

"Out First Every Friday"

KILLARNEY Outlook

To Advertise call Des: 087 659 3427 or Tel: 064 66 70000 Email: killarneyoutlook@outlookmags.com



Golden Chopsticks Chinese Restaurant

Mon - Sat: 3pm - 11pm | Sun: 12.30 - 11pm

Scotts Street Killarney
(opposite Peter Mark Hair Salon)
Tel: 064 66 22005

Gift Vouchers Available

Visit our website on www.goldenchopstickschinese.com
Check our Menu | Reserve on line with your Special Requests

RESTAURANT SPECIAL

EARLY BIRD SPECIAL -

€15.00 per person

Offer 2 Courses + Rice and Chips.

Monday - Saturday: 3.00pm - 6.00pm

Sunday: 12.30pm - 6.00pm

SUNDAY LUNCH MENU SPECIAL

- €12.50 per person

Appetisers + Main Course + Tea or Coffee

(Including Rice or Chips).

Sunday: 12.30pm - 4.00pm

SAVE YOUR MONEY & FUEL
with our TAKE AWAY MEGA MEAL DEALS

Free Delivery within 2 mile radius of Killarney Town

Peugeot Partner Scrapage Deal

Back at Reens Rathmore

€3,000

SCRAPAGE DEAL
back at Reens
February
ONLY



All Vans now come as
standard with Blue Tooth
and low cost finance

T&C Apply.

REEN'S CAR SALES RATHMORE

Oldchapel, Rathmore, Co. Kerry

Tel: 064 7758150



PEUGEOT

Irish **citylink**

KILLARNEY TO/FROM

GALWAY

NON-STOP EXPRESS in only 2hrs 45mins



Daily Services Recommence

Monday 2nd March 2015

Book Online at Citylink.ie
for best value fares and to guarantee your seat



ON BOARD Toilets on board

Tel 091 564164

THE FABULOUS FABRIC COMPANY
Beyond Measure

Free professional advice

f Curtains · Blinds · Wallpaper
Headboards · Upholstery fabrics

Tel: 026 45235 Email: info@tffc.ie Web: www.tffc.ie
Ballymakeera, Co. Cork

Image Courtesy: Matthew Williamson



T: 066 7193509
M: 086 8633143

E: brinsulation@hotmail.com
W: www.brinsulation.ie

"Your local Kerry based company"

C2 REG
FULLY INSURED



- external wall insulation -
- cavity wall insulation -
- attic insulation -
- internal wall drying -

Save up to
60%

LIVE LEARN DISCOVER

Scholarships

AT IT, TRALEE

INSTITUTE OF TECHNOLOGY
TRALEE
INSTITIÚID TEICNEOLAÍOCHTA TRA LI



Science, Technology, Engineering and Mathematics (STEM) Scholarship Programme

The IT, Tralee STEM School has developed, in partnership with companies in the region, a STEM Scholarship Programme for CAO applicants in the areas of civil and environmental engineering; energy and the built environment; food; agriculture; manufacturing and mechatronics.

For further information contact:
Dr. Brendan O'Donnell,
Head of Department in STEM, IT, Tralee.
Tel: 066 71 44170
Email: Brendan.ODonnell@staff.ittralee.ie



Sports Scholarships

The scholarships reward excellence and encourage outstanding performance in a variety of sports and are open to applicants for any programme at IT, Tralee.

Past recipients were involved in:

**ATHLETICS • BASKETBALL • BOXING • CAMOGIE
FOOTBALL • HANDBALL • HOCKEY • HURLING
JUDO • LADIES SOCCER • ROWING • RUGBY
SOCCER • TAEKWON-DO**

All sports are considered.

For further information contact:
Amy Collins, Sports Officer, IT, Tralee
Tel: 066 7145644
Email: amy.collins@staff.ittralee.ie

IT, Tralee Scholarships are worth up to €1,000 each year for the duration of the programme (subject to terms and conditions).

For further information or to apply visit
www.ittralee.ie/scholarships

Closing date for all applications is **Friday March 6th, 2015.**



at Institute of Technology Tralee

KCINEMAKILLARNEY
East Avenue Rd, Killarney, Co. Kerry 

Friday 20th - Thurs 26th Feb 2015

 THE WEDDING RINGER (15A) 110m 7 Days 6:30 9:00	 PATRICK'S DAY (7.5A) 110m 7 Days 9:00	 50 SHADES OF GREY (18) 135m 7 Days 6:05 8:45	 PROJECT ALMANAC (12A) 115m 7 Days 6:30 9:00
 SHAUN THE SHEEP MOVIE (G) 95m Fri/Sat/Sun 2:10 4:10 Sat/Sun 12:30	 JUPITER ASCENDING (12A) 135m 7 Days 6:30 4:05	 KINGSMAN (16) 140m 7 Days 8:45	
 BIG HERO 6 (G) 105m Fri/Sat/Sun 2:10 4:10 Sat/Sun 12:10	 AMERICAN SNIPER (15A) 140m 7 Days 6:10	 INTO THE WOODS (PG) 135m Fri/Sat/Sun 2:05 4:25	
 PENGUINS OF MADAGASCAR (G) 100m Fri/Sat/Sun 2:15	 PADDINGTON BEAR (G) 105m Fri/Sat/Sun 2:10 4:10		

KIDS CINE CLUB
Sat 21st & Sun 22nd Feb

PENGUINS OF MADAGASCAR (PG) 100m **12:15**
NIGHT AT THE MUSEUM (PG) 110m **12:05**
TINKERBELLE (G) 90m **12:05**


CELEBRATE YOUR BIRTHDAY WITH US

SPECIAL BIRTHDAY PACKAGES AVAILABLE INSTORE FOR AS LITTLE AS €3 PER CHILD



FOUR STAR PIZZA

 **KENMARE PLACE KILLARNEY**
064 66 30222

KERRY COLLEGE OF FURTHER EDUCATION
KCFE 
Enhancing Knowledge, Developing People

OPEN DAY
Thursday 5th March - 11.00am to 7.00pm

Full Time Further Education Programmes for Post Leaving Certificate and Mature Learners

This event is aimed at:
School Leavers, Unemployed, Those Wishing to Change Career Direction, Up-Skill, Re-Skill etc...


- Campus Tour
- Career Advice
- Various Workshops
- Financial Supports for School Leavers & Mature Learners
- Student Support Services
- Using Further Education as a Progression Route to Third Level

Programmes Commence in September 2015

Programme Areas:

- Accounting, Business, Computing, Secretarial Studies
- Construction, Engineering
- Childcare, Social Studies, Nursing Studies, Veterinary Assistant
- Sports Therapy, Beauty Therapy
- Art & Design, Multimedia, Professional Cookery etc

Further Information Available at www.kerryfe.ie | Tel: **066 712 1741**  **facebook**

 Application System Now Open: www.kerryfe.ie

NEW Urgent Care Centre **NOW OPEN**



**BON SECOURS HOSPITAL
TRALEE**
Bon Secours Health System
Advanced Medicine Exceptional Care



Opening Hours: Tues to Fri from 9.30am to 5.30pm

Treating: Non-life or limb-threatening injuries & ailments • No appointment necessary*

*Initial Consultation Fee of €120 will apply up to a Maximum Fee Payable of €480
(Excludes CT's, MRI's, Complex Scans and Insurance excesses – if applicable).

We cannot treat children under 4

Full details at www.bonsecours.ie or call **066 7145999**

The Urgent Care Centre is located on the main hospital corridor, close to reception



MARK COYNE TYRE SHOP

"HONEST ADVICE" "HONEST PRICE"

STOCKISTS OF QUALITY KUMHO TYRES 

EXPERT QUALITY SERVICING
ALL MECHANICAL WORK CARRIED OUT



BASIC CAR SERVICE STARTING FROM €60

- 2010 FORD FOCUS -

- OIL & FILTER CHANGE • SPARK PLUGS REPLACED
- AIR FILTER REPLACED • TOP UP ALL FLUIDS
- CHECK LIGHT BULBS • CHECK BRAKES
- FREE MECHANICAL EVALUATION **€120**

087 2726287 / 064 6671987
UPPER ROSS ROAD (BELOW AMBER FILLING STATION)



O'Sullivan's Pharmacy
81 New Street, Killarney, Co. Kerry
Tel: 064 6635886

We are now stocking
the top quality
Range of
**Mueller Sports Care
Braces & Supports**



Mueller
Sports Care
BRACES & SUPPORT

Hoist for Hire

(Outreach 22 mts - height 38 mts max)



- Ideal for the repair of extra high buildings.
- Power Washing - Painting etc.

Call Martin on
087 6785158

Also available special
4 Wheel Drive Hoist, (3 tonne).
Ideal for working on
football pitches or lawns.
(Will not damage ground).



Martin Leahy

**Turf & Grass Care
Machinery Specialist**

**On Site Repairs
& Servicing**

**Motors, Pumps & Hydraulic Hoses
Machine Rebuild or Part Rebuild
Machine Safety Assessment**

**Winter Servicing
Summer Maintenance**



Killarney, Co. Kerry
Mobile: 087 9880435
Email: leahymartin@yahoo.ie

€50,000 AND COUNTING RAISED AS STRICTLY ROCKS THE INEC

Spectacular... amazing... fantastic.... just some of the accolades heaped on the organisers of Strictly Come Dancing 2015 which was held at the INEC on Friday night last in front of a crowd of 2,500. The event is expected to raise something in the region of €50,000 for the Irish Cancer Society, all of which will stay locally helping people who are living with cancer.

For the word go the lady behind the scenes of Strictly, Myra Fitzgerald knew what she wanted to achieve. Having been approached by her aunt Kathrine Breen, a committee member of the Killarney Branch of the Irish Cancer Society, Myra got the ball rolling.

She gathered 24 dancers, 4 judges, 2 hosts and an amazing dance teacher in Joe Burkett.

"The success in the event was down to the group involved, the community spirit within Killarney getting behind the dancers and supporting such a great cause and the team behind the scenes putting everything in place, said Myra.

"We were so pleased with how the show went and the atmosphere in the INEC was superb. Everyone was so supportive of the 24 dancers and got behind each and every couple. I was blown away at how professional everyone was and the feedback from the audience was great. I was delighted to be part of such an amazing event and to be in a position to help the Irish Cancer Society. Standing on the stage on Friday



ORGANISER EXTRAORDINAIRE MYRA FITZGERALD.

13th February made it all worth while, she added. Meanwhile, Eugene O'Sullivan, Chairperson of the local branch has extended his heartfelt thanks to everyone involved. "It has been an amazing experience for everyone involved and I would like to thank Myra and Joe, the dancers, judges, sponsors and the committee for everything that they have done for the society", he said. Strictly Come Dancing 2015 has certainly been a resounding success.



PICTURED AT THE INEC RIGHT BEFORE THE PERFORMANCE OF STRICTLY COME DANCING KILLARNEY WERE THE DANCERS, ORGANISERS, CHOREOGRAPHERS AND THE IRISH CANCER SOCIETY COMMITTEE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

BEHIND THE SCENES.... AT STRICTLY



JOE'S BLOG....

For one night only... The INEC was alive with the sound of Strictly Come Dancing and what a night it was. The adrenaline was pumping with a mixture of excitement and nerves but as the showbiz saying goes "The Show Must Go On". And on it went to an amazing and supportive audience of 2,500. Both Myra and I stood backstage at the INEC as our 24 inspirational dancers took to the floor for the first time and seeing them looking so sharp and professional we couldn't help but feel so very proud of them. It was a brilliant moment and one that I will never forget. I've heard people liken it to watching your child walk into school for the first. I was a very proud parent that night seeing my Strictly's achieve so much. As the night rolled on and the dancers performed, we all waited to hear the judges remarks. Thankfully, the judges were hugely positive... I never had any doubt they would. All the dancers trained and worked so hard on their routines you couldn't help but be caught up in the romance of the Waltz, the excitement of the Samba and Salsa and the jaw-dropping lifts pulled off by our Strictly champions Michael Bernard and Grainne. So then it was time for myself and Myra to strut our stuff on the dance floor. While a little bit nervous to begin, we soon got into the swing of things. And once again the judges were very complimentary to us. The night was coming to a conclusion and after watching the triumphant Tango, the seamless American Smooth, the high energy Jive, the slick Charleston, the elegant Foxtrot, the seductive Cha, Cha, Cha, the fast and furious Quickstep and the enchanting Rumba it was time to crown a winner. And at that point it was anyone's game. All the dancers were very worthy winners, how could one possibly pick but the judges had too. And the winner is... Micheal Bernard and Grainne. The sheer explosion of applause for the couple was fantastic. As saying the goes, we're all winners I think is very apt as after Micheal Bernard and Grainne accepted their prize, we all danced together again for the final time (sad face) as a group. To go out on such a high as group of dancers and now friends, was a moment that I will live with me forever.

On person note, I would like to thank the people of Killarney for coming to support such a worthy cause on the night. See you again Next Year x x



Foley's



Fossa



FREE WIFI

**SIT DOWN AREA,
INSOMNIA COFFEE,
OPEN
7AM- 10.30PM
SEVEN DAYS**

OUR SERVICES INCLUDE: ● Large Deli with delicious freshly prepared food - Eat in or take way.
● Insomnia Coffee Station ● **Free WiFi** ● Fast Friendly Service ● **Customer Toilets**

Foleys Spar Express, Fossa Killarney Tel: 064 6633907

Opening Hours: Mon - Sun 7.00am - 10.30pm



Foleys Spar Express, Iveragh Rd, Killorglin Tel: 066 9761118

Opening Hours: Mon - Sat 7.00am -11.00pm Sun 8.00am - 11.00pm



A STRICTLY SUCCESSFUL SHOW....

PICTURE **MARIE CARROLL-O'SULLIVAN**
087 391 4808

KILLARNEY OUTLOOK PHOTOGRAPHER MARIE CARROLL O'SULLIVAN CAPTURED THE MAGIC THAT WAS STRICTLY COME DANCING AT THE INEC ON FRIDAY NIGHT....



WINNERS.... GRAINNE O'SULLIVAN AND MICHAEL BERNARD O'DONOGHUE DANCING THE THE PASO DOBLA BOLLYWOOD.



MARIE WADE AND TERRY CUMMINS DANCING THE SAMBA.



BRIAN FINNEGAN AND LISA RAGOSA DANCING THE FOXTROT.



KATE O'LEARY AND PAT O'NEILL DANCING THE CHARLESTON.



GEMMA KAVANAGH & ADRIAN O'SULLIVAN DANCING THE JIVE.



BREDA O'CONNOR AND BATT O'SULLIVAN DANCING THE SALSA.



MIKE O'LEARY AND BREDA JOY DANCING THE WALTZ.



LEONARD SULLIVAN AND NORRITA CRONIN DANCING THE TANGO.



MARY MACMONAGLE AND JOE GAFFEY DANCING THE AMERICAN SMOOTH.



ORGANISER MYRA FITZGERALD AND CHOREOGRAPHER JOE BURKETT'S DANCE INCLUDED A FUSION OF STYLES INCLUDING THE AMERICAN SMOOTH AND THE TANGO



LORRAINE KELLY AND JOHN JOE CULLOTY DANCING THE CHA CHA CHA.



JOHN FENTON AND AISLING CROSBIE DANCING THE RUMBA.



CATRIONA WHITE AND DERRY HEALY DANCING THE QUICKSTEP



11 New Street Killarney Co Kerry | Tel: 064 66 33344 / 66 33418 | Fax: 064 66 33139

Email : jphealyinsurances@eircom.net

Incorporating Irwin Insurances and Casey Insurances Ltd Est 1981

SAVE MONEY ON CAR INSURANCE

We search the market negotiating the best quotes from over 12 Insurers. Most of the time we are able to obtain better quotes than if you contact them directly or online.

See for yourself in this example:

FBD €570.10

No Nonsense €481.99

Liberty €462.51

AIG €404.67

JP HEALY €350.00

- 30 Year old Insured and Spouse based in Kerry social use
- Full Licence 5 years
- Full No Claims Bonus
- Clear Record, No penalty points
- Third party fire and theft cover with windscreen on a 2008 Toyota Corolla 1.4
- Includes Step Back bonus Protection

Irish Brokers
association



James P Healy & Co Insurances Ltd is regulated by The Central Bank of Ireland. JP Healy quote includes Government levy and intermediary Brokerage charge. Quote is underwritten by Axa Insurance Ltd. Please contact us for your individual quote. Terms and conditions apply. Comparison quotes from websites and correct @ 20/01/2015

STRICTLY SUPPORTERS TURN ON THE STYLE

PICTURE MARIE CARROLL-O'SULLIVAN
087 391 4808



FOUR GENERATIONS PRESENT AT THE INEC IN SUPPORTING DANCER BREDA O'CONNOR AT KILLARNEY'S STRICTLY COME DANCING BENEFITTING THE IRISH CANCER SOCIETY. L-R JESSICA O'CONNOR (BREDAS DAUGHTER), TESS CARROLL (BREDAS MUM), BREDA O'CONNOR (DADGER), AISLING O'CONNOR (BREDAS DAUGHTER), DANNI KISSANE (GRAND NIECE) AND CHIARDA O'CONNOR (GRANDDAUGHTER).



WINNERS OF STRICTLY COME DANCING KILLARNEY AT THE INEC, DANCERS GRAINNE O'SULLIVAN (RIGHT) & MICHAEL BERNARD O'DONOGHUE (RIGHT) WITH ORGANISER AND CHOREOGRAPHER JOE BURKETT CENTRE WITH MICHAEL BERNARDS NEICES AND NEPHEWS IN FRONT L-R BETH & KATE HEALY AND MICHAEL O'MEARA.



ENJOYING THE PERFORMANCE AT THE INEC FOR STRICTLY COME DANCING KILLARNEY WERE L-R ROSE TANGNEY, DANNI KISSANE AND CLAIRE TANGNEY.



PICTURED AT THE INEC FOR KILLARNEY'S STRICTLY COME DANCING WERE L-R DAVID & EILEEN FULLER, COLM O'BRIEN & ROSIE FULLER.



PICTURED AT THE INEC FOR KILLARNEY'S STRICTLY COME DANCING L-R NORMA FOLEY, EOIN BARRY, COLETTE O'LEARY & ELAINE DOYLE.



DANCER PAT O'NEILL SUPPORTED BY FAMILY AND FRIENDS AT KILLARNEY'S STRICTLY COME DANCING AT THE INEC BACK ROW L-R ANNE MCCARTHY, CAROLINE SWEETMAN, EDEL SWEETMAN, PAT O'NEILL, FINN O'NEILL, GERALDINE O'NEILL AND MARIE & PAT CHAWKE. FRONT ROW L-R LARA & LUKE O'NEILL.



SUPPORTING THE KILLARNEY OUTLOOKS EDITOR AISLING CROSBIE WERE BACK ROW L-R LINDA EVISTON, LISA O'SHEA, DES O'CONNOR, BOB O'CONNOR, MARION O'SHEA & NOREEN O'SHEA. FRONT ROW L-R KARIE O'TOOLE, SEAN O'SULLIVAN, ABBIE O'SULLIVAN & KEELIN O'SULLIVAN.



PICTURED AT THE INEC FOR KILLARNEY'S STRICTLY COME DANCING L-R DANIELLE O'SHEA, JENNY O'SULLIVAN & CHRISTINE HEGARTY.



PICTURED AT THE INEC FOR KILLARNEY'S STRICTLY COME DANCING WERE L-R VALERIE COLEMAN, BILLY & JOSEPHINE COLEMAN, LOUISE MOYNIHAN AND CAIT CRONIN.

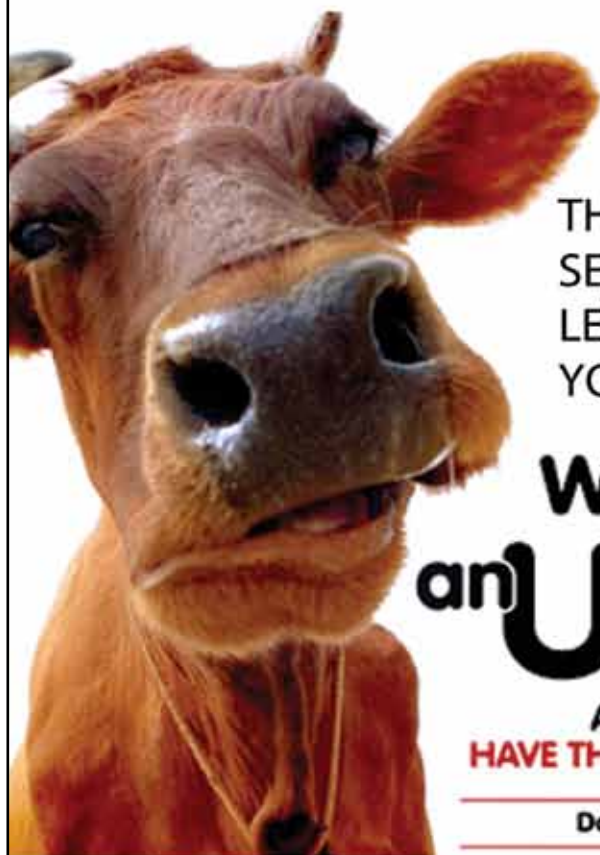


SUPPORTING THE KILLARNEY OUTLOOKS EDITOR AISLING CROSBIE WERE KATHERINE MCCARTHY, JETTA EGAN, TINA BRENNAN, AND EIMEAR DALY.

College Square, Killarney
064 66 34177

PROPERTY PARTNERS GALLIVAN
WWW.PROPERTYPARTNERS.IE

IT PAYS TO LISTEN TO EXPERTS!
Local Knowledge-Nationwide



THINKING OF
SELLING OR
LETTING
YOUR PROPERTY?

Why use
an **Udder**

AGENT WHEN YOU CAN
HAVE THE CREAM OF THE CROP?

Don't delay.....call Today!

This is your Personal Invitation from **Property Partners Gallivan & its4rent.ie** to receive a **Free No Obligation Market Appraisal** and to discuss all aspects of Selling or Letting your Property. We have a wealth of Knowledge of the local area and following an extremely successful sales and letting period we urgently need all types of properties for waiting Buyers & Tenants.



its4rent.ie
College Square, Killarney

Call us today on 064 66 34177

email us at info@its4rent.ie

 Find us on **Facebook** or

ipav | Institute of Professional Auctioneers & Valuers

 SOCIETY OF
**CHARTERED
SURVEYORS
IRELAND**

 **RICS** | the mark of
property
professionalism
worldwide

PANCAKE DAY SUCCESS FOR THE SOROPTIMISTS



PICTURED AT THE DROMHALL HOTEL, THE LADIES OF THE SOROPTIMIST GROUP KILLARNEY WHO ORGANISED A PANCAKE MORNING ON SHROVE TUESDAY IN AID OF THE LOCAL CARERS GROUP. BACK ROW L-R CLARE BOWLER, EMER MOYNIHAN, ELISH O'SULLIVAN, ANN WRENN, CATHERINE MULLIN, KATHERINE KAVANAGH, ANN O'CONNOR, ANN O'LEARY & FRANKIE McMAHON. FRONT ROW L-R TERESA IRWIN, EILEEN FOLEY, NOLEEN O'SULLIVAN (PRESIDENT) AND SHEILA CASEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Pancake Tuesday was celebrated in style at the Dromhall Hotel as the The Killarney and District Branch of the Soroptimists Association held their annual fundraiser. President Noeleen O'Sullivan was delighted with the turnout with over 150 people attending the sell out event. There were amazing prizes in the raffle including a Sundari spa day at Plaza for two, dinner with

Mark Daly in Leinster House, Laurels, Brown Sugar and Killarney Valley vouchers, a beautiful handmade reversible patchwork quilt donated by Maura Fitzgerald of Sean Chairde Killorglin, an Orla Kiely bag and a variety of fantastic hampers. All proceeds from the day went to Home from Home After School Care for special needs children and Caring for the Carers Respite.

SEM CELEBRATE CHINESE NEW YEAR

Teachers, pupils and parents at St. Brendan's College gathered last week to celebrate Chinese New Year at Golden Chopsticks restaurant. Transition year students at the school are not only given the opportunity to learn Chinese during their school year but can also avail of a trip to China over the Easter break. The school has twinned with a school in Houzhou and has built up strong links and bonds with pupils and teachers there. Guests on honour on the night included Kate O'Leary, President of the Killarney Chamber of Tourism and Commerce and members of the Chinese community living in Killarney.

TEACHERS OF THE SEM ENJOYING THE DELIGHTS AT GOLDEN CHOPSTICKS IN CELEBRATING THE CHINESE NEW YEAR L-R PAUL LYNCH, TRISHA O'SHEA, HUMPHREY CURRAN, AGNES CURRAN, CARMEL FITZGERALD, GERALDINE CUNNINGHAM, ORLA STEINBACK, PJ LUCEY & MARIAN O'GORMAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



CELEBRATING THE CHINESE NEW YEAR AT GOLDEN CHOPSTICKS WERE L-R TINA FENG WITH HER HUSBAND MR. YONGBIN XIA (CHINESE CO-DIRECTOR UCC CONFUCIUS INSTITUTE), KATE O'LEARY (PRESIDENT, KILLARNEY CHAMBER OF COMMERCE), SEAN COFFEY (PRINCIPAL AT THE SEM) & ZHU ZONGHAO (TEACHER). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT GOLDEN CHOPSTICKS RESTAURANT TO CELEBRATE THE CHINESE NEW YEAR WERE L-R TERESA HICKEY, MICHELLE MURPHY, MARY DENISE LYONS (TEACHER AT THE SEM) AND DENISE O'CALLAGHAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

DANCERS SET TO HIT THE TOWN

Killarney is hosting The All Ireland and International Irish Dancing Championships again this year, from the 26th March up to, and including, Easter Sunday.

Over the 8 days more than 5,000 competitors from all over the World will descend on the INEC. Accompanying the competitors will be their families and friends and so it is expected that Killarney will play host to approximately 12,000 visitors for the Championships.

CHEL TEN HAM PREVIEW NIGHT

The Killarney Cheltenham Preview Night takes place in Killarney Plaza Hotel on next Thursday 26th February commencing at 8pm sharp.

Panel include Jim Culloty, Bryan Cooper, Tony Martin, Charlie Swan; Paddy Wilmott with Pat Healy MC. Admission €15 or group rate of €100 for 10. Enquiries to Vincent Casey 0872461599, email vcasey@lifeandpensionsco.ie.

All proceeds to the Injured Jockeys Fund.



CELEBRATING THE CHINESE NEW YEAR AT GOLDEN CHOPSTICKS WERE STUDENTS FROM THE SEM L-R TOM O'LEARY, CHRIS O'DONOGHUE, DIARMUID MALONE, BILLY COURTNEY & MICHAEL POTTS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



REVIEW YOUR INVESTMENTS

DERMOT CRONIN
TRUSTED FINANCIAL ADVISOR

Call 064 6622775 NOW
to arrange an appointment
or email us on kerrymortgagecentre@eircom.net

- :: Pensions
- :: Life Insurance
- :: Income Protection & Serious Illness Cover
- :: Mortgages
- :: Investments

Dermot Cronin via Kerry Mortgage Centre is regulated by the Central Bank of Ireland.

HENNIGAN Auctioneers

WANTED URGENTLY - PROPERTIES TO SELL AND TO LET - NO SALE NO FEE - NO LET NO FEE

SCART CROSS, KILLARNEY



0.5 acre site excellently located just off the main Killarney to Tralee road just 6 miles from Killarney Town and close to Kerry Airport, Farranfore Train Station etc. Full planning permission to construct 2,800sq/ft house. Expires July 2016.

Keenly Priced: **€65,000**

KNOCKAUNCORE, KILCUMMIN



0.5 acre site with full planning permission to construct a dwelling house and garage in a popular residential setting just one mile from Kilcummin Village. Planning permission granted 20th September 2010.

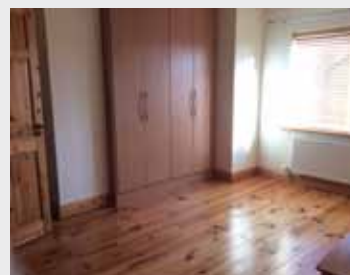
Keenly priced for Quick Sale: **€47,000**

Hennigan Auctioneers 66 New St., Killarney t| 064 6634582 m| 087 2354416 www.daft.ie/hennigan

PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: 46 Pairc Chuimin Kilcummin Killarney

Agent: ● DNG Ted Healy ● 11 New Street ● Tel: 064 6639000 ● Fax: 064 6671663

● E-mail: tedhealy@dng.ie ● www.dng.ie

Asking Price: **€150,000**

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

TALENTED SINGERS SHOWCASE THEIR WORK

On what has been described as a evening of breathtaking talent, Kerry schools can take a bow in the knowledge that they did themselves proud at the Kerry School Choir Showcase.

Held in The Malton Hotel on Thursday night last, and sponsored by Educate.ie and The Kerryman, over 400 students took to the stage in front of a crowd of 600.

Huge credit must also go to the vocal coach Gemma Sugrue who along with the teachers ensured that the evening was a fantastic success.



PICTURED AT THE MALTON HOTEL FOR THE KERRY SCHOOL CHOIR CONCERT WERE STUDENTS FROM HOLY CROSS MERCY.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE MALTON HOTEL FOR THE KERRY SCHOOL CHOIR CONCERT WERE STUDENTS FROM FIRIES NATIONAL SCHOOL WITH THEIR TEACHERS KATHY TROTH, KATHERINE MULLIGAN & EILEEN BROSANAN.



STUDENTS FROM HOLY CROSS MERCY NS AWAITING THE STAGE AT THE KERRY SCHOOL CHOIR CONCERT AT THE MALTON HOTEL WITH THEIR TEACHERS L-R JESSICA MURPHY, RHONDA DALY, CATHERINE MANGAN & MARIE COLEMAN.



SINGING THEIR HEARTS OUT IN REPRESENTING FOSSA NATIONAL SCHOOL AT THE KERRY SCHOOL CHOIR CONCERT AT THE MALTON HOTEL. L-R GRACE MYERS, MELISSA AHERN, EMMA GRIFFIN, ALISON BUTLER & TARA MURPHY.



STUDENTS FROM THE MON AWAIT THE STAGE AT THE KERRY SCHOOL CHOIR CONCERT AT THE MALTON HOTEL L-R CONOR LYNCH, ABIR KAZI, SENAN O'LEARY & MATTHEW ELLAGA.

TREASURE HUNT SUCCESS IN FOSSA

A treasure hunt which was held last weekend in aid of Temple Street Hospital and the Kerry/Cork Healthy Link Bus has raised an amazing €2775.

The brainchild of Killarney woman Barbara O'Sullivan, the novel event attracted a great entry on the day.

The money raised will be used to purchase 3 iPads for Temple Street. These will be used for rehabilitation purposes for children who are recovering from neurological surgery. The

balance of the money raised will go towards a fuel voucher for the Kerry/Cork Health Link Bus. Barbara and her team of helpers would like to thank everyone who helped out on the day including main sponsors O'Donoghue/Ring Hotels, Killarney Golf and Fishing Club, Foley's Spar/Inver, The Europe Hotel, Aghadoe Heights, Carry Out, The Malton, Killarney Golf and Fishing Club, Foley's Spar/Inver, The Europe Hotel, Aghadoe Heights, Carry Out, The Malton and Murphy Print.



ORGANISERS AND PARTICIPANTS OF THE MOTORCYCLE AND CAR CHARITY TREASURE HUNT PICTURED AT THE EVENT ON SUNDAY LAST.



Jerome O'Regan

AUCTIONEER & VALUER

Tel / Fax: 066 9761200 | Mob: 087 2833410

Email: jeromeoregan@eircom.net | Web: www.jeromeoregan.ie



LAND FOR SALE

**C. 5.5 ACRES AT
FLINTFIELD, FAHA,
KILLARNEY.**

TO LET OR FOR SALE



CLOONEYDONIGAN, BALLYHAR, KILLARNEY.

Charming stone built farmhouse on c.3 acres, stables for 4 horses and an arena. Mature trees and very scenic only 4 miles approx from Killarney. Professionally restored reflecting most of its original features. 3 bed 1 en-suite, kitchen/dining/living area, fully fitted utility, bathroom and very large sun lounge. BER Pending. **POA**



UPPER PARK ROAD, BALLYCASHEEN, KILLARNEY

Detached 3 bed. Bungalow on a large site. Great location for family or home business. **GREAT VALUE. BER PENDING**



BEAUFORT KILLARNEY (ON THE MAIN RING OF KERRY ROAD).

A unique, magnificent property on c.2.75 acres with extensive frontage on the river Laune and breathtaking mountain and river views. Architecturally designed as a B&B or an executive type house, it comprises 8 bedrooms (7 ensuite) reception rooms etc. Newly decorated with a very high quality finish. It comes with a detached aptm/store/garage. **Must be viewed.**

KILLORGLIN TOWN Large house in town centre. Bargain.

KILLORGLIN TOWN, LANGFORD ST. 2 storey street front property with 4 apartments at the back. It has a rear entrance. Great value with great potential.

CARAGH LAKE, KILLORGLIN. Two storey detached house (requires major repair) on 3.5 acres approx. Beautiful, much sought after area.

FARM WANTED. GOOD QUALITY LAND. 50 ACRES OR MORE. CLOSE TO KILLARNEY OR WITHIN 7 OR 8 MILES FROM KILLARNEY TOWN. TOP PRICE PAID FOR SUITABLE PROPERTY.

WANTED Properties, houses, farms commercial etc. in all areas, for a growing list of genuine buyers.

BALLYHAR, KILLARNEY Beautifully restored 3 bed farmhouse on c.3 acres, stables for 4 horses, mature trees and very scenic.

MILLTOWN VILLAGE, Killarney Beautiful 3 bed semi in a small well built private development. beside schools, shops etc. Fully furnished as new. €115,000

MILLTOWN VILLAGE Magnificent, detached two storey house, approx. 1,800 sq. ft. Building about to commence. Purchaser could make internal changes or put their own stamp on it. Only a few minutes walk to schools, shops etc.

REEKS GATEWAY TO KILLARNEY Commercial/office space for sale or lease. Various sizes and configurations available to suit the client. Prices negotiable.

BALLYMALIS, BEAUFORT, KILLARNEY Cottage with partly constructed extension on c. 1 acre. Great central, attractive location. Guide price €60,000 o.n.o.

BEAUFORT, KILLARNEY, on the Main Ring of Kerry road, stunning 8 bed (all ensuite) B&B. Extensive frontage along the river Laune, with fishing rights. Panoramic views.

UPPER PARK ROAD, KILLARNEY, 3 bed detached bungalow on a large site.

ROSSBEIGH, GLENBEIGH Old style dwelling, Electricity, water, septic tank Only 1 mile from beach. V. scenic and private.

FIRIES VILLAGE Detached, 4 bed bungalow, close to school shops etc

MILLTOWN VILLAGE Commercial property w/ back yard. Great investment V. reasonable reserve.

MUCKROSS, KILLARNEY 6 bed detached, v. scenic, priced to sell.

TIERNABOUL, KILLARNEY 4 bed bungalow, beside N.S. only 2mls to Killarney town.

BALLYMALIS, BEAUFORT, KILLARNEY Detached, luxury 4 bed detached bungalow, almost new, great location.

FAHA, KILLARNEY 4 bed 3 ensuite detached dormer.

KILLORGLIN 2 MLS Beautifully restored stone house on c.6 acres. In pristine condition.

GLENBEIGH, RING OF KERRY RD. New detached 4 bed bungalow, stone fronted with spectacular sea views, completed to a very high spec.

CARAGH LAKE, KILLORGLIN New dormer bungalow 4 bed (2 ensuite) set on a large site with mature trees.

GNEEVGUILLA VILLAGE Modern 3 bed semi w/ top energy saving ratings, complete finish

BEAUFORT KILLARNEY, OLD HOUSE on c.2 acres, very elevated, dry, extremely scenic setting, reasonable reserve. **UNIQUE PROPERTY.**

FOSSA KILLARNEY Large commercial/private property beside the golf complex and on the main road.

MUCKROSS ROAD/WOODLAWN CROSS, KILLARNEY- c. 1/3 acre site. Superb location.

MILLTOWN, KILLARNEY (Ardmeelode area) Partly built detached bungalow.

Nice views. **BARGAIN.**

TULLORUM/TIRNABOUL KILLARNEY AREA 11.5 acres approx. Close to school etc.

KILLORGLIN, GOLF COURSE ROAD Delightful 2 bed detached bungalow, as new, superb location.

BEAUFORT, Killarney Beautiful, almost new detached dormer bungalow with stunning mountain views. Comprising approx. 2,300 sq. ft. 4 bedrooms, 2 ensuite. Kitchen/dining room, utility, lounge, bathroom. Built to the highest standards.

KILLORGLIN TOWN Large modern warehouse **TO LET.**

KILLARNEY TOWN 68 New St. Killarney. Large street-front property with an extensive back garden. Great potential at a reasonable price.

FARMS/LAND

c.57 acres with old farmhouse and sheds, Currow area, 40 acres recently reseeded.

c.10 acres with good sheds, extremely scenic. Artigalvin, Headford area. 5mls from Killarney.

c. 35 acres of mixed land in one lot, Ballyhar, Killarney area.

Tullorum, Tirnaboul, (Spa) Killarney 11.5 acres approx. 3 miles from Killarney.

Farranfore-Killarney rd 17 acres with or without a dwelling house.

Firies area, Killarney 44 acres approx. excellent land with or without a dwelling house.

Faha, Killarney c.5.5 acres.

SITES

LOUGHGUITTANE/MUCKROSS area- Site with lake view, roadside.

LEAMNAGUILLA Off the Tralee Rd. very scenic ½ acre site with full planning.

AGHADOE Site roadside, approx 1 mile from town 1/2 acre selling subject to planning.

BEAUFORT AREA Elevated, scenic site c. 1/2 acre.

BEAUFORT, KILLARNEY 1 acre with full planning.

COOLIES, MUCKROSS, KILLARNEY c. 1 acre, private scenic location.

KILLARNEY 2 MILES APPROX 3 acres or more subject to 1 planning.

ROSSBEIGH, GLENBEIGH Site with full planning for dormer, no residency clause.

Killorglin 1 mile 3/4 acre site. On the main Killarney/Ring of Kerry road. Dry, elevated and scenic. On the main sewer and with all services.

Faha, Killarney, c. ½ acre, dry, roadside, great location, bargain.

ON YOUR BIKE.... KCC HAS BIG PLANS FOR YOUNG CYCLISTS



MEMBERS OF KILLARNEY CYCLING CLUB ON A RECENT OUTING.

The Killarney Cycling Club will be holding an open day tomorrow Saturday the 21st of February for young people with an interest in cycling development in both mountain biking and road racing. Both disciplines are catered for within the club with an emphasis on the wellbeing and the further understanding of the fundamentals that are required for the sport. Those that would like to attend will be at the meeting point of Lisvigeen national school at 10.00 sharp on the Saturday morning, all riders are to have a helmet which is mandatory and a bike that represents either discipline be it mountain bike or road bike. There we will discuss the itinerary for the morning for each category

that will be catered for by the clubs coaches. The minimum age of new cyclist will be 11 years of age upwards and an information brief for parents will be discussed at the Loreto School in Muckross at approximately 1.00 in the afternoon where teas and coffees will be provided.

The Killarney Cycling Club is one of the most progressive clubs in the county in all categories, and has represented the area at regional and national events with great success. Our intention is to build on that. So if you want to be a member of the Killarney Cycling Club this is your opportunity. There will only be one intake this year, if you need further information please contact Mark Murphy, (087 4123196)

DINING DUBLIN STYLE AT MUCKROSS PARK HOTEL

Killarney diners will have the opportunity to dine Dublin style when Nick Munier brings his new Dublin restaurant to Muckross Park Hotel for one night. "Avenue by Nick Munier" will take place on Saturday 7th March 2015.

This once off event is an exclusive evening whereby guests will get to taste dishes from Nick Munier's new Dublin Restaurant "Avenue by Nick Munier" which will open in the latter half of March 2015. On the night guests will be treated to a Prosecco Drinks Reception followed by a 6 Course Tasting Menu designed by Nick Munier. Nick will be there on hand to meet guests and share his experience of the restaurant business. Speaking about the event Hotel General Manager Sean O'Driscoll said, 'We are proud to welcome Nick Munier to the hotel and Killarney. This provides an exclusive night for our guests allowing them to enjoy food dishes from Nick Munier's wildly anticipated new Avenue Restaurant in Dublin'.

Nick Munier is a much loved Restaurateur and

TV personality – having worked on RTE's Masterchef Ireland and ITV's Hell's Kitchen. Nick has worked with many respected and esteemed chefs in the world along with working in

some of Britain and Ireland's most high profile Michelin Star Restaurants.

Tickets can be purchased for the evening for €55 per person and are available from Muckross Park Hotel. Call 064 6623400 or visit www.muckrosspark.com for more information.



NICK MUNIER

HEARTBEAT MEETING

Eoin Burns, Breathing Specialist and Asthma-care Practitioner will talk about changing breathing habits to ease Asthma and Hay-fever, and by breathing properly sleep better. Breathing properly eases the strain on the heart and can curb snoring. You can hear Eoin speak at the Serenity Centre, St. Anne's Road, Killarney on Monday February 23rd. at 8pm. All are welcome to this free event.

AIB CASTLEISLAND OPENS ITS DOORS TO YOUR HOUSING FUTURE

Owning your own home has always been an enduring topic of conversation with Irish people, whether it is the state of the property market, house prices, location, whether to move or extend and if you should opt for a new, second-hand or self-build home.

So with all the questions you could have the staff of the AIB Bank Castleisland are preparing for a long day of answers when they throw open their doors on Friday as they host a mortgage awareness event from 9am to 8pm

Local branch manager Ger O'Connor spoke to the Outlook about it

"We have seen the housing market start to stabilise over the past two years with evidence of some increases in prices countrywide and new developments starting to come on stream. This is reflected in recent Central Statistics Office Price Indices showing an overall increase in prices of 16.3% in 2014 and a 50% increase in mortgage activity in past year. Said Ryan who is looking forward to the event and sees it as a way to take the fear and jargon away from the ordinary person.

"A major consideration is how best to finance your new home and this can represent the biggest financial decision you will make. The mortgage process can be somewhat daunting and the recent restrictions announced by the Central Bank have probably heightened the anxiety around this. What is needed is understanding, support, sound advice, explanation of the mortgage journey and access to someone who has your best interests at heart."

AIB is the largest provider of mortgage finance in Ireland; it has a countrywide network of branches and a dedicated and experienced mortgage adviser in each location.

So if you're an existing customer or not, who would like to learn more about obtaining a mortgage, to check out what options are available, how much you can afford and looking to see what is available locally this is an a banking event with a difference that is worth a visit.

If you are interested please contact our Personal Mortgage Advisors Michelle O'Neill or Catherine Leahy on 066 7141224 or 086 7840175 or email 936251@aib.ie

MONEY MATTERS....

By Dermot Cronin,
Financial Advisor



INVESTMENTS

WHEN YOU COMPARE INVESTMENTS, LOOK AT:

- The minimum investment amount - can you top up your investment?
- The minimum recommended investment term for your money.
- Access to your money - are there any penalties if you withdraw your cash early.
- What fees and charges apply, as they reduce the value of your investment.

CONSIDER TWO KEY FACTORS:

The likely return - risk and return go hand in hand, so as a general rule the lower the risk the lower the rate of return you should expect. With longer-term and higher-risk products, you can expect higher returns, but this is not guaranteed and you could lose some or all of your money. You need to consider carefully the effect of this on your financial situation.

Risks involved - some investments do not give you a capital guarantee. How much of your original capital would be at risk? Is there a risk of poor returns? Is there inflation risk? You also need to consider how long your money will be tied up for.

Financial advisors advise on these products on behalf of the main providers. It is important that you find out from the advisor if they are tied to any one provider or if they deal with a number of different providers and who are these providers.

For more information or to make an appointment to discuss the above contact Dermot Cronin APA, at **064 6622775** or **087 2893649**.

95 NEW STREET,
KILLARNEY, CO. KERRY
T: 064 6631892 F: 064-6634652
M: 087 2668591 E: INFO@SFMCI.E
WWW.SHERRYFITZ.JE & WWW.DAFT.JE

Sherry
FitzGerald
Coghlan

NEW TO MARKET

40 ACRE FARM HOLDING, KNOCKREAGH, MILLTOWN

Attractive 40 acre residential holding in one block with derelict old two storey farmhouse. Ideal opportunity to purchase small holding convenient to Killarney and Milltown. The 40 acres are medium quality drained grassland with good access road through holding with water. Holding also comprises a new four bay slated unit with electrical connected.

PRICE REGION: €285,000



APT. 1, MOUNTAIN VIEW, ST. MARGARET'S ROAD, KILLARNEY

Upper floor apartment in development of only two units in exclusive location on St. Margaret's Road with car parking. Apartment comprises two bedrooms, kitchen cum dining room, separate livingroom with fireplace. Unique opportunity to purchase in quiet private residential location within walking of town and National Park.

PRICE REGION: €159,000



M.&J. KELLEHER LTD.

MJK oils



CONTACT OUR LOCAL
MAN IN YOUR AREA ON:

087 9314007

● HEATING OIL ● ROAD DIESEL ● LUBRICANTS
● TRACTOR DIESEL ● STORAGE TANKS



KEEN PRICES PROMPT DELIVERY

Killarney / Kenmare Tel Mike:

087 9314007 / 064 6630020

PADDY O'KEEFFE

SUPERMARKET & GENERAL STORE

Gattabawn, Gneeveguilla, Co. Kerry | Tel: 064 66 43195 | Fax: 064 66 43105

Big February Savings to get the job done.



Topline Smooth Top
Brilliant White Paint
10 ltr **Only €12.99**
Save €7



Osram Reflector
Light Bulb 50W
GU10 Twin Pack
Pack Offer €10
For 4 Packs



Stanley Cushion Grip
Screwdriver Set-
6 Piece **Only €9.99**
Save €20



Black & Decker
Combi Drill 18V
€69.99
Save €30



Bold Lavender & Camomile
Washing Powder 5.525kg
85 washes
Only €16.99
Save €3



Brabantia Ironing
Board 124 x 38cm
Only €49.99
Save €30



Patio Magic Algae &
Moss Killer 5 Ltr
Only €19.99
Save €15

SUCCESS ON THE DOUBLE FOR SPA

Greeted by Mayor John Joe Culloty, club members and traditional bonfires, Spa dancers and quiz buffs were welcomed to the clubhouse after securing two All Ireland titles.

It was an amazing weekend for the club and Kerry with all 4 teams that represented Munster came away from City West Hotel with All Ireland glory. History was made once again in the Club as these are the first teams to win in these both Quiz and Figure Dancing. Last year was the first with Recitation and Set Dancing. What a huge accomplishment for our Club with 4 All Ireland titles in two years. The quiz team started the winning streak in the morning in a closely contested battle winning by 2 points with a great result 68. It was especially sweet as this was the same team that contested the All Ireland last year in Sligo but narrowly lost. The winning team Thomas Fleming, James Lynch, Michael Aherne and Niamh Clifford put in long hours along with excellent coaches Seamus Clifford and Eileen Aherne. The Figure dancers were up first in the afternoon, danced brilliantly and were clear winners in this competition. When the results were announced the crowd erupted with huge applause and the excitement was electrifying. The team consisted of Aine



JOHN O'DONOGHUE, SEAMUS CLIFFORD, MAIREAD MANGAN, MAUREEN HEGARTY VOGELS, MICHAEL AHERNE, AVA O'SULLIVAN, KATIE CRONIN, MAYOR JOHN JOE CULLOTY, SARAH RANDALLS, LEAH MOYNIHAN, JAMES LYNCH, EILEEN AHERNE, SHEILA MCCARTHY (SCOR OFFICER) AND GERARD MANGAN (CHAIRMAN), AINE BROSAN, KATE LAWLOR, LAMIA SWITZER, RACHEL MOYNIHAN, NIAMH CLIFFORD AND MEGANN CRONIN.

Brosnan, Katie Cronin, Megann Cronin, Ava O' Sullivan, Leah Moynihan, Rachel Moynihan, Sarah Randles and Lamia Switzer. Coaches Mairead Mangan and Maureen Hegarty Vogels who are no strangers to All Ireland Glory as they hold in combination 17 All Scor Sinear medals in both set and figure. So its no surprise, success breathes success and have passed on their

expertise to the next generation of our young dancers. All this success in Scor is the driving force in the form of Sheila McCarthy who is Scor Officer in her 12th year in this position. She organises all groups Paisti, Og and Sinear with precision and untold experience with every level.

OUR JOURNEY TO ALL IRELAND GLORY

By Leah Moynihan

What a feeling to be writing this report as a newly crowned All Ireland Champion Scor Na nOg 2015. All the preparation, dedication and all the hard work culminated in a stunning victory on Valentine's Day in the City West hotel in County Dublin. Our journey began last September with the selection of the figure team. Our team consisted of Sarah, Aine, Ava, Rachael, Lamia, Katie, Leah, Meghann and our sub Kate. The hard work started immediately. First up was the East Kerry Final in Fossa, then onto the County Final in Glenbeigh where we retained our title as County Champions. There was no let-up in training where Maureen and Mairead had us on our toes perfecting every move we made, training continued all over the Christmas period as we had our Munster Semi-Final in Askeaton County Limerick on January 4th where both Kerry and Limerick qualified for the Munster Final. The date was set for January 18th for the Munster Final in Cappoquin County Waterford, the competition consisted of very strong teams Kerry, Cork, Limerick and Tipperary. The competition was fierce, tension high and butterflies in our stomachs as this was our third Munster Final and we really wanted to finish it off this time around. Our Spa set were also competing on the day. The excitement was building as the Fear An Ti had the results in his hands. We all sat together holding hands, our eyes shut praying for the result we all so badly wanted. So it began and the result of the Rince Foirne was called out. The large crowd in attendance from Kerry cheered and clapped

with joy as the winners Spa were announced. Overcome with emotion we huddled together and cried our little eyes out with delight. Kerry had a wonderful day winning solo-singing, instrumental music and the leiriu, unfortunately our Set Dancers were unsuccessful on the day. Now the real hard work began, the tweaking and tightening of our teamwork and footwork was broken down in every way, Maureen and Mairead know what it is like to finish it off and what is required to win an All-Ireland having competed and won several All Irelands themselves in the past. The Monday before the All Ireland Final a presentation was made in Spa to our dancers and our quiz team who qualified in November, a good luck card, some pocket money and a commemorative polo-shirt was presented to us. We were thrilled to bits on the night to have received a lovely letter, wishing us all the best and to follow our dreams from The Lord Of The Dance Michael Flatley. The day we all waited for had finally arrived, very little breakfast was ate with nerves and excitement. We had a sound check and a practise on the stage and it went well. We went back to our Hotel rooms to get ready before another practise with the musicians. After the practise we were met with the fantastic news that our quiz team had won their well-deserved All Ireland Title, this gave us more confidence and a great boost. The competition started at 3 o'clock, a large attendance and a row of judges awaited us. We were the first act to take to the stage. We danced our very best and gave it our

all, we were hungry for this All Ireland. After four hours of waiting, the time had finally arrived, all competitors were asked to come side stage and to wait patiently for the result. We held hands and hoped for the right result. Our quiz team were presented on stage with their All Ireland medals and Cup and we so badly wanted to join them. After what felt like days of waiting the Fear An Ti called out the result and to our delight we were All Ireland Champions. Kerry had a very successful day with the Quiz, Rince Foirne, Solo Singing and Instrumental music all winning gold. There was great scenes of joy and jubilation as a bonfire blazed and waited our arrival back in Spa, a large crowd gathered to congratulate both us and the quiz team. Speeches were made and then onto the Torc Hotel for a party where we danced for our families, friends and supporters. I was so proud for my sister and I to be part of this wonderful team. I would like to thank Maureen, Mairead, The Spa GAA Club, Sheila McCarthy our Scor Officer and our two chairmen Ger Mangan and John O 'Donoghue, our parents, supporters and friends for all their good wishes, cards and texts, greatly appreciated.

SPA ABU

Leah Moynihan



LEAH MOYNIHAN



Brookfield College

Now at our new school in Monavalley, Tralee

27th Annual Easter REVISION COURSE

for Junior & Leaving Certificate Students
Monday March 30th - Friday April 3rd
at Brookfield College, Tralee &
The Malton Hotel, Killarney

UPCOMING COURSES 2015

SUPERVISED STUDY

After School Study	Mon - Fri	4.20pm - 6.00pm
Night Owls Study	Mon - Fri	7.00pm - 10.00pm
Saturday Study	Saturdays	10.00am - 5.30pm

ORAL PREPARATORY COURSES

Saturday March 21st

Intensive One Day Irish Oral Preparatory Course

Saturday March 28th

Intensive One Day French Oral Preparatory Course

Saturday March 28th

Intensive One Day German Oral Preparatory Course

Saturday March 28th

Intensive One Day Spanish Oral Preparatory Course

EASTER REVISION COURSES

Monday March 30th - Friday April 3rd

Intensive Revision for Leaving and Junior Certificate

BLOCK STUDY

Monday April 6th - Friday April 10th

Supervised Study 9.00am - 5.30pm (Easter Break)

ART HISTORY

Saturday 25th April

One Day Revision Course of Art History for Leaving Cert.

CHEMISTRY

Saturday April 25th

One Day Intensive Revision of Organic Chemistry.

(This section accounts for approximately 40% of the exam paper.)

BLOCK STUDY

Monday 25th May - Fri 29th May

Supervised Study 9.00am - 5.30pm (Summer Break)

Information can be viewed and forms downloaded from our website.

(Go to application forms at top of page)

www.brookfieldcollege.ie

Email: info@brookfieldcollege.ie • Phone: 066 7145896

CHARITY FUNDRAISER ON THE DOUBLE



BEAUFORT LADIES ANNOUNCING THIS YEAR'S DETAILS OF THEIR ANNUAL CHARITY CLIMB ON STRICKEEN, MOUNTAIN, THE GAP OF DUNLOE, THIS YEAR'S CHARITIES INCLUDE, RECOVERY HAVEN, TRALEE AND THE PALLIATIVE CARE UNIT, AT KERRY GENERAL HOSPITAL. INCLUDED AT THE LAUNCH WERE, AVA AND LEAH CASEY, SHEILA O'CONNOR, KATHLEEN MOLONEY, JOAN O'CONNOR, TERESA MCSWEENEY, EMMA O'CONNOR, MARY MOLONEY, DEILA CASEY. PHOTO: VALERIE O'SULLIVAN.

Two Kerry charities are set to benefit from a double fundraising charity event and a family fun day out for everyone, will take place on Saturday 7th of March for Recovery Haven Kerry and Kerry Hospice/Palliative Care Unit, Tralee.

A climb will take place up Strickeen mountain located in the Gap of Dunloe, Beaufort. Registration will begin at Kate Kearney's Cottage from 11.00am-12.00pm. Everyone is welcome and refreshments will be provided after the climb. Donations are greatly appreciated on the day. To date the charity event has raised over €15,000, with €5,100 going to Recovery Haven, €9,450 going to the Kerry Cork Health Link bus, and the remainder of the money raised going to

The Friends of Cork University Hospital, located in C.U.H., who provide a voluntary tea bar service in the Oncology Unit's reception.

A charity dance will also take place that night at Kate Kearney's cottage which will include finger food, raffle prizes and music provided by The Breen's. Tickets are available before the night by contacting either of the people below or €5 on the night all are welcome. So the choice is yours you can support this worthy cause whether you want to climb Strickeen, dance the night away in Kate Kearney's or do both! If you have any queries contact Mary on 087-2227188 or Sheila on 087-2433688.

IS LAUGHTER THE BEST MEDICINE ?

It may not be the cure for everything but a good laugh certainly makes us feel better! Dóchas Drama Group's presentation of Brian Friel's "Losers" and "No Romance" by Nancy Harris promises to give you a few laughs and go home with a smile on your face.

Two plays about love, communication, secrets and intrigue which provide many comic moments. How will Hanna and Andy manage to deal with the craft and manipulation of Mrs. Wilson and her pious neighbour Cissy Cassidy?

How will Joe explain his internet activities to Carmel? A play from modern Ireland and one from the 1960s but both with humour and stories with which audiences will identify. All will be revealed!! Performances at Killarney



SHOBHÁN McAULIFFE, MARY MURPHY, MIKE FAVIER, PATRICIA MCSHERRY IN A SCENE FROM "LOSERS" BY BRIAN FRIEL

Avenue Hotel on Tuesday 24th, Wednesday 25th, Thursday 26th and Friday 27th February (4 nights) at 8pm.

LOCAL BAND WIN ALBUM OF THE YEAR

The Trí-Tones have been announced as the winners of the Tradconnect Traditional Album of the Year for 2014. The band are Conor Moriarty from Kilcummin on button

accordion, Tara Breen from County Clare on fiddle and Stephen Rooney from County Down on guitar and vocals. Get your copy of the The Trí Tones album at Variety Sounds

Killarney, Kilcummin PO or online on cdbaby, Cladagh records or custysmusicstore.com.

WALKING MARATHON

The Sneem Walking Marathon takes place this Saturday, February 21st with a choice of 3 distances - 26.2miles, 10 miles and 5 miles.

Funds from the event go to SouthWest Counselling Centre Killarney and further information can be obtained by contacting 087-1602240.

GRIFFIN EDUCATES MINISTER ON KERRY TOUR

It was a busy day for the Junior Minister of Education on his trip to Kerry. While in the county, Minister English visited Tuosist and Lauragh schools about threshold numbers and bus catchment areas. He also met a delegation from Tahilla National School about teacher retention and a delegation from Cahersiveen about hopes for amalgamation of the town's two primary schools. Kenmare Fine Gael Councillor, Patrick Connor Scarteen, accompanied Deputy Griffin and Minister English on their tour of South Kerry.

Earlier in the day, Deputy Griffin arranged a meeting with a delegation of parents of school children from Annascaul to discuss school transport problems. Deputy Griffin also brought Minister English to visit Holy Cross Mercy Primary School in Killarney to discuss issues facing urban schools. Minister English also visited Walsh Colour Print and Educate.ie in Castleisland, where he toured the school textbook production facility. Minister English was given a demonstration of the high quality of books and interactive products available from educate.ie and was briefed on the cost competitiveness of the products compared to other producers. The Minister was impressed to hear that the company is now one of Kerry's leading employers and one of the county's great business success stories, with even more potential to grow.

Griffin told the Outlook that "the tour by Minister English, which was arranged before Christmas, was an excellent way to highlight to the Minister first-hand the impossibility of amalgamation because of the huge distances between isolated small schools in rural Kerry. Consequently, the tour helped support my long standing demands on the Department of Education to immediately revise staffing allocation thresholds for small schools."

T. CRONIN & SONS



*Stuffed Pork Fillet,
only €4.99 each.*

*Farm Fresh Duck Eggs,
only €3.00 per half dozen.*

*Fresh Lambs Liver,
only €2.00 per lb.*

9 High Street, Killarney t: 064 66 31181 f: 064 66 37387

International Hotel KILLARNEY

★★★★★

Confirmation & Communion Celebrations 2015

Menus from
€24.95
Children from
€14.95

Complimentary Dining
& a Special Gift
for the Celebrating Child!

To arrange your special celebration
call 064 6631816

View our menus online at www.killarneyinternational.com



Star Seafoods Ltd

High Street, Killarney

064 6633607 | 6641755 | 087 9063351

Our Fish Shop is Open 6 days a week from 9am-4pm
Saturday 9am-2.30pm

We are located in the lane opposite to Keanes Jewellers



We Supply a fine variety of Fresh Local Catch
Seafood on a Daily Basis.

- All Fish can be Boned & Filleted to your liking •

Make the most of your
Fish Dish by picking up our
FREE Recipe Book.
Now available in our shop.



SCÉAL ÉILE Restaurant

73 High Street, Killarney, Co. Kerry Tel: 064 6635066

Ideal for Private Parties
including birthday's, anniversaries
and office parties
Custom designed menus
Free Celebratory cake

Upstairs restaurant with open fire and full beer
and wine licence available

**CONTACT MAURICE,
ANNETTE OR DENNIS** Tel: **064 66 35066**



Treyvand's

Fully Licensed Restaurant & Bar

Now taking Christmas bookings!!!!

 Find us on Facebook **Reservations: 064 66 33062**
62 High Street, Killarney Fax: 064 66 22793



NOVEL FUNDRAISING KEEPS CROKES OFF THE BOOZE

Players from Dr. Crokes GAA Club have taken up the nationwide initiative **Off the Booze and On the Ball** under the watchful eye of Children's Officer at the club Eileen Buckley. The GAA's health challenge is being rolled out for the month of February with the premise that you remains the same: abstain from alcohol for just four weeks (Off the Booze) and use this period to focus on your health and wellbeing (On the Ball) – all the while raising funds for the club in a fun and healthy way.

Dr. Crokes members who are involved in the initiative have fundraising pages set up on the Dr. Crokes website www.drcrokes.com and donations can be made this way. All money raised will go into the club directly and the two most successful clubs nationwide will win a training session with GAA ambassadors Oisín McConville and Brendan Cummins, as well as a visit to their clubs from Sam Maguire or the Liam McCarthy Cup.

The eight Dr. Crokes club members who have taken up the challenge include Johnny



DR. CROKES PLAYERS AND CLUB MEMBERS FRONT DAITHI CASEY, EILEEN BUCKLEY & JOHNNY BUCKLEY WITH AT BACK VINCE CASEY, DENIS COLEMAN & MIKE BUCKLEY WHO HAVE REGISTERED FOR THE GAA'S HEALTH CHALLENGE, OFF THE BOOZE. . . ON THE BALL.

Buckley, his parents Mike and Eileen and his new fiancée Annie MacMonagle, Daithi Casey,

Vince Casey, Fionn Fitzgerald and Chairperson Denis Coleman.

FANCY A CUPPA.... IRISH CANCER SOCIETY LAUNCH DAFFODIL DAY

A coffee morning to launch Daffodil Day will be held in the Killarney Towers Hotel on Friday March 6th.

Daffodil Day is the biggest and longest running fundraising day for the Irish Cancer Society, Ireland's national cancer charity.

The fundraiser will begin at 10.30am and run until 12.30pm.

There will also be a raffle at the event, which is hugely popular in Killarney.

Daffodil day this year takes place on Friday March 27th 2015.

LAUNCHING THE IRISH CANCER SOCIETY'S ANNUAL COFFEE MORNING RIGHT AT THE TOWERS HOTEL ON FRIDAY 6TH MARCH WERE L-R DARRAGH BYRNE (TOWERS HOTEL), EUGENE O'SULLIVAN, KATHLEEN O'SHEA, ELEANOR O'DOHERTY & SIOBHAN WHELAN.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE GLENEAGLE HOTEL FOR A TALK ON THE NEWEST PRODUCTS FROM THE FOREVER ALOE VERA PRODUCT RANGE WERE L-R AIFE SCANNELL, GENE FARRELL & SUZANNE CLIFFORD. MISSING FROM THE PHOTO MARGARET WALSH.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

KERRY JOBSEEKERS OFFERED OPPORTUNITIES

As the Irish economy recovers, Kerry jobseekers are being offered free education and training to develop skills and to access employment opportunities through MOMENTUM courses.

MOMENTUM is an initiative for people who are a year or more unemployed and who are looking for help to get their careers moving. The courses are individually designed to encourage motivated people to work together to further their career. The courses are an opportunity to develop key skills and reveal potential in a dynamic environment.

MOMENTUM training providers are responsible for course recruitment in conjunction with the Department of Social Protection. Jobseekers can apply for MOMENTUM through any of the Intreo, Employment Services or Local Employment Services offices in Kerry.

Staff at these offices will help confirm eligibility and assist jobseekers in identifying a suitable course.

More information about MOMENTUM courses can be found at www.momentumskills.ie

Seodóiri Na Ríochta
KINGDOM JEWELLERS

RETAIL JEWELLERS • GOLD & SILVER JEWELLERY
MANUFACTURER & REPAIRS

Seodóiri Na Ríochta

- JEWELLERY REPAIR SPECIALISTS
- BESPOKE WEDDING RINGS
- COMPLETE VALUATION SERVICE • FULLY INSURED
(All work carried out on the premises)

WE BUY GOLD FOR CASH!!

Proprietors:: Angela & Stephen Donnelly
Telephone & Fax :: 064 66 36388
:: 10 New Street :: Killarney :: Co. Kerry

Fine Art Portrait & Trash The Dress Photography

photos by **owenfranssen**
087 0505326 visit owenfranssen.com

Gift Vouchers Available


scotts hotel
KILLARNEY

KILLARNEY AT YOUR DOORSTEP...

COMMUNION & CONFIRMATION
Specials

We have a special menu prepared for your special day!

€20 per adult
€10 per child

ENJOY A 3 COURSE LUNCH
Celebrating Child Dines FREE

FREE family pass for 4 for the MV Pride of the Lakes to use at your leisure.

TO BOOK CALL 064 6631060 OR EMAIL US ON
INFO@SCOTTSHOTELKILLARNEY.COM

SCOTT'S HOTEL TOWN CENTRE KILLARNEY CO. KERRY
info@scottshotelkillarney.com
www.scottshotelkillarney.com



RATHMORE /GNEEVEGUILLA NEWS By Michael O'Mahony

MUSICAL MOVERS: Are taking a break for mid-term on Saturday 21st February. Join us for our 'Teddy Bear Picnic' on Saturday 28th February at 10am in Knocknagree Community Centre. Bring your favourite teddy bear to dance, wiggle and shake! €5 adult & 1 child, €2 per extra child. Like us on Facebook for updates!

SYMPATHY: To the families, relatives and friends of late Peggy Verling Kill-St. Anne, Castlelyons, Cork.

Fr. Paddy O'Callaghan Knockdurath and Texas, Annette O'Callaghan, Buffalo.

5K FUN RUN KNOCKNAGREE N.S. PARENTS COUNCIL: In association with Gneeveguilla Athletic Club are holding a 5K Road Race: - run, jog, walk, family fun run in Knocknagree on Sunday 8th March, 2015 at 1:00pm. Registration from 11:00am in Knocknagree Hall. Electronically timed.

Entry Fee Adults €10.00, Children €5.00 or €20.00 per Family. Refreshments, Prize giving and a Raffle taking place in the Hall afterwards. All abilities welcome. Please Support.

FREE NIGHT OUT: Knocknagree N.S. Parents Council have organised a Dance in the Hall on Sunday 15th March, 2015 to celebrate Seachtain na Gaeilge. Music is by Sheila Fitzgerald and her Band, commencing at 8:00pm sharp.

Admission is absolute free. This event is sponsored by Seachtain na Gaeilge. All Welcome.

TABLE QUIZ KNOCKNAGREE N.S. PARENTS COUNCIL: Will hold a Fundraising Quiz on Friday 20th March at 7:30pm in Knocknagree Hall. We welcome primary school children from 3rd to 6th class. There will be prizes.

For further information on any of the above events, please contact any member of the Parents Council. Ellen O'Keeffe 087- 6981764,

Michelle Brosnan 086 - 1050435, Mairéad Brosnan 087 - 6152376.

GNEEVEGUILLA G.A.A. CLUB: Congratulations to Mairead Murphy, Lisheen, Gneeveguilla on winning the Gneeveguilla GAA Club lotto €16,000. No's drawn: 8, 14, 21, 26.

GNEEVEGUILLA GAA SOCIAL: 28th February in the Castle Heights. Music by Stephen Falvey, tickets available locally or contact Dave McAuliffe 087 7440096.

COMPUTER COURSE: Starting the 24th February in the Club. Cost free, first come first served names to Tom Hogan.

HOLY FAMILY NATIONAL SCHOOL, RATHMORE: Enrolment for new pupils will take place on Friday 6th March 2015 in the School at 1.00p.m. Enrolment/Registration Forms are available from School Office from Friday 6th February and are to be returned by Monday 2nd March, 2015

RATHMORE/GNEEVEGUILLA COMMUNITY GAMES: Congratulations to the following participants, who performed at our first County Competitions of 2015!! The competitions were held in Abbeydorney and Milltown....

Mark O'Leary - 4th place (cert) - Music U14.
Shane Warren - 3rd place (bronze) - Recitation.
U16 Katie O'Sullivan - 3rd place (bronze) - Singing U14. Six of our girls took part in the group singing competition U14 and won 3rd place (Bronze), Well done to: Muireann Hughes, Aimee Cremin, Leah Kennedy, Emily Reddington and Laura Phelan.

We are very proud of our very talented musicians/participants, for doing so well in their respective competitions... well done everyone, a great start to 2015, for Rathmore/Gneeveguilla Community Games.

RATHMORE 5TH ANNUAL ST. PATRICK'S DAY PARADE: Will take place on Sunday 15th March 2015 at 2pm. This years Grand Marshal is Val Moynihan chairman of Marian Players Rathmore Panto Group. No street traders welcome. All floats welcome, volunteers needed on day of Parade and days before parade to decorated our town, contact: 087 6676676817,

MEENTOGUES NS: Application forms for enrolment of new pupils for September 2015 are now available from the school (064) 7754500.

HOLLYMOUNT NS RATHMORE: ENROLMENT 2015: Enrolment forms can now be collected from the School Office. Enrolment afternoon for newly enrolled Junior Infants Parents/Guardians Friday 27th February 2015.

SHRONE N.S. We are currently enrolling for the school year 2015/2016. Enrolment forms are available at the School or contact Michelle on 064 7758687.

GNEEVEGUILLA NATIONAL SCHOOL: Enrolment application forms for the school year 2015/2016 now available from the School.

ANNUAL 45 CARD DRIVE: At Rathmore Community Centre for continue 7 Wednesday nights of Lent at 9:00pm.

RATHMORE COMMUNITY COUNCIL: Church gate collection take place the weekend 28th & 1 March 2015 in all Masses in Rathmore and Shrone, generously appreciated.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com or ring or text 087-6676817 before 6:00 on Sunday.



PICTURED AT THE KILLARNEY GOLF & FISHING CLUB FOR THE CHILDREN OF CHERNOBYL COFFEE MORNING WERE L-R ANN O'CONNOR, MAUREEN SOMERS, MAURA MOYNIHAN, EILISH LYNCH, NOREEN & CON O'MAHONY.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY GOLF & FISHING CLUB FOR THE CHILDREN OF CHERNOBYL COFFEE MORNING WERE L-R ANN MARIE KENNELLY, KARIE O'TOOLE & ANN O'SHEA.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY GOLF & FISHING CLUB FOR THE CHILDREN OF CHERNOBYL COFFEE MORNING EILEEN FOLEY WITH HER GRANDDAUGHTER KATE AHERN.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

KERRY CENTRAL RECYCLING FACILITY LTD

Public Information Evening
Venue: Killarney Court Hotel
Date: 23rd February 2015
Time: 5pm – 7pm

Kerry Central Recycling Facility Ltd. propose to submit a Strategic Infrastructure Development application to An Bord Pleanála to construct a mechanical waste processing facility at a site located in the townlands of Scart, Caherdean and Leamnaguila between Farranfore and Killarney. The proposed facility will be known as the Kerry Central Recycling Facility (KCRF) and will include for a public recycling centre, car parking, a new internal access road, attenuation pond, landscaping and local road improvements. An Environmental Impact Statement (EIS) is currently being prepared to accompany the planning application.

Representatives from KCRF and their consultants RPS will be available to discuss the proposed project, planning application and the EIS with interested parties at the Killarney Court Hotel, Tralee Road, Killarney on Monday 23rd February between 5pm and 7pm.

Would you like to
work@

The Grand

KILLARNEY

We are recruiting
FULL TIME experienced
BAR STAFF

Must be available to work weeknight & weekends, possess excellent interpersonal skills, be highly motivated & a night owl

TO BE PART OF OUR TEAM
Earn GR8 PAY & have FAB FUN

Post CV: The Grand, Main St, Killarney
or email CV: killarneygrand@eircom.net



SapphireSigns
SIGNAGE EXPERTS

Experienced spray painter / panel beater
required for full time position.

Duties to include preparation and painting
of coaches, tankers and trucks.

Minimum 5 years experience required.

Applications / CVs to
Email: info@sapphiresigns.com

or in writing to

Sapphire Signs Ltd.

Main Street, Rathmore, Co. Kerry

www.sapphiresigns.com

KERRY TRUCK SERVICES

is currently seeking two Mechanics to work
in the in-house workshop based in mid Kerry.

HEAD MECHANIC

**THIS PERSON WILL HAVE THE OVERALL RESPONSIBILITY FOR THE
SUPERVISION OF STAFF AND DAY-TO-DAY MANAGING OF
THE GARAGE AND SUPPORTING CUSTOMERS.**

Suitably qualified candidate must meet the following criteria:

- 5 years experience
- Candidate will have experience working with heavy goods vehicles and trucks and trailers
- Motor/Truck mechanic qualification
- Excellent attention to detail
- Strong customer service and people skills
- A full clean driving licence suitable for heavy goods vehicles



JUNIOR MECHANIC

**THIS PERSON WILL ASSIST MECHANICS WITH INSPECTING AND MAINTAINING
TRUCKS AND ALSO BE RESPONSIBLE FOR STOCK CONTROL.**

Suitable qualified candidate must meet the following criteria:

- Ideal candidate will have experience working with heavy goods vehicles/trucks/trailers
- Ability to work alone or as a member of a team
- Eager to learn new skills of the trade



If you believe you have the necessary enthusiasm, competencies and experience to bring to this role please forward your Curriculum Vitae to Josie, Service Administrator, Kerry Truck Services, Unit 2, Johnny Doyle Industrial Park, Killarney Road, Farranfore, Co. Kerry or email to Josiem@kerrytruckservices.com. Closing Date Friday 6th of March

KILCUMMIN NEWS

MEMORIAL FUNDRAISER: The inaugural Brendan O'Leary memorial fundraiser on behalf of the Oesophageal Cancer Fund will be held in the Village Inn, Kilcummin on Saturday 21st February. This fundraiser coincides with Brendan's first anniversary and Oesophageal National Lollipop week. Lollipops will be on sale at all local schools up to this date for one euro each a lollipop or a donation of choice. The balloons fundraiser for loved people in the sky will be on sale. We hope everyone who has lost a loved one to cancer will buy a balloon and the name of your loved one will be entered in to a scroll and Mass will be said for them. You can personally release your loved ones balloons after 7.30pm Mass in Kilcummin on the 21st February. The final part of the fundraiser will be the novel camel race in the Village Inn where everyone is welcome to a night of making much needed funds for the Oesophageal Cancer Fund. Please contact Una O'Leary on 0879569103 if you need further information. Your support will be much appreciated.

COMHALTAS: Our next Branch Meeting will be held on Tuesday 3rd March at 8.30 pm in the Rural Development Office. We need more of our members to attend these meetings, because important decisions have to be made and we need people to express their opinions in order for us to act in the members' best interests. All members are welcome and anyone interested in joining our Branch is also very welcome to

attend.

CALLING ALL MUSICIANS! We are holding a monthly music session in Kilcummin Recreational Hall on Sunday 22nd February from 2.30 pm to 5pm. We are calling for new musicians of ANY age who have never joined us before from complete beginners to advanced level to please come along and join in the fun. You do not have to be a member of the branch! The first 30 minutes of our new sessions will be dedicated to complete beginners! For more information telephone Mags Connolly on 087-696-1681 or Michael McGurl on 087-6662707. The County Board are organising a meeting for those who are interested in promoting the Irish language within the County on Tuesday 3rd March at 8pm in the Meadowlands Hotel in Tralee. All welcome. **I.C.A:** Knitting session will be held on Wednesday 25th February at 8pm in the Rural Development Office. All Ladies welcome.

KILCUMMIN GAA: REGISTRATION: Registration for all memberships of the club (senior, juvenile and ladies) will take place between 7 and 9pm on 27 February. It is important, given new rules introduced by the County Board regarding team sheets and matches that juveniles in particular register on that night.

JUVENILE MENTORS MEETING: Will take place at 9pm on 27 February at the clubhouse.

KILCUMMIN CHURCH GATE COLLECTION:

on 21st and 22nd February will be in aid of the Juvenile Club.

SCÓR NA BPÁISTÍ: This will take place on February 20th in Fossa commencing at 4pm.

THE GAA CLUB'S EASTER CAMP: This will take place between 31st March and 2nd April. Cost €20 for one child, €35 for two children and €50 for 3 Children. Contact Nessa on 087/2857312.

GAA CALENDARS: Are still available from the Post Office in Kilcummin for €5.

KILCUMMIN RAMBLING HOUSE: Will take place on 6th March at 8.30pm.

EAST KERRY SENIOR LEAGUE: Kilcummin play at home to Glenflesk on this Sunday at 12 noon. **GAA MEMBERSHIP:** Membership is due for 2015. Players €60, general members €40

NATIONAL CLUB DRAW: Kilcummin GAA club ran a local draw in conjunction with the national draw for supporters who bought tickets through the club. These were drawn last Sunday in the club bar and the following were the winners: €200 Joan Devane, €100 Aishling O'Donoghue, €100 Denis Duggan, €50 Patrick Daly, €50 Mary Moynihan.

KILCUMMIN GAA LOTTO: There was no winner on Sunday 15th February. Numbers drawn were 3, 7, 19 & 20. Consolation prizes were €100 Kate and Mia Lynch O'Doherty, €60 Susan Healy, €60 Tara Stack, €30 Liam Fitzgerald, €30 Ger O'Connor, Scart. Next draw Sunday 1st March. Jackpot now €3,000.

FOSSA NEWS

FOSSA GAA: LOTTO: 15th February 2015 Numbers drawn were 7, 13, 14, 24. There was no Jackpot winner and next weeks Jackpot will be €8,700. The €40 consolation prize winners were Ian Trant c/o Sewells Pharmacy, Daniel Coffey Dromin, Denise Myers Barleymount West, John Cronin Knockleade and Geraldine Murphy. Tickets are on sale at The Golden Nuggett Bar, The Castlerosse Leisure Centre, The Travel Inn, The Old Killarney Inn, Foley's Spar Shop, The Laurels Bar and Committee members. Next draw takes place on Sunday night 22nd February at 11pm in the Golden Nuggett. Thanks to everybody who supports our Lotto each week as well as those who sells tickets. We are currently organising another lotto team from the Ladies Football side of the club, if anybody is interested in becoming involved please contact any of the club officers, it would only be one in every six weeks so it isn't a huge commitment.

MINORS: Our minor team begin their County League campaign this Saturday 21st February when they play Brosna/Knocknagoshel in Brosna at 4pm, all support welcome.

SENIORS: Our senior team travelled to Scartaglin on Sunday morning to play their opening East Kerry league game, Fossa lined out with a vastly depleted team with up to 16 players missing but however they fielded a team of mostly minor and U-21 players. Scartaglin proved much too strong on this occasion and ran out easy winners in the end on a scoreline of 2-13 to 0-3. Great credit to the

Fossa players who played their heart out and gave it their all in heavy underfoot conditions, the one positive that came out of this match is that the club has to field a Junior team this year in order to give all these young players football over the summer, we obviously have the numbers and we cannot afford to leave these young players slip away due to a lack of game time and competition. The team that lined out on Sunday was as follows Maurice Prendeville, Cathal Talbot, Colm Walsh, Damien Dennehy, Paul Lynch, Kevin McCarthy, Dan O'Connell, Paddy Sheehan, Mark Dennehy, Brian Myers, Mick O' Neill (0-1), Mike Keeffe, Adrian Cronin, Tadgh O' Shea (0-2), Padraig Devane. We will now play Kenmare in Fossa on Sunday next 22nd February at 12 noon.

RHYNO QUALITY FEEDS SENIOR COUNTY LEAGUE DIV 4: Fossa played hosts to Glenflesk last Sunday morning in the Div 4, Rhyno Quality Feeds Senior County League. Fossa started well and we had three points by Julie Cronin, Erica McGlynn and Clodagh Fitzgerald notched up within the first 10 minutes. Glenflesk did not give up and our three backs of Niamh O' Sullivan, Fay O'Donoghue and Katie Talbot had to defend well to keep our opponents at bay. Corah McGlynn was on hand to make numerous saves and kept the rivals score down. Fossa passed the ball well and we gained 3 goals in quick succession, two from Julie Cronin and one from Marie Foran, this had the Fossa girls firmly in control. Amy Moriarty, wing back, who had a tremendous game along with Anna O

Reilly. Fossa led at half time 3-5 to 0-2. Glenflesk started well in the second half, but Fossa had more strength in their forwards. Lauren Rintoul as always caught every ball that came to her and with Breeda Kelleher and Sarah Doody playing incredible football we soon closed out the game on a score line of 4-14 to 1-3.

FOSSA COMMUNITY GAMES: Thanks to everyone who gave so generously at our church gate collections in Fossa this past weekend. As always your support is greatly appreciated. Remember you can keep up to date with fossa community games by liking us on facebook and keep on eye on www.kerrycommunitygames.com for upcoming events.

ATHLETICS: Gneeveguilla A.C. will be holding athletics training sessions in Fossa Community Centre each Monday evening from 8:45pm to 9:45pm which will run to the end of March. All boys and girls of school going age are welcome.

FOSSA/TWO MILE COMHALTAS: Adult set dancing classes have resumed in the Fossa Community Centre on Tuesday's, beginners 8pm to 9pm, improvers and advanced 9pm. Contact Catherine Joy at 087 6799330.

Junior set dancing classes have also resumed in the Fossa Community Centre on Fridays 7pm to 8pm. Contact Norita Cronin at 087 7424468.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie Please forward information on before Sunday at 11am.

Black Valley NS



The Black Valley NS is a Catholic school teaching the new curriculum as set out by the Department of Education.

Located in an area of outstanding beauty near the Gap of Dunloe, Beaufort and on route to Kenmare we are a small co-educational school.

The Black Valley NS is a growing rural school which aims to promote the development of the whole child- intellectually, physically, culturally, emotionally, morally and spiritually.

In the true Christian spirit we welcome all denominations to our school.

WE ARE NOW ENROLLING FOR SEPTEMBER.

Enrolment forms can be got by contacting the school on 064-6634716 or email: blackvalleynationalschool@gmail.com

BRENDAN GRIFFIN T.D.

Offices in CASTLEMAINE, DINGLE & KILLARNEY
FOR YOUR SERVICE IN PRIVACY

Brendan would also be happy to call to your home for your convenience. CLINICS IN ALL PARTS OF KERRY
Phone office for details & appointment.

Contact us at:

100 New Street, Killarney or
Castlemaine Village, Co. Kerry.

Phone: 087 6528841 or 066 9795666

Email: brendan.griffin@oir.ie



RECENT NEWS

- Teacher retention thresholds improved for small 2, 3 & 4 teacher schools to 19, 53 & 83. (15 for isolated 2 teacher schools) This is a step in the right direction that I have worked hard for over the last three years, but I continue to lobby for further improvements.
- In the Dáil last week, I introduced my new Electoral Reform Bill.
- I welcome the IDA's inclusion of Tralee for construction of a €5 MILLION advance facility for job creation and confirmation that there were 234 net new jobs created in Kerry IDA client companies in 2014. Kerry Live Register down 20% under this government – let's keep it going down!
- I am glad to have successfully lobbied for the continuation until 2017 of the Kerry/Dublin government subsidised flights that were due to end this month. Vital for access & jobs.

Further info on my work on

www.brendangriffin.ie

Also, find us on Facebook

or Twitter: @BGriffinTD



FINE GAEL



START & FINISH
**ST. BRENDAN'S COLLEGE,
KILLARNEY**

26TH SEPTEMBER

@ 11 AM. EARLY ENTRIES ONLY €20

REGISTER ONLINE AT

www.killarney10mile.com

ELITE | RUNNERS | JOGGERS | WALKERS WELCOME

PRIZES | MEDALS | T-SHIRTS | REFRESHMENTS | TIMING CHIPS

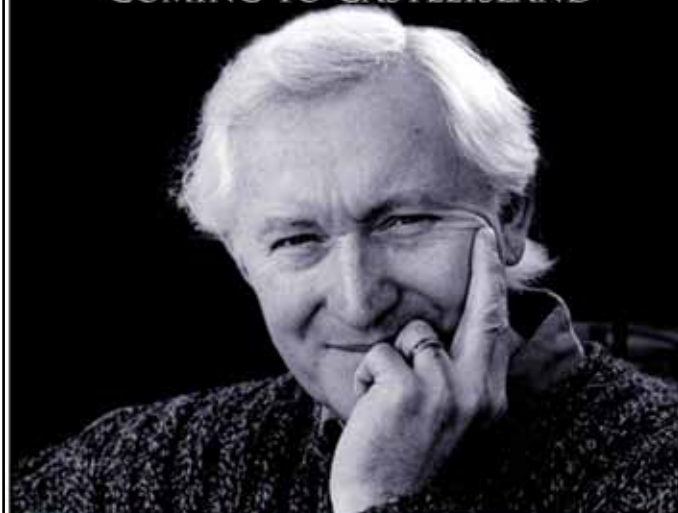
HOST FAMILIES WANTED FOR FOREIGN STUDENTS

in Castleisland, Tralee,
Killarney, Listowel,
Ballybunion and
surrounding areas.

Tel: 066 7147845



CHRISTY KENNEALLY COMING TO CASTLEISLAND



Lenten talk on Bereavement

Well known broadcaster Christy Kenneally will be giving a talk on Wednesday 25th February at 7.30pm in the River Island Hotel.

A native of Co. Cork, now living in Wicklow Christy is a writer and speaker on this topic.

If you would like to understand the grieving process better or be willing to help others who are grieving this talk should be of interest to you. All are welcome.

LISTRY NOTES

PARENT & TODDLER GROUP: Listry/Milltown parent and toddler group has restarted at Listry community centre on Friday mornings 11am to 12.15pm. All welcome.

LISTRY SOCIAL COMMITTEE: We wish to remind Seniors in the Listry / Milltown and surrounding areas that the next Social day will be held in Listry Community Centre on Tuesday February 24th from 12noon-4pm. The usual Bus service will operate on the day and will start collecting passengers at approx 11am. We look forward to meeting you all again.

BINGO: February bingo will be held on Wednesday 25th February 2015 at Listry Community Centre at 8pm.



ENJOYING VALENTINES DINNER & MUSIC IN KNIGHTLYS BAR CASTLEMAINE LAST SATURDAY NIGHT WERE: KATIE & DAVE O'NEILL.

BEAUFORT NEWS

RAMBLING HOUSE: The Beaufort Pioneer Council wish to express their most sincere thanks to everybody who helped make the event such a great success.

ANNIVERSARY CELEBRATION: The 65th Anniversary of the founding of St. Mary's Pioneer Centre will be celebrated with a Social to be held at Kate Kearney's Cottage on Friday, 17th April. The evening will begin with Mass in the Parish Church at which silver, gold and other Jubilarians will be honoured. Details from 064-6644319.

SING'YER AULD SONGS Thomas O'Sullivan in the process of collecting old songs, poems, recitations of the general area of Beaufort, Killorglin, Black Valley and the Gap of Dunloe ... of Puck Fair and the Biddys etc ... this primarily for preservation of same for posterity.

Depending on the response it may be envisaged to include them in a CD which would be made for little or no cost and sold locally, the proceeds of which would be given to local charity. I also have portable recording equipment and can record the material to the highest quality. Contact Thomas O'Sullivan, Alohart, Beaufort. Email kerryonwalking@gmail.com. Phone 087 9807122.

GYM BEAUFORT: Gym is open from 7.00am to 10pm. Great value in membership at only €50. Please contact Patie re same-087 2515311. An Induction evening will be held for anyone interested.

COMMUNITY GAMES: The Art competition was held last Friday. There was a large turnout. Well done to all the children who participated. Congratulations to all the medals winner. Thanks to Jackie Coffey and Ana Eagar for organising this event. The hand writing competition is currently on-going in the National schools. Indoor soccer training continues on Wednesday evening from 6pm - 7pm in Killarney Sport & Leisure centre. This competition will be held on March 1st for u10 and March 8th for u13. A panel of 8 players will be selected for each team. The Badminton boy's team competed in the county finals in Moyvane recently. They received certificates in this competition. Thanks to everyone who supported our church gate collection last weekend. Your contribution was greatly appreciated.

GLENFLESK NEWS

WITH DONAL KELLY

EAST KERRY SENIOR LEAGUE: The Glenflesk senior team, sponsored by the Jarvey's Rest, drew with Spa in an EK Senior League game played in blustery conditions in Glenflesk on Sunday February 15th. Playing with the benefit of a strong breeze Glenflesk led by 1-9 to 1-4 at half-time, but a couple of second-half Spa goals gave them a slight advantage at the mid-point of the half. Jeff O'Donoghue kicked a last minute free to leave the final score Glenflesk 1-11 Spa 3-5, and bring his personal tally for the day to 10 points (0-4f) which included some brilliant long range scores.

GLENFLESK LOTTO: Glenflesk GAA Lotto draw was held on Sunday the 15th of February 2015, in Spillane's. Jackpot: €3,800. Numbers drawn: 3, 5, 10, 22. No Winner. **€50 EURO DRAW:** First draw: Pat Carey, Clonkeen. Seller: Mary Carey. Second draw: Leah Crowley, Coachford, Cork. Third draw: William Leader, Lisbaby. Fourth draw: James O'Mahony, Headford. Next draw will be held on Sunday March 1st in the Corner Bar, Jackpot €4,000.

COUNTY MINOR LEAGUE: The Glenflesk minor team are scheduled to open their county league campaign against Keel on this Saturday February 21st at 4pm in Glenflesk.

SCÓR SINSEAR: The very best of luck to the Glenflesk team who travel to Brosna this Saturday night February 21st for the county finals of Senior Scór. Glenflesk will take part in the Rince Foirne, Ballad Group, Solo Singing and Instrumental Music. Go n-éirí libh!

GLENFLESK LADIES FOOTBALL: U16 and Senior ladies training continues on Friday evenings at 7.30 in Barraduff field. The U14 girls are training on Sunday mornings from 12 to 1 in Glenflesk. Please bring runners and towel/exercise mat for indoor training also boots for outdoor work.

RAHEEN NS: Raheen national school are organising a Scrap Metal Collection on the weekend of the 27th/28th of February. Please contact Eamon Bowler at 087 2511691 to arrange collection. The Parents' Association would like to thank everyone for their generosity and support to the Biddies. Congratulations to Margaret Leader who had the winning lotto number 10 on Saturday the 14th of February.

RAHEEN COMMUNITY PLAYGROUP: We would like to take this opportunity to thank the Killarney pre-schools, national schools, Tralee I.T. and the Kerry College of Further Education in securing over 1800 signatures in support of our efforts to highlight the huge lack of provision for children with additional within the early years sector at the A.C.P. Rally held recently in Dublin.

ANNUAL QUIZ: The Raheen Community Playgroup will host its 5th Annual Table Quiz in Murphy's Bar, Barraduff on Friday February 27th at 8.30 pm. Table of four is forty euros. There will trophies and a prize of 100 euros for the first place team, second place team will receive a prize of forty euros. Spot prizes and refreshments on the night. All are welcome to attend!!

KNOCKANES NS: Enrolment forms for September 2015 are now available from the school. Please call 064-7754038 between 9am and 11am or email your details to knoc.ias@eircom.net

BARRADUFF NS: Enrolment forms for September 2015 are now available from the school. Please contact Siobhan Darcy on 064 7754478 or call into the school after 2pm.

RAMBLING HOUSE: A date for your diary - the rambling house will return to Glenflesk on Saturday March 14th between 8pm and 11pm.

CONTACT: We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Thursday.

IF YOU HAVE A STORY...

Contact Aisling on **086 0400 958**

editorial@outlookmags.com



Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Food Preparation and Cooking Course (ET20A) - Dingle.

This course is for people who wish to pursue careers in professional cookery. Participants will learn the practical skills and underpinning knowledge of safety at work and food safety, menu planning and costing, and preparing, cooking and presenting a wide variety of dishes including healthy foods and special diets. **Start Date:** 30th March 2015. **Duration:** 20 weeks. **Certification:** City & Guilds Level 2 Diploma in Food Preparation and Cooking.

Tour Guiding Course (ET20B) - Dingle.

Are you an outgoing, friendly person with an interest in Irish history, heritage and culture who would like to share your knowledge with other people? If so, this may be the course for you. This course provides participants with the opportunity to develop the skills needed to work as tour guides in the provision of information to clients in a variety of settings. **Start Date:** 16th March 2015. **Duration:** 15 weeks. **Certification:** QQI Level 6 Special Purpose Award in Regional and Local Guiding, QQI Level 5 Minor Award in Occupational First Aid, and QQI Level 4 Minor Award in Tourism Visitor Care.

Manual & Computerised Payroll and Bookkeeping (ET025) - Tralee.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. It's designed for those with no prior experience in the topics. **Start Date:** 16th March 2015. **Duration:** 10 weeks. **Certification:** FETAC Level 5 Component Certificates in Manual and Computerised Payroll and Bookkeeping.

IT Support Traineeship (ETS78) - Tralee Training Centre.

This traineeship is for people who wish to pursue careers in IT support services. It offers a comprehensive grounding in core hardware, operating systems, networks and cloud computing. Graduates of the course will seek employment installing, configuring, maintaining and upgrading IT equipment. **Start Date:** 30th March 2015. **Duration:** 48 weeks. **Certification:** CompTIA A+, CompTIA Network+, and CompTIA Cloud Essentials.

Digital Web Design with Adobe Dreamweaver Course (ET326) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites. **Start Date:** 9th March 2015. **Duration:** 22 weeks. **Certification:** FETAC Level 5 Component Certificates in Computer Illustrated Graphics, Web Authoring, and Work Experience. Plus, Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

MTA Software & Networking Fundamentals Course (ET124) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal sample course for people considering a career in information and communication technology. Graduates of the course may progress to the IT Support Specialist Traineeship or Java Associate course. **Start Date:** 23rd March 2015. **Duration:** 19 weeks. **Certification:** Microsoft Technology Associate Certification (MTA) in Software Development Fundamentals, .Net Fundamentals, and Networking Fundamentals.

Healthcare Support Traineeship (ETS97) - Tralee.

This course provides participants with the knowledge, skills and competencies to work as part of a multidisciplinary team in the provision of effective and appropriate healthcare supports to clients in a variety of care settings. **Start Date:** 23rd March 2015. **Duration:** 42 weeks. **Certification:** FETAC Level 5 Major Award in Healthcare Support.

Java Associate Course (ET0R7) - Tralee.

This entry-level course offers participants the opportunity to take the first step towards a career in Java programming and software development. They will gain an excellent insight into the programming language and learn the knowledge and skills needed to develop applications in Java. It's suitable for people from a range of backgrounds who have an aptitude for programming. The course covers the system development life cycle, application development, project work, job seeking skills, and 10 weeks in-company work experience. **Start Date:** 20th April 2015. **Duration:** 50 Weeks. **Certification:** Oracle Certified Professional Java Programmer I & Certified Professional Java Programmer II.

Retail Skills Health and Beauty Traineeship (ETS95) - Tralee.

This traineeship offers participants the opportunity to develop the knowledge, skills and competencies required to work in the retail sector, particularly in pharmacies and in health and beauty outlets. **Start Date:** 27th April 2015. **Duration:** 37 weeks. **Certification:** FETAC Level 4 Major Award in Retail Skills.

For further information, testimonials and application details visit our new website at

www.kerryetbtrainingcentre.ie

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee,

TEL: 066 7149600 | 066 7149638 | 066 7149676, E-mail: training@kerryetbtrainingcentre.ie



FREE Car Park.
100% Irish owned.

KINGDOM BINGO CLUB at
20 Pembroke Street, Tralee.

Open Tuesday, Thursday, Friday and Sunday from 6pm.
Free Sheet @ 6.55pm, Main Game at 8.05pm

Over **€2000** In House Cash Prizes must go every night!

Our **FEBRUARY SPECIALS:** €5 off any PHD package Tuesday only. **Fiver Friday** - All single books incl all in House sheets only €5 - Friday only.

In House Jackpot of **€2800** in 44 calls!

Senator Marie Moloney

Full-time Constituency Office open at Conroy Hall, Park Road, Killarney Mon to Fri 9.30am to 5.30pm.

Advice Clinic every Saturday morning from 10.00am.

Regular Clinics throughout the Constituency - ring for details.

Contact Office: 064 6632034
Mobile: 086 3049422
Email: marie.moloney@oir.ie

HOLISTIC FAIR

SUNDAY, MARCH 1ST 2015, THE PLAZA HOTEL KILLARNEY 11 AM - 5 PM

Heidi Grimwood presents

- One to One Card Reading & Mentoring
- Holistic Health • Natural Remedies & Products
- Holistic Nutrition • Literature • Angelic Gifts & Much More...

FOR MORE INFO CONTACT HEIDI GRIMWOOD ON 085 7330038 OR HEIDIGRIMWOOD.COM

CLLR. NIAL KELLEHER

FIANNA FAÏL
THE REPUBLICAN PARTY

087 6694 101 064 6694 101
 www.nialkelleher.ie vote@nialkelleher.ie
 /Nialkelleher4KCC @nialkelleher

The Square, Rathmore, Co Kerry

WORKING FOR YOU

J.L.O. VISITS THE SEM

By Harry Knoblauch and James Knoblauch

On Wednesday the 4th of February, Killarney's Juvenile Liaison Officer visited St Brendan's College Killarney and spoke to the second year students about her work in the community. The visit was organised by class 2.1 as part of their C.S.P.E project. This project accounts for 60% of the student's junior certificate CSPE examination. The project consists of doing practical work first, then writing a report. Miss Twomey is one of four Juvenile Liaison Officers in Kerry. She talked to the students about a diverse range of matters, from what happens if a minor is arrested, to the consequences of abusing drugs and alcohol. When Miss Twomey originally applied for the job, she was one of two selected from nineteen applicants. She now deals with juveniles between the ages of twelve and seventeen, and is posted at Killarney Garda Station. Miss Twomey trained at Templemore, County Tipperary, as a normal garda and worked in several different counties before deciding to try for the role of Juvenile Liaison Officer. She works tirelessly to rehabilitate juveniles who have broken the law, ensuring that the community that we live in is a safe place. Her visit was both interesting and enlightening and was appreciated by all.



GARDA LIZ TWOMEY JUVENILE LIAISON OFFICER (SEATED LEFT) WITH ST BRENDAN'S COLLEGE STUDENTS HARRY KNOBLAUCH, ROAN GLEESON, JAMES KNOBLAUCH, SEAN COOPER, JAKUB KUNICKI, CON O'LEARY, JAMES LYNCH AND TEACHER ED O'NEILL.

SCHOOLS REMINDER

Kerry teachers in primary and second level schools, whose pupils take part in the annual Texaco Children's Art Competition, are reminded that the closing date for receipt of entries this year is Friday, 27th February next. Last year, 355 pupils from schools in Co. Kerry submitted entries to the Competition.

ENGINEERS WEEK AT ANABLA NS

As part of Engineer's Week, Sean Guilfoyle from Liebherr Container Cranes visited Anabla N.S. He spoke passionately about his work as an engineer and the elements necessary to make a good engineer. He outlined the history of Liebherr, the factory and how it has developed to today's present facility. He delighted the pupils with a selection of little gifts from Liebherr and engineers week.



STUDENTS FROM 6TH CLASS NS KILGOBNET RAISE €1468 FROM THEIR BIDDY NIGHT FOR THE KERRY CORK HEALTH LINK BUS.



MARY HICKEY FORMER PUPIL OF SCOIL PHOBAL, RATHMORE AND KERRY ROSE GOING TO CHERNOBYL AFTER RECEIVING THE CHEQUE 523 EURO FROM THE LCA, LCVP AND TY FUNDRAISING INITIATIVES. THE PRESENTATION WAS MADE BY THE STUDENTS' COUNCIL HEAD BOY JJ HERLIHY AND MICHELLE MURPHY.

Articles for inclusion in
Youth Zone
can be emailed to
editorial@outlookmags.com

AIB Mortgage Information Day.

In AIB Castleisland on Friday 20th February 2015 9am to 8pm.

Light refreshments will be served.



To meet Michelle O'Neill personal Mortgage Advisor during our awareness day please call: 066 7141224 or 0867840175 or email: 936251@aib.ie
Drop into AIB Castleisland • www.aib.ie



WARNING: YOUR HOME IS AT RISK IF YOU DO NOT KEEP UP PAYMENTS ON A MORTGAGE OR ANY OTHER LOAN SECURED ON IT. THE PAYMENT RATES ON THIS HOUSING LOAN MAY BE ADJUSTED BY THE LENDER FROM TIME TO TIME.

Note: The above notice in respect of adjustments to repayment rates will not apply during any period when the loan is at a fixed rate. If you or your dependants intend to use the property as a principal place of residence, you must show evidence of mortgage protection insurance, unless you are exempt under the Consumer Credit Act 1995. Maximum loan to value of Owner Occupier Residential Properties 92% of purchase price or valuation whichever is lower. Normal Lending levels are subject to monthly repayment burden, typically not exceeding c.35% of borrowers disposable income and will vary according to individual circumstances. Loan requests considered on the basis of proof of income, financial status and demonstrated repayment capacity (including capacity to repay at higher interest rates). Loans not available to people under 18. Mortgage loans by their nature require to be secured by a mortgage and charge on the subject property. A typical €100,000 20 year Variable interest rate mortgage for an Owner Occupier Residential Property with LTV greater than 80% will have monthly repayments of €644.66 APR 4.83%. If the APR does not vary during the term of the mortgage, the total cost of credit i.e. total amount repayable less the amount of the mortgage, would be €54,718.40. The effect of a 1% increase in interest rates for such a mortgage will add €55.30 to monthly repayments. Surcharge Interest Arrears attract surcharge interest at 6% per annum in addition to the interest rate that applies to the loan. Execution and registration of the mortgage deed will involve payment by you of your solicitor's fees, outlays and registration fees.

Allied Irish Banks, p.l.c. is an authorised agent and servicer of AIB Mortgage Bank in relation to origination and servicing of mortgage loans and mortgages. AIB Mortgage Bank and Allied Irish Banks, p.l.c. are regulated by the Central Bank of Ireland.



OUT FOR THEIR MORNING WALK AND STOPPING OFF FOR A QUICK CUPPA AT THE KILLARNEY GOLF & FISHING CLUB IN AID OF THE CHERNOBYL CHILDREN COFFEE MORNING. L-R MAURA GAMMELL, PHIL NEWBY, JOSEPHINE LAWLOR, PATRICIA BARRY & MARY O'CONNOR. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



A QUEEN CAKE FOR A LITTLE PRINCESS. MARIE CLAIRE VAN VERDE WITH HER GRANNY MARGARET SCALLY ENJOYING THE CHILDREN OF CHERNOBYL COFFEE MORNING AT THE KILLARNEY GOLF & FISHING CLUB. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



THE KAVANAGHS ENJOYING THE CHILDREN OF CHERNOBYL COFFEE MORNING AT THE KILLARNEY GOLF & FISHING CLUB. BABY TIARNAN WITH HIS MUM FIONA AND NANA PAULA. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE INTERNATIONAL HOTEL TO LAUNCH THE RAMBLING HOUSE BENEFITTING THE IRISH CANCER SOCIETY WERE L-R KATHLEEN CRONIN, RAY O'SULLIVAN, KATHRINA BREEN & TIMMY MORIARTY. THE RAMBLING HOUSE WILL BE IN FULL SWING BETWEEN 4-7PM AT MUCKROSS SCHOOL HOUSE ON SUNDAY, 1ST MARCH WHERE ADMISSION IS €10. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 3808.



STAFF AT MUCKROSS RESTAURANT, MUCKROSS HOUSE ORGANISED A COFFEE MORNING AT THE RESTAURANT IN AID OF THE BROSNAN FAMILY FUND RECEIVING THE CHEQUE FROM MICHAEL LARKIN, CHAIRMAN, MUCKROSS HOUSE TRUSTEES, WERE, TIMMY BROSNAN (LEFT) AND CONNIE BROSNAN (RIGHT) BACK ROW FROM LEFT, THERESA MURPHY, MALGORZATA GACEK, EWA PLUTA, COLIN BAKER, RESTAURANT MANAGER, DENIS BROSNAN, MUCKROSS HOUSE MANAGER, AGNIESZKA WOSZCZYNSKA, SHEILA DALY AND ANNMARIE CASEY. PHOTO: VALERIE O'SULLIVAN



OISIN WALSH, LEFT, MICHAEL O'MARA AND EOGHAN MULVANY, PUPILS AT LOUGHGUITANE NATIONAL SCHOOL, KILLARNEY, ENJOYING THE MUSIC, AS PART OF THE GATHERING TRADITIONAL FESTIVAL 2015, SCHOOLS OUTREACH MUSIC PROGRAMME WHICH INCLUDED MUSICIANS, DANCERS AND STORY TELLERS VISITING SCHOOLS IN THE KILLARNEY AREA. PHOTO: VALERIE O'SULLIVAN



COLIN BAKER, MANAGER OF THE GARDEN RESTAURANT AT MUCKROSS HOUSE PRESENTS A CHEQUE FOR THE PROCEEDS OF THE CHRISTMAS CRIB COLLECTION IN THE RESTAURANT IN AID OF THE €145,000 EXTENSION TO MUCKROSS COMMUNITY CENTRE. PHOTO INCLUDES BREDA MORIARTY AND LIAM KELLY OF MUCKROSS COMMUNITY ASSOCIATION AND THE CHILDREN FROM THE MUCKROSS COMMUNITY PLAY SCHOOL WHICH IS BASED AT THE CENTRE.



PROUD PARENTS PAUL AND NOREEN SUGRUE FROM MEANUS KILLORGLIN CELEBRATE THE CHRISTENING OF BABY DANIEL JOSEPH WITH FAMILY RECENTLY. DANIEL JOSEPH WAS CHRISTENED IN ST. JAMES CHURCH, KILLORGLIN AND THE FAMILY HELD A CELEBRATION AFTERWARDS AT THE KILLARNEY PARK HOTEL.

Dóchas Drama Group Killarney

Presents
Two one-act plays

"Losers" by Brian Friel with the kind permission of Samuel French, London

&

 "No Romance" by Nancy Harris with the kind permission of Nick Hern books, London

February 24th, 25th, 26th & 27th
at the Killarney Avenue Hotel at 8pm

All Tickets €10.00

Killarney Weight Loss & Nutrition Programme

**Monday 6 to 7pm or
Wednesday 10 to 11am**

Only €40 for 6 Weeks!

- Full Body Scan to include: Weight, Body Fat, Hydration, Muscle Mass, Metabolic Rate, Visceral Fat & Metabolic Age.
- Practical Nutrition Education
- Weekly Weigh
- One-to-One Coaching


Would you like to build a solid understanding of the practical aspects of Good Nutrition while losing weight in a healthy way? The programme is led by two highly qualified professionals with a lot of experience & success in this field.

Evening Programme: 6 to 7pm- start Mon. 23rd Feb
Morning Programme: 10 to 11am- start Wed 25th Feb

Limited number of spaces

Call Joe: 086 8415493





PILATES

NEW 5 WEEK COURSE

February 24th - March 24th
Tue 8-9 pm Beginners
Wed 10-11am MIXED LEVEL
Thurs 8-9pm INTERMEDIATE

 **€50 for 5 classes**
Enrollment now! 

Physique Fitness Studio,
Chapel Place (off New Street)
www.bodyandmindtreatments.com

Bookings & Enquiries:
085 1661302
Izabela

LAVIN PLANT HIRE

LANDSCAPING - From Creation to Completion
Consultancy Service Available

LAVIN PLANT HIRE COVER:

- Drainage
- Fencing
- Ground Works
- Patio Laying & Sleeper Kerbing
- Top soil can be provided where needed

ALSO AVAILABLE FOR HIRE WITH DRIVER ARE:
A Track Machine, Rock Breaker, Tractor, Stone Rake & Power Harrow.

Contact Eddie: 064 66 20677 / 087 981 8367
Tiernabouli, Killarney



Happy 18th Birthday

Leanne



BAR O CONSTRUCTION

MILLSTREET, CO. CORK. TEL: 086 8665592 / 029 70195



ALL TYPES OF FARM BUILDINGS

~

SLATTED UNITS

~

SILAGE LAY OUTS

~

SLURRY STORAGE TANKS

~

CATTLE UNDER PASSES



THINKING ABOUT FEELINGS

When someone comes along to counselling and begins to talk about what is troubling them, one of the difficulties that sometimes emerges is their sense of having feelings that are 'bad' or 'wrong'. Perhaps they have been experiencing feelings of anger, or frustration, or maybe sadness, or regret. They may see such feelings as negative or self-pitying, and not compatible with being a good and kind and positive person. They wish these feelings would just go away. But, however much they try to wish them away, the feelings stubbornly persist. So then they experience shame and anxiety about having what they see as such negative feelings, and this shame and anxiety gets added to the mix, and just makes everything worse.

Counselling can offer us time and space in which we can talk about, and think about, all the different aspects of our emotional life, without using labels like positive or negative, right or wrong, good or bad. Instead, the counsellor provides a non-judgemental relationship, in which all aspects of our emotional experience can be heard and thought about. If we can slow things down a bit, begin to make sense of our feelings, and see them as an unsurprising response to aspects of our life experience, they are much less likely to cause us anxiety.

Gradually, we become more able to manage our feelings and get on with our lives, instead of our feelings managing us, perhaps by making us anxious or irritable or unconfident or withdrawn. We learn to accept that, if we face difficult and challenging situations in the future then, naturally, we are bound to experience difficult and challenging feelings within ourselves. And when we have to bear particularly difficult circumstances or events in our lives, there is no shame in seeking support to work through our feelings about them.

A counsellor is able to sustain an open and accepting attitude to another person's feelings, without anxiety getting in the way, because, through their own training and personal development, they accept that having emotional responses to life's events is a part of what it is to be human. Perhaps then, the more accepting and tolerant we can be towards our own emotional life, the more kindly and accepting we are able to be towards the feelings of others.

Yvette Shea **SouthWest Counselling Centre Killarney.** SWCC provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre.** info@southwestcounselling.ie. Kerry LifeLine provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call **064 6636416**.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Please support us at The Ring of Beara Cycle on 23rd May 2015. Contact the Centre for application forms and sponsorship cards. For more information see www.ringofbearacyclekenmare.com

Health Matters.... With Dr. Michael Moloney

PLANNING TO BECOME PREGNANT- GENERAL ADVICE BY DR MOLONEY

CONTINUED MEDICAL CONDITIONS

Women with certain medical conditions may benefit from advice before becoming pregnant. See your doctor if you have concerns about a medical condition which may affect pregnancy. For example:

- For some conditions, the medication or treatment may possibly affect the pregnancy or the unborn child - for example, epilepsy.
- For some conditions, the condition itself may require special attention during the pregnancy - for example, diabetes.
- If a hereditary condition runs in your family, you may benefit from genetic counselling.

MEDICATION: The effects of some prescribed drugs have been well studied and it is known that certain drugs are safe in pregnancy. For example, paracetamol at normal dose is safe and useful for headaches, backache and other aches and pains that may occur during pregnancy. However, some drugs are not safe, and may be harmful to a developing baby - in particular, if you take them in the early weeks of pregnancy.

Therefore, always tell a doctor or dentist who prescribes medication for you that you are pregnant, or intend to become pregnant. Also, don't take drugs that you can buy over the counter (including herbal remedies) unless they are known to be safe in pregnancy. The pharmacist will advise.

If you already take regular medication (for example, for epilepsy), it is important to discuss this with a doctor before becoming pregnant. If you have an unplanned pregnancy, discuss with your doctor as soon as possible any medication that you take.

FOOD AND DIET: Eat a healthy balanced diet: Aim to eat a healthy diet (which everyone should be eating, not just pregnant women). Briefly, the bulk of most meals should be starch-based foods (such as bread, cereals, potatoes, rice, and pasta), with fruit and vegetables. Eat protein foods such as meat, fish, pulses, chicken, etc, in moderation.

Don't 'eat for two' by over-eating when you become pregnant. Too much weight gain increases your risk of developing problems later in the pregnancy. Also, extra weight is difficult to lose after the birth.

Include foods with plenty of iron, calcium and folic acid

A growing baby needs these nutrients right from the start of the pregnancy:

- **Iron** is mainly in red meat, pulses, dried fruit, green vegetables and fortified cereals.
- **Calcium** is mainly in dairy products such as milk, cheese, and yoghurt.
- **Folic acid** is mainly in green vegetables, brown rice, and fortified cereals.

WHAT ABOUT SUPPLEMENTS?

As mentioned, folic acid and vitamin D supplements are recommended for all pregnant women. No other supplements are routinely advised if you have a normal diet. However, some women have low iron stores which puts them at risk of becoming anaemic during pregnancy. The routine blood tests that are done during pregnancy will detect anaemia and the need for iron supplements.

CONTINUED NEXT WEEK.



Dr. Michael Moloney,
MB, BCh, BAO, BMedSci MMedSci, DOWH, MICGP
Specialising in Sports Medicine, Accupuncture,
Paediatrics and Womens Health.
Doctor to the Kerry Senior Football Team.
Doctor to Ireland Under 17 Soccer Team.
The Killarney Medical Centre,
47 New Street, Killarney. t: 064-6620628.



TOM MURPHY'S GARAGE & Tyre Centre

Farranfore, Co. Kerry | 066 9764099 / 087 2214189

Sales | Mike O'Shea: 0873290071

ALL TYRE BRANDS SUPPLIED | FREE TRACKING & BALANCING



132 Ford Fiesta

1.2 Alloy, Fogs, 67Kkm (Choice)



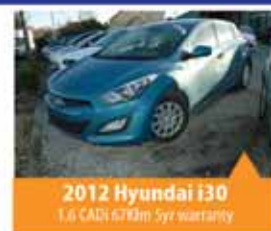
2011 Audi A4

2ltr TDI 88kkm one owner full Audi History



2012 Ford Mondeo (Choice)

2ltr TDCi Titanium 80Kkm Full History



2012 Hyundai i30

1.6 CADi 67Kkm 5yr warranty



2011 Skoda Octavia

1.8L TDI Elegance, one owner Full History



2011 Ford Focus

1.6 TDCi Zetec Alloys, Fogs, Full Ford History



2010 Ford Focus

1.6ltr TDCi Titanium 57Kkm Full Ford History



2011 VW Golf

1.6 TDI 5 Full VW History

DIESEL CARS

- 141 Ford Focus 1.6 TDCi - Choice
- 141 Hyundai 1x35 - 14k
- 141 Ford Focus 1.6 tdi zetec only 6kkm
- 12 Hyundai IX 20 1.4 CRDI 69 kkm
- 12 Ford Mondeo 2ltr TDCi
- 12 Hyundai i30 1.6 TDCi
- 11 Ford Focus 1.6 TDCi, 44k
- 11 Ford Focus 1.6 TDCi Estate Silver
- 11 Ford Mondeo 2.0L, Zetec, 1 owner, full Ford S/H
- 11 Peugeot 5008 1.6 HDi 7 Seater
- 11 VW Golf 1.6 TDI, blue motion, Black
- 11 Ford Focus 1.6 TDCi, Zetec (new model)

- 10 VW Golf 1.6 TDI
- 10 Audi A4 2ltr TDI 86k Black
- 10 Ford Focus 1.6 TDCi, sports, 83k, full Ford S/H
- 10 Ford Galaxy 2.0, Titanium, Full Ford S/H, 80k
- 10 VW Scirocco 2ltr TDI
- 10 Ford Focus 1.6 Titanium
- 10 VW Golf 1.6 TDI Grey
- 09 Kia Rio 1.5 CRDi
- 07 Renault Megane Scenic 2yr Test
- 06 VW Passat 1.9TDCi, Black, NCT Tested
- 06 Citroen C5 1.6 HDi, 106k, 1yr Test
- 05 Citroen C414 3dr
- 05 VW Golf 1.9TDCi, Black, Alloys

- 05 Opel Mireva 1.3CDTi, left hand drive
- 04 Opel Zafira 1.7 Dsl, 1yr Test
- 03 Citroen C3 1.4 HDi
- 03 Skoda Octavia 1.9 TDI, silver, 1 owner
- 00 VW Golf 1.9 GT TDI Very clean NCT

CARS

- 132 Ford Fiesta Choice of colours
- 132 Ford Fiesta
- 12 Ford Fiesta 1.2
- 09 Toyota Yaris 90kkm, black
- 08 Kia Rio 1.4, Automatic
- 07 Renault Megane Cabriolet 1.6, full leather
- 07 Nissan Almera 1.5 SXE, alloys, air con

- 07 Renault Megane Full Leather
- 05 Suzuki Liana NCT Tested
- 05 V.W Golf 1.4 Comfort Line
- 05 Ford Focus 1.4 zetec
- 04 Opel Zafira 1.6 Club, 7 seater, 1 owner, €2,700
- 03 Toyota Avensis Alloys, Fogs, As New
- 03 Nissan Micra 1.0L

COMMERCIAL

- 11 Citroen Berlingo Full service history
- 11 Citroen Dispatch
- 09 Opel Combi Van 90kkm
- 08 Opel Combi 1.3CDTi
- 05 Mitsubishi Pajero Sport Silver, 2.5, very clean



McCarthy Insurance Group

Your Trusted Partner And Advisor

Great house cover and prices

Abbey Court, Tralee 066 7121777
Castledrum, Castlemaine 066 9767325
West End, Rathmore 064 7751111

Charles McCarthy Insurances Ltd. t/a McCarthy Insurance Group is regulated by the Central Bank of Ireland

ONE LUCKY CUSTOMER WILL WIN THEIR PREMIUM BACK EVERY MONTH

Spread the Cost over 12 months



Carpets so clean and fresh, they're worth writing home about!

- Carpet, Rug & Mat Cleaning
- Dry in 30 Minutes with Dry Fusion
- Upholstery & Leather Cleaning
- Curtain Cleaning in Situation
- Spot, Stain, Odour & Mite Removal
- Milk, Urine, Vomit & Pet Mishaps Fixed
- Fire, Smoke, Flood Damage Restoration

Donal O'Sullivan
m: 087 258 1681
t: (064) 664 3966
www.cleaningdoctor.ie



Cleaning Doctor
as good as new
Carpet & Upholstery Services

A1 Clutch & Brakes

3 MATT TALBOT ROAD, TRALEE (Beside Gleasures Funeral Home)

TEL: 066-7129022 FAX: 066-7119798

EMAIL: a1clutchandbrakes@hotmail.com

MASSIVE SALE ON TYRES

SERVICE - Oil & Filter, Check Over, Fully Synthetic €85, Semi Synthetic €65, Top up all Levels

DIAGNOSTIC CHECK with print out

Mechanics with 30 years experience

SPECIALISING IN CLUTCHES

Best price guaranteed for all popular brands

- Computerised Tracking
- Clutches • Brakes • Tyres & Exhausts Servicing

PROP: Tom Daly

OVER 2000 TYRES IN STOCK



FEBRUARY SERVICE at Bowlers Garage

FREE FEBRUARY SERVICE COMPETITION

BATTERY STATUS CHECK

TYRE CHECK

TOYOTA SOFTWARE UPDATES

40 POINT VEHICLE HEALTH CHECK & FULL MECHANICAL REPORT

Service your car DURING FEBRUARY at **Bowlers Garage** and get FREE entry to Competition to win a hybrid mountain bike Giant Escape 3 from O'Sullivan's Bike shop and a voucher for Miss Darcy's Boutique.

All makes of cars eligible.

Hybrid mountain bike Giant Escape 3

Miss Darcy's Boutique voucher

To book contact: **BOWLERS GARAGE**
0646631032

Bowlers Garage
 Killarney, Ballycasheen, Killarney, Co. Kerry.

THAT FEELING. IMAGINE HAVING IT EVERYDAY.

IN A 151 BMW 5 SERIES FROM €465 PER MONTH WITH BMW SELECT PCP FINANCE.

There is a single, an exhilarating moment when you first truly drive. You get it every time you start your BMW. You can now experience it for yourself with a BMW Select PCP Finance package that also guarantees the future value of your BMW.

	First Monthly Payment	23 Monthly Payments of	On the Road Cash Price	Customer Deposit	Amount of Cash	Optional Final Payment	Total Amount Payable
BMW 518d SE	€540.73	€465.73	€44,000	€13,200	€7218	€21,326.94	€51368.27

Finance example is based on a 37 month BMW Select (hire purchase) agreement for the model featured, a 518d SE. Total Contract Summation: 40230. Service condition charges may apply at the end of the agreement. On the road cash price is based on manufacturer's recommended retail price and includes BMW Dealer Warranty and BMW Emergency Service. Prices are correct at time of publication and are subject to change without notice. Retail customers only. All finance is subject to status and available to over 18s in Ireland only. Warning: you will not own the goods until the final payment is made. Finance is provided by BMW Financial Services (Ireland) Limited, 2nd Fl. Square, Dublin 2, Ireland. Please see illustration for more details.

AHERNS
 TRALEE ROAD, CASTLEISLAND, CO. KERRY
 Tel: 066 7143000, email: info@ahernsbmw.ie WEB: www.ahernsbmw.ie

INCREASE IN CYCLIST INJURIES IN 2012

The Road Safety Authority (RSA) has published an in-depth report on cyclist casualties that occurred in 2012, which shows that cyclist injuries hit a ten-year high (2002 to 2012) as 630 cyclists were injured on Ireland's roads. This represents a 59% increase compared to cyclist injuries in 2011.

335 or just over half of all cyclists were injured in Dublin alone.

The report revealed that the mid-week, evening and morning rush-hour, including lunchtime, were the times cyclists were most likely to be injured. Cyclist injuries peaked during May to September, where over half (54%) of cyclist injuries occurred. Three quarters of cyclists injured in 2012 were male, while over half were aged 25-49.

The RSA is asking all cyclists to be aware of their vulnerability on the roads and is advising cyclists to make sure they are equipped with the correct safety gear when they are out on their bike. It is also vital that cyclists follow the rules of the road and traffic regulations in order to ensure their safety on the road.

The number of cyclists on the roads has increased in recent years, particularly in cities, and Central Statistics Office (2011) figures show a 9.6% increase in people cycling to work, and that men account for the majority of cyclists in Ireland (75%).

THE RSA HAS THE FOLLOWING ADVICE FOR CYCLISTS & DRIVERS:

Never cycle in the dark without adequate lighting – white for front, red for rear

Always wear luminous clothing such as hi-vis vests, fluorescent armbands and reflective belts so that other road users can see you

Wear a helmet

Make sure you keep to the left. Always look behind and give the proper signal before moving off, changing lanes or making a turn Steer well clear of left-turning trucks / buses: let them turn before you move ahead. Remember if you cannot see the driver the driver cannot see you.

Maintain your bike properly – in particular, your

brakes should work properly and your tyres should be inflated to the right pressure and be in good condition

Watch your speed, especially when cycling on busy streets and going downhill

Drivers need to pay greater attention to their speed, particularly in urban areas, as this pre-crash factor has the biggest bearing on survival rates.

Drivers should choose a speed that is appropriate for the environment and their surroundings, this is especially true when sharing the road with cyclists and pedestrians

Drivers should watch out for cyclists in their blind spots and at junctions, especially when turning left or right.



THE TODAY FM ANNUAL CHARITY EVENT IS NOW IN ITS SIXTH YEAR. STAFF AT BOWLERS TOYOTA CENTRE AND FROM THE BALLYCASHEEN INDUSTRIAL ESTATE INCLUDING PREMIER PARTS AND O'SULLIVAN DARC ENGINEERING DID THEIR PART ALONG WITH THE HELP FROM AGA TURKISH BARBER KILLARNEY. THIS YEAR ALONE 30,000 PEOPLE WILL HEAR THE WORDS "YOU HAVE CANCER". BY 2020 IT IS ESTIMATED 42,000 CASES WILL BE DIAGNOSED ANNUALLY. IN IRELAND 1 PERSON IS DIAGNOSED WITH CANCER EVERY 15 MINUTES. THOSE WHO WISH TO DONATE CAN DO SO AT THE RECEPTION COUNTER AT BOWLERS GARAGE, BALLYCASHEEN.



SIMPLY CLEVER

ŠKODA



SKODA GARAGE

CHEAP
REPAIRS &
SERVICES

PHONE 111 111

NO PARKING
DAY or NIGHT

AVOID EXPENSIVE IMITATIONS. SERVICE YOUR ŠKODA FROM ONLY €99.

Be sure to visit Liam Lynch Car
Centre for a service from only €99.

Your ŠKODA dealer will service your ŠKODA from only €99 with no nasty surprises. We will use genuine ŠKODA parts, Castrol professional oil and give your ŠKODA a complete health check. Now that's service, quality and value you won't get anywhere else.

For more information visit Liam Lynch Car Centre. Terms and conditions apply.

ŠKODA Service.

Liam Lynch Car Centre,
ŠKODA Dealer of the year 2012 and 2014,
Farranfore, Killarney, Co. Kerry.
T. 066 9793066. W. www.liamlynchskoda.ie



Join the My ŠKODA
rewards programme today.



Think Aherns Think Opel



€14895

From
€44
per week

* T & C's apply

NEW CORSA

PREPARE TO MEET YOUR PERFECT MATCH.

The clever New Opel Corsa. With IntelliLink Infotainment and Park & Go technology to self-park itself into tight spots.
Take a three day test drive at your local dealership



Wir leben Autos.

Price excludes delivery and related charges. Model is shown for illustrative purposes only. Fuel economy l/100km: urban 3.8-7.8, extra urban 3.0-4.9, combined 3.3-6.0. CO2 emissions 67-140 g/km

AHERNS

TRALEE ROAD, CASTLEISLAND, CO. KERRY

Tel: 066 7143000, email: info@aherns.ie WEB: www.aherns.ie



O'Sullivan Motors

Killorglin

Call us on:

066 9761929 066 9790787

VAN SALES

- 2012 Ford Transit 2.4 T260 SWB
- 2012 Ford Transit 2.4 T300 LWB
- 2012 Opel Vivaro 2.0 LWB
- 2011 Ford Transit 2.2 SWB
- 2011 Opel Vivaro 2.0 LWB
- 2010 Citroen Dispatch 2.0 HDI
- 2010 Ford Transit 2.4 LWB 115 BHP 6 speed
- 2010 Mercedes Sprinter 2.2 LWB
- 2010 VW Caddy 2.0 DSL
- 2010 Opel Combo 1.3 CDTI
- 2009 Ford Transit 2.4 T280 LWB
- 2008 Ford Transit 2.2 SWB T330 110 BHP
- 2007 Mitsubishi Canter 3.0 Box Body
- 2007 Ford Transit 2.4 T280 LWB
- 2007 Ford Transit 2.4 T350 High roof 140 BHP
- 2007 Peugeot Partner 1.6 HDI
- 2007 Ford Transit 2.2 SWB
- 2006 Nissan Kubistar 1.5 DCI
- 2004 Renault Traffic 1.9 SWB
- 2004 Kia Sorento 4x4 2.5 Commercial



ROWING TO RIO

The Monika Dukarska Blog

The story of a professional athlete

The week leading up to the national trials was filled with uncertainty and as it appeared later on, some crucial last minute decisions. My preparation for trials was divided between bike and water work. I had to assess the condition of the body on daily basis to ensure that I'm in a good shape for the camp as well as to continue training. I have finally got back into my single scull and covered around 12 to 16 kilometers uninterrupted. Unfortunately I was not in a position to go through with my race preparation during the week due to the number of recent niggles. The racing preparation consisted of high rate (often flat out) 2,000m, 1250m, 750m and 250m pieces in the days leading up to the trial. Not doing it was a precaution as the training camp in Varese, Italy is a big stepping stone for the Irish crews in the lead up to our first international event in May and it is crucial to complete the camp in full.

There is often an inside struggle in the athletes mind as to whether race or not. If I am not going to give my 100% best, I don't want to do it at all. When I race, I race flat out, leaving everything on the water. Although my recent injuries have nearly settled there was a possibility that I would put myself in danger and I could aggravate the leg ligament during the race. Hence, it was only smart to opt out from racing at the weekend and recover in full for the camp.

On a positive note, I have made huge improvements in my single. Having spent so much time away from the boat enabled me to work on my posture, core strength and as a result I have improved my pattern of movement which again resulted in a better boat speed. Injuries often enable athletes to work on areas which are neglected due to volume of the programme. I am getting stronger day by day and I'm looking forward to return to full training on Monday in Varese, Italy.

The camp will be challenging and demanding on the body and the mind. I will let you know how I am doing next Thursday! Watch that space. Keep up to date with Monika on twitter at @MDukarska



MERCY MOUNTHAWK ATHLETES DEARBHAIL RYAN, EDEL SLATTERY AND NORMA O'CONNOR IN THE SENIOR GIRLS 2500M MUNSTER POST PRIMARY CROSS COUNTY CHAMPIONSHIPS AT CORK IT, THEY PICKED UP 5TH PLACED TEAM ALONG WITH FELLOW ATHLETE FIONA KAVANAGH WHO WAS PLACED 16TH. THE TOP KERRY RUNNER WAS MUIREANN MCKENNA OF GAELOCHOLISTE CHIARRAI. MOUNTHAWK'S MINOR TEAM FINISHED IN 8 PLACE

LADIES WELCOME LAOIS

LADIES FOOTBALL LEAGUE ROUND 2

KERRY V LAOIS

Date: 22nd February 2015 Venue: Castleisland Desmonds

Time: 2pm Referee: James Flood (Wexford)

Kerry welcome Laois to Castleisland next Sunday in what is their first home game of the season so far. The Round 3 clash comes on the back on a win and loss to date in the league and Alan O'Neill's side will be hoping to pick up two points which will at this early stage probably be enough to avoid relegation.

Alan O'Neill is looking forward to his first home game in charge "It's great to get a game at home at this stage. We have had two away games now that posed difficult and different challenges and I am happy with the progress that we have made so far but it is important to keep that momentum going now and we need another big performance. Laois are a decent side and despite

their results we will not be taking them for granted but I feel if we perform it is a game that we are well capable of getting a result"

Laois have been on the receiving end of two heavy defeats to date to Galway and Mayo and will arrive in the Kingdom in a vulnerable state. Last season they gave Kerry a walk over failing to travel but on their last visit to Kerry in 2009 they took a share of the spoils at the same venue which was seem as a shock result even then.

Even at this early stage of the year, Kerry would seem to be in a better place than the midlanders and a home win would seem a likely outcome.

KNIGHT RECOGNISED BY TOP WOMEN'S SPORTS WEBSITE

Dingles Josie Knight has been picked as sports star of the week by sportswomen.ie

Josie was perhaps the breakthrough rider of 2014. Riding for the O'Leary Stone Kanturk team, Knight has shown her potential in the youth ranks since first throwing her leg over the cross bar of a road bike. She competed in her first World Road Championships in Spain last September and while on track for perhaps a top 10 to 15 placing in the junior time trial, she would crash in the rain. She got back up and raced hard to the finish, but the injuries she picked up were severe. In addition, while she would start the junior road race a few days later she was ultimately

forced to abandon, though she will be back next year. However, it is on the track where the 17-year-old from Dingle, Co Kerry, has really shone in recent times. A first year junior last year, she was selected on the Irish team to ride the European

Junior Track Championships in Portugal in the summer. Lining out in the individual pursuit, Knight blasted to the fastest time of the international field in the qualifying round. She would end up with a silver medal beaten by seven tenths of a second by the Russian champion.

sportswomen.ie set up by Sharon Hutchinson looks to support, promote and report the achievements of Irish female athletes and to give them the recognition they deserve. It further looks to promote positive role models for our youth and to help to stem the exodus of teenage girls from sport and exercise.



GEANEY OIL
CASTLEMAINE

Phone: 066 9767272
Contact our local representative
Michael Murphy: 087 4109963
Email: castlemaine@geaneyoils.com

Delivering in your Area 6 Days a week

↑
Coal
+ 7.70%*

↑
Briquettes
+ 7.00%*

↑
Wood Pellets
+ 8.60%*

↑
Electricity
+ 1.00%*

Kerosene
- 30.00% ^
↓

* Based on figures compiled by SEAI, 1 Oct 2014
^ Based on wholesale price movements

Very competitive prices on:

- **Kerosene**
- **Unleaded Petrol**
- **Agri-Diesel**
- **Plastic Oil Tanks**
- **Auto-Diesel**
- **Castrol Lubricating Oils**

KERRY GAA STORE
NEW & EXCLUSIVE
National League 2015 teamwear
Available Instore

New home & away jerseys also instore.

Official 2015 Callendar

The Kerry GAA Store,
Killarney Outlet Centre.
Tel: 0646636571

KILLARNEY OUTLET CENTRE

Find us on Facebook

O'CONNOR FUELS
KILLARNEY, CO. KERRY

Special Winter Offers... **FREE DELIVERY**

ASH Hardwood
1 TONNE BAG
ONLY €69

Soft wood
1 TONNE BAG
ONLY €35

10 Bags of 40Kg Premium Coal
Only €144
Buy 5 Bags smokeless Coal 40KG
Get 1 Bag FREE

FLO GAS

m: **087-6178379** t: 064 77 50661 f: 064 77 56534

iBike

2 CHARLES STREET,
LISTOWEL, CO. KERRY
Telephone: (068) 23975
Email: peter@ibike.ie
www.ibike.ie

FREE BIKE FIT with new bike sales
Lightweight wheels and components
Large selection of clothing and footwear
All bikes serviced and repaired

SUPPLIER OF CYCLE TO WORK SCHEME
SAVE UP TO 52% ON YOUR BIKE

KERRYS ONLY STOCKIST OF
BASSO, FONDRIEST, OLYMPIA
AND SCAPIN BIKES

SALE NOW ON
BIG DISCOUNTS ON 2014 BIKES

BASSO **cannondale** **CASTELLI** **SMS**
MERIDA **FORME** **FONDRIEST** **HARO**
SCAPIN **SPARK** **LAPIERRE** **SOLAN**



LEGION GAA

PRESIDENT: The club are proud and delighted to announce that our new club president is the great Legion stalwart from Muckross, none other than Donie O'Meara. A most deserving position for a man that has given so much to the club throughout his life

PITCH BOOKING: With the footballing season looming and all teams getting into full flow with training, it is very important for each team to book their training times and to notify

Pat Healy regarding home match fixtures.

DEFIBRILATOR COURSE: Names are now being taken for the next course on the use of the defibrillator which is an invaluable asset for anyone to have, not just on the sporting front but in everyday life. It is advisable to book your place on this course as soon as possible as there are limited places available. To book your place please contact Blaithin Stack, Jimmy Reen, Enda Walsh or Barry Slattery.

AWARDS NIGHT: Awards night co-ordinator

Jerome O'Regan informs us that the annual awards night will take place on Friday 13 March. A great night has been planned with all the player of the year awards [senior, junior, ladies and youth] being presented along with the Clubperson of the year and the Hall of Fame award. A special Guest of Honour will be in attendance on the night, a person who will prove hugely popular to everyone. So keep this date in your diary.

KERRY V DUBLIN: Another date for your

LEGION GAA CLUB

WHERE ARE THEY NOW

New Zealand in my mind had always been a barren, dry country but I couldn't have been more wrong, as its lush green landscape is in fact very similar to Ireland, but with a warmer climate of course, and as I travelled southwest from Hamilton to a small town called Te Aroha, I noticed even more similarities to home as dairy farming was evidently a big industry here. Located at the foot of the 952m high Mount Te Aroha, the town of the same name is home to just under 4000 inhabitants of which four of them hail from Woodlawn Road Killarney, namely former underage and senior Legion footballer Pat O'Sullivan, his wife Julia and their two kids, Torin aged 11 and Seren aged 8. Its actually in the dairy farming industry that Pat has mostly worked since he arrived here in New Zealand's North Island back in 2005 and as he readily admits that prior to arriving here that he knew absolutely nothing about dairy farming or any other kind of farming for that matter but he reckons that, because during his original interview with dairy company Fonterra, they couldn't understand a word that he was saying, only that he appeared supremely confident that they decided to give him the start and he has worked there since, going from his original role in project management at the cheese processing plant to his new post since September 2014 a vendor manager in procurement. Pat, now 46, grew up in Woodlawn Road in Killarney and is a son of Paddy and Lucy and has a brother Steve and a sister Liz and its here where the Legion interest continues as Liz is married to current club juvenile chairman, Paddy Osbourne and their three children, Robert, David and Rebecca have all been involved with the club. 1977 was the year that Pat first donned the green and white and he says in his early days most of the games were played in what was then known as St Finians pitch and its from here that Pat has one of his first memories of club people that would go on to have an influence on him throughout his playing career "I always remember an under 10 training session up at the 'mental' pitch. I don't think I touched the ball during the game and came off thinking that I wasn't very good

and Weeshie Fogarty coming up to myself and my mother and saying what a great little player I was and how hard I had tried. Weeshie was always great and picking players up and giving them a bit of self belief," says Pat. Pat went on to recall a few of his underage successes but as he says, it was only a few but he does remember winning an u14 and an u21 East Kerry title and then achieving success again at u21 level in the County Championship with Killarney (Legion/Spa). Pat was on the Kerry Vocational Schools team that won the All Ireland title in 1986 and with the opposition on the day being Offaly, who better to give a dressing room talk before the game than Bomber Liston and with the famous "82 final still raw in Listons memory, to say that his speech was animated, would be majorly underestimated, recalls Pat. Pats displays with the club and school earned him a well deserved Kerry Minor trial but with, Larry Fagan due to collect him on Saturday morning to drive him to north Kerry for that session, Pat picked up an injury the evening before and missed out on what surely would have been a place on the minor panel. Pat has great praise for Larry Fagan, who did trojan work for the club and he also has special mention for Johnny Culloty who, at u12 level drilled in the importance of "pass and move". Pat continued playing senior for the club right up until he left Killarney in 1990 having the distinction in the previous August of being on the first ever Legion senior team to play in Derreen, lining out on the day alongside the likes of Donal O'Donoghue, Conor McNiece, Tomas Lyne, Gerry Griffin and captain Connie O'Carroll. Pats last game for the club was against Spa shortly before he emigrated to England in June 1990, where he would stay for the following 15 years. Pat did however line out once more with the club as he took part on a winning team in the clubs then annual O'Meara cup during a visit home during the Xmas of 1992. In 1995, the couple moved back to London where Pat had secured a job with Guinness, then the parent company of Diageo in Stansted. Pat stayed active during this time, playing Sunday league football but after a succession of injuries, Pat

hung up his boots in 2003, the same year that their first child, Torin was



PAT O'SULLIVAN

born. Two years later, they departed England and headed to the southern hemisphere where they still reside today.

Pat has since swapped his football boots for a squash racket and has played regularly since he moved here almost ten years ago and he also stays in shape by recently taking up Cross Fit training. Pat stays in touch regularly with club affairs, mostly through the results section on the Kerry Gaa website and the clubs facebook page and it was on the facebook page that he really enjoyed watching match highlights and he says that he would love to see this being resurrected again. When I last met Pat, it was back in 2013 in Killarney, while Pat and his family were home but due to the long distance involved, he reckons it will be next year 2016 before he gets to visit again but he is already looking forward to it as he does admit to missing the craic in Killarney, especially in the Summer months and going to the pub for a pint of Guinness or two or ten. As for returning home on a permanent basis, Pat says that it isnt in his plans at the moment.

I asked Pat if he saw much of a change in the GAA between his days playing football and the game as it is today and his response was "The biggest change in the GAA is the fact that it's still an amateur sport played by people because they love the game. However, the level of expectation from supporters and the scrutiny from the media, especially at inter county, goes beyond the pale at times. I read the match reports on line. Oh yeah, and when did all the players start doing the body building and trying to look like mini - Schwartzneggers?? I hadn't realised you needed big biceps to play football". I then bid Pat and his lovely family farewell as we all looked forward to 2016.....

Next week we catch up with a Muckross man that travelled to Jersey in the Channel Islands and is now back living in Dublin.



diary is March 1st when we will host the National league Ladies fixture, Kerry v Dublin at our grounds in Derreen. Our own Alan O'Neill is manager of the Kerry ladies this season so please make an effort to come and support Alan and the team, and the fact that the throw-in time is 12.30, why not take in this game before going down to Fitzgeralds Stadium for the Kerry v Dublin mens National league game afterwards

CONGRATULATIONS: The club wishes Robert Osbourne and Jack Hanrahan all the best for their upcoming International tournament as the two were selected to represent Ireland in the International Childrens Games tournament which will take place in Alkmaar in Holland in June. Robert was selected as goalkeeper on the soccer team with Jack gaining selection on the Judo team.

U21 EAST KERRY: Same two teams, same pitch, quite a few same players, different result. Gneeveguilla exacted some revenge on the Legion in this u21 East Kerry Div 2 semi final as they reversed the scoreline of the previous evenings encounter between the same two clubs at senior level. Throughout the entire match, there was very little between these sides as at any stage in this fixture was there ever more than a couple of points separating the teams. At the short whistle Gneeveguilla led by two points 0-07 v 0-05 Eamon Herlihy and Cornelius Buckley to the fore for Gneeveguilla while Rob Leen, Cathal Sheahan and Jack O'Neill were prominent for Legion along with some fine long distance free taking by midfielder Donal Lyne. The second half was where most of the action came from and when Conor Culloty goalied for Legion, it looked like the town side might just shade it but Gneeveguilla had other ideas and when Herlihy scored a long range point it seemed to lift the Gneeveguilla team and this was quickly followed by a Cornelius Buckley goal with the visitors holding on for a single point victory. Final score Legion 1-10 v Gneeveguilla 1-11.

STRICTLY COME DANCING: Congratulations to Mikey Bernard and Grainne O'Sullivan who won last weeks Strictly Come Dancing.

SIGERSON CUP: Best wishes to Shaun Keane and Podge O'Connor as UCC play IT Carlow this weekend in the semi final of the Sigerson Cup.

ALL IRELAND TITLES: Well done to Brosna and Ardfert on bringing home the Junior and Intermediate titles respectively and also to Spa and the other Kerry clubs that brought back four All Ireland Scor titles and a big congrats to Conor Keane and the Kerry u21 team that won the Hastings Cup Plate competition last Saturday.

SYMPATHY: The club sends its sincere condolences to the Herlihy family, Spa on the death of Joan. Our sympathies to her husband Dave and her children Laura and Paul. Ar Dheis De go raibh a Anam Dilis.

BEAUFORT GAA NOTES

LOTTO: Next draw for lotto jackpot of €3,200 will be held in Kate Kearney's on Sunday, 22nd February. Please support as this helps in the day to day running of the Club. Tickets are available from usual sellers and in local shops and bars.

SENIORS: Our Seniors sponsored by Maurice Foley of MF Decorating began their 2015 campaign well on Sunday when they hosted an understrength Laune Rangers team in Beaufort. Laune Rangers settled better and were ahead in the first quarter but Beaufort had points from Niall O'Connor, Liam Caey (2), Fergal Hallissey and a free from Kevin O'Brien and once Padraig O'Sullivan scored their first of 3 goals in the first half the game was over on the scoreboard. Their 2nd goal came from Fergal Hallissey after his mid-field partner Francis Courtney put him through while the 3rd came from full-forward Kevin O'Brien after an accurate cross-field pass from Danny Healy. The half ended in drama when Beaufort's goalkeeper Mike Moriarty hauled down Kerry player and mid-fielder Peter Crowley for a penalty. Peter took the penalty himself but Mike redeemed himself and brought off a fine save. Half-time score Beaufort 3-5 Laune Rangers 0-7. Laune Rangers had a lot of missed chances and also came up against a hard-working defence while Beaufort picked away with scores - 2 points from Francis Courtney (1 free), 2 fine points from wing-back Sean Fogarty and full-back Gerard Hartnett. Fergal Hallissey had a 45 and one from play while Jason Foley had Beaufort's 4th goal. **FIXTURES:** Beaufort Minors away to John Mitchels on Saturday, 21st February at 4pm in Co Minor League, Round 1. Beaufort Seniors are home to Cromane in 2nd Round of Mid-Kerry League on Sunday at 2.00pm.

DR CROKES NOTES

MATCH REPORTS/ RESULTS: The Senior Football squad started their competitive season with two East Kerry Senior League fixtures in 48 hours, both under lights at Lewis Rd.

On Wednesday 11th February 2015, Listry were the visitors and a strong Crokes selection recorded a 2-13 to 0-05 victory to open their 2015 campaign, the goals coming courtesy of Brian Looney and Andrew Kenneally. Then on Friday 13th, Cordal were defeated 4-19 to 0-05. This time the goals were supplied by Jamie Doolan, Chris Brady (2) and Mike Milner. Chris set up Jamie to raise the first green flag of the evening, then added a brace himself, the first after good approach work by Brian Looney, the second from the spot after Cian O'Neill was fouled. Mike Milner finished to the roof of the net in adding a fourth Crokes goal. Chris Brady finished the game with a superb 2-10 and it was good to see Alan Kelly back between the sticks, adding further competition for the Crokes number one jersey.

THE U21S: played their previously postponed East Kerry Div 1 Championship game away to Rathmore on Sunday 15th March at midday but

will have to do it all again as the game finished Rathmore 4-09, Dr Crokes 1-18, after extra time.

THE MINORS: Start their County League fixtures with a game away to Kerins O'Rahillys at 4pm on Saturday 21 February.

THE SENIOR LADIES: Also had their first outing of the season away to Finuge on Sunday 15 February. They went down 4-09 to 2-07 despite a strong second half showing. Down 15 points at halftime having played into a strong wind, they outscored their opponents by 7 points with the elements but still came up short on account of not taking a number of chances created.

LOTTO: Draw took place in the Tatler Bar on Sunday last. Numbers drawn: 4, 9, 11 & 12. There was no winner of the jackpot of €3,000. 9 players matched 3 numbers and won €45 each. Next week's jackpot is €3,000. Draw will take place in the Tatler on Sunday 22nd February 2015.

DATES FOR YOUR DIARY: Strictly Come Dancing, Thursday 5th March 2015 - Club Social, Monday 16th March 2015

STRICTLY COME DANCING: Tickets for the big night on 5th March, priced €15 Adults & €5 for Under 16s, are now on sale from the participants, the INEC Box Office and from the organising committee of Matt O'Neill, Ger O'Shea, Terry Potts and Vince Casey.

Entrance ticket will also serve as a voting voucher for your favorite dance couple as you enter the show. Tickets will also be on sale at the Clubhouse, 10:30-11:30 on both Saturday 21st and Saturday 28th. We want to fill the INEC on the night to support the dancers who have made a huge effort since the New Year on behalf of the club so get your tickets early. All Crokes supporters must come along and support their favorite couple(s) and a wonderful family night of entertainment is promised, all the time raising much needed club funds and supporting the Brosnan family in their hour of need.

Special family tickets (2 Adults and 2 Children) available from Vince (087-2461599)

See DRCROKES.COM for latest updates.

CHANGE OF PLANS-JUVENILE

ACADEMY: As Dr Crokes are now hosting the Corn Ui Mhuiri final on Saturday 28 February, the first Juvenile Academy day of the new season has now been put back a week until 7 March 2015 and the new date will also serve as a registration day for all existing and new members. For some of the girls and boys it will be their first time pulling on a pair of boots or taking to the pitch. Some will be sampling our facilities for the first time, while others will be following in the footsteps of their parents, grandparents, uncles and aunts or older brothers and sisters. All will enjoy the fun and games provided by qualified coaches in a safe environment. The first Saturday morning of our academy is a special day in the Club calendar and we would ask all members and those wishing to join, young and old, to come along



on the day to share the facilities the Dr Crokes Club has to offer to the families of Killarney. Why not arrange to bring a neighbour, relative or friend along on the day as we are always open to new members. Any parent whose children are playing with the club are also most welcome to become official members of the Dr, Crokes Club. Again please note the change of date for the Academy commencement, now on 7 March 2015. Should be some day so watch Dr Crokes social media for further details.

HURLING: Dr. Crokes GAA Club are a true dual GAA club and we are currently seeking new members, both adult and underage, living in the greater Killarney area, to join our hurling section. We have a vibrant underage coaching structure catering for boys and girls from six years old and upwards. Coaching and training is on Saturday mornings and parents are assured that their children will be looked after in a safe, friendly, healthy and welcoming environment. Visit DRCROKES.COM, Coiste na nOg section for more information.

SCOR: Best wishes to our Senior Quiz Team who travel to Brosna on Saturday 21 February to compete in the County Final of Scor Sinsear. Also best of luck to our young members who will be competing in the East Kerry Final of Scor na bPaisti in Fossa Community Centre on Friday 20 February, starting at 4pm. Again a big thank you to the parents, children, mentors and Scor Committee for their commitment to the cultural side of the club.

Any queries regarding Scor competitions contact Teresa 086-3487671.

OFF THE BOOZE AND ON THE BALL: Dr Crokes have registered for the GAA's health challenge, Off the Booze... On the Ball. A number of members have volunteered to abstain from alcohol for 4 weeks in February and to focus on their health and well-being - all the while raising funds for the club in a fun and healthy way. For further details see gaa.ie/thechallenge or DRCROKES.COM

CLUB DEVELOPMENT: Their was a fantastic response from members to assist with the installation of the the seats into the stand on Saturday 14 February. The work is now nearing completion and adds a wonderful further dimension to our facilities. Again this support shows what can be achieved when come together for the greater good of the club.

CONGRATULATIONS: Best wishes to Johnny Buckley and Annie McMonagle on their recent engagement and congratulations to both Brosna and Ardferd on their All Ireland Club successes at Croke Park.

LISTRY GAA

LISTRY WEEKLY LOTTO RESULTS SUNDAY 15TH FEBRUARY, 2015.

Winning Numbers 7, 8, 12, 16. Jackpot €3,200 Not Won. **EAST KERRY SUPER LEAGUE 2015 DIVISION 1 ROUND 3:** Sunday, 22nd February, at 12 o'clock.

Listry v Rathmore Venue: Listry.

EAST KERRY SUPER LEAGUE 2015 DIVISION 1 ROUND 2 RESULT:

LISTRY 0-7 CURROW 0-10

FINAL NIGHT OF GMHD INSURANCES

JUVENILE CLASSIC: The club is having a fundraiser race at Kingdom Greyhound Stadium. This will take place on Friday, 6th March. First Prize €300 worth of vouchers for the holder of the ticket with the winning combination. Tickets are €10 each and are available from the club. Spot prizes on the night.

MILLTOWN LISTRY LADIES FOOTBALL:

Our annual get together was held in Killarney Country Club on Friday last. Thanks to all those who attended on the night. Thanks to Barry John Keane who presented the medals and to Killarney Country Club for the beautiful meal and hospitality. It was great to have Sam Maguire in attendance. Well done to everyone involved in ladies football in the past year.

SPA CLUB NOTES

COISTE NA NOG: Registration continues next Friday February 20th night 6.30-7.30pm.

TRAINING SCHEDULE: U6/U8 TBC after registration. U10 Boys Fri 7-8.

U12 Boys Fri 6-7. U14 boys Fri 8-9.

U16 Boys Sunday 10-11am.

LADIES FOOTBALL: U6/U8 and U10 girls continue to train indoors Wednesday evening 5-6. Anyone who hasn't registered yet can do so with the coaches.

U12 GIRLS: Training every Sunday morning 11-12.

SENIOR LADIES: Open their League campaign next Sunday 22nd at 12noon away to Kilcummin. Round 2 is away to Currow March 8th at 12noon. The ladies would like to send our condolences to senior player Laura Herlihy on the untimely death of her mother Joan. May she rest in peace.

SENIOR EAST KERRY SUPER LEAGUE ROUND 2: GLENFLESK 1-11, SPA 3-5.

Spa had their 2nd outing of the year against Glenflesk on Sunday morning. This game was played in very windy conditions in Glenflesk and turned out to be a "game of two halves". Glenflesk played with the wind the first half and used the wind very well with some outstanding long range points from Jeff O'Donoghue. Spa had to work really hard to get the ball up the field against this strong wind and many of our attacks broke down. Craig Hickey managed to kick 3 points from frees to keep us in touch for the first 20 minutes. Ryan Carroll scored a fine point in the 25th minute to bring Spa within 5 points. In the 27th minute Lee O'Donoghue struck for a super goal for Glenflesk and it looked like Spa were in big trouble. However the heads didn't drop and in the 29th minute John Falvey fisted the ball into the net after a great cross from Ryan O'Carroll. This left the score at half time at 1-4 for Spa, 1 -9 for Glenflesk. With the

strong wind at our back Spa started the second half very well and in the 3rd minute Craig Hickey landed a long ball into the goalmouth and Rory O'Riordan finished the breaking ball to the net. Scores were scarce from here on with nothing being scored by either side until the 15th minute when Spa struck for another goal, Ryan O'Carroll providing the finish on this occasion. Glenflesk scored their first point of the second half when Jeff O'Donoghue finished off a fine passing move. Spa scored again in the 23rd minute with a lovely point from the boot of Rory O'Riordan. Spa were now up by 1 point but failed to add to this lead over the last 7 minutes. On the stroke of full time Glenflesk got a free on the 20 meter line and Jeff O'Donoghue made no mistake.

The game finished Spa 3-5, Glenflesk 1-11.

It was a difficult day for football but the game was played in a very sporting manner and excellently refereed by Christy Crowley of Rathmore. Kevin O'Sullivan and Timmy Hussey played very well again and Aidan Cahill was in control at full back. Conor Kearney also put in a fine performance over the hour. Andrew Garnett had a fine game at midfield while up front Rory O'Riordan, who came on at half time was very influential. Over all Spa were happy to salvage a point from this encounter.

TEAM: James Devane, Conor Kearney, Aidan Cahill, Timmy Hussey, Michael Finnegan, Shane Lynch, Kevin O'Sullivan, Andrew Garnett, Hugh O'Donoghue, Ryan O'Carroll, Shane Cronin, Aidan Shephard, Craig Hickey, Pat Cronin, John Falvey, Adyan Mulvaney replaced Timmy Hussey, Paul Russell came on for John Falvey and Rory O'Riordan came on for Aidan Shephard.

MINOR CO. LEAGUE UPCOMING

FIXTURES AT 4PM: Rd 1 21st February home to Dingle.

Rd 2 7th March Away to Austin Stacks

Rd 3 14th March Home to Dr. Crokes.

SCÓR: SCÓR NA NÓG DOUBLE ALL IRELAND CHAMPIONS:

What a weekend for the club and Kerry with all 4 teams that represented Munster came away from City West Hotel with All Ireland glory. History was made once again in the Club as these are the first teams to win in these both Quiz and Figure Dancing. Last year was the first with Recitation and Set Dancing. What a huge accomplishment for our Club with 4 All Ireland titles in two years. A homecoming was awaiting the winning teams in Spa with a Bonfire and were welcomed by our own member Mayor of Killarney, John Joe Culloty and his wife Mary. Ger Mangan, Chairman and John O'Donoghue Chairman, Coiste na nOg congratulated all involved and thanked the huge crowd that turned up in the Clubhouse. Sheila also congratulated the other Kerry Champions from Lisople (solo singing) and Ardferd (music). Prionnsias O Chathasaigh who won All Ireland title in Solo singing has Spa connections with his mother Margaret Fitzgerald from Tiernaboul. A terrific weekend



for the Club and Mile buiochas to all involved.

SCÓR NA BPAISTI: Best wishes to our Primary school children who will compete in the East Kerry Final 20th February.

SCHOOLS LINK: Tiernaboul N.S. have entered the Young Entrepreneur with a business "Cozy Candles Killarney". The product is do professional and can be purchased from Cronins Foodstore or at the school. You can place an order by email cozycandleskillarney@gmail.com .

LOTTO: Numbers drawn in McSweeneys 3 15 23 27 No winner. Lucky dips €50. Jim Naughton Tullig.

Ger Sullivan Ardschanavooly.

Agnes Lawlor Ballyspillane.

Sean Murphy Murphys Bar.

Next week €5000 in Jimmy O Briens

CSPA COMMUNITY NOTES: JOAN

HERLIHY RIP: The members of the local community including the Spa GAA and Community Games fraternity were saddened by the untimely passing of Joan Herlihy, Lissivigeen Cross, during the past week. On coming to reside at Lissivigeen after her marriage to Dave Herlihy over 20 years ago Joan fully immersed herself in many aspects of local, community life and very much endeared herself to all with whom she associated. She served as a community rep on the Board of Management of Lissivigeen NS as well as a Scouts Leader and Hon Treasurer of the Spa / Muckross Community Games club. She was also a keen naturist loving the Wildlife and animals. During her prolonged illness which she fully accepted she played a major part in fundraising for the Oncology Services and in July 2014 she completed the Ring of Kerry Cycle which raised much needed funding for various charities. Pupils from Lissivigeen NS formed a Guard of Honour at her removal from her home to O' Shea's Funeral Parlour on Friday and were part of the Choir at her funeral Mass. Sympathy is extended to her husband Dave, children Laura and Paul as well as the extended Herlihy and Quinlan families. May She Rest In Peace.

STRICTLY COME DANCING: The past week proved to be a most successful week for all our local dancing enthusiasts with our Scor Dancers and Quiz teams being crowned All-Ireland Scor Dancing champions in City West Hotel while out in the INEC of Friday night the Spa/Legion Alliance of the 1940's and 1980's was briefly resurrected when our own Grainne O'Sullivan from Ballaugh Cross partnered by Legion's Michael Bernard O'Donoghue turned in a dazzling performance to take the title of Strictly Come Dancing champions of Killarney for 2015. Indeed all our local contestants acquitted themselves very well including Batty O'Sullivan whose head gear added to the occasion. Former legendary Kerry midfielder Paddy Kennedy once attributed his high level of fitness to his regular Ballroom dancing

sessions in Dublin's Arcadia Ballroom. Along with Grainne, Spa were well represented in such a brilliant night with great moves from Mayor John Joe Culloty, Pat O'Neill, Mike O'Leary, Adrian O'Sullivan and Norrita Cronin. Well done to the organisers and all the dancers.

MILLTOWN/CASTLEMAINE GAA NOTES

LOTTO: Our Lotto Jackpot has now reached €11,600. Don't miss out on the chance to win this massive prize for just €2 entry.

MEMBERSHIP: New club membership rates family (2 adults and all children under 18) €80. Two adults also €80. One adult €50.

Student/OAP €25. U8s and u6s are free. Membership entitles you to free entry to all Mid Kerry League and County League games worth at least €40. Access to club tickets for Kerry matches. Access to draw for Munster and All Ireland Final tickets when Kerry are involved. Voting rights at club AGM.

10% discount at Vincent Murphy sports (Club kit supplier). All players must be members for insurance purposes. Our Bord Na Nog will have a registration night during the month of March. Please attend this night to receive important information and to registers players.

MINORS: Round 1 of the minor county league gets under way on the 21st of February with Milltown/Castlemaine v Gneeveguilla.

SENIORS: MID KERRY SENIOR

FOOTBALL LEAGUE: Round 1 Result: Milltown/Castlemaine 2-11 Keel 1-10. The next fixture is Laune Rangers away 22nd February at 2pm.

EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

EAST KERRY UNDER 21 CHAMPIONSHIP GNEEVEGUILLA 1-10 LEGION 1-10

Gneeveguilla exacted some revenge on the Legion in this Under 21 East Kerry Division 2 semi final, sponsored by Acorn Holistics and Sport Centre, Killarney, as they reversed the scoreline of the previous evenings encounter between the same two clubs at senior level. Throughout the entire match, there was very little between these sides as at any stage in this fixture was there never more than a couple of points separating the teams. At the short whistle Gneeveguilla led by two points 0-07 to 0-05. The second half was where most of the action came from and when Legion goaled, it looked like the town side might just shade it, but Gneeveguilla had other ideas and a long range point seemed to lift the Gneeveguilla team and this was quickly followed by a goal with the visitors holding on for a single point victory. Final score Legion 1-10 Gneeveguilla 1-11

RATHMORE 4-09 DR CROKES 1-18

(AET): Rathmore came perilously close to relinquishing their East Kerry Under 21 crown, sponsored by Acorn Holistics and Sports Centre Killarney, when they played out a classic draw with Dr Crokes, after extra-time in Rathbeg last Sunday, in the division 1 quarter final. Rathmore started the brighter and led by a goal and a point after a few minutes, the goal by Donncha Mc Carthy. However, Dr Crokes recovered well, with 6 points from Tony Brosnan, and led by 9 points to 1 - 4 at the break.

Dr Crokes seized the initiative again after the break and Micheál Burns tacked on 2 points. Dean Fitzgerald and Tony Brosnan swapped points and with 8 minutes left they led by 3 points on a scoreline of 12 points to 1 - 6. Rathmore levelled the scores with a great goal by Brian Moynihan. Score at the end of normal time: Rathmore 2-07 Dr Crokes 0-13.

Gavin O' Shea drew first blood for the Crokes in extra-time, when he pounced on a rebound from the post and he billowed the net. But within minutes TJ Friel - switched from his usual full back line position into the forward line- replied with an equally impressive effort, to level matters again. High quality points from Cillian O Regan (Dr Crokes) and from Donncha McCarthy and Brian Moynihan (Rathmore) meant that Rathmore were 1 up at half-time.

Aided by the breeze Crokes got 3 points in succession in the final period from Tony Brosnan (2) and Jordan Kiely, to lead by 2, but a second TJ Friel goal from a break after a high ball into the square, put the home team back in the driving seat. Brosnan had the chance to level it from a 45, and he duly obliged to tie the scores for the last time, in what was a fair result to a cracking game.

EAST KERRY SENIOR LEAGUE

Legion 1-13 Gneeveguilla 2-09

Last Saturday afternoon, Legion entertained Gneeveguilla in the East Kerry Senior League, sponsored by Frank Doran Safeguard Security. The town side kicked four good long range points in the opening minutes. However, Gneeveguilla, with a well taken point midway through the half and a goal shortly afterwards came into the game. The sides traded scores for the remainder of the half. Score at the break: 0-09 to 1-04 in favour of Legion. Although Legion started the opening half in whirlwind fashion, it was Gneeveguilla did the same in the second period as they rattled off four unanswered points, two from frees and two from play before Legion found the net to restore their lead. The home side held onto their lead until the final whistle. Although the home side built up a four point cushion entering the final few minutes, great determination by Gneeveguilla was rewarded with a late goal to set up a nail biting final minutes, when Legion held on to win by a point. Final score Legion 1-13 Gneeveguilla 2-09



KERRY SOUTH COMMUNITY GAMES NOTES

A big thank you to all the Killarney South Community Games parents/collectors who so generously gave their time and collected for Killarney South Community Games at the Cathedral Masses last Saturday and Sunday. A big thank also to the mass goers who contributed so generously as this is one of the only fundraising events that the area has during the year and covers insurance, registrations, affiliations, entry fees etc. A big thanks also to Anthony Greaney, Trish O'Sullivan and Kathleen Hartnett who co-ordinated the collection so successfully and ensured each of the Masses had the required number of collectors. Well done again to all.

WORKMEN'S ROWING CLUB

ST. MICHAEL'S HEAD OF THE RIVER: Will take place on Saturday, February 21st at O'Brien's Bridge, best of luck to all Workmen's crews competing at this event.

TRAINING: Is ongoing for all age groups and the fine, settled weather we've been enjoying has allowed all crews to get plenty of time on the water, let's hope it continues!

NEW MEMBERS: Of all ages, both beginners and experienced rowers, are always welcome to join Workmen's RC; anyone interested please contact Mary on 086 8098182.

KILLARNEY COUGARS BASKETBALL CLUB

JUVENILE NEWS: U12 BOYS DIV 1

KILLARNEY COUGARS 35

ST MARY'S 33. AFTER OVERTIME.

Cougars hosted St Marys in this Div 1 clash at the Presentation Gym. Cougars good recent form continued but this time with overtime needed to separate the sides with Cougars clinching the win in a very entertaining contest before a good attendance. A slow opening quarter saw the sides finish level before the visitors took control to lead by 10 at halftime with John Ahern with six points impressing for St Mary's. The Cougars finally got into the game in the third quarter as they tied the game with baskets by Rossa Bellew and Tommy Bowler reviving the Cougars. The game was end to end bask basket for basket and Cougars Daire Murphy gave Cougars a lead with just seconds remaining but St Mary's responded on the buzzer thanks to John Ahern to take the game into overtime. A tense final few minutes of overtime produced great excitement with a basket by Tommy Bowler giving Cougars victory. Best for Cougars were Ronan Coffey, Jackson O'Mahony, Simon Coffey, Rossa Bellew and Tommy Bowler.

U14 BOYS DIV 1: KILLARNEY COUGARS 31

KENMARE KESTRELS 15: Cougars produced their best performance of the season to defeat Kenmare Kestrels in the Pres Gym. Kenmare

started well and led by three points in a low scoring opening quarter. Cougars trailed by one point at halftime with defences on top keeping scores to the minimum. Cougars upped their tempo in the third quarter with a good basket by Joe Cahillane lifting the Cougars into the lead as they began to play with more confidence. Cougars took control with baskets by Sean O'Brien, Eoin Talbot and David Bartlett pushing Cougars ahead by 10pts. Cougars were well on top and Kenmare couldn't find the baskets to get back in the game as Cougars dominated the final minutes to finish deserving winners. Best for Cougars were David Bartlett, Sean O'Brien and Eoin Talbot.

SENIOR NEWS: WOMEN'S DIV 1:

KILLARNEY COUGARS 44

ST MICHEALS LIXNAW 37

A strong final quarter by the Cougars gave them victory over a determined Lixnaw who led for long spells of the game thanks to Mary Gardiners three point shooting and Sophie Conway fast breakaway baskets. The sides were tied entering the final quarter before Cougars finally found their range with a couple of three pointers by Marian O'Callaghan and good shooting from the free throw line by Alma O'Mahony and Chloe O'Doherty gave Cougars breathing space as the visitors tired. Cougars finished the game well to record back to back home victories. Best for Cougars were Marian O'Callaghan and Alma O'Mahony and Lixnaw's Sophie Conway and Myra Kissane impressing for the visitors.

KERRY MASTERS: The Moyderwell Gym hosts the Kerry Masters tournament at the weekend in Aid of Recovery Haven and Donal Walsh Live Life Foundation. Team Kerry Cougars will face Neptune Cork, Titans Galway in the group stages on Saturday morning.

MENS CUP FINAL: Cougars Senior Mens will contest their Cup Final on Sunday March 1st in Duagh North Kerry at 6pm. Cougars defeated Listowel and Tralee Tigers to reach the Final and will meet St Marys Castleisland.

FIXTURES: Saturday February 21st KERRY Masters 2015 at Moyderwell Gym v Neptune Cork 10am, v Galway 1pm.

U15 Girls CLBB v Middleton 4.15pm Pres Gym.

Sunday February 22nd

U16 Girls Div 1 v St Josephs 6 pm Duagh.

U14 Girls Div 1 v Vixens 1 pm Athea.

ACADEMY TRAINING: Mid term break, no training on this Friday February 20th.

A full list of the latest training times and upcoming fixtures is available on the website www.killarneycougars.com

MURPHY CUP 2015

On Monday night the 9th February Eamonn Carey beat Gary McCormick in the final of the night drawing a 180, a 12 dart leg and a 17 dart leg. Eamonn will now play John Teahan in the last 16 of the Murphy Cup and Gary will play Matt Leacy in the last 16 of the Peg Murphy Cup. Tuesday night the 10th February Mike Cronin beat Aidan Cronin in the final to secure his place

in the last 16 in the Murphy Cup. Aidan will play in the last 16 of the Peg Murphy Cup. Mike also had a 180 on the night. The final night of the groups was played on Wednesday the 11th of February and on Monday the 16th will see the commencement of the last 16 battling it out for the coveted Murphy Cup title. The winner on Wednesday night was Johnny Johnson who beat Roland Sauter in the final and will now play Mike Cronin in the last 16 of the Murphy Cup. Roland will play Aidan in the last 16 of the Peg Murphy Cup. Murt Downing had a 107 (20, 51, Double 18) finish.

SPAMUCKROSS COMMUNITY GAMES NOTES

BEREAVEMENT: Sympathy is extended to the family of Joan Herlihy, late of Lissivigeen, who passed away recently. Joan was an active member of Spa Muckcross Community Games for many years, taking charge of coaching our Rounders teams, and holding the position of treasurer on the committee. Joan will be dearly missed by all those who knew her. May she rest in peace.

CHURCH GATE COLLECTION: A huge thanks to all those who helped out last weekend. Your assistance is greatly appreciated.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto draw 13/02/2015, numbers drawn were 14, 17, 23 and 24. **WINTER 5K SERIES:** Round 3 of our 5K winter Road League took place in The Demense Killarney last Saturday February 14th. Tim O'Connor Riocht was again 1st home in the men's category and Marie McCarthy FFMV was 1st in the ladies.

RESULTS MENS: 1st Tim O'Connor Riocht, 2nd Simon Mangan Gneev., 3rd Robert Purcell Snr Gneev., 4th Shane Simcox Mallow, 5th Roland Eager SOTL, 6th Ciaran Bouse Eagle AC.

LADIES RESULTS: 1st Marie McCarthy FFMV, 2nd Niamh O'Sullivan Riocht, 3rd Caroline McCarthy Kilquane, 4th Siobhan Daly Gneev., 5th Geraldine O' Sullivan Bantry, 6th Caoimhe O'Leary Millstreet.

Mens results O35: Ger O'Shea Iveragh, O40 Vernes Tess F.F.M.V., O45 Seamus Murphy Gneev., O50 Kevin Griffin Riocht, O55 Michael Mundun S.O.T.L., O60 Patrick O'Shea Iveragh, O65 Mike Bowler Iveragh, O70 Jim Langan Tullamore. Ladies O35 Tara O'Leary unatt., O40 Frances Quinn kilgarvan, O45 Michelle Donovan Kilgarvan, O50 kathryn Shaw, O55 Kathleen Sheehan, O65 Mary O'Connor c/o Milk Plant. Next Saturday is the final race in the series. Registration in The Old Monastery, race starts at 11.00 am.

TOP OF COOME RACE: Sean Twomey came 6th in this race last Sunday. Sean will be joining us shortly.

CLUB MYSTERY TOUR: The club mystery tour is back! The first in many years. It is scheduled to



take place on Saturday March 14th. Only those who are training or competing will be eligible to come on the tour, so it is necessary to get your house in order now. Have you all paid your membership? Have you considered joining the lotto – yearly or half yearly? Next week's jackpot is €7,400 – well worth considering!

MUNSTER COLLEGES CROSS COUNTRY: Boherbue's Community School' Senior boys qualified for the All Ireland's College Cross country finals to be held in March. **TEAM:** Matthew Collins, David O'Keeffe, John Paul Breen, Sean Daly, Colm O'Keeffe and Sheanie Kearney. Jack O'Connor Kiskeam missed the finals but will be ready for the All Ireland's. Francis Cronin had a brilliant race in the Junior Boys finishing 10th overall. Katie Buckley who was representing Scoil Phobail Sliabh Luachra also ran very well to finish 21st overall. Ciara Kennelly and Anna Clifford (a former club competitor) were members of the junior girls team from The presentation School Killarney who came 2nd and qualified for The All Ireland's.

TRAINING: Training continues at Riocht Track each Friday evening at 6.30 pm. Each child who intends to compete needs to be getting out on the track. The weeks are flying by and competition dates are approaching.

KILLARNEY BADMINTON CLUB

Another fantastic performance for Maeve Twomey in the munster junior mixed, to win two mixed titles in munster graduates and munster juniors. Well done to Liam Barry, Danny Cronin, Ger O'Connor, Ciaran Crehan, Marie O'Connor and Samira, Peggy Horan, Sinead Galvin, Maeve Twomey and Paudie Horan as they all represented their county at intercounty level but alas not to be this year. Well done to our division 5 team as they got off to a great start winning both games at home last week.

And to this weeks reports, well done to all juveniles who took part in Kerry club tournament competition last Saturday, the Killarney club came second.

The Kerry championship division 2 and 4 singles were held last Sunday well done to Niamh hickey who won the division 4 singles title. She gave it her all on the day and played very well. Well done to Sinead Galvin who retained her division 2 singles title again this year.

Good luck to all competing in veterans competition this Friday, Killarney presentation and juveniles doubles this Saturday and also division 1/3/5 doubles being played on Sunday. Don't forget raffle cards to be returned to club as we need as much as possible sold for the support of your club.

RATHMORE GNEVEGUILLA COMMUNITY GAMES

(SWIMMING: Swimming (individual and relay)

training sessions to commence shortly. Reminder, as we have a lot of TEAM events coming up in the next few weeks.

KILLARNEY DARTS TOWN LEAGUE

FINAL POINTS OF THE LEAGUE,

GROUP 1: Lals Bar - 89, Murphy's Pinter's - 58 Sportsmans Bar - 54, Jimmy's Joker's - 51 Kenmare Rooms - 48, Dunloe Lodge B - 41 Golden Nugget Old Timers - 37

GROUP 2: Tatler Jack - 81, Murphy's Bar - 72 Dunloe Lodge A - 59, Corkerys - 50 Dan Linehans - 43, Klub Bar - 37 Jimmy Brien's - 36.

GROUP 3: Mustang Sally's A - 71 Old Killarney Inn - 63, Avenue Hero's - 61 Charlie Foley's A - 61, Teddy's - 53 98 A - 45, Nugget Night Owls - 24

GROUP 4: Mustang Sally's B - 54 Charlie Foley's B - 42, Klub Bar Reserves - 36 98 B - 26, Team Danny Mann - 12

GROUP PLAY OFF FIXTURE'S: KILLARNEY TOWN LEAGUE PLATE 19/02/2015

Jimmy Jokers v Dunloe Lodge A
Corkerys v Sportsmans Bar.

26/02/2015: Dunloe Lodge A v Jimmy Jokers Sportsmans Bar v Corkerys

PREMIER 19/02/2015: Murphys Pinters v Tatler Jack, Lals Bar v Murphys Bar.

26/02/2015: Tatler Jack v Murphys Pinters, Murphys Bar v Lals Bar.

GROUP 3 19/02/2015: Charlie Foley's a v Mustang Sally's A, Avenue hero's v old killarney Inn.

26/02/2015: Mustang sally's A v Charlie Foley's A, Old Killarney Inn v Avenue hero's

GROUP 4 19/02/2015: 98 B v Mustang Sally's B, Klub Bar Reserves v Charlie Foley's B

26/02/2015: Mustang Sally's B v 98 B, Charlie Foley's B v Klub Bar Reserves

KNOCKOUT CUP SPONSORED BY O'NEILL'S IN KILLARNEY AVENUE 06/03/2015

Tatler Jack v Lals Bar.

KILLARNEY RFC NEWS

MINI'S: Another great training session last Saturday. There are fantastic numbers turning up to training each and every Saturday. Thanks for bringing back the envelopes for the 6 Nations raffle. Any unreturned tickets can be returned next Saturday, ahead of the draw on the 25th of February next. Training as normal next Saturday (10:30am at Knockreer).

U16'S: PAN MUNSTER U16'S -KILLARNEY RFC 10 SKIBBEREEN17: Killarney U16's hosted Skibbereen at Direen on Saturday morning, in great playing conditions. Stephen Murphy scored a fantastic intercept try in the first half, which went unconverted. Tyler Keogh should great awareness to touch down in the second half, which also went unconverted for the home side. The away side really played well in the first half and our lads played much better in the second half, though we went down to a better side on the day.

U18'S - SOUTH MUNSTER UNDER 18S LEAGUE PHASE 2, KANTURK RFC 5 SOUTH KERRY 69:

In perfect weather conditions, South Kerry kicked off and the Kanturk receiver was bundled into touch on the home 22 from a good chase of the kick off. From the resulting line out South Kerry drove the maul before a break by Cathal Doyle who passed to Neil O'Brien for touchdown under the posts which he converted himself. Following good recycles by the pack heading right South Kerry swung the ball across the backline wide left with an overlap for Cathal Doyle to score to leave the score at 14 – 0. While Kanturk attacked strongly for the rest of the half they couldn't score. They came close on the stroke of half time with a good move seeing them cross the line in the right corner but before touching down the attacker was bundled strongly into touch in goal by Ben Eadie. In the same period South Kerry had clocked up 4 more tries through Dylan Sheahan, Tiarnan Clifford, Liam King and George Evans with 3 being converted by Neil O'Brien. Kanturk started the second half strongly and though a good attack was halted by the visitors close to the line, a cross kick to the far side was well directed leading to a Kanturk try. South Kerry struggled to reassert their dominance amid strong exchanges and spirited resistance by Kanturk. However, the defence was ultimately pierced by a second try for Tiarnan Clifford. South Kerry progressively introduced their substitutes after this all of whom made a strong impact. The combination of their fresh legs and a tiring home team saw further tries recorded by Liam King (2), Danny O'Sullivan and George Evans with conversions leaving the final score at 69 – 5 for the away team. This score didn't do justice to a gallant Kanturk team one of whose best players suffered an early injury. Thanks are due to all the supporters who travelled to cheer on the South Kerry team who played very strongly on a day where everything went well for them. Next match is on Wednesday in Killarney versus Cobh Pirates at 3.30 p.m. and the team will be delighted to have even more home supporters at what will be a tough assignment.

MUNSTER JUNIOR CUP: - ST. MARY'S RFC 44 KILLARNEY 5:

Killarney travelled to Limerick for the next round of the Munster Junior Cup on Sunday. They faced a very stiff test in St. Mary's, a team playing well in Division 1. To be fair to the lads, the score line does not do any justice to Killarney's scrum, which was dominant on the day. The forwards put in a massive work rate in the scrum, but St. Mary's proved just too strong and notched up too many unanswered tries. Brian O'Sullivan got over the line for the away side, but the conversion was missed. The lads are certainly improving and have another big league game away to Limerick side Presentation, at Rathurd next Sunday. Senior training continues on Tuesday and Friday nights.

MASTERGEEHA FC

U11 KERRY CUP:

LISTOWEL 2 MASTERGEEHA 4: The boys qualified for the next round of the cup with a good away win in Listowel. In a close game Mark O'Shea with a hatrick and Ryan Daly were the scorers in a game where all played well.

U13 KERRY CUP: MASTERGEEHA 6 KILLARNEY CELTIC C 1: The lads progressed into the next round of the Kerry cup after a deserved victory in this local derby. Man of the match Shane Warren was on the score sheet along with Philip O'Leary, Darren Lehane, Evan Murphy, Liam Fleming and Darragh Kennedy. A solid team performance by all and they now look forward to another derby against Killarney Celtic A in the next round.

U15 KERRY CUP CASTLEISLAND 7 MASTERGEEHA 1: Mastergeeha exited the cup away on Saturday morning against a physically stronger Castleisland side. On the day more clinical home side lead 3-1 at the break despite the boys having some good chances. Paul O'Shea got the goal for Mastergeeha.

U17 BALLYLONGFORD 1 MASTERGEEHA 1: In this game away in North Kerry Mastergeeha lead for a long period thanks to a goal from Paudie O'Connor. Sean O'Leary and Gearoid Kerins also had good shots to extend the lead saved by the home keeper midway through the second half. However the home side leveled late on. All involved tried their best

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 13th February. Numbers drawn were 4, 10, 14, & 15. Consolation prizes were €100 Dan McGlynn, Glounanea, Kilcummin, €60 Ciara Nagle, Mastergeeha, Kilcummin, €30 John Cullinane, Cockhill, Kilcummin, €30 MOL, Our Lady of Lourdes Home, Kilcummin, €30 Tom Ulick, Kilcummin, Draw will take place in The Village Inn Kilcummin every Friday night, Jackpot now €4,050.

KILLARNEY ATHLETIC A.F.C. NOTES

FIXTURES:

Kerry Schoolboys/Girls League

Saturday 21-2-2015

Mini Blitz Under 7's & 8's

Venue 1; Celtic Park 2.00pm.

Mastergeeha, Killarney Athletic.

Tralee Dynamos, Killarney Celtic.

Kerry Cup: John Murphy Under 12 Cup

Round of 16:

Killarney Athletic v Camp A 10.30am.

Tom Hayes Under 14 Cup: 5 Prelim Games

Killarney Athletic v Mastergeeha 12.00 noon.

Foundation Sports Under 14 Girls Premier

Killarney Celtic v Killarney Athletic 2.00pm.

Trophy World Under 16 Division 2

Inter Kenmare v Killarney Athletic 10.30am

Under 17: Kenmare v Killarney Athletic Saturday 10.00am.

Seniors: Killarney Athletic A v Castlemaine (cup) Saturday 4.00pm.

Killarney Athletic B v Park Sunday 2.30pm.

300 MEMBER CLUB DRAW: New 300

Member Club. Tickets are still available for the 300 member club draw, please contact Mike O'Shea on 087 222 6185 for further information. We encourage all supporters of Killarney Athletic to support us on this major source of fundraising. 6 prizes to be won each month 1st prize €500.00 and 5 prizes of €100.00.

50TH ANNIVERSARY CELEBRATIONS:

Celebratory Dinner will be held on 5th September 2015. Venue to be advised. Also the club asks if anybody has any old club photographs or memorabilia to please contact Don O'Donoghue on 086 1234610, Mike O'Shea 087 2226185 or Mary McCarrick on mccarrickmary@hotmail.com or any club officer please.

UNDER 16: KILLARNEY ATHLETIC 1

LISTOWEL CELTIC 3: In the last 16 in the cup Athletic found themselves one nil down at half time having played well. A silly goal left a mountain to climb but our boys stood up and got one back through Coilte. Fighting hard to get a second we were caught on a bad counter attack. Very unlucky on the day with Killian Courtney best on the day for Athletic. Sam Benson, Alex Hennighan and Matthew Horgan also playing well. Great to have Dara and Alex back after illness.

UNDER 15: The under 15 team went down away to Camp on a day when many regulars were missing.

UNDER 13: Our under 13 team bowed out of the cup against Premier league leaders Tralee Dynamos on a score line 2 - 1. In the game Athletic played really well and dominated most of the game. We were very unlucky with some glorious chances in the first half not to go in at the break 1 or 2 up. The tempo was upped in the second half and in true cup fashion there were chances for both sides. Dynamos got the luck with a dubious penalty and pushed on to go 2 - 0 up with 15 minutes to go, but in true Blue fashion our boys grinded really hard and were rewarded with a great shot by Owen Benson to bring it back to 2 - 1. At this stage it was end to end with Athletic pushing all the way with at least 4 good chances. The clock was ticking too fast for us and with a minute left the Dynamos keeper pulled the ball off the line and so the cup run was over. It was a brilliant performance from our boys and they should be proud of the effort and the level at which they played on the day. They are making steady progress and hopefully before the end of the season they will get just reward. It was a real team performance from everyone. Well done to all involved. Man of the match : Emmett Finnan.

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

SCHOOLBOY/GIRL SOCCER

Journey to Cup Glory begins:

MORIARTY'S CENTRA 11'S CUP

PRELIMINARY ROUND:

Camp Juniors A 4-3 Killarney Celtic C.

Iveragh United 1-1 Park B.

Iveragh win on penalties.

Inter Kenmare 0-3 Tralee Dynamos

FIRST ROUND: Fenit 2-4 Killorglin B.

Listowel Celtic B 2-4 Mastergeeha.

Listowel Celtic A 3-1 Killarney Athletic A.

Killarney Celtic A 2-3 Killarney Celtic B.

DALY'S SUPERVALU 13'S CUP:

PRELIMINARY ROUND:

Mastergeeha 6-1 Killarney Celtic C.

Killarney Celtic B 1-6 Killorglin.

Ballyhar 8-2 Listowel Celtic B.

FIRST ROUND: Park A 6-0 Castleisland.

Inter Kenmare 4-1 Park B.

Park C 0-6 Dingle Bay Rovers.

Tralee Dynamos 2-1 Killarney Athletic.

KILLARNEY PLAZA 15'S CUP:

LAST 16: Killarney Celtic C 0-6 Park A.

Inter Kenmare 2-7 Killarney Celtic A.

Park B 1-4 Tralee Dynamos.

Listowel Celtic A 5-0 Killarney Celtic B.

Castleisland 8-1 Mastergeeha.

Camp Juniors 8-0 Killarney Athletic.

LEAGUE: DALY'S SUPERVALU 13

DIVISION 1:

St Bernards 0-1 Ballyheigue.

FOUNDATION SPORTS 14 DIVISION 2:

Tralee Dynamos 0-5 Listowel Celtic C.

GIRLS: JK SPORTS 12 PREMIER:

Listowel Celtic 0-4 Killarney Athletic

REPORTS: NEW FORMAT:

There is a new format to the Schoolboys Girls League Cups this season. The League has introduced a Shield at all ages. This is for all teams – bar those from the Premier Divisions or in the case of the 11's Group A – who are defeated in the Preliminary or First Rounds.

MORIARTY'S CENTRA 11'S CUP:

Cracking action for debutants: The players in the Moriarty's Centra 11's Cup were having their first taste of competitive action and there were some cracking Cup ties in this section. Camp Juniors A and Killarney Celtic C shared 6 goals in normal time. The home side went 2-0 before a penalty from Celtic's Tom Cronin and a Sean Guerin strike levelled it up. Camp Juniors went in front again only for Robbie Harnett to score from a Dara O'Shea free kick. Into extra time and it was Camp Juniors who got the all-important goal and Celtic C were unable to come back for a fourth time. Iveragh United's goal from Odhran O'Shea cancelled out the Park B's lead and with no other goal in normal or extra time the match went to penalties. The South Kerry boys were unerring from the spot and scored all of theirs to win 5-3. Alex Coffey, Odhran and Cathal O'Shea, Ronan Teehan and Sean Kennedy were the penalty scorers for Iveragh United. Tralee Dynamos are also into the First Round proper after a 3-0 away win at Inter Kenmare. Adam Wharton scored twice and Donagh Stephenson the other in the win.

FIRST ROUND: Booking their place in the Second Round – the Last 8 – are Killorglin B who were 4-0 winners away at Fenit. Charles Foley scored twice with Eoin Lynch and Benjamin Schreiber getting one each in the win. Mastergeeha also put themselves into the hat as they won 4-2 away at Listowel Celtic B.

Mark O'Shea hit a hat trick for the winners with Ryan Daly netting the fourth. Rory Mahony and Phoenix Costello were the Listowel Celtic scorers. There was a much better outcome for the Listowel Celtic A side as they won 3-1 at home to Killarney Athletic A. Adam Segal scored 2 and Anthony Kavanagh in the Listowel Celtic boys win. Killarney Celtic B are another side through as they defeated their club-mates Celtic A in a cracker. 2 goals from Cian Doyle were cancelled out with goals from Cian O'Sullivan and Ryan Leary to leave the sides level. Up stepped Gary Wynne to get the winner to send the B's in Round 2,

KILLARNEY PLAZA 15'S CUP:

6 OF THE 8 ¼ FINAL PLACES BOOKED:

The Park A as expected were too strong for Killarney Celtic C and progressed to the Last 8 thanks to goals from Dan Goggin, Niall Sertuxta, Jake Deering, Jakob Zlotocki, Thomas Burke and Gearoid Fitzgerald. Joining them are Killarney Celtic A who won in Kenmare defeating Inter with goals from Ian McGillicuddy, Reece Hegarty, Michael Devlin, Mike Doyle and an Ian McGillicuddy hat trick. The home side hit 2 in return. Tralee Dynamos will also be in the hat for the Last 8 draw. They knocked out neighbours Park B. Dillon Robinson hit 2 with Kevin Williams and Darragh Lowth getting one each. Listowel Celtic A were 5-0 winners at home to Killarney Celtic B with Shane Hughes hitting a hat trick, Sean Keane getting 2 and Fergal Wall the other goal. Castleisland were too strong for Mastergeeha and had Josh Horan, Donnacadh Daly and Ben Cooney all getting two goals each with Adam Mallett and Shay Walsh hitting one a piece. Paul O'Shea replied for the Kilbrean side. Camp Juniors and Killarney Athletic were separated by only one goal at the break. Franz Sauderland had put Camp ahead in a tight game. However the same player had a second half to remember as he hit another 6 goals! Davidas added another one as Camp Juniors booked their place in the Last 8.

LEAGUE REPORTS: DALY'S SUPERVALU 13 DIVISION 2: BALLYHEIGUE GO TOP:

With most of the action in the Cups Ballyheigue took full advantage to move top of the 13 Division 2 following a 1-0 away win at St Bernard's. Jordan Goggin got the all-important goal that sees the sea-side move three points clear of Dingle Bay at the head of the table.

FOUNDATION SPORTS 14 DIVISION 2: LISTOWEL CELTIC C REMAIN UNBEATEN:

Listowel Celtic C continued their march to the 14 Division 2 title following a 5-0 away to Tralee Dynamos B. Conor Hogan hit 2 and these were added to by goals from Michael Fogarty, Aodhan Behan and Tadgh Carroll.

GIRLS JK SPORTS 12 PREMIER:

LISTOWEL CELTIC LEAD THE WAY:

Listowel Celtic's third win in three games sees them move to the top of the table. They were 4-0 winners over Killarney Athletic thanks to goals from Aoife Horgan, Asling Kelly, Katie Keane and Eve Roche Hussey.

MEK UNITED FC

The wait is finally over!! MEK United FC will be starting up it's academy next Saturday, the 21st of February. Kerry's newest soccer academy held a very successful registration day, two weeks ago at Fossa Community Centre. We were blown away by the response and the interest shown and finally it all comes to fruition.

From the initial conversation between parents, to organising meetings and all that goes with it, it seemed a daunting task. We believed that there could be enough interest for a new soccer academy for children from the Fossa, Faha and Beaufort areas. This was proven when we initiated our 'design our crest' competition just before Christmas. We literally had to choose the winner from hundreds of entries. After much deliberation, the winner - Abigail O'Sullivan from Faha was chosen and now our crest is proudly shown on our website, facebook and Twitter. It's only a matter of time before the crest adorns a new jersey! We can't wait!!

We have many children registered to join our academy and are still taking registrations all the time. We can be contacted for further details if needed and are only too willing to help. Contact Liam 087-4145662 or Pa 087-7943220. We look forward to seeing you all next Saturday at the Astro turf pitch at Fossa. All ages up to and including U8 training will commence at 2:00pm and finish at 2:45 while the older groups will commence at 3pm until 4pm. Roll on next Saturday and the start of a new chapter in soccer in the Killarney area!

KILLARNEY CELTIC NOTES

TABLE QUIZ: Killarney Celtic Football For All team will be having a table quiz on Thursday 19th February 2015 at 8.30pm in The Killarney Avenue Hotel. This is a no smart phone event. Everybody welcome. This a fundraiser to bring our team to the FAI National Blitz in Dublin. Contact Jane 086-2243435 or Amelia 087-9192117.

CONGRATULATIONS: To Spa GAA on winning the Rince Foirne and the Trath na gCeist at the Juvenile Scor All Ireland Finals.

RESULTS: DENNY PREMIER: LISTOWEL CELTIC 2 KILLARNEY CELTIC 0

We were on top in the first half but were unlucky with a penalty miss. Listowel scored a penalty and caught us on the break in the second half for another.

DENNY PREMIER B: CLASSIC FC 1

KILLARNEY CELTIC 2: There was very little between two very good sides but Jonas and Vlad Sirotiak scored to bring home all three points.

KERRY U15 CUP: INTER KENMARE 2

KILLARNEY CELTIC 7: Kenmare were a good side but Celtic were awesome here. Ian McGillicuddy nailed a hat-trick, Reese Hegarty got two more, with Michael Devlin and Mike Doyle also on target. This was the kind of performance you are hoping for every time a team takes the field.

KERRY U15 CUP: LISTOWEL CELTIC 5

KILLARNEY CELTIC B 0: A much better

game than the result makes it sound. We were 1-0 at half-time but started running out of steam in the second half and ran our full bench. Best for Killarney Celtic on the day were Barry Slattery, Kamil Radisweski, and Pierce Lyne Roberts.

KERRY U13 CUP: KILLARNEY CELTIC B

0 KILLORGLIN 6: Celtic put in a great effort but in fairness they came up against a fantastic Killorglin side.

KERRY U13 CUP: MASTERGEEHA 11

KILLARNEY CELTIC C 1: Not much that can be said. The lads put in a great effort and did all that could be asked of them, but Mastergeeha were superb.

KERRY U11 CUP: KILLARNEY CELTIC A 2

KILLARNEY CELTIC B 3: A great game, and genuinely hugely competitive. Cian Doyle (2) and Gary Wynne scored for the Bs while Cian O'Sullivan and Ryan O'Leary were on target for the As.

KERRY U11 CUP: CAMP 4 KILLARNEY

CELTIC C 3: Easily the best game of the week in Kerry and probably beyond. This was an absolute thriller all the way. Camp led 2-0 but Tom Cronin fired home a penalty to make it 2-1 at half-time. A great finish by Sean Guerin made it all square but back came Camp to go in front again. An astute Dara O'Shea free kick was tucked home by the alert Robbie Hartnett. Camp got the winner in the second half of extra-time, but both sides were applauded off the field, and rightly so.

FIXTURES: Denny Premier: Killarney Celtic at home to Listowel Celtic, Sunday, 11.30am.

Youths League: Killarney Celtic at home to Killorglin, Friday, 7.30pm.

Kerry U16 Cup: Killarney Celtic B at home to Ballyhar, Saturday, 12.30pm.

Kerry U14 Cup: Killarney Celtic A at home to Fenit, Saturday, 12 noon.

U14 Div One: Killarney Celtic C away to Killorglin B, Saturday, 10.30am.

U14 Girls: Killarney Celtic at home to Killarney Athletic, Saturday, 2.30pm.

Kerry U12 Cup: Killarney Celtic A away to Killorglin, Saturday, 10.30am.

Kerry U12 Cup: Killarney Celtic C at home to Killorglin B, Saturday, 10.30am.

CLUB SHOP: Killarney Celtic's shop is now up and running on Saturdays from 12 noon to 2.00pm. We have a full new range of fantastic merchandise to suit every age, size, gender, and especially budget. Savings Club and Gift Vouchers available. Contact Mags on 089 2164639 or Mary on 086 6485809 for details

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

LOTTO RESULTS: Numbers drawn 1, 3, 7, 20. No winner. Next week's jackpot €1800, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com.

Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.



PHOTOGRAPHED AT THE PRESENTATION TO THE GOLFER OF THE YEAR TROPHY, 2014 AT THE ROSS GOLF CLUB RECENTLY WERE (L TO R) DONIE MULCAHY, PRESIDENT, AIDAN O'CONNOR CAPTAIN 2014, RENALDAS BENDIKAS, WINNER, DENIS CRONIN, CAPTAIN 2015.

ROSS GOLF CLUB

GENTS CLUB - RESULT.

On Sunday February 15th our Captain Denis Cronin, Ladies Captain Sinead O'Shea and President Donie Mulcahy held their drive in .

We also held a 10 hole mixed scramble which was generously sponsored by the Prize Bond Company and we had a big turnout on the day . The following were, the winners:-

1. Donnagh Moynihan, Joe O'Connell, Mary Moynihan.

2. Mike Casey, Mark Coffey, Sinead O'Shea, Lady Captain.

3. Denis O'Mahony, Rolandas Bendikas, John Joe Healy.

4. Jonathan Casey, Tim Lynch, Margaret O'Donoghue.

On Sunday February 22nd we will a strokeplay competition. The timesheet is now available in the clubhouse so please add your name to it as soon as possible.

CONGRATULATIONS: Well done to our team following their great victory over Killarney GC in the final of the Intermediate Section of the southern region of the Kingdom Challenge Shield. They are now through to the county final of this competition.

The MD O'Shea Spring League will commence shortly. The rules and entry sheet are now available in the clubhouse so please add your name to the entry sheet as soon as possible.

KILLORGLIN GOLF CLUB

MENS SPRING LEAGUE 2015:

RESULTS: After 2nd week of mens Spring League.

1st Team J (T. Powell, J. Carmody, E. Sheehan, J. Sheehan) 168 pts.

2nd Team E (P. Dolan, J. Sheehan, T. Finnerty, V. O'Sullivan) 155 pts.

Team G (D. Evans, M. Lawlor, M. Smith, D. Evans) 155 pts.

CASTLEROSSE GOLF CLUB

RESULTS: Competition played on Sunday 15th

February 2015, 12 Hole Stableford, winner Gintaras Bendaravicius (20) 32 pts.

Overall runner up Mick Clifford (22) 32pts.

Overall 3rd place Trevor Shine (15) 31 pts.

FIXTURES: Weekend competition, 12 Holes, Stableford Format. Play Friday, Saturday or Sunday. Use time sheet.

Captains, Steve Shine/Patricia Barrett drive in scheduled for Sunday 1st March. Tee off at 9.30am (9 hole mixed Scramble). All welcome.

KILLARNEY GOLF CLUB

LADIES:

RESULTS OF COMPETITION, 3 PERSON TEAM, SUNDAY 15TH FEBRUARY, 2014.

1st Kay O'Connor (19), Tina O'Sullivan (19), Anne Maria Gallivan (20) 46 pts.

2nd Susan Tong (16), Patricia Lynch (21), Maureen Rooney (25) 44 pts.

Next Sunday's Competition is the Brosnan family Fundraiser Open day - Mahonys Course-Ladies Team of €3,100. For bookings phone 064-66-31034. The Club will also host a table quiz on Sunday 22nd February, commencing at 7.30 at Club House, for the Brosnan family, table of 4 is €60, open to all.

RING OF KERRY GOLF CLUB

RESULTS

WEEKEND 14TH / 15TH FEBRUARY

1st: Michael Kirby (16) 40pts.

2nd: Eugene O'Sullivan (22) 38pts.

3rd: Toby Steadham (5) 37pts.

UP COMING FIXTURES:

21ST / 22ND FEBRUARY

Singles Stableford Open Event Visitors €20.

(Spring League points to count).

DERPARK PITCH & PUTT NOTES

By: John Kelly

With weather improvements it back to competition time and on this Sunday morning the season opens with a 36 Hole strokeplay competition commencing 9am.

Incorporated into this competition is a trial for the forthcoming Bob Casey Inter-Club - Competitors for the Inter - Club are requested to bring the required entry fee for the competition also on Sunday morning. Entries along with more information on the Inter-Club can be given to either John McGrath at 087-7470290 or Gearoid Cronin at 087-7802347.

MEMBERSHIP: As club membership expires on February 28th the club registrars will be available in the Clubhouse to collect membership on this Saturday February 21st from 11.30am to 12-30pm and on Sunday morning from 11am onwards.

MEMBERSHIP RATES FOR 2015 WHICH INCLUDES PPUI REGISTRATION ARE AS FOLLOWS: Adult €120. Family (2 Adults and 3 Children €200) Juveniles and OAP €75. Full details from Colm at 087-7673742 or Sean at 086-0508686.

SENIORS OUTING: Next Seniors Outing (Deerpark, Gleneagle and Castleisland) will be at Deerpark on Wednesday March 4th 10am.

KILLORGLIN GOLF CLUB

LADIES: 12 HOLE STABLEFORD SPONSORED BY LADY CAPTAIN PHIL ANNE FOLEY:

1. Maura O'Boyle 27 pts. 2. Emma Daly 26 pts.

3. Betty Griffin 25 pts.

SILVER SWANS 12 HOLE STABLEFORD:

1. Eileen Bell (24) 26pts. 2. Marian Healy (29) 22pts.

FIXTURE: 12 Hole re-entry Stableford sponsored by Lady President Betty Foley continues for month of February.

SCRAMBLE: 12 Hole scramble is on this Saturday 21st February. Names to be entered by Thursday please for a draw. Information session will take place after golf in Club.

ROSS GOLF CLUB

LADIES CLUB

On Sunday last 15th February our Drive In took place. It was a brilliant turn out for Captain Denis Cronin, Lady Captain Sinead O'Shea and President Donie Mulcahy, who were surrounded by family and friends on the day. A 10 hole Scramble took place at 9.30am and 12.30pm

FEBRUARY 1ST 12 HOLE S/S.

KINDLY SPONSORED BY NOREEN O' MAHONY

1st Eileen Fleming (18)

Fixture On Sunday 22nd 9hole S/S, Timesheet is now available in the Clubhouse.

#lovekillarney

Get your weekend off to a **bright** start with the **KILLARNEY Outlook**

First every **FRIDAY MORNING** with the best Advertising, News, Sport & Community News

Tommys Farming Week

February is a month that refuses to be pigeonholed, it is, according to the weather people, still winter. However, the ancient Irish saw it differently, Imbolc or St Brigid's day celebrated the imminent arrival of spring. Days are getting longer, sun warmer and life is once again appearing all around us. It is no wonder that St Brigid is the patron saint of dairy cows, farmers and milkmaids. Their years' work traditionally started in earnest around the same time. Good friends of ours, farming in Maryland, USA, called their farm after St Brigid for that reason. Google "St Brigid's Farm" for an interesting visit. February is the month when farming in Ireland returns, quite literally, to life.

Calving cows "en bloc" is a tough experience, yet it is the aim of every self-respecting modern dairy person. Over the past decade, we have strived to breed cows capable of going in calf at the mere mention of AI and we appear to be succeeding. When Pdraig scanned the cows last autumn, we had ninety animals due to calve within the month of February. Busy days ahead.

The phrase "be careful what you wish for" springs to mind after the week just ended on this farm. Last Sunday started quietly, no newborn calf on the ground, milking, feeding and other jobs done by ten, basketball at eleven in Tralee. Home by one, heifer in labour, put into calving shed, early afternoon start to milking, basketball in Killarney at five thirty. Heifer not calved when leaving, Jack on duty. Text at six, calf delivered, all fine. Home at eight, stomach tube calf with colostrum, tag and move. Go through springing group, five animals in labour. All moved to calving shed. Three calved by one am, another by two, all calves stomach tubed and tagged, half an hour later nothing happening, move heifer to the crush to investigate. Dead calf deep in the womb, badly presented. Four am,

physically exhausted, shattered, counting the years to retirement, I set my alarm for seven and fall asleep.

Monday, calves and cows without problems, life is good again. Milking getting tougher, five new heifers to "train". Bed at ten, heifer going into labour, set clock for one. One on clock, calf caught at the hips, pulled easily but heifers hock nerves deadened. More problems for Tuesday. Alarm set for six thirty. Leaving the yard at midnight on Tuesday night, twenty calves on the ground, all stomach tubed or trained to feeder nipples, ten fresh heifers in the milking parlour, one heifer requiring TLC, all since Sunday evening I was praying for a quiet day on Wednesday. Thankfully only one delivery the following day and a full night's sleep. By today, less than three weeks into calving, almost seventy of those scanned ninety are delivered. Things should get easier shortly but a sobering experience, roll on March, stiff breezes and sleep filled nights beckon.

By Tommy Roche



JUST ANOTHER DAY'S WORK FOR EUGENE O'SULLIVAN AS HE CELEBRATES HIS 90TH BIRTHDAY IN KENMARE MART RECENTLY. PHOTO BY MARY O'NEILL.

**Got a News Tip?
Got a Story?
Get in Touch**

Killarney Outlook

@Killoutlook

086 0400958

editorial@outlookmags.com

**EARN
UP TO**

**€5000
PER YEAR**

with new REPS, GLAS

(Green, Low-Carbon, Agri-Environment Scheme)

Information meetings

Monday, Feb 23rd Killarney Heights Hotel

Wednesday, Feb 25th Iveragh Mart, Cahirciveen.

8pm both nights

Free to attend

Contact

John O'Connell 086 3067663
oconnelljohn1982@gmail.com



Get Professional Advice From Your Local Experts



- Forest Establishment & Maintenance
- Forest Management & Insurance
- Forest Road Consultants
- Thinning, Harvesting & Timber Sales
- Forest Acquisition and Sales



New Forestry Scheme Available

Earn up to €249 per acre

For more information contact

Your Local Representative

Gerard Moroney

Mobile: 086 838 0915 • Landline: 064 662 6615

Freephone: 1800 200 233



TEAGASC SEEKS PEOPLE FOR €11,000 BOARD POSITIONS

Teagasc is looking to fill two places on its board and is now accepting applications directly from interested individuals.

Successful candidates will be required to attend 11 committee meetings and a number of sub-committee meetings per year and anyone from the private sector will receive remuneration of €11,000 and expenses.

The 11-member Authority (board) is appointed by the Minister for Agriculture, Food and the Marine, Simon Coveney, and while candidates can now put themselves forward for the roles, the Minister has the final say on candidates for the positions. Candidates must have experience in one or both of the following areas:

- Senior level experience in the food industry, ideally with previous executive level management experience in a food processing company or co-operative.
- Senior level financial management experience in a large organisation.

In addition, candidates should have some experience in corporate governance and

previous experience of board membership. Anybody interested in being on the board must apply before March 3, 2015.

Appointments will be for a period of five years and applications are being accepted via www.stateboards.ie together with a detailed Curriculum Vitae and cover letter.

Teagasc is the national body providing integrated research, advisory and training services to the agriculture and food industry and rural communities.

The two vacancies have cropped up as Tom Tynan has stood down to work for EU Agriculture Commissioner Phil Hogan and Tom Collins' term is finished since earlier this year.



DEFINITE RETURN ON YOUR INVESTMENT IN RESEEDING

Reseeding has long been hailed as the most profitable way of increasing output per hectare (ha), profit per cow and yield of overall dry matter (DM) on the farm. Reseeded swards have the potential to increase yield of DM up to and over 20% versus old, established leys. A reseeding programme of 20% per annum has the ability to increase grass output per hectare on the whole farm in 5 years.

The potential exists to double grass DM t/ha on some Irish farms. This can be achieved through the following practices:

- Reseeding a percentage on an annual basis
- Managing swards – fertility and weed control
- Measuring and planning grazing's

- Utilising the grass more efficiently.

In order to grow more grass you must have the correct type of grass. Perennial Ryegrass (PRG) type grasses have been shown to produce larger yields of DM to other species and have good quality and persistency characteristics. These are therefore the primary grasses sown in reseeds. When we reseed, it is because our swards have less than 80% PRG content and possibly have low fertility levels and high weed infestation. Soil testing before sowing will give the best indication of what the ground needs.

Kelliher's Feeds & Agri Supplies will organise your soil sampling and can be contacted at 066 7123446.

LYNCH

FABRICATION WORKS

Killarney, Co Kerry

Specialising in the manufacturing of:

- Gates • Railings
- Garden Sheds
- Farm Sheds
- Clotheslines

Trailer repairs on all makes of trailers

Call: 064 66 43766 | 086 1622 771

Email: lynchfabricationworks@gmail.com

FARMYARD

CONCRETE

GROOVING

Anti-Slip Finish on Holding Yards

Scraper Floors

Slatted Feeding Areas

FREE QUOTATION

Brendán Purcell

Lisselton

(087) 2774071



Outlook Marts Directory

CASTLEISLAND CO-OP

LIVESTOCK MART LIMITED, PSRA. 002537

EVERY MONDAY: SUCK CALVES AND WEANLINGS SALE

VERY STRONG DEMAND FOR ALL BREEDS OF CALVES.

EVERY WEDNESDAY: GENERAL CATTLE SALE

FRIDAY FEB 27TH : DAIRY SALE COMMENCING AT 1PM

TEL (066) 7141247 WWW.INFO@CASTLEISLANDMART.COM

Gortatlea Mart

THURSDAY 19TH FEBRUARY FIRST CALF SALE

Starting at 11am sharp. Numerous enquiries for all types of Calves. Transport can be arranged for collection if required.

FRIDAY 20TH FEBRUARY

General Cattle and Weanling Sale starting at 11am.

Intake of animals from 8am onwards.

Arrive early to avoid Qs.

Calf Sale Every Thursday General Cattle Sale Every Friday



Under new ownership any enquiries call
Maurice Brosnan 087 2344433



Classifieds

PLANT NOW ORDER NOW: Whitethorn, Beech etc etc all hedging and tree plants. Glas AEOS, REPS, Country Management, Plant trees for firewood. Ring for 24 hour friendly service and a chat. 087 2743914. www.irishshamrocktrees.com

COW AND SHEEP SCANNING:

services available. Contact Charles 0874101078

FARM WORKER: Farm worker required listowel area. 0872888139



TO PLACE A CLASSIFIED ADVERT AND BE SEEN BY 88,000 READERS WEEKLY
CONTACT SALES 066 7143512 OR EMAIL INFO@OUTLOOKMAGS.COM

TEAGASC LOOKING TO TRAIN FARM MANAGERS

A trainee dairy farm manager can earn €17,500 a year and Ireland needs 150 new dairy farm managers every year to cope with the projected dairy expansion in Ireland.

The Irish Farm Managers Association's Professional Diploma in Dairy Farm Management (PDDFM) is fully paid course and is looking to increase its student intake from the current number of 16 to 150.

"We believe to truly upskill future dairy farmers and meet the requirement for capable people at farm level there must be 150 graduates per year from the PDDFM," said John Fitzgerald, Chairman of the Irish Farm Managers Association.

"This will include people who plan to farm at home in the future and those who won't inherit a farm and will pursue a career in farm management or share farming."

He also said that more people need to be employed to run the PDDFM.

"There is currently only one person to both support the learning of students in the programme and to promote the course to potential candidates.

"More of the 600 students entering Level 5 education in Teagasc every year must be recruited."

He also said that the PDDFM should include an option to pursue a Level 8 qualification so as to attract ambitious students seeking a degree level qualification.

There are currently 600 students entering Level 5 education in the Agricultural Colleges and this group of 600 students are the primary target in terms of candidates for the Diploma in Dairy Farm Management, he said.

"Having consulted with Dairygold and Kerry Group, they each believed that they need approximately 75 highly skilled young people entering the dairy industry in their respective catchment areas. This is not taking into consideration the requirements of all other dairy producing areas of the country."

He said that anyone undertaking a college course is paying in the region of €7,000-€8,000 a year, while the Diploma in Dairy Farm Management has a payment involved for those undertaking it.

The two-year course sees students working on two Irish farms with the option of going to New Zealand for a six month placement.

The closing date is Friday, July 11 and applications should be made through Teagasc.

MACRA MATTERS

Killeentierna Macra would like to sincerely thank everyone, Macra members and locals that came to the quiz, donated spot prizes or helped in any way with the organization of the quiz. A great night was had by all. This was due to the kind business owners in the Castleisland area who donated 35 wonderful spot prizes. In particular we would like to thank Moira and Seanie Hughes for allowing us to hold the quiz and providing hot food on the night, and to our M.C. John Flaherty for giving up his night to call out the questions. First

prize of a Fresian Bull and trophies was won by Thomas Culloty, Sean O'Sullivan and Stephen Long. The boys who were very generous decided to donate the money that calf would make at sale back to the club. Killeentierna farm skills team were also presented with a plaque on the night from Causeway Macras Pa Lucid acknowledging their county win. Mid Kerry Macra are holding their annual table quiz in aid of St Marys of the angles beaufort on Friday the 20th of Feb at 8:30pm in bunkers bar killorglin tables of four €10 per person.



KILLEENTIERNIA FARM SKILLS TEAM WHO WERE PRESENTED WITH A PLAQUE FROM CAUSEWAY MACRAS PA LUCID ACKNOWLEDGING THEIR WIN IN THE FARMS SKILLS SECTION AT THE RECENT PLOUGHING MATCH.

GLAS PLANNER/ AGRICULTURAL ADVISOR

Experience in previous REPS/AEOS schemes preferred but not essential
Training will be provided

Very good remuneration package on offer.
Email CV's info@dosagri.ie by 25/02/2015



KELLIHER'S FEED & AGRI. SUPPLIES LTD.

Ballymullen, Tralee, Co. Kerry. T: 066 7123446, F: 066 7123420

E: info@kelliherfeeds.ie, www.kelliherfeeds.ie

KFA NUTRI-OPT MINERALS

KFA Nutri-Opt DairyPre Calver + High Vit E

KFA Nutri-Opt Suckler Pre Calver

KFA Nutri-Opt Suckler Post Calver | KFA Nutri-Opt Beef

BUY 10 BAGS GET ONE FREE

McHale Sheds

Ballyduff, Tralee, Co. Kerry

066 7131268

087 2525481

Sheds, Workshops, Garages.

BEST PRICES - BEST SERVICE

- * We manufacture and fit all Metal Garden Sheds to your needs, concrete bases can be arranged also.
- * We provide all box and corrugated sheeting
- * We Supply Steel, RSJ's, Piping, Timber (All lengths), Flashing and Gutters Also supplied.
- * We deliver free of charge.
- * We also fabricate all farm buildings in SBP or galvanised can be arranged.



Call John on 087 2525481

TIPS TO HELP YOU STAY MOTIVATED

**FITNESS EXPERT
EDELE DALY
GUIDES
YOU
TO A FIT &
HEALTHY
NEW YEAR
CONTINUED...**



Working out consistently can be tough, especially if you've let your routine become stale. Here are 5 great tips for making sure you stick to your workout.

1. Let everyone know

Call it bragging if you want but it helps to make it known that you are dedicating yourself to a new lifestyle of health and fitness. If people know that you are serious about working out each day at a certain time, they aren't likely to tempt you & hopefully will encourage you if you are not feeling up to it!

2. Alarm clock

It's classic and extremely effective, so why aren't you using it? Your computer, phone, mp3 player, and tablet all have an alarm clock function. Set it for a time each day that you are going to dedicate to working out. Make sure that you also have that alarm repeated daily.

3. Inspirational quotes & clips

There will be those days where you don't feel exercising. Reach out to cyberspace and search for inspirational quotes. Crank up music that you reserve for pushing yourself the extra mile. Watch a video of a radical transformation. When you see how others would give anything to be able to go to the gym, something you may take for granted, it really changes your perception and makes you thankful for your abilities.

MORE TIPS NEXT WEEK...

FITNESS WITH EDELE

087-7643449

WWW.FITNESSWITHEDELE.COM



OUTLOOK FASHION TIP:

Removing Deodorant Stains

This happens ALL the time! There is an art to putting on a shirt if you've already put your deodorant on — very, very carefully. Unfortunately it is just unavoidable sometimes. Baby wipes are handy for so many things, which is why you should keep a pack near your closet to remove those evil white deodorant marks!

Beauty Tip

Hair care:

Try to avoid washing your hair everyday. Constant shampooing leaves hair dry and your scalp will create more oils to compensate for the loss of moisture. Instead, use a dry shampoo and style your hair into a braid or ponytail when it's a bit more oily.



BE CHOOSY ABOUT NIGHT TIME SNACKS

Mindless eating occurs most frequently after dinner, when you finally sit down and relax. Snacking in front of the TV is one of the easiest ways to throw your diet off course. Either close down the kitchen after a certain hour, or allow yourself a low-calorie snack, like a 100-calorie pack of cookies or a half-cup scoop of low-fat ice cream.



ANGSANA
Spa

Treat a loved one to The Gift of Relaxation

*Original, unique and unparalleled when it comes to a Spa experience.
The world renowned Angsana Spa, it must be seen to be believed.*



Angsana Radiance

60 Minute Visit in the Vitality Suite
Choice of 60 Minute Authentic Thai Massage
Or

A 60 Minute Made to Measure Anne Semonin Facial
30 minutes of Relaxation time
Available Monday - Thursday only

all for only
€80
per person



A Gift For You

Did you receive the Gift of an Angsana Spa voucher to the monetary voucher value of €85 or over?

Book your treatment now & you will receive a complimentary light lunch in the Brehon Bar

Offer valid Monday - Thursday ONLY until February 28th

Terms & Conditions: All rates and package details are subject to change without prior notice. Package is available until February 28th 2015
For reservations, please contact Angsana Spa the Brehon at Tel: +353 6466 23980 or Email: angsanaspa@thebrehon.com.



FAMILY FRIENDLY DENTISTRY Smile & the whole world smiles with You!

Professional scale & polish personalised oral hygiene instructions & useful tips to help you achieve healthy teeth & gums and a better brighter smile.

€60 Hygienist Available

Medical Card, PRSI &
Private Patients all welcome

Open Mon - Sat: 9am - 6pm
Late evening appointment available
Milltown Dental Practice - 066 976 5635
Cahersiveen Dental Practice - 066 947 2411

Bleaching on offer €250

For more information or to arrange an appointment please contact:

t/f: 066 9765635 or 066 9472411

Killarney Massage Therapy Centre

Advanced Clinical & Sports Massage

Specialist treatment of soft tissue manipulation for the treatment of chronic pain or sports injuries.



1 hour massage only **€50**

90 minute massage only **€70**

First massage includes **FREE** consultation and assessment

At KMTC we incorporate a range of advanced bodywork techniques such as Myofascial Release, Trigger Point Therapy, Sports Stretching, Hot and Cold Therapy and STR (Soft Tissue Release) for the effective relief from:

Neck & Shoulder Pain, Low Back Pain, Sciatica, Piriformis Syndrome, Headaches, Leg & Foot Pain, Fibromyalgia, Rheumatoid Arthritis, Frozen Shoulder, RSI's, Scar Tissue, Pregnancy Related Discomforts & much more.



Call 087-2922851

to find out how we can help you!

Park Medical & Wellness Centre, (above Daly's Supervalu),
Park Rd, Killarney

www.killarneymassagetherapycentre.ie



Galvin Physiotherapy Clinic

21 Clover Lane | College St. | Killarney | Co. Kerry
 Tel. 064 66 23100 | Fax. 064 66 23111
 Email. info@galvinphysiotherapy.ie | Web. www.galvinphysiotherapy.ie

- Manual Therapy
- Dry-needling
- Sports Injuries
- Orthotics
- Biomechanical Assessment



Jimmy Galvin MISC P MCSP
 Chartered Physiotherapist
 Approved by all major Health insurance providers.



Katie Purtill MISC P
 Chartered Physiotherapist
 Approved by all major Health insurance providers.

FIONN FITZGERALD SPORTS SCIENTIST
 MSc in Sports Performance
 Bsc (Hons) Sport and Exercise Science

- Supervised Injury Rehabilitation
- Performance Development Sessions
- Sports Consultancy



- Maximise Performance
- Gym & Field Sessions
- Individual & Group Sessions

SARAH JAYNE

LINGERIE - NIGHTWEAR - SWIMWEAR

Discover the new collection of
 underwear & swimwear at
Sarah Jayne
 This shop is a real treat!

Measuring Service Available & Gift Vouchers
 Chantelle MARIE JO MAISON LEJABY PRIMA DONNA
 Lingerie


25 New Street, Killarney, Co. Kerry | Tel: 064 66 33224
 GIFT VOUCHERS AVAILABLE

ADVERTISE HERE

Beauty, Health &
 Lifestyle Advertising



CONTACT DES: 087 6593427



Astrid Longhurst
 Life & Body Confidence Coach

HOW ARE YOU RESPONDING TO THE EVENTS IN YOUR LIFE?


If you want more success, happiness, joy, health, creativity, love, wealth, energy and all that is good in the world, you have to realize one simple thing – that you have to take 100% responsibility in your life! As the motivational speaker and writer Jack Canfield says, "It is time to stop looking outside yourself for the answers to why you haven't created the life and results you want, for it is you who creates the quality of the life you lead and the results you produce. You - no one else! To achieve major success in life - to achieve those things that are most important to you - you must assume 100% responsibility for your life. Nothing less will do."

Try this simple formula for helping you take responsibility for the way you respond to events in your life. $E + R = O$ (This stands for the Event plus your Response equals the Outcome). For example, something happens in your life like not getting the job you wanted. How you respond is what will determine the outcome of the event. You always have a choice. You can decide that you're a failure and stop going after what you want or you can put it aside and send off five more applications! It is your response mixed with the event that will determine your outcome.


Make it a game. See how you can create better and better outcomes by more and more consciously choosing your Responses to the Events in your life today!!!!


Just a heads up on the New 6 week Chakranetics course (Mindful Movement Meditation) beginning Tuesday 10th March from 10-11.15am at The Travel Inn, Fossa, Killarney. Only €60.00. Booking is essential as places are limited. See more on my facebook page!

066 9766374 | life_coachingunlimited@yahoo.ie




CLEARY'S PHOTOGRAPHY





Great Family Photography at Great Prices,
 Family portrait vouchers on sale
 13 Russell st, Tralee ph 06671-22761
 WWW.CLEARYSPHOTOGRAPHY.COM



Kerry Hypnosis Clinic

Email: irishhypnosiskerry@gmail.com

Quit Smoking

95% Success, No Cravings, No weight Gain

"Off the cigarettes over a year, thanks to juli,
so happy it's easy with hypnosis" Noreen O' Connor

Lose Weight

Tired of diets that don't work?

Lose weight Easily & Permanently

Virtual Gastic Band now Available.

"Hypnosis changed my whole life, my outlook, the way I feel,
I have lost 6.5 stone in 8 months" J Houlihan, Kerry

Fears/Phobias Panic Attacks

Generally 2 to 3 sessions to completely remove.

"I thank God every day I went to Juli, I feel fantastic after hypnosis,
I know longer need medication for panic or anxiety" K McCarthy, Kerry

- | | |
|---------------------|--------------------|
| - Depression | - General Anxiety |
| - Study Improvement | - Drugs |
| - Social Anxiety | - Self Esteem |
| - Blushing | - Self Confidence |
| - Sleep Problems- | - Alcohol Problems |
| - Exam Anxiety | - Many More |

EMPOWER YOURSELF, DO IT NOW!

Phone 086 8337733

Clinic Location Dingle + Tralee



Fitness with Edele

Positive Motivation & Exercise Classes that will work for you!

New classes

have been added to timetable

MENS only Kettlebells and Core Strengthening
Class (using gym ball) Monday's at 7.30pm

MENS only Circuit Class (cardio & strength training
stations) Wednesday's at 7.30pm



Fitness with Edele, St. Anthony's Place Killarney



www.fitnesswithedele.com

contact no **087-7643449**

email: edeledaly@hotmail.com

Follow me on facebook at [fitnesswithedele](https://www.facebook.com/fitnesswithedele)

BOOKING ESSENTIAL FOR ALL CLASSES SO
CALL OR TEXT EDELE ON **087-7643449**

SANCTUARY

MEDI SPA LASER CLINIC

"WE BELIEVE IN RESULTS"

PHONE: 066 7185776

DO YOU WANT TO TREAT THREAD VEINS ON YOUR LEGS?

ELLIPSE ND:YAG OFFER TREATMENTS OF LEG VEINS



To clear leg veins, the vessels must be constricted.
Nd:YAG laser sends energy into the blood and vessel walls,
where it is absorbed by blood. The constricted vessel then degenerates,
and the visible leg veins disappear from the surface of the skin.

Leg vessels are normally deep, which is why Nd:YAG in
most cases respond better than IPL.

CLINICAL : SAFE : EFFECTIVE



BOOK YOUR FREE CONSULTATION TODAY - 066 7185776

THE SANCTUARY MEDI SPA, THE BRANDON HOTEL, PRINCES STREET, TRALEE, CO. KERRY PHONE: 066 7185776 EMAIL: INFO@SANCTUARYSPA.IE



Celebrating over 10 years in Business

Niall O'Connor

Plumbing & Heating

Knockeen, Castleisland

CALL **087-9816607**
066-7163877

10% off all Heating Upgrades and Bathroom Refurbishments *Offer ends on March 17th*

- :: Supply & fit Solid fuel Stoves
- :: Bathroom Upgrades
- :: New build & Extensions
- :: All types of grant upgrades
- :: Maintenance contracts
- :: Free Quotations
- :: 24hr Call out services
- :: Solar Panels
- :: Heating Upgrades
 - * Condensing Oil Boiler
 - * Radiator Replacement
 - * Wash out Heating System
 - * Zoned Heating System

Domestic, Commercial & Industrial

BATHROOMS 4 U 

BATHROOMS SUPPLIES AND INSTALLATIONS



Complete Bathroom Refurbishment

Mobility Bathrooms also available

All Trades Provided


• Plumber • Electrician • Carpenter • Tiler

HRI Registered Contractor. All waste removed

For free home visit and quotation contact:
info@bathrooms.ie

066 7197009
Colin 085 8606966
www.bathrooms4u.ie

GARDENING OUTLOOK



with John O'Sullivan

FOCUS ON HEDGING

Hedges can make a much more natural background to a garden than a wall or a fence. They can provide shelter and are cheaper and require a small amount of maintenance. Because a hedge allows the wind to filter through it reduces its velocity. Tall or low growing, clipped or informal, there is a hedging plant for every purpose. One thing to remember about a hedge is that it is intended to be a permanent feature in the garden so therefore should be chosen with care and planted in well prepared soil.

To choose the right hedge for your garden here are a few pointers to think about

1. The type of soil you have
2. How exposed the garden is, i.e. what direction is it facing
3. The eventual height and width the hedge will be
4. Does it need to be evergreen

When you have chosen the type of hedge that you want its time to prepare the soil. Start preparing the soil by digging thoroughly and forking in some well rotted farmyard manure. Hedges can be planted all year around but the ideal time is between November and March as all hedging plants will be dormant at this time. What that means is when you go to buy your hedging plants they are lifted straight from the ground and are called bare-rooted hedging. This enables you to replant straight back into the ground when you get them home. Just make sure that when planting that the roots are spread out well as this will encourage them to root quickly when the growing season starts. If you have missed the bare rooted season at the end of March you can plant container grown hedging all year around. Next week I will focus on trees.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

PRIVATE CLASSIFIEDS - COST: Up to 20 words €5

BUSINESS CLASSIFIEDS - COST: Up to 10 words €10 • 10 - 20 words €20

**** No More than 20 words ****

DEADLINE IS WEDNESDAY AT 5pm

Call: 064 6670000 | **Email:** killarneyoutlook@outlookmags.com | **Post:** The Killarney Outlook, 30 High St., Killarney.

ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL

BUSINESS

SOUTHWEST COUNSELLING CENTRE, KILLARNEY

Offers professional, caring, confidential affordable counselling to Children, Adolescents, Adults and Couples. Further info and appointments.

Call: 064 66 36416 Mon to Fri 10am - 5pm

AVAILABLE

Diggers for Hire. Dumpers self hire available - 6 ton and 12 ton. Grass cutting.

Call: Ian 087 6304241.

10502

SOUL MATES

Don't be alone

Love is all there is! Find that special person. For friendship and romance with like minded people in a safe, secure & trusted environment.

Call: 087 9216302 / 087 7720250

ED 09 7965 PROFESSIONAL ONE - ONE TUTORING

Adult reading help. Evening study help. Give your child a head start. Professional tutoring in reading, spelling, English and mathematics. All ages.

Call: 087 2979912 for free evaluation.

Confidentiality assured.

ED 09 7926 REMOVAL SERVICE

Household, Office, Local, Nationwide. Deliveries anytime 7 days a week. Also, all kinds of clear-outs etc.

Call: 087 2600407 or 064 66 31979

AWARE SUPPORT GROUP MEETINGS

Aware Depression Support Group meets: Killarney - Mondays, KDYS at 8pm (from October 6th) (please note change of time from 7pm)

Aware Support Groups are free to attend, no referral necessary. **www.aware.ie.**

ED 08 BABY MASSAGE - KILLARNEY

Learn how to massage your baby.

Certified Instructor.

Call Denise : 087 766 9859

FOR SALE

Ed 10 7878 FOR SALE HAY

Excellent quality square, well packed bales of June Hay. Killarney area.

Call: 087 2258756

Ed 08 7931 FOR SALE

1998 Renault Clio Gold. For restoration or parts etc. Very good engine. €175 ono

Call: 087 4100 691

Ed 12 7976 FOR SALE

Certified Seed Potatoes - Homeguard, British Queens, Kerr Pinks and Rooster.

Call: 087 9582727

Ed 08 7981 FOR SALE

2006 Isuzu D-Max (Blue) 170,000 kms, 4 new tyres, new brakes.

Call: 087-6147254

AVAILABLE

Ed 8 7948 CHILD MINDER AVAILABLE

Qualified experienced childminder available. Registered, insured, first aid qualified and Garda vetted. Full days or flexible hours available.

References available on request.

Call: 087 961 3856

Ed 09 7985 FREE TO GOOD HOME

Collie pups.

Call: 087-2362338

TO LET

Ed 08 7984 TO LET

House to let in Ballydesmond Village - 3 bedrooms, sitting room, kitchen, bathroom, large garden.

Call: 086-3953393.

Ed 08 7938 HOUSE FOR RENT

At Castlemaine in rural setting. 2 story furnished dwelling with 4 bedrooms 1 ensuite, family bathroom, downstairs cloakroom, sitting room with open fire and fitted kitchen / dining area.

Call: Michael on 087 6738210

Ed 09 7983 TREATMENT ROOMS AVAILABLE

Suit physiotherapists, counsellors, massage therapists. All new, private, discreet, parking, killarney.

Call: 086 3809067

EDUCATION

Ed 08 TUITION

Primary and Secondary tuition available from tutor with M.Ed and B.Ed in education. Accomplished in all primary areas as well as English, Irish, History and Music at second level.

Call: 087 3887828.

#lovekillarney

TOP SOIL FOR SALE



Quality Screened Top Soil in one tonne bags suitable for flower beds, gardens, vegetable plots etc.

Also bark mulch, horse manure compost, limestone, and decorative lispole stone.

Also lorry loads, big and small available.

CONTACT 087 2485038

TOM MURPHY WINDOWS

Milltown | Co. Kerry.

Call Tom on **087 2787655**

WINDOW & DOOR INSTALLATION

- :: Repairs to all existing Aluminium and UPVC Windows & Doors
- :: Locks :: Hinges :: Handles etc
- :: Glass & Double Glazing





SapphireSigns
FOR ALL YOUR SIGNAGE NEEDS

- Vehicle wraps & signage
- Internal & external signage
- Lightboxes, shop fronts, raised letters, projecting signs
- Event signage Banners, coribboards
- Commercial spraypainting

Tel: 064 7758577
info@sapphiresigns.com
www.sapphiresigns.com
Main Street, Rathmore, Co. Kerry

For all your
ELECTRICAL REQUIREMENTS

- ✦ All Domestic Electrical
- ✦ New Builds
- ✦ Extensions
- ✦ Rewire
- ✦ Electrical Maintenance

Reliable, Reasonable and Fully Insured
Lawrence
087 6932197

Patrick Reen
Painting & Decorating
Interior & Exterior
including Paper Hanging
No Job Too Big or Too Small
- Reasonable Rates -
087 095 4582

FOUR SEASONS
GARDENING SERVICES

- Landscaping
- Design & Layout
- Garden Maintenance

All Varieties of Trees, Shrubs, Flowers & Seasonal Plants Supplied.
Reliable :: Friendly :: Efficient
John O'Sullivan
tel: **087 2787160**

SPEEDY REPAIRS
REPAIR OF DRAUGHTY, LEAKING, BROKEN WINDOWS & DOORS
REPLACEMENT OF HANDLES, LOCKS, HINGES, DOUBLE GLAZE UNITS
INSTALL WINDOW VENTS
Ph: **087 2839094**
email: windowspeedy@gmail.com

PAT O'CONNOR
FENCING CONTRACTOR

All types of Fencing
• Post and Rail
• Site Fencing and Farm Fencing.
Material Supplied & Erected if required
Lisheen, Greeveguilla.
Contact: **086 6088166**

Emerald Tree Services

- Comprehensive Insurance
- Hazardous Tree Felling
- Pruning + Stump Grinding
- Tree Replacements
- Removal of all Waste Material
- NPTC Training + Assessment

RICHARD SHERIDAN
FARRANFORE
087 9220317
01 066 9793974
emeraldtreeservices@hotmail.com

MICK MAHONY
Heating & Plumbing Contractor
C2 Registered

- Full plumbing & heating services
- Bathroom refurbishments
- Oil Boiler Servicing
- Powerflushing

m: 086 3620457
e: mick@kerryplumbing.com
www.kerryplumbing.com
for a fast and effective solution

John O'Mahony
HORIZON MEMORIALS

HEADSTONES IN MARBLE, GRANITE & LIMESTONE
Cleaning & Inscriptions
Grave Maintenance
Tullig Beg, Killorglin
CALL FOR A BROCHURE ON:
087 2298179 / 066 9790657
email: johno_mahony@eircom.net

Daniel O'Connell
WINDOW CLEANING SERVICES
Cleaned by Pure Water Pole System
Office Cleaning
Contact: **087 2950083**

CASEY
Septic Tank Cleaning
Permitted Waste Collector
Domestic & Commercial
GREASE TRAP & SEWER CLEANING
Fast, effective & clean service!
087 6322276
johncaseystc@gmail.com

RAYMOND CLIFFORD
BUILDING SERVICES
ROOFING CONTRACTOR:
1ST & 2ND FIX
EXTENSIONS, GARAGES, TIMBER FLOORS & ATTIC CONVERSIONS
FREE QUOTATIONS
NO JOB TOO BIG OR TOO SMALL
MILLTOWN
086 8129677

WINDOW & DOOR REPAIRS
Glass, Locks, Hinges, Handles etc.
Reasonably Priced.
Contact
BILLY O'MAHONY:
087 2036005
Over 20 years experience!

FOR SALE
Top quality turf and timber in bags or trailer loads, also kindling, Hardwood, Oak, Ash & Birch
CALL: **085 7540508**
OR **087 9673881**

FLESK
SCHOOL OF MOTORING
€30 PER LESSON
• Utmost consideration given to nervous beginners
• Dual controlled car
• Beginners to Pre-Test
• Gift Vouchers Available
• 7 days a Week
adp
Reg. 34645
Phone John Galvin at
087 9433402 or 087 0678087

FALVEY
Oil Burner Service
Killarney
Approved Firebird Boiler Service Agents
FIREBIRD
T: Conor: **087 8296288**
Todd: **087 2386276**
Office: **064 77 58654**
Also Approved Agents for STANLEY OIL COOKERS



DIAMOND

PROFESSIONAL WINDOW CLEANING

- Domestic & Commercial Frames Included
- Pure Filtered Water System
- High Reach Pole System
- Specialists in Facias, Soffits & Conservatories
- Refresh your Drive
- Gutter Cleaning
- Power Washing Service - Fully Insured

Firies, Killarney, Co. Kerry T: 086 8692633

Green & Growing
Tree Surgery & Garden Maintenance
087 4177070

Comprehensive Insurance
Hazardous tree felling
Pruning & reducing trees
Hedge cutting
All staff Are fully NPTC TRAINED
All waste removed
Wood chipper hire
Also Lawn cutting

www.greenandgrowingtreesurgery.com

0874177070

100% Irish Company
30 years experience in the industry

Outdoor Canopies
ALL WEATHER SOLUTIONS

- Covered Clothesline
- Patio Cover
- Car Port
- Garden Storage

Make use of space and Save Money!

Killarney Gutters Ltd.
Business • PVC • Plastic • Soffits

Repair • Replace • Maintenance

Supply and Fit

Fascia • Soffit • Gutters

New and existing houses
Commercial Premises

Call Tadhg at: 087 2601 467 e-mail: kgutters@gmail.com
Phone: 064 66 31124 web: www.outdoorcanopies.ie

Kerry Chimney & Boiler Services
HIGH STANDARDS - LOW PRICES

OIL BOILER SERVICE

- Servicing
- Repair
- Fitting
- Commissioning
- Efficiency Testing

CHIMNEY SERVICES

- Sweeping
- Inspection
- Stove Fitting
- Problem Solving
- Carbon monoxide Testing
- Bird Guards & Cows supplied & Fitted

www.kcbs.ie

"We guarantee a clean reliable & professional service"

For Bookings or Pricing call Damien or Mark Dennehy:
087 9595 323

Certified Boiler Technicians Qualified Chimney Inspectors

Kerry Drain Services

- Unblocking of Drains & Sewers • Septic Tanks Emptied
- CCTV Inspection • Bio-Units Desludged • Grease Management

Call us today for a free quote

066 9767744 / 087 9107777

web: www.kerrydrainservices.ie

Irish Drain SERVICES

DOMESTIC & COMMERCIAL

"ONE STOP SHOP FOR ALL YOUR DRAINAGE PROBLEMS"

- :: Septic Tank Cleaning
- :: Non Dig Solutions
- :: Unblocking (eg. toilets & sinks)
- :: C.C.T.V. Pipe Surveys

4 Park Business Centre, Farranfore, Co. Kerry.

Phone/Fax: 066 9763070 Mobile: 087 9359035
Email: info@irishdrainservices.ie Web: www.irishdrainservices.ie

Keep the drafts out & the heat locked in

Supreme foam insulation
Supreme perfection

Contact Denis
087 2946807/066 9793936

Rathmore Co. Kerry
info@supremefoaminsulation.net
www.supremefoaminsulation.net

Also Supplier of Multi Fuel Heating Systems • Low cost heating Solutions

Flesk Upholstery

Mill Rd, Killarney.
Tel: 064 66 35395
Mobile: 086 8122672

Huge range of Materials to choose from
All Upholstery work undertaken.

Hotels, Bars, Guest Houses, Private House.
FREE Quotations
Contact: John McCarthy

PRECAST CONCRETE PRODUCTS

SEAN ROCHE

Slieveveagh, Ballyvourney, Co. Cork.

Patio Slabs (Different Designs), Full Rope Top Kerb & Lawn Edging, Gate Posts & Fencing posts, Timber Style Ranch Post & Rail Fencing, Wall & Pillar Capping

FREE QUOTATIONS for site
Fencing Patio & Kerb Laying
Delivery Service Available
Tel: 086-6765694
026-45649

NOEL'S HOME & GARDEN SERVICES
- Firies Killarney -

Home:

- Roof - Gutter - Fascia & Soffit Cleaning
- Power Washing - Painting Interior & Exterior

Garden:

- Full Garden Landscaping & Maintenance
- All lawns cut - Large & Small
- Hedging Supplied & Planted
- All Types of Fencing - Patio & Decking
- All Garden waste disposed of

Call Noel Today:
087 7790341 / 066 9763226

Daffodil Day
Friday 27th March

Outlook
MAGAZINES

ADVERTISE YOUR BUSINESS

ON THIS PAGE

FOR AS LITTLE AS €8.00 +VAT PER WEEK

CONTACT DES ON **087 659 3427**

064 66 70000 • killarneyoutlook@outlookmags.com

Outlook
MAGAZINES

ISLA GRANT CANCELLATION:

First of all this week I would like to apologise to all Isla Grant Fans, especially to any readers that turned up to the venue due to my publicity. We are all equally disappointed that Isla had to cancel the show due to illness, thankfully she is now on the road to recovery and hopes to complete her tour. The show at the INEC Acoustic Club, Killarney is rescheduled for March 7th.

TRAD FOR TRÓCAIRE 2015:

2015 marks the sixth year of Trad for Trócaire and since its inception in 2010, over 1,500 Trad events have taken place across Ireland and also in Great Britain and the USA. Over €560,000 has been raised by passionate and enthusiastic musicians and Trad fans – young and old alike! This money is now supporting vulnerable communities in many countries across the developing world who are suffering daily with extreme poverty and injustice.

This year, Trócaire is hoping to run as many Trad sessions as possible throughout St. Patrick's week in order to raise money and fund many more projects that are making a very real difference to the lives of so many women, men and children. But in order to achieve this they need as many people as possible to join in and organise, play in or simply turn your St. Patrick's day trad seisiún into a Trad for Trócaire fundraising seisiún. Everyone is invited to play their part in Trad for Trócaire 2015.

If you would like a free Trad for Trócaire pack, please email trad@trocaire.org. This free fundraising pack contains everything you need to start organising your Trad for Trócaire session! When you have your session planned, register your session and they will add the details to their Trad for Trócaire listings.

To see the good your session can achieve please visit Trocaire's web page and click on the Trad for Trocaire's information page.

LAST WEEKS RIDDLE:

What gets broken without being held? A Promise.

USEFUL HINTS:

To remove adhesive stickers on glass soak in vegetable oil for a couple of minutes.

*If you have a problem with ants coming in your door take a piece of white chalk and draw a line.

*Put a sheet of fabric softener underneath each seat in the car to make it smell nice.

*Mix equal parts epsom salts and liquid dish detergent and scrub down the bath tub, sink, or shower area with it.

*If you have pots that have blackened because you boiled water in them, soak the pots with a pot of water in them to which you add 2 denture tablets. Let them soak overnight. The pot should be clean in the morning. Wash before using.

*To clean bottles or Thermos bottles put 2 tsp. baking soda and some hot water in it. Cap and shake. Let sit overnight to clean. Rinse well next morning.

*Make a paste out of white corn meal and white vinegar. Coat tarnished brass with this paste and leave on for five minutes. Wipe off with a soft clean cloth and tarnish will be gone. Buff with a soft clean cloth.

*Slice a lemon in half and sprinkle some table salt on it generously. Rub your brass pot with this to clean it. Wipe off with a clean, dry cloth. This will work on copper items just as well.

*Lay pieces of Peppermint Icebreakers chewing gum still in wrappers inside your cabinets to repel bugs.

*Pine needles or pine odours will keep bugs away from your pet's bed. Lavender works just as well. Bugs hate the smell. You can keep bugs off you with lavender rubbed on yourself.

QUOTE FOR THE WEEK:

"If you can't feed a hundred people, then feed just one" - Mother Teresa.

ON THIS DATE – FEBRUARY 20TH:

1472 - Scotland claimed the Orkney and Shetland islands after the king of Norway defaulted on a dowry payment.

1725 - 10 sleeping Indians scalped by whites in New Hampshire for scalp bounty.

1792 - US postal service created; postage 6c-12c, depending on distance.

1872 - Silas Noble & JP Cooley patented toothpick manufacturing machine.

1882 - Birth of Padraic Ó Conaire, writer and poet, in Galway.

1913 - King O'Malley (Australian politician) drove in the first survey peg to mark commencement of work on the construction of Canberra.

1941 - Nazis order Polish Jews barred from using public transportation.

1943 - New volcano Paracutin erupted in farmer's corn patch (Mexico).

1975 - Margaret Thatcher elected leader of British Conservative Party.

2003 - New figures compiled by the European Society of Cardiology showed that Ireland had the highest death rate from heart disease in Western Europe. Finland was second and Britain third.

ELEPHANTS ARE NOT AFRAID OF MICE:

This myth has been depicted in movies, cartoons, and even touted as fact, but there is no scientific basis to the claim that elephants are afraid of mice. Researchers have disproved this myth and attributed it to elephants being startled by anything that blends in with their environment and then suddenly becomes present — which can be any small or large camouflaged animal.

Experts actually discovered that as an evolutionary safeguard for plants that would otherwise get trampled by elephants, when plants are blanketed by ants the massive animals stay away.



4 SIMPLE WAYS TO MAKE YOUR CAT HAPPIER:

There's a common misconception that cats are self-reliant, that they don't need anything special to be content but that couldn't be further from the truth. If you take a little time to enrich your cat's environment you'll have a happier cat and you don't have to spend a fortune to do it.

There are some very simple changes you can make to your home and your daily routine that will help give kitty the stimulation she needs to keep her entertained while you're away and promote bonding while you're together.

The process starts by observing your cat and her preferences (does your cat prefer to be up high or down low? Does she like to scratch horizontally or vertically?) and then catering to those preferences

1. A cat superhighway provides a way for a cat to navigate around a room without touching the floor. You can start by looking at the existing furniture in the room and rearranging it to make it easier for your cat to jump from one surface to the next. You may need to add some cat shelves or a cat tree to connect your superhighway, and make sure to attach nonslip mats or carpet pieces to the surfaces to prevent slipping.

2. Schedule some interactive playtime with your cat every day. For these workout sessions, use a wand toy with a feather or other eye-catching attachment on the end of a string. Make your cat jump and chase the toy just like she would do with her prey in the wild. Use your new cat superhighway as part of the racetrack.

So kitty will have something to stalk while you're away, make sure to have some smaller toys that she can toss around and carry in her mouth. (Just don't leave out any toys with string, ribbon, yarn or rubber bands while you're not at home.) Many cats enjoy toys with catnip, plus there are several other herbs you could try. Remember to check with your veterinarian before giving your cat any herbs.

she

3. While you're away, kitty will play, so why not give her a little challenge? Puzzle toys and treat dispensers are great ways to keep your cat entertained and active. These toys are designed to dispense treats or food while your cat bats them around, encouraging her to exercise and catering to her natural instinct to hunt prey. If you're trying to cut kitty's calories, rather than adding treats, you can divide the normal food allotment for the day into smaller meals dispensed by the food puzzle. Another alternative is to use a larger puzzle box that can be filled with small toys (big enough not to present a choking hazard) instead of food. Fill puzzles with treats or toys before you leave in the morning and before you go to bed at night. Place them around the house so your cat will come across them as she goes about her daily or nightly activities.

4. You don't want things to get boring for your cat, so think about changing the environment a little on a regular basis. Try moving the cat tree to a different corner or to the centre of the room — your cat may see it as new again. Rotate the cat toys by putting some away for a while and then switch the toys for variety.

AUSTRALIA'S OLDEST MAN SPENDS FREE TIME KNITTING TINY SWEATERS FOR INJURED PENGUINS:

109 year old Alfred "Alfie" Date, likes to spend his free time knitting little sweaters for injured penguins in his room at a retirement home in New South Wales.

Alfie picked up the hobby over 80 years ago, when his sister-in-law handed him a pair of needles and some wool and asked the man to knit a jumper for her baby boy.

The great-great-grandfather continues to knit and enjoys taking requests, so when two nurses asked if he wanted to knit sweaters for needy penguins, Alfie started putting on the stitches.

His creations were donated to Victoria's Phillip Island Penguin Foundation to help little penguins affected by an oil spill. Little penguins are a rare species only found in Australia and New Zealand, with just 32,000 living on Phillip Island.

Oil from the spill caused the penguins' feathers to stick together, allowing cold water to reach their skin. Sweaters from generous knitters like Alfie helped the birds stay warm while they waited to be cleaned up. The garments also prevented the penguins from picking at their feathers and accidentally consuming the toxic oil.

Thanks to Alfie and thousands of other knitters from around the world, Victoria's Phillip Island Penguin Foundation was overwhelmed with cosy jumpers, which allowed the foundation to fully rehabilitate many of the birds.

SKITTLES THE SOON TO BE SERVICE DOG:

Skittles is a six month-old female Amaley Sheltie pup with an extraordinary purpose. She is ready and waiting to commit her life to a veteran, who has given some of the best years of his/her life in the service of Canada and returned home with severe operational-related wounds and disabilities.

Born in Manitoba on June 14, 2014, she is intelligent, has a beautiful disposition and is exceedingly gentle and friendly. She started her service dog training when she was six weeks old and is being trained to Level 3, which is the highest standard and the most complex training done by Courageous Companions dog trainers. She will be paired with a veteran with multiple disabilities which could include missing limbs, seizures, debilitating anxiety, brain trauma, vision and hearing impairment, or severe psychological injuries.

Meghan Search and Rescue, a training standards organisation, and Courageous Companions, a non-profit organisation supporting veterans, are training Skittles to provide psychiatric support, deliberately disobey and redirect the veteran's negative behaviour, prevent or interrupt emotional overload, awaken the veteran from nightmares, provide a calming effect, do crowd control and panic prevention in public, arouse the veteran from fear or disassociating episodes, assist a veteran to leave an area by finding an exit, identify danger and hazards that a veteran may not be aware of, help the veteran to feel calm in congested space by expanding the space, and detect seizures and high blood pressure. All of this is a very big job

for a little dog with a big heart, and she is up to it!

In the Courageous Companions program, there are no costs to the veterans. Sponsors cover expenses. They have 31 dogs ready to go to veterans and another 43 veterans with dogs waiting to continue their training, but demand exceeds their ability to keep pace with funding.

One solution to address the waiting list could lie with the Royal Canadian Legion. According to their Dominion Command, the 2013 annual Poppy Campaign alone raised \$14 million. Each branch of the Legion has the ability to provide 25 per cent of their Poppy Funds for service dogs. That's \$3.5 million nationally. That may be enough to provide a service dog for every qualifying and waiting veteran in Canada, but for reasons unknown the Royal Canadian Legion's Ontario Provincial Command will no longer permit the province's branches to allocate any Poppy Funds to service dogs, all that can be hoped is that the remaining Provincial Commands will not follow Ontario's example.

THIS WEEKS RIDDLE:

What invention lets most people look right through a wall?

AND FINALLY THIS WEEK – YOUR TONGUE TWISTER:

The thirty-three thieves thought that they thrilled the throne throughout Thursday.



Citizens Information

Know Your Rights: RENT INCREASES

FEBRUARY 2015

QUESTION

I have been renting an apartment for over a year and my landlord phoned me last week to tell me that he is increasing my rent. Does he have the right to do this?

ANSWER

The amount of rent payable for a property is agreed between the landlord and tenant at the start of a tenancy. If you are living in private rented accommodation, under the Residential Tenancies Act 2004, your landlord must follow certain procedures if he wants to raise the rent.

Your landlord has the right to review the rent once a year. A rent review can result in an increase or reduction of the rent. Unless the accommodation has changed substantially, it cannot be reviewed more often than this, or during the first 12 months of the tenancy.

Your landlord must give you at least 28 days' notice of the amount of the proposed new rent and the date from which it is to take effect. The notice must be in writing. Emails, text messages and phone calls are not valid forms of notice.

Threshold, the national housing charity, publishes detailed advice on how to deal with rent increases, including a list of tips on dealing with your landlord. You can contact Threshold for advice on your particular situation by calling 1890 334 334 or through their website, threshold.ie.

The Private Residential Tenancies Board (PRTB) deals with disputes between landlords and tenants, including disputes about rent reviews. If there is any dispute about the amount of rent being proposed, either side can refer the dispute to the PRTB. If the landlord has given you a valid written notice of the rent increase, you must contact the PRTB with your dispute before the date that the new rent comes into effect or within 28 days of getting the notice, whichever is later. There is no time limit if the notice is not valid.

You must continue to pay your current rent until the case has been determined by the PRTB.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

SERENITY Memorial Cards



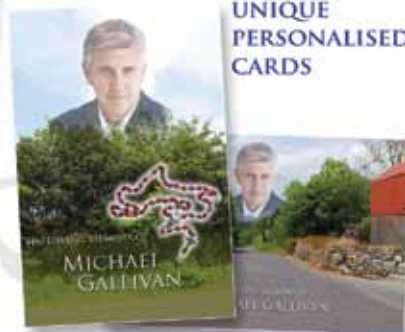
| MEMORIAL CARDS
| ACKNOWLEDGEMENT CARDS
| BOOK MARKS

CHOOSE FROM OUR
LARGE RANGE OF SAMPLE CARDS



OR...

...WE CAN DESIGN
YOUR OWN
UNIQUE
PERSONALISED
CARDS



TEL: 087 6870929

OLD MARKET LANE (NEXT TO KERRY MORTGAGE CENTRE)
KILLARNEY, CO. KERRY.



A WORD OF VICTORY

Welcome back dear reader it is clear that we are living in perilous times where no-one seems to have answers to bring stability. World governments, the U.N. etc.. all put forward their plans to bring peace to this world, yet it appears that things are getting worse rather than better. In the Bible the book of 2nd Timothy chapter 3 explains this turmoil: "But know this, that in the last days perilous times will come; for men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, unforgiving, slanderers, without self-control, brutal, despisers of good, traitors, headstrong, haughty, lovers of pleasure rather than lovers of God, having a form of godliness but denying its power. And from such people turn away!" These things are written to us from God as a warning that we need to take heed of because these are the symptoms of rebellion, wickedness and sin. Hosea 4:6 tells us "My people perish from lack of knowledge" so for people who are deceived and going down the road of destruction the warning has to be sounded, in order for them to have the opportunity to repent. Sin is sin and evil is evil and we should not be part-takers. God's mercy and grace are freely available to everyone who wants to be rescued. It's not a co-incidence you are reading this article - God is telling you to examine yourself in all these areas before it is too late! Call on Jesus today to save you "whoever calls on the name of the Lord shall be saved (Romans 10:13) for "God so loved this world that He gave His one and only Son, that whoever believes in Him should not perish but have eternal life" (John 3:16). I pray that the Lord will bless you and keep you and your family safe always friend. If you have a query on Scripture or any prayer need please call 064-6622950 or email wordofvictory@eircom.net. More next week...

Contact: 064 - 66 22950 Email: wordofvictory@eircom.net

ACKNOWLEDGEMENT & FIRST ANNIVERSARY

Cherished memories



O'LEARY BRENDAN

Mastergeeha, Kilcummin, Killarney.
Who died on 18th February 2014.

As we lovingly remember Brendan today on this his first anniversary, his wife, Una, mother Nonie, sisters Noreen and Theresa, brothers Pats, John and Dave, uncles, aunt and other family members would like to express their sincere thanks and appreciation to the very many people who supported Brendan and his family during his illness. We sincerely thank Fr. Joe Begley and Fr. Gerard O'Leary for their kindness to Brendan during his illness and also for the funeral Mass which was filled with thoughtfulness and fond remembrances. We also thank Maura O'Leary and the choir who sang so beautifully at the mass and everybody else who participated including the sacristan, Siobhán.

We would also like to sincerely thank the following people; Tom Murphy, undertaker, for his professionalism and guidance, those who prepared Brendan's final resting place, members of Mastergeeha F.C. and Kilcummin GAA for the guard of honour, Anthony who sang at Brendan's grave, those who helped out with traffic control and parking arrangements, the wonderful staff at Kerry General Hospital who cared for Brendan with such compassion and kindness in his final weeks, those who treated and cared for Brendan during his illness including staff at the Palliative Care Unit, Accident and Emergency Unit, Oncology Unit, Muckross Ward, Home Care Nursing team, Southdoc, and the Killarney Medical Centre for their help and support and kindness to Brendan and all the family, the staff at Trants Pharmacy, Park Road, the kind neighbours and friends who called to the house with food and refreshments and who assisted with the organisation of the Brendan's wake and removal from the house, those who attended the funeral Mass and who sent Mass cards, enrolments, sympathy cards, letters and phone calls of condolence and all who gave so generously to the Oncology and Palliative Care Units of the Kerry General Hospital.

Brendan's wife, Una, particularly wishes to express her deepest appreciation to her families, nephews, nieces, company workers, neighbours, friends and everybody who helped and supported her in any way in the past year. Their compassion and kindness will never be forgotten.

As it would be impossible to thank everybody individually this acknowledgement is a token of the appreciation of Brendan's family and wife Una. The Holy Sacrifice of the Mass has been offered for your intentions.

The First Anniversary Mass for Brendan will be held on Saturday 21st February 2014 at 7.30pm in Our Lady of Lourdes Church, Kilcummin.

Alone but never alone, I face an empty chair
But sometimes in my silence
I imagine you are there
My companion for many a year
No longer here with me
And yet in some mysterious way
You keep me company.

Sadly missed by your loving wife Una.

3RD ANNIVERSARY



In Loving Memory of

BROWNE KATHLEEN (KAY)

Muckcross Road, Killarney.

Who died on the 26th
February 2012.

Just a prayer from the family who
loved you,

Just a memory fond and true,
In our hearts you will live forever,
Because we thought the world
of you.

Michael and all the family.

**Anniversary Mass,
Friday the 27th February
at 6.15pm in St. Mary's Cathedral
Killarney.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer three times, for three days and
your favour will be granted. Never known to
fail. Must promise publication of prayer.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days.
Publication of prayer and favour will be
granted.

1ST ANNIVERSARY & ACKNOWLEDGEMENT

In Loving Memory of



BRENDAN O' DONOGHUE

Cools, Headford, Co Kerry.
**With love we remember Brendan
on this the first anniversary of his
passing R.I.P.**

We, his brother Donie, sisters Eileen,
Joan, Kathleen and Mary,
brothers-in-law and their families
would like to express our deepest
gratitude and appreciation to
Brendan's neighbours for their
immediate presence and assistance
given on the day of Brendan's sudden
death. Especially to Breda and Tomas
Moynihan for making phone calls
and assisting in many other ways.

To Fr Radley who administered
the last rites, also for Dr Coffey's
presence. We wish to thank all those
who attended the removal and
funeral mass and to those who sent
Mass cards, Perpetual Enrolments
and floral tributes. Our thanks to
Fr Doherty who concelebrated the
mass with Fr Radley and to Derry
and Rose Healy for their lovely music.
To Tom Murphy Undertaker for his
kindness and professionalism and to
the grave diggers. Our thanks also to
The Kerry Way who took care of the
catering. Much appreciated was the
excellent care given at Teach Mhuire
Day Centre, Rathmore - Donal O
Keeffe, the nursing staff and carers,
kitchen staff and those providing
transport and assisting in many
ways. Not forgetting those who
over the years called to see Brendan
at his home and to those who he
liked to visit. To those who were
willing to respond to any emergency
made from his personal alarm
especially to Breda and Thomas for
responding to such a call at night.
Please accept this acknowledgement
as an expression of our
sincere gratitude.

**The Holy Sacrifice of the Mass
has been
offered for your intentions.**

**First Anniversary Mass for
Brendan will be celebrated at St
Agatha's Church, Glenflesk on
Saturday 21st of February at 7.00.**

1ST ANNIVERSARY



In Loving Memory of

BRENDAN O'LEARY

Mastergeeha, Kilcummin
who died on 18th February 2014.

A loving nature
A heart of gold
The very best
This world could hold
Never selfish, always kind,
These are the memories
You left behind
A silent thought
A quiet prayer,
For a special person
in God's care

**Loved dearly and sadly missed by
your nieces, nephews, grand niece
and grand nephews.**

**Special memorial Mass this Saturday
night at 7.30p.m. in Our Lady of
Lourdes Church, Kilcummin.**

1ST ANNIVERSARY



In Loving Memory of

BRENDAN O'LEARY

Mastergeeha, Kilcummin
who died on 18th February 2014.
God looked around his garden and
saw an empty chair
He then looked down upon earth
And saw your tired face,
He put his arms around you
And lifted you to rest
God's garden must be beautiful
He only takes the best
God knew you were in pain and a cure
was not to be
He closed your weary eyelids and
whispered come to me
With tearful eyes we watch you
And saw you slip away
Though we loved you dearly we knew
You could not stay
It broke our hearts to lose you but
you did not go alone
for part of us went with you the
day God called you home.

**So dearly loved and sadly missed by
your Mom, Nonie, sisters Theresa and
Noreen, brothers Pats, John and Dave,
brothers-in-law, sisters-in-law.**

*Fairytales in the heart of
Killarney National Park*



TO CELEBRATE OUR
NEW OWNERSHIP



OUR WEDDING GIFT TO YOU
WORTH €1,700



After Wedding Party
for 100 guests

- or -

Prosecco Reception &
Canapés for 150 guests.

Valid for Weddings during November 2015
to March 2016. Terms & Conditions apply.

WEDDING FOOD EVENT

Saturday, 28th February
& Sunday, 1st March 2015 | 1 - 5pm



Sample and taste
some dishes from
our unique
wedding menus

Enjoy cocktails
and bubbly
View our beautiful
wedding suites

For Wedding Event information & private consultations
contact our **Wedding Team on 064 66 23400**
or email daniel@muckrosspark.com



Muckross, Killarney, Co. Kerry

Tel: (064) 66 23400

WWW.MUCKROSSPARK.COM



MUCKROSS PARK
HOTEL & SPA