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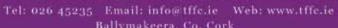
 $Launching\ Christmas\ in\ Killarney\ CD\ of\ festive\ songs\ at\ St\ Olivers\ National\ School,\ sung\ by\ the\ school\ choir,\ Killarney\ Golf\ Club$ Male Voice Choir & Killorglins 'Oh Happy Days' Ladies Choir. L-R Pauline Hayes (Oh Happy Days Ladies Choir), Bernard Collins (Killarney Golf Club Male Choir) & Muinteoir Jospehine Doncel. Front Row L-R Kieran Horgan (Student Choir), Noel O'Sullivan (Music Teacher at St Olivers NS) & Kaysey O'Connor (Student Choir). PICTURE: MARIE CARROLL-O'SULLIVAN







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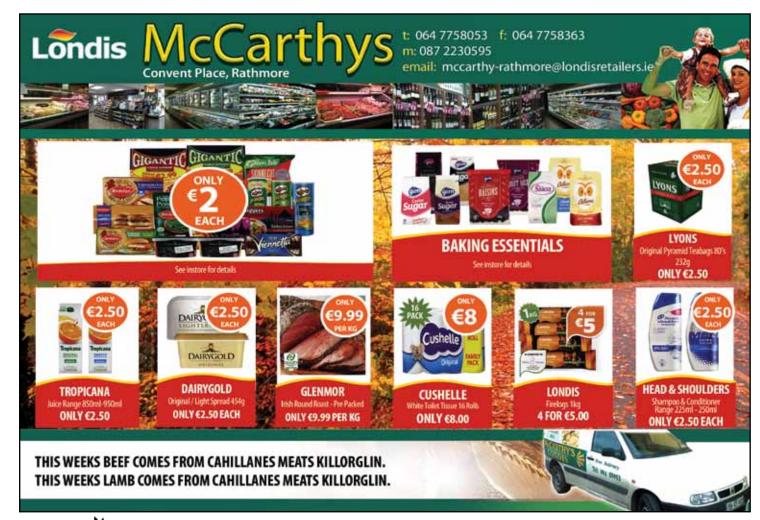


€50.00



CASH AND COLLECT











EDITOR'S NOTE



Christmas is creeping up on us and there is no going back after tomorrow night's Christmas In Killarney Opening Parade.

The magic begins at 6pm in the town, but be sure to be early as thousands are expected to line the streets for the spectacular parade. Our photographer Marie Carroll

O'Sullivan will be out and about with her camera, so if you catch her eye and you could be featured in next week's Killarney Outlook. The Christmas In Killarney Festival wouldn't be possible without the amazing volunteers who put hours of work into the event and the opening parade

will be followed by four smaller events every Saturday night until Christmas.

Hope you all enjoy the opening festivities of Christmas In Killarney!

Aisling Crasbie, Editor
086 0400958
news@outlookmags.com



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com



A choral colaboration to celebrate Christmas In Killarney has been launched this week at St. Oliver's National School. 'It's Christmas in Killarney!' is a twenty nine song, 2 CD collection of live recordings of the Killarney Golf Club Male Voice Choir, St. Oliver's National School Choir and O Happy Day Ladies' Choir singing Christmas songs in St. Mary's Church of Ireland, Killarney.

In early December 2008, a new tradition of Christmas in Killarney was born. The newly formed Killarney Golf Club Male Voice Choir joined the St. Oliver's National School Choir to give a performance of Christmas songs and carols in St. Mary's Church of Ireland in Killarney.

The unique combination happened when Choir Director and Musical Director of both choirs at the time, Noreen Coffey and Noel O'Sullivan came together. The blend of both choirs proved to be very popular and so the concert was repeated in 2009, and every year since.

A number of years ago, Russ Browne became Choir Director of the Killarney Golf Club Male Voice Choir. Russ also happened to be the Choir Director of the O Happy Day Ladies' Choir in Killorglin and she involved the O Happy Day Ladies' Choir that year in the established choral night in St. Mary's Church. The audience were treated to a stunning night from the trio of choirs and this has become the tradition in St. Mary's Church in early December ever since.

The song that kicked off the first concert and every concert since was 'Christmas in Killarney!' It was on the B side of Bing Crosby's 'I'm Dreaming of a White Christmas' record which was the biggest selling record for many years. The song has become synonymous with the choral night in December and that is why the CD title 'It's Christmas in Killarney!' was chosen. The twin CD set sleeve and booklet was designed by Noel O' Sullivan and Josephine Doncel. The graphic designer who skilfully put the designs into reality was Tony Clifford of Ross Road. The CD set is encased in a Victorian style design which features stunning photographs of Killarney at Christmas. These photos were taken and donated generously by Killarney photographers Peter O' Toole, Valerie O' Sullivan, Michelle Cooper Galvin

and Ian Cronin. The profits from the CDs will be going to the Kerry Cork Health Link Bus and the St. Oliver's School Fund. The CDs are available from shops around Killarney and from the office in St. Oliver's N.S. for only €10! There is only a limited run available so don't delay as they will be snapped up!

"I am lucky enough to be part of the night since 2008 as I play keyboard with the St. Oliver's N.S. choir. For the last few years, listening to the three choirs on this special night, I would get the same notion every year, that we should record this night on CD:

Noel O'Sullivan, CD producer told the Killarney Outlook. "Josephine Doncel, Choir Director of the St. Oliver's NS Choir and Russ Browne director of the other two choirs gave me the thumbs up and so we got to work throughout January. It was a strange experience singing Christmas songs in January but it was so worth it!", he added.

This year's choral night in St. Mary's Church of Ireland is planned for Tuesday December the 10th at 7.30pm

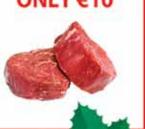
PHOTO: MARIE CARROLL O'SULLIVAN.



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INDUSTRY EXPERTS TO ATTEND TOURISM FORUM

Kerry Tourism Industry Forum are hosting a half-day of panel discussions and interactive conversations with industry experts and commentators on November 25th in The Brehon, Killarney.

The event is being organised by the Kerry Tourism Industry Forum (KTIF), an open forum between employers and business people with a vested interest in Tourism in County Kerry. KTIF was set up two years ago to share insights and areas of common interest with the intention of developing a position on a number of matters that may help the health, sustainability and development of tourism in Kerry. The round table discussions they host are between tourism

industry employers and the intention is to focus on tourism within the whole county of Kerry, without favour for any one industry or geographical area. It is hoped the forum will develop into a Destination Management Organisation in the near future. The event on 25th November is a vital discussion on the future of tourism in County Kerry. Whilst indicative figures for visitor numbers into the county appear to be holding their own, industry practitioners at grassroots level are anxious that the spirit of complacency does not slip in at national and local policy level. Further to a recent survey carried out amongst the tourism industry practitioners in County Kerry, summer 2019 was not the

prettiest of pictures for everyone.

Among the themes for duscussion will be:

•Summer 2019 season – review of survey

•The Destination Management of County Kerry as a whole

•Trends and areas of concern for tourism practitioners in County Kerry such as insurance, VAT and Brexit

The date for the forum is Monday 25th November from 10am until 1pm in The Brehon, Killarney. Tickets to the event are free but you must preregister at https://www.eventbrite.ie/e/kerry-tourism-summittickets-81694954809

LATE LATE TOY SHOW CALL FOR THREE KILLARNEY STARS



A 'Golden Ticket' for three lucky Killarney boys, who will appear on the Late Late Toy Show, Friday 29th November, in front of millions of viewers far and wide L-R Irish Dancers Marcus O'Sullivan & Aodhán O'Halloran with Rian Gleeson who will be doing a book review. **PICTURE: MARIE CARROLL-O'SULLIVAN**

ot one, not two but three Killarney boys are heading for this year's Late Late Toy Show to perform at the iconic TV Special.

The idea of being on the Late Late Toy Show is every child dreams and one local mum decided that she would enter her son Aodhán O Halloran (aged 7yrs) and his friend Marcus O Sullivan (aged 6yrs) in the auditions.

"I searched through videos of their summer performances at Weddings, clipped it down to include a group of younger dancers from the Aine Murphy Dance Academy" Geraldine O'Halloran told the Killarney Outlook. "I almost The light in a child's eyes is all it takes to make Christmas a magical time of year

missing the deadline" Geraldine admitted and she submitted the application in a Taxi on route to a Feis in London. It was a little over a month ago when Geraldine received a call offering the boys a chance to audition and both were truly delighted when word came through that they were successful.

At the moment they are in the throes of rehearsals but their performance is a big secret - all of which will be revealed in this year's Late Late Toy Show which will be aired on RTE 1 on Friday next, November 29th.

However, before the boys take this opportunity in their stride, they both have to compete in the Munster Irish Dancing Championships in Killarney this weekend.

The boys will be joined in RTE by another local boy, Rian Gleeson, aged 7 from Artygallivan who has been selected as a Book Reviewer on the show.

Rian's step mom Paula, who runs the Gleeson School of Drama, penned a special poem about the Toy Show which Rian recited in his first audition. He subsequently had to go through another two audition rounds including a trip to the RTÉ studios in Dublin to meet the members of the Toy Show team.

Rian took the book "My Golden Ticket: Willy Wonka Experience" with him to the audition to review, and was so excited to hear that it is also Ryan Tubridy's favourite book! Ryan is one of Rian's heroes and would love to "present the Toy Show when Ryan retires!"

Rian, who is in second class in Gaelscoil Faithleann, and son of Mícheál and Caroline, has been a member of The Gleeson School of Drama for the last two years and is an avid reader, being a regular visitor the the Killarney local library since he was 3, so he is delighted that he will get to review books for the show, although he still does not know what books! "I cannot wait to see all the toys and books, meet Tubs and have loads of fun. I will be a little bit nervous I think, but that's ok! I just cannot wait", an excited Rian told the Killarney Outlook.

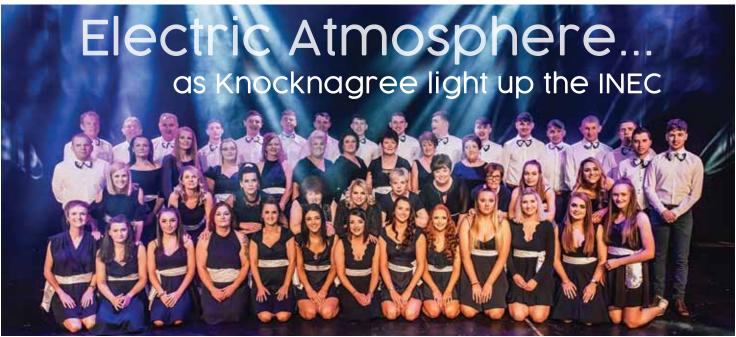
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The contestants of Lip Sync Battle Knocknagree which took place at the INEC on Friday evening raising funds for Knocknagree GAA.. PICTURES: MARIE CARROLL - O'SULLIVAN

∕ nocknagree GAA held a Lip Sync Battle Fundraiser in the INEC Arena on Friday 15th November to an audience of over 700 people.

Patrons were treated to a spectacular show filled with epic dance routines, daring lifts and tricks and 12 Footballers dressed up as Britney Spears.

Creative Director Joe Burkett who trained all 9 of the local acts told us of the amazing atmosphere, 'The INEC was electric on Friday night. The entire village of Knocknagree and the surrounding communities were out in force to support their local club. All 9 acts that took to the stage were outstanding. It was an extremely close call with the public vote while the judges (Paud O'Donoghue, Margaret O Sullivan and Laurance Hickey) were stuck between 5 acts.' The winners on the nights were Sister Act who won the Public Vote and Pink who took home

the judges trophy.

Sister Act were made up of members of the Tureencahill Active Retirement Group -

Nora Dunlea, Kathleen Dennehy, Nora Murphy, Evelyn Cronin, Sheila O'Connor and Betty Moynihan. All 6 ladies were thrilled with the win adding that it was the best fun and it was a most enjoyable experience.

Katelynn O'Keeffe and Elaine O'Leary along with their backing dancers Chris Whyte, Andrew Sheehan, Timmy O Connor and Paul O Connor raised the judges trophy with their stunning version of Pinks Raise Your Glass. Both Elaine and Katelynn encouraged anyone out there thinking of taking part in a fundraising event to do so as it's so enjoyable and great craic.

Chairman Jeremiah Moynihan paid tribute to his amazing Committee of organisers, 'Elaine Cronin, Mary & Mike Dilworth, Anne Burke o Donoghue, Denis Twomey, Joanne Dennehy and Noreen o Connor did an amazing job of ensuring the show was the best it could be. Great teamwork by all. As a committee, wed like to thank all 9 acts, 52 people for giving up their time and putting in some much effort to create a show that will go in history as one of the best Knocknagree has ever produced. We're very grateful. Our final thank yous go to you Joe Burkett who is an amazingly talented guy, very easy to work with and always at the end of the phone, to MC David O Connor, he played a blinder, Shane O Leary of Munster Drone Services for all their hard work in creating the promo videos and to all the backstage crew, thank you.'

A fantastic night for the community of Knocknagree following their county championship victory.



at the INEC on Friday evening were Back Row L-R Michelle Twomey, Kay O'Keeffe, Shirley INEC on Friday evening before the show. Nagle, Julia O'Connor & Orla O'Callaghan. Front Row L-R Anne Marie Moriarty & Joanna Hughes.



Performing Tina Turner's 'River Deep Mountain High' at the Knocknagree GAA Lip Sync The Knocknagree GAA Lip Sync Committee pictured with creative director Joe Burkett at the

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Beautiful detached 3 bedroom bungalow (1,340 ft²t) on approx 0.46 acre site located on a small private development of 5 houses within walking distance of Gneeveguilla National School and village. Features include red deal internal doors, PVC double glazed windows, oil fired central heating and tarmacadam driveway.

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Strategically located just a short drive from Killarney Town Centre, these new homes are within walking distance of Kilcummin Village. Comprising of three bedrooms one ensuite, these 1,261ft2 'A' rated block built properties are sure to appeal to all purchasers. Each property is built to an exceptional standard and generous allowances are provided.

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LAKE HOTEL STAFF LACE UP FOR TEMPLE STREET Following a series of running events in which



Stephen Dennehy, Bar Manager, Stanislav Gnjastovic, Porter, Alex Gogin, Bar Tender, Sinead Butler, Duty Manager, Javier Gonzales, Duty Manager, Catherine Burke, Front Office Manager, just some of the staff at The Lake Hotel, Killarney who raised €5,677 in aid of the Temple Street Childrens Hospital which was raised during a series of running events through the National Park and in the surrounding areas. PHOTO: DON MACMONAGLE

running events in which staff members at the Lake Hotel participated, a cheque for €5,677 was handed over to Temple Street Children's Hospital this week.

hotel's **Employee** Representative team decided to lace up their running shoes and form a running club to raise funds for this very worthy cause. The team took part in a series of running events from September this year and invited their colleagues to complete four 5kilometre runs through the National Park and in the surrounding areas. Each participant's entry fee was donated to the chosen charity. In September, four Lake Hotel employees completed the Dingle Marathon, seeking sponsorship from their colleagues with all proceeds going to Temple Street. The Lake Hotel employees were delighted to sponsor their comrades and help raise funds for Temple Street Children's Hospital. Total funds raised from the running club membership and the Dingle Marathon sponsorship amounted to €5,677.

Stephen Dennehy, chairperson of the Employee Representative team at The Lake Hotel is already thinking of next year's fundraising efforts. "We were delighted to be sending a cheque of this value to Temple Street Children's hospital and are very grateful to everyone who supported this fantastic cause. Each year we organize a fundraising event, last year we completed a sky dive in aid of Kerry Mountain Rescue, this year we formed The Lake running club in aid of Temple Street, so we look forward to what next year will bring."

Local artists celebrated at the Credit Union

The winners of the annual Killarney Credit Union Art Competition were presented with their prizdes at head office on Beech Road on Saturday last. There was great excitement by the many winners from the Under 7 to Over 18 category which were presented with an award certificate and cash prizes.

"There was a huge entry this year with a very strong entries from schools from the Cahersiveen area and we would like to thank all those schools throughout South Kerry who participated in the competition. With a theme of "The Walk of Life" this year allowed for great creativity and interpretation" S Karena McCarthy, Youth & Marketing Officer from Killarney

Credit Union said.

Chapter Art Poster Awards ceremony is on Saturday 30th November at Manor West Hotel commencing at 2.00 pm, to which all the young artists (who have submitted their work to Chapter) and their families are invited to attend. The first placed winners at regional level will then go on to represent Chapter 23 at the National Finals in Dublin.

Now in its 36th year, the competition attracts up to 50,000 entries through 300 credit unions nationwide and caters for all ages, with categories ranging from under 7 to over 18 and adult. There is a special category for those with physical and intellectual disabilities.



Karena McCarthy, Youth & Marketing Officer, Killarney Credit Union, with Credit Union Art Competition prizewinners Eva Stack, centre, (first prize in 11-13 Category) and Catherine Fleming (Special Category Over 18 prizewinner). Back from left are Lily Courtney (second prize in 11-13 Category), Egle Saladziute (adult prizewinner), Natalia Gunia (14-17 Category) and Jennifer Lyne (14-17 Category).

TRÓCAIRE THANK THE PEOPLE OF KERRY AND LAUNCH 'TERRIFIC TREES' GIFT

The people of Kerry helped 561 families living in some of the world's poorest countries last year thanks to their support for Trócaire's 'Gifts of Love'.

The development agency revealed that generous people across Kerry spent €13,181 on Trócaire's gift range last year, allowing the

charity to provide families in the developing world with clean water, essential tools, livestock and help with education.

Trócaire has now added a new gift of 'Terrific Trees' for their 2019 gift range ahead of the Christmas season. This gift will help families and communities plant seeds native to their country in order to help protect trees and land for future generations, aiding soil nutrition and preventing landslides.

You can buy Trócaire gifts online at https://www.trocaire.org/gifts, by calling 1850 408 408, from Veritas stores or a Trócaire One4all gift card can be bought at all Post Offices.



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Sherry FitzGerald Coghlan

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Price Region: €285,000

BER C3

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Price Region: €150,000

BER D2



THROUGH THE KEYHOLE.

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

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Address: 9 Forge Lane, Barraduff, Killarney, V93 HE3Y Stunning three bedroomed semi-detached family home (1,320 ft²) presented in show house condition throughout with no expense spared by its current owners. Excellently located just 10 minutes to Killarney Town Centre. A generously proportioned ICF (insulated concrete formwork) house with an insulated concrete first floor complete with an efficient energy controlled heat recovery system. The accommodation on the ground floors comprises of an entrance hallway with a timber stairs with hardwood balustrade, guest bathroom, living room, kitchen / dining area. Upstairs there are three generous sized double bedrooms, master ensuite, family bathroom and a walk in wardrobe off the hallway. The property also has an attic space ideal for conversion which will allow for multiple additional rooms. Outside benefits from a private, secluded south facing rear garden which is ideal for dining alfresco or entertaining guests. A fenced boundary provides extra privacy and the property also comes with two parking spaces. This is one for your short list and an early viewing is highly recommended.

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Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427.**

Irish Red Cross Young Humanitarian Award For Donal Walsh #LiveLife Foundation

At a gala ceremony at the Ballsbridge Hotel in Dublin on Saturday night last, the Kerry-based Donal Walsh #LiveLife Foundation was named winner in the Young Humanitarian category.

Donal Walsh touched the hearts of the nation when he came to prominence through his writings and appearance on Brendan O'Connor's The Saturday Night Show.

While Donal battled cancer he became very aware of the effect his illness was having on his family and friends. Donal's experience of fighting to live spurred him on to address, publicly, an issue which he was in a very unique position to comment on: teenage suicide.

The #LiveLife Foundation was set up after Donal died, to promote his anti-suicide message and to fundraise. Donal found there were not enough facilities in hospices, in terms of teenage mental health and faith, both of which were a big part of Donal's life. Donal's Foundation has now raised and distributed €500,000 to help develop these facilities. Donal also worked tirelessly and raised €65,000 for the children's hospital in Crumlin.

Donal's parents, Elma and Finbarr Walsh, were presented with the award by Irish Red Cross Ambassador Jason Black.



Donal's parents, Elma and Finbarr Walsh, were presented with the award by Irish Red Cross Ambassador Jason

Students graduate with style at Killarney Community College

Seated Centre John Keane, Director of Adult Education with the graduates of QQI **Evening Classes** Level 5 for Manua & Computerised . Accounts, Early Childhood Care & Education, Daily Patient L<u>ivina</u> & Challenging Behaviour Courses PICTURE: MARIE CARROLL-O'SULLIVAN

Pictured at the Killarney Community College for the 2018 QQI Awards, Special Needs Assistant Level 5 Evening Course Graduates with (seated Centre) Tara O'Shea (Tutor) & John Keane (Director of Adult Education). PICTURE: MARIE CARROLL-O'SULLIVAN





Killarney Community College held their QQI Awards Certification Ceremony on Thursday last.

Over one hundred and twenty proud students were presented with their QQI Certificates. The QQI Awards were presented to both day and night students of the College. The day students graduated in Office Administration, a full-time Level 5/6 one year course. Night course Award Recipients had studied Challenging Behaviour; Daily Patient Living; Early Childhood Care & Education; Special Needs Assisting and Accounting - Manual & Computerised. These achievements greatly represent the College Mission Statement of "Excellence in Learning for Life through Respect, Responsibility and Inclusion".

Mr. John Keane, Director of Adult Education in Killarney Community College congratulated all the recipients and commended them for their commitment and the personal sacrifices made by many to complete their courses. He reminded graduates of the importance of QQI Certification and encouraged them not to stop now. He encouraged them to return to the arms of their loved ones after neglecting them during the course of their studies! College Tutors were in attendance and Mr. Keane acknowledged them for the tuition, guidance and support afforded to the students over the year.

The highly successful evening ended with light refreshments and an opportunity for students to meet with their peers and tutors.



MONEY MATTERS..

By Dermot Cronin, **Financial Advisor**



SIMPLE RULES TO HELP YOU TO PROTECT YOUR SAVINGS & INVESTMENTS:

Only invest in firms regulated by the Central Bank of Ireland. Check the risk level, track record and past performance of all savings and investments before you decide where to put your money.

Don't put all your eggs in one basket, spread around your savings and investments, you can use different providers rather than just using one. Get a second opinion from a Financial Advisor before deciding where to put your money ideally from an Advisor who can access different product providers and not just one product provider.

Review your savings and Investments at least once a year so that you can check how they have performed.

Don't make up your mind too quickly, take your time and make sure you understand everything before you make your final decision, a second opinion may be very helpful in helping you to make a decision.

If you require any further information on the above or any financial matter please contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@gmail.com



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Damien McCarthy Assoc. CIPD 086 - 1936752

| Maximum & minimum working hours and rest breaks - Employers guide

MAXIMUM WORKING HOURS

The Organisation of Working Time Act 1997 states the maximum average working week for many employees cannot exceed 48 hours. This does not mean that a working week can never exceed 48 hours; it is the average that is important. The average may be calculated over one of the following periods:

- 4 months for most employees
- 6 months for employees working in the security industry, hospitals, prisons, gas/electricity, airport/docks, agriculture or in businesses which have peak periods at certain times of the year (such as tourism)
- 12 months where this has been agreed between the employer and the employees.

MINIMUM WEEKLY WORKING TIME

There is also a minimum weekly working time. An employee is guaranteed to be compensated for 25% of the time that he or she is required to be available. So, if an employee is expected to be available for 40 hours, they are guaranteed at least 10 hours of pay.

REST PERIODS & BREAKS

There are also regulations concerning rest periods and break times for the safety and well-being of the employee. Employees are allowed at least 11 hours of daily rest per 24-hour period. They must also receive one 24-hour period of rest per week, which needs to follow an 11-hour rest period. During the work day, your staff must get a 15-minute rest break if they work 4 1/2 hours. If working 6 hours, they must get 30-minutes of rest.

For help, support and advice on the above or on any of your HR & Payroll needs please feel free to contact us.

| HR Consultancy | Payroll outsourcing | Employment Contracts Policies & Procedures | Performance Mgt.

Get your name on

THE WALL OF CHAMPIONS



Kilcummin G.A.A. Club are currently undertaking a novel fundraising initiative to help finance their on going development plans. *Peter Doyle* spoke to the club's chairman Eugene Sweeney in order to help publicise their efforts.

The current fundraising initiative is known as the "WAII OF CHAMPIONS". For as little as

€5 per week over a twelve month period or a one off payment of €250 it is hoped donors will purchase a "Brick". Donors will then have the choice of inscribing any name into their space. This will allow people the opportunity to honour the memory of Loved ones.

The club are currently implementing Phase 2 of their development plan which entails a new clubhouse, comprising of two new dressing

rooms, a referee's room, treatment rooms, meeting rooms and gym facilities.

Mr. Sweeney explained that, "construction began in July, the building is now half way there and it will be completed next June." Mr. Sweeney added that, "three years ago we collected 215,000 for Phase 1 which was a new training pitch, we now need to raise the best part of 150,000, but the people of Kilcummin are generally very good for coming on board."

Mr. Sweeney said the club did receive grants from both the Capital Sports Programme and the Munster Council, "the club's weekly lotto in effect pays for the day to day running of the club", he added.

Eugene is eager to highlight the tireless work of the volunteers in the club. There is a special development committee comprising of Paudie Healy, chairman, John Purcell, Sean O' Doherty, Denis Crowley, James Foley and Padraig O' Connor, whom are all charged with overseeing the implementation of the current development.

Eugene is confident the club will reach their target through the generosity of the people of Kilcummin, many of whom also give their time freely in their capacity as members of the club. The new facilities will be enjoyed for generations to come.

Killarney Artist set to show her work at Art Source Cork

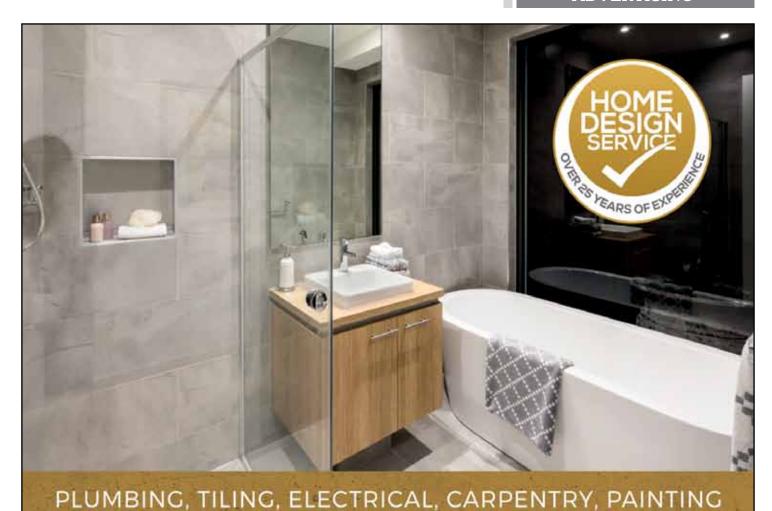
A Killarney artist with a life-long background in the sciences will feature at Art Source at Cork City Hall from Nov 29-Dec 1.

Olivia O'Carra began her career as a hospital physicist in Saint Luke's Dublin, one of only five in that profession in the country at the time. After moving to Killarney to start a family, O'Carra taught secondary school students at Loreto Convent and St. Brigid's Killarney in physics, mathematics, biology and chemistry. She took evening classes in oil painting, and when the opportunity to take an early retirement arose in 2003, she was motivated by the first sale of her works to continue in the arts. "I had always loved art in school, but I was never in a position to follow that route before now. My first solo exhibition in 2007 was a sell-out, which was an amazing feeling," Olivia said.

Art Source, Ireland's largest art fair, is branching out to Cork for the first time, and will feature 20 of Ireland's top artists and galleries showcasing affordable painting, sculpture, photography and ceramics. Art Source Cork is running alongside the Gifted Craft and Design Fair and will feature the best of contemporary Irish artists. Kerry photographer Norman McCloskey is also featuring at the exhibition. McCloskey has had his Antarctic photography featured in National Geographic and has produced two books of photography that capture the beauty of Killarney National Park and the Beara peninsula respectively.

Skellig Moon, a once-in-a-lifetime shot of a full moon aligned with the Skellig Islands, is a testament to McCloskey's persistence in the name of his craft







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Catherine Casey- manager Adapt(Right) Vera O'Leary Manager Kerry Rape & Sexual Abuse Centre (Left)

Support services join forces for 16 days of action

Two Women's Support Services in Kerry have joined forces with the Collective of Community Based Women's Networks in South Kerry to highlight the 16 Days of Action for the elimination of violence against women and children.

National Kerry Rape & Sexual Abuse Centre and ADAPT Kerry Women's Refuge and Support Service will use the 16 Days of Action Campaign as an important opportunity to raise awareness and call for changes at an international, national and local level to make women and children safe from abuse.

The campaign runs from 25th November (UN Day For the Elimination of Violence against Women) to 10th December 2019 (International Human Rights Day).

#ShareOneThing is an innovative Social Media Campaign we developed here in Kerry and is running from the 25th November to the 10th December. This Campaign asks you to support victims of domestic and sexual violence by sharing posts, posters and information over the 16 Days of Action.

Catherine Casey (Manager Adapt Kerry Women's Refuge) & Vera O'Leary (Manager Kerry Rape & Sexual Abuse Centre) who have over 25 years experiences of working with and supporting victims of domestic and sexual abuse believe that raising awareness of the issues facing victims and supporters is vital to tackling violence against women and children.

Communities, agencies & individuals can respond and assist victims by supporting this campaign and circulating information on the services here locally. You can support by following us on social media and sharing our daily messages during the 16 days.

Call for GAA fans to rally for Seamus

A Firies man and father of four is facing a life changing future following an accident last year.



earlier this month had his leg amputated above the knee.

Seamus worked in the construction industry and was self employed up to the time of the accident.

An avid GAA Fan, Seamus played football with

his native Firies before he moved to London in 1991. He continued his love of the sport there and played ith The Kingdom GAA club until they joined forces with Kerry Gaels. Seamus played for the Kingdom Kerry Gaels (KKG) until 2000 and played in the team which were beaten in the 2000 London Senior championship final. In the final year, he played for the team whilst living in Ireland.

Now his former teammates have set up a GoFundMe page to help Seamus and his family on what is going to be a very expensive road to recovery. Ruth has been a nurse carer for 6 to 9 months however this has been their only source of income since Seamus had his accident and with 4 kids the last 18 months have taken a severe toll on the family.

Seamus is now waiting for a prosthetic leg to be fitted. He will be fitted for 3 prosthetic legs within the next 2 years with the costs of that alone exceeding €200,000. And this is before physiotherapy, occupational therapy, adjustments to be made to the house and any additional costs.

"We are calling out to all those in the wider

GAA community. Think of all the great GAA men and women who have supported you down through the years. As you can read above, Seamus dedicated himself to the game and we would like to call on your generosity to help our teammate in his time of need. We have no doubt, if the shoe was on the other foot, he would be the first man to offer help", a spokesperson for the Kerry Kingdom Gaels said on social media.

Seamus was still playing football up to recently and was part of the KKG Over 35s team that took part in the annual Tommy Griffin tournament in Dingle in September 2016 and 2017.

He has passed on his love for the GAA to his kids who are currently playing underage with Milltown/Listry and Seamus is helping train the Keel/Listry U14s. A gofundme page has been set up to support Seamus and his family in his recovery. You can find the link on the Firies GAA Facebook & Twitter Pages. Or log onto www. gofundme.com and search for "Seamus O'Brien Support Fund" and donate.

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958

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KERRY PLANT

KERRY TOOL HIRE is one of thecounty's longest established familybusinesses serving the Plant and Tool Hire needs of the Killarney area and beyond for over 23 years.

Its retail sales division Allo Sales services the construction Industry in counties Kerry, Cork and Limerick.

There are 3 main aspects to our business -

HIRE, SALES & REPAIRS.

In our retail premises, at Woodland Industrial Park, we have a large volume of new stock available for hire and sale, including demolition hammers, concrete mixers, power washers, consaws, generators etc. The hire division has grown steadily over the years. We are constantly adding extra product lines, as well as upgrading existing stock.

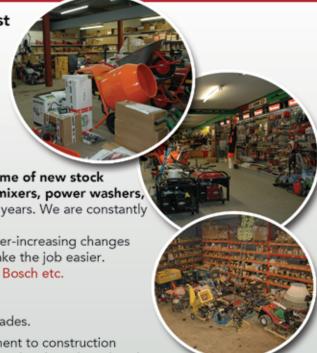
At Kerry Tool Hire, our main objective is customer satisfaction. With ever-increasing changes in building regulations, there is a constant need for the right tools to make the job easier. We stock the most reliable brands including Dewalt, Hikoki, Milwaukee, Bosch etc.

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Our busy workshop services customer machines from gardening equipment to construction machinery. We offer a FREE collection service if required. We repair all leading brands and pride ourselves on prompt turnaround on all repairs. Our experienced workshop team are always available to help. Whether it's a simple service or a major overhaul, we are equal to the task.



BLACK WEDNESDAY

Wednesday, November 27th, 2019; 1pm to 9pm.

PROMOTIONS ON THE DAY

We will have representatives from the following companies present:

KORE INSULATION — A SPECIALIST WILL BE WITH US TO INFORM ON NEW 2020 BUILDING REGULATIONS IN RELATION TO FLOOR AND WALL INSULATION ETC.

BARTELL CONSTRUCTION EQUIPMENT - DIAMOND BLADES, FLOOR PREPARATION MACHINES, PLATE COMPACTORS, POWER FLOATS ETC **DEWALT PROMOTION - TECHNICAL ADVICE AND SPECIAL OFFERS ON THE NIGHT**

TIMCO — LAUNCH OF NEW CONSTRUCTION PRODUCTS

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"The Servicing Team at Kerry Tool Hire" L/R: Arthur O'Connor, Andris Liberts, Janis Skels, & Donagh Cronin

Meet The Team





Denise Fogarty Accounts Department



Theresa O'Brien Accounts Department

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BUSINESS

OUTLOOK

GROW YOUR BUSINESS HERE - WITH US!

This week the Killarney Outlook looks closer at THE RUSTIC PANTRY, the IHF AWARDS and a school visit to WALSH COLOUR PRINT

Christmas Parties sorted with the Rustic Pantry

The Rustic Pantry, a private **L** catering company promising take the hassle out of organising the Christmas party this year. From canapés and finger food, to more traditional Christmas spreads, they have your Christmas catering needs fully covered.

Founded by Simon Regan and Dylan Kelly, who can boast of over 40 years of combined experience in five star hotels and high end restaurants. Your special occasion can be a stress free event with a tailored made menu, catering for any budget or dietary requirements, without sacrificing on quality. "We take the hassle out of entertaining, so you can enjoy being a guest at your own event. With tailored menus to suit your personal style, using the freshest seasonal locally sourced produce, along with exceptional service and attention to detail, we strive to exceed your expectations,



unsurpassed attention to detail with a hint of theatre for good measure.

Make your Christmas parties easy, and enjoy our beautiful, innovative food delivered to your

today to discuss your party needs. Call The Rustic Pantry now on 0877939760 /0863781157 or see www.therusticpantry.ie

PRES GIRLS **ENJOY VISIT** TO WALSH COLOURPRINT

5th Year Leaving Certificate Vocational Program (LCVP) students from St Brigid's Secondary School in Killarney had a very enjoyable and educational visit to Walsh Colour Print in Castleisland this week. As part of their course students must make links with the local community including a local business enterprise. Mr. Tony Walsh of Walsh Colour Print and Educate.ie was very generous with his time in showing the students around the factory and giving them an insight into the working of a printing business. The students had special interest in the early days of the business and the motivation that inspired Mr. Walsh to go into the printing business.



Special Recognition Award for Geraldine

Geraldine Tangney, Food Services Manager at the Gleneagle Hotel in Killarney, was presented with a special recognition award annual awards scheme organised by the Kerry branch of the Irish Hotels Federation. Geraldine has been a key member of staff for the past 37 years and she is one of the most popular frontline personalities in the Kerry tourism industry. She was recognised for going above and beyond the call of duty as her immediate intervention helped save a man's life when he took seriously ill on a visit to the hotel and Geraldine revived him. The man and his family were so grateful for her lifesaving actions that they return to the Gleneagle time and time again. A total of 14 employees, representing all disciplines within the hotel industry, were nominated for the award and following interviews and extensive deliberations, the panel of adjudicators announced the winner at the Kerry IHF ceremony.

The judges were former IHF National President and hotelier Michael Vaughan, Mary Rose Stafford, Head of School of Business at IT Tralee and Caroline McEnery of the HR Suite in Tralee. Meanwhile Roland Ujbanyi, a dedicated member of staff at the Parknasilla Resort and Spa in Sneem has been crowned Employee of the Year in an annual awards scheme organised by the Kerry branch of the Irish Hotels Federation. Roland Ujbanyi, who works as a therapist in the hotel's spa and leisure centre, will now go on to represent the county at national level.

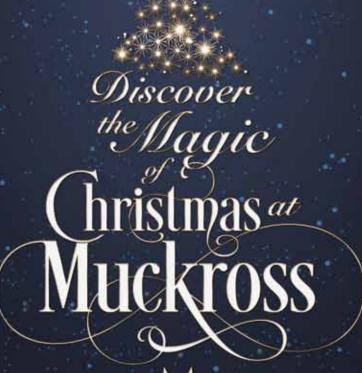
A native of Hungary and a qualified PE teacher, Roland arrived in Ireland in 2015 without a word of English and started work



Geraldine Tangney, The Gleneagle Hotel receiving the Hotel Employee of the Year Finalist and the Special Recognition Awards from Bernadette Randles, Chairperson, Kerry Branch IHF and Ruth O'Sullivan, KIHF, at a special function in The International Hotel Killarney this week. Also in photo is John Dolan, General Manager] PHOTO: DON MACMONAGLE

in Parknasilla as a kitchen porter. He taught himself the language by placing a new word on a board in the kitchen every day and learning it. He later enrolled for English classes and is now learning Irish. He worked his way up to the position of spa therapist and he has hugely impressed his employers and work colleagues.

The other 12 finalists were Padraig O'Mahony, Manor West Hotel, Tralee; Sheila McCarthy, Randles Hotels, Killarney; Kieran Belshaw, Great Southern Killarney; Mary O'Leary, Cahernane Hotel, Killarney; Noreen Clarke, Ballygarry House Hotel, Tralee; David Maesiac, Ross Hotel, Killarney; Ester McCarthy, Ballyseede Hotel, Tralee; Noreen McEligott, Rose Hotel, Tralee; Mary Somers, The Brehon, Killarney; Jennifer Mulcahy, Killarney Park Hotel; Billy O'Dea, Killarney Plaza Hotel and Louise Fleming, Killarney Towers Hotel.



SUNDAY 24th NOVEMBER from 1-4pm

Christmas Lights Switch on

Join us for a festive afternoon to light up Muckross. Christmas Tree Lights switch on at 2.30pm.

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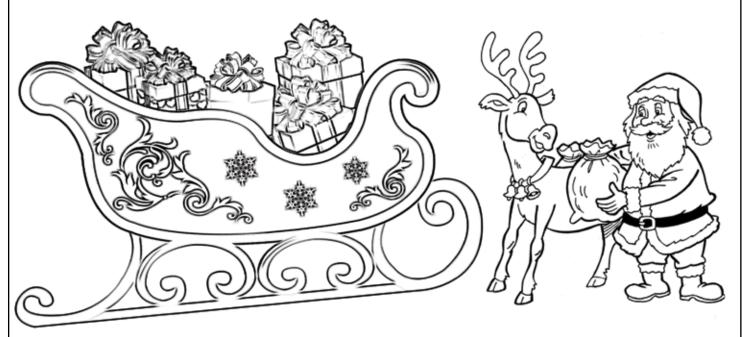
The Mills Inn - An Muileann, Baile Bhúinne, Co Choncaí - 026 45237





Christmas Colouring Comp

in conjuction with Killarney Sleigh Rides



Enter out colouring competition to win a trip on "Santa's Sleigh" in conjunction with Killarney Sleigh Rides. Entries can be dropped into our Special Box in Eagers Newsagents or posted direct to Outlook Magazines, Castleisland, Co. Kerry.

Final date for entries is Monday 9th December 2019. Please attach name, address, age and contact number with each entry.













County Fleadh to stay in Milltown

The annual County Fleadh will stay in Milltown for the third year in a row.

Announcing the news, Chairman Vincent Prendergast said, "We're delighted to welcome all the trad family of Kerry back to Milltown in June. We've a proven team of volunteers and the venues are second to none, and musicians from Tarbert to Tuosist are happy with the central location." The decision was announced at the county board meeting on November 11th, and planning is already underway at the mid-Kerry village. PRO Chris Horan informed us that the committee is a mix of experience with some new faces bringing new ideas for 2020. "There is an increasing number of musicians all over the county, and this is evident in our branch too", Chris explained. "Our recent 'Rambling House' in Listry showcased our growing group of enthusiastic young singers, dancers and musicians."

Branch chairman Turlough O'Brien said this 'Rambling House' was the ideal venue to announce that the Fleadh is back. "The 'Rambling House' brings the community together in a spirit of fun and music just as the Fleadh does for the county." The tunes in Listry went long into the night, with supporters travelling from near and far. "We'd like to thank all our loyal supporters and musicians, as well as our generous sponsors GMHD Insurance, Killarney for their continued support for all community events", Turlough added. Look out for news over the coming months of musical acts playing in Milltown as part of Fleadh Cheoil Chiarraí 2020.

Pictured right are "Musicians and supporters of Listry Rambling House as Milltown is announced as host for Fleadh Cheoil 2020 for the 3rd year running.





THOUGHTFUL TY STUDENTS CREATE DIGNITY PACKS

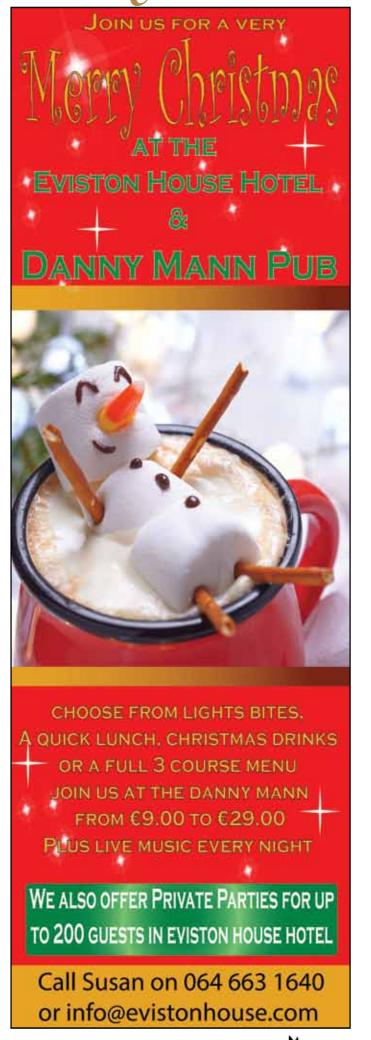
TY students at St Brigid's Secondary school, Killarney are working with St Vincent De Paul to create awareness of homelessness and to raise funds and resources for such a worthy cause. As of September 2019, there were 10,397 people homeless across Ireland. This figure includes adults and children. The number of homeless families has increased by 354% since September 2014. TY students, with your help, want to help to make a small difference to the homeless women and children of Kerry. Students will be collecting "Dignity Packs" for the month of November to give to those who really need them over Christmas. The girls will also be holding a sponsored "Sleep-Out" in December to raise money.

A dignity box is a pack filled with essential hygiene items which we take for granted every day. Items being collected are: Sanitary pads, hairbrush, hair ties, hats, plasters, wipes, deodorant, lip balm, toothbrush, face cloth/wash, fluffy socks - this list is suggestive but not endless.

If anyone would like to donate, we would be very grateful for any donations you can give. You can contact a member of staff on shoran@ sbk.ie or feel free to drop them to the school office in St Brigid's Presentation, New Street, Killarney.







HEARTBEAT NOVEMBER **MEETING**

Cardiologist Dr. Samer Arnous who is an old friend of HeartBeat will be talking to us at the Serenity Centre, St. Anne's Road, Killarney on Monday November 25th. at 8pm. Dr. Arnous consults in Tralee Bons Secour, University Hospital Limerick and the Dublin Blackrock Clinic. He will talk about the ailments he sees and treats, changing life-style to facilitate recovery, and there will be a Question & Answer session. All are welcome to this FREE event.

YOUNG OFFENDERS ROLE FOR CONOR AND KILLIAN

The new series of the Young Offenders on TV at the moment is set to feature two young men from Killarney. Killian Heelan from Bruach na hAbhann and Conor O'Donoghue from Firies answered a Facebook appeal for actors and ended up on the main cast of the show.

The boys feature on episode 6 which is set to be aired onRTE on December 23rd.

BBC I player in the UK has been streaming all 6 episodes since last week and the episode which the boys feature in has been viewed by over 3 million people.

KILLARNEY PARISH SILVER CIRCLE

- Week 6 Results

1st Prize €500: Eileen & Pat Doody, Coolcorcoran 2nd Prize €250: Paul & Breda Horgan, Dalton's Avenue

Winners of €100 each are as follows;

Carmel Ward, Bunavalla, Knocknagoshel Louise McGillycuddy, Ballydribbeen Joan Moriarty, Inch, Kilcummin

Danny Hughes, Upper Lissivigeen The Gleneagle Hotel, Muckross Road

Winners of €75 each are as follows

Mary Healy, New Street

Brian O'Shea, Gortahoonig, Muckross

Maureen Kenny, Mill Road

Bridie O'Carroll, Mangerton View

Elaine O'Shea, Ferndale Avenue

Paddy & Mary Casey, Gortacoosh, Glenflesk

Honor Doyle, Woodlawn Park

Thomas & Noreen O'Sullivan, Minish This week's prize money is sponsored by:

Macs Restaurant, Castlerosse Hotel, Ashville Guesthouse, Deros Tours & Killarney Credit



Baby Ava O'Neill, pictured at St Mary's Cath<mark>edral</mark> on her Christening Day with her L-R Godfather Ross, Dad David, M<mark>um</mark> Ciara & Godmother Elaine. **Picture: Marie Carroll-O'Sullivan**

KILLARNEY BRANCH KERRY HOSPICE

Organisers of the recent Models In Recovery Fashion Show wish to thank all those who generously supported event.

The amount raised was an impressive €28,837 for the Kerry Hospice Association.

ÁRUS PÁDRAIG UPDATE

Kerry County Council has hired an architect firm to prepare a development plan for the Árus Pádraig site and adjoining carpark. An update into developments at the Lewis Road site was requested by Cllr. Brendan Cronin. Proposals are due to be prepared over the next few months and will be presented to councillors before the end of the first quarter of 2020.

CHRISTMAS IN KILLARNEY PARADE

The opening ceremony of Christmas In Killarney which will be followed by the Magic Parade, on Saturday, November 23@ 6pm - followed by the official switching on of the Christmas lights in the town centre. Please expect delays on approaching the Cathedral for the 6.15pm Vigil mass.

DR CROKES ANNUAL MASS

7.30pm on Thursday 28th Nov at the Dr Crokes Clubhouse. All welcome

KILLARNEY MUSICAL **SOCIETY NEWS**

Another busy week in the Land of Canaan, sorry I meant Killarney Musical Society land. We had the honour of performing last Saturday night in the Killarney Heights Hotel at the Comfort for Chemo charity concert. We are busy rehersing up to four days a week already for some of our cast and wow we are loving it. A big well done to our newer members, a baptism of fire but we can promise you it will all be worth it and we will enjoy our Christmas break. We also moved rehersal venue this week to Ross Products Cafe due to a huge cast, we were sad to leave Holy Cross N.S. and a huge thank you to Ursula Coffey and staff there for all their help in accommodating us til now. Til next week go go go go...Joseph

GREEN FRIDAY / SLOW FRIDAY...

Friday 29th November The Friday Food Market are bringing Green Friday to Killarney.

"We're taking back Black Friday and going Green Friday / Slow Friday at our regular Friday Food Market we will be joined by local crafters, collectors and creators, as well as our regular food producers to give local shoppers a chance to shop local and shop green!", Hazel Norris told the Killarney Town Talk page.



Starting at 10am in The Milk Market, New Market Lane (behind Quills) in the heart of Killarney, running til afternoon.

Support local, support green this Christmas! Just off High Street, the heart of our town. Check out the traders on Instagram/Facebook @foodproducersmarketsq

AQUILA CLUB SWIM GALA

On Friday the 29th of November the Aguila Club in the Gleneagle Hotel will host its annual swim gala. The Christmas Swim Gala provides a chance for all the kids to showcase their skills and talents to their friends and parents that they have acquired during their lessons all year. In line with the overall aim of the Swim Gala, to promote participation in swimming, everyone will leave the swim gala feeling like a winner. All the children will receive special commemorative gifts with medals going to the individual race winners.

BUSKING AT THE **OUTLET CENTRF**

St. Francis Special School Choir (Beaufort) will be busking again this year at Killarney Outlet Centre.

On Friday 6th of December, pupils and staff will be singing from 11am-12pm. Our pupils are very excited. All money raised on the day will go towards our school choir. All support greatly appreciated.

CORK YOUTH ORCHESTRA IN TOWN

The Cork Youth Orchestra will be in Concert with True Tides on Sunday 24th November at 7pm at the Great Southern Killarney!

Proceeds to the Children of Chernobyl, Killarney Branch. Tickets €10 with Students & OAPs for €5.

AND THE WINNER IS...

Tesco Killarney were among the big winners at the 2019 Tesco Ireland Values Awards. Margaret Crean, Shay Ryan, Adrian Spryka and John O 'Mahoney took home the coveted trophy for Fresh Foods Team of the Year. This is the eighth year of the Tesco Ireland Values Awards, which took place at a special ceremony in the Radisson Blu, St. Helens, Co. Dublin.



Pictured at the Killarney Royal Hotel for the launch of the Coffee Morning scheduled for Wednesday 27th Nov at the hotel, raising funds for JIGSAW (dedicated to the wellbeing of Children's Mental Health) & Killarney Community College were L-R Joanne Brosnan (Killarney Royal Hotel), Principal at Killarney Community College Stella Loughnane, Claudia Buckley (Killarney Royal Hotel), Geraldine Flynn (Parents Assoc) & Karen O'Donoghue (Youth Advisory Panel for Jigsaw & Student at Killarney Community College). PICTURE: MARIE CARROLL-O'SULLIVAN



Killarney Tidy Towns Volunteers, Denis Pio and Robyn Moriarty, busy planting bluebell bulbs on Mission Road, Killarney, in time for next Spring. This is the second year of the community project, which will enhance and improve the town's biodiversity, situated beside Killarney National Park. The project is supported by Killarney Municipal District, Killarney Chamber of Tourism and Commerce and South Kerry Development Partnership.

PHOTO: VALERIE O'SULLIVAN

EXPERT TALK AT THE LIBRARY

Killarney Library is delighted to announce that Early Childhood Education Expert Dr Mary O' Kane will hold a talk on Friday 6th December 2019 at 1pm. The talk will be on Supporting Confidence, Independence and Resilience.

These three aspects of development are key in preparing children for so many aspects of their lives both as young children and supporting children as they transition into adulthood. Teenagers are under so much pressure today, building these strong supports in childhood can help them to negotiate difficulties later in life. Dr Mary O' Kane explains the interaction between these three aspects and offers practical advice on how to support children in these important areas.

Dr Mary O' Kane is a lecturer in Psychology, Early Childhood Studies and Education. She is a regular guest on the parenting slot on Ireland AM and she is a constant contributor to the Alison Curtis Show. Her research interests include childhood transitions, self-esteem and well-being, and the value of play.

Due to the popularity of this talk booking is essential. To book please phone 064-6632655 or email killarney@kerrylibrary.ie



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A well-rounded fitness program includes strength training to improve joint function, bone density, muscle, tendon and ligament strength, as well as aerobic exercise to improve your heart and lung fitness, flexibility and balance exercises. How many times a week should I do resistance training?

Twice a week is recommended and don't forget to get your cardio in too. Its never to late or too early to start taking care of yourself. Cut out unhealthy habits and get up and get active. Check out a range of resistance class available at B Well Fitness Club

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Paul Reen

- · Qualified in 2015 from Queen Margaret
- University Edinburgh with MSc Physiotherapy
- Experience working in Edinburgh for the past 4 years
- Keen interest in the prevention and rehabilitation of sports injuries as well as the management of long term conditions



Jimmy Galvin MISCP MCSP

MSC. PHYSIOTHERAPY PGdip. EXERCISE AND SPORTS MEDICINE

Chartered Physiotherapist

Approved by all major Health insurance providers.

What we think, we are!

Every single day we are recreating ourselves in the moment. How? By the thoughts we think, the feelings we have and the actions we take. This is exciting because potentially we can change the "story" of who we've been in the past by choosing to think, feel and act differently in the present. This then creates a new experience and new opportunities for the future. However, many people experience a sense of being stuck in their lives and seem unable to get themselves out of a repeating pattern or habit.

Here are my top three Coaching tips for changing your thinking and transforming your life!

-Become aware of what you are thinking! Notice what kind of things you tell yourself on a daily basis and if they are negative, self-limiting, distracting or unhelpful.

•Challenge the thoughts! Question the self-limiting thoughts by asking yourself if you truly believe this in your heart. Is that thought really true or is it just something you've been repeating because your parents/ teachers/society says it's true?

• Choose a more empowering thought! You are the chooser of your thoughts. If a thought doesn't serve you well — change it to one that does! YOU get to choose!

Once you have chosen a better thought, the key is repetition, repetition, repetition! Keep repeating it and choosing actions and behaviours to support it. Like any new skill, positive, effective thinking needs to be learned!

Oh, and one last thing – have the greatest amount of fun you can have with this along the way!



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WINTER EYE HEALTH

Here are some of the ways winter can affect your vision, or worsen an eye condition, and tips for prevention.

Driving in winter

In winter you may have more difficulty seeing clearly because of darker evenings .When it is dark your pupils become larger to let in more light. However this can results in your vision becoming more blurred. This is why you may be more reliant on your glasses at night.

The glare of a low-lying sun can also make it more difficult to see, so make sure your windscreen is clean, both inside and out. It is useful to have a pair of polarised sunglasses in the car to help with the glare from the sun, even in winter.

Dry eyes

If you already have dry eyes, central heating may make them worse. Here are some simple steps you can take to minimise the discomfort caused by dry eyes in winter:

- Lower the temperature in rooms when possible.
- Blink more often.
- Use a humidifier. Opening windows for a few minutes on cold days will also help.
- •Lubricants. Certain lubricating eye drops may be helpful for you.

Increased screen time

People tend to stay in and watch more television and spend more time using computers during the winter. Using a screen will not damage your eyes but prolonged use can make your eyes tired and dry.

Remember to take breaks and operate the 20:20:20 rule; every 20 minutes, take a 20-second break and focus your eyes on something at least 20 feet away.

Waterv eves

In cold and windy conditions, many people complain that their eyes water more than normal. Wearing glasses will provide protection against the wind, even if you don't usually wear them outdoors.

Winter sun

Snow and ice are reflective, so the sun's damaging UV rays can reach your eyes from below as well as above. UV exposure is cumulative, so although you may not feel any immediate effects, you could be putting yourself at risk of long-term damage and risk cataracts and age-related macular degeneration (AMD) if you don't wear good quality sunglasses or goggles.

For more information, honest advice or to make an appointment contact us on 0646636477

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	CODE	COURSE TITLE	START DATE	DURATION/ WEEKS
	246287	Reception & Clerical Skills, Killarney 2 December Start your journey in Office Administration and Customer Service.		
	238514	Food Preparation and Cooking, Dingle An excellent introduction to the Culinary Arts.	25 November	20
	238492	Broadcast Production Skills Traineeship Nationally renowned traineeship for crew skills. Only one in Irela	25 November and.	52
	246900	Bus Driver - D Licence Gain D-Licence & CPC. Pre-Requisite: D-Licence Learner Permit.	25 November	12
	238611	Heavy Goods Vehicle Driver - C Licence (Rigid) Achieve C-Licence & CPC. Pre-Requisite: C-Licence Learner Pern	2 December nit.	8
	269787	NEW Software Development Diploma Accelerated bootcamp programme by Code Institute. Only one	2 December in Ireland.	15
	269205	Coded Pipe Welding Get ASME IX and EN 9606-1 certified.	13 January	24
	256905	European Computer Driving Licence V6 (ECDL) Master your PC skills. Internationally recognised qualification.	17 February	18
	232081	Digital Photography Learn the craft of digital photography.	17 February	14
	256901	NEW Computer Aided Draughting & Design Newly Revised & Updated. Become a qualified CAD Technician.	24 February	34
	246899	Wind Turbine Maintenance Technician Traineeship Unique industry-led traineeship with 100% job placement. Only	24 February one in Ireland.	38
	256912	Retail Skills Health & Beauty (Pharmacy) Traineeship Comprehensive training for pharmacy and over the counter sale	2 March s.	39
	256918	Bus Driver - D Licence, Killarney Gain D-Licence & CPC. Pre-Requisite: D-Licence Learner Permit.	2 March	12
	269810	Manual & Computerised Payroll & Bookkeeping, Killarney Become job ready in this essential business skill.	23 March	13
	274213	Fibre Installation Technician Become a qualified fibre installation technician in just 6 months.	6 April	24
	269805	Culinary Arts (Food Preparation & Cooking) An excellent introduction to the Culinary Arts.	11 May	20
	271748	NEW Construction Ground Work Skills Develop key construction and groundwork skillsets.	18 May	22
	274205	Healthcare Support (Castleisland/Killarney) Become a qualified carer for the elderly 20 weeks work practic	18 May e.	20
	270309	Manual & Computerised Payroll & Bookkeeping, Tralee Learn payroll and booking become job ready.	8 June	13
	270321	IT Support Specialist Traineeship Spend 12 months in our Cloud Lab Comptia & Microsoft accre	15 June editations.	56













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1.5 TDCI TITANIUM, 78,525 miles / 126,370 km, 1.5, Diesel,SUV, Manual

2016 Volkswagen Golf



2.0 gt tdi 150bhp, 44,301 miles / 71,294 km, Diesel, Hatchback, Manual

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HOW TO SAVE MONEY ON YOUR CAR INSURANCE

Car Insurance is still a major cost for all motorists in Ireland. The many causes have been in the public arena for quite some time. John Healy of Healy Insurance outlines how you can save money when your car insurance is due for renewal.

- Ensure you are getting all the relevant discounts that your Insurer allows. Ask about mileage discounts, value of car and having other business with the broker or insurer. Discounts may also be available for your spouse/partner having a second car.
- Review the drivers on your policy annually. Some Insurers charge for extra drivers and believe it or not some insurers offer lower quotes when drivers are added on. As Independent Insurance Brokers we know the market and can advise you accordingly saving you time and money in the process.

- Consider reducing your no claims bonus protection. Most Insurers will charge to include Full Bonus protection.
- For older vehicles ask about third party fire and theft cover - but always include windscreen!
- Consider paying in full for your policy as instalments add up to 8%
- Talk to an Independent Insurance Broker for advice. Direct Insurers will only offer the lowest value product to get the sale, this product may not allow you to drive other cars or have windscreen cover and you may get charged each time you do minor amendments during the year.
- To Save Money and not compromise on your cover you should contact Healy Insurances and get the very best local service and the best price.



At Healy Insurances we have invested hugely in our cloud based systems in the past 18 months so we can obtain quotes from Irish and international markets in a matter of minutes. Our qualified advisors are on hand to research the markets and negotiate the best terms for our customers.



ALL-NEW PEUGEOT 208 AND E-208 **AVAILABLE**

and equipment levels for the new PEUGEOT 208 and e-208 range have been announced, with order books now officially open at Reen's PEUGEOT Dealers, ahead of first deliveries in early 2020. Retail prices start from €18,300 plus delivery related charges, for the Active 1.2 PureTech 75bhp model. The e-208 Active version retails from €7,334, plus delivery, inclusive of the SEAI grant and VRT relief. Available in Active, Allure

and GT Line specification and diesel petrol four petrol powertrains, units are on offer, dependent on trim, including a 1.2 PureTech 75bhp 5-spd, a 1.2 PureTech 100bhp 6-spd manual and 8-spd automatic and a 1.2 PureTech 130bhp 8-spd automatic.

Diesel is offered in a 1.5 BlueHDi 100bhp 6-spd manual.

The all-electric powertrain is available across Active, Allure and GT Line trims, with the flagship GT version exclusively fitted with the zero-emissions unit. The allnew 208 is the first vehicle in PEUGEOT's line-up to fulfil the company's new philosophy of 'choose your PEUGEOT model, choose your petrol, diesel or electric powertrain.Reen's Garage Rathmore look forward with confidence to the arrival of the new 208 and e-208 and the new-201 registration

Contact Reen's Rathmore for more information on 064-6658150

Incorrectly Fitted Child Car Seats Major Cause for Concern in Kerry

Research from the Road Safety Authority's 'Check it Fits' Service, which checks child car seats and restraints nationwide for free, has revealed that 4 out of 5 child car seats are incorrectly fitted nationwide.

To help address this problem, the RSA 'Check it Fits' service will be visiting Kerry where child car seat installation experts will be available to ensure car seats and restraints are correctly fitted. The service takes between 10-15 minutes, is free of charge and offers parents and quardians reassurance that their child is safe while travelling in the car. If your child's car seat or restraint is incorrectly fitted, the 'Check it Fits' experts will advise on how to fix the problem, demonstrate how to fit the restraint correctly and answer any queries participants might have to avoid potential serious or fatal injury in the event of a collision For more information on Check it Fits and for an up-to-date schedule of upcoming road shows, visit www. checkitfits.ie.

Top Tips for Parents:

It is now EU law that all children must travel in a child seat, booster seat or booster cushion. The golden rule for choosing a child car seat is making sure it is suitable for your child's weight, height and age and that it conforms to the latest EU safety regulations (look for the 'E' mark).

- Do not use age exclusively as a guide while picking a car seat, as every child is different.
- · When buying a child car seat, make sure you go to a retailer who can show you how to fit it in your car. If the child car seat will be used in more than one

car, make sure it's compatible with additional cars as well.

- · Avoid using a second-hand child car seat or restraint unless you know its history. It may have been damaged in a previous collision, and although the damage may not be visible, it won't provide the same level of protection for your child.
- Don't move your child from a rearwardfacing child car seat to a forward-facing child car seat too soon. If you're unsure, always consult with your retailer before you buy your next child car seat.





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BROKERS

HOW TO REDUCE YOUR CAR/VAN RENEWAL THIS WINTER

Although premiums, in general, have reduced over the last 24 months, many of you may not have seen these reductions. This article attempts to help you achieve such reductions. The main reason you may not be seeing these reductions, is that insurers, in the main, have changed the way in which they calculate your annual premium. Premiums are calculated using statistics and calculations and now accompanied by 'risk intelligence', but more about that later. Here at McCarthy Insurance Group (MIG) we

Here at McCarthy Insurance Group (MIG) we have 20 motor insurers, offering close on 50 different products. Less than ten of these are available directly to you, so if you don't use a broker, you are only covering a fraction of the total market. Also when you go to an Insurer Directly, they are only obliged to answer questions on their own product, whereas a Broker must advise you on the market in general. So do you settle on one quote or do you look for a complete view.

That is where MIG come in. We analyse all the markets available to us, to get you the best premium and the exact cover you need, based on your exact circumstances.

We save thousands of people€ every month.

Let's start with a few simple tips:

- Use your exact address, ideally using an Eircode.
- If you own the property, then say so. There are discounts for being a property owner and bigger discounts if you put the property with

the same motor insurer!

- Make sure to use your correct Licence number. Some Insurers give over 25% discount for having no penalty points! Garaged or Gated vehicles can give a better
- Know your vehicles security (most cars now have an alarm and immobiliser as standard. Vans also.
- Know the market value of your vehicle. Not really a problem for vehicles in their first year, but after that, value can drop drastically, with most insurers.
- How many Kilometres will you drive in the coming 12 months of your policy? There are discounts with some insurers for low Kim's. Is there a second vehicle at your permanent residence, owned by you or your Spouse/Partner living there?
- Are your named drivers necessary or infrequent users or not at all. Do they live with you? These are all rating factors and differ from insurer to insurer.
- An Excess is the amount you pay first, in the event of accident and you're at fault. Usually circa €00. If you are willing to take a bigger excess of €00, €50 or €,000, then you will receive up to 10% discount.
- 'Risk Inelegance' This is data available to Insurers instantaneously as you seek a quote. This is similar to Car Tell, which anyone can access for a fee. Insurers now rate positively on the following being answered positively:

Has my vehicle a current NCT/DOE certificate? If not, how long is it out? Same goes for Tax and Licence!

Ownership of the vehicle, how many owners, when purchased and if it was ever crashed or written off. They are also now receiving details of penalty points and convictions.

Any negative answer could lead to one or a number of insurers not quoting at all!

So do your homework and then contact a broker, like MIG, to give you all the quotes and benefits analysis. For Learner Drivers we can organize free cover on the parents policy for practicing, whilst you learn to drive with Aviva Driving School Instructors, which is a great deal!

Finally beware of 'Ghost Brokers / Insurers' who appear on Facebook and Instagram. They usually offer 50% OFF, but they are all SCAMS and you end up with documents that are worthless with no protection and you lose the cash you pay over, Plus you end up in trouble trying to get a genuine Broker or Insurer to insure you again! For a list of all registered broker, go to www.BrokersIreland. ie/members

Call us locally or call into one of our offices for an impartial and private chat on how you can reduce your annual costs. Our experienced staff are there to help and advice. There is no obligation whatsoever and we would be delighted to welcome back old and new customers alike.

Moriarty's Tel: 066 9764007 **CENTRAL CAR SALES** Call Anthony on 086 8133007 | Call Mike on 087 2383938 **2017** Ford Focus, 1.5TD, 95PS, 6SP, 4DR Diesel 2016 Skoda Octavia, 1.6tdi, 110 HP, 4DR Diesel 2015 Opel Insignia, S 2.0cdti, 140PS, S/S, 4DR Diesel 2015 Ford Mondeo Zetec, 2.0tdci, 150PS, 5DR, 4DR Diesel 2014 Toyota Yaris, 1.0 VVT - I Luna Petrol 2014 Opel Astra, 1.3 CDTI 16V, Eco Flex SE 95PS Diesel 2014 Opel Insignia, SC 2.0cdti, 140PS, S/S. 5DR Diesel 2013 Hyundai i30, 1.6 CRDI Deluxe 9HP Diesel 2013 Ford Focus, 1.6 TDCI Edge, 95PS Diesel 2012 Nissan Juke, 1.6SV Petrol 2012 Nissan Qashqai, 1.6 SV ISS + Connect 5DR Petrol 2012 Volvo S40, D2 SE, 4DR Diesel Finance Available. Warranty with all vehicles 2012 Suzuki SX4, 2.0D 4X4 Diesel Vehicles fully serviced 2011 Nissan Micra, 1.2 SVE Petrol and valeted **2011** Open Insignia, 2.0CDTI (160PS) Elite Ecoflex Diesel www.centralcarsales.ie











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- FIRST TIME DRIVER OR DO NOT HOLD AN IRISH LICENCE





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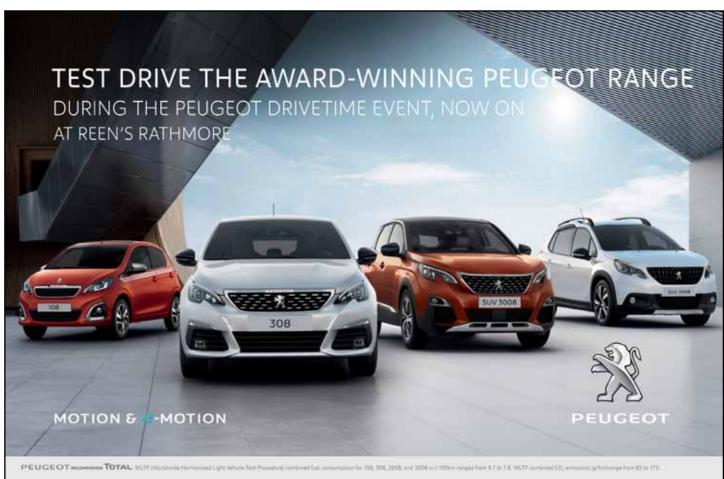






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ce Example: Peugeot Partner Access 1.5 Blue Hdi 75bhp Retail Price* €17,666. Customer deposit / Trade in €5,485.00. Finance Amount €12,181.00.60 monthly payments of €218. Total Cost of Credit €1,243.98. Fixed 3.9% APR (Annual Percentage Rate) as at 1 November 2019 findudes delivery 6 related charges. Model is shown for illustrative purposes only. Lending criteria and conditions apply (Over 18s only). APR is inclusive of a documentation fee and purchase fee of €63.49 each. To qualify for this Finance Offer a minimum deposit of 20% is required. Rate quoted is correct as at 1 November 2019 and is subject to change. Offer available on all new Partner, Expert and Boxer vans registered from 1 November 2019 until 31 January 2019 at participating declars. This is a Consumer Hire Purchase agreement provided by Bank of Ireland to Bank of Ireland Finance. Ownership remains with Bank of Ireland until the final payment is made.



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RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

SPLIT THE POT in Association with Rathmore Community Council with Rathmore Ravens, Sliabh Luachra Cycling Club & Sliabh Luachra Men's Shed. Be in with a chance to win. Tickets available from ticket sellers & in local businesses. Tickets €2 each or 3 for €5. Yearly Ticket €90. 3 Yearly Tickets €250. Last week's draw was held in old chapel Bar The winner won €201. winner Johnny Kelliher Rathmore seller Dennehy Bar

TUREENCAHILL COMMUNITY GROUP are having their Christmas Concert with traditional ballad singer Elle Marie O Dwyer on Fri 27th Dec @ 8pm..Tickets now on sale Contact 087 0576107 / 087 9924821 (Ideal Christmas Present)

THANK YOU

The Parents Committee in association with the B.O.M. Holy Family N.S. wish to thank all who supported their Church Gate Collection on the weekend of 12th/13th

MONSTER BINGO

Rathmore Branch of Kerry Parents Firends Association with hold their Annual Monster Bingo session on Sunday 8th December in the Community Centre Rathmore at 3pm. Large Jackpot & Raffles.

EAST KERRY SCOR NA NOG

Finals sponsored by Killarney Credit Union Saturday 30 November 2019 – starting at 12 noon Venue: Fossa Community Hall 16TH November 2019

WEEKLY DRAW:

The Gneeveguilla Community Development Council in association with the Gneeveguilla Basketball club had our weekly draw for our share the bucket on Friday evening 15th/011/2019. The Jackpot was€211.

Congratulations to Lauren & Dean O' the winner of this weeks jackpot of €211laura & Dean O' Callaghan

TEACH ISOGAIN We only have a few afternoon places left for our Santa's Grotto so call us on 064 7761000 to avoid disappointment and book your child's place.

CHRISTMAS CRAFT FAIR AT TEACH ISAEGAIN

Our Christmas Craft Fair will be taking place on Sat. 7th December on the same day as our Santa's Grotto.

If you would like to book a table (only $\ensuremath{\leqslant} 20$) and

sell any items old or new - give us a call to book a table.

CHRISTMAS IN RATHMORE

Mr. Liam Flynn from Millstreet outlined a proposal which would very much enhance our town over the Christmas period. Unfortunately the proposal would involve significant expenditure in year one but not quite as costly in year two and subsequent years. Year one brackets would cost €50,

trees are €15 and lights €22, putting up and taking down €40. Initial cost of €120. For those who already have brackets, trees and lights can be supplied for €70. He has agreed to leave prices as last year. While we feel that it is not easy for people to find money for everything in these times we feel that this is a project worth recommending but it is up to people themselves. If you are interested please ring Liam on 087) 638 0053 or (029) 70 397, Michael O'Mahony 0876676817, or any member of Rathmore Community Council.

NOTES

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com)or ring or text 087--6676817. before 6pm Sunday,

SPA GAA

DATE FOR AGM

The club AGM will be held on Saturday December 14th at 6pm. All are welcome. Nominations and Motions to be sent to club secretary on 0876332773 or secretary.spa. kerry@gaa.ie

LOTTO RESULTS Numbers drawn: 9, 12, 13, 22. No winner and €50 Lucky Dips going to Patrick Culloty; Deirdre & Peter Fee; Lyno; Jim Lyne. Next week's draw will take place in the Killarney Oaks Hotel and jackpot is now €7,100. Play online or in usual outlets.

WEDDING CONGRATULATIONS

Congrats to Adrian O'Sullivan and Grainne Fitzgibbon who were married at the weekend. 2019 SPORTS CAPITAL GRANTS

Spa GAA Club are delighted with the announcement that we are to receive €13,194 from the 2019 Sports Capital Grants. Our thanks to Minister of State for Tourism and Sport Brendan Griffin TD whose Department secured €1.6m funding towards 54 sports clubs and projects across Kerry this year. The grant allocation was announced on Friday by Minister Griffin and the Spa funds have been allocated towards pitch security perimeter fencing at the club grounds.

THANK YOU

It has been a busy few months for the club and we want to say a big thank you to all our club volunteers and helpers who are vital in keeping our club running smoothly. To our CE workers, club volunteers, stewards, tea-makers, grass-cutters and to everyone who helps out at the club for events and on match days like last Sunday – thank you!

SPORTS HALL & MEETING ROOM HIRE

Meeting Rooms and Sports Hall available for hire. For enquiries contact Eileen on 0876577312 (after 6pm only) or Ann on 0879403508

LAST ORDERS FOR SPA GEAR BEFORE CHRISTMAS

The Spa shop will be open this Wednesday November 20th at 7pm for the last of the orders for Spa gear before Christmas. Any questions contact Mathilda on 0876487356

EAST KERRY HOMECOMING CELEBRATIONS After the magnificent victory for East Kerry at the weekend, Spa had the honour of hosting traditional 'Captain's Homecoming' celebrations at the clubhouse on the Monday night. As the bonfire greeted the team on arrival, a massive crowd filled the hall in Spa to welcome the champions, led by East Kerry team captain and Spa defender Dan O'Donoghue. On the night we were joined by the East Kerry team and management, officers of the East Kerry Board and supporters from all the six clubs involved - Spa, Glenflesk, Gneeveguilla, Firies, Listry and Fossa – and members of the local community. A big thank you to everyone in the club who helped with the homecoming celebrations, and special mention to Anne Holland for her photos.

O'DONOGHUE CUP QUARTER FINAL: SPA 4-15 CURROW 1-11

Spa welcomed Currow on Sunday afternoon in the East Kerry O'Donoghue Cup Championship quarter final, and while the game was close in the first half, an unanswered 2-5 from Spa in the third quarter helped secure our place in the semi-final. Michael Foley (2) exchanged opening points with Currow's Mike McCarthy, John Buckley and Dan O'Shea before a super pass from Shane Cronin was finished to the net by David Spillane. Currow did reply with a great goal chance but James Devane pulled off a good save to deny Mike McCarthy. Spa

Written by: Deirdre O'Sullivan-Darcy

added another point when Evan Cronin got a hand to a high ball dropping in towards the Currow goalmouth and moments later he did well to turn over a ball in the Spa defence and played into Michael O'Donoghue who finished the second Spa goal. Evan then added another Spa point to make it 2-4 to 0-3. Currow soon levelled the game however, with Dan O'Shea, Conor Sheahan, Seamus Brosnan and Pa McCarthy all on target and Mike McCarthy with the Currow goal from the penalty spot to make it 2-4 to 1-7. Ryan O'Carroll and Michael O'Donoghue (2) edged Spa in front again, and with a late point from Currow's Pa McCarthy, at half time Spa were leading 2-7 to 1-8. Spa hit a purple patch in the third quarter with points from Ryan O'Carroll, Michael O'Donoghue (2) and Evan Cronin and goals from David Spillane and Evan Cronin, to take a big lead at 4-11 to 1-8. Man of the match Evan Cronin added two more points, and Niall McCarthy and Michael O'Donoghue also added to the Spa tally while Currow points from Mike McCarthy and Pa McCarthy (2) finished the game at Spa 4-15

Draw for the semi-finals to be announced. Spa Team: James Devane, Eoghan Cronin, Eoin Fitzgerald, Brian Lynch, Shane Lynch, David Spillane, Ciaran Spillane, Liam Kearney, Shane Cronin, Gary Vaughan, Ryan O'Carroll, Michael McCarthy, Michael Foley, Michael O'Donoghue, Evan Cronin. Subs: Niall O'Mahony, Ollie Cremin, Cormac Cronin, Andrew Garnett, Niall McCarthy, Brian Devane

CLUB NOTES

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

GLENFLESK NEWS

COUNTY LEAGUE ROUND 11

GLENFLESK 0 - 14 JOHN MITCHELLS 0 - 17

Glenflesk have fallen short in their quest to remain in division two of the County League after a late spurt from John Mitchells denied them victory in Barraduff on Sunday afternoon.

Both teams went into the match knowing what they required to achieve their aims. Glenflesk to avoid relegation and John Mitchells to achieve promotion. It was Glenflesk who struck first as Darragh Roche pointed a free to give them an early lead. Michael Kelliher and Niall Sheehy then scored points from a free and a forty five before the first point from play arrived. Daniel O Brien, back in the team after missing several months of action, swinging over a classy point with his left foot. Patrick Darcy then scored an equally impressive point with his right foot as Glenflesk held a four points to three lead at this juncture. John Mitchells had been relying on frees to get their scores up to this point and needed some production from play if they were to be successful. Patrick Kearney came forward to fist a point when a goal seemed possible before James Duggan and Alan O Donoghue each pointed, and the crossbar denied them the opening goal of the afternoon. The visitors would hold a seven points to six half time lead after a tense first half.9

Midfielder Brian Costello extended the lead early in the second half before Glenflesk had a chance to score the crucial opening goal. Jeff O Donoghue coming through the middle before finding Patrick Darcy who's shot beat the goalie but went well over the crossbar. A big chance had been missed. Darragh Roche shot then crept inside the post before Brian O Donoghues left foot score answered Niall Sheehy's to bring the scores level at ten points a piece with the game still very much up for grabs. Sheehy scored another point from a free which Ian Roche cancelled out after latching on a rebound off the post from Kieran A O Donoghues shot to fire over the equaliser. At this point the refferees hands were rarely in his pocket as there was a flurry of yellow and black cards as both teams were in reaching distance of their objectives. It was to be the Tralee sides day. After Kelleher scored another free they added three in successive attacks to take a firm grip on proceedings. Darragh Roche's last gasp free flew over and Mitchells had prevailed.

John Mitchells end the year back in Division one after a hard earned victory. Congratulations to them on their promotion. For Glenflesk the late upturn in results came too late to survive, and Dromid's win over Ballymac meant victory today would not have been enough. It was the first section of the season that was their downfall as a raft of injuries did not help their cause. The players kept going to the end though, and will no doubt come back stronger for the experience.

EAST KERRY MINOR FINAL

Glenflesk V Kilcummin – Sunday 24th November at 2pm, Best of luck to our boys please come out and support the team.

RAHEEN N.S.

Congratulations to Máire O" Leary who had the

Written by: Seamus Healy

winning lotto no. 41 on Saturday the 16th of November, to Sean O"Sullivan who had no. 16 on the 9th and to Tim & Breda Scannell who had no. 7 on the 2nd.

LOTTO

No winner of the Lotto which took place in The Corner Bar on 18/11/19 ackpot €3,200 Numbers were 2, 8, 16, 30

=BARRADUFF TIDY VILLAGE COMMITTEE

Our Memory Tree will be placed outside Barraduff Church. Our Memory hearts will be available from O'Donoghues Store Barraduff. €5.00 per heart & all proceeds to Barraduff Tidy Village Group. Our memory tree is dedicated to all the beautiful souls who are no longer with us but they are always in

. Barraduff Christmas Lights Switch on takes place on Friday the 29th of November at 7.30 pm inside the Church in Barraduff. Entertainment by local school children. We hope you can join us & wrap up warm! This is a fantastic night, its a beautiful way to start your Christmas, you wont want to

.Barraduff Festive Fun Quiz takes place on Friday the 27th of December at 8 pm sharp in John Dan's Bar Barraduff. Have your team got what it takes to win it?? Prize for best Christmas Jumper/Attire, spot prizes & you never know who may call in on the night!! No booking required, just come along on the night & support all the fantastic team at Barraduff Tidy Village Group

ISTRY NEWS

MILLTOWN LISTRY CCE.

EAST KERRY FR.GALVIN CUP 2019: Preliminary Rounds Listry V Cordal on Sunday 24th November at 2pm in Listry.

MILLTOWN/LISTRY COMHALTAS.

Thanks to Listry Community Council sponsor GMHD and all who supported our wonderful Rambling House. It was a brilliant night and keeps the tunes ticking over till 3 in row Fleadh next June.

LOTTO RESULTS 3 12 19 23

€100 - John Joe, Breda and Oisin Tangney, Listry €50 × 2 - Jayah and Cian O'Regan, Rockfield. Robert O Sullivan, Castleisland.

€25 × 2- Marie Donnelly Listry. Margaret O Connell, Ballymalis.

Entrant:Kathleen Draw Ryan, Ballyinoe, Milltown

Next Sunday Jackpot €2,150

FUNDING: Listry GAA would like to thank Minister Brendan Griffin has further funds of €24,335 for Listry Gaa Club on top of the €42,000 that he secured earlier this year for the Astro Turf facility at Faha NS.

The funding is part of over €1.6 MILLION in funding for 54 Kerry sports projects that **Written by:** Anne Sugrue O'Brien

Brendan announcing from his Department during the week.

LISTRY GAA CLUB GEAR: The new range of Listry GAA Club Gear is now up on the club website. All details such as price etc can be seen in the Merchandise section of the website. All orders to Club phone 087-9194669 before Friday 22nd November as we need to send in our order that day.

LISTRY LOTTO ONLINE: You can support our club and community council by playing our Lotto online www.listrygaa.ie.



Minister Brendan Griffin with a cheque for Listry Gaa.





Written by: John Moriarty

KILCUMMIN NEWS

SYMPATHY

Sympathy is extended to the family of Dan McCarthy, Inch who died recently. May he rest in peace.

MONTHLY BINGO

Mastergeeha F.C. Monthly Bingo will be held on Monday November 25th in Kilcummin, Recreational Hall. Doors open 7.30pm. Eyes down 8pm. Jackpot €500.

KILCUMMIN CHRISTMAS CRAFT FAIR

Kilcummin Christmas Craft Fair will be held in Kilcummin Recreational Hall on Saturday 7th December (6pm-9pm) and Sunday 8th December (11am-1pm). Raffle tickets for hampers on sale with proceeds going to Parkinson's Association Kerry.

CHRISTMAS WREATHS

Christmas Wreaths (Grave & Door) for sale or pre-order and collect in Kilcummin Recreational Hall on the weekend of December 7th and 8th (At the Kilcummin Craft Fair) after 7.30pm and 11.30am Mass. Grave Wreaths €11 and Door Wreaths €13.50. Contact Mary 087 6447536.

Craft night will be held on Wednesday 20th November at 8pm in the Rural Development Office. All ladies welcome.

FOLK, LAND AND LIBERTY

'Kilcummin, Folk, Land and Liberty' is currently being printed and will be launched in December 2019

CLOTHES COLLECTION

Kilcummin Looking Good Clothes Collection on Saturday 23rd and Sunday 24th November opposite the Church before and after all Masses. Please include trousers, jeans, footwear in pairs, handbags & pyjamas. No work uniforms, work shoes, pillows, duvets or towels.

COMMUNITY GAMES

BASKETBALL

Anyone interested in playing basketball for Kilcummin in the Community Games, please contact the following people by November 25th. U11 mixed team Aisling (087) 7751834, U13 Boys team Pat (087) 8072064, U13 Girls team Darragh (087) 6800654. The county competitions will be held In January.

KILCUMMIN COMHALTAS

Éigse Dhiarmúid Uí Shúilleabháin 2019 Singing and music workshop takes places in Baile Bhúirne on Saturday 30th of November from 10.00-12.30pm. Workshops include Singing, Dancing, Concertina, Fiddle and Flute. These classes are not suitable for complete beginners. For more information please contact 026-45733. **FACEBOOK**

To keep up to date with Comhaltas and Branch news please go to our Facebook page at Kilcummin CCÉ.

KILCUMMIN GAA

O'DONOGHUE CUP Q/F.

DR CROKES 3-16 KILCUMMIN 3-15

Lewis Rd on Saturday was the venue for our final game of an amazing and historic two year period of our clubs history on the playing fields. Regaining our senior status in 2018 and retaining it in 2019, gaining promotion in 2018 and finishing mid table in 2019 were great achievements but this period will be remembered for our success in becoming All Ireland Intermediate champions in February of this year. For this we need to acknowledge players and management and this will be done on December 27th at a social event in Killarney Avenue Hotel.

BEST WISHES TO CLUB SECRETARY Ciara'O Leary and minor team mentor Darragh Kelly who are getting married at the week-end.

MERCHANDISE

Orders now being taken for Christmas, contact Marie Lehane 087 9181973 before Dec 1st.

CLUB DEVELOPMENT

We greet with appreciation and delight the announcement of a sports capital grant of €43,500 to aid the completion of our development. While this is very welcome we still need the support of our loyal supporters to make sure we can complete the development and provide the parish with a complex to be proud of. The Wall of Champions fund raiser is a unique opportunity to do just that for a commitment of just €5 per week for a year you can record for ever your name, your family name, your business or a loved one who was part of the clubs history on this wall for ever. We have set a deadline of December 1st for returned forms. There is not a necessity until end of January to commence payment but the committee need to know the level of support to budget going forward.

GAA LOTTO

There was no winner of the Lotto on Sunday 17th of November. The numbers drawn were 6,10,18,26. Next draw Sunday 1st December. Jackpot €9,750.

BEAUFORT NEWS

CHRISTMAS TIME AT BEAUFORT RAMBLING HOUSE

takes place on Saturday November 23rd (doors open 8.30pm). A great evening of Music and Song. Teas/Refreshments served.

LOTTO

The next lotto draw for a jackpot of €3,400 will be in Galvin's Bar on Sunday, 24th November. Tickets available from usual sellers and online at www.beaufortgaaclub.com

FIXTURE

Good luck to our minor men and management who will play Laune Rangers in 2019 Mid Kerry minor final in Glenbeigh

on Sunday, 24th November at 2pm.

SENIOR MEN

Congratulations to senior men management who have been promoted to Division 1, Co League for 2020.

Hard luck to the Seniors who were defeated

Written by Cliona Coffey

by Laune Rangers in the Mid Kerry Senior championship semi-final. After a poor first half, Beaufort made a great comeback in the second half but did not manage to take the lead.

NEW REFEREE COURSE

A new referee course will be held in Centre of Excellence, Currans, on Friday, 29th Nov and Friday, 6th Dec starting at 7.30pm.

If anybody is interested in the course, please register with the Club at 087 9975737

FOSSA NEWS

FOSSA BRIDGE CLUB

results for the week of 14th of November 2019 North/South

- 1.Phyllis O'Regan and Marie Moloney
- 2. John O'Shea and Therese McCarthy O'Shea
- 3. Neilus O'Regan and Ciaran Broadbery

EAST/WEST

- 1 .Jim and Carmel O'Brien
- 2. Mary Bowler and Peggy Barrett
- 3. Margaret Roche and Marcia Boffey
- 3.Tim and Mai Corcoran

Congratulations and well done to all winners.

FR. GALVIN CUP:

Scartaglin 2-11, Fossa 1-09.

A disappointing result last Sunday in Cordal

Scartaglin got off to a fast start with 2 quick goals and we never able to get to grips with the game. Fossa Goal scored by Damien Dennehy late in the second half. Next up Killarney Legion away in the O'Donoghue 1/4 final this Sunday at 1pm. Fossa team: Shane O Sullivan, Anthony O'Keeffe, Paddy Sheehan, Anthony Wharton, Mark Donnellan, Mark Dennehy, Eoin Talbot, Matt Rennie, Cian O'Shea, Brian Myers, Dan O'Connell, Kevin McCarthy, Mike O' Keeffe, Tadhg O'Shea, Killian Buckley. Subs: Damien Dennehy, Francis Morgan, Liam Buckley.

Fossa Gaa A.G.M. will be held in the clubhouse on SUN 8th DEC at 5.00pm. The AGM is the Written by: Shane Kelly

most important meeting of the year and every effort should be made to attend.

All officers are remaining in place for 2020, however and as always, all offerships can be contested at the A.G.M.

KERRY GIRLS U14:

Congratulations to Fossa girls Lucy O'Sullivan, Elizabeth Coffey and Seodhla Colleran on making the Kerry U14 team for 2020.

A SENSE OF PLACE

On sale now in Eason Killarney, O'Conners NewsagentsKillarney,Foleys Spar Fossa,

The Golden Nugget and any committee member. A stunning publication from Fossa GAA...#kerrygaa.

DR. CROKES

EAST KERRY CHAMPIONSHIP

- O'DONOGHUE CUP

Quarter Final Played in Lewis Road Dr Crokes 3-16 Kilcummin 3-15

OUTLOOK GAA

In a game which was very evenly contested for 45 minutes was won by us a result of a very good fourth quarter effort which left us in front by six points as we went into injury time. Our opponents however won the eight minutes injury time period and came within a point of an equaliser.

The teams were level at the end of the first quarter, 1-4 a piece. We got ahead 2-5 to 1-7 after 20 minutes. It was nip and tuck again in the last ten minutes of the first half end of which we led by two points, 2-9 to 1-10.

Kilcummin got on top in the first ten minutes of the second half and went into the lead 2-13 to 2-12. We got on top in the last quarter and outscored our opponents by seven points and went in front by six points, 3-16 to 1-13. Injury time however had Kilcummin on the front foot, scoring 1-2 without reply. This however left them a point in arrears when the referee blew the full time whistle. The final score was 3-16 to 3-15 in favour of the home team.

Team and Scorers: Shane Murphy, John Payne, Mike Moloney, David Naughton, Cillian O'Regan, Jason Lyne, Michael Potts, Johnny Buckley, Daithi Casey, Jack Griffin, Gavin O'Shea, Brian Looney, Tony Brosnan, Mark O'Shea, Mike Casey.

Subs: Gavin White, Chris Doncel, Lorcan Mc Monagle, Bryan O'Shea, Brian Fitzgerald, Billy Courntey.

Congratulations to Tony Brosnan on being named Man of the Match.

PROGRESSIVE 31

Progressive 31 takes place every Wednesday in Crokes Clubhouse. It will start at 8pm. All you need to bring is €5!

BINGO

Following representation from a number of people in the community on the finishing of Bingo in the Conroy Hall and subject to approval of licence, the Club are commencing Bingo on Sunday night 1st of December in St Marys Parish Hall at 8.30pm. There will be 10 games plus a jackpot along with a raffle for 3 hampers from here until Christmas,. Everybody is welcome, doors open at 7.30pm.

SCÓR NA NÓG

Scór na nÓg East Kerry competition will be held on Saturday 30th of November in Fossa. Best wishes to our Club Members in the Ballad Group, Solo Singing & Recitation. Training for the guiz team is commencing so please contact Gerardine on 0861541840 for details. The County Final will be on 15th of December.

ANNUAL MASS FOR DECEASED MEMBERS

Annual Mass for deceased members of Dr Crokes Club will take place in the Clubhouse on Thursday 28th of November at 7.30pm. All Welcome.

Best Wishes for a speddy recovery to John Sully O'Sullivan, Woodlawn who is in Hospital in Tralee. **LOTTO**

Lotto results from Monday 11th of November - 3, 13, 20, 22. Jackpot E10500. Not won Match 3 8 by



Minister Brendan Griffin, pictured with Donal Ashe (Secretary), Tommy Griffin and John Ladden (Chairperson) of Keel GAA. The Keel GAA player secured a grant of €34,515 for future developments in the club.

Lotto results from Sunday 17th of November -3, 7, 9, 15. Jackpot E5000 Winner Jackie Looney. Next draw on Sunday 24th of November inTatler Jack. Jackpot E5000.

KEEL GAA NOTES

ANNUAL GENERAL MEETING (AGM): Keel GAA Club will hold its AGM on the 6th Dec 2019 at 7.30pm in the clubhouse. Nomination and Motion Forms can be obtained by contacting the secretary on 0870601564 and returned to the Secretary by the 22nd Nov 2019. The club is most interested in meeting people who may be interested in becoming involved in some capacity in the running of the club.

GRANT: We are delighted to announce that our B-Team impact sub and Minister of State for Tourism and Sport, Brendan Griffin, has secured a grant of €34,515 for Keel GAA Club towards our future development plans! The money will be spent on further improvements to our playing facilities and is a huge boost to the Club and the community. This grant brings the amount provided to Keel GAA from the Minister's Department to almost €60,000 in the last four years, having received €25,000 in 2015 towards our walking/running track and perimeter fencing. Thank you, Brendan, for all your efforts on behalf of our club.

UNDERAGE S&C - A supervised Strength & Conditioning programme for next year's Keel U14, U16 and Minors will begin in the club rooms on Tuesday evening from next week onwards till Christmas beginning at 7pm. Please bring water, runners and €2 thanks. All under 12s moving to Under 14 next year are most welcome. William

FORMER PLAYERS: Commiserations to Keel's Liam Sheehan who will lined out with Éire Óg of Cork on Sunday in the Munster Intermediate Club Championship against Templenoe. Templenoe won on the scoreline of 1-17 to 0-12. Well done to all in Éire Óg and best of luck to Templenoe in the Munster Final.

LOTTO: There was no winner of the jackpot €12,600 on Monday 11th November. The numbers drawn were 2,19,20,22. €50 winner Margaret Murphy Listowel, €25 Jerry Foley Inch, Colin Foley Fybough, Linda Foley Shanahill, Jerry Foley Inch.

ANNUAL GENERAL MEETING (AGM): Keel GAA Club will hold its AGM on Thursday 5th Dec 2019 at 7.30pm in the clubhouse. Nomination and Motion Forms can be obtained by contacting the secretary on 0870601564 and returned to the Secretary by the 22nd Nov 2019. The club is most interested in meeting people who may be interested in becoming involved in some capacity in the running of the club.

EAST KERRY GAA NEWS

By Michael O'Mahony **EAST KERRY SENIOR CHAMPIONSHIP** O'DONOGHUE CUP

Ouarter Final

In a crispy November day in Lewis Road Killarney. Dr Crokes and Kilcummin served up a great game of football. With a shot out between Tony Brosnan and Paul O Shea. Half time score was Dr Crokes 2-9 and Kilcummin 1-10. Dr Crokes winning by 1 point on the score line of 3-16 to 3-15. This game started with a great run by Brian Loonev in the first minute and he slotting home a goal. Kilcummin replied with a great goal from Paul O Shea. The rest of this half was nip and tuck with the half time score Dr Crokes 2-9 and Kilcummin 1-10. The second half started well for Kilcummin going ahead by 2 points. Dr crokes fought back with 6 points ahead going into injury time. Then Paul O Shea struck for his second goal and Kilcummin added 2 further points. Kilcummin had one last attack but Dr Crokes survived and marched onto the semi finals. Scorers for Dr Crokes Tony Brosnan 1-8, Brian Looney 1-2 Mike Casey 1-2

Daithi Casey 2 points, Jack Griffin 1 point, Cillian O Regan 1point. Scorers for Kilcummin Paul O Shea 2-4, Shane McSweeney 1 goal, Kevin McCarthy 3 points, Noel Duggan 2 points, Gary O Leary 2 points, Kieran Murphy 1 point, Enda O Sullivan 1 point, Mark Keane 2 points. Johnny Brosnan chair person of East Kerry presented the man of the match to Tony Brosnan of Dr Crokes.

ST BRENDANS COLLEGE

The following St Brendans College TY Students have completed U8/U10 Go Games Referee Course.

Cian Foley, Kilcummin Aaron O Sullivan Legion Callum O Grady Legion Dara O Callaghan Kilcummin Callum O Donoghue Legion Aaron O Sullivan Legion Colm Kelliher Kilcummin Darragh Fleming Legion Cian Murphy Kilcummin Ethan O Neill Legion Cian McMahon Dr Crokes Harry Byrne Crokes Jack Lynch Dr Crokes Liam Randles Dr Crokes Rian Colleran Fossa Darren Fossa Kellan O Brien Fossa Cronin Michael Mullane Glenflesk Killian O Sullivan **Firies** Glenflesk Peter Cosgrove Ciaran Beaufort Andrew Moynihan Firies Cronin Jack O Sullivan Spa

Kerry Referees Committee are running a Foundation Level course on Friday 29th November and Friday 6th December at 7pm in Currans. It is vital that these students are given a chance to complete the course enabling lads to upskill to (U11/U12) games for 2020 on completion

EAST KERRY SENIOR CHAMPIONSHIP DR O'DONOGHUE CUP

Quarter Final Spa 4-15 Currow 1-10.

The first half was very moving game with 12min gone 2pt to 3 in favour of Currow on 14 Min David spillane who score spa goal other from Mike O' Donoghue 2-03 to 0-4 Currow were awarded Penalty well taken by Mike McCarthy

at half time score 2-7 to 1-8

spa were faster of block in second half which they add there points & first David Spillane & second from evan Cronin with only 8min left 4-10 to 1-8 it was on way traffic to end by spa.

EAST KERRY FR. GALVIN CUP RESULT:

Scartaglen 2-11 Fossa 1-09

Eddie Horan got Scart off to the perfect start with a goal in the second minute in this intermediate game played in Cordal. Eddie then stretched the lead with a point from a free a minute later. Taddh O'Shea opened Fossa's account with a pointed free in the 8th minute. A Mike O'Keefe point doubled their tally. Midway through the first half, Eddie found Brian Hanrahan with a fine through ball and Brian duly found the Fossa net. Sean Horan and Tadgh O'Shea then exchanged points. Fossa finished the half stronger with three unanswered scores.

Half time: Scartaglen 2-02 Fossa 0-6

Scores were hard to come by after the restart. It took until the 7th minute for the first score of the half when Shay Walsh converted a free after Eddie Horan had been fouled. Two further points from Eddie after good work by Alan Horan had Scartaglen leading by 5 points. Tadgh O'Shea and Brian Myers pointed for Fossa. Scartaglen responded with an excellent point from Brian Riordan and another Eddie Horan score after good work from Josh Kerins to restore the lead. Damian Dennehy found the Scartaglen net in the 22nd of the half to bring Fossa within two points of Scartaglen. Scartaglen once again reacted positively and kicked the next three points through Shay Walsh (2) and Eddie Horan. Tadgh O'Shea pointed a free for Fossa but this was their last score. Eddie Horan was named Aguila Club Man of the Match and he capped a fine display with the final point of the day. Referee Brian Fleming blew the final whistle and it is Scartaglin who progress to the next round against Gneeveguilla.

Scorers for Scartaglen Eddie Horan 1-06, Brian Hanrahan 1-0, Shay Walsh 0-3, Sean Horan 0-1, Brian Riordan 0-1.scorers for Fossa Tadhg O' shea 0-5 cian O'Shea -01 killian Buckley-02 Brian Myers-01 Damian Dennehy 1-0

After the game Eddie Horan scartaglin was named Aguila Club Man of match Presented by Michael O'Mahony PRO of East Kerry Board to eddie Horan a years membership of Aguila Club. **THANK YOU**

To our generous sponsors of the East Kerry Senior Team in County Final.

Main sponsor: The Shire, Killarney,

(prop. Ollie Favier)

Avgen Direct, (www.avgendirect.com)

Irish Drains Services, Farranfore.

FDC Group incorporating Curran Moore & Co. Killarney.

Bank of Ireland, Killarney

MC Group, Killarney

Killarney Carpet and Furniture Centre, High St.

The Laurels Bar, Market Cross, Killarney O'Sullivans Cycles, High St, Killarney.

Padraig Treacy.

O'Keeffes Oils, Rathmore

East Avenue Hotel, Killarney

Kelly Bros, Ballydesmond

Dermot Cronin Financial Advisor, Killarney

O'Leary Print, Killarney

Killarney Medals & Trophies, Gortacoosh, Glenflesk

Reens Car Sales, Rathmore

Murphys, College Street, Killarney

Callaghan Bar, Gneeveguilla.

Quills Menswear, Killarney.

O'Briens Supermarket, Glenflesk.

Danny Healy Rae TD, Kilgarvan

Cllr Maura Healy Rae Kilgarvan.

JR Spares, Glenflesk.

Kitty O'Shea's Restaurant, Killarney.

The Corner House Bar, Barradubh

Gallivan Murphy Hooper Dolan Insurances Killarney

Mark Doe Just Cooking, Firies

Ruth Allen Kerry Physiotherapy & Rehab Centre killarnev

Ger Galvin President of East Kerry Board.

Rathmore District Credit Union

Killarnev Oils.

EAST KERRY DR. O'DONOGHUE CUP 2019 Ouarter Finals

First team named in at home

Gneeveguilla V Rathmore - Sunday 24th November at 2pm.

Killarney Legion V Fossa – Sunday 24th November

Extra Time if necessary, in all above games East Kerry Fr. Galvin Cup 2019



Preliminary Rounds

First team named is at home

Listry V Cordal – Sunday 24th November at 2pm Semi Finals

First team named is at home

Gneeveguilla V Scartaglen

Firies V Listry/Cordal

Extra Time if necessary, in all above

East Kerry Minor Championship Division 3 Final Championship

Neutral Venue

Final - Glenflesk V Kilcummin - Sunday 24th November at 2pm

MONTHLY MEETING

East Kerry GAA committees Meeting this Tuesday November 26th at killarney Heights Hotel at 9pm all Delegates requested to attend

BALLYHAR-FIRIES GAA

CLUB 600 FUNDRAISING DRAW:

The 5th draw took place in O'Keeffe Bar Firies on Thursday the 14th last.

The winners were:

€2,000 Joe Murphy Rath Firies

€500 Mikey Sheehy Jnr Tralee

€250 Deirdre Falconor Killorglin

€150 Billy & Blaithin O'Sullivan

€100 Margaret & Joanne Browne Conniger

Well Done to all

The next and final draw will take place in Hendersons Bar Firies on Thursday December 5th. A huge Thank You to all that supported our Club 600 draw and continue to do so.

LOTTO

No's Drawn 7, 8, 22 & 25

No Winner

€30 Winners were

Steohan Pendergast c/o Aherns

John & Mary O'Connor Castlemaine

Holly Staunton Firies

Ciaran Flynn Doonkinane

Stephen Pendergast c/o Ahern

The draw for next weeks Jackpot of €4,100 will take place in Hendersons Bar Firies on Friday 22nd November. Get your lotto tickets from all the usual sellers, Club Officers, Senior Players or from the stand in Moriarty's Centra, Farranfore.

Thank you all for your continued support.

FIRIES GAA AGM:

Firies GAA Club Annual General Meeting shall take place on Friday the 29th of November @ 7:30pm in Farranfore. Any motions or nominations can be forwarded to 0872998231 before Friday the 22nd of November.

SPORTS CAPITAL PROGRAMME GRANT 2019:

All at Firies Gaa Club would like to sincerely thank Brendan Griffin and his department for the fantastic Sports Capital Programme Grant of €46,649 announced on Friday.

SENIOR COUNTY LEAGUE DIV 3 - RD 11:

Firies made the journey to Blennerville on Sunday to take on the home team St Pats in the final game of the county league. Firies knew going into the game that they needed to win to force a relegation off with St Pats but alas this was not to be the case. St pats stated the stronger with 4 points before Firies registered their first in the 19th minute. The remainder of the half was an even enough affair with both teams scoring 4 each to leave the half time score St Pats 0-08

to Firies 0-05. Firies started the stronger in the second half after after 10 minutes the score were level with 9 points each. But this was as close as Firies could get. Despite some good team defending, St Pats kicked some good scores from distance to leave the final score St Pats 0-14 to Firies 0-12. Firies did have two goal chances at the end to steal the game. The first coming from a penalty that was saved by the St Pats keeper. The second was a ball dropped into the square, that did end up in the back of the net but the referee deemed it a square ball and a free out was awarded. This result means Firies are relegated back to Division 4 for the 2020 season. Hopefully the lessons learned in 2019 will help to build the team to get back into Division 3 again for the 2021 season.

RESULTS:

Senior County League Rd 10 St Pats 0-14 Firies 0 - 12

SEAMUS O'BRIEN SUPPORT FUND

Kerry Kingdom Gaels are fundraising to help a former team mate and club member, Seamus O'Brien, who played with the Kingdom Kerry Gaels from 1991 - 2000. Seamus played all his underage and senior football with Firies until that time. Seamus suffered a life changing accident in February 2018 and his recovery is going to be a long expensive process.

This is why we are asking and urgently need YOUR help.

We are calling out to all those in the wider GAA community. Think of all the great GAA men and women who have supported you down through the years. As you can read above, Seamus dedicated himself to the game and we would like to call on your generosity to help our teammate in his time of need. We have no doubt, if the shoe was on the other foot, he would be the first man to offer help.

A gofundme page has been set up to support Seamus and his family in his recovery. You can find the link on the Firies GAA Facebook & Twitter Pages. Or log onto www.gofundme.com and search for "Seamus O'Brien Support Fund" and donate.

MILLTOWN CASTLEMAINE GAA

€11,000 LOTTO JACKPOT

Our lotto jackpot was not won on Friday last. Drawn numbers were 3, 26, 27 and 8 was the bonus number. Here are the lucky consolation prize winners from last Friday night's draw.

€50 each to: The Golden Girls, Killarney and Norma Walsh, €25 each to Paddy Lawlor, Castlemaine, Liam Kelliher, Castlemaine, Donal Kennedy, Dingle and Pierce Tyther, Milltown. Congratulations to you all .Sincere thanks for supporting our fundraising lotto, Next draw is on Fri. 29th Nov 2019 in Knightley's Bar, Castlemaine. Mid Kerry Senior Football Championship Semi-

Milltown Defy Pre-Match Underdog Tag to Book Mid-Kerry Final Spot'

Milltown/Castlemaine 0-11 Glenbeigh/Glencar 0-9. Report By Dara O'Connor

Milltown/Castlemaine journeyed to Glenbeigh today to take on the hosts in the Mid Kerry Senior Football Championship Semi-Final, with the winner facing into a meeting with Laune Rangers in the final in 2 weeks' time. Glenbeigh/Glencar who were the reigning champions were looking to add their fifth Mid Kerry title this decade by securing this year's Championship but they were met by a young, energetic and hungry Milltown/ Castlemaine side eager to also advance to the 2019 showpiece in the District. It was a game where the hosts only led twice all through but Milltown/Castlemaine finished strong to ensure the victory.

Dylan O'Neil opened the scoring within the first few minutes with a superb score off the ground, Jonathan O'Sullivan who put in a huge performance followed this up to give to give Milltown/Castlemaine an early 0-2 to 0-0 lead. Donal O'Neil who was called into action twice in the opening half saved brilliantly from attempts by both Pa Wren & Gavin McKenna to keep the hosts in the reckoning.

Tommy Cahill through two pointed frees & a young yet developing Adrian O'Connor put Glenbeigh/Glencar 0-3 to 0-2 ahead by the halfway mark of the opening half. Jonathan O'Sullivan & Cathal Moriarty both notched up superb scores on the turn from play to extend Milltown/Castlemaine's lead prior to the half time interval.

Glenbeigh/Glencar were back on level terms soon after the interval when firstly Caolim Teahan followed by a Tommy Cahill free had matters tied up at 0-5 to 0-5 on 35 minutes.

Jonathan O'Sullivan who kicked 0-7 all day and was fully tuned in proved very hard to mark as a hugely talented footballer & never missed the target all afternoon. Jonathan's scores along with superbly executed efforts from a hugely impressive Kieran O'Carroll who landed a beauty late on & Jerome Flynn who landed the clincher seen the visitors advance to a Mid Kerry Senior Football Championship meeting with Laune Rangers on Sunday, December 1st.

PROGRESSIVE 31 CARD DRIVE:

Continues every Tuesday night @ 9 pm in Nagle Rice Community Centre.

Here are last weeks lucky winners.

Joint 1st: Dan & Mary O' Connor : John Langford & Denis Carroll, Kathleen O' Shea & Peggy Leane 2nd: Nancy Murphy & Mary B O Sullivan, Peig &

Ladies: Mai McKenna & Margaret Coakley Mixed: Patsy Dooley & Mike Kissane Gents: Timmy Moriarty & Patsy Shea Raffle Winners:

1st Nuala Corbett,2nd Tony Marshall ,3rd Dan O' Connor and 4th Eileen Roche

Rockin It!!

Students from 6th class in Nagle Rice Primary School, Milltown came 2nd place in the National SOPHia physics science competition in the University of Limerick on Friday last. Diarmuid Quirke, Sean O' Sullivan, Chloe McHugh and Sarah Heasman submitted their project named 'ROCK-IT', which studied the physics of rockets, in October. They were delighted to be selected for the finals of the competition which were held in UL on Friday last to mark science week.

The students were up against some very stiff competition but they held their own and spoke confidently whilst presenting their project to the judges. They are thrilled to gain 2nd place in the junior category of this competition. Their mentor was Cliodhna McCarthy Quirke, teacher of Science and Physics at Presentation Secondary School, Milltown and director of whos4science. Cliodhna is extremely proud as the students worked 'hard and relentlessly on this project - we all had great fun!' Well done to all! Why not check out Cliodhna's FB page on www.facebook.com/ whos4science.

MEDAL PRESENTATION

A medal presentation for our u12, u14 and u16 teams will take place next Sunday Nov 24th, at 6pm in the Nagle Rice Community Centre.

Home baking would be very much appreciated. When dropping home baking to the hall, please do so between 5pm and 5.45pm on the 24th. If there are any volunteers available to help with serving tea etc. please contact me during the

Many thanks, Philip O'Reilly: 087/7743717.

Mile Buíochas do gach duine:

We will have an informal gathering for all coaches and parents of our juvenile teams for the end of the year on next Saturday night, November 23rd, starting in Larkin's at 7.30pm.

We would be delighted if all our coaches and parents could make it, gathering together and celebrating a great year for all of our players which involved a lot of fun, football and hard work by all. Whether training the kids, helping in all sorts of other ways or bringing the players to training/matches throughout the year. Well done to everyone, it takes a team to make a team.

MILLTOWN LISTRY COMHALTAS

Thanks to Listry Community Council, sponsor GMHD and all who supported our wonderful Rambling House. It was a brilliant night and helps to keep the tunes ticking over till the '3 in a row' Fleadh next June!

IMPORTANT ANNOUNCEMENT:

Great news today for the Club with Minister Griffin's allocation of €75,000 of Sports Capital Funding towards our Field Development, making us one of the top beneficiaries in the County .This announcement is much welcomed and appreciated and now means we can proceed with the 2nd phase of the project which is bringing our main playing pitch up to the standard of our recently developed training area.

LEGION GAA NOTES

FIXTURES

O'Donoghue Cup Sunday 24th @1pm (Direen) Killarney Legion v Fossa

Please come & Support the lads.

AGM

The annual AGM is on Thursday the 12th of December in the clubhouse. We would encourage all members to attend.

WELL DONE

Massive Congrats to Andrea Murphy and Lauren Carey who were selected on the Kerry U-14 Ladies team for 2020, Well done Girls keep up the

Legion Lotto Results 7-17-21-25 Bonus 19 Match 3's 1.P Mannix c/o Diarmaid O D 2.Betty O Leary O Kelly's Villas 3.Mike Pierce c/o Tom Lyne 4.Noel + Maura Gammell, Ballaugh

5. Audrey O Leary (online)

Draw next Sunday @9pm Murphys Bar.



DR. CROKES AND SPAINTO FINAL FOUR

Dr. Crokes and Spa made their ways into the O'Donoghue Cup semi final last week but both sides had their nervy moments.

The Killarney Outlook reports on both games.

Spa firepower puts out Currow Rising

Spa 4-15

Currow 1-11



An impressive third quarter in which Spa exercised their greater firepower was the foundation in which the Killarney side laid to defeat a game Currow in an entertaining O'Donoghue Cup quarterfinal played in Spa.

Spa started with nine players in their starting 15 who a week previous had picked up Senior County Final medals with East Kerry looked to be heading for a comfortable afternoon especially when Michael O'Donoghue added a second goal for the hosts on the 20th minute to put them 2-3 to 0-3 ahead.

Currow had battled back from a two point deficit to take the lead 0-3 to 0-2 by the end of the opening quarter. However, goals by David Spillane and Michael O'Donoghue quickly had them six clear and it was seven clear when man of the match Evan Cronin popped over a point.

The Spa speedster was continuing on his great form from the Senior County Final and would end the day with 1-5. Still the Division 3 side were nothing if determined and fought their way back to parity within minutes. Points by Dan O'Shea, Conor Sheahan, Seamus Brosnan and Pa McCarthy before Mike McCarthy goaled from the penalty spot to make it 2-4 to 1-7.

A brace of late points by Michael O'Donoghue helped Spa into a half time 2-7 to 1-8 lead.

It was as close as Currow were left get as Spa minus their East Kerry captain

Dan O'Donoghue put the contest out of reach early in the second half where they went on a scoring spree and hit 2-5 without reply. Further goals by David Spillane and Evan Cronin help them build a to 4-11 to 1-8 lead as the game played out to an inevitable conclusion. **Scorers:**

Spa: Evan Cronin 1-5. Michael O'Donoghue 1-5, David Spillane 2-0, Ryan O'Carroll 0-2, Mike Foley 0-2, Niall McCarthy 0-1

Currow: Mike McCarthy 1-2 (1-0 Pen) Pa McCarthy 0-4, Dan O'Shea 0-2, Conor Sheahan 0-1, John Buckley 0-1, Seamus Brosnan 0-1

Teams:

Spa Team: James Devane, Eoghan Cronin, Eoin Fitzgerald, Brian Lynch, Shane Lynch, David Spillane, Ciaran Spillane, Liam Kearney, Shane Cronin, Gary Vaughan, Ryan O'Carroll, Michael McCarthy, Michael Foley, Michael O'Donoghue, Evan Cronin. Subs: Niall O'Mahony, Ollie Cremin, Cormac Cronin, Andrew Garnett, Niall McCarthy, Brian Devane

Currow Team: Shane O'Leary, Niall O'Sullivan, Garreth O'Connor, Timmy O'Leary, John O'Connor, Pat O'Sullivan, Mike Hanifin, Seamus Brosnan, Seamus Scanlon, Conor Sheahan, Pa McCarthy, Luke Fitzgerald, Mike McCarthy, John Buckley, Dan O'Shea. Subs: Kevin Daly, Sean Brosnan, Tommy Dennehy, Padraig O'Shea

Legion and Rathmore should have enough

The final two East Kerry O'Donoghue Cup quarterfinals are down for decision this weekend with newly crowned Division 3 champions Gneevegullia hosting fellow parishioners Rathmore as Fossa look to cause an upset against Killarney Legion. Rathmore will head up the road for the short journey to Gneevegullia knowing that it will not be easier to come away with a win especially as the 2003 champions looked impressive in their Division 3 league title win over Ballydonoghue last week. Rathmore will look to put what has been a nightmare year for them, which saw an injury ravaged side relegated from the senior championship. No less than a dozen Rathmore players have been on the injury list at some stage during 2019 as Liam Hassett plots to finish the year on a high. Throw in on Sunday is 2.30pm

By the time they throw in Gneevegullia either Fossa or Killarney Legion should be in the final four as their 1.30pm throw in should peak the interest as on form Clifford brothers Paudie and David should add to the firepower of the underdogs.

Killarney Legion might have to look as far back as 1976 for their last win but the Killarney town side have contested four O'Donghue Cup finals in recent years and should have enough in their arsenal to get into the final four once again as they like Rathmore look to end the year on a high.



Widely regarded as one of the best forwards in the game, Kerry Football star, Sarah Houlihan has announced her retirement from inter-county football after 13 years.

In a tweet on Wednesday morning, the three time All-Star said: The privilege has been all mine.13 years of playing in the green & gold jersey I feel it's time I started a new http://chapter.It has brought me to wonderful places,introduced me to lifelong friends & given me millions of memories. Thank you to my family & friends,forever grateful".



CROKES AND KILCUMMIN SERVE UP CLASSIC

Dr. Crokes 3-16 Kilcummin 3-15

Just six days after the heartbreak of losing a Senior Football County Final, Edmund O'Sullivan's Dr. Crokes side got back to winning ways after defeating Kilcummin by a single point at Lewis Road in a pulsating match.

In the end it was a real test for the town side who trailed by two points eight minutes into the second half when Paul O'Shea struck for goal to give them a deserved 2-13 to 2-11 lead but it was the home side who hit 1-5 unanswered that untimely turned the tide back in their favour.

Dr. Crokes captain Brian Looney fired his side ahead inside the first minute with a goal only for Kilcummin to find the equaliser with a goal of their own from Paul O'Shea on the 4th minute.

The sides would swap points right throughout the opening quarter and would be level on five occasions before a 15th minute goal from Tony Brosnan put a little daylight between them as they took a 2-4 to 1-4 lead.

Kilcummin however kept at their task and with the impressive 1-3, first half contribution of Paul O'Shea Kilcummin trailed 2-9 to 1-10.

Kilcummin hit two of the opening three second half points with Matt Keane and Enda O'Sullivan finding the target as they began to pick up more breaking balls from midfield.

They would put this to full advantage on the 37th minute when Shane McSweeney took control of a breaking ball and advanced forward with menace before he found the space for a shot at goal as he reaped maximum reward as he goaled past Shane Murphy. A quick point by Paul O'Shea and suddenly Kilcummin were two points clear 2-13 to 2-11 but their failure to find the target for the next 18 minutes would become a deciding factor as Dr. Crokes hit 1-5 (with Michael Casey getting the goal) without reply to take control of the contest as it ticked into the dying embers. Trailing by six it looked beyond Kilcummin but a goal fired past the line full of Dr. Crokes players by Paul O'Shea from a 13M free followed by points Kevin McCarthy and Gary O'Leary had them in sight once more but time would beat them as Crokes advanced.

Dr. Crokes

Scorers: Tony Brosnan 1-8 (0-3F), Brian Looney 1-2, Michael Casey 1-1, Mark O'Shea 0-2, Cillian O'Regan, Jack Griffin, Daithi Casey all 0-1 Team: Shane Murphy, John Payne, Michael Moloney, David Naughton, Cillian O'Regan, Jason Lyne, Brian Looney, Johnny Buckley, Mark O'Shea, Jack Griffin, Michael Potts, Gavin O'Shea, Tony Brosnan, Daithi Casey, Michael Casey Subs: Gavin White for Jason Lyne (HT), Chris Doncel for Gavin O'Shea (43), Billy Courtney for Jack Griffin (50), Lorcan McGonagle for John Payne (50), Brian O'Shea for Michael Casey (56)

Brian Fitzgerald for Michael Potts (60)

Kilcummin:

Scorers: Paul O'Shea 2-4, Shane McSweeney 1-1, Kevin McCarthy 0-3, Gary O'Leary 0-2, Noel Duggan 0-2 (0-1F), Matt Keane, Enda O'Sullivan, Kieran Murphy all 0-1 each

Team: Brendan Kealy, Donal Maher, Kevin McSweeney, Oscar O'Connor, James Nagle, Dan Moynihan, Enda O'Sullivan, Kevin Gorman, Kieran Murphy, Kevin McCarthy, Matt Keane, Noel Duggan, Paul O'Shea, Shane McSweeney, Gary O'Leary Subs:

Damien O'Leary for Kevin Gorman (47) Danny Cronin for Shane McSweeney (BC) (57) - Referee: James O'Sullivan (Firies)





Tony Brosnan man of match in East Kerry Dr O' Donoghue cup Dr Crokes v Kilcummin from Johnny Brosnan chairman of East Kerry GAA Board last weekend.



Five Goal MD O'Shea's retain Kerry inter firm title

MD O'Shea's 5-18

FEXCO 4-7

Killarney company MD O'Shea's defended their Kerry Inter Firm Senior Football title at John Mitchel's GAA when their greater fire power proved too much for FEXCO

MD O'Shea's 0-2 to 0-0 lead after just six minutes before FEXCO caught them cold for two goals in the seventh minute. Amazingly, it led to a sequence of five goals in just four minutes as the game really opened up.

First FEXCO's Chris Doncel found the net when played in by Danny Healy. Healy provided another pinpoint pass on the next play as Doncel found the net once more.

MD O'Shea's response was emphatic. Goals by Paudie Coffey, Chris Brady and Brendan Falvey all in a three-minute period put the eventual winners in control at 3-2 to 2-0.

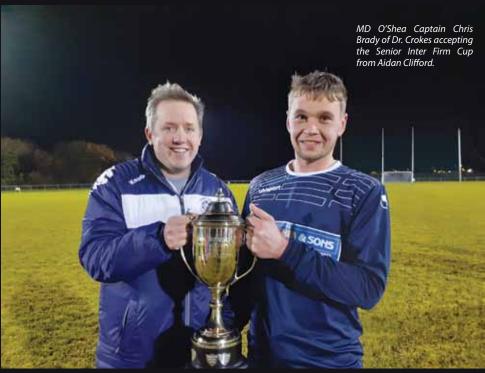
A fourth goal arrived from the boot of the busy Jeff O'Donoghue on the 20th minute as the they took a 4-12 to 2-2 lead with them to the break.

Goal number five arrived minutes into the second half and this time it was Lee O'Donoghue who fired past the FEXCO keeper. O'Donoghue would end the evening with 1-7. FEXCO never threw in the towel and the very impressive Chris Doncel from Dr. Crokes would get a third goal as he brought his tally to 3-2 for the evening with Jack Evans also raising a green flag for the Mid Kerry company.

MD O'Shea's ran their bench in the final quarter, which included the replacement of corner back Jonathan Bowler by his father Eamon Bowler on what was a very special family moment.

Teams & Scorers:

MD O'Shea's: Lee O'Donoghue 1-7, Brendan Falvey 1-3, Chris Brady 1-2, Jeff O'Donoghue 1-1, Paudie Healy 1-0, Brian O'Donoghue 0-1, Cian Murphy 0-1, Diarmuid Cahill 0-1, Alan



Murphy 0-1, Dara Sheehy 0-1

FEXCO: Chris Doncel 3-2, Jack Evans 1-1, Danny Healy 0-2 (0-1F), Aaron Murphy 0-1, Colm O'Shea 0-1

MD O'Shea's: Chris Carey, Mark O'Shea, Ian Somers, Jonathan Bowler, Paul Riordan, Chris O'Donoghue, Brendan Falvey, Mark O'Shea. Alan Murphy, Cian Murphy, Jeff O'Donoghue, Brian O'Donoghue, Lee O'Donoghue, Chris Brady, Paudie Coffey

Subs: Diarmuid Cahill for Chris O'Donoghue (H/T), Darren Nagle for Mark O'Shea (38), Cian Breen for Paudie Coffey (45), Dara Sheehy for

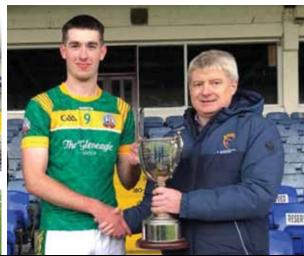
Brian O'Donoghue (51), Colin Tobin for Paul Riordan (51), Eamon Bowler for Jonathan Bowler (55)

FEXCO: Eamon O'Neill, Rody Healy, Stephen Roche, Eamon O'Connor, Dylan Prendergast, Damien O'Leary, Padraig Brosnan, Aaron Murphy, Colm O'Shea, Ronan Curran, Chris Doncel, Declan Devane, Danny Healy, JJ Quirke, Jack Evans

Subs: Eddie Birmingham for JJ Quirke (H/T), JJ Quirke for Ronan Curran (45) Cathal Griffin Referee: Jer Lynch

St. Brendan's College O'Sullivan Cup Winners 2019

Congratulations to St Brendan's College Senior football team on their victory in the O'Sullivan Cup Final on Wednesday on a scoreline of t. Brendan's 3-17 ISK10-12. The game was played in excellent spirits by both teams and featured some brilliant scores from both sides. PICTURES: T. MCGOUGH - FITZGERALD STADIUM PR.



Captain Micheal Lenihan receiving The O'Sullivan Cup from Munster School Servicing Dermot Weeshie Lynch — at Fitzgerald Stadium.

BEAUFORT GOLF CLUB -GENT'S BRANCH

16th/17th November - 14 Hole Turkey Competition - Sponsored by Gents Branch Winner: Paul Fahy (9) 33 pts

FIXTURES

23rd/24th November - Turkey Competition - 14 Hole Stableford (Yellow Tees) - Sponsored by Gents Branch.-6th December - Reminder - Club AGM in Clubhouse at 8pm.

KILLARNEY GOLF CLUB -

The following are the results from Sunday 17th November for the Tim Jones Sponsored, Team of 2, 13 hole competition Killarney Golf and Fishing

1st Ann Stuart (17) and Lisa Kerfoot (13) 35 points (Back 9)

2nd Ailish Mulcahy (7) and Tina O'Sullivan (18) 35 points (Back 6)

3rd Helen Howard (24) and Kathleen Healy 32) 35 points

4th Maureen Creedon (14) and Susan Tong (13) 33 points (Back 9)

Next Sunday's competition 24th November: Mixed Foursomes, kindly sponsored by Vincent Casey, shotgun start 10.30am

DEERPARK PITCH & PUTT CLUB NEWS

Christmas Turkeys: Results of last Sunday's event: Fourball V Par- Nett: Gearoid Cronin &

Sean O'Brien 12up, Gross: Gearoid Cronin & Robbie O'Brien Jnr 10up. One more weekend of Turkeys this weekend, usual draw times of 9.15am and 11.15am (€5 per draw). Christmas Hamper following weekend, Sunday December

Night in Murphy's: The usual end of year event in Murphy's will take place on Friday December 6th where all outstanding prizes for the year will be presented on the night.

U-16 Christmas Competition: There will be an end of year competition for our U-16's on Saturday December 14th. Further details to follow in the weeks ahead.

Christmas Vouchers: Anyone interested in purchasing club membership as a Christmas present is asked to contact Club Registrar Sean Kelly on 086 0508686 for further information. Danny Nolan Memorial: Please note that this year's event, a Three Ball Scramble, will take

place on St Stephens morning at 10am. Instead of an entry fee this year we are asking players to bring a nominal prize with them instead.

KILLORGLIN MEMBERS GC MEN'S SECTION

1st Place - Michael A. Ladden (16) 35 Points, 2nd Place - Mike Ashe (12) 34 Points, 3rd Place -Tom Murphy (12) 32 Points.

FIXTURES

Next Saturday & Sunday 23rd & 24th November is the Club sponsored Turkey Shootout.

Presentation on the 22 November. More about that later. Tickets on sale in the clubhouse and shop for the Captain's Dinner.

KILLARNEY GOLF CLUB MENS' CLUB

The AIB sponsored Christmas hampers took place over both the Mahony's Point and Killeen courses on Sunday the 17th. There was two shotguns on Killeen for the 0-14 handicappers and the results for this are as follows;

1st. Alan McSweenney (04) - 41 pts

2nd. Donal O' Sullivan (08) - 41 pts

3rd. Anthony O' Carroll (12) - 38 pts

4th. Sean Casey (11) - 38 pts

5th. Adrian Brennan (11) - 38 pts

6th. Colm O' Connor (09) - 37 pts

7th. Peter Mcenery (05) - 37 pts

8th. Matthew Leacy (04) - 37 pts

9th. Conor Healy (10) - 37 pts

10th. Eoin O' Donoghue (06) - 37 pts

11th. Tommy Galvin (12) - 37 pts

The 15 plus handicappers played an additional shotgun on Mahony's Point and special thanks must go to the Ladies Club for accommodating the large playing numbers. Results as follows;

1st. Paddy Looney (25) - 40 pts

2nd. Joseph Geaney (16) - 40 pts

3rd. Joe Scanlan (22) - 39 pts

4th. Gerard Brosnan (24) - 39 pts

5th. Ryan Kavanagh (19) - 39 pts

6th. Liam Murphy (15) - 38 pts

Men's Captain Harry O' Neill & The Men's Committee would like to wish President Marguerita Mulcahy all the best for in her new Presidential role in the year ahead.

OUTLOOK SPORTS

KILLARNEY RFC NEWS

Our Minis welcomed their counterparts from Tralee last weekend for matches at Aghadoe and some excellent rugby was enjoyed by the bumoer crowd at Aghadoe. The visiti=ors were treated to our fabulous hospitality after the games and had a great day. We will go to Tralee in a few weeks for the West Munster Blitz. Tomorrow we host Kilfeacle at Aghadoe and this is the first tie that the East Clare side bring their minis to Killarney. Our U11's played them at Thomond Park at half time in a Munster match in September and we have forged a friendship with the club, so are looking forward to hosting them in the morning. Can all parents please bring some goodies along and don't forget the gumshields.

WINTER SOCIAL

Our winter social takes place at the Killarney Avenue Hotel on Friday the 29th of November next and we cordially invite our players, coaches, parents, members, supporters and partners to come along and celebrate with us. Tickets are €40 per person and we will have music by Super Ceile and a 3 course meal and 2 glasses of wine as part of the dinner! All welcome!

U14 GIRLS UNVEIL NEW KIT

Our U14 girls took on Tralee/Listowel in a

friendly at Aghadoe last Saturday and were delighted to play the game in their new kit, kindly sponsored by What Women Want beauty Salon in Killarney. Thanks a million to Noreen Mangan for presenting the shirts to the girls, they are absolutely fantastic. Next weekend the girls head to Tralee for a freindly.

SPLIT THE BUCKET

Don't forget our split the buck draw takes place every Sunday night and entry costs only €2. Please support!

RESULTS

Seniors: Martin O'Sullivan Cup 1/4 Scarriff 17 - 21

Second XV: S Munster League Div. 3 Killarney 12 - 38 Kanturk

U18.5 Killorglin 3 - 13 Killarney

U16 Killarney 12 - 12 Abbeyfeale (Killarney win game conceded)

U14 Killarney 25 - 14 Killarney

FIXTURES

Seniors: MJL Div. 3 Scarriff V Killarney Sun @ 14:30 U18.5: Killarney V NCW, Aghadoe, Sat @ 12:30 U16 NCW V Killarney, Sat @ 12

FARRANFORE MAINE VALLEY AC

MUNSTER MASTERS & JUVENILE CLUB RELAYS CROSS COUNTRY C'SHIPS

Beaufort was the venue for the Munster Masters & Juvenile Inter Club Relays Cross Country

Championships on Sunday 17th November, hosted by Star Of The Laune A.C., A big thanks to the Dennehy family for giving the use of their lands for this event. Conditions were ideal with the course very good underfoot which gave rise to some very fast running. Thankfully the rain held off and made the day very enjoyable for competitors and athletes. It was unfortunate the club was unable to field any juvenile teams due to other commitments and illness.

However, in the Masters races we had a very strong turnout in the Women's 4K race.

Mary Daly ran very well throughout as she was part of the lead group from the start. Working hard and when the pace increased into the final lap, Mary pulled away with lead runner from Leevale AC. Mary held on but had to settle for second place in the end. A great finish and she won individual silver in her age category. She also led the county O35 team to silver.

Emer Bevan, competing at Munster level for the fist time was 6th in her age category and part of the County O45 team to win bronze.

Next home was Helen English, also first Munster race, was part of the O35 County Team. Not far behind was Siobhan Riordan & Grainne Tierney. Our club finished in fourth place. Well done to all for representing club and county.

In the Master Men's 7K race we had George McCarthy & Brendan Lynch. George following on Sales: Des 087 659 3427 Marie des@outlookmags.com

from his Munster Senior race last weekend went out with the lead group at a fast pace. George continued battling and with a sprint finish was 8th overall and second in his age category. Brendan Lynch equally ran very well and was placed well up in his new age category at 6th place. The county was one man short to have a county team in the O35 category.

Further afield, Dermot Dineen was in Mayo and took part in the Hollymount 10k. A race now in its 54th year. Dermot finished 14th overall in a time of 37:54

CLUB TRAINING:

Maria's Strength, Endurance & Flexibility Exercise Classes from 7pm at the Sports Hall in Farranfore. Class is designed for all abilities from secondary school upwards. €5 per class.

Thursday Nights from 6:30pm for Seniors and juveniles competing in Munster & National Cross Country. Grass Session on GAA Field Farranfore

ATHLETIC'S FIXTURES

Sun 24th Nov.: National Juv. Even Age & Sen. / Jun. XC, Abbotstown

Sun 1st Dec.: Munster Juv "B" & IntermediateXC, Turnpike Tipperary

Sun 1st Dec: An Riocht 5K, Castleisland

Sun 15th Dec.: National Juv. Uneven Age & Novice XC, Dunbovne

Thur. 26th Dec.: Farranfore St. Stephens 2K & 5K, Farranfore

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance

See Kerry & Munster Athletics website for full fixture lists & timetable for event

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto draw 15/11/2019, numbers drawn were 6, 18, 19 & 30. Sellers prize winner John Spillane, €50 Y/T prize winner Tim Fitzgerald Kiskeam, €50 to James Moynihan Rossacrue Headfored, €40 each to Tony Murphy Tureen, Jim Mack Leam & John Moriarty Coom. Bonus not won numbers drawn were 9, 16, 24 & 25. Next week's jackpot €7,400 plus €1,000

CHRISTMAS HAMPERS; The first draw for of our Christmas Hamper's will be November 29th and each Friday thereafter up to December 20th. **MUNSTER CROSS COUNTRY:** Held in Beaufort Joan O' Sullivan was 2nd O65, Caroline Murphy 3rd o55, Caroline also scored on The Kerry Team which was 3rd county team.

MUCKROSS ROWING CLUB

SKIBBEREEN HOR

Well done to all our crews who took part in the Skibbereen Head Of the River, held at the Cork city marina on Saturday last. Congratulations to our four winning crews, including the Mens J15 and J14 Quads, Rory Stack in the Mens J14 Single and the Mens Masters Four. The club was also second in five events and third in five events.

MUCKROSS HOR

Just two weeks to go to our very own annual Muckross Head Of the River, which is set for Saturday, December 7 at the National Rowing Centre in Farran, Cork. In 2018, the event was the largest rowing time trial run nationally and once



Farranfore Maine Valley AC Master Club athletes who competed in the Munster Masters Cross Country Championships in Beaufort on Sunday 17th Nov. Master Women: Emer Bevan, Mary Daly, Helen English, Siobhan Riordan & Grainne Tierney.

again we will require all hands on deck to ensure the event's continued success.

RACE NIGHT

The club will hold a festive fundraiser Race Night on Saturday, December 28 at Major Colgan's bar, Muckross Park Hotel. As we continue to invest in equipment and facilities to meet the needs of our growing membership, the Race Night will be an important fundraiser for the club. Horse sponsorship €20 and race sponsorship €150. Contact Sean Daly 087 231 6053.

SPA MUCKROSS **COMMUNITY GAMES NOTES**

A big thank you to all of the parents who gave generously of their time for the street collection on Saturday last and a big thank you to all who contributed. Your support is greatly appreciated. training continues on Friday Basketball November 29th at the Spa GAA Hall. Anyone interested in the U11 mixed team, the U13 boys or the U13 girls teams please contact Maureen on 087 2628766. Anyone interested in the U16 boy's team or the U16 girl's team please contact Emir on 0872258776

The dates for the county competitions are the following:

Boys U13 Sunday January 12th Girls u13 Saturday January 18th Girls U16 Sunday January 19th Mixed U11 Saturday January 25th Boys U16 Sunday January 26th.

KILLARNEY VALLEY ATHLETIC CLUB

Congrats and well done to our U12 girls relay Team, Tara O'Sullivan, Naoise O'Connor, Kate Lyons and Fiona Brunner who competed last Sunday at the Munster Juvenile/Master Cross Country Championships in Beaufort and ran very well. Well done to Jordan Lee who competed in the final of the T47 High Jump at the World Para Athletics Championships in Dubai last week. We at the club are proud of you Jordan!

TRAINING will continue every Tuesday and Thursday eve 6-6.45pm. All members welcome. Bring €2 and water. Strength & Conditioning continues on Monday nights 7-8pm for members only (aged 12 upwards). Bring €2, water and a mat if you have one.

FUNDRAISING: The raffle for the Tractor was held in Killarney Valley Hotel, Fossa, last Saturday night. The Tractor was won by Margie Mannix from Rockfield. Congrats to her. We would like to thank The Killarney Valley Classic & Vintage Club for naming the Track Project as one of their beneficiarys of the raffle.

Please keep an eye on your email (if you're a member) and also check our facebook page for any updated information on training etc.

KILLARNEY SWIMMING CLUB NOTES

Congratulations to all our swimmers who took part in the Invitational Gala in Tralee recently. Some great PB's and an incredible haul of medals. Girls under 11 - Some fantastic swims from our youngest swimmers with Ella Cremin winning a lovely silver in the 50 backstroke and Jenna Coffey taking bronze in the 50 breaststroke.

Boys under 13 - Peter O'Doherty produced the goods with a silver in the 50 backstroke.

Boys under 15 - Ross O'Leary turned on the style in the 100 freestyle, winning silver.

Girls over 16 - Saibh O'Brien was a girl on fire with gold in the 100 backstroke, silvers in the 50 butterfly & 100 breaststroke and bronze medals in the 200 freestyle & 200 IM. Ellen O'Connor, as always, was in great form taking silver in the 200 freestyle and a pair of bronzes in the 50 butterfly & 100 backstroke. Meanwhile, Ellen Farndon won a wonderful silver in the 100 backstroke and a bronze 100 freestyle while Mollie Whelan pocketed some nice bronzes in the 100 butterfly & 100 breaststroke with Emma O'Sullivan rounding off this category with a hard-fought bronze in the 50 freestyle.

Boys over 16 - Some glorious silver medals in this category with Paudie O'Leary winning two in the 200 IM and 100 freestyle and Charles O'Brien lifting another in the 100 butterfly.

Thanks to our coaches, Cathal O'Brien and John Edwards, who gave huge support and encouragement to our swimmers. Thanks also to Mairead Horan and Celia Uchytil for holding it all together and to Ellen O'Connor and Ellen Farndon for all their encouragement. Thanks also to all parents for travelling and taking part in timekeeping duties.

SCHOOLBOY/GIRL SOCCER

EVEN AGE LAST 32 PLACES ON OFFER AS WEEKEND HIGHLIGHT:

Skechers SFAI 12's National Cup Killarney Athletic 1–1 Lough Derg AET Athletic win on 3-2 penalties. Cahercomlish3 -4 Killorlglin 16's National Cup Ballyhar Dynamos 1-4 Killorglin AET JK Sports 12's Premier Mastergeeha 0-3 Tralee Dynamos MEK Galaxy 8-1 Listowel Celtic 12's Division 1 Ballyhar Dynamos 1-2 Castleisland Park C - Fenit

12's Division 2 North Ballyheigue 4–2 Castleisland B Camp Juniors B1-6 Park B Mastergeeha 2-1 Fenit B

Listowel Celtic 5-4 Tralee Dynamos 12's Division 2 South

Killarney Athletic B 3-3 Killarney Celtic B Dingle Bay Rovers 5-0 Killorglin B Slattery's Carpets and Blinds

Killarney Athletic 2–2 Park Killorglin - Killarney Celtic

14 Division 1

Killarney Celtic B 1-2 Inter Kenmare

Killorglin - Mastergeeha

14 Division 2

Castleisland 6–5 Killorglin C

Killarney Plaza 15 Premier Mastergeeha 3-4 Park

Tralee Trophy World 16 Premier

Park 0-0 Killarney Celtic

16 Division 1 North

Listowel Celtic 4–2 LB Rovers

Tralee Dynamos 7–0 Fenit

16 Division 1 South

Inter Kenmare 0-7 Mastergeeha

Girls Divisions

13 Premier Inter Kenmare3 - 0 MEK Kickerz

13 Division 1

MEK Starz – Castleisland

Killarney Celtic Green 8-0 Killarney Celtic Gold

15 Premier

Fenit 0-5 Dingle Bay Rovers

KILLARNEY CELTIC 5-0 CAMP JUNIORS REPORTS

The latest rounds of the u10's boys and u11's girls non trophy football took place at the weekend with 26 teams of our youngest players enjoying the fun of playing together while learning the basics of the game and not having to worry about the results.

THREE NATIONAL CUP EVEN SIDES INTO LAST 32

The Killorglin 12's are through to the Open Draw which is the last 32 in a great 4-3 away win after extra time at Cahercomlish. The game finished 3-3 in normal time with Killorglin hitting the post and crossbar at the end of the game. But they got the vital goal in extra time when Brian Mangan scored from the penalty spot. Giovanni McCarthy got 2 and Patrick Levy the other goal for Killorglin. Killarney Athletic are also celebrating progressing to the same rounds as they won the hard way at home to Lough Derg. Mark O'Carroll scored



Killarney Athletic U11 Girls in Blue made their Debut in Woodlawn in Saturday.



Killarney Athletic Under 12's who welcomed Killarney Celtic on Saturday last.

from the penalty spot in normal time to secure the draw and Evan Doona got the winner in the penalties with Ewan McCrohan in the Athletic saving two of the opposition spot kicks.

In the 16's it is Killorglin that have also progressed to the Last 32 and to the Regional Competition with a 4-1 win over Ballyhar Dynamos in Mort Scott Park after extra time. James Horgan put the home side ahead but Killorglin equalised to leave the game tied at 1-1 at the final whistle.

Killorglin when ahead with the last kick of the first period of extra time and with Ballyhar Dynamos pushing for an equaliser Killorglin scored twice. Their goals came from Ryan Diggin 2, John Burke and Cillian Foley.

DYNAMOS GO TOP OF 12 PREMIER

With the two sides tied at the top of the JK Sports 12 Premier at the start of play – Killarney Athletic and Camp Juniors - Tralee Dynamos took full advantage to move from third to top but they do have extra games played. Their goals in a 3-0 win came from Christy Boy Burke 2 and Ryan Onyekwere.

MEK Galaxy also won in the same Division defeating Listowel Celtic thanks to goals from Kevin Coffey 4, Fionn Kennedy2, Jack Hallissey and Killian Fitzgerald.

LEADERS BEATEN IN 12'S DIVISION 1:

All the teams in the 12's Division 1 will be thanking Fenit as they stopped the Park C making it 5 wins from 5. While they remain top on 12 points Fenit are now in second on 9. They did the damage in the first half as they 4-0 at the break thanks to goals from Michael Corridan 2, Robert O'Shea and Michael O'Sullivan and they added a 5th from Dara Harty in the second half in their 5-2 win. Danny Kingston and Johnny Neilings scored for the Park.

Castleisland closed the gap on the teams above them. Ben Brosnan put them 1-0 up away at Mort Scott Park with Shane O'Loughlin equalising. Josh Ryan got the winner for Castleisland.

Dingle Bay make it 4 from 4 in Division 2 South Dingle Bay Rovers perfect start to the 12's Division 2 South continues and they are now on 4 wins from 4 played. Goals from Padraig Manning, Cillian McNamara, Jack Diver, Tamin and Aaron Folan saw them defeat Killorglin B.

The other game in their group saw the Killarney derby end all square with Athletic B and Celtic B drawing 3-3. Liam Harmon, David Courtney and Timmy Ryan scored for the home side in Woodlwan while Jack Culloty got 2 for Celtic and James Coffey got the other for Celtic.

LISTOWEL GO JOINT TOP OF DIVISION 2 **NORTH AT TOP TWO BEATEN:**

With 8 sides in action in the 12's Division 2 North it was an important weekend and the big winners were Listowel Celtic. Their 5-4 win over Tralee Dynamos who were also on 7 points at the start of play sees Celtic now go joint top of the table with Fenit B who were also beaten.

Alan Bak, Daniel Farmer 2 and Daniel McCarthy were on the mark for Dynamos who had Brogan McCarthy in great form but they just came up

Mastergeeha closed the gap on the sides above them as their win sees them move onto 7 points. Billy O'Donoghue and Jack Murphy got their goals in their win over Fenit B.

The ParK B look like being a team who will have a big saw in this competition as they made it three wins from three defeating Camp Juniors B. Goals from Maciej Kubik 3, Shuiib Adiji 2 and Jamie Tarrant gave the Tralee side all three points.

Ballyheigue will be delighted to get three points on the board as they were 4-2 winners at home to Castleisland B. Mathew O'Sullivan got 3 and Cody Goggin one for the winners while Mark Curtin and Shane O'Connor were on the mark for Castleisland.

LEADERS HELD IN 14 PREMIER:

There were two unexpected results in the Slattery's Carpets and Blinds 14 Premier. Leaders The Park dropped their first points in their 5 games as they were held to a 2-2 draw with Killarney Athletic in Woodlawn. Timmy Galvin and Dara Kingston scored for the home side with Finn O'Neill and Willam Jakopi scoring for the Park. Killarney Celtic who had won their opening two games made a great start away to Killorglin and were 2-0 up thanks to Josh Bowler. But the home side came back to win 4-2 with Finn Barrett and Stephen Gannon both scoring twice.

INTER GO JOINT TOP OF 14 DIVISION 1:

Inter Kenmare won an important and tight game away at Killarney Celtic B in the 14's Division 1. Barry Fitzsimons put them 1-0 up before Oisin Fleming levelled for Celtic B. Ben O'Callaghan got the winner in the second half for Inter who now move onto 9 points.

In the other game Killorglin defeated Mastergeeha 3-2 with Cian O'Connor and Emmet Spillane getting the goals for the Kilbrean side. Ryan O'Connor got 2 and Darragh Clifford the other goal for the winners.

LEADERS BEATEN IN 14 DIVISION 2:

The side from Georgie O'Callaghan Park will be delighted with their home win over the leaders Killorglin C in the 14's Division 2. Jack Joy led the scoring for Castleisland hitting 3 with Joe Smith and Ben O'Donoghue also on the mark before David Healy for the winner in the last minute.

PARK WIN IN 15 PREMIER:

There was only one game in the Killarney Plaza 15 Premier with the Park winning 4-3 over Mastergeeha away at Kilbrean Park. For the home side Hugh Lenihan hit 2 and Alan O'Sullivan the third. Goals from Odhan Ferris, Venis Jahiri, Keith Cotter and Sean Moynihan gave the Park all three points.

RARE RESULT IN THE 16 PREMIER:

In the Tralee Trophy World The Park on two wins from 2 and Killarney Celtic who won their only game to date met in Christy Leahy Park. And in a rarely seen result in the League the game finished 0-0.

Listowel Celtic come from behind to win in 16 Division 1 North

LB Rovers had goals from Padraig O'Connor and Joe Finch to lead Listowel Celtic 2-0 and they also hit the post. However the home side fought back with Ajay Behan scoring twice and with further goals from Adam Segal and Darragh Carey late on they took the win 4-2.

The final game of the weekend was played on Sunday when Tralee Dynamos defeated Fenit. The Dynamos goals came from player of the match Eric McMahon, Jack Donoghue, Darragh Cunnane, Alex Hoare, Donagh Stephenson and Nathan Rogers.



Pictured above are the Killarney Celtic Gold and Green U13 squads who played each other recently.

Mastergeeha 3 from 3 in 16 Division 1 South Mastergeeha went to Inter with an unbeaten record and kept that with goals from Colin and Aaron O'Leary getting 2 each and Turlough o'Connor and Marc O'Shea also on the mark.

Girls Games: In the Girls 13 Premier Inter Kenmare were 3-0 winners at home to MEK Kickerz with Helena O'Donoghue 2 and Phoebe O'Shea on the mark for Inter.

In Division 1 the Green side defeated the Gold team in the all Killarney Celtic clash. Liadh Forde, Jessica Leggate and Emma Daly got the goals for the winning team.

On the 15 Premier Dingle Bay Rovers won away at Fenit thanks to goals from Emily Nic Gearailt, Ella Sheehy and Beth Bambury got the Dngle goals. Killarney Celtic had goals from Ava O'Malley, Niamh Dorrian, Eve Culhane and Elizabeth Coffey in their win over Camp Juniors at Celtic Park.

KILLARNEY ATHLETIC

U12S NATIONAL CUP ROUND FOUR RESULT

Killarney Athletic AFC 1 - 1 Lough Derg (AET, Athletic win 3-2 on penalties)

Mark O' Carroll (penalty)

Our young blues welcomed Lough Derg FC from Tipperary to Woodlawn for Round 4 of the National Cup. The first half was a very tight game. Both teams were not giving an inch. After 25 minutes Lough Derg FC went 1 nil up with a fine strike by their impressive no 10.

Second half, Lough Derg FC were not going to be rolled over easily. Athletic had the majority of possession but were unable to create too many chances. Kalen Browne and Mark O'Carroll put in a good shift to keep Lough Derg's FC quick no 10 quiet. Liam O'Brien and Evan Doona worked tirelessly in mid field. One minute to go it looked like Killarney Athletics' National Cup journey was coming to an end but there would be one more twist. Athletic were on the attack in their area when Mark O'Carroll was pulled to the ground and the ref pointed to the spot. Mark O'Carroll stepped up and slotted it home to bring the game into extra time.

Extra time, both teams started where they left off battling and looking for the winning goal, it wasn't to be, next up penalties.

Penalties with Lough Derg FC missing 3, Ewen McCrohan with 2 fantastic saves, and Athletic missing 2, Evan Doona stepped up cool as a breeze and put athletic through to the semi-finals, 3 – 2 on penalties. Every one of the boys worked

hard today, every player did their bit to ensure we're still in the National cup, even 1 nil down the boys didn't drop their heads and kept pushing till the very end and got what they deserved.

Special mention to Szymon Jasciski and Ewen McCrohan who both picked up injuries today, hope to see ye back on the pitch very soon.

Thanks to Lough Derg FC management and players also to the Supporters and the Athletic parents who helped out with refreshments after the game. This win sees our young Blues into the last 32, open draw to made on December 14th, and a Regional Semi-Final to play for as well.

U14 premier boys

Killarney athletic 2-2 park tralee

Game was played at a high pace with both teams attacking at every opportunity

We scored a fine goal when Timmy Galvin latched on to a superb cross field ball to finish low into the corner

After a spell on top park equalised from a corner kick 1-1 half time

Park were top for the first 15 min if the second half without really threatening our goal and on a breakaway the excellent Galvin crossed for Dara kingston to head to the net.

The rest of the game was nip and tuck with no team really on top until with 5 min to go the park equalised 2-2

KILLARNEY ATHLETIC V MASTERGEEHA UNDER 18S

Killarney Athletic 6 - Mastergeeha 1 Rob O'shea 1 goal...

Jack cooper 3 goals...

Damo Switzer 1 goal...

Eoghan Mulvaney 1 goal

Great performances by All

LOCAL DARBY

Our U12 Division Two welcomed Killarney Celtic this morning to Woodlawn in what was a very entertaining and sporting game. The game started with both sides feeling each other out and against the run of play Celtic took the lead with a break away goal, our keeper Fionn Sheehan getting injured in a 50/50 tackle saw the ball break to a Celtic player and he finished to the empty net. Athletic didn't let the heads drop and had two great chances to level but for some great saves from the Celtic keeper. Our equaliser finally came with a great move which saw Jamie Benjumea slip a pass through to Liam Harmon who was a constant threat all day and he smashed the ball to the top corner. 1-1 and with athletic pushing for the advantage,

we were hit again on the counter.. 1-2 Celtic, our boys had to dust themselves down and go again, which they did, some super play again by Jamie Benjumea saw his shot saved but ball came out to David Courtney and he slotted home 2-2 HT. The second half started with Athletic having numerous chances only to find the Celtic keeper and defence in resolute mood, athletic pushed and pushed for the advantage but again were caught with another breakaway goal. As the game wore on, athletic kept going and pushing for an equaliser and it came with 5 minutes to go, Liam Harmon was upended in Celtic box and the excellent Timmy Ryan made no mistake for the spot... athletic pushed and pushed in the final minutes but the spoils were shared between the two local rivals.

DENNY DIV 1B

CS Clochane Breanainn 4 - 0 Killarney Athletic

MASTERGEEHA FC

Mastergeeha v Park The boys and girls played a number of games on Saturday afternoon against the Tralee side. All did well with two wins and two losses.

U12 PREM

Mastergeeha 0 Tralee Dynamos 3 In a much improved performance Mastergeeha were unlucky not to least get a goal.

U12 DIV 2

Mastergeeha 2 Fenit 1 The boys got a good win and continued their push the table with Billy O Donoghue and Jack Murphy getting the goals with all doing very well.

U14 DIV 1

Kilorglin 3 Mastergeeha 2 Emmett Spillane and Cian O Connor got the Mastergeeha goals but the boys were disappointed not to get a draw in the game on Saturday afternoon.

U15 PREM

Mastergeeha 3 Park 4 In this game Mastergeeha played well and deserved a point from the game but could not get the equaliser in the closing stages. Hugh Lenihan 2 and Alan O Leary were the scorers with Eoin Kelly and Keelan O Shea going closet late on.

U16

Inter Kenmare 0 Mastergeeha 7 Mastergeeha

continued their good form with a win away in Kenmare. Colin O Leary 2, Aaron O Leary 2, Torlough O Connor and Mark O Shea got the goals.

Mastergeeeha 1 Killarney Athletic 6 In this game the youths created some good chances early on with Darra Tagney and Philip O Leary going close. However the more clinical town side lead 3-1 at the break with Cian Murphy getting the goal. . In the second half Athletic were more accurate in front of goal but Adam O Sullivan and Liam Fleming went close for Mastergeeha.

BINGO

Mastergeeha presents Monthly Bingo in Kilcummin Recreational Community Hall starting on the 25th November. Doors open at 7.30pm. All welcome.

MASTERGEEHA F.C.

Club merchandise is now on sale at our shop in Kilbrean Park every Saturday morning from 10.30-12.00. You can view our full range of sports clothing at www.mastergeeha.com. Please note that the last date of Christmas orders is Sat Nov.23rd. For more information contact Kate 087/7925296 or Theresa 087/6201708.

MASTERGEEHA FC LOTTO

There was no winner of the Lotto on Friday 15th November. Numbers drawn were 2, 11, 12, 25.Consolation prizes went to the following €50 Denis O'Connor, Dunrine, Kilcummin, €50 Paudie Lynch, Liebher, €50 Norma Moriarty, Hawthorn Ave, Killarney, €50 John & Margaret Lenihan, Inchicullane, Kilcummin. Next draw Friday 22th November Jackpot €15,200.

KILLARNEY CELTIC

PREMIER B

Castlesland B 3, Killarney Celtic B 1.

MUNSTER YOUTHS CUP

Killarney Celtic 9, Fenit Samphires 1 Dylan O Callaghan (3), Padraic Looney (3), Terry

Sparling, Goodwin Osieba, James Darmody The Youths scored an emphatic win over Fenit to move forward to a home tie vs Castleisland in the next round. Celtic were dominant throughout the

game and controlled the tie from start to finish. **U16 PREMIER**

St Brendans Park 0, Killarnev Celtic 0 Celtic put in a battling performance here to gain a valuable point in a division which could turn out to be very tight.

U14 PREMIER

Killorglin 4, Killarney Celtic 2. Josh Bowler(2) Celtic started brightly and Josh Bowler netted to give Celtic a reward for their good work. Celtic had further chances to increase their lead but Killorglin held out before coming more into the game as the half ended. Josh Bowler scored a 2nd to give Celtic beathing space and with 20 mins to go Celtic still lead 2-0. Killorglin pulled 1 back before Celtic suffered some bad luck with decisions going against them. Killorglin now had momentum and they hit 3 goals to turn the game on its head and take the points.

U14 DIV 1,

Killarney Celtic B 1, Inter Kenmare 2 Oisin Fleming

U12 DIV 2

Killarney Athletic B 3, Killarney Celtic B 3. Jack Culloty(2), James Coffey

Another thriller involving the 12B team, 3 times they hit the front but Athletic fought back 3 times to share the points.

Our 11 teams played a friendly with Camp on Saturday.

GIRLS U15

Killarney Celtic 5, Camp Juniors 0

Ava O Malley (2), Niamh Dorrian, Eve Culhane, Elizabeth Coffey

On a cold night Celtic started brightly and Ava O Malley hit 2 early goals before Niamh Dorrian made it 3 from the spot. With the Celtic defence holding firm Camp were unable to come back into the game and 2 further goals from Eve Culhane and Elizabeth Coffey sealed the win.

U13 DIV 1

Killarney Celtic (Gold) 0 Killarney Celtic (Green) 8 Liadh Forde, Jessica Leggate, Emma Daly In a game played with great effort and enthusiasm the Green team came out on top over the Gold team. Many of these players are underage again next year so there is a lot to look forward to from both these squads.

CELTIC LOTTO

Numbers drawn 1,9,20,24. No jackpot winner. Match 3 receive €150. Next jackpot €12,000.



Farranfore Maine Valley AC Master Club athletes who competed in the Munster Masters Cross Country Championships in Beaufort on Sunday 17th Nov. Master Men: George McCarthy & Brendan Lynch.



Killarney Rugby Club U14 girls in their brand new kit, presented by Noreen Mangan of What Women Want Beauty

U16 munster cup group 2 round 3

Quality of Rugby showcased at the weekend

Killarney 13 Killorglin 3

By: Seamus Grealy

aturdays highly competitive Dentertaining affair played in excellent conditions in Ballymalis certainly showcased the depth and quality of underage rugby in East Kerry. Killarney got back to winning ways but like all previous games in the group it was a tight rollercoaster of a game. Killarney started brightly and enjoyed territory and possession with the forward pack in particular gaining hard yards and recycling with control. Pressure was rewarded with a well slotted penalty by Ciaran O Brien after 10 Mins that gave the visitors a 3 point lead. Killorglin then enjoyed a period of dominance and came very close to touching down in the left corner before eventually also settling for 3 points drilled over by fullback Shane Og O Sullivan. A feature of the game was the intensity of the attacking pods powering into contact and the resultant groundwork. Both teams displayed impressive counterrucking and poaching skills and any weaknesses in ball presentation were punished. After 20 Mins Killarney used their depth to rotate 5 players and with fresh legs forged attacking positions but generally the home teams midfield defence was ruthless extinguishing the threat. A breakthrough arrived after 25 Mins when a successful lineout catch by John McCarthy set a maul pummeling into the 22 ,the ball was forcefully moved through a number of phases before backrow speedster Matt Mcauliffe sliced through a gap to score under the posts. Ciaran O Brien added the conversion. Killarney pressed further before half time and following some super interplay forced a penalty that was secured to leave the half time score at 13 to 3 for the visitors.

The second half was a tense and exciting affair that ebbed and flowed mainly between the 10 yard lines. Both teams threw everything they had into attack but it was a day when the tackling was intense, line breaks were rare and defences were dominant. Considering that a lot of the on field players were teammates last season both teams displayed an awareness of the others powerpoints and the mutual respect on show was commendable. Killorglin piled every ounce of energy into one final siege on the try line for the last few minutes. The Killarney boys held firm and kept the door shut. The front row combo of Ciaran O Brien, Craig Mc Kensie Vass and Rob Nealon again excelled as a unit driving the scrum forward and performing at the coalface. The rotating second row of Krystian Komosa, Padraig Talbot, Evan Mannix,





Sam Casey and Adam Mc Sweeney covered every inch bravely tackling and rucking. John McCarthy soared in the lineout and was ably assisted in the backrow by powerhouses Brendy O Donoghue and captain Matt McAuliffe.

Killarneys backline competed superbly against a very coherent and versatile Killorglin unit. Cian Murphys kicking was excellent and several yard eating penalties from hand stood out. Dion O Neill tackling was inspirational. Wingers Tomas Clifford, Ronan Buckley, Michael Casey, James Kennelly, and Aidan Keane probed with ball in hand and defended the wide channels. Centres Mark Sheahan, Donnchadh Grealy and Adam Walsh constantly took ball bravely into a fiercely combative strike zone. Fullback Gary Randles displayed his array of football skills and stoutly defended the line. Able reserves on the day were Adam Cronin and Jack O Connell.

Next up is the last tie of the Sth West league at home on Sat 23rd against Newcastlewest / Estuary with a 12.30 stert.

National League Division One

LAKERS OVERPOWERED IN AWAY GAME

Fr Mathews 84 **Scotts Lakers 72**

A POOR opening quarter contributed largely to the downfall of Scotts Lakers when they were overpowered by Fr. Mathews in The Fr Mathews Arena in Bishopstown, Cork, last Saturday night. The home side had gained a 15 point advantage at the end of the first period and despite the best efforts of the Killarney side being well in contention in every other quarter, they were always chasing the game and just could not claw back the early lead that was conceded.

Lakers could only manage nine points in a dismal first guarter and these came from two free throws from Victor Martinez, two baskets from Aaron Jackson and a three-pointer from Seamus Brosnan. Fr. Matthews sank four threepointers in the opening period through Jarvis Pugh, Declan Cahill and Darco Bucan and the Cork side enjoyed a comfortable 24-9 advantage at the end of this period.

Scotts Lakers did respond well with converted free-throws from Seamus Brosnan and a threepointer from Brian O'Neill while Aaron Jackson and Toby Christensen added two free-throws and two baskets each. Victor Martinez and Mark Greene also added scores but Fr. Mathews remained in control mainly through baskets from Jarvis Pugh and Jack O'Mahony and they led 45 - 29 at the half-time interval.

The Lakers actually outscored Fr Mathews in the third quarter. Aaron Jackson repeated his second quarter tally with two baskets and two free throws and Brian O'Neill added his second three-pointer, along with two free-throws. Mark Greene scored a basket and two free throws, Toby Christensen a basket and a free-throw, Victor Martinez a basket - and a free-throw each from Seamus Brosnan and Mick McGinn.

However it wasn't enough to catch up with the home side as Jarvis Pugh and Jack O'Mahony created most of Fr. Matthews scores in this quarter, accumulating 16 of their 21 total, and Fr. Mathews led 66 -51 entering the final period. Scotts Lakers outscored the home side again in the final quarter but struggled to claw back the overall deficit. Brian O'Neill hit a big

three-pointer, his third of the night, to start proceedings for Lakers. Seamus Brosnan was enjoying his best game of the season and added another three-pointer, his second of the night, allied with two baskets and a free-throw. Aaron Jackson hit three baskets and three free-throws, while Mick McGinn added a free-throw. Again, it was Pugh and O'Mahony who did the damage for Fr. Matthews, scoring all but two of their 16 points in this quarter.

In the end Fr. Mathews had 12 points to spare and the Cork side and Lyit Donegal both enjoy a 7-1 winning record and are joint second on the league table. Ballincollig still lead the way with a 8-0 record while Scotts Lakers have dropped into fourth place with a 6-3 record.

Whatever about losing to league favourites Ballincollig earlier in the season, the disappointing losses to Fr Mathews and Limerick Celtics could prove very costly to any promotion hopes for Scotts Lakers as the season progresses. The Killarney side have a tough test again this weekend with a big road trip to Ulster University Elks in Belfast on Saturday November 23rd. The northerners have a 3-6 record so far this season and the Lakers will be favourites to advance but the long journey and early tip-off of 12.30 in Belfast will be significant factors.

Scotts Lakers: Aaron Jackson 25, Seamus Brosnan 14, Brian O'Neill 11, Toby Christensen 9, Victor Martinez 6, Mark Greene 5, Mick McGinn

Fr Mathews: Jack O'Mahony 29, Jarvis Pugh 25 and Owen Connolly 10.

Killarney Cougars BC

JUVENILE NEWS KERRY AIRPORT U17 BOYS CUP

Kenmare Kestrels 48 Killarney Cougars 58

The Cougars travelled to Kenmare on sunday night for this quarter final cup game and the Kestrels led throughout the first half as Cougars struggled to find their range as they trailed 16-10 after the opening qtr. Cougars pulled level at the end of the second qtr and teams went basket for basket in the third gtr, The Cougars had a good start early in the final qtr to finally get a grip of the game with Jack Lynch, Daire Murphy and Tommy Bowler all finding their scoring touch under pressure from a determined Kenmare side who tried hard until the final buzzer as Cougars secured the win in a entertaining game.

Kerry Airport U16 Girls Plate

Killaney Cougars 34

Tralee Imperials 23

Cougars hosted Imperials at the Presentation Gym on sunday morning and the Cougars recovered after a slow start to take the lead in the second gtr and despite a determined effort from Tralee the Cougars pushed ahead in the closing minutes of the last qtr to secure the win. Best for Cougars on this occasion were Alison Butler, Yen Lennistor and Kate Sheahan.

Seniors

Kerry Airport Seniors Men.

TK Vixens Athea 49

Killarney Cougars 73

The Cougars travellled to Athea on Friday evening last and a slow start saw them trail by 3pts at the end of the first quarter. Cougars improved through the second qtr and three pointers from Dan Cronin and Darren Gaffey had Cougars ahead 29-22. Cougars Eugene Bowler was in top form for the Cougars and was the games top scorer on 23pts as Cougars maintained their lead once ahead.

Academy Training

Academy training continues on friday for the U8 & U10 girls and boys in the Parish Hall.

U8 4.45pm, U10 Girls 5.45pm, U10 Boys 6.45pm Further details on training schedules, fixtures go to our website www.killarneycougars.com or follow us on facebook

Killarney Comhaltas News



weekend attracted hundreds of dancers from across Ireland and the UK, who joined a large contingent of local dancers to celebrate traditional Set Dancing and Music over the

weekend 15th to 17th November. The Festival was once again a huge success. We had three ceilis and three-set dancing

workshops. Thanks to all who supported the weekend and to the homely Torc Hotel our home away from home and our hosts for the weekend.

On Saturday next 23rd November music and singing competitions for Ceol, an Gheimhridh will be held in Ducas and Kerry Sports Academy IT Tralee North Campus at 10.30 am

On Sunday 24th Fossa Community Centre will house the dancing competitions at 10.30am.

Cosa Beaga Trad for Tots age 1 to 4 years will latke place on Wednesdays 10 am to 11 am in Spa GAA clubhouse. This is an introduction to Irish music, dance and song through the Irish language Contact Triona 087 6808962 for more details.

Our next branch meeting is on Tuesday 19th November in The Meeting Rooms Park Road at 9 pm.

60 Outlook \$\mathbb{U}\$ 22.11.19

KABB

Saints lower the Kestrels in overtime thriller

Senior Ladies Division 2: Kenmare Kestrels 48-49: When this Kerry Airport Kerry Area Basketball Board season ends if St Pauls Killarney win the Senior Ladies Division 2 they could well look back on this win. The sides were level at the buzzer and were still tied as the clock down in the 5 minutes extra time. But a last minute free throw gave St Paul's Ladies the 1 point win 49-48. For the winners Trish Murphy led the scoring on 18 points and these were added to by Erica McGlynn who hit 10, Liadh Tobin ending on 8 and Tara O'Shea and Juliette Murphy who ended with 7 and 6 points respectively.

The Kestrels had 16 points from Emma O'Sullivan with Caroline Taylor on 12, Montse Salvado 10 and Alanna Harrington with 6 points.

Looking at the Ladies Division Table St Pauls lead on 7 points from their 3 games followed by St Marys and St Bridgets on 6 from 2 games with Kenmare Kestrels also on 6 points but they have 4 games played.

Highlights from the rest of the action: Staying with the Girls side of the game and the Ballybunion Wildcats just got the better of St Bridget's 47-41 in Ballybunion. Mollie Byrne led the scoring for Ballybunion with 25 points while Hillary O'Connor led the St Bridget's scoring with

13.

The Wildcats also won in their u16 Girls in their Division 3 clash with Kenmare Kestrels. It ended 40-32 to the North Kerry girls whose scores came from Kayleigh Elbell who hit a very impressive 20 of the 40 points. Her baskets were added to by 8 from Katie Hannon, 6 from Aoife Scanlon and Sarah Moriarty, Isuelt Long and Aibhin O'Neill also got on the score sheet.

In the u12 Girls Division 1 game played in the Kilcummin School Hall it ended St Paul's 44 – 22 St Mary's. The St Paul's girls did a lot of the damage leading 20-2 and also won the second quarter 10-6. The second half was very tight with both sides hitting 14 points.

For St Pauls Ciara O'Sullivan had a game high 22 points, Clogadh Clancy hitting 10 with Cliona Moynihan and Kate Healy both ending with 4. St Mary's top three scorers were Jasmin Tobin Moran on 6 with Julie O'Connor and Kate Griffin on 4 each.

In the Kerry Airport Kerry Area Senior Men's Division 2 St Mary's made the trip to the Glenbeigh Sportshall a winning one as they saw off the Falcons 76-56. The Castleisland men lad by 5 at the end of the first quarter 22-17 and were 10 up at the break 41-31. Any hopes of a

comeback by the Falcons were dashed in the third quarter as St Mary's outscored them19-7. An exciting final quarter saw the Falcons hit 18 to St Mary's 16 but the job was done for the Castleisland side in the opening three quarters. For the home side Gearoid Griffin hit 25, Cian Knight and Dara Casey had 8 each with Kieran Brennan hit 18 and Chris Brosnan 14 for St

St Bridget's win in Plate: Moving to the boys and in the u16 Division 2 Plate St Bridget's defeated TK Bobcats 44-32 thanks mostly to a strong second half. There was only 2 points between the sides at the break with the Currow boys leading 19-17. For St Bridgets Cathal Brosnan had a good night shooting 16 points, John O'Connor had 10 and Cathal Sheehan 9. The Ballymac boys scoring was led by E Boyle on 10 with E Creedon on 9,

Ballybunion Wildcats went down 22-41 at home to St Mary's in the u16 Boys Division 2. The Wildcats scorers were Robert Stack on 10, Jack Chute on 4 and Callum Keane, Jamie Keane, Joe Finch and Aidan Chute all had a basket each.

MUNSTER CYCLOCROSS LEAGUE



Mark McGlynn, Killarney Cycling Club - Photo: Sean Rowe

On Sunday round 4 of the Munster CX league was held by Greenmount Academy Cycling Club. Once again, killarney riders came out in force to test themselves against the best riders in the province. Ben o' keeffe, killarney CC took a well deserved 3rd spot on the under 12 podium, in the first race of the day.

Eoghan Crowley also took 3rd in the under 14's, in a hard fought race.

In the B race, Michael Coghlan got 10th position in a large field, coming ever closer to that podium, followed closely by Eoghan Barry, both killarney CC.

The main event of the day was a field of big hitters, with the sport going from strength to strength, and more people training harder to be as competitive as possible. Richard Maes (strata3/velo Revolution) once again was hot off the start line and was opening a gap of 15 seconds by the end of lap 1 of 7, the gap continued to grow, and Richard won with a gap of over a minute to next placed rider Paidi O'Brien, Verge Pi Cycles. Next killarney rider in 7th place, and 1st m40 was Patrick Clifford (strata3/Velorevolution), follows closely by Michael Lucey and john Crowley, John taking 2nd m50. Colin leahy, Marcus Treacy, Oran Keane, john brosnan, all killarney CC, finished strong. The junior race saw Ruairi Coghlan (Scott eurocycles) take 3rd spot and Mark McGlynn (killarney CC)in 5th.

54 KERRY CLUBS BENEFIT from Sports Capital Grant

54 Kerry sports clubs are to receive €1,612,296 in Government funding through the Sports Capital Grant. Between them they will receive €1,612,296.

The successful applications under the Sports Capital Projects (SCP) were announced by Minister of State with special responsibility for Tourism and Sport, Brendan Griffin and Minister for Transport, Tourism and Sport, Shane Ross. **Among the clubs to receive grants are:**

Kilcummin GAA Club Dressing Room Development - Phase B Gaelic Games €43,350

Listry GAA Club Emergency works to grass pitch, track & netting Gaelic Games €24,335

Milltown Castlemaine GAA Milltown Castlemaine GAA Field Development Gaelic Games €75,000

Scoil Phobail Sliabh Luachra Refurbishment of school sports facilities Gaelic Games €47,046

Spa GAA Club Pitch perimeter security fencing. Gaelic Games €13,194

St Brendans Trust Firies 4 All-MUGA surrounded by a running track Multi-sport €42,916

St. John of God Community Services. St John of God Kerry Services St Mary of the Angels Sports Equipment Application Multi-sport €6,993

Firies GAA Firies GAA Ballinvarrig Development Gaelic Games €46,649

Glenflesk St Agathas GAA Club Clubhouse Refurbishment & Dugouts. Gaelic Games €8,958

Keel Community Council Keel Community Sports facility refurbishment Community Games €46,535

Keel GAA Club Provision of Community All Weather Area Gaelic Games €34,51

Kerry Diocesan Youth Service KDYS - Multi-use Games Areas Multi-sport €46,177

KERRY GAA SCENE REPORT BY LEONA TWISS, PRO



MUNSTER CLUB CHAMPIONSHIP

OUTLOOK GAA

Congratulations to Kerry Intermediate champions Templenoe who beat Éire Óg in Ovens last Sunday in the Munster Club Championship semi final. Templenoe will meet St Breckans of Clare in the Munster Intermediate Final on December 1st. Congratulations also to the Kerry Junior Champions Na Gaeil who beat Kilshannig in Mallow in their Munster Quarter Final last Sunday. Na Gaeil will meet Michael Cusacks of Clare in the Munster Semi Final on Saturday at 1pm in Austin Stack Park. We wish Templenoe and Na Gaeil the very best of luck.

Unfortunately Austin Stacks have exited the Munster Senior Club Championship after losing to Cork's Nemo Rangers last Sunday. There will be better days ahead for this great Kerry Club.

MCGRATH CUP

The draw for the 2020 McGrath Cup Football competition took place on Monday November 11th. All six Munster counties are taking part ensuring that the competition will be run off with two groups of three counties and with all counties assured of one home match. The winner of each group will then qualify for the Finals scheduled for the weekend of January 11th / 12th 2020. Kerry are drawn in Group B along with Cork and Tipperary. We will host Cork in our first game and our second game is away to Tipperary.

COUNTY COMMITTEE MEETING

County Executive and County Board Meeting Sweeney of Ballymac Ballydonoghue's Mark Griffin are in the race for

Assistant Secretary of the Kerry County Board. It takes great courage to put yourself forward for election and it takes a huge amount of time and energy to run an election campaign. Both candidates are truly devoted to Kerry GAA and they come from families steeped in the GAA tradition. The election result will be made known at Convention in the Rose Hotel on December 10th.

The next County Committee meeting is on Monday November 25th at 8pm in the Pavilion, Austin Stack Park and a number of motions will be debated on the night. Any proxy attending for a delegate on the night must be made known to the County Secretary in writing before the commencement of the meeting.

REFEREES' COURSE

The Referees Committee are running a Foundation Course in Currans on 29th November and 6th December. The course will start at 7pm both nights and there will be another night after Christmas. The Course is open to new referees and anyone who is thinking of making a comeback who hasn't attended the last few In Service courses. Further information is available from Mark Griffin.

HURLING

Congratulations to Causeway on winning the 2019 Credit Union Co. Senior Hurling League Division 1 title. In last Saturday's Final played at a sparsely attended Austin Stack Park they had a convincing win over St. Brendan's, 1 - 26 to 1 - 8. After the game the Nicholas Scollard Cup was presented to the winning captain, Muiris Delaney, by the Kerry Co. Board Hurling Officer, Paudie Dineen. The Credit Union Man of the Match award went to the Causeway corner back Tommy Barrett. This was their first win in this competition since 2015 (when they also defeated St. Brendan's in the Final).

Munster

Kilgarvan put up a very creditable performance in the Munster Junior Hurling Championship semi-final last Saturday but went down by 2 - 21 to 1 - 11 against the Cork champions Russell Rovers at Fitzgerald Stadium.

South Kerry

Congratulations to St. Pat's East Kerry on winning the 2019 South Kerry Junior Championship [Pa Doyle Cup] with a 3 - 6 to 1 - 7 win over Duagh at Rathmore on Friday last. The winning team was: Wayne Doyle, Dónal Casey, Paul Kiely, Donagh Regan, Ger Lenihan, Mark O'Connor (capt.), John Kelly, Tomás Holohan, Mark Coleman, James Burke, Paul Horan, Tom Boyle, Mark Dwyer, Mike McCarthy, Fionn Holohan. Subs who played: Andrew Field & Tom Coleman. St. Pat's are also in the upcoming Co. Junior Championship Final against Ballyheigue.

Clubs

The North Kerry Hurling Board Annual Awards function will take place at Ballyroe Heights Hotel on Friday week, 29 November.

Best of luck to Clanmaurice camogie club in the All-Ireland Junior Club final against Raharney (Westmeath) on this Sunday, 24 November. Venue is McDonagh Park, Nenagh where there will be a 2.00p.m. throw in.



lan O'Connell received a surprise visitor at his home last Thursday evening as members of the East Kerry team and management called for a visit with the Bishop Moynihan Cup.



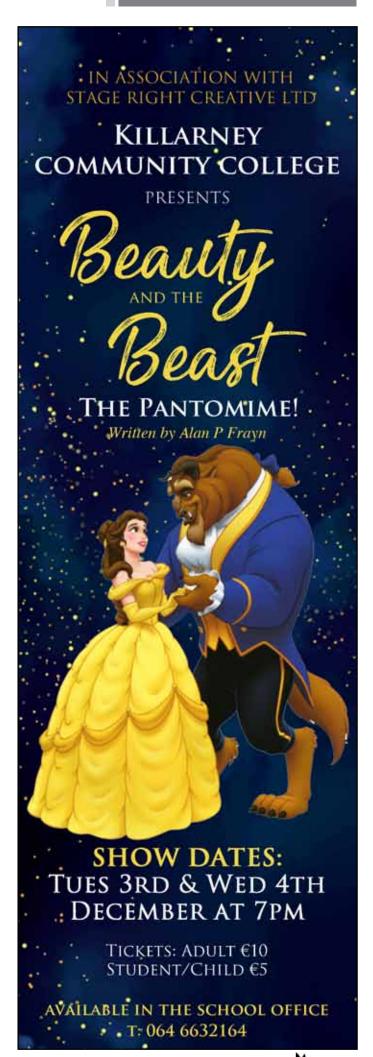
Johnny Brosnan chairman of East Kerry GAA Board Presenting Ian O' Connell with East Kerry gear after East Kerry team visit him at his home















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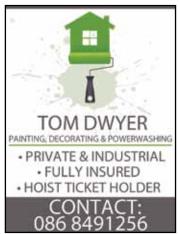


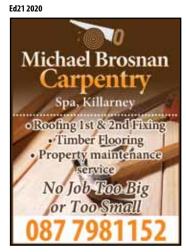




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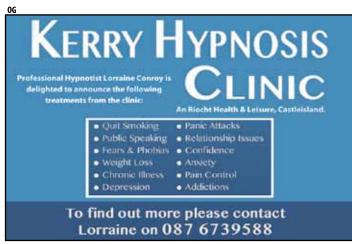


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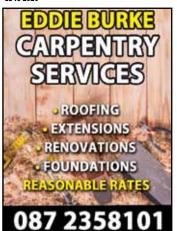




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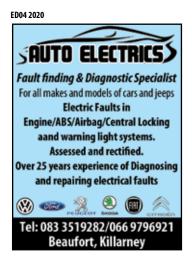






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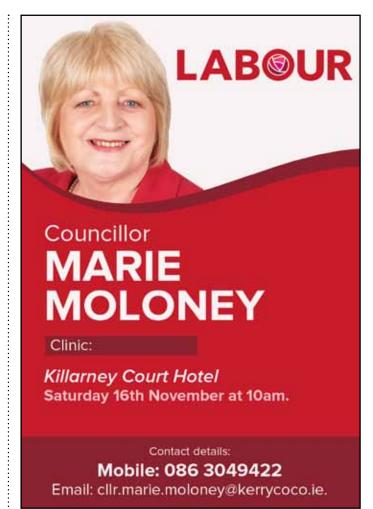
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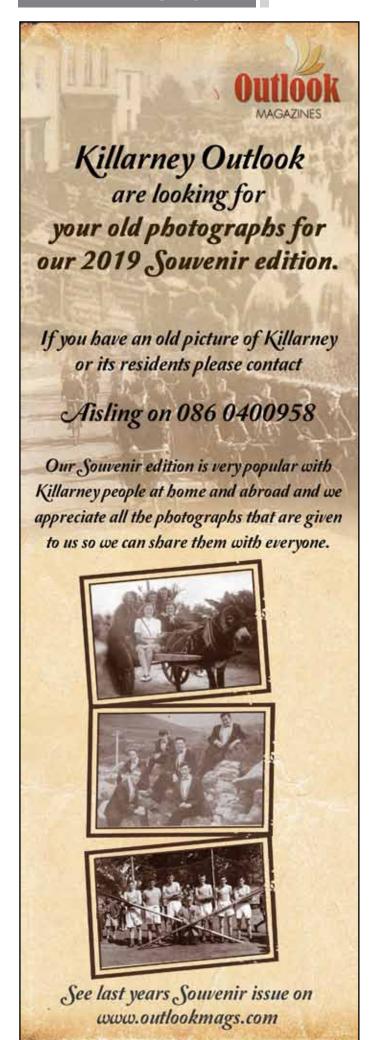
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You also need a digital photograph, an email address and a credit or debit card.

The application process generally takes ten working days and is the fastest way to apply for or renew your passport.

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When people come along to counselling, and begin talking about their problems, it sometimes becomes apparent that some of their difficulties may be down to the challenge of communicating with the other people in their lives.

This can apply to any of us. Whether discussing issues in our relationship with a partner or other family member, or with friends or colleagues, we are guite likely to say 'He knows how I feel about this', or 'She knows how difficult I find that', or 'I'm not going to ask them for help because I shouldn't need to ask, they should just know what to do', and so on. Sound familiar?

All this ignores a fundamental reality - we cannot assume other people know what we think, or how we feel, or what we need, unless we tell them. We are all equipped with a degree of intuition, and some people can be very 'tuned in' to the thoughts and feelings of others. But we cannot always rely on intuition alone. For example, someone may long for their partner to open up about a shared difficulty in their lives, while the partner may want exactly the same thing, but feel they 'shouldn't go there' because they think this would be unwelcome. Two people, who long to connect with each other, may grow further apart because of a gap in communication.

Of course we all need, and are entitled to, our privacy. We don't have to wear our heart on our sleeve all the time. What we are thinking about here is building bridges and sustaining connections with the significant people around us, rather than seeing those connections weaken through a lack of communication, with all the misunderstandings. frustrations, conflict, hurt and loneliness that can ensue.

As children, we may have been fortunate enough to have an adult around who tuned in to our feelings and tended to our needs, before we were old enough to put those feelings and needs into words. Even if we don't realise it, perhaps a bit of us still quite naturally longs for that sort of automatic understanding from others. But, as adults, we probably need to play our part in making ourselves known and understood. The counselling process can offer a safe space where we can start putting things into words, gradually find our own voice, and become more confident about making ourselves known to another person.

SouthWest Counselling Centre, Killarney provides affordable professional counselling to children, adolescents adults and couples at its Killarney Centre (Lewis Road). To make an appointment call: 064 6636416/064 6636100 E: Info@southwestcounselling.ie

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A Word of Victory

Welcome back dear reader last week we looked at Lazarus's sister Mary and how she worshipped the Lord and served Him. On the night Judas betrayed Him, Jesus and His disciples celebrated the Passover Meal - the Lord's Supper. Jesus took bread and gave thanks to God for it, then broke it and shared it with His friends. He used the bread to symbolise how His body would be broken so that all humanity could receive healing and restoration fulfilling the prophecies about Him (Isaiah 53:5; Matthew 8:16-17). Then He took the cup which represented the perfect blood He was about to shed for the forgiveness of all our sins establishing the New Covenant between God and the believers who receive Jesus as their Saviour (Luke 22:14-27). But just before He did this He gave His disciple's one last lesson on how to serve. Jesus took off His outer garment (which was an expensive robe that the soldiers who crucified Him fought over because it was worth so much - John 19:23-24), and He put on the apron of the servant who waited on them. He took a towel and a bowl and proceeded to wash their feet (John 13:1-17). In the culture of the day, it was the job of the lowest ranking servant in the house to wash the feet of guests to honour and esteem them. As Jesus washed His friend's feet. He was teaching them that even though the world promotes that greatness only comes through achievements and fame, in the Kingdom of God true greatness is measured by one's humility and love. This is why Jesus said in Matthew 11:28 "come to Me all you who labour and I will give you rest...learn from Me for I am humble...My yoke is easy and My burden is light". The humility of Jesus has been distorted by the religious spirit which teaches that in order to be humble one must be poor and wretched. Jesus was neither poor nor pathetic. He is the King of Glory! Psalm 24 tells us that the earth is the Lord's. God owns everything - but He is not proud. Pride is the backbone of a religious spirit and needs to be repented of (Proverbs 6:16-19). Pride drives people away from God, pushing them to find their own way of Salvation through good (dead) works, thus rejecting God's Word and the Only way to God's heart - through the Cross of His Son Jesus (John 14:6; Ephesians 2:8-9; John 3:16-17).

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THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

L.M.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

A.S.

THE MIRACLE

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

T.M.

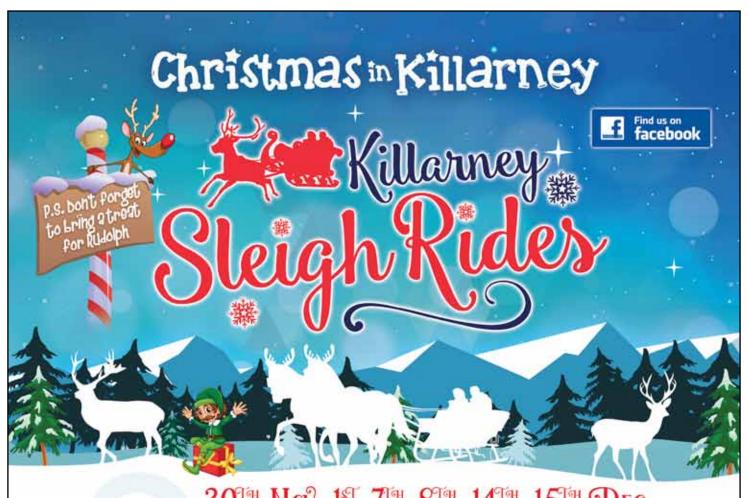
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IN THANKSGIVING

Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena. Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen

Your request will be granted no matter how impossible it may seem.





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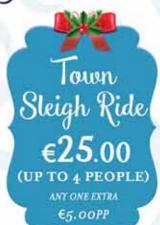
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