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"Out First Every Friday"

KILLARNEY Outlook

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Members of The Congregation of the Sisters of Mercy, at the official opening of Bóthar Na Carraige/Rock Road Bus and Car Park, Killarney, on Wednesday, at the site of the old Mercy Laundry and the entrance to Killarney Nursing Home. Killarney. From left, Sr.Clare O'Reilly, Sr. Mary Leen, Sr. Norranne Lombard, Sr. Miriam Kerrisk, Provincial Leader, Sr. Nora Flynn and Sr.Rose O'Donoghue.PHOTO:VALERIE O'SULLIVAN



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EDITOR'S NOTE



his year's Lily of Killarney takes place tonight at the Gleneagle Hotel when 31 local girls will vie for the coveted title held by Carmel O'Leary. The town welcomed another 190

car park space with the opening

of the new car park on Rock Road. It's awards time at many of our local schools, the town is set to honour our humanitarian heroes and First Holy Communion season is in full swing. The Sanctuary Runners are coming to town, Jordan Lee has a new role and the county's beaches have retained their14 blue flags.

There is lots for you to enjoy in this week's Killarney Outlook so sit back, relax and enjoy!



IF YOU HAVE A STORY ... Contact Aisling on: 086 0400 958

A GOOD DAY FOR KILLARNEY AS NEW CAR PARK OPENS

he new bus and car park on Rock Road in Killarney was officially opened this week by the Cathaoirleach of the Killarney Municipal District John Sheahan and the news has been welcomed by the Chamber of Tourism and Commerce.

"This has been a project which my elected colleagues in the Municipal District have long campaigned for and we are delighted to see it coming to fruition today" Cllr. Sheahan told the gathering. "As elected members, we have been acutely conscious of the need for additional car and bus parking facilities in Killarney and I am pleased that this new facility will provide 190 additional spaces for vehicles", he added.

"I am pleased also that we have a new access route along by the convent towards the centre of town for both pedestrians and cyclists. This is a safe route for those using the car park to get to and from their vehicles.

"This facility would not have come about, of course, but for the generosity of the Mercy Sisters who kindly donated some of their property to facilitate the construction of the car park. Tremendous credit goes to the Mercy Order for their generosity of spirit and for facilitating Kerry County Council in this way", he added.

Also speaking at the opening, Municipal District Manager, Angela McAllen said as a local authority, Kerry County Council sometimes relies on the generosity of landowners who see the greater good in providing land for developments such as



Unveiling the plaque was Cathaoirleach Killarney Municipal District Cllr John Sheahan, with Chief Executive Kerry County Council, Moira Murrell, Sr. Miriam Kerrisk, Provincial Leader, Congregation of Sisters of Mercy, Angela McAllen, Manager, Killarney Muncipal District, Eileen O'Donoghue, Killarney Municipal District Officer, David Doyle, Senior Engineer, Kerry County Council, Noel O'Leary, Killarney Municipal District, Cllr. Brendan Cronin, Cllr. Niall Kelleher, Cllr. Donal Grady, Cllr. Michael Gleeson, Clir. John Joe Culloty, Fr Gerard Godley, Sr. Rose O'Donoghue, Sr Clare O'Reilly, Sr.Noranne Lombard, Sr Mary Leen, Sr Nora Flynn, Richard Smit, Killarney Municipal District, Traffic Warden, John Aherne, Killarney Municipal District.PHOTO:VALERIE O'SULLIVAN

this and we are deeply grateful to the Sisters for accommodating us in this way. "I understand that the convent has been here since 1857 and it must have been a big decision for the Sisters to forfeit part of their front garden to accommodate this facility so that is very much appreciated." she said

"I would also like to thank the management of the John Paull II Pastoral Centre for working with us in a cooperative spirit and in facilitating the access from the car park to the top of High Street", she added. The car park has 190 vehicular spaces to be used by locals and visitors alike.



6 Year students at St Brendans Colleae make a cheaue presentation to the Irish Cancer Society Kerry for €1085 resulting their 'Cheltnam at The Sem" & "Movember" fundraisers during the year. PICTURE: MARIE CARROLL-O'SULLÍVAN

Following a number of fundraisers in the school throughout the year, kind hearted students at St. Brendan's College this week presented a cheque for €1805 to Timmy Moriarty and Kathrina Breen representatives of the Killarney/South Kerry branch of the Irish Cancer Society. The boys raised the money at their Movember and Cheltenham events. "The school is very proud of these boys", Sean Coffey told the Killarney Outlook, "they choose two charities which are very deserving and presented the funds raised to both this week", he added. The boys also donated €500 to the Killarney branch of Multiple Sclerosis.



Park Road, The Countess Shopping Centre, Killarney Tel: 064 66 31814

KILLARNEY TO HONOUR PAST & CURRENT HUMANITARIAN HEROES

75 years ago, on June 4th 1944 when Rome was liberated from Nazi occupation, one of Killarney's greatest humanitarian heroes, Monsignor Hugh O'Flaherty returned almost 4000 Allied prisoner of war escapees safely to their commands. Through his "Rome Escape Line", he and his brave associates like Henrietta Chevalier and Major Sam Derry are credited with saving the lives of over 6000 people – including some 2000 civilians including Jews, Anti-Fascists and others who were being hunted by Mussolini's Fascist Police and subsequently by the Gestapo.

For the past 61 years, many thousands of men and women of the Irish Defence Forces have selflessly served the cause of world peace on UN Peacekeeping Missions, - sadly 86 of these humanitarians made the ultimate sacrifice while on UN Peacekeeping service.

On June 4th in a very special Ceremony in St Mary's Church of Ireland in Killarney, we will be commemorating and celebrating these incredible "Humanitarian Heroes" when the 2019 Hugh O'Flaherty Humanitarian Award will be presented to Irish UN Peacekeepers. Accepting the Award will be Minister for Defence Paul Kehoe and Deputy Chief of Staff Major General Kieran Brennan accompanied by a member of the Defence Forces. Also, in the accepting



A - US Lt. Gen John C.H. Lee Presents US Medal of Freedom to Msgr O'Flaherty(O'Flaherty Family)

party will be representatives of Irish UN Veterans including Jim Casey, Chairman of IUNVA, the Irish UN Veterans Association.

In a "Free Admission" Programme, the Celebration will commence at 5.15.p.m. when the Gleneagle Concert Band will perform a programme of military and other music relevant to the story. This 45 minute "open-air" performance will take place on the grounds of the Church across from the Town Hall.

At 6.00.p.m. inside the Church, Donal Courtney will perform his critically acclaimed one-man play "God Has No Country", - telling the true dramatic story of Hugh O'Flaherty in wartime Rome. Immediately after, at 7.00.p.m. the Award Ceremony will commence and should conclude before 8.00.p.m.

Chairman of the Hugh O'Flaherty Memorial Society Jerry O'Grady said, "For the past couple of years, a special Bursary for the Award Recipient has been generously presented by the Killarney Parish Schools. Because we moved the 2019 Award Ceremony forward to June 4th and, as this date falls within the same school year as the 2018 Award in November, it was felt that it would not be fair to ask the Schools to contribute twice in the same year. I am however glad to confirm that the Trustees of Muckross House have stepped forward and will be providing the 2019 Bursary to Irish UN Veterans Association".

Jerry O'Grady added, "The Society wanted to mark this 75th Rome Liberation Anniversary and our Irish UN Heroes in a very special way and thanks to Donal Courtney, the centrepiece will be a "free public" performance of his wonderful play, setting the scene for the Award Ceremony. Apart from reserved seating for special guests, we expect to have 120 (+/-) free seats available to the public on a "first come first service" basis and we would recommend that those interested should be at the Church well before 6.00.p.m."

Students and staff celebrate with Wellbeing Day



At a Wellbeing Day in Scoil Phobail Sliabh Luachra, Rathmore, where a Healthy Ireland Health Promoting Schools (HPS) Flag was presented by the HSE to the school were front from left, Denis Kerins (Principal), Maria Hanrahan (Deputy Principal), Eabha Dwyer, Kate McCarrick (Art teacher), Anne Culloty (HSE health promotion officer), Anne Cronin (Home Economics teacher) Jake Fleming and Catherine Kiely (PE Teacher). **PICTURE: EAMONN KEOGH**

Students at Scoil Phobail Sliabh Luachra celebrated their Healthy Ireland 'Health Promoting Schools' Flag by holoding a well being day at the school.

A combined effort by the Health Promoting Schools coordinators, staff, parents council, students and management enabled the enhancement and rejuvenation of staff and student social areas in particular the redevelopment of school football field, basketball courts, walkway, and courtyard area. Artistic displays and an outdoor mural were created by students, designed to promote positive wellbeing throughout the school. The Healthy Ireland Health Promoting Schools (HPS) Flag is presented by the HSE to schools as an acknowledgement of their work in improving the health of their school communities. The HPS supports schools to focus on health and wellbeing and involves all members of the school community. Students, staff, parents and guardians are consulted to identify priority health areas. Over a period of around 2-3 school years, schools develop an action plan to address the health areas identified. Schools are guided to address their priority area under the following evidence based categories: environment (social and physical) curriculum, policies and partnerships. Schools work at their own pace supported by the HSE Health Promotion & Improvement Dept. In each school, a HPS coordinator and HPS team lead out on the progression of health and wellbeing and this work is supported by the school principal, board of management and wider school community.

European research has shown many benefits of the HPS - whole school approach to health. Chief among these benefits are increased selfesteem, safer and cleaner school environments, lowered incidences of bullying, a positive approach to health issues, increased parent involvement and better student/teacher relationships to name a few.



KILLARNEY COMMUNITY COLLEGE HONOUR THEIR STARS



Transition Year Students, team name "Be Dementia Aware" recently returned home from Croke Park having received an award for 'Young Social Innovators Social Media" and pictured at the Killarney Community College on the annual Student Awarcds Night. Back Row L-R Caoimhe Fleming, Julia Olabode, Ares Farre, Dasha Puzanova & Ben Cussen. Front Row L-R Teacher Lorraine Crowley YSI Guide, Guest Speaker Pat O'Shea, Aoife O'Brien & School Principal Stella Louahnane. PICTURE: MARIE CARROLL-O'SULLIVAN

star-studded occasion took place : in Killarney Community College on Thursday night last for the annual Awards Night. Teachers, students, parents and distinguished guests assembled for the annual awards ceremony to honour and recognise students in the college. The awards night at Killarney Community College has now become an annual tradition in the college and it gives the whole school community an opportunity to reflect on some of the achievements of the students. Awards were presented across a range of categories: academia, technology, culture, leadership, ethos, sports and extracurricular activities amongst others. It is always a great evening and an opportunity to honour those who have excelled.

On the night, there was an array of special guests including Pat O' Shea who is a past pupil from Killarney Community College. Pat who is a Gaelic football manager from Killarney is the Coaching & Games Manager for Football in Munster and was manager of the Kerry Senior football team from 2007-2008, and won the 2007 All-Ireland Senior Football Championship with Kerry.

He gave a wonderful heartfelt speech to the assembled engaged audience and provided food for thought to the award recipients with his tips for life after school.

Colm McEvoy who is the CEO at Kerry ETB praised the college on its work ethic and complimented all involved on the high standard of work. KCC is under the governing body of Kerry Education and Training Board which is co-educational and multi-belief in ethos. On presenting the Awards, the Principal Stella Loughnane commended all award recipients and the wonderful teamwork of the teachers and staff for the awards night.

Roisin Wall was voted by the teachers as the Student of the Year as during her 5 years in the school, she has endeared herself to everyone through her commitment, pleasant disposition, work ethos and involvement with all areas of school life.

The prestigious Principal's Award went to Evan Kissane for his overall contribution to the school. Evan has lead the way by showing his commitment to his studies, demonstrating that dedication, hard work and a sense of purpose is a lifelong skill that can achieve so much.

Roisin Wall also received the Senior Sports Awards as recognition of her outstanding contribution to sport in the college and in her respective clubs. Maksims Orpus won an award in the Junior Sports category in recognition of his sporting prowess.

Esel Acun won the Senior Arts Awards, while a number of students who were part of the choir since they joined the college in 1st year received the Senior Music Award. The Design and Technology award was presented Sean O' Reilly. All students were credited for their incredible talents in these areas.

The Endeavour award went to a worthy recipient, Julie O' Callaghan and Contribution to the life of the school Award was presented to Ross McCarthy and Darja Puzanova while Chloe McCarthy and Namejs Balodis were presented with the award for Living the Ethos. Both students been constantly involved in promoting the school ethos of "Respect, Responsibility and Inclusion" throughout his years studying in the college.

Awards were presented to last year's Best Junior and Leaving Certificate Exam. Students. Laura Bentele received best Leaving Certificate, Best Junior Certificate went to Julia Olabode and Leaving Certificate Applied to Keelin McCarthy The night was a great success with entertainment being provided by various musical acts, under the direction of music teacher Ms Joanna Hughes.

There was a wonderful sense of occasion felt in Killarney Community College on this most important night for all involved.



Roisin Wall, an accomplished footballer, gym enthusiast, & gold medalist in rowing, pictured at L-R Jordan O'Connor, Principals Award Winner Evan Kissane & Ross McCarthy pictured *Killarney Community College having received the award for Senior Sports Award on Friday evening* at *Killarney Community College on Friday evening for their annual awards night. L-R Finian Wall, School Principal Stella Loughnane, Roisin Wall & Vera Wall.*



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BRAVE LOCALS TO JUMP FOR STEPHEN

is hosting a skydive fundraiser in connection with Stephen's 10th anniversary.

The foundation have enlisted a team of brave locals who are going to 'Jump for Stephen' in Co. Offaly on Saturday 15th June and raise much needed funds.

"The Stephen Lyne Foundation was set up in memory of our son Stephen, who at the age of 17 was murdered in our community." Stephen's mum Lotte told the Killarney Outlook.

"Stephen never got a chance to live his life or reach his full potential ... the sorrow and grief we as a family live every day will never go away, but I am determined not to let it destroy us or break us, I choose to channel my emotions into having a positive impact in our community, I am on a mission to raise empathy in our children and young people so that they become incapable of committing a violent act, incapable of hurting another human being", she added. "I choose to believe in the goodness of humanity and I will dedicate my life to changing the 'Heart Behind The Hand

Stephen Lyne Foundation That Holds The Knife...Gun...Bomb.. thus creating a safer world for the next generation. This will be Stephens Legacy", Lotte said.

The brave skydivers are Mike McSweeny Scotts Hotel; Mereassa Murrell Musgrave, Scotts Hotel; Aidan O'Connor Orchid Accountants; Michael Lindsay Studio 7 Fitness; Aaron Morris Studio 7 Fitness; Liadh Tobin Gaelscoil Faithleann; Graham O'Connor Gaelscoil Faithleann; Dan O'Connor St. Olivers; Susan Murhill St. Olivers; Jake O'Donoghue COS HR Services; Susan O'Donoghue Bijou Boutique and Kaye Fleming, Carragh Resturant 100% of monies raised will go towards funding 'Roots of Empathy' program in our local primary schools. We are currently in 4 schools, St. Olivers, Gaelscoil Faithleann, the Mercy and the Monastery. We hope to expand into more schools next year. To support or for more information please visit the website: https://www.stephenlynefoundation.org Or the Facebook page:

https://www.facebook.com/ stephenlynefoundation



Garda group Climb Carrauntoohil

Members of the Garda IPA (International Police Association) have joined together to raise money for various charities. This year we have created the IPA Garda Hi5 Challenge with involves between 35-40 IPA members hiking to the top of the highest peak in Ireland, Northern Ireland, Scotland, England and Wales in just 5 days between 20th May and 24th May 2019. The group were pictured at the Castlerosse Hotel on Monday last followig their climb of Carrauntoohil,

The group are collecting for 3 Main Charities, AWARE, RNLI and MOUNTAIN RESCUE IRELAND along with the IPA Laura Fund. and have a fundraising donation page set up for each Charity.





Railway Park opens in Farranfore

The Farranfore Railway Park was officially opened by the Cathaoirleach of the Killarney Municipal Area, Cllr. John Sheahan on Sunday last 19th May. The park, which is a new focal point for Farranfore, has been developed on the site around the old Railway water tower at the start of the Farranfore-Valentia line. The site has been transformed into a small pocket style park with a paved path & meeting area centred around the tower providing Farranfore with a quiet communal space and helps highlight Farranfore's rich transport heritage. The Farranfore Development Associations would like to acknowledge the support and assistance of all the individuals, businnesses and organistaions over the last seven years in making the park a reality, namely the local community and business, C.I.E, Irish Rail, Kerry County Council, North East West Kerry Development, LEADER Programme 2014-2020, Rural Social Scheme, Clann Credo, Cara Credit Union, contactor Earthworks Profiling, Project Engineer Rory McGillicuddy, Project Legal Advisor Cormac Foley & Associates.

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New Development at Barradubh Village

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Strategically located a short drive from Killarney Town Centre, this new offering is within walking distance of Kilcummin Village. Comprising of 3 bedrooms, one ensuite (1,261 ft²), these "A" rated block built homes are sure to appeal to all purchasers. Each property is built to an exceptional standard and finish throughout with high spec kitchens, energy efficient heating and hot water systems and family friendly layouts. Generous allowances provided.

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First Holy Communions



Communion girl Sophie Mc Carthy Cronin, Barraduff School, surrounded by her parents, grandparents, aunts and uncle. Photo: Lovestory.



Lucy O'Shea, Loughitane NS, pictured with her Dad Donal & Mum Deborah at the Great Southern Hotel on her communion day on Saturday. Picture Marie Carroll-O'Sullivan



Hannah O'Connell, pictured on her Communion Day at Killarney House & Gardens with her Mum Maria, Sister Annie & Dad Dermot. Picture Marie Carroll-O'Sullivan



Cillian McGillycuddy, pictured with his family on his Communion Day L-R Luke, Eileen, Cillian, Mike & Owen. Picture Marie Carroll-O'Sullivan



Pictured are Eabhla, Roisin, Danielle and Jessica. Back row from on her first Holy Communion day in Firies last Saturday. left to right are Diarmuid Coakley, Carina O Mahony and Michelle



Pupils from Shrone N.S. received their First Holy Communion Katherine O'Connor with her parents Margaret and Jerry and sister Helen Noah Goodman, Firies NS, pictured on his Communion Day at the Great Southern Hotel. Picture Marie Carroll-O'Sullivan





MONEY MATTERS..

By Dermot Cronin, Financial Advisor



WHY SHOULD YOU REVIEW YOUR PENSION?

If you have a pension it is very important that that you review your pension regularly. You may or may not be contributing to your pension anymore and your pension may have been from a previous employer but it still needs to be reviewed. You need to know what kind of pension you have, what funds your pension is invested in and when can you access your pension. Your pension could be invested in very high risk funds which means that the value of your pension could substantially decrease or substantially increase over a very short period of time. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension you will not know if your pension is increasing or decreasing in value or if your pension is on track to get you the income you need at retirement. So whether you are currently contributing to a pension, have a pension that you paid into in the past or had a pension from previous employment it is very important that your pension is reviewed by a pension advisor regularly.

To discuss this or any other financial matter you can contact Dermot Cronin QFA at 0646622775 or dermot croninifa@gmail.com

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The Sanctuary Runners and Run Killarney TEAM UP TO GET MORE **RUNNERS ON THE ROAD**

 $\mathbf{K}^{ ext{illarney}}$ will welcome runners from all over the world on July 20th for the annual Gleneagle Run Killarney 10k and halfmarathon.

As part of this year's event, organisers have teamed up with the Sanctuary Runners to help raise awareness of their mission and to collect donations of running gear from the public and those taking part in the race.

The Sanctuary Runners were set up by Graham Clifford in 2018. Their aim is to enable local runners to run alongside, and in solidarity with, those in Direct Provision thereby fostering friendship, positivity and respect while bringing greater awareness to the system in which asylum seekers live.

A group of the Sanctuary Runners took part in Run Killarney in 2018 and following on from their positive experience the two have teamed up again. This year the Run Killarney organisers are appealing to the public and those who are taking part to donate any unused or barely worn running gear so more people in direct provision can access running gear to help them get out in their local vicinity with members of the local community.

(Gleneagle Group) and Busie Mhlophe (Sanctuary Runners).

Run Killarney caters for all running abilities and is open to everyone including walkers, newcomers and people who just want a challenge and a great day out. The routes give competitors the chance to run one of the world's most breathtaking and scenic road races through Muckross House and the Killarney National Park.

Special group rates are available by emailing info@eliteevents.ie . The event is filling up fast and has sold out for the last four years so register now to avoid disappointment.

If you want to know more about getting involved with the Sanctuary Runners you can email info@sanctuaryrunners.ie. For further information and registration details for Run Killarney visit www.runkillarney.com or contact Kelly@eliteevents.ie or 087 6024621.

MUCKROSS ICA WELCOME ENVIRONMENTAL OFFICER

In a presentation with the very topical theme of 'Greener Living, a wide range of issues were covered by Kerry County Councils Environmental Officer Úna O'Connor,at the May meeting of Muckross ICA.

In a fun and interactive style, Úna demonstrated to the ladies what materials can be recycled, what can't and in which bin and the different types of items should be placed. The level of food wasted every year - largely perishables such as bread, fruit and vegetables - with cost to the consumer and to the environment- was also discussed. The importance of making a shopping list and planning what food would be used in the week, and measuring food before cooking, were emphasised. Greener ways to clean and to garden were outlined.

The Muckross ICA ladies went home armed with information booklets on Greener Gardening, Greener Thought for the coming summer months'!!



Launch of the Run Killarney at the Ladies View last Monday. In the pictured I-r Sean McDermott (Gleneagle Group), Mike Riordan (Sanctuary Runners), Oliver Kirwan (Run Killarney), Graham Clifford (Sanctuary Runners), Catherine Casey

Cleaning, Greener Home Hints, measuring scoups(to cut Úna O'Connor, Environmental Officer Kerry County Council and members of Muckross ICA after Una's down on food waste) and Magnetic strips with pads for presentation on Greener Living, Recycling and How to Cut Down Food Waste Front (I-r): Eileen Murphy, Nancy making the all important shopping list. Lots of 'Food for Hegarty (President), Una O'Connor(Environmental Officer Kerry County Council), Maureen Brosnan(Secretary), Tess O'Shea (Treasurer). Back(I-r): Sheila O'Donoghue(Vice President), Nora Dennehy, Anne Marie Cronin, Siobhán Lewis, Maureen Fogarty.





Contact Margaret 087 6789990 or leave a message

OUTLOOK PROPERTY



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THROUGH THE KEYHOLE. A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET





Address: Millwood, St. Margaret's Road, Killarney. The house occupies a secluded corner site within the development and benefits from its southerly aspect with views of St Marys Cathedral and mountains. The house extends to 143 sq.m. and comprises of an entrance hall, large living / dining room, kitchen, utility, 3 bedrooms and bathroom. The attic is ready to convert with velux windows already in place. The property has an integrated garage.

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Price Region: €350,000

Auctioneers who would like to feature on "Through the Keyhole" contact Des on 087-6593427.



Gemma Ring of the O'Donoghue Ring Hotel Group was delighted to help Jordon by purchasing vital equipment for Jordan, called 'The Normatec Recovery system', enabling Jordon to recover and perform faster for competition.**PHOTO:VALERIE O'SULLIVAN**

A thlete extraordinaire, Jordan Lee of Killarney Valley AC is set to become Ambassador for the O'Donoghue Ring Hotel group.

Although still a relative newcomer to the athletics world has shown that it is possible to achieve great heights and achievements. He has rapidly become an ambassador for athletes of all abilities proving that people with physical disabilities can compete at the highest levels in not just para sport but also in able bodied sport. He is in a very unique position within the Irish Sporting landscape as being one of very few Para Athletes that have not only been ranked in the top few in the World in Para Athletics, but also ranked in the top few Nationally in able bodied Athletics. Only last weekend, Jordan set a new

Irish outdoor T47 high jump record of 1m 88cm. 2018 was a breakthrough season for Jordan culminating with his Bronze medal in the European Para Athletics Championships in Berlin Germany during late August.

Jordan has set new goals for the 2019 season with his sights on the World Para Championships in Dubai due in November, and also aiming to attain qualification for the Paralympic Games in Tokyo 2020. He has done all this in just 20 months in the sport of High Jump.

While planning to achieve these goals, Jordan & his backroom team have moved the sports science and planning up a level. This takes times, expertise & resources. There was very positive news earlier in the year with the announcement from Sport Ireland that Jordan is to receive sports

funding for the 2019 & 2020 seasons in the Elite Athlete Funding scheme.

Planning rest & recovery into Jordan's training schedule and everyday life are very important components of the overall sports science behind the scenes. This is where the O'Donoghue Ring Hotel Group were delighted to help by purchasing a vital piece of equipment for Jordan. The Normatec Recovery system sponsored by ODR hotels now travels with Jordan. He has been using it since last November and is already seeing the benefits.

He will be utilising the system to help with his preparation for his first International Competition of the 2019 Season in Grosetto Italy when he competes in the World Para Grand Prix in early June. The system will help him recover from flights and ensure his legs are fresh so that he can raise the bar even higher.

"I am massively grateful to Gemma and the team for asking me and my coach as to what help we needed. The addition of my own Normatec recovery system has been an invaluable addition , and has been a big part of how I improved my personal best jump in January to 1.90 meters, prior to the O 'Donoghue Ring group sponsoring the purchase of the equipment I had been borrowing the occasional use of a system elsewhere, but now I can control my recovery time at home or while travelling to competitions with my own specialized equipment. I couldn't be aiming to achieve my goals without this type of local support." said Jordan.

Gemma Ring of ODR hotels said that they were delighted to assist Jordan in his training efforts. "Jordan is an inspirational young man. We have been hugely impressed by his determination and his positive attitude. He has a bright future ahead and ODR hotels are proud to be part of his team."

KERRY RETAINS ITS 14 BLUE FLAGS FOR THE COUNTY'S BEACHES



DERRYNANE beach on the Ring of Kerry is one of 13 beaches in the Kingdom to retain it's Blue Flag for 2019.

The Cathaoirleach of Kerry County Council, Cllr Norma Foley has warmly welcomed the news that Kerry has retained its 14 Blue Flags at 13 of the county's beaches as well as Fenit Marina. The decision of the International Blue Flag jury announced this week sees the following beaches retain their flags for 2019: Rossbeigh, Ballybunion North, Ballybunion South, Ballyheigue, Fenit, Maherbeg, Kells, Derrynane, White Strand, Ballinskelligs, Banna, Ceann

Trá (Ventry) and Inch. Fenit Marina also retains it Blue Flag this year.

Green Coast awards have also been announced for Béal Bán, Castlegregory, Littor and Ballinskelligs and Waterville Beach.

Welcoming the announcement, Cllr Foley said: 'Blue Flags are an important internationally-known indicator of the quality of our beach environment and it is encouraging that Kerry is continuing to set a high standard in this regard. To retain all 14 Blue Flags is really positive news for the local economy and our tourism industry".

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At the Launch were John Courtney, John Coffey, Jean Courtney, Killarney Micro Track, James Looney, Chairman Killarney Valley Classic and Vintage, Jonathon Harig, John O'Donoghue, Mike Myers, Kayla Wharton, Tony Wharton and Cathaoirleach Killarney Municipal District Cllr John Sheahan. PHOTO:VALERIE O'SULLIVAN

A 1979 Model Ford 2600 Tractor is this year top prize in the Killarney Valley Classic and Vintage fundraiser which was launched at the weekend.

The group were delighted to launch another fantastic fundraiser, following on from last years successful project - the lovingly restored vintage Land Rover 90, raising much needed funds for Recovery Haven and Down

Syndrome Kerry. On Sunday at the Deenach Lodge, Killarney National Park, the Club unveiled another classic vintage - A 1979 Model Ford 2600 Tractor, as it rolled into view with Pat O'Brien on bagpipes leading the procession and launched by Cathaoirleach Killarney Municipal District Cllr John Sheahan. The unique tractor belonged to the Killarney Great Southern Hotel (Great Southern

Another Classic Drive

Killarney) and was in use on the farm from 1979 to 2007. " It was in very good condition" said PRO Killarney Valley Classic and Vintage, Tom Leslie, "It had a fantastic life at the Great Southern with only 17 hours on the clock, we just had to do some tidying up, painting, new tyres and conditioning, it's a real collectors item, it really is a beautiful machine".

The Club also announced three more prizes as part of the fundraising raffle. 2nd prize: Bed & breakfast and evening meal at The 5 Star Killarney Park Hotel. 3rd Prize: €400 Voucher from Killarney Oils. 4th Prize: 2 night Pitch at Beech Grove Caravan and Camping Park, Killarney.

Talking about the beneficiaries for this year Tom said "We are delighted to be supporting two very worthy causes, ATC for Meningitis and Killarney Micro track Project. Tickets are €10 each and the draw will take place on the 16th November 2019" The tickets may be purchased from killarneyvintage.com or directly from the beneficiaries.

THE 46TH LILY OF KILLARNEY TAKES PLACE TONIGHT

The countdown is on to the 46th Lily of Killarney which takes place tonight at the Gleneagle Hotel.

This year 31 girls representing local businesses will vie for the title which has been held for the past year by Carmel O'Leary.

The 2019 Lily of Killarney will be announced at midnight and will receive the Healy/Cronin Perpetual Trophy as well as a number of prizes including €500 and a 2 night break in London. The winner will represent the Lily of Killarney at numerous functions and events throughout the year including the Killarney/ London reunion, St. Patrick's Day Parade and Christmas In Killarney.

This year's main sponsor is Killarney Credit Union while the Killarney Outlook are media sponsors again this year.

Killarney Outlook wishes all the entrants and the committee the very best of luck tonight - make sure you keep an eye on facebook for the announcement of the winning Lily of Killarney 2019 and also in next week's Killarney Outlook - for a full range of photographs and news from the event.



Pictured at the International Hotel for the official launch of the Lily of Killarney 2019 were the commitee, media sponsors & main sponsors. Back Row L-R Grainne Fitzgibbon, Marie O'Keeffe, Kerry Holland. Lily of Killarney Winner 2018 Carmel O'Leary, Evelyn Murphy, Claire O'Mahony & Tracey O'Mahoney. Front Row L-R International Hotel Manager Tracey Coyne, Geraldine O'Neill, Media Sponsor Aisling Crosbie of the Killarney Outlook & Main Sponsor Karina McCarthy of Killarney Credit Union. **PICTURE: MARIE CARROLL-O'SULLIVAN**

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142 Possat Est HL 2.0TDI DSG 151 Passat CL 2.0TDi D6F Block, 92,214km, €14,500

171 Golf HL 1.6TDi Auto 152 Possat HL 2.0TDi Auto Silver, 124,762km, €16,900 Brown, 83,870km, €19,500 Grey, 37,158km, €23,000

171 Passat CL 1.6TDi Auto Blue, 64,610km, €23,500

Brown

Silver

Silver

Silver

Blue

Blue

Brown

Grev

Black

Black

Silver

141 Jetto HL 1.6TDi Auto Block, 96,728km, €14,000

€11,500

€18,000

€23,500

€23,900

€21,500

€32,000

€8,750

€15,900

€17,200

€8,750

€13,500

Volkswagen

162,548km

78,500km

74,695km

70.323km

48,914km

33.849km

225,645km

97,000km

172,306km

8,000km

200km

151 Golf CL 1.2TSI 5dr 110hp Silver White/Grey 7,503km 181 Golf CL 1.6TDi 5dr 115hp 181 Golf HL 1.0TSI 5dr 110hp White Yellow 181 Golf HL 1.0TSI 5dr 110hp 161 Golf HL 1.6TDi 5dr 110hp Blue 151 Golf TL 1.6TDi 5dr 110hp Silver 171 Golf TL 1.6TDi 5dr 110hp White 131 Golf VAN TL 1.6TDi 90hp Red 162 Jetta HL 1.4TSI 125bhp Grey 141 Jetta HL 1.6TDi D7F 105hp Black 191 T-Roc Design 1.6TDi 115hp Blue

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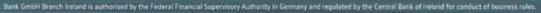
59,945km

59,000km

96.728km

2,876km

204,433km





Students need the support of their parents at State Exam time



By Billy Ryle

Parents are anxious for their children to achieve good exam results so that they can avail of life's opportunities. It's understandable then, as the State Exams approach, that some parents might project their anxiety onto the student. While parents can't obviously go in and sit the exam for their children their role is to provide unobtrusive support at exam time.

The parents' task is to provide a calm home environment. When a parent is supportive the exam candidate will sense that her/his worth in the family is not based on achieving good exam results. Parents must let their children know that their best effort, no more no less, is good enough.

The exam period isn't a time for friction and recrimination between parent and child. Disagreements will create tension at home. At all times, but especially around exam time, every student needs emotional support from her/his family. A supportive home environment lessens the fear of failure and under-achievement. A child who knows that her/his position in the family doesn't depend on exam results will approach the exam in an upbeat and confident manner.

Have realistic expectations of your child based on previous performance at school. Don't expect a level of achievement that your offspring cannot attain. Be aware of the levels, which s/he is taking in each subject, the target grades s/he is aiming for and her/his potential points score. Of course, parents want their children to do well but it's important to realise that parents can sometimes expect too much from their children. Parents must keep their own ambitions for their children off the agenda. Avoid comparing your exam candidate with a sibling, relative or peer. While such comparisons are understandable they can be very destructive. An unflattering comparison will undermine the self-confidence of the student and create doubts in her/his mind. No two people are exactly the same. Each is a unique individual so parents must accept different ability levels in their children. Encourage your child to make the most of the time remaining before the exam and to maintain her/his study schedule right up to the end of the exam period. Continue to remind her/him that good organisation, efficient time management and self-discipline will pay off. Urge your child to take exercise and recreation. Regular exercise is the best way to burn off pre exam tension and is a welcome break from the demands of a study schedule. Reward your child's effort by serving up occasional little treats. Encourage her/him to go to bed early for eight- or nine-hours sleep.

Keep an eye on your child's diet. Serve up meals that are nutritious and appetising. An occasional reminder about personal hygiene won't go amiss. Regular washing, changing of clothes and footwear induce the feel-good factor, which is psychologically uplifting and leads to better concentration.

In summary, the role of the parent is very important. It involves giving support and being discreet. It requires you to be a listener rather than a talker. It means being prepared for a certain amount of irritability. To draw an analogy with a theatrical production, the parent

is the backstage

manager while the student is in the lead role. You, the parent, can help to make it a very good performance.

Next week, I'll have last minute advice for exam candidates on the eve of the State Exams.

CHECKLIST

- Parents should provide unobtrusive support for an exam student
- Provide a calm and confident atmosphere at home
- Expect nothing less than the best effort
- Demand nothing more than the best effort
- Exam time is not a time for recriminations
- A supportive home environment produces a confident student
- Avoid comparisons with siblings, relatives and peers
- Encourage your child to take recreation and leisure
- Reward your child for effort by providing little treats
- Long hours of study into the night are inadvisable
- Serve up nutritious appetising meals
- Advise your child to be particular about personal hygiene
- Examination timetables are available on www.examinations.ie.
- ✓ The State Exams begin on Wed. week, 5th June and conclude on Tues., 25th June

Billy Ryle is a Career Guidance Counsellor and freelance writer



Robert O'Brien, Fiachra O'Connell, Cian Tangney (back) Partrick O'Leary, Cian Gammell, Sean O'Neill who received Board of Management Award for Academic Achievement from Lorna Larkin and Elizabeth Lyne Board members at the St Brendan's College Awards evening in The Chapel St Brendan's College, Killarney on Friday.



Sean Coffey presenting the LCA Award to Jordan Lee with his mother Mary Buckley at the St Brendan's College Awards evening in The Chapel St Brendan's College, Killarney on Friday.

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PICTURE GALLERY



point of the MS Fun Run in the National Park. Picture Marie Carroll-O'Sullivan



Corey Kissane who received the St Brendan's Gold Medal for Academic Excellence and the Dr Tadgh MacCutain Memorial Award for outstanding achievement in Maths and Physics with his parents John and Denise, Aiden Forde Guest Speaker and teacher Marie Vaughan at the St Brendan's College Awards evening in The Chapel St Brendan's College, Killarney on Friday.



Ready for road, Ann McIlroy, pictured with her children Alanna, Cadan & Freya at the starting L-R Deirdre Long, Joan Riordan, Rose Palmer & Liz Griffin, pictured at Killarney Library for the Lyric FM concert on Thursday morning. Picture Marie Carroll-O'Sullivan



Darren Crowley, Niall Daly and Corey Kissane who received the Dr Tadgh MacCutain Memorial Award for outstanding achievement in Maths and Physics with teachers Marie Vaughan and Bridget Lucey Deputy Principal at the St Brendan's College Awards evening in The Chapel St Brendan's College, Killarney on Friday.



A girls day out at the National Park for L-R Marguerite Crowley, Amanda Dennehy & Ellie Mai Wrenn, taking part in the MS Fun Run. Picture Marie Carroll-O'Sullivan



Pictured at the National Park, Deenagh Lodge, the starting point for the MS Fun Run were L-R Organiser Donal McCarthy, Gonzalo De La Campa & Jillian O'Sullivan and in front George & Elizabeth De la Campa. Picture Marie Carroll-O'Sullivan



Sean Coffey presenting the St Brendan's Arts Award to Jonathon Mee with Aiden Forde Guest Speaker at the St Brendan's College Awards evening in The Chapel St Brendan's College, Killarney on Friday.

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WORLD WIDE APPEAL FOR THE RING OF BEARA CYCLE



More than 4400 cyclists are expected to take part in the Ring of Beara Cycle which takes place tomorrow Saturday 25th May.

The event is sold-out for the fifth year running and the vast majority will start and finish in Kenmare with approximately 300 riders starting and finishing in Castletownbere.

There will be lots of activity and excitement around the cycle weekend. Ex-pro cyclist and

renowned journalist Paul Kimmage will attend as a guest speaker at a special free event at the Beara Coast Hotel in Castletownbere on Friday 24th May at 8pm. Paul will be interviewed by Off the Ball reporter Máire Treasa Ní Cheallaigh and answer questions from the audience, all participants and members of the public are welcome to attend.

Mark Pollock and a team of supporters and fundraisers are also undertaking the event

this year to help raise awareness of his mission to cure paralysis in our lifetime. Mark will undertake the 110km cycle with tandem pilot Simon O'Donnell, a team mate in his trek to the South Pole, and a team of 35 other cyclists will take on the cycle with them.

The children's cycle also returns on the same day as the big event for 2019. Children in national school classes between 3rd and 5th can take part in a free kids' cycle around Kenmare Town with registration starting at 9.30am at the marquee in the Square, cycle starts at 10am. In addition, local school children are being encouraged to take part in a photography competition around the event to be in with a chance of winning a new bicycle from Finnegan's Cycles.

Six local charities will benefit from this year's cycle once again, Castletownbere Community Hospital, Castletownbere Day Care Centre, Kenmare Family Resource Centre, Kenmare Special Olympics, Kenmare Special Needs Group, and St John of God Services Kenmare.

Today FM's Alison Curtis show will be broadcasting live from Kenmare on the morning of the event. Organisers are asking road users around the route to please be considerate of the cyclists and they want to thank them for their cooperation.

For more information please contact Kelly on 087 6024621 or kelly@eliteevents.ie

Faha kids are Junior Entrepreneurs

Creativity, hard graft and willingness to invest their own hard-earned cash were the hallmarks of the primary school Entrepreneurs who took part in the Junior Entrepreneur Programme All Ireland Showcase Day at the RDS in Dublin vesterday May 20th.

Faha National School were among five and half thousand children from thirty counties who arrived by bus to the RDS to display their classroom projects which have created an astonishing profit of $\leq 198,000$ from sales of $\leq 320,000$ since the start of the year. It's the tenth year of the programme which is headed by Kerry entrepreneur Jerry Kennelly and sponsored by his company Tweak, supported by other entrepreneurs in their localities throughout Ireland.

220 approx schools out of 700 participating were invited to showcase finals day at RDS and Faha presented the "Wellbeing Water Bottle" – a reusable waterbottle (better for the environment!!) with a positive mental health message on it. A choice of two bottles.

"We used the local company Brand Geeks in Killorglin for our product. The children are donating part of their profit to Jigsaw – a mental health charity for 12-25 year olds", Ann Marie Knightly, the teacher in charge of JEP at the school told the Killarney Outlook.



Students from Faha National School pictured at the RDS at the Junior Entrepreneur Showcase Day.

The children were delighted to meet famous entrepreneurs on the day with awards being given out by stars such as Miriam O'Callaghan and Jerry Keneally. Ryan Tubridy also popped in to say hello and was mobbed by all! Without doubt the largest cheer went to Marty Morrissey who was hosting the awards ceremony!! The children were delighted to be shortlisted for 2 awards - Marketing Gurus and Top Teams", she added.

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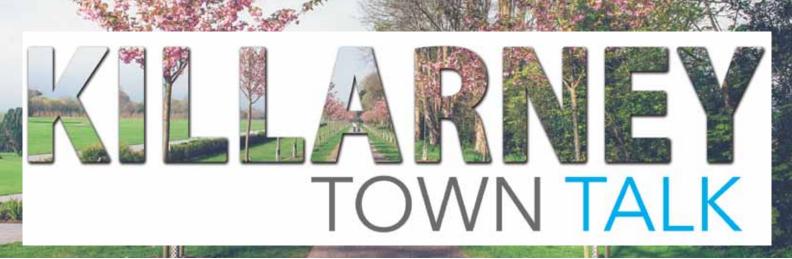
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NEW PRO SHOP OPENS AT THE GOLF CLUB

The official opening of Killarney Golf & Fishing Club's brand new pro-shop will take place this evening Friday 24th May at 7pm.

The opening follows a significant \in 100K+ investment by the club and management partners Synergy Golf.

On Saturday 25th, a very special family fun will take place at the Golf Academy to celebrate the Academy's re-launch. Open and free to the public, it's a day for all the family with face painting, bouncy castle, fun competitions (longest drive, putting and nearest the pin etc.) and other entertainment. 2pm – 6pm in the Killarney Golf Academy, located at the Lackabane Clubhouse..

HEARTBEAT MEETING

Do you care for a loved one - family relation or friend at home? If so the HeartBeat May Meeting is just for you. Come and sample therapies from Siobhan - Reiki & Reflexology - Marta - masseuse specialist - Talk to Life Coach Margaret about ways of reducing life's tensions. Get your blood pressure tested by nurse Anna. Hear from the Kilgarvan Day Centre Team Rockmount. Booklets - Leaflets Tips & information from the Citizens Bureau and the American Heart Foundation. Tea & Coffee available during the meeting that runs from 7.30pm to 9.30pm (NOTE THE TIME CHANGES) at the Serenity Centre St. Anne's Road on Monday May 27th. Welcome to this FREE event.

FOOD MARKET

A food producers market takes place every week in Killarney at The Market Square. Located at New Market Lane (behind Quills) the weekly food market takes place every Friday 10am to 2pm featuring local food producers.

GALA VICTORY DINNER

Shane Finn the ultra athlete from Digle who completed a 36-day ultra-run and ultra-cycle, finishing in the Brooklyn Bridge Park, New York on 3rd May 2019 in aid of Spina Bifida Hydrocephalus Ireland (SBHI) is set to hold a gala Victory Dinner hosted by Finn at the Brehon Hotel, Killarney on Friday 14th June 2019 and is hoping to make the event as big a success as possible! Individuals and corporates are



CATHAL BARTLETT, PICTURED AT THE TATLER JACK CELEBRATING HIS 40TH BIRTHDAY ON SATURDAY NIGHT. FRONT ROW L-R JOHN EGAN (REP OF IRELAND & SHEFFIELD UTD PROFESSIONAL FOOTBALLER), CATHAL BARTLETT, IVAN O'SULLIVAN & PATRICK O'SULLIVAN (PROPRIETOR). BACK ROW L-R KIETH GRADY, JOHN PAUL O'CALLAGHAN, MARK O'LEARY & COLIN LEAHY. PICTURE MARIE CARROLL-O'SULLIVAN

encouraged to attend this unique event! The charity which supports thousands of people in Ireland affected by the conditions, including Shane's cousin, Mary Evans.

FREE ADULT EDUCATION:

Are you unemployed and looking for a challenge?? Have you considered returning to Education to upskill?? Why not call in for a coffee and a chat to Killarney VTOS Adult Education Centre's open day on Friday 31st May 10am—3pm. So if you are Unemployed and in receipt of a Social Welfare payment Killarney VTOS may well be for you, so call in for a chat to KILLARNEY VTOS which is based next door to St. Vincent de Paul Shop New Street Carpark Email: killarneyvtos@eircom.net or call 064-6637757

LONDON CHOIR TO PERFORM IN KILLARNEY

A Killarney native who now lives in london is bringing a choir to Killarney to perform in St. Mary's Cathedral this week.

Philippa Knight (Nee O'Connell) from Woodlawn now lives in London with her husband and four children and along with her twin sons is part of the Westminster Lourdes Choir. On Thursday 30th May Philippa is bringing over 50 choir members and their families to Killarney to perform Peter's Way of The Cross will be performed atSt Mary's Cathedral, Killarney on Thursday 30th of May 2019, 7.00 pm

TIDY TOWNS

Tidy Towns outings have recommenced and this week will meet on Monday 27th May meeting at Glebe Carpark at 6.30pm. All volunteers welcome.



Stephen Hussey, Muckross Road, Killarney who was conferred with an honour's Masters (MA) in International Relations at University College Cork recently. Stephen is a past pupil of Intermediate School Killorglin



KILLARNEY LIBRARY:

Voices of '68 is a unique interactive exhibition featuring the filmed testimonies of 30 political activists, historians and civilians who experienced a pivotal year during the civil rights movement in Northern Ireland in 1968. The exhibition will run at Mon 20th to Thurs 30th May during library opening hours. Free admission.

OPEN DAY AT ROCKMOUNT

Rockmount Daycare Centre in Kilgarvan are hosting an open day on the 16th of June after 10:30am Mass. The Daycare centre supports older people to continue to live independently in their own homes and communities, with a range of health and social supports. Services include cooked meals, social and recreational activities, personal care services and transport to and from our centre. Rockmount welcomes clients from Killarney.

MS WORLD DAY

MS Ireland will join with people and other MS organisations around the world to mark World MS Day on the 30th May. The 2019 campaign will be called 'My Invisible MS' (#MyInvisibleMS) and the theme is Visibility.

My Invisible MS will raise awareness of the invisible symptoms of MS and the unseen impact of MS on quality of life.

The group are looking for volunteers to take part in the 9000 Steps Challenge on the 30th May for our 9000 steps challenge! Every step you take will represent your support for the 9,000 people living with MS in Ireland.Together we can take a step closer to providing more services and finding better treatments, and eventually a cure for MS. Register today.

BINGO

Everyone is welcome at St. Mary's Pariwsh Hall on Thursday nights at 9pm for Bingo

VOLUNTEER WEEK

It's National Volunteering week and Cathaoirleach of Killarney Councillor John Sheahan is calling on everyone to look at opportunities around them for volunteering. Volunteerism is the backbone of our communities. The activities carried out by volunteers in all sectors such as the environment, sport, health allow for the creation of networks and connections that help



to build strong and resilient towns and villages. John himself can be seen regularly litter picking the Tralee Road and last Monday night he took a break out from the canvassing to help the Tidy Towns who were doing a blitz on the Tralee Road. Volunteering while contributing hugely to our communities also provides significant social and health benefits to those who volunteer. There are many different opportunities for volunteering out there and the most difficult part at times is taking the first step.

BBQ IN AID OF MARY OF THE ANGELS

A Barbeque will take place at Scotts Hotel on Bank Holiday Monday, June 3rd. The day will feature lots of musicians from the Killarney area and all proceeds will go towards St. Mary of the Angels. More in next week's Killarney Outlook.

DRONE TECHNOLOGY TO HELP TACKLE WILDFIRE

The National Parks and Wildlife Service teams up with Coillte to tackle wildfires using Innovative Drone Technology.

The NPWS will work with Coillte, Ireland's largest commercial forestry company, to help combat the spread of wildfires.

This pilot is the first of its kind, and will initially be rolled out in the Dublin Mountains. If the pilot intiative is successful both NPWS and Coillte will look to roll out this technology in other areas.

PONY RIDES

Pony Rides will take place at Lickeen Wood Glencar this Friday and Sunday from 12 - 2pm - all ages from four upwards. Contact Josie on 087-7445094 for more info



THE MS FUN RUN WERE BREDA & TOM O'SHEA WITH THEIR RESCUE DOGS L-R MILLIE, HOLLY & TED. PICTURE MARIE CARROLI-O'SULLINAM

ANGELA AND NOREEN HONOURED AS KERRY 'HOSPICE HEROES'



Noreen Collins (left) and Angela Curren (right) pictured with Mary Kennedy.

Killarney volunteers Angela Curran and Noreen Collins, who volunteer each year to support their local hospice on Hospice Sunflower Days, have been named official 'Hospice Heroes' for their many years of fundraising service on behalf of their local hospice, Kerry Hospice.

Angela and Noreen along with 25 others were honoured with the title of 'Hospice Hero' at a special ceremony in St. Francis Hospice,

.....

Blanchardstown, Dublin 15 on Thursday, 9th May 2019 to coincide with the official launch of this year's Hospice Sunflower Days campaign. Both Angela and Noreen have been involved with fundraising for Kerry Hospice for over 20 years. They have a wealth of experience and knowledge in relation to fundraising events and they are always willing to take on leadership roles within their local Killarney Branch.

Angela and Noreen were presented with their

plaque at the ceremony by Mary Kennedy, Hospice Sunflower Days Ambassador and RTE Broadcaster.

This year's Hospice Sunflower Days, which marks the 29th year of the campaign, is taking place on Friday, 7th June and Saturday 8th June 2019. You can show your support for this worthy cause by volunteering to help out over the two days fundraising or by donating and buying some sunflower merchandise; and remember every euro raised locally, stays locally!

Hospice care is about helping people of all ages to live well with an illness which is lifelimiting and supporting them to achieve the best quality of life possible as well as providing support for their relatives and loved ones. Care is provided in either specialist in-patient units or in people's own homes through trained specialist palliative home care nurses.

If you would like to volunteer or donate, please contact your local hospice or specialist palliative home care service today, log onto www.sunflowerdays.ie or show your support by purchasing some sunflower merchandise on Hospice Sunflower Days this June.

Alternatively, you can make a donation by texting 'SUN' to 50300 to donate \in 4 to support local hospice groups across Ireland. Texts cost \in 4. Hospice Sunflower Days will receive a minimum of \in 3.60. Service Provider: LIKECHARITY. Helpline: 076 680 5278.

Rathmore Social Action Group are national finalists

A social partnership between young and old - Rathmore Social Action Group, has beaten off stiff competition to be named amongst the thirty-six community groups, sports clubs and organisations from all over Ireland were today announced as regional winners and finalists in the National Lottery Good Causes Awards 2019. The Rathmore group will contest the Community category it the Good Causes Awards final.

The Awards are aimed at honouring the inspiring work and achievements of thousands of projects, clubs and individuals from all over Ireland who with the help of National Lottery Good Causes funding have had an extraordinary impact on their local communities. Nearly 30 cent in every €1 spent on National Lottery games goes back to Good Causes all over the country.

The Rathmore Social Action Group was founded to give young people an opportunity to undertake community work and make a difference. That still remains one of the key objectives of the group since it was established. Since 1983 the Social Action Group has developed a care programme for older people. It includes the provision of Social Housing, a day care centre, a meals on wheels and laundry service. It is regarded as one of the best models of its kind in the country. The 36 winning groups will now proceed to the grand final



Julette Culloty, Manager Teach Iasagain, Mary Ryan, Carer, Breda McAuliffe, Nurse Manager, Helen O'Donoghue, Secretary and Margaret O'Sullivan, Nurse. PHOTO:VALERIE O'SULLIVAN

in six categories: Sport, Health & Wellbeing, Heritage, Arts & Culture, Community and Youth. A seventh category, Irish Language, will have a special award to be announced on the night at the Awards final, in recognition of outstanding work done in the promotion of the Irish Language. Each national category winner will receive \in 10,000 while the overall Good Cause of the Year will get an additional \in 25,000 on top of this. The winners will be announced at a Gala Awards event in the Clayton Burlington Hotel in Dublin on Saturday 2nd November.

SUMMER

GUIDE 2019 Outlook

YOUR DAY YOUR WAY

ALL YOU NEED TO PLAN YOUR ULTIMATE CELEBRATION Outlook SUMMER WEDDING GUIDE



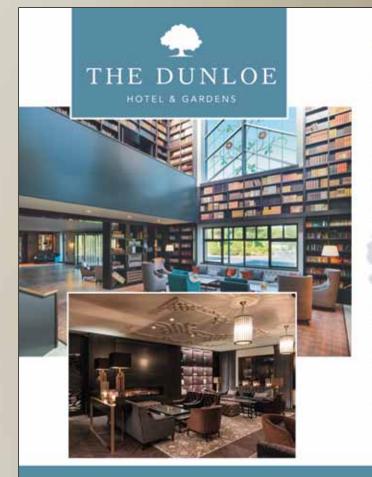
THE BREHON



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Let us amaze you KILLARNEY · CO. KERRY · IRELAND



A UNIQUE LOCATION - A SPECIAL WELCOME

The Dunloe Hotel & Gardens is a beautiful 5 star luxurious hotel, situated in Beaufort and only five minutes' drive from the town of Killarney. The hotel re-opened in April 2018 after an 18 month renovation of its public areas including the restaurant, bar, reception, lobby and lounge spaces as well as enhancements to the gardens and car park.

This five star luxury hotel is set on its own 64 acres estate leading to the ruins of the 12th century Dunloe Castle and River Laune which flows through the garden estate. This setting creates a romantic atmosphere making it a unique and ideal backdrop for those memorable photographs.

The hotel and dedicated team of staff have been welcoming weddings for over 50 years and offer a highly personalized and professional service in an exceptional location. The hotel is also licensed for civil wedding ceremonies.

The Upper Lounge is the perfect place to greet guests and welcome them for the evening celebrations. With elevated views of the rolling countryside, this area has its own bar and exudes comfort and elegance. In the most beautiful natural setting you and your guests will enjoy the best of international and Irish cuisine in the Park Suite. With its own bar and dance floor, the Park Suite also offers access to a private covered terrace.

On Sunday, June 30th 2019, the hotel is holding a wedding consultation day where future wedding couples by appointment only, are invited to experience all that this stunning wedding venue has to offer. Renowned for its hospitality, friendly and efficient service and mouth-watering menus, The Dunloe Hotel & Gardens will showcase how it can turn your dream wedding into reality with its fantastic offering of bespoke wedding packages.

To make an appointment or to find out more information, contact the hotel's wedding team on 064 66 44 111 or email weddings@thedunloe.com



HOTEL & GARDENS



A Unique Location. A Special Welcome.

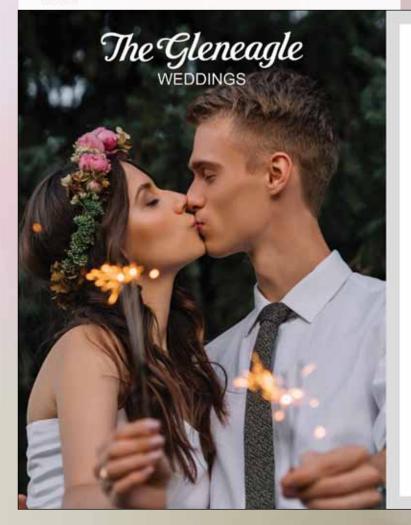
Wedding Consultation Day ~ Sunday 30th June 2019

On Sunday 30th of June, by appointment only, couples are invited to attend a Wedding Consultation Day at the 5 star Dunloe Hotel and Gardens to experience all that this stunning 5 star wedding venue overlooking the Gap of Dunloe has to offer.

To book your appointment or for more information, contact the hotel's wedding team on weddings@thedunloe.com or call 064 66 44111

The Dunloe Hotel & Gardens, Beaufort, Killarney, Co. Kerry www.thedunloe.com

Outlook SUMMER WEDDING GUIDE



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NEW BEDROOM ADDITION OPENS IN DINGLE

It has been an exciting Winter in Dingle, with work now complete on the new multimillion development at the Dingle Skellig Hotel. This development includes 32 additional guest rooms and suites as well as the upgrade and redesign of The Blaskets Bar and Bistro to include new relaxed dining spaces, which opened in February, and the landscaping of the guest carparking and public exterior areas.

Beginning last October Kerry based Griffin Brothers secured the contract to carry out this high end development which falls on the 50th anniversary of the Hotel first opening its doors.

The design, created by the award winning Meitheal Design Partners Cork, has utilised the unrivalled views enjoyed from the hotel and the importance of remaining true to the overall feel of the property.

The new bedroom addition includes 16 Deluxe King Suites, 6 Deluxe Executive Suites and 5 Deluxe Family Suites including a selection of interconnecting options. Designed with guest luxury and exceptional comfort in mind and featuring cutting edge enhancements and finished to the highest of standards, the addition also includes 5 roof top interior designed guest rooms which feature private balconies, making the most of the hotels panoramic views across Dingle Bay.

Visit www.dingleskellig.com



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Wedding Celebratian Special

This Winter and Spring 2020 we have a selection of dates with an amazing celebration package. With prices from only €70.00 per guest, you will receive a selection of wonderful additions to give you the day of your dreams. With each wedding package booked on selected dates from October 2019 to April 2020 you will also receive all of these additional extras:

A choice of mulled wine or warm spiced cider on arrival Half bottle of San Elias wine per person during the meal Prosecco toast prior to your speeches for all of your guests 6 complimentary guest rooms on the night of your wedding Personal Make up application for the bride on the morning after your wedding

T&C's apply - Min of 100 guests, excludes bank holidays, Christmas week, New Year and Easter. Applies to new bookings only.



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We Love Weddings and All You Need is Love for the Perfect Wedding Day

all you need is love

tationery design & calligraphy

Here at the Kenmare Bay Hotel and in partnership with All You Need is Love Stationery Design & Calligraphy, we are delighted to offer complimentary wedding stationery to our couples who book their wedding with us for select dates between May & October 2020.

As well as an extensive pre-designed collection, All You Need is Love offer a bespoke stationery design & calligraphy service, working closely with you through consultations and mood boards to make your invitation dreams become a reality. Their creative offerings include venue & floral illustration, watercolour art, modern calligraphy and more.

Together with All You Need is Love, we want to make it that bit easier for our couples and what better way than giving them the invitations of their dreams.

The Kenmare Bay Hotel offers a service and a setting that is second to none. Our beautiful banqueting suite is light filled and airy and offers an undisrupted view of the Kerry Mountains for miles. We can cater for up to 350 guests but for smaller, more intimate weddings, the room can be partitioned to suit. This offers totally flexibility to our couples.

We have a dedicated and long standing wedding team that are passionate and experienced in their roles. Our team provide wedding packages to suit each couple individually so no matter the budget, numbers or specific requirements, the Kenmare Bay Hotel will be on hand to create the most Perfect Wedding Day!

For your perfect day, look no further than the Kenmare Bay.

www.kenmarebayhotel.com Contact Sile on 064 66 41300 or sile@ kenmarebayhotel.com





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Outlook SUMMER WEDDING GUIDE



Saying I do without the financial heartache

Killarney Credit Union Irish couples are spending 10% more on their big day than last year that's according to Weddings Online survey. In January 2019,

the average budget spend on weddings including honeymoon now €28,462 (Source: WeddingsOnline, Jan 2019).

With this level of spending it's important to plan how you are going to finance it as it is to plan the day itself. Whether you save and /or borrow when it comes to financial planning your local credit union has a number of options available to you.

Speaking to Helen Courtney Power from Killarney Credit Union "The first thing is to open a joint credit union account if you don't have one opened already, this is a good idea not just for your wedding but to help you throughout your married life when purchasing cars and with home and family related expenses".

If you plan on saving for your wedding a lot of credit unions have electronic banking facilities and have regular savings electronically going into your account, handy for couples living outside the county or abroad.

With your credit union, your savings are

eligible for a dividend and free Life Insurance cover, so you are making your savings work for you.

If you need to borrow, credit union wedding loans are also very popular. Helen says "Not only are our rates competitive but you'll also find our loans very flexible in our repayment options. You don't have to draw down your loan all at once, you can draw it down in small amounts when required, so you'll pay less interest. You also have the flexibility to repay your loan in the weeks and months after your wedding without any penalty. There are no fees and charges, and your loan is also insured with free life cover. So for couples planning their wedding day, it's well worth speaking to your credit union and let us help you, financially plan your wedding day".

You can set up online banking for your joint account where you can transfer funds straight into your credit union joint account. There is no need to call in or make payments at the counter. You can apply for online access through ww.killarneycu.ie or in branch. Please bring in ID (photo& address) to receive your PIN.

Helen added "The credit union offers wedding loans or bridging finance which may help with short term wedding costs until the gifts arrivel. Call into branches in Kenmare, Killarney or Cahersiveen for more assistance.





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PLANNING FOR THAT SPECIAL DAY? ledding

- Option to open a joint account to prepare for your wedding
- Couples who save together, can borrow together
- Wedding loans or short term bridging finance available

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Beech Road, Killarney | Park Road, Killarney | Killarney Road, Kenmare | 1-3 O'Connell Street, Cahersiveen

Loans are subject to approval. Terms and conditions apply. If you do not meet the repayments on your loan, your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future. Killiarney Credit Union Limited is regulated by the Control Bank of Ireland.



JOANNE HENDERSON **BRIDAL HAIR**



It's a great honour for me to be chosen as the 2019 Winner of the Brides of Kerry Wedding Hair Stylist of the Year. Special thanks to all who voted for me and a big shout out to all my hard working team, you know who you are. Loveyealltobitz xx



I know how important your special day means to you JOANNE HENDERSON **BRIDAL HAIR**

Milltown, Co. Kerry Email: joannehendersonbridalhair@gmail.com Mobile: 085 7460751 Facebook: Joanne Henderson Instagram: joannehendersonbridalhair

Wedding bells for Maria and Scott



Maria O'Leary and Scott Bellamy, pictured at the Aghadoe Heights Hotel where they held their wedding reception. PICTURE: MARIE CARROLL-O'SULLIVAN



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REGISTERING FOR TAX

If you're setting up a limited company in Ireland, you will need to register for tax. Below are the main tax and vat rates for businesses;

CORPORATION TAX

There are two rates you can pay for Corporation Tax; 12.5% and 25%. To qualify for 12.5% Corporation Tax you will need to prove to Revenue that your company is centrally controlled and managed in Ireland, if this cannot be proved you will pay 25%.

EMPLOYER PAY AS YOU EARN TAX

If your company or business has employees, you will need to register your business as an employer. Once you are registered as an employer, you business is liable to pay PAYE (Pay As You Earn).

If you are registered for ROS you can register for PAYE online.

RELEVANT CONTRACT TAX

Relevant Contracts Tax applies where a principal contractor is paying a sub-contractor for carrying out or supplying labour in relevant sectors such as construction, forestry, and the meat processing industry. As a principal contractor, you need to file the contract on the Revenue system.

VALUE ADDED TAX

You will need to register for VAT once you reach the VAT Threshold, \in 37,500 for services and \in 75,000 for goods. The rates of VAT are dependent on what service or goods your business provides.

O'BRIEN COFFEY MACSWEENY To discuss the above, or any other financial matter with one of our advisors contact 064 6632045 or info@obcm.ie





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24.05.19 Outlook 29





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"Donal gets the job done" "We need to make a good place better"



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Marie Moloney

Local Election Candidate, Killarney Municipal District.



I would like to thank all of you for your courtesy and welcome shown to me and my canvassers over the past number of months.

My priorities if elected:

- Road Safety and improved road surfaces
- Alleviating traffic congestion and the provision of more parking in Killarney
- Protecting Killarney strong tourism appeal by working with stakeholders to promote tourism and business
- More social and affordable homes
- Campaign for Respite Care Facilities, improved health services and more home help
- Continue my campaign for the reinstatement
 of Town Councils

Please give me your **NUMBER 1 VOTE** or next highest preference. In return I guarantee you a strong voice in the Council and commitment to working hard on your behalf.

Available for assistance and advice at all times. Mobile 086-3049422 Email: marie.moloney1980@gmail.com Killarney Municipal District Local Elections May 2019

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VOTE NO.1 CRONIN Brendan INDEPENDENT

ELECTION DAY



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VÓTÁIL KATE McSWEENEY

DANNY HEALY-RAE TD **SCOTTS HOTEL**



John Brass

Killarney Constituency Office Open Hours: Wednesday 29th, Thursday 30th and Friday 31st May of May from 9.30am - 5.30pm Address:

The Fairhill Business Centre, The Courtyard, Fairhill, Killarney. (Just behind the Royal Hotel)

John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm Working with Clir John Joe Culloty 087-1308000 clirjjculloty@eircom.net and Clir. Niali Kelleher 087-6694101 office@niallkelleher.le

For advice and representation please feel free to call into the office or clinic Office: 064 66 94199/083 8541447 nall: john.brassil@oireachtas.ie John mobile: 087 2362330

ELECTIONS 2019 VOTE If you want special rates for thank you messages Contact Des: Outlook

T: 064 6670000/087 6593427

ELECTION DAY IS HERE

EVERY SATURDAY AT 11.00AN

The Killarney Electoral Area has been represented by a HEALY RAE on Kerry Co Council since 1973, we have worked for everyone. Maura is a first time candidate please give her this chance to allow the work continue, she has already proven her ability, experience and commitment in her role as a public representative. For a strong Independent voice on Kerry Co Council give your

NO.1 VOTE TO MAURA HEALY RAE (OR NEXT HIGHEST PREFERENCE)

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Vote

NO1

Working with you, delivering for you Clir Niall Keleher

IANNA FÁIL

Local Election Candidate Killarney Municipal District

I would like to thank my council colleague, **Clir John Joe Culloty**, whom I've served with for the last five years on Killarney Municipal District Council. He has been a great colleague, friend and a dedicated councillor and he will be a real loss to local politics.

☎ 087 6694101 - Office 064 6694101 wote@niallkelleher.ie www.niallkelleher.ie

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Please continue your preference for my colleague Neily O'Connor



Get behind a fresh modern campaign by voting

νότε Νο.1

f¥

O'CALLAGHAN



Attending the 3rd Spring talk hosted by Muckross Library, marking the centenary of the First Dáil, by Historian and editor of The Revolution Papers, Ian Kenneally entitled "Fake News and Irish Freedom" – Patricia O'Hare, Archivist at Muckross Library, Ian Kenneally, Historian and Lecturer, Pat and Diane Donovan.**PHOTO:VALERIE O'SULLIVAN**



Attending the 3rd Spring talk hosted by Muckross Library, marking the centenary of the First Dáil, by Historian and editor of The Revolution Papers, Ian Kenneally entitled "Fake News and Irish Freedom" – Colm O'Mahony, Sean Hurley-Lyne, Joseph Hurley-Lyne and Lorraine Hurley. PHOTO:VALERIE O'SULLIVAN



Cllr John Sheahan Cathaoirleach of The Killarney Municipal Area

VOTE NO.1



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24.05.19 Outlook 1/2 45

EXCITING PROGRAMME FOR TEENAGERS AND YOUNGER

'ruinniú na nÓg is taking : place all over Ireland on Saturday 15th June this year. It is a day which is celebrated nationally and marks a full programme of creative celebrations for children, teenagers and young adults. The programme in Kerry offers a vast choice of events and activities for teenagers, tweens and children to look forward to. All events for Kerry are listed on http://www.kerrycoco.ie/ arts/and are on the national website for the event at https:// cruinniu.creativeireland.gov. ie/ The Kerry programme was launched this week and the brochure for the event is being distributed to all libraries across the county as well as to shops, cafés, arts centres and visitor attractions in the county. There are twelve towns taking part, and they are hosting thirty-five events between them. All events

are free to the public, though some events must be booked in advance. The programme has been put together by the Arts/Creative Ireland Kerry Office at Kerry County Council. It is funded with support from Creative Ireland through the Department of Culture, Heritage & the Gaeltacht.

All events take place between the hours of 11.00 and 5.00pm on Saturday 15th June next and places such as Inch Beach, the towns of Dingle, Ballyferriter, Ballinskelligs, Cahirciveen, Waterville, Killorglin, Kenmare, Killarney, Castleisland, Tralee and Listowel are all hosting events this year. Information updates and promotions can be found via @KerryCoArts and @CreativeIrl on Facebook, Twitter and Instagram. The #CruinniuToCreate hashtag has also been set up to give us all a flavour of what to expect and what is happening



Deirdre Enright , Mike Scannell , Mayor of Kerry Norma Foley and Kate Kennelly . PHOTO: DOMNICK WALSH

throughout the country.

Events at Inch Beach include a day out in the fresh air for teenagers creating art pieces on the beach with landartist Gerry Barry, this is followed by a drumming workshop with Martin Schärer. Kathleen O'Sullivan will visit four Libraries throughout the day. Killarney House will host a Youth Film Exhibition, a film making workshop and a Nature Scavenger Hunt. They will also host Ballet Poulet, a new performance by the National Circus Festival. A Costume Design for Stage and Film takes place in the Killarney Avenue Hotel. "It is a wonderful opportunity for our teenagers to get together and experience something creative as well as for young children to get out and about with their families to enjoy time together experiencing an arts event", stated Kate Kennelly, the Creative Ireland Co-ordinator and Arts Officer at Kerry County Council.

The Welcoming Project is much more than a dance experience!



Creative Ireland, with local support from Kerry Arts Office/ Creative Ireland Kerry, the Arts Council and Siamsa Tíre has funded a dance project in recent months that has offered new communities in Kerry an opportunity to take part in an intensive creative programme of dance workshops and classes. The Welcoming Project established by Catherine Young in 2016, is a multicultural collective of dancers, musicians, singers, locals, migrants and asylum seekers based in Tralee and Killarney, and together they have created a new work for performance "Le Chéile." This new work will be showcased as part of Céilí Afro Dabke May 31st at CYMS Hall Killorglin as part of KFEST 2019 after its hugely successful premiere at Féile na Bealtaine in Dingle. Young established Céilí Afro Dabke in 2018 as a way to bring people together through music and dance. Céilí Afro Dabke, is world music céilí featuring African dance, Palestinian/Syrian Dabke dance and the Irish ceilí dances where the audience gets to join in! The event celebrates our diverse cultures, highlights our interconnectedness and is a chance for all to partake and join in this joyous event. This FREE event is open to all people, all ages and no dance experience is necessary, just an open mind and heart.

Céilí Afro Dabke will run for one night only and it is recommended that attendees should come along early. Doors open at 6.45pm and the event commences at 7.00pm.

The Welcoming Project / Céilí Afro Dabke is supported by Creative Ireland, Kerry County Council, The Arts Council, The Department of Justice & Equality & Siamsa Tíre.

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POSITIVE VIBES POSITIVE LIFE



Life & Body Confidence Coach

Live your future Now!

Many of us are living in the past. We say the same things over and over. We eat the same breakfast, have the same conversations, think the same thoughts, repeat the same behavior, and react in the same way that we have always done. What do we get from this? More of the same. This is great if what you are getting is what you desire. However, when it isn't, we have to make a decision to begin to change what we are repeatedly doing, thinking, feeling and being based on what we desire to happen in our lives. **5-step process for living your future NOW:**

1. Decide on something that you would love to achieve or have happen.

2. Close your eyes and imagine this having occurred. See, feel, taste, hear and be aware of what it would feel and be like to have this happen right now.

3. Build up feelings of excitement and joy that this has happened in your life. Really allow yourself to be "over the moon" and so joyous that you already have what you desire.

4. Smile!

5. Open your eyes and choose one small thing you can do every day that is in alignment with your desire or dream! Repeat this 5- step process over and over again.

Would you love to become a Certified Wellbeing & Body Confidence Coach? Please visit www.instituteforbodyconfidencecoaching.com for more details!

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THE POWER OF POSITIVE THINKING & HOW IT EFFECTS WEIGHT LOSS

Positive thinking plays a significant role in your weight loss efforts. Perpetual negative thoughts can lead to self-defeating behaviors such as going off your diet, overeating and skipping your exercise routine. Positive thoughts, on the other hand, can increase your motivation and energy level.

Positive thoughts are empowering. A negative attitude can set processes in motion that makes losing weight difficult, if not impossible. Berating yourself every time you eat the wrong foods, constantly focusing on what you cannot eat and approaching your exercise regimen with dread are all ways that negative thought patterns can sabotage your weight loss efforts.

When you hold a negative image of yourself, you rob yourself of much-needed energy. When feeling powerless, depressed or unmotivated, it's easy to skip your daily workout or eat a bag of crisps to feel better. However, tuning into how you feel, acknowledging those feelings and transforming those thoughts into something more positive can actually help you to achieve your weight loss goals faster.

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TPOSITIVE VIBES POSITIVE LIFE



Zara McCarthy, Fossa NS pictured with her family at the Dunloe Hotel on Saturday L-R Lauren, Dad Charles, Zara, Mum Catherine & Sophia who made her confirmation the Wednesday before. PICTURES: MARIE CARROLL-O'SULLIVAN







YOUR LOCAL INDEPENDENT OPTICIANS

BY OPTOMETRIST Diarmuid O'Sullivan F.A.O.I. Stack O'Brien Opticians

Common eye conditions: REFRACTIVE ERROR

Refraction is the bending of light as it passes from one medium to another. The eye has several optical elements that, if correctly powered, focus light onto the retina at the back of the eye. However, there are four common types of refractive eye conditions where the eye is unable to correctly focus light onto the retina.

These 'refractive errors' can cause vision to be blurred, and may lead to headaches and eye strain.

Myopia – short sightedness

Myopia is a refractive condition of the eye where light focuses in front of the retina. This makes distant objects appear blurry, but objects that are close are clearer.

If the amount of myopia is large enough and is left uncorrected, distance vision is poor and may lead to headaches and eye strain.

Hyperopia – long sightedness

Hyperopia is a refractive condition of the eye where light focuses behind the retina. This makes close objects blurry, and while distant objects may appear clearer sometimes they are blurry too. If the amount of hyperopia is large enough and is left uncorrected,



close vision may be poor and may lead to headaches and eye strain, particularly in adults.

Astigmatism

Astigmatism is where the optical surfaces are shaped more like a rugby ball than a football. This means that there is not a clear single point of focus. If left uncorrected, it can also lead to headaches and eye strain.

Presbyopia

Presbyopia is caused by a loss of flexibility of the lens inside the eye. It affects all people as they age, generally becoming problematic after 40 years of age.

Presbyopia results in the inability to focus on close objects.

Presbyopia makes it difficult to read small print, and focus on closer objects, particularly in poor light.

From a routine sight test we can recommend wearing an appropriate correction, such as reading glasses, or multifocal glasses.

For more information and honest advice contact us for an appointment.

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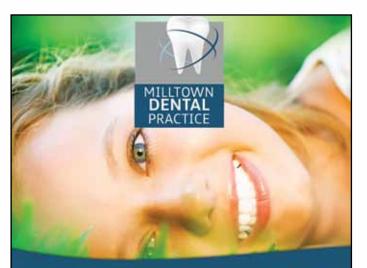
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RATHMORE/GNEEVEGUILLA

by Michael O'Mahony

SPLIT THE POT in Association with Rathmore Community Council with Rathmore Ravens, Sliabh Luachra Cycling Club & Sliabh Luachra Men's Shed. Be in with a chance to win. Tickets available from ticket sellers & in local businesses. Tickets $\in 2$ each or 3 for $\in 5$.

Yearly Ticket €90. 3 Yearly Tickets €250. Draw held weekly at 9pm in local Pubs. Draw held last Wednesday night in Dan Batty's Bar, Knocknagree. Jay Murphy won €280.00.

Seller's Prize: €50 Voucher from Reen's Pharmacy won by the Bridge Bar.

Congratulations Jay & the Bridge Bar.Next week's draw on Wednesday. night at 9pm Please support.

DANCING

Heritage Centre Scartaglen Sunday 26th May Denis, Christy & The Marina Band.

ELECTIONS2019

Local & European and referendum on Diorvice will take place this Friday May 24th with polling Booths open from 7am to 10pm.Evidence of identity.you are likely to be Asked to produce one of the following Document.a passport: driving licence: an employee identity card containing a photograph: a student identity card issued by an educational institutions and containing a photograph: a bank or savings or credit union book containing address in constituency or local electoral area: a public services card: Temporary Residence Certificate:Garda а National immigration Bureau card; Or any of the following accompanied by a further document which establishes the address of the holder in the constituency or local electoral area where appropriate a cheque book; cheque card; a credit card; a birth certificate; a marriage certificate. Be sure to bring one of these Documents with you to polling station, otherwise you may not be permitted to vote. We wish all candidates in local & European election best of luck & every success and also to two rathmore native 'S candidates clir Niall Kelleher & Ted Cronin who contesting Tralee Area in local elections we both them best of luck every success in election.

TUREENCAHILL COMMUNITY CENTRE are hosting their Annual Barbeque on Sunday 30th June so put this date in your diaryMore details to follow to Watch this space

GNEEVEGUILLA ANNUAL PILGRIMAGE TO KNOCK

SHRINE takes place on Sunday May 26th. Bus leaving G.A.A. Hall at 7am sharp. If interested contact Anne Cronin 064 7756249 / 087 2785565 or Eileen Fleming 064 7756301 087 1475386.

ST PAT'S EAST KERRY

St Pat's East Kerry with the support of Killarney Credit Union are proud to introduce the Pat Delaney Memorial Cup scheduled to take place on the 1st of June at the Ross Golf Club.

Anyone interested in supporting this event, please contact me directly. Thanks in advance. Gary 087-2884478

NOTES

if you would like to add to the notes, please



Glenflesk GAA Executive Members sporting the Green Ribbon for Mental Health Month at last Wednesday,s meeting Front Lto R ; Michael o Shea, Michael o Donoghue, Peggy Horan, Emma Looney, Denis o Donoghue Back Lto R; Johnny Courtney, Paud o Donoghue, James Furlong, Tim Murphy, Cathy Somers, Michelle Morris, Seamus Healy, Neilie Moynihan, Jerry Kelleher.

email Michael O'Mahony (momahony14@gmail. com)or ring or text 087--6676817. before 6p sunday,

SPA NOTES

U12 FIXTURES AND SILENT SIDELINES

Phase 2 of the U12 Co League started Sunday May 19th and Spa will have 2 teams competing each week. Kerry GAA and Kerry Coiste na nÓg are extending the 'Silent Sideline' across all divisions in the Lee Strand u12 County Football League. One designated coach from each team issues instructions to the players. All other coaches, parents and supporters stay silent and let the players get on with the game and improve their own decision making. Scores and positive play from both sides is encouraged and applauded. Criticism of players, referees and opponents is not tolerated. Rd1 May 19th v Laune Rangers (away), Rd2 May 26th v An Ghaeltacht (home), Rd3 June 2nd v Rathmore (away), Rd4 June 16th v Ballymac (home), Rd5 June 23rd v Austin Stacks (away).

DONATION TO KERRY-CORK HEALTH LINK BUS

Every year at the annual Spa GAA Club Awards Night, the club holds a raffle or collection and donates the proceeds to a local charity. This year the club Awards Committee chose the Kerry-Cork Health Link Bus, part of the Kerry Cancer Support Group. This service is vital to our community as it transports cancer patients receiving treatment in Cork University Hospital. There was a total of €860 raised at this year's Awards Night, and on hand recently to present the cheque on behalf of the club to representatives of the Kerry-Cork Health Link Bus was Spa GAA Chairman Michael Cronin, Awards Committee members Andrew Garnett and Adrian O Sullivan with the Chairperson of the Kerry Cancer Support Group, Breda Dyland, and fellow volunteers Phil Reidy and Trish Kelly. The Kerry Cancer Support Group were delighted with the raffle proceeds and thanked the club for their generous donation.

JUNIOR MATCH REPORT

Spa started their Junior Co League with a mix of

youth and experience at home to Gneevequilla on Friday night. Spa hit four first half points from Corey Doyle (3) and Hugh O'Donoghue but Gneeveguilla held a narrow lead at the break, Spa 0-4 Gneeveguilla 1-2. Spa struggled to convert scores in the second half and after two Corey Doyle points, just a goal separated the sides going in to the final quarter. Niall McCarthy kicked two late scores and Corey Doyle kicked his fifth of the day but Gneeveguilla ran out winners at the end. Final score Spa 0-8 Gneeveguilla 1-9 Spa: Ollie Cremin, Connie Cremin, Brian Devane, Conor O'Riordan, Eoin Cronin, Conor Stack, Thomas Cronin, Corey Doyle, Hugh O'Donoghue, Alfie Giles, Shane Fenton, Pa Murphy, Conor Gleeson, Eoin Carroll, Conor Kerins. Subs: Michael Kearney, Eoin o'Donoghue, Niall McCarthy, Alan Cronin

UPCOMING FIXTURES

Wednesday May 22nd: U17 9-a-side Blitz (in Blennerville at 6.45pm)

Saturday May 25th: Co League Rd4 Spa v St Marys Caherciveen (in Caherciveen at 7pm)

Sunday May 26th: U12 Co League Spa v An Ghaeltacht (in Spa at 6pm)

U10 BLITZ

Spa hosted Fossa last Thursday evening, both clubs put out 2 teams and all teams put on a great display of football! Well done to all the players and parents who came out to support them.

U8 GO GAMES Our U8s again attended another successful Go Games Blitz with Dr Crokes and Listry last Friday evening and thank you to Dr Crokes for hosting.

LILY OF KILLARNEY

Wishing the best of luck to the Spa Ladies Committee and all the Lilies at this year's Lily of Killarney on Friday May 24th.

JUVENILE TRAINING

Our ABC, U6, U8 and U10 boys and girls training continues every Saturday morning from 10am. For more information on training times, please contact the Coiste na nÓg Secretary on 087 1385612.

LOTTO RESULTS 13/05/19

Numbers 4, 14, 15, 16. No winner and €50 Lucky Dips to Noel Eoin O'Keeffe, Lissivigeen; J Cronin,

50 Outlook 10 03.05.19

Sales: Des 087 659 3427 🛛 des@outlookmags.com

COMMUNITY FOCUS



Children from ScallyWags PreSchool Coolies Muckross taking part in the Big Toddle for Barnardos. The children completed a 5km sponsored walk for vulnerable children of their own age to raise funds and awareness. Included are: Darren Leahy Timothy ODonoghue. Olivia Linehan. Sean O Brian. Molly Moriarty. James Doody. Erin Mac Sweeney. Emily O Donoghue de Vries. Rianne Spillane Joe O Shea. Caoimhe Kennelly. Tiarnan Kavanagh. Jessie Doolan

Coolcorcoran; Rita McKenna, Mill Rd; Samantha & Lee c/o Assumpta. Jackpot is now €11,100 and draw on Monday May 20th will be at the Torc Hotel. Thank you to everyone who supports our club lotto. Tickets available from the following – www.spagaa.com (Online); Clubhouse Reception; Dalys Supervalu; Centra Muckross Rd; Killarney Heights Hotel; Torc Hotel; Killarney Oaks Hotel; McSweeney Arms; Arbutus Hotel; Royal Hotel; Jimmy Briens

SPORTS HALL & MEETING ROOM HIRE

For bookings and enquiries please contact Eileen on 087 6577312 (after 6pm only) or Ann on 087 9403508.

GYM FOBS

Club members (over 18 years old) can access the gym through an individual fob system. CCTV cameras are in operation and members can apply for a gym fob (\in 25) from the Club Chairman Michael Cronin.

MERCHANDISE

The Spa Merchandise Shop is open from 10am to 11am on Saturday mornings and will shortly be moving to a new location in the main building, as well as launching an online shop. Details will be announced shortly. For enquiries contact Mathilda on 087 6487356

SYMPATHY is extended to the family of Joan Cremin, Lissivigeen and to the O'Sullivan family, Knockinane on the passing of Bernie Sugrue, Mallow.

NOTES:

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 085 1216359 before 8pm on Sundays.

LILY OF KILLARNEY CONTESTANTS

There are 4 girls from Rathmore/Gneeveguilla Denise Cremin, Enya Guerin, Lisa Reen and Norma Mahony all contesting the Lily of Killarney this Friday May 24th.at Gleneagle Hotel.We wish them best of luck & every success & all contested on this Friday May 24th.at Gleneagle Hotel. Tureencahill Community Centre are hosting their Annual Barbeque on Sunday 30th June so put this date in your diary

More details to follow to Watch this space

LISTRY NOTES CHORAL CONCERT

Killorglin Men s Social Club Choir. And London's Imperial Male Voice Choir. will hold a joint concert in St. Michael's Church of Ireland, Killorglin.

On Sunday 26th May 2019 at 7.30 PM.

Free Admission. Retiring Collection. All welcome.

KILCUMMIN

I.C.A.

Craft night to be held on Wednesday 22nd May at 8pm in the Rural Development Office. All ladies welcome.

KERRY FEDERATION

Well done to Kerry Federation for organising a wonderful day at the Dromhall Hotel, Killarney. SIAMSA TÍRE

Recruitment for all ages (7-12), (13–17) (18+) Auditions will be held in Siamsa Tíre Theatre, Tralee on Saturday 15th June from 10am – 6pm. 10am to 2pm (aged 7-12) 2 to 4pm (ages 13-17) & 4 to 6pm (aged 18+) Auditions are by appointment only. Contact Siamsa Tíre on 066 71230555 or visit www.siamsatire.cm/nft/ training Successful candidates are trained in traditional song, Irish dance and drama.

KILLARNEY LIBRARY

'Voices of '68' is a unique interactive exhibition featuring the filmed testimonies of 30 political activists, historians & civilians who experienced a pivotal year during the civil rights movement in Northern Ireland in 1968. The exhibition, which is a collaboration between National Museums Northern Ireland and Nottingham Trent University, will run at Killarney Library from Monday 20th to Thursday 30th May during library opening hours. Free admission.

CHILDRENS CHOIR

Kilcummin Children's Choir recommences Tuesday 30th May between 5 and 6pm in the Rural Development Office. Contact Elaine Canning 087 7665005.

THE VALLEY LEISURE CYCLE

The valley 70 leisure cycle in aid of Coolick National School will take place on Sunday 9th June 2019. Registration on Saturday 8th June from 6pm to 8pm and also Sunday from 7.30am. Race starts 9pm on Sunday 9th from Fossa Community Centre. There is a 30km & 70Km route. Entries fees are adult \leq 25, under 16's \leq 15 book online at VALLEY70.WEEBLY. COM. For more information go to Facebook @ THEVALLEY70CYCLE.

KILCUMMIN GAA AWARDS NIGHT AND DVD LAUNCH

A sizeable crowd attended this function last Saturday night which launched the DVD of the All Ireland final and recognised the achievements of the players and management during 2018/19. "Player of the Year" went to Brendan Kealy while Dan Moynihan picked up the "Young Player of the Year". Presentations were also made to Willie Maher, Kieran Fleming and Daniel O Leary for their part in this momentous year. The DVD is now available for sale for €15.

SENIOR FOOTBALL KILCUMMIN play Legion on this Sunday in Kilcummin at 2pm in Rd 4 of the Co League.

JUNIOR FOOTBALL RESULT

Kilcummin 1-14 Glenbeigh / Glencar 1-17 GAA LOTTO

There was no winner of the Lotto on Sunday 19th May. Next draw will be Monday 3rd June, Jackpot €5,200

KILCUMMIN COMMUNITY GAMES

Kilcummin community games athletics will take place on Fri May 31st @6.30pm in Kilbrean Park, Mastergeeha. All Welcome.

MASTERGEEHA FC.

U13 SHIELD FINAL Dingle 4 Mastergeeha 1

In this game Mastergeeha had the better of the first half but could not find the net. Early in the second half Dingle scored two goals but Mastergeeha got a goal back when Emmett Spillane finished well. After this Mastergeeha pushed on but were caught late on when Dingle added further goals.

JOE DOYLE MEMORIAL TOURNAMENT

Mastergeeha Fc host the Joe Doyle over 35s 6 aside tournament on Sunday 19th May at Kilibrean Park in glorious sunshine. All game were played in a very competitive and sporting nature with spills, thrills and goals along the way. Many thanks to all that took part to make this even so successful. The support of volunteers and sponsors is much appreciated in making this occasion so special.

FAI SUMMER CAMP

Places for the FAI Summer Camp which will be hosted in Kilbrean Park – Mastergeeha FC from July 1st to July 5th can now be booked through the FAI summer schools website. Please book early to avoid disappointment at www. summersoccerschools.ie

MASTERGEEHA LOTTO

There was no winner of the Lotto on Friday 17th May 2019. Next draw Friday 24th of May Jackpot €10,000.



stash...Declan Cunningham, Secret reaching for his secret drink, which he hid on the summit of Beenkeragh, last week prior to competing in The Killarney Ultimate High Peaks Challenge, scrambling in difficult and challenging terrain and weather condition. The hard core hikers and runners traversed the MacGillycuddy's Reeks, along with the additional 'Lite' challenge, which included 6 of Ireland's Highest Mountain Range, Carrauntoohil, Beenkeragh, Cruach Mór. With a distance of 25km and 16km in one day, the participants finished at Cronin's Yard at the entrance to the Hags Glen for an after High Peaks party. The Event was organised by Piaras and Catherine Kelly of Kerryclimbing.ie.PHOTO:VALERIE O'ŚULLIVAŃ

rocks on Beenkeragh Ridge, participating in The Killarney Ultimate High Peaks Challenge, scrambling in difficult and challenging terrain and weather condition.. PHOTO:VALERIE O'SULLIVAN



OUTLOOK SPORTS

CYCLING NEWS

The opening round of the Kerry Time Trial League, over the shorter 11.5km course from Farranfore to just outside Tralee, was won by the versatile Conor Kissane.

Competing in the non aero category he clocked 15.16.

Second was Killorglin CC's Barry Fitzgerald (15.26) with Jerry McCarthy, Tralee BC, in third in 15.39.

Tralee BC's Suzzanne O'Sullivan was the fastest lady on the night stopping the clock in 17.53. This Thursday its the first round of the Road Race League with Killarney CC being the first host club.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO

No winner of the lotto draw 17/05/2019, numbers drawn were 1, 8, 9, 30. €50 Y/t prize winner Eugie O'Leary Leam, Sellers prize winner Tom Joe O'Donoghue, €50 to Mai Murphy, €40 O'Leary Printers Ballycasheen, Kay Healy Old Bridge, Headford, Mark, Niamh & Orla Brosnan Headford. Bonus not won numbers drawn were 4, 7, 18 & 25. Next week's jackpot €19,400 plus €1,000 bonus.



Workmen's RC WJ15, J16 & J18 Medalists at Castleconnel Regatta last Saturday. Maya Fleming, Sarah O'Leary, Ellen Farndon, Kate Rudden, Wiktoria Krol and Aoireann Moriarty.

NATIONAL LEAGUE

Held in Tullamore last Sunday, Mairead O' Neill competed and won the hammer.

KERRY CHAMPIONSHIPS

A few more results form Kerry County Championships, Oisin O' Leary 1st in High Jump U12. Heather Culloty 3rd in Walk u14. The club had some great results at The county Championships, we are looking forward to seeing all the qualifiers in action in The Munsters during the coming months. **KNOCKNAGREE ROAD RACE**

In conjunction with The Lord Mayors selection night. The race is on Sunday June 2nd. More details next week.

52 Outlook 24.05.19



Workmen's RC MJ15 1X winner Ryan Bartlett, who together with Conor Lehane won Gold in MJ15 2X at Castleconnell Regatta last Saturday.



Congratuations to Maeve Twomey (Killarney) and Elaine Hudson (Moyvane) on capturing All-Ireland titles for the county at the new National Indoor Arena in Dublin last Saturday (May 18th).

WORKMEN'S RC NOTES CASTLECONNELL REGATTA

Well done to Ben Cussen and Caolán Ireland who took the Gold medals in the final of the Mens Club2 2X. Caolán joined Ryan Bartlett to win the gold medals in MJ16 2X. Ryan went wonhis race in MJ15 1X and paired up with Conor Lehane to win MJ15 2X. Conor, Caolan and Ben joined with Ross McCarthy to take 2nd place in the MClub2 quad . Ross went on to have a fantastic 2nd place finish in the heat of the MJ18 1X. Well done also to Dan Kelliher who had an excellent row to take 3rd place as part of the Mens J16 quad.

Congrats to Ellen Farndon who took Gold in



Members of Killarney Badminton Club pictured at their annual social last Saturday night.

WJ16 1X and teamed with Sarah O'Leary for Gold in WJ16 2X. Well done to Wiktoria Krol who took Gold in WNov 1X and teamed with Aoireann Moriarty in WClub2 2X for another Gold. Maya Fleming and Kate Rudden Wj15 2X Gold, and finally Sarah O'Leary, Ellen Farndon, Kate Rudden and Wiktoria Krol took Gold in WClub2 4X+.

Special mention to the following girls in our J14 crews who had superb rows and took high placings in their respective double and quad finals: Sinead Oliver, Aoibhinn Coffey, Mia Counihan, Sarah Mc Carthy, Kelly O'Connor, Sarah Looney, Lucy Spellman and Eabha Rudden.

BBQ/PAELLA FUNDRAISER

This Sunday 4pm at the Boathouse. We hope everyone has their tickets sorted . Looking forward to a lovely social afternoon with plenty of tasty food.

FARRANFORE MAINE VALLEY AC EUROPEAN RACE WALK C'SHIPS

David Kenny was part of the Irish Senior Mens team who competed in the European Race Walk Championships in Lithuania over the weekend. David represented the country very well finishing in 31st place with a new personal best time of 1hr 26mins over the 20Km distance. The Irish team was 8th overall. A great achievement and we are all proud.

MUNSTER SCHOOLS T&F C'SHIP

The Munster Schools T&F C'Ships were held in CIT on Sat. 18th May. Well done to our athletes who competed, representing their schools in what was some very competitive competitions.. Aine O'Shea continues to excel as she won the Junior Discus with a great throw of 31.05m. Cian Spillane competed in the Junior 1500m race where he ran very strong to finish in 2nd place with a personal best time of 4:26.95. Shauna McCarthy ran very well in the Intermediate 3000m, finishing in 4th place in a personal best time of 10:52.80. Siofra Foley was 5th in the Intermediate Discus with a throw of 24.13m. Doireann O'Shea was fifth in the Junior Javelin with a throw of 22.93m. Best of luck to Aine & Cian who advance to the Nationals.

NATIONAL LEAGUE T&F ROUND 1

Round 1 of the National League was held on Sunday 19th May in Templemore. Maria McCarthy was part of the Kerry Women's team where she ran the 1500m. Finish in 4th in a time of 5:05. Rossa Foley, James Nagle & Dermot Dineen were part of the Men's Kerry Team.

PRIMARY SCHOOL SPORTS

Thanks to all our volunteers who helped out last Wednesday Evening as we held our annual District Primary School Sports. Thanks to Keel GAA for giving us the use of their facilities. Their was great representation from all schools and everyone enjoyed the various events. Schools will be notified in the coming weeks with the children who have qualified for the County Primary Schools which will be held in An Riocht Track, Castleisland on Wednesday evening 12th June.

COMMUNITY GAMES FINALS

We would like to wish all our juvenile athletes who will be representing Kerry in the Community Games finals next week-end in Limerick for the U12/U14 Cross Country Relays & U16 Marathon.

CLUB TRAINING

Tuesdays @ Farranfore GAA Grounds, €2, Juveniles U9 to U16 Outdoors 6 to 7pm (All events).

Thursday @ An Riocht Track, Castleisland, €3 Club Member €5 other. Juveniles U11-U16 & Senior 7:45 to 9:15pm (All events). NOTE: Must be Athletic Ireland Registered to attend.

We welcome new members to come along to training and try it out. If you are happy you can register after two sessions. See our website for full details.

ATHLETIC'S FIXTURES

Sat May 25th: Munster U/9 to U/11 Individual T&F & Pairs + some U12 & U13 Field Events & Junior, Senior & Master Walks/MD), CIT Cork Sat/Sun May 25th 26th: National Community Games, Limerick

Sat June 1st: National Schools T&F, Tullamore Sat June 8th: Munster U12 to U19 T&F c'Ships DAY 1, Templemore

Sun June 9th: Munster Junior / U23 / Senior / Master T&F CShips, Templemore

Wed June 12th: County Primary Schools,

Castleisland

Sat June 15th: Munster U12 to U19 T&F C'Ships DAY 2, Castleisland

Sun June 16th: Munster U12 to U19 T&F C'Ships DAY 3, Castleisland

Sat/Sun 22nd/23rd June: County Community Games athletics, Castleisland

Sun June 30th: National League T&F Day 2, AIT Sun 30th June: Munster Juvenile "B"T&F C'ships & Juv. Pentathlons, Lees road Ennis

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.

KILLARNEY VALLEY ATHLETIC CLUB

Congratulations to all KVAC athletes who participated on Day 2 of County T&F Juvenile Championships in an Riocht. Karl McCarthy, Dara Looney and Sean O'Donovan added to their hall of medals from Day 1 with Karl getting silver in the U16 200m and Triple Jump and gold in the 100mH. Dara Looney won gold in the U16 Triple Jump and Sean O'Donovan won gold in the U14 2K Walk. Darragh Murphy got bronze medals in U16 Discus, Shot and Triple Jump. Micha McCarthy came 3rd in the U13 60mH. Ana O'Shea came 2nd in the U12 Shot. Our U16 4x100 relay came 2nd with Karl McCarthy, Dara Looney, Darragh Murphy and Sean Dennehy. Well done to all.

The Munster Schools Athletics Championships was held in CIT last Saturday. Ciara Kennelly came 2nd in the High Jump. Darragh O'Leary was 3rd in Senior 4x400 relay. Dara Looney came 1st in Junior Long Jump and 3rd in 100m. Karl McCarthy came 2nd in Junior 200m and Triple Jump. Dara and Karl were 1st in Junior 4x100m along with Conor Gammell and Cian Lynch. Congrats to all.

TRAINING continues Thursdays 6-7pm. Bring €2 and water.

KRFC NEWS

AGM

Our AGM will take place on the 30th of May in the Deerhunter Suite at the Dromhall Hotel, Killarney. Proceedings kick off at 7:30pm and all members are asked to attend.

SPLIT THE BUCKET

This week's draw was made at the Killarney Oaks and the winners were Pa Riordan who split the bucket and the promoter was Siobhan at the Corner Bar. To be in with the chance of winning simply put \notin 2 into an envelope into the bucket at any participating venue and you could split the bucket. With 2 winners guaranteed this is a great way to win.

GIVE IT A TRY

Our give it a Try programme kicked off st Aghadoe last Saturday and continues this Saturday between 11 and 12. Open to girls aged 10 - 14 this is a fantastic way to learn to play rugby, make new friends and have fun. Contact Denise on 087-8064112 for details.



U12, U14 and U16 teams from Rathmore Gneeveguilla area who won Silver, Bronze and Pewter medals in last Friday's Community Games Skittles County Competition which took part in the IT in Tralee..



Congratulations to Joey Mccarthy who finished in 4th place last Saturday in the County Pitch & Putt competition in Tralee. Great performances by TJ O'Sulivan and Fintan Martin who also represented Spa Muckross. Thanks to Gearoid Cronin who managed the team.

KILLARNEY BADMINTON CLUB

Congratulations to Maeve Twomey (Killarney) and her ladies doubles partner Elaine Hudson (Moyvane) who won the All Ireland Grade D Ladies Doubles played in Dublin on the 18th May. A fantastic achievement.

Thank you to everyone who supported our fundraisers which help keep our club going. Killarney badminton club has now closed for the season and will re-open in September.

MUCKROSS ROWING CLUB FUNDRAISER BBQ

Our thanks to everyone who supported our Fundraiser BBQ held on Sunday last in bright sunshine in the beautiful surroundings of the Muckross Park Hotel atrium and garden. The event received great support with a large turnout. A special word of thanks to Frits, Daniel and all the staff and management of the Muckross Park Hotel. We are most grateful for the hotel's generous sponsorship of the event and the amazing spread that was enjoyed by all in attendance.

CASTLECONNELL REGATTA

Fantastic results for the club at last Saturday's Castleconnell Regatta held at O'Briensbridge where the club was represented by our J14 an J15 crews. Well done to all our crews, coxes and coaches. The club was winner in six finals including the Womens J14 Quad, Mens J14 Double, Mens J15 Quad, Womens J15 Eight and two straight finals of the Mens J14 Single.

REGATTA SEASON

Another busy weekend for the club with our adult mens crews headed for Metro Regatta in Blessington this Saturday while our younger crews head to West Cork for the Bantry Sprint Regatta on the same day. Best of luck to all crews! Further ahead is the two-day Carlow Regatta on Sat-Sun, June 01-02, two-day Cork Regatta at the National Rowing Centre on Sat-Sun, June 22-23 and Killarney Regatta on Sunday, June 30.



Shrone N.S. won the Cumann na mBunscol, East Kerry girls 5 a side, 2 teacher schools football semi final. They are into into the final. Best of luck girls!

KILLARNEY GOLF CLUB - MENS

The Backstakes Classic, kindly sponsored by the O'Donoghue Rings Hotel group, took place last weekend on Killeen. With the recent good weather and growth the rough was up and this added further difficulty to an already very long and tough challenge from the Blue markers. Results are as follows;

1 st James Devane (9) 39 Points 2 nd Finbarr O'Mahony (6) 36 Points 3 rd George Vass (4) 36 Points 4 th Ewan Macindoe (8) 36 Points 5 th DJ Fleming (11) 36 Points 6 th Michael Jr O'Neill (12) 36 Points 7 th Gerard Moroney (9) 35 Points Best Gross: lan Spillane (1) 34 Points Div 2: Creagh Courtney (11) 35 Points Div 3: Michael P O'Donoghue (14) 33 Points

Div 4: Andy Goulding (18) 34 Points

KILLORGLIN MEMBERS GOLF CLUB

LADIES RESULTS

9 Hole Stanbleford Qualifier sponsored by Lady Member Jennifer Pigott: 1. Ann Walker (25/12) 16 pts (B6). 2. Kathleen Keating, Lady Captain (22/10) 16 pts. 3. Emma Daly (18/8) 15 pts.

Fixtures: 18 Hole Singles Stableford sponsored by Temmler Ireland can be played Sat 25th, Sun 26th or Tues 28th May. Arrange own time and partners.

12 Hole re-entry Stableford sponsored by Committee Member Carmel O'Connor finishes Monday 27th May. Next 12 Hole re-entry sponsored by Lady Captain Kathleen Keating in aid of Kerry Parents & Friends Association, starts Tuesday 28th May.

OPEN DAY: Open Day 18 Hole Singles Stableford sponsored by FEXCO is on Tuesday 11th June. Time Sheet in Pro Shop 0669761979.

ROSS GC, KILLARNEY -GENTS CLUB

RESULTS

On the Sunday 19th we held an Open SS competition. The winners were:-

1....Michael Courtney (12) 41 pts 2....Tomas Kelliher (10) 38 pts

FIXTURES:-

On next weekend (May 25/26) we will hold an open SS competition and the time sheet is now available in the clubhouse.

On Friday May 24th :- We will hold an Open 10 Hole Mixed Scramble with a shot gun start at 7 pm. Please put your name on the entry sheet or be in the clubhouse at 6.30 pm.

Club Matchplay Championship :All players are reminded to play their current round matches before the deadline date. The onus is on the "top" player to arrange the match and any matches unplayed by the deadline date will be decided by a coin toss. Kingdom Challenge Shield:- Best of luck to our Intermediate Team this week when they take on Tralee GC in Tralee in the second round of that competition.

KERRY PITCH & PUTT CLUB NEWS

A RUN by Deerpark's Noel Moynihan to the Semi-Finals of the Munster Junior Gents Matchplay was the best performance of the weekend by the Kerry contingent at the Provincial Matchplay Finals in Larkspur Park in Cashel at the weekend as a number of other Kerry players were beaten at the Quarter-Final stages of the various grades.

Noel came through a tight affair with Tipperary Hills' Michael O'Donoghue in the First Round defeating him at the second playoff hole before going on to defeat another Tipperary player, Darren O'Donnell from Hillview, in the Quarter-Finals 2&1. Unfortunately for Noel he was well beaten in Sunday morning's Semi-Final by eventual winner Daniel Ryan (also Tipperary Hills) 8&6, but still performed well in a weekend pretty much dominated by the host county. In the Senior Gents grade Jason Cregan of Tralee was beaten in the Quarter-Finals by Lakeside's Mick Fennell 4&3 having beaten Cork's Daithi Sexton in the First Round 2&1. Adam Kelly of Deerpark was the sole Kerry player to make the Quarter-Finals of the Intermediate grade as he was beaten by eventual Runner-Up Brian O'Flynn of Tipperary Hills at the second playoff hole in their match having beaten Parteen Che Maher in the First Round. Listowel's Conor Leahy was the other Kerry player to win a match at the weekend in the Junior Gents grade defeating Rocklodge's Greg Lynch before losing to Tipperary Hills' Richard Swords in the Quarter-Finals. Tralee's Lisa O'Connor was beaten by Collins' Patsy O'Donovan in the First Round of the Ladies Intermediate event 3&1 meanwhile

Last Friday at the National Secondary Schools Finals in McDonagh, Kildare meanwhile saw the St Brendans College Killarney team of Lorcan Martin, Adam Kelly and Cillian Courtney finished fourth again having finished fourth at the previous week's Munster event as

OUTLOOK GOLF



PERFECT PUTTING

Scoring well and putting well typically go hand in hand. In order to start your putts on your chosen line remember these 3 basic points.



 2) Ball position to be forward of centre to ensure an upward strike.
 3) Bending forward from your hips so that your eye line is over the ball to target line.



For all your golfing needs please contact :

Mark Heinemann PGA Professionals Lackabane, Fossa, Killarney 064 66 31034 | 087 2209663 Ciaran McKenna | 089 4944266 getgolfing.ie@gmail.com



OUTLOOK GOLF

well. They were three shots off the third place score with 330 as the other St Brendans side of Darragh O'Callaghan, Padraic Looney and Erin Moloney would finish seventh overall.

This Sunday sees the Munster Gents Strokeplay Qualifiers in Newmarket with players all hoping to qualify for the Finals in Listowel on the weekend of June 16th. Details of tee-times will be announced later in the week as we remind players that the trial process for our Gents sides gets underway this weekend with a fee of ≤ 20 for the whole process or ≤ 5 per trial.

BEAUFORT GOLF CUB (LADIES BRANCH)

18th/19th May - 18 Hole Stableford - Sponsored by Blossoms Flowers, Killorglin 1st Joan O'Sullivan (21) 36 pts 2nd Renee Clifford (28) 34 pts 3rd Grainne McShortall (34) 31 pts

FIXTURES

25th/26th May - 18 Hole Stableford - Sponsored by Aideen Ryan.

Club Scramble - Wednesday 22nd May - Meet at clubhouse at 6pm for 6.30pm start

BEAUFORT GOLF CLUB (GENTS SECTION)

19th May - Round 2 Golfer of The Year (White Tees) - Sponsored by The Inn Between, Beaufort 1st Tim Sheehan (16) 65 Nett 2nd Michael Barry (12) 68 Nett 3rd David Carmody (19) 71 Nett Category Winner: Michael Lynch (20) 75 Nett 17th May - Open Friday - Sponsored by Cliffords Groundcare Ltd

Winner: Jamie Morrissey (8) 39 pts FIXTURES

25th/26th May - Captains Charity Rumble - 3 Person Team - Yellow Tees - Sponsored by John O'Callaghan. Competition is a re-entry and will run until 20th October.

22nd May - Club Scramble - Meet at Clubhouse at 6pm for 6.30pm start.

24th May - Open Friday - Sponsored by Clifford's Groundcare Ltd - 18 Hole Single Stableford (Open to both Gents and Ladies) -Ring Clubhouse on 064-6644440 to book a tee time

MURPHYS GOLF SOCIETY

18th April 2019, Dooks Sponsor: Mossy Foley Electrical 1st John Gilhooley (16) 39 Points 2nd Jonathan Casey (11) 39 Points



Cormac O'Neill of the Gleneagle Hotel (front fourth from left) presenting the winners of the Killarney Cups Mixed competition sponsored by the O'Donoghue family of the Gleneagles Hotel to Kay and Matthew O'Connor with (left) James Curran Captain, Mary Sheehy Lady Captain (back from left) Ailish Mulcahy, Sinead Galvin, Jason and Amy Arthur, Ciara O'Mahony and Donal O'Sullivan at Killarney Golf Club on Friday.

3rd Matthew O Connor (13) 38 Points 4th Chris Collins (9) 36 Points 5th Seán Murphy (19) 36 Points 6th Mike Casey (13) (34) Points 1st Nine Jimmie Smith (19) 2nd Nine Gerry Adams (18) NEXT OUTING

29th June, Kenmare (Presidents Prize) Sponsor: Heineken

DEERPARK PITCH & PUTT CLUB NOTES

Munster Matchplay: Very commendable performance by Noel Moynihan in Larkspur Park as he reached the Semi-Finals of the Junior Gents grade on Sunday morning before losing out to eventual winner Daniel Ryan of Tipperary Hills. Adam Kelly was very unlucky not to reach the Semi-Finals of the Intermediate grade as well losing at the second playoff hole to another Tipp Hills player and eventual runnerup Brian O'Flynn.

SUNDAY COMPETITION: 3 Person Team, 2 scores to count: Nett: Sean Ashe, Sean O'Brien & Mike 'Seve' O'Leary 81 1/3. Gross: Ger Casey, Gearóid Cronin & Aidan O'Keeffe 101. No competition this Sunday due to Munster Strokeplay Qualifiers.

National Secondary Schools Finals: The team of Lorcan Martin, Adam Kelly & Cillian

Courtney once again finished fourth for St Brendans College in the National Final in McDonagh, Kildare after having fourth as well in the Munsters the previous week. Darragh O'Callaghan, Padraic Looney & Erin Moloney finished seventh overall on the other Sem team meanwhile.

COMMUNITY GAMES: Robbie Harnett was the County winner in Tralee last Saturday morning as Eoin O'Riordan Looney and Joey McCarthy were also in the prizes.

Registration Cards: PPUI Registration Cards now available for collection in the clubhouse.

Competition Entries: Entries for the County Strokeplay (\in 10) and National Strokeplay (\in 13) being taken. Sheets on Noticeboard, please pay through shop.

Munster Gents Strokeplay Qualifiers: Sunday's event in Newmarket gets underway from 9am. Dress Code in effect, first trial for Kerry Gents teams. Bob Casey: Listowel, next Tuesday, May 28th, @ 6.30pm.

CASTLEROSSE LADIES GOLF CLUB

RESULTS: competitions played on 19th May, kindly sponsored by Cronins' Butchers. 18 Hole Stableford 1st Una Moroney 37 pts (29); 2nd Brid Scannell 33 pts (37); 3rd Mary O'Reilly 32 pts (33). 9 Hole Stableford 1st Erina McSweeney 19 pts (37); 2nd Noirin Sheehan 13 pts (37).



56 Outlook 24.05.19



Milltown/Castlemaine Division 3 Under 14 finalists in the the Lee Strand U-14 County Football League Finals.

KILLARNEY CAMOGIE CLUB

Under 14 - Well done to our fantastic under 14 team who defeated Tralee Parnells in the final of the county feile qualifying tournament. The match was played in Abbeydorney last Sunday and we were victorious on a final score of 4-01 to 3-02. Killarney led all through but had to withstand a ferocious Tralee comback in the last 10 minutes. Some great saves by goalkeeper Maggie Hickey saw us safely over the line. Well done to coaches Paul O Brien and Ceara Moore. Team on the day was Maggie Hickey, Chloe McCarthy, Yasmin O Brien, Megan Gillespie, ThiQua Kennedy, Yen Leniston, Ella Bartlett, Aine Devlin, Chloe, Leah Daly, Anne Hickey, Ava Moore, Ella, Faye O Carroll, Eabha Lynch, Kathryn Ryan, Hannah Ryan.

Preparations for Feile are almost complete. Thanks to everybody who supported our recent bucket collection and back packing efforts. We are hosting the Four Roads club from Roscommon and we are hosting matches in Spa GAA on Friday the 7th of June and Saturday the 8th of June. After that its off to Cork for the quarter finals.

Training for all age groups continues in Spa GAA every Monday evening from 6.30 to 7.30.

BEAUFORT GAA NOTES

LOTTO

The next lotto draw for a jackpot of €9,000 will be held on Sunday, 26th May in Inn Between Bar.

GOLF CLASSIC

Beaufort GAA Club annual Golf Classic, kindly sponsored by Morgen Intl Ltd, will be held in Beaufort Golf Club on Friday, 31st May. Team of 3 with 2 best stableford scores at each hole to count. Longest Drive on 13th Hole and

Nole to count. Longest Drive on 13th Hole and Nearest the Pin on 15th Hole.€15

Entry fee is \in 150 per team and team and Tee Box sponsorship is \in 50. For more information and to book a team or tee time, please contact Colm at 087 6737414 or colmkellymedia@ gmail.com. **U12 GIRLS**

Congratulations to our U12 girls team who had an impressive win over Milltown/Listry last night. The girls are getting stronger with every game. Final score Beaufort 5-10 Listry 2-5. Here's hoping for another exciting game away to listowel/Emmets on Tuesday 21st May at 7pm. Well done girls !

FIXTURES

Under 12 Boys away to Finuge, Sunday, 26th May at 6pm in round 2, Co League, Phase 2. Mid Kerry Under 10 blitz will be in Cromane on Monday, 27th May at 6.30pm

LISTRY GAA CLUB NEWS

DEEPEST SYMPATHY: Listry GAA would like to send deepest condolences to The Griffin Family, Lissavane on the recent death of Neilie Griffin RIP

MUNSTER CHAMPIONS SPAR 5

A SIDE: Congratulations to Faha National School who were recently crowned winners in their category of the Munster Final Primary School Spar 5 a side competition Team members include Ellie Mai Nugent, Naoishe O' Donoghue, Fiana Bradley, Yvonne O'Connell, Sara Fitzgerald, Kate Murphy, Izzy Barrett, Lily Clifford. Best of Luck form Listry in Dublin at the end of the month.

LOTTO WINNERS: Congratulations to Pat and Mike Quirke, Laharn on the recent win of Listry Lotto Jackpot.

SACRAMENT OF THE EUCHARIST: Congratulations to all the juvenile boys and girls in 2nd class who received their First Communion on Saturday 11th May in Listry Church.

JUVENILE UPDATE:

Week ending Sunday April 19th. Results for past week. U16 East Ky league Div 1C final. Monday May 13th. Listry/Keel 2.10 - Fossa 4.11 **U14 COUNTY LEAGUE DIV 1 FINAL.** Friday May 17th



Keel Listry 2.06 Austin Stacks 5.18 U12 COUNTY LEAGUE PHASE 2 RD 1

Sunday May 19th Division 5A. Beaufort 5.09 Listry 5.12 Division 5B Beaufort 5.10 Listry 5.07

FIXTURES FOR THE WEEK AHEAD.

U8s and U10s travel to Blenerville on Sunday next May 26th to play St Pats at 12.30 before the senior game between St Pats and Listry. U12 County League Div 5A & 5B. Bye in Rd 2. **BALLSDOTIE/SPORTDIRECT**; Listry GAA would like our colleagues from @balldotie and @sportsdirectireland who recently visited our club which was a great success. We like to thank all those who were invloved in the day and took time from their busy scheledules for interviews and training session. We expect it to be released on social media on Wednesday 29th May on Ball.ie

LOTTO RESULTS:1,12,21, 25

€100 - Timmy and Phyllis O Sullivan.

€50 X 2 - Mike and Derry. John Hobbins, Coolroe.

€25 X 2 - Timmy O Connor, Scartaglen. Dan Coffey, Dromin.

Draw Entrant: Anne Club PRO

Next Sunday 19th May Jackpot €2,300

LISTRY SENIOR FIXTURE: SFL round 4 Listry V St. Pat's in Blennerville, Sunday 26th at 2pm. Please support.

DR CROKES CLUB NOTES

UNDER 14 BOYS

The U14 boys booked their place in the Division 2 County League final following a six point semi-final victory over table toppers Rathmore in Rathbeg. Three first half goals set Crokes on their way to a 3-5 to 1-2 lead at the break. Rathmore came out fighting in the second half and piled the pressure on our boys. The home team reduced the deficit to within a single score before a late Crokes counter-attacking goal sealed a 4-8 to 3-5 victory. The boys will play Listowel Emmet's in the final.

UNDER 16

Following a lacklustre performance against Fossa and a well earned win over Firies, our u16s faced Glenflesk in the fourth round of the East Kerry League last Tuesday evening in Glenflesk at 7pm.

This much anticipated game very much lived up to expectations. Both teams were evenly matched and on a fine May evening for football gave the gathered spectators a close, hard fought and entertaining game.

The Crokes playing with the aid of the wind quickly raced into the lead notching up a score of 1-2 without reply. Glenflesk under pressure began to settle into the game and converted some well worked scores. The first half proved to be very entertaining and hard fought with the Crokes asserting their dominance from time to time and as the half

OUTLOOK GAA

time whistle blew, there was little separating the teams: The Crokes marginally ahead on a scoreline of 1-5 to 0-6.

The second half began at a blistering pace resulting in a well taken goal by the Crokes directly from the throw-in. This half was not for the faint hearted as the Crokes backs particularly the full back line withheld sustained Glenflesk pressure. A succession of well taken scores were swapped between both teams and at times individual contests boiled over on the pitch. Overall, this was a great team performance by our U16s and as the final whistle blew we finished with a well deserved win on a final scoreline of 2-11 to 1-10.

WELL DONE

Well done to Harry, Cian & Liam who were part of the Kerry South U16 development squad who played Dublin Development in LIT today. LOTTO

Lotto 11, 13, 15, 25. Jackpot E3000. Not won Match 3 5 by E80. Next Draw Sunday 26th of May in Speakeasy. Jackpot E3300.

BALLYHAR-FIRIES GAA

HURLING - FUNDRAISE FOR FEILE:

For the first time ever Firies GAA will have team competing in the u14 hurling Feile na nGael on the weekend of June 7th - 9th. Firies will be hosting Naomh Dominic of Roscommon. Firies are having a fundraising weekend on May 24th & 25th to for this event.

Friday May 24th Bagpacking in Garveys Supervalu Castleisland 10am-6pm

Saturday May 25th 10.30 am -12.30pm Clothes collection, bake sale & lots more fun events please see Facebook page for further updates. Saturday evening Firies hurlers will get a chance to showcase their skills at half time of the Div.3 Football County league Firies v Currow.

We grateful for all support given.

Hurling academy Training continues in Farranfore on Thursdays at 7 pm. All new player welcome.

COISTE NA NOG:

Academy Training continues on the pitch in Farranfore this Saturday at 10.30 to 11.30 for U6, U8 and U10. Bring $\in 2$, a drink and gumshields. All new player welcome.

FIXTURE:

U12 vs Moyvane at Home Monday 26th **RESULTS:**

Hard Luck to the Firies U14's who lost in the County League Final. Final Score Ballymacelligot 5-10 Firies 3-11

Well done to the Firies U16's who won the Division 4 EK Final. Final score Firies 4-15 Currow 2-07

LOTTO:

Last weeks number were 5, 11, 15, 25 No Jackpot winner €30 winners were Mai O Leary c/o Tim O'Leary Denis McGillicuddy c/o Bridie Paddy Brown c/o Bridie B'O Donnell Moriarty's Centra Farranfore Catriona O'Connor c/o Bridie



Sam and Isabella Dennehy were the winners of the Dr Crokes GAA Club lotto jackpot prize of ϵ 6300. The lucky numbers were 4, 10, 12 and 21. In front are Sam and Isabella Dennehy with Pa O'Brien (lotto coordinator) and John Keogh (seller of winning ticket). At back are Malachy Walsh (lotto coordinator), their grandfather, Sean Brosnan and Ed Stack (Treasurer) **PICTURE: EAMONN KEOGH**

The draw for next weeks Jackpot of €2,300 will take place in O Keeffe's Bar, Firies on Friday night, 24th May. Get your lotto tickets from all the usual sellers, Club Officers, Senior Players or from the stand in Moriarty's Centra, Farranfore.

Thank you all for your continued support. JUNIOR FOOTBALL LEAGUE GROUP 4 - RD 1:

Firies Junior kicked off their season with a win over neighbour Listry on Friday evening in Farranfore. It was the first time many of these players had played together with a good combination of youth and experience. Listry got off to great start going up 1-05 to no score after 10 minutes but from then on Firies got into their stride and kicked a number of good points coming from Sean Burke and Liam Brosnan. Just before half time a well worked goal was finished to the net by Billy O Rourke. Firies got off to a good start in the second half and got the game back to level. Listry then got a penalty but it was excellently saved by Cian Callaghan between the posts. Firies got a second goal from Shane Kennedy towards the end of the second half and this was to be the decisive score at the final whistle. Listry did have one final chance to grab a draw at the death but were denied by a great point blank save from Cian again. Final Score: Firies 2-14 Listry 1-14. Up next is an away game against Currow on Friday 31st.

Firies Team: Cian Callaghan, Brian O Leary,

Ger Fitzgerald, Padraig O Mahony, Diarmuid O Mahony, Kevin Murphy McPhee, Jake Flynn, Dan O Connor, Shane O Sullivan, Shane Burke, Shane Kennedy, Liam Brosnan, Billy O'Rourke Subs: Jordan O Connor, James Daly Management Donal O'Donoghue, Eamon

Foley

RESULTS:

Junior Football League - Firies 2-14 Listry 1-14 Fixtures:

Senior County League Rd 4 Sat 25th Home Vs Currow 19.00

Ladies Football:

RESULTS:

U12 Girls Div 1 Firies 3-01 Glenflesk 2-05 U14 Girls Div 4 Firies 3-09 Myvane 4-04 U16 Girls Div 3 Semi Final Beaufort 6-07 Firies 3-13

FOSSA GAA

U16: EAST KERRY U16 LEAGUE FINAL:

Our East Kerry u16 final got off to the worst possible start with Listry/Keel scoring 1- 04 without reply.Padraig Talbot leading the charge from midfield and Harry Kelly chipping away with some fine scores on the inside line. Jack Clifford was in menacing form. Darren Ryan and Ryan O Leary working the wings to great effect. Conor Horgan winning his fair share of ball.

The game ebbed and flowed and such was the excitement that half time arrived in a flash.

Sales: Des 087 659 3427 🛛 🗹 des@outlookmags.com

OUTLOOK GAA

Fossa had reduced Listry/Keel's lead to just one point. Listry/Keel started the second half with great intensity, but our backs were up for the task, Patryk Kamosa, Jackson O'Mahony and Simon Coffey all doing great work. Keelin O'Brien commanding his goals with authority. Cian Doyle really getting to grips with the game, Darragh O'Brien winning everything that came his way. Darren Cronin started to dominate at centre forward, well assisted by the athletic and energetic Rian Colleran. Fresh legs were introduced by Fossa, Sean Dineen unfortunate to get injured. Peader Kelliher like a man possessed mopped up every breaking ball. With the game in the melting pot, one has to use a sporting cliche, cometh the hour cometh the men, Donnacha Greally showing his class, big Padraig Talbot really standing out in the middle third of the field.

A well taken goal by Patrick Lyons tipped the balance in Fossa's way. One last rally by Listry/ Keel was well defended by Dean Sheehan, Tom Cahillane and James O Shaughnessy. Final score of Fossa 4 - 11 to Listry/Keel 2 - 10. Well done to both players and management. **U10:**

Well done to Fossa u10 boys who have played challenge matches over the past 3 weeks.

The boys played Miltown/Castlemaine, Rathmore and Spa.

The boys are playing with huge determination, skill and ability.

A wonderful group of boys and we look forward to much more for the rest of the season.

Well done players and management Girls U14 Div 2 Co Lge Final Fossa 5 -10 ISG 3 - 4

Great win well done to all involved.

COMMUNITY GAMES:

Last Sunday Fossa U12 Girls Community Games Football team are the host club for this new girls football competition to Kerry. Our young team put on a fine show of spirit and determination losing by a kick of the ball in the semi final to the eventual winners Kenmare. On a great day for football the pewter medals were hard earned ... Well done to all 10 teams who took part and to Fossa GAA and Fossa Community Games Committee for organising such a great competition.

PHOTO:

On Sun 26th May at 1pm, straight after academy we will be taking a big club and parish photo for inclusion in the 50 year book. This will be the only chance to be included. Can all coaches text their players to invite them, their parents and parishioners and let them know it us on and make sure they are there. There won't be a second chance to be in that photo.

LOTTO:

No winner next week €11,400.00

LEGION NOTES GAA FIXTURES:

County League Div 1 U-16 Final Wednesday May 22nd @7pm Killarney Legion v Dr. Crokes



Killarney Legion defeated Dr. Crokes on a score line of 5-11 to 2-09 in the EK U-16 Division 1 Final.

Div 1 County League Sunday 26th May @2pm Kilcummin v Killarney Legion Div 5 Group B Sunday 26th May @2pm Kilgarvan v Killarney Legion JUVENILE ACADEMY

On Saturday morning Killarney Legion

welcomed Kilcummin Gaa to Direen, a huge turnout in cloudy conditions saw a morning of great fun and football. Well done to all involved on a great morning.

U-12 COUNTY LEAGUE DIV 4 GIRLS

Our u12 girls team kept their co league div 4 100% record in tact this eve in a sunny but windy Direen. Beale were the visitors in our round 4 game. Our starting 15 remained unchanged from that which won so impressively last week. The first half saw our girls with a stiff wind on their backs. The early exchanges were hard fought with our girls shading the possession. Scores were difficult to come by. We gradually eased into the game with our midfield shading things and giving the supply to our lively forwards. We kicked a couple of well taken points and raised the green flag twice. Beale, to their credit soldiered on and made inroads into the stiff breeze. Being a bit wasteful with possession at times, our girls lead at the break on a scoreline of 2-2 to 0-1. Our girls expected a tough second half playing against the strong wind and raised their game accordingly. Some resolute defending, with our half back line leading by example, gave us the platform to pick off the first few scores of the second half. The middle third of the field saw a lot of ball in the early stages of the second half and our girls stood firm. Some quick thinking by our girls lead to a few more well worked scores.

Our defense were made to work hard but came out on top helped by some fine goalkeeping. Our girls kept their winning run going on a scoreline of 3-8 to 0-1.

Minor Div 2 Report

Killarney Legion 7-09

Na Gaeil 6-02

In sunny but windy conditions our girls started the 11 a side Minor Div 2 encounter playing against the wind and Na Gaeil used the wind at their back to press down the middle and with their Kerry midfielder on form , they managed to put a 4-01 score up at half time. However our girls weren't idle and in true spirits notched up 3-04 to draw the game at half time. Armed with the wind in the second half our girls were accurate and with great passing play notched up 4 - 5 to Na Gaeil 2-01, A Great reflection on our players, some of whom lined out for the seniors yesterday and others about to play their U16 Div 2 semifinal later this week. Having the availability of players on the bench was a great asset in the encounter and definitely tipped it in our favour. Well done to all the panel and this win should secure them a home B final in Div 2.

SILENT SIDELINES INITIATIVE

Killarney Legion are delighted to support the 'silent sidelines' initiative promoted by Kerry GAA & Kerry Coiste na nÓg for U12 boys county league games. One designated coach from each team issues instructions to the players. All other coaches, parents and supporters stay silent and let the players get on with the game and improve their own decision making. Scores and positive play from both sides is encouraged and applauded. Criticism of players, referees and opponents is not tolerated.

Read more here: http://bit.ly/SilentSide

MEMBERSHIP

Annual club membership can be paid online on our website www.legiongaa.com or to any club official.

MOTHERS & OTHERS

Mothers & Others starting back on the pitch @7:30pm every Wednesday night at Direen. Come along for a great workout & fun. All welcome.

LEGION LOTTO

15,16,20,21 Bonus number 19 Match 3's Carmel Lanigan Mary Hurley,150 Ballyspillane Colm O Shea 62 St Brendan's Tce Patrick Moriarty, Muckross Gillian Lyne,Muckross Jackpot now €17,800, Draw next Sunday at 9pm Murphy's Bar



By Michael O ' Mahony

East Region U16 League division 2 football final.

Glenflesk 4.17 v Kilcummin 0.08 played in Lewis Road, Monday 20th May 2019

Glenflesk had a runaway win over Kilcummin in a very well appointed venue in Lewis road on Monday evening. Luke Crowley and Dylan Roche were tormentors in chief getting two goals each and setting up and scoring most of the points.

Kilcummin were first to score through Cian Foley with two points. However Glenflesk took over and had five point on the board before Roche got his first goal after twelve minutes. Kilcummin found the opposite keeper Jack O'Donoghue in fine form and he made a number of solid saves throughout the game. Kilcummin missed a penalty after twenty one minutes and Glenflesk got a second goal through Crowley three minutes later. Glenflesk added three further points to lead the half time score 2.09 to 0.04

After two minutes Roche got his second goal. Kilcummin rallied with three points and forced another save from O'Donoghue. Glenflesk were playing on the break and it was Crowley who put the game to rest with his second goal after a fine pass from Roche. It was one way traffic for Glenflesk who added five more points to the finish.

Dara O'Callaghan, Mark O'Shea, Turlough O'Connor and Colm Kelliher were best for Kilcummin while also to impress from Glenflesk were Cian Lynch, Tommy Bowler and Killian O'Sullivan.

At the end of the game the trophy was presented to Captain Kevin Bowler by the chairman Sean O'Keeffe.

KILCUMMIN TEAM

Jaden Tynan, Dara O'Shea, Cian Murphy, Andrew Lowin, Turlough O'Connor, Dara O'Callaghan, Oran Dwyer, Jack McClain, Colm Kelliher, Colin O'Leary, Mark O'Shea, Adam O'Sullivan (Captain), Oisin O'Leary, Cian Foley, Micheál Sweeney. Evan O'Sullivan, Cathal Brosnan, Gearóid Mulvihill, Killian O'Brien, Kirill Healy, 22 Brandon Griffin, Daniel Horgan, Robbie Moynihan

Mentors: James Foley, Diarmuid O'Callaghan, David Kearney, Kevin O'Riordan, Michael O'Callaghan

GLENFLESK TEAM

Jack O'Donoghue, Stephen Moyinhan, Darragh O'Connor, Josh Lyne, Cian Lynch, Kevin Bowler, Sean Guerin, Michael Mullane, Killian O'Sullivan Ben Switzer, Dylan Roche, Ronan O'Donoghue, John Kelliher, Luke Crowley, Tommy Bowler, Evan Lucey, 19 Donal Murphy, Ignatius O'Leary, Jack Kennelly.

Mentors: Jerry Mullane, Con Lynch, Alan Murphy, Jonathan Bowler.

The referee was James Brosnan from Currow, who brought a full complement of officials for this final.

East Kerry Junior leagues 2019 (First team named is at home)

Division 1

Round 1 - Tuesday 28th May at 7:15pm

GLENFLESK V DR. CROKES

St Pat's East Kerry with the support of Killarney Credit Union are proud to introduce the Pat Delaney Memorial Cup scheduled to take place on the 1st of June at the Ross Golf Club. Anyone interested in supporting this event, please contact me directly. Thanks in advance. Gary 087-2884478

East kerry GAA Committee Meeting this Tueday May 28th at killarney Helights Hotel at 9pm All Delegates requested to attend.

GNEEVEGUILLA GAA NOTES

There was no winner of last weeks lotto numbers drawn were 6,11,15,26. Lucky dip winners were \in 40 Rachel McAulliffe \in 40 Dan Nagle Rathmore \in 30 Gneeveguilla N school YT \in 30 Noran Brosnan \in 20 Peggy Fox YT, next week jackpot \in 5,250 thanks for your continued support. Seniors play Lispole at home this Sat at 7pm.

MILLTOWN CASTLEMAINE GAA

Registration evening Thursday May23 rd. 6 – 8 PM-Milltown/Castlemaine GAA Grounds

Milltown/Castlemaine GAA Club held their annual Registration evening at the clubhouse on Thursday 23rd between 6 and 8 pm. In recent times registration of any underage player was €30, however in the best interest of child welfare and code of conduct protocol and keeping in line with our policies, the club has decided that all underage membership must be accompanied with one adult membership. Therefore 1 adult and 1 child will now be €80. Family membership of 2 adults and all children up to the age of 18 is still available for €100. Adult is €50, senior player is €50, Juvenile is €30 while couples are €80. As you may be also aware, the club is undertaking a major redevelopment of our playing facilities and we are on a fundraising drive at the moment to finance our future. On the night there will be a designated team to explain the packages available which include Membership, Lotto, Gym membership and draw for All Ireland tickets. We look forward to seeing vou on Thursdavevening.

Silent Side-lines' is an initiative of the Co. Board which is to be implemented at all U-12 Co. League Phase 2 games beginning this weekend.

Essentially the message is that supporters are to remain silent during the game, remain outside the playing field or in a designated area for supporters and that just one lead coach interacts with the players during the game. Inthis way the children will have a more enjoyable experience playing the game and putting into practice want they have learned on the training field.

The Co. Board is asking all of us to co-operate in helping to implement this initiative.

LOTTO JACKPOT DRAW:

Congratulations to our lucky winners from our Lotto Jackpot Draw on Friday last

€50 :Bridie O'Brien, Castledrum and James Daly, Milltown, €25:Adam Spring, Castlemaine,

🗠 killarneyoutlook@outlookmags.com 🛛 🕤 killarney outlook 🏾 💆 @killoutlook

Patrick Hanafin, Milltown, Lispole GAA and Kathleen O'Connor, Castlemaine

Sincere thanks to all from near and far who continually support our Lotto either by buying or selling tickets.

Jackpot is now €8,400 with €250 for a Match 3 Next draw on Friday May 31st in The Shanty Bar, Ballyfinnane.

County Junior Football League: result courtesy of Dara O Connor.

Group 3, Round 1 Result: Milltown/ Castlemaine 'C' 4-9, Castlegregory 'B' 3-12

Another milestone for our club as it was the first time Milltown/Castlemaine fielded a 'C' side at senior level with 21 players in attendance and we more than held our own. With a nice blend of youth and experience on show we almost took the victory from tonight's opening round game only for a last ditch Castlegregory goal to deny us. All in all a great start to the County Junior League which will give us plenty confidence and encouragement going forward with our next outing away to Keel 'B' in a weeks' time.

Senior B's are at home to Ballyduff on this Saturday, May 23rd with a 6 pm start, in Division 5 of the County League.

On Sunday May 24th, our Division 3 contest will see us take on St. Senan's in Currans at 2 pm.

Juniors:

Our juniors came out with a draw on May 17th after a high scoring game against Castlegregory. Final score MC: 4:09, Castlegregory: 3:12

MID - KERRY LEAGUE FINAL:

Glenbeigh Glencar: 10 points, MC: 14 points. After a very exciting game of football, Glenbeigh Glencar were presented with the Dermot Twiss Memorial Cup on Sunday afternoon in the JP O'Sullivan Park. It was a tough close encounter with both sides playing some great football butGlenbeigh Glencar ran out eventual winners. Congratulations to them on their victory and to their player of the game Caolim Teahan, who gave a great exhibition of footballing skills on the day.

Sincere thanks to our senior board sponsors Larkins Bar and Restaurant and Kelly's Londis Topshop for their continued support.

UNDER 14 LEE STRAND DIVISION 4 FINAL

Our Under 14's generously sponsored by Burkes Butchers and Norman Foley, Spar were pipped by the narrowest of margins following a tremendous effort in Austin Stack Park on Wednesday evening last.

Despite being 8 points down at half time, these boys never gave up and cameback to go a point up but Desmonds emerged victorious at the final whistle.Huge praise must go to both management teams and their respective panel of players for the quality of football skills which they treated the very large and excited group of supporters.

Both keepers certainly kept their respective teamin the game with Jerry McCarthy being particularly brilliant for MC, pulling off some magnificent saves. The full back line of Damian, Sebastian and Eoghan stood up to the constant attacks of Desmonds and they

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were ably supported by John Hogan Aaron Dinham and Gearoid Quirke.

Captain Ben Downes and Oisin Spring coped very well with the mobility and agility of the Desmond centre field players too, constantly following and tracking. Our half forwards of Cian, Eoghan and Liam all made some wonderful contributions with some great kick and hand-passingmoves while the full forward line of Dara Hogan Riain Foley and Dara Bartonwere always available to convert those scores or set up the next attack. Charlie and Odhran were called off the bench at half time and with the wind in our favour, helped their team to a brilliant comeback. Our subs Ben, Liam, Tristan, Dylan, Rory, Darragh, Adrian, Colin and Pat all put in a tremendous effort at training all season and can look forward to playing in their next game against Legion. Under 14 B semi-final against Legion will be played on this Wednesday at 7 pm in Milltown. Please head down and give your support. Our juniors are at home to Glenbeigh Glencar in the Mid Kerry League this evening Tuesday with a 7.30 throw in. Please come along and show your support!

U14 County Final Keel/Listry V Austin Stacks

Report by Fergus Clifford



County League Div 1 final. Austin Stacks 5:18 Keel/Listry 2:06.

Keel/Listry came up against a very strong Austin Stacks team in this division 1 decider played at JP O Sullivan Park Killorglin on Friday evening. Stacks started strongly with 2 early goals and maintained this dominance for most parts of the game. Despite giving way in the age and physical stakes the Keel/Listry boys battled to end and got 2 second half goals of their own. This has been an excellent campaign overall. The lads played 6 games prior to tonight including the semi final winning 5. They have improved individually and as a team since coming together in early January. It is great for the lads to be playing and competing well in the top flight of football in Kerry. On the night they just came up against a bang in form team in the shape of Austin Stacks. There is certainly no shame in that.

We also fielded a team in div 9A which acquitted

💦 OUTLOOK GAA

PROGRESSIVE 31 CARD DRIVE:

Here are our card winners from last Tuesday. Joint 1st-Donal Sullivan + Peggy Leane, Eileen Roche + Jimmy Boyle,

Joint 2nd -Hannah Landers + Nuala Corbett, Dan McCarthy + Marie Connor

RAFFLE WINNERS

1st Hannah Landers, 2nd Tony Marshall and 3rd Marie Connor.

Sincere thanks to all for supporting our cards initiative and we look forward to welcoming you all again this Tuesday at Nagle Rice Community Centre.

itself very well. There is still plenty of football to be played this year in terms of East Kerry and Mid Kerry competitions. Well done to all the players from both clubs and their dedicated mentors Donie Evans, Pat Fleming, Willy Evans, David Murphy and Jason Foley.

Team: Darragh O Neill Mark McCarthy Michael O Callaghan Cian Fleming Daniel Evans Gearoid Evans Liam Evans Fionnán Griffin 2:00 Michael Byrne Cathal O Donoghue 0:02 (2f) Tadhg Gosney Mark Murphy 0:01 (f) Paul Costelloe Padraig O Donoghue (0:03)

DJ O Mahony, Dylan O Connell, Sean O Brien, James Barton, Oisin O Dowd, Dan Kelliher, Jack Evans, Jessie O Reilly, Kealan Foley, Danny Breen, Lachlan O Shea, Ashton O Meara, Paddy Tangney, Dylan Ladden,

East Kerry U16 Div.2 Final Glenflesk clinch Division 2 final

Monday evening saw Glenflesk and Kilcummin compete for the East Kerry Division 2 League title in sunny conditions in Dr Crokes pitch. Kilcummin started brightly and led by 2 points early in the game. However the Glenflesk team settled quickly and started playing some good quality football, working their scores well to lead 1-6 to 0-2 mid-way through the 1st half. Glenflesk continued to create chances and take their scores while Kilcummin were unlucky with a few close goal chances. Glenflesk led 2-9 to 0-4 at thalf time. Any hopes of a Kilcummin comeback were

dashed when Glenflesk scored an early goal in the 2nd half to extend their lead. Kilcummin came back strongly to score the next three points but Glenflesk dominated the rest of the game which finished 4-17 to 0-8. While Glenflesk played some lovely football and kept possession well it was also a night where little went right for Kilcummin. Well done to all players involved and to coaches Jerry Mullane, Alan Murphy, Jonathan Bowler and Con Lynch. Many thanks to East Kerry, referee James Brosnan and his umpires and to Dr Crokes for the use of their facilities.





Killarney Athletic Girls under 16 Cup Final Winners.

12's Division 2 MEK 5-2 Killarney Athletic Killarney Celtic 2–0 MEK Killarney Athletic 0–7 Iveragh United Quills Woollen Mills 14 Division 1

KILLARNEY ATHLETIC 4-1 KILLARNEY CELTIC B

LEAGUE OF IRELAND

The Kerry 13's might have gone down 2-1 to Cork City they did so after giving the visitors the toughest game of their 8 league games so far. Cork came to Tralee with 7 wins for 7 and were scoring for fun but Kerry held them scoreless in the first half and could have sneaked the lead following a Ben O'Callaghan header.

Cork made the breakthrough in the 7 minutes into the second half when Clan Spillane finished off a corner to the Kerry net after Darragh Foley had made a great save from the same player.

But Kerry were level in the 64th minute when Oisin Healy scored. But it was Cork that got the win following a long range free kick.

In the 15's Kerry are still on course for a top two finish despite going down 3-0 away to Cork City. Both Kerry sides face Cobh Ramblers next week in games both will be targeting 3 point from.

REPORTS FROM CUPS AND SHIELDS

Castleisland need extra time to reach 12 Boys Shield Final:

With Killarney Athletic awaiting in the final Castleisland joined them after an extra time win away at Camp Juniors. The game was tied 2-2 after normal time with Dylan Harrington and Mark Farrell from a 25 yard free kick scoring for Camp. Jack Foley and Jack Joy were on the mark for Castleialand and with the looking like going to penalties David Healy hit a screamer to send his side into the final.

Killarney Celtic and Inter to contest 12 Girls Cup final:

Following Saturday's semi-finals Killarney Celtic and Inter Kenmare will go head to head for the 12's Girls Cup. Suvi O'Connor scored before and after half time to put Camp 2-0 up. But then Naoise O'Donoghue grabbed hold of the game and hit a hat-trick in the last half hour to snatch the win for her Celtic side.

In the other Last 4 game Inter Kenmare were too strong for a younger Listowel Celtic team. Goals from Thiem Doran 3, Martha O'Sullivan, Maggie McCarthy and Helena O'Donoghue have put Inter into the decider.

12 GIRLS SHIELD REACHING THE BUSINESS END:

Iveragh United became the first side through to the 12 Girls Shield Final when they proved too strong for an MEK Starz side that gave a very good account of themselves. However the South Kerry side had Katie O'Connell and Katie Foster in great from as they hit 4 and 3 goals respectively.

The battle to see who will join Iveragh in the final has reached the Last 4 stage. LB Rovers are a new side to the Girls League and impressed with a 2-0 win over MEK Kickerz. Leona Meaney and Erica McSherry are just two names to look out for going forward.

LB will now meet Killarney Celtic Green who defeated Dingle Bay Rovers 1-0 in Friday night's quarter final. Jessica Leggate continued her good scoring record getting the only goal on the night. The Dingle girls certainly showed that they can compete at this level as their first season in competitive action.

13'S SHIELD DECIDED:

In the battle of the two Dingle Bay sides in the John Joe Naughton 13's Shield semi-final it was the A's that got past the B's 3-1. It shows the work going on in the West that the club has two teams to reach the semi-final stage.

Two goals from Conor Corduff and one from Cian McGearailt saw the A's through to face Dingle Bay A reach the final against Mastergeeha. Edgar Malafiv got the goal for the B side in the semi-final The Final: In the final at Mounthawk Park Dingle Bay Rovers put in an excellent second half to win 4-1 after the teams went in scoreless at half time. Goals from Danny Kavanagh, James Hoare and Conor Corduff put the West Kerry side 3-0 up before Emmet Spillane pulled one back for Mastergeeha. However Joe Linnane had the last laugh netting late on. The DBR keeper Max Kennedy was the Man of the Match.

SCHOOL BOY/GIRL SOCCER SECOND LAST FULL WEEKEND OF ACTION IN THE KSBGL:

LEAGUE OF IRELAND

13's Kerry1 -2 Cork 15's Cork 3–0 Kerry Cups and Shields: John Murphy 12 Boys Shield semi-final Camp Juniors 2-3 Castleisland AET 12 Girls Cup semi-finals Inter Kenmare 7–1 Listowel Celtic Camp Juniors 2-3 Killarney Celtic White 12 Girls Shield semi-final MEK Starz 0-7 Iveragh United 12 Shield ¼ Final Killarney Celtic Green 1–0 Dingle Bay Rovers LB Rovers 2-0 MEK Kickerz John Joe Naughton 13's Semi-Final Dingle Bay A 3-1 Dingle Bay B 13's Shield Final: Dingle Bay Rovers 4–1 Mastergeeha Tom Hayes 14 Cup semi-final Inter Kenmare 2-0 Iveragh United 14's Shield semi-final LB Rovers 2-4 Killarney Athletic Healy Family 15's Shield semi-final Listowel Celtic 3-2 Mastergeeha AET Shield Final LB Rovers 2–3 Listowel Celtic U16 Girls Cup Final Listowel Celtic 2-1 Killarney Athletic League JK Sports 12 Premier Inter Kenmare 1-0 Tralee Dynamos 12 Division 1 Tralee Dynamos 3-0 Camp Juniors

INTER KENMARE AND KILLORGLIN TO CONTEST 14'S CUP FINAL

The battle for the Tom Hayes 14's Cup on Saturday will be between Killorglin and Inter Kenmare. Inter booked their place in the final thanks to a 2-0 win over Iveragh United thanks to two goals from Yago Cornide. Inter also needed goalkeeper Eoghan McCarthy to be in great form to secure the win.

Athletic the first side into 14Shield final: Killarney Athletic made the trip to North Kerry a winning one in the Tom Hayes 14's Shield semi-final. The Killarney side saw off a battling LB Rovers 4-2. Cian Sheehy and Thevian Buckley put the home side 2-0 up before the Athletic side turned things around thanks to goals from Fionn O'Neill, Alex Hennigan, Oisin Lynch and Ryan Neeson. Athletic will meet either Dingle Bay or Park B in the decider.

15 Shield goes to Listowel Celtic after come from behind win

The final of the Healy Family 15's Shield was between LB Rovers and Listowel Celtic. LB went through last weekend and Listowel Celtic took the second spot after a 3-2 extratime win over Mastergeeha.

The North Kerry side were home and had goals from Jack Carty, Darragh Hudson and Darragh Casey to take the win while goals from Colin O'Leary and Darren O'Shea saw the sides level at 2-2 after normal time.

The Final: On the Mounthawk Astro on Saturday LB Rovers took a 2-0 lead through Padraig O'Connor from a Joseph Finch cross and Kieran O'Connell just before the break.

However with the wind it was all Listowel Celtic and two goals from Sam Cooke, one from the penalty spot, and one from Adam Segal saw them take the win with Cooke also named Man of the Match.

LISTOWEL CELTIC TAKE THE FIRST GIRLS CUP OF THE SEASON:

The first Cup of the Girls season has gone to Listowel Celtic after they defeated a gallant Killarney Athletic side in a cracking 16's Girls final.

Celtic went ahead through Melanie Higgins but Emer Cronin pulled Athletic level 5 minutes later. Kelly Enright got the vital winning goal on the stroke of half time and try as Athletic might they just couldn't find an equaliser.

REPORTS FROM THE LEAGUES: INTER GET THE WIN NEEDS TO BE CROWNED 12 PREMIER CHAMPIONS:

After a very competitive JK Sports 12 Premier Inter Kenmare knew that they needed at least point from their last game at home to Tralee Dynamos. In front of a great crowd Inter took all three points but only just. Niall O'Shea was the Inter hero as he got the only goal of the game to see Inter crowned champions while Tralee Dynamos also enjoyed a good season taking joint third spot level with Killarney Athletic.

Tralee Dynamos take second in 12's Division 1



Killarney Athletic Under 14's Division 1 League winners.

Following a long season Tralee Dynamos B have secured second place in the JKSports 12 Division 1. They ended with a 3-0 result in their last game over Camp Juniors. The Tralee side are runners up to Fenit and finished ahead of Killarney Athletic B.

Iveragh United the top in 12's Division 2 South In the JK Sports 12 Division 2 South Iveragh United are still unbeaten in the JK Sports 12 Division 2. They took their latest three points following a good away win at Killarney Athletic. Their goals came from Daithi Sugrue 2, Alex Kelly, Zach Driscoll, Ronan Murphy and Niall O'Sullivan.

MEK lead Killarney Athletic by 2 points in the race for second place after they defeated them 5-2 in mid-week. However the missed the chance to extend that lead on Saturday when they went down to Killarney Celtic C 2-0. JJ O'Donoghue and Eoin Murphy got the goals for Celtic.

Eanna Murphy had a good night for the winners hitting 4 goals with James Clifford getting the 5th for the Mid and East Kerry side. William Ruvejcan got both goals for the Woodlawn side.

Athletic the 14's Division 1 champions Killarney Athletic wrapped up their second League win of the season when the 14's wrapped up the title thanks to a 4-1 home win over Killarney Celtic B in Woodlawn.

They have gone through the season unbeaten and took their final three points thanks to goals from Alex Hennigan 2, Mathew Moynihan and Paddy Falvey. Fionn Noctor replied for Celtic B.

KILLARNEY ATHLETIC NOTES KILLARNEY ATHLETIC 7 A SIDE TOURNAMENT SPONSORED BY KILLARNEY CREDIT UNION.

The 7 A tournament will now take place over 2 weeks with games taking place Monday

to Friday and underage games being played on our new astro turf pitch. The finals are scheduled to take place on Thursday 11th and Friday 12th July. The tournament is open to all ages. Senior Men, Over 35's and underage boys from 10-16 years. Application forms are available from the Beech Road and Park Road branches of Killarney Credit Union and at www.killarneyathletic.com. The entry fee for Senior Men: €200; Over 35s: €150; Ladies: €150, U10/12: €75 U 14/16: €100. The closing date for all ages (to be returned to the credit union) is Friday 7th June before 5.30pm. The draw will take place on Monday 10th June in the Shire Cafe, Killarney at 9.00pm. Further information is available from www. killarneyathletic.com.

GIRLS UNDER 16 CUP FINAL LISTOWEL CELTIC 2 KILLARNEY ATHLETIC 1

Results

Under 16 Girls finished their season with a superb display in a Sporting Exciting and Tightly Fought Cup Final against Listowel Celtic at KDL Headquarters in Tralee on Saturday. After a shaky start we conceded to a well taken goal to go down 1-0. This seemed to spur us on and after a great thru ball by Pia Hickey Emer Cronin ran on to round the keeper and finish to make it 1-1 for the remainder of the half it was punch for punch until right on the stroke of half time Listowel scored a second goal which in truth was against the run of play 2-1 down at half time. In the second half Listowel again started the stronger but after 10 minutes we took control and pressed hard but unfortunately to no avail and Listowel held out for the victory. This group of girls have trained hard all season and covered themselves in Glory from start to finish they were a credit to themselves and to their Club. All 19 girls played their part in getting to the Cup Final and they did not disappoint. Huge Credit to Diarmuid and Donnacha for their time and dedication. A big

thank you to Kerry Physo Phil Bates. Thanks to all the parents for their support. Well done all. Under 14 Division 1

Killarney Athletic 4 Killarney Celtic B 2

Division One 2019 League Champions. Great way to finish the league campaign in a sporting game against Killarney Celtic with 2 goals from Alex Hennigan and 1 each for Matthew Moynihan and Paddy Foley. This gave us the league title. Everyone played their part in this league winning campaign. And there is one more game for this group in the Shield Final hoping to complete the double. Great Credit to Manager Ger Moynihan and Eoin for mentoring these young Blues to an unbeaten run in the League. Thanks to Padraig Hartnett for making the Presentation. Thanks to all the parents for their support. Well done Everyone.

UNDER 14 SHIELD SEMI FINAL LB ROVERS 2 KILLARNEY ATHLETIC 4

If there was ever a game of 2 halves this was it we found ourselves 2 down at half time and really struggling even though we played against a strong wind, this team never know when it's beaten and they always find a way to get back in games tonight it was from a beautifully struck free kick from keeper Fionn O'Neill further goals from Alex Hennigan Oisin Lynch and Ryan Neeson see the lads through to another final for the club brilliant performance by the whole squad roll on final day.

FINAL FIXTURES KERRY SCHOOL **BOYS/GIRLS**

Friday, 24th May

UNDER 13 CUP FINAL

Killarney Athletic v Killorglin 6.45pm in KDL Grounds

Monday, 27th May **UNDER 15 CUP FINAL**

Killarney Athletic v Killorglin 6.45pm in KDL Grounds

Tuesday, 28th May

UNDER 14 SHIELD FINAL

Killarney Athletic v Dingle Bay Rovers or St.

Brendan's Park 7.00pm in KDL Grounds

Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@ hotmail.com. Please check the website on www.killarneyathletic.com or Facebook for match reports, club information and contact details.

KILLARNEY CELTIC NEWS GREYHOUND BAR CUP FINAL

Killarney Celtic 5, Tralee Dynamos 0

Killarney Celtic retained the Greyhound Bar Cup title with an emphatic win over Tralee Dynamos last sunday at Mounthawk Park. Celtic were positive from the off and Stephen McCarthy (2 times) and Wayne Sparling had threatened before Celtic hit the front. Good midfield pressure by Cathal O'Shea won the ball back in the Dynamos half which resulted in Lee Downing finding Stephen McCarthy who fired in to the corner of the net from outside the area. Celtic continued to dominate and good passing from the back released Stephen McCarthy whose shot was saved but from the rebound Stephen McCarthy teed up Wayne Sparling who calmly finished to the net to give Celtic a 2 goal lead at the break. Good overlapping play by Brendan Falvey forced a corner from which Gary Keane found Stephen O'Mahony who headed powerfully to the net. Great pressing by Celtic forced Dynamos to concede a throw in and Matt Keane found Stephen McCarthy who worked space for himself to curl a beauty to the net from outside the area. Celtic now started to run the bench. No 5 came after some fantastic link up play on the left side between Jordan Leahy,Lee Downing and Ryan Kelliher which resulted in Ryan Kelliher crossing for Cathal O'Shea to slide home. Dynamos continued to play in a positive manner to find a consolation goal but Roy Kelliher denied them on 2 occasions. Well done to the management and players on winning the cup for the 3rd time in 4 years. Next up is the League Final in Mounthawk on Sunday at 3pm.

U12 DIV 2 SOUTH

Killarney Celtic C 2, Mek 0

Celtic C claimed all the points here. After withstanding early Mek pressure Celtic took the lead when JJ O'Donoghue finished a Mark Looney free kick to the net. Ben Kelliher doubled the lead after being put through by Eoin Murphy.

U12 GIRLS CUP SEMI FINAL

Camp 2, Killarney Celtic (White) 3 Naoishe O'Donoghue was the hat trick hero here after the girls came from 2 down to qualify for the cup final. Well done to all.

U12 GIRLS SHIELD QUATER FINAL

Killarney Celtic (Green) 1, Dingle Bay 0 The deadlock was broken in the 2nd half when goal machine Jessica Leggate fired home a free kick from Katie Forde.

CONGRATS

Congrats to Mark Looney 12C who made Team of the Week and to Naoishe O'Donoghue who made the Girls Roll of Honour and was also named as the Girls Player of the Week.

SOCCERTOTS

There will be no Soccertots,U7/8/9 training this Saturday due to the Barnardos tournament. All are welcome to the Barnardos tournament this Saturday featuring U10/U11 teams from all over Kerry and Munster. Group games begin at 10am and the knockout games are in the afternoon.

CELTIC LOTTO

Numbers drawn 5,8,10,28. No jackpot winner. Match 3 receive €75. Next jackpot €6,800.

Celtic to host Barnardos Tournament 2019

This Saturday May 25th at Celtic Park, Killarney the 2019 Barnardos Tournament takes place. Over 320 boys and girls aged 10 and 11 will descend on Killarney Celtic's home grounds for a day of wonderful soccer action.

The visiting teams are Aisling Annacotty, Dynamic Coaching, Pike Rovers and Fairview Rangers from Limerick. Rockmount, Carragaline, Douglas Hall and Midleton from Cork. Clonmel from Tipperary and Villa from Waterford. And from Kerry - the host club Celtic, Killarney Athletic, St Brendan's Park, Tralee Dynamos, MEK, Inter Kenmare and Killorglin.

The action kicks off on 6 pitches from 9.30am with the finals pencilled in for around 4pm followed by the medal presentations at 5.15 Tournament Director Brian Looney said that its all systems for a great days football with a

wonderful charity also benefiting. "This tournament is held in different Leagues around Munster each year and Killarney Celtic

It is a very big logistical undertaking with over 320 under 10 and 11 boys and girls, around 60 coaches and probably up to 700 spectators expected on the day.

Killarney Celtic is very experienced at hosting big events and once again we have nearly 40 volunteers on the day to make everything runs smoothly.

While enjoying the games is the big focus for the players we also want to raise as much as we can for the charity who do such great work and all participating clubs will be making donations plus we will have draws and refreshments on sale as well.

It will be a busy day in Killarney with the Election counts taking place near-by but it's goals we will be counting at Celtic Park!!!

We look forward to welcoming all the young stars to the Barnardos 2019 tournament and everything is in place for them to have a wonderful day and to take away great memories."





put up its hand to host it this year.

KERRY GAA SCENE



Luke Crowley, Glenflesk being tackled here by Turlough O'Connor, Kilcummin in the East Kerry u16 Div. 2 Final last Monday evening PHOTO: SEAMUS HEALY.

Intercounty Action!

The summer championship season has begun. The Kerry hurlers began their Joe McDonagh campaign in Antrim but unfortunately results didn't go their way. However, this young team will bounce back from defeat to face Westmeath in Mullingar on Saturday.

The Kerry Minors won their phase 2 Round 1 game against Cork on May 7th. Kerry now host Clare in the Electric Ireland Munster Minor Championship phase 2 round 3 game. The game is on in Austin Stack Park Tralee at 7pm. The Kerry Minor team to play Clare will be announced today (Wednesday) at 1pm on the Kerry GAA website. We are hoping to have a big home support in Tralee on Thursday night to get behind our Minors.

The U20s are busy preparing for their first game of the year. They are away to Cork on May 29th in the John Kerins Development League. Sean O'Leary, Kilcummin was ratified as the 2019 U20 Captain at the most recent County Committee meeting.

Peter Keane is in the midst of Munster Championship preparations at the moment as it is under two weeks to our opening Championship game! The Kerry GAA Supporters Club are taking coaches to Ennis on Saturday June 1st for the Munster semi-final against Clare and all seats must be booked by Thursday night May 30th. For booking contact Donal O'Leary, John King or Martin Leane. The Kerry team to play Clare will be announced on the Kerry GAA website on Friday, May 31st at 8pm.

We wish all of our Inter-County teams the best of luck in their respective competitions! The championship gear that all teams will be wearing is exclusively on sale in the Kerry GAA store, Killarney.

Credit Union County League

Round 4 of the Credit Union County Leagues will go ahead next weekend. After 3 rounds An Ghaeltacht are on top of the Division 1 table with 6 points while St Marys have yet to register points. In Division 2 Glenbeigh/Glencar and John Mitchels are on 5 points and on the other end of the table its Ardfert with 0 points. In division 3 Gneeveguilla are on top with full points while Fossa and Lispole remain pointless for the moment. In division 4 Laune rangers have 6 points and sit at the top of the table while Valentia has lost their opening three games. In division 5 Group A Beale and Scartaglin are on top with 6 points and in Division 5 Group B Kilgarvan have won all three of their opening games and are on 6 points. Its very early in the season and plenty to play for yet! The League tables, fixtures and results can be found on the Kerry GAA website.

The Credit Union Junior Leagues started last weekend with Round 1 games. All results are on the Kerry GAA website.

U 17 Club 9 a side Competition

The idea of this competition is to provide every club that enters with a minimum of 2 nights of games and the teams that qualify for the finals will get a third night of action. 24 Clubs are playing in the Competition this year and 16 teams will qualify for the finals. The games are 9 a side and it is important that all 24 clubs that have entered the competition follow through and play as any teams withdrawing at this stage will throw out the proposed format. Players on the Kerry Minor Football and Hurling U 17 Squads and Players on the Kerry U 16 Football Development squad are not eligible to play in this competition. The Club U 17 Football 9 a side competition will begin on Wednesday 22nd May. The first named team in each group is the host club for Round 1 Fixtures in that group. Round 2 will take place on Monday 27th May. Further information can be got from Donal Daly.

REPORT BY LEONA TWISS, PRO

St. Patrick's Cathedral to host Ecumenical Service

St. Patrick's Cathedral, Dublin, the National Cathedral of the Church of Ireland, will host on Sunday, May 26th, a special service celebrating inclusivity in the GAA. The ecumenical choral service will take place at 3.15pm on the afternoon of Sunday, May 26th. Special guests include the Sam Maguire and Liam MacCarthy Cups, Uachtarán Chumann Lúthchleas Gael, Seán Ó hÓráin, and Dean of St. Patrick's Cathedral, The Very Revd Dr William Morton, have extended a joint invitation to persons of all faiths and none to join them for this unique gathering celebrating inclusivity in the GAA.

The Annual Kerry GAA Night of Champions

The Annual Kerry GAA Night of Champions is on Friday 14th June at the Kingdom Greyhound Stadium Tralee. The feature race is once again the "Race of Champions" sponsored for the first time by Navillus with €15,000 to the winner and an overall Prize fund of €21,000. The winner of the €100 buster tickets, which are on sale from Committee members will be the person with the correct sequence of the first 4 dogs home in the final. The first prize is €1,000 and the 2nd prize is €500. The Kerry Group Sponsored Club Sweepstake is the very popular race where clubs are twinned with dogs. A prize fund of up to €4,000 will be shared by clubs twinned with the dogs that reach the final. The first of the sweepstake heats will be held on Friday May 24th. Clubs are selling €10 entry tickets which will also include entry into a raffle for 6 prizes, with the 1st prize an overnight stay in A Dublin hotel and 2 tickets for either the All Ireland football or hurling final. The popular best dressed lady competition is sponsored by Diane Jeffers of the Jasmine Boutique. Bouncing castle and face painting will be available for all of younger guests!

All the Kerry players will be available for photographs and autographs. Music and entertainment will be provided from 7pm. First race starts at 7.40pm so come early and enjoy the night.

Kellogg's Cúl Camps

Keep your children active this Summer with Kelloggs GAA Cul Camps. Register now at gaa.ie/kelloggsculcamps. First and foremost it's fun - children make friends and have fun. Join your local camp to get this Summer's cool cúl camps kit! The camps are a fun action-packed week where children aged 6 – 13 play GAA games with qualified coaches. Pick up a promotional pack of Kellogg's Corn Flakes or Rice Krispies in store from April and enter the competition to win €5,000 worth of training gear for your team. Kelloggs GAA Cul Camps aren't just for club members, anyone can get involved and learn to play GAA and have great fun along the way! Only €60 per child with discounts for siblings and second camps.

ACTIVESPORTS



Glenflesk Under-12. PHOTOS: SEAMUS HEALY.



Kilcummin Under-12.



Firies Under-12.

COMMUNITY GAMES GIRLS U12 GAELIC FOOTBALL

Another great display of skill on Sunday in Fossa. Ten teams participating, in a well run competition, again thanks to Fossa for hosting this competition. Results 1st Kenmare, 2nd Glenbeigh/Glencar, 3rd Abbeydorney/Kilflynn, 4th Fossa, congratulations. Well done also to Ballyduff, Firies, Glenflesk, Kilcummin, Killorglin and Rathmore/Gneeveguilla. Thanks to all coaches & managers.



Fossa Under-12.



Rathmore, Gneeveguilla Under-12.

Faha NS reach Soccer All Ireland Finals



There was huge celebrations in Limerick when Faha National School beat Limerick to reach the finals of the 5-A-Side All Ireland Finals.

The Faha NS girls attended the Munster Finals of the 5-a-side soccer in Limerick. On the day they played Waterford and Limerick in the first round, beating Waterford 4-0 and Limerick 1-0. They moved onto the Semi Finals where they met Whitechurch from Cork, but beat them by 3-1. This set up a final headerbetween Faha and Limerick once again. Aware now of how tough Limerick were they played outstandingly and beat them 3-1 to be crowned Munster Champions, andthrough to the All-Irelands on May 29Th in the Aviva Stadium!

"This is the first time in the history of the

school that we have made the finals, and there is huge excitement in the build up to the day, when the girls will play the winners of Ulster, Connaught and Leinster as they aim to be crowned All Ireland Champions!! We are also the only Kerry school through to the finals this year", Jerry Fitzgerald, Principal of the school told the Killarney Outlook."With busloads of school supporters heading to Dublin, and an extra bus for any supporters from the community who wish to join us, we aim to be the noisiest supporters at the game", he added.

The school has had some sponsorship and would be most grateful for any other local sponsorship available to fund the cost of buses for this historic occasion for the school.

66 Outlook 24.05.19

East Kerry shop/business seeks PART TIME SALES ASSISTANT

Available for weekdays, evenings and weekend work

Experience a help but not essential. Willing to learn, work, is honest, likes dealing with people, computer literate, and likes a variety of tasks.

> ALL REPLIES TO PO BOX NO 150818 The Killarney Outlook, 30 High Street Killarney, Co Kerry.



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Know Your Rights:

QUESTION

I have chosen a nursing home to live in and have been asked to sign a contract. I'm not sure what to look out for. What should be included in the contract?

ANSWER

When you decide on a nursing home, you are asked to sign a contract of care. This sets out the rights and responsibilities for you and for the nursing home. It is important that you understand it before you sign it. If the contract refers to other documents, you must be given those documents at the same time.

A nursing home must use simple and language that you can understand in its contract of care. It should not have unexplained legal jargon.

The contract should include:

•Details of the specific services that the nursing home will provide

•Details of how much you will pay for the services, and how this will be paid

•All details of additional charges and fees

•Any specific policies around visitors or your absences from the nursing home

 The circumstances under which you might be asked to leave

•The circumstances under which changes to the contract will apply and how those changes will be agreed

•Details on the circumstances in which the nursing home can cancel your contract of care, which must be limited and specific

The contract should not include terms that allow the nursing home to change the contract without your agreement after you have signed it. It should not allow the nursing home to have an unlimited right to increase or add fees after the initial costs are agreed with you.

The Competition and Consumer Protection Commission website, ccpc.ie, has more information about what you are entitled to expect in a nursing home contract for care. It includes information about what you can do if you think that a contract for care is unfair.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.





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- 5 years + experience in a similar environment
- Strong IT Skills
- ProlJcient in Sage & Thesaurus
- Ability to multi task
- Excellent Organisational Skills & time management skills
- High level of accuracy

Please email your CV to: hr@griffinbrothers.ie

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KILLARNEY VTOS Ivy House New Street Carpark Killarney Co Kerry Email: killarneyvtos@eircom.net Tel: **064-6637757**

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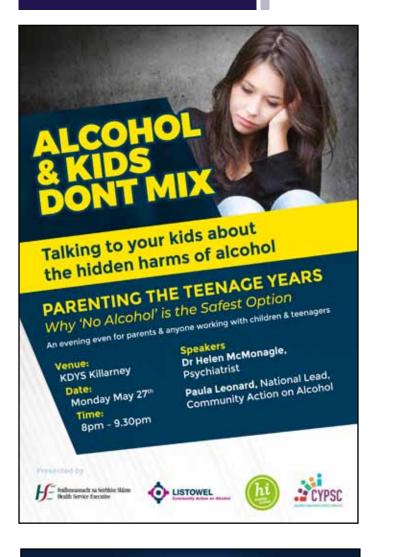
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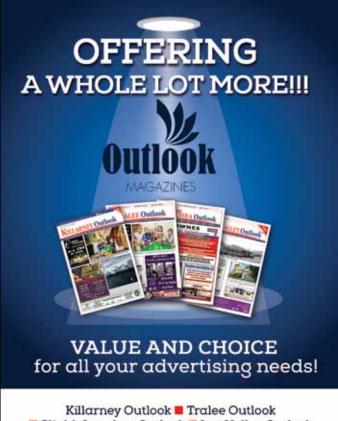




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EMPLOYMENTS | NOTICES





Sliabh Luachra Outlook E Lee Valley Outlook

Mobile Des: 087 6593427 t: 064 66 70000 e:des@outlookmags.com



In recent years we have been hearing much about the benefits of Mindfulness and living mindfully. Put simply mindfulness is "Bringing our attention to what is happening in the present moment". The goal of mindfulness is to live life more fully and to appreciate the moments of our lives that pass by all too easily.

One author states that "Mindfulness helps us to weather the difficulties we encounter in our lives. It teaches us to steady ourselves in the present moment when we feel stressed". Ruminating about the past or worrying about the future can be exhausting and takes up a lot of energy.

Mindfulness allows us to put on the brakes and spend time just being with what is. It also teaches us to interact with ourselves in a less judgmental and more compassionate way. Research shows that Mindfulness is very helpful for problems such as anxiety, panic, stress and can help people who are prone to recurring depression and low mood. Studies in neuroscience – using brain scans – demonstrate how practicing mindfulness meditation can impact on the brain thereby creating beneficial changes in health, mood and behaviour. Mindfulness helps us to explore ways of freeing ourselves from old habits and choosing a different way of being.

So what does it involve? There is a common perception that meditation involves sitting down and not doing anything. However, that is not the case. Meditation is an active training of the mind – where awareness is increased. There is an emphasis on relaxation of the body and mind, and the acceptance of feeling and thoughts without judgment.

Mindfulness allows us to become master of our own mind instead of being slaves to our mind. It can be practiced in a regular 'formal' meditation setting – but the great news is, it can also be practice throughout the day – at work, whilst driving, while we are cooking dinner or doing the dishes. Al these situations and many others provide an opportunity for this simple exercise. One simple mindfulness exercise might be when you're stopped at a traffic light. Rather than wishing and hoping the light will change to green – just bring your attention to your body and your breathing. Take one breath in, one breath out. Breathe in to a count of seven and out to a count of eleven.

One of my favourite quotes "life is not measured by the number of breaths we take, but by the moments that take our breath away". Sometimes our lives are so busy or we are wrapped up in worry and thinking we don't recognize those moments. Being a little bit more mindful everyday can help us to attend to these breath-taking simple moments in life.

SouthWest Counselling Centre, Killarney provides atterdable professional counselling to children, adokscents adults and couples at its Killarney Centre (Lewis Road) To make an appointment call: 064 6636416/064 6636100

FREE BEREAVEMENT GROUP ON LAST THURSDAY OF EVERY MONTH. PLEASE CALL 064 6636416 TO REGISTER

SouthWest Courselling Centre In a not-for-profit superination. All functions where provided and aligning go unrecity to service provident.

EMPLOYMENTS | NOTICES

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10 Summer Driving Hazards to Avoid

Summer driving has its own set of challenges whether you're on home ground or not. High temperatures, increased stress levels, and extra demands on your car are all par for the course, so make sure you read our advice to stay safe on the road.

WET OR LOST KEY FOBS: It's easy to lose your car keys in the sand, or ruin your remote control with water by accidentally taking the fob for a swim.

Keep your keys safe and dry and check your handbook – on most cars, there's an alternative way to open the doors that you can use if the remote stopped working.

If you do need a replacement car key or key fob, call AA Keycare on 0818 646 004. Our specialist service means you'll have access to a nationwide network of locksmiths.

PUNCTURES: If your tyres are already damaged or they're at the wrong pressure, the higher temperatures of summer will increase the risk of a blowout.

Make sure you check tyres regularly – for condition and pressures – and increase pressures to suit extra loads, as advised in your handbook.

Check caravan tyres too, and replace those that show any signs of cracking in the sidewall or tread grooves..

SUMMER DRIVING

OVERHEATING: When driving in hot climates, high temperatures can aggravate cooling system problems too. It's important to check the coolant and cooling system regularly to avoid overheating.

GLARE: Dazzle from the sun causes lots of accidents but you can reduce the effect by keeping your windscreen nice and clean, and by replacing worn or damaged windscreen wipers.

It pays to keep a clean pair of sunglasses in your car year-round but avoid lenses that darken in strong sunlight.

DRIVING TIRED: If you feel tired, stop and take a short nap (up to 15 minutes) or drink two cups of strong coffee. It's best to avoid getting tired in the first place if you can.

These tips can help:

• Include a 20-minute break in journeys of more than 3 hours

• On longer trips, take a break every couple of hours

You're better off taking several short (at least

20 minutes) stops than one long one • Don't drink alcohol or eat a heavy meal before driving

• Don't stop for a nap on the hard shoulder, and make sure you check parking restrictions before putting your head down at a motorway service area as you could get a ticket for overstaying your welcome.

HAYFEVER: If your hayfever is particularly bad, it's best to get someone else to drive if you can. *Also:*

• Make sure any medication you're taking doesn't cause drowsiness

• Close windows and air vents to reduce pollen grains in the car

 Clean mats and carpets regularly to get rid of dust

Keep tissues close to hand

Wear sunglasses to block out bright sunlight

LOOSE CHIPPINGS: Roads repaired with tar and loose chippings are a common sight in the summer but they can cause cracked headlamps and windscreens, and damage paintwork if you're not careful. Stick to any temporary speed limit that's been put in place and keep your distance from the car in front.

FIRE: If you're a smoker, don't just throw your cigarette out of the window when you've finished it. Verges and embankments can become bone-dry and a smouldering cigarette may be enough to ignite roadside grass.

TRACTORS: The driver of that slow-moving tractor in front of you may have a soundproofed cab or could be wearing ear protectors, so may not be able to hear approaching cars.

Be aware that tractors only have to have brake or indicator lights if driving at night, so they may stop or turn suddenly and without warning in daylight hours.

WHEN YOU'RE DRIVING IN THE COUNTRYSIDE:

Keep plenty of distance behind a tractor
Remember that a tractor may be longer than it appears – there could be a loader on the front
Before overtaking, make sure you have plenty of room to get past

AVOID A BREAKDOWN THIS SUMMER

 Slow down if you come across a spillage – if you hit a bale of straw at speed you will damage your car

· Don't park in a gateway or passing place -



they are farmers' field access points • Drive extra carefully after rain, which can turn dry mud into a skid pan



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Econ RECI

TODAY IS VOTING DAY AND PEOPLE FOUGHT AND DIED TO GET US THE RIGHT TO VOTE

We are very lucky to be living in a democracy and today we have a choice of voting by secret ballot in two elections and one referendum. At the local level we have what used to be known as the "County Council Elections" which take place every 5 years, 33 members will be elected to Kerry Local Authority and following this election there will be five municipal districts. The boundaries for this years local elections have been changed and needless to say it is very important that if you are affected by the new boundary that you are aware of the changes – if in doubt there is a searchable map on the Kerry County Council website at www.kerrycoco.ie

Every five years EU citizens choose who represents them in the European Parliament this election in the Republic of Ireland also take place today. The newly elected MEP's will decide how Europe will act in the coming years to address your concerns about jobs, business, security, migration and climate change etc.

There is also a REFERENDUM ON THE REGULATION OF DIVORCE.

If a majority votes Yes, then the Constitution will change and will no longer require a person applying for a divorce to have lived apart from his or her spouse for at least four years. The Government has suggested that the waiting period may be reduced to two years from four.

If a majority votes No the Constitution will continue to require that those applying for a divorce must have been living apart for at least four out of the previous five years.

Polling stations will open from 7 a.m. to 10 p.m. Only Irish citizens can vote in the referendum.

EU citizens, including Irish citizens, can vote in the European and local elections.

Non-EU citizens can only vote in the local elections.

Remember if you do not go to the trouble of voting – not only will you get the politicians you deserve but in fairness you should not even comment on any political decisions they make.

HANDY HINTS

*Keep toothbrushes separated by wrapping rubber bands from top to bottom of an old can or glass.

*Slip a cutting board over an open drawer for extra space in the kitchen.

*Fancy a snooze when you are on public transport but worried your bag will get stolen? stick your foot through the handle loops. *Stack your clothes in your drawers vertically so you can see what you've got without pulling everything out.

*Cut a slit in old tennis ball and screw it to your wall for a handy holder for everything from keys to towels. *Tired of messy or lost wires under your desk? Tread the lead through an individual binder clip wire and clamp the clip to the edge of your desk, even better if you



label the lead for identification.

*When you cook with lemons, collect together the halves when they've been juiced or rinded and soak them in a jar of cheap white vinegar for 2-3 weeks. Strain them and funnel them into an old spray bottle for an all purpose household cleaner.

*Studies show that you're more likely to reconsider whether you actually need to buy something when you're paying for it with cold hard cash instead of plastic – and the bigger the denomination, the better, because you won't want to break a twenty just for a coffee.

BELUGA WHALE ASSISTED WOMAN WHO DROPPED HER PHONE IN THE SEA

A beluga whale wearing a Russian made GoPro camera harness that was spotted by Norwegian fishermen at the end of April has captured the world's attention for its and friendly disposition and recently Ina Mansika and her friends were just a few of a nearby towns residents that took a boat out on the northern harbour of Hammersmith in the Hjartdal Municipality of Norway to see if they could catch a glimpse of the amiable beluga. Upon spotting the whale in the water, she forgot to properly secure her phone inside her jacket pocket and it fell into the ocean waters.

But she needn't have worried as the whale fetched her sinking phone and casually brought it up to the surface so she could retrieve the device from its mouth.

After returning the phone, the beluga returned to its "undercover" position beneath the boat.

Norwegian officials have warned visitors and locals not to feed the whale so that it can learn to forage on its own but they are tracking it's movements to ensure that it adapts to its surroundings, and they are holding local polls in order to decide what to name their new aquatic friend.

Unlike our own Flipper the Dingle Dolphin whose background is unknown, this whale is believed to have escaped from a Russian marine mammal training facility which were common before the breakup of the Soviet Union.

Contact: Margaret 086 164 8542 or Email: islagrantfan@gmail.com

ON THIS DATE - May 24th:

1960 - Birth of Packie Bonner in Donegal a professional soccer player who played as a goalkeeper for Glasgow Celtic and the Republic of Ireland at the World Cup in 1990 and 1994, the first times they had ever qualified for the finals.

1961 - Two buses carrying 27 Freedom Riders were stopped in Jackson, Mississippi by city police officers, the 25 black passengers and two white passengers were charged with disobeying a police officer and breach of peace.

1968 - The Rolling Stones released Jumpin' Jack Flash. The single became their seventh No.1 hit in the British Charts.

1976 - Air France from Paris and British Airways from London simultaneously began Concorde service to Dulles Airport, Washington cutting the travel time from 7 hours to 3 1/2 hours.

1978 - American management consultant Marilyn Loden first coined the term "glass ceiling" to describe invisible career barriers for women

1981 - First International Women's Day for Disarmament.

1987 - A referendum in the Irish Republic approved the Single European Act.

2000 - According to a report published on this date, 1 in 10 homeless people in London were Irish.

2002 - Russia and the United States signed the Moscow Treaty with both parties agreeing to limit their nuclear arsenal to 1700–2200 warheads each.

2012 - Tens of thousands of state workers in Norway went on strike for pay rises and improvements in working conditions, the first of such a walk-out in the Country since 1984.

DEAF PUP IS LEARNING SIGN LANGUAGE

Emerson the puppy was deaf and only 6 weeks old when he was dumped at the NFR Maine animal shelter in North Monmouth, Maine and left to fight for his life against a host of health issues including seizures and canine parvovirus, a highly contagious viral illness.

Despite his struggles, Emerson underwent treatment for the disease and pulled through. The shelter made a Facebook post about the black Labrador mix in hopes of finding him the perfect home. Several people contacted the shelter to express their interest in adopting Emerson, but when they were eventually contacted by Nick Abbott who is also deaf, staffers knew it was a match made in heaven. When Nick and his mother walked into the shelter to meet Emerson, Emerson made a direct line for Nick and sat at his feet.

Nick and Emerson have now been living with each other for three months, and their relationship is melting hearts across social media. Nick says that he has been teaching sign language to his canine companion so they can communicate with each other. "So far Emerson knows how to sit, lay down, stay, come and we are currently working on shake" Nick added.

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Offers professional, caring, confidential affordable counselling to Children, Adolescents, Adults and Couples. Further info and appointments. Call: 064 66 36416 Mon to Fri 10am - 5pm

.....

AWARE SUPPORT & SELF CARE GROUP

Peer to peer support and understanding for individuals experiencing depression, bipolar disorder and related mood conditions. Facilitated by Aware trained volunteers. Free of charge, all adults welcome and no referral necessarYLocation: K.D.Y.S, Fairhill, Killarney, Co Kerry **Time: Every Monday at 7.30pm**

ED 21, 2019

DANCE - HERITAGE CENTRE SCARTAGLIN

SUNDAY 26TH MAY: Denis mc Carthy and the Marina Band Admission €10 - Free Draw on door ticket. Call: 087-9735113

.....

ED 21 2019

THE KILLARNEY INTO ACTION GROUP OF ALCOHOLICS ANONYMOUS

Will hold ann open meeting on **Friday 24th May at 8.30pm** in the Parish Centre at thge Church of the Resserection, Park Rd, Killarney. All are welcome.



FOR SALE

MOTORS

ED 23 2019 FOR SALE Car trailers of Ash timber 8' by 4' - €150 Contact: 087 2744454



ED 21 2019

FOR SALE 05 PEUGEOT 206 1.1 lt, Taxed to end of May 2019, 12 months NCT, Very cheap car to run, Ideal for beginner- driving very well, fully valeted. 4 good tyres, electric windows, power steering. 117,000 miles, €1,200 o.n.o. Contact: 087 2744454





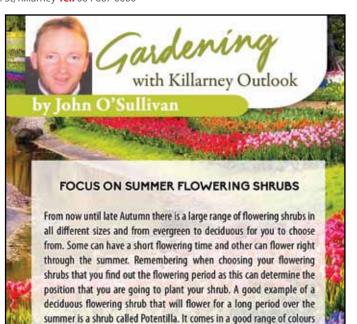
AVAILABLE

WANTED

ED 26 2019 MAN AVAILABLE FOR CUTTING LAWNS Contact: 087 2744454



ED 21 2019 CARER WANTED For lady in her own home. Contact: 086 8353323



sized shrub and if you have a small space, Potentilla Red Ace is quite a compact one and would be suitable. As with most flowering shrubs the flowers will go off as the season goes on so remember to dead-head every few weeks.

also, including white, yellow, orange and red. It is a medium to small

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



Coronation Street, all this week at 9pm

In a special week of episodes, Coronation Street will finally reveal who sabotaged the factory roof which led to Ranas death, Carla's mental health will deteriorate and Audrey learns the devastating the truth about her grandsons betrayal.

Mon: The Platt family head off on holiday. Leanne refuses to go with Nick. Carla's mental health decline worries Peter and Michelle.

Tues: Nick is desperate to protect his secret. Audrey edges closer to the truth. Gary places himself in danger to save Sarah

SELF-CONFESSED SOAP ADDICT Joe Burkett takes a look at what's in store in the soaps this week!

from Rick.

Wed: Audrey is devastated by Nick and David's betrayal. Carala avoids taking her medication. Rick threatens to kill Gary.

Thurs: Nick decides to blame David for stealing Audrey's money. Peter comes to a painful realization. Caral falls apart.

Fri: In a special episode focused on Carlas pyschosis, Carla escapes from Roy's flat and makes her way up onto the roof of the factory.



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MEMORIALS | NOVENAS

🗠 killarneyoutlook@outlookmags.com 🛛 🖬 killarney outlook 🖤 @killoutlook



Welcome back dear reader one thing I notice lately is how exhausted and worn out people are. There have never been more conveniences available to us - ready prepared and drive thru meals, automated this and that and yet, people are completely burned out. Relationships are under immense pressure, people are mentally and emotionally stressed and all the knowledge and innovations are not having the impact that one would expect. Why? The world's answer is look into yourself, love yourself, challenge yourself further and find empowerment in this, but using this formula as the foundation for stability is futile, as it is akin to building a house upon sand - at some point the waves or storms in life will knock it down. Psalm 103:14 describes God as a tender and compassionate Father who loves us while being fully aware of "how weak we are, remembering that we are only dust". Leaning on myself is like leaning on a pile of dust totally unstable. But Psalm 46:10 tells us to "be still and know that I AM God" directing us that even in the midst of terrible turmoil and fear, as we trust in the Lord, obey His Word and walk in relationship with Him we are assured of victory and peace. Jesus' disciples asked Him to teach them how to pray because they saw that the fruit His time alone with God produced was peace, healings, miracles and restoration and they wanted that too. He taught for us to firstly get alone with God and not to use babbling or repetitive prayers, but to talk to God in our own language honouring Him as holy and worthy of praise. Then He instructs us to pray for God's will to be done in our lives on this earth as it is already laid out in Heaven. God's will is not to harm us friend but to bless, protect and provide for us! We are to look to God to give us our daily refreshment and provision, and finally, to preserve us from falling into the enemies traps - to forgive us our sins to the same extent that we forgive those who have hurt us. It was not a prayer that Jesus gave to be rattled off, but a method of praying that will produce fruit, bringing forgiveness, healing and provision. Read it for yourself in Matthew chapter 6 and receive God's peace, stability and restoration dear friend. See more on wordofvictory.net

More next week...

E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

Word of Victory is a paid advert and does not represent the editorial views of this magazine

11TH ANNIVERSARY

IN LOVING MEMORY OF A DEAR BROTHER AND UNCLE

PATRICK (PJ) CRONIN



RATHCOMANE, BALLYHAR, KILLARNEY WHO DIED ON MAY 25TH 2008

> Down the road of memories We walk with you today, We speak of you so often You are never far away.

ALWAYS REMEMBERED BY BRIDIE AND FAMILY.

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

THE MIRACLE PRAYER

@WOVKillarney 🖤

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where

your Father sees it. Then in his merciful eyes it will become your favour not mine.

Amen. Say this prayer for three days. Publication of prayer and favour will

be granted. ΚD

NOVENA TO ST. CLARE

Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena.

Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen Your request will be granted no matter how impossible it may seem. Х

NOVENA TO ST JUDE

May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever. Sacred Heart of Jesus, please pray for us. Saint Jude, worker of miracles, please pray for us. Saint Jude, helper of the hopeless, please

pray for us. Say this prayer nine times daily and by the end of the 8th day your prayers will be

answered. Say it for nine days, publication must be promised. It has never been known to fail.

X

NOVENA TO THE SCARED HEART

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one. (Mention favour). Take it dear heart of Jesus and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. TOS

NOVENA TO ST JUDE

May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever. Sacred Heart of Jesus, please pray for us.

Saint Jude, worker of miracles, please pray for us.

Saint Jude, helper of the hopeless, please pray for us.

Say this prayer nine times daily and by the end of the 8th day your prayers will be answered.

Say it for nine days, publication must be promised. It has never been known to fail. х

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen Say this prayer for three days. Publication

of prayer and favour will be granted. M.C.



1ST ANNIVERSARY



KILLEGY LR, MUCKROSS, KILLARNEY. DIED 29TH MAY, 2018

As we fondly remember Christine on her first anniversary, we, her daughters Josephine and Brenda, her sons Michael and Timothy, along with their families, wish to extend our most sincere gratitude to all those who sympathised with us on our sad loss, attended the Removal, Mass and Burial. Our deepest appreciation to all who sent Mass cards, perpetual enrolments, letters of sympathy and donated to charity in her honour. We would like to thank our family, friends, colleagues and neighbours for their support, all who came to the house, helped with the catering and all who travelled from near and far to pay their respects. To those who phoned and offered a quiet word of support in the days and weeks that followed, our sincere thanks.

A sincere thanks to Fr. Kieran O'Brien, & all who part took in the ceremonies, for their comforting words and the heartfelt funeral Mass. A special word of thanks to Fr. Michael Howe

for attending the Rosary, removal and concelebrating the Mass. Sincere thanks also to Mary, Mike, and Tim

O'Shea from O'Shea's funeral home for their kindness and professionalism and the dignified manner they carried out the funeral arrangements. A special word of thanks to the staff of St Oliver's NS (past and present) and the INTO (Killarney branch) who took part in a guard of honour in Christine's memory. To St Oliver's children's choir and staff who enhanced the mass with their music and singing we

are extremely grateful. We can never truly express our appreciation to Christine's carers, Angela O'Connor, Noreen Jones, Mary Breen and Marie O'Leary who went beyond all expectations in their care of Christine. They made every day special for Christine and made sure she was loved and cared for at all times. We are also very grateful to Helen Galvin, public health nurse, for her generous and diligent care of Christine. We wish to thank Dr Anita O'Sullivan, her staff and all in Kennelly's Pharmacy, Castleisland for all the care and attention they gave to Christine.

Thank you to all the staff at University Hospital Kerry who treated Christine with such care and compassion during her stay with them. To everyone who shared our great loss and assisted in any way by word or deed, we sincerely thank you. It was a great comfort for us to meet & share memories with the many people whose lives she touched.

As it would be impossible to thank everyone who supported us individually, please accept this acknowledgement as an expression of our appreciation for your kindness and compassion. The Holy Sacrifice of the Mass will be offered for your intentions.

> Your life was one of kindly deeds, A helping hand for other's needs, Never more than a thought away, Loved and remembered every day.

Christine's First Anniversary Mass will be celebrated on Saturday, June 1st at 7.30pm in The Church of the **Resurrection, Park Road, Killarney.**

MEMORIALS | NOVENAS



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