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Starting young.... Dr. Crokes supporters Eanna Myres, son of Karen and Kevin and Saoirse O'Sullivan, daughter of Juliette and Edmund O'Sullivan pictured at the All Ireland Club Championship Semi Final on Saturday last. Full match report on Page 45.



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OUR JUVENILLE ACADEMY IS COMMITTED TO PROVIDING THE BEST POSSIBLE ENVIRONMENT TO DEVELOP YOUR CHILD'S HEALTH AND WELL BEING Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

Killarney National Park to benefit under Rural Regeneration & Development Fund

The glasshouses at Muckross House in Killarney National Park are set to receive funding for restoration following an announcement by Minister for Rural & Community Development, Michael Ring, TD under his Department's Rural Regeneration and Development Fund.

The National Tourism Development Authority said that the announcement is recognition of the importance and value of tourism to rural regeneration and development.

Killarney is among six national parks that will receive €3,915,000. Works at National Parks will provide a major upgrade of National Parks and Reserves in a number of locations, including Kerry, Clare, Donegal, Galway, Mayo and Wicklow.

The money will aid the implementation of the Tourism Interpretative Master Plan for Ireland's National Parks and Nature Reserves. Works will include creating new Park trails, upgrading of access facilities and car parks, restoration of greenhouses in Killarney National Park, new signage and visual imagery, and the use of hybrid buses in selected National Parks to assist in lowering the carbon footprint of visitor activities.

EDITOR'S NOTE

s Dr. Crokes march on to the All Ireland Club final, we have a busy magazine for you this week.

Lt's showtime for Killarney Musical Society, the Irish Cancer Society are planning their annual coffee morning and Kilcummin Comhaltas members continue with their winning ways. A young artist has won a national award,

as has the Head Concierge at the Killarney Park Hotel, the fantastic work of the Killarney Friends of the Children of Chernobyl continues and Killarney photographer Valerie O'Sullivan is in the headlines again.

Meet the final six couples who are dancing in this year's Strictly Come Dancing, enjoy a glass of wine in aid of Nepal and meet the Killarney man who has been appointed to the New Disability Advisory Committee.

All this and so much more in this week's Killarney Outlook – Enjoy!

Aisling Crosbie | Editor

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958

Teddies to the Rescue for the Hospice

A group of friends in the Killarney area who "rescue" teddies from all over the county have donated an amazing €3441,34 to the Kerry Hospice Foundation/Palative Care.

The friends came together in January 2013 to form Killarney Crafty Ladies with the sole purpose of fundraising for Kerry Hospice Foundation/Palliative Care.

"Our aim was to 'rescue' Teddy Bears from Charity shops in the locality, in particular Killarney, Tralee and Castleisland" said spokesperson for the group Margaret McCarthy told the Killarney Outlook.

They then extended their search to Cork, Limerick and as far away as Galway. They also welcome Teddy Bears from the public.

The members of the group are: Betty Benson, Peg Coffey, Honor Doyle, Margaret McCarthy, Kate O'Connor, Brid O'Donoghue, Eilish O'Sullivan and Colette Sorensen. The group meet twice a month to knit, sew and spruce up the bears and treat them to stylish

new outfits, They are then ready for resale at the Halloween and Christmas Craft Fairs at Killarney Outlet Centre. The also had a very successful sale at Manor West, Tralee last December. To date this enterprising group has raised €17,975.11 for Kerry Hospice/Palliative Care. "The Killarney Branch of Kerry Hospice



Killarney Craft Ladies, pictured at Muckross House Restuarant to present a cheque for \in 3,441.34 to the Kerry Hospice Foundation. The ladies have raised \in 17,975.11 to date for the Kerry Hospice. Back Row L-R Peg Coffey, Betty Benson, Dermot O'Reilly, Cathal Walsh, Ailish O'Sullivan & Colette Sorensen. Front Row L-R Kate O'Connor, Pat Doolin, Margaret McCarthy, Angela Curran & Honor Doyle. PICTURE:MARIE CARROLL-O'SULLIVAN

Foundation wishes to acknowledge the generosity of KCL in selecting them as beneficiaries of the proceeds of their fundraising activities. They combine what is

for them a hobby with fundraising for their selected charity" Pat Doolan, Chairperson, Killarney Branch said.



Aisling Crosbie | EDITOR

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An English couple were safely recued following a call out for Athe Kerry Mountain Rescue Team on Friday last.

At 13.40 the team was contacted by Killarney Gardaí after an English couple became cragfast on the north-east face of Carrauntoohill. The couple had ascended the Devil's Ladder earlier and had decided to turn around before reaching the summit due to high winds. On their descent they became disorientated and descended unknowingly onto Collin's Rib, a steep rocky feature adjacent to the left fork of Collin's Gully on the north-east face of the mountain.

A full callout was initiated and the casualty's location was verified using the SARLOC (search and rescue locator) app. Team members climbed to the summit and abseiled down steep and dangerous ground to the casualty's position, securing them in-situ before assisting them back to the summit using a safety rope system. The casualties were then walked off the mountain via the Devil's Ladder route.

A total of 19 team members were involved in the rescue operation which concluded at 21.30 on Friday night.

Embrace A Healthier Lifestyle at The Aquila Club

Would you like to embracde a healthier lifestyle? Well look no further than The Aquila Club at The Gleneagle Hotel who have collaborated with RediCare Ireland to encourage everyone to reach their goal.

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for a FREE seminar in the Mangerton Suite at The Gleneagle Hotel Monday, 25th February from 7pm-8pm, to get insights and to discuss how the RediCare program can benefit you. A selection of healthy refreshments will be provided on the night. For more information call 064 6636178 or email aquilaclub@gleneaglehotel. com

Are you set for Strickeen?

The 7th Annual Strickeen Charity Event set to take place to raise funds for local charities.

The event will take place on Saturday 2nd March 2019 and the group will begin their climb up Strickeen Mountain located in the Gap of Dunloe.

Registration will take place between 10:30am-11:00am at Kate Kearney's Cottage. Everyone is welcome and refreshments will be provided after the climb.

"We will also hold a dance that night in Kate Kearney's cottage which will include live music, finger food and raffle prizes. Tickets for the dance cost €5" Mary Moloney from the Annual Strickeen Charity Event Commitee told the Killarney Outlook.

"Last year we raised €9,701.21 for The Palliative Care Units in Killarney, Tralee, Cahersiveen and Killorglin St. Joseph's Home and The Oncology Unit Tralee. All of these services provide a vital service to our local communities across County Kerry. Thank you for your support and we hope to see you all on the 2nd March", she added. If you have any questions, please contact Mary on 087-2227188







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The Chorus Childrens Cast of Killarney Musical Society's production "The Sound of Music" were Back Row L-R Lily Courtney, Aoibhe Bartlett & Kate O'Sullivan. Middle Row L-R Ava O'Sullivan, Grace Mills, Rhea O'Sullivan, Súin O'Connor & Ruby Courtney. Front Row L-R Emily Coleman & Jean Foley. PICTURE:MARIE CARROLL-O'SULLIVAN

IT'S SHOWTIME for Killarney Musical Society

Killarney Musical Society are in the throws of final preparations for the 34th production The Sound Of Music - running in the INEC from Tuesday next February 26th to Thursday February 28th inclusive. The Sound Of Music is one of those musicals that we all grew up with, know and love. The story of this musical tells the story of Maria, a postulant with the Benedictine Sisterhood at Nonnberg Abbey, who takes a job as governess to a large family while she decides whether to become a nun. She falls in love with the children and their widowed father, Captain von Trapp. He is ordered to accept a commission in the German navy, but he opposes the Nazis. He and Maria decide to flee from Austria with the children. And so unfolds the beautiful Von Trapp love story that is The Sound Of Music. Killarney Musical Society began their journey last September with a Launch night, Auditions followed, Cast announcments made and rehersals have been ongoing since October 2018. The role of Maria is portrayed by talented Killarney girl Siobháin Bustin. This is Siobháin's 9th show with KMS, having first joined the society in 2008.

The Hills are Alive...

The role of Captain Von Trapp is being portrayed by Derek O'Leary, a long serving member of KMS, this being his 28th. consecutive show with the society.

Brid Mills takes on the role of the Mother Abbess, a warm, maternal yet authorative person. This is Brid's 5th show with KMS having joined the Society in 2012. Brid is thrilled to get the opportunity to share the stage with her daughter Gracie, along with her husband who are both treading the boards with KMS for the first time, hopefully it won't be the last.

There are many supporting roles in this musical being played by Judy Rezin, Claire Sheehan, Brónagh Murphy, Harriet McGuigan, Pádraig



Liesl Von Trapp, pictured with her siblings in the final week leading up to curtain call at the INEC 26/27/28 Feb for Killarney Musical Society's production of "The Sound of Music". Clockwise from L-R Emily O'Shea, Denis Moroney, Caoimhe Murray, Lillie Foley, Saoirse O'Sullivan, Brayden Slattery & Clodagh O'Sullivan. PICTURE MARIE CARROLL-O'SULLIVAN

ICTORE MARIE CARROLL-O'SOLLIVAN

Creedon, Des Furlong, Peter Cook, Orna Cleary O'Shea, Conor O'Leary, Chris Mills, Orlaith Monks and Sarah O'Sullivan. The Society are thrilled to have the opportunity to work with and include children in this year's production. It's not possible to select a musical that includes children regularly due to availability restrictions from rights holders and so when the society got the chance to secure the rights of The Sound Of Music almost 12 months ago they grabbed it.

The Von Trapp family members are being played by Lillie Foley & Sarah Trant, Brayden Slattery & Jack McCrohan, Saoirse O'Sullivan & Leana Hofman, Denis Moroney & Colm O'Brien, Clodagh O'Sullivan & Aoife O'Callaghan, Emily O'Shea & Lucy McCarthy, Caoimhe Murray & Féile O'Sullivan, & Jonathan O'Keeffe. The The society are delighted to welcome a new Director/ Choreographer to Killarney this year, Mr. Peter Kennedy. Peter is an award winning Director with over 40 years of Musical Theatre experience in performance, direction and teaching.

The society have the pleasure of working with Musical Director, Mr Noël Lennon once again. The society say it is great to work with such a talented and pleasant Production Team. As with any organisation there are always those people who beaver away behind the scenes and Killarney Musical Society are no different with a committed and hard working committee working together with a truly devoted Chairperson, Irene Hurley. Back Stage Crews, Props Management, Front Of House, Children's Cast Supervising,Cast Catering, Costume Departments are all those people who the audience may never get to see, these are what a society is all about.

Thankfully each and everyone involved in these areas of Killarney Musical Society do so without hesitation year in year out and so for that the Society are forever grateful. As an Amateur Society KMS depend on their Audiences, Patrons & Sponsors to keep the' boat afloat' from year to year, and are deeply indebted and thankful to you all for your unending support. A special word of thanks to our Main Sponsor this year, Independent Irish Health Foods Ltd. So now you know what you need to do, Get Your Tickets.... The Sound Of Music by Killarney Musical Society, a night of musical theatre with the best of local talent, a night not to be missed.



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at Ceol an Gheimhridh na Mumhan was held Drom- panised by John & Adrian Moriarty - trainers). colloaer last weekend.

Congratulations Kilcummin CCE member, Ruth The under 11 Kilcummin CCE mixed set who came second at the Ceol an Moynihan who came 2nd in the singing competition Gheimhridh na Mumhan which was held Dromcolloger last weekend (accom-

Kilcummin Comhlaltas took finals of Ceol an Geimhridh which 2018/2019 took place in Hazelwood College, Drumcollogher, Co. Limerick on Sunday last.

The group were well represented in all areas and put in some great performances. Judges were impressed with the standards on show and came back with the following results for the KIlcummin branch:

Under 11 girls set who came 2nd.

Michael Healy who came first in the under 11 Reed competition and who also came second in the under 11 wind competition.

Ruth Moynihan who came 2nd in the singing competition.

Under 14's mixed set who came first Under 11's mixed set who came second

Well done to all who participated in what was a great day for the branch and a fantastic, well run event.

"A big thank you to all our trainers and participants and of course parents who make such an effort to ensure participation and success at these competitions", Derek OLeary told the Killarney Outlook.



Under 11 Kilcummin CCE airls set who came 2nd at Gheimhridh na Mumhan which was held Dromcolloger last weekend.



The under 14's Kilcummin CEE mixed set who came first at Ceol an Gheimhridh na Mumhan which was held Dromcolloger last weekend.

ICS TO LAUNCH DAFFODIL DAY AT COFFEE MORNING

Pictured at the Killarney Towers Hotel for the official launch of the Garda Coffee Morning raising funds for the Irish Cancer Society on 1st March at the hotel (10:30-12:30) and in advance of Daffodil Day, which will take place throughout the town on 22th March, were L-R Hotel Manager Paul O'Sullivan, Garda Emmet Flanagan, Eleanor O'Doherty, Kathrina Breen, Timmy Moriarty & Sat Dermot O'Connell. PICTURE MARIE CARROLL-O'SULLIVAN



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NEWSDESK

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

JONATHON'S ART IS A FORCE TO BE RECKONED WITH



John Long, Killarney Credit Union director displays Jonathan O'Keeffe's award winning artwork which won first prize in the Credit Union National Art Competition. Also pictured are from left: Gerry Thompson, John O Regan, Chapter 23 PRO, Marty Whelan, MC.. Inserr: Jonathon O'Keeffe.

Killarney student Jonathon O'Keeffe, a pupil at St. Brendan's College in Killarney has won 1st place in the All Island Credit Union Art Competition. Budding artists from the four corners of Ireland travelled to Croke Park today on Sunday 17th February for the annual, All-Island Credit Union Art Competition. 30,000 entries were received for the Irish League of Credit Unions (ILCU) competition, which in its 35th year, is one the longest-running competitions of its type. The eleven category winners, from across the age spectrum,



received cash prizes from MC Marty Whelan at the gala prizegiving ceremony.

The theme this year was 'The Force of Nature.'

Pat Sheehan, Chairman, Killarney Credit Union said "We would like to congratulate our local winners Jonathan O Keeffe and James O Shea. Jonathan who was the outright winner in the 14-17 category and ably represented his school St Brendans College with his wonderful artwork. James O Shea is also an amazing artist and is a regular finalist in the competition, he was runner up in the 18+ age category and represented Kerry Parents and Friends. We are delighted to have national winners in the competition and would encourage others to take part in the next competition".

Killarney man appointed to the New Disability Advisory Committee

Killarney native Adrian Carroll has recently been appointed to serve on the first ever statutory advisory committee in Ireland to support monitoring of Ireland's implementation of the UN Convention on the Rights of Persons with Disabilities (UNCRPD).

Adrian, is a law graduate with autism spectrum condition who recently completed a LLM Degree in International and Comparative Disability Law and Policy from NUI Galway. He believes assistive technology can help bridge the gap between higher education and employment for people with cognitive disabilities.

Eleven members in total have been appointed to their roles on the Disability Advisory Committee by the Irish Human Rights and Equality Commission (the Commission). The Disability Advisory Committee, made up of a majority of people with disabilities is brought together by the Commission to support its statutory function of monitoring Ireland's implementation of the UN Convention and held its first formal meeting this week.

He is joined on the board by fellow Kerry native Jacqui Browne who has over 30 years of experience as a disability equality activist and consultant. Jacqui is Chairperson of DESSA - the national Disability Equality Specialist Support Agency, a board member of Irish Guide Dogs for the Blind and the Irish Thalidomide Association. Jacqui holds a BA Degree in Economics & Politics from UCD and a Masters' degree in Education from Trinity College Dublin.

Emily Logan, Chief Commissioner of the Irish Human Rights and Equality Commission welcomed the appointments:

"The Disability Advisory Committee will be an important mechanism to ensure that the Irish



Human Rights and Equality Commission can fulfil its mandate to hold the State to account on the rights of people with disabilities.

"The new committee members, including Jacqui and Adrian, bring with them significant personal and professional experience."

600th call our for Killarney Cardiac Response Unit

The Killarney Cardiac Response Unit reached Ambulance control and they cover an area of

a milestone for saving lives in the community this week as they responded to their 600th emergency call. The voluntary unit is made up of approximately 40 volunteers, from all sectors of society, who respond to 999/112 emergency Cardiac Phone calls. The response unit is activated once a Cardiac call is made to 6km from the centre of Killarney Town, there are numerous AEDs located in the area. Responders have a Pager/ Radio on them which is linked in with a control phone through the National Ambulance Service. They complement the National Ambulance Service by providing care in the vital minutes before The National Ambulance Service arrive on

scene. It is Vital that resuscitation is started as

soon as possible following a cardiac arrest as an out of Hospital Cardiac arrest has the worst possible outcome for survival, mainly because resuscitation is often delayed. Killarney Cardiac Response Unit always welcome new members and full training is provided to all new members. All donations made to the unit are used to fund their activities and to purchase the lifesaving equipment used in the community. If you would like to help save lives in your community, please Find out more by visiting www.killarneycru.ie.

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PC IS CONCIERGE OF THE YEAR



Padraig Casey (PC), Head Concierge at The Killarney Park Hotel has just won the prestigious "Jimmy Connor Award" for Concierge of The Year 2019 at the recent Les Clefs d'Ors Ireland Awards Night held in The K Club on Saturday night last.

Les Clefs d'Or (translated as The Golden Keys) is a professional association of hotel concierges, with approximately 4000 members working in over 80 countries and 530 destinations, in literally every corner of the world. The Ireland branch has over 40 members from 25 hotels.

"The Killarney Park Hotel is proud to have 4 members wearing the world renowned 'Golden Keys' and we are delighted to see PC's hard work & dedication being rewarded by his peers on Saturday night" said General Manager of the hotel, Ms Niamh O'Shea. "Putting the Guest first is our top priority here at The Killarney Park Hotel and PC certainly embodies that spirit and it is gratifying to see this being recognised by his industry colleagues" continued Ms O'Shea.

School Welcomes Ministerial Visit

Minister Brendan Griffin paid a visit to Loreto National School on Friday last to speak with the pupils about his life in the Dáil and to advise them on their upcoming entry in the Junior Entrepreneur competition.

Minister Griffin received a warm welcome and the pupils were very excited to hear him speak about his life as a politician. When questioned about his love for the job, he replied 'I get huge job satisfaction and a thrill from helping in the community'

He gave a very detailed insight into his life, from his daily routine to his holidays. The pupils were very interested in the visit as it holds a very close connection to their upcoming entry in the Junior Entrepreneur competition. Loreto National School won the Community Champions award in last years competition for their project 'Tick Kits' and hope to continue their great success again this year. Minister Griffin explained to the pupils that 'individuals can change lives and the world'. These words have motivated the pupils to learn more about political life. He also gave them lots of tips on their Junior Entrepreneur project.



Minister Brendan Griffin with Mr. Edward Looney and 5th & 6th Class pupils from Loreto National School.

OPEN DAY AT KERRY COLLEGE OF FURTHER EDUCATION KCFE

A warm welcome awaits you at the Kerry College of Further Education Open Day being held on Wednesday 27th February at the Clash Campus, Tralee. This annual event provides an opportunity for those attending to gain an insight into the college and the many courses on offer. Teachers and current students will be on hand during the day to meet you and answer any questions. You will be given an insight in to the various courses on offer from Beauty to Administration, to Law to Sports; to Professional Cookery to Nursing... the list goes on and on. Advice on finance and also careers and student supports at KCFE will be provided. The college specialises in the provision offurther education (PLC courses) and has expanded its provision in recent years affording people the opportunity to study a broad spectrum of courses in Kerry. With over 60 programmes being offered for next September, all dedicated to providing school leavers and adult learners with quality routes for progression to third level education in both Universities and IOTs and/ or employment. Kerry College of Education (KCFE) has now a second campus in Tralee Town Centre since last September and this means the college can offer an increased number of courses in the Health Care and Social Sciences arena. This September the majority of courses will be offered on a first come first served basis provided minimum entry requirements are met. Some courses will not carry fees and will be offered based on interview. These places are expected to fill up fast so early application is advisable. The college opens its doors at 10am on Wednesday 27th February and you can attend anytime up to 7pm that night. Looking forward to meeting you all on the day!

Applications are now being taken online at kerryfe.ie

Any queries should be directed to 066 712 1741.

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Lots done and more to do

Killarney are based in Brest Region in and around the town of Pinsk. We stay in Logishin village about 20 miles from Pinsk and local drivers provide transport always accompanied by Interpreter. I visited Pleshehitsy School just outside Pinsk, and met most of the children and teachers in the school. I had a meeting with school Principle, There are 177 pupils in this school and all enjoyed trips to the cinema and museum, 80 children went on a trip to Brest city some 90 miles and visited National museum and park. All the children were given 3/5 meals every day while on camp, Killarney supports four camps run by the schools in Spring, Summer, Autumn and Winter, and supplement cost of diesel for the bus trip. In 2018 Killarney supported Pleshehitsy School with a sports uniform which they wear with pride representing their school, repair works to toilets and painting internal walls was also sponsored by Killarney Group. In Lastitsk School which is 65 miles south of Pinsk again Principle is more than grateful for the support received from Killarney 155 children in this school and all enjoyed camps, bus trips and above all 3/5 meals every day. While I was there 87 children were preparing to go on a day trip to Brest the

following day excitement was great. Due to the proximity of the Ukraine border crossing there is now a checkpoint before you reach the school., Most of the families here work on the communal farms and a lot of poverty is evident Killarney supports this school 4/5 times a year with humanitarian aid, clothes, footwear, bedding etc, Principles brother drives to Minsk 6 hours drive to collect the aid, and he also brings humanitarian aid to the Hospital for Killarney group. A Social worker in this school does a lot of work for Killarney she buys and supplies food to needy families and also distributes the humanitarian aid along with the Principle. This school has been painted and new floor covering has been laid also some new windows are in the process of been installed. Local Interpreter Jhana Guk former Interpreter to Killarney, also looks after a Family in this school, 3 of whom have visited Killarney due to family circumstances food is delivered every week. Killarney funds also buy and give 10/12 reams of computer paper and ink supplies to each school. Killarney works with and supports Garadasia Psychiatric Hospital this hospital is 25 miles north of Pinsk, it's in the country side very isolated with a small village nearby, Killarney

CHERNOBYL CHARITY CONTINUES ITS GREAT WORK

Following one of their biggest fundraisers, the annual coffee morning in the Killarney Golf Club, the Killarney Branch of the Friends of the Children of Chernobyl Group continue with their great work. This week Killarney Outlook takes a look at the work carried out by the group in Belarus. National Chair of the Group and local Chair Mary O'Leary from Aghadoe travels to Belarus regularly and here is her acount of her October 2018 trip.

looks after a 34 bedded house, all male patients, aged 18yrs to 40's, some are young men who would have been to Ireland over the years, and unfortunately because of circumstances no employment, living conditions, and alcohol abuse depression is evident. When we first visited conditions were very poor and basic necessities were not there, No resident had shoes or slippers they walked around inside and outside bare-footed, Killarney funds bought 40 pairs of slippers and have supplied bedding and clothes and we also supply them with incontinent pads, over the past 2 years Killarney funding has given them a new kitchen, dining tables and chairs, and in 2018 all the corridors and some of the bedrooms have been tiled and all the walls are freshly painted, and all have new curtains. And while I was there a palliative care room was been decorated and the residents and staff are so much happier and greatly appreciate the support given to them. Killarney group funds also help with feeding families and different Interpreters shop every week buying

and delivering food to these families. Incontinent pads and clothing and bedding are also supplied to two Orphanages for the young children also to Old Folks home. Walking aids and wheelchairs, and commodes supplied to Old Folks home. Thurles group have a Centre in Logishin and Killarney group help out here this centre is where groups of people met to chat have a cup of tea, older people in community, people with special needs, they can have a shower and get clean clothes, and when we visit they have a party and put on a show singing and dancing young people from the local school in Logishin come in and play music great entertainment!!!. Without the support of all the people of Killarney and surroundina towns none of the above would not happen on behalf of the hard working Killarney Chernobyl We Committee Sincerely Thank You for your continuing support!!



Garadosie: the facilities and living conditions are were very poor at the first visit. Killarney continue to provide assistance with fund-raising in Killarney and surrounding areas.



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STORM ELEANOR SNAP SECURES AWARD FOR VALERIE



A Killarney photographer was on the other side of the lens last weekend at the Press Photographers Association of Ireland annual awards in Dublin.

Valerie O'Sullivan is no stranger to awards and this year was no different as she was awarded second place in the Nature & Environment category at the prestigious awards.

The annual awards of the Press Photographers Association of Ireland took place in the Ballsbridge Hotel, on Friday (15.02.19), with photographers from across the island of Ireland in attendance. This year marks 41 years since the founding of The Press Photographers Association of Ireland.

She was joined at the ceremony fellow Kerry photographers Brendan Moran, Sportsfile, Kerry Kennelly, Julian Behal, Stephen McCarthy of Sportsfile and Jerry Kennelly.

The overall award of 'Press Photographer of the Year' 2019 was presented to Tom Honan. Tom, a freelance photographer from Dublin started his career with Inpho Photography before moving on to work for a time with The Irish Mail on Sunday. Tom is no stranger to the PPAI Awards stage having received 9 awards to date in previous years. His winning portfolio this year features work commissioned by The Irish Times.

Awards were presented across nine categories; news, daily life & people, nature & the environment, politics, sports action, sports feature, portrait, art & entertainment and reportage, alongside a dedicated award for multimedia. The collection of images chronicles the year 2018 in Ireland covering all the highs and the lows including the many



Kerry photographers Valerie O'Sullivan, Julian Behal, Stephen McCarthy of Sportsfile and Jerry Kennelly after the Press Photographers Association of Ireland Awards at the Ballsbridge Hotel in Dublin. PHOTO:RAY MCMANUS / SPORTSFILE

sporting events both at home and abroad, the momentous Papal Visit as well as the catastrophic weather events including the infamous 'Beast from the East'.

The Press Photographers Association of Ireland 'Press Photographer of the Year 2019' Exhibition, featuring 101 prints, will be available to view at The Ballsbridge Hotel until Thursday, 21st February before it moves onto the RDS, Dublin Airport and a number of other locations throughout the country.

Valerie is know the length and breath of the country - she is winner of many national awards in the Press Photographs Association of Ireland competition.Her published books include, A Year in the Life - Glencairn Abbey (Columba Press 2017), The MacGillycuddy's Reeks, People and Places (Collins Press, 2016) andIreland's Atlantic Shore: People and Places from Mizen to Malin (Collins Press 2012)

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Old Market Lane, Killarney, Co Kerry

MONEY MATTERS.

By Dermot Cronin, Financial Advisor



SHOULD YOU BE CONSIDERING SWITCHING YOUR MORTGAGE

Yes, because some of the Irish mortgage lenders have much lower mortgage interest rates compared to others. There has been a lot of discussion recently in the media recently as regards mortgage switching this is because there can be a very substantial difference in interest rates and monthly repayments between lenders. For example on a mortgage of €200000 over 30 years based on a property value of €300000 and comparing current fixed interest rates one lenders 2 year fixed rate is as slow as 2.30% (3.90% APR) which costs €770 per month whereas another lenders 2 year fixed rate is as high as 3.30% (APR 3.96%) monthly repayment €876 per month. The monthly repayment for the lender with the higher rate is a staggering €106 per month more expensive. Over the term of the mortgage you could pay €38,277.60 (approx) more in interest, assuming the interest rates don't change over the term of the mortgage. Of course you would need to qualify for the mortgage with the new lender and also there are many other considerations and information you need to know before proceeding further. An experienced mortgage broker should be able to discuss your options with you in plain simple english and answer any queries you may have.

If you have any other queries regarding the above or any other matter you can contact Dermot Cronin QFA, APA at 0646622775 or dermotcroninifa@gmail.com

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Sherry FitzGerald

FOR SALE

SONAS, COUNTESS ROAD, KILLARNEY

Exceptional opportunity to purchase large five bedroom, double fronted residence, in prime residential location, walking distance from town centre, schools and National Park. "Sonas" boasts one of the largest private gardens at 70m (230 ft) in length, in one of Killarney's most exclusive residential locations.



Price Region: €450,000 BER E1

KNOCKATAGGLE, KILCUMMIN, KILLARNEY

Well located and well presented three bedroom bungalow located just outside Kilcummin village, on elevated half acre site with excellent countryside views. Ideal family home, close to all amenities in Kilcummin village, primary school, post office, shop, etc and just 8.5kms from Killarney town centre



Price Region: €270,000

BER D2

O'Driscoll FOR SALE

QUARRY CROSS, GNEEVEGUILLA

4 Bed Detached Bungalow on 5+ acres of ground within walking distance of Gneeveguilla Village. The property is in need of modernisation and will made an ideal family home once completed. Located a short drive from Killamey Town viewing comes highly recommended.



GUIDE PRICE: €145,000

BRACK HILL, CASTLEMAINE

Large 4 Bed Detached Property located just outside Castlemaine Village on the Milltown Road. The property has all 4 Bedrooms on the ground floor with the first floor ready for conversion to add a further 2 bedrooms and receptions areas if required. Close to all schools, shops etc with Inch beach mere 10 minute drive away, this is a great option for a family due to its convenience to services and amenities.



GUIDE PRICE: €279,000 BER C3

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Countdown for the 5th Annual. Strictly Come Dancing

With only two weeks until show time, tickets are selling fast for the Strictly event of the season. The 24 dancers are training long and hard as they tackle their individual dance routines along with their group dances.

The event is set to take place at the INEC for the 5th year in a row on Friday 8th March.

So far the fundraiser has raised over €200,000 for The Irish Cancer Society and the organisers are hoping for a full house again this year.

In this week's Killarney Outlook, we meet the second six couples who are spending all of their spare time preparing for the night which could see up to 2,000 fill the INEC.



Stephen O'Danaghue& Aine Carolan Stephen works as a plumber with Thermopro LTD. In his own words his hobbies include all types of sports, the GAA in particular with Glenflesk Gaa and most importantly enjoys his down time by taking long walks on the beach, watching Netflix and the sunset? Stephen enjoys socializing the odd night with the lads and throwing a shape or two.

Aine is currently working as a nurse in Killarney Community Hospital. This Rathmore native enjoys socializing and training underage teams at Rathmore Ladies G.A.A in her spare time! Aine's outgoing and bubbly personality will most definitely show in her performance and we're very lucky to have her! From the hospital ward to centre stage let's give it up for Aine!!



Pat Looney & Joanne Curran

Pat Looney is Killarney born and bred and has been running Looney's Garage for over 30 years alongside his wife, Theresa. A handy man on the spanners as well as the dancefloor, Pat often travels to country music festivals at the weekends for a few jives. Well known to be involved in many local charity events, he can also usually be found going sideways on Moll's Gap in May & December every year. With dancing, music, charity & craic involved, it was only a matter of time for Pat Looney to present on the INEC stage.

Joanne Curran is a proud Dingle girl now living in the Black Valley with her son and daughter. "I'm an optometrist working in Urban Optics. I love the great outdoors...walking and running. I enjoy the odd glass of vino and a good spin on the dance floor Im really looking forward to a great, fun night on the 8th of March"", Joanne said.



Dancing

Karen O'Donoghue & John Lyne

Karen lives in Killarney with her grown up family and 3 fabulous granddaughters. "We love spending time together baking, cooking, relaxing and having fun. I'm very excited and nervous to be part of Strictly and the girls are hoping that my skipping skills will add a pep to my step on the night. So let's trip the light fantastic for this very worthy cause", Karen said.

John is originally from Kilcummin but has settled in Killarney for many years. An experienced man in the hospitality industry John is currently working in Murphys Bar & Townhouse Killarney! He is delighted to be taking part in such a great fundraiser and is sure to set the stage on fire on March 8th!



Lorraine Sheehan & Padraig Moynihan

Lorraine is a Knocknagree girl living in Cork and is working as a pensions administrator with Mercer. She loves to travel in her spare time and is now a great dancer. Lorraine is looking forward to setting the INEC stage on fire and can't wait for a great night on March 8th!!

Padraig Moynihan comes from Gneeveguilla and works as a civil servant in Killarney. He studied politics in college and has a keen interest in current affairs as well as all things sport. "I hope everyone who reads this can make it on Friday March 8th so you can more than likely watch me make a completely ape out of myself and that should surely be an unmissable experience. Thanks!" Padraig said.



Mags O'Mahony & Mike Delaney

Mags is from Kenmare, married with two grown up kids. She is self-employed at Magic Touch Massage & Facials. She Love travelling, animal rescue & supporting charities. "I am due a hip replacement in a couple of years but this could fast track me up the list.. I'm really looking forward to the night with a great bunch of people"

Fellow Kenmare man Mike Delaney is married with three daughters.

He works with KPH Construction and also does a bit of farming. Mikes interests are GAA, cycling and now obviously dancing.

He is delighted to be involved in this charity fundraiser on March 8th.



Mike O'Sullivan & Denise Hickey

Mike is from Barraduff and works with Pat Cronin & Sons. He loves socialising and having the craic, also no stranger to fundraising events the most recent being the Tractor Run. He isn't a fan of the stage but looking forward to the night.

Denise is from Rathmore but living in Kenmare where she works as a makeup artist in a pharmacy. Denise represented Kerry south in September in Miss Ireland and finished in the top 15! Poor Denise joined our fundraiser a little late 3 weeks late but that's no bother to her, she's already flying with the moves!

Tickets for Strictly Come Dancing are available from all dancers, committee members and the INEC Box Office. Adult €20 Kids (under 12) €10 and there will be a wine reception and raffle on the night. Doors open at 7pm and the show starts at 8pm.



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Full Details Selling Agent Hennigan Auctioneers 064-6634582/087-2354416

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THROUGH THE KEYHOLE.... A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

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Agent: Property Partners Gallivan College Square, Killarney, Co. Kerry Tel: 064 6634177 www.propertypartners.ie

Price Region: €235,000 BER C3

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427.**

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NEWSDESK

KILLARNEY VOLUNTEERS TO HOST FUNDRAISER FOR NEPAL

Agroup of Killarney friends are hosting A fundraising night in aid of the Maya Foundation on Friday March 1st at the Curious Cat Café. Holly de Burgh, Seamus Coffey and Tadgh Healy all from Killarney along with two friends from Limerick - Rory Dalton and Jason Moore - have all volunteered in Nepal with the foundation. The group visited Kathmandu where they met Usha - their facilitator - who works with impoverished communities throughout Nepal and provides education and relief with the help of donors both from Nepal and abroad. The group heard about the work she is doing through Sense of Yoga Ireland who have been raising money through fundraising events which have gone towards building two schools in Kathmandu which provide free education to local children. The group travelled to the city of Biratnagar in the East of Nepal to work with a group of people referred to as the Musahar, from the Dalit caste. These people are discriminated against and often referred to as 'untouchable' The Musahar are also one of the most uneducated people in Nepal with literacy rates as low as 6 per cent for men and 2 percent for women. Usually children will drop out of primary school education due to social or economic factors. Quite often, because of the caste they belong to, they are ostracised and teased at school by other students - and on occasion by teachers also. Also, although education is free in Nepal, the indirect costs, such as uniform, books and stationary usually prove crippling for the Musahar caste and this usually leads to a discontinuation in studies with about 92% of children dropping out of



school before the age of ten. The group spent time in two villages whilst volunteering. In one village they built secure doors for a number of the homes and also benches and tables for the small school that we refurbished. We also provided books and stationary for the students in the school and teaching supplies for the volunteer teacher. They also spent time on the border of India and Nepal, Holly said "Personally I have never seen people as poor as them. They live hand to mouth with limited access to medical care, education and employment." The group are looking to donate items such as buffalo and goats to the community which will give them more sustainability and hopefully help to break the cycle of poverty. Each group member agrees that it was a rewarding experience. Their aim now is to create awareness about these people and the problems they face. The fundraising event starts at 7pm There will be a display of photographs taken during the trip and a chance to learn more about the cause. Entry is 10 euro with a complimentary glass of wine and nibbles.

Davy keeps his promise to Killarney Student Student Stow back in November. The Unversional School student Michael O'Brien won the nation's hearts when he appeared on the Late Late Toy Show back in November.



St Oliver's National School student hearts when he appeared on the Late Late Toy Show back in November. The 11-year-old GAA fan stole the show during the book segment of the programme. Speaking to host Ryan Tubridy, Michael described his love for GAA and spoke about his favourite manager - Wexford's Davy Fitzgerald. Michael, who is visually impaired, was astounded when Ryan told him that Davy had come along to meet him. Michael told Davy "I have your book in the back, right? And I need you to sign it." Fitzgerald had a request of his own for Michael telling him that he could do with someone with his passion to give him a bit of help

with speaking to his team. Davy felt that with three important league games for Wexford coming up-Limerick, Tipperary and Kilkenny -Michael would be the man to give them a pep talk before they headed out on the pitch. Davy fulfilled his promise as Michael took to the field at Innovate Park, as the guest of honour after he had prepped the team ahead of their Allianz League win over Tipperary. Wexford senior hurling coach Seoirse Bufflin tweeted about Michael's powerful speech saying that it was a privilege to have had him visit, that he was an inspiration to adults and kids alike and said that you could hear a pin drop when he spoke to the team.

IF YOU HAVE A STORY... CONTACT AISLING ON 086 0400 958





KERRY EDUCATION & TRAINING BOARD

are offering the following courses under the Back To Education Initiative (BTEI) Programme

Family Studies 5N4466

Start Date: Wednesday 27th February 9 -1pm Venue: Room 3i Liber House, Monavalley Tralee

This programme module aims to introduce the learner to the concept of life cycle of the family and the individual and to identify and address the likely challenges that can arise in the modern family unit while exploring the relationships that exist between members of the family.

Objectives of the Programme Module

- * To enable the learner to explore the definition, history, functions
- and family patterns of Irish family life.
- * To explore with the learner the life stages of the individual and family including the effect of successful and unsuccessful negotiation of each and types of parenting styles. * To enable the learner to explore causes of parental separation and divorce and the effects on family life and services available for families.
- * To create an awareness of the factors that promote family mental health and mental illness and identify therapeutic and support services.

* To assist the learner to develop the academic and vocational language, literacy and numeracy skills related to Family Studies through the medium of the indicative content

Introduction to Healthcare

Start date: Monday 4th March 7pm Venue: Kerry College of Further Education Clash Tralee

This programme module aims to prepare the learner for work with basic knowledge, competence and skills in theories of health, hygiene, safety, nutrition and basic practical skills in childcare and safety in Early Childhood Care and Education settings.

Objectives of the Programme Module

* To enable the learner to provide for the health, hygiene, safety and nutritional needs of children (0-6 years)

To create an awareness of the factors that contribute to the overall well-being of children * To enable the learner to distinguish between the different dietary requirements of babies and young children and recommend a range of healthy snacks for children

* To create an awareness in the learner of the requirements for compliance with health and safety requirements in the provision of Early Childhood Care and Education (ECCE) services for babies and children. To conduct a routine safety check on a room using a checklist * To enable the learner to be able to identify a range of common childhood illnesses and assist in the provision of appropriate personal care routines for babies and young children

* To develop the learners' ability to respond appropriately to babies and children while

engaging in routine and directed tasks under supervision * To assist the learner to develop the language, literacy and numeracy skills related to Child Care and Safety through the medium of the module themes and content

Nutrition 5N2006

Start date: Monday 25th February 9 -1pm Venue: Shanakill FRC Monavallev Tralee

This programme module aims to equip the learner with the knowledge, skill and competence to understand the nutritional composition of food and the effects of food and nutrition on an individual's health and personal well-being.

Objectives of the Programme Module

* To understand the importance of healthy eating and its benefits to good health. To explore the role of diet in the treatment of a range of illnesses to include, diabetes mellitus, coeliac disease, cystic fibrosis and lactose intolerance.

* To be able to identify the components of a healthy diet for all age groups and devise a suitable menu for infants, school-going children, adolescents, the elderly, pregnant women, vegetarians, vegans and athletes.

* To understand the process of digestion and the factors that affect it.

* Appreciate the role of food and its significance in the management of various conditions and diseases to include coronary heart disease and hypertension, links between diet and types of cancer, osteoporosis, diabetes and dental health * To assist the learner to develop the academic and vocational language, literacy

and numeracy skills related to Nutrition through the medium of the indicative content

Introduction to Healthcare

Start Date: Friday 1st March 9-1pm Venue: Shanakill FRC Monavalley Tralee

This programme module aims to introduce the learner to the area of healthcare with the focus on considering the different aspects of caring for a client in the public or private sector.

Objectives of the Programme Module

· To facilitate the learner to develop appropriate interpersonal skills, induding communication skills such as active listening, using appropriate body language, using verbal and non-verbal skills, developing correct observational and reporting skills

- To create an awareness of the importance of safety when working in different types of care settings to include considering equipment, infection control and personal safety
- · To facilitate the learners to develop an understanding of the importance of diet, exercise and lifestyle across a person's lifespan and to consider the promotion of
- these in a care setting

 To facilitate the learner to consider the skills needed to work as part of a team in a care settina

To assist the learner to develop the language, literacy and numeracy skills related to Healthcare through the medium of the module themes and content

BTEI – the Back To Education Initiative Programme provides part-time further education programmes for young people and adults. The aim of BTEI is to give people who would like to return to learning the opportunity to update their skills and knowledge in a flexible way. This means that people can combine a return to learning with family and other commitments. What will a BTEI Course Cost? Courses are free for any adult with less than upper second level education. This includes persons in employment, persons who are unwaged and persons in receipt of social welfare

payments. Those who have completed Leaving Certificate (or higher) but are in receipt of jobseeker payments or means-tested social welfare benefits, and holders of medical cards, and their dependents are also entitled to free tuition. All others will be charged fees. The current fee per module is €75.00 for Level 3 and Level 4 and €150.00 for Level 5 and Level 6.

For further information please contact Marianne Marshall BTEI programme coordinator or Jaqueiline O'Gorman in Kerry ETB on 0667121488



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KILLA PANEY TOWN TALK



To find out what's happening in Killarney, look no further than the Town Talk Page. The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story can contact towntalka

CAOIMHE SPILLANE

about Killarney you can contact towntalk@ outlookmags.com

KILLARNEY MUSICAL SOCIETY

This is the last of the weekly updates for this musical season as show week is next week! Killarney Musical Society open on Tuesday night February 26th running until Thursday February 28th inclusive at the INEC .The Sound Of Music is finally here. Tickets are available for all three nights performances, contact them on 086 3344345...for tickets or further details. Tickets also available for a final day in their pop up shop at The Laurels, open for one more day only, Monday February 25th from 12 noon to 4pm. Tickets will also be available for purchase at the door on all three nights of The Sound of Music in the INEC. They had 'band call' on last Sunday, and audiences are set to be wowed, by an amazing orchestra at the live shows. They have dress and technical rehearsals over the next few days so busy times for all and then it's curtain up. All the cast are looking forward to bringing this classic musical to the Killarney stage. So make sure you get the chance to see The Sound of Music in all its beauty and glory with a wealth of local talent at its finest.

KILLARNEY KINDNESS

Killarney's Mountain Meitheal are a fantastic group that work on a voluntary basis to protect and conserve forest areas in the National Park. Last week the group were shown a bit of Killarney Kindness when Jam Café supplied refreshments for their hard working volunteers. The volunteers meet once a week to help eradicate the rhododendron in the National



THE VON TRAPP FAMILY, PICTURED AT DRESS REHEARSALS FOR "THE SOUND OF MUSIC" FRONT ROW L-R COLM O'BRIEN, LUCY MCCARTHY, AOIFE O'CALLAGHAN & FEILE O'SULLIVAN. BACK ROW L-R JACK MCCROHAN, SARAH TRANT & LEANA HOFMANN. PICTURE MARIE CARROLL-O'SULLIVAN

Park. They welcome any new volunteers to help, they will be meeting on Sunday 24th February at 9 am meeting at the Springfield lay by (the first lay by on the right after the main entrance to Muckross House on the Kenmare road).

ON THE TRAIL OF THE WHALE

The Irish Whale and Dolphin Group (IWDG), are bringing their nationwide tour to Killarney Library on Tuesday 19th March at 7pm. They will also visit the Skelligs Experience Visitor Centre on Valentia Island, on Monday, 4th March at 6pm. 'On the Trail of the Whale' charts the IWDG expedition to Iceland on its research vessel Celtic Mist for six weeks with 30 crew members. They went in search of humpback whales, one of the most enigmatic species in the world's oceans. Humpback whales are increasing in Irish waters and the Irish Whale and Dolphin Group wanted to know where are they coming from or going to! A collection of images and videos will be presented, by the skippers, scientists and crew who ventured on the "trail of the whale". All events are free and open to all, children most welcome, please join them. The driving ambition behind the expedition and this tour is to raise awareness of the wonderful wildlife

that lives around our coast and which links us to lceland. Not only will you learn about our coast but as they sailed around most of lceland and drove across most of it too they have plenty of fascinating stories from their trip!

FUNDRAISING NIGHT

There will be a fundraising night in aid of Maya Foundation which will take place in the Curious Cat Café on the 1st of March from 7pm. On the night there will be a photo exhibition with wine and nibbles. Entry is \in 10 with a glass of wine and nibbles. Read more about Killarney volunteer's involvement with the Maya Foundation in this week's magazine.

COFFEE MORNING

The Kerry Mountain Rescue Coffee Morning will take place in the Royal Hotel, today Friday 22nd February from 10am to 12noon. Please come along & support this very worthy cause. All are welcome.

SUPPORT GROUP

Aware support and self-care group: K.D.Y.S, Fairhill, Killarney, every Monday at 7.30pm



WELL DONE

Huge congratulations to Killarney athlete Ciara Kennelly, who has achieved the qualifying standard for the European Youth Olympics. Ciara who is a student in St Brigid's Secondary School in Killarney specializes in the high jump. She reached a height of 1.75m at the Munster Junior High Jump Championships in Nenagh last Sunday and achieved another Munster record. The European Youth Olympics will take place next July in Baku, Azerbaijan. Ciara is a daughter of Finbarr and Linda Kennelly from Dromin, Fossa.

THE GATHERING FESTIVAL

The Gathering Traditional Festival is back. running from February 27th to March 3rd at the INEC. This year's Gathering Traditional Festival is in its 20th year, and features everything from Altan, Mike McGoldrick, John Doyle & John McCusker, Dordán, Paddy Keenan, Frankie Gavin & Dermot Byrne and a whole lot more From fireside seisiúns to heart-pounding céilís, The Gathering features concerts, céilís, sessions and storytelling as well as set dancing, singing and instrument masterclasses. Headquartered at The Gleneagle Hotel, this five-day festival attracts trad fans from the US, Britain, France, Germany and all over Ireland.

NURSING NIGHT AT HEARTBEAT

Nurses Anne O'Brien and Anna O'Donoghue are returning to HeartBeat this month, to help, guide, and advise on the best ways forward health-wise. It is a golden opportunity to raise



Theresa O'Keeffe & Colm O'Leary (centre) pictured at Killarney Golf & Fishing Club with their families including their little nephew Aaron to celebrati THEIR RECENT ENGAGEMENT ON SATURDAY NIGHT. PICTURE MARIE CARROLL-O'SULLIVAN

any concerns or questions you may have about vour health or medications. Anna and Anne will be at the Serenity Centre St. Anne's Road Killarney on Monday February 25th at 8pm. ALL ARE WELCOME TO THIS FREE EVENT.

AWARE'S POSITIVE MENTAL HEALTH PROGRAMMES NOW OPEN

Aware, Ireland's leading organisation providing support, education and information services around depression and bipolar disorder, today announced that its popular Life Skills Group Programme and Relatives & Friends Programme will both be available in Kerry from March. Both programmes are free of charge.

The Life Skills Group Programme, nine hours over the course of six weeks, will teach attendees how to better cope with the stresses of everyday life, recognise and manage unhelpful thoughts, learn new ways of thinking and ultimately begin the journey to a healthier and more confident life. Developed by the renowned cognitive behaviour therapy specialist (CBT), Dr. Chris Williams, the programme is specifically designed to help people learn more about how we think and how this can influence our actions in helpful or unhelpful ways.

The Life Skills Group Programme will begin on Tuesday 12th March at Randles Court Hotel, Killarney.

To register and book your place visit aware.ie

OUTLOOK WINNERS

Congratulations to our God AND THE Has No Country Winners, Maria O'Connor from Faha and our Facebook winner Carmel O'Callaghan.

COMPETITION

WINNERS ARE

Why not enter our Killarney Musical Society competition this week - winners announced on Monday!



DRESS REHEARSALS IN FULL SWING FOR KILLARNEY MUSICAL SOCIETY'S PRODUCTION OF "THE SOUND OF MUSIC" WERE L-R CLAIRE SHANAHAN, JUDY REZIN, BRID MILLS & BRONIAGH MURPHY. PICTURE MARIE CARROLL-O'SULLIVAN



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181	Opel Mokka X 1.6D SC	€23,950
181	Opel Crossland 1.6D SC	€23,950
181	Opel Corsa Petrol SC	€14,950
172	Mazda CX3 GT Lux, Leather, Petrol	€22,950
171	Opel Astra 1.6D Sri	€18,950
162	Opel Astra 1.6D SC Saloon	€15,950
152	VW Passat 1.6D 50KM	€16,950
151	Opel Astra 1.6D Excite 36KM	€14,950
151	Peugeot 308 1.6D 45KM	€13,950
151	Nissan Qashqai 1.5D	€18,950
151	Mazda 6 2.2D Exec Se	€15,950
151	Fiat Doblo 1.3D	€8,500
151	Nissan Pulsar 1.5D SVE	€13,950
151	Hyundai IX35 1.7D, Camera	€18,950
141	Nissan Juke 1.5D Sport 51KM	€13,500
141	Toyota RAV4 2.0D Luna	€18,950
132	Opel Meriva 1.7D	€10,950
131	Opel Corsa 1.2 Petrol 45KM	€8,950

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141	116d SE 5 door Bluetooth, Leather	Mineral Grey	Oyster leather	112km	€15,950
161	218d SE Gran Tourer 7 Seater Sports seats	Jet Black	Black leather	73km	€24,950
171	320d ED Plus Saloon, AUTO Pro Nav	Mineral Grey	Oyster leather	21km	€29,950
161	320d Sport Touring, AUTO, Sat Nav	Jatoba	Black leather	129km	€24,950
161	316d Sport Saloon, Reversing sensors	Mineral Grey	Oyster leather	15km	€24,950
181	316d, AUTO, Sport Saloon, Sat nav	Med Blue	Oyster leather	17km	€36,950
131	316d ES Saloon, Bluetooth, Wood trim	Jet Black	Beige leather	100km	€15,950
162	418d SE Gran Coupe, Bluetooth,Wood trim	Imperial Blue	Beige leather	35km	€28,950
161	418d SE Gran Coupe, Xenon lights, Nav	Imperial Blue	Beige leather	98km	€26,950
161	420d SE Gran Coupe, AUTO, 18" alloys	Imperial Blue	lvory leather	67km	€30,950
182	520d SE Saloon, AUTO, Wood trim, Alloys	Atlas Cedar	lvory leather	9km	€46,950
182	520d SE Saloon, AUTO, LED headlights	Mineral Grey	Ivory White	9km	€46,950
182	520d SE Saloon , AUTO, Heated seats	Cashmere	Ivory White	13km	€46,950
181	520d SE Saloon, AUTO, 18" alloys	Bluestone	Ivory White	9km	€45,950
181	520d M Sport Saloon, AUTO, Priacy glass	Med Blue	Black leather	19km	€47,950
181	520d SE Saloon, AUTO, Heated seats	Jet Black	Ivory White	16km	€44,950
161	520d M Sport Saloon, AUTO, M Spoiler	Grey	Black leather	65km	€31,950
161	520d SE Saloon, AUTO, Sunroof	Black	Black leather	46km	€29,950
152	520d SE Saloon, AUTO, Sat Nav, Bluetooth	Imperial Blue	Oyster leather	64km	€26,950
151	530d SE Saloon, AUTO, 18" alloys, Sat Nav	Space Grey	Oyster leather	114km	€27,950
141	520d SE Saloon, AUTO, Sat Nav, Bluetooth	Jatoba	Beige leather	152km	€20,950
181	X1 sDrive18d xLine, AUTO, LED headlights	Mineral Grey	Oyster leather	24km	€39,950
181	X3 sDrive18d SE , AUTO, Sat Nav	Space Grey	Black Leather	17km	€40,950

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RULES TO WEIGHT LOSS AND WEIGHT

Protein needs to be included in all your main meals (breakfast lunch and dinner). This will help balance your blood sugars and slow the release of sugar into the body so we keep sustained every wise for longer. Protein is needed for growth and repair and is 'essential' for the body. You can not 'tone' the body or get lean or strong without including protein to build the muscle. Breakfast is probably the one meal we see people skipping their protein so start adding in some eggs to your toast, or a dollop of protein powder to your porridge it's as simple as that. Portion sizes will vary for everyone depending on your size and gender but a simple rule of thumb is a palm sized portion for women and 2 for men.

EAT SUSTAINABLY & DON'T DEPRIVE YOURSELF

Rule 3a – You need to make a decision to simply eat the way you need to, to maintain your ideal weight. Doing a 'diet' that does not resemble how you will eat once you have attained your goal is not conducive to weight maintenance (however, if you have Rule 8 nailed this may not be the case). So, the plan you follow must contain elements that are sustainable forever. What we mean is, don't go on a stupid diet that has you on purely shakes because you can't do that forever! As soon as you go back to food, the weight will go back on, often along with a little extra. This approach means you haven't learned anything about portions of real food, and all too often when people go back to 'normal' eating habits, they pile the pounds back on. Not to mention, that many dieting strategies leave a lot to be desired and will generally leave you with some sort of screwed up bodily function and worst of all, messed up metabolism.

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YOUR LOCAL INDEPENDENT OPTICIANS

BY OPTOMETRIST DIARMUID O'SULLIVAN F.A.O.I. STACK O'BRIEN OPTICIANS

DRY EYE SYNDROME

Do you ever experience?

•ltchy, gritty eyes

- •Sore, red eyes
- Short term blurred vision
- Fatigued eyes at the end

of the day

•Watery eyes, as if you are crying

If you experience some or all of these symptoms you may have dry eye syndrome.

Dry eye syndrome occurs when the eye either doesn't make enough normal (lubricating) tears or the tears that are produced are of poor quality. When this happens it can cause the tears to dry up too quickly and the front of the eye to become dry and irritated.

Dry eye is much more common in people over the age of 50. This is often because the glands that make the normal tears tend to become less effective as you get older. The condition is also more common in windy, cold, dry and dusty conditions.

If you're concentrating on your computer or smartphone for long periods of time without a break, this may also make your eyes feel dry.

Dry eye doesn't tend to cause serious damage to the eyes, but it can be very uncomfortable. Most cases of dry eye tend to be a longterm condition, meaning that you'll need ongoing treatment.

Treatment includes lubricating eye drops, which can soothe irritation and reduce discomfort. There are lots of different types of drops and gels that can help your eyes feel more comfortable. During an eye examination we can advise you and may be able to offer other treatment options.

For more information and honest advice contact us for an appointment 0646636477

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Laura will be visiting Stack O'Brien's Opticians, Killarney, weekly to support the community of Kerry with your hearing needs.

To find out more information or to book a free hearing test or free hearing aid trial, please ring Amplifon's lovely Customer Care Co-ordinator, Nicole, on O21 4279627 or 1800302038. Don't forget to leave a voicemail with your details!





Making positive changes is easy!

As a Body Confidence and Life Coach I work with people all the time who are looking to make positive changes in their life. One of the most challenging things about making those changes is the belief that change is hard. Whenever someone says to me that they are going to find changing certain aspects of their thinking or behavior difficult I always respond with, "Maybe, maybe not. You don't know yet." This is key, because whenever we think that something will be tough or difficult, we automatically give our minds the direction to make it hard. Whether you think you can or you can't do something – you are right! The mind is so powerful that what we think about consistently becomes the experience of our life.

So, the next time that you are embarking on something new and are tempted to tell yourself that you are going to find it difficult. Stop, take a deep breath and say to yourself that you have no idea how it will go. It may be tough, it may be a lot easier than you thought. Leave it open. Try not to shut down your possibilities before you have allowed them to unfold!

Applications are open for my Body Confidence Coach Certification Training Course. You can find out more by visiting www.instituteforbodyconfidencecoaching.com

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A huge thank you to all who supported The Barradubh Couch 2 5K Santa Fun Run in Aid of St. Joseph's Day Care Centre, Rathmore. The run took place on Saturday the 15th of December with the support of The Athletic Club and the Barradubh Centre.

The fundraiser was in aid of the development of a sensory garden in the Day Care Centre. This will be commencing very soon, weather permitting of course. Volunteers will be very welcomed in helping us carrying out this project which will hugely benefit the older population in our community.

A special thanks to all who came out on the morning supporting the run, all who gave spot prizes for the draws, the first aid responders, the stewards, all those who made cakes, scones and buns, and the staff of The Day Care Centre. This event is hoped to become an annual undertaking.

Thank You. The Rathmore Branch of St. Vincent de Paulsincerely thank all who contributed to our recent Church Gate Collection in Shrone, Rathmore, Knocknagree, Gneeveguilla and Ballydesmond. A special word of thanks to Scoil Phobail Sliabh Luachra, Holy Family N.S. and Danú Childcare, Rathmore, for the enormous amount of non perishable food collected. We also wish to acknowledge and thank the anonymous contributions of money, food, hampers and gifts. Without your continued support we could not help those in need in our community. Our branch greatly appreciates your continued generous support.

Pramerica Award Congratulations to Elaine Naglefrom Shronebeg Rathmore who has been chosen as one of the top twenty Secondary School Students in the Country for her dedication to volunteering. Elaine is presently Chairperson of the Rathmore Social Action Group and she is an excellent Community Activist with the Group. Elaine will now compete for the top two places in the Pramerica

Award which is presented by the Pramerica Insurance Company and the Principal's and Deputy Principal's Association. If successful she will then represent Ireland in an International Competition. We wish Elaine the very best of luck.

GNEEVEGUILLA AC CLUB

Rathmore to Rathmore 4K: This is our next event on Saturday March 9th @ 11.30 am. There are prizes at the end of each race and then at the end of our three Spring events there will be overall prize giving.Couch To 5K: Commenced again in Barradubh on Monday 11th and each Monday and Thursday night at 7.30

DIOCESAN LOURDES HELPERS COLLECTION collected from all four Churches last weekend amounted to €1695. Thank you to all for your generous support.

OUR ANNUAL 'LADY OF LOURDES NOVENA' COMES TO AN END: The annual Our Lady of Lourdes Novena in Knocknagree attracted huge crowds and made a prayerful and beautiful atmosphere for the entire Novena. 🗠 killarneyoutlook@outlookmags.com 🛛 🖬 killarney outlook 🏾 💆 @killoutlook



Mia Reen, seated centre, pictured with her family and friends to celebrate her confirmation day at the Dromhall Hotel. PICTURE: MARIE CARROLL-O'SULLIVAN

The lighted candles on the last night being lifted towards heaven as the Aves' resounded in a packed congregation, it really felt as if Lourdes was brought closer to Knocknagree and to all who were there. The cuppa, buns and sweet cake after the closing Mass in the church was really a homely touch and a very nice gesture of hospitality and community. Our sincere thanks to all in Knocknagree for their excellent organisation in having everything so radiant and beautiful for the entire nine days. Thanks to all who helped in so many ways and to all who attended both from inside and from outside the parish. May Our Lady of Lourdes continue to stay close to us in all our needs and in all our journeys. Our Lady of Lourdes pray for us.

CONFIRMATION

This will be a very special day in our parish last Tueday 36 young adults from 3 of our National Schools, Holy Family N.S., Shrone N.S. and Meentogues N.S. were confirmed by Bishop Ray Browne. We take this opportunity to thank their families, their teachers and the schools involved for the meaningful and dedicated preparation they have put into preparing to receive the Gift of the Holy Spirit.

SYMPATHY: To Jerry & Noreen Murphy, Kilquane and their family on the death of their son Donal Murphy whose funeral took place recentlt to. Richard Long, Rathmore, on the death of his sister . May , Donal and Nora rest in peace and **RATHMORE 9TH ANNUAL ST PATRICK'S** DAY PARADE on Sunday Match 10th 2019at I-30pm.at credit Union Led by this year's Grand Marshall, retired principal of Holy family N S Diarmuid Maccarthy This year's .theme is education: past, present and future. Best overall float

Frank Buckley Mermoral Cup

Best vintage vehicle

Best commercial float Best organisation / group

Best window display Best dressed buggy /pram Best Agricultural Float Best dressed pet

All Floats welcome

Children face painting

Live music by Tri Cheile band before parade at 1pm. Beside community centre & after parade Further information or any groups that want to take part in parade need to entry before 8th Match 2018

with full Details of they group & what they be doing marching playing music etc which WILL he read out by MC at reveing stand

Contact email momahony14@gmail.com 0876676817.no street Traders please NOTES

OIES

you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817. before 6pm Sunday,

SPA NOTES

JUVENILE TRAINING

Our ABCs, U6s and U8s continue to train every Saturday morning, starting at 10am. Registration is ongoing and U6s are free. New members are always welcome.

The U12 and U14 Girls have returned to training indoors on Wednesday evenings at 6pm.

MINOR CO. LEAGUE ROUND 1

Spa 6-14 Skellig/Valentia 3-9

Spa travelled to Valentia on Saturday afternoon and despite the heavy rain and the gale force winds, this turned out to be a very high-scoring game.

Skellig/Valentia played with the wind in the opening half and at half time the sides were level, Spa 4-4 and Skellig/Valentia 3-7. Aided by the breeze for the second half Spa took some great scores and won out by 6-14 to 3-9.

Spa Team: Ollie Cremin, Conor Brosnan (0-1), Michael Kearney, Diarmuid Cahill, Liam Spillane, Thomas Cronin, Alan O'Sullivan (0-1), Calum Neher, Oisín Walsh (1-0), Ryan Kelliher (3-7), Keith Myers, Michael Horgan (1-0), Cian Murphy (1-5). Subs: Sean Hickey, Róirí O'Connor


Jim and Marie Moynihan, Upper Lissivigeen Killarney, who celebrated their 50th Wedding Anniversary on the 17th February. The couple are pictured with their family in the Royal Hotel Saturday night.

GOOD LUCK

Best of luck to Gary Vaughan, Ryan Kelliher, Liam Spillane, Dr Gary Stack and the Sem team and management next Saturday February 23rd in the Corn Ui Mhuiri Munster Final v Pobalscoil Corca Dhuibhne. Throw in at 1.30pm in Fitzgerald Stadium

Good luck also to Dara Moynihan and the Kerry seniors travelling to Tuam this Sunday February 24th to play Galway in Rd4 of the National League.

2019 MEMBERSHIP

Registration is ongoing and all members, Adult and Juvenile, can register online through www. spagaa.com or the Registrars will be at the clubhouse on Thursday nights from 7pm-9pm and on Saturday mornings from 10am-11am. Everyone is advised to register as soon as possible and the deadline is March 31st.

OPERATION TRANSFORMATION WALK

Thursday February 21st will be Week 6 of the Operation Transformation Ireland Lights Up walk at the club. Everyone in the community is invited to come along between 7pm-9pm and walk the 1km looped trail around the club grounds, with refreshments afterwards in the clubhouse.

EAST KERRY SENIOR LEAGUE

Our seniors are due to travel to Kilcummin on Sunday February 24th at 12noon for Round 3 of the East Kerry Senior League.

SCÓR NA NÓG

Hard luck to our Set Dancers who performed brilliantly and were great ambassadors for our club at the All Ireland Scór na nÓg Finals in Castlebar. We are very proud of you all. In fact, none of our Munster competitors received accolades over the weekend. Set Dancers: Erin Holland, Orlaith Spillane, Elena O Donoghue, Aoife O Donoghue, Gary O Sullivan, Diarmuid O Donovan, Darragh Brosnan, Colm O Connor along with coaches Triona Mangan and Mairead Mangan. Thanks also to our Scór Officer Eileen Aherne, Sharon O Connor (Hair) and Kerry Holland (makeup).

SPORTS HALL BOOKINGS & MEETING ROOM HIRE

For bookings and enquiries please contact Eileen (0876577312-after 6pm only) or Ann (0879403508)

SPA GEAR

The Spa Merchandise Shop has a range of adult and juvenile club gear for sale. For enquiries and shop opening times contact Mathilda on 0876487356

LOTTO RESULTS 11/02/2019

Numbers Drawn 12, 18, 23, 24. No winner and €50 Lucky Dips to Marese Kearney, Paudie O'Sullivan Darcy, Phil Ahern and Marian Doolan. Next draw on Monday February 18th in the Killarney Oaks Hotel and Jackpot is €7,200 CLUB CHAMPIONSHIP DRAW

The Club Championship draws took place last week and Spa are in Group 2 of the Kerry Petroleum Intermediate Championship with Laune Rangers, Templenoe and Glenbeigh/ Glencar. Spa and Templenoe will meet in Rd 1 (neutral venue) on March 30th/31st with the home and away games in round 2 and 3 decided by the result of the first round.

CONGRATULATIONS

Well done to Dr Crokes on their win over Mullinalaghta St Columba's last Saturday to set up an All Ireland Final on St Patrick's Day against Corofin.

SPA KILLARNEY HANDBALL CLUB

Spa Killarney Handball Club will hold their first AGM on Monday February 25th at 8pm at the clubhouse and anyone interested in Handball is invited to come along. The Handball Club is open to everyone over 18 living in and around the Killarney area and they meet every Friday night in the Spa Sports Hall between 8pm-10pm. New members always welcome.

If you have any items that you would like included with the weekly notes, please contact Deirdre on 0851216359 before 8pm on Sundays.

BEAUFORT NOTES

RAMBLING HOUSE: Springtime at the Rambling House at Beaufort Community Hall on Saturday night, 23rd February.

Show begins at 8.30pm. All welcome.

FOSSA NOTES ANNIVERSARY BOOK:

Fossa GAA are working on a 50 year anniversary book and are seeking any photos and articles especially from the '70, '80 and '90 that may be of interest. If you have any please let a committee member know. It's like the lotto – "if you're not in you can't win" – "if you don't supply them we can't put it in."

CLUB MEMBERSHIP:

Annual membership is now due and it is critical that all members and players renew their membership.Rates the same as last year. You can pay online. See Clubforce link on https://

COMMUNITY FOCUS

www.facebook.com/fossagaaclub/ Minors:

Our minors played their first game of the year last Saturday and came away with a draw 2-10 1-13 in an entertaining County leauge game Emmett O'Shea with 9 pts Killian Buckley got our goal Eoin Talbot, Harry Buckley with Fossa's other scores.

SENIORS:

Our seniors beat Rathmore last Sunday at home 1-13,0-8 Fintan Coffey with the Fossa goal a good second half saw Fossa come out on top Senior deubts were made by Eoin Talbot and Killian Buckley which was very pleasing to see. **CONGRATULATIONS:**

Congratulations to Paudie Clifford and his UCC teamates in reaching the final of the Sigerson cup also congratulations to Dr. Crokes on reaching the Club Championship final last Satuday.

BEST WISHES:

Best of luck to Emmett O'Shea and Ruairi Doyle who are playing with the Sem this Saturday in the Corn Ui Mhuiri Munster final.

Lotto no's 3,19,21,25 no winner jackpot next week 9,450 tickets

KILCUMMIN COMHALTAS

The Munster finals of Ceol an Geimhridh 2018/2019 took place in Hazelwood College, Dromcollogher, Co. Limerick on Sunday, February 17th 2019. Kilcummin Comhaltas were well represented in all areas and put in some great performances. Judges were impressed with the standards on show and came back with the following results for the Kilcummin branch:

Under 11 girls set who came 2nd.

Michael Healy who came first in the under 11 Reed competition and who also came second in the under 11 wind competition.

Ruth Moynihan who came 2nd in the singing competition.

Under 14's mixed set who came first.

Under 11's mixed set who came second.

Well done to all who participated in what was a great day for the branch and a fantastic, well run event.

A BIG thank you to all our trainers and participants and of course parents who make such an effort to ensure participation and success at these competitions.

THE IRISH PILGRIMAGE TRUST COLLECTION

The Annual Church Gate Collection in aid of The Irish Pilgrimage Trust (registered charity Number 5992) is on 2nd and 3rd March. All funds raised will be used to take young people with a variety of special needs to Lourdes at Easter.

SINGING LESSONS

Singing Lessons with Martina Ryle O'Sullivan continue every Wednesday evening from 6.45-7.45pm. Further information contact Kilcummin Comhaltas 087 1191353.

A DAY OF MINDFUL NOURISHMENT

A day of Mindful Nourishment Course on Saturday 23rd February from 10am until 5pm

COMMUNITY FOCUS



Pictured at a Cards fundraiser for Strictly Come Dancing at the Klub in Kilcummin are Kathrine Breen, Mark Counihan (organiser and dancer), Kathleen O'Shea and Timmy Moriarty.

at the SHEP Office, Park Road. Cost €25. For more information or to book call Deirdre on 087 7728089.

VACANCIES

Vacancies exist on the Kilcummin Rural Development C.E. Scheme for Maintenance of Village/Walks in Kilcummin. These positions are a development opportunity and no experience is necessary. Contact your Local Intreo Office to check your eligibility. Please forward your CV to the Supervisor by post/email; info@ kilcumminparish.com. Contact John 086 1579381.

MARIAN PLAYERS RATHMORE 2019 32ND ANNUAL PANTO RAPUNZEL.

Our Panto Treasurer Eilish Coakley presented

Hugh Ryan, Chairman of Kerry Parents and Friends Association with €23,000 proceeds from this year's Panto. A huge thanks to the audience and everyone involved in any way in the preparation and production of this year's show 'Rapunzel'.

GLENFLESK NOTES GLENFLESK SENIORS(SPONSERED BY O`BRIENS TOPOIL AND THE KERRYWAY)

Our Senior team beat Listry in the 2018 East Kerry league final on a scoreline of 2-17 to 2-12 on Sunday last. The team suffered a blow with the withdrawal of Darragh Roche before kickoff . It was a great team performance on the day but it was particularly pleasing to see our youngsters, lan Roche, Sean Doherty, Alan Murphy and Johnathan Bowler play so well. Our goals came from Johnathan Bowler and Brian O Donoghue.

GLENFLESK MINORS(SPONSERED BY O BRIENS TOPOIL AND THE KERRYWAY)

Our Minor Team suffered an opening round loss to Beaufort in the Co. League. FT Beaufort 1-16 Glenflesk 2-09.

GLENFLESK LOTTO

No winner of the lotto which took place in The Corner House on 11/2/2019. Jackpot €7,200,Numbers were 2, 3, 20, 26

1. Liam Bartlett, Upper Barraduff

2.Liam Bartlett

(sellers prize)

3. Kate & Michael Malone, Knockeenagowen, Barraduff

4. Ann O' Sullivan, Rossa House, Clonkeen

5. Rory O' Sullivan, Ballaugh Cross

The next draw will take place in the Kerryway on 25/2/2019 and the Jackpot is \in 7,400 **RAHEEN N.S.**

Enrolment forms for year 2019/2020 are now available in the school 064 7754447 or on our website www.raheenns.com. Congratulations to Aaron Murphy who had the winning lotto no. 37 on Saturday the 16th of February.

CONTACT: We welcome items of local interest. Please contact PRO Seamus on 087 2298384 or pro.glenflesk.kerry@gaa.ie.

ANNUAL 'KINGDOM COME'RUN PLANNED

The annual Kingdom Come run takes place this year on Sunday 14th April 2019 in Castleisland association with Lee Strand our main sponsors and all our local businesses who sponsored our mile markers. The event has two distances a 10 mile and 5km run. The event is organised by An Riocht AC which attracts participants from all over Kerry, Cork, Limerick, and as far away as Tullamore! A flat and fast 10 mile route was chosen by Riocht club athletes last year, the feedback for the new route was fantastic with many people achieving personal best times.

Our 5km route remains the same as previous years and sees a wide variety of abilities taking part in this event. The 5k run often attracts

"first time" 5k participants who have completed training at the An Riocht track through the popular Couch to 5k programme. The Couch to 5k programme is ongoing at the moment and is on Tuesdays and Thursdays at 7pm. Sessions are approx. 30 minutes and costs €2 per session, people can join in anytime to the programme with families and walkers most welcome. For more information on the Kingdom Come Run please find us on Facebook www. facebook.com/kingdomecomerun or through the race website.

Last year almost 400 runners took part in the annual Kingdom Come Run in Castleisland on Sunday last. There was plenty of local familiar faces present from the surrounding athletic clubs in Kerry, along with a large number of runners from every corner of the Kingdom, County Cork and Limerick. A smile was on the faces of all runners when they were presented with a finisher's medal and souvenir along with hot food and a well-deserved cup of tea. The 10 mile race was won by Tommy O Brien (An Riocht) in time of 57.09 and the first female home in this event was Maria McCarthy (Farranfore Mainevalley AC) in a season best time of 62.51. Sean O Sullivan (An Riocht) won the 5k run in a time of 16.19 with Niamh O Sullivan (An Riocht) winning the female race in a time of 19.08.

KILLARNEY GOLF CLUB - MENS

The Mens' Club Sponsored Fourball Betterball was played on Sunday the 17th on the Killeen course. There were two shotguns starts for this 15 hole competition as the 6th, 7th and 8th holes remain closed, due to the on-going rebuild of the 6th green surrounds. There were extremely high winds and in spite of this the scores were very impressive. Results as follows; 1st Brian Regan & Andy Goulding 36 pts 2nd Derek O'Keeffe & Donal Dennehy 36 pts 3rd Tom Sugrue & Cormac Finn 35 pts 4th Ivan Tangney & James Lynch 35 pts 5th Ted O'Sullivan & Mossy Foley 35 pts

6th Shane Connole & Declan Kelly 34 pts

KILLARNEY GOLF CLUB - LADIES

RESULTS, SUNDAY 17TH FEBRUARY 2019 We had a "Step Aside Scramble" format on Mahony's Point

Ist& BG Amy Arthur (6) Anne Moynihan (6) Ciara O'Mahony (12) 70.6 2nd Susan Tong (13) Liz Kelleher (16 Eileen Devane (26) 72.5 3rd Deirdre Prendergast (5) Eimear O'Donnell (6) Helen Prendergast (25) 73.4 4th Louise Langan (13) Sinead Lynch (19) Julie Leonard (23) 74.5 Congratulations to all the winners! Next week's competition will be held on Killeen

Course and is "Waltz" format and will be Club Sponsored

Spring League teams and draw are available to view on the on the notice board in the ladies locker room. First round to be completed by March 2nd 2019

KILLORGLIN MEMBERS GOLF CLUB

Ladies Results: Lady Captain Kathleen Keating's 12 Hole Valentine Scramble sponsored by Hon. Sec. Eileen Bell:

1. Jennifer Pigott (17) Nancy Powell (38) Kathleen Keating (21) 44.4.

2. Christina O'Sullivan (28) Maire Ni Loinsigh (23) Eleanor McCarthy (20) Maura Kennedy (37) 48.8.

Silver Swans 12 Hole Scramble: 1. Christina O'Sullivan/Agnes O'Connor/Susan Darby 49.9. 2. Maire Ni Loinsigh/Nancy Powell 51.9. 3. Mary Conway/Rita Kelleher 52.9.

FIXTURE: 12 Hole 3 Club Stableford sponsored by Crowley's Shoe Shop takes place Sat 23rd and Sun 24th. Play either day. Arrange own time and partners.

SPRING LEAGUE: Spring League draw posted on Notice Board. First round starts Sat 23rd February.

BEAUFORT GOLF CLUB (GENT'S BRANCH)

16th/17th February - Round 3 Spring League (14 Hole Stableford - yellow tees) - Sponsored by Cahillane Butchers

1stPresident Pat Quill (18)30 pts2ndMike Brosnahan (10)30 pts3rdEdwin Spence (11)29 pts

Fixtures

23rd/24th February - Round 4 - Spring League Sponsored by Cahillane Butchers.

ROSS GC, KILLARNEY

GENTS CLUB

On the weekend of 16th/17th we held a Strokeplay Competition The winners were:-

1..Jonathan Casey (11) 72.

2..Johnny Brosnan (13) 73

Fixtures:

Next weekend Feb 23rd/24th we will hold the first round of the MD O'Shea Spring League with an Open SS competition The timesheet is now available.

Sympathy:- We offer our sincere sympathy to the McSweeney Family of the McSweeney Arms Hotel, a great friend and sponsor of the Ross GC on the recent death of Peggy R.I.P.

KILLORGLIN MEMBERS GC MEN'S SECTION

14 Hole Results for week ending 2 Feb are: 1st Robert Gallagher (14) 32 Pts, 2nd Mike McCarron (14) 30 Pts (CB).

Round Two of Spring League finishes next Sat 23rd Feb. Leaders after the 1st round are team K with 77 Pts, team I with 75 pts, team C with 73.

DEERPARK PITCH & PUTT CLUB NEWS

Sunday Results: (Fourball Betterball) First Nett: Colm O'Dowd & Robbie O'Brien Snr 35, Gross: John McGrath & Robbie O Brien Snr 42 and Second Nett: Colm Dowd and Sean O'Brien 37.5 Reminder: This Sunday's draws are the last 2018 members can play in before they become for 2019 members only afterwards.

Membership: Prices for 2019 remain the same: Single Adult: €135, Family: €240 (Two Adults & Three Children under 18), Juvenile/OAP €80, Associate (for members of other PPUI clubs): €120. Contact Sean on 086 0508686 or Colm on 087 7673742 for more info.

Danielle Looney: Congratulations to our former member and shop assistant who got married to her fiancée Cian last Friday. We wish them many years of happiness together.



Pictured at the Glenagle Hotel for the cheque presentation of €21,702 to South Kerry MS resulting the Old Kenmare Road Walk were Front Row Seated L-R Kay Fleming, John O'Shea, Pat O'Neill, Mary F O'Connor & Les Nolan. Middle Row L-R John Foley, Patrick O'Donoghue, Kathleen O'Shea, Jimmy O'Callaghan, Norrie O'Neill, Kathleen Sheehan & Mary O'Connor. Back Row L-R Donal McCarthy, John Anthony O'Sullivan & Pat Nagle. PICTURE: MARIE CARROLL-O'SULLIVAN

HANDBALL NEWS

DOMINICK WINS AGAIN:

Fresh from picking up two awards at the Kerry Sports Star Awards Kerry's Dominick Lynch has added another All Ireland title to his vast collection. In the 40x20 Irish Nationals Masters A singles he beat Michael Clerkin from Cavan 15-1, 15-2 in the semi-finals and later in the day saw off Mayo's Vinny Moran in the final 15-13, 15-1.

In the Emerald Masters B Singles semi-final Pat Lacey lost out to Martin Ryan from Tipperary 14-21, 14-21. In the Men's C Ballymac's Danny Riordan defeated Galway's Mike Dillon 15-3, 15-3 but went out to Clare's Shane Hayes 9-15, 11-15 in the next round.

This week in the Munster 40x20 Junior B singles final in Cappagh Co Limerick Ballymac's Daire Keane will play Aidan Flaherty from Tipperary

FARRANFORE MAINE VALLEY ATHLETIC CLUB

T&F C'SHIPS

The Irish Life Health National Senior Indoor Track & Field Championships were held in National Indoor Arena, Dublin over the weekend. David Kenny was back in action when competing in the Senior Men 5K Race Walk. David had a great race finishing in 3rd place winning a National Bronze medal. He did so with yet another personal best performance, completing the distance in 20:41.92. The winner was Alex Wright (Leevale AC) finishing in a CBS time of 18:53.87. A great achievement by David.

MUNSTER SCHOOLS XC

Munster Schools Cross Country The Championships were held in WIT, Waterford on Friday 15th Feb. A course known to all cross country runners as an extremely difficult course due to the short sharp incline and long hill climbing. Conall O'Mahony (ISK) was first up competing in the Junior Boys 3,500m 3 lap race. Conall ran well finishing in 19th place overall out of over 70 athletes. Shauna McCarthy competed in the Intermediate Girls 3000m 2 lap race. Shauna had a great start and was part of the top 15 lead group as they headed for the long 400m climb. On the down hill she was in ninght place heading into the second and final lap. Again strong on the uphill she was placed 7th and held onto this position crossing the finish line. No individual medal for Shauna, but she did enough to gualify for the National Schools final to be held in Kildare on March 9th. Well done to all the other Kerry athletes who did very well.

KERRY PRIMARY SCHOOLS CROSS COUNTRY

The Kerry Primary Schools Cross Country was held in Tralee during the week. Jessie Lynch (Lispole) won the 3rd/4th Class Girls 1000m, winning by a good margin. In the 3rd/4th Class Boys both Tairnan Lynch running (Lispole) and Isaac Vickers (Firies) ran away from chasing pack and in an exciting finish Isaac won from Tairnan by mere centimeters. Finally in the 5th/6th



Pupils from Gaelscoil Faithleann Killarney who took part in the Allianz Cumann na mBunscol Cross Country at Caherslee GAA grounds Tralee on Wednesday. PHOTO: JOE HANLEY

Class Girls Mairead Walsh (Farranfore) ran a very measured race settling in 8th and coming home really strongly to win an excellent bronze medal for 3rd place. A great result all round for the kids, and their schools.

The Optimal Fitness 10Mile & 5K was held in Tralee on Sat. 16th Feb. Well done to Julie Deane who completed the 10mile in 78:37, sixth lady finisher.

Munster U/12 to U/19 Indoor Championships, Saturday 23rd & Sunday 24th February. On Line Entry closes on Wednesday 20th Feb. Please contact club secretary before this date if intending to compete.

The County Junior/Novice/Snr. & Master 5K Road Race Championship will be held on Sunday 24th Feb. in Kenmare at 10:30am. If intending to compete please contact club secretary with your individual entry.

COACHING COURSES

See athletic Ireland website for full details 1st, 2nd, 8th and 9th of March- Level 1- Tralee Harriers AC, Tralee.

CLUB TRAINING

Juvenile Indoors on Tuesday in the Sports Hall Farranfore from 6pm to 6:45pm. Open to all registered juveniles aged 8yrs (Born 2011) to 12yrs (Born 2006). \in 2 per session.

Secondary School / Senior training on Thursday's at 6:30pm in GAA grounds Farranfore. This is endurance build training. $\in 2$ club member, $\in 4$ non club member.

Maria's Strength, Endurance & Flexibility Exercise Classes on Tuesday at 7pm in the Sports Hall in Farranfore. €5 per class

We welcome new members to come along to training and try it out. If you are happy you can register after two sessions. See our website for full details.

ATHLETIC'S FIXTURES

Sat/Sun 23rd/24th Feb: Munster U/12 to U/19 Juvenile Indoors, Nenagh Indoor Stadium. Sun 24th Feb: County Junior/Snr./Master Roads 5K, Kenmare, 10:30am Sun 3rd Mar: Munster 4mile Roads, Dundrum Co. Tipperary

Tue 5th Mar: Munster Schools Indoor Games, Nenagh Indoor Stadium

Sat 9th Mar.: National Schools XC, Clongowes Wood College, Co. Kildare

Sun 10th Mar.: National Masters Indoors, AIT Arena

Sat 23rd Mar: SIAB Schools International XC, Dublin

Sun 24th Mar.: County Juvenile 'B' Sports Hall Games, Milltown

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.

KILLARNEY RFC NOTES

Our second split the bucket draw took place last Sunday night at the Shire with this weeks winners as follows: Split the bucket winner: Dominic Dalton winning \in 320, while barman Pat from the Killarney Avenue won a cool \in 72 as promoter. Well done to Dominic and Pat. The draw will take place next weekend at the Killarney Avenue. Get your entries in now, all you need to do is put \in 2 into the envelope at any of the participating venues to be in with a chance od splitting the bucket! Keep an eye on facebook for more!

MINIS BLITZ

tomorrow, Saturday, our minis are due to host our own blitz at Knockreer/the Sem pitches, where we will host players, coaches and parents from Rugbai Chorcha Dhuibhne, Iveragh RFC and Tralee RFC. Best of luck to all taking part. We would ask parents to bring along some goodies or baked goods on the morning if possible and if you can help in any way to let coordinator Liam Murphy know on 087-4145662.

SENIORS FINAL

Best of luck to Captain Peter Kelly and his



OUTLOOK SPORT



Kerry's Dominick Lynch has added another All Ireland title to his vast collection. In the 40x20 Irish Nationals Masters

Seniors who take on Killorglin RFC at Irish Independent Park on Sunday in the final of the Martin O'Sullivan Cup. Kick off is 4pm and we have a bus travelling to Cork for the match. Contact any of the players or committee for details. Best of luck lads!

PETER KELLY WINS MUNSTER RUGBY VOLUNTEER OF THE MONTH

Congrats again to our Club Captain who won the Munster Rugby volunteer of the month award for January. This is a very well deserved award for PEter as he does Trojan work for the club at all ages and is rightly recognised for his work this season to date. Well done again, Peter.

FIRIES COMMUNITY GAMES

INDOOR SOCCER: A big weekend for the U13 Indoor Soccer players last weekend. Well done to the boys (Daithi O'Shea, Luke Henderson, Aaron O'Sullivan, Marcus Clifford, Evan Doona, Kalen Brown, Gerard Long and Gavin O'Sullivan) who came up against some stiff opposition and played very well. A special thanks to David Brown who kindly sponsored the Boys kit. The Girls (Aideen O'Brien, Laura Flynn, Clodagh Moriaty, Emma O'Brien, Katie Doe, Kerri Breen O'Riordan, Aoife O'Sullivan and Sarah Palmer) also played very well and were a credit to all those involved going through unbeaten on the day. They now go through to the Final on 10th March and are hoping to go one better than last year and pick up Gold. We all wish you well. This weekend its the turn of the U10 Boys, so Good Luck to you all, play well and enjoy yourselves.

ART : Congratulations to all the children who entered the competition, the standard was high and the judging very difficult. For the first two in each age group they are going forward to the County Finals in Listowel this weekend Saturday 23rd. The competition starts at 1pm with U8 in the Convent Primary School with the rest in the Convent Secondary School. If you



Pupils from St Olivers Primary School Killarney who took part in the Primary School Allianz Cross Country at Caherslee on Wednesday, Kevin Looney, Rona Fahy, Ronan Saha. Back Abbie Finnan, Liam Hennigan, Patrick O'Brien and Eana Kearney PHOTO: JOE HANLEY



Kieran Sheehan,Dylan Legg,Luke Dillane,Daniel Dineen and Brendan Long Killarney, who ran in the Cumann na mBunscol Cross County at Caherslee on Wednesday. **PHOTO: JOE HANLEY**

require any further information with regards the Finals contact Maura on 0876663702. Best of luck.

ART RESULTS

Boys U8 1st Daniel O'Sullivan 2nd Gavin Sheehan 3rd Ruben O' Leary Griffin 4th Fionn Henderson

Girls U8 1st Alice Gleeson 2nd Aoibhinn Daly 3rd Niamh O' Sullivan 4th Katie McGough

Boys U10 1st Jack Redmond 2nd Peter O' Callaghan,3rd Ryan Hickey, 4th Kevin O' Shea Girls U10 1st Aoife O'Leary 2nd Sofia

Aleksejenko 3rd Aoife Mc Kenna 4th Grace O' Sullivan Boys U12 1st Jim O'Dowd 2nd Michael Allen

3rd Daniel Cronin 4th Junior Balladarus

Girls U12 1st Holly Staunton 2nd Clodagh Shanahan 3rd Sarah Palmer 4th Maebh Ni Laoghaire

Boys U14 1st Lewis Troth 2nd Jack Dicker 3rd

Cillian Cronin 4th Aaron O' Sullivan

Girls U14 1st Caoimhe McEnteggart 2nd Ella Moynihan, 3rd Orlaith Allen 4th Emma O'Brien. **HANDWRITING** Well done to all the children who entered the Handwriting Competition, again the standard was very high and you should all be very proud of your work. For the winners in each age group they are going forward to the County Finals in Listowel this weekend Saturday 23rd. The competition starts at 10.30am in the Convent Secondary School. If you require any further information with regards the Finals contact Maura on 0876663702. Best of luck.

HANDWRITING RESULTS

Boys U10 1st Ryan Vickers 2nd Alan Mrotak 3rd Sean Og O'Leary

Girls U10 1st Abbie Marie Fleming 2nd Sinead Galvin 3rd Abbie Prenderville

Boys U12 1st Bryan O'Leary 2nd Daniel Gleeson

OUTLOOK SPORT

3rd Jonathan Galvin

Girls U12 1st Mairead Walsh 2nd Siun.Horgan 3rd Emily Kenny

Medals will be available in the next couple of weeks.

DRAUGHTS AND CHESS A shout out to all parents and children who may have an interest in DRAUGHTS and CHESS. We are especially interested in parents who may wish to help out or impart a little knowledge through coaching. If this is you please contact Maura on 0876663702 for further information.

Chess Competition is for U13 and U16, Boys, Girls and Mixed with panels of up to 7. Draughts Competition is for U10, U12 and U14, Boys, Girls and Mixed with panels of up to 7. Chess County finals are Sunday 10th March in Glenflesk. Draughts County finals are Sunday 31st March in Listowel. It would be great to even enter a couple of Mixed teams if we can get the players and coaches.

KILLARNEY VALLEY ATHLETIC CLUB

Well done to all KVAC athletes who took part in the Gneeveguilla AC 5K on 9th February in Killarney. It was a family affair for both the O'Learys and the Gammells. Darragh O'Leary was 10th overall and 1st in Jnr category in a time of 17.49 while his dad, John did very well in a time of 19.46 and his brother Sean did a brilliant time of 20.58. Philip Gammell was 34th overall with a time of 20.46 while his daughter Ailbhe came 1st in Jnr category, did very well in a time of 22.36 and her brother Conor also did well in a time of 22.44. Well done also to Catriona Shanahan (23.34) and Leonie Hussey (27.20).

Congratulations to Ciara Kennelly who took bronze with a jump of 1.74 in the National Senior Indoor Championships at the weekend. TRAINING returns on Monday 25th Feb.

Strength & Conditioning continues on Mondays at 7pm in the Sem for all members age 12 upwards. Bring a mat if you have one. Training for age 7-12 years continues on Thursdays at 6pm in the Sem. Please remember to bring $\in 2$ to all sessions.

Please keep an eye on your email and check our facebook page for any updated information.

SPA MUCKROSS COMMUNITY GAMES NOTES

Well done to the Spa/Muckross U13 Indoor Soccer team who won in Duagh on Sunday last. The lads defeated Knocknagoshel and Moyvane in their group and qualified for a playoff with Listowel to see who qualified for the semi-finals. They started well and led 2 nil but then a strong Listowel outfit turned it around to lead 4 goals to 2.



Kerry School Girls competing in the Munster Schools Cross Country C'Ships in Waterford representing Farranfore Maine Valley Athletic Club Marie Courtney, Saoirse Thompkins, Shauna McCarthy, Kerry Eager, Emer O'Sullivan.

Spa/Muckross steadied up and went on to score the next 5 goals and then held out to win 7 goals to 5 in a great contest. The team was Caolan Mitchell, Nathan Cronin, Cian Russell, Cillian Murphy, Luke Doolan, Joey Mccarthy, Fionn Daly and Oran O'Neill . They play the semis on March 10th

A big thank you also to the management team of Adrian Mccarthy and Denis Doolan.

A special thanks to the parents who were out in full force.

We've another busy weekend ahead of us. Best of luck to all of those competing in the the art and handwriting county competition in Listowel and also to our boys competing in the U11 indoor soccer competition.

WORKMEN'S ROWING CLUB NOTES

Training continues as per coaches' schedules. Beginners are always welcome...for juniors it's 10am on Saturday mornings and for adults it's 10am Sunday mornings at Reen Pier, Ross Castle.

Registration & Payment of Membership

Thanks to everyone who registered and paid club and Rowing Ireland membership last Sunday, at our Registration Day.

Anyone not already registered with the club is asked to do so before the end of February please, and also pay yearly membership. If you are representing the club at any upcoming regattas, you will also need to pay Rowing Ireland Registration ; Junior \in 25, Senior \in 55. With the regatta season commencing, only those scullers who have paid this registration can be entered for events.

UPCOMING EVENTS

Cork HOR, The Marina, River Lee. 2/3/2019.

St. Michael's HOR, Limerick City. 16/3/2019. 2019 CALENDAR

Copies of our beautiful club calendar are still available at training sessions for anyone who has not already taken one. We are indebted to our generous sponsors for their continued support, and to Evelyn and Keith Woodard for their production of such a memento of our club this year.

GNEEVEGUILLA ATHLETIC CLUB

Lotto: No winner of our lotto draw dated 15/02/2019, numbers drawn were 3, 10, 16 & 24. Sellers prize winner Tom Joe O' Donoghue, \in 50 Y/T prize winner Riocht Athletic Club, \in 50 to Patsy Breen Leam, \in 40 each to Tadgh & Jane Collins Village, Padraig Moynihan Gneeveguilla & Lea-Jay Guerineau Cools, Headford. Bonus not won numbers drawn were 11, 12, 13 & 16. Next week's jackpot \in 16,800 plus \in 1,000 bonus. Clubs's 5K Runs:

Great reports from our Valentine's 5K run, was enjoyed by everyone. Our next event is the 4K race in Rathmore on March 9th at 11.30, Rathmore.

The route from Rathmore (Hickeys Garage side) to Church side, running along the Bog road, avoiding the busy stree., and joining the main road after the Mill. Finishing near The Bridge Bar, where refreshments will be served and prize giving.

LOTTO: Yearly lotto tickets were due for renewal on January 1st, if you have not renewed please do so immediately. Anyone wishing to join for the first time contact Tom Joe. The jackpot is currently $\in 16,800$, annual fee is $\in 100$.

LISTRY ATHLETICS

Listry GAA would like to congratulate local man, Jim O'Shea representing his club Farranfore-Maine valley traveLled to Nenagh last Sunday for the Munster Masters Indoor Championships. He competed in the 60 meter sprint, the high jump, and the long jump and was successful in all three. In the coming weeks, he will compete in the Irish national championships in Athlone on Match 10th and on March 23rd and 24th will travel to Torun in Poland to take part in the world maters indoor championships. He competes in the over 75 category.

SENIOR FOOTBALL RESULTS

Listry Seniors met Glenflesk in the Senior League Div 1 Final on Sunday 17 February in Listry GAA gounds, Listry 2.12 Glenflesk 2,17 LOTTO

Listry Lotto is now at €11,500, tickets can be purchased from O'Sullivan's Shop, Beaufort Bridge, Faha Community Centre, Faha Bar and Restaurant and local sellers in the community. Tickets are 1 for €2.00 or 3 for €5.00. Yearly membership is also available.

MEMBERSHIP 2019

Listry GAA membership is now due, forms can be downloaded for http://www.listrygaa.ie, rates remanin to same as last year

LOTTO RESULTS:6, 11, 22, 25

€100 - Anthony Sweeney,Lahard

€50 X 2 - Jer Hogan, Listry. Emmett Kennedy, Ballymalis.

€25 X 2 - Helena Dennehy, Mike Doherty Listry. Draw Entrant: Gary Maloney, Lahard

Next Sunday24th February jackpot €11,500

BEAUFORT

LOTTO

Lotto results of Sunday, 17th February for jackpot of \in 7,600.

Numbers drawn: 8,10,16,25. No jackpot winner Consolation Prizes

€80 John Breen, Beaufort Valley

€50 Niamh Murphy, Carnahone, John Foran, Killarney, Darren O'Sullivan, Cullina. Next draw for a jackpot of €7,800 will be in Kate

Kearney's Cottage on Sunday, 3rd March. **FIXTURES**

Beaufort Under 21s will be home to Laune Rangers, Sat, 23rd at 3pm in Mid Kerry Under 21 Championship semi-final. Extra time. Senior men home Laune Rangers, Sun, 24th at 2pm in Mid Kerry Senior League

MINOR LEAGUE DIV 1

Killarney Legion 1-19 Na Gaeil 2-11

Legion minors got their league off to the best possible start against a stubborn Na Gaeil side that pushed them all the way to the final whistle. It took the Legion lads a good ten minutes to get into their stride playing against a stiff wind in damp conditions. Na Gaeil took full advantage of the wind and raced in to an early lead. Legion needed to work hard in defence which was instrumental in them going in at half time with a deficit of only two points. Half-Time Score Killarney Legion 0-10 V Na Gael 1-09.

The second half saw Legion work hard to gradually outscore their opponents. It was obvious that Legion had a lot of work done prior to this game and midway through the half they appeared to have the game under their control.Leading by eight points heading for the final minutes of the game Legion conceded a goal but ran out comfortable winners in the end.

LEGION SPRING PARTY AND AWARDS NIGHT

March 1st at the Killarney Plaza Hotel Tickets €10, Doors open at 8:30pm Senior Player Billy McGuire Senior Player Elizabeth Mohan Junior Player Micheal Devlin Young Player Female Kate NcCarthy Young Player Male Darragh Lyne Special Award Blaithin Stack &Joanne Davies Club Person Denise Fogarty

SYMPATHY

Deepest condolences to the O'Connor Family on the death of their mother Patricia O'Connor of Marion Place, Killarney. RIP. Legion Lotto Results 10, 19, 21, 28 Match 3: Pat Fleming, 21, Arbutus Drive Mark & Hillary Kelliher Lucky Dips: Finbarr Murphy, Mill Road John McCullagh, New Street Stephen Cotter, Park Road Next draw Murphys Bar @9pm, Jackpot €3,900

EAST KERRY

BY MICHAEL O'MAHONY PRO

East kerry senior League Final Div 1.2018 JimFleming Memorial Cup was presented to Glenflesk's Captain James McCarrick after their well deserved win against Listry in Fr. Myles Allman Park, Listry on Sunday 17th February. Final score:Glenflesk 2.17 Listry 2.12

Glenflesk started the game with Listry superbly and it stood to them come full time. Jeff O Donoghue was the 1st man to put a point for play within seconds of the whistle been blown, he had an outstanding match as he registered 10 points through the match in what was a supurb individual display. Listry's Damien Clifford got the 1st score from a free into the 3rd minute of the game, however, the Listry men found it difficult to get possession of the ball as the Glenflesk team hard fought for it, leaving Listry only got one point in the 1st quarter of the match. Listry's Anthony Sweeney had a very impressive game scoring a total 1.07 in the game,

The first goal came from Glenflesk's Brian O Donoghue with assistance from Jonathan Bowler in the 1st quarter of the second half, followed by a second in the 36 minute from Jonathan Bowler. Glenflesk were reduced to 14 men in 36 minute of the second half, however, this didnt weaken Glenflesk strenght and determination. Aaron McCarty in the 28th minute of the 2nd half got a free from 45 sideline kicking into Jimmy O'Leary who punched it into the Glenflesk's net.

In the final minutes, Listry was rewarded a penalty taken by Anthony Sweeney bury it into the back of the net. Listry made many attempts to narrow the gap but Glenflesk proven too strong for them on the day.

Listry scorers: Anthony Sweeney 1.07 Aron McCarthy 0.01 Damien Clifford 0.01 Danny Wrenn 0.01 Kevin Courtney 0.01 Joseph Clifford 0.01 Jommy O Leary 1.0

Glenflesk scores: Jeff O Donoghue 0.10 Sean Doherty 0.02, Ian Roche 0.02, Padraig Healy 0.02 Jonathan Bowler 1.0, Darragh Fleming 0.01 Brian O Donoghue 1.0

Final Score Glenflesk 2.17 Listy 2.12 EAST KERRY SENIOR SUPER LEAGUE DIV 1A

FOSSSA GAA GROUNDS

The first half was a closely fought encounter by both teams who had the blustery conditions to contend with, but it was Fossa who had the edge on Rathmore at halftime Fossa 0-07 to Rathmore 0-06.

Early in the second half Fossa rattled the Rathmore net and the score was now 1-09 to

0-07, both teams gave it their all Rathmore had a few scoring chances in front of goal but unfortunately couldn't convert. Fossa were to see out the game with a few more points on the scoreboard and on the final whistle it was Fossa for the win.

Fossa 1-13 to Rathmore 0-08 full time East Kerry Senior League Div 2 RD 2. Gneeveguilla 3 10

Scartaglen 006

Two early goals from Conlan O Leary and Jack Cremin was the deciding factor in this game, it gave the home team an advantage that they maintained throughout the game leading 2 06 to 0 06 at half time. The second half was very even but another goal from Conlan O Leary sealed victory for Gneeveguilla.

All Ireland senior Club Final Congratations to Dr Crokes on their win over Mullinalaghta st columbi'S of Longford final score -18 to 2-7 and now play Corofin of Galway in crokepark on st patrick Day,

EAST KERRY SUPER LEAGUES 2019

Division 1A

First team named will be at home Round 3 Sunday 24th February at 12 noon Rathmore V Glenflesk Listry V Fossa East Kerry Super leagues 2019 Division 1B First team named will be at home Kilcummin V Spa – Sunday 24th February at 12 noon Currow V Firies – Sunday 24th February at 12

noon

EAST KERRY SUPER LEAGUES 2019 Division 2

First team named will be at home Round 3

Scartaglen V Kenmare – Sunday 24th February at 12 noon. Gneeveguilla V Cordal – Sunday



24th February at 12 noon **MONTHLY MEETING**

Monthly meeting this Tueday Febuary 26th at killarney Heights Hotel at 9pm. All Delegates requested to attend.

EAST KERRY U21 CHAMPIONSHIP 2019 SEMI FINALS

(13/15 a side) First team named will be at home Extra time if necessary East Kerry U21 "A" Championship Cordal/Scartaglen V Gneeveguilla Sunday 24th February at 12 noon Firies V Glenflesk Sunday 24th February at 12 noon East Kerry U21 "B" Championship Rathmore V Currow Sunday 24th February at 12 noon Dr.Crokes V Spa Sunday 24th February at 12 noon

MILLTOWN CASTLEMAINE PROGRESSIVE 31 CARD DRIVE:

Our Progressive 31 Card Drive, in Nagle Rice Hall will commence on this Wednesday February 20th, at 8.30 and will continue every Wednesday. Entry is €8 per person (per night) Teams of 2. Bring your own partner or we will provide one for you.

Lots of prizes to be won each night including overall winner, 2nd and 3rd place as well as top female/ male pair and top mixed pair. There will also be a raffle with great prizes to be won.

This is a lovely opportunity to meet new friends and pass away a dull Spring evening. Complimentary tea and Larkins Brack will be

served at the interval!

MINOR COUNTY LEAGUE Div 3 A: Round 1:

🗠 killarneyoutlook@outlookmags.com 🛛 🖬 killarney outlook 🏾 🎔 @killoutlook

Our minors acquitted themselves very well on Saturday afternoon but were unfortunately defeated by Castleisland Desmonds on a final score line of

Desmonds GAA 2-12: Milltown-Castlemaine: 1-10

Well done to all involved.

U 21'S:

Hard luck also to our U 21's who were defeated by Beaufort on Sunday afternoon in Beaufort in the preliminary round of the Mid Kerry Championship.

DR. CROKES

ALL IRELAND CLUB SEMI FINAL Played in Thurles on Saturday 16th of February

Dr Crokes 0-18 Mullinalaghta 2-7

INDOOR HURLING

We return to St Brendan's College Hall for Indoor Hurling on the following days and times for the various age groups:

U6's: Monday's from 6:00pm - 7:00pm U8's & 10's: Thursday's from 7:00pm - 8:15pm. (All equipment provided)

UNDER 14 TRAINING

Under 14 training is back on Thursday evenings at 6.30pm

SENIOR TEAM - 2nd and 3rd Team Training Senior Team training for 2nd and 3rd teams will be on Friday evenings at 7pm.

PROGRESSIVE 31

Progressive 31 takes place every Wednesday in Crokes Clubhouse. It will start at 8pm. You will need to bring money and a partner €5 per person.

CLUB MEMBERSHIP

Annual membership is now due and it is critical that all members and players pay /renew their

membership before the 31st of March next. A strict "no pay/no play" policy will be enforced after this time.

SCOR

Hard Luck to our Quiz Team and Mentors but the Club are super proud of ye all.

DANCING WITH THE CROKES

Save the Date : March 29th in the INEC #DWTC **DEEPEST SYMPATHIES**

Deepest Sympathies to the McSweeney and Cremin Families on the death of Peg McSweeney nee Burke. RIP

LOTTO

Lotto 9, 11, 15, 24. Jackpot E9300 Winner John Fitzgerald Great Southern Hotel. Next draw on Sunday 24th of February in JC O'Shea. Jackpot €3,000

KILLARNEY CAMOGIE CLUB

A date for the diary. On Sunday the 24th of February of February in the Gleneagle Hotel at 6.30pm, we will have a medal presentation for our successful underage teams of the past 2 years. Those receiving medals on the night will be our Under 12 County Championship winners from 2017 and 2018 as well as our Under 14 team from 2018 who were successful in the Feile Qualifying Tournament as well as the County Championship. All players, parents and grandparents are welcome on the night.

Training for the Under 12 and Under 14 age groups continues this Sunday from 11am to 12.30 at Lissivigeeen.

Well done to our own Kate Lynch on her call up to the Kerry senior team. A fantastic achievement for Kate and her family.





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All Ireland Club Semi Final CROKES BOOK THEIR PLACE IN THE FINAL

Dr Crokes 0-18 Mullinalaghta 2-7



Played in Thurles on Saturday 16th of February, Dr. Crokes have booked their place in the All Ireland Club Final on St. Patrick's Day v reigning champions Corrafin. The teams sized up one another in the first five minutes with Mullinalaghta having the first score of the game in the 2nd minute and we equalising three minutes later. We were rocked in the 6th minute when our opponents found the back of our net. We however sent over 4 points without reply before the end of the first quarter to go 0-6 to 1-1 ahead. Our

Management been happy as we were into the stiff We however double blow chances firstly 1-1 ahead. Our would have at this stage playing breeze. received to our when the Longford boys were awarded a penalty which they clinically converted. As if this was not bad enough an even greater cause for us to worry came a minute later when one of our players was red carded. St Columbas added on a point a few minutes later to go two points ahead as we entered the final five minutes of the first half. In the remaining minutes we upped our game and outscored our opponents five points to one to leave us 0-11 to 2-3 in front at half time

One would normally be happy with a two point interval lead and the wind at our back for the second half. These however were not normal circumstance as we would have to play the second half a man short. In the course of seven minutes we sent over five points in a row to go 0-16 to 2-4 ahead. Our opponents had two points with reply to reduce our lead to four points going into the last quarter. We had





two points to our opponents one in the last 15 minutes to register a five point win.

This game was won by u during two great periods of attacking football. We sent over six points in seven minutes at the end of the first half and five points in the seven minutes after half time. We must not forget our good defensive play in the last quarter, especially that by Gavin White and Fionn Fitzgerald.

Team and Scorers: Shane Murphy, John Payne (Capt), Mike Moloney, David O'Leary, Gavin White, Shane Doolan, Johnny Buckley, Daithi Casey 0-2 (0-1 free), Micheal Burns 0-1, Gavin O'Shea 0-1, Brian Looney 0-1, David Shaw 0-3, Kieran O'Leary 0-4, Tony Brosnan 0-6 (0-2 free) Subs: Michael Potts, Alan O'Sullivan, Colm Cooper, Eoin Brosnan, Jordan Kiely.

Great credit is due also to the mall parish of Mullinalaghta who performed very well in the game and all through last year. The journey might be over for them just now but they could be back again next year.



KERRY GAA SCENE REPORT BY LEONA TWISS, PRO

Next up is Galway

Next Sunday an exciting prospect awaits! Second and third placed teams in the Division 1 table will face each other in Tuam. A difficult challenge lies ahead as Kerry travel to Galway and face a team that ground out a great win in Iniskeen against Monaghan in the last round. Kerry so far have three wins from three and have had the opportunity to give game time to several debutants and seasoned players. Kerry are second on the table behind Mayo on scoring difference and ahead of Galway who are on 4 points. The game on Sunday throws in at 2pm and the referee is Joe McQuillan. The game is live on TG4 and on Radio Kerry. Peter Keane will name his team on Friday at 8pm on the Kerry GAA website. The Kerry GAA Supporters Club are taking a coach to Tuam and the following are the times Farranfore 8am, Tralee 8.30am and Listowel 9am. Remember to buy your tickets early to avail of the €5 discount.

Tickets for Mayo Game

Please note that the above fixtures is an all ticket event. Tickets are on sale now in selected Supervalu and Centra Stores and online at tickets.ie as well as in the Kerry GAA Store, Killarney. Adult €15 and Juvenile €5. There are no tickets available from the county board office. Please purchase your tickets as soon as possible as this is likely to be another sell out game in Austin Stack Park.

Congrats Dr Crokes

Well done to Dr Crokes on winning their semi final last Saturday, a tough ask to beat the fairytale side of Mullinalaghta especially as Dr Crokes played a sizeable portion of the game with 14 men. Following on from their win, The GAA has confirmed the fixture - Sunday March 17, AIB All Ireland Club SFC Final Corofin v Dr Crokes, Croke Park at 3.45pm. We are delighted to have two club titles already in the county and to make it three from three would be the icing on the cake. We wish Dr Crokes every success on St Patrick's Day! Launch of the Credit Union County Leagues The Launch of the Credit Union County Leagues 2019 was held on Monday February 18th at Austin Stack Park before the County Committee Meeting. Kerry GAA is delighted to be in partnership with Chapter 23 of the Credit Union which comprises of Cara, Clanmaurice, Chorca Dhuibhne, Killarney, Listowel & Rathmore, in Kerrry along with Abbeyfeale & Desmond in West Limerick for a 17th year. The County Chairman Tim Murphy thanked Chapter 23 and said that the Credit Union movement is a vibrant community based financial co-operative who supports & serves the financial needs of its members, (many of whom are also GAA members), throughout Kerry & West Limerick. The first round of the Credit Union County League is fixed for Sunday March 10th. On the night of the launch, the 2018 Leagues Winners were presented with cheques



Launching the Credit Union County Leagues 2019 and presenting the sponsorship by Chapter 23 Kerry and West Limerick Credit Unions were (front from left) Maurice Foley Beaufort All Ireland Junior Champions, Dan Moynihan Kilcummin All Ireland Intermediate Champions, Jonathan Conway Austin Stacks, Mary O'Shea Tres., Tim Murphy Chairman Kerry County Board, John Long Chairman Chapter 23, Fergus Moroney Dr Crokes, Tom Keane Tres Kerry County Board, Christy Killeen Kerry County Board officer and Secretary Chapter 23 CU (back from left) John Joe Carroll Kerry County Board, Bill Riordan Gneeveguilla, Fionn Fitzgerald Kerry County Bioard, Pat Barry Gneeveguilla, Jack Harring ton Ballyduff, at the presentation of sponsorship and launch of the Credit Union County League 2019 at Austin Stack Park, Tralee by Chapter 23 Credit Union on Monday.

- Division 1 Dr. Crokes, Division 2 Austin Stacks, Division 3 Brosna, Division 4 Gneeveguilla, Division 5 Churchill and Division 1 Hurling Ballyduff. Presentations were also made to the following -Beaufort (All Ireland Club Junior Football Champions) and Kilcummin (All Ireland Intermediate Club Football Champions).

SCOR NA NOG

The All Ireland Scor Na nOg Finals took place in the Travellers Friend Theatre, Castlebar last Saturday last where a sold out venue saw Ulster Clubs dominate the event with five wins out of the eight disciplines. Kerry failed to get in the winners enclosure this year but all participants represented their families, Clubs and County with great pride and dignity and were indeed worthy ambassadors to carry the County colours on the day. Well done to the Dr Crokes Quiz team, the Léiriú from Na Gaeil, the Spa Killarney Set Dancers and Solo Singer Martin Larkin from Sneem.

Annual Congress

A total of 40 motions will be debated and voted on at the GAA's Annual Congress in Wexford this weekend. One motion is to determine whether Central Council will be sanctioned to allow other sports be played at inter-county venues. Presently Central Council has the authority to accommodate fixtures at Croke Park. Motions 1-17 have been submitted by Ard Chomhairle following a report of the Rules Advisory Committee. Motion 14 deals with the issue of inter-county training camps with written permission to be granted by the Central Competitions Control Committee. The new rule focuses on a training trip involving an overnight stay and counties will need to receive permission from the CCCC. Motion 18 seeks recognition for the Camogie and Ladies Football Associations to be represented on the GAA's Management Committee and Central Council. Other motions to be discussed will be allowing for Central Council to introduce 'Winner on the day' format in the Joe McDonagh Cup and All Ireland Preliminary Quarter-Finals. Ultimately, this means that penalty shootouts may be used to decide who advances to the next stage of certain competitions. There will be some interest attached to Motions 25-28 which have been submitted by Ard Chomhairle upon a report of the Talent Academy and Player Development Review Committee. The Games Development Committee is proposing mandatory age grades to be amended in the Official Guide. It is proposed to streamline the age groups at Under 13, 15, 17, 19 with optional grades for counties with sufficient playing numbers to run further competitions at Under 14, 16, and 21 level based on applications to Central Council. Also motion 22 deals with allowing players eligible for Under 20, who play Senior inter-county Championship being allowed to return to play at the underage level once the County Senior team has been eliminated from the Championship. The units of the Association have submitted motions 29-40 including one from Donegal stating that counties shall not be permitted to nominate Croke Park as a home venue. Valentia, Kerry has submitted the motion that Rule 6.17 - Age Grades - Official Guide Part 1 (page 87) be amended by the addition of the following paragraph to "Adult Age" qualification sentence: "A County may have a Bye Law whereby a player who shall have celebrated his 16th birthday prior to January 1st of the championship year may play non-champi-





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VALENTINES WEEKEND 2019

SKECHERS SFAI CUP LAST 16

15's Galbally United 5-1 Killarney Celtic

Dingle Bay Rovers 2-4 Inter Kenmare

Killarney Athletic B 7-0 Camp Juniors

John Murphy 12's Cup Prelim Round

Iveragh United 7–0 Listowel Celtic B

Quills Woollen Mills 14 Premier

Mastergeeha 2-1 Listowel Celtic

Dingle Bay Rovers 3–1 LB Rovers

Tralee Trophy World 16 Division 1

Mastergeeha 4-2 Iveragh United

Park 15's amongst the top 8 in the country

St Brendan's Park will once again be

mixing it with the elite in the National Cup

as their 15's team have reached the Last 8

The win in the Last 16 came after a titanic

Inter Kenmare 4–0 Killorglin

Fenit 7–3 Killarney Celtic B

Park 3-0 Killarney Athletic

Listowel Celtic 7–0 Fenit

Listowel Celtic 0-2 Killarney Celtic

Killarney Celtic B 3-0 Ballyhar

Fenit 1-2 Tralee Dynamos B

Inter Kenmare B 0–2 Park B

RESULTS AND REPORTS

13's Southend United 3–2 Park

15's Park 2-1 Naas United AET

SFAI Regional semi-final

JK Sports 12's Premier

12's Division 1

14's Division 1

14's Division 2

REPORTS:

Killorglin 3-0 MEK

battle with Naas United at Christy Leahy Park going through 2-1 after extra time. It was game that came with a little poignancy for the Park as 8 of the squad were playing their last game at this age having signed for the Kerry League of Ireland 15's. The visitors were tough to break down early on and it took a moment of class from Cianan Cooney to break the deadlock. His quick turn and low shot past the Naas keeper on the 26th minute put the Park 1-0 to the delight of the home crowd. The Park had chances to extend their lead but didn't do so and were made pay when they failed to clear a ball and the game was tied at 1-1.

There was no further score and with the game into the second period of extra time the dreaded penalty shoot-out looked on the cards. But Cooney had other ideas and another cool finish from close range won the game for the Park.

This was a great team effort with Cooney, Kieran O'Connor and Samuel Aladesanusi probably the stand-out players who along with their management deserve great credit for reaching the Last 8 of a National competition.

The Park now await the quarter final draw and are hoping for a home draw and will fancy their chances against any side especially at Christy Leahy Park.

Tough defeat for Park in 13's SFAI Cup

The Park's great run to the Last 16 of the Skechers SFAI National Cup ended with a 3-2 defeat away to Southend United of Waterford. The home side played against the wind in the first half but two attacks saw them score twice. Credit to the Park they hit back when James Fisher headed in a Jack Slattery cross. It got better for the Tralee side in the second half when JJ Olitijan levelled matters. Sadly it was the home side the hit the winner late on to break the Park's heart after a great run in this competition.

Regional semi-final defeat for Celtic:

Killarney Celtic's run in the 15's Regional competition came to an end with a 5-1 away defeat at Galbally United. Dara O'Connor got the Celtic goal.

TOP TWO WIN IN 12 PREMIER

The two leaders in the JK Sports 12 Premier won on the road. Inter Kenmare went 1-0 down away to Dingle Bay Rovers thanks to a Padraig Manning goal in the first half. Inter were the better side early in the second half and two goals from Micheal Tangney put them ahead and then the extended the lead to two goals thanks to a Ronan McCarthy tap in after a shot was parried by the Dingle keeper.

The home side then pulled one back thanks to a Joe Linnane goal but the visitors took the points when Neal O'Shea finished off after good work by Darragh Murphy. This moves Inter onto 19 points from 8 games.

Killarney Celtic remains just a point behind from their 8 games after a 2-0 away win at Listowel Celtic. Joey McCarthy scored in the first half and JJ Donoghue in the second. But Killarney Celtic needed keeper Pearse Moynihan to save a penalty to keep the gap between the sides.

Leaders beaten as Athletic close gap in 12's Division 1

Joe Quilter put the JK Sports 12 Division 1 leaders Fenit 1-0 up at home to Tralee Dynamos. However from there it was the visitors that took over and goals from Toby and Christy Boy Burke gave Dynamos B all three points. The win moves Dynamos into 3rd place on their own 3 points off top spot.

Killarney Athletic B took full advantage of Fenit's loss to close the gap at the top to 1 point as they are now on 24 and Fenit on 25. A thletic had three players hitting two goals – Ben Kimfuta, Ronan Saha and Daire Kingston with Oran Daly getting the other goal in their home win over Camp Juniors.

Killarney Celtic B were 3-0 winners at home to Ballyhar thanks to goals from Leon Bowler, Sean O'Mahony and Finian Blackwell while the Park B won 2-0 away at Inter Kenmare B with goals from Will Leahy and Oliver Lata.

John Murphy 12's Cup

The first game in this year KSBGL Cups was the John Murphy 12's Cup Preliminary game with Iveragh United defeating Listowel Celtic 7-0. Celtic will now go into Round 1 of the 12's Shield.

For Iveragh United Daithi Sugrue, Ronan Murphy, Cillian O'Sullivan, Marc O'Connor, Cathal Walsh and David Kennedy got the goals.

Mastergeeha into 2nd in 14 Premier

A 2-1 home win with both goals coming from Jack Fogarty sees Mastergeeha move into second place in the Quills Woollen Mills 14 Premier. They are 4 points behind leader Iveragh United.

Inter Kenmare are in 5th after their 4-0 win at home to Killorglin. Their goals came from Yago Cornide 2 one of which was an overhead kick from a Zack O'Shea cross, Darragh O'Connor and Darragh Casey

3rd and 4th take the points in 14's Division 1:

The race for third place in the Quills 14's Division 1 continues to be tight with Fenit and The Park picking up three points today. Fenit had goals from Billy Doyle, Donagh Murphy, Tiernan O'Sullivan, Alex McGrath, Ronan O'Shea, Oisin McGibney and player of the match David Chute in their win over Killarney Celtic B. Josh Bowler, Adam Doherty and Brian O'Connor got the Celtic B goals.

The Park got the points on a 3-0 score line over Killarney Athletic B.

Dingle Bay Rovers wrap up 14's Division 2 with games to spare:

Dingle Bay Rovers knew a win over LB Rovers, their nearest challengers, would see them wrap up the 14's Division 2 title with two games to play. The West Kerry side got the three points they needed thanks to 2 goals from James Hoare and one from Diarmuid O'Seadgha. Mikey Dunworth got the goal for LB Rover. Killorglin are up to third following a 3-0 game over MEK.

LISTOWEL CELTIC UP TO THIRD IN 16 DIVISION 1

Listowel Celtic were big winners at home to Fenit and the win sees them move up to third place. Dylan Quinn, Chris McQuaid, Oisin Moloney, Adam Segal, Sean Stack and man of the match Dylan Breen got the Listowel Celtic goals.

A Kevin Bowler hat trick and a goal from Brendan O'Leary saw Mastergeeha defeat Iveragh United 4-2. Andrew Walsh got both for the South Kerry side.

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of the Skechers SFAI National Cup.

KILLARNEY CELTIC NOTES U15 REGIONAL CUP SEMI FINAL

Galbally Utd 5, Killarney Celtic 1

A strong Galbally side ended our interest in the U15 regional cup in Limerick last saturday. Dara O'Connor got the Celtic goal.

U14 Div 1, Fenit 7, Killarney Celtic 3

Josh Bowler, Adam Doherty, Brian O'Connor got the goals for the B team.

U12 Premier Listowel Celtic 0,Killarney Celtic 2.

Celtic grabbed a very important win away to Listowel to stay in the hunt for league honours. Listowel startered brightly but the Killarney defence held firm before Joey McCarthy struck to give us the lead. Listowel came back immediately and won a penalty which was brilliantly saved by Pearse Moynihan. Listowel continued to press but we struck again in the 2nd half when JJ O'Donoghue combined with Joey McCarthy before JJ slotted home. Our boys continued to defend very well against Listowel pressure and held their lead to the final whistle. The team lie 2nd in the table just 1 point behind leaders Kenmare.

U12 Div 1, Killarney Celtic 3, Ballyhar 0

Leon Bowler, Sean O'Mahoney, Finan Blackwell got the goals in a fine display from the B team.

Congrats to Pearse Moynihan 12a and JJ O'Donoghue 12a who both made the Team of the Week.

Killarney Celtic offers sincere condolences to the extended O'Connor family following the recent passing of Patricia, Honorary Vice President of the club.

CELTIC LOTTO

Numbers drawn,3,11,16,23. No jackpot winner. Match 3 receive €75. Next jackpot €4,200.

KILLARNEY ATHLETIC AFC

The 300 Club Draw for January & February will take place on Saturday 23rd February. Please return completed 300 Forms ASAP. All support is greatly appreciated. Please contact Mike O'Shea on 087-2226185 or any committee member for forms.

UNDER 14 B

Killarney Athletic 7 Mastergeeha 0 Goal scorers Captain Ben Kimfuta 2, Rohan Saha 2, Daire Kingston 2 and Oran Daly 1. Fixtures

Saturday 23rd February 2019

Denny Under 17 League

Killarney Athletic v Mastergeeha FC 2.00pm Senior Fixtures

Sunday 24th February 2019

Dominos Pizza Reserve Cup 1st Round

Lenamore Rovers v Killarney Athletic B 2.00pm

Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com. Please check the website on www.killarneyathletic.com or Facebook for match reports, club information and contact details.

MASTERGEEHA FC

U14 Premier Mastergeeha 2 Listowel 1 In this close game the boys went a goal down early on but battle back to take all three points. Jack Fogarty got the goals in a game that all played well. U14 Div 2

Killarney Athletic 5 Mastergeeha 0

The stronger home side took all three points in this game played in Woodlawn. Mastergeeha created some chances with Euan Evans, Connie Counihan and David O Riordan all going close.

U16

Mastergeeha 4 Iveragh 2

In this game the boys started the better and lead 2-0 at the break thanks to goals from Brendan O Leary and Kevin Bowler. Mastergeeha continued to create chances with Kevin Bowler getting two more to complete his hat trick. All played well. Div 2 A

Seniors Ballymac Celtic 2 Mastergeeha 3

In this game Mastergeeha took the lead when Colm Lenihan headed to the net following a cross from Jer Sheehan. However early in the second half the home side got two goals to lead. After this Mastergeeha pushed forward with James Nagle getting the equaliser with 20 minutes remaining. Shorthy after Mastergeeha took the lead when Barry O Leary good shot was only parried and Dan Moynihan scored. In the closing stages Mastergeeha defended well and got the deserved three points.



Firies Girls U13 Community Games Soccer Indoor team.



Firies U13 Boys Community Games Indoor Soccer Team proudly wearing their new jerseys sponsered by David Brown.

BASKETBALL

Lakers overpowered by the Lions

Eamonn Keogh

Scotts Lakers 73 Dublin Lions 96

Despite enjoying a 10 point advantage early in the second half, Scotts Lakers were completely overpowered by a superior Dublin Lions side in Killarney Sports Centre last Saturday night. This was the Lakers heaviest defeat of the season and a second half collapse contributed largely to their downfall. The Dublin side's greater strength in depth, shooting power and more aggressive approach gradually helped them gain the upperhand in a dominant second half where they added 60 points on the scoreboard.

Scotts Lakers started well leading 10-4 at an early stage increasing that to 17-6 midway through the first quarter. Andrew Fitzgerald, Papito Hersisia, Seán O'Brien and Mark Greene were all prominent as the home side enjoyed a 23-15 lead at the end of the first quarter.

Sean O'Brien continued to impress while team captain Mark Greene sank a hat-trick of threepointers in quick succession to push Scotts Lakers into a commanding 35- 22 lead with 6.30 left in the first half. However Lions responded well with Igor Markiewicz, Muhammad Sabic and Conroy Baltimore leading the way as they scored 12 points without reply to narrow the gap to 35-34. Lakers maintained a narrow advantage with the outstanding Mark Greene beating the buzzer to help the home side to a 40-36 interval advantage.

Scotts Lakers started the second half with three unanswered baskets, two from Andrew Fitzgerald and one from Dailian Mason to lead 46-36 and appeared to be well in control again. However in the remaining eight minutes and 48 seconds of quarter three, Scotts Lakers scored only nine points, all from the free-throw line. This drastic scoring famine was the undoing of Lakers, as Lions really stepped it up scoring prolifically and with ease with eight baskets inside and six big three-pointers from outside. It was a tied ball game at 48 points each with six minutes left in the third guarter. A three-pointer from Markiewicz gave them a 51-48 lead with 5.35 on the clock they never looked back after this enjoying a commanding 70-55 advantage at the end of the third quarter.

Scotts Lakers never really recovered after this and trailed 82-61 midway through the final quarter. Despite the best efforts of Sean O'Brien, who was double teamed and subjected to some rather aggressive defence, Lakers were eventually overpowered by 23 points in the end. At times it was a rather bruising encounter with referees Eddie Cooke and Emer O'Neill leaving a lot of questionable calls go and letting the game flow on both sides of the court. This suited the Lions more with the home side struggling to make any impact under the boards in that crucial third quarter when a greater physical presence was required.

Scotts Lakers remain in second place in the southern conference and face another task this weekend with an away trip to the unbeaten DBS Eanna in Dublin.



Sean O'Brien, Scotts Lakers St. Paul's, breaks away from Garrett Collins, Dublin Lions, in the national league division one match in Killarney Sports Centre on Saturday night. PICTURE: EAMONN KEOGH

Scotts Lakers: Sean O'Brien 19, Mark Greene 19, Papito Hersisia 18, Andrew Fitzgerald 9, Dailian Mason 7, Seamus Brosnan 1, Marko Bencic. Dublin Lions: Igor Markiewicz. 23, Muhammad Sabic 23, Garrett Collins 18, Conroy Baltimore 12.



Papito Hersisia, Scotts Lakers St. Paul's, under pressure from Garrett Collins and Muhammad Sabic, Dublin Lions, in the national league division one match in Killarney Sports Centre on Saturday night. **PICTURE: EAMONN KEOGH**



The Gneeveguilla U-11 team that played a half-time exhibition match at the Scotts Lakers St. Paul's versus Dublin Lions national league division one match in Killarney Sports Centre on Saturday night. **PICTURE: EAMONN KEOGH**



OUTLOOK RUGBY

Tralee v Killarney U14

TRALEE CLAIM VICTORY IN GREAT GAME Tralee 30 - Killarney 22 By Ian Harrington

Vith their recent win over Tralee in Barraduff, Killarney U14s were very mindful that nothing short of their best performance once again would suffice if they were to be afforded another victory against the same opposition – this time on their away leg of the tie in the West Munster League. However, even with some outstanding rugby, Killarney could not match the control of Tralee last Saturday. It was Killarney who scored first with a try from their centre Pierce Slattery which was converted by Finn Kennelly. Tralee's No 8 and Fly Half then turned on the power leaving Killarney under no illusions as to the task at hand. Regardless of some staunch tackling from Stephen Walsh, Cathan Harrington, Stephen Walsh and Darragh McCormack ; every time Tralee got into the Killarney 22 their sheer momentum proved unstoppable. The windy conditions favoured Tralee in this half and Killarney's less than perfect passing play was exploited by the Tralee scrum, giving them the necessary ground to attack using their fast players. Tralee racked up 3 unanswered tries before the half time whistle leaving Killarney with a real hill to climb in the second half.

Killarney could have dropped their heads at what now appeared to be a fait accompli but what followed was a pulsating half of wonderful rugby between two worthy front-runners. Killarney - having recognised their firsthalf mistakes - commenced the second half with a renewed vigour reminiscent of their home game. After many phases where Killarney's rucking (powered by Chris Doody, Captain Alex O'Leary, Scott Carlton and Ben Gaughran)



proved pivotal, Josh Coffey got over for the first try of the half. Tralee, however, were not finished and their No 8 - following a long Tralee kick - powered over the line to make Killarney's task even more challenging. With an impressive Killarney tackle count aided by Gearóid Sugrue, Daire O'Brien, Stephen Dalton and Vincent Wagenaar, Tralee were prevented from running away with the match.

Killarney's scrumhalf Darragh Stack was most impressive and with fast ball, he allowed the momentum for another Killarney try by wingerShane O'Sullivan. With all to play for, Killarney brought on a number of subs including Thomas Swords, Jed Dando and Fionn O'Reilly and another try resulted with Pierce Slattery scoring under the posts. Mindful of the clock, Finn Kennelly slotted over the conversion quickly but time was not going to afford Killarney a last play to catch Tralee. The final score justly reflected the efforts of both teams and Tralee gave Killarney the appropriate respect for a team that never gave up throughout the match. Full credit to Tralee who learned from their experience in Barraduff and who were gracious hosts both on and off the pitch in their post-match hospitality. In addition praise most go to ref Donnagh O'Mahony for his stewardship of the match.

Captain Fantastic Peter wins Volunteer of the Month

Killarney Rugby Club Captain, Peter Kelly has been awarded the Ballyseedy Home & Garden Volunteer of the Month for January.

Peter won the award for his efforts towards developing the club's playing squad and culture.

Having been elected as Club Captain last June, Peter set his sights on growing his squad of 20-30 players to over 40 members and succeeded with a mix of youth and senior players now currently involved.

"Killarney RFC struggled last season. There was no coaching team and, as the losses stacked up, the playing squad shrank. By season-end the match-day bench sometimes consisted of a solitary player", Tom O'Leary Vice Chairman of the club told the Killarney Outlook.

In June, Peter was elected Club Captain and immediately set about rebuilding the culture. First and foremost was the playing squad. A list was put together of all past youth and senior players and Peter started making the calls. As the summer progressed, he slowly built his squad from 20 to 30 and finally the mid-40s. He also put together a fantastic pre-season programme with the support of an experienced coach and arranged pre-season friendlies. At the same time, he steadily built up the backroom team, culminating in the appointment of a head coach. Diarmuid O'Malley.

"Peter's dedication to the club and to rugby are epitomised by the fact



that he is still playing at 49. Even beyond this, he postponed his honeymoon following his recent wedding until the season is over. For the first time ever, we have started bridging the gap between the youth and senior set-ups with senior players helping out as required, all spear-headed by Peter", Tom added.

"It is a fantastic richly deserved award for our stalwart Peter Kelly, who epitomizes what KRFC is all about. Peter's focus and drive is evident right across the club and he can be called on to help out at any time and is 100% selfless in giving his time. Thanks to Munster rugby for acknowledging the hard work done by Peter and the club as we grow towards the future", PRO for the club Liam Murphy said.

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COTTER ORTHODONTICS SHORTLISTED FOR IRISH DENTISTRY AWARDS



From left to right: Elaine Murphy, Michelle Gleeson, Dr. Stephen Cotter, Helena Dennehy and Brid Kennedy

otter Orthodontics have been shortlisted for not just one but FIVE categories including Practice of the Year at the Irish Dentistry Awards which will be held at the Mansion House Dublin on Friday next, March 1st. The Irish Dentistry Awards is Ireland's most prestigious dental awards ceremony. Cotter

Orthodonticsstrive every day to provide the very best in patient care and it's a real boost for their team to have their hard work acknowledged. Dr. Cotter and the team would like to take the opportunity to thank their patients for their support & custom over the years. "Without you we would not be able to do what we do!"



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MCSALL





EMPLOYMENT & NOTICES

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1 in 83 Irish people at risk of developing Haemochromatosis





Paudie & Martina Feman (Outpatients Administration)



the left: Dr. Em man Mohamed, Trish King (staff nurse). Paudie & Linda Hussey (staff nurs

is a retired secondary school teacher. In 2004, Paudie was suffering from severe low back pain and was feeling extremely tired.

Paudie's GP referred him to the Bon Secours Hospital Tralee where he was diagnosed with Haemochromatosis,

I had never heard of this and was stunned to hear that unless treated immediately, it could lead to serious liver damage"

Haemochromatosis, also known as iron overload, is an inherited condition which results in the body absorbing too much iron from food and storing this iron in organs, which can result in organ damage or failure.

There's currently no cure for Haemochromatosis, but a highly effective treatment for genetic Haemochromatosis consists of regular removal of blood known as venesection therapy. This can help relieve some of the symptoms and reduce the risk of damage to organs such as the heart, liver and pancreas.

Mr Paudie Herlihy is a native of Castleisland and Since his diagnosis, Paudie has been attending the hospital every month for venesections.

> I am not exaggerating when I say that I was very anxious in the beginning but I now treat my visits as a social outing. From the moment I walk through the door of the Bon Secours and meet the staff at Reception, Admissions, the Day Ward and the Laboratory, I am instantly made to feel at ease".

People often feel under pressure when they enter a hospital but Paudie has always felt a sense of welcome.

66 The way the staff are so friendly and people focused is a credit to the Hospital. I couldn't say enough about them" says Paudie.

Paudie has a fantastic outlook on life, he is feeling great and enjoys a swim most mornings. If you are worried, a simple blood test taken when you are fasting, is the best way to confirm if you have too much iron in your blood.

Dr Helena Moore, Clinical Director at the Bon Secours Hospital Tralee

"1 in 83 Irish people are at risk of developing Haemochromatosis. It is vital for people to be aware of the symptoms and, if diagnosed, to begin treatment as soon as possible. Early detection prevents complications and a positive prognosis is very probable".

Bon Secours Hospital, Strand Street, Tralee, Co Kerry

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EMPLOYMENT & NOTICES

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TAX STATEMENTS REPLACING P45S AND P60S

Since 1 January 2019, P45s and P60s have been abolished and replaced with an online system as part of PAYE modernisation. You will no longer get a P45 if you leave your job. Instead, your employer must now send this information electronically to Revenue. The P60 certificate will be replaced by an end of year statement.

Your 2018 P60 is the last P60 that you will get from your employer. Your end of year statement for 2019 will be available after 31 December 2019 through Revenue's myAccount service. An end of year statement includes details of all your pay and the income tax, USC and PRSI deducted by your employer during the year. It also records your Local Property Tax (LPT) deductions (if you choose to have the LPT deducted from your pay).



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Rainie discovers a secret about Stuart. Elsewhere, Ruby receives some news about her case.

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WOMEN TARGETED IN ROMANCE SCAM LOSE £105K

A senior PSNI officer has warned people looking for love online to be on the alert for fraudsters, after two women from Northern Ireland were scammed out of a total of £105,000 in a romance ploy ahead of St. Valentine's Day.

The two cases in counties Antrim and Down that were reported to police saw women tricked by scammers who befriended and duped them into sending substantial sums of money.

The first report was made on Monday February 4th, after a man claiming to be in the US army had made contact with a woman from Northern Ireland. The pair had been in touch for around a month before things became romantic, and the man told a number of stories, including that he was being detained by authorities in Africa in a bid to get her to give him money. The victim believed the fraudster and was conned into sending him £65,000.

Chief Superintendent Simon Walls said: "She truly believed this man was genuine as she had found a profile online that matched his details."

The second report, involving a woman in North Down, was reported on Sunday February 10th. A woman had entered into an online relationship with a man claiming to live in the USA where he worked as an engineer. They had been in touch since November and the man eventually asked her for money for projects. She trusted the man and believed his story, and sent him payments totalling £40,000.

CS Walls continued: "Sadly, for these two women they will not get their money back as they gave it to the fraudsters voluntarily. These reports illustrate how scammers don't care about their victims; that they're happy to take advantage of people's vulnerability and good faith. Unfortunately, there is no end to the methods fraudsters will use to dupe people into giving them money. Romance scammers don't prey on a specific gender, sexuality, race or age. They target everyone, just don't let it be you. Don't let yourself become a statistic. Protect yourself if you want to use the internet in search of love or companionship.

Start off with a reputable website. Look out for someone asking lots of questions, but not giving any detail about themselves. Don't ever hand over any money or send goods such as iPhones or iPads. Never let anyone you don't know or trust transfer money into your bank account.

If you want to buy that something special for someone, make sure you shop from reputable websites and that you keep your details safe. There will be lots of enticing offers so think smart and stay scam wise."

DO YOU KNOW THE REAL ORIGIN OF THE WORD 'QUIZ'?

According to a legend, it all started when a theatre-owner in Dublin made a bet.

He claimed that he could introduce a new word into language within just a day. He also said that the people of Dublin themselves would determine the meaning of that word.

To literally spread the word around, he wrote a nonsense word, "quiz" on a lot of small pieces of paper and asked a gang of street children to write that word on walls across the city. A day later, everyone started talking about the word "quiz". Very soon, everyone started using it as another word for "test" because this is what everyone believed the puzzling word was.

ONE OF THE EFFECTS OF CLIMATE CHANGE

The small town of Belushya Guba, in northern Russia, is in a state of emergency, with locals afraid to leave their houses because of dozens of polar bears roaming the streets in search of food.

Contact: Margaret 086 164 8542 or Email: islagrantfan@gmail.com

Located on one of the two islands that make up the Novaya Zemlya archipelago in the Arctic Ocean, Belushya Guba is home to roughly 3,000 people, many of whom are terrified to leave their homes and send their children to school, because of the dozens of bears roaming around in the streets and even entering buildings in search of food. While polar bear sighting aren't exactly uncommon in the remote town, the scale of this invasion is reportedly unprecedented. Over 52 sightings were reported in only three days, with up to 10 bears seen in the settlement at any given time. With ice floes melting starving polar bears unable to catch their natural diet of fish are forced to turn inland instead of the sea to try and survive

ON THIS DATE -FEBRUARY 22ND

1879 - Frank Winfield Woolworth's 'nothing over five cents' shop opened in Utica, New York. It was the first chain store.

1892 - "Lady Windermere's Fan", by Oscar Wilde, was first performed.

1911 - The Canadian Parliament voted to preserve the union with the British Empire.

1922 - Joe Carr, one of Ireland's finest golfers and probably greatest ever amateur player was born in Dublin.

1926 - Pope Pius XI rejected Mussolini's offer of aid to the Vatican.

1932 - Birth of Edward Kennedy, Ted Kennedy was the last surviving son of Rose Fitzgerald Kennedy and Joseph P. Kennedy, Sr. and the youngest brother of President John F. Kennedy and Senator Robert F. Kennedy; he was the fourth-longest-serving senator in U.S. history serving as United States Senator for Massachusetts from 1962 to 2009 for the Democratic Party. Known for his oratorical skills, he was also somewhat of a maverick supporting bills by both Democrats and Republicans when he believed they were the right thing to do.

1935 - All plane flights over the White House were banned because they were disturbing President Roosevelt's sleep.

1966 - The U.S. government was awarded custody of Lee Harvey Oswald's weapons. He was convicted as of being the assassin of President John F. Kennedy. The weapons in question were a 6.5mm foreign rifle and a pistol. The government wanted to place the weapons reported to have been used by Oswald in the National Archives in Washington. 1974 - The ransom demanded by the kidnappers (Symbionese Liberation Army) of newspaper heiress, Patty Hearst of \$2 million in food handout to the hungry in slum areas throughout Los Angeles and San Francisco began but many of the homeless refused the handouts.

1984 - The U.S. Census Bureau statistics showed that the state of Alaska was the fastest growing state of the decade with an increase in population of 19.2%.

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Know Your Rights:

QUESTION

What are my consumer rights when I buy something in the sales? Can I return sales items?

ANSWER

Your consumer rights during a sale are exactly the same as at any other time of the year. Your rights do not change just because you bought the item in a sale. Goods should be of merchantable quality, fit for their intended purpose and as described. If they are not, you are entitled to a repair, replacement or refund.

If you are entitled to a refund because there is a fault with goods that you bought at full price, you should be refunded the amount you paid even if they are now on sale at a reduced price.

Shop notices such as "No Refunds" or "No Exchanges" do not limit your rights, if you have a complaint about faulty items. Some shops display these notices, particularly during the sales, but this does not take away your rights under consumer protection law if the goods are faulty.

However, you are not entitled to a refund because you change your mind about something you have bought in a shop, whether this is during the sales or at any other time of the year. Many shops do allow you to exchange goods that you have had second thoughts about, but this is at their discretion. It is a good idea to check the shop's refund policy before buying anything.

If you buy goods at full price but change your mind about them, and they are now on sale at a lower price, you may only be offered the reduced amount (if the shop is willing to offer a refund).

You should always keep your receipts as proof of purchase and the price paid. This doesn't necessarily have to be the shop receipt. You could show your credit or debit card statement (if you used one) or other documentation that proves it was purchased.

For more information, visit the website of the Competition and Consumer Protection Commission at ccpc.ie.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7880

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



COPING WITH LOSS

Loss is considered to be a natural part of life – yet coping with loss is one of the most difficult challenges we will face in our lives. Grief is a natural response to loss and the more significant the loss, the deeper our grieving will be. When a loved one dies, we may experience all kinds of difficult emotions – and it can feel like this pain will never ease. This is a normal reaction.

Grieving is a vital process and typically, over time, these intense feelings will diminish in intensity. Everyone reacts differently and there is no right or wrong way to grieve. Equally there is no 'normal' period for someone to grieve – and it may take months or years to come to terms with a loss. For most people, grief doesn't go away – but it fades into the background. Thoughts and memories of our loved one are woven into our minds – and whilst missing our loved one may be part of our life – it doesn't interfere with us living our life. Sometimes however, we can experience what is termed 'Complicated Grief'. This refers to an intense and long-lasting grief that takes hold and doesn't seem to lessen as time goes on. Many people come through the loss on their own – supported by friends and family – others benefit greatly from bereavement counselling.

Whilst there are no right ways to grieve - there are however, healthy ways to deal with the pain. People often report that grieving the loss of a loved one gave them a renewed sense of meaning, purpose and direction in their life.

Helpful steps include

Accept what you are feeling: If we deny or ignore our feelings it will only make it worse in the long run. For healing to occur, we need to acknowledge and face our feelings.

Talk about the death of your loved one: Talking to family and friends can help us to understand what has happened and remember our loved one.

Remember and celebrate the life of your loved one: Honor the individual – perhaps through making a collage of photos, planting a tree in their memory, donating to a favourite charity etc.

Be patient and allow the grieving process to naturally unfold.

Whilst we may often think of grief resulting from the death of a loved one, any loss can cause grief. Next week we will explore grief and ways we can deal with this.

SouthWest Counselling Centre, Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie.

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. Info@kerrylifeline.co



To make an appointment call: 064 6636416/064 6636100 SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.





Welcome back dear reader, "...to obey is better than sacrifice...for rebellion is as the sin of witchcraft and stubbornness is as iniquity and idolatry...because you have rejected the Word of the Lord, He has also rejected you..." (1 Samuel 15:22-24). This is what Samuel the prophet told King Saul when he disobeyed God, and came under witchcraft because he did what the people wanted instead of what God had told him to do. Witchcraft, idolatry, sorcery and divination are as much alive today as ever - they are just dressed up differently. Many people who are deeply spiritual believe in God and desire to please Him, but get deceived into becoming involved in occultic things, and very often it's because it is presented in a nice way by those whom they trust. This is why it is so important to investigate things for yourself friend, so that you don't get swept along by what everyone is doing. I'm sure if you are a parent you have often heard - 'but they're all doing it!' Just because it appears that everyone else is doing 'it' doesn't make 'it' right. We need to find out what God's Word has to say so we do not open the door to the enemy to bring curse. In Deuteronomy 18:9-12 God told His people Israel that they were not to adopt the customs of other people groups who sacrificed their children to the false god Molech (this is what today's spirit of abortion is rooted in); engaged in witchcraft and divination (trying to foretell the future or discover knowledge using occultic power); worshipped idols (false god worship), used sorcery (magic, and healing arts not of God) and enchantments (omens and fortunetelling), and necromancy (calling up, praying to, or praying for the dead). God hates these things because they hurt people, and they depend on the demonic for their power source. We humans are supernatural beings made in the image of our supernatural Creator - that is why people are drawn to the things of the supernatural, but not all of them are of God! The devil is a deceiver and uses the occult to trap, ensnare and take captive. But God wants us to seek Him through His Son Jesus Christ, and His Holy Spirit power brings freedom, protection and deliverance from every evil plot of the devil (Luke 4:18-41). "I will be their God and they shall be My people....come out from among them and be separate - touch not the unclean and I will receive you." (2 Corinthians 6:14-18) See more on wordofvictory.net

More next week...

@WOVKillarney 🎔

E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

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PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr, You who quickly brings things to pass You who never delays, I come to you in

need: (Clearly express what you want and ask him to find a way to get it to you) Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or

promise) Be quick. Saint Expedite! Grant my wish before your candle burns out and I will glorify your name Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion. For anyone in need say this prayer and your request will be granted. Thank you for favours received. Amen. X

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days and your favour will be granted. Never known to fail. Must

promise publication of prayer. χ

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GRATEFUL THANKS

Sacred Heart of Jesus. Our Lady St Martin De Porres. St Padre Pio. Divine Mercy. St Faustina, St Michael the Archangel, St Peregrine. For Health favours received. **X**

MEMORIALS & REMEMBRANCE

& 1ST ANNIVERSARY

IN LOVING MEMORY OF JOHN LAWLOR



EASTEND, RATHMORE Who died on 27th of February 2018

We his family his wife Eileen son TJ daughter-in-law Liz, grandson AJ, his brothers and sister, sisters-in-law, brothersin-laws nephews nieces, wish to thank all those who sympathised with us on our sad loss. To John friends Denis O' Leary, Sean O' Mahony, Brud Movnihan, presentation sisters for allowing John to repose in there chapel. DRS. Nurses staff of U.H.R. Killarney Community Hospital St. Columbanus home. To FR. Pat O' Donnell for the beautiful Mass he said for John. Sheila Mcsweeney for the lovely music. The civil defence for helping T.J and Liz get to Rathmore, also neighbours & friends who helped clear the snow on the day of the funeral also those who brought food to the house. To Bernie & Austin,

Cahills Bar for the food & refreshments. To Sean O' Mahony undertaker & gravediggers for their professionalism. As it would be impossible to thank everyone individually, please accept this acknowledgement as an expression of our gratitude.

The Holy sacrifice of the Mass will be offered for your intentions.

For those of you who think of John today a little prayer to Jesus say.

> John 1st anniversary Mass is Saturday 9th March at 6 pm Rathmore Church.

NOVENA PRAYER TO ST JOSEPH

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

O Saint Joseph, assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your heavenly power, I may offer my thanksgiving and homage to

the most loving of Fathers. O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me, and ask Him to return the Kiss when I draw my dying breath. Amen

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. X

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15% OFF MEMBERSHIPS & FREE REDICARE HEALTH BENEFIT PROGRAM MONDAY 25TH FEBRUARY 7AM - 9PM





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Family 6 Month Membership was €395 now €335

Family 12 Month Membership was €550 now €465

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