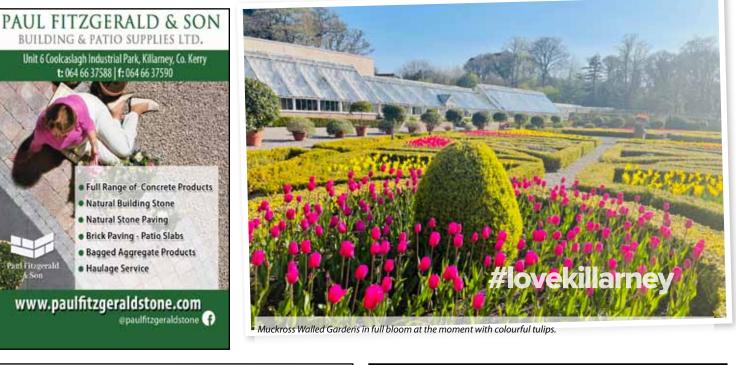
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170Km My Way Launched - *See Page 4*



Aisling Crosbie.

FROM THE EDITOR

As we enjoy wonderful weather this week, the lifting of restrictions to allow us to travel around our county is being well and truly taken up by Kerry folk.

We have a busy magazine for you to enjoy this week with everything that is happening in and around Killarney.

Things are looking brighter for everyone, the phased easing of some restrictions is continuing. Our vaccination programme is well underway, we are getting there.

#staylocalforapril #StaySafe #ProtectEachOther

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HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE T: 0818 222 024

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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The stunning Muckross lake in glorious sunshine.

PICTURE: SIOBHAN MCCANNON

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NEWS

170KM *MY WAY* LAUNCHED



With the Annual Ring of Kerry Charity cycle cancelled for this year due to covid-19, the Ring of Kerry Charity Cycle committee have come up with a novel new event for charity. Speaking to the Killarney Outlook this week, Cathal Walshe, said "It's called 170km My Way and this is how it works - no matter where you are located you can cycle the equivalent of the Ring of Kerry. It can be done in a day, over a week or a month on your own doorstep as it were".



"As June the 3rd is World Bike Day this is the proposed start day and finishing on July 3rd the date that would coincide with the actual cycle if it were on this year", Cathal said.

Registration for the event will open on May 1st on the ringofkerrycycle.ie website with a registration fee of \in 35 plus handling fees for this there is top quality Tshirt with 170km printed on the front and back and 15euro for your chosen charity.

THE EIGHT CHARITIES TO BENEFIT ARE: Ard Churam,Listowel, Down Syndrome Kerry, St. Francis Special School, Cunamh Iveragh, Breakthrough Cancer Research, Irish Heart Foundation, Alzheimer's Society Ireland together with the Ring of Kerry Charity Cycle. "The committee would like every to get up on their bikes during the month of June and cycle the distance in your own area for your chosen charity", Cathal added.

All charities will have their own Idonate page and cyclists can set up an Idonate page themselves. This event should also appeal to the corporate sector getting their employees involved for charity.

KILLARNEY'S PUBLIC VACCINATION CENTRE OPENS

People in the 65-69 age group are being vaccinated in one of two public vaccination centres which opened in the county yesterday.

The vaccination centres located at MTU Tralee and Killarney Sports and Leisure have began vaccinating people who have made appointments online at hse.ie or by ringing 1850 24 1850.

The vaccination centres across Cork and Kerry have been established as a joint project between the South/South West Hospital Group and Cork Kerry Community Healthcare.

Vaccination at the centres is by appointment only, and only people who have received a confirmed appointment from the HSE should attend at the vaccination centres and should bring photo ID and details of their PPS number.

Walk in's cannot be facilitated and registration is still open for anyone aged 65 to 69 at hse.ie and on 1850 24 1850

Both of these centres have already been used to vaccinate people from Cohort 4 in the Governments Vaccine Allocation Groups, which is people with an underlying condition putting them at severe risk. They will continue to be used as the vaccination roll-out continues and moves through the different vaccine allocation groups.



Killarney vaccine Centre getting ready to administer vaccines to the 65-69 age-group. - Pictured Back L/R : Kay O'Connor, Florence O'Meara, Sonia Waldron, Joe O'Donovan and Hannah Healy. FRONT L/R : David Moynihan, Marie Maye and Ciaran Doolan all from Killarney. **PHOTO: DOMNICK WALSH**

OUTDOOR DINING SCHEME TO BE DISCUSSED

Over 30 people attended an online meeting held by Killarney Chamber of Tourism & Commerce on Wednesday afternoon regarding the outdoor dining infrastructure scheme. Hosted by President Niall Kelleher, matters raised will be brought to the attention of Kerry County Council officials for consideration at a meeting which will be held today, Friday. Attendees were told that eight destinations in the country were approved for funding from Failte Ireland under the Outdoor dining infrastructure scheme and Kenmare Place, Killarney was one of these, with the Boatyard in Dingle being confirmed as the other Kerry location. While there was broad welcome for the news, it was widely felt that one area was not enough and that Main Street, Market Lane, High Street and New Street were all possible locations that were suitable. However, one of the criteria of the funding was that the area has to be permanently or semi permantely pedestrianised.

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Popular Outlook columnist MARGARET HOULIHAN PASSES AWAY

t was with great sadness that the staff at Killarney Outlook heard of the passing of Margaret Houlihan on Friday last. Margaret wrote her popular "Margaret's Ramblings" column with Outlook Publications for many years.

In her weekly column, Margaret covered a diverse range of topics including local, national and international snippets of interest for her followers and friends.

Margaret who lived in Dromroe, Currow with her husband John leaves behind family and friends who will be poorer for her passing.

Margaret spent her life helping others in the community, an avid animal lover, Margaret was involved in many aspects of life in her parish.

From Tidy Towns to the parish newsletter, Margaret was involved in everything.

At her funeral mass in Church of the Immaculate Conception on Monday last, gifts to represent Margarets life were brought to

the alter.

Mary Brosnan brought a copy of the Sliabh Luachra Outlook Magazine reflecting Margaret's great interest in journalism.

Mary Pembroke brought a statue of a cat, reflecting Margaret's love of animals and nature and Margaret Scanlon brought up an Isla Grant DVD reflecting her great love of Country music.

Margaret requested that instead of flowers donations could be made to Sister Consilio, Bruree, Co. Limerick.

Following Requiem Mass for Margaret, a private cremation took place in the Island Crematorium, Ringaskiddy, Co. Cork.

Margaret is survived by her husband John, sisters-in-law Margaret Doherty and Hannah Whelan, brother-in-law Patrick Houlihan, family and many friends.

May she Rest in Peace.

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Guided walks proposed for Killarney



A proposal to organise guided walks of Killarney National Park, in Muckross and at Knockreer, has been referred to Minister of State for Heritage and Electoral Reform, Malcolm Noonan, and local National Parks and Wildlife Service management. Killarney Chamber of Tourism and Commerce said it would give visitors and locals a greater understanding of the history of the park and the flora and fauna that flourishes within its boundaries. Speaking during the course of a virtual meeting with Minister Noonan, Killarney Chamber President, Niall Kelleher, said preliminary indicative numbers suggest that in the region of 2.3 million people visit the park on an annual basis and that would suggest that there is a huge opening for guided tours.

"This number will only increase as visitors return to Killarney once restrictions are

lifted. Education is key to people understanding our unique eco system," he said.

Meanwhile, Chamber Executive member, Padraig Treacy, has asked Minister Noonan and his management team to facilitate a tasteful and cultural Christmas event in Killarney House and Gardens in December.

"Like the rest of the country, Killarney and Kerry needs a positive outlook and, hopefully, the later part of the year will see an end of Covid-19 restrictions," Mr Treacy said.

"A nice Christmas event in keeping with the surroundings of Killarney House could be a wonderful collaboration between the NPWS and the town."

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NEWS

A true gentleman.... Killarney says farewell to Michael Browne



Ne death took place this week of popular Killarney man Micheal Browne who lived on the Muckross Road.

Mr. Browne was well known though his work as an engineer with Kerry County Council.

Michael passed away peacefully in his home in the loving care of his family and his wonderful carers. Beloved husband of the late Kathleen. Michael will be sadly missed and dearly loved by his family, daughters Anne and Russ, sons Michael, David and Gary, his grandchildren Kevin, Darragh, Ross, Sam and Niamh, brother Tom, sister Mary (California) daughters-in-law Michele, Siobhán and Maura, son-in-law Michael, Peter, nephews, nieces, relatives, neighbours and a wide circle of friends.

A founding member of Killarney Musical Soceity, Michael adored music of all types.

In this week's Killarney Outlook, Orna Cleary-O'Shea, PRO of the society paid tribute to him. "Killarney Musical Society awoke to the sad news

of the passing of one of our dear longstanding members, the late Michael Browne on Monday last, April 19th. Michael was one of a brave and



Michael Browne, centre pictured with his daughter Russ and Don Rohan at a musical society quiz.

wonderful group of Musical Theatre lovers who came together way back in 1984/'85 to reintroduce a Musical Society to the Town, and gallantly took on the unenviable task of becoming our first Chairperson, no better man for the job as the society is still producing musicals some 36years later. Michael was a fabulous mentor and guide to many the Chair person that followed and was always available with advice, ideas, suggestions, support or just a friendly word of encouragement, or an ear to burn by many of his successors. Michael has been Vice President of our Society for the past 35years and up to recently would always attend our opening night production, we looked upon nights like these as our 'Once A Year' days as we all got the chance to have a friendly chat with Michael and of course hear his opinions and thoughts on the show. His love and interest in Musical Theatre was passed down to his children with his daughter Anne being involved in the Rathgar/Rathmines Musical Society, Russ produced some of our societies

shows along with taking part in many of our productions, and his son David who also tread the boards with KMS. Indeed Michael was also known to tread the boards with us on a number of occasions but the one that stands out in all our memories and hearts is that of our beloved Colonel Pickering in the societies production of My Fair Lady in 1987, this was Michael at his finest, no acting required as his gentle, caring and kind nature and talent shone. I hope the choirs of Angels greeted you today with ' How Do You do'? Michael.... or perhaps a verse of 'The Rain In Spain'. Over 35 years later Michael's interest and love of Killarney Musical Society was evident and greatly appreciated and admired by all who knew him. He was one of this life's greatest gentlemen, and we have as a Society been truly blessed to have known and loved him as we do. To his dear family Anne, Russ, Michael, David and Gary we extend our heartfelt sympathies on the loss of your dear father, reunited now in his eternal home with his beloved Kathleen. Rest In Peace our dear friend, we will miss you and your friendship and know that from your heavenly home you will continue to guide us all in Killarney Musical Society.

Following Requiem Mass in St. Mary's Cathedral, Michael was laid to rest in the New Cemetery Killarney on Wednesday.

WALK IN COVID TEST CENTRE OPENS IN TRALEE

As part of the HSE's enhanced Covid-19 testing for local communities, the Tralee test centre will facilitate Covid-19 tests without requiring an advance appointment for those who are symptom-free. From Wednesday, April 21st, for one week, the existing test centre at Ballymullen Barracks will offer Covid-19 people to asymptomatic people in the Tralee area. On weekdays and Saturday the appointment-free testing will run from 9.30am to midday and from 2pm to 5pm; and on Sunday the times for walk-in tests will be 2pm to 5pm.

The walk-in / no appointment necessary testing will operate alongside the existing testing at the centre whereby GPs refer those with symptoms, and close contacts of a confirmed case of Covid-19, for their Covid-19 test.

Walk-in test centres of this kind have opened

in a number of locations around the country in recent weeks. These no appointment necessary testing centres offer those with no symptoms of Covid-19 an opportunity to be tested, allowing for the raising of awareness.

The testing service for those with symptoms and those who are close contacts of confirmed cases of Covid-19, which are arranged via GPs will also continue to operate as usual at the Tralee test centre.

You should use this free, walk-in COVID-19 testing service if you:

-are aged 16 years and over -do not have symptoms of Covid-19 but would like to be tested

-have not tested positive for Covid-19 in the last six months

-Remember, it's 1 test per person.

You must bring photo identification with you and provide us with a mobile telephone number so we can contact you with your results.

You can avail of a free Covid-19 test without having an appointment in advance between 9.30am to midday; and 2pm to 5pm on weekdays and Saturdays, and from 2pm to 5pm on Sunday.

This testing will begin on April 21st and run for seven days, ending on April 27th.

Social distancing measures will apply as people attend for testing. If the waiting times are too long for you, you are welcome to return at another time or day.





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NEWS

AIR AMBULANCE TASKED TO 29 MISSIONS IN KERRY IN THREE MONTHS

Irish community air ambulance ceo micheal sheridan by photographer darragh kane

2-year-old Emma McGuire from Douglas in Cork was travelling to Tralee with a friend on the 8th of March 2020 when they were involved in a serious crash between Killarney and Tralee. Emma said the last thing she remembers before the crash is coming to the roundabout in Killarney. Her next memory is waking up in hospital more than 24 hours later.

She had been flown by the Irish Community Air Ambulance to Cork University Hospital in a critical condition. Her spleen burst, she had to be resuscitated at the hospital and was given 14 units of blood in total. Emma underwent emergency surgery that night to remove her spleen and the following day had

further surgery on her femur and ankle. Emma also underwent surgery at Tallaght University Hospital on the 23rd of March for a fractured pelvis before returning to CUH. It was June before Emma finally returned home.

G-

Air Ami slance

Emma is just one of many brought to hospital by The Irish Community Air Ambulance

The Irish Community Air Ambulance was tasked to 127 incidents across nine counties during the first three months of 2021. The figures represent a 21% increase compared to the same period last year when there were 105 call outs. In Kerry the Irish Community Air Ambulance was tasked to 29 incidents across the county during the first three months of 2021. The Irish Community Air Ambulance, formerly Irish Community Rapid Response, based in Rathcoole in County Cork, works in tandem with the National Ambulance Service to provide both paramedic support and transport to hospital for seriously ill patients. Figures from the ICAA show that March was the single busiest month since the start of the year, with the Air Ambulance being tasked a total of 47 times. There were 41 missions in February and 39 in January. The Air Ambulance was in the air for 32 hours during that time. Cardiac arrests account for the most incidents, with a total of 32 taskings between January and the end of March.

I'm so grateful to them, I'm so lucky that there was something or someone looking out for me that day

KERRY SANCTUARY RUNNERS SEEK PUBLIC'S HELP TO **HIT AMBITIOUS MARATHON TARGET**



The Kerry Sanctuary Runners (Tralee, Killarney & Kenmare) use running, jogging and walking to bring together asylum seekers, refugees and wider Irish society, are calling on the people of Kerry to help them with an ambitious bid to build the world's most diverse relay team on June 6th in what they're calling their 'Light at the end of the Tunnel' run.

On June 6th Sanctuary Runners in Ireland, and across the world, will don their iconic blue

running tops to run in the virtual Cork City Marathon.

While some will take on the full or half marathon distance the majority will run, jog, walk or crawl a leg of the relay – just over 8 kilometres in distance.

And Pauline Dennigan of Tralee Sanctuary Runners is hoping that people in Kerry can do their bit to help an initiative which has been pivotal in breaking down barriers between those in Direct Provision and wider society over the last three years.

"There are now 26 Sanctuary Runner groups across Ireland with well over 3,000 regular participants - about a quarter of those being people currently living in Direct Provision and the rest from wider Irish society. As our group here in Kerry grows we really want to throw out a warm welcome for everybody to join us. There is no fundraising involved and while for now we are running, jogging and walking virtually we hope to be able to come together in small pods at least in the weeks to come." To find out more visit Sanctuaryrunners.ie or email srcorkmarathon2021@gmail.com

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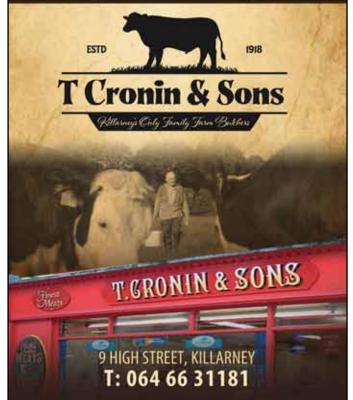
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Thanking everyone for their continued support and cooperation, stay safe everyone.

#staysafe #shoplocal





NEWS

€1,718,685 Funding for Kerry Airport

Minister of State at the Department of Transport, Hildegarde Naughton T.D., has today announced the allocation of over €11 million in Exchequer funding to regional airports with Kerry benefitting to the tune of over €1.7 million.

Almost €4.8 million has been allocated to the airports of Donegal, Ireland West (Knock) and Kerry under the Regional Airports Programme 2021-2025 and over €6.3 million has been allocated to Shannon Airport under the COVID-19 Regional State Airports Programme 2021.

Announcing these allocations, Minister of State Naughton said: "I am delighted to be approving these capital allocations in what has been an incredibly difficult year on our regional airports. This funding represents a strong commitment by Government to help Ireland's regional airports remain financially sustainable as they plan to move beyond the largest exogenous shock that the sector has ever faced.'

Minister Naughton added 'I am pleased to say that this year's funding has also taken climate objectives into account for the first time, representing an important step in the process towards the 'greening' of Irish Airports. I am confident that today's allocations, coupled with the impending funding to address the impacts of Covid, will help airports regain their foothold



in the aviation market when recovery begins.' The allocations, which will contribute towards capital investment in the areas of safety, security and sustainability, are being provided as follows:

Each airport received the amount of funding requested for their respective projects. Many of the projects being supported incorporate valuable climate benefits, such as the replacement of vehicles with more efficient, low emission equivalents and the replacement of airfield and external lighting with LED. Other projects funded include new safety and security systems which incorporate more energy efficient components, as well as components that are recyclable at the end of their service life.

Award for Maths genius Benedek

A first year student at Castleisland Community College has come second in Ireland in the Irish Mathematics Teachers Association Quiz.

Benedek Hernold-Csorba competed with 6,306 first year students in the quiz which is a yearly event has been organised nationally since 1994. It consists of answering multiple choice brain teasers based on mathematical problems. The competition was held on line this year. Students were sent a link to the quiz and completed it online within 40 minutes. Benedet's maths teacher Susan O Halloran described him as 'an enthusiastic and hard working student with exceptional mathematical ability'.

Benedet received a mathematical sculpture entitled 'To Sum It Up'. The sculpture documents the ancient origins of mathematics. On one side there is a depiction of a Babylonian mathematical clay tablet (the original is currently preserved at Yale) which dates from 1800 BC. The other side of the sculpture has a set square, a dividers and a protractor, which again is based on the Babylonian sexagesimal system.



Ivonne Rice (School Quiz Co-ordinator), Benedek, Susan O'Halloran - Benedek's maths teacher and Teresa Lonergan (Principal).

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NEWS

St. Brigid's Down Memory Lane



Sheree Murphy Teacher and PRO of St. Brigid's Presentation went down memory lane this week with one of the schools previous Orla Benson Award winners Jessica Sherwood (Née Murphy) originally from Scrahan Court, Killarney but now living in Farranfore with her husband of three and a half months Jack.

S: Hi Jessica, what year did you graduate from St. Brigid's?

J: The Year 2010, we were the first year of the new uniform with the long skirts.

S: Were you involved in any extra-curricular activities in school?

J: I was involved in the Junior and Senior soccer team. I played Basketball in 1st year. I was part of the school choir. I was on the Debs committee in Leaving Cert and I was also the chairperson of the student council in Leaving Cert.

S:Thatisalotofinvolvementin extracurricular fair play to you! Any memorable moment from being involved in these extra-curricular?

J: I enjoyed the soccer training sessions a lot over in Knockreer field. I was the goalie on the soccer team, but I was no good in that position. I remember I was in goals in a final and I left in two goals. I was bawling crying after it!!

S: Oh no!!! Had you a favourite subject in school?

J: I liked every subject in school, but I suppose Math's really stood out for me. Even now when I am teaching in primary school, I love to teach Math's. There was only 19 of us in the year I did transition year. I found we got a good basis for senior cycle Math's in that year which made me

more confident with Math's in 5th and 6th year. **S: Had you any favourite teacher in school?**

J: Oh, this is a very hard question as I liked all my teachers. I really liked Ms. Maria Neary for Spanish. I thought she was an excellent teacher. Even now when you bump into her on the street she would stop and chat to you. She came on a school trip with us to Madrid, she was great fun and you got to see a different side to her outside of school.

S: What is your most memorable lesson?

J: I will always remember in 1st year our first class of SPHE. The teacher handed us out a sheet of paper and told us to read all the instructions. There were about 12 instructions on the sheet. Everyone started completing each of the instructions straight away. The very last point on the sheet said to just write your name on the top of the sheet and write nothing else. Everyone had already written down answers to each of the instructions. It was teaching you to always read everything before you do anything. That lesson stuck with me throughout school and still to this day I will always read everything before I do anything because of that lesson.

S: You were an Orla Benson Award winner can you remember how you felt when they announced you were the winner?

J: All students and staff were in the gym for the awards ceremony. The Orla Benson award was the last award. Kieran Donaghy was the guest speaker giving out the awards. My name came up on the wall behind him and I just burst out crying. I really was not expecting it at all. I was an emotional wreck walking up to collect the award. I remember seeing a picture after where I was crying in it and I had this white clip in flower in my hair that were all the fashion at the time. Anytime when I see photos from that day, I always think to myself why did I put that white flower in my hair!!!!

S: *Laughs* Was there a defining moment in your time in St. Brigid's when you knew what you wanted to do with your life?

J:In Transition Year we did work experience where I went to Holy Cross Mercy School and Carol Dempsey House of Children. I knew from them placements that I wanted to be a primary school teacher.

S: Are you still in contact with old school friends?

J: Yes, there is a group of 13 of us that are in regular contact. Three are in Australia, three in Dublin and the rest are still around Killarney.

S: If you could, would you change anything about your schooldays?

J: No ,definitely not. I always tell the kids in my class that your school days are the best days of your life. I am so glad we did not have social

media to the extent of what it is today. We only had "Bebo". We had so much fun without the phone being the centre of everything. Me and my friends always say we would love to go back to St. Brigid's even for a week as there were no bad moments.

S: Who was the biggest joker in your year?

J: Christina Tangney she was some messer in school!

S: Can you tell me a funny moment from your days in school?

J: In Transition Year we did Home Economics. We were stirring away some mixture and the teacher told us to take out the spoon and use the back of the spoon to do the next step. I literally took out the spoon turned it upside down and started stirring the mixture with the handle instead of using the actual back of the spoon for whatever we had to do for the next step. I wasn't the best at baking and cooking etc. I have got much better now tough because of lockdown, but I wasn't the best before then.

S: What were your main goals in school?

J: Do well, work hard and go to college. In 5th and 6th Year I knew I wanted to be a teacher, so I knew I had to work hard to get there.

S: How do you think teachers would have described you?

J: I think they would have described me as wanting to do my best, hardworking and friendly.

S: What would be your message to current pupils at the school?

J:l would say especially to 5th and 6th years that there isn't one direct route of where you want to go and one way into a course. The day I got my Leaving Cert results I was 5 points short of primary teaching from the previous year's points in Mary I. I was disappointed and crying in the office as I knew I was short on the previous year's points. I eventually calmed down and I will always remember my Aunt saying, "What's for you won't pass you". On the morning when the points for the courses was released I actually ended up getting enough points for the primary teaching in Mary I but due to random selection as so many people wanted the course I still didn't get a place on the course. I got accepted to St. Pat's up in Dublin to do Primary Teaching. After 1st year up in St. Pat's I transferred down to Mary I for 2nd and 3rd year. I wrote a letter to Mary I, pleading my case about getting enough points and they probably had a few dropouts after 1st year, so I then got to transfer.

S: "What's for you won't pass you" is very true. Everything does eventually work out and your story shows that. Thanks very much Jessica.

J: No problem Sheree.



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TOFFEE APPLE Vanilla ice cream, butterscotch, vanilla sauce, apple, chocolate raisins and toffee squares ^{11,3,4]}



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Allergens: 1.Eggs 2. Peanut 3. Soya Bean 4. Dairy 5. Nuts 6. Celery 7. Mustard 8. Sesame seeds 9. Sulphur Dioxide 10. Lupin 11. Molluscs 12. Crostaceans 13. Cereals

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Allocation of over €2 million in funding for rural regeneration in South Kerry

Minister for Education and Kerry TD Norma Foley has welcomed the announcement that €2,039,091 has been allocated from category one of the Rural Regeneration and Development Fund for South Kerry.

The grant will deliver a state-of-the-art Digital Hub to provide workspace for up to 50 people in the Iveragh Gaeltacht in Ballinskelligs.

The Hub will provide remote learning and upskilling programmes, support small businesses to develop and expand and provide remote working space for the surrounding region.

The funding, which is being provided under the €1 Billion Rural Regeneration and Development Fund, will support the key objectives of Our Rural Future - the Government's ambitious new policy for Rural Ireland.

The purpose of the fund is to support job creation, address de-population of rural communities and



support improvements in towns and villages with a population of less than 10,000 as well as outlying areas. Minister Foley said: "This funding is a major boost for South Kerry. It is vital investment for the Iveragh Gaeltacht community

and this state-of-the-art Hub will help build resilience and maintain Ballinskelligs and the surrounding area as a vibrant location where families and businesses can thrive."

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EU should prioritise certain trusted pharma-companies when developing 2nd Generation vaccines - Kelleher



Fianna Fáil MEP Billy Kelleher has said that the EU Commission should focus on working exclusively with certain trusted pharmacompanies such as Pfizer-BioNTech and Moderna when developing and procuring 2nd generation Covid 19 vaccines.

The Ireland South MEP was commenting after the Pfizer CEO said it is likely that a 3rd 'booster' shot will be needed within the next 12 months. "There are two primary reasons for why I'm making this suggestion. In the first instance both companies, but in particular Pfizer, have lived up to their delivery commitments.

"Pfizer were open and honest when facing challenges, and crucially when the EU needed additional vaccines, Pfizer came to our assistance. This should count for something in my book. "Secondly, and most crucially, mRNAtype vaccines have caused us a lot less concerns from a safety point of view. While we shouldn't discount other forms of vaccine production completely, we now know where we stand with mRNA vaccines.

"Furthermore, the Oxford-Astrazeneca vaccine has been beset by problems from the get-go. Of the 300 million doses promised to the EU in the first six months of the year, it is expected that only 100 million will be delivered. The EU needs to work with companies that deliver on their commitments.

"Importantly, now is the time to start working with all trusted pharma-companies to address potential bottlenecks in terms of production. The EU has been doing good work on this already. At present, there are 55 production sites in the EU. If we need more, then let's fund and build more. "The EU Commission is looking at securing 1.8 billion 2nd generation vaccines and to my mind; Pfizer should be the preferred partner for the Union.

"Last year, we were right to work a number of different vaccine producers as we were facing into the unknown. 12 months later, we know what works and we know who will work with us effectively. It's now time to start preparing the ground for the next part of ending the pandemic for good," concluded Kelleher.

New classrooms for Kilgobnet NS

The announcement by Minister for Education, Norma Foley, that Kilgobnet National School in Beaufort has been granted 2 X 19m2 Special Educational Needs rooms, has been been welcomed by local Councillor, Michael Cahill

of Fianna Fáil.

"Great credit is due to Minister Foley in facilitating this allocation to Kilgobnet under the Additional Accommodation Scheme 2021, which consists of one prefab replacement and one Wheelchair Accessible Unit totalling 48.5m2" stated Councillor Cahill. "On a personal basis, I am particularly pleased that facilities continue to be improved in Kilgobnet " stated the Rossbeigh based Councillor.

"Beaufort students, their parents and their teachers, will no doubt be delighted also with these improved facilities" added Councillor Cahill.





PLAN YOUR STRATEGY FOR THE WEEKS LEADING UP TO JUNE'S LEAVING CERT EXAM



By Billy Ryle

Most exam candidates have already done a fair amount of study. Some have worked consistently while others may have been less focussed on the road to June. But the fact remains that every exam candidate has a foundation of work to build on over the next few weeks. Efficient and careful use of the remaining time will be enough to get you over the line. No matter how little work you have done to date, you can still achieve a worthwhile result in your exam if you do your best during the final weeks.

Clarify your goals and make an action plan to achieve success. Your academic goals must be SMART – specific, measurable, achievable, realistic and time-lined. Your focus must now be on your total readiness for June's exams. Avail of all the help at your disposal to ensure that you are in tip top shape for the challenge of the exams.

The subject teacher at school will guide you through the last few weeks in revision, exam techniques and overall subject strategy. Attend school regularly during the final term and maintain a diligent work schedule to give yourself every possible chance of achieving your goals. Be clear about your goals and have confidence in your ability to achieve them. Have a plan to accomplish your aim and, critically, execute your plan by doing the necessary work.

Carry out an honest review of your exam programme. Make a decision about the level of paper you will answer in each subject. Set a target grade in each subject to motivate you. It's vital at this late stage to set realistic goals. Consider what you would like to do after the Leaving Cert exam. Be determined to achieve enough points to get a place in your course of choice. Resolve to do yourself justice in the exam and to achieve results that reward your ability and effort. Having clear and focussed goals will make your last term more productive and rewarding.

Regard the next few weeks as a challenge that you will meet headlong. Approach it with confidence and belief in yourself. Take total control of your life and channel your energy in a positive direction. Every time you have a doubt or a negative thought about yourself replace it with a positive one. You will feel better about yourself if you are in control of your situation. To assume that control, set aside some time to make out a plan of action. Decide what topics you need to revise between now and the exam. Make out an overall time schedule, a weekly schedule and a daily schedule.

For Fifth Year students anxious to brush up on the Gaeilge during the summer, it's not certain that the much-loved Gaeltacht courses will be back this year after missing out to the pandemic last year. However, Fíona Ní Laocha, Bainisteoir, Brú na Páirce, Killarney has been in touch to remind students that Brú na Páirce will run four Honours Irish Leaving Cert courses, two online and two onsite courses, commencing 26th July and 9th August respectively, public health conditions permitting.

Because of Covid 19, Brú na Páirce summer courses were delivered online last year, covering Essays, Comprehensions, Oral Irish and Literature. Each student was sent a package of excellent notes covering the Leaving Cert curriculum and the teachers taught fully interactive live classes using the Zoom platform.

Brú na Páirce has been delivering intensive Leaving Cert Honours Irish Courses for the

.....

past thirty years to students from all over the country. In addition to their Irish courses, Brú na Páirce is also running a new six-day French course online in July which will cover all aspects of the Leaving Cert course. Further information is available on www.brunapairce.ie.

Checklist

✓ Proper use of the remaining weeks will get you over the line

✔ Procrastination is the thief of time

✓ You know much more than you give yourself credit for

 \checkmark It's essential to have clearly set goals in the final term before the exam

✓ Set SMART goals – specific, measurable, achievable, realistic and time-lined

 \checkmark Put a clear plan in place to accomplish your goals

✓ Have confidence in your ability to achieve your goals

✓ Implement your plan by doing the necessary work

✔ Avail of all the help that is at your disposal

 \checkmark Regular attendance at school during the final term is vital

 \checkmark Set a target grade in each subject to help motivate yourself

✓ Your primary motivator should be to do yourself justice in the exam

✓ Regard the exam as a challenge that you will meet headlong

✓ Exam timetables are available on www. examinations.ie

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 0879808979

Hussein wins laptop in association with FIT

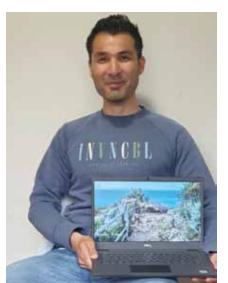
A Killarney student is one of four from Kerry to win a laptop in assoication with FIT (Fast Track to IT).

Hussein Sarwar is a VTOS student who has been studying at home since the beginning of the pandemic.

COVID-19 has been particularly tough on learners who don't have access to up-to-date technology or broadband to connect to the online learning and tuition that was necessary over the past 12 months.

FIT (Fast Track to IT) have been collaborating with Kerry College for several years providing training and employment supports in the form of CV Workshops, Interview Skills, Industry Specific Mock Interviews, LinkedIn workshops. As a means of goodwill and also in response to the challenge of studying from home, FIT has ran a National Laptop Competition. Four lucky Kerry College students were chosen to receive top of the range Dell laptops. These were: Business with Marketing learner Agnese Stradina from Listowel, Fibre Optic Installation learner James Noonan from Tralee, Applied Social Studies learner Michael Pierog from Tralee and VTOS learner Hussein Sarwar from Killarney.

Cordal native, Mare O'Donoghue is Training and Employment Officer with FIT presented the laptops to the students this week.



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CHOICE



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Kerry Students get a taste of working life with new **12-week internship programme**

Six students got a taste for life off campus this week as they embarked upon an exciting 12-week internship programme spearheaded by the Munster Technological University. Six students, all Business Studies students with MTU, will gain experience with the Ard Ri group across a variety of areas including finance, purchasing, HR, supply chain and business operations.

The programme is designed to prepare students for working life after graduation. Each student is partnered with a mentor who will help them navigate the daily challenges of working life.

According to the head of HR with the Ard Ri group, Gina Jones, the company is stepping up its focus on recruitment as it grows its team in Kerry,

"This is a structured programme where the students will gain vital experience in a supportive environment. They will be given job titles and specific roles within departments. Many of those who have interned with us in the past have continued to work for the company afterwards. We are delighted to be working with the Munster Technological University to create this 12 week internship programme



MTU students starting their 12-week internships in the Ard Ri group in Tralee, Corah McGlynn from Killarney, Louise Mangan from Tralee, Cian O' Nolan from Ennis, Chloe O' Connor from Castleisland, Christopher Kelly from Fenit and Killian Kerins from Milltown. Also pictured Emma Fitzgibbon, the Ard-Rí group and Catherine Moylan from MTU.

that we know will benefit us just as much as it benefits the students. We would like to say a huge thank you to Catherine Moylan and Derville Spring from the MTU for helping us organise everything"

The Ard Ri group CEO Neil Fitzgibbon said the company is still actively in a recruitment drive and that there are several positions currently open within the Ard Ri group in Kerry,

"We are looking for a number of different roles from accounts to sales to senior management roles within the Ard Ri group. If you feel like you need a challenge and want to join a growing team based out of Kerry but with operations across the UK and China, send an up-to-date CV to HR@ardrimarble.com"

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ACE AT MTU HOST VIRTUAL SHOWCASE

ACE AGRITECH

Ireland's premier Virtual, Augmented and Mixed Reality Suite, funded by Enterprise Ireland, Kerry County Council, as well as industry partners Dairymaster, McHale Engineering and Abbev Machinerv hosted a virtual showcase of its facilities based on the Kerry Campus of MTU on Monday 19th of April. The ACE Suite is a purpose-built virtual and physical collaboration space with endless possibilities which hosts a huge array of the very latest augmented, virtual, and mixed reality platforms, enabling you to think differently whilst working in a unique technology-rich environment.

This virtual showcase is the first in a series of events taking place in April and May to launch three innovative projects across the National Centre of Agricultural Engineering which is based on the MTU Kerry Campus. These projects have secured a budget of over \in 4.5million and have created 16 jobs in this highly skilled area.

Dr Sara Morrissey Tucker, ACE Centre Manager said "No matter what your business needs, the ACE Suite, including its support and consultation team, can create a custom-made solution tailored to your needs. This presentations includes and pitches, workshops and ideation, conferences, unique media events and filming locations, product launches, design thinking, and anything else you can imagine."

Professor Joseph Walsh, Head of the School of STEM at MTU, stated "MTU has a very proud tradition of Agricultural Engineering Education and Research for over 40 years, we are delighted to be leading these innovative projects working with a wide range of the AgriTech companies nationally. At every stage across the entire agri-food supply chain smart agricultural technologies are used, from the planting of seeds to the harvesting of crops, breeding of livestock and treating disease, transporting goods and managing commercial sales. Agricultural technology is rapidly becoming one of the world's fastest growing and exciting markets. It is driven by global challenges: a rising population, rapid development of emerging economies with western lifestyle aspirations and growing geopolitical instability around shortages of land, water and energy. These challenges need to be addressed through improvements in yield and efficiency with a reduced environmental impact, including carbon reduction and improved biodiversity. A technology revolution is also taking place. Breakthroughs in nutrition, genetics, informatics, satellite

remote sensing, imaging, meteorology, precision farming and low impact agriculture agricultural mean smart technologies has huge potential for development. There exist great employment opportunities for graduates in this exciting area and Ireland is ideally positioned to become a global leader." Bríd McElligott, Vice President Research, Development and

External Engagement at Munster Technological University congratulated Professor Joseph Walsh, Dr Sara Morrissey Tucker and the team on their achievements to date "MTU prepares students for a diverse range of careers in agriculture through the provision of a range of programme offerings. These programmes are delivered in a flexible manner with a practical focus whose content is targeted at the ever-changing needs of industry.

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Hot lunches available daily with roasts dinners for €10.95

SUNDAY 25th MENU pre-order available:

Roast Beef with Red Wine Jus
Roast Stuffed Turkey & Ham with Cranberry Sauce
Baked Darne of Salmon, White Wine Sauce

Lasagne Bolognaise
Selection of Quiches

(All served with Seasonal Vegetables and Potatoes)

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GMIB LAUNCH COMPETITION

to mark customer experience milestone

allivan Murphy Insurance Brokers (GMIB. \mathcal{J} ie) reached a significant milestone this past week as the company received their 1,000th review on Trustpilot. And, like the vast majority of the 999 that came before, the customer feedback could only be described as glowing.

The Killarney-based firm, who employ over 80 people at their offices at the top of High Street, currently have an "excellent" rating of 4.8 out of 5 on the popular consumer review website. This remarkable score places them top of the pile as Ireland's No. 1 general insurance broker. To celebrate this milestone, GMIB are offering free insurance to one lucky customer. To enter, simply visit the GMIB Facebook page and like and share the competition post.

Speaking at the competition launch, Managing Director Simon Gallivan thanked all the company's customers for choosing GMIB for their car, van, home and commercial insurance. "We are extremely grateful to all of our loyal customers for entrusting GMIB with their insurance concerns," he said. "Along with our hard-working staff, who I must say have been outstanding throughout the past 12 months, they have helped us to reach this customer experience milestone during such unprecedented times."

"All of us here are delighted to be rated as the No. 1 the general insurance broker in the country," GMIB Managing Director Denis



Denis Murphy, Managing Director of GMIB and Simon Gallivan, Managing Director of GMIB pictured at their High Street offices

Murphy added. "Customer care is always our : they continue to show on a daily basis. We're top priority so to get this recognition means a lot. It's a testament to our employees and the levels of commitment and dedication

certainly very proud of them."

GREENWAY OPEN **NEW CATERING SUPPLY SHOWROOM**



A mid Kerry based company has opened a new section of their business to fill a void in the market in Kerry.

Greenway Health & Hygiene have opened a catering business to service the hospitality industry in the county. The global pandemic of COVID-19 has affected each and every one of us in some shape or form. "Traditional business operations and the normal ways of life have significantly changed. This fast-changing situation has forced all of us to re-evaluate how we operate personally and professionally and Greenway have taken this on board by opening their business during the first lockdown. The company which is based in Farranfore has diversified into the providing products to the catering industry. We can supply everything that the hospitality industry requires", Eoin O'Shea, Greenway Health & Hygiene told Killarney Outlook. "From appliances, to bar supplies and from clothing to kitchenware, we have everything in stock in our new retail showroom in Farranfore", he added.

Greenway Catering Supplies stock all leading brands including Bonzer, Victorinox, Lacor, and Dennys Brand to name but a few.

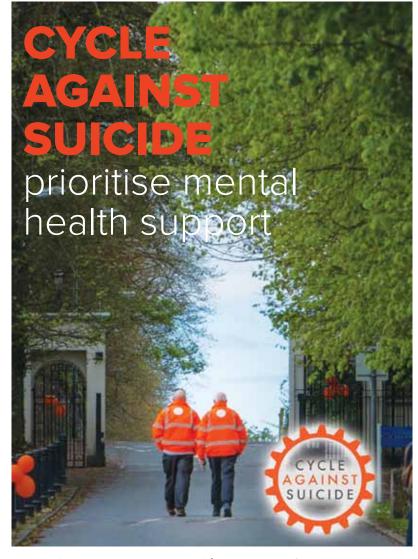
The Health and Hygiene section of the company provide a vast range of PPE and cleaning products, paper hygiene, masks, gloves, sanatisers - in fact everything for your COVID-19 PPE needs. There are many hygiene & cleaning products on the market but Greenway take great pride in all their products and are passionate about respectable high-quality made products. "All our range of products are specially manufactured to the highest hygiene needs and conforming to regulations", Eoin added.For more information you can log onto the website www. greenwayhealthandhygiene.ie or telephone 066-9763070 or 0874533771.



GREENWAY HYGIENE Providing Cleaning Chemicals/Paper Hygiene and all your Cleaning needs



GREENWAY HEALTH Providing Masks/Gloves/Sanatiser and all your Covid 19 PPE Needs



ncreased stress, anxiety and depression are all side-effects of Covid-19. For some people this translates to feelings of hopelessness, despair and for some suicidal thoughts. Cycle Against Suicide are calling on communities to prioritise peer to peer support as a means to identify and help those who may be vulnerable.

Cycle Against Suicide is working to prioritise mental health support by training mental health support 'Buddies' into communities across Ireland. The Cycle Against Suicide 'Community Buddy' programme trains and equips participants with practical, hands-on skills and knowledge they need to deliver local support to those in mental health distress.

According to Cycle Against Suicide CEO, Caroline Lafferty 'communities

are in a powerful position to mobilise themselves in support of the individuals who maybe struggling. Research shows that the greatest impact is made when support is provided locally by people and organisations who are part of the communities they service'. For individuals who would like to nominate their local clubs or associations and support the training of a Buddy for their community, Cycle Against Suicide invite you our join their virtual cycle 'Share the Load on the Road'. By joining this 670km virtual cycle from April 24th to May 31st, you will be helping Cycle Against Suicide to create a valuable group of skilled and knowledgeable 'Buddies' who can provide support to people in your community.

Further details are available at: www. cycleagainstsuicide.com



CALL FOR SIGNAGE AT SPEED CAMERA ZONES

A Killarney councillor has requested members of Kerry County Council to write to the relevant minister requesting that signs would be erected in all designated areas where speed camera vans are operating.

Cllr. Donal Grady saiod that there are two zones introduced in Killarney last year. Zone 1212 Coolcorcoran and Zone 1770 Port Road by Saint Mary's Cathedral

"Camera vans are to be located where there's history of high speed collisions", Cllr. Grady said. "There's no signage in place in either of these two zones and I am calling on KCC to write to the relevant Minister regarding same", he said.

Initially GoSafe Speed camera vans were introduced in 2010, with 500 zones all having signage in place

In Feb 2020 a further 903 zones were introduced these locations do not have signage in place on the perimeters of these zones

"There should be signs erected at these zones to forewarn motorists, while in the interest of safety it will make those that are unfamiliar with the roads reduce their speed whether there's a speed van in place or not", Cllr. Grady added. The motion was passed at the meeting on Monday Apirl 19th.



CALL FOR **BICYCLE PARKING BAYS**

At the April 2021 monthly meeting of Kerry County Council, Councillor Michael Gleeson asked : "That the Council would prepare a multi annual programme for the provision of 'Bicycle Parking Bays' in the County's public graveyards.

Seeing bicycles 'thrown' against railings, fences and at entrance gates is unsightly and not secure for them."

Kerry County Council replied that this proposal will be looked at in the context of available resources within the burial grounds budget and potential national funding streams that may be available. Councillor Gleeson stated that Graveyards are very special places and everything about them should tell of respect and dignity. They are the resting places of those who begot and moulded us. We should ensure that the ambience of every such sacred place reflects our respect for our forebears.

This Council deserves great credit for efforts over recent years to improve the appearance of many graveyards and I thank all involved. It is, however, disconcerting and inappropriate to sometimes see bicycles thrown up against the walls or railings of these special places. Recently in Killarney we opened a superb new graveyard and Columbarium. The car parking facility there is state of the art. Unfortunately, we forgot the bicycle. At this time when great efforts are taking place to promote and advance cycling, we should over a number of years provide safe and secure Parking Stands at our public graveyards. I further propose that we would write to the Regional Manager of the NPWS asking that such a Stand would be provided at Muckross Abbey.

24 | 23.04.21



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Veggie Burger €12

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KIDS MENU €6

Sliders with Cheese x 3 with Chips Chicken Goujons with Chips

Sides Skinny Fries $\notin 5$ - Sweet Potato Fries $\notin 5$ Onion Rings $\notin 6$ - Spicy Chicken Wings $\notin 6$

THE SHIRE TAKEAWAY COCKTAILS - €8

- The Shire Mojito
- Sex on the Beach
- Strawberry Daiquiri
- Pornstar Martini





INSPIRATIONAL CALENDAR PLANNED BY KCC STUDENTS

A school calendar that will create inspiration in the students and raise funds for the school is being created at Killarney Community College.

The Parents Council at the school decided to create a calendar for 2022 as a fundraiser for the school and a local charity. They wanted to come up with an innovative way to raise money and involve the students in the school also. The calendar will consist of photographs taken by students from First to Sixth year within the school, including the incoming first year students.

One of the teachers, Lorraine Crowley, has been liaising with the Parents Council since November guiding them on the best route to take to create our calendar. From developing an interest in photography since 2016, Lorraine has experience in creating her own calendar for charities in her local area. In December 2018, a neighbour of Lorraine, John Eagle, passed away from cancer. John was a local photographer in the Beara Peninsula and is known widely around the country. Before he passed away, he asked Lorraine to continue his calendar and so she did. Between her calendar for 2020 and 2021, she has raised almost €8000 for St. Joseph's Hospital, Castletownbere and Cancer Connect, two charities that were close to John's heart

" From experience, it is important that the photographs for each month of the year in the calendar need to illustrate that month. So, together with the Parents Council, we decided to give the students a different theme every month this school year from Decemeber-May for the calendar next year. The Transition Years helped me to pick the themes to give to the students" Lorraine Crowley

The students are given two themes every month. Themes include such things as 'Sparkle', 'water', 'frost', winter landscape', 'red&pink', 'living lockdown', 'springtime', 'green', 'clouds', 'flowers' etc. These are to encourage the students to reflect their own perception of the theme in a photograph. "During lockdown, this was a great task for us to get us out and about in the fresh air and be in nature. It is great excitement to get the themes every month" Jack Ryan Brain, a student at the school said.

There will be a display of photographs from each theme, from each year group per month. The calendar will be designed and published over the summer and will be on sale in the Autumn.

Affordability of PCR tests must be part of debate on EU Digital Green Cert - MEP Kelleher

Fianna Fáil MEP, Billy Kelleher has said that the affordability of Covid 19 PCR tests must be addressed as part of the rollout of the EU's Digital Green Certificate.

Kelleher, and his political group, Renew Europe, will table a resolution on the cost of PCR tests as part of the debate on the Digital Green Certificate. "In Ireland, and right across the EU, vaccinations, as a public health tool, is free for the citizens. The same cannot be said for PCR tests.

"Of course, in Ireland, for those presenting with symptoms, and for those attending the special pop-up asymptomatic testing centres, a PCR test is free. However, these facilities are not available in every town and village in the country.

"Costs for PCR tests can range from €99 to well over €200. This is widely prohibitive and counter-productive. PCR testing will be with us for many years to come so we must put in place mechanisms to ensure the cost is proportionate and affordable. "It is expected that in the future, even when people are fully vaccinated, other countries for example will require a negative PCR result before they let people enter. Those visiting Ireland will also more than likely have to have a negative PCR result after five days to leave self-

quarantine.

"Companies should be aware of this, and price accordingly. If they are unwilling to so, and continue to gouge out of the pockets of citizens and future tourists, the EU and Member State governments must step in, and apply price controls. "Freedom of movement is not for the well-off only. Renew Europe will propose a number of free tests per citizens and a temporary price cap. We have done it before with roaming charges and credit card fees. We should do it again," concluded Kelleher.



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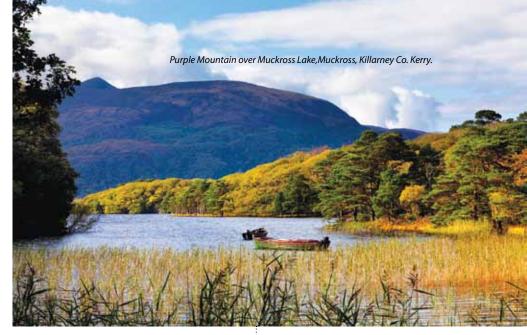




NEWS

'My Favourite Fishing Place' photo competition launched

Calling all happy snappers, Inland Fisheries Ireland (IFI) has launched 'My Favourite Fishing Place' photo competition as part of Go Fishing Week 2021. IFI is asking people to submit a photo of their favourite fishing spot and we would like to hear why you like to fish there and some of the fishing adventures you have gone on. Entries are welcome from individuals or groups, fishing clubs, youth clubs, centres and projects are all invited to take part.



The competition is open to everyone over 16 years of age. If your photo includes anyone aged under 16 years of age, only a parent/guardian may submit the content. The overall winner will receive fishing tackle to the value of \in 100 and there will also be prizes for runners up and special categories.

The closing date for entries to 'My Favourite Fishing Place' is 5pm Tuesday, 4th of May 2021. For more information on the competition and how to apply please visit www.fisheriesireland. ie/lovefishing. Go Fishing Week 2021 takes place from Sunday, 25th of April until Monday, 3rd of May with a packed nine days of online events for all. For information on #GoFishingWeek2021 and how to get involved visit www.fisheriesireland.ie/gofishingweek.

Councillor hopeful for resumption of **Church Services**

A Fianna Fáil Councillor is hopeful that the restrictions on numbers attending Church Services may get some relief at the next Government review of where we are in relation to Covid-19.

"People attending Church Services have endured a long and heavy restriction, especially those with funerals and weddings to organise" stated Councillor Michael Cahill.

"These events are traumatic and/or emotional for families and restricting the numbers who can attend as been an especially heavy burden on them" said Councillor Cahill.

"But also, the people who have found solace and reassurance in attending religious services every Sunday for all of their lives, have been deprived of an integral part of what they are for over a year now" said the Rossbeigh based Councillor.

"Many children are at the age to receive First Communion, Confirmation and other Church Sacraments and they need to be considered also" said Councillor Cahill.

"With the reduction in infection numbers continuing and the roll-out increasing at pace, I would hope that such people would get very high consideration in the Government's discussions" added Councillor Cahill.



Youth Achievement Award for Ethan

An obliging nature and enthusaism for volunteering at public events has earned Killarney teenager Ethan Slattery a Lee Strand Kerry Garda Youth Achievement Award.

The fifth year student at

GARDA YOUTH ACHIEVEMENT AVVARDS

St. Brendan's College Ethan (17) was nominated by the Killarney Order Of Malta with whom he has been member of for the past three years.

The son of Marie and Padraig Slattery from Ballycasheen, Ethan was presented with his award by Community Garda Brendan Donovan recently.

The award was a fitting recognition for his true community spirit and involvement in The Order Of Malta.



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Wedding Day Smiles

Breeda Lyne, left and Fran Neeson, sharing a moment along the cherry drive in Killarney House and Gardens, on the occasion of their marriage in Killarney on Friday.

PHOTO: VALERIE O'SULLIVAN Breeda Lyne, and Fran Neeson, (centre) sharing a moment along the cherry drive in Killarney House and Gardens, on the occasion of their marriage in Killarney on Friday. Also included are Bridesmaids, Eibhlín Ní Bhric, left and Siobhan Randles.

PHOTO: VALERIE O'SULLIVAN

Michael Doyle, Head Gardener, Killarney House and Gardens, caring for the most admired annual Cherry Blossom flowers in the Gardens.

Fran Neeson, left and Breeda Lyne, sharing a moment in Killarney House

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PHOTO: VALERIE O'SULLIVAN

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he National Parks & Wildlife Service is considering a proposal to establish a voluntary conservation corps to work on key projects in Killarney National Park in association with key local stakeholders. The idea, suggested by the Minister of State for Heritage and Electoral Reform, Malcolm Noonan, was advanced at a virtual meeting between the minister and officials of Killarney Chamber of Tourism and Commerce.

A follow-up online meeting also involved the Mayor of Killarney Cllr Brendan Cronin, Assistant Secretary General at the Department of Arts, Heritage and the Gaeltacht Niall Ó Donnchú and Regional Manager with the NPWS Seamus Hassett

Call for Voluntary Conservation Corps in Killarney National Park

That meeting heard the framework for the proposal was already in place through the well-established Killarney Mountain Meitheal Group and Chamber President, Niall Kelleher, said a conservation corps would generate even greater enthusiasm and community involvement.

"Our national park, given its importance environmentally, socially and in terms of the tourism business it generates, is the economic lifeblood of our town and county and its role cannot be understated," Mr Kelleher stated.

He said having Peter O'Toole, a retired and vastly experienced NPWS park ranger, as leader of the meitheal was a great asset.

"He is the ideal candidate to steer the group in the right direction," the Chamber President added.

Mr Kelleher called on the reactivation of a works programme for the meitheal as soon as reasonably possible and the meeting heard there is a great crew of volunteers willing and anxious to get moving on projects within the park.

Meitheal Coordinator, Peter O'Toole, said if the group can assist with fire patrols, which is a big problem for the national park and special areas of conservation, those involved would be more than happy to help.

"Reactivating the meitheal would also greatly help individuals to cope with the current difficult period and the impact Covid-19 is having on personal wellbeing," he said.

The online meeting heard that the Killarney community is keenly looking forward to the publication of the Government's new five-year biodiversity action plan and to determining how the town and its people can contribute to its implementation.

Killarney Chamber also called on Minister Noonan to support a national active volunteerism conference.

Mr Kelleher said such an event would provide an opportunity to promote volunteerism, not only in national parks but in communities throughout the country. It could be of enormous benefit to the work of mountain meitheal groups in Killarney and in Wicklow as well as assisting with projects undertaken by tidy towns committees throughout the entire country.

The intention would be to attract high-quality speakers to promote education and generate discussion on biodiversity, sustainability and the ecology of the national parks.

"We feel that educating our members and our community can bring significant longterm benefits to our parks and ensure their long-term integrity and success," President Kelleher stated. Killarney Chamber of Tourism and Commerce offered to provide a venue and support accommodation for key speakers and to assist with the organisation of the event once it is safe to do so post pandemic.

The Killarney business organisation reiterated the vital importance that the national park and the NPWS play in the everyday life of Killarney.

"This is particularly evident when you look at the relationship we have with the NPWS local management and the trustees of Muckross House. Indeed, this is a shining example of the State working with the local community successfully," Mr Kelleher pointed out.

The Chamber thanked Minister Noonan and the local NPWS management for the wonderful improvement works that have been carried out in the park with key projects including the development of the Tomies road and car park, the resurfacing of the road from Muckross Boathouse to Bricín Bridge, the remedial works on the Cardiac Steps, the resurfacing of the road to the upper Torc car park, the resurfacing of parking facilities at Dinis, Torc and Ladies' View and the repair works to the Mass path from Gearhameen to Derrycunnihy.

Mayor of Killarney, Cllr Brendan Cronin, pointed out that the development of the Lough Lein Looped Walk is a key priority for Kerry County Council and the Killarney Chamber of Tourism and Commerce.

Both bodies have collaborated with the NPWS for almost 12 years and stress that it has the potential to be a significant infrastructural project for Killarney and Kerry, similar to the hugely successful Greenway projects in Mayo and Waterford.

"We are seeking the minister's support in the delivery of this project," Cllr Cronin said.

Killarney Chamber of Tourism and Commerce has welcomed the reinstatement of funding to the NPWS to levels which had been in place in 2009 as underfunding for a number of years had impacted on the management and delivery of services in the park.

Mr Kelleher said the development of a new cycle and walkway off-road path between the Dinis car park loop is another key community and Chamber project.

"Currently users must walk or cycle on the roadside which is a serious health and safety concern. A suitable alternative could be to use a section of the national park lands, subject to appropriate planning and with no environment concerns," he said.

COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL



KERRY JOINT POLICING COMMITTEE ANNUAL PUBLIC MEETING

The next meeting of the Kerry JPC will take place on April 30th starting at 2pm.

Having regard to the Public Health situation, members of the public can watch proceedings which will be live streamed using webinar technology.

The public are also invited to submit questions or raise issues for Garda or Council Management on Community Safety matters of interest <u>in writing</u> by either emailing <u>jpc@kerrycoco.ie</u> or as part of their registration.

Only questions received by 2pm on Wed April 28th can be considered for the meeting but we will endeavour to answer all questions received in writing.

Registration is available from <u>https://gotostage.com/channel/engagewithkcc</u>

Siniú: Padraig Corkery/ Pádraig Ó Corcora Senior Executive Officer/Feidhmeannach Sinsearach Corporate Affairs/Gnóthaí Corparáideacha



Fantastic response to Kerry LGFA Fundraiser

Chairman Sean Walsh, thanked all those who bought tickets and donated to the Kerry Ladies Fundraising draw which will help all our intercounty squads prepare for 2021

The draw was hosted on the I donate platform and helped raise \in 13,470 which is very much appreciated by all associated.

The Kerry LGFA Executive, management teams and players from the various squads wish to thank everyone for their support in the Kerry LGFA Fundraiser.

Winners will be contacted by Kerry LGFA Results of the fundraising draw is as follows:

Mystery Prize – The Mall Tavern
 Set of O'Neills jersey for the club of your choice – Anne Marie Curran

3. Brehon Hotel -2 nights B&B with 1 evening meal for 2 – Derek O'Connor

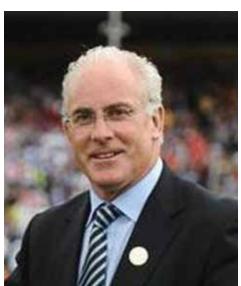
4. Golf at Ballybunion -4 ball for The Cashen Course – Margaret Murphy

5. Kenmare Bay Hotel -2 night Luxury Lodge stay for 2 people – Pat Madden

6. Killarney Sports and Leisure Centre -1 month family membership – Jimmy O'Sullivan

7. Ceann Sibeal Golf Club -Round of golf for 3 people – North Kerry Ladies Football

8. Killarney Plaza Hotel -1 night B&B in a luxury



Suite for 2 – James Daly 9. The Rose Hotel -Overnight stay with dinner for 2 – John O'Shea & Brid Moran 10. Killarney Golf & Fishing Club -4 Ball at Mahony's Point Course – Patricia Coughlan 11. Wavecrest Caravan Park Caherdaniel -3 night stay – Michelle O'Connor 12. COSH Goalkeeping -4 one-to-one sessions – Elizabeth Mohan

13. Woodlands Hotel Adare -2 night midweek B&B for 2 – Eleanor Cronin

14. The Mama Movement -3 months online personal training – Mike Yank

15. Claregalway Hotel -2 night midweek B&B for 2 – Pa & Shelia O'Connell

16. Vincent Murphy Sports Castleisland -12 size 4 training footballs – Kieran Savage

17. Hotel Kilmore Cavan -1 night B&B and dinner for 2 – Sean & Melanie Higgins

18. Maldron Hotel Wexford -1 night stay for 2 – Paul Murphy Scartaglin

19. Training session for your club with members of our Senior Panel – Noah Murphy

20. Kerry Jersey signed by all our Senior Panel – North Kerry Ladies Football

21. Meadowlands Hotel – Lunch voucher for 2 and €30 voucher for Meadow Beauty – Kathleen Fitzgerald

22. Cahill's Supervalu Ballybunion -Hamper – North Kerry Ladies Football

23. The Ashe Hotel -Meal voucher – Ollie Favier 24. Keane's Supervalu Killorglin -€50 Voucher – Francie & Aileen Doherty

25. Dowlings Sports -€40 voucher – Cromane LGFA

26. Cliff House Hotel Ballybunion -Wine – Tina Stack.

GOVERNMENT LAUNCH PLAN TO **REFORM APPRENTICESHIPS** - Griffin



The Government has this week launched a new five-year plan to overhaul the apprenticeship system, Deputy Government Chief Whip, Brendan Griffin TD has said.

The plan will increase the number of new apprentices to 10,000 every year from 2025 and introduce a new grant for employers who take on apprentices. Deputy Griffin said: "I very much

welcome the new Apprenticeship Action Plan, launched by my Fine Gael colleague Minister for Further and Higher Education Simon Harris TD. "It is time to share the secret that is apprentices with the country. Apprenticeship is good for the learner and it is good for business.

"This new plan will reform the system, making it easier to become an apprentice and a financial asset to take on an apprentice.

"If you are an employer, the Government will introduce a new grant for apprenticeship and offer you additional incentives if you take on an apprentice from underrepresented groups.

"If you are a learner, we are going to broaden the range of apprenticeships including in the public service, in health, farming and green skills," Deputy Griffin said.

The plan commits to:

Increasing the number of new apprentices to 10,000 every year from 2025;

Creating a new Apprenticeship Office to drive reforms;

Introducing a new grant for employers who take on apprentices; Additional financial supports for

employers who take on apprentices from underrepresented groups such as female apprentices, or lone-parents, people with disabilities, or members of the Travelling community;

Targets for the public sector to take on apprentices and to create cross-sector apprentices;

New cross-border apprentice programmes and potential for apprenticeships to study abroad.

Minister Harris said: "This is a really exciting plan and offers a renewed focus on apprenticeships.

"We have made significant progress in recent years but we know we need to do more. We have listened to businesses and apprentices and today, we launch the foundations of a new and improved system.

"I strongly believe that this route provides the best option to grow apprentice numbers and providing a visible signal to employers and everyone out there that apprenticeship is a real choice for employers and learners who want to grow and develop skills and achieve qualifications."

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The Skinny Baker

Denis Kelleher (theskinny. Baker) is living in Rathmore and began baking when he was 12 years old. You can follow Denis on Facebook and Instagram @theskinny.baker for lots more recipes.



Apple crumble cupcakes

Ingredients Cupcake Ingredients 250 g Cooking Apples (peeled + chopped weight) 150 g Unsalted Butter/Stork 150 g Light Brown Sugar (+25g extra) 150 g Self Raising Flour 3 Medium Eggs 1/2 tsp Ground Cinnamon Crumble Ingredients 60g Plain Flour 30 g Caster Sugar 30 g Unsalted Butter

Method

Preheat your oven to 180C/160C Fan and Line a 12 Hole cupcakeTray with Cupcake Cases, Peel and core the Apples, cube the apples into about 1cm (small) pieces. Make the crumble mixture. Rub together the Sugar, Flour and Butter until the mixture resembles bread crumbs, leave to the side for now.

Put the apples into a bowl, and cover with the 25g of Light Brown Sugar. Mix it up so all the apple pieces are covered and leave to the side.

Beat together the Butter/Stork and Sugar until light and fluffy. Add in the flour, eggs, and cinnamon and beat till smooth. Fold through the apple mixture and spoon into your cupcake cases. Because of the apple, you will probably get more than 15 out of the batch.

Sprinkle on a layer of the crumble mixture and then bake in the oven for 25 minutes or until baked through!



Ingredients

For the butternut squash mix 1 tablespoon Oil 200g Butternut squash cubed 1/4th cup of vegetable stock Salt and pepper to season For risotto mix 2 tablespoon oil 1/2 onion chopped 1 large leek chopped finely 2 garlic cloves crushed 120g Arborio rice 120g wild rice 800ml vegetable stock 1 tablespoon vegan margarine 1/2 tablespoon chopped fresh rosemary needles 1/2 tablespoon fresh thyme leaves chopped 1/2 cup Violife vegan cheddar cheese grated Sprinkle of chilli flakes

Method

First heat your oil in a pan add butternut squash, salt and pepper cook for about 6 minutes on low heat then add the vegetable stock and simmer for about 15 minutes then set aside until needed. In another pan add your oil and vegan margarine, onion, leeks, salt and pepper and fry for 6 minutes on medium heat. Add the garlic and stir for 2 more minutes then

add your arborio and wild rice and mix well for about 2 minutes until well combined. Start adding your stock one cup at a time letting all the liquid

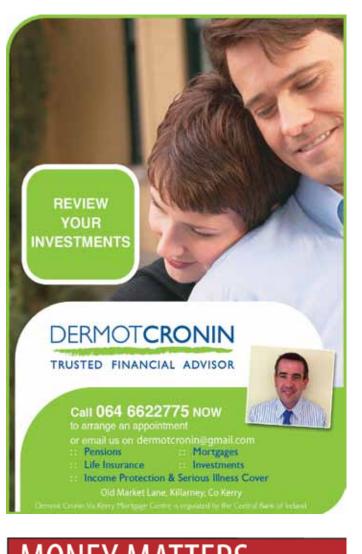
Butternut Squash and Leek Risotto



absorb each time before you add the next cup. Just before you add the last cup of stock add the squash mixture that has been already made and the fresh herbs and cheese. Mix the risotto well and serve sprinkled with chilli flakes and a little more violife cheese if desired. This is so easy to make and so tasty well worth a try.

If you like my vegan recipes I would be delighted if you would join me on my Instagram @vegan_shares hope to see you there. Sarah





MONEY MATTERS

By Dermot Cronin, Financial Advisor



WHY DO YOU NEED LIFE COVER?

TO PROTECT YOUR FAMILY AND LOVED ONES

If your loved ones depend on your financial support for their livelihood, then life insurance is a must, because it replaces your income when you die. This is especially important for parents of young children or adults who would find it difficult to sustain their standard of living if they no longer had access to the income provide by their partner. You can also apply to add other benefits to your life cover including serious illness cover.

TO PAY OFF YOUR MORTGAGE, DEBTS AND OTHER EXPENSES

In addition to providing income to cover everyday living expenses, your family needs insurance to cover any outstanding debts, like the mortgage, credit cards and other loans. You don't want your spouse, parents, children or other loved ones to be left with any extra financial burden in addition to the emotional burden they're already suffering.

TO BRING PEACE OF MIND & LEAVE AN INHERITANCE

We can't know when we'll pass away. It could be today, tomorrow or 50 years from now, but it will happen eventually. No amount of money could ever replace a person. But more than anything, life insurance can help provide protection for the uncertainties in life. Even if you don't have any other assets to pass to your heirs, you can create an inheritance by buying a life insurance policy and naming them as beneficiaries. Without a doubt, having life insurance coverage will bring you and your family peace of mind. You should also consider income protection and serious illness cover when considering life cover.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@qmail.com

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NO WATER AGAIN FOR HUNDREDS OF FAMILIES

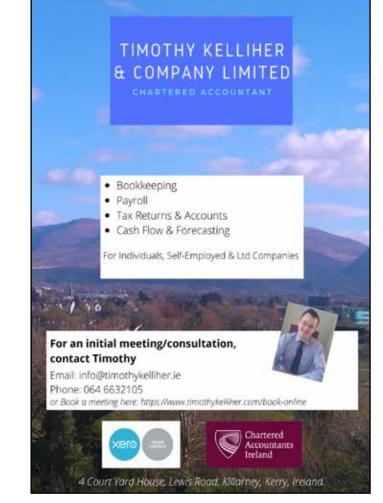
Residents in the greater Beaufort area have suffered water outages for the 11th time since Christmas. Last weekened, for the third weekend in a row, families in Beaufort, Listry, Faha, Barleymount, Aghadoe, ballyhar, Firies and Milltown were without water for days due to an ongoing interrupted water supply. "Having consistently raised the immense problem at the Council, Cllr. Michael Cahill warned that "Reservoirs are drying up already, and summer hasn't yet started. This will exacerbate an already disastrous situation over a wide area, where pipe networks are no longer fit for purpose and urgently require to be replaced" stated the Fianna Fáil Councillor.

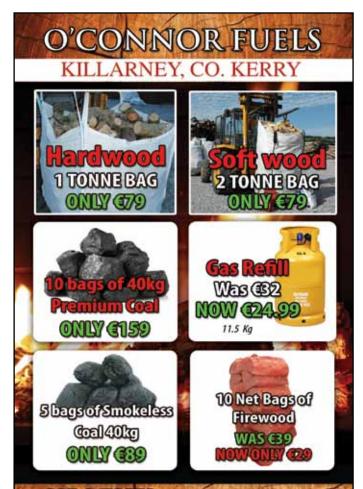
"The health of all our people is being put at risk and we will not accept that kind of treatment" said an angry Councillor Cahill.

"I have been warning of this for some time now and I believe it has now come to pass that the entire pipe network has to be replaced from scratch, which will be an enormous undertaking" said Councillor Cahill. "The current situation cannot be allowed to continue, or in fact deteriorate further, as appears to be happening in Beaufort " said the Rossbeigh based Councillor. "Tough decisions need to be made, funds must be sourced and action is required now" added Councillor Cahill. "It is only fair that I acknowledge the great work carried out by Kerry County Council staff in Water Services who attend to these water breaks at all hours and are doing there very best to provide water to the community without any support or assistance from Irish Water" stated the Fianna Fail man. At this week's monthly meeting of Kerry County Council, Councillor Cahill said that the residents of Beaufort and surrounding Parishes had endured enough pain and were continuously deprived of a most basic human requirement, that Irish Water were not fit for purpose and unless confirmation of funding is received this week and a specific timeframe for the carrying out of the pipelaying works and a commitment that the road network is reinstated afterwards, that the Board of Irish Water should resign.









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ALL-ELECTRIC OPEL VIVARO-E, INTERNATIONAL VAN OF THE YEAR 2021 ARRIVES IN AHERNS

The new Vivaro-e, Opel's first fully electric light commercial vehicle, has arrived in Ireland. Crowned International Van of the Year 2021, the award-winning van from the German carmaker will play a key role in Opel's rapidly growing electric range, arriving on the market in time to meet the growing need for emissionfree delivery of goods and services.

Available in two trims, two lengths and with two battery sizes to choose from, boasting a WLTP range of up to 330km on a single charge, the Vivaro-e retails in Ireland from \in 36,895 (\leq 29,834 ex-VAT) plus delivery related charges, exclusive of applicable business grants of up to \in 3,800.

Fergal Marron, Head of Fleet at Leeson Motors, Opel Importer in Ireland, said: "The new Opel Vivaro-e sets the standard for ease of use, dependability and professionalism. In electric guise, it is as versatile and flexible as its diesel counterparts and simply offers no compromise; customers can still expect outstanding practicality and durability, synonymous with diesel variants. With a payload of up to 1,226kg and maximum gross vehicle weight of 3,100kg, the Vivaro-e furthermore has a towing capacity of up to 1 tonne.

With a choice of both a 50kWh and 75kWh battery to ensure customers have a choice based on their business needs, the 75kWh battery boasts a range of up to 330 kilometres, or for less intense usage needs, the 50kWh battery has a range of up to 230km (WLTP). A sophisticated regenerative braking system, which recovers the energy produced under braking or deceleration, further increases efficiency. The lithium ion battery is cleverly positioned under the load cabin, so as not to compromise essential load-space. The battery's positioning furthermore lowers the vehicle's centre of gravity, delivering enhanced cornering and wind stability, even when fully loaded with cargo.

The Vivaro-e's overful motor generates 136hp and 260Nm of torque. Whilst an electronically controlled maximum speed of 130km/h preserves the electric range, the Vivaro-e is perfectly suited for inner-city driving, unleashing ample performance for motorway driving.

Using a 100 kW DC public charging station, the 50kWh battery charges to 80% in only 30 minutes, whilst the 75kW battery takes 45 minutes. The battery is covered by an eight year / 160,000km guarantee for up to 70% retention,



certifiable by the Opel Dealer Network. The Vivaro-e is available in two lengths, L1 and L2. At 1.9m tall, the Vivaro-e easily accesses shopping centre or basement parking lots.

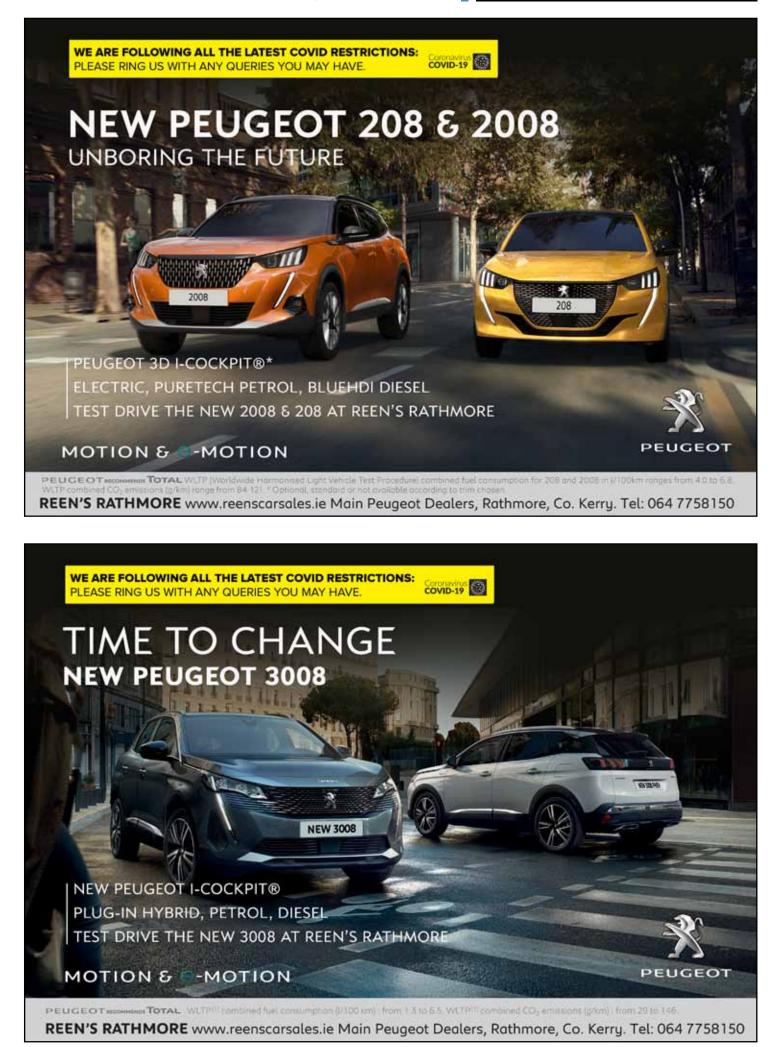
Two trims are on offer. The Edition trim offers a comprehensive list of standard comfort and safety equipment to include 6-way adjustable driver seat with armrest, passenger bench seat with storage, laminated windscreen, bulkhead, 2 side sliding doors, ESP, hill assist, Bluetooth, USB connectivity, 180° opening solid rear doors, cruise control and speed limiter, a spare wheel, daytime running lamps and DAB radio. The Sportive trim, retailing from €38,895 plus delivery, exclusive of applicable grants, adds an Appearance Pack (body coloured front bumper / mirrors / door handles / side protection moulding, front fog lamps, LED daytime running lights, chrome grille and electric folding mirrors), air conditioning, automatic windscreen wipers, automatic lights, 7" touchscreen with Apple CarPlay and Android Auto and rear parking sensors.

The Vivaro-e continues Opel's electrification offensive, taking its place beside the new electric Corsa-e, the Grandland X PHEV range and the all-new Opel Mokka-e. The next electric Opel LCV, the compact Combo Cargo-e will arrive in late 2021, followed by the large Opel Movano-e. Opel will offer an electrified version of every passenger car and LCV model by 2024.

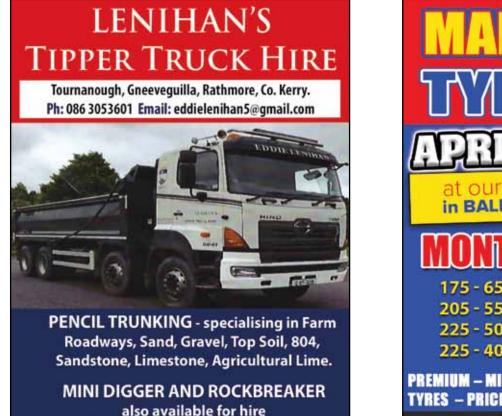
Discover more about the new Opel Vivaro-e on http://www.opel.ie or contact your local Opel Dealer for further details..

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Write your own "rules" for health, happiness & wellbeing

So often in life we are told by "others" how we "should" be, what we must do and how we ought to be thinking, behaving, acting and feeling. This can leave many people feeling out of touch and out of balance with who they truly are and what they really desire.

When it comes to your happiness, health and wellbeing, no one else can decide or choose this for you. This is something that we all are invited to create for ourselves according to what feels right for us.

A lovely way to reconnect with your own wisdom is to create a new set of "rules" that you live by.

Three steps to writing your new rules:

1. Draw out two columns. In one column write down all of the "old" rules that you are aware of. For example, 'It's selfish to care about yourself – put others first.' In the second column write out a more empowering and self-caring rule that supports and validates you, for example, 'caring about myself first is a loving action that supports me and those I love.'

 With your new rules – write out what following them will give you, for example, 'Caring about me means that I have more energy and that I can put healthy boundaries in place to support myself.'

3. Take one positive daily action to honour your new rules. For example, caring about you first may mean that you go to bed earlier, say "No" to things that don't inspire you or that you make gentle changes to your nutrition, movement or work load.

www.instituteforbodyconfidencecoaching.com

'Learn the importance of selfcare'

order and at eye level for easy access.

· This should have a permanent resting

· Special occasion make-up can be stored

inside drawers to prevent it taking up

· Store items like foundation, concealers

• Eyeshadow palettes can be displayed in

· Acrylic organisers with adhesive can be

used on the back of doors for extra storage.

· Store nail polishes in a large jar, shoebox

If you have any sealed products these

can be donated to Adapt Kerry Women's

Refuge or women's homeless shelters.

Upcycle nice tins or jars for lipsticks

· Your daily makeup bag should

place close to where you can use it.

be spacious and easy to clean.

space and collecting dust.

drawer dividers

a file organizer.

and eye/lip pencils.

or on a picture ledge.

Noreen Mangan

www.whatwomenwant.ie

Tel: 0646630712

and powders together using

• Use a Brush Roll for brushes.

Storage ideas

Noreen at What Women Wants gives you ome **beauty tips** while you are staying It home during Covid-19

Declutter Skincare your

Clutter will weigh you down and hold you back in life

Decide

What you need to use up? What you ould donate? What you could donate? Shelf life of opened products: Mascara/Liquid liner - 3 months Skincare - 6 to 12 months look for a tiny symbol on the product to let you know its shelf life. Liquid foundation - 1 year Hair/Body products - 2 years Powder based makeup, eyeshadow,

lipstick & lip gloss - 3 years Eye & lip pencils - 5 years Mineral Makeup - No shelf life.

Of course, this is only a guide!

And anything extremely old or with an unpleasant odour needs to be binned.

Tips

-Be ruthless & don't feel guilty, we all have friends, mothers or nieces that would love that foundation you paid \in 50 for but it's too dark or the perfume that is too strong, just let it go!

- Free samples need to be used or passed on if not for you.

- Make a positive start to your day by having your dresser clean and orderly.

- Line up your daily skincare products in



WHICH WAY ARE YOU HEADING?

If your ladder isn't leaning against the right wall then every step you take only gets you to the wrong place faster! To achieve your goals and targets then you will need to make sacrifices. This may affect your social life or family life but the sacrifices you make are all to get you to your goal. The question that you need to ask yourself is are you able to commit to making the changes necessary to help you get there.

Question: Is your ladder against the right wall?

If you find yourself snacking, no consistency in your training or diet, or even your daily routine then how do you expect to achieve your goals. It wont matter how long your ladder is, you are never getting to the where you want to go.

Sacrifices have to be made. We need to push ourselves out of our comfort zone because that is where change happens. If we stay where we are comfortable then what is going to change?

To put our ladder against the right wall means putting a structure or plan in place, being consistent with diet choices, being consistent with training and this will help us get to where we want to go.

At B Well Fitness Club we can help you with training programmes. We offer nutrition consultations and programmes, and we also offer coaching/coaching psychology consultations to help with mindset. Need help or advice, contact us via our social media pages or on 087-764 3449.

Save your workout drink for weight training, interval, and endurance training lasting 45 minutes or longer.

Casual exercise like walking the dog, moving furniture , or riding your bike to the shop doesn't require a recovery drink.

When performing energy expenditure work to burn energy or lose fat, a recovery drink is not necessary. If you're prioritizing fat loss, performance and recovery from these sessions are not as important as creating an energy deficit.

Need to talk? I'm here to listen



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Cyril Conroy is a Member of the Irish Association of Relationship Mentors, practising One-On-One Therapy for Individual Adults over the age of 18. Cyril is a fully trained and Qualified Co-Creational Parent and Relationship Mentor, whose therapy is based on Understanding, Genuineness, Non-Judgement and Compassion for his Clients.

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DRY EYE

WHAT IS DRY FYF?

People with dry eye either don't make enough normal (lubricating) tears or the ones that they make are of poor quality, causing the tears to dry up too guickly and the front of the eye to become dry and irritated. As a result, dry eye can be uncomfortable and cause the eye to produce the watery type of tears. This only helps for a short time – leaving the eye uncomfortable and gritty.

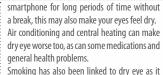
If your eyelids are sore and red, you may also have another condition called blepharitis. Blepharitis is a condition that affects the evelids making them sore and inflamed. If the eyelid glands become blocked, you may have a condition called meibomian gland dysfunction. It is quite common to have a combination of these conditions.

Dry eve doesn't tend to cause serious damage to the eyes, but it can be very uncomfortable. Severe cases do have a risk of causing long-term damage, but fortunately these are rare. **Risk factors**

Dry eye is much more common in people over the age of 50. This is often because the glands that make the normal tears, and particularly the oily part of the tears, tend to become less effective as you get older. Also the tears tend to spread across the eye less well with age. Some general health conditions can cause

dry eye as a side effect, such as autoimmune diseases and hormonal changes. The condition is also more common in windy, cold, dry and dusty conditions.

If you're concentrating on your computer or



may both cause the condition and make it worse.

Symptoms

People with dry eye may get some or all of the following symptoms.

- A sandy or gritty feeling Sore eves
- Uncomfortable and sometimes painful eyes
- An itching or burning sensation
- Short-term blurred vision

Watery eyes, as if you are crying (having watery eyes can mean you are producing poor-quality tears and actually have dry eyes)

TREATMENT

Most cases of dry eye tend to be a long-term condition, meaning that you'll need ongoing treatment.

There are lots of different types of drops and gels that can help your eves feel more comfortable. The best ones don't have preservatives in them, or if they do they contain very gentle preservatives, which helps to reduce irritation. They may also contain an ingredient called sodium hyaluronate, known to be very effective in treating the condition.

It's important to use the correct type of drops. The wrong drops are unlikely to cause any harm, but they won't help as much. If your drops aren't working or you're not sure which drops to use, you're a sight test can help determine the best treatment options



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SPA

≻GAA UPDATE

The GAA has released an updated Master MUNSTER CHAMPIONSHIP FIXTURES ANNOUNCED:

Munster Football Championship - Quarter Finals: Kerry v Clare and Waterford v Limerick; Semi-Finals: Tipperary v Clare/Kerry (A) and Cork v Waterford/Limerick (B); Finals: Winner of A v Winner of B. Munster Hurling Championship - Quarter Finals: Clare v Waterford; Semi-Finals: Limerick v Cork (A) and Tipperary v Clare/Waterford (B); Finals: Winner of A v Winner of B. Provincial Championships start June 26th/27th.

The entire inter-county fixtures programme (league and championship) will be run off in a 20-week period starting May 8th/9th and guarantees a minimum of five games for each Senior County Football and Hurling team with all bar three counties guaranteed six games in hurling. The 2021 All-Ireland Senior Football Championship will be played as a straight knock-out competition from the provincial series forward. There will be no Qualifiers and New York and London will not be involved.

For the 2020 and 2021 Minor and 2021 U-20 Championships details will be finalised when there is clarity on a return to training/play date.

It is important to note that the GAA still does not have permission to return to club training or games with only training in pods of 14 allowed in the North.

► ALLIANZ NATIONAL LEAGUE FIXTURES

The Allianz National Football League Fixtures were announced last week and are as follows: May 15th: Kerry v Galway (home) May 23rd: Kerry GAA v Dublin (neutral venue) May 30th: Kerry GAA v Roscommon (away)

>TG4 LIDL LADIES NATIONAL LEAGUE

The TG4 Lidl Ladies National League Fixtures have also been announced and the Kerry Ladies play in Division 2A as follows: May 23rd: Kerry v Meath (away) May 30th: Kerry v Clare (home) June 6th: Kerry v Wexford (home)

>IMPORTANT CALL FOR REGISTRATION

With club activity starting to resume from next week April 26th, we are reminding everyone that 2021 registration must be completed in advance

LISTRY

>DEEPEST CONDOLENCES

Listry GAA would like to send deepest condolences to Pat Sheahan and family on the recent death of his mother Bridget Sheahan RIP, Glenbeigh. Deepest condolences to Gary Moloney and family, Lahard on the recent death of his mother Leila Moloney RIP Castleisland.

>RETURN TO PLAY

Listry GAA are so excited that return to play for underage teams will consume end of April. To register club membership log on http://foireann. ie. Look forward to seeing all our juveniles on the pitch very shortly.

>SPORTS OF BUSINESS 30 UNDER 30 LEADER

Congratulations to our Listry Senior team Physiotherapist, Patricia Lynch who's been selected of list of 30 Under 30 Young Leaders of Tomorrow 2021, who making a mark within the Business of Sport in Ireland. Best of Luck Patricia.

>SPORTS DIRECT

Following government announcement, Sports Direct are delighted to re-open their shores on Wednesday 21st April to facilitate children's footwear. Contact number: Tralee:1890 800 338 Killarney: 1890 800 321 or alternative contact Derry.

Written by: Anne Sugrue O'Brien

through www.spagaa.com. Registration for the year ahead is required for all members and this year, due to the ongoing restrictions, we are asking everyone to sign up online through the link to clubforce. Any adult members who want to be included in the club text messaging system going forward, please contact the PRO on 0851216359 or pro.spa.kerry@ gaa.ie.

>NATHANS WALK DARKNESS INTO LIGHT 2021

This year the annual Darkness Into Light event will take place on Saturday May 8th. Everyone is encouraged to join Pieta House and Electric Ireland for Nathan's Walk 2021 and give the gift of hope to those impacted by suicide and self-harm. Join in any way you can – walk, swim, bike - and simply share your sunrise moment in your own unique way on 8th May in your own area in your own bubbles. Visit www.darknessintolight.ie for details and to register.

>SPA LOTTO RESULTS 11/04/21

Numbers drawn: 13, 15, 25, 28. No winner and Lucky Dips receive €50 each to Mike, Assumpta & Caoimhe McCarthy; Pat Cronin; Elaine Coffey; Eugie O'Keeffe. Our weekly Monday night Lotto draws continue and this week's JACKPOT is €7,000. Tickets are on sale online on spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckross Rd, Spa clubhouse or from usual sellers. Thank you to everyone for your continued support for our club lotto, which we need now more than ever as it is our only source of income.

>CE SCHEME VACANCY FOR A GROUNDS PERSON IN SPA

CE Scheme Vacancy for a Grounds Person in Spa GAA Club - Details available on jobsireland.ie or the local Intreo Office. The job is 19.5 hours per week and applications can be submitted on the jobsireland.ie website or email Siobhan at kaslltd.project@yahoo.com. The job involves clubhouse maintenance, pitch lining, hedge trimming, grass cutting, painting, car park duties and general caretaking.

>ITEMS FOR NOTES

Any items for the club notes please contact pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

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Written by: Deirdre O'Sullivan-Darcy

Killorglin pastry chef, Alline Isense Dalpiaz is enjoying the 'sweet' taste of success having been chosen a top winner in the recent nationwide search by banana importer Fyffes to find a new mouth-watering dessert that has a banana as its key ingredient.

A pastry chef in Muckross Park Hotel, Killarney, Brazilian-born Alline moved to Kerry three years ago, having first arrived in the County as an Enalish student in 2013. Her Italian husband, Matteo works with Tweak in Killorglin. Admitting a passion for baking since a young teenager, Alline has been honing her skills whilst working in restaurants and hotels in her native Brasil. In creating her prize-winning "Banana Brownie", which won the 'Best Styling' category, usina all veaan inaredients. Alline combined delicious lavers of brownie with dark chocolate aanache, fused with banana buttercream and finished off with chocolate cookie, praline and banana brûlée.



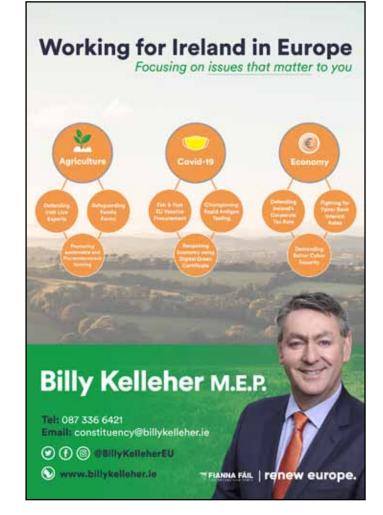
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RATHMORE GNEEVEGUILLA

>SYMPATHY

To Michael Murphy, Gneeveguilla Village, his family Don, PJ, Michelle and Amy on the death of Mai, wife and mother, also to her daughters-in-law, son-in-law, Amy's partner & grandchildren. To her brothers John & Donal, sisters Margaret (Lawlor) Pat (Fleming), Ann (O'Connor), Eileen (Sheehan) & Rose (Murphy), sisters-in-law, brothers-in-law, nephews & nieces, and extended family. Mai was laid to rest on Monday in Greeveguilla.

To Dermot O'Keeffe, Old Road, the O'Sullivan family Tralee and extended O'Keeffe family on the death of Eileen O'Sullivan (nee O'Keeffe) RIP of Islanderagh whose funeral took place in Tralee on Thursday.Martin Bride Murphy families East End Rathmore on death of martin brother

Fr. James Murphy RIPC.Ss.R. (Late of Redemptorists, Limerick) on March 31st in Milford Care Centre. Mourned by his Redemptorist Community; brothers Martin and Andrew; sisters Kathleen, Helen, Sr Adrian (LCM, South Africa); sisters-in-law Marie, Agatha, Carol and Breda; his brother-in-law Richard; nieces, nephews, grandnieces, grandnephews and a great-grandnephew. Mary Hickey nee O'Donoghue RIP (Ballinhassig & Rathbeg Rathmore wife of Donal and sister of the late Paud, Ann, and the recently deceased Matt O'Donoghue, Sadly missed by husband, sister Eileen (Cahill), brothers-in-law, sisters-in-law, nephews, niece, grandnephews, grandnieces, neighbours, relatives and many friends.

May they rest in peace Fr. James Eileen & Mai & Mary rest in peace.

>CHARITY FUNDRAISER

Rathmore Senior Men's Footballers are undertaking a 1500kms Running Charity Fundraiser from April 16th-30th. The challenge will be completed in accordance with COVID guidelines. Each player/mentor will have a sponsorship card and all donations will be divided between the Rathmore branch of the Kerry Mental Health Association and the Irish Cancer Society Night Nurse Service. Hoping people can support these two worthy causes. Tune into Horizons on Radio Kerry every Sunday morning after 9am news The Religious Programme of the Diocese of Kerry. Comments and suggestions for programs welcome –Email:maryfagan@dioceseofkerry.ie

>GNEEVEGUILLA COMMUNITY DEVELOPMENT COUN CIL GNEEVEGUILLLA BASKETBALL CLUB

had our weekly draw for our Share the

Bucket on Friday evening 16/04/21.

The Jackpot was€301. This weeks winner is Eileen Scannell the lucky winner of €317 Well done This weeks lucky winner is Eileen Scannell Congratulations to this week's jackpot winner £317.

Guaranteed winner every week, go to our Facebook page to find out how and where you can play. REMEMBER if YOU are not in you

can't win https://www.facebook.com/gneeveguilla a/Draw takes place every Friday eve @8:30 pm on Facebook live. This weeks winner Congratulations to Eileen Scannell this week's jackpot winner of €317

≻WASTE DISPOSAL

It is illegal to burn household or garden waste at home, in your garden or workplace. Burning waste can pollute the air by releasing harmful chemicals into it. There may be many toxic chemicals in waste items such as synthetic materials, preservatives, gels, bleaches and plastics. Burning of such wastes in low-temperature uncontrolled fires creates toxic and

GLENFLESK

≻CONDOLENCES

We extend our sympathy to Derek Fleming, Chairman of Glenflesk Ladies Club and to all the Fleming family on the death of Derek, s father Patrick, may his soul rest in peace. Ar dheis Dé go raibh a anam.

≻CLUB MEMBERSHIP

A reminder to everybody that membership is now due for the 2021 season. Membership can be paid online at the Glenflesk GAA Clubforce page using

dangerous by- products which are not destroyed by the fire but become airborne on soot particles. These can end up being inhaled or being washed out of the air and deposited onto surrounding soil and vegetation, where they can readily enter the food chain. Please care for our environment by disposing of your waste in a responsible manner.

≻COVID-19

Support Line For Older People: ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, By Calling 0818 222 024. Hours May Be Extended To Meet The Demand.

≻AWARE

(Depression Support) Helpline on 1890 303 302. Website at www.aware.ie. Jigsaw Kerry: (Young Peoples Health in Mind). Contact 066-7186785 Email: kerry@jigsaw.ie

Pieta House: Contact 01 6010000 or www.pieta.ie

≻SAMARITANS

Contact Freephone 116123 (24hrs) Email support: jo@samaritans.org. Website: www.samaritans

>THE RATHMORE SOCIAL ACTION GROUP

will continue to run Our Meals on Wheels Service, which is a vital service especially at this difficult time. To avail of this service, please call Norah & Marie on 064 77 58588. These meals will be dropped to the door of the person's home. We will help to deliver this service to as many as we can Kerry Mental HeathTieDayFriday 23rd April. Wear a tie at home, school, work or online and share the picture on social media. Please, don't forget to make a donation at www.KerryMentalHealth.ie/donate.

is wearing a tie ahd of #TieDayFriday 23rd April. Wear a tie at home, school, work or online and share the picture on social media. Please, don't forget to make a donation at www.KerryMentalHealth.ie/donate.

>TUREENCAHILL COMMUNITY CENTRE

Is Now A Dedicated Broadband Hub.

≻CLUB MERCHANDISE

>RATHMORE DISTRICT CREDIT UNION

Our AGM will be held via Zoom on Monday 26th April 2021, commencing @ 7.00pm.Instructions on how to register and attend are detailed on pages 2 & 3 of the AGM booklet.

≻NOTES

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com)or ring or text 087--6676817. before 6pm. sunday,

the link below. https://member.clubforce.com/memberships_cart_m.

asp... If anyone has any queries please contact Club Treasurer James

We are delighted to announce that our Glenflesk GAA gear is now available

Furlong at registrar.glenfleskgaa@gmail.com or on 0872331916.

By Michael O' Mahony

on the O'Neills website. You can click on the 'Shop Now' button at the top of our Facebook page.

whiten by seamus neary

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KILCUMMIN

>DARKNESS INTO LIGHT 2021

Darkness Into Light 2021 will take place at sunrise on the morning of 8th May. Everyone is encouraged to join Pieta House and Electric Ireland for Nathan's Walk and to don their yellow t-shirts and take part in the event at a time and in a location that suits them. We are so looking forward to sharing this very special sunrise with you. This year you can choose to sign up for a special sunrise event - walk, swim, bike or simply share your sunrise moment - or you can take part in the Darkness Into Light Challenge – when you select this option, we're waiving the sign-up fee for anyone who pledges to fundraise \in 150. Get creative with your activity, and remember that no matter how you choose to take part this year, you'll be giving the gift of hope to those in your community in suicidal crisis, or self-harming. Visit www.darknessintolight.ie to resister.

>RECOVERY HAVEN KERRY FUNDRAISER

How would you like to get active this May while raising funds for cancer support charity, Recovery Haven Kerry? The charity has joined forces with Just Giving for their exciting #5KMay fundraising event, which aims to get as many of their supporters as possible to sign up for a 5K challenge during the month of May, by running, walking, rolling, swimming or cycling 5K. The challenge can be done in one go or over the course of a few days during May and those taking part are then asked to donate just €5 and nominate 5 of their friends or family members to do the same. As well as individual participants, businesses, schools, sports clubs and running and walking groups are also welcome to take part as a team - and you have plenty of time to get training, as you don't have to do anything until May! Like all charities, Covid19 has placed enormous pressure on Recovery Haven Kerry's fundraising income, so the charity is asking as many people as possible to consider being part of this new venture for 2021 and help them to continue supporting cancer patients and their families across Kerry. Anyone interested in taking part can find

full details on how to sign up and donate via the following link https:// runforheroes.justgiving.com/get-involved-ie?charityld669140 or on all Recovery Haven's social media channels.

>KILCUMMIN COMMUNITY GAMES

Kilcummin community games competitions have moved on line this year. Art and Handwriting are taking place virtually this year. All information is on Kilcummin Community Games Facebook page. Link for entries is http://www.mycommunitygames.com/kerry. Entries must be entered online by parents for the competitions before May 5th. Please use age calculator to ensure your child is in the correct age category. Participants must live in Kilcummin Parish.

>KILCUMMIN LGFA REGISTRATION 2021

As we prepare to return to play all registrations for members and players of Kilcummin LGFA will be completed online from 2021 onwards. Online registration is now open on Foireann.ie.

Please register as soon as possible before juvenile training starts on April 26th. Guidance and links are available on the Kilcummin LGFA Facebook page.

>KILCUMMIN GAA

Kilcummin GAA Club presents 'Split the Pot' with the club and winner sharing the winnings 50/50. Live draw will take place on Facebook with a guaranteed winner. Tickets are ≤ 2.50 , four draws ≤ 10 . You can play at www.kilcummingaa.com, at Kilcummin Post office or Paddy O'Keeffes Supermarket, Gattabawn. Congratulation to our first winner Séan Browne who shared the pot in the first draw. Séan receives a cheque for ≤ 167.50 . Next draw will take place on Sunday 2nd May.

Written by: John Moriarty Email: info@kilcumminparish.com



Symptom Free, No Appointment Required Covid-19 Testing to take place at the Tralee Covid-19 test centre From this Wednesday, April 21st for one week at the test centre at Ballymullen Barracks Tralee.

Testing staff pictured, Billy Baker, Tralee testing a lady in her car as part of the HSE's enhanced Covid-19 testing for local communities, the Tralee test centre will facilitate Covid-19 tests without requiring an advance appointment for those who are symptom-free.

PHOTO:DOMNICK WALSH

BEAUFORT

►FACILITIES

Subject to public health advice later this week, under 18 training in pods of 15 will more than likely begin on the week starting 26th April. The dressing-rooms and gym will remain closed for now. The walking track is open during daylight hours.Please pay attention to the rules regarding walking dogs. Dogs are not normally allowed. Should you have to bring your dog, bring it on a lead and please clean up after it.

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►MEMBERSHIP

2021 membership is now due. Prices are as follows, Family with one gym membership is €60. Single gym and club, Over 18 to senior Mens and Ladies player is €60. LGFA Senior Ladies Player is €40.

LGFA U14 to U18 Player is €30. LGFA U12 is €20. LGFA U10 is €10. Club membership can be paid online on the Home page of www.beaufortgaa. com . LGFA and Club membership can be paid shortly through Foireann. Alternatively, Club Membership can be paid to Patie Hartnett at 087 2515311. LGFA membership enquirie.

>RETURN TO PLAY

All parents, guardians and over 18 players are asked to update their Return to Play account before training commences. This account will be linked to the new Club Foireann registration system. The Club Foireann system is almost ready and the LGFA subsection will be added shortly.

JOIN OUR TEAM

Whether starting your career or looking to progress to the next level, WE'RE HIRING!

O'DONOGHUE RING

EXCITING OPPORTUNITIES TO JOIN OUR TEAM

as we prepare for our reopening across all divisions, surrounded by the natural beauty and scenery of Kerry.

 CULINARY • ROOMS • SPA • CONCIERGE • FRONT OFFICE Summer Full & Part-Time Roles – Flexible Hours – Permanent Full-Time Roles

The long term development of our team, is central to our ethos. To express your interest, call HR today on: 064 66 21065 or email your CV to careers@odrhotels.com





TOWERS

RIVEI ISLAN

KEEL GAA CLUB NEWS

CLUB MEMBERSHIP

We are looking forward to welcoming our juveniles back on the field at the end of the month. Before then, please ensure your membership is paid for the coming year. To register, please visit https:// www.foireann.ie/. This new system has been introduced by the GAA this year. Advice on our social media which will assist you in completing your membership. If you cannot access social media, contact pro.keel.kerry@gaa.ie and we will share the relevant information with you.

KEEL GAA BINGO

We would like to thank everyone who joined us from near and far on our Keel GAA Zoom Bingo on Friday last. We hope you all had a great evening. We really appreciate your support for Keel GAA. Thank you to Sean O' Dowd for facilitating the Bingo and Terry O' Sullivan for his help with setting up the Bingo online. We will do it all again on Friday the 23rd of April at 8pm. All proceeds raised will go towards Keel GAA Coiste na nÓg. Jackpot is at €600. Bingo books will be on sale in Bensons, Helenas Local XL, Cronin's Castlemaine, and Kelly's Londis Milltown. Bingo books can be organized for those who are not in the area and would like to join us on Friday the 23rd. Please contact pro.keel.kerry@gaa.ie The registration link for the Zoom call will be available on our social media. If you do not have social media, contact pro.keel.kerry@gaa.ie

THANK YOU

We would like to thank our local businesses who have sold Bingo books, sponsored prize money, vouchers, and spot prizes for our Keel GAA Zoom Bingo so far. Also, thank you to our local community who have given spot prizes. Thank you to, Benson's Quikpick, Helena's Local XL, Cronin's Castlemaine, Kelly's Londis Milltown, David Clifford, Clifford Roofing & Contracting LTD, Richard Boyles and Sons, Kieran Foley, Carpentry 1st 2nd fixing, Philip Griffin's Motors, Whitegate, Maurice Flaherty, Carpentry Roofing 1st 2nd Fix, Dermot O Connor, Carpentry Roofing 1st 2nd Fix, Micko Griffin, PVC Gutters General Services, Mike Mangan, Mangan Motors Milltown, Helen Cronin, Griffin's Bar Castlemaine, Murphy's Bar Boolteens. Thank you to Yvonne Griffin for organizing the hampers. We really appreciate your support because without your support, it would not be possible to run our Keel GAA Zoom Bingo: If any business or person would like to sponsor prize money, vouchers or spot prizes please contact the Keel GAA Facebook page or pro.keel.kerry@ gaa.ie or any of our club officers.

MILLTOWN/CASTLEMAINE NEWS

CLUB LOTTO

Milltown-Castlemaine GAA Lotto Results - Kindly sponsored by Alma's Takeaway. Saturday, April 17th 2021 Lucky Numbers: 12 – 17 – 20 & Bonus Ball: 28 Results: No winner of the €12,600 jackpot or match three but our consolation prize winners are:

€50: Pat O'Sullivan / €50: Eoghan McCarthy €25: Matthew Hunt / €25: Margaret Horgan

€25: Clare Rochford / €25: Joe Griffin

Congratulations to our winners and míle búiochas do gach duine, for your continued support of our Clubs Fundraising Lotto.

Next Draw – Tickets are available online with ClubForce and at all usual outlets for our next draw which will take place Sat 1st May with the Jackpot Prize of €12,600.

Go to ClubForce to play by clicking on the following Link https://bit.ly/39GTqt1

A big thank you to Liam and Suzy Doherty for the amazing work to ensure the crossover of our club lotto to the online ClubForce format and our very first online ClubForce draw went so seamlessly.

COISTE NA NÓG

With the return of training not too far away we would be most appreciative of any help from volunteers. There are many way in which you can help our so please make sure to contact a member of our club executive if you would like to. This week we are specifically looking for COVID supervisors and coaches for our juvenile sides. To offer to become part of a coaching team please contact Liam Doherty 086 041 3593 or lan Twiss 087 252 1053

To offer to become a COVID supervisor please contact Claire O'Sullivan 087 123 7101

COMMERCIAL SPONSORSHIP

Our corporate sponsorship team are currently seeking commercial sponsorship for all elements of the club including;

- Main sponsor of the new stand
- Main sponsor of new community walking track
- New pitch-side signage

- Sponsorship of the senior teams and more

We would like to thank the many businesses that have supported our field development project so far. In recent weeks the club is delighted to have secured a further \in 21,000 in commercial sponsorship. If you or your employer would like to discuss the various packages available and join with one of the many businesses who have supported our field development project to date please contact Derek Twiss on +353 (87) 922 6239 **FIELD DEVELOPMENT PROJECT**

There has been further fantastic progress made in recent weeks at Paddy Burke Memorial Park, we would like to thank the many volunteers that have made this possible.

Some of the latest progress includes:

- Further work on the fencing surrounding the main pitch

- The installation of kerbing along the far goal end of our walking track

-The erecting of the walkway lighting poles

- The construction of shuttering underneath fencing

- The fertilisation of the pitch and continued pitch maintenance ahead of a return to action

With a return to sporting action coming very soon we look forward to seeing you all at Paddy Burke Memorial Park, until then stay safe and follow our social media pages for the latest updates.

STORAGE CONTAINERS

The club are looking to acquire two storage containers as part of an ongoing project. If any members know of any one locally that would be in a position to donate or sell containers to the club please contact our club chairman John Foley on 087 9242621

ON-LINE LOTTO

Milltown-Castlemaine: On-Line Lotto Site • On-Line Club Shop: Milltown-Castlemaine: On-Line Club Shop

• GAA National Club Draw: Milltown-Castlemaine: National Club Draw

FOSSA GAA CLUB NEWS

COVID-19 UPDATE FOR CLUBS

As you are aware, non-contact training for underage teams in pods of 15 will be permitted from April 26th next in the 26 Counties.

The key control measures remain completion of the online education module (which you can access and completion of the Health Questionnaire before each session (link to Health Questionnaire is on line)It is also important to remember that all indoor facilities must remain closed at this time, both North and South of the border. Attendance at Training in general, only players and coaches of the relevant team should attend any training session. One Parent or Guardian per child (or per family if more than one child is attending from a particular family) is permitted to attend in a safeguarding /supervisory capacity involving any team in the U-18 or below age group, should they consider it necessary. However strict social distancing and public health guidelines should be adhered to at all times. In particular, it is important that parents do not congregate in groups before, during or after sessions, outside of what is permitted in current Government regulations.

Any person wishing to attend our underage training or games including coaches, parents, players and spectators shall be subject to the provisions of the Code of Behaviour (Underage).

We will continue to keep you updated as we receive further information but we would ask you to ensure that the Return to Play Document and this cover note is circulated to all Club Team Mentors and your Club Executive at your earliest convenience.

FOSSA COMMUNITY GAMES

Some Community Games events will be virtual this year. The Virtual Event will be live for entries until the 5th May. There are 7 events in total that a child can take part in.

These are:

Art
 Handwriting
 Model-making

Recitation • Dance • Music• Singing

Try it out - all Fossa children are welcome to enter. Check out the Fossa Community Games Facebook page for details or email fossa@ communitygames.eu

Looking for your next opportunity?

Our stores are hiring

Join our expanding team in Kerry

Together we can



Full and Part-Time

Retail Sales Advisors Killarney, Listowel and Tralee

Telesales Agents Killarney Office

Office Administrator

Send your CV and Cover letter to: hr@kerryphonecentres.ie



MEMBERSHIP

Fossa GAA Club member registration is now open for 2021 season.To pay online login to FossaGAA@clubforce.com. Juvenile Member €20 - U6 to Minor up to 18th birthday in 2021

Student Members€20 - Adults in full-time Third Level Education

Full Members including Adult Players €40

Family Membership€70 - Includes 1-2 Parent/ Guardians and all Juvenile members.Under 18s return to training on April 26th, games to resume shortly. We ask that you register as soon as possible so as to reduce the significant burden of managing this process on club registrar and committee. Here's looking forward to a safe and successful 2021 for us all...!Thank you, Gene Moriarty Registrar.

LOTTO

No drawn: 15,1,16,26

€40 WINNERS JENNIFER BOYLE, KILLORGLIN; ADRIAN SHEEHAN, CROHANE MARY O'DONOGHUE, TWO MILE; EMMET DALY, BARLEYMOUNT WEST; JAMES O'SHEA, DROMIN FOSSA. Next weeks jackpot €11,100.

Tickets on sale from Foleys Spar Fossa, the Golden Nugget and usual sellers thanks for the support.

DR. CROKES GAA NEWS

LOTTO

draw took place on Monday April 19th numbers drawn were 3 7 10 12 JACKPOT €5,000 was won. WINNER Eileen O`Shea Daltons Ave., Jackpot for draw on April 26th will be €5,000

We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below And follow instructions attached

https://play.clubforce.com/play_newa. asp#Anchor. When you click on the link it brings you to the Clubforce Main page. From here click Club name Dr. Crokes GAA. This brings you to another page that you again put in Dr. Crokes, which in turn brings you to the Dr.Crokes home page. From here click lotto and the rest follows on. Alternatively download the Clubforce app,

. onhttps://member.clubforce.com/tickets_m. asp?LL_ID=734

Level the Playing Field We're calling on you to help your local LGFA club to

MEMBERSHIP

Registrations now open...This is a reminder that Dr. Crokes GAA member registration is now open for 2021 season.

We are asking all members to download the clubforce app using the following link IOS:https://apps.apple.com/ie/app/mcf/id1270809419 Android: https://play.google.com/store/apps/ details?id=com.girt.ebadism.mcf

if you already have the App installed since last year you will have to log out & log in again to refresh the App. We will be using the app & email for communicating with members & parents on information on the anticipated return to play & club & team news, below is the link directly to pay your membership which is now due for the coming year https://member.clubforce.com/ memberships_cart_m.asp?LL_ID=734&intMF_ ID=7826#Anchor

DR. CROKES SHOP

you can now shop worldwide new selection of Jackets, gilets masks and snoods and other items. Shop online https/drcrokesshop.com

FORÓIGE CAREERS SEMINARS

Career Coaching Clinics will allow young people to ask mentors questions about professions they may be considering for the future. Many young people have missed out on work experience and will be considering different subjects that will guide their career choices. The aim of the Clinic is to demonstrate that career paths can vary and to allow young people an opportunity to hear different professional experiences from the same field. Real stories in an interactive platform that will inform, encourage and inspire. See attached poster for more information. You can register through Eventbrite @ https://foroigecareers. eventbrite.com

COVID UPDATES

Return to Training As you are aware non-contact training for underage teams in pods of 15 will be permitted from April 26th next in the 26 Counties. Our clubs in the North have returned in pods of 15 this week. "Underage teams" means any registered team at U-18 level or below.

Attached, please find the updated Guidelines for a Safe Return to Gaelic Games.

The key control measures remain completion of the online education module (which you can access here) and completion of the Health Questionnaire before each session (link to Health Questionnaire is here)

It is also important to remember that all indoor facilities must remain closed at this time, both North and South of the border. Attendance at TrainingIn general, only players and coaches of the relevant team should attend any training session. One Parent or Guardian per child (or per family if more than one child is attending from a particular family) is permitted to attend in a safeguarding /supervisory capacity involving any team in the U-18 or below age group, should they consider it necessary. However strict social distancing and public health guidelines should be adhered to at all times. In particular, it is important that parents do not congregate in groups before or after sessions, outside of what is permitted in current Government regulations. Any person wishing to attend our underage training or games including coaches, parents, players and spectators shall be subject to the provisions of the Code of Behaviour (Underage). **2020 INJURY FUND EXTENSION**

TO 31 MAY 2021

Given that no activity has been possible for January to March 2021 a further two-month extension of Injury Fund cover has been ratified by Coiste Bainistíochta. This will now take the 2020 cover term up until 31 May 2021.

This means that the GAA Injury Benefit Fund cover remains in place based on existing 2020 team registrations. Units do not need to register or pay for their 2021 teams until re-invited to do so. Details with regards to registering and payment for the 2021 GAA Injury Benefit Fund will issue once we have more clarity from Government as to what the coming months may look like. It is a condition of the extended 2020 Injury Fund cover to 31 May 2021 that in advance of any permitted return to train or play in either April or May, "All players will still be required to be individually registered for the 2021 season on the new "Foireann" membership system." 2020 player registrations will "NOT" carry over into 2021 and cover will be declined if a player is not fully registered for the 2021 season in advance of any return to train or play in 2021.

Pause on "Loss of Wages cover" from 1 January 2021 Following discussion at a meeting of Central Council on Saturday 20th March last, it was agreed to review the following two options as alternatives to the current pause that has been applied to the loss of wages cover that forms part Marian O`of the wider Player Injury Benefit Fund. 1. Offer all our playing members who may feel that loss of wages cover is a prerequisite for participation in GAA activities for 2021 to individually subscribe to a stand-alone GAA endorsed personal injury cover plan for 2021.

2. Review the 2021 Injury fund premium payable by each of the 1,500 units and potentially increase this premium by 25% to partly cover \in 1.3m of the forecasted \in 3m fund deficit to May 2022 if loss of wages cover is to be reinstated during this term. The funds ongoing deficit is primarily due to the absence of gate receipts during this term which ordinarily sub-vents the shortfall in the fund annually.

GENERAL

In a general context, while there are undoubtedly some challenges ahead for the Association, there is also plenty of hope that with the availability of vaccines and the roll out of the inoculation programmes North and South of the border, a summer filled with Gaelic Games activity lies ahead.

In the meantime, we await the upcoming government announcements and will continue to communicate regularly with all units. We also request that you keep yourself updated with all communications given the fluid situation that we now find ourselves operating in. Finally, we want to remind you all of the importance of personal responsibility for our actions in relation to Covid-19 as we work together to ensure the safety of everyone in our community.

SYMPATHY

to the relatives of Fr. Tom Hickey, His father Ben Hickey played hurling and football for Dr. Crokes and would have been friends and played with Dick Fitzgerald. He left town (New Street) and moved to Westmeath and is credited with founding Rosemount GAA Club there. to the family of Lelia Moloney. Castleisland and late of O'Connell's Tce., Sons Michael & Colm are club members and Grandson Michael is current Senior Player, to the O'Brien/O'Sullivan families on the death of Peggy O'Brien Ardshanavooly whose grandniece Kayleigh captained our Senior Ladies in 2020. Ar dheis Dé go raibh a n-anamacha dilis.



Apply with cover letter, CV and Certificates to The Secretary, Danú Childcare Centre, Rathmore, Co Kerry Or email: danurathmore@gmail.com Closing Date: 30th April 2021

OUR TEAM ARE HERE TO HELP...

SALES 087 6593427 EDITORIAL

086 0400958

ACCOUNTS 1800 71 40 40

9AM TO 5.30PM MONDAY TO THURSDAY AND 9AM TO 1PM ON FRIDAYS



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RESPONSIBILITIES:

Loading and Unloading Trailers Rotating Stock Operating Forklift General Warehouse duties and Stock Control Good work ethic with attention to detail Follow company Health & Safety policies Training in relation to Stock Control will be given but applicants must be working or have worked recently as a Forklift Driver in a busy warehouse environment

> Letter of application and CV to : careers@walshcolourprint.com Closing date May 7th 2021

FULL TIME OPERATIONS ASSISTANT

Required for Killarney Town Centre Pharmacy

- Pharmacy experience a distinct advantage
 IT Skills Essential
 - Will involve weekend work at busy times

Email CV and Cover Letter to pharmacyrole@gmail.com GAA | AROUND THE COUNTY

EAST KERRY GAA NEWS

CONDOLENCES

To to the Falvey Family of Annascaul and the O'Callaghan Family of Castlegregory on Death of Frances Falvey Annascaul. Grand mother of killan Falvey former kerry minor & under 20 playler & Aunt of Ger o'Callaghan East kerry senior & under 20 trainer, peggy Horan glenfesk former secretary of East kerry GAA Board her sister Mary is marraiged to her son Tim & Annascaul GAA allso to Derek Fleming, Chairman of Glenflesk Ladies Club and to all the Fleming family on the death of Derek,s father Patrick, Fleming RIP allso condolences to Margaret Kelly RIP -Houlihan Currow. Breda Galwey RIP Currow.

Ar dheis Dé go raibh a hanam dílis

RATHMORE GAA CLUB

Senior panel will take part in a fundraising challenge for the Rathmore Branch of the East Kerry Mental Health Association and the Irish Cancer Society Night Nurse Service.

The panel will collectively run 1,500kms.

Sponsorship cards with team & panel members. **GAA UPDATE**

The GAA has released an updated Master Fixtures Calendar for the 2021 season. The inter-county season will run from May 8th/9th with the start of the Allianz Hurling League, to the weekend of August 28/29 when the All-Ireland Football Final will be played. The Provincial Football and Hurling championships will commence on the weekend of June 26/27. The County and Provincial Club Championships will be played in the months of September, October, November, and December with the All-Ireland Club Finals scheduled for February 2022.

The entire inter-county fixtures programme will be run off in a 20-week period and guarantees a minimum of five games for each Senior County Football and Hurling team with all bar three counties guaranteed six games in hurling.

The Allianz Football League will run from May 15/16 to the weekend of June 19/20 with Divisions split into North and South as originally planned in December. League finals will only be played on June 19/20 if counties involved are not playing in the championship the following weekend. If they are, then joint winners will be declared for Division 1 and joint winners and promotion for Divisions 2, 3, and 4.

Divisions 1 and 2 of the Allianz Hurling League will run May 8/9 to the weekend of June 12/13. Division 3 will run from May 15/16 to the weekend of June 19/20. There will be no Division 1 Hurling League quarter-finals, semi-finals, or Final played. The 2021 All-Ireland Senior Football Championship will be played as a straight knockout competition from the provincial series forward. There will be no Qualifiers and New York and London will not be involved.

2021 Liam McCarthy Cup: There will be a provincial knock-out championship with backdoor qualifiers like there was in 2020, but now also with the introduction of relegation to the Joe McDonagh Cup. There will be no semi-finals in the Joe McDonagh Cup which is the only change from what was proposed in December. The Joe McDonagh Cup winners are promoted in 2021 but do not have a back door into the Liam McCarthy Cup. The Joe McDonagh Cup will be played on Saturday July 17. 2021 Christy Ring, Nicky Rackard, and Lory Meagher Cups: The only change to what was announced in December is that British based teams will not be involved.

For the 2020 and 2021 Minor and 2021 U-20 Championships details will be finalised when there is clarity on a return to training/play date.

It is important to note that the GAA still does not have permission to return to club training or games with only training in pods of 14 allowed in the North. However, the calendar is set up in such a way that: Club competitions with county players can take place as County teams exit the Championships (in football, teams start exiting from the end of June; in Hurling July 10th). From August 1st, all Counties bar All Ireland Semi-Finalists in Football and Hurling, and the teams in the Div 1 Hurling Relegation play off, will be free to stage club competitions with county players. Additionally, the commencement of the Provincial Club Championships will be delayed until Mid-November.

KENMARE SHAMROCK

Delighted to say that work has started on our new "Ball Wall" near the entrance to the Astro Turf pitch. This will be a huge asset to the skills development of both junior and senior players in the club. A project like this would not be possible without your wonderful support of our weekly Lotto draw. Go raibh míle maith agat

KILGARVAN GAA

Hurling Wall Project Update

Croom Concrete sealed the joints on our Ball Wall at the weekend! Future work will include putting Astro Turf and fencing in front of the wall. We are getting our Ball Wall Project Sponsors sign ready to print. We would like to thank all the people and businesses who sponsored the wall to date.

FOSSA GAA

Please support Fossa GAA lotto. Purchase an annual ticket for \in 100 or 6 month ticket for \in 50. All details from Fossa Club. The payment can be lodged directly to Fossa GAA bank account - details form club officers.

ST PATICK HURLING CLUB EAST KERRY

Thank you to everyone who supported3km run/ walk Rennily The money raised will go directly to our senior and juvenile clubs equipment and running cosys for the year ahead.

The draw for the prizes was made by Chairman John Kelly. Congratulations to the following winners. Canning Hurley and Sliotar - Aaron Buckley. Juvenile half zip and Beanie - Martin Mulready. St Pats Senior Jersey - Alan Clarke.

LEGION GAA

#ONE GOOD CLUB#

Killarney Legion entered their 8th week of the 10 week One Good Club initiative. They are currently on the Keep Learning stage of the initiative.

To encourage club members to Keep Learning, Killarney Legion have been carrying out lots of fun activities for all club members to take part in - The "Tell Me Something" series has been receiving a great response so far. During this series, club members of all ages have been sharing a fact, piece of trivia or funny anecdote of the club. These videos are available to watch on our Facebook and Instagram pages. Club member Tara, from Tara's Baked Bouquets, hosted a live bake along where she shared some of her top tips and tricks to make some delicious treats. Jigsaw Kerry hosted a live workshop for our younger club members. This workshop aimed to help youths understand mental health, the importance of talking to someone during a difficult time and informed them of the services offered by our local Jigsaw in Kerry. Club member and popular local orthodontist Stephen Cotter taught club members of the importance of the correct use of mouth guards during football training and matches, and gave advice on how to keep your mouth guard clean. The One Good Club committee of Killarney Legion have been blown away by the support they have received from all club members to date. It is fantastic to see so many people get involved and take part in the events that we have been organising. We would like to say a massive thank you to all club members who have given up their time to help out with this initiative.

LEGION LOTTO

Support the club via our weekly lotto!!! Play online: https://cutt.ly/sy5ElUC . This is our most important avenue for fundraising

Jackpot €6,300 plus bonus €10,000.

CLUB MERCHANDIZE

Our shop remains open for orders - Plenty of stock Available - 1/2 zips , jackets, hoodies, bags, hats and kits for juveniles. Place your orders direct with Maura on (087) 763 4372.

LEGION LOTTO RESULTS

Numbers 10,16,20,23 bonus 03 Match 3s: Johnny Culloty O Sullivans Place Hellie O Sullivan C/o Alan Lyne Luke O Sullivan C/o Alan Lyne Majella McNulty 9 O Connels Terrace Christy Crowley C/O Padraig Brosnan

Next draw Sunday 25th jackpot remains €16,300. **MEMBERSHIP**

Membership is now due and must be paid before any return to play. Direct members to register and pay online via https://legiongaa.com/ membership.

BALLYHAR-FIRIES GAA CLUB

2021 MEMBERSHIP

As it looks like April 26th is the date all underage players have been waiting for to get back out on the pitch, there is no better time then now to get your 2021 membership. Our club membership is now open for all players and members.

A new system of registration is being introduced this year through the return to play app (www. foireann.ie) that was used last year to declare players were healthy to attend training. All registrations should be completed under this system and payment for all standard membership is paid online. Go to www.foireann.ie or Follow the links on our social media accounts. Alternatively, you can make contact with Club Secretary Kevin Cronin, Peter Costello, Paudie O'Sullivan Hurling or Fiona Walsh or any club officer/ Mentor or

GAA | AROUND THE COUNTY 👹

Member and they will be able to give you further details. All players must be registered before playing or training. Membership is now live. Family Membership - €100

Adult Member - €55 Adult Player - €65

Juvenile - €30

Student (over 18) - €40

Remember no membership no play. It should be noted for familys registering for membership on the foireann system, they should setup a family first, create an account for your spouse/ partner and add any kids to the family section. Once you do that and go to buy adult and kids membership, their names are populated in the drop down menu.

COISTE NA NOG

Academy Training returns to the pitch in Farranfore after the Covid Restrictions with U7

& U9 Boys on Saturday the 1st May at 10.30 and U5 on Saturday 8th May. All new player welcome. All players are reminded to bring their own water bottles. Parents are encouraged to drop and go. Remember No membership/No Health Questionnaire - No play.

LOTTO

Lotto results from Monday 19th April Numbers drawn: 5, 21, 22, 23 No jackpot winner 5x €30 Francis Connor, c/o Bridie S Kennedy, c/o Bridie Mike Sullivan, c/o Bridie Pat Brown, Firies Evan Cosgrave, Firies. Next raw takes place on Monday 26th. Thanks to everyone who purchased

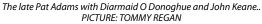
a ticket and don't forget to get one for next week!! Get your lotto tickets online via the Firies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Firies, Hendersons Shop and Bar Firies and from all the usual sellers. We thank these businesses for their continued support. Thanks you all for your continued support. Due to challenges associated with club finances through Covid-19 we would request that members consider participating in the Club Lotto which is the key fundraising platform for the club.

FIRIES GAA WEBSITE

The Club is in the process of getting the website updated and this is a call out to all club members who may have any old photos, match reports, Club History pieces or any other information relevant to the club. If you would like to see this information on the club website, could you please email it to pro.firies.kerry@gaa.ie.

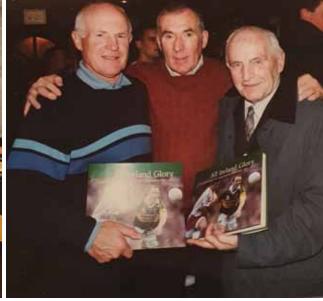


Padraig Brosnan and Donie Whitty O'Sullivan with their Legion, and Man Utd, prospects. PICTURE: TOMMY REGAN





In 1993 Moorefield GAA Club visited the Legion.Sean O Grady and Co. make a presentation to mark the visit. PICTURE: TOMMY REGAN



Killarney Legend Donie Sheahan with Tom Prendergast and Weeshie Fogarty. PICTURE: TOMMY REGAN

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PETER CROWLEY RETIRES FROM A SHINING KERRY CAREER



By: Jimmy O'Sullivan Darcy

Deter Crowley has become the latest player to step of the gruelling inter-county roundabout. While not entirely unexpected given his injury struggles in recent years and business commitments, having taken over his father's pharmacy business in Killorglin (Joe, of course, is a key officer of the County Board himself), it's still surely a bit of a loss for Peter Keane's panel.

I've seen Peter described repeatedly as a 'swashbuckling' defender and the last of the 'old-style' defenders. I wouldn't be trying to



onto Peter Crowley's football. style of By 'swashbuckling', I assume they are referring to Peter's ball-carrying and shooting ability, which has always phenomenal. been He had pace and wasn't afraid to use it to open up defenders – a gamekeeper who liked to

go poaching, in many ways he had lovely natural skill on the ball

even as a young player. From what I can recall, he was always a half back defender; he loved facing the game and having space to run into, and he always had a great kick. When they say that 'oldstyle', it's meant as a euphemism for 'tough', and Peter was, but you'll never meet an inter-county player who isn't tough, in my opinion.

He was a shoe-in for the 2008 minors - that was an interesting side. I mentioned it recently enough when Peter's fellow Kerry minor and senior team-mates Brian Kelly and Jonathan Lyne stepped away – Kerry's minor campaign eventually came to an end (after a fantastic win over a fancied Cork side) after losing in a replay to Mayo, who in turn came a cropper against a Tyrone side who included Kyle Coney in the All Ireland Final. I was at the final; I honestly thought even then that particular Tyrone side were brilliant but over-coached. But I never expected the huge return Kerry would get from that particular Kerry minor side, and Peter Crowley really was one of the best of them.

Funny enough, the Sem lost that year's Hogan Cup Final and The Green had lost the 2007 one, so they were the well-known footballers - IS Killorglin's star player was under the radar a little bit at first.

He was solid, though. And I don't just mean that he was incredibly reliable (which he always was; great personal discipline allied to great judgement; he could always both read the game and play it. I also mean he was solid as in, any attacker who decided it would be easier to get past Peter Crowley with force rather than guile was always quickly answered as well. Peter could defend himself with conceding tantrum frees or losing his concentration - the 'oldfashioned' defending style (have another look at the famous clip of Páidí and Dinny Allen getting acquainted - it's brilliant but it belongs back in that era!) wasn't required by Peter.

He played Kerry U21 in 2010 and 2011 (the U21's were absolutely wiped out by a great Cork display – yet over half of them went on to win a senior All Ireland!), the same year that he won both a Sigerson Cup and a Cork County Championship with UCC.

Peter made his inter-county debut against Tipperary in 2012 and has been a mainstay ever since. Along the way he was a linchpin and an All Star on that victorious 2014 Kerry team, won seven Munster titles, two National Leagues, and represented Kerry in the International Rules Series. Peter Keane seemed to fancy Peter as a veteran man-marker at cornerback, going oneon-one to lock down the opposition dangermen (to be honest, I was never in favour. Peter could do that role, of course, but to me it robbed Kerry of too much momentum in the half backs, Peter revelled in dictating space rather than occupying it) until a severe injury derailed him in 2019.

Peter may have taken a deserved step back from playing inter-county, but I doubt that we have seen the last of him playing football. The one honour that has eluded him is a County Championship medal, and that isn't going to sit easy just yet with any Laune Rangers man! He was a mainstay of the Mid Kerry team that reached last year's County Final and, given their age profile and brimming talent, I'll certainly be hoping to see this great player have another tilt at that particular windmill!

My very best wishes to a footballer who was always as gentlemanly off the field as he was great on it.

Minister Foley welcomes over €245,000 in funding for local sports groups in Kerry

Education Minister Norma Foley TD has welcomed the announcement of €245,051 in funding for the Kerry Recreation and Sports Partnership.

The Kerry Recreation and Sports Partnership (KRSP) works to encourage and support the people of Kerry to participate in sport and

physical activity.

This funding will help the KRSP to drive participation in sport and physical activity in County Kerry focusing on local community projects, people with disabilities, minority sports and clubs for the elderly.

Minister Foley said: "There is no doubt that

sport has been hit hard by this global pandemic and this funding will provide a major boost for smaller sporting clubs and groups across Kerry. This funding will help to encourage people of all abilities to participate in sport and physical activity."

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DEERPARK PITCH & PUTT CLUB

REOPENING

We are delighted to be able to open for play for our members initially from next Monday, April 26th. The standard Pitch & Putt Ireland Covid-19 protocols in relation to play from last year apply again and for the first four days (until Thursday) the clubhouse will be closed meaning members will be responsible for opening and closing the gate upon arrival and texting the club phone 087 7823138 to confirm they are playing for contract tracing purposes. Details of the clubhouse re-opening next Friday will be confirmed on our Facebook page during next week. **MEMBERSHIP**

The same rates as 2020 will apply. They are €135 Single Adult, €80 Juvenile/OAP and €240 Family (2 Adults & 3 children under the age of 18). Membership will be valid until March 1st 2022. The clubhouse will be open this Saturday from 2pm-3pm and Sunday from 10am-11am for anyone wishing to pay in advance of next Monday. Please contact Club Registrar Margaret B Looney (087 9265747) if you want further information. Membership can also be paid at the clubhouse from next Friday.

PLAY

This initial re-opening is solely for casual play. We await confirmation about when competitions can be played in the coming weeks. Also we re-iterate that the 2020 U16 Club Matchplay will be played at the first opportunity to do so. Please note that competition will be for 2020 U16 members only.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO

No winner of our lotto draw 16/04/2021, numbers drawn were 4, 11, 13 & 23. €50 Y/T prize to Florrie O' Sullivan Currans, €50 to Marianne Cronin c/o Mgt Hayes, €40 to Jerry O' Connor Knockanes, Joanne Breen c/o Dalys Supervalu, Patrick McCarthy c/o Shop Gneeveguilla. Bonus not won , numbers drawn were 1, 5, 19 & 25. Nest week's jackpot €18,400 plus €1,000 bonus.

YEARLY LOTTO TICKET RENEWAL

Yearly lotto tickets which would have fallen due on January 1st are now due for renewal on May 7th. Appreciate if all concerned can arrange to have their renewal paid on or before May 7th. Anyone wishing to join may contact Tom Joe on 087 9339087.

TRAINING

IT looks likely that we will be able to resume training on May 1st. Training will resume in Barradubh, Gneeveguilla & Glenlara venues. More details nearer the time.

MUCKROSS ROWING CLUB

RETURN TO ROWING

On Monday next, April 26, the club is set to return to rowing after 116 days of full closure when the country was returned to the strict Level 5 lockdown measures just before New Years Day. While our coaches and members alike have shown great commitment and resilience through weeks of virtual group training via Zoom and individual exercise outdoors, there really is no substitute for being out on the water, training together and in person with our fellow members and friends. Initially, the latest public health restrictions allow for underage training in pods of 15 and single sculling for adults. All training is limited to outdoors only. No competitive events are currently permitted however there is some hope for limited competition later in the year. We are eagerly looking forward to a return to the water and coaches will be in contact with members regarding training times.

COVID-19 SAFETY MEASURES

Since the club was last open, COVID-19 has evolved and new more transmissible variants of the virus have become dominant. While the reduction in case numbers reported up to last weekend has been encouraging, the basic measures to contain the spread of the virus remain as important as ever. These include social distancing, wearing of masks where advised, sanitising equipment, hand hygiene, respiratory etiquette and limiting social contacts within government guidelines. We strongly urge all our members to continue to abide by the latest guidelines, stay safe and stay well.

KILLARNEY RFC NEWS

With outdoor training (in pods) returning from Monday next the 26th of April, we are aiming to return all Youth and Minis age groups for the month of May. It has been a very long lockdown, since Christmas, for those who play and coach sport. Everyone has thoroughly missed being on the pitch and can't wait to get back to training. Below are the provisional training times from next week – once the final approval is given from the Government and subsequently the IRFU, that training can officially resume from the 26th

RETURN TO TRAINING MINIS

Our Minis will return from Saturday the 01st of May at Aghadoe. Our U8 will train between 10am and 11:30am, our U10 will train between 10:15am and 11:45, while our U12return between 10:30am and 12 For further details please contact our coordinator Liam Murphy on 087-4145662.

GIRLS

Our Girls teams (U14, U16 and U18 girls return to training from Wednesday the 28th of April. Training will take place at Aghadoe between 6pm and 7:30pm. For details contact Fiona Landers (U14) on 087-2304689or Anne Gabbett (U16/U18) on 086-3125722. YOUTHS – BOYS

Our U14 boys return from Wednesday the 28th of April at 7:30pm, while our U16 and U18's return to training from Thursday the 29th at 7pm. Please contact section Head Coaches or

Youths Coordinater John O'Connell on 086-8525116 for further information.

Please keep an eye on Government announcements in case there may be any change to return to rugby timeline. We will also post updates on our Social Media channels.

KILLARNEY CELTIC NOTES

Numbers drawn 2,5,7,25. There was no jackpot winner. Match 3 winner received \in 150. The next jackpot on Monday April 26th is \in 6,800. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce.com

Training for underage teams will resume next Monday April 26th. The following is the training schedule for the week ahead. Any changes to the schedule will be posted on the club facebook page and notified to the squads.

MONDAY

5.30pm-7pm U12 Boys A, B & C 6pm-7pm U13A Girls (Group 1&2) 7pm-8pm U13B Girls (Group 1&2) 8pm-9.30pm U15B Girls (Group 1&2) **TUESDAY**

5.30pm-7pm U10 & U11 Boys 5.45pm-7.15pm U17 Boys 5.45pm-7.15pm U16B Boys 7pm-8pm U14 Boys (Group 1) 8pm-9pm U14 Boys (Group 2) *WEDNESDAY*

5pm-6pm Football For All 6.15pm-7.15pm U12A&B Boys 8pm-9.15pm U13 Boys

THURSDAY

6pm-8pm U15A Girls (Group 1 & 2) U17 8pm-9.15pm U14 Boys (Group 2) FRIDAY

FRIDAT

6pm-7pm Academy 7.15pm-8.30pm U15 Boys 7.15pm-8.30pm U16A Boys *SUNDAY*

10am-11am U9/U10 Boys All players must sign in before training.

KILLARNEY VALLEY ATHLETIC

Due to Covid restrictions, only Juvenile Training can return in pods of 15 from next Monday April 26th. We plan to have training Mondays, Thursdays and Fridays. Club members will be notified of their specific time by email. Training is by year of birth – please attend the correct session for your age. Please also be aware that you must register for every training session via link below on the AAI website.

https://membership.athleticsireland.ie/ reservation.html

We look forward to seeing all our members back in training. Remember to bring water and plenty of energy!

Our new website https://killarneyvalleyac. ie is now up and running for any club information and also to purchase any of our quality KVAC club gear.

Email killarneyvalleyac@gmail.com for any queries.

Please keep an eye on your emails and also check our facebook/instagram page for any updated information on training.





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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

GAA Munster Championship

I happened to listen to the Munster Football Draw on Radio One, and I felt that small little frisson of excitement. It doesn't happen to me every year, but there's usually some point where I start to engage with Kerry's championship chances, start to pump a bit of life into that small half-nagging thought of Sam Maguire in the back of my head. I'm a long way from a fanatic, by the way, I'm not some-one you'll see crying after a Kerry defeat. But yes, club and of course county are a part of the background pulse and rhythm of my life.

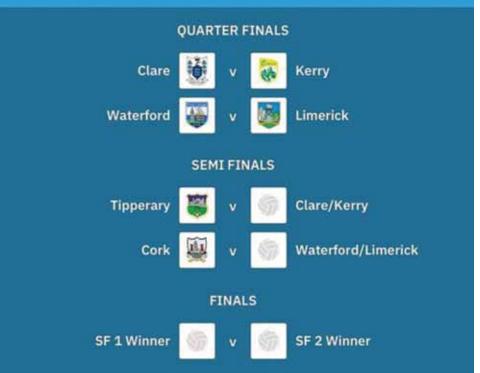
Last Monday morning, I suddenly felt that "hold on, we have a real chance here!" Honestly, I did, and I do. As far as I am concerned, we got pretty much the perfect draw. And yes, everyone knows that there is one particular team waiting down the road to meet all comers. So what? Offaly met a team as formidable in 1982, and Cork met an unstoppable outfit in 1987. Neither of them blinked in the face of giants. Fair play to those great teams and the great team they eventually beat - now let's go out and do the exact same thing. I'm convinced that we have the players; we just need to trust them. I actually like Dessie Farrell (he has done phenomenal work for players within the GPA both personally and in implementing structural supports, Dessie is very much one of the good guys) but he doesn't have Jim Gavin's imperturbable demeanor and recent matters (yes, of course I'm talking about that training session) have tightened the pressure a bit. This really could be our year....and yes, I know God heard that small whisper last Monday morning and smiled down on me gently.

Last Year

For those who remember last year (and my best wishes to those able to slip it from their memories),

I didn't like coming in cold against Cork and never do. Cork always have the players – not always the management (last year, they beat us tactically and clung on in scores to create that last gasp opportunity), not always the coaching or development, and not always the support. But even on their worst day, they have the ingredients for a perfect storm and they always rise to Kerry.

I'll tell ye two secrets I wouldn't be telling any of my Cork friends. I've always liked Cork football, I'd happily sit and chat with Cork people after a game whether we won or lost, and the conversation would be of the same calibre. And I've always feared Cork football. I'd fear Cork in any sport, they rise to challenges. I didn't see last year coming – frankly I still say that Kerry got an awful lot of things wrong that day, it was like a throwback to Meath in 2001. I still think that that facsimile of a National League Final, with Donegal



G Munster Senior Football Championship

did

putting out a basic second string (they had that championship opener right around corner; the they risking weren't anybody or even showing their hand in any League Final!) and Kerry strolling to an easy victory that didn't sit right. Martin McHugh was close to me in the stand that day (yes, two metres, but we R could talk). He wasn't overly impressed with Kerry, he pointed out a few things. The man knows his football, and he was proven right.

N o , you can't go into a game against Cork from a standing start. This year it will be harder than ever to build up a head of steam. The truth is that the professional games l've watched in recent months have been much poorer fare than usual. The lack of a crowd most certainly dilutes intensity, while the enforced training bubbles and lack of challenge games takes away the crispness. That's very observable in the NBA (the NFL was close enough to a season finish and had enough real drama), Premiership and European soccer competitions (we'll come back to that topic elsewhere!) and the club and country rugby.

I'm not going to bother getting into the notion of LOI soccer being professional and the GAA being amateur (frankly, one boasts of its professionalism and the other of its amateur culture, and both are vastly exaggerating!) but I think the GAA were quite right not to go fighting any battles on that point. Keep dry powder; the cold reality is that there'll be plenty of negotiation over grants yet this year and the GAA will want their share of the pie – and certainly deserve it.

Kerry v Clare

Do not misunderstand me. When I say that this is a good draw for Kerry, I mean that Clare are a real test and I want that. I don't think they'll beat us – I've seen a lot of Clare teams give decent battles against Kerry teams (St. Flannans came very close to a Corn uí Mhuirí Final this year and always knock hard on that door, I genuinely have massive respect for them) but I've only seen a Clare football team beat us once in championship. Yes, I was there in 1992 and I remember it clearly – I will say again that they gave Tom Morrissey man of the match but Seamus Clancy quite rightly won an All Star after. Clare's only All Star – I

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always thought Martin Daly, a real magicician of a forward, deserved an All Star. I know everyone talks about the goal against Cork in 1997 in Cusack Park, and that was genius, but do ye remember the back-heeled point against Tipperary in 2000? That was simultaneously bizarre and brilliant, I remember Thierry Henry scoring an Arsenal goal in a similar fashion. Mind you, Noel Roche always deserved an All Star, but many men do. Mind you, I can generously slot him onto my Greatest Team of Players to Never Win an All Ireland, as printed in last week's column. I'll slot Noel in at wing back and unceremoniously drop Graham Canty like a hot potato. I don't feel too bad about Graham, considering he captained Cork to the 2010 All Ireland.....I have come to realise that my memory can be plenty selective when it wants to! A genuine thank you to Seán Casey for gently pointing my mistake out.

Colm Collins is a very good manager - we all know that there are hierarchical rumblings in the echelons of the Clare County Board, but Collins appears to be distanced from all controversies and to have public and, much more importantly, players' confidence. They work for him and it shows, especially in a one off game like this one. Having the likes of Enda Coughlan (a tough soldier on the field himself), and our own former netminder Declan O'Keeffe beside him won't be hurting their chances either. I have no particular idea who Clare will have in training - in fairness, in this year of years I couldn't even venture to predict who'll be in with Kerry, let alone anybody else but they will train hard and cleverly (seriously, I rate Collins hugely) and they won't fear Kerry in the slightest. They have good footballers to call on. Gary Brennan, who actually made his debut under one Páidí Ó Sé thirteen years ago, has stepped back from lording the skies – no harm for us, Brennan was a magnificent fielder - but you still have plenty of dangers in Pearse Lillis, Alan Sweeney, Podge Collins of course (and the dovetail with the hurlers is a real sign of strength and mutual cooperation, although I'm sure Podge being his father's son helps keep perspective), veteran David Tubridy (another great footballer to watch), Kerry-connected Conall Ó hAiniféin, Jamie Malone, and a somewhat mercurial Keelan Sexton. He's a super talent, on the day it finally clicks completely for him he will blow a top team away with his shooting. I don't see it being this year, though - talk about a nightmare scenario, hah!

Our Last Meeting With Clare

Last year Clare were the first victims of Tipperary's annus mirabilis – I doubt if any of us were predicting that particular roller-coaster ride at the time! Two years before that they were falling to Kerry, in Peter Keane's first senior championship match at the helm. It was 1-9 to 0-3 on the scoreboard at half-time, with James O'Donoghue his scintillating self with the goal, but Clare hung in there. Clare always do; they never give up. James went off with injury, Mark Griffin, David Moran, and Tommy Walsh all walked before the finish at the referee's insistence.Kerry ended up with a fairly comfortable win, 1-15 to 0-12, but as always Clare had pushed Kerry all the way. Great. Exactly what we want. A hard oul' in your face test, a bit of dog eat dog (it's a metaphor!). After so long in isolation, it'll be a good game to knock off any rust. Like I say, I genuinely respect Clare, but I just don't think they have our shooting power and they won't hold us – frankly, I'd like us to be a bit more ruthless about going for goals as well. Clare will test our mettle, which is exactly what we want. I honestly don't think that Waterford, despite their genuine improvement in recent years, or even Limerick could give us the kind of real down-to-the-wire test that we need.

Tipperary

Which is great, because then we are facing the Munster Champions. I still feel that there was a little bit of complacency in Kerry's play against Cork last year (I'll freely admit I had been guilty of foolish hubris myself) and I thought Cork themselves looked a little too unruffled as that Tipperary whirlwind began to gather pace in last year's Munster Final. Certainly, Kerry will have their appetites well whetted facing the provincial champions, but again, I expect their overall quality and the lessons of last year to stand to Kerry. Can Tipperary bring that brilliant fire again? It's a hard thing to do, even for David Power. In fairness, he's another fantastic manager. None of us really saw Tipperary's minors will be famous for two stunning goals to beat Dublin in the 2011 Minor Football Final, but I remember how they had somehow accelerated past a shell-shocked Kerry (including me, I was stunned) earlier on in the campaign. David Power's fingerprints were all over that team; he had taken up the coaching baton laid down by John Evans' great work in the county (he set up great football structures during his tenure there).So, I'll unabashedly tempt fate and say that I think we were just caught on the hop last year and that will only put fuel in our bellies now, and I think we will be tested by both Clare and Tipperary but pass both exams with honours.

Cork in Killarney

And then Cork.....like I say, I both respect and fear Cork more than I'd ever tell them, and I like them a lot on top of it. But last year was hard, lads. Last year was a long year and I had been looking forward to Kerry's All Ireland campaign to shorten it. Ye hurt me, Cork. But ye'll be on our home ground this time, for the first time in guite a while. Remember the last time ye beat us in the Championship in the Fitzgerald Stadium? I'd be surprised if any of the Cork players remember it, theywere only garsoons. It was 1995. Colin Corkery had 0-7, Don Davis got 0-3, and Cork captain Niall Cahalane burst up for a good point. That was a good Cork team, in fairness. Kevin O'Connor, Mark Farr (a very under-rated footballer, I always felt), Mark O'Connor, Cahalane, Ciaran O'Sullivan, Stephen O'Brien, Brian Corcoran, Danny the Yank and big Liam Honohan in midfield, Podsie O'Mahony, Joe Kavanagh, Davis, Stephen Calnan, the imperious Larry Tompkins (he oozed class although I would rate him as a John the Baptist to a certain messiah from Cahirsiveen!) and in the corner one of the greatest Cork footballers I ever saw – Micheál Ó Muircheartaigh once compared him favourably with Lazarus, but I always saw

ALL THINGS...SPORT

similarities with Southampton striker Matt le Tissier. Colin Corkery deserved an All Ireland as much as any Cork player. That Cork team had a decent bench as well, with Mark O'Sullivan, John O'Driscoll, and Teddy McCarthy coming off the bench – jaysus, that's drawing three aces from the deck, in fairness!

Mind you, 1995...that's 26 years. The Peace Process became real. Steve Collins beat Eubank, which surprised me (I hated Eubank's affectations, I'm mature enough to appreciate his wisdom in a ruthless sport now). I was at the soccer game that had to be abandoned because of English supporters – I was unscathed and somewhat bemused, but it was nasty. It was unnecessary, they were just trying to force ill feeling where a vast majority of supporters were getting on grand.

Pat Falvey became the first Irishman to climb Everest that year. Seamus Heaney won the Nobel Prize. But it was Fr. Ted Crilly who won all our affections when he first appeared on tv screens, and still does.

26 years Cork have been coming to Killarney and going home empty-handed. I know it's only a piseog, and a sophisticated fellow like me would be relying far more on quantum mechanics and statistical derivatives and a bit of blue sky paradigms and the like than mere piseoga.....but I think a piseog that holds that long has a bit of power of its own. We'll find out, I suppose!

I'm not saying that Kerry will win Munster or Sam Maguire. I imagine we'll be favourites for one and probably second or third favourites for the other? I'm saying that we could, and I like it. I don't know about ye, but it's great to have the prospect of games back again. As I say, that little spark of excitement; that conversation starter, that bit of hope and emotion. I expect that I'll be watching it on television the same as most of ye, but isn't it a start?

Last Monday I thought I felt the world start moving a little bit in my direction again. Yes, I know it's baby steps. I know we still have to be very, very careful, and please do still observe the protocols – in fairness, Kerry can stand over our record and our numbers show it – but let's keep getting it right.

And let's enjoy it when it finally happens.

Ladies National League

The TG4 Lidl Ladies National League Fixtures have also been announced and the Kerry Ladies play in Division 2A as follows:

Kerry away to Meath on May 23rd, at home to Clare on May 30th, and at home to Wexford on June 6th. None of those are easy. Meath, the reigning Intermediate champions, is a tough one to open with; they will be hungry for a good start. Fair enough, sure so will we be looking for a better start. We should beat Clare at home (I think!) and as for Wexford? We'll be strong favourites but Wexford....I'll just say that Wexford have a very long and proud history themselves across a variety of codes and any team crossing that border will be well advised to remember Con Houlihan's famous advice about never casting aspersions about the alligator's mother until after you have crossed the river (Con was referring with hindsight to over-confident Kerry predictions of victory over Dublin in 1976 -

ALL THINGS...SPORT

whatever's up with me, I'm recalling a lot of our defeats this week – arrah, no harm getting any negativity out of my system early on. I'll remind ye all of a few great Kerry victories nxt week just to start stirring the blood – and I've no doubt that team captain Aislinn Desmond and her cohorts can give us a few in the months ahead.

Fundraising Draw Garners Great Support

Kerry Ladies Chairman Sean Walsh thanked all those who bought tickets and donated to the draw for Kerry Ladies Intercounty Squads to prepare for 2021.

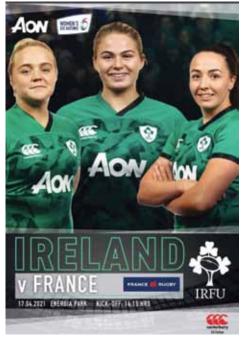
The draw was hosted on the I donate platform and helped raise \in 13,470 which is very much appreciated by all associated. The Kerry LGFA Executive, management teams and players from the various squads wish to thank everyone for their support in the Kerry LGFA Fundraiser. Winners will be contacted by Kerry LGFA.

RUGBY

Ladies Six Nations

Ouch! Yeah, I was not expecting that. France, with a much, much stronger professional base, were always going to be favourites here, but to be honest we were absolutely shunted aside. What makes it worse is that we actually made a good start and looked the livelier side, leading through an early penalty. Then France gave a gallic shrug and simply accelerated a few gears. They split us open with almost laconic pace twice for tries. France picked up a penalty try; Ireland picked up a yellow card. It was that sort of day and that sort of gulf in class. 21-3. In fairness to Ireland, they showed real guts to dig out a wellworked try, Cliodhna Moloney going over. It was never going to turn this inexorable tide - France are mostly semi-professionals and you could see it - but it reaffirmed our pride for a while. Ireland were coughing up too many penalties, not, France were simply too fast for us, and it was 38-8 at half-time. Teenager Beibhinn Parsons was again our biggest threat, she is a ferocious talent, but France were well ready for her and they could match her devastating pace in their counter-attacks - we just couldn't close down that space fast enough. The thing about rugby is that it's pretty ruthless once the opposition find your weakness, and this was a clear case in point. Five tries coughed up in forty minutes. Ireland weren't going to come back from that and they didn't. France had two more tries and a penalty -Ireland's discipline was really creaking under this kind of pressure, while France always felt like they had reserves in the tank - before Emma Hooban mauled over for a very late consolation try.

Ireland will now face Italy again to decide our final standing – and Italy sound like a decent test for us. I haven't seen them, but they beat Scotland by 41-20, that's good scoring. I guess we'll find out at noon tomorrow, but I'd be hoping for a big recovery from Ireland to claim third place in this year's tournament. France and England, as was always expected, will battle it out in the final.



ATHLETICS

Great news for Irish athletics, as TG4 have announced a new broadcasting deal with World Athletics which will see live international meetings broadcast live on domestic television for the first time in twenty years. These will include some of the biggest races in the lead up to Tokyo and TG4's commitment is hard currency in terms of invitations for the likes of Nadia Power, Sarah Lavin, and Phil Healy. This is the world stage, and we have athletes who deserve to be on it, so fair play once again to TG4. Frankly, they put bigger stations to shame – I didn't mean that as a little dig, RTE, ye do yere best (no, ye don't). It will be great to get to celebrate Irish athletes as they deserve and hopefully propel them forward.

GOLF

Congratulations to Leona Maguire, whose rich seam of form this year continued with a four way tie for second place at the Lotte Championship in Hawaii. That not only came with a nice crisp cheque for \$125,000, but all of a sudden really puts her in the running for a place on the Solheim Cup team – believe me, that would be a huge deal, both in prestige and endorsements. Best of luck to her, she's always seemed very down to earth to me.

SOCCER Superleague!

Oh, golly gee, isn't it great last Sunday to hear this news! A breakaway European League of top teams, how wonderful! No more watching our familiar faces and heroes from the superbrand teams that have the history and marketing get knocked out by....well, unknowns. Juventus have been losing out at quarter-final stage for years now, chaps, even after we bought Ronaldo. It's just not fair! Big clubs like us should always qualify and can never be relegated, even when we play awful.

Yeah, this breakaway elite league of six English teams (Man United, Man City, Liverpool, Chelsea,



Leona Maguire, whose rich seam of form this year continued with a four way tie for second place at the Lotte Championship in Hawaii.

Spurs, and Arsenal), three Spanish (Real Madrid, Atletico Madrid, and Barcelona) and three Italian clubs (Juventus, AC Milan, and Inter Milan) will now form their own league. PSG have yet to commit - the superpowers want to curb some of PSG's financial power, the nouveau riche aren't quite equal. This whole thing is a lot more George Orwell than Karl Marx in a lot of ways!

Bayern Munich and Borussia Dortmund (who wouldn't currently qualify for next year's Champions League) haven't accepted invitations but haven't turned it down fully.

The breakaway clubs, who have certainly gone all in here, say they will number fifteen themselves and have five places in their Super League for winners of the current European competitions. Which, by the way, they intend to still compete in. Naturally, UEFA and domestic leagues have gone ballistic. There is talk of sanctions against these clubs, up to and including expulsion from their domestic leagues. But if you expel six of the top nine teams in the Premiership, will that not just reduce television demand (the revenuegenerator - and these days it's massive), thereby hurting the Premiership more? I'm not sure that they have too many options. The pie just got a lot smaller, and I think the domestic leagues, and UEFA themselves, just have to suck it up.

Frankly, I think the big clubs know the strength of their brands, something FIFA has used for its main marketing for years, and I think they have the money and the numbers carefully lined up. JP Morgan are officially funding this breakaway league to the tune of over E4 billion euro, and you can be sure that the clubs themselves (these are multinational conglomerates, remember?) aren't going to spare investment. If this Super League takes off, and I think it will (unfortunately, punters have been force-fed glamour instead of substance for years now by Sky and this is just another step along an inevitable road, one that will be hugely damaging for the sport itself.

No surprise, of course. It's FIFA and UEFA's greed in trying to expand their own money-makers in the World Cup and the European Championships that have opened a door that the big clubs have been tentatively eyeing for many years now.

It's going to have a very bad knock-off effect on the game overall. The rich will get an awful lot richer and field reserve teams in domestic competitions like that triviality of a 'Premiership'. Artificial rules will mean that they can't get relegated and of course, they'll be the teams that attract the top players, big advertisers, and the enormous wages and hype.

Mind you, there's an element of hypocrisy in all the Premiership pundits decrying this as so unfair and treacherous. This is not a new narrative at all. In fact, this is exactly how the Premiership started, with breakaway clubs more or less telling the FA that they couldn't be bothered with the non-glamour teams. With Sky on board, it propelled soccer into the financial stratosphere. The Premiership keeps a whopping 98% of the revenue from its tv deals. Only a mere 2% is allowed to trickle down to the clubs that actually underpin the game in English communities. So no, the self-righteous squawks of indignation from the Premiership aren't impressing me. This is a colossal mess that's going to do a lot of damage. I would go so far as to say that FIFA's credibility is on the line - if I thought they had any, to be honest.

But in fairness, this was all well-flagged. Anybody who was shocked by the startling revelations last weekend simply wasn't paying any attention. Which says something in itself, really.

Glasgow Rangers spanked arch rivals Celtic last weekend in the cup. I remember when people would have cared. Jose Mourinho has just been



fired as Spurs manager, that would have been a kerfuffle (I love that word!), now it's barely a flutter. Whatever about Pogba, who seemed to relish twisting the knife a bit much to me, Luke Shaw's absolute transformation is the real indictment of Mourinho to me and Spurs were obviously turning against him. But in fairness, he created a club in the absolutely unique position of being outside European qualification in the Premiership I.e.seventh, and still one of the 12 biggest and most influential clubs in Europe. By absolutely unique, of course, I mean "identical to Arsenal, who are ninth". That's how bizarre this whole scenario is. Frankly, I believe the dust will settle soon enough. Yes, soccer's integrity is damaged. It's hardly our first time at that rodeo, is it? I'm more amused than horrified; it isn't going to affect my pocket. I don't have or want pay sports channels.

The introduction of the Super League was well planned, funded and executed. But the backlash that followed was a global tidal wave. It took mere hours for Man City to falter, then Chelsea. By morning the six English clubs were looking for over and within a day it was all over. A brief and entertaining failure of a coup!

Kerry Racing News

The father and son team of Tom and Bryan Cooper won the opening division of the Newcastlewest Handicap Hurdle at Limerick on Thursday with Definiteadare. Owned and bred by Frank Reynolds, the 6/1 shot raced wide throughout and the tactic paid off as he enjoyed a three-length winning margin over the Tom Nagle-trained Four Horsemen.

Kevin Brouder gave Piltown, County Kilkenny trainer David O'Brien the first of two weekend winners when partnering 5/1 shot Minx Tiara to a clear-cut success in the mares' handicap hurdle at Ballinrobe on Friday. Owned by the Fastey For Fun Syndicate, the six-year-old made most of the running and went clear from the final flight for a six and a half-length win over the Henry de Bromhead-trained Tune The Chello.

Other Racing News

Connections have called time on the racing career of Dundalk legend Togoville, the winningmost horse on the all-weather in Ireland with 14 victories to his name. He won for the final time at Dundalk in February and is being retired at 11 years of age by owner Patrick McCann and Shabra Stables-based trainer Anthony McCann. The latter said, "We gave him a run in an 85-rated race a couple of weeks ago and he found it hard to go with them. The spark seems to be there,



Henry de Bromhead's Cheltenham Gold Cup winner Minella Indo and Aintree Grand National winner Minella Times paraded at Tramore on Sunday. Photo: Patrick McCann/Racing Post.

but he doesn't have the legs for it anymore. After discussing it with Patrick we decided that now is the time to allow him to enjoy the retirement he thoroughly deserves." Togoville gave Pat Smullen his final winner in February 2018. Togoville was also a winner at Laytown and Roscommon.

Upcoming Fixtures

Tramore – Monday, April 19 (First Race 4.05pm) Limerick – Monday, April 19 (First Race 1.45pm) Tipperary – Tuesday, April 20 (First Race 4.40pm) Dundalk – Wednesday, April 21 (First Race 5.20pm)

Kilbeggan – Thursday, April 22 (First Race 3.20pm) Kilbeggan – Friday, April 23 (First Race 4.55pm) Cork – Friday, April 23 (First Race 1.20pm) Limerick – Saturday, April 24 (First Race 1.25pm) Navan – Sunday, April 25 (First Race 1.50pm)



Just because you're cooking outdoors, don't let your good habits in the kitchen go up in smoke when you light the barbecue.

HERE ARE SOME TOP FOOD SAFETY TIPS FROM SAFEFOOD

Before you get grilling

If this is your first time barbecuing this year, give your grill a good clean.

Scrub the metal rack with an oven cleaner or a damp brush dipped in bread soda. Rinse it well with hot, soapy water afterwards.

Keep your cool

Food is out of your fridge for longer when you are cooking and eating outdoors. This can lead to harmful bacteria multiplying quickly. Keep perishable foods like salads, coleslaw and quiche in the fridge until you need them. Before you start cooking

Make sure frozen foods are fully thawed before you start cooking them. The best way to do this is to take them out of the freezer the night before and defrost them on the bottom shelf of the fridge.

Keep foods you plan to cook properly chilled in the fridge or a cool box until you need it.

WELL DONE. Now that's how you cook a burger.

If you want to be a true BBQ legend, cook your burgers well done and avoid making you and your family sick.

() safefood

Light your barbecue well in advance. For charcoal barbecues, the flames should have died down before you start cooking. It's in your hands Wash your hands before and after handling food. Keep raw meat separate from cooked meat and ready-to-eat foods like salads.

Always use separate utensils for handling raw and cooked meat when cooking.

Never put cooked food on a dish that has been used for raw meat or poultry.

Keep food covered whenever possible.

Cook with confidence

The big issue when barbecuing is making sure your food has been cooked thoroughly, all the way through.

This is particularly important when cooking poultry, pork, minced and skewered meats, such as burgers, sausages and kebabs on the barbecue. While the outside may look cooked (and in some cases burnt), the inside can still be raw.

If you're cooking for lots of people, you can precook meat in your kitchen oven just before you put it on the barbecue for flavour.

How to know it's cooked

Turn the food regularly and move it around the grill to ensure it is cooked evenly on all sides. For meats that need to be cooked all the way through, cut into the centre of them to check that:

WELL DONE

They are piping hot all the way through There is no pink meat left

The juices run clear

If you have a meat thermometer you can check the meat is safe to eat by inserting a clean thermometer probe into the thickest part of the meat or poultry and checking the temperature at has reached 75° C.

Steaks or whole joints of beef or lamb can be served rare as long as they are cooked on the outside. Any harmful bacteria will be on the outside only, and not in the centre.

Mind the marinade

Make sure any marinade used on raw meat is not then used as a sauce to coat vegetables or cooked meat. It will contain raw meat bacteria! If you want to use marinade as a sauce, cook it in a saucepan and bring it to a rolling boil before serving it.

Using leftovers

If you have any leftovers, don't leave them outside. They could be in the sun and insects and animals could get at them.

As with all leftovers, cover them and allow them to cool down in a cool place (your kitchen).

Put them in the fridge within two hours of cooking them and use them within three days. If you're reheating leftovers, reheat them only once until piping hot.

If in doubt, throw them out.

Citrus Summer Chicken

Zing up your chicken for the BBQ with this easy marinade. Marinades are a great way to introduce flavour to meats without adding a lot of extra calories.

- 4 chicken breasts
- Zest and juice of 1 orange Zest and juice of ½ lime
- <u>1-inch of fresh ginger</u>
- 2 cloves of garlic, peeled and crushed
- 1 tablespoon of olive oil
- Small bunch of coriander, chopped

Freshly ground black pepper, to taste

Place the zest and juice of the orange and lime in a bowl. Peel the ginger, grate it finely and add it to the bowl along with the garlic

Whisk in the olive oil and then stir in the chopped coriander and black pepper

Using a large knife chop each breast in half. Add to the marinade and make sure that each portion is well coated Cover with clingfilm and place in the fridge for at least 1 hour. For a better flavour

marinate the chicken overnight

Cook the chicken over a hot barbeque for 25 to 30 minutes, turning it frequently and basting the meat with the marinade

To check that the chicken is properly cooked pierce the thickest part of the chicken and check if the juices are clear - if the juices run 'pink', replace on the heat for 5 more minutes, then check again "Don't use the marinade as a dressing, once you have completed the marinating, dispose of the marinade"



Citizens Information

KNOW YOUR RIGHTS

DISABLED PERSON'S PARKING PERMIT Question: Can my daughter use my Disabled Person's Parking Permit if she is going to the shops for me?

Answer: A Disabled Person's Parking Permit (also called EU Parking Card) is only issued to a person with a disability. The permit shows the name and photograph of the person it has been issued to. Your daughter cannot use your Disabled Person's Parking Permit unless you are with her.

Only you can use it. However, you can use your permit for any vehicle you are travelling in, either as a driver or as a passenger. This means that if you are being driven at different times by different people you can bring the parking permit and display it in whichever vehicle you are using. So, if your daughter is driving you, she can use it to park her car in a disabled person's parking space. The permit allows you to use the public parking spaces assigned for vehicles being used by a person with a disability. These spaces or parking bays have the wheelchair symbol painted on the ground or have a sign with the wheelchair symbol displayed. Most accessible parking bays are located near amenities such as shops, post offices and schools.

Car parking spaces with the wheelchair symbol are usually wider than most other car parking spaces to allow drivers or passengers with a disability to get from their car seat to their wheelchair. If you travel to any EU country with your parking permit you can park in a disabled person's parking space or bay.

The Disabled Person's Parking Permit is administered by the Disabled Drivers Association of Ireland (DDAI) and the Irish Wheelchair Association (IWA). Both organisations provide detailed information on how to use and apply for the Disabled Person's Parking Permit. In Ireland, an EU parking permit is issued for two years.

You can get information about supports for business during COVID-19 on citizensinformation.le.

During the COVID-19 pandemic, you can find comprehensive integrated information online at citizensinformation ie/covid19/ and you can get daily upontes on what's changed on Twitter at extilizensimic. You can also get information and advice from

- Traise on T: 0761 07 7860 Mon Fri (10am 4p The Citizens Information Phone Service)
- The Citizens Information Phone Service:
 Call 0761 07 4000 Monday to Friday (9am 8pm)
 Our national call back service: Visit citizenshiformation le/callbe
- to request a phone call from an information officer.

Ed 20

TRADES&SERVICES









TRADES&SERVICES



Contact: John McCarthy



Ed 17 2021















In Loving Memory

Remembering your loved one

MEMORIAL & ACKNOWLEDGEMENT CARDS



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THANKSGIVING

Praise and thank you Father in heaven your loving son Jesus, and the Holy Spirit for all the blessings you have given me and my family. Praise and thanks to our Lady of the Sacred Heart, our Blessed Mother, St. Joseph, St. Padrio Pio, St. Martin, St. Anthony, St. Theresa

of the little flower, St. Faustina, the Holy Souls. our Guardian Angel and all the Angels for their inter sessions to the good Lord for us.

I trust in this wonderful Prayer, O Jesus I surrender myself to to you, take care of everything, thank you Jesus. I believe in the power of prayer.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. **E.M.C.**

> NOVENA TO ST. ANTHONY

The Saint of Miracles O holy St. Anthony, gentlest of saints, your love for God and charity for your neighbour made you worthy when on earth to possess miraculous powers. Miracles waited on your world which you were ever ready to speak for those in trouble and anxiety. Encouraged by this thought I implore of you to obtain for me my request... (mention request). The answer to my prayer may require a miracle. Even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, intercede for me and the gratitude of my heart will ever be yours. Amen.



Welcome back dear reader, last weekend Christians from both north and south joined together in prayer and fasting for our nation. We prayed for those in authority, from Government to guards, medics and all frontline workers, and for a revival in people's hearts of the knowledge of the glory of God. It was wonderful to see people unite together under the Holy Spirit to pray for God's healing power to move upon this land and you can watch the recordings on Christian Voice Ireland's YouTube page. But, behind the scenes our government were busy passing a law to make it now a criminal offence for Christians to gather together as the body of Christ to worship God in person. This is because one brave priest and some brave pastors up the country stood up to be counted. But I don't just blame the government ministers who voted for this friend. I blame us - the church as a whole - we who have lived the Gospel as a mediocre thing, and have not made our presence felt like so many other groups who, in recent years, have steamrolled their agendas over the general population so much that now the vast majority of people will comply automatically without guestion and, without any difference of opinion being allowed. Jesus said 'if you are ashamed of Me and My Words before men, I will be ashamed of you before My Father in heaven' (Luke 9:26). Christians are locked up in their homes afraid, because they have been groomed into submission to what popular culture demands. This is not how a Democracy operates. It is how a Dictatorship does. We, the people of Ireland suffer with a submissive mentality in many ways. It is a sad thing that those who are enduring fear, loneliness, burnout, mental distress and family problems are still not permitted to come to church to find refreshment and must instead engage like a robot online.

God warned the church that the last days would be perilous times (2 Timothy 3:1-13). The freedom to gather and worship God is a human right that has been deemed unnecessary by our government. Unfortunately for them, it is not just Gods' people that they are opposing. Ultimately they have taken their position in opposition to God Himself - nose to nose with the Creator of the heavens and earth. God is quite clear in His Word "touch not the Lord's anointed." (1st Chronicles 16:22). They who have judged to lock up the church just as those who brought in the Penal Laws did are treading upon dangerous ground. Many anointed people have been speaking out for years that we need to have a revolution — for believers to awaken and they are! And the government or NPHET won't have a clue what to do as the glory of God unfolds. "It is a terrible thing to fall into the hands of the Living God." (Hebrews 10:31). Save us O God, in Jesus name, amen (Psalm 118:19-26).

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.

Check us out on Facebook.

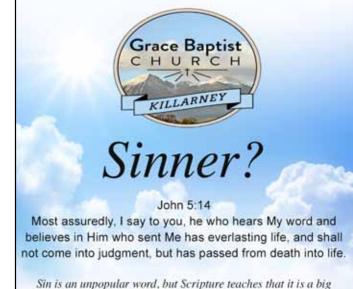
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Sin is an unpopular word, but Scripture teaches that it is a big problem for all of mankind; Jesus came to free us from it.

Grace Baptist Church would like to offer you a FREE copy of the Gospel of Luke. (No one will contact you unless you wish)

We can be found at: https://www.gracebaptistchurch.ie/

John 3:16

"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.

VACCINE VERSUS VIRUS By Nicky Barry

No one I know likes needles, to be stuck into their arms, But now everybody's queing up, for they are all alarmed. We all suffered for a year, and then the news broke through, That the folk in white coats, had discovered something new. The Pfizer folk who make Viagra, were first on the ball, When they produced a vaccine, to protect us all. It was in a little phial, just like a lipstick case, And a little jab of it, could save the human race. Then came AstraZeneca, acclaimed as the real deal, Followed by the Johnsons, which too had great appeal. After months of lockdown, the whole world relaxed, For we had Covid beaten, and the divil was banjacked. Just when we were rejoicing, we heard news of clots, And overnight the brakes went on, though there were not a lot. About one in a million, seems to be the going rate, And this aberration, then started a debate. Frightened folk made their minds up, not to take the jab, But they can't have studied it, for the odds aren't bad. Covid is on the back foot, to use football parlance, And clever folk will take the jab, for it's worth the chance!

FOR SALE CLASSIFIEDS

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PROPERTY CLASSIFIEDS

ED 16 TO LET - 3 BEDROOM MODERN HOUSE In the greater Killarney area - Loads of garden space. CONTACT: 087 7939840



FOCUS ON HYDRANGEAS

Hydrangeas are a very popular garden shrub with delicate heads of flowers that come in shades of white, pink or blue and they flower from late Spring to Autumn. The mophead and lace cap Hydrangeas are well known for the ability to change colour in different soils. Hydrangeas thrive in moist but well drained soil, in the cool, semi shady part of the garden. Try to avoid dry sunny situations and east facing areas.

Feeding your Hydrangeas once in late Winter or early Spring is probably enough for the year as too much feeding will only encourage too much soft leafy growth and this will lead to the Hydrangeas not developing a lot of flower buds. Pruning your Hydrangeas is usually done in late Winter or early Spring, although the climbing Hydrangeas should be pruned after Effowering in Summer.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



CONSIDER YOUR RIGHTS

I have a right to be treated with respect as an intelligent, capable and equal human being

I have the right to state my own needs and set my own priorities as a person, independent of any roles that I may assume in my life

I have the right to express my values and opinions, without having to justify them

I have the right to express my feelings

I have the right to say 'Yes' or 'No' for myself

I have the right to make mistakes and be responsible for them

I have the right to change my mind

I have the right not to compulsively take responsibility for other people's problems

I have the right to say 'I don't understand' and to ask for more information

I have the right to ask for what I want, knowing the other person has the freedom to say 'No'

I have the right to be independent of other people's approval of me

SouthWest Counselling Centre is open and providing telephone and online counselling while restrictions apply. We will return to face counselling as soon as restrictions are eased. Please contact us in confidence.

SouthWest Counselling Centre, Killarney is open and providing offerdable professional telephone and anime counselling to parents, adolescents and adults during the Covid 19 crisis at its Killiarney Centre (Lewis Road). Contact 064 6536416 or Erosit: Info@southwestcounselling.ie Registered Chanty No: CHY 14775. SouthWest Counselling Centre is a pactor profit organization. All funds raised through fundrating are for service survivies.

IN MEMORIAM

TO PLACE A MEMORIAL IN THE KILLARNEY OUTLOOK

Please email the details to: maura@outlookmags.com and the verse and photo you would like to include.

If it is a repeat anniversary we will have your photo and verse on file just call Maura on: **087 7160372** (*Tuesday to Thursday*)

Please include a contact name, address and telephone number.

.......



payment to be made via credit card.

TO: 1800 71 40 40



ACKNOWLEDGEMENT & 1st Anniversary

IN LOVING MEMORY OF DANIEL HEALY



LATE OF ROCKFIELD, TRALEE ROAD, KILLARNEY WHO PASSED AWAY ON THE 27TH APRIL 2020.

As we lovingly remember Daniel on his 1st Anniversary his wife Imelda, daughter Mary, brothers Johnny and Billy, sisters in law Breda and Phil, nieces Diane and Fiona, nephews David, Kevin, Sean, Patrick, Brendan and extended family wish to express our sincere gratitude to all those who sympathised and supported us whilst observing social distance following the sudden and tragic loss of Daniel as a result of a road traffic accident. Our heartfelt thanks to the following:

To all our neighbours who were so kind and supportive.

The first responders and ambulance service who worked tirelessly to save Daniel.

To all the Gardai involved especially Garda Gillian Mac Eoin whose support was amazing, To Fr. Niall Howard who happened to arrive at the scene of accident, administered the Last Rites and was so compassionate.

To Fr. Jim Lenihan for celebrating a very personal and special Requiem Mass live streamed allowing our neighbours, friends, relatives world wide to join us as only 10 were allowed attend the funeral due to the pandemic.

To Deacon Thady O Connor, cousins Geraldine O Driscoll and Fidelis Foley for their beautiful music and singing at the Mass and graveside.

To all our neighbours who formed a guard of honour outside our home as Daniel was being taken to the Cathedral for the funeral Mass, to his ESB colleagues outside the church after the Mass, to the Kilcummin GAA outside the graveyard, to all those who lined the roads from Cathedral to Old Kilcummin graveyard. It was a fitting tribute to Daniel as it was most important to him to always listen to the deaths on Radio Kerry, attend the funeral home, sympathise with the bereaved and to pray for the dead.

To all those who phoned, sent text messages, condolences on line sharing lovely thoughts and memories of Daniel.

For all the beautiful sympathy cards, Mass cards, perpetual enrollments, letters of sympathy, floral tributes, food delivered all deeply appreciated.

To funeral directors Mike and Mary O Shea, Gerard Fitzgerald for their extreme sensitivity and attention to detail and to the grave diggers for preparing the grave.

Special thanks to Christy O Leary for all his hard work and support throughout the year. As it would be impossible to thank everyone individually we hope that this acknowledgment will be accepted as a token of our appreciation. The Holy sacrifice of the Mass will be offered for your intentions.

> We often sit and think of you And think of how you died To think you could not say goodbye Before you closed your eyes.

The blow was hard, the shock severe To part with one we loved so dear Our loss is great, we'll not complain But trust in God to meet again.

Eternal rest grant unto him O Lord And let the perpetual light shine upon him May he rest in Peace.

Always remembered Imelda and Maryxxx

First Anniversary Mass on Monday 26th April at 6.15pm in the Cathedral live streamed.

2ND ANNIVERSARY IN LOVING MEMORY OF CARMELLA SHEEHY



Linn Dubh, Aghadoe who died on 24th of April 2019

Carmella, You haven't gone away, You walk beside us every day, Unseen, Unheard but always near, Still loved, still missed so special to us all.

Love you always Eddie, Daire, Triona and Eamonn

2ND ANNIVERSARY

IN LOVING MEMORY OF CARMELLA SHEEHY



Linn Dubh, Aghadoe, Killarney

WHOSE ANNIVERSARY OCCURS ON THE 24TH APRIL

> Your life was a blessing, your memory a treasure, you are loved beyond words and missed beyond measure.

Love Dee V Fleming xx

4TH ANNIVERSARY In Loving Memory of KAY MCCARTHY



Tullig, Spa who passed away on 25th April 2017

We think about you always, We talk about you still, You haven't been forgotten, And you never will. We hold you close within our hearts, And there you shall remain, To walk and guide us through our lives, Until we meet again.

Sadly missed & always remembered by Seanie, Shane & Jenny

9TH ANNIVERSARY

MEMORIALS | NOVENAS

IN LOVING MEMORY OF STEVE KENNEDY



LAHARD, BEAUFORT WHO PASSED AWAY ON April 24th 2012

We feel a warmth around us Like your presence is so near And we close our eyes to visualise your face when you were here. We treasure the times we spent together, that are locked inside our heart. As long as we have those memories, we will never be apart. Even though we cannot speak, your voice is always near, because every night before we sleep, your in our prayers and dreams.

Light a candle, see it glow, watch it dance, when you feel low, think of me, think of light, I'll always be here, day or night, A candle flickers, out of sight, but in your heart, I still burn bright.

Loved and remembered by Mary, Jackie, Kieran, Aoibhinn and Sarah. Paul and Paula, Kieran, Laura, Neillidh and Roise.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within

your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

M.C.

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

Kellihers CRASH REPAIR

Kellihers

LEVEL 5 - UPDATE CVRT VAN TESTING & SERVICE DEPARTMENT OPEN AS NORMAL FROM 8AM!

Insurance Approved Repair Centre

CALL Gerard or Mikey - 066 71 20000 or call in - located beside Kerry University Hospital

- Courtesy Cars Available
- Dents, Scratches, Bumper repair
- Be Assured of Helpful Advice & Expert Repairs



Rathass, Tralee, Co. Kerry T: 066 71 20000 E: kar@kellihers.ie



ALL MAKES

& MODELS

REPAIRED