

Vol. 13 Edition 04: Friday 24th January 2014 : www.killarneyoutlook.com**FREE**

KILLARNEY Outlook

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6.00pm. All welcome. For further
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CAO CLOSING DATE FOR ALL APPLICANTS
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For further information on any of our courses contact the Admissions Office on 066 7145638 or visit: www.ittralee.ie



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KILLARNEY

News & Views



Killarney Celtic's Peter McCarthy.

GOAL MASTER PETER IS IRISH JUNIOR SOCCER PLAYER OF THE WEEK

After qualifying for the quarter-finals of the Oscar Traynor Cup competition last week, Kerry soccer received a further boost with the news that Killarney Celtic's Peter McCarthy has been selected as the Irish Junior Soccer Portal's Player of the Week. The prestigious award has rarely had a more worthy winner - Peter scored four goals for Kerry in their vital Oscar Traynor game against the Garda team recently. He also recently lined out for Killarney Celtic in their defeat of Spa Road in the Kerry District League and Douglas Hall in the Munster Junior Cup, phenomenally, scored four goals in each of those games as well. Peter already has several Irish Junior caps to his name - with this incredible streak of scoring form, he can look forward to more of them!

RACHEL ALLEN EXPERIENCE AT MUCKROSS PARK HOTEL

Renowned TV Chef Rachel Allen returns to Muckross Park Hotel, Killarney on 1st March for the Rachel Allen Experience. Rachel will show case some of her favourite recipes during a live cookery demonstration followed by dinner designed by her. Following on from the success of her first appearance at Muckross Park Hotel in October 2013 when over 200 guests attended an evening with Rachel Allen, Muckross Park Hotel expects to welcome a similar amount of guests. Tickets can still be purchased for the evening at €60 per person and are available from Muckross Park Hotel.



Renowned TV Chef Rachel Allen.



Lost for words, Stefan McMahon, who was 'surprised' by family & friends at the Killarney Avenue Hotel for his 40th Birthday. Stefan seated centre with his wife Fiona and Nana Tess (left of Fiona) who celebrated her 88th birthday during the week also. Picture Marie Carroll-O'Sullivan 087 391 4808



Enjoying her 30th Birthday at The Killarney Plaza, themed 'fancy dress', Sanda McSweeney (centre bottom) pictured here with her friends Back to Front L-R Kieran Murphy, Colm Murphy, Reidin O'Connor, Sinead McSweeney, Elizabeth O'Leary, Jennifer O'Sullivan, Sinead Murphy, Michelle Gleeson, Sandra McSweeney & Michelle Doyle. Picture Marie Carroll-O'Sullivan 087 391 4808



Thomas and Deirdre McCloskey, Mods & Minis pictured presenting a cheque for €5,000 to Tony Heffernan of Liam's Lodge, which they have chosen as their Charity of the Year for 2014. Liam's Lodge was founded by Tony and Mary Heffernan from Keel and it will be Ireland's first National Respite Centre which will cater for children suffering from genetic and rare disorders.



CONTACT KILLARNEY NEWS AND VIEWS:

Email items for this page to editorial@outlookmags.com

Tel: Aisling **086 0400 958**

064 66 70000

Or call in to our Office at **30 High Street, Killarney.**

ARE YOU EATING TOO LITTLE? - TOO MUCH?

Maria Browne who is a Nutritionist with the HSE will talk to HeartBeat about what a "portion" of food actually is. Maria will be looking at, and explaining food labelling codes and advising on how to eat healthily. Maria will be at the Serenity Centre, St. Anne's Road, Killarney on Monday January 27th at 8pm. ALL ARE WELCOME.

GREAT PLANS AFOOT IN MILLTOWN PARISH

2014 looks set to be a very important year in the Milltown parish with four significant developments due to commence or be completed. This Saturday night, the great Mick O'Dwyer will launch plans for the new Nagle Rice community centre in the Muintir na Tire hall at 8.30p.m.

Other projects planned are a new 12 room primary school in the Presbytery field, a new secondary school which will cater for 600 students and a new state of the art Children's playground adjacent to the Nagle Rice Community Centre.

KERRY PERSON OF THE YEAR TIDY TOWNS

Calling all Kerry people...

Archdeacon Michael Murphy will be presented with his Kerry Person of the Year award at a gala function at the Clyde Court Hotel, Ballsbridge Dublin on Saturday February 15th at 8pm. The event is open to everyone and tickets can be purchased by contacting Yvonne Quill, Chairperson of the Killarney Tidy Towns.

CLEAN UP AT INCH BEACH

Inch Beach will be the venue for a clean up, tomorrow, Saturday 25th January by volunteers as part of An Taisce's Clean Coast initiative.

Volunteers are advised to dress appropriately in waterproof gear and all equipment will be provided.

Complimentary tea and coffee will be provided by Sammy's Café and everyone is welcome to come and help.

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Deadline: email items before Midday Tuesday

Editor: Aisling Crosbie M: 086 0400 958

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KILLARNEY GOES BACK IN TIME... DOWN MEMORY LANE



The town of Killarney is buzzing in recent weeks with the launch of a facebook page called Killarney Down Memory Lane. The brainchild of Enda Walshe and Paddy Osbourne, Killarney Down Memory Lane has attracted over 3,000 members in the last few weeks and has resulted in the month of January just flying past for many of its dedicated followers. The facebook page is a forum where people can view, post or comment on photos from Killarney in times past – anyone can add a picture with the only condition being that they are pre 1990 and have to be Killarney related.

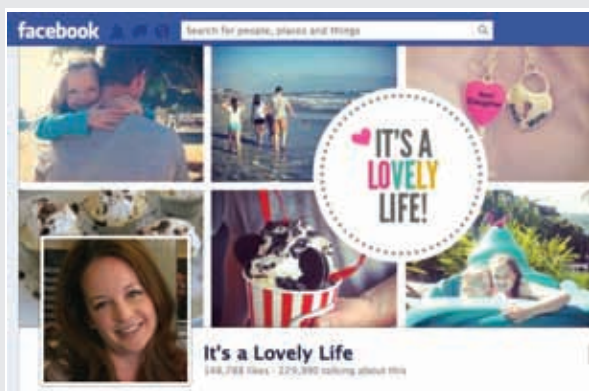
With topics like Tops of the Town, the Café in College Street, the disco in the parish hall and the fire siren, people from all over the world are logging on and getting in touch with old friends and school mates, catching up, exchanging stories and viewing pictures. While some of the images go back to the beginning of last century the majority are of Killarney people and places pre 1990, with lots of Communion and Confirmation pictures, street scenes, family portraits and club socials to view.

And with many planning to “root in the attic” at the weekend, the face book page can only go from strength to strength.

Much of the information on the page is coming from the “mammies” of regular facebook followers and along with pictures these details are posted for all to enjoy.

Remember, not everyone is on facebook, so if you have someone in your family who would love a trip down memory lane, take an hour out of your day, throw on the kettle, open the laptop and take that journey with them.

MARGARET'S RAMBLINGS GOES VIRAL...



Popular Outlook columnist Margaret Houlihan whose “Ramblings” column appears each week in all editions of the Outlook magazines has had one of her pieces feature on

an American Face Book page. “It’s a Lovely Life” is a facebook page where people share inspirational messages and funny stories and its operated by a San Diego based photo journalist, Heather Reece. Margaret’s “finally this week” piece was pictured and posted on the face book page in March 2013 and to date it has received a whopping 151,890 likes, 117,797 shares and 9,145 comments. The piece which is the

transcription of a radio conversation between the British and the Irish off the coast of Kerry is very entertaining and although the story is one of numerous versions from around the world, its proving very popular. Here’s how it goes:

IRISH: Please divert your course 15 degrees to the South to avoid a collision.

BRITISH: Recommend you divert your course 15 degrees to the North to avoid a collision.

IRISH: Negative you will have to divert your course 15 degrees to the South to avoid a collision.

BRITISH: This is the Captain of a British navy ship, I say again divert YOUR course.

IRISH: Negative. I say again, you have to divert YOUR course.

BRITISH: This is the aircraft carrier HMS Britannia the second largest ship in the British Atlantic fleet. We are accompanied by three destroyers, three cruisers and numerous support vessels. I demand that you change your course 15 degrees north. I say again, that is 15 degrees North or counter measures will be undertaken to ensure the safety of this ship.

IRISH: We are a lighthouse. Your call.

Even the website’s operator, Heather Reece remembers the post, saying that she found it very enjoyable when she read it.

Margaret is thrilled that someone took the time to reproduce the piece and that the story has been enjoyed by so many.

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KILLARNEY CAMERA CLUB

The next meeting of the Camera Club will take place on the 6th February when Peter Cox Landscape Photographer will be welcomed to the club to meet and chat with club members and display some of his work. Peters' first book "The Irish Light – A Collection of Landscape Photographs" is now available. To see more of Peters work check out his website www.petercox.ie

Please come and check us out!! Our door is open to new members who share our passion for photography, regardless of level of experience or knowledge. Now is your chance to take up a new and very rewarding hobby. We meet every fortnight on Thursday night, at the Heights Hotel from 7.30pm in the Conference Room, First Floor.

Check our website www.killarneycameraclub.ie for more details or contact Killarney Camera Club Secretary on 877 655 561 or via secretary@killarneycameraclub.ie



Picture by award winning West Cork photographer, Charlie Lee. In May 2013 Charlie gained an Associate from The International Society of Nature and Wildlife Photographers, to check out the gallery showing the 20 images that made up his entry log on to www.charlesleepphotos.com

LOCAL MAN AIMS TO BE TOP OF THE WORLD

By Francis Foley



Adventurers Mike O'Shea and Clare O'Leary who are hoping they will be the first people to reach the North Pole in four years.

Local Kerry man, Mike O'Shea, is setting his sights high this year. In fact he's hoping to be on top of the world in early 2014 by embarking on an expedition to the North Pole. The expedition itself is part of larger mission called 'The Ice Project', where the aim is to cross as many of the world's icecaps as is possible with the aim of educating children about the world, climate change and getting active themselves.

Along with his expedition partner, Dr. Clare O'Leary from Cork, Mike is hoping they will be the first people to reach the North Pole in four years and perhaps even more significantly the first Irish explorers in history.

Both Mike and Clare having been preparing themselves for the long walk by already crossing the North Patagonian Icecap in Chile in 2012 and Lake Balikal in Northern Russia in 2013. To get an idea of what the adventurous explorers will be facing here are a few North Pole facts that might help you thinking again about our own 'warm' winters. Temperatures can reach - 60C with only 3 hours daylight, the effort required is the equivalent of two marathons, perhaps because the ice they are walking on is drifting 18 miles a day in the wrong direction, away from the pole, and if that wasn't enough there is always the Polar Bears to avoid.

Mike has a very impressive track record when it comes to having an adventurous spirit starting with climbing the McGillicuddy Reeks at only 13, through to the Alps in Europe, and as recently as last summer where he guided seven Irish groups up Kilimanjaro in Africa.

FREE TRAINING COURSE FOR BAR & RESTAURANT SERVICES

A free training course enabling job seekers to gain skills required in the local hospitality industry is set to commence on February 5th.

The South West Gno Skillnet in conjunction with the Institute of Technology is to deliver the training in Bar and Restaurant services.

Developed to provide a recognisable and professional qualification along with the practical skills set that employers are looking for this programme aims to support applicants in finding meaningful work in the hospitality and catering sector.

The Programme will incorporate 12 lecture days over 12 weeks at the Institute of Technology Tralee and a work placement will be provided in a selected hotel in Tralee/Killarney area.

A number of Hotels in the Kerry area have already expressed keen interest in facilitating work placements and South West Gno Skillnet would like to invite other hotels to join the programme.

Applications will be on a first come first served basis and more information can be obtained from **Dónal Mac an tSithigh** or **Oonagh McGregor**

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A group of children at Pony Tales Stables.

'CARE TO DRIVE' NOW AVAILABLE TO KERRY CANCER PATIENTS

Irish Cancer Society provides free transport service

A new service for cancer patients who are attending Kerry General Hospital for chemotherapy treatment has been announced. Patients are being encouraged to avail of free transport which is now available to bring them to and from their treatment. The Irish Cancer Society's Care to Drive service offers patients transport from their front door to the door of the hospital and home again which will help to alleviate some of the stress or difficulty associated with getting to their appointments. The service opened in Kerry General Hospital in November 2013. The service is also available to Kerry people who are getting their treatment at Cork University Hospital and the Mercy Hospital Cork, depending on what part of Kerry they come from.

Care to Drive is a volunteer delivered service where the Irish Cancer Society recruits and trains volunteers who give their time free of charge to drive patients to and from

hospital. Cancer patients may need to use Care to Drive for a number of reasons: they may have been advised not to drive by their doctor due to the aggressive nature of treatment or the patient may have no family in the immediate vicinity or it may be that family members will be unable to take time off work to transport them to the hospital.



Kerry General Hospital.

The Society currently has over 1000 trained volunteer drivers nationally who are available for those travelling to our partner hospitals for cancer treatment. The volunteers are fully trained and ready to transport patients to their chemotherapy treatments and anyone who is interested in using the service should ask their social worker or oncology nurse in hospital for further details.



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By Dermot Cronin,
Financial Advisor



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KERRY LADIES LAUNCH THEIR LEAGUE CAMPAIGN

Kerry Ladies football board launched their #KerryLadiesSpringSeries campaign in Tesco Deerpark Killarney on Saturday last. The campaign is to publicise the Kerry Ladies Division 1 National League games as Kerry are in a very fortunate position of having 5 games out of 7 in Kerry. Some exciting games include a game against Cork on 2nd March who are the current All Ireland champions & also Mayo make the journey to Kerry on 30th March with Cora Staunton spearheading their attack. The first game sees Kerry take on Tyrone in Fitzgerald Stadium on the 2nd February at 1 pm. The Kerry ladies have not played a competitive fixture in Fitzgerald Stadium in quite a number of years so it is an exiting prospective to get a game in such a magnificent arena. The second game on 16th February sees Kerry take on Laois in John Mitchells new facility, which recently held the McGrath Cup games very successfully. The final game sees Kerry take on Donegal on the 6th April. As part of the drive to increase attendances, Kerry ladies county board & players will be making school visits in the catchment areas of each game & kids will receive free match passes. In addition a countywide competition will also take place where primary schools will be in with a chance to win a prize of a visit from members of the current Ladies panel to your school to conduct fun coaching session for 3rd – 6th Class pupils. All the school needs to do is design a mascot for the Kerry Ladies Senior Team. The three winning schools mascots will be displayed proudly on the ladies Facebook, Twitter & Website pages.



Picture at the launch of the KerryLadiesSpringSeries are Back Row l-r William O'Sullivan (Senior Manager), Mary Courtney (Secretary), Bernie Breen, Edel Murphy, Pat Hartnett (Chairman). Second Row - Aislinn Desmond, Patrice Dennehy & young supporters from Legion & Spa Ladies Clubs.

KILLARNEY TOPS IN TRAVELLERS' CHOICE AWARDS

Killarney scoops most awards of anywhere in Ireland – and even more than New York



Killarney is Ireland's best performing town and home to 16 winning properties in this year's TripAdvisor 2014 Travellers' Choice® awards for hotels

Now in their 12th year, the awards honour the world's most outstanding properties in the categories of Top Hotels, Bargain, B&Bs and Inns, Family, Luxury, Romance, and Small Hotels. Travellers' Choice® award winners were determined based on the reviews and opinions of millions of TripAdvisor travellers around the globe.

In the Ireland awards, The Killarney Park Hotel was crowned number one Luxury hotel, with The Europe and the Aghadoe Heights Hotel also finishing in the top ten. There were also celebrations in Dingle when Castlewood House in Dingle was named the world's best Bargain hotel.

| Rank | Award Category | Winner Name |
|------|----------------|-------------------------------------|
| 2 | Top | The Killarney Park Hotel |
| 13 | Top | Lake Hotel |
| 20 | Top | The Brehon |
| 10 | Small | The Ross |
| 14 | Small | Brook Lodge Hotel |
| 15 | Small | Killarney Royal |
| 16 | Small | Arbutus Hotel |
| 19 | Small | Earls Court House |
| 4 | Romance | The Killarney Park Hotel |
| 10 | Romance | Killarney Royal |
| 11 | Romance | Lake Hotel |
| 18 | Romance | Arbutus Hotel |
| 25 | Romance | International Hotel Killarney |
| 1 | Luxury | The Killarney Park Hotel |
| | | Muckross Park Hotel & Cloisters Spa |
| 15 | Luxury | Friars Glen |
| 7 | InnsBB | Burke's Mulbur House |
| 9 | InnsBB | Larkinley Lodge |
| 11 | InnsBB | Brook Lodge Hotel |
| 2 | Family | Castlerosse Hotel & Holiday Homes |
| 19 | Family | Arbutus Hotel |
| 7 | Bargain | McSweeney Arms Hotel |
| 10 | Bargain | Riverside Hotel Killarney |
| 17 | Bargain | |

The Killarney Park Hotel was voted 'Best Luxury Hotel' in Ireland by Trip Advisor this week heralding another great accolade for the five star hotel. Celebrating the hotel's award are Sheila Marie O'Brien, Kathryn Cronin, Neil Ferguson, Norma Murphy, Lucas Siamro, Mary Buckley, Lorraine Horan, Marcin Matejunas, Derry Browne, Veronika Randyte, Ann McCarthy, Fiona Lai, Katie Hunt, Michalina Siamro, Jingyue Yu, Miriama Hladekova and General Manager, Niamh O'Shea. Picture by Don MacMonagle.



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TAHILLA LADIES CELEBRATE 30 YEARS

The Tahilla Ladies Club are planning to celebrate their 30th year in existence with a Biddy Ball Dance in the Sneem Hotel on Saturday the 1st of February.

The progressive club was founded 30 years ago by local lady Monica O'Shea following a suggestion by local parish priest Fr. Leahy.

The group meet every Thursday night from October to April and fundraise for both local and national charities including the Irish Cancer Society, Kerry Hospice, Crumlin Children's Hospital and Bee 4 Battens.

Along with club outings, the group enjoy weekly meetings which include talks on health matters, make up demonstrations, whist drives, cookery classes and flower arranging.

Popular musician Patrick O'Sullivan, will provide the music on the night which kicks off at 9.30pm and biddy dress is optional.

There will be a raffle and finger food and tickets will be available at the door for €10.

KILLARNEY CRAFTERS RAISE €400

Killarney Crafters held a quilting bee weekend where volunteers came into the shop and made two Christmas quilts, that were then raffled to raise money for Kerry Parents and Friends.

A total of €400 euros was raised for the organisation and the money will be used to help fund art therapy classes. The group would like to thank all the volunteers and hope to make this an annual event. Killarney crafters is located on Chapel Lane, where they sell their work, craft supplies and hold classes and workshops of all kinds. The winners of the quilts were Mary Concannon and Helen O'Connor.



Pictured at the presentation were front from left: Tracey McCarthy, Breda Healy, Martina Healy, Bernard Brosnan, Helen (presenting check) Back row Gerard Horgan, Catherine Mullen, Denise Kearns, Elaine Horgan, Claire Vinten, Emma Keating, Kathleen Cahill, Timmy Brosnan, Robin Alger-Lynch (fundraiser coordinator).

WALKERS RAISE FUNDS FOR HEALTH LINK BUS

Members of the Killarney Valley Vintage club presented the Kerry Cork Health Link bus with a cheque for €3,200, proceeds of their sponsored walk which took place on the 29th December.

Seán Prendergast of the Kerry Cancer



Pictured at the cheque presentation were Back L-R - Thomas Wharton, Suzanne Keane, Liam Wharton, Ben O'Sullivan, John Wickham, Mick Myers, Laura Wickham. Front L-R - Tom Leslie, Pdraig Buckley, Tony Wharton and Sean Prendergast.

Support Group said "We are very grateful and appreciative of the support and good will provided by Killarney Valley Vintage Club. Your generous donation of €3200 raised through your walk helps us make the cancer journey for Kerry patients easier. Funds raised from your event means that Kerry Cancer Support Group can continue to provide and improve on our current services for the people of Kerry. Thank you to all who walked and supported this event in any way. The demand for our service has grown year on year. In 2014, we estimate that we will fulfil over 3500 appointments for both adults and children and this figure is set to increase in coming years." The Killarney Valley Vintage Club would like to thank all the people who braved the weather on the day to come out and support such a worthy cause – more than 100 walkers turned up despite the torrential rain and all the people who donated money and who sponsored the walkers along with Killarney School of Music and The Travel Inn, Fossa for providing the evening entertainment and to James Carolan of Nobber Vintage Club for providing back-up support. Following the success of their first event the group are now looking forward to their Charity Drive on the 6th April – all Vintage, Classic and Retro cars and tractors are welcome to come along and support the Kerry Cork Health Link Bus.

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National Parks & Wildlife Service

Lough Leane Loop Trail Project



Map of Project Objective
(Route shown is indicative only)

Proposals to develop a full looped amenity trail around Lough Leane and Muckross Lake are currently being examined.

As part of this, a steering group, comprising of Fáilte Ireland, the National Parks & Wildlife Service, Kerry County Council and local walking and tourism groups has been established.

The aim of the steering group is to examine the possibility of linking up a number of the existing trail sections to create a full circuit around Lough Leane and Muckross Lake, starting and finishing in Killarney town.


It is proposed that the route will provide accessible trails, both walking and cycling, to a wide range of users, with differing abilities, as it combines a number of different sections to form an overall trail product.


Given the unique landscape and scenery that Killarney, its lakes and the National Park have to offer, this project has the real potential to deliver an internationally renowned and iconic trail.

The project is currently at the design stage, which is being funded by Fáilte Ireland and a Constraints Study is currently underway.

As part of the design and project planning process, a number of Route Options for the proposed trail will be developed. These options will be put out on display later in the year in order to gather the views and opinions of the public in relation to these options.

However, general submissions in relation to the project are welcome at this stage and may be submitted in writing by the 28th February 2014 to: **Administrative Officer, Roads and Transportation, Kerry County Council, Aras an Chontae, Rathass, Tralee, Co. Kerry**, or by email to: roads@kerrycoco.ie. Letters and the subject lines of emails should include 'Lough Leane Loop Trail Project'.





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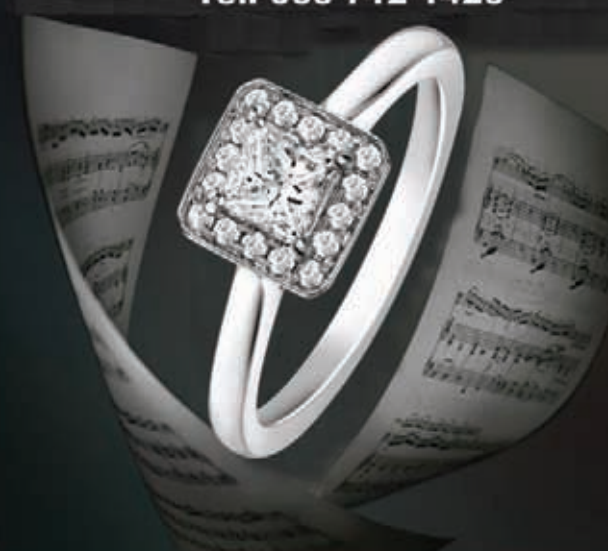
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Thousands show support for Paudie



Thousands of people turned out on a sunny Saturday morning at Mission Road in Killarney to take part in the Operation Transformation walk with local leader Paudie O'Mahoney.

The former Kerry goalkeeper was thrilled with the turnout which included members of the Kerry team in which Paudie starred as goalkeeper.

Paudie led the 5km walk through the National Park with a 10km option also available. Many of the town's eateries offered a Healthy Option lunch with a complimentary tea or coffee following the walk – with all this organised by the town's Chamber of Tourism and Commerce.

Paudie, who weighed in on the top rated TV show on Tuesday night lost an impressive 5.5lbs this week and with the support of his family, friends and the people of Killarney, he is well on his way to success.



At the Operation Transformation Walk through the National Park on Saturday morning were Back Row L-R Elaine Clifford, Nuala Doolan, Norma Foley, Tadhg Doolan & Geraldine Cunningham.

Front Row L-R Ali O'Donoghue, Jack Foley & Ciara Doolan

Pictures by Marie Carroll-O'Sullivan 087 391 4808



At the Operation Transformation Walk through the National Park on Saturday morning were Back Row L-R Irene O'Donoghue, Aine McMahon, Susan Lee, Alecia Lee, Carolann Spellman. Front Row L-R Leah McMahon, Rebecca Lee, Eva Spellman, Lucy Spellman and in his buggy, Fionn Spellman.



The Holohan family out in force for the Operation Transformation 5K or 10K Walk through Killarney National Park on Saturday afternoon. Back Row L-R Tom, Brendan, Ian, Deborah. Front Row L-R Fionn, Tomas, Iveragh & Alannah.



At the Operation Transformation Walk through the National Park on Saturday morning were Stephanie Cahill, Olive Quinlan, Maura O'Brien, Mary O'Connor & Angela O'Regan
Picture Marie Carroll-O'Sullivan 087 391 4808



Gearing up to walk 10K with Paudie O'Mahoney at the Operation Transformation Walk through the National Park on Saturday were L-R Fran Booth, Sergei Antocica & Vanentina Antocica.
Picture Marie Carroll-O'Sullivan 087 391 4808



At the Operation Transformation Walk through the National Park on Saturday morning were Joanne Aherne, Linda Aherne & Elaine O'Sullivan. Picture Marie Carroll-O'Sullivan



Walking 10K with Paudi O'Mahoney on Saturday through the National Park in association with Operation Transformation were L-R Aidan Moynihan, Sean Counihan, Freddie Cronin & Robert Taddei.



Registered and ready to go were L-R Barbara Brennan, Christine Griffin, Teresa Brady, Bridie Murphy, Cathriona O'Malley & Kathleen O'Malley at the Operation Transformation walk through the National Park.



At the Operation Transformation Walk through the National Park on Saturday morning were Eileen Quinn, James Lynch, Mary O'Connor & Tom O'Connor.



At the Operation Transformation Walk through the National Park on Saturday morning were Christina O'Sullivan, Valeria Antocica & Eileen O'Sullivan.



At the Operation Transformation Walk through the National Park on Saturday morning were Chloe Enright & Michaela Bruton.



Outlook Publications staff members who took part in the Operation Transformation Walk last weekend. Back Row L-R - Juliette Fleming, Fiona McPolin, Patricia Walsh, Elaine Twomey, Joan Fitzgerald, Mary Spillane and Caroline Riordan. Front Row L-R - Mary Mangan, Philip Gaethlich, Aisling Crosbie, Katherine McCarthy, Caoimhe Scannel and Eimear Daly.



At the Operation Transformation Walk through the National Park on Saturday morning were L-R Anne Moynihan, Clare Leahy, Susan Bartlett, MaureenJ Fogarty and in her buggy Gemma Leahy.



At the Operation Transformation Walk through the National Park on Saturday morning were Kathleen Bhuiyan, Daniel McMonagle & Mary McMonagle.



Milltown students have the gift of the gab

Three students from Presentation Milltown Secondary School are the talk of the town following their win at the county final of the Mental Health Ireland Public Speaking Project which took place in the Intermediate School, Killorglin just before Christmas. The girls, Sarah Sayers (5th year), Aileen O'Mahony (TY) and Sarah Costello (5th year) competed against teams from Mercy Mounthawk, Tralee and Scoil Phobail Sliabh Luachra, Rathmore. They impressed the three judges with their team work and well-crafted speeches on their shared chosen topic: 'In life you can't stop the waves, but you can learn how to surf them.' They will now compete in the Regional Finals on Tuesday next 28th January in the Woodlands Park Hotel, Adare, Co. Limerick from 2pm-5pm. Sarah Sayers (5th Year) from Castlemaine, daughter of Garry and Josephine, Aileen O'Mahony (TY) from Killarney, daughter of Norann and Dan, and Sarah Costello (5th Year) Castlemaine, daughter of Joanne and Frank will be joined by Siobhán Ladden from Castlemaine, daughter of Mary Ita and Gerard, who will join the team as a reserve speaker. The team have been supported by a group of dedicated Presentation Milltown researchers and supporters from the very beginning of the project, including

Siobhán Ladden, Freya Grimme, Shannon Campbell, Sinéad Van Bladel, Claire Riordan, Sarah Jennings and Fionn Corcoran along with their teacher Dr. Victoria Kennefick. If they are successful, the girls will go on to compete in the National Semi-Finals and everyone in Milltown is rooting for them.



Full of chat... L to R: Sarah Sayers (5th year), Aileen O'Mahony (TY) and Sarah Costello (5th year).

Cycle against Suicide

Killarney Community College students attend Congress at the RDS

A group of Killarney Community College students recently attended the Students Leaders Congress in association with the "Cycle Against Suicide" campaign at the RDS in Dublin, along with their teacher, Jer O'Sullivan.

The 2014 Student Leaders Congress was aimed at promoting positive mental health, help-seeking behaviour in young people with their message being "it's ok not to feel ok" and "it's absolutely ok to ask for help".

The congress was attended by almost 4,000 students nationally to raise awareness of the prevalent issue of suicide in Irish society today. Guest speakers on the day included, Brent Pope, Bressie and campaign organiser Jim Breen.

Killarney Community College are participating in the cycle again this year and are currently in the process of organising training for the students to ensure they are in good physical condition to complete the cycle from Cork to Killarney.



Pictured at the RDS are back from left: Trevor Fleming, Eoin O'Meara, Rossa Foley, Stephen Doherty, Shane Griffin and Brendan Wall. Front from left: Eric O'Donoghue, Brian Fitzgerald, Conor Harrington, David O'Sullivan.

Calling all budding playwrights in Kerry

Student Theatre Awards to support drama in schools



Bord Gáis Energy is calling on budding student playwrights in Kerry to take part in the first ever Bord Gáis Energy Student Theatre Awards.

Actress, writer and Mum, Amy Huberman officially launched the awards which have been set up by Bord Gáis Energy to encourage and reward participation in drama among school children across Ireland.

Open to 5th and 6th class in primary schools and all students in secondary school, this year's

awards will focus on creative dramatic writing. Students in Kerry are being asked to demonstrate their playwriting skills and write a short scene based on the theme of friendship.

All shortlisted schools will win a class trip for up to 30 students and teachers to see War Horse at the Bord Gáis Energy Theatre on 9th April 2014. The winning student in each category will receive a €150 One4all voucher. The overall winner will receive a €300 One4all voucher as well as a €1,000 bursary for their school and €1,000 worth of books for their school library. Entries can be submitted in script form, narrative form or in video form and closing date for entries is 13th February 2014.

There are three categories for this year's awards:

- Primary (5th & 6th class) 500 words limit
- Junior Secondary (1st – 3rd year) 750 word limit
- Senior Secondary (4th/TY – 6th year) 1,000 word limit

Video submissions should be no longer than five minutes and must include a written copy of the scene also. Entries can be submitted in English or Irish to studenttheatre@realyouth.ie or by post to The Bord Gáis Energy Student Theatre Awards, Real Youth, Fumbally Court, Fumbally Lane, Dublin 8.

Closing dates for entries is Thursday 13th February. The top finalists will be announced in March 2014 and the awards will take place at the Bord Gáis Energy Theatre on Wednesday, 9th April. For further information on the awards, visit www.bordgaisenergy.ie/schools

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EAST KERRY AWARDS

at the Gleneagle Hotel

Pictures by Marie Carroll-O'Sullivan 087 391 4808



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were L-R Patrick Kelly, Marie Courtney, Denis Kelly, Grace Courtney & Bernie Courtney.



With her daughter Caoimhe (left) & son Diarmuid (right) at the East Kerry Awards, Michelle Cooper Galvin (centre) who won the Person of the Year Award at the Gleneagle Hotel on Friday evening.



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Patricia O'Sullivan & Aine Ni Shuilleabhain.



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were back row L-R James O'Donoghue, Damien O'Sullivan & Padraig O'Connor. Front Row L-R Brian Kelly, Adrienne Brosnan & Johnathan Lyne.



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Brid & Diarmuid O'Donoghue with Breda & Enda Walshe.



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Cait & Deirdre O'Sullivan Darcy.



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Kathleen & Pat O'Brien.



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Dermot O'Mahoney, Johnny Cronin, Margaret Cronin & Geraldine O'Mahoney.



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Mary Lynch & Pat O'Sullivan.

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Political Outlook

Politicians who would like to feature in Political Outlook can contact Des on 087 6593427

Lynda Horgan to contest Local Elections



Constituency Dail Secretary Lynda Horgan will be contesting the Kerry County Council Local Elections 2014.

Lynda is Dail Secretary to TD Tom Fleming at 62 New Street, Killarney, having transitioned from the same role in the office of Deputy Michael Moynihan, in Kanturk, upon Tom's election to the Dail.

A native of Killarney, Lynda grew up in Ardshanavooly and now has a home in Gullane, Gneeveguilla, Rathmore.

During the past seven years she has been working for and assisting the Community

and its constituents with all their concerns through her position as a Dail Secretary, continuously interacting with all government Departments/Agencies, Councils, Employers etc on behalf of her fellow citizens and through this constant interaction she has accumulated a vast store of knowledge across all areas which makes her a highly effective advocate when addressing the diverse needs of the constituency whether that be Health, Social Welfare, Agriculture, Employment/ Education, Poverty, Emigration/ Immigration etc.

From her first hand interaction with people on a daily basis she knows the factual and extreme pressures individuals and families are under in the current economic climate.

She seeks a place on Kerry County Council to act as an independent voice for the people in the decision making process of the Council.

Michael Gleeson to contest local election

Michael Gleeson has been selected by South Kerry Independent Alliance to represent the Party in the County Council election in May 2014 for the newly constituted Killarney Municipal Electoral Area.

He has been a member of Kerry County Council since 1999 and a member of the soon to be abolished Killarney Town Council since 1994. At present he is Chairperson of the Killarney Area committee of Kerry County Council and Chair of the Environment SPC.

Access to Killarney Library



"At the January 2014 meeting of Kerry County Council, Michael Gleeson asked that Kerry County Council would make financial provision for the development of graded access to Killarney Library from Rock Road in order to facilitate ease of movement for wheelchair users, people with disability and people

with children in buggies.

Councillor Gleeson stated that the library service is one of the great treasures of our county. The local Library enriches and greatly enhances lives. It should do so in particular for people with disability.

Killarney Library has since its beginning presented difficulties for wheelchair users, people with disability and people with children in buggies as they had to gain access from the rear of the building.

The requested graded pathway from Rock Road would allow all to access the Library freely and with dignity.

Kerry County Council replied that the Kerry Library Service will draw up a proposal for a graded access from Rock Road and that the work will be done during 2014.

Councillor Gleeson very much welcomed the reply to his request and asked that the work be done if possible before the busy traffic of the summer commences.

TD opposes closure to Court Houses

Kerry TD Tom Fleming has objected to any proposal to close Court houses at Kenmare, Cahersiveen, Killorglin and Dingle. Deputy Fleming said the closure of any Court house would be of great inconvenience to the citizens of the county and that there will be no savings to the State. The Independent TD called on the Minister for Justice and Equality, in the Dail this week, to take into consideration the excellent submission from the Kerry Law Society.

He has also called on the Justice Minister to increase the number of new Garda Recruits to 1,000.

The Kerry Independent TD said the Minister should take into consideration the fact that no recruits have been taken on for a number of years. The Kerry TD said there has been a drop in the number of full time Gardaí from 334 in 2010 to 297 in 2013. Added to this, Deputy Fleming said a number of Garda Stations have been closed in County Kerry since 2010 and measures should be put in place to combat crime and enforce sufficient security for the residents of the county.

Funding allocated to KCC

€1,431,022 has been allocated to Kerry County Council under the Housing Adaptation Grant Scheme.

This figure is approximately the same amount received by last year, when the grant was reduced by 56%.

Minister Jimmy Deenihan and Senator Marie Moloney have welcomed the grant which will be used to improve accessibility for the homes of the elderly and the disabled.

Save the date! Elections set for May

It's official – Irish citizens go to the polls on 23rd May to decide who will represent them at local and EU level for the next four years. Environment Minister Phil Hogan confirmed the date this week and encouraged voters to make sure they are eligible to vote.

A new register of electors will be published on 1st February and will come into force on 15th February. If you check this register and cannot find your name, it will still be possible to apply for the supplementary register of electors. However, application forms must be received by the registration authority no later than 26th April. Polls will open between 7am and 10pm on the day.

Politicians who would like to feature in Political Outlook can contact Des on 087 6593427



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RATHMORE/ GNEEVEGUILLA NEWS

BY Michael O'Mahony

RATHMORE BRANCH OF ST. VINCENT DE PAUL: Would like to sincerely thank all those who contributed to their Christmas Church Gate Collection in the following Churches: Shrone, Knocknagree, Rathmore, Ballydesmond and Gneeveguilla. A special word of thanks to Scoil Phobail Sliabh Luachra, Holy Family N.S., Hollymount N.S. and Danu Childcare for the enormous contributions of non-perishable food. Without your generous support we could not help those who are in great need of support in our community.

MARION PLAYERS RATHMORE: Present their 27th Pantomime: Robinson Crusoe starts 25th January & continues on the 26th, 29th & 30th January and 1st February & 2nd February, 2014 at Rathmore Community Centre. Night shows at 8pm. Matinee's at 3pm on Sundays in aid of Kerry Parents & Friends Association. For booking & information phone 087-9562920 or 0647758526. Booking Office will be open from this Friday January 24th 2pm. To 6.30pm daily opposite Rathmore. Church at Fr Corridan centre. Special arrangements for groups of either adults or children. A show not to be missed.

SYMPATHY: To family and friends of the late Sheila O'Riordan (nee O'Mahony) Knocknagullane, Ballydaly, Margaret (Peg) O'Leary (nee Fitzgerald), Readrinagh, Headford, Peggie Horgan (nee Barry) Ballydaly, Agnes McGovern nee Reen, New York, US A & Shrone, who's deaths occurred recently. May they all Rest in peace

RATHMORE COMMUNITY COUNCIL CHURCH GATE COLLECTION: Rathmore Community Council Church Gate Collection took place January 11th & 12th in Rathmore & Shrone. Your support was very much appreciated. Total amount collected: €777.30.

AGM: Rathmore Community Council AGM. Will take place on Monday February 10th at community centre at 8pm. Everybody welcome.

RATHMORE / GNEEVEGUILLA COMMUNITY GAMES: U13 CHOIR: Any boy or girl interested in being a member of the U13 Community Games Choir (must be 10 years of age on 31/7/2014), please contact Joanna Hughes asp on (087) 9520667.

GNEEVEGUILLA ATHLETIC CLUB: Registration is closing on January 31st. We will be collecting registration on Friday 17th and Friday 24th from 7.00 - 8.00 pm in Gneeveguilla GAA Hall. Registration €20 for Juvenile and €25 for Senior. Any registrations after January 31st will be at a higher rate for each category. Athletes not registered won't be able to compete.

RATHMORE GAA CLUB: East Kerry U21 Football Championship. Rathmore V Spa

FOSSA NEWS

FOSSA GAA: Fossa Lotto 19/01/2014: Numbers Drawn: 6, 16, 22, and 25. Jackpot: €4,500. No Jackpot Winner
5 x €40 winners: The Cork and Kerry Boys; Liam Walshe, Curragh; Bridann Carey, c/o McCarthy's Centra Gortroe; The O'Connor family, Leabrook Gortroe; The Collerans, 55 Lackabane Village. New Jackpot: €4,650. Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, McCarthy's Centra Shop, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night January 26th 2014 at the Golden Nugget Fossa at 11p.m.

SENIORS: Please note that since 1st Jan it is now compulsory for all players including seniors to wear a mouth guards. This applies to both matches & training sessions. All coaches please make sure that all players follow this guideline.

FIXTURES: Sunday next January 26th East Kerry Under 21 Quarter final Fossa v Kilcummin at Fossa throw in 2:30pm. Senior EK Super League Fixtures
Round 1 - Sunday 9th February at 12noon, Fossa v Furies.
ROUND 2 - Sunday 16th February at 12noon
Listry v Fossa. ROUND 3 - Sunday 23rd February at 12noon

Fossa V Kenmare. Top two teams play in the Final.

MEMBERSHIP: Membership now due. Family membership has been reduced to €60.00 for 2014, adult remains at €30.00, while youth/student has been increased to €15.00

COISTE NA NOG: The AGM of Fossa Coiste na nOg took place on Thursday night last and was very well attended, Officers and mentors for 2014 are as follows: Chairman Dermot Clifford, Secretary Margaret O'Connor, Registrar Seamus Kelly, Under 16's Dermot Clifford, Billy O'Leary, Tomás O'Murchu, and Mike O'Donoghue. Under 14s Adrian Sheehan, James O'Shea, and Dr Brendan Lynch. Under 12s Pat Clifford, Seamus Kelly, Merry Talbot, and Paul Cronin. Under 10s John Dineen, Kieran O'Brien, and Maurice Lyons. Under 8s Mike Cahillane, Paudie Spillane, and John Carlton. Under 6s Mick Buckley, Peter Kelliher, David Clancy, and Rory McGann. Kieran Coffey has been appointed as the club's Children's Officer.

SOCIAL ACTIVITIES: Running group continues on Monday and Wednesday nights at 8:30pm until further notice. A programme will be available for beginners. All participants will have to be members of Fossa GAA.

CONGRATULATIONS: Fantastic success by two of our parishioners on the world stage during this past week.

Venue: Spa Date: 26th Jan 2014 Time: 14:30. The 2014 Club Calendar is out now.

This year's calendar is available in shops locally, Make sure you get yours.

THE SEARCH FOR THE 2014 KERRY ROSE: The search for the 2014 Kerry rose will begin in the coming weeks and if you'd like to get involved you can email Kerryrosecentre@gmail.com

CULLEN AND DISTRICT SPECIAL NEEDS ASSOCIATION 1979 - 2014: It is that time of year again Christmas has passed and our 29th Annual Weigh-in, beginning on last Monday Jan. 20th at 8.00 p.m, in the newly renovated Cullen Community Centre. This year we are again inviting representatives of the various centres, where our friends are educated and will make a financial presentation on your behalf to them on the opening night. Last year we made similar presentations; they all replied and expressed their sincere gratitude and deepest appreciation for this financial boost. They outlined how the funds are allocated and how important these types of fundraising events are to the centres caring for those with Special Needs. They paid tribute to the generosity of the Association and their many supporters who support the various fundraising projects. They would not be in a position to deliver the range and quality of services without the goodwill and support of local communities. They added that, voluntary fundraising is hugely important to enable these centres to achieve high standards and services to care for those with special needs, who are the most vulnerable in our society. Our fundraising events continue, we are happy to report a very successful year for the association, including the hosting of a Harvest afternoon, featuring old time Threshing and Vintage display, and many sideshows including entertainment by "Richie Kavanagh". All our special friends again enjoyed our 33rd Annual Christmas Mass, and Party on Dec. 7th. We entertained approximately 70 special guests and their families, the sun shone brightly as all assembled for Mass celebrated by Canon Jack Fitzgerald, P.P., Andrew Lynch was a wonderful D.J. and then each guest received a Christmas gift.

The 2014 Weigh in commences on Monday last January 20th at 8.00 p.m. and concludes on Monday March 24th at Cullen Community Centre. Dr. Pat Casey will again oversee the Weigh in; there will be Aerobics conducted by Máire Heffernan and Hannah O'Connor followed by music and dance each night.

We are extremely grateful to the many people who give so generously of their time, their talents, their services and their resources over the years to assist in our fund-raising efforts; all who sponsor and help to make the vintage afternoon such a great success, all who support our Weigh-in, and the media who promote our events.

ANYONE HAS ANY INFORMATION THEY LIKE TO ADD TO THE NOTES: please email Michael O'Mahony (michaellomahony@eircom.net) or ring on 087-6676817 before 6:00pm on Sunday,

Paul Nagle had a podium finish, when he and Kris Meeke finished in 3rd place in the Monte Carlo rally last weekend. We will follow his progress in the World Rally Championship with great interest. Also Michael Fassbender followed up his Golden Globes and BAFTA nominations, with the big one, an OSCAR nomination for Best Supporting Actor. The Academy Award Ceremony takes place on Sunday March 2nd

SCÓR: Our ceoltoirí Cian O'Sullivan, Dean O'Sullivan, Sean Kelliher, John Murphy, and Christy Buckley represent Kerry in Ceol Uirlise at the Munster finals of Scor na nOg at Mallow youth centre on Sunday next January 26th starting at 2:00pm. All support for the lads very welcome.

FOSSA COMMUNITY GAMES: Boys U10 indoor soccer training continues in the fossa community centre every Sunday 7pm - 8pm.

FOSSA/TWO MILE COMHALTAS: Adult set dancing classes at Fossa Community Hall each Tuesday night, beginners at 8pm, advanced at 9pm. Everybody very welcome.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at beniska@utvinternet.com Please forward information on before Sunday at 11am.

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GLENFLESK NEWS with Donal Kelly

GLENFLESK GAA LOTTO: Glenflesk GAA Club Lotto draw was held on Sunday the 19th of January 2014, in Spillane's. Jackpot: €6,400. Numbers drawn: 5, 9, 14, 15. No Winner. €50 DRAW: First draw: Joanne and Pat Sheehan, Crosstown. Seller: Sean - The Kerry Way. Second draw: Joanne and Pat Sheehan, Crosstown. Third draw: Greta Dineen, Headford. Fourth draw: The Famous Five, Bridge Bar, Rathmore. Next club lotto draw will be held on Sunday the 2nd of February 2014, in the Corner House, Jackpot: €6,600.

NEW CLUB SPONSOR: Glenflesk GAA is delighted to welcome Molly Darcy's Pub on board as the new sponsor of the senior club for the coming year.

EK U21 CHAMPIONSHIP: Glenflesk will play Firies in the preliminary round of the East Kerry U-21 championship on this SUNDAY January 26th in Glenflesk at 2:30pm. The winners of this game will be at home to Legion in the quarter final.

31 CARD DRIVE: Mikey Dennehy and Tony Daly won first prize of €300 in the cards played in St. Agatha's community hall Glenflesk on Friday January 17th. The cards continue each Friday night at 8:15pm and all are welcome.

GAA NATIONAL CLUB DRAW: Tickets (€10) are currently on sale from club officers and senior players for the GAA National Club Draw which has some fantastic prizes on offer. Proceeds from ticket sales benefit the local club and the draw takes place on St. Patrick's Day 2014.

EAST KERRY GAA AWARDS NIGHT: Congratulations to all those honoured at the East Kerry awards night held in the Gleneagle Hotel on Friday January 17th 2014. In particular, congratulations to John Kelly (Spa) and Tadhgíe Fleming (Dr. Crokes) who received awards on the night marking their long and distinguished service to East Kerry GAA. Well done also to Michelle Cooper-Galvin who was named EK Personality of the Year.

GLENFLESK PARISH COMMUNITY ALERT: In association with An Garda Síochána a text alert service is now in operation in our parish. This scheme allows the local community to actively contribute to crime prevention in their local area. The committee would like to thank all those members who have signed up to be part of the scheme. We are still seeking new members. If you would like to join the scheme please contact 064 7754229 or 087 2257915.

RAHEEN HISTORY PROJECT: Don't forget that the Raheen National School hall will be open this weekend, on Sunday January 26th, from 12 noon until 6pm. A fascinating array of roll books, local history projects and old photographs will be on display. All welcome.

RAHEEN NS: Congratulations to Ann Roche who had the winning lotto number 22 on Saturday 18th January.

RAHEEN COMMUNITY PLAYGROUP: The Playgroup will host its 4th Annual Table Quiz in Murphy's Bar, Barraduff on Friday February 7th at 8.30 pm. Table of four is forty euros. There will trophies and a prize of 100 euros for the first place team, second place team will receive a prize of forty euros. Spot prizes and refreshments on the night. All are welcome to attend!! The Playgroup's new website has now been uploaded with their photo albums. To view website log onto www.raheenmontessoripray

RATHMORE PANTO - ROBINSON CRUSOE: The annual Rathmore pantomime starts its run in the Community Centre Rathmore this Saturday night January 25th at 8pm, with a matinee on Sunday January 26th at 3pm. Further shows during the following week: Wednesday 29th and Thursday 30th at 8pm, Saturday 1st February at 8pm and concluding on Sunday 2nd February at 3pm. For further details and phone bookings contact 064 7758526.

CONTACT: We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Sunday night.

LISTRY NEWS

LISTRY SOCIAL COMMITTEE: We wish to remind seniors in the Listry/Milltown Parish and surrounding areas that the next Social Day will be held in Listry Community Centre on Tuesday 28th January 2014. The usual Bus Service will operate and start collecting passengers at 10.30 approx.

BINGO: The next Bingo Session will be held in Listry Community Centre on Wednesday 29th January 2014 at 8pm.

LISTRY WEEKLY LOTTO: Sunday January 19th. Winning Numbers 1, 2, 20, 24. No Winner 1 x €100. Noreen O'Connor Aughills. 2 x €50. Mary Crowley Drombrick. Bernie Buckley Rockfield. 2 x €25. Tom Hobbins Coolroe. Mike O' Shea Faha Court. Draw Entrant. Maureen & Tom Murphy. Jackpot next week January 26th, €4,550.

COMPUTER CLASSES: Listry Community Council Ltd in conjunction with KETB are organising basic Computer Classes for beginners in Listry Community Centre on

Thursday evenings from 6.30-8pm commencing on Thursday 30th January. If interested please phone Joan on 0867944494.

Many thanks to everyone who returned the Consultation Questionnaires which were distributed by L.C.C throughout the community before Christmas. Some good suggestions have been made and Listry Community Council will consider these carefully over the coming weeks. Questionnaires can still be returned to any L.C.C. member or dropped into the post-box at Listry Community Centre. Your ideas and suggestions will be very welcome. Any household in the Parish that did not receive a questionnaire should contact Centre at 0867944494 and request one. Many thanks and a very Happy New year to everyone.

SYMPATHY: At the recent meeting of Listry community council members a vote of sympathy was passed to bereaved families, relatives and friends of following people who died recently, John O'Connor formerly of Lilibane, Beaufort, and John Counihan formerly of Kilcummin. May their souls rest in peace.

BEAUFORT NEWS

With Nora Hallissey

BEAUFORT'S RAMBLING HOUSE: The next session of the Rambling House will take place on Saturday, January, 25th in the Community Hall. Doors open at 8.30p.m. A great evening of music, song and storytelling. Tea, Barm Brack and Refreshments will be served. Everybody welcome.

COMMUNITY GAMES: Draughts practice from u10, u12 & u14 boys and girls will begin on Saturday evenings from 5 to 6 pm at the Gaa clubrooms. All welcome.



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Catherine Carroll, Susan Hayes, Anne Holland & Mary Spillane Picture Marie Carroll-O'Sullivan 087 391 4808



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Margaret & Paddy O'Sullivan, Currow. Picture Marie Carroll-O'Sullivan 087 391 4808



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09 Ford Focus 1.6 TDCi, Titanium, Full Ford S/H

09 Kia Proceed 1.6, Alloys, Fogs, 3dr H/B

08 Peugeot 407 1.6HDi, alloys, fogs, A/C, Bluetooth

08 Ford Mondeo 1.8, titanium est., full ford s/h

07 VW Touran 7 Seater, Alloys, 1.9TDi

07 VW Golf 1.9TDi, 88kms, Black, alloys

06 VW Passat 1.9 TDi, Comfortline

04 VW Bora 1.9TDi, NCT Tested, Silver

03 Skoda Octavia 1.9 TDi, silver, 1 owner

CARS

08 Kia Rio 1.4, Automatic

08 Kia Picanto 1.1

08 Peugeot 207 1.4, Black, NCT Tested

07 Nissan Almera alloys, fogs

04 Ford Focus 1.6 Ghia

04 VW Golf 1.4, NCT Tested

COMMERCIAL

09 Opel Combi Van 90kms

09 Ford Transit Connect 90kms

07 Peugeot Expert 68k, 1 Year DOE, 1 Owner

05 Mitsubishi Pajero Sport Silver, 2.5, very clean

Selection of 2013 Ex Fleet Cars - All Models including Ford, Hyundai, Skoda, Nissan, Etc

Tyre Life and Age

Tyre Life and Age is influenced by many factors:

Tyres are designed to meet different criteria. Long life tyres are made from a harder compound and may be noisier as a result. Others may be made from a softer compound which are quieter but will wear out quicker. It's often the case too that a car's original tyres will last longer than later replacements.

Tyre life is influenced by several factors:

- Driving style. For example, aggressive cornering and harsh braking increases wear.
- Position. Front tyres wear faster because of movement through steering.
- Speed. High speed driving increases temperature and increases wear.
- Load. Heavy loading increases wear.
- Pressure. Both under inflation and over inflation increase wear.
- Alignment. Incorrect wheel alignment results in rapid and uneven wear.

Generally on a front-wheel-drive car you'd hope for a minimum of 20,000 miles for front tyres, and double that for those on the rear.

The legal minimum limit for tyre tread depth in Ireland is 1.6mm. This is because, tyre performance, particularly in wet weather gets worse as the tread wears down.

The greater the wear to your tyres the worse its wet weather grip will be. Tread depth should be checked more frequently once it reaches 3mm. Tyres should be replaced before their tread depth wears below 2mm. This is especially important if heading into autumn and winter months.

Tyre age:

Age is a separate issue to wear. Tyres deteriorate naturally through exposure to heat, sunlight (Ultraviolet/UV) light and rain. Degradation depends on the amount of exposure and the severity of the weather. This is a more common problem for caravans, trailers and vehicles which are often only used occasionally. In everyday vehicles, tyres almost certainly will wear out before they degrade to such an extent they're unserviceable.

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SPA NOTES

ANNUAL GENERAL MEETINGS WERE HELD OF CLUB AND COISTE NA NOG

RECENTLY: The majority of officers continued on in the same positions. The main changes were Anne Holland stepped down as Vice Chairperson/ Coiste na nOg Chairperson to concentrate on the ladies football as Chairperson. She was thanked for all her hard work for the past three years. She takes over from Katie O'Brien as she takes a year off to concentrate on family. Katie had many roles in the ladies football and will be sorely missed. No doubt she'll be back next year.

James Devane takes over from John O'Donoghue as schools officer and already has implemented his own stamp on that position. John O'Donoghue has adapted to his new role as the chief of the underage section of the club. He will bring his own youthful energy and ideas to this position and his profession as a teacher in Loughquittane National School already is acquainted with many families and our young players. Peter Spillane takes over from Andy O'Sullivan as registrar. He is already an active member of the club helping out with car park duty.

Anne Holland as outgoing Coiste na nog chairperson thanked all her fellow officers, coaches, parents and sponsors Tim Jones and Michael Spillane. Special thanks to Seanie Kelliher and his card committee, Paddy Mulvaney.

Sheila McCarthy was highly praised for her continued hard work in the cultural side of the club as scor officer for 10 years. Her committee has worked hard over the years and the accolades in east Kerry, county, Munster and all Ireland titles has proven very fruitful and continues to grow each year. She agreed to stay on in this role until we can find her replacement which shows great club spirit.

Secretary Deirdre O'Sullivan Darcy gave a precise record of the year and was thanked for her excellent work.

Assumpta O'Donoghue in her inaugural year as treasurer gave an accurate account of finances. She was praised highly and Tadhg O'Sullivan presented an accurate audited set of accounts year end and again does this on his own time for free. Andrew Garnett volunteered and elected as Asst Treasurer to help Assumpta as the role needed help especially with the lotto.

COACHING OFFICER: Niall O'Mahony has implemented a coaching structure within the club and has placed development for the future.

The success in the underage in 2013 showed many titles minor, u16, u14, u12 and the senior ladies and u12 girls.

SENIOR TEAM: Conor Gleeson was thanked along with Ger Cronin and Johnathan Leviston for what was a year dogged with injury. Conor is staying on as selector and 2014 is already under way with winter training.

MINOR TEAM: Timmy Fleming gave a precise report and was the first year that we played with a proper minor team and was great to see players back with Spa. Sean Cronin was thanked for his work as coach for the past 20 years and was wished the best as he takes a little time off. Minors are now promoted to division 1 in 2014. This is huge development and progress within this age group.

John Kelly was congratulated on being inducted as East Kerry Hall of Fame. John Doyle was given special mention by Anne Holland and Gerard Mangan. In memory of John as senior player an award/night will be in his honour to be discussed at next executive meeting.

Chairman thanked everyone who helped out during the year in all the various roles and sub committees. He welcomed all the new officers and would love to see more volunteers.

COISTE NA NOG: Underage Indoor Training starts back again Friday 24th January 2014. 6-7pm U6 boys; 7-8pm u10 boys; 8-9pm u10/u12 girls; Saturday u8 boys 2-3pm indoors - Please bring sneakers. Registration Friday 24th 6-8pm.

For ALL underage members, ladies football and Scor and adult members. Everyone MUST be registered before they play. All new players must bring birth certificate. Any queries contact John O'Donoghue 087 940 3517.

U8/u6 girls will commence Saturday, February 1st 10.30-11.30

MOUTHGUARDS: Every player minor (boys and girls) and under must wear mouthguards from 2014.

EAST KERRY SENIOR LEAGUE FIXTURES: February 9th Spa have a Bye; February 16th Spa away to Glenflesk; February 23rd Spa home to Gneeveguilla; March 2nd Spa away to Currrow.

East Kerry u21 Championship - Spa are home to Rathmore at 2.30pm next Sunday January 26th.

SCOR NA NOG: Munster final takes place in Mallow Youth Centre on Sunday, 26th January at 2.00 p.m. (Please note change in Time). Best wishes to our figure dancers and set dancers and Allison Fitzmartin (Recitation).

CONGRATULATIONS: To John Kelly who was honoured at last Friday night's East Kerry All Star Awards as he was inducted to the East Kerry Hall of Fame. It was a fitting tribute to John for his many years of loyal and outstanding service to the GAA and recognition of the wonderful work he has done for both East Kerry and Spa. Congratulations too to his wife Sheila, who was also recognised for all her work and her support over the years.

OPERATION TRANSFORMATION: Well done to all the organisers, volunteers, stewards, walkers, runners and supporters who were part of last Saturday's Operation Transformation Walk in Killarney National Park. Organised by the Kerry Recreation and Sports Partnership, there were 3,000 participants on the day including many former Kerry footballers all showing their support for former Spa player and current OT leader Paudie O'Mahoney.

LOTTO RESULTS: Lotto result from the Killarney Oaks 19/1/2014. Numbers drawn 04, 06, 07, 21. No jackpot winner. Lucky dips €50 each: Donie Foley, Fossa; Noreen Casey, Muckross Grove; Margaret Cronin, Coolcorcoran; Sean Spillane, Tiernaboul. Next weeks Jackpot €7,400 in Darby O'Gills.

RAHEEN COMMUNITY PLAYGROUP: The Playgroup will host it's 4th Annual Table Quiz in Murphy's Bar, Barraduff on Friday February 7th at 8.30pm. Table of four is €40. There will be trophies and a prize of €100 for the first place team, second place team will receive a prize of €40. Spot prizes and refreshments on the night. All are welcome to attend. The Playgroup's new website has now been uploaded with their photo albums. To view website log onto www.raheenmontessoripplaygroup.com

SPORTS HALL AND MEETING ROOMS ARE AVAILABLE FOR HIRE: For availability and bookings contact Eileen on 087 6577312 after 6pm.

To keep up to date with our news, events and fixtures, be sure to check out our Facebook Page www.facebook.com/spagaa or contact the Secretary on 087 6332773 or Coiste na nOg Secretary on 087 1385612.

KILCUMMIN NOTES

SYMPATHY: Is Sympathy is extended to the family of the late Tom Fleming late of Gortnaton and formerly Milleen who died recently. May he rest in peace.

PARENTING TEENAGERS: Finding it challenging? Constant battles? Would you like to learn a different way to get along with your teenager and lessen the hassle? A 6 week course will commence on Tuesday 11th February at 7.30pm in the Rural Development Office. The aim of the course is to help develop better relationships with our teens in a healthy respectful manner. Cost is €50 per person, €80 per couple.

Course will run subject to numbers, spaces are limited. To book please call 087-6689820.

COMHALTAS: Any unwanted Christmas Gifts would be greatly appreciated for the Kilcummin Comhaltas Easter Raffle. Please hand any unused/unwanted gifts to any of the Comhaltas trainers.


COMHALTAS SUNDAY MUSIC SESSION: Will be held on 26th January at 2.30pm to 5pm in the Recreational Hall. All welcome.

COMHALTAS MEETING: Will be held on Tuesday 4th February at 8p.m. in the Rural Development Office. All welcome.

RAHEEN COMMUNITY PLAYGROUP: The Playgroup will

host it's 4th Annual Table Quiz in Murphy's Bar, Barraduff on Friday February 7th at 8.30 pm. Table of four is €40. There will be trophies and a prize of €100 for the first place team, second place team will receive a prize of €40 Spot prizes and refreshments on the night. All are welcome to attend!!


GAA ANNUAL SOCIAL JAN 25TH: The club social will be held in the Klub on this Saturday Jan 25th commencing at 8pm. Music is by Wallop the Cat and a hot meal will be served. Presentations will be made to club members for various achievements during the year. Tickets are available from club officers at €20.



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To Killorglin Panto At The INEC On Sunday 16th February




Killorglin's 51st Panto "Puss in Boots" stars in the Dame, the Cat, the Witch and the Wardrobe will take place at the INEC on Sunday 16th February.

To be in with a chance to win one of five family tickets just answer the following question and send it in to: **The Killarney Outlook, 30 High Street, Killarney.** Before 12 noon on Friday February 7th.

How many Panto's have the Killorglin group produced?

Answer: _____

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COMMERCIAL ROWING CLUB NEWS

With John Kelly.

PROGRAMME FOR 2014: With work now fully completed at the Clubhouse at Ross Castle, the club is now looking forward to 2014 with renewed interest and are currently in the process of recruiting new members for the forthcoming regatta. Commercial have a long and successful association with the local regatta dating back to 1886 and also with the Commercial life of the town. During the forthcoming months we hope it may be possible to publish a weekly list of the many rowing members who participated in those regattas over the past 70 years as it may be difficult to access records dating beyond that period. This should help to jog the memories of those members and to again re-live happy memories of evenings spent around Ross Castle and where even many romances blossomed. It is also envisaged that many of those members may be available to again become actively involved with the club. So watch this weekly column and the forthcoming AGM.

BEST WISHES: Best Wishes to former Fossa Oarsman Michael Fassbender who has been nominated for an Oscars Film Award.

SYMPATHY: Sympathy is extended to the relatives of John Counihan, Dunrine who died in England recently. John and the Counihan family had a long association with Commercial rowing club rowing in all grades for the club, May He Rest In Peace.

FOSSA ROWING CLUB NEWS

With David Kavanagh.

NEW MEMBERS AND TRAINING: Interested in coastal, slide or traditional sixes rowing? If you are a beginner and interested in learning the basics of rowing, now is the perfect time to join the club as new crews are currently being assembled.

UNDERAGE TRAINING: Will commence on Sunday 26th at 10 am at the old church.

Training times for Novice, Junior and Senior crews will be announced over the coming weeks.

To register your interest and receive text updates about training please email your name and phone number to david@fossarowingclub.com. Follow us on Twitter @fossarowingclub or find us on facebook for more details about training and other activities.

Thanks, Congratulations, Best Wishes and Other News.

THE ROOF OF THE OLD CHURCH: Was badly damaged during the stormy weather over Christmas. Thanks to those members who were able to lend a hand in temporarily repairing the damage to the church roof.

CONGRATULATIONS: Club members would like to extend congratulations to Tim and Emily Horgan on the arrival of the new daughter Lily.

Members would also like to send best wishes to Derek Carroll at this time and acknowledge the significant contribution that he has made to the local community over the years.

Finally, the club would like to thank the organisers of the 5k fun run in aid of Kerry Coastal Rowing Association. In particular we would like to express our gratitude to sponsors Macs of Main St. and Leanes Tool Hire.

CONDOLENCES: Our thoughts are with the Griffin family at this time and also the family of the late John

Counihan. The club would also like to extend condolences to the family of Michael Doyle of Aghadoe.

NEWS FOR FOSSA NOTES: If club members or members of the community in Fossa have news that they would like to report as part of the Fossa rowing club notes please email or text stories to david@fossarowingclub.com or 086 3867990 on or before Sunday of each week.

KILLARNEY COUGARS BC

With David Aherne

SENIORS: WOMEN'S DIV 1

ST MARY'S CASTLEISLAND 35

KILLARNEY COUGARS 53

Cougars senior women's travelled to Castleisland and came away with the points with a comfortable win. Cougars led all through the game with the impressive Marion O'Callaghan opening the scoring with two free throws and then two three pointers to leave Cougars ahead 14-10 in the opening quarter. Cougars dominated the second quarter with all players on court contributing baskets to increase the lead 30-21. Cougars defence remained strong in the early stages of the second half and were frustrating the home side with as they broke quickly to score on the break. Cougars controlled the remainder of the game to finish deserved winners. Best For Cougars were Stephanie Walsh, Kate Looney, Mags Cronin, Amanda Brosnan, Alma O'Mahony 12 points and Marion O'Callaghan 20 points

WOMEN'S DIV 1

KILLARNEY COUGARS 56 KCYMS 68

Cougars suffered their first home defeat of the season to league leaders Kcym in an entertaining game at the Pres Gym. The visitors were slow to settle with Cougars quick of the mark with three pointers by Cassandra Buckley, Allyson Caggio and Marion O'Callaghan. Kcym responded well and hit three successive three pointers to lead 22-15 at the end of the quarter a lead they were never to surrender. The visitors increased the lead to 38-26 by halftime and were in great form with Evelyn Twiss and Kerry O'Sullivan sharing six three pointers. Cougars put a huge effort into the game in the third quarter of the game and reduced the lead to 53-48 but the Killorglin girls were very determined. Cougars pressure continued but they could sustain this effort despite getting to within three minutes to go before a few costly turnovers saw Kcym catch Cougars on the break to make the points safe for the league leaders at the end of a very good game that saw the teams share 15 three pointers. Best performances for Cougars came from Cassandra Buckley, Allyson Caggio and Marion O'Callaghan on 29 points.

JUVENILES: GIRLS U12

VIXENS 34 KILLARNEY COUGARS 16

Cougars produced a good performance but were well beaten on this occasion as poor shooting proved costly in the finish. Cougars led by a basket at the end of the first quarter but came under huge pressure in the second quarter and trailed 22-6 at halftime. Cougars reduced the arrears to 10 points entering the last quarter but had no answer to the Vixens who finished the final quarter with another burst of scoring. Best for Cougars were Niamh Stack, Beth Coffey, Sadie Myers and Aoife Kissane.

GIRLS U14: VIXENS 26 KILLARNEY COUGARS 48

Cougars recorded a very comfortable win over the Vixens. A slow start by the Cougars saw them trail by a point in the opening quarter, but Cougars took control

in the second quarter to lead 35-15 by halftime with Kate Stack impressing with successive baskets in the second quarter. Cougars finished the game very comfortable winners with a strong defensive performance keeping the Vixens quiet. Best performances for the Cougars on this occasion came from Kate Stack, Grace Cahillane, Kelly Ahern and Sarah Doody.

GIRLS U16: VIXENS 30 KILLARNEY COUGARS 47

Cougars good winning form continued as they led this game throughout to record another win on the road. Cougars started well and had all the starting five on target with good baskets. Cougars led 22-8 at halftime with Katie Talbot in great form contributing 12 first half points. Cougars strong performance continued in the second half and Abigail Graham hitting 10 points to see Cougars finish deserving winners.

Best for Cougars this time were Katie Talbot, Fiona Kissane, Abigail Graham and Caoimhe O'Sullivan.

FIXTURES: Seniors. Men's Div 1

Jan 25th Glenbeigh v Cougars 7.30pm Glenbeigh.

Jan 27th Cougars v Tralee Tigers 7pm, Pres Gym.

Womens. League Div 1

Jan 30th Cougars v St Bridgets. 8.15pm Pres Gym.

JUVENILE TRAINING SCHEDULE: Boys U11 & U12 Wednesdays & Saturdays Pres Gym.

Girls U12 Thursdays Pres Gym.

Girls U14 Thursdays & Sundays Pres Gym/Parish Hall.

Girls U16 Tuesdays Pres Gym

Girls & Boys Academy Ages 6 to 9 Friday Parish Hall.

New members welcome, to join and can register at the above sessions or by contacting the secretary on 0874175493.

For the latest information and the correct training times please check the website at www.killarneycougars.com

MUCKROSS ROWING CLUB NEWS

With Tim O'Shea

ST. MICHAEL'S HOR: The St. Michaels Head Of the River is scheduled to take place on Saturday next 1st February. Muckross crews from junior to senior will be toughing it out at one of the longest running and most competitive time trial events on the domestic rowing calendar. The event also kicks off a new calendar year of rowing competition and is sure to attract crews from the four corners of Ireland as clubs look ahead to longer evenings, the promise of clocks changing and a return to racing in earnest! For next Saturday however we will just hope for some calm and dry weather! Best of luck to all our crews! Following the trip to O'Briens bridge, next up on the events calendar is Cork Head Of the River at the city marina on Saturday 15th February.

MEMBERSHIP 2014: A reminder that membership renewal for Rowing Ireland registration for existing members is now overdue and outstanding fees must be returned to Registrar Jeremy Kenny immediately.

NEW MEMBERS: The club is always welcome to new members, why not give rowing a go? For younger members aged 12-14, our beginners group meets at the boathouse or community centre, whatever the weather! You can come along just to see what is involved or get stuck right in! Contact Eadaoin Moynihan 086 152 9476 for further information.

ROWING IRELAND: Well done to our Club Co-Captains Eadaoin Moynihan and Pat Murphy who completed the first stage of Rowing Ireland's coaching course attended by a number of adults from Kerry rowing clubs. Our

SPORTS DESK

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thanks also to Pat McNerney of Rowing Ireland and to Workmen RC for organising the session.

SPA MUCKROSS AC

The athletic season for 2014 has begun with some very good grass performances by some of our athletes. The Munster Inter County Cross Country relays took place in Tipperary recently and the Kerry U14 boys team that had Mícheal Devlin and Tristan O'Donoghue won the gold medal. The U12 Girls team that had Marie Courtney running the 1st leg came home with the bronze medal. We also had Cian Lynch and David O'Donoghue in the boys U10 team and Elizabeth Stack in the Girls U14 team but unfortunately they were out of the medals on the day. Congratulations to coach Bríd Stack who won a gold medal in the 200m and a silver in the 60m at the Munster Masters in Nenagh at the weekend. Bríd has now set the standard that the juvenile athletes should be aiming to achieve and with the Munster Indoor competition taking place soon.



A section of the Mini Rugby who attended the Munster Rugby Coaching session with Ray Gadsden and their coaches last Saturday at Knockree.

KERRY COMMUNITY GAMES

COMMUNITY GAMES: Kerry Community Games Fixtures for 2014 will commence with the Talent Competition events on 1st/2nd February in Abbeydorney. We have a wide selection of events on offer varying from athletics, sports to cultural events - and we hope there is some event to suit every child from ages 6 to 16! If your child is interested in taking part in Community Games events - please check with your local Area Secretary. Information/rules on all Community Games events can be checked out on www.communitygames.ie

SPA MUCKROSS COMMUNITY GAMES

Events will be starting in earnest shortly so if there is any activity listed that your child is interested in taking part in, please contact Denise Moynihan at 086 6684002. U13 boys Indoor Soccer is on February 16th and we are looking for any potential Roy Keanes give us a shout! Anyone interested in taking part in the U14 Quiz should contact Denise before Jan 31st. The County Art competition will be held in Listowel on March 1st - if you would like to be considered please send a drawing/painting of any Community Games sporting activity to Denise at 26 Whitebridge Manor, Killarney. All ages from U8 to U16 can take part and the painting can be done on an A4 size sheet and please ensure that the child's Name, Date of Birth, Telephone Contact number and Address are clearly written on the rear of the sheet, the closing date for the Art is Feb 10th. U10 Handwriting is also going to take place soon so if you are interested please give Denise a call this week.

We wish our music, both solo and group the very best of luck, as they take to the stage on Friday 1st Feb in Abbeydorney and the set dancers are out the following day, also in Abbeydorney.

Killarney Community Games will be having its annual Church gate collection on the weekend of February 15/16 and we would appreciate any help with the collecting.

MILLTOWN/LISTRY COMMUNITY GAMES

We had a successful AGM on Monday 13th January. We'd like to welcome our new officers/committee member Denis O'Mahony Chairperson, Caroline McCarthy Treasurer, and George McCarthy committee member. A special word of thanks to outgoing Chairperson Jim O'Shea, Treasurer Annette Broderick & PRO Margaret Lehané for their years of service where all were instrumental in the re-establishment of the Community Games in the Milltown/Listry area. We wish to thank Secretary Pa Murphy and all committee members for their work over the past year and are delighted that Pa will continue as Secretary. At our AGM we remembered the late Brother De Sales for all the work he did in the past to maintain the spirit of the Community Games within the Milltown/Listry area. We are looking for parents/volunteers to help with the organisation of entry into Community Games activities, we need these in both the

Milltown & Listry areas. Some of the activities we have an interest in entering are; Solo Singing U14, Indoor Soccer U10/U13, Draughts, Swimming, Gaelic Football U10, Cycling on Grass, Model Making. If you or your children would be interested in participating in these or other activities give Denis a call at 087-9662332 or Pa a call at 087-6447788.

FIRIES COMMUNITY GAMES

Preparation and training has recommenced for 2014 Community Games events. There are some changes to the rules this year. One main rule change is that there is now a minimum age to all individual events and for most team events. The individual events for the February / March Competitions are Music U13 over 11, recitation over 10 under 12, hand writing U10 over 8, gymnastics U9, U11, U13, U15. Art and model making are also individual events. Art is an event that will be held through schools in February and County Finals will be on March 1st so if there are any budding artists out there, now is the time to start practicing. There are specific art titles for age groups U12, U14 U16 and each child will pick a title to draw. These are the following titles for 2014: badminton, basketball, draughts, Gaelic football, group singing, handball (one wall), hurdles, javelin, judo and swimming. Art is open to boys and girls U8, U10, U12, U14 & U16. Model making is open to boys and girls U10, U12, U14, U16, this event will be held at County level in April and locally in March so keep an eye out for further details through newsletters, schools and Killarney Outlook. Team events are Choir U13 over 10, music group U14 over 11, set dancing U14 over 11, singing group U14 over 11 and draughts U10 over 7, U12, U14, boys and girls. For further information on events please contact Hazel Norris or Frances Murphy. Project titles have been decided and details of these will follow next week.

LOUGH LEIN ANGLERS

At a very well attended AGM in the Dromhall Hotel, the following officers were elected: Chairperson: Phil Horan, Secretary: Corry O'Flaherty

Treasurer: Pat Curran, Competitions Secretary: Pádraig Coughlan. A strong committee was elected and our Chairperson said that he was looking forward to working with them in the coming year. Our representative on the Lakes Committee, told the meeting that monitoring of the condition of the lakes was ongoing and that results showed that they were in good condition.

The proposed new pier on the canal was discussed, with members very much in favour of progressing the project. By now, most salmon anglers have wet their lines & there are reports of a number of fish being caught on the River Flesk. Hopefully this is a good sign that the spring fish numbers are on the increase again. Tight lines & safe fishing to all anglers.

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KINGDOM BOYS 12'S TAKE BIG STEP TOWARDS TITLE IN A WEEKEND OF DRAWS:

RESULTS: 12 JK SPORTS PREMIER: Killarney Celtic 2-2 Listowel Celtic A Park 0-4 Kingdom Boys

12 DIVISION 1: Ballyhar 7-2 Castleisland, Mastergeeha 2-2 Listowel Celtic B Killarney Celtic B 4-1 Killarney Celtic C (played mid-week).

FOUNDATION SPORTS 14 PREMIER: Kingdom Boys 1-1 Listowel Celtic A Park A 3-2 Killarney Celtic A

14 DIVISION 1: Killarney Athletic 3-1 Killarney Celtic B Mastergeeha 6-0 Killarney Celtic C, Killorglin 1-3 Camp

TRALEE TROPHY WORLD 16 DIVISION 1: Killarney Celtic B 3-2 Castleisland Killarney Athletic B 1-2 Listowel Celtic B

GIRLS: DALYS SUPERVALU 13 PREMIER: Killarney Celtic 4-1 Killarney Athletic.

REPORTS: JK SPORTS 12'S PREMIER: Kingdom Boys are fast closing in on the 12 Premier title and haven't dropped a point in their 6 games to date. That 6th win came over neighbours, and third placed, The Park on a 4-0 score-line. Leo Gaxha and Pa Keane got one each and Sean Kennedy 2 to wrap up the points.

To make it even sweeter for the Tralee boys 2nd placed Listowel Celtic A were held to a 2-2 draw by Killarney Celtic. The northern Celtic were 2-0 up thanks to Sean McGrath and Kevin Goulding. However the southern Celtic fought back to 2 all with goals from Niall O'Shea and Ryan O'Grady from the penalty spot. To really break Listowel Celtic hearts the Killarney goal keeper Dylan Doolan made a double save from a Listowel Celtic penalty.

12 DIVISION 1: As with the Premier division the leaders in Division 1 are also unbeaten. Ballyhar haven't dropped a point in their 8 League games and last weekend were too good for Castleisland at Murt Scott Park. Dylan and Nathan Callaghan got 3 goals between then and Jason Brennan, Gearoid Coffey, Tadgh Riordan, Pat O'Connor and Cian Cronin all scored one each. Killarney Celtic B kept up the pressure on the leaders as they proved too strong for their club-mates, winning 4-1 in a mid-week encounter. The other game saw two teams that really needed all three points had to do with one each following a 2-2 draw. Darragh Kennedy and Conn Fleming were the Mastergeeha scorers.

FOUNDATION SPORTS 14 PREMIER: At the top of the 14 Premier the Tralee battle has tightened up after this series of games. The Park took all three points against Killarney Celtic A to move onto 12 points. Leaders Kingdom Boys had to settle for a 1 all draw with Listowel Celtic A and are now on 2 points ahead but do have a game in hand. The Park opened the scoring on the 32nd minute through Robin McCarthy but Ryan Kelliher equalised for Killarney Celtic 19 minutes into the second half. However within 2 minutes the Tralee side were ahead again when James Rusk scored. Mike Slattery put the Park 3-1 up 3 minutes later and on their way to victory desire Killarney Celtic fighting all the way and the got one back with 5 minutes to go but couldn't find an equaliser. Dillon Robinson put Kingdom Boys 1-0 up in the 9th minute but their lead only lasted 4 minutes. Micheal Kennedy got the Listowel Celtic equaliser.

14 DIVISION 1: Things have gotten very interesting at the top of Division 1. Camp's 3-1 win over Killorglin has seen them move into joint top spot in the table. Camp had the better of the first half and hit the crossbar twice but it stayed scoreless at the break. Killorglin opened the scoring in the second half through Brice Deriou. Seamus Boyle got Camp back on level terms in the 15th minute. Boyle then put his side ahead and Davidas wrapped up the win. But is wasn't all one way traffic as Camp keeper Eoin Brosnan was in great form to keep his side ahead and it sees them move onto 15 points. This is the same mark as Killarney Celtic B who went down 3-1 to Killarney Athletic who themselves are only 2 points behind now. Jack Enright got the Celtic goal but 2 from Jason Coffey and one from Reece Murphy gave the Woodlawn side the three points. Mastergeeha proved too strong for Killarney Celtic C and took the three points thanks to double strikes from Dylan Murphy, Paul O'Shea and David Twomey.

TRALEE TROPHY WORLD 16 DIVISION 1: With leaders The Park not playing the other 4 sides were hoping to pick up three points. Killarney Celtic B were 3-2 winners at home to Castleisland. Stephen Murphy, Ciaran Sheehan and James McAuliffe got the goals for the Hoops with John McMahon getting both for Castleisland.

Gavin Moriarty hit a 35 yard screamer for Killarney Athletic B but it wasn't enough to get anything for his side. Cathal Kennelly scored twice for Listowel Celtic B to give them the points.

GIRLS LEAGUE: An u10 Blitz took place in Woodlawn with teams from the hosts, Killarney Athletic, Killarney Celtic and Inter Kenmare enjoying a great day of fun soccer. This is part of a series of blitz's that will continue throughout the season. Any club not already taking part should contact the League to enter teams.

In the U13 Premier Killarney Celtic were 4-1 winners over Killarney Athletic. Kate Murphy

and Lauren Burke both scored 2 goals each.

FOOTBALL FOR ALL: The Killarney Celtic Football for All team travelled to Limerick FC to take part in a Blitz with teams from around Munster. The team did the club and League proud with some great displays.

MASTERGEEHA FC

U12: MASTERGEEHA 2 LISTOWEL CELTIC 2. In this game at home on Saturday morning the boys had to settle for a draw after taking the lead twice. In the first half Mastergeeha scored when Darragh Kennedy finished well following a good team move. In second half the visitors equalised with a deflected shot. Mastergeeha again took the lead when Con Fleming scored with 10 minutes remaining. Listowel equalised with 5 minutes to and both teams had to settle for the draw in this open game.

U14: MASTERGEEHA 6 KILLARNEY CELTIC 0: In this game the boys played well and deserved the victory. Mastergeeha were the better side throughout with Dylan Murphy, Paul O'Shea and David Twomey getting two goals each.

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 17th January. Numbers drawn were 4, 9, 21 & 24. Consolation prizes were €100 Tim Shine, c/o Village Inn, Kilcummin; €60 John & Margaret Linehan, Kilcummin; €30 Frances Moriarty, Dunrine, Kilcummin; €30 Macta Gniwew, c/o Colm Counihan; €30 Pat Finnegan, c/o Centra Farranfore. Draw every Friday night in the Village Inn, Kilcummin. Jackpot now €9,000.

KILLARNEY ATHLETIC A.F.C. NOTES

FIXTURES: Kerry Schoolboys/Girls League Friday 24-01-2014.

TROPHY WORLD GIRLS UNDER 16 PREMIER:

Killarney Celtic v Killarney Athletic 6.00pm. Saturday 25-01-2014.

MORIARTY'S CENTRA UNDER 11 GROUP 2: Camp A v Killarney Athletic 2.00pm.

DALY'S SUPERVALU UNDER 13 DIVISION 1: Killarney Celtic B v Killarney Athletic 10.30am.

KILLARNEY PLAZA UNDER 15 DIVISION 1: Inter Kenmare v Killarney Athletic B 10.30am Park B v Killarney Athletic A 12.30pm

GIRLS LEAGUE FIXTURES: JK SPORTS UNDER 12 PREMIER

Killarney Athletic v Listowel Celtic 1.00pm.

FOUNDATION SPORTS UNDER 14 PREMIER: Killarney Celtic v Killarney Athletic 2.00pm Sunday 26-01-2014

INTER COUNTY LEAGUE UNDER 15: Kerry v Clare 2.00pm. Venue Listowel.

DENNY YOUTHS LEAGUE RESULT: KILLARNEY ATHLETIC 4 LISTOWEL CELTIC 1

Great performance today by the squad who made the long trip back to Listowel. We dominated the match from the first whistle to the last, we did everything right on the day. The opposition saw very little of the ball, with Paudie Clifford, Ayden Mulvaney and David Sheerin dominating midfield it was only a matter of time before we took the lead. Mark O'Shea, Dylan O'Sullivan and Chris O'Meara's work rate and movement up front was very good and was very difficult for the Listowel defence to defend. With saying that we knew Listowel would be hard to break down but our boys were very patient on the ball and this paid off with 2 goals going into the break. The second half was a similar affair. We kept possession of the ball and again were very patient and waited for the right moment to attack. Two more goals were scored one from an excellent counter attack with one touch passing from which Paudie Clifford scored. With goalkeeper Johnny O'Leary and the back line of Shane Lyne, Brendan Cronin, Cillian O'Regan and Caiman Mangan we were very solid and only looked like a set piece would undo our defence. To Listowel's credit they worked hard and did not drop their heads and from a free kick they pulled one back with a brilliant strike that no keeper would have saved. With the introduction of Adam O'Shea, Eoin O'Meara and Darren Doherty we could have added a few more but the important goals were already scored and the 3 points secured. Goalscorers were Paudie Clifford 2, Mark O'Shea and Cillian O'Regan. Man of the Match Mark O'Shea. Total football again, a joy to watch and the management is delighted for the squad who have worked so hard to get to this level, long may it last. Perfect 10, played 10 won 10.

UNDER 14 LEAGUE: KILLARNEY ATHLETIC 3 KILLARNEY CELTIC 1: This was Athletics' first outing of the new year and it took them a while to settle into the game. Athletic started to get grip in midfield through Reece Hegarty, Liam Curran, Jack Sweeney and Rory O'Keeffe who in turn supplied Jason Coffey and Fionnbharr Hickey with plenty of good ball. With Athletics' back five of Jonathon Mee in goal Kieran Sugrue, David O'Mahony, Jonathon Green and Sean O'Neill getting on top Athletic started to play well as a unit. Fionnbharr Hickey and Jason Coffey put Athletic 2 up before Celtic pulled 1 back before the break. Jason Coffey scored again for Athletic to seal all three points for



Athletic and a real solid performance. Others to do well when introduced were J J Buckley, Kieran Thompson and Shaves.

ANNUAL STREET COLLECTION: Will be held tomorrow Saturday 25th January. If you could help out with an hour or two please contact any club officer.

CLOTHING RECYCLING: There will be a clothing recycling drive in aid of KILLARNEY AFC on tomorrow Saturday 25th January at Killarney Athletics' Grounds, Ferndale. PLEASE DROP OFF ALL ITEMS BETWEEN 10.00AM - 1.00PM. Please donate all your clean unwanted clothes also bed linen, towels, curtains, shoes, bags belts and soft toys. Wearable clothes will be recycled and re-used and other items will be recycled for items such as industrial wipes or soundproofing. LAPTOPS (must be intact with power lead) AND MOBILE PHONES ARE ACCEPTED BUT PLEASE KEEP SEPERATE. BOOKS ARE ACCEPTED BUT NO SCHOOL BOOKS (TEXT OR COPY), MAGAZINES OR DIARIES. NO HOUSEHOLD BRIC A BRAC. Thank you for your support and taking the time and effort to support our fundraising drive.

TRAINING TIMES: Tuesday: Under 14 7.00pm - 8.00pm Fossa astro turf.

Senior 8.00pm - 9.00pm Fossa astro turf

Wednesday: Girls 6.00pm - 7.00pm. Under 13 7.00pm - 8.00pm Fossa astro turf.

Thursday: Under 15 6.00pm - 7.00pm Fossa astro turf.

Under 16 7.00pm - 8.00pm Fossa astro turf

Friday: Under 11 and 12 3.45pm - 5.45pm. Senior 7.00pm - 8.00pm Fossa astro turf

Academy under 6-10 5.00pm - 6.30pm Fossa astro turf.

MERCHANDISE: Killarney Athletic merchandise can now be ordered on merchandise@killarneyathletic.com

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

KILLARNEY CELTIC NOTES

Well done to Kerry's Oscar Traynor team on their big win on Wednesday, especially John McDonagh, Gary Keane, Gintarus Paketuras, Peter McCarthy, who scored four goals, and to Joint Manager Karl McMahon.

Killarney Celtic are always looking for more members and players, most especially right now for our U16 Girls Team, who train every Tuesday from 7.00pm to 9.00pm. Contact Donal Doherty on 086 1929484 for details.

RESULTS: MUNSTER JUNIOR CUP: KILLARNEY CELTIC 5 DOUGLAS HALL 1

Killarney Celtic advanced to the next round with a superb performance against a good Douglas Hall team, but the main story out of this game is that Peter McCarthy hit another phenomenal four goals. Most players will go through their entire playing career without ever doing that.... Peter has now done it for three games in a row!

U16 DIV ONE: KILLARNEY CELTIC B 3 CASTLEISLAND 2: A great game, with goals from Stephen McCarthy, Ciaran Sheehan, and James McAuliffe just about edging a thrilling contest.

U14 PREMIER: PARK 3 KILLARNEY CELTIC 2: A smashing five goal thriller by two great teams, but unfortunately the result didn't go our way, despite goals from Ryan Kelliher and Dara Fleming.

U14 DIV ONE: KILLARNEY ATHLETIC 3 KILLARNEY CELTIC B 1: Athletic led 2-0 at half-time. Jack Enright, who gave a phenomenal display at left back, pulled one back but Athletic clinched it with another goal.

U14 DIV ONE: MASTERGEETHA 6 KILLARNEY CELTIC C 0: No complaints, Mastergeeha were outstanding and full value for their victory, but a constantly improving Celtic side are putting it up to the big sides more and more.

U13 GIRLS: KILLARNEY CELTIC 4 KILLARNEY ATHLETIC 1: It was scoreless at the break, but Celtic really turned it on in the second half with star performances by Lauren Burke (2), Kate Murphy (2), Anna Clifford, and Elena Martinez.

U12 PREMIER: KILLARNEY CELTIC 2 LISTOWEL CELTIC 2: Killarney Celtic went 2-0 by the break, very much against the run of play. Neil O'Shea headed home after a great cross by Ruairi Doyle. Listowel got a penalty but an incredible double save by Dylan Doonan denied them and when Christian Casey won a penalty at the other end, Ryan O'Grady coolly fired home.



CASTLEISLAND AFC TEAM UP WITH AHERNS CASTLEISLAND.

Aherns Castleisland Main BMW and Opel dealers, are delighted to announce that we are now proud sponsors of Castleisland AFC. Pictured are members of Castleisland AFC Including George O'Callaghan being presented with a new set of jerseys from Paul and Pat Ahern. Also pictured is Tony Casey (Aftersales Manager).

U12 DIV ONE: KILLARNEY CELTIC B AT HOME TO KILLARNEY CELTIC C: A good contest for both teams, with the B side understandably having the upper hand.

FIXTURES: Denny Premier A: Killarney Celtic at home to Rattoo Rovers, Thursday, 7.30pm.

Denny Premier A: Killarney Celtic at home to Spa Rd, Sunday, 2.30pm.

U17 League: Killarney Celtic at home to Fenit Samphires, Saturday, 2.30pm.

U15 Premier: Killarney Celtic at home to Listowel Celtic, Saturday, 12.30pm.

U15 Div One: Killarney Celtic at home to Killorglin, Saturday, 11.00am.

U13 Premier: Killarney Celtic at home to Kingdom Boys, Saturday, 12 noon.

U13 Div One: Killarney Celtic B at home to Killarney Athletic, Saturday, 10.30am.

U13 Div One: Killarney Celtic C away to Kingdom Boys B, Saturday, 10.30am.

U12 Girls: Killarney Celtic at home to Killarney Athletic, Saturday, 2.00pm.

U11 Group 1: Killarney Celtic A away to Listowel Celtic, Saturday, 2.00pm.

U11 Group 2: Killarney Celtic B away to Listowel Celtic, Saturday, 2.00pm.

U11 Group 2: Killarney Celtic C away to Listowel Celtic, Saturday, 2.00pm.

FOOTBALL FOR ALL: Killarney Celtic FC Football For All team coaching sessions are taking place every Monday from 5.30pm-6.30pm at the Club Vitae Leisure Centre in the Quality Hotel. This is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729.

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan on 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809.

LOTTO RESULTS: Numbers drawn 8, 15, 17, 18. No winner, no x match 3, three lucky dip John Scannell c/o Tatler Jack, Connie Daly, Two Mile School, Derry O'Sullivan, Speakeasy €50 each. Next week's jackpot €4000, draw in the Failte on Monday night. Tickets available from all club officers. Lotto Sellers / Yearly Lotto: The club is calling on all members to sell at least 5 Lotto tickets. We all saw the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.



GAA club call

Deadline: email items before 3pm on Monday
 Editor: **Aisling Crosbie**
 M: 086 0400 958
 E: editorial@outlookmags.com

EAST KERRY NOTES

By Áine Ní Shúilleabháin PRO

FIXTURES: Under 21 Championship. Extra time if necessary. First named team has home venue. Quarter Finals. 24 January 2014 at 8pm. Dr Crokes V Currow.

26 January 2014 at 2.30pm. Fossa V Kilcummin, Spa V Rathmore, Glenflesk V Legion.

EAST KERRY ALL STAR AWARDS: The East Kerry All Star Banquet and presentation of awards, sponsored by The Kerryman and the Aquila Club, Gleneagle Hotel, was held in the Gleneagle Hotel, on Friday the 17th January. After a superb meal, the East Kerry All Star awards were presented. Congratulations to all. The inaugural Fr Galvin All Star is Listry's Gary O'Sullivan. The East Kerry 2013 All Star team, which is chosen based on players performances in the 2013 O'Donoghue Cup championship, is as follows: Goal Keeper: David Moloney (Dr Crokes), Full Back line: Kieran Ward (Dr Crokes), Pádraig O'Connor (Legion), Timmy O'Leary (Currow), Half Back Line: Jonathan Lyne (Legion), Eoin Brosnan (Dr Crokes), David O'Leary (Dr Crokes). Mid Field: Seamus Scanlon (Currow), Johnny Buckley (Dr Crokes). Half Forward Line: Daithí Casey (Dr Crokes), James O'Donoghue (Legion), Brian Looney (Dr Crokes). Full Forward Line: Kieran O'Leary (Dr Crokes), John Buckley (Currow), David O'Sullivan (Legion). East Kerry Senior Player of the Year: John Buckley (Currow). East Kerry Young Player of the Year (Under 21) David O'Sullivan (Legion). The East Kerry Person of the Year Award was presented to Michelle Cooper Galvin. The East Kerry Hall of Fame award was presented to John Kelly of Spa. A Special presentation was made in recognition of continuing outstanding service to, East Kerry Coiste na nÓg Secretary, Tadhgíe Fleming.

EAST KERRY UNDER 21 CHAMPIONSHIP: The East Kerry Under 21 Championship commences on Friday the 24th January when Dr Crokes play Currow in Lewis road. Kick off is at 8pm. The remaining quarter final games are fixed for Sunday the 26th January. All games at 2.30pm. First named team has home venue. The fixtures are Fossa v Kilcummin, Spa V Rathmore and Glenflesk V Legion. The winners of the quarter finals go forward to the division 1 semi - finals and the losers contest the division 2 semi-finals. The draw for these games will be made on Monday the 27th January.

EAST KERRY SENIOR LEAGUE: The East Kerry Senior League will commence on the 9th February 2014

POBAIL SCOIL SLIABH LUACHRA RATHMORE: The Pobail Scoil Sliabh Luachra Rathmore first year Super Touch blitz took place on Friday. Players representing Rathmore, Gneeveguilla, Glenflesk, Knocknagree and Cullen took part on the day. Games were seven minutes aside with four teams of eight players enjoying the matches. Thanks to Noreen Lawlor (Rathmore) for the use of the superb astro turf facility and Pat Brosnan (Teacher) for his support in organising the event. The standard of football was excellent with all players showing tremendous skills and sportsmanship throughout the event.

CLUB CHILDREN'S OFFICERS MEETING: An important meeting for all Children's Officers will be held in Austin Stack Park, Tralee on Friday, 24th January 2014 at 7.30pm.

LEGION NEWS

By Kevin Griffin

MEDAL PRESENTATION: Great to see a big turnout for the medal presentation for both of our U12 teams for 2013. Held in the Dromhall Hotel, parents, family and friends turned up to lend their support as James O'Donoghue was on hand to present the medals. First to receive medals were the u-12 white team - joint winners of the East Kerry league, under the guidance of trainer Cathal O'Grady and his selectors, John Kelly, Aaron Benson and Tim O'Leary and then proceeded to give due recognition to the U12 Green team who prevailed in a fiercely competitive Division one of the County League, having seen off the top teams in the county along the way. Congratulation to the entire panel and to the management team of Daithi McGillicuddy and Danny Lucey, ably assisted by Paddy Osbourne and Diarmuid O'Donoghue. And its great to see that these teams aren't resting on their laurels as both U12 and U14 teams have resumed training this week.

EAST KERRY ALL STAR AWARDS: Gleneagle Hotel hosted the East Kerry All Star awards last Friday night and our commendable run in the O'Donoghue cup of last year was duly recognised with Podge O'Connor, Jonathon Lyne, James O'Donoghue and David O'Sullivan all being named on the All Star team with Brian Kelly also making the shortlist. To top off a great night it was great to see David O'Sullivan also taking the gong for Young Player of the Year.

OUR WEBSITE: Is currently undergoing a major revamp and we hope to be announcing details of a re-launch in the coming weeks so please bear with us as when this new website is up and running it is intended to keep all legionnaires, home and abroad up to date with all facets of club activity.

BIRTHDAY: Birthday wishes to Chloe O'Brien who turned 18 last week.

MCGRATH CUP: Commiserations to both Brian Kelly and Jonathon Lyne who both

played for Kerry in last weeks defeat by Cork in the McGrath up final played in Mallow.

MEMBERSHIP: Membership is now due and can be paid to registrar Marie O'Sullivan.

LOTTO: Lotto results for Sunday 19 January. Numbers drawn .3, 19, 24, 26. Jackpot not won, M Treacy, Fairview, P Hegarty, Loreto, P. Collins, Ballycasheen, P Curran, J O'Connor Headford, each win €50.

Anyone with items they wish to have included in club notes please email to kevingriffinkillarney@gmail.com

DR CROKES NOTES

EAST KERRY U21 CHAMPIONSHIP: We play Currow in the opening round on Friday next January 24.

ALL IRELAND CLUB S/F: v Castlebar Mitchels on Sat February 15 at 3pm in Portlaoise.

FUNDRAISER: Fundraiser for Senior Team training fund, again this year we are running the Allianz National League Challenge which proved so popular last season. We have divided the 32 participants into 6 groups select one team in each group. Entry cost €10 with each subsequent entry on the Card €5. Cards are available. You may also play it online if you have a Pay Pal account. Entry cards available from usual sources.

GUM SHIELDS: A reminder to all players and parents that from the 1st of January 2014 gum shields are now mandatory for players of all ages, whether training or playing matches.

LOTTO: The Jackpot of €4,500 was not won on Sunday last, numbers drawn were 4, 13, 15, 17 Match 3 winners received €100. Dan Kelliher Muckcross, Donie Kelly c/o Larry, John Harmon Lewis Road, Pat O'Sullivan c/o Paddy Powers. Jackpot on Sunday next will be €4,800.

CLOTHES BANK: There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPC.

KILCUMMIN GAA

EAST KERRY U-21 CHAMPIONSHIP: Quarter Final Kilcummin v Fossa on this Sunday 26th in Fossa at 2.30pm.

EAST KERRY LEAGUE: February 9th Kilcummin v Dr Crokes in Kilcummin at 12.00 noon

JUVENILE GAA REGISTRATION: Juvenile GAA Registration for the 2014 season for both the boys and girls clubs will take place from 7-9pm on 14th February.

GAA CALENDAR: The club's 2014 calendar is still available for purchase at the Post Office and in Klub bar.

MOUTHGUARDS: Mouthguards are mandatory for all boys and girls under the age of 16 in the coming season. Failure to wear a mouthguard could have implications for insurance or medical claims in the event of an accident. The Club would ask all parents to ensure that every child has a mouthguard at training and at matches.

GAA LOTTO: There was no winner on Sunday 19th January. Numbers drawn were 12, 16, 21 & 25. Consolation prizes were €100 Catheriona McGuire, Páirc Chuimín; €60 Martina O'Riordan, Willow Grove; €60 Paddy Casey, Tournanough; €30 Pat O'Sullivan, Safe Hands; €30 Denis Keane, Inch. Next draw Sunday 2nd February. Jackpot now €7,750

LISTRY GAA

By: Paula Courtney PRO

At our recent AGM the following officers were elected to serve for the coming year. Patron Con Mahony, President John Joe Tangney, Vice-President Patsy Mannix, Pa Mannix, Chairman Denis Courtney, Vice-Chairman Jerome Kennedy, Secretary Anthony Clifford, Ass. Secretary Mike Tangney, Treasurer John Joe Courtney, Ass. Treasurer Keith O'Donnell, PRO Paula Courtney, County Board Delegate John Joe Tangney, East Kerry Board Delegate John Griffin, ASAP Anne O'Brien, Child Protection Officer John Lehane, Coaching Officer Colman O'Shea, Membership Officer Mike Tangney 087 6162786, Development Officer Noel O'Sullivan, Auditors Pat Quirke & Cathal O'Shea.

MEMBERSHIP: Of Listry GAA Club & Gym is now due. Rates are as follows

Full membership- with use of Gym €120,

Full membership without use of Gym €50,

Student/OAP Membership with use of Gym €50,

Student/OAP Membership without use of Gym €25,

Youth Membership (u-16 & Under) €15,

Family Membership with use of Gym (Gym for 2 full members) €240,

(Family Membership = 2x Full Members and all Youth Members in Family), Family

Membership without use of Gym €100

(Family Membership = 2x Full Members and all Youth Members in Family)



Life Membership with use of Gym €100, Life Membership without use of Gym €50
 Any Member joining the gym for the first time is obliged to do an induction course with Fiona Griffin at a cost of €10 which is payable directly to Fiona. Members will not be allowed to join the gym without having this induction done first. Contact Fiona to arrange on 086 3023852.

Membership forms & fees must be returned to Mike Tangney 087 6162786 before Sunday 23rd March, 2014. All members that join before Friday 28th, February will receive a free entry to the GAA National Club Draw which is worth €10 with some great prizes on offer. To avail of the club text message service please fill in your mobile phone details in the space provided on the application form. Please provide your email details also for future correspondence.

(Full Members Only - Not for Youth Members).

Membership will not be accepted without returning the relevant application form along with payment. Application forms are also available to download & print on www.listrygaa.ie

LISTRY JUVENILE GAA CLUB NEWS

U-6: Training for U-6 boys and girls will commence on Friday 11th April at Listry football pitch at 6.30. This years U-6 coaches are John Courtney, Tim Fitzgerald, Noreen Clifford, Conor Burke, Denis Murphy and Pa Murphy.

U-8: Training for U-8 boys and girls will commence on Friday 21st March in Fossa community hall 6-7pm and continue until Friday 4th in the hall. Outdoor training at the pitch starts on the 11th April 6.30-7.30. U-8s are coached by Fergus Clifford, Pat Fleming, Mike Breen and Paul Gosney.

U-10: Training for U-10 boys and girls has commenced and will continue every Friday evening in Fossa community hall from 6-7pm until Friday 14th February. This training is for kids born 2004/2005 i.e. 9/10 year olds only. Please bring 2 euro for the hall. U-10s are coached by Liam Healy, Richard Walsh, Tim Scannell, Danny Wrenn, Edel Greensmyth and Paul Murphy.

U-12S: Listry U-12 boys and girls are coached by Brian McCarthy, JP O'Shea, Peter Keane, Tony O'Dowd and Paul O'Donoghue. U-12 training will commence in Fossa community hall on Friday 21st February 6-7pm and continue in the hall until 14th March. U-12 Co. League will start on Sunday 6th April.

U-14S: Listry/Keel U-14s are coached by Derry Ahearn, John O'Sullivan, Noel Murphy and Donal Murphy. U-14 Co. league will start Wednesday 2nd April and training will commence shortly.

U-16s: Listry/Keel U-16s have commenced training. The U-16s are coached by Jeremy Wrenn, Mike Dwyer and Billy O'Shea. The U-16 Co. league starts Wed. 18th June. Best of luck to all our teams in 2014. Don't forget mouthguards must be worn at all training sessions and games. New members are always welcome.

CONGRATULATIONS: to Listry senior footballer Gary O'Sullivan who won the East Kerry Intermediate player of the year for 2013. A well deserved award for Gary.



Listry senior footballer Gary O'Sullivan who won the East Kerry Intermediate player of the year for 2013. .



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Catherine & Johnny Brosnan

Picture Marie Carroll-O'Sullivan 087 391 4808




At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Jodie & Maria O'Sullivan

Picture Marie Carroll-O'Sullivan 087 391 4808



At the East Kerry Awards at the Gleneagle Hotel on Friday evening were Bernie Sweeney & Paddy Higgins

Picture Marie Carroll-O'Sullivan 087 391 4808



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operation TRANSFORMATION Recipes

Snack – Tropical Muesli Cup

The Ingredients

- 15g oats
- 1/2 tablespoon chopped almonds
- 1 tablespoon granola with raisins
- 40ml slightly cooled boiling water
- 1/2 tablespoon honey
- 2 tablespoons natural yoghurt
- 1 kiwi
- 150g pineapple

The Method

1. Combine oats, almonds and granola in a bowl.
2. Add water and set aside for 10 – 15 minutes.
3. In a small serving bowl, layer oat mixture with fruit and top with natural yoghurt and honey.



Lunch – Tuna Salad

The Ingredients

- 75g tinned tuna, drained
- 75g lettuce, chopped
- 75g spinach, chopped
- 1/2 red pepper, deseeded & chopped
- 1/2 tablespoon raisins
- 25g couscous
- 1/2 carrot, peeled & grated
- 4 cherry tomatoes

Salad Dressing:

- 50g olive oil
- 30g balsamic vinegar
- 1 teaspoon wholegrain mustard
- 1 teaspoon honey
- 1 clove of garlic, peeled and chopped

The Method

1. Place 50ml of water in a pot and bring to the boil.
2. Add couscous and cover until cooked.
3. In a large bowl, place lettuce, spinach, peppers, grated carrot and cherry tomatoes.
4. Mix raisins with couscous and add to salad.
5. Top with tuna.
6. Place olive oil, balsamic vinegar, wholegrain mustard, honey and garlic in a jar and shake together.
7. Sprinkle salad with 2 tablespoons of salad dressing, if desired.



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Health Matters....

with Dr Sarah O'Neill

FLU AND FLU-LIKE ILLNESS

WHAT ARE FLU AND FLU-LIKE ILLNESSES? Influenza (flu) is caused by the influenza virus. However, many other viruses can cause an illness similar to flu (flu-like illness). Each winter a different type of influenza virus causes an outbreak of flu which affects many people. This is called seasonal flu.

WHAT ARE FLU SYMPTOMS (OR FLU-LIKE ILLNESS SYMPTOMS)? Common flu symptoms in adults and older children include high temperature (fever), sweats, aches and pains in muscles and joints, a dry cough, sore throat, sneezing, and headache. You may also feel sick. Even if you are young and fit, flu can make you ill enough to need to go to bed. Typically, symptoms are at their worst after 1-2 days. Then they usually gradually ease over several days. An irritating cough may persist for a week or so after other symptoms have gone. Most people recover completely within two to seven days.

HOW DO YOU CATCH FLU? Flu is passed from person to person by droplets created when someone with the infection sneezes or coughs. You can also catch it by touching a surface where the virus has been deposited. Flu can spread quickly in these ways.

WHAT IS THE TREATMENT FOR FLU AND FLU-LIKE ILLNESSES? Your immune system will usually clear viruses that cause flu and flu-like illnesses. Treatment aims to ease symptoms until the infection goes, and to prevent complications.

GENERAL MEASURES: Stay at home as much as possible to prevent passing on the infection. Paracetamol and/or ibuprofen can lower your temperature, and also ease aches and pains. Drink plenty of fluids to prevent dehydration. It is best not to smoke. Decongestant drops, throat lozenges and saline nasal drops may be helpful to ease nose and throat symptoms.

Note: parents and carers should not use over-the-counter cough and cold medicines in children under 6 years old. There is no evidence that they work and they can cause side-effects such as allergic reactions, effects on sleep or even hallucinations.

ANTIBIOTICS: Antibiotics kill germs called bacteria, but not viruses. Therefore, they are not routinely prescribed for viral illnesses such as flu or flu-like illnesses. However, they may be used if a complication develops like a chest infection caused by a germ (bacterium) or pneumonia (see below).

ADMISSION TO HOSPITAL: A small number of people with flu become ill enough to need hospital admission. This is usually because they have developed complications from flu.

DR SARAH JARVIS TALKS ABOUT FLU & FLU VACCINE: What are the possible complications of flu and flu-like illnesses? If you are normally well then you are unlikely to develop complications. You are likely to recover fully. However, complications are more likely to develop if you are in any of the at-risk groups listed below. The most common complication is a chest infection caused by a germ (bacterium). This may develop in addition to the viral infection (that is, a secondary infection **Note:** with flu or a flu-like illness it is common to have a cough that lingers for 1-2 weeks after other symptoms have gone. Green sputum does not necessarily mean that you have a secondary chest infection. The symptoms to look out for that may indicate a secondary chest infection include a recurrence of a high temperature (fever), worsening of cough, shortness of breath, fast breathing, and chest pain. Other complications that sometimes occur include a sinus infection and an ear infection.

WHO SHOULD BE IMMUNISED AGAINST THE SEASONAL FLU VIRUS? Seasonal flu is the strain of flu virus that arrives in Ireland each autumn. The actual strain varies from year to year. A new vaccine (often called the flu jab) is developed each year to protect against the strain that is most common that year. The flu vaccine will protect 7-8 out of 10 people against infection with flu. This protection lasts for around one year. The flu vaccine has also been shown to reduce the risk of developing a complication from flu, especially in the elderly.

VACCINATION IS STRONGLY RECOMMENDED FOR Persons aged 65 and over, Those with a long-term medical condition such as diabetes, heart or lung disease, People whose immune system is impaired due to disease or treatment, Very obese people (body mass index (BMI) over 40), Pregnant women (can be given at any stage of pregnancy), Residents of nursing homes and other long stay institutions, Healthcare workers, Carers,

People with regular close contact with poultry, water fowl or pigs.
If you are healthy, aged under 65 and do not fall into any of the above categories, then you do not need immunisation against seasonal flu. This is because you are unlikely to develop complications from flu.

If you have any further queries please do not hesitate to contact me on **064 66 20628**



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**SouthWest
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Bullying

Bullying is defined as the tendency of individuals or groups to use persistent aggressive or unreasonable behavior against an individual. It can take different forms including physical, verbal, cyber, social and mental bullying.

There is a common misbelief that the victim of bullying somehow brings bullying on themselves. Some victims wrongly believe that if they were stronger or different in some way then they wouldn't be bullied. But I cannot stress strongly enough that anyone can be a target of bullying and the responsibility for bullying always lies with the bully. There are many reasons why people are targeted by bullies and these can vary from personality characteristics to personal vulnerabilities. People can be targeted by bullies because of physical features, an illness or disability, sexual orientation religious or cultural beliefs or belonging to a particular racial group.

Bullies often bully as a means to exert power over others and to make themselves feel better. They are most likely doing it as a way to deal with their own problems, insecurities and low self-esteem. And not because of anything you've done. No one deserves to be bullied and it should not go unchallenged. Dealing with bullying can be tough yet it is really important to do something about it.

If you are being bullied - verbally, physically, socially, psychologically or online - telling someone about it and seeking advice can help. There is nothing weak about reporting a bully or getting advice and just confiding in someone can help to lighten your load. If you don't feel you can talk about it out loud or face to face, then write it down in a letter or an email. Many bullies want attention so ignoring them or walking away is your best bet. Be assertive and confident; adopt a 'Don't mess with me attitude' (even if you are trembling inside). It is important to not take anything bullies say to heart. Show them that their words have no effect on you. Some bullies may be jealous of you because of your success or popularity - so be proud of who you are. Over the next few weeks we will look at workplace bullying, cyber bullying and how we can deal with these.

Helpful websites include **HYPERLINK**
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<http://www.antibullyingireland.com> and **HYPERLINK**
"<http://www.reachout.com>" www.reachout.com

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Archdeacon Michael Murphy is joined by Operation Transformation Leader, Paudie O'Mahoney and Killarney Chamber President Johnny Maguire at the start of the 2014 Tidy Towns Campaign at Torc Cottage, Killarney this week. Paudie has kindly offered his services to the Tidy Towns group this year. Picture by Eamonn Keogh



A STEP BACK IN TIME:
Wedding day of Joseph O'Sullivan of Inch New Road and Mary Courtney of 5, Allmans Terrace and grandparents of Doreen Long New Road and Corry O'flaherty 9 Coolgrean Park Killarney.

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Deadline: Tuesday 12 Noon
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f: 064 66 70000

ROSS GC, KILLARNEY-GENTS CLUB

With John Ivory

RESULT: On Sunday January 19th we held a single stableford competition.

Full results will be provided next week.

FIXTURE: On Sunday January 26th we will hold a hole single stableford competition. The timesheet is now available in the clubhouse so please add your name to it as soon as possible.

ROSS LADIES GOLF CLUB NOTES

On Sunday January 26th there will be a Ladies scramble. We look forward to our Lady Captain's and Captain's Drive in the coming weeks. Information on upcoming fixtures will be posted on the notice board in the next few days.

BEAUFORT GOLF CLUB (MENS BRANCH)

SUNDAY 19TH JANUARY 2014 - 9 HOLE SCRAMBLE

WINNERS: Timmy Lyne, James Jones, Pat Tangney - 26 3/7th

FIXTURES: Sunday 26th January 2014 - 11 hole scramble - Meet at clubhouse at 10am For 10.30am tee time.

See website for Membership Deals - www/beaufort-golf-club.com

RING OF KERRY GOLF CLUB RESULTS

OPEN 2-PERSON SCRAMBLE

1st: Tomas MacGearailt (8) & Padraig O'Shea (10) - 54.4pts.

2nd: Henk Bons (7) & Mike O'Sullivan (15) - 54.6pts.

3rd: Simon Stauch (13) & David Kerins (7) - 56pts ocb.

4th: Dan Walsh (7) & Noel Woods (28) - 56pts.

UP COMING FIXTURES: 25th & 26th January - OPEN 2-Person Team Event - Best Stableford Score to count. Members €5 / visitors €20 - Please book in by calling 064 66 42000

GLENEAGLE PITCH & PUTT

By John O Halloran

Last Sunday we held the Jim Morris single strokeplay competition and the winners were: 1st Mick Long, 2nd Trevor Shine, gross Danny Looney an 18 nett Steve Shine. This Sunday we will have our usual competition and the time for the second draw is changed to 11.00am.

AGM: The following officers were elected at our AGM President Margaret O' Donoghue, Vice Presidents Jimmy McNiece and Mike Sheehan, Captain Steve Shine, Vice Captain Sean Ashe, Secretary Sean Ashe, Treasurer Sean O'Brien, PRO John O' Halloran, County board delegates Sean Ashe and Mick Long.

DEERPARK PITCH & PUTT CLUB

With John Kelly

A large contingent of club members braved the inclement conditions to participate in Sunday mornings two ball competition and it was the combination of youth and experience in Michael Cronin and Gerry O'Sullivan who emerged victorious.

A further competition will take place this Sunday morning 10 am open to Adults &

Juveniles at a fee of €3.

Six of our members made the journey to Fermoy on last Sunday to take on the Clarecastle team who are preparing for the Cork County leagues. After the fourballs Deepark were down by two and a half matches with St John Kelliher, and Conor McCarthy, earning the half point. In the six singles games their only success came from Damian Fleming who won his match while John McGrath and Conor McCarthy achieved halves in their games. An enjoyable day was had by all. The team comprised John McGrath, St John Kelliher, Conor McCarthy, Ger O'Connor and Sean Kelly,

COMMUNITY GAMES: Killarney South Community Games have extended an invitation to Deepark juvenile member (aged 10 to 16years) to compete under their banner at the county Pitch & Putt Community Games finals in Listowel on Saturday 17th May, Juveniles interested in participating are advised to contact Noreen Cooper at 087-6746189

Items for this column can be forwarded to kellydoolan@eircom.net

CASTLEROSSE GOLF CLUB, KILLARNEY

With Donal O'Reilly

RESULTS: Competition played on Sunday 19th January 2014, 9 Hole Stableford.

Winner Donal O' Reilly (22) 21pts, Runner up John O' Reilly (24) 17pts.

FIXTURES: Competition on Sunday 26th January 12 Hole, shotgun start at 10am. Draw for partners at 9.45am. Open to ladies & Gents. Come out and enjoy an enjoyable game of Golf. Stableford Format.

NEW MEMBERS: New members invited to join Castlerosse Golf club, a challenging parkland course, please contact 087 0938933 or 064 6631144 for details, easy pay terms on offer.

KILLORGLIN GOLF CLUB

With Mike Kennedy

RESULTS: 12 hole competition stableford. Sunday January 12th. 1st John Carmody (28) 26pts. Sunday 19th. 1st Moss Joy (14) 32pts. 2nd Jer Joy (8) 29pts. 3rd John Breen (14) 28pts. 4th Billy O'Shea (14) 28pts. 5th J J Tangney (18) 28pts.

FIXTURES: 12 hole competitions continues.

CAPTAINS DRIVE: The Captains Drive In will take place on Sunday February 2nd at 10 o'clock. This will be followed by a scramble.

SPRING LEAGUE: The spring league begins on Monday February 3rd and you can now enter your team on the sheet on the notice board. The format will be the same as last year. A team of 4 playing in classic format with 2 scores to count at each hole and played over 3 weeks with the 2 best weekly scores to count for qualification for final round. The top 25% plus ties will qualify for the final round.

WEEKEND AWAY: The Bianconi weekend away will take place this year on April 12, 13th playing Fota on Saturday and Waterrock on Sunday and staying in the Middleton Park Hotel. Remember the Irish Open will be played in Fota this year so why not come along and play it before the best golfers in the world get out there. A sheet for this will also be in the shop and there will be great interest, so if you want to go, then get your name down as soon as possible. The cost will be €150 for 2 rounds of golf and accommodation.



One of Killarney Outlooks biggest fans Joan Goodwin pictured with Stanley Wade.



At the Operation Transformation Walk through the National Park on Saturday morning were Orla Williams, Mary O'Connor, Gretta O'Sullivan, Anne McCarthy & Kathleen Sheehan

Picture Marie Carroll-O'Sullivan 087 391 4808

RUGBY ROUND UP

Deadline: email items before 3pm on Monday

Editor: Aisling Crosbie

M: 086 0400 958

E: editorial@outlookmags.com

KILLARNEY RUGBY CLUB NEWS

With Mike Fuller

KILLARNEY UNDER 14S Played 13th Jan - **OLD CHRISTIANS RFC - 41 KILLARNEY RFC - 7** : An injury ravaged side set off over the County Bounds more in hope than expectation and returned bloodied and bowed following this comprehensive defeat. Notwithstanding our defections, Killarney could, and should, have played better. Old Christians took the game to their visitors from the get-go with a laudable emphasis on moving the ball through the hands. Time after time they laid siege to Killarney's line with a refreshingly simple approach to the game. Ultimately something had to give and it wasn't long before the hosts notched their first try. This was followed by a second unconverted try and then came Killarney's sparkling response which, unfortunately, was all too brief. A brilliant turnover by Callum Myers initiated a swift counter from Killarney's own line and when possession was fed to Sean Cahill he scorched the length of the field for a trademark try. When Kieran O'Connor converted the score only three points separated the sides and for all their possession it looked as if Old Christians might live to regret missed opportunities. Alas Killarney were unable to build on their opening score and Christians continued to pile on the pressure and ultimately ran out convincing 41-7 victors. Best for Killarney were Callum Myers, Sean Cahill, Barry Slattery, Richard Wallace, Conor McCarthy and Stephen McKenna.

Played last Sat 20th **KILLARNEY RFC 26 - ABBEYFEALE RFC 41** - Disappointingly, Killarney failed to conclude their League schedule with a victory. In an evenly contested game Abbeyfeale showed greater appetite and were much more effective in protecting their own possession. That aside, however, Killarney did play well in patches and opened the scoring with a brilliantly taken try from Sean Kiely Murphy which Kieran O'Connor converted. There followed a lengthy siege on Killarney's line before Abbeyfeale eventually broke their opponents resistance

and tacked on three tries in quick succession. Killarney struck on the stroke of half time courtesy of try scoring machine Sean Cahill this time converted by Cathal O'Shea. Unfortunately, Killarney conceded possession from the drop off on the resumption and never really got a foothold in the game. Both teams played the ball out wide and were pleasing to the eye. The difference being Abbeyfeale's greater discipline and protection of the ball. As ever Sean Cahill gave a virtuoso display with three tries while Sean Kiely Murphy displayed his adaptability when moved into out-half following injury to Captain Cian O'Shea. They were well supported in their efforts by Barry Slattery, Richard Wallace, Mark Neary, Christopher Carey and Kieran O'Connor. This week's fixture is yet to be confirmed and players will receive a text.

UNDER 18 PAN MUNSTER COMPETITION: KILLARNEY RFC 0 SUNDAY'S WELL 14 - Killarney's first of three fixtures in this year's Munster competition produced their finest display so far this season, their hard work on the training pitch was very evident. The home side were unlucky not to take the lead on a number of occasions and the fact that Sunday's Well failed to get out of their own half until there were over twenty minutes on the clock gives an indication of the amount of pressure the Kerry men had them under. One of the coaches from the Cork City side said afterwards that it was the toughest game they have played so far this season. High praise when you consider they would have met all clubs in both Cork City and County in the South Munster League before now. Killarney were focused, determined and their organised and aggressive defence gave the visitors very little to work with. The Killarney forwards worked ferociously all afternoon and were on top at scrum time as has been their way all season. The line out was much improved and they even managed to steal three of the Cork side's put-ins. Half backs Fionnan O'Donoghue (Capt.) and Robert Leen read the game brilliantly and got the backline into excellent scoring positions but unfortunately the scores simply didn't come. In defence Robert came into his own organising his defensive line excellently and kicking

brilliantly to touch when Killarney were on the back foot. He used his bag of tricks well to move Killarney. Matt Lane in the centre was a tiger in defence and made several line breaks but lack of support left him isolated time and again, he has immense potential. Caleb Knight played superbly and gave his all and is a newcomer to the sport and will be a great addition. Both converted tries came late in the game, the first of which was touched down in the corner leading to a fantastic kick from the Well's full back. They will have headed back up the N22 feeling very fortunate to have claimed the points as the score-line certainly did not reflect what was a tough and awfully tight encounter.

Next up for Killarney is a long trip to Waterford city where they will meet the pool favourites Waterpark.

MINI RUGBY: Busy weeks ahead with a great training session with Munster Branch man Ray Gadsden on Saturday which went great, followed by a busload of over 50 heroes travelled to Thomond Park on Sunday and were delighted to see Munster demolish Edinburgh. Well done to all who organised and went along. Blitz away to Tralee this Saturday so be prepared and best of luck. Queries please to Tom 0872657994.

FUNDRAISING: Continues with your help so please continue to seek new supporters who can contribute to our funds whereby we can qualify for Capital Grant application. Another Auction is also in the pipeline for February.

6 NATIONS TICKETS: Last remaining tickets are for Ireland v Italy - contact Denis O'Donnell at "Sweets 'n' Treats" top of New Street.

FIXTURES: Saturday 25th: Minis away at Tralee from 10.30. U14s have an all-important League semi-final V Castleisland at home at 11:00am. U18s away to Waterpark. Receive Text for departure times. Gonna be early guys! U16s playoff V Listowel is cancelled.

Sunday 26th: Killarney XV v St Senan's Shannon Town at Dirreen at 2.30pm. Support very welcome against the table toppers and arguably the biggest pack in Munster.

OUTLOOK RUGBY ROUNDUP

With Brian Mullins email: bmullins_smc@yahoo.ie

Munster 38-6 Edinburgh

With high expectations around Limerick on Saturday evening and Sunday morning following Toulouse's slip up by not scoring four tries against Italian side Zebre, the Munster people were beginning to live the dream of having a home quarter final which means so much when it comes to progressing to the semi final stage of the Heineken cup. No side is going to be a walk over come semi final stage but Munster in Thomond Park against whoever the opposition is they possess no fear. The Munster following knew how much the occasion meant and they didn't disappoint with an atmosphere reminiscent of the miracle match in the old Thomond. Once again lead by talismanic Paul O'Connell and inspirational captain Peter O'Mahony, Munster were never going to leave such an opportunity slip and produced one of their most complete performances of the season scoring six try's in the process. After last weeks victory over Gloucester, Rob Penny made only the solitary change with Stephan Archer replacing BJ Botha in the number three jersey, this meant Dave Foley continuing his partnership in the second row alongside Paul O'Connell with Donnacha O'Callaghan once again settling for a place amongst the replacements.

The opening twenty minutes couldn't have gone much better for the home side with James Coughlan finishing off a well created score and Johnie Murphy capitalising on poor defending by Scot's men. The only response by Edinburgh was two penalties by their scrum half Craig Laidlaw who produced a very subdued performance in comparison to his man of the match performance in the reverse victory in round one. The second quarter of the game was largely dominated by Edinburgh but they couldn't turn pressure and territory into points with Munster's defence standing up to a stern examination in two successive weeks. Munster's Keith Earls did receive a heavy blow to the knee but despite the early concerns the scan results came back positive with the Irish international only being ruled out for six to eight weeks allowing him sufficient time to be back to play

against Toulouse in the quarter final.

After being reduced to fourteen men on the stroke of half time following a head butt by Cornell Du Preez, Edinburgh seemed to lose interest and Munster were glad to take full advantage. After being introduced in the first half following Keith Earls knee injury, Simon Zebo brought a spark to the Munster backline that had been missing his absence with Connor Murray crossing for a third try on the 44th minute following a storming midfield break by Tommy O'Donnell. With Zebo and Laulala linking up with extreme potency the Munster midfield seemed to be making inroads on the Edinburgh's defence at will and the Munster men didn't have to wait too much longer for the all important fourth try. Following more good forward play at the lineout, Munster's patience came to fruition when O'Mahony blasted the Scottish defence to dive over the line and send the Thomond crowd into wild celebrations. The dream of another cup journey is now well under way, with the fourth try securing a home quarter final berth. Zebo dived over in the left hand corner for Munster's fifth try and his ninth in sixteen European appearances a record up there with the best of European wingers. Zebo's try was just reward for a performance which sent a message out destined for a certain Mr Schmidt who had excluded him from the provisional six nations squad. The scoring was completed in the 76th minute when Felix Jones crossed the whitewash for Munster's six score with Ian Keatley adding the extra's to cap off a complete team performance. Let the ticket scramble commence for the home quarter final.

RUGBY NEWS IN BRIEF

Keith Earls has signed on for a further two years with Ireland resulting in the Limerick native remaining with Munster until the summer of 2016.

Munster's Peter O'Mahony and Paul O'Connell have been nominated for ERC's player of the year along with fellow Irish internationals Sean Cronin and Cian Healy.

Simon Zebo has been added to the Irish squad as injury cover for Keith Earls.

In next week's edition I will be looking forward to Ireland's six nations prospects and discussing key selection headaches that will be facing Joe Schmidt while also running the rule over Ireland's first six nations opponents, Scotland.

MARGARET'S Ramblings

Contact: Margaret 086 164 8542
islagrantno1@eircom.net



DR. MARTIN LUTHER KING DAY:

Just to prove the above statement - I am also late with the news - January 20th was the date of Dr. Martin Luther King Jr's birthday and Monday last was a national holiday in the US in his honour.

Dr. Martin Luther King Jr. became one of the most revered social-justice advocates in history by helping African-Americans win legal equality in the United States. And while those victories will likely always be what Mr. King is best remembered for, his love for others and his advocacy for their rights went far deeper than skin colour. Mr. King also fought for workers' rights. And one of his closest mentors, civil-rights activist Bayard Rustin, was gay—and keep in mind, this was in the early 1960s. Mr. King's pursuit of justice extended to all disadvantaged people, because, as he maintained, "Injustice anywhere is a threat to justice everywhere."

Carrying his torch, his widow, Coretta Scott King, along with his son Dexter Scott King and friend Rosa Parks, went on to advocate for disadvantaged species. Ms. Parks went vegetarian, Mr. King's widow and son went vegan, and they all became

passionate advocates for the inherent rights of animals to be free from persecution, subjugation, and abuse.

They and many other civil-rights advocates, including Archbishop Desmond Tutu, Paul McCartney, Russell Simmons, Alice Walker, Nelson Mandela, César Chávez, Joan Jett, Bill Clinton, Ellen DeGeneres, Rev. Al Sharpton, and Sen. Cory Booker, realized that if we are going to advocate for an end to injustice, we have to stop being unjust to anyone—and that includes animals.

If we have learned anything from the past, it is that we can't pick and choose who we think deserves justice and who doesn't. As Dr. King said, "Whatever affects one directly, affects all indirectly."

If we are to honour Dr. King, we must continue to seek justice for everyone who is disadvantaged. We must be determined, and brave. We must bear in mind Mr. King's words "In the end, we will remember not the words of our enemies, but the silence of our friends." And thus, until all injustice is ended, we must never be silent.

One of his lessons was to always help others. Do something for someone else. It doesn't have to be a big thing or too time consuming, just do something; take something to a charity shop, go and visit some home bound seniors and help them with chores or errands or even take the time to just talk and listen to their stories. Teach somebody who doesn't know about Dr. King's legacy and great work by sharing stories of what he did. If these are children, read them stories, or search the internet for information and news clips on Dr. King.

Plant something or nurture something. In addition to seeking social and economic justice for all, Dr. King advocated for environmental justice and worked on urban environmental and public health issues that were so prevalent in urban areas. While you can certainly get involved in an organized planting or cleanup project, you can also beautify your own environment or part of your local community in his honour at any time of the year.. Not only by planting flowers, but by planting healthy food, or nurturing a neglected garden.

Martin Luther King is best remembered for his words "I Have a Dream" what are you doing to make your own dream happen? Make a step-by-step plan, break it into small and doable steps and take the first step now.

BELATED BIRTHDAY WISHES:

On Sunday nights Irish Favourites Programme on Radio Kerry, its presenter Sean Reilly told us that on January 23rd Bishop Ray Browne would be celebrating his birthday and suggested that listeners to his programme wish the Bishop a Happy Birthday if they should happen to meet him. As everyone that knows me is aware I am usually late for anything that I have planned so I would like to extend belated birthday wishes to the Bishop and I hope he enjoyed his special day.

DID YOU KNOW

Many young women in Kyrgyzstan are currently falling victim to a practice of bride-kidnapping, in which a man sets out to kidnap a woman of his choice and force her into marrying him. Because of a general lack of awareness on the issue, as well as traditional customs which discourage victims from reporting the crime, kidnapped women often feel that they have no choice but to submit to their abductor's will. Distressed by their fate, many women have even been driven to suicide, and yet the practice continues to this day. Though bride-kidnapping is outlawed, the Country Report for Human Rights Practice states that as many as 12,000 cases of bride-kidnappings occur each year in Kyrgyzstan, sometimes with girls as young as 14. Any

attempts at rejecting the marriage or escaping are nearly impossible, as victims of bride-kidnapping are taken into the abductor's village and held captive by the locals until they "consent" to the marriage. The longer she refuses, the more chances she will stay overnight, which is often seen to others as their "consummation of marriage." As a result, escaping after having consented to the marriage or after an extended period of time will only earn her reproach from her community.

Laws alone are not enough to stop this practice. The Kyrgyz Republic needs to act now, and give these women the resources they need to combat this practice. Take a stand now toward womens' rights and demand that the government of Kyrgyzstan implement methods to enforce current policies.

Wondering what you can do to help these girls and young women? Key in Care2 to your search engine then enter Bride-kidnapping on their website and sign the petition - yes readers it is that easy to become an e-activist and help to make the world a better place for all of creation.

THIS WEEKS QUOTE:

When you start treating people like people, they become people. (Paul Vitale).

ON THIS DATE - JANUARY 24TH:

1851 - Birth of Charles Plummer, Irish language scholar and editor of Lives of the Irish Saints.

1908 - The first part of Robert Baden-Powell's 'Scouting for Boys' was published, beginning the Scout Movement.

1920 - Death of Percy French, writer of many popular Irish songs, including the Mountains of Mourne.

1933 - Fianna Fáil won the general election

1965 - Death of Winston Churchill, British politician.

1969 - Brian Faulkner resigned from his position as Prime Minister.

1973 - Death of piper and folklorist, Willie Clancy.

1974 - The official Unionist Party was founded.

1978 - Eddie Gallagher and Dr. Rose Dugdale, both jailed for their part in the kidnap of Tiede Herrema, were married in Limerick prison

2002 - Irish doctors were among the worst-paid in Europe and charged less than they needed to run a viable business, according to the Irish Medical Organisation (IMO).

GOOD NEWS:

On Jan. 13, Huffington Post posted a letter which has gained thousands of likes and a ton of comments. The woman that wrote the letter had high praise and a lot

MARGARET'S Ramblings

Contact: Margaret 086 164 8542
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DISASTER TOURISM:

When natural disasters happen, many people rush to express their support through social media, publicly sending digital thoughts and prayers to survivors or posting inspiring headlines. Some text donations to the rescue agencies. These have become the common responses to disasters that claim dozens of lives and destroy hundreds of others. And yet, even as the world is becoming more aware of disasters through near instantaneous media coverage—and asks what role climate change may play in their frequency—there is, simultaneously, a growing industry in which vacationers experience hi-tech simulated disasters for fun.

For instance a new theme park in China is set to open in 2016, and its chief attraction will be a €165 million (approx.) simulated experience of being on the Titanic as it sinks into icy waters. Disaster tourism is nothing new, as early as the 1820s, Americans were visiting the site of a landslide in New Hampshire to “put themselves in the landscape of death.” At Coney Island in the early 1900s, you could watch a tenement building burning down, complete with faux rescuers saving faux victims from a fiery death. For many years, Universal Studios in Orlando has been entertaining vacationers with a tornado ride that promises you'll find out what it's really like to go through a tornado. The ride is tied to the 1996 movie Twister, but the park promises that the experience is just like a “real” tornado.

If you're looking for a quicker, cheaper disaster fix, there are now “hurricane simulator” machines at arcades nationwide in the US. Standing in a large cylinder that resembles a phone booth (remember those?), you can get pummeled by wind for a few minutes for a “real” hurricane experience.

The earliest examples involved bearing witness to a particular event and feeling compassion for those who suffered. The newer incarnations of disaster tourism are all about immersive, multimedia experience, but they pull out the physical aspects (stunningly high winds! shaking ground! sinking ship!), and present them as experiences divorced from emotional impact. It may seem strange that at a time when we react with such empathy to disaster victims, we also have an industry that turns their horror into fun.

How is it possible that people are on one day posting about sending prayers to disaster victims as though we know them personally and the next day spending money to “experience” the disaster ourselves.



of gratitude for a man whom her autistic daughter, Kate, referred to as “daddy” for much of the flight.

“I don't know your name, but on a recent flight Kate called you ‘daddy’ for the entire trip and you kindly never corrected her. In fact, you didn't even flinch as you could probably tell that she was not confusing you with her own ‘daddy,’ but instead making a judgment regarding your level of ‘safety’ for her. If she calls you ‘daddy’ then you better believe she thinks you are alright,” Kate's mother started off.

The letter for the man in seat 16c was posted on the “Go Team Kate” blog which is managed by Kate's parents. The letter got national attention and has since made thousands of people smile, giving new birth to the notion that there really are good people in this world.

You see, the man sitting next to Kate on the plane didn't try to ignore her or pretend to be sleeping -- or even request to move his seat. He engaged Kate, played with her, and never once showed that he was annoyed or frustrated. For this reason, Kate's mother wanted to thank him -- and she did so in an amazing way.

It's unknown whether or not the man read the blog or if he has responded in any way. His friendliness made someone's life better and that's a feel-good kind of accomplishment.

DOG OPERATED WASHING MACHINE:

A new washing machine has been invented which can be controlled by dogs to help their disabled owners. The Woof to Wash machine has a knotted rope door handle for the dog to pull with its mouth, a paw print button to turn it on and a voice-activated switch so it starts a cycle when the dog barks.

The dog is trained to take clothes one at a time from the basket to the washer by mouth.

UK Appliance firm JTM Service made the machine to help disabled people live a more independent life. Made in partnership with Miele, the machine automatically dispenses the right amount of washing liquid.

The dogs are trained by national charity Support Dogs to strip beds, fill laundry baskets, load washers and now bark on demand too.

A STORE LETS YOU PAY WITH YOUR TALENT:

If you've got some mad dance skills, or even just some mediocre ones, you can purchase a variety of goods at The Merit Shop in San Francisco.

The mobile store allows patrons to pay for items such as candy, clothes, crayons, and even iPods with talent instead of cash. Singing a song, reciting a poem, telling a joke, and drawing a picture are all among the acceptable forms of currency at the store that refers to itself as “the little corner shop of anarchy.”

The Merit Shop is based on the belief that not everybody has money, but everybody

has talent. It's a way of rethinking how culture uses money as a divider—classifying those who have it as worthy, while those who don't are often viewed as inadequate or inconsequential.

Daniel Soares, one of The Merit Shop's co founders, says that what started out as a collaborative art project was inspired by San Francisco's massive income divide. There's a huge disparity in income,” Mr. Soares said. “It's almost as if the city is divided in two—people with money and people without. We never saw so many homeless people before and that was our thought starter, even though it is intended for all the people. The store also runs online, allowing people to send in videos of themselves performing whatever talents they think are worthy of their desired items. Mr. Soares and his group have been purchasing the store's stock using their own money, but their goal is to pair with sponsor companies to supply those goods to keep their shop going. The shop is more interested in people than it is in profits and the joy it brings to its customers is immeasurable.

STUDENT INVENTS “GOTTA GO” BUTTON:

We've all experienced it, that moment where Rex is doing just about anything to grab your attention to let you know he needs to potty. And when we mean anything, we don't exclude the destruction of our doors, rugs, and furniture to grab your attention.

You can't blame them; when you gotta go you gotta go, right? Well, one college student literally took that phrase right out of our mouths when he created the, “Gotta Go” button.

This past August, 20-year old, Chad Bingo and his father of Penfield, New York, had enough of their dog Gracie scratching at the door when it was time for her to go. Chad and his father thought it would be a great idea if Gracie could hit a button near the door that would alert them of a needed bathroom break. It started out as a joke with a Staples Easy Button, but to their surprise, the button worked perfectly. “We put it by the door not expecting her to do anything and she pushed it and we thought this is a great idea,” Chad said. Chad joined the Young Entrepreneurs Academy where he created the “Gotta Go” button so that more people and dogs can enjoy his invention.

Chad started Dogstar Pet Products to promote the innovative product and hopes to see it flying off the shelves soon. He has also entered the “Gotta Go” button in Walmart's “Get on the Shelf” competition and I am sure all dog owners wish him the best of luck.

FINALLY THIS WEEK

Instead of a sign saying “Do Not Disturb” on my door, I need a sign saying “Already Disturbed Proceed With Caution”

ST. MARY'S CONFERENCE CELEBRATE 100TH ANNIVERSARY



Members of St Mary's Conference of St Vincent De Paul Society, Killarney, celebrating their 100th Anniversary after a special Mass at St Mary's Cathedral Killarney, front row from left, Fr Simon Twomey, Fr Kieran O'Brien, Adm, Bishop Bill Murphy, Paddy Ryan, Bishop Ray Browne, Bishop of Kerry, Fr Pat Horgan, back row from left, Jimmy Dennehy, Jim Cronin, President, St Vincent De Paul Society, Donal O'Donoghue, Jerry Daly, Richard Clifford, Brendan Keogh, Dan McAuliffe, Jimmy O'Gorman, Niall Keogh, Seamus O'Sullivan-D'arcy, Jackie Foley, Tom McDonald, Mike Riordon, James Twomey.

Photo: Valerie O'Sullivan.



Attending a very special Mass upstairs at St Mary's Cathedral to celebrate 100 years of St Vincent de Paul in Killarney were Jimmy O'Gorman, Jerry Daly, Jimmy Dennehy & Jackie Foley. Picture Marie Carroll-O'Sullivan 087 391 4808



Paddy Ryan (left), one of the first members of St Mary's Cathedral branch of St Vincent de Paul, at the celebratory Mass for the charity's 100th year in existence. Paddy will be 98 years old in May, pictured here with Bishop Ray Browne. Picture Marie Carroll-O'Sullivan 087 391 4808



To celebrate 100 years of St Mary's Cathedral branch of St Vincent de Paul, a Mass was held upstairs in the Cathedral where the first and former Masses took place down through the years. Pictured here from left to right are Michael Riordan, Dan McAuliffe, Donal O'Donoghue, Bishop Ray Browne, Jim Cronin & Tom McDonnell. Picture Marie Carroll-O'Sullivan.



Celebrating 100 years of St Vincent de Paul, St Mary's branch were L-R Julie Leahy & Betty Crosbie at a special Mass upstairs in St Mary's Cathedral.

Picture Marie Carroll-O'Sullivan 087 391 4808



Would you like to place a Memorial, an Acknowledgment, a Birthday remembrance or Thanksgiving prayer in our Magazine?
Call into the office at 'The Killarney Outlook', 30 High Street, Killarney T/F: 064 66 70000 E: killarneyoutlook@outlookmags.com

NOVENA TO THE SACRED HEART

Dear Heart of Jesus
in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within Your own heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.
T.C.

THANKSGIVING

May the Sacred Heart of Jesus, be praised, glorified and adored throughout the whole world now and forever more.
x

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.
x

HOLY WATER A MEANS OF SPIRITUAL HEALTH

HOLY WATER is a Sacramental that remits venial sin, because of the blessing attached to it, Holy Church strongly urges its use upon Her Children, especially when dangers threaten, such as fire, storms, sickness and other calamities.

Every Catholic home should have always in it a supply of Holy Water.

WE DO NOT TAKE ADVANTAGE OF THE BENEFITS DERIVED FROM HOLY WATER.
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AND WE GIVE IT SO LITTLE THOUGHT.

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NOVENA TO THE SACRED HEART

Dear Heart of Jesus
in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within Your own heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.
M.M.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours,
1 business, 2 impossible,
Say 9 Hail Mary's for 9 days with a lighted candle.
Pray, whether you believe or not.
Publish on the 9th day.
May the Sacred Heart of Jesus be praised, adored & glorified today and always.

Request will be granted no matter how impossible it may seem
Publication must be promised.
E

THE MIRACLE PRAYER

Dear Heart of Jesus
in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three days.
Publication of prayer and favour will be granted.
M.O.C.

THE MIRACLE PRAYER

Dear Heart of Jesus
in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three days.
Publication of prayer and favour will be granted.
E.C.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus
in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within Your own heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.
In thanksgiving. **M.O.L.**

NOVENA TO THE HOLY SPIRIT

O Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things you given me as you confirm once again that I never wanted to be separated from you in spite of all material illusions. I wish to be with you in Eternal Glory. Thank you for mercy towards me and mine.

This prayer must be said for three days, after three days the favour will be granted.

THE MIRACLE PRAYER

Dear Heart of Jesus
in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three days.
Publication of prayer and favour will be granted.
P.O.R.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus
in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within Your own heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.
I.D.



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Elegance



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Opel
Insignia
2.0cdti
Estate



2011
Ford Fiesta
Edge
1.4 Tdci 5dr



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6 Speed
Diesel



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C180
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2009
Mazda 6 Ts
2.2tdi
5dr Hb

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2004 Ford Focus Lx 1.4 Sunroof
2008 Honda Civic 1.4i 5dr Hb
2005 Kia Sorento 2.5i 4x4 Auto
1999 Lexus Gx300 Auto

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2010 Mazda 3 Ts 1.6tdi 5dr Hb
2003 Mazda 6 2.0 Exec Saloon
2005 Mazda 6 Comfort 1.8 Saloon
2005 Mazda 6 Tr 1.8 5dr Hb
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