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VODAFONE INVESTING IN ITS NETWORK IN KERRY

Vodafone Ireland's Kerry customers are set to enjoy greatly enhanced coverage after significant investments by the company to upgrade its mobile network throughout Kerry. The upgrades will see the company deliver mobile data services to areas where, to date, there have mainly only been voice services. This means that everywhere a customer can make a voice call today they will now get a really strong data experience. Already, as a result of the upgrades, Vodafone has seen that customers in the South West are now using 50% more data.

This rollout of faster mobile data will enable customers to connect to the internet at home or on the move, either on their phone or tablet – stream TV shows, watch episodes of their favourite boxset back-to-back, stream or download music and interact with friends and family on social media sites. It will benefit all customers in Kerry including local businesses of all sizes that want to connect to the office, send emails and files and receive and input into critical company information while on the move.

The network upgrade programme is a major undertaking by the company and involves completely replacing all the existing equipment on very site to deliver enhanced services. In addition to introducing faster data, customers will enjoy a much improved experience making and receiving voice calls. We can see that customers in the area are already experiencing a 35% improvement in connecting calls and a 50% improvement in maintaining call connection.

Vodafone CEO Anne O'Leary has said that the company is fully committed to investment for Kerry and improving services for customers. "Some customers may have experienced service issues recently as a result of ongoing works to upgrade the network. No more than with road or rail improvements, there is unfortunately an inevitable impact on service when you upgrade mobile networks and we



SPREADING THE SMILES - THE VODAFONE TEAM AT LAST WEEKENDS VODAFONE PROMOTION.

greatly appreciate our customers' patience during this period. With 95% of our sites already upgraded the upgrades are nearing an end and I can reassure customers in Kerry that they will experience greatly improved coverage and overall experience going forward."

"We are investing in a major network enhancement programme in Kerry that will significantly improve the customer experience. Kerry will now have an enhanced mobile experience and cutting edge products and services", she said.

In tandem with these upgrades, Vodafone has also launched 4G services in parts of Kerry. Vodafone currently has the widest reaching 4G coverage nationwide with six cities and 150 towns already connected. 4G will deliver a step change in customer experience with speeds faster than fixed uploads, faster downloads and live streaming with little or no buffering. Areas in Kerry with 4G services

include Tralee, Killarney, Listowel, Killorglin, Kenmare, Castlemaine, Milltown, Rathmore, Ballybunion, Dingle and Ventry.

"We have already invested €1bn in our network nationwide to date and will be investing significantly this year, with Kerry among the first batch of counties where this improved customers experience is being rolled out.

Data usage has increased by 46 per cent per annum in recent years across Vodafone's network and it is anticipated that this latest upgrade could result in a 70 per cent plus increase in data usage in Kerry.

"Over 60 per cent of our customers use smartphones so it is very important to us to constantly enhance the network experience for our customer", O'Leary added.

Of the sites that have been upgraded, over 70% have been activated for enhanced data services with the remaining sites being activated over the coming weeks.



LINDE BOT, MANAGER OF VODAFONE KILLARNEY PICTURED WITH MEMBERS OF TEAM VODAFONE AT THE PROMOTIONAL DAY LAST SATURDAY MAY 17TH.



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ST. BRENDAN'S HONOUR THEIR TOP STUDENTS

Parents, students and teachers gathered in the Study Hall at the College on Friday night last to celebrate the Annual Awards. Following on from the 2nd years Vincent Awards last week, over 180 students were feted at the gala event. Keynote Speaker for the evening was past pupil Lars Nölke, now a cardiothoracic surgeon based in Our Ladies Hospital for Children in Crumlin. He spoke eloquently to all assembled of the importance of having a clear focus and target in one's life and working hard to achieve those targets. Finally, he spoke of the importance of humility. Drawing from his day to day transplant and cardiac work he spoke of the heart rending reality of working with critically ill children. In a speech of wonderful integrity, his insights were practical and extraordinary. Lars then presented the Gold Medal for the outstanding student of 2013 to Darragh Rice. Dara is now studying medicine in Trinity. Darragh was also the recipient of the Irish Maths Teacher Association Award for the most meritorious Higher Maths Leaving Cert performance in the Leaving Cert 2013 nationally. This extraordinary student also engaged fully with the sporting and cultural life of the College.

Other Key awards included the Bishop Ó Súilleabháin Memorial Award which was presented to Andrew Byrne, Eoin Gleeson and John Ivory, while the Dr MacCurtain Memorial



DARRAGH RICE WHO RECEIVED THE ST BRENDAN'S GOLD MEDAL FOR ACADEMIC EXCELLENCE AND DARRAGH O'DONOGHUE WHO RECEIVED THE PARENTS COUNCIL AWARD FOR OUTSTANDING ACHIEVEMENT IN LCA AT THE ST BRENDAN'S COLLEGE KILLARNEY STUDENT AWARDS 2014 WITH JOHNNY MCGUIRE PRESIDENT KILLARNEY CHAMBER OF COMMERCE AND TOURISM, SEAN COFFEY PRINCIPAL AND PAT DELANEY CHAIRMAN KILLARNEY CREDIT UNION AT ST BRENDAN'S COLLEGE, KILLARNEY ON FRIDAY.

Award for outstanding achievement in Maths & Physics went to William Maher.

The Board of Management Awards went to Aodhán Burns, Daniel Casey, Angela Houston, Gary McGowan, Padraig Moynihan, Andrew Mulcahy and Daniel Trojanowski.

The Parents' Association Awards were presented by Secretary, Mary Collier to Jonas Lyne and Darragh O'Donoghue. The Leadership Award went to former Head Prefect, Kevin Keane while the Business Award was presented to Micheál

O'Connell.

Organiser Mrs. Lou O'Flaherty then led the distribution of Awards which recognised Community and School Spirit, Diligence and Leadership. Students were also recognised for their Academic Engagement and Excellence.

Principal, Sean Coffey, highlighted the excellent achievements of the whole school community over the past year. He emphasised the importance of seeing the awards as an affirmation and a spur to further achievement.



ST BRENDAN'S COLLEGE STUDENTS DANIEL CASEY, ANGELA HOUSTON, PADRAIG MOYNIHAN AND GARY MCGOWAN WHO RECEIVED BOARD OF MANAGEMENT AWARDS FOR ACADEMIC ACHIEVEMENT AT THE ST BRENDAN'S COLLEGE KILLARNEY STUDENT AWARDS 2014 WITH JOHNNY MCGUIRE PRESIDENT KILLARNEY CHAMBER OF COMMERCE AND TOURISM AT ST BRENDAN'S COLLEGE, KILLARNEY ON FRIDAY.



SEAN COFFEY PRINCIPAL ST BRENDAN'S COLLEGE KILLARNEY PRESENTING THE BISHOP Ó SÚILLEABHAIN MEMORIAL AWARD FOR OUTSTANDING ACHIEVEMENT IN IRISH TO EOIN GLEESON WITH HIS MOTHER GRACE AT THE ST BRENDAN'S COLLEGE AWARDS EVENING IN THE COLLEGE ON FRIDAY.



ANDREW BYRNE WHO RECEIVED THE BISHOP Ó SÚILLEABHAIN MEMORIAL AWARD FOR OUTSTANDING ACHIEVEMENT IN IRISH AT THE ST BRENDAN'S COLLEGE KILLARNEY STUDENT AWARDS 2014 WITH SEAN COFFEY PRINCIPAL AND JOHNNY MCGUIRE PRESIDENT KILLARNEY CHAMBER OF COMMERCE AND TOURISM AT ST BRENDAN'S COLLEGE, KILLARNEY ON FRIDAY.



WILLIAM MAHER WHO RECEIVED THE DR MACCUTAIN MEMORIAL AWARD FOR OUTSTANDING ACHIEVEMENT IN MATHS AND PHYSICS AT THE ST BRENDAN'S COLLEGE KILLARNEY STUDENT AWARDS 2014 WITH HIS PARENTS WILLIE AND NOREEN MAHER AND DERMOT CRONIN AT ST BRENDAN'S COLLEGE, KILLARNEY ON FRIDAY.



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SAM MAGUIRE SCALES CARRAUNTOOHIL

IN AID OF ALAN KERINS PROJECTS

History was made last week as the Sam Maguire cup and an All Ireland football medal from each of the 32 counties were brought to the peak of Ireland's highest mountain, Carrauntoohil, as part of the innovative and unique fundraising event Sam to the Summit. Some of Gaelic football's most iconic names and their medals were on hand to help Sam to the top which was the culmination of months of planning to deliver a truly special occasion for all involved. The climb is raising much needed funds for Alan Kerins Projects which provides support to the poorest and most disadvantaged people and communities in Africa through their dedication, friendship and partnership.

Among the 115 climbers were Gaelic football legends Peter Canavan, Seamus Moynihan, Graham Canty, Mickey Linden and Martin McHugh, to name but a few, along with former Galway dual star and charity founder Alan Kerins.

An official event opening and parade through the town was also held last night in Keel, Co Kerry where Sam Maguire and the 32 medal winners were presented to the crowd. Keel GAA club, who are celebrating their 125th year in existence, and the Keel community were extremely generous hosts and welcomed visitors from all over Ireland who came to be part of the occasion.

Charity founder, Alan Kerins, commented: "What an experience to have been part of this unique event and I'm delighted we have achieved our goal. The enthusiasm shown by current and former players to get involved in



REPRESENTATIVES FROM THE 32 COUNTIES PICTURED ON TOP OF CARRAUNTOOHIL.

the climb has been really humbling. I want to thank them from the bottom of my heart for their support. I've also been blown away by the support of the Keel community and GAA club in what is their historic 125th year and congratulations to all involved for reaching that impressive milestone. All money raised by 'Sam to the Summit' will go to helping some of the most vulnerable yet inspirational people and communities in Zambia and across Africa. I am extremely grateful for all the support we have received so far and it's great to have this good news to bring with me when I fly to Africa on

Sunday."

Chairman of Keel GAA Club, William O'Shea, added: "The uniqueness of the event coupled with its extremely worthy charitable cause ties in very well with what our club has been about for the past 125 years. We have endeavoured to provide the best of Keel welcomes for all participants and we hope that their stay in Kerry has been of the most memorable variety." The fundraising climb aims to raise over €100,000 and you can help them reach that target by visiting www.alankerinsprojects.org and clicking on 'Make a Donation'.

CELEBRATION TIME AT CRAG CAVE.....ONE OF KERRY'S TOP VISITOR ATTRACTIONS IS 25 YEARS IN BUSINESS



Ireland's most exciting showcave and Kerry's number one house of fun is rolling out the red carpet as they celebrate 25 years in business this year. The public are invited to come along to Crag Cave on Sunday May 25th for a fun

filled day including Castleisland Horse & Pony Show, Dog Show, Bouncy Castle, Face Painting and lots of fun. The Garden Restaurant will also feature dining on a 'Pig on the Spit' ensuring a great day out for the entire family. To celebrate 25 years there will be a special offer of a family ticket for 2 adults and 2 children for just €25 which will entitle visitors to a guided tour of the Cave and admission to Crazy Cave Play area which features an extensive indoor and outdoor adventure area with climbing wall and rodeo bull. Crag Cave was discovered in 1983 by Welsh Cave diver Martin Farr and exhibits a colourful wonderland of Stalactites and Stalagmites. This beautiful natural all weather tourist attraction is thought to be over one million years old. The tour of the cave consists of a 40 minute walk through this delightful experience which will enthrall all ages. "Our friendly guides will be pleased to explain the origins of the cave,

describe its many formations and introduce you to a world older than mankind."

You can also browse the beautiful and extensive gift shop which houses a stunning range of jewellery, fashion and accessories for the ladies, plus toys, gifts and souvenirs to suit all ages. New to Crag Cave is the Kingdom Falconry which offers you the unique opportunity to get up close and personal with a variety of majestic and awe-inspiring birds of prey including eagles, hawks, falcons and owls. Crag Cave is the ideal location for children's birthday parties. "Enjoy the day with all of your requirements catered for including hot and cold food, birthday cake, entertainment, goodie bags, photo and a souvenir. Crag Cave is the ideal location for all family events."

Get your weekend off to a **bright** start with the **KILLARNEY Outlook**
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FREE FERTILITY SEMINAR IN TRALEE



Following the successful launch of two new outreach clinics in Limerick and Waterford, clinicians from the WaterstoneGroup, will host a free fertility information seminar in Fels Point Hotel, Tralee on May 27th. This patient information seminar will give practical advice to couples on how to maximise their chances of conception and will explain the different treatment options available. As part of the seminar, there will be a series of short and informative talks from the clinic's specialist team of gynaecologists, scientists and nurses. The information seminar will begin at 7pm with a talk entitled 'Trying to conceive – understanding your fertility', presented by Dr. Waterstone. He will also give an overview of the fertility treatments and options available. Couples will also have an opportunity to meet leading embryologist Dr. Tim Dineen who will discuss male fertility tests and treatments. There will be an opportunity for questions



THE TEAM AT THE CORK FERTILITY CENTRE FROM LEFT TO RIGHT: DR JOHN WATERSTONE, MEDICAL DIRECTOR, DR TIM DINEEN, HEAD OF LABORATORY SERVICES, JAYNE FLANAGAN, SENIOR CLINICAL EMBRYOLOGIST AND FOUNDING MEMBER, MARY McAULIFFE, HEAD OF CLINICAL SERVICES, DR XIAO ZHANG, HEAD OF SCIENTIFIC RESEARCH & DEVELOPMENT.

and answers throughout the evening. The new clinics in Limerick and Waterford provide key fertility services including fertility consultations, fertility testing, diagnostic ultrasonography, ovulation induction (OI), follicle tracking and intrauterine insemination (IUI). Patients from

Kerry can now avail of services in both Cork and Limerick. To book your place at the Tralee fertility information seminar, visit www.corkfertilitycentre.com or call 1800 303 677.

EIGHT NOMINATIONS FOR KILLARNEY MUSICAL SOCIETY



Members of Killarney Musical Society are celebrating this week with the news that they have netted eight nominations in the AIMS awards.

"Jesus Christ Superstar", a rock Musical, netted the nominations for in the Gilbert Section, where they were nominated for: Best Overall show, Best Director, Oliver Hurley, Best Musical Director, Noel Lennon, Best Stage Management, Pam Brosnan, Best Chorus, Best Choreography, Oliver Hurley was Choreographer, Best Technical, Mary Kelly Unsung Hero Award, where Frank Ash received the nomination for his never ending work both on and off the stage over the past number of years.

The Society would like to thank all of their sponsors and patrons for their support in staging this year's 29th production of 'Jesus Christ Superstar' at the INEC in April. Without the support of local businesses and the community

at large the society would be unable to develop the talent that is available in the area and give them the experience of working on such high level productions at the INEC.

The societies AGM will take place on Tuesday 27th May at The Malton Hotel from 7.30pm – and they urge all members to attend as it is essential for reviewing and planning forward and for voting in the committee for 2014/2015. Committee nominations forms have been distributed to all members and additional forms can be downloaded from the website or requested from the secretary Niamh O'Carroll.

STAR SEAMUS IS MARTIAL ARTS CHAMP

A young Killarney boy is taking the Martial Arts world by storm. Seamus Kelly from Faha has recently won a gold medal at the International Japanese Karate Association tournament in Fermoy in Cork beating 23 other competitors from all over Ireland.

At just 8 years old, Seamus competed against both boys and girls up to age 12 to take the title.

This title isn't the only one that Seamus can be proud of. In the last 12 months, the second class pupil at Faha National School has won 7 National titles and one World title.

The son of Brendan and Mitsuko Kelly, Seamus has been training with the Killarney Martial Arts Academy since he was 5 and is certainly one to watch out for over the coming years.



SEAMUS KELLY PICTURED WITH HIS GOLD MEDAL. RIGHT: SEAMUS IN ACTION IN FERMOY RECENTLY.



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TOP AWARD FOR KERRY SOLICITORS FIRM

Killorglin and Caherciveen solicitors practice, **Healy Crowley Ahern**, were winners at the recent Irish Law Awards event. The firm won in their category of Best Firm in Munster under 5. The awards took place at the Four Seasons Hotel Ballsbridge, on the 2nd of May and were hosted by RTE personality Miriam O'Callaghan. Speaking after the awards, Colm Kelly solicitor said, "I am delighted with the award and dedicate it to the hard work of all the solicitors and staff at the firm. I particularly wish to thank all our clients who have been with us over the years. We fought off stiff competition from two excellent Cork based firms and are thrilled that we came out on top".

The aim of the awards is to highlight excellence in legal practice. "We see the awards as a validation of the steps we have taken to improve our service to clients be it new technology or streamlining of systems. Serving our clients to our very best is at the heart of what we try to achieve. While I'm excited about these awards, the firm will never lose its focus on putting our clients first" Mr Kelly said.



COLM KELLY PRINCIPAL, GERALDINE KEARNEY SOLR, (STANDING FROM LEFT) TINA O'CONNOR CAHERSIVEEN OFFICE, SHEILA HEFFERNAN, ANNE GANNON, MARGARET SHEEHAN SOLR, EMMETT MCCANN SOLR CAHERSIVEEN OFFICE, BRIDIE O'CONNELL CAHERSIVEEN OFFICE AND MARY HAYES CELEBRATING THE IRISH LAW AWARDS MUNSTER 2014 LAW FIRM OF THE YEAR UNDER 5 AT HEALY CROWLEY AHERN SOLICITORS, IVERAGH ROAD KILLORGLIN AND CAHERSIVEEN. MISSING FROM PHOTO MARY O'DONOGHUE.

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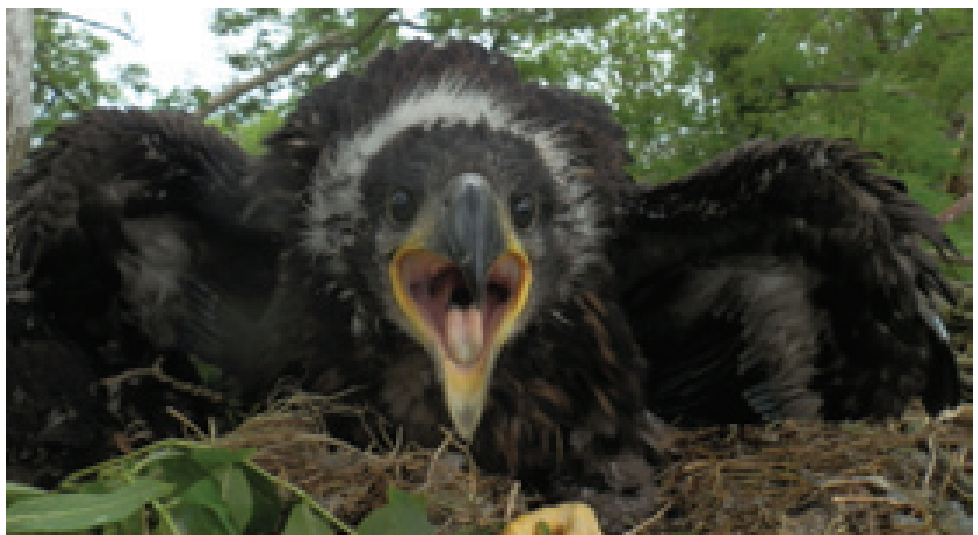
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WHITE-TAILED EAGLE CHICKS HATCH SUCCESSFULLY

White-tailed Eagles have successfully hatched chicks in Ireland in recent weeks. Fourteen pairs of eagles are holding territories across four counties with at least seven pairs nesting and laying eggs. In the last two weeks the first chicks of 2014 hatched in nests at Mountshannon, Co. Clare, and at Glengarriff in West Cork. Other pairs are nesting at sites in Kerry and Galway but have yet to hatch. In the last two weeks a pair was confirmed to have hatched chicks at a nest near Mountshannon, Co Clare. This pair created history in 2013 when they reared the first chicks to fly from a nest in Ireland in over 100 years. A new nesting pair at Glengarriff was the first pair to hatch chicks this year in late April. Unfortunately the breeding efforts of this pair and a pair nesting in Killarney National Park failed, probably due to a combination of poor weather and inexperience. Hopes are high that the Mountshannon pair and others around the country will successfully raise chicks that will go on to form the basis of a viable population in Ireland. These are the latest chicks of the high profile reintroduction programme which began in 2007 with the release of 100 young Norwegian eagles in Killarney National Park as part of the White-tailed Eagle reintroduction programme.

"We are delighted that White-tailed Eagles are now nesting across four counties, from Cork,



WHITE TAILED EAGLE CHICK, BORN IN MOUNTSHANNON, CO CLARE, LAST YEAR. PHOTO: ALLAN MEE/GOLDEN EAGLE TRUST.

Kerry and Clare to Connemara, Co. Galway", said Dr. Allan Mee, project manager for the Golden Eagle Trust. "In 2013 we had our first chicks reared in the wild in Clare but this year we are excited to see that pairs are nesting as far away as Connemara, although Kerry remains the stronghold for the species. The increase in the number of pairs nesting is really encouraging and bodes well for the future of the species. Whatever the outcome of these nesting

attempts, the signs are good for future breeding in the area and at a number of other sites across Ireland in the near future. White-tailed Eagles can live for 25-30 years and generally mate for life with adult pairs remaining within their home range throughout the year. First time breeders, especially young birds, often fail at their first attempt. However, with the goodwill and support of local communities the species should have a bright future in Ireland.

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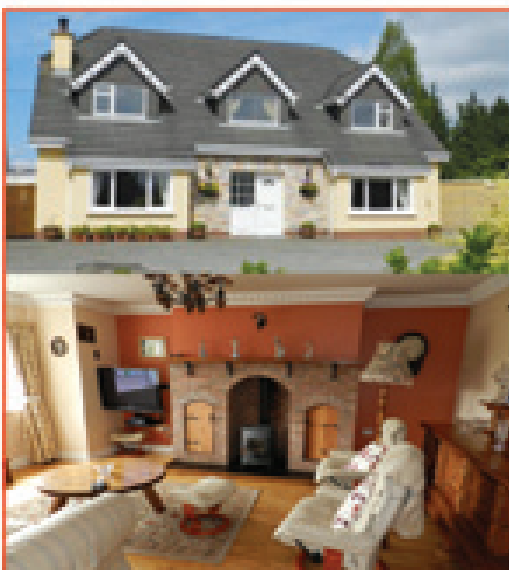
PROPERTIES OF THE WEEK



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(BER Pending)



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GNEEVEGUILLA**
REF 598

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CELTIC FOOTBALLERS WALK TO TALLAGHT



GRACE O'SULLIVAN, KEELAN & SARAH O'DONOGHUE



ENJOYING THE DAY OUT FRONT L TO R: CATHAL REGAN, LIAM MOLONEY, SARAH O'DONOGHUE, GRACE O'SULLIVAN, PADRAIG REGAN, LUKE TUCKER, CONOR REGAN, KEELAN O'DONOGHUE. MIDDLE L TO R: ELLA & DENISE REGAN, DYLAN TUCKER, SEAN DALY, KAREN O'DONOGHUE, MIA & LORCAN O'MAHONEY. BACK L TO R: WILLIAM MOLONEY, MEAVE MOLONEY, FRANCIS ARTHUE, JOHN O'DONOGHUE (TRAINER), MARGARET O'SULLIVAN, MAURA CULLOTY, JANE O'DONOGHUE, AMELIA & DENIS TUCKER (TRAINER) & LIAM REGAN.

Killarney Celtic Football For All group took on the challenge to walk to Tallaght last weekend and managed to do so without ever leaving Celltic Park.

Their sponsored walk took place on Sunday 18th May during Killarney Celtic's Fun Day. Football For All is a team set up for children aged 6yrs-14yrs who aren't able to play with mainstream soccer teams. This programme works with clubs to help them become more inclusive and provide children with intellectual, physical or sensory special needs the opportunity to play soccer at their local club. Football For All teams

in a network of clubs nationwide will embrace diversity and promote the true meaning of 'Football For All'. The group train every Monday evening from 5.30pm-6.30pm at Killarney Celtic AFC.

The sponsored walk came about as the group will be attending the FAI National Football For All Blitz in Tallaght Stadium home of Shamrock Rovers on Saturday 14th June. Money raised from our walk will go towards our coach to Dublin. There will be 2 teams participating in the Blitz.

The idea came about through John Don

O'Donoghue, Denis Tucker, Eamonn O'Sullivan, Mark McGlynn and Emma Houliston all trainers of the team. It started out at 100 laps and before we knew it Denis said "why not walk the distance from Killarney to Tallaght". Great idea. The distance is 295km, so it worked out as 447 laps of Killarney Celtic's pitch.

The walk started off with players from Football For All, their siblings and parents, after a few laps other adults and children helped out on the laps. It took us 2 hours 37 minutes to complete and the group would like to thank everyone who helped out on the day.

TANÁISTE BACKS ACTION GROUP CAMPAIGN



IT was never the Government's intention to centralise all key local authority services in one area to the detriment of another, Tánaiste

Eamon Gilmore has insisted.

Speaking at a meeting with the Killarney Local Government Action Group today (Friday), Mr Gilmore said the tourist town is "perfectly right" to protest at the transfer of essential functions from the town to a central base in Tralee.

He said it was always intended to retain an urban-based focus in the provision of local government services and there is no requirement in the new Local Government Act to centralise services.

"Several counties have kept their local offices and services have been retained. It seems to be an issue of interpretation in Kerry," he said.

Mr Gilmore, who met with the local action group for over 30 minutes, said the soon-to-retire Kerry County Manager should not put a system in place that would pre-empt any decisions that will be made by the incoming council.

"It's really a matter for the newly elected council to decide," said Mr Gilmore who added that he would ask Environment and Local Government Minister, Phil Hogan, to give some direction on the issues that have arisen in Kerry.

"The minister can give recommendations in certain cases and he could do so in Killarney," he said.

The action group had raised concerns that Killarney was losing its planning office, town clerk, housing officer and its mayor and fears were also expressed that while rates will rise, services will be cut.

The Tánaiste said there is a strong case for a town like Killarney to have a separate planning function and decisions on matters like street cleaning and landscaping need to be made at a local level and not from a central base.

He further agreed that it "stands to reason" that Kerry County Council should continue to provide resort marketing funding to Killarney and development levies should be spent in the areas in which they were collected.

Mr Gilmore also backed the action group's campaign for the proposed new Kerry tourism unit to be based in Killarney as opposed to Tralee.

"That stands to absolute reason," he said.

He added that there is no reason why the title of Mayor of Killarney should be abolished as is being proposed by the Kerry County Council executive.

"There is no prohibition on that. Killarney need a mayor and I have no difficulty with it," the Tánaiste said.

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Financial Advisor

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SURPRISE PROPOSAL FOR MARIE

Keen amateur photographer, Marie Delaney was more than happy to attend a photography exhibition at the Peter Cox Gallery on High Street, Killarney last Friday with her boyfriend Timmy O'Sullivan but she certainly had no idea of how the evening was going to turn out.

The couple, along with friends arrived at the

gallery and were browsing the images when Marie noticed that one of her own photographs was exhibited with a little plaque underneath it saying "Marie Delaney – Open me".

When she pulled down the flap – the message revealed "Will you marry me" and when Marie

turned around Timmy was down on one knee with an engagement ring.

The delighted Marie was naturally overcome with emotion but was thrilled to accept Timmy's romantic proposal. The couple plan to wed in 2016.



MARIE, A KEEN PHOTOGRAPHER HAS LONG WANTED A PHOTOGRAPH OF HERSELF TO HANG IN A GALLERY. TIMMY CONTACTED PETER COX TO ASK IF THIS COULD BE INCORPORATED INTO HIS PLANNED PROPOSAL. THE PRINT HANGING BEHIND MARIE IS ONE THAT PETER COX PRINTED AND FRAMED FOR THE OCCASION, WITH A MESSAGE BELOW ASKING 'WILL YOU MARRY ME?'

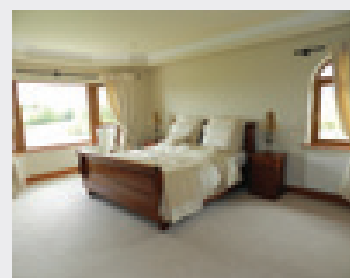
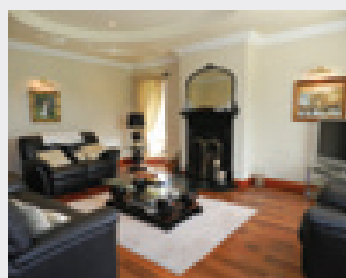
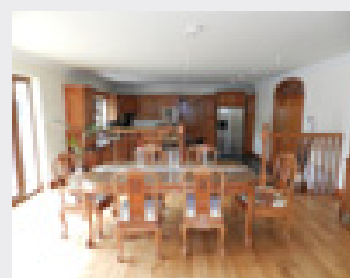


THE NEWLY ENGAGED COUPLE POSE BY MARIE'S BEAUTIFUL PHOTOGRAPH.

PROPERTY OUTLOOK

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*Cured Organic Irish Salmon
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*Our Daily Dish Of The Day
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*Danu's Homemade Soup Of The Day
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Red Pepper Sauce And Saffron Aioli*

*Chef's Special
Please Ask Your Server For Details*

*Crooket With Roast Tomato Sauce (C)
Caramelised Vine Tomato And Shaved Parmesan*

*6 Oz Sirloin Or Rib Eye Steak
With Gratin Potato Brandy Pepper Cream Sauce
(10 Oz Rib Eye €5 Supplement)*

DESSERT

*Fried Scones Of Mango Apple And Black Berries
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*Chef's Evening Pudding Selection
Ask Your Server For Details*

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THIS WEEKS PROPERTIES

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7 CHAPEL COURT, NEW STREET, KILLARNEY, CO. KERRY



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Winning the TripAdvisor Certificate of Excellence is a true source of pride for the entire team at Parknasilla Resort & Spa and we'd like to thank all of our past guests who took the time to complete a review on TripAdvisor," said Ruth O'Sullivan, General Manager "There is no greater seal of approval than being recognised by one's customers. With the TripAdvisor Certificate of Excellence based on customer reviews, the accolade is a remarkable vote of confidence to our business and our continued commitment to excellence. It is only through feedback such as this that we can continue to monitor and maintain our standards."



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INCREASE WILL AFFECT GROWTH WARNS KERRY IHF CHAIRMAN



SEAN O'DRISCOLL.

Ahead of the local elections, Chairman of the Kerry Branch of the Irish Hotels Federation (IHF), Sean O'Driscoll warned that the proposed increase in local authority rates in Killarney will affect growth in the sector and could cost jobs in tourism.

Mr. O'Driscoll pointed out that tourism is one of the few sectors that have been creating jobs in the county over the last two years. He said that many hotels in the county pay rates, water and sewerage bills of anywhere between €50,000 and €350,000 per annum and that they cannot afford any increases. The hotel sector is still recovering from the massive losses incurred during the recession. The last thing the industry needs, as it is getting back on its feet, is more local taxes.

Mr. O'Driscoll also said that he hoped that the newly elected councillors would genuinely focus on improving economic activity and job creation in the county and avoid increasing business costs. He asked that they immediately review operating procedures in the new Local Authority Structure to ensure that tourism support services are at the centre of policy decisions. Mr. O'Driscoll slammed the decision to take services out of the towns and centralise

them: "Our towns are the economic hubs within the county. In order to maintain standards and ensure continued economic growth, our key towns in the county need a dedicated budget and executive, planning offices and a continued commitment in relation to litter control & landscaping".

Mr. O'Driscoll welcomed Tánaiste Eamon Gilmore's comments last week when he said it was never the Government's intention to centralise all key local authority services. In particular, he welcomed Mr. Gilmore's comments that "several counties have kept their local offices and services have been retained. It seems to be an issue of interpretation in Kerry". Mr. Gilmore went on to say that the county manager should not put a system in place that would pre-empt any decisions that will be made by the incoming council and said that it's really a matter for the newly elected council to decide.

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Mark, who has a wealth of experience in the industry is open from Monday to Friday from 9am – 6pm and from 9am – 1pm on Saturdays. All brands of tyres are available or can be sourced within 48 hours.

Mark can be contacted on 064-6671987 or 087-2726287.

SCRAP METAL COLLECTION

GNEEVGUILLA BASKETBALL CLUB are holding a scrap metal collection on Saturday June 7th to raise much needed funds for the club. All types of scrap metal big or small can be donated (No electrical goods please)

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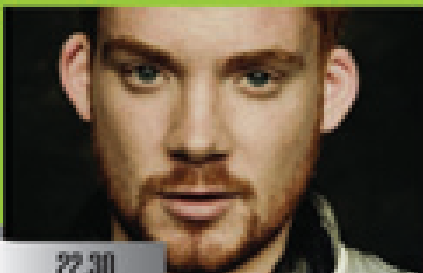
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INEC

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17.30 - 18.00

15.30 - 17.30

KODAKID



18.00 - 20.00

20.30 - 22.00

**JOHN
FAIRHURST
BAND**



22.00 - 00.00

Harley Bar



SUNDAY JUNE 1ST

OUTDOOR STAGE

INEC

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DJ DONAL

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14.00 - 16.00

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16.00 - 18.00

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MECCA FOR LOCAL FOOD LOVERS & ARTISAN FOOD PRODUCERS OPENS ITS DOORS

HEATHER RESTAURANT, GAP OF DUNLOE, KILLARNEY

The breath-taking Gap of Dunloe has been a magnet for locals, tourists and day visitors to Killarney for centuries. For half a century the Moriarty family has been welcoming tourists to the store, 'Moriarty's', which is located at the entrance to the Gap, just outside of Killarney. What began as a small enterprise by Michael and Margaret Moriarty in 1964, in a "lean-to" attached to the family house, is now home to a 4,000 sq. ft. gift store, one of the finest in Ireland.

To mark the 50th anniversary of this iconic store, a new 1,100 sq ft, 80 seater restaurant called 'Heather', has opened its doors just in time for the 2014 season. The development also includes a five acre multi-level garden, with seating areas and viewing points for locals, day trippers and a mix of international tourists to enjoy as part of "The Gap" experience.

Inside the restaurant sees a really well thought-out design. The bright and airy restaurant with vaulted windows overlooks the iconic McGillycuddy Reeks and the multi-level gardens. It also boasts a centre piece log fire, and a beautiful and ornate tree structure that climbs from floor to ceiling and resembles a modern art sculpture. The interior design decadently blends beautifully with the fabulous food that is served at its tables.

Behind the development is the next generation of the family, Denis Pio Moriarty and his wife Ailish. As well as playing a pivotal role in the interior and exterior designs, Denis Pio and Ailish have ensured that all offerings on the menu are sourced from local producers. From



HEATHER'S GAP OF DUNLOE. PHOTO: VALERIE O'SULLIVAN.

the Toonsbridge Buffalo Mozzarella, Melted Kenmare Gouda, Ballinskellings Chicken, Glenbeigh Cockles and Mussels to the Ring of Kerry Lamb Chops, the menu is a name dropping who's who, as well as a geography lesson, in local artisan food producers!

Ailish stated "Both Denis Pio and I grew up in this very special part of the country in Kerry and we both believe that for our region to be sustained it's important that we support as many local producers as possible, and we are doing just that with our new restaurant.

We are so lucky to have so many amazing food producers right on our doorstep – many of whom we have gotten to know as they personally deliver their produce to us on a daily basis. As well as The Gap being a Mecca for tourists, through 'Heather' we want it now to become a Mecca for more local food lovers and artisan food producers."

'Heather' restaurant is now open and will be in operation seven days a week during the forthcoming summer season. For further information please see www.moriartys.com.

SUPPORT YOUR LOCAL LAUNCH



CORMAC O'SULLIVAN VICE CHAIRMAN I.H.F. AND MANAGER BENNERS HOTEL DINGLE, AOIFE KEANE HEAD OF THE IRISH WHISKEY ASSOCIATION, BERT STORAN CAMPAIGN MANAGER OF "SUPPORT YOUR LOCAL" AND KATE O'LEARY OF THE LAURELS MAIN ST KILLARNEY PICTURED AT THE KERRY LAUNCH OF THE DRINK INDUSTRIES MAJOR NATIONAL CAMPAIGN ENTITLED 'SUPPORT YOUR LOCAL...' IN THE THE LAURELS, MAIN STREET, KILLARNEY. PHOTO BY : DOMNICK WALSH.

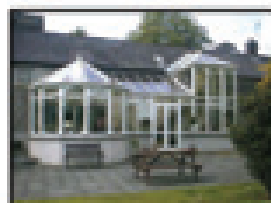
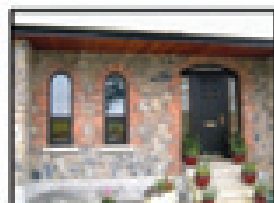
The Kerry launch of the drink industries major national campaign entitled 'Support Your Local...' took place in Killarney this week in the The Laurels on Main Street. The campaign is designed to highlight the significant financial and social contribution made by the Irish drinks industry all around the country, which includes employing 4,330 people in Kerry, Buying €8.6 million worth of agricultural inputs from Kerry, offering a unique hospitality experience, renowned internationally, in the 502 pubs and hotels of Kerry and an alcohol related wage bill of €99 million in Kerry.

The event was part of a series of rolling regional media events around the country.

Speaking at the launch, Kate O'Leary of The Laurels said "The Irish pub offers a unique hospitality experience that is renowned the world over. When tourists come to Ireland they want to go to an Irish pub, they want to enjoy a pint in the welcome surrounds of locals. The pub is the hub of the local town, it is the heart of the local community. If we are going to preserve that, we need to support our locals, which is why I am delighted to lend my support to this campaign to call on people to 'Support Your Local...'"



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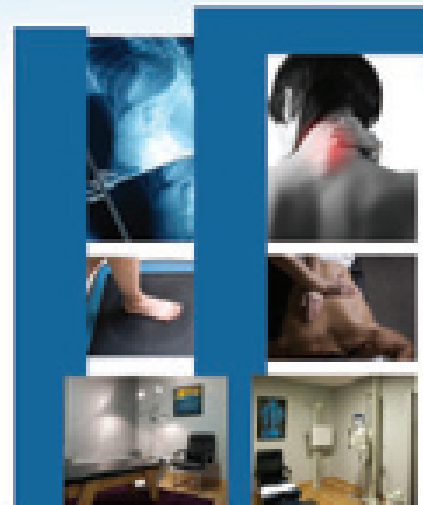
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== Dr. Lyndsey O'Leary BSc (Hons) Chiro (DC) MCIAI
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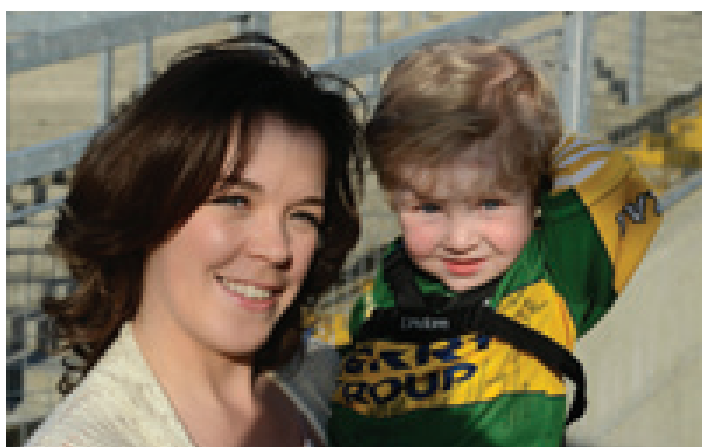
FANS MEET THEIR KERRY HEROES AT FITZGERALD STADIUM



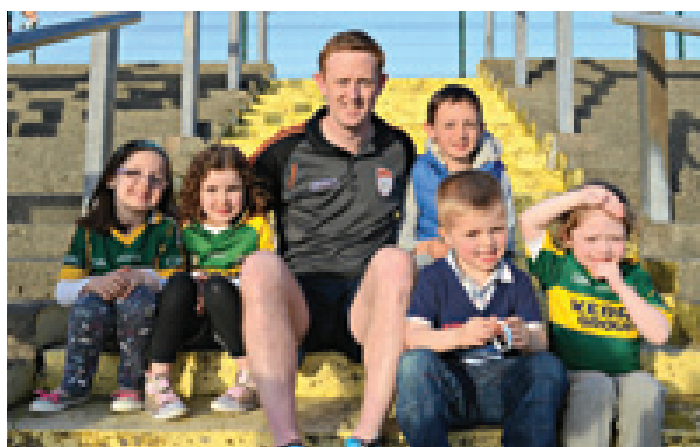
A SUNNY EVENING AT FITZGERALD STADIUM AS THE CHILDREN AND THEIR PARENTS ENJOYED A 'MEET & GREET' WITH THE KERRY TEAM. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



AT THE 'MEET & GREET' OF THE KERRY TEAM IN FITZGERALD STADIUM WERE TWO CASUALTIES, KIERAN DONAGHY & NIAMH BRODERICK. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



AT THE 'MEET & GREET' OF THE KERRY TEAM IN FITZGERALD STADIUM WERE DARAGH CURRAN AND HIS MUM CIARA. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



AT THE 'MEET & GREET' OF THE KERRY TEAM IN FITZGERALD STADIUM WERE L-R NAOISHE O'DONOGHUE, SADBH CURRAN, COLM COOPER, CATHAL O'DONOGHUE, CORMAC SWEENEY & TIERNAN COURTNEY AHERNE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

DEDICATION TO THE LATE CLLR. MICHAEL COURTNEY

One of the final tasks of Killarney Town Council this week was to dedicate a plaque at the HaHa in memory of the late Councillor Michael Courtney. Michael's wife Sheila and his son, the current Mayor of Killarney, Paddy were on hand to unveil the dedicated public space to the late Cllr. Courtney who was very popular in the town of Killarney.

NEW GRAVES FOR KILLARNEY

Following negotiations with the Duggan Family, Killarney Town Council has purchased the Aghadoe Lawn Cemetery ensuring that there will be enough public grave spaces in the town for the next forty years. The move has been welcomed by all Councillors in the town.

DON'T GET CAUGHT USE HANDS FREE

Sales for the hands free speaker phone set at A Touch of Class have gone through the roof since it was advertised recently in the Killarney Outlook.

According to Des (pictured) at the shop in the Innisfallen Shopping Mall, demand has exceeded all expectations. "This is a real hot topic at the moment with so many motorists getting caught using their mobile phones and with the fine being €1,000 it is certainly something everyone wants to avoid."

Purchase the handsfree speaker phone for the special price of €19.99 (with the coupon opposite) and avoid heavy fines if you are caught using your mobile phone while driving.



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ALL ABOARD THE BIG RED BUS TOUR

The Big Red Killarney Bus Tour set off on its maiden voyage this week much to the delight of tourists and locals alike.

The Hop-On-Hop-Off service collects people at the Town Centre, Aghadoe, Ross Castle, Muckross House and Torc Waterfall.

The tour is designed to maximize what you can see in Killarney and each stop has numerous things to do and see..

With a live guided commentary, the bus runs every two and a half hours and your ticket is valid for two days.

The first passenger on the tour was Australian Cherie Chasling (nee McCarthy) from Brisbane, Australia who was greeted by co-owner Pat Moynihan and bus driver John O'Callaghan.

If you would like to book a ride on the Big Red Killarney Bus all you have to do is call into co-owner and ticket master Cathal O'Grady at the booking office at the Market Cross under the Old Town Hall Clock.



THE BIG RED KILLARNEY BUS TOUR.



BIG RED KILLARNEY BUS DRIVER JOHN O'CALLAGHAN READY FOR THE OFF.



TICKETMASTER CATHAL O'GRADY SELLING LOCAL LADY JOAN CULLOTY HER TICKET AT THE BOOKING OFFICE AT THE MARKET CROSS, KILLARNEY.



PAT MOYNIHAN, BIG RED KILLARNEY BUS PICTURED WITH THEIR FIRST CUSTOMER AUSTRALIAN CHERIE CHASLING.

WORK TO BEGIN ON THREE KERRY SCHOOLS

Cullina National School in Beaufort is in line for a mainstream classroom, multi-sensory room and resource teaching room following approval from the Department of Education.

The mainstream classroom will replace an existing prefab.

St Joseph's National School, Castlemaine will get money for a central activity space while four science labs and conversion works to create three general classrooms will be funded for the Intermediate School in Killorglin.

KILLARNEY RECEIVES PRESTIGIOUS AWARD

Killarney has received The Purple Flag in honour of the excellence in the management of the town between the hours of 5pm and 5am.

Other recipients of this award include Dublin, Ennis, Belfast's Cathedral Quarter, Liverpool City Centre and London's Covent Garden. Killarney joins international hotspots like London's Covent Garden, Belfast's Cathedral Quarter and Liverpool City Centre. The award will be a major benefit for tourism in the town.

BEE FOR BATTENS FUN RUN

A family fun run in Killarney National Park in Aid of Bee for Battens will take place on world battens day, which is the 7th June.

Registration takes place from 9.30am with the run beginning at 11am.

There is a €10 entry fee and kids go free. The charity are also holding their annual family fun day in the Kerry Way Bar in Glenflesk after the run.

For more information or pre-booking contacting 087-0646354.

IF YOU HAVE A STORY...

Contact Aisling on **086 0400 958** or Email: **editorial@outlookmags.com**

GARDENING OUTLOOK



with John O'Sullivan

LOOKING AFTER YOUR SUMMER BEDDING

- If you look after your bedding plants throughout the Summer you will have colour until early autumn or the first early frost.
- A liquid feed of Tomato feed every 2 to 3 weeks is an ideal way to feed your hanging baskets, window boxes and containers.
- Make sure when you are feeding them to do it in the evening time and keep the liquid off the foliage as much as possible.
- As the summer goes on you will notice that some of the flowers will start to go off. All you have to do here is take the dead flowers off, a process called dead heading.
- It only takes a couple of minutes and it will ensure that new flowers will grow.
- Later in the Summer if a plant looks bad in the basket or window box, remove and replace it with something else like a trailing ivy. Otherwise the whole hanging basket, window box or container will look as if it's gone off, and a new plant will give it a new lease of life.

NEXT WEEK I WILL FOCUS ON SUMMER FLOWERING SHRUBS.

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KILLORGLIN COMMUNITY COLLEGE CELEBRATES A VARIETY OF EXCELLENCE

Variety is both the spice of life and of education and the hallmark of the Killorglin Community College is to encourage and celebrate that variety.

The annual Awards Ceremony is an acknowledgement of the highest standards achieved by the students in various disciplines and is one of the highlights of the school year.

This year's awards included academic, diligence, music, entrepreneurship, creative art & film, sports, science, languages and of course, the much sought after 'Student of the Year'. Sport is also very prominent with medals being given to the tag rugby, GAA and soccer teams who have had county successes.

Awards such as these play an important role and by allowing all achievement to be applauded it has a hugely motivating effect on students.

This year the academic awards were elevated to gold and silver medals to mark the huge achievements at Junior & Leaving Certificates and the winners were presented with their awards at a gala ceremony last week.

The schools top achievers from the 2013, Edel O'Shea and Paige Kemp, were invited back to formally acknowledge their success since completing the 2013 Leaving Certificate.



AWARD RECIPIENTS AT KILLORGLIN COMMUNITY COLLEGE.

Edel has completed her first year in Business Information Systems in UCC and Paige is finishing her first year at UL.

Past pupil and Kerry Designer of the Year Ms Tina Griffin was also on hand and in her address she shared her entrepreneurial spirit and motivation with the audience of students.

Deputy principal Donal O'Sullivan said that, "We are very proud of the achievements of all of our students in the various areas. Tonight is a celebration and showcase of what Killorglin Community College is about and the holistic, rounded education that we deliver.

MINISTER LAUNCHES KERRY CULTURAL DIVERSITY & INTEGRATION CAMPAIGN & EXHIBITION

Minister Jimmy Deenihan this week launched the Kerry Cultural Diversity & Integration Campaign & Exhibition at the Department of Arts, Heritage & the Gaeltacht, Killarney. The aim of the campaign is to raise awareness of the rich cultural diversity that exists in the County and the opportunities this can bring to our communities.

Kerry is now a much more diverse society with just over one in ten of the population being

of non-Irish origin. The key message from this campaign is about embracing the rich blend of nationalities and cultures in Kerry today, and ensuring that those who have settled here feel welcome and can participate fully in community life.

The campaign has a number of elements. It started with a poster competition to select posters for the promotion. The next step is the publicity campaign using the winning posters

and the countywide exhibition of shortlisted entries which will travel to towns throughout Kerry.

At the launch, the Minister announced the winners of the poster competition and presented the winners with their prizes. He congratulated the winners and all those who took part in the competition.

THE MALTON ATTRACTS WORLD WIDE BIDDERS

The Malton Hotel has been placed on the market. The iconic hotel, formerly the Great Southern Hotel, has been at the centre of the social and economic development in Killarney for over 160 years and has made a significant impact in the development of Irish Tourism over the years.

The Hotel will be sold as a going concern thus ensuring that all bookings and commitments to existing customers, employees and suppliers will be honored within the sale process.

The sale of the hotel has received strong interest worldwide and it has emerged this week that the Kang family from Beijing is expected to be among the bidders.

MURPHY'S GOLF SOCIETY RESULTS

Murphys Golf Society results from Mahonys Point Killarney. 1st. Donagh Moynihan (10)42pts. 2nd. Mark Coffey (18) 41pts. 3rd. Timmy O'Donoghue. (19) 40pts. 4th. Seamus McCarthy. (21) 40pts. 5th. Paul Corridan. (15) 39pts. 6th. Sean Moynihan. (10) 38pts. front nine. Eoghan Donnellan. (16) 22pts. back nine. Ger Moroney (11) 22pts. Next outing Saturday June 7th. Lee Valley. time 2.00. Time sheet on display in Murphys Bar.

BARRADUFF SAYS "THANKS"

Barraduff community field golf organising committee would like to thank all local sports clubs, golf societies, companies, business and the general public who sponsored and supported their very successful Golf classic in Kenmare on May 17th, especially Kenmare golf club for their hospitality on the and Kerry way bar for their hospitality for the Prize giving ceremony with great entertainment by Border boys on the night.

#lovekillarney

IF YOU HAVE A STORY...

Contact Aisling on 086 0400 958 or Email: editorial@outlookmags.com

Citizens Information

Know Your Rights: VACCINATIONS WHEN TRAVELLING ABROAD

QUESTION

We are planning a round-the-world trip later this year. Should we think about getting vaccinations?

ANSWER

You should consider getting vaccinations if you are travelling outside of Western Europe, North America, Australia, and New Zealand. Health risks vary from country to country, so you will need to get advice about this well before you travel – ask your family doctor, the Health Service Executive (HSE) or your travel agent.

You will also find relevant information on the World Health Organization Country List. The HSE website has information on the different types of vaccines, such as those for cholera or tuberculosis – hse.ie.

Travel vaccinations are not covered by the medical card so you will have to pay the full cost for them.

Start the process of vaccination in good time before you travel. Some vaccines take time to become effective, so give yourself at least 8 weeks for full protection.

An early start is particularly important if you plan to travel with children. The BCG vaccination against tuberculosis (TB), for example, should be given at least 3 months before your child travels.

Some countries require you to have certain vaccinations and you will need to show an International Certificate of Vaccination in order to gain access to these countries. Other vaccinations are recommended and you can decide yourself whether to get them.

If you feel unwell on your return to Ireland, you should see a doctor as soon as possible. Give full details of the countries you visited.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7840, Killarney 0761 07 7826, Listowel 0761 07 7840, Kenmare 0761 07 7818, Killarney 0761 07 7830, Castleisland 0761 07 7790, Cahersiveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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"BEST EVER" YOUTH DAY AS 900 WITH THE KDYS

Sunday the 18th of May saw 900 Kerry young people descend on Killarney for the annual KDYS Youth Day. Youth day is the charity's annual celebration of young people and volunteers involved in youth clubs and projects around the county. The theme of this year's event was "Party Time" and party they did. The day started at 3 with young people have a choice of activities to choose from both inside and outside the venue with a focus of getting young people physically active. The major attractions were the water zorbes and the hypnotist where young people saw the adult leaders from their youth clubs being hypnotised by Sean Foran hypnotist extraordinaire. The shoe was firmly on the other foot on this occasion when young people got to tell leaders what to do on stage. The esteem for which the youth club volunteers were held by young people was clear however as young people went easy on the hypnotists volunteers. Gareth Hartevelde KDYS youth worker organising the event was delighted with the day. "Youth day is the highlight of the KDYS year, seeing young people involved in fun and positive activities whilst interacting with other young people and volunteers is very important for their development and is incredibly rewarding for the KDYS team of volunteers and staff.

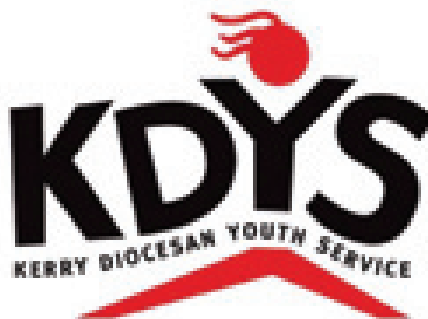
The major highlight of the day was the mega disco, which saw Kerry DJ Ciarán Williams with the help of a 7 foot Robo Glo giant, rock the INEC. At 8pm 900 exhausted but delighted young people got back on buses destined for the four corners of Kerry. Tim of Donoghue head of the charity added: Events like these are a credit to the staff and volunteers of the KDYS. This event saw young people get information on first aid, positive physical and mental health development as well as drug and alcohol awareness training. We want this information to stay with them for the rest of their lives so they can help themselves and other if needs be. The best way to get across information like this is in a fun and interactive setting which is what makes youth day so special.

The KDYS was established in 1971 to cater for young people's needs across the diocese. Today



EVERYONE WELCOME AT THE KDYS YOUTH DAY.

the KDYS is the largest youth organisation in Kerry working with 400 volunteers and supporting over 4000 young people each year. The charity is open to all young people between the age of 12-19, from youth club members looking for fun activities such as youth day to young people in crisis who need specialised care from professional youth workers. If you would like to volunteer or donate to the KDYS you can find more information online at www.kdys.ie



ENJOYING THE YOUTH DAY IN KILLARNEY.



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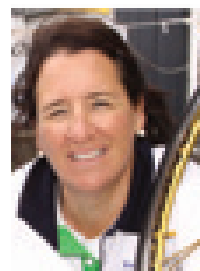
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GEARING UP FOR THE RING OF KERRY CYCLE

(By Cora Carrigg, Kerry Recreation and Sports Partnership)

WEEK 6 – Week Beginning May 19th – Cycling To Work

A total of 100km cycled in the week – so well done!! We are now really clocking up the miles!

With the evenings longer and the mornings brighter, have you ever thought about cycling to work, or part cycling to work? Perhaps drive to a point along the route and cycle from there?

The focus of this week's column is cycling to work. Cycling to work is a fantastic way to include exercise into your daily life and in the process receive a lot of instant health perks and savings, both time and money.

Such health perks include a Healthier Sense of Well Being. Cyclists report an increased sense of well being, higher tolerance for stress and a clearer mental process after a bike ride. Simply spending time outside cheers one up. This is thanks to the daylight and sunlight to boost levels of the feel good hormone serotonin. So beat the depressing effect of sitting in an artificially lit office, by getting outside and expose oneself to more daylight.

The majority of more daylight in one's life results in better sleep. Exercising outdoors exposes one to daylight, and helps get one's circadian rhythm back in sync and rids one's body of cortisol, the stress hormone that can prevent deep regenerative sleep. Therefore cycling to work can eliminate the feelings of tiredness and difficulties in sleeping are also reduced.

Cycling to work will save on the time ones spends commuting as short journeys in most towns are quicker by bike. Cyclists know exactly how long a journey will take, door to door, unlike to motorists' traffic and parking can be unpredictable.

In addition savings can be made on the financial level, on fuel and car running costs, as well as parking and bus fares. After you have invested in the bike and kitted yourself out, the cost of running a bike is very little.

So cycling to work can change your daily commute from something one hates to something one loves. If your commute is 20km, why not drive 10km, and cycle the remaining 10k to and from work – that is 20km daily exercise?! Fresh air, exercise, and the chance to take in the environs means that one often arrives at the desk more refreshed and revitalized.

The Cycle to Work scheme is a tax incentive scheme which aims to encourage employees to cycle to and from work. Under the scheme employers can pay for bicycles and bicycle equipment for their employees and the employee pays back through a salary sacrifice arrangement of up to 12 months. The employee is not liable for tax, prsi, and levies on their repayments. A win win situation!

This week's cycle training programme, according to the Ring of Kerry Cycle Training programme is below. Another week's total of 100km is to be ridden. . . . you know you can do it, if not more?!

Sat	Sun	Mon	Tues	Wed	Thu	Fri	Total
30k	30k	Rest	20k	Rest	20k	Rest	100km

Happy & Safe Cycling & ENJOY!!



#lovekillarney



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GET ON TRACK THIS SUMMER @
AN RIOCHT, CASTLEISLAND

Walkers Club

Walkers club is designed for people who want to exercise but have no aspirations to become a 'jogger'. This is a no pressure exercise group that lends itself to being a great social outlet. By getting out on the track on Tuesdays and Thursdays you will be part of a real feel good atmosphere with music to help you on your way!



Journey from couch potato to 5k runner on this popular programme. Week by week with some walking and some jogging you will ultimately see yourself able to run three miles or 5k at your own pace in just three months! The key to this programme is its gradual progression! Too many people are put off exercise by starting too fast! With couch to 5k the slow steady progression will make it easier for you to complete the programme.

5K-10K TRAINING

For those of you who have already completed a 5k or can run for 30 minutes without needing a break this is for you! The 5k-10k training group aims to get you to break through that 5k barrier. With a mixture of proven techniques including distance, intervals, hills and strength work this should be a challenging yet thoroughly enjoyable experience.

Beginning June the 3rd
7.30pm - Tuesdays and Thursdays
ONGOING THROUGHOUT SUMMER For Details: (066) 7143370

€2



AWARDS NIGHT AT KILLARNEY COMMUNITY COLLEGE



EOIN FITZGERALD RECEIVING THE PRINCIPAL'S AWARD FROM FIONA O'BRIEN.



GAVIN LYNE RECEIVES THE STUDENT OF THE YEAR AWARD FROM FIONA O'BRIEN.



SEAN KELLIHER, CONOR COURTNEY, DENIS O'LEARY, CIARA GLESSON, BREDA KELLEHER.



MR. ALAN O'SULLIVAN, MR. BRIAN O'REILLY, MR. DENIS O'SULLIVAN, MR. MIKE LYNCH AND MR. CIARAN GALLAGHER.



MR. CIARAN GALLAGHER, SEAMUS GALLAGHER AT THE AWARDS CEREMONY.



ROISIN BUCKLEY, SARAH MURPHY, MEGAN FARRELL, LAURA MURPHY AT THE AWARDS CEMEMONY.



ENJOYING THE AWARDS CEREMONY WERE MS. STELLA LOUGHNANE (DEPUTY PRINCIPAL), MS. CARMELLA SHEEHY, MS. DYMPNA HEALY.



ALEXANDER MANTLE RECEIVES HIS AWARD FRM MR. COLM MCEVOY (CEO OF KERRY ETB).

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Italian Wood Effect Porcelain 4 colours to choose from

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Christian fellowship

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Sunday 1st June at 12pm
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contact
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email: newbgn@hotmail.com





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Senator Marie Moloney

Please give your No. 1 Vote to Sean Counihan Today

or your highest possible preference for a candidate known for his hard work & integrity & commitment to the people.

Contact Office: 064 6632834
Mobile: 086 3949432
Email: marie.moloney@oie.ie






JOHN JOE CULLOTY SEEKS YOUR SUPPORT IN FRIDAY'S LOCAL ELECTION

Having been co-opted onto Kerry County Council in 2011, I have worked tirelessly on behalf of the people of the Killarney/Castleisland Area. I feel very passionate about Community Spirit, and I am involved in many different projects. I would very much appreciate your support in Friday's Local Election, which would give me the opportunity to continue this work on your behalf.

I am acutely aware of the changes which have come about, as a result of the Local

Government Act, 2014. These changes greatly affect the Killarney Electoral Area. Having been self employed since 1988, and a proven dedicated Community Activist for many years, I will continue to be a Strong, Reliable, Local Voice working for you, in seeking our share of funding for local services. I will endeavor to support the Killarney Local Government Action Group to have an acceptable level of Services provided for Killarney.

I would like to thank you all most sincerely, for

your respect, hospitality and support given to me, and my Canvassing Team on the Election Trail, over the past number of months.

Please VOTE No. 1 CULLOTY John Joe, on Friday next, May, 23rd, and if already committed, your next highest preference would be greatly appreciated.

Is mise le meas,
John Joe Culloty.

LETTER TO THE EDITOR

19 May 2014
Ballyhar,
Killarney,
Co Kerry.
087-2069657.

Dear Editor,

I am calling for a complete ban on all political parties holding Church Gate collections which is used to fund their activities and election campaigns. Members of the public have informed me that over recent weeks, they were made feel very uncomfortable attending Mass where political collection boxes were placed in front of them, particularly when so many families are currently under serious financial pressure.

We must bring to an end this scourge of having

political parties placing their boxes across the entrances to our churches and having their lieutenants standing guard staring at people as they make their way into mass. I consider this as an act of intimidation directed at the public to embarrass them into financially contributing to their political war chest. As an independent Councillor for 15 years I have always funded my own election campaigns and I believe that all other politicians should do likewise.

This practice must be stopped and permits should not be issued to any political parties. Church collections should be reserved for voluntary, charitable and sporting organisations, such as Kerry/ Cork cancer bus, Pieta House. Bee for Battens, Irish Wheelchair association, Build for life, etc who have suffered financially as a result of the Rehab and CRC fallout and do tremendous work for our

communities.

I have written to Deputies Stephen Donnelly and Shane Ross to seek their assistance to have legislation changed to exclude any political party from placing boxes and holding collections in front of Churches and that permits for collections would only be issued to voluntary/charitable organisations and sporting organisations.

If members of the public wish to contribute financially to a political party they can make a donation directly to them. No individual should be intimidated into giving a donation.

Yours Sincerely,
Cllr Brendan Cronin

cc: Deputy Stephen Donnelly TD
Deputy Shane Ross TD

SAFETY IN THE NATIONAL PARK

Councillor Michael Gleeson calls on the Department of the Environment and Local Government as a matter of great urgency to make available the finance necessary to ensure that users of Killarney National Park can travel its roads safely.

Much of the road network in the Park is in a deplorable state and presents a serious threat to the safety of jaunting cars, walkers and cyclists.

Killarney National Park is Kerry's foremost tourist attraction and is vital to the economic well-being of the entire county.

Failure to improve the roads will greatly damage the overall image of what should be a wonderful visitor attraction and experience.

KILLARNEY OUTLOOK
wishes to thank all the
candidates who advertised
with us in the 2014 local
elections and wish
everyone success in
their endeavours.



'STANDING SHOULDER TO SHOULDER: INDEPENDENT CANDIDATE FOR THE KILLARNEY AREA CLLR BRENDAN CRONIN PICTURED RECENTLY WITH HIS NOMINATOR DAN O'SULLIVAN, KILCUMMIN AND HIS DIRECTOR OF ELECTIONS KEVIN CRONIN.'

"Listening to you and working for you"

Vote **No. 1** INDEPENDENT **CLLR. TOM DOHERTY**

NO POSTER CAMPAIGN!
Respecting the environment and the safety of road users, I will not litter the countryside with posters.

I am asking you for your number 1 vote or highest preference in today's election to continue my hard work as a strong independent voice for the people of the Killarney electoral area.


Thank you for your kind reception and good wishes at the doorstep.

YOUR CONCERNS ARE MY PRIORITIES

- Property Tax
- Health
- Farming Community
- Jobs
- Roads
- Education
- Water Charges
- Ambulance Service
- Disability
- Mental Health
- Broadband
- Anti-Social Behaviour

Ar scath á chéile a mhairimid.

22 St. Annes Road Killarney Tel: 087 2942260 Email: tomkillarney@yahoo.ie

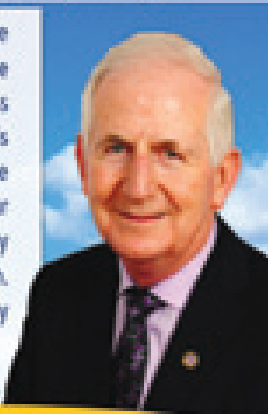


Vote No. 1 **CLlr. CATHAL WALSHE**

on May 23rd local elections

Vote 2 and 3 in order of preference for Cllr. John Sheahan and Cllr. Bobby O'Connell my party colleagues.

Dear Voter, For the past 16 weeks I have endeavoured to get around to all of the Killarney Electoral Area on my canvass but time has caught up with me. This does not mean I don't care, it could not be further from the truth. I now seek your first or highest preference vote this Friday when you visit your local polling station. If elected I promise to represent all of my constituents to the best of my ability.




FINE GAEL

19 Woodlawn Park, Killarney, Co. Kerry.
Tel: 064 663 2609 Mobile: 086 106 7752
Email: cathalpwalshe@gmail.com

'If you want to keep an Outspoken Independent on Kerry County Council give your No.1 vote to **CRONIN** today'

VOTE NO. 1



Cllr **Brendan Cronin**


INDEPENDENT


Killarney Municipal District

VOTE NUMBER 1

Counihan Sean

*A Committed
Voice for the
Killarney Area,
Vote Local
Vote Counihan*



Labour 

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Fair Representation for all.*

Tel: 087 7606392 | Email: counihansean@gmail.com

Vote No.1 Brian McCarthy

JUDGMENT DAY 1
A heart can only be judged by how much it loves, not how much it is loved.

(1)
IN LIFE YOU HAVE TO BREATHE EACH MOMENT, EACH DAY
YET THE MOST IMPORTANT MOMENTS TAKE YOUR BREATH AWAY
ONE MOMENT YOU CAN GLIDE LIKE A BIRD FREE TO FLY
THE NEXT... A WATERFALL, MADE OF TEARS AND NO CRY.

(2)
NEW DAWN, NEW DAY, THE TIME WILL FIB AND FAGE AWAY
BUT EACH EMOTION, CLOSE BY, AT SOMETIME TODAY
THE NEXT YOU CAN SPEND HEAVING IN DRIPPING RAIN
NO LIGHT THEN JUST DARK, A HEART THROBBING IN PAIN.

(3)
ONLY SINNERS CAN BE SAINTS, THIS LIFE ABOUT YOU
NO JUDGMENT OF OTHERS, IF WE CAN'T BE TRUE
COMPASSION THE TEARS TO END THE WORLD, ON-ON-GO
TO END ALL THE TROUBLES WE HAVE BROUGHT ABOUT.

(4)
GLIDING LIGHT, RAINBOW'S END, NO MORE HEALING OR FEETING
IT'S MY RIGHT TO BE JUST ME, CARE NO MORE WHAT OTHERS SEE
WALK THE LINE, GREET EACH DAY, STRENGTH TO FIGHT, COME WHAT MAY
MY CHOICE OF STATE SPACE WITHIN, FORGIVEN FOR ALL PREVIOUS SIN.

(5)
AFTER THE BROWN TRANQUILITY, SIMPLE LIFE ASH SHOULD BE
FORGIVEN, FORGOTTEN, NO QUESTION, NO FEAR, LEAVE FOR ME, MY ANGELS ARE NEAR
GRANTED NEW LIFE, LIBERTY AND HEARTBEAT,
ENCHANTMENT FOR ME, MY LIFE TO COMPLETE.

(6)
TO EMOTION, TO STRENGTH, TO THE COURAGE THAT I FEEL
TO THE DREAMS OF MY PAST, BELIEF WILL MAKE REAL
TO BEADRE, TO GLIDE, TO MOMENTS, SO FINE
TO THIS TODAY, TAKE MY BREATH AWAY...

Mic 10

Independent Pro-Change

AN ACTIVE COUNCILLOR

VOTE NO. 1
ANNE MCELLISTRIM M.C.C.

FOR CASTLEISLAND / KILLARNEY ELECTORAL AREA



FIANNA FAIL
THE REPUBLICAN PARTY

CHOOSE
**ANNE
MCELLISTRIM**

COMHAIRLEOIR
GNÍOMHACH

Anne McEllistrim a new and young councillor for your area with ten years experience as a member of Kerry Council and having previously represented parts of this new electoral area.

Educated at Maynooth University with a degree B.A. Arts, Higher Diploma in Education. Fourth generation of McEllistrim in politics, granddaughter of Tommy Mac commander of republican forces who fought at Bredford Junction and at Ballyhenack, two incidents of note in the fight for Irish Freedom.

Anne has served at local level on the following committees, Chair of Kerry County Joint Policing Committee, Kerry County Enterprise Board, Roads and Transportation Strategic Policy R.C.C., Kerry County Rural Water, Kerry Education and Training Board, Kerry Airport PLC Board, Governing Body L.T.T.

For a strong active, honest and reliable representation for your area,
Choose Anne McEllistrim, M.C.C.

Contact me at 086 8628451 or e-mail: annemcellistrim@eircom.net.

**MAKE YOUR VOTE
COUNT TODAY**

**"MY WORK SPEAKS FOR ITSELF,
PLEASE ALLOW ME TO CONTINUE"**

Please Vote


NO.1

Cllr. DONAL GRADY

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THE TRUE INDEPENDENT

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Sense Prevail"*

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Web: www.donalgrady.com





Vote No. 1 JOHN O'SHEA

As a Killarney Native & father of two teenagers I want the very best for our community ensuring there is employment plus adequate sports & recreational facilities. I work with An Post & meet many people on a daily basis making me aware of local issues & concerns which motivated me to seek election. I have a track record of over 30 years of community activism, working with organisations & state bodies giving me an understanding how to resolve issues & assist people in sorting their problems.

Our County Manager has gone far & beyond the remit of local Govt. reform moving planning & tidy towns supports to Tralee. The effect will be felt in 2015 & beyond. (other towns like Westport retained their management services)

KILLARNEY WILL NEED STRONG LOCAL VOICES ON COUNCIL

- If elected I promise to work tirelessly to deliver important projects to our town ensuring Rates collected in Killarney are spent properly & transparently in Killarney Area
- Development levies accrued in Killarney are retained for greater Killarney area
- Retention of litter control & landscape services
- Killarney based Tourism Centre & funded marketing strategy
- Reverse the decision by HSE to taken 2nd Ambulance from Killarney
- Adequate funding allocated to mental health awareness & counselling services
- Lobby to have Kerry prioritised in state Fibre Broadband roll out
- Removal of Toxins & chemicals from Kerry Water supplies

I NEED YOUR SUPPORT TO DELIVER

I urge you Think Local & Vote Local

You can contact me @ **087 2348824** **KILLARNEY CANDIDATE**

Email: john.osheaFF@gmail.com | Mobile: 087 2348824 | Twitter: @JohnOSheaFF | Facebook: /JohnosheaFF

I Truly appreciate the hospitality & support given to me on the Election Trail.



VOTE NO. 1
COUNCILLOR
JOHN JOE CULLOTY

Local Election Candidate for
Killarney/Castleisland Area

'A Strong Reliable Voice
Working For You'

- Member of Regional Health Forum South
- Board Member of North & East Kerry Development
- Member of Housing & Social Support Strategic Policy Committee
- Member of Local Traveller Accommodation Consultative Committee
- Member of Kerry Joint Policing Committee
- Chairman of Health & Safety Committee of North & East Kerry Development

087 130 8000

clrjcculloty@eircom.net

John Joe Culloty @clrjcculloty



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A Voice That Cares.

A Voice For Life.

Please Vote

No 1
Gleeson Michael



Ár mBulochas

t: 064 6632767 | m: 087 2130973

michaelgleesonkrc@eircom.net





Golf Classic Launched

PICTURED AT THE LAUNCH OF THE KILCUMMIN GAA GOLF CLASSIC WHICH WILL BE HELD ON SATURDAY JUNE 21ST AT BEAUFORT GOLF CLUB WERE (FROM LEFT BACK ROW) MIKE O'RIORDAN, KILCUMMIN GAA PRO; TONY SUGRUE, KILCUMMIN GAA, PHILIP O'CONNOR, KILCUMMIN GAA, GOLF SOCIETY, JOE COLLINS, KILCUMMIN GAA AND CO ORDINATOR OF GOLF EVENT; ELAINE LARKIN, HEAD OF TAXATION COMPLIANCE & PLANNING SERVICES, TOC ACCOUNTANTS; DJ FLEMING, VICE PRESIDENT KILCUMMIN GAA; BREDAG DUGGAN, KILCUMMIN GAA GOLF SOCIETY; AND JOHNNY DOOLAN, PRESIDENT, BEAUFORT GOLF CLUB. (FROM LEFT FRONT ROW) KEVIN O'RIORDAN, KILCUMMIN GAA CLUB; WILLIE FLEMING (CHAIRMAN, KILCUMMIN GAA) AND PATRICK J. O'CONNOR, MANAGING PARTNER, TOC ACCOUNTANTS, THE EVENT TITLE SPONSORS. PHOTO: DON MACMONAGLE.



RESCUE AT THE GAP: FOLLOWING A SERIOUS MOTORBIKE ACCIDENT IN THE GAP OF DUNLOE LAST WEEKEND, KERRY MOUNTAIN RESCUE TEAM ATTENDED THE SCENE.

TWO MOTORCYCLISTS WERE THROWN FROM THEIR MOTORCYCLE ONTO A DRY RIVERBED WHILE CROSSING A BRIDGE NEAR THE TURNPIKE IN THE GAP OF DUNLOE IN THE LATE AFTERNOON. A HSE AMBULANCE CREW TREATED THE CASUALTIES - ONE MALE AND ONE FEMALE - FOR THEIR INJURIES, BOTH OF WHICH WERE SERIOUS. BOTH CASUALTIES WERE STRETCHERED FROM THE RIVER BED BACK ONTO THE ROAD BY MEMBERS OF KMRT. THE SHANNON-BASED IRISH COAST GUARD HELICOPTER ALSO RESPONDED BUT COULD NOT AIRLIFT THE CASUALTIES FROM THIS LOCATION. THE HELICOPTER LANDED IN A FIELD IN THE GAP OF DUNLOE AROUND ONE MILE NORTH OF THE ACCIDENT SCENE. THE FEMALE CASUALTY WAS STRETCHERED TO THIS POINT BY KMRT FROM WHERE SHE WAS AIRLIFTED TO KERRY GENERAL HOSPITAL. THE HELICOPTER RETURNED A SHORT TIME LATER AND AIRLIFTED THE MALE CASUALTY TO KERRY GENERAL HOSPITAL.



JOAN GOODWIN, KILLARNEY, CELEBRATING HER BIRTHDAY RECENTLY.



JUNIOR AND SENIOR INFANTS FROM COOLICK N.S. ENJOYING THE WONDER OF NATURE ON A WALK IN MUCKROSS TODAY IMMERSSED IN THE COLOR OF BLUEBELLS.



GERALDINE HUNT PALLAS LISTOWEL AND JAMES ERRAUGHT MEENALA BALLYMACELLIGOTT WHO WERE MARRIED IN THE CHURCH OF ST FINBARRS ORATORY, GOUGANE BARRA. AND HELD THEIR RECEPTION IN THE CASTLEROSSE HOTEL KILLARNEY. BRIDESMAID ASHLING BRASSIL LISTOWEL, BEST MAN JAMES CORRIDAN TRALEE. PICTURE BY PAUL KEELING PHOTOGRAPHY.

VISION

NETWORKING

"To promote and enhance local business through co-operation, exchange and support"



Members of Vision Network at their recent meeting.

Who are we?

Vision Networking is a referral Networking Group where business people in Kerry have an opportunity to meet in a relaxed environment on a regular basis. The group consists of sole traders, small to medium businesses and middle Market companies. Vision Networking meets every Tuesday morning at 8am in The Brehon Hotel.

Benefits

- Increase your business profile through our person-to-person connections and our website and Facebook platforms
- Free advertising through Vision Networking promotions
- Attendance at Vision Networking meetings will raise your profile as you will connect with a diverse range of business professionals committed to enabling each business to thrive and flourish
- Receive business referrals and share connections with group members in a relaxed professional setting
- Opportunity to network with other like-minded groups in Munster

Unique Membership

Our network permits only one member to represent each business category. This creates a non-competitive setting which is more conducive to an effective referral system.

New members always welcome. Join us for your first two meetings free of charge!

www.visionnetwork.ie



Vision Network



Peter O'Leary Office Requirements

Mob: 087 2685133 Tel: 064 6637377 polor@eircom.net

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Daryl McGillicuddy

Mob: 086 4418829 Tel: 066 9794798 darylmcgillicuddy@gmail.com

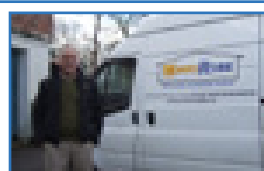
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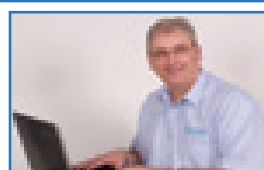
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iwebsolutions

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• APPI Pilates Classes • Neurological Rehabilitation **Ruth Allen MISCPC Chartered Physiotherapist**

Vision Networking

We meet every week on Tuesday at 8am in the Brehon Hotel

ALL of our membership fees are ploughed back into our Vision Networking group.

Funds are then used to:

- Provide training tailored to the needs of our members
- Engage guest speakers to share their knowledge and business experience
- Advertise in local media
- Promote the Vision Networking profile to increase business for our members
- Support local enterprise

Working Members



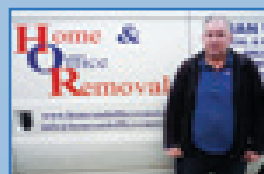
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Rory McGillicuddy BSc(Eng) MIEI

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John Breen Accounts Management

Mob: 087 2801980 jbbks@eircom.net

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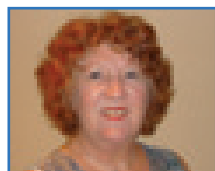
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Mark Noonan Commercial Insurance Account Manager

Mob: 085 1507233 marknoonan@mig.ie

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Vision Networking

Vision Networking is a referral Networking Group where business people in Kerry have an opportunity to meet in a relaxed environment on a regular basis. The group currently consists of sole traders, small to medium enterprises and middle market companies.

Ideas are exchanged among members and lasting business relationships are developed. We share business objectives, discuss potential opportunities and encourage a mutual understanding of each other's business.



Networking following one of the weekly meetings creates great business contacts.



Vision Network also provides training on social media for all its members.

Pictures by Maire Carroll-O'Sullivan.

How to Join

Only one member is allowed to present each business category. This creates a non competitive setting which is more conducive to an effective referral system.

Membership Process

Guests are invited by members on an individual basis to attend a meeting. As a guest, you have the opportunity to speak to the group and to distribute your business cards. A guest may attend two Vision Networking Meetings before he/she can apply to be admitted as a full member.

If a guest wishes to become a full member of the group he/she needs to complete an application form which is reviewed by the group and providing there is no conflict of business interest with existing members, the person will be admitted as a full member.

If you are interested in joining **Vision Networking** please contact any of our members, visit our website www.visionnetwork.ie or email Diarmaid O'Mahony, our Guest Co-ordinator: diarmaid@kerryelectrical.com

New members always welcome. Join us for your first two meetings free of charge!

www.visionnetwork.ie



SUMMER SALE AT WISTERIA

Wisteria, one of Killarney's top fashion houses has exclusively secured the fashion collection VLabel in Kerry. This amazing retro look is very affordable and allows you invent your very own look with minimalistic style. VLabel is sister brand to Virgos Lounge.

The boutique, which is situated on High Street stocks a number of other ranges including Jessica Wright, Kling, Traffic People, Closet, Yumi/Uttam, Fever, Smash, Skunkfunk.

Wisteria is currently running a mid summer sale with up to 50% off selected lines.

For further information contact Maureen or Shirley at Wisteria on 086 0896415





55 High Street Killarney
086 089 6415 | www.wisteriaboutique.ie
wisteriaboutiquekillarney@gmail.com

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UPTO 50% OFF

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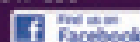
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086 8612705

Special Summer Offers

Available from May - August

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Half Head Highlights and Cut	Was €65	Now €60
Colour and Flood and Cut	Was €60	Now €55



SARAH JAYNE

LINGERIE NIGHTWEAR SWIMWEAR LEISUREWEAR

SUMMER INVISIBLE RANGES

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GIFT VOUCHERS AVAILABLE



FIRST YEAR ANATHOLOGY

The KCC English Anthology was an initiative that encouraged every first year student within the school to produce their own book. Each student was required to pen a short story, poem, piece of descriptive writing and research an Irish writer. Students all wrote a small drama as a class and acted it out amongst their peers. By the end of the process every student had produced their own book and can claim they are now published authors! a selection of stories, poems and descriptive samples were then compiled to create an overall anthology. The aim of the initiative was to encourage students to write more outside of school for fun and as a hobby. The students were helped by Kerry Writer Gabriel Fitzmorris who gave a number of workshops and also helped to launch the book at the official launch in the school on Monday 19th May 2014.



FRONT L-R: CIARAN MCCLARENCE, PADRAIG SCOTT, KATIE GAFFEY, KIERAN THOMPSON, KELLY ANNE AHERN, MS. ANN O'DWYER (EO OF KERRY ETB), MR. GABRIEL FITZMORRIS. BACK L-R: MR. CIARAN GALLAGHER (TEACHER), MR. BRIAN O'REILLY (TEACHER), MS. FIONA O'BRIEN (PRINCIPAL), MS. LORRAINE COSGROVE (TEACHER)

MEP VISITS ST. BRENDAN'S BY DARAGH BEESTON, HARRY ALLEN, SEAN CAHILL AND CIAN GAMMELL



SEAN KELLY SPEAKS AT ST. BRENDANS.

On Friday, 2nd of May, a Minister of European Parliament, Sean Kelly, a past pupil and teacher of St. Brendan's College came into the school to talk politics. To every 2nd year, this would be their worst nightmare. However, we collectively decided to give him a chance and learn what it's like to be a member of European Parliament. We asked him many questions ranging from the Ukraine crisis to Sky Sports broadcasting GAA matches and the effect that has on us as a country.

He started his speech by taking about what his job as an MEP entails. He said that he has to be in his 'constituency on the weekend and Brussels on the weekdays'. In Brussels he has the task of voting which legislations are made into law. Mr Kelly related an interesting statistic, that 85% of Irish law has gone through Brussels. Sean Kelly became involved in politics a number of years ago when Enda Kenny requested he run for Dáil, twice. Initially declining, he later reluctantly accepted to run for MEP. When asked what political group he is involved in, he replied, 'The EPP, European People's Party'.

Another highly important subject was talked about by Sean Kelly that of the Ukraine crisis. When we asked his opinion on this sensitive subject he first replied by saying that, "It is very



SEAN KELLY PICTURED WITH JIM O'BRIEN AND ED O'NEILL ALONG WITH STUDENTS AT ST. BRENDANS COLLEGE THIS WEEK.

dangerous". Sean Kelly pointed out how fragile and vulnerable peace is, and how this current conflict could cause deterioration of the relationship between the EU and Russia. He also stated that this could take ten to twenty years to resolve. But what repercussions does this crisis have on us, the people of Ireland? Well it's all down to gas. The EU is going to severely reduce their involvement in trade with Russia. This means that our gas supply from Russia, that's currently around a third of our natural gas, will be reduced dramatically. The MEP from Kilcummin continued by talking about the new developments in the EU. The first of which is the LSG plant in Shannon. After inquiring about when he thought the project would be finished he replied that he had talked to the chairman of the EU regarding this subject. He said that originally the plant was not very high on the priority list for the EU. However, after talking to the chairman he said the project got prioritized.

Another exciting development is that of roaming charges, which he stated that the

European Parliament desires to completely abolish. He reasoned that we all can travel without obstruction in the EU with our passports but yet to go abroad to text or call anyone costs a lot of money. The MEP continued to say that this is unfair; he also said that charges to call abroad will be reduced gradually and eventually done away with in a matter of years.

On a more light-hearted note, we requested Sean Kelly's opinion on Sky Sports broadcasting GAA matches. He expressed his surprise that the County Boards were never consulted regarding this. He stated that it is good, as a large part of Irish culture is being promoted abroad. He agreed, though, that it's unfair on people who either don't want or cannot afford Sky services.

In the end, everyone was delighted by Sean Kelly's visit, and all of the students present were honoured by the educational yet interactive talk from an incredibly kind and friendly man. We wish him the best in the upcoming elections.



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LEANNE O'MEARA, FIRIES NS WHO MADE HER HOLY COMMUNION ON SATURDAY.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



DARA O'SHEA (RIGHT) WITH HIS DAD JOHN AND TWO BROTHERS L-R NEIL & LUKE, ON HIS COMMUNION DAY AT THE MALTON HOTEL. PICTURED PROUDLY WITH THE WINNING CUP OF THE U12 KERRY DISTRICT LEAGUE FOR KILLARNEY CELTIC. DARA'S BROTHER NEIL (CENTRE) CAPTAINED THE WINNING TEAM. A DOUBLE CELEBRATION FOR THE O'SHEA'S. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ROBBIE HARNETT, THE MONASTERY BOYS NATIONAL SCHOOL, WHO MADE HIS COMMUNION ON SATURDAY PICTURED HERE WITH HIS DAD BRENDAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



BEN DOWNES, CASTLEMAINE WHO MADE HIS FIRST HOLY COMMUNION LAST WEEKEND PICTURED WITH HIS BROTHER DANIEL.



ALICIA KEANE, GAELSCOIL FAITHLEANN, WHO CELEBRATED HER COMMUNION OVER THE WEEKEND. PICTURED HERE WITH HER LITTLE SISTER KAYLEIGH KEANE AT THE QUALITY HOTEL. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



BENJAMIN MENDOZA, FIRIES NS WHO CELEBRATED HIS COMMUNION WITH HIS FAMILY L-R HIS SISTER ARIENNA, DAD ALBERTO, SISTER SOPHIA & MUM ELYSE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



CATHAL O'DONOGHUE, FAHA NATIONAL SCHOOL, WHO MADE HIS FIRST HOLY COMMUNION IN LISTRY CHURCH ON MAY 10TH.





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KILCUMMIN NEWS

KILCUMMIN RURAL DEVELOPMENT: There will be an important meeting in the Rural Development office on Thursday, May 29th at 8pm. Any parish group or organisation that wishes to avail of the CE Jobs Scheme should appoint a representative to attend.

KILLARNEY LIBRARY: Kerry Archaeological and Historical Society will hold a lecture entitled "The Elizabethan Campaign with reference to Dún an Óir" at Killarney Library on Tuesday 27th May at 7.30pm. The lecture will be delivered by Professor Ben Kiernan of Yale University, USA. Free admission. All welcome.

COOLICK NS CYCLE: Get on your bike in aid of Coolick National School on 7th June 2014 for a serious cycle or a fun family day. Choice of routes available 100km, 60km, 40km and a 4km kids walk. Entry fee €20 for all routes family rate of €35 registration at Kilcummin GAA Club in Friday 6th June 7pm – 9pm. Saturday 7th June 8.30 – 10.15am. Cycle starts at 10.30am.

Refreshments provided on the day. For more information and regular updates follow us on facebook; coolicknationalschoolcycle or twitter; #CoolickNSCycle

KILCUMMIN GAA:

CO LEAGUE RD 5 DR CROKES V KILCUMMIN. Dr Crokes proved far too good on the night and finished up comfortable winners despite a spirited second half and two goals courtesy of Jamie O'Sullivan and Ian Devane, Donal Maher and Sean Brosnan impressed in defence. Our next outing in the Co League is a home test against Finuge on June 15th.

IMPORTANT CHANGE OF FIXTURE: Shannon Rangers v Kilcummin in Rd 1 of the County Championship will now take place on Sunday June 1st in Listowel at 2pm as part of a double header.

CONGRATULATIONS: Congratulations to our Junior team who won the East Kerry Junior league with victory over Rathmore in Dieren on

Tuesday last.

CO. JUNIOR LEAGUE: Co Junior League continues on Friday evenings with our next outing on this Friday v Austin Stacks in Connolly pk at 7.30pm.

SYMPATHIES: The sympathies of the club are extended to Aine and Shane O'Callaghan on the death of Aine's father Paddy McGrath, Killeagh, Co. Cork. May he rest in peace.

MASTERGEEHA F.C. LOTTO: There was now winner on Friday 16th May. Numbers drawn were 1, 10, 18 & 20. Consolation prizes were €100 Cian, Paudie & Adam O'Connor, Dromid; €60 Pat O'Sullivan, Gortagullane, Muckross; €30 Joey & Keenan McCarthy, Kilbrean; €30 Louise Fitzgibbon, c/o Jimmy Brien's Bar; €30 Dan O'Sullivan, Dooneen, Kilcummin. Draw every Friday night in The Village Inn, Kilcummin. Jackpot now €11,550.

BEAUFORT NEWS



PUPILS FROM KILGOBNET NATIONAL SCHOOL IN BEAUFORT PICTURED AT THEIR FIRST COMMUNION DAY IN ST. MARY'S CHURCH BEAUFORT ON SATURDAY LAST WITH THEIR TEACHER MS. MARY ANN LEANE AND FR. DONAL O'CONNOR PP. PIC BY OUTLOOK PICS.

COMMUNITY GAMES: Beaufort community games athletics day was held in The G.A.A. Field on Saturday May 10th. All races were keenly contested as athletes competed for sprints, middle distances and field events. The Tiny tots competed in the first finals despite the inclement weather conditions. Results in first, second, third and fourth places were as follows:
U-8 60M GIRLS: Lori O'Connor, Marina Egar, Amy Breen & Alicia Coffey. **BOYS:** Éanna Coffey, Thomas Healy, Killian Slattery & John Murphy.
U-10 100M GIRLS: Lola Eagar, Aoibhinn Coffey, Ellie Mangan & Sinead Barrett. **BOYS:** Joshua Coffey, Donncha Coffey, Darragh O'Connor &

Shane Galvin. **U-12 100M GIRL:** Juliet Murphy, Ciara Casey, Adele O'Brien & Meadhbh Kissane. **BOYS:** Niall Carey, Marc O'Sullivan Rousse, Sean Kissane & Adam Neary. **U-14 100M GIRLS:** Fiona Doyle. **U-8 80M GIRLS:** Lori O'Connor, Amy Breen, Marina Egar & Alicia Coffey. **BOYS:** Thomas Healy, Éanna Coffey, John Murphy & Killian Slattery. **U-10 200M GIRLS:** Lola Eagar, Aoibhinn Coffey, Sinead Barrett & Ellie Mangan. **BOYS:** Joshua Coffey, Shane Galvin, Darragh O'Connor & Donncha Coffey. **U-12 600M BOYS:** Patrick Galvin, Niall Carey, Sean Kissane & Marc O'Sullivan Rousse. **GIRLS:** Kerry Eagar, Juliette Murphy, Adele O'Brien & Ciara

Casey. **U-14 800M GIRLS:** Fiona Doyle. **U-10 HURDLES 60M GIRLS:** Lola Eagar, Ellie Mangan & Mollie Gabbett. **BOYS:** Joshua Coffey/Shane Galvin, Ciaran Doyle & Darragh Foley. **U-14 HURDLES GIRLS:** Fiona Doyle. **Ball Throw U-12:** Sean Kissane, Kieran Cronin, Niall Carey & Sean O'Sullivan. Long Puck U-12: Adam Neary, Sean Kissane, Patrick Galvin & Marc O'Sullivan Rousse. Sincere thanks to GAA for providing their facilities for this event.

CROSS COUNTRY: The County Cross Country and Dualthon events were held in Dennehy's Field, Beaufort on Sunday last. Beaufort athletes who competed were Kerry Eagar and Patrick Galvin in the U12 600m, Niall Carey in the U12 400m and Fiona Doyle in the U14 700m. Kerry who is still under age next year ran well but finished outside the medals. Niall Carey finished in fourth place while Patrick was in fifth place. Both boys performed well in their respective races. Fiona got a gold medal and she will form part of the Kerry relay team in the national finals in August. Again sincere thanks to the Dennehy's for providing their field for this event.

BEAUFORT TIDY TOWNS: Do you want to make a difference and take pride in your place? Well if so, we would love to see you every Tuesday at 7pm, meeting at the Barracks in Beaufort, for one hour. With only a few weeks to adjudication, a lot of work needs to be done. If you can not make our Tuesday evenings but would still like to make a difference, a full list of jobs are on Beaufort.ie, for our grab-a-job initiative. Come along on Tuesday at 7pm and bring a friend.

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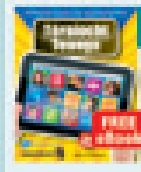
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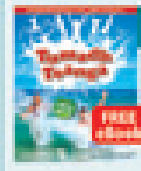
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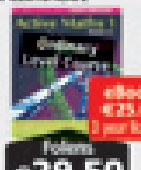
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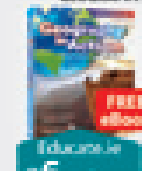


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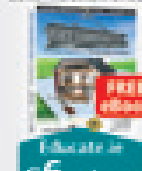


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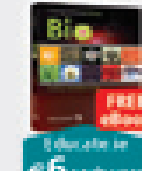


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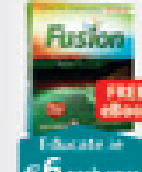


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SPA NEWS

COISTE NA NOG: U14B final Spa 4-7 Dr. Crokes 3-10: Spa played their neighbours away in this highly entertaining final on Wednesday night. Great defensive displays by Conor Brosnan, Daragh O'Leary and Michael Horgan kept Dr Crokes at bay whilst goals by Ryan Kelliher and Cian Murphy gave the boys in blue the lead. However Crokes boys get stuck in at the end of the first half to race into a 2.7 to 2.2 lead at half time. This is where Spa showed their character by never giving up. A Michael Kearney goal brought the Blue side of the town within a 4 points with 10 minutes left. Great running by Tomas Cronin drove Spa on when finding Ryan Kelliher who bulletted to the back of the net. With time nearly up Cian Murphy swung over the all important equaliser to force the game to a replay, that'll be played on Monday night in Fitzgerald Stadium.

LADIES FOOTBALL: Full schedule for the ladies this weekend.

U12 GIRLS: Played away to Dingle and won comprehensively. Sarah Fleming scoring 4-6 on the night was remarkable for any youngster. She was assisted on the scoreboard with equally impressive scores by Louise Fleming 0-1, Laura Fleming 0-1, Mairead O Donoghue 1-0, Elena O Donoghue 1-1, Jenny McCarthy 2-0 and Liadh Beazley 0-1.

U14 GIRLS: Played away to Ballyduff and came back as winners on the night with another high scoring game. Again Sarah Fleming scoring 3-1 on the night. Bringing her tally over the weekend to a whopping 7-7. I suppose it must be in her DNA! Also on target was Lauren O Connor 1-1, Elena 1-0, Megann Cronin 0-2, Mairead Bennett 1-2 and Eimear Beazley. Captain Aoife Sheehan (birthday girl) was outstanding on the night taking charge of

defense.

U16 GIRLS: We failed to field a team due to various reasons against John Mitchells.

SENIOR LADIES: Lost to John Mitchells at home Sunday morning. Down some of our panel on the day but not taking away from the Tralee side who took their chances at goal and were on target each time. Definitely a game of goals that we just couldn't convert on the day. This loss means we placed 3rd on the table missing out in a spot for the division title. No doubt we'll build from this and get stronger over the summer with a full panel.

SENIOR CO. LEAGUE: Spa 1-11. Skellig 0-12 Spa seniors earned two valuable points in Portmagee last Sunday. Spa found themselves behind by four points after just ten minutes play. Craig Hickey opened up proceedings in the twelfth minute while Patrick Cronin and Michael O'Donoghue added further scores to reduce the deficit. Kerry minor captain Dan O'Donoghue and fellow Kerry minor Liam Kearney played excellently throughout. Andrew Garnett put in another great performance and was assisted by strong runs from Aidan Cahill and Eoin Cronin. Scores from Ryan O'Carroll and the very impressive Patrick Cronin saw Spa leading by the minimum at half time. The second half opened with good points from Andrew Garnett, Patrick Cronin and Cormac Cronin. However, in typical South Kerry fashion Skellig responded with four points to take the lead again. A goal by Craig Hickey with ten minutes remaining and two super long range kicks by Michael O'Donoghue sealed a two point victory for Spa. Well done to the lads and best wishes to all involved in the county championship next weekend. We wish Paul Russell a speedy recovery.

JUNIOR CO. LEAGUE: Spa were defeated at home by an Ghaeltacht last Friday night.

Team: Jim Morris, Conor Cronin, Brendan Lynch, Dave Devane, Alan Cronin, Conor O'Callaghan, Ronan O'Sullivan, Timmy Hussey, Corey Doyle, Conor Gleeson, Niall McLarnon, Dan O'Sullivan, Rob Cremin, Conor Riordan, Aaron Farrell. Next game is away to Milltown/Castlemaine next Friday May 23rd.

Good luck to all Spa players on the East Kerry Senior panel v Legion on Saturday May 31st at 6.30pm in the opening round of the Co. Championship.

LOTTO RESULTS: No jackpot winner in the Killarney Heights. Numbers Drawn 3,4,8,11.

Lucky dips TJ and Ivor Flynn, Ballaugh, Susan Murhill, Mill Rd, Muckross, Tony Nally c/o Mick O'Connell, Cormac and Pdraig O'Sullivan Rathmore.

€10,800 next week in the Killarney Oaks Hotel.

MERCHANDISE SHOP: Will be open on Friday evenings from 6.45pm to 8pm and on Saturday mornings from 11am - 12.15pm. Sale now on with up to 30% off on selected items.

Any enquiries please contact Mathilda on 0876487356.

LILY OF KILLARNEY: Will be held this year on May 30th in Killarney Heights Hotel @ 8pm. Tickets €20. Change of format. Buffet/dance this year. Music by Celebration. We would encourage everyone to support this social event and one of our major fundraisers. Please contact Mags Brosnan for tickets (087) 771 4516.

CUL CAMP: Registration forms in clubhouse now. Spa will be hosting a football camp once again August 4-8.

FOSSA NOTES By Gene Moriarty

FOSSA GAA: Fossa Lotto 18/05/2014:

Numbers Drawn: 3, 5, 8, and 18

Jackpot: €4,500. No Jackpot Winner:

Consolation Prizes 5 x €40: John Leane c/o OKI; Ann Mangan, Ardlahas; Derek Moynihan, 26 Elm Grove; Stephen O'Shea c/o Timmy Cronin Carpet; Marie O'Connor, Firies.

New Jackpot: €4,650.

Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, Foley's Spar shop Fossa, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night May 25th 2014 at the Golden Nugget Fossa at 11p.m.

COISTE NA NOG: Our Under 12s got off to a winning start to a winning start in Division 2 of Phase 2 of the County League, the A team beating Kenmare 5-10 to 5-08 and the B team winning against the same opposition 5-11 to

2-06.

LADIES FOOTBALL FOSSA GAA LADIES FOOTBALL FUNDRAISER: Fossa will now go on to represent Kerry in the National Féile

Peile na nÓg final in Westport 27th to 29th June. They are holding a table quiz in the Old Killarney Inn on Friday 6th June at 8pm, tables of four €40, juveniles €20. Your support would be much appreciated.

ATHLETICS: Gneeveguilla AC will hold Athletics training at the Old Fossa Sports field every Thursday evening from 6:00pm to 7:00pm until further notice. The next session takes place on this Thursday May 22nd. All girls and boys born in the year 2005 or any year before that, are very welcome to come along and take part.

CONRADH NA GAELIGE: Tionol na Mumhan 2014 (Irish Language Weekend) 6-8 Meitheamh

Ostán Travel Inn Fossa. Also Keel/Castlemaine Campa Samhraidh 30th June-4th July 10am-3pm daily, 9-15 year olds at Keel GAA grounds. Celebrate and cultivate love of Irish language. Tel 0872586374.

Killarney Library Kerry Archaeological and Historical Society will hold a lecture entitled "The Elizabethan Campaign with reference to Dún an Óir" at Killarney Library on Tuesday 27th May at 7.30pm. The lecture will be delivered by Professor Ben Kiernan of Yale University, USA. Free admission. All welcome.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at beniska@utvinternet.com Please forward information on or before Sunday at 10:30am.

IF YOU HAVE A STORY...

Contact Aisling on **086 0400 958** or Email: editorial@outlookmags.com

KILLARNEY PEOPLE ENJOY THE MAYORS BALL

Pictures by Marie Carroll-O'Sullivan 087 301 4808



ENJOYING THE MAYOR'S BALL AT THE MALTON WERE FRONT ROW L-R SUE McDONAGH, EILEEN O'CONNOR, PAULINE LYNE & MIRIAM HORGAN. BACK ROW L-R MIKE McDONAGH, MICHAEL O'CONNOR & TIM HORGAN.



ENJOYING THE MAYOR'S BALL AT THE MALTON WERE BACK ROW L-R DENIS O'REGAN, JOANNE O'REGAN, JIM FITZMAURICE, SINEAD THORNTON & ANDREW THORNTON. FRONT ROW L-R DEBORA SUPPLE, MAUREEN FITZMAURICE & BRIDIE SHEEHY.



ENJOYING THE MAYOR'S BALL AT THE MALTON WERE FRONT ROW L-R NOREEN MCCARTHY, MARY MCCARTHY & LOUISE MCCARTHY AND BACK ROW L-R KEVIN CURTIN & TOM MCCARTHY.



ENJOYING THE MAYOR'S BALL AT THE MALTON WERE L-R JOHN & MARGARET MCCARTHY & PEGGY & IAN WATSON.



THE CLIFTONS ENJOYING THE MAYOR'S BALL AT THE MALTON,. BACK ROW L-R EOIN, JOHN, EBONY DWYER, CAOIMHE AND IN FRONT L-R NEISHA & MARIA.



ENJOYING THE MAYOR'S BALL AT THE MALTON WERE L-R DENIS GEANEY, MARY O'CONNOR, JOHN O'SULLIVAN & MARIE KEHOE-O'SULLIVAN.



MAYOR PADDY COURTNEY WITH MEMBERS OF HIS FAMILY INCLUDING THE NEWEST ADDITION, BABY JAMIE COURTNEY.

GLENFLESK NEWS WITH DONAL KELLY

COUNTY LEAGUE DIV 3: The Glenflesk Senior team, sponsored by Molly Darcy's, drew with Lispolie in the fifth round of the County League in Glenflesk on Saturday May 17th, 11 points a piece. Glenflesk with the benefit of a slight breeze had the better of the opening half, and led by 0-6 to 0-4 at half-time. Both sides enjoyed periods of dominance in a tight second half with the lead changing hands several times. Lispolie looked to have won the game as the clock ticked into injury time before a Jeff O'Donoghue free rescued a draw for Glenflesk.

LOTTO: Glenflesk GAA Club Lotto draw was held on Monday the 12th of May 2014, in Spillanes. Jackpot: €3,200. Numbers drawn: 4, 6, 11, 19. No Winner. **€50 EURO DRAW:** First draw: Moss Harmon, Lewis Rd. Second draw: Tom Carroll, Irish Rail. Third draw: Paula Guerineau, Cools, Headford. Fourth draw: Betty Healy, Barraduff. Next GAA club lotto draw will be held on Sunday the 25th of May 2014, in The Corner Bar, Jackpot: €3,400.

MINOR COUNTY LEAGUE: The Glenflesk Minor team were defeated by Knocknagoshel/Brosna in the final of the minor county league on Wednesday May 14th in Castleisland on a scoreline of Glenflesk 2-10 Knock/Brosna 3-14. A strong first-half performance saw Glenflesk lead by 1-9 to 0-8 at half-time, the goal

scored by Luke O'Sullivan. Although Glenflesk stretched their lead to five points early in the second half, thanks to a goal from Lee O'Donoghue, the game then swung decisively in favour of the opposition thanks to two goals in quick succession, and they held the lead to the final whistle.

JUNIOR COUNTY LEAGUE: The Glenflesk Junior team defeated Beaufort in the first round of the Junior county league in Glenflesk on Friday May 16th. Leading by 2-4 to 0-4 at half-time, Glenflesk fought off a spirited second-half Beaufort comeback to claim the spoils on a scoreline of 2-9 to 1-8. The junior team face games against Dr. Crokes, Renard, Dromid Pearses and Skellig Rangers in this division.

GLENFLESK U12S: The second phase of the U12 competition kicked off on Sunday May 18 when Glenflesk travelled to Castlegregory. The first team won on a score of 5-8 to 3-12, while the second team were narrowly defeated on a score of 5-8 to 4-8.

BARRADUFF NS CYCLE: A sincere thank you to everyone who participated in last Sunday's 80km cycle in aid of Barraduff National School in slightly damp conditions. Approximately 170 cyclists completed the route safely. A special word of thanks goes to all the teachers, parents and volunteers who pitched in to make the day

such a success. We are also particularly grateful to all the local businesses who supported the event: John Dan's bar Barraduff, O'Donoghue's Costcutter Barraduff, O'Sullivan Cycles Killarney, Paddy O'Keeffe's Gattabawn, and Whytes Centra Kenmare. Thanks also to the Order of Malta for their assistance.

GLENFLESK PARENT AND TODDLER GROUP: The Glenflesk parent and toddler group are now meeting every Friday morning between 11am and 1pm in St. Agatha's community hall, Glenflesk. We offer a fun, safe and relaxing environment for non-school going children and their parents. With plenty of toys to suit all ages and a cup of tea for the adults, this is a great opportunity for kids to play while mom or dad has a chat. The group also extends a warm welcome to grandparents and childminders and we have facilities for babies too. For more details contact Marguerite on 087-2839483 or Paula 087-6807803.

RAHEEN NS: Congratulations to Ann Kelliher who had the winning lotto number 18 on Saturday 17th May.

CONTACT: We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Sunday.

RATHMORE /GNEEVEGUILLA NEWS By Michael O'Mahony

GNEEVEGUILLA LA NA GCLUB will be held on May 25th. There will be Mass in the Club on the day followed by the opening of our new pitch. The McCarthy Cup won by the Clare Hurling Team will be on display on the day. Everyone invited on the day with fun and games on the Football Field. B-B-Q also available.

"GIVING FOR LIVING" CD FOR SALE.

Hickey's Centra - O'Keeffe's Esso - McCarthy's Londis

All proceeds to South Kerry Parkinson's Association.

Thank you for your support.

SYMPATHY: to family and friends of John Joe Dineen, Shinnagh Rathmore, who died recently. May he Rest In Peace.

ANNUAL SHEILA MOYNIHAN WALK: in aid

of the Kerry hospice will be held in Rathmore on Sunday 25th May, 2014. Sponsorship cards available from Donal O'Keeffe, on 087 2996003, or a registration fee of your choice will be taken on the day.

GNEEVEGUILLA BASKETBALL CLUB: We are holding a Scrap Metal Collection on Saturday 7th June as part of our fundraising. Full details of drop off point and times will be available next week. We would very much appreciate your support. Please contact 087 - 2685448 for further details or if you need any assistance having items collected.

SLIABH LUACHRA COMHALTAS: Fleadh Cheoil Ciarraí will take place in Cahersiveen from the 18th to the 22nd June; closing date for entries is on or before the Friday, 16th May.

Fleadh Entry Forms can be got by contacting Maureen Dalton on 087 2871357.

LOCAL ELECTION CANDIDATES; they two candidates from parishes Lynda Horgan of Gullane, Gneeveguilla The constituency secretary of Kerry TD Tom Fleming is to stand as Independent candidate And Niall Kelliher Rathmore as Fianna Fáil candidate in the eight-seat Killarney Electoral Area in local election. This Friday May 23th, we wish Lynda and Niall and all candidates standing in local & European elections the very best of luck.

NOTES: If anyone has any information they would like to add to the notes, please email Michael O'Mahony (michaellomahony@eircom.net) or ring on 087-6676817 before 6:00 on Sunday.

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS: Sunday 18th May, 2014. Winning Numbers 8, 16, 22, 26 Jackpot €6,950 Not Won.

1x€100 Karl Keohane c/o T. AHern

2x€50 Eimear Quirke. Laharn

Diarmuid O Riordan, 8 Castlefalls

2x€25 Tangney's & O'Donoghues

John O Donoghue c/o Maura K.

Draw Entrant Clodagh Brosnan, Kilbonane.

Jackpot next week. Sunday 25th May €7,100

LISTRY SOCIAL COMMITTEE: We wish to remind seniors in the Listry/Milltown and

surrounding areas that the next social day out in Killorglin Golf club on Tuesday 29th May 2014. The usual bus service will operate and start collecting passengers at 10.30 approx.

Get your weekend off to a **bright** start with the **KILLARNEY Outlook**
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Any information contact: **087 0681278**

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RECIPES OF THE WEEK

PASTA WITH SALMON AND PEAS

Pasta and fish are a great combination

This quick and easy dinner recipe is also healthy and delicious, what more could you want from a meal! This recipe is also great for other types of fish such as mackerel or even prawns.

Serves 4 Adults

INGREDIENTS

- 350g / 12½ oz. of dried spaghetti
- 1 tablespoon of olive oil
- 240ml / 8½ fl oz. of water
- 1 handful of fresh parsley
- Fresh ground black pepper, to taste
- 400g / 14 Oz. of salmon fillets
- 300g / 10 1/2 oz. of fresh or frozen peas
- 1 lemon, juiced

METHOD

Half-fill a large saucepan with water and bring to the boil

Cook the pasta until firm, not too soft - the packet should have cooking times

While that's cooking, cut the salmon into cubes

Heat the olive oil in a frying pan, and then add the salmon

Cook the fish for around 5 minutes – it should change colour but not go brown

Add the peas, water and parsley to the pan and cook for a further 2 minutes

Add the pepper and lemon juice; check according to taste. When the pasta is cooked, tip out all the water, and then add it to the pan with the sauce

Toss the spaghetti lightly in the sauce, then serve straight away

SERVING SUGGESTIONS

Serve with a light and crispy side salad



COFFEE CAKE

INGREDIENTS

- 225g Margarine
- 225g caster sugar
- 4 eggs
- 225g plain flour
- 1 tsp baking powder
- 1 strong espresso or 4-5 tbsp coffee essence

INGREDIENTS - COFFEE BUTTER ICING:

- 100g Margarine
- 220g Icing sugar
- 1-2 tsp coffee essence or strong coffee.

INSTRUCTIONS

Preheat your oven to 180°C/350°F/Gas Mk 4.

Grease and line a 20x30cm cake tin.

Take a small bowl and whisk all four eggs

together until blended.

In a second small bowl, sieve your flour and baking powder together.

In a larger mixing bowl, beat 225g of margarine and sugar together until pale and fluffy.

Add your whisked eggs into the larger bowl, bit by bit, mixing until blended each time.

Now add your sieved flour and baking powder, again a bit at a time until blended.

Finally, stir in your coffee until everything is well combined.

Pour your cake mix into the prepared tin and place in the preheated oven.

Bake for 35-40 minutes, until the cake is firm to touch and has slightly shrunk in from the sides of the tin.

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While it's baking, you've plenty of time to make your icing. Simply beat the remaining 100g margarine together with the icing sugar and coffee until blended.

Once your cake is ready, remove from the oven and allow to cool on a wire rack before spreading the top with icing.

Slice and serve; keep any remaining cake in an airtight tin in your kitchen cupboards – and listen out for rattling!

GAA CLUB CALL

Deadline: Monday 3pm Email : editorial@outlookmags.com



MILLTOWN/CASTLEMAINE

LOTTO: The next draw will take place on the 23rd of May in Jack Duggans Bar, when the jackpot will be up to €7,600.

Tickets available from local businesses. Thank you for your support.

SENIORS: The Seniors play West Kerry in the Senior County championship next Sunday.

JUNIORS: The Mid Kerry Junior final is fixed for May 27th in Cromane at 7pm, the juniors also had a successful start to the county junior league with a 3-11 to 3 pt win over Scart/Cordal

U-14'S: The U-14 Cup Quarter Final go ahead on Wednesday 21st May @ 7.30 PM Kenmare V Mid Kerry in Kenmare.

MID KERRY GAA NEWS

Junior League Final sees Beaufort take on Milltown/Castlemaine on Tues night 27th at 7pm in Cromane (extra time if needed). Man of the Match award for this game is kindly sponsored by Almas Takeaway Milltown.

Lee strand u14 District Championship rd 1 saw Mid Kerry advance to the Cup Quarter Final defeating South Kerry on a scoreline of 3-13 to 0-07. They now are away to Kenmare on Wed night 21st at 7.30pm (extra time).

U8's blitz continue this thurs night 22nd at 6.30pm in Keel.

Garveys Supervalu Senior Football Championship rd 1 sees Mid Kerry travel to Castleisland to take on St. Kierans on Sun June 1st at 2.30pm.

LEGION NEWS

Last Saturday evening our senior team travelled to Kenmare for round 5 of the County league and came away with two valuable points. The groundwork for this victory was laid in the first half as the Kenmare defence just couldnt cope with the double threat of Conor Keane and Thomas Moriarty as the duo evenly shared 2-06 in the opening period. David O'Sullivan chipped in with a fine point to leave the halftime score 2-07 v 0-05. Whilst the first half may have been all about our forward play, the second half however saw more focus on our defence as Kenmare dug more into this game and were it not for some strong and resolute defending, led by Podge o Connor on the full back line and Damien o Sullivan further out, this game would have been a lot more nailbiting towards the fulltime whistle as both side evenly shared the second half scores. Fulltime score Kenmare 1-09 v 2-14 Legion

KERRY GAA NIGHT OF CHAMPIONS: Friday 6 June is a date for your diary if you are a greyhound enthusiast as Kerry Gaa are hosting a night at the dogs at Tralee greyhound track . Tickets are ten euro and can be purchased from our secretary.

THE SEM SOCCER TEAM: Fresh from their recent All Ireland success, this minor team from the Sem have been invited to represent Ireland

in an International tournament in England next month. Cian Gammell, Thando Dube, Robert Osbourne and Luke O'Donoghue are on this team and we wish them well.

RUSSELL CUP VICTORY: Congratulations to St. Brendans college on last weeks Russell cup win against Mounthawk Tralee. Paul Moriarty, Cian Gammell, Thando Dube, Robert Osbourne, Patrick O'Leary, Michael Devlin and Luke O'Donoghue represented the Legion in this fine victory, well done lads.

COUNTY JUNIOR LEAGUE: The Junior side got their county league campaign off to a good start with a win over Kilcummin last Friday evening. Goals by Derek Twomey, Aidan Slattery and Donal Lyne helped to fashion this victory. Score Legion 3-15 v 2-10

FEILE 2014 U14: Having finished in the top four of division one of the County league , our u14 side have been invited to participate in the regional Feile tournament to be held in Mallow at the end of June. Legion have been drawn into a group alongside Glanmire from Cork, Moyle Rovers of Tipperary and Offaly.

GIRLS FOOTBALL: Well done to the u12 girls who opened their county league voyage with a fine victory over Milltown /Listry at Derreen last Wednesday evening. Leading by 5 points at the short whistle, the legion girls kept their concentration and momentum to finish strong and record a 6-03 v 2-02 win.

The u16 side had another great win last Thursday against Kilcummin and this team now still undefeated this year are sitting top of the league at present, keep up the the good work girls.

The u14 team played a cracking game against Castleisland Desmonds in the last game of the county league but despite some very fine point taking , they just fell short to a strong Desmonds side 3-12 v 7-08

U12 COUNTY LEAGUE: Phase 2 of divion 1 of the county league got underway last sunday evening as both the Green and White teams hosted newly promoted Na Gaeil from Tralee and the evening ended in mixed fortunes with the Green team accounting for their counterparts 5-18 v 2-07 and the White team unlucky in a cracking game 4-15 v 4-09.

SYMPATHY: The club sends its sympathy to Pa McGillicuddy and his family on the recent death of his mother in law

Deepest sympathy also to the Regan families on the death of their uncle Tom. Ar Dheis De go raibh a Anam

FIXTURES: Senior Club Championship semi final v Rathmore @ Fitzgerald Stadium Saturday May 24 at 5pm

Junior county league away to Rathmore Friday May 23

LOTTO: Numbers drawn 9, 11, 20, 21.

No jackpot winner

5 x €50 winners Paddy Cronin, Paddy O'Connor, Mary O'Meara, Eugene Murphy, John Crowley c/o Thomas Lyne.

Next weeks jackpot is €4,800.

BEAUFORT GAA NOTES

Beaufort Seniors travelled to Cromane to play the locals in the County League. Final score Cromane 2-7 Beaufort 3-11. Beaufort had points in the first half from Fergal Hallissey, Ronan Murphy 0-3 1(f), 1(45), Padraig O'Sullivan, Francis Courtney, wing-back Patch O'Sullivan. The 2nd half saw Beaufort push forward from mid-field and had goals from Francis Courtney who was put through by full-back Ger Hartnett who began the move in his full-back line, Ronan Murphy had 2 goals, 1 a penalty when Fergal Hallissey was fouled going through, 2 points 1(f) and Francis Courtney had a pointed free. Final score Cromane 2-7 Beaufort 3-11. Beaufort Juniors travelled to Glenflesk on Friday evening in the Junior League on Friday last. Final score Glenflesk 1-8 to Beaufort 0-8. They are away to Dromid Pearses in Dromid on Friday next at 7.30 p.m. Mid Kerry Junior Final is fixed for Tuesday, 27th May in Cromane at 7pm. Extra time. Beaufort v Milltown-Castlemaine.

Beaufort U12s travelled to Ballymac to play the locals in the first round of Phase 2 of the County League. The U11s were beaten and the **U12s** had their 3rd draw of the campaign with a scoreline of Ballymac 2-13 to Beaufort 4-7. Beaufort girls were in action during the past week. The U10s travelled to Legion and played very well.

The U12s hosted Castlegregory in Phase 2 of the County League. After a good first half they conceded a few late goals to finish on a scoreline of 0-10 to 4-7. They are at home to Beaufort on Tuesday pm and away to Moyvane on Tuesday week.

Lotto results of Sunday, 18th May for jackpot of €4,400. Numbers drawn: 15, 17, 20, 21. No jackpot winner. Consolation Prizes: €80 Falvey family (John), Cappaganeen. €50 Joan Kissane, Shanara, Eoin Kelliher, Shanara, Conor O'Sullivan, Cappaganeen.

Next draw for jackpot of €4,600 will be held in Beaufort Bar on Sunday, 1st June.

U10 boys took part in the Mid-Kerry Blitz in Glenbeigh on Thursday evening.

Under 8 boys Blitz in Keel on Thursday, 22nd May at 6.30pm

Under 6, 8 and 10 training continues on Sunday morning at 11.30am

Gaelic for Mothers & Others continue on Monday evenings from 6.00pm to 7.00pm.

CLOTHES COLLECTION: A big Thank You to all who contributed to the Clothes collection over the weekend. This was organised by the Clubs Coiste na nOg.

RING OF THE REEKS CYCLE: Beaufort will be running the very successful Ring of The Reeks Cycle on Saturday, July, 26th. Details on the website.

EAST KERRY NOTES

EAST KERRY JUNIOR LEAGUE DIVISION

2 FINAL: Kilcummin 1-14 Rathmore 2-08

Kilcummin ran out winners versus Rathmore



GAA CLUB CALL

Deadline: Monday 3pm Email : editorial@outlookmags.com

in the East Kerry Junior League Division 2 Final, played in Dereen last week. Rathmore notched up 3 unanswered points in the first ten minutes (Damien Casey and Sean O'Riordan) and had a shot at goal go just wide. Kilcummin narrowed the lead to the minimum with 2 points from play (Daniel Kelly, John Devane) going into the second quarter. There was a scatter of points (Brian Moynihan, Tom Kelliher, Stephen Lehane for Rathmore; David Brosnan free for Kilcummin) putting Rathmore ahead by 3 points with five minutes remaining in the half. In the final 5 minutes of the half, Kilcummin dominated the mid field area with captain Colm Lenihan knocking the ball down from the kick outs, creating scoring opportunities which Kilcummin used well, scoring 3 points (John Mc Carthy, David Brosnan and Ben Brosnan) to make the sides level on 6 points a piece at half time.

Kilcummin went ahead early in the second half with points from John Mc Carthy (2), Donal Brosnan (1) and David Brosnan (2f) to lead by 5 points ten minutes into the half. On the fifteenth minute, Rathmore reduced the margin to 2 points, with a well worked goal when Donnacha Mc Carthy found the net from a nice cross by John Hickey. Kilcummin replied with 2 unanswered points (Eamonn O'Donoghue, Daniel Kelly). In an exciting final five minutes, Rathmore levelled the scores with a point and a goal, and then went a point up with three minutes remaining. However, Kilcummin responded and Eamonn O'Donoghue found the net putting Kilcummin 2 points up and Daniel Kelly increased their lead by a point with the last kick of the game. Final score Kilcummin 1-14 Rathmore 2-08.

Referee: John Dineen (Fossa)

East Kerry Board Chairman, Tim Ryan, presented the Tim Lenihan Memorial Cup to Kilcummin captain Colm Lenihan. He complimented both teams on an exciting and entertaining game, congratulated Kilcummin in winning the title, thanked the referee and also thanked Legion club for

LAUNCH OF EAST KERRY SENIOR CHAMPIONSHIPS: The launch of the O'Donoghue Cup, the Fr Galvin Cup and the O'Sullivan Cup competitions will be held on Thursday the 22nd May 2014 in The Gleneagle Hotel at 8pm. Chairpersons, Secretaries, PRO's and East Kerry delegates are invited to attend the launch. The draw for the first round of the Aquila Club O'Donoghue Cup, sponsored by the Aquila Club, Gleneagle Hotel, will be made on the night as will the draws for the first round of the Fr Galvin cup, sponsored by the Gleneagle Hotel and the O'Sullivan Cup Sponsored by O'Sullivan Cycles.

GNEEVGULLA CLG OFFICIAL OPENING OF JUVENILE FIELD: The Gneevguilla GAA club are officially opening their juvenile field on Sunday, May 25th. There will be Mass in the hall at 12.30pm and after Mass an official from the Kerry County Board will open the new field.

The club are having 'Lá na gClub' to mark the occasion and hope to have two special visitors in the form of 'Sam' and 'Liam Mc Carthy'. All welcome.

KERRY POST PRIMARY SECOND YEAR SUPERBLITZ MAY 2014: Kerry Post Primary second Year Super Touch blitz took place last week in Caherslee. The format consisted of two groups of four, with two teams progressing to the semi finals. The teams comprised panels of nine players and all games were seven aside. Pobal Scoil Sliabh Luachra, Rathmore, and Pobal Scoil Inver Sceine, Kenmare, represented East Kerry / Kenmare and both schools performed very well. Congratulations to Rathmore Secondary School on defeating a strong Tralee CBS Team in the final. Munster Council presented a top to each player to mark the occasion.

PRIMARY SCHOOLS BOYS SKILLS COUNTY FINAL: Congratulations to Holy Family NS, Rathmore, boys skills team that won the Primary Schools county final last Friday in Fitzgerald Stadium. David Dineen, Sean Keefe and Dan Murphy completed the superb victory with a fantastic team display. Conor Sheehan, representing Anabla NS, took third place in the individual section. A superb result in a tight event.

EAST KERRY BOARD DELEGATES MEETING: The East Kerry Board Delegates meeting is on Tuesday the 27th May 2014 in the Killarney Heights Hotel at 9pm.

EAST KERRY U16 DIVISION 4 FINAL

Spa 7-10 Fossa 1-15

Spa started the game registering three points in the first five minutes of the game played in Lewis Road. Fossa reacted with a Killian Rice point. The first half was owned by one individual player, David Clifford, who scored the rest of Fossa's scores. A huge achievement in any level as his fielding and accuracy was outstanding. David Spillane registered the first of Spa's goals and enhanced the scoreline with another accurate point. Dara Moynihan scored another point straight after in the 15th minute. David Clifford playing full forward scored 1-9 over the next ten minutes without a response from Spa. Leaving the score at half time Fossa 1-11 to Spa 1-4.

The second half excuse the cliché "a game of two halves" but certainly very appropriate to this game in Lewis Road. Management made a few positional changes and resulted with a positive reaction. David Spillane was outstanding and certainly played a captain's role scoring two goals in the first three minutes of the second half. He started the onslaught of goals. Fossa never gave up and the talented David Clifford put another four points over the bar. Spa kept Fossa scoreless for the rest of the game. It was all Spa for the last twenty minutes with goals from Niall McCarthy, Niall Moynihan, Dara Moynihan and another from captain Fantastic David Spillane. The winning side finished

the game with further points from Michael Kearney, Mike Moynihan, Niall McCarthy bringing the title back to Tullig. Spa were solid throughout with great performances in the defense by Ciaran Sheehan, Adam Dennehy and Eoin Carroll. While midfield was lorded by Mike Moynihan and Fionan Walsh. Up front the forwards had a great game lead by David Spillane and the ever roaming Dara Moynihan. Niall McCarthy and Michael Kearney really shone in the second half. Fossa were equally solid with the aforementioned David Clifford and Dylan Darmody. Their defense was under fierce pressure but great performances by Odhran O Murche and Padraig Burke steadied the ship. John Talbot, Liam Buckley and Killian Rice tried hard.

DR. CROKES GAA CLUB

LOTTO: Draw took place in the Jack C's on Sunday last. Numbers drawn: 5, 7, 20, 24. The jackpot of €3,600 was not won. Match 3, 7 received €60. Next week's jackpot is €3,900. Draw will take place in the Speakeasy.

FIXTURES: Snr Club C'ship S/F: vs. Dingle, Sat. 24th May, 7pm, Austin Stack Park. Snr Hurling Lge.: Away vs. Lixnaw, Wed. 21st May, 7pm. Jnr Lge.: Home vs. Glenflesk, Fri. 23rd May, 7pm. Please support.

RESULTS: Snr Co. Lge.: Dr. Crokes 3-14, Kilcummin 2-09. Jnr. Co. Lge.: Dr. Crokes 'B' 5-19, Laune Rangers 'B' 0-05. Mnr Co. Lge. Final: Dr. Crokes 0-10, Dingle 0-13. U14 Co. Lge. Final: Dr. Crokes 3-10, Spa 4-07. U16 Girls Lge.: Dr. Crokes 0-03, Cromane 4-12. U14 Girls Lge.: Dr. Crokes 6-07, Glenflesk 2-03.

SENIOR CO. LEAGUE - DIV. 1: A win over Kilcummin on a scoreline of 3-14 to 2-09 kept us well in touch at top end of Division 1. Kilcummin came out all guns blazing but stray shooting from early attacks gave little return on the scoreboard. We were more clinical and fast flowing movement kept their scores ticking over. The half-time score had Dr Crokes 1-09 to 0-03 ahead, helped by a goal from Alan O'Sullivan. The second half was a much tighter affair, with both teams scoring 2-5 apiece. Kilcummin were awarded a penalty. Conor O'Loughlin pulled off a terrific save from Jamie O'Sullivan's shot from the spot but Jamie was quickest to react and banged the ball to the net. Ian Devane followed this up with another goal for Kilcummin. We were also awarded a penalty and Micheál Burns found the net. Tony Brosnan was on the end of a great passing movement and he too picked off a goal for us.

SENIOR CO. LEAGUE - DIV. 5: We maintained their unbeaten run in Division 5 with a victory over Laune Rangers in Lewis Road, Killarney on Sunday, 18th May. We got off to the better start with Keith O'Leary pointing within the first minute. Ruairi Mangan extended the lead not a minute later with a well taken goal. He followed it up with another goal shortly after and Keith O'Leary added a third. We kept



the scoreboard ticking over with points before the end of the half, Conor O'Farrell struck a fourth goal. Half-time score: Dr. Crokes 4-09, Laune Rangers 0-02. Some sterling defending in the second half prevented Laune Rangers from getting stride. The introduction of Tony Brosnan brought extra flair to the forwards, who scored three points and delivered a great pass to Brendan Falvey for the fifth goal. Full-time score: Dr. Crokes 5-19 Laune Rangers 0-05.

U12 FOOTBALL SUMMARY: Starting the first week of February, the boys have participated in some 20 training sessions, six matches and an Easter camp. This has been a huge effort by all, players, parents & coaches alike. We are aware that this time of year people have commitments to various different sports and the effort is very much appreciated. A big thank you to the parents who were good enough to carry some of the boys to and from games.

All the boys hard work is definitely paying off with some great performances from both sides against strong oppositions in Division 1A & 1B. Both teams have played against An Ghaeltacht, Laune Rangers, Legion, Austin Stacks and the John Mitchels. With the results achieved both advance comfortably to the 2nd round of the Co. League where the titles will be decided. In all, over 32 boys have contributed to the games with coaches doing their best to ensure everyone has gotten ample playing time and hopefully had some fun along the way while improving their skills. The coming months will see plenty more opportunity in the 2nd round of the Co. League and in East Kerry competitions to work hard and hopefully have fun while we are doing it.

SATURDAY MORNING ACADEMY: Our Saturday morning hurling & football academies continue this weekend: Hurling from 10:00am to 10:40am, followed by football 10:45am to 12 noon. Both codes are supervised by qualified coaches and all equipment is provided.

KELLOGG'S GAA CUL CAMPS: The Kellogg's GAA Cúl Camps are a great way for boys and girls aged 6 - 13 to play the games and learn GAA skills in a fun child-friendly environment - and maybe even help make them a GAA star of the future! Dr. Crokes GAA Club will host a football camp from 30th June - 4th July. Fitzgerald Stadium will host a hurling camp from 28th July - 1st August.

MID-SUMMER EVENT: 'Pig on a Spit' in the INEC on Sat. 7th June. The various awards for the year 2013 will also be presented on the night. Tickets are €20 and go on sale this week.

CONGRATULATIONS: to Jack Griffin, Lorcan MacMonagle, James Kelly, Michael Potts, Mark Hartnett, Cian Casey and Sean Courtney who were part of the St. Brendan's College team who won the FAI Umbro All-Ireland Minor Boys Cup Final, defeating Templeogue on a score-line of 2-1.

SYMPATHIES: to the family of Hugh O'Brien, father of Peter and to the family of John Nagle.

NEWS FROM THE KERRY LADIES CAMP

Best of luck to Kerry senior ladies Manager William O'Sullivan who has been selected as Manager for Munster Ladies Inter Provincial team. The inter provincials take place on Saturday 24th May in Kinnegad Co. Westmeath. Kerry involvement also includes 11 players - Aoife Lyons.

Aisling Leonard, Cait Lynch, Denise Hallissey, Aislinn Desmond, Emma Sherwood, Sarah Houlihan, Louise Ni Mhuirteartaigh, Edel Murphy, Deirdre Corridan & the side will also be Captained by Louise Galvin.

Hard luck to the Kerry U14 team who lost the U14 "A" National Blitz Final on Saturday in Mullingar to Cork by a solitary point Kerry 1-09 Cork 3-04. Kerry started the day very well defeating Dublin in their first game 3-10 to Dublin 0-1. They then met a tough Mayo side who the week previously were crowned Connacht champions & came out on top after a fierce battle Kerry 1-08 Mayo 2-03. Their final group game was against Meath whom they also defeated Kerry 1-10 to Meath 0-02. Kerry were through to the final but however picked up injuries on the day & were forced to re-jig the team. But despite this, the team played excellently & were leading by 6 points with 5 mins left on the clock. However Cork struck for a lucky goal when a long speculative ball hopped over the keepers head. Minutes later Cork were awarded a dubious penalty which they scored from leaving it level. Then just before the final whistle Cork won the Kerry kick out & pointed for victory. Kerry girls can be very proud of themselves as they played very well over the course of a long day. They now refocus for the All Ireland Semi Final - as they wait the Connacht champions on June 14th. Team: Laura Teahan, Anne O'Reilly, Tara Breen, Muireann Moriarity, Kate Maher, Hannah O'Donoghue, Ciara Murphy, Sophie Lynch, Laboishe Walmsley, Fiadhna Tangney, Aoife O'Callaghan, Ciara O'Brien, Erica Mc Glynn Capt, Brid Ryan, Jade Powell, Blathnaid Cotter, Ciara O'Sullivan, Sinead Warren, Rachel Fitzgerald, Georgina O

Dwyer, Lucy Clifford, Molly O'Carroll, Niamh O'Chonchuir, Jayden Lucey, Erica O'Sullivan.

Commiserations to our U21 team who suffered a heavy defeat to Cork in the Aisling McGing U21 Cup. Kerry never seemed to be able to cope with Cork - who were much sharper & more determined than the Kerry side. Cork struck almost immediately from the throw in with a goal & practically straight after scored their second. The Cork half backs were unrelenting in their support of their attacking colleagues & provided great overlaps to create scoring chances. In defence Eilis & Brid O'Connor & Deirdre Kearney tried hard to quell Cork but were finding it a tough task. Kerry fortunately earned a penalty which Marie Quirke coolly slotted home to give Kerry their first score 15 mins into the half. Shortly after Claire O'Sullivan popped over a point. But Cork were not to be tamed & went in at half time leading well Kerry 2-01 Cork 4-11, Kerry's second goal came not long before half time, when Megan O'Connell latched onto the ball during a goal mouth scramble. The second half didn't provide much relief to Kerry, as Cork continued to dominate & attack continuously. Kerry's only scores in the second half was a Megan O'Connell goal which she lobbed over the Cork keeper & a wonderful long range point from Marie Quirke. A very disappointing day in the office with very little to take away from the game for both sides. Final Score Cork 8-21 Kerry 3-02. Kerry have a bye in the next round, where they will then face Clare on the weekend of June 7th/8th in a Kerry venue TBC.

On Saturday Phase 1 of the U 12 Development Squad Programme concluded with a blitz between panels. Tralee/West Kerry travelled to Castleisland Desmonds to play North Kerry/Sliabh Luachra, while Killarney/East Kerry hosted South/Mid Kerry. A very enjoyable day was had by all; with former Kerry senior star Margaret Fitzgerald giving great words of encouragement to the players in Castleisland Desmonds. Phase 2 will commence on Sat 7th June across all 4 centres again - details will be posted on the Kerry ladies website & social media outlets.



PARTICIPANTS IN THE KERRY LADIES UNDER 12 DEVELOPMENT SQUAD PROGRAMME.



WINNERS AT THE MIXED DISTANCE/CROSS COUNTRY FROM MILLTOWN LISTRY: CILLIAN BURKE - 3RD BOYS U12 400M, SHAUNA MCCARTHY - JOINT 4TH GIRLS U12 600M AND DAVID LEANE - 1ST BOYS U14 700M.

MILLTOWN / LISTRY COMMUNITY GAMES

CROSS COUNTRY/MIXED DISTANCE RACES

Congratulations to the following who had success in their events in Beaufort last Sunday morning: Boys U14 700m David Leane 1st Boys U12 400m Cillian Burke 3rd Girls U12 600m Shauna McCarthy Joint 4th. We had more children competing and they all ran well. Thanks to all who were involved in the coaching and to those who travelled and supported the children on the day.

ATHLETICS TRAINING: Training continuing every Monday at 4.30 with large numbers turning up every week. We thank Maria, George, Tomas and Jim for giving of their time with next training session in Milltown/Castlemaine GAA Grounds next Monday May 26th at 4.30. A reminder that these training sessions are open to all children residing in the Milltown/Listry area so we're encouraging as many as possible to come along. Training will revert back to Listry GAA Grounds on Monday June 2nd also at 4.30. We expect to get to An Riocht Track in Castleisland in early June for a training session there. Any queries please contact Denis 087-9662332 or George 087-8260139.

KILLARNEY SWIMMING CLUB

CONGRATULATIONS to all our swimmers who took part in the recent "C" gala in Askeaton. Results were very encouraging with most swimmers improving on their "personal best" times and a great haul of twelve medals:

100M INDIVIDUAL MEDLEY

Girls 12-13 Andrea Houlihan - silver

Girls under 11 Julie Rose Bowell - gold

50M BREASTSTROKE

Boys under 11 Charles O'Brien - silver

Girls under 11 Orlaith O'Sullivan - bronze

50M FREESTYLE

Boys 14-15 Thomas Fleming - silver

Boys 12-13 John Daly - bronze

Boys under 11 Ross O'Leary - gold, and Michael Sweeney - bronze

Girls 12-13 Rebecca Twomey - gold, Aisling Reidy - silver and Antoinette O'Leary - bronze

Girls under 11 Pia Hickey - gold

Thanks to all those parents who travelled to encourage and support. Thanks also to those who volunteered for timekeeping duties and to our coaches who mentored all day.

KILLARNEY SOUTH COMMUNITY GAMES

RELAY TRAINING: Relay practice continues on Wednesdays at the earlier time of 6.03pm. All athletes who are on relay squads are urged to attend practise as this will have a bearing on team selection for county finals.

CROSS-COUNTRY: The Kerry Community Games cross country event was held on Sunday last in Beaufort. The conditions and circuit were excellent for the athletes in attendance. This event served as a qualifier for relay teams to compete in National finals in Athlone. Killarney South had three athletes competing in the event. Congratulations to Jack Greaney who finished second in the under 12 400m event, Aaron O Sullivan finished in eight place in the under 12 600m event and Mark Cooper finished in sixth place in the under 14.

ATHLETICS: All athletes who qualified for county athletics finals are urged to commence their training for the competition. Please follow this notice board and facebook page for updates on team/ group training and preparation for the event.

SWIMMING: Congratulations to Pia Hickey on her silver medal in the under 10 freestyle event and Emir O Dowd in the butterfly under 14 2 length event, who also received a silver medal for her efforts.

FOOTBALL: Training for the under 10 football continues at St. Oliver school grounds ballycasheen on Wednesdays at 7.30pm, (directly after relay squad training). The players and coaches are in preparation for their competition which takes place on June 2nd. A practise game has been organised against legion football team to prepare the players.

Facebook

Please follow Killarney South Community games on Facebook for all new updates, information, pictures and reports. All electronic mail queries can be forwarded to killarneysouthcommunitygames@gmail.com

CYCLISTS GOT OVER THE HUMPY!!

Killorglin Cycling Club last weekend hosted the now infamous annual Humpy Hundred Leisure

Cycle event on the highroads and byroads of the county taking in some of the most captivating scenery the county has to offer. Before the off the misty damp conditions this did not deter the participants who arrived in their droves from 8.30am onwards for a 10am start, cyclists being noted for being a punctual bunch who enjoy a bit of chit chat and banter before any event gets underway. With a record crowd in attendance there was an array of options for the riders at the sign on in Killorglin Sports and Leisure Complex who are a loyal supporter of club events and kindly let the club avail of its facilities for the event. Cyclists had a choice of three routes of 130km, 100km and 60km and this is one of the attractions of the Humpy 100 - it caters for all levels of cyclists. Following the spin the riders enjoyed a range of food afterwards provided for by an inept catering team, on that note we would like to thank O'Sullivan's bread for their generous sponsorship of breads and bracks on the day. The Killorglin Cycling club would like to thank all riders who participated and supported the event and the members and non-members who assisted with both activities on the run up to the event and on the day of the event itself. Our next Leisure Event is the Iveragh 200 on the 19th of July which starts in Waterville. Club spins are on Tuesdays and Thursdays in Killorglin @ 6.30pm from the Bianconi and on Wednesdays at 7pm from the new Chapel Cross.

MUCKCROSS ROWING CLUB

DUBLIN METRO REGATTA: Congratulations to the Muckcross Womens Junior 18 Four of Kara O'Connor, Holly Hickey, Dearbhail Ryan and Zoe Hyde who were winners of their category at last Saturday's Metro Regatta held at Blessington Lake. The girls put in strong performances in both heat and final of the Division One race, emerging victorious over their competitors from Bann RC. The girls also gained valuable experience in the Division One category which also featured some of the top Senior competition from around the country. Well done also to junior sculler Rob Shaw who contested the Mens Division One category in the single scull, placing third in his heat. Our thanks to coach Aine Sweeney and to Alan Lyne who towed the trailer and boats for the event.

EVENTS: The Lee Regatta takes place on Saturday 24th May while the Cork Regatta is scheduled for 21st June. The Killarney Regatta will take place on Sunday 29th June. The Irish Championships will take place from Friday 11th to Sunday 13th July.

TRAINING: Training continues for all crews, who are gearing up for the big summer regattas. The boathouse is a hive of activity and we are looking forward to plenty more great spins on the lake over the coming weeks. Calling all past members! Relive the thrill of Killarney Regatta, our boathouse doors are open each evening for men and women in all categories. Contact Eadaoin Moynihan 086 1529476 or Alan Lyne



087 6773347 for training times. Our beginner junior group continues to go from strength to strength, even on the windy and rainy days (and there has been a few!) we are impressed with turnout at the centre and the boathouse. Keep it up guys and girls, hopefully lots more water over the summer! New members always welcome, contact Eadaoin at the above number for further info.

GAME OF CHANCE FUNDRAISER & PRIZE DRAW:

Our big summer fundraiser is well and truly underway. This July, the club will be holding a major prize draw with a total prize fund of €5,000 and a top prize of €2,000! To enter the draw, simply buy one of our 2000 tickets. Each ticket is uniquely priced to the cent, ranging from just 1 cent up to €20 and every cent in between. Each ticket is in a sealed envelope and the price is blind - it is a game of chance! Tickets sellers will offer a random selection of envelopes. Buy an envelope and open to reveal your ticket price. You pay the ticket price revealed and write your name on the ticket. All tickets purchased will then be entered in the July draw. All tickets purchased will have an equal chance to win one of the ten great cash prizes. So if your luck is in, you could enter our draw for as little as 1 cent! Who will reveal the 1 cent ticket? Who will play for just €5.65 or €3.79 or €2.28? Will you take a chance and dodge the €20 ticket or the €19.97 ticket? Play today to find out! Draw tickets can be purchased now through all adult club members. Don't miss out!

MUCKROSS LOTTERY: Results of Muckross Lottery for Saturday 17 May 2014. Numbers drawn: 7, 15, 18, 24. Lucky Number: 11. Match 3 Winners: Ann O'Donoghue, Pa Brosnan. Next draw Saturday 24 May at the Gleneagle. Jackpot: €1,900. Match 4 plus Lucky Number in panel 2: €2,900.

RATHMORE/GNEEVEGUILLA COMMUNITY GAMES

MIXED DISTANCE RACES: On Sunday last the Cross Country & mixed distance races were held in Beaufort. Emily O'Riordan & Donal Daly were both taking part. Emily ran in the girls U14 700m while Donal ran in the boys U12 600m, both ran very well with Donal coming 4th in his race and thus received a cert.

CYCLING ON GRASS: The cycling on grass competition is postponed until Friday 30th May at 7.00 pm in Tralee Sports complex.

SPIKE BALL: The spike ball U14 boys and girls competition will be held on Sunday 25th May. Both team along with coach Mike McGillicuddy will travel to Glenbeigh to take part in this competition. On the girls team we have Michelle Brosnan, Niamh Cronin, Chloe Fitzgerald, Ciara Brosnan, Eva O'Leary, Aisling Brosnan & Niamh Finnegan. On the boys team we have Paul O'Leary, Lorcan Keane, David Gleeson, Owen Fitzgerald, Sean Clifford, Anthony Darmody and Donal Hurley. We wish

both the boys & girls and Mike the best of luck in this competition.

KILLORGLIN ROWING CLUB

Killorglin Rowing Club 21st Anniversary Regatta Killorglin Rowing Club 21st Anniversary Regatta in association with K Fest Killorglin is nearly here! **When?** Heats - 31st of May at 6:30pm Finals - 1st of June at 7pm. **Where?** Killorglin Rowing Club, Killorglin, Co. Kerry. 4 Boats Heats. 4 Fastest boats in each category to go through to finals on Sunday, the 1st of June. Medal ceremony will be held on Sunday after the last race. Come along and enjoy some great racing on the river Laune. Great atmosphere guaranteed!

LEE REGATTA: Best of luck to all junior rowers racing at Lee Regatta in Cork on Saturday, the 24th of May. The event is being held on the Marina in Cork over 500m stretch of water. Crews will sprint side by side, with the fastest going through to the final.

John F O'Grady and Cathal O'Donovan will race the Men's Junior 16 and 18 double scull events, Emma Murphy and Conor Murphy will race the single scull events with Sean Houlihan, Shane O'Connor, Michael O'Connor and Conor Murphy racing the Men's Junior 14 and 15 quads. The quads will be then divided into two doubles, to compete in the Men's Junior 14 and 15 races. Good luck to all competing!

EUROPEAN CHAMPIONSHIPS, BELGRADE, SERBIA: Monika Dukarska is preparing for European Championships which are held in Belgrade in Serbia at the end of the month. Details will follow next week. Monika is currently training with the national team at the National Rowing Centre in Inniscarra, Co. Cork.

TRAINING: Training schedule is available on our blog <http://killorglinrowing.wordpress.com/> and our Facebook page [killorglinrowing](https://www.facebook.com/killorglinrowing). If you have any queries, please do not hesitate to contact us on 0873521840 or e-mail killorglinrowingclub@gmail.com

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto dated 16/05/2014, numbers drawn were 2, 17, 18 and 23. Sellers prize went to Timmie Brosnan, €50 yearly ticket winner Noreen McCarthy Knockduragh, €50 lucky dip to Timmie Brosnan No5 Tureenamult, €40 each to Aeneas Sean O'Leary Gneeveguilla, Joan Brosnan Masrour, Margaret Hayes Comm Lower. €1,000 Bonus not won numbers drawn were 1, 8, 13 and 17. Next week we draw €9,600 plus €1,000 bonus. Top marks this week to our 2 National League teams who went to Waterford last Sunday to represent the club for the 1st time ever. The ladies team was managed by Elaine Cronin, members were Elaine Cronin, Anna Marie Costello, Siobhan Daly guest, Annette O'Brien, Brid Stack, Lauren Kennelly, Amy Cronin,

Hannah O'Sullivan, Mairead O'Neill and Rita Casey. The men's team managed by Ed Murphy joined with Riocht and also did very well. Gneeveguilla AC team members were Miceal O'Neill, John Barrett, Matthew Collins and Risteard Clifford and Ed Murphy.

Our open sports were a great success on Sunday, the club wish to thank all involved in making the day enjoyable. Next Saturday we have the County School Sports at 11am in Riocht Track, Castleisland, while on Sunday we have day 2 of the County Juveniles and Masters also in Riocht.

Training continues Wednesday 6.00 - 7.00 pm in Riocht Castleisland, Friday 7.00 - 8.00pm in The convent Field Rathmore, Saturday's 10.30 am in Boherbue Comprehensive School.

KILLARNEY RUGBY CLUB

ANNUAL GENERAL MEETING: club AGM takes place at the Plaza Hotel on next Wednesday 28th May at 8.30pm. We have a busy agenda and all proposals must be submitted to Mike Fuller on mfuller@fexco.com or Anne Clifford on anneclifford57@gmail.com latest by Sunday 25th May. We have a very exciting period coming up in our club's history and the next couple of seasons will be the most challenging yet, but we have come through tough times and with the advent of new grounds for the first time in over a century, rugby will have its very own home thanks to your efforts. All new members are especially welcome at all ages both playing and non-playing.

TAG TUESDAYS: a meeting was held on Wednesday night and we will have details of what's planned for this summer in our next issue or on the website

www.killarneyrugby.com

NEW GROUNDS: works are still progressing with the last arrivals of topsoil being dropped from Fossa. A lot of development has taken place in recent weeks with good weather and some bargaining by Paudie Sheahan and Ger Moynihan keeping the show going. Good topsoil is superb and this will be allocated to key areas. Meanwhile the siting of the new clubhouse has created excitement with the arrival of extensive portacabins - which was previously the Castlegregory Golf Clubhouse. It is the very first clubhouse the club ever had and presents a luxurious change from the terms and conditions we applied in the past. Onwards and upwards and hoping this election gets out of the way and the Capital grant scheme can hopefully divvy up the spoils in a deserving manner and we should be in good stead to get jobs done towards the playing end of the sport. Take a spin to Aghadoe and see for yourself the progress going on.

#lovekillarney



KILLARNEY COUGARS BC

JUVENILES NEWS: This years National Schools Super Sevens Basketball Finals were held at the Presentation Gym on last Thursday(Girls) and Friday(Boys) night and the good attendance were treated to a feast of basketball to conclude this years tournament following over 100 games over the past number of weeks.

GIRLS SUPER SEVENS PLATE FINAL

Cullina 9 Twomile 12

Twomile National School one of the smallest in the county deservedly claimed the Plate title with another superb display by Shelly Clifford to deny the Beaufort girls in an exciting game. Twomile looked home and dry at halftime with Clifford dominant all over the court and good performances on defence by Eve Weldon and Maeve Leane. Cullina gave it everything in the second half with a great effort from Meave Coleman Horgan, Adele O'Brien and great baskets for the Beaufort girls by Grace Joy and Maggie Kingston but Twomile just held on as time ran out for Cullina. MVP Shelly Clifford Twomile.

GIRLS SUPER SEVENS SHIELD FINAL

Firies 5 Ballyguiltenane 3

Firies had to work hard to secure the Shield Title against newcomers Ballyguiltenane. Both sides were very organised and well matched and scores were very hard earned but the Firies girls just about confirmed their favourites tag with Sarah Kennedy and Rachel Hctor turning in great performances to claim the win with a basket in the last minute to clinch the win in a very exciting finish. MVP Chloe O'Connor Firies

GIRLS SUPER SEVENS BRONZE MEDAL

FINAL: Knockaderry 7 Nohoval 6

Knockaderry and Nohoval were both unlucky not to make the Cup Final suffering disappointing semi final defeats and this Bronze Medal decider was a chance to finish on a winning note. The Farrenfore side Knockaderry were pipped by a basket in the Semifinal by eventual Champions Athea and were favourites for the game but they had to come from behind at halftime with great baskets by Brid Flynn and a

late basket by Megan Brosnan claimed victory despite Nohovals best efforts with Eve Creedon, Millie Luck and Niamh Rahilly performing well for the Ballymac girls. MVP Megan Brosnan Knockaderry.

GIRLS SUPER SEVENS CUP FINAL

Athea 14 O'Brennan 8

These two teams went in to the final unbeaten as they both chased Cup success. Athea made a great better start and quickly raced into the lead and were ahead by four points by halftime thanks to early baskets by the excellent Aibhilin Murphy with Ava O'Connell Buckley impressing responding with two great baskets for O'Brennan. Athea were under pressure throughout a tough second half by the Ballymac girls but Athea thanks to Oliva Twomey and Murphy again, deservedly secured the Cup for the Athea who went through the competition unbeaten to make a Grand Slam Super Seven Cup win. MVP Ava O'Connell Buckley

Following the girls finals the presentation were made to the AllStar winners for this years tournament

Girls AllStar Super Seven Team 2014.

Shelly Clifford Twomile NS, Maggie Kingston Cullina NS, Ava O'Connell Buckley O'Brennan NS ,Millie Luck Nohoval NS, Aibhilin Murphy Athea NS, Chloe O'Connor Firies NS, Megan Brosnan Knockaderry NS.

BOYS SUPER SEVENS CUP FINAL

Gneeveguilla 15 Rathmore 4

This game saw local rivals meet for the second time in the competition with the sides tied in the group stages another close encounter was expected but this failed to materialise as Gneeveguilla produce a very sharp and confident performances from start to finish to deservedly take the title. Rathmore tried hard in an entraining contest, but they failed to get scores on the board despite good posession with Gneeveguilla proving more clinical throughout to record a comfortbale win in the closing stages. MVP Paul O'Leary Gneeveguilla

BOYS SUPER SEVENS SHIELD FINAL

Tureencahill 15 Gneeveguilla B 21

The Shield Final saw local national schools clash in a very entertaining game with Gneeveguilla 5th class boys coming through after a strong challenge from Tureencahill who were playing for the Final time at the Super Sevens with their school soon to amalgamate with Gneeveguilla later this year. Gneeveguilla made a great start with some great scores to lead by eight points at the half time break but Tureencahill came storming back with a great second half but it wasnt enough with Gneeveguilla responding well with some late scores to take the Shield Title. MVP Danny O'Callaghan Tureencahill.

BOYS SUPER SEVENS PLATE FINAL

St Olivers 11 Cullina 7

St Olivers claimed the Plate Title with a hard earned win over Beaufort Boys Cullina in a closely contested game. The Killarney boys from Ballycasheen trailed early on but recovered well from a slow first half start to dominate the earley stages of the second half. St Olivers once ahead were more composed and defended well to protect the lead despite a late rally by Cullina who's very young side will get a chance to return again next year. MVP Kieran O'Donoghue.



PRESENTATION EUGENE BOWLER PRESENTS CUP FINAL MVP 2014 AWARD TO PAUL O'LEARY GNEEVEGUILLA.



FIRIES NATIONAL SCHOOL GIRLS WINNERS SCHOOLS SUPER SEVENS SHIELD WINNERS. FRONT LEFT TO RIGHT, MARTHA FITZGERALD, CHLOE O'CONNOR, MIA O'KEEFFE, OLIVIA GOULDING, KIMBERLY O'BRIEN. BACK LEFT TO RIGHT CIARA KEARNEY, RACHEL HOCTOR, SARAH KENNEDY, AOIFE O'SHEA, MAIREAD O'MAHONY.



GNEEVEGUILLA NATIONAL SCHOOLS 6TH CLASS BOYS WINNERS OF THE SCHOOLS SUPER SEVENS CUP CHAMPIONS 2014. BACK ROW LEFT TO RIGHT TERRANCE PATRICK O'CONNOR, CONOR O'BRIEN, DAVID GLEESON, TADGH O'CONNOR. FRONT ROW LEFT TO RIGHT PATRICK BROSNAN, JACK BROSNAN, PAUL O'LEARY, CHARLEI COLLINS.



2014 GIRLS ALLSTAR SUPER SEVENS TEAM. BACK ROW FROM LEFT TO RIGHT AVA O'CONNELL BUCKLEY, SHELLEY CLIFFORD TWOMILE, MAGGIE KINGSTON CULLINA, AIBHILIN MURPHY ATHEA, FRONT ROW FROM LEFT TO RIGHT MILLIE LUCK NOHOVAL, MEGAN BROSNAN KNOCKADERRY, CHLOE O'CONNOR FIRIES.

KILLARNEY CELTIC NOTES

FAMILY FUN DAY: Our Family Fun Day last Sunday was a massive success, thanks to all the many supporters, helpers, and contributors, especially, Carmel Lanigan, Denise Moynihan, Teresa Cremin, Mark and Bernie Doe, and so many more.

A big highlight was the Bumper Soccer for Fun, a new Kerry-based company that made the day extra special.

NATIONAL CUP FINAL: Commiserations to the St. Brendans Park U16 side who lost out in the National Cup Final to St. Kevins Boys. They did all of Kerry soccer proud along the way.

SOCCER TOTS: Our hugely popular Soccer Tots Programme, an introduction to the game for 4-6 year olds, is back up and running on Tuesday nights from 6.00pm to 7.00pm. This is a completely non-competitive fun introduction to soccer and one and all are welcome to bring their kids along.

RESULTS WEEK ENDING 20/5/14: Denny Premier: Spa Rd. 2 Killarney Celtic 3

A very good Spa Road side were very hard to shake off but Celtic stayed focussed and kept the ressure on and eventually got their due reward and three points.

U16 Girls National Cup: Killarney Celtic 5 Tullow 2

Trailing by 2-1 at the break, Celtic had to pull out all the stops and the girls obliged with a simply fantastic second half display. Fiadhna Tangney got two, with Kate Stack, Lauren Rintoul, and Hannah O'Donoghue scoring the others. Keeper Carmel Looney was in awesome form, as was Christine Cooper at right back.

U16 Kerry Cup Semi-Final: Killarney Celtic 5 Inter Kenmare 3 (AET)

Celtic were up 3-1 thanks to goals from Peter McCarthy, Cathal O'Shea, and an og but Kenmare deserve huge credit for battling back to take it into extra time, where Peter McCarthy and Mikey Moynihan sealed the win.

U14 Premier: Killarney Celtic 4 Kingdom Boys 1 Another great performance by the lads, with goals coming from Ryan Kelliher, Anthony Darmody, Lee Downing, and Dara Fleming.

U13 Div One: Killarney Celtic C 2 Fenit 0 Unfortunately, Fenit were unable to field on the day and Celtic were awarded the win.

U12 Premier: Listowel Celtic 1 Killarney Celtic 2 An 8-0 win over Killorglin mid-week, with Ryan O'Grady (3), Ian O'Connor (2), Padraig Looney and Emmet O'Shea on target, meant that the Celtic derby would decide second place in the league behind Kingdom Boys. Listowel are always hard to beat and it took something really special to win this one, with Jason Kerins scoring a real goal of the season contender, lobbing the keeper from all of 35 yards, with Ryan O'Grady grabbing a second to put it beyond doubt.

FIXTURES: Greyhound Cup: Killarney Celtic at home to Tralee Dynamos, Friday, 8.00pm

Jimmy Falvey Youths Cup: Killarney Celtic away to Killarney Athletic, Saturday, 2.30pm

U16 Premier: Killarney Celtic away to Park, Saturday, 11.30am

U15 Cup Final: Killarney Celtic v Killorglin,

Christy Leahy Park, Tuesday, May 27th, 7.00pm

U14 Girls: Killarney Celtic away to Listowel Celtic, Monday, May 26th, 7.00pm

U13 Div One: Killarney Celtic C away to Listowel Celtic C, Saturday, 11.00am

FOOTBALL FOR ALL: Killarney Celtic FC Football For All team coaching sessions are taking place every Monday from 5.30pm-6.30pm at Celtic Park. This is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729.

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809.

LOTTO RESULTS: Numbers drawn 3, 6, 17, 23. No winner, two x match 3, Lyno, James Raymond, Tralee, €75 each. Next week's jackpot €7400, draw in the Failte on Monday night. Tickets available from all club officers.

LOTTO SELLERS / YEARLY LOTTO: The club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

KILLARNEY ATHLETIC A.F.C.

FIXTURES: Kerry Schoolboys/Girls League Thursday 22nd May

Daly's Supervalu Under 13 Girls Premier Killarney Athletic v Killarney Celtic 7.00pm

Killarney Plaza Under 15 Division 1 Ballyhar v Killarney Athletic A 7.00pm Saturday 24th May

Daly's Supervalu Under 13 Division 1 Listowel B v Killarney Athletic B 12.30pm

Foundation Sports Under 14 Division 1 Mastergeeha v Killarney Athletic 11.00am

Killarney Plaza Under 15 Division 1 Park B v Killarney Athletic A 11.30am Thursday 29th May

Daly's Supervalu Under 13 Girls Premier Listowel Celtic v Killarney Athletic 7.00pm

RESULTS: Jimmy Falvey Memorial Youth's Cup Result

Killarney Athletic 5 Abbeydorney 1

A comprehensive win for the Youth team in a

sun drenched Mounthawk Park in Tralee.

Games are not coming fast enough for this talented squad of players at the moment, from the first whistle our boys showed an insatiable hunger and dictated proceedings. In defence we were very solid with Johnny O'Leary in goal, Shane Lyne, Brendan Cronin, Cillian O'Regan and Alan Daly. In midfield we controlled the tempo with David Sheerin, Caiman Mangan and Paudie Clifford. Our front three players Adam O'Shea, Mark O'Shea and Chris O'Meara created havoc in the Abbeydorney defence with their constant movement and interchanging positions. Subs Eoin O'Meara and Darren Doherty came on in the second half and added to our dominance of the game. Goal scorers were Paudie Clifford 2, Chris O'Meara 2 and Caiman Mangan. Our neighbour's and cross town rivals Killarney Celtic await us in the next round.

NEW BABY: Congratulations to John Beano & Aine O'Donoghue on the birth of their baby boy.

MERCHANDISE: Killarney Athletic merchandise can now be ordered on merchandise@killarneyathletic.com Killarney Athletic Website: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

SCHOOLBOY/GIRL SOCCER

SUPER SUNDAY:

16's National Cup Final:

St Brendan's Park 0 - 2 St Kevins Boys

WFAI 16's Round 1:

Killarney Celtic 5-2 Tullow.

JK Sports 12 Premier:

Killarney Celtic 8-0 Killorglin

Listowel Celtic 1-2 Killarney Celtic

Daly's Supervalu 13 Premier:

Listowel Celtic 3-1 Park

Killorglin 4-2 Mastergeeha

Listowel Celtic 6-3 Mastergeeha

13 Division 2:

Asdee 0-5 Camp

Killarney Celtic C 2-0 Fenit

Foundation Sports 14 Premier:

Killarney Celtic 4-1 Kingdom Boys

Killarney Plaza 15 Premier:

Kingdom Boys 2-0 Mastergeeha

15 Division 1:

Killarney Athletic 1-3 Listowel Celtic B

Tralee Trophy World 16 Plate:

Inter Kenmare 0-0 Listowel Celtic.

Tucker Kelly 16's Cup Semi-final:

Inter Kenmare 3-5 Killarney Celtic AET.

WFAI 16's Cup 1st Round:

Killarney Celtic 5-2 Tulla:

Killarney Celtic's u16 girls are into Round 2 of the WFAI Cup following a hard fought 5-2 win over Tulla from Clare. The home side were 2-1 down at half time but the girls put in a big performance in the second half to get through. Fiadhna Tagney scored twice, with Kate Stack,

Lauren Rintoul and Hannah O'Donoghue netting one each.

Showing how dangerous Tulla were Celtic keeper Carmel Looney was in outstanding form to keep her side in the game and the Hoops defender Christine Cooper was one of the players of the game.

League Reports:

JK Sports 12 Premier:

Kingdom Boys were crowned Champions well before the end of the season but second place was still up for grabs when the two Celtics met in Listowel on Thursday night. Two nights earlier Killarney Celtic had put themselves in pole position with a home win over Killorglin. Ryan O'Grady got 3, Ian O'Connor 2 and Padraig Looney and Emmet O'Shea the others as the Cup winners moved three points ahead of Listowel Celtic.

And Killarney Celtic wrapped up second place and a very good season with a 2-1 in Listowel. Sean McGrath scored for the home side but goals from Jason Kerins and Ryan O'Grady were enough to give Killarney Celtic the points they needed.

Daly's Supervalu 13 Premier:

Killorglin made sure of second place with a 4-2 win over Mastergeeha in mid-week. Goals from Dylan O'Neill, Killian Burke, Dean Callan and Martin Foley saw them move onto an uncatchable 19 points and second behind Killarney Celtic. Niall O'Connor and Philip

O'Leary replied for the Kilbrean side.

Listowel Celtic picked up two wins from their two games this week and a win in their last game will see them finish 3rd. They defeated Mastergeeha 6-3 with Jack Kennelly getting 2 and James Duggan, Killian Buckley, Devon McKenna and Tim Scanlon netting one each. Dylan Murphy, Philip O'Leary and Niall O'Connor were the Mastergeeha scorers. Listowel Celtic's other win saw them beat The Park 3-1. James Donegan, Tadhg McEvoy and Darragh Mackessy got the Listowel Celtic goals.

13 Division 2:

Leaders Camp continued their unbeaten League campaign with a 5-0 away win as Asdee. Conor O'Brien and Jack Farrell both scored twice with Colm Moriarty getting the other goal.

Killarney Celtic C got the points from their game with Fenit.

Foundation Sports 14 Premier:

Leaders Kingdom Boys suffered what could be an expensive defeat as they went down 4-1 to Killarney Celtic who can't win the Division but could still finish second. Ryan Kelliher, Anthony Darmody, Lee Downing and Dara Fleming all scored for Celtic with Dillon Robinson replying for Kingdom Boys.

The Tralee side are finished and top on 20 points, Park are also finished and are on 18 points. Listowel Celtic are next on 17 points with two games left followed by Killarney Celtic

who are on 16 with one game left.

Killarney Plaza 15 Premier:

Kingdom Boys three points from their game with Mastergeeha saw them take second place behind Killarney Celtic. Both of these sides ended with a gap over the other sides.

Division 1:

Listowel Celtic moved into 4th place with a 3-1 win over Killarney Athletic in Woodlawn. Dean Halpin, Nathan Dineen, Jack Boland got the goals for the North Kerry side.

Tralee Trophy World 16 Plate:

With Mastergeeha taking the 16's Plate Inter Kenmare and Listowel Celtic ended their season with a 0-0 draw.

Cup:

Tucker Kelly 16's Cup semi-final:

Killarney Celtic qualified for the final of the Tucker Kelly 16's Cup but they had to come through a cracked in Kenmare to get there. Celtic were 3-1 up against the Division 1 side thanks to goals from Peter McCarthy, Cathal O'Shea and an og. However Darragh Siochru and Daniel Taylor added to Denis Cronins goal to send the game to extra time.

But it was Celtic who finished the stronger and a second from Peter McCarthy and one from Mickey Moynihan ensured that the Hoops will meet either The Park or Fenit in the decider.



RATHMORE JUNIOR TEAM WHO PLAYED KILCUMMIN IN THE EAST KERRY JUNIOR LEAGUE DIVISION 2 FINAL 13 MAY 2014 IN DEREEN.



COLM LENIHAN, CAPTAIN OF KILCUMMIN JUNIOR TEAM IS PRESENTED WITH THE TIM LENIHAN MEMORIAL CUP BY TIM RYAN CHAIRMAN OF THE EAST KERRY BOARD 13 MAY 2014 IN DEREEN.



KILCUMMIN JUNIOR TEAM WINNERS OF EAST KERRY JUNIOR LEAGUE DIVISION 2 13TH MAY 2014.

ROSS LADIES GOLF CLUB

RESULTS: Sunday May 18th Captain Aidan O'Connor's prize to the ladies, kindly sponsored by Captain Aidan and Christys. 1st Mary Cronin (22) 32pts, 2nd Ailish Mulcahy (5) 33pts, 3rd Mary Moynihan (28) 31pts, 4th Margaret O'Donoghue (19) 25pts, F9 Lora Beth Malloy 12pts, B9 Eileen Fleming 14pts

UPCOMING COMPETITIONS: Sunday May 25th 18 hole competition kindly sponsored by Professional Mark Heinemann.

GROUP GOLF LESSON: Thursday May 29th 10.am Professional Mark Heinemann will be giving a group golfing lesson. All interested be at the club at 9.45 to sign up for these ever popular lessons and avail of Pro. Mark's valuable advice and expertise.

CONGRATULATIONS to our Ladies Intermediate cup team, their manager and caddies on their success in Dooks on Saturday May 17th where they won their match against Killarney and now advance to the next stage of the competition which will be in the coming weeks. Well done ladies.

ROSS GC, KILLARNEY (GENTS CLUB)

On Sunday May 18th we held the final of the MD O'Shea Spring League. This was a strokeplay competition and despite the testing weather conditions we had a very large turnout of golfers on the day. The competition was keen as the final placings for the Spring League were up for grabs.

The following were the winners on the day:

- 1...Daniel Cronin (12) 67
- 2...Maurice O'Shea (17) 68
- 3...Jimmy Smith (15) 68
- Best Gross .. Aidan O'Connor (10) 72
- 4...Jonathan Casey (10) 73

The result of the MD O'Shea Spring League :-
Winners - Alan Flynn's team of Alan Flynn, Tadhg Moynihan, Timmy Kelly, Seamus McCarthy, Jordanas Jonikiatis.

Runners up- Donnagh Moynihan's team of Donnagh Moynihan, Tony Lenihan, John Cuskelly, John O'Donoghue, Tadhg McCarthy.

Spring League Category winners :-

- Category 1..Daniel Cronin.
- Category 2..Maurice O'Shea.
- Category 3..Mark Coffey.
- Category 4..Denis Nash.
- Category 5..Jim Casey.

The presentation of prizes for the MD O'Shea Spring League took place on Sunday night in the International Hotel.

The prizes for the recent competition sponsored by the International Hotel also took place. This was good night for all with lots of golf being replayed on the 19th and some banter and craic thrown in. Our thanks to our sponsors for their continued help and to Terence Mulcahy and his staff for their hospitality on the night.

Pierce Purcell team :- Best of luck to our Pierce Purcell team next weekend in Dooks when they will be participating in that competition.

On Sunday May 25th we will hold a single stableford competition. The timesheet is now available so please add your name to it as soon

as possible.

OPEN DAY: Monday June 2nd will be the Club Open Day. We will hold a 10 hole single stableford competition open to ladies and gents. The tee will be available for 8am and the entry fee will be €12 and re-entry will cost €6. Please get your name on the timesheet as soon as possible. All members are urged to bring along some guests, friends to ensure the success of the day.

CLUB MATCHPLAY: All participants are reminded that all preliminary round matches must be played by May 28th.

KENMARE GC.

LADIES: 18H Sford sponsored by Noreen and John Maye.

- 1st Marie Kissane (23) 35 pts
- 2nd Noreen Crowley (13) 35pts
- 3rd Caroline Crowley (25) 31 pts

MEN: 1st Colm O'Sullivan [19] 39pts

- 2nd Dave Burke [9] 38pts
- 3rd Michael O'Leary [16] 37pts

FIXTURES: Fri/Sat - Corporate Classic
Sun - 18H Sford

PARKNASILLA GOLF CLUB

RESULTS LADIES: 18 hole stableford, 1st Barbara Murray (21) 34pts, 2nd Therese Hurley (31) 32pts, 3rd Mairin Martin (15) 29pts.

FIXTURE: Rumble: May 24th until June 2nd, open, 12 hole stableford, team of three, ladies, men or mixed. Theresa Walsh Lady Vice Captains' Prize is postponed until August 1st.

KILLORGLIN GOLF CLUB

LADIES: Silver Swans 12 Hole Stableford 13/05/2014: 1. Kitty Galvin (26) 23 pts. 2. Christina O'Sullivan (27) 22 pts.

FIXTURE: 18 Hole Singles Stroke Sat 24th Sun 25th or Tues 27th sponsored by Gally's Bar & Restaurant. Play either day and arrange own time.

The entry sheets for the O'Sullivan's Bakery Fourball Club Matchplay and the Singles Club Matchplay Championships are posted on Notice Board.

Names to be in by 7th June. Wishing the Minor Team and Managers the Best of Luck for their match in Castleisland.

KILLARNEY GOLF CLUB (LADIES)

RESULTS Sunday's Competition sponsored by Visage Beauty Salon, singles stroke/Killeen Course

- 1st Nicola Rainsford (11) 72 bk.9
- 2nd Ann Moynihan-Rudden (8) 72
- 3rd Catriona Griffin (5) 73
- B.G. Margaret Campion (8) 81
- 4th Miriam McFarlane (26) 73

Next Competition Sunday next May 25th - Hayes Cup- Sponsored by Kerry Phone Centre - Singles Stroke - Mahony's Point.

Our Open day which was played Wednesday 14th May was a huge success.

We would like to thank all those who supported

the Competition and especially those those who travelled from other Clubs from all over Munster;

Results were as follows:

- 1st Winnie Ryan (23)
- Maura Fitzgerald (23) 52 pts (Bk 9)
- 2nd Sheila Crowley (25)
- Marion Cahillane (30) 52 pts
- 3rd Patsy Hanly (23)
- Angela O Connor (27) 50 pts
- 4th Maureen Creedon (12)
- Kathleen Wall (22) 49 pts. (BK9)
- 5th Ursula Daly (13)
- Noreen O'Mahony (27) 49 pts.

We had teams playing for our Club at the weekend and would like to thank the Players, their Caddies and Supporters for their dedication. Commiserations to our Intermediate Team who lost to Ross on Saturday 17th at Dooks, and our Noreen Moore team who were narrowly defeated by Dooks in Ceann Sibeal in the first round on same day, they lost 3/2

Killarney will play the 2nd Round of the Challenge Cup against Kenmare in Killorglin on Sunday next May 25th @ 2.45 p.m. Support would be appreciated.

Club Mixed Competition will take place next Friday evening, sheet on Board.

Prize giving will take place afterwards at approx 10.30 p.m in the Clubhouse.

KILLARNEY GOLF CLUB (MENS)

Aghadoe Heights Singles Club Championship Qualifier Stroke

Mahony's Point 18/5/2014

- 1st Richard Ferris (12) 67
- 2nd Niall O Mara (13) 67
- 3rd John Hickey (14) 67
- 4th Stephen Broderick (19) 68
- 5th Donagh Crowley (8) 68
- Best Gross Donal Considine (3) 73 gross
- Category 2 John O Donoghue (9) 69
- Category 3 Shay Nolan (16) 70
- Category 4 Mike Lucey (18) 71

Next Competition is Team of 4 Mahony's Point
Best of luck to our Pierce Purcell panel out next weekend in Dooks.

RING OF KERRY GOLF CLUB

SINGLES STABLEFORD GOTY

- 1st: Gearoid O'Brien (4) 39pts
- 2nd: Eamonn O'Driscoll (6) 38pts
- 3rd: Michael Kirby (16) 36pts

CONGRATULATIONS to the Ring of Kerry team for beating Dooks in a thrilling final of the West Munster section of the Jimmy Bruen Shield.

The Ring running out 3-2 winners with young Eamonn O'Driscoll sinking a 15ft birdie put on the 19th hole to win the day.

Up Coming Fixtures

23rd / 24th Singles Stableford GOTY

KILLORGLIN GOLF CLUB

Killorglin golf club exchange with Castleisland sponsored by the Rose of Tralee:

- 1st - John Joe Tangney (18) 40 pts

2nd – Vincent O'Sullivan (13) 36 pts
3rd – James Doherty (17) 36 pts
Gross – Eugene Kennedy (10) 82 gross
4th – Denis Cronin (16) 35 pts
The very best of luck to our Pierce Purcell team who play in Dooks golf course next weekend. All supporters welcome.

BEAUFORT GOLF CLUB (LADIES BRANCH)

14th May – 9 hole Scramble
Winners: Mary O'Shea(32), Captain Gearoid Keating, Terry Ryan (24) - 26 3/7th
FIXTURES: 24th/25th May – 18 Hole Stableford – Sponsored by Killarney Car Valleting
LADIES ONLY OPEN DAY – Tuesday 10th June – 4Ball Betterball – Sponsored by Dunloe Hotel
CLUB SCRAMBLE continues Wednesday 21st May at 6.30pm.

BEAUFORT GOLF CLUB (MEN'S RESULTS)

17th May – Open Friday – Sponsored by Clifford Groundcare
Winner: Robin Suter (9) - 38 pts
FIXTURES: 24th/25th May – Monthly Medal – 18 holes Stroke (Blue Tees)
Club Scramble continues Wednesday 21st May at 6.30pm.
Open Fridays (Single Stableford for Ladies & Gents) continues Friday 16th May.

CASTLEROSSE GOLF CLUB

RESULTS: Competition played on Sunday 18th May 2014, National Council for the Blind Charity event, 2 ball teams (3/4 Handicap), winners John B. Doran & Gintaras Bendaravicius 46 pts net, Overall runner up, Daniel Shine & Roger O' Sullivan 44 pts net.
FIXTURES: Competition on Sunday 25th May, 18 Holes, Stableford Format. Play Friday, Saturday or Sunday. Use time sheet.
Regular Thursday evening scrambles on each Thursday meet at 6pm tee off 6.15pm, open to all golfers Ladies & Gents.
Captain's day competition Saturday 14th June.
SYMPATHY: Castlerosse wishes to extend sincere sympathy to John O' Reilly & Family on the death of his father Tom O' Reilly. R.I.P.



ROSS GC INTERMEDIATE TEAM WITH THEIR CADDIES, IN DOOKS ON SATURDAY MAY 17TH. L-R HELEN O'DONOGHUE, BETTY O'FARRELL, LADY CAPTAIN MARY CRONIN, SINEAD O'SHEA, LISA KERFOOT, EILEEN FLEMING, ELIZABETH KELLIHER, LORA BETH MALLOY AND MARGARET O'DONOGHUE.



BRENDAN COURTNEY (CAPTAIN) LISTRY GOLF SOCIETY PRESENTING PRIZE TO WINNERS OF THE JOHNNY JACKS SCRAMBLE HELD AT O'MAHONEYS POINT TO DENNY JOE CONNOR, TIM LYNCH AND JEREMY WRENN.

OUTLOOK ON THE STATE EXAMINATIONS

Parents play an important role at exam time (By Billy Ryle)



Students are well aware that the world is their oyster if they produce a decent result in the state exam. When you are young and idealistic life is an exciting adventure. Parents on the other hand have more experience of the mundane realities of living in a world of ups and downs. It's natural for parents to want the best for their children. Parents are anxious for their children to achieve good results in exams so that they can avail of opportunities in life. It's understandable then, as the exams approach, that some parents might feel unhappy with the effort being made by their exam student or might tend to project their anxiety onto the student. While parents can't obviously go in and sit the exam for their children their role is to provide unobtrusive support at this time.

The parents' task is to provide a calm home environment. When a parent is supportive the exam student will sense that her status in the family is not conditional on achieving good results in the exam. Parents are fully entitled to let their children know that their best effort is expected. By the same token it's equally important also that children should be fully aware that their best effort is acceptable. Nothing less than their best effort is expected, nothing more than their best effort is demanded!

The exam period isn't a time for friction between parent and child. It's definitely not a time for recriminations about time wasted during the year. Disagreements of this nature may cause confrontation and create tension at home. At all times, but especially around exam time, every student is entitled to the emotional support of the family. A supportive home environment lessens the fear of failure and under-achievement. A student who knows that her position in the family is not dependent on exam results will approach the exam in an upbeat and confident manner.

Have realistic expectations of your child based on previous performance at school. Don't expect a level of achievement that your offspring cannot attain. Make yourself aware of the levels, which she is taking in each subject, the target grades she is aiming for, and her potential points score. Parents want their children to do well in whatever activity they participate in. It's important to realise, however, that parents can expect too much from their children. Parents must take care to keep their ambitions for their children off the agenda. Instead, priority must be given to the needs and concerns of the exam student.

Nothing annoys a student more than a comparison with a sibling, relative or peer. While such comparisons are understandable they can be very destructive. An unflattering comparison serves to undermine the self-confidence of the student and create doubts in her mind. No two people are exactly the same. Even children of the same parents can be totally different in their levels of cognitive ability. Parents can be reluctant to accept difference in their children. But accept it they must. Furthermore, they must let their children know that they love each one of them equally and unconditionally.

Encourage your child to make the most of the time available prior to the exam. Urge her to maintain her study schedule right up to the end of the exam period. Continue to remind her that good organisation, efficient time management and self-discipline will pay dividends. Make it your business to see that your child continues to work in a comfortable study environment.

Encourage your child to maintain a programme of exercise and recreation. Regular exercise is the best way to burn off pre exam tension and is a welcome break from the demands of a study schedule. Reward your child for effort by serving up little treats from time to time. A hard working student will always welcome a favourite meal or a social outing. Long hours of study into the night can be counter-productive so encourage her to go to bed early for eight or nine hours sleep.

Keep an eye on your child's diet. Serve up meals that are nutritious and appetising. An occasional reminder about personal hygiene won't go amiss. Regular washing, changing of cloths and footwear induce the feel good factor, which is psychologically uplifting and leads to better concentration.

In summary, the role of the parent is very important. It involves giving support and being discreet. It requires you to be a good listener rather than a talker. It means being prepared for a certain amount of irritability. To draw an analogy with a theatrical production, the parent is the backstage manager while the student is on stage in the lead role. You, the parent, can help to make it a good performance.

Next week, in the final article of the "Outlook on the State Examinations" series, I'll have some last minute advice for exam candidates on the eve of the state exams.

Billy Ryle is a Career Guidance Counsellor and freelance writer.



PICTURE PARADE

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com



"U 9 DANCERS FROM THE SHEEHAN – MURPHY SCHOOL OF DANCING HAVING PARTICIPATED IN AND SECURED SEVERAL MEDALS IN THE IRISH NATIONALS DANCING CHAMPIONSHIP HELD LAST WEEKEND IN CITYWEST HOTEL, DUBLIN".



SHELLY CLIFFORD TWOMILE SCHOOL CAPTAIN PLATE WINNERS AND ALL STAR AWARD WINNER. AT THE RECENT NATIONAL SCHOOLS SUPER SEVENS BASKETBALL FINALS.



TIMOTHY O'KEEFFE PICTURED WITH HIS FAMILY AND FRIENDS AT HIS 18TH BIRTHDAY PARTY IN FAHA COURT LAST WEEKEND.



AT THE RING OF KERRY HONDA 50 CHALLENGE LAUNCH AT THE OLD KILLARNEY INN WERE L-R NOEL BROSNAN (ORGANISER), TOM COFFEY, PAT MCENTAGGART, TIM FLEMING & LISA BROSNAN
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

CIVIC RECEPTION FOR MACMONAGLE FAMILY



AT A CIVIC RECEPTION TO HONOUR 100 YEARS OF MACMONAGLE PHOTOGRAPHY AND KILLARNEY PRINTING WORKS IN KILLARNEY TOWN HALL ON THURSDAY NIGHT WERE FRONT FROM LEFT, HANNAH MAHER, EAMONN KEOGH, SOPHIE HUSSEY, ANNIE MACMONAGLE, LOUISE GRIFFIN, KATHLEEN MACMONAGLE KEOGH, PADDY MACMONAGLE, MAYOR PADDY COURTNEY, SALLY MACMONAGLE AND AMELIE HUSSEY. SECOND ROW FROM LEFT ARE SEAN MACMONAGLE, JOAN BARRY, RIONA MACMONAGLE, MARY SUSAN MACMONAGLE, BONNIE AND DAVID MACMONAGLE, JOHN MACMONAGLE, TOM BARRY, MIKE O'DONOGHUE, LOUIS MACMONAGLE, EILEEN O'DONOGHUE AND DON MACMONAGLE. BACK FROM LEFT ARE CLLR MICHAEL GLEESON, CLLR SEAN COUNIHAN, KEVIN COLEMAN, CLLR NIAL O'CALLAGHAN, CLLR DONAL GRADY, CLLR TOM DOHERTY AND KILLARNEY TOWN CLERK MICHAEL O'LEARY.

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A PROPOSAL TO BUILD KILLARNEY'S FIRST MICRO ATHLETIC RUNNING TRACK, FEATURING FOUR LANES AND AN ASTRO TURF FOOTBALL PITCH IS TO BE BUILT AT ST. BRENDAN'S COLLEGE IN KILLARNEY WAS LAUNCHED ON MONDAY. THE COMMUNITY PROJECT WILL BE BUILT IN THE GROUNDS OF THE COLLEGE MADE FAMOUS FOR ITS FOOTBALL AND IS NOW EMBRACING ATHLETICS AS A MAJOR SPORT. A SPECIAL FUND RAISING 10 MILE ROAD RACE AROUND KILLARNEY TOWN WAS ALSO ANNOUNCED FOR SATURDAY SEPTEMBER 27TH AND ITS IS HOPED SOME ELITE ATHLETES WILL COMPETE IN THIS INAUGURAL EVENT. PICTURED AT THE LAUNCH IN THE SCHOOL ON MONDAY WERE, FRONT FROM LEFT, BRID STACK, RUNNER, RISTEARD CLIFFORD, ARTHUR FITZGERALD, MATT RENNIE AND JERRY GRIFFIN, SPA-MUCKROSS. AT BACK, ALAN RYAN, RACE ORGANAISER, SEAN COFFEY, SCHOOL PRINCIPAL, SEAN HEALY, AIB, JEAN COURTNEY, TOMAS GRIFFIN, WEESHIE FOGARTY AND BOBBY O'DWYER, MANAGER, AIB, KILLARNEY. PICTURE BY DON MACMONAGLE.

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Gaelcoil Faichleann Primary School

Due to recent approval by The Department of Education and Skills for our school to develop, The Board of Management is now in a position to accept further

applications for enrolments

for this coming September 2014

Applications must be submitted by June 30th

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HOW TO BE AN EFFECTIVE PARENT!

Just a quick word on the upcoming Life Lounge on May 28th! I have been asked if it's also for parents who have children who are past the very young childhood stage! The answer is YES! Absolutely!

Parenting is a continuous process of development not only for the child but for the one who is doing the parenting! Every stage brings growth and learning for both..So even if your "kids" are way past their childhood years your relationship with them and yourself will always be evolving and changing.

The family system has changed dramatically over the years and there are many more challenges facing parents and also those who work within the childcare system. One of the key things in effective parenting is the relationship and I will be chatting to my guest speaker Joan Barrett (Life & parent Coach) about ALL aspects of parenting and how every stage impacts your life!

Every one is welcome - first time parents, those with teenagers, young adults, parents whose sons or daughters are leaving home and also grandparents, single parent families, adoptive and foster parents! It's also a vital, educational and inspirational evening for those who work with children of any age in any capacity...so youth workers, social workers, child therapists, teachers and educational coaches are very welcome too!

The floor will be opened up for questions at the end of the evening so if there is anything that you particularly want to ask Joan - you are most welcome!


Hope this helps and I look forward to seeing you there!

Join Joan and myself on Wednesday 28th May at the Meadowlands Hotel (7.30-9.30pm). Reserve your place NOW by calling 066 9766374 or emailing me at life_coachingunlimited@yahoo.ie.


Entry is €15.00 - payable on the night! (Refreshments included!).

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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Sports Recreation & Exercise Course (ETM49) - Killarney.
If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers.
Start Date: 30th June 2014. **Duration:** 46 weeks. **Certification:** FETAC Major Award in Sports Recreation and Exercise SM5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

Radio Broadcasting Foundation Course (ET41Z) - Tralee.
This entry level course is for people who wish to pursue careers in the radio industry. Participants will gain an extensive grounding in the everyday tasks carried out in a radio station in the areas of broadcast pre-production, production and post-production. **Start Date:** 23rd June 2014. **Duration:** 8 weeks. **Certification:** City and Guilds Units of Credit in: Researching, Recording and Presenting Information and in Radio Studio Production.

Media Techniques - Radio Course (ET2B3) - Tralee.
This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring these ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 18th September 2014. **Duration:** 42 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Java Associate Course (ET8RT) - Tralee.
This course is for people who wish to pursue careers in Java programming and software development. It covers part I and part II of the Oracle Certified Professional Java Programming syllabus. The course includes 10 weeks of work-based training in Java programming. **Start Date:** 7th July 2014. **Duration:** 50 Weeks. **Certification:** Oracle Certified Professional Java Programmer I (1Z0-803) and Oracle Certified Professional Java Programmer II (1Z0-804).

Digital Web Design Course (ETJ26) - Tralee.
This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites. **Start Date:** 14th June 2014 in Tralee. **Duration:** 15 weeks. **Certification:** FETAC Level 3 Component Certificates in: Computer Illustrated Graphics, Web Authoring, and Work Experience.

Information & Communication Technology Course (ET45R) - Castlebliss.
This course is an excellent starting point for people wishing to develop their knowledge, skills and competence in a range of information and communication technologies. It's an entry level course for people who are eager to work with computers and learn a range of practical computing skills. **Start Date:** 16th June 2014. **Duration:** 20 Weeks. **Certification:** FETAC Level 3 Major Award in Information and Communication Technologies.





Marketing Course (ET4R9) - Tralee.
This course is for people who wish to pursue marketing as a career or those who wish to incorporate marketing into their existing range of business skills in order to enhance their career and job prospects. **Start Date:** 23rd June 2014. **Duration:** 42 weeks. **Certification:** FETAC Level 3 Major Award in Marketing.

Legal Administration Traineeship (ETS07) - Tralee Training Centre.
This course is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. **Start Date:** 23rd June 2014. **Duration:** 41 weeks. **Certification:** FETAC Level 3 Major Award in Office Administration.

CAD - 3D Parametric Modelling Course (ET4R2) - Tralee Training Centre.
Are you a proficient CAD technician who wants to bring your 3D modelling skills to the next level? This course offers participants the opportunity to develop the advanced parametric modelling skills needed to design 3D models of components and engineering assemblies. **Start Date:** 9th June 2014. **Duration:** 21 weeks. **Certification:** City & Guilds Levels 1 & 2 Awards in Computer Aided Design Parametric Modelling.

To apply or get further information on any of the above courses please contact
Kerry ETB Training Centre,
Mounafally Industrial Estate, Tralee,
TEL: 064 714666, E-mail: training@kerryetb.ie

Entry requirements and other information on our courses are available at www.kerryetb.ie



CYCLING SAFETY *ADVICE AND TIPS ON HOW TO STAY SAFE WHILE CYCLING ON IRISH ROADS*

Cycling is a common means of transport in Ireland. It's popular for several reasons: it's great exercise, it's cheap and it cuts down on travel time, especially during rush-hour.

But cyclists are also a vulnerable category of road user. Every year there are several cycling fatalities on Irish roads and countless collisions involving cyclists.

As a cyclist, you can reduce your risk of death or injury by following some simple advice:

- Never cycle in the dark without adequate lighting – white for front, red for rear
- Always wear luminous clothing such as hi-vis vests, fluorescent armbands and reflective belts so that other road users can see you
- Wear a helmet
- Make sure you keep to the left. Always look behind and give the proper signal before moving off, changing lanes or making a turn
- Follow the rules of the road, never run traffic lights or weave unpredictably in and out of traffic
- Maintain your bike properly – in particular, your brakes should work properly and your tyres should be inflated to the right pressure and be in good condition
- Respect other road users – don't get into shouting matches with motorists; stop at pedestrian crossings; don't cycle on the footpath
- Watch your speed, especially when cycling on busy streets and going downhill
- Steer well clear of left-turning trucks: let them turn before you move ahead

CYCLING FOR CHILDREN

Using a bike for the first time and learning to ride has been a rite of passage for generations of Irish children. Cycling is fun and sociable and, like swimming, a life-skill that stands to children in later years.

Yet, like many activities, cycling carries an element of risk. Parents play an important role in minimising the risk by giving them proper guidance and instruction at an early age to ensure that basic safety rules are absorbed while young.

Do's and don'ts of safe cycling for children

Do ensure they:

- Cycle a bike matched to their height and experience
- Wear a safety helmet
- Use lights in dark or dusky conditions

Don't allow them to:

- Cycle on public roads unsupervised (if under 12)
- Wear loosely-worn scarves or other clothing that could get caught in the wheels or chain-set
- Take unnecessary risks





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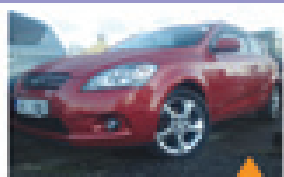
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10 Ford Mondeo
1.8TFSI



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11 Ford Mondeo
2.0 TDCI, 100k, 1 owner

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- 11 Hyundai i20 1.4DSL, Blue, 26k, 5yr warranty
- 11 Kia Ceed S.W. Manufacturers warranty to 2017
- 10 Kia Procead 39k, Manufacturers warranty 2018
- 10 Citroen Picasso 1.6HDI, 35k, 1 owner, Full S/H
- 10 Ford Mondeo 2.0 TDCI, Titanium, Panther Black, alloys, 1 owner, Full Ford Service History

- 10 Ford Focus 1.6 TDCI, sports, sat nav, bluetooth, alloys, fogs, 83k, full Ford S/H
- 09 Audi A4 2.0TDI 92k, Black, Full Audi S/H
- 09 Ford Focus 1.6 TDCI, Titanium, 97k
- 09 Ford Focus 1.6 TDCI, Titanium, Full Ford S/H
- 09 Kia Procead 1.6, Alloys, Fogs, 3dr H/B
- 08 Ford Mondeo 1.8 TDCI, Zetec
- 07 Renault Megane Scenic 2yr Test
- 06 VW Passat 1.9 TDCI, Black, NCT Tested
- 06 VW Passat 1.9 TDCI, Green, NCT Tested
- 06 Citroen C5 1.6HDI, 106k, 1yr Test

- 04 Opel Zafira 1.7 Dsl, 1yr Test
- 03 Skoda Octavia 1.9 TDI, silver, 1 owner
- 03 VW Passat 1.9 TDI, NCT tested
- 03 VW Passat 1.9 TDI, NCT tested, Silver
- CARS**
- 08 Kia Rio 1.4, Automatic
- 07 Renault Megane Cabriolet 1.6, full leather
- 07 Ford Focus 1.4, NCT tested
- 07 Ford Focus 1.4, Connection, Hatchback
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1401	Opel Insignia SE 4 door 2.0 Diesel	Silver	7k	€30,500	2011	VW Passat Comfortline 4 door 1.6 Diesel	Grey	120k	€15,950
1401	Opel Astra SE 5 door 1.3 Diesel	Blue	7k	€23,000	2011	Ford Focus Zetec 5 door 1.6 Diesel	Silver	70k	€14,950
1401	Opel Corsa SC 5 door 1.3 Diesel	Silver	7k	€16,950	2011	Renault Fluence Tom Tom 4 door 1.5 Diesel	Red	44k	€14,950
1401	Opel Astra SC 5 door 1.2 Petrol	Silver	7k	€15,500	2010	Opel Astra SE 5 door 1.7 Diesel	Black	123k	€13,950
1302	Opel Zafira Tourer SC 2.0 Diesel	Black	18k	€25,950	2010	Opel Astra Club 5 door 1.4 Petrol	Silver	24k	€11,950
1302	Ford B-Max Titanium 5 door MPV 1.5 Diesel	Gold	20k	€19,950	2010	Opel Corsa SC 5 door 1.2 Petrol	Silver	70k	€9,950
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2012	Audi A4 SE Exterior 5 line 2.0 Diesel	Black	49k	€26,950	2008	VW Passat Comfortline 4 door 1.9 Diesel	Blue	105k	€18,950
2011	Opel Insignia 5 4 door 2.0 Diesel	Silver	47k	€18,950	2008	Peugeot 207 5 door 1.4 Diesel	Silver	148k	€7,750
2011	Opel Insignia Elite 4 door 2.0 Diesel 140 BHP	Black	61k	€19,950	2007	Opel Vectra Club 5 door 1.4 Petrol	Silver	148k	€6,950
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2011	Opel Astra SC 5 door 1.3 Diesel	Silver	55k	€14,950					
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BANANAS ARE A NATURAL LAXATIVE

Police spent 24 hours feeding a thief 96 bananas to retrieve the gold chain he stole and swallowed.

28 year old Damu Gupta snatched a necklace from a doctor minutes into a long-distance train journey from Mumbai to Gondia, central India.

But when Dr Sheetal Kamble started screaming, and passengers ran to her rescue, Gupta put the 11g piece of jewellery in his mouth.

Gupta vehemently claimed he was innocent and passengers could not find any chain on him. But one passenger said he had noticed Gupta swallowing something and assumed it must have been the chain, police said.

Police arrested him in Kalyan, the second stop, and two days at the local hospital while scans and X-rays were being conducted to find it, finally an ultrasound showed the chain to be in his abdomen.

Gupta was fed 96 bananas by a doctor over 24 hours and at last the gold chain was retrieved. Police said Gupta has since confessed he committed similar offences in his village in Uttar Pradesh, northern India, for which he had previous jail terms.

THIS WEEKS QUOTE

"Nowadays we are all of us so hard up that the only pleasant things to pay are compliments. They're the only things we can pay." From Lady Windermere's Fan by Oscar Wilde

TOASTMASTERS

Killarney Toastmasters who celebrate the 10th anniversary of their founding as the Home Club of World President Ted Corcoran – the first and so far the only Irish person to achieve this rank – held their AGM recently. Gerard Mannix was unanimously elected as President for the coming year and Helene Brunacardi has accepted the role of District Governor over the three clubs in the area.

The club will hold their last meeting for the season on Tuesday, May 27 at the Malton Hotel from 8.30-10.30pm.

We welcome people to come along on the night and see what we're all about and hear people speak about their experience of being a member.

Membership will reopen on Tuesday, September 9th.

Further information from Bernadette Noonan on 0877546984.

CEMETERY MASSES IN KILLEENTIerna PARISH

Readers who have relations and friends buried in Currow and Currans Cemeteries may wish to note that there will be Mass in Kilsarcon Cemetery on Tuesday May 27th; Old Killeentierna Thursday June 5th; Dysert Monday June 9th; St. Michaels Killeentierna Tuesday June 17th; and New Ardcrone, Currans Monday July 7th. All masses at 8pm.

This is a good opportunity to tidy family graves and please let other family members and friends know about the Mass.

SAUERKRAUT HELPED CHANGE THE WORLD

Scurvy, a disease caused by extreme vitamin C deficiency, plagued sailors aboard long-distance sailing ships for centuries, took its toll on nearly every voyage during the Age of Sail — the period of global exploration by sailing ships lasting from the 16th to the mid-19th century.

For instance, commodore George Anson, who set sail with six ships for the Pacific in 1740 with 2,000 able seamen, returned to England with less than 700, the rest consumed by the disease. According to Anson's chaplain, "those affected have skin as black as ink, ulcers, difficult respiration, rictus of the limbs, teeth falling out and, perhaps most revolting of all, a strange plethora of gum tissue sprouting out of the mouth, which immediately rotted and lent the victim's breath an abominable odour."

Simple, fermented sauerkraut played an important role in helping prevent scurvy — an affliction known in its day as the scourge of the seas, responsible for an estimated two million deaths between 1500 and 1800 — on sailing ships around the world.

In 1753, Scottish naval surgeon James Lind noticed scurvy was invariably linked to those whose diet had been severely limited. He began testing various foods and noted that citrus fruits provided the quickest and most effective cure for the disease, but fruit would rot before it could be eaten.

With no real cure available, the British crown outfitted four captains during the 1760s with various potential cures in an attempt to find a reliable method to prevent scurvy through trial and error.

Captain James Cook, one of these four captains, was given several different experimental foods to try aboard his ship the HM Bark Endeavour when he left England for the South Pacific in 1768. Among them, as noted in the victualing minutes — the log of provisions put aboard — was 7,860 pounds of sauerkraut.

Three years after leaving England with his store of Sour Kroutt (as it was spelled then) and with not a single death attributed to scurvy, Cook returned home to report his findings. Although sour cabbage alone did not rid the seas of the disease — Cook's crew also dined on such delicacies as spruce beer, malt and portable soup — it certainly played a major part.

Asian cultures have relied on fermented cabbage to survive long winters between fruit seasons for thousands of years. Kimchi, sauerkraut's Korean cousin, was historically used during winter to stave off vitamin deficiencies, while early records show workers building the Great Wall of China ate fermented cabbage regularly when fruit was not available. In fact, the earliest sauerkraut recipes found in Eastern Europe are thought to have come by way of the hordes of Genghis Khan.

While raw cabbage contains moderate levels of the vitamin, the process of fermentation sees these levels rise considerably. Made by fermenting thinly sliced cabbage in its own natural juices, sauerkraut is rich in vitamin C, which — although unknown at the time — is the key to preventing and curing scurvy.

ON THIS DATE – 23RD MAY

1568 - Netherlands declared independence from Spain.

1701 - After being convicted of piracy and of murdering William Moore, Captain William Kidd was hanged in London.

1754 - Birth of Dr. William Drennan in Belfast; physician, poet, educationalist, political radical and one of the chief architects of the Society of United Irishmen.

1785 - Benjamin Franklin announced his invention of bifocals.

1794 - As part of a crack-down on seditious activity during Britain's war with France, the Dublin United Irishmen were suppressed.

1798 - United Irishmen rebellion began in Leinster.

1873 - Canada established the North West Mounted Police force (the "Mounties").

1920 - Oliver Plunkett was beatified by Pope Benedict XV.

1999 - Rural post offices were thrown a life-line when the Government gave its strongest

commitment to preserving regional services 2002 - The long simmering row between Roy Keane and manager Mick McCarthy erupted and Keane was expelled from the Irish World Cup squad.

IN COLOMBIA AND PERU, PLASTIC TRASH WILL BE AS GOOD AS MONEY

To reduce poverty and save wildlife, the Plastic Bank offers goods and services in exchange for collected litter.

Self-proclaimed beach bum and business exec David Katz has visited many coasts, including those in poorer parts of the world where shores have "more plastic visible than sand." Moved by disadvantaged locals and wildlife glutted by trash, Mr. Katz put on his entrepreneurial thinking cap. Why not turn all the junk into something valuable?

Mr. Katz's idea, which became the Plastic Bank, is ambitious but simple: People collect plastic waste in exchange for basic goods such as food and shoes. The accrued mixed plastic material can then be sent to manufacturers, who instead of producing more synthetics can reuse the eco-friendly (and marketable) "social plastic."

The project aims to make an impact by decreasing poverty by 2035 and cleaning up plastic waste from the world's oceans—a worthy but tough goal. Centuries-old plastic litters the planet. By 2025, the World Bank estimates, 2.42 billion tons of plastic will be dumped every year.

Discarded by big corporations, most trash travels to faraway beachside communities in developing countries. "In a lot of places in the world, people are actually dumping plastic waste into the streets and pushing it into the waterways," Plastic Bank cofounder Shaun Frankson explained. "If we can just reveal value in plastic, it becomes too valuable to let it sit there. It's not just plastic they're collecting."

Plastic collectors can become their own bosses too. The banks will be equipped with 3-D printers made available to locals who bring in plastic waste, so they can print out items like water pumps and filters. Through the training offered on-site, they can start businesses and sell the products themselves.

The more plastic that is collected, the more will be removed from our waterways. And the more plastic they collect, the more they can lift themselves out of poverty.

FARMER GETS CHOOSY WHEN HE GETS TOO MANY REPLIES TO HIS AD

A German farmer says he "can't get any work done" because he has been inundated with offers since he hung a sign outside his farm in Freiburg indicating he was looking for a wife.

At first his sign, which read: "Busy farmer

is looking for a wife," didn't receive much attention, but since he was featured in a local newspaper report the amount of applications have gone through the roof and he has now confirmed he will only consider the younger women who apply.

The farmer who owns 20 hectares of land and his own farmhouse said he hope to choose a wife from the selection and then get back to living normally.

CRUELTY IS NOT ENTERTAINMENT

Every year, hundreds of fiestas involving the use of bulls take place across Spain. The animals are chased, injured, taunted and killed in public spectacles that desensitize those who witness them..

The type and scale of these events vary. Some are openly publicized to tourists and others are held privately for local citizens. At least one event has been declared "cultural heritage" by politicians.

At "fire bull fiestas," bulls have flaming torches attached to their horns. Unshackled once the torches above its head are ablaze, the bull dashes about the square trying to avoid roaring bonfires, as spectators rush in, trying to goad it. The animal tosses its head again and again, as it turns in one direction then the next, trying desperately to escape the fire burning above its head. As the fire burns, drops of the flammable liquid fall on to the head and body of the animal and loud firecrackers explode above the square. These events can last for up to 40 minutes.

There is much support locally for an end to these brutal spectacles. According to Spanish group PACMA, 84% of people who took part in a recent poll rejected similar events, known as correbous, in Catalonia.

In other instances, men on horseback with long spears pursue and corner bulls who, when finally exhausted, are stabbed to death.

And then of course there is the Bull fight - The bull is not an aggressive animal, and the reason he is angry and attempts to charge at the matador whilst in the bullring is mainly because he has been horrendously abused for the previous two days. In fact, what spectators see is not a normal, healthy bull, but a weakened, half-blinded and mentally destroyed version, whose chances of harming his tormentors is virtually nil. The bull has wet newspapers stuffed into his ears; vaseline is rubbed into his eyes to blur his vision; cotton is stuffed up his nostrils to cut off his respiration.

A strong caustic solution is rubbed onto his legs which throws him off balance. This also keeps him from lying down on the ground. In addition to this, drugs are administered to pep him up or slow him down, and strong laxatives are added to his feed to further incapacitate him. He is kept in a dark box for a couple of days before he faces the ring: the purpose of this is to disorientate him. When he is let out of the box, he runs desperately towards the light at the end of the tunnel. He thinks that at

last his suffering is over and he is being set free — instead, he runs into the bullring to face his killers and a jeering mob.

The sequence of events begins when the bull faces the picadors — these are the men on horseback, whose purpose it is to exhaust the bull. They cut into his neck muscles with a pica. This is a weapon of about 6-8 inches long, and 2 inches thick. Once it is thrust into the bull it is twisted round and a large, gaping wound appears. The bull then starts bleeding to death. After the picador has finished his sordid business, the assistant matadors then get to work with the banderillas (sharp, harpoon-like barbed instruments). These are plunged into the bull's body, and he may also be taunted by capes. Up to six banderillas may be used. When the banderillas strike the bull stops in his tracks and bellows madly.

The matador is supposed to sever the artery near the heart with one thrust of the sword — in fact, this never happens. It often takes 2-3 times before the creature is mercifully released by death. By this time, the bull's lungs and heart will be punctured and he always vomits blood. Miraculously, he sometimes attempts to rise again, and gets up on his knees, only to receive further mutilation at the hands of his tormentors. He finally gives up, goes to his knees and lies down. Even then, he is not allowed a little dignity to leave this world in peace, his ears and tail are cut off (often when he is fully conscious), and his broken, bleeding body is dragged around the ring by mules, to which he is attached by an apparatus made of wood and chains. Not content with his suffering, which must be too horrible to describe by words, the crowds boo and jeer him. They even throw empty beer cans at him. His body is then taken away to be skinned, and even then he may not be dead when this happens.

The bull is not the only animal to suffer in the ring — hundreds of horses die long and agonising deaths as they are gored by the pain-crazed bull. Horses have their ears stuffed with wet newspaper, they are blindfolded and their vocal chords are cut so they are unable to scream in pain. It is not an uncommon occurrence for horses to stumble upon their own entrails after being badly gored. After a horse has been wounded it is led out of the ring, given crude surgery, and sent back in. Horses used in bullrings sweat and tremble from fear — they are forced to return to the ring time and time again. The picador's horses are generally animals whose working life is over, and which are, therefore, old, infirm and docile. Their reward for serving mankind faithfully is to end their days in the bullrings.

FINALLY THIS WEEK

If you are going on holiday to Spain and certain other countries please do not attend any events that support torture - bullrings are largely sustained by tourists who visit out of curiosity and a misguided belief that if they fail to visit this unique part of Spanish culture, their visit to Spain will not be complete.



EXAM STRESS

As you study this week - don't forget to include regular breaks and to take care of yourself during the exam preparation. It is important that you are in good mental and physical condition for the exam. As there isn't enough time to go over everything, you must decide what is most important for the exam.

A small amount of stress can be good so if you feel a little anxious before an exam do not worry about it. It may even improve your performance. However, too much mental or physical strain can be detrimental to your performance so try not to become too anxious about the exams and find ways of coping with your anxiety. Keep a positive attitude about the exams and stop yourself if you find yourself thinking or saying negative things such as 'I am no good at exams.' Avoid staying up too late if you can help it and aim to get a good night's sleep. Eat well now to build your energy, but avoid heavy foods that can make you drowsy.

What does your teenager want at this time?

The last thing young people want is to be questioned about study. This can create even more anxiety and close off any further conversation. Young people want the respect and responsibility to manage their own study, their social life and the balance between the two. However, they also need and want your help at times - but usually when they request it and on their terms. Throw into the mix however, that young people would also like their parents to 'intuit' that they need some support - and would like their parents to reach out at these times of difficulty too. So be prepared to lend your support when you see worry, despair or struggle.

If your teen seems to be procrastinating, disorganised or spending too much time online this can often signal that they don't know where to start - so be sure to offer some concrete help. Anger and irritability, whilst to be expected at this time, can also be symptoms of not coping - so be sure to respond calmly and not take it personally.

Your practical support at this time will also be greatly welcomed. Make sure your teen has a comfortable place to study. You can help them to organise their study space, so it's not too cluttered. Ask them if there are any subjects that they need particular support with - and assist them in whatever way you can. There are numerous online resources that you can check out yourself. At SouthWest Counselling Centre, Killarney we have a team of parenting and adolescent counsellors who can provide valuable support at this time. Call (064) 6636416 info@southwestcounselling.ie

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples - both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide.** info@kerrylifeline.com To make an appointment call 064 6636416.

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Health Matters....

With Dr. Michael Moloney

SINUSITIS PART 2

Treatments for sinusitis

Most cases of sinusitis are due to a viral infection. Like with colds, the immune system usually clears the virus and symptoms go within a couple of weeks. In the proportion of people who are suffering from bacterial infection the immune system should clear this also. Therefore in most people antibiotic treatment for sinusitis is not needed.

Antibiotics can also cause side-effects. Side-effects can include diarrhoea, nausea, vomiting, skin rashes and thrush.

However, antibiotics are sometimes useful. Your doctor is not likely to prescribe an antibiotic for a mild bout of acute sinusitis. But a course of antibiotics may be prescribed in some cases, for example:

- If your symptoms are severe or if you are very unwell.
- If you have another illness such as cystic fibrosis, heart problems or a weakened immune system.
- If your symptoms are not settling within 7 days, or are worsening.

Treatment to relieve symptoms

Some treatments may help to relieve symptoms whilst waiting for your immune system to clear the infection. These include the following:

- Painkillers such as paracetamol or ibuprofen will usually ease any pain. They will also help to bring down any fever that you may have. Sometimes stronger painkillers such as codeine are needed for a short time.
- Decongestant nasal sprays or drops are sometimes used. You can buy these from pharmacies. They may briefly relieve a blocked nose. However, they are not thought to shorten the duration of acute sinusitis. You should not use a decongestant spray or drops for more than 5-7 days at a time. If they are used for longer than this, they may cause a worse rebound congestion in the nose.
- Keeping hydrated can be helpful, so have plenty of drinks.
- Warm face packs held over the sinuses may help to ease pain.
- Saline nasal drops may help to relieve congestion and blockage in the nose.

Steam inhalation is a traditional remedy but is now not usually advised. This is because there is little evidence that it helps. Also, there have been some reports of people burning themselves trying to breathe in steam from a kettle. However, some people say that their nose feels clearer for a short while after a hot shower.

If symptoms are not easing after a week it is best advised to see your GP who can advise regarding appropriate management. Thankfully serious complications from sinus infections are rare.



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Specialising in Sports Medicine, Acupuncture,
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Doctor to the Kerry Senior Football Team.
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NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and ever day throughout the world forever. Amen".
Pray, whether you believe or not.
Publish on the 9th day.
Your request will be granted no matter how difficult it may seem.
Favour often granted on the third day.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within Your own heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.
In thanksgiving.

DEBT REMOVAL PRAYER

Lord, I confess I've made mistakes, I have accumulated too much debt, and now I cannot imagine overcoming it without your help. Please Lord, I beg of you to intercede on my behalf. Provide me with the financial means to be able to breath again. Please forgive my sins Lord. Walk with me and help me to make the right decisions throughout my life. In your name I pray. Amen.
You must say 3 Our Fathers for 7 Days. Must promise publication. Never Know to fail.

NOVENA TO THE SACRED HEART

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Take it dear heart of Jesus and place it within Your own heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.
In thanksgiving.

NOVENA TO THE SACRED HEART ST JOSEPH, PADRE PIO, ST ANTHONY, ST THERESA & ST JOSEPH OF CUPERTINO

NEVER KNOWN TO FAIL

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall I ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your perfect love for me and therefore I place all my trust in your.
Our Father, Hail Mary and Glory.
Say 3 times for 3 days and request will be granted, Never known to fail.
Must publish.

P.O.C.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days.
Publication of prayer and favour will be granted.

PRAYER TO PADRE PIO

O God,
You gave Saint Pio of Pietrelcina, capuchin priest, the great privilege of participating in a unique way in the passion of Your Son, grant me, thorough his intercession the grace of... which I ardently desire; and above all grant me the grace of living in conformity with the death of Jesus to arrive at the glory of the resurrection.
Glory be to the Father... (three times)

ST. THERESA

St Therese, the little flower, please pick me a rose from the heavenly garden and send it to me with a message of love.

Ask God to grant me the favor I thee implore and tell Him I will love Him each day more and more.
Amen.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and ever day throughout the world forever. Amen".
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Publish on the 9th day.
Your request will be granted no matter how difficult it may seem.
Favour often granted on the third day.

L.B.W.
ED22

WALSH

13TH & 24TH ANNIVERSARY



In Loving Memory of
Patrick and Kattie Walsh

Faugh, Muckcross
Who died on May 25th 1990 and
May 28th 2001

*No matter how life changes
No matter what we do
A special place within our hearts
Is always kept for you
You never wished for sadness
You never cared for fuss
Just to be remembered
And loved by all of us*

Sadly missed by
your daughter Rose, Tom, Shane and Craig.

Anniversary Mass Muckcross Church Sunday
25th May 9.30a.m.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

B.T.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within Your own heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.
B.T.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

J.J.

THE MIRACLE PRAYER

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Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.

THANKS GIVING

Sacred Heart of Jesus, Padre Pio and Our Blessed Lady, a thousand thank you for everything and all the Saints and Souls.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received
x



Heather

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Heather is set on 5 acres of multi-level gardens with breathtaking views of the McGillicuddy Reeks.

...accompanied by the finest barista coffees, craft beers & wines by the glass or bottle...



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LOCAL CHEESE & CHARCUTERIE PLATTERS
HEARTY MAINS
FRESHLY BAKED IN-HOUSE DESSERTS
CRAFT BEERS
CAREFULLY SELECTED WINES



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