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Annabelle Casey, Niamh Foley, Aoife Foley and Ailbhe Claffey pictured at a vigil in memory of Ashling Murphy at Spa GAA Club on Wednesday night. Picture: Anne Holland.



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STUDENTS LAUDED
FOR THEIR PHENOMENAL
ACHIEVEMENTS

See Page 4

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Aisling Crosbie.

FROM THE EDITOR

The country was united in grief this week following the untimely death of Ashling Murphy. Clubs and groups across Kerry, Ireland and beyond held vigils in memory of the 23 year old teacher who had her whole life ahead of her.

In this week's Killarney Outlook, we look at some of the vigils held locally, we speak to the mother of a young man who was murdered almost 13 years ago and we give platform to the progressive young men who are united in their journey against violence.

Rest in Peace Ashling, you will never be forgotten.

HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE

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“Creativity, ingenuity and breadth of vision”

STUDENDS LAUDED FOR THEIR PHENOMENAL ACHIEVEMENTS



Minister for Education Norma Foley TD has congratulated the Kerry students who won prizes at this year's BT Young Scientist and Technology Exhibition. Minister Foley pictured with Students Keira Geaney, Abbie O'Sullivan, Olivia Gaffey and teacher Mairead McElligott from St Brigid's Secondary School Killarney. Photo By: Domnick Walsh © Eye Focus LTD.

Students from the Kingdom received a total of 11 awards at this year's BT Young Scientist and Technology Exhibition and this week met with Education Minister Norma Foley who congratulated them all on their amazing achievements.

The bright sparks attend St Brigid's Secondary School Killarney, Tarbert Comprehensive School, Mercy Secondary School Mounthawk, Gaelcholáiste Chiarraí, and Pobalscoil Inbhear Scéine Kenmare, were among the list of national winners at the virtual awards ceremony last Friday.

Four students at St. Brigid's Presentation Secondary School were among the winners, with Olivia Gaffey and Clodagh Lucey Highly Commended for their project: What factors influence the perceived rate of exertion on students?

Their fellow students Keira Geaney and Abbie O'Sullivan were rewarded by winning a Design Award in the technology section for their 'My Carbon

Buddy' project, an app where you can track your carbon footprint. "My Carbon Buddy" focuses on personal responsibility and on the use of non-sustainable materials.

Minister Foley met with students from the five Kerry schools in Tralee to congratulate them on winning an impressive 11 prizes at this year's contest.

Minister Foley said: "In Kerry, we have a proud record at the BT Young Scientist and Technology Exhibition and I would like to congratulate every student who took part in this year's competition.

"I am always in awe at the creativity, ingenuity and breadth of vision displayed by the entries and this year's cohort did not disappoint.

"To receive a total of 11 awards and commendations is a phenomenal achievement in a competition which has such a high standard. Well done to you all.

"I would also like to acknowledge all of the teachers and mentors who also give so generously of their time and expertise to support all of these students on their journey. Thank you to the parents and families for your unwavering support."

Speaking following the announcement a spokesperson for St. Brigid's Secondary School said they were thrilled to see four groups from our school get through to the finals of BT Young Scientist but when we received the news that two groups won prizes it was an added bonus!

Massive congratulations to Clodagh Lucey and Olivia Gaffey who won a "Highly Commended" Award in the Social and Behavioural category and to Keira Geaney and Abbie O Sullivan for winning a "Display" award for their project in the technology category. Well done girls.

Keira Geaney, Olivia Gaffey and Abbie O Sullivan met with Minister for Education, Norma Foley today in Tralee to discuss their success in the BTYSE competition - Minister Foley was very impressed with their work. The girls said they "felt honoured to meet her and were happy to share their projects with her."

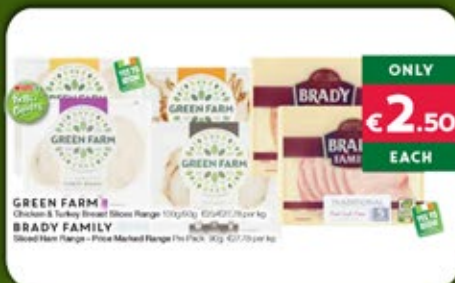


Minister for Education Norma Foley TD has congratulated the Kerry students who won prizes at this year's BT Young Scientist and Technology Exhibition. Photo By: Domnick Walsh © Eye Focus LTD.

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SEM STUDENTS CONTINUE THEIR JOURNEY AGAINST VIOLENCE

By Jack McCrohan, TY STUDENT: St Brendan's College Killarney.

In my opinion our YSI project hammers home a really important and concerning message. 'One Punch Can Kill' isn't like a slogan or some sort of catchy jingle. It is a quite a literal message that One Punch CAN and WILL Kill.

We are conducting more research on why boys and men particularly in the 16-25 age group are the main culprits of physical violence, which is not an easy task, but we as a YSI group are determined to get to the bottom of this pressing issue and envision what we can do actively bring down this statistic.

We have already completed many actions such as making posters, creating multiple social media pages with regular posts, and carrying out surveys. Recently, we got in touch with An Garda Síochána and asked them to come into the school and further educate us on this matter, we are looking forward to hearing from them.

Through our surveys and research etc, we have noticed that one of, if not the main cause of male violence is the macho culture, meaning to be a man, you must be the biggest and strongest. So, to prove this masculinity, they resort to violence. It is a behaviour pattern deeply embedded in our society and is further perpetrated, through the media, Hollywood,



internet, online gaming and more. Machoism is defined as a male exhibiting an overbearing attitude to anyone he sees as inferior. Machoism can have a negative impact on society, politics and culture.

However, I believe by gaining even more knowledge and actively carrying out different tasks related to this issue, that we can change the "macho culture" that is engraved in society. Education is key. We need to get everyone back to basics. Respect By Everyone, For Everyone. Regarding our last Instagram post about the

horrific death of Ashling Murphy, we are proud as a school to stand by Ashling's family and all the women in Ireland at this mournful time.

***'Goodnight Offaly Beauty
 sleep well if you can
 Our candles are burning for you
 here we stand'
 J. Gallagher***

Please follow our Instagram to keep up with our journey semagainstviolence.

HELLO EARTH, THIS IS KILLARNEY CALLING

With the exciting news that the colourful Killarney St Patrick's Festival is returning this March, following an enforced two-year absence, the big focus now is to ensure that it will be a wonderful celebration as the town and the country slowly but surely gets back to normal.

The emphasis this year will be on the gala St Patrick's Day parade – an integral part of Killarney's rich heritage and culture for generations – and the very appropriate theme for this year's pageant is Earth/An Chré.

It will celebrate the planet we live on, the ground that sustains us and the world we share with 7.8 billion other inhabitants and it will also give a shout-out to Killarney as one of the best towns of all in which to live, to work and to visit.

While the green theme reflects a very serious issue, the organisers are encouraging parade entrants to put a fun and novel interpretation on it all – if they so wish – and to dazzle everybody with their imaginative floats and marching groups by making it colourful, making it noisy and creating a real performance.

"At a time when we learn that our planet is under threat from global warming, conflict and neglect, we need to consider our responsibilities, not only to Killarney but to everybody with whom we share the Earth," said festival committee voluntary chairperson Paul Sherry.

He invited people to draw on all the opportunities the theme presents,



on how to improve the Earth through recycling, green energy, electric cars and through adopting the practices and principles of sustainability.

"We are quietly working behind the scenes and plans are at an advanced stage. We are hoping to pick up where we left off back in March 2020 so we are staying with the pre-pandemic theme of Earth/An Chré as so many people had already put a lot of work and effort into preparing for that theme two years ago," Paul said.

All proposed events will be subject to public health guidelines on Covid-19 at the time but, following the extremely successful and safe Christmas in Killarney parades last December, the organisers are super confident that they will be in a position to present a safe and spectacular event for everyone to enjoy.

Marching bands, spectacular floats, community groups, sports clubs, businesses and so many more will join in the fun as the parade slowly winds its way through the streets on the greatest day of all to be Irish.

Application forms for the parade will be available shortly from the Killarney Municipal District Office in the Town Hall or from Killarney Chamber of Tourism and Commerce. (chamber@killarney.ie or 064-6637928.

Alternatively the forms can be downloaded from info@stpatricksfestivalkillarney.ie or www.stpatricksfestivalkillarney.ie.

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LEGION ADOPTS ONE CLUB CONSTITUTION

Legion GAA Club in Killarney has unanimously approved the adopting of a new constitution which will bring the GAA club and LGFA together.

The Club members recently unanimously approved the adoption of this new Constitution and Killarney Legion are now likely to be the first club in the country to incorporate and formalise the One Club concept into the official Club Constitution.

PRO of the club Enda Walshe looks at what it means.

The Club Constitution is the document in which members describe the processes by which we interact with one another and is intended to ensure that the Club is organised in a fair and equitable and transparent manner. Up to very recently our Club operated under a Club Constitution which was passed at a Special General Meeting in December 2002. That 2002 document was largely based on the template provided by the GAA with some slight amendments to suit the Club requirements at the time and also specific Club Bye Laws in the preceding years.

The phenomenal growth of Ladies

Football in the last 20 years is one of the major success stories in Irish Sport and this also meant that our Constitution did not reflect the new demands on human and physical resources within the club or any club for that matter. While it is imperative that female teams and members were treated equally and fairly, certain factors needed to be identified and dealt with. One of the biggest (possibly unknown to many) is the GAA and LGFA are two entirely separate organisations. The LGFA has its own structure of Clubs, County Boards, Provincial and Central Councils, all of which are unaffiliated to the GAA. This can lead to much misunderstanding and unbalance the needs and demands of two separate organisations. Within any given club there could be in effect a



The Committee who put together the New Club Constitution formalising the One Club Concept. Front Row: Selina Looney, Elizabeth Mohan. Second Row: Pat Moynihan, Tom Griffin. Back Row: John Doona, Ted Healy (Chairperson Killarney Legion Ladies Committee). Missing from photo: Tim O Leary

two club situation, one affiliated to the GAA and another affiliated to the LGFA. How would this pan out in a balanced manner in relation to allocation of facilities, sponsorship/revenue and membership rates amongst others was one of the biggest considerations. To that end in 2017 the GAA in association with the LGFA and the Camogie Association published a "One Club Guidelines" document which was intended to address this. As a Club Killarney Legion did adopt some of the recommendations which proved very welcome and successful but as a Club which always strives to treat all our members equally and fairly we agreed, at the 2020 AGM, that a total redraft of the Club Constitution was needed. A steering committee of Pat Moynihan, Selina Looney, Tom Griffin, Elizabeth Mohan, Tim O Leary and John Doona met on numerous occasions during 2021 (remotely) and using the GAA Club Constitution, LGFA Constitution and One Club Recommendations as reference they eventually came up with a very unique document which they believe will serve all members of Killarney Legion GAA well. In effect it is bringing together the two

organisations, GAA and LGFA, in the Club, something that had always been strived for, a shared approach for the benefit of everyone.

The Club members recently unanimously approved the adoption of this new Constitution which replaces the existing one and were grateful for the time and effort the steering committee put into it.

To the best of our knowledge we are the first Club in the country to incorporate and formalise the One Club concept into the official Club Constitution

A copy of this new document can be viewed at www.legiongaa.com.

Noreen remembered at Tractor Run



The late Noreen Cronin

A loving wife and devoted mother was remembered last week at a Tractor Run in her memory which took place on Sunday in Tureenacahill.

Noreen O' Connor Cronin was a loving wife to Donal and devoted mother to Jerry and John. It has been nearly 9 months now since Noreen lost her brave battle with breast cancer on March 29th 2021 surrounded by her family in Kerry Hospice.

Noreen's family, are extremely appreciative of the kindness and compassion we received from those who supported and cared for her throughout her illness, in particular the staff in the oncology day

ward and the Kerry Hospice Foundation. To ensure that staff can continue to care for patients and families in similar situations to ours, Noreen's son John, organised a tractor run which will take place on January 16th 2022 in her honour. As taking part in a tractor run is not possible for everyone, we have been asked by many of Noreen's friends and family to set up

a fundraising page in her honour. All funds raised here and from the Tractor run will go directly to Kerry Hospice Foundation and Comfort for Chemo Kerry.

Any donation, big or small, would be appreciated and you can donate at: https://www.idonate.ie/fundraiser/11422604_in-memory-of-noreen-o--connor-cronin.html

The family of Noreen would like to take this opportunity to thank everyone involved in making the tractor run a fantastic success..

"Words cannot express out sincere gratitude to everyone - all proceeds raised will go directly to Palliative Care Unit and the Oncology Department.

John & Jerry Cronin pictured at the Tractor Run on Sunday in memory of their mother.

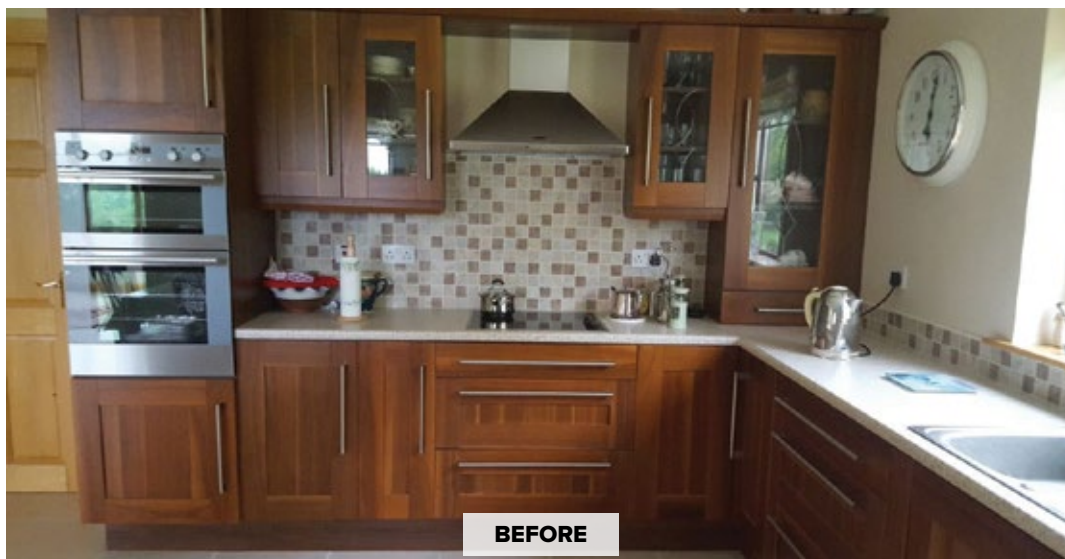




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Your chance at stardom

ACTING FOR SCREEN CLASSES IN KILLARNEY

The chance to make the dream of becoming an actor come true is now a possibility in Killarney as talented Tralee based professional actor, Tim Landers is set to run a series of acting workshops.

Killarney Actors Workshop are delighted to be returning with their Acting for Screen classes in Killarney this January after a very successful winter of classes in 2021 at our venue 50 New Street, (Maries Slimming World). Killarney Actors Workshop is run by Tralee based professional actor Tim Landers and started in September 2021 in Killarney, Tim also runs classes in Tralee for teens and adults on Tuesdays with Tralee Actors Workshop. Killarney Actors Workshop offers classes for teens (aged 11-17) at 6pm and adults (over 18s) at 7pm every Wednesday night, this year starting on Wednesday January 26th. The price of each class is 10e on a pay as you go basis but there is also block advance booking available. The classes will run for 3 months (until May) when we will film the actors work with a

professional cameraman and the actors will get a showreel of their work. This worked extremely well in early December, the actors work on camera was all fantastic and a brilliant end to that term of classes.

Those attending this term will be taught

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Tutor Tim Landers has been a professional actor for 20 years now and a drama teacher for 11 years. During that time he has done numerous commercials and voiceovers while also appearing in HBO's Game of Thrones, Fair City, Ros Na Run and Killinascully. Last summer he appeared alongside Olivia Colman in the feature films "Joyride" (shot around Kerry) and opposite James Cosmo in "My Sailor My Love

(shot in Achill, Co. Mayo). He also shot a short film in Killarney in November called "Haven" with filmmaker Mo'Connell and will be appearing in Killarney's own D and R Productions crime flick "The Mob 2" which will be released shortly.

Tim has appeared as a stage performer in over 70 theatrical productions since 1990, and has directed many musicals. He appeared with Killarney Musical Society in the INEC in 2014 in the musical "Jesus Christ Superstar" as Pontius Pilate. Tim has also won the best director award at the Waterford International Festival of Light Opera 2003 for the musical "Guys and Dolls" and he himself won Best Comedian in the Association Of Irish Musical Societies awards in 2014 for the role of the mad German playwright Franz Leibkind in "The Producers", presented by the Light Opera Society of Tralee. The last 10 years teaching drama has become a passion of Tim's, he ran his own stage school in Tralee from 2007-2017 and his own drama group from 2017-2020, and screen classes now for the last year.

Any enquiries please call 0834056829, all are welcome.



KERRY BRING HOME THE SILVERWARE

Congratulations to Aoife Walsh, Sinead Moriarty and Niamh Faulds who all played in Tyrone at the weekend in a Handball Tournament with both Aoife and Sinead both victorious.

throughout the competition, They brought 2 trophies back to the kingdom. they did there club Spa GAA and the County of Kerry proud.

Aoife won the 1 wall challenger she won the final 15-4 she showed great strength and ability throughout the tournament, Sinead Moriarty also won a doubles final playing some great shots, Niamh Faulds who was up against a tough opponent on the day couldn't get the win but showed great determination



Niamh Faulds, Sinead Moriarty and Aoife Walsh (pictured above) and Aoife and Sinead pictured with their silverware (right)



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THIS WEEKS BEEF COMES FROM CAHILLANES MEATS KILLORGLIN. THIS WEEKS LAMB COMES FROM CAHILLANES MEATS KILLORGLIN.



Time for women to be honoured in Killarney

The death of Ashling Murphy has focused the public mood on the brutal and awful nature of violence.

But it has also helped shine a wider light on how women are viewed in all our society. And in a way, how they are not viewed.

Killarney has not been found wanting in its expression this past week. From the Killarney Soroptimists who for six decades

have quietly been trying to raise the status of women who work in this town – the town has one of the oldest branches in Ireland and one of the most distinguished – to the first citizen, a woman, Mayor of Killarney, Marie Moloney, to the gathering at the racecourse, the town reflected its sadness and outrage.

But the invisibility of women in the Killarney public realm is something that has been apparent for decades, pardon the contradiction.

It is becoming more glaring as we continue to put up yet more monuments that reflect one gender only.

About the only town centre monument to women in Killarney is the “spéir bhean” – the supernatural version of Ireland which appeared as a beautiful young woman in 18th century “aisling” or dream vision poetry of the great poets.

Away from the centre, we have a bench by the Flesk River to Beatrice Grosvenor, and we have the Grotto in Rock Road.

We have still no prominent public monument to the real women that mostly built and mostly worked and had the vision for the successful modern tourist industry in this town.

We have some very noticeable monuments – fighting stags, the vulture eagle, the Monsignor, the Friar, the soldier, the Fusiliers cross, ploughing, the musician, the wheel in the fern garden and so on, but alas none to women.

It would be great for instance to see a few women, teachers, nuns or lay volunteer, added to the men's on the monument of Mission Road. Perhaps readers have names of women who went on the missions?

A woman in a black and white Victorian waitress dress uniform with a notebook and a tray energetically stepping out from the Market Cross, a bit on the lines of Alan Hall's

wonderful Monsignor O'Flaherty statue, might be a fitting and a fetching tribute to the contribution to the women of Killarney.

A direct link between bus and rail stations is vital

A Walkway link between rail station and bus station in Killarney may be “low priority” in the funding streams of two semi-state bodies. But the link is very much a top priority among local representatives. And strangely, this week after Barry Kenny of Iarnród Éireann witnessed there was a full council, not just Killarney based representatives, behind the request, there is renewed hope he will convey a strong message to management. No pedestrian link is in place to link the Victorian train station and the bus station in Killarney. The whole site was once part of the same yard. The two companies were at one stage one.

That there is no direct link is “ludicrous” to use the words of a local councillor. A few things are keeping the door open, however, and this week the chink in the fence was widened.

A pre Christmas letter from Iarnród Éireann, to Cllr John O'Donoghue outlined three main options “to improve connectivity”.

The rail company identified three options.. A pedestrian route through the Bus Éireann public car park and the train station at the end of the rail platform was one: a new underpass was another and then there is the possibility of building a footbridge.

The investment is “low” on the list of priorities – but it has not been ruled out.

The easiest and least costly is obviously the gap in the fence. But a footbridge, would also do, John said.

Saying it was ludicrous to see people hauling cases through the whole shopping centre to get next door, he will settle for functionality in the footbridge, “and the aesthetics can wait!”, he told me.

He is not letting go and is energised by the backing of the full council for the suggestion. Barry Kenny may not have realised until this week how important an issue this was, John said.

“I think he will take the concerns of the council back again,” the councillor said.



A link between the train and the bus station is vital.

Road Lining promised to ease congestion at McDonalds

We live in strange times. Travel in and out of the county which plummeted during 2020 is slowly returning according to new figures.

Kerry Airport has recorded better than expected passenger numbers for 2021.

At the end of 2020 after the first year of the pandemic, the airport's numbers dropped to just under 83,000.

Last year, the early part of 2021 looked no less promising, with predictions of similar low numbers.

But this week, chief executive officer John Mulhern, revealed that passenger figures for 2021 year have hit 115,000, “well up” on 2020.

But still a long way off the almost 370,000 passengers flying to and from Kerry in 2019.

Rail numbers too been released. The Mallow to Tralee line ferried almost 360,000 people last year. Most of these will have got off, naturally, in Killarney. This was up on the abysmal 256,000 of 2020 but still a long way from the heady climb to 686,000 in 2019.

What then are we to make of the increased traffic congestion in Killarney everyone is complaining about?

McDonald's themselves have “chipped” into identifying the solution, which is also linked to the pandemic.

A new filter lane is necessary at McDonald's, and it may be time to think about towing cars off double yellow lines and entrances to ease the traffic jams for McDonalds on one of the main roads in and out of the town, a council meeting was told by Mayor Marie Moloney.

“We are constantly receiving telephone calls from the residents who are frustrated and concerned at the dangers being encountered at this junction and not being able to access their homes,” she said.

The problem arose because “the vast majority were using McDonalds as a Drive Through as distinct from going into the outlet itself,” the town engineer, John Ahern, said. This appears to be the case.

A return to normal trading conditions including dine on February 1st “if the pandemic regulations are eased as planned”, will ease matters, the outlet's manager Martin Hoban said, responding very quickly to media queries. He has had discussions with town engineers too.

A road lining contractor has been awarded lining and other works, the council says.

It's not just Killarney: Traffic congestion leading to McDonald's Tralee last year led to appeals to motorists by Gardai not to block the way to the hospital.



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HASSLE FREE PARKING

PARIS IS TENNESSEE BOUND ON BASKETBALL SCHOLARSHIP

Talented basketball player Paris McCarthy, who plays with St. Mary's Basketball Club in Castleisland is heading to East Tennessee State University after securing a full scholarship in the NCAA division one college.

An absolutely thrilled Paris has said "It's crazy, this is something I have dream't about since I was 11 and I can't believe now that it is actually happening", Paris said.

Head coach of women's basketball in ETSU is Simon Harris, who in 2009 played Superleague in Ireland with Moycullen! The East State Buccaneers women's team play in the NCAA Division 1 Southern Conference and in 2018 they came second in the conference and qualified for the final 16.

Paris has been capped 25 times; she represented her country at u16 level in 2019 when the Ireland squad travelled to Bulgaria for the FIBA European championship, picking up 19 caps at this age level and another six this year playing the FIBA European Challenge "A" competition with the Irish U18 squad in Klatovy, in the

Czech Republic.

She has numerous All Ireland titles in Community games basketball with Castleisland, several county league and cup titles with St. Mary's at all levels.

With Kerry, she has two u14 All Ireland titles and was on the u16 Kerry team who made the All Ireland playoffs in 2019 (hope that year is correct)

Paris coaches both the U14 division one and division three teams in her club. She is assistant coach of the u14 girls Basketball Ireland Regional Academy for the South West (head coach is Conor Brosnan, Liam's brother).

She plays schools basketball with Gael Coláiste Tráil; they have played three games in the "B" division this season and are undefeated at this time.

Paris was a member of the division one ladies team who were runners up in the National



League in the 19/20 season. She now plays at the highest level with Team Garvey's (St. Mary's) Superleague team.

Paris is currently trying out for the Irish u20 squad.



BLUEBELLS PRESCHOOL

- a home away from home



Brian O Sullivan (Principal of Loreto National School) Alison Maher, Rosemary Falvey (Proprietors of Bluebells Preschool & Afterschool)

A new preschool and afterschool service which opened its doors in September 2021 are now enrolling for September 2022.

Bluebells Preschool & Afterschool is a part time Early Years service located within Loreto

National School. The service opened its doors for the first time in September 2021. Bluebells offer the free preschool scheme and an option of additional hours from 9.00am – 1.50pm. The preschool is a play based preschool which follows a child led emergent programme of care. It also offers an afterschool service within the school for primary school age children attending Loreto School. Currently the afterschool

service runs from 1.50pm – 2.50pm with plans to eventually extend these hours until 5pm in the coming months.

The owners of this service are Rosemary Falvey and Alison Maher and both work in the service.

Rosemary and Alison both have 16 years experience working in the Early Years sector and most recently were managing a very well known creche in Killarney before branching out with their own preschool in Loreto National School.

Both Rosemary and Alison are local to Killarney and parents themselves with children both in attendance in Loreto National School and Bluebells Preschool. Rosemary herself attended Loreto National School as a child and her daughter, Lily, is carrying on the family tradition, being, the 4th generation from their family to attend Loreto National School.

Within Bluebells, Rosemary and Alison have created a home away from home environment for the children where they can make friends and have quality, fun learning experiences in a safe and secure environment.

"Our main goal in Bluebells is to provide a quality early learning experience through an environment that encourages and respects individuality and to maximize the development of children through the provision of professional care and developmentally appropriate educational activities"

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She was going for a run..... Ashling Murphy remembered

There was a tsunami of grief throughout the country and across the world following the tragic death of 23 year old Ashling Murphy from Tullamore in Co. Offaly last week.

A wave of grief, shock and anger was felt by everyone as details of the shocking death were announced and many groups and clubs held vigils in the days following her death.

Hundreds attended a vigil in Killarney at Ross Golf Club which was organised by Lily MacMonagle from MACAdemy and Nave Yoga on Friday afternoon, while clubs like Kilcummin GAA Club and Spa GAA Club held walks and lit candles in memory of Ashling.

Leading the tributes in Killarney to the 23 year old Primary School student, Cathaoirleach of Killarney Municipal District. Cllr Marie Moloney conveyed her sincere and genuine sympathy to the family, friends, work colleagues and pupils of the Late Aisling Murphy.

"I was with great shock and horror that I learned of the brutal and untimely death of Aisling. A young innocent woman who was simply going for a jog in broad daylight. I have attended a vigil and seen the many vigils from all over this country, attend by both women and men, which indicates the abhorrence that all feel about the brutal and cold murder of this young woman and indeed the level of fear that women, in particular, live with.

No woman, nor indeed men, but predominantly women, should have to live in fear, not to have to keep looking over their shoulder every time they are out for a walk or run.

Change is needed both by government and by the courts. Sentencing needs to be strengthened with proper and lengthy confinement for assaults on women and for episodes of Domestic Violence. Violence against women must be stopped and I am calling on Government to commit to radical structural reform in the implementation of the 3rd National Strategy on Domestic, Sexual and Gender Based Violence (DSGBV), which is scheduled for publication later this year. I am also calling for more funding for the Psychiatric services which may alleviate a lot of domestic and

public violence", Cllr. Marie Moloney said.

ADAPT Kerry also responded to the horrific murder of Aisling Murphy who was killed as she was out running along the canal in Tullamore in Co. Offaly. Offering their condolences, the general manager at ADAPT Kerry said *"This shocking killing of a young talented woman has shaken the whole country. And it has left many people feeling unsafe in their communities. Aisling Murphy's murder is a stark reminder that as a society we are a long way from having true equality in our Country. We know that one in four women in Ireland experience some form of abuse in their lifetime. ADAPT Kerry reiterate that the way to combat violence against women is to provide true and equal access, and full participation to all women. Perpetrators and Abusers need to be held accountable for their actions across all systems. It is not good enough that women feel unsafe in their homes or their communities.*

Ashling was a lover of traditional Irish music and a member of her local Comhaltas branch. She was among the finest exponents of the concertina and fiddle and was also learning the uilleann pipes before her untimely death.

"All of us in Comhaltas and the world of Irish traditional music are shocked at the untimely death of Ashling Murphy. She was an exceptionally talented young lady who made an unforgettable impression on all who had the good fortune to know her" a statement from the organisation said.

Education Minister Norma Foley also sent her sympathy to the Murphy Family saying *All of us are united in grief as we offer our heartfelt and sincere condolences to the Murphy family and the school community at Scoil Naomh Colmcille in these most trying of times.*

We are mindful of the



giftedness, generosity and kindness of this young woman who in her teaching career impacted so positively on the lives of so many of her students and colleagues.

The school community will continue to be supported in every way possible over these coming days and into the future.

"Education is key. We need to get everyone back to basics. Respect By Everyone, For Everyone"

Jack McCrohan, TY Student at St. Brendan's

Ar mo shon féin agus ar shon fhoireann na Roinne, ba mhaith liom mo chomhbhrón ó chroí a chur in iúl do chlann Ashling agus dá cairde go léir ar a bás.

Codladh sámh i ngrásta Dé, a Ashling.



Musicians from Kilcummin GAA Club play traditional Irish music in memory of Ashling Murphy while club members walked in her honour

She was going for a run..... Ashling Murphy remembered

Time to give women more protection to defend themselves

In the wake of the recent tragedy of the murder of Aisling Murphy and the ever-increasing assaults of women in Irish society, Deputy Michael Healy Rae TD has called on the Irish Government to open a real debate in legalising the use of Mace so women in particular would be able to defend themselves against unprovoked attacks and assaults.

"Like everyone I was devastated when I heard of the death of Aisling Murphy and as a father of two daughters myself, I just cannot start to begin to know the grief of the Murphy family to have such a bright light quenched so cruelly in a middle of the day in such a rural setting.

"It is time that we open a discussion in Irish society with a view to giving women in particular more protection by legalising the use of Mace or pepper spray as it is more commonly known" Deputy Michael Healy Rae has said.

Currently the European Union does not regulate

Ashling Murphy's first class students held her photograph in a guard of honour with the words.....

***Fly high in the sky
our shining light***

pepper spray, leaving member countries free to regulate it themselves. Pepper sprays containing noxious substances are currently prohibited in Ireland, the UK, Belgium and Sweden but In Switzerland, Germany, and Portugal, pepper spray is permitted with a license.

"I know from answering a lot of calls at my office in the last two days, that this is not just a whim issue, it is a real issue as you can see with the number of women across all walks of Irish society now sharing their often-terrifying stories on social media. How long as we just going to push the issue under the carpet. The very least we should do is open a real debate in making Pepper Spray a legal alternative for women to defend themselves in such violent situations.

Observing a minute's silence at the vigil in Derrynane were From Left: Vincent Hyland, Roisin Galvin (the organiser of the vigil), Aoife Desmond and Wally Desmond. Vincent, Aoife and Wally provided music during the vigil. Photo: Michael Donnelly



Milltown/Castlemaine Gaa Club walking group paused for a moment during our Friday night walk last night to light candles and think of Ashling. The thoughts of our whole club and community are with Ashling Murphy her family, friends and community at this unimaginably difficult time. Ar dheis Dé go raibh a hanam.



She was going for a run..... Ashling Murphy remembered

KILLARNEY COMMUNITY COLLEGE REMEMBER ASHLING

On Tuesday Killarney Community College were united in a minute silence in remembrance of Primary teacher Aisling Murphy as a mark of respect and in solidarity with the rest of the schools around the country. Students respectfully observed the minute silence impeccably and allowed them to reflect on the brevity of life and taking one's own safety for granted.

Ms. O'Riordan led students and staff in a one-minute silence, remembering Aisling Murphy. Ms O'Riordan stated: "Today we join with every school in Ireland in remembering Aisling Murphy from Co. Offaly.

As I am sure all of us are aware of the tragic circumstances surrounding Aisling death last week -we think of her family and friends who are in mourning today as Aisling is being laid to rest.

For us here in Killarney Community College let us reflect on our own safety, on our respect for each other and our responsibility to treat everyone with respect. We take this moment today to also remember our own loved ones who have passed away, especially those who have died since the beginning of the Pandemic." RIP Aisling Murphy



"It's time to raise empathy and compassion in children and young people"

- Lotte Lyne

The mother of a young man who was murdered in Killarney almost 13 years ago has said that empathy needs to be taught to children to help bring an end to violence.

Stephen Lyne was only 17 years old when he was stabbed to death on Ross Road just yards from his home.

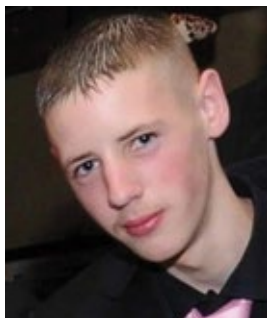
"As I watched the funeral of Ashling Murphy from home this week, it brought back painful memories of my son Stephen's funeral", Lotte Lyne said.

"This whole week has brought up all the emotions I felt after my sons murder and I have been reflecting with the nation and the world on what happened to Aisling Murphy and how it brought the reality to the forefront, that we as women, do not feel safe in this world of ours. The fact that we have to watch over our shoulder when we are out alone, how we have to make decisions based on staying safe in our daily lives it is not right and it is not ok", she added.

"However, I think it is not just a gender issue, it is much bigger than that, it is a reflection of our society today. Humanity has been desensitized and violence is on the rise, taking a life has become an every day happening, without remorse or regret", Lotte said.

Feeling angry is a natural reaction and across the world people are saying ENOUGH, this has to stop. But how do we change the tide of this tsunami of violence across the globe?

"I believe that the only way is to change the heart - behind the violence. We have to raise empathy and compassion in the worlds children and young people so that we will create a safer, more compassionate world", Lotte added.



Stephen Lyne was only 17 years old when he was stabbed to death

Mná Na hÉireann

Why can I, a man, walk home, alone,
without the fear of God, in every bone?

I can choose the path, on either side,
cross 'oer the road, without breaking stride!

I don't need to text, 'I'm on my way!'
or pretend to talk, to a bright phone display!

The bushes rustle, but I'll not hear,
coz I'm a man, I need not fear!

I stop to check, a Facebook post,
as shadows lengthen, in my phone, engrossed!

No clench fist keys, no alarm bells ringing,
no racing heart, no WhatsApp ping!

Yet, you my sister, my Mam, my aunt,
my darling daughters, my wife,
you can't?

Walk home, alone, in this 'safe place',
without a passing prayer, for Gods saving grace!

Enough, is enough.

This needs to stop!

We've all our part to play,
before the next tear drops. . .

Austin Smyth January 2022

"Together we grieve, together we pray, together
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RYAN CASEY,
BOYFRIEND OF ASHLING MURPHY

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KERRY HOSPICE FOUNDATION

BENEFIT FROM CASTLEMAINE FAIR DAY

The revival of Castlemaine Fair Day on Sunday, October 10th 2021 was held in memory of the late John O'Donoghue, The Village, Castlemaine. It was a resounding success and a fitting tribute to a pillar of the community who sadly passed away on January 13th 2021 in the Palliative Care Unit at University Hospital Kerry.

On Saturday evening last, January 15th in Griffin's Bar and Lounge, Castlemaine, the proceeds of the Fair Day which amounted to an incredible sum of €40,061.76 were presented by family members, close friends and the Castlemaine Events Committee to the very deserving Kerry Hospice Foundation who provided exemplary care and support to John and his family following a shock diagnosis of terminal bowel cancer in May 2019.

John O'Donoghue was born on January 21st 1965 which happened to coincide with a staging of Castlemaine Fair Day over fifty years ago and it was with this in mind that Cathy, John's daughter and his good friend for many years, Pat O'Keeffe felt a Fair Day would be an appropriate way to celebrate his life due to his lifelong passion for farming and his love of attending many different fairs throughout the county and indeed country. The added motivation of bringing back an old tradition to Castlemaine Village and raising funds for Kerry Hospice Foundation at the same time were key factors in deciding to proceed with the memorial event.

Speaking following the cheque presentation to Kerry Hospice Foundation, John's daughter Cathy said: "We couldn't have done it without the incredible assistance of the Castlemaine Events Committee, the farming community, locals, An Garda Síochána, St Joseph's National School Castlemaine, Sayers Insurance, Castlemaine Community Centre, Department of Agriculture officials, very generous local businesses and the unwavering support from Evelyn and Mary Shanahan of the Kerry Hospice Foundation.

"A huge thank you also to the amazing doctors, nurses and carers who looked after my father

so well during his short time in the Palliative Care Unit back in 2020. It was a great pleasure to present the cheque on Saturday evening to the Kerry Hospice Foundation alongside Castlemaine Events Committee and some members of the farming community on behalf of Castlemaine and its surrounding areas.

"I'd like to express my gratitude to all of you that gave very generous donations before, during and after the Fair Day. Your contribution is greatly appreciated. It is impossible to mention everyone as some gave contributions through sponsorship prizes, supplying equipment/entertainment on the day, volunteering, purchasing tickets, donating or bidding at the auction etc so I wish to reiterate that your support is so valued.

"It is the intention that this will now become an annual event as not only does it help raise funds for the wonderful service that the Kerry Hospice Foundation provides, it will also help keep my father's memory alive.

"John would be beaming with pride and will be forever proud" Cathy concluded.

Jack Shanahan, chairman of Kerry Hospice fundraising stated that:

"It is great to think that profound human kindness still is alive and well in Castlemaine. Last Saturday evening we assembled in Griffin's to accept a donation of deep generosity, over €40,000, to Kerry Hospice and Palliative care services. The running of a fair day, produced almost totally outdoors, was a perfect example of a community taking a positive action. It was a genuinely good event that reflected the high esteem that the late John O'Donoghue and his family are held. On behalf of Kerry Hospice Foundation, we were delighted to explain that all funds raised in Kerry, stay in Kerry. All money raised is spent directly on palliative care and infrastructure, like our inpatient and outpatient units, as well as community services. Currently we are recruiting two advanced nurse practitioners to add to the team. Kerry Hospice Foundation will continue to support the provision of professionally led palliative care services, thanks to the generosity of the people of Kerry."



Family and friends of the late John O'Donoghue present a cheque to the Kerry Hospice Foundation.

Shine bright like a diamond!

The search is on for Miss Kerry 2022

Diamonds are forever for the Miss Ireland Organisation as this year marks its 75th Jubilee of the competition with plans for the largest and most spectacular show this summer. The search has officially begun for Miss Kerry 2022

The winner of Miss Ireland 2021, Pamela Uba (26), captured the hearts of the nation with her incredible story and has featured prominently in the Irish media with captivating interviews and also made waves internationally having appeared on TV Shows in Los Angeles, London, Johannesburg and even featured in the New York Times. Pamela spent a month in Puerto Rico representing Ireland at Miss World and is all set to jet back out there in March for

the overall final.

Selections will run all over the country to find contestants from each county with beauty, poise and personality to take part in the Miss Ireland 2022 competition next summer. The winner from each county represents their county at the most spectacular ever Diamond Jubilee Miss Ireland show. The winner of each of the county crowns and sashes also enjoy representing their county and title throughout the year at various events, awards and appearances. Full details on how to enter Miss Ireland 2022 are available on www.miss-ireland.ie or on the Miss Ireland App now available from Apple App Store or Google Play.





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COMPLETE THE CAO APPLICATION THOROUGHLY

AS THE CLOSING DATE DRAWS NEAR



By Billy Ryle

Whether the standard Leaving Cert exam or the hybrid combination of written and accredited grades option is provided by the State Examinations Commission (SEC) this year, CAO applicants will still be keen to secure a coveted college place. As the 1st February, the closing day for applying to the CAO looms large, its due time to make sure that the application form is thoroughly and accurately completed.

Almost all applications to CAO are made via "Apply," the interactive online application facility, which remains open until 1st Feb. on the CAO website, www.cao.ie. "Apply" is user friendly and easy to follow, particularly as CAO provides an 'Interactive Demo' to enable you make a trial application.

Go online at www.cao.ie and click on "Apply" to open your CAO Account. Enter your personal details. Tick the qualifications and assessment section(s) that are relevant to you. Enter your payment option – Credit/Debit card or Fee Payment Form. If you are paying by credit/debit card you will be redirected to a payment screen. Create your own account password. Click on "Proceed with application" to obtain your CAO application number and your application details will appear on screen.

Log into "My Application" by entering your CAO application number, date of birth and password. Provide the additional personal information. If you are applying on the basis of Leaving Cert (1985-2022) results enter the name and address of your second level school(s) and the years attended. If you are a Leaving Cert 2022 candidate tick the box provided. If you have previously sat the Leaving Cert, provide the year(s) in which you sat the

exam and your exam number(s).

Add your Level 8 and Level 7/6 course choices by 1st Feb. by clicking on "Add Level 8 course choices" and/or click on "Add Level 7/6 course choices." You may apply for a maximum of ten course choices on each list. List your courses based on genuine order of preference.

If you are a mature applicant, click on 'Mature Application Form' to update your mature application form.

If you wish to disclose a Disability/Specific Learning Difficulty (SLD) and to apply to the Disability Access Route to Education (DARE) click the "Modify Disability/SLD and DARE Application Status" button and follow the instructions provided. If you wish to apply for the Higher Education Access Route (HEAR), a third level alternative admissions scheme for school leavers from socio-economically disadvantaged backgrounds who are resident in the Republic of Ireland, click the "HEAR Application" button and follow the instructions provided.

If you intend to apply for a maintenance fee grant, indicate this on your CAO online application form. CAO will then provide your identification, contact and offer/acceptance details to the grant authority, Student Universal Support Ireland (SUSI).

Once you are satisfied with the detail you have submitted, click 'Log Out' to exit. All of your details will then have been submitted to CAO.

Check your course choices immediately via the "My Application" facility to ensure that they are correct. Use the online change courses facility

on the CAO website if you need to amend or add courses. This facility is free of charge until 1st Feb. You may also use the online change of course choices facility from 4th February to 1st March (fee €10).

"Apply" is user friendly and secure and allows you to submit your application from the privacy of your own home.

CHECKLIST

- "Apply" is the standard method of applying to CAO
- The online application is interactive, secure, user friendly and easy to follow
- Password protect your CAO application
- Note your 2022 CAO application number as soon as it appears on screen
- Confirm receipt of your application by the "My Application" facility
- You may use the online change of course choices facility (free) to 1st Feb (5pm)
- Application for restricted courses must be made by 1st Feb (5pm)
- Restricted courses normally require additional assessment procedures, e.g., portfolio
- You may use the online change of course choices facility from 4th Feb.(noon) to 1st March (5pm, fee €10) to add any restricted courses not already listed or if you're a restricted category applicant (i.e., mature)

Billy Ryle is a Career Guidance Counsellor and Educational Commentator

Email: rylebilly@gmail.com

Tel: 0879808979

NEW ONLINE PLATFORM OFFERS FREE COURSES TO MIGRANTS AND REFUGEE

A new online platform that provides free access to education and training courses for people from refugee and migrant backgrounds in County Kerry has been launched. SaorEd is a collaborative initiative between three Irish non-profit organisations; Doras, New Horizon, and Dignity Partnership. It is built on the Kiron online learning platform which has been designed specifically for refugees and underserved communities and is already widely used in the Middle East and Europe.

SaorEd, available at www.saored.com, aims to provide free access to a range of entry-level and advanced courses. Initial offerings include English language courses, information technology (IT) skills, healthcare, and career preparation courses. The courses on offer are mostly in English, with some in Arabic. Navigation interfaces are available in Arabic and Farsi and those behind the venture hope to expand the range of courses and languages on offer.

SaorEd is intended to fill the gaps in existing education and training programmes. While free English language classes are provided by the 16 Education and Training Boards (ETBs) and others, for example, places

on these are often difficult to obtain. Yet, language skills are essential for the integration and wellbeing of protection applicants and refugees.

Initial language courses provided on SaorEd include an introduction to the English language, intermediate English for University, English for Arabic speakers, and advanced English for the workplace. The IT Skills study track will cover basic digital skills (in English and Arabic), intermediate IT skills (including a course on 'Living in a Digital World'), as well as more advanced courses like web design with HTML, CSS, and Javascript.

SaorEd provides study programs using open online courses (MOOCs) from reputable education providers. The initial offerings are based on a survey of over 100 people who are in or have transitioned out of Direct Provision. Over the coming months, the platform will be extended to include courses in other areas that will help open pathways to employment and further education.

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314085	Fibre Installation Technician*	21/2/22	24 weeks
339506	Cybersecurity Apprenticeship	7/3/22	104 weeks
339507	Software Developer Apprenticeship	7/3/22	104 weeks
327182	Pharmacy Sales Assistant	7/3/22	39 weeks
327178	Digital Marketing & Sales	14/3/22	50 weeks
307181	Construction Ground Work Skills*	14/3/22	22 weeks
307246	Deciding Your Future	28/3/22	11 weeks
313175	Bus Driving - D Licence Code Y23*	28/3/22	12 weeks
337927	Heavy Goods Vehicle Driving (HGV) - Rigid*	11/4/22	8 weeks
338407	Civils for Fibre Installation*	11/4/22	15 weeks
327769	Healthcare Support	25/4/22	40 weeks
313193	ICDL - International Computer Driving Licence*	9/5/22	18 weeks
313257	Manual & Computerised Payroll & Bookkeeping*	16/5/22	13 weeks
313254	Manual & Computerised Payroll & Bookkeeping*	16/5/22	13 weeks
313212	Food Preparation and Cooking (Culinary Arts)*	16/5/22	20 weeks
327151	Cybersecurity	23/5/22	56 weeks
336401	IT Support Fundamentals	23/5/22	11 weeks
338372	Media Graduate Internship	20/6/22	12 weeks
336190	Traditional Stonewall Construction	27/6/22	35 weeks
338373	Traditional Stonewall Construction OPW	27/6/22	10 weeks

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SIAMSA READY TO SHARE THE TRADITION



Martina Ryan Murphy, Joanne Barry, Tom Hanafin and Jonathan Kelliher ready and waiting to Share the Tradition at Siamsa Tíre in Tralee.

While we might not have any live events to look forward to this January, Siamsa Tíre are preparing to launch a series of in-person and online classes to the world from the end of the month. These classes are ideal for people who are considering taking up new hobbies, getting fit and healthy, or expanding their cultural horizons this year.

2020 was a tough year. 2021 wasn't much better. Now that we're in 2022, many of us are trying to think of ways to make the year ahead a happier one so why not get 2022 off to a great start by learning something new and having fun while exploring the richness of traditional Irish music, song, and dance at Siamsa Tíre this January. Some are considering improving their health and fitness. Others are

contemplating taking up new hobbies. What they might not realise is that you can do all of the above while also learning more about Irish traditional dance, song, and music with a range of online and in-person classes starting at Siamsa Tíre at the end of January.

As the National Folk Theatre of Ireland, Siamsa Tíre's purpose has always been to share and sustain the tradition, passing it on from one generation to the next, just like the travelling music and dance masters of old used to do.

That's what it has done in Tralee for more than half a century. Young people from all over Kerry have auditioned to join the National Folk Training Academy in order to attend weekly lessons in music, song, and dance with this generation's masters of tradition.

These masters are now bringing these classes to the wider world, offering them to people of all ages and levels of experience.

In-person classes will be held at the theatre in Tralee, with classes for both adults and children on offer. For those who can't travel to Tralee, there will also be online classes for children and adults available on demand so that you can learn at a time and place that suits you.

These classes will be taught by four of Siamsa Tíre's professional performers. Artistic Director and Munnix Dance Master Jonathan Kelliher will teach dance. Siamsa Tíre's Musical Director Tom Hanafin will teach music. Singing will be taught by Repertory Director Joanne Barry and Choral Director Martina Ryan Murphy.

These four professional performers learned from the traditional masters who went before them and are now eager to share their wealth of knowledge with a wider audience throughout Kerry, Ireland, and the world. It doesn't matter what age you are or how much or how little you know about Irish traditional songs, music, and dance, they will welcome you to their classes.

So why not start 2022 by immersing yourself in the world of Irish traditional culture and have fun singing, dancing, and making music in the process? These classes start at the end of January. Visit <https://www.siamsatire.com/events/share-the-traditions> for more information or to book your place.

Eyes Down....

CAROLINE SCOOPS €12,600 JACKPOT

A whopping €12,600 jackpot has been won by Caroline O'Halloran from Tralee in the Radio Kerry Radio Bingo Jackpot of €12,600 on Friday January 7th.

Regular player Caroline purchased her lucky book in Byrne's Spar in Oakpark, Tralee.

The Jackpot been rolling over weekly since July 2021 and although it had been in play several times there had not been a winner until Caroline's luck came in! It is the second Jackpot win since Radio Kerry introduced the new Radio Bingo game in May 2021. The Friday Jackpot now reverts to €3,000 and will increase by €400 for every week it is not in play.

"I have been playing the new Radio Kerry Radio Bingo game since it began in May 2021 and I haven't missed a week since", Caroline said.

She's absolutely delighted to share the good news of her win. Caroline says she has purchased her books in various shops in Tralee since May 2021 but predominantly in Byrne's Spar in Oakpark which in her regular walking route!

As well as the weekly Jackpot there is a daily prize of €400 for players who fill a panel on the daily page. Numbers are broadcast 5 times per day on Radio Kerry as well as being posted on the Radio Kerry Facebook and Instagram pages as well. Books are €5 each available from almost 80 outlets countywide. Proceeds from the game are distributed equally among the four charity partners Kerry Cancer Support Group,



Kerry Hospice, Recovery Haven Kerry Cancer Support House and Comfort for Chemo Kerry. To date over €48,000 has been shared between the four charities.

For more details on Radio Kerry Radio Bingo and a list of participating shops where books can be purchased are available on www.radiokerry.ie



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The Future of South Kerry is Bright



A Kerry County Councillor has claimed that the future of Caherciveen and South Kerry is bright.

After many generations in the doldrums, the people living in the vast area covering South Kerry, that includes the Gaeltachts of Ballinskelligs and Dromid, Knightstown to Kenmare, Caherdaniel to Kells and especially the town of Cahersiveen, are at long last seeing hope for the future and are feeling excited about a number of proposed projects currently in the pipeline. That is according to local Fianna Fáil Councillor, Michael Cahill.

"The Caherciveen, Iveragh region has suffered more than most at the hands of forced emigration and has been a blackspot not just in Kerry but in Ireland" stated the Deputy Mayor of Kerry County Council and Cathaoirleach of Kenmare Municipal District.

"The town of Cahersiveen has been on it's knees for decades, with closed businesses, for sale signs, empty houses and dereliction, now thankfully, this is all changing. There is a buzz about the place now that we had not experienced before and we must ensure that this hope is delivered upon" stated the Rossbeigh based Councillor.

"While the perception might be out there that the bounce came when the creators of 'Star Wars' decided to film on Skellig Michael while basing themselves in Portmagee, the reality is that there are many more fantastic ingredients

in this successful recipe" said the Deputy Mayor of Kerry County Council and Cathaoirleach of Kenmare Municipal District.

"Eleven years ago, the South Kerry Development Partnership commissioned a feasibility study into the creation of a 32km Greenway along the disused railway line from Glenbeigh to Caherciveen and onto Renard. Following a Deputation from the town that I led, including the then Chairman of Cahersiveen Chamber Alliance, Jack Fitzpatrick and Phil O Sullivan of the Shebeen Bar, Cahersiveen has been included as a project in the Rural Regeneration and Development Fund at a total cost of €19.5m. This is a huge investment in Cahersiveen and is hugely exciting and will be transformative for the town. Following another campaign that I led, Cork/Kerry Primary Healthcare announced that the development of a Primary Care Centre was at an early stage, centred in Cahersiveen, which they described as 'a one stop shop' for a raft of health services for the town and the Iveragh region" said Councillor Cahill.

"We have the development by local entrepreneurs of the Skellig Six18 Distillery and Visitor Experience. We have the expansion of Quinlan's Kerry Fish. There is the imminent arrival to the area of Aldi grocery store that created 80 construction and 20 permanent jobs. This store is now due to open its doors on the 31st of January next. And just recently, the National Transport Authority confirmed

increased services for the region, including a Hop on, Hop off two way bus service on the Ring of Kerry, with a minimum of five services, both ways every day" stated Councillor Cahill.

This was another project that Councillor Cahill had strongly lobbied for over the past number of years, raising it at Kerry County Council meetings and with Government Ministers and Departments.

"All of this feeds in to additional jobs and livelihoods available to our sons and daughters who previously would have had to emigrate to survive. All of these are building blocks in what will be a modern South Kerry/Iveragh with proper facilities, where people can live in some comfort while raising families, looking after loved ones, all in the area they were born into or have now chosen for its beauty and lifestyle" said the Fianna Fáil man.

"I am convinced however, the one essential ingredient to ensure continued success for the generations after us is, The South Kerry Greenway, the Gamechanger as I have said before. We look forward to a positive ruling to allow this lifeline to proceed" stated Councillor Cahill.

"When developed, the South Kerry Greenway will transform Caherciveen and all of South Kerry for the betterment of its people and for generations to come" added Councillor Cahill, an ardent supporter of the project since day one.

DENTAL MEDICAL CARD SCHEME IN CRISIS

Cllr. John O'Donoghue has called on Kerry County Council to contact the Minister for Health and the HSE to urgently intervene in the Dental Medical Card Scheme which is reaching crisis point with many Dental Practices refusing to take on new patients due to it being financially unviable.

"I have spoken to numerous dentists in recent weeks about this issue and they paint a very bleak picture of the problem which has hit crisis point", Cllr. O'Donoghue told Killarney Outlook. The Dental Medical Card Scheme has not been updated in years and it has led to a situation whereby it is no longer financially feasible for Dentists to take on patients who are on the scheme. Some are still seeing their original patients but not taking on any new cases, while many more have simply stopped treating any patient who comes in to them with a Medical Card. It has led to a situation whereby I do not believe that at present, there is any Dentist in the county of Kerry taking on new patients who wish to use their Medical Card. In recent days I have rang Dentists in Killarney, Tralee, Cahersiveen, Kenmare, Kilorglin, Listowel, Dingle and many more places in between and I

could not find any who were willing to take on a new patient who wishes to use their Medical Card. The fault in this issue lies not with the Dentists as although I am not a business man, I know the quickest way to go out of business is to operate at a loss. Indeed, I have huge sympathy for all who work in the Dental surgeries in our county, and beyond because this is a nationwide problem, as they are the people who have to face members of the public and tell them they can't give them the treatment they so badly need. Many unfortunate people when faced with being unable to use their Medical Card for their treatment, and being unable to afford to pay for the treatment privately, are now opting to suffer the indignity of having the offending tooth or teeth extracted rather than treated. This is an appalling situation and I am horrified to think that any individual living in our County, or Country would be treated so poorly. It is a shocking indictment on the HSE that such a situation would still exist in 2022, and I call on the Minister for Health and the relevant bodies to intervene immediately and revise the scheme without delay. In my first ever speech to this chamber I quoted Mahatma

Gandhi when he famously said "The true measure of any society can be found in how it treats its most vulnerable members". If we were to apply that quote to this problem, then we would be found to be failing miserably, and I feel it is symptomatic of our world where the gap between the 'haves' and the 'have nots' continues to widen. Dental Care is no different to any other Medical Care and in any society which likes to consider itself civilized, it should be accessible to all. Whilst we here in this chamber are not directly involved in the decision making behind such schemes, I am ashamed to think that I am part of a greater body politic which treats its citizens in such an undignified manner and I call on this Council to contact the Minister without delay, and not ask, but demand that this issue is sorted out immediately.





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The Skinny Baker

Denis Kelleher (theskinny. Baker) is living in Rathmore and began baking when he was 12 years old. You can follow Denis on Facebook and Instagram @theskinny. baker for lots more recipes



ENERGY BALLS RECIPE

Ingredients

95g smooth peanut butter
85g chocolate chips
125g porridge oats
64g crushed walnuts
2 tablespoons of honey
Medium desiccated Coconut
2 tablespoons of water

Method

1. Put the walnuts in a food processor and blitz them or chop them finely on a chopping board
2. Put all the ingredients into a large bowl and mix together, if the mix seems a bit dry add 2 tablespoons of water
3. Place in the fridge for a 15 minutes
4. Get a tablespoon of the mix and roll in a ball
5. Place the ball in a bowl of coconut flakes and give the ball a good coating of the coconut.

Perfect for a mid morning or afternoon snack or after a workout. These will keep in the fridge for a few days.

There is a step by step video on my Instagram page



VeganShares

with Killarney Outlook



MUSHROOM AND CHERRY TOMATO ONE POT

Ingredients

1 tbsp rapeseed oil
1 onion chopped
A handful of cherry tomatoes halved
2 tsp rosemary needles finely chopped
200g mushrooms sliced
1.5 red peppers sliced
400g can chopped tomatoes
425ml vegetable stock
200g basmati rice

Heat the oven to 190 degrees Celsius. In a pan fry the onions for 5 minutes then add the fresh rosemary and mushrooms fry for another 2 minutes. Add the rice and ensure it is coated in the oil. Add the peppers, tomatoes and stock stir, bring to the boil and then transfer to a casserole dish with a lid. Put the lid on and bake in the oven for about 25 minutes. This is so easy to make and so tasty well worth a go.



If you like my vegan recipes I would be delighted if you would join me on my Instagram @vegan_shares hope to see you there. Sarah



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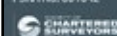
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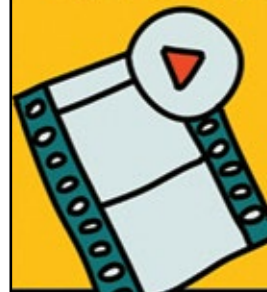

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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



WHEN CAN YOU ACCESS YOUR PENSION & WHAT ARE YOUR OPTIONS WHEN YOU WANT TO RETIRE?

You can normally get access to your pension from age 60, a lot of the rules depend on whether you are an employee or self employed. If you are coming close to retirement then you are probably wondering what options you have when you want to get access to your pension. It depends on what type of pension you have but generally there are four options:

Tax Free Cash: Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

Taxable Cash: You may also be able to take sum of your pension in taxable cash.

Annual Pension: This is a guaranteed income usually paid monthly for the rest of your life that is purchased with the money left after your tax free lump sum, this is subject to taxation.

Approved Retirement Funds: You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income, usually monthly. This is subject to taxation also. Taxation at retirement is often much lower than when you are working.

It is extremely important that you take your time and have all the options explained to you in plain simple English and that you understand all your options clearly before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with a financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

To discuss the above or any other matter Dermot Cronin QFA can be contacted at 0646622775 or dermotcroninfa@gmail.com

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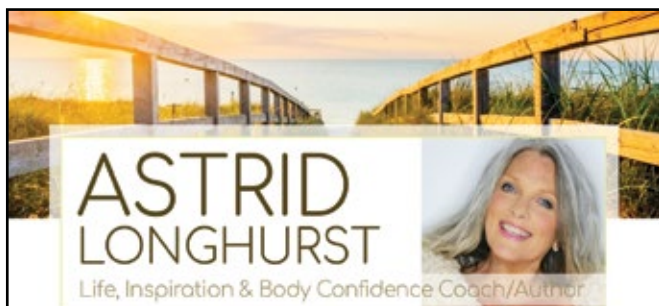
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4 TOP TIPS FOR TRAVELLING THE JOURNEY OF LIFE

Every day brings us something new to learn, to understand and to grow from. Some days are easy and breezy, like floating along on a gentle wave. Others are turbulent and can shake us to our very core. Travelling this journey is easier when we live more in the "now" moments and focus on the present. So often we allow the worry of the future or the regrets of the past to cloud the moment we are actually living in.

4 top tips for navigating life's twists and turns

- **Every day is a blank page.** When you begin your day, imagine that it is a new page on which to write your ideal experiences. Think about how you desire to feel and what you need to do to feel that way. Write down your priorities for the day and tell yourself that everything comes to you with ease and joy.
- **Accept the changes.** When something is out of your control the kindest thing to do for yourself is to accept that this is the way things are right now and surrender to them. Do what you can and then let go of the rest.
- **Ask yourself what you need right now,** in this very moment and do this throughout your day. We often "forget" to look after our own needs as we get caught up in the day's busyness. Keep checking in with your own needs.
- **Listen to your intuition or your gut feeling.** Pay attention to what you feel and allow yourself to really connect with your own inner wisdom. We know more than we think we do.

For more info, please visit my Instagram page at romancing your body or my website,
www.astridlonghurst.com

www.astridlonghurst.com

Noreen



answers your beauty questions...

I have noticed dark hairs at the corners of my lip, should I remove them or will it make them come back stronger?

If you can see these hairs and they bother you it is best to remove them as they will keep growing. Removing these dark hairs will not encourage new hair growth. Just avoid removing vellus hairs (the fine hairs you were born with) as you do not want to stimulate blood supply to these hairs.

If it's just a few hairs tweezing is the best option to start with. Do not cut or shave the hairs as they will reappear like stubble because you are removing the fine hair tip. Shaving and hair removal creams will not increase your hair growth but the blunt edge left from cutting the hair makes it appear darker and thicker. Hot peel off wax done professionally in a salon is inexpensive, quick,



painless and it will lighten your hairs and hair growth over time. Threading is another option like tweezing using thread to pluck the hairs but it can be painful. Laser hair removal can be expensive, however it will permanently reduce your hair growth especially if your hairs are dark in colour. Electrolysis is the only permanent solution to removing hairs as it destroys your hair follicle in its growing stage. This can work well on a small area like the lip.

Noreen Mangan

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BE ACCOUNTABILITY

Ok so its the New Year, and all your good intentions are high on your Agenda list for things to do this week. You got your gym gear ready and the fridge stocked up with Healthy food. Goals are set..... The week is going well so far..... so what have you forgotten? "Accountability".

Its that final step that often we wont face up to, or even think about. Its important you are either accountable to someone or yourself weekly. This may be via a weekly weigh in, weekly measurement, weekly progress photo, or accountable to a friend or work colleague. No matter what level of accountability it is, its important you add this step in. Being accountable to someone is our favourite as there is no where to hide and its often the best results we see with people. Its one of our strongest tools here at B Well with our clients, and it can be yours too at home. Set yourself a daily "check in" day. Make it the same day and time weekly and make no excuses no matter if its a good or bad week. After your check in is complete its easy to review if you had a "bad" or "good" week and work out what changes if any you need to make for the week ahead. Set yourself mini goals and move on.

If this is a step you struggle with we can help. We have lovely nutrition plans that incorporate weekly check in, accountability and habit based approaches to weight loss. So check us out @bwellfitnessclubkillarney on Instagram or Facebook. To make a booking call or text our friendly team on 087-7643449

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Winter eye health

Here are some of the ways winter can affect your vision, or worsen an eye condition, and tips for prevention.

Driving in winter

In winter you may have more difficulty seeing clearly because of darker evenings. When it is dark your pupils become larger to let in more light. However this can result in your vision becoming more blurred. This is why you may be more reliant on your glasses at night.

The glare of a low-lying sun can also make it more difficult to see, so make sure your windscreen is clean, both inside and out. It is useful to have a pair of polarised sunglasses in the car to help with the glare from the sun, even in winter.

Dry eyes

If you already have dry eyes, central heating may make them worse. Here are some simple steps you can take to minimise the discomfort caused by dry eyes in winter:

- Lower the temperature in rooms when possible.
- Blink more often.
- Use a humidifier. Opening windows for a few minutes on cold days will also help.
- Lubricants. Certain lubricating eye drops may be helpful for you.

Increased screen time

People tend to stay in and watch more

television and spend more time using computers during the winter. Using a screen will not damage your eyes but prolonged use can make your eyes tired and dry.

Remember to take breaks and operate the 20:20:20 rule; every 20 minutes, take a 20-second break and focus your eyes on something at least 20 feet away.

Watery eyes

In cold and windy conditions, many people complain that their eyes water more than normal. Wearing glasses will provide protection against the wind, even if you don't usually wear them outdoors.

Winter sun

Snow and ice are reflective, so the sun's damaging UV rays can reach your eyes from below as well as above. UV exposure is cumulative, so although you may not feel any immediate effects, you could be putting yourself at risk of long-term damage and risk cataracts and age-related macular degeneration (AMD) if you don't wear good quality sunglasses or goggles.

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Lisa Browne, Megan Brown, Donal Cronin & Eileen Browne
pictured at the Tractor Run in memory of Noreen Cronin.

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€10,000	7.8%	5 Years	260	€46.12	€1,989.00	€11,989.00
€15,000	7.8%	5 Years	260	€69.17	€2,984.05	€17,984.05
€20,000	7.8%	5 Years	260	€92.23	€3,978.55	€23,978.55
€30,000	7.8%	8 Years	416	€95.84	€9,864.36	€39,864.36

Table is for illustration purposes only and does not form the basis for a contract. Figures correct as at 11.11.2021.

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*Fuel consumption figures in l/100km for the Mazda Electrified Range: WLTP Combined 7.0-0.0. WLTP CO2 emissions (g/km): 160-0. Vehicles are homologated in accordance with the new type approval procedure WLTP Regulation (EU) 2017/1151; Regulation (EC) 715/2007. Offers valid until 31st March 2022 on selected models while stocks last at participating retailers. PCP Example for Mazda MX-30 GS-L - Term: 37 months. 36 monthly payments: €276. GMFV: €17,644. RRP: €38,410. VRT Relief: €2,447. SEAI Grant: €5,000. Customer Deposit: €5,789. Amount of Credit: €25,174. Acceptance fee: €75. Option to purchase fee: €75. Total Amount Repayable: €33,506. Kms/annum limit: 15,000kms. APR: 4.9%. Lending terms and conditions apply and a guarantee may be required. Each offer is available under Mazda Choices (Hire Purchase Agreement as defined by the Consumer Credit Act 1995) and available through ALPHERA Financial Services. All finance is subject to status and is available to over 18s in Ireland only. Guarantees and indemnities may be required. Excess mileage, vehicle condition and other charges may be payable. BMW FINANCIAL SERVICES (IRELAND) LIMITED TRADING AS ALPHERA FINANCIAL SERVICES, SWIFT SQUARE, SANTRY, DUBLIN 9. BMW FINANCIAL SERVICES (IRELAND) LIMITED IS REGULATED BY THE CENTRAL BANK OF IRELAND. Warning: You will not own the goods until the final payment is made. All offers reflect 2022 VRT rates.





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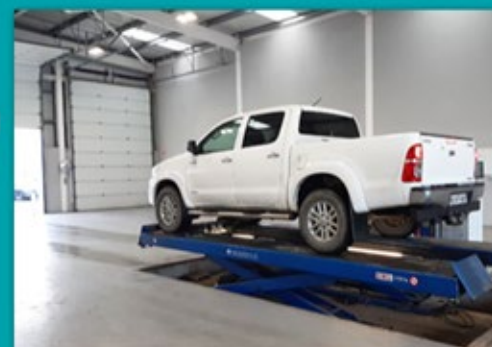


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MUCKROSS ROWING CLUB**SYMPATHY**

The club extends its deepest sympathies to the Donoghue and Hegarty families on the passing of Peggy Donoghue. Our thoughts and prayers are with Peggy's husband Patsy, son Jack, daughters Kate and Lorna, mother Agnes, sisters Mary, Fidelma and Fiona and extended family at this most difficult time. Ar dheis Dé go raibh a h-anam uasal.

AGM

The AGM of Muckross Rowing Club Ltd. will take place this Friday, January 21st. Club members have been emailed with details. A reminder that membership fees for the coming year will be agreed at the meeting as part of the regular proceedings.

EVENTS

The inaugural Shandon Head Of the River (4.5 km) is scheduled for Saturday next, January 29 at the Cork Marina. Coaches will be in contact with crews regarding arrangements for the event.

CLUB TIME TRIAL

With limited competition and rowing on the lake over the Christmas break, the club organised its own time trial on Saturday last. Crews raced a 4.15km distance in the best of conditions with live timing. Well done to all our rowers, coxes and coaches and special thanks to all who helped with the running of the event.

KILLARNEY COUGARS BC**JUVENILE NEWS**

Our U18, U16, U14 teams have returned to training and games are resuming shortly.

Our Academy, U10 & U12 remaining teams will return gradually through this week and next week.

SENIOR NEWS.

National League Div 1 Men's Div 1

Portlaoise Panthers 84

Killarney Cougars 59

Cougars made the journey to Portlaoise on Sunday afternoon and despite opening baskets by Tommy Bowler and Andrew Fitzgerald the home side quickly got on top dominating the boards and adding three three pointers to lead 25-12 at the end of the quarter with Nelson Larkin's, Conor Gallagher and Rian O'Connell on 8pts all contributing big scores.

Cougars defence was much improved in the second quarter but the home side maintained the lead at half time 45-26 with Mark OShea despite personal foul trouble was Cougars main threat with 5pts but Rory Morrissey two early three pointers hurt Cougars as Panthers success from outside saw them hitting seven three pointers in the first half as Cougars continue to struggle in the outside range.

A battling Cougars through Mark OShea Justin Tuason and Jack Lynch just stayed in touch through the third quarter but Nelson Larkins continued to cause plenty of problems for the visitors as they led 60-40 entering the last quarter. Both teams emptied the benches through the last quarter with Portlaoise always able to respond when Cougars rallied through scores by Tommy Bowler Justin Tuason Jack Lynch and Andrew Fitzgerald with Gary Morrissey and Rian O'Connell all always a threat from the three point range for the Panthers.

Best for Killarney Cougars on this occasion were Tommy Bowler, Andrew Fitzgerald Mark OShea Justin Tuason and Jack Lynch. Next up for the Cougars is a home game v Limerick Sport Eagles at the Presentation Gym on Jan 29th. Top Scorers; Portlaoise: Gary Morrissey 18, Rian O'Connell 14.

Killarney: Andrew Fitzgerald 16, Justin Tuason 15, Mark OShea 14, Tommy Bowler 8.

Fixtures

National League Div 1 Sat Jan 29th

Killarney Cougars v Limerick Sport Eagles.

Saturday Jan 22nd Sem Gym U18 Boys

Killarney Cougars v St Anne's.

Sunday Jan 23rd Sem Gym U18 Boys

Killarney Cougars v Vixens

U18 Girls: Killarney Cougars v Kenmare Kestrels.

For the latest information on fixtures go to our website www.killarneycougars.com

KILLARNEY RFC NOTES**MINIS TRAINING**

Our Minis continue to train every Saturday morning at Aghadoe and new players are always welcome. Great fun guaranteed and mini rugby is for boys and girls up to 11 years of age. For details call Liam on 087-4145662 or just pop along to Aghadoe at 10am on a Saturday morning and give it a try.

U16 GIRLS IN LEAGUE FINAL

Our U16 girls are looking forward to playing their Munster League final this Saturday. Ennis are the opposition and an absolute cracker of a game is in prospect. Kick off is at 1pm at Limerick Institute of Technology and all support is greatly welcome. Let's get to Limerick and support these inspirational ladies and coaches. Best of luck girls, coaches and team management.

U14 BOYS HOST PLATE FINAL SATURDAY

Best of luck to our U14 Red team who are also in a final this weekend. The lads host Abbeyfeale RFC at Aghadoe on Saturday at 2pm and all support is very welcome. Best of luck to all players and coaches, this promises to be a cracker so be sure to pop up to Aghadoe and support the lads.

FIXTURES

U14 West Munster Plate Final: Killarney V Abbeyfeale, Aghadoe - Sat @ 2pm

U16 Munster Cup Final: Killarney V Ennis, Sat LIT @ 1pm

U14 Girls League: Killarney V Dunmanway/Bantry, Sunday @ 2pm.

U18 boys Cup: Waterpark V Killarney, Waterford, Sun @ 2pm

Killarney Rugby Club U16 girls who are in the Munster League final this weekend



Killarney Rugby Club U14 Boy (Red) who are in the West Munster Plate Final this weekend.

**FIANA IS PORTUGAL BOUND**

Fiana Bradley, a former player with Killarney Celtic has been selected for the Republic of Ireland U16 Squad for two International Matches v Portugal next week.

Fiana, a student at Presentation School, Milltown is currently playing with Cork City FC U17 Womens team.

The International Squad Fly out this Sunday with their Matches v Portugal taking place on Monday 24th and Wednesday 26th January at 3pm in Beja, Portugal.





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>LOCAL LINK KERRY

Local Link Kerry provide a bus service to Killarney each Friday. Collection is at Kilcummin Post Office at 10.15am. Further information available from 066 7147002 or www.locallinkkerry.com Bookings @ locallinkkerry.ie Office hours Monday to Friday 9am to 5pm.

>BEGINNERS YOGA FLOW

Beginners yoga flow kilcummin GAA Pavillian Mondays 7pm to 8pm starting January 31st to March 7th 2022 €60.00 for 6 weeks. Own mat required, for more information please contact Sinéad on 085 2717721.

>COOLICK NATIONAL SCHOOL

Coolick National School is currently enrolling for September 2022. Please see our website www.coolickns.com or contact the school at coolickns@gmail.com for an enrolment application form.

>COOLICK PRE SCHOOL

Coolick Pre-school is now enrolling for September 2022. Morning Session 8.50 -11.50 (limited availability). For further information please contact Ciara Moynihan on 0871181993 or 066 9764549.

>MASTERGEEHA FC

There was no winner of the Jackpot on Friday 14th January. The numbers drawn were 6,13,15,27. Consolation prizes of €50 each went to William Fleming, Kilcummin, Gareoid Moynihan, Rathanane, Carrie Dineen, c/o

Klub Bar Kilcummin, Joan O'Leary, c/o John Lenihan. .Next draw will be on Friday 21st January 2022. Jackpot will be €8,000.

>KILCUMMIN GAA AND FITNESS CENTRE MEMBERSHIP

Memberships for the Senior and Juvenile parts of the club as well as the Fitness Centre can now be renewed or registered through the members Foireann accounts. Details on membership for Kilcummin LGFA will follow in due course. If you previously have a Foireann account just log in. (you don't need to set up a new one). If you don't have one already you can set up one by logging on to the following link, Login /Foireann. Select the membership tab and then the relevant package for each family member individually but parents must use their own accounts as U 18,s should not have a Foireann account. Any queries to John Purcell on 0876168449. Queries for Fitness centre membership to Willie Fleming 0857882288.

>IRELAND LIGHTS UP

"Ireland Lights Up" Kilcummin GAA club will open their walking track to the general public every Wednesday night from 7-9pm until March 2nd in conjunction with "Ireland Lights Up" and "Operation Transformation". Why not avail of the opportunity to exercise in a traffic- free environment for the next six weeks and bring the family.

>KILCUMMIN GAA LOTTO

There was no winner of the Jackpot on Monday 17th January 2022. The numbers drawn were 6,11,12,18 Consolation prizes of €50 each went to Eoghan Moriarty, Toemore, Bertie Curtin, Knocklebede, Kilcummin, Shane O'Sullivan, Beaufort, Mary Moynihan, Ballinamanagh. Next Draw will take place on 31st January 2022. Jackpot will be €4,000.

Written by: John Moriarty

GLENFLESK

>GLENFLESK CCE

Glenflesk CCE branch have exciting new plans for the coming year! The first initiative kicked off Tuesday night last- GROUP MUSIC LESSONS. This is open to musicians of ALL levels. Children and young adults playing together will be a fun, social event and will increase everyone's musical Repertoire! The Comhaltas branch will be providing lots of opportunities for these groups to play at concerts, sessions etc.

We welcome a Limerick primary and music teacher to the branch to teach these music classes. Cathal McHugh is an accomplished musician and is so excited to get started teaching these group lessons.

These lessons take place every Tuesday night and musicians from Glenflesk and all surrounding areas are welcome!

If you are interested in attending please call Paula Gleeson at 087-3879733 or email glenfleskcce@gmail.com

>MCGRATH CUP

Congratulations to Darragh Roche and Kerry reaching the final of the McGrath Cup

>SIGERSON CUP

Congratulations to Chris O Donoghue and MTU Cork on their win over UCC.

>CORN UI MHUIRI

Congratulations to St. Brendans College players from Glenflesk on reaching

the semi final of the Corn Uí Mhuirí last Saturday defeating Coláiste na Sceilge. Sem players: Killian O'Sullivan, Luke Crowley, Cian Lynch, John Kelliher, Jack O'Donoghue and Micheal Mullane.

>LOTTO

No winner of Glenflesk Lotto which took place tonight 10/01/22 in Glenflesk Hall. Jackpot was €6,000. The numbers drawn were 1, 18, 22, 24, There was no winner. Consolation prizes of €50 each to: 1. Oliver Daly, Kilquane. 2. Corner Bar (Sellers' Prize). 3. Mike O ' Donoghue's Shop, Barradubh. 4. Noreen O'Brien and Kevin O' Sullivan, Brewsterfield. Next draw will take place in Glenflesk Hall on 24/01/22. Jackpot will be €6,000.

>IRELAND LIGHTS UP

"Ireland Lights Up" walking campaign returns in partnership with the GAA and Operation Transformation to ensure that 'Ireland Lights Up' by turning on their floodlights. Week 1 of Glenflesk GAA's "Ireland Lights Up" takes place tomorrow night Thursday 13th January in Glenflesk GAA between 6.00pm and 8.00pm. This is a great opportunity to enjoy a healthy walk in the safe, bright environs of our GAA Club. We are delighted to be one of the participating clubs and extend an invite to everyone in the parish and beyond, young and old, to join us on the night. Please note that due to the current restrictions in respect Covid-19 physical distance should be maintained throughout the walk.

Written by: Seamus Healy

LISTRY

>LISTRY GAA AGM

The following officers appointed for 2022 in Listry Gaa Club:

PATRON - Patie Sugrue. PRESIDENT - Pa Mannix. VICE PRESIDENTS - John Joe Tangney, Mike Mannix. CHAIRMAN - Jerome Kennedy. VICE CHAIRMAN - Denis Murphy. SECRETARY - Anthony Clifford. TREASURER - John Joe Courtney. ASSISTANT TREASURER - Andrew O Sullivan. PRO - Anne Sugrue O'Brien. CO. BOARD DELEGATES - Mike Kennedy. HEALTH AND WELLBEING OFFICER: Anne Sugrue O'Brien. CHILDREN'S OFFICER - John Lehan. COACHING OFFICER - Mark Curran. MEMBERSHIP OFFICER - Mike Tangney. DEVELOPMENT OFFICER - Noel O Sullivan. AUDITORS- Pat Quirke, Cathal

O Shea

>LISTRY WEEKLY LOTTO

Results: 13,16, 20, 25. No jackpot winner. €100- Sophie O'Shea. €50 x 2: Breda Counihan, Faha. Gemma Cirillo, Rockfield. €25 x 2: Noel Kennedy, Ballymalis. Alan Looney, Milltown. Next Sunday 23rd €4,050

>DEEPEST SYMPATHY

Listry Gaa would like to send Deepest Sympathy to The Clifford Family, Rosnacarton, friends and neighbours on the recent death of Teresa Clifford RIP

Written by: Anne Sugrue O'Brien

RATHMORE GNEEVEGUILLA

>SYMPATHY

Sympathy To Mary Lowe, sons Mickey & PJ daughter Tracy & extended family on the death of Patrick Lowe husband & father Sliabh Luachra Gneeveguilla. Patrick's funeral took place on Sat 8th Jan in Rathmore. To John Murphy, family & friends on the death of his brother Tim Murphy Sudbury, Canada I/o Nohovaldaly, Tim's Memorial Mass was held Sat 8th Jan followed with Burial of Ashes in Rathmore.

To Nellie Warren & Mike on the death of Nellies sister- in- law Nora O'Leary Corby England who died recently. May Patrick, Tim & Nora rest in peace

>YOGA CLASSES IN TEACH LOSAGAIN

Traditional Indian Yoga classes started in Rathmorein Teach losagain on Friday evening 7th Jan from 7 to 8 pm. Yoga classes are suitable for beginners for both Men and Women. Contact Simon 0873379121

>RATHMORE GAA AGM 2022

Kieran O'Keeffe - Chairperson. Fintan Twomey - Vice Chairperson. Michael Cronin - Secretary. Denis McCrohan - Assistant Secretary. Diarmuid McCarthy - PRO. Brian O'Leary - Treasurer. George O'Keeffe - Assistant Treasurer. Arthur Moynihan - Commercial Officer. Donal O'Connor - Lotto / Fundraising. Seamus Cronin - Facilities Office Eoin Casey Development. Kathleen O'Doherty - Registrar. Emma Cooper Buckley - Child Welfare Officer. Dennis Reen - Health and Wellbeing. Don Casey - Juvenile Chairman John Kennedy - Coaching Officer. Brian Hickey - Scór Officer. Donal Murphy - County Board Delegate. Dennis Reen - East Kerry Delegate. Senior Manager - Denis Moyinhan, Tim Cronin, Dan Sullivan. Junior Team - David McCarthy, Mat Riordan, John G Nagle. U17 - Pdraig Murphy, Michael Anthony Reen

>TRACTOR RUN IN RATHMORE PARISHThe Cronin family would like to say 'thank you' to everyone that was involved and contributed

in last Sunday tractor run. It was an absolutely all proceeds to Comfortforchemokerry & Kerry Hospice Foundation

>CONGRATULATIONS to Gneevegulia, & Na Gael, and commiserations to Austin Stacks in last weekends Munster Finals.

Best wishes to Kilmoyley in next weekends All Ireland Intermediate s/f. Rathmore GAA Coiste na nÓg AGM on Friday January. 28th at 8.00pm due to Covid it is expected that this will also be online more details later.

>GNEEVEGUILLA COMMUNITY DEVELOPMENT COUNCIL AND GNEEVEGUILLA BASKETBALL CLUB

Congratulations to Edel Lehane who won €314. Thanks for the support

>RATHMORE GAA CLUB

SPSL Rathmore were defeated by Skibereen CS 1-14 to 0-14 in the quarter final of Corn Uí Mhuirí on Saturday.

Congratulations to Gneeveguilla who defeated Ballina, Tipperary 4-18 to 1-06 in the Munster Junior Club championship final on Saturday last. Best wishes in the all Ireland semi final V Denn (Cavan) at Tullamore on January 29th.

Best of luck to Paul Murphy and Shane Ryan and the Kerry team who play Cork in the McGrath Cup final on Sat. Jan 22nd in Killarney.

>THANK YOU

A big thank you to Emma Cooper and her helpers who organised a drive through to mark the tragic death of Aisling Murphy at Rathbeg on Friday evening last.

>NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817. Before 6pm Sunday

By Michael O' Mahony



Killarney Rugby Club U16 Girls in League Final:

Killarney Rugby Club U16 girls are looking forward to playing their Munster League final this Saturday. Ennis are the opposition and an absolute cracker of a game is in prospect. This week recently retired Irish Women's Rugby Captain Ciara Griffin attended the training session with the girls in advance of the final.

SPA

>2022 REGISTRATION IS OPEN

Membership for 2022 is now open and can be completed online on spagaa.com (link on right hand side of the site) or the registrars (Gerard Mangan, Sean O'Sullivan & Shona Daly) will be in Spa over the coming weeks.

>SENIOR MANAGEMENT

Welcome to our new senior management team led by manager Aidan O'Shea and strength & conditioning coach Aidan Cahill. 2022 looks to be another busy season and the fixtures calendar will be released shortly, with the Co Leagues expected to begin in early March. Details will be announced in due course.

>CONDOLENCES

Our sympathies to Mick, Ian, Nora and the O'Connell family on the passing of Mick's mother Julia O'Connell RIP, Boherbue. Our condolences also to the O'Callaghan family on the passing of Peggy O'Callaghan (nee Moynihan) RIP, Kilcummin and late of Tiernaboul. May they Rest in Peace.

>COISTE NA NOG AGM

Coiste na nÓg AGM will take place online this Tuesday January 18th at 7.30pm.

>2022 KNOW YOUR SPORT

Just two weeks left to get your entry in for the annual Know Your Sport competition! Predict the result of 30 sporting events throughout the year - the person with the most accurate predictions will receive a grand prize of €1,000! Enter online on spagaa.com or contact John O'Donoghue for details (0879403517). *Deadline Jan 31st 2022*

>WIN A HOUSE WITH KERRY GAA

Tickets are on sale from the club (contact any of our club officers or Co Board officer John O'Leary), from the Co. Board office in Tralee, on kerrygaa.ie or at the Kerry GAA Store in the Killarney Outlet Centre. When entering your details don't forget to mention your club SPA GAA in the 'Additional Information' section as your club could also win up to €1,500. The sooner you purchase a ticket, the more draws you will be included in.

>SPA LOTTO RESULTS 10/01 DEMO 22

Numbers drawn: 3, 11, 15, 23. No winner and €50 Lucky Dip prizes to Tom Moynihan, Mary Anne Healy, Catherine Fitzpatrick and Anne Mac. Next Monday's jackpot is €5,200 and tickets on sale online here on spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckross Rd, Spa clubhouse or from usual sellers. Thank you to everyone for your continued support for our club lotto.

>MUNSTER CLUB CHAMPIONSHIP FINALS

Congrats to Gneeveguilla and Na Gaeil on their respective Munster Club Final victories over the weekend and commiserations to Austin Stacks who had a great second half comeback against St Finbarrs but narrowly lost out on the Munster Senior title.

>IRELAND LIGHTS UP

Spa GAA club are once again signed up to participate in the Ireland Lights Up winter walking initiative. With our new walking track, the lights will be on every Wednesday night between 7pm -8pm for the next few weeks. Participants can follow the walking track that offers a safe off-road path and this activity is open to everyone in the community. If anyone would be available to help with registration or stewarding any night, all help is greatly appreciated. Any volunteers that can help any evening or any questions



Fia and Blathin Claffey pictured at a vigil in memory of Ashling Murphy at Spa GAA Club on Wednesday night. Picture: Anne Holland.

please contact Margaret on 0879181970. ****NO DOGS ALLOWED****

>SPA KILLARNEY HANDBALL CLUB

Well done to Spa Killarney Handball club players Aoife Walsh, Sinead Moriarty and Niamh Faulds who competed in a Ladies 1-Wall Handball Tournament in Tyrone over the weekend. Congrats to all three who played brilliantly. Aoife won her category 15-4 in the Final and looked very strong throughout the tournament. Sinead won the doubles tournament, and the score was 21-17 which was a very exciting final and Sinead played some great shots. Niamh played very well the standard was very high and unfortunately, she couldn't get the win. Aoife Sinead & Niamh did the club and county proud.

>CONGRATULATIONS

Congratulations to Brosna's Tim Murphy who was ratified as the new Vice-Chairman of Munster Council at their convention on Saturday evening.

>MCGRATH CUP FINAL

Well done to the Kerry team & management on their win over Tipperary last week, with special mention to Dan O'Donoghue & Arthur Fitzgerald. The 2022 McGrath Cup Munster Final between Kerry and Cork will take place next Saturday January 22nd at 2pm in Fitzgerald Stadium.

>CORN UÍ MHUÍRI MUNSTER SEMI FINALS

Well done to St Brendan's Killarney on their 2-8 to 2-7 win over Coláiste na Sceilge on Saturday afternoon in the Corn Uí Mhuirí quarter final. They will play Hamilton High School Bandon in the semi-final in two weeks with Tralee CBS and Skibbereen CS meeting in the other semi-final.

>ITEMS FOR NOTES

Any items for the club notes please contact pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

Written by: Deirdre O'Sullivan-Darcy

BEAUFORT

>LOTTO

The next lotto draw for a jackpot of €6,200 will be on Sunday, 23rd January. Tickets available from usual sellers, shops, public houses and online at www.beaufortgaa.com.

Thank you to everybody who support the lotto.

>ANNUAL GENERAL MEETING

Beaufort G.A.A. Club Annual General Meeting will be on Saturday, 22nd January at 5pm in Beaufort Community centre.

>IRELAND LIGHTS UP

Beaufort will take part in Operation Transformation, Ireland Lights Up which will begin on Wednesday, 19th January to 2nd March 2022.

Everybody must sign with their own pen before walking. Lights will also be on for walking on Monday evenings from 6pm to 9pm.

You can also join the Irish Life Every Step counts challenge in conjunction

with Ireland Lights Up. This is done by downloading the Irish Life health App and selecting Beaufort G.A.A. Club. The aim is that each Club clock up over 4,000km or distance around Ireland during the time frame of 19th January and 23rd February.

>SPORTS PREDICTION QUIZ

There is still time to get your 2022 Sports Prediction quiz, sheets which are now available from usual sellers, shops and online at www.beaufortgaa.com.

Predict the result of 30 sporting events of 2022. Entry fee is €20 for one entry and €50 for three entries. Prizes range from top prize of €1,000 down to €50 prizes.

Syndicate entries also welcome. Closing date for the quiz is 13th February

By Bridget Hartnett

Eddie Rocket's Killarney
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Action continuing across the KABB Divisions

With the continued hard work of the clubs in cooperation with the Executive and the officials the Kerry Airport Kerry Area Basketball Board games are continuing each week.

In the 16's Girls Division 3 Glenbeigh Falcons took the win 41-22 over TK Cougars. The first quarter was a tight affair with the Falcons leading 9-8 led by Alexa Falvey and Saoirse Harkin. Ruby Gaffey and Lily Courtney were to the forefront for the Cougars.

Alexa Falvey had 10 points in the second quarter for the Falcons which helped them go in 23-16 ahead at the break with scores from Rose Cahillane keeping the Cougars in touch. The home side continued to push on in the remaining two quarters led by Grainne Sweeney despite the best efforts of all the TK Cougars players. Falvey ended on 19 points for the Falcons.

St Bridget's Currow u14 Boys just got the better of Tralee Imperials 14-10 in the first quarter of their Division 2 game. And from then on they were well in control winning the remaining three quarters as well to win 64-27. For St Bridget's Joshua Ryan led the way on 22 points followed by Frank Wharton on 18 with Conor Clifford, Eric Jensen and Rory O'Connor who all ended with 6 points each.

The 14's Girls Division 3 game between St Paul's A and Kenmare Kestrels was a tight and uncompromising affair all the way through. Two baskets from Roisin Ni Laithain saw the visitors trail 6-4. Kestrels had 4 points from Lillian O'Sullivan as they moved 10-9 ahead at the break. They opened the gap to 5 going into the final quarter as Ni Laithain added another 6 points to make it 20-15. The final quarter saw both sides battle hard for every possession and the Kestrels held on to win by 4 points 26-22.

Glenbeigh Falcons won away to TK Bobcats in the u18 Girls Division 1. The Bobcats had scores from Siobhan Lyne and Roisin Rahilly to lead early on but by half time the Falcons had the narrowest of leads 21-20.

The game was tight right up to the final two minutes when Jessica Gill and Orlaith Burke found their range to just get the Falcons over the line 44-38. Owleyn Evans led the Falcons scoring on 12 with Orlaith Burke ending with 10 while for the Bobcats Siobhan Lyne and Roisin Rahilly hit 10 each followed by Ella Quirke and Clogadh Coffey on 7 each.

It was a busy day for Ballybunion Wildcats and in their u14 Girls Division 1/2 game against Tralee Imperials it was the Tralee side that led early on 11-2 with Anna Chute and Sophie Mitchell combining for the majority of the scores while Lucy Prendergast opened the Wildcats scoring. Imperials, who are now on three wins from three, continued to push on in the second quarter thanks to scores from Ashlyn Falvey and Anna Slattery and good defence from Leipa Kalekaite and Priya O'Donovan. They were not to be beaten from here and with O'Donovan leading the way on 10 points, Sophie Mitchell

on 8 and Ashlyn Falvey, Anna Chute and Ciara Costello on 6 each they took the win 45-21 with Emma O'Rourke Gunn leading the Wildcats scoring on 9 points.

The u14 Girls Division 3 game was also between Imperials and Wildcats and this one was a cracker ending 40-38 to the Tralee side. The Wildcats led 8-2 at the end of the first quarter but by half time the Imperials had turned things around to lead 16-14.

Both sides found their range in the third quarter with Imperials adding 18 points to the Wildcats 14 to lead 34-28 with the last quarter to play. Both sides gave it everything in the final quarter with big defensive performances from the likes of Katie Enright and Amber Ryan just keeping the Wildcats offence at bay to see the Imperials win by 2 points.

Grace Reilly on 14, Aoife O'Connell with 12 and Juliette Gleeson on 6 were the Imperials top scorers while Gracie O'Sullivan of the Wildcats had a game high 18 points.

Kason Harrell and Killester Shoot Warriors Down

InsureMyVan.ie Men's Super League

2021/2022 – Round 10

Killester 102 Garvey's Tralee Warriors 87

Following their famous National Cup semi-final win over DBS Éanna in Cork last weekend, Garvey's Tralee Warriors were brought back to earth with a 102-87 defeat at the hands of Killester at the IWA in Clontarf on Saturday night, just seven days before they take to the court in Tallaght for the Cup Final showdown with C&S Neptune. Hitting 87 points in a Super League game would normally secure you a win, but when Killester's American Kason Harrell produced a shooting masterclass ending the game with an astonishing 56 points, then 87 points was unlikely to be enough.

The sides traded scores in what was an entertaining opening quarter with Daniel

Jokubaitis hitting a couple of threes to open his and the Warriors accounts, but Farouq Raheem and Tomas Fernandez were also in range from outside for Killester either side of Kason Harrell's first three scores of the game. Two excellent scores from distance from Brandon Cotton and another from inside drew the Warriors level but a three from Harrell followed by two flawless visits to the free throw line edged his side ahead by 26-24 at quarter time.

Harrell continued where he left off early in the second and when Killester introduced John Behan the pair combined to push the hosts ahead by 34-28. Nikola Roso entered the fray to hit one of his trademark inside scores and Cotton and Jokubaitis chipped in to cut the Killester gap. However, Harrell was only warming up as he embarked on a scoring spree that would see him hit 13 points from outside, inside, and free throws in the second half of the quarter to leave Killester with a fully deserved 51-32 lead at the long break.

Warriors Head Coach John Dowling's half time team talk would have been at best uncompromising, and his charges responded by producing their best minutes of the game in the third quarter. After Harrell and Raheem were again on the mark for Killester, Jokubaitis hit four sensational threes along with two from Eoin Quigley and another by Darragh O'Hanlon and suddenly the Warriors were back to within 4 points. But just when it looked like the Warriors momentum would see them go on to take the lead, Harrell and Fernandez found the scores for Killester to regain the initiative. A three from Harrell late on put the hosts 76-68 up at three quarter time.

Killester hit the first four scores of the final quarter to push their advantage out to 85-70 with Harrell, Fernandez and Behan in range. Quigley responded for the Warriors with two defiant three-point efforts but Harrell's incredible run of scores continued right to the end as the American added another 13 points to his final tally of 56. Two fine scores from beyond the arc from Brandon Cotton and another from Aaron Fleming kept the scoreline respectable, but the evening belonged to Killester and in particular Kason Harrell, whose parents were



Ron Elksnis shoots from distance.

ROSS GOLF CLUB - GENTS

RESULT

On Jan 16th we held a 16 hole Champagne Scramble with a large turnout and the course was in great condition .

The winners were :-

1: Ivo O'Sullivan, John Ivory, John Carroll

2: .Michael J O'Connor, Sean O'Brien, John Fleming

FIXTURE

On Jan 22nd & 23rd we will hold a non qualifying single stableford competition with online entry available from 7pm on Thursday .

KILLARNEY GOLF & FISHING CLUB - LADIES

1st: Shelia Crowley (17) 24 pts

2nd: Anne Duggan (09) 22 pts

Back nine: BG Amy Arthur 15 pts

3rd: Marie Geaney (12) 22 pts

4th: Noreen O Callaghan (11) 21 pts back nine



Photographed at the presentation of the prizes for the competition sponsored by Darren & Jo Gaffey, Aghadoe Physiotherapy are (l to r) Donie Broderick, Captain, Aidan O'Connor, Tomas Kelliher, Darren Gaffey, Sponsor, Mikey O'Sullivan, Mike J Casey, President



Maine Valley Golf Club President William Galvin, Carmel O'Connor Lady Captain and Eamon Feeley Captain at their Drive In at Maine Valley Golf Club, Killorglin on Sunday. Photo by Michelle Cooper Galvin



Maine Valley Golf Club President William Galvin, Carmel O'Connor Lady Captain and Eamon Feeley Captain at their Drive In at Maine Valley Golf Club, Killorglin on Sunday. Photo by Michelle Cooper Galvin

OUTLOOK BASKETBALL

in attendance to see his outstanding display, as the Dublin side ran out 102-87 winners in the end.

Top scorers: Killester: Kason Harrell 56, Tomas Fernandez 24, Farouq Raheem 8

Garvey's Tralee Warriors: Brandon Cotton 24, Daniel Jokubaitis 24, Eoin Quigley 18

The focus for Garvey's Tralee Warriors switches immediately to the InsureMyHouse.ie Pat Duffy National Cup final as they prepare for their date with destiny, taking on C&S Neptune on Saturday next in the National Basketball Arena in Tallaght, with tip off at 6.00pm.

No luck in overtime for Team Garvey's

Team Garvey's St. Mary's went down to Fr. Mathews in Cork at the weekend in what turned out to be a brilliant game. Despite the

disappointing outcome, Team Garvey's gave an outstanding performance.

An impressive first quarter saw take a seven point lead, huge performance coming from Lorraine Scanlon and Emma Sherwood. The Castleisland side continued to build on this in the second period, Deirdre Geaney, Rheanne O'Shea and Paris McCarthy all making huge contributions along with Scanlon and Denise Dunlea.

The third quarter saw Fr. Mathews reduce the gap by five points. Americans, Trish Byrne and Shannon Brady were playing well, along with Grainne Dwyer, who had a great game throughout. However Team Garvey's were still going strong, shots were set up inside for Lorraine Scanlon who converted time after time. St. Mary's led by 10 points as they entered the final quarter.

Both teams were on foul trouble and much of the scoring in the fourth quarter came from the free throw line. Dwyer, Brady and Byrne were accurate every time for Mathews as was

Lorraine Scanlon for Team Garvey's.

Garvey's had some opportunities in the dying seconds to increase their lead but they did not go their way, they led by just two points with four seconds on the clock. Fr. Mathews took a time out and on their return to the court American Trish Byrne drove to the board to level and put the game into overtime. The Castleisland side lost Deirdre Geaney to foul trouble and Denise Dunlea to injury during the extra period of play. Amy Murphy stepped up for Fr. Mathews and despite the best efforts of Team Garvey's it was Fr. Mathews took the win. Final Score: Fr. Mathews 84 Team Garvey's St. Mary's 79

Team Garvey's St. Mary's: Lorraine Scanlon 30, Deirdre Geaney 12, Paris McCarthy & Rheanne O'Shea 10 each, Emma Sherwood 9, Denise Dunlea and Niamh O'Connor 3 each and Meabh Barry 2.

Team Garvey's will play DCU in Castleisland on January 29th, tip-off is at 6.15pm



The MTU team who have progressed to the quarter final of the Sigerson cup. The team features a number of players from Killarney.



Munster Junior club Champions Gneeveguilla. Full time score: Gneeveguilla 4- 18 Ballina 1-6

MILLTOWN/CASTLEMAINE GAA

LOTTO

Sponsored by Almas Takeaway, Milltown
On Monday, January 10th, 2022 Jackpot €12,600
Lucky Numbers: 03 – 06 – 07. Bonus Ball: 17.
There was Jackpot winner or match 3 winner but congratulations to our Lucky Dip Prize Winners:
€50 - Carmel Ferris. €50 - Eileen W Murphy. €25 - Cathy Kerins. €25 - Lorraine Mannix. €25 - Mary E Connor. €25 - Liam Mangan

Congratulations to the prize winners & best of luck to everyone in our next draw in two weeks' time (Monday, January 24th, 2022) where the jackpot will be €12,600. Get you tickets for this draw or renew your yearly tickets online clubforce or from usual outlets

CONDOLENCES

All at Milltown Castlemaine GAA offer our most sincere condolences to the family of Mary Esther Daly who was laid to rest this week. Esther and her family have been of great support to our club for many years. Our thoughts and prayers are with her husband Karl and the extended Daly family at this sad time. Ar dheis Dé go raibh a hanam

CONRATULATIONS

A huge congratulations to Milltown/Castlemaine Gaa Club player Mark Wrenn and his wife Patricia who were married recently on the final day of 2021. We hope that you both enjoyed a wonderful day and wish you all the very best for your future together. All the very best from everyone at Milltown/Castlemaine GAA Club

A huge congratulations to Milltown/Castlemaine Gaa Club Senior Player Jack McCarthy now living in the US & to his fiancée Fiona on their recent engagement. Everyone at Milltown/Castlemaine GAA Club wishes you all the very best in your future together

Many congratulations to Aoibheann Twiss Di Marco and her husband Gavin Di Marco on the arrival of their little boy James Di Marco, wishing you all many years of happiness from everyone at the club. Gavin does the lining of our pitch at Milltown/Castlemaine GAA with Matt Edwards. James is also grandchild of proud grandparents Brendan Twiss our clubs former chairman and his wife Josephine who gave many years as our clubs registrar. James will be minded well to by Uncle Jerome Twiss who has done a huge amount of work on the clubs new development project. Many thanks and congratulations again

to the whole family.

AGM

A reminder to all our club members of our upcoming A.G.M. on Friday 28th January 2022 at 6pm in Nagle Rice Community Centre.

Due to Covid-19, mask wearing and covid certificate will be required for attendance at the A.G.M. We will be monitoring H.S.E. Covid guidelines and if there are any changes, we will inform all our members closer to the date.

Operation Transformation

A MOMENT OF REFLECTION

On Friday evening our walking group paused for a moment to light candles and think of Ashling Murphy who so tragically lost her life earlier this week. The thoughts of our whole club and community are with Ashling Murphy her family, friends and community at this unimaginably difficult time. Ar dheis Dé go raibh a hanam...

GUEST SPEAKER

We hope you are all looking forward to walking again on tomorrow evening and we are very excited our guest speaker Lauren Starkey who will be joining us @ 8.15 to talk about preventing and dealing with your muscles/injuries at home. Tea and Coffee will be served in the social area again this Monday. If you would like to contribute to the upkeep and energy costs of the walking track please drop a token in the bucket or play our club fundraising lotto.

OPERATION TRANSFORMATION INFO

A quick reminder of what's on and when: Evening Walking Groups Mon, Wed and Fri Evening 7.30 to 8.30pm. Morning Walking Groups Tues and Thur Morning 9.30 to 10.30am. Wednesday is weigh in evening for anyone who wishes to do so, if you have weighed in last week track your progress or if you wish to start this week let us know. To get involved please make sure to first contact Danny on 087 653 6631. Whether you would like to join our group or help out organising the group we would be delighted to hear from you.

IRISH LIFE STEPS CHALLENGE

Milltown/Castlemaine Gaa Club have registered the club to take part in the Irish Life Steps Challenge starting this coming week. Please download the Irish Life app and follow instructions, and select your province and your club. Help us to reach 4000 km to be in with a chance to win an O'Neill voucher for the club whilst getting us all out there to stay fit and healthy the Challenge commences on

Wednesday 19th January. The lights are on at our walking track every evening until 10pm and you can join in with our Operation Transformation Group on their walking evenings/mornings too if you'd like. It's very simple to join, just follow the steps below:

1. Download the "MyLife by Irish Life" app
2. Register your details
3. Under Social Tab > Challenges > Pending > Join Munster GAA Challenge > then search for Milltown Castlemaine GAA.

Your phone will track steps while in your pocket and relay these to the app. Alternatively, you can link your smartwatch/fitbit to the app.

MUNSTER FINALS

Many congratulations to the first of the three Kerry Club Sides to play this weekend in the Munster Junior Final as Gneeveguilla ran out winners against Ballina of Tipperary. Well done and best wishes in the All Ireland semi final to the players, management team & all club members at Gneeveguilla GAA.

COMMISERATIONS to Austin Stacks side who had a hard battle in the Munster Senior Club Final versus St Finbarrs of Cork. In an enthralling encounter they just missed out on the day but we say a big well done on a great campaign to former Milltown Castlemaine Manager Wayne Quillinan his players and coaching team along with the fantastic stacks support. There can be no doubt they will feature again in the coming years.

Finally also in action on Sunday in the Munster Intermediate Final where Na Gaeil became Munster champions in a victory against Corofin of Co Clare. Well done and best wishes in the All Ireland semi final to the players, management team & all club members at Na Gaeil GAA.

PITCH MAINTENANCE

Please note that the main pitch and training area 1 are temporarily closed for maintenance. When visiting the grounds to play football or train please use training pitch 2 (behind the goals). Many thanks from the pitch maintenance team.

KEEL GAA CLUB NOTES

KEEL GAA LAST MAN STANDING

The Keel GAA Last Man Standing competition will now begin on the weekend of January 21st. Please note change in deadline. We still have

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spaces available if anyone would like to take part for €10. You could be the winner of €500. You can buy your ticket via the Clubforce app or via the link on our social media. Email pro.keel.kerry@gaa.ie for the link. Money can also be left in one of the local businesses, with your name and number on the envelope. Please message 086 890 8768 or 087 649 7639 to secure your place. Anyone who enters will be added to a WhatsApp group to follow their progress. Please support.

WALKING TRACK

A reminder that the lights will be on from 7-9pm on Mondays, Tuesdays, Wednesdays and Thursdays for walkers/runners to get their steps and exercise done for the day. We will post updates across our social media with any changes to this schedule.

EVERY STEP COUNTS CHALLENGE

Keel GAA will be taking part in the Irish Life Every Step Counts Challenge which begins this Wednesday the 19th of January. This is part of our Healthy Club Initiative, and we hope you will all get involved. Over 25 people have signed up so far. Thank you! The club will need to walk or run 4,000km to be entered into the Munster draw for a chance to win a €2,500, €1,500 or €1,000 O' Neills voucher. Download the My Life by Irish Life App onto your phone and select the challenge for Munster, choose Keel GAA as your club. We will post tips and tricks on our social media. Email pro.keel.kerry@gaa.ie if you have any queries. Please spread the word.

CLUB LOTTO

Results for Monday the 10th of January. There was no winner of the jackpot of €4,650. Numbers drawn were: 2, 11, 14, 31. Lucky dip winners: €50 Moss and Theresa Foley Beaufort, €50 David Murphy. Thank you all for your support. Next week's lotto jackpot will be €4,700. The draw will take place Monday the 17th. Lotto results will be posted on our social media and in the club notes the following week. You can purchase your tickets online now by logging onto the Clubforce app or via the following link on our social media. Hard copy tickets are available in usual outlets. All hard copy lotto tickets must be returned to Bensons by Sunday night. This will apply each week. If they are not returned by Sunday night, they cannot be entered into the draw on Monday night. This is a new requirement to facilitate the online lotto draw. All online tickets must be purchased by 6pm each Monday.

KERRY CLUBS

Congratulations to Na Gaeil, Gneeveguilla and Clanmaurice Camogie on their success over the weekend. Commiserations to Austin Stacks on their loss to St Finbarrs.

FOSSA GAA CLUB NEWS

LAST MAN STANDING

We are running a last man standing competition for the National football league (only €10) pls contact any senior player for a form all details on our social media sites. (hurry and get your form as the league starts next week).

KERRY

Best of luck to the Kerry team in the McGrath cup this Saturday against cork.

MUNSTER

Congratulations to Gneeveguilla and Na Gael on their Munster championship victory's also hard luck to Austin Stacks on their tough loss. Congratulations to Tim Murphy on his election to the position of Munster GAA Vice Chairperson.

LOTTO

Date: 16th January 2022. Numbers Drawn 8,2,11,24. €40 WINNERS: MIKE DOC, C/O GARY MCCORMICK; KATIE MURPHY, MANGERTON RD MUCKROSS; N & J ASHE; BETTY O'LEARY, 16 O'KELLY'S VILLAS; JOHNNY & GILLIAN, C/O GOLDEN NUGGET. Next weeks jackpot €3,450 Tickets on sale from Foleys Spar Fossa, the golden nugget and usual sellers. Thanks for the support.

CONDOLENCES

Fossa GAA would like to extend sympathy to Maeve O'Connell of Fossa, on the death of her father David, also to his sister Maureen Malone, brother Michael and their families. May he Rest In Peace.

DR. CROKES

AGM

Dr. Crokes GAA Club will hold their AGM on Monday 31 January 2021 at 7.30pm through Zoom. Due to covid guidelines no in person meetings after 8pm. A number of vacancies will have to be filled due to retirements. There will be a facility for members to join the meeting through Microsoft Teams. Nominations for positions on the Executive, motions and recommendations must be submitted to Club Secretary (secretary.drcrokes.kerry@gaa.ie) on the attached forms no later than Monday 17 January. Members wishing to join the AGM through Teams must notify the Club Secretary no later than Sunday 30 January.

ON THE FIELD

Tony Brosnan and Miceal Burns lined out with Kerry in last weeks McGrath Cup win over Tipperary. Shane Murphy was also on panel. Mark Heffernan started and Conor Bohane was a member of the panel of Kerry Hurling Team that played Limerick..

Tony Brosnan (Capt) Mark Fitzgerald, Evan Looney, Mark O'Shea, started for Tralee MTU that defeated UCD. Michael Potts(inj) Harry Potts and Sean McGann were also members of panel.

ST.BRENDANS 2-08 COLLAISTENA SKELLIGE 2-07 goals by Liam Randles & Charlie Keating helped St. Brendans over the line in this Corn Ui Mhuiri q/f, Harry Byrne, Cian McMahon and Alex Hennigan also started. Jack Lynch, Shane McAllister, Mark Clifford and Ronan Coffey were also on panel.

DR CROKES HEALTH AND WELLBEING CLUB

encourages you to join your friends/club members to get fit and enjoy the social aspect. The Every Step Challenge is back again. Remember how successful this was in 2021 when so many of Dr Croke members walked the challenge. We encourage you not to walk on your own, but walk with your friends and clock up those steps on phone app/fit bit. See poster for full details. It commences on January 19 and ends on February 23. Step it out and

stay safe.

SCOR

As Rachel Foley, Cultural Officer, continues preparing for Scor, which hopefully will go ahead this year, she is encouraging boys and girls of all ages who are interested in set dancing and figure dancing to join/re-join one of the 3 dancing schools that assist us in this competition. There are 3 levels of competition for various age groups throughout the year. So get practicing with.. Daly King.... Hegarty.... and Hannah Majella with Daly King School of Irish Dancing. Contact Cliona 0862444354. Hegarty Irish dance academy contact Lisa 087 6403828 and Hannah Majella O Donoghue set dancing classes, contact Hannah 087 6451910

LOTTO draw took place on Monday January 17th Numbers drawn 11 18 22 26 5 patrons matched 3 numbers receive €80 Jackpot for draw on January 24th will be €9,500.

DR. CROKES SHOP you can now shop worldwide new selection of Jackets, gilets masks and snoods and other items. Shop online **BEST WISHES** to Kilmoyley in next weekends All Ireland Intermediate s/f.

CONGRATULATIONS to Gneeveguilla & Na Gael, and commiserations to Austin Stacks in last weekends Munster Finals.

SYMPATHY to former Chairman Teddy Counihan on the death of his aunt Margaret O'Leary. Margaret had a wonderful knowledge of Dr. Crokes club from its early years no doubt gathered from listening to her Father Jerry (Small Jer). Her brother Derry (rip) served as club secretary in the 60s.

To U15 player Jack Donoghue on the death of his Mother Peggy. Ar dheis Dé go raibh a n-anamacha dilis

EAST KERRY GAA NEWS

By Michael O'Mahony

EAST KERRY ANNUAL CONVENTION will take place on this Sunday 23rd January in the Currow community centre at 3pm. The AGM will be preceded by Mass for deceased members at 2-30pm.]

CONGRATULATIONS to Kerry's Tim Murphy who was elected as the new Vice-Chairman of Munster Council at their convention on Saturday we wish him all best in the year ahead

HEARTIEST CONGRATULATIONS to Gneeveguilla Munster Junior club Champions Full time score Gneeveguilla 4- 18 Ballina 1-6 Best of luck in All Ireland semi final Na Gaeil are Munster Intermediate Football Club Champions. Massive Congratulations to all involved. Hard luck on Austin Stack in senior championship

FIXTURES

Senior Munster McGrath Cup Final

Kerry vs Cork this Saturday January 22nd at Fitzgerald Stadium at 2pm Best of luck all players from East Region & kerry management

GAA COURSE

Twenty five students in St Brendans College competed TY GAA Course last Friday. It is vital that all students are given an opportunity to get involved in club coaching during 2022. The following students completed the course.



Spa: Aaron O Connor, Ryan McCarthy, Cormac Walsh, Stephen Wickham, Danny Coffey Emmet Spillane, Timothy Moynihan, Evan O Neill.

Dr Crokes: Shay O Meara, Paddy Foley, TJ O Sullivan, Dara O Shea, Maidhce Lynch, Alex Hennigan, Cillian O Connor, Robbie Hartnett.

Glenflesk: Callum Cronin, Darragh O Connell, Liam O Donoghue.

Kilcummin: Adam Murphy, Liam O Leary.

Listry: Padraig O Donoghue, Mark McCarthy.

Killarney Legion" Jack McCrohan.

WIN A HOUSE WITH KERRY GAA

Kerry GAA are giving one lucky winner a prize of a lifetime, a brand new 3-bedroom house in Killarney. This is the top prize in the April 2022 draw, but there will be several bonus draws for ticket holders between now and then, including cash prizes and match tickets!

Tickets for the Draw are €100 and the link to purchase is on the Kerry GAA website, they

can be purchased at the Kerry GAA Store in the Outlet Centre or www.kerrygaa.ie The sooner you purchase a ticket, the more draws you will be included in.

SYMPATHY

We extend our sympathies to families of Bridie Mahony RIP Currow, Peggy O Callaghan RIP Kilcummin, Theresa Cahill RIP Currow, Mary Ellen Harnett RIP Castleisland, Peggy O' Connor RIP Rathmore. Ar dheis Dé go raibh a anam dílis

BALLYHAR-FIRIES GAA

LOTTO

Numbers drawn: 1, 13, 17, 19. No jackpot winner. 5x€30: Katie Doe, Furies. Aishling Smith, 6 Ard Aoibhinn, Furies. Joan O Sullivan, Currans. Bobbi & Kerri Breen, Furies. Bridie & Loraine, Furies. €8000 Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

Get your lotto tickets online via the Furies page on Clubforce or tickets are also available to

purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Furies, Hendersons Shop and Bar Furies and from all the usual sellers. We thank these businesses for their continued support. Thank you all for your continued support.

FRIENDS OF FIRIES 2022

If anyone is interested in becoming a Friends of Furies Member please make contact with the Club.

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For €100 you could win a stunning new build A-rated 3 bedroom house superbly located just off the Park Road in Killarney, Co Kerry. Follow the link on social media and on the Kerry GAA Website. Don't forget to mention Furies GAA when you enter the draw to help the club.

ACTION FROM THE KILLARNEY CELTIC V CORK CITY FRIENDLY

Pictures: Konrad Poprocki



KERRY SCHOOLBOY/GIRL SOCCER

NATIONAL CUP AND LEAGUE GAMES IN FULL WEEKEND OF ACTION

Girls National Cup 14's

Newcastlewest 0-8 Listowel Celtic
Abbeyfeale 0-0 Killarney Celtic AET
Abbeyfeale win 4-3 on penalties
Killivilla 3-1 Inter Kenmare
MEK Galaxy 1 -2 Corofin

Boys National Cup 13's

Holycross 2-2 St Brendan's Park AET
Holycross win 5-4 on penalties
Avenue United 1-2 MEK Galaxy
15's

Newcastlewest 2-1 Inter Kenmare
Killarney Athletic 1-0 Killorglin

Girls League

Girls 13's Premier

St Brendan's Park 2-2 Killarney Athletic Blue
Fenit Samphires 1-3 Camp Juniors

13's Division 1

Mastergeeha 7-1 Killarney Athletic
16's Premier

Inter Kenmare 3-1 Camp Juniors

16's Division 1

Castleisland 5-3 Fenit Samphires
Dingle Bay Rovers 2-2 St Brendan's Park

Boys Leagues

13's Premier

Fenit Samphires 5-0 Listowel Celtic
13's Division 1

Killarney Athletic B 1-1 Dingle Bay Rovers
Listowel Celtic B 1-3 St Brendan's Park B
Killarney Celtic B 1-1 Inter Kenmare A
Tralee Dynamos B 0-5 Iveragh United
Castleisland A 1-7 St Brendan's Park C

13's Division 2 North

LB Rovers B 2-1 Camp Juniors B
Castleisland B 8-1 St Brendan's Park D

13's Division 2 South

Iveragh United B 2-2 Killarney Celtic C
Killarney Athletic C 2-3 Mastergeeha B

15's Premier

Killarney Celtic 1-2 Listowel Celtic
St Brendan's Park - Tralee Dynamos

15's Division 1

Camp Juniors 1-2 Fenit Samphires

15's Division 2

Tralee Dynamos B 6-0 Listowel Celtic B
Inter Kenmare B 2-1 Killarney Athletic B

St Brendan's Park B - Mastergeeha B

16's Division 1

Killorglin C 7-4 Ballyhar Dynamos

Killorglin B 3-3 Iveragh United

LISTOWEL CELTIC WIN THE HIGHLIGHT OF GIRLS NATIONAL CUP

Places in the Open Draw and the Regional competition were the prize for the winners in the Girls 14's National Cup. Listowel Celtic had an impressive win away to Newcastlewest thanks to goals from Laura Falvey, who hit four goals, Fiona O'Brien, Holly Boyle, Laura Meehan and Emily Kissane.

Abbeyfeale and Killarney Celtic couldn't be separated after extra time with the game ending scoreless. In the end despite successful penalties from Celtic's Hannah Casey, Bethany Moynihan and Emily Buckley it was Abbeyfeale that progress 4-3.

Phoebe O'Shea was on the mark for Inter Kenmare but they went down 3-1 away to Killavilla. Avril Rooney scored for MEK Galaxy but they lost out 2-1 at home to Corofin.

MEK and Athletic progress in Boys National Cup: MEK Galaxy's great run in the 13's National Cup continues as they have reached the Open Draw and the Regional competition thanks to a 2-1 away win over Avenue United in Ennis. David O'Shea and Killian Fitzgerald got the vital MEK goals. Edison Jahiri put St Brendan's Park ahead twice away to Holycross but after the sides finished level at 2-2 it was the Tipperary side that went through 5-4 on penalties. Killarney Celtic's away game at Pike Rovers was postponed.

In the 15's Killarney Athletic won the all Kerry clash against Killorglin thanks to Brian O'Shea who scored the only goal of the game. Inter Kenmare went out 2-1 away to Newcastlewest with Dawid Grebowaic scoring for the Kerry side.

GIRLS DIVISIONS REPORTS

TIGHT GAMES IN 13 GIRLS PREMIER

St Brendan's Park and Killarney Athletic Blue played out an exciting 2-2 draw at Christy Leahy Park. Niamh Fitzgibbon and Taylor Kate Leane scored for the home side with Kelsey Cummins getting both Athletic goals.

Camp Juniors won away at Fenit Samphires thanks to goals from Caoimhe Skinner 2 and Keelan Clifford with Siofta Murphy replying for the home side.

Mastergeeha win in Division 1:

Amy Brosnan, Grace O'Sullivan, Clogadh O'Rourke, Grace Murphy, Rebecca Murphy, Keelan O'Shea, Nicole Warren, Lauren Buckley, Emma Houlihan and Ailish Breen were on the

Mastergeeha score sheet as they defeated a young and depleted Killarney Athletic White side with Roksana Wawro scoring their consolation. Inter win at home in 16's Premier:

There was one game in the 16 Girls Premier where goals from Laoise Carey, Tara Desmond and Helena O'Donoghue gave Inter Kenmare a 3-1 home win. Miriam Sheahan scored for Camp Juniors.

HOME WINS IN 16'S GIRLS DIVISION 1

There was an 8 goal thriller in Georgie O'Callaghan Park where the home side defeated Fenit 5-4. Amelia Kerins 3, Seana Wilkinson and Erin O'Connor scored for Castleisland with Lily Nowak, Isabel Moriarty and Grace Reilly replying for Fenit Samphires.

Goals from Ciara Kennedy and Caoimhe Devine scored for Dingle Bay Rovers in their 2-1 home win over St Brendan's Park whose goal came from Jacinta Griffin.

BOYS DIVISIONS REPORT

FENIT WIN IN 13 PREMIER

Goals from Dara Harty 2, Mikey Corridan, Danny Gazzi and Tom Lenihan saw Fenit Samphires win at home to Listowel Celtic.

13's Division 1 the busiest of the day:

Leaders St Brendan's Park C continued their winning ways as they won away at second placed Castleisland in Georgie O'Callaghan Park. Goals from Calvin O'Sullivan who hit 4, Shane Griffin 2 and Eoin Tansley gave the Park the win with Graham West replying for the home side.

Iveragh United also won on the road defeating Tralee Dynamos B thanks to goals from Jayden Corcoran 2, Killian O'Connell, John Kavanagh and Darragh Fogarty.

St Brendan's Park B also won away from home thanks to two goals

from Seadhna O'Brien and one from Dwayne Conway. They defeated Listowel Celtic B 3-1.

There were two draws in the other games with both finishing 1-1. Cillian O'Baoill scored for Dingle Bay Rovers as they shared the points away to Killarney Athletic B. James Leonard got Inter Kenmare's goal as they drew with Killarney Celtic B.

FIRST AND THIRD WIN IN 13'S DIVISION 2 NORTH

Leaders LB Rovers B enjoyed a narrow win over second placed Camp Juniors B. Conor O'Reilly and Ollie McGuigan exchanged goals in the first half with Evan Mannix getting the LB winner.

Castleisland defeated St Brendan's Park D thanks



MEK Galaxy u13s who defeated Avenue United of Ennis in the National cup.



Killarney Celtic U14 White squad vs Castleisland.

to goals from John Healy 3, Alan Wieranski and Conor Lenihan who got two each and Jamie Murphy who got one.

Win and a draw in 13's Division 2 South:

Mastergeeha were narrow 3-2 winners over Killarney Athletic C in Woodlawn. Sean Fleming, Mark Fleming and Liam Breen scored for Mastergeeha with Ryan Kissane getting both goals for Athletic.

Iveragh United and Killarney Celtic C played out an exciting 2-2 draw. Darragh O'Shea put the South Kerry side ahead but James Murphy levelled matters. Murphy then put Celtic ahead before O'Shea equalised with a last minute free kick.

AWAY WINS IN 15 PREMIER

Goals from Ryan Driscoll 2 and Ronan Carroll gave Tralee Dynamos a 3-0 win across the road at neighbours St Brendan's Park.

Tristan Barry scored twice for Listowel Celtic as they won away at Killarney Celtic.

Fenit come from behind to win in 15's Division 1: Camp Juniors went 1-0 up but a Cian McKenna penalty for Fenit Samphires levelled matters and with the last kick of the game Tom Quilter won the game for them with a free kick.

GOALS GALORE IN 15'S DIVISION 2

A Francis O'Brien hat trick and goals from Elliot Maher, Ryan Onyawkere and Oskar Sampolski saw Tralee Dynamos B win at home to Listowel Celtic B.

Mathew Pfizter scored for Killarney Athletic B but they went down 2-1 away to Inter Kenmare. Fabian Petryszyn hit a hat trick and Cyprian Fyburski scored for St Brendan's Park B in their 4-3 win over Mastergeeha B whose goals came from Thomas Myers and Brian O'Sullivan.

Killorglin host the two 16 Division 1 games: Killorglin B and Iveragh United played out a 3-3 draw in the final game of the day with Shane Clifford 2 and Aaron McCarthy getting the home sides goals.

Killorglin C were 7-4 winners over Ballyhar Dynamos whose goals came from Daithi O'Shea 3 and Robert Kelly. For the winners Gearoid Evans 3, Patryk Radny 2, Zygyntas Pipiras and Denis McGeever were the scorers.

KILLARNEY ATHLETIC

SENIOR LADIES

Killarney Athletic 0....Camp 5

FAI YOUTHS CUP

Killarney Athletic 3 St Mary's Cork 6

U13 GIRLS DIV 1

KILLARNEY ATHLETIC 1 MASTERGEEHA 7
SCORER FOR THE BLUES: Roksana Wawro

U13 GIRLS PREMIER...

KILLARNEY ATHLETIC 2 ST BRENDANS PARK 2
SCORER FOR THE BLUES: KELSEY CUMMINS with a Brace..

Athletic under 13 division 1: Athletic 1 Dingle 1..

U15 DIVISION 1

Killarney Athletic 1 Inter kenmare 2

Scorer for the Blues: Matthew Pfizter

U13 DIV 2

The blues hosted Mastergeeha today on a beautiful morning down in Woodlawn. Athletic got off to a good start with some great passing and kept applying the pressure. The pressure eventually paid off when mark corkery played a brilliant through ball which Ryan kissane finished. Mastergeeha started getting into the game but athletics defence held strong until half time. The away side pulled a goal back at the start of the 2nd half and had a Penalty hit the post. It remained 1-1 until Ryan kissane stepped up and scored his second of the day with a wonderful penalty. Mastergeeha pulled 2 back and came away with a 3-2 win..

U15'S NATIONAL CUP RESULT

Killarney Athletic 1 - 0 Killorglin

Brian O'Shea.

In a very tough physical game, we broke the deadlock midway through the second half when Brian O'Shea let fly from 25 yards taking a slight deflection to deceive the Killorglin goalkeeper. We created a couple of more goal scoring opportunities but the Killorglin defense held firm.

Thanks to Mike and the Killorglin players for another good tough game.

Great performance and result today from our young blues. Well done boys

We are now through to the 5th round, last 32 open Round.

KILLARNEY CELTIC

LOTTO

Numbers drawn 5, 9, 17, 21. There was no jackpot winner and Match 3 winner received €40 The next jackpot on Monday January 24th is €14,600.

FRIENDLY; KILLARNEY CELTIC 1, CORK CITY 3.

Stephen McCarthy

2 early goals by Dylan McGlade gave Cork City the platform to dominate the 1st half in this friendly played before a good sized crowd at Celtic Park last Saturday. Cork increased their lead in the 2nd half through Barry Coffey. Celtic continued to look for a goal and hit both posts in the same attacking movement. Celtic were rewarded for their endeavours when Stephen McCarthy headed home from close range.

PREMIER B

Ballyhar Dynamos 1, Killarney Celtic B 0.

DIV 2 B

Windmill UTD 2, Killarney Celtic C 9.

DENNY U17 LEAGUE

Killarney Celtic 4, Tralee Dynamos 3

Josh Bowler 3, Sean Treyvaud

Celtic fought back from 2 down to lead 3-2 before Dynamos equalised. The game looked like heading for a stalemate but Josh Bowler drove home a late winner to give Celtic the points.

U15 PREMIER

Killarney Celtic 1, Listowel Celtic 2

Liam Spellman

U13 DIV 1

Killarney Celtic 1, Inter Kenmare 1

Marco Mosca

Celtic led 1-0 at half time but Kenmare came back into the game and grabbed a deserved equaliser.

U13 DIV 2

Iveragh Utd 2, Killarney Celtic 2

James Murphy 2.

Celtic went into a 2-1 lead but Iveragh fought back to share the points.

GIRLS

NATIONAL CUP U14

Abbeyfeale 0, Killarney Celtic 0

Abbeyfeale win 4-3 on pens.

U14 DIV 1

Killarney Celtic White 2, Castleisland 0

Ali Bowler, Megan O'Reilly.

Congrats to Grainne Kelleher who made the Girls Roll of Honour this week.



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Killarney Athletic Senior Ladies

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Ed 22, 2022



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Experience required in payroll, computerised accounts and general office duties.

Permanent position 30 hours approx. per week.

Application for the position by cover letter and CV to:
vacancyabc2022@gmail.com

Closing date is 5pm on 31st January 2022



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The successful candidate will be required to:

- Operate welding machines
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Minimum Requirements include:

- Manual Welding Experience
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- Willingness to work shifts

GENERAL ADMINISTRATOR

The successful candidate will be required to:

- Communicate with customers via telephone and email to ensure queries are resolved
- Interact with logistics providers
- Coordinate between departments and operating units in resolving day-to-day administrative and operational problems
- General administration support

This position would suit someone with good IT skills, administration experience and good communication skills.

Please email CV to info@firebird.ie or post to Firebird, Ballymakeera, Co. Cork



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HEALY-RAE TD**



**Cllr MAURA
HEALY-RAE**

WEEKLY CLINIC ON:

**SATURDAY AT SCOTT'S HOTEL,
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PLEASE CONTACT

Danny 087 2316055 Office 064 6685315

Maura 087 7816432 Johnny 087 2354793

Eileen 087 9975419

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com
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Closing date for applicants is January 28th 2022 at 5pm.



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chrishorgan12@hotmail.com**

St John Paul II Pastoral Centre, Killarney
invites applications for the position of a Part Time

SECRETARY

The role will involve general
secretarial duties.

Experience required in Microsoft Office and
general office duties.

**Application for the position by cover letter
and CV, in confidence, to
diocesanpastoralcentre@dioceseofkerry.org**

Further details available on www.activelink.ie

Garda Vetting will apply in respect of this position.

**Closing date for applications is 5 pm on
Wednesday January 26th.**

**Interviews will be held during week commencing
January 31st.**



IS NOW RECRUITING

RESTAURANT MANAGER

The manager will be responsible for the overall operation of the food and beverage department. It is essential that the successful candidate be a strong leader with excellent people skills, strong training background and working to department goals and budgets. 4-5 star experience in a similar role is essential.

**Applications can be sent to
The HR Department, Lake Hotel, Lake Shore, Killarney.
E-mail. hr@lakehotel.com**

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Our Client, a main dealer operating in the motor sector in Castleisland, Co. Kerry wishes to appoint the following:

PARTS ADVISOR

The role will include the following responsibilities

Assisting retail and trade customers and other parts personnel in all aspects of stocking,
Co-ordinate daily parts deliveries,
Dealing with other tasks and administrative duties which may arise in the parts department.

Ideally the suitable candidate would be

Able to work on their own initiative,
PC Literate, however training will be provided,
Have good telephone skills,
Have a full, clean driving licence.

Prior experience would be an advantage but not essential.

Please forward C.V. and a cover letter to Tom O'Shea
tom@kelos.ie

Closing date for receipt of applications is 4th February 2022.



Gardening
with Killarney Outlook
by John O'Sullivan

FOCUS ON HEDGING



Hedges can make a much more natural background to a garden than a wall or a fence. They can provide shelter and are cheaper and require a small amount of maintenance. Because a hedge allows the wind to filter through it reduces its velocity. Tall or low growing, clipped or informal, there is a hedging plant for every purpose. One thing to remember about a hedge is that it is intended to be a permanent feature in the garden so therefore should be chosen with care and planted in well prepared soil.

To choose the right hedge for your garden, here are a few pointers to think about:

1. The type of soil you have.
2. How exposed the garden is – i.e. what direction is it facing.
3. The eventual height and width the hedge will be
4. Does it need to be evergreen.

When you have chosen the type of hedge that you want, it's time to prepare the soil. Start preparing the soil by digging thoroughly and forking in some well rotted farmyard manure. Hedges can be planted all year around but the ideal time is between November and March as all hedging plants will be dormant at this time. What that means is when you go to buy your hedging plants, they are lifted straight from the ground and are called bare-rooted hedging. This enables you to replant straight back into the ground when you get them home. Just make sure that when planting that the roots are spread out well as this will encourage them to root quickly when the growing season starts. If you have missed the bare rooted season at the end of March, you can plant container grown hedging all year around.

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ED 3

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Contact : 087 - 4350736



A Word of Victory

Welcome back dear student of God's Word, continuing on from last week where Jesus calls us to have God's kind of faith. "Have faith in God. I tell you the truth, you can say to this mountain, 'May you be lifted up and thrown into the sea,' and it will happen. But you must really believe it will happen, and have no doubt in your heart. I tell you, you can pray for anything, and, if you believe that you've received it, it will be yours. But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too." (Mark 11:22-25 NLT). Jesus revealed these spiritual keys to us so that we could receive the freedom and deliverance that He paid for with His blood.

Firstly Jesus notes that this is Truth. "Those who worship the Father must worship Him in Spirit and in Truth" (John 4:23-24; John 17:17). God's Word is Truth and you can trust in, and believe Jesus for He will never lead you on. The mountains He mentions are not just physical mountains, but those problems that have risen up like mountains affecting our lives whether sickness, relationship problems, trauma, poverty or fear. Jesus speaks symbolically throughout the Word of God. Proverbs says "It is the glory of God to conceal a thing: but the honour of kings is to search out a matter." (Proverbs 25:2). This is where the Holy Spirit comes in. Jesus told His disciples that when the Holy Spirit came upon them He would baptise them with fire, and fill them with God's power, and that He would reveal the Truth to them (John 14:26; John 16:13-15; Luke 24:49; Acts 1:8). It is the Holy Spirit Who discloses the knowledge of the Truth to us and gives us the ability to believe God and see His promises come to pass.

The faith to speak to and remove those mountains of affliction only works as much as we abide in God's Truth though. For instance, it's pointless for me to proclaim faith in God and pray and believe for miracles and for things to change on the one hand, while my other hand is holding onto doubt and unbelief, or strife and bitterness towards another person (Luke 6:37-49). Mountain moving faith is made possible by first 're-moving' the mountains of doubt, offence or hurts that have accumulated. This is not an easy task. It can be a process of peeling off layers. It can make you cry, especially where someone has caused you deep pain. But as we said last week it's futile to do the same old thing over and over expecting to see different results. So, will you trust God and let it go? It's just not worth holding onto. Will you allow the Lord to bring healing to those wounds, so that you can be set free and receive breakthrough? Will you release forgiveness to that one by cancelling the debt that they can never repay anyway? Because Jesus made it quite clear - to the same extent that we are willing to forgive others we will be forgiven (Matthew 6:12-14; Ephesians 4:26-27). Let's not give the devil a foothold through any open doorway of offence, how about it?

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



Check us out on Facebook.

E: wovkillarney@gmail.com | Phone/Text - 087 4471797



MASS OF REMEMBRANCE FOR THE DECEASED OF 2021

There will be two special concelebrated Masses for the deceased of 2021 on

Monday 31st January at 7p.m.
in the Cathedral in memory of all those who died from January to June 2021

Tuesday 1st February at 7pm
in the Cathedral in memory of those who died from July to December 2021

There will be NO 6.15pm Mass on both those evenings. We invite family, relatives, neighbours and friends to join us for this Mass.

Parishioners whose loved ones have died, and whose funeral took place outside the parish and whose family would like them to be remembered, please submit their names to the Parish Office before Mon Jan 24th. Contact Sheila 064 6631014

14TH ANNIVERSARY

IN LOVING MEMORY OF
A DEAR HUSBAND, FATHER
AND GRANDFATHER

TOM BROSNAN



LATE OF BALLYBRACK, FRIES,
WHO DIED ON THE
20TH JANUARY 2008.

*No length of time can take away
Thoughts of you from day to day
Though absent you are always near
Still loved, still missed, still very dear.*

Loved and remembered always by your wife
Peggy & family.

**Anniversary Mass 23rd January,
Ballyhar Church at 10am.**

†

THE MIRACLE PRAYER

Dear Sacred Heart of Jesus, in the past, I
have asked for many favors.
This time I ask for a very special one.
(Here mention your request.)
Take it, dear Jesus, and place it within
your own broken heart, where your Father
sees it. Then, in his merciful eyes, it will
become your favor and not mine. Amen.
Say for three days and promise to publish.

16TH ANNIVERSARYWITH LOVE WE REMEMBER
OUR SON & BROTHER**DAMIAN O'SHEA**

LATE OF OAK HILL, KILLARNEY
& FORMERLY OF
ST. BRENDAN'S TCE., KILLARNEY
WHO PASSED AWAY SUDDENLY
ON 22ND JANUARY, 2006.
REST IN PEACE.

*A beautiful nature, A heart of gold,
Your loss to us can never be told,
We hold our tears when we speak your name,
but the pain in our heart will always remain.*

*No words we write will ever say,
how much we miss you day by day,
Simple words but very true,
we miss you Damian and love you so.*

Until we meet again Damian

Always in our hearts,
Mam, Finbarr, Patrick, Elaine, Darren, Karen,
Colm and Dave, Jackie, Karen M, Lucy, Darcie
& Daniel.

Xxxxxx

**Anniversary Mass will be held in
St. Mary's Cathedral on
Saturday 22nd January at 6.15pm**

16TH ANNIVERSARYIN LOVING MEMORY OF
DAMIAN O'SHEA

LATE OF OAK HILL, KILLARNEY
& FORMERLY OF
ST. BRENDAN'S TCE., KILLARNEY
WHO PASSED SUDDENLY ON
22ND JANUARY, 2006.
REST IN PEACE

*We want to tell you something,
so there won't be any doubt,
You're so wonderful to think of,
but so hard to do without,
time may hide our tears,
but we will always love you,
no matter how many years go by.*

Sadly missed by your wife Annie &
daughter, Danielle xx

†

**54TH BIRTHDAY
REMEMBRANCE**BIRTHDAY REMEMBRANCE
OF OUR BELOVED
DAMIAN O'SHEA

OAK HILL & FORMERLY OF
ST. BRENDAN'S TCE., KILLARNEY
WHOSE 16TH BIRTHDAY AWAY
FROM HOME OCCURS ON
25TH JANUARY

*Your special day approaches,
a memory to hold dear,
but a special person is missing,
how we wish that you were here,
it's hard to hide the sadness,
but it's something we must do,
because of all the gifts in life,
however big or small,
we were Blessed to have you
as our son & brother,
this was the greatest gift of all.*

Happy Heavenly Birthday Damian

Loved, remembered and missed everyday
from all your family, with all our love xxxxxx

6TH ANNIVERSARY

IN LOVING MEMORY OF

**MARGARET
SPILLANE**

HEADFORD, KILLARNEY, WHO
DIED ON 21ST JANUARY 2016

*Deep are the memories
Precious they stay
No passing of time
Can take them away
They bring a smile
Sometimes a tear
But always a wish
That you were still here.*

Sadly missed & always remembered
by your loving family

†

16TH ANNIVERSARYIN LOVING MEMORY OF
**DAMIAN
O'SHEA**

LATE OF OAKHILL,
BALLYDRIBBEN, KILLARNEY AND
FORMERLY OF 62 ST. BRENDAN'S
PLACE, KILLARNEY
WHO DIED ON THE
22ND JANUARY 2006

*Deep in our hearts your memory is kept,
To love, to cherish and never forget.*

Always remembered by your brother
Connie, Mary and Ian.

**NOVENA TO
ST. CLARE****IN THANKSGIVING**

Novena to St. Clare. Ask for three
favours, one business, two impossible.

Say nine Hail Mary's for nine nights
with lighted candles. Pray whether
you believe or not. Publish on ninth
day. Powerful novena.

Say may the Sacred Heart of Jesus be
praised, adored glorified and loved
today and everyday throughout the
whole world now and forever. Amen
Your request will be granted no matter
how impossible it may seem.

MC

NOVENA TO ST. JUDE

May the Sacred Heart of Jesus
be adored, glorified, loved and
preserved throughout the world now
and forever.

Oh Sacred Heart of Jesus, pray for us.
St. Jude worker of miracles, pray for
us.

Helper of the hopeless, pray for us.

Say this prayer nine times a day, by
the eighth day the prayer will be
answered.

It has never been known to fail.

IN MEMORIAM**TO PLACE A
MEMORIAL IN THE
KILLARNEY OUTLOOK**

Please email the details to:
ashling@outlookmags.com
and the verse and photo you
would like to include.

If it is a repeat anniversary we
will have your photo and verse
on file, just call Ashling on:

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