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KILLARNEY Outlook

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I



n a week that saw Spa dancers crowned All Ireland Set Dancing Champions, the annual Strickeen Charity Walk was also launched.

Kerry Mountain Rescue Team were involved in three separate incidents and Killarney Scouts launched the Cup Conscious Campaign.

Scotts Lakers are one step closer to the Division 1B shield and rehearsals are in full swing for the Killarney Musical Society's production of Sweet Charity.

As we all enjoy the stretch in the evening and the promise of Spring, sit back, relax and enjoy this week's Killarney Outlook.

Aisling Crosbie
Editor

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GAA Clubs
launch Oskars..



Killarney Mountain
Fest has it all...

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Kerry Mountain Rescue Team bring seven to safety



MEMBERS OF KERRY MOUNTAIN RESCUE TEAM PICTURED ON THE MACGILLICUDDY REEKS.

Kerry Mountain Rescue Team rescued seven walkers on the Macgillcuddy Reeks in two separate incidents last Saturday night. In the first incident, the Team were called to the assistance of six walkers at 6.00pm. The walkers, 3 men and three ladies had been climbing since 11.00am, ascended Carruntuohill and got into difficulty while descending the mountain. The Team reached the group at 8.00pm. and provided them with warm and dry clothing, food and drinks. Weather conditions on the mountain were dark and cold with wind and snow at the top of the descent routes. Protecting the group with ropes, the Team

walked them off the mountain via the Devils Ladder route. While descending the Devils Ladder with the initial group, the Team discovered a 38 year old female climber in difficulty with a bad head injury. She was brought down the mountain by the Team and driven by KMRT LandRover to an awaiting ambulance for further treatment. Twenty two members of the Team were involved in the callout. The Team returned to base at 12.00am. In a seperate incident, the team were called to Mangerton Mountain on Monday afternoon after a hillwalker in his 60's died of a suspected heart attack.

Date set for annual Strickeen Climb

Walkers in their droves are set to take part in this year's annual charity climb of Strickeen Mountain on Saturday March 3rd.

The popular yearly event sees local people gather to raise funds for a different charity every year.


This year the Kerry Hospice and the Oncology Unit in University Hospital Kerry will benefit from the fundraiser. Registration will take place at Kate

Kearney's Cottage from 10.30-11am and walkers are encouraged to wear appropriate climbing gear and footwear. Refreshments will be served after the walk at Kate Kearney's Cottage.

It doesn't end there though as that evening the dancing shoes will be on for an evening of entertainment and music by the Breens. There will be finger food, a raffle and tickets, at €5 and will be available on the door.



LAUNCHING THE ANNUAL STRICKEEN GAP OF DUNLOP CHARITY CLIMB WERE MUIREANN ARTHURS, MARY MOLONEY, JOAN O'CONNOR, SHEILA O'CONNOR, CAITRIONA MOLONEY AND JOAN O'BRIEN WHICH WILL BE HELD ON SATURDAY 3RD MARCH IN AID OF THE HOSPICE TRALEE, KILLARNEY, KILLORGLIN, ST JOSEPH'S HOME KILLORGLIN AND PALLIATIVE CARE STARTING FROM KATE KEARNEY'S KILLARNEY.




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*Dear Inch, Must I leave you... I have promises to keep....
and miles to go before I sleep*



CATHAOIRLEACH OF SOUTH AND WEST KERRY MUNICIPAL, DISTRICT, CLLR SEAMUS COSÁÍ FITZGERALD, BACK L-R: SUE MORIARTY, MARTIN GREENWOOD, FIDELUS FOLEY, COLM NAGLE (EXECUTIVE ENGINEER, KCC), MAHMOOD HUSSAIN (SAMMY'S BAR AND CAFÉ), LIZ O'DONNELL (ENVIRONMENT, KCC), JOHN GRIFFIN (TOURISM OFFICER, KCC), CAROLINE BOLAND (DINGLE PENINSULA TOURISM ALLIANCE).

A firm favourite with Killarney folk, Inch Beach has picked up a national award, coming out tops in the Irish Independent Travel Awards for 2018. The beach, which was hailed by readers of the newspaper as 'Heaven on Earth' was chosen as the country's favourite.

The award was accepted by the Cathaoirleach of the South and West Kerry Municipal District, Cllr Seamus Cosáí Fitzgerald who praised the work that Kerry County Council and others

are doing to maintain Inch to such a high standard.

"This is a great honour for Inch Beach which is known all over the world for its cleanliness, spectacular scenery and stunning walks. Our coastal and beach environments are one of the biggest attractions for locals and tourists alike and we all have a role to play in ensuring that a high standard is maintained at all times. 'Inch is one of 14 Blue Flag beaches in Kerry and as we enter yet another busy season at

our beaches, Kerry County Council appeals to all beach users to ensure they leave no litter on the beaches of Kerry and to avoid any damage to our wonderful coastal areas so that the county can maintain and improve on its Blue Flag complement.'

Cllr Fitzgerald also thanked locals who frequent the beach for their cooperation in maintaining a pristine beach environment.



THE SPA SET DANCING TEAM: LIAM SPILLANE (3 TITLES), CIAN O SULLIVAN (2 TITLES), ANTÓIN MAC GABHANN (NATIONAL SCÓR), EOGHAN MULVANEY (1 TITLE) AND GARY O SULLIVAN (3 TITLES). FRONT: MEGHANN CRONIN (2 TITLES), ERIN HOLLAND (3 TITLES), ORLAITH SPILLANE (2 TITLES) AND SIONA MOYNIHAN (1 TITLE).

Sensational Spa steal the show

Spa Set Dancers brought an All Ireland medal back to Kerry at the weekend after they successfully defended their title in the Cultural side of the GAA. They pulled off a great victory in a top class competition competing against Derry, Galway and Westmeath in the All Ireland Scor na nOg finals.

Uachtaran Aogán Ó Fearghail in his last week as President of the GAA congratulated all the young competitors. Standard at the competition was very high and Spa now have 23 All Ireland Senior Scór medals between them in Set and Figure dancing. A huge accomplishment for any club. This title didn't come easy as they trained really hard and practiced 7 nights a week leading up the All Ireland.

"Our small club is very blessed with a great

cultural ethic and Eileen Aherne, club Scor officer is outstanding in this role. Eileen organised a great weekend and the new chairman Michael Cronin presented the team with a commemorative hoodie for the occasion", a spokesperson for the club told the Killarney Outlook.

Thanks must also go to Geraldine O Sullivan and Kerry Holland for helping out this weekend. "Our club is 100% behind the cultural side of the club with seven titles in various disciplines in five years. Six of the competitors won back to back titles in 2017 and 2018. Three picked up their third title and two won their first All Ireland in Sligo".

Míle buíochas to coaches Triona and Mairead Mangan who have passed on their expertise to the next generation.



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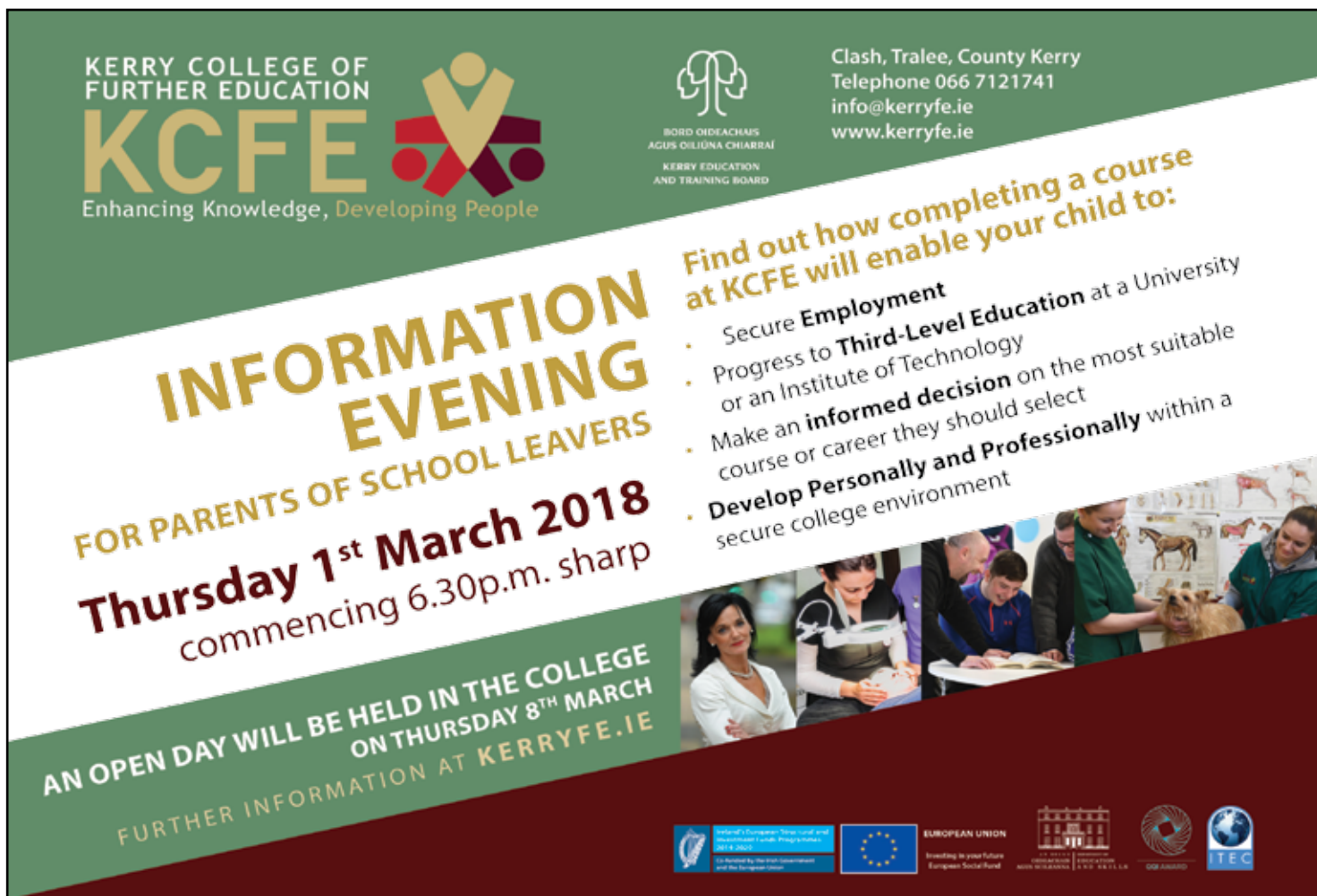
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 9.30am - 2pm and 4.30pm - 7pm

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AN OPEN DAY WILL BE HELD IN THE COLLEGE ON THURSDAY 8TH MARCH
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The Spa at Muckross Park Hotel Launch The Organic Pharmacy



DEPUTY MANAGER VEERPAL YADAV, SPA AT MUCKROSS MANAGER NOREEN MIDDLETON, TODAY FM DJ LOUISE DUFFY, GENERAL MANAGER DANIEL O'CONNOR, LAILA ASID AND MIA FARID FROM THE ORGANIC PHARMACY & MARKETING MANAGER SHEILA O'CALLAGHAN, PICTURED AT THE MUCKROSS PARK HOTEL ON FRIDAY NIGHT WHERE THE SPA AT MUCKROSS CELEBRATED THE INTRODUCTION OF THE ORGANICS PHARMACY PRODUCTS AT THE FIVE STAR SPA, THE EVENT WAS HOSTED BY TODAY FM DJ LOUISE DUFFY. PHOTOGRAPH BY SALLY MACMONAGLE.



LEANNE CREMIN, EBONY DWYER, MAGS DRISCOLL, STEPHANIE THOMAS AND FELICIA THOMAS PICTURED AT THE MUCKROSS PARK HOTEL ON FRIDAY NIGHT WHERE THE SPA AT MUCKROSS CELEBRATED THE INTRODUCTION OF THE ORGANICS PHARMACY PRODUCTS AT THE FIVE STAR SPA, THE EVENT WAS HOSTED BY TODAY FM DJ LOUISE DUFFY. PHOTOGRAPH BY SALLY MACMONAGLE.



SANDY STACK & CAROLINE PAPIN BEAUFORT, PICTURED AT THE MUCKROSS PARK HOTEL ON FRIDAY NIGHT WHERE THE SPA AT MUCKROSS CELEBRATED THE INTRODUCTION OF THE ORGANICS PHARMACY PRODUCTS AT THE FIVE STAR SPA, THE EVENT WAS HOSTED BY TODAY FM DJ LOUISE DUFFY. PHOTOGRAPH BY SALLY MACMONAGLE.

Invited guests were greeted with a Champagne reception when they arrived at The Spa at Muckross Park Hotel to mark the launch of their partnership with The Organic Pharmacy on Friday last.

Broadcaster Louise Duffy was there to host the celebrations. The event showcased the Spa at Muckross and celebrated the introduction of The Organic Pharmacy products to the five star spa.

The guests were greeted with a Champagne Reception, canapes and miniature desserts created by Head Pastry Chef Jens Meister. "The Spa at Muckross is so tranquil and surrounded by such natural beauty, in the heart of the park, it is most fitting for The Organic Pharmacy to find its first Irish home here at Muckross, surrounded by nature," Louise said at the Launch. She also spoke on the night about the importance of taking time out from a busy schedule and taking more interest in what we put on our skin on a daily basis.

Louise is one of Ireland's best loved music broadcasters, having fronted her own national weekday show on Today FM for the last six years. An established DJ and MC in the

corporate entertainment sector, Louise is also a recognisable voice over artist, voicing a variety of national campaigns.

Also speaking on the night were skincare specialists The Organic Pharmacy, offering tips on skincare and product use. The Organic Pharmacy is a high-end luxury health and beauty brand, that provides exceptional performance and expertise. It is a trusted and proven name, dedicated to organic health and beauty. It is a world leader and innovator in the luxury organic health and beauty arena with its cutting-edge research. It is certified by The Soil Association which is the world's highest organic standard at the moment. The Organic Pharmacy now has 6 stores in London, 1 in Beverly Hills and has expanded its distribution internationally into five star hotels and spas including the Four Seasons in London, Capella Pedregal in Mexico, The Setai on Fifth Avenue New York, and of course now The Spa at Muckross. The Organic Pharmacy has great celebrity following worldwide including celebrities such as Kylie Minogue, Sarah Jessica Parker, Madonna,

Gwyneth Paltrow, Claudia Schiffer and John Travolta.

The Organic Pharmacy said: "We're delighted to be working with The Spa at Muckross. Both our visions are very close and since we both specialise in promoting a wholly luxurious and rejuvenating experience, it was a natural step to work together. Our facials and products are used at The Spa at Muckross and we will be offering an exclusive facial designed for Muckross Spa guests."

The Spa at Muckross is located in the five star Muckross Park Hotel, Killarney. The award winning spa provides the ideal destination to relax & unwind, located in the heart of Killarney National Park, overlooking the Blue Pool River and private spa garden, the luxurious spa is surrounded by nature.

The Spa has 10 treatment rooms and an extensive Vitality and Thermal suite including, Vitality Pool, Steam Room, Sauna, Outdoor hot tub, Jacuzzi, Heated Loungers and Relaxation Room.

For more information visit www.muckrosspark.com/spa or call 064 66 23456.

Musical Society set to present Sweet Charity

Killarney Musical Society's production of SWEET CHARITY will take to the INEC on March 14th, 15th & 16th. Tickets are NOW available at the INEC Box Office, any Committee member and on the INEC website and on

Ticketmaster. This is one show NOT to be missed!

"Our rehearsals are really picking up, its promising to be a great show, definitely not one to be missed", Irene Hurley, PRO for the Society told the Killarney Outlook.

The committee of Killarney Musical Society are currently calling to all our patrons who kindly offer us patronage year in year out for which we are very grateful. Patronage can also be posted in.



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School to host major fundraiser

Faha National School are holding a Fundraising Night at the Dogs on Friday 2nd March. Organised by the parents council they are fundraising for a defibrillator for the school and training in its use. The fundraiser is being held in conjunction with GMHD Insurances, taking place on the same night as the final of the prestigious GMHD.ie Juvenile Classic. There will be fun for all the family on the night with bouncy castle and face painting for the

kids, a top class program of racing on the night plus music after racing. "Excitement for the big night is building at the school and everyone is really getting behind the fundraiser and looking forward to a great night on the 2nd of March", Ursula Flynn of Faha NS Parents Council told the Killarney Outlook. Tickets are still available from all parents council members and for more info contact ursulamflynn@hotmail.com or kayfitz@eircom.net



PICTURED AT THE LAUNCH OF THE FAHA NS FUNDRAISING NIGHT AT THE DOGS WERE GERRY FITZGERALD (PRINCIPAL), KAY FITZGERALD, AISLING SCHRAEWER, TRACEY BREEN, DECLAN DOWLING (KGS), URSULA FLYNN, PATRICK O'NEILL, ORLA WALSH, RYAN WHELAN, KATE MURPHY & DENIS MURPHY (GMHD).

Killarney Scouts launch Conscious Cup Campaign



6TH KERRY SCOUTS AT THE LAUNCH OF THE CONSCIOUS CUP CAMPAIGN IN LISSIVIGEEN NATIONAL SCHOOL YESTERDAY



PICTURED AT THE CONSCIOUS CUP LAUNCH WERE LEFT TO RIGHT GOSIA SZWAB, IUVALI CAZACU AND EMILIA WOJTASZEK



Killarney Scouts launched the Killarney's Conscious Cup Campaign this week at Lissivigeen National School in a move that is fully supported by the Cathaoirleach of Killarney Municipal District Cllr Niall Kelleher who was on hand to launch the campaign. The conscious cup campaign aims to reduce and eventually eliminate the use of disposable cups by people bringing their own reusable coffee cups when they're buying a takeaway coffee. Cafes and shops taking part in the Conscious Cup Campaign offer customers a cash discount or stamp when bring their own

reusable cup. It is estimated that a staggering 2 million disposable cups are sold everyday in Ireland. The vast majority of these cups are non-recyclable meaning they end up in landfill or incineration. With this in mind the Killarney Scouts and the Killarney Looking Good Committee are working together to raise awareness of this important issue. The team has begun calling to coffee shops to garner support for the initiative. It is a very worthwhile and simple process and any business interested should sign up on consciouscup.ie.



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ONLY €1 EACH



7.5KG Rooster
Washed Potatoes
ONLY €3.99



Red Carpet Launch for inaugural Oskars Night

Glenflesk and Kilcummin GAA clubs are set to join force for a unique night at the INEC. The actors are cast and the cameras are about to roll as preparations for the Oskars night scheduled for the INEC on March 29 well and truly get underway.

Close to 100 people attended the official launch of the event in Kilcummin Clubhouse on Sunday evening - including the vast majority of the 70 actors who will take part. The two parishes of Kilcummin and Glenflesk are joining forces in a major fundraising event for their respective GAA clubs.

Up to 2,000 people are expected to walk the red carpet on the night and it's the first time anywhere in Munster that the glitzy event will be held. The audience will get to enjoy the premiere of seven eight-minute

films starring the 72 actors who will feature in excerpts from some of the classic films - all professionally shot on film for the big screen. At the launch of the event on Sunday evening in Kilcummin's GAA clubhouse, the actors learned for the first time which film they're about star in and what role they will play. The title of the seven films were also revealed - each of them a classic that is sure to produce some golden moments on screen. The seven films to feature on the night are Forrest Gump, The Snapper, Sister Act, A Few Good Women, The Field, Fr Ted, and Michael Collins. Actors will be coached for the next four weeks by comedian and actor, Tipperary-born Tom O' Mahony, best known for his role as Tarquin on RTE's Republic of Telly. All eight excerpts will be professionally filmed in various locations

around Killarney over two weekends in March. Audience members will turn to critics for the night in the INEC and vote for their Oskar-winning performances at what is expected to be a huge event, run by the Dublin-based Kevin Rowe Events.

"Already we can feel a great sense of excitement building among the actors," Niamh Dwyer of the Organising Committee, told the Killarney Outlook.

"The majority of them were in Kilcummin on Sunday to find out what role they're playing been and what lies ahead. It's something really different and not alone will it bring together two great GAA clubs and create a wonderful sense of community spirit, it will also raise much-needed funds at the same time," Niamh added.



FR. TED: MIKE LENIHAN, GERALDINE PIGOTT, HELEN BURKE, DEIRDRE O DONOGHUE, NOREEN MOYNIHAN, CAIT MCCARTHY, BREDALYNCH, JOAN DEVANE, MARY O BRIEN, MICHELLE DOOLAN, PRODUCER NIAMH DWYER



FOREST GUMP: KEVIN KELLEHER, PAUL FAVIER, ELEANOR DOYLE, TRISHA O CALLAGHAN, JOHNNY COURTNEY, GEAROID MOYNIHAN, IAN O LEARY, BRIAN CAHILL, DANIEL O LEARY PRODUCER: AILEEN MORIARTY



THE SNAPPER AINE O CALLAGHAN, JIMMY KELLY, TOM O SULLIVAN, DIANE O LEARY, TERESA CASEY, ELAINE SHINE, FIONA MCSWEENEY, EILEEN O DONOGHUE, JANET O DONOGHUE, NOREEN O DONOGHUE, CAROLINE DOOLAN, KATHLEEN RYAN, DENISE LUCEY, JOAN O SHEA, SIOBHAN COAKLEY PRODUCER CATHY SOMERS O LEARY



MICHAEL COLLINS: MARIA BREEN, CON LYNCH, MICHAEL MCGILLYCUDDY, PADRAIG CREEDON, DENNY O CONNOR, GERARD LYNCH, DONAL O SULLIVAN, DONAL DWYER. PRODUCER DONAL DWYER



SISTER ACT JOANNE BROSINAN, NEILY MOYNIHAN, NORMA LUCEY, AISLING O DWYER, BREDALYNN, ASHLEY KERINS, MIRIAM SLATTERY, LOUISE FINNEGAN, TIMMY MCCARTHY, BARRY DUGGAN, EOGHAN MORIARTY, LIAM FLEMING. PRODUCER MISH O DONOGHUE



THE FIELD: DERRY HEALY, CIARAN O CALLAGHAN, KEVIN O'RIORDAN, JOHN CULLOTY, NIAMH MORAN, MARGUERITE DWYER, STEPHEN O DONOGHUE, CIAN HORAN. PRODUCER DERRY HEALY

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Don snaps up award from the PPAI



PRESS PHOTOGRAPHER OF THE YEAR AWARDS 2018 AND ALSO CELEBRATING 40 YEARS SINCE THE FOUNDING OF THE PRESS PHOTOGRAPHERS ASSOCIATION OF IRELAND. PICTURED ARE BRENDAN MORAN, STEPHEN MCCARTHY, DON MACMONAGLE, JULIEN BEHAL. PICTURE BY SHANE O'NEILL, SON PHOTOGRAPHIC



PRESS PHOTOGRAPHER OF THE YEAR AWARDS 2018 AND ALSO CELEBRATING 40 YEARS SINCE THE FOUNDING OF THE PRESS PHOTOGRAPHERS ASSOCIATION OF IRELAND. PICTURED IS PRESIDENT OF PPAI, ROBBIE REYNOLDS WITH 3RD PLACE IN THE PORTRAIT CATEGORY, DON MACMONAGLE, DON MACMONAGLE PHOTOGRAPHY. PICTURE BY SHANE O'NEILL, SON PHOTOGRAPHIC

The Press Photographers Association of Ireland annual awards took place in Dublin last week and Killarney photographer Don MacMonagle picked up an award in the Portrait Category. Don's image captured his granddaughter Juno Hussey, choosing a Christmas Tree in Caherciveen. This year marks 40 years since the founding of The Press Photographers Association of Ireland. The overall award of 'Press Photographer of the Year' 2018 was presented to Cyril Byrne, of The Irish Times. Awards were presented across nine categories; news, daily life & people, nature & the environment, politics, sports action, sports

feature, portrait, art & entertainment and reportage, alongside a dedicated award for multimedia. The gala awards ceremony also saw the awarding of three honorary memberships of The Press Photographers Association of Ireland, for outstanding contribution to the association and press photography in Ireland - these went to; Henry Wills, western representative of the Press Photographers Association of Ireland and former photographer with The Western People; Pádraig Ó'Flannabhra, Tipperary-based photographer and Matt Kavanagh, former photographer with The Irish Times. The Press Photographers Association of

Ireland 'Press Photographer of the Year 2018' Exhibition, featuring 107 prints, will be on display in The Library, at the RDS, Dublin 4, from Monday, 19th February 2018 for two weeks. It will then go on tour, visiting selected venues nationwide, please visit www.ppai.ie for exhibition tour updates and to view the full collection of winning and highly commended images. Other Kerry photographers at the awards were Brendan Moran, Stephen McCarthy, Julien Behal and Bryan O'Brien who won the Multi Media award section, while Valerie O'Sullivan was highly commended with her entry.

LGFA Award for Ballydesmond's Denis Ring



DENIS RING WITH JACKIE CAHILL. MC FOR THE NIGHT AT THE INAUGURAL LGFA AWARDS CEREMONIES ON SATURDAY NIGHT IN CROKE PARK. DENIS WAS THE RECIPIENT OF THE LGFA NATIONAL YOUTH VOLUNTEER OF THE YEAR AWARD.

Congratulations to Ballydesmond's Denis Ring, who is one of the coaches of the U14 and 16 girls in Knocknagree Ladies Football Club and is on the Committee, he received the National LGFA Youth Volunteer of the Year Award last Saturday night in Croke Park. At a lavish reception there was 7 people from all over Ireland honoured on the night in various categories. Their contribution to Ladies Football was applauded and recognised. Denis has volunteered with Knocknagree Ladies since 2011 when the Club first set up and has coached, refereed, co-ordinated and helped out where needed since then. He is a full time coach with the Club and Assistant Secretary in the Club and is always readily available if needed. He also is one of the coaches from the North Cork Under 13 Development Programme in 2017, which saw approx 120 girls attend the

programme every Saturday for 12 weeks. Denis has refereed at Munster Blitzes and Passage West Blitzes as well as refereeing games in North Cork. He has completed all Referee courses up to and including Level 2 and has all the coaching courses completed necessary to provide excellent training sessions. His level of Volunteering at Club and Divisional Level saw Denis nominated by his club in the Age 20 or younger category. Denis was chosen for the LGFA National Youth Award from entries from all over Ireland. Knocknagree Ladies Football Club congratulate Denis and thank the LGFA for the opportunity to recognise our Volunteers in the Club. Denis attended Knocknagree N.S and Scoil Phobail Sliabh Luachra Rathmore and is currently attending the University of Limerick, he is a 3rd year Science Teaching Student.

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BER C3

MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



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If you require any further information on the above or any financial matter please contact Dermot Cronin QFA APA at 0646622775 or dermotcroninfa@gmail.com



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Killarney Mountain Festival has it all



PHOTO BY BILLY HORAN



PHOTO BY RICHARD CREGGH



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PHOTO BY BILLY HORAN



PHOTO BY BILLY HORAN

Adventure, excitement, inspiration, awe, wildness and remoteness, achievement, satisfaction, of success and of failures, exhilaration, anticipation, intensity and eagerness.

All these emotions are set to be experienced when the Killarney - Ireland's Adventure Capital, will host this coming March 9th, 10th & 11th, the inaugural and hugely exciting Killarney Mountain Festival.

Festival organising committee member, well-known local mountaineer & mountain guide Piaras Kelly of KerryClimbing.ie is buzzing with excitement in anticipation of the big weekend.

"Killarney and its surrounds possess without a doubt some of the very finest wild mountain landscapes and spectacular scenery in Ireland. Marvellous rugged peaks, wild and remote mountain valleys, high lonely valleys and wondrous lakes. The entire area is steeped in ancient & fascinating human and geological history as well as having a wide and varied wildlife, and all of this will serve as the most beautiful and perfect of backdrops to host Ireland's biggest and best celebration of the mountains, their people and their many stories", Piaras told the Killarney Outlook.

The festival will be run in close association with the hugely successful and world-renowned Kendal Mountain Festival in the beautiful lake district of the UK, with which Killarney is twinned. Take a look through the jam-packed festival programme and it's hard to believe that there is just SO much happening over the course of the weekend!

It will celebrate, excite and inspire and it will feature a multitude of exciting events & activities. Yes, film plays a big part and there's also an amazing programme of inspirational speakers sharing with us their crazy stories of wild travels, exploration and adventure. Award-winning writer and mountaineer Cameron McNeish, who will be looking back on over 40 years of writing about hills and mountains and recalling some of the fascinating individuals he has met, the mountains he has climbed and the long treks he has undertaken in some of the most inspiring landscapes in the world. Andy Cave, one of a handful of pioneers exploring new routes in wild remote mountain ranges. Dermot Somers and

his good friends Dawson Stelfox and Tom Curtis will show off their craggy profiles and give first-hand accounts of adventurous ascents and entertaining tales of climbing the 6 great Alpine North Faces. A relaxed, inspiring and hugely enjoyable evening, with some of most accomplished Irish Alpinists ever to grace these shores.

Many free talks will feature, such as Mountain Rescue interactive exhibits. Here you may end up in an exciting game of hide and seek, be stretched back to base by the Kerry Mountain Rescue team and then hear all about the noble work carried out by the Killarney Water Rescue.

Other hugely interesting free talks will be by local historian and traditional musician Thomas O'Sullivan, who will present a virtual journey exploring legends, stories and mythologies of the MacGillycuddy's Reeks. Join BBC Natural History Producer / Director Justin Anderson for an exclusive 'behind the scenes' of the awe-inspiring 'MOUNTAINS' episode of David Attenborough's BAFTA award winning Planet Earth II series. There will be interactive demos and workshops, local historical and cultural interest, cool photographic competitions and exhibitions, family fun activities, kids' treasure hunts, a 10k Park Run for the energetic, along with stunning guided hikes and mountain climbs with award-winning guiding company - KerryClimbing.ie. It will host an 'Everest' memorabilia exhibition, day, evening and night time musical entertainment, a second-hand gear sale, the list goes on and on and on...

There will be special cinema screenings of the very best mountain and adventure films and documentaries. Short- and feature-length, many of them already award-winning and the majority getting their very first Irish screenings and all hoping to come out tops and win the inaugural Killarney Mountain Festival Grand Prize. The Killarney Mountain Festival is a fantastic opportunity to just get away for a few days and sample this awe-inspiring spectacle of mountain-related festival events. Mountains high, jagged and raw. Be inspired and invigorated from March 9th through to 11th at Ireland's Adventure Capital and Killarney Mountain Festival 2018.



PHOTO BY RICHARD CREGGH



PHOTO BY RICHARD CREGGH



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Hannah's signing strengthens links between Celtic and Cork City



Killarney Celtic and Cork City have enjoyed a close relationship over the last few years. It's Football for All players have graced the hallowed turf at Turner's Cross on many occasions and Cork City have brought both the FAI Premier League and FAI Senior Cup trophies to Celtic functions.

That link has now been strengthened with the signing of Hannah O'Donoghue with the Cork City Ladies team who are now under the umbrella of Cork City Fc.

Hannah has been training with the club for the last few months and she officially signed when the team was at Killarney Celtic for their pre-season training trip prior to the start of the Women's

National League.

Hannah who has been capped for Ireland at underage level said she was delighted with the move. "It's a hugely exciting time for me. I am very grateful for the work done with me by all my coaches at Killarney Celtic. Playing with the present Women's Senior Cup holders will be a big step up but one I am really looking forward to."

Cork City Women's team begin their 2018 Continental Women's National League campaign away to Galway Women's FC on Sunday March 11th.

LEFT: PICTURED AT THE SIGNING ARE FRANK KELLIHER CORK CITY MANAGER HANNAH O'DONOGHUE, RAMONA KEOGH KILLARNEY CELTIC MC AND JANE O'DONOGHUE KILLARNEY CELTIC MC.

Listry set to welcome everyone at Open Night

Listry GAA Club are holding their registration evening, tonight Friday February 23rd.

The club is all geared up for a new football season and is welcoming families from the area to join the progressive club.

The registration evening for all juveniles is being held tonight Friday February 23rd from 6:30 to 8:30. If there are people who would like to order the new training kit, this can be done on the night. The U8s and U10s will wear this gear for training and matches throughout 2018. Juvenile membership remains at €15 per child per annum. However the club are encouraging people to take out family membership where possible. Membership subscriptions are a vital stream of revenue for the club.

Running a GAA club is a very expensive pursuit. Last year the club had a turnover of approximately €60,000. Pitch maintenance alone cost €15,000. Insurance cost €5000. The club purchased new Juvenile goalposts at a cost of €800. These are just a few examples of the many costs involved.

The club fundraise in a number of ways including their Membership Drive which is underway at the moment.

Juvenile membership costs €15 per child. They also have the option of family membership for €100.

"We are encouraging families to avail of this. This covers two adults and as many children as are in the family. It is an ideal way of supporting the club and supporting your child as an active member of the club", a spokesperson for the club told the Killarney Outlook.

Benefits of being an adult member include: receiving all club texts, having use of walking track and entry into draws for tickets for Kerry matches up to and including the All Ireland final.



COMMITTEE MEMBERS, TEAM MEMBERS AND JUVENILE MEMBERS OF LISTRY GAA CLUB

They are also offering family gym membership for €300 which represents great value. The club are holding an open night on Monday February 26th from 7 to 9 where people can come along and view the facilities.

The club also hold a weekly lotto as a joint venture between Listry GAA club and Listry Community Council. Tickets are available locally and will be available at the Friday evening sessions. Annual tickets are also available. Other events include the club's Annual Golf Classic.

Organised in conjunction with Listry golf society, The Shane Courtney Memorial golf Classic takes place in early September. This involves teams of 4 players and is a great day out as well as being a vital fund raiser for the club. It is suitable for golfers of all abilities as its run as a scramble.

As well as raising funds to meet these annual costs the club hope to raise additional funds over the coming months and years in order

to further develop our facilities. The club are considering plans to upgrade the playing surface on the pitch, upgrade the lighting on the pitch and running track, upgrade the running track, upgrade the Clubhouse and maybe build a hall in time depending on the success of our fund raising. They will be actively seeking grants from central GAA funds and other possible sources. They will need to raise substantial funds ourselves. Listry GAA club endeavours to provide the best facilities possible for its members of all ages. The club is a community based organisation and to this end, need the support of all of the community to achieve this. They are encouraging all members of the community to help us in achieving this. This year the club are holding a Club Draw and are looking for people to buy and sell €10 tickets for this draw. If you are in a position to buy tickets or sell some please contact any club officer or Finance Committee Chairman Denis Murphy on 087 287 3339.

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Dr Crokes celebrate 2017 at Awards Night



DR. CROKES SENIOR TEAM, COUNTY CHAMPIONS, COUNTY CLUB CHAMPIONS, COUNTY LEAGUE CHAMPIONS 2016 & 2017 PICTURED AT THEIR AWARDS NIGHT LAST WEEKEND.

Dr Crokes held their annual awards and celebration night last week in the Dromhall hotel, and they definitely had a lot to celebrate! After a fantastic 2017, where the Senior team won the Club and County Championship, the Juniors won the Molyneux Cup, O'Sullivan Cup and the East Kerry Junior League, Under 21 East Kerry Cahmpionship, Minors East Kerry League and Championship winners. The awards presented on the night went to Aaron Murphy who was named Hurler of

the Year. Junior Footballer of the Year went to Chris Doncel whilst Senior Footballer of the Year went to Gavin White. Clubperson of the Year was Denis Coleman, their former Chairperson. Supporter(s) of the Year, the Eddie Barry Perpetual Award, went to Pat and Mary Clifford. The Club also honoured Eddie Tatler O'Sullivan, Jim Connolly and John Keogh for their long service to the Club. A great night was had by all, best of luck for the 2018 season!



MEGAN KIELY RECEIVING SENIOR LADIES FOOTBALLER OF THE YEAR AWARD FROM AINE MCMAHON.



DR. CROKES MINOR TEAM (EAST KERRY LEAGUE AND CHAMPIONSHIP WINNERS) PICTURED AT THEIR AWARDS NIGHT LAST WEEKEND.



DONIE SHEAHAN (CLUB PATRON) WITH SOME OF DR CROKES SILVERWARE WON DURING 2017.

Treatment bus heads to Belfast

A bus carrying 16 patients and their carers from Kerry and West Cork will travel to Kingsbridge Hospital in Belfast to have cataract operations. The initiative is organised by Deputy Danny Healy Rae and Deputy Michael Collins. "All patients are glad of this facility as they would have had to wait a very long time before their cataract procedures would be done for them in Cork or Kerry",

Deputy Healy Rae told the Killarney Outlook. "We will continue to operate this service for as long as there is a need to", he added. The patients pay for their operation before hand and are refunded by the HSE through the Cross Border Directive. Hip and Knee replacements are also available at the hospital and the next bus is now being organised for April and if you have any enquiries, please contact Danny on 087-2316055.



CAST MEMBERS OF A FEW GOOD WOMEN - PART OF THE GLENFLESK/KILCUMMIN OSKARS NIGHT AT THE INEC: ROSIE HEALY, SIOBHÁN KELLEHER, RENA DALY, NORMA LEANE, LINDA DOYLE, DANIELLE FAVIER, EILEEN DINEEN, PATRICIA RYAN, CATRIONA MCGUIRE, AISHLING O DONOGHUE, PADDY O DONOGHUE, JENNIFER MCCARTHY. PRODUCER ROSIE HEALY

9TH 10TH 11TH MARCH 2018

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FESTIVAL PROGRAMME 2018

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PHOTO: VALERIE O'SULLIVAN

FRIDAY 9TH MARCH

- 6:30pm Official Opening of the Killarney Mountain Festival
- 7:15pm Opening Speaker: **Cameron McNeish** 'There's always the hills'
- 7:15pm Feature Film: **Dhualagiri - Ascent to the White Mountain**
- 8:45pm Feature Film: **Mountain**
- Featured Short: **Skye's The Limit**
- Daily Festival Club Café Du Parc, Killarney Plaza Hotel

SATURDAY 10TH MARCH

- 9.30am Guided Moderate Walk: **Old Kenmare Road & Torc Mountain**
- 9.30am Guided Carrauntoohil Ascent: **Brother O'Sheas Gully**
- 11am Speaker: **Richard Hilliard** Iona Sailing
- 11.30am Speaker: **Cal Major** 'Paddle against Plastic'
- 12 noon Film: **BBC PLANET EARTH MOUNTAINS**
- 12.30 **SARDA** Search Dogs talk & demo
- 1pm Speaker: **Thomas O'Sullivan** Walking with the Legends
- 2pm Short Film: **Programme 1**
- 2pm Speaker: **NPWS** White Tailed Eagle reintroduction
- 3pm Speaker: **Patricia Deane** Reeks Access Forum
- 4pm Short Film: **Programme 2**
- 4pm Speaker: **Justin Anderson** BBC Planet Earth - Mountains - The Making

Continued >>

Saturday Continued >>

- 5pm Speaker: **Pat Dawson** Kenmare Residences
- 6pm Speaker: **Dermot Somers & Friends** 'Great North Faces of the Alps'
- 7pm Film: **The Nahanni Whisperer**
- 7.30pm Speaker: **Andy Cave** 'Learning to Breathe'
- 8.15pm Festival Awards Ceremony
- 9pm Feature Film: **Psycho Vertical**
- Featured Short: **The Lost Skytrain**
- 9.30-11.30pm **SuperCéili** at Basecamp Hosted by Café Du Parc
- Daily Festival Club Café Du Parc, Killarney Plaza Hotel

SUNDAY 11TH MARCH

- 9.30am Guided Carrauntoohil Ascent: **Coumloughra Horseshoe**
- 10am **10K Park Run** hosted by Hardman Events in Aid of Killarney Micro Track
- 12.30pm Medal Presentation & Refreshments
- 1pm Speaker: **Mike O'Shea** 'Ice Dogs'
- 2pm Film: **Kendal Collection**
- 2pm Childrens Fun Activities
- 2pm Speaker: **Thomas O'Sullivan** Walking with the Legends
- 3pm Speaker: **NPWS** Rhododendron Eradication Programme
- 4pm Speaker: **Jasper Winn** 'Slow Adventure'
- 5pm Feature Film: **The Silver Branch**
- 7pm Speaker: **Stephen Venables** Four Men on a Mountain- Everest
- 8.30pm Closing Feature Film: **Magnetic Mountains**
- Daily Festival Club Café Du Parc, Killarney Plaza Hotel

The festival organisers reserve the right to change the programme if necessary.

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FESTIVAL CLUB CAFÉ DU PARC KILLARNEY PLAZA HOTEL

SATURDAY NIGHT WITH SUPERCÉILÍ

Dance the night away on Saturday night at Basecamp Dance Bar, where Café Du Parc will host an electric acoustic Irish Dance Show featuring traditional, pop, top and dance hits from the 60s to now mixed with polkas and reels.

DAILY EVENTS THROUGHOUT THE WEEKEND

Photography Exhibit KILLARNEY PLAZA HOTEL & KILLARNEY HOUSE Our featured photographers are:



KEITH WOODARD



BILLY HOGAN



ANTHONY MCCLOSKEY



RICHARD CREAGH



ANTHONY COSTIGAN

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Project Ireland 2040 will deliver real investment and proper planning for Kerry



Kerry is going to benefit from real investment and proper planning as a result of Project Ireland 2040. The plan will support families and strengthen communities in Kerry, and will ensure sustainable growth for the future of the county, according to Minister Brendan Griffin.

Speaking about Project 2040 which was launched by Government last Friday, Minister Griffin said:

"In the first version of Fine Gael's Republic of Opportunity document, we said it is time to plan for what Ireland is going to look like in 2040.

"This is our plan for the future of Ireland. For the first time in the history of the State, our spatial planning is backed up with solid investment and it will deliver for our citizens.

"The National Planning Framework which forms part of Project Ireland 2040 sets out how Ireland can grow in a sustainable, balanced fashion over the next twenty years. 50% of population growth is planned for our towns, villages and rural communities and 50% for our cities. Project Ireland 2040 is backed and supported up by a €115bn National Development Plan.

"Our population is expected to have increased to 6 million people by 2040 and, without any State intervention, this will result in ongoing shift in population and jobs towards Dublin and the neighbouring counties. This is not in anyone's interests.

Project Ireland 2040 for Kerry and the South-West of Ireland

Overview for Kerry

- Project Ireland 2040 seeks to enhance regional connectivity and competitiveness, improve environmental sustainability and build a fairer, more equal Ireland where everyone has the opportunity to live in a strong community and reach their full potential.

- Kerry will play a key role in implementing Project Ireland 2040, building on its strong performance as a self-sustaining county with both an internationally renowned tourism and business eco-system and a

very strong network of towns and associated rural surrounds, to be strengthened through enhanced connectivity and infrastructure.

Selected highlights for Kerry include:

Tralee Northern Relief Road

- Investment for the Tralee Northern Relief Road scheme will provide a new link to join the completed N22/N69 Tralee bypass to the Bracker O'Regan Road - completing the Relief Road project. The project is at appraisal stage with an expected completion date of end-2021.

N69 Listowel Bypass and Dingle Relief Road

- Investment in roads in Kerry also includes the N69 Listowel Bypass, which will combat congestion through Listowel town and crossing the River Feale. This is currently at contract stage and will also improve access to Shannon Foynes Port. Additionally, the Dingle Relief Road project is ready to commence construction and is likely to be completed by the end 2019. This work will complete the 4th phase of a ring road around Dingle to relieve congestion

N22 – Ballyvourney/Macroom

- Investment in the roads network in Cork also includes the N22 Ballyvourney Macroom Project, which will also be hugely beneficial for Kerry.

The Following Section of the national road network will be progressed through pre-appraisal and early planning in 2018 to prioritise projects which are proceeding to construction in the National Development Plan

- N21 Newcastle West Bypass
- N21 Abbeyfeale

Regional Airports Programme

- The Government will continue to support the Regional Airports Programme, which involves financial support to the smaller regional airports including Kerry.





Higher Education

- Eleven major infrastructure projects will be delivered around the country as part of a Public-Private Partnership Programme for the Higher Education sector, including Institute of Technology Tralee in Kerry.

Kerry Central Regional Water Supply Scheme

- The Kerry Central Regional Water Supply Scheme involves a €33m investment to build a new water treatment plant for Central Kerry which, when complete, will provide treated water to communities including Tralee, Killarney, Castleisland and Castlemaine. The completion of this scheme will see approximately 62,000 customers removed from the Environmental Protection Agency's Remedial Action List.

Investment in National Heritage

- Project Ireland 2040 will see a €285 million investment in our national heritage. This includes Killarney National Park (investment in outdoor recreational facilities), Skellig Michael and Valentia Cable Station.

Flood Risk Management

- Tralee has been identified for investment in a large flood relief scheme as part of the National Development Plan.
- Fisheries Harbour Centres (FHC) –Dingle
- Capital investment programme across all six FHCs encompassing ongoing safety and maintenance and necessary new developments the FHCs. This is required to provide suitable, safe, efficient and hygienic facilities to further develop a modern offshore Irish fishing fleet and increase landings into our Fishery Harbour Centres.



Social Housing

- Of the 2,000 additional social housing units in current delivery, specific examples include projects at Rathmore/Barraduff 20 dwellings, The Park, Killarney 20 dwellings; Ardbhearna, Kenmare 22 homes.

Rural Regeneration and Development

- Investment projects in towns and villages with populations of less than 10,000 in Kerry will be in a position to benefit from a new Rural Regeneration and Development Fund which will invest €1bn in promoting rural renewal in Ireland, to help towns, villages and rural areas to grow in a sustainable way.

Gaeltacht Investment

- Project Ireland supports Gaeltacht areas across the country, for example by prioritising investment in the development of tourism facilities in the development of Sli Chorca Dhuibhne walking route in Co Kerry. Increased investment to enable the creation of 1,000 jobs every year in Gaeltacht areas across the country including Kerry.

Court Services

- Provision of further new or refurbished courthouses in provincial cities and county towns will be progressed, including at Tralee.

Tourism - Investment in Fáilte Ireland

- Almost €108 million has been allocated to Fáilte Ireland for capital investment in Tourism Product Development over the next four years and it is intended that this level of funding will, at a minimum, be maintained over the lifetime of the National Development Plan. Fáilte Ireland will continue to invest in the priority areas that will deliver sustainable growth in the Irish tourism sector resulting in higher revenue and more jobs.

Atlantic Corridor

- A particular priority in this is substantially delivering the Atlantic Corridor, with a high quality road network linking Cork, Limerick, Galway and Sligo.

- Important elements of Strategic Investment Priorities set out in other sections of this National Development Plan will also have a central role to play in achieving Strengthened Rural Economies and Communities. For example investments in ... further upgrading of the national roads network including improving accessibility and connectivity on the emerging Atlantic Economic Corridor that links major centres on the western seaboard.

IDA

- IDA property solutions, strategic sites and grants in all regions will deliver new Foreign Direct Investment and high-quality jobs. Since it is more challenging to win new investment outside metropolitan areas, advanced planning and provision of property solutions will be expanded in all regions. Ireland's ability to secure significant new large-scale capital investment in all regions is partly dependent on the ready availability of serviced sites of scale with appropriate zoning and capacity for required utilities to match the needs of large capital intensive projects.

4 Star Status for popular The Heights Hotel Killarney



A family run hotel for over 40 years it is no wonder it is one of Killarney's leading establishments; known for its warm and welcoming atmosphere and surrounded by enviable countryside views. Conveniently situated just 5 minutes from Killarney's busy town centre, it's the ideal base for seeing the sights and attractions of one of Kerry's most scenic towns. With recent renovations to the Mangerton Suite and 71 bedrooms as well as the newly introduced Brasserie Menu its no wonder we live up to our motto "The Height of

Hospitality" which has resulted in The Heights Hotel recent award of 4 star status.

Top Tips from Natalie, Wedding Co-ordinator at The Heights Hotel.

Have Non-Negotiables – The First question I will ask all couples are your three non-negotiables or must haves from their wedding venue. This quickly allows you to decide whether the venue is right for you.

Questions – Ask as many questions as you like! No question is ever silly, chances are we have

been asked them hundreds of times before.

Numbers of Guests and Availability of Dates – Before booking in to view your Venue make sure that if you have a set date, the venue is available. Be Realistic with your numbers when choosing a venue. Some Venues may not be suitable for a wedding with your number of guests.

Your Wedding Co-ordinator – The Likelihood is you're booking your venue 18-24 Months in advance so having a good relationship with your wedding co-ordinator is key. Trust is a big element in this relationship as they are planning your big day and will be there with you both until you say "I do"

ONE WEDDING A DAY – Make sure that the venue you choose is strictly one wedding a day. This is your special day, the attention should be solely on you and your guests.

BMW's All New X2 set to arrive in Kerry



Ahern's, Castleisland is set to welcome the new BMW X2 in March 2018. The X2 will adopt the new BMW design language, this include the BMW roundel on the C-pillars and the styling of the kidney grille, whose outline is wider at its base than at its top (for the first time on a modern BMW). Four trim levels will be available: SE, Sport, M Sport and M Sport X. Optimised suspension set-up. The M Sport suspension fitted as standard on the BMW X2 M Sport and M Sport X models is 10mm lower than the standard suspension. The new BMW X2 combines style with everyday practicality with the boot offering a 470litre capacity. Prices start from €43,110 RRP for a BMW X2 sDrive18d SE. The all-new BMW X2 is one of the most anticipated cars for BMW this year and will celebrate its Irish debut next month. A brand new model to the

range, the BMW X2 combines low-slung proportions of a coupé with the robust core of a BMW X model. The BMW X2 is eight centimetres shorter and more than seven centimetres lower than the BMW X1, yet has the same wheelbase. Featuring short overhangs, it also has a stretched, coupé-style roofline and slim window graphic. Distinctive design details underscores the character of the BMW X2, including the BMW roundel on the C-pillars and the styling of the kidney grille, whose outline is wider at the base than at its top. On the driving experience, the car's chassis and optional xDrive intelligent all-wheel-drive system delivers the ideal balance between sporting dynamics and efficiency. For more information or to book a test drive contact Ahern's BMW on 066-7143000.

National Award for Autopoint Group



AUTOPOINT MOTOR GROUP RECEIVED A NATIONAL AWARD FOR SALES OPERATION OF THE YEAR FROM THE SIMI (SOCIETY OF THE IRISH MOTOR INDUSTRY) AND BANK OF IRELAND FINANCE AT THE BURLINGTON HOTEL DUBLIN ON THE 15-02-18 LAST. L-R JODIE HANAFIN, JOHN DILLON, BRIAN HANAFIN, NORMA JEAN LEAN, MARTINA BURKE.

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PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: 6 AGHADOE WOODS, BARLEYMOUNT, KILLARNEY, CO KERRY. We present to the market a magnificent detached residence 2250 sq ft approx located in the desirable and much sought after Aghadoe area with beautiful mountain and countryside views. The property is finished internally to an excellent standard with high quality internal furnishings and fittings. This is the ideal family residence located just 10 minutes drive from the popular town of Killarney.

Agent: ● Hennigans Auctioneers ● 66 New St., Killarney ● Tel: **064 6634582 / 087 2354416** **www.daft.ie/hennigan**

Starting Price: €450,000

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

KILLARNEY TOWN TALK



CAOIMHE SPILLANE

Killarney documentary maker Charlie O'Brien will be screening his documentary A Captain Unafraid in the Black Sheep Hostel on Tuesday 27th February at 9pm. This will be the first showing of A Captain Unafraid in 2018. There will be a pay as you please policy at the end of

the film, and there will be soundtracks, t-shirts and dvd's available to purchase. To find out what's happening in Killarney, look no further than the Town Talk Page. The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact towntalk@outlookmags.com

PADDY O'KEEFES - OPEN DAY

Paddy O'Keefes is a one stop shop in the heart of East Kerry at Gattabawn, Gneeveguilla. For generations this unique country store and shop has catered for the community with a huge selection of products, this Friday 23rd February, they are hosting an open day and everyone is welcome. You are invited to come and view their extensive hardware range, farm goods, power tools, work wear, footwear, insulation and building products, steel piping, concrete troughs and much more! Many of their major suppliers will be present on the day with special offers across a whole range of products. Light refreshments will be served.

STRICKEN CHARITY EVENT

The Annual Stricken Mountain Charity Event takes place on Saturday 3rd March. Registration at Kate Kearney's Cottage from 10:00am -11:00am. Dance that night in Kate Kearney's. Contact Mary on 087-2227188. All funds raised will go to the oncology unit Tralee and palliative care unit Killorglin, Tralee and Killarney.

KILLARNEY MUSICAL SOCIETY

Apologies for incorrect dates last week the musical Sweet Charity will run in the INEC on Wednesday the 14th March, Thursday 15th March and Friday the 16th March. Show starts at 8pm, tickets available on ticketmaster

LA LECHE LEAGUE CONFERENCE

"Breastfeeding Made Simple - Seven Natural Laws for Nursing Mothers" La Leche League of Ireland's annual Conference takes place this year in the Gleneagle Hotel, Killarney from Friday 2nd to Sunday 4th of March 2018. La Leche League families, breastfeeding advocates and health professionals throughout Ireland look forward to attending. A LLL Conference is a wonderful weekend for the whole family.

THE GATHERING FESTIVAL

Now in its 19th year, The Gathering Traditional Festival is one of most loved festivals in the country. From fireside seisiúns to heart-pounding céilís, The Gathering Traditional Festival kicked off on the 21st and will run until the 25th February. This year's Gathering Traditional Festival is one of the most richly

diverse programmes in years, and features everything from a celebration of Scottish Musicians Aly Bain & Phil Cunningham to vibrant music from The Raw Bar Collective, Des Dillon's set dancing puppets and the outstanding voice of Séan O'Sé.

MIKE DENVER IN CONCERT WITH MARGO

Mike Denver will be taking to the stage of the INEC on Saturday, March 3rd. He will be joined by Margo To date, Mike has recorded 11 Albums namely Wings to Fly "Love to live", "Messenger Boy", "Christmas Country", "Galway Boy" "Seasons in the Sun". "Got a Funny Feeling", "Thank God for the Radio", "Tradition" "Vintage Country and most recent "The Live Show - Double CD". Mike has released 4 DVD'S "The Essential Galway Boy", "Christmas Country", Live in Concert Dvd which was recorded in the TF Castlebar and his current DVD recorded in Glencarn Hotel, Castleblayney "Lets Dance - The Live show". Show starts at 8.30pm and tickets cost €33.20

THINKING DAY

Killarney Irish Girl Guides district Thinking day 2018 will take place in Kilcummin Church on Monday February 26th at 6:30- 7:00 All Irish girl guide members past and present welcome.



DR. CROKES GAA CLUB 2018 AWARD WINNERS: FRONT ROW (L-R) GAVIN WHITE (SENIOR FOOTBALLER), PATRICK O'SULLIVAN (CHAIRMAN), DENIS COLEMAN (CLUB PERSON). BACK ROW (L-R) AARON MURPHY (SENIOR HURLER), SIOBHÁN BURNS (KERRY TEAM), DANIEL DONCEL (JUNIOR FOOTBALLER), MEGAN KIELY (SENIOR LADIES FOOTBALLER), MICHAEL POTTS (YOUNG FOOTBALLER), PAT (SUPPORTER OF THE YEAR).

THE CONSCIOUS CUP CAMPAIGN

Changing people's attitudes towards using disposable drinks cups is the aim of a new campaign in Killarney. The Conscious Cup Campaign, which is spearheaded by Killarney Scouts in association with Killarney Looking Good committee, was launched this week in Lissivigeen National School. Over two million non-recyclable disposable cups are sold each day in Ireland. The campaign will see customers who bring their own cups to coffee shops being rewarded; the group is also trying to make festivals in the town more environmentally friendly.

KERRY FILM FESTIVAL

Kerry Film Festival, which takes place from 18th to 21st October 2018 here in Killarney, is now inviting entries for SHORT And FEATURE length films. In 2018, the festival is introducing two new programmes: - Advertising and Music Videos . Awards are presented in the following categories: Best International Narrative Short , Best Irish Narrative Short, Best Documentary Short , Best Student Short, Best Original Score , Best Of Kerry , Best Animation, Best Feature Film. All films are adjudicated on by an industry panel.

AMERICAN ACTRESS VISITED KILLARNEY

American actress , Troian Bellisario , recently visited Killarney , enjoying the scenery at the Gap of Dunloe and tucking into some fish and chips in Killarney town. The American screen star – best known for her role as Spencer Hastings in the popular TV series Pretty Little Liars. She posted a photo of the Gap of Dunloe on her Instagram account which has 10.8 million followers, she stated that the gap was "one of my favourite drives ever". Troian is married to Suits star Patrick J Adams , the couple are on a tour around Ireland, taking in Dublin, Galway and the Cliffs of Moher as well as Killarney.

KILLARNEY ACTRESS STELLAR WEEK

It's been a huge week in the career of Killarney actress Jessie Buckley. The rising star has landed her biggest role yet, opposite Renee Zellweger in a forthcoming biopic about Judy Garland's final days. She will be playing Rosalyn Wilder who was manageress at The Talk of the Town at the Hippodrome in London in the '60s. She became Judy's assistant and carer. She was

recently selected by Screen International as one of its Stars of Tomorrow (previous selectees include Benedict Cumberbatch and Carey Mulligan), Jessie has been quietly notching up respected TV drama roles, opposite Tom Hardy in Taboo, in BBC army series The Last Post, and an adaptation of War and Peace. Her first feature film, Beast, debuts at the Audi Dublin International Film Festival. The film is set in an island community, she plays Moll, a woman who falls for the charms of a free-spirited stranger, only to discover he's suspected of a number of murders of young women in the area. Beast goes on general release on April 27th

KILLARNEY LIBRARY EVENTS

Killarney Book Club takes place in the library on Tuesday, 27 February from 11.00 a.m. - 1.00 p.m. There will be a talk entitled : 'Whittled Away - Ireland's Vanishing Nature' with author, Padraic Fogarty whose book 'Whittled Away - Ireland's Vanishing Nature' was one of the Irish Times Best Books of 2017. The talk will take place on Saturday 3rd March 2:00pm – 3:00pm. All Welcome. For more information Phone: 064 6632655 or email: Killarney@kerrylibrary.ie

THE REAL MCCOY

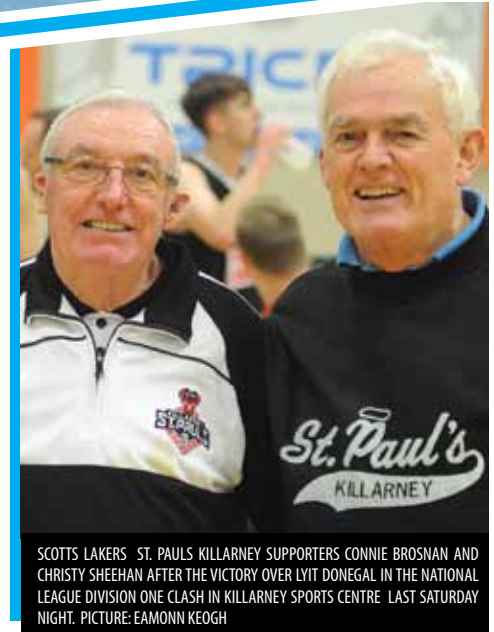
Killorglin Drama Group in conjunction with Killarney Rugby Club presents "It's the Real McCoy" by Tommy Marren at Killarney Racecourse on Friday March 2nd @ 8 p.m. Tickets: €15 concessions €12 Bookings : 087 4466155 Tickets available from Fiona/Mary The Pillbox Boutique 20 New St. Killarney or at the door on the night.

DANCE RAISES €2500

To mark the 1st Anniversary of Denis Breen, Hazelwood Drive a dance was held in his memory in the Mangerton Suite of the Gleneagle Hotel on Sunday 18th February. Over €2500 was raised and all proceeds will go to the Kerry branch of the Irish Kidney Association. The Breen family would like to express their deepest gratitude to all who supported the dance, as well as Southern Pride and Shades of Country for providing the events entertainment.

PARENT FIRST AID AT KDYS

Parent First Aid is Ireland's fastest growing first aid course offering a 2 hour practical training course specially designed for Parents and Carers of Children. The course will be run in Killarney at



SCOTTS LAKERS ST. PAUL'S KILLARNEY SUPPORTERS CONNIE BROSNAN AND CHRISTY SHEEHAN AFTER THE VICTORY OVER LYIT DONEGAL IN THE NATIONAL LEAGUE DIVISION ONE CLASH IN KILLARNEY SPORTS CENTRE LAST SATURDAY NIGHT. PICTURE: EAMONN KEOGH

the KDYS Youth Centre, Thurs 8th March (7pm - 9pm) In this hands on session, you will learn life saving techniques from our highly qualified and experienced first aid training professionals. The main topics covered are: Activation of emergency services, CPR, Choking, Burns & Scalds, Asthma, Bleeding & Fevers, Meningitis plus more on request from participants. The Parent First Aid course is an Interactive hands on session. The team of qualified trainers are highly experienced and bring the most up to date first aid training skills to the class. The biggest fear for a parent is not knowing what to do in a medical emergency so this course will help give you the skills to remain calm and use the techniques learned from this 2 hour Parent First Aid session. Full details can be found on our website www.parentfirstaid.ie

HEARTBEAT

Dr. Kamal Abdalla who is a Consultant General Physician with the Bon Secours Hospital in Tralee will talk to HeartBeat this month. Dr. Kamal's specialist areas of interest include CTO, Implantable cardiac devices and complex cases within Angiography. The talk starts at 8pm at the Serenity Centre, St. Anne's Road, Killarney on Monday February 26th. All are welcome to this free event.

COFFEE MORNING

On 24th March, Norma Talbot and Alison Coffey will set off on a cycle from Paris to Lourdes, a distance of approx 800km, which will be in aid of the Irish Pilgrimage Trust. In order to raise much needed funds for this charity who bring children with disabilities to Lourdes, they will hold a coffee morning in The 19th Green guesthouse this coming Saturday, 24th February from 10 to 12.30pm, all support greatly appreciated.



Labour of love....

DANNY LYNE, FROM COOLIES, MUCKROSS, KILLARNEY IS A MASTER CRAFTSMAN BOAT BUILDER, BUILDING A TRADITIONAL KILLARNEY WHALER BOAT THE TYPE OF WHALER IS ONE OF THE OLDEST TRADITIONAL BOATS BUILT ESPECIALLY FOR THE LAKES OF KILLARNEY, DATING BACK FOR HUNDREDS OF YEARS. THE BOAT IS COMMISSIONED FOR AN AMERICAN LADY, FOR ROWING AND ANGLING. MAHOGANY PLY BUILT, WITH OAK RIBS, COOPER FASTENED, CLINKER FINISHED, 17 FEET LONG. DANNY HOPES TO FINISH THE BOAT IN THE NEXT FEW WEEKS. HIS FAMILY HAVE A LONG ASSOCIATION WITH BOATING ON THE LAKES OF KILLARNEY, AND DANNY IS STILL SCULLING AND COACHING ROWING. HE WORKED WITH WALSH MARINE AND DINGLE BOATYARD IN THE PAST. PHOTO: VALERIE O'SULLIVAN



ERIC & CHRISTINA NUGENT WITH FRANK AND JOEY CULLOITY PICTURED AT THE MUCKROSS PARK HOTEL ON FRIDAY NIGHT WHERE THE SPA AT MUCKROSS CELEBRATED THE INTRODUCTION OF THE ORGANICS PHARMACY PRODUCTS AT THE FIVE STAR SPA, THE EVENT WAS HOSTED BY TODAY FM DJ LOUISE DUFFY. PHOTOGRAPH BY SALLY MACMONAGLE.



TRACY O'SHEA, MARGARET GUERIN AND NICOLA DICKSON, KILLARNEY PICTURED AT THE MUCKROSS PARK HOTEL ON FRIDAY NIGHT WHERE THE SPA AT MUCKROSS CELEBRATED THE INTRODUCTION OF THE ORGANICS PHARMACY PRODUCTS AT THE FIVE STAR SPA, THE EVENT WAS HOSTED BY TODAY FM DJ LOUISE DUFFY. PHOTOGRAPH BY SALLY MACMONAGLE.



PATRICK O'SULLIVAN PRESENTS LIFETIME ACHIEVEMENT AWARD TO JOHN KEOGH AT THE DR. CROKES AWARDS NIGHT WHICH WAS HELD LAST WEEKEND.



MARY MCCARTHY, GORTHSHANAFA, CURROW PICTURED WITH DEIRDRE LYNE OF 'HALO' HAIRDRESSERS KILLARNEY WITH A CHECK FOR €1000 WHICH SHE COLLECTED FROM FAMILY, FRIENDS AND WORK COLLEAGUES HAVING CUT HER LONG HAIR FOR 'RAPUNZEL' CHILDREN'S CHARITY. THE MONEY RAISED WILL BE USED TO MAKE WIGS FOR CHILDREN AND IMPROVE THE LIVES OF THOSE LIVING WITH HAIR LOSS EITHER FROM ALOPECIA OR CANCER.



OPEN NIGHT

Monday 26th February

7pm - 9pm

at The Club House

U6 - Adults



New GYM and Walking Track NOW OPEN



Registration Forms Available on the Night

Senior cycle subject choice is the first step on the road to college



Students study one of three Leaving Cert programmes at senior cycle. The majority prefer the traditional Leaving Cert (LC). The Leaving Certificate Vocational Programme (LCVP) is similar to the traditional Leaving Cert, except that students also take three Link Modules (Enterprise Education, Preparation for Work and Work Experience). The Leaving Certificate Applied (LCA) is strongly vocational, meaning that its job and employment focused. The subject areas are more practical than academic.

Subject selection for Leaving Cert is very important because the subjects you choose will influence your further study and career. Give this process serious consideration and decide what senior cycle subjects suit you best. Leaving Cert students usually take seven subjects. Mathematics, Irish and English are compulsory. It's advisable to study a modern language, which many third level courses have as an entry requirement.

Your task is to select three optional

subjects – four if not taking a third language. Make sure that your subjects fulfil the entry requirements for your courses of interest. Many colleges also impose additional subject requirements which are course specific. It's also worth knowing that a number of third level courses use criteria of selection, such as art portfolio, interview, audition and suitability test, in addition to Leaving Cert exam points.

Six subjects are used from any one sitting of the Leaving Cert exam to calculate total points' score. The potential maximum points' score in the Leaving Cert points' scale is 600 or 625 if Higher Level Maths is one of the six subjects counted as 25 bonus points are awarded for Higher Level Maths for H6 or above.

Students studying the LCVP may include the points awarded for the Link Modules as one of the six subjects used for calculating points – 66 points for a Distinction (80% to 100%), 46 points for a Merit (65% to < 80%) and 28 points for a Pass (50% to < 65%).

Keep the following criteria of subject selection in mind when making your choice. Firstly, if you have a flair for – a special ability in, an aptitude for – a particular subject, you will get tremendous personal satisfaction from studying that subject.

Secondly, note the subjects in which you are achieving good grades. The Leaving Cert exam is a test of achievement. Grades and points determine entry to higher education. There is little benefit to you in taking a subject which

you find difficult and are unlikely to do well in. Points' potential at higher (H) level is far greater than at ordinary (O) level. For example, H3 is worth 77 points while O3 is worth only 37 points. Study as many of your subjects at higher level as you can cope with.

Thirdly, select subjects you are interested in because you will work harder at those. Of all the variables that determine success at school, at college and in your career, interest is the most critical. It's likely that the subjects that interest you at school will influence your college course choices in two years' time.

Fourthly, be aware of subjects that are required for any particular career interests you may have. Each college has a system of general and specific entry requirements which you must satisfy before you are considered for a place in a particular course. For example, the minimum general entry requirements for UCC are 2H5 and 4H7/O6. A pass in a laboratory science subject in the Leaving Cert exam is a specific entry requirement for a degree course in Nursing.

The task facing you, therefore, is to select a subject grouping that will satisfy the four criteria of Flair (aptitude), Achievement, Interest and Required. It may help you to remember that you need to make a FAIR choice of subjects. Study the information carefully, give careful consideration to your subject choice, think about your course options and the related careers. In the end choose wisely as this is the first step on your path to college.

The column will resume in April to guide candidates into and safely through the State Exams.

Checklist

- Senior cycle students take the LC, LCVP or LCA
- LCVP students also take three Link Modules
- Subject selection at senior cycle is an extremely important issue
- Leaving Cert students normally take seven subjects
- Mathematics, Irish and English are compulsory subjects
- Each college has a system of general and specific entry requirements
- When calculating points, use six subjects from one sitting of the Leaving Cert exam
- You will get satisfaction from studying a subject for which you have a flair
- The Leaving Cert exam is a test of achievement
- Take note of the subjects in which you are achieving good grades
- Points' potential at higher level is far greater than at ordinary level
- Select subjects in which you are interested
- Be aware of subjects that are required for your course interests
- Make a FAIR choice of subjects – Flair, Achievement, Interest, Required
- Politics & Society, Computer Science and Physical Education are new LC subjects

Billy Ryle is a Career Guidance Counsellor and freelance writer

Information Evening for Parents of School Leavers

If you are a parent or guardian of a school leaver next Thursday 1st March is a date for your diary. Kerry's largest provider of full-time further education courses, Kerry College of Further Education, Tralee, is hosting an event that is aimed at informing parents of options available to school leavers outside of CAO. Parents often assist in the decision making process when it comes to choosing the next step in education. With this in mind the

college provides an Information Evening Talk specifically geared towards educating parents about the further education sector.

The focus will be on how the courses at KCFE allow school leavers to access high point third level courses at various Universities and Institutes of Technology throughout the country. As well as that parents will be given all the information they need on the extensive range of quality assured courses which qualify students

to go directly into employment afterwards which is the goal of many school leavers. Guidance Counsellors around the county have been contacted via the Kerry Branch of IGC and informed of the event. "It is important that parents know that their child's future doesn't depend wholly on the Leaving Cert. There are other ways for their son/daughter to get to where they want to be" said Mary Murphy, PRO for the college. The event takes place on Thursday

1st March at the college campus in Clash, Tralee. The talk will commence at 6.30pm sharp. There will also be an Open Day held in the college a week later on Thursday 8th March and all are welcome.

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COURSE LIST 2018

Department of Beauty and Fashion

Level 5:

Beauty Sales Consultant
 Beauty Therapy (year 1)
 Fashion Design

Level 6:

Beauty Therapy (year 2)

Department of Business and Technology

Level 5:

Business Studies
 Computer Games Design and Development
 Criminology with Security Studies
 Health Care Security
 Office Administration with Computer Applications
 Pre-Garda Studies
 Pre-University Law
 Reception and Customer Care
 Retail Selling
 Secretarial Studies – Medical and Legal
 Software Development

Level 6:

Advanced Software Development
 Business Management
 Office Management

Department of Childcare and Education

Level 5:

Childhood Education with Montessori
 Early Childcare Education
 Pre-Teaching and Education Studies
 Pre-University Studies
 Special Needs Assistant / Classroom Assistant

Level 6:

Advanced Disability Studies with Special Needs
 Advanced Montessori and Childcare Management
 Advanced Supervision in Childcare

Department of Construction and Engineering

Level 5:

Building Construction (Pre-Apprenticeship)
 Carpentry and Joinery (Pre-Apprenticeship)
 Engineering Technology
 Furniture Making and Design

Level 6:

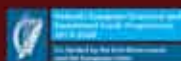
Furniture Making and Restoration
 Mechatronic Engineering



COURSES COMMENCE SEPTEMBER 2018
 Full Time Further Education Programmes for
 Post Leaving Certificate and Mature Students

FURTHER INFORMATION AT KERRYFE.IE
 School leaver? Unemployed? Looking for a career change?
 Are you seeking an alternative access route to third level?
 Are you undecided about what to do at third level?
 Have you left school early and need qualifications?
 Are you preparing for third level education?
 Are you wishing to upskill or retrain?

APPLY ONLINE KERRYFE.IE



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Telephone 066 7121741
info@kerryfe.ie
www.kerryfe.ie

COURSE LIST 2018

Department of Creative Arts

Level 5:

Animation
Art, Craft and Design (Portfolio Preparation Course)
Dance and Performance Studies
Journalism for the Digital Age
Multimedia with Graphic Design
Music and Theatre Studies
Music Performance
Music Technology

Level 6:

Advanced Art, Craft and Design

Department of Humanities and Health Care

Level 5:

Applied Social Studies with Psychology
Carers (Health Care Assistant)
Emergency Services
Nursing Studies
Nursing Studies with Maternity Care Skills
Pharmacy Assistant
Youth Work

Level 6:

Health Care Supervisory Management

Department of Science

Level 5:

Applied Science
Food Nutrition and Science
Veterinary Assisting Studies

Department of Sports and Nutrition

Level 5:

GAA Coaching and Sports Development
Physiotherapy Assistant Studies (year 1)
Sport, Recreation and Exercise
Sports Nutrition
Sports Therapy

Level 6:

Physiotherapy Assistant Studies (year 2)

Department of Tourism and Hospitality

Level 5:

Hotel and Catering
Professional Cookery
Tourism with Business

Level 6:

Advanced Professional Cookery

Students may be eligible for Maintenance Grant
or Back to Education Allowance
FURTHER INFORMATION AT KERRYFE.IE
Applications now being accepted online

Courses will be offered based on
demand and resources; content may be subject to change.



Production: Outlook Ltd. Version: Jan 2018. #4

APPLY ONLINE KERRYFE.IE

RATHMORE /GNEEVEGUILLA

NEWS by Michael O'Mahony

Rathmore eighth Annual St Patrick's Day Parade on Sunday March 11th 2018 at 2pm. Led by this year's Grand Marshall Kerry rose Breda O' Mahony, Best overall float Frank Buckley Mermoral Cup

Best vintage vehicle

Best commercial float Best organisation / group

Best window display

Best dressed buggy /pram

Best Agricultural Float

Best dressed pet

All Floats welcome

Street Entertainment

Children face painting

Live music by Tri Cheile band before parade at 1pm. Beside community centre & after parade

Further information contact 08766761817.

No street Traders please

Sponsored by Kerry County Council

NEWS FROM CLLR.JOHN SHEEHAN MAYOR OF KERRY

Cllr. John Sheahan is delighted to announce that East Kerry is to receive a new water supply from the Loughguittane Reservoir. This will surely put an end to the "foul tasting water" suffered by persons living in Rathbeg Rathmore. This is very welcome news and a big saving for families having to resort to buying bottled water.

Kerry County Council will erect two speed reader signs at Meentogues Primary School. €6,500 has been allocated from Cllr. John Sheahan's Councillor allocation. The health & safety of our children is paramount & hopefully with the new signs we'll see a reduction of speed in the vicinity of the School.

€1.35 million has been allocated to the cost of resurfacing the N72 between the two Rathmores and €360,000 is to be spent on Barraduff West

IRISH HEART FOUNDATION

The Irish Heart foundation would like to thank, most sincerely, the parishioners of Rathmore for the generosity they showed during their 2017 Church Gate collection. The total amount collected was €725. Ted & Joan Collins wish to acknowledge and thank all those who supported their annual walk in Muckross and Dance afterwards in Gneeveguilla Community Centre which took place in October 2017 in aid of the Alzheimers Society of Ireland. The total amount raised was €5089.30

IRD DUHALLOW will run a 6 Week Course on How To Grow Your Own Fruit & Vegetables in Tureencahill Community Centre Starting 6th March

10.30am - 12.30. Contact IRD DUHALLOW @ 029 60633 to book your place.

DANU CHILDCARE. PARENT & TODDLER GROUP

will be held in Teach Fáilte on Monday 5th March at 10.30am €2. All welcome. For more information contact Danú Childcare on 064 7758700.

EAST KERRY FINAL of Scór na bPáistí is on this



TWO OLD PALS EDDIE "TATLER" O'SULLIVAN AND JIM O'CONNELL, WHO BOTH RECEIVED LIFETIME ACHIEVEMENT AWARDS AT THE DR. CROKES AWARD NIGHT WHICH WAS HELD LAST WEEKEND.

Saturday February 24 in Castleisland hall (Scoil Muire Gan Sma) at 11.30am.

SLIABH LUACHRA COMHALTAS

Congratulations to Mark O Leary who was placed 2nd in the U14 Irish singing competition recently at Munster Ceol an Gheimhridh. The competition was held in Dromcollogher Co Limerick.

SULT NA NÓG

We wish Brian, Ciara and Aoife Murphy the best of luck in the music competitions at Sult na nÓg on Saturday 3rd March. This competition is a novice competition and takes place in IT Tralee.

RECENT COLLECTIONS: Diocesan Lourdes Helpers Collection collected from all four Churches last weekend amounted to €1565. We wish to thank Julieanne O'Sullivan who spoke at Masses recently in the parish. Julieanne will be going as helper to Lourdes again this year. Thank you to all for your generous support.

KNOCKNAGREE LADIES FOOTBALL

Congrats to our Clubs U14 and 16 trainer and Committee Member Denis Ring on being presented with the Inaugural National LGFA Youth Volunteer of the Year Award in Croke Park this evening. Cork Lgfa Cork Ladies Football Munster Ladies Gaelic Football Ladies

MAYOR'S CHARITY SHINDIG

Cllr Niall Kelleher Mayor of Killarney will hold a fundraiser. All funds raised will go to Kerry parents & Friends Buy A Bus Campaign & Rathmore social Action Group and after dinner entertainment by Oliver Callan, Music by The Kelts INEC Killarney Sunday 18th March 2018 Tickets £65 each Table of 10 €600 DRESS Lounge suit commencing at 7.30pm. Tickets available from Town Hall, Killarney Chamber of Tourism & Commerce & Mayor's office Fairhill Business centre. Also available from both charities.

KNOCKNAGREE ST PATRICK DAY PARADE

Any groups or organisations who would like to take part in Knocknagree's St Patrick's day parade contact 0851611878 or 0876399874.

NOTES

If you would like to add to the notes, please email Michael O'Mahony (momahony14@

gmail.com) or ring or text 087-6676817. Before 6pm. Sunday,

FOSSA NOTES

LOTTO

Numbers drawn were 2, 10, 20, 21. There was no jackpot winner and the consolation winners were Paudie Sweeney, Tomies, Eileen Weldon, Barleymount East, Colm Dineen, Causeway, Joan O'Leary, 83 Woodlawn Park and Sean Myers, Barleymount East. Next weeks jackpot will be €3,300.

RAMBLING HOUSE

Fossa/Two Mile Comhaltas will hold their annual Rambling House on Saturday 10th March at 8.30pm in the Innisfallen Hotel, Fossa. A great night of music, song, dance and story telling. All Welcome.

ZUMBA CLASSES

Zumba classes continue in Fossa Community Centre every Tuesday from 7-8pm, all welcome.

COFFEE MORNING

On 24th March, Norma Talbot and Alison Coffey will set off on a cycle from Paris to Lourdes, a distance of approx 800km, which will be in aid of the Irish Pilgrimage Trust. In order to raise much needed funds for this charity who bring children with disabilities to Lourdes, they will hold a coffee morning in The 19th Green guesthouse this coming Saturday, 24th February from 10 to 12.30pm, all support greatly appreciated.

BEAUFORT NOTES

SPRING TIME AT THE RAMBLING HOUSE.

Beaufort Pioneer Council wish to express their most sincere thanks to everyone who supported the Rambling House session which was a tremendous success.

SPA NOTES

ALL IRELAND CHAMPIONS

Spa Set Dancers brought the only All Ireland medal back to Kerry. They defended their title in the Cultural side of the GAA. Uachtaran Aogán

Ó Fearghail in his last week as President of the GAA congratulated all the young competitors in this competition. Thanks to coaches Triona and Mairead Mangan our club was successful in retaining our title in Sligo. They have 23 All Ireland Scór medals between them in Set and Figure dancing. They have passed on their expertise to the next generation and we are deeply indebted to them. Club Scór officer Eileen Aherne organised a brilliant weekend for the dancers and supporters. Our club is 100% behind the cultural side of the club with seven titles in various disciplines in five years. Club Chairman Michael Cronin presented the dance troupe with a commemorative hoodie, a token for the competitors and provided a bus for the supporters which was greatly appreciated. The bonfires were lit and a large group gathered in the clubhouse to welcome home the All Ireland 2 in a row winners. Some of the team won back to back titles, three picked up their third All Ireland medal while two of the dancers won their first title.

Team: Liam Spillane, Erin Holland, Orlaith Spillane, Eoghan Mulvaney, Gary O Sullivan, Siona Moynihan, Cian O Sullivan and Meghann Cronin.

SCÓR NA BPAISTÍ

East Kerry final takes place in Scoil Muire Gan Smal, Castleisland on Sat 24th Feb at 11.30am. Best of luck to our competitors.

Set : Colm O Connor, Darragh Brosnan, Diarmuid O Donovan, Oisín O Sullivan, Jess O Sullivan, Ciara O Donoghue, Síofra Brosnan and Aíne O Sullivan.

Sean Nos : Maurice Joy

Solo Singing : Valerie O Sullivan

Recitation : Lauren O Sullivan

Scór Sinsear : Kerry Co. final takes place also in Scoil Muire Gan Smal, Castleisland on Sat 24th Feb. Tráth na gCeist is scheduled for 4.00pm with rest of the program to follow at 6.00pm.

Best of luck to our Tráth na gCeist team of John O Donoghue, Jimmy O Sullivan D'Arcy, Thomas Fleming and Michael Aherne.

EAST KERRY SUPER LEAGUE

Spa 4-15 Scartaglen 2-7

Spa took on Scartaglen under floodlights at home on Friday night. The boys in blue took a commanding lead in the first half bolstered by goals from Conor Stack John Falvey and David Spillane, as well as an imperious display of passing and point scoring by Mike Stam O Donoghue. However the Scartaglen boys backboned by the veterans Mike Coakley and Padraig Reidy started brightly in the second half scoring 2.3 in quick succession. However Spa aided by another well taken goal by Mikey Moynihan to increase the scoreline.

UPCOMING FIXTURES

East Kerry Superleague (back game): Spa v Kenmare in Spa on Sunday February 25th at 11am

Minor Co League: Spa v Beaufort in Spa on Saturday February 24th at 4pm

COISTE NA NOG

ABC and our Saturday academy will commence indoors on March 3rd. The ABC and U6s will start at 10am and U8 will start @11am. Our coaches are garda vetted in compliance with GAA guidelines. Our top class facilities ensures

all year round training with indoor hall, All weather Flood lit pitch and three playing fields. U6 are free and we welcome all new members.

REGISTRATION

Is ongoing at the club. Members can register online via <http://www.spagaa.com> or the registrars are in Spa from 7.30-8.30pm every Friday night. We will also have an open day for registrations on Sunday March 4th from 12-2pm for members to meet the coaches and view the facilities. Registration open to everyone living within Killarney parish. Please note the club will NOT be accepting any membership after March 31st. Contact 0876332773 for any queries

HANDBALL

Meeting at Spa Clubhouse next Thursday night February 22nd at 8pm for anyone interested in handball. Everyone welcome to come along!

CONGRATULATIONS

To Dan O Donoghue and Evan Cronin in winning the All Ireland College Trench Cup with Mary Immaculate College, Limerick against Waterford IT in Dublin.

SPORTS SCHOLARSHIP PROGRAMME

IT Tralee is now accepting applications for their Sports Scholarship Programme for the academic year 2018/2019. The closing date for application is March 2nd. c/o Eamon Fitzgerald

GAA Games Development Officer, IT Tralee 066 7145642

REFEREE COURSE

Killarney March 23rd and 30th Venue to be decided 8pm

The course is for 2 nights, with some work to be done online. We will bring the referees back in for another night once they have officiated a few games. The course will last for 1 and a half hours each night and you must attend both nights. Please contact Deirdre, club secretary if interested.

KILCUMMIN NEWS

KILCUMMIN NATIONAL SCHOOL FUNDRAISER

Kilcummin National School Finance Steering Committee are hosting a coffee morning this Sunday 25th Feb after 11.15am mass in the Recreational Hall, to launch our upcoming Fashion Show on April 19th in the Great Southern Hotel, to fundraise for our School/Community Hall, which will be open for viewing to the general public on the morning. All welcome.

JUNIOR SET DANCING

There will be no set dancing classes this Friday 23rd February. Classes will resume on Friday 2nd March.

LIFE COACHING AND PERSONAL DEVELOPMENT COURSE.

Are you unemployed and looking for direction? If so come and join us for a FREE course!

Starts Wednesday 21st February for 11 weeks - 10am to 12pm at Nagle Rice Community Centre, Milltown. Please call either Mairead on 087 9631935 or Marguerite on 066 9767833/086 0580019 to find out more and reserve a place.

ILLEGAL DUMPING

To report any illegal dumping please contact the Environmental Department 'litter complaints hotline' on 1800 326228 or you can download the app 'See it? Say it' free to your phone and this will allow you to instantly send a report to the relevant authorities.

COOLICK PRE-SCHOOL

Due to high demand Coolick Pre-School intend to run an afternoon sessional service and are presently taking names. Please contact Ciara on 087 - 1181993 for more information.

CE VACANCIES

Vacancies presently exist on the Kilcummin Rural Dev. C.E. Scheme for the positions of Maintenance/Caretaker and Office Administrator. These positions are a development opportunity and no experience is necessary. Accredited training will be provided to support your career. Please contact your Local Dep. of Social Protection Intreo Office to check your eligibility. To apply, please forward your CV for the attention of the Supervisor to Rural Dev. Office by post or email john@kilcumminparish.com. contact John 086-1579381.



COMHALTAS SYMPATHY

Kilcummin Comhaltas Branch would like to offer our sincere sympathy to Anne Courtney and family, Rockfield, Faha on the recent passing of a dear husband and father Denis Courtney. Denis was a great promoter of Comhaltas both within his own Branch of Milltown Listry and at County level where he held the position of Chairman for five years. As well as being sadly missed by his family Denis will also be much missed by his many friends both young and old within the Comhaltas family.

KILCUMMIN GAA CHILD WELFARE

A child welfare course will take place on 27th February from 7-9pm. It is mandatory for all Officers, Mentors, parents involved at any level of all club activities to attend.

CLUB REGISTRATION

Will take place on this Friday 23rd from 7-9 p.m.

SENIOR FOOTBALL EAST KERRY LEAGUE

Kilcummin played a strong Legion team in Direen last Sunday and acquitted themselves well despite losing by six points. Encouraging performances from many of the players gives management team of Willie Maher, Daniel O'Leary and Kieran Fleming hope for the year ahead. Team Kieran Fleming, Sean Brosnan, Daniel Moynihan, Jamie O'Donoghue, Mikey O'Shea, Philip Casey, William Maher, Donal Maher, Kieran Murphy, Padraigh Nagle, John McCarthy, Noel Duggan, Tomas O'Connor, Damien O'Leary, Ian Devane, Kelvin Teahan. Next outing this Saturday at 4 pm in Kilcummin against Rathmore.

OSKARS NIGHT

The launch took place last Sunday evening in conjunction with Glenflesk GAA club in the clubhouse. A large crowd attended and in a welter of excitement and anticipation they received their roles in the seven movies to be screened in March in the INEC. As this is a major once off event be sure to keep up to date with happenings and pencil in Thursday March 29th in your diary.

MASTERGEEHA FC LOTTO

There was no winner on Friday 16th February, 2018. Numbers drawn were 4, 8, 15, 18. Consolation prizes were €100 Noel Lucey, Aghadoe, Killarney. €30 Noreen O'Sullivan/Ger Brosnan, Farranfore. €30 David Sheehan, 2 Forge Lane, Barraduff. €30 Joanne Looney, Mastergeeha, Kilcummin. Jackpot now €4,400.

GLENFLESK NOTES

GLENFLESK SENIORS

Our Senior team continued their good early season form with a 9 point win over Listry on Sunday last. Although Listry were the better team for large parts of the game our forwards were clinical when presented with opportunities and goals from Darragh Roche, Ian Roche and Shane Courtney proved the difference.

Next up is a home fixture with Currow next weekend with the fixture yet to be confirmed.

GLENFLESK MINORS

Our Minors began their season with a good win over Ballymac on Saturday last. Next up is an away fixture against Fossa next Saturday February 24th at 4pm.

GLENFLESK LOTTO:

No winner of the lotto which took place in the Kerry Way on 12/02/18

Jackpot - €5,000, Numbers were 1, 13, 17, 27

1. Paul Sherry Brewsterfield (Yearly ticket)

2. Luke Quill Collage St.

(sellers prize) MI. O Donoghue.

3. Kitty Foley Firies c/o Eamonn Bowler

4. Con Murphy Shronedraugh

5. Hannah and Mia Reen c/o Spillanes

The next draw will take place in John Dans on Monday 26th. February and the Jackpot is €5200.

OPERATION

GLENFLESK

The GAA in partnership with RTE's Operation Transformation is seeking to bring together Communities across the 32 County's to enjoy healthy walks in the Safe bright environs of there GAA Club. In a bid to make exercise more

TRANSFORMATION

accessible on the dark winter nights, Ireland lights up will see participating clubs turn on there lights between 7 and 8pm each Monday for a six week period (22nd of January-26th of February). Our Club Glenflesk is delighted to be one of the 100 participating clubs, we are asking everyone in the parish young and old to join us. You will be welcomed each week by Derry Healy and Dermot Kelly who are leading the initiative. LETS LIGHT UP GLENFLESK TOGETHER

RAHEEN N.S.

Enrolment forms for year 2018/2019 are now available in the school 0647754447 or on our website www.raheenns.com. Congratulations to Mary Galvin who had the winning lotto no. 4 on Saturday the 17th of February and to Florry O'Donoghue who had no.45 on Saturday the 10th

BARRADUFF N.S.

Barraduff NS is now taking enrolments for new Junior Infants for September 2018.

Application forms for enrolment of new entrants are available from the school. Closing Date is 23rd March 2018. Contact Telephone No: (064) 7754478 email: Barraduff.ias@eircom.net.

SCOR NA NOG

Scór Sinsear

The Co Final of Senior Scór will be held in mid February. Any member of Glenflesk GAA, aged 17 or over, who would like to take part, should contact the Scór Officer, Rosie, as soon as possible at 087 2072512.

SCÓR NA BPÁISTÍ

The East Kerry round of Scór na bPáistí venue for Scór na bPáistí has been changed to the Primary School in Castleisland at 11.30 on Saturday 24th. . Any primary school children, who are members of Glenflesk GAA, who would like to take part in any of the competitions, are asked to forward their names to the Scór Officer, Rosie, as soon as possible at 0872072512 to finalise entries for the Club.

CONTACT: We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.



PICTURED RECEIVING FIRST PRIZE IN THE PRIMARY SCHOOL CATEGORY FOR THE NATIONAL DONAL WALSH LIVE LIFE FILM COMPETITION IN THE BRANDON HOTEL TRALEE WED ARE 5TH AND 6TH CLASSES FROM LOUGHQUITTANE NATIONAL SCHOOL, KILLARNEY WITH THEIR TEACHER JOHN O'DONOGHUE RIGHT. THEY ARE ACCOMPANIED BY KERRY FOOTBALLER AIDAN O'MAHONEY, RTE'S TERESA MANNION.

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"Losing weight is a mind game! Change your mind, change your body"



If you can get your head into the right frame of mind to get healthy and exercise, then the weight loss and results will flow effortlessly. Think of it like training the brain before you train the body. I have found this the best way to get lasting results. Someone who is in the right mind set will have less slip ups and less excuses equalling better results.

So if you are struggling don't focus on the physical side of things this week dig deeper into the emotional stuff.

Stress & all those negative thought's and busy busy mind are what will make you over eat, under eat, or just make silly excuses why not to exercise. If you keep telling yourself you will "never loose weight" or you "always fail" or that you "are lazy", then your body will respond to what the mind is telling it and do just that!!! So start thinking and saying positive affirmations to yourself & watch what happens!

Stress will hold onto fat too believe it or not so you may be eating healthy and exercising but stressed off you friggging mind & getting even more fed up because a pound isn't shifting! If this is you? You need to go on a Stress free Bootcamp plan this week

- Workout the things that stress you
- name them and write them down
- then make a strategy or plan of action of how to tackle each stressor. Think if it was a friend what tools or words of advice would you give them?
- Then list the steps you need to make to start removing the stresspr and keep them simple and easy to follow.
- Then get to work :)

Just like planning your meals and prepping like a boss you need to do the same now with the emotional diet this week.

And if you are struggling with that "digging deep" stuff yourself don't be afraid to reach out or ask for help!!!!

MORE TIPS NEXT WEEK...

FITNESS WITH EDELE **087-7643449**

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**THE ALL-IRELAND
DANCING CHAMPIONSHIPS**

By Nicky Barry

Even with their heads stuck, in their fancy phones,
Young ones in Killarney, are tipping out their toes.
They're practising their foot-steps, for the big jamboree,
Of the All-Ireland Championships, in the INEC.

All weekend they're arriving, with their fake tan and wigs,
And outfits that cost a fortune, for their reels and jigs.
Mammies provide the back-up, carrying anoraks and flagons,
Of Kerry Spring Water, to sustain them when they're flagging.

I watch them all when eating, and underneath each table,
They're beating rhythms on the floor, as fast as they are able.
I suspect that on the toilet bowl, they're tapping out their steps,
For they say practice makes perfect, and every tip-tap helps.

Daddies are there to drive the cars, and get them to the hall,
With loads of time to spare, before their names are called.
Then there comes the warm-up,
Where dance teachers look sharp.

Supervising hops and skips, with keen eyes like a hawk,
These sessions commence with the dawn, and go on till late,
With anxious parents watching, their sons' and daughters' fate.

The drama goes on for a week, of heartbreak and glory,
And next year they'll be back again, it's a never-ending story.



Picture: Valerie O'Sullivan

TAX MATTERS

With O'Brien Coffey MacSweeney
Accountants & Statutory Auditors

EMPLOYER END OF YEAR RETURN (P35)

You must make an end of year return for every person employed at any time during the year. End of year returns must be submitted even if no tax or Universal Social Charge (USC) was deducted from an employee.

If you are registered for Revenue Online Service (ROS) you can file your P35 return electronically.

Form P35 - This is your annual declaration and certificate for Pay As You Earn (PAYE), Pay Related Social Insurance (PRSI), Universal Social Charge (USC) and Local Property Tax (LPT) for each employee.

Form P35L - This is the form on which you record PAYE, PRSI, USC and LPT details for each employee.

P35L/T - This is the form on which you record PAYE, PRSI and USC details for any employee who does not have a Personal Public Service Number (PPSN).

Form P35LF - This is the form you use to record taxable benefits.

The deadline for filing your P35 return is 23 February if you file online using ROS.

A P60 template is available on the ROS online and offline application, and through Payroll Software providers. You should not give a P60 to an employee who was not in employment on 31 December.

If an employee was in employment and ceased that employment on 31 December you should give them a form P45 and a form P60.

**O'BRIEN
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ACCOUNTANTS & STATUTORY AUDITORS

To discuss the above, or any other financial matter
with one of our advisors contact 064 6632045 or
info@obcm.ie

KILLARNEY GOLF CLUB - MENS

Club President Jack Buckley is presently putting the finishing touches to a fabulous trip to South Africa in October next, Jack has still got a few places available and should any of our Membership express an interest in getting more information about this trip which Jack originally outlined to us all at the Club AGM in November last, they can get it by contacting Jack via the Club reception.

The recent very extensive Clubhouse improvements which have been carried out by the Club Council, and in particular Council Chairman Mike Daly with assistance from Club employee Mike O'Keeffe and the Ladies Committee have been very favourably commented on, and those improvements have totally upgraded the appearance of the Clubhouse. They will make for a much more enjoyable and comfortable experience for both Members and Visitors alike.

We would also like to pass on our congratulations to our Club Member Jimmy Kelly from Tralee who was a contestant on last weekend's version of the Winning Streak T.V. programme.

The Competition on Sunday last was a singles stableford competition on Mahony's Point, it was a Club sponsored competition and was a fundraiser for our Men's Club Choir, the Competition was played in very good conditions and the scoring was exceptional given the recent and prolonged period of bad weather. The condition of the course was excellent given that bad weather and Enda Murphy and his staff are to be commended for such, which goes to show our resilient our Mahony's Point course is. The winner with the incredible score of 43 points and playing off of 5 handicap was Gerard Hogan, who went around in 2 under par Gross, Gerard deserves our heartiest congratulations for his superb win in the Competition.

Full results are as follows, 1st Gerard Hogan(5) 43 Pts, 2nd Conor Clancy(7) 41 Pts. 3rd Mark Tuite(5)

39 Pts. 4th Pat Chawke(9) 39 Pts. 5th Donal Considine(3) 39 Pts. Cat.1 Michael Maher(6) 38 Pts.

Cat.2 Jonathan Casey(10) 35 Pts. Cat.3 John Hickey(13) 38 Pts. Cat.4 Jack Buckley(19), (Club President)

35 Pts. Standard Scratch 35 Pts.



AT THE PRESENTATION OF PRIZES FOR THE FRANK DORAN SAFEGUARD SECURITY SPONSORED COMPETITION AT THE ROSS GC WERE:-
(L TO R) FRANK DORAN - SPONSOR, SEAN MOYNIHAN, ALAN FLYNN - CAPTAIN, LEO CASEY AND SEAN WALSH.

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FIXTURE

On Sunday Feb 25th our President, Terence Mulcahy and Captains Alan Flynn and Mary McCarrick will hold their Drive - in at 10.00 am.

This will be followed by a mixed scramble, the entry sheet is now available and all participants must be at the Clubhouse at 9.30 am.

The scramble will be followed by the presentation of prizes in the clubhouse which are kindly sponsored by the Prize Bond Company.

17th/18th March – Easter Egg Competition – Sponsored by Kerry Petroleum.

30th March – Club Fundraiser Sponsored by Great Southern Hotel, Killarney – 4 Ball Betterball (Any Combination) – Entry Fee €25 per person – Timesheet now open.

DEERPARK PITCH & PUTT CLUB NEWS

Sunday Singles: Overall Nett: Noel Moynihan 40, Overall Gross: John McGrath 44, Second Nett: Robbie O'Brien Jnr 42 (B9) and Ladies Nett: Betty O'Brien 44. Following this weekend's draws we wish to inform anyone interested in playing club competitions from March 1st onwards that they must be a registered member in order to do so.

Membership: Will continue to be collected this weekend prior to the Sunday morning competition. Alternatively you can arrange same by contacting either Sean (086 0508686) or Colm (087 7673742).

Johnny Kelly Scramble: Will place on Sunday morning March 25th. Further details in the weeks ahead. While full fixtures are still to be finalised we want to make everyone aware that the Ricky Kelly Memorial will take on the weekend of July 15th this year with the Danny Nolan Memorial two weeks earlier on Friday night June 29th

RESULTS – BEAUFORT GOLF CLUB (MEN'S SECTION)

3rd/4th February – Rd 1 Spring League (11 hole Stableford) sponsored by Cahillane Butchers, Killorglin

Winner: Jim O'Leary (10) 22 pts

FIXTURES

4th March – Captains Drive-In – Meet at Clubhouse at 10.30am – Drive-In at 11am followed by Scramble.

24th/25th February – Round 2 Spring League Sponsored by Cahillane Butchers – 11 hole Stableford (yellow tees)

10th/11th March – Round 3 Spring League Sponsored by Cahillane Butchers – 11 hole Stableford (yellow tees)





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- Fun Day
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VITHIT SCHOOLBOY/GIRL SOCCER

CUP JOY THE BIG NEWS FROM THIS WEEKEND NATIONAL CUP LAST 16

14's Park3-3 Kells Blackwater AET

Park won 7-6 on penalties

Cherry Orchard 4-1 Killorglin

15's Camp Juniors 3-2 Douglas Hall AET

Girls National Cup 16's Last 8

Listowel Celtic 5- Park (Ennis)

Kerry Cup's First Round:

John Murphy 12's Cup Round 1:

Killarney Celtic A 3-0 Mastergeeha A

Iveragh United 7-1 Killarney Athletic B

LB Rovers 6-3 MEK

Killarney Celtic B 5-3 Killorglin C

Tralee Dynamos B 1-5 Killorglin B

Killarney Athletic C 3-1 Park D

Tom Hayes 14's Cup Round 1:

Killarney Athletic A 2-3 Killarney Celtic A AET

Killorglin B 2-7 Ballyhar

Tucker Kelly 16's Cup Round 1:

Mastgergeeha 1-6 Rattoo Rovers

Killarney Athletic 4-0 Killorglin

League Fixtures:

Daly's Supervalu 13 Division

Killarney Celtic B 1-6 Listowel Celtic

Killarney Plaza 15 Division 1

Ballyhar 3-3 Tralee Dynamos

Subway 12's Inter League:

Kerry 2-4 Limerick Desmond

SKECHERS NATIONAL CUP ON THE DOUBLE

To reach the Last of the Skechers National Cup is a great achievement as over 200 clubs take part in each age group. Saturday was a very proud day for the League with The Park 14's and Camp Juniors 15's qualifying for the Quarter Final draws.

Park prevails on penalties: This St Brendan's Park team could have been forgiven for not looking forward to this penalty shoot-out in the National Cup win over Kells Blackwater. Spot kicks have not been kind to them in the past but Saturday was their day and after a nail biting finale they are through to the Last 8 of the 14's National Cup.

They certainly did it the hard way as they had to come from behind three times to take the game to penalties. The Park created the best of the early chances but the visitors were well in the game and never left the Tralee side settle on the ball.

Kells had the wind in the first half and played with a tall centre forward but the Park defence stood firm and the game was scoreless at half time. But that soon changed. Kells took the lead early in the half but their lead only last three minutes. Kieran O'Connor levelled with a cracking free kick from distance. The visitors went back in front after 18 minutes but the Park boys again raised their game and got the equaliser they deserved, even if it was late on! Colin Doody's pinpoint corner was met by the head of Cianan Cooney to send the game into extra time.

Again in extra time Kells went ahead just before the break but buoyed on by a big home support the Park came again and Messiah Chirwa and

Doody combined to set up Cillian Cooney who showed coolness beyond his year to place an unstoppable shot past the visiting keeper. And so onto the penalties – 10 brave Park players stood up to the challenge scoring 7 and with Liam Carmody saving 2 it was St Brendan's Park that was celebrating on and off the field at the end of a titanic struggle.

KILLORGLIN GO OUT

While Killorglin will be disappointed to go out 4-1 away to Cherry Orchard they should be proud of their display against one of the countries biggest clubs and of their run in this competition. Jason O'Connor got the goal for Killorglin. Camp Juniors send the Hall home heartbroken: The journey into the unknown for the Camp Juniors 15's continues as Cork's hot shots Douglas Hall became the latest side to fall. Played before a huge Camp crowd at Mounthawk Park it went all the way to extra time before the local side progressed 3-2 and into the Last 8 of the Skechers National Cup, a huge achievement for the club.

In a sign that homework pays dividends a YouTube video was the inspiration for Camps amazing opener. From the kick off Caolan O'Connell caught the opposition keeper off his line and the home side were 1 up.

But mid-way through the half Douglas Hall were level. Camp were denied what they thought was a free kick and were caught short at the back and the visitors equalised to leave the sides level at the break. And things got better for the Cork side 10 minutes into the second half as they went ahead from a close in header. But this Camp side fear no one and set about getting back into the game. After a number of good passages of play they got their just deserts. Caolan O'Connells rasping effort was parried by the keeper and Maurice O'Connell was quickest to react to send the game into extra time.

And the same player wrote himself into the Camp Juniors record books as he powered home the winner with a header 5 minutes into extra time following a well worked Camp corner.

LISTOWEL CELTIC REACHES FAI WOMEN'S U16 CUP LAST 4:

The good news in the National Cups continued on Sunday when Listowel Celtic's 16's girls progressed to the semi-finals. They defeated Park from Ennis 5-3 in a roller coaster of a game. Aoife Horgan, who has just been named on the Irish u15 squad, put the home side 2-0. However the Park hit back with 3 goals of their own to take the lead.

However they could not handle Aoife and she hit another two to put Listowel Celtic back in control and Cliona Pierse wrapped up the win with the 5th.

KERRY CUP'S GET UNDERWAY

While the rain played havoc with the first rounds of the Cups a number of ties in the even ages did take place.

John Murphy Cup 1st Round: Killarney Celtic are through to the second round thanks to a 3-0 win over Mastergeeha with the goals coming from Jason O'Reilly, Josh Bowler and the third being an own goal. Also into the

hat are LB Rovers as they overcame MEK 6-3. Patrick Walsh hit three for the winners which were added to by goal from Michael Houlihan, TJ O'Sullivan and Leigh Meehan. Sean O'Brien, Tadgh Gosney and Aaron Dinham replied for LB Rovers.

Goals from Killarney Celtic B's Eamon Guiney, Kieran Boyne, Jack Tagney 2 and Lucas Sowerby saw them get past Killorglin C 5-3. There was better news for Killorglin B as they progressed 5-1 over Tralee Dynamos B for whom Mohammed scored. For the victors Jack McGrath and Darragh Clifford both scored 2 each with Cian O'Brien getting the 5th. Iveragh United were too strong for Killarney Athletic B and are through thanks to goals from Evan O'Sullivan, Fintan O'Sullivan, Finn Barrett, Tadgh O'Sullivan, Thomas O'Sullivan and David Kennedy.

Killarney Celtic C are also in the John Murphy 12's Round 2 hat thanks to two goals from Liam Hennigan and one from Luke Doolan in a 3-1 win over Park D.

Tom Hayse 14's Cup Round 1: Ballyhar and Killarney Celtic are the first sides into Round 2 of the Tom Hayes 14's Cup thanks to wins over Killorglin B and Killarney Athletic A.

Ballyhar's goals came from Stephen Palmer3, Luke Ring 2, Colm O'Shea and James Horgan as they were 7-2 winners over Killorglin B. The Killarney derby was a cracker in Woodlawn. Hugh O'Malley gave Athletic the lead after 20 minutes and they kept the lead to half time.

Mike McCarthy equalised for Celtic 10 minutes into the second half but Athletic were in front again 10 minutes later through Sean Dineen. As time was running out Luke Crowley and Ryan O'Leary set up McCarthy for his second at it was all tied up at 2-2.

Into the second period of extra time and a Luke Crowley corner put Celtic ahead for the first time in the game and they held out for the win but needed three big saves from Jack O'Donoghue to keep Athletic from forcing penalties.

TUCKER KELLY 16'S ROUND 1

Rattoo Rovers were winner at Kilbrean Park as they progressed past the home side 6-1. The Rattoo Rovers goals came from Reece Doyle 2, Mikey Kelliher, Padraig Sullivan, Nathan McGrath and Darragh Quinlan. Paudie Murphy had made it 1-1 ten minutes before the break when he scored for Mastergeeha. It could have been a different story if Rovers Shane O'Sullivan had not pulled off two great saves when the game was tied at 1-1.

Killarney Athletic saw off Killorglin win 4-0 thanks to goals from Eoin Benson who got 2 and 1 each from Eoghan O'Sullivan and Lawrence O'Donoghue.

ONLY A FEW GAMES IN THE LEAGUE

In the Moriarty's Centra 11's Dingle Bay and Fenit met in a number of games in the Tralee Sports Complex All Weather. The West Kerry side were slightly the better on the day.

Listowel Celtic made it 8 wins from 8 in the Daly's Supervalu 13's Division 1 as they saw off Killarney Celtic B under lights at Celtic Park on Friday night. Shane O'Sullivan hit a hat trick Cormac Dillon got 2 and James Wong the last goal while Fionn Noctor replied for Killarney



BALLYHAR DYNAMOS U15 TEAM, CURRENTLY TOP OF DIVISION ONE, WITH JERSEY SPONSOR MARTIN KELLY.

Celtic B.

Ballyhar dropped their first points in the Killarney Plaza 15's Division 1 as their closest rivals Tralee Dynamos held them to a 3-3 draw that keeps the race for the title very much alive. Peter Cosgrave got 2 and Ethan Campbell 1 for Ballyhar with Danny Burke 2 and Sean Dillane getting the Dynamos goals.

Subway 12's Inter League: In the Subway 12's Inter league Kerry went down 4-2 to the Desmond League with their goals coming from Stevie Gannon and Andrew Owens.

LAST SATURDAY IN FEBRUARY 2018 VITHIT FIXTURES

SKECHERS NATIONAL CUP 13'S LAST 16

Killorglin – Hannover Harps 1.30 Dragons Den
Kerry Cup's Round 1

John Murphy 12's Cup

Ballyhar A – Mastergeeha B 10.30

Camp Juniors A – Listowel Celtic A 10.30

Ballyhar B – Castleisland A 11.45

Listowel Celtic B – Dingle Bay Rovers 12

Killorglin D – Park C 12

John Joe Naughton 13's

Listowel Celtic – Park B 10.30

Park A – Killarney Celtic C 11

Iveragh United A – Mastergeeha B 11

Killarney Athletic A – Tralee Dynamos 11

Inter Kenmare A – Park C 1pm

Mastergeeha A – Camp Juniors A 2.30

Tom Hayes 14's Cup:

Castleisland – Listowel Celtic 11

MEK – Inter Kenmare 11.30

Healy Family 15's Cup

Killorglin A – Ballyhar 10.30

Tralee Dynamos – Park B 11.30

Listowel Celtic A – Dingle Bay Rovers 1.30

Tucker Kelly 16's Cup

Inter Kenmare – Park B 11

Killarney Celtic – Listowel Celtic 11

Camp Juniors – Ballyhar 12

Iveragh United – Fenit 12.30

Castleisland – Dingle Bay Rovers 1pm

League:

JK Sports Premier

Killarney Athletic – Park 12.30

Quills Woollen Mills 14 Division 2

Fenit – LB Rovers 4.30

Fixtures for Moriarty's Centra 11's to be circulated.

KILLARNEY ATHLETIC A.F.C. NOTES

300 CLUB MEMBER

Double draw for 300 club will take place this Saturday at 9.00pm in Scott's Hotel. Tickets still available and anyone with outstanding entries please contact Michael O'Shea on 087-2226185. Thanking you all for your support.

Congratulations to our own Owen Benson on being selected for the Kerry District League Under 17 Airtricity League squad 2018. Well done and Best Wishes.

FIXTURES 24th February 2018

Under 12 Premier Cup

Killarney Athletic v Park 12.30pm

Under 13 John Joe Naughton Cup

Killarney Athletic A v Tralee Dynamos 11.00am

Under 17 League

Killarney Athletic v Mastergeeha FC 2.00pm

Senior Fixtures

Sunday 25th February 2018

Denny Premier A

Fenit Samphires v Killarney Athletic 11.30am

Results

Senior A

Killarney Athletic 4 Mastergeeha 1. Shane

Lynch scored a hat trick and Cillian O'Regan scored 1.

RESULTS

Kerry SchoolBoys/Girls

Under 14 Tom Hayes Cup

Killarney Athletic A 2 Killarney Celtic A 3. After extra time

Hugh O'Malley and Sean Dineen scoring for Athletic

Under 16 Tucker Kelly Cup

Killarney Athletic 4 Killorglin 0

Eoin Benson scoring 2 and 1 goal each from

Eoghan O'Sullivan and Lawrence O'Donoghue

Killarney Athletic Website: Please check the

website on www.killarneyathletic.com or

Facebook for match reports, club information

and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

KILLARNEY CELTIC NEWS

Munster Junior Cup, Waterford Crystal

1, Killarney Celtic 2. AET

Our A team have made the last 8 of the Munster Junior Cup after victory last Saturday in Waterford. Danny Roche gave us the lead in the 26th min but Waterford Crystal fought back to level the game and send it into extra time where Stephen McCarthy was the hero of the day to put us into the quarter final.

U14 Cup, Killarney Athletic 2, Killarney Celtic 3. AET

A double from Mike McCarthy ensured that the 14s were level at normal time in a pulsating cup tie played in difficult conditions. In extra time a Luke Crowley corner which went all the way to the net gave Celtic the lead. Super saves from Jack O'Donoghue and an offside decision which went our way kept the lead intact and put Celtic in the next round.

U13 Div 1, Killarney Celtic B 1, Listowel Celtic 6.

U12 Cup Killarney Celtic A 3, Mastergeeha 0.

Jason O'Reilly, Josh Bowler and an og gave the A team safe passage into the next round, U12 Cup, Killarney Celtic B 5, Killorglin C 3.

Jack Tagney (2), Eamon Guiney, Kieran Boyne, Lucas Sowerby got the goals in a goal fest of a cup tie which swung to and fro until the later stages.

Congrats to Jamie Moynihan 12A who made Team of the Week.

Congrats and Best Wishes to Hannah O'Donoghue who signed for Cork City Women's FC

Killarney Celtic hosted reigning WFAI Cup holders Cork City Women's FC last Saturday and a very entertaining friendly was played between Cork and our U16 Boys. Many thanks to all involved in this hosting and to referee Paddy Osborne.

Reminder to all parents and players. All players from u7 to Youths must bring €2 for training and wear correct footwear for the astro turf. Failure to do so will result in players not being allowed train or play in matches.

CELTIC LOTTO

Numbers drawn 7, 10, 17, 22. No Jackpot winner, 3 x €50 winners, Next Jackpot €2,000.

For Pitch Bookings contact Mary on 086 6485809.

For more detailed match reports and training updates please see our Facebook page.

Scotts step closer to the Division 1 B Shield

SCOTTS LAKERS ST. PAULS KILLARNEY 107 LYIT DONEGAL 84



ANTUAN BOOTLE, SCOTTS LAKERS ST. PAULS KILLARNEY, HANGS OFF BASKET AFTER A SLAM DUNK AGAINST LYIT DONEGAL IN THE NATIONAL LEAGUE DIVISION ONE CLASH IN KILLARNEY SPORTS CENTRE. LAST SATURDAY NIGHT. PICTURE: EAMONN KEOGH

SCOTTS Lakers took another step closer to securing the Division One B Shield with a comfortable 23 point victory over LYIT Donegal in Killarney Sports Centre last Saturday night. Apart from a close opening quarter, it was a match where the home side's dominance wasn't fully threatened by the visitors despite the best efforts of their outstanding American Chaz Watler.

The early exchanges were even as both teams matched each other score for score. Dailian Mason and Mark Greene were on target from three-point range as Donegal's Chaz Watler showed his ability from the outset. With 2.30 left on the clock the sides were level at 24 points each but Antuan Bootle and Mark Greene finished the quarter strongly for Scotts Lakers scoring eleven points to just one point from LYIT and the home side led 35- 25 at the end of the first period.

Dailian Mason continued his impressive scoring prowess slotting two quick three-pointers early in the second quarter. Dan Griffin, Philip O'Connor, Andrew Fitzgerald and Cian Clernon also chipped in with important baskets to keep the Lakers in front. For the visitors it was Chaz Watler, Mark Cannon, Jonathon McGill and Dillon Muldoon who featured prominently and Scotts Lakers led 56-45 with 2.10 left in the first half. The Killarney side finished the half stronger with Bootle and Griffin on target and the Lakers enjoyed a 63-47 advantage at the interval break.

Scotts Lakers extended their lead early in the third quarter with another three-pointer from Dailian Mason and a big basket from Andrew Fitzgerald to lead 72-51 after three minutes. Accurate three-point shooting from Mason,

Mark Greene and Con O'Mahony kept the momentum in Scotts Lakers favour while Antuan Bootle also added some scores to help the home side to a 83-59 lead as the game entered the final quarter.

The final period was a mere formality. Bootle and Mason continued to dominate as Lakers led 93-67 midway through the quarter. Coach Cormac O'Donoghue ran his full bench with Dylan O'Sullivan and Billy Wiseman adding further baskets. Cian Clernon was on target with a big three-pointer and then set Antuan Bootle up for a spectacular alley-hoop score. Dailian Mason finished the scoring for Lakers with another three-pointer, his sixth of the night and Lakers' twelfth. LYIT were equally impressive from long range scoring 10 three-pointers in the game.

Top Scorers for Scotts Lakers were Antuan Bootle 28, Dailian Mason 28, Mark Greene 17, Andrew Fitzgerald 11, Dan Griffin 9, Cian Clernon 5, Con O'Mahony 3, Philip O'Connor 2, Billy Wiseman 2, Dylan O'Sullivan 2 LYIT Donegal Chaz Watler 40, Jonathan McGill 9, Dillon Muldoon 9.

It was a significant win that keeps Scotts Lakers on top of the league table with Paris Texas Kilkenny their nearest challengers. With just two regular season games remaining, Lakers are in control of their own destiny and travel to Dublin Lions this Saturday February 24th before welcoming Kilkenny for a possible Plate title decider in the Killarney Sports Centre on Sunday March 4th.



ANTUAN BOOTLE, SCOTTS LAKERS ST. PAULS KILLARNEY, IN ACTION AGAINST MARK CANNON AND CHAZ WATLER, LYIT DONEGAL, IN THE NATIONAL LEAGUE DIVISION ONE CLASH IN KILLARNEY SPORTS CENTRE. LAST SATURDAY NIGHT. PICTURE: EAMONN KEOGH



THE ST. PAUL'S U-12 BOYS TEAM THAT PLAYED A MATCH DURING THE HALF-TIME BREAK BETWEEN SCOTTS LAKERS ST. PAULS AND LYIT DONEGAL IN THE NATIONAL LEAGUE DIVISION ONE CLASH IN KILLARNEY SPORTS CENTRE. LAST SATURDAY NIGHT. PICTURE: EAMONN KEOGH



KERRY GAA STORE

SUPPORTING THE FUTURE OF KERRY GAA

Killarney Outlet Centre Fair Hill, Killarney. Tel: **064 663 6571** Email: kerrygaastore1@eircom.net

GNEEVEGUILLA GAA

There was no winner of last weeks lotto numbers drawn 3, 4, 17, 26. Lucky dip winners €40 Helen O Sullivan Scartaglen, €40 Tracy Brosnan Muckcross, €40 Ryan +Eva Looney Quarry Cross, €30 Emma O Donoghue c/o John Cronin, €30 Pat McCarthy c/o Billy McCarthy. €20 Marie O Leary c/o Richie Mac. Next week jackpot €12,200 thanks to all who support our club lotto. EK league result Kilcummin 0 09 Gneeveguilla 1 05. Anyone wishing to pay membership contact Stephen Crowley 087 0667786. There are vacancies for part time bar staff in club bar for further info contact bridgid 086 3701049. A huge thanks to everyone who helped out in any way to make our social such a great success again this year.

BEAUFORT GAA NEWS

FIXTURES

Beaufort minors will begin their playing season Saturday, 24th away to Spa at 4pm in round 1, Co League.

Senior men scheduled away to Milltown/Castlemaine at 11.30am, Sunday, 25th in round 2, Mid Kerry League.

SCOR NA BPÁISTÍ

Beaufort Scor na bPáisti for primary school children will be held in Beaufort Community Centre, Saturday, 24th at 8.15pm.

Participants must be G.A.A Club members and reside in Beaufort. Please contact Claire at 087 4556463 to enter.

Events are figure dancing, 4-8 children. solo singing, recitation, Ballad Group, 3-5 children, Stage presentation 3-8, Traditional music group 2-5, set dancing 4 or 8, sean nós dance. Individual quiz competition to select team for County Quiz. Beaufort winners will go to Mid Kerry Scor finals. Quiz team will go to County final.

OPERATION TRANSFORMATION

Last Light Up walk will be on Monday, 26th and hopefully many will continue walking after this date.

Late Spring classes will begin this week for 5 weeks until summer time begin.

Wednesday and Thursday evenings, 7-8pm Pilates. Thursday mornings 9.30am-10.30am, Core/Pilates.

Friday mornings. 11am-12pm, Over 50s Pilates and Gym. Please bring your own mat.

Any class enquiry to Club at 087 9975737 or contact Bridget, Mary or Susan

Congratulations to Senior player Liam Carey



CONGRATULATIONS TO FIONA KENNEDY FROM DINGLE WHO WAS THE MILLTOWN/CASTLEMAINE MATCH 3 €1000 WINNER IN OUR RECENT LOTTO FUNDRAISING DRAW. THE FUNDRAISING LOTTO JACKPOT IS NOW AT €18,400. DRAW TAKES PLACE ON FRIDAY FEBRUARY 23RD IN THE CASTLE INN BAR, CASTLEMAINE. FIONA IS PICTURED BELOW RECEIVING HER WINNING CHEQUE FROM CLUB TREASURER COLIN O'GRADY. ALSO PICTURED ARE CLUB CHAIRMAN PODGE LEANE AND COISTE NA NÓG SECRETARY -EILEEN LOVETT. SINCERE THANKS TO ALL THOSE WHO SUPPORT OUR LOTTO. BY CONTRIBUTING TO OUR LOTTO, YOU ARE HELPING US TO CONTINUE WITH THE DEVELOPMENT OF OUR CLUB THUS ENSURING WE HAVE THE BEST FACILITIES FOR ALL IN OUR COMMUNITY TO PLAY GAELIC GAMES.

on winning a Trench Cup medal with Mary Immaculate College who defeated WIT in the final on Saturday, 17th Feb.

Liam also got Man of the Match competition award.

EASTKERRY GAA NOTES

BY MICHAEL O. MAHONY PRO

RESULTS EASTKERRY SENIOR LEAGUE

Kindly sponsored by Frank Doran safeguard security Division two

SPA 4-15 SCARTAGLIN 2-7

Spa took on Scartaglen under floodlights at spa pitch on Friday night. The boys in blue took a commanding lead in the first half bolstered by goals from Conor Stack John Falvey and Mikey Moynihan. However the Scartaglen boys backboned by the veterans Mike Coakley and Padraig Reidy started brightly in the second half scoring 2.3 in quick succession. However Spa aided by another well taken goal by Paul Cahill finished stronger winning on a scoreline of 4-15 to 2-7

DIVISION 1A

FOSSA 4-15 FIRIES -013

Fossa played Firies in Round Two of the East Kerry Superleague on Saturday in Fossa. The was a very entertaining game of football, even though the conditions were heavy both sides kicked some great scores. Mikey O'Shea opened the scoring for Fossa before Colm O'Shea equalised for Firies from a free. Tadgh O'Shea hit the net for Fossa in the seventh minute but Firies kept the scoreboard ticking

over with points from Ed Kerrisk, Mike Daly and Shane O'Donoghue. Fossa scored two cracking goals in the 24th and 26th minute from Paudie Clifford and Tadgh O'Shea to leave Fossa ahead at the break, 3-05 to 0-05. Firies started the second half well and some good scores for Colm O'Shea and Shane O'Donoghue brought them back into the game, however Tadgh O'Shea scored his third goal of the game in the 16th minute to give Fossa an good lead and they finished out the game strongly to win on a score of 4-11 to 0-13.

DIVISION 1B

DR CROKES 5-18 GNEEVEGUILLA 2-12.

Even though they had a comprehensive win over Gneeveguilla at the end things could have been much closer if our opponents had taken their goal chances in the first half. On the other side of the field we bulged the back of the net on a few occasions.

There was plenty up and down play in the first half but we got through for the major scores to put us well ahead when the referee blew for half time.

Both sides matched one another for scores in the second half scoring 1-8 each but our first half total and Gneeveguilla inability to score goals from good chances in that first thirty minutes left us good winners at the end.

Both teams were without a number of their regulars but it was a great work out for both sides for the fourth coming County League.

GLENFLESK 3-12, LISTRY 0-12



VENUE; BARRADUFF COMMUNITY FIELD.

Glenflesk enjoyed a comfortable win in the East Kerry League on Sunday although the scoreline slightly flattered them as Listry dominated large parts of the game. Glenflesk started the game very brightly and led 1-03 to 0-02 after 10 minutes. Ian Roche scoring the goal after a well worked team move. Listry dominated for the rest of the half but failed to make it count on the score board due to poor finishing. Half time: Glenflesk 1-07, Listry 0-06.

Second half. Listry began the second half by continuing to win the midfield battle with Gary O Sullivan and Fintan Coffey excelling and closed the gap to a point, but Glenflesk's ability to turn turnovers into scores proved the difference and another well worked goal from Darragh Roche gave Glenflesk a 7 point lead with 20 minutes to play. When Listry had a man sent off for a second yellow card shortly after they never recovered and a late Shane Courtney goal put gloss on the scoreline for Glenflesk. Full time: Glenflesk 3-12, Listry 0-12.

EAST KERRY FINAL of Scór na bPáistí is on this Saturday February 24 in Castleisland hall (Scoil Muire Gan Smal) at 11.30am.

LEGION GAA NEWS

MEMBERSHIP

A reminder that this years club membership is now due. It can be paid online at www.legiongaa.com. Alternatively the club will run a series of evenings in the meeting room in the coming weeks where people can just drop in and register there.

E.K.SUPERLEAGUE

KILLARNEY LEGION 2-9 KILCUMMIN 0-9

A positive start for the seniors as they saw off a competitive Kilcummin in Derreen. Despite the heavy conditions both sides served up a lively encounter but two Legion goals - one in each half proved to be decisive. What was especially pleasing for the home side was the inclusion of a number of very young panel members namely Luke O Donoghue, Cian Sheahan, Michael Pierce and the welcome return of Peter and Conor McCarthy all of whom made an impact, a good sign for the future with a good number of others yet to return to action. Another notable feature was the level of fitness shown in what were testing conditions of stamina and concentration. The panel appears to have a very nice balance of seasoned and new players and we look forward to them progressing. Another good test awaits them this coming Sunday 25th. Feb away to Gneeveguilla, all support welcome.

MINORS

The minors year got off to a losing start as they went down to the Cordal/Scartaglin combination in their first outing. It was always going to be an uphill struggle as the panel was minus six players and in the end this was too much to overcome.

LOTTO

Winning no's - 4,11,15,21. No winner. Lucky dips - (1) M.O Leary, 21 St. Brendans Place, (2) Billy Kenny, Mill Rd. (3) Joan M.O Mahoney, 34 Arbutus Grove, (4) Tom Moriarty, (5) Mags, c/o Laurels. Next weeks jackpot €5,500. Play online at www.legiongaa.com.

LISTRY GAA NOTES

DEEPEST SYMPATHY:

Listry GAA would like to send deepest condolences to The Courtney Family and friends on the recent death of Denis Courtney RIP Rockfield

Denis has left an amazing legacy and his devotion to Listry GAA has impacted the lives of Listry GAA members, supports and players. He was a source of inspiration to all that known him and a great role model to the juveniles supporting them from the sideline up to the Senior level, attending all matches in all weather condition, even during his short illness.

He was a long time member of Listry GAA, been Chairman in the mid 80's and again from 2011 - 2016. He was also a Club Delegate in the Kerry Co. Board.

Denis has touched the hearts of many for his kindness, dedication and hard work he contributed to Listry and Listry GAA. Ar dheis De go raibh a anam dilis.

LOTTO RESULTS

Numbers drawn: 3, 14, 22, 25

€100 - JJ and Dara Tangney

€50 x 2 - Bernie Buckley, William O Dowd, Milltown.

€25 x 2 - Anne O Shea, Lissivane

Draw Entrant: Marie Donnelly, Listry. Tulip

Next Sunday 25th February E3,650

KERRY MINOR LADIES: Congratulations to Mairead Lehané who played in the Ladies Minor Football Team against Tipperary in Furies on Sunday last 18th February. Final Score Kerry 3.13 Tipperary 3.5

EAST KERRY SENIOR LEAGUE RESULT:

Listry meet Glenflesk in Barraduff in the first round of the East Kerry Senior League Division 1 on Sunday 18th February, Glenflesk 3.12 Listry 0.12

OPEN NIGHT:

Listry GAA would like to invite all parishioner to Listry GAA open night in the field on Monday 26th February from 7pm-9pm. All new members are welcome to join our active juveniles football teams from age 6 upwards. Please come along.

DR. CROKES GAA NEWS

EAST KERRY SUPER LEAGUE ROUND 2

DR CROKES V GNEEVEGUILLA

Even though we had a comprehensive win over Gneeveguilla at the end things could have been much closer if our opponents had taken their goal chances in the first half. On the other side of the field we bulged the back of the net on a few occasions.

There was plenty up and down play in the first half but we got through for the major scores to put us well ahead when the referee blew for half time.

Both sides matched one another for scores in the second half scoring 1-8 each but our first half total and Gneeveguilla inability to score goals from good chances in that first thirty minutes left us good winners at the end.

Both teams were without a number of their regulars but it was a great work out for both sides for the fourth coming County League. Our top scorers were Tony Brosnan with 2-3 and Paul Clarke with 2-2.

TEAM: Johnny O'Leary, Brian Fitzgerald, Mike Moloney, Lorcan Mc Monagle, Kieran Ward, Jason Lyne, Jack Griffin, Billy Courtney, Alan O' Sullivan, Kieran O'Leary, Colm Cooper, Paul Clarke, Tony Brosnan, Mark O'Shea, Mike Casey.

SUBS: Bryan O'Shea, Neal O'Doherty, James Kelly, Brendan Coppinger.

SCOR TEAM

Well done to our Scór Quiz team who took part in the All Ireland Final in Sligo last weekend. Unfortunately they didn't make the final but the Club are very proud of their performance. The team members were Jamie Muldoon, Treasa O'Sullivan, Mark Cooper and Cillian Hickey along with their mentors Jackie Looney, Margaret Muldoon and Teresa Hickey.

Congratulations to Spa dancers who are All Ireland Champions second year running.

HEALTH AND WELLBEING

On Monday 26th February at 8pm in the Dromhall Hotel Eileen Buckley (Relationship and Parenting Mentor) will give a short presentation on addictions and our guest speaker on the night will be Niall McNamee. Niall retired last year from Inter county football after 15 years with Offaly. He will share his story of addiction to gambling and through support, his recovery. This event is hosted by Dr Crokes GAA but all East Kerry club members, players over 16, parents, partners and family members are most welcome to attend.

DEVELOPMENT FUND

Dr Crokes Club are embarking on a fundraising initiative to help upgrade the current facilities of our grounds as it has been 12 years since serious work has been carried out. There are fantastic prizes to be won with the first prize a Nissan Pulsar Executive Class Car and second prize is a four night stay for two people in New York including flights. We have 10 prizes in total and the draw will take place on December 20th 2018. Tickets are €10 each or a book of 6 for €50. There will be an additional draw of €1000 for those who purchase a full book for €50. Tickets can be purchased in the Tatler Jack, Club members or Kerry Shop in Killarney Outlet Centre.

DR CROKES FAMILY WALKING GROUP

As part of the Clubs Health and Wellbeing initiative we will be walking every Tuesday evening departing the Clubhouse at 6.30pm. All welcome to our sociable 30/40 min walk.

PROGRESSIVE 31

Progressive 31 is on every Wednesday night in

Crokes Clubhouse. It will start at 8.00pm. You will need to bring money and a partner €5 per person.

INVITATION

Dr Crokes GAA Club invites the parents in the Killarney area and their boys and girls to the 2017 Registration open Day on Saturday 10th of March. Boys and Girls aged 4 - 10 welcome.

CLUB MEMBERSHIP

Annual membership is now due and it is critical that all members and players pay /renew their membership before the 31st of March next. A strict "no pay/no play" policy will be enforced after this time.

HAPPY BIRTHDAY

Happy birthday to Matthew Courtney who celebrated a special birthday recently.

LOTTO

Lotto 5, 16, 17, 24. Jackpot €6600 Not won Match 3 9 by €70. Next draw Sunday 25th of February in JC O'Shea Jackpot €6900.

FOSSA NOTES

SENIORS

Fossa played Firies in Round Two of the East Kerry Superleague on Saturday in Fossa. This was a very entertaining game of football, even though the conditions were heavy both sides kicked some great scores. Mikey O'Shea opened the scoring for Fossa before Colm O'Shea equalised for Firies from a free. Tadgh O'Shea hit the net for Fossa in the seventh minute and further points from Tadgh and Alan Buckley gave Fossa a healthy lead midway through the half. Fossa scored two cracking goals in the 24th and 26th minute from Paudie Clifford and Tadgh O'Shea to leave Fossa ahead at the break, 3-05 to 0-05. Firies started the second half well and some good scores for Colm O'Shea and Shane O'Donoghue brought them back into the game, however Tadgh O'Shea scored his third goal of the game in the 16th minute to give Fossa control of the game again. Further points from Tadgh O'Shea and with young Liam Buckley getting his first score for the senior team, left Fossa comfortable winners on a score of 4-11 to 0-13. This was a good team display with the older players encouraging the younger players and leading by example, they will be happy with the start made to the season.

MINOR COUNTY LEAGUE - DIV 3B

Fossa played Gneeveguilla on Saturday in the opening round of the County league, the game was switched to the Fossa old field due to the home team's field being unplayable. Fossa were at full strength and welcomed back Naoise Buckley after a year's absence due to a back injury. Fossa started brightly with points from Ryan Sheehan and Emmett O'Shea, then Ruairi Doyle was at the end of an excellent move and



PICTURED AT THE DR. CROKES AWARDS NIGHT IN THE DROMHALL HOTEL WERE PATRICK O'SULLIVAN (CHAIRMAN), GAVIN WHITE (SENIOR FOOTBALLER OF THE YEAR) AND PAT O'SHEA (SENIOR MANAGER)

finished smartly to the net. Fossa looked to be cruising at this stage but Gneeveguilla staged a rally in the last 10 minutes of the half and left the half time score in favour of Fossa, 1-4 to 0-06. Fossa started the 2nd half with intent and put the game out of reach with 3 early goals, the first from Ryan Sheehan and the other two were unfortunately put into their own net by Gneeveguilla defenders. Fossa ran out winners on a score line of 4-10 to 10 points. The Fossa defense looked very solid with captain Garry Cronin, Killian Buckley, Cian McCarty and Anthony O'Keefe playing exceptionally well, William O'Brien had a solid debut at cornerback and birthday boy Shane O'Sullivan had a quite day between the sticks. Around the middle Eoin Talbot, Mark Donnellon and Cian O'Shea controlled the game and in the forwards Ruairi Doyle's and Harry Buckley's pace with Ryan Sheehan's power caused constant trouble for the defense. Emmett O'Shea's point kicking was exceptional and all in all a very good performance for the first game of the year. Fossa replacements on the day - Darren Cronin, Connor Horgan and Jack Clifford, all U15 and Colm Talbot, U16 played very well when introduced. The next game is in two weeks at home.

SCÓR

Fossa GAA would like to wish the best of luck to all those taking part in Scór next weekend. The East Kerry Final of Scór na bPáiste and the Senior County Final are both on in Castleisland on Saturday 25th February with Scór na bPáiste starting at 11.30am.

MEMBERSHIP

All membership MUST be paid before Saturday March 31st. Any player not registered is NOT insured. Registration day for juvenile boys and girls is on Sunday March 11th at the Club House starting at 12 noon. General membership should be given to Gene at his house, or at Lotto on Sunday nights 9:30pm. Adults/ Senior Players €30. Family membership, which includes parents and all children including minor, €60. Student/ Juvenile €15

MILLTOWN /CASTLEMAINE NEWS

SYMPATHY

Our club extends its sincerest sympathy to the family of the late Denis Courtney. RIP.

Denis was chairman of our neighbouring GAA Club, Listry, for many years and was also a very active member of Milltown Listry Comhaltas and Kerry CCÉ.

Go ndéana Dia trócaire ar a anam uasal.

TRENCH CUP

Congratulations to our senior player- David Roche and his Mary I teammates, on a great win over WIT by the narrowest of margins, in the Trench Cup, last weekend.

KERRY MINOR LADIES

Congratulations to the Kerry Minor Ladies on their victory over Tipperary in the Minor A Championship, on Sunday last in Fíries Pitch. Congratulations in particular to their captain Ciara Murphy from Milltown Listry Ladies Club along with Máiréad Lehané, Meadhbh Rochford and Caoimhe Evans from Milltown Listry, who were part of the victorious team. Well done girls.

COMÓRTAS PEIL PÁIDÍ Ó SÉ

Milltown/Castlemaine advanced to the senior Semi-Final in the Páidí Ó Sé Memorial Tournament on Saturday afternoon last, after a 4-07 to 0-13 win over Clane of Kildare. However, they were unlucky to lose out to Rosemount of Westmeath in the semi-final of the Comórtas. A great effort was put in by all the players at the tournament.

A special thank you to all those involved in organising this tournament. Once again it was a great success.

FUNDRAISING LOTTO JACKPOT

Congratulations to Fiona Kennedy, from Dingle, who was our Match 3 €1000 winner in our recent Lotto fundraising draw. Fiona received her winning cheque from Club treasurer Colin O'Grady, at the weekend. Our Fundraising Lotto Jackpot is now at €18,400. Draw takes place on this Friday February 23rd in The Castle Inn Bar, Castlemaine. Sincere thanks to all those who support our Lotto.

By contributing to our lotto, you are helping us to continue with the development of our club- thus ensuring we have the best facilities for all in our community to play Gaelic Games.

MID KERRY U 21 FINAL

Mid Kerry U21 Championship Final between Glenbeigh/Glencar/Cromane and Milltown/Castlemaine has been re-fixed for St. Patrick's Day at 1.15pm in Beaufort. Extra time playable. Please come along and show your support.

KILLARNEY SCHOOL OF MUSIC

Well done to all our young footballers who displayed their equally wonderful musical and singing talents at the Killarney School of Music annual concert in the INEC on Sunday last. A gifted bunch all round!



KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

HOME VENUE FOR ROUND 4 GAMES

Last weekend saw mixed fortunes for the Kerry Teams, the Kerry Senior Hurlers had a great win in Kildare which very much keeps alive the hope of promotion. The Kerry Footballers however lost to Monaghan in Inniskeen after a hard-fought battle where again we witnessed the great fight in our Kerry Panel. The newer players are getting plenty of game time under their belt and their self confidence is developing and the more experienced players are showing great leadership qualities. Tough games like this will stand to the players come Championship time. Big crowds are expected in the Austin Stack Park Tralee on Sunday to watch both the footballers and hurlers in action. Gates are opening at 11.30am and I strongly encourage all those attending the game to purchase their tickets as early as possible this week. Tickets are available to purchase for €12 in Centra, SuperValu or in the Kerry GAA Store, Killarney. Tickets purchased on the day are priced at €15 and free admission for U16s. Currently the Kerry footballers are on 4 points on the League table below Dublin and Galway who are both on 6 points. Monaghan are also on 4 points, Mayo and Tyrone are on 2 points. Donegal and Tyrone are currently bottom of the table having lost all three games. It's all to play for in round 4 and the Kerry versus Galway game is sure to be an exciting encounter.

CROMANE

Heartbreak for Cromane as they lost the Munster Junior 'B' final last Sunday due to a last minute goal. The game was a close encounter throughout and at the half time break Cromane only trailed by one point with the score reading 0-6 to 0-5. Heading into additional time in the second half, the sides were locked at 10 points each but Shane Kenny broke Cromane hearts with a punched ball into the back of the net. Cromane did add another point to their tally and the game ended Ballybrown 1-10 Cromane 0-11. It was a great year for Cromane winning a County title and getting promoted in the County league and there are sure to be other great days ahead for this great Mid Kerry club.

COUNTY COMMITTEE MEETING UPDATE

- The delegates voted in favour of changing the system for appointing the captain at U17 Intercounty level. From 2018 onwards the captain will be chosen by Team Management, County Chairperson and Team Liaison Officer. For 2018 only there will be consultation with East Kerry.
- Best wishes were sent to Tralee CBS, Pobal



CATHERINE KEOGH PRESENTING MICHAEL POTTS WITH YOUNG PLAYER OF THE YEAR AWARD ALONG WITH CLUB CHAIRMAN PATRICK O'SULLIVAN

Scoil Corca Dhuibhne and Kenmare in their respective school games this weekend

- Motions for Congress were discussed ahead of this week's Congress in Dublin
- Spa were congratulated on winning an All Ireland Scór title
- Clubs were reminded that March 1st is the deadline for transfers and permission to play requests
- Votes of sympathy were expressed for the late John Kelly, Spa and the late Denis Courtney, Listry. May they rest in peace
- Online Training for Club Officers – Early Booking Advised

The GAA, in conjunction with Servasport, has put in place a series of webinars that are being rolled out throughout February and March, providing Club Officers with an opportunity to improve their understanding of the GAA Management System.

The webinars (online seminars) are scheduled for –

- Wednesday the 21st February 2018 at 7:00pm
- Wednesday the 28th February 2018 at 7:00pm
- Wednesday the 7th March 2018 at 7:00pm
- Wednesday the 14th March 2018 at 7:00pm

These online seminars are geared towards the person in your GAA Club who is responsible for managing your Club Membership on the GAA Management System. The Officer can access any of the webinars (online seminars) using an internet enabled computer, tablet or smartphone. The agenda will cover a range of topics and will specifically address the following:

- Annual club update - New six step process for club administrators to ensure all club information is accurate and complies with GDPR.
- Registrations via the Official GAA app - Members can now register and pay for their membership via the Official GAA app.
- Registrations via the GAA Management

System - Club representatives updating and registering members on their behalf.

- Player Injury Benefit Fund (Insurance)
- Club representatives insuring their teams for the season ahead
- Support - Guidance on how to complete any tasks using the official GAA Management System and app
- Throughout each webinar, participants will get opportunities to ask questions relating to their own experience of using the GAA Management System. <https://eventgen.ie/gaa-management-system-webinars> is the website to register your interest. Each session is capped at 25 participants so early booking strongly advised.

KERRY SUPPORTERS' CLUB AGM

The AGM of the Kerry Supporters Club will take place on Monday 5th March in Ballygarry House Hotel at 8p.m. Nominations for positions must be sent to the secretary John King on or before Monday 26th February.

UPCOMING COACHING COURSES

A Football Coaching Workshop aimed at U14, U 16 and Minor Club and School Coaches will take place on Wednesday 21st February at 8pm in Moyderwell Primary School Hall, Boherbee, Tralee. This will be a practical session on Games Based Coaching and Conditioned Games delivery by Kerry U 16 Coaches James Costello and Pa McCarthy. The session will demonstrate a series of Conditioned Games that will focus on improving all aspects of player and team performance.

A practical Workshop for Football Coaches working with U 10 and U 12 teams will take place on Tuesday 27th February at 7pm in St Brendan's College Killarney (Indoor Hall).

The session will be delivered by William Harmon and Amy Foley and they will demonstrate Games and Activities that will help players at these age groups develop and improve.

Cost of each of the workshops is 5 euros per Coach and we encourage as many coaches as possible to attend.

REFEREE'S FOUNDATION COURSE

The dates and times have been decided for the Referee's Foundation Course. As requested by a number of clubs, these courses will be held in 3 locations - Tralee, Killarney and Caherciveen. The dates are as follows:

Tralee February 23rd and March 2nd Austin Stack Park 8pm

Caherciveen March 9th and 16th Venue to be decided 8pm

Killarney March 23rd and 30th Venue to be decided 8pm

The Course will last for 1.5 hours each night and attendance on both nights is obligatory.

HANDBALL NEWS

ACTION FROM THE ALLIES

There was no luck in midweek for Asdee's Pat Lacey as he went down to Limerick's Jimmy Fanning 21-14, 21-11 in the Munster 40x20 Emerald Masters Final.

At the weekend there was a happier ending for the Glenbeigh pairing of Jack O'Shea and Rory O'Connor as they have progressed to the Munster semi-final of the 40x20 Junior A Doubles. They defeated Limerick's Paul Hedderman and Tomas Donegan 21-10, 21-6 in their quarter final.

The duo are in semi-final action this Thursday night when they take on John Ferncombe and Daniel Hayse from Waterford.

There was plenty of action in the Munster 40x20 juvenile championships where in the u12 Boys Lucas Riordan lost out to Clare's Niall Melody 15-8, 15-9. At u13's Darragh Lynch beat Clare's Michael Sheedy 15-4, 15-4.

The Girls u13 doubles pairing of Roisin Smith and Sarah Manson lost out to Clare's Eimer Rodgers and Aine Lenihan while in the u16's doubles the Kerry pair were also defeated. Sean Quirke and Liam Smith were beaten by Tipperary's Jack McGrath and Liam Smith 21-10, 21-14. There was no luck either for Tommy Quirke in the u17 Boys as his Cork opponent Michael Callaghan took the win 21-12, 21-14. This weekend Darragh Lynch will be in Munster Boys u13 final action. His opponent from either Cork or Clare was not known at the time of going to print.

WORKMEN'S ROWING CLUB NOTES

ONGOING TRAINING

Indoor and outdoor training continues as per coaches' texts. Many thanks to our coaches and especially to Kieran Kennedy and Gary Fleming for their help recently with our Juniors.

JUNIOR FEBRUARY IRISH TRIALS

Congratulations to wish our J18 ladies-Ciara Browne Annie O'Donoghue and Ciara Moynihan and on their amazing success at the Junior February Irish Trials in Iniscarra last weekend. The fog lifted eventually each morning and these three ladies showed the fantastic results of months of preparation, under the guidance of Hanna and Mickey Joe.

Upcoming Events

Cork HOR is on Saturday 3rd March at The Marina in Cork.

Skibbereen Regatta 14th & 15th April at National Rowing Centre.

Limerick Regatta, Saturday 28th April, and Schools Regatta Sunday 29th April, O'Brien's Bridge.

BIRTHDAY WISHES

Best Wishes to Abigail Gallagher who celebrates her birthday this Saturday 24th, to Karen Hill who celebrates this Monday 26th and to David Bartlett who celebrates his birthday on Wednesday the 28th February. Hope you all enjoy your celebrations!



U13 FURIES GIRLS BASKETBALL TEAM WHO HAVE QUALIFIED FOR SEMI FINALS OF COMMUNITY GAMES CO FINAL WITH THEIR TRAINERS.

FARRANFORE MAINE VALLEY AC

AWARDS NIGHT

The Club Awards night was held in Sherwoods Bar, Farranfore on Friday night last. Jerome Crowley and his team are to be commended on organising such an enjoyable and well attended event. We brought together the 1959/60 Cross Country club team to honor their achievements in participation with the club over the years. The Farranfore AC team beat Killarney by 26 points in the 1959-60 Cross Country Championships. The same team except for Paddy Murphy, "Posh" Cronin and John J. Cronin, won the Kerry Novice XC Championships in Currow. Sean Cronin was the individual winner and captain of both winning teams. The Senior Cross Country Champions team were: Michael Kelly, Mike Walsh, Mattie Horgan, Sean Daly, Tom Walsh "Posh" Cronin, Pa Sullivan, Paddy Murphy, Sean Cronin, John O'Donoghue & John J. Cronin. We would like to thank all of the team who traveled from afar to attend the night. Especially Donal Brassil who travelled from Carlingford Co. Louth and Michael Kelly and family from Kilmichael in Cork.

Congratulations to the following members who were awarded for their achievements throughout 2017.

Mary Daly received the Cross Country & Roads Shield;

George McCarthy received the Gerald Fitz Cup for Cross Country & Roads;

Maria McCarthy received the Breda Brosnan Cup for Ladies Track & Field;

Jim O'Shea received the New York Trophy for Masters Track & Field,

Sean O'Shea received the George Walsh Cup for Throwing;

Rossa Foley received the Dr. E O'Sullivan Cup for Mens Senior Track & Field;

David Kenny, Niall & Emma Prendiville received a special merit award for Race Walking.

Tom McCarthy received the Hall of Fame Nelligan Cup.

Mary Kennedy & Pauline Joseph received the Club Person's award for their hard work and

commitment throughout the years.

Our Ladies & Mens Cross country teams were awarded for their achievements at Munster level where the womens team was first in Munster Senior XC & the Mens were 3rd in the Munster Intermediate XC. The Hall Of Fame went to John McCarthy.

The National Senior Indoor Championships were held in Abottstown Dublin over last weekend. Rossa Foley was our only athlete competing. Rossa was 10th in the Shot and 9th in the Triple Jump (10.80m).

Munster Juvenile Indoors for U9 to U12 were held in Nenagh on Saturday the 10th Feb. Mairead Walsh taking on the indoors for the very first time competed in the U12 600m. Mairead had a great run, finishing 4th in her heat to make the final and finish in 16th overall. Well done.

Race three of the Gneeveguilla AC 5k series held in Killarney on Saturday 17th Feb. Note route was approx. 100m short of 5K. George McCarthy was 6th overall

16:38. Maria McCarthy was 2nd lady 18:25 &



SPA MUCKROSS COMMUNITY GAMES - CIARA O'SULLIVAN GOLD MEDAL WINNER U10 FREESTYLE IN COUNTY SWIMMING COMPETITION

Marie McKenna was 18th (19:22). The final race will be on Saturday 24th Feb. @11am in Killarney.

CLUB TRAINING

Juvenile Indoor training every Tuesday from 6pm to 6:45pm at Farranfore Community Sports Hall. This is for children born 2010 (7/8yrs) to 2006 (12yrs). €2 per session. New comers always welcome.

Maria's Strength, Endurance & Flexibility Exercise Class every Tuesday from 7pm to 8pm in Farranfore Community Hall. €5 per session Secondary School & Senior training on every Thursday at 6:30pm in GAA grounds Farranfore. This is endurance / distance training. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES

Fri 23rd Feb: Munster Schools XC, WIT

Sat/Sun 24th/25th Feb: Munster U13 - U19 Indoor Championships

Sun 4th March: National Masters Indoors, AIT Arena

Tue 6th March: Munster Schools Indoor Games, Nenagh

Sat 10th March: National Schools XC, WIT

Sat 10th March: County Juvenile B Sports Hall Games U9-U12, Milltown

Sun 11th March: National Juvenile Indoor Championships Day 1, AIT Arena

Sun 18th March: National Juvenile Indoor Championships Day 2, AIT Arena

Sun 25th March: National Juvenile Indoor Championships Day 3, AIT Arena

Sun 25th March: County 5K Road Race Championships, Currow

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.

SPAMUCKROSSCOMMUNITY GAMES

SWIMMING

Sunday 4th February was a great day for Spa Muckross in the pool, with a total of 8 medals! The following are the results -

Ciara O'Sullivan gold u10 freestyle, Mark Looney silver u10 freestyle, Fionn O'Donoghue Sheehan bronze u10 backstroke, Faye O'Neill gold u12 backstroke, Nicole Murphy bronze u12 freestyle, Ian Coffey gold u14 breaststroke, Colm Looney silver u16 freestyle, Treasa O'Sullivan bronze u16 backstroke.

Well done to all of the other Spa Muckross swimmers who put in excellent performances. Best of luck to Ciara, Faye and Ian who will be going on to the national finals in UL in May.

MUSIC: Congratulations to Darragh Brosnan who won a silver medal in the music competition on Saturday 10th February.

TALENT: Well done to Grace O'Connor and Saoirse O'Sullivan who put in great performances in the county talent competition held recently.

U10 BOYS INDOOR SOCCER

Well done to the team. They were unlucky to draw with Rathmore/ Gneeveguila in the first game, beat Killorglin well and then shaded a

1/4 final with Ballymac. They will play a semi final on March 11th in Duagh.

U13 GIRLS INDOOR SOCCER

The girls had a fantastic experience at the county competition in Duagh on Saturday 17th February.

U13 BOYS INDOOR SOCCER

the team participated in the county competition on Sunday 18th February and qualified for the semi-finals on March 11th.

Well done to the volunteers who made all of the above competitions possible.

CHURCH GATE COLLECTION

Thanks to everyone who supported us last weekend - it's much appreciated.

KRFC NEWS

IT'S THE REAL MCCOY PLAY

Killorglin Drama Group in association with KRFC presents the play 'It's the Real McCoy' - an award winning comedy drama by Tommy Marren. This takes place at Killarney Racecourse on Friday the 2nd of March and tickets cost only €15 (€12 concession). Call 0874466155 to book your tickets or pop into Fiona/Mary at the Pillbox Boutique on New Street. for tickets and support the club. A fantastic nights entertainment is guaranteed. Please support the club and get your tickets now.

MINIS TABLE QUIZ

We will hold a table quiz for our Minis on Friday the 23rd of March at the Killarney Oaks hotel. We will have a quiz for parents and a quiz for the kids so please come along and support.

FIXTURES

U16's Killarney V Sunday's Well - Sat @ 11:30 am

U18's Clonakilty V South Kerry - Sat @ 11:30am

FIRIES COMMUNITY GAMES

Last weekend was a very busy weekend for the boys and girls u13 soccer. On Saturday the u13 girls competition took place. Furies played really well and qualified for the semi final. Congratulations to Kerri Breen, Orna O Leary, Laura Power, Aideen O'Brien, Emma O'Brien, Katie Doe, Michaela O'Meara & Clodagh Moriarty. Thank you to Jason O'Brien, Cian Doe and Bernie Doe for managing and training the team and we wish them all the best of luck in the semi finals on 11th March. On Sunday u13 boys took part and despite their best efforts they didn't get through to semi finals but well done to them on their great teamwork. This team was Sean Galvin, Luke Costello, Noel McMahon, Rian Brosnan, Padraig O'Shea, Robert Kelly, Michael O'Sullivan & Noah Moynihan. Thank you to coaches and manager Mags Kelly & Noreen Brosnan for all their hard work.

Well done to all the boys and girls who took part in the art competitions and thank you to all the schools for facilitating this. Congratulations to the children who have qualified for the co finals on 24th February. These are as follows: girls u8 Alannah Casey, Molly Kelly u10 Caoimhe Spring, Aoife McKenna, u12 Sadbh Coleman, Lucy Kelly, u14 Chloe O'Sullivan, Helen O'Connor Boys u8 Jack Redmond, Noah Goodman, u10 Daniel Cronin, Kevin O'Shea, u12 Lewis Troth,



MEMBERS OF KILLARNEY VALLEY ATHLETIC CLUB AND COMPETED AT ALL IRELANDS CROSS COUNTRY FINALS IN CLARINBRIDGE CO GALWAY ON SUNDAY FEBRUARY 11TH. KILLARNEY VALLEY CLUB FINISHED 6TH OVERALL CLUB IN THE U13 RACE. KATHRYN AND AOIBHEANN FINISHED IN THE TOP 6 KERRY ATHLETES AND GOT A BRONZE MEDAL. WELL DONE TO ALI AND HANNAH ALSO WHO RAN BRILLIANTLY IN CHALLENGING CONDITIONS. THANKS TO JOHN RYAN AND CONNIE LYNCH FOR TRAINING THE GIRLS. AT BACK - JOHN RYAN FRONT L TO R - HANNAH RYAN, ALI O'DONOGHUE, KATHRYN RYAN AND AOIBHEANN GLEESON.

Jack Dicker u14 Noah Moynihan, Colm Riardon. In handwriting congratulations to Sadbh Scully in u10 and Orlaith Allen u12 and in boys u10 Daniel Gleeson and u12 Brian O'Leary. These co finals will also take place on 24th February. Upcoming events are model making, chess and skittles. For further information contact Maura Culloty or see Furies Community Games Facebook page.

The Furies Community Games Committee would like to thank everyone who supported our annual church gate collection last weekend. The amount raised was 388.81. We really appreciate your generosity toward this collection.

MUCKROSS ROWING CLUB EVENTS

The Cork Head Of the River is set for the Cork city marina on Saturday next 3 March while we await news on a potential rescheduled fixture later in the month for the Kerry HOR, which was postponed in January. The Skibbereen Regatta will kick off the racing season for the club, on Saturday 14th April at the National Rowing Centre in Cork.

MEMBERSHIP

A reminder that membership is now overdue for those existing members renewing for 2018. Outstanding fees and forms are to be returned to Jeremy Kenny or Mike Daly as soon as possible.

KILLARNEY VALLEY ATHLETIC CLUB

Best of luck to all our athletes travelling to Nenagh next weekend for the Munster Juvenile Indoor Championships.

Date for your Calendar: Killarney Valley Athletic Club will hold their AGM on Tuesday night 6th March. Time and Venue to be confirmed. We would like as many as possible to attend to show their support for the club.

TRAINING

MONDAY 7-8pm @ Sem Gym - S&C for age 12yrs and over. Jeremiah's Adult running club still going strong 7-8pm leaving from the Sem Gym.



FIRIES U13 BASKETBALL TEAM BOYS U 13 INDOOR BASKETBALL TEAM. SEAN GALVIN, LUKE COSTELLO, NOEL MCMAHON, RIAN BROSAN, PADRAIG O'SHEA, ROBERT KELLY, MICHAEL O'SULLIVAN, NOAH MOYNIHAN.



FIRIES U13 BASKETBALL TEAM BOYS U 13 INDOOR BASKETBALL TEAM. SEAN GALVIN, LUKE COSTELLO, NOEL MCMAHON, RIAN BROSAN, PADRAIG O'SHEA, ROBERT KELLY, MICHAEL O'SULLIVAN, NOAH MOYNIHAN.

TUESDAY 6-7pm @ Killarney Oaks – XCcountry (Please contact Connie with any questions 086-1505007). High viz vest is essential. **WEDNESDAY** 1.45pm – 2.30pm @ Demense – Speed and Hill training for members in secondary school. High Jump is on in Sem Gym 6-7pm for 10-14 year olds. **THURSDAY** 6-7pm @ Sem Gym for 7-12 year olds. All sessions are €2. Please check our facebook page <https://www.facebook.com/KillarneyValleyAC/> for up to the minute changes to training schedules etc. and please check your emails. Enquiries: killarneyvalleyac@gmail.com

KILLARNEY COMMUNITY GAMES NOTES.

Huge thanks to the parents and their children who collected in the community games church gate collection last weekend. It is through your efforts that the community games organisation can continue to provide events for all the children in the Killarney area. Huge thanks also to the Cathedral Church for allowing us to collect and to the unbelievable generosity of the church goers who contributed to the collection. Community Games is a voluntary organisation providing sporting and cultural activities for the children in the Killarney area.

Special thanks also to Area Chairman Philip Gammell for his excellent organisation of the collections. The upcoming events are Futsal girls U15 Saturday 10th March. Futsal boys U15 (date to be confirmed). Cross country boys and girls U12 to U14 Beaufort Sunday 11th April. Soccer boys U12 Mastergeeha Sunday 29th April. Marathon (7km) boys and girls U16 (date to be confirmed). Details Phone Anthony Greaney Area Secretary 087-7098695.

GNEVEGUILLA ATHLETIC CLUB LOTTO

No lotto to report on this week, due to some of our key sales people being sick and the roads impassable to travel, tickets were not sold. Since we commenced club lotto, this was our first time ever postponing a lotto draw. Tickets sold for last Fridays draw will be included in the draw this Friday.

CLUB SINGLET

Mary O' Sullivan Stagmount is managing club singlets which are available to purchase. Mary is contactable on 087-9857297. Be sure and have your club singlet and wear it with pride.

WINTER 5K ROAD SERIES

The final leg of the race is on this Saturday at

11.00 am, registration from 10.00 am in The Old Monastery. Local runners participating are Caroline Murphy, Danielle O' Riordan, Padraig Keane, Seamus Murphy, Chyral Carmody, Robbie Cremin, Siobhan Daly, Delia Foley, Michelle knee, Ed Murphy & Brendan O' Neill. Well done to you all, nice to see club and local support.

FLESK VALLEY ROWING CLUB AGM

The Clubs AGM will take place on Friday 9th March 2018 at the Killarney Oaks Hotel commencing at 8.30pm sharp. All members are asked to attend this meeting.

The Old Kenmare Road Walk: The Old Kenmare Road Fun Walk which unfortunately had to be call off in January had due to bad weather had been rescheduled for Sunday 25th March 2018. Meeting at the Killarney Oaks Hotel at 10am, you will be transported to the upper carpark at Torc. Refreshments will be provided along the way, and some light entertainment. On arrival in Kenmare, a bus will transport you back to the Killarney Oaks Hotel. It promises to be a great day out. Adults- €20 Under 18s-€15. Family rates also available.

Michael Healy-Rae TD
Saturday 30th Dec there will be no clinic in Scotts Hotel

Castleisland Clinic:	River Island Hotel Last Friday of every month at 7.00pm
Killorglin Clinic:	Jim Shea's Vintage Bar 2nd Monday of every month at 7.00pm
Kenmare Clinic:	Atlantic Bar Every Saturday Night at 10.00pm
Kilgarvan Clinic:	Healy-Rae's Shop 9pm-10pm every Sunday Healy-Rae's Bar 10pm-11pm every Sunday

Other Clinics held throughout the Constituency on a regular basis and advertised locally

Contact Numbers:
 01 618 3363/064 66 85782 E: Michael.Healy-Rae@oireachtas.ie

FIANNA FAIL
 THE REPUBLICAN PARTY
John Brassil TD
 Killarney Constituency Office
 Open Hours:
 Wed 28th Feb, Thurs 1st & Fri 2nd March from 9.30am - 5.30pm
 Address:
 The Fairhill Business Centre, The Courtyard, Fairhill, Killarney.
 (Just behind the Royal Hotel)
 John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm
 Working with Cllr John Joe Culloty 087-1308000 cillrjoculloty@eircom.net
 and Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie

For advice and representation please feel free to call into the office or clinics
 Office: **064 66 94199/083 8541447**
 Email: John.brassil@oireachtas.ie John mobile: **087 2362330**



HILLWALKERS WARNED NOT TO WEAR GARMENTS WITH MAGNETIC CLOSURES

Mountain safety experts have warned against a worrying trend in the outdoor clothing market. Magnetic closures on gloves and jackets, rock climbing helmet closure straps etc are being marketed as the modern alternative to Velcro or poppers but magnets are well-known for deflecting compass needles.

In a recent incident in the mountains east of Glen Shee in Scotland a group of walkers were caught in low cloud and headed east instead of west, becoming totally disorientated and ending miles away from a road when their compass had been stored in a pocket next to a mobile phone in a case which had a magnetic closure on it, and the magnet had reversed the polarity of the compass needle, so that the north arrow pointed south.

Popular outdoor brands are producing mitts/gloves with fold-back flaps using magnetic closures and there is a wide choice of outdoor jackets out there replacing Velcro with magnets hidden away in folds of the garment and in pockets, hoods, front fastenings, wrist closures etc. People are also advised to keep their compasses well away from all mobile phones regardless of whether they have magnetic closures or not.

AUSTRIA IS A SMOKERS PARADISE

As we know most Western countries have banned smoking in bars and restaurants, but Austria is bucking that trend.

Under a law passed in 2015, Austria was due to bring in a total ban this May, but now its new government of the Conservatives and the far-right Freedom Party have scrapped the plans. The move was spearheaded by the leader of the Freedom Party, Austria's Vice Chancellor Heinz-Christian Strache, himself a smoker, who told parliament last month that it was about freedom of choice.

He said restaurants should be free to decide if they want to have smoking sections, where "a citizen has the possibility to decide perhaps to enjoy a cigarette or a pipe or a cigar with their coffee".

QUOTE

"If having a soul means being able to feel love

and loyalty and gratitude, then animals are better off than a lot of humans" - James Alfred Wight.

ON THIS DATE – FEBRUARY 23RD

1903 - U. S. President Theodore Roosevelt signed a 'perpetual lease' on Guantanamo Bay in Cuba.

1936 - In Russia, an unmanned balloon rose to a record height of 25 miles.

1940 - Woody Guthrie dated his song "This Land Is Your Land" to this date. His original title was "God Bless America."

1944 - Children's allowances were introduced in the Irish Free State.

1945 - U.S. Marines of the 28th Regiment, fifth division captured Mount Suribachi and raised the US flag on Iwo Jima a volcanic Japanese island in the Pacific during World War II.

1950 - Irene Terry McCoubrey (Maxi of Maxi, Dick and Twink) was born in Dublin.

1959 - Johnny Cash earned a #1 country single in Billboard magazine with "Don't Take Your Guns To Town".

1960 - White students joined African American's in a sit-in at a Winston-Salem, North Carolina. Woolworth store.

1965 - The remains of Irish hero Sir Roger Casement were flown home to Baldonnell air base to be re-interred at Glasnevin Cemetery in Dublin after almost 49 years in a prison grave at Pentonville Prison, London.

1995 - Death of 78 year old English Vet and Novelist James Alfred "Alf" Wight, known by the pen name James Herriot (Every Living Thing, All Creatures Great and Small etc).

THE TOWN OF MONOWI, NEBRASKA

Five miles from the South Dakota border in the remote northern reaches of the US state of Nebraska is the town of Monowi which as the green road sign that stands at the town limits, proudly displays has a population of 1.

When Elsie Eiler's husband Rudy died in 2004, she became Monowi's last and only resident, she is also the Mayor of her town, which entails granting her own liquor license to run the Monowi Tavern, paying taxes to herself and producing a municipal road plan every year in order to secure state funding for the town's four street lights.

Founded in 1902 when the Fremont, Elkhorn and Missouri Valley Railroad was extended

to the area, the farming town which is said to be named after a Native American word for "flower" developed into a thriving community despite reaching its peak in the 1930s, when it had only a population of 150, but like many other small communities in the Great Plains, the Monowi area couldn't hold on to its younger residents including Elsie and Rudy's children, who moved to growing cities in search of better jobs.

Elsie is also the town's librarian and there's a small collection of Monowi's history amongst the impressive 5,000 books available for loan in the building named after her late husband.

THE WORLD'S TALLEST CHURCH BUILDING IS DISSOLVING

Ulm Minster, a Lutheran church a 14th-century church finished in 1890, holds the record for the world's tallest church tower at 161.53 metres (530 feet), the fourth largest structure in the world built before the 20th century and the 12th largest church by area. And even though Ulm, which lies on the River Danube in Baden-Württemberg, Germany was heavily bombed during World War II, the church was miraculously left untouched.

But now in its 639th year, the Gothic structure with a steeple that reaches 530 feet into the air above the city for which it is named could be laid low by too many people ducking into the church's alcoves to relieve their full bladders and queasy stomachs against the ancient walls. The local building preservation agency worry that corrosive chemicals in the bodily fluids are wearing away the sandstone blocks that form the church's foundation.

In an effort to stop the flow of expelled waste, police patrols have increased in the area and city fines for public urination have been doubled to €100.

NOSTRADAMUS ALSO WROTE COOKERY RECIPES AND GAVE ADVICE ON BEAUTY TIPS

Michel De Nostredame was a 16th-century French writer, astrologer, and prophet. In his 1555 book Les Propheties, he laid out predictions for centuries to come which according to believers, successfully predicted the French revolution, the World Wars, and the election of Donald Trump amongst other events.

He was, among other things, an apothecary. Combining herbalism and pharmacy, he devised and recorded remedies. It's said he was kicked out of university when his past career as an apothecary was revealed as Tradesmen were considered sordid, but Nostradamus bounced back to travel Europe as an in-demand apothecary and famed plague fighter, though his remedies failed to save his wife and two children who died of the disease.

Some of Nostradamus's Beauty treatments from the book The Elixirs of Nostradamus seem poisonous, such as lye for giving hair blonde highlights and crushed crystal for a teeth scrub. To make a beard darker and softer, or to dye whiskers the colour of "black amber" he recommends soap mixed with ashes and walnut juice.



Saint John of God Community Services CLG Kerry Services

Saint John of God Kerry Services provides a range of programmes and services for adults and children with an intellectual disability throughout the Kerry region. A person-centered approach to service delivery is promoted in accordance with the Organisations values and ethos and in keeping with its commitment to the continuing development of community based services.

If you are looking for a new exciting challenge and share best practice, the following role might be of interest:

Co-ordinator Community Based Day Services (Permanent Contract of Employment)

The successful candidate will manage and develop an innovative range of community and person-directed supports that enables each individual to access community opportunities in accordance with the principles of New Directions - National Standards for Services and Supports for Adults with Disabilities.

The successful candidate must:

- Have a recognised 3rd Level qualification at NQF Level 8 in Allied Health/Health and Social Care profession.
- Have at least 3 years post qualification experience of working with adults with an intellectual disability.
- In excess of two year's demonstrable supervisory experience, along with excellent managerial and leadership skills.
- Experience of working with individuals who have moderate, severe to profound disabilities is desirable.
- Experience of working with individuals who present with behaviours that challenge is advantageous.
- Demonstrate evidence of continued commitment to professional development.
- Previous experience in training and community development e.g. QQI with a creative approach to service delivery.
- Demonstrate knowledge and leadership in New Directions and Person Directed Planning.
- Excellent communication skills essential.
- A full clean driver's license for manual vehicles is essential.

Interested candidates should apply by forwarding a Cover letter and Curriculum Vita, **including written explanation for any gaps in employment**, to the Human Resources Department, Saint John of God Community Services CLG, Human Resources Department, Monavalley Industrial Estate, Tralee, Co. Kerry, Ireland or by email to sjogkerry.recruitment@sjog.ie Closing Date for receipt of applications is Tuesday 6th March 2018 at 5pm

Shortlisting will be based on information that candidates provide in their application in line with above requirements. A panel may be formed from this campaign from which further vacancies which may arise during the lifetime of the panel will be filled.

Informal enquiries to Ms Helena Cronin Programme Manager, Day Services. Tel: 066 7124333

Sain John of God Community Services CLG, Kerry Services is an equal opportunities employer
Hospitality - Compassion - Excellence - Trust - Justice - Respect



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A Stamp of Electrical Excellence

**Cleaner Required in Killarney
for 4 hours a week.**

Day and hours can be agreed.

Contact:- mgallagher@tradekitdirect.ie

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or notice
to advertise here,
why not give us a call!
064 66 70000
Des: 087 6593427**

Hegarty's

SPAR 

SUPERMARKET

**THE COUNTESS SHOPPING CENTRE,
PARK ROAD, KILLARNEY
064 66 31814**

**We have the following
positions available:**

- **RETAIL STAFF**
(Full Time/ Part Time)
- **DELI ASSISTANT**
(Full Time/ Part Time)

PLEASE POST C.V TO:

**Valerie Hegarty, Hegarty's Spar, Park Road,
The Countess Shopping Centre, Killarney
Tel: 064 66 31814**



**Listry Community Council CLG
Listry Community Centre, Faha, Killarney**

**Recruiting for a full time CHILDCARE Assistant
to cover Maternity leave and Relief Panel
Childcare Assistants**

Essential skills/qualifications required for the position are:

- A professional qualification in childcare. A major award in childcare/early education at a minimum of level 5 on the National Framework of Qualifications of Ireland (NFQ) or an equivalent nationally recognized qualification or a higher award in the childcare/early education field.

**CV's can be posted or submitted via Email:
firststepchildcare@eircom.net**

CV's should be returned no later than 5pm on the 2nd March 2018.

**Short listing will take place and a panel will be formed for future positions.
Interviews will be held during the weeks of 11th to the 23rd of March 2018.**

First Step Childcare Centre is managed by a voluntary management committee under the directorship of Listry Community Council CLG. Listry Community Council CLG is an equal opportunities employer.

Transforming Ireland

Funded by the Irish Government
under the National Childcare Investment Programme 2006-2010



**SALES
REPRESENTATIVE
TO COVER MUNSTER**

**Daily customer visits to increase sales/servicing
existing customers/identify new market
opportunities.**

The ideal candidate:

Confident, Motivated and Target Driven.
Work on own initiative.
Strong customer focus.
Excellent communication & organisation skills.
Professional & well presented.
Full clean driving Licence.
Business to business sales experience an advantage.

Package:

Salary negotiable depending on experience.
Company vehicle provided.

**If you are interested in this role please send your C.V
and a cover note to
Box No: 160218 Killarney Outlook, 30 High Street,
Killarney, Co. Kerry.**

PART-TIME STOREMAN and TRUCK DRIVER REQUIRED FOR BUSY STORE IN THE CASTLEISLAND AREA.

Please forward C.V. to
**OUTLOOK PUBLICATIONS, PO BOX 8,
TRALEE ROAD, CASTLEISLAND, CO. KERRY**
before Thursday 1st March 2018.



Must have a love of the outdoors and animals.

Experience an advantage but not a necessity as training will be provided.

WANTED SEASONAL FULL & PART TIME

Send C.V to P.O. 5217
Killarney Outlook, 30 High
St., Killarney, Co. Kerry.



FAHA NATIONAL SCHOOL

AN FHAITHCHE CILL AIRNE CO. CHIARRAI



Faha NS, a vibrant and growing school of 205 pupils on the outskirts of Killarney, is now taking enrolments for 2018

Application forms are available from the school or the school website.

Please call us on 064 6644619, call into the school, send an email to faha.ias@eircom.net or visit our website www.fahans.com

We would be delighted to chat to you and answer any questions or queries you may have.



HealthPromotingSchools
Scoileanna Cothaithe Sláinte



**enable
ireland**

Disability Services
Life With No Limits

- Admin/Care Assistant
- Bus Driver

**Enable Ireland Kerry Adult Services
are seeking**

- Administrator/Care Assistant
- Bus Driver

D Driving Licence is required.

Applicants must be eligible for a CE Scheme.

**Applications and Job Description available
from Reception at
Kerry Adult Services,
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Tralee.**

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 BURKETT TAKES A LOOK AT WHAT'S
 IN STORE IN THE SOAPS THIS WEEK



CORONATION STREET

This week sees Rana finally admit that her marriage is a sham. While Zeedan pushes his wife closer to Kate, Sophie is devastated by Kate's change of mind. Meanwhile, Tyrone and Gemma grow closer. Elsewhere, Bethany is in trouble with the police.

EASTENDERS

The Carter family face more drama from Aidan this week as they fight to keep the Vic. While Mick and Linda try to keep control, Aidan gives Keanu another job. Meanwhile, Stacey and Martin receive a shock. Elsewhere, Kim braces herself for the results.

FAIR CITY

There are two surprise returns in Carraigstown this week as Dolores's friend Ronan who is terminally ill arrives on her doorstep while Carol and Robbie are rocked by Aoife's comeback. Meanwhile, Pete is conflicted by Dolores and Ronan's closeness. Elsewhere, Karen gives her mother an ultimatum.

Drop off/Post: Killarney Outlook, 30 High St, Killarney **Tel:** 064 667 0000

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GARDENING OUTLOOK



with John O'Sullivan

FOCUS ON HERBACEOUS PERENNIALS

What we mean when we call a plant an Herbaceous Perennial is that in most of them the stems are soft, succulent and green as opposed to being brown and woody. With most Herbaceous Perennial they will sprout growth from ground level in Spring and will grow and flower right through the Summer and into the Autumn. With most Herbaceous Perennials in late Autumn and early Winter they start to look a bit ragged. But depending on the severity of the Winter some will hold on until the first real cold snap. The maintenance for most Herbaceous Perennials isn't a lot really. During late Autumn early Winter cut the majority of them down to ground level and mulch over with some compost. Some Herbaceous Perennials such as Lupins and semi hardy Fuchsias will have woody stems because of the milder climate here so when pruning back cut right back to just a couple of inches above ground level.

Herbaceous Perennials are a valuable plant in the garden for a number of reasons.

1. Because of the length of time they flower for.
 2. Because of the short length of time it takes them to grow to the maximum height and spread.
- When planting a Herbaceous Border always remember to plant the taller ones to the back or middle and the smaller growing ones to the front. When choosing your plants pick one plant that you can repeatedly plant in the border to create a sense of continuity to the planting scheme. Herbaceous Perennials flower from April until October/November so you have a wide range of flowering times and colour to choose from. The secret to having a good flowering Herbaceous Border is every few years in the Winter to lift and divide the plants that are suitable for this.

Next week I will focus on Roses.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

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SouthWest Counselling Centre

SELF-ACCEPTANCE

One of my favourite Oscar Wilde quotes says 'Be yourself, everyone else is taken'. So why is it so difficult for us to do just that? Liking ourselves and being ourselves has to do with self-acceptance. Self-acceptance refers to our ability to embrace all facets of ourselves and not just the positive, acceptable parts. Whilst we may recognize our limitations and weaknesses – accepting ourselves fully means we accept these aspects of ourselves too. We stop judging ourselves and being so hard on ourselves.

Research shows that before the age of eight we are unable to form a sense of ourselves separate from that which was transmitted to us by those who care for us. So often I hear clients say to me that their parents were unable or unwilling to communicate the message to them that they were totally okay and acceptable. In addition to this we may have received much disapproval and criticism from teachers, siblings, other relatives and/or our peers. Is it any wonder then that we come to see ourselves as inadequate in many ways? A consequence of this is that we may go on to regard many aspects of ourselves negatively. We 'beat ourselves up' often telling ourselves the very same thing that an overly critical parent or teacher may have said.

So how then do we become more self-accepting?

Developing self-acceptance requires that we develop more self-compassion for ourselves. The Buddhist teacher Pema Chodron says that "Compassion isn't some kind of self-improvement project or ideal that we're trying to live up to. Having compassion starts and ends with having compassion for all those unwanted parts of ourselves, all those imperfections that we don't even want to look at". However learning to be self-compassionate and kind to ourselves can seem like quite a new idea and represents a deep change in our attitude and way of being. In order to ensure our survival our brains have been designed in such a way as to give attention to the negative stuff. Self-criticism has in fact played an important role for us. However, this criticism needs to be tempered with kindness and not allowed to be a habit based response formed from patterns laid down in our early childhood. Whenever we criticise ourselves we are triggering the same threat and protection systems in the body and brain that get activated when threatened by other people.

By cultivating more self-compassion we come to like ourselves more and to view ourselves as deserving of love and respect. This in turn can lead us to showing not just more kindness and goodwill toward ourselves but towards others as well.

Next week we will look further at developing and cultivating self acceptance.

SouthWest Counselling Centre Killarney. SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie.

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call 064 6636416/064 6636100

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision



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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

CAD - Computer Aided Design Course (ET115) - Tralee.

This course offers participants the opportunity to develop knowledge and skills in 2D and 3D computer aided design. Participants must have technical drawing and maths in the Leaving Certificate or equivalent. **Start Date:** 26th February 2018. **Duration:** 34 weeks. **Certification:** City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

ECDL (ETK79) - Tralee.

This course offers participants the opportunity to develop the computer skills needed to work in an office. It covers keyboard skills, computer essentials, online essentials, word processing, spreadsheets, databases, presentation software, and career planning & job seeking skills. **Start Date:** 26th February 2018. **Duration:** 18 weeks. **Certification:** ECDL Award, Level 1 Office Procedures Certificate and Typewriting Certificate.

Bus Driving - D Licence (ET07114) - Tralee.

This course provides participants with skills and related knowledge in the rules of the road, driving a Large Public Service Vehicle (LPSV), customer service, documentation, first aid, manual handling and fire safety, digital tachograph, technical standards and work experience. Applicants must have a current full Class B Driving Licence and Class D Learner Permit. **Start Date:** 5th March 2018. **Duration:** 14 Weeks. **Certification:** Class D Driving Licence and CPC, Occupational First Aid and CILT Digital Tachograph Certificates.

Manual & Computerised Payroll and Bookkeeping (ET025) - Tralee & Killarney.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. **Start Date:** 26th March 2018 in Tralee and the 14th May 2018 in Killarney. **Duration:** 10 weeks. **Certification:** QQI Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

Traditional Stonewall & Landscape Gardening Construction (ET4R8) - Tralee.

This course provides participants with the knowledge and skills to build a range of stone walls and landscape gardening features. **Start Date:** 26th March 2018. **Duration:** 34 weeks. **Certification:** QQI Special Purpose Award in Traditional Stonewall Construction.

Construction Ground Work Skills (ET23462) - Tralee.

This course provides participants with the knowledge and skills to construct concrete slabs and paths and to lay kerbs, flags and pavements under various conditions. **Start Date:** 9th April 2018. **Duration:** 16 weeks. **Certification:** QQI Level 4 Award.

Fibre Installation Technician (ET08632) - Tralee

This course provides participants with the specialist knowledge and skills to install, fault find, repair and test fibre optic and copper communications networks. **Start Date:** 9th April 2018. **Duration:** 24 weeks. **Certification:** City & Guilds Level 2 Award in Communications Cabling.

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This course is an excellent starting point for a career in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 14th May 2018. **Duration:** 20 weeks. **Certification:** City & Guilds Level 2 Diploma in Food Preparation and Cooking.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre


Monavalley, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

<http://kerryetbtrainingcentre.ie>, e-mail: training@kerryetbtrainingcentre.ie



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A WORD OF VICTORY

Welcome back dear reader, "today if you hear His voice do not harden your hearts....See to it that none of you has a sinful, unbelieving heart that turns away from the living God" (Hebrews 3:7-12). Last week we saw that God is Love (1st John 4:8). Do you know that God loves you? He does. Passionately! He is proud of you and He knows what's in your heart. But our enemy the Devil - the father of lies, twists and perverts our relationship with God through sin so that people feel condemned and afraid to approach Him, fearing that they are not good enough. Look, we have all sinned and fallen short of God's glory and we could never be 'good enough' in ourselves (Romans 3:23). But that's why Jesus came! Father God sent Him to die in your place and take away your sin so that you could be redeemed and brought back into right relationship with Him as though you had never sinned. Sin separates us from God, and hardens the heart. The Devil then reinforces the separation by accusing the person in their heart that God could never love them or accept them, bringing condemnation and despair. When people try to do good deeds to get on the right side of God they may think it's the proper thing to do, but the Bible tells us these righteous acts are like hitting God across the face with filthy rags (Isaiah 64:6). I remember being caught by one of my siblings (who thought it was very funny) with a swipe of a dirty dishcloth across the face once, and the rotten way I felt after. I would never like to inflict this on God, but the Word tells us that when we try to make ourselves right by good works this is what we are doing. "For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast" (Ephesians 2:8-9). When we acknowledge Jesus as Lord and ask Him to come into our life we are released from the burden of having to make ourselves right with God. He gives us the free gift of Salvation under the New Covenant which He established based on the sacrifice that Jesus made, and that Salvation opens the way for us to become children of God - loved and cherished, blessed, healed, protected, healthy and secure in the knowledge of eternal life in Heaven with Him when we die. Today, do not harden your heart - call on Jesus and receive your free gift of Love (Romans 10:8-13). More next week....

Contact: 064 - 66 22950 E: wovkillarney@gmail.com
W: wordofvictory.net

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
 Take it dear heart of Jesus and place it within your heart where your Father sees it.
 Then in his merciful eyes it will become your favour not mine.
 Amen.
 Say this prayer three times for three days and your favour will be granted.

My prayers were answered.
Brid

NOVENA TO THE SACRED HEART

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 Take it dear heart of Jesus and place it within your heart where your Father sees it.
 Then in his merciful eyes it will become your favour not mine.
 Amen.
 Say this prayer three times for three days and your favour will be granted.

My prayers were answered.
Brid

PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr,
 You who quickly brings things to pass
 You who never delays, I come to you in need:
 (Clearly express what you want and ask him to find a way to get it to you)
 Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise)
 Be quick, Saint Expedite!
 Grant my wish before your candle burns out and I will glorify your name
 Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion.
 For anyone in need say this prayer and your request will be granted. My request was granted.
 Amen.

UNFAILING PRAYER TO ST. ANTHONY

O Holy St. Anthony, gentlest of Saints, your love for God and Charity for His creatures made you worthy, when on earth, to possess miraculous powers.
 Miracles that waited on your word, which you were ready to speak for those in trouble or anxiety. Encouraged by this thought, I implore of you to obtain for me (request) the favour that I seek.
 O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant Jesus, who loved to be held in your arms, and the gratitude of my heart will ever be yours. Amen
 St. Anthony pray for us x 3.

NOVENA TO ST. ANTHONY

The Saint of Miracles O holy St. Anthony, gentlest of saints, your love for God and charity for your neighbour made you worthy when on earth to possess miraculous powers. Miracles waited on your word which you were ever ready to speak for those in trouble and anxiety. Encouraged by this thought I implore of you to obtain for me my request... (mention request). The answer to my prayer may require a miracle. Even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, intercede for me and the gratitude of my heart will ever be yours. Amen.

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
 (Mention favour).
 Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
 Then in his merciful eyes it will become your favour not mine. Amen.
 Say this prayer for three days. Publication of prayer and favour will be granted.

D.B

NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come in confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus. if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days. Must promise publication.

THANKS TO THE SACRED HEART

A thousand thanks to the Universe, Our Lady, Sacred Heart of Jesus, All the Angels and Saints and The Holy Spirit.

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

A TRIBUTE



In Loving Memory of

BRENDAN CASEY

Roxboro House, Firies
who passed away on the 22nd
January 2018

R.I.P

Hi, it's you there, how can I just confine you to memory as you were ever good for a story or two and even more?
When the sole attraction was a pint, it would not be long before they,the ponies were under starters' orders.

Brendan, you were never lost for names and of course one of the more memorable quips from your quick tongue will stand the test of time, when during animated discussion, you wittily remarked, "stand back there, or you might get a kick from a horse".

Though the memory is foggy now, so others will be more familiar with your multi tasking ability, which gained you favour when the need was greatest. The ticking clock was never an obstacle, such was your interest in and determination to complete any invention or repair. Indeed privately, you may have been guided by the example of that great protege and fellow Kerry man, St. Brendan the Navigator. You were also kind and showed a sincere interest in young lads, that were anxious to learn.

As the last challenge beckoned, Brendan, you showed remarkable resilience and acceptance as the path came to the inevitable conclusion, that witnessed the light quench in your gentle loving being. May you now be granted ready entry to the stewards room in the trotting arena above the skies to claim reward for a life well spent.

- Donal O'Connor

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