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Topaz Centra
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I. BIKE

I.C. Photo Ian Cronin
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Holy Cross Day care Centre
Dept. Tourist
Killarney Garda Station

INNISFALLEN MALL

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Horan's Fruit & Veg
Pork Shop Jones
Frame Shop
(Upstairs) Shylocks
Des Shop
Killarney Credit Union
S /Welfare

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McSorley's
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Dan Lenihan Bar

Murphy's Bar

Arbutus Hotel

Killarney Towers

Urban Heros

Porter House

Dunloe Lodge

O'Neills

Kerry Boutique

SCOTTS LANE

Killarney Park Hotel

Mylestone Interiors

Peter Marks

Torc Travel

Golden Chopsticks

COLLEGE SQUARE / PLUNKETT STREET

Plaza Hotel

O'Leary Electrical

White-Heather Florist

Allegro Hot & Cold

Music Express

Joevany Leather Goods

Galvin Auctioneers

Spar

Reen's (Chemist)

Killarney Household Gifts

Mike's Fast Food

Tatler Jack

Urban Heros

Porter House

GLEBE LANE

Killarney Barber Shop

Continental Café

(Spolgers)

Goggin's Hair Salon

Jam Café

J MAC Office

Kerry Mortgages

Mailbox

MAIN STREET

Killarney Grand

Killarney Travel

Der O Sullivan Deli

Sporty's Gym

Chocolate Hair & Beauty

Town Hall

Killarney Hair Studio

Medical Hall

Euro City

Mac's Restaurant

John Reidy (Bar & sweet shop)

EBs

Coyne & Culloty

Christy's Irish Stores

Easons

Sheehan's Pharmacy

Brian James

Abbey Travel

Killarney bus tours

HIGH STREET

Catherines Hair Salon

Flair for Hair

Stonechat

Catherine's Hair Salon

Foleys Town House

Bricin

Triona's Hair Salon

Dealz

Quill's Fashion

Keane's Jewellers

Star Seafoods

Sceal Eile

Julies Barber Shop

O'Connor's Bar

Smoke House

Cronin's Butcher

Salvador's Pizza

Corkery's

Paddy Power

Lyne's

Underground

02 Phone Shop

Ladbroke's

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Speak Easy

Wisteria

Eagers

JC O'Shea

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Killarney Tourist Office

Genting Thai Rest

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WOODLAND INDUSTRIAL ESTATE-

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Off Licence

Daly's Petrol Shop

Supermac's

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Agri Shop

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Maurice Prendiville

Leanes Tool Hire

Killarney DIY

Factory Carpet

National Tile & Bathroom Centre

Murphy's Print

Buddies

Buckley's Tours

M.D.O'Shea's

Killarney Autos

Park-Lane Dry Cleaners

Credit Union

CORK ROAD

Killarney Heights Hotel

Bowler's Garage

Corcorans Furniture

MUCKCROSS ROAD

Ross Hotel

Killarney Avenue

Killarney Park Hotel

Handy Stores

International Hotel

Tom Spillane

Cinema

Craft Shop

Four Star Pizza

Lir Coffee Shop

Amber Station Muckcross rd quick

pick

Carry Out Licence

Ross Golf Course

Randles Court Hotel

Randles Nissan Garage

Dromhall

Brehon Hotel

Gleneagle

Victoria House Hotel

Chinese Restaurant

(after Gleneagle)

Spar (Hegarty's)

Oaks Hotel

Molly Darcy's

Muckcross House Restaurant

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Dunnes

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In-Between Pub

Carson's Supermarket

Kilgobnet Breen's Shop

Sullivan's Shop

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MILLTOWN

Londis Top Shop

Milltown Farmer's Market

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Burke's Butchers

Pharmacy

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 3D EVEREST (12A) 130m Sat/Sun 4:20	 LEGEND (18) 135m 7 Days 8:45 Fri-Mon 6:15	 MAZE RUNNER THE SCORCH TRIALS (12A) 115m 7 Days 6:20 Sat/Sun 1:30 4:00	
 STRAIGHT OUTTA COMPTON (16) 155m Fri-Tues 8:30	 PIXELS (12A) 115m Sat/Sun 2:05 4:15	 INSIDE OUT (G) 110m 7 Days 2:15 4:15 Sat/Sun 12:15	
 MINIONS (G) 105m Sat/Sun 2:05 4:15	KIDS CINE CLUB Sat 26th & Sun 27th September TWO BY TWO (G) 100m 12:10 MINIONS (G) 105m 12:05 SONG OF THE SEA (PG) 100m 12:15		

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KILLARNEY CAMPAIGNERS LAUNCH PAINT IT PINK

Members of the Killarney Branch of the Irish Cancer Society came together this week to launch the Paint it Pink breast cancer campaign. Paint it Pink is a fun way for companies and people to raise money for the Society's work across breast cancer funding, vital research, advocacy and services to those affected by breast cancer.

The campaign calls on the public and companies to do something to 'Paint it Pink' throughout October. People can hold a 'Paint it Pink' fundraising event, big or small, in your home, workplace or community. Visit www.paintitpink.ie to donate or to find ideas on how to get involved. You can also donate by texting Pink to 50300 to give €4 to the Irish Cancer Society. All €4 goes to the Society unless a provider applies VAT when a minimum of €3.25 will go to the Society. Service provided by Likecharity 01-4433890.

Money raised during this fundraiser will be used for research funded by the Irish Cancer Society which is paving the way for a new breast cancer treatment to be trialled for the first time in Ireland. As the Irish Cancer Society launches its 2015 breast cancer campaign, Paint it Pink, it is delighted to showcase a significant research study that brings fresh hope to breast

cancer patients with a particularly aggressive form of the disease, who are resistant to current therapies.

Research carried out by Irish Cancer Society Research Scholar, Naomi Elster, is bringing hope to a significant proportion of patients with HER2-positive breast cancer, an often more aggressive form of the disease. Ms Elster, under the guidance of Professor Bryan Hennessy and Dr Alex Eustace at the Royal College of Surgeons in Ireland (RCSI), tested the efficacy of a new type of cancer drug, copanlisib, developed by pharmaceutical company, Bayer.

Through this research, she found that the drug acts as a signal blocker in cancer cells and holds promise of stemming the growth and spread of cancer cells when used in combination with standard therapies (see footnote). This discovery is now paving the way for this drug to be tested in advanced HER2 breast cancer patients when a clinical trial gets underway in Ireland later this year. It will be the first time that this promising new treatment combination will be made available to treatment-resistant breast cancer patients in Ireland.

The commencement of this new clinical trial comes as the Irish Cancer Society launches its breast cancer campaign, Paint it Pink.



PICTURED AT THE INTERNATIONAL HOTEL FOR THE LAUNCH OF THE IRISH CANCER SOCIETY'S STREET COLLECTION WHICH WILL TAKE PLACE ON FRIDAY 2ND OCTOBER AT THE USUAL LOCATIONS IN AND OUTSIDE OF TOWN WERE L-R ELEANOR DOHERTY, EUGENE O'SULLIVAN, KATHLEEN O'SHEA & KATHRINA BREEN. YOUR SUPPORT IS GRATEFULLY APPRECIATED AND ANYONE WHO CAN GIVE THEIR TIME TO HELP SHOULD CONTACT THE COMMITTEE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

**ON YOUR MARKS.... GET
SET.... GO....**

KILLARNEY 10 MILE READY FOR THE OFF

It will be all systems go tomorrow morning as the long awaited Killarney 10 mile road races takes place at 9am with local TD Michael Healy-Rae performing the shotgun start.

Guest of honour on the day will be World walking champion Olive Loughnane and late registrations can be taken this evening, Friday between 6pm and 8pm at the College

or if necessary between 7am and 8.30am on Saturday morning to facilitate those travelling for the race.

Starting point for the event will be Ballydowney Roundabout with the finish taking place at St. Brendan's College.

Traffic restrictions will be in place during the race which is a fundraiser for the Community Track Project in St. Brendan's College.



KILLARNEY LIGHTS UP TO CELEBRATE PURPLE FLAG WEEKEND



for a better night out

In May 2014, Killarney became the third town in Ireland to gain the Purple Flag recognition.

In gaining this accreditation, Killarney proves that it is welcoming to everyone and offers a safe environment to socialise in.

Purple flags are awarded to towns and cities judged to meet certain criteria for vibrant and safe evening and night time economies. The accreditation process is similar to Green Flag Award for parks and Blue Flag for beaches with the award requiring annual renewal. It is essentially a standard of excellence for night time destinations.

Next weekend is International Purple Flag weekend and Killarney will celebrate it by lighting up buildings in the town in purple.

"We want to acknowledge that Killarney is a safe town to go out in and encourage everyone to get involved in Purple Flag weekend", Killarney Chamber President Kate O'Leary told the Killarney Outlook.

TX MAXX TO OPEN

Thursday October 8th is the date that TK Maxx are set to open in Killarney.

The retail giant are set to create around 30 jobs in the Main Street store which has been a hive of activity over the past few weeks with the front of the building now complete while the inside is getting the final touches before stock begins to arrive.

The arrival of the shop has been welcomed by the Chamber of Tourism and Commerce.



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NOREEN ENTERS THE SEARCH FOR IRELAND'S MOST LOVEABLE TREE

A Killarney woman with a love for trees has entered a majestic tree which stands in the grounds of Muckross Gardens into the National Tree Huggers Contest.

Noreen O'Sullivan from Ballaugh entered the tree in a bid for the title of Ireland's most loved tree.

People are known to develop strong emotional ties with trees – yes even the toughest of us! Trees with historical links or trees planted to commemorate loved ones are seen as living memorials. Big, strong stately trees can be a source of reassurance and give us a sense of place. But, what about lesser-known trees?

People with interesting stories about trees from all over Ireland will be taking part in the contest in 2015. Unlike in other contests, the age, beauty and height of the trees are not really that important. What is important though is the story that the tree holds for the person that enters the contest.

Deadline for entries is Saturday 17th October,

2015.

Voting for Ireland's most loved tree will commence on Wednesday 21st October and will continue until Friday 13th November on a dedicated website www.lovemytree.ie

If you have a special tree why not enter the contest and tell the world what it means to you. All you have to do is have a hi-resolution picture taken of you hugging your favourite tree, write 120/150 words telling us why that particular tree is important to you and email it your entry to info@justforests.org or phone 086 8049389 for further information.

The tree/story with the most votes will be Ireland's nomination in the European Tree of the Year Contest which takes place during February 2016.

Winner will also receive a weekend for two in the beautiful Arbutus Hotel in the centre of Killarney and a hand-crafted Irish oak framed copy of their winning tree.



TREE HUGGERS...PICTURE: L TO R: CECILIA FROM MEXICO, NOREEN FROM KILLARNEY, LUCIE FROM FRANCE, ALE FROM MEXICO AND TERESA FROM USA HUG THE GIANT OAK TREE IN KILLARNEY NATIONAL PARK. THIS IS ONE OF THE TREES ENTERED IN THIS YEAR'S NATIONAL TREE HUGGERS CONTEST 2015-ENTERED BY NOREEN O'SULLIVAN, KILLARNEY.

MEADHBH COMMENCES PRESTIGIOUS THREE-YEAR PROGRAMME

Meadbh Daly from Killarney is one of three Kerry graduates who commenced a three year graduate programme in ESB last week.

They form part of a cohort of 55 graduates from Irish third level institutions, spanning fields of engineering, IT, marketing and finance.

The Graduate Programme is a tailored three year scheme which will see these graduates develop both professionally and personally. It forms part of an ambitious drive by ESB to recruit the brightest talent from Irish third level institutions.

The graduates will be placed across ESB's five business units – ESB International, ESB Networks, Generation and Wholesale Markets, Business Services Centre and Electric Ireland – in the coming years.

Meadbh will be joined by Sean O'Sullivan from Kenmare and Barry O'Donnell from Tralee.



MEADHBH DALY, KILLARNEY

CAMOGIE TOURNAMENT IN VERONICA'S MEMORY

Camogie enthusiasts will descend on Dr. Crokes GAA grounds in their droves tomorrow as the Killarney Camogie Club hold the annual Veronica Stack Memorial Tournament.

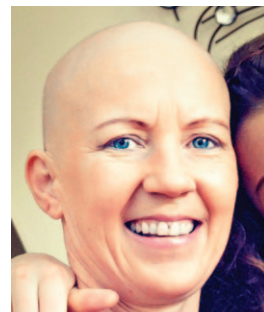
Veronica Stack, who was a founding member of the Killarney Camogie Club and its Chairperson, sadly lost her battle with cancer on 30th Sept. 2013. She was an inspiration to all who had the pleasure of knowing her. Her husband Jason, took up the mantle by becoming the Chairperson in 2014, whilst their three daughters Kate, Niamh & Sadhbh continue to

play with the club.

The Killarney Camogie club are hosting the Veronica Stack Memorial Tournament on Saturday 26th September. from 10am to 4.00pm at the Dr. Crokes' G.A.A. grounds, Killarney. The club would like to extend an invitation to everyone to come along on the day and in particular to all the girls who have been introduced to camogie through the schools training initiative organised by the South Kerry Hurling Association. Nine camogie clubs from Kerry, Cork and Limerick will be participating in

what will hopefully be a great day of camogie!

If anyone would like to find out more details or feel that they could help out on the day, please feel free to contact Margaret Hickey. Tel No. 087 6403206.



VERONICA STACK.

IF YOU HAVE A STORY...

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MATERIAL WANTED FOR NEW BOOK ON KERRY AND THE 1916 RISING



BRIDGET MCAULIFFE AND OWEN O'SHEA WHO ARE SEEKING MATERIAL FOR INCLUSION IN A NEW BOOK ON KERRY AND THE EASTER RISING OF 1916, PICTURED AT THE PADRAIC PEARSE MONUMENT IN TRALEE.

Two Kerry journalists, Owen O'Shea from Milltown and Bridget McAuliffe from Duagh along with history editor, Dr Mary McAuliffe of University College Dublin, a native of Duagh are looking for Kerry people's involvement in the events leading up to and during the 1916 Rising for a new book. The book will be published to coincide with the State commemorations next year and the editors are asking anyone whose family members were involved in events during this period to bring relevant material to the Revolutionary Decade Roadshow which takes place from 11am to 5pm on Saturday, October 3rd at the Kerins O'Rahilly GAA club, Strand Road, Tralee.

The book will present detailed biographies of the many Kerry people who were involved not only in Kerry, but around the country and in Dublin, in the actual Rising. These biographies will be accompanied, where possible, by photographs of the participants.

They are asking the public to bring along any material - photographs, pamphlets, poems, songs, memoirs, notes - relating to those involved in the Rising, in Dublin, Kerry and elsewhere. Items will be scanned and returned to the owners on the day.

'Frequently local and national histories

intersect,' Dr McAuliffe said. 'In order to fully understand the socio-political context of 1916, local histories are vital. We are inviting anybody who has information on their relative's involvement in this period in Kerry to come along to the Revolutionary Roadshow and bring any relevant items of interest with them on the day.'

Dr McAuliffe, who is an expert on Cumann na mBan and revolutionary women, will be available at the Roadshow on October 3rd to discuss any queries regarding women and their roles in the Rising period. She is also happy to look at and evaluate the historical association of material and artefacts brought in on the day. The book, which will be published early next year, will contain essays by historians on Austin Stack, Roger Casement, The O'Rahilly, Thomas Ashe, Fionán Lynch, Thomas MacGreevy, Cumann na mBan, the Kerry GAA and revolution, the drownings at Ballykissane Pier, and the Irish Volunteers in Kerry. The book will contain an overview of the Rising and also of the socio-political and cultural life in Kerry at the time.

Further information is available from Bridget McAuliffe on 087 2342005 and at kerry1916book@gmail.com

ON YOUR BIKE WITH CASTLEISLAND AFC

Castleisland AFC are looking for cyclists to take part in their fundraising cycle which takes place on this Sunday, September 27th.

Fundraising Committee member Mike Brosnan said that the club wants cyclists who might be "rusty after the Ring!" or who just want to get

out for a Sunday spin.

"We are coming to the end of the cycling season and we hope that many will want one last day out before they put away the bikes for the winter. We are having two routes of both 35km and 75km to suit all abilities. Registration will be at our grounds on the Limerick road from 8.30am to 10am and the event will roll out at 10.30am, with refreshments provided.

"The cost will be e25 or e20 for Cycling Ireland members with ID and we hope to have a big turn-out. "Anyone who wants more information can visit our Facebook page or contact Patrick on 087 2787094."

DESTINATION KERRY LAUNCHED IN DUBLIN

This month, top Kerry delegates gathered in Dublin's historic Shelbourne Hotel to launch the new Destination Kerry initiative to a selection of Ireland's key travel writers and influencers.

Destination Kerry is an exciting new tourism initiative from Kerry County Council, Fáilte Ireland and a number of private tourism businesses based in the county. Destination Kerry aims to promote the county as the ultimate year-round travel destination in Ireland by highlighting the wealth of attractions that the Kingdom County has to offer for both domestic and international tourists.

Amongst those representing the Destination Kerry initiative at the private launch event was:

- Ms Marie Chawke, former manager of the magnificent Aghadoe Heights Hotel
- Ms Moira Murrell, Chief Executive, Kerry County Council

- Ms Joan McCarthy, Head of Tourism Development, Kerry County Council

- Mr Kate O'Leary, President Killarney Chamber of Tourism & Commerce

- Ms Kate Quinlan, QC's Cahirciveen

- Mr John Griffin, Tourism Officer Kerry County Council

- Mr Brendan Tuohy, Chairperson of the Destination Kerry Forum

- Mr Sean Lyons, Listowel Festival

- Mr Padraig McGillicuddy, Proprietor Ballygarry House Hotel & Spa

Minister of State for the Diaspora, Mr Jimmy Deenihan, attended as an honorary guest at the launch luncheon, delivering a powerful opening address on the importance of promoting Kerry as the year-round destination of choice for holiday makers.

Plans are now afoot to promote various attractions, such as the Wild Atlantic Way, as well as a new five-year tourism strategy to encourage visitors to explore all parts of the county, including but not limited to the traditional tourist hubs of Killarney, Tralee and Listowel.



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TRUTH #1

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feel that it would keep them from fitting in with their peers. * It turns out that standing out in the crowd isn't always a good thing.

TRUTH #2

Teens wearing Invisalign® clear aligners are 2X more likely to have a

boost in self-esteem

while in treatment than teens treated with metal braces. * It's hard to show confidence with a mouth full of metal.

TRUTH #3

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as metal braces. Dr. O'Loughlen is recognised by Invisalign as a platinum elite provider and has been treating all ages with Invisalign for 12 years.



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TRUTH #4

Invisalign Teen clear aligners actually

cost about the same

as metal braces. Insurance policies and tax relief apply as normal. Treatment costs from as little as €2,500. Monthly interest free instalment plans & Value package plans available.

TRUTH #5

Teens wearing Invisalign clear aligners are 68%

less likely to be teased

than those wearing metal braces.* Since Invisalign aligners are virtually invisible, bullies can't tease what they can't see.

TRUTH #6

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FASHION FEAST AT THE PLOUGHING

MISS Kerry Mairead Breathnach and former Kerry Rose Mary Hickey will be the celebrity judges at a gala fashion show to be held at the rescheduled South Kerry Ploughing Championships and Harvest Show in Killarney on Sunday.

The show will be choreographed by Killarney Rotary Club and many of the premier local fashion houses and some celebrity models will feature.

The big event had to be rescheduled after torrential rain played spoilsport last Sunday week, although the elements promise to be much more favourable on this occasion.

Over 150 trade stands have now been booked in with some of the biggest names in agri business, agricultural machinery and the motor trade all anxious to display their wares, with some terrific bargains promised.

An action-packed day out for all the family has

been lined up by the Killarney Valley Classic and Vintage Club with proceeds going to the Kerry branch of the Irish Kidney Association and the Kerry Mountain Rescue Team.

The event will be officially launched on the day by MEP and former GAA President, Seán Kelly, and the gates at Fleming's Farm at Grenagh will open at 11.00am.

The traditional art of ploughing will, of course, be a highlight with five local competitors ready to take on all challengers in what promises to be a real visual extravaganza.

Other attractions on the day will include a classic and vintage truck, tractor, car and motorcycle show, stationery engines and a silage cutting demonstration.

There will be an all-breed dog show, sheep shearing demonstrations and county sheepdog trials with the winner of the latter to receive a cup in memory of the late Michael Fleming.



A major fun zone will keep the younger generation enthralled while a massive food zone will include barbecues, a pig-on-a-spit feast and so much more.

Visitors will be invited to 'name the peaks' at the Killarney Valley Classic and Vintage Association's stand with a super prize of a two-night stay at the Europe Hotel and Resort.

A 50-acre site adjacent to the showgrounds will be available for free parking. The admission fee is €10 for adults and €5 for OAPs while children under 14 will be admitted free of charge.

GENEROUS BIRTHDAY BOYS RAISE €110

Three generous hearted young boys from Faha held a joint 7th Birthday party at the Playdium in Tralee last weekend and instead of presents they raised funds for Aoibheann's Pink Tie Charity.

Lee Cirillo, David McCarthy and Ronan McKeon, who are in First Class in Faha National School held a joint party and asked for a small monetary sum for their gifts and a donation to Aoibheann's Pink Tie as it is childhood cancer awareness month. The charity supports children and their families during a child's battle to beat cancer. The boys raised an amazing €110 and all their family and friends are very proud of their achievement.



PICTURED HERE ARE LEE CIRILLO, RONAN MCKEON AND , DAVID MCCARTHY.

ANOTHER AWARD FOR 9 WHITE DEER BREWERY

There is a grand smell of success floating around West Cork today, especially in Baile Bhuirne at the 9 White Deer Brewery. 9 White Deer Brewery won first place at the Irish quality food and drink awards in Mansion House in Dublin recently for their beer Black lightning, a black IPA that was created by 9 White Deer Brewery claimed the award.

Black lightning, black IPA picked up first prize in the due to its top quality and delightfully palatable taste. Black lightning is a 6.5% ABV, triple hopped IPA full of body that will pour with a big rocky creamy head. It looks like a stout but once you come close to an opened bottle the aroma will tell you it could not be further from one. Black in colour with slight dark malt qualities but in other senses it's a big American style IPA. This is not the first award that this brewery has won. In fact at the beginning of the year Black Lightning won a speciality beer award at the Killarney beerfest.

HAPPY DAY FOR NEW BROTHERS



AT THE LITURGY OF FIRST PROFESSION OF RELIGIOUS VOWS TO THE PRESENTATION BROTHERS AT THEIR NOVITIATE IN KILLARNEY, BROTHER. BARRY NOEL, NOVICE MASTER IN KILLARNEY, CENTRE, CHATS WITH THE NEWLY PROFESSED BROTHERS, BRO. STANISLAUS, BRO. COLINS, BRO. DOUGLAS, BRO. DAVID, ALSO INCLUDED IS BRO. MARTIN KENNEALLY, 3RD LEFT, CONGREGATION LEADER OF THE PRESENTATION BROTHERS IRELAND. PHOTO: VALERIE O'SULLIVAN





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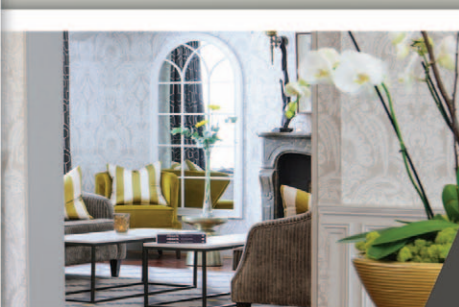
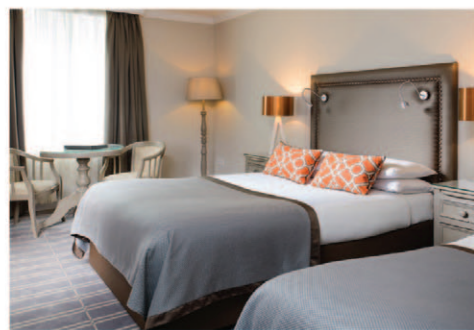
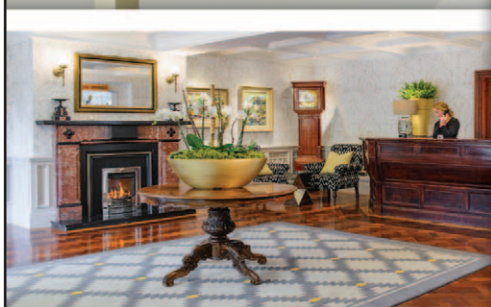
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VISION NETWORK CELEBRATE THEIR 4TH BIRTHDAY

A Killarney networking group has celebrated its 4th Birthday recently by entering into a sponsorship deal with the Kerry Soccer Referees Association over the next 3 years.

Visionnetwork chairperson, Padraig Shanahan told the Killarney Outlook "We are delighted to partner with the Kerry Soccer Referees. Our group's success has been built on helping our members and now it's great to be in partnership with an association that gives so much to both underage and junior soccer in the county."

Vision Networking provides a structured support system in which to network and exchange ideas, thus enabling businesses to grow and develop.

Members benefit from the enhanced exposure of their business within the group and this leads to business referrals between members and also facilitates referrals to and from a wider circle of clients.

As a non profit making group, Vision Networking enables members build lasting relationships which help their businesses grow from strength to strength.

More information on www.visionnetwork.ie



CELEBRATING THEIR 4TH ANNIVERSARY AND THEIR NEW SPONSORSHIP DEAL WERE FROM LEFT FROM LEFT TO RIGHT NAMES AS FOLLOWS: FERGAL SMITH, DANNY BROSNAN, PADRAIG O'SUILLEABHAIN, DIARMUID O'MAHONY, STUART TEMPLEMAN, PADRAIG SHANAHAN, PADDY OSBORNE, JOHN BREEN, JIM DELANEY, SIMON GALLIVAN, RORY MCGILLICUDDY, PETER O LEARY AND LIAM RYAN

NICOLAS ROCHE TO RIDE THE ROADS AROUND KILLARNEY

The Killarney Cycling Club in association with Aherns.ie Castleisland, Kerry's main Opel and BMW Dealers and CRVT Test Centre are delighted to announce the arrival of Team Sky rider Nicolas Roche to Kerry on Sunday October 11th.

Roche is fresh from his exertions on the recent Vuelta Espana where he won a stage and only for a crash he probably would have made the podium.

The 31 year old has been a pro since 2005 and is of course steeped in the sport of cycling through his father Stephen and current professional Dan Martin who is his cousin.

In 2013 he became the first Irish rider to wear a race leader's jersey in a Grand Tour. He eventually finished fifth on the Tour of Spain and also won a stage. In June 2014 he won his first stage race as a pro with an impressive ride in the Route du Sud.

And we have all seen how he performed in this year's Tour de France and Vuelta Espana.

On the 11th Nicolas will be teaming up with young riders from the Kerry Cycling Initiative for a training spin and that evening will be in Conversation in the Dromhall Hotel from 7.30pm where he will do a Question and Answer session and be available to meet with fans afterwards.

Nicolas said that he is looking forward to his trip to Kerry. "I have some good friends in Kerry and enjoy visiting there. And it is always great

to get on the bike with young riders and try and give them some tips for the future. I know the Kerry public have a long association with cycling so hopefully we will have a big crowd in the Dromhall Hotel for an evening of chat."

The Killarney Cycling Club and Aherns.ie Castleisland continue their association from last year's Ras where they supplied Team Vehicles. Paul Ahern, a former Killarney Cycling Club underage member, is delighted to be involved with the cycling club again.

"I think it is great for the kids and for the clubs around the county that are involved. When I raced there was little support for underage cycling in Kerry. It is great to see the way it has grown and the strength of the clubs now proves that. It will be great to have Nico in Kerry, he is world class and he will give the kids a great boost. He is amongst the top riders in the world now and we are delighted to welcome him to Kerry along with the Killarney Cycling Club".




MEMBERS OF THE KILLARNEY CYCLING CLUB AND THE KERRY CYCLING INITIATIVE PICTURED AT AHERNS TO PROMOTE THE VISIT OF NICOLAS ROCHE TO KERRY ON OCTOBER 11TH.

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'EMBRACING EPILEPSY' - NATIONAL EPILEPSY CONFERENCE COMES TO KILLARNEY

Affecting almost 1,500 people in Co. Kerry alone, epilepsy is one of Ireland's most common neurological conditions. On Saturday October 3rd, the annual National Epilepsy Conference, organised by Epilepsy Ireland will be held in the county for the first time and will focus on addressing the common issues faced by adults, teenagers and children living with this complex condition today.

The conference takes place in the Malton Hotel, Killarney from 10.15am and features a range of talks and workshops by national and international epilepsy experts.

Prof Joan Austin, Distinguished Professor Emerita, Indiana University School of Nursing in the US is a world-leading authority on epilepsy in children.

Dr Sophia Varadkar, Consultant Paediatric Neurologist and Specialty Lead for the Epilepsy Unit at Great Ormond St Hospital in London will discuss the key epilepsy-related issues that arise as the child with epilepsy enters and progresses through their teenage years.

Dr. Helena Moore, Consultant Neurologist at Bon Secours Hospital, Tralee will discuss the latest developments in epilepsy care and treatment in adults and offer advice on strategies to best manage and cope with what can for many people, be a lifelong, debilitating condition.

The event will also feature a special Questions and Answers forum with the experts, a series of



interactive workshops for adults, parents and teenagers as well as opportunities for one-to-one sessions with Epilepsy Specialist Nurses.

Kathryn Foley, Epilepsy Ireland's Community Resource Officer for Co. Kerry says "This is the first time that we have hosted the National Conference in Kerry and we are delighted to have such an information-packed, educational day to invite everyone with an interest in epilepsy, of all ages and from near and far to attend. Epilepsy can be a very isolating condition and one that many people do not talk about, so the day is also a great opportunity to meet other people or parents who are in the same situation and share experiences over a cup of tea.

To find out more about the National Epilepsy Conference or to reserve a place, contact Epilepsy Ireland's Killarney Office at 064 6630301 or book online at www.epilepsy.ie.

The National Epilepsy Conference is supported by Cyberonics and GlaxoSmithKline.

ASLAN SET TO RETURN TO KILLARNEY

After a mesmerising performance on The Late Late show which Ryan Tubridy described as one of the best performances ever on the show. Aslan are pleased to announce they will be performing at the INEC Killarney on Saturday November 14th. This is a gig not to be missed. It is nearly a year since Aslan last

performed live and Christy, Billy, Joe, Rod, and Alan cannot wait to take over Killarney for one special night. Support on the night comes from Voice of Ireland winner Brendan MC Cahey.

Tickets for the INEC Killarney are on sale and available from www.inec.ie or 064 6671555.



KERRY CREDIT UNIONS REACT TO REFUGEE CRISIS

Credit unions in Kerry have recently announced that they will support the needs of unaccompanied minors and families with children by providing them with food, water and first medical aid as they reach Milan, through the Irish League of Credit Unions Foundation (ILCU Foundation) which is the charitable arm of the Irish movement.

A donation of up to €25,000 has been committed to help children who have lost parents and guardians as they arrive in Milan Central Station; the ILCU Foundation has partnered with Plan International Ireland who have established a HUB in the station to provide aid to the influx of migrants and refugees.

The generous donation will help to bolster the recovery efforts by supplying and distributing 1,600 emergency kits to unaccompanied refugee minors who are fleeing from insecurity and conflict in Syria, Eritrea, Afghanistan and the Sub Sahara.



A YOUNG MOTHER WITH A CHILD SPEAKS TO A FIRST RESPONDER OUTSIDE MILAN CENTRAL STATION

EURO BRIDGE CLUB

The Euro Bridge Club resumes on Tuesday the 29th September at 7.30pm in the Malton Hotel. We are looking forward to welcoming all our members back and to a great year ahead.

KERRY DEER SOCIETY ISSUE SAFETY WARNING

The Kerry Deer Society wish to advise people going into the mountains or lowlands to observe deer during the "Deer Rut" that it can be dangerous to approach deer at this time of the year. Stags can be quite aggressive and may attack people and dogs. For your safety please stay back from deer and use binoculars. Enjoy your outings.

MONEY MATTERS....

By Dermot Cronin,
Financial Advisor



HAVE YOU REVIEWED YOUR PENSION RECENTLY?

As you have probably seen or read in the news recently pensions are being discussed very often. This shows how important pensions are, so if you have a pension it is very important that that you review your pension NOW. You may not be contributing to this pension anymore but it still needs to be reviewed. You need to know what kind of pension you have and what funds your pension is invested in. Your pension could be invested in very high risk funds which means that the value of your pension can substantially decrease or substantially increase over a very short period of time. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension you will not know if your pension is increasing or decreasing in value or if your pension is on track to get you what income you need at retirement. So whether you are currently contributing to a pension or have a pension that you had in the past it is very important that your pension is reviewed now.

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Guide Price: €350,000

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

CAPTION COMPETITION TIME

Killarney Outlook and the Ring of Kerry Charity Cycle organisers are offering two complimentary tickets for the 32nd annual Ring of Kerry Charity Cycle Presentation Dinner Dance at the Gleneagle Hotel on Friday October 2nd.... all you have to do is come up with a witty caption for the picture of Cathal Walshe, taken at the recent Hospice Fashion Show and send it into the Killarney Outlook before 5pm on Wednesday 30th September.

#lovekillarney



EVERYONE IS INVITED TO OAK TREE ART EXHIBITION

An art exhibition which will feature works from a group of adults with moderate to profound intellectual disability will take place in the Killarney Heights Hotel on Thursday, 1st October 2015 from 7.00pm – 9.00pm.

The adults attend the Oak Tree Day Centre which is situated on the grounds of St. Mary of the Angels in Beaufort and with support from the dedicated staff there, they are encouraged

to lead a varied and active life, with choice and individuality being at the forefront of everything they do.

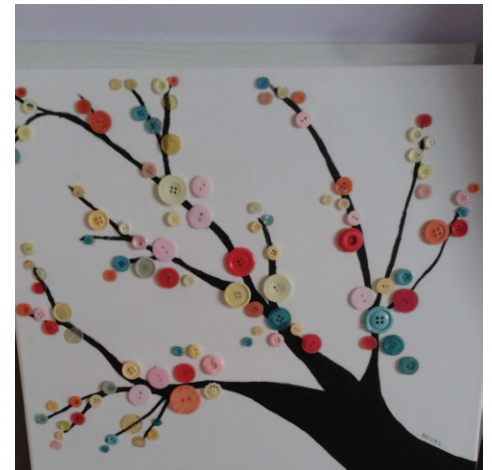
The centre supports adults from the community as well as adults who live on campus and provides a wide range of activities for the men and women who attend, such as computer skills, culinary skills, horticulture, regular social outings, arts and crafts with their top priority

being to have fun!

On the night there will have Art, crafts and handmade cards on sale that adults attending Oak Tree helped create and each piece is as individual and unique as the person who helped create it. Anthony O' Connor and friends will be performing music and there will be a raffle with some fantastic prizes to be won. Everyone is welcome on the night.



ADULTS WHO ATTEND THE OAK TREE DAY CENTRE PICTURED PREPARING FOR THE EXHIBITION



SOME OF THE ARTWORK WHICH WILL BE ON EXHIBIT AT THE SHOW

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Price Region: €220,000

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with good quality lands.



Price Region: €300,000

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CULTURE NIGHT CELEBRATED IN KILLARNEY



AT THE OPENING OF AN AN EXHIBITION OF PAINTINGS, PHOTOGRAPHS AND FURNITURE INSPIRED BY SKELLIG MICHAEL, AT KILLARNEY ART GALLERY, MAIN STREET, AS PART OF CULTURE NIGHT IN KILLARNEY. FROM LEFT, ORLA HEALY, KATE KENNELLY, ARTS OFFICER, KERRY COUNTY COUNCIL, DECLAN MULVANEY, KILLARNEY ART GALLERY, WITH PHOTOGRAPHER MADELIENE WEBBER AND CLLR MICHAEL GLEESON, ACTING MAYOR OF KILLARNEY. CULTURE NIGHT IS SPONSORED BY KERRY COUNTY COUNCIL AND DEPARTMENT ARTS, HERITAGE AND THE GAELTACHT. PHOTO: VALERIE O'SULLIVAN



TOM O'CONNOR, FEAR AN TI AND BRIDE GARVEY, BEAN AN TI, WATCHING KILCUMMIN DANCERS, PERFORMING AT THE SPECIAL KILCUMMIN RAMBLING HOUSE FOR CULTURE NIGHT ON FRIDAY NIGHT.



A ROUSING PERFORMANCE BY 'BAILE AN SALSA' AT MUCKROSS SCHOOLHOUSE, KILLARNEY PROVED VERY POPULAR ON CULTURE NIGHT IN KILLARNEY. BAILE AN SALSA, AN INTERNATIONAL BAND COMPRISED OF TEN WORLD-CLASS MUSICIANS, BLENDING THEIR PASSION FOR LATIN SALSA AND TRADITIONAL IRISH MUSIC. PHOTO: VALERIE O'SULLIVAN



AT THE OPENING OF INAUGURAL KERRY VISUAL ARTISTS' SHOWCASE EXHIBITION FEATURING WORK BY KERRY ARTISTS, PATSY FARR, LISA FINGLETON, SANNDRA HICKEY, BARBARA HOPKINS REEN, SYRA LARKIN, JULIE LOVETT, ROISIN MCGUIGAN, DERVLA O'FLAHERTY AND MIEKE VANMECHELEN. DEPT ARTS, HERITAGE AND THE GAELTACHT, KILLARNEY AS PART OF THE CULTURE NIGHT. PHOTO: VALERIE O'SULLIVAN



VANESSA CASEY WITH HER CHILDREN, JONAH AND ANABELLE, ENJOYING STAN PERFORMING HIS CIRCUS SKILLS ON MAIN STREET, KILLARNEY FOR CULTURE NIGHT. THE NIGHT HAS BEEN CREATED TO GIVE EVERYONE AN OPPORTUNITY TO EXPLORE AND EXPERIENCE ARTS AND CULTURAL EVENTS IN THEIR LOCAL AREA FREE OF CHARGE. PHOTO: VALERIE O'SULLIVAN



AT THE ART OF ACTING - 'INDIVIDUALITY AND SELF' WORKSHOP AND PRESENTATION WHICH WAS PART OF CULTURE NIGHT AND TOOK PLACE AT THE KILLARNEY LIBRARY. FROM LEFT. GERALDINA HARNETT, SR REGINA, RAYLA TADJIMATOVA, INSTRUCTOR, KATHLEEN RICE. PHOTO: VALERIE O'SULLIVAN



AT THE KERRY DIOCESAN YOUTH SERVICE, YOUTHS WERE ENJOYING T AFRO TRAD IRELAND WHO PRESENTED "FROM KAMPALA TO KILLARNEY." AS PART OF CULTURE NIGHT IN KILLARNEY. PHOTO: VALERIE O'SULLIVAN

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B. Moore, USA

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JJ Clifford, Killarney

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January 2012

CELEBRATING 30 YEARS IN BUSINESS

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Nononsense.ie - €472.35
Axa direct - €425.16
Allianz Direct - €382.73
FBD - €365.42
123.ie - €344.50

JP HEALY: €295.00

NO GIMMICKS, JUST BETTER QUOTES!

James P Healy & Co Insurance Ltd is regulated by The Central Bank of Ireland. Quotes are based upon a female only driving aged 18 with Full Irish License, no penalty points or claims with a Full 5 year No Claims Bonus. Vehicle is a Renault Clio 1.2 - 2011 model. Social Domestic and pleasure use only. Quotes include Stop loss bonus protection and a policy excess of €250. JP Healy quote includes Government levy and intermediary Brokerage charge. Quote is underwritten by Zurich Insurance PLC. Please contact us for your individual quote. Terms and conditions apply. Comparison quotes from websites and correct as 1/10/2012.

April 2012

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Nononsense.ie - €407.69
One Direct - €398.42
Axa direct - €389.05
FBD - €360.75
123.ie - €329.80

JP HEALY: €295.00

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September 2012

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SEE FOR YOURSELF...

Axa direct - €477.31
Nononsense.ie - €383.83
Allianz Direct - €381.27
FBD - €369.28
Aviva - €340.56
123.ie - €325.60

JP HEALY: €295.00

Including Full Bonus protection and breakdown cover!

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June 2013

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SAVE MONEY ON CAR INSURANCE

We search the market negotiating the best quotes from over 12 Insurers. Most of the time we are able to obtain better quotes than if you contact them directly or online. See for yourself in this example

Axa direct	€585.33	<ul style="list-style-type: none"> 30 Year old based in Kerry Full Licence 5 years 5 Year No Claims Bonus Clear Record Third party fire and theft cover with windscreen on a 2008 Toyota Corolla 1.4 Includes Full bonus Protection
Liberty	€457.19	
Allianz direct	€448.58	
FBD	€396.40	
Aviva	€389.50	
123.ie	€340.30	
JP HEALY	€320.00	

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Terms and conditions apply. James P Healy & Co Ins

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November 2013

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 See for yourself in this example

Axa Direct	€583.24	30 Year old based in Kerry
Allianz Direct	€521.55	Full Licence 5 years
Liberty	€441.84	5 Year No Claims Bonus
Aviva Direct	€440.61	Clear Record
FBD	€432.13	Third party fire and theft cover with windscreen on a 2008 Toyota Corolla 1.4
123.ie	€363.40	Includes Full bonus Protection
JP HEALY	€320.00	

Irish Brokers association

James P Healy & Co Insurances Ltd is regulated by The Central Bank of Ireland. JP Healy quote includes Government levy and intermediary Brokerage charge. Quote is underwritten by Axa Insurance Ltd. Please contact us for your individual quote. Terms and conditions apply. Comparison quotes from websites and correct @ 19/05/2015

May 2014

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 See for yourself in this example:

Nononsense	€573.53	30 Year old Insured and Spouse based in Kerry
Allianz direct	€458.73	Full Licence 5 years
Axa direct	€448.34	5 Year No Claims Bonus
FBD	€443.05	Clear Record
123.ie	€426.40	Third party fire and theft cover with windscreen on a 2008 Toyota Corolla 1.4
Onedirect	€349.31	Includes Step Back bonus Protection
JP HEALY	€320.00	

Irish Brokers association

James P Healy & Co Insurances Ltd is regulated by The Central Bank of Ireland. Quotes are based upon 30 year old insured and spouse with Full Clean License, no penalty points or claims with a full 5 year No Claims Bonus. Social Domestic and pleasure use only. Quote includes Step back bonus protection. JP Healy quote includes Government levy and intermediary Brokerage charge. Quote is underwritten by Aviva Insurance Ltd. Please contact us for your individual quote. Terms and conditions apply. Comparison quotes from websites and correct @ 20/05/2014

February 2015

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 See for yourself in this example:

FBD	€570.10	30 Year old Insured and Spouse based in Kerry social use
No Nonsense	€481.99	Full Licence 5 years
Liberty	€462.51	Full No Claims Bonus
AIG	€404.67	Clear Record, No penalty points
JP HEALY	€350.00	Third party fire and theft cover with windscreen on a 2008 Toyota Corolla 1.4
		Includes Step Back bonus Protection

Irish Brokers association

James P Healy & Co Insurances Ltd is regulated by The Central Bank of Ireland. JP Healy quote includes Government levy and intermediary Brokerage charge. Quote is underwritten by Axa Insurance Ltd. Please contact us for your individual quote. Terms and conditions apply. Comparison quotes from websites and correct @ 20/01/2015

May 2015

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 See for yourself in this example:

Chill Insurance	€619.00	30 Year old Insured and Spouse based in Kerry social use
FBD	€571.90	Full Licence 5 years+
Axa Direct	€500.31	Full No Claims Bonus
Liberty	€420.39	Clear Record, No penalty points
AIG	€391.98	Third party fire and theft cover with windscreen on a 2008 Toyota Corolla 1.4
JP HEALY	€350.00	Includes Step Back bonus Protection

Irish Brokers association

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Their Special Day



PHOTOGRAPHED ALONG WITH THEIR GUESTS ARE NEWLY WEDS CHRIS FOLEY & MAEVE COSTELLO. THE COUPLE WERE MARRIED RECENTLY IN TIMOLEAGUE CHURCH. PHOTO COURTESY OF IAN CRONIN / ICPHOTOSTUDIO



DERRY BROSAN AND MARGARET O CONNOR WHO WERE RECENTLY MARRIED IN PRINCE OF PEACE CHURCH FOSSA WITH RECEPTION IN THE BREHON HOTEL. PHOTO BY BREDALY PHOTOGRAPHY

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IDENTIFY WHAT KIND OF
EXERCISER YOU ARE.

PART TWO

• Do you prefer a tough Instructor who is like a Boot camp instructor, or easy soft approach instructor, or one that is middle of the road? Do you prefer a male or female instructor? Choosing the right type and style of instructor is as important as choosing your workout type as one size doesn't fit all.

• What can your budget allow for? If it is limited find some free workouts online will work (provided you stick to them), or maybe looking out for some special offers locally in gyms, studios etc. Or hiring a personal trainer might fit your budget but again pick one that is right for you.

• Are you more into the outdoors rather than going into a gym or joining a class? If so then no better place than Killarney to avail of all out walks, runs, mountains and cycle trails.

• Are you a person that just enjoys walking? Then get out with some friends at least 5x days per weeks and make sure it's at a decent pace and for min 30-40mins.

When you Identify what type of exerciser you are, what times you can fit in, what budget you have, what classes you wish to attend, what gym you want to join, what home workout you can manage, what outdoor event you want to take part in, what group you want to start walking with etc..... then you can start planning your weekly workout schedule & start learning how to love exercise and look forward to doing it every time. If you're not sure then try a bit of everything until you find the one!!!! Stop making excuses there is something to suit everyone, so let's get active!!!!

MORE TIPS NEXT WEEK...

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WHITE FEATHER NUTRITION

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Quit pandering to stresses needs!

What would you say if I told you that food can help reduce stress and improve your night's sleep? No I don't mean a tub of your favourite Ben & Jerry's ice-cream!

Stick with me for the science bit... Tryptophan is an amino acid present in foods such as oats, almonds, and bananas. A small amount of tryptophan in your diet can help produce the neurotransmitter serotonin (director of 'rest & digest' in the brain) and melatonin (for that peaceful night's sleep). So rather than feeling vulnerable in the presence of life's stressors, routinely fuel your body with a tryptophan snack and leave stimulants e.g. caffeine, sugar and processed carbohydrates behind as these are fuelling your stress. *Here's a little tryptophan recipe to get you started: 2 rice cakes, 2 teaspoons of organic almond butter, sliced banana on top.*



Liz Byrne of White Feather Nutrition is a certified nutritional therapist. Nutritional therapy can improve health concerns such as digestive problems, hormonal imbalance, high cholesterol, high blood pressure, skin conditions, fatigue, weight management. Consultations aim to tailor a nutritional plan towards improved health whilst complimenting your current lifestyle needs in a functional manner.

White Feather provides:

- One to one consultations
- Sports consultations to individuals or teams
- Corporate/group nutrition talks
- Educational talks for schools/colleges

Liz Byrne (Dip): 087-9508252 (9.30am – 5pm)

E: whitefeathernutrition@gmail.com **W:** www.facebook.com/whitefeathernutrition

OUTLOOK FASHION TIP:

DON'T PRETEND IT FITS:

We've all been there, standing in the dressing room and convincing ourselves that the button will magically stay closed when we get home (and then, of course, it doesn't). These are the times where we have to accept that our bodies have changed in one way or another, and buy clothes that fit. Because you know what happens to the clothes that don't fit (cue bags being dropped off at the charity shop).



DIET TIP

Choose low fat alternatives of dairy products wherever possible or use smaller amounts of stronger tasting cheeses.



Beauty Tip

Perk up your skin.

Drinking alcohol can make your complexion look dull. Use a moisturizing face mask to pump up your glow. Keep one in the fridge so it'll also wake you up when you use it.



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1 hour massage only €50

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At KMTC we incorporate a range of advanced bodywork techniques such as Myofascial Release, Trigger Point Therapy, Sports Stretching, Hot and Cold Therapy and STR (Soft Tissue Release) for the effective relief from:

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★ DO YOU FEEL YOU HAVE A WEAK BACK?

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Men Only Classes Are Available



PILATES

A graduate from the University School of Physical Education in Poland in 2004, Izabela Skoraszewska has taught Pilates since 2007.



A graduate from the University School of Physical Education in Poland in 2004, Izabela Skoraszewska has taught Pilates since 2007. An employee at Horans Health Store, she recently passed the 2nd year of Somatic Experiencing Trauma Release Institute - a psychotherapy method through the body. This has given her an indepth understanding of injury recovery. Pilates' slow pace enables us to connect more to the body and recognise its needs, strengthen neglected areas and learn about possibilities. It is also a method to strengthen the core and improve the functionality of all body along with being a great way to spend an hour with likeminded people!

Introductory Pilates Workshop this Sunday 27th September in Physique Fitness Studio
4pm - 6.30pm • €20
All Welcome!

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Caroline Bourke
makeup and style




8 - Week Makeup Artistry Courses

starting late September in The Brehon Hotel Killarney
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This course is an 8-week course that ensures our students build a foundation for entering the makeup industry.

Caroline and team train to the highest of standards and have a wealth of experience to pass on to the students.


Learn the flawless face, smokey eye, contouring, 3D dimension makeup for photoshoots, false lashes the classic lash for brides, evening looks, cakeliners and highlighting, beautiful brows, vintage makeup, blending correctly, bridal looks, daytime look and tools of the trade.

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Beginners 7.30pm • Advanced 8.30pm

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Killarney School of Music
Commencing Thursday 1st of October
7.30pm

All Welcome

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Fossa Community Hall

Commencing Tuesday 29th September.

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Admission: **€5** (all welcome)
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Jobs Week

28th September – 2nd October 2015



FREE EVENT FOR JOBSEEKERS

THURSDAY 1st OCTOBER 2015. 9.30am-12.30pm — Plaza Hotel, Killarney

- OPPORTUNITIES FOR CAREER CHANGES
- TIPS FROM RECRUITERS
- JOB OPPORTUNITIES
- INTERVIEW SKILLS TRAINING
- INTRODUCTIONS TO EMPLOYERS
- TRAINING OPPORTUNITIES

A number of employers and service providers will be attending the event including Liebherr Container Cranes Ltd., Gleneagle Hotel Group, Red Chair Recruitment, Kerry Education Training Board, Employability Services and many more, all of whom will be available to speak with you and advise you on career opportunities and career development.

For more information contact your local INTREO Centre, Killarney on 064 – 66 78 525.

Scoil Phobail Sliabh Luachra

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OPEN NIGHT

**FOR PARENTS & STUDENTS OF INCOMING
FIRST YEARS SEPTEMBER 2016**
will take place on Thursday 1st October
from 6.30pm to 9pm.

Meeting takes place in the School Gym at 6.30pm
followed by a tour of the school with meet and greet
with Subject Teachers. Enrolment forms will be
distributed on the night.



National Conference 2015

***Embracing Epilepsy:
Current issues for adults,
parents and families***

Saturday October 3rd
Malton Hotel, Killarney
10.15am - 4.00pm

For further information and booking please contact
Kathryn at 064-6630301 or
kfoley@epilepsy.ie



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2016 REVOLUTIONARY DECADE ROADSHOW

The first official event of Kerry's 2016 Centenary Programme is the Revolutionary Decade Roadshow at the Kerins O'Rahilly GAA club, Strand Road, Tralee from 11am-5pm on Saturday 3 October 2015.

The event will focus on 1916 and anyone who has documents relating to that time is invited to bring them along and meet with professional archivists and expert historians.

It will be formally opened at 11 am by Cllr Pat McCarthy, Cathaoirleach of Kerry and Minister Jimmy Deenihan.

Organised by Kerry County Council and The School of History at UCC and hosted by Kerins O'Rahilly GAA club, the event is aimed at anyone who has an interest in the history of the 'revolutionary decade' of modern Irish history which includes the defining event of the 1916 Rising along with the First World War, and the War of Independence, and the great causes of the time, such as the labour movement and female suffrage.

Local choirs will sing songs from the period and there will be a re-enactment of the speech given by Maud Gonne at the unveiling of the foundation stone for the Pikeman Statue in Denny Street.

Also present on the day will be a number of local and national historical groups with a particular



specialism in this period, including the Irish Volunteers Commemorative Organisation as well as an exhibition featuring uniforms, medals, photographs, insignia, documentation, prisoners' autograph books and artefacts relating to the Crown Forces.

Dr Mary McAuliffe, lecturer in women's studies at UCD and past president of the Women's

History Association of Ireland, will attend the Revolutionary Roadshow. Dr McAuliffe, who is an expert on Cumann na mBan and revolutionary women, will be available to discuss any queries regarding women and their roles in the Rising period. She is also happy to look at any evaluate the historical association of material and artefacts brought in on the day.

STATEMENT FROM KERRY COUNTY COUNCIL REGARDING WORKS AT AGHADOE GRAVEYARD

Kerry County Council apologises unreservedly for any upset caused to families during works carried out by the Council in Killarney Graveyard this week. The preparation of ground for additional grave spaces commenced on Saturday last. It is a matter of regret that the works carried out near some existing graves were not carried out with the sensitivity required and that some excavation material

spilled onto these graves.

All the affected graves have now been fully cleaned. The remaining works will be thoroughly supervised by the Council to ensure that no similar incidents occur and that the standards of workmanship which the Council sets for itself – and which was not met on this occasion – are adhered to fully.





Kerry ETB Training Centre

BORD OIDEACHAIS AGUS OILFHA CHAIRDE
KERRY EDUCATION AND TRAINING BOARD



Kerry ETB Training Centre is now recruiting for the following courses.

Sports Recreation & Exercise Course (ETK69) - Killarney.
If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** To be decided. **Duration:** 45 weeks. **Certification:** QQI Major Award in Sports Recreation and Exercise 5M5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

Marketing (ET4R9) - Tralee Training Centre.
This course is for people who wish to pursue marketing as a career or incorporate marketing into their existing range of business skills so as to enhance their career and job prospects. **Start Date:** 5th October 2015. **Duration:** 42 weeks. **Certification:** QQI Level 5 Major Award in Marketing.

Media Techniques - Radio Course (ET283) - Tralee.
This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. **Start Date:** 5th October 2015. **Duration:** 50 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Healthcare Support Traineeship (ETS97) - Killarney.
This course provides participants with the knowledge, skills and competencies to work as part of a multidisciplinary team in the provision of effective and appropriate healthcare supports to clients in a variety of care settings. **Start Date:** 12th October 2015. **Duration:** 41 weeks. **Certification:** QQI Level 5 Major Award in Healthcare Support.

Digital Web Design with Adobe Dreamweaver Course (ET3Z6) - Tralee.
This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 12th October 2015. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates and Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Digital Media Production Course (TRY18) - Tralee Training Centre.
The Digital Media Production course offers participants the opportunity to learn and develop real-world production skills in a broad range of media disciplines. The content of the course includes design, digital imaging, photography, sound, video, digital publishing and media project management. **Start Date:** 19th October 2015. **Duration:** 52 weeks. **Certification:** City & Guilds Diploma in Media Techniques 7601-03.

Food Preparation and Cooking Course (ET20D) - Dingle.
This course is for people who wish to pursue careers in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 19th October 2015. **Duration:** 20 weeks. **Certification:** City and Guilds Level 2 Diploma in Food Preparation and Cooking.

Surf Instructor and Beach Lifeguard Course (ET1Z3) - County Kerry.
The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 2nd November 2015. **Duration:** 25 weeks. **Certification:** ISA Surfing Skills Instructor Level 1 Cert, National Beach Lifeguard Cert, and Aquatic First Aid & Cardiac First Response (PHECC) Cert.

CAD - Computer Aided Draughting and Design Course (ET115) - Tralee.
This course offers participants the opportunity to develop knowledge, skills and competencies in 2D and 3D computer aided draughting and design. Participants must have technical drawing and maths in the Leaving Certificate or have an equivalent level of relevant industrial experience or training. **Start Date:** 9th November 2015. **Duration:** 32 weeks. **Certification:** City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

Heavy Goods Vehicle Driving Rigid (HGV) (ET394) - Killarney.
This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. Applicants must be in possession of a current full Class B Driving Licence and a current Class C Learner Permit. **Start Date:** 16th November 2015. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, RTITB Counterbalance or Reach Forklift Truck Driving Certificate, and ADR Certification for Drivers.

Milling TRQ235 - Evening Course Tralee Training Centre.
The aim of the programme is to enable the learner develop the knowledge, skills and competence to set up and safely operate, under supervision, a vertical milling machine. **Start Date:** 28/09/2015. **Certification:** QQI Cert. **Duration:** 2 evenings/week for 10 weeks.


Turning TRQ236 - Evening Course Tralee Training Centre.
The aim of the programme is to enable the learner develop the knowledge, skills and competence to safely operate, under supervision, a centre lathe. **Start Date:** 28/09/2015. **Certification:** QQI Cert. **Duration:** 2 evenings/week for 10 weeks.

Visit Our New Walk-In Information Service Every Tuesday and Wednesday
At Kerry ETB Head Office, Centre Point Building, John Joe Sheehy Road, Tralee.
(Opposite Tralee Bus and Train Stations)

To apply or get further information on any of the above courses please contact
Kerry ETB Training Centre,
Monavalley Industrial Estate, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,
www.kerryetbtrainingcentre.ie, E-mail: training@kerryetbtrainingcentre.ie








1916

Clár Comórtha
Céad bliain
Centenary
Programme



Coláiste na hOllscoile Corcaigh, Éire
University College Cork, Ireland

Cuireadh / Invitation

Dé Sathairn an 3ú Deireadh Fómhair 2015
Clubtheach Uí Chéirín/Rathaille, Trá Lí 11am-4pm.

Seó Bóthair Comórtha 1916
Comhairle Contae Chiarraí i bpáirt le Coláiste na hOllscoile, Corcaigh

Seo an chéad imeacht ar Chlár Comórtha Chiarraí 2016, tá súil againn go mbeadh tú i láthair. Mar aon le clár imeachtaí an lae.

Ar an lá beidh: sárthaispeántais staire, léirithe chultúrtha, cartlannú ábhair, comhairle & treoir ar fáil.

Beidh fíor chaoiñ failte roimh cách – bigí linn


Saturday October 3rd 2015
Kerins O'Rahilly's Clubhouse, Tralee 11am-4pm.


Kerry County Council in association with University College Cork,
1916 Commemorations Roadshow


This is the first event of Kerry's 2016 Commemorations Program, we hope you can attend. We look forward to your support and company on the day.

The day includes: historical showcases, cultural performances, archiving of material, advice & guidance available.

Not to be missed – everyone welcome!

 **Rphost/Email: kerry2016@kerrycoco.ie**

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SONIA O'SULLIVAN VISITS THE SEM

Written by TY Students: Robert O'Brien, Kevin F Lavery, Harry Allen, Ruari Mee, Paul Myers.

On the 14th of September, World Champion and Olympic Silver Medallist, Sonia O'Sullivan visited St. Brendan's College to tell us the story of her arduous journey to Olympic fame. She told us of her aversion to performance enhancing drugs, her intense training regime even at altitude and her determination to keep herself in peak physical condition after her professional career had ended.

She inspired us with her passion and integrity to achieve her ambitions in the future. She urged us to pursue our goals with new-found ferocity, assuring us that with dedication comes success.

Recently she completed a hike up Corrauntuohil for Alan Kerins African Aid Charity. Sonia completed her talk indicating to us that she would compete in the Dublin Marathon in the near future and in other marathons in the



WORLD MEDAL WINNER SONIA O'SULLIVAN WITH DAVID KENNY, JOSH FLEMING, TEACHER ARTHUR FITZGERALD AND JACK ENRIGHT AT ST BRENDAN'S COLLEGE KILLARNEY.

months to come.

We can all agree that we have a deeper respect for Sonia O'Sullivan and her accomplishments

both in and out of professional sport.

Robert O'Brien, Kevin F Lavery, Harry Allen, Ruari Mee, Paul Myers. TY Students.

TIMOTHY REPRESENTS IRELAND AT TECH SUMMIT

Timothy McGrath, a 2nd year student from Killoglin Community College, has just returned from the Liberty Global Tech Summit in Amsterdam after being one of only five students invited to represent Ireland at the event which was held in the massive Ziggo Dome.

Timothy entered the CoderDojo 'Coolest Projects' competition in the RDS in Dublin earlier this year and made a huge impact with the App 'Virtual Visual' that he developed with his friend & classmate Donal Brennan. 'Virtual Visual' helps the visually impaired navigate unfamiliar surroundings by using Near Field Technology (NFC) similar to that found on many of our ATM cards now that allows us to pay for items under €20 by simply touching our card off the payment machine. These can currently be commonly found in Aldi, Lidl and McDonalds.

Liberty Global, the parent company of many household satellite & broadband suppliers across Europe and a stakeholder in many TV stations, hold an annual Tech Summit each year. This year they were very impressed with the CoderDojo network in Ireland and invited five students who were addressing social issues to showcase their talents and meet with their top coders in Amsterdam. This was a fantastic opportunity for Timothy and Liberty Global flew him and his family to the event and treated them like VIP's for the two day event.

The 'Appathon' which the five were invited over to formed a key part of the Tech Summit and was designed to allow the students access to top developers to mentor them. Liberty Global used the opportunity to try to encourage their company executives and developers to set up a string CoderDojo network in Holland using the Irish model as 'best practice'.

"It was an honour to represent my school and my country at such a high profile corporate event. I learnt a lot from the coders and made good links for the future. There is a long road ahead of me to follow my dream of fully developing this but I'm ready to put in the hard work." Timothy McGrath told the Killarney Outlook.

The school has had a very successful year at various local, national and now European events and competitions. This success has caught the imagination of many other students and at the moment there is a lot of work being done on the BT Young Scientist proposal forms.

"The students that we have now with us are very eager to learn. They are really excelling from our different, varied and modern teaching techniques. We also maximise the use of technology for project work and communication which allows work to occur far beyond the classroom. Keep an eye out on the international stage for our students, I've a feeling that we will be there again soon."



TONY MCMANUS – PAST PUPIL OF ST. BRENDAN'S AND ENTREPRENEUR

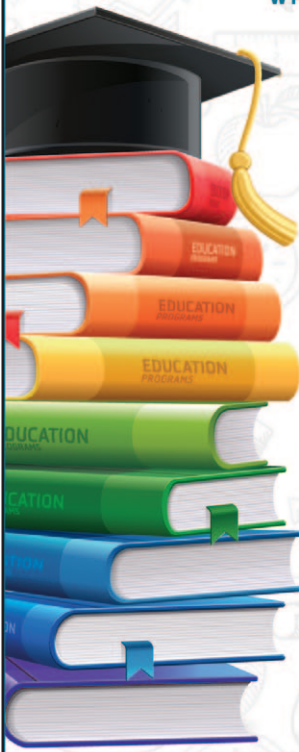
Written by: Fiachra O'Connell, Ivor Moynihan, Conor McCarthy and Seán Cahill

Tony McManus came back to St. Brendan's College on the 15th of September to give an inspirational speech to the students in Transition and 5th Years. He talked about his journey through life since he left St. Brendan's which he accredited to a part of his success. It is fair to say his journey is quite different to most. He spoke to us about his short career in a bank in Dublin where he felt he was in an environment that didn't fulfil him. Despite hearing negativity all around him he decided to follow his dreams and move to the U.S.A. to pursue a career that made him happy. He talked about how he took big risks but despite it all, he stuck through and most importantly believed in himself.


After many years of sticking through the worst, and believing that he could accomplish anything, he is now very wealthy and lives in LA with his family. Even though he could have retired there and then, he decided he would continue the work that made him happy. Nearing the end of the speech he highlighted that whatever you may be passionate about, there is a career path that entices everyone.

Overall, we all thought it was a worthwhile experience and it will shape our thoughts and ideas for the future, and will take the risks to pursue what we love to do.

Articles for inclusion in
Youth Zone
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KERRY FANS AT THE HOMECOMING

PICTURES
MARIE CARROLL-O'SULLIVAN
087 391 4808



ENJOYING THE KERRY TEAMS HOME COMING L-R CIAN LYNCH, PADRAIC & SINEAD MOYNIHAN, ORAN & OLIVIA LYNCH



PICTURED AT THE HOME COMING OF THE KERRY TEAMS ON MONDAY NIGHT AMY WALSH WITH HER DAD ENDA.



PICTURED AT THE HOME COMING OF THE KERRY TEAMS ON MONDAY NIGHT WERE L-R PATRICIA & LORCAN LOONEY WITH JANICE AND CAITLIN O'SULLIVAN.



THUMBS UP FOR ONE KERRY SUPPORTER AMIDST THE CROWD THAT ATTENDED THE KERRY TEAMS HOME COMING ON MONDAY NIGHT.



HUNDREDS OF KERRY SUPPORTERS TURNED OUT TO WELCOME HOME THE TEAMS ON MONDAY EVENING DESPITE THE WEATHER.



KERRY FAN MARIE LEANE WAS ONE OF HUNDREDS OF KERRY SUPPORTERS TURNED OUT TO WELCOME HOME THE TEAMS ON MONDAY EVENING DESPITE THE WEATHER.



THE KERRY MINOR TEAM ARRIVING BACK IN KILLARNEY FOR THE HOMECOMING.



EAMON FITZMAURICE ADDRESSES THE CROWD AT THE HOMECOMING OF BOTH KERRY TEAMS ON MONDAY NIGHT.

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EAST KERRY NOTES

with Áine Ní Shúilleabháin PRO

FIXTURE

FINAL EAST KERRY U14 CHAMPIONSHIP

Friday 25th Sep at 6.30pm

Division 3

Gneeveguilla V Kilcummin

Extra time if necessary

Venue: TBC

EAST KERRY U14 CHAMPIONSHIP – DIVISION 2 – FINAL

Killarney Legion 4-16 Furies 1-07

Killarney Legion got off to a dream start against Furies, last Wednesday evening, in the East Kerry Under 14 Championship, division 2 Final, sponsored by MD O'Shea, and built up an unassailable lead in the first half. The town side opened with 2 goals within 5 minutes, the first by Ryan O' Grady, followed by Darragh Lyne, who sent an unstoppable shot to the Furies net. Donal Lucey, Tadgh Doolan, Darragh Lyne and Ryan O' Grady built on the Legion lead, with well taken points. Furies showed great spirit and worked hard but Legion dominance continued and Niall Mc Gillicuddy goaled again. Furies opened their account with well taken points by Aaron Flynn and Darragh Brosnan and were unlucky with goal opportunities, one of which rebounded off a post. Legion's Eoghan O' Sullivan and Darragh Lyne added further points before half time to leave the score at the break: Legion 4-8 Furies 0-2.

Furies started quickly in the second half and were denied goals on two occasions by great saves from Craig Moriarty in the Legion goal. At the other end, Darragh Lyne, Niall Mc Gillicuddy and Paudie O'Donoghue added further points. Furies then enjoyed a fruitful period with points from Aaron Flynn, Dylan Callaghan, Jack Duggan and a fine goal from Darragh O'Donoghue. However, it was to be Legions night, who gave a fine skilful display of score-getting and teamwork throughout the game. Sean O'Keeffe, East Region Coiste na nÓg, presented the Trophy to Legion Captain, Donal Lucey. Sean thanked referee Denis O'Sullivan (Scartaglen) and Fossa club for the use of their great facilities.

Final scoreline: Legion 4-16 Furies 1-07.

Referee: Denis O'Sullivan (Scartaglen)

East Kerry Board Delegates Meeting

The September meeting of the East Kerry Board will take place in the Killarney Heights Hotel on Tuesday the 29th September 2015, starting at 9pm.

CONGRATULATIONS Congratulations to the Kerry Minor team and management on bringing the Tommy Markam Cup back to Kerry, with a great victory last Sunday, with special congratulations to all players and management team members from clubs in the East Region.

EAST REGION UNDER 12 LEAGUES

The East Region Under 12 Go Games leagues, continue next Sunday with round 4. All games are at 12 noon. Pairings are as follows: Division 1: Kilcummin V Fossa, Glenflesk V Kenmare,

Legion V Dr Crokes. Division 2: Gneeveguilla V Currow, Spa V Beaufort, Furies V Kilgarvan. Division 3: Cordal V Templenoe, Scartaglin V Rathmore, Listry Bye.

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS Sunday 20th September, 2015

Winning Numbers 11, 18, 25, 26

Jackpot €6,350 Not Won

1x€100 Paddy Doona, Faha

2x€50 Lorraine McElligott C/o K. Murphy

Lorraine Kennedy, Ballymalis

2x€25 Sheila O'Sullivan, Lissivane East

Paddy Lynch, Moyvane

Draw Entrant Ellen Anne Sparling, Lissivane

Jackpot next week

Sunday 27th September €6,500

ALL IRELAND CHAMPIONSHIPS

Well done to Ronan Buckley and the Kerry Minors for winning the All-Ireland Minor Championship, and hard luck to the Seniors for losing against Dublin on Sunday.

SENIOR COUNTY LEAGUE

Our Seniors will play at home v Brosna on Saturday, 26th September at 6pm. All support welcome. Will update if any changes.

JUVENILE UPDATES

Our U14s had 2 games this past week. They defeated Laune Rangers B on Wednesday but came up short on Friday night v Laune Rangers A. The boys play Beaufort on Friday evening at 6.30 in Beaufort.

U12S had no game this Sunday due to All Ireland. Next match is away to Templenoe on Sunday October 4th at 12 pm.

U10S played Fossa on Friday night last in Fossa. We fielded two teams and all the boys and girls present played very well. U10s are away to Scartaglin on Fri evening Sept 25th at 6.30pm

U8S AND U6S played Kilcummin in Allman Park on Friday evening. Four matches were played in total and all present enjoyed their matches. We travel to Kilcummin this Saturday morning at 10.30am for a return fixture.

WELL DONE to U10 player Sarah Fitzgerald who took part in the pre match activities in Croke Park on Sunday. Sarah was part of the line up of children that welcomed the Kerry Senior Team onto the field by proudly waving a green and gold flag along. Well done Sarah.

CONGRATULATIONS All in the Listry Juvenile section would like to heartily congratulate Ronan Buckley and his team mates on winning a Minor All Ireland medal with Kerry in Croke Park on Sunday. This is a great personal achievement for Ronan. We are confident that Ronan will bring the experience gained from this campaign back to Listry and that he will continue to star for Listry in the years ahead.

BEAUFORT GAA NOTES

WELL DONE: to our club man Mike Breen and the Kerry Minors who won the All-Ireland

Final on Sunday against Tipperary in Croke Park. Mike brings a 2nd All-Ireland medal to the Breen household following Tara's win in the All Ireland Ladies U16 Final earlier in the year. Well done to Michael Foley Spa also who played at corner-forward in their fine win.

Commissurations to the Kerry Seniors who were beaten by Dublin in the Senior Final.

SENIORS: Beaufort Seniors sponsored by Maurice Foley of MF Decorating are away to St. Pats, Blennerville on Saturday next at 6pm in Round 10 of the County League.

U14S: Beaufort sponsored by Sean Coffey of Kate Kearneys Cottage collected their first points in the Mid Kerry U14 Competition with this facile victory over a very weak Laune Rangers 'B' side in Beaufort on last Friday evening. Beaufort dominated from the start and first half goals from Jack O' Leary and Sean O' Brien saw them build up a half time advantage of 2-11 to 1-0. Rangers did not score at all in the second half while Beaufort added further goals from O' Brien and Jack Hallissey. Final score: Beaufort 4-14 Laune Rangers 'B' 1-0. Team: Patrick Crehan, Sean Kissane, Mark Neary, Jack Coffey, Timmy Coffey, Ethan Coffey, Shane O' Sullivan-Rouse, Jack Hallissey (1-0), Keith Suter (0-2), Jack O' Connor (0-3), Sean O' Brien (2-0), Niall Carey (0-2), Jack O' Leary (1-1), Mark Doona (0-1), Darragh Dennehy (0-4). Subs used: Mark Sheahan, Oisín Cronin and Darragh Smith (0-1).

LOTTO: Next draw for jackpot of €3,400 will be held in Beaufort Bar on Sunday, 27th September. Note change due to All Ireland Final.

U12 GIRLS: sponsored by Anthony Foley Decorating had another win over Kilcummin in Kilcummin recently in the East Region Competition thus qualifying for the Final which will be played in Beaufort on Tuesday evening next at 6pm. They will play Dr. Crokes at 6pm.

CLOTHES COLLECTION: with Lenrec Recycling has been confirmed by Beaufort GAA Club for Friday 9th October 2015. Enquiries to Susan 087-1276677, Mary 086-0640065 or Nora 086-1556181

SPA CLUB NOTES

COISTE NA NOG U6, u8 and u10 Boys

Training Saturday mornings 11-12noon

U10 BOYS Wed Sept 23rd game against Gneeveguilla away @ 6.30pm.

U12 BOYS Sun 27th Sept Spa V. Beaufort @ 12noon in Spa.

U16 COUNTY DISTRICT CHAMPIONSHIP SEMI FINALS Thurs 17th Sept East Kerry 1-14 Castleisland District 1-10 Well done to Niall McCarthy and his team mates in this great win in a cracker of a game.

LADIES FOOTBALL

U6, U8 AND U10S Training continues Wednesdays 5-6 both indoors and outdoors, so bring runners and boots. Aidan Cahill and Louise Doyle would love to welcome some new members.



SPA U12 GIRLS EAST KERRY FINALISTS 2015

EAST KERRY U12 GIRLS The girls ended their 2015 campaign in the East Kerry final against Cromane in Spa. Very unlucky with some scoring chances on the night but never gave up.

EAST KERRY U14 GIRLS Once again we reached another final this week against Laune Rangers in Cloone. We knew this would be an up hill battle with Laune Rangers trouncing every team in this division. Our girls went out and in the first half held the Laune side to a very tight margin. However a few goals pulled them away to win the title. The management, parents and club can be very proud of this groups performance and never dropped the head but kept trying to the final whistle.

THANKS Many thanks to all the players, parents and especially the coaches. Thanks to Tim O Connor, Kieran McCarthy, Des Spillane, Donal O Doherty, Mags Cronin, Anne Holland, Katie O'Brien and Tom Doherty for all your time and dedication. Special thanks to Bernie Courtney as Coiste na nOg secretary who's doing an excellent job in this role.

SENIOR LADIES CO. CHAMPIONSHIP

Spa/Rathmore 0-13 Castleisland 0-11

A week of finals and saved the best for last. History was made in the club on Sat 19th Sept when our senior ladies won a senior Co Championship title against Caistleisland Desmonds with a win of 2 pts to spare. They lined out with the Intermediate great Rathmore team to gain the Nissan, Radles Bros. Senior title. Well done Mags Cronin, Linda Bruggener, Cassandra Buckley, Laura Herlihy, Karol Fleming, Micaela O Connor and Katie O'Brien. Well done girls. Huge achievement and great honour for the club!

GAELIC FOR MOTHERS AND OTHERS

Training continues every Thurs night 7.30-8.30. Numbers are great. We have registered our team to enter the All Ireland Competition in Portmarnock in October. Any player that hasn't registered contact Grace.

SENIOR MEN - UPCOMING FIXTURES

Intermediate Semi Final Championship
Sat 26th Sept @ 2.30pm Venue: Laune Rangers
Spa V. John Mitchels
Please get behind our senior team and wear

your blue and gold in force to Killorglin.

KERRY TEAMS Hard luck to Eamonn Fitzmaurice and the Senior Kerry team against Dublin. However, on the positive side the future looks bright with the back to back wins with the Minor team. Congratulations once again to Jack O Connor and his management team in securing the 13th Tommy Markem title. Special mention to Michael Foley and Evan Cronin in securing their first All Ireland Minor Championship title.

ANNUAL CLOTHES COLLECTION We are collecting All Year Round. All types of clean (any condition but clean), books (no school text books) cuddly toys, shoes, bags etc... Can be dropped off to clubhouse or contact Anne Holland 0857780883.

CLUB MERCHANDISE Please contact Mathilda McCarthy (087) 648 7356 to purchase our new range of Club gear.

HALL RENTAL Please contact Eileen Casey by text 0876577312 for availability to book our indoor meeting rooms or Hall
Intermediate S/Finals

Sat Sept 26 @ 2.30pm - Extra Time

Spa V John Mitchels in Killorglin

SPA COMMUNITY NOTES

SYMPATHY is extended to Celine Healy, Kilbreen & family, on the recent death of her nephew Seanie McCarthy, Knockeenduv.
May he Rest In Peace

WEDDING Congrats to Ciara Lawlor, Muckross on her recent marriage to Dave O Sullivan, Listowel.

LEGION GAA CLUB NOTES

GOLF CLASSIC The clubs annual golf classic will take place on Thursday 1st October at Mahonys Point, with a team of three costing 200 euro. There will be two shotgun starts so to book your tee time please contact Sean Murphy 087 2461780 or Tim O Leary 087 2608548. This as always, promises to be a great day so book early to avoid disappointment



SPA U14 GIRLS EAST KERRY FINALISTS 2015

DR. CROKES GAA CLUB NOTES

COUNTY LEAGUE DIVISION ONE - ROUND 10

Dr Crokes 2-18 Castleisland Desmonds 0-11

This win over Desmonds on Sunday 13th of September guaranteed us a place in the final of the competition and also a home venue for this final.

We had a point in the first minute but four unanswered points by our opponents must have caused concern to our mentors as they were well on top in this first ten minutes. Our lads seemed to settle a bit better at this stage and before the end of this first quarter we had moved into a 1-4 to 0-5 lead. Desmonds added on two points without reply in the next five minutes to leave the teams level after twenty minutes. We scored five points to our opponents one in the last ten minutes of the half to leave us 1-9 to 0-8 ahead at the interval.

There's a game changing period in most matches and the first seven minutes of the third quarter, in which we outscored Desmonds by six points to nil, more or less ended this game as a contest. This put us ten points clear. Both sides emptied their benches in the fourth quarter. We added on 1-3 to our 0-3, for a 2-18 to 0-11 victory.

Both teams would have welcomed, what was a good competitive game as we both face championship encounters in the near future. Desmonds were unfortunate to lose their outstanding forward, Thomas Hickey, very early in the game and we wish him well for a speedy recovery. We were consistent in that we scored 1-9 in each half and one would hope that the game would bring us on as we face championship games in the next few weeks.

Team and scorers: Alan Kelly, Mike Moloney, Cillian Fitzgerald, Shane Doolan, Eoin Brosnan, David O' Leary, Ambrose O' Donovan, Mike Milner, Alan O' Sullivan 0-3, Brian Looney 0-5, Daithi Casey 0-5 (0-2 frees), Jamie Doolan 0-2, Andrew Kenneally, Jordan Kiely 1-2.

Subs used: PJ Lawlor, Gavin O' Shea 0-1, Cillian O'Regan, Shane Myers 1-0, Philip O'Connor



Our best wishes as well to our two players, David O'Leary and Chris Brady who were injured during the game.

COMMISSIONERATIONS especially to Colm, Johnny, Fionn, Kieran and the Kerry Senior Team. Keep the heads up. There are better days ahead.

CONGRATULATIONS to the Kerry Minors on their win in the All Ireland Minor Final especially Gavin White, Billy Courtney and David Shaw.

BEST OF LUCK to our Senior Team in the Club Final on Sunday in Milltown against Dingle.

KERRY COISTE NA NOG

Kerry Coiste na nOg would like to extend sincere condolences to Tadg ó hAllmhuráin and family on the sad passing of his brother Maurice.

U16 COUNTY CHAMPIONSHIP

SEMI-FINALS The U16 semi-finals took place

last week and two cracking games unfolded. In John Mitchels, a young Castleisland side pushed favourites East Kerry all the way before a late surge saw the reigning champions through after a real fright. It was even tighter in St. Pats Blennerville, where Feale Rangers fought back heroically to earn a draw and a second chance.

EAST KERRY 1-14 Castleisland 1-10

East Kerry had the better of the exchanges in the first half and led by double scores at half-time, 0-8 to 0-4. East Kerry's scorers were Cian Gammell from a free, David Clifford (0-2, 1f), Micheal Devlin (0-1), Donnacah O'Sullivan (0-3, 1f), and Mark Harnett (0-1). On target for Castleisland were Keelan Brosnan, Sean Horan, Patrick Moriarty, and Shay Walsh from a free. The second half was a much tighter affair as a Castleisland side grew in confidence. Shay Walsh nailed another free, Keelan Brosnan was on target, Patrick Moriarty had two, and Sean Horan really put the fat sizzling on the fire when

he hit the net. It was all square with twelve minutes to go but East Kerry pushed on strongly to finish with four points in hand. David Clifford was their top performer with four points from play, Mark harnett finished superbly to the net, and Michael Devlin and Aaron McCarthy both split the posts.

East Kerry: Nelu Doherty, Mark Fitzgerald, Cian O'Callaghan, Thando Dube, Liam Brosnan, Michael Potts, Cian Gammell (0-1, 1f), Niall O'Donoghue, Jake Flynn, Niall McCarthy, David Clifford (0-6, 1f), Micheal Devlin (0-2), Donnacah O'Sullivan (0-3, 1f), Aaron McCarthy (0-1), Mark Harnett (1-1)

Castleisland District: Dylan Browne, Sean Brosnan, Luka Brosnan, Josh Kerin, Darren Horan, Eoin O'Malley, Sean O'Connell, Eddie Horan (0-1), Kieran Enright, Michael Hoare, Keelan Brosnan (0-1), Sean Horan (1-1), Patrick Moriarty (0-3), Jack Scanlon, Shay Walsh (0-2, 2f)



PICTURED AT THE DROMHALL HOTEL FOR LEGION'S UP FOR THE MATCH WERE L-R ENDA WALSH, DENIS DINEEN, SEAN SULLIVAN & BARRY SLATTERY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE DROMHALL HOTEL FOR LEGION'S UP FOR THE MATCH WERE L-R CONOR BROSNAN, WEESHIE FOGARTY, JOHNNY BROSNAN & LIAM BROSNAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE DROMHALL HOTEL FOR LEGION'S UP FOR THE MATCH WERE L-R CONNIE O'SHEA, PAT O'CONNOR, LEWIS TANGNEY, MICHAEL TANGNEY, JOHN NOLAN & PAUL TANGNEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE DROMHALL HOTEL FOR LEGION'S UP FOR THE MATCH WERE L-R CATHAL WALSH, MORTIMER MURPHY, GERALDINE LEANE & LIAM KEARNEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

If you have a picture you would like to publish.

Email to: editorial@outlookmags.com



OUTLOOK SPORTS NEWS

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ALL IRELAND SENIOR FOOTBALL FINAL

FLAT KERRY DISAPPOINT AS SAM STAYS IN THE CAPITAL

**KERRY 0-09
DUBLIN 0-12**

Croke Park, September 20th

Kerry's hopes of a first All-Ireland double-double since 1931-32 were dashed when a relentless Dublin side defeated them in a rain soaked Croke Park in front of a full house to take the All Ireland title for their twenty fifth time.

Throughout the game Dublin's work rate was very high with close attention directed at all possible threats and this made it very difficult for Kerry's big name players to perform to their full potential.

Another area that concerned Kerry fans was Dublin's delaying tactics especially in the last quarter of the game.

Cluxton wasted crucial minutes in moving up field for free and in delaying his kickouts. Another example came towards the end of the game when Diarmuid Connolly took at least two minutes to execute a free at the hill end.

Indeed, many felt that referee David Coldrick would have been correct in allowing for another four or five minutes of additional time on top of the official four which were added.

When they run the match video, the Kerry management will look back on the crucial opening 20 minutes of the game we failed to capitalise on an early dominance and kicked some five wides many of which were within scoring distance.

Colm Cooper, so often the hero for Kerry on big match days, was held scoreless and at times found it difficult to match the pace of Dublin's Philly McMahon.

Kerry had legitimate claims for a penalty waved away at a very late stage of the game when Kieran Donaghy was fouled and eye gauged by Dublin's Philly McMahon.

Kerry also missed a great goal chance very late on when a delightful pass from Donaghy to Killian Young on the edge of the box was mishandled by him and somehow cleared by the Dublin



BLACK DAY FOR KERRY: AIDAN O'MAHONY GETS TO GRIPS WITH KEVIN MCMANAMON AND SUBSEQUENTLY GETS THE BLACK CARD FOR THE CHALLENGE IN SUNDAY'S ALL-IRELAND FOOTBALL FINAL. PHOTO BY PADDY WHITE

defence.

Understandably and largely due to the horrible conditions the game itself was a disappointment and failed to live up to its pre-match hype and expectation.

After an initial settling period, Dublin grew in confidence and bit by bit Jim Gavin's side began to dominate as the game wore on.

Indeed, Dublin were very unlucky not to have added a couple of goals to their tally as the woodwork and a fine Brendan Kealy save proved crucial in keeping a struggling Kerry side in contention.

Dublin got off to a dream start when midfielder Brian Fenton, RTE's Man of the Match, pointed from play inside the opening minutes. They doubled this advantage in the fifth minute when Dean Rock pointed a free.

Kerry responded with scores from James O'Donoghue and Paul Geaney. The Kingdom led for the first time when O'Donoghue landed his second of the game in the 16th minute thanks to good approach work from Colm Cooper. Dublin responded with frees from Dean Rock and Stephen Cluxton but Kerry replied with a fine Paul Geaney score to level things at 0-4 apiece.

However, the Dubs were growing in confidence and tagged on four points between the 23rd and 35th minutes from Bernard Brogan, Jack McCaffrey, Paddy Andrews and Philly McMahon to give them a 0-8 to 0-4 interval lead.

Kerry needed to put their first-half performance behind them and settle early if they were to remain in contention.

The introduction of Darran O'Sullivan at half-time brought a much-needed pace to the attack, and when O'Sullivan and Jonathan Lyne added quick points, Kerry were back to within two.

However, all that good work was wiped out with points from Bernard Brogan and Paul Flynn to restore Dublin's four-point cushion.

James O'Donoghue and Darran O'Sullivan cut the gap to two again. Kerry were pressing hard but the Dublin defence stood up to everything that was thrown at them, and when Paul Flynn and Alan Brogan added late points, Dublin's grip on the trophy was secure.

Kerry needed a miracle at this stage but a late Bryan Sheehan point deep in added time proved the final score.

Teams and Scorers

Dublin: Stephen Cluxton (0-1); Jonny Cooper, Rory O'Carroll, Philly McMahon (0-1); James McCarthy, Cian O'Sullivan, Jack McCaffrey (0-1), Brian Fenton (0-1), Denis Bastick; Paul Flynn (0-2), Diarmuid Connolly, Ciaran Kilkenny; Paddy Andrews (0-1), Dean Rock (0-2, 0-2 frees), Bernard Brogan (0-2, 0-1 free).

Subs: Kevin McManamon for D Rock (h-t); Michael Darragh Macauley for Denis Bastick (40);

Michael Fitzsimons for Jonny Cooper (inj 49); Johnny Small for Jack McCaffrey (53); Darran Daly for Cian O'Sullivan (61); Alan Brogan (0-1) for Brian Fenton (67).

Kerry: Brendan Kealy, Fionn Fitzgerald, Aidan O'Mahony, Shane Enright; Jonathan Lyne (0-1), Peter Crowley, Killian Young; Anthony Maher, David Moran; Stephen O'Brien, Johnny Buckley, Donnachadh Walsh; Colm Cooper, Paul Geaney (0-2), James O'Donoghue (0-3)

Subs: Darran O'Sullivan 0-2 for Stephen O'Brien (HT); Bryan Sheehan (0-1) for J Buckley (44); Kieran Donaghy for P Geaney (50); Paul Galvin for D Moran (57); Paul Murphy for A O'Mahony (black, 58); BJ Keane for J O'Donoghue (61).

Referee: David Coldrick (Meath).



PAUL GEANEY EVADES THE TACKLE OF DUBLIN'S RORY O'CARROLL IN LAST SUNDAY'S ALL-IRELAND FOOTBALL FINAL IN CROKE PARK. PHOTO BY PADDY WHITE



ALL IRELAND MINOR FOOTBALL FINAL



MINORS TEACH TIPPERARY A PREMIER LESSON



**KERRY 4-14
TIPPERARY 0-06**



Croke Park, Sunday September 20th

For the second final in a row a powerful scoring display by Dingle's Conor Geaney paved the way for a second successive Minor All Ireland title for Jack O'Connor's Kerry. In many ways, it was to complete the perfect record for the departing manager who over the course of his two year term went unbeaten capturing both provincial and national titles.

Geaney hit 1-5 in the Munster final and ended the day with 2-4 as Kerry retained the Electric Ireland All-Ireland Minor title with a 20-point win over Tipperary at Croke Park.

In the first all-Munster minor All-Ireland final, Kerry were 2-08 to 0-04 up at half-time as Bryan Sweeney hit their first goal and Geaney also found the net before the break.

Mark Foley got Kerry's third and by the time Geaney a fourth the result was beyond doubt. Kerry dominated the opening half, as they did in the Munster final, but it could have been more after Kerry hit seven first-half wides.

It was 2-08 to 0-04 at the break, Geaney kicked 1-0-3 as they ran into an emphatic ten-point lead.

Sean O'Shea slotted a sensational opener with the outside of his right boot to set the tone after three minutes.

They hit four points before Tipperary got on the scoreboard – Sweeney, John Mark Foley and Geaney were all on target.

Michael Foley could almost found the net when he saw his fisted effort crash against the bar, but Tipperary survived.

Tommy Nolan, one of the Tipp's eight dual-

stars that lost the All-Ireland minor hurling final to Galway, got their first of the day after 15 minutes.

The influential Alan Tynan tagged on his first, as Tipperary brought it back to 0-04 to 0-02 a minute later. But Kerry were too strong – they hit 2-03 in eight minutes to surge clear. Of course it was Geaney who began the onslaught with his second point of the day.

Sweeney hammered home Kerry's goal in the 19th minute, he tapped down a high delivery to Sean O'Shea, O'Shea returned the pass and Sweeney made no mistake.

Brandon Barrett quickly added another point, and when Tipperary corner-back Tommy Lowry pushed Geaney in the large rectangle, referee David Gough pointed to the spot.

Geaney stepped up and calmly put Tipperary goalkeeper Charlie Manton the wrong way.

Another point, this time from captain Michael O'Connor, gave Kerry a 2-07 to 0-2 advantage after 25 minutes.

Two wonderful efforts from Tynan kept Tipperary's challenge alive, but Geaney rounded off the half with a free.



PAT O'DOHERTY, CHIEF EXECUTIVE, ESB PRESENTING MARK O'CONNOR WITH THE PLAYER OF THE MATCH AWARD FOR HIS OUTSTANDING PERFORMANCE IN THE ELECTRIC IRELAND GAA MINOR FOOTBALL CHAMPIONSHIP FINAL IN CROKE PARK.

It was all Kerry again in the second period – Sean O'Shea quickly slotted their opener from a free and when Brian O Seanachain doubled their second-half tally, the Tipperary heads dropped.

Mark Foley tapped home Kerry's third goal with 20 minutes left, and Kerry showed their ruthless streak, with Geaney's penalty four minutes later.

In the meantime, Jack Kennedy added to Nolan's point as Tipperary sole efforts of the second-half.

But Kerry claimed their 13th All-Ireland minor crown, and inflicted further pain on the Tipperary youngsters.

Kerry: B Courtney; D Brosnan, J Foley, T O'Sullivan; J Morgan, A Barry, G White; M O'Connor (0-01), J M Foley (0-01); B Ó Seanacháin (0-01), S O'Shea (0-02, 0-01f), B Barrett (0-01); M Foley (1-00), B Sweeney (1-01), C Geaney (2-04, 2-00 pen, 0-02f).

Subs: S O'Sullivan (0-01) for Barrett (41 mins), J Duggan (0-02) for M Foley (47), M Breen for J M Foley (47), D O'Brien for S O'Sullivan (48), D O'Shea for Brosnan (55), D O'Sullivan for Morgan (53).

Tipperary: C Manton; T Fitzgerald, J Skehan, T Lowry; D Owens, L Fahy, E Moloney; J Kennedy (0-01, 0-01 '45), T Nolan (0-02); A Buckley, A Tynan (0-03), C English; S Quirke, B McGrath, B Martin.

Subs: R Peters for Buckley (30 mins), J Bergin for English (30), M Irwin for Fitzgerald (44, black), M Kehoe for McGrath (47), G Whelan for Moloney (53), C Cashman for Martin (57). Referee: David Gough (Meath).



THE KERRY MINOR FOOTBALL PANEL THAT DEFEATED TIPPERARY IN SUNDAY'S ALL-IRELAND MINOR FOOTBALL FINAL. PHOTO BY PADDY WHITE



SENIOR LADIES COUNTY FOOTBALL FINAL

MURPHY POWERS SPA/RATHMORE TO VICTORY

SPA /RATHMORE 0-15
CASTLEISLAND
DESMONDS 0-13

Spa /Rathmore surprised favourites to capture the Caroline Broderick Cup for the first time since 2008 when as East Kerry they annexed the title. The combination side kicked for home in the last five minutes with Noreen Murphy pointing three times to give them a deserved two point victory. Murphy would finish the day on 0-9 as the Gneevuguilla player along with her sister picked up winner's medals after a seven-year gap since their last one.

Desmonds were first to raise the white flag as Lorraine Scanlon put over from 30 metres out for the first score of the game after a minute of play.

Rachel Cronin followed up with another a minute later point.

However, as Spa /Rathmore settled with Noreen Murphy and Caroline Reen squaring matters up by the 10th minute. It was to set the tempo for the game as Desmonds tried to escape from their East Kerry opponents at times but were always pegged back.

Leanne Mangan and Aoife O'Callaghan exchanged scores

Kerry midfielder Lorraine Scanlon began to come into the game around the centre of the field and with the Desmonds forwards getting a good supply Rachel Cronin and Kayla O'Connor put Desmond's two points in front.



THE VICTORIOUS SPA/RATHMORE TEAM WHO BEAT CASTLEISLAND DESMONDS IN THE LADIES SENIOR COUNTY FOOTBALL FINAL.

Eileen Murphy pointed for Spa /Rathmore to cut the lead to the minimum. Desmond's management ran the changes early and Marian Shine replaced Elaine Guiney with Jennifer Drumm replacing Ide Mangan for Desmonds to add some experience

Leanne Mangan and Noreen Murphy again exchanged points with five minutes remaining before both teams kicked some wonderful scores.

Lorraine Scanlon put over two delightful long range points but Spa/Rathmore answered with a point each from Katie O Mahoney and Caroline Reen as the clocked ticked down.

Desmonds Andrea Murphy was then sin binned as both teams finished the half level on eight points each.

Spa/Rathmore were first to score after two minutes of the restart and went ahead for the first time in the game as Noreen Murphy got the point from thirty metres out.

Two further points by Scanlon one a free and a Leanne Mangan free gave Desmonds the lead again as Mags Cronin came in for Sinead Cronin for Spa /Rathmore. Two points from Noreen Murphy one from a 45 had them all square again a Leanne Mangan free put Desmonds ahead again on the 43th minute but the lead was short lived as Noreen Murphy had them all square with 10 minutes to go.

Jane Lynch sent over a massive point from forty metres out but that was the last score for Desmonds.

Noreen Murphy levelled the game yet again with five minutes on the clock. It was the combination side that kicked for home with Murphy adding a brace to bring her total to 0-9

as Desmonds laid siege on the Spa./Rathmore goal in the final few minutes but they held firm as Kerry full back and likely next captain Aislinn Desmond anchored down the defence.

Desmonds did create late chance but Cait Lynch, Rachel Cronin and Leanne Mangan were all wide as Spa/Rathmore held out for a surprise victory.

Meanwhile in Ballydesmond, Corca Dhuibhne were defeated by 2 points Castlemahon 2-11 Corca Dhuibhne 0-15 in the Munster Junior Club Championship.

In the Intermediate grade, Na Gaeil fared better and earned a home semi final defeating their Limerick opposition Ballylanders on a score line of 1-10 to 1-05. They now face Fermoy of Cork on the weekend of the 3rd/4th October.

Teams.

Spa /Rathmore: Linda Bruggenner, Aileen Sheehan, Aislinn Desmond, Sinead Cronin, Karol Fleming, Sarah Murphy Laoise Coughlan, Cassandra Buckley, Norma O'Mahoney, Mags Cronin, Caroline Reen 0-3, Katie O'Mahoney 0-1, Eileen Murphy 0-1, Aoife O'Callaghan 0-1, Noreen Murphy 0-9

Castleisland Desmonds

Melissa Holland, Mariah Curtin, Aisling Leonard, Jane Lynch 0-1, Andrea Murphy, Cait Lynch, Laobhaise Walmsley, Lorraine Scanlon 0-5 (0-2F), Eilish Lynch, Kayla O'Connor 0-1, Rachel Cronin 0-2, Aine O'Connor, Eda Mangan, Leanne Mangan 0-4 (0-2F), Elaine Guiney, Subs: Jennifer Drumm for Eda Mangan (22), Marian Shine Elaine Guiney (22),



JANE LYNCH IS CHALLENGED BY AOIFE CALLAGHAN IN THE LADIES FOOTBALL FINAL ON SATURDAY IN CORDAL

SCHOOLBOY/GIRL SOCCER

First busy week of Schoolboys Football for 2015/16:

RESULTS:

JK Sports 12's:

PREMIER:

Tralee Dynamos A 2-6 Park A

DIVISION 3:

Fenit 2-4 Killarney Celtic C

Daly's Supervalu 13's:

PREMIER:

Killarney Celtic A 5-2 Camp Juniors

Foundation Sports 14's:

PREMIER:

Killarney Athletic 2-7 Park

DIVISION 1:

Mastergeeha 4-0 Park B

Ballyhar 6-0 Inter Kenmare

DIVISION 2:

St Bernard's 8-1 Killarney Celtic B

Park C 0-6 Park D

Killarney Plaza 15's:

Killorglin A 0-1 Killarney Celtic A

Tralee Trophy World 16's:

PREMIER:

Inter Kenmare 0-5 Tralee Dynamos

Castleisland 1-8 Killarney Celtic A

DIVISION 1:

Killarney Athletic 3-1 Killarney Celtic B

Mastergeeha 6-4 Park B

REPORTS:

The Kerry Schoolboys League is up and running in all Divisions and many of these teams will be looking forward to National Cup fixtures over the next two weeks.

Reports:

JK SPORTS 12'S:

Park win opening Tralee derby in 12's:

In the JK Sports 12 Premier it was The Park that made the short trip across to Dynamos where they picked up an opening game win. Double strikes from Colin Doody, Cianan Cooney and Dara O'Connor gave the Park the win. Liam Moroney replied with 2 for Dynamos.

In the 12's Division 3 Killarney Celtic C defeated Fenit thanks to a hat trick from Brian O'Sullivan and one from Mike McCarthy.

DALY'S SUPERVALU 13'S:

Celtic win mid-week clash with Camp Juniors: Killarney Celtic A and Camp Juniors played mid-week under lights at Celtic Park and it was the home side that took the win. Daniel Ockute hit two with Cian Doe, Cillian O'Sullivan and a cracking Cian McMahon free kick all on the score sheet to give Celtic the points. Oisín Smailes had put Camp Juniors 1-0 up early in the first half and Maurice O'Connell got their second in opening minutes of the second half.

FOUNDATION SPORTS 14'S:

In the late game The Park made the trip to Woodlawn a winning one as they defeated Killarney Athletic in the Foundation Sports 14 Premier. Sean McGrath, Mervyn Shalemba, Colin Walsh, Liam Tobin and Leo Gaxha all scored for The Park. Eoin O'Sullivan and Robert O'Shea replied for Athletic.

Home wins in Division 1:

The home sides took the wins in the Foundation Sports 14's Division 1 with Mastergeeha and Ballyhar picking up the three points. At Kilbreen Park goals from Darren Lehane 2 and one each from Javier and Ian O'Connor gave Mastergeeha the win.

At Murt Scott Park Ballyhar defeated Inter Kenmare with Gearoid Coffey, Dylan Callaghan, Jason Brennan and Joe McCarthy all scored once with Craig Boyle O'Sullivan getting two.

D's beat B's as Saint's also win:

St Brendan's Park have big numbers at this age group and have 4 teams. In a clash between the C and D teams it was the latter that had a big win. Goals from John O'Connor, Darragh Caplis, Leon Gallagher, Robert Vassiu, Cian Brosnan and Earnan Ferris saw their side defeat their club-mates.

St Bernard's started their campaign with a big win at home to Killarney Celtic B. Gavin Slattery collected an early match ball hitting a hat trick, Oisín Maunsell scored twice and Darragh Slattery and Michael O'Sullivan got one each in the win.

KILLARNEY PLAZA 15'S: Tightest game of the week in 15 Premier:

There was one game in the Killarney Plaza 15 Premier with Killarney Celtic winning away to Killorglin. The only goal came from a Peter O'Sullivan cross that was forced home after Ryan Kelliher put pressure on the Killorglin defence.

TRALEE TROPHY WORLD 16'S:

AWAY WINS IN PREMIER: In the Tralee Trophy World 16 Premier it was the away teams that took the points. Tralee Dynamos went to Inter Kenmare and brought home the points following a Dara Lowth hat trick and two from Dillon Robinson.

Killarney Celtic had goals from Conor Lucey, Pablo Martin, Alex Greziek and Lee Downing in their win over Castleisland.

Mastergeeha win in Division 1 goal-fest:

Mastergeeha and The Park B hit 10 goals between them in their Division 1 clash with the home side getting six of them. The Park were 2-1 ahead early on thanks to goals from Conor Higgin's and Jack Rogers with Paul O'Shea opening the Mastergeeha scoring. The Kilbreen side then went on a goal scoring spree going 4-2 ahead. Conor O'Leary, Cian Fahey and O'Shea's second gave them the lead. However the Park were not done as they levelled matters with goals from John and Aaron Ward. It was Mastergeeha who ended the stronger and O'Shea netted his third and Niall O'Connor wrapping up the win.

Killarney Athletic defeated Killarney Celtic B with goals from Jason Coffey, Finbarr Hickey and a Mark Fennell penalty. Jordan Lee replied for Celtic B.

KILLARNEY CELTIC NOTES

CONGRATULATIONS to Gary Keane and his bride Amanda on their wedding.

CONGRATULATIONS to the Kerry minors

on their All Ireland win and commiserations to the seniors who lost out at the final stage, both teams did Kerry proud.

FOOTBALL FOR ALL BLITZ Well done to all the players, management, volunteers and supporters who made the Munster Football For All Blitz at Celtic Park last Saturday such a huge success.

TRAINING TIMES U7 training for boys and girls has now started. New players welcome next week. Training takes place at 12.30pm on Saturdays with an emphasis on fun first.

U12 and U10 Girls training will commence on Monday 28th at 5.30pm. New players welcome.

RESULTS Denny Premier: Killarney Celtic 4 Killarney Athletic 4

The Killarney derby is one of the highlights of Kerry's soccer calendar, and this eight goal thriller really lived up to the billing and then some - played at ferocious pace and with wonderfully sublime skill, plenty of heart and honest aggression but no dirt and great sportsmanship, and thrills and goals galore. We went 2-0 up but an undaunted Athletic levelled, it went to 3-3, we nudged in front, but just before the final whistle back came our neighbours with a final goal to earn a point. Cathal O'Shea was twice on the mark for us, with Fergal O'Donoghue and Trevor Nagle also on the mark. Everyone played well, especially young players Conall Murphy and Conor Randall who put in tremendous work. Well done to all involved in a brilliant game.

U16 Premier: Castleisland 1 Killarney Celtic 8

Conor Lucey, Pablo Martin, Alex Greziak, and Lee Downing all found the net twice in a good win. Evan Jones in defence and Darragh Fleming in midfield were the main movers in a fantastic Celtic display

U16 DIV ONE: Killarney Athletic 3 Killarney Celtic B 1

A great battle by the lads and a very well taken goal by Jordan Lee, but Athletic were deserved winners overall.

U15 PREMIER: Killarney Celtic 1 Killorglin 0

A great start to the new season in a hard-fought game against a well-organised Killorglin team. Celtic made the breakthrough late in the second half after a Patrick Darcy cross was turned into the net by an unlucky Killorglin defender under good pressure from Ryan Kelliher. Darragh Donohue, Evan Lyne, and Evan Smith impressed for Celtic on their debuts. All of the squad contributed positively, with Darragh Dennehy, Darragh Lyne, and Michael Lenihan best for Celtic.

U14 DIV ONE: St. Bernards 8 Killarney Celtic B 1

Celtic put up a great battle but were outclassed by a strong and efficient home side.

U13 PREMIER: Killarney Celtic 5 Camp 2

Camp went 1-0 but an unruffled Celtic hit back and goals from Daniel Okwute (2), Cian Doe, Cian O'Sullivan, and a superb free kick by Cian McMahon secured the win.

U12 DIV THREE: Fenit Samphires 2 Killarney Celtic C 4

Brian O'Sullivan notched a magnificent hat-trick and Mike McCarthy added another to secure the win.

CONGRATULATIONS to U13 player Cian McMahon on making the Kerry Schoolboys/Schoolgirls Team of the Week.

FIXTURES

FAI JUNIOR CUP: Killarney Celtic at home to Broadford, Sunday, 2.00pm

DENNY DIV ONE: Killarney Celtic B away to Inter Kenmare, Sunday, 11.30am

YOUTHS LEAGUE: Killarney Celtic at home to Mastergeeha, Saturday, 2.30pm

U15 DIV ONE: Killarney Celtic B away to Ballyhar Dynamos, Saturday, 1.30pm

U13 NATIONAL CUP: Killarney Celtic at home to Sporting Ennistymon, Saturday, 2.00pm

U13 DIV ONE: Killarney Celtic B away to Killorglin B, Saturday, 10.30am

U12 PREMIER: Killarney Celtic at home to Killarney Athletic, Monday, 6.15pm

U11 GROUP ONE: Killarney Celtic at home to St. Brendans Park, Saturday, 11.00am

PITCH BOOKINGS Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

LOTTO RESULTS: The Lotto was postponed this week in order to facilitate the Kerry teams' homecoming. Next week's jackpot €4000, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

MASTERGEEHA FC LOTTO

There was one winner on Friday 18th September. Congratulations to Pat Fennell, Glebe Lane, Killarney who won the lotto prize of €5,400. Numbers drawn were 1, 8, 15, & 22. Jackpot now €1,500.

AWARDS NIGHT AND SOCIAL

Mastergeeha will host an awards night and social in the Killarney Oaks on Friday 9th of October. Tickets will be available from committee members.

U14 Mastergeeha 4 Park B 0. The lads kicked off this season with a deserved win against a plucky Tralee side. The first half was an even affair as both sides created chances with Mastergeeha GK Conor O'Leary making 2 vital saves to keep Park B at bay. The boys then took the lead 10 mins before the break when Darren Lehane slotted home following good work by Philip O'Leary. The lads continued to push forward in the 2nd half and scored 3 more through Darren Lehane and debut goals for Ian O'Connor and Javier.

U16 Mastergeeha 6 Park 4. In this high scoring

game the boys got a good win at start the league. Mastergeeha started the better with Darren Looney going close before Conor O'Leary scored in the 10th minute. However before break visitors scored two goals to lead at the interval. In the second half Mastergeeha played much better with Paul O'Shea getting two goals and Cian Fahey to give the boys a 4-2 lead after 60 minute. However the Tralee side got two goals back but after this Mastergeeha pushed on again with from Niall O Connor and Paul O'Shea getting his hatrick. Overall a good win with all trying their hardest.

YOUTHS Mastergeeha 4 Kilorglin 2. In this Munster cup game the boys did well to overcome a good Kilorglin side. Shane O Sullivan with a hatrick and Brian Friel were the scorers on a day when all played well.

MUNSTER JUNIOR CUP Park 0 Mastergeeha 2. In this close game the seniors had to battle hard to qualify for the next round of the cup. In the opening part of the game Mastergeeha got off a great start went Tony Brosnan scored in the 15th minute. For the remainder of the half Mastergeeha defended well with Shane Murphy making some good saves. In the second half Mastergeeha were the better side limiting the home side to shot from distance. In the final quarter the seniors created some chances with Padraig Nagle going closest before Tony Brosnan scored his second to ensure a deserved win.

KILLARNEY ATHLETIC

SENIORS Killarney Celtic 4 4 Killarney Athletic. A very entertaining game Played under lights last Friday evening as Athletic earned a point from this game.

A fantastic 2nd half display saw our A team come from 3-1 down to get a well deserved draw.

2 goals from the outstanding William Courtney and 1 each from Chris O Meara and Ayden Mulvaney ensured the draw. Thanks to the many supporters who came along to cheer on the boys in blue.

U14 Our U14 team played their second league game on Saturday against a very strong Park side. The first 15 minutes it was even between both teams, after this Park launched 2 long balls from defence and caught our defence and goalkeeper off their guard. The last 10 minutes before half time was our best spell in which we held the ball well and almost carved open the Park defence. The second half was totally dominated by Park even though we scored 2 great goals from Eoin O Sullivan and Robert O Shea to bring it back to 4-2. However Park upped a gear and won comfortably in the end. We will learn from this game no doubt, Park are a very good side and will take beating not only in Kerry but at national cup level too. Our lads worked really hard in this game and they did

have some great moments in this game, these games will bring on our guys no end so there is plenty to work on. Well done to all on the day. Training continues on Thursdays 6.30-7.45.

U16 Killarney Athletic 3 Killarney Celtic 1 Athletic opened their league campaign with a fine win against their crosstown neighbours in Woodlawn last Saturday. Right from the kickoff Athletic dominated this game and quickly raced into a 2 nil lead with goals from Jason Coffey and Mark Fennell (penalty) but try as they would, a combination of poor finishing and great goalkeeping kept the score at 2 nil until the break. The same pattern continued in the second half with Athletic well on top but had to wait until midway through the second half when Finbarr Hickey finished off a great move to put the game beyond doubt. A great start to the season but must work on the finishing. On the downside David O Mahoney sustained a serious injury, looks like a hamstring. We wish him a speedy recovery and also to Adam O Sullivan who received an injury the day before.

FIXTURES Thursday 24th September 2015

JK Sports U12 Div.2

Dynamos B v Killarney Athletic B 6pm

Saturday 26th September 2015

Sfai U15 Cup Round 1

Sporting Ennistymon v Killarney Athletic 2pm

Monday 28th September

JK Sports U12 Premier

Killarney Celtic A v Killarney Athletic A 6-15pm

Fai Junior Cup

Rhine Rovers (Clare) vs Killarney Athletic 2pm

Soccer in Killarney the early years:

the Book Soccer in Killarney the early years, featuring Killarney Athletic is on sale in Easons on Main Street and Gleasons supermarket Plunkett street.

ALL IRELAND: Congratulations to the Kerry minor football team on their recent All-Ireland success

ACADEMY: Academy continues on Friday from 5.00pm to 6.00pm for ages 6, 7

& 8's and from 6.00pm to 7.00pm for ages 9, 10 & 11 in Killarney Athletic, please bring €2 for training. All Players welcome, new and old, bring your friends.

CHURCH GATE COLLECTION Killarney Athletic's annual church gate collection takes place on Saturday 3rd and Sunday 4th October 2015. Please contact Sean on 087 662 1066 or Aaron on 087 940 3514 to help with the collection. All help appreciated.

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Alan Daly on 085 191 3244 or aland15@live.ie.

IF YOU HAVE A STORY...

Call: Aisling on **086 0400 958** or Email: editorial@outlookmags.com

END OF AN ERA AS THE ÁRAS PITCH IS SOLD

Right throughout the history of the club and indeed the playing of soccer in Killarney the Áras Phádraig Pitch was an iconic location for young and old to gather and enjoy participation in the sport particularly during the annual 7-a-side. So when the field was sold in a private deal in 1999 by the Franciscan Friars to the Killarney Urban District Council one would have hoped that the history of the pitch would have ensured that it would have continued to be used as an amenity into the future for the benefit of the local community. But its prime location in town meant it was always destined to become a car and bus park for the local authority in the tourist town. Club officials felt surprised by the manner of the deal done by the swift-moving council representatives and those representing the Franciscans at the time. But the land was owned by the Franciscans and it was their right to sell the field to finance the building of their new residence situated next to the Friary church. The club did attempt to have a 'sports ground' status remain on the field but the die was cast and the deal was done and the 1998 7-a-side tournament marked the end of play on this prime soccer ground.

CLUBHOUSE IS READY IN 2002

The building and opening of the clubhouse in 2002 was a significant development for the club and reflected the basic need to provide a suitable dressing room facility for the large number of players male and female that was now being catered for by the club as well as for the visiting teams, and the annual 7-a-side was now also being hosted in the Woodlawn ground. The club benefitted in part through the National Lottery Grant Scheme through the support of former Minister John O'Donoghue with a sizeable amount of money raised through various fundraising events that were very well supported and appreciated by the club at the time.

BILLY RETURNS TO CREATE A RECORD IN CLUB MANAGEMENT

Having served the club very well in the committee and as a senior team manager for a number of years John O'Connor made way for the return of Billy Doyle to join up with Sean Hanrahan in 1998. Billy and Sean teamed up together for three years and when the season of 2000 kicked-off Billy wrote himself into the club's history books by managing the Athletic senior team for some part in all four decades of the Kerry District League. A new era of young players were coming through from the underage ranks to play at senior level and they included the previously mentioned O'Connor, Gleeson and O'Reilly who is also the longest serving player for the club. Brian recalls playing for the club all the way from under 10s up to senior level, starting in the early '90s. "I remember Paudie, David and myself playing with the under 16s on a Saturday morning and playing with the youths (under 18) on a Saturday evening and then playing with either the A or B team on a Sunday — it was great! Eamonn Aherne, Nicholas Murphy, Martin Crowley and Marc Pyne also started playing for the senior teams around the same time and this was also great as we had all played together at schoolboy level for the club". Incidentally Brian is still a key member of the senior team this season.

KOSOVARS CONTRIBUTE TO CLUB SUCCESS

In 1999 Ireland welcomed many Kosovars refugees into the country as a show of support for the many ordinary Kosovar people ravaged by the effects of war, and Killarney hosted over 200 people of different age groups. In spite of their dreadful plight many quickly integrated into the local community with some joining and playing with Athletic and also in the 7-a-side. Arben Humolli became part of Billy and Sean's successful squad in the 1999/2000 season as the side playing in the 1st division of the KDL at the time won the Reserve Cup and more importantly won the league to gain promotion for the club back into the premier division where it rightly belonged. Arben started out the season as unknown from a

war torn land but by the end of the season he was 'Benny' and one of the most popular members of the squad. Such is the beauty of soccer as a recognised sport in so many parts of the world that for so many that it can break barriers and make people feel part of the community.

SIGNIFICANT CUP VICTORIES

The club's senior team continued to enjoy success in cup competitions as Billy and Sean saw their side defeat a fancied Park side to reclaim the Castle Bar Cup for the second time. A Mick O'Connell special from 25 yards proved to be the difference between the sides. As well as many of the aforementioned players, the O'Sullivan brothers JP and Mike along with the outstanding Kieran Guerin also deserve credit for their significant contribution to many of the good Athletic teams throughout this period. In 2004 under the management of Shane Foley and James Cronin the club captured its 1st Greyhound Bar KO Cup when the side overcame a competitive Ratoo Rovers side in the replayed final. Previous schoolboy lead scorer Mark Pyne scored the decisive winning goal to ensure Killarney Athletic's name was etched on the KO Cup for this historic 1st time. Other star performers on the night of a great team effort were Mark Griffin, Enda Prendergast and Shane Bunyan with Conor O'Riordan proving his worth between the posts. Two of the most outstanding players to play in this team and with the club were Kieran Cahillane RIP and Conor Spellman RIP both died too young in the following years. May they rest in peace and in our memory always. A special word of thanks to John O'Shea who compiled the match reports from the archives recounting the highs and lows of the club's senior teams from 1996 to 2004. John's article can be seen on his website: <http://workingontheline.com/2015/09/11/football-is-coming-home-killarney-athletic-1996-2005/> The next two articles will feature and track the paths of Diarmuid O'Carroll and Brendan Moloney into the professional ranks of football while recounting the teams they were part of, as well as reflecting on the outstanding talent of Michael 'Smiler' Moloney who was also honoured with numerous Irish Schoolboy International caps.



GREYHOUND CUP WINNERS 2004



DIVISION 1 WINNERS 1999-2000



GNEEVEGUILLA ATHLETIC CLUB:

LOTTO: No winner of our lotto draw 18/09/2015, numbers drawn were 7,19, 20, 23. Winner of sellers prize Tom Joe O' Donoghue, €50 Y/T prize to Pat Moynihan Knockduragh, €50 luck dip prize to Sharon Duggan O' Sullivan's Bar, €40 each to Mary O' Donoghue Upper Coom, Tadhg Collins Gneeveguilla, Jer Dunlea Scartaglin. Bonus not won numbers drawn were 3, 4, 13 and 30. Next week's jackpot €4,200 plus €1,000 bonus.

TRAINING: All training sessions are up and running, Gneeveguilla Hall Monday 7 – 8.15pm, Boherbue Secondary School Tuesday 7.00 – 8.00 pm, Barraduff New Field Friday 7 to 8.00 pm. Cullen Hall will be commencing shortly. Kerry Cross country training Sundays 10.30 am in The Demense Killarney, open to everyone to attend.

CROSS COUNTRY: Cross Country starts in The Demense Killarney October 4th at 11.00 am for U10, U12 U14, U16, U18 & Novice Men & Women.

GNEEVEGUILLA NATIONAL SCHOOL 5K: gneeveguilla national school 5K is on Sunday next at 1.00 pm, registration is from 11.00 am. Please come out and support. The route is the Masrour Ring.

MEMBERSHIP: Club membership is now due for the forthcoming season. €20 juvenile, €25 Senior & Masters. It will help greatly is all members

And new athletes could pay up promptly.

KERRY DARTS ASSOCIATION

This coming Friday night the 25th September in The Killarney Avenue Hotel at 8:00 p.m., the Kerry Dart Team take on a Dublin Team from North City Darts League in a challenge game. The Kerry Dart Team consist of the following : Dave Stack, Tom Biggane, John Teahan, Dale McCarthy, Neil O'Donoghue, Richie O'Connor, Kevin McCann, Jamie Kelliher, Paddy Linehan, Ger Flynn, Sean Marshall, James Broderick, Paudie Carmody, John Cronin and Dan Leen. This year the team have an assistant manager in Paul Cronin and manager is Gary McCormick. Entry is free to this event, so why not come along to the Avenue Hotel and cheer on your team, All are welcome.

On Saturday 26th September in the Gleneagle Hotel, The Christy Kelly Perpetual Cup takes place. This is a singles tournament and is opened to everybody. This starts at 7:30 p.m., with registration between 5:00 p.m. and 6:30

p.m. Whichever you are be it a competitor or a spectator, all are welcome.

Sunday 27th September see's the Kerry Invitational Open being held in the Gleneagle. With the start at 12:00 Noon and registration from 11:00 a.m. This is a round robin format and should make a good evening of darts, with teams entered from Dublin, Tipperary, Limerick, Kerry and other counties. Again why not come along and cheer on your team in the Gleneagle Hotel, All are welcome.

KILLARNEY DARTS TOWN LEAGUE The Killarney Darts Town League is commencing again, with the first of the games being played on the 1st October. Chairman of the Town League, Paul Cronin said he was delighted to announce, This year the Town League is sponsored by Carlsberg in Association with our regular sponsors Mustang Sally's. Also this year 28 teams have entered, which is the biggest entry to date in the history of the League and probably one of the biggest league's in the country. With that amount of teams entered, it is broken up into four groups, with seven in each group. The KnockOut Cup is again sponsored by our regular sponsors, O'Neill's of Plunkett Street. The games on Thursday night the 1st October are as follows, with first named team playing at home.

GROUP 1

Tatler Jack v Lals Bar
The Shire v Corkerys Bar
Lals Outcasts v Murphys Bar
Jimmy Briens - Free Night

GROUP 2

Nugget Old Timers v Linehans
Dunloe Lodge A v Good Time Charlies
Murphy Pinters v Klub Bar Kilcummin
Kenmare Rooms - Free Night

GROUP 3

98 A v Old Killarney Inn
Mustang Sallys B v Dunloe Lodge B
Teddys Bar v 98 B
Avenue Heros - Free Night

GROUP 4

Squidgers v Nugget Night Owls
The Granary v Mustang Sallys A
98 C v Courtneys Bar
Jimmy Jokers - Free Night

FARRANFORE MAINE VALLEY ATHLETIC CLUB

The DAWN Killarney Women's Mini Marathon (10K) and the family Fun Run 5K was held in Killarney last Saturday 19th Sept. Weather conditions were perfect for the 800+ women who participated. The race was very well organised by Feet First and the

atmosphere was simply electric. Well done to all our club members and their families who competed. For some it was there very first time running this distance, so you should all be proud of yourselves.

Maria McCarthy finished in 3rd place for the 10K and her daughter Shauna ran very well to come 2nd overall in the 5K fun run challenge.

CONGRATULATIONS to the Kerry Minor Football Team and there Strength & Conditioning Coach, Arthur Fitzgerald, for winning the All Ireland Title for the second year in a row last Sunday.

THANKS to all those who contributed to our annual church gate collection in Milltown/Listry Parish last Sunday. The funds raised will go to great use in developing our juvenile athletes within the club.

JUVENILE TRAINING: Juvenile training (U8 - U14) will be held each Tuesday & Thursday at 6pm in GAA grounds Farranfore. The main focus will be preparation for the cross country season. Newcomers who would like to participate in cross country competitions are welcome to attend. Training is outdoors, so come prepared for all weather conditions.

THE COUNTY ATHLETICS BOARD have also arranged XC training for juveniles on Sundays @ 10:30am in Killarney Demense, next to the playground.

ATHLETIC'S FIXTURES County Novice, U23 & Juvenile Even Ages Cross Country C'Ships - Sunday 4th October in Killarney Demense, starting at 11:00am.

County Intermediate, Masters & Juvenile Uneven Ages Country C'Ships - Sunday 11th October in Furies, starting at 11:00am

Pre registration is required for the all XC championships. Please inform us on or before the Tuesday night training session prior to race date if you will be participating.

Keep upto date with athletics on our Facebook & website: www.ffmpegvac.blogspot.com

FOSSA ROWING CLUB NOTES

SYMPATHY Our deepest sympathy is extended to the family of Richard Giles, who died tragically. Richard did a lot of voluntary work for the club over a long number of years. A most obliging man who will be greatly missed. Ar dheis de go raibh a ainm

#lovekillarney

KERRY FANS SUPPORT THEIR HEROES

PICTURES
MARIE CARROLL-O'SULLIVAN
087 391 4808



PICTURED AT THE FÁILTE HOTEL TO VIEW KERRY IN THE ALL IRELAND FOOTBALL FINAL TOGETHER WERE L-R MAIREAD O'KEEFFE, RUTH O'DONOGHUE & ANITA O'CONNOR.



PICTURED AT THE FÁILTE HOTEL TO VIEW KERRY V DUBLIN IN THE ALL IRELAND FOOTBALL FINAL TOGETHER WERE L-R ELAINE KELLIHER & LOUISE NOONAN.



PICTURED AT THE FÁILTE HOTEL AND UNITED IN SUPPORTING KERRY IN THE ALL IRELAND FOOTBALL FINAL AGAINST DUBLIN WERE L-R COLM HICKEY, MUTAZ ALMUSAWI, NELU O'DOHERTY, RYAN CASEY, MICHEAL KEARNEY, JONATHAN TYRELL, KRIS MEMCAS, KYLE HEFFERNAN, CHRISTOPHER SWEETMAN & AARON O'CALLAGHAN.



ANTIONETTE MOLONEY O'SHEA PICTURED AT THE TATLER JACK WITH HER TWO GRANDCHILDREN, NATHAN & ROISIN MOLONEY-MURPHY, TO WATCH KERRY V DUBLIN IN THE ALL IRELAND FOOTBALL FINAL.



ANDY O'SULLIVAN WITH HIS DAUGHTER GRÁINNE PICTURED AT THE MALTON HOTEL TO WATCH KERRY IN THE ALL IRELAND FOOTBALL FINAL AGAINST DUBLIN.



ANNETTE CLIFFORD ROCHE (CENTRE RIGHT) SUPPORTING DUBLIN PICTURED WITH HER KERRY COLLEAGUES ON THEIR BREAK AT THE MALTON HOTEL TO WATCH KERRY V DUBLIN IN THE ALL IRELAND FOOTBALL FINAL. L-R DENIS & EMER CORRIDAN, ANNETTE ROCHE CLIFFORD & MARY MCMONAGLE.



BIRDSYE VIEW. THE TEAMS TAKE TO THE PITCH FOR THE ALL IRELAND SENIOR FOOTBALL FINAL ON SUNDAY LAST. PICTURE DES O'CONNOR.



THE SOUNDS OF SILENCE!

In today's world we are constantly connected, plugged in or engaged in some kind of external stimulation all competing for our attention. Sometimes it's hard to hear the sound of our own inner voice calling to be heard. The voices in our heads are often the conversations of other people or things we have heard on the news or in our community. With so much stimulation it's hard to hear the subtle whispers of our soul and intuition. When you give yourself space you immediately deepen the connection to your inner knowing. Decisions are easier to make and creativity can flourish. Everything great in history has arisen from silence . . . even great noise. Beethoven and Mozart closed themselves off from the world and inhabited silent rooms for days at a time in order to hear things that no one else could hear—sounds so glorious that they themselves would never hear in the midst of the world.

Find some space for silence in your life. Drop by a Church during the day when it is empty and quiet. Find a quiet corner and a comfortable chair at home. Take a walk on the beach, leave the radio off in the car on the way to work. Have a television-free evening once a week.

Turn off the noise of the outside world, if only for five minutes. Enter the silence and give yourself space and time to listen to the awesome sound of YOU! That's where the magic is.

Join me in my Chakranetics classes (mindful moving meditation) every week at the Travel Inn, Fossa. Tuesdays at 10.00am. Mondays at 7.30pm! Also, Thursday at 7.30pm in Tralee at Collis-Sandes House.

066 9766374 | life_coachingunlimited@yahoo.ie



Tralee's 1st

Diecast Model & Toy Show

Sunday 4th of October

Manor West Hotel

Tralee Co. Kerry From 11-6pm

€5 Entry

In aid of Multiple Sclerosis Tralee Branch

Kids go FREE



If you wish to set up a display or info

please contact John on (087) 2398376

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Beginners (Block Course)
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All Levels

No Partner
Required

€10 per night
6 weeks €50

Contact
tomtomjive@yahoo.com
0873995877

ROSS LADIES GC NOTES

ROSS LADIES GC: Upcoming Event, Sat 26th Sept President Donie Mulcahy's Prize to the Ladies.. Timesheet available in Clubhouse.

KILLORGLIN GOLF CLUB

CLUB SINGLES STABLEFORD

1st Mark O'Sullivan	41 pts
2nd Thomas Murphy	40 pts
3rd Eugene Kennedy	36 pts
Gross Joe Kennedy	80 gross
4th Jim McCarthy	36 pts

LADIES: 18 Hole Stroke sponsored by O'Sullivan's Bakery: 1. Ann Walker (28) 72 nett. 2. Eleanor McCarthy (25) 75 nett. 3. Jenny Pigott (18) 76 nett.

CONGRATULATIONS to Emma Daly on her Hole in One on the 10th Hole Par 3 140 yds with a 5 Wood during the O'Sullivan's Bakery competition.

FIXTURES: 18 Hole Stableford sponsored by Burke's Butchers, Milltown can be played Sat 26th, Sun 27th or Tues 29th. Arrange.

EXCHANGE DAY: Beaufort Exchange Day is on Sunday 11th October. Time Sheet in Pro Shop.

12 re-entry sponsored by Lady Member Mary Healy finishes Sat 26th September. Next 12 Hole re-entry sponsored by Lady Member Joan Carter starts Sun 27th September.

RING OF KERRY GOLF CLUB

OPEN SINGLES STABLEFORD (GOTY)

1st Seamus Cronin (14) 40pts
2nd Pat Foley (5) 40pts

3rd Tommy O'Driscoll (+1) 39pts

UPCOMING EVENTS: Friday 25th & Saturday 26th September - **Captain's & President's Prize to the Ladies** This event is a 3-person Open Scramble. Presentation will be held on Sunday 27th at 6:00pm

Saturday 26th and Sunday 27th September - Open Singles Stableford (Members Goty)

Hollow-coring of the greens will commence on Monday 28th Visitors €25

DEERPARK PITCH & PUTT NOTES

SYMPATHY is extended to the relatives of former Deerpark member Johnny Daly Buddihans Kilcummin who passed away recently and to current member Frances Duggan on the death of his uncle Denis Hurley in Limerick May They Rest In Peace

NIGHT TIME PITCH & PUTT RESULTS A total of 48 teams participated in his fundraiser in this event and the winner was David Neeson with Daithi Casey and Paudie Sexton, runners up to Paudie Sexton, Noah Sexton and Adam O'Sullivan. A special word of thanks to Aidan O'Donoghue and his organising committee, also to the sponsors Ollie Favier of The Shire and Ian Cronin Photography, James (Box)Cronin, Paxo our Chef O'Sullivan Sound Systems, Kerry Tool Hire, Mike Sexton our musician on the night, Shirley and Helena and to all of whom contributed to the success of the occasion. Proceeds to be donated to the Kerry Branch of The Irish Kidney Association,

DANNY NOLAN MEMORIAL COMPETITION.

Next Sunday morning 9-30am will feature the annual Danny Nolan Memorial competition and a good turnout is expected for this annual event.

WEDNESDAY EVENING FOURBALL Results Wednesday September 16th John Murphy Ger Casey and Sheila O'Donogue Nett Gross Robbie O'Brien, Kieran Fitzpatrick, and Jason O'Connor, **SENIORS OUTING** Next Seniors Outing will be on the Deerpark Course on Wednesday October 7th 10am.

NOTES DEADLINE Items for weekly Notes to be forwarded to PRO at kellydoolan@eircom.net, Landline 064-6632698 Mobile 086--3941769 by midday on Monday.

CASTLEROSSE GOLF CLUB:

RESULTS: Competition played on Sunday 20th September 18 hole Stableford, Winner; Trevor Shine (15) 43pts, Runner-up, Steve Shine (18) 41pts, Overall 3rd place, John O' Reilly (25) 41pts.

FIXTURES: Weekend competition 18 hole Strokeplay please register on time sheet at Castlerosse.

Scramble 9 hole competition continue each Tuesday @ 6pm. Open to Ladies & Gents.

CHARITY OPEN DAY in aid of "Oaktree Services, St. Mary of the Angels" Beaufort at Castlerosse Golf club on Saturday 3rd October (2 ball better ball Stableford) Cost per team €30. Ring 087 2526598 for timesheet to enter. Please support, great range of prizes.

DR. CROKES HURLERS TO MAKE GERMAN TV DEBUT

A group of U14 Hurlers from Dr. Crokes club in Killarney are set to feature on a German T.V. documentary - which in turn could make hurling an international sport.

In early August this year, a German TV Crew, Kimmig Entertainment, were on a fact-finding mission to Killarney in search of all things to do with Irish culture and heritage. So where better to go to but Muckross Traditional Farms. Toddy Doyle, a proud Kilkenny man, recommended among other things that they take in a game of hurling during their visit. Unfortunately, there was no game scheduled that evening so therefore a special hurling training session was set up by the young Dr. Crokes hurlers and their Coach, John Lenihan.

The Germans were really impressed with this game and could not believe the speed and skill involved in what we call "the fastest game on grass". They were really taken by the courage and enthusiasm and sheer passion that these boys demonstrated.

They were so enthralled by this small glimpse of our national game that they decided they would return and make a TV Documentary on it.

The group returned on Sunday 6th September, All-Ireland Final Day and invited 10 of the young Dr. Crokes hurlers to travel to the Phoenix Park, Dublin to participate in this TV Documentary on Hurling.

Being a television star is no joke and while the making of this short documentary involved a lot of hanging around and waiting about, the

lads really enjoyed the experience and got a real buzz from all the excitement of seeing the TV crew in action.

The Crokes boys put on a great show and the Germans were delighted to capture the game on camera. We are all looking forward to seeing the final result!



ALL SMILES FOR THE CAMERA - TV STARS OF THE FUTURE - DR. CROKES HURLERS.

KILCUMMIN NEWS

SYMPATHY Sympathy is extended to the family of the late Johnny Daly, Buddaghans, who died recently. May he rest in peace.

COMPUTER CLASS Kilcummin Rural Dev. in conjunction with Kerry Education Training Board are planning a basic computer class which will include email and internet. For details contact the Office on 064-6643357 or John at 086-1579381.

ANABLA N.S. Anabla National School Family Fun Day and Raffle on 4th October 2015, 2pm to 6pm at the School Grounds. Lots of fun on the day, bouncing castles, obstacle course, fun sport events, inflatable soccer pitch and bumper balls, inflatable speed cage and radar, raffle, cake sale, barbecue, kids karaoke and lots more. Great prizes to be given away on the day. Please note change of date.

COMHALTAS Our next branch meeting will be held on Tuesday 15th September at 8.30pm in Kilcummin Rural Development Office. Could all members please try and attend to discuss matters arising over the summer. Anyone interested in joining our branch will also be very welcome.

AGM Our branch AGM will be held on Tuesday

13th October at 8.30pm in Kilcummin Rural Development Office. All members welcome and anyone interested in joining our Branch are also very welcome to attend. Could all members please bring along membership fees on the night as these are now due. All membership fees must be paid before positions can be appointed.

MUSIC SESSION Calling all musicians from near and far! Our first Sunday session after our summer break will be held on Sunday 27th September from 2.30 to 5pm in Kilcummin Recreational Hall. Musicians of any age and ability will be very welcome! Refreshments provided for all in the break. New faces will be particularly welcome

MEMBERSHIP Membership is now due. €12 Adult, €6 Junior or €20 Family. Please bring along fees to your trainers, hand to the Rural Development Office or give to any officer at your earliest convenience.

BUY OR SELL Interested in buying or selling a musical instrument? Kerry County Board are setting up a webpage to facilitate the buying and selling of musical instruments. Stay tuned to Kerrycomhaltas.ie

CEOL AN GHEIMHRIDH Ceol an Gheimhridh is fast approaching, Sat 14th November for Music and Sunday 15th for dancing. Closing date for entries is Fri 23rd October. Note, you can only enter this competition as a member of one branch only!

KILCUMMIN GAA Kilcummin GAA club wishes to extend its sympathy to the family of Johnny Daly Buddihauns who died during the last week. May he rest in peace.

CONGRATULATIONS Congratulations to the Kerry minor team who won their second title in a row on Sunday and a special word of praise for Brendan Kealy who performed outstandingly in the senior final as he had done all the year.

FIXTURE Credit Union Co League Rd 10 Kilcummin play St Michael's Foilmore on this Saturday Sept 26th at 6pm in Kilcummin.

SET DANCING CLASSES Set Dancing classes recommence in Kilcummin GAA clubhouse under the direction of Marie Lehan on Wednesday 7th October at 7.30pm for beginners and 8.30pm for advanced. Contact Marie on 087 9181973

MILLTOWN NOTES

NAGLE RICE COMMUNITY CENTRE

FUNDRAISER 'Joker 3' weekly draw was held in Gerry Griffins Bar last Sunday and jackpot of €2400 was not won. Winners were as follows: €100 Eileen Courtney €25 Breda O'Mahony Mattie Roche. Down to 50 cards next week and jackpot increasing to €2600 with next draw in The Plough Bar on Sun Sept 27. Thank you for your continued support.

BADMINTON The good news for Milltown and surrounds is that both adult and juvenile clubs are starting up for the winter in Nagle Rice CC. The juvenile club will start on Weds Sept 30 and continue every Weds between 6pm and 8pm. Times and age groups will be as follows: 6pm

- 7pm (8 to 11 year olds) and 7pm - 8pm (12 to 15 year olds). This will be reviewed depending on numbers turning up in each age group. Each child is to bring €3 per session please.

The adult club will commence on Thurs Oct 1 and continue each Thurs between 8pm and 10pm. Fee is €5 per session please. All are welcome to come and give it a try!

Any queries please contact Breda @ 087-6222787

MILLTOWN YOUTH CLUB Milltown Youth Club are hoping to recommence activities in the coming weeks. Nagle Rice CC will be providing the Youth Club with their own dedicated space within the Centre and this should be a

very exciting time in their development. For this to happen, volunteers are required to become youth club leaders and training will be given by Kerry Diocesan Youth Service personnel. If interested, please contact Gina @ 086-0545414. You will be playing your part in providing a safe and sociable outlet for the youth in the Milltown/Listry area.

BOOKINGS/ENQUIRIES Any one interested in making a booking in the Centre or wishing to enquire regarding activities taking place there, please contact the Centre @ 066-9765941.

LISTRY NOTES

Milltown /Listry Pioneer centre are celebrating 90th Anniversary of the centre in Killorglin Golf Club Friday 16th October 2015.

Music by the singing Jarvey. Tickets €25. Door prizes & spots. Dinner @8.30pm sharp. For more details please contact 087 7442694. 087 6778129 or 087 6367807.

As well The Milltown/Listry Pioneer are having a special mass in Milltown Church on Friday 16th October 2015 @ 7pm. There will be silver & gold pins presented to those who are entitled to silver or gold if anyone wishes to receive. Please contact 087 7442694. 087 6778129 or 087 6367807 before 1st October.

LISTRY COMMUNITY COUNCIL:

We intend hosting the Annual Rambling House

session in Listry Community Centre on Saturday night October 10th from 7.30-11.00pm approx. This will be a night of Music, Song, Dance, Storytelling etc. Anybody who wishes to come along on the night to sing a song or perform a Tune will be very welcome. Light Refreshments will be served. Fear an Ti for the night will be Ted Ahern. Please come along for a great night's entertainment.

BEAUFORT NOTES

SOUTH KERRY PLOUGHING

CHAMPIONSHIP: Beaufort Pioneer Council invite everybody to their Stand at the re-scheduled South Kerry Ploughing Championship to be held on Sunday, 4th October at Fossa.

**Got a News Tip?
Got a Story?
Get in Touch**



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RATHMORE / GNEEVEGUILLA NEWS

by Michael O'Mahony

HOLY FAMILY N.S. Grand Raffle & Draw

for All Ireland Final

Congratulations to Juliette Cronin Aunaskirtane Rathmore, who was winner First Prize: of Two All Ireland Stand Tickets

Two Return Train Tickets Rathmore to Dublin Two Nights B & B for two people sharing at Mespil Hotel Dublin

Second Prize: Signed Kerry Jersey congratulations to winner Maura Breen kilflyn, The Holy Family N. S. Wishes to thank every body for their support and help in draw they was great response from public in draw

CONGRATULATIONS to Nigel O'Sullivan Rathduane Rathmore who receiving his Craol QQI Level 4 Award in Community Radio Skills from Joe McGill Co-Manager at West Limerick 102fm. Recently.

FUNDRAISER for St. Mary of the Angels/St. John of God Kerry Service Day service will be held in The Killarney Heights Hotel, on Thursday 1st October at 7.00p.m. This will be their 1st Arts & Craft Fundraising Exhibition.

MILLSTREET PIPE BAND OPEN NIGHT on Friday 25th September from 8.30p.m. in the bandroom in the Carneige Hall for anyone interested in joining or for any past members wishing to return.

RATHMORE PARISH NIGHT AT THE DOGS SATURDAY OCTOBER 24TH We would like to thank local businesses for their generous support for our fundraising event, and we would be most appreciative if the remaining Race Sponsorship monies and Advertisement Details could be forwarded to the Parish Office (or email maureen@rathmoreparish.ie)

people will be calling to all houses in their station area seeking your support. We are hoping that the majority of households will purchase a dog nomination costing €50. Those who purchase a dog nomination will receive the following:

- You will receive family tickets, (ie two adult tickets, children will be free on the night)
- You will be in with a chance of winning a prize if your dog wins; and your name will also be entered into a further draw for which the prizes are as follows 1st €250, 2nd € 150, 3rd 100.
- Furthermore, those who have a 'Rathmore Parish' entrance ticket will be entitled to a €5 per person reduction on meals ordered in the Restaurant on race night.

If you are not in a position to purchase a dog nomination you might consider purchasing a family ticket for €20. The overall cost of our Renovation Project is over €300,000 therefore all donations are gratefully appreciated.

ALL IRELAND MINOR FOOTBALL FINAL: Congratulations to Darren Brosnan, Gneeveguilla and rest of Kerry minor players & Management who won minor All Ireland title on Sunday last in Croke Park. Thank you Aidan O'Mahony and Paul Murphy, and all the players

and Management for for their entertainment over past two years.

There's be back next year,

GNEEVEGUILLA NS in Association with Gneeveguilla Athletics Club will be holding there third annual 5k run, jog, walk, family fun run, on Sunday 27th of September.

Registration will begin at 11:30 in the Gneeveguilla GAA hall (HQ), with the run starting at 1:00. Cost of entry is €10.00 for adults and €20.00 for a family. The route being taken is the Masrour Ring which can be viewed on our Facebook page at Gneeveguilla FiveKrun. There will be refreshments in the hall after with prize givings and a raffle also taking place. All very welcome."

RATHMORE LADIES FOOTBALL: On Friday last Rathmore U12 girls played Firies in the East Kerry Div 1 Final in Rathbeg. This was a very exciting encounter with great skill shown on both sides. Rathmore led on a scoreline of 8pts to 3 at half time. The start of the second half saw Firies fight back and come within 3 pts of Rathmore but our girls finished strong and fought to the bitter end to win and take the Div 1 East Kerry Trophy on a scoreline of Rathmore 3-15 Firies 1-10. Well done to all and team management, Cliona Rahilly, Katie Cahill and Lorraine O'Brien.

On Thursday last Rathmore U16 girls won the Div 1 Co Championship final by beating Fossa ina thrilling encounter. It was a brilliant team performance by a very well prepared team. The cup was presented to team captain Laoise Coughlan before a large crowd. Well done to team management of Kieran O Mahony, Mags Fitzgerald and Tim O Callaghan.

On Saturday Rathmore/Spa combination caused a big shock by winning the senior championship final when overcoming Castleisland/Desmonds in a thrilling encounter in Cordal. The sides were level with 8pts each at half time and midway through the second half with Castleisland leading by 12pts to 9 our girls showed great heart and skill to come back and win on a scoreline of 15pts to 13. It was a super display by all the girls especially team captain Aislinn Desmond, center back Sarah Murphy, Cassandra Buckley Caroline Reen and Noreen Murphy who scored 9 wonderful pints.

FAMILY CAR TREASURE TRAIL: Rathmore Ladies Football Club have organised a treasure trail by car. The treasure trail will take place on Sunday Sept 27th Registration takes place between 12.30 and 2pm at Cahills Bar, Rathmore. €20 per car. Cash prizes to be won. Join us after for the results of the treasure trail and to watch the Ladies All-Ireland Final in Cahills bar with refreshments served at half time. All welcome. 'How clued in are you'!!!!

SLIABH LUACHRA COMHALTAS: Annual General Meeting: Our Branch A.G.M. will be held on Tuesday, October 6th at 9pm in Teach Fáilte, Gneeveguilla, all members are asked to attend & new members always welcome.

FRIENDS OF THE CHILDREN OF CHERNOBYL RATHMORE: Present a Fashion Show in the Rathmore Community Centre Thursday October 1st Doors open at 7pm Tickets €10. Limited Tickets available

087-6323922, 086-2439645, 086-0653369,

GNEEVEGUILLA A.C doing Training coaching for all Girls and boys from 6 years and older every Friday night @ 7pm to 8pm in Barraduff Community field. Everybody welcome.

BINGO: Rathmore Community centre every Friday night at 8.30pm. Everybody welcome:

SOCIAL ACTION GROUP RATHMORE, 40TH ANNIVERSARY CELEBRATIONS: To celebrate the 40th Anniversary they have a number activities over the next couple of months. Saturday October 30th Mass followed by a gathering in Teach Iosagain.

Sunday November 1st Family day in Teach Iosagain.

Sunday December 27th 40th Anniversary Social at the Gleneagle Hotel Killarney Tickets €30.00 They would very much appreciate any photographs from SAG activities from 1975 to be included in they 40th Anniversary celebrations in October

RATHMORE COMMUNITY COUNCIL Please contact Rathmore Community Council via Facebook / rathmorecc@eircom.net/ telephone 0868339506/ have a chat with any members of Rathmore Community Council if you come across Japanese Knotweed in the area. You can also get information from the biodiversity officer at Kerry County Council on (066) 718 3521.

RATHMORE COMMUNITY COUNCIL AND RATHMORE COMMUNITY CENTRE

COMMITTEE: have recently put two defibrillators (AED) in place, one at the Community Centre and one opposite the Church. These life saving devices can give a person in cardiac arrest an 80% chance of survival even before the arrival of an ambulance. These groups plan to run certified training courses in the near future in CPR and AED use. Anyone interested in these training courses please contact Michael O' Mahoney on Tel: 0876676817

e-mail: momahony14@gmail.com

GP. SERVICE: Dr. Christine Walsh- McCarthy will operate GP service from Bleak House Health Heath Centre, Rathmore, Every Thursday, from 17th September by Appointment only, Appointment can be made through 029-70124.

NOTES: anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6:00 on Sunday.



PICTURED IS NIGEL O'SULLIVAN RATHDUANE RATHMORE WHO RECEIVING HIS CRAOL QQI LEVEL 4 AWARD IN COMMUNITY RADIO SKILLS FROM JOE MCGILL CO-MANAGER AT WEST LIMERICK 102FM.

GLENFLESK NOTES

ALL-IRELAND FINALS: Congratulations to Glenflesk's Daniel O'Brien and the Kerry minor team and management for a hugely impressive minor All-Ireland final victory over Tipperary last weekend. Unfortunately the seniors fell short on the day, but great credit is due to the players and management in reaching back to back All-Ireland finals and providing us supporters with huge enjoyment along the way.

COUNTY LEAGUE DIV 2: The Glenflesk senior team, sponsored by the Jarvey's Rest, will travel to Tralee to face John Mitchells next weekend (Sept 26/27), in the tenth round of the county league. See Clubtext or Facebook page for confirmation of date and time.

GLENFLESK LOTTO: The next Lotto draw will be held on Monday 28th September in Spillane's Bar, Headford. Jackpot €6,800.

GUESS THE SCORE: Thanks to everyone who supported the recent 'Guess the Score' competition which was a great success.

GLENFLESK U12S: The Glenflesk U12s are having a strong run in the East Kerry League, and

on Tuesday September 15th the first team defeated Fossa away on a scoreline of 5-4 to 4-14, while the second team went down 4-14 to 4-4. Next Sunday (Sept 27) the Glenflesk U12s are scheduled to welcome Kenmare to Glenflesk @12noon in the fourth round of the East Kerry league, while the following Sunday (Oct 4th) Kilcummin are the visitors in the final round.

GLENFLESK U10S: The Glenflesk U10 boys travel to Rathmore on Saturday afternoon for a blitz.

RUNNING TRACK: The recent flood damage has been repaired and the running track around the pitch in Glenflesk is open again. Thanks to all those who volunteered to carry out the repairs.

GLENFLESK GAA FACEBOOK PAGE: There is a fantastic array of photographs on the club's Facebook page thanks as always to Seamus Healy, who does a superb job of documenting so many of the club's games and other events. This page can be accessed without a Facebook account. Just put 'Glenflesk GAA' into your

search engine and follow the link.

COMHALTAS AGM: The AGM of Glenflesk Comhaltas will be held in St. Agatha's Community Centre, Glenflesk on Friday 2nd October at 8:15pm. Everyone welcome.

BARRADUFF COMMUNITY FIELD: The new community centre is a hive of activity at the moment with football and athletics on the field, and pilates and circuit training in the hall. Pilates classes continue on Monday nights at 7pm and 8pm (Denis 086 8375142), while circuit training and toning classes are on Wednesday nights at 7:30pm and 8:30pm (Pat 087 8375142). Athletics for children with Gneeveguilla AC is on Friday nights between 7pm and 8pm. Interested observers will also notice the construction of a new long-jump pit and runway in the far corner of the field.

CONTACT: We welcome items of local interest. Please contact PRO Donal on 087 668 7926 or pro.glenflesk.kerry@gaa.ie.



PICTURED AT THE FASHION HIGHLIGHT OF THE AUTUMN RACING SEASON THE McELLIGOTT'S HONDA LADIES DAY AT THE SCENIC RACE COURSE IN LISTOWEL, COUNTY KERRY ON FRIDAY WERE FROM LEFT, MARY O'CONNOR, KILLARNEY AND SHEILA MCCORMACK, ATHLONE. PHOTO: DON MACMONAGLE



PICTURED AT THE FASHION HIGHLIGHT OF THE AUTUMN RACING SEASON THE McELLIGOTT'S HONDA LADIES DAY AT THE SCENIC RACE COURSE IN LISTOWEL, COUNTY KERRY ON FRIDAY WERE FROM LEFT, CLARE MURPHY, CAROL KENNELLY, TRALEE MARY STAPLETON-FOLEY AND TINA GRIFFIN, KILLORGLIN. PHOTO: DON MACMONAGLE



ANN FLIES HOME TO CELEBRATE HER 50TH

PICTURED CELEBRATING HER 50TH BIRTHDAY WITH HER FAMILY- THE O'SHEA'S FROM WOODLAWN IS ANN MANGAN (FRONT ROW SECOND LEFT) INCLUDED ARE BACK ROW FROM LEFT: GER, KATHLEEN, THOMAS AND MARGARET. FRONT FROM LEFT, EILEEN, ANN, JOAN AND MARY. ANN, EILEEN & MARY WERE HOME FROM BOSTON TO CELEBRATE.

#lovekillarney



AUTUMN DRIVING ADVICE

DON'T GET CAUGHT OUT BY THE SEASONAL CHANGE IN DRIVING CONDITIONS

Autumn isn't all about blackberries and crunchy leaves – it also brings many changes for road users, from dazzlingly blinding sunlight to the first icy windscreen of the season. Be prepared – plan ahead to avoid being caught out.

Autumn is particularly bad for dazzle from low sun. Improve vision by making sure that the windscreen is clean – inside and out. Even non-smokers find a hazy film builds up on the inside surface of the windscreen over time. Scratches, abrasions and chips on the outside can intensify the sun's dazzle too.

WINDSCREEN WIPERS

Blades will last for two years at the most. New blades clear the screen more effectively and so help reduce dazzle from the sun. Now is a good time to renew worn blades.

WINDSCREEN WASHER FLUID

Top up and treat with a good quality, purpose-made additive to reduce the chance of freezing. Don't use ordinary engine anti-freeze

but do check the handbook carefully to make sure you fill the right reservoir.

BATTERY This is one of the most common causes of breakdown at any time of year, but particularly in the winter when electrical loads are higher. If there's any sign of the battery struggling now, the likelihood is that it'll let you down at some time during the winter, particularly if it's more than five years old. It makes sense to renew the battery now to avoid the hassle and inconvenience of an unplanned failure later.

BULBS

Check all bulbs regularly (at least once a week) not forgetting brake lights and number plate lights. The handbook will show you how to change bulbs, though some headlight bulbs may require a visit to the garage. Carry some spare bulbs.

TYRES

Check all tyres for condition, pressure and tread depth. We recommend at least 3mm of tread for winter motoring, so if the treads are getting low think about buying new tyres now before the colder weather sets in.

ANTIFREEZE

Not just for winter, antifreeze is important all

year round as it contains additives to prevent corrosion and improve summer cooling too. It should be checked as part of the regular service schedule.

A frozen engine is very expensive to repair so if there's any doubt now is a good time to check the concentration. The handbook will give details of the correct antifreeze to use for your car — there are different types and mixing them could cause engine damage. If in doubt get a garage to check for you — many offer cheap or even free winter checks at this time of year.

DRIVING AT SUNSET How to reduce the risk and possible consequence of being dazzled. Keep your windscreen clean inside and out. Renew wiper blades if worn.

Keep a pair of sunglasses in the car, but make use of the sun visor too.

Slow down immediately if dazzled.

Bear in mind:

if the sun is behind you, it's in the eyes of those approaching you.

if the sun is in your eyes it's probably affecting those following you too.

Use headlights to help others see you.

DEER DANGER

AVOIDING ACCIDENTS INVOLVING DEER

Twice every year, in May/June and then in October/November you need to be aware of the risk of Deer running into the road.

This is during the rutting season in October/November and then, in May/June, the time of year when young deer disperse from their breeding areas.

These accidents kill car occupants too, as well as injuring hundreds and causing thousands of euros worth of damage to cars.

TEN TIPS ABOUT DEER

If you understand a little about deer then you can think about how you can change your driving to avoid them and know what to do if you hit and injure one.

1. Accidents involving deer peak in May, October and November.

2. Worst times of day are around sunrise and between sunset and midnight.

3. Some areas have bigger problems than others. Deer accident hotspots include areas around the Killarney National Park.

4. 'Deer' signs warn you that deer accidents happen in that area.

5. A deer can appear almost instantly - nature makes them hard to see and they don't follow the green cross code!

6. Use high beam head-lights when it's dark, but dip them if you see a deer, otherwise it may freeze in your path. Don't dazzle other drivers though.

7. If a deer appears suddenly it's safer to continue on your normal track rather than swerve or brake hard to try to avoid it. Sudden manoeuvres can result in a loss of control and increase the risk of hitting a tree or another vehicle.

8. If you do hit a deer, try to stop somewhere safe. If you can't then do your best to ensure that your accident isn't hit by other vehicles.

9. Report the accident to the police who will contact someone who can help the injured deer.

10. Bear in mind that if you miss the deer (or any other animal), but hit something else, it will be very hard to prove that the deer ever existed.



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AWARE SUPPORT GROUP MEETINGS

Aware Depression Support Group meets:

Killarney – Mondays, KDYS at 8pm (from October 6th) (please note change of time from 7pm)

Aware Support Groups are free to attend, no referral necessary.

www.aware.ie

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MUCKROSS MAN SEAMUS "SHAM" COURTNEY PICTURED WITH ONE OF HIS HEROES DICKIE ROCK.

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TAX Matters with



- TAX IMPLICATIONS

If you are an Airbnb host you should be aware that Revenue are providing Revenue with details of Irish homeowner's income derived through Airbnb from 1st May 2014.

Revenue have clarified that short-term lets to guests, including accommodation provided through online accommodation booking sites, do not fall within the terms of Rent a Room Relief and are therefore fully taxable.

HOW WILL AIRBNB HOSTS BE TAXED?

Income tax will be applied at the host's marginal rate (standard or higher rate) on Airbnb earnings.

CAN I CLAIM ANY RELIEF?

Allowable expenses can be off-set against Airbnb income so hosts are advised to retain all receipts in relation to expenses incurred in connection with Airbnb hosting.

WHAT DO HOSTS NEED TO DO?

If you do not receive an Income Tax Return Form from Revenue, it is your own responsibility to complete and submit a return.

The income from Airbnb is considered trading rather than rental income so should be detailed under the "Self Employed Income" section of the return.

The 2014 return is due to be filed by the 31st October 2015 or if filing online via the ROS system by 12th November 2015.

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Citizens Information

Know Your Rights: MEANS TEST FOR FARM ASSIST

QUESTION

How is my income from different sources assessed for Farm Assist? I work on the farm but I also do a bit of contracting and my wife works part-time.

ANSWER

The means test for Farm Assist takes into account virtually every form of income you may have but assesses it in different ways.

Your income from farming and any other self-employment (like contracting) is assessed as the gross income that you or your spouse may be expected to receive minus any expenses you incur to earn that income. When you apply for Farm Assist, a social welfare inspector will call to see you and ask to see various documents. The inspector will then assess the costs incurred in connection with the running of the farm. You are entitled to receive a copy of this farm income calculation. All of your means from self-employment are assessed (there are no disregards for dependent children).

Payments under the Rural Environmental Protection Scheme (REPS), the Agri-Environmental Options Scheme (AEOS) or the Special Area of Conservation (SAC) scheme are assessed separately from other farm income. The first €2,540 per year is deducted from the total amount of all these payments and 50% of the remainder is disregarded. Expenses incurred in complying with REPS/AEOS/SAC measures are then deducted and the balance is assessed as means.

Income from an occupational pension or leasing of land or milk quotas is assessed in full. Capital (including any property that you do not live in) is assessed using the formula applied to all means-tested social welfare payments.

If you have an off-farm job, €20 per day (up to a maximum of €60) is deducted from your assessable weekly earnings and then 60% of the remainder is assessed as weekly means. Your spouse's income from employment is assessed in the same way. If you have seasonal work, you are assessed on your earnings only during the period you are actually working.

You can get detailed information on how farm income is assessed from the Department of Social Protection's website.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN

SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



CORONATION STREET: LIVE THE AFTERMATH

Coronation Street pulled off a hugely successful LIVE episode (Bar one minor mistake with young Craig Tinker's mic) which saw the murder of Corrie villain Callum Logan at the hands of his ex Kylie Platt. David Platt, Kylie's husband then stepped forward and helped his wife cover up the death with them both placing Callum's body in the manhole in the garage conversion.

The aftermath of this story will be a long running story for the Platt family but sources say that other characters will be dragged into the mix with Tony Stewart and Todd Grimshaw being lined up to be in the frame for Callum's disappearance.

In other Corrie news, producer Stuart Blackburn is leaving his role and will be replaced with Emmerdale producer Kate Oates. With Kate due to take on her new role in the new year, expect dramatic changes on the street with the axing of deadwood characters and possible new families and explosive stunts being lined up to shake up the street.

CORRIE GUIDE MON SEPT 28TH

The Platts remain in fear following Callums murder. Roy and Cathy go on a date. Rita and Sophie try to help Sally. Tracy walks free.


MON SEPT 28TH

David and Kylie try to move on. Roy and Cathy begin to enjoy their date. Will Tim forgive and forget? Tracy is fearful of Yasmeen.

WED SEPT 30TH

Sally can't accept Tim's decision so ropes Kevin into saving her wedding. Fiz gets devastating about Hope while Aidan agrees to Fiz taking time off he can't pay her.

How will Fiz react when Tryone reveals he's booked a trip to Lapland? The Platts struggle to focus as the spectre of Callum remains.



SouthWest Counselling Centre

TEACHING YOUR CHILD EMOTIONAL INTELLIGENCE

Emotional intelligence can be a key to success in life and the ability to developing good relationships. Therefore EI is a very important skills for parents to teach their children. When parents have it themselves, their child will automatically learn EI. Parents with EI will naturally attune to their child and understand what their child is feeling. This in turn helps the child to learn how to read and respond to his own feelings and those of others in a healthy way.

However parents who struggle with EI themselves may lack the necessary skills to teach their child. This can set up a cycle of low EI within a family across the generations. When we ignore a child's feelings, don't notice when they are upset or anxious or tell them that their feelings are irrelevant, we are teaching them to ignore their own feelings. The child therefore grows up to believe that feelings are irrelevant. As adults they can struggle with emotions and in their relationships.

The following are ways in which parents can enhance their Child's Emotional Intelligence.

- **Know your child's true nature:** Pay attention to see what your child likes, dislikes, gets angry about, is afraid or struggles with. Communicate these observations to your child in a non-judgemental way. This helps your child to begin to see themselves through your eyes – and they can feel how well you know them. Your child will see themselves reflected in your eyes, thus helping them to know who they are. This can boost their confidence and make them resilient to life's challenges.

- **Connect emotionally to your Child:** Make an effort to empathise with your child and feel what they are feeling. Your child will feel an instant bond with you when you feel their emotion. This in turn helps your child to learn how to be empathic with others and to form healthy relationships. When your child sees you trying to understand their feelings or feel their feelings, they receive a powerful message.

- **Respond non judgementally.** When you child is emotional do not judge their feelings as right or wrong – instead look beyond the feelings to the source of this emotion. Help them to name and manage the emotion rather than judging it. This will help your child to develop a healthy relationship with their own emotions. It also teaches them to regulate and manage their emotions.

SouthWest Counselling Centre will run an 8 week course entitled Supporting Parents to Support their Teens – beginning Wed Sept 30th. Call 064 6636416 to book your place.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com
To make an appointment call 064 6636416.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters...

With Dr. Michael Moloney

PNEUMONIA

Pneumonia is a serious lung infection. Treatment with antibiotics is usually needed. If you are normally well, it is likely that you will make a full recovery. Some severe cases are life-threatening. When someone is in poor health or very old, pneumonia can make them very ill and the infection is more likely to be life-threatening.

WHAT IS PNEUMONIA?

Pneumonia is an inflammation of the lung tissue. It is usually due to infection. Pneumonia tends to be more serious than bronchitis. Bronchitis is an inflammation or infection of the large airways – the bronchi (see diagram). Sometimes bronchitis and pneumonia occur together which is called bronchopneumonia.

ARE THERE DIFFERENT TYPES OF PNEUMONIA?

Pneumonia is commonly caused by an infection with a bacterium or virus. There are 3 or 4 different bacteria that are the most common causes of pneumonia. There is also a well-known group of bacteria that causes pneumonia in about 3 out of 10 cases. They are called atypicals. Other germs such as fungi, yeasts, or protozoa can sometimes also cause pneumonia. Rarely, non-infective pneumonia is caused by inhaling poisons or chemicals.

WHAT ARE THE SYMPTOMS OF PNEUMONIA?

Typical symptoms are cough, fever, sweats, shivers, being off your food and feeling generally unwell. Headaches and aches and pains are common. You usually make more sputum. This may become yellow/green coloured and is sometimes bloodstained.

You may become breathless, breathe fast and develop a tight chest. A sharp pain in the side of the chest may develop if the infection involves the pleura. (This is the membrane between the lung and the chest wall.) A doctor may hear crackles in the chest when listening with a stethoscope.

CAN PNEUMONIA BE PREVENTED

Pneumococcal vaccine helps to protect against infections such as pneumonia and meningitis. The vaccine will be injected into a muscle or under the surface of your skin. The most common side-effects are tenderness at the site of the injection, mild fever, feeling tired, and head/muscle aches. These should soon pass.

Pneumococcal vaccine stimulates your body to make antibodies against pneumococcal bacteria. These antibodies then help protect you from illness should you become infected with pneumococcal bacteria. It provides protection against many (but not all) types of pneumococcal bacteria.

If you have any further queries please do not hesitate to contact us on 0646620628



Dr. Michael Moloney,
MB, BCh, BAO, BMedSci MMedSci, DOWH, MICGP
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Member of the faculty of sports and exercise medicine.
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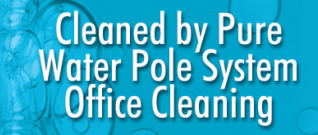


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DO YOU LIKE CHORAL SINGING?

As a tribute to the Rugby Legends of Currow the renowned Dursley Male Choir from Wales with special guest Mark Llewellyn Lewis will perform in The Church of the Immaculate Conception, Currow, Farranfore on Saturday, September 26th at 3.45pm.

Contribution €20 including Interval Refreshments for what promises to be a great evenings entertainment.

Be sure to come early as doors will close at 3.45pm.

Further information and tickets can be had from Frank on 087 2371083 and McCarthy's Foodstore, Currow.

FUNDRAISING TEA DANCE:

The Kerry Cancer Support Group is holding a Tea Dance in aid of the Kerry - Cork Health Link Bus in The Ivy Leaf Theatre, Castleisland on this Sunday, September 27th from 2pm to 6pm.

Music by Paddy Cassidy, Pa Quaid, William J O'Connor and Denis McCarthy.

This bus provides free transport 5 days a week bringing cancer patients from Kerry - Cork for their radiotherapy treatment in Cork University Hospital.

No Government or HSE funding is received towards the cost of running the bus and your support will be gratefully appreciated.

For further information on the Bus timetable etc please phone 066-7195560 Monday - Friday between 9am and 4pm or e-mail kerrycancersupportgroup@eircom.net

ENTRIES FOR DOG SHOW CLOSE ON OCTOBER 2ND:

Tralee and District Canine Club invite entries of dogs registered with the Irish Kennel Club to their All Breed Open Show that will take place at The Community Centre, Currow, Farranfore on Sunday, 18th October 2015 in aid of Guide Dogs for the Blind.

Judging will begin at 1.30pm.

Entry fee €5 first entry all other entries €3. All

cheques to be made payable to Tralee and District Canine Club.

Please send your entries to Hon. Show Secretary: Mrs Maudie Burke, "Sandwood", Killarney Road, Castleisland, Co. Kerry. Tel. 066 7141 423. E-mail traleecanineclub@hotmail.com

LANDING A JOB AT 50 AFTER A LAYOFF:

It can be devastating to lose a job for which you feel eminently qualified. So the natural tendency is to feel betrayed and rejected. All the more reason to channel these feelings and express them in a positive way. Take inventory of all the skills, knowledge and talents you have to offer a new employer. Remind yourself that as an experienced professional, you've acquired the wisdom and business acumen to get things done.

"Fake it till you Make it" - Potential job seekers make a habit of looking and sounding successful—in dress, body language and tone. And it's always good to have your CV up to date and polished, these days.

Exploit Social Media - Start a Facebook page etc, make sure you list all your good points, be a little boastful, but above all if you already have information about yourself on the Net check it frequently and make sure yourself or somebody else haven't posted something on it that you wouldn't want a future employer to see.

Check out job vacancies in your area and also do a search of job titles that you would be interested in finding employment in. Sign up for the free weekly jobs newsletter from your local employment service.

Whether networking in person or via social media, don't simply rattle off degrees and job titles, but sell yourself enthusiastically.

Re-training and more education can help jobseekers refresh or enhance their skills, develop new skills, and acquire knowledge that could be useful in their jobs or careers.

UNUSUAL USES FOR POTATOES - CONTINUED:

* Potatoes are great for your skin, so making yourself a potato face mask once a week can reap rewards. You only need to use mashed potato mixed with water, and leave the resulting paste on your face for 30 minutes. A couple of slices of potato can also be used to reduce the appearance of puffy eyes and black circles, and are a great alternative to the more widely used cucumber. The ability of potatoes to clear up minor rashes and acne have been known for centuries!

* Potatoes have been used to help ease headaches for centuries, and you will only need a few slices. You can rub them into your temples, or for more sustained relief, fix them against your forehead using a head band or bandage.

* If you burnt your fingers on a hot pan, or clipped your arm against the stove while it was still on, reach for a potato. Just 1 slice of raw potato should do the trick - apply it to the burn and fix in place using whatever you have handy.

* Potato stamps - just draw the shape you want on to the cut potato, carve out the shape and dip it in paint before dabbing it over your canvas. Personalise bags, cushions, walls - whatever you like! It's a really fun and easy way to personalize your home, and is great for kids too.

* If you have over-salted your pot of soup or pasta by mistake, then throw in some potato slices or cubes to restore the balance. Leave the potatoes in while the mixture simmers for ten minutes or so, and then scoop them back out.

* Are your old tools or kitchen utensils starting to look like antiques? Restore them to former glories by chopping a potato in half, adding a liberal amount of soap or salt to the cut end and rubbing it over the affected surface. Rinse and dry the object thoroughly afterwards. This works great on along the edge of large carving knives!

ANSWER TO LAST WEEKS RIDDLE:

What stays where it is when it goes off? An alarm clock!

THIS WEEKS QUOTE:

"Some cause happiness wherever they go; others whenever they go" - Oscar Wilde

ON THIS DATE - SEPTEMBER 25TH:

1066 - The Battle of Stamford Bridge, where King Harold II of England defeated Harald Hardrada of Norway and his own brother, Tostig.

1493 - Columbus sailed on 2nd voyage to America.

1513 - Vasco Balboa, from Portugal, is officially the first European to see the Pacific Ocean.

1639 - First printing press in America.

1643 - The 'Solemn League and Covenant' between English and Scottish parliaments against Charles I is concluded.

1690 - Publick Occurrences, first US (Boston) newspaper, published first & last edition.



1697 - Catholic clergy were banished by Act of British Parliament.

1861 - Secretary of US Navy authorised enlistment of slaves.

1890 - US Congress established Yosemite National Park, California.

1912 - Columbia University Graduate School of Journalism founded in New York.

RIDDLE FOR THE WEEK:

You use me from your head to your toes, the more I work the thinner I grow. What am I?
Answer next week!

TONGUE TWISTER:

Eleven owls licked eleven little liquorice lollipops.

BIZARRE HISTORICAL COINCIDENCES:

*Dennis the Menace is a comic book creation about a fictional boy who likes to get in trouble. There is an American version, as well as a British one, which bear a striking resemblance. Oddly enough, both characters were created by different authors that had no prior knowledge of each other's work. Stranger still is the fact that both were published on the 12th of March, 1951.

*The first British soldiers to be killed in World War I was named John Parr. The last British soldier to die during that war was George Ellison. Even though it was not planned, the two are buried in the same cemetery, in adjacent graves that face each other.

*The Second World War ended with Japan's surrender to the Allies, following the nuclear strikes on the Japanese cities of Hiroshima and Nagasaki. Tsutomu Yamaguchi lived in Nagasaki but was at Hiroshima on a job. On his last day in the city, it was hit by the first nuclear strike, but Yamaguchi survived. He then went home to Nagasaki, arriving a short time before the second nuke detonated. Amazingly, Tsutomu survived again.

*In 1889, author Morgan Robertson wrote a book titled "Futility, or the Wreck of the Titan". The book discussed a passenger liner named Titan, described as "unsinkable", and its eventual sinking after hitting an iceberg while travelling on the Atlantic Ocean. If that story sounds like it's a rip-off of the Titanic, you're sorely mistaken. The story of the Titan was published 14 years prior to the sinking of the Titanic. In fact, the details of the Titan and the incident are nearly identical to what happened to the Titanic - They were almost the same size, carried almost the same amount of passengers (more than half of which died), the ships were moving at similar speeds, hit an iceberg on their starboard side in April, approx. 400 miles off of Newfoundland.

FASHION CAN BE FATAL:

*With the return of towering stilettos, footwear is becoming fatal. While falling remains the number one threat, shoe #lovers also face a host of chronic injuries.

*Unlike the clutches and micro-bags of the

last decade there is space in today's oversized bags to fit just about anything, and this, chiropractors tell us, is a serious problem with ladies presenting with multiple strains and the beginnings of arthritis.

*Throughout history women have hankered after tinier waists. Tudor girls wore metal corsets, Victorians ladies were strapped into crinolines, and today we breathe in and do the waist-belt up another notch. While this modern method seems tame it's not without its risks. A too-snug waist-belt can compress the lungs, causing nausea and dizziness from a lack of oxygen.

*By now we all know about the dangers of lying in the sun and yet tanning salons have never been so popular. Not only does UV exposure cause skin to dry out and lose elasticity, it's been conclusively linked to cancers as well.

*For many women whose own nails are fragile and brittle, nail overlays are heaven-sent. But be warned: veneers come with their fair share of risk. Acrylics can encourage the natural nail to separate from the finger, often saddling the wearer with a painful fungal infection

THE WORLD'S BIGGEST MAN-MADE WILDLIFE RESERVE:

On Friday, September 11, the European Commission together with representatives from the British Government opened the ground-breaking Jubilee Marsh, marking the end to the first phase of what has been dubbed the Wallasea Island Wild Coast project which, when complete, will be the biggest man-made wildlife reserve of its kind.

The project, which is being developed just north of Southend, Essex, is backed by the RSPB group BirdLife and Crossrail, the company that is responsible for developing new trainlines across London. The initiative was devised as a way to fuse redevelopment of transport together with repurposing now unused land for conservation and general habitat improvement. When it is completed the project will provide a habitat for migratory

wetland species who have been displaced or face being displaced due to climate change. The project also takes into account what might happen after climate change warms Europe and is ideally placed to provide habitats for birds that leave Europe as a result.

Wallasea Island was originally home to farmland but because Wallasea was below sea level it was becoming increasingly harder to protect from rising sea waters. In order to combat this, more than three million tonnes of material that was excavated as part of Crossrail's railway network overhaul has been shipped to Wallasea where it and other donated materials were then put to use for the Jubilee Marsh project.

THE MOST WELL-TRAVELLED WOMAN IN HISTORY:

When Audrey Walsworth first left America to visit Lithuania in 1969, she just wanted to learn more about her family's history. She didn't expect, more than 40 years and 300 countries and territories later, to make history of her own.


She didn't make her second trip until 1980, to China, during one of the first years the People's Republic opened its border to tourists.

In the years since, Ms. Walsworth has visited all 193 United Nations member states, including all 324 territories listed by the Travelers' Century Club (an organization for the world's most widely travelled people), which counts separately regions that are geographically, politically, or ethnologically removed from their parent country. The club, which requires its members to have visited at least 100 territories and which Ms. Walsworth joined in 1994, estimates that fewer than 10 people in the world have accomplished the feat. To do so, Ms. Walsworth has made as many as eight voyages a year, every year since she joined.

FINALLY THIS WEEK:

Chocolate comes from cocoa..which is a tree.. that makes it a plant..which means.. chocolate is Salad!!!





A WORD OF VICTORY

Welcome back dear reader it is normal for people to weep on occasions of loss. Twice in Scripture Jesus Himself wept. The first instance was at the death of Lazarus (John 11:35). Lazarus and his sisters Mary and Martha were close friends of Jesus and when He saw their grief over losing their brother Jesus Himself felt the pain of their loss and identified with them and thus He wept. He was not weeping over the death of Lazarus, He wept for the loss Mary and Martha were feeling in their hearts and the brokenness they were experiencing. Jesus then asked them 'where have you put him?' The two sisters knew that Jesus had power over death and to raise the dead back to life. When He told them to roll away the stone, Martha said 'no Lord he's been dead for four days and he's stinking'. Jesus called out 'Lazarus come forth' and out walked Lazarus from the tomb to be reunited with his sisters! You see friend Jesus has compassion on your loss and my loss and He has the power to do something about it when we genuinely call on Him in times of need – for we do not have a High priest who is unable to empathise with our weaknesses but we have One who has been tempted in every way just as we are yet He was without sin' Hebrews 4:15. The second time that Jesus shed tears was for the city of Jerusalem the capital of Israel because the people had rejected Him as their Messiah Who came to save them and were sending themselves into the fires of Hell separated from God for all eternity because of their unbelief. (Luke 19:41 see also Mark 16:16). How do you think Jesus feels today when He sees people who He died for ignoring His call to be saved. Where do you stand friend?

If you have any prayer need please call **064-6622950** or email **wordofvictory@eircom.net**. More next week...

Contact: 064 - 66 22950 Email: wordofvictory@eircom.net

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NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

GRATEFUL THANKS

Sacred Heart of Jesus, Our Lady of Lourdes, St. Padre Pio, St. Clare, Our Lady of Mount Carmel, Divine Mercy St. Faustina, St Michael Archangel and St Anthony for health favours received.

D&A

THANK YOU TO

St. Expedite, St. Anthony and all the Saints.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days.
Publication of prayer and favour will be granted.

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Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
J.K.O.C.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.

PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr, You who quickly brings things to pass
You who never delays, I come to you in need: (Clearly express what you want and ask him to find a way to get it to you)
Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise)
Be quick. Saint Expedite!
Grant my wish before your candle burns out and I will glorify your name
Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion.
For anyone in need say this prayer and your request will be granted. My request was granted.
Amen.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL
O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. Amen. Say this prayer for 3 consecutive days. Must publish prayer and it will be granted to you.

NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

ACKNOWLEDGEMENT & FIRST ANNIVERSARY



In loving memory of

JOSEPH HERLIHY

Tiernaboul, Killarney who passed away on the 26th September 2014.

*"The hands of time keep turning
The year has slipped away
But the memories we have of you
Are in our hearts to stay."*

On the first anniversary of Joseph's death; his wife, mother and family wish to express our heartfelt gratitude to all who sympathised and supported us on our sad loss. To all of our neighbours, relatives and friends, who supported us and helped in any way – your kindness will never be forgotten. We wish to thank everyone who called to the house, attended the funeral Mass and Burial, and those of you who travelled long distances to be with us, your presence was much appreciated. Thanks to everyone who sent Mass cards, letters of condolence, and floral tributes. It was, and is, a great comfort for us to know Joseph was so loved and missed by so many. Joseph is sorely missed and will always be remembered with profound gratitude for the many joys he brought to our lives.

A special word of thanks to Father Niall Howard for his kindness, time and help in arranging Joseph's Funeral Mass; and also to the Funeral Directors at O'Shea's, Michael and Mary for their help and professionalism. As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our deep appreciation.
The Holy Sacrifice of the Mass will be offered for your intentions.



Joseph's First Anniversary Mass will be celebrated at 7.30 p.m. in the Church of the Resurrection, Killarney on Saturday 26th September.

ACKNOWLEDGEMENT & FIRST ANNIVERSARY



In loving memory of

PADDY KERRISK

late of Avondale House, Countess Road, Killarney who died on the 29th of September 2014.

*A limb has fallen from the family tree
I keep hearing a voice that says
"Grieve not for me, Remember the best times, the laughter, the song, the good life I lived while I was strong and so full of life.
Continue my heritage, my family values, my passions, I'm counting on you.
Keep smiling and surely as night follows day the sun will shine through.
My mind is at ease, my soul is at rest
Remembering all, how I truly was blessed
Continue traditions no matter how small
Go on with your life, don't worry about falls, knocks, bruises. I miss you all dearly, so keep up your chin and smile.
Until the day comes when we're together again."
Amen A Thiarna.
So dearly loved with all my heart and soul
Sadly missed by your loving wife Máiread and your two darlings Anna and John. Codladh sámh xxx
Ar dheis Dé go raibh a anam dílis.*

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the world forever, Amen."
Pray, whether you believe or not.
Publish on the 9th day.
Your request will be granted no matter how impossible it may seem.
Favour often granted on the third day.
E.H.

THANKSGIVING ST. JUDE

St. Jude come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately.
Favour granted after 3 days.

PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal. You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me.
In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted. x

ST THERESE

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles...the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you.
Amen. Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.

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NOVENA TO THE SACRED HEART

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PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

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NOVENA TO THE SACRED HEART

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