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KILCUMMIN'S JULETT HAS WEEK OF A LIFETIME



ELLA COSTELLO GETS A ROSE FROM THE ROSES AT THE TRALEE WETLANDS CENTRE ON FRIDAY. PIC JOE HANLEY



AMY EVANS LISTRY GET AN AUTOGRAPH FROM THE CORK ROSE AOIFE MURPHY AT TRALEE WETLANDS CENTRE ON FRIDAY. PIC JOE HANLEY.

It was not to be for Juliet Culloty the 25 year old from Kilcummin who represented Kerry as the Kerry Rose in the Rose of Tralee Festival Contest but she has left a lasting memory for all those that met her during her Rose Week.

Speaking to the Killarney Outlook, Juliet was delighted at how the whole week went and said it was a wonderful time in her life. "It was really amazing. I was off work for a year last year, I was sick, so I said this year I wanted to try to push myself to do different things so I

asked my sister what did she think of entering the Rose and she said 'Oh my God, you should totally go for it. Little did I know a year on I would be on Stage in the Dome. It was a real rewarding experience"

Juliett who made her TV appearance in the Dome on the first night proved a hit as she spoke candidly about her illness and the need to raise awareness about it but had a dream come true when she was presented a Jim Culloty autograph.

"That moment was amazing really. I knew when Daithi brought it up about Jim Culloty where he was going with it but I never expected him to get the autograph. It was really funny".

Amongst the other highlights Juliett were Saturday's parade. "The parade on Saturday evening was amazing. I am like a big kid so it was great, it was magical. It was great on the floats with the other Roses and all those children looking for autographs it was really special."

NEW WALKWAY NAMED AFTER DOROTHY HENNGELER

The Mayor of Tralee, Cllr Tom McEllistrim, formally opened the new Rose Walk last Friday morning.

Among the guests at the ceremony were the 32 roses taking part in this year's Rose of Tralee. The Roses were attending their first event following their arrival in Tralee. Also on the guest list were members of Tralee Municipal Authority and the parents of Dorothy 'Dott' Hellenger, Dick and Eibhlín Hellenger, after whom the new Rose Walk is named.

Kerry County Council say that the new Rose Walk links the Riverside Walk at "Fels Point" to the Town Centre, leading visitors through the Rose Garden and the many commemorations located in the park to the Rose of Tralee. The walk takes you past the life size statues of the original Rose, Mary O'Connor, and the author of the Rose of Tralee ballad, William Pembroke Mulchinock, as well as the Rose Wall of Honour. Speaking on behalf of the Hellenger family, Dorothy's father Dick Hellenger thanked Kerry County Council for the honour they bestowed on their daughter, and added "I would like to say how Eibhlín and I and our family are honoured that the town of Tralee has given Dott this tribute. We're truly touched by that".

"Now she has been given this tremendous part to play, to be here welcoming the Roses on the walk. That's what Dott really would have liked to have done," he said.

"We are highly committed to the Rose of Tralee



THE ROSE WALK WAS OFFICIALLY OPENED ON SATURDAY 14TH OCTOBER. LTO R. CLLR. NORMA FOLEY, OONAGH O'GARA, CLLR. JIM FINUCANE, THE HENNGELER FAMILY DICK AND EIBHLIN, FRANZ AND AMBER, AND CHILDREN CONRAD AND ROWAN HENNGELER, THE ROSE OF TRALEE EXECUTIVE CHAIRMAN ANTHONY O'GARA, THE MAYOR OF TRALEE CLLR. THOMAS MCELLISTRIM, CLLR. GRAHAM SPRING, CLLR. SAM LOCKE, AND THE MAYOR OF KERRY CLLR. PAT MCCARTHY. PHOTO: JOHN CLEARY.

and we too want to play our part. We want to see the hotel as the flagship for the Rose of Tralee. I also want to thank the people of Tralee who have embraced the Rose of Tralee and strive to make it better and better every year."

Festival of Kerry CEO Anthony O'Gara paid tribute to Dott and spoke about the effect she had on others "The spirit of the Festival was alive and well in a great young woman who came to us in 2011. She was full of devilment, full of life, she was an optimist and a people person. It's just incredible that her parents have come back to Tralee and said in Dott's memory we're going to keep the spirit of the Rose Of Tralee alive and we're going to find a way of helping Tralee to continue to celebrate every great thing Tralee has to offer" added Anthony O'Gara."



THE ROSE OF TRALEE ELYSHA BRENNAN. PHOTO: JOHN CLEARY

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THRESHING CANCER DRAWS THE CROWDS

A fundraiser, which is now in its third year has been hailed as a resounding success by the organisers.

Threshing Cancer was held in the farm of Brendan Ferris in Beaufort on Sunday last attracting hundreds to the fun filled day. The event incorporated guided tours and demonstrations of vintage threshing and agricultural machinery, working horses and showcased skills such as thatching and making butter.

There was something for everyone on the day with live entertainment, dog shows and sheaf tossing.

All in all a great event which has raised almost €50,000 in the past two years.



A SCENE FROM THIS YEAR'S THRESHING CANCER IN BEAUFORT.



MICHAEL HEALY RAE ENJOYING SOME TRADITIONAL BREAD WITH TESSIE CLIFFORD FROM BEAUFORT.

LISTRY REMEMBERS SHANE AT GOLF CLASSIC

A golf classic in memory of Listry GAA clubman Shane Courtney will be held at Killorglin Golf Club on Saturday September 5th. Shane was killed tragically while out cycling four years ago.

All funds raised at the classic will be used in the upkeep and constant developing works at the GAA grounds in Faha.

"At present the club are in the process of sanding the pitch, a job which costs in the region of €8,000 so all funds are greatly appreciated", club Secretary Anthony Clifford, told the Killarney Outlook.

"We are a small club in a small community and are constantly striving to improve our facilities for old and young in our parish", he added.

The main sponsors of the golf classic are Mike O'Shea and Sean O'Mahony of Faha Court and The Courtney Family.

There is still time to take part in the golf classic - Teams of 4: €120 - 4 person scramble Max handicap - Gents = 20, Ladies = 30. Tee times : 7.30 am to 2.00 pm. To Book a Tee time contact : John Wrenn: 087 1273702.



The club also plan to hold a raffle with the top prize being tickets for the All Ireland Football Final.

Tickets are on sale from local outlets, committee members and on the day of the golf classic.

Meanwhile the club along with other community organisations are planning a Family Fun day on Saturday August 29th at the GAA grounds from 2pm to 5pm. There will be plenty of activities for all ages including BBQ. This is being organised by many groups within the community and all are welcome.

FOOTBALL STAR TIES THE KNOT

Vilamoura in Portugal was the stunning venue for the wedding of Kerry Football star Aidan O'Mahony and his beautiful bride Denise Healy on Friday last.

Joined by family and close friends for the ceremony, the couple spent ten days in the sun before returning to Kerry on Wednesday of this week when Aidan resumed training with the Kerry team for Sunday's clash with Tyrone in the All Ireland Football Semi Final.



AIDAN O'MAHONY AND DENISE HEALY WHO WERE MARRIED IN THE ALGARVE LAST FRIDAY. THE COUPLE ARE PICTURED HERE AT KILLARNEY RACE COURSE.




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KILLARNEY SUCCESS AT FLEADH CHEOIL NA HEIREANN

Record crowds attended an exciting and successful weekend of competitions, concerts, céilithe and sessions as the Comhaltas 64th Fleadh Cheoil na hÉireann was celebrated by an estimated 400,000 throughout Sligo. The biggest event to have ever been hosted in Sligo, organisers estimate that attendance was up 30% on the previous year.

A huge Killarney contingent headed up west with numerous medals coming back following months of training by all involved. A total of 5 Gold, 5 Silver and 2 Bronze in Set and Ceilí Dancing was won by CCE Cill Airne under coaches Triona Mangan, Mairead Mangan, Maureen Hegarty Vogels and Ita O'Connor. While musicians Sean Leahy and Damien Mullane, played with their usual top class professionalism.

CCE Cill Airne

U12 4 Hand Ceilí Gold.

U12 8 Hand Ceilí Silver.

U12 Ladies Full Set Silver.

U12 Mixed Full Set Silver.

U15 Ladies Full Set Silver.

U15 Ladies Full Mixed Set Silver.

U18 Mixed Half Set Bronze.

U18 Ladies Full Set Gold.

O18 Half Set Mixed Bronze.

O18 Ladies Full Set Gold.

O18 Mixed Full Set Gold.



SECOND PLACE: SPA UNDER 12 GIRLS 8 HAND CEILÍ PICTURED WITH THEIR TEACHERS.

O35 Full Set Mixed Gold

The Fleadh Cheoil featured a week-long festival of fun with over 250 events and in excess of 8,000 competitors taking part in the All Ireland Fleadh competitions.

At the core of the Fleadh are the competitions that see traditional musicians, dancers and singers of all ages and backgrounds competing at All Ireland level, following victories at regional competitions. The standards were

high and the music more than lived up to the expectations of judges who had a very difficult job choosing winners for each category and competition.

Fleadh Cheoil na hÉireann 2016 will be hosted by the town of Ennis in Co. Clare, taking place from 14th – 21st August next year.

For all the results and further details on the Fleadh and competitions, visit www.fleadhcheoil.ie



FIRST PLACE: SPA UNDER 12 GIRLS 4 HAND CEILÍ PICTURED WITH THEIR TEACHERS.



THIRD PLACE: SPA UNDER 18 HALF SET PICTURED WITH THEIR TEACHERS.

SLIABH LUACHRA TO HUM WITH THE SOUND OF RACING BIKES

This Saturday, August 22nd sees the Kerry County Cycling Championships taking place in Gneeveguilla and being hosted by the Sliabh Luachra Cycling Club. The races will take place on the 6.8km circuit that was used for the County League.

Sign on is next to the Gneeveguilla Post Office from 10am with racing underway from 11. The u16's do 4 laps and are first off. The u14's (3 laps) start at 11.05am and the u12's begin at 11.10am and race over 2 laps. The main race of

the day, the Senior's start at 11.45am and will complete 9 laps.

Medals for all the age groups and the A1 to A4 categories will take place in the GAA Club house after the senior's race. The team prize is for 1st only and 3 riders count.

Full competition licences are required and riders from Kerry or riding on a Kerry team are eligible to compete with an entry fee of €10 for adults and €5 for the underage.



IF YOU HAVE A STORY...

Call: Aisling on **086 0400 958** or Email: editorial@outlookmags.com

Kerry School of Music Killarney Open Day

Saturday September 5th

10am-12pm

Holy Cross Primary School

New Road, Killarney



10AM: OPEN BALLET CLASS

10.30AM: TEDDY BEARS PICNIC WITH LIVE ORCHESTRA

11.30AM: SOLO/ENSEMBLE PERFORMANCES BY PRIZE-WINNING STUDENTS

12PM: INSTRUMENT/VOCAL TRY-OUTS (PLEASE CALL FOR APPOINTMENT)

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AUGUST

Friday 28th (5pm-9pm)
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Sunday 30th (8am-5pm)

SEPTEMBER

Friday 4th (5pm-9pm)
Saturday 5th (8am-5pm)
Sunday 6th (Exam)

Course Cost:

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About the National Pool Lifeguard Qualification

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LIFE IS BETTER WITH A DOG....

Hundreds of dog owners and lovers descended on the Cathedral Field on Tuesday last for the

annual Killarney Dog Show. Our photographer Marie Carroll-O'Sullivan was on hand to

capture dog loving locals and the amazing canines there.



ANALYSING THE FINALISTS CAREFULLY AT THE ANNUAL DOG SHOW WERE L-R JACK MULDARRY, EWAN MCGILLYCUDDY, SARAH MULDARRY & ORIANNE MCGILLYCUDDY.



A CHAMPION IN HER OWN RIGHT, RUBY WITH HER KILLARNEY OWNERS GERALDINE & BOBBY PAYNE.



ABBIE O'SULLIVAN WITH DALMATIAN 'BAILEY' AT THE ANNUAL DOG SHOW IN KILLARNEY ON TUESDAY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



LEAH MCCARTHY WITH HER BURNSE MOUNTAIN DOG 'PORTER' AT THE ANNUAL DOG SHOW ON TUESDAY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



A BIRDS EYE VIEW OF THE COMPETING DOGS FOR TIERNAN O'CONNOR, PICTURED AT THE KILLARNEY DOG SHOW WITH HIS MUM BRID. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

CHARLENE RAISED FUNDS AFTER 10K RUN

Charlene Tydings from Asdee has raised €488.40 for St. Fidelis Unit in St. Mary of the Angels, Beaufort.

It is a cause close to Charlene's heart as her partner Ger Foley has an aunt who is a resident there.

Charlene would like to thank everyone who helped her on her quest, especially her niece Jessica who went door to door collecting sponsorship.

Charlene presented the unit with toiletries, DVD's, a Radio/CD player and other essentials for the unit recently.

INCLUDED IN THE PICTURE ARE FROM LEFT: CHARLENE RYDINGS, MARTINA HOCTOR, CNM2, JESSICA DEE, CAIT LOONEY, CARER, HANNAH CAHILLANE, NELL MCCARTHY, SINEAD O'SHEA, NURSE AND NORA MCCARTHY.



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UPCOMING EVENTS



**23RD AUGUST PINK RIBBON WALK
CHARITY EVENT**



SEPTEMBER

6TH - ANNUAL CYCLING FESTIVAL

12TH - WILDLIFE & AUTUMN DAY

13TH - FOOD & FORAGING DAY

GOURMET VENISON EVENING date to be confirmed



For any further details, please do not hesitate to contact the Park on
029 70810 or info@millstreetcountrypark.com



IRENE RETURNS FROM A TRIP OF A LIFETIME

A young Zoology student from Killarney has just returned from a trip of a lifetime to Madagascar.

Irene Sullivan, from Glenflesk, spent six weeks gathering data on Coquerel's sifakas (a species of lemur) for her dissertation in a patch of dry deciduous forest in north-west Madagascar.

"I am over-whelmed with gratitude that I was lucky enough to have spent the time I did there, encountering indigenous species, making the friends I have made, and, it must be said, using a "jungle long-drop," with geckos and frogs for company", Irene told the Killarney Outlook.

"The country itself is magnificent, housing an enormous wealth of endemic species, and boasting similarly awe-inspiring variations in landscape", she added. Irene was one of several dissertation students who were joined by research assistants and visiting school groups who occupied three camps in Mariarano, all established by Operation Wallacea (a biodiversity conservation organisation). Madagascar is currently undergoing severe deforestation at an alarming rate. It's population is every growing, and more people are emigrating to forested regions. Slash-and-burn agriculture, among other anthropogenic activities, has lead to the destruction of habitat of many species. Irene's project involved the observation of lemur activity which according



IRENE SULLIVAN FROM GLENFLESK, PICTURED WITH A TORTOISE.

to Irene was all day, every day in an attempt to determine whether or not encroaching human presence will negatively affect their development and behaviour. Some highlights of Irene's trip included holding a leaf-tailed gecko, seeing a sifaka up close, catching frogs from rice paddies and holding a giant hognosed snake.

"I made friends with both local people and dissertation students alike and although I don't

miss showering with a cup and bucket every day or having beans and rice for lunch" said Irene, "I hope that the enigmatic and beautiful forests of Madagascar will be conserved, and that members of future generations will see Coquerel's sifakas swinging through the trees of their natural habitat, just like I did".

A student at UCD, Irene is a past pupil of St. Brigid's Secondary School, Killarney and is the daughter of Noreen O'Brien and Kevin Sullivan.



IRENE CAME FACE TO FACE WITH A LEAF NOSED SNAKE.



THE LEMUR IS THE SUBJECT OF IRENE'S DISSERTATION.

TD HIGHLIGHTS THE PLIGHT OF THOSE WHO NEED CARE



DEPUTY TOM FLEMING

The HSE Community Care Services in Kerry have issued several hundred notices to vulnerable recipients of vital Home Help throughout the County within the past week giving

notice of severe cuts to Home Help Hours.

This is a repeat of a similar exercise in April that deprived many Home Help recipients of essential Home Care time in that episode of slashing Home Help Hours that in many cases were already drastically cut in previous HSE reviews of the service.

Deputy Tom Fleming stated that he has been contacted by several recipients of this vital service who are fearful of the consequences of any further reductions that are proposed in this latest initiative.

Many of these are living alone and in a lot of instances in remote rural areas.

Meetings of concerned public are being called throughout Kerry with the initial meeting being in the River Island Hotel, Castleisland this Friday night 21st August.

Due to the Dail recess and also absence of any Local Authority and Health Board Forum in August there is wide spread fear that unwarranted drastic cuts will go ahead impeded and without any proper consultation or debate.

Deputy Fleming stated this latest manoeuvre

is false economy by the HSE as the Home Help service is by far the best value on a cost benefit basis provided by the HSE, and it ensures people have a reasonable quality of life in their own homes and in their own communities.

Deputy Fleming has called on Minister Varadkar to intervene and direct the HSE South to halt this penny pinching exercise and resume the normal Home Help Services immediately.

Also enclosed is Leaders Question Dail Debate in April when initial reductions of Home Help Service in Kerry were being implemented along with todays correspondence to Minister Varadkar.

Many cases of reduction of hours at that time were rescinded until this latest attach by HSE South.

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FAIRY FOLK CHECK-IN TO THE BREHON

Garden Fairies come at dawn - bless the flowers and then they are gone

The Brehon Hotel in Killarney has some very unusual VIP guests staying - however rather than staying in one of the hotel's luxurious suites they have opted instead to sleep among the flowers and trees of the beautiful Brehon lawn.

Danú, Delia, Daniel, Honey, Violet, Vinney, Peadar, Iver, Lily, Shimmer and Sticks along with sisters Marci, Mervel, Moonbeam and Missy have become the newest and tiniest residents of the hotel. The fifteen fairies were officially welcomed at a special party held in their honour at The Brehon last weekend. Members of staff at the hotel were initially nervous about welcoming the VIPs, but they have since been assured that there will be no unusual requests, dietary requirements or mischievous magic, these guests will however be staying indefinitely.



KILLARNEY FAIRIES MILLE AND MOIRA HUGHES WITH HAZEL DINEEN WERE SO EXCITED TO MEET THE 15 NEW RESIDENTS WHO MOVED INTO THE NEW FAIRY VILLAGE ON THE FRONT LAWN AT THE BREHON HOTEL, KILLARNEY ON SUNDAY. PICTURE BY DON MACMONAGLE.



JENNIFER RAE, ADA MARMION AND EVIE DOOLAN WERE SO EXCITED TO MEET THE 15 NEW RESIDENTS WHO MOVED INTO THE NEW FAIRY VILLAGE ON THE FRONT LAWN AT THE BREHON HOTEL, KILLARNEY ON SUNDAY. PICTURE BY DON MACMONAGLE.

"Kate, Queen of The Fairies, decided a little while ago that she would like to bring some fairy magic to the garden of a hotel, she choose The Brehon because of all the wonderful

people that stay there from all around the world," explains Niamh Sherwin-Barry, Director at The Irish Fairy Door Company. "So for the past few months we have been busy crafting special fairy doors and building a fairy village at The Brehon so that fifteen fairies could move permanently to Killarney."

The Irish Fairy Door Company is an Irish based company that specially chosen by The National Fairy Council to make these wooden fairy doors to help fairies relocate all over the world.

"We are delighted to welcome our fifteen resident fairies to The Brehon," says General Manager, Brian Bowler, "We hope they will be very happy here and that they tell all their fairy friends to come and holiday in Killarney."



HAZEL, MEABH AND MOIRA HORGAN WERE SO EXCITED TO MEET THE 15 NEW RESIDENTS WHO MOVED INTO THE NEW FAIRY VILLAGE ON THE FRONT LAWN AT THE BREHON HOTEL, KILLARNEY ON SUNDAY. PICTURE BY DON MACMONAGLE.

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At Muckross Park Hotel & Spa we aim not only to meet client expectations, but to exceed them in all aspects of the service we offer. Renowned for our ability to capture the true essence of the day, we can assist you from the initial stages with advice on menu, wine and floral arrangements right through to entertainment choices.

Established since 1795, the hotel is the oldest Victorian hotel in Kerry and has been lavishly redeveloped to a deluxe 5 Star property, offering old world 'wow' factor elegance and yet the best in modern comfort.

As the only hotel located within Killarney's National Park you will have a stunning backdrop for your wedding photos. Whether you choose our own manicured gardens, the gazebo next to the river or, venture into the National Park to Muckross Abbey and grounds you can be assured of beautiful memories.

For your wedding reception, we offer a variety

of rooms for you to choose from; whether you are planning an intimate celebration or hosting the big white wedding, we can offer you the perfect setting for your dream day.

Muckross Park hotel also boasts a number of beautiful Civil Ceremony Venues including our purpose built romantic medieval Atrium with its own private garden, original church pews, floor to ceiling windows and a magnificent open fire.

Our wedding food event is taking place on 30th August at 2pm – 5pm. We welcome all those planning their big day to come along and sample exquisite dishes from our extensive wedding menu, view our beautiful and unique wedding suites and see all that Muckross Park Hotel has to offer. If you would like to attend, please contact our Wedding Manager Bernie O'Donoghue on **064 662 3400** or email **bodonoghue@muckrosspark.com**.



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KILCUMMIN WELCOMES HOME ALL IRELAND CHAMPIONS



THE KILCUMMIN 15 – 18 SET DANCERS WHO WON THE ALL IRELAND AT FLEADH CHEOIL NA HÉIREANN IN SLIGO LAST WEEKEND. FRONT ROW FROM LEFT, LYNN BROSAN, AISLING O'CONNOR, NIAMH MCSWEENEY, SIOBHAN MOYNIHAN. BACK ROW, NATHAN COUNIHAN, STEVEN O'LEARY, ADRIAN MORIARTY (TRAINER), CONOR COFFEY, PATRICK O'CALLAGHAN.

The parish of Kilcummin were out in force on Monday night last to welcome home winners and participants from Fleadh Cheoil na hÉireann.

Family, friends and supporters turned out in large numbers at the Klub in Kilcummin where the branch were acknowledging all those who took part at County, Provincial and All Ireland Fleadh.

Highlight of the evening was introducing 15 -18 Mixed Set who were crowned All Ireland Champions in Sligo last Saturday along with the Under 18 Half Set and Shauna O'Leary 12 -15 English Singing who both won the Silver Medal.

The Half Set were made up of four dancers from the Mixed Set namely Niamh McSweeney,

Aisling O'Connor, Patrick O'Callaghan and Conor Coffey.

Both Set Dancers were trained by Adrian Moriarty and the singers were coached by traditional singing teacher Martina Ryle O'Sullivan.

The Over 35 Set Dancers and Singers Aisling O'Connor and Liam Randles who also competed in the All Ireland also performed on the night as well as the Raecaol Set Dancers. Kilcummin Comhaltas were also represented at the Fleadh in the 15 -18 Ladies Set and U12 Four Hand Ceilí Dancing.

Neily O'Connor provided the music for the celebration night, and a great night was had by all.



MICHAEL HEALY, LIAM RANGLES AND KIRILL HEALY ATTENDING THE KILCUMMIN COMHALTAS CELEBRATION NIGHT.



SHAUNA O'LEARY WHO WON THE SILVER MEDAL IN 12 -15 ENGLISH SINGING AT FLEADH CHEOIL NA HÉIREANN IN SLIGO LAST WEEKEND.

KILLARNEY RFC CELEBRATES HISTORIC OCCASION

Killarney Rugby Club enjoyed a truly historic occasion on Saturday last when they hosted Newbridge RFC in a preseason friendly for the first game in their new pitch.

Huge crowds turned up to support the event and Aghadoe was literally a hive of activity from early in the morning as the finishing touches were made. The match kicked off just after 2:30pm and was officiated by Killarney's own Declan Fuller. A fine sporting match was played on the day with Killarney narrowly losing out to the Newbridge side on a scoreline of 27 points to 22. Some fantastic play was on display and it is great to see so many young players looking to step up to the senior squad.

The weather played its part in helping the club showcase their fantastic facilities on



PICTURED AT THE NEW KILLARNEY RUGBY GROUNDS FOR THE FIRST OFFICIAL GAME AGAINST NEWBRIDGE WERE L-R PADDY MOORE, LUKE COURTNEY, STEVIE MURPHY, ALEX SHEAHAN, SENAN COTTER, JAMES O'CONNOR & SEAN MORIARTY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



KILLARNEY V NEWBRIDGE, THE FIRST OFFICIAL GAME AT THE NEW RUGBY GROUNDS IN AGHADOE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

the day with many spectators bringing their children to watch the match.

"It was fantastic to see the flags go up at the gate welcoming the visitors and supporters alike to our new home for the match", Liam Murphy, Club PRO told the Killarney Outlook. "Long hours and an epic effort was put in to line the pitches and to make sure everything was ready for this historic match. With over

100 cars parked up, it was great to see such huge support for the lads and particularly to help celebrate our first ever home match at Aghadoe", he added.

Following the match, a presentation was made at the Killarney Avenue to the visiting captain.



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HELPING STUDENTS REACH THEIR POTENTIAL



BROOKFIELD COLLEGE, MONAVALLEY, TRALEE.

The exceptional success rates achieved by previous Leaving Cert classes at Brookfield College continued when the class of 2015 received their results last week. Now beginning its 28th year, the College recently moved to a new modern school in Monavalley Tralee. Brookfield College is a leading provider of private second level education, offering a full-time programme for fifth year, sixth year and repeat Leaving Certificate students. At present the school is busy enrolling students for the coming year.

Brookfield College has grown from humble beginnings. The school opened in 1988 offering grinds and revision courses to second level students. The school's solid reputation is based on consistently producing outstanding results. Brookfield features prominently among the top feeder schools for the universities and institutes of technology particularly UCC and UL. Every year a number of students at the school achieve scholarships based on their exam results.

According to Principal Elisha Dowling there is an atmosphere at Brookfield College where students are encouraged and expected to perform. However the most important ingredient are the teachers. "We have an excellent group of teachers. They are highly qualified, experienced and motivated. Their enthusiasm and expertise impact on students in a huge way. Also there is rarely any changeover of staff, which brings continuity and consistency to the whole approach. Students have regular assessments during the year. Students are assigned a mentor (one of their teachers) who meets with them several times during the year to discuss progress and give advice. While Brookfield College has a record of very impressive results at the top end of the scale Elisha was keen to point out that it not all about the high achievers." Our aim is for each student to reach their potential. For some students 300 points or less can be a great achievement. We all have different academic abilities and talents. Once someone can say they did their best that's what is important."

Senior Cycle is tough and requires commitment

dedication and effort. It is important that people are happy in their school environment. "Students really enjoy their time with us. They get a lot out of the year besides the results and find it a great preparation for Third Level. Parents regularly comment that during the year or two at Brookfield that their kids mature and develop in a very positive way. "Some families have had 3 or 4 students with us over the years. This is a sign that we must be doing something right."

Another important component of the senior cycle is Career Guidance. Each student gets an initial 1-hour session of guidance plus a follow up session if required. According to Guidance Counsellor Bernie Slattery "This contact is vital as it clarifies a lot of issues for students"

Repeating Leaving Certificate can be the right option. At present some students will be considering repeating their Leaving Certificate. Disappointing results present us with difficult decisions and fewer choices. You may have missed your first choice by a few points. You may just feel that your results do not accurately reflect your ability. Repeating the Leaving is not an easy option but often it is the right one. A change of environment with a different approach can be worthwhile. According to Elisha Brookfield College offers that alternative. 'Our average increase for repeat students last year was 75 points. With the right attitude and work rate a feeling of disappointment and regret can be turned into a feeling of elation and satisfaction in the space of a short academic year.' In a competitive market for jobs and third level places opportunities exist for those who have proven their ability. For those with little to show doors remain closed. It is worth considering before you decide your next move. As well as full time courses Brookfield College also offers a comprehensive programme of weekly grinds in most subjects. Revision courses, and a supervised study option are also provided.

For details on any of the above contact Brookfield College, Monavalley, Tralee. Phone **066-7145896**

CLLR GLEESON HIGHLIGHTS ILLEGAL DUMPING GROUND

"At the recent Municipal area meeting Councillor Michael Gleeson asked that the Council would favourably consider filling in the roadside dyke on the L.7407 at Upper Lissivigeen as it has become a dumping area for the large scale disposal of domestic waste of all sorts and is therefore a health hazard for the many residents of the immediate area.

The Council replied that piping of the dyke would have to be considered prior to backfilling in order to deal with water run off. There is no money available at present from council funds but the project would be suitable for councillor's allocation. Councillor Gleeson asked that the council would prepare the necessary estimate and that he would examine the possibility of having the work paid for from his 2016 allocation."

FINAL SPRAOI CONCERT THIS WEEKEND

The final Spraoi Chiarrai Show will take place this Saturday evening, August 22nd at St. Mary's Church of Ireland on Main Street at 8pm. As they group come to the end of their 11th season they finish with a very special exciting concert combining African and Irish Music.

Following an opening act, Samuel Kiwanuka (Uganda & Tralee) Vocal and Percussion, Michael D Kelliher (Accordion and Harmonica) Fossa, will be joined by Producer / Director Tim O'Shea (Guitar/Vocal/Bodhrán) for a concert that is sure to enthral audiences.

An exciting mix of African and Irish songs and tunes will be performed to concluding this years Concert Series. Samuel has been living in Ireland for the last 8 years and has performed with Drum Dance Ireland, Tralee Samba Cusile Group, Afro Trad Ireland (along with Tim O'Shea), and many other groups.

The show is free of charge and not to be missed.

FLAG DAY

The Killarney - South Kerry wheelchair association's flag day is on this weekend the 22nd and 23rd of August.



MONEY MATTERS....

By Dermot Cronin,
Financial Advisor



HAVE YOU REVIEWED YOUR PENSION RECENTLY?

As you have probably seen or read in the news recently pensions are being discussed very often. This shows how important pensions are, so if you have a pension it is very important that you review your pension **NOW**. You may not be contributing to this pension anymore but it still needs to be reviewed. You need to know what kind of pension you have and what funds your pension is invested in. Your pension could be invested in very high risk funds which means that the value of your pension can substantially decrease or substantially increase over a very short period of time. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension you will not know if your pension is increasing or decreasing in value or if your pension is on track to get you what income you need at retirement. So whether you are currently contributing to a pension or have a pension that you had in the past it is very important that your pension is reviewed now.

To discuss this or any other financial matter you can contact Dermot Cronin at **064 66 22775** or **087 2893649**.

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PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

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THESE BOOTS ARE MADE FOR WALKING

SNEEM FRIENDSHIP WALKING FESTIVAL

11TH – 13TH SEPTEMBER 2015



WALKERS ENJOYING LAST YEAR'S FRIENDSHIP WALKING FESTIVAL

This is the time of year again when the Kerry Geopark Centre in Sneem hold their annual Walking event. A programme has been put together that will appeal to a large number of outdoor enthusiasts. The weekend starts with a loop walk on Friday afternoon followed by an Art Exhibition later that evening in the Geopark Information Centre where a glass of wine and light refreshments will be served.

On Saturday there are 3 levels of walks: strenuous, moderate and easy all lead by local guides. All the walks will end in a cafe or pub where the walkers will take a break and chat. A variety of entertainment will be available

in the pubs each night where one can enjoy listening to poetry, storey telling, or sing along to traditional songs.

Our walking event on Sunday will be a gentle stroll along a river bank where our experienced guide will hopefully spot a variety of wildlife and offer snippets of information about what we see and hear which will add to our days enjoyment.

Set this time aside for yourself and enjoy the weekend in rural Sneem where you can chill out and relax in a friendly hospitable setting. On your own? Come along! Who knows who you might meet?

COOKING FOR LIFE

Beaufort Defibrillator Group is holding a cookery demonstration fundraiser next month. Professional, award-winning chef, Mark Doe will be cooking up something tasty for a good cause at Beaufort's stylish Dunloe Hotel, on Wednesday 30th September 2015 at 7pm.

The Furies based chef who has spent over twenty years working in some of Europe's finest hotels and restaurants, will share valuable and practical cooking knowledge and skills whilst ensuring you and your friends have a fun and entertaining evening out. You'll even get to try some of Mark's delicious dishes.

So why not come along and learn some new recipes, cooking techniques and some tricks of the trade and then show off everything you've learnt back home!

You'll also be supporting a life and death cause, as Beaufort's 9 life-saving defibrillators need to be consistently funded to remain in reliable working order. All proceeds from the event are in aid of Beaufort Defibrillators.

Tickets cost €15 each and there will be a door prize and raffle on the night. Please call Mary O'Connor, Chairperson of Beaufort Defibrillator Group, for tickets on 0872927309.

KILLARNEY SCHOOL AWARDED GRANT

Labour TD, Arthur J Spring welcomes an announcement by the Department of Education that St. Brendan's College, Killarney has been added to the list of approvals for the emergency works grant.

St. Brendan's College, Killarney has been added to the approval list and will receive a grant for roof repair works to be carried out at the school.

LOVELY SURPRISE FOR FR. KELLY



FR LAURENCE KELLY KILCUMMIN RESIDENT FATIMA HOME, OAKPARK, TRALEE GOT SURPRISED AS THE KERRY ROSE JULETT CULOTY CALLED TO SEE HIM. ALSO IN PIC WERE FR LAURENCE'S FAMILY MARY KELLY, LUCY AND AVA MCGRATH, HER ESCORT NEIL HARRINGTON ACTIVITY CO-ORDINATOR (FATIMA HOME). PIC JOE HANLEY.

Kilcummin native, Fr. Laurence Kelly who is a resident at Fatima Home in Tralee got a lovely surprise at the weekend when Kerry Rose Julett Culoty popped over to visit him.

Fr. Kelly was joined by some of his family members for the visit which was organised by Julett's Rose of Tralee escort Niall Harrington, who is the Activity Coordinator at Fatima Home.

ALL SET FOR THE CHAMBER BBQ

The first annual Killarney Chamber family fun BBQ will be held on Sunday August 30th at 2pm.

The venue for the fun day out will be the Killarney Racecourse and there will be something for all the family including bubble soccer, a bean bag competition, bouncing castles, nearest the pin along with entertainment from Celtic Steps and many more surprises.



If you want to keep up to date on a daily basis make sure to follow us on @killoutlook



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Price Region: €250,000

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ALL ABOUT THE CLUB AT THIS YEAR'S ALL IRELAND COASTAL ROWING CHAMPIONSHIPS

VALERIE O'SULLIVAN REPORTS FROM LOUGH CURRANE, WATERVILLE

It all comes down to the weather at all these events. It was near perfect weather for The All Ireland Coastal Rowing Championships which took place on Lough Currane, Waterville at the weekend from Friday, 14th to Sunday 17th August 2015. Sunshine, rain, mist, small breezes.. near perfect!.. More than 2700 rowers competed, in the picturesque village of Waterville, which lies on the Iveragh Peninsula, along the Wild Atlantic Way. 500 crews raced for medals and trophies in the Rowing Championships. Crews from Donegal, Antrim, Belfast, Dublin, Wicklow, Wexford, Cork, and Kerry competed at the weekend. The type of boat used in the Coastal Rowing Championships is called a 'One Design' — fibre glass boat, fixed seat, a crew of four and cox. The course was flawless, designed by Nick Norris, Schull, Co Cork, a great friend of Waterville Rowing Club, overseeing all the course was Kerry Coastal Chairman, Pat Cuffe and volunteer Andrew Wharton, who gathered an amazing group of volunteers keeping the venue 'ship shape' all weekend. Speaking after the event, PRO Mary B. Teahan, commented "What a weekend of rowing, Waterville is such a fantastic location to host The All Ireland Coastal Rowing Championships. The atmosphere was amazing, the hard work and dedication by crews, volunteers, families, is just incredible. Medals were hard to come by, and it was great to see every part of the Country being represented and going home with medals. The weather was very kind to Kerry this weekend. It does play a huge role and thankfully all our hard work has definitely paid off".

Cromane Rowing Club, were honoured with Best Club of the Year, and a special award went to Margaret O'Shea, for her 'hard work and



ACTION FROM ROWING CLUBS, COMPETING IN THE 2015 ALL IRELAND COASTAL ROWING CHAMPIONSHIPS, AT LOUGH CURRANE, WATERVILLE, AT THE WEEKEND. OVER 2700 ROWERS COMPETED IN THE COVETED CHAMPIONSHIPS FROM COASTAL ROWING CLUBS, FROM ALL OVER THE COUNTRY. PHOTO: VALERIE O'SULLIVAN.

dedication 'under duress' Margaret looked after all the volunteers, officials, and rescue boats. The most coveted race 'The Senior Men's' was won by Courtmacsherry Rowing Club, County Cork and the much anticipated Ladies Seine Boat Charity Race was won by Valentia Island. The Irish Coastal Rowing Federation is pleased to confirm that the 2016 All-Ireland Coastal Rowing Championships have been awarded to Donegal Bay Rowing Club and they will be taking place in Ballyshannon, Co. Donegal on the weekend of 12th, 13th & 14th August 2016. The Irish Coastal Rowing Federation President Pat Deasy added " I wish both Donegal Bay Rowing Club and the Donegal Coastal Rowing Association well in their endeavours to stage the 2016 All-Irelands and we look forward to bringing as many clubs, competitors and supporters as possible to savour the delights of the beautiful County Donegal."

KERRY WINNERS AT THE WEEKEND

Junior Men: Gold: Passage West RC Silver: East Ferry RC Bronze: Caherciveen RC.

Intermediate Gold: Fossa RC Silver: Whitegate

RC Bronze: Rushbrooke RC.

Senior Ladies Gold: Myross RC Silver: Arklow RC Bronze: Killorglin RC.

Intermediate Ladies Gold: Workmen RC.

Silver: Whitegate RC Bronze: Sive RC.

Veteran Mixed Gold: Portmagee RC Silver: Whitegate RC Bronze: Blackrock RC.

Under 14 Girls Gold: Whitegate RC Silver: Passage West RC Bronze: Portmagee RC.

Pre-Veteran Men Gold: Courtmacsherry RC.

Silver: Blackrock RC Bronze: Portmagee RC.

Pre-Veteran Ladies Gold: Arklow RC Silver: Myross RC Bronze: Workmen RC.

Under 18 Ladies Gold: Galley Flash RC Silver: Passage West RC Bronze: Sneem RC.

Under 21s Gold: Cairndhu RC Silver: Whitegate RC Bronze: Killorglin RC

Pre-Veteran Mixed Gold: Portmagee RC Silver: Passage West RC Bronze (Tie): Myross & Workmen RC.

Under 18s Gold: Kilmacsimon RC Silver: Killorglin RC Bronze: Whitegate RC.

Veteran Ladies Gold: Rushbrooke RC Silver: Myross RC Bronze: Callinafercy RC.

Veteran Men

Gold: Portmagee RC Silver: Kilmacsimon RC Bronze: Workmen RC



MEMBERS OF FOSSA RC, KILLARNEY, WHO WON GOLD IN THE U21'S FINAL, ANNIE SHEEHAN, MARIE TWISS, PATIE TANGNEY, COX, AOIFE GRIFFIN AND ROISIN MURPHY, AT THE 2015 ALL IRELAND COASTAL ROWING CHAMPIONSHIPS, AT LOUGH CURRANE, WATERVILLE, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.



WORKMEN'S ROWING CLUB INTERMEDIATE CREW, WHO WON GOLD IN THEIR RACE IN THE 2015 ALL IRELAND COASTAL ROWING CHAMPIONSHIPS, AT LOUGH CURRANE, WATERVILLE, AT THE WEEKEND. COX MIKEY JOE BURNS, SIOBHAN BURNS, OONAGH NEILAN, PAULINE O'BRIEN AND CIARA MOYNIHAN. PHOTO: VALERIE O'SULLIVAN.



G'WAN THE VALLEY.. MEMBERS OF FLESK VALLEY ROWING CLUB, COMPETING IN THE 2015 ALL IRELAND COASTAL ROWING CHAMPIONSHIPS, AT LOUGH CURRANE, WATERVILLE, AT THE WEEKEND.

PHOTO: VALERIE O'SULLIVAN.



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Saint John of God Kerry Services provides a range of programmes and services for adults and children with an intellectual disability in the Kerry region. A person-centered approach to service delivery is promoted in accordance with the Order's values and ethos and in keeping with its commitment to the continuing development of community based services.

STAFF NURSES

(Permanent & 2 Year Fixed Term Contracts)

The successful candidate requires:

- RNMH/RNID qualifications or other suitable nursing qualifications and be a Staff Nurse on the current register as maintained by An Bord Altranais.
- Previous relevant experience of supporting people with an intellectual disability (Desirable).
- Relevant experience of working with people who have behaviours that challenge is an advantage.
- Demonstrate excellent communication (both verbal and written), organizational skills, flexibility and commitment.
- A full clean driver's licence for manual vehicles is essential.

SOCIAL CARE WORKERS

(Permanent & 2 Year Fixed Term Contracts)

The successful candidate requires:

- Diploma in Social Care/Diploma in Applied Social Studies/Social Care.
- Experience working with individuals with an Intellectual Disability (Desirable).
- Flexible and excellent communication skills.
- Initiative, motivation and enthusiasm.
- Commitment to the development and delivery of a person centred programme.
- Experience of supporting people presenting with challenging behaviour.
- Full clean driving license required.

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(One Year Fixed Term Contract - 39hrs per week)

The Allocations Officer will work with Heads of Department and Supervisors to achieve maximum efficiency through the allocation of staff resources to meet the needs of service users.

The successful candidate requires:

- Diploma in Health or Social Care.
- Excellent communication and interpersonal skills.
- Organisational and Planning Skills.
- Proficiency in excel and Microsoft office.

Please forward a covering letter and CV (including written explanation for any gaps in employment), to: **Human Resources Department, Saint John of God Kerry Services, Monavalley, Tralee, Co. Kerry** or email to Dolores.Parker@sjog.ie before 5.00 pm on Friday 4th September 2015.

Applications will be short-listed based on the information supplied in the Curriculum Vitae and a panel may be formed from which future vacancies will be filled.

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FACES AT THE AUGUST RACES



ELISHA BRENNAN, WINNING MEATH ROSE IS ESCORTED BY MORE THAN ONE ESCORT ON HER FIRST OFFICIAL VISIT TO KILLARNEY AS THE ROSE OF TRALEE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



THE LUCEY SISTERS ALL SMILES ON MEETING THE ROSE OF TRALEE AT THE KILLARNEY RACES L-R ADI LUCEY, ELISHA BRENNAN ROSE OF TRALEE & MIA LUCEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING THE KILLARNEY RACES ON WEDNESDAY WERE L-R NOREEN COLLINS, MARY CRONIN, BRIDIE BROSANAN & KATHLEEN PYNE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ALL SET FOR THEIR OPEN DAY TODAY. AONGUS O'DONOGHUE, PHYSIQUE FITNESS STUDIO WILL BE ON HAND WITH FANTASTIC ADVICE AND GREAT OFFERS.



SERVICE USERS AT ST. JOHN OF GODS CENTRE MONAVALLEY HAD A SPECIAL VISIT FROM SOME OF THE ROSES DURING THE WEEK. THE ROSES WHO VISITED WERE FROM SYNDEY, MELBOURNE, TORONTO AND DUBLIN ROSE AND THEY ALL RECEIVED A GREAT WELCOME.



KERRY UNDER 12 CROSS COUNTRY ALL IRELAND COMMUNITY GAMES RELAY CHAMPIONS PICTURED AT THE NATIONAL FINALS IN ATHLONE LAST WEEKEND. THE BOYS SECURED FIRST PLACE IN THE U12 BOYS MIXED DISTANCE CROSS COUNTRY EVENT. ALSO IN THE PHOTO ARE CONNIE LYNCH (COACH) AND OWEN STACK (MANAGER).



ANDREW MC CARTHY KNOCKDURATH HEADFORD BEING PRESENTED WITH A PROFESSIONAL DIPLOMA IN EMPLOYMENT LAW BY MS JUSTICE MARY FAHERTY IN UCD RECENTLY.



CLLR DONAL O'GRADY PICTURED AT THE TRALEE WETLANDS WITH ROSE OF TRALEE CONTESTANTS.



Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Sports Recreation & Exercise Course (ETK69) - Killarney.

If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** 24th August. **Duration:** 45 weeks. **Certification:** QQI Major Award in Sports Recreation and Exercise 5M5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

Computer Applications and Office Skills Course (ET430) - Tralee Training Centre.

This course offers participants the opportunity to develop a broad range of knowledge and skills in general office administration, computer applications, payroll and accounting. It's focused on enabling participants to gain employment as office administrators or progress to year 2 of the Advanced Certificate in Office Information Systems at Tralee IT. **Start Date:** 7th September 2015. **Duration:** 44 weeks. **Certification:** City & Guilds and FETAC Certificates.

Medical Administration Traineeship (TRS08) - Tralee Training Centre.

This course is specifically designed for those wishing to pursue careers as medical secretaries, administrators or receptionists. It covers all the main administration tasks carried out in medical practices, hospitals, clinics and medical companies. **Start Date:** 14th September 2015. **Duration:** 40 weeks. **Certification:** QQI Level 5 Major Award in Office Administration.

Marketing (ET4R9) - Tralee Training Centre.

This course is for people who wish to pursue marketing as a career or incorporate marketing into their existing range of business skills so as to enhance their career and job prospects. **Start Date:** 5th October 2015. **Duration:** 42 weeks. **Certification:** QQI Level 5 Major Award in Marketing.

Media Techniques - Radio Course (ET283) - Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 5th October 2015. **Duration:** 50 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Healthcare Support Traineeship (ETS97) - Killarney.

This course provides participants with the knowledge, skills and competencies to work as part of a multidisciplinary team in the provision of effective and appropriate healthcare supports to clients in a variety of care settings. **Start Date:** 12th October 2015. **Duration:** 41 weeks. **Certification:** QQI Level 5 Major Award in Healthcare Support.

Digital Web Design with Adobe Dreamweaver Course (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites. **Start Date:** 12th October 2015. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates and Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Digital Media Production Course (TRY18) - Tralee Training Centre.

The Digital Media Production course offers participants the opportunity to learn and develop real-world production skills in a broad range of media disciplines. The content of the course includes design, digital imaging, photography, sound, video, digital publishing and media project management. The emphasis is on project led, hands-on practical training. **Start Date:** 19th October 2015. **Duration:** 52 weeks. **Certification:** City & Guilds Diploma in Media Techniques 7601-03.

Food Preparation and Cooking Course (ET20D) - Dingle.

This course is for people who wish to pursue careers in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 19th October 2015. **Duration:** 20 weeks. **Certification:** City and Guilds Level 2 Diploma in Food Preparation and Cooking.

Surf Instructor and Beach Lifeguard Course (ET1Z3) - County Kerry.

The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 2nd November 2015. **Duration:** 25 weeks. **Certification:** Surfing Skills Instructor Level 1 - Irish Surf Association (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

Milling TRQ235 - Evening Course Tralee Training Centre.

The aim of the programme is to enable the learner develop the knowledge, skills and competence to set up and safely operate, under supervision, a vertical milling machine. **Start Date:** 28/09/2015. **Certification:** QQI Cert. **Duration:** 2 evenings per week for 10 weeks.

Turning TRQ236 - Evening Course Tralee Training Centre.

The aim of the programme is to enable the learner develop the knowledge, skills and competence to safely operate, under supervision, a centre lathe. **Start Date:** 28/09/2015. **Certification:** QQI Cert. **Duration:** 2 evenings per week for 10 weeks.

Visit Our New Walk-In Information Service Every Tuesday and Wednesday
At Kerry ETB Head Office, Centre Point Building, John Joe Sheehy Road, Tralee.
(Opposite Tralee Bus and Train Stations)

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee, Tel. 066 7149600 / 066 7149638 / 066 7149676,

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TIME IS ALWAYS A HUGE BARRIER THAT HOLDS A LOT OF US BACK WHEN TRYING TO FIT EXERCISE INTO OUR LIVES ALONG WITH HEALTHY EATING.

HERE ARE SOME MORE OF MY TOP TIPS THAT MIGHT HELP YOU GET STARTED.

- Use your weekends wisely. Instead of spending every weekend out eating, partying and "treating" yourself after a hard week at work, then why not use these 2x days for good quality workouts and clean eating. Most of us who work midweek have plenty of time at weekends, but we choose to fill them with other stuff, leaving us under huge pressure midweek to fit in exercise, shopping etc. Save yourself some time midweek by this method even every 2-3 weekends a month and see how much time and less pressure you give yourself midweek! Plus you're going to save yourself a huge amount of extra calories you may be scoffing back over the weekends.

- Fit your exercise session in on your lunch break. A quick 30mins workout is better than nothing!

- Make exercise part of your social life. Instead of meeting family and friends for drinks, or coffee, get out for a walk, cycle, jog together. This is a great fun way of catching up & getting active, & using your time wisely but "killing two birds with the one stone". No better town for this than Killarney so no excuses.

- Spend less time in front of the TV. We say we have "no time to exercise" yet we have 30mins to watch Corrie, does this sound familiar? One thing is for sure the soaps aren't going to make you fit & healthy, so set that record button and watch them some other day you have time to pop the feet up to catch up.

MORE TIPS NEXT WEEK...

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THE KEY TO SUCCESSFUL WEIGHT LOSS

Fad diets may promise you the world, but they tend not to work in the long-term. They're normally too drastic for people to stick to for very long. Most of them are nutritionally unbalanced too.

The key to successful weight loss is to make small, gradual changes to your eating and physical activity habits that you can keep up for life. Don't think of yourself as being on a diet. Instead, look upon it as a series of small lifestyle changes that you need to make - one by one - in order to reach, and stay at, a healthy weight.

The first step in any successful weight loss programme is making changes to your lifestyle - eating less, and becoming more physically active. We know that gyms don't suit everyone and it's important to remember that exercise can take any kind of activity such as walking or cycling, washing the windows, or vacuuming around the house.

You may have heard about new medications that claim to help with weight loss. While a small number of these have been shown to be effective in supporting weight loss among obese individuals, this is only in combination with changes in lifestyle, for example eating less and being more physically active.

One simple way to reduce calorie intake is to try and eat smaller portions of foods. Switching from

fatty foods to lower-calorie foods like wholegrain breads and cereals, and plenty of fruit and vegetables can also help.

Eating meals at regular intervals throughout the day can help with any hunger pangs don't forget to drink plenty of water as well.

To keep on track with a weight loss programme, try to:

- weigh yourself once a week
- keep a diary of your progress
- keep a food diary of what you eat each day - it's a really handy way to focus on what you are eating and prevent you going back to old habits.
- get a friend or family member involved as it will motivate you both!

If you don't have success with these changes, consult your GP, practice nurse or dietitian for more detailed advice.

Fad diets and quick-fix pills are not long-term solutions to weight loss; think of small steps you can achieve over time and adopt these lifestyle changes for good.

-See more at: www.safefood.eu





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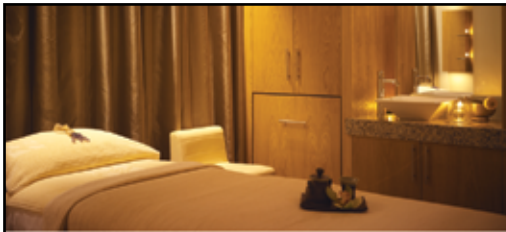
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Their Special Day

A look at the Wedding's taking place in Killarney.



LOUISE HARRINGTON AND BERNARD RYAN WHO WERE MARRIED IN EYERIES AND CELEBRATED WITH FAMILY AND FRIENDS IN THE SNEEM HOTEL.

PHOTO MICHEAL O SULLIVAN PHOTOGRAPHY
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PICTURED LEFT: SARAH O'CALLAGHAN, DAUGHTER OF BRID AND ANDREW O'CALLAGHAN, ST. MARGARET'S ROAD, KILLARNEY, AND GREG LANIGAN, SON OF MARGARET AND CON LANIGAN, ROSS ROAD, KILLARNEY, WHO WERE MARRIED IN ST. MARY'S CATHEDRAL, KILLARNEY LAST FRIDAY BY FR NIAL HOWARD.

PICTURE: EAMONN KEOGH.

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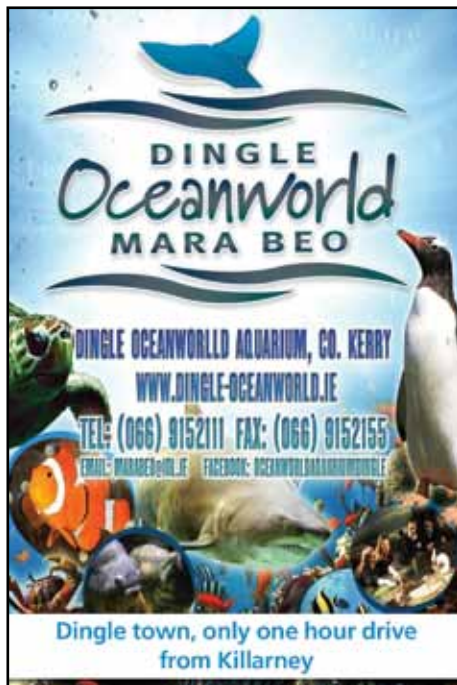


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LISTOWEL RACES LAUNCH

Aisling McDaid photographed at Tralee Race Horse Trainer Tom Cooper's yard on Tuesday with jockeys Ian O'Connor aboard Pedro, Ross Sugrue aboard Robin and Maurice Fitzgerald aboard Old Time Melody and Tom Cooper at the official launch of the 7 day Listowel Harvest Racing Festival, from Sunday 13th to Saturday 19th of September.

Fashionable race goers of all ages can look forward to three days of Best Dressed competitions, including the Listowel Tidy Towns Group, in association with An Taisce, Best Presentation of an Authentic Vintage or Up-cycled / Re-styled outfit on the closing day of the Listowel Harvest Racing Festival on Saturday 19th of September. Racing highlights include the €175,000 Guinness Kerry National Handicap Steeplechase (Grade A) Chase on Wednesday 16th; the €55,000 Guinness Handicap Hurdle on Thursday 17th September and the Listowel Races Supporters Club Sponsored Race 'The Slan Abhaile' on Saturday 19th September. This year the total Prize Money over the 7-days is €1.2 million (up €150,000 on 2014). The fashion highlight of the week is the McElligott's Honda Ladies Day

on Friday 18th of August, judged by model Alison Canavan and former TV apprentice, Brian Purcell with a total cash prize fund of €5,750. As always, in addition to top quality National Hunt and Flat racing, the Listowel Racing Committee have organised an extensive range of free entertainment, including the Kerry Group family Day; daily race card draws with cash prizes, promotions, music and more. For more information on Listowel Races contact 068 21144 / 21172 or visit www.listowelraces.ie

Photo: Don MacMonagle





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MEDICAL ISSUES WHEN DRIVING

The medical conditions that will preclude you from driving a motorised vehicle and when you will need a medical report.

Irish and EU legislation requires that a driver should advise their driver licensing authority of any long-term or permanent injury or illness that may affect their safe driving ability.

This report outlines the circumstances in which a medical report is required and the medical conditions that will preclude you from driving a motorised vehicle.

When do I need a medical report?

Your driving licence application must be accompanied by a Medical Report Form (D501) if you:

Are applying for a driving licence in respect of a truck or bus, licence categories C, C1, CE, C1E, D, D1, DE or D1E (unless you have previously provided a medical report which is still valid) Will be 70 years of age or more on the first day of the period for which the licence for any licence category is being granted.

Suffer from any of the disabilities or diseases specified in the diseases and disabilities list.

Have ever suffered from alcoholism or epilepsy.

Are a regular user of drugs or medication that would be likely to make your driving unsafe.

The medical report must be completed by a registered medical practitioner and you must sign the declaration in his/her presence.

MEDICAL GUIDELINES SLÁINTE AGUS TIOMÁINT:

Medical Fitness to Drive Guidelines (Group 1&2) for Group 1 licence categories AM, A, A1, A2, B, BE or W and Group 2 Categories C, CE, C1, C1E, D, DE, D1 or D1E i.e. truck and bus (with or without trailer have recently been revised and updated taking into account legislative changes made in relation to the standards for eyesight, epilepsy and diabetes, as well as international best practice. The guidelines set out clear minimum medical requirements and all applicants presenting themselves for medical examination should be assessed on the basis of the minimum standards outlined.

As in the past Group 2 guidelines require a higher standard of physical and mental fitness on the part of these drivers in light of the duration of time they spend behind the wheel and the greater size and weight of their

vehicles. The updated Group 2 guidelines have been drafted following a public consultation process, including associations representing Group 2 drivers.

Specified diseases and disabilities which need to be reported on application for, or renewal of, a driver licence.

A range of medical conditions, as well as treatments, may affect your driving ability.

Diabetes treated by insulin and or sulphonylurea tablets (your doctor can advise whether you are on these or not) no need to tell us if managed by other tablets and or diet.

Epilepsy.

Stroke or TIAs(*1)(minor strokes) with any associated symptoms lasting longer than one month.

Fits or blackouts.

Any type of brain surgery, brain abscess or severe head Injury involving in-patient treatment or brain tumour or spinal injury or spinal tumour.

An implanted cardiac pacemaker.

An implanted cardiac defibrillator (ICD)(*2) .

Repeated attacks of sudden disabling dizziness.

Any other chronic neurological condition such as multiple sclerosis, motor neurone disease, Parkinson disease and Huntington's disease.

A serious problem with memory or periods of confusion.

Persistent alcohol misuse or dependency.

Persistent drug misuse or dependency.

Serious psychiatric illness or mental health problems.

Parkinson's disease.

Sleep Apnoea syndrome.

Narcolepsy.

Any condition affecting the drivers peripheral vision.

Total loss of sight in one eye.

Any condition affecting both eyes, or the remaining eye if driver only has one eye (Not including colour blindness or short or long sight).

A serious hearing deficiency.

Any persisting problem with arm(s) or leg(s) which needs driving to be restricted to certain types of vehicle or those with adapted controls. Adaption of the driver's vehicle because of a physical disability to enable you to drive.

Severe learning disability.



*This list is not exhaustive

(*1) A transient ischemic attack (TIA) is an event, with stroke symptoms that lasts less than 24 hours before disappearing (sometimes called a mini-stroke). While TIAs generally do not cause permanent brain damage, they are a serious warning sign of stroke.

(*2) An Implantable Cardioverter Defibrillator (ICD) is an electronic device which monitors your heart continuously. The ICD is programmed to detect abnormally fast or slow heart rhythms.

(*3) If in doubt please consult your family doctor.

Note: A person who is dependent on or regularly abuses psychotropic substances, ie, those that can induce mood changes or distorted perceptions, is barred from holding any learner permit or driving licence.

A person who suffers from serious arrhythmia which has at any stage resulted in loss of consciousness is particularly advised to consult his/her doctor before applying for a licence.

If you have any doubts about your physical or mental fitness to drive you should consult a doctor.

CONTENT OF MEDICAL REPORT:

The medical report must specifically refer to your eyesight, hearing, general physique and your general medical condition insofar as it is relevant to your ability to drive. This is the case regardless of whether the report is needed for age reasons or for illness/disability reasons. If you are downloading this form(PDF) then it must be printed back to back on one page.

APPEALS:

An appeals mechanism is available for drivers who have been refused a licence on medical grounds. The Driving Licence Authority will inform drivers of the appeals process when informing them of the licensing decision.



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Rathmore Credit Union

Student Loan - Variable	10.33%	€126.50	€1072.16	
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RATHMORE & DISTRICT CREDIT UNION ON HAND TO HELP FAMILIES MANAGE THE COSTS OF 3RD LEVEL EDUCATION



In 2015, many families will see their child or children off to college for the first time, others will see their children return. For many families, this can be an extremely stressful time, as the cost of third level education continues to spiral having a huge impact on family budgets and household spending. Rathmore & District Credit Union would like to remind their members that the credit union is here to help and have this week launched a new Student/Education Loan at 5.1% APR* which can help families in the

cover college related expenses. 72% of parents supporting their children through 3rd level education struggle to cover these costs. 44% of students now live away from home compared to 32% in 2013, paying an average of €346 in rent. Parents are saving for an average of 8 years to put their child (children) through college

Lorcán McLoughlin, Marketing and Development Officer from Rathmore &

Rathmore area cover these costs. According to 2015 ILCU research in the Republic of Ireland, 94% of parents are supporting their children financially through college. These parents are contributing an average of €453 per child per month to

District Credit Union said: "The significant cost of third level education puts phenomenal pressure on both parents and students starting or returning to 3rd level education this year. The student registration fee combined with monthly rent and bills, books and materials, food and day to day expenses are a significant financial burden to many families."

Lorcán added: "We are keenly aware of the huge financial burden which 3rd level education places on students and their families in the Rathmore area. Rathmore & District Credit Union is available to support both parents and students as they prepare for the academic year. We offer a very competitive student and education loan rate of 5%

We encourage anyone who is looking to finance their education or who simply want some advice on planning ahead or budgeting to call into Rathmore & District Credit Union and speak to a member of staff. Planning ahead where possible is the best way to prepare for these expenses."

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500-545	6.8	13.1
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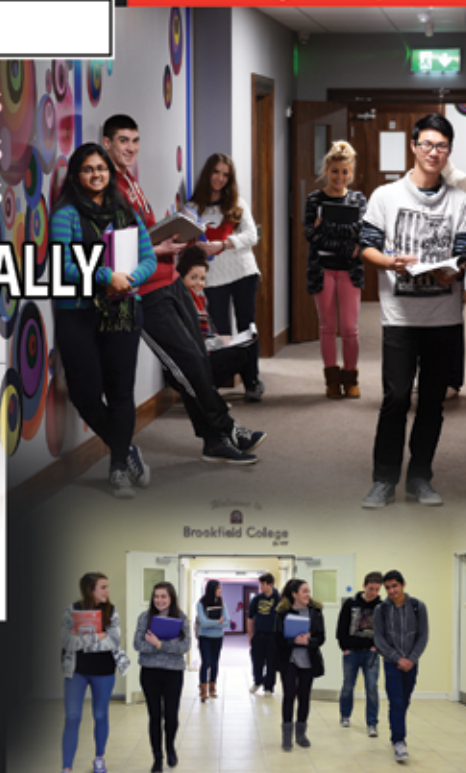
1 student got 625 points
1 student got 615 points
2 students got 610 points
1 student got 605 points

- :: 23 % of our students got over 500 points
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- :: 89 % of our students got over 300 points

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C.D	490	595	105
K.F.	435	505	70
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College Life

EDUCATION OUTLOOK

Outstanding performance by Kerry's Leaving Cert candidates



(By Billy Ryle)

Kerry's students are top of the class when it comes to qualifying for higher education. In fact, on a pro rata population basis, Kerry probably has the highest take up of college places in the entire country. This year's 2,031 Leaving Cert candidates from Kerry – 1,024 females and 1,007 males – splendidly maintained the high achievement of their predecessors. Consequently, the vast majority of CAO applicants throughout the county secured one of the coveted 75,194 offers to 52,028 offerees, which were issued on Monday. More than 70% of students from the county, who sat the 2015 Leaving Cert, will progress to higher education in colleges throughout the country. A further 20% will secure places at Post Leaving Cert (PLC) courses, Apprenticeships, Traineeships and other further education courses.

As was widely anticipated, points' requirements for courses linked to expanding areas in the economy such as business, engineering, construction, technology and law increased this year. In fact, the points' trends released by the CAO on Monday morning clearly show that applicants are totally focussed on the jobs market in their course choices. However, the increase in points for some courses has been counter balanced by an overall increase in Leaving Cert grades this year.

Nationally, 2015 college applicants did extremely well in CAO Round One offers. About 80% of the 40,599 applicants, who were offered a Level 8 (Honours Bachelor Degrees) course, received one of their top three preferences. A phenomenal 97% of the 34,595 applicants, who were offered a Level 7/ Level 6 list (Ordinary Bachelor Degrees/Higher Certificate) course, received one of their top three preferences. This year CAO received 79,214 applications, an increase of 1,489 on the 2014 figure. About 60,000 can expect to receive at least one offer of a college place before the end of

the offers' season in October. Last year, 47,003 applicants accepted college places and that figure is highly likely to increase this year. This is great news indeed for 2015 applicants and proves conclusively that the CAO system works very hard to accommodate the maximum number of applicants. Poor job prospects since 2008 have resulted in school leavers rushing to college in unprecedented numbers. Despite the recent sprouting of green shoots of economic recovery, applications for college continue to increase. The welcome increase, also, in the number of mature and non-traditional applications is very much in line with government strategy, aimed at increasing the skills and qualification levels of the general population, not just standard school leavers. Once again this year, a quota of places was reserved by CAO for the 12,195 mature applicants and 16,115 applicants from the PLC sector. The quota system is a very healthy development as everybody deserves a second chance. So, there are plenty college places on offer this year for all categories of applicants.

CAO always issues more offers than there are places available in anticipation of a level of refusal by applicants. Offers are issued independently in respect of the two lists (Level 8 and Level 7/6), so that 23,166 applicants received an offer from each list on Monday. Log on to the CAO website, www.cao.ie to view your offer/s. Enter your CAO Application Number, your date of birth and your Account Password, if you provided one with your initial application. If you didn't, simply leave that entry blank. You may accept a first round offer online until 5.15pm next Monday. An offer automatically lapse unless you accept it on time.

Applicants sometimes find it difficult to understand how the CAO course offers system works. The following key points might

simply the process for you:-

- You were offered the highest course preference/s to which you are entitled on the basis of your points.
- When you were offered a course preference, you were excluded from any course preference lower than the one, which you were offered.
- In the second or subsequent rounds of offers, you won't be considered for a preference lower than that already offered.
- If you were offered a preference, which is not your first preference, you may subsequently be offered a higher preference if such a place becomes available.
- It's not necessary to accept an offer in order to be considered for a higher preference if it becomes available. As there is no guarantee, of course, that a higher preference will become available, it's in your best interests to accept your first round offer and hope for the best in the second round. As the saying goes, "a bird in the hand is worth two in the bush!"
- Finally, it's worth remembering that when you have accepted an offer you are not obliged to accept any subsequent offer.

In the next article, I'll explain why Post Leaving Cert (PLC) courses give you a firm footing on the ladder to skills and qualifications. I'll also have a few words to say about the current controversy surrounding college grants.

CHECKLIST

- Kerry students highly achieved in the Leaving Cert exam
- Kerry students did extremely well in Monday's CAO Round One offers
- More than 47,000 students will accept a CAO offer this year
- Accept CAO Round one offers by 5.15pm next Monday
- A CAO offer will automatically lapse unless you accept it on time
- CAO reserves a quota of places for mature and PLC applicants
- CAO Round Two offers and points requirements are available on Thurs., 27th August
- The CAO vacant places facility is now open at www.cao.ie
- Accept CAO Round Two offer by Wednesday, 2nd September
- Closing date for receipt by SEC of Leaving Cert appeal applications is Wed., 2nd Sept.
- Results of Leaving Certification subject appeals will be released in Mid-October
- Places on Post Leaving Certificate (PLC) Courses are still available
- Schools are now offering places to repeat Leaving Cert candidates
- Apply now to Kerry Education and Training Board (ETB) Training Centre if you are interested in an apprenticeship or a traineeship

Billy Ryle is a Career Guidance Counsellor and freelance writer

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OUTLOOK SPORTS NEWS

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ALL-IRELAND SENIOR FOOTBALL CHAMPIONSHIP

KERRY O'SHEA LOOKS AHEAD TO SUNDAY'S ALL-IRELAND SENIOR FOOTBALL SEMI-FINAL BETWEEN KERRY AND TYRONE

KERRY AND TYRONE RENEW RIVALRIES

KERRY V TYRONE

Date: Sunday, August 22, 2015

Venue: Croke Park, 3.30pm

Referee: Maurice Deegan (Laois)

The prospect of another championship contest between Kerry and Tyrone has certainly sparked a lot of debate and enthusiasm among GAA followers in the county.

To date, Kerry and the Red Hands have met on five occasions in championship battles, with the Kingdom recording just two wins, one in 1986 in the All-Ireland final of that year, and again in June 2012 when the Kingdom memorably defeated Tyrone in a Round 4 qualifier at Killarney's Fitzgerald Stadium.

Many of the protagonists from that latter game will feature again when the sides meet next Sunday. Kerry have eleven survivors from the outing while Tyrone have eight.

Tyrone were the Kingdom's bogey side in the early noughties, defeating Kerry in the 03 semi-final and the 05 and 08 finals.

In the lead-up to this year's semi-final, Tyrone's game tactics have been the subject of much media talk and scrutiny in particular the proposed 8-week suspension handed down to Tyrone's Tiernan McCann by the GAA's CCC for an



KERRY WILL LOOK TO DAVID MORAN AND HIS MIDFIELD PARTNER ANTHONY MAHER TO CONTROL THAT VITAL AREA OF THE PITCH ON SUNDAY AGAINST TYRONE.

alleged incident with Monaghan's Darren Hughes; an incident for which Hughes received a straight red card.

Kerry manager Eamonn Fitzmaurice refused to be drawn on the Tiernan McCann issue at his team's pre-match press conference.

Fitzmaurice who suffered disappointments as a player against Tyrone, is aware of the threat they pose and will have warned his players not to be provoked into conceding easy frees.

Still, Tyrone are in this semi-final on merit. They have impressed in the All-Ireland qualifiers with

wins over Limerick, Meath, Tipperary and Monaghan. They have reached this stage of the competition with five serious contests behind them including a first round Ulster championship defeat at the hands of Donegal. Manager Mickey Harte, one of the longest inter-county managers in the game today, knows what it takes to defeat Kerry in a championship match and he will have the Tyrone players well primed for this one.

Harte has unearthed some strong young talent in the past few years including the likes of Darren McCurry, who has lit up this year's championship with some stunning displays, and his own nephew Peter Harte, he was listed at wing-back against Monaghan but lined out at wing-forward, is a speedy ball carrier who loves to run at the opposition's defence. Tyrone goalkeeper Niall Morgan, who has some experience of playing in the Irish League, is very adept at kicking long-range frees so in a tight game that could be a key factor.

Veteran Sean Kavanagh is still playing some great football while Joe McMahon, a hero of those great Tyrone successes over Kerry in the noughties, could be an injury worry for Mickey Harte. Kerry, meanwhile, will enter this semi-final on the back of a 7-16 to 0-10 thrashing of Kildare in the

quarter-finals.

It remains to be seen whether talisman James O'Donoghue will play any part in the semi-final. A back spasm has ruled out Mikey Geaney for the rest of the season. Apart from these two casualties, the Kerry panel is intact.

Kieran Donaghy who missed the quarter-final win over Kildare, will almost certainly start against Tyrone, his father's native county. Will Eamonn Fitzmaurice be tempted to start Colm Cooper who played with such devastating effect against Kildare? Kerry fans will have a mixed view on this one as Cooper has often been at the receiving end of some heavy Tyrone tactics in the past.

Kerry fans are eagerly looking forward to Sunday's tie but not without some apprehension as to whether Kerry has finally found the answer to Tyrone's end of season magic.

Can Kerry get this particular Tyrone monkey off their backs? That is the answer to the question many Kerry fans will be asking this week.

On form, Kerry should win and advance to another All-Ireland final but Tyrone's amazing record in exploiting back door opportunities must surely be a consideration.



COLM COOPER AND PAUL GALVIN CELEBRATE KERRY'S WIN OVER TYRONE THE LAST TIME THE TWO TEAMS MET IN THE ALL-IRELAND FOOTBALL QUALIFIERS IN FITZGERALD STADIUM KILLARNEY IN 2012.

SUPPORTERS BUS

The Kerry GAA Supporters Club will take buses to the All Ireland Semi Finals on Sunday next August

23rd. The Minor semi final, Kerry V Derry throws in at 1:30pm and the senior game between Kerry and Tyrone throws in at 3:30pm. All seats must be booked by Thursday night August 20th. Departure times are as follows: Farranfore 6.30am, Tralee 7am and Listowel 7.30am.

For bookings contact the following: Donie O'Leary 064-7758099, John King 066-7124229 or Martin Leane 087 2452901.



LEGION U13 BOYS WHO WON THE PRESTIGIOUS ROSE CUP IN TRALEE LAST SATURDAY. THEY ARE PICTURED WITH LAST YEARS ROSE OF TRALEE MARIE WALSH

EAST KERRY NOTES

with Áine Ní Shúilleabháin PRO

EAST REGION MINOR LEAGUE - DIVISION 1 SEMI FINAL

DR CROKES 2-17 FIRIES 2-13

In an exciting, skilful East Region Minor League Division 1 semi final, sponsored by The Tatler Jack, it was home side Dr Crokes finished the stronger against Firies and go through to the Final against Spa. With the lead changing 6 times during the game and the sides level on five occasions, the outcome was in the melting pot until the last ten minutes, when home side Dr Crokes, pulled ahead with a goal and extended the lead with well taken points.

Dr Crokes started the stronger and led 4 points to 1 after ten minutes. Firies levelled the game with a Jake Flynn goal and built a two point lead before Paul Clarke provided Dylan Sullivan for a Dr Crokes goal, giving the home side the lead by the minimum -1-05 to 1-04, early in the second quarter. Firies notched up 5 points to a single for Dr Crokes, giving the visitors the lead at the break: Firies 1-09 Dr Crokes 1-06.

Dr Crokes opened the stronger in the second half and levelled the game after six minutes, with three unanswered points. It was tit for tat with Firies pulling ahead and Dr Crokes levelling on thirteen minutes, 1-11 a piece. Dr Crokes pulled ahead with a well taken 45m free and pulled ahead with three points without reply - 1-14 to 1-11. Again Firies took up the challenge. Donnacha O'Sullivan won possession on the wing and floated the ball into the Dr Crokes square where corner forward Ciaran Flynn made no mistake for the levelling goal - 1-14 to 2-11, and took the lead with a point from play. The Dr Crokes response was swift, Adam O'Shea capitalised on a diagonal pass and rattled the net- 2-14 to 2-12 in Dr Crokes favour with ten minutes remaining. Dr Crokes pressed home their advantage and they progress to the final against Spa on a score of Dr Crokes 2-17 Firies 2-13.

Referee: Donal Casey Scartaglen.

DR CROKES SCORERS: Mark O'Shea (0-01), Creagh Courtney (0-02), Brendan Coppinger (0-02), Mikie Casey (0-04), Adam O'Shea (1-06, 0-2 frees, 0-2 45s), Dylan O'Sullivan(1-01), Mark Hartnett (0-01).

FIRIES: William Courtney (0-03, 0-2frees), Cathal O'Shea (0-03), Niall O'Donoghue (0-02), Connal Murphy (0-01), Ciaran Flynn(1-02), Donnacha O'Sullivan (0-02,0-1free), Jake Flynn(1-0).

UNDER 14 EAST KERRY

CHAMPIONSHIP: The East Kerry Under 14 championship, sponsored by MD O'Shea, is under way. The outcome of preliminary round games which are taking place this week will determine the gradings. There will be extra time, if necessary, in all games throughout the championship. Results must be sent to Mary Donnelly by the home club immediately after all games.

EAST REGION UNDER 11 GO GAMES:

The East Region Under 11 Go Games, sponsored by MD O'Shea, were wrapped up on Sunday last with a great game between Kenmare and Kilcummin, in Kenmare. Thanks to all the clubs for the great co operation throughout which facilitated the smooth running of these fixtures.

BEST WISHES: Very best wishes from All in East Kerry to the Kerry Senior and Minor Teams and management in the All Ireland Football Championship Semi Finals next Sunday. Go n-éirí libh.

KELLOGGS CUL CAMPS 2015: East Kerry/ Kenmare Cúl camps were completed this week with Gneeveguilla and Fitzgerald Stadium camps well attended. Thanks to all clubs for the use of pitches and dressing rooms. The facilities are a credit to all clubs with parents and players delighted with the excellent local venues. Vince Cooper East Kerry/ Kenmare GDA extends thanks to the fantastic club coaches working over the seven weeks. The feedback at all the camps was very positive.

KERRY SOUTH UNDER 15 TEAM:

The Kerry South Under 15 Team took part in a National Under 15 Blitz in Clare on Saturday last. Sligo, Clare and Limerick took part on the day with all the players and management enjoying the experience. Liam Brosnan (Kerry South Under 15 Manager) was delighted with the effort and team work displayed by all players during the day. Thanks also to the supporters who travelled for the blitz.

BEAUFORT GAA NOTES

LOTTO: Next draw for jackpot of €3,000 will be in Galvin's Bar on Sunday, 23rd August

BEAUFORT JUNIORS: Home to Churchill, Friday, 21st August at 7pm in round 1, Barrett Cup. Extra time.

FIXTURES: Beaufort Juniors home to Churchill, Friday, 21st August at 7pm in Round 1, Barrett Cup. Extra time.

U12 Boys away to Keel on Friday, 21st August at 7pm.

U12s played Laune Rangers on Friday evening and with an understrength team were well beaten. Well done for effort to those who played.

U12 girls sponsored by Anthony Foley Decorating host Dr. Crokes on Tuesday evening in the East Region League.

SENIORS: Beaufort Seniors kept up their push for promotion on Sunday with a 0-12 to 0-8 win over Brosna in Beaufort. The game began in perfect conditions and Beaufort had the first score when pressure by the forwards paid off and Padraig Doona scored a point. This was followed by a 45 on 3 minutes from Fergal Hallissey for the home side after Darragh Coffey's attempt was blocked. Padraig Doona had his 2nd point from play. Brosna's first score from a free on 5 minutes. Beaufort had the first goal chance when Nathan Breen sent Francis Courtney through but he shot wide. Brosna had the next score from a free. Both teams had 2 wides each inside first quarter. Nathan Breen fielded kick out and was fouled, took free to Padraig Doona who again was fouled and Fergal Hallissey scored the resultant free to lead 0-4 to 0-2. Again Brosna scored another free. Darragh Coffey was next of the score-sheet with a fine point from play and this was followed with a point from centre-back Brendan Cronin after good work by Micheal O'Sullivan. Another great score from Beaufort came from Darragh Coffey after good patient work in particular by Nathan Breen and Padraig O'Sullivan. Beaufort were defending well and held Brosna scoreless from play in the first half. Half-time score: Beaufort 0-7 Brosna 0-3.

Brosna's first score from play came at the start on the 2nd half and this was followed with a Brosna free to leave 2 points between the teams. A foul on Brendan Cronin was punished by Fergal Hallissey to stretch the lead again for the home side. Both sides were guilty of wides before



a side line ball on 16 minutes found Padraig Doona and he scored a point from play. Brosna had a free. Padraig O'Sullivan was fouled and Fergal Hallissey pointed and after good work by Padraig Doona he was fouled and Fergal Hallissey pointed another free. Danny Healy and Darragh Coffey combined for a great point to stretch the home lead. Brosna brought out the best from Beaufort's keeper Mike Moriarty who saved a goalbound shot which went over the bar. Fergal Hallissey was backcarded and replaced by Padraig Hallissey with 8 minutes remaining. Brosna were pushing for a goal and when a break from defence was finished with a fine point by sub Niall O'Connor the 2 valuable points were secured by Beaufort to consolidate their position at the top of the table. Final score: Beaufort 0-12 Brosna 0-8. The home side looked the fresher team and played well as a unit. Their half-back line was outstanding and they also won the mid-field battle while up front Padraig O'Sullivan worked hard and won some great breaks around the middle while inside Darragh Coffey and Padraig Doona took their scores well. Brosna were reliant on the free-taking for their scores. The game was well refereed by Cathal O'Dubhda.

TMid Kerry Under 16's will play Eoghan Ruadh in Beaufort on Wednesday, 19th in round 1, Under 16 Co Championship.

Mid Kerry Minors scheduled to play St Brendan's in Beaufort on Wednesday, 26th at 6.30pm in quarter final Co Minor Championship.

LEGION GAA CLUB NOTES

SENIORS: In round 9 of the Credit Union County league, our seniors defeated Kilcummin 3-08 v 0-09 with Conor Keane notching 3-03. A lacklustre first half which ended with scoreline of 0-05 v 0-05 was followed by a more spirited and tempestuous second period which yielded goals, saves, cards and a few exchanges of pleasantries. And while Conor Keane stole the show with his scoring prowess, it was great to see Tom Moriarty making a full return to action after a lengthy layoff through injury.

U16 GIRLS: The legion u16 girls put on a fantastic display against Rathmore in the county league last Thursday night. The sides were level at half time but the girls worked extremely hard in the second half to earn a two point win after a brilliant game of football.

U13 ROSE CUP: Congratulations to our u13 boys who won the Rose Cup last Saturday in Tralee. Our lads came out on top of the fifteen teams that entered this fantastic, well run competition. Legion were based in Ballyrickard along with 6 other teams while a short distance away in Na Gaeil 8 other sides were battling it out. Legion had a comprehensive win over Listowel Emmets in our first game & followed this up with a comfortable victory over Dr. Crokes to top the group. We met Ballyduff in the cup semi-final after they had topped their group. We were always in control of this game despite conceding a goal late on.

Full-time Legion 0-06 Ballyduff 1-01.

We faced Na Gaeil in the final, a repeat of last year's decider. This was a tough, defensive game and we found ourselves down by 0-03 to 0-01 at the small whistle. Na Gaeil made it 4 points to 1 immediately after the restart. With the wind against us and time running out things didn't look good but this bunch of lads are resilient. We increased the pressure and managed to score 4 points to no reply to win the cup in a tense finish.

Full-time: Legion 0-05 Na Gaeil 0-04.

In our four games we scored a total of 9-29 & only conceded 1-10, not a bad day at the office. Although it's great to win this competition, the most pleasing aspect for us from a development point of view is that all of our natural 13's started every single game. Thank you to all the parents who helped on the day, it made a big difference. Well done to the lads on the line; Daithi McGillicuddy, Paddy Osborne, Aaron Benson, Timmy Joe Fleming, Connie O'Sullivan & Mike Pierce.

DEVELOPMENT SQUADS: Well done to all our lads involved with the Kerry underage development squads, Robert Osbourne, Jack Hanrahan, Darren Looney, Jack Enright, Barry Slattery and Michael Devlin who are with the U15 side and Evan Smith, Kieran O'Donoghue, Daragh Lyne, Tadgh Doolan and Peter O'Sullivan who are on the U14 squad.

KERRY LADIES: Congratulations to Alan O'Neill and his Kerry Ladies senior team as they reached the All Ireland semi final virtue of a great win over Mayo and we wish them all the best now in the semi final against Cork.

SYMPATHY: The club sends its sincere condolences to the family of Murt O'Shea of Marian Tce who passed away suddenly last week. A true gentleman and a keen sportsman. Ar Dheis De go raibh a Anam.

LOTTO: Numbers drawn 8, 13, 21, 24. No jackpot winner. Next weeks jackpot 7600 euro.

Happy 50th birthday to Club PRO Kevin Griffin from everyone in the club.

DR CROKES CLUB NOTES

COUNTY SENIOR LEAGUE - ROUND 9

DR CROKES 0-12 FINUGE 0-3

As a result of our nine point win over Finuge on Friday last in Finuge, we retained our place at the top of the table. We now have fifteen points going into the last two rounds and most of these points have been accumulated when we had to line out without many of our first team regulars. This shows that we have a fairly strong panel and should ensure plenty of competition for places on the first fifteen in the forthcoming County Championship.

We failed to score in the first ten minutes, finding it hard to break down a well organised Finuge defence. They were first to score and led by two points to one after twelve minutes. Our opponents failed to score for the rest of the half as our relentless attacking play breached our

opponents defence and yielded five points and a half time lead of 0-6 to 0-2.

We were well on top again in the second half and three points without reply in the first ten minutes pushed us seven points in front. A Finuge point in the thirteenth minute of this third quarter reduced the lead to six points. We were very much on the offensive again in the last quarter and three points without reply in this period left us 0-12 to 0-3 in front at the end. Finuge did have many attacks during the game but our defence dealt adequately with what was thrown at them. Our opponents concentration on defence which made scoring tough for us, left them short of numbers upfront and outnumbered when they were on the offensive.

This was an adequate all round display. Our best on the night were Mike Moloney, Cilian Fitzgerald, David O'Leary, Ambrose O'Donovan, Shane Myers and Jamie Doolan.

Best Dr Crokes Player - Jamie Doolan

BEST WISHES: For a speedy recovery to Chris Brady and Cilian Fitzgerald who suffered injuries during the game.

SYMPATHIES: Deepest sympathies to the O'Shea Family on the death of Murt.

To Matthew Courtney on the death of his Uncle Tade Kelliher (Cork) and Mike O'Keeffe (Our IT Officer) on the death of his grandmother Kathleen Moynihan from Rathmore buried last Friday.

BEST WISHES: Best wishes to Senior team player Mike Milner who is getting married at the weekend to Mags Kelliher.

Congrats and best wishes to Kerry Ladies Footballers who beat Mayo in the All Ireland quarter final especially to Amanda Brosnan and Rheanne O'Shea.

Best Wishes to Kerry seniors and minors in Croke Park on Sunday especially to Senior players Colm, Johnny and Fionn and to minor players Billy Courtney, Gavin White and David Shaw.

BIRTHDAY WISHES: Happy Birthay to Eddie O'Connor who celebrated his birthday during the week.

LOTTO: Lotto numbers 5, 7, 17, 21. Jackpot €10800 not won match 3 17 by €25. Next draw Monday 24th of August in Speakeasy. Jackpot €11100.

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS:

Sunday 16th August, 2015. Winning Numbers 11, 13, 15, 23. Jackpot €5,600. Not Won.

1 x €100 Kieran Kennedy, Lahard.

2 x €50 John O'Sullivan, Rockfield West.

Grandma's Girls

2 x €25 Dermot Lyne C/o St Finans.

Pat Sheehan C/o Golf Club.

Draw Entrant Kieran Kennedy, Lahard.

Jackpot next week Sunday 23rd August €5,750.

SENIOR COUNTY LEAGUE: Our next game will be at home v Beale next Saturday, 22nd



August at 6.30pm. Please support.

JUVENILE UPDATES: Our U16s combined with Keel were defeated by Gneeveguilla in the final of the county league last Wednesday night. In a keenly contested final played in the Legion pitch we went down on a scoreline of 3.12 to 3.08. This has been a very good campaign for the boys who played some excellent football throughout. While we congratulate Gneeveguilla on their victory we must also give huge credit to our own boys and managers Colman O'Shea and Mike Broderick along with their Keel counterparts for their efforts to date. Next up is the Mid Kerry Championship which will be played in the coming weeks.

Our U12s are heading for Fitzgerald Stadium on Tuesday next for the annual mini blitz

organised by the Kerry and Munster games development boards. We will play teams from Bantry and Beale and afterwards our boys and girls will be treated to a tour of the dressing rooms and other facilities. We hope they enjoy their day out.

Friday night sessions for U6 U8 and U10s will resume on Friday August 28th.

THE SHANE COURTNEY MEMORIAL GOLF CLASSIC: This takes place in Killorglin golf course on Saturday, 5th September €120 for team of four or €30 each. We are looking for as many members as possible to support this event which is one of our main fundraisers for the club. To book a tee time or support in any way please contact John Wrenn on 087 1273702

FAMILY FUN DAY: A family day will be held at Listry GAA Pitch on Saturday, 29th August from 2pm to 5pm. Plenty of activities for all ages, including BBQ. This is being organised by many groups within our Community and everyone welcome.

KILLARNEY LIBRARY: As part of Heritage Week Killarney Library will host a free lecture entitled "Introduction to the Local Industry and Trades of Killarney including Tourism" on Tuesday 25th August at 7pm. The lecture will be delivered by local historian Conor Doolan and encompasses pre-historic industry such as the copper mines right up to present-day industry such as Liebherr. The tourism aspect looks at the industry before and after the royal visit.



WORKMEN'S ROWING CLUB, SENIOR MIXED, COMPETING IN THE 2015 ALL IRELAND COASTAL ROWING CHAMPIONSHIPS, AT LOUGH CURRANE, WATERVILLE, AT THE WEEKEND. OVER 2700 ROWERS COMPETED IN THE COVETED CHAMPIONSHIPS FROM COASTAL ROWING CLUBS, FROM ALL OVER THE COUNTRY. PHOTO: VALERIE O'SULLIVAN.



G'WAN THE VALLEY... FLESK VALLEY RC, KILLARNEY, IN THE FINAL OF THE INTERMEDIATE RACE OF THE 2015 ALL IRELAND COASTAL ROWING CHAMPIONSHIPS, AT LOUGH CURRANE, WATERVILLE, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.



WORKMEN'S ROWING CLUB, GIRLS U16 WHO WON GOLD, COMPETING IN THE 2015 ALL IRELAND COASTAL ROWING CHAMPIONSHIPS, AT LOUGH CURRANE, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN



FOSSA RC, KILLARNEY WHO WON GOLD, IN THE FINAL OF THE INTERMEDIATE RACE OF THE 2015 ALL IRELAND COASTAL ROWING CHAMPIONSHIPS, AT LOUGH CURRANE, WATERVILLE, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.

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OUTLOOK SPORTS NEWS

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TG4 ALL IRELAND SENIOR LGFA QUARTER FINAL

MAYO DISPATCHED IN IMPRESSIVE FASHION

KERRY 2-13
MAYO 1-08

ALL IRELAND QUARTER FINAL

Alan O'Neill's Kerry ran riot against Mayo in the second half of the TG4 All-Ireland Ladies Senior Football quarter-final to book their place in the last four.

Goals from Louise Ni Mhuirheartaigh and Megan O'Connell opened the floodgates as the Kingdom scored a comfortable eight-point victory at the Gaelic Grounds in Limerick.

Just five points were registered in the first half but the Kingdom outscored their opponents by 2-10 to 1-06 after half-time to advance, with Mayo managing a consolation 1-02 in the closing minutes.

And yet Mayo opened the second half in encouraging fashion and were level at 0-04 apiece, with Niamh Kelly kicking two early points, before Kerry pulled away.

Mayo goalkeeper Aisling Tarpey denied Denise Hallissey with a fine save but the goals did come for Kerry, who played into the breeze after the break.

After O'Connell rattled the crossbar with a fierce drive, Kerry's leading scorer Ni Mhuirheartaigh was on hand to palm home the rebound.

After being denied by the woodwork earlier, O'Connell made no mistake for Kerry's second goal with 17 minutes left and that was effectively game over.

Crucially, Mayo star Cora Staunton was held to just two of her four points from play, both of them late efforts, and was generally off-colour throughout.

Aislinn Desmond performed an excellent marking job on the Carnacon superstar but

once they got going, this was a powerful display from Munster champions Kerry, with seven players on the scoresheet.

Mayo, who trailed by 13 points in the second half, did bring a degree of respectability to the scoreboard with a brilliant late goal from Aileen Gilroy but Kerry were too good.

And yet the winners led by just a point at the end of a low-scoring first half, 0-03 to 0-02.

Mayo didn't help their cause with some bad shooting as Staunton, looking well below her usual high standards

and operating between midfield and attack, registered four of Mayo's six first-half wides, including three from scoreable frees.

Goal chances came and went at both ends, with Tarpey somehow keeping out tireless Bernie Breen from point-blank range when the former Kerry skipper looked certain to rattle the net.

Approaching half-time, Gilroy unleashed a shot across the boughs of Kerry goalkeeper Edel Murphy but the former All Star netminder somehow managed to turn the ball aside.

Kerry also survived the first half sin-binning of corner back Gina Crowley, for a foul on Niamh Kelly.

During the ten minutes that Crowley was off the pitch, Mayo had three wides and Kerry registered a point, Sarah Houlihan's second, to move 0-02 to 0-01 clear.

After ten minutes passed without a score, Ni Mhuirheartaigh kicked a close in free to put Kerry 0-03 to 0-01 in front.

But Mayo remained in touch at the break as Lisa McManamon kicked the final score of the half, Mayo's first point since Staunton's free opened the scoring.

Kerry: E Murphy; G Crowley, A Desmond, A Leonard; C Kelly, C Lynch, M Quirke 0-1*45"; B Breen 0-1, E Sherwood; S Houlihan 0-3, M O'Connell 1-1, D Hallissey 0-1; P Dennehy, L Scanlon, L Ni Mhuirheartaigh



BERNIE BREEN BURTS FORWARD AS MAYO'S SINEAD TIERNEY, REBECCA KEARNS AND AMY GILROY CLOSE IN DURING TG4 ALL IRELAND FOOTBALL QUARTER FINAL. PHOTO BY PADDY WHITE.

1-5 (0-4F).

Subs: L Rogers 0-1 for Dennehy (42), C Buckley for O'Connell (54), A Murphy for Houlihan (56), A Brosnan for Sherwood (57), B Cronin for Hallissey (59).

MAYO: A Tarpey; M Corbett, S Tierney, D Hughes; O Conlon, H Lohan, R Kearns; F McHale, C Staunton 0-4 (0-2F); F Doherty, M Carter, L McManamon 0-1; Y Byrne, N Kelly 0-3, A Gilroy 1-0.

Subs: D Caldwell for McManamon (45), C Egan for Doherty (52), S Howley for Kearns (60+2).

Referee: M Farrelly (Cavan)



MAYO'S NIAMH KELLY TUMBLES SPECTACULARLY IN THE INCIDENT THAT LEAD TO KERRY'S GINA CROWLEY BEING SIN-BINNED IN THE LADEIS FOOTBALL QUARTER FINAL. PHOTO BY SPORTSFILE



KERRY'S LORRAINE SCANLON GRABS THE BALL AHEAD MAYO'S HELEN LOHAN IN THE LADEIS FOOTBALL QUARTER FINAL ON SATURDAY IN LIMERICK.



SPA MUCKROSS COMMUNITY GAMES NOTES

Well done to our two Cross Country athletes, who returned home with medals after the first weekend of the National Finals. Cian Lynch was a member of the U12 mixed distance relay team that secured first place, and Marie Courtney ran 1200m with her fellow U13 teammates to win a bronze medal. The boys were first up on Sunday morning, having qualified from the semi-finals the previous day. Cian easily maintained the huge distance put in place by the first of his relay teammates, and by the time the baton changed hands for the final leg of the 2000m race, Kerry had a clear lead, and the boys were greeted by rapturous applause when they exited the field. Cian also celebrated his birthday on Sunday, so a gold National medal was probably a pretty good present by any standard! Fresh from their first place positioning in the semi-final heat the previous day, the U13 team of 5 boys and 5 girls were joined on Sunday morning by 70 other young competitors, all starting their 1200m race together. The domino effect created by the very unfortunate fall of one child, resulted in tumbles by some members of the Kerry team. Despite this mishap, they dusted themselves off and gave their all until they crossed the finish line. Their perseverance paid off, as once the places were scored, the Kerry team emerged as bronze medal winners. Ciarraí Abú arís! Congratulations also to the U14 Boys and U14 Girls mixed distance relay teams, who came second and third respectively in their races. A young U12 Girls relay gave a stellar performance, and there is no doubt that these girls will get the opportunity to compete again over the next few years. A huge thanks to the County Trainer, Connie Lynch and to Owen Stack, the County Cross Country Manager, for the time & effort they put into training the children over the last number of weeks. Well done also to our other Spa Muckross competitors taking part over the weekend - Niamh Coffey and Caolan Mitchell (Swimming) & Treasa O'Sullivan (Recitation). Finally, to all the volunteers in Athlone, and in Kerry, that made this weekend possible - keep up the fantastic work.

KILLARNEY VALLEY AC

Our Monday Mile Challenge is still going strong and continues for the month of August at 6.30pm in the Demense. It's not too late to come and join us and parents are more than welcome to run also. It's just a matter of coming along and after a warm up, running a mile! Entries are being taken for the Killarney 10 Mile online at www.killarney10mile.com. We are asking everyone to come and take part whether you are a walker/fun runner/elite runner, as all proceeds from the day will go to support the much needed development of a 200m micro track in Killarney. Best of luck to all our athletes competing in the final weekend of the National Finals of Community Games in Athlone.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto 14/08/2015, numbers drawn were 9, 12, 17 and 24. Next week's jackpot €12,600 plus €1,000 bonus.

NATIONAL COMMUNITY GAMES CROSS COUNTRY: Well done to Jack O'Leary who was a pivotal part of the Kerry Relay Team U12, winning gold in the National Community Games Cross country relay in Athlone last week-end. Jack ran the 1st leg of the 600m and gave Kerry a lead they never lost. Well done to other club members who competed in other sports in Athlone last weekend and best of luck to those who will be travelling this week-end to compete.

SUMMER MILE SERIES: The fourth and final leg was held in Gneeveguilla last Wednesday evening. Thanks to everyone involved, what a great series or races.

MILLTOWN/LISTRY COMMUNITY GAMES

The first weekend of the national finals in Athlone was held last weekend and we had 3 athletes from our area representing Kerry.

Saibh O'Brien was swimming in the U14 Backstroke. She was unlucky not to qualify from her heat being narrowly beaten into 4th place with the first 3 to qualify. She is underage again next year and hopefully will make it back to the national finals again.

Shauna McCarthy was a member of the girls U12 Mixed Distance Relay team who qualified from their heats on Saturday and were then placed 6th in the final on Sunday. Cian Spillane had the honour of being part of the winning U12 boys Mixed Distance Relay team. They won their heat convincingly on Saturday and also won the final on Sunday by a good margin showing there is great talent in Kerry at this level. As well as qualifying to compete with both Kerry relay teams, Shauna and Cian both also won bronze medals in their individual events in Kerry Finals at Riocht Track in June so it has been a great year for them.

We are very proud of the achievements of Saibh, Shauna and Cian this year and we thank the families for travelling up in support in what will always be a memorable weekend for them. This weekend coming we have a further 2 athletes competing. Shauna's sister Eabha will be competing in the U10 60m Hurdles and Aaron O'Shea will take his place in the U12 Ball Throw. We know they are eagerly looking forward to going to Athlone and we wish them both the very best of luck over the weekend.

WORKMEN'S ROWING CLUB

ALL IRELANDS: It's said that an ounce of breeding is worth a ton of feeding and that was certainly true for the Mighty Moynihan's who had a fantastic weekend at Waterville with almost every member of the extended family winning All Ireland medals. Congratulations to

Mary Moynihan, her husband Mickey Jo and her daughter Siobhan Burns, Ann Moynihan and her husband Hugh Rudden, Timmy Moynihan, his daughter Ciara and his niece and nephew Annie and Mikey O' Donoghue. Joining them on the medal winner's podium were John O Leary, Pauline O'Brien, Ciara Browne, Oonagh Neilan and Sylvie Bartlett. Overall these 14 club members won 2 Gold and 3 Bronze All Ireland medals which is an outstanding achievement for both the club and the Moynihan family. Also achieving fantastic results were our U18 boys, Daire O'Hare, John Greene, Dylan Bartlett and Tom O Leary who were 5th in their final and our U16 boys, Donnacha Ireland, Kamil & Jakub Kunicki and Dylan Bartlett who were just pipped for 3rd on the line. Congratulations also to Kevin Tangney who was in the Portmagee crew that won the Vet men's race for a record 5th time in a row.

RESULTS: It was a remarkable weekend for the club with 12 crews qualifying for the finals and 5 Crews finishing in the medals. Results as follows; Veteran Men, 3rd, Pre-Vet ladies 3rd, U16 girls, 1st, Pre-Vet Mixed 3rd, U16 Boys, 4th, U18 boys 5th, Senior Mixed, 5th and Intermediate ladies 1st.

THANKS: Sincere thanks go to Hanna Moynihan, Timmy Moynihan, Mary Moynihan and Mickey Jo Burns who work tirelessly all year coaching crews. We are truly grateful to Pat Doherty, Anthony Mc Carthy and Pat O Donoghue who are on hand to launch boats and organise crews at every single regatta and the work that they do is invaluable and has contributed hugely to the club's success. We can't, of course, forget our treasurer, Pauline O'Brien, who was responsible for organising all the entries and paperwork for the weekend.

CLUB PERSON OF THE YEAR: We were delighted to present Pat O Donoghue with his long overdue Club Person of The Year trophy on Sunday. Pat has done an outstanding job of organising the catering at Regatta's throughout the year as well as launching almost every single boat that goes on the water. We don't know what he put in the curry this weekend but it certainly seems to have done the trick!

PHOTOGRAPHY: We are truly honoured to have award winning photographer Valerie O Sullivan as a club member and she has captured spectacular images of the All Irelands which can be viewed on the Coastal rowing face book page. Valerie has been extremely busy this year and we have really missed seeing her at Ross so we were delighted to catch up with her over the weekend. Valerie has done an immense amount of work for the club over the years and her wonderful photos bear witness to Workmen's many happy memories. We hope to see Valerie down at Reen pier rowing for the 2016 season.

KILLARNEY SOUTH COMMUNITY GAMES NOTES

Weekend 1 of the National Finals took place last weekend in Athlone and the 3 Killarney South



Athletes performed excellently, winning a Gold and Silver medal.

Jocelyn Hickey performed brilliantly in the swimming and won a national Community Games Silver medal in the Girls U. 8 1 Length Freestyle with a brilliant swim in the final just behind the Roscommon swimmer. Congrats to Jocelyn!!! Her sister, Pia, also performed very well in the U. 12 event and just missed out on the Final finishing 3rd in the Semi-Final with 2 qualifying. Pia is underage for this event again next year. Alex Hennigan was part of the Kerry U. 12 Cross Country squad that took Gold in the National Finals in Athlone. Well done to Alex and also his team mates Daire Fleming, Cian Lynch, Jack O Leary, Cian Spillane and Ronan Teahon and Coaches, Connie Lynch and Eoin Stack. The team led from start to finish in the Semi-Final and Final and finished well ahead of a strong Limerick team in the final. A brilliant performance by all to win a National title. With 3 of the squad underage again next year, this aquad has great potential. Well done to all!

Weekend 2 of the National Community Games Finals takes place this weekend and Killarney South have 7 athletes in action - Sarah Leahy in the U. 16 100 metre sprint and the U. 12 4x100 Relay Squad of Jason Lee, Conor Gammell, Aaron O Sullivan, Alex Hennigan, Jack McGuire and Daire Looney. For Sarah this is her final year competing in the Community Games and we wish her the very best.

For the U. 12 Relay Squad this is a fantastic experience to compete in the National Finals in Athlone. This is a young squad with 3 of the squad underage again next year and we hope the boys enjoy the experience and the memories that will last a lifetime. Best of luck to all from Killarney South Community Games. Special thanks also to Coach Anthony Greaney who has given up his time to coach the U. 12 squad each Wednesday in Castleisland.

KILLARNEY RUGBY CLUB NEWS

KILLARNEY RFC V NEWBRIDGE RFC

Last Saturday was a truly historic day for our club. Following the trojan work by Ger Moynihan and his crew at Aghadoe, we hosted Newbridge RFC in a preseason friendly, which proved to be a very sporting match watched by a huge crowd of supporters. Aghadoe was literally a hive of activity from early in the morning as the finishing touches were made. All was set up for the match which kicked off just after 2:30pm and was officiated by Killarney's own Declan Fuller. A fine sporting match was played on the day with Killarney narrowly losing out to the Newbridge side on a scoreline of 27 points to 22. Some fantastic play was on display and it is great to see so many young players looking to step up to the senior squad. Though the result did not go our way, the team can take great pride in their performance and this really bodes well for the forthcoming season.

The weather played its part in helping us

showcase our fantastic facilities on the day with many spectators bringing their children to watch the match – our future stars! It was fantastic to see the flags go up at the gate welcoming the visitors and supporters alike to our new home for the match. Long hours and an epic effort was put in to line the pitches and to make sure everything was ready for this historic match. With over 100 cars parked up, it was great to see such huge support for the lads and particularly to help celebrate our first ever home match at Aghadoe. Following the match, a presentation was made at the Killarney Avenue to the visiting captain.

MINIS BACK IN 2 WEEKS: The minis section are due to recommence training for the forthcoming season. Training will restart on Saturday the 29th of August. Children between the ages of 5 and 11 are welcome to come along and this year we will be training at our new pitch in Aghadoe! Training will take place each Saturday between 10:30am and 12 midday. Gumshields are essential. If you have any queries please contact Tom Campbell on 087-2657994 or Liam Murphy on 087-4145662.

FAMILY DAY: KRFC are hosting our Open Day at our new pitch in Aghadoe on Sunday the 6th of September next. A fun filled action packed day is promised and we will have face painting, bouncy castles, barbecues and many games on the day, with a rugby display by the mini squads.

FIRIES COMMUNITY GAMES

Well done to all the children who took part in the National finals at the weekend in Athlone. Orna O Leary took part in the U10 handwriting and Kimberley O'Brien took part in the National Final Art competitions. Well done to both girls who represented their area and county well. Next weekend is the 2nd weekend of the National finals in Athlone. Firies has 12 children taking part in these finals. In the group singing Rachel Hoctor, Emma Murphy & Aine Barry are representing Kerry. Thomas Murphy is taking part in U16 discus & Ciara Kearney in U14 javelin. Laura & Brid Flynn, TJ & Stephen Palmer & Katie & James O Leary are taking part in the judo competitions. Good luck to everyone taking part.

On behalf of Firies Community Games we would like to offer our sincere sympathy to Frances Murphy on the recent passing of her father Mr Jerry Collins. May he Rest in Peace.

FOSSA ROWING CLUB NOTES

NIGHT AT THE DOGS: Fossa rowing club are holding a 'night at the dogs' fundraiser on 22nd August and we would welcome your support. We last fundraiser in 2009 following the loss of boats and equipment during extremely bad weather and high water. We successfully built a secure boathouse and have continued to restore the facilities as far as possible. We have excess of 100 members and find that we are having to cater for even greater demand as we have substantial catchment of primary and secondary schools close by. To enable us to continue to grow our membership and

provide the extra facilities we would appreciate very much everyone's support. Tickets are €10 each (children under 14 free entry) and are available from each club member. Doors open and 7.00pm with first race at 7.50pm. Prize money of €500 for the holder of a ticket with the winning combination. There will be face painting, bouncing castle and plenty music after the racing so it is guaranteed to be a great night for the family.

ALL IRELAND COASTAL ROWING CHAMPIONSHIPS: There were celebrations at Fossa Rowing Club following the All Ireland Coastal Rowing Championships which took place on Lough Currane in Waterville. Well done to the intermediate men who brought home gold from this year's event. The crew were David Blennerhassett, Vincent Griffin, Paudie McCarthy and Micheal Allman coxed by Pat Tangney. Congratulations also to the U21 ladies who brought home a silver medal, Annie Sheehan, Roisin Murphy, Aoife Griffin and Máire Twiss, coxed by Pat Tangney. Also well done to all other crews that participated over the weekend and qualified for Sunday's final. Everyone who participated did our club and our community proud.

On behalf of all our crews we would like to thank Pat Tangney, cox, and all our trainers for their hard work and dedication throughout the year. Also a big shout out goes to all our supporters who came to Waterville and supported us wearing their club colours. On behalf of Fossa Rowing Club we would like to pay tribute to Mary B Teahan, Johanna King and Pat Cuffe and Alison for a very enjoyable, well organised weekend their involvement with Kerry Coastal Rowing for the past few years. We would also like to thank all the Fossa members who helped out in anyway possible throughout the weekend as it is greatly appreciated.

DEERPARK PITCH & PUTT NOTES

CONGRATS: To Sean Courtney and Cilian Courtney both of whom finished in 4th place in their respective grades at Rocklodge Cork last weekend and to the Kerry team who finished in 2nd place.

WEDNESDAY EVENING FOURBALL: Winners of last Wednesday's Scramble were John McGrath, Sheila O'Donoghue and John Kelly.

TIPPERARY HILLS: Best wishes are extended to all our juveniles who will be competing in the All-Ireland Inter-County and Individual competitions in Tipperary Hills this weekend.

CAPTAIN'S PRIZE: Club Captain Jason O'Connor's Prize has been re-scheduled for the weekend of September 5th/6th. Full details in next edition.

DEERPARK SCRATCH CUP: This competition has been re-scheduled and the new date to be confirmed at next meeting.

SENIORS OUTING ON SEPT 2ND:

Next Seniors Outing will be to Newmarket on Wednesday September 2nd at 10.15 am.



7-A-SIDE TEAM 1980s. BACK LEFT: DAVID MOLONEY, COLM GRIF-FIN, BRYAN MURPHY, JAMES FLEMING, TOIRDEALBHACH Ó LIONÁIRD, EOGHAN CRONIN. FRONT LEFT: MICHAEL MOLONEY, LIAM HEGARTY, GERARD MOYNIHAN, EDMUND O' SULLIVAN, ALAN O' CONNOR.

KILLARNEY ATHLETIC IN THE '90S

Many young players dream of playing at the higher levels of the game and it is also the highest achievement for any club to have one of its players selected for an international team or offered the opportunity to play with a professional club. Killarney Athletic has had the remarkable privilege of having six of its players achieve this distinction and honour. This week we focus on two of those players Michael Moloney and Bryan Murphy.

1ST INTERNATIONAL CAPPED PLAYER FOR THE CLUB

In November 1990 Michael Moloney became the first Kerry soccer player to be capped at international level when selected to play for the Irish under 15 team in a friendly match away to Switzerland. Mike was born in 1975 and lived in High St. a mere stone's throw away from where Dan Harrington had first encountered a group of youngsters playing soccer in a car park back in 1965.

MIKE WAS A RAW TALENT Nowadays people talk about players coming through coaching academies run by paid coaching staff but Mike came through with a genuine, raw talent. He played gaelic with the Crokes following on from a long line of the O'Donoghue family who were outstanding footballers and he played schoolboy soccer with Killarney Athletic. Mike learned his skills training and playing 7-a-sides in the 'Áras Pitch'. He recalls scoring a hat-trick in his first game for the club played in the Half Moon in a team managed by Vince Casey.

KERRY KENNEDY CUP TEAM Michael caught the eye as part of the Kerry under 14 Kennedy Cup team that narrowly lost out in the May 1990 final that was played in Lansdowne Rd. before the FAI Cup Final that year. The Kennedy Cup at the time was played on a league basis and victories for Kerry over the Limerick, Tipperary, Cork and Waterford leagues put them through to the final against the tournament favourites from Dublin. Before his side played in the final, Michael's reputation as an outstanding centre back was well known as a result of some 'man of the match' performances and after scoring some vital goals for his side. His impressive 25 yard free kick in the final which passed the Dublin keeper not only levelled the scoring but also displayed

all the natural skill of a Kerry player. However the Dublin side did score a second goal to ensure them victory. The Kerry team that year included another talented Athletic player Marc McCarthy, and Mike's central defence partner was Kieran Guerin who later transferred to Athletic and became one of the most impressive players to play at senior level for the club.

MOST SKILFUL PLAYER Following on from that final Michael was selected to play in a centre midfield role with a Southern League Selection in a tournament in Northern Ireland that July before being called up for the Switzerland match later in the year.

Michael went on to win numerous caps for Ireland as a member of Killarney Athletic with the highlight being part of the Irish under 16 team to win a bronze medal in the European Youth Olympics in 1991 hosted in Belgium. Ireland lost to eventual winners Portugal in the semi-final but had a decisive 5 nil win over Luxembourg to take the 3rd spot ranking. Playing in the Heysel Stadium was a particular highlight for Michael. The then Irish underage boss Joe McGrath described Michael as one of the "most skilful central midfield players he had seen at the time to wear the Irish jersey", a fitting tribute to a brilliant talent from the heart of Killarney.

BRYAN MURPHY

Bryan, a Beaufort native, joined Athletic in 1991 as a teenager after being encouraged to do so by his good friend Brian 'James' O'Shea who also played in the team led by Toirdealbhach Ó Lionáird and managed by Vince Casey.

Bryan recalls his first success with the club was when they won the under-15 cup in the 1991/92 season. Bryan attributes the development of his game to a number of people involved in Killarney Athletic at underage level at the time. "Mikey O'Sullivan, Vince Casey, Donie Murphy, Denny Hayes, Bill Davidson and Brian 'Mac' McCarthy contributed a huge amount to my development as a young goalkeeper and playing in the 7-a-side in the 'Áras' was always a pleasure".

KENNEDY CUP & INTERNATIONAL TRIALS

Impressing with Killarney Athletic between the posts brought him selection on the Kerry Kennedy Cup team in the 1991 season that also included Toirdealbhach. Both were also part of a historical Kerry win over a Welsh under 15 national team in the 1992/93 season and together they attended Irish trials that same year. Bryan remembers the disappointment of losing the youths All Ireland final in the 1993/94 season when a late equaliser by the Leinster senior league brought the game to extra time and a penalty shoot-out that they lost.

His performances attracted the attention of Mick McCarthy's Millwall and he went on trial to them in 1993, but an injury he picked up worked against him.

1ST ATHLETIC PLAYER TO PLAY LEAGUE OF IRELAND

Bryan played in goal for the winning Kerry minor team in 1994 under the stewardship of Charlie Nelligan who himself had been sought after by League of Ireland clubs.

With the ambition of getting a US scholarship through soccer Bryan attended Colaiste Ide Senior College in Dublin for a one year course. The decision proved successful in every way as he won 3 Leinster Cups and 1 under-18 All Ireland title in the 1994/95 season. This drummed up interest from a number of League of Ireland clubs at the time but he decided to play for 1st division side Kilkenny City who were essentially made up of a 'team of amateur teenagers'.

As a 17 year old goalkeeper Bryan described his experience with Kilkenny City as being the "busiest goalkeeper in Europe".

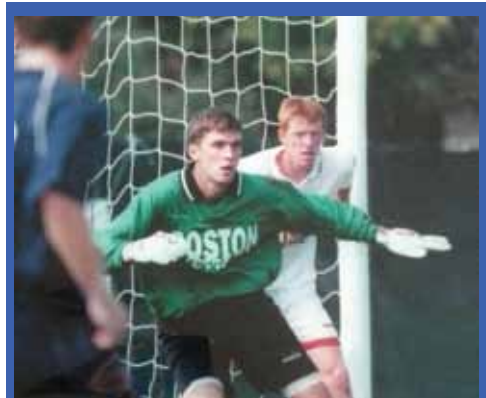
Scholarship to Boston University

Bryan accepted a full four year soccer scholarship to Boston University in 1995 and made his collegiate debut in Las Vegas Nevada. Boston was the number one ranked college team in the US during that time and this was a very difficult ranking to achieve. Bryan won 3 championships with the college in 1995/96/97 and the side qualified for the prestigious NCAA tournament in each year.

INTERNATIONAL CALL-UP Bryan's success attracted him to be selected for the Irish team that competed in the 1997 World Student Games hosted in Sicily. Bryan remembers that a good victory against Holland secured a top 8 finish while he was also pleased with his own performance in the tournament. "The support I got from Killarney Athletic and some business people in Killarney at the time was very much appreciated".

When Bryan returned to Dublin in 1999 he again played with a number of Dublin first division sides before another brief spell with Kilkenny City. He soon returned to his Gaelic football roots and was on the Dublin senior football panel that won the 2002 & 2005 Leinster titles. He is presently involved in a coaching capacity with the Dublin Football management under Dessie Farrell.

Bryan has also played Leinster Senior League with Belgrove FC and more recently with his 'now' local team Templeogue Utd. and won the Tolikoff Cup with them in 2008/09 season. As well as running close to 3 hour marathons Bryan has recently qualified as an official FAI referee and is looking forward to this new challenge. Bryan's younger brother Sean was also a talented soccer player and also played with Killarney Athletic in the '90s. Finally it would be fair to that Bryan has been a great sporting ambassador for Beaufort, Kerry and Killarney Athletic A.F.C.



BRYAN MURPHY IN ACTION

KILLARNEY CELTIC NOTES

GOLF CLASSIC Our Annual Golf Classic, sponsored by the Killarney Avenue Hotel, takes place this year on September 5th on the Lackabane course. Teams of three €150. All welcome. Contact Mike Daly at 086 8516915 for details. All welcome.

LAST MAN STANDING We said we'd let the Premiership find its feet before we started Last Man Standing, so this weekend is the first round. You all know the drill, predict one team to win every week to get through to the next round, and you can't select any team more than once. It's good fun for just €10, contact Brian Looney on 087 8309755 for details.

JUVENILE LEAGUES The Premier EVEN ages will start on Saturday, September 5th. All other divisions will start on Saturday, September 19th. The Premier ODD ages will start on the Saturday, September 12th, and the other divisions will commence on Saturday, September 26th.

U12 teams will now be 9 a side and the U11 teams will be 7 a side, this is to give each player greater involvement and encourage skill development.

Girls teams will be under 12/14/16 and will start on Saturday, September 19th. The U12 Girls League will be 9 a side.

TRAINING TIMES Players must register on the night to be fully covered and to play in the senior or schoolboys Kerry leagues. Everybody is welcome to a testing but fun training environment. We do ask players to wear the proper equipment for safety's sake and to respect the authority of coaches and other trainees.

These times may be subject to change as the season beds down.

Senior squads and Youths – Tuesdays, Thursdays (this slot will be switching to Fridays in a few weeks time) 7.30pm

Killarney Celtic Football For All – Wednesdays, 5.00pm
U16 – Mondays, 8.30pm

U14 Boys – Mondays – 7.00pm
U14, U12 Girls – Thursdays, 6.00pm
U13 – Thursdays, 6.00pm
U12 – Mondays, 5.30pm
U11 – Wednesdays, 5.00pm
U10 Girls – Saturdays, 11.00am
U10 Boys – Saturdays, 4.15pm
U9s – Saturdays, 3.00pm
U8s – Saturdays, 1.45pm

RESULT Jimmy Falvey Youths Cup Final: Killarney Celtic 1 Listowel Celtic 0
Killarney Celtic Youths added the Jimmy Falvey Cup to the league title. This cup has a particular attachment for Killarney Celtic, Jimmy was a great Celtic player, all round sportsman, and wonderfully warm and friendly character. He would have loved this game and the lads did him and Celtic proud. It was a very tough, tight game – Listowel Celtic can certainly hold their heads up too – and it looked like heading for a replay in the 85th minute when Cathal O'Shea cleverly stroked a corner to Fergal O'Donoghue, whose inch-perfect cross was taken down and fired home by Conall Murphy. Well done to all involved.

Team: David Spillane, Oscar O'Connor, Conall Murphy, David O'Carroll, Michael Moynihan, Pearse Lyons, Cathal O'Shea, Stephen McCarthy, William Courtney, Fergal O'Donoghue, Conor Randall.

PITCH BOOKINGS Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

LOTTO RESULTS: Numbers drawn 7, 12, 20, 24. No winner, no match three, three lucky dip, Annette Ecker, Pinewood Estate, Sheila Counihan, DJ Fleming St. Brendans Place, €50 each. Next week's jackpot €3200, draw in the Faite on Monday night. Tickets available from all club officers. Yearly tickets available.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

KILLARNEY ATHLETIC A.F.C. NOTES

50TH ANNIVERSARY CELEBRATIONS
TICKETS Tickets now on sale price €25.00. To purchase please contact Michael O'Shea on 087 222 6185 or Don O'Donoghue on 086 123 4610. Date : 5th September : Celebratory Dinner in the Dromhall Hotel.

Article Series

Anyone who wishes to contribute to the series of articles setting out the club's development since its foundation in 1965 to the present day, particularly former officers or managers, can email 50years@killarneyathletic.com or contact Toirdealbhach (087) 6447603 or Mike (087) 2727173 for more details. The first three articles, with accompanying photographs, spanning the years 1965 to the 1980s are now available on the club's website.

PHOTOGRAPHS The club is also planning a slideshow or exhibition of photographs on the night of the celebratory dinner. If you have a photo that you would like to contribute, please pass it on to Toirdealbhach (087) 6447603, or indeed email it (or a link to it) to 50years@killarneyathletic.com. It will be scanned and returned to you with minimum delay.

KILLARNEY ATHLETIC ACADEMY. (U6'S - U10S) Our Academy is starting up again on Friday, August 21st from 5.00pm to 6.00pm for ages 6 to 8 and from 6.00pm to 7.00pm for ages 9 to 11 in Killarney Athletic, Woodlawn. All Players welcome, new and old, bring your friends.

Killarney Athletic Website: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.



KILLARNEY CELTIC WIN SEAMUS FALVEY YOUTH CUP

KILLARNEY CELTIC WHO WERE WINNER OF THE SEAMUS FALVEY YOUTH CUP ON SUNDAY AND PRESENTING THE CUP WAS MARIE FALVEY THE WIFE OF THE LATE SEAMUS FALVEY.



AT THE PRESENTATION OF PRIZES IN VICTORIA HOUSE HOTEL, KILLARNEY, OF THE DR CROKES GAA CLUB GOLF SOCIETY OUTING AT KENMARE GOLF CLUB SPONSORED BY NIALL & EGIN BROSNAN SOLICITORS WERE SEATED FROM LEFT, BRIAN O'CALLAGHAN, CAPTAIN, LIAM HARTNETT, NIALL BROSNAN, SPONSOR, BRENDAN KEOGH AND SHANE HORGAN, OVERALL WINNER. STANDING FROM LEFT ARE BRIAN CLARKE, MALACHY WALSH, MIKE HOWARD, DENIS COLEMAN, THOMAS O'REGAN AND JOHN O'LEARY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)

CASTLEROSSE GOLF CLUB

RESULTS: Competition played on Sunday 16th August, Winner; John O'Reilly (26) net 66, Runner-up Michael Leahy (18) net 67, Overall 3rd place Steve Shine (18) net 69.

RESULTS: 3 person mixed Scramble played on Tuesday 11th August best net return, John B. Doran, Patricia Barrett & Roger O'Sullivan.

FIXTURES: Weekend competition 18 hole Stableford (Maximum 3 Golf clubs in bag) please register on time sheet at Castlerosse. Scramble 9 hole competition continue each Tuesday at 6.30pm. Open to Ladies & Gents.

BEAUFORT GOLF CLUB

(MEN'S BRANCH)

RESULTS BEAUFORT GOLF CLUB (MEN'S BRANCH)

15TH/16TH AUGUST - BILL MCDONALD TROPHY - STROKE YELLOW TEES - SPONSORED BY KILLARNEY CREDIT UNION

1st Paul Mulcahy (22) 66 Nett.
2nd Michael Lynch (20) 67 Nett.
3rd Dan Moynihan (6) 68 Nett.

14TH AUGUST - OPEN FRIDAY - SPONSORED BY CLIFFORD GROUND CARE

Winner: Eoin Lynch (24) 39 pts.

FIXTURES: 23rd August 5th Round GOTY (Stableford - Yellow Tees) - President's Prize sponsored by President Johnny Doolan and Ring O'Donoghue Hotels

Club Scramble continues on Wednesday 19th August. Meet at Clubhouse at 6.15pm for scramble starting at 6.30pm. Open to non-members.

8th September Ladies Club Fundraiser - 18 Hole Single Stableford (mixed) - Sponsored by Dunloe Hotel - Entry Fee €15 (Ring clubhouse to book a tee time).

Open Fridays from 10th April to 2nd October 2015. Open to Ladies & Gents - Single Stableford Entry Fee €20. Ring Clubhouse on 064-6644440 to book a tee time.

ROSS GOLF CLUB

GENTS CLUB

RESULT On Sunday August 16th the Lady Captain, Sinead O'Shea held her Prize to the Gents Club.

This was very well supported with a large turnout on the day.

The following were the winners:-

1. Michael A Moloney (10) 67.
2. Peter Wickham (13) 67.
3. D J Fleming (22) 69.
- Best Gross... Jonathan Casey (9) 79.
4. Con O'Mahony (21) 70.
5. Andy Goulding (19) 70.

FN Mark Coffey.

BN Donnagh Moynihan.

FIXTURES: On Sunday August 23rd there will be no competition due to the Killarney August Racing Festival.

The Ross GC Country Clubs team have been crowned Munster Champions for the first time in thirteen years. This is remarkable feat for a small club and it bodes well for the future. The Ross boys beat Doneraile in a very tough the semi final battle on a scoreline of 4.5 / 2.5. There was not too much time for resting on their laurels as they took on Ardfer in the final that afternoon in Castlegregory. After a titanic battle and a brilliant comeback which went right to the wire the Ross team proved their worth and were crowned champions with a 4/3 victory over Ardfer. This was a great achievement and one which all Ross members are very proud of. Congratulations to all concerned.

BEAUFORT GOLF CLUB

(LADIES SECTION)

RESULTS:

15TH/16 AUGUST - 18 HOLE STABLEFORD SPONSORED BY MUSCRAI CONSTRUCTION LTD

- 1st Peggy O'Riordan (35) 35 pts.
- 2nd Joan O'Sullivan (22) 33 pts.
- 3rd Renee Clifford (25) 33 pts.

FIXTURES: 23rd August 5th Round GOTY

(Stableford) - President's Prize sponsored by President Johnny Doolan and Ladies Branch Club Scramble continues on Wednesday 19th August. Meet at Clubhouse at 6.15pm for scramble starting at 6.30pm. Open to non-members.

8th September Ladies Club Fundraiser - 18 Hole Single Stableford (mixed) - Sponsored by Dunloe Hotel - Entry Fee €15 (Ring clubhouse to book a tee time).

Open Fridays from 10th April to 2nd October 2015. Open to Ladies & Gents - Single Stableford Entry Fee €20. Ring Clubhouse on 064-6644440 to book a tee time.

KILLARNEY GOLF CLUB

LADIES

RESULTS OF COMPETITION SUNDAY 16TH AUGUST, SINGLES S/FORD, KILLEEN.

1st Mairead O'Sullivan (35) 41 pts (BK6).

2nd Mary O'Rourke (22) 41 pts (BK6).

3rd Noreen O'Callaghan (15) 41 pts.

BG Eimear O'Donnell (7) 25 pts.

CSS 72 (38 s/ford pts)

Next week's Competition Singles S/ford, Killeen, sponsored by Castlerosse Hotel.

CONGRATULATIONS: To our Noreen Moore Team who were victorious against a strong Ballybunion side in the final at Tralee Golf Club on Wednesday August 12th. Well done to the Management, Team, Players, Caddies and all involved.

RING OF KERRY GOLF CLUB

CLUB CHAMPIONSHIP

1st: Jonathan Goodall (3) Gross 76 ocb.

2nd: Eamonn O'Driscoll (4) 76.

3rd: Michael Young (1) 78.

Best Nett: Michael Kirby.

Eamonn O'Driscoll

SENIOR SCRATCH CUP

1st: Michael Young (1) Gross 80.

2nd Toby Steadman (5) 83.

UPCOMING EVENTS:

Friday 21st - Sunday 23rd - Open 3-Person Team Event Visitors €25.

Tuesday 25th August - Open Singles Stableford. Visitors €25.

KILLARNEY GOLF

MEN'S: TEAM OF 4

MAHONY'S POINT 16/8/15

1st 106 pts (Back 9 - 59pts)

Frank O'Rourke (28), Brian Fitzgerald (13), Ken Grieve (11), Liam Healy (13).

2nd 106pts (Back 9 - 51pts).

Sean Goulding (11), Joe McCarthy (12), Ger Lenihan (16), Paudie Griffin (18).

3rd 103 pts

Donal Cronin (10), Liam O'Keeffe (10), Kevin O'Callaghan (10), Barry Duggan (16).

4th 102 pts

Mark Bowe (6), Sean Brosnan (8), Declan Glavin (8), Brian Holden (18).



ARE YOU UP FOR A CHALLENGE?



LAUNCHING THE TUG OF WAR CHALLENGE. L-R NOREEN SHEAHAN, KATE O'LEARY & SIOBHAN KISSANE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

A tug of war to raise funds for the 5-4-3-2-1 challenge will take place on August 30th at Killarney Race course. The Challenge itself will take place from September 10th to the 13th inclusive and will include Day 1 (Sept 10th) - Cycle the Ring of Kerry.

Day 2 (Sept 11th) - Climb Carrantuohill.

Day 3 (Sept 12th) - Cycle from Killarney to the foot of Mount Brandon and then climb Mt Brandon

Day 4 (Sept 13th) - Cycle from Dingle to Killarney.

A group of Killarney ladies are taking up the challenge and as part of their fundraising Noreen Sheehan, Fiona Collins and Siobhan Kissane will take part in a tug-o-war at the Killarney Racecourse following the Killarney Chamber of Tourism and Commerce first annual family fun BBQ. Teams can still enter this fun event which is set to raise funds for the Cork Kerry Health Link Bus and the details are as follows:

* When: 30th August at 2.30 pm

* Location: Race course * €100 per team

* Team of 8 - Minimum 3 females

* Matches allocated every 15 minutes.

* Must arrive 10/15mins before your allocated match time (TBA)

If a team wins their match they will go through to the quarter final, semi final and then final if successful. All teams will be invited to prize giving at a venue in Killarney at 6pm where the Trophy cup will be presented to the winning team with prizes for all team members and finger food served. If you would like to take part you can contact the organisers directly Fiona Collins 0857282160

Noreen Sheahan 0872288316 / Carole Moran 0879471336

or logon to www.54321challenge.net

All proceeds go to the Health Link Bus which provides free transport for cancer patients from Kerry to attend appointments for radiotherapy at Cork University Hospital. The bus takes patients from one of the pick-up points en route to Cork and brings them to the hospital for treatment, waits while all patients on board are treated and then brings them back to where they were picked up. The organisers selected the Health Link Bus as their new Community Fund recipient and hope that their input will help to make a huge difference to those affected with Cancer.



LAUNCHING THE TUG OF WAR CHALLENGE. L-R PIOTR SIERANSKI, SIOBHAN KISSANE, KATE O'LEARY, NOREEN SHEAHAN & LIAM BARRY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

ROWING TO RIO

The Monika Dukarska
Blog. The story of a
Professional Athlete



It is official, I have secured another cap for Ireland. It will be my third consecutive time representing Ireland at the World Rowing Championships. This time I am departing to Aiguebelette, France on Wednesday, the 26th of August and I'm returning on the 6th of September.

This season has been a real roller-coaster with several ups and downs. Every season has its endeavors but this season in particular has turned out like no other. From racing in a double scull until December, trailing in a single and racing in a women's pair from March this season, I have ended up in the Women's Four. Although it is a non-Olympic category (the focus is to form a strong Women's Pair in the coming winter and compete in the Final Qualification Regatta in May 2016 in Lucerne with the aim of securing one of the top 4 Olympic places available) it is a world championship event and there is no doubt that it will be tough.

A team of 14 athletes will represent Ireland at Worlds this year. We have four boats which aim for Olympic qualification. These are the Women's Double, Women's Lightweight Double (up to 57kgs per athlete), Men's Lightweight Double (up to 70kgs per athlete) and the Women's Single Scull. The non-Olympic events entered include the Women's Four, the Women's Lightweight Single (up to 59kgs) and the Men's Lightweight Pair (up to 70kgs per athlete). The number of athletes racing internationally for Ireland has quadrupled since 2013 with only 3 travelling to Chungju in South Korea.

Now we are entering a phase of training called a 'taper'. Metaphorically I call it 'sharpening of the pencil'. This consists of short but very fast and dynamic pieces/ sessions which bust the anaerobic system and make us more 'racy'. Training continues.



IF YOU HAVE A STORY...

Contact Aisling on **086 0400 958**
editorial@outlookmags.com

Tommys Farming Week

I have no time for the alarmist view on climate change or global warming. All the sceptical commentators of note and there are many serious scientists among them, acknowledge that carbon dioxide is a greenhouse gas. They accept that it will cause some warming but they believe that it will reflect its chemical capacity to retain heat and that it will not morph into some runaway monster. They have been right in their scepticism for the last thirty five years. They get very little airplay unlike the peddlers of alarm. Our resident preacher of climatic jeremiads Professor Sweeney was on RTE Radio One last Sunday. Eventually he turned his attention to Agriculture. It was obvious that the thought of increased output of food from Irish farmers was more than he could stomach. His basic contention was that agriculture is irrelevant to modern Ireland, is only a tiny 1.5% of Ireland's GDP and is an embarrassment to the international efforts to stem climate change. He is entitled to hold whatever opinion he wants on climate change, but such a gross misrepresentation of agriculture's role in this economy or its carbon footprint is not acceptable from an individual in his position. Agriculture's contribution to the Irish economy is enormous, 230,000 jobs, one in nine of all jobs in the country are accounted for by the agrifood

sector. The nature of the industry is that inputs, services and value added components are almost all sourced and created in this country, it has proven itself resilient in the face of exceptional turmoil and an anchor for this economy in times of trouble. When 30% of our GDP is repatriated by multinationals each year, agriculture's earnings are spent in villages and towns all over this country. Out of 24 billion of agrifood turnover in 2013, 20 billion was associated with the Irish economy, the equivalent for the pharmaceutical sector is 7 billion out of a turnover of 35 billion. Without the peasant producer Sweeney so arrogantly dismisses, none of this is possible.

I don't know what our carbon crime is according to Professor Sweeney but on an international league table of food producers we are among the most sustainable. I can never get my head around the carbon footprint allocated to farmed animals. Cows graze grass, they consume the carbon dioxide already absorbed by the grass, they convert that into milk, meat, bone, hoof and hide. They also release carbon dioxide and methane back into the atmosphere, it is a small percentage of the total converted from the grass they

have consumed, they also release a significant percentage of waste as manure. Much of this remains in the soil as organic matter.

International research including that of Professor Kiely in UCC shows that grazed grassland sequesters up to two tonnes of carbon per hectare per year, yet Sweeney and co. refuse to acknowledge this. Two years ago Japan put a satellite in orbit to measure carbon dioxide release from various regions of the world, NASA did likewise, it is early days but the data released does not support the demonisation of western society however that is a story for another day.

IFA SAYS REAL TIGHTNESS IN CATTLE SUPPLIES STILL TO KICK IN

IFA President Eddie Downey said cattle prices and supplies are on an extremely fine balance and the real tightness in the supplies of steers and heifers has yet to kick in. It is projected the kill could be back by 3,000/4,000 per week when the real tightness kicks in and this will leave farmers with steers and heifers in a much stronger position.

The IFA President said this should give confidence to the trade and with the improved weather this week, farmers are resisting the price pressure and agents are finding it much harder to buy stock at the lower quoted prices.

Eddie Downey said farmers are very annoyed with the recent price cuts from the factories which make no sense against the strength of the UK market and sterling.

The facts are cattle numbers in the 12-36 month age bracket are down 100,000 head on this time last year and this will defiantly tighten supplies for the next 12 months. In addition, the kill to date this year is down only 40,000, and this reduction is made up of young bulls and cull cows. He said the real tightness in steers and heifers has yet to materialise and this will leave prime cattle very tight, with the kill back 3,000/4,000

head over the coming weeks and months.

On new markets, Eddie Downey said the announcements from the Minister for Agriculture Simon Coveney and the Government on access to the US and China must be turned into real delivery and increased exports.

Eddie Downey said Minister Coveney needs to take action now on removing the technical obstacles holding back exports to these new markets in order to deal with increased cattle numbers in the pipeline for 2017 and to prevent a repeat of the severe beef price and income problems of 2014. He said there must be real delivery on getting real access to new markets.

Henry Burns said the factories are trying to buy cattle this week at a base of €4.10/4.15 for steers and €4.20/4.25 for heifers. He said a lot of deals have been done at €4.15/4.20 on steers and some deals at €4.25 for early this week.

He said agents are finding it much more difficult to buy at the lower quoted prices.

GORTATLEA MART

Calf and Weanling sale

Will now take place every Wednesday even at 5.30pm

Weanling Show and Sale
Wednesday 26th August
at 5.30pm, intake 3pm

General Cattle Sale every Friday

Starting 11a.m.

Numerous inquiries for all types of culled cows. Huge interest in all types of weanlings for Export & Farmers from all over the Country

In conjunction with sale this Friday 20th Aug

10 2 ½ year old LM HF Calving end Aug/early Sept to PB AA Bull

In conjunction with Friday 28th Aug Sale

16 suckler cows, 8 of which are pure bred full French Charolais cows incalf to full French AI Bred Sire. 8 CH LM Cross Cows incalf to PB CH Bull, all calving Oct/Nov

Vendor: Pat O'Hara Ballyheigue

Beef & Store Cattle Show 25th September

Sample prices from last week

		Weight	Prices
Cow	1	MOX	810
Bull	1	CH	935
W.B.	4	CHX	222
HF	3	LMX	596
BK	14	FRX	460
			1485
			1730
			732
			1490
			890

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This Weeks Gardening Tips

1. Check tree ties on young trees that they are not too tight.
2. Planting a Shrub bed this Autumn, Spray now with Roundup to Kill off Grass & Weeds
3. Prune Raspberry Canes that have finished fruiting & tie up the new canes.
4. Take the top off Tomato plants to encourage the green fruit that is already present to ripen & remove lower leaves to let light at the fruit.



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KILCUMMIN NEWS

COMMUNITY GAMES: Heartiest congratulations to the Kilcummin U14 Quiz team who swept to All-Ireland glory in the All-Ireland finals in Athlone on Saturday last. This is a magnificent achievement for our young team who were representing the county for the first time in this event.

However since they won the County title back in April this group of close friends have been diligent in their preparation under the generous guidance of mentor Jason O'Connor who gave freely of his time and expertise. Placed second at the half-time break, there was an agonising wait for parents who were in a separate auditorium but the wait was not in vain.

After a gruelling 160 questions over a 3 hour period Kilcummin, representing Kerry, were confirmed winners on 124 points, 6 points ahead of second-placed Sligo. Take a bow Liadain O'Connor, Beibhinn Brosnan, Micheal Sweeney and Conn Fleming – our confidence in each one of you was well placed and you sure did yourselves, your supporting families, Kilcummin and your county proud. Well done one and all and a big 'Thank You' to Jason O'Connor for all your help along the way.

Best of luck to our participants in next weekends competitions - Lily Foley in U14 Solo Singing and Shauna O'Leary in the U16 Solo Singing. We wish them both well.

GAA:

SYMPATHY: Is extended to the Kilcummin family of Murt O'Shea Killarney who died recently.

CREDIT UNION CO LEAGUE RD 9: Our senior team suffered an eight point defeat to Killarney Legion at the week end which leaves us in a vulnerable position facing our last two Co League games. One encouraging feature was our midfield display where Shane McSweeney was outstanding in controlling this sector.

GOLF CLASSIC: This fund raiser which is vital to meet the day to day costs of running any club is taking place on September 12th in Beaufort Golf Club. Teams of 3 cost € 120 and sponsorship of a tee or green is also most

welcome. Tee times at this stage are filling up and are limited so please contact Muiris Healy (086)1614136 or Mike Casey (087)7945103 if you would like to play. Contact any member of the executive or Willie Fleming with Sponsorship on (087) 9284909. Your support will be greatly appreciated and advertised.

CONGRATULATIONS: Kilcummin GAA wish to congratulate our sister organisations in the parish Comhaltas and Community Games who achieved tremendous success at the week end bringing home a number of coveted National titles. Well done to all competitors and their mentors.

GOOD LUCK: Best of luck to Brendan and his team mates in the All Ireland Semi Final at the weekend.

HURLING SUCCESS: Congratulation to St Patrick's (East Kerry) under 12 hurling team on winning Division 3 of the County League. Results over the season included The squad had 5 Kilcummin lads. Congratulations to Kyle O'Connor Coffey, Jack Fogarty, Colin O'Leary, Michael Sweeney and Dara Callaghan. The club would also like to acknowledge the great work undertaken by Gary Halloran and Denis Coffey to realise the achievement.

EAST KERRY CHAMPIONS: Congratulations to our U11 panel & their management on winning the East Kerry Div 1 title. Following wins over Dr Crokes, Legion & Furies they headed to Kenmare on Sunday evening with both teams having won all their previous round games. Following a superb game our boys came out on top by 5-17 to 4-09 and in doing so they are East Kerry Champions

GAA ACADEMY: Will train in Fitzgerald Stadium on Saturday 22 August from 10.30am to 12.45pm (including tour). Enter by the Lewis Rd.

GAA FAMILY FUN DAY: On Sunday 6 Sept from 2-6pm

UNDER 10 BOYS: Play Rathmore away on 19th Aug at 7pm. Meet in Rathmore at 6.45pm

UNDER 16 GIRLS: Play John Mitchells away on 20th Aug at 7pm.

UNDER 14 GIRLS SOCCER: Any girls who are

under 14 on the 1st January 2016 and who would like to play soccer in the coming season should please contact Donal Hannigan on 0879697171 or Sarah Nagle on 0871218551

MASTERGEEHA FC LOTTO: There was no winner on Friday 14th August. Numbers drawn were 10, 11, 17 & 23. Jackpot now €4,800

KILCUMMIN GAA LOTTO: There was no winner on Monday August 17th. Numbers drawn were 7, 10, 13, & 16. Next Draw Sunday, August 30th, 2015. Jackpot now €5,250

VACANCIES: A number of vacancies will become available in September on the Kilcummin Rural Dev C.E. Scheme. These include maintenance-caretaker, Care Assistant and Office Administrator. These positions are a development opportunity and no experience necessary. Accredited training will be provided to support your career. Please contact your Local DSP employment services/intreo office to check your eligibility. To apply please forward your C.V. and PPS No. for the attention of the supervisor to Rural Dev Office by post or by email to info@kilcumminparish.com Further info contact John on 086-1579381.

SECRETARIAL SERVICE: Kilcummin Rural Dev. Office provides a full Secretarial Service to all groups & individuals. Assignments, Essays, C.V.'s, Wedding Booklets professionally typed, confidentiality assured. Other services include photocopying, laminating, e-mail, pay motor tax & property tax online. Faxes to the Dept. of Agriculture for the movement of cattle can also be sent from the office. Email: info@kilcumminparish.com or Telephone: 064-6643357.

HERITAGE WEEK: Killarney Library will host a free lecture entitled "Introduction to the Local Industry and Trades of Killarney including Tourism" on Tuesday 25th August at 7pm. The lecture will be delivered by local historian Conor Doolan and encompasses pre-historic industry such as the copper mines right up to present-day industry such as Liebherr. The tourism aspect looks at the industry before and after the royal visit.



JESSICA PETIET, MICHAELA, BRIAN, CHLOE AND NATHAN BOWLER WERE SO EXCITED TO MEET THE 15 NEW RESIDENTS WHO MOVED INTO THE NEW FAIRY VILLAGE ON THE FRONT LAWN AT THE BREHON HOTEL, KILLARNEY ON SUNDAY. THE FAIRY VILLAGE FEATURES DANÜ, DELIA, DANIEL, HONEY, VIOLET, VINNEY, PEADER, IVER, LILY, SHIMMER AND STICKS ALONG WITH SISTERS MARCI, MERVEL, MOONBEAM AND MISSY WITH MAGICAL MESSAGES, PLAY IDEAS AND STORIES DELIVERED TO CHILDREN AND PARENTS WHO REGISTER THEIR FAIRY'S NAME ON THE WEBSITE, VIA EMAIL AND AN APP. PICTURE BY DON MACMONAGL



KENNELLY'S PHARMACY IN NEW STREET ARE THE PROUD WINNERS OF THE KILLARNEY RACECOURSE 'BEST RACING THEMED WINDOW' COMPETITION. THEY HAVE BEEN PRESENTED WITH 4 HOSPITALITY TICKETS FOR TOMORROW'S LADIES DAY AND THE INAUGURAL 'CUP'.

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FOSSA NOTES

LOTTO: 16th August 2015. Numbers drawn were 5, 10, 13, 18. There was no Jackpot winner and next weeks Jackpot will be €12,600.

SENIORS: Fossa played Cordal in Round 9 of the County league on Saturday evening. Fossa started the brightest with a couple of early points and looked to be in complete control when Tadgh O'Shea scored a goal on 11 minutes, however Cordal rallied with a brace of points and in the closing minutes of the half they struck for a goal through Pdraig Dignan. Lorcan Daly pointed from a free and was unfortunate to be black carded before the half ended. The half time score was Fossa 1-07, Cordal 1-05. The excellent Paudie Clifford got an early goal for Fossa in the second half and they began to exert a lot of pressure around the midfield area. Dara Rice was winning a lot of breaking ball and contributed two great points. Cordal did respond with a goal from John Brosnan but Fossa worked hard with our defence giving Cordal no time to settle on the ball, our midfield won a lot of primary possession and our forwards converted their chances at crucial periods of the game. Fossa were full value for their win in what was a workmanlike performance and with two rounds left, hopefully we can get the remaining points which would guarantee safety and might even put us in line for promotion. Final score Fossa 2-16, Cordal 2-09.

ASTROTURFALLWEATHERPITCH: allweather

pitch @ Fossa National School. Opening hrs. Monday/Friday 4pm/10pm, Saturday/Sunday 10am/10pm. All types of sport are played on this floodlit pitch. Now taking bookings for birthday parties. Contact Ger O' Connor 083 4228977 or email fossaweatherpitch@gmail.com.

KILLARNEY LIBRARY: As part of Heritage Week Killarney Library will host a free lecture entitled "Introduction to the Local Industry and Trades of Killarney including Tourism" on Tuesday 25th August at 7pm. The lecture will be delivered by local historian Conor Doolan and encompasses pre-historic industry such as the copper mines right up to present-day industry such as Liebherr. The tourism aspect looks at the industry before and after the royal visit.

FUNDRAISING SPINATHON: Brendan Heffernan's family, friends and team mates from Workmen's Rowing Club are organising a fundraising spinathon in his memory as his first anniversary approaches. It will take place on Sunday 31st August at Market Cross Killarney from 1 to 9pm, with a street collection in aid of the Kerry Hospice Foundation. Please come along and offer your support. If you would like to help with the street collection please contact brendanssistercaitriana@gmail.com

CONGRATULATIONS: Well done to a member of our minor football team who has been

honoured with an award to celebrate his exceptional ability as a fiddle player. Cian O'Sullivan of Crohane Fossa, Killarney was presented with the Mike Kenny Memorial Award in memory of the late great Castleisland artist who passed away four years ago.

BEST WISHES: Fossa GAA would like wish the Bellew family the very best of luck on their move to Kuala Lumpur, Malaysia at the end of the month. Peter and Grainne have been involved in the club ever since they moved into the parish and have done everything from making tea and helping out with the lotto to organising one of the greatest sing songs ever to hit Mayo when we took part in Feile in Westport last year! Their four children, Killian, Anna, Maeve and Rossa have all worn the club jersey with distinction through the various grades and they will be sorely missed by their respective teams and their friends. I have no doubt that Fossa's loss will be Malaysia's gain and we hope that they won't stay away for too long, their kind and friendly presence will be missed, not only by the GAA Club but the parish as a whole.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie. Please forward information before Sunday at 11am.

LISTRY NEWS

CHIROPODIST: The next chiropodist day will be changing to a Wednesday 26th August. Enquirers to Paula at 087 6606585.

FAMILY DAY: A family day will be held at

Listry GAA Pitch on Saturday 29th August, from 2 - 5.30pm. Plenty activities for all ages including BBQ. This is being organised by many groups within our community and everyone

is welcome.

LISTRY WEEKLY LOTTO: Jackpot €5,600. Winning numbers: 11 13 15 23. Was not won. Next weeks Jackpot €5,750.

BEAUFORT NOTES

SOUTH KERRY PLOUGHING CHAMPIONSHIPS: A Traditional Irish setting sets the tone for the Stand at this years

Ploughing Championships to be held in Fossa on September, 13th. The Pioneer Council are also preparing a

display which will be of special interest to all age groups. Details later.



CAROLINE O'CONNOR (CENTRE), HOME FROM AUSTRALIA IN FOR HER WEDDING AT THE END OF THIS MONTH AND PICTURED AT ROSS CASTLE WITH HER FRIENDS BEFORE BOARDING THE BUS TO KINSALE ON HER HEN PARTY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

KILLARNEY FLEADH CHEOIL NA hEIREANN CHAMPIONS



U15 LADIES SET SILVER PICTURED WITH THEIR TEACHERS



U15 LADIES SET SILVER



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RATHMORE / GNEEVEGUILLA NEWS

by Michael O'Mahony

RATHMORE RAVENS: Basketball Player Registration will take place on Monday August 24th at 7.30pm in Rathmore Gym. Everyone welcome.

UNWANTED CLOTHING: Rathmore Ravens Basketball Club are holding a USED CLOTHING collection on Sept 24th 2015 (venue and time tbc). Accepted items include unwanted clothes, bed linen, towels, curtains, bags, belts and softy toys. Please support.

WEDDING BELLS: congratulations to Kerry footballer star Aidan O'Mahony who married Denise Healy, Aghadoe Killarney on Friday last in Portugal, we wish both of them happy long life together.

GNEEVEGUILLA GAA: Club Carnival weekend will be held on September 4th 5th and 6th.

Friday evening kicks off with our Co. Championship Minor team of 1985 playing our current Minor team. Music in the Hall afterwards by The Handy Pack. Saturday is a Senior game for the Noel O'Sullivan Cup at 6.30 followed by Camel Racing at 8.30. Tote in operation.

Sunday is La Le Club and the Paddy O'Leary Shield U10 Competition plus Baby Show and B-B-Q. A full selection of Amusements will be on site throughout the weekend everyone welcome.

RETIREMENT PARTY: A retirement party for Lena Kelleher, Matron of Millstreet Community Hospital is being organised for Friday September 4th @ 7.30pm in the Wallis Arms, Millstreet. If you would like to join us on the night please text 087 6270806 or call 029 70003. Tickets are limited.

RATHMORE COMMUNITY COUNCIL: Please contact Rathmore Community Council via Facebook /emailrathmorecc@eircom.net / telephone / 0868339506. Chat with any members of Rathmore Community Council if you come across Japanese Knotweed in the area. You can also get information from the Bio Diversity Officer at Kerry County Council on

(066) 718 3521.

MILLSTREET MONUMENTS COMMITTEE: will unveil a plaque to commemorate the centenary visit of Padraig Pearse to Millstreet on 22nd August, 1915. The unveiling will take place on 22nd August at 7.30p.m. outside Corkery's Bar, Millstreet and will launch Heritage Week in Duhallow. All welcome to attend.

HERITAGE WEEK: As part of Heritage Week Killarney Library will host a free lecture entitled "Introduction to the Local Industry and Trades of Killarney including Tourism" on Tuesday 25th August at 7pm. The lecture will be delivered by local historian Conor Doolan and encompasses pre-historic industry such as the copper mines right up to present-day industry such as Liebherr. The tourism aspect looks at the industry before and after the royal visit.

SYMPATHY: To families & friends to late Murt O'Shea, Marian Terrace, Killarney and formerly of Lr Sunny Hill, Killarney and Kathleen Moynihan (née Rellis) Clounts, Rathmore whose deaths occurred last week. May they all Rest in Peace,

GNEEVEGUILLA BASKETBALL CLUB: Registration for the coming season takes place on Tuesday the 1st of September from 8.30pm to 9.30pm in the Club Bar Gneeveguilla. €65 per child for the year. €110 for two children. €140 for three or more children. New members are very welcome. Also the very best of luck to the Rathmore/Gneeveguilla Community Games Boys U13 Basketball team who are representing Kerry and Munster in the National finals in Athlone next weekend. Ciarrai Abu!

RATHMORE COMMUNITY MARKET: every Saturday 11-2pm. indoors More stalls welcome contact Tony 0831588404.

SLIABH LUACHRA CYCLING CLUB: Kerry county championship 2015 Hosted by sliabh Luachra cycling club this Saturday August 22nd Sign on next Gneeveguilla Post Office from 10.00 .U 16 start 11.00. 4 Laps, U12start 11-10 2 laps, 6.8 k circuit same as use in County League U14 start 11.05 3 laps, seniors 11.45 - 9 laps, Medals for category 'S' are as followed 1st, 2nd 3th. For overall, A1, A2, A3, A4, Ladies, Junior, Over 40s, Over 50s, U16's, U14's, U12's, Team prize 1st only, counting first 3 riders, riders don't have declared beforehand, prize

giving for championship and county league to follow senior race in Gneeveguilla Gaa Club Bar, Full competition Licence required, no one day Licence available, Riders from Kerry are riding from Kerry team is eligible, €10 for adult €5 for underage,

RETIREMENT: Best of luck to Donal hickey Who retired as journalist with the Irish Examiner. The Gneeveguilla native has been covering meetings of the local authority for 44 years having covered his first council meeting for the Kerryman in 1971, said it had been a great experience observing and covering the affairs of the council.

He also editor of Sliabh Luachra Journal over the years. He was fair and honest in his reporting. We wish well on his retirement,

RATHMORE LADIES FOOTBALL: Congratulations to Ashlinn Desmond with Kerry senior agaisit Mayo on Saturday last in Gaelic Ground in All Ireland Quater Final score line 2-13 to 1-8, they now in all senior Ireland semi final agaisit cork.

ALL IRELAND SENIOR & MINOR SEMI FINAL: Wishes: best of luck to Aidan O' Mahony & Paul Murphy with Kerry on Sunday agaisit Tyrone in Croke park in all Ireland semi final, and totto Darren Brosnan Gneeveguilla who is playing with Kerry minor agaisit Derry in minor semi final Curtin raiser, we wish all followers & supporters traveling to croke park on Sunday a safe journey,

TUREENCAHILL COMMUNITY GROUP: Tureencahill Annual BAR-B-Q will take place on Sunday Sept 13th at 2pm in School grounds. Top Chef Denis Doody will provide the food followed by music with the O'C TRIO. Tickets €15 National Sch. children €5. Ph. 085 1741551 / 087 0617247

LEAVING CERT: Congratulations to all Leaving Cert students who received their results this week. We wish you every success in your chosen career path.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6:00 on Sunday.

GLENFLESK NOTES

COUNTY LEAGUE DIV2: The Glenflesk senior team, sponsored by the Jarvey's Rest, drew with Kenmare in the county league game played in Glenflesk on Friday August 14, on a scoreline of Glenflesk 2-8 Kenmare 1-11. They now face Spa in a rescheduled county league game to be played in Spa at 7:15pm on Friday next August 21.

ALL-IRELAND SEMI-FINALS: Best of luck to Daniel O'Brien and the Kerry minor team who face Derry in the All-Ireland semi-final in Croke Park on Sunday next, and also best of luck to the Kerry Senior team who face Tyrone.

CLUB MERCHANDISE: There is a wide selection of new club gear available, including casual and training gear for children and adults. Contact Cathy Somers 087 2900476 to order or

view same. Also from September a shop will be open weekly in the hall at Glenflesk more details to follow.

GLENFLESK COMHALTAS NEWS The All Ireland Fleadh Cheoil was held in Sligo from the 14th to 16th August. Congratulations to all the dancers who competed and well done on excellent results. Thanks to the teachers Norrie Sheehan and Aine Murphy for all the hard work in training the teams. Thanks also to the parents for their help and co-operation. 8 Hand Céilí (Ladies) (Faoi 12) 1st Glenflesk, 8 Hand Céilí (Ladies)-(12-15) 3rd Glenflesk, 8 Hand Céilí (Ladies) (15-18) 3rd Glenflesk, 8 Hand Céilí (Mixed) (15-18) 1st Glenflesk, 4 Hand Céilí (Ladies) (12-15) 2nd Glenflesk, 4 Hand Céilí (Mixed) (15-18) 1st Glenflesk, 3rd Glenflesk.

WEDDING: Congratulations to Louise McCarthy (Gortacoosh) and Sean O'Connor (Ballyheigue) who were married on July 31st in the Prince of Peace Church, Fossa, followed by reception held in the Ballyseedy Castle Hotel.

RAHEEN NS: Congratulations to Kitty Foley who had the winning lotto number 15 on Saturday the 15th of August.

SYMPATHY: Sympathy is extended to Noreen O'Keeffe and family (Shronedraugh) on the recent death of her mother Kathleen Moynihan. Ar dheis De go raibh a hanam.

CONTACT: We welcome items of local interest. Please contact PRO Donal on 087 668 7926 or pro.glenflesk.kerry@gaa.ie.

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AWARE SUPPORT GROUP MEETINGS

Aware Depression Support Group meets:

Killarney – Mondays, KDYS at 8pm (from October 6th) (please note change of time from 7pm)

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f t

ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN

SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



Neighbours

Coming Soon To Erinsborough

- Karl and Susan will receive a surprise visitor in the shape of their grandson Ben who has come to live with them.
- Lauren and Brad will share an intimate moment leading to Lauren admitting that she is attracted to Brad.
- Terese will be struggling with a drinking problem after Brad challenges her to a dry month. Having trouble staying away from the booze, Terese will be left shame faced when Sheila catches her red handed stealing drink from the Waterhole.
- Sheila's secret will be finally revealed when she confesses to having a crush on her daughter Naomi's boyfriend Paul.
- Kyle will face temptation in his wife Georgia's absence when he begins to look at Amy in a different light.
- Josh will receive an indecent proposal from local authority Sue Parker after she sees him in a stripping show.

Home And Away

Coming Soon To Summer Bay

- Jett will leave the bay to join the army. Marilyn will also be heading out of Summer Bay as Emily Symons, the actress who plays her is off on maternity leave.
- New teacher Charlotte will arrive with a secret and soon find herself coming between Leah and Zac.
- Zac and Leah will be devastated to learn that their house wasn't insured after a fire destroys it.
- Nate will be accused of assault by Billie.
- Andy and Hannah will break up after she cheats on him. However, in an unlikely move, Hannah will begin to date Chris.

Citizens Information

Know Your Rights: USING A JET SKI AUGUST 2015

QUESTION

I would like to buy a jet ski. What are the rules about their use?

ANSWER

Recreational boats are regulated in different ways depending on their size and what they are used for. The use of safety equipment on any mechanically-propelled pleasure craft is covered by the Pleasure Craft (Personal Flotation Devices and Operation) (Safety) Regulations 2005. This includes motorboats, powerboats, fast powerboats (those that can travel at a speed of 17 knots) and personal watercraft, known as jet skis.

Under the Regulations, you must wear a suitable personal flotation device (lifejacket or buoyancy aid) at all times when using a personal watercraft. If you are being towed behind a personal watercraft, you must also wear a personal flotation device.

It is illegal for child under the age of 16 to operate or control a personal watercraft.

The consumption of alcohol or drugs is also restricted by the Regulations. If you are operating a personal watercraft or being towed by one, you must not consume or be under the influence of alcohol or drugs.

If an offence is committed under the Regulations, an on-the-spot fine of €150 may be imposed or the offence may be prosecuted in the District Court.

Wherever you intend operating the personal watercraft may be subject to bye-laws which can regulate and control your use of a personal watercraft. An offence committed under such bye-laws can also make you liable for an on-the-spot fine or prosecution.

It is recommended that before operating a personal watercraft, you should attend a suitable training course. Information on training courses is available from Irish Sailing Association (ISA), 3 Park Road, Dún Laoghaire, Co Dublin, Tel: (01) 280 0239 and from their website, sailing.ie.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



THE POSITIVE SIDE OF STRESS!

Imagine that you're about to give a big talk! Your heart is pounding, your palms are sweaty and you feel super nervous! This is often the state many people find themselves in when they have to do anything that causes them anxiety! The old school of thought was to try and calm down, however new research tells us that it's actually more effective to embrace the nervous feelings and say, "I'm excited!" People who manage to embrace the anxiety are more able to handle the pressure, feel more confident and actually give better speeches! Whatever you are doing that brings you anxiety the key is to be able to turn it into feelings of positive excitement. Whether your facing an exam, or engaging in competitive sports or going for a job interview, the key is to embrace your anxiety and use it to propel you forward and turn it into the biology of courage!

The next time you feel anxious about anything let it be a signal to take a deep breath and say, "That's great – I'm excited – lets do this!"

For more positive coaching tips please visit & Like my facebook page. Many thanks!





TRANSITION FROM PRIMARY TO SECONDARY SCHOOL WHAT CAN PARENTS DO?

The transition from primary to secondary school can be a difficult one for many children. The change from being the most senior student to suddenly becoming a junior again may bring many challenges for your child. They are leaving behind a familiar world and entering a whole new domain with new teachers, subjects, classrooms, class mates, an increased workload and a longer day. As this change also tends to coincide with the onset of puberty, is it any wonder that it can be so daunting for your child? This can also be a difficult time for parents. The school day is longer and your child will be taking on more subjects. Some of these subjects are ones you may not be familiar with which may mean you won't be able to help out with homework. There are also more teachers involved in your child's schooling. Your child's social circle is widening and you may not know who their friends are.

As your child moves through this transition, your job as parent is to support them to negotiate the challenges posed. First and foremost it is important not to pass on your own fears to your child. Remember, children are extremely resilient and adaptable and before long these new surroundings will be familiar and comfortable for them. When talking to your child about the expected transition let them know that you have trust and confidence in their ability to master these changes. Tell them about your own experiences and ways that helped you to cope. Talk to them about the change in routine and the possible change of classroom and teacher every 40 minutes. To make this transition as smooth as possible, particularly in the early days, try to be as supportive and encouraging as possible. Ensure they eat well, sleep well and stay tuned for any signs of distress or difficulty. Listen to them when they relay stories from school and show an active interest in their friendships, the school, their teachers, their activities and their subjects.

As parents, we can often feel a little helpless – our role is to be supportive, interested and encouraging. Always keep the lines of communication open and if you have any concerns please contact the school. No one knows your child better than you.

As your child moves through their teens remember they are involved in a major life change. Your job as a parent is to nurture their confidence and enable them to become well-adjusted and fully functioning adults. If you are struggling with any aspect of parenting your teen, SouthWest Counselling Centre will run an **8 week course on Supporting Parents to Support their Teens – beginning Weds Sept 30th**. Call 064 6636416 to book your place.

Next week we will focus on what young people can do to help make this transition easier.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide**. info@kerrylifeline.com To make an appointment call 064 6636416.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters.... With Dr. Michael Moloney

OBESITY IN CHILDREN

CONTINUED ...

WHAT IS THE CAUSE OF BEING OVERWEIGHT OR OBESE IN CHILDREN?

• If you eat fewer calories than you burn up, you lose weight. Your body has to tap into its fat stores to get the extra energy it needs.

Most children are overweight as a result of an imbalance in the energy consumed and energy burned. Rarely conditions such as hypothyroidism (an underactive thyroid gland) or other hormone problems may also be a cause.

WHAT SHOULD I DO IF I AM WORRIED THAT MY CHILD IS OVERWEIGHT OR OBESE?

If you are worried that your child may be overweight or obese, you can discuss this with your doctor who can first access the severity of the problem and may make some suggestions to promote a healthy weight. Sometimes a referral to the hospital to see a pediatrician or a dietician may be needed.

HOW MUCH WEIGHT SHOULD A CHILD LOSE IF THEY ARE OVERWEIGHT OR OBESE?

In general, rapid weight loss or strict dieting is not recommended for children who are still growing, unless this has been specifically advised by a specialist. For most children, the aim is usually weight maintenance rather than weight loss. As they grow and their height increases, the child should either not gain any weight as well, or their weight gain should be slower than their height gain.

WHAT IS THE TREATMENT FOR A CHILD WHO IS OVERWEIGHT OR OBESE?

The main ways to treat a child who is overweight or obese is to look at changes that can be made to their lifestyle. Changes that involve the whole family are best. Other family members who are overweight may also benefit at the same time. Remember that as a parent or carer, you act as an important role model for your child and you can help them to stay healthy. The two main lifestyle changes that are advised are for your child to eat more healthily and do plenty of physical activity. Small, gradual changes may be best. Your child will then be more likely to stick to these changes in the long-term.

As a parent or carer, you should try to be involved as much as possible in helping your child make these changes. However, some older teenagers may prefer to take responsibility for themselves. Think about how your child's progress is going to be monitored. Discuss this with their healthcare professional. At every opportunity, give praise and encourage your child in what they are doing.

EATING MORE HEALTHILY

Overweight children should be encouraged to eat more healthily and to reduce the total number of calories that they eat. In most cases, as a parent, you will need to take responsibility for making changes to your child's diet, especially if your child is under the age of 12.

CONTINUED NEXT WEEK.....



Dr. Michael Moloney,

MB, BCh, BAO, BMedSci MMedSci, DOWH, MICGP

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Member of the faculty of sports and exercise medicine.

Doctor to Ireland Under 17 Soccer Team.

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HOUSEHOLD TIPS:

1. Purify air with houseplants - Like trees, plants can provide a home with added oxygen. Specific species are able to remove toxins from the air. Try adding plants like bamboo palm, peace lilies, or rubber trees to your home to purify the air.
2. Remove furniture scratches with walnuts - Walnut oil can repair wood blemishes. You need to shell the nut and rub it over any marks on the wood. The oils penetrate the wooden surface and go to work fixing any stains, blotches or scratches.
3. Keep sponges clean by microwaving them - Make sure your sponges aren't breeding grounds for germs with this tip. Take your dirty sponge and squirt a little lemon juice into it. Warm this up in the microwave for several minutes on high. The heat will kill the bacteria and you can use the sponge again.
4. Ice cubes can remove carpet dents - Heavy furniture can leave dents in your carpet. Quickly resolve this by placing ice cubes over the divot. Let them melt and soon after the carpet will go back to being even. You can fluff the area with a toothbrush or fork to help expand the fibres if necessary. Finish by patting the carpet with a cloth.
5. Use Alka Seltzer to unclog drains - If your sink appears to be acting up try this trick to unblock it. Drop four of these fizzy tablets down the drain, followed by a tablespoon of vinegar. Then flush the sink with boiling water. The drain should become unclogged, and ready for use.
6. Clean windows with newspaper - Newspapers will do a more thorough job cleaning windows and mirrors because they have denser fibres than paper towels. Dense fibres allow the paper to absorb liquids used for cleaning. The density also makes them stronger so they are less likely to fall apart in your hands.
7. Aluminium foil can help with ironing - Cover your ironing board with aluminium foil and then put the ironing board cover over the top of it. The foil will reflect the heat so you will be ironing both sides at the same time, without the need to flip the piece of clothing over.
8. Remove chewing gum with peanut butter - Chewing gum has the tendency to get stuck to your shoe and other places where it doesn't belong. Remove this annoying litter with a couple of tablespoons of peanut butter spread. Afterwards, you can use a wire brush to help scrub off any remaining bits of the gum.
9. Use soap to fill a hole in the wall - Nail holes and nicks can leave a wall blemished. Instead of filling a white wall with silicone, use a soap bar. Simply rub the bar over the hole in a circular motion, until the surface is even.

IS THIS THE BEGINNING OF THE END OF BULLFIGHTING IN SPAIN?

The Spanish town of Villafranca de los

Caballeros, situated about 80 miles south of Madrid, has decided to cancel its annual bullfight and use the money saved on books and school supplies for local children.

"It's a question of priorities," said the town's newly elected socialist mayor, Julián Bolaños. "There is a lot of unemployment in this town and many people simply don't have money to buy school supplies for their children." He estimated that the town, which has a population of 5,200, was spending as much as €18,000 a year to hold the annual event.

Manuela Carmena, the new mayor of Madrid, a traditional bastion of the bullfight, has said publicly that "not one euro of public money" will go toward bullfighting; in the city of Valencia the mayor, Joan Ribó, has likewise stated that no government money will go to finance any event in which bulls are killed; in Alicante, the bull run which has traditionally been a part of the city's August festival was replaced by a cycling race, and the new government has said it plans to ban municipal land from being used in bullfights by 2017.

It began with a ban on bullfighting in Catalonia in 2011, but now the push to abolish the so-called "sport" is gaining steam.

In the resort of Gandia, bullfighting has already been banned because, according to local officials, it amounts to animal abuse.

In nearby Dénia, the annual bous a la mar, in which the bull eventually ends up being pushed into the sea, faces a local referendum before it will be staged again.

Further north in Zaragoza, organisers of toros embolados, where firecrackers are attached to the bulls' horns, have been told that they will no longer receive public money to put on their fiestas.

Animal rights activists in Spain have welcomed their actions but point out that more needs to be done, with more than 16,000 fiestas involving bulls being planned this year in some 3,000 municipalities across the country. Last week, in an historic move, the Spanish town of Trigueros del Valle voted unanimously to define dogs and cats as "non-human residents," giving them rights similar to men and women in the area.

Let's hope that the move to modern day laws, which would outlaw bullfights and speak up for animal rights, will continue to grow, as Spain moves beyond its violent treatment of animals in the past.

ANSWER TO LAST WEEKS RIDDLE:

How many times can you subtract the number two from the number fifty? Answer - Once. After that, you'd be subtracting from 48.

THIS WEEKS QUOTE:

"If you want to know what a man's like, take a good look at how he treats his inferiors, not his equals." J.K. Rowling, Harry Potter and the Goblet of Fire

ON THIS DATE – AUGUST 21ST:

1821 - Jarvis Island discovered by the crew of the ship, Eliza Frances.

1831 - Nat Turner led US slaves and free African American in a rebellion.

1841 - The Venetian blind first patented in the United States by John Hampson.

1857 - First book published by an Australian female author: Gertrude the Emigrant, by Caroline Atkinson.

1879 - A Vision of the Virgin Mary was witnessed by villagers in Knock, Co. Mayo.

1911 - Irish Women's Suffrage Federation formed.

1959 - Hawaii became the 50th state of the United States.

1972 - First hot air balloon flight over the Alps. 1976 - Britain's first woman fire-fighter began service.

1991 - Latvia declared renewal of its full independence after the occupation of Soviet Union.

DONKEY ESCAPES FROM BURNING FOREST:

Firefighters battling a section of the 7,000-acre wildfire in Arizona received a much-needed



glimmer of hope last week when a lone donkey — frightened but alive — emerged from the burning forest. He seemed to understand the firefighters could help, which they did by cooling his singed body with water from their hose, he then kept following them around. His friendly presence amid so much devastation quickly found the animal a place in the hearts of the rescue crews.

"Our firefighters have seen a lot of animals that were killed in the fire a spokesperson for the Fire Department said, so the situation has been hard on these guys, the donkey has really boosted their spirits. He really made their day". The donkey has since been evacuated to safety. If no owner comes forward to claim the animal, the American Wild Horse Sanctuary in California has volunteered to give her a home.

PLASTIC BALLS ARE CALIFORNIA'S WATER-SAVERS:

20,000 black plastic "shade balls" were released last week into the Los Angeles Reservoir to float and bob on the surface, in an effort to prevent sunlight-triggered chemical reactions that encourage algae — creating cleaner water and also to protect the water from wildlife. But the key benefit is that the floating ball will prevent evaporation. Los Angeles officials estimate the balls will save about 300 million gallons of water each year.

The release of this batch of balls into the 175-acre reservoir was the culmination of a \$34.5 million initiative to protect the water supply that involved the deployment of 96 million plastic balls into the water.

The shade balls costing 36 Cent each are manufactured by minority, women-owned facilities in Los Angeles County, are BPA-free and should not release any chemicals and will require no parts, labour or maintenance aside from occasional rotation. They're recyclable and should last 10 years before they need to be replaced.

In addition to the Los Angeles Reservoir, the balls are floating at Upper Stone, Elysian and Ivanhoe reservoirs and other areas.

100 YEARS OF OPAL MINING IN SOUTH AUSTRALIA:

The South Australian Museum in Adelaide will unveil the first public display of the "Virgin Rainbow" in September. Worth more than \$1 million, this outstanding geological specimen is distinguished for its rich palette of colours and light-refracting qualities. Like other opals, the "Virgin Rainbow" is composed of silica and water and was formed over millions of years from the opalised fossils of dinosaurs.

This gemstone is just one part of the museum's larger "Opals" exhibition, which was organised to celebrate 100th anniversary of opal mining in South Australia. Although this region was once a silica-rich inland sea populated by marine dinosaurs, today it's a hot, arid region that's responsible for 90 % of the world's opal supply.

Although a number of the opals in the museum's collection have been refined into flawless jewellery pieces, many others are rough gems that are clearly embedded in rocks or the fossils of plesiosaurs and other ancient marine organisms from the time central Australia was an inland sea.

YOU CAN'T GO TO THIS BEACH WITHOUT A DOG:

Just a few weeks ago I was writing about the responsibilities of people that take their dog to the beach, now I am delighted to know that at one beach in Italy, dogs are getting their own back!

Located on the Adriatic Sea in the region of Emilia Romagna, Rimini has more than 10 miles of beaches and one section is turned over to the canines and their human friends. The two brothers who run the beach have the first and only authentic dog beach in Emilia Romagna" where people who are not there with their dog are not allowed to enter.

The Agostini brothers have said that they became aware that a growing number of people were asking for a pet-friendly beach and not only did they give these people a place to bring their dogs, they built a number of features that made this part of Rimini (located in Bagno 81) a special destination for dog lovers.

Dogs can run free in a fenced-in agility park and play with each other while their owners look on from the outside and there are umbrellas both inside the fences and on the beach itself so the four-legged visitors can get some shade alongside their owners if it gets too hot.

There are showers especially designed for dogs where owners can rinse the sand off their pets before they leave the beach. Rakes are on hand if visitors need to cover over urine spots and of course there are dishes from which the visiting dogs can drink, and fountains where the bowls can be filled. The beach has an onsite vet and a dog-sitting service, which people can use when they want to head over

to the humans-only section of the seaside. Pets are allowed at a number of hotels in Rimini. Even higher-end places like the Grand Rimini Hotel and the Holiday Inn Rimini Imperiale allow dogs to stay. The choice of restaurants where dogs are welcome is not quite as widespread, but there are a few options in the Rimini area.

RIDDLE FOR THIS WEEK:

What does December have that other months don't have?

Hint – it's not Christmas - Answer next week!

TONGUE TWISTER:

Six thick thistle sticks.

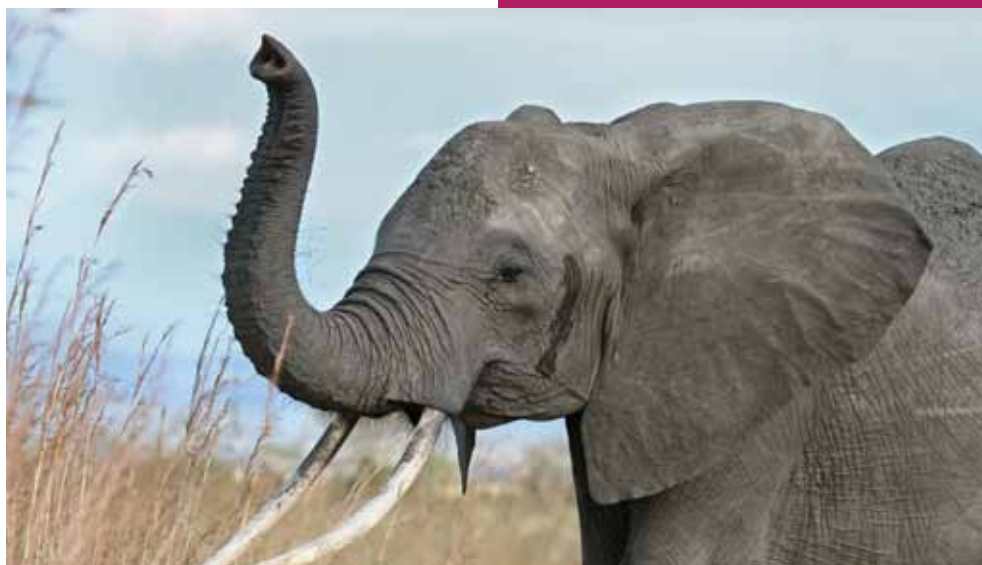
WEDNESDAY, AUGUST 12TH WAS WORLD ELEPHANT DAY:

World Elephant day was launched in 2012 by Canadian documentary filmmaker Patricia Sims and the Elephant Reintroduction Foundation of Thailand.

Despite being a charismatic species loved by people of all ages, elephants in both Africa and Thailand are in serious trouble. Since the first World Elephant Day, individuals, celebrities and dozens of organizations that are working on solutions that will ensure their future survival around the world, have joined in support because the threat of losing them forever is becoming a very real possibility.

Poaching in Africa has reached unprecedented levels, which some believe could wipe elephants out entirely within the next 10 years if it continues at its current rate, and there are now estimated to be less than 40,000 Asian elephants left in existence and they continue to face the threat of poaching, habitat loss and being taken for the tourism industry.

Unfortunately, wild elephants aren't the only ones in trouble. Animal advocates have also been working to end their exploitation in captivity and entertainment and raise awareness about why elephants belong in the wild, not circuses, zoos or tourist attractions.





A WORD OF VICTORY

Welcome back dear reader suspicion can affect people harmfully when making a decision regarding a direction they need to take in life - looking for a spouse, buying a home, applying for a job, even what school to send children to. We've all been there at some stage - maybe asked another's opinion on the subject, and if they have aired any doubts they have about whatever person or place being discussed it can bring uncertainty, wondering what is true and hopelessness can follow. This can also arise when someone receives a terminal diagnosis in their health where no hope is given for recovery. We meet this quite a lot in ministering to people at Word of Victory, however, when we check the book of life the Bible - the living Word of God - we find nothing negative, that is why the Gospel is called Good News! God's Word tells us there is nothing impossible to God (Luke 1:37; Matthew 19:26) and nothing impossible to those who believe (Mark 9:23; Matthew 17:20) and act upon what the Word directs on all matters pertaining to life and godliness (2 Peter 1:3; Proverbs 3:5-7). Without the true knowledge of Scripture built into us it's like arriving in a foreign land alone with no knowledge of where to go and no understanding of the language spoken - think what it would be like to be in a position like that - hopeless and frightening - so it is with anyone trying to live today without being grounded in and directed by Jesus the One Who came and revealed the Word of God. Life is all about choices. What we accept we will never change. God has great plans for each one of us (Jeremiah 29:11) but it's up to us - no one else can do it for us as it's a personal decision. Call on Jesus today friend trust Him to lead you! If you have a prayer need please call 064-6622950 or email wordofvictory@eircom.net. *More next week...*

Contact: 064 - 66 22950 Email: wordofvictory@eircom.net

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NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

THANKSGIVING

Novena to the Sacred Heart:
Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days.
Promise publication of prayer and favour will be granted.

THE MIRACLE PRAYER

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Amen.
Say this prayer for three days.
Publication of prayer and favour will be granted.

MEMORARE TO OUR LADY OF LA SALETTE

Remember, Our Lady of La Salette, true Mother of Sorrows, the tears you shed for us on Calvary. Remember also the care you have taken to keep us faithful to Christ, your Son. Having done so much for your children you will not now abandon us. Comforted by this consoling thought, we come to you pleading, despite our infidelities and ingratitude.
Virgin of Reconciliation, do not reject our prayers, but intercede for us, obtain for us the grace to love Jesus above all else. May we console you by living a holy life and so come to share the eternal life Christ gained by his cross Amen.
La Salette Innocence; Our Lady of La Salette, Reconciler of sinners, pray without ceasing for us who have recourse to you.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL
O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother (make request). O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Say this prayer for 3 consecutive days and then publish it and request will be granted to you. This prayer must be published in thanksgiving for favours received.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Promise Publication
Thanking you Sacred Heart of Jesus, for all the favours I have received.

PRAYER TO THE VIRGIN MARY

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PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal.
You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me.
In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from You no matter how great the material desires may be. I want to be with You and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted.) J.C.

15TH ANNIVERSARY



In Loving Memory of

MARY MULCAHY

**20 Marians Terrace, Killarney,
Co. Kerry**
whose anniversary occurs at this time.

*Silent thoughts sincere and true,
From a family who thought
the world of you,
No longer in our lives to share but in
our hearts you are always there.*



**Fondly remembered by daughter
Rita, son in law Tim, grandchildren
and great grandchildren.**

PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr,
You who quickly brings things to pass
You who never delays, I come to you in need:
(Clearly express what you want and ask him to
find a way to get it to you)
Do this for me, Saint Expedite, and when it is
accomplished, I will as rapidly reply with an
offering to you (State your vow or promise)
Be quick. Saint Expedite!
Grant my wish before your candle burns out and
I will glorify your name
Amen. Thank you St. Expedite for answering my
request. I promise publication to spread your
devotion.
For anyone in need say this prayer and your
request will be granted. My request was granted.
Amen.
x

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For anyone in need say this prayer and your
request will be granted. My request was granted.
Amen.
x

PRAYER MEETING

FULL GOSPEL PRAYER MEETING

at Killarney Heights Hotel at
8.30pm.
Speaker Dan O'Connor.
All Welcome.
On Friday 28th August.

PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr,
You who quickly brings things to pass
You who never delays, I come to you in need:
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In this short dialogue I want to thank you for
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Glory. Amen. (Say this prayer three consecutive
days without stating the request, after the third
day the request will be granted no matter how
difficult it may be. Promise to publish this as
soon as your request is granted.

THANKSGIVING ST. JUDE

St. Jude come to my assistance in my need
that I may receive the consolation and help
of heaven in all my necessities particularly
(mention request) and that I may praise
God with you and the elect throughout
eternity. I promise you O Blessed Jude to be
ever mindful of this great favour and I will
never cease to honour you as my special and
powerful patron and to do all in my power to
encourage devotion to you. Amen. Say for 3
days and publish immediately.
Favour granted after 3 days.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.
x

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2
impossible, Say 9 Hail Mary's for 9 days with
a lighted candle. Pray, whether you believe
or not.
Publish on the 9th day.
"May the Sacred Heart of Jesus be praised,
adored, glorified and loved today and always.
Your request will be granted no matter how
impossible it may seem.
Publication must be promised.

NOVENA TO THE SACRED HEART

You have said O'Divine
Jesus ask and you shall receive, seek and you
shall find, knock and the door shall be opened
to you. Relying on these promises I come with
confidence during the novena to beg of you the
favours that I need (make request). From whom
shall I ask, Lord Jesus, if not from you whose
heart is an unfailing source of graces and merits.
Most loving heart of my God I believe in your
power, I believe in your knowledge, I believe in
your personal love for me and therefore O Sacred
Heart of Jesus I place all my trust in you. Our
Father, Hail Mary and Glory. Say 3 times for 3
days and request will be granted, Never know to
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sees it.
Then in his merciful eyes it will become your
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Amen.
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Must promise publication of prayer.

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promise publication of prayer.
R.B.

PRAYER TO THE VIRGIN MARY

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Holy Mary, I place this cause in your hands, three
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that the request will be granted and the prayer
must be published immediately.
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Then in his merciful eyes it will become your
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Amen.
Say this prayer for three days and your favour
will be granted. Never know to fail.
Must promise publication of prayer.



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