustains us, and furthermore, in verse 6 that without faith in God it is impossible to please Him, and that He rewards those who diligently seek Him out. Many people find faith difficult. We have more emphasis on suspicion and scepticism nowadays and find it easier to distrust rather than believe. When Jesus was ministering to a man whose child He healed one day, He told him 'all things are possible to those who believe', the father was open and honest in his reply – 'Lord I believe, help my unbelief' (Mark 9:24) Jesus went on to state that we need to come to Him as little children, humble, and trusting. The Lord uses symbolic language right throughout the Bible. He often likens Himself to a Shepherd looking out for His flock – each and every sheep is known to Him and valuable to Him (Ezekiel 34:11-16). It is sad to see recent events involving the United Nations against Israel unfold – sad, but not unexpected, for there are multiple prophecies in the Bible about this. Friend, if you are a believer in Jesus don't set yourself up against God by coming against the nation of Israel or His people the Jews, as many are doing right now. God promises to bless those who bless them and curse those who curse them (Genesis 12:3). Don't forget Father God sent His Son Jesus, who was born a Jew, to sacrifice His life for the forgiveness of our sins. We urge you to Pray for the peace of Jerusalem... for... It is a terrible thing to fall into the hands of the Living God (Psalm 122:6; Hebrews 10:31). More next week...

Contact: 064 - 66 22950 E: wovkillarney@gmail.com

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Applications in writing can be sent to The HR
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NOVENA TO THE SACRED HEART


You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish. **S.P.**

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THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. **M. McC**

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. **X**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **H.H.**

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. (Make request). O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3). Say this prayer for 3 consecutive days and then publish it and request will be granted to you. This prayer must be published in thanks giving for favours received. **X**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **N.O.B.**

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FIRST ANNIVERSARY



In Loving Memory of

SHEILA (MAC) KELLIHER

Clash, Killarney who died on the 31st of January, 2016.

Lonely is the home without you,
Life to us is not the same;
All the world would be like heaven,
If we could have you back again.

A light from our household gone,
A voice we loved is still,
A place is vacant in our home,
That never can be filled.

May the God of Love and Mercy,
Care for our loved one who is gone,
And bless with consolation,
Those left to carry on.

The happy hours we once enjoyed,
How sweet their memory still,
But death has left a vacant place,
This world can never fill.

How dearly we loved you,
And prayed you might live,
But Jesus just beckoned,
And we had to give.

God gave us strength to bear it,
And courage to fight the blow,
What it has meant to lose you,
God alone will ever know.

**Sadly missed and never forgotten
by Tomas, Stephen and Ryan.**

**Anniversary Mass for Sheila will be on the
31st January 9.30am in the Church of the
Resurrection.**

FIRST ANNIVERSARY



*In Loving Memory of a dear
daughter in law, sister in law
and auntie.*

SHEILA (MAC) KELLIHER

**Clash, Killarney who died on the
31st of January, 2016.**

**We miss your smile, your joking ways,
We miss the things you used to say.
And when old times we do recall,
It's then we miss you most of all.
Sadly missed by Ann and Sean.**

**A Loving nature, a heart of gold,
The very best this world could hold.
Never selfish, always kind,
These are the memories you left behind.
A silent thought, a quiet prayer,
For a special person in God's care.
Sadly missed by Brian & Liz, Sean, Tony,
Brid & Mike and Ronan.**

**We hold you close within our hearts,
And there you shall remain,
To walk with us throughout our lives
Until we meet again.
Sadly missed by Conor, Elizabeth, Isobel,
Jack, Kian and Emma xx**



4TH & 18TH ANNIVERSARY



O'CONNOR

**In loving memory of Denis
O'Connor who died on 4th
February 1999 & his wife Mary
who died on 13th February 2013.**

**Late of Knockanes, Headford,
Killarney.**

*Your life was love and labour,
Your love for your family was true,
Ye did your best for all of us,
We will always remember both of you.*

Lovingly remembered by your sons,
daughters, sons in law, daughters
in law, grandchildren and great
grandson.

**Anniversary Mass in St. Agatha's
Church Glenflesk on Saturday
28th January at 7pm.**

FIRST ANNIVERSARY



In loving memory of our dear friend

SHEILA KELLIHER

**Killarney, Co. Kerry
who died on 31st January 2016.**

*You're on top of the world
now Sheila "Mac".*



**Love and miss you always
Sheila, Sharon, Sheila, Marie,
Mary & Rose.**

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.

PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything
and show me the way to reach my ideal.
You give me the divine gift to forgive and
forget the wrong that is done to me and who are
in all instance of my life with me.
In this short dialogue I want to thank you for
everything and confirm once more that I never
want to be separated from you no matter how
great the material desires may be. I want to be
with you and my loved ones in your perpetual
Glory. Amen. (Say this prayer three consecutive
days without stating the request, after the third
day the request will be granted no matter how
difficult it may be. Promise to publish this as
soon as your request is granted. **M.W.**

LETS PRAY TOGETHER INTO THE WORD

Psalm 91 He who dwells in the shelter of the
Most High will abide in the shadow of the
Almighty. I will say to the Lord "my refuge and
my fortress my God in whom I trust" (meaning).
This doesn't necessarily mean that along
our live's pathways we will have everlasting
happiness, overflowing joy, unbroken peace.
This world consists of many trials. John Bunyan
said "Children, the milk and honey is beyond this
wilderness" But God does give peace of mind and
rest of heart, to those who make their home -
abide in him, and grow in faith and love. To those
who dwell in Him and He in them. AMEN.
For Prayer Requests
laurencewoodley63@gmail.com

GRATEFUL THANKS

O Mother of Perpetual Help,
Sacred Heart, Michael Archangel,
Gabriel, St. Anthony, St. Joseph,
St. Theresa, St. Jude, Infant of Prague,
St. Padre Pio, St. Martin, Our Lady of
Mount Carmel, St. Colette.
Thank you for favours received.

NOVENA TO ST. ANTHONY

O Wonderful St. Anthony, glorious on account
of the fame of your miracles, and through the
condescension of Jesus in coming in the form
of a little child to rest in your arms, obtain for
me of His bounty the grace which I ardently
desire from the depths of my heart. (State your
intention). You, who were so compassionate
toward miserable sinners, regard not the
unworthiness of those who pray to you, but the
glory of God that it may once again be magnified
by granting of the particular request (State your
intention) which I now ask with persevering
earnestness.
Amen Pray one Our Father, one Hail Mary
and Glory Be to the Father, in honour of Saint
Anthony Saint Anthony pray for us.

NOVENA TO THE SACRED HEART

You have said O'Divine
Jesus ask and you shall receive, seek and you
shall find, knock and the door shall be opened
to you. Relying on these promises I come with
confidence during the novena to beg of you the
favours that I need (make request). From whom
shall I ask, Lord Jesus, if not from you whose
heart is an unfailing source of graces and merits.
Most loving heart of my God I believe in your
power, I believe in your knowledge, I believe in
your personal love for me and therefore O Sacred
Heart of Jesus I place all my trust in you. Our
Father, Hail Mary and Glory. Say 3 times for 3
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Heart of Jesus I place all my trust in you. Our
Father, Hail Mary and Glory. Say 3 times for 3
days and request will be granted, Never know to
fail. Must publish. **G.T.**

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