

"Out First Every Friday"

# KILLARNEY Outlook

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Queen of Fashion and Winner of Ladies Day at Killarney Races, Fiona McSweeney (centre) pictured with Mary Hayes (left) & Eva Hayes Morrissey. PICTURE: MARIE CARROLL-O'SULLIVAN

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# new releases now showing

Friday 20th - Thurs 26th July 2018



**CINEMA  
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**MISSION IMPOSSIBLE : FALLOUT** 12A 150 minutes

*Action, Adventure, Thriller*

Tom Cruise, Henry Cavill, Ving Rhames

Ethan Hunt and his IMF team, along with some familiar allies, race against time after a mission gone wrong.

**WED/THURS**

8:30



**MAMMA MIA! HERE WE GO AGAIN** PG 115 minutes

*Comedy, Musical*

Lily James, Amanda Seyfried, Meryl Streep

In this sequel to Mamma Mia!, Sophie learns about her mother's past while pregnant herself.

**7 DAYS**

2:30  
4:35  
6:30  
9:00



**SKYSCRAPER** 12A 110 minutes

*Action, Drama, Thriller*

Denzel Washington, Neve Campbell, Pablo Schreiber

FBI Hostage Rescue Team leader and U.S. war veteran Will Sawyer must assess security for skyscrapers. On assignment in Hong Kong he finds the tallest, safest building in the world suddenly under attack, and he's been blamed for it. A wanted man on the run, Will must find those responsible, clear his name and somehow rescue his family who are trapped inside the building...above the fire line.

**7 DAYS**

2:05  
4:20  
6:40  
9:00



**JURASSIC WORLD: FALLEN KINGDOM** 12A 135 minutes

*Action, Adventure, Sci-Fi*

Byron Dallas Howard, Chris Pratt, Jeff Goldblum

When the island's dominant volcano begins roaring to life, Owen and Claire mount a campaign to rescue the remaining dinosaurs from this extinction-level event.

**7 DAYS**

4:00  
6:25  
8:50



**OCEANS 8** 12A 110 minutes

*Action, Comedy, Crime*

Sandra Bullock, Cate Blanchett, Anne Hathaway

Gettler Ocean gathers an all-female crew to attempt an impossible heist at New York City's yearly Met Gala.

**FRI-TUES 7 DAYS**

9:00 6:20





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## EDITOR'S NOTE

It's been another fantastic week in Killarney.... The July Racing Festival exceeded all expectations as the sun shone on the punters over the five day event.

20 families received the keys to their new homes in the town this week, a new fitness retreat has been launched in the town and strong men and women got together for a good cause. There is lots of golf played this week, Kerry face a tough test in Clones on Sunday and the 7-A-Side Finals are set for the coming week.

Lots to keep you turning the pages in this week's Killarney Outlook – Out first Every Friday!



Aisling Crosbie | EDITOR

### IF YOU HAVE A STORY...

Contact Aisling on: 086 0400 958

## NIKKI TO CLIMB 4 MOUNTAIN PEAKS IN 24 HOURS



A courageous young woman who was left with severe damage to her right hip after battling cancer (Ewing's Sarcoma) in her teens is set to become the first person to climb four of Ireland's iconic mountains in less than 24 hours using a crutch. Nikki Bradley and internationally acclaimed mountaineer, Iain Miller will attempt to climb Carrauntoohil in Kerry, followed by Croagh Patrick in Mayo, Slieve Donard in down and Mount Errigal in Donegal and hopes to raise a substantial amount of money for charity while doing

so. Nikki regularly participates in physical challenges as part of an awareness campaign founded by the Donegal woman in 2013. 'Fighting Fit For Ewing's' is a campaign designed to highlight the importance of exercise for rehabilitation while raising awareness for Ewing's Sarcoma. The three charities chosen for this event are the Irish Cancer Society, Action Cancer and the Ross Nugent Foundation.

If you would like to make a donation please visit <https://www.gofundme.com/4peaks>

## Sensational Summer Style as Fiona wins Best Dressed



Glitz & Glamour at the Killarney Races 2018. Enjoying the sunshine at Ladies Day were L-R Shirley Clifford, Jacqui Hennessey Clifford, Edele Greensmyth, Kathleen Dorgan, Eileen Cahillane & Michelle O'Sullivan. PICTURE: MARIE CARROLL-O'SULLIVAN

Stealing the title in the style stakes at this year's Ladies Day Fiona McSweeney (left) has captured the title of Best Dressed as record crowds enjoyed the Summer sunshine in what has a fantastic week of Racing in Killarney.

Unprecedented numbers of punters flocked through the gates for the five days of the festival with record crowd attending yesterday for the glamorous Dawn Milk Ladies Day.

Killarney Race Company Chairman, Gerard Coughlan, said the races have

attracted thousands of people to the town at the height of the holiday season and the atmosphere at the track has been exceptional with racegoers making the most of the fantastic weather.

"The crowds are way up. The numbers all this week have been unprecedented and we are delighted to go out on another high on Ladies Day," he said.

"Everybody is commenting on how magnificent the course is looking, despite the hot weather, and that

is a great tribute to our team led by course manager Padraig Bruton," he added.

To cope with the crowds a new traffic management plan has been put in place this week and, according to Mr Coughlan, it is working exceptionally well.

A field on Ross Road, on the town side of the racetrack, has been made available for parking. The Queen of Fashion contest was judged by chart-topping pop star Una Healy and her rugby star husband Bed Foden.



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## 20 NEW SOCIAL HOUSES OPEN AT 'LIOS AN FHIA

**T**he official opening of a new 20 unit social housing scheme in Killarney was performed by the Minister for Housing, Planning and Local Government, Mr Eoghan Murphy TD this week.

The new estate, called 'Lios an Fhia', which was completed by Kerry County Council under the Rebuilding Ireland Programme, is situated at Park, Killarney and is located approximately two kilometres from Killarney town centre. The €3.1m scheme of two-storey, three-bedroom units will provide homes for families currently in need of accommodation in the Killarney area and are finished to a very high standard.

The project was overseen by the Capital Infrastructure Unit of Kerry County Council and was completed by Ned O'Shea and Sons Construction Ltd. Construction began in February 2017 and tenants have moved into the new homes last week.

The Lios an Fhia scheme was designed by the Capital Infrastructure Unit of Kerry County Council.

Architectural, civil and structural engineering services were carried out by the in-house team, whilst QS services were provided by Kane Crowe Kavanagh Quantity Surveyors. The houses are of traditional cavity wall construction with excellent insulation and airtightness levels.

Each dwelling has an air to water heating system with underfloor heating to the ground floor and low temperature radiators to the first floor. All units have an A3 BER rating.



The Minister for Housing, Planning and Local Government, Mr Eoghan Murphy TD, has performed the official opening of a new 20-unit social housing scheme in Killarney. The new estate, called 'Lios an Fhia', which was completed by Kerry County Council under the Rebuilding Ireland Programme, is situated at Park, Killarney and is located approximately two kilometres from Killarney town centre. Performing the opening was The Cathaoirleach of Kerry County Council, Cllr Norma Foley, Cathaoirleach Killarney Municipal District, Cllr John Sheahan, Minister of State, Brendan Griffin, TD, and Chief Executive Kerry County Council, Moira Murrell, Martin O'Donoghue, Director of Services, Kerry County Council, Ned O'Shea, Building Contractor. PHOTO: VALERIE O'SULLIVAN



Antoinette Casey, Charlotte Casey, Olesja Tonicinska, with Cllr Donal Grady, meeting The Minister for Housing, Planning and Local Government, Mr Eoghan Murphy TD, performing the opening of the new 20-unit social housing scheme in Killarney. PHOTO: VALERIE O'SULLIVAN

## New Graveyard Opens In Killarney

*Rest in Peace...*



A multi-faith ceremony took place to mark the opening of a new graveyard to provide for burials in the greater Killarney area was opened on Wednesday. Presiding at the opening were, Venerable Archdeacon Simon Lumby, Church of Ireland, left, Fr Niall Howard, CC St Mary's Cathedral, Cathaoirleach Killarney Municipal District Cllr John Sheahan, and Iman Mohammed Saeed, Islamic Cultural Centre of Killarney. Burial plots are available to those of all faiths and none. The facility, at Knockendubh, on the outskirts of the town, will provide approximately 2,300 burial spaces or plots. PHOTO: VALERIE O'SULLIVAN

A multi-faith ceremony marked the opening of a new graveyard to provide for burials in the greater Killarney area this week

The facility, at Knockendubh, on the outskirts of the town, will provide approximately 2,300 burial spaces or plots.

The opening of the graveyard on Wednesday morning was attended by the Cathaoirleach of the Killarney Municipal District, Cllr John Sheahan and the elected members of the Killarney Municipal District as well as the Minister of State at the Department of Transport, Tourism and Sport, Brendan Griffin TD and Chief Executive of Kerry County Council, Moira Murrell.

Burial plots are now available to those of all faiths and none. A car park at the graveyard, just off the Killarney-Kilcummin road, has also been completed and in time, the facility will also incorporate a columbarium wall for the placement of urns containing cremated remains. Cllr Sheahan thanked the staff of Kerry County Council who helped to bring the facility to fruition. He said it was important that the council provided a burial ground to cater for the needs of Killarney over the coming years and that a final resting place be made available for the people of the town and the surrounding area.





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## WELL-FIT KILLARNEY LAUNCHED BY LOCAL BUSINESSES



Josie Sugrue, Belief-Fit, Paul O'Neill, President of the Chamber of Tourism & Commerce, Niamh O'Shea, Killarney Park Hotel and Eric McDonnell, Belief Fit at the launch of Well-Fit at the Killarney Park Hotel.

**A**n Unparalleled Luxury Fitness and Wellness Retreat in the Heart of Killarney has been launched by the Five Star Killarney Park Hotel and Belief-Fit.

Well-Fit is an innovative boutique gym in Killarney offering, the Well-Fit retreat - a long weekend of health and wellbeing that combines holistic self-care, fitness and five-star service to offer a truly unique health experience, and an escape of a lifetime.

A response to the growing wellness market, this luxury retreat programme promises to guide guests on the perfect route to a fitter, happier, healthier self. Guests can expect unique and varied fitness classes in the stunning surrounds of Killarney National Park, guided life coaching, scenic hikes, expert nutritional education and a five-star health focused

menu, created with fresh and seasonal superfoods, all within the comforts of the renowned five-star Killarney Park Hotel.

With its thousands of acres of National Park, lakes and majestic mountains, the landscape around Killarney makes an ideal spot for a wellness retreat. With this in mind, The Killarney Park Hotel and Belief-Fit joined forces to create something special. A member of the Leading Hotels of the World, and voted TripAdvisor's Best Hotel in Ireland in 2018, The Killarney Park is located in the centre of the charming town of Killarney and just a stone's throw away from the breath-taking Killarney National Park. Owned and run by the Treacy family for the past 25 years, The Killarney Park is expertly managed by Niamh O'Shea and her team. Wellness and wellbeing

have always played a central role at The Killarney Park Hotel. From yoga retreats and guided walking tours to the all-new Well-Fit escape, the hotel and its spa are a treat to be savoured after a day's adventures.

Partnering with The Killarney Park Hotel on the retreat is Belief-Fit Boutique Gym. Husband and wife team Josie and Eric set up their fitness business in Killarney over 5 years ago. They pursued this dream having met in Dublin where both worked as Managers in Campus Stadium Ireland - Ireland's National facility for sports. They both have up to 15 years' experience working in the Health and Fitness industry and are passionate in this area, they compete in CrossFit and are both Life Coaches who believe that self care and self medication is the key to overall sustainable healthy living.

Belief-Fit's vision is to bring people on a life and fitness journey to experience self-achievement, personal growth and development, and to bring out the best version of their clients, whilst having fun in the process. This will transfer to Well-Fit. They have always envisioned bringing a health and wellness retreat to Killarney and what better hotel to partner with in the heart of Killarney.

Speaking at the launch, Paul O'Neill, President of Killarney Chamber of Tourism & Commerce said: "This is a great initiative by two Killarney businesses, recognising the national and international appeal of Wellness tourism. By embracing the amazing natural asset that Killarney has to offer and combining it with best in class hospitality and fitness services, they will attract new visitors to our town and I wish them every success."

## CLÁR funding of €165,999 to support first responders in Kerry- Griffin

Minister of State for Tourism and Sport, Brendan Griffin, has said that a new round of the Clár Programme will make funding available for first responder organisations in Kerry.

This is part of a €1.2 million allocation of funding announced this week by Michael Ring T.D., Minister for Rural and Community Development.

Speaking about the purpose of the funds Minister Griffin said: "The latest round of the Clár Programme will support First Responders who provide an excellent service in rural areas often under very difficult circumstances.

Kerry has been allocated €165,999 for first responder organisations. The groups to benefit include Kerry Mountain Rescue who get €50,000 for vehicle purchase, Kerry Irish Community Rapid Response receive €28,156 for purchase of equipment and Kerry Order of Malta receives €18,785 for equipment.

11 more Community First responders groups received funding of €69,058



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## Rangers trained in CPR at Killarney Golf Club



Killarney Golf Club Course  
Rangers, James Arthur, Brendan O'Toole and James O'Neill.

**K**illarney Golf Club have taken steps to ensure their rangers are trained to deal with someone who is suffering a cardiac arrest.

The Club has recently taken delivery of a number of AED devices, many of which are now carried by the club's rangers while out on the course.

With the introduction of AED (Automated External Defibrillator) devices throughout Killarney, as well as the formation of a local first responder unit and public training initiatives,

more and more people are becoming aware of how to recognise someone who's suffering a cardiac arrest and how to manage it.

Every year in Ireland there are approximately 3500 cardiac arrests out of hospital but just 1% of these victims survive. The statistics can be improved substantially as more people are trained in CPR and in the use of an AED. Last year, Killarney Golf & Fishing Club had a number of their staff members undertake training in resuscitation and

in the use of these devices.

"We're delighted to have these devices on site and to know that should a situation arise with a golfer on the course, we have staff with the necessary training to look after them", said Cormac Flannery, General Manager of Killarney Golf & Fishing Club told the Killarney Outlook.

If an AED is used and CPR performed within 3-5 minutes of a cardiac arrest, survival rates increase by up to 74%.

## ACTION PACKED CAMP PLANNED FOR NEW FIRST YEAR STUDENTS

An action packed camp has been planned for students starting Secondary School this September.

KDYS 'Stepping Stones' Summer Programme is a new initiative in Killarney aimed at those making the transfer to from 6th class to first year.

It will run for a week beginning Monday July 30th until Friday August 3rd and will include a varied Programme of activities planned to be inclusive and attractive to all. These include team building activities, challenges, games, art n craft projects, baking, cinema, bowling and water sports. It promises to be a fun filled and entertaining week where young people can meet others also taking the big step to Secondary School which for many can be a challenging encounter. During the Programme it is hoped that friendships will be formed

which will make the transfer in September and lasting memories made. The cost of the Programme which includes lunch is €80. To secure a place, please contact KDYS Killarney on 064 6631748



## Leading Lady Role for Eimear in My, My Moma Mia

A Killarney girl has taken the leading lady role of Sophie in a recent production of My, MY, Moma Mia at Ballyheigue Community Centre.

Eimear Gallivan is a student of the Joe Burkett Theatre Company and is playing the part of Sophie, the leading lady in the show. "Eimear is a truly amazing talent. She can sing, dance and act. She has wowed the audiences with her stunning vocal and heartfelt performances. Having performed many times in the INEC, Eimear is a fantastic advocate for musical theatre and performing arts. Eimear has always excelled in the stage school. She is a diligent and dedicated student. I am immensely proud of her and her recent success" Joe Burkett, Eimear's dance and drama coach, told the Killarney Outlook.

The show is directed by Joe Burkett who runs the Joe Burkett Theatre Company and will run one last show tomorrow, Saturday July 21st at 8pm.

"We were all just blown away by the response to the musical which is a fundraising event for the Ballyheigue Community Centre and manager Joann Leen is thrilled with the success of the event.

Tickets are on sale from the Ballyheigue Community Centre priced €10 for an adult and €5 for a child. My, My Moma Mia: Here We Go Again is on this Saturday 21st July at 8pm.





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*Pictured this week at the launch of the new, user friendly Kerry Tourism Brochure by the Tourism Unit of Kerry County Council are from left Cllr Norma Foley, Cathaoirleach of Kerry County Council, Fiona Monaghan, Head of Product Development, Fáilte Ireland, Moira Murrell, Chief Executive, Kerry County Council and Joan McCarthy, Head of Tourism, Kerry County Council. PICTURE: PAULINE DENNIGAN.*

## New Brochure Highlights All Kerry Has to Offer

**T**he Tourism Unit of Kerry County Council has launched a new, comprehensive and user-friendly brochure highlighting the wide and diverse range of activities and attractions on offer to locals and visitors in the county. The 170-page brochure was launched at County Buildings this week by the Cathaoirleach of Kerry County Council, Cllr Norma Foley.

The new guide is helpfully segmented into easily accessible categories including golf, angling, surfing, walking and hiking, cycling, art, crafts, adventure, family fun activities, food experiences, gardens and parks, water sports, equestrian, and more and includes a listing of contact details for over 300 tourism and activity businesses.

The Tourism Unit of Kerry County Council, working closely with adventure and activity providers as well as local communities, development groups and

committees, designed and produced the guide 'in house' with the support of the Outdoor Recreation Infrastructure Scheme 2017. The publication of the brochure is an objective of the County Kerry Tourism Strategy and Action Plan which was published in 2016.

'County Kerry is more dependent on tourism than any other county in Ireland and future economic development and job creation in the county is more likely to be linked to tourism and hospitality than any other economic activity,' said the Cathaoirleach of Kerry County Council, Cllr Norma Foley.

'One in five jobs and businesses in Kerry depend on tourism and the county earns over €420 million annually from its visitors.

'County Kerry is gaining a reputation as one of the best places in Europe for those in search of an adventure or activity holiday. The county's natural attributes and man-made attractions

are hugely appealing for Ireland's visitor target markets. Kerry's countryside and coastal areas, mountains and lakes, woodlands and national parks provide outstanding environments for a range of activities and adventure pursuits,' said Cllr Foley.

The County Kerry Tourism Strategy and Action Plan 2016-2022 sets out the priorities and investment plans for the county and forms an integral part of Kerry County Council's Local Economic and Community Plan 2016-2022. It identified Adventure Tourism as one of the fastest growing segments of international tourism. Various groups who participated in the formulation of the Tourism Strategy including adventure and activity providers, sought to maximise, in a sustainable manner, the potential of adventure tourism, particularly during the off-peak season. The topography of the county is ideally suited to both soft adventure (e.g. walking, cycling, sailing and angling) and hard adventure (e.g. mountain climbing, trekking, surfing).

The brochure will be widely distributed and promoted both nationally and internationally. An on-line version will also be available (see [www.kerrycoco.ie](http://www.kerrycoco.ie)) which can be updated regularly to include further business listings.

## 5,897 KERRY FARMERS TO GET BASIC PAYMENT REFUNDS OF €653,887

The Minister for Agriculture, Food and the Marine, Michael Creed TD announced that the payment of over €13.2 million to approximately 97,000 farmers has

commenced. This money was deducted from their 2016 Basic Payment Scheme (BPS) payments under the Financial Discipline rule and is now being reimbursed in line with

the EU regulations.

In Kerry 5,897 farmers will get payments totalling €653,887. Ireland South MEP, Deirdre Clune said: "I am pleased to see that these payments are

being refunded to farmers in Kerry. In total across Ireland these payments will bring the total paid to Irish farmers under the 2017 Basic Payment Scheme to €1.19 billion.



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# New winning team for Killarney Race Company



The team at Killarney Race Course, with Boards Members of Killarney Race Course, from left, Con O'Mahony, Board Member, Newly appointed Events Manager, Megan Daly-Tyrell, left, Gerard Coughlan, Chairman, Board of Directors, Newly Appointed Race Course Manager, Philip O'Brien, Race Grounds Manager and Head Green Keeper, Padraig Bruton, Newly Appointed Financial Controller, Jennifer Pyne and Board Member Áine O'Donoghue.  
PHOTO: VALERIE O'SULLIVAN

IT'S certainly a case of winner alright at Killarney Race Company where a top class new team has been appointed to spearhead on track and off course developments into the future.

The progressive board of directors, under chairman Gerard Coughlan, has announced the appointment of a new Racing Manager, a new Financial Controller and a new Conference and Events Manager to build on the facility's strengths and to implement a number of exciting new developments to maximise the potential of the scenic course.

"Our new team will bring real focus going forward and we have very high expectations. It is a very exciting time for all involved," Mr Coughlan said.

The new Racing Manager, Philip O'Brien, is no stranger to the world of horseracing as he has enjoyed a very successful career as an amateur and professional jockey.

A native of Rathkeale, Co Limerick, he received his jockey's licence at the age of 16 and rode well over 100 winners in a career in the saddle that saw him compete in the 2002 Aintree Grand National and at Cheltenham on a number of occasions.

An Equine Science graduate from the University of Limerick and an established horse trainer, Philip insists there isn't a racecourse in the world that can match the natural beauty of Killarney and he said the team at the Ross Road facility has worked tirelessly to ensure the course is in pristine condition for the July and August racing festivals.

"The potential for future development is absolutely enormous and there is plenty of scope to move forward," he said.

"The Board of Directors has put great faith in the new team and we will certainly work hard to bring Killarney Racecourse to new heights," Philip said.

The new Financial Controller, Jennifer Pyne, also brings great

experience to the racecourse following a very successful career in high-level finance.

A Commerce and Spanish graduate from University College Cork, she spent four years with Curran and Moore Accountants in Killarney and the past nine years with Monex Financial Services in Killarney.

"Working with Killarney Race Company is a wonderful challenge and it's great to be part of a new team with some very exciting plans in the pipeline," said Jennifer, a native of Killarney who is married to Derek. They have two children, Ollie (3) and one-year-old Alice.

Megan Daly Tyrell, the newly appointed Conference and Events Manager, has been at the cutting edge of the industry for many years and she has spent the past seven years managing key accounts for the INEC and Killarney Convention Centre.

Megan was responsible for submitting the successful tender for the Irish citizenship ceremony which attracted thousands of people to Killarney last May and, in fact, that contract is for two ceremonies a year for two years.

Involved in the hospitality industry since she was 14 years of age, she previously worked in the former Malton Hotel – now the Great Southern Killarney – and The Brehon Hotel and her speciality is attracting high-end conference and events business to town.

A mother of an eight-year-old boy, Joseph, Megan said there is huge potential to further develop the facilities and the offering at Killarney Racecourse and the possibilities for the short and long-term future are limitless.

"The backdrop is just spectacular and the whole place is under-utilised. My intention is to make it the go-to destination in Killarney for events and conferences," she said.

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## Spraoi Chiarraí CONCERT THIS WEEKEND



**S**praoi Chiarraí, the Summer Youth Traditional Arts Concerts, will be performing at St. Mary's Church of Ireland on Saturday, July 21st at 8pm. This Killarney based, Irish Traditional Music, Song and Dance, Storytelling, performance collective, is presenting the finest young local talent. The concert on Saturday will feature top class musicians and an all family affair. Performers on the night include two of four members of the musical O'Lúasa family, Eoin O'Brien (Pipes & Whistles) from Fossa and surprise musicians will entertain for an hour. They will be joined by Spraoi Chiarraí Producer/Director Tim O'Shea (Guitar/Vocals/Bodhrán).

The aims of Spraoi Chiarraí are to showcase local young Irish Traditional talent, to mentor and provide a platform for young performers so they can experience a real concert in a high profile setting, it allows young musicians to hone their performance skills and work in a team with a sense of ownership of the performance, the concerts also help to celebrate local traditional performance culture of the South West of Ireland and they offer a free, quality, family, cultural experience for locals and visitors to Killarney, over the summer months. All shows are free so come along, families welcome.

## Inaugural Trans-Atlantic telegraph message celebrated

The inaugural successful transmission from the western terminus of the trans-Atlantic telegraph cable was carried out between Heart's Content, Newfoundland, to Valentia, Ireland on Friday 27th July 1866. Prior to this, messages would have taken up to 2 weeks to cross the Atlantic by ship.

On Friday 27th July 2018, Kerry Amateur Radio Group (KARG) will celebrate the anniversary of the connection of Europe to America, old connecting to new, by attempting to make both wired and wireless communication contact with Heart's Content Cable station in Newfoundland, from Valentia Cable station. It is planned to use various modes of communication including voice, morse code and data, to establish contacts on the day, with a collaborating Amateur Radio group at Heart's Content.

The occasion also acknowledges Valentia as a potential World Heritage site due to its importance in telegraph and radio communication and its historical influence in technology.

This year KARG are also collaborating with the Institution of Engineering and Technology (IET). Members of the IET will provide lectures on the day. All are welcome to attend this free event, especially anybody with an interest in radio communication and technology.



**2:00pm:** Reception in Valentia cable Station

**2:30pm:** Live connection and communication with Heart's Content


**3:30pm:** A technical journey for very early telegraphy up to the modern era of Radio & Satellite Communication (by Sean Walsh, IET)

**4:15pm:** The evolution of submarine cable design since the 1850s (Derek Cassidy, IET)

The Kerry Amateur Radio Group meet every month, and participate in numerous events throughout the county to promote Amateur Radio as a STEM activity. KARG would particularly like to hear from anybody interested in joining the group. For further details and information on KARG, see [www.kerryamateurradiogroup.com](http://www.kerryamateurradiogroup.com) or our Facebook page.








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# THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

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Price Region: **€180,000** BER Pending

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.



Pulling ten and a half tonnes, Dan O'Sullivan, pictured at the Killarney Leisure Centre, taking part in the Strong Man Competition, pulling the Kerry Cork Health Link Bus to raising funds for the charity on Saturday. PICTURE: MARIE CARROLL-O'SULLIVAN



## STRONG MEN AND WOMEN COMPETE FOR A GOOD CAUSE

A battle of strength took place last Saturday, as strong men and strong women competed for charity at the Killarney Sports & Leisure Centre. Staff at the centre were celebrating its 10 year anniversary and organized the event in aid of the Kerry/Cork health link bus. It was fantastic family day of activities as there was plenty for the kids, free fitness classes and a BBQ for the spectators. Winners in each category on the day were, in the women's category - Donna Flaherty, in the men's under 85kg - David Nolan and in the men's over 85kg - Dan O' Sullivan. Competitors took part in a bus pull (10.5 tonnes), deadlift, log press, farmers walk which is a sprint where they carry weights in each hand, and tyre flips. Congratulations to all participants on the day, the women competitors were ; Donna Flaherty, Nessa Casey, Maggie Doherty, Holly Ring, and Michelle o Leary. The men's under



Pictured at Killarney Leisure Centre for the Strong Man Competition to raise funds for the Kery Cork Health Link Bus were L-R Robert Powel, Breda Dyland, Serena & Kristie O'Sullivan. PICTURE: MARIE CARROLL-O'SULLIVAN

85kg competitors were; David Nolan, Rafal Gradowski, Kieran Courtney, Sean Hurley, and Robert Powell. The over 85kg men's competitor's were Dan o Sullivan and Joseph Sweeney. This was Coral Leisure Killarney's first

year running such an event and had a great turn out. They hope to make this an annual event which will get bigger and better every year, let the training commence for next year's competition!

## Cllr. calls for discussion on Wheelchair Accessible Vehicles



Cllr. Michael Gleeson.

At the July 2018 monthly meeting of Kerry County Council, Councillor Michael Gleeson asked that the Taxi Regulator, the National Transport Authority and the Taxi Drivers Association would enter into discussion with the Irish Wheelchair Association with a view to formulating a plan that will ensure fair and reasonable access to Wheelchair Accessible Vehicles for Wheelchair users.

Councillor Gleeson stated that

since deregulation there has been considerable improvement for the general public in the matter of Taxi availability. That same level of improvement does not, in many locations, apply for Wheelchair users. Many with disability still experience considerable difficulty in accessing a Wheelchair Accessible Taxi particularly when trying to do so at short notice. The government grant of €7,500 towards the purchase of a Wheelchair

Accessible Taxi was meant to significantly increase the number of such vehicles and make them more readily available to people who use wheelchairs. Councillor Gleeson stated that life can be difficult enough for Wheelchair users and asked that every possible effort should be made to ensure that they have fair and ready access to the Taxi service.



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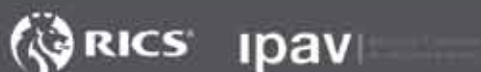
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### 43 Gleann Na Greine, Rathmore

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# Damien secures national title

**A**FTER three podium finishes in the event in the last six stagings, including two third placed finishes in 2016 and 2017, Deerpark's Damien Fleming became only the second Kerry player ever to win a National Senior Gents Strokeplay title when he emerged with a one stroke victory in Glenville in Dublin last Sunday afternoon. Damien was second to Tralee's Jonathon Goodall in 2012 in nearby RGSC in the national's capital but made sure of his win this year after the bronze medal performances in Tullamore and Clonmel of the last two years.

Damien made a somewhat slow start beginning with two under par for his first 18 holes before firing himself into contention after the first 36 holes with an eight under par round as his score of 10 under par saw him one shot off the lead of 11 under par ahead of the Top 20 playoff for the title. He was sharing the lead on 14 under par with Dubliner and



Deerpark's Damien Fleming pictured receiving the Donnelly Cup after his win in the National Senior Gents Pitch & Putt Club Strokeplay Championships at Glenville in Dublin last Sunday from Pitch & Putt Union of Ireland President Mervyn Cooney. Also included in photo is John Ross Crangle (Loughlinstown, Dublin, Runner-Up) on left with third place finisher Kevin McCarthy (Rocklodge, Cork) on right.

Irish International team captain John Ross Crangle and National Matchplay holder Bryan Delaney with nine holes to go before a Hole-in-One followed by a birdie for Crangle appeared to give the advantage to the Loughlinstown player. Damien remained steady however in picking up another four birdies to pass out Crangle in the finish and win the title by a single stroke with a score of 144, 18 under par.

Damien's win made him the 14th player in Pitch & Putt history to win a National Matchplay and National Strokeplay double

after his Matchplay success in 2011 back in Collinstown Westmeath. He has previously won the Irish International Open twice as well in 2009 and 2011. Castleisland's Aidan O'Connor also made the Top 20 Playoff finishing the tournament with a score of seven under par as Tralee's Jason O'Regan was one shot off the cut with a 36 hole total of four under. Damien's brother James finished 11th overall in the Intermediate event the previous day meanwhile in a good showing in tough scoring conditions.

## Are you up for the Ring of the Reeks Cycle Challenge

Saturday the 28th July sees the 6th annual Ring of the Reeks cycle taking place. Possibly one of Ireland's most scenic cycles, the event, which is run as a key fundraiser for Beaufort GAA Club and Killorglin Cycling Club has received much acclaim over the past 5 years for it's excellent organisation and challenging routes.

This year, 4 routes are being offered to cyclists, one of which is a family friendly 5km circular loop of Beaufort Village.

The main event, the infamous Ring of the Reeks, which is 100km in length, includes two famous climbs, Molls Gap and Ballaghbeama Pass, both over 250metres and the scenic Glencar and Caragh Lake.

This route includes 2 food stops and a hot meal for all cyclists at the finish line. Start time is 9.30am at Beaufort GAA grounds.

Route 2 is a 60km loop taking is the scenic Glencar, Caragh Lake and Killorglin before finishing back in Beaufort. Start time for this cycle is 11am.

Route 3 is a 35km loop of Beaufort and finally the family friendly 5km loop.

Online registration is now open until midnight on Thursday 26th at <http://www.ringofthereekscycle.com/> where further information is also available. Participants can register from 8am the morning of the cycle. Follow us on facebook @ Ringofthereeks.

## IAN'S BARBEQUE RAISES OVER €6,000



A special barbeque to help raise funds for Killarney's inspirational Ian O'Connell took place in Scott's Bar and Courtyard last month. It raised an amazing €6050 for the Ian O'Connell Trust Fund, which will help with his rehabilitation and modify his home. Organiser Denis Geaney said "We are truly grateful to all the musicians who played and gave their time and talents to the event. A big thank you to all the organising committee, volunteers and staff at Scotts Hotel, the response and turnout for the Barbeque was fantastic, Ian is such an inspirational young man, he deserves all our help and support" At the presentation were, Maurice O'Donoghue, Scotts Hotel, Ian O'Connell, Derry Healy, Musician, Denis Geaney, Organiser, Paddy O'Donoghue, Chef and Mike O'Connell, Ian's Dad. PHOTO: VALERIE O'SULLIVAN





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# Ladies Day at Juby Races....

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Dressed to impress at the Killarney Races on Ladies Day, Laura & Michael Dorgan (Best Dressed Man).  
PICTURE MARIE CARROLL-O'SULLIVAN



Enjoying the Killarney Races in the sunshine, Gavin & Aoibheann Fleet. PICTURE MARIE CARROLL-O'SULLIVAN



Killarney lady, Ciara O'Sullivan, dressed to impress at the Killarney Races for Ladies Day on Thursday afternoon.  
PICTURE MARIE CARROLL-O'SULLIVAN



Enjoying Ladies Day at Killarney Races were L-R Tamsen Lee, Michelle Murphy, Breda Kelly, Diana Hilliard, Roisin Relihan & Martina O'Sullivan.  
PICTURE MARIE CARROLL-O'SULLIVAN



A toast to friendship in the summer sun at Killarney Races for Ladies Day L-R Geraldine Finn, Pam O'Regan, Bernadette Moran & Monica Noonan.  
PICTURE MARIE CARROLL-O'SULLIVAN



Pictured at the Killarney Races for Ladies Day and enjoying the sunshine were L-R Elaine Sugrue, Amelia Socharska & Lisa Engel. PICTURE MARIE CARROLL-O'SULLIVAN



Dressed to impress at Killarney Races for Ladies Day were L-R Deirdre Kissane, Catherine Keane, Orlagh Winters & Ellen O'Reilly.  
PICTURE MARIE CARROLL-O'SULLIVAN



Charlene Brosnan and Eimear Brosnan pictured at ladies day at the Killarney Races.  
PICTURE MARIE CARROLL-O'SULLIVAN



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Ber D1.

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# KILLARNEY TOWN TALK



CAOIMHE SPILLANE

Another fantastic week in Killarney, with great excitement for Ladies Day! The weather is supposed to be nice again for the weekend, and there is plenty of events going on to get out and about. To find out what's happening in Killarney, look no further than the Town

Talk Page. The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact [towntalk@outlookmags.com](mailto:towntalk@outlookmags.com)

## CLASSICAL MUSIC CONCERT

The Chamber Philharmonia Cologne from Germany, will be performing a concert on Monday 6th August at 8pm in St Mary's Church of Ireland. Featuring Vivaldi- concerto for Violin, strings and basso continuo 'La Tempesta di Mare' concerto in C minor for Violoncello and orchestra, Mozart – Concerto in A Major for clarinet and orchestra KV 622, Rossini – Sonata a quattro no 2 in A Major for string orchestra and Paganini 'Ipalpiti' theme and variations for violin and orchestra op13. With Sergey Didorenko on violin, Senne Coomans on clarinet and Christoph Jahn on violoncello. Tickets available at St Mary's Church one hour prior to the concert.

## RING OF THE REEKS CYCLE CHALLENGE

The Ring of the Reeks cycle will take Saturday, 28 July 2018 starting at Beaufort G.A.A. Club grounds. The 6th Ring of the Reeks Cycle will take place on Saturday, 28th July from Beaufort G.A.A. Club, Co Kerry. There will be four routes this year. Cycle 1 is a 100km Ring of the Reeks route. It is a loop route of Ireland's highest mountains-the McGillycuddy Reeks and suitable for intermediate to experienced cyclists. Cycle 2 is a 60km Caragh Lake loop cycle route taking in some of the most scenic landscape in the



ENJOYING THE STRONG MAN COMPETITION AT THE KILLARNEY LEISURE CENTRE RAISING FUNDS FOR THE KERRY CORK HEALTH LINK BUS WERE L-R LILY FOGARTY WITH HER MUM DEE AND CIARA O'SHEA WITH HER NIECE BELLE FOGARTY. PICTURE MARIE CARROLL-O'SULLIVAN

area. Cycle 3 is a 35km Ring of Beaufort route for beginner cyclists. Cycle 4 is a 5km Ring of Beaufort family cycle. Start time for Ring of the Reeks will be 9.30am. Start time for Caragh Lake Loop and Ring of Beaufort cycles will start at 11am. The 5km cycle will start at 11.30am. After cycles food and refreshments at Beaufort Community Centre. This is a Cycling Ireland approved event. Registration is online and also in Beaufort G.A.A. Clubrooms on morning of cycle from 8.30am for Ring of the Reeks cycle and 10.00 am for other cycles. Everybody must sign in on the morning. For all information on cycles, refreshments stops and registration please go to [www.ringofthereekscycle.com](http://www.ringofthereekscycle.com)

## PRAYER MEETING

Stephen Monds and his team of 22 will be down from Dublin for the 'Word of God and Prayer for Healing' on Friday 27th July at the Gleneagle Hotel at 8pm and Saturday 28th July Torc Hotel at 11am. Featuring music, song and prayer for healing, and taking prayer requests.

## CONGRATULATIONS

Huge congratulations to Irish dancer Kate Horgan from Aghadoe who competed in the Australian International Irish Dancing

Championships, placing third in the girls' under 12 competition. Kate, attends the Áine Murphy Academy in Killarney, was on holiday with her family when the championships were held. They were in Brisbane visiting her aunt Breeda Horgan-Pierce – her dad Donal's sister and formerly of St Brendan's Terrace in Killarney – who was a very accomplished Irish dancer for many years and now manages Scoil Ard Rince in Brisbane.

## WEDDING FAIR

The Munster Wedding Extravaganza which is taking place in the Great Southern Hotel Killarney, have announced some special guests. The event will be held on Sunday 23rd September from 12-5pm and top bloggers Faces by Grace and Sinead's Curvy Style will be there on the day to chat all things wedding planning and style.

## TRIBUTE BAND

An ACDC tribute band will be coming to Killarney. The band will perform in K-Town on Saturday 8th September. Ireland's finest tribute to rock legends will be performing a night of your favourite rock and roll hits. One for the diary!



## ART WORKSHOP

Artist Declan O' Meara will be giving a one day workshop in 'Introduction to Portraits using oil pastels' at The Art House, Killarney. This hands-on workshop will take place Sunday 19th August from 1:00pm to 6:00pm and is designed for all levels of ability from the complete beginner to the more advanced. Each participant will create their own unique and expressive oil pastel portrait.

The workshop costs €55 with all art materials provided including portrait to work from. A brief layout of the workshop format includes:~Introduction to oil pastel brands and the best tools for blending and layering pastels.~How to use oil pastels effectively.~Identifying colour zones in a variety of portraits.~Underpainting techniques when using oil pastels.~Visual textures that can be achieved using oil pastels.~Creating a unique and expressive oil pastel portrait through blending and layering techniques~The best varnishes and finishes to use on oil pastels.

## FRIENDS OF MOTOR NEURONE

Kerry Friends of Motor Neurone would like to sincerely thank all the people who donated to their recent very successful Flag Day in Killarney. They also wish to thank the many people who collected on the day. Your generosity is very much appreciated and will make end of life a little easier for motor neurone sufferers. Wishing you good health always.

## OUTDOOR MARKET

The Old Market Flea will be outdoors on Sunday 29th July in New Market Square. Jam packed with vintage, retro, jewellery, art, craft, bric a brac, gifts, vinyl, food, vegan friendly stalls, live music all day and cafes a great way to spend a lazy sunday afternoon!

## CONGRATULATIONS

Congratulations to Damien Fleming who has won the 2018 National Senior Gents Strokeplay Pitch and Putt Championship title. Representing the Deerpark Club, Damien won the title having defeated some of the best players in the country, at the Glenville course in Dublin. This makes him the second Kerry player in history to win the event and he is only the 14th player to win both



PICTURED AT THE IRISH HOTELS FEDERATION KERRY BRANCH EVENING AT KILLARNEY RACES ON MONDAY WERE, MICHAEL COTTER, MARY O'CONNOR, NIAL COFFEY, MAURA CASEY AND PAUL EARLEY, THE AGHADOE HEIGHTS HOTEL, KILLARNEY. PHOTO: DON MACMONAGLE

a National Matchplay and National Strokeplay titles, having clinched the Matchplay in 2011.

## KILLARNEY LOOKING GOOD WALKS AND TALKS

As part of our Tidy Towns programme 2018 we are organising 4 walks and talks in the National Park to showcase the variety of flora and fauna that we are so lucky to have on our doorstep. The second of these walks is taking place on Tuesday, 31st July 2018 at 6.30pm and the walk will take approximately two hours. This walk and talk will concentrate on the biodiversity of the Deenagh River and surrounding areas. All are welcome and given the good weather we are hoping for a good turnout. Meeting point is Kings Bridge at 6.30pm.

## SPRAOI CHIARRAI

Spraoi Chiarrai concert are in full swing, there is another free concert on July 21st in St Mary's Church of Ireland, there will be two more concerts held in Church of the Sloes on August 4th and August 25th at 8pm. There will be another outdoor concert at Killarney House on August 18th at 2pm

## TESCO COMMUNITY FUND SUPPORTS LOCAL PROJECTS ACROSS KERRY

Tesco Ireland has announced the 453 local projects that will participate in the new cycle of the Tesco Community Fund. For the next eight weeks, customers are being encouraged to use their blue tokens in Tesco's 151 stores to vote for their preferred local cause enabling them

to make a big difference in communities' right across Ireland.

In Kerry alone, the Tesco Community Fund has supported over 320 local projects to date donating almost €80,000. For the next eight weeks Tesco's stores across Kerry will be using their blue token to support a wide range of local projects:

- Shoppers in Tesco Killarney will be able to support Fries Community Playground and Fuschia Ward and Barraduff Mens Shed.
- Tesco Killarney Park will be supporting Killcummin C.C.E, Killcummin Community Centre and Killcummin Looking Good.

## Buckingham Palace bound....



MICHAEL HEALY-RAE PICKS UP A HAT FROM MANAGER OF QUILLS MENWEAR ENDA WALSH TO SEND TO PRINCE HARRY AS PROMISED WHEN MICHAEL MET THE RECENTLY MARRIED ROYAL COUPLE DURING THEIR RECENT TRIP TO IRELAND. PRINCE HARRY ADMIRER THE HAT AND MICHAEL DULY OBLIGED TO HIS REQUEST TO SEND ONE TO HIM.





## Commitment to quality sees John set his high standards in stone

Atlantic Headstones Kerry, established by John Herlihy, aims to assist families with the important decisions facing them in choosing a fitting headstone or memorial piece for a loved one. Having trained locally, John has perfected his trade and is pleased to offer guidance and personal advice at such a delicate time.

Taking immense pride in his work and with exceptional attention to detail, John offers private consultations within your own home or at your chosen cemetery. In advance of this meeting, the website offers an extensive collection of headstones and will assist you with an initial design choice.

'I wholeheartedly understand the difficulty in choosing a lasting tribute. I will work with you to ensure we achieve the design that is fitting for your loved one. I also work with restoration of existing headstones and graveside maintenance as well as offering photo etching, ceramic overlay and grave accessories to enhance your memorial. I fully understand that everyone's needs and budgets differ and will go through all of the suitable options with you at a consultation.'

For full details on John's extensive grave side services, or to arrange a no obligation consultation, visit [www.atlanticheadstoneskerry.ie](http://www.atlanticheadstoneskerry.ie) or call John at: 087 125 1406 if you would like to discuss any of your requirements.

## HolmPatrick Cup comes to Castlerosse Golf Club

The opportunity to play a game of golf at St. Andrew's Scotland is up for grabs at the NCBI Specsavers HolmPatrick Cup which will take place at Castlerosse Golf Club, Killarney on Wednesday, 25 July. Eager golfers will gather at the Killarney course to compete for the chance to play at St Andrew's Scotland, and win the prestigious trophy.

Specsavers is the sponsor of the event and the company has continued its charity partnership with the National Council for the Blind of Ireland as the title sponsor of the HolmPatrick Cup.

The national all-island competition was founded in 1932 and is the longest running and largest charity golf tournament in Ireland. The money raised goes directly to fund the NCBI's life-enhancing services, which help over 8,000 people with sight loss, as well as their families.

Specsavers Killarney and Tralee stores are encouraging locals to get behind the worthwhile cause and will be supporting

the event. For only €7.50 per person or €15 per team, players can compete at Castlerosse Golf Club on Wednesday, 25 July from 1pm.

Specsavers Killarney store director, Thomas Doyle, said: 'We are proud to support the National Council for the Blind of Ireland for the second year running, which is the perfect partner for Specsavers. There are currently over 54,000 people in Ireland living with blindness and vision impairment and this figure is rising. Up to 75% of all cases are avoidable so we are once again joining forces with NCBI to help educate people about the importance of regular eye tests.'

The NCBI Specsavers HolmPatrick Cup sees GUI-affiliated golf courses across the country hold a qualifying tournament, the winners of which will take part in the county final and compete for a place at the provincial tournament. The four provincial winners will then play at the final, which is hosted at the world-renowned



CEO of NCBI Chris White with Chair of Specsavers Ireland Kerril Hickey.

St Andrew's Links in Scotland.

To sign up to the NCBI Specsavers HolmPatrick Cup please call (01) 882 1939 or visit [www.ncbiholmpatrickcup.com](http://www.ncbiholmpatrickcup.com).

**Tee times for the upcoming HolmPatrick Cup Club Qualifier are as follows:**

1pm - Ballybunion Golf Club &

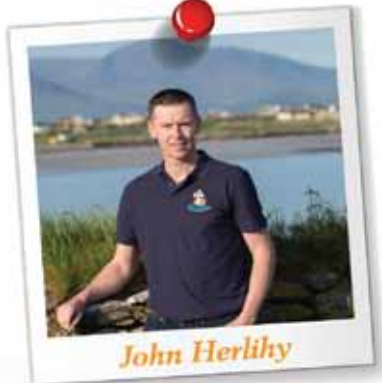

Waterville Golf Club

1.10pm - Castlegregory Golf Club & Killorglin Golf Club

1.20pm - Castleisland Golf Club & Dooks Golf Club

1.30pm - Castlerosse Golf Club & Ceann Sibeal Golf Club





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# ROME BECKONS FOR O'FLAHERTY TOUR IN SPRING 2019



Last year's group visit Former Gestapo Headquarters. IMAGES COURTESY OF HUGH O'FLAHERTY MEMORIAL SOCIETY



Massacre Memorial at Ardeatine Caves.



Last year's group pictured in Rome. IMAGES COURTESY OF HUGH O'FLAHERTY MEMORIAL SOCIETY

The O'Flaherty Tour of Rome 2019 which will commemorate the 75th anniversary is pencilled in for late March and expressions of interest are now being sought. The period from mid-summer 2018 to mid-summer 2019 marks the 75th Anniversary of the Rome Escape Line activities in Nazi occupied Rome.

It began in early 1943 after Monsignor Hugh's involvement with the Allied POW camps came to a Mussolini enforced abrupt end and he then began finding safe places for anti-Fascists on the run. He was joined by Lt Col Sam Derry in the autumn of 1943 and together they ran The Rome Escape Line, until Rome was liberated on June 4th 1944, saving over 6000 lives in the process.

To mark this very special anniversary period, the Hugh O'Flaherty Memorial Society are planning a commemorative tour to Rome, hopefully taking in all the relevant sites:

- The Vatican,
- A General Papal Audience,
- German College,
- Via Rasella,
- Ardeatine Caves Massacre,
- Gestapo Headquarters,
- The British Embassy,
- Abbey of Monte Casino, etc.

The tentative dates for the tour are Departing Dublin Friday March 29th 2019 and returning Wednesday April 3rd 2019.

As always with these tours, places are limited to c.50 and while bookings will not be taken until the dates, itinerary and costs are finalised in early autumn, the Memorial Society are now seeking Expressions of Interest from anyone who feels they might like to join the tour. When plans are finalised, places on the tour will in the first instance be offered to those who have formally expressed an interest. Expressions of Interest can be recorded by e-mailing your name, address, phone & e-mail details and the number of places you might be interested in to the following [oflahertysociety2008@gmail.com](mailto:oflahertysociety2008@gmail.com) or texting the same information to 0833973301.

Offers of places will be made based on the dates received of the Expressions of Interest i.e., on a "first come – first served" basis.



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# Beaufort members prepare to tee off for club fundraiser



Launch of the Beaufort Golf Club Members Fundraiser Open Competition Ladies prizes are sponsored by Topline Boyles, Killorglin. Competition will take place on the 6th of August, Bank Holiday Monday. Pictured are l-r Pat Quill (President of the Beaufort Golf Club), Muriel Boyle (Top Line Boyles), Aileen Ryan Lee (Ladies Captain), Mary O'Shea () and Sean Coffey (Captain). PHOTO: MAREK HAJDASZ

An open competition is set to take place at Beaufort Golf Club on 6th August, Bank Holiday Monday. The members fundraiser open competition is a Ladies & Gents Singles Stableford, (90% hcp. Allowance). Entry fee is only €25 per person, with the timesheet now open for booking. Please contact the clubhouse on 064 6644440 to secure your tee time. Gents prizes are sponsored by Hotel Dunloe & Gardens and Ladies prizes by Topline Boyles, Killorglin. Both Sponsors

have kindly sponsored this event for the last number of years and the members are extremely grateful for their generous and continued support. Members and staff at Beaufort Golf Club also wish to convey best wishes to Jason Clifford, (Manager) and all the staff at Hotel Dunloe & Gardens on the refurbishment and rebranding of the hotel itself. Beaufort Golf Club is a beautiful 18-hole parkland golf course set at the foot of the MacGillicuddy Reeks, just outside Beaufort Village. Beaufort Golf

Club has all the facilities one would expect from a modern golf club whilst still embracing a traditional, warm and friendly atmosphere. Other facilities include an excellent putting and practice green, changing room facilities, pro-shop, restaurant and a large car park. As well as being a popular Golf Club for Golf Classics & Society Outings, the restaurant is also available for special occasion bookings such as communions, post wedding parties and parties.

## Letter to the EDITOR EMPTY HOSPITAL BEDS

A Chara,

We have long heard about the overcrowding problem at University Hospital Kerry. This is due in part to an aging population attending the hospital. It is also due, we are told, to difficulties getting clearance for the Fair Deal Scheme which is affecting the earlier discharge of patients. Why are such patients not being discharged thereby creating vacancies for patients being

admitted to hospital through A&E.

At present, there are over 30 vacant beds in Killarney Community Hospitals, which combine St. Columbanus Home and Killarney District Hospital. This begs the question why are these beds being left vacant when twenty miles away in UHK patients are waiting on trolleys for days at a time. It is a ludicrous situation. Why is this being allowed to happen? Why is there

no policy in place to rectify the situation? Why can patients waiting for the fair deal scheme not be transferred to these vacant beds?

I call on Mr. Harris, Minister for Health to intervene immediately and initiate a policy that would relieve the pressure on beds at UHK and utilize vacant beds available twenty miles away in Killarney. The people of Kerry deserve and are entitled to have this situation rectified immediately. The beds are available and urgently need to be utilized.

Yours sincerely,  
Donie Doody,

Branch Organiser for Kerry Hospitals  
SIPTU, Killarney.





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**Gardening**  
with Killarney Outlook  
by John O'Sullivan

**FOCUS ON FOCUS ON HYDRANGEAS**

Hydrangeas are a very popular garden shrub with delicate heads of flowers that come in shades of white, pink or blue and they flower from late Spring to Autumn. The mophead and lace cap Hydrangeas are well known for the ability to change colour in different soils. Hydrangeas thrive in moist but well drained soil, in the cool, semi shady part of the garden. Try to avoid dry sunny situations and east facing areas.

Feeding your Hydrangeas once in late Winter or early Spring is probably enough for the year as too much feeding will only encourage too much soft leafy growth and this will lead to the Hydrangeas not developing a lot of flower buds. Pruning your Hydrangeas is usually done in late Winter or early Spring, although the climbing Hydrangeas should be pruned after flowering in Summer.

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## St Mary of the Angels celebrate Golden Jubilee

Residents sing their song, 'Reach for the Stars' at the St. Mary of the Angels / St John of God Services 50th golden jubilee in Beaufort, on Tuesday. **PHOTOS: DON MACMONAGLE**

**S**t Mary of the Angels celebrated 50 years of caring for the community as over 400 people gathered to commemorate its Golden Jubilee last week. Parents, friends, and family assembled in Beaufort to show their appreciation for the fantastic services. A Mass was celebrated by Bishop Ray Browne with Archbishop Dermot Clifford who was a former Chaplain at St Mary of the Angels. They were joined

by other celebrants including Fr Derek O'Connell. The centre was founded in 1968 by the Franciscan Sisters who were also in attendance, as was Sister Marie Rose Doyle who has had a long association with the story of St Mary of the Angels. General manager of the centre, Claire O'Dwyer spoke about how the tremendous support of the community from when it opened to the present day, is vital to the service. Best wishes

on the day were sent by Presidents Mary McAleese and Mary Robinson while Micheal O Muirheartaigh along with former Kerry footballers Aidan O'Mahony and Marc O Se planted an oak tree which symbolizes growth for the future. Other attendees included Minister Brendan Griffin, Cathaoirleach of Kerry County Council Norma Foley and Mayor of Killarney John Sheahan.



Sr Mary Rose Doyle with Archbishop of Cashel Dermot Clifford and Bishop of Kerry Ray Browne pictured at the St. Mary of the Angels / St John of God Services 50th golden jubilee in Beaufort, on Tuesday.



Micheal O'Muirheartaigh, Sr Mary Rose Doyle, and resident Robert McCarron pictured at the St. Mary of the Angels / St John of God Services 50th golden jubilee in Beaufort, on Tuesday.



Sr Mary Rose Doyle with fellow sisters, Sr. Marie Kidney, Sr Finola Kidney and Sr Colm Sheils pictured at the St. Mary of the Angels / St John of God Services 50th golden jubilee in Beaufort, on Tuesday. Sr Mary Rose's family presented the lands at Whitefield, Beaufort for the building of the centre for people with intellectual difficulties back in 1968.



Br. Donatus Forkan, Provincial and Chairman of the Board, SJOG and Br. Liam Twomey, SJOG pictured at the St. Mary of the Angels / St John of God Services 50th golden jubilee in Beaufort, on Tuesday.





## It may only be July...

but September is just around the corner and it's time to start thinking about Back To School. By planning ahead and picking up the necessary items week by week, you will certainly ease the burden financially. Over the next few weeks, we will be bring you the best offers from suppliers in the town.... So keep an eye on the pages of Killarney Outlook!

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# Killarney faces at July Races....



Ava Brosnan, pictured at the Killarney Race Course with her Mum Deirdre on Milners Evening at the races.  
PICTURE MARIE CARROLL-O'SULLIVAN



Pictured at the Killarney Races for Milner's Evening were back row L-R Daniel O'Shea, Odhran Lucey, Paulette O'Shea & Billy O'Shea. Front Row L-R Mary Brosnan, Emily Brosnan & Milner Aoife Hannon.  
PICTURE MARIE CARROLL-O'SULLIVAN



Pictured at the Irish Hotels Federation Kerry Branch evening at Killarney races on Monday were, Emer Corridan, The Cahernane Hotel, Conor and Caroline Hennigan, Killarney.  
PHOTO: DON MACMONAGLE



Mia McCarthy, enjoying the Killarney Races with her Mum Tara on Tuesday evening. PICTURE MARIE CARROLL-O'SULLIVAN



Pictured at the Irish Hotels Federation Kerry Branch evening at Killarney races on Monday were, Caitriona and Mark Scally, Great Southern Killarney. PHOTO: DON MACMONAGLE



Pictured at the Irish Hotels Federation Kerry Branch evening at Killarney races on Monday were, Ciara Treacy and Daire O'Brien, The Ross Hotel, Killarney. PHOTO: DON MACMONAGLE



Pictured at the Irish Hotels Federation Kerry Branch evening at Killarney races on Monday were, Leana O'Brien, Killarney Self Catering and Michelle Rosney, Killeen House Hotel, Killarney. PHOTO: DON MACMONAGLE



Pictured at the Irish Hotels Federation Kerry Branch evening at Killarney races on Monday were, Ailish and Terence Mulcahy, The International Hotel. PHOTO: DON MACMONAGLE



Pictured at the Irish Hotels Federation Kerry Branch evening at Killarney races on Monday were, Bernadette Randles, Aileen Garvey, Dave and Helena Randles, Randles Hotels, Killarney. PHOTO: DON MACMONAGLE



Pictured at the Irish Hotels Federation Kerry Branch evening at Killarney races on Monday were, Marie and Pat Chawke, Dromoland Castle Hotel. PHOTO: DON MACMONAGLE



Pictured at the Irish Hotels Federation Kerry Branch evening at Killarney races on Monday were, Kate O'Leary, Killarney race Company, Mark and Niamh O'Shea, The Killarney Park Hotel. PHOTO: DON MACMONAGLE





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BSc. ATHLETIC THERAPY AND TRAINING  
**Chartered Physiotherapist**  
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**Jimmy Galvin** MISCSP MCSP  
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**By walking more than 4,000 steps a day**, adults aged 60 and older can improve both attention & mental skills, according to a study in the Journal of Alzheimer's Disease. So get those activity trackers going to see how many you are managing a day.

**Strength Training may Increase your life span.** New research shows that strength training plays an important role in reducing premature death, particularly, from cancer. An important insight from the analysis is that body weight exercises were just as effective as gym based training. Simple squats, lunges, dips and sit ups have been proven to be just as effective for health benefits.

**Smoking increases your risk of Injury.** This study was carried out on the military service members & results published in Medicine & Science in Sports & Exercise Journal. Fitter kids have more Grey Brain matter. A recent study found that good aerobic fitness & speed and agility levels among overweight children aged 8-11 were associated with more gray matter in parts of the brain resulting in better academic performance in kids.

**Kids who eat fish have Higher IQ and sleep better.** This test was performed on kids aged 9-11 who ate fish 2 a week

*NEXT WEEK: More fit facts to help encourage you to get moving & living healthy.*

### MORE TIPS NEXT WEEK...

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# RUN KILLARNEY | 28th July 2018

Run Killarney latest news with Chris Grayson, experienced runner and pacer

**ONLY 1 WEEK TO GO**

## THE BIG DAY IS HERE!

All the training, dedication and hard work will pay off next weekend as over 2,500 runners and walkers from all over the county will line up for Run Killarney, Ireland's most beautiful road race!

The week leading up to the race should be spent doing a few short runs with some 'race pace' thrown in (don't forget to warm up and cool down!) some light stretching and some nice relaxing rest days. This should see you fully prepared and fighting fit to take on this magnificent race. I hope you've all enjoyed this blog and have used some of these tips, for that I thank you all so much. You can now all look forward to a fantastic run and giant pat on the back at the end along with the very cool medal and t-shirt for 2018! Killarney and its surroundings will offer you an inspiring backdrop on a route which includes Molls Gap, Ladies View, Muckross House, Torc Waterfall and Killarney National Park. We would like to wish all competitors the very best of luck and we'll look forward to seeing you all bright and early next Saturday morning. Remember let's run for those who can't.

If you've missed out on this year's event through injury or other commitments, don't worry Run Killarney will be back for 2019 with the event going on sale on 28th July 2018.

*"You are truly your own hero in running. It's up to you to have the responsibility and self-discipline to get the job done"*  
#carpediem

### Schedule for the Weekend:

**Friday 27th July**  
6.00pm – 09.00pm:  
race pack collection in the Gleneagle Hotel

**Saturday 28th July**  
6.45am sharp:  
coach transfer to start line for the half marathon from the Gleneagle Hotel  
8.00am: half marathon starts at Molls Gap  
9.10am: 10k safety briefing, the Gleneagle Hotel  
9.30am: 10K start  
12.30pm: prize-giving, the Gleneagle Hotel

### Road Closures & Traffic Restrictions

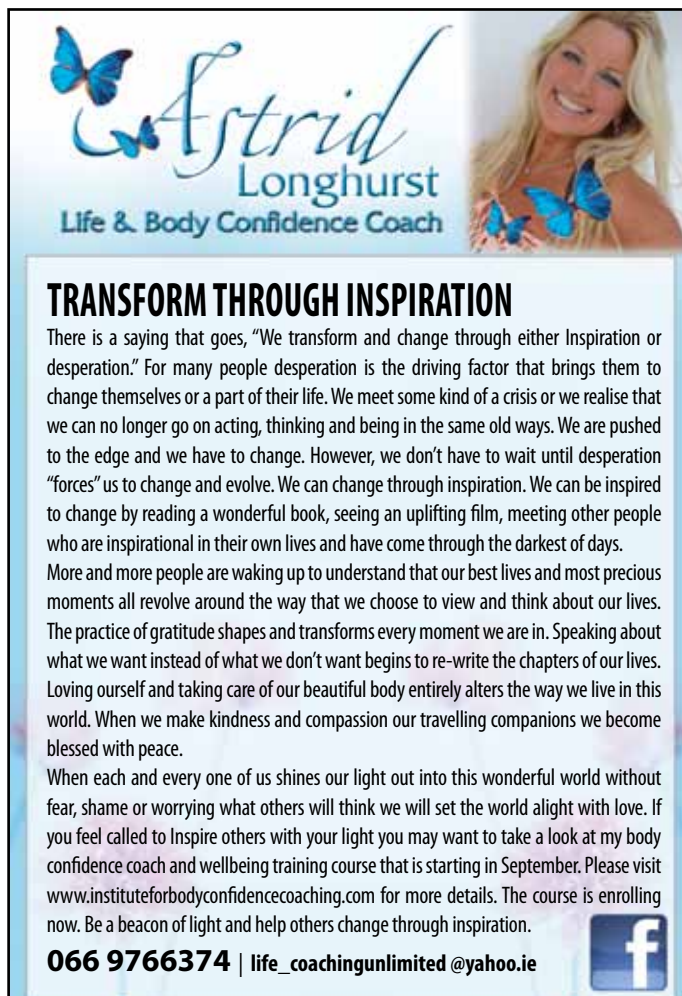
Local residents please be aware of the **road closure on the N71 Molls Gap to Muckross House Killarney from 6.30am to 11.30am on Saturday the 28th of July.**

Please be vigilant on the morning if you are driving in this area and take note of traffic diversions in place along the route.

Make sure you know when and where to pick up your race pack and where you are starting your event (all this information is available on [www.runkillarney.com](http://www.runkillarney.com))

## RUN KILLARNEY 2018 IS SOLD OUT!!!

TO JOIN THE WAITING LIST PLEASE VISIT [www.runkillarney.com](http://www.runkillarney.com)



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## TRANSFORM THROUGH INSPIRATION

There is a saying that goes, "We transform and change through either Inspiration or desperation." For many people desperation is the driving factor that brings them to change themselves or a part of their life. We meet some kind of a crisis or we realise that we can no longer go on acting, thinking and being in the same old ways. We are pushed to the edge and we have to change. However, we don't have to wait until desperation "forces" us to change and evolve. We can change through inspiration. We can be inspired to change by reading a wonderful book, seeing an uplifting film, meeting other people who are inspirational in their own lives and have come through the darkest of days.

More and more people are waking up to understand that our best lives and most precious moments all revolve around the way that we choose to view and think about our lives. The practice of gratitude shapes and transforms every moment we are in. Speaking about what we want instead of what we don't want begins to re-write the chapters of our lives. Loving oneself and taking care of our beautiful body entirely alters the way we live in this world. When we make kindness and compassion our travelling companions we become blessed with peace.

When each and every one of us shines our light out into this wonderful world without fear, shame or worrying what others will think we will set the world alight with love. If you feel called to inspire others with your light you may want to take a look at my body confidence coach and wellbeing training course that is starting in September. Please visit [www.instituteforbodyconfidencecoaching.com](http://www.instituteforbodyconfidencecoaching.com) for more details. The course is enrolling now. Be a beacon of light and help others change through inspiration.

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## RATHMORE/GNEEVEGUILLA

by Michael O'Mahony

### RATHMORE GNEEVEGUILLA COMMUNITY GAMES

Hard luck to our U14 Boys Spikeball team who after competing and getting through to the actual final, unfortunately lost to Tipperary in the Munster Final in UL Special thanks to our two coaches Kathrina Adair and Mike McGillycuddy for the months of training and support for this great bunch of players Congratulations for bringing home a Silver Munster medal boys - panel as follows: Sean Finnegan, Padraig Moynihan, Ross O'Leary, Dara Fitzgerald, Sean Hurley, Fionn Murphy, On behalf of the Committee at Rathmore, Gneeveguilla Community Games, we would like to thank every child that took part in the recent County Final Athletics weekend, held in An Riocht Castleisland.

Congratulations to our medal winners as follows: Eimear Rahilly won Bronze Medal 3rd place in the 'Under 8' 60m race and Jack O'Leary who won a Silver medal in the '1500m' under 16 race. Special mention to Cormac O'Sullivan who made it through to the 80M under 8 final and Breda O'Brien who took part in the under 14 Shot Put final. Well done also to our committee members and volunteers who had a busy weekend looking after the entrants and organising the race.

### GNEEVEGUILLA GAA CLUB

Garth Brooks tribute band will be playing on 25th of August as part of carnival. Tickets available from any club officer.

### STREAMING OF RATHMORE CHURCH MASSES:

Masses from Rathmore Church can now be viewed online. Google MCN Media – when the MCN page opens, enter Rathmore in the search box in the top right hand corner. Next an image of Rathmore Church will appear – double click this image. Weekend and Weekday masses will be shown automatically. Re – weddings and funerals, these will only be shown if families request.

**SYMPATHY:** To families of John Murphy Barraduff village May he rest in peace.

### TUREENCAHILL COMMITTEE GROUP

Active Retirement Group Diary Friday July 20th. Singing With Mary & Knitting & Cards Fri July 27th Gentle Exercise With Nora

### NEW MEMBERS ALWAYS WELCOME

Book Your Place In This Years Sliabh Luachra Music Summerschoo In Tureencahill Community Centre From 23rd To 26th July...For More Details Contact 085 1741551.

### RATHMORE COMMUNITY COUNCIL

welcomes the announcement of €2.7 Million Investment in Rathmore Streetscape upgrade. Rathmore will finally get the facelift and investment it needs which will include two pedestrian crossings one at the Community Centre and the other at Hickey's Centra, upgrade of road from Danú Childcare to Hickey's Centra, etc. This plan will be on public display at Rathmore post office and Funding of €45,000 has also been approved under CLAR programme for Rathmore Community Centre. €2.7 million investment in our community's environment is a massive thing. There's always



*Pictured at the Irish Hotels Federation Kerry Branch evening at Killarney races on Monday were, Bernadette and Kay Randles, The Dromhall Hotel and Teresa Irwin, Killarney. Photo: Don MacMonagle*

a but... and here it comes...We will need local support from individuals and groups, to give feedback and help to drive this project on. This community has achieved great things when the businesses, the people, the groups, the politicians and the families came together. We need every single one of you to help drive with these improvements and not let this slip. Blood, sweat and tears have gone into this. Please join us to make it what we need, what you need and what we all need for Rathmore's future.

### STRAY DOGS

Two terrier type dogs strayed into a house in Scartaglin on the 25th June. They're very friendly and seem to be used to children. We're doing everything we can to get them back to their family. They're not microchipped so we can't trace an owner that way. There was some thunder so they could have travelled a distance. If anyone knows who they belong to please ring 087 698 3189.

### NOTES

If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. before Sunday 6pm.

## LISTRY NOTES

**CLEAN UP** Listry Community tidy towns committee is coordinating cleanup in our area the week of 25th July. Please pick litter in vicinity of your own home or along R563 and N70 roads close to you. Bags are available from Listry Community Centre. Let us all take pride in our community and make a big effort. Bags of litter should be returned to Listry Community Centre. Thanks.

### CONGRATUATIONS

Congratulations to Dr. Hannah Josephine Kelliher, daughter of Mai and Liam Kelliher, Laharn, Milltown, who recently qualified as a Consultant in emergency Medicine and is currently employed in the Mater Misericordiae Hospital. Best Luck to Josephine, agus Beannacht De ar an Obair.

### SYMPATHY

At a recent meeting of Listry Community Council members, Sympathy was passed to bereaved family, relatives and friends of Thomas O'Connor of Chapel Road, Milltown.

John Vicor Boyle of Brackhill, Castlemain. Kathleen O'Doherty (Nee Ahern) Knockreigh, Milltown. Mary Hogan (Nee Naughton) of Listry. Eilis Buckley (Nee O'Leary) of keel house, Faha. Kevin Flynn of Doonkinane, Faha. Paddy Conway O'Connor of kilcolman and Rathapooke, Milltown. John O'Sullivan of Clune, Ballyhar.

### PIONEERS

Listry Pioneers would like to thank Beaufort Pioneers for accommodating them on their journey to Knock on Sunday last July 15th. A wonderful and prayerful day was had by all.

## FOSSA NOTES

### LOTTO

15th July 2018

Numbers drawn were 1, 8, 24, 26. There was no jackpot winner and the consolation winners were Dylan O'Connor, c/o Spar Fossa, Micheal O'Connell, Michael Flemming, Cullen Co. Cork, Alan Looney, Milltown and Donal Murphy, Gneeveguilla. Next weeks jackpot will be €4,800.

### SENIORS

Fossa had a great win over Beale in Rd 9 of the County League on Saturday evening. Beale recorded the first score of the game inside a minute but Fossa's response was immediate, a slick passing move saw Lorcan Daly flick the ball to the net to set Fossa on their way. This was quickly followed by a Paudie Clifford point and a Tadhg O'Shea free, then the 18th minute Fintan Coffey was brought down in the square for a penalty. The resultant kick was expertly dispatched by Paudie Clifford to give Fossa a three point lead at that point. The game was in full flow at this stage but Fossa held their nerve and discipline and did their talking where it mattered most, on the scoreboard. Tadhg O'Shea and Lorcan Daly added points before Lorcan cracked home his second goal of the



night in the 28th minute to leave Fossa with a commanding half time lead, 3-05 to 0-07. Fossa got the first two scores of the second half and while Beale did stage a fight back with a goal in the 15th minute, a brace of frees from Tadhg O'Shea kept Fossa in command and they ran out winners on a score of 3-11 to 1-10. This was a complete team display, full of grit, skill and determination where, to a man, when the need was most they stood up and were counted. It leaves the prospect of promotion very much in their own hands with just two rounds of the league to go.

#### U-14 BOYS

On Monday evening Fossa under 14s were at home to Legion on a very warm evening with a strong wind blowing across the field. This was a typical Fossa Legion game with nothing in it, both teams played well with Fossa coming out just on top. At half time Legion were ahead 1-05 to 1-04, a few changes at half time changed the approach of the Fossa boys. Darren Ryan, Sean Dineen, Rian Colleran and Sam Buckley were best for Fossa on the night. Scorers were Rian Colleran 1-01, Rocco Sheehan 1-01, Harry Kelly 0-2, Patrick Lyons 0-2, Darren Ryan 0-1, Sean Dineen 0-1.

#### BEST OF LUCK

Fossa GAA Club would like to wish Paudie Clifford and the Kerry Junior team the very best of luck in the All-Ireland final against Galway next Saturday in Ennis. Paudie is a brilliant footballer and hopefully he will get to display all his talents on the biggest stage of all.

### BEAUFORT NOTES

#### LOTTO:

The next lotto draw for a jackpot of €4,600 will be held in Beaufort Bar on Sunday, 15th July. Tickets available from usual sellers and now online at [www.beaufortgaclub.com](http://www.beaufortgaclub.com).

#### FIXTURES:

Under 16 Boys away Listowel Emmetts, Wed, 18th at 7pm in rnd 3, Co League

Under 12 and Under 11 Boys home Glenbeigh/Glencar, Friday, 20th at 7pm in rnd 3, Mid Kerry

Under 14 Boys home Rathmore, Monday, 23rd at 7pm.

#### RING OF THE REEKS:

Just over a week to go to Ireland's Most Scenic Cycle. Online registration now open. Further information and entries on [www.ringofthereekscycle.com](http://www.ringofthereekscycle.com)

#### RESULTS:

Beaufort 1-12 St. Mary's 2-17. County League Division 1, Round 9

### KILCUMMIN NEWS

#### KILCUMMIN LOOKING GOOD

It's been great to see so many people out making such a big effort in cleaning up their areas. The adjudicators from the Tidy Towns Competition will be visiting Kilcummin shortly so we would encourage everybody to make a big effort in cleaning and tidying up the area. Bags, when full, can be returned to the Rural Dev. Office. If you are unable to do so, please contact the Rural Dev. Office or Kilcummin



Pictured at St Mary's Parish Hall for the Rambling House in aid of the Palliative Care Unit Kerry & Homless Shelter Kerry were some of the organising personnel L-R Eileen Switzer, Janet O'Donoghue, Jane Curran, Teresa O'Brien, Paul O'Sullivan & Angie Kissane. PICTURE: MARIE CARROLL-O'SULLIVAN

Looking Good. Míle Buíochas.

#### MUNSTER FLEADH

The Moriarty School of Dancing would like to wish the best of luck to all our dancers who are competing in the Munster Fleadh in Ennis this weekend.

#### KILCUMMIN COMHALTAS

We are delighted that we have a substantial number of our members going to represent Kilcummin Comhaltas and indeed Kerry in music song and dance at Fleadh Cheoil Mumhan 2018 which will be held in Ennis from July 15th - 22nd. Once again the numbers travelling to represent our branch, is a reflection of the great active participation within the branch and also the high standard and dedication of the teachers and mentors that we are fortunate to have within our ranks. We would like to wish all our competitors the very best of luck as they fly the flag for Kilcummin Comhaltas & Kerry over the coming days in Ennis. No doubt they will do us all proud.

#### CEMETERY MASSES

Old Kilcummin Cemetery on Wednesday 1st August at 8pm; Aghadoe Cemetery Mass Monday 30th July at 8pm; New Cemetery Mass Monday August 6th at 7pm. Kindly spread the word to those living away who might like to attend.

#### SOCIAL HEALTH EDUCATION PROJECT (SHEP) AUTUMN COURSE

SHEP is offering their Cert in Social Awareness and Community Empowerment this Autumn in Tralee. This course is based on Training for Transformation and has a focus on Community Empowerment, social analysis, exploration of issues of power, inequality, justice, development and the environment. The course runs over 5 weekends from September to November in Collis Sandes House Tralee. The full fee for the course is €450 and a number of reduced fee rates of €250 are available. For more information ring Deirdre on 087-7728089.

#### KILCUMMIN GAA

#### ALL IRELAND JUNIOR CHAMPIONSHIP

Best wishes to Kieran Murphy (Captain), Gary O'Leary, and their Kerry team mates who play Galway in the All Ireland Final on Saturday next in Cusack Park Ennis. Throw in at 2pm. Well done also to Sean O'Leary (U-20's) and Kevin McCarthy (Senior) who represented club and county at the week end. Although on the losing team both players played well and both got on the scoring sheet and we wish Kevin all the best for the remainder of Kerry's games.

#### SENIOR FOOTBALL

Our seniorteam lost out to Desmonds by a single point on Saturday last in Rd 9 of the County League. We found it hard to break down a well organised and determined defence and when they broke out Tomas Hickey was unerring from the numerous frees conceded. This leaves us needing to win our two remaining games at home to Ballymac (July 29th) and away to Kenmare to have a chance of promotion to Div 1. Score Kilcummin 0-10 Desmonds 0-11. Team B Kealy, S Brosnan, D Maher, James Nagle, D. Moynihan, C. O'Leary, (0-1) P. Casey, (0-1) K. Murphy, (0-2) K. Gorman, (0-1) S. McSweeney, G. O'Leary, M. Keane, (0-3) Padraig Nagle, Damien O'Leary, N. Duggan (0-2F) Subs used I. Devane and M. O'Shea.

#### MASTERGEEHA FC LOTTO

There was no winner on Friday 13th June, 2018. Numbers drawn were 6, 22, 23, 25. Consolation prizes were €100 K. Cahill, c/o Kilcummin Post Office. €30 Ian, James & Jimmy Devane, Mastergeeha. €30 Donie Teehan, Ballyhar. €30 Con Lynch, Dooneen, Kilcummin. Jackpot now €8,600.

### GLENFLESK NOTES

#### GLENFLESK SENIORS (SPONSERED BY O'BRIENS TOPOIL AND THE KERRYWAY

Our Senior team moved onto 10 points in the Co League with a hard fought win over Miltown/Castlemaine last Friday in Rd 9 of the



Co League. The win guarantees div 2 football for another year and also gives us an outside promotion chance with 2 games to play. It took a dramatic last minute goal from Lee O Donoghue to take the win.

FT Glenflesk 2 12 Miltown/Castlemaine 2 10

## KERRY U20S

Commiserations to Daniel O'Brien and the Kerry U20s on their All Ireland semi final loss to a strong Kildare side last weekend.

## KERRY JUNIORS

Best of luck to Lee O Donoghue and the Kerry Juniors in Next Saturdays All Ireland Final vs Galway at Cusack Park Ennis.

## GLENFLESK LOTTO

No winner of the lotto which took place in The Corner House on 16/7/18

Jackpot €4,200.

Numbers were 7, 15, 16, 29

1. J. Mc Grath (Glenflesk)

2. Molly O' Donoghue

(seller's prize)

3. Mary Woodcock, Clonkeen

4. Tim Teahan c/o Irish Rail

5. Donal Mc Carthy, Londis, Rathmore.

The next draw will take place in the Kerry Way on 30th July and the Jackpot is €4,400

## BARRADUFF COMMUNITY FIELD

Barraduff Community Field July 300 Club Draw winners. Congratulations to following,

€500 Seamus Healy Old Bridge Headford.

€100 Derry Healy Shroneadarragh.

€100 Sean Murphy Barraduff village

€100 Jim Sullivan Barraduff Village

€100 Michael O'Shea Old Bridge Headford

**CONTACT:** We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.

## SPA CLUB NOTES

### COISTE NA NOG

ABC, u6 and u8 continues every Sat morning 10-11am.

U8 boys and girls enjoyed a fun game away to Gneeveguilla.

### SENIOR RD 9 CO LEAGUE DIV 1

Spa 2-8 Legion 0-17

Hard luck to our seniors who were defeated by Legion in Dieren last Friday night.

## U12 GIRLS ARE FUTURE STARS

This weekend 7 girls from SPA u12 football team were very lucky to win a space in the LGFA/LIDL Future Stars event. Over 100 girls from all over Munster attended the event in Nemo Rangers in Cork where they trained with Ladies Gaelic Football stars for a day they'll never forget!

## CLOTHES COLLECTION

Please drop off your used (any condition) but clean clothes, shoes etc to the clubhouse. Further info contact Anne Holland 0857780883.

## MINORS

Spa 3-09 to Templenoe/Tuosist/ 0-21. Leading at half time by 4pts but Templenoe got off to a strong start at the beginning of the second half. Spa responded well with a number of good scores and great saves but it was just too little too late.

## SPA GAA CLUB GOLF CLASSIC

Will be held on Friday 20th July 2018 at O'Mahony's Point, Killarney. Teams of four €240 or tee-boxes sponsorship €100. Contact Billy Morris (0868579248), Mary Cronin (0876898146), Seanie Kelliher (0876298613) or Andrew Garnett (0861911263).

## LOTTO

Numbers drawn in the Arbutus 2, 16, 17, 21. No jackpot winner. Lucky dip winners were Norita Cronin, Tiernaboul. Catherine Cronin, Cullen. Nora Hickey, Readrinagh. Mike Foley, Fagh. Next week's jackpot in the Heights will be €6,000.

## MILLTOWN CASTLEMAINE NEWS

### MONTHS MIND:

On Wednesday July 25th, there will be a mass in Fries Church at 7.30 p.m. to mark the months mind of our former senior player and club man Mike Dennehy.

### KERRY JUNIORS:

Best of luck to our own Gavin Horan and the

Kerry Juniors who will play Galway in the All-Ireland Junior Championship Football Final on Saturday next July 21st, at 2pm in Cusack Park Ennis.

It is a great honour to have someone from our club on the panel. Well done Gavin!

## GAELIC FOR MOTHERS AND OTHERS:

The Mother's and others from our club are very much looking forward to their Munster blitz in Mallow on Saturday next, July 21st. They have done lots of training over the past 7 weeks and they now hope they can put their new skills to the best possible use on the day! Best of luck to all.

Fundraising Lotto Jackpot Draw:

Drawn numbers in our recent Lotto Jackpot Draw for €20,000 were 14, 27, 29 with 26 being the bonus number.

These are our lucky consolation prize winners €50 each to Seán Hogan, Ballinroe and Denis Jerr Ferriter, Castlegregory.

€25 each to: Seán McNamara, Ballylongford, Kieran Costelloe, Killarney, Breda O'Connor, KGH and Denis O'Shea, Milltown.

Congratulations to you all and sincere thanks for your valued support.

Our jackpot stands at €20,000 with €450 on offer for a match 3. We will also have our six regular consolation prizes. Next draw is on July 27th 2018.

## CAMP FOR FUTURE STARS:

Our annual Camp for Future Stars will be held in August over 4 days commencing -on Tuesday August 14th and finishing on Friday August 17th with a party and fun activities. Application forms available in local shops or from any member of the executive.

## O'SULLIVAN CUP:

Our seniors (sponsored by Kelly's Londis Topshop and Larkins Bar and Restaurant) take on Keel in Round 1 of the O'Sullivan Cup on July 19th with a 7.30 start.

The venue is Milltown Castlemaine GAA Grounds. So head along and give them your support.



Beautiful Singers from Kilcummin pictured at St Mary's Parish Hall for the Rambling House helping to raise funds for the Palliative Care Unit Kerry & Homeless Shelter Kerry. PICTURE: MARIE CARROLL-O'SULLIVAN



Adrian Moriarty raises the roof with cheers as he takes on the popular 'Brush Dance' at St Mary's Parish Hall to help raise funds for the Palliative Care Unit Kerry & the Homeless Shelter in Kerry. PICTURE: MARIE CARROLL-O'SULLIVAN



**DANNY HEALY-RAE TD**

## BUSES TO BELFAST IN AUGUST

I am currently taking bookings for two upcoming trips to Belfast for the **procedure to remove cataracts**.  
The dates available are the  
**18th of August and the 25th of August.**  
Please contact me directly for more information.

**Scott's Hotel Killarney**  
Every Saturday at 11.30am.

**CONTACT: danny.healyrae@oireachtas.ie**  
T: 087 2316055 / 064-6685315

**FIANNA FAIL**  
THE REPUBLICAN PARTY

**John Brassil TD**

**Killarney Constituency Office**  
**Open Hours:**  
Thursday 19th and Friday 20th July from 9.30am - 5.30pm  
**Address:**  
The Fairhill Business Centre, The Courtyard, Fairhill, Killarney.  
(Just behind the Royal Hotel)  
John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm  
Working with Cllr John Joe Culloty 087-1308000 cllrjcculloty@eircom.net  
and Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie

For advice and representation please feel free to call into the office or clinics  
**Office: 064 66 94199/083 8541447**  
**Email: john.brassil@oireachtas.ie John mobile: 087 2362330**

**THE DRAFT SPEED LIMIT REVIEW FOR THE KILLARNEY MUNICIPAL DISTRICT IS ON PUBLIC CONSULTATION UNTIL FRIDAY, THE 17<sup>TH</sup> OF AUGUST**

It can be viewed on Kerry County Council's website and at the Town Hall in Killarney.  
Submissions can be made to the Town Hall, Killarney or to the Operations Section, County Buildings, Kerry County Council, Rathass, Tralee.

**MAURA HEALY-RAE**  
T: 087 7816432  
T: 064-6685315  
maurahealyrae@gmail.com

**DANNY HEALY-RAE TD**  
T: 087 2316055  
T: 064-6685315  
danny.healyrae@oireachtas.ie

*Dance at*  
Kerins O'Rahilly's Club,  
Strand Street, Tralee

*Dermot Lyons Band*  
Wednesday July 25th

*Mike Condon Band*  
Wednesday August 1st

Dancing 9pm to 11.30pm  
Admission €10 - Bus from Castleisland available.

**FREE DRAW**  
FOR 5 PAIRS OF TICKETS  
for Wednesday the 8th August.  
Post this advert with your name  
and address to Killarney Outlook,  
30 High Street, Killarney  
before Friday 27th July!

**Tel: 087 9735113**

## TAX MATTERS

With O'Brien Coffey MacSweeney  
Accountants & Statutory Auditors

### Health Insurance Tax Credit

If you are a member of an approved private health insurance scheme, you may get a tax credit. This tax credit is generally granted directly by the insurance company. Your premium will be reduced by the amount of the tax credit so you will probably not even notice that you have got a tax credit. This is known as Tax Relief at Source (TRS). However, in some limited situations TRS does not apply, for example, where an employer pays the medical insurance premiums on behalf of an employee. This is treated as a Benefit in Kind and PAYE, PRSI and USC are due on the total amount. This means that the employee does not benefit from the TRS on the medical insurance premium and can make a claim directly to Revenue.

The relief is limited to the cost of the policy up to a maximum of €1,000 per adult and €500 per child. A child is considered to be a person under 21 years of age, whether or not they are in full-time education as long as a child premium has been paid for them. For individuals 21 years of age and over, you can now claim relief at the amount set for adults, even if they are getting a child premium. The relief is given at the standard rate of 20%.

**O'BRIEN COFFEY MACSWEENEY**  
ACCOUNTANTS & STATUTORY AUDITORS

To discuss the above, or any other financial matter with one of our advisors contact 064 6632045 or info@obcm.ie

**Killarney sports & leisure centre**

**CORAL LEISURE**

## SUMMER CAMP & SWIMMING LESSONS

@ Killarney Sports & Leisure Centre

**Summer fun with weekly Summer Camps - Age 4+**  
**€65 per week / €15 per day**  
**10.30am - 3pm**

**Summer Intensive Swimming Lessons - Age 4+**  
**€60 per week**  
**9.30am - 10.45pm**

**This July & August - get in touch for dates!**

**Telephone: 064 6636554**  
**Email: info@killarneyleisure.com**



## KILLORGLIN MEMBERS GOLF CLUB

**LADIES RESULTS:** 18 Hole Stroke sponsored by Morrison Tours: 1. Betty Griffin, Lady President (36) 60 nett. 2. Eileen Bell (26) 65 nett. 3. Eileen Devane (27) 66 nett.

Silver Swans 9 Hole Stableford 10/7/2018: 1. Betty Griffin (34) 21 pts. 2. Mary Conway (26) 20 pts.

**FIXTURES: LADY CAPTAIN'S PRIZE:** Lady Captain Emma Daly's Prize Day is this Sat 21st July 18 Hole Stroke. Time Sheet posted on Notice Board.

Wishing Lady Captain Emma a great day on Saturday from all at Killorglin Members Golf Club.

## BEAUFORT GOLF CLUB (LADIES BRANCH)

15th July - Lady Captain Aileen Ryan-Lee's Day sponsored by Reen's Garage, Rathmore

1st Karen Spence (21) 42 pts

2nd Noreen Kinsella (28) 36 pts

3rd Margaret Guerin (27) 34 pts

Back 9 - Noeleen Mackessy (24) 19 pts

Front 9 - Renee Clifford (28) 20 pts

Longest Drive - Karen Spence

Nearest The Pin - Noreen Kinsella

Guest Prize - Maura Larnihan (37) 30 pts

12th July - 9 Hole Stableford - Sponsored by Lady Captain Aileen Ryan-Lee

1st Renee Clifford (15) 18 pts

2nd Noeleen Mackessy (12) 17 pts

### FIXTURES

21st/22nd July - 18 Hole Stableford - Sponsored by Noeleen Mackessy.

**CLUB FUNDRAISER** - 6th August - Single Stableford open to ladies and gents - Entry Fee €25 - Gents Prizes sponsored by Dunloe Hotel - Ladies Prizes sponsored by Boyles Top Line, Killorglin. Ring Clubhouse on 064-6644440 to book a time.

## BEAUFORT GOLF CLUB (MEN'S BRANCH)

15th July - Captain Sean Coffey's Day - Sponsored by Mike Osbourne Jewellery Services, Killarney

1st Shane O'Sullivan (9) 67 Nett

2nd Michael Kissane (19) 68 Nett

Best Gross - Darragh Carmody (6) 74

3rd Colin Moriarty (13) 68 Nett

4th Ken West (18) 69 Nett

Past Captains - Christy O'Mahony (16) 71 Nett

Back 9 - Gerard Lee (18) 34 Nett

Front 9 - Gerry Collins (28) 33 Nett

Nearest The Pin - Bernie Coffey

Longest Drive - Shane O'Sullivan

Guest Prize - Colm Ryan (17) 83 Nett

13th July - Open Friday - Sponsored by Cliffords Groundcare Ltd

Winner: Ian Spillane (1) 40 pts



At the presentation of Dr Crokes GAA Club Golf Society's Shane Horgan's Captain's Prize in The Failte following the outing sponsored by Kerry Coaches at the Killeen course, Killarney on Friday were front from left, Ian Cronin, second, Shane Horgan, Captain, John O'Shea (overall winner), Deirdre Horgan and John O'Leary, third. Back from left are Colm O'Shea, Vincent Casey, John Brosnan, John Paul O'Callaghan, Denis Coleman, Liam Hartnett and David Moloney.

PICTURE: EAMONN KEOGH

### FIXTURES

21st/22nd July - 18 hole Stableford (yellow tees) - Sponsored by Cliffords Groundcare Ltd Club Fundraiser - 6th August - Single Stableford open to ladies and gents - Entry Fee €25 - Gents Prizes sponsored by Dunloe Hotel - Ladies Prizes sponsored by Boyles Top Line, Killorglin. Ring Clubhouse on 064-6644440 to book a time.

Club Scramble every Wednesday - Meet at clubhouse at 5.45pm for 6.15pm shotgun start. Every Friday - Open Single Stableford - Sponsored by Cliffords Groundcare - open to gents and ladies - Entry Fee €25 - Ring Clubhouse on 064-6644440 to book a tee time.

## KILLARNEY GOLF CLUB - LADIES

### LADY CAPTAIN SHEILA'S PRIZE TO THE LADIES

On Mahony's Point 15th July 2018, S stroke Competition

1st Peggy O'Donoghue (19) 65 &

Winner of CastleLough Cup

2nd Sinead O'Shea (16) 66 &

Winner of Ellen Lady Tucker Cup

BG Mary Sheehy (3) 73

3rd Sinead Galvin (21) 67

4th Kathleen Healy (34) 67

5th Margaret O'Donoghue (20) 68

& Winner of Putting Prize

25 putt

6th Sinead Lynch (21) 69 Back 9

7th Eileen Galbraith (31) 69

8th Liz Downey (15) 70 Back 9

9th Tina O'Sullivan (19) 70 Back 9

10th Miriam Murphy (14) 70

Front 9 Liz Kelleher (15) 21

Back 9 Veronica O'Connor (31) 32.5

Past Captain Breda Duggan (25) 71

Committee member Sally Cooper (21) 71

Senior Prize Anne O'Keeffe (17) 70

Visitors Prize Marian Cahillane (23) 21

Return to Golf 1st Maire Murphy (36) 21 (9 holes)

2nd Eileen Whelan (17) 14

Congratulations to Lady Captain Sheila on a fantastic day and well done to all the winners!

### RESULTS EILEEN MURPHY QUALIFIER WEDNESDAY, 11TH JULY 2018

1st Maureen Creedon (13)

Lora Beth Malloy (29) 41 pts

2nd Susie Tong (14)

Muireann O'Farrell (19) 39 pts Bk 9

Congratulations to all the winners

### RESULTS TUESDAY 10TH JULY 2018

President Jack Buckley's prize to the Junior girls

1st Jennifer O'Brien (16). 47 points

2nd Alicia Burke (13). 46 points

3rd Sarah O'Brien (11). 39 points

4th Ava Burke (36). 29 points

Congratulations to all the winners and sincerest thanks to President Jack!

## CASTLEROSSE GOLF CLUB

### RESULTS

Competition played on Saturday 14th July (Captain Ger O'Connor Prize Day) 18 Hole Strokeplay 1st Place, Malcolm O'Brien (17) net 65 (BB9), Runner-up, Tomas Lyne (17) net 65, 3rd place, Peter McGrath (21) net 66, 4th place Patrick Crehan (24) net 67. Best Front Nine Donal O'Reilly, Best Back Nine, and Mick Clifford. Lowest Gross Score, Ger Casey. Past Captains prize Steve Shine, Guest Prize, and Mike Doody.

Many thanks to Ger O'Connor for his excellent work in organising a superb event, celebrations





# OUTLOOK GOLF SCOREBOARD

In association with  
Mark Heinemann PGA & Getgolfing.ie  
**087 2209663**

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continued almost to the start of the Kerry Nines on Sunday morning. Mixed Scramble played on Tuesday 10th July, best return Patricia Barrett, Mick Clifford & Mike Doody.

### **FIXTURES**

Weekend competition, 18 Hole Stableford to be played on Saturday or Sunday. Competitions.

Well done to Castlerosse teams who competed over the weekend in the Kerry Federation competitions Dr. Billy O' Sullivan and the Kerry Nines. Castlerosse qualified for the next round with wins over the Ross Golf Club and Parknasilla Golf Club. Both competitions were very keenly contested and many thanks to both Ross and Parknasilla for making both events extremely sporting. Onwards for Castlerosse who play Ceann Sibeal in the Dr. Billy and Ross Golf Club in the Kerry nines.

**MIXED SCRAMBLE** continue each Tuesday evening draw at 6.15pm, meet at clubhouse. Competition open to all golfers, Ladies & Gents

## **KILLARNEY GOLF AND FISHING CLUB, MENS CLUB**

The Club Team taking part in the National Competition "The Barton Shield" were in action over last weekend, playing at Doneraile G.C. and on Saturday they were victorious against Newcastlewest by a margin of 4 Holes.

On Sunday morning they faced the Home team Doneraile in the 2nd round, and most unfortunately lost by a margin of 4 Holes, this was despite the total aggregate score of the Killarney Team being only 1 or 2 over par.

The Members of the team and pairings were Simon Gallivan & Donal Considine and Ian Spillane & Cormac Finn.

This was the eighth occasion that Teams representing Killarney were defeated by the "home side" in the current Inter-Club National Competitions year as earlier in the week the Team playing in "The Michael Cashman Trophy" were defeated by Ceann Sibeal at Ceann Sibeal G.C.

The Club Competition on last weekend was the "Ladies Captain's Prize to the Men's Club" and as a great indication of the popularity of Lady Captain Sheila Crowley there was an exceptional entry of 216 competitors, the competition was played on Killeen Course, and the winner with the excellent score of 43 Pts. was Sean Hickey, in close 2nd place was the recent winner of the President's Prize Matt Leacy with 42 Pts. Matt recorded



At the presentation of Dr Crokes GAA Club Golf Society's Shane Horgan's Captain's Prize in The Failte following the outing sponsored by Kerry Coaches at the Killeen course, Killarney on Friday were from left, Shane Horgan, Captain, John O'Shea (overall winner), and Deirdre Horgan. **PICTURE: EAMONN KEOGH**



Sheila Crowley Lady Captain presenting her Lady Captain's prize to the Men's winner Sean Hickey with Jack Buckley President, Matthew Leacy 2nd, Gerard Moynihan 3rd, Tony Walsh 6th, derry McCarthy Captain (back) Tom Doherty 10th, Gerard Walsh and Kevin O'Callaghan 4th at Killarney Golf Club recently.

the same score as Gerard Moynihan, but Matt was second by virtue of a better back nine holes. Full results were 1st Sean Hickey(20) 43 Pts. 2nd Matthew Leacy(4) 42 Pts. 3rd Gerard Moynihan(16) 42 Pts. 4th Kevin O'Callaghan(18) 40 Pts. 5th Tony Walsh(19) 39 Pts. 6th Gerard Walsh(12) 39 Pts. 7th Brendan Brosnan(13) 38 Pts.

8th Darragh Kelly(18) 38 Pts. 9th Gerard Moloney(11) 38 Pts., 10th Tom Doherty(23) 38 Pts. Best Gross George Vass 34 Pts., Best Senior

Dermot Foley 37 Pts. Congratulations to Peter McEnery who had a "hole-in-one" at the 6th Hole in the competition on Saturday, well done Peter. Competition Scratch Scores were 36 Pts on Saturday and 34 Pts on Sunday.

## **DEERPARK PITCH & PUTT CLUB NEWS**

National Gents Strokeplay: Joy upon joys on Sunday evening when we learnt that our



Chairman Damien Fleming had triumphed above in Dublin at the National Senior Gents Strokeplay Championships in Glenville with his tournament total of 18 under par giving him a one stroke victory over Irish International Team captain John Ross Crangle of Dublin. Damien had finished third in the event the last two years and was second to Tralee's Jonathon Goodall in 2012 but finally reached the top step of the podium last Sunday, something we are all immensely proud of. Damien's brother James also finished 11th in the Intermediate event the previous day.

**County U-16 Strokeplay:** Congratulations to Robbie Harnett on his win on Monday morning with a fine total of 99, 9 under par. That was three clear of both Erin Moloney and Eoin O'Riordan-Looney on six under who won the 15-15 and 12-13 prizes respectively while Joey McCarthy won the U-11 prize with a score of 117. Next Kerry team trial will be in Deerpark on Monday morning at 10am with the final trial in Listowel the following week (July 30th).

**Munster U-16 Strokeplay:** The club has another big contingent travelling to Rocklodge in Cork this Saturday for the Finals of the Munster U-16 Strokeplay. We wish them all the very best of luck.

**Sunday Competition:** Nett- Noel Moynihan, Mike 'Seve' O'Leary and John Murphy 78 2/3, Gross- John O'Brien, John O'Halloran and Willie O'Keeffe 101.

**Wednesday Competition:** Nett: Lorcan Martin & Noel Moynihan 35, Gross: Jason O'Brien & Conor Leahy 49.

**Danny Nolan Memorial & Club Mass:** Scheduled to kick-off tonight (Friday) from 6pm with the Danny Nolan followed by the Mass at 8pm. Entry €5 per competition, hope to see you all there.

**Castleisland Scratch Cups:** Scheduled for this Sunday, we encourage all our members to support the various grades with cards from 8.30am-2.30pm and entry €10 per player.

**Club Strokeplay:** On Sunday week July 29th with more details to follow next week.

## KERRY PITCH & PUTT NEWS

The County U-16 Strokeplay took place in Deerpark on Monday morning with the four prizes all going to the host club. Robbie Harnett claimed the overall title with nine under par while six under was good enough for both Erin Moloney and Eoin O'Riordan Looney to win the 14-15 and 12-13 sections respectively. Joey McCarthy would win the U-11 section meanwhile with a score of 117. The Munster U-16 Strokeplay takes place in Rocklodge, Cork this Saturday and we wish the Kerry participants the very best of luck.

On Sunday the Castleisland Scratch Cup competitions take place meanwhile with cards from 8.30am-2.30pm at a fee of €10 per player with the playoffs for the various grades getting underway from 5pm. We encourage all Kerry players to support this event.



Sheila Crowley Lady Captain presenting her Lady Captain's prize to the junior winners Michael Buckley and Sarah O'Brien with Jack Buckley President, Derry McCarthy Captain (back) Kieran O'Connor 3rd, Christian Casey 2nd and Alicia Burke 2nd at Killarney Golf and Fishing Club on Sunday.



Sheila Crowley Lady Captain presenting her Lady Captain's prize to winner Peggy O'Donoghue who also won the Castleisland Cup and 125 club celebration medal with Jack Buckley President, Derry McCarthy Captain (second row from left) Sinead O'Shea 2nd who won the Ellen Lady Tucker Cup, Kathleen Healy 4th, Sinead Galvin 3rd, Mary Sheehy Best gross, (fourth row from left) Sinead Lyne 6th, Eileen Galbraith 7th, Liz Downey 8th, Margaret O'Donoghue 5th and winner of Addie McSweeney putting prize, Tina O'Sullivan 9th, Sally Cooper committee prize (back from left) Liz Kelliher front nine, Veronica O'Connor back nine, Breda Duggan past Captain, Eileen Whelan and Marie Murphy Return to Golf prize at Killarney Golf on Sunday.



Sheila Crowley Lady Captain presenting her Lady Captain's prize to the Men's winner Sean Hickey and Ladies winner Peggy O'Donoghue with (back) Jack Buckley President and Derry McCarthy Captain at Killarney Golf and Fishing Club on Sunday.



## KILLARNEY ATHLETIC

### A.F.C. NOTES

#### KILLARNEY ATHLETIC A.F.C. 7-A-SIDE SOCCER TOURNAMENT

*Sponsored by Killarney Credit Union*

*Saturday 14th July*

*Under 12 Semi-Final*

Kerryonians 2 Mak Attack 0

#### UNDER 10 FINAL

Mackey's Crew 4 Four Star Pizza 0

Szymon Jesimski scoring 2 goals and Benjamin Kelleher scoring 2 goals.

Player of the Tournament went to Szymon Jesimski.

#### UNDER 12 SEMI-FINAL

Banterlona 0 The Underground 2

#### UNDER 12 FINAL

The Kerryonians v The Underground

The Kerryonians won 5 – 4 on penalties where 7 penalties had to be taken to separate the 2 teams. It was 1 all after full time and extra time. The goal scorers were Mark Daly The Kerryonians and Tom Benson The Underground. Player of the Tournament went to Noah Sexton, The Underground.

Daily updates on the 7-A-Side will be published on Facebook and the Website [www.killarneyathletic.com](http://www.killarneyathletic.com)

Killarney Athletic would like to thank Helen CourtneyPower, Killarney Credit Union for all her support on Friday evening at the underage tournament and to Stephen Darmody, Killarney Credit Union for presenting the winners and runner ups prizes on Saturday morning. It was greatly appreciated by the Club, Players and Parents.

#### Results Monday 16th July

##### Pitch 1

#### OVER 35 ½ FINAL

Tim Jones & Sons 4

MD O'Shea's 0

#### UNDER 16 ½ FINAL

Boru Barbers 2 Scotts Boys 0

Senior Last 8 (I) Cavemen Clothing 0

Tatler Toffees 4

Senior Last 8 (J) Liebherr 1 Failte Bar 0

##### Pitch 2

#### UNDER 16 ½ FINAL

Steve's Barbers 4 Dan Linehans 2 on penalties

#### OVER 35 ½ FINAL

Murphy's Bar 0 Leane's Tool Hire 4

Senior Last 8 (K) Four Star Pizza 1 Speakeasy 0

Senior Last 8 (L) O'Riordan Sand & Gravel 0 Failte Legends 2

#### Results Wednesday 18th July 2018

##### Pitch 1

#### UNDER 14 ½ FINAL

JR Spares 2 Tropical Rhyns FC 1

Under 14 ½ FINAL They Call Us Legends 4

Bally Utd 1

#### SENIOR ½ FINAL Tatler Toffees v Liebherr 2

All after full time Liebherr won 3 2 on penalties

Senior ½ Final Failte Legends 7 Four Star Pizza 0

#### Wednesday 25th July 2018

7.00 Under 14 JR Spares v They Call Us Legends

7.30 Reserve Final Tatler Toffees v Four Star Pizza 15 mins a side

#### Thursday 26th July 2018

7.00 Under 16 Boru Barbers v Steve's Barbers

7.30 Over 35 Tim Jones & Sons

v Leane's Tool Hire 12 mins a side

8.00 Premier Liebherr v The Failte Legends

20 mins a side

Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or [mccarrickmary@hotmail.com](mailto:mccarrickmary@hotmail.com)

## MEK UNITED

Our AGM is on Wednesday 25th July in Fossa Community Centre @ 8.30pm. We are now taking nominations for positions in our Management committee. We are also looking for coaches at most age groups for the coming season. Please send declaration of interest to [gerard.lynch@sfpa.ie](mailto:gerard.lynch@sfpa.ie) before Monday 23rd.

## KILLARNEY CELTIC NEWS

Killarney Celtic will host its 2nd FAI summer camp from July 23 - July 27. Bookings can be made online at [www.summersoccerschools.ie](http://www.summersoccerschools.ie) or call 1890 653 653.

Tickets for the FAI National Club Draw are now available at our stand in the Killarney Outlet Centre and from club members.

For pitch bookings contact Mary on 086 6485809.

Like all clubs Killarney Celtic depends on volunteers. Due to increasing numbers at under age levels the club requires additional coaches for the coming season. If you can help in any way with either the boys or girls section then get in touch. Full training and support will be given. Contact Mike on 086 0836356 for more details.

Killarney Celtic extends its deepest sympathy to club officer Mike Courtney and the extended Courtney family on the recent passing of his mother Sheila.



The Underground U12 team Oisin O'Sullivan, James O'Sullivan, Noah Sexton, Michael Murphy, Oisin Lynch, Tom Benson (back) Fiachra Roarty, Liam Cronin, Fionn O'Neill, Oran O'Neill, Ger Murphy who played The Onians U12 team in the Killarney Athletic/Killarney Credit Union 7 A Side Under 12 final with Don O'Donoghue Killarney Athletic Club and Colette Casey Killarney Athletic Killarney Credit Union Tournament Organiser at Woodlawn, Killarney.



Kerry Onians U12 team Mark Daly, John O'Grady, Tiernan Cronin, Cian Forde, Dara Stack (back) Matthew Moynihan, Jamie Moynihan, Callum Cronin, Josh Bowler and Ted O'Gorman who played The Underground U12 team with Don O'Donoghue Killarney Athletic FC and Colette Casey Killarney Athletic Killarney Credit Union Tournament Organiser in the Killarney Athletic/Killarney Credit Union 7 A Side Under 12 final at Woodlawn, Killarney.





Stephen Darmody Financial Controller Killarney Credit Union (seated) who presented the Mackey's Crew U10 team with their winning medals Evan Doona, Grazjan Pawlaxk, Ben Kelliher, Szymon Jasinski Player of the Tournament, J J O'Donoghue (back) Brian McCarthy, Ewan McCrohan, Kalen Brosnan, with Adrian Jasinski, Jamie Kelliher, Don O'Donoghue and Mary McCormick Killarney Athletic FC at the Killarney Athletic/ Killarney Credit Union 7 A Side Under 10 final at Woodlawn, Killarney.



Under 12 Player of the Tournament Noah Sexton, The Underground receiving his trophy from Stephen Darmody, Killarney Credit Union.

## Run Killarney returns and welcomes Kerry sanctuary runners

On Saturday 28th of July Killarney will play host to one of Ireland's premier running events when more than 2500 competitors take part in the Gleneagle Hotel Run Killarney half-marathon and 10K road race. The event will welcome all types of runners, walkers, newcomers and people who just want a challenge and a great day out. Participants will represent 21 countries from around the world including Australia, the United Arab Emirates, China, Zimbabwe, Burundi, South Africa and Brazil.

Run Killarney will also play host to the first outing of the Kerry Sanctuary Runners. The Sanctuary Runners is a non-profit group, founded by journalist Graham Clifford from Kerry, which enables people to run alongside, and in solidarity with, those in direct provision, at runs across Ireland.

Graham Clifford said, "Thanks to the generous support of the Run Killarney organisers we'll have ten runners from direct provision centres in Kerry and Cork running in the 10k race on July 28th. They will be joined by Irish Sanctuary Runners and we would welcome as much vocal support and encouragement as possible.

Event Organiser Oliver Kirwan said, "We're delighted that Run Killarney is still going strong and a significant date in the running calendar in Ireland. This year is particularly special as we welcome the Sanctuary Runners to the event with their first Kerry outing. Running is all about mental and physical health and achieving a balance in your life. It's a great way to connect



Launch of 2018 Run Killarney in the Gleneagle Hotel last Thursday. Pictured are l-r Alice Thompson, Olivier Papin and Carlosa Fleming.

with other people no matter what your or their situation is. I'd like to welcome everyone to the event and wish them the very best of luck, see you on the beautiful course!"

The race routes give competitors the chance to run one of the world's most breathtaking and scenic road races through Muckross House and the Killarney National Park.

Both routes are fast downhill courses with amazing scenery. The half-marathon starts at Molls Gap and continues through the National Park to the finish line and party atmosphere at

the Gleneagle Hotel.

All competitors will receive a customized t-shirt and finisher's medal and can embrace the great atmosphere at the Gleneagle hotel once they cross the finish line.

Local residents are to be aware of the road closure on the N71 Molls Gap to Muckross House Killarney from 6.30am to 11.30am on Saturday the 28th of July.

For more information please contact [kelly@eliteevents.ie](mailto:kelly@eliteevents.ie), 0646635512 or visit [www.runkillarney.com](http://www.runkillarney.com)



## GNEEVEGUILLA ATHLETIC CLUB

**LOTTO:** No winner of our lotto draw 13/07/2018, numbers drawn were 5, 8, 10 & 19. Sellers prize winner Mossie Brosnan, €50 Y/T prize winner Noen O' Keeffe Tureencahill, €50 to Gemma Fitzgerald Scrahanagullane, €40 to Mark, Niamh & Orla Brosnan Headford, Karen Healy Loughguittane & Frank Brosnan Tureenamult. Bonus draw €1,000 was won by Michael O' Donoghue Knock, numbers drawn were 4, 7, 17 & 18

**1M SUMMER SERIES:** The second leg of the series was held in Fossa on Wednesday last, Robert Purcell O50 was 5th overall & 1st O50, Ed murphy 1st o35, Robbie Cremin 1st o40, Donal Reen 2nd O50, Andrew Purcell 1st Junior, Thomas O' Sullivan 1st U9, Michael Thornton 1st U15. Ladies Shona O' Brien 1st overall and 1st junior, Siobhan Daly 2nd, Catherine Kiely 1st O35, Colette Mallon 1st O45, Claragh O' Connor 1st U15, Aine O' Sullivan 1st U11. Well done to everyone who competed. Next leg is in Knocknagree on Wednesday 18th. Race head quarters the Fairfield Tavern.

**LEAGUE TEAM:** Well done to Mairead O' Neill who was part of the Kerry team who competed in The National League.

**MUNSTER B:** To be held in Cork next weekend. We have Dylan Scannell, Saoirse Tompkins, Dara Tompkins, Naoise Quinlivan, Rachel & paddy Hickey, Danielle & Frank O' Riordan, Danielle McSweeney, Ciara Casey, Sarah O' Connor, Aisling & Caitriona Browne, Aeven Vaughan, Beth & Kate Healy, Elma & Daisy Cremin competing. Best of luck to all.

## CYCLING NEWS

The final round of the Road Race League, hosted by Killorglin was won by Cian Smailes with Sean Riordan in second and Conor Kissane 3rd.

This gave Kissane the League title from Denis Lynch who was 4th on the night with David Fitzgerald in third.

On the night in Killorglin Killarney CC dominated the underage races with Cathal Larkin, Adam Lenihan and Tadhg O'Shea winning the U12, u14 and u16 races.

On the League tables Callum Steadman won the U12s League from Nuala Moloney with Shayna Daly in third.

Shane Galvin just got the better of his Killarney CC club mate Adam Lenihan to take the u14 title with Louis Steadman just behind the top 2. The u16's went to Patrick Galvin also of Killarney CC with Tralee MW's Eoin Moloney in second followed by Lorcan Daly.

The Road Race County Championships are set to take place on Thursday July 26th hosted by Tralee with a testing new route being planned for the riders.

## FIRIES COMMUNITY GAMES

The Community Games Munster Final was held over the weekend in U.L. Firies were representing Kerry in skittles u16. Firies played



Paul O'Neill Killarney Chamber President, James O'Donoghue AIB, Eric McDonnell Belief-Fit Killarney pictured at the launch of Well Fit Killarney at the Kilaney Park Hotel.

Limerick in the semi final and won this game and played against Tipperary in the final. Firies lost this game to a very strong Tipp side and brought home the silver medals. Congratulations to team of Cian Sheahan, Michael Brosnan, Michael Moynihan, Liam O Driscoll, Dillon Butler, Patrick & Ciara Kearney. Carmel Sheahan managed team & thank you to Kerri Sheahan who trained and encouraged the team leading up to the competition. Thank you to the parents who helped out and assisted in any way. Thank you also to the committee in U.L. who were very helpful and organised on the day and events took place without any delays.

## KILLARNEY RFC NEWS

### SENIORS:

Our Seniors commenced preseason training last week at Activate fitness in Whitebridge. All new players are welcome and training continues every Monday and Thursday at 7:30pm. For details contact Peter Kelly on 087-6835807.

### GOLF CLASSIC:

Last Friday our annual golf classic took place at O'Mahony's Point in glorious sunshine. We would like to thank everyone who took part and all who sponsored tee boxes. In particular we would like to thank those who donated prizes: O'Sullivan Cycles, Haven Pharmacy, Killarney Golf club, Murphy's Bar, Flesk restaurant and The Reeks for their support.

The winners on the day were Micheal Sheahan and sons who took the top prize, Pro Golf construction who finished second and Terance Mulcahy who won nearest the pin.

Thanks to Killarney Golf and Fishing club and Paul Cotter and crew for the fabulous food at the Chapel and Killarney Brewing. Well done all.

### CHURCH GATE COLLECTION:

Our church gate collection took place at the weekend. Thanks to everyone who generously contributed and to everyone who gave up time to man the collection. Thanks to Anne Clifford

and to Rose McKenzie-Vass for all the hard work organising.

### PITCH DEVELOPMENT:

Work has commenced on our main and juvenile pitches at Aghadoe. PRO Golf construction expect the work to take 3 to 4 weeks depending on weather. Take a look at our facebook page for further updates.

## GNEEVEGUILLA BASKETBALL

We recently held a very successful fundraising walk to support our Ireland U16 basketball international Ronan Collins with his trips to Europe for international games.

Ronan was presented with the proceeds of €3701.50 in the company of his parents Siobhan & Cormac & members of our clubs committee. Ronan played in the Dussmann Trophy held in Luxembourg this past weekend where he and his teammates finished a close runner up to winners Poland.

Ronan will be in action again next month. Games are streamed live & we are so very proud to see one of our young people compete at this level. The club & the Collins family would like to thank everyone who came along to our walk & contributed in any way.

It was a great day out & again highlighted to us a great sense of community spirit very much alive and kicking in Gneeveguilla.

In other Club news we are currently having a SCRAP METAL collection. Any scrap metal can be dropped to Dillanes garage Gneeveguilla until the 9th of September.

We greatly appreciate any metal however big or small.

Also our Basketball summer camp is running again this year from the 7th -9th of August. For bookings or any enquiries please contact the club on: 0872685448.



## CALLINAFERCY CLUB NOTES

Congratulations and well done to all our rowers, coxes and coaches on a successful day for the club at the Kerry County Championship in Sneem.

A competitive day from start to finish saw a number of races go down to the wire with close battles for first, second and third in several races. The following were successful on the day under 12 girls 2nd, u12 mixed 2nd. U16 girls 1st. U18 girls 3rd. U21 ladies 3rd. Junior men 3rd. U21

men 3rd. Intermediate men 1st. And thanks to all our supporters... ..We traveled to Cromane for their regatta last Saturday evening another great day for the club with our u12 mixed off to a fantastic start winning 3rd place Caoimhe O Sullivan Mave McCarthy Pat Murphy Aobhadh Dillion.

U14 girls 1st Louise Kennedy Avril Murphy Kitty O Dowd Aishling Quirke. U18 girls 1st Sarah Kennedy Aoife Murphy Orla Murphy Aishling Scannell.

Senior men 2nd James O Sullivan Padraic O Sullivan James Foley Maurice Sheehan. U18 men 1st Nathan Houlihan Niall Murphy Aidan McCarthy Cormac Doyle. U16 girls 2nd Emma Houlihan Sarah Kennedy Savannah Clifford Avril Murphy. Our Senior ladies, u14 mixed and u16 mixed all have very competitive races.. So well done to all again thanks to our cox John Joe O'Sullivan. James O Sullivan. Mike Scannell... We travel to Templenoe next weekend.

## WORKMEN'S ROWING CLUB NOTES

# GLORY FOR WORKMEN'S AT IRISH ROWING CHAMPIONSHIPS

Our scullers competed in a total of 17 events over three days last weekend and each and every one of those events told its own story of achievement. We are so proud of our scullers who rowed in singles (1X) at this Championship for the first time... Ryan, Kate, Maya, Joe, Sarah and Miriam.

We had heats, semi-finals and finals in multiple events; single sculls, doubles and quads. Many of our crews clocked up new personal bests, of which they are immensely proud, and rightly so!

Our heartiest congratulations to the following who brought home these 3 All-Ireland Gold Medals:

Ryan Bartlett in Mens U14 1x. Ryan also came 3rd in the Mens J151X

Ciara Moynihan and Ciara Browne in Women's U18 2X.

Miriam Fleming, Annie O'Donoghue, Ciara Moynihan and Ciara Browne in Women's U18 4X-

Congrats also to our Silver Medalists:

James Mc Carthy in A Final of Men's Club 1 1X

Annie O'Donoghue in A Final of Women's Club 1X. Well done also to Miriam Fleming on qualifying for this A Final – super work!

There were so many other memorable moments...super races from

WU15 4X+Final (Ellen, Sarah, Kate, Maya),

Men's U16 4X+, (Joe, Peter, Ben, Caolan)

Men's U15 4X+ Final (Caolan, Ryan, Luke, Conor).

W U14 4X+ Final (Kate, Maya, Kelly, Sarah),

Men's U18 2X (Ruadhan, Peter).

Men's LW 1X (Dylan).

Thanks to our coaches, coxes, boat handlers, drivers, families and friends for your support and preparation of our rowers for this prestigious event.

We also congratulate Aodhan Burns, Skibbereen, on his fantastic weekend of Golds with Mens Senior 4X and Mens Lightweight 1X.

We look forward to our crews participating in all of these upcoming events:

Coupe de la Jeunesse, 27th-29th July, National Rowing Centre, Cork. Our heartiest good wishes to Annie O'Donoghue as she prepares to row for Ireland in the Junior Women Sculling Team at this event.

Sive One-Design Coastal Regatta, Saturday 28th July, Cahersiveen.

Fenit Coastal Rowing, County Championship, 5th August, Fenit. Junior World Championships, 8th-12th August, Czech Republic. Best of luck to Ciara Moynihan and Ciara Browne as they prepare for this event.

All-Ireland Coastal Rowing Champs, 17th-19th August, Wexford. The Ferrycarrig Hotel will host our crews and families for this event.

## FUNDRAISING

Our next fundraiser is on the weekend of 4th/5th August and the rota will be up in the Clubhouse soon.



Mickey Joe Burns (Coach), Ciara Browne, Ciara Moynihan, Miriam Fleming and Annie O'Donoghue, Gold, WJ18 4X- All-Ireland Champions, at the National Rowing Championships, Iniscarra, last weekend.



Ciara Browne and Ciara Moynihan, Workmen's Rowing Club, Gold, WJ18 2X, All-Ireland Champions, at the National Rowing Championships, Iniscarra, last weekend.



Ryan Bartlett, Workmen's Rowing Club, Gold, MJ14 1X All-Ireland Champion, at the National Rowing Championships, Iniscarra, last weekend.





# KERRY GAA STORE



SUPPORTING THE FUTURE OF KERRY GAA

Killarney Outlet Centre Fair Hill, Killarney. Tel: **064 663 6571** Email: [kerrygaastore1@eircom.net](mailto:kerrygaastore1@eircom.net)

## FIRIES COISTE NA NÓG

Lee Strand U16 County Football League

Round 2 of the League had Furies entertain their counterparts from Keel/Listry with optimum results for the Furies side; Furies 3-09 Keel/Listry 2-06. Well done to Furies who played with great vigour and determination. On Wednesday, 25th July, round 4 has Furies travelling away to meet Glenbeigh/Glencar/Cromane where throw in is scheduled at 7pm.

U14 East Kerry Region Football League

Furies U14s travelled to Listry to meet Keel/Listry in their East Kerry League endeavours last week. The Furies side gave a spirited performance which resulted in the win; Keel/Listry 1-07 Furies 1-12.

U8 Hurling

Well done to the Furies U8 Hurlers who completed a series of matches in the past few weeks. Their energy and proficiency in the great game has to be applauded.

Saturday Morning Training Academy

Please note that our training academy will be taking a break on Saturday, 21st July. This applies to U6s, U8s and U10s. Academy returns as per normal schedule on Saturday, 28th July

## LISTRY GAA CLUB NEWS

### LISTRY SENIOR FOOTBALL RESULTS:

Listry Seniors travelled to Ballydonoghue on Saturday evening 14th July against Ballydonoghue. Final Score: Listry 1.08 Ballydonoghue 0.15

### JUVENILE UPDATE.

Week ending Sunday July 15th.

### RESULTS.

U16 County League Div 2 Furies 3.09

Keel Listry 2.06.

U14 East Kerry League

Keel Listry 1.07 Furies 1.12

Cordal Scart 5.10 Keel Listry 2.09

U8s travelled to Keel and played very well on Thursday.

### LISTRY GAA SUMMER

### FOOTBALL CAMP 2018:

Listry GAA are holding a Summer Football Camp from August 7th - 10th inclusive. Time of camp: 10am - 1pm in Listry GAA grounds, €40 per child and €30 per family member after 1st child from the same family. Open to primary school boys and girls aged 6 - 13 years. This camp is proudly sponsored by the Official Club Supporter Sports Direct.com and The Dungeon, Bookshop, Killarney. Any enquiries please contact Fergus (087)9703274



Coiste na nOg PRO Damien McCarthy keeps a close eye on the action at the U8 Blitz.

### LOTTO

Results: Numbers Drawn: 3, 5, 6, 25.

€100 - Colman and Rose O Shea, Lissivane

€50 x 2 - Paul and Teresa Barrett, Faha. Ollie and Dara Flynn, Killorglin.

€25 x 2 - Dan Cooper, Killbonane. Phil Ahern, Faha

Draw Entrant: Carmel and Noel Kennedy.

Next Sunday 23rd July Jackpot €6,800

## DR CROKES CLUB NOTES

### COUNTY LEAGUE - ROUND 9

Played in Gallarus on Saturday 14th of July

An Ghaeltacht 1-11 Dr Crokes 3-18

Victory in Round 9 of the league kept us in poll position in the competition. This win was not as easy as the scoreline would suggest. Our opponents are a formidable team but on the day over very good first half display, aided by the breeze gave us a ten point lead at the interval. This made our opponents task of overhauling us a very tough assignment. Even though you have the elements with you it does not always guarantee a lead but we accomplished this through our supremacy at midfield. Johnny Buckley and Daithi Casey shone out in this sector and our forwards took their chances and had some very good scores.

Our opponents came at us in the third quarter but we dealt fairly well with this onslaught, added on some scores ourselves and had a good lead going into the last quarter. Both sides ran their benches in the last fifteen minutes and when the game ended with a victory for us it brought our tally of points to 17 in the competition with nine games played. This left

us still at the top of the table with two games to play.

Team: Johnny O'Leary, John Payne, Mike Moloney, David O'Leary, Shane Doolan, Alan O'Sullivan, Fionn Fitzgerald, Johnny Buckley, Daithi Casey, Billy Courtney, Gavin O'Shea, Brian Looney, Tony Brosnan, Mark O'Shea, Jordan Kiely.

Subs: Kieran Ward, Colm Cooper, Brian Fitzgerald, Cillian Fitzgerald, Paul Clarke.

### INTERMEDIATE

### HURLING CHAMPIONSHIP

We had a big win in the Preliminary Round of the Intermediate Hurling Championship on last Wednesday evening against Abbeydorney. Our young team ran out impressive winners on a scoreline of 5-24 to 1-5.

### SUMMER CAMP 2018

Dr. Crokes Summer Camp 2018 will commence on Tuesday 24th July-Thursday 26th July. 11.00 am till 2.30 pm. Registration on Tuesday 24th at 10.30 am. Cost is 30 euro per child. Plenty of fun and games with qualified coaches.

### FUNRAISER

The Ladies section of the Club are organising a pitch & putt fundraiser on July 28th. 3 Scramble and Barbeque €30 per team and you can contact Catherine Keogh on 087-2827626 or Aine Mc Mahon on 087-2890527 for tee times.

### ANNUAL WALK TO STRICKEEN

Invitation to all Club members, Family and Friends to hike to the top of Strickeen Mountain on Saturday July 21st. Meeting at 11am at Kate Kearneys. Bring suitable clothing, footwear, water and a light snack. All welcome young and old!

There will be a free bus from Crokes pitch



leaving at 10.30am and anyone interested in this can text their name/numbers to 087 4129655.

### HAPPY BIRTHDAY

Happy birthday to Marion Doherty who celebrated a special birthday recently.

Hard Luck

Hard luck to the Kerry Under 20's who were defeated by Kildare at the weekend especially the Crokes contingent David Shaw, David Naughton and Micheal Potts.

### DEEPEST SYMPATHIES

Deepest Sympathies to the Courtney and Kelleher Family on the death of Sheila Courtney.

### DEVELOPMENT FUND

Dr Crokes Club are embarking on a fundraising initiative to help upgrade the current facilities of our grounds as it has been 12 years since serious work has been carried out. There are fantastic prizes to be won with the first prize a Nissan Pulsar Executive Class Car and second prize is a four night stay for two people in New York including flights. We have 10 prizes in total and the draw will take place on December 20th 2018. Tickets are €10 each or a book of 6 for €50. There will be an additional draw of €1000 for those who purchase a full book for €50. Tickets can be purchased in the Tatler Jack, Club members or Kerry Shop in Killarney Outlet Centre

## LEGION GAA CLUB NEWS

### CO.LEAGUE DIV.1 RD.9

#### KILLARNEY LEGION 0-17 SPA 2-8

As was to be expected this local derby did not disappoint as both teams played out a keenly contested game. A stiff breeze blew towards the town end and it did have a part to play especially for the Legion who had it to their backs in the first half. Having settled into their stride with 3 early points the Legion were caught with a goal from Spa as the backs who other wise were sound failed to close down the centre. This brought a good response though as they kept the scoreboard ticking over nicely with some top class point taking with no fewer than six different players registering. Spa were using the quick kickout to good effect but when the Legion forwards pressed up on it the game turned with Billy McGuire dominating under the high ball and this greatly improved the supply to the forwards. The halftime whistle saw the Legion go in ahead with a healthy 0-12 to 1-3 lead. Picking up where they left off the Legion added two more points and looked to be on course for a comfortable win but Spa got the bit between the teeth and a 4 pt. burst gave them renewed energy and the game became a dog fight when they took advantage of a turnover and a second goal saw the margin down to just a brace of points. The exchanges were tough as the play swung from one end to the other and Spa ensured a tense finish as another point saw the minimum between the sides. However this was as close as they got as the homeside gathered themselves again and with better control of the ball they widened the gap to 3 as the final whistle blew for a deserved win. Danny Sheehan, Damien O Sullivan and



Milltown Castlemaine U8 team.

Darragh Doherty were soundness itself at the back and once again Jamie O Sullivan led the forwards with a personal tally of 9 pts. Young Peter McCarthy had a fine game throughout as had Aiden Slattery and two crucial saves from Conor McCarthy were to prove to be invaluable towards the win. The performances of late have been improving steadily and while the results may not have matched this win was merited and a testament to the work being done on the training field.

### STREET LEAGUES

A throw back to Old Killarney with the innovative re-introduction of the street leagues. Up and running in Derreen they are inclusive, fun and for the children involved deadly serious. Future stars on the way.

### MINOR LEAGUE

Killarney Legion 3-8 Tuosist/Kilgarvan 6-14

A flying start saw the combination side run up a good 8pt. lead before the Legion managed to settle themselves into the game. Having done so their best period followed as they hit three goals to leave them just a single point in arrears at the halftime break. The Legion started the second half as they finished the first in good form but when taking the easier option of points probably would have been more rewarding at least three attempts at goal proved fruitless. This gave Tuosist/Kilgarvan the break they needed and they duly took their chance by adding a series of goals of their own to see them comfortable winners in the end. Indeed Legion had reason to thank Robert Osbourne in goal for a string of fine saves as well as a fine goal line fetch from centre back Conor O Leary.

### KERRY V GALWAY

Disappointing to say the least, a poor performance and one would have to ask why a player the calibre of Paul Geaney has to defend on his own 20m line when Kerry were lacking penetration in the forward line. Hopefully Kerry can regroup for a very tough away assignment to Monaghan.

## GNEEVEGUILLA GAA NEWS

There was no winner of last weeks lotto numbers drawn were 12,18,22,29. Lucky dip winners were €40 Lil O'Keeffe Bounard, €40 Mellissa Leary c/o Tom Kearns, €40 Nora Looney c/o John Joe Collins, €30 Pa Fitz c/o John Joe Collins, €30 Sean and Mags c/o John Cronin, €20 Tony McLarnon c/o John Cronin. Next weeks jackpot €4,250 thanks for your support. Trevor Smith Garth Brooks tribute band will be playing on 25th of August as part of carnival tickets available from any club officer. Club bar open at 3.30 for Kerry v Monaghan game this Sunday.

## EAST KERRY GAA NEWS

By Michael O'Mahony

### RESULTS

East Region Minor League Division 1. Sponsored by Talter Jack Killarney  
Killarney Legion 3-8 (18) Tuosist/Kilgarvan 6-14 (20)

A flying start saw the combination side run up a good 8pt. lead before the Legion managed to settle themselves into the game. Having done so their best period followed as they hit three goals to leave them just a single point in arrears at the halftime break. The Legion started the second half as they finished the first in good form but when taking the easier option of points probably would have been more rewarding at least three attempts at goal proved fruitless. This gave Kilgarvan/Tuosist the break they needed and they duly took their chance by adding a series of goals of their own to see them comfortable winners in the end. Indeed Legion had reason to thank Robert Osbourne in goal for a string of fine saves as well as a fine goal line fetch from centre back Conor O Leary. In the end a story of one team taking it's opportunities when they came and the other not.

### TALTER JACK KILLARNEY EAST REGION MINOR LEAGUE DIVISION 1.

Result 1 Kilgarvan Tuosist 6-14 (20) Killarney



Legion 3-08 (18)  
Division 2.  
Gneeveguilla 3-14 (23)  
Fossa 3-08 (18)  
Division 3.

### **EAST REGION MINOR LEAGUE DIVISION 3.**

Tempenoe/sneem/Derrynane 21pt spa  
3-09 (18)

U14 East Region Leagues sponsored by  
MD O Sheas Killarney.

Fossa 2-08 Killarney Legion 1-08

Dr Crokes 1-07 Kilcummin 5-13

Listry-Keel 1-07 Furies 1-12

Gneeveguilla 5-18 Kilgarvan-Tuosist 4-10

Rathmore 4-14 Spa 3-11

Kenmare 5-16 Cordal-Scartaglin 5-09

East Kerry Junior Championship O'Sullivan cup

Quartet Final on Tuesday July 24th at 7.30pm

### **MATCH REPORTS**

A match report, covering both teams and both  
teams scorers should be sent by the home PRO  
to the East Kerry PRO by e mail ASAP – if possible  
on the same date as the game at pro.east.kerry@  
gaa.ie but no later than 9.00pm on the Sunday,

### **MATCH RESULTS & REPORTS PROCEDURES**

Match Results and Reports to be sent to The East  
Kerry GAA PRO (Michael O Mahony)

e mail: pro.east.kerry@gaa.ie

Phone: 087 667 6817

## **MILLTOWN/CASTLEMAINE GAA NEWS**

### **KERRY JUNIORS:**

Best of luck to our own Gavin Horan and the  
Kerry Juniors will will play Galway in the GAA  
Football All-Ireland Junior Championship Final  
on Saturday next July 21st at 2pm in Cusack Park  
Ennis.

It is a great honour to have someone from our  
club on the panel. Well done Gavin!

### **GAELIC FOR MOTHERS**

**AND OTHERS:** The Mother's and others from  
our club are very much looking forward to their  
Munster blitz in Mallow on Saturday next, July  
21st. They have done lots of training over the  
past 7 weeks and they now hope they can put  
their new skills to the best possible use on the  
day! Best of luck to all.

### **CAMP FOR FUTURE STARS:**

Our annual Camp for Future Stars will be held in  
August over 4 days commencing -on Tuesday  
August 14 th and finishing on Friday August 17  
th with a party and fun activities. Application  
forms available in local shops or from any  
member of the executive.

### **O SULLIVAN CUP:**

Our seniors(sponsored by Kelly's Londis Topshop  
and Larkins Bar and Restaurant) take on Keel in  
Round 1 of the O'Sullivan Cup on July 19 th with  
a 7.30 start.

The venue is Milltown Castlemaine GAA  
Grounds. So head along and give them your  
support.



DR. CROKES U8 team.



Paula Duggan, Balance Nutrition, Josie Sugrue Belief-Fit Killarney, Josephine O'Driscoll Failte Ireland and Niamh O'Shea Killarney Park Hotel pictured at the launch of Well-Fit Killarney at the Killarney Park Hotel.



Shelley O'Neill, Emma Phillips, Susan Van Der Werwe, Joanne O'Carroll pictured at the launch of Well-Fit Killarney.





# OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



## ALL IRELAND FOOTBALL CHAMPIONSHIP SUPER 8'S

### KERRY CAVE IN FROM WEIGHT OF EXPECTATIONS

DONAL BARRY REPORTS ON A POOR OPENING TO KERRY'S SUPER 8'S GROUP GAME AGAINST GALWAY

#### GROUP 2

#### STORY SO FAR



**KERRY**  
(Munster Champions)

The mood in the county is certainly on a low following their 1-13 to 1-10 defeat to Galway on game week one. For the fourth time in a row Kerry failed to leave Croke Park with a win and remain winless against top flight opposition since 2015.



**GALWAY**  
(Connacht Champions)

With 2 points on the board, Galway head to Kildare knowing that a win will almost secure a semi-final spot. They will be wary that neighbours Mayo perished on this rock.



**KILDARE**  
(Qualifiers)

Cian O'Neill's men in many ways are the surprise package to reach the Super 8's and can be fairly happy with their first day out against Monaghan but they will have been disappointed that they failed to get a result out of last week's Monaghan game. The Galway test will be big and Kerry fans will be watching this with interest as Kildare travel to Killarney in Round 3.



**MONAGHAN**  
(Qualifiers)

The big winners on game day one with a win over Kildare and now have two attempts at a place in the semi-finals and will want to make home advantage count against Kerry.

#### RESULTS

**Kerry 1-10 Galway 1-13**  
**Kildare 1-10 Monaghan 1-13**

#### FIXTURES

**Sunday 22 July: Kildare v Galway,**  
St Conleth's Park, 2pm (RTÉ),  
**Monaghan v Kerry,**  
St Tiernach's Park, 4pm (RTÉ)



KERRY'S MICHAEL BURNS TRIES TO GET HIS SHOT AWAY DESPITE THE CLOSE ATTENTIONS OF THREE GALWAY DEFENDERS LAST SUNDAY.

**KERRY 1-10**  
**GALWAY 1-13**  
At Croke Park

*There could be no measuring the frustration, doubt, disbelief and in some places anger of Kerry supporters as they left Croke Park last Sunday evening after witnessing their sides first ever "Super 8" contest with Galway end in defeat.*

In many ways, the result was probably not the most frustrating aspect of the day rather than the underwhelming performance by Eamonn Fitzmaurice's men who up to then really did not encounter a championship blow along the way with facile wins over Clare and Cork. It was Galway's first championship victory over Kerry in 53 years and there was little doubt about it the longer the game went on as Galway contained the Kerry forward line with relative ease and countered on the break with authority.

Kerry contributed with a huge amount of their own turnovers, while one of the telling stats of the game, being Kerry's return of only 11 scores from 25 chances.

In a first half in which the standard fare could only be described as poor at best Kevin McCarthy fired over Kerry's opener and despite it taking Galway all of 13 minutes to register their first score, it was the tribesmen who dictated the play as they pushed up on each Kerry restart.

Galway pushed ahead by 17th minute when Paul Conroy fired over but it was his last telling contribution as moment later his day was brought to an end by a serious leg injury suffered in an accidental clash with Sean O'Shea. It shook Galway for a stage but they finished the half with three points

unanswered and headed to the dressing rooms 0-6 to 0-5 ahead.

Seemingly firing on dirty petrol Kerry hung on to the Galway challenge as David Clifford kept up the challenge for Kerry but the loss of Killian Young to a red card on the hour mark was to have a telling affect as Galway finally took a strangled hold on the game with Adrian Varley proving very effective from the bench with 0-2.

Galway finally pushed their lead to four before another Galway substitute Patrick Sweeney netted after Shane Murphy had brilliantly saved his first effort.

Fittingly for Kerry it was David Clifford with a stoppage time goal reduced the deficit to just three and in a group that may go to scoring difference it could well be the most crucial score that was ever scored for Kerry at Croke Park.

**Kerry:** S Murphy (0-01, f); J Foley, P Crowley, B O Beaglaoich; P Murphy, K Young, G White; D Moran, J Barry; K McCarthy (0-01), S O'Shea, S O'Brien (0-01); D Clifford (1-05, 0-1f), P Geaney (0-02), J O'Donoghue.

**Subs:** T O'Sullivan for O Beaglaoich (h-t), A Maher for Barry (46), M Burns for O'Donoghue (51), M Griffin for Foley (64), D Walsh for O'Shea (64), BJ Keane for McCarthy (64).

**Galway:** R Lavelle; D Kyne (0-01), SA O Ceallaigh, E Kerin; C Sweeney, G Bradshaw, J Heaney; P Conroy (0-01), T Flynn; E Brannigan, M Daly, S Kelly (0-01); I Burke (0-02), D Comer (0-01), S Walsh (0-05, 4f).

**Subs:** P Cooke for Conroy (23), A Varley for Daly (54), G O'Donnell for Bradshaw (64), P Sweeney (1-00) for Comer (64), F Burke for Burke (75).

Referee: B Cassidy (Derry)





# OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



## ALL IRELAND FOOTBALL CHAMPIONSHIP SUPER 8'S



### KERRY MUST TACKLE CLONES CYCLONE IN BID REDEMPTION

So here we are win and we have a chance and lose and it is all over. Simple enough so for Eamon Fitzmaurice who predicted that all sides in the group would take points off each other and it may well end up with smallest of margins dictating who progressed.

Clones has never been an easy place for Kerry to head to but considering it's the first time since 1935 that Kerry have to play an actual championship game in Ulster and added to the fact that Monaghan after their solid, if unconvincing win over Kildare sets up the Farney side to have a real crack off Kerry. The Kingdom are in doubt about the challenge ahead of them.

After what can only be described as a meltdown against Galway, Kerry have a lot of soul searching to but with little time to dwell on it, that in itself might be an advantage for them.

Monaghan who set up in many ways like Galway will certainly feel that Kerry are certainly more human than mortal have now two good cracks at reaching a semi-final but a trip to Galway in their last round might even at this stage look like a harder nut to crack.

So will Fitzmaurice change his starting 15 in a radical way, or will he give so many of the players who failed to deliver another go. In all the decisions that the Finuge man has made over his term at the helm of the Kerry Senior team, this is the one most likely to define him as a loss will certainly increase the pressure on him and his management team.

So will it be personal changes or tactical changes that he will look to. Well consider that up to a game ago, Kerry were billed as the only team to tackle Dublin, it is more likely that tactics will need to change. A defensive set up against Galway negated a lot of the good football that the team has the ability to play. In saying that not even Fitzmaurice could have adjudged for the poor handling and indeed poor shooting by Kerry. A repeat of this and its curtains. With only David Clifford departing Croke Park with a sense of delivery, the remainder of the forward unit will surely step up a notch. Kerry will need to improve their restarts, far too many kick outs went astray on Kerry in Croke Park and a bigger collection of breaks are needed from

the Kerry half back line who were certainly well below par against Galway.

So as Fitzmaurice and his selectors bunker down for the week away, they will have plenty to ponder on and like a war weary general the Kerry manager will have to make some tough decisions and choices and certainly it will be a make or break moment for him.

I think that while Kerry supporters feel let them, the players themselves will also have this feeling and in many ways they will have it magnified as they realise that it was a bad day in the office. Certainly not the first Kerry team to have one and certainly won't be the last.

Fitzmaurice in a recent press conference to local media said "sometimes a win doesn't make you the best team and a loss doesn't make you a bad team, it's always somewhere in between" and as Kerry enter the field of battle in Clones on Sunday, the real Kerry team will stand up and will still be standing in the championship come Sunday evening with this dark cloud of gloom, much like our fine weather lifting.



MONAGHAN PROVED THEIR METTLE LAST WEEKEND BY COMING THROUGH A TOUGH CHALLENGE FROM A RESURGENT KILDARE.

### SUPER 8'S FOOTBALL GROUP 1

#### STORY SO FAR



#### DUBLIN (Leinster Champions)

Death with the Donegal challenge with little fuss. So much so that they decided to stop playing football and instead kept the ball for the last ten minutes of their game at Croke Park. They won't get it as handy this week in Omagh



#### DONEGAL (Ulster Champions)

Gave a good account of themselves against Dublin and will be hoping to put two points on the board this weekend against Roscommon ahead of their home game against Tyrone.



#### TYRONE (Qualifiers)

Mickey Harte's men can do no wrong running up a massive score against Roscommon. They will more than fancy their chances against Dublin this weekend



#### ROSCOMMON (Qualifiers)

After week one, they look like the weakest team in the Super 8's. They failed to match the speed and strength of the Tyrone challenge and it's unlikely that they will get anything from Donegal this weekend and with Dublin to come in Croke Park, it already looks a tall order for the Rossies

#### RESULTS

**Dublin 2-13 Donegal 0-16**  
**Tyrone 4-24 Roscommon 2-12**

#### FIXTURES

**Sat 21 July: Roscommon v Donegal,**  
**Dr Hyde Park, 5pm (SKY SPORTS),**  
**Tyrone v Dublin,**  
**Healy Park, 7pm (SKY SPORTS)**





# KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

## DISAPPOINTMENT AFTER PHASE 1

Last Sunday Kerry met Galway in Phase 1 of the Quarter Finals and perhaps it is a day Kerry fans may wish to forget. The outcome was disappointing but keeping things in perspective, while a loss is far from the ideal start, we are not out of this year's Championship and we need to come out fighting on Sunday in Monaghan. Of course, no one is underestimating the challenge that lies ahead in Clones. Where we are in our development will become clearer on Sunday, the Clare and Cork scorelines perhaps flattered us but last Sunday we did not play to our potential so it is possible we lie somewhere in between. Éamonn Fitzmaurice has called the Panel a work in progress and it will take 3 years to get to where we want to be in terms of blending youth and experience. We need to get behind the Management and Team as we face into this crucial fixture. The team will be announced on Friday at 8pm on the Kerry GAA website. For those in a position to travel to Clones, tickets are currently available on the tickets.ie website, in the Kerry GAA Store Killarney and in the usual SuperValu and Centra stores around the county. Seating is unreserved and adult tickets are €25 and juveniles are €5. Tickets for the game in Killarney against Kildare are also on sale from the same outlets. The Kerry GAA Supporters Club will take coaches to Monaghan next Sunday. All seats must be booked by Thursday night. The following are the times Farranfore at 6.30am Tralee 7 o'clock and Listowel 7.30am, for booking contact Donal O'Leary, John King or Martin Leane.

## THE KERRY JUNIORS, U20S & MINORS

Kerry meet Galway in the All Ireland Junior final which will be played on Saturday July 21st at 2pm in Cusack Park Ennis. The referee is Brendan Cawley and extra time will be played if necessary. Jimmy Keane will name his team on Thursday on the Kerry GAA website. We wish the Panel, Jimmy and his Management team every success on Saturday! Last Saturday, Kildare booked their place in the U20 All Ireland final after beating Kerry by the narrowest of margins. While things didn't go according to plan on the day, one must credit the Kerry U20s for the brave fight back in the last 10 minutes. With a little bit of luck, Kerry would have most likely snatched a draw but the final whistle sounded and Kerry exited



*Firies U-8 Hurlers following their bouts against St. Pats, Kilgarvan and Rathmore recently.*

the competition on a scoreline of 1-14 to 1-13. Our sincere thanks to these young men who gave it their all in the pursuit of the inaugural U20 Cup. Thanks also to Jack O'Connor, Eamon Whelan, John Crowley, Micheál Ó Sé and all the backroom team for their meticulous dedication to the U20 campaign. The Kerry Minors now know their opposition in the All Ireland Quarter Final following last Friday's Connacht Final. We always knew we were due to play the Connacht Runners Up so following Roscommon's defeat to Galway, our meeting with Roscommon is confirmed for the last weekend in July.

### THE JUNIOR LEAGUES

The Semi Finals are on Friday 20th July at 7.30 pm (Extra time applies)

The Finals are on Friday 3rd August (Extra time applies)

Group 1 Semi final; Gneeveguilla (home) v Killarney Legion

Final; John Mitchels v Group 2 Semi Final; Annascaul (home) v Templenoe

Final; Glenbeigh/Glencar v

Group 3 Semi Final; Ballydonoghue (Home) v Castlegregory

Final; Na Gaeil v Group 4 Semi Final; Dingle C (home) v Listowel Emmets

Final; An Ghaeltacht v

Group 5 Semi Final; St. Michaels/Foilmore (home) v Dr. Crokes C

Final; Listry v

Group 6 Semi Final; Currow (Home)

v Moyvane

Final; Clounmacon v

Group 7 Semi Final; St. Senan's (Home)

v Churchill

Final; Ballymacelligott v

Group 8 Semi Final; Duagh (Home)

v Knocknagoshel

Final; Cordal v Co-ordinator Christy Killeen

email - culturalofficer.kerry@kerrygaa.ie

or phone 087-6865635

## KELLOGG'S CUL CAMPS

Next Monday sees the start of Week Four with football camps in Caherciveen, Rathmore, Knocknagoshel, Ardfert, Annascaul, Glenbeigh, Finuge, Moyvane, Keel and Cordal. Limited places available in some camps, please book online to secure your place or register on Monday morning at the camp.

## KERRY GAA LOTTO

The numbers drawn this week were 6,13,14,16. There was no winner of the jackpot. The 2 winners of €50 each were Mark Daly Kenmare and Ciaran Favier Westmeath.

## INTER FIRM

County Inter-Firm Football Championship Fixtures - Wednesday 18th at 7pm, Fexco Group V AIB GAA in Killorglin. Liebherr V MD



## DO YOU KNOW ANYONE MISSING TWO TERRIERS?



There was occasional thunder in June and on Monday, June 25th two terrier type dogs wandered in to a house in the Scartaglen area where they were immediately given water by the family and they have been feeding and looking after them since.

Presumably they both belong to the same person and are not just friends that ran away together terrified by the thunder, either way they have not done any harm and the owner or owners need not be afraid to come forward as all the family wish to do is return them safely to their rightful home.

One is black and one is brown with black hairs on its back and neither are microchipped, they are very friendly and are good with children.

If they are yours or if you know who they belong to please ring 087 698 3189.

Readers spread the word as widely as possible please as those dogs could have travelled a very long distance.

## ARE YOU HAVING TROUBLE SLEEPING? BOOSTING YOUR MELATONIN LEVELS CAN HELP:

Melatonin is a hormone produced by the pineal gland. It's vital for making you sleepy at night so you're energised in the morning. While some people prefer to take melatonin supplements for sleep, why not try the natural methods below before opting for supplements.

\*Walking under the sun for 10 minutes every day can improve quality of sleep. Research shows that sunlight exposure increases melatonin production at night.

\*Camping can reduce exposure to artificial light and, as a result, normalize your melatonin levels.

\*Exposure to blue light blocks melatonin. That's why it's important to avoid TVs, computers, phones, and other devices that emit blue light, for one hour before bed.

\*Give in to your night-time sugar cravings - that doesn't mean reaching for a chocolate bar, but you can satisfy your sweet tooth with pineapples, oranges, bananas, and tart cherry juice as they are good sources of melatonin.

\*Avoid alcohol and caffeine - some people think alcohol aids sleep, but it doesn't. It may help you

fall asleep faster, but it interrupts deep sleep.

\*A hot bath before bed makes us relaxed and boosts melatonin levels - but please wait for the end of the drought before trying this one!

## WELL DONE NORTHERN IRELAND:

More Than 1,000 Syrian Refugees Welcomed In NI  
26th June

On World Refugee Day (June 20th) a further 78 Syrian refugees arrived in Northern Ireland, bringing the total number who have arrived in there to 1,010.

Head of the Civil Service, David Sterling, praised the humanitarian effort by organisations and people across Northern Ireland taking part in the Syrian Vulnerable Persons Relocation Scheme.

"It is fitting that during Refugee Week, we welcomed the 1,000th Syrian refugee to Northern Ireland", he said.

Over the last three years, organisations and people across Northern Ireland have played our part in this humanitarian effort and I am proud of everything we have achieved together to welcome these families into our society and offer them a new future.

Today we are recognising the considerable effort which has helped to ensure the transition has been as smooth as possible.

Ian Snowden, who leads the operational delivery of the programme in the Department for Communities, added: "It has been a challenging experience but is one of the most rewarding projects I have worked on.

"As a father of two boys, every time I see the mums and dads and their children arrive at the airport I am struck by how frightening it would be to move your entire family to a new country and start again. Despite the challenges they face, the refugee families who have arrived in Northern Ireland have embraced life here

"Some have gone on to study at University for the careers they wished to pursue but couldn't in Syria or the surrounding camps. Children are thriving in schools. We have had sporting success and many examples of how the Syrian culture is enriching the communities in which the families live".

## QUOTE:

"It is through this mysterious power that we too have our being, and we therefore yield to our neighbours, even to our animal neighbours, the same right as ourselves to inhabit this vast land" - Sitting Bull.

## ON THIS DATE - JULY 20TH:

1715 - The Riot Act went into effect in England.

1773 - Scottish settlers arrived at Pictou, Nova Scotia (Canada).

1801 - A 1,235 pound cheese ball was pressed at the farm of Elisha Brown, Jr. The ball of cheese was later loaded on a horse-driven wagon and presented to U.S. President Thomas Jefferson at

## MARGARET'S RAMBLINGS

the White House.

1810 - Colombia declared independence from Spain.

1881 - Sioux Indian leader Sitting Bull, a fugitive since the Battle of the Little Big Horn, surrendered to US troops in Montana.

1837 - Euston railway station opened in London as the terminus of the London and Birmingham Railway (L&BR), the city's 1st intercity railway station

1850 - John Graves Shedd, president of Marshall Field and Company, was born. He was the first Chicago merchant to give his employees a half-day off on Saturdays.

1868 - Legislation that ordered U.S. tax stamps to be placed on all cigarette packs was passed.

1903 - 93 year old Pope Leo XIII died. He served 25 years, four months and 17 days.

1919 - Edmund Hillary explorer was born in Auckland, New Zealand

## A FORMER US PRESIDENT WELCOMES A NEW FAMILY MEMBER:

Former President George H.W. Bush has a brand-new companion to keep him active and entertained - a yellow Labrador retriever named Sully.

94 year old Mr. Bush explained that Sully isn't just another pet: he's a service dog trained by America's Veterans Dogs, which trains and places service dogs with disabled veterans and first responders to help them live their lives or as part of a rehabilitation process. Sully's predecessor Charlie was also affiliated with America's Veterans Dogs and Mr. Bush is a perfect recipient, having served in the Navy during World War II.

Sully's trainer Olivia Poff said that Sully will be able to help Bush around the house with tasks like opening doors, summoning assistance and picking up dropped items and will also be a great companion to him after the loss of his wife of 73 years, Barbara Bush who died last April.

She also noted that Sully is already settling in nicely. "The first words that President Bush said when Sully walked into the room was, 'Welcome home,' so they're already off to a wonderful start," she said.

Dogs have long been a part of the Bush household; Millie and Ranger shared the White House when Mr. Bush was president and Golden Cocker Spaniel C. Fred Bush even "wrote" a book!

## DID YOU KNOW?

Botanists say a tomato is a fruit, but what many people don't know is that in the United States, tomatoes are legally vegetables. In 1893, the Supreme Court ruled that a tomato should be classified as a vegetable "based on the ways in which it is used, and the popular perception to this end." If you're wondering why the Supreme Court was ruling on something like this, it had to do with taxes. Vegetables at the time were taxed, but fruits were not.





**SouthWest  
Counselling Centre**

## HAPPINESS IN THE WORKPLACE



For many of us a great deal of our day is spent in the work place – or thinking about work, therefore it makes sense that we would aim to make our working lives a happy and pleasant experience. However, when faced with various frustrating challenges at work our stress levels can increase and lead to anything from burnout to boredom to distraction. Whilst some levels of stress at work are normal, excessive stress can interfere with productivity as well as our physical and emotional wellbeing.

In her book *Real Happiness at Work*, Sharon Salzberg discusses eight pillars of happiness in the workplace. These include balance; concentration; compassion; resilience; communication and connection; integrity; meaning; and open awareness. Throughout the book she presents formal meditations along with mini meditations and practices for the reader to try out. These exercises are simple, small and practical ways in which we can achieve greater calm and satisfaction.

The following includes some of the advice she gives us to have a more peaceful and happier day at work.

1. Before starting a project, meeting or even a conversation, ask yourself: "What do I most want to see happen from this?"
  2. Before starting your day, set an intention. She gives the following example: "May I treat everyone today with respect, remembering each person wants to be happy as much as I do."
  3. Try to perform a simple act of kindness every day. The following are such examples: "holding a door, saying thank you in a sincere manner, or listening to someone with a clear and focused mind."
  4. Pay attention to your feelings. For example, if you're feeling irritated toward a co-worker, pay attention to your irritation, "not so much the story of why you're irritated, but the actual feeling of it." What does it feel like in your body? Where do you feel it? Identifying irritation as it starts helps you prevent an action you might later regret. "With a more immediate recognition of what we're feeling, we have a choice as to how we want to respond in that moment."
  5. Think about the people who make your job possible, such as a housekeeper, caretaker or fundraiser – and thank them.
- These are just some simple measure we can take to generate more happiness in the workplace. Over the next few weeks we will take a closer look at Stress, Workplace Stress and how we can manage it in our lives.

**SouthWest Counselling Centre Killarney.** SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre.  
[info@southwestcounselling.ie](mailto:info@southwestcounselling.ie).

**Kerry LifeLine** provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide.

[info@kerrylifeline.com](mailto:info@kerrylifeline.com) To make an appointment call 064 6636416/064 6636100



**SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision**



**Citizens  
Information**

## Know Your Rights:

### QUESTION

Our neighbours often have noisy parties that keep us awake at night. We don't really want to call the Gardaí – what else can we do?

### ANSWER

Noise nuisance can be a frustrating problem, especially if your family's sleep is disturbed. You should first talk to your neighbours about the noise and explain how it is affecting your family. Keep a note of these discussions. You could also keep a noise diary, noting the type of noise, time, date, duration and its effects on your family.

If this doesn't work, you can write to your neighbours, giving details of the noise and how it is disturbing you. You may suggest to them that you will take legal action if the noise continues. Keep copies of your communication with them.

If your neighbours are private tenants, they are not allowed to engage in anti-social behaviour – this includes persistent noise that interrupts the peace of other homes. You can complain directly to the landlord if you do not get a satisfactory response from the tenants. You can also complain to the Residential Tenancies Board (RTB) if the landlord does not deal with the problem. (The landlord must be registered with the Residential Tenancies Board.)

Tenants of local authority housing must also avoid any nuisance (including noise) to other people in the neighbourhood. If the noise persists, the tenants are in breach of their tenancy agreement and the local authority can take steps to enforce the terms of the agreement.

If the noise continues to be a problem, you could check if there are mediation services available in your area to help you resolve the dispute. You can also file a complaint in the District Court. At least seven days before the date for the hearing of your case, you must serve notice on your neighbours, using the Environmental Protection Agency Act 1992 - noise form of notice. If the court finds in your favour, it can order your neighbours to take measures to prevent or limit the noise.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherdveen 0761 07 7780

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.



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### ED 30

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### ED 30

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### ED 27,28, 29

**GLENDALOUGH DAY TRIP** – on Thursday 26th July – Guided Tour of the Monastic Site – Mass afterwards with Fr. Thady Doyle (Editor of The Curates Diary) – For further details

**Call: Theresa on 087 – 7457750**

### ED 32

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**Friday July 27th, at 8pm**

Gleneagle Hotel, Killarney

**Saturday July 28th, at 11am**

Torc Hotel, Killarney

*'You shall know the truth and the truth shall set you free' - 8.31-32*

Contact Stephen Monds: 087 7686120



## A Word of Victory



Welcome back dear reader continuing on intimacy with the Lord; Jesus prayed that God's people would be 'one' as He and the Father are One. (John 17:21) This is the same word as when a man and woman get married and become 'one' in the eyes of God, as well as becoming 'one' in their physical bodies. It's why when a person is bereaved of their spouse there is such tremendous loss – the other half of them gone. This is also why the devil does his utmost to prevent people from committing to marriage. Don't believe the baloney – sex outside of marriage is not just a physical act – the couple are joining themselves to each other in the Spirit, and, outside God's original plan of marriage between a man and his wife it's an open door for curse. (Mark 10:7-8) It's often the reason people struggle to connect with their spouse, because of having yoked themselves to other sexual partners in the past, there are soul ties forever linking them together in the Spirit which need to be broken in order to receive freedom. If this witnesses with you pray this prayer aloud; 'Father I repent and ask Your forgiveness of fornication and all my sins and I receive cleansing from the blood of Your Son Jesus. I renounce every work of Satan. Lord remove every ungodly soul tie between me and anyone from my past. I dedicate my life (and marriage and children) to You Lord Jesus and ask You to be Lord of my life. Fill me with Your Spirit, lead and guide me into all truth. I receive freedom today from every curse of sexual sin in Jesus' name. Amen'.

This is not a popular topic, but if we are truly set upon knowing the Lord, we need to deal with these issues when they arise. It is the Holy Spirit Who brings conviction, and the blood of Jesus is there to cleanse us from all unrighteousness. Don't get caught up again in sin – repentance means turning away from old habits. (Hebrews 12:1) Seek God's Word for yourself friend and receive freedom from the things which have held you in bondage, or opened the door to sickness and torment in your life. The fear of the Lord challenges us to change for the better. Finally, "what joy for the nation whose God is the Lord" (Psalm 33:12) – God have mercy on our country for the latest attack on Israel by our Senators. Remember friend, our judgement of Israel brings judgement on ourselves (Genesis 12:3) – See more on [www.wordofvictory.net](http://www.wordofvictory.net).

More next week...

E: [wovkillarney@gmail.com](mailto:wovkillarney@gmail.com) - T: 064-6622950 - [wordofvictory.net](http://wordofvictory.net)

## On the box Killarney Outlooks weekly soap column

self-confessed  
Soap addict,  
Joe Burkett takes a  
look at what's in  
store in the soaps  
this week



### EASTENDERS

It's all kicking off in the Square as Tina attacks Stuart leaving him for dead. Later, Tina is arrested. Meanwhile, Kush struggles with his grief. Elsewhere, Kat is kind to Hayley not knowing her secret.

### CORONATION STREET

Danger looms large as Kayla kidnaps Bethany and holds her hostage. As Bethany struggles to cause, Tyrone discovers that his mother has passed away. Meanwhile, Claudia returns to poach Maria from Audrey. Elsewhere, Leanne is shocked by Eva's sudden departure.

### EMMERDALE

A killer secret could be unearthed as Lachlan struggles to conceal his guilt. As Belle and Robert become suspicious, Lachlan scrambled to cover his tracks. Meanwhile, Aaron plans to propose to Robert. Elsewhere, Victoria feels a spark with Matty.



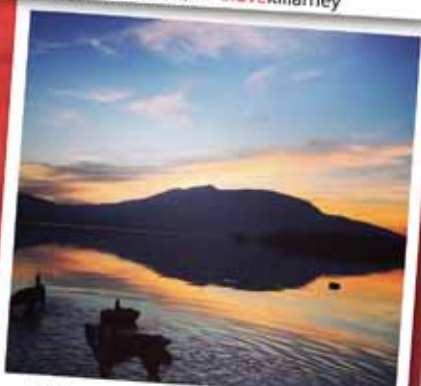
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@chelslowela THIS WAS THE FIRST BIT OF GREY WE'VE SEEN IN DAYS. AND WE ALL LOVED IT, ACTUALLY. #lovekillarney

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**1ST ANNIVERSARY**

In Loving Memory of

## **NIAMH PIERCE** (NEE HALLISSY)

**late of Swords & Killarney, who died  
on the 20th of July 2017.**

*Think of her as living  
In the hearts of those she touched.  
For nothing loved is ever lost  
And she was loved so much.*

**Missed and loved always, Tim, Seán,  
Kate, Mary and family.**

**Niamh's first anniversary mass will be  
held in the Church of the Resurrection  
on Saturday July 21st at 6.00pm.**

**ACKNOWLEDGEMENT  
& 1ST ANNIVERSARY**

In loving memory of

## **NIAMH PIERCE** (NEE HALLISSY)

**Swords, Co. Dublin and Killarney,  
who died on the 20th of July 2017.**

On the first anniversary of Niamh's death, her husband Tim, children Seán, Kate and Mary, Niamh's mother Mary and extended family wish to express our heartfelt thanks to all who sympathised with us on our sad loss. Your support and kindness has been greatly appreciated. Thanks to those who sent mass cards, letters of sympathy or in any way supported us during this difficult time. Niamh's close friends and relatives were very important to her and they were an immense source of strength and compassion at this time. Many thanks to all who lit candles and prayed for Niamh, you brightened up her days. A special word of thanks to Fr. Niall Howard for the sincere and thoughtful ceremony. Thanks also to all who participated in the Niamh's funeral mass, making it very special. Our heartfelt thanks to Professor Grogan and all the nurses and care staff in the Bons Secours and Beaumont hospitals who provided such great care. Thank you to O'Shea undertakers for their professionalism and compassion. As it is not possible to thank everyone individually, please accept this acknowledgement as a token of our appreciation.

***The Holy sacrifice of the Mass will  
be offered for your intentions  
in the Church of the Resurrection on  
Saturday July 21st at 6.00pm.***

**NOVENA TO THE  
SACRED HEART**

Thanking ye Sacred Heart, Our Lady,  
All the Angels and Holy Spirit. And the  
Universe St Jude, St Anthony, St Padre Pio,  
St Marta and all to all of the Saints  
for favours received.

X

**NOVENA TO THE  
SACRED HEART**

Sacred Heart, St Jude, St Anthony. And  
to all of the Saints for favours received.  
And thanks to the universe. X

**THE MIRACLE  
PRAYER**

Dear Heart of Jesus in the past I have  
asked many favours. This time I ask you  
this special one, (mention favour).  
Take it dear heart of Jesus and place it  
within your own broken heart where  
your Father sees it.  
Then in his merciful eyes it will become  
your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be  
granted.

**E.O.S**

**THE MIRACLE  
PRAYER**

Dear Heart of Jesus in the past I have  
asked many favours. This time I ask you  
this special one, (mention favour).  
Take it dear heart of Jesus and place it  
within your own broken heart where  
your Father sees it.  
Then in his merciful eyes it will become  
your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be  
granted.

**C.W**

**THE MIRACLE  
PRAYER**

Dear Heart of Jesus in the past I have  
asked many favours. This time I ask you  
this special one, (mention favour).  
Take it dear heart of Jesus and place it  
within your own broken heart where  
your Father sees it.  
Then in his merciful eyes it will become  
your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be  
granted.

**M.A**

**NOVENA TO THE  
SACRED HEART**

Sacred Heart, St Jude, St Anthony. And  
to all of the Saints for favours received.  
And thanks to the universe.

**2nd ANNIVERSARY**

In loving memory of

## **JOAN MAC SWEENEY**

**4 St. Anne's Road, Killarney  
Who died on 2nd August 2016**

*Months and years go gently by,  
But love and memories never die.  
No longer in our lives to share,  
But in our hearts you are always there.*



Loved and remembered by your sister  
Noreen, Johnny and family.  
Brothers Pat, Davie, Timmie, Dan, Denis  
and sisters Margaret, Mary, Monica,  
Nieces and nephews,  
and great grand-nephew Aidan.

**5TH ANNIVERSARY**

In Loving Memory of



## **CIAN O'DONOGHUE**

**Born into eternal life  
on 19th of July 2013**

*Deep are the memories  
Precious they stay  
No passing of time  
Can take them away  
They bring a smile  
Sometimes a tear  
But always a wish  
That you were still here.*

Sadly missed and lovingly remembered by  
your Auntie Siobhan, Uncle in Law Jerry,  
Cousin's Cassandra and Ellen and Grand  
Uncle Jerry.

***A silent thought, a quiet prayer  
For a special person in God's care.***

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