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<p>ALEXANDER (PG) 90m Sat/Sun 2:30 4:30</p>	<p>GONE GIRL (16) 150m Fri-Mon & Wed/Thurs 8:40</p>	<p>INTERSTELLAR (12A) 175m 7 Days 8:10 Sat/Sun 1:50 5:00</p>	<p>2D THE BOOK OF LIFE (G) 100m Sat/Sun 12:15 2:15 4:15</p>

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WEEK 3 - KILLARNEY OUTLOOK - FITNESS WITH EDELE 6 WEEK CHALLENGE CARDIAC HILL CHALLENGE BECKONS THIS WEEKEND



A planned climb of Cardiac hill early on Saturday morning is on the cards for all participants of the six week challenge who will be joined by fitness instructor Edele Daly.

At their initial consultation Edele took percentages from all the girls and at the half way stage she is very pleased with their results

ROCHELLE O'SHEA

Rochelle: Starting: BMI-36.9, Now: BMI- 36.5 (ideal below 25)

Starting Body fat %- 44.6%, Now %-38.2% (ideal 32.9%)

Starting water %- 39.4%, Now 45.7% (ideal 37%-49%)

Starting Muscle Mass %- 28.6%, Now- 34.9% (no ideal just important it increases)

BREEDA NEESON

Breeda: Starting: BMI-25.1, Now: BMI- 25.1 (ideal below 25)

Starting Body fat %- 25.7%, Now %-25.5% (ideal 23.1%-33.9%)

Starting water %- 53.2%, Now 53.5% (ideal 52%-58%)

Starting Muscle Mass %- 39.4%, Now- 39.4% (no ideal just important it increases)

AIKLING CROSBIE

Aisling: Starting: BMI - 25.7 Now: BMI 25.2 (ideal below 25)

Starting Body Fat: 31.7% Now 25% ideal 23.1-33.9%

Starting Water %: 48.1% Now 54.7% Ideal 52-58%

Starting Muscle mass 34.5% Now 40.9% (no ideal - just important it increases).



Over the next three weeks we will concentrate on each participant individually, going over their reasons for joining the programme, their goals and their progress to date. This week we will look at Aisling Crosbie.

Aisling joined the programme in an effort to increase her fitness levels and maintain a healthier lifestyle.

While she enjoyed good levels of fitness in her teens and twenties, this decreased over the years. It wasn't until she joined the Listry Cycling Club this Summer that she realised just how unfit she was and decided to rectify the situation.

In the past three weeks Aisling has been attending three early bird fitness classes at 7am in Edele's Fitness Studio in St. Anthony's Place. Coupled with this she does at least one 45 minute workout at home and on the weekend includes the family in the exercise regime.

Edele has had to modify some of the exercises to suit Aisling as she suffers from lower back pain. As a result of the core work, Aisling has begun the process of strengthening her back which hopefully will avoid future problems.

Her cardiovascular strength has improved considerably over the past three weeks and she also feels more toned.

"I am delighted with my progress to date, I am enjoying the healthier foods and exercise but I still find the weekend treats challenging" said Aisling.



EDELE DALY DOES A SERIES OF EXERCISES WITH AISLING CROSBIE AS PART OF THE SIX WEEK CHALLENGE. INCLUDED ARE STEP AEROBICS, THE TRICEP DIP, A MODIFIED PLANK AND THE BIRD DOG. PICTURE MARIE CARROLL O'SULLIVAN

NEW RURAL SPEED LIMITS TO BE ERECTED

At the November 2014 monthly meeting of Kerry County Council, Councillor Michael Gleeson asked :

If there has been any progress made towards adjusting downwards the ludicrous speed limits that had been erected in 2005 on minor roads, cul de sacs and bóithríns as a result of a Department of the Environment diktat.

Kerry County Council replied that following a review by the Department it is recommended that a new Rural Speed Limit Sign will be erected. These signs will not specify a speed

limit but will caution drivers to drive slowly. The Department will be organising a national awareness campaign.

The Council is anticipating delivery of the Signs early in 2015 and they will be erected by Council Staff.

Councillor Gleeson welcomed the decision to remove the existing signs. He said they caused confusion and resulted in many driving at very inappropriate speeds.



ADELE O'BRIEN, BEAUFORT WHO WON A SILVER MEDAL IN THE U13 MUNSTER BADMINTON CHAMPIONSHIP IN THE KILLARNEY SPORTS AND LEISURE CENTRE ON SATURDAY. ADELE IS A PUPIL OF CULLINA NATIONAL SCHOOL AND HAS BEEN PLAYING BADMINTON SINCE SHE WAS 7 YEARS OLD.

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VALERIE SCOOPS NATIONAL AWARD



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PHOTO: VALERIE O'SULLIVAN.

No stranger to photographic awards, Killarney based photographer Valerie O'Sullivan has picked up the prestigious Guild of Agricultural Journalism award in the photographic section.

Her image of Glencar Sheep Farmer Donal Foley and his amazing dog Jake herding sheep

off The McGillicuddy Reeks caught the judges eye who awarded Valerie the coveted award.

The image was taken for the Farmers Journal, a publication which Valerie has a long association with.

#lovekillarney

VALERIE O'SULLIVAN (CENTRE) PICTURED RECEIVING HER GUILD OF AGRICULTURAL JOURNALISM AWARDS CEREMONY, IN ASSOCIATION WITH AIB, AT CASTLEKNOCK HOTEL, DUBLIN. SHE IS PICTURED WITH MIRIAM ATKINS AND KEN BURKE.

PHOTO: JOHNNY BAMBURY-PAUL SHERWOOD PHOTOGRAPHY.



DECLAN O'SULLIVAN RETIRES



DECLAN O'SULLIVAN WHO ANNOUNCED HIS RETIREMENT ON WEDNESDAY.

Declan O'Sullivan announced his retirement from inter-county football on Wednesday. Having made his championship debut against Tipperary in 2003, the Dromid Pearses man has the honour of winning every honour available to him with Kerry during his senior inter-county career.

He captained Kerry in both 2006 and 2007 and both times had the distinction of lifting the Sam Maguire.

With 70 appearances in the Kerry Jersey his last appearance was in the All Ireland final defeat of Donegal.

ART EXHIBITION AT THE LIBRARY

Artist Helene Brunicardi, who is the 2014/15 Area Governor of Toastmasters and a resident of Killarney, will hold an exhibition of her latest work, which includes landscapes and flowers on oils, at Killarney Library. The exhibition will until Saturday November 29th. This exhibition was officially opened by Killarney Mayor John Joe Culloty yesterday 20th November and all are welcome.

It will continue for the following ten days during Library opening hours.

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FASHION IS WHAT YOU BUY.... STYLE IS WHAT YOU DO WITH IT

Now in its fourth successful year the annual "Fashion at the 5 star Aghadoe Heights Hotel" takes place on November 27th showcasing a host of well known award winning Irish Designers who are also attending the event on the night. The show on the night is produced by the ever stylish Norma O'Donoghue whose Model Agency has become a household name. The evening begins at 7pm with a champagne, cocktail and canapé reception with entertainment from the fabulously talented Jack Patrick Healy followed by a sumptuous dinner including wine in the award winning restaurant of the Aghadoe Heights Hotel. Following dinner the top models from the Norma O'Donoghue Model Agency will showcase the stunning A/W collections from designers such as Helen Cody, Marion Murphy Cooney, Tina Griffin, Lennon Courtney, Niamh O'Neill, Caroline Matthews, Catherine Kelly, Michelle Kneafsney (by Kerry's Boutique), Karyn Moriarty, Carol Kennelly, Fran & Jane (by Jasmine), Cork Fashion Designer of the year Roisin Lawrence, Irish Designers by MacBees and the grand finale by one of X Factor stylists Claire Garvey. "This year the show will open with a very special €9,000 design by one of my favourite designers Helen Cody who will also be

attending again this year" said Norma "Helen is probably most well known for her beautiful elegant cream dress worn by Amy Huberman at an awards ceremony over the summer"

Special guests on the evening and back by popular demand is TV3's Noel Cunningham and stylist/ presenter Marietta Doran. Best dressed lady is proudly sponsored by Keanes Jewellers and the lucky lady will receive a stunning piece from their new Christmas collection. Hair on the evening is by multi award winning stylist Cathriona Rohan who has also confirmed a theatrical treat for all the ladies before the show begins! Cathriona is also nominated this year for 'Stylist of the Year' by Weddings-online and we are thrilled to have her take part. Make up on the evening is by celebrated make up artist Marie Heasman.

All the ladies will receive a goody bag consisting of concert tickets courtesy of the INEC, Spa voucher from Aghadoe and more little treats and of course we'll be having loads of fabulous fashionable spot prices on the night. After guests are invited to the Terrace Bar for the Afterparty to finish of the night into the wee hours. Tickets are €85 and are on sale now at the Aghadoe Heights Hotel 064 66 31766 or call Norma 086 2076833.



PICTURED AT THE CHRISTMAS IN KILLARNEY FASHION SHOW LAST YEAR IN THE AGHADOE HEIGHTS HOTEL WERE FROM LEFT, OLIVIA WALL, NORMA O'DONOGHUE AND CLARE MURPHY, TRALEE. PICTURE BY DON MACMONAGLE.

LETTER TO THE EDITOR

Dear Editor

We wish to make it clear that while the second-level teacher unions are seeking to maintain state certification and external assessment, we are in favour of changes to enhance the Junior Cycle and support the introduction of new forms of assessment, as long as these assessment components are externally marked. We agree with the Minister for Education and Skills that project work, portfolio work, practical work and other methods of evaluating student learning are a vital element of a modern assessment system. We also agree that broadening assessment in this way may help to reduce the pressure associated with having only a terminal written exam. However, in order to maintain the integrity of our state certificate, we believe all State exams, whether written or practical, should be externally assessed. Forcing teachers to grade their own students for state certification will have a negative impact on the student-teacher relationship and will lead to inconsistencies between schools, thereby undermining educational standards nationally. Currently, a number of Junior Certificate subjects have practical exam components that are externally assessed. For example, the Junior Cert science exam contains a significant practical element which is externally assessed. Other subjects such as CSPE (Civic, Social

and Political Education), home economics, music and art also include significant practical elements which are externally assessed. This means that students' work in these exams is subjected to a rigorous and standardised external assessment process overseen by the State Examinations Commission which ensures consistency, fairness and objectivity for every student. Just like parents and students, teachers want an improved education experience for our Junior Cycle students. However, teachers are deeply concerned about the negative impact of the Minister's current proposals. Such far-reaching change cannot be easily undone, so we must get it right from the start. We regret that we must resort to strike action in order to stand up for education. However, we have exhausted all other avenues to date. We believe a solution exists which meets the need for improvement of the Junior Cycle, but which protects education standards, is student-centred, and which does not undermine the integrity of our State exams system.

Yours etc.

Philip Irwin,
ASTI President.

Gerry Quinn,
TUI President.

TIME FOR THE LOCALS TO DINE IN STYLE

"Dine in Killarney" returns to the table as part of the Christmas in Killarney festival this year for two nights of fantastic food from many of Killarney's favourite dineries! Running in a host of restaurants around town on Thursdays 27th November and Thursday 4th December, the night offers 3 Course Menus for €25 per person and is Killarney Restaurateurs' way of saying a huge thank you to the locals of Killarney for their custom throughout 2014.

The 2014 list of participating restaurants include Bricin, Gaby's, Mareenas, Cucina Italiana, The Candle Room at the Killarney Royal, Hannigans, Kaynes Bistro, The Plaza Bar & Grill, Cellar One, The Smokehouse, The Riverside, Danu at The Brehon, Scott's Courtyard Restaurant and Lord Kenmares.

With this mouth-watering list of many of the regions best loved restaurants, "Dine in Killarney" is set to prove exceptionally popular so it is recommended not to delay in booking your table! Bear in mind that each restaurant has a special allocation for this offer so when it's full, it's full so book early to avoid disappointment. To reserve your festive Dine in Killarney night out, please contact the restaurant of your choice directly in advance and quote "Dine in Killarney" at time of booking to avail of this special Christmas offer.

Massive Cookery Demonstration Night

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Cooking a variety of dishes including Christmas themed delights,
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James O'Donoghue.

With big screen for a close up view and Sam Maguire Cup on display.



Tickets €10 available from members of the Killarney Legion G.A.A. or any of the following outlets,
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GLENFLESK WELLIE WALKS INTO THE HISTORY BOOKS



THE ORGANISING COMMITTEE PICTURED IN THE JARVEY'S REST BAR AT THE MUCKROSS PARK HOTEL AT THE WEEKEND HOLDING THE CERTIFICATE PROCLAIMING THAT GLENFLESK GAA CLUB HOLD THE GUINNESS WORLD RECORD, WHERE 3,194 PEOPLE TOOK PART IN THE WELLINGTON BOOT RACE ON MAY 11TH 2014, FROM LEFT, PAUD O'DONOGHUE, CATHY SOMERS, DERRY HEALY, DANIELLE FAVIER AND JOHN O'DONOGHUE. PICTURE BY DON MACMONAGLE.



PICTURED IN THE JARVEY'S REST BAR AT THE MUCKROSS PARK HOTEL AT THE WEEKEND FOR THE GLENFLESK GAA CLUB'S CELEBRATION OF THEIR GUINNESS WORLD RECORD, WERE FROM LEFT, JOHN KELLEHER, CHAIRMAN, JOHN McNABB AND DAMIEN BAKER FROM KILLARNEY ORDER OF MALTA RECEIVING A DONATION FROM CLUB TREASURER CATHY SOMERS AND DANIELLE FAVIER. PICTURE BY DON MACMONAGLE.

On Sunday May 11th, 3,194 people made history by walking their way into the Guinness Book of World Records for the largest Wellington Boot Race. The novel event was organised by Glenflesk GAA club to raise funds for the club. The previous world record was held in the city of Ketichan, in Alaska with 1,976 people participating and while Glenflesk GAA

has been made aware of some attempts since May to break this record, the title still remains with the club.

To mark this momentous occasion and to present the certificate of achievement received from the Guinness World Records, Glenflesk GAA club held a celebration in the Muckross Park Hotel on Friday night.

"It was our way of saying thank you to everyone who helped out and contributed to making the event possible. Without their support the event would not have been a success," says Danielle Favier of Glenflesk GAA. The club also made a donation to the Kerry Stars and the Order of Malta who played a huge part on the day.

TOMMY HAS IRISH CHAMPION TITLE UNDER HIS BELT

An 11 year old Killarney boy has bagged a gold medal at the recent Irish National Taekwondo Championships in Cork. Tommy McGough O'Regan from Woodlawn travelled to Cork early Sunday morning with his parents Mike and Teri, where he won his medal at Neptune Stadium.

Tommy, who will be 11 this weekend is a 5th class student in St. Oliver's NS Ballycasheen and has been training in Taekwondo for 4 years with Jason Moriarty of Kerry Martial Arts. Tommy beat two opponents to win a Gold Irish Champion Medal.



TOMMY MCGOUGH O'REGAN.

EUROPEAN AWARD FOR UPFRONT



ORLA DIFFLEY, OWNER OF THE THE KERRY-BASED UPFRONT PR, EVENT AND MODEL AGENCY HAS WON AN EU WEB AWARD.

ORLA ATTENDED THE CEREMONY IN BRUSSELS ON WEDNESDAY NIGHT LAST AND IS PICTURED HERE RECEIVING HER AWARD IN THE HOUSE CATEGORY (NEWS/MEDIA/ENTERTAINMENT/BLOG - COMPANY OR PRIVATE).

CLLR. KELLEHER GETS COMMITMENT FROM THE CHIEF EXECUTIVE RE RATE PAYER'S

Following on from a recommendation by Cllr Kelleher to introduce an early settlement discount on the first €3000 of rates paid by Rate payers who pay their rates earlier the Chief Executive has given a commitment to explore this during 2015. Cllr Kelleher has accepted this as there is no change to the rates paid by rate payers in 2015.

The last number of years have been tough on business and the overall Rate reduction for the county is welcome insofar as it recognises the burden borne by business thought out the difficult years just past. The 8 year harmonisation is important due to the 12.5% increase in rates in Killarney town, I personally would have preferred the full 10 years but in the circumstances 8 years is a lot better than the 4 recommended at the start of the budget process.

Let's increase the amount collected by rate payers by creating an environment for people to start business and create employment then we'll win and have long term gains as a county as a whole.

“Congratulations to LISTRY GAA on Winning the County Novice Championship from their sponsors Gallivan Murphy Hooper Dolan”



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GUESSING GAME RAISES FUNDS IN LENIHAN'S

A novel fundraiser held by locals in Lenihan's Bar in Killarney resulted in a cheque for €1565 for the Kerry Cork Health Link Bus.

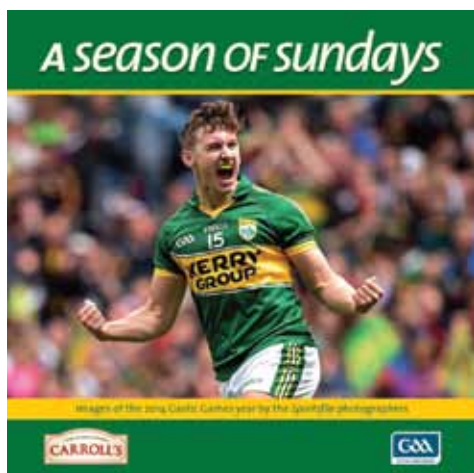
On Tuesday last Chairperson Jay Galvin and Director Breda Dyland from the Kerry Cancer Support Group – Kerry Cork Health Link Bus paid a visit to Linehan's bar in Killarney where staff and patrons filled a large bottle behind the bar and then sold "guesses" to see how much was in the bottle. The Aghadoe Heights Hotel sponsored a meal for two for the winner and Seán Brosnan Ross Road had the nearest guess. The bar presented the cheque to the Kerry Cork Health Link Bus who takes service users to Cork University Hospital for treatment free of charge all year round.

Kerry star James O'Donoghue took time out from his recovery after his recent shoulder surgery to present the cheque.



PICTURED AT THE CHEQUE PRESENTATION ARE FROM LEFT: DERMOT O'CALLAGHAN, JAMES O'DONOGHUE, JAY GALVIN, BREDA DYLAND, SIOBHAN LINEHAN AND MICHAEL NELLIGAN.

KINGDOM CROWN OFF A GREAT SEASON



The Kingdom's James O'Donoghue crowned off a great season by starring on the front cover of one of the year's most eagerly anticipated GAA books, A Season of Sundays 2014, sponsored by Carroll's. Celebrating its 18th year of publication, Sportsfile launched the 2014 edition in the

Croke Park Hotel in front of a host of players and members of the GAA including Ard Stiúrthóir, Páirc Duffy.

Once again, Ireland's number one Sports Photography Agency, Sportsfile, has produced another magnificent collection of images that illustrates the highs and lows of the 2014 GAA All-Ireland season. For the past 18 years, Ray McManus and his team of award-winning photographers have captured the special moments that make each year's A Season of Sundays a memorable keepsake and a GAA tradition in its own right.

This year's book portrays the magical and thrilling moments that helped define the 2014 GAA season from start to finish. The much coveted front cover image this year sees 'player of the year', James O'Donoghue, celebrate his outstanding performance against Cork in the Munster semi-final, after landing 10 points, eight from play in arguably one of the best ever attacking performances in a provincial final.

ORDINATION OF JEAN YVES



JEAN YVES LETANNEUR TAHILLA SNEEM ORDINATION TO THE PERMANENT DIACONATE AT ST. MARY'S CATHEDRAL KILLARNEY ON SATURDAY LAST PICTURED L-R: PATRICK LETANNEUR, BISHOP RAY BROWNE, EVA, JEAN YVES AND THOMAS LETANNEUR. PHOTO: LISA O'SHEA.

CYCLE FOR A HAMPER

It's the time of the year when thoughts turn to festive treats and the filling of the presses with goodies. So why not get some winter exercise in pursuit of a hamper or one of the many other prizes on offer. Well the Killorglin Cycling Club's Christmas Hamper Rides and back and this ever growing event will take place on Sunday morning, December 7th. Registration and sign on is from 8.45am for an hour at the Killorglin Sport and Leisure Centre with a cost of €15 for Cycling Ireland licence holders and €17 for non-members. The event, which is not a race, has something for everybody with a relatively flat course 50km from Killorglin to Killarney, Farranfore, Furies, Castlemaine, Milltown and back to Killorglin. The second route covers 75km and follows the first as far as Farranfore but from there it heads towards Tralee, turning off for Farmers Bridge and up that nice climb onto the main Tralee to Killorglin road. From there it's a straight run back to Puck via Castlemaine and Milltown. To further the enjoyment both routes have a lead car controlling the pace with the aim of keeping the group intact. At a certain point, the bottom of the Farmer's Bridge climb for the longer route and in Furies for the shorter the cyclists are set free and it all action in the race for home. The Killorglin Cycling Club Hamper Rides are mainly a fun event but do offer that competitive edge and allows the riders to enjoy a little lung opener and build up some winter miles. The first three riders home from the 75 km route and the first from the shorter cycle have the choice of the four hampers with the many remaining prizes drawn from the sign on numbers. Following the cycles the Killorglin Cycling Club are providing hot showers, changing facilities and food on your return and all included in the price. Children under 16 are able to take part but must be accompanied by an adult and are restricted to the 50km route.

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PICTURED AT THE KILLARNEY PLAZA HOTEL ENJOYING HER GATSBY THEMED HEN PARTY, MAURA MORIARTY, SEATED CENTRE, DUE TO MARRY PADRAIG CASEY, KILLARNEY IN THE COMING WEEKS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



KILLARNEY CREDIT UNION ART COMPETITION WINNERS SARRA NEHER, AISLING COFFEY, MICHAEL O'BRIEN, KATIE MOLONEY AND CATHERINE FLEMING WHO HAVE QUALIFIED FOR THE CHAPTER 23 FINALS WITH (BACK FROM LEFT) THERESA BUCKLEY KLY CU, DEIRDRE O'SULLIVAN, PAT DELANEY CHAIRMAN KLY CU AND EMMA LOONEY OF KILLARNEY CREDIT UNION ON MONDAY.



THE SAM MAGUIRE CUP MADE AN APPEARANCE AT THE BANK OF IRELAND ENTERPRISE WEEK AGRI SEMINAR AT BALLYGARRY HOUSE HOTEL & SPA, TRALEE ON THURSDAY EVENING L-R: KILLIAN YOUNG (BOI TRALEE), JACKIE CASEY (KILGARVAN), SINEAD CORKERY (KENMARE) DAN HEALY AND SHANE ENRIGHT (KERRY FOOTBALLER). PICTURE: JOE HANLEY.



PICTURED AT KILLARNEY TONING STUDIOS FOR THE LAUNCH OF SOTHY'S GIFT RANGE NOW INSTORE WERE L-R OWNER JILL DUGGAN, LOUISE QUILLIGAN AND MARGARET EARLE OF SOTHY'S. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



TRIONA SHEEHY, LEFT, LOUISE DOYLE AND GEMMA KAVANAGH, AT THE ANNUAL CHRISTMAS IN KILLARNEY QUIZ AT KILLARNEY AVENUE HOTEL. PHOTO: VALERIE O'SULLIVAN.



MARY KAVANAGH AND JOHN O'DONOGHUE AT THE ANNUAL CHRISTMAS IN KILLARNEY QUIZ AT KILLARNEY AVENUE HOTEL. PHOTO: VALERIE O'SULLIVAN.



KERRY RIDING CLUB MEMBERS HAD A GREAT DAY IN THE SUNSHINE AT THE FINAL OF THEIR ANNUAL WINTER LEAGUE LAST SUNDAY. A HOST OF PRIZES, ROSETTES AND TROPHIES WERE ON OFFER AND THE COMPETITION WAS FIERCE!



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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



WHERE TO INVEST YOUR MONEY?

Interest rates for deposits in banks are the lowest they have been in years. Another problem for people looking for good interest rates is that as well as interest rates being low is that DIRT tax is very high at 41% and since the 1st January this year a PRSI levy of 4% can also be applied. The effective tax rate on interest earned on savings can be as high as 45% as both the new higher rate of Deposit Interest Retention Tax (DIRT) tax and the PRSI levy on unearned income have both come into force. If you invested €20000 over 12 months at 2.50%, taking into account DIRT tax and the levy you may only get €275 after DIRT tax and the PRSI levy. Because these returns are so poor people are looking for alternative investments. Thankfully there are other investment options available to you.

Investment providers have introduced many different types of products because of the very low returns on deposit accounts and it is very important that people know about all these products before deciding on what products suit them best. A mixture of different type of investments may be the best way to spread your investments rather than having all your eggs in one basket.

For more information or to make an appointment to discuss the above contact **Dermot Cronin APA**, at **064 6622775** or **087 2893649**.

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Price Region: €315,000
BER C1

3 MANGERTON VIEW, KILLARNEY



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CHRISTMAS COMES EARLY FOR SPA MEMBERS

It was all about Christmas pampering when members and customers of The Angsana Spa were treated to a night of pre Christmas pampering at The Brehon. "We are very grateful to all our customers for choosing The Angsana Spa, especially those who return time and time again for treatments. Our annual member's night is our way of saying thank you to our members and loyal customers," says Angsana Spa Manager, Therese Breen.

Legendary magician Keith Barry made a special appearance at the event and astonished everyone with an array of magic tricks. Keith is also a regular customer of The Angsana Spa.

"The Angsana Spa is our favourite spa and every time we visit Killarney, both my wife Mairead and I find the time to go for a treatment," says Keith Barry. Everyone received a special Angsana Spa gift



PICTURED AT THE BREHON HOTEL SPA MEMBERS EVENING WITH KEITH BARRY AT THE WEEKEND WERE FROM LEFT PATRICIA MOYLAN, CIARA COLLERAN, MARIE O'KEEFFE, MARION WALSH AND SUSAN FITZGERALD. PICTURE BY SALLY MACMONAGLE.



PICTURED AT THE BREHON HOTEL SPA MEMBERS EVENING WITH KEITH BARRY AT THE WEEKEND WERE FROM LEFT TRIONA SHEEHY AND FIANA COFFEY. PICTURE BY SALLY MACMONAGLE.

pack and were also entered into the Brehon to Bali competition with the grand prize of flights

and accommodation for two people at The Banyan Tree in Ungasan, Bali.



PICTURED AT THE BREHON HOTEL SPA MEMBERS EVENING AT THE WEEKEND WERE FROM LEFT AYA STREZALKWSKA AND IZABELA PUSKO. PICTURE BY SALLY MACMONAGLE.



PICTURED AT THE BREHON HOTEL SPA MEMBERS EVENING WITH KEITH BARRY AT THE WEEKEND WERE FROM LEFT EDEL GREENSMYTH AND KATHLEEN GLAVIN. PICTURE BY SALLY MACMONAGLE.

PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: Cloonteen, Kilcummin - 3/4 Bedroom Dormer Bungalow (1,700 sq ft) on 1/3 acre of mature gardens located 3 miles to Killarney Town Centre. Insulated to a high level. Ducon Slabs to the first floor. Oil Central Heating.

Agent: Gallivan Property Partners ● College Square Killarney ● **064 66 34177**

Guide Price: €239,000 ● Ref: 553 ● BER Rating C2



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PRICE: €190,000

BER C3

SCARTLEA, LORETO, MUCKROSS, KILLARNEY

Opportunity to purchase large five bedroom detached family residence 240 sq. m./2,583 sq. ft on a 0.75 acre site in Muckross area, close to Loreto primary school. Property which is complete to builders finish offers tremendous potential to the new owners to decorate and finish internally to their own specification.



Price Region: €315,000

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DEAFHEAR CELEBRATE 50 YEARS OF SERVING THE COMMUNITY

Members of the Kerry branch of DeafHear hosted a celebration last weekend to mark the organisation's 50 years of service in Ireland.

A great crowd came together to mark this special occasion, many clients came along with their families as well as representation from the countless agencies and organisations that DeafHear link with.

CEO of DeafHear Niall Keane travelled down from head office in Dublin to lead the event, and took the opportunity to outline the many successes and achievements of the organisation over the past half century. Minister Jimmy Deenihan was guest speaker and joined everyone in acknowledging the great work being done by this charity organisation, on both a local and national level. "I am aware of the particular issues affecting Deaf people and those with a hearing loss and their families and I am greatly impressed by the work of DeafHear which, through the provision of its many services, strives to address those issues."

The centre is at 10 Flemings Lane, just off High street in the heart of Killarney town and provides many supports and services to clients



CELEBRATION TIME AS DEAFHEAR CELEBRATE 50 YEARS WITH MINISTER JIMMY DEENIHAN AND CEO NIALL KEANE.

and their families around the county. The centre provides a drop in service as well as outreach clinics around the county. From hearing aid repair and maintenance to tinnitus supports, social groups for hard of hearing and for Deaf, parenting programmes for families of children

with hearing loss, family fun days, peer leader programmes, cochlear implant information and support, and much more.

For more information on any of their services call in to the office in Killarney, call 0646620052, text 0868056202 or email killarney@deafhear.ie

KCC STUDENTS TAKE TO THE CATWALK

Students from Killarney Community College will take to the catwalk for a school fashion show which will be held on Wednesday 3rd December.

Beginning at 7.30p.m. the event is in aid of the TY programme and South West Counselling Services. A huge amount of planning and preparation has been undertaken and both teachers and transition year students of the college promise a night of sparkle, glitz and glamour. As we're leading up to the party season what better way to spend a night than watching the latest fashion trends available here in our local community, Killarney.

Local boutiques and high street stores will showcase what is in store. Special guest models will also appear on the night. A superb raffle has been organised with amazing prizes that anyone would cherish this time of the year. Tickets are limited and are available from the school office. Price: €10 (adult) €5 (student/child), the fashion show begins at 7.30pm.



ESEL ACUN WHO DESIGNED THE WINNING POSER FOR THE FASHION SHOW.

LAUNCH DATE FOR SLIABH LUACHRA JOURNAL

The 16th issue of the Sliabh Luachra Journal will be officially launched in the Denis Murphy Memorial Hall, Gneeveguilla, on Friday November 28th, at 8.30pm, by leading traditional musician Matt Cranitch. Everybody welcome.

Published by the local history society, Cumann Luachra, the biennial journal includes a wide range of articles on the history, life and lore of a storied area straddling the Cork/Kerry border, best known for its poets and traditional music.

The 120-page journal has a large collection of old photographs. This time, the package includes a separate, smaller publication by John Stephen O'Sullivan on the poet Eoghan Rua O Suilleabhain, who died 230 years ago and whose work continues to be celebrated.



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REALLY CONNECT IRELAND PUTS YOU IN TOUCH

Would you like your business to be well connected and reap the rewards? If so why not go along to Really Connect Ireland's One Day Business Course on 2nd December 2014 at the Manor West Hotel, Tralee. You will get the opportunity to learn actual strategies and tactics for the effective use of LinkedIn to achieve your business goals. Places are limited so booking is advisable

ABOUT REALLY CONNECT IRELAND

As an experienced CEO of technology and industrial SMEs in Ireland, the UK and mainland Europe, Stuart Allcock brings a deep well of business know-how to the digital table as a founding director of Really Connect Ireland, together with fellow director Sinead O'Connor. Stuart has been involved in developing business operations via a raft of sales channels in key markets globally. With his strategic

management consultancy, Stuart has worked with clusters of clients and specialises in removing obstacles to business growth, the internationalisation of business activities, and the commercialisation of technologies.

He now adds LinkedIn Trainer and Advocate (<http://ie.linkedin.com/in/stuartallcock/>) to his skills and will be presenting the LinkedIn Social Selling course in Tralee on Tuesday 2 December 2014. The course focuses on business development and marketing goals and strategies using LinkedIn as the B2B social platform marketing tool. LinkedIn is the world's largest professional social network and is seriously under-utilised as a business growth tool.

Really Connect Ireland delivers strategy-focused LinkedIn training programmes throughout the island of Ireland. We differ as a LinkedIn training organisation by exploiting strategies and tools to get improved results for your business development and marketing goals.

LinkedIn also buy our book "How to Really Use LinkedIn" written by our colleague Bert

Verdonck, Really Connect provides LinkedIn training sessions to LinkedIn EMEA staff at their HQ in Dublin, and all our training material is approved by LinkedIn.

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TIME FOR TEA IN AID OF HOLY CROSS



TIME FOR TEA.... LEFT TO RIGHT: EVAN ALAM, CORMAC FLANAGAN, ALANA KELLY, ABBIE O'SULLIVAN, VERONICA OJEGBENRO, DIARMUID O'DONOVAN. BACK ROW STANDING LEFT TO RIGHT: TARA MURPHY AND ISABELLE MURPHY.

A fundraising coffee morning in aid of the Holy Cross Mercy School will be held in Lord Kenmare's Restaurant on College Street, Killarney on Saturday next, November 29th.

The busy vibrant primary school, has a proud tradition of educating children for 150 years in Killarney town. The school is constantly striving to improve educational standards by taking on new initiatives and keeping up to date with the latest technology.

In recent times the children in Holy Cross have had the opportunity to benefit from use of iPads, laptops and latest educational software. Students enjoy taking part in a variety of after

school activities. The school has received recognition for Green Flags, Active flags and healthy eating campaigns.

As we all know, money doesn't grow on trees and Holy Cross is lucky to have an active Parents Association who continuously seek to support the school through various fundraising activities.

They are hoping a sociable morning will be had by all attending the Coffee Morning at Lord Kenmares Restaurant, College Street on Saturday November 29th from 10am.

WINTER MUSIC DAY CELEBRATES COMMUNITY MUSIC-MAKING

Scores of young and not so young musicians and singers from all over the county will converge on Killarney's Malton Hotel this Sunday afternoon, November 23rd, for Ceol an Geimhridh - Winter Music Day organised by Kerry School of Music. This is the School's seventh Annual Winter Music Day. The day consists of a series of workshops and grand concert focussing on ensemble rather than solo music making.

Registration is a 1.30pm. Workshops and Rehearsals run from 4-4pm. After a break for dinner which is provided by on-site catering facilities, performers assemble and the Ensemble Day Concert commences at 5.30pm. The concert is open to the public and includes individual performance by each of the Ensembles and finishes with a Massed Choir and Orchestra performance with audience participation of Christmas Carols.

A special presentation will be made during the concert to Cahersiveen resident music teacher Adolf Packeiser.

The 2014 Student of the Year, Shelley Hynes from Tralee will also be presented with the Dr. Richard Shanahan Memorial Plaque on the evening. Dr Dick as he is affectionately remembered served as board member, company secretary and chairman of the School's board over many years.

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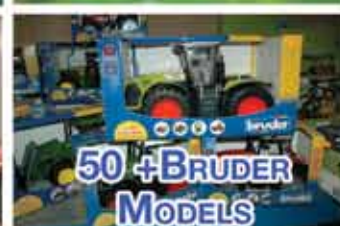
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AWARDS TIME FOR KERRY COMMUNITY GAMES

Last weekend was a busy one for Community Games with the County Awards Night taking place at Riverisland Hotel, Castleisland and our County AGM on Sunday afternoon at the Grand Hotel in Tralee. Both these events are very important in the Community Games calendar as they herald both the end of past year and plan for the next year of events.

County Awards Night

As usual, the Awards Night was a very enjoyable occasion with our volunteers travelling from all corners of Kerry to be with us. The entertainment was of a high standard with County and National Community Games winners entertaining us for the night with a selection of music, singing and recitation. Thank you to Ryan O'Neill (Ballydonoghue/Lisselton) - our County Gold Medal Winner and Aimee O'Sullivan (Duagh/Lyre) - County Silver Medal Winner for playing a wonderful duet for us. We were all charming by the singing of Shauna O'Leary (Kilcummin) - our National Gold Medal Winner who sang us two songs - 'Bright Blue Rose' and 'The Water is Wide'. Thanks also to Cian Sheahan of Fries - National Gold Medal Winner - who recited "Extract from Angela Ashes" and provides us with many laughs for the night.

The Award Winners on the night were: - Athletics - 1st Kenmare; 2nd Killarney South; 3rd Duagh Lyre; Cultural Events - Kilcummin; Swimming - Rock Street/Caherslee; Merit Athletics - Milltown/Listry; Merit Participation - Glenflesk; PR Awards - 1st Ballyheigue; 2nd Boherbee/Cloghers/Manor; 3rd Fossa; Youth Awards - 1st



CLLR JOHN BRASSIL, MAYOR, PRESENTING DUAGH LYRE WITH BEST OVERALL AREA 3RD PLACE.

Claire O'Connell (St Brendans/Oakpark; 2nd Conor O'Mahony (Boherbee/Cloghers/Manor); 3rd Cathal O'Reilly (Rock/St Caherslee. The Owen White Award (for the most improved Area) was presented by the White Family to Dromid/Caherdaniel. Margaret Culloty, County Secretary, presented the Michael White with a lovely painting on the occasion of his 90th birthday. The Martin Culloty Memorial Cup (for Field Events) was presented by Maura Culloty to Kenmare. A special presentation was made to Martin McCarthy for his service of 23 years on the Kerry Community Games Executive.

Sean Og O'Leary presented the Paud O'Leary Memorial Trophy to the 2014 Kerry Volunteer of the Year - Honor Fitzgerald. Honor has been working hard for many years in the Kenmare Area and saw her area receive many accolades on the night winning Overall in Athletics; Field Events; and Best Overall Area. Mr John Brassil, Mayor of Kerry, assisted Community Games with the Awards presentation - with the PR Award going back to Ballyheigue and complimented Community Games on the great work they are doing.



DROMID CAHERDANIEL RECEIVING THE OWEN WHITE AWARD FOR MOST IMPROVED AREA.



HONOR FITZGERALD, KENMARE, KERRY 2014 VOLUNTEER RECEIVING THE PAUD O'LEARY MEMORIAL TROPHY FROM SEAN OG O'LEARY.



MARGARET DINEEN KERRY PRO PRESENTING PRO AWARD 3RD PLACE TO FOSSA.

12 DAYS OF CHRISTMAS

The Irish Cancer Society is Ireland's national cancer charity. The Society provides information, support and care to those with, and affected by, cancer all over Ireland.

Cancer affects 1 in 3, but there are lots of ways you can fight back - by reducing your risk of cancer and by supporting the services of the Irish Cancer Society.

Here's how you can make a difference this Christmas and reduce your risk of cancer:

- Day 1: Why not buy your Christmas Cards from the Society, visit cancer.ie/christmas
- Day 2: Why not get out for a brisk walk and increase your physical activity today!
- Day 3: Get your company to send Irish Cancer Society electronic Christmas cards, in return

for a donation to the Society, visit cancer.ie/christmas

- Day 4: Organise Daffodil Day in your local area - sign up for our 2015 campaign, on Friday March 27th
- Day 5: Switch a pint with a pint of water and reduce your alcohol consumption this Christmas
- Day 6: Become a regular giver and commit to a monthly donation cancer.ie/monthly
- Day 7: Sign up to trek some of the world's highest mountains, or do a mini marathon for the Irish Cancer Society and take on a challenge in the New Year, visit cancer.ie
- Day 8: Start your New Year's resolutions early and quit smoking today, for support visit quit.ie

● Day 9: Clear out your unwanted presents, clothes or bric-a-brac and donate them to your nearest Irish Cancer Society charity shop

● Day 10: Dedicate a candle to someone you care about in our first Christmas Garden of Hope, taking place this December, visit cancer.ie/christmas

● Day 11: Stuff the mince pieces and eat a balanced and healthy diet this holiday season

● Day 12: Make a donation today - by phone, CallSave 1850 60 60 60, or visit cancer.ie

For more information on how you can reduce your risk of cancer visit cancer.ie. You can make a difference to those affected by cancer this Christmas.

KILLARNEY
OUTLET CENTRE

CHRISTMAS CRAFT & FOOD FAIR

Sunday 30th November 2014

In association with **CHRISTMAS
IN
KILLARNEY**

12noon to 6pm

Free Admission

Fair Hill, Killarney, Co Kerry www.killarneyoutletcentre.com

DEATH OF RATHCOMMANE MAN JEREMIAH (JERRY) BUCKLEY GREETED WITH SADNESS



THE LATE JERRY BUCKLEY.

It was with profound sadness that the people of Ballyhar / Firies learned that one of its favourite sons Jeremiah Buckley had passed away on last Saturday the 15th November. Jeremiah was best known for his dedicated and loyal service as a sacristan to Ballyhar Church over a long number of years.

Testament of the love and esteem for this gentlest of men was very evident on Sunday evening when a beautiful candle lit guard of honour greeted his remains on their arrival at Ballyhar Church which were received by parish

priest FR. Tadhg Doherty. The poignancy of this scene will live long in the memory. Following Requiem Mass on Monday Jeremiah was laid to rest in Aglish cemetery.

Jeremiah (Jerry) Buckley is survived by his loving wife Kitty, and condolences are extended to his sister Mary, brothers in law Michael and Donie, nieces Liz, Siobhan, Carmel and Breda and extended family and friends. May the sod rest gently on him and may he rest in eternal peace.

2014 HUGH O'FLAHERTY INTERNATIONAL HUMANITARIAN AWARD

WORLD RENOWNED SURGEON WINS THIS YEAR'S AWARD

One of the highlights of the Monsignor Hugh O'Flaherty Memorial Week took place on Saturday 15th November at the Killarney Plaza Hotel, Killarney when the 2014 Annual Hugh O'Flaherty International Humanitarian Award was presented to international humanitarian Dr John Beavis, who has over 21 years devoted his life to humanitarian aid in parts of the world afflicted by disaster, either natural or from conflict through his work with the organisation he founded IDEALS.

Earlier this year the Hugh O'Flaherty Memorial Society issued a public invite to nominate people or organisations, who they felt had displayed the same ideals and principles of the Monsignor and would be deserving of this Award. A shortlist of 7 Nominees was considered by the independent Award Panel, at which it was agreed that Dr Beavis would receive the award for 2014. Dr Beavis was nominated by Jerome Curran of Wadhurst, East Sussex in England.

Speaking at the award ceremony Mr Curran stated "When I read about the award and the list of characteristics required, John ticked

every box. His humanitarian work has taken him from war torn Bosnia to post tsunami Sri Lanka, northern Pakistan and now Gaza. His courage and his belief that all people in need should be helped is a shining example of what the Monsignor stood for."

Key note speaker on the night was holocaust survivor, Tomi Reichental who was introduced by a great friend of his, Minister Jimmy Deenihan, TD.

Presenting the Award to Dr Beavis was Deputy Mayor of Killarney Niall Kelliher who stated "Dr Beavis is another truly great humanitarian, using his time and skills to help people in areas of conflict around the world; helping people in great need without any regard for creed, colour or origin."

As well as the Award, a special commemorative medal was presented to Dr Beavis by Cannon Pat Horgan, Member of the Hugh O'Flaherty Society and Killarney Chamber of Tourism & Commerce President, Johnny McGuire presented him with a personalised bound copy of "The Vatican Pimpernel" by Brian Fleming.

RONAN GRADUATES

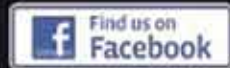


RONAN KEALY RECENTLY CONFERRED WITH A BA IN HISTORY OF ART AND ENGLISH



DEPUTY MAYOR OF KILLARNEY NIALL KELLIHER PRESENTS THE MONSIGNOR HUGH O'FLAHERTY HUMANITARIAN AWARD TO DR JOHN BEAVIS, WORLD RENOWNED ORTHOPAEDIC AND TRAUMA SURGEON, FOUNDER OF THE CHARITY, IDEALS, WHICH HELPS RELIEVE POVERTY, DISTRESS & SUFFERING IN ANY PART OF THE WORLD AFFECTED BY CONFLICT OR NATURAL DISASTER IN KILLARNEY AT THE WEEKEND. ALSO INCLUDED ARE FRONT FROM LEFT, PEARL O'FLAHERTY, KATE BEAVIS AND CANON PAT HORGAN. AT BACK ARE FROM LEFT, TOMI REICHENTAL, JEROME CURRAN, NOMINATOR, KATIE RINEY, JOHNNY MCGUIRE, PRESIDENT, KILLARNEY CHAMBER OF TOURISM & COMMERCE, BISHOP RAY BROWNE, SENATOR PAUL COGHLAN AND JERRY O'GRADY.

PICTURE BY DON MACMONAGLE.



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BONFIRES AND CELEBRATIONS THE ORDER OF THE DAY AS LISTRY CELEBRATES NOVICE FINAL WIN

"We are waiting for this day all our lives" said one Listry supporter when the final whistle blew at the Kerry Novice Football Championship on Sunday last in Milltown. For a club that was founded in 1932 last Sunday was their first County title win following an epic battle against Lispole. A procession of green and white clad fans made the short journey from Listry to Milltown to see their heroes finally take the Castleisland Mart Trophy home.

Bonfires blazed throughout the parish as the victorious team made their way through the parish to the pitch where they were met by a large group of loyal supporters.

Following the night's celebrations, team members and mentors visited Faha National School on Monday where students were delighted to meet the local footballing heroes.



LISTRY TEAM MEMBERS, MENTORS AND FANS CELEBRATE WINNING THE NOVICE CUP ON SUNDAY. PICTURE: LIAM MURPHY.



PA MANNIX PICTURED WITH HIS DAUGHTER MARGARET MURPHY, HER HUSBAND LIAM AND THEIR SONS, ADAM, STEVIE AND DONNACHA.



JIMMY O'LEARY HOLDS ALOFT THE NOVICE CUP IN MILLTOWN ON SUNDAY



BONFIRES BLAZE AT THE LISTRY PITCH TO WELCOME THE TEAM HOME.

BIG WELCOME FOR BABY ALI



PICTURED AT THE KILLARNEY AVENUE ENJOYING ALI'S CHRISTENING WERE MUM SARAH GOFF AND DAD STEPHEN BROSAN (SEATED CENTRE) WITH FAMILY AND FRIENDS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



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10 BAGS €165 (€16. ⁵⁰ per bag)	10 BAGS €105 (€10. ⁵⁰ per bag)
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5 BAGS €20 (€4.00 per bag)	20 BAGS €75 (€3.75 per bag)	40 BAGS €140 (€3.50 per bag)
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CORK YOUTH ORCHESTRA BROUGHT MUSIC TO LIFE WITH THE SNOWMAN

A magnificent performance by the Cork Youth Orchestra was enjoyed by a full house at The Malton on Sunday evening last. In aid of the Friends of the Children of Chernobyl, the 130 strong group made their annual trip to Killarney to perform for the charity.

The teenage musicians who are from all areas of Cork performed a programme that included some classical pieces but due to popular demand they also performed The Snowman by Howard Blake.

The evening raised almost €2,000 for the Killarney based charity who also launched their Christmas Cards.



COMMITTEE MEMBERS L/R MARY NOLAN, FRANCES O'TOOLE, MARY O'CONNELL, PAULA KAVANAGH, SHEILA GOULDING AND JOAN BUCKLEY PICTURED WITH THE NEW CHERNOBYL CHRISTMAS CARDS AT THE CONCERT. PICTURES MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE MALTON HOTEL FOR THE CORK YOUTH ORCHESTRA CONCERT IN AID OF THE KILLARNEY FRIENDS OF THE CHERNOBYL CHILDREN WERE L-R HELEN MURPHY & MARGARET CREMIN.



PICTURED AT THE MALTON HOTEL FOR THE CORK YOUTH ORCHESTRA CONCERT IN AID OF THE KILLARNEY FRIENDS OF THE CHERNOBYL CHILDREN WERE ORGANISERS JOAN BUCKLEY (LEFT), MARY NOLAN (RIGHT) WITH BRIAN SCALLY, HOTEL MANAGER.



PICTURED AT THE MALTON HOTEL FOR THE CORK YOUTH ORCHESTRA CONCERT IN AID OF THE CHERNOBYL CHILDREN WERE L-R LINDA DOYLE, RUTH DOYLE AND KAY DOONA.



PICTURED AT THE MALTON HOTEL FOR THE CORK YOUTH ORCHESTRA CONCERT IN AID OF THE CHERNOBYL CHILDREN WERE L-R KEVIN LOONEY, DARRAGH DOOLAN, COLM LOONEY AND MARK LOONEY.



THE CORK YOUTH ORCHESTRA WHO PERFORMED TO A HUGE CROWD AT THE MALTON HOTEL IN AID OF THE KILLARNEY FRIENDS OF THE CHILDREN OF CHERNOBYL.



Dr. Tony Humphreys will give a much acclaimed public lecture on 26th November at Ballygarry House Hotel in Tralee at 7.30pm



An evening with Dr. Tony Humphreys is sponsored by Recovery Haven - Kerry's Cancer Support House as part of its outreach programme.

At different times in our lives, and to varying degrees of seriousness, we all get ill. Generally speaking we are very attuned to the need for physical/medical responsiveness to illness and rightly so; we need that care when we are ill. However we are far less attuned to the fact that illness is also a psychological experience and calls out for psychological responsiveness. Dr. Humphreys' and his colleagues work over the years has shown that there are profound psychological processes involved in illness and in a presentation hosted by Recovery Haven Cancer Support Services he will attempt to shine the light of enquiry on these discoveries.

This talk is suitable for anyone experiencing chronic or serious illness, their carers or family members.

Please telephone 066 7192122 to confirm
- it will help us to plan numbers attending.

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Sun 23rd Nov	Niall O'Brien 7-9
	Jerry McCarthy
Thur 27th Nov	Johnny Reidy
Sat 29th Nov	Scotia Front Bar
Sun 30th Nov	George Kane 7-9
	The Celts
Thur 4th Dec	Johnny Reidy
Sun 7th Dec	Niall O'Brien 7-9
	Muriel O'Connor

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WOMENS GROUP SUPPORT THE CHILDREN OF GAZA

The Blackwater Women's Group held a series of events throughout the month of October to support the UNICEF appeal to help orphaned, injured and traumatised children in Gaza return to school. They decided that rather than ask people to just donate money, members would host events and pass on all monies raised to the campaign.

The events ranged from Keep-Fit, Yoga and Relaxation classes to Movie and Card nights, Coffee Mornings and High Tea Evenings, Home Decorations and a Parent and Toddler Party. Several of the women baked cakes and offered refreshments at the events, and most were kindly facilitated at The Blackwater Tavern by Mary & Teddy O'Neill.

While the group are involved in mainly local and some national campaigns, this is the first time that they have dedicated their efforts to an international cause.

The seven week bombardment of GAZA this summer that resulted in the killing of over 500 innocent children in a population half that of Ireland, shocked people throughout the world. Many of those watching the footage on television, seeing the images, hearing the reports and reading the newspaper accounts felt deeply upset and outraged and wondered what positive action they could take. Besides protesting, offering real support



L -R; ANNE MARIE & SAOIRSE CLIFFORD, SHIRLEY PRYCE AND CAIT O'SHEA SHEEHAN. THESE WOMEN HELD FUNDRAISING EVENTS IN OCTOBER IN CONJUNCTION WITH THE BLACKWATER WOMEN'S GROUP MONTH OF FUNDRAISERS TO SUPPORT THE DISPLACED CHILDREN OF GAZA. THE TOTAL RAISED WAS €1,800 WHICH WAS PRESENTED TO UNICEF IRELAND. A BIG THANKS TO EVERYONE WHO SUPPORTED OR SPONSORED THE VARIOUS EVENTS. PHOTO BY MARY O'NEILL.

to the children through an organization such as UNICEF appealed to the group.

"Initially I set an ambitious target of raising €1,000 and was thrilled when we actually hit the €1,800 mark. The Blackwater Women's Group were outstanding in their efforts, and UNICEF

have expressed their deep appreciation," said Chairperson Mairead Robinson who added that in an atmosphere where fundraising for charities is particularly challenging, this was a wonderfully heart-warming achievement by the group.

BILLY VINCENT 2015 AWARDS LAUNCHED



THE BILLY VINCENT AWARD WAS LAUNCHED AT MUCKROSS HOUSE, KILLARNEY, THIS WEEK. THIS AWARD IS A CHALLENGE SCHEME FOR SECOND YEAR STUDENTS OF ST. BRIGID'S PRESENTATION, KILLARNEY COMMUNITY COLLEGE AND ST. BRENDAN'S COLLEGE AND IS SUPPORTED BY THE TRUSTEES OF MUCKROSS HOUSE. REPRESENTING THE THREE SECONDARY SCHOOLS, WITH RORY DARCY, MUCKROSS HOUSE TRUSTEES AND ORGANISING COMMITTEE, AND MICHAEL LARKIN, CHAIRMAN MUCKROSS HOUSE TRUSTEES., THE STUDENTS FROM EACH COLLEGE, ROISIN MOORE, PRINCIPAL ST BRIGID'S SECONDARY KILLARNEY, FIONA O'BRIEN, PRINCIPAL KILLARNEY COMMUNITY COLLEGE, LILY CRONIN, BERNARD COLLINS, REV CANON BRIAN LOUGHEED, GERALDINE ROSNEY, TRUSTEES MUCKROSS HOUSE, DENIS REIDY, MANAGER MUCKROSS HOUSE, MIRAM MALONE, ST BRIGID'S SECONDARY SCHOOL, STELLA LOUGHNANE, KILLARNEY COMMUNITY COLLEGE. PHOTO: VALERIE O'SULLIVAN.

The 2015 Vincent Award was officially launched by Chairman of the Trustees of Muckross House Mr Michael Larkin at an event in the drawing room of the Victorian mansion on Tuesday last. The Award scheme- inaugurated in 2014 sets an number of challenges for the 260 second year students enrolled in St. Brigid's, Killarney Community College and St Brendan's.

The reception was also attended by students representing each school, by the Principals and 2nd year Year Heads and the members of the Trustees. Speaking at the Launch, Trustee Vice

Chairman Rory Darcy reminded all present that Muckross House and the surrounding parklands was presented as a gift to the fledgling Irish state in 1932 by Arthur Rose Vincent and his Father-in-law William Bowers Bourn. He also emphasised that we should cherish and enjoy this "present" and indeed learn the importance of giving, and the importance of resilience, from these men

The Award scheme seeks to ensure that the young people of this area are afforded an opportunity and an incentive to engage with

the cultural history of their local community. It seeks to build awareness of community, of social justice, of environment, and of the heritage gifted to each of us by the Vincent family. Each student is tasked to engage in a literacy challenge, a numeracy team quiz, a cooperative games event, an outdoor adventure challenge and a national park clean-up. Students will also participate in a fund raiser to support a local charity in the course of the year.

New to the Award for 2015 is a plan that all second years will visit the museum at Muckross in the course of the challenge.

During the year the students will also learn about the life and legacy of Billy Vincent- the man for whom the Award is named- in order that his ideals and his commitment be remembered and aspired to by generations of Killarney students for years to come.

A huge highlight of the 2014 event was the presence of Lord Alex Burgh- great grand nephew of Billy- as the keynote speaker at the presentation in the Old School house in the traditional farms.

In linking the three second level schools with the Trustees of Muckross House the award offers great opportunity to build further educational bridges for our students. With 260 students now about to set out on the challenge, the memory and inspiration of Billy Vincent will undoubtedly continue to endure in his home place.

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OUTLOOK RECIPES

Steak & Homemade Chips

Fitness expert Edele Daly provides this week's
recipe to prepare for our 6 week challenge.

number of servings: 2
Prep time: 20mins
Total time: 45mins approx
calories: approx 425 cals per person

Ingredients

2 x Beef fillet steaks (palm size portion)
2x Medium (fist sized) potatoes.
2 x tablespoons of Chili Oil.
Green, Red & yellow peppers 1/2 of each.
1x Onion
1/2 X Courgette
6 x Mushrooms
Rocket leaves & mixed green salad to garnish
Dried Parsley for presentation



Method

- Turn the Oven on to preheat (medium- high heat)
- Tenderize the fillets by pressing the edge of a side plate intermittently along the fillet & repeat in the opposite direction. Sprinkle the steak with Cracked black pepper & sea salt.
- Seal the Fillets on both sides by placing in frying pan with olive oil for a few seconds on each side.
- Then place the fillets on a Grill tray & pop into the oven. Keep an eye on them & remove when they are cooked to your liking (rare, medium or well done)
- Chop up the potatoes into chip sized chunks, & place on non stick aerated grill plate. Sprinkle with cracked pepper & place in the oven until golden brown. (if you do not have a non stick grill plate add some olive oil to the baking tray to ensure the ships don't stick to the tray).
- Chop up all the veg. place it in a baking tray with the chili oil & salt & pepper. Add the veg to the oven near the end as this will only take around 10mins to cook.
- Add mushrooms for the last few minutes.
- Plate up everything, garnish and enjoy!

TIP OF THE WEEK:

Flavor up your meals. Eating Healthy isnt about eating BORING.... So just like this recipe, add something like chili oil to your dish to jazz it up. Other ideas for adding some flavour to your food are; Worcestor sauce, Soy sauce, chili powder, curry powder, fajita seasoning.... There are tones more these are just a few of my favourites.

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REELLIFE SCIENCE – NATIONAL AWARD FOR TAHILLA N.S.

Pupils and staff at Scoil Eoin, Tahilla are reeling from their recent national success at coming second in the country in the “Reellife Science” competition. “Reellife Science” is a science video competition for Irish primary and secondary schools and was set up by NUI Galway. The initial judging of the videos is carried out by 42 members of staff and students at NUI Galway. This years shortlisted videos were then judged by Professor Stephen Curry, Professor of Structural Biology at Imperial College London and science writer with The Guardian, Aoibhinn Ní Shúilleabháin and BT Young Scientist Paul Clarke. Last years winning videos received hits from over 60 countries. You can view ours on www.reellifescience.com or on Youtube. The winning schools will be awarded their prize money at The Galway science Festival and the winning videos will be screened over the two days of the festival which attracts over 20,000 people every year. We are looking forward to our cheque for €300 and we have great plans for spending it!



TAHILLA NS 2ND IN IRELAND REELLIFE SCIENCE AWARD NOV 2014

FRONT ROW: MELANIE SCHMIDT, JASMINE DURKIN, JESSICA JUKES, ALICE JUKES, MARISSA KOOL, GEOROID HALLISSEY, HEATHER O'SHEA
BACK ROW: JOHANNA GALVIN (PRINCIPAL), MICHAEL O'CONNOR, ALEC MULCAHY, CHRIS WALLACE, LIQIN HOURIHAN, RONAN O'CONNOR, COLIN HALLISSEY, DOIREANN O'SHEA. PHOTO BY MARY O'NEILL.



PICTURED ABOVE ARE DARREN COUNIHAN, DARRAGH DOOLAN, JOHN SPILLANE, PETER O SHEA, PRESENTING A CD OF THE MONASTERY SCHOOL CHOIR, TO WELL KNOWN MUSICIAN JOHN SPILLANE.

JOHN SPILLANE VISITS MONASTERY NS

Pupils from the Monastery NS had a rare musical treat last week as one Irelands best known musicians paid a visit to the school. Singer John Spillane, from Cork is famous for his many hit songs and more recently for his tv program , “Spillane an Fánaí” on TG4.

“The school hall was filled with excitement and it wasnt long before he had the whole school singing along with him to well known Irish songs,” said school Principal, Colm Ó Súilleabháin.

Pupils from 6th class also presented him with a CD of the Monastery school choir, which they recorded with local recording engineer, Tony O Flaherty , last year.



KILLARNEY COMMUNITY COLLEGE STUDENTS WHO ATTENDED THE ITT NORTH CAMPUS, TRALEE OPEN DAY FOR SCHOOLS, ON FRIDAY L-R: CHRISTINA O'CONNELL, SARAH MURPHY, MAIREAD O'SULLIVAN, LAURA MURPHY AND SHANNON O'SULLIVAN. PICTURE: JOE HANLEY

COFFEE MORNING

Killarney Community College are holding a Coffee morning in aid of school extension at the Killarney Plaza Hotel on Friday 28th of November 10am to 12noon, all are welcome.

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Manage Your Health

TAKING ANTIBIOTICS FOR COLDS AND FLU? THERE'S NO POINT....

Colds and flu are caused by a virus and antibiotics do not work on viruses. What are antibiotics? Antibiotics are medicines used to treat infections that are caused by bacteria (germs). Antibiotics cannot treat infections caused by viruses (such as colds and the flu). Taking antibiotics when you don't need them, like for a cold or flu, is a waste and will not help you get better.

WHEN ARE ANTIBIOTICS NOT NEEDED?

- Most common infections are caused by viruses.
- This includes all colds, most coughs, sore throats, ear infections and diarrhoea.
- Antibiotics do not work against these infections.
- Most of these illnesses get better themselves without antibiotics.

WHEN IS IT OK FOR ME OR MY CHILD TO TAKE ANTIBIOTICS?

- Your doctor may prescribe antibiotics for infections, kidney infections, some ear infections and meningitis.
- If you or your child needs antibiotics, make sure you take them exactly as prescribed. If the course isn't completed, some bacteria may be left in your body and become resistant to antibiotics.
- Never keep or re-use leftover antibiotics for the next time you, your child, or any other family member is sick.



Some examples.....

COMMON CAUSE: VIRUS	COMMON CAUSE: BACTERIA
• Head cold, runny nose, cough	• Urine/kidney infection
• Sore throat, sinusitis	• Persisting cough, cough in people with chest problems, high fever or very unwell
• Ear infections in children	• Skin infections e.g. cellulitis
• Vomiting and diarrhoea	• Meningitis

ANTIBIOTICS RARELY NEEDED **ANTIBIOTICS MAY BE NEEDED**

WHY DIDN'T MY DOCTOR PRESCRIBE AN ANTIBIOTIC?

It is because your infection is likely to be caused by a virus and it's safer to let it clear up on its own. Remember, antibiotics are no use against a virus. The length of time you can expect most common viral infections to last is...

Ear infection	Around 4 days
Sore throat	Around 1 week
Common cold (runny nose)	Around 1 ½ weeks
Sinus infection	Around 2 ½ weeks
Cough (often after a common cold)	Around 3 weeks

If your illness lasts longer than this, ask your doctor or pharmacist for advice.

ASK YOUR PHARMACIST OR DOCTOR:

- When should I start to feel better?
- What should I do if I don't start to feel better by then?
- Is there anything I can do to help myself get better?
- When and how should I seek further help?

HOW SHOULD I TREAT A COLD, COUGH OR SORE THROAT?

The best way to treat most colds, coughs or sore throats is to drink plenty of fluids and get some rest. Ask your pharmacist for advice about over-the-counter remedies.



"If you have any Health Care query call in to Dan at Aherns Pharmacy for advice & help."

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DEALING WITH DEPRESSION II

Thoughts are constantly streaming through our minds which in turn can impact on how we feel and how we behave. These thoughts can be friendly positive thoughts or hostile, critical and negative ones. It makes sense therefore that we would try to reduce the negative ones as much as possible. Just as we wouldn't allow any stranger to just enter our house and take over, we need to be just as vigilant with our thoughts. We need to take more control over what we allow into our minds and what we prohibit from entering. We have much more choice than we realise – and therefore rather than just reacting to every thought we begin to take more control over our mind. Slowly we begin to realise that just because we think something it doesn't mean it's true!

By examining our thoughts as they flow through our mind, we begin to increase our awareness of how our minds are focused. Then we begin to allow these thoughts – whether they are positive or negative, exciting or boring – to just flow through our mind stream without reacting or responding. This is the basis of mindfulness.

For many people experiencing depression they can create an endless cycle of 'If only's' and 'what ifs' in their mind. There is an underlying non-acceptance of the past as they constantly think how their lives would be different 'If only I hadn't taken his advice', 'If only I hadn't behaved in that way'. This all leads to feelings of anger, hopelessness and mistrust of others. Accepting how things are right now- not as we wish they were, but as they actually are – is quite a radical step. It can however mark the starting point from which we can come to terms with past events and begin to move forward.

Just as there are many paths leading to feeling depressed, there are also many routes out of it. We don't get depressed as a result of an adverse event or experience – but in how we respond to it. When our emotional needs go unmet this can lead to considerable mental distress and depression. If we were to consider depression as a means of drawing our attention to an underlying problem, we must ask ourselves what is the message my feelings of depression are trying to tell me. Counselling can provide a great support as we explore what this underlying message might be. Counselling helps to find contentment and peace of mind through fostering a healthy, non-judgemental, loving relationship with oneself.

Next week we will continue to look at ways we can deal with depression.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre. info@southwestcounselling.ie**. Kerry LifeLine provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. **info@kerrylifeline.com**

To make an appointment call **064 6636416**.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters....

With Dr. Michael O'Doherty

WHAT IS MOTOR NEURONE DISEASE?

Motor neurone disease (MND) causes a progressive weakness of many of the muscles in the body. There are various types of MND.

Nerves (neurons) are like wires that carry tiny electrical impulses (messages) between the brain, spinal cord and the rest of the body.

In motor neurone disease (MND), motor nerves become damaged and eventually stop working. Therefore, the muscles that the damaged nerves supply gradually lose their strength the muscles tend to become stiff as well as weak at first.

What are the symptoms of early motor neurone disease?

This disease affects different people in different ways. The cause is not known. It is thought that certain chemicals or structures that only occur in motor nerves are damaged in some way. The reason why the nerves become damaged is not clear.

Hand and arm symptoms. At first you may notice that your grip is less strong. You may drop things, and find it difficult to open bottle tops, turn keys, etc. You may also notice that the muscles in your hands (especially at the base of your thumbs) become flatter with time

- Feet and leg symptoms. At first you may start to drag one leg or tend to trip easily. You may find it more difficult to climb stairs or rise out of low chairs. You may find you are much more tired after walking.
- Bulbar muscle symptoms. You may not be able to shout or sing. Your speech may become slurred. There may be a change in the quality of your voice. You may experience some difficulties with swallowing as the muscles which co-ordinate swallowing become affected.
- Other symptoms that may occur include: muscle cramps, tiredness, twitching of weakened muscles (fasciculation), and jerking of an arm or leg whilst you rest.

The rate at which the disease progresses varies from person to person. Muscles weakened by ALS-MND do not recover. However, weeks or months may go by where the disease does not seem to progress. Eventually, severe disability develops.

For further information contact the Irish Motor Neurone Disease Association



Dr. Michael O'Doherty,
General Practitioner
and Occupational Health Specialist
The Killarney Medical Centre,
47 New Street, Killarney.
t: 064-6620628.



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Their Special Day

A look at the Wedding's taking place in Killarney.



SIOBHÁN PROUT FROM TIPPERARY AND DONAL O'NEILL FROM CASTLEMAINE WHO WERE MARRIED IN THE PRINCE OF PEACE CHURCH IN FOSSA AND HELD THEIR RECEPTION IN THE KILLARNEY OAKS HOTEL IN KILLARNEY.

PHOTO MICHEÁL O'SULLIVAN PHOTOGRAPHY
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CLODAGH DORGAN, CO. WICKOW AND CHARLIE FREEMAN, ISLE OF WHITE, WHO WERE RECENTLY MARRIED IN THE KILLARNEY PARK HOTEL. PHOTOGRAPHED HERE WITH THEIR DAUGHTER FLICK.

PHOTO BY BREDÁ DALY PHOTOGRAPHY.

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RATHMORE /GNEEVEGUILLA NEWS By Michael O'Mahony

KNOCKNAGREE N.S. PARENTS COUNCIL:

Have launched their 2015 School Calendar. Calendars can be purchased at Nuala's Shop & P.O. and from Knocknagree N.S. at a cost of €10.00 each. Alternatively contact any member of the Parents Council. Ellen 087-6981764, Mairéad 087- 6152376, Michelle 086 - 1050435.

Date for your Diary:

KNOCKNAGREE N.S.: Parents Council have organised a Mass and Concert in Knocknagree Hall for Wednesday night 17th December. Please Support.

CALLING ALL LADIES: Gneeveguilla Basketball Club are looking for new members for our Ladies team. Training is every Tuesday night in Rathmore Gym at 9pm. A great opportunity to get fit and meet new people. Anyone interested, come along or contact 087 7574452.

TUREENCAHILL COMMUNITY GROUP: Basic Computer Classes started Monday last November 17th in Tureencahill School Building enquiries to 087 9178836 or 0870576107.

Yoga Classes commencing in Tureencahill School House on Monday November 24th 7 - 8.15 pm. To book a place ph. 087 0617247 / 087 0576107. An afternoon of casual dancing (polkas, waltz etc) Sunday 23rd November 3.30 - 5.30 pm.

Christmas Craft Fair Sunday 14th December.

RATHMORE COMMITTEE OF FRIENDS OF THE CHILDREN OF CHERNOBYL: The Rathmore Committee of the Friends of the Children of Chernobyl wish to acknowledge and sincerely thank everyone who was associated in any way with the visit in July of the 18 children and interpreter and with our fundraising activities which we undertook this year. We wish to thank the many sponsors of the different events and all of you for your generous financial support without which this programme would not be possible. We also wish to express our sincere gratitude to the different organizations in our community and to all who helped us organize our fund raising activities. We sincerely thank the families who hosted the children and the interpreter and all who cared for and entertained the children during their summer holiday. Your generosity will enable us to bring 14 children and 2 interpreters to our parish again next year.



THE RATHMORE U12 GIRLS WHO BEAT FOSSA TO WIN THE EAST KERRY DIVISION 2 LEAGUE 2014.

SHRONE N.S.: On Tuesday 9th December the junior pupils in Shrone N.S. will travel to the Ivy Leaf Theatre in Castleisland. They are going to see "The Three Little Pigs" from 9.30am to 2pm. It costs €10 per child. Pre-school children are welcome to come along. If you would like to come or if you need further details please contact Michelle on 064 7758687.

THE RATHMORE/GNEEVEGUILLA GUN CLUB: Would like to thank all the sponsors who donated prizes for our Fundraising Night in aid of the Kerry Parents and Friends Association in the GAA Club Bar on the 1st of November. We are also very grateful to everyone who donated so generously on the night and helped the Club to raise €895.23 for the above charity. We also appreciate the continued support of the landowners in allowing our members to use their lands.

RATHMORE BRANCH OF KERRY PARENTS FRIENDS ASSOCIATION: Will hold their Annual Sale of Work on Sunday December 7th. At Rathmore Community Centre At 2:30pm. Santa Claus will attend.

BARRADUFF NS - FASHION SHOW: Take place on Saturday the 22nd of November at the Killarney Oaks Hotel Tickets will be available locally

GNEEVEGUILLA GAA CLUB: Have once again entered the National GAA Club Draw, excellent international holidays and spending money available. This year Gneeveguilla GAA are also running their own separate €100 x 5 draw so every €10 ticket bought will entitle you to entry

to both draws. Club members will be calling to local areas and tickets may also be bought in The Club Bar.

GNEEVEGUILLA GAA AGM: Will be held on Friday November 21st at 8.30pm sharp everyone welcome.

KERRY FRIENDS OF MOTOR NEURONE: Are hosting an information evening at the Killarney Plaza Hotel on Friday 21st November 2014 at 7.30pm sharp. Consultant Neurologist Dr. Helena Moore will give a talk on Motor Neurone Disease. Also in attendance will be Aisling Farrell and Marie Reavey of the I.M.N.D.A. Experts will demonstrate the very latest Tobii C12E-Gaze machine which uses eye movement to communicate. Everybody welcome. Refreshments will be served

KERRY PARENTS FRIENDS ASSOCIATION: Bucket collection in the streets of Killarney on Friday 28th November 2014. Volunteers needed contact 086 1615928,

RESPECT: Respect is an Irish Registered Charity responsible for fundraising projects for people with Intellectual Disabilities of all ages. They will hold a Church Gate Collection in Rathmore and Shrone next weekend November 22nd & 23rd. Your support would be appreciated.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com or ring or text 087-6676817 before 6:00 on Sunday.

Killarney Outlook
are looking for your old photographs for our Souvenir
edition in January.

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KILCUMMIN NEWS

ICA: At the Monthly Meeting of Kilcummin I.C.A. a vote of sympathy was extended to our Secretary Eileen Finn on the death of her nephew in Dublin.

KNITTING SESSIONS: Knitting Sessions will be held in the Rural Development Office at 8pm on Wednesday 26th November. All ladies welcome.

KILCUMMIN COMHALTAS: Kilcummin Comhaltas will be holding a fundraising event on Sunday 14th December in the Killarney Outlet Centre from 2pm to 5pm. All are welcome to come along and join us for some music, songs, dancing and great fun! Don't forget to wear your Santa hats!

KILCUMMIN LOOKING GOOD: A Clothing Collection Fundraiser will be held on December 6th/7th outside the Recreational Hall. Details to follow.

C.D: The debut album by the TríTones featuring local musician Conor Moriarty is now on sale at the Kilcummin Post Office and Variety Sound, College St. Killarney. This will make an ideal Christmas present for all lovers of traditional music and song.

KILCUMMIN GAA: Kilcummin GAA Club National Draw and Local draw prizes. Kilcummin GAA Club are again this year taking part in the National club Draw which was a great success last year thanks to the generosity and support of our loyal followers. This enabled the club to finalise the purchase of the field from St Brendan's Trust which is now paid for in full and in the club's name. To date monies collected through various draws have been used to pay € 50,000 for the field and €75,000 for the trunking and machine work needed to bring it to an accessible level. Phase 2 now involves the draining, surfacing and fencing of the facility, with a view to putting a walking track encircling the field. The proceeds from this coming draw if successful will be used solely to enable the club to commence this work as well as avail of a grant allocation from the Dept. of Tourism and Sport. We appreciate that there is a great need for this facility to be finalised this year so we are asking for your support in this draw, mindful of your patience and support to date. In addition to the prizes outlined below anyone who buys a ticket through Kilcummin GAA Club will be included in a Local Draw with a prize fund of € 500.00. Tickets €10 Prizes as follows; 1 Trip with 2015 All-Stars (2 persons All-Ireland Football Final tickets, All Star banquet tickets, tour and airline tickets and

accommodation). 2 Trip with 2015 All-stars (2 persons All-Ireland) Football tickets, All-Stars banquet tickets, tour and airline tickets and accommodation). 3 Trip to New York (2 persons, Airline tickets and 3 nights accommodation). 4 Travel voucher to the value of € 1,500. 5 All Ireland Hurling and Football Final Corporate package 2015 (2 persons, Corporate hospitality and 2 nights accommodation with 1 evening meal for both week-ends.) 6 All Ireland Hurling Final Corporate package (2 persons, Corporate hospitality and 2 nights accommodation with 1 evening meal). 7 All Ireland Football Final Corporate Package (2 persons, Corporate hospitality and 2 nights accommodation with 1 evening meal). 8 Shopping voucher (Value €1,000 at retailer of your choice). 9 Shopping voucher (Value €1,000 at retailer of your choice) 10 , 11, 12, 13, , (Four prizes as follows). All Ireland Hurling and Football Final Package 2015 (2 persons, Premium tickets and overnight accommodation for both week-ends) 14, All Ireland Hurling final (Premium tickets, accommodation, evening meal x 2) 15 All Ireland Football Final (Premium tickets, accommodation , evening meal x 2)

JUVENILE GAA: Under 13 boys play Listry away in Division 2 of the East Kerry league at noon on Sunday 23rd November.

KILCUMMIN COMMUNITY GAMES: Well done to Kilcummin Community Games who were the recipients of the County Cultural Award for 2014 and Club Secretary Marie O'Leary was presented with the trophy at the annual social on Friday last in Castleisland. Congratulations to our All Ireland Solo Singer Shauna O'Leary who performed brilliantly in entertaining the large crowd on the night. This is a fantastic achievement for such a small club so well done to all who participated in the various cultural events this year. Our annual AGM will be held in the Recreational Hall at 9pm on Monday 1st December and everyone is welcome. Finally preparation will get underway shortly for the U14 Solo and Group Singing as well as U14 Solo and Group Music as the County Finals in these events will be held early in the New Year. Anyone interested in participating, please contact any committee member as soon as possible.

MASTERGEEHA FC:

NIGHT AT THE DOGS: Mastergeeha F. C. are holding a fundraising night at Tralee Greyhound Track on Saturday 6th December. All support welcome.

U14 GIRLS: In preparation for the season ahead U14 girls training will begin shortly. Please contact Donal (087 9697171) for details.

U11: MASTERGEEHA 4 KILLARNEY CELTIC 3. In this close game the u11s did well to get the better of local rivals Killarney Celtic. It was a good team performance with plenty of goalmouth action.

U13: MASTERGEEHA 6 KILLARNEY CELTIC 1. Mastergeeha got the better of Killarney Celtic on Saturday morning at home. Philip O'Leary (2), Darren Lehane (3) and Nathan McCarthy were the scorers.

U15: MASTERGEEHA 2 KILLARNEY CELTIC 2. In this exciting game the visitors started the better with Keith O'Leary make a number of good saves. However in the 30th minute Killarney Celtic took the lead following a corner. Just before the break Mastergeeha got back on level terms when Sean Cahill crossed for Cian Fahey to finish well. In the second half Mastergeeha created some early chances and took the lead when Darren Looney crossed for Cian Fahey to score. However with 10 minutes remaining the visitors got the equalizer from a free kick from just outside the box. After this both sides had chances but had to settle for a draw. All involved played well.

U17: MASTERGEEHA 4 ASDÉE 0: The boys continued their good start to the season with a win at home on Saturday afternoon. In an even first half Mastergeeha lead at the break thanks to a goal by Patrick Warren, with Jerry Cronin saving a penalty from Asdee. In the second half Mastergeeha played much better with Gearoid Kerins, David Gleason and Patrick Warren getting further goals.

SENIORS: DIV. 2A MASTERGEEHA 2 SPORTING LISTOWEL 0: Mastergeeha continued their good start to the season with a deserved win on Sunday. Tony Brosnan got both goals one in each half. All played well.

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 14th November. Numbers drawn were 7, 9, 10 & 24. Consolation prizes were €100 Dan Corcoran, Milleen, Kilcummin; €60 Shane Lenihan, c/o John Lenihan, Inchicullane; €30 Noreen Nagle, 2 Church View, Rathmore; €30 Kay O'Leary, Mastergeeha Kilcummin; €30 Robert Kerins, Mastergeeha, Kilcummin. Draw every Friday night in the Village Inn, Kilcummin. Jackpot now €2,100.

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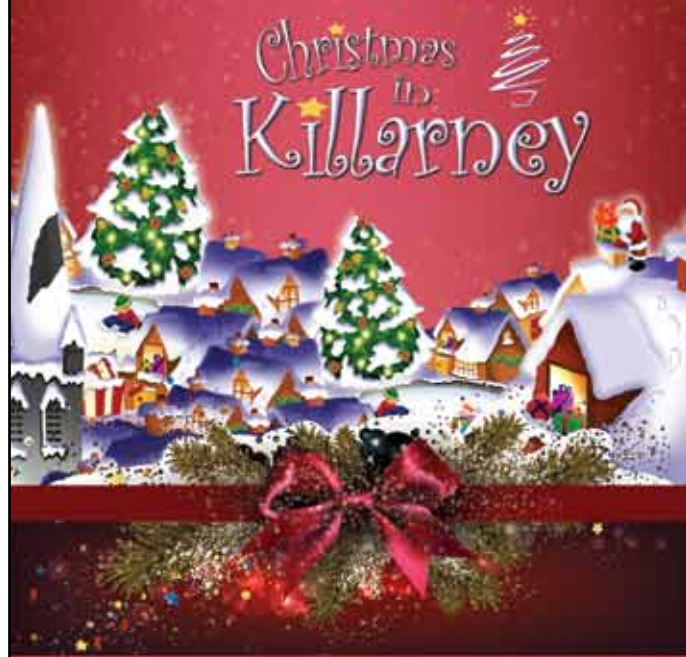
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THE MABS GUIDE TO



Getting ready for Christmas

Make a list of all the gifts you bought?

Were all of these necessary? After all, almost no-one has been left untouched by this recession and maybe your friends would be eager to do something different this year. Perhaps a Secret Santa would work better in your family or circle of friends, so that everyone buys just one gift, or you could set a limit on how much to spend, or just agree to meet and spend time together. Have this chat now so that you don't feel bad bringing it up at Christmas!

Make a plan for next Christmas

- Make a list of everything you need to buy for Christmas. Divide it into gifts, food, clothes, travel and socializing (use out Christmas planner to help).
- Estimate how much money you expect to spend on each item.
- Now prioritise – what are the most important items on that list? What would you cut if you had a limited amount of money

**NEXT WEEK - SHOP SMARTLY FOR CHRISTMAS
CONTINUED**



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GLENFLESK NEWS

WITH DONAL KELLY

RAMBLING HOUSE: The recent rambling house in Glenflesk was a great success and the large crowd was treated to feast of music, song, dance and story-telling. The organisers would like to thank everyone who came along, and in particular to those who performed and all those who helped out in any way on the night.

PARISH BAZAAR: The Annual Bazaar in aid of Church funds will be held in Glenflesk GAA Hall on Sunday November 23rd beginning at 3 o'clock. Raffle tickets have been distributed

throughout the parish. Members of the Parish Council will call for your contribution. Should you miss them your contribution may be left at the parish centre, or at any shop in the parish. Your support is greatly appreciated.

LIAM LAWTON IN BARRADUFF: The Parents' Association in Knockanes National School are hosting an evening of music and reflection with Liam Lawton in the Sacred Heart Church Barraduff on Sunday the 30th of November at 8pm. Tickets, priced €20 per seat, are on sale

from O'Donoghue's Costcutter in Barraduff or by calling 0872707899 or 0868736532. Limited availability – tickets available by advanced purchase only.

RAHEEN NS: Congratulations to Ann Cronin who had the winning lotto number 35 on Saturday the 15th of November.

CONTACT: We welcome items of local interest. Contact PRO Donal 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Thursday.



LOCAL CHILDREN PLAYING MUSIC WITH CLIONA CREEDON AT GLENFLESK RAMBLING HOUSE.
PHOTO: SEAMUS HEALY.



NORA KELLY, ARDENANIG, WITH HER DAUGHTER JOAN AT GLENFLESK RAMBLING HOUSE.
PHOTO: SEAMUS HEALY.

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1.6 TDI Zetec



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2010 Ford Focus

1.6 TDI Titanium



09 Nissan Qashqai

Acenta model, 1 owner, E.S.H. 1.500



10 Ford Galaxy

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11 Ford Mondeo

2.0 Titanium X, 80k, 103000, 1 owner, Full Ford service history



2011 Skoda Octavia

2.0 TDI Elegance

DIESEL CARS

- 12 Hyundai IX 20 1.4 CRDI 69 klm
- 11 Ford Focus 1.6 TDCi, 44k
- 11 Ford Mondeo 2.0L, Zetec, 1 owner, full Ford S/H
- 11 Kia Ceed S.W. Manufacturers warranty to 2017
- 11 Audi A4 2.0TDI, Black
- 11 Peugeot 5008 1.6 HDI 7 Seater
- 10 Ford Focus 1.6 TDCi, sports, 83k, full Ford S/H
- 10 Ford Galaxy 2.0, Titanium, Full Ford S/H, 80k
- 10 Kia Ceed Sports Wagon 1.6 CRDI, Silver
- 09 Nissan Qashqai Acenta
- 09 Ford Focus 1.6 TDCi, Titanium, 97k
- 08 VW Golf 1.9 TDI, 70k, White, left hand drive

- 07 Renault Megane Scenic 2yr Test
- 06 VW Passat 1.9 TDCi, Black, NCT Tested
- 06 Citroen C5 1.6 HDi, 106k, 1yr Test
- 05 VW Golf 1.9 TDI, Black, Alloys
- 05 Opel Mireva 1.3 CDTi, left hand drive
- 05 Ford Focus 1.6 TDCi
- 04 Opel Zafira 1.7 Dsl, 1yr Test
- 03 Citroen C3 1.4 HDi
- 03 Skoda Octavia 1.9 TDI, silver, 1 owner
- 11 VW Golf 1.6 TDI, blue motion, Black
- 11 Ford Focus 1.6 TDCi, Zetec (new model)
- 05 Citroen C414 3dr
- 00 VW Golf 1.9 GTDI Very clean NCT

- 141 Ford Focus 1.6 TDCi - Choice
- 141 Hyundai 1x35 - 14k
- 2010 Toyota Avenis 2.0L DUD Alloys - Fogs
- 12 Ford Fiesta 1.2
- 09 Toyota Yaris 90klms, black
- 08 Kia Rio 1.4, Automatic
- 07 Renault Megane Cabriolet 1.6, full leather
- 07 Nissan Almera 1.5 SXE, alloys, air con
- 07 Renault Megane Full Leather
- 05 Suzuki Liana NCT Tested
- 05 V.W Golf 1.4 Comfort Line
- 04 Opel Zafira 1.6 Club, 7 seater, 1 owner, €2,700

- 03 Toyota Avenis Allows, Fogs, As New
- 03 Nissan Micra 1.0L
- 04 VW Golf 1.4L
- COMMERCIAL**
- 10 Opel Combi 1.3 CDTi, 1 owner, 57k, 1yr DOE
- 11 Citroen Berlingo Full service history
- 11 Citroen Dispatch
- 09 Opel Combi Van 90klm
- 08 Opel Combi 1.3 CDTi
- 05 Mitsubishi Pajero Sport Silver, 2.5, very clean



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VOLKSWAGENS NATIONWIDE ROADSHOW TO SHOWCASE THE NEW PASSAT AT DIVANES CASTLEISLAND

In what promises to be an evening of high-end entertainment with something for all, Divanes of Castleisland are proud to announce the launch of the highly anticipated 8th generation of the Volkswagen Passat. "We are revving up for a fresh start with the new Passat. The much-anticipated eighth generation version of the stunning Volkswagen Passat will be available for you to view at our exclusive event taking place on the 28th November. As part of Volkswagens nationwide roadshow to showcase the new Passat there will be 2 new

Passats here at Divanes on the evening from 6-9pm. Join us for an evening of entertainment and experience the new Passat," said John Vahey, Divanes Volkswagen.

Also on the night Divanes are proud to reveal the new cycle strip that has been sponsored to the newly formed St Kieran's Cycling Club. "Also present on the night will be our brand ambassador Eamon Fitzmaurice who will formally present the jerseys to St Kieran's members on behalf of Divanes Volkswagen.

Eamon will also have the Sam Maguire with him from 6-7 pm which is always a hit with the younger fans."

Divanes are having a double celebration as they are now 60 years as Kerry's Volkswagen dealers.

"Our guests will experience the new Passat at our showrooms that will be specially converted and prepared for the event. All are welcome. We look forward to seeing you here on the night"

ROAD SAFETY ADVICE DRIVING IN HEAVY RAIN & RISK OF FLOODING

The RSA has issued the following advice: When driving in wet conditions drivers are reminded that;

- It takes longer to stop a vehicle on wet roads so slow down and allow extra distance between you and the vehicle in front.
- Watch out for falling/fallen debris on the road and vehicles veering across the road.
- Take special care when driving behind goods vehicles as they generate a considerable amount of spray which reduces your visibility.
- Allow extra space between you and vulnerable road users such as cyclists and motorcyclists.
- Drive with dipped headlights at all times.
- Be aware of the danger of aquaplaning especially on roads with speed limits of 100 km/h and 120 km/h.
- Check tyres and consider replacing them if the thread depth is below 3mm.

With added risks posed by wet or flooded roads the RSA has the following advice;

- If the road ahead is flooded choose another route, do not attempt to drive through it. Flooded roads that appear shallow could be deeper than you think.
- After going through water, drive slowly



with your foot on the brake pedal for a short distance - this helps to dry the brakes.

● Sometimes roads can be closed due to their fragile state after wet weather or because they are blocked by flooding. Road users should always follow recommended routes and obey signs closing roads to traffic.

● Watch out for washed out roads, earth slides, broken water or sewer mains, loose or downed electrical wires, and fallen or falling objects.

Advice to Pedestrians & Cyclists;

● Be seen. Wear a high visibility jacket or reflective armband.

● Take extra care when near traffic or crossing the road in extremely windy conditions as a sudden gust of wind could blow you into the path of an oncoming vehicle.

For advice on severe weather driving tips please see severe weather advice on the RSA website or check out the RSA Facebook and Twitter pages.



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On: Friday 28th November • At: 6pm - 9pm

And to celebrate the arrival of the new Passat, we'll be giving you the chance to win a €500 shopping voucher.

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60 years



STUNNING NEW PASSAT UNVEILED AT VOLKSWAGEN NEWMARKET MOTORS

Volkswagen Newmarket Motors held an exclusive evening to celebrate the launch of the new Volkswagen Passat, on Wednesday, 19th November in their showrooms in Newmarket, Co. Cork.

The showroom was a hive of activity with approximately 300 guests in attendance who got to witness the unveiling of the much anticipated 8th generation Passat. Along with an evening of food, beverages and entertainment, spot prizes were given out to a selection of guests.

Sean Browne, Dealer Principal of Volkswagen Newmarket Motors commented: "Volkswagen Newmarket Motors was delighted to hold this event and were thrilled with the turnout at the launch of the new Volkswagen Passat. It was a great opportunity for our customers to view the new Volkswagen Passat and I know that many people were very impressed with its unveiling. The Passat has always proved popular with our customers."

The Passat is one of the most successful mid-size cars in the world and at 1.1 million units a year (2013) it is the Volkswagen Group's model



series with the highest volume sold worldwide. To continue this success in the eighth generation, the new Passat is again offered in saloon and estate versions with a multitude of innovations. Thanks to cutting-edge design methods its proportions were made

significantly more dynamic (including lower body, longer wheelbase and larger wheels). The first cars, priced from €29,690, will be available in the Irish Market from January 2015 with orders being taken now.

NEW EMERGENCY SERVICES DRIVING STANDARD LAUNCHED

Ireland leads the way as the first country in Europe to provide common standard for Emergency Service Drivers.

The Road Safety Authority launched the Emergency Services Driving Standard (ESDS), a new driving standard for emergency service drivers in Ireland. This standard is the first of its kind in Europe, and sees Ireland leading the way in setting standards for emergency service driving. The launch of the new ESDS took place, Tuesday 18 November in Farmleigh, Dublin.

The new ESDS aims to reduce the risks associated with driving emergency service vehicles, to ensure patients and passengers are safe and comfortable and to ensure road safety best practice is employed when responding to an emergency.

ESDS is the result of collaboration between the RSA and An Garda Síochána, Civil Defence, Defence Forces, Irish Coast Guard, Irish Prison Service, National Ambulance Service, the Pre-Hospital Emergency Care Council, National Directorate for Fire and Emergency Management, and the Chief Fire Officers Association.

The Road Safety Authority has overseen the development of this new Standard which will be voluntarily implemented by the principal emergency service organisations in Ireland. ESDS aims to reduce collisions on our roads

by creating a culture of safe and responsible driving among emergency vehicle drivers and a greater awareness of and management of risks. This involves ensuring all Emergency Service drivers are trained to the appropriate level by an ESDS trainer from the principal emergency service organisations, with the RSA providing oversight of the standard by acting as the accrediting body.

Ahead of the launch, Minister for Transport, Tourism and Sport Paschal Donohoe said: "This new Emergency Services Driving Standard aims to develop and sustain a spirit of cooperation, caution and courtesy in emergency service drivers. This important new Standard will provide emergency service drivers with clear information and training on how to drive competently and safely. As we launch this set of standards today, I also want to thank the emergency services for the lifesaving work they do every day."

Ms Moyagh Murdock, Chief Executive, Road Safety Authority said, "The ESDS initiative will be a significant contribution to road safety and will be vitally important in collision prevention. It was identified in the Government Road Safety Strategy 2013 – 2020 as one of the actions to reduce fatalities and serious injuries on our roads."

"ESDS sets out three levels of driving for

emergency services drivers to suit their duties, from the competent, socially responsible driving, to the use of Roadcraft, and also for emergency response driving where required," Ms Murdock went on to say, "Every day, the emergency services save lives in the course of their work. ESDS will help emergency service drivers to recognise, understand and manage the risks they face when responding and reacting to complex driving situations. ESDS has been built from the experience of emergency services in a collaborative approach and we would like to thank the principal emergency services and related organisations for their engagement on this important initiative," "We would also like to take this opportunity to remind all road-users to follow the RSA guidelines on how to share the road safely with emergency service vehicles so that they can give adequate space and time to those responding to an emergency situation."

Assistant Garda Commissioner John Twomey, An Garda Síochána said, "We welcome the launch of the ESDS today. This standard will help our drivers immensely and we're delighted to be leading the way in the Europe for setting such a standard for emergency drivers."

A booklet outlining ESDS is available in hard copy by request from the RSA and is also available to download from www.rsa.ie.



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Typical Finance example: Passat Saloon Trendline (2015) €29,990. Deposit €6,997.21. Monthly payments of €329. Optional Final Payment €11,576. Total cost of credit €28,772.21. Passat Saloon Comfortline (2015) €31,585. Deposit €6,295.76. 36 Monthly payments of €329. Optional Final Payment €12,526. Total cost of credit €28,066.76. Passat Saloon Highline (2015) €33,330. Deposit €6,330. 36 Monthly payments of €329. Optional Final Payment €11,330. Total cost of credit €27,979.37. *Total cost of credit includes acceptance fee (6.7%) and completion fee (6.7%). Minimum deposit is 10%. Subject to lending criteria. This offer is made under a hire purchase agreement. Volkswagen Bank GmbH Ireland is authorised by the Federal Financial Supervisory Authority in Germany and regulated by the Central Bank of Ireland for conduct of business rules. Offer applies to new Volkswagen passenger car models ordered before 30th November 2014 for the 111 registration period. Free Servicing for 3 years/40,000km. Terms and conditions apply. Visit www.vw.ie for details.

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142	Opel Insignia Elite 2.0 Diesel 140 BHP	Black	2k	€34,000	€32,500
141	Opel Zafira Tourer SE 7 seater 2.0 Diesel	Silver	15k	€29,950	€27,950
141	Opel Insignia SC 2.0 Diesel	Grey	19k	€27,950	€25,950
141	Opel Astra SE 4 door 1.3 Diesel	Silver	1k	€23,850	€21,950
141	Opel Zafira Club 7 seater 1.7 Diesel	Silver	9k	€25,950	€23,950
141	Opel Mokka SE 5 door 1.7 Diesel	Black	19k	€26,950	€24,950
141	Opel Astra SE 5 door 1.3 Diesel	Black	2k	€23,500	€20,950
141	Opel Corsa Excite 5 door 1.3 Diesel	Black	22k	€17,950	€16,950
132	Opel Insignia S 4 door	Blue	9k	€25,950	€23,950
132	Ford B Max Titanium 5 door MPV 1.5 Diesel	Gold	20k	€20,950	€17,950
131	Opel Corsa SC 5 door 1.3 Diesel	Silver	30k	€17,950	€15,500
2012	Kia Ceed Estate 1.4 Diesel	Grey	35k	€17,950	€16,950
2012	Opel Corsa Sxi 3 door Automatic 1.4 Petrol	Black	92k	€11,950	€9,950
2012	Ford Galaxy MPV 2.0 Diesel	Silver	92k	€30,950	€27,950
2012	Opel Astra Sxi 3 door 1.7 Diesel	Black	52k	€17,950	€17,250
2012	Hyundai IX35 1.7 diesel	Grey	25k	€22,950	€21,950
2011	Opel Meriva SE 1.7 Diesel	Gold	56k	€15,950	€13,950
2011	Opel Astra S 5 door 1.7 Diesel	Silver	92k	€15,950	€13,950
2011	Opel Corsa SC 5 door 1.2 Petrol	Silver	42k	€11,950	€10,250
2011	Opel Insignia SRI 2.0 Diesel 160 BHP	Silver	125k	€19,950	€17,950
2011	Opel Insignia SC Auto 2.0 Diesel	Grey	73k	€19,950	€16,950
2011	Nissan Qashqai 5 door	Grey	65k	€18,950	€16,950
2011	Citroen C4 Picasso 1.6 Diesel	Blue	24k	€15,950	€14,500
2011	Renault Fluence Tom Tom 4 door 1.5 Diesel	Red	44k	€14,950	€12,950
2010	Opel Insignia S 5 door 2.0 Diesel	Black	130k	€14,950	€13,950
2010	Renault Megane Coupe	Grey	125k	€12,950	€11,950
2010	Renault Clio 5 door 1.5 Diesel	Gold	72k	€10,950	€9,500
2009	Opel Corsa 3 door 1.2 Petrol	Silver	60k	€8,950	€6,950
2007	Opel Astra Sxi 3 door 1.4 Petrol	Red	97k	€8,950	€6,950
2007	Opel Vectra Club 5 door 1.6 Petrol	Silver	146k	€6,250	€5,500

Commercials at Aherns

141	Astravan 5 door 1.3 Diesel	Silver	1k	€14000 + VAT
2011	Ford Transit Connect 1.6 Diesel			€8000 + VAT

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FOSSA NEWS

LOTTO: The weekly draw was held in The Golden Nugget Sunday night. The jackpot was €6,600. The numbers draws were 9, 17, 21, 23, there was no winner. Five consolation prizes of €40 went to Connie and Angela Daly, Scarteen; Aoise O'Dwyer; Donie and Jula Fleming; Marian O'Connor, 9 The Oak Courtyard and Kathleen Hobbins, Coolroe. Thanks to all for playing and for their support. Next weeks jackpot will be €6,750.

CONGRATULATIONS: To neighbours Listry on winning the County Novice Championship. A fantastic achievement and well done to all involved in the victory and in the club.

FIXTURES: Our seniors play Castleageogry Sunday 23rd at 2.00pm in Na Gael, Tralee. This is the first game in a three way playoff for promotion to Div 3 of the County League, the winners of this game will meet Beaufort and the winner of that game will be promoted. Good luck boys.

ANNUAL GENERAL MEETING: Our AGM will take place in the clubhouse at 2.00pm Sunday 14th December. All members asked to attend.



PICTURED AT KERRY COMMUNITY GAMES AWARD NIGHT REPRESENTING FOSSA COMMUNITY GAMES IS LINDA KENNELLY, DENIS MYERS AND AMANDA O'BRIEN

TWO MILE NATIONAL SCHOOL

FUNDRAISER: Seisiun Craic agus Ceoil.

Starting off the festive season Two Mile National School Board of Management are holding a fun musical fundraising night featuring lots of local

talent on Friday 5th December at 7pm in the school hall.

There will be a minimal charge at the door and a fantastic raffle on the night. All are welcome to come and support.

LISTRY NOTES



THE LISTRY/KEEL U-13s THAT PLAYED SPA ON 16TH NOVEMBER 2014 IN THE EAST KERRY LEAGUE. LISTRY/KEEL AND SPA WERE EVENLY MATCHED AND BOTH TEAMS SERVED UP A VERY ENJOYABLE AND SKILFUL GAME. FINAL SCORE SPA 1-11 LISTRY/KEEL 2-11.

LISTRY SOCIAL COMMITTEE: We wish to remind Seniors in the Listry / Milltown and surrounding areas that the next Social day will

be held in Listry Community Centre on Tuesday November 25th from 12 noon - 4pm. The usual Bus service will operate on the day and will start

collecting passengers at approx 10.30am. We look forward to meeting you all again

CONCERT IN LISTRY COMMUNITY CENTRE:

Listry Community Centre will host the highly acclaimed "Killorglin Men's Shed Choir" for a Concert on Sunday November 30th at 4.30pm. Please come along to hear these wonderful Singers who have performed throughout Ireland over the past year. Admission is free and light Refreshments will be served.

NEW YEAR CLASSES: Listry Community Council hopes to organise the following Classes in January 2015. Cookery Classes for Men and Photography Classes for beginners. These Classes are being run in Conjunction with Kerry Education and Training Services. If interested please contact Joan on 0867944494 or speak to any Community Council Member.

BEAUFORT NEWS

BEAUFORT TIDY TOWNS: Christmas in Beaufort. Come visit Santa and indulge yourself with a delicious Christmas afternoon tea at a beautiful 18th century manor of Beaufort House. Always a popular treat so be sure to book early to avoid disappointment. Takes place the 13th and 14th of December between 1:30pm and 4:30pm. Call Joann on 087-3164664 to

book your place. Afternoon tea costs €13 and visit to Santa is €7.50 per child. Don't miss out. All proceeds in aid of community projects by Beaufort Tidy Towns.

BEAUFORT BOWLS CLUB: The Club continues to do the parish proud by figuring strongly in any competition they contest. Week before last 6 members travelled to Donegal, where

Eileen Rooney reached the final, coming away with second prize. Last week, in the open Competition at the Gleneagle Hotel, 3 members reached the quarter finals. Mary Grant was beaten at this stage, but Gisela Gloge went on to finish 3rd, and Margaret Sweeney was a winning finalist. Well done everyone.

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DESMONDS DELIVER FOR A PLACE IN THE FINAL

Castleisland Desmonds ladies are through to the Tesco HomeGrown Intermediate Club Final, against Clonburn of Galway on Saturday November 29th. They defeated Kilmacud Crokes of Dublin in Castleisland in a game which went to extra time, after Leanne Mangan pointed a pressure free kick to bring it to extra time. Desmonds started the game much more brightly and pointed within 30 seconds from Andrea Murphy. Her sister pointed 4 mins later to give them a 2 point lead, but it really should have been more as they dominated possession. But this lead was wiped out as Lauren Magee hit for a wonder goal their first score in the 10th minute. Leanne Mangan replied with a point from a difficult angle. Desmonds added some scores and looked to be pulling away coming up towards half time. But again Kilmacud Crokes pulled them back and struck for 2 goals within a minute from Holly Greer and Rachel Gallagher to lead at half time 0-06 to 3-00. The wide count was beginning to hurt the home side. The second was a little bit of a war of attrition as both defences tightened up considerably and the forwards seemed to lack space to make their move. Leanne Mangan got the first score of the half after she was fouled and pointed the free after good combination with Cait Lynch drew the foul. Kilmacud responded with their first point of the day in the 7th minute of the half to keep their goal lead. As the clock started to run down, Castleisland poured pressure on the young Dublin, which resulted in Anna O'Grady being sin binned after a foul on Lorraine Scanlon, which was pointed by Leanne Mangan. Kilmacud responded with another point to keep their slender 2 point lead but just in the dying minutes of the game Desmonds somehow managed to bring it to extra time. It finished 0-11 to 3-02. In extra time it was all Desmonds as their experience showed through and they seemed to have more left in the tank. The late comeback possibly giving them that edge which seemed to have taken the fight out of the Dublin outfit. But it still wasn't without its drama as Desmonds had 2 player sin binned. Captain Lorraine Scanlon got the first score with a superb long range effort. They then added 3 more whilst holding Kilmacud scoreless despite being a player down. Half time during extra time finished 0-15 to 3-02. The final period of extra time was extremely defensive as Desmonds funnelled players back to protect their defence. Legs were beginning to tire but Desmonds added another point through a free, which gave them a 5 point cushion with only 2 minutes left on the clock. Kilmacud tried valiantly to get back into it but knowing that they needed 2 goals was probably a mountain too high and all they could muster was a point. Final Score AET Castleisland Desmonds 0-16 Kilmacud Crokes



CASTLEISLAND DESMONDS LADIES WHO ARE THROUGH TO THE TESCO HOMEGROWN INTERMEDIATE CLUB FINAL, AGAINST CLONBURN OF GALWAY ON SATURDAY NOVEMBER 29TH. THEY DEFEATED KILMACUD CROKES OF DUBLIN IN CASTLEISLAND.

3-03. There were scenes of jubilation as the large home support flooded the pitch.

CASTLEISLAND DESMONDS: Melissa Holland, Marian Shine, Aoife Lyons, Mariah Curtin, Tina Mangan, Cait Lynch, Eda Mangan, Aisling Leonard, Eilis Lynch, Rachel Cronin, Lorraine Scanlon 0-2, Andrea Murphy 0-2, Stephanie Murphy 0-1, Leanne Mangan 0-11 (0-6F), Aine O'Connor
Referee: Keith Delahunty (Tipperary)

SCARTAGLIN CROWNED CHAMPIONS

Scartaglin were crowned Rhyno Quality Feeds Division 1 B champions on Sunday in Cordal GAA. They defeated Inbhear Sceine Gaels in a repeat of the Senior B Championship decider on a final score line of Scartaglin 2-09 Inbhear Sceine Gaels 2-06. Inbhear Sceine Gaels would have been disappointed in their performance in the Senior B final in September, but despite the result they will be much happier with their performance and will go into next season in a stronger position as a result. Scartaglin got off to a great start with a goal from Eileen O'Connor after 3 mins and points from Elaine O'Connor and Aisling O'Connell. Inbhear Sceine Gaels (ISG) missed a few opportunities and it took 20 mins before Michelle O'Sullivan opened their account with 2 goals in 5 mins. ISG finished the half strong with 2 points by Michelle O'Sullivan and Caroline O'Sullivan to leave the half time score ISG 2-02 Scartaglin 1-02. Caroline O'Sullivan scored a brace of points early in the second half for ISG and Scartaglin replied through Mary Herlihy and Denise Dunlea. Scartaglin were awarded a penalty 15 mins into the second half when Marie Dineen was fouled in the square. Joanne Brosnan finished the ball into the back of ISG net from the penalty spot to leave 1pt between the sides.

Further points from Eileen O'Connor and Amy Dunlea put Scartaglin ahead. Laura O'Sullivan scored for ISG to leave the team's level with 8 mins remaining with the result now hanging in the balance. However Scartaglin finished the game stronger with points from Joanne Brosnan and 2 from Amy Dunlea to leave the final score Scartaglin 2-09 ISG 2-06. It was a greatly contested game until the very end & it was played in ideal conditions for month of November with much credit to Cordal GAA for the quality of the playing surface.

The Mary Jo Curran B Final between Corca Dhuibhne and Na Gaeil will take place on Sunday in Keel GAA at 11.45. This competition was developed for non senior inter county players to give club players more games. As a consequence both teams will be without their heavy hitters as Corca Dhuibhne will be missing Louise Ni Mhuirteartaigh and for Na Gaeil Marie Quirke is ruled out. However both teams have depth & strength in their ranks & are building youthful clubs so an exciting game is in prospect. A very tight game to call & will be all dependant on what players are available to Na Gaeil for selection.

The first round of trials for Kerry U14 & U16 teams 2015 took place the weekend with over 130 girls eager to get their place on the Kerry intercounty team & wear the jersey. Further trials will take place next weekend again; details will be posted on our social media accounts & on our website.





MILLTOWN LISTRY TEAM WHO BEAT LAUNE RANGERS IN THE U14 EAST KERRY SHIELD FINAL IN KEEL BY 2 POINTS.

EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

AQUILA CLUB O'DONOGHUE CUP SEMI FINAL

RATHMORE 1-21 SPA 4-11 (AET)

The second semi final in the Aquila Club O'Donoghue Cup championship, sponsored by the Aquila Club, Gleneagle Hotel, was a great sporting game with an exciting finish and many twists and turns throughout. It took extra time to separate Rathmore and Spa and the outcome went down to the wire. Rathmore were the winners by the minimum and meet Legion in the Final in Fitzgerald Stadium this coming Sunday, the 23rd November. Throw in is at 2.15pm. Spa started the stronger and had three points on the board in as many minutes from the boots of Michael O'Donoghue (2) and Niall O'Mahoney. Rathmore began to gain control in mid field and notched up 5 points to 2 for Spa in the remainder of the quarter to bring the sides level on 5 points a piece. Mark Reen (2), Michael O'Riordan(2) and Shane Reen on target for Rathmore, Michael O'Donoghue and Shane Cronin for Spa. A Mark Reen point gave Rathmore the lead but Evan Cronin scored a great goal, putting Spa ahead by two points, seventeen minutes into the half. Rathmore brought on Aidan O'Mahoney and the side notched up two points from well taken frees by Michael O'Riordan. Spa lost their outstanding forward, Michael O'Donoghue, who sustained an injury. Spa pointed in the last minute of the half to lead by the minimum at the break on a scoreline of Spa 1-06 Rathmore 0-08. The lead changed from one team to the other in the second half. Rathmore got off to a dream start with a George O'Keeffe goal within seconds of the restart and a point from Brendan O'Keeffe. Spa responded immediately and took the lead with two well worked goals from the boot of Craig Hickey. The first goal finished to the net from a nice ball across the goalmouth by Shane Cronin, to bring the sides level 1-09 to 2-06, three minutes into the half. The second goal came within two minutes, when Andrew Garnett sent a high ball in and Craig fisted in to score a goal. Mark Reen narrowed the gap with a point from play but Spa extended their lead with points from Liam Kearney and Evan

Cronin, opening a four point lead. Play moved from end to end without score before Mark Reen made a penetrating run forward and split the posts to narrow the gap to a single score fifty minutes into the game. With three minutes remaining, Rathmore's full forward, Michael O'Riordan, levelled the game 1-14 to 3-08 with three unanswered points. Both sides worked hard to gain the lead. Eoin Lawlor put Rathmore ahead with a point on the fifty eighth minute, and Liam Kearney equalised on the stroke of full time, putting the match to extra time. Score at the end of normal time: Rathmore 1-15 Spa 3-09. Rathmore pulled ahead in the first half of extra time scoring four points without reply (Mark Reen, Aidan O'Mahoney and Eoin Lawlor) and appeared to be on the way to victory. However, Spa fought back in the last half of extra time. After the sides traded points (Evan Cronin, Spa, Michael O'Riordan, Rathmore) Spa made a drive at goal, and had everyone on the edge of their seats. The first shot was put out for a 45m free. However, within seconds a rasper of a shot from Pat Croin hit the back of the net and the gap was down to the minimum again. Aidan O'Mahoney caught a high ball and set up Michael A Kelleher who pointed. Spa replied with a point and on the stroke of full time won a long distance free, and an outside chance to equalise but the ball went wide and Rathmore were through to the Final after a most entertaining game. Final score Rathmore 1-21 Spa 4-11.

Referee: Tommy Brosnan (Dr Crokes)

Tim Ryan, East Kerry Board Chairman presented the man of the match award to Rathmore captain Mark Reen.

BEST WISHES: All in East Kerry send very best wishes to Michael O'Donoghue for a speedy recovery

CONGRATULATIONS:

Heartiest congratulations to Listry on winning the County Novice Championship.

BEAUFORT GAA NOTES

BEAUFORT MINORS: Played Laune Rangers in the semi-final of the Mid-Kerry Championship on Saturday last. Final score was Laune Rangers 1-8 to Beaufort 2-9 thus breaking Laune Rangers stranglehold on this

competition over the last 8 years. Beaufort got off the brighter start, scoring three unanswered points in the opening 5 minutes from the boots of Liam Carey, one from play and one free and Darragh Coffey. Rangers had a score in the 9th minute with a well taken point but it was soon cancelled out by a Mike Breen point for Beaufort. Rangers had another point but Liam Carey responded with a free to leave them leading by 3 points at the quarter mark. Two goals lit up the 2nd quarter-Danny Healy finished a great move for Beaufort but it was immediately cancelled out with a goal by Laune Rangers. They reduced the lead with 2 more points before Liam Carey slotted a free to leave the half time score Laune Rangers 1-4 to Beaufort 1-6. Points were exchanged by the two teams at the start of the 2nd half with Darry Coffey scoring for Beaufort. Liam Carey then scored a free to increase the lead to three, but this should have been wiped out when Rangers had a goal chance but fortunately for Beaufort the shot came off the crossbar and the rebound was put wide. At the three quarter stage Beaufort lead by 3 points. Two frees brought Rangers right back into the game and left a point in it with 10 minutes to go. The score of the game then came for our All Ireland minor star Liam Carey who superbly split the posts from 50 yards to double Beaufort's advantage. Then with a minute left a 45 from Liam Carey dropped into the square went untouched and bounced straight into the net. This was the winning of the game for Beaufort and a final Laune Rangers free left the final score Laune Rangers 1-8 Beaufort 2-9. Liam Carey was Beaufort's top scorer and 1-6 was no concession and could have had a higher tally. Mike Breen as ever and Darragh Coffey were always dangerous. They now play Keel/Listry in the Mid-Kerry Final on a date to be decided depending on the results in the Senior Championship next week-end.

BEAUFORT SENIORS: Sponsored by Maurice Foley of MF Decorating play Cromane in Beaufort on Saturday next in the Mid-Kerry Championship. Time to be confirmed. Come out and show your support for our senior players.

COACHING SESSION: With Jack O'Connor for any coaches interested in U14 to Minor coaching in John Mitchels on Saturday, 22nd November at 10.45am.

LOTTO: Next Lotto Draw is postponed to Sunday, 23rd November in Beaufort Bar.

CHRISTMAS FAIR: Beaufort GAA are holding a Book/Cake Sale (Christmas themed baking more than welcome) on Saturday, November 29th at 4pm. Liam Carey with the Minor All-Ireland Cup, Fiadhna Tangney, Hannah O'Donoghue and Tara Breen will also be present with the Kerry Ladies U14 All Ireland Trophy.



LEGION GAA CLUB NOTES COUNTY JUNIOR LEAGUE GROUP 1 FINAL REPLAY

KILLARNEY LEGION 3-12

AUSTIN STACKS 0-7

Congratulations to Donal O'Donoghue and his management team of Tomas Lyne, Mikey Lyne and Enda Walshe on adding to their O'Sullivan cup success earlier in the year when they added the County League div 1 title last Saturday with a fine victory over Austin Stacks in Tralee.

A first half goal scored by early substitute Scott O'Mahony (on for injured Thomas Moriarty) was the difference between the teams at half time on the scoreboard. The 3rd quarter was where the lads really pushed with some great point taking by Derek Twomey and Donal Lyne pushing us further ahead and goals by Kieran Slattery and sub David Gleeson gave the scoreboard a better look. A great panel effort and the lessons were learned from the drawn game with a huge improvement in the middle third of the field and stout defending by a resilient back line. K J Griffin, Darragh O'Doherty, Tom Slattery, Cathal Sheahan, Alan Moriarty, Eoin O'Carroll, Derek Pyne, Tim Regan, Jack O'Neill, Sean McCarthy, Kieran Slattery, Donal Lyne, Thomas Moriarty, Aidan Slattery, Derek Twomey. Subs Scott O'Mahony, Sean Hegarty, Brian Doolan, David Gleeson, Kyle Griffin, Bryan Griffin, Ciaran Lyne and Rob Leen. Captain Brian Doolan accepted the trophy on behalf of his team mates and wished Austin Stacks all the best in their Munster club campaign. Team Management Donal O'Donoghue, Enda Walshe, Thomas Lyne, Michael Lyne.

O'DONOGHUE CUP FINAL: All roads lead to Fitzgeralds Stadium next Sunday 23rd November when we face Rathmore in this years O'Donoghue cup final. This promises to be an intriguing game with these two sides not having met in this final in exactly 30 years. All support on the day will be greatly appreciated and win, lose or draw we as a club would like to thank this years management team of Peter Keane, Chris Flannery, Diarmuid Leen along with the help of Barry Slattery, Mikey Bernard O'Donoghue and Paudie Lynch and all the back room team for a great years effort. Promotion back to Div1 of the County League as Champions and an East Kerry League title, not a bad return. Well done lads.

U13 EAST KERRY: Excellent performance from our under 13 boys against Rathmore in the second round of the East Kerry league. In a bruising encounter that saw both sides giving it their all, our lads managed to come out on top on a score-line of 3-13 to 2-07. While it was encouraging to have seven different players getting on the scoreboard for us, it was the intensity of the defending that was most impressive. This was a great team performance with the subs also making a massive impact when introduced. Well done lads.

LOTTO: Lotto results for Sunday 16 November Jackpot not won. Numbers drawn 4, 10, 16, 17. Lucky Dip, Teresa Lyne, Muckcross. Breda Diffley, Muckcross. Joe Gallagher, Muckcross. Joan Caplice c/o Gala High St Killarney. Sheila Goulding, St Olivers School Ballycasheen. Next weeks jackpot €10,000.

LISTRY NOTES

LOTTO: Listry Weekly Lotto Results, Sunday 16th November, 2014. Winning Numbers 5, 12, 14, 17. Jackpot €10,850. Not Won.

1 x €100 Lou & Breda C/o J.J.

2 x €50 Deborah Ambrose C/o John Wrenn.

Sean O'Donoghue, 8 Deerpark.

2 x €25 Pat O'Sullivan, Coolbane.

C. Counihan, Faha.

Draw Entrant Ger Mitchell, Waterhill, Cork.

Jackpot next week Sunday 23rd November €11,000.

LISTRY - NOVICE CHAMPIONS 2014:

Well done to Listry, who became Novice Champions yesterday, it took a while, but was well worth the wait. Listry 0-15 Lisle 1-11

25TH ANNIVERSARY BANNA BEACH RESORT KERRY WINTER RALLY 2014:

This took place on Sunday, 9th November and was won by Daniel Cronin from West Cork and his co-driver, local man Shane Buckley from Rockfield. Well done lads.

KILLARNEY LIBRARY: Artist Helene Brunicardi will hold an art exhibition of oils and watercolours at Killarney Library from Thursday 20th to Saturday 29th November during library opening hours with the official opening taking place on Thursday 20th at 7pm. Free admission. All welcome.

IN THE U 14 EAST KERRY SHIELD FINAL:

Milltown Listry beat Laune Rangers in Keel by 2 points. In a very exciting and entertaining game Laune Rangers were up by 4 points before Milltown Listry got their first point from play. With goals for Milltown Listry coming from Ella Teahan and Quinn Dwyer and a penalty scored by Meadhbh Rochford the final score was 3 goals 10 points to 1 goal 14 points. A great display by both teams and very close game in the end. Great saves were made by the excellent goalie for Milltown Listry Niamh Foley. All players for Milltown Listry played their hearts out and their victory was due to a great team effort. The shield was presented to Milltown Listry's captain Quinn O'Dwyer. Well done to all involved. Special thanks to their trainers Anthony Evans, Eoin Flynn, Jerome Flynn and Marie Teahan for all the hard work and training with this u 14 team. Thanks to all the mentors parents and supporters and to Keel Club for the use of their field and club house.

SPA CLUB NOTES

COISTE NA NOG: Our u6 and u8 boys are taking a break for a while and ended with a

fun game against Tracton Club, Kinsale. They received their medals from Liam Kearney and Dan O'Donoghue our All Ireland winning minors. Thanks to Coaches Adrian McCarthy and Eoin Cronin and referees Ciaran Spillane, Evan Cronin and Mike McCarthy. And to everyone who helped out with the celebrations on the day.

LADIES FOOTBALL: Our young girls went to the u14 and u16 county open trials at the weekend and best of luck to them.

AQUILA CLUB O'DONOGHUE CUP SEMI-FINAL:

SPA: 4-11 RATHMORE: 1-21: Spa bowed out of the Aquila Club O'Donoghue Cup last Sunday in the Fitzgerald Stadium. In a thrilling encounter the lads just came up short by the narrowest of margins. The game ebbed and flowed throughout with both sides enjoying periods of dominance. Experienced players Niall O'Mahony and Michael O'Donoghue kicked early scores for Spa with minor Shane Cronin chipping in with two points also. Mid-way through the half a good pass by Ryan O'Carroll saw Evan Cronin rattling the Rathmore net. Quick accurate ball seemed to be paying dividend for the Killarney side. Andrew Garnett and Liam Kearney were busy at midfield. Spa's Michael 'Stam' O'Donoghue was causing a lot of trouble for the Rathmore defence but in the twenty seventh minute he dislocated his shoulder while contesting a ball. A number of scores from Michael O'Riordan, Mark and Shane Reen left the halftime score Spa 1-06 Rathmore 0-08. Within five minutes of the resumption of the game Rathmore had turned around the deficit to lead by three points. Their goal coming from Kerry player Paul Murphy. The introduction of Craig Hickey saw him fisting home two goals within a minute of each other after great work by Shane Cronin and Evan Cronin. Eoin Cronin moved into the full back line and he steadied the ship here. For the remainder of this half the teams traded scores with Kerry minor captain Liam Kearney kicking some wonderful points. Young Michael McCarthy and Ciarán Spillane, who replaced Dan O'Donoghue due to illness, worked tirelessly. Shane Cronin's positive straight running at the Rathmore defence was a joy to watch. The final whistle blew but with the sides still tied at Spa 3-09 Rathmore 1-15 extra time was required. Extra time followed a similar pattern to the second half with Rathmore storming into a four point lead by half-time. Spa introduced Paul Russell, Pat Cronin, Alfie Giles and Shane Fenton and the fresh legs took immediate effect. Pat Cronin scored a cracking goal to reduce the deficit to the minimum, with just five minutes left. Rathmore's Michael O'Riordan responded but Liam Kearney replied with a fantastic free kick. The Spa lads rallied and never once dropped their heads. They showed fighting spirit, belief and a never say die attitude throughout the match. Unfortunately, this did not suffice. It



was not meant to be. Rathmore held on to win by a single point. It was devastating for the Spa players who were heartbroken at the final whistle. The final score was Spa 4-11 Rathmore 1-21. The Spa management wish to thank the players for their commitment, dedication and genuine effort throughout the year. As many people commented in the aftermath of the game, this bunch of lads have restored lost pride in the Spa seniors. Thank you lads for the year. We hope the years ahead will reap the rewards you all deserve.

We would like to wish Mike Stam a speedy recovery.

SENIOR MANAGEMENT: Thanks to Sean Moynihan, Willie Cahill and Conor Gleeson for all your hard work and time over the year. Also to Sean Cronin and Anne Marie Hickey, Dr Gary Stack and Dr. Michael Doherty our backroom team. It was a brilliant performance and we were very unlucky losing in The semi Final of the O'Donoghue Cup.

SCÓR NA NÓG: Best of luck to our quiz team in the quiz Co. Final in I.S.K on Saturday 22nd November at 7.00pm. Team: Niamh Clifford, Thomas Fleming, Michael Aherne and James Lynch. The Co. Final takes place in Glenbeigh on 30th November at 2.00pm.

LOTTO: No Jackpot winner 4, 14, 17, 24. Bernadette Foley online, Niamh Cronin Upper Ballycasheen, Mary Lynch Inchicullane, Tom and Dan Moynihan Headford. Jackpot next week €3800 in McSweeney's.

ANNUAL AWARDS NIGHT SATURDAY NOVEMBER 29TH: Our Inaugural Awards Night will be held in Torc Hotel (Darbys) @ 7.30pm on Saturday November 29th. Tickets are €15 for Buffet/Dance. We are delighted to announce the Recipients. Senior Player TBA (John Doyle Award), Senior Lady Sinead Cronin, Junior Player Aaron Farrell (Pat Corcoran Award), Young Player Liam Kearney (Alan Cronin Award), Cultural/Scór Award Sheila McCarthy, Guests of Honour Dan O'Donoghue and Liam Kearney and Lifetime Achievement Award John Kelly. Tickets are limited and on sale now by contacting Andrew Garnett 086 1911263, Anne Holland 085 7780883, Adrian O'Sullivan 087 6468626, Sean Kelliher 0876298613 and Ivor Flynn 087 1003142.

CLOTHES/BOOKS/OLD PHONES DRIVE COLLECTION: We collect all year round. All proceeds goes towards the underage section of this club. Time to clear those wardrobes and can be dropped off to Spa clubhouse during the day or in the evening. All clothes any condition (clean), belts, bags, shoes and books (no school text books) and any old phones can be collected. Contact Anne Holland 085 7780883 or John O'Donoghue 087 9403517.

SYMPATHY: Condolences to the Kearney family, Knocknahoe on the death of Brendan Cronin of Dromhall Heights.

BEST WISHES: Ger Galvin Vice Chairman of the Kerry Co. Board is stepping down to contest a seat on Central Council. He is seeking support

from the club delegates for this position. Election will take place in Ballyroe Heights Hotel, Tralee on Monday December 8th. Ger has been Chairman of Spa GAA Club and also East Kerry.

MID KERRY NEWS

MINOR CHAMPIONSHIP SEMI FINAL LAUNE RANGERS 1-08 BEAUFORT 2-09

This was Laune Rangers first loss in a Mid Kerry Minor Championship match since 2005. It now opens the door for another team to etch their name on the trophy. Laune Rangers hosted Beaufort in the Mid Kerry Minor Championship Semi Final on Saturday afternoon. Beaufort got off to a brighter start, scoring three unanswered points in the opening 5 minutes from the boots of Liam Carey with 2 (1 free) & Darragh Coffey, Patrick Daly got Rangers off the mark in the 9th minute with a well taken point, but it was soon cancelled out by a Mike Breen point for Beaufort. Eoghan O'Sullivan pointed for Rangers, but Liam Carey responded with a free for Beaufort to leave the visiting team in the lead by 0-05 to 0-02 at the quarter mark. Two goals lit up the game in the 2nd quarter. Danny Healy finished a great move by finding the net for Beaufort, but it was immediately cancelled out by well taken David Costello goal. Rangers reduced the deficit with points from Patrick Daly (free) & Jamie Clifford before Liam Carey slotted a free to put two between the sides at the break. Half time score Laune Rangers 1-04, Beaufort 1-06.

Points were exchanged between the sides at the beginning of the second half – Darragh Coffey and Patrick Daly with frees for their respective sides. Liam Carey then slotted a free of his own to increase the Beaufort lead to three, but this should have been wiped out when a Laune Rangers goal chance was missed – some great work by Jamie Clifford beat the goalkeeper but came back off the crossbar, for it to be put wide on the rebound. This left the score after three quarters: Laune Rangers 1-05, Beaufort 1-08. Two frees by Patrick Daly brought Laune Rangers back to within a point with ten minutes to play, but the score of the game then came from All Ireland Minor winner Liam Carey who superbly split the posts from 50 yards to double his side's advantage. Then, with just a minute of normal time, disaster struck for Rangers. A 45 yard free taken by Liam Carey dropped into the square and went untouched to bounce straight into the home sides net. This was the winning of the game for Beaufort, and a final Patrick Daly free left the final score: Laune Rangers 1-08, Beaufort 2-09. Beaufort now go on to play Keel/Listry in the Mid Kerry Minor Championship Final Date to be Confirmed.

SENIOR CHAMPIONSHIP: Saturday 22nd Laune Rangers entertain Glenbeigh/Glencar 2pm. (Please note change of date) Can Laune Rangers get revenge for last years final or can Glenbeigh/Glencar retain the title. (Keel await

the winners)

Sunday 23rd Beaufort host Cromane 2pm. (Miltown/Castlemaire await the winners). Extra time in both games playable.

SCÓR NA NÓG: County Finals will be held in Glenbeigh Sportshall on Sunday 30th November.

CONGRATULATIONS: To Listry on winning the Novice Championship last Sunday.

DR. CROKES GAA CLUB NOTES

LOTTO: Draw took place in the Tatler Jack on Sunday last. Numbers drawn: 2, 4, 9, 23. The jackpot of €11,400 was not won. Match 3, 8 received €50. Next week's jackpot is €11,700. Draw will take place in the Tatler Jack.

FIXTURES: Senior County League - Div 1: Away vs. Austin Stacks, Sunday 23rd November (TBC). Senior County League - Div 5: Away vs. Moyvane, Sunday 23rd November, 2:00pm. Please support.

CLUB MASS: Thanks to all who attended our club Mass on Wednesday evening last. A special thanks to Fr. Paddy O'Donoghue for organising it with the help of Fr. Tom Looney.

ANNUAL RETREAT: This year, the annual retreat will take place in Ardferd on Wednesday, 3rd December. The bus to Ardferd will be in the High Street car park at 7:00pm.

SCÓR NA NÓG: We are looking for our talented members to take part in Scor Sinsear and Scor na bPaisti (Primary Schools) early in the New Year. Anyone who would like to get involved in any way please contact Theresa Hickey on 086-3487671 or Aine McMahon on 087-2890527

CLOTHES BANK: There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPC.



TIM RYAN EAST KERRY BOARD CHAIRMAN PRESENTING MAN OF MATCH AWARD TO RATHMORE CAPT MARK REEN IN THE SEMI FINAL OF THE AGUILA CLUB O'DONOGHUE CUP.



GIRLS U14:

Gneeveguilla take advantage as Cougars hit foul trouble

**KILLARNEY COUGARS 31
GNEEVEGUILLA 33**

Cougars and Gneeveguilla played out a very entertaining game at the Pres Gym with visitors coming from ten points down in the last quarter to clinch a late win. Cougars led 10-4 at the end of the first quarter with Shelly Clifford on target with 8 points. Cougars continued to hold the lead at halftime with Anna Clifford and Ava Teehan contributing good baskets to see Cougars ahead 21-9. The sides went basket for basket in the third quarter with Gneeveguilla now playing much more confidently and working very hard. Cougars Ciara Griffin contributing 6 points as they responded to the visitors revival. The visitors put Cougars under a lot of pressure in the final period, resulting in Cougars getting into big foul trouble and the loss of Clifford and Griffin both fouling out proved costly as Gneeveguilla finished strongly with a storming comeback to take the points in the closing minutes. Cougars were reeling missing free throws to rescue the game in the dying seconds and letting a big lead slip.

BEST FOR COUGARS: Anna Clifford, Orla Moynihan, Aoife Dooddy and Shelly Clifford.

BEST FOR GNEEVEGUILLA: Chloe Fitzgerald, Niamh Cronin and Hannorah Hurley.

MENS DIV 1

26 point O'Sullivan clinches a close encounter

ST. PAUL'S 63 ST. BRENDAN'S 68

The St. Brendan's Senior Men enjoyed a five-point win away to St. Pauls in Killarney last Wednesday. In a close affair Fergal O'Sullivan top scored for Brendan's with an outstanding 26-point contribution. He was assisted in the scoring stakes by Liam Sullivan with 11 and Rory Doyle with 8.

UNDER-16 BOYS DIV 2

Dalton holds nerves as Vixens prevail at the death

GNEEVEGUILLA 2 50 - TK VIXENS 51

Gneeveguilla and TK Vixens served up a cracker of a game in Rathmore last Sunday with the visitors just shading it in the end. Vixens got off to the better start with some lovely 3 pointers from Cian Horgan. Donal Hurley kept Gneeveguilla in touch with 6 points in 1st Quarter leaving the score 10-14. The 2nd quarter was another exciting quarter with Andy Aherne scoring a buzzer beating 3 pointers to leave Vixens ahead 20-26 at half time. Gneeveguilla took control in the 3rd quarter with Sean Keeffe scoring 11 points in this quarter to leave Gneeveguilla 36-33 ahead going into final quarter. The final quarter was nail biting with the lead changing hands on numerous occasions. There was some excellent

rebounding from Jamie Sullivan, Colm O'Mahony, Cathal McCarthy, great play from guards, Eoin Fitzgerald and Denis O'Connor for Gneeveguilla but some great shooting from the Athea boys and with the scores tied, Vixens got free shots to win the game as Michael Dalton scored 1 from of 2.

GIRLS U-16:

Leaders St Marys too strong for Ravens.

RATHMORE RAVENS 26: ST MARYS: 46

Rathmore Ravens U16 girls played a spirited game on Saturday against current League leaders, St Mary's. This was the girl's first league game of the season. Katie Horgan was the highest scorer for Rathmore closely followed by Ava Murphy and Catriona O'Mahony. It was a good team performance. Next game is away to Glenbeigh on November 29th.

GIRLS U14 DIV3:

Barry's buzzer beater sees Wildcats snatch victory

**BALLYBUNION WILDCATS 23
RATHMORE 22**

Ballybunion Wildcats U14 Girls met Rathmore in their first game of the season at home on Sunday and led 6-4 at the end of the opening quarter. Wildcats played great defence in the 2nd qtr and upped the tempo with the help of strong defence they contained Rathmore to just 4 points as Wildcats scored 8. The third quarter saw Rathmore fight back and keep the Wildcats scoreless.

Both sides wanted to win and Rathmore got the upper hand in the closing minutes of the final qtr leading by one point with 30secs left on the clock. Then an outside shot taken by Caoimhe Barry for the Wildcats saw her side grab victory from the jaws of defeat.

TOP SCORERS: WILDCATS: Donna O'Rourke 14pts. **RATHMORE:** Lily Sheehan 8pts.

MEN'S CO LEAGUE:

Veteran James Fleming turns game in Cougars favour

**GLENBEIGH FALCONS 44
KILLARNEY COUGARS 52**

Glenbeigh hosted the Cougars at packed Glenbeigh Community centre on Friday night and the visitors finished with a late run of scores to take the points in a very keenly contested game. Both sides went into the game unbeaten and there was little between the sides, through the first quarter with Cougars ahead 6 -8 with a three by Alan Flynn giving Cougars the lead, at the end of the quarter. Glenbeigh had a good second quarter thanks to good scores by PJ Reidy, Calvin Teehan and Conor Blunt but Cougars again finished the quarter thanks to a three by Dan Cronin to leave Cougars ahead 17 16. A tight third quarter saw Cougars just staying ahead by the end of the third quarter with James Fleming introduced for the Cougars

creating good scores inside for Cougars Dan Doonan to keep Cougars ahead 32 30. James Fleming (Boo Boo) hit a big three at the start of the final quarter as he began to control proceedings despite three pointers by P J Reidy to keep the home side in touch. Cougars began to find their range as the home side tired and two baskets each by Darren Gaffey, Pa Murphy and Dan Doonan gave Cougars a deserved lead entering the final minutes with Glenbeigh determined challenge finally ended despite great efforts of Ivor Barton, Calvin Teehan and John O'Sullivan in what was a very entertaining game for the large attendance.

TOP SCORERS: Cougars Dan Doonan 14 points: Glenbeigh P J Reidy 15 points.

BOYS- U18 DIV 2

O'Leary and Collins shine as Gneeveguilla prove too strong

**GNEEVEGUILLA 59
KENMARE KESTRELS 29**

Gneeveguilla made a good start against Kenmare Kestrels in this their second game of the season, with a lead of 18 - 6 in the 1st quarter. Jack Collins and Conlon O'Leary led the home side's scoring with 14 points each and were also dominant under the boards with great rebounding. Naoise Clifford and Darragh O'Callaghan both shot well from outside adding to the overall score. Kenmare responded in the 2nd and 3rd quarters with good outside shooting and three 3 pointers scored during the game. However, Gneeveguilla continued to increase their lead with Dara Looney, Gavin Cronin and Liam Murphy scoring. Joey Lynch added to the strong defence, and the team kept their foul count low totalling 8 for the entire game. Gneeveguilla maintained their momentum, scoring well in the 4th quarter.

GIRLS U17:

Guerin/Crowley shoots down St Marys

GNEEVEGUILLA 67 ST MARYS 58

In this highly entertaining game both teams displayed a high level of skill, commitment and sportsmanship. The game was close throughout with St. Mary's leading 15 -16 at end of first quarter, six of which were scored by Emma Dineen of St Mary's. Gneeveguilla upped the tempo of their game in the second quarter to lead at half time 27 to 20. The third quarter was nip and tuck with St. Mary's pressing hard. However Gneeveguilla held onto their slender lead into the 4th quarter and eventually saw off a gallant St. Marys to win by 9 points. Shauna Guerin Crowley was excellent in both defence and offence scoring 26 points with some fine inside scores and mid range shots. Marie O'Callaghan and Sarah Murphy played excellent defence for Gneeveguilla against strong posting play by St. Mary's.



KILLARNEY DARTS

RESULTS OF KNOCKOUT CUP GAMES PLAYED ON 13TH NOVEMBER.

Kenmare Rooms (5) - Jimmys Jokers (3).

Tatler Jack (5) - Dunloe Lodge A (0).

Dan Linehans (5) - Jimmy Briens (3).

Murphys Bar (5) - Klub Bar (1).

Lals Bar (5) - Sportsmans (1).

Klub Bar Reserves (5) - 98 B (2).

98A v Scruffys not played.

Team Danny Mann v Golden Nugget Old Timers not played. Next Round of KnockOut Cup to be played on 4th December.

FIXTURES: For next round will be printed here and posted on facebook. League Game 7 to be played on 27/11/14.

First named team home advantage

GROUP 1: Sportsmans v Lals Bar.

Murphys Pinters v Kenmare Rooms.

Dunloe Lodge B v Golden Nugget Old Timers.

Jimmys Jokers - Free Night.

GROUP 2: Jimmy Briens v Tatler Jack.

Klub Bar Kilcummin v Murphys Bar.

Dan Linehans v Dunloe Lodge A.

Corkerys Bar - Free Night.

GROUP 3: Charlie Foleys A v Teddys Bar.

Old Killarney Inn v Mustang Sallys A.

Golden Nugget Night Owls v 98 A.

Avenue Heros - Free Night.

GROUP 4: 98 B v Scruffys.

Team Danny Mann v Mustang Sallys B.

Charlie Foleys B v Klub Bar Reserves.

N.B: Reminder fill the scorecards properly, drop them into the box in the Tatler Jack and text results to 087 2239141. If any game has to be postponed, captain of other team must have at least 24 hours notice.

A BIG THANK YOU: To all the bars that supported the Friends of the Children of Chernobyl with spot prizes for their various fundraisers.

KILLARNEY SWIMMING CLUB NOTES

The 2014/2015 swimming season is now well under way with the club's calendar full of upcoming swimming galas. Congratulations to our swimmers who took part in the recent "C" gala in Tralee. All beat their own "personal best" times for events. Club swimmers won medals in nearly every event on the day bringing a haul of gold, silver and bronze back to Killarney the likes of which hasn't been seen since the Spanish Armada.

UNDER 11 BOYS: Ross O'Leary took gold medals in the 100 metres freestyle and the 50 metres backstroke, butterfly and Individual Medley while Charles O'Brien took gold in the 50 metres breaststroke and silver for the 100 metres freestyle and the 50 metres butterfly and Individual Medley. Michael Sweeney took gold in the 50 metres freestyle while Killian Spillane won the silver. The boys team also won the 200 metre Medley relay, a first for our club. Well done, lads.

UNDER 11 GIRLS: Moya Noctor won gold in the Individual Medley and silver in the 50 metre breaststroke while Pia Hickey won gold in the 50 metre backstroke and bronze in the 100 metre freestyle. Ellen O'Connor won bronze in the 50 metre backstroke with the girls team winning silver in the 200 metre Medley relay.

UNDER 13 BOYS: Rian O'Donovan won gold in the 50 metre backstroke and Paul O'Leary won gold in the 50 metres freestyle. The boys team also won the 200 metre Medley relay, another first for our club. Well done, lads.

UNDER 13 GIRLS: Grace Lynch won gold in the 50 metres backstroke while Aisling Reidy won silver medals in the 100 metres freestyle and 50 metres backstroke and butterfly. The girls team also won silver in the 200 metre Medley relay.

UNDER 15 GIRLS: Rebecca Twomey won gold medals in both the 100 metres freestyle and Individual Medley and in the 50 metres freestyle and butterfly. Antoinette O'Leary won silver in the 100 metres freestyle and bronze in the 50 metre backstroke while Sadhbh Ni Cathasaigh won silver in the 50 metres backstroke and breaststroke. Liadh O'Sullivan won silver in the 50 metres breaststroke and bronze in the Individual Medley. Finally, the under 15 mixed team won silver for the club in the 300 metre freestyle relay. Thanks to our coach, Cathal O'Brien, who gave huge support and encouragement to all swimmers on the day. Thanks also to all parents for travelling and taking part in timekeeping duties.

GNEEVEGUILLA ATHLETIC CLUB:

LOTTO: No winner of our lotto dated 14/11/2014, numbers drawn were 10, 11, 21 and 25. Sellers prize went to Tom Joe O'Donoghue, €50 Y/T Mike Kelliher Knocknagree, €50 Aiden O'Sullivan Stagmount, €40 each to Bruce O'Mahony Gullane, Pat O'Connor Newmarket, Tony Murphy Tureen. Bonus not won numbers drawn were 5, 14, 28 and 29. Next week's jackpot €4,800 plus €1,000 bonus.

COUNTY RELAYS, SENIOR & JUNIOR COUNTY CHAMPIONSHIPS: At the county relays held in Currow last Sunday, we were represented in most races, thanks to all the children who competed on the day. Our U13 girls had a fine win thanks to Ciara Kennelly, Sadie Myres, Isobel O'Donoghue, Sadhbh O'Connor and Aoife Kissane. As expected the U15 boys team of Gary Cronin, Francis Cronin and Cathal Collins were very impressive and were gold medal winners. Silver medals were won by U13 boys team of Shane Warren, Damien Cronin, Donal Daly, Jack O'Leary and Miceal Sweeney who all ran very well. U11 boys also ran finishing 4th place, team were Owen Kelly, Finn Kennelly, Sean Dineen and Sean O'Connor. Robert Purcell, Andrew Purcell, Simon Mangan, Catherine Kiely and Caroline Murphy all ran well in their respective categories.

CROSS COUNTRY RELAYS: The U15 girls team finished in 4th place, team members were Orla Dineen, Ava Burke and Katie Buckley.

ALL IRELANDS: Next Sunday Francis Cronin is off to Dundalk Institute of Technology to compete in the AAI Juvenile Even Age Cross country Championships. We wish Francis the best of luck and a safe journey.

TRAINING: Training continues each Monday in Gneeveguilla 7.00 - 8.20pm, Fossa Monday's 7.45pm to 8.30 pm, Circuit Training in Gneeveguilla Fridays 7.00 - 8.00 pm, a well worth while training session for all sports. All welcome.

KILLARNEY COUGARS BASKETBALL CLUB

JUVENILE NEWS: GIRLS U12

KENMARE KESTRELS 14

KILLARNEY COUGARS 44: Cougars travelled to Kenmare early on Sunday morning last and turned in a good performance to comfortably defeat the home side in the final pool game. Cougars led throughout the game and were never seriously challenged thanks to good performances from Alison Carroll, Lucy Jayne O'Gara, Niamh Horgan and Katie Joy. Cougars have finished their pool games with three wins and are runners up in the group to Gneeveguilla. Coaches Chloe O'Doherty and Abigail Graham.

GIRLS U12: KILLARNEY COUGARS 35

BALLYMAC BOBCATS 17: Cougars hosted the Bobcats at the Pres Gym and claimed a comfortable win following a great start that saw the race into a 11-3 first quarter lead. Cougars dominated the second quarter to finish well ahead at halftime 23-5. The visitors improved in the second half but Cougars first half lead proved to be a lead for Bobcats to overcome. Best for Cougars Holly Clifford, Holly Kennelly, Meabh Coleman, Laura Looney, Scarlett O'Reilly, Katie Joy and Niamh Horgan.

GIRLS U14: KILLARNEY COUGARS 31

GNEEVEGUILLA 33: GIRLS U14: KILLARNEY COUGARS 31

BALLYMAC BOBCATS 21: Cougars girls U14 responded with great character following a narrow loss from a strong winning position earlier in the week to defeat the Bobcats with a very determined performance. Cougars led with a comfortable 20 point lead at halftime thanks to great scores by Aoife Doody, Anna Clifford, Ciara Griffin, Beth Coffey and Shelly Clifford. The Bobcats had a great third quarter to trail by just 10 points entering the final quarter. Cougars defended their lead in the final minutes as Bobcats pressed hard but Cougars showed great determination to secure a deserved home win. Best For Cougars were Aoife Doody, Shelly Clifford, Beth Coffey and Aoife Doody.

GIRLS U17: KILLARNEY COUGARS 36

BALLYMAC BOBCATS 22: Cougars led this game from start to finish to claim a deserved



win with a good display in the first half. Cougars led by 7 points after the opening quarter and were well ahead 22 - 4 by halftime. The visitors were to push Cougars hard in the second half and they dominated the third quarter but continued to trail 28-14. Cougars finished on the front foot to maintain the lead to the final buzzer for a deserved win. Cougars had great performance from Aoife Doyle who impressed with 14 points, Claire O'Brien and Grace Sheahan.

SENIORS NEWS: MEN'S CO LEAGUE.

GLENBEIGH FALCONS 44

KILLARNEY COUGARS 52:

A full and up to date list of fixtures and results is available on the Cougars website. www.killarneycougars.com

RATHMORE/GNEEVEGUILLA COMMUNITY GAMES

AGM: We held our annual AGM, on Wednesday 29th October. Maureen Cremin, our secretary, retired after many years with our club. We would like to thank her, for all her help and assistance over the years and wish her the best for the future. The officer's elected were Aeneas O'Leary, Cynthia Daly, Mike Foley, Ann O'Leary, Marianne Cronin and committee members are Joan Warren, Valerie Linehan, Geraldine O'Leary and Marie Foley. Anyone interested in assisting with events and any aspect of community games, please contact any member of the committee.

DRAFTS TRAINING: Will be commencing, w/c 24th November, further details to follow.

KERRY COUNTY AWARDS NIGHT: The Kerry Community Games awards night was held on Friday 14th November at The River Island Hotel, Castleisland. Rathmore/Gneeveguilla community games received 2nd best overall area for 2014. It was by the children's participation, the parent's commitment, the coaches' dedication and the organisation of the various events submitted by our committee that helped us to win this award. This was a remarkable achievement for our area. For the second year, the Paud O'Leary memorial trophy, which is presented annually to the adult volunteer award recipient, was presented to Honor Fitzgerald from Kenmare area.

COUNTY AGM: The Kerry County AGM was held on Sunday 16th November, the team and individual programme 2015 was presented. There are some changes from the 2014 list; further information will be available from any of our committee members.

KILLORGLIN ROWING CLUB

AGM: At the recent AGM of the Killorglin Rowing Club the positions were filled as follows: The Chairperson: Michael Fleming Senior. Vice Chairperson: Liam O'Connor. Secretary: Monika Dukarska. Assist. Secretary: Sinead Houlihan. Pro - Pauline O'Connor. Assist. Pro - Maeve McGillicuddy.

Children's Officer (Boys) - John O'Grady.

Children's Officer (Girls) - Breda Fay.

Water Safety/Equipment Officer - Fionan Crowley. Safety Officer - Gina O'Grady.

The past rowing 2013/2014 was an outstanding year for both types of rowing. The highlight of slider rowing at the national level was the junior 16 quad of Kerian O'Sullivan, John O'Grady, Sean Houlihan and Cathal O'Donovan coxed by Tara O'Connor who finished second. Killorglin RC also won for the second time the Women's Intermediate Double Scull event. Monika Dukarska and Fiola Foley rowed to victory. Killorglin Rowing Club now has a total of 13 national wins. The highlight of the Coastal rowing was the All-Ireland event, which was held in Waterville. The Killorglin Rowing Club won in the following events, First in the Senior Women, Senior Men, Senior Mixed, U21 Ladies, Junior 16 Boys, Pre Vet Men, the Under 18 boys second, bronze for the Under 14 Boys. The Wildflower was back in the water for the south-Kerry's regattas. At the Killarney regatta, Killorglin Rowing Club won the Senior Ladies and Senior Men races. The Secretary of Killorglin Rowing Club, Monika Dukarska represented Ireland in the Women's Double Scull category. She raced at the following events: the Piediluco Regatta in Italy (3rd), European Rowings Championships, the World Cup II and the World Rowing Championships. The Highlight of Monika's season was 11th place at the World Championships. This result will guarantee an Olympic qualification in the Women's Double Scull event next year, at the 2015 World Rowing Championships, in France at the end of August.

MILLTOWN/LISTRY COMMUNITY GAMES

AGM: We held our annual AGM on Monday November 10 in Milltown/Castlemaine GAA Clubhouse. It was a very positive AGM, reflecting back on the successful year we have had. Pa Murphy has stepped down as area secretary after 5 years and we would like to sincerely thank Pa for his hard work and commitment to the position. We would like to thank all who helped us in any way during the year and look forward to another successful year in 2015. The following are the officers and committee for the coming year: President: Cáit O'Shea, Chairperson: Caroline McCarthy, Secretary: Denis O'Mahony, Treasurer: Noreen McGillicuddy, PRO: George McCarthy/Denis O'Mahony, Children's Officer: Caroline McCarthy, Committee: Jim O'Shea, Mary O'Shea, Pa Murphy, Annette Broderick, Ailish Burke, Turlough O'Brien, Tracy Eager.

CO AWARDS EVENING: Kerry Co. Games held their 2014 Awards Night last Friday night in the The River Island Hotel Castleisland. This was a very enjoyable evening and we are delighted that our area won the 'Merit Athletics Award'. This was a reflection of the great work done in

our area over the past 12 months and we thank the Co. Board for honouring us with this award.

KERRY CO. AGM: The Kerry Co. AGM was held last Sunday in Tralee and this was a well attended meeting. There are a number of changes for the year ahead, mainly online registration and also changes to events being held. These changes will be emailed out as soon as we have them.

KILLARNEY BADMINTON

A great weekend of badminton for juveniles and adults alike. Well done to all the boys and girls who represented Kerry from our club but alas it was not to be this year for any of the age groups. Well done to Billy Lacey for all his coaching and encouragement on the day and through out the training sessions, and to all who helped with teams on the day in Killarney. The November handicap once again did exactly what it says on the tin, with great competitive games for all on the day. Well done to Marian McSweeney (Killarney) who won the division 3 final and also well done to Maeve Twomey (Killarney) who won the division 1/2 final. Hard luck to John O'Brien (Killarney) who lost out in the final also. A great start to the year from the Killarney players, keep it up everybody. The league season is up and running already with 3 games being played on Friday night, division 1/2... Division 3.... and division 5 good luck to all the juveniles playing in the boys and girls Kerry singles this Saturday in Killarney leisure centre.

FIRIES COMMUNITY GAMES

Firies Community Games committee held their AGM on 12th November in Farranfore hall. We did not have any new members attend meeting. The following officers were elected: President Jerome Crowley, Chairperson Frances Murphy, Secretary Hazel Norris, Treasurer Martina Hctor, P.R.O. Carmel Sheahan, Geraldine O'Mahony has stepped down from her role as Children's Officer, committee members John Sheahan, David Gleeson and Geraldine O Mahony.

The County AGM took place in The Grand Hotel in Tralee on Sunday 16th November. Some events which had poor turnout at County level last year have been discontinued including the choir. Full list of events which Firies will be participating in will be available shortly. Draughts are due to recommence on Saturday next 22nd November in Marian Hall, Firies directly after 7.30pm Mass. Draughts are for boys and girls U10, U12, U14. New members are always welcome as training will be provided.

#lovekillarney

KILLARNEY ATHLETIC A.F.C. NOTES

FIXTURES:

KERRY SCHOOLBOYS/GIRLS LEAGUE

Saturday 22nd November 2014

LEAGUE FIXTURES

JK Sports Under 12 Division 1

Killorglin B v Killarney Athletic 10.30am.

Foundation Sports Girls Under 14 Premier

Mastergeeha v Killarney Athletic 10.30am.

Foundation Sports Boys Under 14 Premier

Killorglin A v Killarney Athletic 12.00 noon.

Trophy World Under 16 Division 1

Killarney Athletic v Park A 12.30pm.

RESULTS: SENIORS:

KILLARNEY ATHLETIC 3

CAMP UNITED 3

A game that was dominated by 1 individual was the simple reason Athletic did not pick up all 3 points. Athletic started the brighter and had numerous chances before Camp against the run of play scored a scrappy goal. Killarney Athletic took over from here and scored 3 great goals thru Martin Crowley 2, and Danny Healy. We were playing great stuff and completely in control with the returning Eanna Kavanagh and Cillian O'Reagan to the fore. We continued to dominate until Shane Doolan got a serious injury. Best for Athletic were Shane Doolan who had a brilliant game up to his injury Cillian O'Regan, Eanna Kavanagh Brian O'Donoghue and Danny Healy.

UNDER 13:

KILLARNEY ATHLETIC 5 THE PARK 3

The under 13 team continued their unbeaten run with a thrilling 5-3 against Park in Tralee. We went 1-0 up, then 1-1, 2-1 up, 2-2, 3-2 up, then 3-3 and pulled away to win 5-3. Our boys were the much better team on the day, only for some super saves by the Park goalie we could have been well up at half - time. The team showed great character and composure each time Park came back at them. Overall the back four of Emmett Cronin, Killian Hickey, Eoin Moynihan and Jack Cooper performed well as a unit and had to deal with two very fast Park strikers. The midfield of Owen Benson, Rossa Bellew, Emmet Finnian and Robert O'Shea worked very hard to create chances for our strikers Damien Switzer and Lawrence O'Donoghue who took their scores very well. Our impact players on the day were Luvai Cazacu, Eoghan Mulvaney, Alex Hennigan, Daragh Doolan and Kieran Pierce. Scorers on the day were Damien Switzer (2) Robert O'Shea, Owen Benson and Eoghan Mulvaney. This is a very good start for this team so onwards and upwards for the boys now. It was also great to see so many parents at the game giving encouragement to the team. Man of The Match : Rossa Bellew. Training at Fossa all-weather Thursdays 5.00 - 6.30pm.

FAMILY QUIZ: Parents & Players please note that there will be a Quiz night on in the Killarney Oaks on Friday 28th November 2014. All under 18's to be accompanied by an adult. Lots of spot prizes on the night to be won. Tables of 4 Adults €40 & Juveniles €20. The support, especially from parents would be greatly appreciated.

Everybody welcome to attend.

SPEEDY RECOVERY: Wishing Shane Doolan a speedy recovery after suffering a horrendous injury on Sunday. Shane has a broken fibula.

300 MEMBER CLUB DRAW: Killarney Athletic A.F.C. are delighted to announce their 300 member club draw will be starting up again in December. For €10.00 per month you could be in with a chance to win prize money each month. The money raised will be used to further develop the facilities at Killarney Athletic A.F.C.'s grounds. Please contact Lorraine Fleming on 087 9646484 for entry forms or any club officer.

MERCHANDISE: Killarney Athletic merchandise can now be ordered from Martin on 087-9261196.

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

SCHOOLBOY/GIRL SOCCER

Three more sides in National Cup last 32:

UNEVEN NATIONAL CUP: 13'S:

St Brendan's Park 5-0 BT Harps.
Killarney Celtic 2-1 Shannon Town aet.
Killavilla 3-1 Killorglin.

15'S:

Killarney Athletic 2-1 Charleville.
Nenagh 3-1 Park.

WFAI UMBRO 16'S ROUND 1:

Killarney Celtic 5-0 Adare United.

LEAGUE: JK SPORTS 12 GIRLS:

Inter Kenmare A 0-2 Inter Kenmare B.
Killarney Athletic 3-8 Killarney Celtic.

DALY'S SUPERVALU 13 PREMIER:

Listowel Celtic 4-3 Ballyhar.
Tralee Dynamos 7-1 Camp Juniors.

DIVISION 1:

Park B 3-5 Killarney Athletic.
Inter Kenmare 8-0 Killarney Celtic B.
Mastergeeha 6-1 Killarney Celtic C.

DIVISION 2:

Ballyheigue 6-2 Castleisland.
Camp B 7-0 Fenit Samphires.
St Bernards 9-1 Park C.
Dingle Bay Rovers 2-0 Listowel Celtic B.

KILLARNEY PLAZA 15 PREMIER:

Tralee Dynamos 0-7 Listowel Celtic.
Mastergeeha 2-2 Killarney Celtic.

DIVISION 1:

Iveragh United 8-4 Killarney Celtic C.
Castleisland 1-1 Killarney Celtic B.

NATIONAL CUP UNEVEN'S: When the draw for the Last 32 of the National is done next month there will be three teams in the Unevens section - 2 in the 13's and 1 in the 15's.

In the 13's The Park welcomed BT Harps from Tipperary to Christy Leahy Park and came through on a 5-0 score-line. Sean McGrath and Colin Walsh both scored twice with Darragh Moriarty getting the 5th to put the Tralee side through.

Killarney Celtic had a much tighter battle as

they were pushed all the way to extra time by Shannon Town before coming through 2-1. Ruairi Doyle got the first and Cian Dineen the winner.

Sadly Killorglin went out going down 3-1 away to Killavilla 3-1. Dylan Moriarty scored from a Jack O'Connor corner.

The 15's section saw Killarney Athletic progressing after a 2-1 extra time win over Charleville in Woodlawn. Mark Fennell scored both Athletics goals.

WFAI 16'S CUP ROUND 1: Killarney Celtic are into the second round of the WFAI 16'S Cup after beating Adare United 5-0. Hannah O'Donoghue, who along with Fiadhna Tangney, is just back from duty with the Munster Inter Provincial side, netted a hat trick. Kate Stack and Elizabeth Mohan both scored to put Celtic into Round 2 at the end of the month.

LEAGUE: MORIARTY'S CENTRA 11'S:

There was action in 3 groups with Killarney Celtic just defeating Tralee Dynamos in Group 1, Mastergeeha and Iveragh United in Group 3 and Park C over Castleisland in Group 4.

JK SPORTS GIRLS 12 PREMIER: The League is delighted to welcome Inter Kenmare Girls into the JK Sports 12 Premier. A sign of the strength of the girl's game in the area is the fact that they have entered 2 teams. In the first game of the season Inter B's beat the A's 2-0 thanks to goals from Amy Harrington and Gemma O'Brien with Mary Ellen McCarthy outstanding in mid-field.

In the other game Killarney Celtic defeated Killarney Athletic in Woodlawn. Shauna Mahony, Jade Potts and Elena Doherty scored for Athletic. The Celtic goals came from Kelly Ann Hanrahan, Haley Power, Caoimhe O'Se, Saoirse Dorian and Aoibhe O'Doherty.

DALY'S SUPERVALU 13 PREMIER:

Leaders Tralee Dynamos continued their unbeaten run with a home win over Camp Juniors. Leo Gaxha got 3, Danny Bowler 2 and Sean Kennedy and Brian Cassidy one each. Cian O'Grady replied for Camp.

Listowel Celtic moved onto 6 points with a 4-3 win over Ballyhar in Pat Kennedy Park. Conor Hogan scored 2 for the Hoops and these were added to by goals from Nathan McGrath and Michael Fogarty. Gearoid Coffey, Darragh Brosnan and Adam Lenihan replied for Ballyhar.

13 DIVISION 1: Leaders Killarney Celtic B were well beaten away in Kenmare by Inter who had 9 different scorers - Sennan Sheehy, Josh Fein, Oisin Quill, Mark Looney, Tommy Cronin, Ko Kallewaard, Jack Downing, Sean Lucey and Cian O'Connor.

Killarney Athletic moved left with Celtic B after a 5-3 away win at Park. Graham O'Carroll, Nick Izehi and Larry Ababou scored for The Park. The Park came from behind 3 times to tie the game at 3 all but Athletic pulled away.

Mastergeeha will be delighted to get their first win after going down in their first game. Here they were too strong for Killarney Celtic C thanks to a Darren Lehane hat trick, two from Philip O'Leary and one from Nathan McCarthy.

13 DIVISION 2: Leaders Dingle Bay Rovers got 3 points without kicking a ball as Listowel Celtic B gave a walk-over. They are now on 10

points.

St Bernards are only a point behind them after their 3rd win in 3. They had too much for Park C. Oisín Maunsell, Michael O'Sullivan and Gavin Slattery all scored twice. Nathan Burke, Mikey Clifford and Darragh Slattery each got one.

Camp B moved level with Fenit Samphires on 6 points after defeating them at home. Stephen Smith Galvin and Oisín Smailes both got doubles. Conor O'Leary, Cian Cronin and Cian Wright were the other scorers. Camp B were on their way to victory early on as they were 3-0 up after 10 minutes.

Ballyheigue are a point ahead of both on 7 points. James Gaynor and Jordan Goggin both hit 2 goals each. Sean Sheehan and Pdraig Woods were the other scorers.

KILLARNEY PLAZA 15 PREMIER: 5 goals from Cillian Spillane and one each from Conor Costello and Fergal Wall saw Listowel Celtic move level at the top of the table with The Park after their win over Tralee Dynamos.

Mastergeeha and Killarney Celtic drew 2 all. Ian McGillicuddy put Celtic ahead before goals from Darren Looney and Cian Fahey saw the Kilbreen side go 2-1 up. A Lee Downing free kick saw Celtic taking a share of the points.

DIVISION 1: Leaders Killarney Celtic B were held to a 1 all draw away in Castleisland. Barry Slattery scored for Celtic with Josh Horan equalising for Castleisland.

KILLARNEY CELTIC NOTES

CLUB SHOP: Killarney Celtic's shop is now up and running on Saturdays from 12 noon to 2.00pm. We have a full new range of fantastic merchandise to suit every age, size, gender, and especially budget. Savings Club and Gift Vouchers available. Contact Mags on 089 2164639 or Mary on 086 6485809 for details

RESULTS: MUNSTER JUNIOR CUP SEMI-FINAL: KILLARNEY CELTIC 0 ST. BRENDANS PARK 5

In fairness, Park were the better side on the day and deserved their win.

U17 LEAGUE: KILLARNEY CELTIC 4 KILLARNEY ATHLETIC 1

Celtic had goals from Cian Casey (2), Stephen McCarthy, and Oran O'Donoghue, while Adam Dennehy pulled a late goal back for an Athletic side that never gave up.

U16 NATIONAL CUP:

KILLARNEY CELTIC 5 ADARE 0

Adare made the brighter start, with Aoife Hickey and an outstanding Shannon Parbat always looking dangerous. Celtic soon settled, however, especially in midfield, and Hannah

O'Donoghue opened the scoring with a left leg strike of top quality after being set up by Elizabeth Mohan. Some of you may have seen Stephanie Roche's goal for Dublin side Peamount United that was voted FIFA Goal of the Year - believe me, Hannah's strike was in that kind of territory. Shortly afterwards she neatly rolled the ball into the bottom corner and when laoch an cluiche Elizabeth Mohan got on the end of a Leah Henry cross (the link-up between these two all day was almost telepathic in precision passing), Adare were facing a 3-0 deficit for the second half. Not that they were daunted in any way 0 credit to Adare, they remained calm and focussed. Celtic, especially Mohan, stayed on top in midfield and that was the platform for two more goals, Kate Stack from a corner and Hannah O'Donoghue completing her hat-trick after a great pass by Kate. Adare pressed hard for a goal of their own but Rebecca Murphy and Fiadhna Tangney defended superbly and goalkeeper Carmel Looney was always assured. Celtic had heroines all over the field but Fiadhna Tangney, Leah Henry, and Elizabeth Mohan have to get special mention, while goalkeeper Kristina O'Brien, Shannon Parbat, and Lauren Ryan were the pick of an Adare side that were gallant and gracious losers on the day.

U15 DIV ONE: CASTLEISLAND 1 KILLARNEY CELTIC 1

A great battle between two well-matched teams, with Barry Slattery getting us a deserved equaliser to share the spoils

U15 DIV ONE: IVERAGH UNITED 8 KILLARNEY CELTIC 4

A great effort by the lads against an A team, with goals from Alec Starczak, Conor Staunton, Jordan O'Connor, and Kieran O'Connor

U13 NATIONAL CUP: KILLARNEY CELTIC 2 SHANNON TOWN 1 (AET)

Celtic completed dominated the play and restricted Shannon Town to just one chance in the first half - but that one chance was a simply brilliant finish and gave them a 1-0 lead. Celtic forced five brilliant saves from the outstanding Shannon keeper, while man of the match Niall McGillicuddy had a rasper come back off the woodwork. Celtic forced another two great saves early in the second half before Ruairi Doyle headed home from a corner for a deserved equaliser. Celtic continued to press, with Niall McGillicuddy, James Darmody, Cian Dineen, Evan Looney, Ryan O'Grady, and Neil O'Shea all outstanding, but Shannon Town defended superbly and held out until the first half of extra time, where James Darmody teed up Cian Dineen for a brilliant finish and that turned out to be the winner.

U13 DIV ONE: INTER KENMARE 9 KILLARNEY CELTIC B 0

An understrength Celtic were outclassed by Inter Kenmare but never stopped trying and gave it everything.

U13 DIV TWO: MASTERGEEHA 6 KILLARNEY CELTIC C 1

Alex Fogarty scored a cracker for us but Mastergeeha played some excellent football and were fully deserving winners.

U12 GIRLS: KILLARNEY ATHLETIC 3 KILLARNEY CELTIC 7

Celtic had a good win over our derby rivals, with Kerry Anne Hanrahan, Caoimhe O'Shea, Aoibhe O'Doherty, Holly Power, and Saoirse Dorrian among the goalscorers

FIXTURES: Denny Premier A: Killarney Celtic away to Rattoo Rovers, Sunday, 11.30am.

Denny Premier B: Killarney Celtic B at home to Mastergeeha, Friday, 7.30pm.

Ladies League: Killarney Celtic at home to Na Fianna, Sunday, 2.30pm.

U17 League: Killarney Celtic away to Inter Kenmare, Saturday, 3.00pm.

U16 Premier: Killarney Celtic away to Tralee Dynamos, Saturday, 12.30pm.

U14 Premier: Killarney Celtic away to Listowel Celtic, Saturday, 12 noon.

U14 Div two: Killarney Celtic C at home to Iveragh, Saturday, 12.30pm.

U14 Girls: Killarney Celtic away to Listowel Celtic, Saturday, 1.30pm.

U12 Premier: Killarney Celtic away to Camp, Saturday, 11.45am.

U12 Div One: Killarney Celtic B away to Mastergeeha, Saturday, 12.30pm.

U12 Div Two: Killarney Celtic C at home to Park C, Saturday, 10.30am.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

LOTTO RESULTS: Numbers drawn 8, 11, 14, 22. No winner, four match three, Assumpta O'Donoghue Killarney Oil, Kevin Martin Tiernaboul, Aidan Kelly Beaufort, Breda Kelliher c/o Failte, €40 each. Next week's jackpot €4200, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

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KILLORGLIN GOLF CLUB

RESULTS

LADIES: SILVER SWANS: 12 HOLE STABLEFORD 11/11/2014:

1. Kitty Galvin (26) 23 pts

FIXTURE: 18 Hole Stableford sponsored by Bunkers Bar & Restaurant can be played Saturday 22nd, Sunday 23rd or Tuesday 25th November. Arrange.

Turkey 12 Hole re-entry sponsored by the Club is now in progress

SILVER SWANS CHRISTMAS PARTY: Takes place on Tuesday 2nd December. Scramble at 10.30. Details on Notice Board.

CHRISTMAS HAMPER: Christmas Hamper sponsored by Temmler Ireland is on Sunday 30th November. Draw for partners. Entry Sheet on Notice Board.

KILLORGLIN GOLF CLUB

MENS COMPETITION RESULTS

12 HOLES SINGLES 16/11/14

1st Vincent O'Sullivan (14) 30 pts.

2nd Mike Griffin (20) 29 pts.

3rd Aidan Spillane (7) 28 pts.

4th Derek Commerford (19) 28 pts.

5th Jimmy Foley (20) 28 pts.

UPCOMING EVENTS: Mike Kennedy Captain's Dinner is taking place at Killorglin Golf Club this Saturday night at 8.30pm. Tickets on sale from committee members and from the pro-shop.

ROSS GOLF CLUB NOTES

LADIES: Another golfing year has ended and the committee and club would like to thank Mary Cronin our Lady Captain for her dedication to the club throughout the year. We wish Mary continued success and enjoyment with her golf for many years to come.

The club would also like to take this opportunity to thank all our sponsors for their continued support and we are looking forward to another year of golf, hopefully with a warm and dry summer equal to the one we were just treated with.

BEAUFORT GOLF CLUB

MEN'S BRANCH:

15TH/16TH NOVEMBER – ROUND 3 WINTER LEAGUE (13 HOLE RE-ENTRY) SPONSORED BY MEN'S CLUB

Winner Dan Moynihan 28pts (6).

FIXTURES: 22nd/23rd November – Round 4 Winter League (13 hole re-entry – Yellow Tees)

Sponsored by Men's Club.

(1 winner each week – Overall Prizes for Best 3 out of 5 weeks).

NOTE FOR YOUR DIARY: 14th December – Ladies and Gents Flock & Bottle Scramble, plus outstanding prize giving. Mince pies, Mulled wine and carol singing.

Family Day Prize for the best Christmas jumper.

KILLARNEY GOLF CLUB

MEN'S

SINGLES STABLEFORD KILLEEN, 16/11/14

1. John O'Connor (11) 39 Pts.

2. Donal G O'Sullivan (8) 38 Pts.

3. Tom Looney (13) 37 Pts.

4. Derry McCarthy (7) 37 Pts.

5. John O'Shea (12) 37 Pts.

Best Gross: Brendan O'Toole (3) 76.

Cat 2 Sean C. Brosnan(8) 35 Pts.

Cat 3 Peter Lawlor (15) 36 Pts.

Cat 4 Tony Walsh (20) 33Pts.

C.S.S. 35 Pts.

KILLARNEY GOLF CLUB

LADIES

RESULTS OF CLUB SPONSORED TURKEY COMPETITION SUNDAY 16TH NOVEMBER, 2014 MAHONY'S POINT:

1st Mary O'Rourke (23) 45 pts.

2nd Aoife Frazer (23) 42 pts (bk9).

3rd Mary O'Doherty (14) 42 pts.

B.G. Nicola Rainsford (8) 31 gross pts.

CSS 71 39 pts.

Next Sunday's Competition 23rd November, will be club sponsored, format 3 person team "waltz" Killeen Course.

ROSS GOLF CLUB

RESULT:

ON SUNDAY NOVEMBER 16TH WE HELD THE MCSWEENEY ARMS HOTEL SPONSORED SINGLE STABLEFORD COMPETITION.

The following were the winners:-

1. Mike Casey (13) 41 pts.

2. Maurice O'Shea (15) 39 pts.

3. Denis Lucey (20) 39 pts.

4. Humphrey Kerins (20) 38 pts.

FIXTURES: On Sunday November 23rd we will hold a single stableford competition. The timesheet is now available in the clubhouse so please add your name to it as soon as possible.

QUIZ: Our annual pre-Christmas fundraising quiz will be held in the McSweeney Arms Hotel on Thursday November 27th at 8.30 pm sharp.

All members are urged to support this event by entering a team.

CASTLEROSSE GOLF CLUB

RESULTS OF CHRISTMAS PRIZE COMPETITION, SUNDAY 16TH NOVEMBER 2014.

18 Hole Stableford, many thanks to all players.

Overall winner, Dan O'Connell (22) 41pts.

Overall runner-up, John Conmy (19) 41pts.

Overall 3rd place, Steve Shine (18) 39pts.

Overall 4th Place, Mick Clifford (22) 38pts.

Overall 5th Place, Gintaras Bendaravicius (20) 38pts.

Overall 6th Place, John B. Doran (21) 37pts.

Front nine, Trevor Shine,

Back nine Roger O'Sullivan,

FIXTURES: This weekend, 18 hole competition, single Stableford, play Friday, Saturday or Sunday.

DEERPARK PITCH & PUTT NOTES

By: John Kelly

RESULT: Of last Sunday morning's competition are as follows. Overall Nett Sheila O'Donoghue and Michael O'Connor 35 Nett, Second Nett John Murphy and John Looney 35.5. Overall Gross St John Kelliher and Sheila O'Donoghue 43 Gross.

The turkey competition continues next Sunday morning Tee times 9am and 11am. Entry €5 per competition and €7 for the two competitions.

PRESENTATION OF PRIZES: The presentation of all prizes for 2014 will take place in Squires on Friday December 5th.

JUVENILE COMPETITION: A juvenile competition for juveniles on Saturday December 6th is being contemplated.

ANNUAL GENERAL MEETING: The annual General meeting is being scheduled for Monday January 12th at a venue to be decided.

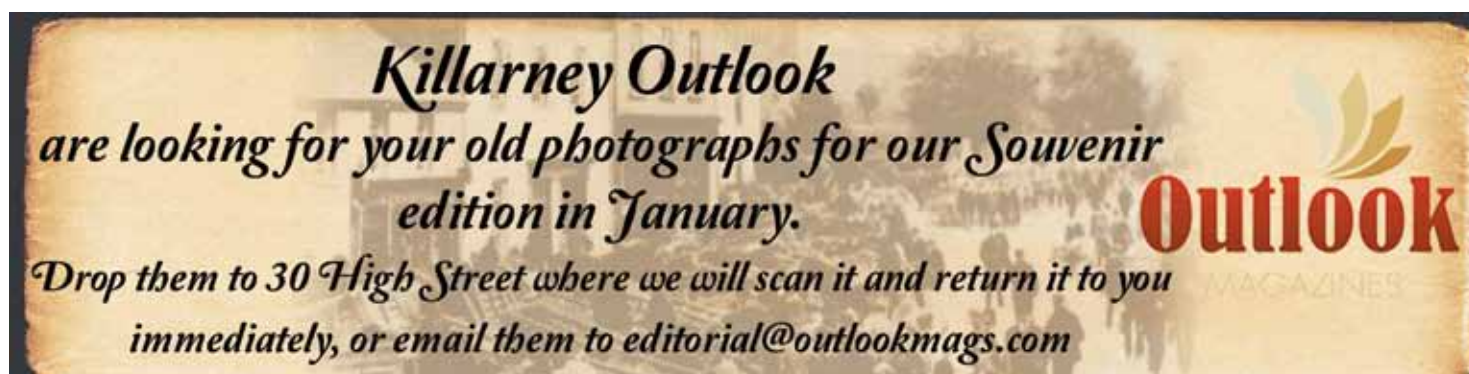
GLENEAGLE PITCH & PUTT

By John O Halloran

Last Sunday we had a singles Christmas competition and the winners were:

1st nett Sean O'Brien and 2nd nett Mick Long.

This Sunday we will have another Christmas competition, draws at 9.30am, 11.00am and 2.15pm.





KILLARNEY RUGBY CLUB NEWS

NIGHT AT THE DOGS! See you at the track tomorrow night in Tralee – to get there in comfort take one of O'Callaghan's luxury coaches at €5 return trip – how's that for value? Call O'Callaghan's at 064 6631095 asap and book your seats. Buster Race tickets are on sale from all Club members for €20 which also include your entry to the track with a family of 2+2. Your tickets has an order on it which tells you the order in which the dogs will finish. This is a great piece of fun and you can win €500! We still have a few dogs and a race to get

sponsorship for so please contact Paul Murphy with details on 087 2676377. This is going to be a great bit of craic.

KILLARNEY RFC MINI SECTION: We strongly discourage the use of Bladed boots at either training or in matches due to serious safety concerns, Plastic or steel studs are permissible only. Please note that we have games on Saturday the 22nd November for all ages against Kenmare at home, Please ensure that your children have your gumshields. Anyone who has not yet returned ticket stubs and money for the Night at the dogs, please do so by next Saturday at the latest. Queries Dora 087/2196569

UNDER 16S are away to Tralee on Sunday with a kick off at 11am. Bus from Lidl at 9:00am sharp. Details from Feargal Courtney on 087 6177825.

Under 18s are at home tomorrow Vs Kinsale with KO at 12pm. Senior XV have another welcome rest weekend. Munster are away to Dragons at Rodney Parade tonight at 7:30pm. Ireland play Australia tomorrow at 4:30 to wrap up the Autumn series. It should be a cracker. Your Club Your Country tickets for the grand draw are now on sale for €10. Remember the club keeps all proceeds. Mega prizes on www.irfu.ie



KENMARE DISTRICT BOARD COUNTY FOOTBALL CHAMPIONS 1974 PICTURED AT A RE-UNION TO MARK THE 40TH ANNIVERSARY OF THEIR VICTORY IN BROOK LANE HOTEL SATURDAY NIGHT. BACK ROW: L-R; PAT MAHONY, DENIS FINNEGAN, DENIS O'NEILL, NOEL MCCARTHY, JOHN MARK FOLEY REP. P.J. MCINTYRE, JOHN JOE O'NEILL, JIM CREMIN, DENIS SHEEHAN, MIKE CAREY, MICK GRANVILLE KENMARE DISTRICT BOARD CHAIRMAN 1974, DENIS O'MAHONY, PAT KELLEHER & MICK SPILLANE. FRONT ROW: L-R; PAT SPILLANE, MICKEY NED O'SULLIVAN, ARTHUR O'SULLIVAN, PAT O'NEILL, MICHAEL MURPHY CAPTAIN, FLOR O'SULLIVAN, PAUL O'SULLIVAN, TIMMY SHEEHAN, ARTHUR O'CONNOR SELECTOR, EILEEN HEALY REP. JOHN HEALY SELECTOR & DENIS MCCARTHY SELECTOR. PHOTO BY MARY O'NEILL.



TOM, KILLIAN AND PAT SPILLANE WITH THE TOM MARKHAM CUP IN SPILLANE'S BAR. KILLIAN WAS ON THE KERRY MINOR TEAM THAT DEFEATED DONEGAL IN THE ALL IRELAND MINOR FINAL. PHOTO BY MARY O'NEILL.



KNOCKANES NATIONAL SCHOOL TEAM WHO WERE RUNNERS UP AGAINST BROSNA IN THE COUNTY FINAL 3 TEACHER SCHOOLS. PHOTO: SEAMUS HEALY.



HOW DO YOU FILL A BALLROOM WITH KERRY FARMERS?

(BY TOMMY ROCHE, CASTLEISLAND)

The answer is two Kerry footballers, two trophies and one manager. The venue was the Ballygarry House Hotel on Thursday the 13th, the footballers were Killian Young and Shane Enright, the cups and the manager need no formal introduction. The reason for the gathering was a Bank of Ireland conference titled "Prudent expansion post quota abolition". The conference started a little later than planned due to traffic congestion, a victim of its own success, it was the only flaw in an excellent seminar. Eamon Fitzmaurice started proceedings with a question and answer session and he did not disappoint. In that calm, reasoned fashion that is his trademark, he talked about his journey thus far as manager, of personal responsibility, motivation, respect for team and individuals, focusing on the talents and not the limitations. He shared interesting views on the potential growth of Sky and headquarters role in player remuneration through realistic expenses, paid out of central funds. One answer that stood out for me related to "pay for play" and his

comparison of amateur Gaelic footballers and professional rugby players. At point of retirement the footballer is already well established in his career and moving forward, the rugby player has to reinvent himself and build a new career. His decision to give an individual letter to each player on the morning of the all-Ireland final was discussed and explained. His inspiration coming from South Africa's historic World Cup win. An interesting experience and a county team in good hands going forward. His advice on farming lacked bluff or platitudes, "when the time comes, hand over the reins, offer advice but let them make their own mistakes". The main segment of the conference was presented by Ger Courtney of Teagasc and Pat Byrne of Bank of Ireland; I will cover these two quality presentations at another date. The final speaker was another Kerry legend Denis Brosnan; his overview of the global dairy industry was both positive and sobering. The industry is in a good position for significant growth, demand

is expected to exceed supply in the medium term and Ireland is well placed to supply that product profitably. The slide showing the effect of the Russian embargo on European dairy products was a reality check. A gradual decline in price for the previous 6 months turned into a nosedive with the policy change. Tough times ahead but Brosnan's view was that in 2 years' time prices will be significantly higher than they are today. The man who engineered Kerry's rise to food ingredient dominance was as sharp and forthright as ever, "expand while world prices are lowsimply pushes out inefficient producers". The caveat; are you in the percentage that is efficient enough to expand profitably? Or are you facing the exit sign? He sees no danger in pursuing this strategy once you are prudent and in control of your finances. His final piece of advice was to "plan for a worst case scenario" and to know the production costs of your international competitors. In the introduction it was stated that Denis had not addressed a farmers meeting in over a decade, such is his wisdom and wealth of experience that he is as relevant to the industry today as he ever was, maybe more so.



MANAGEMENT AND STAFF OF THE BANK OF IRELAND TRALEE AT THE BANK OF IRELAND ENTERPRISE WEEK AGRI SEMINAR IN BALLYGARRY HOUSE HOTEL & SPA ON THURSDAY NIGHT PICTURED WITH THE SAM MAGUIRE. PIC: JOE HANLEY



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WOMEN IN AGRICULTURE GROUP PLANNING FOR EXPANSION IN KERRY

The very successful Women in Agriculture group based around the greater Killarney area are developing the organisation around the county of Kerry. The group, who have been in existence for the last 30 years, are hoping to expand membership in their own group as well as encouraging others to set up similar groups around the county. Sheila Crowley of the Women in Agriculture group pointed out that other groups did form originally in Kerry but that for the most part they are not active. We aim to encourage these and new groups to set up in Kerry and we will assist them in this.

The Women in Agriculture is mainly an information and support group for all rural women aimed at providing them with the most up to date details on topics of interest from EU support programmes to farm family health issues and everything in between. Sheila Crowley commented: "We meet once a month in general but in the meantime we keep in touch and help each other out if needed in the meantime. In recognition of the times in which we live, we

have now set up a Facebook page Women in Agriculture Kerry to help encourage all groups and members to link up together and we hope to develop links with other similar groups in Ireland and abroad". The initiative is being supported by South Kerry Development Partnership through its INTERREG Rural Alliances project and by Lee Strand. John O'Sullivan, General Manager, Lee Strand stated at the launch "Lee Strand is delighted to support the Women in Agriculture group. This is a great initiative that provides a valuable support network to women who are working in agriculture or women who are from a rural background in Kerry". Rural Alliances Project Manager Seán de Buítléar said that this is an excellent initiative that not only provides rural women with crucial information and support but also helps overcome issues around rural isolation. "We hope to assist them develop links with other similar groups in our partner areas in North West Europe" Seán added.



LAUNCHING THE KERRY WOMEN IN AGRICULTURE AT LEE-STRAND TRALEE ON FRIDAY WITH SKDP; L-R: JOHN O'SULLIVAN (GM LEE STRAND), MARTINA TANGNEY, PATRICIA KELLIHER AND SEÁN DE BUITLÉAR (SKDP).

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IFA OPPOSES DIRECT PROSECUTION ON FARM SAFETY

Maura Canning, IFA Farm Family and Social Affairs Chairwoman has reacted strongly to the Health and Safety Authority's (HSA) decision to consider direct prosecution of farmers without consultation with the Farm Safety Partnership. As of January 2015, farmers who fail to have all access points to a slurry pit covered, fail to have the PTO shaft covered, or have a child under seven in the cab of the tractor or agricultural vehicle can be directly prosecuted without warning.

"The decision to introduce these new rules without consultation or notification shows a complete disrespect for the agricultural partners", said Mrs. Canning. "I am very disappointed that the HSA would introduce any changes without consulting the Farm Safety Partnership, which was established by the HSA as an advisory committee on the Agricultural sector." Mrs. Canning said that research has consistently shown the best way to improve farm safety is to change behavioural habits of farmers through education and

training. Threatening prosecution does not reduce farm accidents or fatalities. It is the IFA's position that the agricultural partners on the Farm Safety Partnership must have an opportunity to discuss the merit or otherwise of any proposed changes to farm safety and its overall benefit to improving farm safety practices. IFA has sought an urgent meeting with the HSA.



MAURA CANNING

ICMSA ANNUAL GENERAL MEETING

The ICMSA Annual General Meeting takes place in the South Court Hotel, Raheen Limerick on Friday the 28th of November. Speakers include John Comer (ICMSA President), Simon Coveney TD, Minister for Agriculture, Food and the Marine, Fergal McGarry (Global Marketing & Innovation Director, Irish Dairy Board), Bruce Ross (Marketing Director, Ross Consultants EU Agri-Food Consultant, Brussels).



ELAINE HENNEBERY (BOI CASTLEISLAND), MARGUERITE LYNCH AND CATHERINE CASEY (BOI KILLORGLIN) AND ANITA MCCARTHY (BOI KENMARE) WHO HELPED CUSTOMERS OF THE BOI TO THE BANK OF IRELAND ENTERPRISE AGRI SEMINAR IN BALLYGARRY HOUSE HOTEL & SPA TRALEE ON THURSDAY EVENING. PIC JOE HANLEY.



JOANNE MURPHY HAD THE SUPREME CHAMPION AT THE AUGUST SHOW & SALE AT KENMARE MART; A BELGIAN BLUE HEIFER WEIGHING 396KG WHICH SOLD TO WILLIAM O'KEEFE FOR €1,450. L-R; COUNCILLOR DAN MCCARTHY, MART MANAGER, JOANNE MURPHY OWNER OF SUPREME CHAMPION, MIKE TIM O'SULLIVAN CHAIRMAN OF KENMARE MART & MICHAEL O'REGAN JUDGE. PHOTO BY MARY O'NEILL.



KEVIN REILLY, TIM KELLIHER, ELAINE O'CONNOR, CHRISTY LEHANE CHAIRMAN OF KERRY MND, DAN MCCARTHY, CIRA SHEEHAN & TOM McDONALD AT COUNCILLOR DAN MCCARTHY'S ICE BUCKET CHALLENGE IN KENMARE MART, IN AID OF MOTOR NEURONE DISEASE, RAISED OVER €1,000 AT THE AUGUST SHOW & SALE. PHOTO BY MARY O'NEILL.

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Kerry ETB Training Centre is now recruiting for the following courses.

Digital Web Design Course (ET3Z6) – Dingle.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites.

Start Dates: 10th November 2014. **Duration:** 15 weeks. **Certification:** FETAC Level 5 Component Certificates in: Computer Illustrated Graphics, Web Authoring, and Work Experience.

MTA Software & Networking Fundamentals Course (ET1Z4) – Tralee.

If you wish to get started in a career in ICT this entry level course offers experience in the technical side of software development and computer networks. It's the ideal sample course for people considering a career in information and communication technology. Graduates of the course may progress to the IT Support Specialist Traineeship or Java Associate course.

Start Dates: 24th November 2014. **Duration:** 17 weeks. **Certification:** Microsoft Technology Associate Certification (MTA) in Software Development Fundamentals, .Net Fundamentals, and Networking Fundamentals.

CAD – Computer Aided Draughting and Design Course (ET115) – Tralee.

This course is for people who wish to pursue careers as CAD technicians. It offers participants the opportunity to develop knowledge, skills and competencies in 2D and 3D computer aided draughting and design. CAD technicians need to have an eye for detail and an aptitude for maths, drawing and computer skills. Course participants must have passed technical drawing and maths in the Leaving Certificate or have achieved an equivalent level of relevant industrial experience or training. **Start Date:** 5th January 2015. **Duration:** 32 weeks. **Certification:** City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

CISCO Certified Network Associate (CCNA) Certificate - Online Tutor Support & Workshops Course (ETL62).

This course provide participants with the knowledge, skills and competencies to install, configure, operating and troubleshoot medium sized, routed and switched computer networks. It's aimed at people with previous networking experience. A combination of on-line computer based learning & tutor led workshops are employed to deliver the course. Workshop dates are decided on the first day of the course. **Start Date:** 26th January 2015. **Duration:** 15 weeks. **Certification:** Cisco Certified Network Associate (CCNA) Certification.

Heavy Goods Vehicle Driving Rigid (HGV) (ET394) – Tralee.

This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. Applicants for this course must be in possession of a current full Class B Driving Licence and a current Class C Driving Permit. **Start Date:** 9th February 2015. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, RTTB Counterbalance or Reach Forklift Truck Driving Certificate, and ADR Certification for Drivers.

Legal Administration Traineeship (ETS07) – Tralee.

This traineeship is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. **Start Date:** 9th February 2015. **Duration:** 41 weeks. **Certification:** FETAC Level 5 Major Award in Office Administration.

Beauty Therapy Traineeship (TRS52) – Tralee.

This traineeship offers participants the opportunity to develop the knowledge, skills and attitudes required to work as beauty therapists in a variety of settings. It offers a rich learning opportunity integrating theory, practice and industry experience so that participants gain a clear understanding of the various treatments and therapies practiced in the industry. **Start Date:** 9th March 2015. **Duration:** 51 weeks. **Certification:** I.T.E.C Beauty Specialist Diploma, ITEC Diploma in Facial Electrical Treatments, ITEC Diploma in Holistic Massage, ITEC Diploma in Epilation, ITEC Diploma in Anatomy and Physiology, ITEC Diploma in Body Therapy, CIDESCO International Diploma, and CIBTAC International Diplomas in Aestheticienne, Epilation, and Body Therapy.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,
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Entry requirements and other information on our courses are available at www.solas.ie



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PAKISTAN MOTHER SENTENCED TO DEATH FOR BLASPHEMY:

Four years ago, a mother of five children in Pakistan named Asia Bibi was sentenced to die by hanging for blasphemy. Asia was alleged to have made disparaging comments about Islam after neighbours objected to her drinking out of their water glasses because of her Christian faith -- a charge she has denied. A few weeks ago, a High Court in Pakistan upheld Asia's death sentence, which means that she now faces execution unless Pakistan's Supreme Court and the global community works to save her.

Earlier this year, Emily Clarke of Malmesbury, Wiltshire in South West England started a petition calling on governments around the world to stand up for Meriam Ibrahim, a Christian woman in Sudan who was sentenced to die for refusing to renounce her faith. More than 1 million people signed her petition to Save Meriam, and world leaders spoke out demanding her freedom. This past summer, Meriam's case was thrown out and she was reunited with her children and husband. Now we have another moment to put the spotlight on religious persecution of women, and help Asia Bibi be released.

In Pakistan, politicians have been killed for defending Asia. Her own five children and family are in hiding, fearing for their lives. Her execution could happen soon, and her family and supporters continually targeted, unless the global community comes together to demand her release and her safety.

We can help Asia try to secure freedom, and try to make sure she is reunited with her family

safely.

Please type Save Asia Bibi into your search engine and sign one of the petitions of your choice to try and save this woman's life. Religious persecution has to stop.

GENERATION WILD: NEW CENTER WEBSITE CALLS YOUTH TO ACTION:

If we're going to save wildlife and the planet, we need everyone with us. Especially young people.

Biological diversity's new site for Generation Wild has tons of easy-to-read info on conservation, from the very basics to an in-depth list of actions where young people can make a difference. Are you a young person who wants to be in on, or even lead, the next big movement to save the natural world? Take their pledge.

The site also has tons of videos, interactive maps, free species ringtones, colouring pages for youngsters and a page full of cool species facts. (Did you know fairy shrimp breathe through their legs?) And remember: This is just the site's launch, so stay tuned for lots more stuff to be added.

Parents and teachers should definitely check out this page, too.

If you would like more information please visit www.biologicaldiversity.org/ and then click on Generation Wild. It's an American website but saving wildlife and our planet is a world problem.

1964 LOUISIANA LITERACY TEST:

Every single Harvard student failed a test only bestowed on African Americans so they could vote during the turbulent 1960s. An assignment given to students at the Ivy League school was the 1964 Louisiana Literacy Test and none of them passed it.

It was an unusually difficult test — one meant to discourage them from voting. The test was supposed to be given to everyone who wished to vote that could not prove 5th grade education. It was made up of 30 questions and

had to be answered in 10 minutes with every answer correct. This was before the 1965 Voting Rights Act was passed.

Several questions were purposely meant to disenfranchise African-American voters at the time. As an example, question 15 showed just how difficult the Louisiana Literacy Test was to take: In the space below write the word "noise" backwards and place a dot over what would be its second letter should it have been written forward. A host of other questions were themed much the same way. A few required drawing circles such as Draw a triangle with a blackened circle that overlaps only its left corner Other tests in the South were devised like the literacy test in Louisiana. Alabama also had its own kind of test with similar intentions of hoping African-Americans would stay away from the polls.

Louisiana's literacy test was designed to be failed. Just like all the other literacy tests issued in the South at the time, this test was not about testing literacy at all. It was a legitimate sounding, but devious measure that the State of Louisiana used to disenfranchise people that had the wrong skin tone or belonged to the wrong social class.

A MOBILE CIDER MILL:

When Frank Dieter a fruit liqueurs distiller, moved from Germany to British Columbia he was surprised at the amount of apples, pears and cherries that were being wasted each season. He came up with the idea of a portable cider-making unit and fifteen years later, the first mobile mill was built. Since then, Mr. Dieter has built and sold four of the machines.

In the small town of Clarington, Ontario, two apple-farming brothers, Garry and Gord Geissberger, bought one of the mobile mills which they placed on a 20-foot trailer, the mill is powered by a 24-kilowatt, three-phase diesel generator.

Local orchards have been bringing their apples to the Geissberger farm for more than 40 years. But the orchards could only transport so many bushels of apples and it meant a lot of driving. Many orchards have never been able to produce apple cider because the cost of transportation and refrigeration is too high; now the Geissberger brothers just pull into their yard set it up and press the season's crop for them.

First the apples are sorted and cleaned using a high-pressure washer. The apples are then tossed into a shredder, which grates the apples into a mash. The apple mash then falls into a hopper and is pumped through a tube that runs along the floor.

When one of the Geissberger brothers is ready to press the mash, he steps on a pedal and the mash is pumped out of the tube and onto a large rack and cloth press. Once he has seven layers of mash and cloth, he uses a hydraulic pump lever to press the juice from the apples. Although the cloth filters out most of the pulp, the juice then passes through a screen, to strain out any debris. From here, the cider travels through another tube and into a holding tank before being pasteurised.

Then the juice is packaged in a 5 - liter, vacuum-sealed plastic bag, with a spout for pouring and each bag is placed in a cardboard box. Because

the cider is vacuum sealed and doesn't come in contact with the air, it can be stored for one year and lasts three months after you take your first sip — no refrigeration or preservatives needed.

The orchards can then sell the cider to friends, family and neighbours and at farmers' markets, farm stores and roadside stands.

With both brothers manning the machine and one other person tossing in apples, the mill can process up to 40 bushels of apples and produce 132 gallons of cider each hour.

A FEW OF THE OFFICIAL OLDEST ANIMALS THAT EVER LIVED

- At his death in March 2006 at the Kolkata Zoo in India, Adwaita the Aldabra Giant Tortoise was the longest ever measured life span of a terrestrial animal at 255 years old.

- Bowhead whales were originally thought to only live for about 80 years. However, in May 2007, a bowhead whale caught off the Alaskan coast was discovered with the head of an explosive harpoon embedded deep under its neck blubber. Scientists deduced that the harpoon was manufactured around 1890, suggesting these animals may live up to 200 years.

- George the Giant Lobster, died at the age of 140 after being rescued by a PETA worker from a restaurant in New York.

- Thomas the Tortoise lived in Great Britain and survived two world wars, Thomas tragically died at the age of 130 after being bitten by a rat on the leg.

- An Albatross named Wisdom is the oldest bird in the known wild and was still hatching eggs at age 63 in 2014.

On an island nestled away in the North Pacific Ocean, thousands of albatrosses are dying.

They see colourful bits of plastic in the ocean and confuse them for food. Many of them fly back with toothbrushes, lighters and other plastic products to feed their young. The end result is grim.

And that's just part of the problem.

According to a study, "Facing Extinction: The World's Rarest Birds and the Race to Save Them," around 100,000 albatrosses are killed by longline fishing each year. That's almost 300 every 24 hours.

This form of fishing is a commercial technique that uses huge lines -- often kilometres long -- with deadly baited hooks strung out by fleets of fishing boats. Some barely survive increasingly extreme weather conditions, while others die because of starvation due to declining fish stocks, as well as marine pollution and other predators.

Nineteen of the 22 species of albatross face extinction, according to the University of Southern California.

But there is hope.

Wisdom is a Laysan albatross, a species that usually inhabits the Northern Pacific, and is thought to be around 63 years old. She's exciting biologists because of her advanced years -- the average life span of a Laysan albatross is 12 to 40 years old.

What makes Wisdom even more special is

that she is still mating -- she has raised at least 35 chicks in her lifetime and has nested consecutively every year since 2008, they set up a camera towards the end of 2013 and recorded her when she laid an egg in December, her youngest chick hatched out in February 2014.

THIS WEEKS QUOTE:

"No act of kindness, no matter how small, is ever wasted." - Aesop

ON THIS DATE – NOVEMBER 21ST:

1620 - The 'Pilgrim Fathers' on the 'Mayflower' made first landfall in North America, at Cape Cod, New England.

1767 - United Irishman Thomas Russell was born in Co. Cork; he travelled the country and became known as "The man from God-knows-where", in the ballad which recalls his efforts to raise support for Robert Emmet's rebellion of 1803.

1780 - Britain declared war on the Netherlands.

1806 - Napoleon, closed ports to British trade in an attempt to damage his island enemy.

1837 - Thomas Morris of Australia skipped rope 22,806 times.

1871 - Moses Gale patented a cigar lighter in New York.

1918 - The Parliament Act entitled women to sit and vote in the British Parliament.

1935 - First commercial crossing of Pacific by plane (China Clipper).

1952 - Birth in Dublin of middle distance runner and former World Champion Eamon Coghlan

1980 - Lake Peigneur in the US state of Louisiana drained into an underlying salt deposit. A misplaced Texaco oil probe was drilled into the Diamond Crystal Salt Mine, causing water to flow down into the mine, eroding the edges of the hole. The resulting whirlpool sucked the drilling platform, eleven barges, houses, many trees and 65 acres (260,000 m²) of the surrounding terrain, thousands of feet, to the bottom of the dissolving salt deposit. Amazingly there were no injuries to humans and no human lives lost. Days after the disaster, once the water pressure equalised, nine of the eleven sunken barges popped out of the whirlpool and refloated on the lake's surface.

THERE'S MORE FISH IN THE SEA:

A Washington, D.C. woman received a box of baby chicks in the post from her ex-boyfriend. The man put them in a box along with a note saying there are "a lot of other chicks out there." Despite the cruelty it is legal in the US to mail live chicks in this manner, along with a host of other creatures that include bees, scorpions and salamanders.

The woman intention was to simply throw the little chicks in the trash, rather than to find a place for them. Animal cruelty was apparently the only thing that the pair had in common.

The postal worker who delivered them took the chickens and brought them to the Poplar Spring Animal Sanctuary. Only one of the chicks was harmed in the poultry packaging postal

process, and even then it was a fairly minor leg injury, according to the Facebook page for the Sanctuary and all the chickens are doing fine.

THE WORLD'S LARGEST CORN MAZE:

The world's biggest corn maze is 63 acres in Dixon, Solano County, California and it's so large it normally takes about 4 hours to complete, but some people who take on the challenge of finding their way through the maze are getting completely lost and are resorting to calling the police to find their way out, every weekend during the corn maze season. The police then contact the owners and they rescue the lost.

The farm is now closed for the season, but the owner of the maze, says that it can be tough when you are stuck in the thick of it all. "When it's dark, all you see is corn," he said.

Starting out with just a few acres and a lofty goal, the Cooley brothers began building their mazes with an eye to the Guinness Book of World Records. They create a fresh design each year for the maze, starting with an idea and hand-cutting each and every turn of the massive design.

You can see videos of how the brothers make plant and grow the maze by going into Facebook and searching for Cool Patch Pumpkins.

As well as growing corn the brothers also grow thousands of pumpkins every year.

MAN AND HIS CAT REUNITED IN A SHELTER FIVE YEARS LATER:

Michael Close of Melbourne Australia was heartbroken when he moved out of the country and had to leave his cat Chopper behind.

Mr. Close's mother agreed to take Chopper in when Mr. Close moved, but when she discovered Chopper was unhappy in her home with her other cat, she found Chopper a new, loving home. And all was well for Chopper for a few years.

But when Chopper's owner died, the cat found himself in a shelter, looking for a home once again.

Not long afterwards, Mr. Close, who had recently returned to Melbourne, was browsing the local shelter's web site. His children wanted a cat. He'd never forgotten Chopper but had lost track of him once his mother had re-homed him.

Mr. Close saw a photo on the shelter's web site of a cat that looked just like his old pet and couldn't believe it. When he went to visit the shelter, he and Chopper recognized each other right away. Part of Chopper's ear is missing so Mr. Close was sure it was him. Then, he called Chopper's name and the cat lifted his head straight away. "It was a really unbelievable moment. It was like a lost family member coming home," Mr. Close said.

Chopper didn't take much time getting reacquainted with his previous home, it was as if he had never left. "He came in and knew where he was immediately," Mr. Close said. "He went straight upstairs to his little napping spot."

GARDENING OUTLOOK



with John O'Sullivan

FOCUS ON CHRISTMAS HOUSEPLANTS

This is the time of year when people will give and receive gifts of houseplants such as Cyclamen, Azalea, Gardenia, Poinsettia etc. Christmas houseplants obviously give their best display this time of the year but they have to be kept in the right conditions like the right temperature and humidity level to prolong their lives into the new year and longer.

The conditions of a house environment can be a challenging place for houseplants because of central heating which is very drying to houseplants especially for ones that come from humid tropical parts of the world.

There are several ways to improve conditions for your plants in the house. You can avoid placing them in draughts, especially in places where temperatures will fluctuate from very hot to very cold or in very hot areas like above or beside a radiator.

Water your plants by placing them in a container of water for about twenty minutes.

For plants that need more humidity place them on a tray of gravel with some water but make sure that the plant is sitting on the gravel not the water.

**JOHN O'SULLIVAN, FOUR SEASONS GARDENING
SERVICES, KILLARNEY 087-2787160.**

Citizens Information

Know Your Rights:

PAYING THE LOCAL PROPERTY TAX

QUESTION

I paid the Local Property Tax by credit card this time last year. Is it the same amount for 2015 and how do I pay?

ANSWER

Your Local Property Tax (LPT) is based on the valuation of your property on 1 May 2013. However, the rate you pay for 2015 may vary from the 2014 rate, following the introduction of the local adjustment factor. This means that the basic LPT rates can be adjusted up or down by up to 15% in different local authority areas.

Fourteen local authorities have reduced 2015 LPT rates in their areas by up to 15%. You can use Revenue's online calculator to check how much LPT is payable in different local authority areas.

As you paid your LPT for 2014 in one lump sum, you will get a letter from Revenue (or an email if you are a ROS customer) telling you whether your local authority changed the rate for 2015 and confirming the amount of LPT due. If you own more than one property, the letter will confirm the total amount due for all your properties. It will include your Property ID and PIN.

When you get this letter you must confirm how you want to pay your 2015 LPT to Revenue. You can choose to continue to pay your LPT in the way you paid it in 2014 or you can change your payment method. You will recall from last year that, if you pay by credit card, the deduction will be made on the day that the transaction is completed online.

You must contact Revenue by 25 November 2014 if you want to switch to a phased payment method or by 7 January 2015 if you want to pay in full in one lump sum. The easiest way to do this is to use the LPT online system. If you need help with the online system you can call the LPT helpline on 1890 200 255.

People who didn't pay their 2014 LPT in a lump sum do not get a letter from Revenue and they do not need to do anything unless they want to change their payment method. Revenue will apply any rate reductions automatically. You can get more information from Revenue.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



THE FIELD OF DREAMS

Imagine that all around you is unlimited energy full of potential and possibilities. This energy is available to you to create your deepest desires and dreams. Quantum Scientists call this energy that surrounds us "the field." This energy is always flowing to you, through you and around you. What often "blocks" this energy from fully manifesting in our lives is that we are simply not open to receiving it. When we are consumed by anxiety, worry, doubt, negative thinking or fear we shut ourselves off from this Universal Life Force. Some ways to become more open to this field of pure potential is to create a more conscious lifestyle. This means that you focus on what you want and not on what you don't want. It means becoming more aware of your own energy field and where and when you feel drained, dense, heavy or tired. It means listening to what you say and choosing your words to reflect your desires. It also means living more in the moment and stopping the struggle with life. There is an extraordinary magic that happens once you begin to live in this creative energy flow. The simplest formula for opening up to this energy;

1. Ask – set your intention and imagine it happening
2. Believe – trust and believe in you and your power to create
3. Receive – be open and adaptable to whatever shows up in your life. Sometimes the things we ask for come in ways that we have never thought about...

**For Daily Motivational Coaching tips please visit my
Facebook page and click "LIKE" to receive!**

066 9766374 | life_coachingunlimited@yahoo.ie



2ND ANNIVERSARY



In Loving Memory of

PAUL CASEY

**Lissyconnor and late of Shinnagh.
Who died on 22nd November 2012**

A loving thought, A silent tear
A constant wish that you were here
A loving place no one can fill
We miss you Paul and always will.

**Sadly missed by Mom, Dad,
Aidan, Alan, David, Rose, Sheila,
Linda & Louise.**

**Mass 11.30am on 23rd
November, St. Joseph's Church,
Rathmore.**

2ND ANNIVERSARY



In Loving Memory of

JOHNNY CASEY

**Shinnagh.
Who died 9th October 2012**

You had a smile for everyone
You had a heart of gold
You left the sweetest memories
This world could ever hold

**Always remembered by Patsy,
Mary Rose, Rose, Sheila, Linda,
Louise, Aidan, Alan & David.**

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. **x**

NOVENA TO ST. CLAIRE

Ask St. Claire for 3 favours, 1 business, 2 impossible, say 9 Hail Mary's for 9 day's with a lighted candle. Pray whether you believe it or not. Publish on the 9th day. "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and always. Request will be granted no matter how impossible it may seem. Publication must be promised
E

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days.
Publication of prayer and favour will be granted. **x**

PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal. You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me.
In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted.) **x**

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.
x

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x

NOVENA TO THE SACRED HEART ST JOSEPH, PADRE PIO, ST ANTHONY, ST THERESA & ST JOSEPH OF CUPERTINO

NEVER KNOWN TO FAIL

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall I ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your perfect love for me and therefore I place all my trust in your.
Our Father, Hail Mary and Glory.
Say 3 times for 3 days and request will be granted, Never known to fail.
Must publish. **M**

PRAYER TO THE VIRGIN MARY

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O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. **x**

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NEVER KNOWN TO FAIL

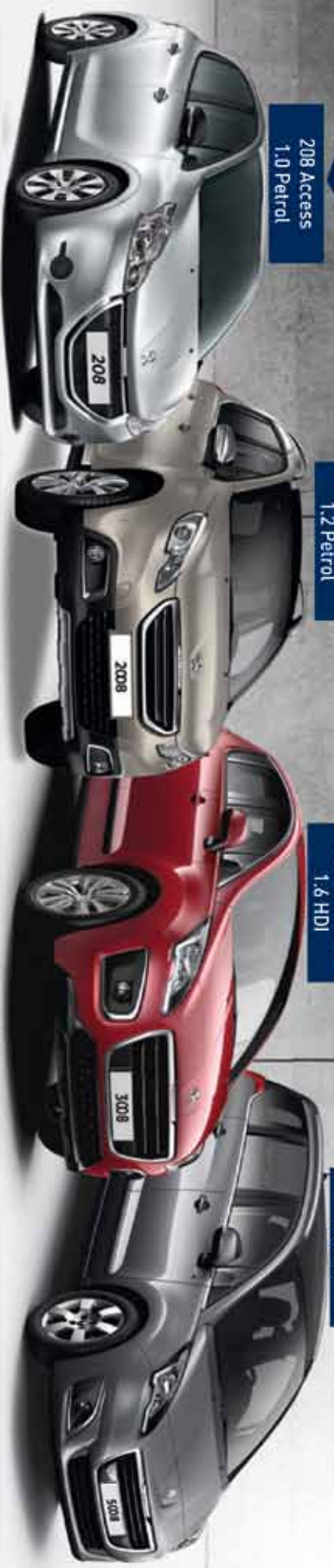
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MOTION & EMOTION



PEUGEOT