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Friday 19th - Thurs 25th Sept 2014

 A WALK AMONG THE TOMBSTONES (15A) 110m 7 Days 8:35 8:58	 NOBLE (15A) 110m 7 Days 6:40 9:00 Sat/Sun 4:20	 THE ONE HUNDRED FOOT JOURNEY (PG) 110m 7 Days 6:35 8:58 Sat/Sun 4:25	 A MOST WANTED MAN (15A) 110m 7 Days 6:30 8:50
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 BOXTROLLS (PG) 105m Sat/Sun 12:15 4:15	 3D BOXTROLLS (PG) 105m Sat/Sun 2:15 7 Days 6:30	 THE NUT JOB (PG) 105m Sat/Sun 2:10 4:30	 LET'S BE COPS (15A) 110m 7 Days 9:30	 2D GUARDIANS OF THE GALAXY (15A) 115m Sat/Sun 2:10
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 PUDSEY (PG) 105m Sat/Sun 2:10 4:20	 3D HOW TO TRAIN YOUR DRAGON 2 (PG) 115m Sat/Sun 2:30
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KIDS CINE CLUB
Saturday 13th & Sunday 14th September

HOW TO TRAIN YOUR DRAGON 2 (PG) 115m	12:05
PUDSEY (PG) 105m	12:05
EARTH TO ECHO (PG) 105m	12:15
PLANES (PG) 105m	12:15

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Kerry 2014 *Explore Experience Enjoy*

TRALEE: Sigma Tire Theatre - A Celebration of Folk - 40th Anniversary - 6.30-9.30pm
Kerry County Museum hosting four events starting at 4pm. Kerry Film Festival - Outdoor Screening - 8pm-11pm
KILLARNEY: The School House, Muckross Traditional Fairs presents "Breaking Trail" - 8pm-9.30pm
Perry French Exhibition at the Department of Arts - 4pm-7pm
Killarney Musical Society at Corkery's Bar - 9.30pm-11pm
KILLORGSLIN: 8 Feet, Pop Up Gallery, The Old Forge - A night of mischief and surprise - 8pm-11pm
Pauline Bewick Collection, Killorglin Area Office - viewing and tour by Artist - 7.30pm sharp
SCARTAGLIN: Sléibh Luachra Cultural & Heritage Centre - "Rambling House" - 8.30pm-midnight
CASTLEISLAND: Traditional music, set dancing, singing, brass dancing and "griddle bread making demonstration" outside Browne's Bar on Main Street

Friday September 19th

**ALL CULTURE NIGHT EVENTS
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Events in Killarney, Tralee, Listowel, Dingle, Caherciveen, Ballinskelligs, Kenmare, Scartaglin, Gneeveguilla, Killorglin, Caherdaniel, Causeway, Castleisland, Waterville, Kenmare & Annascaul, ranging from circus arts, drama performances, paintings, stained glass, music, traditional arts and much more

For up to date details, visit
WWW.CULTUREKERRY.COM

www.facebook.com/culturecokerry

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Culture Night is brought to you by the Department of Arts, Heritage and the Gaeltacht in partnership with Kerry County Council. As Roinn Ealaíon, Cultúir agus Gaeltachta a Bhreithnís comhoibris le Kerry County Council.



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Domestic, Commercial & Industrial

CALL OF THE WILD - KILLARNEY WALKING FESTIVAL AUTUMN SERIES

To Celebrate the Celtic Festival of Samhain, Killarney Walking Festival, will host three walks on Saturday 11th, October 2014. The Autumn Series is called the 'Call of the Wild,' and includes three signature guided walks that promise to capture the magic and beauty of this special time of year in Killarney. 'Ancient Celtic Sites Walk,' This guided walk and boat trip, by Ray and Mary Walsh, 'Walk with Me,' explores the ancient world of Celtic and Historical sites in Killarney National Park. It begins at the medieval 15th Century Ross Castle, stopping off at Innisfallen Island, and continuing through Lough Lein and Bricin Bridge to Muckross Lake and arrive at The Old Boathouse at Muckross House. A guided walk of the gardens and the grounds of Muckross and Killarney National Park continues. The Duration of the walk is 6 hours.

'Land of the Fianna Carrauntoohil,' is the second guided walk, by John O'Sullivan, 'Reeks Lodge and Guiding' Carrauntoohil, MacGillycuddy's Reeks, Ireland's highest mountain is steeped in mythical folklore and ancient place names that hint at a colourful history in pre-Christian Ireland. The Duration of the walk is 5-7 Hours and rated strenuous, but, with a wonderful sense of adventure and pleasure.

'Call of the Wild' is the third walk, by Valerie O'Sullivan and Tim Long, it explores the wonders of our beautiful colours and wildlife in Killarney National Park's hillsides and valleys



TO CELEBRATE THE CELTIC FESTIVAL OF SAMHAIN, KILLARNEY WALKING FESTIVAL, WILL HOST THREE WALKS ON SATURDAY 11TH, OCTOBER 2014. INCLUDED AT THE LAUNCH WERE, DONIE MULCAHY, DENIS O'SULLIVAN, MARY WALSH AND JOHN O'SULLIVAN. PHOTO: VALERIE O'SULLIVAN

during the most incredible time in nature – the autumn season, when our native Killarney oak, yew, ash and Arbutus trees are glorious, and Red deer roam freely on Mangerton Mountain. The walk rated Moderate to strenuous, takes the walker, along Mangerton, and Fertha Mountains, and further along the paths of the Old Kenmare Road. Duration of the day trip is 5-6 hours. Killarney Walking Festival is a new Festival, formed in April 2014, as well as the

Annual Walking Festival (Solstice) which will take place in June 2015, it will also celebrate Mid-Winter with a Solstice Walk on the ancient Paps of Danú, between the Cork and Kerry Border, on Sunday, 21st December, 2014. The Head Quarters for the Festival is The Gleneagle Hotel, Killarney.

To book for your favourite guided walk, Visit www.killarneywalkingfestival.com for more information. 06406671531

KILLARNEY GIRL CAITRIONA DENNEHY TO COMPETE IN THE 'SIMPLY BE CURVY 2015' COMPETITION



Nineteen year old Caitriona Dennehy from Killarney will be competing in the Simply Be Curvy 2015 competition to become the face of the company's Spring Summer 2015 catalogue. Selected from over 4,500 entries, Caitriona will be competing with 11 other curvy ladies from across the country at the Simply Be Curvy

bootcamp in Dublin at the end of September. The current Simply Be cover girl is Cora O'Connor from Boolteens, Castlemaine,

The local girl will be participating in the Xpose boot camp in Dublin where they will be mentored by a host of experts from the Irish fashion industry and which will be filmed by TV3's premier fashion show, Xpose. The experts include Model Agent, Celia Holman Lee, Fashion Photographer Lili Forberg, Hair Stylist to the Stars, Michael Leong and Fashion Stylist, Sonja Mohlich. The competition will be aired on TV's Xpose from Friday 3rd October – Friday 10th October. Over the past seven years the Simply Be Curvy competition has grown from strength to strength and receives thousands of entrants every year. The competition celebrates the curvaceous figure, while also giving the winner a fantastic platform to launch a career in modelling or fashion. The competition has instilled confidence and launched the careers of some of Ireland's most successful plus size models including Karen Forde (Miss Curvy), Tia Duffy, Louise O'Reilly and Brianna Connaughton.

KILLARNEY MUSICAL SOCIETY LAUNCH GHOST THE MUSICAL

Corkery's Bar on High Street is the venue for the Launch of Killarney Musical Societies production of GHOST THE MUSICAL. The launch will take place, tonight, September 19th at 8pm Killarney, in conjunction with Culture Night in Killarney on the same night. Following on from the launch at 8pm the society will have their culture night contribution with over '30 years of Music & Song'. Old and hopefully many new members of Killarney Musical Society will gather for a good old fashioned night of fun, laughter, and entertainment from 9 to 11 p.m. that night.

GHOST THE MUSICAL which will be taking place in the INEC Killarney on March 11th. to March 13th 2015 inclusive. The society have also been honoured and privileged to be lucky enough to host the IRISH AMATEUR PREMIERE of this Musical, a first for us in our 30th Anniversary Year.

Exciting and busy times ahead for all who want to get involved with Killarney Musical Society.



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Wednesday 24th September 6pm

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MID KERRY ARE THRESHING CANCER

THE ECLECTIC PICNIC IS BACK BY POPULAR DEMAND!

Threshing Cancer, a charity/club in the Mid-Kerry area, is once again holding a vintage threshing day on the farm of Brendan Ferris in Beaufort, Co. Kerry to raise money for the Oncology Unit at Kerry General Hospital, Recovery Haven & the Hospice Room at St. Joseph's Home, Killorglin.

Everyone is invited to join us on Sunday 28th, this unique occasion will be of particular interest to historians, teachers, the farming community and those with an interest in heritage and vintage machinery. This large-scale event encompasses 35 acres. Last year's threshing day attracted a crowd in excess of 3,000, and as it was an official Gathering event the audience included overseas visitors and public representatives. Tourists from the US, UK, Canada, Belgium, Luxembourg, Netherlands and Norway attended the event and were impressed with the depth of heritage and culture on display.

The event will incorporate guided tours and demonstrations of vintage threshing and agricultural machinery, working horses, and the secondary applications such as thatching. An unusual ploughing demonstration is also included in the agricultural section of the event. Threshing Cancer's fundraising day will have something for every member of the family. Music and dance group Celtic Steps will complement the vintage aspect by

entertaining through traditional song, dance and music. Chef Mark Doe will be inviting audience members to participate in a "Ready Steady Cook" show. Author and Glenbeigh native Jerry Mulvihill will display his collection of adults and children's books including the recently published "The Puck Fair: Ireland's Oldest Celebration". There will also be exhibits of jewellery, arts and crafts. A number of novelty fundraising activities will take place including an Auction, Barbeque, Cow poop draw, Digger Bucket Swap, Face painting, Fashion Show – male & female, Guess weight of cake, Guess weight of lamb, Guess weight of timber, Hole-in-One golf, Kiddies pony rides, Magic show, Pig on a Spit, Raffles, Sheaf Tossing, Skittles Tombola lucky pick, Tractor Pulling.

A free shuttle bus for patrons will depart from the Manor Inn, Killorglin to the event throughout the day. A cancer awareness information stand will offer advice on cancer-related health issues to patrons during the event. The Threshing Cancer 2013 DVD will be on sale with proceeds going towards the cancer support organisations. The organisers are delighted to welcome Irish TV to our threshing event on 28th and they will be filming over the course of the day. Irish TV broadcasts online to a worldwide audience.

The threshing event will be preceded by a fundraising bingo in Beaufort Parish Hall on



BRENDAN FERRIS

Friday 26th September at 8.30pm.

Gates open at 11am with activities continuing until 5pm. Adults €5. Children free admission. Free parking on-site with a new traffic plan in place. Please support a worthy cause.

Last year €24,000 was raised which was distributed as follows:

- €14,000 to the extension of the Oncology Unit at Kerry General Hospital.
- €7,000 to Recovery Haven, facilitating a counselling service for children whose parents are diagnosed with cancer.
- €3,000 to the Hospice Room at St. Joseph's Home, Killorglin.

MOTOR NEURON FUNDRAISING DAY



THE LATE JOAN TWOMEY PICTURED WITH HER FAMILY.

The family of the late Joan Twomey are hosting a fundraising tea/coffee morning at the home of her daughter Siobhan on Saturday 27th September from 10am – 6pm.

Siobhan and her husband Padraig Lynch live

in Coolea Village and they decided to hold the event to assist the IMNDA who enabled them along with other organisations to care for their mother, Joan, at home.

Joan, a native of Youghal in Co. Cork passed away on the 2nd of October 2013. Siobhan her daughter along with all the family had the honour and privilege of minding and caring for her at home. Joan was a kind, caring and generous mother and wife to her late husband John.

Siobhan felt that being given the opportunity to care for Joan at home helped her cope better with her illness and the family wish to thank the IMNDA who provided them with the necessary equipment to make her life as comfortable as possible.

They hope that everyone in the area will support this very worthy fundraising event.

BOUNCERS DIRECTOR ANNOUNCES NEW FILM

Killarney Director/Writer Damian O'Callaghan is set to follow up his debut film Bouncers with his new feature The Gift. Damian has developed the film with Dublin writer Paul FitzSimons, who also wrote the screenplay.

The feature film which stars Alan Devine (Veronica Guerin, King Arthur), Una Kavanagh (Garage, The Clinic) Kerrie O'Sullivan (Fair City) and Killarney native Donal Courtney will be filmed in Kerry in October by OC Productions the company set up by Damian. This is a much bigger project than Damien's previous film as it is a feature length film with a much bigger production team. The production is headed up by Noreen Bingham and with a cast of 20 from Dublin, Kerry and Cork and extras totalling almost 100, this is very much a team effort.

The Gift will hit Irish cinemas next spring.

IF YOU HAVE A STORY...

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TOP AWARD FOR TRALEE STUDENT

A Tralee woman was top of the class this week when she achieved 1st in Ireland and 7th in the World from over 28,000 students in her exam with the Association of Chartered Certified Accountants in Ireland.

This was a phenomenal achievement for Geraldine Quilter who graduated from the Tralee Institute of Technology with an Honours Business Studies Degree. She is currently undertaking her Accounting Apprenticeship with Timothy & O'Connor Accountants, Princes Street, Tralee. Timothy & O'Connor is an ACCA approved gold standard training firm for Accountants. We have a track record in producing highly motivated top quality professionals with the necessary skills and experience to lead out their organisations finance function. Graduates of TOC are to be found at Chief Financial Officer level of some of the most successful firms in the Kerry Region. With expertise in Accounting, Auditing,

Taxation, Payroll & HR, Timothy & O'Connor offer outsourced Finance Business Partner solutions to indigenous firms and subsidiaries of foreign companies. A registered Chartered Tax Adviser at the firm specialises in the taxation of individuals and partnerships and we offer a free review of the performance of all your pension and investment plans by your financial intermediary Wealth Management Partners. Raising finance can be the biggest obstacle to start-up businesses. At TOC we put special emphasis on supporting start-up and growth businesses. Our specialist Performance Analysis, Business Planning and Strategic Analysis Service provides important support to Business Leaders who want to access grant aid, bank finance and angel investors. Our Corporate Governance and Company Secretarial service focuses on good corporate governance and investor relations. Our sister firm, Solutions Recruitment can take care of all



BRENDAN TIMOTHY (PARTNER), SUSAN COSTELLO (RECENTLY QUALIFIED), GERALDINE QUILTER, AND PATRICK J O'CONNOR (PARTNER) TIMOTHY & O'CONNOR.

THE CATS GET THE CREAM PADRAIG LUCEY TO SIGN AFL DEAL



PADRAIG LUCEY FROM KILLARNEY PICTURED ON THE RECRUIT

Killarney Legion man Padraig Lucey is set to join Geelong Cats in a two year Australian Football League deal.

The Legion man has spend the last few months taking part in the FOX Reality TV Show The Recruit and his success has been greeted with joy by his fellow members of Legion GAA club. A 204cm ruck prospect, Padraig qualifies as a category B rookie under the international

player rules.

Although he has a Gaelic football background, Padraig only kicked his first AFL football 18 months ago via an AFL combine here in Ireland which was run by fellow Kerry man and Sydney premiership player Tadgh Kennelly.

We wish Padraig every success in his future career.

MIND MAP CREATOR TO SPEAK IN KERRY

Outstanding Mind and Memory speaker, Tony Buzan, the creator of Mind Maps is coming to Kerry to speak to both students and the business community at the end of September.



TONY BUZAN.

The originator of the concept of Mental Literacy and author of numerous best selling books on the brain and thinking, Tony's lifelong work has been dedicated to Global Mental Literacy with much of his time has been devoted to disadvantaged students and to those with learning disabilities. Killarney Chamber of Tourism and Commerce are hosting a business dinner which is being partly sponsored by The Malton Hotel who are also hosting Tony during his Kerry stay. At the business dinner, Mr. Buzan will speak on topics like efficiency in business. He will also visit schools in the South Kerry area where he will give tips to students on how to improve their memory.

VOLUNTEER TUTOR TRAINING COURSE

Kerry ETB Literacy & Adult Basic Education Service supports adults who want to develop their reading, writing, spelling and numeracy skills to enable them to fulfil both personal and work

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KERRY ALL THE WAY AS FANS GO GREEN AND GOLD



PHOTOGRAPHER: MARIE CARROLL-O'SULLIVAN
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TORN BETWEEN TWO COUNTIES FOR THE ALL IRELAND FOOTBALL FINAL, EMMA KELLY TAKES BOTH SIDES! UNITING TWO COUNTIES AND TWO MARRIAGES THE ROOF WILL LIFT AT THE HOMES OF THE KELLY & HORGAN FAMILIES ON ALL IRELAND FINAL DAY. PICTURED AT AGHADOE ON THE LEFT SUPPORTING KERRY WERE DAN HORGAN, DAN KELLY, JAMES KELLY, JOHN HORGAN. IN THE CENTRE, EMMA KELLY IN HER DUAL COUNTY JERSEY. AND ON THE RIGHT SUPPORTING DONEGAL NOREEN KELLY, ANNETTE HORGAN & LITTLE DANNEKA HORGAN.



THE HORGAN & KELLY FAMILIES WHO ARE 'ALMOST' EQUAL IN SUPPORTING OPPOSING COUNTIES FOR THE ALL IRELAND FOOTBALL FINAL. BACK ROW L-R DAN KELLY, JOHN KELLY, DAN HORGAN. FRONT ROW L-R ANNETTE HORGAN, DANNEKA HORGAN, NOREEN KELLY, EMMA KELLY & JOHN HORGAN.



PICTURED AT ST OLIVERS NS, BALLYCASHEEN PRIOR TO THE ARRIVAL OF SKY TV WERE L-R OLIVER ZUCHOWSKI, MARIE WADE, RONAN FOLEY & CATHERINE SHEAHAN.



GETTING INTO THE SPIRIT OF THINGS OF THE ALL IRELAND FOOTBALL FINAL. SECOND CLASS AT ST. OLIVERS NS, BALLYCASHEEN WITH THEIR TEACHER MS. CHRISTINE HEGARTY (BACK LEFT).



ALL SET FOR THE ALL IRELAND FOOTBALL FINAL WERE PUSHPITA ALAM & MIM LOKMAN AT ST OLIVERS NS, BALLYCASHEEN.



MS KATRIONA CROWLEY TEACHER OF SENIOR INFANTS AT ST OLIVER'S NS, BALLYCASHEEN WITH HER SENIOR INFANT STUDENTS GEARING UP FOR THE ALL IRELAND FOOTBALL FINAL AGAINST DONEGAL.

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WALKING TALL IN MEMORY OF MICHELLE

IRISH RUGBY STARS TO START THE 10TH & FINAL CF WALK IN KILLARNEY

A firm favourite on walkers calendars in Killarney the 10th and final 10k charity walk in aid of Build4Life, Cystic Fibrosis will take place on Sunday September 28th.

The walk commemorates the life and times of Kilcummin native Michelle O'Connor who passed away ten years ago. The late Michelle was daughter of Betty and Michael O'Connor of Glebe, Kilcummin and every year for the past ten years her friends have organised this walk which has raised a whopping €100,000 to date. It is hoped the high profile walk will raise much needed funds for the Kerry Branch of the Cystic Fibrosis Association and their innovative 'Build4Life' and 'Build4Life Kids' projects.

"The date has been selected to ensure it will not clash with any big sporting event which will free people to take part in the walk, the final walk after 10 years. The day starts with registration from 2pm at the Killarney Plaza Hotel. The walk starts at 3pm from the Killarney Plaza and finishes at the same location. It will be started by Irish Ladies rugby stars Siobhan Fleming from Currow and Sharon Lynch from Castleisland," said Elaine Doyle one of the organisers along with Killarney photographer,

Marie Carroll O'Sullivan who were close friends of Michelle.

The route will take participants from the Killarney Plaza Hotel, Town Centre and out to Aghadoe, where there will be a stop at the viewing point beside the Aghadoe Heights Hotel for refreshments returning via Bohareen na Marbh, Ballydowney, New Street and back to the Killarney Plaza Hotel. "There will also be a BBQ at The Plaza after the event for all registered walkers. Other events on the day will be a performance from the Killarney Scorchers Cheerleaders, face painting, colour competition for children and family day. There will also be a chance to win some fabulous spot prizes kindly donated by many local businesses. The walk is a fun event open to walkers, Mums and Dads, buggies, children on trikes and bikes, joggers and dog walkers. All we are asking is that walkers donate a minimum of €15, and hopefully more." For further information, contact Elaine Doyle on (087) 7665281 and Marie Carroll O'Sullivan on (086) 8030084 or keep yourself updated on our facebook site "Fundraising for Cystic Fibrosis".

Further information on the Build4Life project



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE LAUNCH OF THE 10TH AND FINAL MICHELLE O'CONNOR MEMORIAL WALK IN AID OF BUILD4LIFE CYSTIC FIBROSIS WHICH WILL TAKE PLACE FROM THE HOTEL ON SUNDAY 28TH SEPT WERE L-R MARIE CARROLL O'SULLIVAN (ORGANISER), IRISH RUGBY STAR SIOBHAN FLEMING, GEMMA RING OF O'DONOGHUE-RING HOTELS, ELAINE DOYLE (ORGANISER) AND IN FRONT LISA O'CONNOR (MICHELLE'S SISTER) WITH BUDDY THE BUON FRISE. PICTURE TREVOR O'DONOGHUE IC PHOTO STUDIO.

can be found on www.build4life.net.

KILLARNEY CAMERA CLUB



KILLARNEY CAMERA CLUB MEMBERS ON A RECENT OUTING IN KILLARNEY NATIONAL PARK.

INTERESTED IN PHOTOGRAPHY?

Then why not go along to Killarney Camera Club's introduction meeting on the 25th September. The group will be welcoming new and current members and giving an overview of the coming year. New members can attend two meetings before you commit to joining.

The meeting takes place at 7.30 pm and the venue is The Killarney Heights Hotel.

for more information email secretary@killarneycameraclub.ie

GENEROUS LOCALS DONATE FOR HEALTH LINK BUS

Generous customers of the Failte Hotel in Killarney have dugged deep in their pockets to support the Kerry/Cork Health Link Bus.

The money was raised through a novel 'message in a bottle' fundraising initiative where customers at The Failte contributed loose change to a special donation bottle in the bar. The Failte has now started a second bottle and Paudie O'Callaghan, who is Chairman of the Killarney Vintners Association and vice-chairman of the Kerry Vintners Association, is hopeful that many other pubs in Killarney and Kerry will follow the initiative for such a worthy cause.



PAUDIE AND VALERIE O'CALLAGHAN AND DERMOT O'CALLAGHAN JUNIOR OF THE FAILTE BAR, KILLARNEY, PRESENT A CHEQUE FOR 1000 EURO TO SEAN PRENDERGAST OF THE KERRY/CORK HEALTH LINK BUS. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY)

WORLD WAR 1 EVENTS AT KILLARNEY LIBRARY

Killarney World War I Memorial Committee is staging an exhibition at Killarney Library until Saturday 27th September during library opening hours. The exhibition, entitled "Statistics & Memorabilia of World War I" features maps, photographs, posters, military artefacts, statistics, memorabilia and details of those from the Killarney and district area who took part in the First World War.

As part of Culture Night celebrations, a lecture entitled "World War I and Kerry" will take place on Friday 19th September at 7.30pm.

On Saturday 27th a WWI Information Day will be held in the library between 10am – 4.30pm. A number of researchers from the Cork branch of the Western Front Association will be available to assist with tracing relatives who served in WWI. If you have any photos or other mementos of a relative who served with any regiment, please bring them along so that the researchers can view them. On the same day, a talk entitled "Tracing your WWI Ancestors" will take place at 2pm.

Admission is free to all events. For further information please contact Killarney Library at 064-6632655 or killarney@kerrylibrary.ie.

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MONEY MATTERS....

By Dermot Cronin,
Financial Advisor

HAVE YOU REVIEWED YOUR PENSION RECENTLY??

As you have probably seen or read in the news recently pensions are being discussed more and more often. This shows how important pensions are, so if you have a pension at present or a previous pension from a past employer etc. It is very important that you review your pension **NOW**. This is because you need to know what kind of pension you have, what funds your pension is invested in, your pension can be invested in very low risk funds to very high risk funds which means that the value of your pension can substantially increase or substantially reduce depending on the type of funds you are invested in and the performance of your pension funds. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension then you will not know if your pension is on track to get you what you need at retirement. So whether you are currently contributing to a pension or not contributing to a pension that you had in the past it is very important that your pension is reviewed now.

To discuss this or any other financial matter you can contact
Dermot Cronin at 064 6622775 or kerrythorffgajagecentre@eircom.net

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THUNDER THIGHS NO MORE – CHERYL LAUNCHES SLIMMING WORLD IN KILLARNEY



CHERYL CAVANAGH BEFORE.

Cheryl Cavanagh, a busy Mum of 4 boys from Templeglantine Co. Limerick, was embarrassed by the nickname that she overheard herself being called by teenage friends of her son's.....

'Thunder Thighs'. "It was the final

turning point that made me decide that I had to lose weight. Even though I had a loving and supportive family I had always felt ugly and embarrassed due to my size and tried to avoid social situations at all costs," said Cheryl. An invitation to a wedding or party filled her with dread, what would she wear, where would she find that awful 'tent' that would end up costing

a fortune and she knew it would still look dreadful. To the outside world Cheryl showed a happy, confident face but she was constantly sad and crying inside. "I decided to go along to my nearest Slimming World group and had amazing support from my husband Michael who decided to go along with me to offer encouragement. When I walked through the door I was welcomed by a warm and friendly consultant and a lively buzzing atmosphere. When the Food Optimising programme was explained to me I could not believe that I could eat so much varied 'normal' food and still lose weight. No counting or weighing, this was the diet plan I had been looking for all my life." The first week Cheryl enjoyed roast dinners, curry, chillie and rice and even fish and chips. "The whole family ate the same meals. When I stood on the scales I could not believe I had lost 9lbs..... in the first week!. This was my 'lights on' moment. For the first time I realised I had the tools to do the job. My 'Thunder Thighs' days were well and truly over." Cheryl went on to lose an amazing 7stone 3lbs. She loves going to the group every week and describes it as "one big extended happy family, the support and craic

that you get at the group every week is uplifting and truly unique". "Slimming World has completely changed my life. It has actually given me my life back, made me the woman I have always

wanted to be, confident and so happy." Cheryl says she has also seen many health benefits to losing so much weight such as no more aching knee's and chaffed thighs. Cheryl has decided to open her own group to help others lose weight on Tuesday September 23rd at the Brehon Hotel, Killarney at 5.30 pm and 7.30 pm and would love to see you there. Phone 0892263767.



CHERYL CAVANAGH AFTER.

HOSPICE COFFEE MORNING AT THE ROYAL



PICTURED AT THE ROYAL HOTEL FOR COFFEE MORNING IN AID OF KILLARNEY BRANCH FOR THE KERRY HOSPICE YESTERDAY MORNING WERE L-R DEBBIE DOOLAN, KATHLEEN CRONIN, KATHLEEN O'SHEA, FR SIMON TWOMEY, MARY HANNON, PHYLLIS O'SULLIVAN & DENISE O'CONNELL. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



A WONDERFUL SPREAD OF DELICIOUS DELIGHTS AT THE ROYAL HOTEL FOR THE KILLARNEY HOSPICE COFFEE MORNING. L-R MANAGERESS CLAIRE SCALLY, NOREEN COLLINS, ANGELA CURRAN & PAT DOOLAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE ROYAL HOTEL FOR COFFEE MORNING IN AID OF KILLARNEY BRANCH FOR THE KERRY HOSPICE WERE L-R MAUD MALONE, BRID FITZPATRICK, NOREEN DOOLAN, EMMA DOOLAN, AISLING CROSBIE & SUE McDONOUGH. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



MORNING TEA IN AID OF KILLARNEY BRANCH FOR KERRY HOSPICE. PICTURED AT THE ROYAL HOTEL WERE L-R KARINA MCCARTHY-BUCKLEY WITH HER LITTLE GIRL AIDEEN AND EVE MOYNIHAN WITH KARINA'S MUM BREDA MCCARTHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808






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TIMBER FENCING

JOHN GRIFFIN IS KERRY PERSON OF THE YEAR 2014

John Griffin has been selected as this year's recipient of the prestigious London Kerry Person of the Year award.

Mr Griffin, whose father hails from Glenbeigh, Co. Kerry, was selected by the Kerry Association London's Person of the Year sub-committee in recognition of his life time achievements and great support of the Irish at both home and abroad.

Mr Griffin is Chair of Irish TV, launched globally in May 2014, which focuses on producing 50 community based programmes that are broadcast across Europe and the USA. Mr Griffin believes that the introduction of this powerful Irish television station will improve tourism to Ireland and promote it as a sanctuary for every generation of the Irish Diaspora.

Speaking of his success, John said: "I started from nothing. I was in Ireland from the age of

one to the age of nine. I went to school in Mayo; I went to school every day with no shoes on. We moved to the UK and I failed my 11 plus. When it came to my GCSEs and A-Levels I went to Ireland on holiday and contracted TB. I spent 18 months of my life recovering from that and did not sit a single exam. We had no money growing up and I started my business with one car eventually developing it into a company with 4000 vehicles."

John was accepted into the inner sanctum of British tradition when he was recently awarded the freedom of London City and is unfazed by rubbing shoulders with the likes of the British Prime Minister David Cameron.

John is very much committed to his Kerry roots and has previously donated a large sum of money to the sports centre in Glenbeigh, as well as land to facilitate an expansion of their

grounds. Mr Griffin was last year presented with a plaque at the sports facility to recognise his ongoing support.

On hearing of his award, John Griffin said: "My father would have been so proud. I am delighted and it's now my time to stand up and support this fantastic organisation. It's a great honour that has tremendous meaning for me as this committee not only recognises who I am but what I have done. I am prepared to support the Kerry Association as much as I can throughout this year and be the person they need me to be."

John will be presented with his award at the Kerry Association's annual dinner dance at the Crown Moran Hotel in Cricklewood on the 24th of October from last year's winner, Shelagh O'Connor of Brosna.

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workshop call Juliana, licensed Heal Your Life Workshop Leader at Coisceim Natural Therapy Centre, Tralee on 066-7181855.

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“Manage Your Health

Now is the time to take necessary steps to make sure your body and immune system are in the best shape to be able to deal with the upcoming winter.

1) **Maintain a good and well balanced diet:** When it's cold and dark outside it can be tempting to fill up on unhealthy comfort food, but it's important to ensure that you still keep your diet healthy and include five portions of fruit and veg a day. Winter vegetables such as carrots, parsnips and turnips can be roasted, mashed or made into soup for a comforting winter meal for the whole family. Having a breakfast high in starch and fibre such as porridge is ideal in winter and will keep you fuller for longer.

Milk and dairy products such as cheese and yoghurt are great sources of protein and vitamins A and B12 – helping to make sure your immune system is in tip-top condition for the winter months.

2) **Exercise:** Don't use the cold winter months as an excuse to stay in and lounge around. Instead, get out with the whole family and keep active, such as taking a bracing winter walk. Regular exercise helps to control your weight, boost your immune system, improve your mood and is a good way to break the tension that can build if the family is constantly cooped up inside the house.

3) **Sleep:** In winter, we naturally sleep more due to the longer nights. It is perfectly natural to adopt hibernating habits when the weather turns cold so use the time to catch up.

4) **Vitamin, Mineral Supplements and Tonics:** If you suspect your diet is not providing you with all your dietary needs, take a daily multivitamin and mineral supplement. These can bring health benefits of many types, beyond any possible beneficial effects on the immune system. Taking mega doses of a single vitamin does not - more is not necessarily better. Researchers are investigating the immune boosting potential of a number of different nutrients such as **Selenium & Zinc, as well as Vitamins A, B2, B6, C, D & E**. Therefore, an 8-12 week course of a suitable supplement or tonic may be well worth considering at this time of the year, especially in younger and older people, for those on long term medication, if diagnosed with chronic respiratory disease such as asthma or bronchitis or if you are just prone to colds and flu during the winter months. Ingredients such as Garlic and Ginseng, as well as probiotics may also be beneficial. Discuss with your pharmacist which, if any, of the range of products on the market are suitable for you and your family.

5) **Flu Vaccine:** recommended for any of the following: aged 65 or over, with a long term medical condition, with an impaired immune system, pregnant women, health care workers & carers, high Body Mass Index, residents of residential homes or long term care institutions, those in regular close contact with poultry, water fowl or pigs.



“If you have any Health Care query call in to Dan at Aherns Pharmacy for advice & help.

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KERRY ALL THE WAY AS FANS GO GREEN AND GOLD



PHOTOGRAPHER: MARIE CARROLL-O'SULLIVAN
087 391 4808



GERARDINE SHANAHAN (LEFT IN PINK), PRINCIPAL OF GNEEVIGUILLA NS WITH ALL OF THE STUDENTS KITTED OUT IN GREEN & GOLD TO WISH THE KERRY TEAM THE VERY BEST OF LUCK IN THE ALL IRELAND FOOTBALL FINAL AGAINST DONEGAL.



PICTURED AT ST OLIVERS NS, BALLYCASHEEN PRIOR TO THE ARRIVAL OF SKY TV WERE BACK ROW L-R JENNY O'MAHONY, CHIARDA O'CONNOR & EVIE FAHY. MIDDLE ROW ESTER GREENE, DEILANA BENDARAVICIUTE & OLIVIA O'CONNOR AND IN THE FRONT ROW L-R MAHEK AHMAD, ERICA O'MAHONY, JESSIE O'CONNOR & AOIFE MCCLARENCE.



GERARDINE SHANAHAN, PRINCIPAL OF GNEEVIGUILLA NS PICTURED AT THE SCHOOL WITH HER STUDENTS TO LAUNCH THE 5K FUN RUN/WALK DUE TO TAKE PLACE FROM THE SCHOOL WITH REGISTRATION FROM 11AM. THE RUN/WALK IS OPEN TO EVERYONE AND IS DUE TO START AT 1PM. FOR FURTHER DETAILS, CONTACT THE SCHOOL DIRECTLY.



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A WASH OF GREEN & GOLD AT MAGGIE'S MONTESSORI PRESCHOOL, CROSSTOWN IN LIEU OF KERRY'S ALL IRELAND FOOTBALL FINAL ON SUNDAY. PICTURED WITH THE STUDENTS WERE TEACHERS MAGS O'SULLIVAN (LEFT) AND LISA RIORDAN (RIGHT).



TORC TERRACE, EQUALLY AS VIBRANT AS CROKE PARK FOR ALL IRELAND FOOTBALL FINAL DAY ON SUNDAY. PICTURED L-R ANTIONETTE MOLONEY-O'SHEA, JACK BREEN, SUZANNE MOLONEY & ROISIN MOLONEY-MURPHY.



KERRY FANS ARE MAD FOR SAM

IRISH TV BROADCAST LIVE PREVIEW OF SUNDAY'S ALL IRELAND FINAL.

STUDENTS FROM ST. OLIVERS NS BALLYCASHEEN WHO TOOK PART IN THE SHOW.



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KERRY ALL THE WAY AS FANS GO GREEN AND GOLD



PHOTOGRAPHER: MARIE CARROLL-O'SULLIVAN
087 391 4808



ENJOYING THE BUILD UP TO THE ALL IRELAND FOOTBALL FINAL AGAINST DONEGAL, MUINTEOIR MARY BROSNAN (CENTRE BACK ROW) WITH HER 3RD CLASS STUDENTS AT THE MON.



PICTURED AT DINGLE TRADFEST WERE MAIRTIN O'CATHASAIGH, PRONNSIAS O'CATHASAIGH, ALANNAH NI CHIOSAIN, NICOLE NI DHUBHSHLAINE AND SEAN O'CHIOSAIN.
PICTURE BY DON MACMONAGLE



PUPILS AND STAFF AT BEBE CRECHE & MONTESSORI ON WEDNESDAY 17TH SEPTEMBER 2014. GREAT EXCITEMENT AS THEY ENJOYED A GREAT GREEN & GOLD DAY IN SUPPORT OF THE KERRY MINOR AND SENIOR TEAM.



KERRY FANS ARE MAD FOR SAM IRISH TV BROADCAST LIVE PREVIEW OF SUNDAY'S ALL IRELAND FINAL.
MICHAEL HEALY RAE TOUCHES UP HIS MAKE UP FOR THE LIVE TV SHOW



KILLARNEY ENTERTAINER BEN QUINLAN WHO WROTE A SPECIAL SONG FOR THE ALL IRELAND FINAL PICTURED AFTER HIS PERFORMANCE ON MAD FOR SAM. BEN IS ALSO A CONTESTANT IN THE XFACTOR.



LUKE KNEE-CURTIN ALL SET FOR THE MATCH ON SUNDAY.

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PICTURED AT SOUTH KERRY PLOUGHING CHAMPIONSHIPS AT FLEMINGS FARM, FOSSA WERE L-R BUZZ THE DOG, TARA LOONEY, TIM O'SULLIVAN & CATHY O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SOUTH KERRY PLOUGHING CHAMPIONSHIPS AT FLEMINGS FARM, FOSSA WERE L-R TIMMY O'KEEFE, MATTHEW KEANE, MIKE O'SULLIVAN & CHRISTOPHER O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SOUTH KERRY PLOUGHING CHAMPIONSHIPS AT FLEMINGS FARM, FOSSA WERE L-R TOM GENTLEMAN, MIKE WELDON, KATIE MURPHY, JACK MURPHY & KIERAN MURPHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SOUTH KERRY PLOUGHING CHAMPIONSHIPS AT FLEMINGS FARM, FOSSA WERE THE MOSCA'S MUM LINDA, DAD DAVID WITH THEIR CHILDREN L-R ELISA, MARCO & LUCA. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SOUTH KERRY PLOUGHING CHAMPIONSHIPS AT FLEMINGS FARM, FOSSA WERE L-R NOEL MOYNIHAN, PAT MOYNIHAN, GER BRENNAN, ALAN COLLINS AND ON THE BIKE DARA MOYNIHAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE MAIZE AT SOUTH KERRY PLOUGHING CHAMPIONSHIPS, FLEMINGS FARM, FOSSA WAS TOM LESLIE (ORGANISER) WITH L-R PIERCE LESLIE, JOHN MURPHY, JULIET MURPHY & KATE MURPHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



BRIDIE McGRATH, MARY ANN McCULLOUGH, EMMA McCULLOUGH, MAXINE SCULLY AND BRIDIE SCULLY PICTURED AT THE BREHON HOTEL KILLARNEY WEDDING FAIR ON SUNDAY. PICTURE BY DON MACMONAGLE



MEL, CHLOE, AND LEO BARRY, LYNDA O'SULLIVAN FROM KILLARNEY WITH GREG LEJWODA, CONFERENCE AND BANQUETING MANAGER PICTURED AT THE BREHON HOTEL KILLARNEY WEDDING FAIR ON SUNDAY. PICTURE BY DON MACMONAGLE

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Their Special Day

A look at the Wedding's taking place in Killarney.



ALL SET FOR SUNDAY... VICKI MORIARTY FROM TRALEE AND JOHN FLAHERTY FROM GALWAY PICTURED WITH THEIR BRIDAL PARTY, JENNIFER CONWAY, CIARA AND JESSICA O'MAHONY WITH GROOMS MEN BARRY FLEMMING, JOHN FLAHERTY AND DARRAGH THORNTON. THE COUPLE WERE MARRIED AT THE CHURCH HOLY CROSS KENMARE AND HELD THEIR RECEPTION IN THE DROMQUINNA MANOR KENMARE.

PHOTO BY : DOMNICK WALSH /



CAROLINE O'CONNOR AND SCOTT ROBBIE PHOTOGRAPHED IN BEAUTIFUL SUNSHINE ON THEIR BIG DAY. THE COUPLE HELD THEIR WEDDING IN THE KILLARNEY HEIGHTS HOTEL. PHOTO MICHEÁL O SULLIVAN WWW.OSULLIVANPHOTOGRAPHYIRL.COM



MICHELLE O SHEA AND ROBERT WONG TOAST TO THEIR FUTURE IN FOLEY'S BAR IN INCH LAST FRIDAY. THERE COUPLE WERE MARRIED IN INCH AND HELD THEIR RECEPTION IN THE DROMHALL HOTEL IN KILLARNEY. PHOTO MICHEÁL O SULLIVAN WWW.OSULLIVANPHOTOGRAPHYIRL.COM

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RATHMORE SCHOOL PREPARES FOR ALL-IRELAND GLORY!

An air of excitement is building in the border school with the scramble for All-Ireland tickets and plenty of raffles and cake sales pencilled in for the coming week. Situated on the Cork-Kerry border, there is plenty of banter between students here, in Scoil Phobail Sliabh Luachra in Rathmore. There is an intense rivalry about the upcoming All-Ireland Final as there is a great mix of Cork and Kerry supporters, students and teachers alike. In preparation for the All-Ireland, we have left no stone unturned in ensuring that our past pupils, Aidan O'Mahony, Paul Murphy and Shane Ryan, are aware of the spirited support that we, as a school, are offering to them. Posters and photos of these past pupils now adorn the entrance to the school as we send them our best wishes. In accordance with this occasion, we have decorated the school in the Kingdom's green and gold and also organised two raffles, one in which a prize of a Kerry themed singing teddy bear is being offered, and another in which two much sought-after signed Kerry jerseys are up for grabs. Further to this excitement,

all school footballers are in with a chance of winning coveted terrace tickets specifically for the student body. On Friday, a jersey day will ensure the support will reach fever pitch when

the whole school don their Kerry colours (even the cork students). Donations from this will go towards the schools' nominated charity of the year.



IN THE PHOTO ARE STUDENTS L-R: FELIM JACOB, JOHN O'LEARY, JACK COLLINS, CONOR STACK, THOMAS FLEMING, JERRY CRONIN, FIONA CREMINS, DARA LOONEY, SHANE O'SULLIVAN, DONNCHA O'SE.



"The Green and Gold road to Croker for Sam"

Teachers Mr. John Keane and Mr. Ciarán Gallagher of Killarney Community College staged an aerial duel on the roof of the school this morning. Sam Maguire is the prize! Mr. Keane is a former Legion and Kerry Legend. Mr. Gallagher is from Glenties in Donegal, home of Jim McGuinness. Both men expect the green and gold to still be flying after the epic match on Sunday. L-R: Mr. Ciarán Gallagher, Mr. John Keane



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KILLARNEY YOUTH CENTRE, THE CENTRE OF YOUTH ACTIVITY!

The new school term will see the KDYS focus on ensuring young people around the county are happy and healthy through its wide array of fun and developmental activities. The charity will focus on delivering programmes through all secondary schools, in local communities and in the 5 KDYS youth centres across Kerry. The Youth centre in Killarney will be a major hub of activity starting the first week in October; the schedule of new activities has something for all teenagers in the surrounding area! Programmes includes, Band Project, After Schools Study Support, Movie Nights, Creative Workshops to include furniture upcycling,

Weekly Youth Café on Fridays 4-9 and Saturday 2-5 which offers young people the opportunity to meet friends, engage in a range of activities such as Pool, Table Tennis, PS3 Games, Chess and other themed events. We care constantly changing our Programme ideas so if you or your friends have an idea, please do let us know and we can work towards developing a Project around this with you!

We are also looking at establishing a Youth Management Committee for our Youth Café, which will provide training and support for young people as they take an active role in the development of their local Youth Café. The

Programmes are open to all young people but make sure to register a.s.a.p.

The KDYS annual flag day will also happen Saturday the 20th of September. Please support our dedicated staff, volunteers and young people who will be collecting on the day. All funds raised will go towards supporting the young people of Killarney.

To find out more or to reserve a place contact KDYS Killarney on 064 6631748 or find us on facebook at [facebook/kdyskillarney](https://www.facebook.com/kdyskillarney)



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TUESDAY

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(7:30 - 9:30 p.m.) 9 weeks €110

Flower Arranging

(7:30 - 9:30 p.m.) 9 weeks €130

Creative Music Making

(7:30 - 9:30 p.m.) 9 weeks €110

Drawing & Sketching

(7:30 - 9:30 p.m.) 9 weeks €110

Introduction to Photoshop for Photographers

(7:30 - 9:30 p.m.) 9 weeks €110

Nutrition & Weight Management

(7:30 - 9:30 p.m.) 9 weeks €110

Genealogy Training in Researching your Ancestors

(7:30 - 9:30 p.m.) 6 weeks €75

Sign Language

(7:30 - 9:30 p.m.) 9 weeks €110

Introduction to Organic Gardening

(7:30 - 9:30 p.m.) 9 weeks €110

Film Production for Beginners

(7:30 - 9:30 p.m.) 9 weeks €110

Pilates

(6:45 - 7:45 p.m.) 9 weeks €55

Pilates

(8:00 - 9:00 p.m.) 9 weeks €55

Improvers Computer Course

(7:30 - 9:30 p.m.) 9 weeks €110

Creative Writing

(7:30 - 9:30 p.m.) 9 weeks €110

Bee Keeping

(7:30 - 9:30 p.m.) 6 weeks €75

Acrylics for Beginners

(5:15 - 7:15 p.m.) 9 weeks €110

Acrylics - Advanced

(7:30 - 9:30 p.m.) 9 weeks €110

Spanish (Beginners)

(7:30 - 9:30 p.m.) 9 weeks €110

Life Coaching/Personal Development

(7:30 - 9:30 p.m.) 9 weeks €110

Yoga

(7:30 - 9:00 p.m.) 9 weeks €80

Intermediate English

(7:30 - 9:30 p.m.) 9 weeks €110

THURSDAY

Salsa Dancing

(8:00 - 9:00 p.m.) 9 weeks €55

Cooking

(7:30 - 9:30 p.m.) 9 weeks €150

Spanish (Improvers)

(7:30 - 9:30 p.m.) 9 weeks €110

Computers for Absolute Beginners

(7:30 - 9:30 p.m.) 9 weeks €110

Beauty Therapy

(7:30 - 9:30 p.m.) 9 weeks €110

Reflexology

(7:30 - 9:30 p.m.) 9 weeks €110

Zumba

(6:45 - 7:45 p.m.) 9 weeks €55

Tai Chi

(7:30 - 9:00 p.m.) 9 weeks €80

Irish

(7:30 - 9:30 p.m.) 9 weeks €110

Introduction to the Stockmarket

(7:30 - 9:30 p.m.) 9 weeks €110

Introduction to Digital Photography

(7:30 - 9:30 p.m.) 9 weeks €110

PROFESSIONAL COURSES:

Manual & Computerized Accounts - FETAC Level 5

(7:30 - 9:30 p.m.) Tuesday 25 weeks €350

Accounting Technician (ATI)

(6:45 - 9:45 p.m.) Tuesday & Thursday 2 years

Occupational First Aid FETAC Level 5

(7:00 - 10:00 p.m.) Tuesday 9 weeks €230

Certificate in Autism Spectrum Studies - NFQ Level 6 NUI Award -
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Understanding Mental Health - FETAC Level 5 Component Certificate

Introduction to Childcare - Communications & Information

Technology - FETAC Level 4

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Classes will commence on **Tuesday 30th September and Thursday 2nd October** unless otherwise stated.

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This course is designed to provide the wind turbine industry with personnel who have the technical knowledge and skills to service and maintain large scale commercial wind turbines. It's aimed at skilled crafts persons who hold a recognised electrical or mechanical trade qualification and have a number of years hands-on practical experience in one of the related areas. **Start Date:** 28th October 2014. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53).

MTA Software & Networking Fundamentals Course (ET124) – Tralee.
If you wish to get started in a career in ICT this entry level course offers experience in the technical side of software development and computer networks. It's the ideal sample course for people considering a career in information and communication technology. Graduates of the course may progress to the IT Support Specialist Traineeship or Java Associate course. **Start Dates:** 3rd November 2014. **Duration:** 17 weeks. **Certification:** Microsoft Technology Associate Certification (MTA) in Software Development Fundamentals, .Net Fundamentals, and Networking Fundamentals.

Manual & Computerised Payroll and Bookkeeping (ET025) – Tralee & Castleisland.
This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. It's designed for people with no prior experience in the topics. **Start Dates:** Tralee on 22nd September and Castleisland on 10th November 2014. **Duration:** 10 weeks. **Certification:** FETAC Level 5 Component Certificates in Bookkeeping Manual and Computerised and Payroll Manual and Computerised.

Heavy Goods Vehicle Driving Rigid (HGV) (ET394) – Killarney.
This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. **Start Date:** 20th October 2014. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, FETAC Minor Award for Counterbalance or Reach Forklift Truck Driving, and ADR Certification for Drivers.

Web Design with Adobe Dreamweaver Course (ETR87) – Tralee.
This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites. **Start Dates:** 29th September 2014. **Duration:** 17 weeks. **Certification:** Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Surf Instructor and Beach Lifeguard Course (ET123) – County Kerry.
The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 28th October 2014. **Duration:** 25 weeks. **Certification:** Surfing Skills Instructor Level 1 – Irish Surf Association (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

Reception and Clerical Skills (ET0N1) – Killarney.
If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you. **Start Date:** 13th October 2014. **Duration:** 15 weeks. **Certification:** FETAC Level 5 Component Certificates in: Information and Administration, Word Processing, and Customer Service.

CAD Computer Aided Draughting and Design Course (ET115) – Tralee.
This course is for people who wish to pursue careers as CAD technicians. It offers participants the opportunity to develop knowledge, skills and competencies in 2D and 3D computer aided draughting and design. **Start Date:** 3rd November 2014. **Duration:** 32 weeks. **Certification:** City & Guilds Levels 3 Awards in 2D and 3D Computer Aided Design.

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To apply or get further information on any of the above courses please contact

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e: Michael.Healy-Rae@iol.ie
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Castleisland Clinic
River Island Hotel
3rd Monday of every month 6.30pm & the last Friday of every month 9.30pm

Killorglin Clinic
Jim Shea's Vintage Bar
2nd Monday of every month at 7.00pm

Kenmare Clinic
Atlantic Bar 10pm Every Saturday Night

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Healy-Rae's Shop 9pm-10pm every Sunday
Healy-Rae's Bar 10pm-11pm every Sunday

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Proceeds from the Cycle will be presented
to this years beneficiaries.

N.B Cyclists please have your sponsorship monies
handed in well in advance to your charity

KILCUMMIN NEWS

KILCUMMIN COMHALTAS: Meeting will take place on Monday 29th September at 8pm in the Rural Development Office. All Welcome

KILCUMMIN LOOKING GOOD: Kilcummin achieved 244 points in the Tidy Towns Competition 2014, an improvement of 5 points on 2013. Thanks to all residents for keeping Kilcummin tidy and well-presented. Our Church Gate collection will be held on September 20th & 21st. Thank you for your continued support.

KILLARNEY 10 MILE ROAD RACE: 27th September at 1.30pm. Entry fee €20. Start & finish. St Brendan's College, Killarney. Register online at; www.killarney10mile.com There will be prizes, medals, t-shirts, refreshments and timing chips.

GAA NEWS: GOLF Presidents prize (Billy Doolan) in Beaufort Golf Club on Saturday October 4th Tee Time 9am-10.10am

MOLYNEAUX CUP SEMI FINAL

KILCUMMIN 3-11 DINGLE 3-10. Kilcummin qualified to meet Dr Crokes in the Molyneux Cup final after a narrow but deserved victory on Friday evening last in Kilcummin. This was a very entertaining encounter which featured goals by Eamonn O'Donoghue, David Brosnan and John McCarthy. Darragh McCarthy brought off three fantastic saves at crucial times and these ultimately made the difference against a fit young Dingle outfit. Team Darragh McCarthy, Muiris Healy, Kieran O'Donoghue, William Maher, James Devane, Damien Doolan, Daniel Kelly, Colm Lenihan, Richie O'Connor, John McCarthy, Eamonn O'Donoghue, Ger Sheehan, David Brosnan, D.J. Fleming, Ben Brosnan. Subs used John Devane.

O'DONOGHUE CUP: Scartaglen v Kilcummin Saturday October 4th at 4pm.

SET DANCING: Classes resume on 1st October in the GAA clubrooms from 8.30 to 10pm under the guidance of Marie Lehan. Beginners and advanced dancers very welcome and what better way to pass away the winter evenings than doing something you always wanted to do in good company. Come alone or with a partner makes no difference you will enjoy the fun.

THE GAA ACADEMY: Host Legion at 10.30 am on Saturday 20th September at 10.30am.

GAA LOTTO: There was no winner on Sunday 14th September. Numbers drawn were 10, 19, 20 and 26. Consolation prizes were €100 Shane Breen Buddihans, €60 Abbie McGuire Pairc Chuimin, €60 L & K Brosnan Mastergeeha, €30 Mike Lenihan Scartaglen, €30 John F O'Leary Knocklebede. Next Draw Sunday 28th September Jackpot now €12,000.

LISTRY NOTES

LISTRY COMMUNITY COUNCIL: We intend hosting the Annual Rambling House session in Listry Community Centre on Saturday night October 11th from 8pm-11.30pm approx. This will be a night of music, song, dance, storytelling etc. Anybody who wishes to come along on the night to sing a song or perform a Tune will be very welcome. Light Refreshments

will be served. Fear an Ti for the night will be Ted Ahern. Please come along for a great night's entertainment.

COMPUTER CLASSES: There are a few vacancies in a Technology Class due to commence in Listry Community Centre on Wednesday am 8th October from 10am-12 noon. Tuition will be given on the use of

iPhones, iPads and Tablets etc.

It is hoped to commence Photography Classes and also Cookery Classes for men if sufficient participants are available. If interested in any of these Classes please contact Joan on 0867944494 or call to Alan in the Community Centre between 1pm-5pm Mon-Thurs.



BRENDAN O'NEILL AND RAY MOYNIHAN (KILLARNEY) AND DECLAN CAMPION (HEADFORD) WHO CYCLED IN THE CASTLEISLAND DAY CARE CENTRE FUND RAISING CYCLE ON SUNDAY.



CONGRATULATIONS TO LISTRY/KEEL U-14 PLAYER SEÁN FOLEY. SEÁN HAS BEEN SELECTED AS A FLAG BEARER IN CROKE PARK FOR THE ALL-IRELAND FINAL ON SUNDAY 21ST SEPTEMBER 2014. THE LISTRY/KEEL U-14 PANEL MADE SURE SEÁN GOT SOME FLAG WAVING TRAINING BEFORE HIS BIG DAY IN CROKER. BEST OF LUCK SEÁN AND HOPEFULLY KERRY CAN WIN THE DOUBLE.



PICTURED ENJOYING THE EAMONN KELLY NIGHT AT KILLARNEY LIBRARY LAST WEEK. THE EVENT WAS A TREMENDOUS SUCCESS.



CAITRIONA HICKEY, SCARTAGLEN WITH HER HENS EN ROUTE TO ENNIS ON SATURDAY LAST!



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& the

Kerry Minor Football Team



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FOSSA NEWS

FOSSA GAA

FOSSA LOTTO: 14/09/2014. Numbers drawn: 7, 12, 17 and 28. Jackpot €5,250. No Jackpot Winner. 5 x €40 consolation prizes: Tina Myers, Barleymount East; O'Connor Family, Leabrook Gortroe; Mary Fleming, Clydine Kilcummin; Eamon & Mary Myers, Barleymount West; Stephen O'Grady c/o O'Grady's Bar Killorglin.

New Jackpot: €5,400. Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, Foleys Spar Shop Gortroe Fossa, The Laurels Bar, Killarney and from committee members. Next draw takes place on Tuesday night next September 23rd 2014 at the Golden Nugget Fossa at 11p.m. (Note Change of Night).

SENIORS: Fossa senior footballers continued on their winning streak on Sunday last with a 1-12 to 0-11 victory over Asdee in the Quarter Final of the Novicw Shield.

SCOR: Scor na nOg coming up shortly. Age limit

1st January 1998 or later. Anyone interested in taking part please contact Theresa Kissane our Scor Officer at 087 6816169

FOSSA/TWO MILE COMHALTAS: Adult set dancing classes at Fossa Community Centre each Tuesday from September 30th, beginners at 8pm improvers and advanced at 9pm.

FOSSA COMMUNITY CENTRE: The Annual Fossa Community Centre Fashion Show will be held at the Hotel Europe on Tuesday October 14th. Cheese and Wine reception at 7pm and Fashion Show starting at 8pm. There will be a prize for the Best Dressed Lady, and also a raffle and door prizes. Tuesday October 14th a date for your diary.

ASTROTURF ALL WEATHER PITCH: All weather pitch@fossa national school. Opening hrs, Monday/Friday 4pm/10pm, Saturday/Sunday 10am/10pm. All types of sport is played on this floodlit pitch. Now taking bookings for

birthday parties. Contact Ger o Connor 083 4228977 or email fossaweatherpitch@gmail.com

KILLARNEY LIBRARY: On Saturday 27th a World War I Information Day will be held in Killarney library between 10am – 4.30pm. A number of researchers from the Cork branch of the Western Front Association will be available to assist with tracing relatives who served in the war. If you have photos or other mementos of a relative who served with any regiment, please bring them along so that researchers can view them. On the same day, a talk entitled "Tracing your WWI Ancestors" will take place at 2pm. Free admission.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at bgenemoriarty2014@gmail.com. Please forward information on before Sunday at 11am.

RATHMORE /GNEEVEGUILLA NEWS By Michael O'Mahony

SYMPATHY: To the family relatives and friends of Margaret King (née O'Riordan) Barnfield, Currow, and Sean Lynch, Lewis Road Killarney, who died recently.

JUNIOR CERT: Congratulations to all who received their junior cert results recently.

SLIABH LUACHRA COMHALTAS: In conjunction with the nationwide 'Culture Night' we will be holding an Irish Night in Gneeveguilla GAA Club on Friday the 19th September, commencing at 9pm, we will also be celebrating our successes throughout the year of which there were many. Everyone welcome to take part, musicians, singers, dancers, listeners and is free of charge. Light refreshments will also be served on the night. We will be holding a fundraising Clothes Collection early October, date will be announced shortly. Many thanks to everyone that gave so generously at our recent Church Gate collection, it's as always very much appreciated. Coffee Evening in Ballydaly Hall on Friday September 19th 8pm to 10pm in aid of Marymount Hospice. Please support.

Danú Parent & Toddler Group meet every Tuesday morning 10.30am at Danú Childcare Centre during school term. Everyone Welcome. If you have any queries call 064 7758700.

RATHMORE GAA CLUB: Lotto results 09/09/2014. No Jackpot Winner. No's drawn: 3, 17, 24, 27. Consolation Prizes: €40 O'Keffee's XL Gift Voucher: Gerald Murphy, c/o localotto.ie €40 each: Jeremiah Murphy, Old Road. Eileen O Donoghue, c/o SAG. Sharon O'Sullivan, Gleann Rua. Ger Lynch, c/o Frank. Next week's Jackpot: €3,200. Lotto is sponsored by the Old Chapel Bar.

BEST OF LUCK TO KERRY TEAMS: Best of luck to Kerry senior & minor and managements and Aidan O'Mahony, Paul Murphy, Shane Ryan, all in involved with teams in next Sundays All Ireland final with both Donegal teams.

EUROPEAN- WORLD TRIATHLON FUNDRAISER: Declan O'Donoghue of

Beheenagh Headford has qualified to represent Ireland in the European and World Triathlons 2015. He is currently fundraising by selling raffle tickets with fantastic prizes such as 2 All Ireland Tickets, Hotel stays and dinners in Killarney. Tickets cost 5 Euro and can be bought in Mc Carthys Londis Rathmore and Costcutters Barraduff.

RATHMORE FAIR: Rathmore fair will take place on Sunday 28th September 2014,

RATHMORE LADIES FOOTBALL: Rathmore Senior girls created history last weekend when winning the Junior A County Final in a Titanic battle with Corca Dhuibhne in Fossa.

They played exceptionally well in the first half with Murriosa O'Leary staring in goal and the full back line of Shannon O'Leary, Aileen Sheehan, Celine O'Connor and also Shauna Guerin when introduced early on defending superbly. With Jodie O Sullivan controlling the half back line ably assisted with the two young wing backs Sarah Murphy and Laoise Coughlan who covered brilliantly. In the middle of the park Aislinn Desmond and Caroline Dineen controlled the game and drove forward at every opportunity with Aislinn scoring a great goal. Our half forward line was superbly led by Caroline Reen who worked tirelessly throughout the game scoring 4 pts. The two wing forwards Norma O'Mahony and Marie O'Callaghan linked up fantastically with the inside line causing endless problems for Corca Dhuibhne with Norma O'Mahony scoring 3 pts. Marie O'Callaghan suffered a hand injury and was well replaced by Peggy Murphy. Our full forward line superbly led by Noreen Murphy who scored 2 goals and 4 pts and also our excellent corner forwards Eileen Murphy scoring 3 pts from play and Katie O'Mahony scoring 2 pts led Rathmore to a victorious win on a scoreline of Rathmore 3 goals 16 points Corca Dhuibhne 3 goals 13 points. The cup was presented to captain Eileen Murphy. Well done to the team management Mike O Sullivan and


Tim Sheehan

RATHMORE GRAVEYARD PROJECT: The Graveyard project has progressed very well over the summer months and we are now ready to begin phase 2. In phase 1 Archaeologist Lar Dunnes surveyed the graveyard and produced a graveyard map and a photo of each headstone. Through a scheme funded by IRD Duhallow two workers formulated the project, and put all headstone inscriptions on a database. Ultimately that database will be searchable online; however, before we get to that stage we want to give families the opportunity to ensure all detail are correct. Phase2: important for those plots are unmarked. The map will be on display in the church and families will be able to verify their details in booklets where plots will be listed in numerical and surname order.

PUBLIC PARTICIPATION NETWORK (PPN) PUBLIC MEETINGS: The Local Government Reform Act 2014 provides for the establishment of a new structure called the Public Participation Network (PPN) in all Local Authorities.

PPNs will be the link through which the Local Authority engages with the broader community sector, including the social inclusion and environmental sector. As part of a collaborative and partnership approach Kerry County Council is working with the Kerry Community & Voluntary Forum to establish the Public Participation Network. Information meetings will be held: in Killarney: Wednesday, 24th September at the Parish Centre, Church of the Resurrection, Park Rd., Killarney at 7.30pm. All Community Organizations need to register with community Department of Kerry county council before 30th September 2014, Contact: 0667183680.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (michaellomahony@eircom.net) or ring or text 087-6676817 before 6:00 on Sunday.





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Kerry Team Player James O'Donoghue pictured with
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GLENFLESK NEWS

WITH DONAL KELLY

COUNTY U21 CLUB CHAMPIONSHIP: The Glenflesk U21 team, sponsored by Molly Darcy's, were defeated by Templenoe in the quarter-final of the county U21 club competition played in Glenflesk on Friday September 12th, on a scoreline of Glenflesk 0-12 Templenoe 2-9. Both teams were hampered by the absence of a few regulars and a goal in each half proved decisive for Templenoe. Glenflesk led by 0-7 to 1-3 at half-time, but were thankful to Roy Kelliher for two excellent saves in the first half. Glenflesk stayed in touch through the boot of Darragh Roche in the second-half but ultimately Templenoe proved the stronger on the night. **GLENFLESK:** Roy Kelliher, Denis O'Sullivan, Dara Kelliher, Padraig Moynihan, Shane Courtney, James McCarrick, Eoin O'Meara (0-1), Paudie Healy (0-1), Danny Lucey, Conor O'Donoghue, David O'Donoghue (0-1), Johnny Healy, Brian O'Donoghue, Darragh Roche (0-9, 0-5f), Liam Warren.

GLENFLESK LOTTO: Glenflesk GAA Lotto draw was held on Sunday the 14th of September 2014, in the Corner Bar. Jackpot: €5,000. Numbers drawn: 3, 7, 8, 16. No Winner. **€50 EURO DRAW:** First draw: Siobhan Favier, Glenflesk. Seller: Paul Favier. Second draw: Jim Mahony, Headford. Third draw: Mary Lucey, Lisbaby. Fourth draw: Mary Bowler, Kells. Next draw on Monday the 29th of September 2014, in The Kerry Way, Jackpot: €5,200.

LADIES U10 FOOTBALL TOURNAMENT: Well done to the Glenflesk U10 girls team who travelled to Passage West in Cork last Saturday September 13th to take part in their annual tournament. Following the opening ceremony, including a wonderfully colourful and noisy parade behind a pipe band, the girls played three games against Kilmacud Crokes from Dublin, and Eire Og and Inch Rovers both from Cork. The girls played brilliantly throughout and gave a great account of themselves. A special word of thanks to their coach Anne Kelly for all her hard work in preparing the team.

TOMMY GRIFFIN'S O35 TOURNAMENT: Well done to Glenflesk players Seamus Moynihan, John Crowley, Paud O'Donoghue, Micheal O'Donoghue and John Donoghue who rolled back the years as part of the winning St. Brendan's College team at the Tommy Griffin O35 tournament held in Dingle last weekend. Seamus picked up player of the tournament.

SCÓR NA N-ÓG: All those aged under 17 on January 1st 2015 and who may be interested in taking part in any event in Scór na n-Óg next month are encouraged to give their names to Rosie Healy (087-2072512) as soon as possible.

GLENFLESK CLOTHES COLLECTION: Glenflesk Ladies Football Club wants all your unwanted clothes, blankets and shoes. Items can be dropped into the clubhouse on Saturday October 4th and Sunday October 5th

between 12:30 and 6:00pm. Contact Catherine (086-8157575) or Anne (089-4064927) for more details.

ALL-IRELAND FINAL: Best of luck to both the Kerry senior and minor teams in this weekend's All-Ireland final, and safe journey to all those making the trip to Dublin. Ciarraí Abú!

RAHEEN NS: A big welcome to our new Junior Infants class, Nicole Warren, Kayleigh Scannell, Lily-Ann Reen, Mark Bartlett, Tadhg Scannell and Christopher Murphy. Congratulations to Siobhan and Denis Lovett who had the winning lotto number 31 on Saturday the 13th September.

GLENFLESK COMHALTAS MUSIC CLASS: Music class resuming in St. Agatha's Community Centre, Glenflesk on Thursday, the 25th September at 7:00pm. Registration at 6.45 pm. Beginners very welcome. Contact Margaret Creedon on 087 2706290.

GLENFLESK COMHALTAS MUSIC SESSIONS: Session Class resuming on Saturday the 27th September at 12.45 in St. Agatha's Community Centre, Glenflesk. If you play an instrument and would like to play as part of a group come along. Contact Margaret Creedon on 087 2706290.

CONTACT: We welcome items of local interest. Contact PRO Donal 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Sunday.

SPA NEWS

WITH ANNE HOLLAND

COISTE NA NOG:

OPEN DAY/FUN WALK: A great day was organised by the Coiste na nÓg officers last Sunday. Beautiful weather and great food was the order of the day. Numerous fun events were organised and the families had a brilliant time. Tug of War was a great success on the day both by young and even young at heart adults. Thanks to everyone who participated in the events and to all the volunteers on the day who helped out. Míle Buíochas to all.

LADIES FOOTBALL:

U12 EAST KERRY: SPA 3-4 BEAUFORT 0-11

A great game of football once again between the sides and Spa ran out as winners by 2 pts in the end. An exciting sporting game to watch. Played well on the night was Sarah O'Sullivan, Caoimhe Claffey, Sarah Fleming, Jenny Cronin and Aisling Cahill.

U14 EAST KERRY: SPA 2-14 FIRIES 0-2

Played at home and in another cracker of a game. Even though the score doesn't reflect the game. Firies were just unlucky on the night but that was down to great goal keeping by Marie O'Donoghue and the defense was superb lead by Lousie Healy, Emma Cronin and Aoife Sheehan. Once again a sterling performance by Mairead Bennett, Eimear Beazley and Meghann Cronin.

UPCOMING FIXTURES:

U14s V. Beaufort Friday 19th @6.30 away

SCÓR NA NÓG: Club members under the age of 17 years on January 1st 2015 who may be interested in participating in the forthcoming East Kerry Scór na nÓg competitions are invited to contact Spa Scór Officer Sheila McCarthy at 087-7614847. Scór categories - Figure Dancing, Solo Singing, Recitation/Storytelling, Instrumental Music, Léiriú/Drama, Ballad Group, Set Dancing and Table Quiz.

LOTTO: Jackpot €14,000 numbers drawn 4, 5, 10, 27 no winner. Lucky dips €50 each to: Neilus Griffin Pinewood, Mary Mangan Coolcorcoran, Mary H O'Leary Dept. Justice, Patrick Moriarty Muckross. Next draw Tuesday September 23rd in Killarney Heights. Jackpot €14200

CHURCH GATE COLLECTION: Thanks to everyone who collected over the weekend for the Kerry team training fund.

KERRY TEAMS: Best wishes to both Minor and Senior teams who compete in the All Ireland Championship next weekend in Croke Park. This year is very special for the club as our own Liam Kearney will lead out the minors onto Croke Park as Captain accompanied by another Spa player Dan O'Donoghue. Both were very gracious and gave up their time to visit the younger members and take some photos at our

Open Day. Club is very proud of these young men and wish them every success next Sunday.

ALL IRELAND TICKETS: Draw will take place this Tuesday night 16th September at 8pm in the Clubhouse. Everyone must be present to collect and pay on the night. Only paid up members and names that were given to the secretary will be eligible for the draw.

Wishing everyone a safe and enjoyable journey to Croke Park.

SPA COMMUNITY NOTES: Sympathy is extended to the relatives of the following who died at the weekend Mary Hickey Upper Lissivigeen and Sean Lynch Upper Lewis Road Also to John Wichham Ballaugh on the death of his sister in Wexford. May They Rest In Peace.

ENGAGEMENT: Congratulations to Senior footballer Hugh O'Donoghue and Ciara Murphy on their recent engagement.

PLOUGHING CONTEST: Congratulations to Seamus O'Donoghue Sheheree on being placed first in his class at last Sunday's Ploughing Contest in Grenagh on Sunday. Seamus is a keen ploughman winning many trophies in former years made a very successful comeback for Sunday's event which helped to raise funds for the Cork Link Cancer Bus.



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COMMERCIAL

<p>13 Citroen Berlingo 1.6 HDi, 34k, sliding door 10 Opel Combi 1.3 CDTi, 1 owner, 57k, 1yr DOE 11 Citroen Berlingo Full service history 11 Citroen Dispatch 09 Opel Combi Van 90klm 08 Opel Combi 1.3 CDTi 05 Mitsubishi Pajero Sport Silver, 2.5, very clean</p>
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AHERN'S CELEBRATE KERRY TEAMS ACHIEVEMENTS IN STYLE

To celebrate the achievements of both the Senior and Minor Kerry GAA teams Aherns Castleisland is delighted again this year to be proud associate Sponsors of Kerry GAA. To celebrate both teams' achievements on reaching this year's respective finals, they have fully wrapped a brand new Opel Insignia with Kerry colours. Aherns have also placed 36 Sam Maguire's around the car in recognition of teams that have won All Irelands in the past. The car has been travelling throughout Kerry over the past 2 weeks to events such as the Kerry Supporters day, South Kerry ploughing championships and Listowel Races. The car will lead the Kerry Teams on their homecoming on Monday 22nd September. We wish both teams the best of luck and look forward to welcoming both victorious teams home.

COLM COOPER PICTURED WITH KERRY FANS AT THE AHERNS OPEN DAY.



NEW STATE OF THE ART FACILITY FOR LIAM LYNCH MOTORS



Liam Lynch Motors, ŠKODA's Kerry dealership will become one of the first ŠKODA dealers in Ireland to launch the new ŠKODA corporate showroom concept. Renovations commenced in early June to install the new ŠKODA corporate style with a more modern and contemporary layout that will accommodate

the ŠKODA range which is planned to expand further over the next 3 years. The new layout will also provide a better working environment for staff, some of whom have worked for Liam Lynch Motors for 25 years. Synonymous with motoring in Kerry for almost three decades, Liam Lynch Motors moved to

its current premises in Farranfore in 2001 after the acquisition of the ŠKODA franchise for Kerry. Since then the business has grown from strength to strength with a new facility built in 2012. The showroom will now be extended and rebranded in order to transform the premises to a new and improved state of the art facility while maintaining the original character of the building.

Liam Lynch Motors, with a staff of 15, is renowned in Kerry and further afield for unrivalled customer service and the team at the Farranfore dealership scooped the 2013 ŠKODA Ireland dealer of the year award. Commenting, Liam Lynch said: "We believe our customers are really going to like our new premises. Often customers are dismayed by extravagant, cold, modern showrooms. This will not be the case with our new facility as we will place the customer at the core. Customers can expect a vibrant and warm environment that has been synonymous with Liam Lynch Motors through the years. Despite construction work, this Summer has been extremely busy with the arrival of the 142-plate. Thankfully the renovations have had little disruption to customers and look forward to welcoming visitors when the showroom is completed in October of this year".

Eamonn Fitzmaurice knows how to pick a winning team



The CREAM of the COUNTY

— Ciarraí Abú —

Eamon Fitzmaurice Volkswagen brand Ambassador for Divanes receives his keys from John Vahey, also included are Paul Langston & Denis Divane

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GARDENING OUTLOOK



with John O'Sullivan

AUTUMN AND WINTER CONTAINERS.

Containers filled with permanent and seasonal plants can be very versatile as they can be moved anywhere in the garden at any time to brighten up any corner.



It is usually annuals that are planted in containers, but you can also plant them with most shrubs, grasses, herbaceous, perennials and even certain types of trees and conifers. Vegetables can also be grown in containers.

If you have an area in your garden you would love to screen-off but haven't got the earth to do it you can plant most climbers in containers, a good type of container for this is a quarter barrel as it can fit right up next to a wall or trailing.

As with all plants in containers, make sure that you water and feed regularly.

When choosing a terracotta container, make sure the label says frost proof rather than frost resistant as these can still crack in prolonged frost. There are also imitation terracotta pots made from plastic which are really very practical.

**JOHN O'SULLIVAN, FOUR SEASONS GARDENING
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Life & Body Confidence Coach

HOW TO HAVE A RADIANT BODY!

Radiant body's come in all shapes and sizes, abilities and ages. A radiant body is a body that is inhabited fully, moves consciously and is loved unconditionally. For anyone who has ever experienced pain or restriction in any part of their body knows just how energy sapping this can be. Our bodies need to move and, like our minds, they move best when this is done with conscious awareness and intention.

So many old habits and negative beliefs become stored within our bodies. The result is that we block our energy and stiffness and tightness occur through holding parts of our body in the same old pattern.


I worked once with someone who had been severely bullied at school. His posture was so bad that his shoulders were hunched over pulling his neck out of alignment as he looked down at the ground. We began to make simple and small changes in how he "used" his back and shoulders combining them with Energy medicine exercises. Over a period of time he was able to consciously pull his shoulder blades back and down and lift his head a little higher. Just this small physical change had a hugely positive impact on his mental and emotional state of being. It was joyful to see him beginning to walk with more confidence and ease.


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One of the most important findings in Neuro-movement and energy medicine is that you can reshape your brain through your body! If you would like to increase your vitality, release stress and balance your energy then come along to this transformational conscious movement Master class! Please wear comfy clothing and bring a mat if you have one.

Wednesday 24th September at the Meadowlands Hotel from 7.30-9.30pm.
Cost is €15.00

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Citizens Information

Know Your Rights:

STUDENT GRANT APPEALS

QUESTION

I've applied for a student grant to start a college course this year but I didn't get the grant I was expecting. What can I do?

ANSWER

Applications for the Student Grant Scheme are processed by Student Universal Support Ireland (SUSI). If you are not happy with the outcome of your application, you can ask SUSI to review the decision if there has been a change in your circumstances or if you think your household income wasn't assessed correctly. You can also request a review if you think you should get a special rate of grant or you think there was an error in assessing the distance between your home and college (which affects whether you get an adjacent or non-adjacent rate).

You can request a review by sending an email to [support@susi.ie](mailto:susi.ie), making sure to put 'Review Request' in the subject line along with your application number.

You can also make an appeal to SUSI if you are not happy with your final grant decision or if you request a review and are not satisfied with the outcome. You must make the appeal within 30 days of the final grant decision.

Complete the appeal form, available at susi.ie, explaining why you think SUSI applied the rules incorrectly. The Appeal Officer will notify you of the outcome within 30 days.

If your appeal is turned down you can submit a further appeal to the independent Student Grants Appeals Board, outlining why you believe the scheme has not been interpreted correctly in your case. When you get the written decision of the SUSI Appeal Officer it will include information on how to submit an appeal to the Student Grants Appeals Board.

The Board has 60 days to decide on your appeal and will write to you to let you know its decision. An appeal of this decision on a specific point of law is possible under the Student Support Act 2011, which says that such an appeal can be made to the High Court.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7829, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Castleisland 0761 07 7790, Cahersiveen 0761 07 7780.

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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MODEL & DESCRIPTION	YEAR	KMS	COLOUR
SKODA FABIA COMBI 1.2 PETROL	2011	76,579	METALLIC GREY
SKODA RAPID AMBITION 1.6 DIESEL	2014	10	METALLIC BLUE
SKODA OCTAVIA AMBITION 1.9 DIESEL AUTO	2007	217,000	BLUE
SKODA OCTAVIA AMBITION 1.4 PETROL	2006	64,015	METALLIC GREY
SKODA OCTAVIA AMBITION 1.4 PETROL	2007	69,271	CAPPUCCINO BEIGE
SKODA OCTAVIA AMBITION 1.6 DIESEL	2012	29,374	METALLIC RED
SKODA OCTAVIA AMBITION 1.6 DIESEL	2011	56,000	METALLIC SILVER
SKODA OCTAVIA AMBITION 1.2 PETROL	2011	34,103	METALLIC BEIGE
SKODA OCTAVIA AMBITION 1.6 DIESEL	2011	83,346	METALLIC BEIGE
SKODA OCTAVIA AMBITION 1.2 PETROL	2012	53,048	METALLIC BEIGE
SKODA OCTAVIA ELEGANCE 1.6 DIESEL	2012	53,000	GREY
SKODA OCTAVIA ELEGANCE 1.6 DIESEL	2012	69,000	GREY
SKODA OCTAVIA ACTIVE 1.6 DIESEL	2010	109,000	RED
SKODA OCTAVIA ELEGANCE 1.6 DIESEL	2014	20,000	METALLIC SILVER
SKODA SUPERB AMBITION 2.0 DIESEL	2009	127,740	METALLIC GREEN

MODEL & DESCRIPTION	YEAR	KMS	COLOUR
SKODA SUPERB AMBITION 1.9 DIESEL	2010	151,565	RED
SKODA SUPERB GREENLINE 1.9 DIESEL	2010	92,000	METALLIC GREY
SKODA SUPERB AMBITION 1.6 DIESEL	2012	50,306	METALLIC PURPLE
SKODA SUPERB ELEGANCE 2.0 DIESEL	2014	16,000	METALLIC BLACK
SKODA ROOMSTER AMBITION 1.2 PETROL	2012	9,073	METALLIC BEIGE
OTHER MAKES			
FORD C-MAX MPV 2.0 DIESEL	2012	65,000	BROWN
MAZDA 3 1.6 EXEC DIESEL	2011	88,594	BLACK
NISSAN TIIDA 1.6 PETROL	2007	121,000	SILVER
RENAULT LAGUNA 1.5 DIESEL	2008	80,000	SILVER
RENAULT CLIO 1.2 PETROL	2010	60,446	BLACK
SEAT LEON 1.6 DIESEL	2012	21,612	BLACK
TOYOTA AVENTIS 2.0 DIESEL	2011	89,999	GREY
VW GOLF 1.6 DIESEL	2011	69,300	BLACK

Liam Lynch Car Centre, ŠKODA dealer of the year,
Farranfore, Killarney, Co. Kerry. T. 066 9793066. W. www.liamlynchskoda.ie



NELIUS HORAN FROM SCARTAGLEN ON THE SUMMIT OF CARRAUNTOOHIL WEARING HIS COUNTY COLOURS PROUDLY. THERE WAS PLenty BANTER EN-ROUTE TO THE TOP WHERE MANY OF THE PEOPLE SAID TO HIM THAT 'HE WAS TOO LATE' AND THAT 'THERE WAS A DONEGAL FLAG FLYING ON THE SUMMIT'. THERE WAS NO TRACE OF THE DONEGAL FLAG WHEN HE GOT TO THE SUMMIT ON SATURDAY EVENING THOUGH!

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KILLARNEY STRUTTERS ANNUAL WALK

The Killarney Strutters Walking group's annual walk for charity will be held on Thursday, 25 September. This year's event will be a walk, starting at 10:45 a.m., from the Cathedral Gates entrance to the national park to the Castle Ross Hotel. Participants can purchase refreshments and socialize at the hotel before returning to the starting point. Donations, accepted on the day, will go to Heartbeat Cardiac Support Group.

The Strutters walk year round on Thursdays from 10:45 a.m. All levels of walkers are welcome to both the charity walk and the regular Thursday walks.

CODERDOJO

Killarney Coderdojo is a voluntary organisation offering free computer coding classes to children aged 8-18. The club was founded in October 2013 and last year over 50 children attended the classes. The highlight of the year was our Christmas party where we launched a youtube video of the club, coded the link into webpages designed by the students, and had a talk from guest speaker Bill Liao.

Classes will begin on Tuesday next 23rd of September in the Gleneagle Hotel at 6:30.

New members welcome and as always we are seeking mentors who would be willing to volunteer their time to help out.

GAELSCOIL FAITHLEANN CELEBRATIONS



As part of the schools 25 year celebrations a family day, picnic and Mass is being held on Innisfallen Island on Saturday, September 27th at 2pm (Weather Permitting).

Boats will start to leave Ross Castle from 12pm. The cost per person for the boats will be €5. All past pupils and parents/ guardians are welcome.

Please check the school website for updates in case of bad weather. www.gaelscoilfaithleann.com

CHARITY CONCERT

The public are being asked to support an Open air concert and CD fundraiser launch in aid of the Neonatal Unit at Cork University Hospital. The event takes place at Star Trax Studio, Knocknagree on Sunday 28th of September at 2pm. For more information contact 085-2484007. Special guests include Gaelic Brew, Deuces Wild, The Irish Weavers, Stevie Donegan and more. The CD is being launched by Liam O'Connor at 4pm.

ALL TALK AT THE TOASTMASTERS

Killarney Toastmasters got off to a great start on Tuesday night last with two excellent speeches, one of which was an Icebreaker- the first speech of a new member which introduces that person to the club. The next meeting will be on Tuesday, September 23 7.45 pm for an 8pm start at the Malton Hotel. This will be the club contest between members for the best Humorous Speech and the best Topics and we'd be delighted with a bit of support from the public. It's always a great night and gives an idea of what membership of Toastmasters helps us aspire to. Best wishes to one of our first members Bernadette Noonan who is all strapped up at the moment but we are sure that she will not let that affect her speechmaking!

CYBERBULLYING TALK

Ballyspillane Community and Family Resource Centre are hosting a free 'Cyberbullying & Internet Safety' Talk for parents/guardians.

Topics will include; mobile phone safety, types of cyberbully & what to do about it, sharing personal information safely, blogging & social network sites, chatting online & online grooming etc. The talk takes place on Tuesday Sept 30th @ 7-8pm

For more information contact: Michelle Moore 6635589/0873907478

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**OUTLOOK
RECIPES**

3 ingredient nutella cupcakes
Submitted by Keelyn O'Leary, Killarney.

Ingredients
1 300g jar of nutella
3 medium eggs
10 tblsp self raising flour sieved

Method

- Simply mix all together
- Put into cupcake cases (using icecream scoop)
- Bake at gas mark 4 1/2 or 180-c for 15 minutes
until skewer comes out clean.
- Leave cool on wire rack.

Dust with icing sugar and munch..



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FUTURE DR CROKES STARS ENJOYING THEIR OPEN DAY RECENTLY

DR. CROKES GAA CLUB NOTES

LOTTO: Draw took place in the Speakeasy on Sunday last. Numbers drawn: 9, 16, 23, 24. The jackpot of €8700 was not won. Match 3, 11 received €40. Next week's jackpot is €9000. Draw will take place in the Tatler Jack on Tuesday 23rd September.

RESULTS: Molyneux Cup S/F Replay: Dr. Crokes 2-12, Austin Stacks 2-07. Mnr. Hurling C'ship Q/Final Replay: South Kerry 3-15, St. Brendans 1-07.

SATURDAY MORNING ACADEMY: Our Saturday morning hurling & football academies continue this weekend: Hurling from 10:00am to 10:40am, followed by football 10:45am to 12 noon. Both codes are supervised by fully qualified coaches and all equipment is provided. Any child living in Killarney is very welcome to come along and join in our FREE Academy. Just come to Lewis Road. Any enquiries regarding any part of our Juveniles, contact our Coaching Officer John O'Shea 087-2488768.

DENNY DELI STYLE GAA CLUB TOUR: Be sure not to miss this Saturdays training academies! Denny's will be bringing Tomás Ó Sé and 'Podge' Collins to our club this Saturday, 20th September. Starting at 10:30am, the 2 players will circulate among the groups training, both hurling and football (boys and girls). After the training sessions, there'll be a chance for Q&A with Tomás and Podge - for players and their parents. Denny's will also be bringing the ham sandwiches and there'll be a raffle for 2 tickets for the All Ireland football final.

SCÓR NA NÓG: Dr. Crokes Scór na nÓg is starting up again. Competitions will be commencing soon and we need to get competitors together and entries in. Those interested in taking part, please contact Teresa Hickey on 086-3487671.

BEST WISHES: to the Kerry teams and Dr. Crokes club members in the All-Ireland Senior & Minor Football Finals this weekend.

EAST KERRY NOTES SEPTEMBER

Aine Ni Shúilleabháin PRO

MINOR CHAMPIONSHIP DIVISION 2 - PRELIMINARY ROUND

Gneeveguilla 4-18 Kilcummin 1-02

On Sunday last, Kilcummin hosted Gneeveguilla in a preliminary round game in the East Kerry Minor Championship, Division 2 sponsored by The Tatler Jack. They say goals win games, and that was certainly true of this match, between the more mature Gneeveguilla team and a young Kilcummin side. Gneeveguilla built up a comfortable lead in the opening half with 3 goals, two by Adam O'Leary and a third from Darren Brosnan. Gneeveguilla the led at the short whistle 3-7 to 0-2. On the resumption, the visitors build further on their lead with fine long range points. Darren Brosnan scored Gneeveguilla's fourth goal and Aran Healy replied with a Kilcummin. However, despite the best efforts of Kilcummin's Jamie O'Donoghue, Matt Keane and Gearoid Kerins in particular Gneeveguilla ran out comfortable winners. As well as the players already mentioned DJ Murphy, Eamonn Herlihy and Marcus Cronin excelled for a Gneeveguilla team that signalled their intentions for the championship. Referee: Donal Casey (Scartaglen)

Gneeveguilla team: Gerry Cronin, Thomas Fleming, DJ Murphy, Damien O' Sullivan, Michael Brosnan, Kevin Coughlan, Connie O' Connor, Marcus Cronin, Eamonn Herlihy, Shane Crowley, Darren Brosnan, Jamie Brosnan, Adam O'Leary, Con Buckley, Brian Crowley.

Kilcummin team: Conor Teahon, Paudie O' Connor, Daniel Moynihan, Ivor Moynihan, Sean O' Leary, Jamie O' Donoghue, Fionn O' Brien, Chris Keane, Matt Keane, Eoin Kennedy, Oscar O' Donoghue, Jake Moynihan, Aran Healy, Gearoid Kerins, Shane Moynihan.

Aquila Club O'Donoghue Cup

The 4th of October 2014 sees the starting of the 2014 Aquila Club O'Donoghue Cup, East Kerry Senior Championship, sponsored by the Aquila Club, Gleneagle Hotel. There are 3 preliminary round games fixed and these are Scartaglen V Kilcummin, Listry V Cordal and Fossa V Currow.

Further details in next week's notes.

UNDER 12 COMPETITION The 2014 East Region Under 12 Go Games, sponsored by MD O' Shea, got under way on Sunday. Teams are 11 a side and Go Games rules apply. There are 3 groups and clubs in Groups A and B each have 2 teams in the competition. Clubs in Group C each have 1 team entered. The groups are as follows: Group A: Dr Crokes, Legion, Currow, Fossa and Kenmare. Group B: Rathmore, Glenflesk, Gneeveguilla, Kilcummin and Furies. Group C: Beaufort, Spa, Kilgarvan, Cordal, Listry, Scartaglen and Templenoe

UNDER 16 COMPETITIONS There are a number of back games to be played in Under 16 competitions, sponsored by MD O' Shea, and the Board will be notifying clubs of these fixtures.

GOOD LUCK WISHES Very best wishes to the Kerry Minor and Senior teams and managements, in the All Ireland Football Finals next Sunday. We are very proud to have so many from East Kerry clubs on both teams and management and we wish them the very best from all in East Kerry. Ciarraí Abú.

ST PATS EAST KERRY HURLING St Pats East Kerry senior hurling team played Duagh last Saturday, in Austin Stack Park, in the semi-final of the County Junior Championship. The game was a curtain raiser to the County Senior Hurling Championship Semi Final between Lixnaw and St Brendans. St Pats lost a player through injury in the first half and went in four points down at the break. St Pats played very well in the second half. The defence tightened up and Terry Ahern scored a goal that brought St Pats back into the game. St Pats showed great determination and team spirit and in the dying minutes of the game, Anthony Brohan scored a well taken goal to win the game by 2 points, on a scoreline of St Pats 2-07 Duagh 1-08. This was a good overall team performance especially in the second half. St Pats play Kenmare B in the Final.

BEST WISHES Very best wishes for a speedy recovery to Ger Lenihan, St Pats East Kerry Hurling team, who was injured in the semi-final on Saturday last.

EAST KERRY UNDER 16 DIVISIONAL TEAM Well done to the East Kerry Under 16 Divisional team and mentors on winning the semi - final against Shannon Rangers. East Kerry meet St Brendan's in the final.

DEVELOPMENT SQUADS Kerry South Under 14/Under 15 teams played Galway last Saturday. The games were played in splendid sunshine in Dr Crokes and Fossa grounds. East Kerry/ Kenmare players performed well on the day against Galway who played a nice brand of football during the games. All Kerry South management teams were delighted with the games. Players worked hard, displaying fantastic skill levels in front of a much appreciated huge support. Thanks to Dr Crokes and Fossa clubs for the use of the grounds and to all referees for the great assistance on the day.



LEGION GAA CLUB NOTES

COUNTY JUNIOR DIV 1 FINAL

Played in Derreen last Saturday evening ,with weather conditions perfect Legion and Austin Stacks battled it out in the Junior County League Div1 final . The first half lacked any real excitement ,with the Tralee side enjoying the more possession and going in at the short whistle leading 1-07 v 1-01 with both goals coming from the penalty spot. The second half really sprung to life as a contest with Legion enjoying good ten minute spell midway through the half when the scored 1-04 without reply to ensure this contest went down to the wire . Both teams shared the lead in the final minutes of an absorbing second half with the referee bringing proceedings to a close with the sides level on a 2-10 v 1-13 scoreline. Extra time was due to be played but fading daylight made its own ruling . Replay date to be confirmed .

U13 AUSTIN STACKS BLITZ Austin Stacks Tournament 2014: With 16 teams from all over Ireland taking part in this prestigious & well run competition it is never easy to win silverware. However, not only did our Under 13 boys step up to the plate in Tralee this morning they also took it back to Killarney after beating Cork giants Nemo Rangers. In a fiercely contested Plate final our lads deservedly came out on top to win by 3-13 to 2-12. This was a bruising encounter & our midfield rock Kieran O'Donoghue can attest to that fact after sustaining a nasty injury late on while putting his body on the line. We wish him all the best & a speedy recovery. Well done to the entire team on their excellent performance & a special congrats to Niall McGillicuddy who received the Man of the Match award. While winning medals is always great the most pleasing aspect of our success in this years tournament was the fact that all of our natural under 13 boys started every game. This is an integral part of our player development policy that will hopefully reap further rewards for the Club

GOLF CLASSIC This year's classic will take place on Thursday 2nd October 2014 O'Mahony's Point two shotgun starts are 9am & 2pm. The main sponsor this year is again the Killarney Avenue Hotel

Teams of 3 €200 per team

For Tee-Time Reservations contact Sean Murphy 087-2461780 or Tim O'Leary 087-2608548

RTE COVERAGE AT CLUB GROUNDS The club was delighted to welcome Paschal Sheehy and the RTE cameras to Derreen last Saturday in their preparation for the upcoming All Ireland final. There were several interesting interviews with various club members along with fabulous dancing and singing from our Scor team . This was filmed during the underage academies session so keep an eye out on RTE this weekend

ALL IRELAND PREVIEW NIGHT A star studded panel which includes Seamus Moynihan ,John Evans ,Johnny Crowley and Sean o Sullivan has been finalised for our All Ireland Finals Preview Night in Murphys Bar of

College Street on Thursday September 18th. Also we will be talking to Liam Murphy a member of the last Kerry All Ireland winning minor team. And in the interest of balance a Donegal native living in Killarney will tell us what living in the Kingdom in the lead up to the big match is like. Everybody is welcome to come along and admission is free

ALL IRELAND FINALS Best of luck to Brian ,James and Jonathon and all the Killarney lads and to both Kerry teams as they go head to head with Donegal in both games

LOTTO

Numbers drawn 5,12,14,15

No jackpot winner

5x LUCKY DIP

Caroline Regan ,Tommy o Donoghue ,Pat n Pete ,Louise Sheahan , Bertie Curtin

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS

Sunday 14th Sept, 2014

Winning Numbers 13, 19, 22, 23

Jackpot €9,500 Not Won

1x€100 Dan Kelliher, Listry

2x€50 Mike Doherty, Listry

Paul Barrett, Faha

2x€25 Eileen O'Shea

Sr. Chris Doona, Faha

Draw Entrant Donie & Daniel Evans, Laharn

Jackpot next week €9,650

Next Lotto Draw will take place on Tuesday evening, 23rd September instead of Sunday 21st.

CIARRAÍ ABÚ! Good Luck to the Kerry Senior & Minor teams in the All Ireland finals next Sunday.

Next Monthly Meeting This will take place on Monday, October 13th @ 9pm in the clubrooms.

JUNIOR SET DANCING CLASSES will be resume in Listry Community Centre with registration on Monday, September 29th, from 6 to 7 p.m. Classes will continue from Monday, October 6th, at 6 p.m. For additional information, phone teacher Marie Sheehan 083 0045432.

MID KERRY GAA

O'Sullivan Cup Final 13th Sept 2014

Keel the winners in Cup Final

Beaufort 0-09 Keel 0-13

Before game began A minute silence was held for the late Teddy Clifford former Laune Rangers player who died suddenly during the week, Sincere Symapthy to all his family, May he rest in peace.

Game was played in beautiful sunshine last Saturday evening, Beaufort's Niall O'Connor opened the scoring with a pt in the 1st minute, this was cancelled out by a point from the boot of Terry O'Sullivan Keel levelling matters after 2 minutes. 4th Minute in to the game Beaufort went ahead with a free from Francis Courtney. In the next 5 minutes Keel slotted over 3 more points Thomas Ladden & Gary Sayers (1F 1Pt).

Beauforts passing were leaving them down with easy turnovers from their opponents but managed to get another point from the boot of Francis Courtney to stay in the game. Beaufort had a goal chance to take the lead but had to settle with Fergal Hallissey levelling the game. Keel went in to the lead with 3 unanswered points from Gary Sayers to put 3 between the sides. Injury time Beaufort had a chance to go in level at half time only for the shot to be kicked straight at Stephen Cahillane who had an easy save.

Half time score Keel 0-07 Beaufort 0-04.

Beaufort substituted Jeremiah O'Sullivan with Edwin Kelliher and they came out this half adding two points to their tally (Fergal Hallissey P & F). 9 minutes in to this half Keel's Aaron Murphys free popped over the bar. Beaufort had nothing to loose and were going for a goal to get back into this game however Keel had other ideas and Beaufort didn't succeed. Beaufort made another substitution James O'Reilly was replaced with Jason Foley, and Keel's Colm O'Neill was replaced with David McAssey. Gary Sayers Keel rose the white flag with a lovely taken point. 19th minute Fergal Hallissey rose the white flag with a free which was cancelled out by Gary Sayers Keel point. 21 minutes into this half Beaufort had a beauty of a shot to raise the green flag only for it to curl wide of the posts. Again Beaufort made changes Edward O'Sullivan on for Padraig O'Sullivan. 5 minutes left in game Gary Sayers added another point to his tally, while Fergal Hallissey added another one to his tally, closing stages fast approaching Beaufort needed a goal but it was Gary Sayers Keel who kept his side happy with his 9th point of the evening his team mate James Long getting their final score. Beaufort's Fergal Hallissey got the last score of the game with a free which wasn't enough for them to take the silverware, it has to be said Keel were the more dominant side in a very physcial & hard fought battle.

James Nagle Keel's Captain was presented with the O'Sullivan Cup from Chairman of the Mid Kerry board Mike Sayers, Laura O'Shea awarded Aaron Cahillane the Man of the Match award sponsored by Ashes Bar Glenbeigh

Many thanks to the Miltown/Castlemaine GAA for the use of their facilities.

Mid Kerry bowed out of the County Championship losing to St. Brendans Board on a score line of 2-11 to 0-15, Well done to all involved .

MILLTOWN/CASTLEMAINE NOTES

LOTTO There was no winner of last weeks lotto , the numbers drawn where 01,08,23,25. Consolation prizes where

€50 Mike Flynn , Keel

€50 Karol McCarthy , Coolbane

€25 Katie Sayers ,Ballyfinnane



€25 Joe Hanafin c/o Larkins Bar

€25 Ted and Liz Murphy ,Clash

€25 Niamh Walsh , Moyvane

The next draw will take place on the 26th of September in Cosgroves Bar , when the jackpot will be up to 9,400 euro

Tickets available from local businesses .Thank you for your support

JEREMIAH KERINS TOURNAMENT

Jeremiah Kerins U17 Development Squad Tournament

Cork defeated Galway in the final , while Kerry defeated Mayo in the final if the shield

MID KERRY U14 LEAGUE Well done to our U14s who defeated Cromane last Sunday on a score line of Milltown/Castlemaine 3.12 Cromane 1.08

MINORS Kelliher's Toyota Tralee Central

Region Minor Final. Our Minors were defeated by Laune Rangers in the final on a scoreline of 1-11 to 0-16

LADIES FOOTBALL Congrats to Ciara O'Mahony, Caoimhe Burke and Amanda Flynn who were with the Mid/South Kerry Ladies U12 Development Squad that came 1st of 20 teams in the Munster Ladies Michael Cullinan Tournament in Clarecastle today.



PICTURED AT ST OLIVERS NS, BALLYCASHEEN PRIOR TO THE ARRIVAL OF SKY TV WERE L-R AOIBHIN EVANS, ELLEN MOLONEY, MEABH O'CONNELL & LAURA CREMINS.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



COLM COOPER PICTURED IN THE ALL NEW OPEL INSIGNIA WITH KERRY COLOURS AT THE AHERNS OPEN DAY AT THE WEEKEND.

FLAVOUR OF KILLORGLIN A GREAT SUCCESS

Early on Saturday morning, a group of twelve participants drawn from the world of cuisine, entertainment, media, politics, farming and local business, gathered in Killorglin for the first "Flavour of Killorglin Gourmet Challenge". This inaugural event was organised by Cappanalea OEC and the Flavour of Killorglin festival. The event took the participants through an adventure that included hiking, abseiling, rowing, canoeing and rafting through the stunning scenery of Caragh Lake and its environs, while enjoying a three course gourmet meal at three different venues en route around the lake. To start, participants enjoyed a morning coffee at the Red Fox Inn, where they were briefed on the adventure and dining experience that was in store for the day. Their first adventure took them on a hike along the Kerry Way on the edge of Seefin mountain before abseiling down a cliff to Caragh Lake. There was more work to be done however before the first course of the meal was served, and the adventurers met their first 'water section' as they rowed in teams of three across the lake. The September weather was superb with Caragh Lake and its environs looking stunning. The first course of the meal was served outdoors at Carrig House where the seafood starter whetted the appetite for the next section of the adventure. This was another water activity - in teams of two the group canoed to Ard na Sidhe Country House, where a delicious main course daube of beef was served on the outdoor terrace. The adventurers enjoyed the outdoor dining experience and a well-earned break. One of the adventurers - Liam O'Connor - played the accordion to mark the start of the final leg of the journey - this was undertaken on two rafts across Caragh Lake. Everyone landed successfully on the lakeshore and made their way to Cappanalea Outdoor Education Centre where the third and



ALL ABOARD FOR THE FLAVOUR OF KILLORGLIN

final course of the meal was served by Nick's Restaurant, Killorglin. There was lots of fun and much banter amongst the group throughout the day - thanks to all the participants (Paul Treyvaud, Brendan Fuller, Liam O'Connor, Michael Healy Rae, Breda Joy, John Comer, Kevin Hughes, Kate Slattery, Marguerite Brosnan, Patricia O'Gara, Aisling Car, Kathryn Shaw) and to the hosts - the Red Fox Inn, Carrig House, Ard na Sidhe Country House and Cappanalea OEC/Nick's Restaurant.



GNEEVEGUILLA ATHLETIC CLUB

LOTTO: no winner of our lotto 12/09/2014, numbers drawn were 16, 18, 23 and 30. €50 Y/T: Denis Sheehan Coolgarraive, Killarney, €50 to Nealie Warren Scrahanaville, €40 each to Cormac Collins Bawnard, Grace Kelly Ballydesmond & Miceal O'Neill Newmarket. Bonus not won numbers drawn were 2, 12, 21 and 25. Next week's jackpot €5,800 plus €1,000 bonus.

THE CLUB TRAINING CONTINUES AS FOLLOWS: Friday evening 7.00 – 8.00 pm Rathmore convent Field, Sunday morning 10.00 – 11.00 am The Demense, Killarney, (note: no training Sunday 21st), Training will be commencing shortly in Gneeveguilla, Boherbue, Dromtariff and Fossa, dates and times to be confirmed.

CONGRATULATIONS: To Maurice Feehan who won the Tom Fitzpatrick Road Race in Liscarroll recently. Maurice was 2nd in The Riocht 5K last week. Teams will be picked shortly for the cross – country.

BEST OF LUCK: To Shane Ryan who plays with the Kerry Minors and is a former member of the athletic club, we wish him, Aidan & Paul well on Sunday.

KILLARNEY RUGBY CLUB NEWS

NIGHT AT THE DOGS: A major night at the Tralee Greyhound Stadium is planned for Saturday 22nd November. A huge fundraising event is now underway and 10 teams of sales people have been recruited under 10 Captains charged with selling as many tickets as possible. This promises to be a major fun night out and with 10 races on the card and buses on standby to transfer people to and from Tralee, it will be a night to remember. Teams are assigned to find sponsors for a race, each dog in that race, advertising in the race card, and much more. The punter can avail of a host of options such as card and entry for as little as €10. For the gambler, there is a Buster race which sets out 700 possible winning combinations from 1 to 6, and a combination ticket for this race costs €20. There are dinner options available from Club Members also. Sponsor a race the sponsor receives a full page colour advert, presentation of prize to the winner, dinner for two in the Grandstand and more. For more details please contact Paul Murphy on 087 374 5351 or any committee member or coaches.

KERRY CUP: A poor start by Killarney in the Kerry Cup last Sunday against a well-drilled Corca Dhuibhne side. In a performance littered with errors by the home side only Paul Sullivan's score was the only light on a dismal afternoon. Dingle went on easy winners at 25-5. We have a lot of promising young players and hopefully



THE INDOOR BOWLS TEAMS WHO HAVE BEEN PRACTICING FOR THE NATIONAL BOWLS COMPETITION WHICH WERE HELD IN THE GLENEAGLE HOTEL, KILLARNEY. THE TEAMS PICTURED TOGETHER HERE ARE NEIDIN DOLPHINS AND THE NEIDIN GANNETS.

the mix of experience will begin to blend. Killarney's opener in the J2 league is a tricky assignment away to the hills of Crosshaven on 28th September. None of the fixtures in this year's league are easy by any means, but no doubt the boys will be up for it.

MINIS: Numbers still continue to grow as the summer also continues at Knockreer. The temperatures last Saturday morning were near boiling but huge numbers came to training nonetheless.

ONLINE MEMBERSHIPS: You can now settle your membership online. Simply log on to our website on www.krfc.club and click on Membership tab and select your option or type of membership required. You can pay using a debit or credit card securely online. There are other options for Corporate memberships and Life membership. The club is also looking for sponsorships for its new facilities in Aghadoe. The clubhouse is currently being refurbished and should be presentable very soon. It will be the very first clubhouse in the history of the Club, albeit a temporary clubhouse. More work has to be done on some of the peripheral drains and the training paddock at the far end of the site continues to get attention with trunking and levelling going on regularly. Two full pitches and a large juvenile pitch has been seeded and is now under good grass cover. Dare we say it could probably do with a sup of rain..... There is now power on the site and water connections are being finalised. No grant monies have been drawn down despite massive works being done. We are availing of some very benevolent suppliers presently who have given us good faith and allowed us to develop the grounds to their current state. Club Captain Ger Moynihan continues to lead the team and he has been immense in managing most of the work.

If you are aware of any opportunity to raise funds through sponsorships or corporate investments we would love to hear from you.

TRAINING SESSIONS: Senior squad sessions continue at Dirreen off the bypass on Tuesdays and Friday nights at 7:30pm. U18s and U16s training at 6pm on Tuesdays and Thursdays at Dirreen. U14s train on Wednesdays at 6pm. Minis continue at Knockreer from 10:30 to 12pm on Saturdays.

MERCHANDISE: You can check out our website online at www.krfc.club and select merchandise option on SHOP. Click on Killarney Rugby Club prices and wait a moment. Presently you have to print off the form and send it in to John McKeon at KRFC, Portalis Ltd., Scott's Street, Killarney. Make payments out to Killarney RFC please. We are working on the automation of this online facility and hope to have a payment site complete soon. We also hope to have a mobile shop available at Mini rugby on Saturday mornings.

MUCKROSS ROWING CLUB NOTES

MUCKROSS ROWING CLUB

ANNUAL GENERAL MEETING: Muckross Rowing Club Ltd. wishes to provide notice to all members of its Annual General Meeting for 2014 which will take place on Thursday 23rd October in the Killarney Oaks Hotel at 8pm.

NEW ROWING YEAR: The club's first competitive outing for 2014/15 will be the Skibbereen Head Of the River on Saturday 18 October at the National Rowing Centre in Inniscarra. Other events in the months ahead include Castleconnell Head Of the River on Saturday 1 November, Neptune Head Of the River on Saturday 8 November and our own Muckross Head Of the River on Saturday 6



December. New members are always welcome. Beginner rowing will resume in the coming weeks. Watch this space for further details. Find us on Facebook facebook.com/muckrossrc or follow us on Twitter @muckrossrc for the latest updates.

DERMOT WALL RIP: It was with great sadness that the club learned of the passing of Dermot Wall in the early hours of Saturday 30 August following illness. Dermot was a longstanding member of Clonmel Rowing Club and widely known and respected across the entire Irish rowing fraternity for his professional skill and dedication in the repair and maintenance of rowing boats. Dermot was a friend of Muckross RC through the years, helping the club whenever in need. There was always a smile, a handshake and friendly words exchanged at regattas and Head events up and down the country. We were delighted to welcome Dermot, his wife Helen and daughter Sandra to Muckross on various occasions and could not have asked for better company. He will be greatly missed and fondly remembered by all who knew him and will retain a special place in Irish rowing memory. The club extends its deepest sympathies to the Wall family, relatives and friends. Ar dheis De go raibh a anam dilis.

GAME OF CHANCE PRIZE DRAW: The day

has finally arrived and tonight Friday 19th September, our ten lucky cash prize winners will be drawn! Earlier in the year, the club announced its Game of Chance Prize Draw with a total prize fund of €5,000 and a top prize of €2,000. To maximise ticket sales after a hectic summer for the club, the draw date was postponed from July until September. Thanks to everyone who has supported this fundraiser, come along to the Killarney Oaks bar tonight ahead of the draw which will take place at 10pm. If you have not already secured a ticket, the last remaining tickets will be on sale in the bar right up until the draw time at 10pm. But remember it is a game of chance. 2000 tickets have been on sale over the past number of months, each uniquely priced from just 1 cent right up to 20 euro. Each ticket has an equal chance of winning in the draw raffle. You can purchase as many tickets as you wish so don't miss your chance! We look forward to seeing you all this evening for the live draw.

COMMUNITY CENTRE DEVELOPMENT UPDATE: As you may be aware, construction work has commenced on the exciting development of an extension to the Muckross Community Centre. The Muckross Community Association has secured majority funding from South Kerry Development Partnership with the

balance sourced from community fundraising efforts. The extension, due for completion this winter, will provide all centre users with greatly enhanced facilities, space and storage. We would strongly urge all members to continue their support for the Muckross Lottery and the fundraising efforts of the Muckross Community Association (MCA). A Flag Day and Street Collection for the MCA will be held in Killarney Town Centre on Saturday 1st November. All support greatly appreciated.

KILLARNEY BADMINTON CLUB

The Killarney Badminton club's season will kick off on Wednesday 24th September 2014 at 8.30pm in the Presentation Hall. We will start with Monday and Wednesday nights at the moment!

As usual we will have an "early bird" membership price of €95 available until 6th October 2014 & then the membership price will be €105 for those joining after the 6th October 2014!

Looking forward to seeing everyone back this season.



PICTURED AT THE KILLARNEY ATHLETIC OPEN DAY AND COOKING UP A STORM WERE L-R DON O'DONOGHUE, BASIL SHEERIN (TREASURER), CHLOE BARTLETT, ELAINA GALVIN & TONY FLEMING. ELAINA HAS RECENTLY ACHIEVED A SCHOLARSHIP TO SYDNEY REPRESENTING KILLARNEY ATHLETIC WHERE SHE HOPES TO MEET UP WITH BIG JIM O'SULLIVAN, FOUNDER/MEMBER OF KILLARNEY ATHLETIC. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



HAVING A WHOLE LOT OF FUN IN THE SUN AT KILLARNEY ATHLETIC'S OPEN DAY ON SUNDAY WERE L-R DARRAGH O'BRIEN, MORGAN O'BRIEN, EMILY O'SHEA & FAITH-HANNAH O'CONNOR. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED WITH MICK O'CONNELL (LEFT) & MIKE O'SHEA (RIGHT) WERE THE U14 TEAM AT KILLARNEY ATHLETIC'S OPEN DAY ON SUNDAY.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



RATHMORE CROWNED CHAMPIONS

Rathmore were crowned Junior A County Champions on Saturday in a sun drenched Fossa. They defeated Corca Dhuibhne on a final score line of Rathmore 3-16 Corca Dhuibhne 4-10. Rathmore played in the Kerry jersey, due a clash of colors & perhaps that brought them the luck they needed. Corca Dhuibhne raced into an early lead with points by Katie Ní Mhuircheartaigh, Neasa Groiméal and Louise Ní Mhuircheartaigh. Noreen Murphy pointed Rathmore's first score after 8 minutes quickly followed by a goal. The lead was short lived as Kate Ní Mhuircheartaigh goaled at the other end. Noreen Murphy added her second point a minute later but Louise Ní Mhuircheartaigh put Corca Dhuibhne 2 in front on the 15th minute with a pointed free. It was Rathmore that dominated the remainder of the half with a point by Caroline Reen. This was followed shortly after as county star Aisling Desmond rattled the net for a goal & Noreen Murphy & Caroline Reen added four more points & Cliona Ni Chonchuir was forced to pull off two great saves. Eileen Murphy had the last point of the half for Rathmore on the 29th minute as Rathmore went in leading 2-8 to 1-4 at half time.

Corca Dhuibhne exploded in the second half and came right back into the game with a point each from Louise Ní Mhuircheartaigh & Neasa Groiméal. In the sixth minute Neasa Groiméal goaled for Corca Dhuibhne. But Rathmore were not rattled & their response was immediate as they goaled themselves through Noreen Murphy. Louise Ní Mhuircheartaigh showed her All Star quality & finished off a solo with a cracker of a goal, leaving just with 2 between them. Rathmore replied with a point to leave 3 between them. Points by co star Louise Ní Mhuircheartaigh, Katie Ní Mhuircheartaigh for Corca Dhuibhne and 2 points from Rathmore's Noreen Murphy saw just a point in it with 6 minutes on the clock. But Rathmore pushed & got crucial scores from Noreen Murphy, Caroline Dineen & Eileen Murphy. Corca Dhuibhne continued working hard right to the end and were rewarded with a fine goal from Neasa Groiméal. But Rathmore held on for the 3 point win. It was a fine game of football played in a sporting manner & at a very fast pace. Congratulations to both teams and their management & also Fossa GAA Club for the pitch. Captain Eileen Murphy accepted the title from Chairperson Pat Hartnett.

On Sunday the Senior A County Final took place in JP O'Sullivan Park in Killorglin between Desmonds/Duagh & Southern Gaels. This was Southern Gaels third final in a row, a massive feat in itself & was hoping 2014 would finally be their year. In fact it was Southern Gaels who got on the scoreboard first with a point from county star Deirdre Corridan from a free in the 3rd min. Leanne Mangan replied with similar 2 minutes later. Desmonds/Duagh had a lot of possession but for some wayward



EAST KERRY/KILLARNEY UNDER 12 DEVELOPMENT SQUAD

shooting, should have been 5/6 points clear. However instead, it was tit for tat on the score board as both sides exchanged points. Goal opportunities were pretty limited, with the best opportunity falling to Southern Gaels but was blazed wide. But Southern Gaels did manage to get a goal through Sandra Dillon corner forward who happened to be at the end of a well worked team move, making the score 1-05 to 0-4 with just 5 minutes of the first half to play. Desmonds/Duagh 2 minutes later were awarded a penalty. Leanne Mangan stepped up to take it, but it was well saved by keeper Sadbh Fitzgerald. However from the resultant 45 Eibhlís Dillon goaled. Half time score: Southern Gaels 1-05 Desmonds/Duagh 1-04. Bernie Cronin midfield for Southern Gaels got 2 wonderful long range points to start the half well for the Southern Gaels side. Leanne Mangan got Desmonds/Duagh on the scoreboard via a free, after she was fouled. Similar to the first half, Desmonds/Duagh dominated possession, but through a combination of tight defending, wayward shooting & hesitancy to take on a final shot, they wasted much of that possession. But Lorraine Scanlon played a captains part & got 2 points in a period where scores were slack & much needed to help her team get in front. Leanne Mangan in the 15th minute forced a great one handed save by the Southern Gaels keeper to prevent a certain goal. Andrea Murphy who was as industrious as always scored a fantastic after a wonderful solo effort, to put 3 between the teams. However Desmonds/Duagh wing back Tina Mangan who was tight marking & tiggerish all day got sin binned for some afters with Southern Gaels Deirdre Corridan on the 20th minute, meaning she was gone for the rest of the game. Southern Gaels with numerical advantage drove at Desmonds/Duagh in a much quicker pace & were immediately rewarded with a point. But with the clock running against them & Desmonds/Duagh now defending in a pack Southern Gaels found it difficult to break through for the scores they really needed. Southern Gaels themselves then had a player Linda Cronin sin binned for a late tackle & the numerical advantage

was wiped out. Desmonds/Duagh hung on tightly for the win, with their captain Lorraine Scanlon winning a ball right under their cross bar. That was to be last play of the game. Final Score Southern Gaels 1-08 Desmonds/Duagh 1-10. This game will be remembered in the end for unfortunately the high number of wides, especially in the first half but also the frantic end with two players sin binned in what was otherwise a game played in a very sporting manner. Desmonds/Duagh now go on to represent Kerry in the Munster Club Championship, on October 4/5th. Playing well for Desmonds/Duagh were Andrea Murphy, Lorraine Scanlon. Leanne Mangan. For Southern Gaels Caroline Kelly & Linda Cronin worked tirelessly.

On Saturday the 4 Kerry U12 Development Squads travelled to Clare to take part in the Michael Cullinane Tournament. Kerry had in total 92 girls wearing the jersey & representing Kerry. All 4 districts played with distinction but it was South/Mid Kerry who won the Cup defeating Clare in the final, while Tralee/West Kerry won the Shield defeating Limerick. On Saturday the 20th September the U13 & U15 Development Squads commence their programme in Mounthawk School pitch in Tralee. All players are to be there for registration between 9.30 - 9.45 with Connie O'Connor the Development Officer addressing the Role of Parents in their daughters sporting careers for approx 10 minutes, so it is important parents remain. The development squads this year will run in conjunction the IT Tralee Health & Leisure Dept, with their proven expertise in the area of Health & Fitness it will be of great benefit to players. All details are on the Kerry ladies website.

Congratulations to Na Gaeil who clinched the U15 B title defeating Kilcummin on Sunday, final score line Kilcummin 4-01 Na Gaeil 2-13. Both teams were very close in the first half, but when Kilcummin lost their star player Kate Maher through injury, whom they were very dependant on, Na Gaeil started to dominate with Jayden Lucey playing very well for them. Joint captains

MASTERGEEHA F.C. LOTTO

There was no winner on 12th September. Numbers drawn were 2, 4, 19, & 21 Consolation prizes were €100 Flor O'Sullivan Knockatagglemore, €60 Bernie O'Brien C/o Dan Linehan's, €30 Silvester Dwyer Glounacopple, Kilcummin, €30 Michael O'Sullivan 6 Marian Tec, €30 Kenny Dwyer Anabla Kilcummin. Friday night in the Village Inn, Kilcummin. Jackpot now €14,100

MASTERGEEHA FC

SCHOOLBOYS & GIRLS TRAINING:

In preparation for the commencement of the new underage season training will continue for schoolboys and schoolgirls. New players welcome for all ages. For further information contact: Tadhg Brosnan: Ph. 086-4098405.

PREMIER B MASTERGEEHA 1 SPA RD 2

In their first game of the new season the seniors were unlucky not to at least get a draw. In the first half the visitors took the lead early on. However in the second half Mastergeeha created the better chances with Corey Mitchell and Derry Ahern hitting the crossbar before the equalizer in the 75th minute from Derry Ahern. But with five minutes remaining the visitors took the lead against the run of play. In the closing stages the seniors pushed forward in search of the equalizer but could not get the goal they deserved.

NEW SEASON TRAINING: Seniors - Training for the new season will continue at Kilbrean Park. Anyone interested in playing soccer for the Club during the season ahead should attend and register over the next few weeks. All new players welcome.

KILLARNEY ATHLETIC A.F.C. NOTES



PLAYER OF THE YEAR, DAVID SHEERIN BEING PRESENTED WITH HIS TROPHY BY BASIL SHEERIN (TREASURER) & MIKE O'SHEA (CHAIRMAN). KILLARNEY ATHLETIC SOCCER CLUB ARE VERY PROUD TO HAVE RECENTLY WON THE YOUTHS LEAGUE FOR THE WHOLE COUNTY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

FAMILY OPEN DAY: Does exactly what it says on the tin. Killarney Athletic Family Fun Day. A

massive turn out on Sunday last for our fun day with beautiful sun shining down on Woodlawn park, burgers on the barbecue, bouncy castles for the kids, the sack race and the hole in the board challenge for the "over 30 kids" as well as the annual player of the year awards ensuring that this was not going to be a boring day. The club gave back to the community for their continued support throughout the years. To the helpers (well over 40), the committee, but especially ye the players and parents thank you.

PLAYER OF THE YEAR/CLUB PERSON OF THE YEAR AWARDS:

Club person of the year - Mick O'Connell who received the Donal Brosnan Memorial Cup.

Senior A Martin Crowley who received the Sean O'Connor-Martin Beckett Memorial Perpetual Cup

Senior B Rafal Bartkiewicz.

Youths David Sheerin.

Under 16 James Suter.

Under 15 Adam Dennehy.

Under 14 Sean O'Neill.

Under 13 Tadhg Doolan.

Under 12 Owen Benson.

Under 11 Rossa Bellew.

Girls Under 12 Lillie Foley.

Girls Under 14 Rachel McCarthy.

Girls Under 16 Jessica Galvin.

The under 13's were also awarded their League Division 1 winners medals on their superb win.

FIXTURES: 19th September 2014

Under 14 Premier.

Killarney Athletic v Killarney Celtic A 6.30pm
Saturday 20th September.

Under 12 Division 1

Killarney Athletic v Mastergeeha B 10.30am.

Under 16 Division 1

Ballyhar v Killarney Athletic 11.00am.

Senior A

Killarney Athletic 4 Park FC 4.

KILLARNEY ATHLETIC DREW 4 - 4 IN

TRALEE: On Sunday morning in a cracking game that we really should have won. Athletic got off to a blistering start scoring within 3 minutes through a well worked Jamie Doolan goal, Park equalised shortly after. Killarney Athletic went back in front when new signing Lubo scored in his 2nd consecutive match. Half time 2 - 1. Playing with a strong breeze in 2nd half Park had Athletic under pressure but a breakaway goal from Gavin O'Shea looked to have put us firmly in control. Park hit back with 2 quick goals and it looked like heading for a 3 - 3 finish. Caiman Mangan then broke from defence to put Athletic 4 - 3 up with 10 minutes to go, but with virtually last kick Park hammered home the equaliser in a pulsating finish. Final score 4 - 4.

YOUTHS LEAGUE

KILLARNEY ATHLETIC 1 KILLORGLIN 1

Athletic travelled to sunny Killorglin to kick off the youth league. Starting the game with 7 players eligible for the youths again next year, this was planned as a learning curve for the boys in blue by management. The players tore up the script and attacked from the off but Killorglin held strong in defence until Mark O'Shea got on the end of a corner and

sneaked the ball over the goal line on the verge of half time to lead by the narrowest of margins. Into the second half and Killorglin got the upper hand and attacked but the defence of Eoin O'Meara, Kike Pierce, Alan Daly and Tommy Counihan held tight. Donal O'Neill in goals made 2 great point blank saves but was undone with 10 minutes to go when Killorglin scored a tap in. A share of the spoils probably a fair result. Best for athletic Donal O'Neill, Eoin O'Meara and Alan Daly. Training this week with Killarney Celtic our opponents in the Munster Youth Cup next weekend.

NEW BABY: Congratulations to Martin and Lisa Crowley on the birth of baby Sarah.

KERRY TEAMS: Best of luck to the Kerry Minor and Kerry Senior teams on Sunday next in the All Ireland finals.

TRAINING TIMES

ACADEMY: Fridays 5.00pm - 6.00pm (under 6 - 8), 6.00pm - 7.00pm (under 9 - 11), optional Sunday TBC.

UNDER 11: Fridays 6.00pm - 7.00pm optional Sunday TBC

UNDER 12: Tuesdays 6.00pm - 7.00pm.

UNDER 13: Thursdays 5.00pm - 6.00pm.

Under 14: Wednesdays 7.00pm - 8.00pm.

Under 15: Thursday 7.00pm - 8.00pm.

Under 16: Thursdays 8.00pm - 9.00pm.

Girls: Wednesdays 6.00pm - 7.00pm.

CLUB REGISTRATION: Club registration still being taken. Academy under 6 - 11 (Born after 1st Jan 2004 - 2009), Schoolboys under 11 - under 16 teams, Schoolgirls Teams - Youth, under 17 - under 18 teams, Junior soccer teams (Senior A and B) Academy Director of Coaching Robin O'Day & JP Mullins UEFA B Licence coaches. Hope to see old and new faces there. Let's play soccer in a fun and enjoyable environment. Further information can be got by emailing sec@killarneyathletic.com or private messaging our Facebook. New Members welcome.

MERCHANDISE: Killarney Athletic merchandise can now be ordered from Martin on 087-9261196.

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

KILLARNEY CELTIC NOTES

GOLF CLASSIC: Killarney Celtic's Annual Golf Classic will be played on September 27th. This has always been a hugely popular day for golfers within and without the club, and a great introduction to the game for those who have never played before. Because of popular demand, we have had to limit entries this year to the first 40 teams to enter, so this would be a good time to give Mike Daly a call on 086 8516915!

LAST MAN STANDING: Most of you know the drill by now - you text Brian Looney with

your choice of a Premier League winner. If they win on that weekend, you go forward but you can't select that team again. It sounds easy...it isn't! Contact Brian Looney or any committee member to enter. It costs just €10 to enter but you need to get your entry in before the games kick off.

NATIONAL FOOTBALL DRAW: Tickets now on sale for the Irish National Football Draw, they are €10 each and this is a new fundraiser for our club, there are local, regional and national prizes, over 2000 prizes. Proceeds from tickets sold go to the club. Please support, contact any club member, Suzanne 086 8449082 or May 086 6485809

KILLARNEY WHITE COLLAR BOXING: Killarney White Collar Boxing will be hosting a series of bouts in Mustang Sallies on Friday, 31st of October, in aid of Kerry Lifeline. Tickets are available from Southwest Counselling and from sporting outlets in Killarney. This is a fantastic cause and a well-organised event by Paudie Looney in aid of suicide prevention, and a special highlight of the night should be the clash of the titans between Brian Spillane and Karl McMahon.

TRAINING TIMES

Started Monday August 11

5.30 - 7.00pm Under 12 (born 2002).

7.00 - 8.30pm Under 15 (born 1999).

8.30 - 10.00pm Under 17 (born 1997).

Tuesday

5.30 - 7.00pm Under 11 (born 2003).

7.00 - 8.30pm Under 14 (born 2000).

8.30 - 10.00pm Seniors/Youths.

Thursday

5.30 - 7.00pm Under 13 B and C squads (born 2001).

7.00 - 8.30pm U13 A (born 2001).

7.00 - 8.30pm Ladies, Girls U14/U16.

8.30 - 10.00pm Under 16 (born 1998).

Friday

Seniors and Youths 7.30-9.00pm

Training for U7 to U10 continues on Saturdays. It takes a lot to keep a club going, but most of all we need people who can volunteer their time. Anyone willing to help out with a team is asked to contact Mike Lyne on 086 0836356

RESULTS: DENNY PREMIER A: CAMP UNITED 0 KILLARNEY CELTIC 3

With 9 players out through injury and work commitments, Celtic might have expected to struggle here. However, our squad depth passed this test with flying colours as lads grew into the jerseys they were wearing. Celtic beat Camp 3-0 away thanks to goals from Joe Hurley, Cathal O'Shea, and a second half clincher from William Courtney. Well done to all involved, including a very sporting Camp United.

DENNY PREMIER B: INTER KENMARE 5 KILLARNEY CELTIC 3

Kenmare went 2-0 up Celtic held their nerve.



A GREAT TURNOUT AT KILLARNEY ATHLETIC OPEN DAY WHICH TOOK PLACE IN WOODLAWN ON SUNDAY.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

A great cross by Conor Randall was finished by Conor O'Leary. Chris Keane, on a great run from his own defence, made it 2-2. Inter Kenmare came back and pushed it to 4-2 but Celtic wouldn't give up and Joe Williams gave us hope in the last few minutes with a brilliant free-kick, the keeper had no chance. Kenmare, a great team in their own right, were canny enough to exploit the space as Celtic pressed desperately for an equaliser and they made it 5-3 with the last kick of the game. A superb match. Best for a Celtic team where every single player did the jersey proud were Conor O'Leary, Conor Randall, Joe Williams, and Cathal Doyle.

U17 LEAGUE: KILLARNEY CELTIC 2 ST. BRENDANS PARK 2:

Park took early control and a deserved lead of 1-0 at half-time. Celtic made a much better start to the second half but conceded another goal against the run of play. Celtic continued pressing though, and Stephen McCarthy latched onto a long ball from our excellent keeper David Spillane to slot home. Great work by Ignacio Vasquez set up the irrepressible McCarthy for his second and Celtic continued to press but couldn't grab a winner. Well done to two fine teams.

FIXTURES:

Denny Premier A: Killarney Celtic at home to Killorglin, Friday, 7.30pm.

U16 Premier: Killarney Celtic away to Killorglin, Saturday, 12.30pm.

U16 Div One: Killarney Celtic B away to Park B, Saturday, 12 noon.

U14 Premier: Killarney Celtic away to Killarney Athletic, Friday, 6.30pm.

U14 Div One: Killarney Celtic B at home to Killorglin B, Saturday, 10.30am.

U12 Premier: Killarney Celtic at home to Killorglin, Friday, 6.30pm.

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. There are also some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809

LOTTO RESULTS: Numbers drawn 2, 9, 12, 19. No winner, four x match three, Pat O'Connor Leibherr, Andy O'Sullivan Killarney Carpet Centre, John Egan, Garrett Fitzgerald, €40 each. Next week's jackpot €2200, draw in the Failte on Monday night. Tickets available from all club officers.

LOTTO SELLERS / YEARLY LOTTO: The club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.



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PITCH & PUTT NEWS

LAST weekend was a busy one in Deerpark with the club hosting an Open Scramble on Saturday followed by their Scratch Cups on Sunday. Saturday's Three Ball Scramble (sponsored by MD O'Shea & Sons) was won by the all Deerpark team of Michael Doherty, Michael O'Connor and Sheila O'Donoghue with a score of 29 1/3 Nett. The Gross prize was won by another all Deerpark team of Conor McCarthy, Gearoid Cronin and Chris Collins with a score of 37 (17 under par) while the Mixed prize went to the all Tralee team of Munster Mixed Foursomes winners Tony Blake and Lisa O'Connor alongside John O'Connell on 32 1/3.

Sunday's Scratch Cup competitions saw 80 players compete across the various competitions with the Gerald Horgan Memorial Senior competition (sponsored by Tadgh's Boutique, Killarney) won by Tralee's Jonathon Goodall for the first time ever with a 54 hole score of 22 under par. That was four shots better than Deerpark's Damien Fleming on 18 under with Cork's Ray Murphy a further shot behind in third. Tralee's Jason O'Regan was the winner of the Last 18 prize. In the Intermediate Competition (sponsored by O'Callaghan's Coach Holidays, Killarney) Jason O'Brien retained his title with a score of 16 under par, five shots better than Tralee's Gavin Carroll and Deerpark's St John Kelliher respectively on 11 under par with Gavin claiming second outright on Countback. The Seamus McLellan Memorial Junior competition was won by Castleisland's Paudie Looney for the second time with a score of two under par, four shots better than Deerpark's David Harnett with Castleisland's John Clifton third. The Ladies prizes were won by Tullamore's Margaret Hogan (0-9) and Deerpark's Sheila O'Donoghue (11-18) respectively.

The County Matchplay Championships take place in Castleisland on Sunday week, September 28th. Entry forms now available from the various clubs.

KILLORGLIN GOLF CLUB

MENS RESULTS

18 HOLE STABLEFORD

SPONSOR : HARMONY CHINESE

- 1st Jim McCarthy (Snr) (12) 43 pts.
- 2nd Pdraig Dolan (19) 42 pts.
- 3rd Andy Billot (12) 40 pts.
- Gross Jim McCarthy (Jnr) (5) 75 Gross.
- 4th Bruddy Burrows (12) 39 pts.
- Senior Tommy Murphy (14) 37 Pts.

DEERPARK PITCH & PUTT NOTES

By John Kelly

The officers and members of Deerpark Pitch and Putt club wish to extend their deepest sympathy to the Lynch family Upper Lewis Road on the death of Sean Lynch a former club officer and whose family have been deeply involved in the club over the years, also to the Looney family Woodlawn on the death of Ernest

Looney Faugacuilla and late of Woodlawn. The Looney family also have a long association with the club. May they rest in peace.

2014 OPEN WEEK RESULTS - DEERPARK (UNLESS STATED):

OPEN THREE-BALL-SCRAMBLE (SPONSORED BY MD O'SHEA & SONS).

Overall Nett Michael Doherty, Michael O'Connor and Sheila O'Donoghue 29/3. Overall Gross Conor McCarthy, Gearoid Cronin, and Chriss Collins. (37) Mixed Nett Tony Blake, John O'Connell and Lisa O'Connor (Tralee) 32/3.

SCRATCH CUPS GERALD HORGAN MEMORIAL SENIOR (SPONSORED BY TADGH O'BRIEN'S BOUTIQUE)

Winner Jonathan Goodall (Tralee) 140, Runner Up Damian Fleming 144. Third Ray Murphy (St Annes) 145, Last 18 Jason O'Regan (Tralee) 50.

INTERMEDIATE (SPONSORED BY O'CALLAGHAN COACH HOLIDAYS)

Winner Jason O'Brien 148, Runner Up Gavin Carroll (Tralee) 151, (Back 18) Third St John Kelliher 151,

SHEAMUS MCLELLAN MEMORIAL JUNIOR (SPONSORED BY THE MCLELLAN FAMILY)

Winner Paudie Looney (Castleisland) 160, Runner Up David Harnett 164, Third Place John Clifton (Castleisland) 171

LADIES: 0-10 Margaret Hogan (Tullamore), 11-18 Ladies 11-18 Sheila O'Donoghue 110

A special word of thanks to the members of the grounds, committee who ensured that the course was in excellent condition and to the members of the competitions committee who worked long hours on both Saturday and Sunday arranging cards and checking results and to the sponsors for their continuing support.

WEDNESDAY EVENING FOURBALL: Winners of last Wednesday's competition were Ger Casey and John Murphy. Future evening competitions will commence at the earlier time of 6pm.

SENIORS OUTING: Next Seniors Outing will be on Gleneagle course on Tuesday October 7th 10.30am. A discussion will be held following the October outing on an outside venue for the November outing.

CASTLEROSSE GOLF CLUB

RESULTS: COMPETITION PLAYED ON SUNDAY 6TH SEPTEMBER, 18 HOLE STABLEFORD, WINNER. Donal Power (18) 41 pts. Runner-up Roger O'Sullivan (12) 37 pts. Overall 3rd place Steve Shine (17) 35 pts.

RESULTS COMPETITION PLAYED ON SUNDAY 14TH SEPTEMBER, 18 HOLE STABLEFORD. Winner, Daniel Shine (08) 43 pts. Runner-up Michael Leahy (18) 43 pts. Overall 3rd place John O'Reilly (25) 40 pts.

RESULTS, SCRAMBLE PLAYED ON THURSDAY 11TH SEPTEMBER, 3 PERSON SCRAMBLE. winners, Chris Myers, Daniel Shine & John O'Reilly.

FIXTURES: Scramble each Thursday evening at 6pm, meet at 5.45pm in Club House, open to ladies and gents, guests welcome. Come and enjoy 9 holes of golf at very reasonable cost.

Next weekend Sunday 21st September, 18 hole Strokeplay, play Friday, Saturday or Sunday. Away day to Macroom Golf Club on Saturday 4th October.

KENMARE GOLF CLUB

LADIES:

MARY O'REILLY CUP - SPONSOR O'SULLIVAN FORD:

- 1st Caroline Crowley (25) 69 nett.
- 2nd Delia Long (28) 73 nett.
- 3rd Angela Cronin (25) 76 nett.
- Best Gross Noreen Crowley (13) 86.

MEN: 18 HOLE GOTY

- 1st Niall MacGearailt (18) - 42 pts.
- 2nd Mossie Fitzgerald (13) - 41 pts.
- 3rd Derek Coakelin (19) - 39 pts.

BROTHERS COMPETITION 2014:

1st Team: 174 Pts, Baviera Bros, France, - Julien, Pierre, & John.

2nd Team: 174 Pts (OCB) Harty Bros, Nenagh, - Tim, William & Pat.

3rd Team: 169 Pts, Kennedy Bros, Tipp, - John, Liam & Martin.

4th Team: 168 Pts, McSwiney Bros, Kenmare, - Conor, Eoin & Bertie.

5th Team: 168 Pts (OCB), Byrne Bros, Tipp, - Billy, John & Jimmy.

6th Team: 167 Pts (171 - 4) MacGearailt Bros, Kenmare - Thomas, Seamus & Niall.

Best Senior Team: 163 Pts (167-4) O'Dwyer Bros, Sneem - Pat Michael and Dave.

Most Improved Team: (66 - 85 + 19) Pts Kelly Jnr., Cork - Paul, Declan and Denis.

Best Team 1st Day. 87 Pts, Brown Bros, Dublin - Tommy, Gordon and Tony.

Best Team 2nd Day. 86 Pts, Kelliher Bros, Killarney - Ronan, Thomas & Brian.

Best 36 Holes overall: Charlie Sheppard (23) - 81 Pts (OCB) (40 +41)

Best Individual 18 Holes, 1st Day: Denis Crowley (17) - 41 Pts (OCB).

Best Individual 18 Holes, 2nd Day: Dermot Dempsey (16) - 40 Pts (OCB).

Best Individual 36 holes Handicap 1-11: Diarmuid McCarthy (6) - 78 pts.

Best Individual 36 holes Handicap 12 + : Jim Doran (17) - 77 pts.

FIRIES GOLF SOCIETY

Many thanks to Killorglin Golf Club for hosting our annual Ryder cup match with Farnfore in glorious conditions on Saturday. For the second year in a row it was an incredibly tight affair with Faries coming out on top to reclaim the Jimmy Culloty Cup on a scoreline of 4-3. Thanks to Farranfore for a sporting game as always.

KILLARNEY GOLF CLUB

LADIES:

RESULTS OF LADY CAPTAIN MAUREEN CULLOTY'S PRIZE TO THE LADIES- SUNDAY 31ST AUGUST, 2014 - SINGLES STROKE-MAHONY'S POINT.

- 1st. Breedha Neeson (27) 65.
- 2nd. Tina O'Sullivan (21) 66.
- 3rd. Lora Beth Malloy (34) 67.

B.G. Mairead Martin (3) 72 gross.
4th Noreen C. Buckley (17) 69.
5th Mary Feeley (21) 69.
6th Mairead O'Sullivan (36) 69.
7th Nicola Rainsford (8) 69.
8th Mary O'Rourke (24) 69.
9th Kathleen Wrenn (20) 70.
10th Christine Carroll (13) 70.
Back 9 Katies O'Connell (33) 31.5
Front 9 Maura Fitzgerald (22) 32.
Putting Prize Mary Geaney (12) 26 putt.
Past Captain's Prize Mary Geaney (12) 71.
Committee Prize Eileen Tarrant (28) 74.
1st Guest Mary Cronin (24) 70.

RESULTS OF MIXED FOURSOMES SPONSORED BY MUCKROSS HOUSE RESTAURANT & CRAFT SHOP.

1st Enda Curayne (18), Mary O'Connor (24) 28 pts.
2nd Shane Horgan (4), Maureen Creedon (12) 25 pts (bk3).
3rd John Cahill (11), Breeda Duggan (25) 25 pts.
BG Donal Considine (3), Kay O'Connor (14) 20 gross pts (bk3).
4th Con Healy (8), Helen Howard (28) 25 pts (bk3).

RESULTS OF CAPTAIN MIKE DALY'S PRIZE TO THE LADIES SUNDAY 14TH SEPTEMBER, 2014 - SINGLES STABLEFORD KILLEEN COURSE

1st Bridie Fitzgerald (20) 44 pts.
2nd Eimear O'Donnell (8) 39 pts (BK9).
3rd Christine Carroll (12) 39 pts.
BG Fidelma O'Connor (9) 29 gross pts.
4th Aoife Frazer (24) 38 pts.
5th Mary O'Connor (24) 38pts.
6th Nuala Meade (21) 36 pts.
7th Patsy Hanley (21) 36 pts.
8th Helen Prendergast (21) 36pts.
9th Fiona Leacy (9) 35 pts.
10th Mary O'Rourke (23) 35 pts.
f.9. Mairead O'Sullivan (35) 22 pts.
b.9. Julie Leonard (23) 20 pts.
Next Sunday's Competition will be on Mahony's Course - Club Sponsored.

BEST WISHES: To our Ladies Senior Foursome Team who will play Enniscorthy in the All Ireland quarter Final in Monkstown Golf Club on the 24th September at 12.40 pm, support welcomed.

RING OF KERRY GOLF CLUB

RESULTS: MEMBERS GOTY SINGLES STABLEFORD

1st: Jay Steadman (28) 42pts.
2nd: Donal O'Mahony (12) 38pts ocb.
3rd: Henk Bons (7) 38pts.

TUESDAY OPEN SINGLES

1st: Stephen Kelliher (4) 43pts.
2nd: Toby Steadman (5) 37pts ocb.
3rd: Noel Moylan (7) 37pts.

The inaugural Ryder Cup Challenge match against Parknasilla Golf Club was won by the Ring of Kerry team. Thank you to all those that attended - The return match at Parknasilla will be looked forward to.

UP COMING EVENTS: 20th / 21st September - Open Singles Stableford (Members GOTY)
A 2-Person Open Scramble event will also be



MAUREEN CULLOTY LADY CAPTAIN (FOURTH FROM LEFT) PRESENTING THE MACBEE'S LADIES COMPETITION FIRST PRIZE TO WINNER EIMEAR O'DONNELL WITH (FROM LEFT) PRIZEWINNERS MAUREEN ROONEY, MAUREEN CREEDON, PATSY HANLEY AND SIOBHAN BROSANAN AT KILLARNEY GOLF AND FISHING CLUB, KILLARNEY ON SUNDAY.

run over the weekend . Visitors Only €20.

KILLARNEY GOLF CLUB

MEN'S

CAPTAIN'S PRIZE - MR. MIKE DALY'S PRIZE MAHONY'S POINT, 14/9/2014

1 Jerry Galvin (13) 43 pts.
2 David Marmion (09) 42 pts.
BG Donal Considine (03) 73.
3 Ger Lenihan (16) 42 pts.
4 Bryan English (10) 42 pts.
5 Tim O'Donoghue (Rath)(15) 40 pts.
6 Alan Macsweeney (10) 40 pts.
7 Daniel Doona (12) 40 pts.
8 Fergus McCarthy (23) 40 pts.
9 Ted Healy (14) 40 pts.
10 John O'Callaghan (13) 40 pts.
11 Donie Macsweeney (13) 39 pts.
12 George Lenihan (14) 39 pts.
13 Matthew Templeman (06) 39 pts.
Best Senior Donal O'Connor (12) 38 pts.
Past Captain John Clifford (16) 36 pts.

BEAUFORT GOLF CLUB

PRESIDENTS PRIZE MENS SECTION: 12TH SEPTEMBER - OPEN FRIDAY SPONSORED BY CLIFFORD GROUND CARE

Winner: Noel Moylan (7) 38 pts.

14TH SEPTEMBER - PRESIDENT'S PRIZE (SPONSORED BY PRESIDENT JOHNNY DOOLAN & RING O'DONOGHUE HOTELS)

1st Derek Lyttle (19) 40 pts.
2nd Shane O'Sullivan (7) 37 pts.
3rd Captain Gearoid Keating (18) 37 Pts.
4th Michael Lynch (20) 35 pts.
5th Barry Wolfe (14) 35 pts.
Front 9: Pat Nagle
Back 9: James Jones

MEN'S FIXTURES: 21st September - Monthly Medal - Stroke - Sponsored by Killarney Sports & Leisure Club.

Open Fridays (Single Stableford for Ladies & Gents) continues Friday 19th September.

LADIES SECTION: 14th September - President's Prize (Sponsored by President Johnny Doolan & Ladies Branch)

1st Joan O'Sullivan (24) 72 Net.
2nd Teresa Clifford (30) 73 Net.
3rd Joan Fitzgerald (35) 74 Net.
Back Nine: Renee Clifford (26) 39 Net.
Front Nine: Grace Dennehy (34) 35 Net.

LADIES FIXTURES: 20th/21st September - 18 Hole Stableford sponsored by Cocoon Beauty Salon, Beaufort.

Open Fridays (Single Stableford for Ladies and Gents) continues Friday 19th September.

PARKNASILLA GOLF CLUB

RESULTS: MR MIKE MERRILL'S CAPTAINS PRIZE: 1st John J O'Sullivan (17) 38 pts, 2nd Ger O'Mahoney (13) 37 pts, 3rd Patrick O'Shea (18) 36 pts, 4th Padraig Burns (12) 36 pts, 5th Jim O'Sullivan (13) 35pts.

FIXTURES: Lifeboat Classic: September 13th until Sunday September 28th, Open, 12 hole scramble, teams of three, mixed ladies-gents. Phone 064 6645195 or 086 8240332.



DEREK COMERFORD THE WINNING CAPTAIN OF FIRIES GOLF SOCIETY.



TAX IMPLICATIONS OF TRANSFERRING FAMILY FARMS

The transfer of farms down to the next generation is a huge decision and one that should not be taken lightly. Many issues arise that need to be addressed, we will take a look at the taxes involved. On a transfer of assets, there are normally three taxes to consider: capital acquisitions tax for the beneficiary, stamp duty for the beneficiary and capital gains tax for the donor.

CAPITAL ACQUISITIONS TAX (GIFT TAX)

Transfers of property, including family farms are subject to gift tax and the tax is charged on the current market value of the farm. There is a tax free threshold of €225,000.00 for a son/daughter and all gift/inheritances taken since 1991 are taken into account to calculate this. The thresholds are generally less for other relatives and particularly for people who are not related.

However, there is a tax relief that can be used to transfer agricultural assets called "agricultural relief". This reduces the value of the land and any qualifying farming assets and a farmhouse to 10% of its actual value where the beneficiary is deemed to be a "farmer". "Farmer" in this context does not mean somebody who actually farms but is actually a financial test and in this context means a person whose farming assets (including the value of the current gift) exceed 80% of their total assets. Gift tax on the excess of the property that is not within the threshold is taxed at 33% currently (2014).

STAMP DUTY: Stamp duty is charged at 2% on the transfer of farmland but a reduced rate of 1% currently applies where the transfer is to a family member but this relief is set to be abolished with effect from Dec 31, 2014. Stamp duty is charged on the current market value and accordingly a current auctioneer's valuation will need to be obtained in this regard.

However, there is a full exemption from stamp duty in the case of a transfer to a young trained farmer. This exemption from stamp duty is to encourage the transfer of farmland to a new generation of farmers with relevant qualifications. The transfer may be by way of gift or sale. In order for a young trained farmer to benefit from this exemption, there are a number of criteria to be met first:

- The farmer must be less than 35 years old.
- The farmer must have one of the necessary agricultural qualifications.
- The farmer must undertake to spend not less than 50% of his/her normal working time farming the land after the transfer. The land cannot be sold for five years. The exemption granted will be clawed back if the land is disposed of within 5 years from the date of execution of the deed of transfer and is not replaced by other land within one year of disposal.

The exemption is set to continue up until the 31st of

December 2015.

CAPITAL GAINS TAX.

When somebody transfers property that is not their family home, capital gains tax is charged on the difference between the value of the land when they acquired it and the sale price. Even if the property is transferred by way of a voluntary transfer where no monies pass, the relevant value is its current market value.

Tax is charged at 33%. There is relief, however, provided to farmers over 55 where the property has been farmed by them for the previous ten years. (There are relieving provisions where the land has been let.) There are certain restrictions when the farmer is over 66 (from 2011 onwards) but in general these are not onerous restrictions.

It's important to check with your accountant to see if there are income tax implications for transfer, or due to the transfer. It's equally important to tell the accountant well in advance of transfer, your intentions of what's proposed for efficient tax planning. Cessation rules apply to the person transferring and commencement rules apply to the young farmer taking over.

A lot of focus is on the protection of wealth these days, and succession planning is an integral part of asset protection. Succession planning is key to ensuring that the time spent in accumulating and protecting this wealth is benefited by others long after you are gone.



James Kelleher of Casey & Co. Accountants has over 25 years experience in dealing with farmers, he has a detailed knowledge of the industry and the particular challenges and requirements facing agricultural clients.

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KERRY SET TO PLOUGH A WINNING FURROW AT THE NATIONAL CHAMPIONSHIPS

The Kerry Ploughing Team for the National Ploughing Championships was announced this week. The event takes place in Ratheniska, Stradbally, County Laois on 23rd, 24th and 25th of September. The Ploughing competitions start at 10.30 am and finish at 2.30 pm each day.

Tuesday 23rd, 3 Furrow Conventional Class: Kieran Harty. Under 28 Conventional Class: Cormac O'Connor. Intermediate Reversible Class: Patrick Boyle, Michael

O'Halloran, Tommy McCarthy. Wednesday 24th, Farmerette Conventional Class: Martina Flynn. Senior Horse Class: Moss Trant. Macra 2 Furrow Conventional Class: Thomas O'Carroll. Vintage 2 Furrow Mounted: Timmy Horan. Thursday 25th, Under 21 Conventional Class: Mikey O'Halloran. Vintage 2 Furrow Trailer: Aeneas Horan. Junior Conventional Class: Philip Healy, Derek O'Driscoll, John Healy.



PICTURED AT SOUTH KERRY PLOUGHING CHAMPIONSHIPS AT FLEMINGS FARM, FOSSA WERE L-R TOM GENTLEMAN, MIKE WELDON, KATIE MURPHY, JACK MURPHY & KIERAN MURPHY. PICTURE MARIE CARROLL O'SULLIVAN

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- Demonstration of Grass Seeding by Min-Till

Enquiries Tel: 087 2383788

KSPCA ASKS KERRY SUPPORTERS TO USE VEGETABLE DYE IF COLOURING THEIR ANIMALS

The Kerry Society for the Prevention of Cruelty to Animals are appealing to GAA fans in Kerry not to use household paint on animals as the build up to the All Ireland football final reaches fever pitch. The call was made this week by Harry McDaid, from the Kerry Society for the Prevention of Cruelty to Animals. "I am asking the public who want to paint animals to use suitable materials such as vegetable dye. Do not use household paints."



HARRY MCDALD OF THE KSPCA



PICTURED AT SOUTH KERRY PLOUGHING CHAMPIONSHIPS AT FLEMINGS FARM, FOSSA WERE L-R TOM GENTLEMAN, MIKE WELDON, KATIE MURPHY, JACK MURPHY & KIERAN MURPHY. PICTURE MARIE CARROLL O'SULLIVAN

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MINISTER HAS WORK TO DO TO SECURE DAIRY CONFIDENCE AND EXPANSION

Minister for Agriculture Simon Coveney has announced a dairy conference in Dublin in November to count down to the end of quotas. Speaking in advance of an IFA budget lobbying day this week, National Dairy Committee Chairman Sean O'Leary today reminded the Minister that he had a job of work to do in the 2015 Budget and the Agri-Taxation review to help dairy farmers to deliver profitable production growth in a volatile environment. He added that further supports from Brussels in the face of the Russian ban would be crucial to help ensure Irish dairy farmers start the post-quota era with the confidence levels that only come with sustainable milk prices. "Farmers' ability to deliver the 50% production growth of Food Harvest 2020 will depend on confidence and profitability," said Mr O'Leary. "Taxation has a major part to play in helping farmers to manage the income volatility which has become a feature of global dairy markets, with fluctuating milk prices exacerbated by volatile input costs. IFA has made detailed and practical taxation proposals as part of the 2015 Budget and the Agri-Taxation review."

Mr O'Leary added: "In particular, the IFA has proposed a facility that would allow farmers to put on

deposit a portion of their pre-tax income in good years, utilise this deposit as leverage for investment when required, and bring the funds back into the business to be taxed in lower income years. Our proposals also make practical suggestions on how to increase land mobility to foster expansion, in particular by incentivising long term leases."

"The Minister must also redouble his efforts in Brussels to secure further EU market support measures to mitigate the negative impact of the Russian ban – a geopolitical event farmers must not be expected to pay for. Revaluing the safety net intervention levels and extending the duration of APS to coincide with the one-year Russian ban would all send strong messages to international buyers and help turn sentiment and commodity prices around more rapidly."



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HOW TO MAKE SURE THE BIRDS WILL TWEET ABOUT YOUR GARDEN

Autumn is a time of the year when many people think about feeding birds in their backgarden. We're not sure why this happens only in autumn, because feeding birds throughout the year has many rewards. Yet, autumn is the time when bird seed sales are held, and bird feeders are promoted most widely.

Perhaps, it's the notion that birds need more help in cold weather, and therefore, bird feeding is more popular in winter. Whatever the reason, the bird feeding season is on, and people are buying lots of bird seeds.

The kind of seeds you offer backyard birds makes a difference, because all birds don't eat the same foods.

If there is one kind of seed that is most attractive to the greatest number of backgarden birds, it would be sunflower in any form.

The two most popular forms of sunflower seeds for birds are the black oil sunflower seed, which is in the shell, and the hulled (medium cracked) sunflower seed, which is out of the shell.

Other popular seeds for finches, include niger (thistle), also spelled nyjer, a tiny black seed that is offered in a tube feeder. All the various wild bird seed mixes are eaten by sparrows, blackbirds etc.

So don't miss out on having a busy backgarden this fall. If you leave bird seed out, it's almost certain to get found.

Birds also require water year-round. Save your autumn clippings of branches and twigs, then pile them in a corner of the garden to create cover for birds that prefer habitat on the ground.

BEING NICE IS ACTUALLY GOOD FOR YOU

We can see that being nice to others is good for them, but did you know it is in your best interest too? Niceness means being kind, generous, agreeable, pleasant, respectable,

friendly, forgiving and tactful. It means going out of your way to treat others in the way that you want to be treated. We all get grumpy from time-to-time and take it out on those around us – but recognising the personal benefits of being nice might motivate us to do it a little more.

Being nice also means doing kind acts. It means volunteering, donating and pitching in to make your home, neighbourhood and community a better place.

It means offering yourself to a cause that you believe to be worthwhile. This might be something big like saving the environment or little like helping your spouse carry in the groceries.

It is much easier to like someone that is nice. We all want friends that are kind, giving and considerate. We want and need people in our lives that support us and that will be there for us when we need them. The old saying, "Be a friend to have a friend" really holds true and research shows that those with a greater social interaction are often happier, healthier and more productive!

Doing kind acts and being nice builds one's confidence and optimism. It just makes us feel good about ourselves when we do things for others. Giving of ourselves to others builds up our positive self-image. It also gives us a sense of hope. We feel more powerful and in control when we make a positive difference in the life of another.

It is better to give than to receive - studies have shown that the giver usually has a bigger boost in positive emotions than the receiver! It gives you that warm, fuzzy feeling all over, these positive feelings carry over into all areas of your life causing a general improvement in well-being. This translates into feeling good about yourself.

From time-to-time, we all face challenges, disappointments and losses in our lives. When you've been nice to others during their struggles, it is more likely they will return the favour during your time of need. Most of us feel really motivated to help those that have helped us.

Volunteering is a great way to be nice. It can also

help you to uncover talents you didn't know you had. They say that necessity is the mother of invention. Well, when you put yourself in a position to see the needs of others, you might rise to the occasion and discover capabilities that you never knew you had.

Being nice and doing good deeds is a less stressful way to live. It creates less conflict and avoids feelings of guilt over bad behaviour. In addition, the act of doing something nice for another generates those great feelings that seem to triumph over all that stress that we build up from daily living.

WELL DONE

To the three West Kerry lobster pot fishermen that rescued 70 dolphins that were beached near Smerwick Harbour.

The fishermen contacted the director of Dingle Oceanworld Aquarium Kevin Flannery and they worked for hours to move the animals to safety. Mr. Flannery believes that the calves had gotten stuck while chasing mackerel. Their calls for help attracted the older dolphins, who were stranded in shallow water and got stuck as well. Using the fishermen's boats, they transported the younger dolphins out to sea, and then encouraged and herded the older ones out of the harbour.

Mr. Flannery said that the fishermen deserve 'enormous praise', as all three gave up a day's work to carry out the rescue.

12 ITEMS YOU DON'T NEED TO CHILL

*Avocado: Avocado ripens best on a counter. Don't put it in the fridge unless you want to keep it for over a week.

*Banana: Refrigeration will slow the ripening process and turn skins brown. It's best to store on the counter. And if you miss peak ripeness and the banana goes soft, freeze it for smoothies.

*Bread: Keep bread on the counter, where you'll remember to eat it within 4-5 days. Or freeze surplus slices.

*Butter: Unless you like your butter rock hard, you don't have to store it in the fridge. Place butter in a covered butter dish and keep it on the table.

*Coffee: Your fridge's moisture will cause coffee to deteriorate. Instead, store it in an air-tight, glass or ceramic container.

*Garlic: Best stored loose. It tends to get mouldy in fridges.

*Honey: Unless you like your honey crystallised keep it out of the fridge, it will stay good indefinitely.

*Ketchup and Mustard: Take a hint from diners, which keep opened bottles of condiments on tables.

*Onions: Keep them in their original mesh bags that allow for ample air circulation, which onions need to stay fresh. Keep away from potatoes and aluminium foil.

*Potatoes: Refrigeration actually changes the

taste of potatoes, and not for the better. Place them in a paper sack, and store in a cool, dry place.

*Soy Sauce: All the salt in soy sauce makes it last a long time outside the fridge.

*Tomatoes: They get mealy in the refrigerator. Store in a bowl on the counter. If they still need ripening, place in a paper bag or on a window sill.

THIS WEEKS QUOTE

The best portion of a good man's life – his little, nameless, unremembered acts of kindness and love.

~William Wordsworth.

ON THIS DATE – SEPTEMBER 19TH

1783 - A Montgolfier balloon transported its first passengers: a duck, a rooster and a sheep. The rooster died during the landing.

1839 - Birth of George Cadbury, British chocolate maker.

1849 - First commercial laundry in the US established, in Oakland, California.

1880 - Parnell delivered his famous speech at Ennis in which he introduced the term for non-violent protest - boycotting. Parnell asked his audience, 'What are you to do with a tenant who bids for a farm from which another has been evicted?' Several voices replied, 'shoot him!' Parnell answered: "I wish to point out a better way, a more Christian way which will give the lost man an opportunity of repenting. When a man takes a farm from which another has been evicted, you must shun him on the roadside, on the streets, in the shop and even in the place of worship by putting him in a "moral Coventry." You must show him your detestation of the crime he has committed"

1881 - Kate Coll and Juan Vivion de Valera were married in St. Patrick's Church, Greenville, New Jersey. Just over a year later a son was born, the couple named him Éamon.

1889 - Artist Seán Keating, born in Limerick.

1893 - New Zealand granted women the vote.

1905 - Death of Dr. Thomas Barnardo. Dublin-born Barnardo opened his first home for destitute boys in Stepney in 1870.

1952 - The U.S. barred Charlie Chaplin from re-entering the country after a trip to England.

1959 - Nikita Krushchev was denied access to Disneyland.

84-YEAR-OLD WOMAN RESCUES DOG FROM PACK OF COYOTES

When people are confronted by a wild pack of coyotes, they run or hide or cower with fear. But an 84-year-old woman who lives in Bensenville, just outside of Chicago, risked her life to save a dog from a vicious attack.

Dolores Jefferson said she was getting her

morning coffee when her dog started barking and alerted her to a problem behind her home. When Ms. Jefferson walked behind her house to check on the situation, she saw her neighbour's dog surrounded by five large coyotes.

Roxie, an 11-year old, Egyptian Pharaoh Hound, had already been bitten on the nose and was running around trying to escape the pack. Roxie's owner, Rich Parent, was chopping wood with a wood splitter at the time and couldn't hear or see the attack happening.

Ms. Jefferson said that she just charged at the coyotes and started screaming. Her son had told her that making loud noises is one way to scare coyotes off. Thankfully, her tactics worked, and Roxie was able to escape the scary situation.

Roxie was evaluated by a vet, and despite minor injuries, the dog is expected to make a full recovery.

WE ARE CUSTODIANS OF CREATION!

In Southern Italy on the weekend of July 5th, Pope Francis reiterated his view that environmental destruction constituted a sin. Visiting the largely agricultural region of Molise, the pope responded to an address by a local farmer attending university.

"I fully agree what has been said about 'safeguarding' the earth, to bear fruit without 'exploitation'. This is one of the greatest challenges of our time: conversion to a development that respects Creation. In South America, my homeland, I see many forests, which have been stripped... that becomes land that cannot be cultivated, that cannot give life." The pope added, "This is our sin: we exploit the earth and do not let it give us what it harbours within, with the help of our cultivation."

The pope also dubbed the relationship between the farmer and the land "a dialogue, a fruitful dialogue, a creative dialogue. It is this dialogue between man and his land that makes it flourish, fruitful for all of us. This is important. A good educational program does not offer easy solutions, but it helps to have a more open and creative vision to better exploit the territories resources."

In his first homily after being elected pope in 2013, Francis I spoke of the need for Christians to act as "protectors." "It means protecting all creation, the beauty of the created world, as the Book of Genesis tells us and as Saint Francis of Assisi showed us, it means respecting each of God's creatures and respecting the environment in which we live. It means protecting people, showing loving concern for each and every person, especially children, the elderly, those in need, who are often the last we think about" the pope said.

In May of this year, the pope said "When we exploit Creation we destroy the sign of God's love for us, in destroying Creation we are saying to God: 'I don't like it. This is not good!' 'So what do you like?' 'I like myself!'—Here, this is sin! Do you see?" the pope told an audience at the Vatican, adding, "Creation is not a property,

which we can rule over at will; or, even less, is the property of only a few: Creation is a gift, it is a wonderful gift that God has given us."

COCKATOOS EMULATE AND SURPASS THEIR TEACHER

With crows that can work out physics problems and swallows that can open doors, there's plenty of evidence to put the term "bird brain" to rest. But, just like most humans need a good teacher, some birds benefit from having a tutor who shows how to use tools.

In the first controlled evidence for the social transmission of an original tool use a Goffin's cockatoo named Figaro demonstrated to other birds how to sweep a nut out from behind a cage using a stick.

Most of the Cockatoo's took up their sticks after watching Figaro's live demonstration. But Figaro's students didn't simply copy their newfound knowledge of tools. The apprentices became even more adept than their teacher.

Figaro held tools by their tips, inserted them through the cage grid at different heights and raked the nuts towards him while adjusting the tool's position as the target moved closer. The successful observers, instead, laid the sticks on the ground and propelled the nuts into their reach by a quick ballistic flipping movement. The latter technique was arguably more efficient for the test circumstances.

Most of the birds relied on pre-made sticks to access their nuts. But Figaro was also able to teach one of the other cockatoos, Kiwi, how to fashion a stick from a wooden block.

THE FORMER TALLEST DOG IN THE WORLD HAS DIED

Zeus, the Otsego, Michigan, canine who is documented as the tallest dog in the world, has died just short of 6 years of age.

Kevin Doorlag's giant Great Dane, died from natural causes resulting from old age... unfortunately, this particular breed of dog is known to have a lifespan of merely six to eight years.

Zeus stood an impressive 44 inches at the shoulder, and 7 feet 4 inches when stretched upright on his hind legs - his amazing height earned him the standing title of world's tallest dog since 2012 when he was declared the tallest dog ever in world history.

Zeus from Michigan was a gentle giant, who topped 160 pounds, and consumed an impressive 30-pound bag of food every two weeks.

Zeus' guardians remember their giant friend as a "wonderful dog," and says that, despite his pony-like size, they will miss having him sitting on their laps.

FINALLY THIS WEEK

Unlike human pregnancies which last about nine months, the length of a cat pregnancy is an average of 9-10 weeks.



SouthWest Counselling Centre

TEENAGER'S GUIDE TO STRESS MANAGEMENT

For effective teen stress management, it is important for a teenager to understand the value of taking control of life, and not take the easy option of flowing with the current. There are some effective practices that will enhance his/her self confidence and give him/her better control over their life.

- Eat healthy food, avoid junk food. Stay away from alcohol, drug abuse and smoking. A strong body has the strength to fight stressful situations, while a weak body will fall ill. You need strength to get ahead in life. Neglecting body health is the deadliest sin.
- Exercise regularly, even if it is for a few minutes a day. Walking, jogging, yoga, anything will do.
- Learn techniques of stress management and stress relief, for example, time management, goal setting, relaxation exercise, creative visualization, positive thinking. Learn to relax. A relaxed body and mind is better equipped to deal with stresses and tensions.
- Develop good relationships and nurture them. Learn the art of networking (not just online), understand its value. This is your support system that will come to your help when you need it, besides giving you a sense of assurance.
- Sleep well: Parties, disco, outing and all is fine, but taking a sufficient sleep helps you in keeping a fit body and sharp mind. A good night's sleep gives you the capability to deal with stressful situations in an appropriate and timely manner. You cannot expect a tired mind to come up with constructive solutions. Besides, lack of sleep lowers efficiency, reduces learning power and blunts the memory, giving you more reasons to be stressed about.
- Take a balanced view: Teen stress management is also about keeping realistic expectations and keeping in mind your strengths and weaknesses helps. If you commit yourself to too many goals, you are creating a sure recipe for tensions, and anxieties. Be realistic in your expectations and keep some time away for relaxing and enjoyable activities, even if it means spending an hour with other family members.

Teen Stress Management and Resilience

Resilience is the inner strength that helps one to manage stressful situations without getting excessively disturbed, and living life with one's full potential. It is a set of personality traits and qualities that makes one resilient. These include

- Having a supportive network of good relationships
- Expect change. Nothing is permanent in life.
- See things in perspective. Take a long term view.
- Don't overlook or avoid looking at problems.
- Participate regularly in relaxing activities that are enjoyable and fun.

At SouthWest Counselling Centre, Killarney we have a team of parenting and adolescent counsellors who can provide valuable support at this time. Call (064) 6636416 info@southwestcounselling.ie

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre**. info@southwestcounselling.ie. Kerry LifeLine provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call 064 6636416.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters....

With Dr. Michael O'Doherty

FLU VACCINATION INFORMATION PART 2

Who should be vaccinated?

Vaccination is strongly recommended for:

- Persons 65 yrs. And over
- Those with a long-term medical condition such as diabetes, heart or lung disease.
- People whose immune system is impaired due to disease or treatment
- Residents of Nursing Homes and other long stay institutions
- Persons with a body mass index (BMI) over 40
- Pregnant Women (can be given at any stage of pregnancy)
- Health Care Workers
- Carers
- People with regular close contact with poultry, water fowl or pigs.

How does Seasonal Flu vaccine work?

Seasonal flu vaccine helps the person's immune system to produce antibodies to the flu virus. When someone who has been vaccinated comes into contact with the virus these antibodies attack the virus.

Will the Flu vaccine give me the Flu?

No, flu vaccine will not give you the flu. Flu vaccine contains killed or inactivated viruses and therefore cannot cause flu. It does, however, take 10 – 14 days for the vaccine to start protecting against flu.

When should I get vaccinated?

The vaccine should be given in late September/October each year. The vaccine starts to work within two weeks.

Please contact Killarney Medical Centre on 064 6620628 to make an appointment for this years Flu Vaccine.



Dr. Michael O'Doherty,
General Practitioner
and Occupational Health Specialist
The Killarney Medical Centre,
47 New Street, Killarney.
t: 064-6620628.

4th Anniversary



Treasured Memories of GENE BRENNAN

Moanmore, Castleisland
who died on the
24th September 2010
Rest In Peace

We have sent a dove to heaven
with a parcel on its wings,
be careful how you open it
as its full of special things,
Inside are a million kisses
wrapped in a million hugs,
just to say we miss you
and give you all our love.

Love you always, your wife Eileen;
Children Elaine, Eoghan & Maura;
Sons-in-Law Liam & Ger,
Grandchildren Chloe, Sean,
Evan & Jean xxx

Anniversary Mass on Tuesday 23rd
September at 7pm in Castleisland Church.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).
Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.
Then in his merciful eyes it will become your
favour not mine.
Amen.
Say this prayer for three days.
Publication of prayer and favour will be
granted.
J.O.S.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace you can find a way,
where there is no way. Please hear my prayer
and grant me my request.
(Say 6 times daily and your request will be
granted).

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received

ANNIVERSARIES

Remembering with love

JAMES & BRIDGET REDPATH

Killarney,
& their son



JAMES JUNIOR

Killarney & Limerick.

You'll always have the memories
Fond reminders of the love
That God has gladly welcomed
To his Kingdom up above
The stars have led them safely
To that ultimate reward
A special reservation
At the table of the Lord
And though they are in Heaven
In his comfort and his care
We are thankful for their gift of life
And what we had to share.
A better place has beckoned
Then at least we'll understand
We will be re-united
By God's ever loving hand.

Forever loved by Mary, Gemma,
Savio, Izzy & Eloa.

2ND ANNIVERSARY



In Loving Memory of

O'MAHONY

In loving memory of Thade
Timothy O'Mahony, late of
Mounthorgan, Rathmore. R.I.P.

We thought of you today,
But that is nothing new,
We thought about you yesterday,
And days before that too,
We think of you in silence,
We often speak your name,
All we have are memories,
And your picture in a frame,
Your memory is a keepsake,
From which we'll never part,
God has you in his arms,
We have you in our hearts.

Lovingly remembered by your
wife Kathleen, sons Noel,
Anthony, John, Kieran, Aidan,
daughters Nora & Linda & all
your grandchildren.

Anniversary mass on Sunday
28th September at 9am in
Shrone Church.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful
Vine, Splendour of Heaven, Blessed Mother Son
of God, Immaculate Virgin, assist me in this my
necessity. O Star of the Sea, help me and show me
herein you are my Mother. O Holy Mary, Mother of
God, Queen of Heaven and Earth, I humbly beseech
you from the bottom of my heart to succour me in
this necessity. (make request). There are none, that
can withstand your power. O show me herein you
are my mother. Oh Mary conceived without sin,
pray for us who have recourse to thee (3 times).
Holy Mary, I place this cause in your hands, three
times. Thank you for your mercy to me and mine.
This prayer must be said for three days and after
that the request will be granted and the prayer
must be published immediately.

x

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).
Take it dear heart of Jesus and place it within
your own broken heart where your Father sees
it. Then in his merciful eyes it will become
your favour not mine.
Amen.

Say this prayer for three times for three days
and your favour will be granted. Never know
to fail. Must promise publication of prayer.

x

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).
Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.
Then in his merciful eyes it will become your
favour not mine.
Amen.
Say this prayer for three days.
Publication of prayer and favour will be
granted. A.F.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel,
Fruitful Vine, Splendour of Heaven, Blessed
Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me
herein you are my Mother. O Holy Mary,
Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me
in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my
mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this
cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three
days and after that the request will be granted and the prayer must be published immediately.

DEBT REMOVAL PRAYER

Lord, I confess I've made mistakes, I
have accumulated too much debt,
and now I cannot imagine
overcoming it without your help.
Please Lord, I beg of you to intercede
on my behalf. Provide me with the
financial means to be able to
breathe again. Please forgive my sins Lord.
Walk with me and help me to make the
right decisions throughout my life.
In your name I pray. Amen.
You must say 3 Our Fathers for 7
Days. Must promise publication.
Never Know to fail. M.W.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).
Take it dear heart of Jesus and place it within
Your own heart where your Father sees it.
Then in his merciful eyes it will become your
favour not mine. Amen.
Say this prayer for three times for three days.
Publication of prayer and favour will be
granted.

J.O.D.

NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall
receive, seek and you shall find, knock and the
door shall be opened to you. Relying on these
promises, I come with confidence during this
novena to beg of you the favours that I need
(make request). For whom shall I ask Lord Jesus,
if not from you whose heart is an unfailing source
of graces and merits. Most loving heart of my
God. I believe in your power, I believe in your
knowledge, I believe in your personal love for
me, and therefore O Sacred Heart of Jesus I place
all my trust in you. Our Father, Hail Mary and
Glory, say 3times for 3 days and request will be
granted, Never know to fail. Must publish.
M.M.

CLEARING THE ENTIRE STOCK!

REFURBISHING & UPDATING €375,000 GRAND SALE FINAL WEEK! PRICES CUT AGAIN!

The House of McGregor Refurbishing & Updating Sale has been a staggering success so far, but with so much furniture still to be sold we will briefly extend this special sale. We closed the store on Wednesday to display all remaining stock and cut prices even lower on a huge selection of clearance items throughout the entire store!

We must urgently sell all our furniture including: Suites (fabric & leather), sofas, sofa beds, easy chairs, recliners, dining sets, wall units, sideboards, wardrobes, chests, beds, bedframes, bunks, mattresses, coffee tables, bookcases, pictures, mirrors, etc. **Absolutely Everything Must Be Sold Out a.s.a.p!**

EVERY SINGLE PRICE HAS BEEN DRASTICALLY REDUCED

LAST DAYS - SAVE €€€'S ALL THIS WEEK



JUST A SAMPLE OF THE SALE BARGAINS ON UPHOLSTERY & DINING...

Winchester

140cm double extending table
with 6 Dining Chairs.

WAS €2,109

NOW €999

Clodagh

4ft 6inch double spring mattress.

WAS €599

NOW €279

Bourgoin

Luxury 3 seat fabric sofa with arm chair.

WAS €3,098

NOW €1,299

Sacramento

Full leather 3 seat recliner sofa
& 2 recliner chairs.

WAS €4,299

NOW €1,999

York

Large queen anne wing chair
velour fabric.

WAS €1,289

NOW €599

Kingsley

Deep button 3 seat recliner sofa
& 2 recliner chairs.

WAS €3,024

NOW €1,499

SPECIAL EVENT HOURS: Mon - Sat 10 - 5.30 (closed Wed) / Sunday 2 - 6

house of **McGregor**

Lissarda, Crookstown, Co. Cork. Tel: 021 73 35680
(on the N22 opposite Mai Fitz's Bar)



All offers subject to availability. E & OE. © G R 2014