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Hats off to the Mens Chorus as rehearsals are at an ultimate high for Killarney Musical Society's Joseph & the Amazing Technicolor Dream Coat at the INEC 25-27 Feb. Back Row L-R Derry Healy, Paul O'Sullivan, Eamon Kelly, Conor O'Leary & Jimmy Kelly. Front Row L-R Brendan Casey, Ben Quinlan, Johnny Courtney & Padraig Creedon. PICTURE: MARIE CARROLL-O'SULLIVAN



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ADVERTISING

EDITOR'S NOTE



s we enjoy a longer stretch in the evenings, we have all the info on plenty of things to keep you busy over the next week. Fitzgerald Stadium will host two double headers this weekend, Killarney Musical Society take to the INEC

stage and the Kerry County Council Awards are on tonight. The Soroptimists are hosting their flipping good pancake morning fundraiser, the population of Killarney increased by 10,000 this week and the Library is inviting

everyone to their open day.

Hope you enjoy this week's Killarney Outlook!

Aisling Crosbie, Editor | 086 0400958



IF YOU HAVE A STORY ... Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

IAN TO BE HONOURED **AT KERRY COUNTY COUNCIL AWARDS**

Brave Killarney teenager lan O'Connell will "On his public media, lan said: "it is definitely something that I enjoy doing and will continue County Council Annual Awards which will take place tonight at the Great Southern Hotel.

The inspirational Killarney teenager, sustained serious injuries in a cycling accident in August 2017. The St. Brendan's College student, 18-year-old lan underwent rehabilitation at the National Rehabilitation Centre in Dun Laoghaire and continues to work extremely hard towards his recovery.

lan is inspirational and his attitude is very positive, he lives live to the full and this week was a guest at the Waterford Crystal factory for a guided tour and lunch. He was shown trophies, got the opportunity to blow his own piece of crystal and finished the day with an interview on WLR FM. Ian has been sharing his story with people and showing them how life can change in seconds. He is a regular public speaker at schools, colleges and events and recently spoke to a full lecture hall at UCC.

to do. Using my situation to make people realise how crazy life is.

Every bad situation has a positive, even a stopped clock tells the correct time twice a day. The bad thing that happened to me has put me directly on the path to the best things that are ahead of me. So try not to resist the changes that come your way. Put your best foot forward and don't get to busy making a living that you forget to make a life".

AWARDS NIGHT

A total of 28 awards will be presented to deserving recipients from across the county, including awards to be presented by each of the five Municipal Districts as well as full Council. The awards will be presented to groups and individuals who have excelled in their respective fields and who have brought success and pride to their communities and the county as a whole.



Ian O'Connell pictured at a recent event. PICTURE: MARIE CARROLL O'SULLIVAN.

Soroptimists plan a flipping good fundraiser

Launching the Killarney Soroptimists annual Pancake Tuesday morning which will take place at the Killarney Avenue Hotel on Tuesday 25th February 202 were Front Row L-R Katherine Gleeson, Teresa Irwin, Ann O'Connor & Ann Wrenn. Back Row L-R Bridie Brosnan, Kathleen Keane, Chef Kathleen McCarthy & Sheila Casey.

This year's beneficiaries are the South West Counselling Service and the Cork/Kerry Health Link Bus. The event is now in its 15th vear and the cost of the ticket is €15 and thev are available from all branch members

PICTURE MARIE CARROLL-O'SULLIVAN







'Any dream will do'.

Final rehearsals for cast and chorus of Kilarney Musical Society's Joseph and the Amazing Technicolor Dream Coat which will take place at the INEC 25-27 February at the INEC.

Killarney Musical Society ready to raise the curtain



A vibrant and vivacious ladies chorus in the height of final rehearsals for Killarney Musical Society's Jospeh and the Amazing Technicolor Dream Coat at the INEC 25-27 Feb Back Row L-R Irene Hurley, Niamh O'Carroll, Katie Harnett, Katie Cameron, Cáit O'Sullivan, Karena Mulchinock, Rachel O'Connor. Front Row L-R Sheree Murphy, Elisha O'Donoghue, Ann Ivory & Siobhan Bustin. PICTURES MARIE CARROLL-O'SULLIVAN

Killarney Musical Society are putting the finishing touches to their 35th production -Joseph & His Amazing Technicolour Dreamcoat, which will take place in the Gleneagle INEC Arena from Tuesday 25th. February to Thursday 27th. February 2020 inclusive.

A Musical Lovers favourite, the entire story is told through song and dance and is a non stop couple of hours of music, song, laughter, colour, dancing, and overall spectacle. The story of Joseph and the Amazing Technicolor Dreamcoat is a musical comedy with Lyrics by Tim Rice and Music from Andrew Lloyd Webber. It is a tale that follows the journey of a dreamer. Joseph, the son of Jacob and one of twelve brothers. With a cast of over 70 people on stage, half of those being our fabulous children and teens chorus is set to be an amazaing production.

The cast have worked tirelessly over the past few months, rehearsing up to 4 times weekly, they always land in with a smile and work so hard, there is huge praise and thanks due to our cast and chorus who give so much of their time to the society. "We are truly inspired and ever grateful to each one of you for your



Rory Ward as Joseph with Narrator Fiona Crowley.

committment to Killarney Musical Society. This is the 2nd time KMS has produced Joseph And The Amazing Technicolor Dreamcoat having first produced it in the year 2000, which was also the last time we had the privilege of performing in the Arus Phadraig", Orna Cleary O'Shea told the Killarney Outlook.

" And amazingly our Joseph this time around, namely the super talented Rory Ward was in our children's chorus in that production, there are many of our cast in Joseph for the 2nd time with KMS so it holds many special memories for many of us on stage this year".

The society has a a pop up shop open for pre purchase of tickets in Noelle's Cafe, under the clock at the Market Cross, Old Market Lane, Killarney... it is open Monday to Saturday inclusive from 12 noon to 4 p.m. daily so pop in and get your tickets for this amazing show. Joseph and the Amazing Technicolour Dreamcoat is expected back in the London Palladium in Summer 2020 so Killarney Musical Society are extremely honoured to have been granted the rights to this fantastic show this year.

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Community Wellbeing Vision is sought

Looking after ourselves....

The wellbeing of the community of County Kerry will be discusses at meeting on Thursday next in the KDYS in Killarney.

The Kerry Public Participation Network want to hear from all the groups and organisations in the 5 Municipal Districts of County Kerry. Developing a Vision for Community Wellbeing means thinking about what we have and what we need to help County Kerry to be as great as it can be for us and for the many generations that follow on from ours.

One thing everyone can agree on is that we would like our community to be the very best it can be. Kerry PPN is delighted to be rolling out a new National Initiative on Community wellbeing. "Our well being is affected by many things; the economy, the environment, services etc" explained Caroline "and the wellbeing of the community affects everyone within it. We really want to hear from the groups and organisations on the ground what is important to them". The Kerry PPN will be hosting the Community Wellbeing Vision for Killarney



Municipal District Area on Thursday 27th February in the KDYS Youth Centre, Fair Hill, Killarney, Co. Kerry.

Groups will also be able to feed in online. All this information will be brought together and be used to influence policy and guide the

work of the Kerry Public Participation Network (PPN) and its representatives in influencing policy, and working towards achieving the community's goals. in County Kerry have the same concerns and causes for celebration as others.

CALL FOR PAVEMENT IMPROVEMENTS AT MEETING

At the February 2020 monthly meeting of Kerry County Council, Councillor Michael Gleeson proposed That Kerry County Council calls once again on TII to provide a long overdue new surface on the N22 National Primary Road from Clonkeen to Killarney.

Kerry County Council replied that TII utilise a Pavement Management System to identify sections of the National Network where surface improvements will be funded. The section of the N22 from Park Road Roundabout to Lissivigeen Roundabout has been identified for Pavement Improvements and it is hoped that funding will be secured and the works carried out in 2020.

Proposals are also being developed between Poulgorm Bridge and Glenflesk which will include resurfacing. It is hoped that these works will be funded in 2021/22.

Councillor Gleeson emphasised the vital importance of the N22 to the economic life of Kerry and stressed that this Road should be an invitation to visit and holiday in our beautiful county. He further stated that the present surface has been in place for 30 years and is in urgent need of renewal.

He welcomed the reply received.





Senator Paul Coghlan has announced that he will not stand for re-election. The Killarney politican was first elected to the Seanad in 1997 and was also a member of Kerry County Council between 1991 and 1999 and a member of Killarney UDC from 1985 to 1999. The Fine Gael Politician was on the Seanad's Industrial and Commercial Panel.

PRICE OF STAMPS TO INCREASE

An Post has announced that they are increasing the cost of stamps.

The price increase will take effect on March 19th when the cost of a standard domestic stamp will rise from $\in 1$ to $\in 1.10$.

Meanwhile, the cost of a standard international stamp will increase from €1.70

to \in 1.80. An Post says the increases reflect other postage price-rises throughout Europe. All existing stamps will remain valid after the prices change, and \in 0.10 stamps can be bought to make up any difference in postage costs.









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NEWSDESK

MUSIC... IT'S WHO I AM

Orna takes to the stage for the 35th time

Peter Doyle spoke to **Orna Cleary O'Shea** who is the only member of the Killarney Musical Society to perform on stage in each and every show since it's inception in 1985.

This year the musical society are celebrating their 35th year and are performing 'Joseph and the Amazing Technicolour Dreamcoat' which they originally performed 20 years ago and it was in fact the last show they ever performed in the Aras Phadraig.

The show is on in the INEC on Tuesday 25th, Wednesday 26th and Thursday 27th of February. There is also a matinee show for local school children on the Tuesday.

This year's Director is Peter Kennedy from Northern Ireland. Noel Lennon is the Musical Director. The main actors are Rory Ward whom interestingly performed in the children's chorus 20 years ago. Orna Cleary and Fiona Crowley share the role of the Narrator, a role that Orna performed 20 years ago.

Orna said, "Sorcha O' Connor of the Killarney School of Music has done amazing work with the chorus and Stella O' Shea has taken huge responsibility with the choreography."

"We rehearse 3 times a week, generally 2 nights and 1 day. It is more time consuming after Christmas but it makes January the month we all hate pass quickly, she added.

"I am afraid to mention names in case I forget anyone but the likes of Pam Brosnan, Peter Cook, and Nanette O'Leary are members of the society since the beginning. Then the likes of Phil Spillane, Marie Moloney, Ann O'Shea and the O'Leary brothers are all in it over 20 years."



Orna Cleary O'Shea, PRO at Killarney Musical Society. This year will be Orna's 35th performance with the society for Joseph & the Amazing Technicolor Dream Coat at the INEC 25-27 Feb. PICTURE MARIE CARROLL-O'SULLIVAN

Orna's own late parents, Martin and Patricia were both members of the society. Orna joked, "My brother Fergal and I had no choice but to get involved!"

Orna said, "The late Maurice O' Donoghue kindly offered us the use of the INEC for which we are eternally grateful. We would love to see the Aras transformed as Killarney badly needs a small theatre." "The businesses of Killarney have always being very good to us, we are very grateful to all our sponsors and patrons. We just held our annual quiz in the Dromhall hotel and Bernadette Randles has always being amazing to us. Henry Bartlett of Independent Irish Health Foods has being especially good to us the past few years." Orna said, "Shows like 'Joseph' are hard to get for Amateur societies but we were lucky enough to get the rights and 'Joseph' may be going back on to the West End this year which is huge for us."

"It can be time consuming but it is a labour of love and when you are in it you want to do the best you can. There are over 30 children in the show this year. Jessie Buckley was in the children's chorus 20 years ago. You know what they say, 'from little acorns."

IT Tralee Springboard+ Course Nominated for Irish Construction Excellence Award

The Certificate in Building Information Modelling
(BIM) with Revit at IT Tralee has been nominated
for an Irish Construction Excellence Award in the
category "Third Level Course – Postgraduate or
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is open to: Building Contractors, Civil Engineering
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Contractors, Construction Product Suppliers
and Third Level Colleges offering certain

The Certificate in BIM with Revit is offered as a 4 month (1 semester), 10 ECTS Credit, parttime online programme. Using Revit and other software tools on their own computers, students undertake modelling and collaborative exercises to demonstrate their capacity to engage with typical workflows on a BIM project. Delivery involves a core evening lecture which is broadcast through IT Tralee's online Blackboard web portal. This lecture is recorded for review or for learners unable to participate live. It is supplemented with shared content, reading material and various links to external sources. Founded in 1993 the Irish Construction Excellence Awards (ICE Awards) are the original and premier recognition of performance excellence for the

is open to: Building Contractors, Civil Engineering Contractors, Specialist M&E Contractors, Specialist Contractors, Construction Product Suppliers and Third Level Colleges offering certain construction related courses. Commenting on the nomination, course co-ordinator Tim Segal said "The course is designed to demonstrate BIM practice to practitioners who are struggling with the early stages of BIM adoption. Participants are encouraged to bring their own personal experience from their particular field as a starting point and are given access to software for practical engagement. The nomination of this programme for an award like this is proof of the innovative approach of IT Tralee to upskilling those already in the workplace."

Brid McElligott, Vice President for Research, Development & External Engagement and Head of Life Long Learning at IT Tralee said "Our Lifelong Learning programme offering



the innovative approach IT Tralee staff and their industry colleagues take when evaluating the skills needs for the region. Programmes like the Certificate in Building Information Modelling with Revit utilise online technology to ensure that no matter the hours you work, you will always have the opportunity to upskill and progress in your chosen field. Congratulations to the School of STEM and Tim Segal for their leadership in this area." The Irish Construction Excellence Awards take place on Saturday 28th of March in the Convention Centre Dublin.

If you're interested in studying part time, IT Tralee's lifelong learning prospectus can be found here: http://www.ittralee.ie/en/InformationFor/ FutureStudents/Part-TimeStudy/ You *could* call 20 different companies to try and find cheaper car insurance...



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GROW YOUR BUSINESS HERE - WITH US!

This week the Killarney Outlook looks at KERRY REVEAL 2012 and ESB APPRENTICES and KILLARNEY CREDIT UNION



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KERRY BUSINESS RATES TO BE REVALUATED

All businesses in Kerry are to have their Business Rates revaluated with the new rates coming into being in 2021. On 4th November 2019 the Commissioner of Valuation, John O'Sullivan, signed a Valuation Order for the rating authority areas of Clare, Donegal, Galway, Kerry and Mayo County Councils and Galway City Council. To find out more about the revaluation process visit: https://www. valoff.ie/en/revaluation/reval-2021/

revaluation process the Kerry Chambers - Killarney, Tralee, Castleisland, Listowel, Killorglin, Milltown, Dingle and Kenmare have come together with the IHF to facilitate two information sessions. The Head of Valuations for Ireland and the Commissioner of Rates, will present the business rates revaluation process, followed by questions and answers at each session. A daytime session will be held in Killarney and the evening session will be held in Castleisland. These information sessions are

.

open to all businesses the Kerry Chambers have advised all their members to attend but booking is essential.

DAYTIME SESSION 1: The International Hotel, Killarney at 2pm on February 27th 2020 - BOOK HERE: https://www.eventbrite. ie/e/93272932853

EVENING SESSION 2: The River Island Hotel, Castleisland at 7pm on February 27th 2020 - BOOK HERE: https://www.eventbrite.

In order to inform all businesses of the

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ESB Apprenticeship Programme seeking new recruits

ESB is seeking more than 60 new electrical apprentices to join its prestigious ESB Networks Apprenticeship Programme.

The four-year paid programme combines college-based learning and hands-onexperience within the organisation. Upon completion, the apprentices obtain QQI Advanced Level 6 Electrical Trade Certificate which is recognised internationally.

Applications will be accepted online from today, Friday 7th February and will remain open until Friday 13th March. All applicants must be aged 16 or over on or before the 1st June 2020 and can apply using their Junior Certificate, Leaving Certificate or Leaving Certificate Applied certification. Speaking about the announcement, ESB Chief Executive Pat O'Doherty said: "It is an exciting time to join our organisation as an apprentice, as we work together on the challenges and opportunities driven by Ireland's transition to a clean energy future. Our apprentices play a key role in ensuring we continue to develop one of the most progressive networks in the world while addressing the needs of our economy and customers. I look forward to welcoming our new team members later in the year."

MrO'Doherty, who also chairs the Government's Apprenticeship Council, adds: "As exemplified by the success of our own programme and across other industries, the level of interest and uptake in apprenticeships is encouraging. For employers, the apprenticeship programme provides a great opportunity to build workforce capabilities while giving apprentices the highquality skills and competencies to succeed."

Megan O'Kelly, a second-year apprentice on the ESB programme, gives an insight into her experience. "Having previously worked in another industry, I learned how valuable a trade skill is for today's workforce. The apprenticeship programme is a great opportunity to get on-the-job experience and a great qualification. Every day is different, and you learn so many new things with great support and encouragement from the wider team and mentors."

Credit Union Current Account Open Day

All credit union members in the locality are invited to call into any of the Killarney Credit Union branches in Killarney, Kenmare and Cahersiveen next Thursday 27th, Friday 28th and Saturday 29th to meet staff and find out about their new current account service available from the credit union.

Helen Courtney Power, Business Development Manager with Killarney Credit Union said "We are inviting members of the public to call in and find out about our new current account service. We launched last October and to date we have seen great interest; however, we are finding that people have a lot of questions as changing accounts is a big deal for people and we want to help people with this".

Credit Union Current Accounts offer the same level of functionality that people currently



know with their banks such as online banking, mobile app, direct debit, salary payments and debit cards.

The monthly fees are low and concessions are available for students and older members. Helen added " In the end, you are supporting a

local community based organisation who have the best interests of its members at heart. The credit union is the most trusted brand for the past 5 years among all the financial services companies in Ireland. Also, you have a chance of winning €250.00 for opening a current account until the end of February, what's not to like!

Members are invited to call in next Thursday to Saturday and staff will be on hand to help with any queries that they have.

Members are advised to bring in 2 forms of ID (passport/drivers license) and address ID (recent bill/government letter) to open an account. Read more here www.killarneycu.ie/ current-account.



MONEY MATTERS..

By Dermot Cronin, Financial Advisor



WHY DO YOU NEED LIFE COVER? TO PROTECT YOUR FAMILY AND LOVED ONES

If your loved ones depend on your financial support for their livelihood, then life insurance is a must, because it replaces your income when you die. This is especially important for parents of young children or adults who would find it difficult to sustain their standard of living if they no longer had access to the income provide by their partner. You can also apply to add other benefits to your life cover including serious illness cover.

TO PAY OFF YOUR MORTGAGE, DEBTS AND OTHER EXPENSES

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TO BRING PEACE OF MIND & LEAVE AN INHERITANCE

We can't know when we'll pass away. It could be today, tomorrow or 50 years from now, but it will happen eventually. No amount of money could ever replace a person. But more than anything, life insurance can help provide protection for the uncertainties in life. Even if you don't have any other assets to pass to your heirs, you can create an inheritance by buying a life insurance policy and naming them as beneficiaries. Without a doubt, having life insurance coverage will bring you and your family peace of mind. You should also consider income protection and serious illness cover when considering life cover.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@gmail.com

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KILLARNEY WELCOMES 10,000 for the All Ireland Dancing Championships

From the four corners of the globe, 3,000 competitors and 7,000 spectators have descended on the Gleneagle INEC Arena, Killarney this week for Oireachtas Rince na hÉireann, All-Ireland Irish Dancing Championships 2020.

The week long Irish Dancing event which commenced on Sunday, February 16 and runs until Saturday, February 22, is organised by An Coimisiún Le Rincí Gaelacha and is estimated to be worth between \in 5m and \in 7m to the local economy. The event, which was established in 1932, is the longest running major competition in the Irish dance calendar and is the oldest event of its kind in the world. Such is the popularity and status of the Championships that the majority of the competitors in attendance are actually from outside the island of Ireland.

Blending culture and tradition with contemporary choreography and aesthetic athletic prowess, the Championships will attract dancers from around the world to compete for Irish dancing's oldest title. Dancers ranging in age from nine years to senior will compete in solo and team competitions.

This year, Oireachtas Rince na hÉireann is an International Qualifying event offering dancers from every region the opportunity to qualify for Oireachtas Rince na Cruinne, the World Irish Dancing Championships, which will be held in Dublin in April 2020. Qualifying for and competing at the World Championships is something that every dancer aspires to as it inspires them to be among the best dancers in the world.



A dream come through for Caoimhe O'Halloran at All Irelands 2020. She has had her heart set on winning a Major for some times and on occasions come so close but been unlucky on the day. However on home turf she was determined that the All Ireland's could be hers this year. Not only did she take the All Ireland title but she also nailed her 2 solos in both hornpipe and reel. Not an easy task getting 3 All Ireland Gold Medals in the one day but for this determined young lady, it was only the beginning of a fabulous week for the Aine Murphy Dance Academy.



Doireann Foley Hegarty Irish Dance Academy World Qualifier 11-12 qualifying for the 50th World Championships in Dublin at Easter.

Leap into your Library for **Open day**



The only thing you absolutely have to know is the location of the library and with this in mind Killarney library are hosting an open day on Saturday, February 29th.

Libraries are open most days of course but on Saturday 29th a special invitation is being issued to everyone in the country to leap into their local library and see everything that's on offer. A number of activities will take place in Killarney Library on Saturday 29th. The children's activities include story-time at 10.30am followed by a guided tour in the form of a treasure hunt at 11am. At 3pm, there will be a guided tour of the library for adults. The final activity taking place at Killarney Library on 29th February is an autism workshop facilitated by Dr. Susan Crawford. This is an adult event and requires prior booking due to the limited spaces. If it's been a while since you've been in your local library, you might be surprised at what you can find there! Libraries are open community spaces with lots going on for everyone of all ages and interests. Come along to your local library on the Open Day to get a taste of the clubs, classes, exhibitions, activities and more on offer at your library. As well as that, our library staff will be on hand to show you how your library membership allows you to borrow from 12 million items; choose from more box set options than Netflix, get eBooks, audiobooks, eMagazines and eNewspapers free and straight to your device, or try free online learning and language classes. Membership is free upon producing a proof of address and photo ID. So, if it's been a while since you've visited your library or even if you're a regular user, please come and Take a Closer Look at what's on offer on Saturday 29th February!

#TakeACloserLook is the social media hashtag for the Open Day.

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OUTLOOK PROPERTY





Michael Sheahan & Sons Ltd have just three houses remaining in this prestigious development superbly located just off countess road adjoining Killarney town centre, National Park and all amenities. These "A" rated executive style superior detached houses are finished to an exceptional standard are the ideal choice of family, retirement or investment property set in the centre of Killarney town.

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THROUGH THE KEYHOLE...

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

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REEN'S OPEN ORDER BOOKS FOR ALL-NEW 2008 SUV RANGE

Reen's Peugeot Dealership Rathmore has opened order books for the all-new PEUGEOT 2008 SUV with pricing announced for diesel and petrol models; diesel units have now arrived in Dealership forecourts this February, with petrol powertrains due in March. Retailing from €23,900, plus delivery related charges for the Active 1.2 PureTech petrol 100bhp model and from €25,900 plus delivery for the Active 1.5 BlueHDi 100bhp model, the full electric e-2008 SUV pricing will be announced closer to launch, this April. Sporting a striking, robust front face and strong lighting signature, the new PEUGEOT 2008 SUV is longer and wider than its predecessor model. Measuring 4.3m long, 1.77m wide and 1.55m high, the all-new PEUGEOT 2008 SUV holds a maximum capacity of 1,467 litres in the boot, even with an electric battery in place; the battery is positioned under the floor of the all-new e-2008 SUV, so there's no compromise to space.

Standard specification across the range, from Active trim, includes 16" alloy

wheels, air conditioning, 6 airbags, ESP with Hill Start Assist, rear parking sensors with rear view camera, eco LED headlights, front fog lamps, rear full LED 3D claw-effect lights, Programmable Cruise Control and Speed Limiter, Speed Limit Recognition and Recommendation, Extended Traffic Sign Recognition, automatic headlights and wipers, two ISOFIX child seat fittings and child locking on rear doors. Customers will also benefit from the PEUGEOT i-Cockpit®, featuring a compact multi-function steering wheel, heads up instrument panel and touchscreen, while Bluetooth, Mirror Screen® with Apple CarPlay[™] and Android Auto is also standard across all versions. First launched in 2013, PEUGEOT has sold more than one million units of its starselling 2008 SUV. With the new-generation model, PEUGEOT aims to remain a leader of the SUV market in Europe. For more details contact Reen's Rathmore on 064-7758150



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IN STOCK!

EXCITING TIMES AT PONY TALES

Pony Tales Stables in Faha are currently in the process of setting up the first special Olympics Equestrian Club in Kerry: 'PT Special Olympics Equestrian Club (Kerry)'.

The Riding School and Livery Yard offers riding lessons, tuition and equestrian activities for all ages and also offer therapeutic horse riding lessons.

"At Pony Tales Stables, we believe and have always believed that everybody should be given the opportunity to learn to ride a horse and we have several children and adults who already take part in our therapeutic horse riding lessons", Sheila Griffin from Pony Tales told the Killarney Outlook.

In 2016 Pony Tales Stables were runners up for the CARA National Inclusion awards, which recognises organisations and people who contribute to enhancing participation opportunities for people with disabilities in Sport and Physical Activity. Some riders who are challenged by a disability feel that they are unable to participate in equine activities. "Our goal is to help these riders understand that their disability is a challenge and not a limitation of life's activities, in a fun, encouraging environment", Sheila said.

"We have recently decided to set up this special Olympics club in the hope that it will give some of our riders who have additional needs a goal to work towards in their riding lessons and the opportunity to become a member of a team with a common interest. In the words of Special Olympics Ireland themselves:



"Special Olympics Ireland is first and foremost a sports organisation for people with an intellectual disability, but it provides athletes with far more than the physical benefits of sport. It's about fun, friendships and team spirit; it's about a feeling of belonging, and ultimately improving quality of life. Special Olympics changes lives in so many different ways. Special Olympics enables them to achieve and win not only in sport but in life too", Sheila added.

Pony Tales are currently recruiting athletes to become members of our club and hope to have the club set up in the coming months. To enquire about becoming a member of our new club or for any further information, please feel free to give Sheila a call on +353 85 8244183 or email us at ponytalesstables@gmail.com.





SECOND QUIZ PLANNED FOR THE FLEADH



Preparations continue in Milltown for the County Fleadh, taking place in the mid-Kerry town in June. All are invited to The Plough Bar in Milltown for a quiz on Friday, February 28th at 8:30. PRO Chris Horan said that Fleadh quizzes are known to be a great night out. "It will be great fun, with novelty rounds and great spot prizes, and we always provide something different, so save the date." Chairman Vincent Prendergast reminds us to keep June 17th to 21st in mind for some fantastic free entertainment for all ages. "We are planning a program of free family entertainment for the weekend, and intend to spend over €12,000 on top international traditional acts as well as locally based talent. We want to celebrate our traditions in a way that's accessible to everyone." The committee will be announcing their headline acts for this festival of trad in Milltown in the coming weeks.

Fleadh quiz winners in Faha Court Bar, from left: Turlough O'Brien,with winners Kate Landers, Liz Williams and Andrew Pigott, with Louise O'Shea, and back, Fleadh 2020 Chairman Vincent Prendergast with winning team member Adrian Williams.



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Leaving Cert subject choice is the first step to college

Sprograms at senior cycle. The majority tudents study one of three Leaving Cert prefer the traditional Leaving Cert (LC). The Leaving Certificate Vocational Program (LCVP) is similar to the traditional Leaving Cert, except that students also take three Link Modules (Enterprise Education, Preparation for Work and Work Experience). The Leaving Certificate Applied (LCA) is strongly vocational. The subject areas are more practical than academic. Subject selection for Leaving Cert is very important because the subjects you choose will influence your further study and career. Give this process serious consideration and decide what senior cycle subjects suit you best. Leaving Cert students usually take seven subjects. Mathematics, Irish and English are compulsory. It's advisable to study a modern language, which some third level courses have as an entry requirement.

Our task is to select three optional subjects four if not taking a third language. Make sure that your subjects fulfil the entry requirements for your courses of interest. Many colleges also impose additional subject requirements which are course specific. It's also worth knowing that a number of third level courses use criteria of selection, such as art portfolio, interview, audition and suitability test, in addition to Leaving Cert exam points.

Six subjects are used from any one sitting of the Leaving Cert exam to calculate total points' score. The potential maximum points' score in the Leaving Cert points' scale is 600 or 625 if Higher Level Maths is one of the six subjects counted as 25 bonus points are awarded for Higher Level Maths for H6 or above.

Students studying the LCVP may include the points awarded for the Link Modules as one of the six subjects used for calculating points - 66 points for a Distinction (80% to 100%), 46 points for a Merit (65% to < 80%) and 28 points for a Pass (50% to < 65%).

Keep the following criteria of subject selection in mind when making your choice. Firstly, if you have a flair for a particular subject, you will get tremendous personal satisfaction from studying that subject.

Secondly, note the subjects in which you are achieving good grades. The Leaving Cert exam is a test of achievement. Grades and points determine entry to higher education. Points' potential at higher (H) level is far greater than at ordinary (O) level. For example, H3 is worth 77 points while O3 is worth only 37 points. Study as many of your subjects at higher level as you can handle.

Thirdly, select subjects you are interested in because you will work harder at those. Of all the variables that determine success at school, at college and in your career, interest is the most critical. It's likely that the subjects that interest you at school will influence your college course choices in two years' time.

Fourthly, be aware of subjects that are required for any particular career interests you may have. Each college has a system of general and specific entry requirements which you must satisfy before you are considered for a place in a particular course. For example, the minimum general entry requirements for UCC are 2H5 and 4H7/O6.

The task facing you, therefore, is to select a subject grouping that will satisfy the four criteria of Flair (aptitude), Achievement, Interest and Required. It may help you to remember that you need to make a FAIR choice of subjects. Study the information carefully, give careful consideration to your subject choice, think about your course options and

the related careers.

In the end choose wisely as this is the first step on your path to college.

Next week: Why Higher Education is rushing towards elitism!

Checklist

✓ Senior cycle students take the LC, LCVP or LCA

✓ LCVP students also take three Link Modules ✓ Subject selection at senior cycle is an

extremely important issue

Leaving Cert students normally take seven subjects

Mathematics, Irish and English are compulsory subjects

Points' potential at higher level is far greater than at ordinary level

✓ Each college has a system of general and specific entry requirements

✓ When calculating points, use six subjects from one sitting of the Leaving Cert exam

✓ You will get satisfaction from studying a subject for which you have a flair

Take note of the subjects in which you are achieving good grades

✓ Select subjects in which you are interested

Be aware of subjects that are required for your course interests

✓ Make a FAIR choice of subjects - Flair, Achievement, Interest, Required

✓ Politics &Society, Computer Science and Physical Education are new LC subjects

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 0879808979



Bottom Katie McCarthy Saoirse O'Brien Emma McCarthy.. Aoife O'Donoghue and Aine Devlin



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Employment | Progression | Apprenticeship





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MONAVALLEY CAMPUS 2 March - 5 March: 9.00am-4.00pm 6 March: 9.00am-12.00pm CLASH ROAD CAMPUS 3 March & 5 March, 9.00am-4.00pm LISTOWEL CAMPUS 4 March: 9.00am-12.00pm

OPEN DAYS MONAVALLEY CAMPUS, TRALEE

Monday 2 March to Thursday 5 March, 9.00am-4.00pm | Friday 6 March, 9.00am -12.00pm Our Monavalley Campus in Tralee is open all week for school tours and walk-in visits. It's your chance to see our array of workshops, technical training areas, meet our expert instructors and explore your career options in apprenticeship and skills based courses for employment.

OPEN DAYS CLASH ROAD CAMPUS, TRALEE Tuesday 3 March & Thursday 5 March | 9.00am-4.00pm

Drop in, meet our team, and see our range of courses for third level progression and employment. Prize Draws, Student Hang out Area, Animal Road Show, Concert, Science Lab Experiments, Software Development & Gaming activities, Sports Massages and a range of interactive demos and activities. We will have live music, DJ, ice cream and candyfloss too!

OPEN DAY LISTOWEL CAMPUS

Wednesday 4 March | 1.00pm-7.00pm

Come visit us, meet our team and see our range of employment and progression focused courses. Chat with Adult Guidance/KAGIS, IT Tralee, DEASP, Credit Union, Citizens Information, MABS, BOI/AIB/TSB, Jobs Club, Grants Information/SUSI will also be in attendance.

BUILD YOUR OWN PC WORKSHOP

Monavalley Campus | Tuesday, 3 March | 10.00am-12.00noon

Mentored workshop. 12 places available. First come, first served. Open to Senior Cycle Students only. Max of 2 per school. Students must be recommended by a teacher from your school via email: openweek@kerrycollege.ie

APPRENTICESHIP INFORMATION EVENING

Monavalley Campus | Wednesday, 4 March | 4.00pm-8.00pm

Fohntech, KME, Listal, Liebherr, O'Carroll Engineering, OPW, Southwest Engineering, TLI Group, Total Plastic Solutions, Cyril Wharton Agri Mechanic, Kerry Motor Works, Sligo Training Centre (Butchery Apprenticeship), Cork College of Commerce (Auctioneering Apprenticeship), Monaghan Institute (OEM Technician Apprenticeship).

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Courses are offered subject to demand. Limited places available on certain courses.



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WEDDING GUIDE 2020



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CELEBRATING 20 YEARS IN BUSINESS!

F inesse Bridal Wear was the brain child of sisters Mags & Liz Horgan from Listowel. They opened their boutique in January 2000 & are now celebrating their 20th year in business making them the longest established bridal boutique in Munster.

When asked what they attribute their success to the answer was simple, Customer Service! They both pride themselves on the service they give each and every bride that visits their store. Therefore it is no surprise they have brides travelling from near and far to avail of the experience that is Finesse.

They cater for all tastes & sizes carrying gowns from size 6 to 26 in store. With 20 years experience behind them you will be guaranteed to receive the expert knowledge they have on hand to give you the perfect bridal experience. If you are looking for a wedding gown be sure to call to Finesse where you will receive a very warm welcome from Mags and Liz.

Mags & Liz Horgan of Finesse Bridal Wear Listowel celebrating their 20th Anniversary in business.



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WEDDING V GUIDE 2020



Wedding Gelebration Special

This Winter and Spring 2021 we have a selection of dates with an amazing celebration package. With prices from only €75.00 per guest, you will receive a selection of wonderful additions to give you the day of your dreams. With each wedding package booked on selected dates from October 2020 to April 2021 you will also receive all of these additional extras:

> A choice of mulled wine or warm spiced cider on arrival Half bottle of San Elias wine per person during the meal Prosecco toast prior to your speeches for all of your guests 6 complimentary guest rooms on the night of your wedding Personal Make up application for the bride on the morning after your wedding

T&C's apply - Min of 100 guests, excludes bank holidays, Christmas week, New Year and Easter. Applies to new bookings only.



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It was amazing!! Everyone was looked after well at the wedding and that was all thanks to the amazing staff at the Heights. I'd recommend to any couple to go and consider the Heights Hotel because it was just too amazing there... Sarah & David 2019

The Heights Hotel, Cork Road, Killarney T:064 6631158 E: natalie@killarneyheights.ie Photo Credits: Black Diamond Photography, Michael O'Sullivan Photography, Janusz T Photography

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ingle is a destination famed for its spectacular scenery and the Dingle Skellig Hotel enjoys a location which makes J the most of this amazing landscape. Their Skellig Suite overlooks Dingle Bay and caters for up to 270 guests with options available for civil and humanist celebrations also.

Their Wedding Celebration package offers amazing value and includes a selection of extras including a choice of mulled wine or spiced cider on arrival, a half bottle of wine per person during the meal, prosecco toast prior to your speeches, complimentary rooms and make up for the bride the day after your wedding. With packages priced from €75.00 per guest,

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THE LODGE" AT BALLYGARRY HOUSE for the next generation Wedding destination

B allygarry House Hotel and Spa is adding to its fabulous wedding offerings with the addition of "The Lodge at Ballygarry" – a rustic inspired onsite ceremony venue which is due to launch in the Summer 2020. The Lodge is perfect ceremony at Ballygarry. The venue ensures celebration. The Lodge will feature a simplistic & rustic standalone building highlighting the backdrop of the Kerry Mountains with a large gable window behind the Altar and a loft conversion for Musicians overlooking the main

on TripAdvisor & run by the same family for over 60 years, Ballygarry House Hotel and Spa has perfected weddings delivered with both hands on experience and warmth. In 2020 the arrival of "The Lodge at Ballygarry" will combine their long-standing hospitality experience with a

Ballygarry House Hotel and Spa combines : progressive approach for onsite ceremonies to create the perfect Wedding destination venue.

> A stylish and relaxing country estate, Ballygarry House Hotel and Spa, is situated within six acres of mature gardens with picturesque mountain views providing the perfect backdrop for an unforgettable destination wedding. Offering the complete package for newlyweds and their guests, visitors are treated to a variety of through the grounds, and a tranquil experience House Hotel and Spa.

> As an award-winning venue, Ballygarry House Hotel delivers the complete package House Hotel delivers the complete package and experience when it comes to weddings, offering superb food, excellent service and world class standards. Its idyllic location paired with an exceptional team who really embody the warmth and personality of Ballygarry House have earned the hotel an outstanding reputation in the wedding market.



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WEDDING ⁽²⁾ GUIDE 2020



To book a wedding consultation, contact Madeleine Doyle at 066 7199100 or email mdoyle@therosehotel.com

The Rose Hotel, Dan Spring Road, Tralee, Co. Kerry, V92 HKA4.



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Ivan Tangney & Sinead Leen pictured on their Wedding Day. PHOTOGRAPH: MARIE CARROLL O'SULLIVAN



WEDDING \(\colored GUIDE 2020\)





TORC TRAVEL Killarney, Co. Kerry Telephone: 064 6632911 Email: travel@torctravel.ie



Honeymoon Hints and Tips

Start Planning Early

This will help avoid disappointment and to help secure better airfare and noom allocations. At Torc Travel, we know which times of the year are the busiest for each location. We can help make sure that your dream honeymoon is being planned with sufficient time to ensure you get the best experience! It also ticks a box so you can concentrate on other wedding plans.

Set a Budget Ahead of Time

As the wedding planning progresses and gets more and more costly it is very tempting to take from your honeymoon budget to put towards something else. But think about it, your honeymoon is going to be the first trip that you will take as a married couple and after all of the wedding planning you are not only going to want but deserve a dream honeymoon! We can help to show you what options are available for your budget and how to get the best value for it.

Work Together

While dividing and conquering might come in handy for certain aspects of planning your wedding but honeymoon planning should be a joint effort in order to ensure both of your desires are met. You might like the idea of refaxing on a beach for 10 days but your spouse-to-be might have other plans. Make sure you both get a clean idea of what you want to take away from your honeymoon.

Be Specific About Your Wants

It's easy to say you want an "exotic destination" but everyone's definition is different. Make sure you both are on the same page about what type of honeymoon you envision yourselves going on. We can help you nervow down your options to find the perfect fit for you!

Make Your Honeymoon Uniquely Yours

We get it, wedding planning can be stressful! You hear your friends talk about what a great time they had on their honeymoon, it's very tempting to simply copy and paste theirs. It's okay to get advice from friends and family, but keep in mind this is your big-trip. At Torc Travel, we will take the stress out of the planning and still ensure that this is uniquely tailored to you.

Don't Only Use Online Research

Google is a great place to start when beginning the honeymoon planning process, but don't limit yourself to a search engine. Clicking Google images can bring up pictures that might not match the reality of a certain destination. Talking to friends, family members who have been there and of course, us at Torc Travel will help to paint a realistic picture of the destinations you are looking for.

Use a Travel Agent

You have a wedding planner at your venue to help with your big day, why wouldn't you bring on a honeymoon expert to help with your big trip? At Torc Travel, we can give you extra information and take away 90% of the workload! We help to ensure that your honeymoon runs flawlessly from the beginning of the planning process and we don't corsider our job to be finished until you land back home. We make sure it is perfectly suited to fit your needs and we do all of the organizing, all you'll need to do is enjoy!

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28TH FEB 2020 Kevin Burke & The Bonnymen Plus Kirill and Michael Healy.

FRIDAY 28TH FEB

5pm Weekend Welcome Céilí

Kevin Burke & The Bonnymen

Plus Kirill and Michael Healy.

FREE 8pm - 10pm Music Session

with Mike Kelliher, Séan Kelliher and Friends.

10pm Céilí with Shandrum Céilí Band

FREE 10pm - 12am Music Session

with Ger Culhane, Connie Moynihan and

Seán Murphy, Tim O'Shea, Andrew McNamara,

Orlaith and Brogan McAuliffe and many more.

with The Kingdom Céilí Band.

9pm CONCERT WITH

Denis O'Connor.

FREE Late Night Session

with Festival Club House Band

TICKETS FROM 626

29TH FEB 2020 Donai Lunny, Andy Irvine & Triona and Malghread ni Dhomhnall

FREE 11am - 1pm Session with Tim Hickey and Friends.

FREE 12.45pm - 2pm Lunchtime Session with Caoimhe & Éimhear Flannery.

FREE 7pm - 8pm CD Launch 'They didn't come home until morning' Áine and Francis O'Connor.

FREE 7.30pm Traditional Singers Concert with musicians from Cork and Kerry with Marian & Kathleen McCann, Liam Randles, Pat Sullivan, Róisín Ryan, Jim Walsh, Christy Cronin, Tom McKenna, Richie Fitzgerald and Gerry Kelliher.

FREE 7pm - 9pm Session with Mike Kelliher & Seán Kelliher and Friends.

FREE 9pm - Late Session with Tim Hickey and Friends.

9pm CONCERT WITH Mairead and Triona Ni Dhomhnaill, Andy Irvine & Donal Lunny, Jackie Daly, Matt Cranitch & Paul De Grae, Caoimhe and Éimear Flannery.

10pm Céilí with Striolán Céilí Band

FREE Late Night Session

with the Festival Club House Band: Seán Murphy, Tim O'Shea, Andrew McNamara, Eileen O'Brien Derek Hickey, Orlaith and Brogan McAuliffe and many more.



1ST MARCH 2020 BACK WEST Plus Special Guests



THE SPEKS - ICHILDRENS SHOWT

SUNDAY 1ST MARCH

11am - 1pm Advanced Set Dancing Workshop with Pádraig and Róisín McEneaney.

FREE 12pm The Scattering Singing Session with Richie Fitzgerald, Jim Walsh & guest singers.

FREE 12.30pm - 2.30pm Lunchtime Session with Mike Brosnan, Tim Kerins, Mary Conroy, John Brosnan and many more.

FREE 2pm Fiddle Recital with kevin Burke, Matt Cranitch, Aine & Connie O'Connell, Caoimhe Flanney, Cian O'Sullivan and Connie Moynihan.

2pm The Speks (Childrens Show)

FREE 3.30pm - 5.30pm Late Afternoon Session with Gearóid Dineen, Eileen O'Brien and Andrew McNamara,

8.30pm SUNDAY NIGHT CONCERT WITH Back West - Plus Guests Méabh Ní Bheaglaoich & Matt Griffin.

SATURDAY 29TH FEB

& Workshops / Ceardlanna Ceoil

Fiddle: Kevin Burke Accordion: Derek Hickey

10am - 1pm | 2pm - 4,30pm Advanced Set Dancing Workshops with Pádraig and Róisín McEneaney.

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- a brighter, smoother complexion.

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Sothys (PARIS) Cosmeceutical Facials.

Sothys Intensive Youth Facial Ant-ageing and hydrating Buy 4 for €340. Get 5th FREE.

Sothys Glycolic Peel

Refreshes dull skin. Buy 5 for €300. Get 6th FREE

Sothys Hydra 3HA FACIAL

Hydrating, nourishing for dry sensitive skin Buy 4 for €300. Get 5th FREE.

NEW - MEN'S CLASSIC FACIAL

Deep Cleanse. Anti-Ageing. Hydrating. Buy 3 for €240. Get 4th FREE.

BUY 1 GET 1 FREE

Luxury OPI Paraffin Manicure + polish	€40
Spray Tan Full Body	€35
Million Dollar Brows	€28
Full Body Massage	€65
Back Massage	€35
Hot Stone Massage Full Body	€85
Indian Head Massage	€45
Ear Candling with Indian Head Massage	€60

Terms & conditions apply.All of the Sale Offers to be used by end of January 2021. All sale purchases non refundable & nontransferable. All offers to be paid in full before commencement. Fitness Expert Edele Dalyguides you



TIPS TO HELP YOU STAY MOTIVATED

EMOTIONAL EATING EATING & HOW IT EFFECTS US

This is a topic that is very close to my heart. As a fitness professional I have possibly tried every diet or plan on the planet. Succeeded in some and flopped in others. I learned that the plans that made you look the best physically weren't always the best mentally and as a woman I needed to find something that I could live with, be happy, live my life to the fullest but feel amazing from the inside out.

One thing I realised on this journey of highs and lows with food is that it all boils down to emotions, how we feel and what's going on in the head. If we can identify, balance & manage our emotions thoughts and feelings then the healthy attitude to food will come and then it's not a battle it's an enjoyable experience that is sustainable for life!

We don't always eat just to satisfy physical hunger. Many of us also turn to food for comfort, stress relief, or to reward ourselves.

B WELL FITNESS CLUB: 087-7643449 www.fitnesswithedele.com

Re-inventing yourself at 40, 50 and beyond!

By the age of 40, most people experience at least one, or even all, of the following: a long term relationship breakdown, changing family dynamics, possibly the loss of a loved one, and some kind of financial challenge such as debt or loss of income, and the desire to change career or business and move into something much more emotionally rewarding.

Life is constantly calling us to adapt, learn, let go and move on with a new understanding and renewed energy. Essentially, we need to be able to re-invent ourselves and the way we approach our life.

Top Coaching tip for re-inventing yourself at any age!

Stop fighting with life! Being able to adapt to the environment or circumstance you are in is key for growth at any stage of our lives. To do this, we need to recognize when we are fighting with life. It is normal to push against what we don't want or find uncomfortable. However, when we stay in this state, we can't find the solutions we need to be able to move through it and on. We can't change what happens, however we can choose our response to what happens and this is where our greatest ability to thrive lies.

If you would like a new career as a Body Confidence & Wellbeing coach please visit my website at www.instituteforbodyconfidencecoaching.com Applications are now open for April training.



Astrid Longhurst

Life & Body Confidence Coach T: 066 9766374 🛐 E: life_coachingunlimited @yahoo.ie



THIRSTY SKIN SOS

Cindy Walsh takes a look at all things beauty!

Your skin SOS starts here!! If like me, your skin is feeling parched and weather beaten, thank you storm Ciara, you will need some pretty urgent TLC. And one tip that I have learned down through the years and ALWAYS works, is combining some SOS skincare products. Facial oils and masks work exceptionally well here.

As a Clarins lover, I always use the Blue Orchid oil and Hydra mask. After you have exfoliate, squeeze a little hydrating or nourishing mask in to the palm of your hand and add in a few drops of your go to face oil. Mix together, to warm the products and smooth all over your face and neck, and leave on the skin overnight.

Repeat this process every night for 5 nights, no need to apply moisturizer and by the end of the 5 days your skin will be silky smooth. The blue orchid oil costs €42 and will last you about 8 months using it this way, just combine with any hydrating or nourishing face mask as alot of the less expensive brands are just as good.

Cindy x



Pictured at The Rose Hotel, Tralee, Susan Carey of Kerry MS who announced details of the forthcoming Kerry Multiple Sclerosis event which will take place on the 29th Feb 2020. Pictured with Susan at the announcement are Dr Ailis Brosnan, Daniel Griffin (Asst Food and Beverage Manager Rose Hotel) and Jillian O'Sullivan. PHOTO JOE HANLEY



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POSITIVE VIBES POSITIVE LIFE



YOUR LOCAL INDEPENDENT OPTICIANS

BY OPTOMETRIST DIARMUID O'SULLIVAN F.A.O.I. STACK O'BRIEN OPTICIANS

HOW DO I KNOW IF MY CHILD HAS AN **EYE PROBLEM?**

Some eye conditions do not display any signs or symptoms, so the only way to know for sure is to take your child for a sight test. Signs which may show there is a problem with a child's sight include:

- an eye appearing to drift inwards or outwards;
- difficulty concentrating;
- headaches;
- sitting too close to the television;
- rubbing their eyes a lot.

The condition 'lazy eye' can run in the family, so if someone in your family has either an eye turn ('squint') or suffers from reduced vision in one or both eyes('amblyopia'), it's a good idea to take any related children for a sight test.

What is vision screening?

Some children have their vision screened at school – this is usually a basic test, designed to pick up children who have reduced vision in one or both eyes. If a problem is suspected, children will usually be referred for a full sight test.

What is a sight test?

A sight test is a comprehensive check which can pick up many

conditions, including colour vision defects, problems with the development of 3D vision and any need for glasses. Taking children for sight tests from an early age helps to build good eye health habits into adulthood.

What can I do if I don't want my child to wear glasses?

Some parents avoid taking their children for a sight test, because they do not want them to wear glasses It's important to understand that some children do need visual correction so their vision can develop normally and to achieve their full potential. The good news is there is now a much wider range of attractive frames to choose from and less stigma attached to wearing glasses. Many children are also suitable for contact lenses. This is particularly helpful for children who take part in regular sports activities and they can be successfully worn from an earlier age than most parents expect.

For more information, honest advice or to make an appointment contact us on 0646636477

FOR AN APPOINTMENT CALL US AT STACK O'BRIEN OPTICIANS ON: 064 6636477





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HEARTBEAT IS ALL ABOUT MOBILITY

Deirdre Fee from Medical Mobility will talk to HeartBeat this month about the importance on maintaining mobility and keeping active. Sometimes we are unable to do this on our own and we look for aids to help us to stay as mobile as possible. Deirdre will talk about a new development called Mobility Genie which is empowering communities by displaying over 300 aids, saying what they are and showing how they work. The HeartBeat meeting is at the Serenity Centre, St. Anne's Road, Killarney on Monday February 24th at 8 pm. All are welcome to this free event.



HEALTHY CLUB OFFICER TRAINING

Kerry GAA are hosting Healthy Club Officer training which will take place on Monday 2 March in Killarney Heights Hotel from 7pm to 9.15pm and all club delegates are asked to attend. Clubs & club members with an interest in the H&W area including Exercise(eg walking groups) healthy eating, mental fitness initiatives etc to attend the workshop. All Welcome.

KMS NEWS

So it's the lash hurrah from us here in Killarney Musical Society as it's almost Showtime. The cast have had a very successful final week's rehearsals and are excited to be facing into a full run now. Production and Technical rehearsals take place this weekend and then we set up in the Gleneagle INEC Arena for our production of Joseph and the Amazing Technicolour Dreamcoat. We open on Tuesday morning next, February 25th. with a sold out Matinee performance, followed by Shows nightly on Tuesday, Wednesday and Thursday night, 25th, 26th. & 27th, Doors open nightly @ 7.30p.m., with ShowTime @ 8p.m. Tickets for all our evening performances are available for purchase at the door on the night. So after all these weeks and all those nights rehearsing learning the harmonies, learning the steps, learning the routines but most of all the laughter, the giggles, the friendships made.... the time is NOW, and we are thrilled to bring our 35th. Production by Kil-



Fr. Kieran O'Brien pictured at the Church of the Ressurection on Monday night where hundreds turned up to receive a blessing from St. Padre Pio's glove.

larney Musical Society to our audiences. Joseph and The Amazing Technicolour Dreamcoat...we can't wait. Don't miss this fantastic production, we can promise you an evening of entertainment that will leave you with that feel good factor, a pep in your step and a song in your heart, so go out and get your tickets, you won't be disappointed.

MUSIC WORKSHOP

Dr. John O' Keeffe will present a workshop of liturgical music on Tuesday, March 10th at 7:30pm in John Paul II Pastoral Centre, Killarney. John will present material from his new collection Feasts and Seasons II. The cost for the workshop is \in 5.00 per person. The Feasts and Seasons music book and CD will be available to buy on the night for \in 15. Contact Tomás Kenny on 086 3683778 or tomaskenny@dioceseofkerry.ie for more information and to book a place.

SERIES OF TALKS ON FAITH

Sunday and Thursdays at 7.30pm in the John Paul II Pastoral Centre, Rock Road. Everyone Welcome.

EVENING COURSE

A free HSE run evening course for people with Type 2 Diabetes will take place in Killarney starting on March 11th and every Wednesday evening thereafter for 4 weeks from 5.30-8pm. Ph: 064-6670763 or 087 1234035

ARDFERT RETREAT CENTRE

Ministry in the Church, Guest Speaker Bishop Bill Murphy, An evening of Reflection for all Eucharistic Ministers, Readers & Parish Personnel in the Kerry Diocese on Tues 18th of Feb 7.30pm—9.30pm .Ph; 066 7134276

KILLARNEY SOROPTIMIST CLUB

Annual Pancake & Coffee Morning, Shrove Tuesday 25th of Feb at the Killarney Avenue Hotel @ 10.30am.All proceeds to South West Counselling Centre & Kerry –Cork Health Link Bus. Tickets €15

LOG ON LEARN

St Brendan's College, TY students are looking for older people who would like to become familiar/better users of their computers, laptops, mobile phones (iPhones & Smart), iPads and tablets. They tutor during their log on learn class, on a one to one basis every Tues mornings from 9am-11am for a period of approx. 6-8wks, commencing on Tues 3rd March, (excluding Tues 17th Mar, 7th & 14th April Easter holiday weeks). If you are interested and can commit to attending each week please contact the school to get your name down for this very popular course which is Free of Charge, Tel No. 064 6631021.





DERMOT KENNEDY ADDS FINAL DATE

Having already sold-out 5 nights around Ireland this summer Dermot Kennedy has announced a third and final date in the INEC Killarney this June.

"I wanted it to represent darkness and sorrow but also hope, and that battle between them, and the way that in life you'll inevitably experience beautiful things and terrible things," says Kennedy of his debut album 'Without Fear'. "This is the only way I know how to put feelings across," he says. "Great people like Van Morrison, they did this too. So, you've got to do it." Kennedy will also appear at Ire-

land's new festival Saltwater this summer. Kennedy third show at the INEC Killarney June 1st 2020. tickets €49.90 on sale Friday 21 February at 9am from Ticketmaster and usual outlets.

CATHAL REACHES THE FINAL

Congratulations to Killarney singer/songwriter Cathal Flaherty who has made the finals of a Today FM competition to support Gavin James in the 3Arena! The finals are taking place Monday night at 8PM at the Sugar Club in Dublin.... Best of Luck Catha!!

KILLARNEY LOOKING GOOD

Following on from the Killarney Tidy Towns bluebell planting on Mission Road in October, next Saturday 29th of February will see the next community planting event. This time they will be planting snowdrops on Mission Road beginning at 9. The snowdrops planted will be in honour of Archdeacon Fr. Michael Murphy.



Following donations by Guests at The Killarney Park and The Ross Hotel, manangers Niamh O'Shea (Killarney Park) and Ciara Tracey (The Ross were delighted to hand over a cheque to Kerry Parents & Friends, on behalf of their guests to Marie Linehan (CEO - Kerry Parents & Friends

KILLARNEY LIBRARY

A talk entitled 'Teaching Interventions for children and adults with ASD' on Thurs 20th Feb at 6.30pm by Dr Susan Crawford. Free admission.

KILLARNEY MUSICAL SOCIETY - IT'S A FAMILY AFFAIR

The traditions of family taking part in Killarney Musical Society is as strong as ever and this year is no different. Pictured are (right) three generations of Spillanes together on stage at the INEC 25-27th Feb for Killarney Musical Society's Joseph and the Amazing Techicolor Dream Coat L-R Sam O'Shea, Phil Spillane, Caoimhe & Amanda Murray.

Middle: Mother & daughter Aoibha Coffey & Orlaith Monks and far right: father & daughter Derry & Eabha Healy. **PICTURE MARIE CARROLL-O'SULLIVAN**





COMPETITION TIME

Pop onto the Killarney Outlook facebook page to see who won tickets to Joseph & The Amazing Technicolour Dreamcoat

COMMUNITY FOCUS

Written by: Deirdre O'Sullivan-Darcy

SPA GAA

CORN UI MHUIRI MUNSTER FINAL

Wishing the very best of luck to St Brendan's Killarney against Tralee CBS in the Corn Ui Mhuiri Munster Schools Final this Saturday February 22nd in Fitzgerald Stadium at 2pm -special mention to our Spa members involved Thomas Cronin, Oisin Walsh, Michael Kearney, Ian O'Connell and Dr Gary Stack.

SENIOR LADIES CO LEAGUE

DIVISION 2 FIXTURES:

Rd1 March 16th: Spa v Scartaglin (home) Rd2 Sunday April 5th: Spa v Finuge St Senans (away)

Rd3 Sunday April 12th: Spa v MKL Gaels (away) Rd4 Sunday April 26th: Spa v Castleisland Desmonds (home)

Rd4 Sunday July 19th or Sunday 26th: Spa v Kilcummin (home)

UPCOMING FIXTURES:

Co Minor League Rd1 Spa v St Michael's Foilmore postponed until Saturday February 22nd. EK Senior League Rd2 Spa v Legion postponed to Friday February 21st at 8pm (in Spa).

2020 INTERMEDIATE CHAMPIONSHIP DRAW The Draws for the 2020 Club Championships (Senior, Intermediate, Junior Premier & Junior) will be broadcast live on Radio Kerry's Terrace Talk program this Monday night February 17th. SPA GAA CLUB REGISTRATION

Registration is now open for 2020 and will remain open until March 31st. Registration is available online on spagaa.com or our registrars will be in Spa on Thursday evenings from 7pm-8pm.

IRELAND LIGHTS UP WEEKLY WALKS

Everyone welcome to come join us and take part in the Operation Transformation Walks in Spa on Thursday nights – we have a 1km walking track lit up and the grounds will be open to everyone in the community (members and nonmembers) every Thursday night from 7-8pm

for any walkers that want to take part. Helpers are needed on Thursday nights for registration, stewarding etc so if anyone is available please let Michael know (0858213027).

LOTTO RESULTS 10/02/2020

Numbers drawn: 1, 2, 8, 10. No winner and €50 Lucky Dips going to Kathleen Ryan, Michael O'Connell, Margaret Gleeson O'Donoghue and Mary Mangan. Next draw will take place in Jimmy Briens and jackpot is now €11,000. Play online on spa.gaa.com or tickets available in usual outlets: Dalys Supervalu; McSweeney Arms Hotel; Clubhouse Reception; Centra Muckross Rd; Torc Hotel; Killarney Heights Hotel; Killarney Oaks Hotel; Royal Hotel; Jimmy Briens; Arbutus Hotel; Killarney Hardware **SPORTS HALL & MEETING ROOMS HIRE**

Meeting Rooms and Sports Hall available for

hire. For enquiries contact Eileen on 0876577312 (after 6pm only) or Ann on 0879403508. FIRST AID / CONCUSSION INFORMATION NIGHT

There will be a First Aid / Concussion Information Night at the Spa Clubhouse on Friday February 21st from 8pm to 9pm. Coaches, players, members and parents are invited to attend. **KERRY GAA**

Best of luck to Liam, Dara, Niall and the Kerry team & management against Meath this Sunday February 23rd at 1pm in the Fitzgerald Stadium. **ITEMS FOR NOTES**

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

GLENFLESK NEWS

LOTTO

No winner of Lotto which was held in John Dan's. Numbers drawn :4, 13, 22, 23. Prizes 1. Jeremiah Buckley Kilgarvan. 2. Seller's Prize. O'Reilly's Bar. 3. Mary Lucey Lisbaby. 4. Bridie Palmer Killaha. Next draw on 24th Feb. in Spillane's. Jackpot €4600. Thanks to the Lotto Committee and the sellers and everyone who supports our Lotto.

ST. BRENDANS FINALS

Best wishes to Glenflesk players taking part in upcoming finals with St. Brendan's this weekend. Corn ui Mhuiri: Eoin Moynihan, Josh Lyne, Emmet Finan, and Sean Moynihan (Selector). Frewen Cup : Killian o Sullivan, Cian Lynch, Stephen Moynihan, Michael Mullane.

OPERATION TRANSFORMATION

Week 6 of Glenflesk GAA's "Ireland Lights Up" in partnership with RTE's Operation Transformation takes place Thursday 13th February between 7.30pm and 8.30pm. All are welcome to join us, Please note change of time to 7.30pm.

KILLARNEY LIBRARY

Killarney Library will host a talk entitled Teaching Interventions for children and adults with ASD on Thursday 20th February at 6.30pm. The talk will be delivered by Dr. Susan Crawford, an international expert on autism.

Also, Dr. Crawford's Autism workshop on Saturday 29th February has limited spaces so prior booking is essential. Free admission to both events.



Pupils at Loughquittane NS wore red on Friday last, St Valentines day and opened their hearts for Crumlin Children's Hospital. They raised over \in 700 in this kind hearted gesture.



ia, Ailbhe and Blaithín Claffey at the Operation Transformation walk in Spa. Picture: Anne Holland

BEAUFORT NEWS

LOTTO

Lotto results of Sunday, 16th February 2020. Numbers drawn: 6,9,17,23. No jackpot winner. **CONSOLATION PRIZES** €80 Rose Ann Fogarty, Cappaganeen

FOSSA NEWS

MEMBERSHIP

Pls see online clubforce for membership, no pay no play.

ST. BRENDAN'S COLLEGE:

Best of luck to the sem against the CBS GREEN In the final of the Corn Uí Mhuirí Under 19 A especially to Emmett O'Shea, Ruairi Doyle and Harry Buckley.

LOTTO:

No Winner

5,13,22,23

5 *€40 WINNERS:

PADDY O'CONNOR, C/O KAYNE'S BAR; HILARY O'BRIEN, BARLEYMOUNT EAST; TRACEY SHEEHAN, CROHANE FOSSA; PAUDIE SWEENEY, TOMIES BEAUFORT;

PAT HARRIS, GORTREAGH FOSSA.

Next weeks jackpot €6,600.00 Draw takes place every Sunday night in the Golden Nugget **CONDOLENCES**

€50 Timmy O'Connor, Cappaganeen, Paul Cremin, Dunloe, Rhiannon and David, c/o Barbara. Next draw for a jackpot of €4,800 will be in Beaufort Bar on Sunday, 1st March.

SCOR

Scor and bPáistí and Scor Sinsear will be held shortly. Any Club member who wishes to enter, please contact Mary Jo at 086 3779702

Written by Cliona Coffey

Written by: Shane Kelly

The club would like to pass on our condolences to the O'Shea and O'Sullivan family's on the passing of Nancy may she rest in peace. **SULT NA NÓG**

Sult na nÓg will take place on Sunday 8th March at Fossa Community Centre. If you would like to volunteer to help out at this event please contact Tim or Eileen.

FOSSA /TWO MILE CCE

The Annual Fossa Rambling House date has been set for the 7th March 2020.

Adult Set Dancing classes continue on Tuesday nights at the Fossa Community Hall. 8pm Beginners & 9pm Improvers / Advanced For more information contact Tim 087 241 3116 or Eileen 087 6284053 Email:profossacce@gmail.com Facebook: **KILLARNEY LIBRARY**

Killarney Library will host a talk entitled Teaching Interventions for children and

adults with ASD on Thursday 20th February at 6.30pm. The talk will be delivered by Dr. Susan Crawford, an international expert on autism. Also, Dr. Crawford's Autism workshop on Saturday 29th February has limited spaces so prior booking is essential. Free admission to both events.

FOSSA BRIDGE CLUB

results for the week of 13th of February competition 2020

NORTH SOUTH

1.Neilus O'Regan and Ciaran Broadbery

2.John O'Shea and Therese McCarthy O'Shea 3.Phyllis O'Regan and Marie Moloney

East West

1. Ursula Daly and Mary Murray

2.Tim and Mai Corcoran

3.Kathleen Guerin and Finola Cronin

LISTRY NEWS

DEEPEST SYMPATHY: Listry GAA would like to send deepest sympathy to The Curran Family, Coolbane, Killorglin on the recent death of Mrs. Joan Curran RIP

SENIOR SCOR: If your interested in competing in Senior Scor for Listry in Group/Solo singing, Set Dancing competitions on March 8th. Please contact Amanda (087)7973303

MEMBERSHIP 2020 LISTRY GAA: Listry GAA membership is now due. You can download forms from our website www.listrygaa.ie The following is the cost to join our club. Adult member €60. Family Members €120. Senior player with gym €100. Adult with gym €160. 2 Adult with gym €200. Adult Family with gym €320. Student/Minors with gym €75. Juveniles €40 U6 Juveniles €20. Life/OAP €30.

LOTTO RESULTS: Numbers Drawn:4,9, 11 23 €100-Mgt Horgan Dennehy, Bohareen . €50 x 2- Pat Cooper, Ballyhar, Carmel O'Keeffe, Milltown.. €25 x 2 - Claire Cronin, Ballyhar, Vincent Larkin, Lahard. Draw Entrant: Kevin and Norma Courtney, Faha Next Sunday23rd February Jackpot €2,900

OPERATION TRANSFORMATION: Listry Gaa would like you to join us every Thursday night from 7-9pm in Listry GAA grounds for Light Up Ireland, Operation Transformation. All

Written by: Anne Sugrue O'Brien

welcome.

U14 GAELTACHT BLITZ: Best to of Luck to U14 Keel/Listry who will be competing in the Gaeltacht Blitz on Sunday March 1st in Gallaras. Despite warnings about storm Dennis, Jim O Shea made the journey to Nenagh stadium on last Sunday for the Munster Masters Athletics Championships. He competed in two events, winner the M75 long jump and got second in the 60 metres.

Next up is the British Indoor Championships on March 7th at the Lee Valley Stadium in North London, when he will compete in the M75 long jump and high jump.

Kelly's in Milltown celebrate as lottery win confirmed

Kerry's newest millionaire collected her winnings along with family members at National Lottery Winner's Room last week.

The ticket was bought at Kelly's Londis store in Milltown, and the lucky winner revealed that this was only the second time she had played the Daily Million game!

Speaking on her win, Kerry's newest millionaire said: "I've been playing Lotto weekly for a good few years and it was only recently I had a shot on Daily Million. This was just the second time I played and all of a sudden I'm a millionaire - It's unbelievable! I still cannot believe it and I even took a week off work to get my head around it all. I even forgot to check my ticket from the draw and happened to be out walking and saw the celebrations with the National Lottery outside Kelly's Londis the day after the draw. That prompted me to check my ticket and not wanting to attract attention I walked to another shop to scan the ticket. I never walked as fast in my life! When I found out everything up to now is a blur. It's an amazing feeling!"

As for plans for her newfound windfall, our winner will not rush into any immediate decisions and will instead make long term plans with her family in mind.



Seamus Kelly, Owner of LONDIS Supermarket, Milltown, County Kerry who sold a National Lottery €1,000,000 Daily Million ticket this week pictured celebrating with staff, Karen O'Connor, Ger Greaney, LONDIS, Alan O'Dwyer and Chloe Fitzgerald on Thursday. PHOTO: DON MACMONAGLE

COMMUNITY FOCUS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

RATHMORE | GNEEVEGUILLA NEWS

SHARE THE BUCKET

Noreen.

The Gneeveguilla Community Development Council in association with the Gneeveguilla Basketball club had our weekly draw for our share the bucket on Friday evening 14/2/2020.

The jackpot was € 202.and our

winner was Noreen Foley, Congrats

Guaranteed winner every week,go to our Facebook page to find out how and where you can play. REMEMBER if YOU are not in you can't win

https://www.facebook.com/ gneeveguilla/

Draw takes place every Friday eve @9pm on Facebook live.



Leuihan CEO of Kerry Parents & Friends Association & Hugh Ryan chairman of Kerry Parents ambassador with the keys of a Peugeot 3008 allure and wish him safe and happy motoring and Firends Association at Old woman who lived in her shoe at parton night at Rathmore from all at Reens Rathmore. community centre,



pictured is MichaelO'Mahony PRO of Marian Players Rathmore panto Group with Marie John and Tim Reen present Kerry player Sean O'Shea, Reens Peugeot Rathmore brand



The Kilcummin U11 Mixed Set who were runners up in the Munster Final an Gheimhridh in Dromcollogher last Sunday.



The Kilcummin U11 Ladies set who were runners up in the Munster Final an Gheimhridh in Dromcollogher last Sunday.



The Kilcummin U14 Mixed Set who were victorious in the Munster Final an Gheimhridh in The Kilcummin U11 Mixed Set (Jack) who were victorious in the Munster Final an Dromcollogher last Sunday



Gheimhridh in Dromcolloaher last Sunday

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KILCUMMIN NEWS

LOCAL LINK KERRY

Local Link Kerry's R8 door to door bus service, serves the following areas each Friday; Coolick, Knockeendubh, Knocklebede, Kilcummin P. O. into Killarney. If you wish to book a seat, please call 066 7147002 or email bookings@locallinkkerry.ie Free travel pass accepted.

KNITTING CIRCLE AND CHAT

Knitting Circle and Chat takes place on Thursdays from 1.30pm to 3.00pm in Ross Café, Upper Lewis Road, Killarney. For information call Yvonne on 087 3160062. All welcome.

KILLARNEY LIBRARY

Killarney Library will host Dr. Crawford's Autism workshop on Saturday 29th February, limited spaces so prior booking is essential. Free admission.

COMHALTAS

Kilcummin Comhaltas Sult na nÓg takes place on the 7th and 8th March. We are urgently looking for volunteers for both days (full or half days) -Tralee IT on the 7th, Fossa Community Centre on the 8th. Comhaltas County Board would greatly appreciate your support. Please contact 087 1191353.

VACANCIES

Vacancies presently exist on the C.E Scheme. These positions involve Community Care, maintenance of Village and a Gardener in Killarney. It is for 19.5 hours per week. This is a development opportunity and no experience is necessary as full training is provided. Contact your local Intreo Office to check your eligibility. If interested please forward your CV to the Supervisor at the RD. Office. Full details contact John 086 1579381.

ADULT SET DANCING

Adult Set dancing continues every Tuesday in Kilcummin GAA Clubhouse. Contact Mary 087 9620135 / John 086 1579381.

KILCUMMIN COMHALTAS

Huge congratulations to all the Kilcummin Set Dancers today on their success at the Munster Finals at Ceol An Gheimhridh. Big thanks to Adrian Moriarty for his continued dedication to all things "Set Dancing". Well done to one and all!!!!

KILCUMMIN GAA IRELAND LIGHTS UP

Operation Transformation at Kilcummin GAA Club on Thur nights up to February 26th. The track will be lit up from 7.00pm to 8.30pm. Please register in

Written by: John Moriarty

clubhouse before walking. All welcome. UPCOMING FIXTURES

Senior Co League Rd 1 8th March Kerins O'Rahillys V Kilcummin

MASTERGEEHA FC

Due to the bad weather over the weekend, most of our games were cancelled so not much to report this week.

MASTERGEEHA FC LOTTO

There was no winner of the Lotto on Friday 14th February 2020. Numbers drawn were 7, 11, 12, 18. Consolation prizes went to the following \in 50 Tina Lyne Healy, Evan & Aaron, Knocklebede. \in 50 Cait Cahill, Knocklebede, Kilcummin. \in 50 Tim Casey, c/o The Klub Kilcummin. \in 50 Helen & Patrick O'Sullivan, Knocknahoe. Next draw on Friday 21th February. Jackpot \in 2,800.

MASTERGEEHA FC BINGO

Our Bingo is on this coming Monday evening, February 24th at 8pm in the Kilcummin Recreational Hall. Please come and support us.

KERRY PITCH & PUTT CLUB NEWS EAST KERRY MENTAL

HEALTH ASSOCIATION

Unfortunately, the effects of 'Storm Dennis' put pay to the planned start of the Kerry Inter-Club Matchplay at the weekend. The County Board have decided to refix the competition somewhat with Castleisland now hosting the first round on Sunday as Tralee will take on Deerpark and Listowel will take on Newmarket with play getting underway at 10am.

Deerpark will now host Round 2 on Sunday March 1st with the other three venues all going back one week. Listowel will be on March 8th, Newmarket March 15th and Tralee on March 22nd now. The final will take place on Sunday March 29th now. A reminder to all clubs that the competition is a dress code event.

ROSS GOLF CLUB

FIXTURES:-On Feb 23rd the Ladies Club will be holding a mixed scramble sponsored by the Gleneagle Hotel Group.

The entry sheet is now available in the clubhouse or please be at the clubhouse at 9.30 am for a 10 am shotgun start.

SPRING LEAGUE: The entry sheet for the M D O'Shea Spring League is now available on the noticeboard. Please add your name immediately as places are limited and the draw will take place on March 1st.

OUTLOOK GOLF

DEERPARK PITCH & PUTT CLUB KERRY INTER-CLUB MATCHPLAY:

Unfortunately, the effects of 'Storm Dennis' meant we were not able to host the scheduled start of the competition last weekend. The County Board have decided to start the event now in Castleisland this Sunday and we will host the second round now on Sunday March 1st. We will play Tralee in our opening match, best wishes to all from the club taking part.

MONDAY NIGHT CARDS: Continues Monday evening in the clubhouse from 7.30pm. Membership: 2020 Membership will be due from March 1st. Prices as per 2019 rates. Contact Club Registrar Margaret B Looney for further information.



Photographed at the presentation of prizes for the recent Annual Drive - in at the Ross GC, sponsored by Fexco are Lady Captain Mary Gorman, Captain Seamus McCarthy and President Ivo O'Sullivan along with the many prizewinners on the day.

COMMUNITY FOCUS



JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

CORN UÍ MHUIRÍ FINAL PREVIEW

St. Brendans v Tralee CBS, Fitzgerald Stadium, Saturday Feb 22nd, 2.00pm

FOCUS ON ST. BRENDANS

On paper, they will go in as slight favourites. They will have home venue (though two double-headers in two days is asking a lot of the Park, I could see at least one game moved across to Lewis Rd). They have eight players who lost the final last year to Corca Dhuibhne in a replay and Garry McGrath has a management team that has one of the best records ever in colleges football. This is their fourth final in five years. Eight current players have played Kerry minor in the past two years, East Kerry are unbeaten at County Level in minor and U21 in recent years. The Sem are unbeaten all year, albeit having survived at least two narrow scrapes, and are the O'Sullivan Cup champions. They have so much strength in depth that they don't have to draw on their Frewen (U16.5) team for reserves – that's a real sign of strength. That's the good news. The problem for the Sem is that they have yet to really unleash their full potential. They have devastating forwards - the likes of Ryan O'Grady and Emmet O'Shea should need no introduction and their outfield dominance in most games ensures a good supply of ball, but somehow their scoring returns simply aren't what they should be. Granted, they have been unlucky with weather conditions in their games, but that doesn't account for their very slow start in games - they tend to need and produce strong finishing quarters. They got real frights against Sliabh Luachra and IS Killorgin on their way to winning the O'Sullivan Cup before the Corn Uí Mhuirí group stage kicked into gear. St. Brendans 1-23 Coláiste Chríost Rí 0-3

Críost Rí have one of the greatest records out there with 15 titles to their name, but changing demographics have seen them fall way down the pecking order. Frankly, this was so onesided that it was hard to watch – the final whistle was as much a relief to the Sem as anybody else. One to wipe from the memory. St. Brendans 0-13 IS Killorglin 1-6

The Sem dominated but made very hard work of their victory. Ryan O'Grady was superb with 0-9, but St. Brendans needed all of it. At 0-11 to 1-5, Killorglin had a shot ff the crossbar that could have really put the cat among the pigeons before the Sem pulled clear.



St. Brendans 1-17 Tralee CBS 2-13

Both sides had already qualified, but they produced a real humdinger in Strand Road. This was great football, both sides going all out. Mark Cooper had a great game on Tralee's danger-man and Tralee left some goal chances behind them but still led by two points with five minutes to go. Again, the Sem sprinted to the finish with the last three points of the game. Quarter-Final: St. Brendans 0-14 St. Flannans 1-10

If Flannans issued a warrant for daylight robbery, I'd suggest pleading guilty. The Clare side led by 1-8 to 0-4 at the break and it could have been worse. Granted, the Sem were under-strength and against the wind, but only one side really played in the first half. And then, yet again, the Sem turned it around completely. Astute switches mattered, but more importantly their character came to the fore and a score-line of 0-10 to 0-2 tells its own story.

Semi-Final: St. Brendans 2-12 St. Flannans 2-8 Rochestown packed their defence and got the fillip of a late own goal that saw them trail by just 1-5 to 1-2 at the break. They burst out of the lock to go in front, but the Sem reeled them in despite conceding another own goal closed it out with starring roles for Eoghan O'Sullivan and Dylan O'Callaghan.

Likely Sem team: Eoin Moynihan, Ruairi Doyle, Mark Cooper, Neil O'Shea, Tom Doyle, Terry Sparling, Evan Looney, Eoghan O'Sullivan, Michael Lenihan, Jason Kerins, Ryan O'Grady, Padraic Looney, William Shine, Dylan O'Callaghan, Emmet O'Shea. Harry Buckley, Cian O'Leary, Thomas Holohan, and Philip O'Leary will be in the mix as well.

FOCUS ON TRALEE CBS

The Sem's oldest rivals (the earliest meeting of the pair that I can find goes back to 1930, with the Sem victorious; Tralee would win four in a row from 1931-35) haven't won a Corn Uí Mhuirí since 2007. The emergence of Mercy Mounthawk and Gaelcholáiste Chiarraí in the interim is probbaly a big factor, but the Green are always dangerous. This year they look even more so. They started poorly with defeats to Mounthawk and Sliabh Luachra to end their O'Sullivan Cup hopes, but have improved in almost every game since. Their danger-man was obvious from early on - Seán Quilter was the best player on view during Austin Stacks' successful club championship campaign and has since played for the Kerry U20s and McGrath Cup, as has team-mate Conor Hayes. Quilter kicked 1-9 against IS Killorglin and stood out again during their 6-15 to 1-6 win over Críost Rí. This isn't any one man show, though, far from it. Mike Tim O'Sullivan has assembled

a well-blended team that work to each other's strengths. Devon Burns inherited Marc Kelliher's Kerry minor jersey and more than did it justice. Luke Chester is an experienced full back, while the half back line of young Armin Heinrich flanked by Eoghan Caroll and Padraig White is their main platform for victory. Joe Linehan and Conor Horan will provide a big test around the middle while Quilter and Hayes are supplemented by clever predators like Fergal O'Brien and Cian Purcell. Tralee were very unlucky to lose their last group game to the Sem, but they really made everyone sit up and take notice when they wiped out a talented Bandon side in a devastating second half to win by 4-13 to 0-7. That kind of margin was unexpected.

PS Sliabh Luachra, in just their second year ever at the A grade, were a joy to watch this year, confident and comfortable on the ball. That semi-final was probably the best game of the competition so far. Tralee had control early on, leading by 1-8 to 0-3 and by 2-9 to 1-4 at the break. Sliabh Luachra rallied impressively and the loss of Quilter to a black card from his supplementary role saw the Rathmore side reel in that lead, scoring six in a row to force injurytime. Tralee held their nerve to win by 2-19 to 1-17, a slightly flatteting scoreline.

Likely Tralee team: Devon Burns, Niall Fitzmaurice, Luke Chester, Ruairi O'Sullivan, Eoghan Carroll, Armin Heinrich, Padraig White, Conor Horan, Joe Linehan, Fergal O'Brien, Darragh reen, Jordan Kissane, Cian Purcell, Seán Quilter, Conor Hayes. Darragh Broderick, Luke Barrett, and Dylan Moriarty are likely to spring from the bench.

ALL THINGS...SPORT

CURTAIN-RAISER

The curtain-raiser for the Corn Uí Mhuirí will be the Munster D Final between Mean Scoil Castlegregory and Beara CS. Castlegregory, managed by Aodhán Mac Gearailt (Killarney Legion's Jonathan Lyne also coaches in the school) are trying for the first half of a double (the girls' team are also in a Munster final of their own) and will be hoping for Kerry supporters to get behind them on the day.

FREWEN CUP PREVIEW

The Frewen (U16.5) Munster Final sees the St. Brendans and Tralee CBS face off again. The Sem had good wins over Bandon (1-9 to 1-5) and IS Killorglin (5-18 to 1-7) before comfortably defeating the Rochestown team who had beaten both themselves and Tralee in the Taft U15 Cup two years ago. Dara O'Callaghan and Peter Cosgrave excelled in defence, where Harry Byrne man-marked Irish soccer international Harry Nevin out of the game. Ethan O'Neill and Killian O'Sullivan are rock solid in midfield, while Cian McMahon,

Cian Foley, Liam Randles, and Aodhán O'Neill are the aces up front.

The Sem have all-round quality but so do their opponents. The Green have come through their campaign equally unscathed, beating neighbours Mounthawk (4-17 to 3-2)m and HS Clonmel (1-16 to 2-8) along the way. They have Ben Quilter in goal (Sean's brother) while Ruari O'Connell, Liam Og Kingston, and TJ Heaphy give very little away. Senior players Conor Horan and Armin Heinrich make for a very formidable midfield pairing, while Maurice O'Connell, Donnacha Sayers, Josh Lynch, and Ben Hanafin are all very dangerous in attack.

One of the interested observers is sure to be Kerry minor manager James Costello, who already has players from both sides on his radar.

CLUB CHAMPIONSHIP DRAWS

Senior

Group 1: Kerins O'Rahillys, Dr.Crokes, Kenmare Shamrocks, Templenoe

Group 2: Kilarney Legion, Austin Stacks, Dingle,

Kilcummin Intermediate

Group 1: An Ghaeltacht, Beaufort, John Mitchels, St. Marys

Group 2: Glenflesk, Currow, Na Gaeil, Spa

Group 3: Rathmore, Laune Rangers, Castleisland Desmonds, Ardfert

Group 4: Dromid Pearses, Glenbeigh/Glencar, Milltown/Castlemaine, Waterville

Junior Premier

Group 1: Gneeveguilla, Fossa, St. Pats Blennerville, Ballyduff

Group 2: Brosna, Churchill, Ballymacelligott, St. Michaels/Foilmore

Group 3: Keel, Listry, Firies, Finuge

Group 4: St. Senans, Skellig Rangers, Ballydonoghue, Listowel Emmets *Junior*

Group 1: Renard, Asdee, Moyvane, Duagh Group 2: Cordal Beale, Scartaglen, Valentia Group 3: Annascaul, Knocknagoshel, Sneem/

Derrynane, Kilgarvan Group 4: Líos Póil, Tarbert, Castlegregory, Cromane or Ballylongford.

ONE CLUB MODEL

With the Kerry Ladies having won three out of three in the National League, it certainly seemks like a good time for a real discussion on all the GAA organisations joining forces. Firies GAA Club are leading the way after launching a One Club Model for the club. The idea, first promoted back in 2017, is simply an attempt to bring GAA activities under a variety of governing bodies such as the GAA, LGFA, Camogie Association, Handball, Rounders (which, admittedly, barely exists outside of Dublin anymore) under one club umbrella. This is a very simple and obvious idea – it's the same families in a given area sharing facilities and resources. Camogie actually predates Ladies football by several generations - in the eighties Mary Treacy brought Killarney teams all over the county and beyond – while Ladies football only got going in the 1970s, largely through the efforts of Mick Fitzgerald of Castleisland. At the time, some of the objections were, at best, more suitable for the 1870s than the 1970s, but Ladies Football has more than proved itself since - Mary Jo Coffey of Beaufort has more senior All Irelands than any other Kerry player. The One Club Model is long overdue and it's great to see local clubs pushing to include all their GAA community; this is what it should have always been about.

KERRY BOXING

Congratulations to Liam Walsh of the Sliabh Luachra BC, one of six new Kerry boxing champions. Liam outboxed Dylan Falvey of Cashen Vale BC to win the Youth 2 70kg Final.

Kerry Athletics

Kerry schools did very well overall in the Munster Schools Cross Country Championships in Clarecastle. Darragh O'Leary of St. Brendans came in 6th in the Senior Boys to help the school win the team silver, with Mercy Mounthawk's Oisin Spillane winning the race outright.

LAKERS HOME GAME IN PRES GYM

Scotts Lakers national league home game against Fr Mathews has been confirmed for The Pres Gym, Killarney this Saturday February 22nd at 7.30 pm. The Cork side defeated the Lakers 84-72 in Cork last November and the Lakers will be anxious to make amends for that result. The Killarney side are in second place on the league table with a 16-4 winning record after 20 matches while their nearest challengers are Fr Mathews on a 13-5 winning record after 18 games played. A win will guarantee second spot for the Lakers and an opportunity of a play-off for the superleague. Fr Mathews have to win this and their other games in hand to keep any play-off hopes alive but home advantage should be a big boost for Scotts Lakers here. Tip-off is at 7.30 pm.

DOUBLE WIN FOR ST. PAUL'S

St. Paul'S Basketball Club enjoyed a double success at the recent Kerry Area Board Cup finals with victories in the Division One U-18 Cup and the Division One U-12 Cup.

The U-18 team defeated Tralee Imperials 39-32 in Tralee Sport Complex. Coached by James Fleming and Seanie O'Shea, the girls have enjoyed a great season and include several outstanding players who have to ability to progress to national league level in the next few years. Dual star Ava Doherty is one and she had a particularly busy schedule that day. She lined out with the Kerry senior ladies football team in a victory over Wexford earlier in the day before embarking on a 254 km journey from Enniscorthy to Tralee for a 6.00 pm tip-off where she played a leading role in the basketball victory for St. Paul's.

St. Paul's : Lyselle O'Shea, Katie Brosnan, Julie Delaney, Ava Doherty, Katie O Connor, Ava Sheehan, Lauren Horgan, Tara Murphy, Treasa O'Sullivan, Jade Potts, Isabelle Murphy. Coaches: James Fleming and Seanie O'Shea.

St. Paul's also enjoyed a 36-15 win over Tralee Imperials in the U-12

girls division one cup final.

The girls had only ten players available for the final with Ava Weldon ruled out through injury while Celia Lydon was also missing. Abbie Dorothy, younger sister of dual star Ava, was joint captain of the U-12 team with Ava Weldon and Siofra Randles. Top scorers for St. Pauls were Clodagh Clancy 15, Siofra Randles 6 and Ciara O'Sullivan 6.

Coached by Padraig Weldon, the U-12 girls have also won the Division One league in Kerry and are also unbeaten so far this season in the Cork Division One league. It has been a tremendous season for this talented young squad and they have an International tournament to look forward to in London at the end of April. St. Paul's: Cliona Moynihan, Laura Healy, Kate Healy, Muireann Healy, Clodagh Clancy, Aideen Fleming, Liadh Forde, Abbie Doherty, Ava Weldon, Siofra Randles, Ciara O'Sullivan, Celia Lydon. Coach: Padraig Weldon

KEEL GAA CLUB NEWS

HEALTHY CLUBS INTIATIVE: Ireland Lights Up 2020 may be coming to an end in the next few weeks however Irish Life GAA Healthy Club Step Challenge is coming up. Keel GAA has been chosen to be a healthy club this year so this is an amazing opportunity for us. We would love all members over 18 to get involved in this challenge. It is also an opportunity for us to win a €2,500 O'Neills voucher. The challenge begins on March 16th and ends on 12th April 2020. For us to be part of the challenge all members must taking part must 1. Download the MyLife app from the App store or Google Play store 2. Tap on the social tab on the MyLife app 3. Select challenges 4. Select the challenge for your province 5. Tap on join & select your club. Please see our Facebook page for more information.

SENIOR: The senior game versus Milltown/ Castlemaine was postponed on Sunday due to the weather and pitch conditions. The next round of the Mid-Kerry league will take place Sunday the 23rd where Keel will travel to Beaufort for an 11am kick off.

MINOR – The minor game against An Ghaeltacht in the first round of the division 2 county league on Saturday was postponed due to weather conditions.

U14- Training continues Monday evening 7-8 in Faha Astro. €2 per person. Bring own water bottle

U12 - Training will return from 7-8pm next Monday evening in Milltown Astroturf. \in 3 per person

Remember, no mouthguard, no play.

U10- Training returns Monday night. For the next 5 weeks, training will take place on Monday nights from 6-7pm at Milltown Astroturf pitch. There was a huge turn out by the U10's, all eager and happy to be back. Cost \in 3. Suitable footwear and mouth guard are essential.

U8 - Training for children born in 2012 & 2013 commences on Tuesday 11th February in Keel Community Centre from 6:30-7:30. Sessions will be Fun Based with a focus on the development of the Fundamental Movement Skills. New members welcome.Cost €2.50. Wear runners & a mouthquard.

U6- Well done to all the children who trained on Thursday. Great start to the season. Players of the week this week were Jamie O'Connor and Caroline Houlihan. Training continues next Thursday in Keel Community Centre from 6:30 to 7:30 for those born in 2014 & 2015. New players more than welcome.

IRELAND LIGHTS UP: Keel GAA will be taking part in this year's 'Ireland Lights Up' walking initiative which returns in January 2020, in partnership with the GAA and Operation Transformation. Well done to all of you who are getting out every Monday and Thursday night. The lights will be on every Monday and Thursday night from 7-9pm. We hope to see you all there. Please make sure you sign in on arrival.

STRENGTH AND CONDITIONING: Tuesday was the final night of Strength and Conditioning for our underage players. Many thanks to Sean, Charlie and Gary for all their help throughout the sessions and giving their time to the each of the boys.

LOTTO: There was no winner of the jackpot €4000 on Monday 10th February. The numbers drawn were 2,11,24,26. €50 winner, Noreen Sayers Inch, €25 winners, Hannah Ferriter Annascaul, Mags Evans Keel, Jane Cullen Inch, Timmy Griffin Camp.

BALLYHAR-FIRIES GAA 2020 MEMBERSHIP

There was a great turnout at Club registration day on Saturday last and thanks to everyone who came and helped organise the day. We want to wish all our teams all the best for the year ahead and want to welcome all new and old members into the club. If you were unable to attend on the day and want to register, you can make contact with Club Secretary Kevin Cronin, Peter Costello, Paudie O'Sullivan Hurling or Fiona Walsh or any club officer/ Mentor or Member and they will be able to give you further details. All players must be registered before playing or training. We would like to thank Murphy sports who were there on the day with club gear for sale, and if you require any further gear, call into them in Castleisland.

Also we would like to thank Donal Barry from Kerry Sports Hub who came on the day and did an interview with some of the club officers in relation to the One Club Model that has been adopted by Firies GAA for 2020 onwards. For further details check out our social media accounts and that of Kerry Sports Hub.

COISTE NA NOG

The Firies GAA Coiste Na Nog will hold their annual table quiz on Friday the 28th 9pm in Sheehans Bar Firies. Team of 4 (\in 40). All support on the night will be greatly appreciated and any money raised will go back into the running of the Coiste Na Nog club for the year ahead. **LOTTO**

No's Drawn 3, 19, 26 & 28

No Winner

€30 Winners were

Lorraine Dower c/o Aherns Mairead Mc Mahon Castlefarm

William Kelliher c/o Tom

Mark O'Leary Acres Bridie & Greg c/o Bridie

The draw for next weeks Jackpot of $\in 2,400$ will take place in Sherwoods Bar Farranfore on Friday 21st February. Get your lotto tickets from all the usual sellers, Club Officers, Senior Players or from the stand in Moriarty's Centra, Farranfore. Thank you all for your continued support.

LADIES FOOTBALL

U14/U16/Minor Girls - indoor fitness training continues Tuesday's 8-9pm in the GAA Hall Farranfore - bring €2, water & a mat HURLING

U12 & U14 Hurling Training returns in Farranfore on Thursdays at 7 pm

DR. CROKES GAA CLUB

EAST KERRY SENIOR LEAGUE we opened our 2020 season on Tuesday night last against local rivals Legion. A largely experimental side played admirably going down on a scoreline 1-12 to 1-09. Leading at half-time 1-06 to 0-07 the concession of a penalty midway through the second half was the ultimate game changer. Team Shane Murphy, Mark Fitzgerald, Lorcan MacMonagle, Sean Coppinger, Brian Fitzgerald Jason Lyne Cillian Fitzgerald Mark O'Shea Paul Clarke Chris Doncel Gavin O'Shea Cillian Regan Jack Griffin Daithi Casey Bryan O'Shea Kieran Ward Sean Mcgann.

Game on Sunday last v Gneevegulia was postponed due to the adverse weather conditions.

BEST WISHES to St. Brendans in the colleges final on Saturday especially the D. Crokes players.

ANNUAL AWARDS our annual awards night takes place on Friday 21st February in Scott's Hotel commencing at 8.30pm. Presentations on the night will be made to Club person of the Year Paul Downey Senior Player of the Year Tony Brosnan, Junior Player of the Year John Kerrisk, Young Player of the Year Mark Cooper, Supporter of the Year Harry & Ann Bartlett, Ladies Player of the Year Charlene Brosnan and Hurler of the Year Michael Lenihan. A special award will be made to the 6 Dr. Crokes players who were on the Kenmare/Kilgarvan/Dr. Crokes team who won U21 Co. Hurling championship Michael Horgan, Michael Lenihan, Padraic Looney, Tom Doyle, Liam McSherry, Patrick Crehan. The Senior ladies will receive their county league winners medals, The second team will receive the Molyneux Cup medals and Minor and under 21 will receive their East Kerry Medals.

Entertainment will be provided by our Scór participants under the guidance of Rachel Foley.

Admission is free and all members are welcome. Finger food will be served on the night.

MEMBERSHIP is now due and must be paid before March 1st. to Registrar Frances O'Sullivan. It may also be paid on line visit drcrokes.com/news.

SCÓR SINSIR OVER 17 Are you interested in singing, dancing, storytelling, comic/dramatic acting & playing traditional music or do you like quizzes? Do you like writing original plays or stories?

Then SCÓR SINSIR is perfect for you!

SCÓR SINSIR is more than likely going directly to County Final level which will take place on March 14th Venue TBC.

SCÓR SINSIR is a perfect way to make new friends! Your club needs you!

List of Stage Competitions / Liosta Comórtas Ardán Rince Foirne Figure/Céilí Dancing Amhránaíocht Aonair Solo Singing Aithriseoireacht/Scéalaíocht Recitation/ Storytelling Bailéad-Ghrúpa Ballad Group *Tráth na gCeisteanna (Cuid a Dó) Quiz (Part 2) Nuachleas Novelty Act Ceol Uirlise Instrumental Music Rince Seit Set Dancing

Scór na bPáistí (for Primary School children) will take place on the 21st of March at 12 O'Clock. Venue TBC

List of Stage Competitions / Liosta Comórtas Ardán Rince Foirne Figure/Céilí Dancing Amhránaíocht Aonair Solo Singing Aithriseoireacht/Scéalaíocht Recitation/ Storytelling Bailéad-Ghrúpa Ballad Group *Tráth na gCeisteanna (Cuid a Dó) Quiz (Part 2) Nuachleas Novelty Act Ceol Uirlise Instrumental Music Rince Seit Set Dancing

If you would like your son or daughter to be involved please let me know.

Contact with Scor Officer Rachel Foley 0879231091

PROGRESSIVE 31 every Wednesday night in Dr. Crokes clubhouse and begins at 8pm sharp all you need is to bring a €5

BINGO every Sunday in St. Marys Parish Hall . Doors open @7.30pm and commences @ 8.30pm.

LOTTO the jackpot of $\in 8,600$ was not won. Numbers drawn were 11,14,21,25. Five patrons matched 3 numbers and won $\in 80$. Jackpot on Sunday next will be $\in 8,900$.

CONGRATULATIONS to Brian Looney and Gina and Shane Doolan & Elena on the birth of daughters over the weekend.

EAST KERRY GAA NEWS

EAST KERRY SENIOR LEAGUE DIVISION 1 A LEGION 1-11 DR CROKES 2-9

very wintery conditions, despite the conditions a great crowd turned out to support both teams. Crokes dominated the first half with a early goal and notched up some points leaving them going on at half time 1-5 to 0-5 ahead. The second half Legion took off winning key ball at midfield, and some impressive defensive play Legion began to close the deficit. The introduction of David O'Sullivan who scored a penalty and a point closed the gap to level the game on 1-07 apiece with ten minutes on the clock. Killarney Legion kicked on with points from Padraig Lucey, Tom Moriaty and Peter McCarthy Legion ran out winners on a scoreline of 1-11 to 1-09.

HEALTHY CLUB OFFICER training which will take place on Monday 2 March in Killarney Heights Hotel from 7pm to 9.15pm.

Could all delegates attend

clubs & club members with an interest in the H&W area including Exercise(eg walking groups) healthy eating, mental fitness initiatives etc to attend the workshop. All Welcome.

FOUNDATION LEVEL COURSE

Kenmare District Board football and hurling course was completed last Saturday. All four clubs were represented over the two days. Vince Cooper East Kerry/Kenmare GDA delivered the football section and Colm O Brien South Kerry Hurling GDA worked with the hurling group. Thanks to PS Iver Sceine and Kenmare GAA club for the use of such fantastic venues really appreciated by all participants. Coaches worked well showing great interest in improving and developing coaching ideas during the course.

FIXTURES

East Kerry Senior League

DIVISION 1A

Spa v Legion this Friday Febuary 21 at spa at 8pm.

East Kerry Under 21 Championship Quarter Final Scartaglin/Cordal v Gneeveguilla at Scartaglin this saturday 22nd Febuary at 3-30pm.

LEGION GAA NOTES

EK SUPERLEAGUE Dr Crokes 1-09 Killarney Legion 1-11 Killarney legion travelled to Lewis Road on Tuesday night in what can only be described as very wintery conditions, despite the conditions a great crowd turned out to support both teams. Crokes dominated the first half with a early goal and notched up some points leaving them going on at half time 1-5 to 0-5 ahead. The second half Legion took off winning key ball at midfield, and some impressive defensive play Legion began to close the deficit. The introduction of David O'Sullivan who scored a penalty and a point closed the gap to level the game on 1-07 a piece with ten minutes on the clock. Killarney Legion kicked on with points from Padraig Lucey, Tom Moriaty and Peter McCarthy. Legion ran out winners on a scoreline of 1-11 to 1-09.

(David Sullivan

1-02, Tom Moriaty 0-01, Peter McCarthy 0-01, F Murphy 0-04(3frees), Donal Lyne 0-01, C Keane 0-02)

BEST WISHES

Best Wishes to our own lads Ryan, Eoghan, William, Cian and Owen Benson and the St Brendans Team & Management in the Corn Ni Mhuiri Final on Saturday.

Best of Luck to Peter Keane, James, Brian, Jonathan and the Kerry Seniors who take on Meath in Fitzgerald Stadium at the weekend. **CONDOLENCES**

The club extends its deepest sympathies to the O'Sullivan, Lucey & Osborne Families on the death of former player and life long supporter of the club. RIP.

LOTTO RESULTS

13,20,23,28 bonus 17 Match 3's James Gilligan, c/o Four Star Adrian, Loreto Rd, c/o Justin Maura donoghue Demot o Connor, 47 o Kelly's villas Angela o Connor,6 muckross grove Draw next Sunday @9pm Murphys Bar.

MILLTOWN CASTLEMAINE GAA CLUB

GET WELL WISHES

The club sends its good wishes to all those in our community who are presently un-well. We wish you all a speedy recovery to full health. **REGISTRATION**

Our club registration evening takes place on Wednesday February 26th, for all those wishing to play football with our club this year, from the Milltown/Castlemaine area, as well as those wishing to join as adult members. All players must be registered in Croke Park by March 31st. Further details available on our website and FB Page

SCOR NA BPAISTÍ QUIZ TEAM SELECTION

On Monday February 24th at 7 p.m. in the clubhouse, we will hold a quiz to select a team to represent our club in the up-coming Scór Tráth Na gCeist. Children must be attending primary school and be a member of Milltown Castlemaine GAA Club. Four team members (with the highest score) and two subs will be selected. Medals and goodie bags for participants. Bígí ann, Bígí linn! **FIXTURES**

Storm Denis caused a lot of fixtures to be cancelled over the past weekend. Please keep

an eye on our website and FB page for details regarding fixtures and other club events, including registration evening, swap shop and Club Fundraiser-Taking The Mic!

OUTLOOK GAA

County Minor League Division 5 Round 1 sees Milltown Castlemaine B take on Listowel Emmets on Saturday February 22nd at 3.30. Please come along to the Paddy Burke Memorial Park and give your support. Following that, they are away to Beale on Saturday February 29th.

Senior Mid Kerry League Round 5 sees our senior team take on Laune Rangers, at The Track at 11 am. on Sunday February 23rd . Round 4 versus Keel has been set for March 1st.They begin their Senior Co. League competition with a home game v Currow on March 8th.

MID TERM

We wish all the students and educational staff an enjoyable mid-term. Enjoy a well-deserved break and we hope you will return refreshed and enthused.

ITEMS FOR NOTES

If you would like anything included in our notes, please contact me, Deirdre, on 086/1703322 or email any information to navillusodeirdre@ yahoo.ie (before 6 p.m. on Sundays) and I will do my best to facilitate you.

MILLTOWN CASTLEMAINE'S GAA CLUB FUNDRAISER'TAKING THE MIC'

Our 4th act has been revealed- Emir, Muireann, Philip and Dave (and the nameless pink guitar!) who are going under the umbrella of The Executive. They join Eduardo, Marion's Hair Studio, Milltown and Milltown Castlemaine Mothers and Others. Rehearsals will commence next week! Can't wait!! Keep an eye on our website www.milltowncastlemainegaa.ie and on our FB Page for updates. Easter Sunday Night, April 12th, 2020 at Ballygarry House Hotel is the place to be. Save the date!

KERRY SENIOR LADIES

Go neirí an tádh le Ciara Murphy, Ella Teahan and Caoimhe Evans from our community, along with the Kerry senior ladies panel, who are looking for their 4th consecutive victory on Sunday morning next, at 11 a.m. in Fitzgerald Stadium. Their opponents are Tyrone. Congratulations to Ciara who won player of the match last weekend. Maith thú Ciara.

Best of luck to Peter Keane and the Kerry Senior men's panel when they take on Meath at 1 p.m. also in Fitzgerald Stadium on Sunday. Ciarraí Abú!

31 CARD DRIVE

We had some more new faces at our Progressive 31 Card Drive on Tuesday last. Why not join us on this Tuesday in Nagle Rice Community Centre at 9.00 pm for some great cards -whilst enjoying Barry's Tea and Larkins Brack! Friends to be made, cards to be played and fantastic prize money to be won!

ST. PATRICK'S DAY PARADE

We are looking forward to seeing as many of our club members walk with the club in the St. Patrick's Day Parade. If you would like to be involved with our club in the parade, we would be delighted to have you join us. Contact any member of the executive for further information. 'Ní neart go cur le chéile.'

OUTLOOK BASKETBALL

KABB NEWS

KABB Division 2 and 3 Plate Finals light up the Complex

While Storm Denis was raging outside the i while to ignite with the Wildcats up 4-0 and i defeated St Bridget's 40-32 having been 28-18 temperature inside the Sports Complex was much higher as the teams in the Kerry Airport KABB Division 3 on Saturday and the Division 2 Plate finals on Sunday lit up the hall with some splendid action.

Brendan's lower Falcons for opening win: The first game of the weekend was the u16 Boys Division 3 Plate final where St Brendan's defeated Glenbeigh Falcons 60-40. The Tralee side were in front from the start.

Vixens overcome Kestrels in Girls Plate: The Girls Division 3 Plate final saw TK Vixens taking the silverware in a 48-43 point win over Kenmare Kestrels. Vixens were 17 up after a dominant first quarter. The Kestrels fought back in the second to trail 24-15 at the break but the Vixens gap was too biq.

Vixens on the double with 14 Boys win: The Vixens u14 Boys made it a double for the club with a 54-20 point win over Rathmore Ravens. Rathmore never gave up and a huge three Mathew Kennedy but in the end the North Kerry side took home the trophy.

Wildcats roar to u12 Boys Plate win: The strength of North Kerry basketball was again shown in the u12 Boys Division 3 Plate final when Ballybunion Wildcats defeated St Colemans 40-17.

The game was tight early on but by half time the Wildcats had opened a significant gap 29-14 and with their defence on top there was no way back for the Saints.

Another Double as Wildcats takeu12 Girls Plate: The Girls Division 3 Plate is also in the Ballybunion Wildcats trophy cabinet as the defeated St Colmans 28-19. This game took a

10-6 after two quarter. Ballybunion pulled away and were 20-8 up at the break and despite a St Colman's fight back that had the gap down to 7 the Wildcats held on for the win.

Annes beat Brendan in All Saints u11 battle: The u11 Girls Division 1 decider saw St Annes defeat St Brendan's 32-21. St Brendan's got the better start and led 9-6 but by the half St Annes had taken over to lead 18-11. The final two quarters were tight but that gap established in the second guarter means St Anne's are the champions.

Ravens fly high with last second winner in u16 Girls: One of the games of the weekend was the u16 Girls final. There was nothing between TK Vixens and Rathmore Ravens for most of the game. Vixens were 3 up at the break 23-20. The sides were level with seconds to play but a late late Ravens basket gave them the win.

Caherciveen opens Day with two wins: A great opening to Day 2 saw Caherciveen take two wins. First up they defeated Kenmare Kestrels 55-48 in the u16 Boys Division 2 final. The South Kerry side were 14-11 up at the end of the first and 31-23 at the half. Kenmare closed the gap to three 42-39 with one quarter to play but the South Kerry side held on.

They followed this up by taking the Girls u14 Plate in a 46-25 win over St Annes. Caherciveen built up a big first quarter lead and despite a St Annes fight back it was 24-10 at the half. A 36-15 lead at the gap was too much for St Annes to pull back and another trophy was heading for South Kerry.

Bobcats beat Bridget's in 14 Boys Plate: The u14 Boys Division 2 Plate went to TK Bobcats as they

up at the break. They were 8 up going into the final quarter which was a tie.

Joseph's overcome Brendan's in u12 Girls Plate: A good start by St Joseph's set them up for this win 35-19. They led all the way 15-7, 28-9 and 34-15. Joseph's make it two from two with u12 Boys win: A very good display from St Joseph's u12 boys saw then defeat a KCYMS side that never gave up 33-24.

Cougars roar to u11 win: The second last game of the weekend saw one of the biggest crowds cheer on TK Cougars defeat St Colmans 30-13.

Bobcats end weeknd with another win: The weekend of action ended with TK Bobcats defeating St Bridget's 39-33 in the u16 Girls Division 2 Plate decider.

Next Up - Sunday Senior Competitions

Following two weekends of underage action the spotlight turns to seniors this Sunday in the Complex with the men's and ladies Cups.

The action gets underway at 12noon with the Ladies Division 2 decider between St Bridget's and St Paul's. This is followed by the Division 1 Ladies final with St Joseph's taking on Glenbeigh Flacons at 1.30. The Division 3 Ladies final tip's off at 3pm and here its Horan's Health Stores up against TK Vixens.

It is men's games for the rest of the afternoon. At 4.30 the Division 2 men's final has St Brendan's playing Caherciveen. This is followed at 6pm by the Division 1 Men's decider in the all Saints clash of Mary's and Brendan's. The day's action ends with the Division 2 Men's Shield where St Anne's face St Joseph's from 7.30pm.

National League Division One

LAKERS REGISTER IMPRESSIVE VICTORIES

Eamonn Keogh

IT WAS a productive long road trip for Scotts Lakers, who registered impressive victories in Donegal and Sligo last weekend. An 18 point win in Letterkenny on Saturday evening was followed by a 28 point victory in Sligo on Sunday afternoon. These results copperfastened the Lakers position in second place on the league table and another win in Killarney next Saturday night against nearest challengers Fr Mathews will guarantee them the runners up spot on the league table at the end of the season.

Ballincollig lead the division one with an 18-0 winning record and 54 points and will be crowned champions. Scotts Lakers have played two more matches and enjoy a 16-4 record and 48 points followed by Fr Mathews, 13-5, and 39 points. Ballincollig will automatically qualify for superleague promotion and if Lakers finish in second place, they earn a right for a play-off spot in the superleague with the second last team in that league.

LYIT Donegal 69 Scotts Lakers 87

Despite the long journey to Letterkenny on Saturday, Scotts Lakers were quick out of the blocks here and had opened up a five point advantage in the first quarter. Aaron Jackson Toby Christensen and Xavier Talton, Seamus Brosnan and Carlton Cuff all impressed and Lakers led 21-16 at the end of the opening quarter.

The second quarter two was keenly contested. Charlie McKinney, Dom Uhl and Manny Payton impressed for the home side but Lakers maintained their advantage through good work from Xavier Talton, Toby Christensen, Carlton Cuff ,Seamus Brosnan and Mick McGinn to enjoy a 43 - 37 interval advantage.

Lakers extended their lead in the third quarter with Cuff, Jackson and Christensen continuing to impress while Brian O'Neill shot well from three-point land.

Scotts Lakers led 63-52 entering the final period and gained a firm grip on proceedings when Xavier Talton sank three free-throws and two baskets straight from the buzzer. Carlton Cuff ,Toby Christensen, Brian O'Neill ,Mick McGinn and Aaron Jackson added further scores and Lakers enjoyed a convincing 18 point win in the end. Scotts Lakers: Carlton Cuff 21, Toby Christensen 19, Xavier Talton 17.

LYIT: Dom Uhl 23, Manny Payton 22 and Andy McGeever 10.

BASKETBALL MEETING

THE public meeting to discuss the future of Mens National League basketball in Killarney in Scott's Hotel last Wednesday turned out to be very positive, constructive and well attended.

There was a lot of enthusiasm to continue with men's national league basketball in Killarney. A number of people expressed an interest to get involved at committee level and in fundraising initiatives next season.

Plenty more discussion and planning will be required over the next few months to prepare for the 2020-21 season but from the meeting turnout there certainly appears to be strong support for the continuation of national league basketball in Killarney.

REPORT BY LEONA TWISS, PRO

KERRY LADIES IN SUNDAY'S CURTAIN RAISER

The Division 1 table of the Allianz National League is incredibly tight at present. After 3 rounds, Dublin, Tyrone and Galway are on 4 points. Monaghan, Kerry and Mayo are on 3 points so it is all to play for as the Rounds progress!

This Sunday, Kerry host Meath in Round 4 of the Allianz National Football League. The game is fixed for Fitzgerald Stadium at the earlier than usual time of 1pm and is preceded by Kerry v Tyrone Ladies game which throws in at 11am. Tickets are now on sale from SuperValu and Centra stores and from the Kerry GAA Store, Killarney. Tickets are 15 Euro before Sunday and 20 Euro on Sunday. U16s have free admission.

The match programme will be on sale for the price of 3 Euro with the proceeds going to the Fitzgerald Stadium committee for the upkeep and development of the Stadium.

The Gates are open at 10am. Patrons are asked to park responsibly and to obey the instructions of the Gardaí and Stewards.

The Kerry Team will be announced next Friday at 8pm on the Kerry GAA website.

ALTERNATIVE JERSEY LAUNCHED

Last Friday the Alternative Jersey was launched in the Kerry GAA store in Killarney. The design focuses largely on the traditional blue of Munster with a lime green trim. The Goalkeeper Jersey is pre-dominantly Lime Green. This design is proving to be very popular and it is currently on sale on the Kerry GAA store

KERRY GAA SCENE

website and in the Kerry GAA Store in Killarney. The Kerry team will wear this Jersey against Meath next Sunday.

KERRY PETROLEUM CLUB CHAMPIONSHIP

The draw for the Kerry Petroleum Club Championship was made last Monday night on Terrace Talk by Anthony Clifford representing Kerry Petroleum and Tim Murphy County Board Chairman. The draw was overseen by three members of the CCC – Peter Twiss, Eamon Whelan and Terrence Houlihan. The Chairman thanked Kerry Petroleum for their continued sponsorship of this excellent Championship. The draw produced some interesting match-ups and everyone is now looking forward to April! The CCC will announce fixtures very soon. The first round games of the Senior, Intermediate and Junior Premier Championships will be played at Neutral Venues. The groupings and the first round pairings can be found on our website and on our social media pages.

COUNTY BOARD MEETING

A meeting of Coiste Chiarrai will take place on Monday February 24th at 8pm in the Pavilion, Austin Stack Park Tralee. All Delegates are asked to attend. Motions for the upcoming Congress will be discussed on the night.

KERRY GAA SUPPORTERS' CLUB

The AGM of the Kerry GAA Supporters Club will take place on Monday night the 24th

of February at 8pm in the Ballygarry House Hotel. Nominations for positions must be with the Secretary no later than Friday the 21st of February.

OUTLOOK GAA

The Kerry GAA Supporters Club will take coaches to Mayo on Saturday the 29th of February for the game between Mayo and Kerry in Castlebar at 7.15pm. This is a day trip returning after the match. All seats must be booked by Thursday night the 27th of February. For booking contact Donal O'Leary, John King or Martin Leane.

HEALTH AND WELLBEING UPDATE

Kerry GAA Health and Wellbeing Committee wish to thank everyone who helped in any way to make the 'How to Age Well' seminar a great success despite the bad weather conditions. Thanks to the over 300 people who turned out to hear Professor Rose Anne Kenny's outstanding TILDA Talk, all those who had stands at the Rose Hotel and The Killorglin Men's Choir, who provided great entertainment before the talk.

Club Officer training for Club Healthy Club/ Health and Wellbeing Officers, will take place on Tuesday 25th February 2020 in Austin Stack Park, Tralee at 7.15pm and Monday 2 March 2020 in the Killarney Heights Hotel. Registration at 7.00pm on both dates. This training supports activities carried out by clubs. Club members who have an interest in Health and Wellbeing/ Healthy Club activities are also invited. Places are limited. To book a place please e mail chair. hwc.kerry@gaa.ie or text 087-3381843

KERRY LGFA NEWS

MUNSTER LGFA U14 CHAMPIONSHIP 2020

Fixtures, times & venues for Stage One of the Munster Under 14 Championship on February 22nd.

Games are 20 minutes per half and there will be unlimited substitutions on the day.

Munster U/14 Championship (Stage One) February 22nd 2020

- Competition Schedules:
- UL North Campus: Limerick
- 1:00pm Limerick v Clare
- 2:15pm Limerick v Kerry
- 3:30pm Clare v Kerry
- Mallow GAA Complex: Cork
- 11:00am Cork v Tipperary
- 12:15pm Cork v Waterford 1:30pm Waterford v Tipperary

Stage One on February 22nd with three counties playing in the University of Limerick and three counties playing in Mallow GAA Complex. All games will be 20 minutes per half. Counties will play two games on the day and the results of the games will be recorded. These results will be used to grade teams for Stage Three. Unlimited substitutions can be used on the day.

Stage Two on March 28th with all six counties playing in one venue. All games will be 20 minutes per half. All counties will play three games on the day and the results of the games will be recorded. Unlimited substitutions can be used on the day. Counties will be graded 1-6 following the completion of Stage One and Stage Two. 1st and 2nd in the group will play in the Munster Under 14 A Final, 3rd and 4th will play in the Munster Under 14 B Final and 5th and 6th will play in the Munster Under 14 C Final.

Stage Three on April 11th with the Munster Under 14 A, B and C Finals being played in one venue. All games will be 30 minutes per half with Result on the Day. Five substitutes can be used only in normal time.

MUNSTER MINOR CHAMPIONSHIP 2020

Kerry -v- Tipperary Venue: John Mitchels GAA Complex 1st March. Throw in: TBC Lidl Ladies National Football League Division 2 Round 4 Kerry -v- Tyrone Venue: Fitzgerald Stadium Killarney 23rd February. Throw in: 11:00am

MUCKROSS ROWING CLUB

WEATHER

So far, 2020 has been extremely disappointing in terms of the weather for rowing both at home and nationally. Last weekend, Storm Dennis confined training to land on Saturday and forced cancellation of training on Sunday. Time trials in New Ross and Sligo became the latest casualties on the national events calendar. No rowing time trial has been able to proceed since Carrick-on-Shannon on December 7. In Munster, the last event to run on water was Skibbereeen Head Of the River on November 16. Unfortunately, the outlook is for yet another few days of unsettled conditions this weekend. Coaches will be in contact with further updates.

UPCOMING EVENTS

With consecutive weekends of bad weather, fingers are crossed for the next event on the calendar. The Cork Head Of the River is due to take place at the city marina next Saturday, February 29. Corrib HOR, Galway, Saturday, March 14. St. Michael's HOR, Limerick city, Saturday, March 21. Event attendance may differ by age group and coaches will confirm further details.

FARRANFORE MAINE VALLEY AC

IUAA NATIONAL INDOORS,

The Irish University Indoor Championships were held on Saturday 15th Feb. in the AIT Arena Athlone. David Kenny, representing CIT, competed in the 2000m Race Walk. David has dominated this event since he started college and this year was no exception. He not only won the race comfortably, but he also completed it in a new IUAA record time of 7:29.99. This sets David up nicely for the outdoor season. We wish him all the best.

MUNSTER INDOOR TRACK&FIELD,

Nenagh Indoor Area was the venue for the Munster U9-U11 Juveniles, Senior & Masters Indoors. On Saturday 15th Ryan Vickers competed in the U11 events, which were 60m sprint, 600m and long jump. Ryan did not medal, but he really enjoyed the day out.

On Sunday was the Senior & Masters day out. David Clifford was back in action after a few years absent for athletics. He dusted off the cobwebs in fine fashion when he took gold in the Senior Men's Shot Putt with a throw of 11.80m. His clubmate, James Nagle took silver with a throw of 11.35m. James also competed in the Weight For Distance(WFD) where his throw of 6.06m was enough to secure gold. Well done to both of you. The Master's men equally did very well. Jim O'Shea (O75) took gold in the Long Jump (3.79m) and was second in the 60m sprint. Jerome Foley (O55) has a busy day, where he competed in three distances. He won bronze in the 200m, and silver in both the 400m & 800m. Great start in his preparations for the European Indoors in March. Dermot Dineen (O40) had a great day, securing Gold in the 3000m and 1500m. Well done to everyone.

CLUB TRAINING

Maria's Strength, Endurance & Flexibility Exercise Classes on Tuesday from 7pm at the Sports Hall in Farranfore. Class is designed for all abilities from secondary school upwards. €5 per class.





All smiles for the camera - pewter medal winners in the u13 relay - Ella Cremin, Ciara O'Sullivan, Anna O'Shea and Jenna Coffey.

Juvenile Indoor Training will commence on Tuesday from 6pm at the Sports Hall in Farranfore. Please bring $\in 2$, water and suitable footwear for indoors. New members welcome.

Thursday Nights from 7pm for Seniors and juveniles U12 upwards. Grass Session on GAA Field Farranfore. $\in 2$

ATHLETIC'S FIXTURES

Sat 22nd Feb.: Munster U12 to U19 Indoors DAY 1, Nenagh

Sun 23rd Feb.: Munster U12 to U19 Indoors DAY 2, Nenagh

Sun 23rd Feb: County Roads 5K, Junior/Nov./Snr & Master, Beaufort 12pm

Sat 29th Feb.: National Senior Indoors, Abbotstown Dublin

Sun 1st Mar: National Senior Indoors, Abbotstown Dublin

Sun 1st Mar.: Munster 4Mile Roads, Brikey GAA Club, Boherard, Dungarvan

Tue 3rd Mar.: Munster Schools Indoors, Nenagh Sat 7th Mar.: All Ireland Schools XC, Santry Sat 7th Mar.: National 20Km Walk Race, Raheny

Sun 8th Mar.: National Masters Indoors, AIT You are required to pre-register for all athletic

competitions. Please do so before late entry fees apply. Contact club registrar, Maria McCarthy on 085-1909509, e-mail ffmvregistrar@gmail.com well in advance.

SPA MUCKROSS COMMUNITY GAMES

It was a busy couple of weeks for Spa Muckross. **RECITATION:** A big congratulations to Daire O'Brien who came 1st in the U16 Recitation competition in Keel. Daire will now go on to represent Kerry in the national finals in May.

SWIMMING: Spa Muckross had a great day in the pool in the County competition last weekend. A big congratulations to Ciara O'Sullivan who won gold in the U12 50m freestyle. Ciara will now go forward to represent Kerry in the national competition in May. Well done also to Ella Cremin who came 2nd in a tight race in the U12 50m backstroke. Ian Coffey also came 2nd in a hotly contested U16 50m freestyle. An excellent performance by Cathal Coffey in the U16 breaststroke saw Spa Muckross come home with a 3rd silver medal. Our U13 girls relay team qualified for the final and won a well deserved pewter medal. Well done to Ella Cremin, Anna O'Shea, Ciara O'Sullivan and Jenna Coffey.

A special word of congratulations to Aoife O'Sullivan, Shane Tomlinson and Anna O'Shea at competing in their first gala.

SPIKEBALL: Girls and boys u14, competition is on May 3rd.

Could we get a volunteer to manage/coach the boys team. If any parent is interested please let us know. Text Emir 087 2258776

If there are any girls interested in playing you can contact Maureen 087 2628766.

Training will begin in March.

CHURCH GATE COLLECTION: Thanks to all of the parents who gave generously of their time for the Church gate collection over the weakend and a big thank you to all who contributed.

GNEEVEGUILLA ATHLETIC CLUB

No winner of our lotto draw 14/02/2020, numbers drawn were 9, 17, 21 & 22. Sellers prize winner Paddy O' Donoghue. €50 Y/T prize to Kathleen O' Callaghan Ballinahulla, €50 to Daniel Cronin Lisheen, €40 each to John Mccarthy Bealnadeega, Margaret Buckley Scartaglen & Eileen Coakley Hollymount. Bonus not won , numbers drawn were 14, 23, 25 & 30. Next week's jackpot €10,000 plus €1.000 bonus.

MUNSTER INDOOR CHAMPIONSHIPS

Well done to Brid stack who won the 200m O45 at The Munster Indoor Championships in Nenagh last Sunday.

KILLARNEY COMMUNITY GAMES

Huge thanks to all the collectors/parents who generously gave up their time to collect at the Cathedral last weekend. Thanks also to the generosity of the parishioners who gave money to the collection. This money collected covers insurance, levies, entrance fees to ensure the continuation of community games in the Killarney area. Next event is the U13 boys indoor soccer and we wish Caroline Cox and her squad all the best in the event and I am sure the boys will enjoy the experience.

OUTLOOK SOCCER

KILLARNEY ATHLETIC

St. Brendan's Park 1-6 Killarney Athletic AFC Luke Doolan 3

Brìan O Shea 3

Our Young Blues made the trip back to Tralee this afternoon to play the Park in a League Fixture. In very windy but surprisingly dry conditions we played against the wind in the first going into

the break 1-0 up. The second half with the strong wind at our

backs, we started to take control and were very clinical in front of goal to see us take home the three points.

Thanks to the Park for a good sporting game. A solid performance all round in very difficult conditions, thanks to all the parents who came back to support the lads.

U13 Premier Result

ST. BRENDAN'S PARK 1-6 KILLARNEY ATHLETIC AFC

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Brìan O Shea 3

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Senior Killarney Athletic 0 Castelisland 1 STORM DENIS A MENACE TO FIXTURES:

Skechers National Cup Last 16

St Brendan's Park1 –2 Ringmahon Rangers 12's Division 1 Fenit 4-1 Ballyhar Dynamos World of Tiles 13 Premier Killarney Athletic 6-1 Park Fenit 0-2 Listowel Celtic John Joe Naughton 13 Shield Camp Juniors 4-2 Mastergeeha B Slattery's Carpets 14 Division 2 Killorglin 2–0 Ballyhar Dynamos Daly's Supervalu 15 Premier Park 4–0 Mastergeeha **REPORTS**

PARK'S NATIONAL CUP RUN ENDS:

It was another rain and storm interrupted weekend with a raft of fixtures cancelled. However a number did go ahead with the National Cup Last 16 clash of St Brendan's Park and Ringmahon Rangers the highlight of the club games taking place in the KDL.

And despite Cianan Cooney putting the Park ahead early on the Cork side equalised from the penalty spot. With the Park down to 10 men it was Ringmahon that got the winner to end the great run by the Park. They can now look forward to a Regional semi-final where they and Killorglin are keeping the Kerry flag flying.



Pictured Killarney Celtic Youths vs Villa FC in FAI Youths Cup.

FENIT GO JOINT TOP OF 12'S DIVISION 1 WITH GAME IN HAND:

Fenit's 4-1 win over Ballyhar Dynamos in midweek has seen them move to the top of the JK Sports 12 Division 1. Goals from Conor McGibney, Michael O'Sullivan, Mikey Corridan and Robert O'Shea sees Fenit on 13 points level with Inter Kemare but having a game less paid. Athletic open gap at the top of 13 Premier:

Killarney Athletic will be happy that they were able to beat the weather as their win over the Park sees the open a 7 point gap at the top of the World of Tiles 13 Premier. There goals in the game in Woodlawn came from Luke Doolin and Brian O'Shea who both hit hat-tricks. However they do have a game more played than LB Rovers in second. In the same Division Listowel Celtic were 2-0 winners over Fenit in mid-week. CAMP JUNIORS PROGRESS IN 13'S SHIELD:

Only one first round game in the John Joe Naughton 13 Shield survived the weather. Camp Juniors had goals from Mikey O'Leary 2, Suvi O'Connor and Michael Enright as they beat Mastergeeha B to progress to the quarter finals. Ryan O'Sullivan got both goals for the Kilbrean side with their keeper Kyle Murphy saving a penalty.

BIG WIN FOR KILLORGLIN IN 14 DIVISION 2:

Killorglin's 2-0 win over Ballyhar Dynamos with both goals coming from Kuba Ciesle sees then take a grip on the Slattery's Carpets Division 2 title. They sit on 19 points from 8 games and are 4 points ahead of LB Rovers and still have two games in hand.

PARK IN THIRD IN 15 PREMIER:

A 4-0 win by the Park over Mastergeeha in the Daly's Supervalu 15 Premier sees them consolidate their third place in the Division. **KERRY SET TO CELEBRATE WHAT'S BEST IN**

WOMEN'S SOCCER:

These are hugely exciting times in women's soccer with FIFA 20x20 and 'If You Can't See It You Can't Be It' placing that fastest growing area of the game in the spotlight.

With the qualifying tournament for this summer's Gaynor Cup in UL (u12's,u13's and u15's) underway the Girls section of the KSBGL have put together a day showcasing all that's best in the game on and off the field.

The events take place at Georgie O'Callaghan Park, Castleisland on this Saturday February 22nd.

12's Girls Blitz: The day will begin with a number of Kerry clubs bringing their u12 Girls to Georgie O'Callaghan Park for a Blitz starting at 10am. The 12's Emerging Talent Programme will begin in the next few weeks as the League will begin the work of putting together a squad for the Gaynor Qualifier in May. Kerry were one of the 4 Leagues that made it to UL two years ago and will be hoping to again reach the Gaynor's 12 semi-finals and final.

COACHING SESSIONS: The Kerry u13 and u15 Girls ETP squads will enjoy a great opportunity to learn from two top coaches. Cork City manager Ronan Collins will take the 13's from 2 to 3.30pm. Later on at 5.30pm the u15 will do a session with the Irish u17 manager James Scott. His girls just completed a very impressive series against Iceland. This session should also draw a large number of coaches working in the female game in the county and beyond.

WNL GAMES: Having played in the first So Hotels Women's National League friendly in the county last year Cork City Women return to the Kingdom where they and their opponents DLR Waves continue their preparations for the new season. This game kicks off at 4pm.

Following on from the senior game Cork City's u17 will take to the Castleisland Astro for a game against Wexford Youths with both sides eager to impress ahead of their season.

Workshops: The day will also feature 3 exciting Workshops in the School hall. As part of the ticket costing e5 people can chose to attend any combination of the three Workshop's,

1: 1.30pm Hosted by Paul Treyvaud – star of Treyvaud's Kitchen and Treyvaud's Travels on Virgin Media – he will deal with Nutrition for Athletes. He has worked with a number of high profile teams and also with the 2019 Kennedy Cup team and the session will include some very important tips for the players and their parents / guardians.

2. 2.30pm Tralee based Dr John Tuite holds a Masters Degree in Exercise and Sports Medicine and spent a number of years working with underage FAI teams concluding as doctor

OUTLOOK SOCCER

to the u21 team. In this Workshop he will speak on the best way to prevent ACL injuries.

3. 3.30pm Ahead of taking the session with the Kerry 15's squad James Scott will centre on what is expected of an international player on and off the pitch. James will also speak to parents /coaches on what is expected of them when dealing with high performance athletes. He will also explain what the main criteria looked for when identifying players for international squads.

Tickets for the Day: Tickets for the admission to all or a selection of the day's events are only e5 and will allow you come and go as you wish and pick any combination of workshops and games. Any business that would like to purchase 10 tickets (e50) will also get a special photo taken for the Kerry Schoolgirls social media pages.

Director of Girls Football for the KSBGL Noel White is delighted with the way the game has come together. "This year we had record numbers attending for Assessments for the Gaynor squads and coupled with the growth of the Girls League we decided to put together a day of events to celebrate the Women's game. "We are delighted with the support we have got from the Women's National League teams

and from the hosts of the workshops. We know that the players, coaches and parents will get a lot from the day. As well as the players we are hoping that everyone with an interest in the Girls game in Kerry / West Limerick comes along and enjoys all or part of the day.

"Tickets can be ordered through our Facebook page or from any of the KSBGL members costing only €5."

KILLARNEY CELTIC

PREMIER A

MEK Galaxy 2, Killarney Celtic 10

Wayne Sparling (2), Matt Keane (2), Shane Lowth (2), John McDonagh, Danny Roche, Padraig O Connor, Stephen McCarthy

Our A team warmed up for the forthcoming FAI Junior Cup game away to Crettyard with an emphatic win away to MEK. The goals came thick and fast early on and by the 10th minute Celtic led 3-1. Celtic continued to be lethal in front of goal and the half time came with Celtic holding a 7-1 advantage. Celtic added 3 more in the 2nd half to run out convincing winners. Next Sunday it is FAI Junior Cup action with a trip to Laois to face Crettyard Utd.

PREMIER B

Camp Utd 2, Killarney Celtic B 4 Danny Roche (2), Darragh Lowth (2). The B team gained a vital win last weekend



MEK United Under 12's who won at the weekend.

away to Camp and have now moved on to 13 points in a mid table position.

FAI YOUTHS CUP

Killarney Celtic 3, Villa FC (Waterford) 1

Dylan O Callaghan, James Darmody, Jackson O Mahony

Celtic advanced to the last 8 of the FAI Youths Cup after a home win over Villa in very tough conditions last Saturday. Severe gusts of wind, rain and cold made for a very uncomfortable afternoon but Celtic warmed up their loyal band of supporters with 2 early goals. Dylan O Callaghan opened the scoring when he netted from a corner and then James Darmody gave the side another boost when he finished to the net after Adam Carey launched a long kick in to the Villa box. Villa pulled 1 back in the 2nd half but were then reduced to 10 men. Villa pressed for the equaliser but Celtic held out and they pounched for the important goal when Jackson O Mahony scored from a breakaway to settle the tie. Next up is a home tie in the last 8 against Park Utd from Cork.

CELTIC LOTTO

Numbers drawn 3,16,20,25. No jackpot winner. Lucky Dip winners receive €50. Next jackpot €14,600.

MEK NEWS

UNDER12S PREMIER DIVISION KILLORGLIN AFC 1-7 MEK GALAXY (HALF TIME 0-1)

On a rain/sleet soaked start to the Match in the Dragons Den Killorglin started strongly and created a number of chances before our boys could get a foothold in the game after this MEK started to dominate possession and took the lead when Jack Hallisey fired home from distance to leave the half time score of 0-1 to MFK.

The 2nd Half started with a couple of Killorglin chances and only good goalkeeping from Jayden and fine Defending from Dylan kept the lead intact.

After the early stages of the 2nd half we started converting our with Jack, David, Fionn and Jack again all scoring in guick session to put the result beyond doubt, further goals from goals from Cillian and Feargal put a gloss on the scoreline which was harsh on a Killorglin side who created plenty of opportunitys themselves before scoring in the final minute to leave the 1-7.

TEAM:Jayden Fennell, Charlie Griffin, Dylan O Meara, James Spillane, Danny Murphy, Jack Hallisey, David McCarthy, Feargal Murphy, Fionn Kennedy, James O Meara and Cillian O Donoghue. Man of the Match Jack Hallisey.

FIXTURES

Saturday 22nd. U12 Shield Last 16 Killarney celtic b v Mek b 10.30am U14 shield Quarter Final

Mek v Killarney Athletic B 10.30 am U16 Cup Mek v Ballyhar 11.45am U10 cup Ballyhar v mek 2.00pm U10 Shield Ballyhar v mek 3.00pm

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AN EMPLOYER'S GUIDE: HOW TO DEAL WITH A NEGATIVE EMPLOYEE

It is not uncommon for a workplace to have 1 or 2 employees that are known for their negative attitude towards their job. A negative attitude from just a few members of staff can have a negative impact upon the entire team and even the success of the business.

This kind of attitude could cause irreparable damage, resulting in other members of staff leaving the company, as well as customers choosing to take their business elsewhere. For this reason, it is a good idea to address any concerns over an employee with a negative attitude as soon as you can, to reduce the impact it has on everyone else around them.

To identify these negative minded employees, look out for ones who:

- · Undermine the authority of management, criticising decisions made, resisting change.
- · Complain frequently about the business, their workload, customers or colleagues.
- Exaggerate problems or mistakes made by either the company or other members of staff.
 Gossips about other employees or management to cause tension between staff members.
 Preparing to deal with employees that have a negative attitude

First, make sure you have a good framework in place within the company, that there are policies regarding how an employee should behave and work. Then, when meeting with them, you can refer back to this and show the employee where they are falling short of their duties and responsibilities within their role in the company.

It is also a good idea to have more than one person conduct the meeting, possibly having a HR representative in the room. Doing this will help the employee to see that concerns over their bad attitude are shared by more than one person and is not a personal attack.

For help, support and advice on the above or on any of your HR & Payroll needs please feel free to contact us.

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Councillor MARIE MOLONEY

Clinic:

Killarney Court Hotel Saturday 22nd February at 10am.

Contact details: Mobile: 086 3049422 Email: cllr.marie.moloney@kerrycoco.ie



Co

Killarney Clinic: Scott's Hotel, Killarney Every Saturday 11.00am

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Michael Healy-Rae TD Will Attend Scotts Hotel, Killarney every Saturday at 3.00pm

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NEW LED LAMP HAS HELPED 90% OF ITS DYSLEXIC USERS TO READ 'EFFORTLESSLY'

Although the cause of dyslexia is still a bit of a mystery, researchers have found that the disorder may be caused by a person being born with two dominant eyes rather than one.Because both eyes are vying to process information, written letters and words can become blurred or mirrored, which makes reading and writing particularly difficult for people with dyslexia.

That's why a team of French researchers developed the Lexilife lamp as a tool for helping dyslexics to read and write and is designed to pulse and modulate at customizable speeds that clear up the visual symptoms of dyslexia.

The Lexilife team tested the light's efficiency on 300 people with dyslexia—and 90% of participants said that they could "effortlessly read a text illuminated by the lamp." The device is currently being sold in Europe for \in 549 along with a free 30-day trial.

TODAY IS INTERNATIONAL MOTHER LANGUAGE DAY

Languages, with their complex implications for identity, communication, social integration, education and development, are of strategic importance for people and planet. Yet, due to globalization processes, they are increasingly under threat, or disappearing altogether. When languages fade, so does the world's rich tapestry of cultural diversity. Opportunities, traditions, memory, unique modes of thinking and expression — valuable resources for ensuring a better future — are also lost.

At least 43% of the estimated 6000 languages spoken in the world are endangered. Only a few hundred languages have genuinely been given a place in education systems and the public domain, and less than a hundred are used in the digital world.

International Mother Language Day was proclaimed by the General Conference of the United Nations Educational, Scientific and Cultural Organization (UNESCO) and has been observed every year since February 2000 to promote linguistic and cultural diversity and multilingualism.

THIS SINGLE MOTHER WHO GREW UP IN FOSTER CARE HAS ADOPTED SIX BROTHERS

Jessica Benzakein was only 12 years-old when her mother surrendered her to the state. Since older foster children are far less likely to get adopted, Ms Benzakein remained in the foster care system until she turned 18, and then headed off to college.

Ms. Benzakein spent many holidays as a young woman wishing for a family—so when she finally had a house of her own in Milwaukee, Wisconsin, she decided to open her heart and home to foster children who were enduring the same struggles she had as a child.

In addition to co-parenting two biological sons with her ex-husband, Ms. Benzakein welcomed

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six boys from the foster care system several years ago. Four of the boys are biological brothers currently ranging in age from 8 to 18; the other two boys, aged 4 and 6, are also related.

The youngsters were originally only supposed to stay with Ms. Benzakein for a weekend, but those few days quickly turned into several years as a happy family—which was officially sanctioned a few weeks ago when Ms. Benzakein adopted the boys to become their legal guardian.

ON THIS DATE - 21st February

1922 - An Garda Síochána na h-Eireann (Guardians of the Peace of Ireland) was founded.

1937 - Waldo Waterman's Arrowbile flying car made its maiden flight. The tailless, two-seat, single-engine, pusher configuration roadable aircraft built in the US was one of the first of its kind. Only five were produced, one slightly different from the other, especially in the body work but the invention generated little customer interest.

1947 - Edwin Land demonstrated the first "instant camera," his Polaroid Land Camera, which produced a black-and-white photo in 60 seconds.

1953 - Francis Crick and James Watson discovered the structure of DNA.

1960 - Industry Nationalised in Cuba.

1965 - African American leader Malcolm X was assassinated while delivering a speech at the Audubon Ballroom in New York City.

1970 - The Jackson 5 were introduced to the U.S. with their first appearance on American Bandstand, when 11-year-old Michael sang "I Want You Back".

1995 - Steve Fossett landed in Saskatchewan, Canada becoming the first person to make a solo flight across the Pacific Ocean in a balloon. 2001 - Ireland's multi billion pound livestock industry was on full alert for signs of foot and mouth disease after the first outbreak in Britain for twenty years was confirmed in pigs.

2009 - Up to 120,000 people marched in Dublin in protest at how the Government was handling the economic crisis.

AUSTRALIAN FIRES COULD CHANGE THE ENTIRE EARTH'S CLIMATE

Since September,= 2019 at least 27 million

acres of Australia have burned in one of the country's worst fire seasons on record. That's an area larger than Portugal, and more than 14 times the area that burned in California in 2018. The Australian fires were so massive that they triggered widespread weather patterns and altering of the environment around the world, their repercussions will likely impact millions of people in other countries and continents, as thunderstorm-like plumes of smoke that reached into the sky and clouds of pollutants make their way across the ocean, we all may be dealing with the aftermath for years to come. As The human, wildlife and flora death tolls continued to climb, not only were the fires giving off a huge amount of greenhouse gas

giving off a huge amount of greenhouse gas emissions, but particles in the resulting dust and smoke can further trap heat within the atmosphere, heating the planet even more. Scientist believe it is a catastrophe of global proportions.

YOU MUST BE READY TO TAKE CONTROL WHILE DRIVING ON AUTOPILOT

Ever since Tesla launched Autopilot, the public, media, and some drivers have confused the driver-assist system for a full self-driving system, despite Tesla warning drivers that they are always responsible when driving with Autopilot, and that they must stay attentive and be ready to take control at all times.

Sergeant Kerry Schmidt of Ontario Provincial Police (OPP) reported in early January that an OPP officer stopped a 58 year old Tesla driver that was not only speeding on Autopilot but also "flossing his teeth with both hands while going 135 km/hr (84 MPH).

In December a Tesla Model 3 owner driving on Autopilot crashed into a police vehicle in Connecticut and was given a citation for reckless driving after admitting that he wasn't paying attention at the moment of the crash. Also in 2018, a Tesla driver was arrested for drunk driving after blaming Autopilot for crashing into a fire truck and another Tesla driver was eating and drinking during a crash on Autopilot.

Many drivers fear that if too many people do stupid things on Autopilot, regulators are going to get involved and force Tesla to prohibit the system as they did in Europe.

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Know Your Rights:

Question

What is a rent pressure zone?

Answer

A rent pressure zone (RPZ) is an area where rents cannot be increased by more than 4% each year. They are areas where rents are above the national average and rising quickly. Rent pressure zones are intended to control the rise in rents in these areas. An area must meet specific criteria to become a rent pressure zone.

Most rent increases in rent pressure zones are capped at 4% and there are limits on how often the rent can be reviewed. There are different rules about the limits and frequency of rent reviews, depending on whether the tenancy in the rent pressure zone is an existing or new tenancy.

However, not all properties in rent pressure zones are subject to the 4% restriction. Some properties are exempt. A landlord can seek an exemption for:

• A property that has not been let at any time in the previous two years

• A property where no previous tenancy existed that is a protected structure, or in a protected structure or proposed protected structure and has not been let in the previous 12 months

• Properties that have been substantially changed (the RTB website has full details of the types of substantial change required)

Designated rent pressure zones will be in place until 31 December 2021. You can find out if you live in a rent pressure zone by visiting citizensinformation.ie. Further information on rent pressure zones and a calculator to calculate the maximum allowable rent in a rent pressure zone is also available from onestopshop.rtb.ie/rent-pressure-zones.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



Plan for Success

Planning ahead, in whatever task we do, can help smooth the way and prevent problems from arising later on. Confucius, the Chinese philosopher rightly said, "A man who does not plan long ahead will find trouble at his door." It is said that "Planning is bringing the future into the present so that you can do something about it now." Chances are, if you speak to anyone who has been successful they will tell you that planning ahead was a vital ingredient in their formula for success.

Planning ahead can be a very effective way to stay on top of things and not get too stressed. Feeling in control of your life is the foundation of stress management – and whilst we can't control for everything – planning ahead helps us to achieve a balanced life – with time for work, relationships, relaxation and fun. Planning ahead can enhance our performance, make us more productive and ultimately help us to become more effective in what we do. Mark Sanborn – a writer in this field - claims that "Thorough preparation creates tremendous performances." Planning ahead helps us to be proactive rather than reactive – and take the right course of action when faced with difficulties and challenges. We can also save money by planning ahead – as tickets can often be cheaper when bought early on and cheap deals usually book up in advance.

Of course, we don't just make a plan and leave it at that. Effective plans need to be reviewed and updated regularly. Our plans evolve over time – and can help us to stay on course and get to our destination. Now might be a good time to begin to plan ahead (or review your current plan). This may be for the new school term, for Christmas, a holiday next year or maybe a career change. Whatever your goal is - follow these golden rules of planning and watch your plan fall into place:

- 1. Know where you're going what are you aiming for?
- 2. Set specific goals, tasks and intentions
- 3. Create measurable milestones
- 4. Break down large tasks into smaller more manageable chunks
- 5. Set timeframes and deadlines
- 6. Create a visual representation of your plan
- 7. Set daily actions to help accomplish your task
- 8. Stick with your plan and don't give up
- 9. Revise & update if necessary
- 10. Realise your goal.

Many of us harbour limiting beliefs and negative habits which block us from success. In next week's issue we will address the skill, tools and discipline needed to overcome our psychological barriers to success.

SouthWest Counselling Centre, Killarney provides affordable professional courselling to children, adolescents adults and couples at its Killarney Centre (Lewis Road). To make an appointment call: 064 6636416/064 6636100 E info@southwestcourselling le.

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Welcome back dear reader, are there giants in your life that are terrorising you and prophesying your defeat? These giants can be sicknesses, relationship problems or abuse, mental anguish, financial lack or addictions that can make one feel overwhelmed, powerless and exhausted. Last week we saw how when David played music for King Saul the anointing of God's Spirit flowed, and the depression and terror that was oppressing Saul left. '...Submit to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you. Cleanse (repent of sin) and humble yourself in the sight of God and He will lift you up' (James 4:7-10). There was a huge difference between King Saul and David whom God anointed King after him. Saul became proud and gave into the influence and opinions of others to please them, which opened him up to paranoia and enormous torment. But David remained humble, quickly repenting of his sins, trusting in God's Power and not his own. God told Samuel when he went to anoint Saul's successor that "the LORD does not see as man sees; for man looks at the outward appearance, but the LORD looks at the heart". (1st Samuel 16:7). There was nothing special about David physically but his heart belonged to the LORD. He was willing to please God and worship Him alone. David knew that in himself he could do nothing, but through his experiences with God's Presence and friendship he knew that God could do anything (Psalm 18). This led to him overcoming the giant Goliath in the most amazing battle, where he courageously faced and defeated the giant with only his sling and a stone. Read it for yourself in 1st Samuel chapter 17. The anointing of God's Spirit upon David turned a skinny shepherd boy into God's warrior king! Because of David's time spent worshipping God, and fellowshipping with Him as Friend, he was able to go beyond his own feeble ability, and accomplish mighty feats by the Power of the Holy Spirit. Was David perfect? Certainly not - he was a human being - tempted, and with highs and lows like everyone. But he learned the key to victorious living was not trusting in himself or in man, but in God, and he experienced the goodness of God (Psalm 27:13; Psalm 62). It's no different for you dear reader - God loves you passionately and with Him nothing is impossible! (Matthew 19:26; Philippians 4:13).

See more at wordofvictory.net

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Fr. Kieran O'Brien pictured at the Church of the Ressurection on Monday night where hundreds turned up to receive a blessing from St. Padre Pio's glove.

NOVENA TO ST. CLARE

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Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena.

Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen

> Your request will be granted no matter how impossible it may seem. Х

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL O Most Beautiful Flower of Mont Carmel. Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and Show me herein you are my Mother. (Make Request) O Holy Mary, Mother of God, Queen of Heaven And Earth, I humbly beseech you from the bottom Of my heart to succour me in this necessity. There are none that can withstand your power. Oh show me herein you are my mother. Oh Mary conceived without sin, Pray for us who have resource to thee (3). Say this prayer for 3 consecutive days And then publish it and request will be granted to you. This prayer must be published in thanks giving for favours received.

> And thanks to the universe. A.S.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted.

J.C.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. M.C.

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