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EBS
Coyne & Culloty
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Brian James
O'Grady's Newsagent
Abbey Travel

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TRANSFORMERS AGE OF EXTINCTION (12A) 170m Fri-Wed 8:10	MRS BROWN'S BOYS D' MOVIE (15A) 105m 7 Days 6:50 9:00 Fri-Wed 4:20 11:30 Late Show Fri 11:30	2D HOW TO TRAIN YOUR DRAGON 2 (PG) 115m 7 Days 4:15 12:05 Sat/Sun 12:05	
3D HOW TO TRAIN YOUR DRAGON 2 (PG) 115m 7 Days 2:10	KIDS CINE CLUB Saturday 26th & Sunday 27th July MUPPETS MOST WANTED (G) 110m 12:05 MALIFICENT (PG) 105m 12:15 www.cinemakillarney.com		
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WHERE MEMBERS MATTER MOST

TREATS FOR SALLY.... THANKS TO OUTLOOK MAGAZINES

Outlook Magazines and Browne's Home, Agri and Builder Providers in Castleisland teamed up to give one lucky reader the opportunity to pamper their pet. The promotion celebrated an exciting new informative section in the Tralee, Killarney and Sliabh Luachra magazines. Aimed at the farming community the new section, Farming Outlook, features the latest farming news, services and a shop window for those in the agricultural sector. To celebrate the launch Browne's Home, Agri and Builder Providers sponsored €100 worth of dog food in a competition that attracted hundreds of entries. The winner was Noreen Lucey from Bounard, Gneeveguilla. Noreen works with the Farm Relief Service in Castleisland. "I love to enter competitions and was delighted to win this prize. My dog, 'Sally' is the real winner however and will be dining in style for some time. She is a three year old sheep dog that I got from a neighbor as a pup. I spoil her and now that can continue thanks to John and all the staff at Browne's Home, Agri and Builder Providers. It really is a wonderful Summer surprise," said Noreen.



HAPPY DAYS: PJ McAULIFFE (BROWNE'S HOME, AGRI AND BUILDER PROVIDERS, CASTLEISLAND) PRESENTING NOREEN LUCEY FROM GNEEVEGUILLA WITH €100 WORTH OF DOG FOOD IN THE OUTLOOK MAGAZINES AND BROWNE'S HOME, AGRI AND BUILDER PROVIDERS COMPETITION. PIC BY OUTLOOK PICS.

Look out for more exciting competitions in Kerry's leading free news providers.....

Outlook Magazines.

EYE TESTS AND GLASSES FOR CHERNOBYL CHILDREN



CHERNOBYL CHILDREN STAYING IN RATHMORE FOR THE MONTH OF JULY PICTURED WITH THEIR INTERPRETOR NATASHA AND STAFF AT SPECSAVERS KILLARNEY.

Specsavers Killarney were delighted to invite a group of children at risk of being affected by the Chernobyl disaster to have their eyes tested at the Killarney store. The 15 children, ranging from 9 to 11 years of age, are on respite in Rathmore for the month of July and are staying with families in the locality. Specsavers Killarney staff enjoyed their time spent with the children, carrying out thorough check-ups and fitting them with glasses where necessary.

The Rathmore Branch of the Friends of the Children of Chernobyl devotes its energies to raising funds to bring children who are at risk from Chernobyl to Ireland every year. The charity targets children from orphanages or disadvantaged homes, aged between six and thirteen. These children are in great need and come from social situations that make it difficult for them to get the care they require at home.

THANK YOU...

The Council for the Blind/Kerry Branch would like to thank everyone who supported their recent flag day and also the collectors who gave their time to help this worthy cause.

KILLARNEY BRIDGE CLUB

There will be no bridge on Monday 28th July and Monday 4th August. Summer bridge resumes on Monday 11th August. All bridge players most welcome.

ANNAUL KILGOBNET ROAD RACE

The 25th Annual Kilgobnet 4 mile road race will take place in Kilgobnet next Friday 1st August at 8:00 pm. Prizes for first place male and female in all AAI categories. Entry fee is €10 for single and family €20. This is an AAI approved event.

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RECOGNITION AWARDS FOR VOLUNTEERS

A special ceremony was held in Killarney last week to recognise volunteers with the Citizens Information Service. The volunteers honoured have given over 5 and 10 years of service to their community.

Eileen O'Connor, Marie Sheehy (both Tralee) and Ann Clerkin, Patricia O'Carroll (both Killarney) received a "Volunteer Recognition Award" certificate for 5 years of generous service.

Kathleen Cronin (Killorglin) received a "Volunteer Recognition Award" certificate and a commemorative bowl for 10 years



FRANCES CLIFFORD (MANAGER - KERRY CITIZENS INFORMATION SERVICE), ANN CLERKIN (VOLUNTEER 5 YEARS) AND JACQUI BROWNE (CHAIRPERSON - KERRY CITIZENS INFORMATION SERVICE).



FRANCES CLIFFORD (MANAGER - KERRY CITIZENS INFORMATION SERVICE), PATRICIA O'CARROLL (VOLUNTEER 5 YEARS) AND JACQUI BROWNE (CHAIRPERSON - KERRY CITIZENS INFORMATION SERVICE).

of generous service at the event which was hosted by Kerry Citizens Information Service. The generous contribution of nearly 50 volunteers was recognised on the same day

at their annual "Volunteer Appreciation Day" outing. This year they enjoyed the excitement of the Killarney Races. Frances Clifford, Manager of Kerry Citizens Information Service said; "We are hugely indebted to the generous

contribution all our volunteers give to their local communities through our service and we are delighted to formally recognise their commitment and support". Kerry Citizens Information Service provides free, confidential, information, advice, and advocacy services in relation to your rights, entitlements and the social services that exist to support you.

A friendly team of fully trained Information Providers can help you find your way through the maze of information from various government departments and agencies, and make sure that you have all the information and help you need, presented in an easy-to-understand way. Citizens Information can provide you with information on a wide range of issues, including employment rights, housing, social welfare, family matters, pensions, migrant rights, health services, education, disability and much more. Their Information providers can also help you to complete forms, write letters make telephone calls, and calculate your entitlements.

If you are interested in Volunteering with Kerry Citizens Information Service please contact your local centre for an application form.

GREAT WORK COMPLETED AT AGHADOE CEMETERY

The Annual Cemetery Mass in Aghadoe will be held on Monday Evening the 28th of July at p.m. Over the last year, the graveyard committee have been busy enhancing the surroundings of the cemetery. The committee would like to thank all the volunteers who gave of their time and machinery to clean and prepare for the Mass. The new Tarmac driveways makes it more accessible for everyone. Any donations given on the night



of the mass will go to maintaining and further enhancement work in this lovely Cemetery.

EMIR HAS THE CHAIR

Emir Coffey will talk about the benefits of Chair Pilates this month. This is exercise while sitting on, or using a chair for balance. It promotes strength, flexibility and balance through working the core muscles. It is ideal for those recovering from illness or for those who can only have limited exercise. Chair Pilates can impact on the quality of life in a very positive way. Emir's talk to HeartBeat will be at 8pm at the Serenity Centre, St. Anne's Road, Killarney on Monday July 28th.

All are welcome to this free event.

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WRESTLING ROADSHOW HITS TOWN

YOUR CHANCE TO BE THERE FOR FREE

Europe's biggest and best Wrestling Roadshow returns to Killarney next week with the finest family friendly wrestling action in Europe.

The action will take place on Friday, August 1st at the Killarney Sports & Leisure Centre on Bypass Road at 7.30pm.

This huge event will feature both the biggest and the best wrestlers in Europe, tagging together for the first time since November last year when Tiny Iron (fresh off his appearance on the BBC's Nolan Show) teamed with (at the time WRESTLING.IE Champion) Duncan Disorderly. The duo are pumped up to be back in action together and are planning on setting fireworks off in an epic main event match for the ages. Tiny who boasts the biggest biceps in Britain, is delighted to be part of the American Wrestling Roadshow and is keen to chew up and spit out wrestlers in every town across Ireland. Tiny Iron

who has been wrestling hard - HARD all over Europe now for a few short years, has now got his sights firmly set on Ireland.

Tiny who is constantly gaining mainstream appeal, has appeared in several high profile movies alongside the likes of Vinny Jones, Danny Dyer, Tamer Hassan, 50 Cent and other well known hard-men. Huge Celebrities such as Rihanna have describe Tiny as a 'Sweet Guy' whilst others like Jay-Z stated that Tiny 'has the power to succeed'. Tickets for this enormous showdown are on-sale from both Ticketmaster and at the Killarney Sports & Leisure Centre Reception on Bypass Road. For more information on this event please visit www.wrestling.ie or call 0851412078. Last time the American Wrestling Roadshow stopped off in Killarney last August tickets sold-out over a week in advance.



Tickets are priced from just €12. We strongly urge people to pre-book this time, and remember when it comes to American styled wrestling entertainment... if it's not WRESTLING.IE - It's not worth the admission fee.

THUNDER THIGH'S IS ALL CLAPPED OUT!!



CHERYL CAVANAGH BEFORE.

Cheryl Cavanagh, a busy mum of 4 boys from Templeglantine Co. Limerick, was embarrassed by the nick name that she overheard herself being called by teenage friends of her son's..... 'Thunder Thigh's'. "It was the final turning point that made me decide that I had to lose weight. Even

though I had a loving and supportive family I had always felt ugly and embarrassed due to my size and tried to avoid social situations at all costs," said Cheryl. An invitation to a wedding or party filled her with dread, what would she wear, where would she find that awful 'tent' that would end up costing a fortune and she knew it would still look dreadful. To the outside world Cheryl showed a happy, confident face but she was constantly sad and crying inside. "I decided to go along to my nearest Slimming World group and had amazing support from my husband Michael who decided to go along with me to offer encouragement. When I walked through the door I was welcomed by a warm and friendly consultant and a lively buzzing atmosphere. When the Food Optimising programme was explained to me I could not believe that I could eat so much varied 'normal' food and still lose weight. No counting or weighing, this was the diet plan I had been looking for all my life." The first week

Cheryl enjoyed roast dinners, curry, chilli and rice and even fish and chips. "The whole family ate the same meals. When I stood on the scales I could not believe I had lost 9lbs..... in the first week!. This was my 'lights on' moment. For the first time I realised I had the tools to do the job. My 'Thunder Thighs' days were well and truly over." Cheryl went on to lose an amazing 7stone 3lbs. She loves going to the group every week and describes it as "one big extended happy family, the support and craic that you get at the group every week is uplifting and truly unique". "Slimming World has completely changed my life. It has actually given me my life back, made me the woman I have always wanted to be, confident and so happy." Cheryl says she has also seen many health benefits

to losing so much weight such as no more aching knee's and chaffed thighs. Cheryl has decided to open her own group to help others lose weight on Wednesday 30th July at the Fels Point Hotel, Tralee at 9.30am and 7.30pm and would love to see you there. Phone 089 2263767.



CHERYL CAVANAGH AFTER.

€10,000 FOR CASTLEISLAND & KILLARNEY LIBRARIES

KERRY Fine Gael TD, Brendan Griffin, has this week received confirmation of the provisional allocation of €10,000 by the Department of Children for use at Castleisland and Killarney libraries.

The funding will be used to establish a library of toys and technology at Castleisland Library for children with disabilities and special needs which can be borrowed for home use. The funding for Killarney will be used for a Sensory Area for Kerry pre-school children (3-5 years) with sensory disorders, boys and girls with special needs, ADHD, Autism, DS etc.

Minister for Children, James Reilly, made the announcement as he sanctioned payments of €250,000 for children's play and recreation projects across Ireland. 19 local authorities will benefit from funding for projects under the Capital Grant Scheme for Play and Recreation for new and innovative play and recreation projects and the improvement of existing facilities. "Play and recreation are fundamentally important to children and young people for their development, creativity and wellbeing" said Minister Reilly.

Deputy Griffin has welcomed the allocation, having lobbied for the funding in previous weeks.



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“Manage Your Health

HAND, FOOT & MOUTH DISEASE

Over the last number of weeks, there has been a marked increase in the number of cases of young children presenting with Hand, Foot & Mouth Disease (HFMD), which is most cases is a short mild viral infection. It is not related to the disease of a similar name, which affects animals.

WHAT ARE THE SYMPTOMS OF HAND, FOOT & MOUTH DISEASE?

HFMD most commonly affects children under 10 years of age and normally starts with your child feeling unwell and suffering with a high temperature. This is usually followed by a sore throat, with spots on the inside of the mouth. These spots will normally appear on the hands and feet and maybe in some cases on the buttocks, legs and genitals. The spots look similar to chickenpox but are smaller and though they can be tender to the touch, they are usually not itchy. These symptoms normally only last a few days but the mouth ulcers can be painful and can last up to a week.

Rarely, in a small number of cases, the virus can affect and cause inflammation of the major body organs, such as the heart, lungs and brain. This would require urgent medical attention.

WHAT IS THE TREATMENT FOR HAND FOOT & MOUTH DISEASE?

Treatment is making the child (or adult) comfortable and easing the symptoms of the HFMD virus until the virus goes away. This can be done by the following straight forward steps:

1. Temperature & pain control, using Paracetamol or if appropriate, Ibuprofen.
2. Take off excess clothes if room is at normal temperature -this helps control the fever.
3. Plenty of fluids, as this prevents dehydration. If the child is still being breast fed, increase the frequency of feeds. If child starts refusing fluids because of a sore throat, you will need to contact your GP.

Do not use cold-sponge technique or fans to bring down temperature, as this can reduce heat loss and trap heat in deeper parts of the body. It can also be uncomfortable.

HOW LONG IS SOMEONE INFECTIOUS WITH HAND FOOT & MOUTH DISEASE?

It takes 3-5 days from when someone is infected until they first start to suffer HFMD symptoms; however they can still infect others during these 3-5 days. This why it is common to see small outbreaks occur in schools and child care facilities. A person will continue to be infectious until all spots and ulcers are gone. Young children can remain infectious for a few weeks after the symptoms are gone, as the virus is passed in their stools so ensure that during, and for a few weeks after infection:-

- Child washes their hands after using toilet
- Covers mouth and nose when coughing and sneezing
- Adults should take extra hygiene precautions when handling nappies & tissues
- Avoid sharing cups, eating utensils, towels etc.
- Use hot cycle to wash clothes, bedding & towels
- Do not pierce any blisters.

If a child is feeling well enough in themselves, they do not necessarily have to be kept home from school, however it is best to check your child's school or childcare facility policy in relation to this.



“If you have any Health Care query call in to Dan at Aherns Pharmacy for advice & help.

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- Treatment of dental injuries
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- Interceptive orthodontics such as space maintainers
- And lots more...



BON SECOURS HOSPITAL TRALEE



FIRIES TEE OFF IN FUNDRAISING DRIVE

Firies GAA are teeing off in an effort to raise funds for their juvenile facilities. Due to the unprecedented growth of the club in the past ten years there is now a clear need to upgrade the facilities. There was a time when Firies were pushed to field a team, and now with teams from Under 8's all the way up to Seniors in both boys and girls there is increased pressure for the club to provide facilities and amenities for the kids and the community. All the clubs in the county have been invited to attend, however, there are no restrictions of number of teams from each club. It is a fun day out, with food provided. And it is very reasonable at €160 for a team of 4. If golf isn't your thing, you could



MEMBERS OF FIRIES GAA CLUB LAUNCHED THEIR GOLF CLASSIC.

still show your support by sponsoring a Tee box. There is also an opportunity to win Pride of Parish and county glory by wearing your club colours So keep the date in mind.... Saturday 2nd

August at Beaufort Golf Club and all in aid of Firies GAA Club. For further details & booking contact your local GAA club or Mairtin Driver 0876396593.

GREAT RESULTS AT KERRY RALLY SPRINT KILLARNEY & DISTRICT MOTOR CLUB NEWS:

Tralee race course was the venue for the Kerry Rally sprint last weekend. Our KDMC competitors were there in force to take on the 2Km track which consisted of both tarmac and loose surfaces. The track was very technical and required a skilful driver to manoeuvre their way through the tight chicanes and demanding course. Top Locals were Kilcummin's Tommy Daly in his JB Buggy finishing 10th O/A and 3rd in class 14, one of the Performances of the event was from the Muckcross Father and son crew of Charles O'Neill Jnr and Snr in their Honda civic. The crew were comprehensive winners of class 2 last year and took back to back victory this year, also finishing a massive 20th O/A. The Kilgarvan crew of Edward Gibbons and Denis O'Sullivan had a faultless run to finish 3rd in class. KDMC's Niall Walsh required Killarney's Marguerite Harty on the notes, the crew had a mighty run to win 1st in class 10.



LOCAL FATHER AND SON CREW CHARLES O'NEILL JNR AND SNR IN THEIR HONDA CIVIC TAKE YET ANOTHER CLASS WIN, COMPETING IN THE KERRY RALLY SPRINT LAST WEEKEND AT TRALEE RACE COURSE.



HAPPY BIRTHDAY.... OLHA FROM CHERNOBYL WHO IS SPENDING THE MONTH OF JULY IN KILLARNEY CELEBRATED HER 10TH BIRTHDAY LAST WEEK AND ENJOYED THIS AMAZING CAKE COURTESY OF BAKE.



PICTURE PERFECT...

Calling all budding photographers... Killarney Outlook would like to offer you the opportunity to have your photographs published in our new weekly photography section. If you are a keen snapper then submit your photograph to editorial@outlookmags before 5pm on Mondays.

LEFT: ROSS CASTLE. PICTURE BY MICHAEL WEHR

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FLEADH CHEOIL NA MUMHAN CROWDS ENJOY A GREAT WEEK IN KILLARNEY

Over 15,000 visitors descended on the town of Killarney last week to celebrate Fleadh Cheoil na Mumhan.

Organisers were delighted with the event and hope to be in the running for similar events in the future.

Competitions, workshops and street entertainment were the order of the day as the town of Killarney rocked to the sound of traditional Irish music.

The open air ceili was a resounding success with visitors to the town taking part along with established set dancers.

All in all a great week for the town of Killarney.



LOCALS AND TOURISTS ALIKE LINED THE STREETS AT THE OPEN AIR CEILI ON THURSDAY EVENING IN LIEU OF THE WEEKENDS MUNSTER FLEADH CEOIL.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

PONY SHOW TAKES PLACE THIS SUNDAY



PICTURED ARE THE ORGANISING COMMITTEE - FROM LEFT: NUALA DAWSON, ASHLEY O'CONNOR, ERIC QUINLAN, NIAMH MURPHY WITH COLA, BRENDAN MURPHY, TIM HURLEY, SAIBH NORRIS WITH GELDOF, JOHN BROWNE, VICKY WILSON AND CILLIAN GRIFFIN.

The Kerry Pony Society are holding their annual Blennerville show and Gymkhana this Sunday the 27th July in Blennerville.

The event is celebrating its 35th year and is

being held courtesy of the Hurley family. There will be Riding, Showing and Jumping classes for all levels as well as a novelty dog show at 3pm.

NO LIMITS GYM CHALLENGE

Registration is now open for the Enable Ireland No Limits Gym Challenge, part of the charities national fundraising and awareness campaign, No Limits, which takes place each September.

This is the inaugural All Ireland Gym Challenge, where teams of four spend 10 minutes each on the Bike, Crosstrainer, Rower and Treadmill, in order to record the furthest distance travelled and qualify for the All Ireland Final in City West Hotel, Dublin on 19 October 2014.

There are nine regional heats in total and the Kerry heat will take place in Killarney Sports and Leisure Centre - Coral Fitness on 20 & 21 September 2014. Teams must raise a minimum of €200 in advance of the heat in order to be registered. Further information on www.nolimits.ie

7-A-SIDE GAA TOURNAMENT

Donie Riney 7 A Side Tournament will take place in Sneem on August 23rd next.

Full details of the event will be featured in next week's Killarney Outlook.

GOT SOMETHING TO SAY?

Tell the Killarney Outlook :: **Advertising - News - Sports**

Editor: Aisling Crosbie **086 0400 958** or Email: editorial@outlookmags.com

The Number of burglaries in Kerry has risen by 18% from March 2013 to March 2014.

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IT PAYS TO LISTEN TO EXPERTS!
Local Knowledge-Nationwide

PROPERTIES OF THE WEEK



**LAKE VIEW HOUSE, LOUGH ERNIE PARK,
INCHYCULLANE, KILLARNEY**

REF 566



Guide Price €450,000.

5 Bedroom (all ensuite) two storey property (3,875 sq ft), double garage & car port standing on 0.75 acres of mature gardens and protected by an electric gated entrance.



UNIT 18/19 KILLARNEY REEKS GATEWAY

REF 631

Guide Price €225,000.

Excellent opportunity to purchase 2,244 sq ft Third Floor modern office space. Kitchen Area & Toilet Facilities. Large roof terrace. 5 private basement parking spaces for owner use.

TRIP DOWN MEMORY LANE FOR LISSIVIGEEN NS PUPILS

At an event organised by Cllr. Michael Gleeson in his role as a Trustee of Muckross House, three past pupils of Lissivigeen National School came together in Muckross School House, Killarney, to identify their fellow pupils in the picture that hangs in the school, dated from 1930.

Eugene Scannell, Arthur O'Keeffe and his brother Eugene O'Keeffe, spent hours recounting the names and told stories of their school days in the 1930's.

Pupils at the school at the time came principally from the townlands immediately adjacent to the school though one or two came from closer to Killarney Town.

The principal occupation of the parents of



BOYS OF 5TH CLASS IN LISSIVIGEEN NATIONAL SCHOOL, KILLARNEY, 1930.

PADDY O'SULLIVAN, MICHAEL O'CONNOR, DONIE MCGILLYCUDDY, ARCHIE CRONIN, ARTHUR E O'KEEFFE, WILLIAM 'SONNY' CRONIN, MICHAEL O'DONOGHUE, TIMMY MOYNIHAN, EUGENE SCANNELL, DANNY 'BOY' CASEY, MATTHEW COURTNEY, DANIEL COURTNEY, JIMMY LYNCH, SEÁN PADRAIG GLEESON, JAMES O'DONOGHUE, DAN HEALY, PADDY O'CONNOR, JACK O'DONOGHUE, SEAN O'REILLY.

most of the pupils would have been dairy farming and quite a few of the pupils on reaching adulthood devoted their lives to farming.

A few of the boys emigrated and spent their lives in exile.

Lissivigeen School was replaced by a new

school in the late 1970's.

The 'old' school was purchased by Eugene [brother of Arthur E in Photo] and Sheila O'Keeffe on their return from England and suitably adapted to become their residence. Eugene continues to live there.



RECORDING HISTORY...THREE PAST PUPILS OF LISSIVIGEEN NATIONAL SCHOOL, KILLARNEY, EUGENE SCANNELL, ARTHUR O'KEEFFE AND HIS BROTHER EUGENE O'KEEFFE, WHO ATTENDED THE SCHOOL IN THE 1930's, CAME TOGETHER IN MUCKROSS SCHOOL HOUSE, KILLARNEY, TO IDENTIFY THEIR FELLOW PUPILS IN THE PICTURE THAT HANGS IN THE SCHOOL, DATED FROM 1930. KEEPING A RECORD OF THE DAY WERE, TODDY DOYLE, MANAGER, MUCKROSS SCHOOL AND FARMS, PAT LEHANE, MUCKROSS TRADITIONAL FARM AND CLLR MICHAEL GLEESON, TRUSTEE, MUCKROSS HOUSE AND ORGANISER OF THE DAY. PHOTO: VALERIE O'SULLIVAN.

MAUREEN HAS THE HEALING TOUCH

Maureen Healy is a holistic therapist and specialises in hands on healing and energy work. Based near Millstreet, Maureen has trained in a wide range of therapies, and specialises in the practice of Integrated Energy Therapy and Australian Bush Flower Essences. Integrated Energy Therapy® (IET) is a hand's on healing which helps in the gentle release of stored negative emotions, replacing them with more positive ones. She also provides Certified Training in Integrated Energy Therapy (IET). Australian Bush Flower Essence are natural remedies that work in the release of emotions. They are proven to be non-toxic and non-irritant. They enhance healing in a safe and gentle way; and do not interfere with medication.

Maureen adds the flowers essences for your specific requirements, in the form of a remedy, cream or lotion base and she combines the essences with her own creams bases, which are all non-toxic and non-irritant. They are most beneficial in resolving skin conditions, such as heat rash, eczema and psoriasis. Maureen also works with children and teaches IET from age seven and up to 12 years old and also teach Angels 101 & Healing with Angels which

has give wonderful tools in the healing journey. These can be used to compliment an IET treatment or as a standalone Powerful Healing Therapy.

In Maureen's advert on page 25 this week and next there is a 20% discount on all courses and healing sessions VALID ONLY during the month of August and September only.... One coupon (as in advert) per person.

For further information or to avail of a fifteen minute non-obligation, contact me on: 087-1346569 OR email me at angelsofshalom@gmail.com



MAUREEN HEALY HOLISTIC THERAPIST

INTERNET TRAINING GRANTS

Minister for Communications, Energy & Natural Resources, Alex White T.D., has today invited applications from community, voluntary and not-for-profit organisations for grants to assist with the cost of providing internet training for citizens and communities.

An additional €400,000 has been made available under the Department's "BenefIT" scheme, which has already provided training to over 100,000 people in over 600 locations nationwide.

The scheme trains people in basic internet usage including email, social media, video calling, government services, online banking, TV playback and a range of other applications.

Application forms can be found on the Department's website at:

<http://www.dcenr.gov.ie/Communications/Knowledge+Society/Benefit/Benefit+Digital+Skills+Training+Grant+Scheme.htm>



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CLOON, BALLYHAR
Energy efficient turn-key country house constructed in 2007 on ¼ of an acre with superior living accommodation, built to high specification. Spectacular mountain views, south facing in an inspirational location on country lane, lovely family home, holiday house, suitable for retirement.
Reduced Price: €210,000




"COCKHILL LODGE", COCKHILL, KILCUMMIN
Stunning setting perched on an elevated site with spectacular mountain and lake views just 6 ½ miles from Killarney Town. The old world character and charm enhances this fine property with beamed ceiling, antique pine beamed fireplace and solid oak flooring.
Reduced Price: €175,000



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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



PENSIONS

Do you have a pension? If so there is some very important information that you need to know about your pension, such as.... What is the present value of my pension? What funds is my pension invested in? Who manages my pension and how much am I being charged to manage my pension? These are just some of the important questions you need to know the answers to. You need this information in order to compare your pension to what is available in the market place today from pension companies who may be able to get you a better return for your money and therefore getting you a higher lump sum and income on retirement.

So whether your pension is from an ex employer, you were self employed in the past or are self employed now it is very important that you have your pension reviewed and assessed by an independent advisor now.

For more information or to make an appointment to discuss the above contact Dermot Cronin APA, at **064 6622775, 087 2893649** or **kerrymortgagecentre@eircom.net**

Win tickets to Dolores Keane at the INEC on Saturday 9th August 2014

Just answer the following question
Name one of Dolores Keane's songs


Send your answer to
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Killarney before Friday August 1st.

Answer: _____

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DYLAN'S LOVE OF FOOTBALL HONoured AT TOURNAMENT

The Dylan Crowley Under 11 Invitational Tournament took place in Gneeveguilla last Saturday the 19th July. The tournament marks



SPORTING HERO....
THE LATE DYLAN CROWLEY.

Dylans First Anniversary which will take place on the 18th of August and his 11th Birthday on the 24th of July. The ten teams that took part in the tournament were Knocknagree, Gneeveguilla, Rathmore, Kilcummin, Glenflesk, Cordal, Furies, Dromtariffe,



DYLAN'S PARENTS EILEEN AND CHRISTY SISTER EMER AND BROTHER BRYAN PICTURED WITH FAMILY AND FRIENDS BEFORE THE TOURNAMENT.

Currow and Scartaglen. In the end Glenflesk and Currow played the Div. 1 Final with Glenflesk coming out on top. Kilcummin and Furies contested the Div. 2 Final with Kilcummin winning.

Dylans family would like to thank Gneeveguilla G.A.A, the ladies who brought and served the refreshments, the stewards and anyone else who helped on the day. A special thanks to Father Kevin who opened the tournament with a blessing. He spoke so well of Dylan and the legacy he had left after him. This was epitomised on Saturday in the manner in which the teams played. The family would like to thank the teams and their mentors. The players

were a credit to their mentors and families, they played the games in a sporting manner and were co operative throughout the day. Thanks must also go to Christy and Sean who refereed games and to Tom Carmody and Denny Sullivan. Finally thanks to Declan Buckley who played the bagpipes before the finals and led the four teams around the pitch. This really added tremendous atmosphere to the finals and was the highlight of the day for the players. Dylan himself was a perfectionist and thankfully on the day everything went as he would have wanted, thanks to everyone who contributed in anyway to make it such a successful and enjoyable day.

FAMILY AND FRIENDS GATHER FOR CIAN'S EXHIBITION



PICTURED AT THE FRANK LEWIS ART GALLERY FOR THE ART EXHIBITION IN MEMORY OF THE LATE CIAN O'DONOGHUE ON HIS FIRST ANNIVERSARY WERE HIS FAMILY L-R KEITH, JOAN, BILLY & KLARA. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Family and friends of the late Cian O'Donoghue gathered at the Frank Lewis Gallery on Saturday last to view the talented Killarney artists work. Cian (19) died tragically in a drowning accident on the Lower Lake in Killarney last Summer.

Billie and Joanie along with his brother Keith and sister Klara, Tutors from St. John's College in Cork attended the exhibition along with a wide circle of Cian's friends.

The event was organised by Cian's parents,

STAR WARS SCENES TO BE FILMED IN KERRY

Skellig Michael is set to become the location for the filming of scenes for the new Star Wars film.

It has been reported that the OPW have confirmed that the popular tourist destination has been made available for a film production shoot on the island, which is being fully supported by the Department of Arts, Heritage and the Gaeltacht and the Irish Film Board".

It is believed that Skellig Michael will be closed for approximately three days at the end of August to facilitate filming and the influx of cast and crew will be a welcome boost for the village of Portmagee.

Among the Hollywoods stars in the film, like Harrison Ford, Mark Hamill and Carrie Fisher is Irish actor Domhnall Gleeson.



Jerome O'Regan

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CLOONEYDONIGAN, BALLYHAR, KILLARNEY

Charming stone built farmhouse on c.3 acres, stables for 4 horses and an arena. Mature trees and very scenic only 4 miles approx from Killarney. Professionally restored reflecting most of its original features. 3 bed 1 en-suite, kitchen/dining/ living area, fully fitted utility, bathroom and very large sun lounge. BER Pending. **POA**

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4 bed, south facing semi detached 2 storey in this very conveniently located private development. Only a very short walk to town centre and Killarney National Park. **PRICE ON APPLICATION.**



68 NEW ST. KILLARNEY

A large street front property, formerly used as an antique shop. A three storey building with an extensive back garden containing a store/apartment. Approx. area ground floor = 84.5 sq. mts. 1st floor = 103 sq. mts. 2nd. Floor 84.5 sq. mts. **P.O.A.**

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BALLYHAR, KILLARNEY Beautifully restored 3 bed farmhouse on c3 acres, stables for 4 horses, mature trees and very scenic.

CAHERNANE MEADOWS, MUCKROSS RD. KILLARNEY 4 bed semidetached 2 storey. Great location, only minutes walk to Killarney town centre and Killarney National Park.

BEAUFORT Old style cottage with an unfinished extension, on c. 1 acre,dry land,Ballymalis area, beautiful convenient location.Great value with many options.

MILLTOWN VILLAGE, Killarney Beautiful 3 bed semi in a small well built private development. beside schools, shops etc. Fully furnished as new. €115,000

BEAUFORT AREA Old house c.2 acres.Very scenic, dry & elevated. Bargain.

MILLTOWN VILLAGE Magnificent, detached two storey house, approx. 1,8000 sq. ft. Building about to commence. Purchaser could make internal changes or put their own stamp on it. Only a few minutes walk to schools, shops etc.

REEKS GATEWAY TO KILLARNEY Commercial/office space for sale or lease.Various sizes and configurations available to suit the client. Prices negotiable.

BALLYMALIS, BEAUFORT, KILLARNEY Cottage with partly constructed extension on c. 1 acre. Great central, attractive location. Guide price €60,000 o.n.o.

KILLARNEY TOWN 2 bed Town House great location - very reasonable price.

BEAUFORT, KILLARNEY, on the Main Ring of Kerry road, stunning 8 bed (all ensuite) B&B. Extensive frontage along the river Laune, with fishing rights.Panoramic views.

UPPER PARK ROAD, KILLARNEY, 3 bed detached bungalow on a large site.

ROSSBEIGH, GLENBEIGH Old style dwelling, Electricity, water, septic tank Only 1 mile from beach. V. scenic and private.

COUNTESS ROAD, KILLARNEY (back of Malton Hotel) Superb 2 bed apartment, ground floor, as new.

FIRIES VILLAGE Detached, 4 bed bungalow, close to school shops etc

MILLTOWN VILLAGE Commercial property w/ back yard. Great investment V. reasonable reserve.

MUCKROSS, KILLARNEY 6 bed detached, v. scenic, priced to sell.

TIRNABOUL, KILLARNEY 4 bed bungalow, beside N.S. only 2mls to Killarney town.

BALLYMALIS, BEAUFORT, KILLARNEY Detached, luxury 4 bed detached bungalow, almost new, great location.

GLENFLESK, KILLARNEY Expansive, executive style home (c. 5,000 sq. ft) on approx 6 acres with beautiful views. Unique, modern sophisticated house with real character.

KILLARNEY 6 miles approx. to rent or for sale old farm yard on c. 1 acre off the Tralee Road. Secure and convenient location.

FAHA, KILLARNEY 4 bed 3 ensuite detached dormer.

KILLORGLIN 2 MLS Beautifully restored stone house on c.6 acres. In pristine condition.

GLENBEIGH, RING OF KERRY RD. New detached 4 bed bungalow, stone fronted with spectacular sea views, completed to a very high spec.

CARAGH LAKE, KILLORGLIN New dormer bungalow 4 bed (2 ensuite) set on a large site

with mature trees.

FIRIES VILLAGE 3 bed semi, bungalow, great value.

CARAGH LAKE Old farmhouse with panoramic views on c. 1/2 acre or more land if required.

GNEEVIGUILLA VILLAGE Modern 3 bed semi w/ top energy saving ratings, complete finish

BEAUFORT KILLARNEY, OLD HOUSE on c.2 acres, very elevated, dry, extremely scenic setting, reasonable reserve. **UNIQUE PROPERTY.**

FOSSA KILLARNEY Large commercial/private property beside the golf complex and on the main road.

MUCKROSS ROAD/WOODLAWN CROSS, KILLARNEY- c. 1/3 acre site. Superb location.

ARDCANAUGH, KEEL, CASTLEMAINE New bungalow, almost finished.4 bed. 1850 sq. ft. approx. Many extras.

MILLTOWN, KILLARNEY (Ardmeelode area) Partly built detached bungalow. Nice views. **BARGAIN.**

TULLORUM/TIRNABOUL KILLARNEY AREA 11.5 acres approx. Close to school etc.

KILLORGLIN, GOLF COURSE ROAD Delightful 2 bed detached bungalow, as new, superb location.

BEAUFORT, Killarney Beautiful, almost new detached dormer bungalow with stunning mountain views. Comprising approx. 2,300 sq. ft. 4 bedrooms, 2 ensuite. Kitchen/dining room, utility, lounge, bathroom. Built to the highest standards.

KILLORGLIN TOWN 2 town centre buildings, one has a very large back garden. Very reasonably priced.

KILLORGLIN TOWN Large modern warehouse **TO LET.**

KILLARNEY TOWN 68 New St. Killarney. Large street- front property with an extensive back garden. Great potential at a reasonable price.

FARMS/LAND

c.57 acres with old farmhouse and sheds, Currow area, 40 acres recently reseeded.

c.10 acres with good sheds, extremely scenic.Artigalvin,Headford area. 5mls from Killarney.

c. 12 acres approx on the main Ring-Of-Kerry road only 4 miles from Killorglin.(extensive road frontage)

Tullorum, Tirnaboul,(Spa) Killarney 11.5 acres approx.3 miles from Killarney.

SITES

AGHADOE Site roadside, approx 1 mile from town 1/2 acre selling subject to planning.

BEAUFORT AREA Elevated, scenic site c. 1/2 acre.

BEAUFORT, KILLARNEY 1 acre with full planning.

COOLIES, MUCKROSS, KILLARNEY c. 1 acre, private scenic location.

KILLARNEY 2 MILES APPROX 3 acres or more subject to 1 planning.

ROSSBEIGH, GLENBEIGH Site with full planning for dormer, no residency clause.

Killorglin 1 mile 3/4 acre site. On the main Killarney/Ring of Kerry road. Dry, elevated and scenic. On the main sewer and with all services.

Sunhill, Killorglin approx. 1 mile from town,1/2 acre or more dry , roadside, elevated , scenic site. Bargain.

Faha, Killarney, c. 1/2 acre, dry, roadside,great location, bargain.

Raheen, Headford, Killarney, Site with full planning permission €20,000.



AINE TRAINS TOP ROWERS

AINE SWEENEY, TOP CENTRE, TRAINER, MUCKROSS ROWING CLUB, KILLARNEY, WHO IS TRAINING A SPECIAL COMPOSITE JUNIOR CREW MADE UP OF ROWING CLUBS FROM, MUCKROSS, BANDON, SKIBBEREEN, LIMERICK AND BANN, WHO ARE ROWING TOGETHER IN THE ROWING HOME INTERNATIONALS IN CORK NEXT WEEKEND, FROM LEFT, NIAH CASEY, ELLEN MCCARTHY, FIONA O'KEEFE, KATIE NAGLE, HOLLY HICKEY, AINE O'SULLIVAN, KARA O'CONNOR, CIARA O'DWYER, CIARA DAVIS, FRANCESCA MORELLI AND NAOIMI WRAY.

PHOTO: VALERIE O'SULLIVAN

DINGLE TO THE BUMBLEANCE MEGA PUSH!

This week saw the launch of a spectacular and challenging fundraiser, the first of its kind to be undertaken in Ireland. Kerryman and adventurer Mike O'Shea from Dingle, recently visited Tony Heffernan (originally from Cork) in his family home on the Dingle Peninsula to map out his plans to raise €250,000 to fund the development of "BUMBLEance", the National Children's Ambulance service.

The Event, launched by Broadcaster Miriam O Callaghan, is asking members of the public

to get involved and support this great cause. Aptly named the BUMBLEance Mega Push, involves pushing a special BUMBLEance vehicle from Dingle to Dublin, a total of 355 kilometres. Starting in Dingle town, Mike, Tony & co will push & pull the vehicle over the notorious Conor Pass, a treacherous and windy mountain road before heading East towards Dublin, a journey that will take 9 to 10 days to complete. The route will see the team pass through the villages and towns of Dingle, Camp,

Castleisland, Templeglantine, Adare, Birdhill, Moneygall, Mountrath, Monasterevin, Kill and finishing in St Stephen's Green in the Capital on September 20th, where to finish off, will push the vehicle around a Half Marathon Course in Dublin City Centre. Volunteers and fundraisers are welcome to join the team along the route. More info on Facebook/ Twitter or online at www.BUMBLEance.com

PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



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Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

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Wedding Day Smiles.....

EDDIE CASEY, MUCKROSS ROAD AND JENNIFER DOYLE, WHITEBRIDGE MANOR, KILLARNEY, WHO WERE MARRIED IN ST MARY'S CATHEDRAL, KILLARNEY, ON SATURDAY. THE RECEPTION WAS HELD AT DROMQUINNA MANOR, KENMARE. EDDIE IS THE SON OF OWEN AND CATHERINE CASEY AND JENNIFER IS THE DAUGHTER OF CONNIE AND DEBRA DOYLE.

PICTURE: VALERIE O'SULLIVAN



40TH BIRTHDAY CELEBRATIONS FOR THE LORRAINE (SEATED CENTRE WITH HER FAMILY) AT THE ROSS HOTEL BEFORE A HUGE SURPRISE PARTY AT CORKERY'S BAR. BACK ROW L-R MAJELLA NAGLE & SAMANTHA SMITH. MIDDLE ROW L-R DAMIEN BARTON & BRENDAN BARTON JNR AND IN FRONT BIRTHDAY GIRL LORRAINE CONWAY WITH HER DAD BRENDAN BARTON TO HER LEFT AND MUM MAURA BARTON TO HER LEFT. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



CAROLINE CLIFFORD, INDUSTRIAL OFFICER, MANDATE TRADE UNION AND OWEN ROBETS, CENTRE, MANDATE LOCAL COUNCIL CHAIRMAN, BOTH PRESENTING CHEQUES TOTTALLING, €3000, FROM DONATIONS RECEIVED FROM THE MANDATE BI-ANNUAL CONFERENCE HELD AT THE INEC IN APRIL, CAROLINE PRESENTS A CHEQUE OF €1500 TO PAT DOOLAN, 1ST LEFT, KILLARNEY BRANCH OF KERRY HOSPICE AND EGIN PRESENTS A CHEQUE OF €1500 TO DAN McAULIFFE PRESIDENT, ST VINCENT DE PAUL, KILLARNEY, AND JIM CRONIN, ST VINCENT DE PAUL, KILLARNEY. PHOTO: VALERIE O'SULLIVAN.



HAPPY DAYS: PICTURED AT THE FELS POINT HOTEL, TRALEE ON THURSDAY EVENING DURING THE FELS POINT HOTEL WEDDING INFORMATION EVENING. L/R: NICOLA O'SULLIVAN (SALES AND MARKETING MANAGER, FELS POINT HOTEL), COLETTE NOLAN (WEDDING AND EVENTS COORDINATOR, FELS POINT HOTEL), PETER BUTLER (TRALEE) AND ELAINE GOULDING TRALEE). PIC BY OUTLOOK PICS.



PICTURED AT THE TRIPLE 30TH WEDDING ANNIVERSARY CELEBRATION OF: CATHERINE AND FLOR MC AULIFFE, KATHLEEN AND PADRAIG MC CARTHY AND THERESA AND DANJOE MC CARTHY. CATHERINE AND HER TWO BROTHERS DANJOE AND PADRAIG ALL GOT MARRIED THE SAME YEAR IN 1984 AND CELEBRATED WITH A SPECIAL DINNER FOR THE THREE FAMILIES IN THE KILLARNEY HEIGHTS HOTEL FOLLOWED BY DRINKS WITH THE EXTENDED FAMILY. CONGRATULATIONS TO ALL.



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RUN KILLARNEY FESTIVAL

BREATH TAKING VIEWS AND MIND BLOWING RESULTS

Over 2000 athletes competed in The Run Killarney festival, on Saturday, 19th July 2014. The Race was organised by Elite Management, based in Killarney, and included with 3 great races - A full Marathon, Half Marathon and 10Km. The race now in it's 5th year attracted competitors not just from Ireland but many International athletes travelled from America, Austria, Japan, France, and the UK to race in the event.

The Full Marathon started on the outskirts of picturesque village of Sneem, at 8.30am and weaved it's way along Kerry's most scenic roads, passing Barfinnihy Lake, on through the iconic Moll's Gap, where the Half Marathon

had kicked off at 9.30am. The Race continued down in the heart of Killarney National Park, passing the upper lake, before turning left into the heart of the Killarney Lake district and Muckcross Estate. The rain had threatened for much of the morning, and finally made it's mark as the 10Km Race got under way. All three Races finished at the celebratory finish Line at the Gleneagle Hotel, - the head quarters for all the après running events. Athletes were treated to Japanese hot tubs, custom made medals, ice creams and pasta, BBQ and after party in the in the Backstage Bar in the Gleneagle Hotel.



EVELYN MARTIN, DEIRDRE GAUNDINO, AISLING KEANE O'SHEA, COMPETING IN THE RUN KILLARNEY HALF MARATHON, STARTING AT MOLLS GAP AND INTO KILLARNEY NATIONAL PARK. OVER 2000 ATHLETES COMPETED IN THE RUN KILLARNEY FESTIVAL, ON SATURDAY, ORGANISED BY ELITE MANAGEMENT, WITH 3 GREAT RACES - A FULL MARATHON, HALF MARATHON AND 10KM. PHOTO: VALERIE O'SULLIVAN.



LOUISE DOOLAN AND TIONA BROSAN, COMPETING IN THE RUN KILLARNEY HALF MARATHON, STARTING AT MOLLS GAP AND INTO KILLARNEY NATIONAL PARK.



SIOBHAN DOWLING AND ROCHELLE O'RIORDON, COMPETING IN THE RUN KILLARNEY HALF MARATHON, STARTING AT MOLLS GAP AND INTO KILLARNEY NATIONAL PARK.



CLAIRE HARTY AND NORA MOLONEY, COMPETING IN THE RUN KILLARNEY 10KM RACE, STARTING IN KILLARNEY NATIONAL PARK.



BAAAAD MOVE... MOUNTAIN SHEEP BEING HERDED OFF THE ROADWAY BY CYCLIST BRENDAN CASSIDY WHO WAS ESCORTING MARATHON WINNER EUGENE MCCARTHY, WHO LEAD THE RACE FOR 26.2 MILES, AND FINISHED IN A TIME OF 02:47:32 IN THE ANNUAL RUN KILLARNEY FESTIVAL, STARTING OUTSIDE SNEEM VILLAGE, THROUGH MOLLS GAP AND INTO KILLARNEY NATIONAL PARK.



ATHLETES, COMPETING IN THE RUN KILLARNEY HALF MARATHON, STARTING AT MOLLS GAP AND INTO KILLARNEY NATIONAL PARK.



BRIAN MCCARTHY AND TIMOTHY O'SHEA, COMPETING IN THE RUN KILLARNEY HALF MARATHON, STARTING AT MOLLS GAP AND INTO KILLARNEY NATIONAL PARK. AND 10KM.



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KILLARNEY MUNICIPAL AUTHORITY JULY 2014 AREA MEETING

NOTICES OF MOTION

At the Killarney Municipal Authority July 2014 Area Meeting, Councillor Michael Gleeson asked that:

•“Positive action is undertaken, by whoever is responsible, in order to ensure smooth passage of vehicles through Minish Level Crossing. The present situation is a disgrace and presents a very poor image of Public Bodies”.

Kerry County Council replied that this request has been submitted to the National Roads Authority (NRA)

for consideration of the provision of Supplementary Maintenance funding.

This is a new scheme being introduced by the NRA whereby Local Authorities can request additional maintenance funding to deal with specific issues that would not be feasible from a financial perspective under the annual Ordinary Maintenance allocation.

Councillor Gleeson stated that very many drivers have complained about the uneven



nature of this crossing and of the possibility of damage to vehicles. He welcomed the reply and hoped that funding would be made available by the NRA.

DEADLINE FAST APPROACHING FOR STUDENT GRANTS

Senator Marie Moloney is encouraging students in Kerry to get their SUSI (Student Universal Support Ireland) applications in before Friday, August 1st 2014, which is the closing date for new applications and for students who are now progressing to a Post Graduate Course and who would have originally made application via a Local Authority or a VEC.

Students who have their applications in by this date will get priority and will be processed first. Students who miss the deadline may still apply, but may incur delays until all applications that were in by the deadline have been processed.

“I would urge all students to try and get in their applications at the earliest possible date so that they can be processed and go into payment on the first payment date after they go to college. Closing date for renewals was 13th of June, but SUSI are still accepting applications.”

DANNY HEALY RAE” NOTICES OF MOTIONS

NOTICE OF MOTION: When will Kerry County Council repair the railway crossing at Minish on the N22 as it is now in a desperate state?

REPLY: This location on the N22 National Primary Route has been submitted to the National Roads Authority for consideration of the provision of Supplementary Maintenance funding. This is a new scheme being introduced by the NRA whereby Local Authorities can request additional maintenance funding to deal with specific issues that would not be feasible from a financial perspective under the annual Ordinary Maintenance allocation. A decision in relation to the funding is awaited.

NOTICE OF MOTION: That Kerry County Council ask the National Park to allow the Jarveys down the inside of the wall parallel to the Mission Road and give traffic a proper chance to move on.

REPLY: This is a matter for resolution by members.

NOTICE OF MOTION: To ask Kerry County Council to purchase the Torc site on the Park Road, Killarney, for an amenity park/playground and facilities for the elderly, also some of which could be used for car parking.

REPLY: The site of the former Torc Hotel on the

Park Road, given its location close to Killarney town would be an expensive site for an amenity area. Also, substantial progress has been made recently in upgrading and extending the car parking provision in the town of Killarney with car park resurfacing and extending the car parking provision in the town of Killarney with car park resurfacing and re lining. There continues to be a need for seasonal summer car parking which should ideally be provided on a seasonal rather than permanent infrastructure basis.

NOTICE OF MOTION: To ask Kerry County Council and the NRA again to resurface the bad sections of road on either side of Bealnadeige Bridge on the N72 and to seek funding to widen and realign the bridge also.

REPLY: Tenders were received by the Council at the end of June to undertake the pavement overlay scheme on the N72 National Secondary Road at Gortanahaneboy West. The section of road being overlaid is situated approximately between the junction to Lisnagrave (immediately west of Beheenagh Bridge) to a location immediately east of the railway bridge. The overlay works are currently scheduled to commence in September. A preliminary proposal for a road realignment scheme at

this location on the N72 was submitted to the National Roads Authority a number of years ago. However, this scheme was not identified as a priority scheme by the Authority.

Furthermore, due to funding constraints the Authority is not currently undertaking individual bridge widening schemes.

NOTICE OF MOTION: To ask Kerry County Council to put traffic calming measures on the Ross Road Killarney.

REPLY: A public consultation process has been completed for the provision of speed cushions on the Ross Road. There is no funding available at present to carry out this work. Kerry County Council will seek funding under the Regional and Local Road Low cost Safety Measures for these traffic calming measures.



MILLTOWN SCHOOLS

Brendan Griffin, TD has asked the Minister for Education and Skills the position regarding the construction of the new primary and secondary schools in Milltown, County Kerry; the timeframe for the projects and when completion is

expected:

He received the following reply from Minister Jan O’Sullivan.

The delivery of the schools referred to by the Deputy has been devolved to the National Development Finance Agency (NDFA). Construction of

both schools commenced in March of this year. It is envisaged that the Primary School will be completed in mid-2015 and the Post Primary School is due for completion in late 2015.

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NEWLY WEDS - RONAN CREEDON, (SON OF PETER & ANN CREEDON CLOUGHDUV CROSSTOWN, CO. CORK) AND JOANNE CRONIN (DAUGHTER OF TIM & JOAN CRONIN KILLARNEY) WITH THEIR BRIDAL PARTY - HOLLY CRONIN (FLOWER GIRL) SANDRA MOYNIHAN (CHIEF BRIDESMAID), LIAM CASEY (BESTMAN), SANDRA MURPHY, COLM CREEDON, AISLING COFFEY & DIARMUID O'LEARY. PHOTOGRAPHED RECENTLY IN THE WONDERFUL GROUNDS OF RATHSALLAGH HOUSE HOTEL & GOLF CLUB, DUNLAVIN CO. WICKLOW.

PHOTOGRAPH COURTESY OF IAN CRONIN, ICPHOTOSTUDIO KILLARNEY



PICTURED AT ST MARY'S CHURCH ON FRIDAY EVENING TO WELCOME THE NEW REV SIMON LUMBY TO THE PARISH WERE L-R REV ADRIAN HILLIARD, REV SIMON LUMBY, SUE WATTERSON (ARCHDEACON OF THE DIOCESE), BISHOP TREVOR WILLIAMS & REV ANDREW EADIE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



GER HARNETT RECEIVES A CHEQUE FOR €1200 FROM MALACHY WALSH AFTER HE WON LAST WEEKENDS DR CROKES 'THE OPEN' GOLF COMPETITION. ALSO IN PICTURE ARE FROM LEFT, DIARMAID KELLIHER, PADRAIG O'BRIEN, 4TH, PATRICK CREHAN, KIERAN CREHAN, SEAMIE DOHERTY, 5TH AND DARRAGH CREHAN. PICTURE BY DON MACMONAGLE.



PICTURED AT THE INTERMEDIATE SCHOOL KILLORGLIN DEBS ON WEDNESDAY EVENING WERE FROM LEFT: DANNY SHEAHAN, RAMONA O'CONNELL, CAIMAN MANGAN, CAITRIONA GRIFFIN, DAVID SHEERIN, LYNNE O'SHEA FROM KILLARNEY. PHOTO: KIERAN MANGAN.



PICTURED L-R: BERNIE O'SULLIVAN, BRENDA O'CONNOR, JOAN DOYLE AND SHEILA MOYNIHAN STANDING BESIDE OUR LADY'S STATUE IN THE GARDENS OF THE SACRED HEART RETREAT HOUSE MYROSS WOOD WEST CORK, WHICH MIRACULOUSLY ESCAPED DURING THE BIG STORM WHEN TWO LARGE TREES FELL WITHIN A FEW INCHES OF IT.



KEEPING AN EYE ON THE ENEMY.. MARTIAS GARCIA, TRYING ON ONE OF THE WAR HELMETS ON DISPLAY AT A SPECIAL 'POP UP MUSEUM' SET UP AT MUCKROSS HOUSE, KILLARNEY NATIONAL PARK. SHOW CASING ARCHAEOLOGICAL HERITAGE IN A CREATIVE AND TACTILE MANNER, THE CHILDREN HAD TO DIG OUT EXCAVATIONS AND TRENCHES FOR REPLICA ARTEFACTS OF BONES AND COINS.

PHOTO: VALERIE O'SULLIVAN.



ROIISIN PURCELL, ENGROSSSED AT A SPECIAL 'POP UP MUSEUM' SET UP AT MUCKROSS HOUSE, KILLARNEY NATIONAL PARK, SHOW CASING ARCHAEOLOGICAL HERITAGE IN A CREATIVE AND TACTILE MANNER, THE CHILDREN HAD TO DIG OUT EXCAVATIONS AND TRENCHES FOR REPLICA ARTEFACTS OF BONES AND COINS.

PHOTO: VALERIE O'SULLIVAN.

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SouthWest Counselling Centre

PLAN FOR SUCCESS

Planning ahead, in whatever task we do, can help smooth the way and prevent problems from arising later on. Confucius, the Chinese philosopher rightly said, "A man who does not plan long ahead will find trouble at his door." It is said that "Planning is bringing the future into the present so that you can do something about it now." Chances are, if you speak to anyone who has been successful they will tell you that planning ahead was a vital ingredient in their formula for success. Planning ahead can be a very effective way to stay on top of things and not get too stressed. Feeling in control of your life is the foundation of stress management – and whilst we can't control for everything – planning ahead helps us to achieve a balanced life – with time for work, relationships, relaxation and fun. Planning ahead can enhance our performance, make us more productive and ultimately help us to become more effective in what we do. Mark Sanborn – a writer in this field – claims that "Thorough preparation creates tremendous performances."

Planning ahead helps us to be proactive rather than reactive – and take the right course of action when faced with difficulties and challenges. We can also save money by planning ahead – as tickets can often be cheaper when bought early on and cheap deals usually book up in advance.

Of course, we don't just make a plan and leave it at that. Effective plans need to be reviewed and updated regularly. Our plans evolve over time – and can help us to stay on course and get to our destination. Now might be a good time to begin to plan ahead (or review your current plan). This may be for the new school term, for Christmas, a holiday next year or maybe a career change. Whatever your goal is – follow these golden rules of planning and watch your plan fall into place:

1. Know where you're going – what are you aiming for?
2. Set specific goals, tasks and intentions.
3. Create measurable milestones.
4. Break down large tasks into smaller more manageable chunks.
5. Set time frames and deadlines.
6. Create a visual representation of your plan.
7. Set daily actions to help accomplish your task.
8. Stick with your plan and don't give up.
9. Revise & update if necessary.
10. Realise your goal.

Many of us harbour limiting beliefs and negative habits which block us from success. In next week's issue we will address the skill, tools and discipline needed to overcome our psychological barriers to success.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre**. info@southwestcounselling.ie. Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call 064 6636416.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters....

With Dr. Michael O'Doherty

VITAMIN D DEFICIENCY

PART 2

WHAT ARE THE SYMPTOMS OF VITAMIN D DEFICIENCY?

Many people have no symptoms, or only vague ones such as tiredness or general aches. Because symptoms of vitamin D deficiency are often very nonspecific or vague, the problem is often missed. The diagnosis is more easily reached in severe deficiencies with some of the classical (typical) symptoms and bone deformities.

SYMPTOMS

- General vague aches and pains and a general sense of not being well are the common symptoms.
- In more severe deficiency (known as osteomalacia), there may be more severe pain and also weakness. Muscle weakness may cause difficulty in climbing stairs or getting up from the floor or a low chair, or can lead to the person walking with a waddling pattern.
- Bones can feel painful to moderate pressure (often more noticeable in the ribs or shin bones). Not uncommonly, people have a hairline fracture in the bone which is causing tenderness and pain. Bone pain often also occurs in the lower back, hips, pelvis, thighs and feet.

HOW IS VITAMIN D DEFICIENCY DIAGNOSED?

It may be suspected from your medical history, symptoms, or lifestyle. A simple blood test for vitamin D level can make the diagnosis. Blood tests for calcium and phosphate levels and liver function may also show changes linked to a low level of vitamin D.

WHAT IS THE TREATMENT FOR VITAMIN D DEFICIENCY?

The treatment is to take vitamin D supplements. This is a form of vitamin D called ergocalciferol or calciferol. Vitamin D can be given as an injection or as a medicine (liquid or tablets). Your doctor will discuss the dose, and best treatment schedule, depending on your situation, age, severity of the deficiency.

CAUTIONS WHEN TAKING VITAMIN D SUPPLEMENTS

Care is needed with vitamin D supplements in certain situations:

- If you are taking certain other medicines: digoxin (for an irregular heartbeat - atrial fibrillation) or thiazide diuretics such as bendroflumethiazide (commonly used to treat high blood pressure).
- If you have other medical conditions: kidney stones, some types of kidney disease, liver disease or hormonal disease. Specialist advice may be needed.
- Vitamin D should not be taken by people who have high calcium levels or certain types of cancer.

Dr. Michael O'Doherty,

The Killarney Medical Centre, 47 New Street, Killarney.



Dr. Michael O'Doherty,
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Citizens Information

Know Your Rights:

NON-PRINCIPAL PRIVATE RESIDENCE CHARGE ARREARS

QUESTION

I bought a holiday home in October 2012. I paid the Local Property Tax for 2013 but I thought the NPPR had been abolished. Do I still have to pay it?

ANSWER

The Non-Principal Private Residence (NPPR) charge was payable for the 5 years 2009 to 2013 for residential property that was not the owner's only or main residence, so you will owe this charge in respect of 2013. The NPPR is no longer charged from 2014 onwards, but outstanding liabilities and payments are still being collected by the local authorities and these can be substantial.

The NPPR charge was €200 for each relevant property that you owned on the liability date each year and was due to be paid within 3 months. In general, the liability date was 31 March and the payment was due by 30 June each year. A late fee of €20 was charged for each month, or part of a month, after each due date. These late fees increased each month. They are shown on a table of charges at nppr.ie. If you owned your holiday home on 31 March 2013 and have not paid the NPPR for 2013, you now owe €380.

If you do not pay your liabilities in full by 31 August 2014, or agree settlement terms by that deadline, you will incur additional penalties and you will then owe €750. There will not be any further increase.

To avoid these additional penalties, you should arrange as soon as possible to pay the 2013 charge plus the late fees that have accrued. You can pay online at nppr.ie or else use a paper form.

You should also check any other taxes and charges that may still be due on your holiday home – such as the Household Charge (payable for the year 2012 in addition to the NPPR), and the septic tank registration charge (if relevant).

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Castleisland 0761 07 7790, Caherdiveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

Mick Dineen Cycle 2014

Sunday 3rd August
Ballingeary

100km & 130km

Info and Registration Online
www.valleywheelerscc.com



Contact Tadhg on 086 0866668

TRIKILLARNEY SWIM·CYCLE·RUN 2014 Olympic Distance Triathlon

9.00am Sat 23rd August 2014

- 1.5km swim in the lakes of Killarney
- 40km cycle on the Ring of Kerry road
- 10km run through Killarney National Park

ENTRY COST

Individuals - €50

Teams - €90

Medal and T-Shirt
for all entrants.



Online entries at
www.trikillarney.com

For more details E-mail: info@hardman.ie
Call Alan on: 087 6259892

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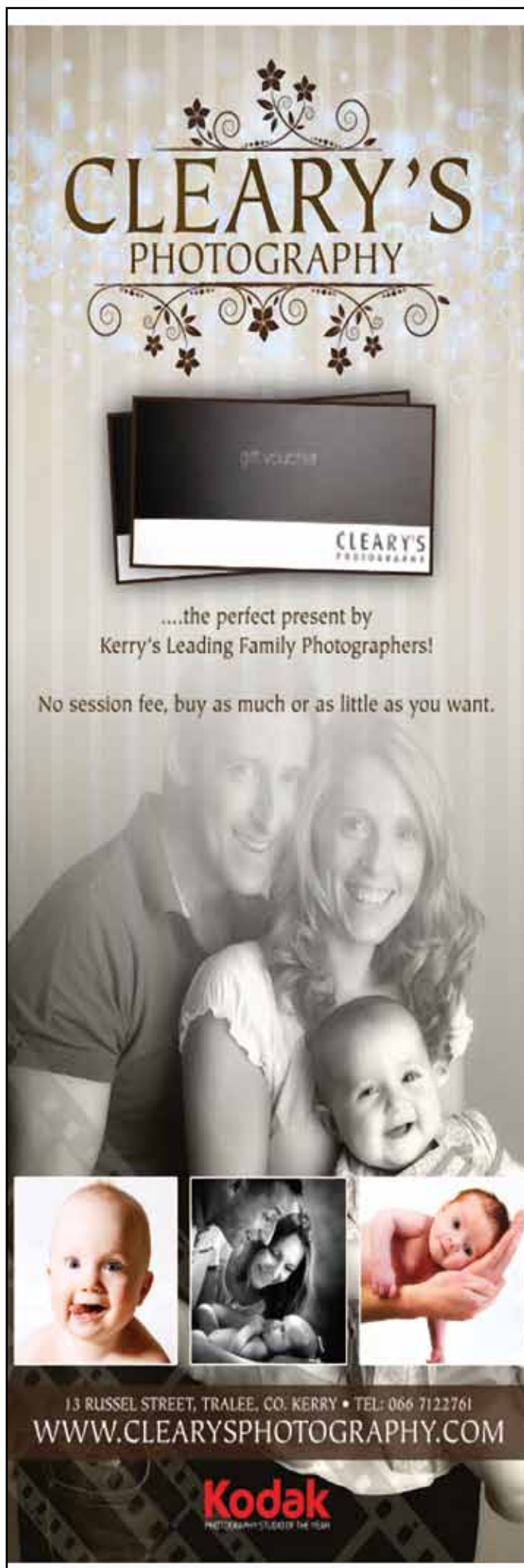
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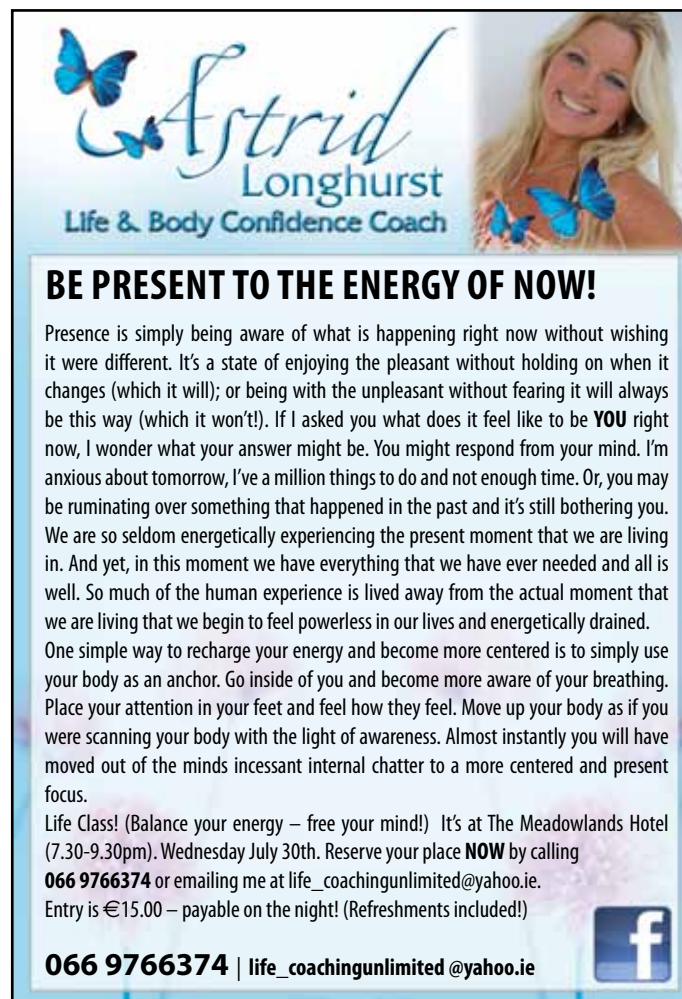
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GRAND OPENING OF EASONS

The Grand Opening of Easons Killarney takes place this Saturday from 11.00 to 2.00 and it promises to be a fun-filled morning of fun, frolics and plenty of freebies for all! Radio Kerry's Francis Jones is broadcasting live from Easons and will be chatting to three Best-selling authors - Anna McPartlin with her current best-seller "The Last Days Of Rabbit Hayes", and celebrated writers Sean Lyons and Gabriel Fitzmaurice. Tracy, Winner of the Great Irish Bake-Off will also be chatting through some baking tips.

Instore, kids will be treated to facepainting, balloon modelling, story telling and free gifts, while there will be teas and coffees for the adults and a host of competitions and prizes for all!


Astrid Longhurst
Life & Body Confidence Coach

BE PRESENT TO THE ENERGY OF NOW!


Presence is simply being aware of what is happening right now without wishing it were different. It's a state of enjoying the pleasant without holding on when it changes (which it will); or being with the unpleasant without fearing it will always be this way (which it won't!). If I asked you what does it feel like to be **YOU** right now, I wonder what your answer might be. You might respond from your mind. I'm anxious about tomorrow, I've a million things to do and not enough time. Or, you may be ruminating over something that happened in the past and it's still bothering you. We are so seldom energetically experiencing the present moment that we are living in. And yet, in this moment we have everything that we have ever needed and all is well. So much of the human experience is lived away from the actual moment that we are living that we begin to feel powerless in our lives and energetically drained. One simple way to recharge your energy and become more centered is to simply use your body as an anchor. Go inside of you and become more aware of your breathing. Place your attention in your feet and feel how they feel. Move up your body as if you were scanning your body with the light of awareness. Almost instantly you will have moved out of the mind's incessant internal chatter to a more centered and present focus.

Life Class! (Balance your energy – free your mind!) It's at The Meadowlands Hotel (7.30-9.30pm). Wednesday July 30th. Reserve your place **NOW** by calling **066 9766374** or emailing me at life_coachingunlimited@yahoo.ie. Entry is €15.00 – payable on the night! (Refreshments included!)

066 9766374 | life_coachingunlimited@yahoo.ie




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Start Date: 25th Aug 2014
Min 25 hours per week

REQUIREMENTS

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- Must be fluent in Irish.
- Must be a kind, loving person with a keen interest in working with children and enhancing their development.
- Experience of working in a childcare setting an advantage.

Apply with C.V to
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Or via email: bellviewwoods@bestcreche.ie

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e: Michael.Healy-Rae@oireachtas.ie
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2nd Monday of every month at 7.00pm

Kenmare Clinic
Atlantic Bar 10pm Every Saturday Night

Kilgarvan Clinic
Healy-Rae's Shop 9pm-10pm every Sunday
Healy-Rae's Bar 10pm-11pm every Sunday

Other Clinic held throughout the Constituency on a very regular basis and advertised locally

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Progression

Direct Progression link to Year 2 of the Higher Certificate in Business in Office Information Systems at the Institute of Technology, Tralee.

Grants

Student grant information & application online at www.susi.ie

Killarney Community College | New Road | Killarney | Co Kerry
Tel 064-6632164 | Fax 064-6632178 | Email kcccom@iol.ie
www.killarneycommunitycollege.com



TITION - COMPETITION - COMPETITION - COMPETITION

WIN TICKETS TO THE ROSE OF TRALEE AUTUMN/WINTER FASHION SHOW

International designer and Ballyheigue native Don O'Neill will be showing his new Fall/Winter THEIA collection at the Rose of Tralee International Festival in the Festival Dome on Sunday August 17th.

Tralee Outlook, Killarney Outlook and Sliabh Luachra Outlook, are offering readers the chance to win a top prize of two tickets to the Fashion Show plus pre show dinner in the magnificent Stonehouse Restaurant, Tralee.

To be in with a chance to win this great prize answer the following question and sent it to Outlook Magazines, Castleisland, Co. Kerry or drop the entry to The Killarney Outlook, 30 High Street, Killarney before 12 noon on Monday August 11th.



Name the 2014 Kerry Rose?

Answer: _____

Name: _____

Address: _____

Email: _____

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The ideal person will need to have;
Good attention to detail and with competent computer skills.
Product knowledge and an experience of a similar environment will be very important.

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rboylerecruit@gmail.com

or by post for the attention of the HR Dept to arrive no later than 1st August 2014.



**Kerry ETB Training
Centre**



Kerry ETB Training Centre is now recruiting for the following courses.

Wind Turbine Maintenance Technician Course (TR36R) – Tralee

This course is designed to provide the wind turbine industry with personnel who have the technical knowledge and skills to service and maintain large scale commercial wind turbines. It's aimed at skilled crafts persons who hold a recognised electrical or mechanical trade qualification and have a number of years hands-on practical experience in one of the related areas. **Start Date:** 25th August 2014. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53).

Java Associate Course (ET0R7) – Tralee.

This course is for people who wish to pursue careers in Java programming and software development. It covers part I and part II of the Oracle Certified Professional Java Programming syllabus. The course includes 10 weeks of work-based training in Java programming. **Start Date:** 5th August 2014. **Duration:** 50 Weeks. **Certification:** Oracle Certified Professional Java Programmer I (1Z0-803) and Oracle Certified Professional Java Programmer II (1Z0-804).

Marketing Course (ET4R9) – Tralee.

This course is for people who wish to pursue marketing as a career or those who wish to incorporate marketing into their existing range of business skills in order to enhance their career and job prospects. **Start Date:** 25th August 2014. **Duration:** 42 weeks. **Certification:** FETAC Level 5 Major Award in Marketing.

Pathways to Employment Course (TR55C) – Tralee.

This course is aimed at young people who are experiencing difficulty recognising their talents and abilities and matching those talents and abilities with suitable career paths. The course covers a broad range of subjects including: Career Planning, Personal Development, Communications, Customer Service, Functional Maths, Everyday Science, Biology and Work Experience. **Start Date:** 5th August 2014. **Duration:** 41 weeks. **Certification:** FETAC Level 4 Major Certificate in Employment Skills.

Accounting Technician of Ireland – First Year Course (ET214) – Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year one of the two year Diploma for Accounting Technicians qualification. The course is designed to provide participants with a solid grounding in business and a strong foundation in accountancy. It covers Financial Accounting, Taxation, Law & Ethics and Business Management. **Start Date:** 15th September. **Duration:** 42 weeks. **Certification:** First Year Certificate for Accounting Technicians

Accounting Technician of Ireland – Second Year Course (ET21R) – Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year two of the two year Diploma for Accounting Technicians qualification. Applicants must have achieved a pass in at least 3 subjects in the First Year Accounting Technicians Ireland course, including both Financial Accounting and Taxation. Year two covers Advanced Financial Accounting, Advanced Taxation, Management Accounting and Integrated Accounting Systems (IAS). **Start Date:** 15th September. **Duration:** 39 weeks. **Certification:** The Diploma for Accounting Technicians is awarded on successful completion of all first and second year modules plus two years relevant work experience.

Media Techniques – Radio Course (ET283) – Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 8th September 2014. **Duration:** 42 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Surf Instructor and Beach Lifeguard Course (ET1Z3) – County Kerry.

The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 29th September 2014. **Duration:** 25 weeks. **Certification:** Surfing Skills Instructor Level 1 – Irish Surf Association (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

Reception and Clerical Skills (ET0N1) – Killarney.

If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you. **Start Date:** 13th October 2014. **Duration:** 15 weeks. **Certification:** FETAC Level 5 Component Certificates in: Information and Administration, Word Processing, and Customer Service.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee,

TEL: 066 7149600, E-mail: training@kerryetbtrainingcentre.ie

Entry requirements and other information on any of our courses are available at www.solas.ie



RATHMORE /GNEEVEGUILLA NEWS By Michael O'Mahony

RATHMORE GREAT EXPLORATIONS

TREASURE HUNT: Takes place on Sunday, 27th July 2014. Teams of 4 (with at least one team member over 18 years of age) can register at Rathmore Community Centre from 14:00, where you will receive your clues. Come discover Rathmore Town with friends or family in an exciting, fun and unique way, while solving clues and visiting Rathmore's landmarks. The format of the Treasure Hunt will provide maximum fun, while exploring the local area in safety, with all clues accessible from footpaths. The route should be completed on foot. There will be prizes for

- fastest team with most answers correct,
- best dressed team,
- team who submitted best photograph to encompass spirit of the treasure hunt.

A Treasure Hunt is an opportunity to bring the community together in a new way, have an adventure, highlight local history and culture, and provide an event for all ages. Please come along, spread the word and add to the adventure by getting into the spirit of the event.

GNEEVEGUILLA BASKETBALL CLUB:

Annual Summer Camp

When: 5th-8th of August 2014

Where: Scoil Phobail Secondary School Gym, Rathmore. Time: 9.30am - 12.30 for 7 to 12 yr olds.

1.30 - 5pm for 13 yrs. & up. Cost: €50 for 1st child. €40 for additional children. Contact No: 087 2685448. Everyone welcome

DAFFODIL DAY COFFEE MORNING & CAKE

SALE: St. Joseph's Day Care Centre Rathmore would like to say a sincere thank you to all who helped organise our recent Coffee Morning and Cake Sale in aid of Cancer Care Services which raised almost €3000. We would especially like to thank everyone who did baking, supplied daffodils, supported on the day, made donations or helped in any other way to make it a wonderful success. Thanks also to those who sponsored spot prizes for the raffle.

SYMPATHY: to family and friends of Margaret Breen (née Murphy) Lahard Beaufort and formerly of Bawnard Gneeveguilla, Elizabeth (Betty) O'Callaghan, Shronebaha, Banteer, who deaths occurred last week. May they rest in peace.

WEDDING BELLS: Congratulations to Denis Fleming Tureencahill, and Michelle Moynihan islandenagh, who got married on Saturday last in Shrone Church, we wish both them a happy life together.

VOLUNTEERS NEEDED BY JACK & JILL FOUNDATION CHILDREN CHARITY:

Selling Raffle tickets at the FEI European Championships for Ponies at Green Glens Arena Millstreet at Jack & Jill Stand 3 Shifts

available - 10am - 2pm/ 2pm - 6pm/ 6pm - 8pm Event takes place July 29th to August 3rd. What's required for this position. The person just needs to be able to chat to people passing and ask them if they wish to buy a raffle ticket in aid of Jack and Jill Benefits you will receive as a volunteer The Volunteers will benefit by helping Sick Children in their Community if interested contact:

Phone: +353 45 - 894538/660

FEI European Championships for Ponies, 29th July - 3rd August 2014

Ponies, 29th July - 3rd August 2014

At Green Glen Arena Millstreet. For further information on any aspect of the 2014 FEI European Pony Championships, please contact The Green Glens Arena. Telephone: 00 353 (0)29 70800

E-Mail: info@millstreet2014.com

RATHMORE GAA CLUB LOTTO: Results (14/07/2014) Numbers drawn: 9, 13, 28, 29; No jackpot winner this week. Play online at www.localotto.ie/rathmoregaa for next draws of €9,000.

NOTES: anyone has any information they would like to add to the notes, please email Michael O'Mahony (michaellomahony@eircom.net) or ring or Text on 087-6676817 before 6:00 on Sunday.

FOSSA NOTES By Gene Moriarty

FOSSA GAA: Fossa Lotto 20/07/2014:

Numbers Drawn: 2, 4, 16 and 20. Jackpot: €4,050. No Jackpot Winner: Consolation Prizes 5 x €40: John O'Neill, Dromin; Pat Finnegan; Monica O'Sullivan Curragh; Margaret McCarthy, Two Mile School; M Lyons, Dromin.

New Jackpot: €4,200. Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, Foley's Spar shop Fossa, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night July 27th 2014 at the Golden Nugget Fossa at 11p.m.

FIXTURES: Saturday July 25th Senior County League Firies v Fossa at Farranfore 6:00pm.

Sunday July 26th East Kerry under 11 Fossa v Spa at Fossa 6:00pm.

SENIORS: Our seniors picked up a valuable two County League points with a 1-16 to 0-12 victory against Churchill at Fossa on Saturday evening last. The sides were level at 8 points each at the break but Fossa stepped up a gear in the second half scoring 4 points without reply, before Paudie Clifford slotted home a penalty when Brian Walsh was fouled. Next Credit Union County League game is an away fixture to Firies on this Saturday July 26th at 6:00pm. East Kerry Intermediate semi final Cordal v Fossa has been re fixed for Thursday July 31st at 7pm. (Note change of date)

MINORS: East Kerry minors got back into the

groove with two good wins against Kenmare district on Monday and Austin Stacks on Friday evening at Fossa. The Clifford brothers were prominent among the scorers in both games, while Matthew Rennie was impressive at midfield. Hopefully Colm Walsh and Daniel O'Connell will have recovered from their injuries by for the quarter finals on August 7th.

LADIES FOOTBALL: Kerry U14 girls are All Ireland champions after a fantastic victory over a gallant Mayo team in Nenagh on Sunday. Winning by 2 points at half-time, then going down 5 early in the second half, Kerry led by Fossa girls Erica McGlynn, Hannan O'Donoghue, Anna O'Reilly and Grace Cahillane finished superbly to win by 5 points. This was a great final between 2 very skilful and committed teams, and really showcased Ladies Football at its best. It was a very proud moment for the large crowd of Fossa supporters present when our own Erica McGlynn lifted the All Ireland Cup as Kerry captain. The Kerry team came to the Fossa clubhouse for the official homecoming and were greeted and congratulated by a huge crowd of Fossa and Kerry supporters in what will go down as one of the great nights in the history of Fossa GAA club. We congratulate the Kerry team and their mentors and especially our own Fossa girls who have done themselves and their parish proud. And with a victorious Kerry Ladies team

celebrating at Fossa's GAA ground, we reflect back to 38 years ago for when Kerry ladies won their first senior All Ireland Championship in 1976, (played at Bansha Tipperary), 7 members of the Fossa ladies club were on the panel. These were Bernie O'Donoghue, Eileen O'Donoghue, Marie Murphy, Margaret Doherty, Amelia Collins, Marion Quille, and Mary O'Connor.

FOSSA WAY: The new car park for the Fossa Way opened at the week end. Located at the entrance to Killarney Golf and Fishing Club, this is a marvellous amenity for walkers, and great credit is due to the committee who had the vision to put this plan in place.

KILLARNEY LIBRARY: As part of its summer tour around the county, Kerry Women Writers' Network (KWWN) will hold a performance of works at Killarney Library on Thursday 31st July from 6.30pm-8pm where women writers will undertake public readings from their original work. Following the readings audience members will be invited to take part in an open mic session where they can read from their original work as well as engage with the KWWN members. Free admission. All welcome.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at genemoriarty2014@gmail.com Please forward information on or before Sunday at 10:30am.

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LOOKING AFTER YOUR HEDGES

Hedges are an attractive and functional part of any garden. A common mistake is to leave the hedge grow too much before pruning or cutting it, especially if you want a formal hedge as this needs attention from the day you plant it.

You can prune new deciduous hedges when they are dormant in the Winter, while newly planted evergreen hedges need to be planted in the Spring time. Established hedges need to be pruned annually to keep them in shape but before you start pruning any evergreen hedge always check to see if there are birds nesting.

Lastly, remember when you plant a hedge – its up to you how tall or wide you want it to grow – you can keep it to the shape you require by regular pruning and cutting.

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KILCUMMIN NEWS

KILLARNEY LIBRARY: As part of its summer tour around the county, Kerry Women Writers Network (KWWN) will hold a performance of works at Killarney Library on Thursday 31st July from 6.30pm-8pm where women writers will undertake public readings from their original work. Following the readings audience members will be invited to take part in an open session where they can read from their original work as well as engage with KWWN members. Free admission. All welcome.

CEMETERY MASS: Mass in Old Kilcummin Cemetery on Wednesday 6th August at 8pm.

KILCUMMIN GAA

LADIES COMMITTEE: Anyone interested in helping the ladies to cater for the many events in particular the family day on August 10th please give Carmel a ring on 087 9490372.

KERRY UNDER 14'S: Congratulations to Laura Teahan and Kate Maher who represented the club and the County when the Kerry Under 14 girls defeated the Connacht Champions Mayo in the All-Ireland final on July 20th.

UNDER 11 BOYS: Under 11 boys play Kenmare away on Sunday 27th July at 6pm.

UNDER 16 BOYS: Under 16 boys play Dingle

away on 30th.

UNDER 11 BOYS FOOTBALL: Well done to the Kilcummin U11 boys for their excellent performances over the weekend. On Saturday the team took part in the Dylan Crowley Invitational Tournament in Gneeveguilla. Our thanks to the organising committee and to all at Gneeveguilla GAA for their superb organisation of this very special event and for their hospitality on the day. Kilcummin recovered well from a loss to event winners Glenflesk in the opening game to go on to record comprehensive wins over Rathmore, Scartaglen and Gneeveguilla and thus finish second in the group and into the Division 2 final. Having marched behind the piper for the pre-final parade, the boys settled quickly and played some great football to run out comfortable winners. All players were presented with magnificent trophies by the Crowley family.

On Sunday evening, Kilcummin U11's played the opening round of the East Kerry League at home to Dr Crokes. Here, an excellent first half performance put Kilcummin on the road to victory and they ran out 5-16 to 3-11 winners after an excellent evening of football. So well

done to all the players - many of whom took part in the Cúl Camp last week and also the U12 tour & blitz in Fitzgerald Stadium - a few days break before our Round 2 East Kerry League game away to Kenmare on Sunday next.

GAA FAMILY FUN DAY: GAA Family Fun Day will be held on 10th August.

GAA SUMMER CAMP: The Club's Summer Camp will run from 12th-13th August. Contact Nessa on 0872897312 for info.

GAA JUVENILE ACADEMY: GAA Juvenile Academy continues on Saturdays at 10:30am, new players welcome.

HURLING/CAMOGIE: Hurling/Camogie continues every Thursday evening at 6pm at the club and at Legion's club grounds for all children aged 5 to 10 years.

GAA LOTTO: There was no winner on Sunday July 20th. Numbers drawn were 5, 9, 17 & 20. Consolation prizes were €100 Emma Coffey c/o Jer Coffey; €60 Bertie Curtin, Knocklebede; €60 Danny Doonan, Muckcross; €30 Katie Brosnan; €30 Jennifer Casey, Glounonea. Next draw Monday 4th August. Jackpot now €11,000.

GLENFLESK NEWS

WITH DONAL KELLY

COUNTY LEAGUE DIV 3: The Glenflesk senior team, sponsored by Molly Darcy's, defeated Scartaglin away on Saturday July 19th in the seventh round of the county league, on a scoreline of 3-14 to 0-7. With four games remaining Glenflesk now lie third in the table with 10 points. Next weekend they face second-placed Templenoe in Glenflesk on Saturday the 26th of July at 7pm.

GLENFLESK GAA LOTTO: Glenflesk GAA club Lotto draw was held on Sunday the 20th of July 2014, in the Corner Bar. Jackpot: €4,200. Numbers drawn: 4, 7, 14, 22. No Winner. €50 DRAW: First draw: Patsy McCarthy, Curreal. Seller: Breda McCarthy. Second draw: Gene Kelly, c/o Ruairi O'Sullivan. Third draw: Mike O'Keeffe, c/o Patie Moynihan. Fourth draw: Paudie Reen, c/o Ruairi O'Sullivan. Next draw on Sunday the 3rd of August 2014, in the Kerry Way, Jackpot: €4,400.

MINOR COUNTY CHAMPIONSHIP: Well done to the East Kerry minors who defeated Austin Stacks in the minor county championship on Friday July 18th on a scoreline of 5-14 to 1-10. They have now qualified for the quarter-finals which are scheduled to take place on Thursday August 7th.

BILL TANGNEY CUP: The Glenflesk junior team were defeated by Rathmore in the quarter-final of the Bill Tangney cup played in Rathmore on Sunday July 20th, on a scoreline of 4-10 to 2-9.

DYLAN CROWLEY U11 TOURNAMENT: Congratulations to the Glenflesk U-11 team, and their mentors (John Crowley, Sean Moynihan, Patrick Lucey and Oily O'Donoghue) who won the Division 1 final at the Dylan



THE GLENFLESK U11 TEAM AND MENTORS WHO WON THE DYLAN CROWLEY INVITATIONAL TOURNAMENT IN GNEEVGUILLA ON SATURDAY JULY 19TH.

Crowley tournament held in Gneeveguilla on Saturday July 19th. Well done and thanks to all in Gneeveguilla GAA club and to the Crowley family for a very enjoyable and well-run tournament.

KERRY U14 LADIES: Well done to the Kerry U14 Ladies footballers who won the All-Ireland title against Mayo last weekend, and to Glenflesk's Marie O'Connor who was one of their mentors.

ROUND THE WORLD: Niall Healy, brother of Mike, Liz and Pat of Shronedraugh, Headford, successfully completed the final leg of the 13-14 Clipper Round the World Yacht Race on Saturday, 12th July. The fleet of 12 yachts arrived into London on Saturday after completing the 40,000 mile circumnavigation. Niall was part of the crew who raced from New York to London on board Derry-Londonderry-Doire, which won the race from New York to

their home port in Derry-Londonderry. Niall lives in London with this wife, Olive, and is a director of Healycornelius Design Consultancy.

KILLARNEY LIBRARY: As part of its summer tour around the county, Kerry Women Writers' Network (KWWN) will hold a performance of works at Killarney Library on Thursday 31st July from 6.30pm-8pm where women writers will undertake public readings from their original work. Following the readings audience members will be invited to take part in an open mic session where they can read from their original work as well as engage with the KWWN members. Free admission. All welcome.

RAHEEN NS: Congratulations to Mike Scannell who had the winning lotto number 17 on Saturday July 19th.

CONTACT: We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Thursday.



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COACHES NIAL KEOGH AND KIERAN CREHAN WITH TEACHER AND STUDENTS OF FOSSA NS AT A HURLING/CAMOGIE SKILLS TRAINING SESSION AT THEIR SCHOOL BEFORE THE SUMMER BREAK.



LORETO NS HURLING COACHING COACHES TIMMY HOURIGAN AND PAT HEALY WITH STUDENTS OF LORRETO NS AND THEIR PRINCIPAL, MRS. MARY O'SULLIVAN, ENJOYING A HURLING/CAMOGIE SKILLS TRAINING SESSION ON THEIR SCHOOL GROUNDS BEFORE THE SUMMER BREAK.



LISSIVIGEEN NS HURLING COACHING. PHOTO SHOWS STUDENTS OF LISSIVIGEEN NS, KILLARNEY WITH THEIR TEACHER AND COACH, JACK LENIHAN ENJOYING A HURLING/CAMOGIE SKILLS TRAINING SESSION LAST WEEK.



MAUREEN CULLOTY LADY CAPTAIN PRESENTING THE FIRST PRIZE IN THE CASTLEROSSE HOTEL LADIES COMPETITION TO WINNER EILEEN MCGEE WITH PRIZEWINNERS MARY LEACY, EILEEN TARRANT, SUSAN TONG, VERONICA O'CONNOR AND SINEAD GALVIN AT KILLARNEY GOLF AND FISHING CLUB, KILLARNEY.



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- 09 Nissan Qashqai Acenta
- 09 Audi A4 2.0TDi 92k, Black, Full Audi S/H

- 09 Ford Focus 1.6 TDCi, Titanium, 97k
- 09 Ford Focus 1.6 TDCi, Titanium, Full Ford S/H
- 09 Kia Proceed 1.6, Alloys, Fogs, 3dr H/B
- 08 Audi A4 2.0TDi, silver, full Audi Service History
- 08 Ford Focus 1.6 TDCi
- 08 Citroen C4 Grand Picasso 7 seater, 1.6 VTR Plus
- 07 Ford Focus 1.6TDi
- 07 Renault Megane Scenic 2yr Test
- 06 Opel Vectra 1.9, 6 speed
- 06 VW Passat 1.9 TDCi, Black, NCT Tested
- 06 Citroen C5 1.6 HDi, 106k, 1yr Test

- 04 Citroen Picasso 1.6 HDi, 138kms
- 04 Opel Zafira 1.7 Dsl, 1yr Test
- 03 Skoda Octavia 1.9TDi, silver, 1 owner
- CARS**
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- 08 Kia Rio 1.4, Automatic
- 07 VW Golf 1.4TSi, full leather, 1 owner
- 07 Renault Megane Cabriolet 1.6, full leather
- 07 Nissan Almera 1.5 SXE, alloys, air con
- 06 Renault Clio 1.2, 1 owner, Silver, alloys, sunroof
- 05 Suzuki Liana NCT Tested

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- COMMERCIAL**
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- 11 Citroen Dispatch Choice White or Black
- 11 Citroen Berlingo 3str, 55k, full service history
- 11 Citroen Berlingo Full service history
- 11 Citroen Dispatch Vat
- 09 Opel Combi Van 90kms
- 08 Opel Combi 1.3 CDTi
- 05 Mitsubishi Pajero Sport Silver, 2.5, very clean
- 03 Citroen Dispatch 2.0 HDi



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HAZARDS OF SUMMER DRIVING



Safety advice for driving during good weather!

The good weather does not always mean good driving conditions as the sunshine can melt the road surface making it extremely slippery. Also, rain at the end of a long dry spell can mix with dust, oil and rubber, producing a road surface like an ice rink.

Driving tips for summer motoring

Servicing: A full service is necessary at least

one full week before a long journey.

Last Minute Checks: Engine, oil, brake and clutch fluids, battery electrolyte, tyre pressure and the windscreen washer reservoir should be rechecked just before the journey Starts.

Spare Kit: Delays caused by minor faults can be reduced by taking a small spares kit comprising of a fan belt, radiator hoses, bulbs, points, a condenser, pair of spark plugs and a roll of insulating tape.

Balance: The load should be balanced, that is, heavy articles should be placed as near to the centre of the car as possible. Heavy articles must never be concentrated on one side of the vehicle, neither must luggage impede the drivers vision or prevent seat belts from being used.

Inside The Car: Loose or heavy items in the passenger compartment can move under braking or cornering - this can distract the driver or jam against the control.

Outside The Car: Roof racks must be firmly and loaded with as low a profile as possible to minimise the wind resistance and maintain stability. Also, make sure every-thing carried on the roof rack is securely tied down.

Care In The Country: Many city drivers feel free driving in the country - less restricted, however, you must remember, care and attention is still needed at all times - there may just be a herd of cows around the next corner! Farm animals must be treated with patience. Drivers meeting them should slow down well in advance and leave as much space as possible between the car and the herd. Fast driving past a horse and rider can also be dangerous - it may cause the horse and rider to shy and throw its rider. They should be overtaken very slowly, with as much space as possible between it and its rider.

RUNNING-IN A NEW CAR

Life with a brand new car

If you have just purchased your new 142 Reg car then here are some tips to keep it in tip top shape.

It used to be essential driving practice to follow rigorous running-in procedures to get maximum life and driving performance out of a new vehicle. Older drivers will perhaps remember the sight of a new car driving slowly in the nearside lane of a motorway with a 'running-in, please pass' sign on the vehicle's rear window!

While vehicle design improvements and oil quality mean that modern cars are much less dependent on these careful driving techniques, motorists are still recommended to take a little extra care with a new car, particularly if they plan on driving it for a long time. The vehicle's reliability, oil and fuel consumption can all benefit from a considered driving approach.

When collecting the car, motorists should ask the car dealer for driving advice and also check the vehicle handbook. Many still include pointers on 'running-in' the car.



A car's first thousand miles

Motorists should begin with gentle town driving so the car's major components can bed in.

New tyres have a thin oily coating, until this wears off, vehicle handling will feel different, especially when driving in wet weather.

Motorists should avoid harsh acceleration and heavy braking when driving a new car

Motorists driving a new diesel car shouldn't let the vehicle's engine speed exceed 3000 rpm however should make sure the revs regularly reach this limit

Motorists driving a new petrol engine should stick to a 3000 rpm limit for the first 500-600 miles and then increase the upper limit to

around 4000 rpm. Again, revs should regularly reach this limit.

Motorists driving a new vehicle should avoid labouring the car's engine - by changing up too early for example

Motorists driving a new vehicle should check the car's oil and coolant levels (Click here to view our 'AA Rescue Guide to checking your coolant') at least once a week as they don't know how much oil it will use.

Motorists driving a new car should note that oil consumption can be high for the first 6000 miles or so but should slow, particularly if the car's been treated gently in the early days.

After the first 1000 miles, motorists can gradually use more of the car's performance.



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131 VW Golf 1.6 Tdi Urano Grey 25 kms
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11 Vw Golf 1.6 Tdi 105 Bhp 1 Owner Blue 5 Door
11 Vw Golf 1.2 Tsi Comfortline Black, 1 Owner 41Kms
11 Vw Golf Plus 1.2 Tsi Comfortline Silver 61Kms
11 Citroen C3 1.4 Hdi VTR Red 51kms
11 Nissan Qashqai 1.5 Dci Sv Red 72 kms
10 VW Sharan 1.9 Tdi 7 Seater 62 Kms Silver
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10 VW Polo 1.6 Tdi Trendline Pepper Grey 50 kms
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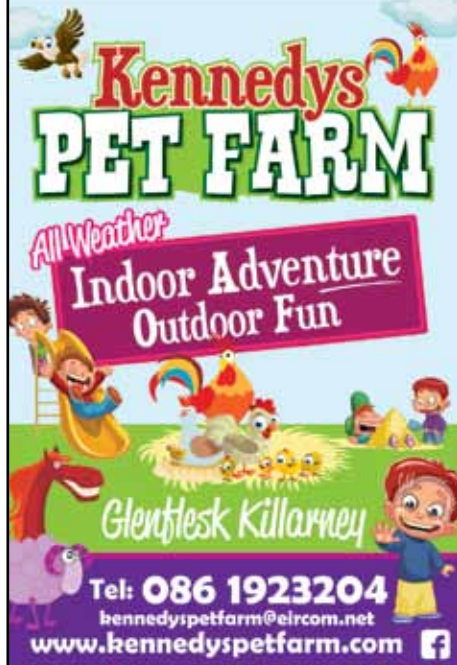


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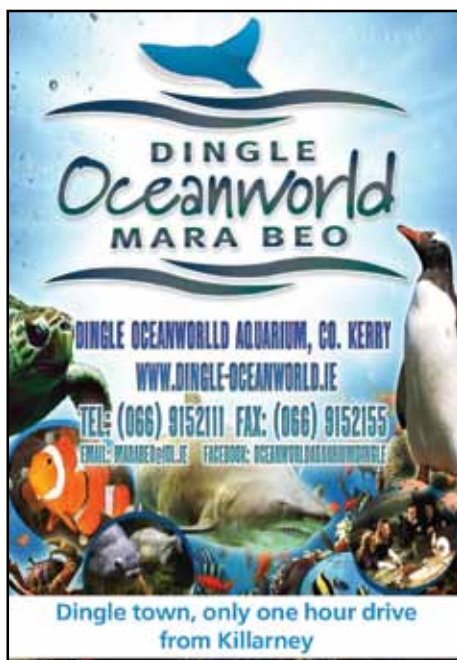
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EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

RESULTS:

East Region Minor League- Round 4
Sponsored by The Tattler Jack.
Dr Crokes 2-17 Spa 2-05.

FIXTURES: Fr Galvin Cup Semi Final.

Sponsored by the Aquila Club.
Thursday 31 July 2014 at 7.30pm.
Cordal V Fossa.

East Region Minor League – Round 5.
Monday 28th July 2014 at 7.30pm.

Fossa V Gneeveguilla.
Monday 28th July 2014 at 7.00pm.
U14 Championship.

Sponsored by MD O'Sheas.
Kilcummin v Cordal/Scartaglin.
Spa v Dr Crokes. Firies v Fossa.
Gneeveguilla v Glenflesk.

EAST KERRY MINOR TEAM: Well done to the East Kerry Minor team and management on winning their Round 2 & 3 games in the Co Minor Championship and qualifying for the Quarter Finals.

O'SULLIVAN CUP:

DR CROKES 0-15 GNEEVEGUILLA 0-11

In an exciting game versus Gneeveguilla that was in the melting pot up to the last minutes, Dr Crokes ran out winners of the O'Sullivan Cup Semi Final, sponsored by O'Sullivan Cycles and Outdoor Killarney. It was tit for tat throughout and both goal keepers made great saves. The outcome was in the melting pot up to the final minutes. There was just 1 point between the sides 5 times and the sides level on 4 occasions in the first half. Score at the short whistle Dr Crokes 0-06 Gneeveguilla 0-07.

The second half continued with the sides evenly matched with both defences strong. The sides notched up 2 points a piece in the opening ten minutes. Dr Crokes equalised with a well worked point and the difference in the end was a period of dominance by the home side in the last ten minutes when Dr Crokes built a 5 point cushion. Gneeveguilla played to the final whistle but it was Dr Crokes ran out winners on a final scoreline of Dr Croke 0-15 Gneeveguilla 0-11. Dr Crokes play Legion in the Final on Wednesday evening in Fitzgerald Stadium at 7pm.

Referee: Brendan Brosnan (Glenflesk).

DR CROKES TEAM: David Neeson, Jonathon Clarke, PJ Lawlor, Sean Coppinger, Jason Lyne, Mark Egan, Gavin Tucker (0-01), James Jones, Laurance Byrnes, Brian O'Shea (0-03;2f), Keith O'Leary (0-01), Brendan Falvey (0-01), Jamie Doolan (0-03;2f), Rory Mangan, Tony Brosnan (0-05;1f); Substitutes; Shane O'Neill (0-01), Killian Fitzgerald, Daniel Healy.

GNEEVEGUILLA TEAM: Gerard O'Sullivan, Donal Murphy, PJ Murphy, Gavin Coughlan, Tommy Murphy, Pdraig O'Connor, Phelim Cremin, Dan Murphy, Gerard O'Sullivan, Mike Murphy (0-02;1f), Aneas O'Leary, Mike Brosnan, Cornelius Buckley (0-07;5f), Sean O'Connell

(0-01), Pdraig Doyle (0-01) Substitutes: Kevin Donnelly, Conor Herlihy.

LEGION 0-15 CORDAL 0-07

Cordal took on top of the table division 2 side, Killarney Legion in the semi final of the O'Sullivan Cup the game, in Currow on Sunday evening. Cordal started the better kicking four points in the first quarter. Legion got their first score after 15 minutes. An excellent save by the Cordal Goalie Flor Griffin prevented Legion from getting a goal but the Killarney side brought the game level after 20 minutes. Legion dominated the rest of the half leaving the score at half time 8 points to 5 favouring Legion. Legion started the better for the second half with 2 early scores. Legion dominated the play notching up 4 points in a row. Cordal pulled one back and left it 10 points to 6 with 40 minutes gone. Cordal scored 2 points to leave the gap at 5 points, but Legion increased their lead with further points to leave the full-time score Cordal 0-08 Legion 0-15.

Referee: Christy Crowley (Gneeveguilla).

BILL TANGNEY CUP: Rathmore qualified for the Bill Tangney Cup semi final against Listry when they won their quarter final against Glenflesk on Sunday, 4-10 to 2-09. The semi finals are fixed for Tuesday and we will have the outcome of these games in next weeks notes. The fixtures are Rathmore host Listry and Fossa travel to Kilcummin.

DYLAN CROWLEY UNDER 11

INVITATIONAL TOURNAMENT: The Dylan Crowley Under 11 Invitational Tournament took place in Gneeveguilla last Saturday. Results Division 1 Glenflesk won; Currow runners up; Division 2 Kilcummin won, Firies runners up.

THE EAST REGION UNDER 14 LEAGUE:

Sponsored by MD O'Shea, finals were played on Monday the 21 July.

DIVISION 1: Legion V Rathmore in Dereen.

DIVISION 2: Fossa V Spa in Fossa.

DIVISION 3: Firies V Gneeveguilla in Fitzgerald Stadium.

U15 COUNTY SUPER TOUCH: Best of Luck to Firies, who represent East Kerry in the county section of the U15 Super Touch Competition on Friday in John Mitchels. The format is 14 players per panel and 10 a side games.

MILLTOWN /CASTLEMAINE NOTES

LOTTO: There was no winner of last weeks lotto, the numbers drawn where 10, 17, 20, 25. Consolation prizes where

€50 Rhoda O'Shea, Basingstoke, UK.

€50 Fr Fergal Ryan, Caherdaniel.

€25 John Burke, Milltown.

€25 Ted Murphy, Clash, Castlemaine.

€25 Mike Mc Gas, Ballyoughtra North.

€25 Duncan Davidson, Carrig an Dun.

The next draw will take place on the 1st of August in Knightlys Bar, when the jackpot will be up to 8,600 euro. Tickets available from local

businesses. Thank you for your support.

SENIORS: Milltown/Castlemaine play Kerins O'Rahillys next Saturday at 7pm away, in round eight of Senior football County League.

U 14'S: Milltown/Castlemaine vs Dingle on Monday 21st in the Semi final of Division 2.

U 10'S: The lads performed very well at the John Mitchels Invitational Tournament. We lost our first game to Ardfer, who lost the final by a point, won v Churchill and Na Gaeil. We lost to Dr Crokes in an excellent game and we then finished our day with a win v John Mitchels. The standard was very high and thanks to John Mitchels for organising a great day for both our U8 and U10 teams.

U'8'S: Our U8s won the John Mitchels Invitational Tournament after a great final v Ballymacelligott. They beat Ardfer, Na Gaeil, Dr. Crokes and John Mitchels and drew with Churchill to top the group and play Ballymacelligott. Well done to all involved.

COACHING SEMINAR SATURDAY 26TH

JULY 2014: This is a coaching initiative which sees Milltown/Castlemaine Club involved in a pilot project with the Games Development Administration of Kerry County Board through Martin Horgan, Sth & Mid-Kerry GDA (Games Development Administrator). The aim of the project is to deliver and bed down in an optimal manner a game based approach to training and development for all of our under-age players. The better development of all of the young players at this club, in a holistic manner is a priority. This will be achieved by applying "The Coaching 10 Model" to implement a coaching season plan for each age group from Nursery U6's, U8's/10's/12's/14's/16's right up to and including minor level at U18. A key feature of this seminar is that all coaches and all underage teams are being catered for and will be part of a live demonstration of the appropriate training for each respective age group. Following this Seminar, all coaching personnel will be able to prepare a season plan for any age group and appreciate what is involved in a good training session. It is hoped that all interested in underage training and development will attend this half-day Seminar on Saturday 26th July.

Interested persons are encouraged to book their places in advance through Eileen Lovett 086 3954803 eileenlovett1@gmail.com Secretary Coiste na nÓg M/C or Mike Carroll 087 2256548 mikecarroll@eircom.ie Secretary M/C GAA Club.

LEGION GAA CLUB NOTES

WELL DONE FIADHNA: Well done to Fiadhna Tangney who not only helped Kerry u14 girls to win the All Ireand football title last Sunday but also recieved player of the match in the process. They defeated Mayo in Nenagh. She has done herself and her club proud.

O SULLIVAN CUP: The Junior team qualified for the O'Sullivan Cup final with a hard worked



victory over Cordal in Currow. Full time score Killarney Legion 0-15 Cordal 0-8. The final is now fixed for Fitzgeralds Stadium on Wednesday night vs Dr Crokes at 7pm.

Steve Griffin, Tom Slattery, Sean Hegarty, Ciaran Lyne, Sean McCarthy, Eoin O' Carroll, Brian Doolan (Capt), Tim O'Regan, Jack O'Neill, Kieran Slattery, Derek Twomey, Donal Lyne, Scott O'Mahony, Aidan Slattery, Alan Moriarty. Subs used, KJ Griffin, David Gleeson, Darragh O'Doherty, Rob Leen, Bryan Griffin, Andrew O'Regan.

U11 BOYS: Well done to our Under 11 boys who beat Firies in Direen in the opening round of East Kerry. A very entertaining game played by two very skilful sides. The teams went in at half-time with Legion ahead by 1-06 to 1-04 although we had the lion's share of possession. Manager Mike Pierce gave the boys a pep talk during the break that seemed to fire them up. Our lads upped the tempo in the second half and got their just rewards with some wonderful scores. Final score: Legion 4-11 Firies 2-05. Keep up the good work.

CAIRDE AN LEIGIUN: With over 21 teams on the pitch every week the club is a hive of activity and we are grateful to the volunteerism of our members. We are delighted to be in a position where we can offer the community a healthy and character building activity. All this would not be possible without the support of our members and of course our sponsors. We would like to thank all our sponsors for your kind patronage towards the club in the past.

In order for the club to remain on its current path we are conscious of the need for constant progression. We, this year, have put in place a development plan which, for the next 5 years, maps out the path the club hopes to take.

As we value all our sponsors, we are also aware of the need to ensure that those businesses gets the maximum exposure within the club. With this in mind we are endeavouring to set up a "patrons wing" in the club. It is to be called "CAIRDE AN LEIGIUN". This will give our sponsors a platform in the club for showcasing their business. "CAIRDE AN LEIGIUN" will be launched in the near future where the club membership will be invited to attend. More details to be announced in the near future.

SUMMER CAMP 2014: The Clubs Summer Camp is still open for bookings. To coincide with the staging of the Academy on Tuesdays from 6-7 you can book your place in the camp through Maura in the club shop. With over 90 kids enrolled in last years camp early booking is advisable to avoid disappointment. Its open to boys and girls up to age 12 and also to non members who may like to join in the weeks fun. Contact Enda at 0876447523 for further details

FIXTURE: The senior team resume county league action this weekend with a home fixture when we entertain Skellig Rangers in round 8.



THE KERRY U14 TEAM THAT DEFEATED MAYO ON A SCORLINE OF KERRY 6-08 MAYO 4-09.

BACK ROW: MOLLIE O'CARROLL, AUSTIN STACKS, BRID RYAN RATHMORE, CIARA O'SULLIVAN SOUTHERN GAELS, SINEAD WARREN RATHMORE, ERIKA O'SULLIVAN NA GAEL, LUCY CLIFFORD LAUNE RANGERS, AOIFE O'CALLAGHAN RATHMORE, LABHAOISE WALMSLEY CASTLEISLAND DESMONDS. MIDDLE ROW: JADE POWELL JOHN MITCHELLS, FIADHNA TANGNEY LEGION, SOPHIE LYNCH LISTOWEL EMMETTS, CIARA MURPHY MILTOWN/LISTRY, KATE MAHER KILCUMMIN, BLATHNAID COTTER JOHN MITCHELS, LAURA TEAHAN KILCUMMIN, ANNA O'REILLY FOSSA, JAYDEN LUCEY NA GAEL. FRONT ROW: NIAMH NI CONCHUIR CORA DHUIBHNE, CIARA O'BRIEN LAUNE RANGERS, HANNAH O'DONOGHUE FOSSA, MUIREANN MORIARTY NA GAEL, TARA BREEN LAUNE RANGERS, ERICA MCGLYNN FOSSA, GEORGIA O'DWYER SOUTHERN GAELS, GRACE CAHILLANE FOSSA, RACHEL FITZGERALD RATHMORE.

MID KERRY

O'SULLIVAN CUP: Got underway last Monday and Tuesday evens with Miltown/Castlemaine home to Laune Rangers, while the 1st semi final saw Cromane take on Keel.

KEANES SUPERVALU MINOR FOOTBALL CHAMPIONSHIP:

MID KERRY 1-09

KERINS O'RAHILLYS 2-05

Mid Kerry saw off a late surge by Strand Road to advance to the quarter final stages of the Keanes Supervalu Minor Football Championship in Killorglin on Friday evening. The visitors started off the better side when their captain Ryan Clarke slotted the ball over the bar in the second minute and a minute later his team mate Gearoid Savage saw his goal chance denied. Mid Kerry were taking that bit longer to settle with some sluggish passing & several wides but what one captain can do so can the other; Eoin O'Brien Mid Kerry managed to raise the white flag with a lovely point. Eleven minutes in to this half a Gearoid Savage shot for the visitors hit the back of the net bringing their side a goal to the good which happened to be their last score of the half. The Home side responded with 2 points from Niall O'Connor and Jonathan O'Sullivan and they drew the game when John Tyther rose the white flag. Well into injury time Mid Kerry's Captain Eoin O'Brien added another to his tally when he slotted over the bar.

Half time score: Mid Kerry 0-05; Kerins O'Rahillys 1-01. It was again the visitors who started stronger in the second half with a lovely point from Dylan Ronan to level matters. To keep their lead Jonathan O'Sullivan made

no mistake with his 2 frees however one of these scores was cancelled out by a Diarmuid Sullivan point for Rahillys. At the three quarter stage, Tommy Cahill saw his shot sail over the bar and substitute Caolim Teahan was a happy camper when he rose the white flag to put 3 between the sides. When it looked like going all Mid Kerry's way with 3 minutes to go in normal time, Kerins O'Rahillys were thrown a life line in the form of a penalty which Ryan Carroll converted. It was anyone's game and looked like going to extra time but never say never Capt Ryan Carroll rose the white flag to put Strand Road in the lead. With the game nearly up Mid Kerry had to get a goal and they did just that when their first shot was saved but the rebound fell to Daniel MacBeth and he duly hit the back of John Shortt's net. Not a team to lie down, the visitors tried their best to get something out of this game and again it fell to the Captain Ryan Carroll who rose the white flag once more to put one between the sides but Mid Kerry held out.

KERINS O'RAHILLYS: John Shortt, Derek Horgan, Daniel Nix, Karl Mullins, Donnagh Buckley, Cormac Coffey (0-1), Dylan Ronan, David Murphy, Gavin O'Brien, Gary Nolan, Rory Doyle, Ryan Carroll (1-4), Gearoid Savage (1-0), Diarmuid O'Sullivan, Pdraigh Griffin. Substitutes: Derek Horgan injured replaced by Darragh Ryan, Tom Hoare for Gearoid Savage, Referee: Michael Hennessy (Ballyduff)

A COMPETITION: Beaufort home to Miltown/Castlemaine and Keel host Laune Rangers, Glenbeigh/Glencar - bye

B COMPETITION: Beaufort home to Miltown/Castlemaine, Keel host Laune Rangers



Cromane entertain Glenbeigh/Glencar.

KELLOGS CUL CAMPS: Continues in Glenbeigh from Monday 4th - Friday 8th August.

SPA NOTES

COISTE NA NOG:

U12S: An U12 blitz was held in Fitzgerald Stadium Tuesday 15th July. Spa were in a group with St Senans, Mayfield, and John Mitchells. Each and every player played well. Cian Murphy and Oisin Walsh had great games in midfield, some great scores were taken by Athain O'Neill in the second game. Craig McKenzie Vass was brilliant all day at full back, along with Matt McAuliffe and Bailey O'Sullivan

U14: EAST KERRY LEAGUE SEMI FINAL

SPA V. KENMARE: A thrilling win away to Beaufort in the previous round catapulted Spa into a East Kerry League semi final away to Kenmare on Monday night. Spa started well running into a 5 point league with some well taken scores. However the Kenmare boys fought back and scored a couple of goals just before half time to take a 3 point half time league. Evan Jones switched from full forward to full back in the 2nd half where he steadied the Spa defence with an outstanding performance. Cian Murphy's move to the 40 got the Spa forwards ticking with some well taken goals from Gary Vaughan, Sean Cahill and Ryan Kelliher giving Spa a well deserved 8.12 to 7.4 victory. Spa now play old rivals Fossa in the East Kerry Final in Fossa next Monday evening at 7 pm.

U16: SPA 0.21 KILCUMMIN 4.7

Spa took the game by the scruff of the neck to lead early on. Some great defending as well as accurate point scoring by the Spa men gave them 0.15 to 0.3 half time lead. Kilcummin fought back in the second half and scored some late goals but the Spa lads did enough to hold on for a good win.

LADIES FOOTBALL:

U12 CO. SEMI FINAL:

SPA 3-9 BEAUFORT 4-5

Girls defeated Beaufort by the narrowest of margins in a thrilling semi final to clinch victory by a point. Sarah Fleming the highest scorer in all age groups of ladies football this year with an impressive 2-8. Orlaith Spillane 1-0 and Marie Courtney 0-1. The girls played as a team and were excellent all over the field. We will meet Moyvane in the final with fixture TBC.

SENIOR LADIES: Our ladies bowed out of the Junior Championship to John Mitchells in the preliminary round in Tralee.

SENIOR CHAMPIONSHIP: North Kerry conceded the match as they couldn't field a team last Friday night.

Killarney v Southern Gaels Friday July 25th at 7pm.

MINOR EAST KERRY LEAGUE: SPA 2-4

DR CROKES 2-17. TEAM: David Carroll,

Conor Cronin, Conor Kearney, Eoin Fitzgerald, John McKenna, Mike McCarthy, Aidan Fleming, Ciaran Spillane, Corey Doyle, Patrick Courtney, Mike Foley, John Murhill, Fergal O'Donoghue, Darren O'Connor, Eamonn Lavin

INTERMEDIATE

CHAMPIONSHIP

QUARTER FINAL REPLAY:

SPA 1-17 LISTOWEL EMMETS 0-04

This was a very one sided encounter with the home side running out comfortable winners. However, the scoreboard does not reveal the true story. Listowel had a number of their key players missing for this replay and in effect their absence did not help their cause. Spa were quick out of the blocks as the game followed a similar pattern to the drawn game. Scores from Michael O'Donoghue, Ryan O'Carroll and Craig Hickey helped Spa create a strong lead. Listowel responded with a well taken point by Sean McCarthy. The impressive Cian Tobin and Craig Hickey notched up five unanswered points before Maurice Whelan popped another one over for Emmets leaving the score eleven points to two at the interval. The second half did not follow the pattern of the first game however, as Spa continued to dominate. Strong defending by Mike Finnegan, Eoin Cronin and Hugh O'Donoghue lead to good scores at the opposite end by Michael O'Donoghue, Bryan Russell and Cian Tobin. Kerry minors Liam Kearney and Dan O'Donoghue showed their class throughout and both contributed to the scoreboard with the latter scoring 1-1 in total. Little will have been learnt from this game but Spa are very happy to be progressing to the semi final.

UPCOMING FIXTURES: Senior Co. League Rd 8 Spa away to Glenbeigh/Glencar on Sunday July 27th at 2pm.

LOTTO RESULTS: No Jackpot winner €12400 numbers drawn 12, 21, 26, 28. Lucky dips €50, Mark Cahill Ballycasheen, Gearoid O'Sullivan (online entrant), John Fitzgerald The Malton, Garonne O'Connor Pinewood.

MERCHANDISE SHOP: Will be open on Friday evenings from 6.45pm to 8pm and on Saturday mornings from 11am - 12.15pm. Sale now on with up to 30% off on selected items. Any enquiries please contact Mathilda on 0876487356.

KELLOGS CUL CAMP: Registration forms in clubhouse now. Spa will be hosting a football camp once again August 4th-8th.

MUNSTER FLEADH: Well done to all the competitors that competed in a very successful Fleadh held in Killarney. Thanks to all the organisers, teachers, volunteers. Congratulations to CCE Spa Cill Airne who once again were very successful and will heading to Sligo for the All Ireland in August. Best of luck to everyone involved.

SPA COMMUNITY NOTES: Sympathy is extended to Paudie and Ann Horgan, Sheheree on the recent death of Ann's father Michael Doody Ballinahulla. May He Rest In Peace

WEDDING: Congrats to Triona Hickey Tiernabou on her recent marriage to Derek Coakelin Ballyspillane.

BEAUFORT GAA NOTES

BEAUFORT GAA CYCLE: The final week of preparation is ongoing for the annual Ring of the Reeks Cycle. In conjunction with Killorglin Cycling Club, they have joined forces to bring you the 'Ring of the Reeks', Caragh Lake Loop and the 'Ring of Beaufort' leisure spins which will be held on Saturday next, 26th July. Details are available on www.beaufortgaclub.ie or www.killorglincyclingclub.ie.

LOTTO: The next Draw for a Jackpot of €2,000 will be held in Beaufort Bar on Sunday, 27th July. Tickets available from usual sellers and Standing Orders or Annual tickets are available from same.

SENIORS: Seniors will play Knocknagoshel in Beaufort on Sunday 27th July in Round 8 of the County League.

KERRY U14 GIRLS: Well done to the Kerry U14 girls who won the All-Ireland Final in Nenagh on Sunday. Before a fine crowd on a lovely day they beat Mayo on a score-line of 6-8 to 4-9. Beaufort were well represented on the field of play with Tara Breen lining out at full-back, Hannah O'Donoghue at centre-back and Fiadhna Tangney at wing forward. The 3 girls played outstandingly well and contributed handsomely to the win. Tara intercepted many an attack and won her fair share of kick-outs, Hannah as always gave a top class display in defence with some fine block downs and attacking runs through the middle. She was very unlucky not to have scored. She made a vital full-stretch block down when her team was under severe pressure in the 2nd half which led to a Kerry goal. Fiadhna as ever showed her sheer class. She displayed all that is required of a forward with winning primary ball, taking on and beating her player, taking her scores or setting up her team mates. In the 6 goals scored, she scored 2, was fouled for a penalty which was scored and set up her team mate for her 3 goals. She was outstanding upfront and duly won Player of the Match. Well done to all concerned. There was a great following and support from Beaufort and the Black Valley. On their return home there was a great welcome home with bonfires, food, music and singsong for the girls at Kate Kearneys Cottage.

BEAUFORT U10S: There will a Kerry/Cork game on in Beaufort on Sunday morning next at 11.30pm when Kilmurry of Cork travel to Beaufort for a challenge match. As always a Kerry/Cork game is always very entertaining. Kilmurry have a 'Curran connection' with a young, blonde haired Rory Duggan playing while Beaufort will also have a 'Curran' on the sideline! Best of luck to both teams.

BEAUFORT U12S: Sponsored by Maurice Foley of MF Decorating had a busy week



GAME OF THE WEEK

Deadline: Monday 3pm Email : editorial@outlookmags.com

when as they took part in the Munster Fun Blitz which was held in Fitzgerald Stadium and played Glenbeigh-Glenclar in the Mid-Kerry Championship during the week. They played 3 games against Firies, Glenflesk and Brosna. The highlight of the day was meeting Kerry defender Fionn Fitzgerald. He gave them a tour of the Stadium, showed them the dressing rooms etc., press box and went through the time-table of a match day with them including what they eat before and after etc. Fionn was more than a gracious host and all the players were delighted and impressed by such a fine young player.

On Wednesday evening they played Glenbeigh-Glenclar and after a very close game the U-12s won on a score-line of Beaufort 5-14 Glenbeigh-Glenclar 4-16 while the U11s played out a draw in their game.

BEAUFORT U16S: Sponsored by Killarney Credit Union had 2 games during the week and won both. They travelled to Renard on Monday evening to play St. Marys/Renard and won on a score-line of Beaufort 1-22 to St. Marys/Renard 3-7.

On Wednesday evening they played Dingle in Beaufort and won on score-line of Beaufort 2-12 Dingle 3-7.

MID KERRY MINORS: Were at home to Kerin O'Rahillys on Friday last and won on a score-line of 1-9 to 2-5. Beaufort were well represented with Mike Breen, Liam Carey, Danny Healy and Niall O'Connor on the starting 15, while Darragh Curran and Shane O'Sullivan were on the subs bench. Brendan Cronin was absent for this game and Ken O'Sullivan manages the team.

U21 CLUB AND JUNIOR: Cup Competitions will start in the 2nd week of August

DR. CROKES GAA CLUB NOTES

LOTTO: Draw took place in the Speakeasy on Sunday last. Numbers drawn: 1, 7, 16, 22. The jackpot of €6300 was not won. Match 3, 11 received €40. Next week's jackpot is €6600. Draw will take place in the Tatler Jack.

FIXTURES: Senior County League - Div. 1: Away vs. Rathmore, Saturday 26th July, 7pm. Senior County League - Div. 5: Home vs. Duagh, Sunday 27th July, 2pm. Please support.

RESULTS: Senior County League: Dr. Crokes 0-19, Currow 1-09. O'Sull. Cup SF: Dr. Crokes 0-15, Gneeveguilla 0-11. EK Minor League: Dr. Crokes 2-17, Spa 2-05. Ladies C'Ship: Dr. Crokes 3-11, Corca Dhuibhne 3-19. U16 Girls County League: Dr. Crokes 8-06, Firies 1-03.

SENIOR COUNTY LEAGUE: - DIV. 1: We jumped back to the top of Division 1 of Credit Union Co. League with a victory over Currow in a back game on Friday last. Crokes led at the break 0-10 to 0-04 thanks to 6 first half points from Brian Looney. Eoin Brosnan opened the

scoring in the first minute and further points from Bryan O'Shea and Jamie Doolan pushed us ahead, Looney with his opening score in the 8th minute. Currow opened their account in the 14th minute with a point. Two further points from Looney before Currow noted their second in the 19th minute. A further brace from Looney stretched our advantage. Currow narrowed the gap with 2 more points. Tony Brosnan completed the first half scoring with a point before the break. On the resumption, Seamus Scanlon, who was the outstanding player on view, narrowed the gap but 5 unanswered points from Crokes courtesy of Brosnan, O'Sullivan, Doolan, Looney & O'Shea stretched our advantage after the opening 10 minutes to leave us leading 0-15 to 0-05. Currow breached the Crokes defence to find the net in the 13th minute but further points from Looney (2), Brosnan and O'Shea stretched our lead. Currow tacked on 4 points in the final 10 minutes but to no avail and we ran out comfortable winners on a 0-19 to 1-09 scoreline.

SATURDAY MORNING ACADEMY: Our Saturday morning hurling academy continues this weekend from 10:00am to 10:40am supervised by fully qualified coaches and all equipment is provided.

KELLOGG'S GAA CUL CAMPS: The Kellogg's GAA Cúl Camps are a great way for boys and girls aged 6 - 13 to play the games and learn GAA skills in a fun child-friendly environment - and maybe even help make them a GAA star of the future! Fitzgerald Stadium will host a hurling camp from 28th July - 1st August.

BRITISH OPEN CHALLENGE: A huge thanks to all who contributed to this years British Open Challenge Fundraiser and to all the card sellers. Congratulations also to the winners as follows; 1st; Kieran Crehan, 2nd; Matt O'Neill, 3rd; Denis O'Carroll, 4th; Podge O'Brien, 5th Seamie & Darren Doherty. Best Entry with One Player Missing Cut: James Loughnane. Full results can be found on www.drcrokes.com.

AWARDS NIGHT: The 'Pig on a Spit' Awards Night took place on Saturday night last, 19th July in the INEC, Killarney. The awards for the year 2013 were presented to the recipients as follows: Player of the Year; Kieran O'Leary, Junior Player of the Year; Mark Egan, Young Player of the Year; Kieran Ward, Hurler of the Year; Rory Waters, Ladies Player of the Year; Megan Kiely, Supporter of the Year; Sheila Daly, and Club Person of the Year; Moss Harmon. A great night of fun and entertainment was had by all. Many thanks to the Gleneagle Hotel for hosting the event.

CLOTHES BANK: There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPC.

SYMPATHY: To the family and friends of the late Mick Doody (father of Ann Horgan) who passed away last week. Ar dheis Dé go raibh a anam dílis.

LISTRY GAA LAUNCH SUMMER CAMP



ANNOUNCING DETAILS OF LISTRY GAA SUMMER CAMP SPONSORED BY THE DUNGEON BOOKSHOP KILLARNEY WERE; BACK LEFT TO RIGHT: PAT FLEMING (U-8 COACH) ANN O BRIEN (ASAP OFFICER) DENIS MURPHY OF GALLIVAN MURPHY HOOPER DOLAN (CLUB SPONSORS) FERGUS CLIFFORD (LISTRY JUVENILE SECRETARY) COLMAN O'SHEA (COACHING OFFICER) AND MEMBERS OF LISTRY U-8 PANEL.



U10's FOSSA COMMUNITY GAMES COUNTY & MUNSTER CHAMPIONS, WHO WILL REPRESENT KERRY AT THE COMMUNITY GAMES ALL IRELAND FINAL ON AUGUST 23RD.

FOSSA ROWING CLUB NOTES

FENIT REGATTA 2014: Best of luck to all crews participating in their first County Championship Coastal Regatta of 2014 which will be held in Fenit on Saturday. We hope too see lots of support on the day cheering on all crews flying the club colours.

TRAINING: Training continues Monday, Tuesday, Wednesday and Friday evenings at 7.30pm in preparation for the Gig regatta which will be held in Castletownbere on the 4th of August, Kerry County Championships and the All Ireland Finals which will be held in Waterville in August.

GNEEVEGUILLA ATHLETIC CLUB

No winner of our lotto draw Friday 18/7/2014, numbers drawn were 1, 6, 11 and 24. Sellers prize went to Timmy Brosnan, €50 yearly ticket to Shelia O'Donoghue Taur, €50 to Sean Horan Shinnagh, €40 each to Denny Keane Quarry Cross, Thomas Fitzpatrick Taur, Eileen Crean Gneeveguilla. Bonus not won numbers drawn were 8, 17, 19 and 25. Next week's jackpot will be €4,200. Please support our lotto, €50 for 6 months.

We are holding a Summer Mile Series starting Friday August 25th at 7.30 pm in Barraduff, Friday August 8th Fossa, Friday August 15th in Knocknagree and Friday August 22nd in Gneeveguilla. Open to all age categories, €3 a race of 4 races for €10.

KILLARNEY SOUTH COMMUNITY GAMES

FUNDRAISING- BAG PACKING EVENT: Due to the unprecedented number of athletes qualifying from Killarney South, for the national

finals in Athlone in August, the committee has decided to organise a fundraising event, in order to finance the participation of local children. A bag-packing event has been organised for Friday and Saturday July 25th and 26th in Dunnes Stores, Killarney. Any of the parents of children who have qualified for Athlone are urged to attend in the evening between 5pm and 9pm on the Friday. The committee will greatly appreciate any support the wider community can offer for our young hopefuls competing in the national finals.

X-COUNTRY: Kerry team continues with training every Tuesday at 7- 8pm. The location changes from Demense, Killarney to Tralee community swimming pool grounds this week. Training for Athlone.

Training for other track athletes has been organised on Wednesdays at 6.15 at St. Olivers, travelling to An Riocht stadium for 7pm. It is in the athletes best interest to attend preparation for Athlone.

FACEBOOK: Please follow Killarney South Community games on Facebook for all new updates, information, pictures and reports. All electronic mail queries can be forwarded to killarneysouthcommunitygames@gmail.com.

KILLARNEY RUGBY CLUB NEWS

TAG RUGBY: Continues at Killarney Community College every Tuesday from 7pm – just off Port Road on New Road we welcome beginners and newcomers to try out this fun event and learn a new sport. It is 7-a-side rugby but without the contact. Instead to tackle a player you just whip the tag off the players hips. Fast and fun you will get a chance to get fit and meet new people. €5 per person on the night.

RUN KILLARNEY: Thanks to Anne Fleming our

wonderful Secretary who brought together a host of volunteers to operate water stations and stewarding for the Marathon last Saturday in the National Park and all the way to Sneem and back. Our sincere thanks to all who gave their time. The club receives a small donation towards the development funds and we thank those who gave their time yet again.

SENIOR TRAINING: Has begun and is presently taking place on Tuesday and Friday nights at Knockreer at 7:30pm. A large contingent has joined the pre-season training under the masterful eye of John Nikora. We are so far having good turnouts for training and new faces are matched by some older gents who are coming out of hiding for a number of different reasons but great to have ye back guys – just remember to stretch it out. Good to see Paudie Sheahan back into light jogging too after a serious leg injury. His determination typifies why he had one of the highest kicking rations in all of Munster last year from his trusty boot. He and his brother Mike practice regularly at Ballycasheen and this pays off big time. Hopefully Paudie will give the leg the right amount of time to regain its full strength so he can chance a game before the end of the season. Sheahan's and patience is often a troubled mix! Good to see you back Paud.

FUNDRAISING: We are continuously fundraising despite the promised Capital Grant we have a huge shortfall to build the 3 pitches needed. For the coming season the Mini Rugby will be able to use the facilities once all goes according to development plans and the changing facilities are also sorted. We plan to have club merchandise on sale for players and supporters alike in the new pavilion and accommodate meetings and other key club functions as time goes on. We urgently need you to follow up on any outstanding collections of funds from generous donors in your area. Some donors have pledged sponsorship deals over a few seasons and these need to be collected too.

At the end of this month 30th July, we have 8 Munster Squad players arriving for the Round Munster Challenge. The club hosts the players for the night and get them involved in awareness activities on behalf of the host club. We provide accommodation, dinner and breakfast for the lads so it's up to us to make the most of them while they are here. So watch out for Facebook, texts and other notes coming at you to say what we are doing and where the Legends will be at and how you can meet and have fun with them on the night. They head for Dingle the following day.

#lovekillarney



6 NATIONS TROPHY COMES TO TOWN



PARTICIPANTS AT THE MUNSTER RUGBY CAMP AT KILLARNEY COMMUNITY COLLEGE WITH MUNSTER PLAYERS ANDREW CONWAY, FELIX JONES AND JOHNE MURPHY AND THE SIX NATIONS TROPHY.

PICTURES: LIAM MURPHY.



STEVIE MURPHY FROM FAHA PICTURED WITH THE 6 NATIONS TROPHY AND MUNSTER PLAYERS ANDREW CONWAY, FELIX JONES AND JOHNE MURPHY. PICTURES: LIAM MURPHY.



U8 MEMBERS OF KILLARNEY RUGBY CLUB PICTURED AT THE MUNSTER RUGBY CAMP WITH THE 6 NATIONS TROPHY.



BRIAN O'CONNOR OF LOUGH GUITANE WITH THE SIX NATIONS TROPHY AT THE MUNSTER RUGBY CAMP IN KILLARNEY.



STEVIE MURPHY AND ETHAN MCKEOWN PICTURED WITH THE 6 NATIONS TROPHY.

KILLARNEY CELTIC NOTES

CONGRATULATIONS: Huge congratulations to all the Kerry U14 Girls who won the All Ireland football final last Sunday, especially, team selector Karen McGlynn, captain Erica McGlynn, and the large Killarney Celtic contingent who made vital contributions. Congratulations also to Listowel Celtic's Savannah McCarthy, who has been absolutely superb and a two goal heroine for Ireland in the U19 European Championships.

JOHN GILES WALK OF DREAMS: Best of luck to everyone participating in the John Giles Walk of Dreams and the Family Fun Day at Mounthawk Park next Sunday.

SOCCER TOTS: Next Tuesday will be the final of our highly successful Soccer Tots Programme for this season.

NATIONAL FOOTBALL DRAW: Tickets now on sale for the Irish National Football Draw - they are €10 each and is a new fundraiser for our club. There are local, regional and national prizes, over 2000 prizes. Proceeds from tickets sold go to the club. Please support, contact any club member, Suzanne 086 8449082 or May 086 6485809.

STREET COLLECTION: Killarney Celtic's Street Collection will be held on Saturday August 2nd. Volunteers and support will be needed on the day.

REGISTRATION AND AWARDS DAY: Our awards for the 2013/2014 playing season and registration for the coming season will be on Sunday August 10th from 2.00 to 4.00pm.

MANAGERS WANTED: It takes a lot to keep a club going, but most of all we need people who can volunteer their time. Anyone willing to help out with a team is asked to contact Mike Lyne on 086 0836356.

FOOTBALL FOR ALL: Killarney Celtic FC Football For All is a team for children who are not able to play with mainstream soccer teams.

All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809

LOTTO RESULTS: Numbers drawn 1, 11, 16, 24. No winner, one x match 3, David Stack, Rockchapel, €150. Next week's jackpot €2600, draw in the Failte on Monday night. Tickets available from all club officers.

LOTTO SELLERS / YEARLY LOTTO: The club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

MASTERGEEHA F.C.

AGM: Mastergeeha FC will hold its Annual General Meeting in The Village Inn on Thursday 31st July at 9.30 pm. All welcome.

RESERVE CUP QUARTER FINAL- MASTERGEEHA 4 INTER KENMARE 1. In the replay of the cup game, Mastergeeha were the better side away last Friday night. Padraig Nagle, Damien Breen and Colm Lenihan were the scorers in a good team performance.

UNDERAGE TRAINING: Boys and girl's U6-U8 and U10 training will start on Friday 25th July at Kilbrean Park from 6pm to 7pm. All Welcome.

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 18th July. Numbers drawn were 5, 10, 13 & 23. Consolation prizes were €100 Breda & Tim O'Sullivan, Mastergeeha; €60 P. Cahill, Knocklebede, Kilcummin; €30 Miriam O'Leary, 74 Ballyspillane, Killarney; €30 Eileen Ahern, 39 Daltons Ave, Killarney; €30 Eileen T. O'Sullivan, c/o Kilcummin PO. Draw every Friday night in the Village Inn, Kilcummin. Jackpot now €12,900.

KILLARNEY CREDIT UNION KILLARNEY ATHLETIC 7 A SIDE

VENUE - WOODLAWN

RESULTS: MONDAY 21ST JULY

Under 16 Semi Final Tekkerslovakia 1 Bow Wow Panthers 2

Over 35 Fleming Taxi 2 Mackeys Crew 0
Under 16 Semi Final O'Leary Expert 4 TWG 2
Senior (C) ¼ Final Dunloe Lodge 1 Currow City 0
Senior (A) ¼ Final Tatler 3 Scotts Hotel 2
Senior (B) ¼ Final The Wedding Guru 1 Fossa City 4
Senior (D) ¼ Final Mackeys Park Road 1 Kate Kearneys 0

WEDNESDAY 23RD JULY

Under 14 Semi Final Aston Vanilla 2 Glenflesk Dynamo 1



THE KILLARNEY HOTSPURS U-16 TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).



THE CURROW CITY TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).

Premier Semi Final Tatler Toffees 6 Fossa City 3
 Under 14 Semi Final The Boys from Bavina 2
 Queens Park Strangers 1
 Reserve Semi Final Scotts Hotel 2
 The Wedding Guru 4
 Premier Semi final Dunloe Lodge 3
 Mackeys Park Road 0
 Over 35 Bunkers Bar 2 Wipeouts 1
 Reserve Semi final Currow City 3
 Kate Kearneys Cottage 2

FIXTURES FOR FINALS TUESDAY 29TH JULY

7.25 Under 16 Bow Wow Panthers v
 O'Leary Expert
 7.50 Reserve Cup The Wedding Guru v
 Currow City
WEDNESDAY 30TH JULY
 6.45 Under 14 Aston Vanilla v The Boys from
 Bavina
 6.45 Over 35 Fleming's Taxis v Bunkers
 7.30 Premier Dunloe Lodge v Tatler Toffees
YOUTHS LEAGUE FINAL
 2.30 Sunday 27th July, Mounthawk, Tralee

KILLARNEY ATHLETIC A.F.C. V TRALEE DYNAMOS: The club wishes our Youth team the very best of luck on Sunday in the Youths League final. Our Youth team has played 18 games and won 18 games this season. This will be the last game this exceptional squad of players will play together, so come out and support the lads in Tralee on Sunday for should be a great game.



THE ATHLETIC GLENFLESK TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).



THE WEDDING GURU TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).

SNEEM CELEBRATES 11TH FAMILY FESTIVAL



SOME OF THE SNEEM DERRYNANE PLAYERS THAT TOOK PART IN THE SNEEM FAMILY FESTIVAL BLITZ.
 FRONT L:R: JIM CLIFFORD, DARRAGH O'SULLIVAN, JACK DONNELLY.
 BACK L:R: OISIN GALVIN AND EODIN DWYER.

PHOTO: LISA O'SHEA.



THE KENMARE U12 TEAM THAT DEFEATED RENARD TO WIN THE PADDY BURKE CUP IN THE SNEEM FAMILY FESTIVAL BLITZ.
 FRONT: L:R: JIMMY LEHANE, FERGAL O'SULLIVAN, LIAM PALMER, JACK DOWNING, TOM QUINLAN, PIERCE O'BRIEN.
 BACK L:R: SENAN SHEEHY, RICHARD CULLEN, CIAN O'CONNOR, GEAROID DOYLE, CIAN HANLEY, PARAIG CRONIN, TOMMY CRONIN.
 PHOTO: LISA O'SHEA.

Celebrating its 11th Year – Sneem Family Festival was once again a great success. With lots of visitors enjoying events of the five days the highlights included Crab fishing, lake fishing, puppet making, children's fancy dress,

and much more were well attended everyday. Organisers were blown away by all the acts from all over Ireland who came to compete in Sneems got talent. For the Adults, the Tractor Backing and Sheaf Tossing proved very popular

while the Auction Autism raised over €1700.00. The dates for next years Festival are 22nd/26th July 2015. Keep them in your diary.

Get your weekend off to a **bright** start with the **KILLARNEY Outlook**
 First every **FRIDAY MORNING** with the best Advertising, News, Sport & Community News

KILLARNEY GOLF CLUB - LADIES

RESULTS OF COMPETITION SUNDAY 20TH JULY, 2014, SPONSORED BY CASTLEROSSE HOTEL, SINGLE S/FORD, KILEEN COURSE.

1st Eileen Magee (28) 40 pts.
2nd Maureen Creedon (12) 39 pts.
3rd Susan Tong (16) 38 pts.
B.G. Fiona Leacey (9) 28 pts gross.
4th Sinead Galvin (28) 37 pts (BK.3).
5th Eileen Tarrant (29) 37 bk 9.
6th Veronica O'Connor (34) 37 pts.
C.S.S. 37 pts.
Next Competition Sunday next 27th July, singles strokes, Mahony's point, Maureen O'Shea Memorial Trophy. Killarney lost to Ross in Kenmare in the Jnr Foursomes on Saturday. Catriona Griffin won the Connaught Girls. Valerie Clancy was 3rd. Valerie also won the Connaught Girls under 15. Catriona won the Munster Girls U. 18 in Castletroy. Mairead Martin was away with the Irish Under 18 Girls European Championships in Slovenia and she played extremely well.

RING OF KERRY GOLF CLUB

RESULTS: Captains Prize Day Singles Stableford GOTY. Main Event Winner: Eoin Aherne (10) 45pts

CATEGORY 1

1st: Joe O'Neill (4) 41pts.
2nd: Toby Steadman (6) 39pts.

CATEGORY 2

1st: Dermot Murphy (14) 43pts.
2nd: Mike Harper (14) 39pts.

CATEGORY 3

1st: Chris Harrington (25) 32pts.
2nd: Noel Woods (28) 31pts.

LADY CAPTAINS DAY

1st: Clare Green (29) 34pts.
2nd: Margaret Hanley (33) 33pts.
3rd: Kim Kennedy (17) 32pts.
Nearest Pin: Mike Harper.
Longest Drive: Tommy O'Driscoll.
Front 9 - David Kerins.
Back 9 - Tommy O'Driscoll.

TUESDAY 15TH OPEN SINGLES

1st: Mike Harper (14) 38pts ocb.
2nd: Ciam Long (9) 38pts.

SUNDAY 2-PERSON SCRAMBLE

1st: Tomas MacGearailt (8) & Noel Riney (20) 65.4pts. Win only.

UP COMING EVENTS

Saturday 26th - Fund Raising Classic for the Irish Cancer Society - Pink Ribbon Day - 3-Person OPEN Scramble. €90 per team (€30pp). Receive a FREE Pink Ribbon Polo T-Shirt for entering that must be worn on the day. Lets turn the course pink! Evening music with raffle - Putting & chipping competition also.
Sunday 27th - Members Singles stableford
Tuesday 29th - Singles Stableford Open event - Only €15 for visitors.
Please book in by calling 064 66 42000

CASTLEROSSE GOLF CLUB.

RESULTS: Competition played on Sunday 21st July, 18 hole Strokeplay, winner, Peter McGrath (23) net 61. Runner up, Michael Leahy (19) net 63. Overall 3rd place Jason O' Mahony (18) net 70.

RESULTS: Scramble played on Thursday 3rd July, 3 person scramble, winners Mick Clifford, Daniel Shine & Kieran McConnell.

FIXTURES: Scramble each Thursday evening at 6.15pm, meet at 6pm in Club House, open to ladies and gents, guests welcome. Come and enjoy 9 holes of golf at very reasonable cost. Next weekend 18 hole Stableford, play Friday, Saturday or Sunday. Register on sheet at Castlerosse.

KENMARE GOLF CLUB

CAPTS PRIZE TO THE LADIES:

1st Maura Murphy [28] 66 nett.
2nd Angela Brosnan [27] 66.
3rd Caroline Crowley [25] 68.
Best Gross: Margaret Hanley [18] 90 nett.

MEN: 1st Rory O'Sullivan [5] 41pts.

2nd James O'Donoghue [10] 40pts.

3rd Bertie McSwiney [21] 40pts.

FIXTURE: Brosnan Memorial Scramble - 3 Person Team - Arrange.

KILLORGLIN GOLF CLUBS

WEEKEND RESULTS

1st Gerry Fleming (9) 44 pts.
2nd John McCarthy (5) 41 pts.
3rd Padraig Dolan (20) 41 pts.
Gross: Mike J O'Sullivan (11) 80 Gross.
4th Mike Kennedy (16) 41 pts.
Senior: William O'Shea (17) 40.

ST. FINANS LADIES GOLF SOCIETY

By Mary Conway

Friday 18th July, a successful outing, sponsored by Sean Murphy was held in Kanturk G.C. Under exceptional weather, course conditions, and also hospitality.

1st Eileen Devane H/C28 with 35pts.
2nd Mary Conway H/C33 with 32pts.
3rd Patricia Lynch H/C21 with 31pts.
Fr 9. Eileen O'Reilly (Lady Captain) H/C28 with 19pts.

Bk 9. Eileen Mc Gee. H/C30 with 15pts.

Next Outing Lady Captain Eileen O'Reillys Prize Day is on 8th August in Killorglin G.C. Tee time 9.30am.

We send our heartfelt commiserations to Ger Lenihan, daughter Erin, and son Jack, on the untimely death of Agnes recently. May she rest in peace.

KILLARNEY GOLF CLUB MEN'S

SINGLES V PAR MAHONY'S POINT, 20/7/14

1st Stephen Broderick (18) 6 Up.

2nd Michael Coleman (20) 5 Up.

3rd David O'Donoghue (5) 5 Up.

4th Colum Fraser (7) 5 Up.

5th Brendan O'Toole (3) 5Up.

CAT 1 (0-6) Paul Murphy (5) 4Up.

CAT 2 (7-11) Conor Houlihan (8) 4 Up.

CAT 3 (12-17) Rory F O'Sullivan(16) 3Up.

CAT 4 (18+) Stephen O'Brien (18) 4 Up.

CSS plus 1.

OPEN DAY: The next Open day is on 30th July on Killeen. Visitor Entry Fee: €40, Member Entry Fee: €10. Format: Singles Stableford.

PARKNASILLA GOLF CLUB

RESULTS: ADULT/CHILD COMPETITION SNEEM FAMILY FESTIVAL, 12 HOLES:

1st Ger and Cian O'Mahoney 41.5 nett.

2nd Keith and Aoife Glennon 43.5 nett.

LADIES: SAT STABLEFORD:

1st Mary Moynihan (28) 44 pts, 2nd Therese O'Leary: (28) 41 pts, 3rd Cass Fitzpatrick (32) 37 pts. **MEN:** Medal 1st Eamon Egan (21) 68 nett, 2nd Brian Jones (19) 73 nett, 3rd Anders Falk (6) 74 nett and lowest Gross Score.

FIXTURES: Saturday July 26th OPEN DAY PARKNASILLA, 18 holes stableford. July 26th until August 1st Conquer Cancer, 12 holes stableford, open ladies and men.

August 2nd: Mrs Teresa Walsh's Lady Vice Captains Prize, 18 holes stableford.

Phone 064 6645195.

ROSS GOLF CLUB

LADIES RESULTS: Sunday July 20th club sponsored 18 hole competition 1st Lisa Kerfoot (18) 34pts, 2nd Ailish Mulcahy (6) 31pts.

UPCOMING COMPETITIONS: Sunday July 27th is Lady Captain Mary Cronin day which will begin with an 18 hole singles competition which is kindly sponsored by Lady Captain Mary and The Bricin. Entry sheet in the locker room. There will be a shotgun start at 11am followed by refreshment in the club house. Later in the evening at 8pm Lady Captain Mary will celebrate with a barbeque followed by presentation of prizes, music, entertainment and fun in the club house. The ladies club wishes Lady Captain Mary an enjoyable and successful day.

CONGRATULATIONS: A big congratulations to our Junior Foursomes team who competed against Killarney in Kenmare on Saturday morning July 19th. The ladies were successful in that match which saw them through to the next round in the afternoon. However mother nature had the upper hand with tremendous rain pouring from the skys flooding the fairways and greens delaying play for a while. As soon as it subsided it was time to take to the tee boxes once again and the Ross Ladies' opposition this time was Dooks. Once again Ross came out on top. Well done ladies. Their next match will be the Munster quarter final in Thurles on Sunday August 10th this time against the Kenmare club.

ROSS GOLF CLUB

GENTS RESULTS: On July 13th we held a two man scramble and the following were the winners;

1. Ian Millis & Joe Scanlan 48 pts.
2. Mark Coffey & Sean O'Connor 48 pts.
3. Nicky Howe & Denis Nash 47 pts.
On July 20th we held our Lady Captain, Mary Cronin's Prize to the Gents Club.
This was very well supported with a large field of golfers hoping to win. The following lead the way:-

1. Sean Moynihan (10) 43 pts.
2. Michael J Casey (21) 41pts.
3. Mark Coffey (18) 40 pts.
4. Jimmy Smyth (13) 40 pts.

Sunday July 27th, Lady Captain, Mary Cronin will hold her Captain's Day and we wish her the very best of luck for a great day.

CLUB FOURBALL MATCHPLAY: This competition is presently being organised and will be sponsored by Sean Taaffe. The entry sheet is now available so the first 16 names will be accepted and will be the participants.

CONGRATULATIONS: To Killarney Race Company on their very successful July Racing Festival.

KILLORGLIN GOLF CLUB

LADIES RESULTS: 18 HOLE SINGLES STROKE SPONSORED BY BILLY DODD:

1. Eibhlin McCarthy (11) 68 nett.
2. Colette Burghoff (32) 69 nett.
3. Eleanor McCarthy (26) 70 nett.

12 HOLE RE-ENTRY: 12 Hole re-entry Stableford sponsored by Honary Secretary Eileen Bell in aid of St Josephs Home and Palliative Care Killorglin:

1. Emma Daly (22) 28 pts.
2. Phil Anne Foley (36) 27 pts (B6).
3. Mary Conway (33) 27 pts.

SILVER SWANS: 1. Colette Burghoff (32) 26 pts.
2. Christina O'Sullivan (27) 24 pts.

FIXTURE: LADY CAPTAIN'S PRIZE: Lady Captain Maura O'Boyle's Prize Day is this Saturday 26th July. Men's 9 Hole Invitation can be played before 10am and after 3.30pm. Wishing Captain Maura a great day on Saturday for her Lady Captain's Prize.

PUCK FAIR SINGLES: The Puck Fair re-entry 12 Hole Singles Stableford sponsored by Peter Keane SuperValu continues until further notice. Open to Green Fees. Further Information on Notice Board.

BEAUFORT GOLF CLUB

MEN'S RESULTS: 20th July – Captain's Prize – 4th Round GOTY – Stroke (White Tees) – Sponsored by Captain Gearoid Keating, Tralee Credit Union & Top Part Motor Factors. (longest Drive sponsored by Carson's Daybreak, Beaufort) (On course ice cream sponsored by Gaelic Gelato).

- 1st James Jones (11) 66 Nett.
 - 2nd Gabhain O'Loughlin (13) 66 Nett.
 - 3rd Derek Lyttle (21) 68 Nett.
 - 4th Billy Moynihan (15) 68 Nett.
 - 5th Robin Suter (9) 72 Nett.
- Past Captain: Eamonn Reidy (19) 79 Nett.
Best Gross: Joe Barrett (8) 81.
Back 9: Shane O'Sullivan (7).
Front 9: John Looney (12).
Nearest Pin: Fred Kennedy.



PICTURED AT BEAUFORT GOLF CLUB FOR CAPTAINS DAY WERE L-R NOLEEN MACKESSY (3RD PRIZE), MARGARET GUERIN (2ND PRIZE), IRENE MCCARTHY (LADY CAPTAIN), TERESA CLIFFORD (1ST PRIZE), OLIVE SHEEHY (FRONT 9) & JOAN O'SULLIVAN (BACK 9).
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Longest Drive: John Looney.

Visitor: 1st Matt Templeman (5) 70 Nett.

2nd Tom Barry (10) 72 Nett.

18TH JULY – OPEN FRIDAY – SPONSORED BY CLIFFORD GROUND CARE

Winner: Mathew Templeman (5) 39 pts.

FIXTURES: 26th/27th July – Captains Charity Rumble (Team of 3) – Yellow Tees – Sponsored by John O'Callaghan.

Club Scramble continues Wednesday 23rd July at 6.30pm.

Open Fridays (Single Stableford for Ladies & Gents) continues Friday 25th July.

BEAUFORT GOLF CLUB

LADIES BRANCH

RESULTS: Sunday 20th July – Lady Captain Day – 18 hole Stroke Competition – Sponsored by Lady Captain Irene McCarthy
1st Teresa Clifford (31) 72 Nett.

2nd Margaret Guerin (26) 75 Nett.

3rd Noleen Mackessy (26) 75 Nett.

Back 9: Joan O'Sullivan (23).

Front 9: Olive Sheehy (29).

16TH JULY 2014 – CLUB SCRAMBLE:

Winners: Vinginyus (24), Lenny Morris (10), Josie O'Shea (33) - 26 3/7th.

FIXTURES: 26th/27th July – Captains Charity Rumble (Team of 3) – Sponsor John O'Callaghan.

DEERPARK PITCH & PUTT NOTES

RICKY KELLY MEMORIAL: A big thank you to everyone who took part in the competition over the course of last weekend along with our sponsors the Tatler Jack Bar for their continued support of the event. The winning team contained one of the winners from last year's winning side, Paddy Murphy, but he had two new partners this year in the form of Eileen Switzer and Dan Joe Aherne as they were sponsored by Corkery's Bar. Second was the Murphy's Bar sponsored team of Betty, Jason and Melissa O'Brien with Damien and James

Fleming along with Seanie Culloty winning the Gross prize. The Mixed prize went to the team of Chris and Padraig Collins along with Breda Duggan while the Non-Members prize was won by the J Mac Solutions team of Stephen O'Neill, Jim Morris and James Hurley. We wish to thank everyone who assisted with Monday night Barbeque in whatever way, Musgrave Foods for their sponsorship of the food as well as those who sponsored kegs for the bar. We also thank Donal Shine, Jackie O'Mahony and Frank Culloty for keeping everyone entertained on the night along with Trad Group Meitheal. We hope to be in a position to confirm the amount that will be donated to Cystic Fibrosis in due course.

CASTLEISLAND SCRATCH CUPS: Well done to James Fleming on winning the inaugural Junior Gents Scratch Cup in Castleisland last Sunday while Creagh Courtney was runner-up in the Intermediate competition.

MAJESTIC JUVENILE SCRATCH CUP: Stephen McCarthy was the winner of the U-16 prize at the competition in Mallow last Saturday afternoon.

CLUB FOURBALL MATCHPLAY: Last Friday night saw this competition come to a close with the team of St John Kelliher and John Murphy victorious over the combination of Ger Casey and Mike O'Connor in the Final.

WEDNESDAY COMPETITION: John Looney, John Kelly and Adam O'Sullivan were the winners of last week's competition. Please note that next Wednesday night's competition will be the last at 7.30pm as we will be reverting to 7pm for Wednesday competitions during the month of August.

NATIONAL GENTS STROKEPLAY: We wish our six competitors heading to Stackallen in Co Meath this weekend both the best of luck and a safe journey. They are as follows: James Fleming and David Harnett (Junior), Creagh Courtney and St John Kelliher (Intermediate) and Damien Fleming and Conor McCarthy (Senior).

DEEPEST SYMPATHIES: To Mike Sheehan on the death of his sister in the past week.



IFA PUTS FORWARD TAXATION MEASURES TO COUNTER INCOME VOLATILITY AND SPEED UP FARM TRANSFER

Addressing the Oireachtas Committee on Agriculture on Thursday last (July 17th) IFA President Eddie Downey set out the Association's agri-taxation submission, which identifies a number of new and innovative taxation measures. If implemented, they would tackle two of the major challenges facing Irish agriculture: income volatility and barriers to lifetime farm transfers.

"The agri-taxation review provides an opportunity to ensure the taxation system delivers coherent support for achieving the goals in 'Food Harvest 2020'. We can clearly see the impact of volatility in the tillage sector, for example, which, in 2013, experienced a fall in incomes of 20% (to less than €30,000) due to a price collapse, despite improved yields. Prices in this sector have continued to fall through 2014," said Eddie Downey.

The proposals to manage income volatility and encourage lifetime transfer

- * An income-smoothing mechanism that would operate within the income tax system, in addition to income averaging. This would allow a farmer place on deposit a portion of their pre-tax income, in a designated commercial farming account ('Tax

Deposit Account'). This could then be drawn down by the farmer and used for the running of his business when required, and would be taxable in the year it was drawn down.

- * A 'Phased Transfer Partnership' (PTP). This is a progression model in which there would a defined, phased transfer of the family farm over a set time period. It would require an agreed transfer contract where both parent and child would work together in partnership over the period of the phased and progressive transfer of assets. As an incentive to the farm holder to enter into the contract they would receive tax relief on a portion of their farm income, up to an agreed ceiling. In addition to these innovative measures, IFA has submitted a comprehensive set of proposals, covering all aspects of farming business.

In respect of income tax, IFA has proposed

- * The introduction of an optional system of increased Capital Allowances. This would provide Capital Allowances of up to 50% over the first two years.

- * Extending the 100% Young Trained Farmers' Stock Relief to all farmers, for a period of 4 years, up to 2020;

- * Extension of income averaging to farm profit: where the farmer or spouse has an additional source of self-employed income; and

- * Introduction of an Earned Income Tax Credit to remove the discrimination in the income tax system between employees and the self-employed.

In the areas of Farm Transfer, Succession and Land Mobility, IFA has proposed

- * Retention and index-linking of the Capital Acquisitions Tax tax-free exemption thresholds and retention of 90% Agricultural Relief.

- * Improvement in the uptake of the land leasing tax exemption scheme through recognition of incorporated farm businesses as qualifying lessees and removal of the 40 year age limit for qualifying lessors.

- * Reintroduction of indexation for Capital Gain: Tax and retention of CGT retirement relief.

To encourage greater numbers of Farm Partnerships there must be an extension of existing tax relief: for Milk Production Partnerships to all registered farm partnerships and reintroduction of CGT relief in the event of a farm partnership dissolution.

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KERRY DAIRY FARM NOMINATED FOR NATIONAL COMPETITION

A dairy farm from Kerry has been nominated for the 2014 National Dairy Council & Kerrygold Quality Milk Awards. The competition, which sets out to identify and reward our top dairy farmers, has been described as the 'Sam Maguire of Farming'. Aidan Dineen from CleandriesinCauseway, representing Kerry Agribusiness, is nominated for the 2014 NDC & Kerrygold Quality Milk Awards. The organisers explain that the nominated dairy farms can already be considered the 'cream of the crop'. Many of the dairy co-ops who nominate dairy farmers for this competition do so on the basis of selecting their top farmers each year, often from a supplier base of literally hundreds of farmers. Therefore securing a nomination for this award is, in its own right, a recognition of top quality farming by the nominating co-op. All of the farmers nominated for this national award are role models in their own right. Detailed technical forms related to each nominated

farm are currently in the hands of the expert national judging panel – Professor Patrick Wall, (Associate Professor of Public Health at UCD), Dr David Gleeson (Milk Quality Research, Teagasc) and Dr. Jack Kennedy (Dairy Editor, Irish Farmers Journal). The judges will select a short-list of national finalists whose farms will be visited by the national judging panel for an inspection. The judging panel will combine the technical data with the inspection of the farm in order to select the overall national winner.

It is expected that the national results and the identity of our top dairy farmer will be announced in mid October. The overall winning dairy farmer will receive a prize of €5,000 and the NDC & Kerrygold Quality Milk Awards perpetual trophy. It is also at the discretion of the judges each year to select whether category prizes will be awarded – for instance in areas such as sustainability, animal welfare or care of the environment.



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"WITHOUT AUTUMN TRADE, THE FUTURE OF SUCKLER FARMING IN THE REPUBLIC IS UNDER SERIOUS THREAT" -ICOS

At a meeting with Minister Coveney this week, an ICOS delegation of mart managers and chairmen led by Michael Spellman, chairman of the ICOS Marts Committee, emphasised to the Minister the urgency of finding practical solutions to unjustified obstructions being imposed on the traditional trade between Northern Ireland customers and livestock marts across the Republic of Ireland.

There is an effective ban by Irish owned meat plants in Northern Ireland on killing live cattle from the Republic of Ireland. Irish (ROI) controlled meat factories in Northern Ireland either will not slaughter an animal, or they will impose a £150 fine per animal, if any farmer presents an animal for slaughter that was born in the Republic of Ireland.

"The maintenance of a vigorous live trade with Northern Ireland is a vital source of additional competition for livestock which helps underpin the autumn trade in marts," said Michael Spellman.

"Farmers in Northern Ireland who bought cattle from the south last Autumn are facing a major financial hit as they now go to sell these animals into the factories. It is a case of 'once bitten, twice shy' and unless the irrational and unwarranted €150 fine is removed by the factories, Northern Ireland farmers won't buy cattle from the south again this year.

"The immediate priority is the restoration of the traditional Autumn trade. Without this trade it is not an exaggeration to state that the future of suckling enterprises



MICHAEL SPELLMAN, CHAIRMAN OF THE ICOS MARTS COMMITTEE.

in the Republic is under serious threat," he stated.

Michael Spellman said that the marts delegation had emphasised to the Minister the importance of immediately engaging with his counterpart in Northern Ireland, Minister Michelle O'Neill with a view to removing the obstructions to this trade.

ICOS (the Irish Co-operative Organisation Society) represents co-operatives and organisations in Ireland – including the Irish dairy processing co-operatives and livestock marts – whose associated businesses have a combined turnover in the region of €14 billion, with some 150,000 individual members, employing 12,000 people in Ireland, and a further 24,000 people overseas. Outside of ICOS member co-ops, it is estimated that over 3 million Irish people are members of at least one co-operative.

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KERRY FOOD PRODUCER DIRECTORY LAUNCHED

A new Kerry Food Producer Book called 'The Kerry Food Story' was launched at the Institute of Technology, Tralee, by TJ O'Connor, Head of Section, Hotel, Culinary and Tourism Department and Tomás Hayes, Head of Local Enterprise, Kerry County Council. The 68-page book and directory which will be given out free of charge contains a listing of over 150 local Kerry food and drink producers and includes specially-created recipes by eight of the top chefs in Kerry using local produce. All of the chefs have studied at the IT Tralee. The aim of the book is to remind chefs, distributors, hotels, restaurants, retailers and local customers of the wealth of home-grown and home-produced produce that Kerry has

to offer and to give them a direct way of sourcing it. The book also includes a list of cookery schools, information on farmers' markets and festivals where you can buy produce and useful Kerry websites to find out everything about local food and drink in the region. And of course, the book includes an extensive listing of producers who are geared up to sell local food and drink products to both businesses and consumers. The Directory included in the Kerry Food Story book has details of over 150 producers in the areas of confectionery/baking, gluten-free baking, vegetables, honey, seafood and fish, meat products, dairy produce, organic produce, retail, drinks and vegetarian food.

IFA & FNSEA HOLD DISCUSSIONS ON FARMING ISSUES

Following a bi-lateral meeting with the President of the French farmers' union Xavier Beulin, IFA President Eddie Downey welcomed the strong support from FNSEA for issues of concern to Irish farmers.

Eddie Downey said the FNSEA is very supportive of IFA's position on trade deals and is opposed to any outcome that would damage family farming in Europe. "President Beulin agreed with us that we have to be very vigilant on TTIP and Mercosur. European negotiators cannot be allowed to bargain away agriculture and will have to insist on quantities, equivalence of standards and end-use control to ensure our key European markets are not undermined." The two Presidents discussed the mid-term review of CAP and stressed the importance of re-focusing the policy.

"We both committed to working closely with the next EU Commissioner for Agriculture to ensure there is priority for active, productive farmers. Further research and development of the sector will also have to feature." Retailer regulation at EU level also featured in the bi-lateral, with Eddie Downey assuring the FNSEA that he would continue to press for robust legislation in his role as Chairman of the COPA Food Chain group. On climate change, the two farm leaders said the sustainable growth of the agricultural sector in Europe cannot be impeded by rigid limits on production. Eddie Downey and Xavier Beulin discussed a range of competitiveness issues, including input costs, EU bureaucracy and inspections, and concerns in relation to eligible land.

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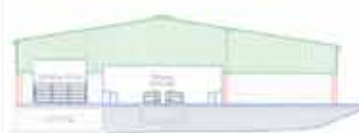
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COVER LETTER WITH CV

Is your resume polished and ready? Did you practice your interview and your elevator pitch? Of course you did. Now comes the hard part - the cover letter. Written the right way, it could get you the interview. Include any of the following job-killers, however, and you can kiss your interview good-bye.

- Simply repeating the job title and saying how you love to work with people won't cut it. Neither will a multi-page tome of every job you've ever held. A good cover letter should be between 200 to 250 words. You need to briefly and succinctly show how your experience dovetails with the specific needs of the job. Include two most recent experience details that sell your ability to do the job better than other candidates.

- Recruiters and HR managers don't have the time to sift through your hang-glider stories or your "scaling mountain peaks" adventures. Stay focused on your heroic work achievements - the more current the better. Do some due diligence and find out what the company makes and needs, and the problems it faces. Offer one solution to their most pressing problem.

- Stay away from negatives and faults. Employers may ask for your perceived weakness in a face-to-face interview, but never volunteer any weaknesses in a cover letter. Don't talk about salary, bonuses, vacation time or work hours. Don't bad mouth your present employer or any employees. And stay away from personal issues - divorces, separations, alimony, etc.

- Your cover letter is no place for bragging (and neither is the interview). Don't pad your accomplishments with superlatives. Stick to the facts. Don't embellish. Sell your ability to cheerfully handle all aspects of the job. Write as if your closest friend will be evaluating your cover letter, someone who really knows when you're trying to "snow" them. And do avoid humour. (Unless you wrote comedy for a sitcom or a standup comedian, leave out the jokes and any attempts to be funny.)

- Right Letter, Wrong Company. You'd be surprised how often this happens. In these tough times, applicants are sending CV's and cover letters to multiple employers. And

sometimes cover letter A gets stuffed into envelope B. Check every cover letter you send out and make sure it's to the right prospective employer.

NEW ANIMAL RIGHTS AND PROTECTIONS ADDED TO UN CHARTER

The Protection of domesticated and companion animals, including stray and feral animals, from becoming a human food source. The Protection of wildlife, or species of recent wildlife origin born or brought into captivity, from being used for trade, display, for cultural purposes in temples, and for festivals where these animals are slaughtered for spectacle and for cultural aggrandizement.

The Protection of endangered species from being hunted for commerce and sport.

The Protection of animals from being the object of spectator sports wherein one or more animals are harmed.

The Right of animals not to be used in laboratory experiments.

HOW TO TREAT A BEE STING NATURALLY

First, it's important to note that if you are allergic to bee stings, a natural remedy alone is not enough. How do you know if you are allergic to bee stings? If you've been stung before and had an allergic reaction, or if you've never been stung before, the signs to look for are dramatic redness or swelling, hives, difficulty breathing and feelings of faintness or dizziness. Be sure to monitor the person who got stung for any of these signs while you're treating him. If those occur, head to the doctor's office. The first thing you have to do when you treat a bee sting is remove the stinger, if present. This can be done with the flat edge of a fingernail or other straight edge. (Tweezers or squeezing it between two fingers is not recommended, as it will squeeze the venom into the skin).

It's important to do this first because the stinger is attached to the venom-containing portion of

the bee's butt. If you don't remove the stinger, that little sac will continue pumping venom into the sting site, making it hurt even more.

Once you are sure you've removed the entire stinger, wash the site well with soap and water to prevent infection.

Then, you can try any of these natural bee sting remedies:

- Ice — Probably the most readily available tool, ice helps numb the site of the sting and reduce swelling by slowing blood flow to the area. Apply ice for at least 20 minutes.

- Garlic — Some people swear by crushing a couple of garlic cloves and putting the crushed garlic and its juices directly on the sting. Cover the site with a towel and keep it there for at least 20 minutes.

- Honey is known for its anti-inflammatory properties. Some suggest putting honey directly on the sting and wrapping the area in a towel for 20-30 minutes.

- Baking soda and water — Just mix into a paste, rub onto the sting site, wrap and leave on.

- Toothpaste - Like the baking soda, toothpaste is a base that will help neutralise the acidic bee sting. Apply, cover and leave on for — you guessed it - about 20 minutes.

With any of these remedies, it's important to wash the site thoroughly when the pain has subsided. For good measure, you can apply some antibiotic cream to prevent infection.

THIS WEEKS QUOTE

"Injustice anywhere is a threat to justice everywhere" - Martin Luther King, Jr.

ON THIS DATE – JULY 25TH

1750 - Death of Johann Sebastian Bach, German composer.

1797 - The battle of Santa Cruz; Horatio Nelson lost his right arm.

1814 - Robert Peel established the Peace Preservation Force to counter rural unrest.

1834 - Death of Samuel Taylor Coleridge, English poet.

1843 - Death of Charles Macintosh, Scottish chemist and inventor of waterproof fabrics.

1909 - First flight across the English Channel.

1959 - First use of a hovercraft to cross the English Channel.

1978 - The first test-tube baby was born, in Britain.

1984 - A Russian, Svetlana Savitskaya, became the first woman to perform a spacewalk.

1999 - A countrywide lobby was organised to persuade the Taoiseach, Bertie Ahern, to ban foxhunting in Ireland.

GOOD NEWS

A deaf teenager was saved from a potentially deadly house fire in Indianapolis, by his faithful dog, a two-year-old pit bull named "Ace."

The 13 year old boy was sleeping when a fire broke out inside the house located in Perry Pines Court. Tragedy was averted when Ace set out to wake the boy by licking his face. The boy quickly covered his nose and mouth with

his T-shirt and exited the rear of the house with his faithful canine companion at his side and then called the fire brigade. The boy's mother arrived home from work shortly after receiving a phone call from her son about the fire. The teenager, Ace and the family's cat "Pixie," all survived the blaze which caused \$175,000 in damage to the home. The fire is believed to have started in the garage - possibly from an electrical problem.

TINY ISLANDS SUCK POLLUTION OUT OF WATER

Cleaning up dirty water has been on the agenda of many scientists lately. That's no surprise - water pollution poses a health risk everywhere, especially in developing countries, where children play among sewage, workers toil in muck daily, and millions die from drinking contaminated water every year. Now Scotland-based Biomatrix Water offers one more innovative way to clean up the mess: installing islands that suck up pollution from the water they're floating in. The islands look and work like wetlands. Man-made structures hold together their vegetation; the pollutant-sucking process works naturally. Roots suspended beneath the islands promote the growth of aquatic biofilm (the green slime you find on rocks) that "cleanses the water through the breakdown, sorption, and metabolic transformation of nutrients and impurities. The islands come in different shapes and sizes and can be modified to grow local greenery. Besides increasing biofilm in the water, they also serve as fish refuges and feeding zones, creating low-maintenance ecosystems that could improve the area's biodiversity while thriving for more than 20 years. The buoyant structures are also nice to look at: They can hold trees, driftwood, and even sculpture. Partnering with conservationists and local governments, the company has already installed the pseudo-wetlands in the Philippines, India, China, and other countries.

HOMELESS IN THE U.S.

In the United States today, thousands of government buildings — roughly 77,000, according to federal estimates — are either entirely empty or underutilized across the country. Many times, the power is still running due to safety requirements, but no one's inside. To make matters worse, taxpayers are footing the bill — and maintenance isn't cheap. These buildings are costing taxpayers \$1.7 billion a year in upkeep, and no one's even using the space. In other words, a massive amount of potential housing is going to waste while more than 600,000 people sleep on the streets every night. But instead of doing anything to help the homeless it is now illegal for Homeless People to sit on the sidewalk in more than half of U.S. Cities The National Law Centre on Homelessness & Poverty has tracked laws in 187 cities since 2009 to study the spread of measures that criminalize homelessness. The

latest report, released recently, found an uptick in nearly every type of different criminalisation ordinance. These anti-homeless laws can take a number of different forms. Fort Lauderdale recently moved to make it illegal for homeless people to have possessions with them, while Honolulu is considering a law to criminalize sitting or lying down on sidewalks. Last year, Tampa passed a new law to make it illegal to sleep in public and Palo Alto adopted a measure to prohibit homeless people from sleeping in their cars, for instance. 34% percent of cities impose city-wide bans on camping in public, an increase of 60% percent since 2011.

18% percent of cities impose city-wide bans on sleeping in public, unchanged since 2011.

24% of cities impose city-wide bans on begging in public, an increase of 25% since 2011.

76% of cities prohibit begging in particular public places, an increase of 20% since 2011.

33% of cities make it illegal to loiter in public throughout an entire city, an increase of 35% since 2011. 53% of cities prohibit sitting or lying down in particular public places, a decrease of 3% since 2011. 43% of cities prohibit sleeping in vehicles, an increase of 119% percent since 2011. 9% of cities prohibit sharing food with homeless people.

Although 42% of the homeless people in Clearwater and 83% of the homeless in Santa Cruz are without access to affordable housing and emergency shelter, these towns criminalise camping in public, sitting or lying down in public, begging in public, and sleeping in vehicles. In June a federal appeals court ended a 31-year-old ban on sleeping in cars in Los Angeles. A recent study in one Florida County found that local taxpayers had spent more than \$5 million over the last decade to repeatedly jail just 37 homeless people for quality-of-life offenses. A separate study showed that, when accounting for criminalisation and hospitalisation, leaving homeless people on the streets is over three times more expensive than simply giving them a place to live. The National Law Centre on Homelessness & Poverty studied laws in 187 cities and its report criticised cities for violating homeless people's basic rights such as the right to freedom of speech under the First Amendment, freedom from cruel and unusual punishment under the Eighth Amendment, and the right to due process of law guaranteed by the Fourteenth Amendment.

DID YOU KNOW.....

As it turns out, you can teach an old dog new tricks ... and as a leopard goes from infant to adult, it really does change its spots. The following myths are some of the more widely believed, but in truth, they're actually more fiction than fact.

● The ostrich is the largest known bird – and one that can run up to 40 mph and has a kick powerful enough to bend steel rods — but it does not bury its head in the sand as a defense mechanism. When threatened, along with running and kicking, these creatures do try to hide, but they do so by laying flat on the

ground. That said, from a distance their tiny heads can appear to be buried when they are lifting themselves up from the ground. But is the head actually inserted into the sand? Not at all.

● While it's true that opossums have mighty tails and use them with great facility, they do not generally hang from them and they certainly don't sleep in such a position. While a baby may hang from its tail for a few seconds, adults are too heavy to do the same. And although opossums can't hang from their tails, they do have opposable "thumbs" to make up for it.

● Frogs and toads may have lumpy skin, but they can't give you warts. It's a human virus, not amphibian skin, that causes warts. But it's a good idea to avoid touching them anyway — some toads' wart-like bumps contain parotoid glands, which contain a poison that can be rather irritating ... so be careful where you kiss them.

● Since at least the 19th century we've believed that lemmings engage in cult-like suicidal behaviour and jump off cliffs en masse during migration. While it's true that during population explosions, lemmings seek out new habitat and occasionally fall off cliffs on unfamiliar turf, but group suicide? Nope. Curiously, mass plunges aren't even the strangest false fact that poor lemmings have to endure. The 16th-century geographer Zeigler of Strasbourg proposed that lemmings fell out of the sky during storms, and then suffered mass extinctions when the spring grass began to sprout.

● If an earthworm is cut in two it will not become two worms. The head end of the worm may live and regenerate its back end if it was severed behind the clitellum; but the old tail will die. However, the super fascinating planarian flatworm – a tiny freshwater worm from a different phylum than earthworms – is able to reform its entire body from slivers as teensy as 1/300th of the creatures' original body size.

● Many bats may have small eyes, and about 70% of the species augment their vision with echolocation which helps them hunt at night – but blind? No way. Merlin Tuttle, founder and president of Bat Conservation International, confirms the truth in no uncertain terms: "There are no blind bats. They see extremely well."

FINALLY THIS WEEK

We all think our job stinks from time to time, but it really does for Julio Cu Camara. He swims through sewers in Mexico City to clear blockages and repair pipes by hand. Julio has notched up 1,400 dives in 30 years – each one lasting up to six hours in 7,500 miles of tunnels. He has to wear a 6.4 stone helmet and suit to protect him from the human, chemical and animal waste – and its stench.

Julio has found horses, pigs, guns and everything from "cigarette butts to car parts, furniture and fridges. But of one thing he is certain: "The worst thing of all to find is a human."

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and late of Banteer.**

Who died on the 28th of July 2011.

A sudden call from God on high,
You had no chance to say
goodbye,
Without farewell you fell asleep,
But memories of you we will
always keep,
And those who loved you dearly,
Are the ones who won't forget.

**Loved and sadly missed by your
wife Sheila, daughters Majella
and Antoinette, son-in-law
Gary and Grandson Daniel x.**

BIRTHDAY REMEMBRANCE



Loving memories of

**DECLAN
HEALY**

Rockfield, Faha, Killarney.

Whose birthday occurs on 25th July.

*Today is full of memories,
Happiness and tears,
Of birthday celebrations we
shared throughout the years,
We feel that you are with us,
In everything we do,
So we'll celebrate your birthday,
But we'll spend it missing you.
Someday, please God, we will find you,
till then goodnight and God Bless.*

**Always loved, never forgotten,
by your loving wife Mary, daughter
Gemma, son in law Savio and adored
granddaughter Izzy.**

DEBT REMOVAL PRAYER

Lord, I confess I've made mistakes, I
have accumulated too much debt,
and now I cannot imagine
overcoming it without your help.
Please Lord, I beg of you to intercede
on my behalf. Provide me with the
financial means to be able to
breathe again. Please forgive my sins Lord.
Walk with me and help me to make the
right decisions throughout my life.
In your name I pray. Amen.
You must say 3 Our Fathers for 7
Days. Must promise publication.
Never Know to fail.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).
Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.
Then in his merciful eyes it will become your
favour not mine.
Amen.
Say this prayer for three days.
Publication of prayer and favour will be
granted.

MIRACULOUS INVOCATION TO ST. THERESA, THE LITTLE FLOWER

Oh glorious St. Theresa, whom Almighty God has
raised up to aid and counsel mankind. I implore
your miraculous intercession. So powerful are
you in obtaining every need of body and soul
our Holy Mother Church proclaims you a "prodigy
of miracles the greatest Saint of modern times".
Now I fervently beseech you to answer my
petition (mention here) and to carry out your
promises of "spending Heaven doing upon
earth... of letting fall from Heaven a shower of
Roses". Henceforth dear little flower, I will fulfill
your plea "to be made known everywhere" and I
will never cease to lead others to Jesus through
you. Amen. Say the above for 9 days and you will
receive a flower or a Rose, in some form during
or after 9 days as an indication that your request
will be granted.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace you can find a way,
where there is no way. Please hear my prayer
and grant me my request.
(Say 6 times daily and your request will be
granted). **M.M.**

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.

x

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NOVENA TO THE SACRED HEART

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Then in his merciful eyes it will become your
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Amen.
Say this prayer for three days.
Publication of prayer and favour will be
granted.

NOVENA TO THE SACRED HEART

You have said O'Divine
Jesus ask and you shall receive, seek and you
shall find, knock and the door shall be opened
to you. Relying on these promises I come with
confidence during the novena to beg of you
the favours that I need (make request). From
whom shall I ask, Lord Jesus, if not from you
whose heart is an unfailing source of graces and
merits. Most loving heart of my God I believe
in your power, I believe in your knowledge, I believe
in your personal love for me and therefore O
Sacred Heart of Jesus I place all my trust in you.
Our Father, Hail Mary and Glory. Say 3 times for 3
days and request will be granted, Never know to
fail. Must publish. **S.P**

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful
Vine, Splendour of Heaven, Blessed Mother Son
of God, Immaculate Virgin, assist me in this my
necessity. O Star of the Sea, help me and show me
herein you are my Mother. O Holy Mary, Mother of
God, Queen of Heaven and Earth, I humbly beseech
you from the bottom of my heart to succour me in
this necessity. (make request). There are none, that
can withstand your power. O show me herein you
are my mother. Oh Mary conceived without sin,
pray for us who have recourse to thee (3 times).
Holy Mary, I place this cause in your hands, three
times. Thank you for your mercy to me and mine.
This prayer must be said for three days and after
that the request will be granted and the prayer
must be published immediately.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2
impossible, Say 9 Hail Mary's for 9 days with
a lighted candle, and finish with "May the
Sacred Heart of Jesus be praised, adored,
glorified and loved today and ever day
throughout the world forever. Amen".
Pray, whether you believe or not.
Publish on the 9th day.
Your request will be granted no matter how
difficult it may seem.
Favour often granted on the third day.

PRAYER FOR MOTHERS IN DISTRESS

Our Lady of Guadalupe
wrap your mantle around
the woman most in
distress at this moment.
St. John the Baptist hold
them by the hand and
lead to all the alters of the
world where the Precious Blood
of Jesus is shed.

One Glory Be to the Father.
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