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MAYOR HANGS UP HIS CHAIN ON A HIGH NOTE

On one of his last jobs on what has been a momentous year, Cllr. John Joe Culloty, Mayor of the Killarney Municipal District was joined by his wife Mary, son Jason and daughter Alice for the presentation of a cheque, proceeds of this year's Mayors Ball. Joining the Culloty family were members of the Killarney Branch of the Irish Cancer society who received the cheque totalling €8255.80. Also on hand for the cheque presentation were organisers of the ball, Joe Burkett and Myra Fitzgerald along with representatives from Strictly Come Dancing who performed on the night.

John Joe paid tribute to everyone who made the night so memorable, including The Malton Hotel and Staff, everyone who donated spot prizes along with the many sponsors on the night.

The evening was a great success and all the money raised will go towards vital cancer services in the Killarney area.



PICTURED AT THE MALTON HOTEL FOR THE CHEQUE PRESENTATION TO THE IRISH CANCER SOCIETY FROM THE MAYORS 'SHOW BAND' THEMED BALL WERE L-R (SEATED) MARY CULLOTY, MAYOR JOHN JOE CULLOTY, KATHRINA BREEN & EUGENE O'SULLIVAN OF IRISH CANCER SOCIETY. BACK ROW L-R JOE BURKETT (PREMIER EVENTS), ALICE CULLOTY, MYRA FITZGERALD (PREMIER EVENTS), LORRAINE KELLY, JASON CULLOTY, BREDA O'CONNOR, JOE GAFFEY, AISLING CROSBIE, KATHLEEN CRONIN & KATHLEEN O'SHEA OF THE IRISH CANCER SOCIETY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

ACCOLADES FOR KERRY AND KILLARNEY



LOUGH LEIN - KILLARNEY NATIONAL PARK - PICTURE PETER O'TOOLE

Lonely planet travel guide has named Kerry as the No. 2 spot in Europe for families to holiday. Pipped at the post by Kent in England - here is what the travel bible had to say...

"County Kerry boasts some of Ireland's most gape-worthy scenery.

Mysterious islands off a craggy coastline; mist-wreathed mountains and lakes; castles, abbeys and other ruins to explore... no wonder County Kerry appeals to the imagination of travellers of all ages. Better still, the popular Dingle Peninsula and the Ring of Kerry - part of the Wild Atlantic Way - have roadside attractions every few miles to keep those with short attention spans engaged.

This wild part of Ireland is perfect for children (and adults) with a sense of adventure. If you're visiting during the summer months, test their sea legs on the short ferry to Great Blasket Island or, for older would-be sailors, take the boat to the Skelligs; admire the raw power of the Atlantic Ocean during a horse ride along Rossbeigh Beach

or let your water babes sign up for surf school; take an epic journey through Killarney National Park, where the Gap of Dunloe trip combines a boat trip with walking, cycling or a pony and trap. The award comes on the back of the publication of The 'Irish Times' Best Day Out in Ireland which named Killarney National Park in the top five.

The Antrim coast, the Barrow Way, outdoor activities in Leitrim and Mayo also made the shortlist

The competition is run in partnership with Discover Ireland.

Here is what they had to say about Killarney National Park.

"Killarney National Park is the Hamlet or Mona Lisa of Irish attractions; because it's well known, people maybe think they know what it's about. But look at it with a fresh eye and it's the most scenic, the most historic, the most accessible, the most varied, the most taxing, the most relaxing, tourist district." killarneynationalpark.ie

CASTLEISLAND PUBLICAN IS KILLARNEY'S NEW MAYOR

Castleisland publican Bobby O'Connell is set to become the new Mayor of Killarney.

He succeeds Cllr John Joe Culloty who was elected first Mayor of the Killarney Municipal Area.

The Fine Gael Councillor runs The Poets Inn in Castleisland.

BOOK OF CONDOLENCE FOR BERKELEY VICTIMS

A Book of Condolence for the victims of the Berkeley tragedy has opened at the Town Hall in Killarney.

Six students were killed when a balcony they were standing on collapsed on Tuesday, while another seven were seriously injured.

The students were predominately from the Dublin area but some had Kerry connections with Nick Schuster being the grand-nephew of John B Keane, while Aoife Beary, who was celebrating her 21st Birthday on the night of the tragedy and who is in a critical condition, also has strong Listowel connections with her dad Mike coming from the town.

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LOAN TERM- YEARS	5	5	5	5	5
APR	10.5%	13.0%	12.8%	12.5%	12.3%
MONTHLY REPAYMENTS	€191.35	€201.50	€200.68	€199.46	€198.64
TOTAL AMOUNT REPAYABLE	€11,475.61	€12,089.70	€12,040.75	€11,967.38	€11,918.51
TOTAL COST OF CREDIT	€2,475.61	€3,089.70	€3,040.75	€2,967.38	€2,918.51
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WE LOOK AT THINGS DIFFERENTLY



BRYAN'S CYCLE FOR CRUMLIN RAISES THOUSANDS



PROCEEDS OF CRUMLIN CHILDREN'S CHARITY CYCLE HELD IN APRIL, THE COMMITTEE PRESENTING A CHEQUE OF €5,787 TO MR GERRY CULLY OF OUR LADY'S CHILDREN'S HOSPITAL CRUMLIN. FRONT ROW MIKE O'LEARY, BRIAN HANAFIN (EVENT ORGANISER) GERRY CULLY OF OUR LADY'S CHILDREN'S HOSPITAL CRUMLIN BACK ROW MIKE KISSANE, BERNADETTE RANGLES, GAVIN MALONEY, PAT LEANE (WINNER OF SIGNED SEAN KELLY JERSEY) KATHLEEN O'LEARY & BRENDAN CASSIDY.

A Killarney man whose son was treated at Crumlin Children's Hospital has raised €5,787 from a charity cycle that took place in April.

Brian Hanafin decided to hold the fundraiser following his young son's Bryan's recent illness which was treated at Crumlin Children's Hospital. The family were overwhelmed at the care they received at the hospital and wanted to give something back.

Young Bryan was the man of the moment on the day when he and his brother Luke were lead cyclists at the event in which hundreds took part.

BLESSING FOR COUPLES MARRIED 50 YEARS APART



TIM AND ADRIANA O'LEARY PICTURED WITH JIM AND ELLA O'LEARY ON THE STEPS OF ST. MARY'S CATHEDRAL FOLLOWING THEIR BLESSING.

A Killarney couple who are celebrating 50 years of wedded bliss were joined by their newly married son and his bride for a blessing at St.

Mary's Cathedral recently.

Jimmy O'Leary from Killarney and Ella Hussey from Dingle were married in St. Mary's Cathedral in Killarney 50 years ago.

The couple moved to Cork following their wedding where they raised their family and returned to Killarney to retire ten years ago.

Their son Tim married Adriana Aristizabal in Cartagena, Colombia on April 7th this year.

Following the blessing the couples were joined by family and friends at a reception at the Dromhall Hotel.

Jimmy and Ella were joined by their five children and all of their grandchildren on the day including two of whom flew in from the US.



FAMILY AND FRIENDS OF THE O'LEARY FAMILY GATHER FOR THE BLESSING AT ST. MARY'S CATHEDRAL.

TAOISEACH IN TOWN

Enda Kenny is in Killarney today, Friday June 19th as guest of honour at a gala dinner hosted by a global charity.

Worldwide Ireland Funds are holding their annual conference in The Europe Hotel. Among other attending will be the American Ambassador to Ireland Kevin O'Malley and Canadian Ambassador Kevin Vickers.

€1M FOR MAIN STREET BUILDING

A property on Main Street in Killarney has sold this week for €1 million.

The premises which houses Brian James Menswear down stairs and Paddy's Restaurant on the upper floors was sold by private auction by the owners Mike and Beth O'Shea. The couple also sold the Killarney Bookshop for €400,000 at a separate auction. Coyne and Culloty Auctioneers handled the sale of both premises.

VINCENT BROWNE BRINGS PEOPLES DEBATE TO KILLARNEY

TV3 Broadcaster Vincent Browne will be joined by Kerry TD's Michael Healy-Rae, Martin Ferris, Tom Fleming and Brendan Griffin at the People's Debate which will be held in The Gleneagle Hotel on Monday night at 7pm.

Audience members are being asked to arrive early at the venue for the show which will be broadcast on Wednesday 24th from 10pm to 12pm on TV3.

KATHRYN THOMAS TO COVER FESTIVAL

RTÉ Radio 1 Kathryn Thomas will head up the stations bumper coverage of the Killarney Festival 2015. The radio station is the official radio partner to this year's Killarney Festival of Music & Food and will have a forest full of music, comedy and entertaining talk to keep both festival-goers and Radio 1 listeners entertained.

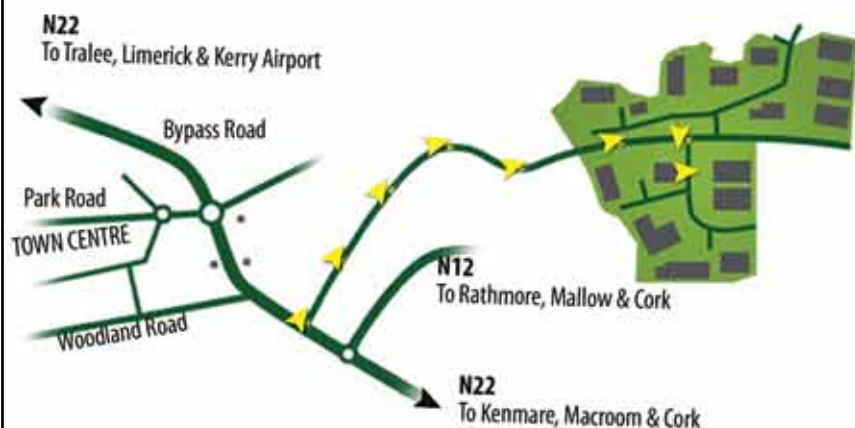
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WE JUST CAN'T WAIT FOR THE 4TH OF JULY



KATE O'LEARY, PRESIDENT, KILLARNEY CHAMBER OF TOURISM & COMMERCE LAUNCHES THE 4TH.. 3RD.. OF JULY FESTIVAL WITH THE AMERICAN BALD EAGLE AT ROSS CASTLE KILLARNEY. PICTURE BY DON MACMONAGLE

We just can't wait.... Killarney will be celebrating American Independence Day as the town hosts its second Killarney 4th of July Celebrations - a day early. "The Big Parade" will take place on Friday evening the 3rd of July..... could only happen in Killarney.

The Big Parade on Friday evening kicks off what will be an action packed weekend of Fun, Frolics and Football not to mention the awe inspiring Ring Of Kerry Charity Cycle on Saturday 4th of July.

Following the huge success of Killarney 4th of July Celebrations last year this year's offering is shaping up to be even bigger, better, and more colourful than last year.

This daylong celebration of America's Independence is again being organised by a subcommittee of Killarney Chamber of Tourism & Commerce under the stewardship of Diarmuid Leen and supported by Kerry County Council, Fáilte Ireland, IPB Insurance, O'Donoghue Ring Hotel Group, Heineken Ireland, and The Henggeler - Moriarty Family.

Down town Killarney will be transformed into Main Street USA and the town will come alive with street entertainment throughout the day. Watch out for The Wild West Troupe as they roam the town shooting up the place looking for an easy target or Bank to raid. Brass bands and can-can girls will perform on the streets and if you are feeling peckish don't forget the celebration charity BBQ at 2pm at Scott's Hotel. Scott's Street kindly sponsored by the Henggeler-Moriarty Family in aid of Kerry Cancer Support Group.

The Big Parade will commence at 8.30pm and will follow the same route as last year, so make sure you take up your vantage point along Main Street or New Street for the best view. As last year

The Big Parade will wind its way into the Beech Road Car Park where revellers will be treated to a fantastic evening of American Swing Music with "The Swing Cats". No 4th of July Celebration even if it is on the 3rd of July would be complete without a spectacular fireworks display which will round off the evening and light up the night sky over Killarney.

All of this of course coupled with the fact that this will be the evening prior to the fantastic Ring of Kerry Charity Cycle will ensure that the town centre will be a hive of excitement, activity and fun for all the family.

Business owners are encouraged to participate in the celebration and decorate their premises accordingly; to this end USA flags are available for purchase from Kate O' Leary at The Laurels Public House Killarney.

On the 4th of July celebrations this year will come to a close with the 7 am "Dawn Chorus" of the Star - Spangled Banner performed by a chorus drawn together from local choirs specially for the event, and the ceremonial hoisting of the USA flag over the Town Hall. This was an incredibly emotional affair last year attended by hundreds of our American visitors and locals alike.

Kate O'Leary, president of Killarney Chamber of Tourism & Commerce expressed her gratitude to our partner's Kerry County Council, Fáilte Ireland and IPB Insurance, who support this event bringing communities together through a community tourism initiative for the Diaspora. Kate also thanked sponsors O' Donoghue Ring Hotel Group, Heineken Ireland, The Killarney Park & Ross Hotels, The International Hotel, Scott's Hotel, M D O' Sheas Ltd, and The Henggeler-Moriarty Family without whom she said this celebration would not be possible.

SCHOOLS TO DELIVER SAFETY MESSAGE

Schools in the county have been asked by the Health and Safety Authority this week to help in the prevention of farm accidents involving children.

The Authority has written to all primary school principals asking them to make the last message they give to children before the summer break a farm safety message. Farm accidents have claimed the lives of 23 children in the last decade and farms remain the only workplace where children still continue to die. Recent weeks have seen the death toll rise again in what is always a horrific tragedy for families and heart-breaking for their communities. Summer holidays are a high risk time for children who are off school and spend a lot of time on their family farm or visiting friends' and relatives' farms.

Chief Executive of the Health and Safety Authority, Martin O'Halloran said, "We are calling on schools to join us in a national effort, to prevent children from being seriously injured or dying in a farm accident this summer. I am asking every teacher to spend 30 minutes communicating key farm safety messages to children. Summer is a very busy time for farmers when much work needs to be done. Farmers need to be prepared for the presence of children during the holidays."

The top risks to children on farms in the summer period are: tractors, machinery and other farm vehicles; travelling on farm vehicles; playing where there is work activity on the farm; unsupervised access to farm animals; playing near slurry pits or being around slurry agitation activity.



OPEN DAY AT PONY TALES STABLES

Just a reminder that the open day at Pony Tales Stables will take place this Sunday June 21st from 2-4pm.

On the day you can learn about summer camps throughout July and August along with

Therapeutic Riding Programmes and Adult and Children's Riding Lessons.

There will be free pony rides, a chance to get up close to the ponies and have a chat with the

Veterinary Centre Nurse from the Small Animal Clinic in Kenmare.

10% discount will be available for Summer Camps booked on the day.



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5-IN-A-ROW FOR THE LAKE HOTEL



THE HUGGARD FAMILY PICTURED WITH MANAGEMENT AT THE LAKE HOTEL, KILLARNEY CELEBRATING ANOTHER TRIPADVISOR WIN – 5 IN A ROW.

Popular Killarney hotel, The Lake Hotel is celebrating the news that it has been recognised as a TripAdvisor Certificate of Excellence 'Hall of Fame' winner.

The Certificate of Excellence award celebrates excellence in hospitality and is given only to establishments that consistently achieve great traveller reviews on TripAdvisor. The 'Hall of Fame' was created to honour those businesses that have earned a Certificate of Excellence for five consecutive years. Winners include hotels located all over the world that have continually delivered a superior customer experience.

'Being awarded the TripAdvisor Certificate of

Excellence five years in a row and inducted into the 'Hall of Fame' is a true source of pride for the entire team at The Lake Hotel, Killarney and we would like to thank all of our past guests who took the time to complete a review on TripAdvisor," said Tony Huggard, Managing Director at The Lake Hotel. "There is no greater seal of approval than being recognised by our customers therefore this accolade is a remarkable vote of confidence in our business and our continued commitment to excellence."

The Lake Hotel, Killarney was established in 1820 and has been owned and operated by the well-known Irish hotelier family, the Huggards, since 1940.

NEWLY WED PUNTERS COLLECT €2,500 GRAND NATIONAL WINNINGS



REGIONAL MANAGER SHIRLEY KILMARTIN, JASON AND AISHLING MCELLOGOTT AND ALAN O'BRIEN FROM BOYLESPORTS PARK ROAD SHOP KILLARNEY.

Following a hunt on social media to locate a bride and groom who popped into BoyleSports on Park Road in Killarney on their wedding day to place a bet on the Grand National, lucky Listowel couple Aishling Duggan and Jason McElligott were presented with a cheque for €2,500 by the bookmakers.

"Images of a bride and groom entering the Park Road shop in Killarney surfaced online and BoyleSports launched a man hunt to find out the identity of the couple to offer them a whopping €2,500 cheque on the Grand National winner, Many Clouds. After much help from social media followers, BoyleSports tracked down the couple who married in Listowel and stopped off on the way to their reception in Park Hotel Killarney in

full wedding attire.

As a token of appreciation of their dedicated custom, BoyleSports wanted to offer Aishling and Jason a belated wedding present, giving the happy couple a €100 bet on Many Clouds, who won the Grand National, at 25/1.

Since the couple were away on their honeymoon when the search was happening they were unavailable to collect their winnings, but on Saturday 13th June they returned to the Park Road shop in Killarney to receive their cheque for €2,500.

Aoife Heffron, PR Executive at BoyleSports, commented "It has been a whirlwind of activity trying to track them down and we want to thank everyone who contacted us with information." She added "More importantly we want to thank Jason and Aishling, despite it being their special day, for sticking with tradition and betting with BoyleSports on the Grand National. We wish them all the best with their winnings and with their life as a married couple."

Aishling McElligott commented "When we got off the plane in Barbados, we switched our phones on with messages from Jason's sister saying they were all ok but ring home ASAP when we get the message. We were shocked and thought they were messing with us. Texts kept coming from all our friends - it was a fantastic surprise."

KCC NOTICE OF MOTION



CLLR MICHAEL GLEESON.

"At the June meeting of the council Councillor Michael Gleeson asked that every effort would be made to ensure that forestry owners would ensure that trees on their property growing close to

roadways would be made safe.

The Council replied that under Section 70 of the Roads Act there is a statutory obligation on all landowners to take all reasonable steps to ensure trees growing on their property are not a hazard or a potential hazard to users of public roadways.

It is the objective of the County Development Plan to ensure that afforestation is not located in a manner that would adversely impact on the maintenance of the public roads or on users of those roads. However only large plantations require planning permission. Smaller plantations are exempt from planning and therefore the council cannot enforce specific conditions prior to planting.

Councillor Gleeson stated that he is greatly concerned for the welfare of road users at a number of locations due to the tall trees swaying precariously over the roadways. He asked the Council to be proactive in seeking to ensure that forestry owners maintain their trees as safely as possible and that it would lead by example and refrain from the roadside planting of trees that grown more than 3 or 4 metres in height.

RUGBY AGM

Killarney RFC is holding its AGM next Wednesday the 24th at 8pm at the Plaza.

READING TOUR AT KILLARNEY LIBRARY

The Kerry Women Writers' Network Summer Reading tour takes place at Killarney Library on Thursday 25th June at 6.30pm followed by an Open Mic session for writers.

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BEAUFORT FARMERS "WRAP IT PINK"

A Beaufort farmer is one of many who have opted to wrap their silage bales in pink to show their support for cancer awareness.

Kieran Breen (pictured right) has according to neighbours, brightened the journey through Beaufort.



This year Dairygold Co-Op has joined forces with the Irish Cancer Society in a highly

innovative new initiative called "Wrap it Pink." The focus of this initiative is designed to raise cancer awareness in rural Ireland as well as raising much needed funds for the Irish Cancer Society. Farmers all over Ireland are being encouraged to wrap their silage bales in pink this summer.

The distinctive high quality, Irish made wrap is available through Dairygold Co-Op Superstores and for every bale of wrap purchased, a donation will be made to the Irish Cancer Society.

The 2015 silage season is already underway so watch out for fields of pink in your area as a result of this unique partnership between Dairygold and The Irish Cancer Society. "It is our belief that this initiative has the potential to significantly raise cancer awareness in the agri-sector whilst also generating funds to support



BEAUFORT FARMER KIERAN BREEN PICTURED BALING WITH ROBERT SWEENEY.

cancer research and the other very important activities of the Irish Cancer Society."

This pink silage wrap is available from Dairygold Co-Op Superstores across Munster or go online to www.coopsuperstores.ie for nationwide delivery.

NEW EXHIBITION AT THE LIBRARY

Killarney Library will host an exhibition entitled "If I could say one thing to other communities", an exhibition by Jerrieann O'Sullivan based on a four-year research project which identified and shared knowledge from the experiences of living with the Corrib Gas project. The exhibition runs from Monday 22nd June to Saturday 4th July during library opening hours with the launch taking place on Tuesday 23rd June at 6pm.

One of the speakers at the launch will be Killarney man John O'Shea who has recently returned from Peru.

John will be speaking as a Comhlamh member and will briefly compare some of the issues at the Corrib Gas Dispute with other international disputes, with whom he has worked alongside in the last year, including one community in the Northern Highlands of Peru who are engaged in a long running dispute over the largest proposed goldmine in the world, called 'Conga', as it will destroy



KILLARNEY MAN JOHN O'SHEA (SECOND FROM RIGHT) PICTURED WITH TRADE UNION MEMBERS ON STRIKE OUTSIDE FACTORY GATES IN VILLAVICENCIO, COLOMBIA.

the natural water basin for the region. He will talk about Colombian Trade Union USO, who campaigned to have a private license granted

to foreign companies re issued to the State Oil Company 'EcoPetrol' last year.

STAYING ALIVE AT 1.5



KERRY COUNTY CLLR DONAL GRADY, WHO ALLOCATED €1,000 FROM HIS COUNCILLORS ALLOCATION FOR THE PRODUCTION OF CAR AND LORRY STICKERS TO SUPPORT THE 'STAYING' ALIVE AT 1.5 SHARE THE ROAD' CAMPAIGN THAT PROMOTES SAFE DRIVING FOR MOTORISTS PHOTO: EAMONN KEOGH:MACMONAGLE.COM

Staying Alive at 1.5 is the message that Kerry County Councillor Donal Grady wants to get across to motorists. Cllr Grady has allocated €1,000 from his Councillors Allocation for the production of car and lorry stickers to support the 'Staying' Alive at 1.5 share the road' campaign that promotes safe driving for motorists and a mandatory safe overtaking distance of cyclists of 1.5 metres. The motion to support the campaign was proposed by Cllr John Joe Culloty at a council meeting earlier this year. Cllr Donal Grady also proposed that Kerry County Council ensure that the main roads in Kerry are more cyclist friendly in view of the number of people who have taken up cycling and the upcoming Ring of Kerry Cycle

and that appropriate signage be erected.

Cllr Grady also said that cycle lanes are not kept clear in the winter and there are leaves and dog foul on them. He asked if he could allocate €1,000 from his Councillors Allocation to purchase car and lorry stickers for use in the Killarney Municipal District.



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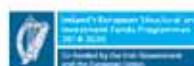
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JOINT WINNERS FOR ARTS AWARD



KERRY COUNTY COUNCIL'S KILLARNEY MUNICIPAL DISTRICT ANNOUNCED THE 2015 EAMON KELLY MEMORIAL BURSARY AWARDS ON MONDAY NIGHT, AT THE KILLARNEY CHAMBER. THE RECIPIENTS WERE, RORY WARD, KILLARNEY, AND MARGARET O'SULLIVAN, 1ST LEFT. MAYOR OF KILLARNEY, JOHN JOE CULLOTY WAS ON HAND TO PRESENT THE BURSARIES. INCLUDED, ALSO INCLUDED IS, KATE KENNELLY, ARTS OFFICER, KERRY COUNTY COUNCIL. PHOTO: VALERIE O'SULLIVAN.

Margaret O'Sullivan and Rory Ward have been announced as this year's joint winners of the Eamon Kelly Bursary Award.

Margaret O'Sullivan is an actor with many years experience that she is hoping to pass on to drama students in Kerry. The bursary will go towards training with the Royal Shakespeare Company in Stratford on Avon, where she will learn skills that she hopes to bring home for the benefit of many young actors while Rory Ward has been a member of the Killarney Musical Society from an early age and has an interest in musical theatre. With assistance from the bursary he plans to continue developing the skills necessary for musical theatre - singing, acting and voice training.

The Eamon Kelly bursary honours the memory of one of the greatest Kerry artists. He was born in Glenflesk in 1914. He joined the RTE players in 1952 and throughout the 50s and 60s he brought his own unique art of storytelling to the public through RTE.

Eamon Kelly was nominated for a Tony award in Broadway for his starring role in the Brian Friel play, Philadelphia, Here I Come and I'm sure he would be delighted to see two theatre people receiving this bursary today. Following his passing in 2001 and following discussion about the importance of remembering his legacy and contribution to the arts it was agreed that a bursary to support the development of artists should be established in his name.

Following the dissolution of Killarney Town Council last year the responsibility for the bursary was handed to Kerry County Council Arts Office. On behalf of Kerry County Council, Cllr John Joe Culloty thanked the members of Killarney Arts for all great work done over the years in running the bursary and bringing such a valuable piece of support to artists in the Killarney area.

The recipients of the bursary over the last eleven years come from a wide range of artistic practices - film-makers and visual artists, singers, storytellers, musicians and writers.

SOMETHING FOR EVERYONE AT KILLARNEY FESTIVAL OF MUSIC & FOOD

Kiddies will be well catered for at the Killarney Festival of Music & Food - the family friendly boutique festival, which is taking place on 27 & 28 June at Killarney House Demesne. This week the organisers announced the line-up of kids activities which will take place across the weekend. The festival welcomes all ages and kids under 12 are FREE when accompanied by an adult.

In addition to a first class line-up music and comedy line up featuring Duran Duran, Jools Holland, TEXAS, The Proclaimers, Burt Bacharach, ABC, The Undertones, Paddy Casey, Damien Dempsey, Delorentos, Walking on Cars, Apres Match, Neil Delamere, Deirdre O'Kane and Jason Byrne, a variety of children's activities will take place over the festival weekend including Kids Yoga, Musical workshops, Storytelling, an interactive mini zoo, the Exploration Dome, Candle Making and a Helter Skelter. And Festikids will be offering a child minding service at Killarney Festival to parents. A funfair with a number of attractions will be at Killarney Festival of Music & Food and will include a Ferris Wheel, Vintage Carousel, Wave Swinger, Chair O Plane, Dodgems and Twist Ride. Other kids activities on offer include Abracadabra Story Telling - The Animal Roadshow - Exploration Dome - Gymboree - Helter Skelter - Hula Hoops - puppet shows and sand arts cards.

Festi'Kidz for parents who are hoping to enjoy a few hours of the Killarney festival 'kid free' can leave their children with Festi'Kidz. Festi'Kidz, a service offered by "Last Minute Minders" provides a child minding service so you can have a few child free hours while the kids are entertained with workshops such as mask and kite making, arts and crafts, a science centre, dress up station and music making.

CORK TEAMS ON TOP IN COLM COOPER TOURNAMENT

Primary schools from Kerry and Cork were represented at the annual Colm Cooper Presentation Monastery Tournament which was held last Friday at the Dr. Crokes pitch in Killarney.

Once again all the Presentation Primary schools were represented and the standard of football this year was exceptionally good, with the Cork City schools particularly strong. The schools who took part were, St. Josephs Mardyke, Scoil Mhuire Cobh, Bunscoil Chríost Rí, Greenmount ns Turners Cross, Nagle Rice school Milltown and hosts The Mon Killarney. After some great games early in the day the final saw two Cork teams battle it



COLM COOPER PICTURED WITH THE MON TEAM AT THE ANNUAL COLM COOPER PRESENTATION MONASTERY TOURNAMENT WHICH WAS HELD LAST FRIDAY.

out with St Joseph's Mardyke overcoming Chríost Rí in a very entertaining game.



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THE SPIRIT OF JOHN EGAN TO LIVE ON IN KILLARNEY

The spirit of one of Kerry's most famous sons will live on this July with the Comortas John Egan taking place on July 10th and 11th. His family along with members of the Kerry County Board both Senior and Coiste along with Kerry players Colm Cooper and Darren O'Sullivan helped launch this year's competition 24 teams of boys and girls taking part, which will begin with a parade through Killarney on the Friday evening, July 10th and ending up with the finals in Fitzgerald Stadium on Saturday morning.

Speaking to the Outlook Mary Egan wife of the late John spoke passionately about, the six time all Ireland winner. "He used to joke that I was the only corner back he could not get away from. It's hard to believe that he would have been 63 today and I think it's great that the GAA in Kerry remember him especially with a juvenile competition as apart from playing he love coaching and training young kids both boys and girls." Mary from Abbeydorney who also played football, camogie and soccer is still an avid follower of Kerry and was delighted to see Colm attend the launch. "Ah he is amazing and I'm delighted to see him back from injury. I hope he will have a great season." Also Speaking to the Outlook was John Egan junior who is now following his sporting dream in the blue and white colours of Gillingham "last season went really well, I played more than 50 times for them and picked up club player of the year". Egan who had spells with Sunderland, Crystal Palace, Sheffield United, Bradford City and Southend is now a firm fixture with Gillingham having signed in July 2014.



PICTURED AT THE COMORTAS JOHN EGAN LAUNCH BACK L TO R: COUNTY CHAIRMAN PATRICK O'SULLIVAN, COLM COOPER, BILLY BRODERICK (COISTE NA nOG), DARRAN O'SULLIVAN, MUIREANN EGAN, LAOISE EGAN. FRONT: L TO R: TOM KEANE (CHAIRMAN COISTE NA nOG), DARAGH KEANE, MAIRIN EGAN, JOHN EGAN, MARY EGAN, TOMAS O hAINFEIN

One of his standout memories is a goal he scored for Southend in a 2-2 draw against Scunthorpe United, where he scored a spectacular long-distance effort.

Egan echoed his mother's thoughts on the tournament "I think it's great and really special, even though I might be in England and born in Cork, we are real Kerry fans and every chance I get I love to watch the games. With Sky Sports now, I get to follow it a lot more. I'm delighted that the GAA here run the tournament and it's a lasting legacy that important to us as a family," He concluded.



JOHN EGAN AND COLM COOPER JUMPS FOR THE BALL AT THE LAUNCH OF THE COMORTAS JOHN EGAN.

HALF OF YOUNG IRISH MAY HAVE MENTAL DISORDER

More than half of young people could have a mental health disorder before the age of 25 according to a new study.

The conditions are mostly mood disorders, anxiety, abnormal eating habits and alcohol abuse, said the research published in the "Irish Journal of Psychological Medicine"

The study involve a large representative sample of young people from schools in North County Dublin, across the whole economic divide, interviewing them at age 12-15 and following them up when they were 19-24 years old.

The research found 28.4pc had mood disorders, 27.1pc suffered anxiety, and 22.7pc had substance abuse disorders. One in four had more than one problem.

Personality disorders were found in 2.3pc while lifetime prevalence of binge-drinking was 75pc and cannabis use 65pc. The results underline the importance of early intervention in order to

give young people the best chance to get on with having full, productive and normal lives, said the College of Psychiatrists in Ireland.

Other research shows that family is central to the young person's mental health.

The majority of mental illness begins in childhood and adolescence. What the research highlights is that young people do not seem to cope with modern life. Most young people now are just learning virtual relationships on screens, and are not learning relationships with their own self. They live in the reality of other people on screens, and then they do not appear to be able to cope with their own reality.

This is having serious consequences for our young people, and I am not being paranoid when I predict that we have a tidal wave of Mental Health issues for young people coming in the next ten years.

The sad reality is that we do not have the

mental health services to cope with this rising tide. There is hope however, and hope lies in the family. If we can just educate parents and society just to live life more consciously, family can play a very important role in helping our young people. In my programme "Manage Your Life by Managing Your Mind" the great feedback the people come back with is their "wonder" at how simple it is to be well if we have the right tools. We do need to learn to sit back and take a breath as a society, because all the signs and research are now telling us, that we are on a fast track to poor physical and mental Health Tsunami if left unchecked.

Dr Fergus Heffernan will present a weekend seminar entitled 'Managing Your Life by Managing Your Mind - Finding Resilience in Tough Challenging Times' In Killarney from Friday June 19th to Sunday June 21st. Booking by phoning 087 4633299.

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Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

KILLARNEY ATHLETES TO COMPETE IN HOLLAND

Three Killarney athletes are among a group of 18 from the county who will be representing Tralee at this year's International Children's Games in Alkmaar, Holland from June 24th to 29th.

Jack Hanrahan and Mairead Barrett will compete in Judo, while Robert Osbourne will fly the Killarney Celtic flag as part of the Soccer team.

The group are all set to travel on Sunday June 21st from Cork to Amsterdam and are eagerly awaiting the call to action and competition. The athletes will participate in Soccer, Judo and Athletics and the athletes will have the support of over 50 travelling supporters, all family members in the main. As always Tralee ICG are taking the maximum number permitted by the host city, which in the case of Alkmaar is 18 athletes per city/town. A total of 93 cities and towns from across the globe will be represented at the Games, with over 1350 athletes competing in Swimming, Athletics, Soccer, Judo, Volleyball, Golf, Beach Volleyball, Gymnastics and Tennis.

The International Children's Games and Cultural Festival is operating on a city to city basis since 1968 and is currently the largest multi-sport youth event in the world annually-in effect a "mini-Olympics" for children. Countries such



KILLARNEY AND CROMANE CHILDREN WHO WILL TRAVEL TO ALKAMAAR 2015 CHILDREN GAMES JACK HANRAHAN (KILLARNEY), CORA JOY (CROMANE) AND MAIREAD BARRETT (KILLARNEY JUDO) AND ROBERT OSBORNE (KILLARNEY/ SOCCER). PIC JOE HANLEY.

as the USA, Canada, Singapore, China, Russia, Australia, Kenya, Slovenia, Switzerland, and of course Tralee, Ireland will attend in Holland.

The team and delegation fly out from Cork on Sunday June 21st and will spend two days in

Alkmaar, during which they will spend a day touring North Holland and a day in Amsterdam, prior to their arrival at the Games Village in Alkmaar Noord on Wednesday, June 24th. They will return to Cork on Monday June 29th.

CALLING ALL CAR ENTHUSIASTS VINTAGE SHOW FOR KILLARNEY



MEMBERS OF THE KILLARNEY VALLEY CLASSIC AND VINTAGE CLUB PICTURED AT THE LAUNCH OF THEIR OPEN DAY AT THE KILLARNEY OUTLET CENTRE RECENTLY. PICTURE: JOHN O'SULLIVAN.

Vintage car enthusiasts will be out in force in Killarney in July when the Killarney Valley Classic & Vintage host a Classic & Vintage Car Show at the Outlet Centre, Killarney on Sunday 12th July.

The group are issuing an open invitation to car enthusiasts to bring their own Classic or Vintage car to the show. Entry fee is €5 and the show gets underway at 11:00am. Members of the public are also invited to come

along and enjoy these old cars and also to see some dream cars on the day.

Refreshments and a BBQ will be available on the day along with all that the Killarney Outlet Centre has to offer. Donations will be accepted on the day for the group's chosen charities, the Kerry Mountain Rescue and the Kerry branch of the Irish Kidney Association. For further information you can contact the group's secretary on 087 3381842 or our website killarneyvintage.com.

Preparations are also underway by the group for the South Kerry Ploughing Championship and Harvest Show which will take place in Fossa on Sunday 13th September.

Owing to the brilliant success of last year's show, the organising committee are busy planning this year's event which promises to be bigger with extra attractions for all the family. Further details will be announced in the coming weeks. This year's beneficiaries are the Kerry Mountain Rescue and the Kerry branch of the Irish Kidney Association.

Applications for Trade Stands at the Show are now open and any company interested in having a Stand at this year's show should contact Cyril Wharton at **086 2310877** or check our website killarneyvintage.com.

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Price Region: **€450,000**

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By Dermot Cronin,
Financial Advisor



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Yes, by comparing and reviewing your mortgage insurances you could reduce your monthly outgoings. The savings can be very substantial considering a mortgage can be for up to 40 years, this of course is on a case by case basis. The insurances many people have include mortgage life cover, serious illness cover, payment protection and income protection. Some of these insurances are compulsory and are a condition of your mortgage such as mortgage life cover and others are not compulsory. To compare and review your insurances is simple. Get all the info you have on your policies & bring them to an independent financial advisor. An independent advisor will have access to many insurances companies and will do a comparison of these products for you. They will explain in detail what cover you have & let you know if you are overpaying for some of these insurances. They should also explain these products to you in detail and if in their opinion these products match your need now and more importantly if you do not have adequate cover in some areas. A big saving can often be made where a person was a smoker when they took out their policy but are now non smokers with over 12 months.

To make an appointment in relation to the above or any other matter you can contact Dermot Cronin at **0646622775** or kerrymortgagecentre@eircom.net.

ROW ROW ROW YOUR BOAT.... 230TH KILLARNEY REGATTA LAUNCHED



HALL OF FAME WINNERS: FRONT L TO R: MAUREEN MCCARTHY (O'DONOGHUE), MARY LOONEY, JOHN O'LEARY, MARY LYNCH REPRESENTING HER FATHER GEORGE LYNCH, BLANCHE DOYLE (O'BRIEN). BACK: ANGELA AHEARNE (BARRY), YVONNE FLEMING (QUILL), ANN HURLEY, PATRICIA HURLEY (LYNCH), REPRESENTING THEIR MOTHER CYNTHIA O'SULLIVAN JANET & KAREN O'SULLIVAN.

Representatives from the various rowing clubs in the Killarney area attended the launch of Killarney Regatta at the Killarney Avenue Hotel on Thursday last, 11th June.

The 230th Annual Killarney Regatta will be held at Killarney Golf and Fishing Club on Sunday 28th June - Admission is free and the first race leaves the start at 9.30am. The regatta programme consists of sixteen races catering for all ages from under sixteen to veteran, boys and girls ladies and men, run over three courses, all rowed in traditional Killarney Six wooden boats. Entries have been received from all six Killarney clubs, Fossa, Workmen, Muckcross, Flesk Valley, St. Brendan's and Commercial's.

Onshore entertainment of music and dancing, bonny baby competition, barbecue, marquee bar, children's entertainment etc.

Regatta Dance and presentation of trophies and Regatta Queen selection will be held in the Killarney Oaks Hotel on Tuesday 30th June commencing at 9.00 pm. Tickets can be purchased at the door. Speaking at the launch, the chairman Pat Cronin thanked the sponsors of their generous support over the

years without who it would not be possible the run the regatta, he also thanked all those who help organise and run the regatta along with the club trainers who devote long hours on the lake training crews.

The launch was also attended by the Regatta Queen contestants. Representing their Clubs will be Illona O'Donoghue (Flesk Valley), Fiona Tangney (St. Brendan's), Roisin Murphy (Fossa), Aine O'Sullivan (Muckcross) and Roisin O'Hare Doherty (Workmen).

The President John O'Leary made presentations to the St. Brendan's Senior Ladies crew of the 1970's who were inducted into Killarney Regatta hall of fame. The Ladies earned themselves a tremendous reputation by winning six senior races, five of them stroked by Anne Hurley and sixth by her sister Patricia. Four of these were in succession. Great credit must go to trainer and cox George Lynch R.I.P., for a remarkable achievement. The ladies concerned were the Hurley sisters Anne and Patricia, the Hearne sisters Elizabeth and Angela, the O'Connor sisters Deirdre and Emer, the Looney sisters Mary and Noreen, Maureen McCarthy, Sheila



1973 PHOTO: **ST. BRENDAN'S LADIES SENIOR SIXES CHAMPIONS** L TO R: MARY LOONEY, PATSY MCSWEENEY, ANN HURLEY, ANGELA BARRY, MAUREEN MCCARTHY AND EMER O'CONNOR.



2015 REGATTA QUEENS. ROISIN O'HARE DOHERTY, ROISIN MURPHY, ILLONA O'DONOGHUE, AINE O'SULLIVAN AND FIONA TANGNEY.

Doran, Yvonne Fleming, Blanche Doyle, Gemma Nolan, Noreen Downey, Patsy McSweeney and Cynthia O'Sullivan.

BUSY TIMES FOR CONCERT BAND



CONDUCTOR VINCENT CONDON GIVING INSTRUCTION TO THE GLENEAGLE CONCERT BAND AS THEY PERFORM A FREE CONCERT ON THE STREETS OF KILLARNEY IN 2012. PHOTO: VALERIE O'SULLIVAN

Members of the Gleneagle Concert Band have a busy schedule lined up for the Summer with bookings for numerous events around the county.

"We will be performing at all the big festivals in Kerry during the summer -, Killarney's 4th of July Festival, Puck Fair and The Rose of Tralee" said Conductor Vincent Condon.

"The 4th of July Festival in Killarney will certainly be a highlight for us as we will be joined by our good friends in The Blarney Brass and Reed Band for a massed band performance at 7.00pm on the Friday evening July 3rd. This performance takes place on Main St and we encourage everyone to come along to hear how fantastic the big band sound really is."

The band will also perform an outdoor concert on Main St in Killarney on Tuesday evenings in July.

The Gleneagle School of Music and Concert Band are currently recruiting new members for

September. Children aged nine and upwards are invited to enrol and there are a limited number of instruments available free of charge on a first come first serve basis.

Established in 1981 The Gleneagle School of Music is renowned for excellence and provides a first class comprehensive and complete music education programme including one to one instrumental lessons, theory classes and various ensemble groups.

Adults with previous musical experience and former band members are also welcome to join the Senior Gleneagle Concert Band. For further information contact Vincent on 087 2229513.

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KILLARNEY ATHLETIC'S 50TH ANNIVERSARY

As Killarney Athletic Soccer Club prepare to celebrate their 50th anniversary, Killarney Outlook will feature highlights of the autobiographical account of the formation of the club by founder Dan Harrington. Dan was a member of the Garda Siochana and served in Killarney from 1965 to 1969,



THE FIRST DAYS OF THE CLUB – 1965



FRONT L/R - SEAN O'DONOGHUE, JOHNNY HEFFERNAN, DAN HARRINGTON, DON O'DONOGHUE, PAT DOODY, BACK L/R - JOHN SPARLING, BYRAN HOLMES, JIM O'SULLIVAN, DONAGH GLEESON, ROLAND STINAKAR, DONIE DOYLE.

In September 1964 I joined the Garda, trained at Templemore and in January 1965 on the completion of training I was posted as a Garda to Killarney; my 19th birthday had just passed. My duties in those early days of my career included foot patrol in Killarney Town Centre. It was one afternoon in the spring of 1965 that I was patrolling High Street when I saw a group of youths playing soccer in the public car park known locally as the 'Sand Pit Car Park', now the High St Car Park. I walked into the car park and the immediate reaction from the youths was to start running away. Three of four stayed behind, Donagh Gleeson being one. They told me

that they were schoolboys from St Brendan's College. And that they "were going to run away too because when anyone in authority or from the GAA sees us playing soccer they tell us off in no uncertain manner".

I told them that I was a soccer player myself and that the following day I would be finished my morning shift at 2pm and that I would come and join in with them for a kick around. This I did and I cannot remember whether I played for the The Oranges or The Bananas but I do remember that Donagh Gleeson, Kieran O'Brien, Tom 'Sossy' Mullins, possibly Don O'Donoghue and others were there. My apologies for the exclusion of names. I recall also, at other times when I was on patrol in the town and the boys were on their way home from school, informal meetings and chats about a soccer club took place at the Market Cross.

Later on that year more formal meetings took place in the town hall in a room given free of charge and it was at these meetings, particularly in the winter of 1965/66 that the plans for the future took place. It was mainly younger players who attended but were also joined by some slightly older boys such as Sean O'Donoghue, John Sparling and 'Big' Jim O'Sullivan. The large Hilliard's shop on Main Street allowed us to advertise in their shop window – mainly about meetings and get-togethers.

As the weeks progressed through the spring and summer of 1965, Mr O'Brien, a builder and father of Kieraney (one of the youths) gave us permission to train and play on a patch of land that he owned next to the St Finan's Hospital wall and at the back entrance of the GAA ground (now Torc Terrace). I remember that scaffolding poles were used as goalposts. However, the strip of land was too narrow for a full size pitch. Nonetheless, we were delighted and grateful for his kind offer and it was here that the players in the U16/ minor teams were trained and developed.

The 50th anniversary history celebration of the club of course is not all about the foundation of the club back then but also very much about the people, teams and events that have happened within the club in 6 different decades since. We hope by our articles and photos to rekindle many old and some recent memories for people who may have had some link or association with the club and invite all who wish to contribute to contact Mike at 087 2727173 or Toirdealbhach at 087 6447603 also 50years@killarneyathletic.com

See www.killarneyathletic.com for more on the 50th Anniversary of the club,

KILLARNEY ATHLETIC A.F.C. KILLARNEY CREDIT UNION 7 A SIDE DRAW 2015

Fixtures will be on our website www.killarneyathletic.com or facebook from Sunday next 21st June.

GROUP 1

Mackeys Young Crew
Torc Hotel
Fossa City
The Shire

GROUP 2

Dunboy Greener Homes
Mackeys Crew
Woodlawn Bicycle Club
Berocca Juniors

GROUP 3

Un-Athletic Madrid
The Brehon
The Hobbits
FC Farcelona

GROUP 4

Connies Sexy 7's
Liebherr RTG
Tricel Killarney
The Cleveland Streamers

GROUP 5

The Speakeasy
Currow City
Paddy Keffe FC
Liebherr STS

GROUP 6

Dream Team
The Failte Bar
Dunloe Lodge
Tatler Toffees

GROUP 7

AGA Turkish Barber
Tim Jones Butchers
Shisha FC



MAKING THE FIRST ROUND DRAW IN THE KILLARNEY ATHLETIC/ KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT AT SCOTTS HOTEL ON MONDAY NIGHT WERE FRONT FROM LEFT, TOM TOBIN, MIKE O'SHEA, CHAIRMAN, AND DAMIEN MCCORMICK. BACK FROM LEFT ARE DON O'DONOGHUE, TERESA AND JOE DALY, MARY MCCARRICK AND JP MULLINS. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)

Liebherr Maritime

GROUP 8

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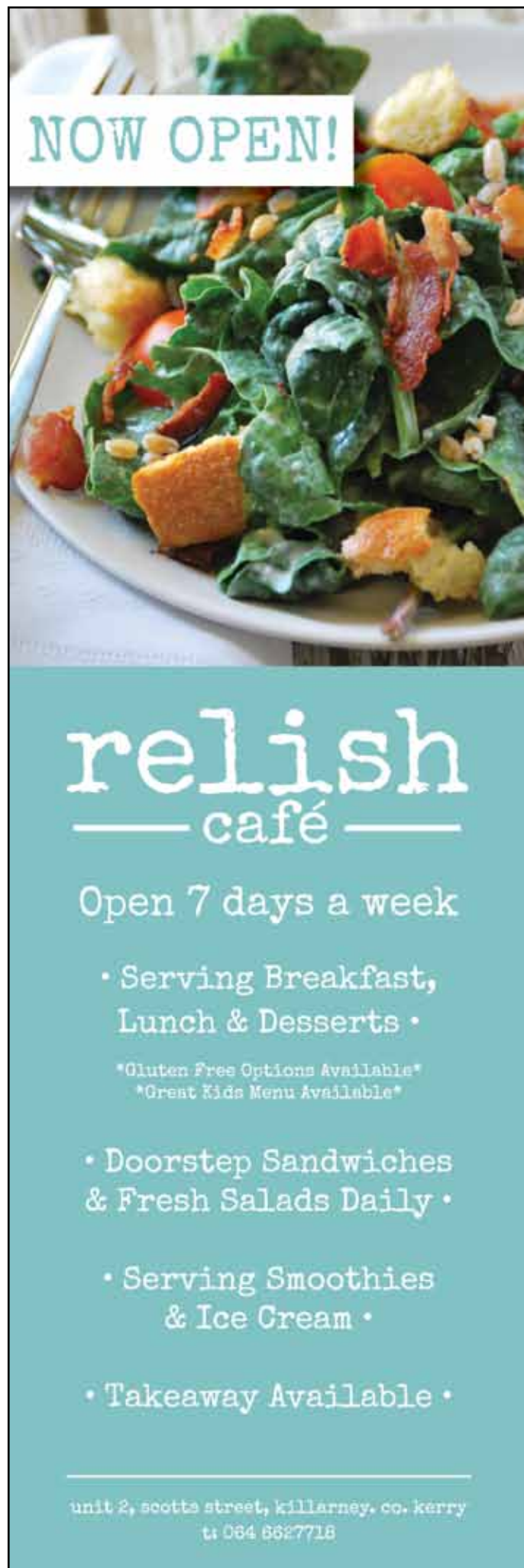


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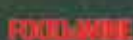
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DATES: July 13th - 17th

TIMES: 10am to 2.30pm

With a Trip on Thursday

VENUE: Gneeveguilla GAA Hall



TRÁ LÍ / TRALEE

DATES: July 20th - 24th

TIMES: 10am to 2.30pm

With a Trip on Thursday

VENUE: Cumann Iosaef

BAILE AN MHUILINN / MILLTOWN

DATES: July 20th - 24th

TIMES: 10am to 2.30pm

With a Trip on Thursday

VENUE: Nagle Rice Hall



BAILE UÍ THAIDHG / BALLYHEIGUE

DATES: July 27th - 31st

TIMES: 10am to 2.30pm

With a Trip on Thursday

VENUE: Ballyheigue Community Centre

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CONTACT: Risteárd Ó Fuaráin, Munster Development Officer with ÓGRAS
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6th July	Week 1
13th July	Week 2
20th July	Week 3
4th Aug	Week 4* (4 days)
10th Aug	Week 5
17th Aug	Week 6
24th Aug	Week 7

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PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE KNOCKANES NS FUNDRAISER WERE THE ORGANISING COMMITTEE WITH GUEST SPEAKER JOAN CASHMAN OF COLOUR & IMAGE ACADEMY FOR AN EVENING OF STYLE ADVISE. L-R KAREN HERLIHY, DIANE O'LEARY, HELEN O'CONNOR BURKE, ANN KELLY, JOAN CASHMAN, MARIE CROWLEY, NIAHM MORAN & DAPHNE O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



LINDA PALMER & JOAN LENIHAN PICTURED AT THE KILLARNEY PLAZA HOTEL WITH FIONA COLLINS OF STELLA & DOTT FOR THE KNOCKANES FASHION FUNDRAISER WITH THE COLOUR & IMAGE ACADEMY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE KNOCKANES NS FUNDRAISER TO HEAR GUEST SPEAKER JOAN CASHMAN OF COLOUR & IMAGE ACADEMY FOR AN EVENING OF STYLE ADVISE WERE BACK ROW L-R CATHERINE DUGGAN, LORRAINE HICKEY & JOANNE RYAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE KNOCKANES NS FUNDRAISER TO HEAR GUEST SPEAKER JOAN CASHMAN OF COLOUR & IMAGE ACADEMY FOR AN EVENING OF STYLE ADVISE WERE BACK ROW L-R MARY, LAURA & KATE SHEAHAN WITH ANNE MARIE O'CONNOR. FRONT ROW L-R ERIN DINEEN & CIARA O'CONNOR. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



BABY CILLIAN MURPHY WHO WAS CHRISTENED IN FOSSA CHURCH LAST SATURDAY PICTURED WITH HIS PARENTS LIZ AND JOHN AND BROTHER EOIN. ALSO PICTURED LEFT HIS GODFATHER KIERAN SCANLON AND RIGHT GODMOTHER ANNA SCANLON.



THE CHILDREN OF SCALLYWAGS PRE-SCHOOL, COOLIES, MUCKCROSS HAVE BEEN BUSY THIS SPRING SOWING THEIR OWN PUMPKINS, COURGETTES, POTATOES, TOMATOES, STRAWBERRIES AND EVEN AN APPLE TREE FROM SEED! INNOCENT IRELAND HAVE ENCOURAGED THE INITIATIVE THROUGH THEIR SOW N GROW PROJECT, AND THE PHOTO SHOWS THE CHILDREN WITH THEIR PRODUCE AND THEIR CERTIFICATE OF SUCCESS.



BILLY DANIEL BREEN FROM HAZELWOOD DRIVE, UPPER PARK ROAD, KILLARNEY PICTURED AT THE BIKEFEST RECENTLY. BILLY, WHO IS A KEEN BOXER WOULD LIKE TO HAVE A BIKE LIKE THIS WHEN HE GROWS UP.



CHILDREN FROM LORETO NATIONAL SCHOOL HELD A FANCY DRESS CYCLE TO CELEBRATE NATIONAL BIKE WEEK 13TH JUNE TO 20TH JUNE AND NATIONAL C.O.W. DAY 17TH JUNE (CYCLE ON WEDNESDAY). INCLUDED ARE BACK ROW L-R DAVID COURTNEY, CILLIAN MURPHY, GRACE O'SHEA, ELLEN MURPHY. FRONT L-R KENNETH & JAMIE O'MEARA, ROISIN BEAZLEY, AND RACHEL O'SULLIVAN DARCY.



SHEILA SUGRUE FROM ST. BRENDAN'S TERRACE IN KILLARNEY GETS A HUG FROM HER HERO TOM JONES AT THE 32 CLUB DANCE HALL IN HARLSDEN LONDON IN 1965 - 50 YEARS LATER, SHEILA AND HER HUSBAND JAMES LOONEY ARE PLANNING TO CATCH UP WITH THE MUSIC LEGEND WHEN HE PERFORMS AT THE INEC TONIGHT, FRIDAY JUNE 19TH.



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A look at the Wedding's taking place in Killarney.



PHOTOGRAPHED ARE NEWLYWEDS CONOR O'CARROLL & SIOBHAN BUCKLEY.

THE COUPLE WERE MARRIED LAST SATURDAY IN BWEENG AND HELD THEIR CELEBRATIONS LATER THAT EVENING IN THE MALTON HOTEL IN KILLARNEY.

PHOTO BY IAN CRONIN/ICPHOTOSTUDIO



PHOTOGRAPHED ARE NEWLY WEDS HAZEL HOURIGAN AND CILLIAN O' MUINEACHIN. THE COUPLE WERE MARRIED LAST FRIDAY IN ST MARY CATHEDRAL KILLARNEY AND HELD THEIR EVENING CELEBRATION IN THE MALTON HOTEL.

IMAGE COURTESY OF IAN CRONIN / ICPHOTOSTUDIO



RYAN ELIZ KELLY AND BRENDAN DONOVAN WHO HAD THEIR MARRIAGE BLESSED AT BALLYSEDE CASTLE ON 3RD JUNE.

THE COUPLE RESIDE IN BOSTON.

PHOTO: TARA DONOGHUE

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- George Bernard Shaw

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PATRICK O'DONOGHUE AND BREFFNI INGERTON OF THE GLENEAQQLE GROUP TOASTING OLIVE MELVILLE, PRESIDENT AND THE AIMS FRATERNITY AFTER ALL 1150 GUESTS WERE TREATED TO CELEBRITY CHAMPAGNE AT THE 50TH ANNIVERSARY OF THE ASSOCIATION OF IRISH MUSICAL SOCIETIES ANNUAL AWARDS IN THE INEC, KILLARNEY AT THE WEEKEND. THE GLAMOUR THREE DAY EVENT WITH 'OSCARS' STYLE AWARDS CEREMONY HAS BEEN HOSTED BY THE INEC SINCE 2004. PHOTO: DON MACMONAGLE



JOHN HURLEY FROM TRALEE MUSICAL SOCIETY WINNER OF THE 'SPIRIT OF AIMS' ADJUDICATOR'S SPECIAL AWARD GILBERT SECTION FOR THEIR PRODUCTION OF 'SISTER ACT' RECEIVES THE TROPHY FROM OLIVE MELVILLE, PRESIDENT AND MAJELLA FLANAGAN, VICE-PRESIDENT AIMS AT THE 50TH ANNIVERSARY OF THE ASSOCIATION OF IRISH MUSICAL SOCIETIES ANNUAL AWARDS IN THE INEC, KILLARNEY AT THE WEEKEND. PHOTO: DON MACMONAGLE



AISHLING O'CARROLL, LIGHT OPERA SOCIETY, TRALEE WINNER OF THE 'BEST FEMALE SINGER SULLIVAN SECTION' FOR HER PERFORMANCE OF 'CINDERELLA IN INTO THE WOODS' RECEIVES THE TROPHY FROM OLIVE MELVILLE, PRESIDENT AND MAJELLA FLANAGAN, VICE-PRESIDENT AIMS AT THE 50TH ANNIVERSARY OF THE ASSOCIATION OF IRISH MUSICAL SOCIETIES ANNUAL AWARDS IN THE INEC, KILLARNEY AT THE WEEKEND. PHOTO: DON MACMONAGLE



TAKING A BREAK FROM HARVESTING SILAGE AT LIAM FLEMINGS FARM GRENAGH FOSSA KILLARNEY THIS WEEK. (PICTURED L:R) ARE BALLYHAR MEN LIAM COURTNEY AND DONAL O'CONNOR.



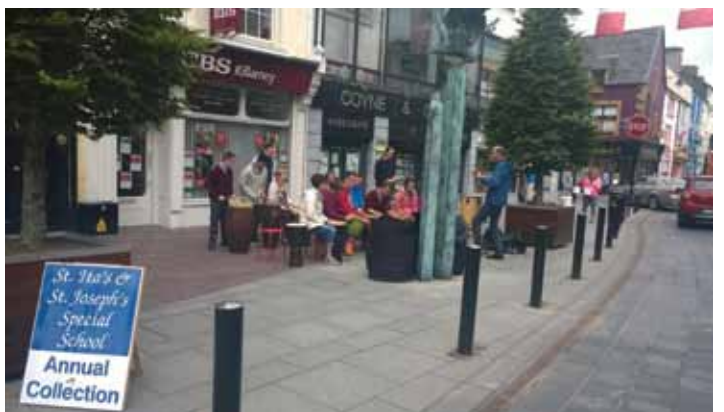
6TH CLASS PUPILS OF FIRIES NATIONAL SCHOOL ENJOYING A NIGHT OUT IN BOWLING BUDDIES TRALEE BEFORE THEY ALL GO TO SECONDARY SCHOOL IN SEPTEMBER.



A CHEQUE FOR €400 THE PROCEEDS FROM THE RAFFLE AT THE FOSSA/TWO MILE COMHALTAS RAMBLING HOUSE WAS PRESENTED BY TIM KISSANE TO THE KERRY STARS ON TUESDAY NIGHT AT THE TRAVEL INN, FOSSA. A PRESENTATION WAS ALSO MADE BY EILEEN LUCEY TO CLIONA PALMER ON ACHIEVING GOLD AND SILVER MEDALS AT THE EUROPEAN GAMES IN ANTWERP, BELGIUM.



MEMBERS OF THE GERMAN MICE BUYERS GROUP PICTURED WITH MAYOR OF KILLARNEY JOHN JOE CULLOOTY AT THE ROSS HOTEL ON MONDAY EVENING. PHOTOGRAPH BY SALLY MACMONAGLE.



STUDENTS AND TEACHERS FROM ST. ITA'S AND ST. JOSEPH'S SPECIAL SCHOOL IN TRALEE PERFORM ON MAIN STREET KILLARNEY ON THURSDAY AS PART OF THEIR ANNUAL COLLECTION.



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FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...



1. PICK EXERCISES YOU ENJOY

I always try to give the following types of advice to people to help them determine what kind of exercise they should pick.

- If you need motivation & lack drive to get out & about on your own then you need to come to classes or a personal training session

- If you are a person that likes the outdoors and doing stuff with your friends then get out doing walking, mountain trekking, & maybe starting training for the next adventure race!!!

- If you are a person that likes outdoor exercise but prefers to do it alone to clear your head, then maybe jogging is for you.

- Or if you are a person that doesn't like the outdoors but still likes the thought of exercising on their own, then get yourself into your local gym and ask them to make you up a personalized gym programme.

These days there has never been so many options for you to get active so take advantage of all that is available to you and stop making excuses.

MORE TIPS NEXT WEEK...

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OUTLOOK FASHION TIP:

MINIMAL MAKE-UP

Always keep your summer makeup minimal. Minimal and sheer makeup is the way to go when it's hot and muggy outside



DIET TIP EATING MORE NOT LESS

The best "diet" is one where you get to eat more food, not less. If you eat more fruits and vegetables, you shouldn't feel as hungry because these nutrient-rich foods are also high in fiber and water, which can give you a feeling of fullness. Snacking can be a good thing as long as you choose smart snacks.



Music Festival Fashion Tips

COMFORT OVER CUTENESS

Never sacrifice a day's comfort for a pair of cute sandals. When it comes to shoes, strive for a pair that will match your ideal concert experience. Leather boots might seem ridiculous for an audience member sitting on a lawn, but they would be the shoe of choice for a bout in a muddy mosh pit.

It's also worth noting that comfort doesn't have to mean ugliness. Canvas sneakers are always a solid choice.



THE CONNECTION BETWEEN DIABETES AND HEARING LOSS

Audiology Medical Services is a family-run premier independent hearing healthcare Practice who offer professional advice for patients and their referring Specialists. In Kerry, we are located at the Bon Secours Hospital and Scotia House, Tralee.

In this week's information feature, we explore the connection between Diabetes and hearing loss. Diabetes affects more than 382 million people worldwide and is a major cause of heart disease and stroke, but it also has more little known effects. As part of routine health check-ups, Diabetics are accustomed to having their eyes and feet checked. However, all of the research confirms that it is a good idea to have their hearing checked regularly as well.

It has been accepted for some time that diabetics have an increased risk of hearing loss, in 2008 the National Institute of Health and the Annals of Internal Medicine (USA) found that people with diabetes are twice as likely to experience hearing loss when compared to those who do not have the disease.

Even those who have elevated blood sugar levels but who have not been diagnosed with diabetes are 30 percent more likely to have hearing loss than those with normal blood sugar levels, according to the American Diabetes Association. These are particularly stark figures that speak for themselves, anyone with diabetes should really make regular check-ups of their hearing a priority.

Diabetes affects your hearing in a variety of ways. High blood sugar levels produced by diabetes cause chemical changes which damage the blood vessels and nerves in a person's inner ear. In doing so it affects the inner ear's ability to transmit sound to the brain.

The connection between diabetes and hearing loss appears to be stronger among younger patients. People younger than the age of 60 who have diabetes have a 2.6 times higher likelihood of hearing loss. Diabetic women are also more prone to developing associated hearing loss than their male counterparts for some reason. If you are overweight, you should talk to your doctor about a diet and exercise program. Losing weight and regulating your blood sugar is beneficial for the blood vessels and nerves in your inner ear, as well as your overall health.

Audiology Medical Services at the Bon Secours Hospital and Scotia House Tralee is Kerry's only independently audited hearing centre of excellence. AMS is the exclusive supplier of the Lyric Hearing Aid which can be worn 24/7, even in the shower and without having to change batteries.

For free trial of the Lyric Hearing Aid, Call 1800 501 501.





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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Outdoor Activity Instructor Traineeship (TRS64) - Co. Kerry.
The Outdoor Activity Instructor Traineeship is designed to provide the outdoor adventure tourism and education sector with personnel who have the knowledge, skills and competencies to work in the adventure sports industry. **Duration:** 44 weeks. **Start Date:** 27th July 2015. **Certification:** FETAC Level 5 Certificate in Outdoor Activity Instruction.

Legal Administration Traineeship (ETS07) - Tralee Training Centre.
This course is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. **Start Date:** 10th August 2015. **Duration:** 40 weeks. **Certification:** FETAC Level 5 Major Award in Office Administration.

Wind Turbine Maintenance Technician Course (TR36R) - Tralee Training Centre.
This course is designed to provide the wind turbine industry with personnel who have the technical knowledge and skills to service and maintain large commercial wind turbines. It's aimed at skilled crafts persons who hold a recognised electrical or mechanical trade qualification. **Start Date:** 10th August 2015. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53) and a number of tickets relevant to the industry.

Sports Recreation & Exercise Course (ETK69) - Killarney.
If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** 24th August. **Duration:** 45 weeks. **Certification:** FETAC Major Award in Sports Recreation and Exercise 5M5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

Java Associate Course (ET0R7) - Tralee.
This entry-level course offers participants the opportunity to take the first step towards a career in Java programming and software development. They will gain an excellent insight into the programming language and learn to develop applications in Java. **Start Date:** 7th September 2015. **Duration:** 50 Weeks. **Certification:** Oracle Certified Professional Java Programmer I & Certified Professional Java Programmer II.

Manual & Computerised Payroll and Bookkeeping (ET0Z5) - Killarney.
This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. It's designed for people with no prior experience in the topics. **Start Date:** 31st August 2015. **Duration:** 10 weeks. **Certification:** FETAC Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

Computer Applications and Office Skills Course (ET430) - Tralee Training Centre.
This course offers participants the opportunity to develop a broad range of knowledge and skills in general office administration, computer applications, payroll and accounting. It's focused on enabling participants to gain employment as office administrators or progress to year 2 of the Advanced Certificate in Office Information Systems at Tralee IT. **Start Date:** 7th September 2015. **Duration:** 44 weeks. **Certification:** City & Guilds Level 1 Certificate in Office Procedures, ITQ Certificates for IT Users Levels 1 & 2, FETAC Level 5 Component Certificates in Manual and Computerised Payroll, Bookkeeping and Accounts, and FETAC Level 5 Certificate in Business Management.

Medical Administration Traineeship (TRS08) - Tralee Training Centre.
This course is specifically designed for those wishing to pursue careers as medical secretaries, administrators or receptionists. It covers all the main administration tasks carried out in medical practices, hospitals, clinics and medical companies. **Start Date:** 14th September 2015. **Duration:** 40 weeks. **Certification:** FETAC Level 5 Major Award in Office Administration.

Accounting Technician of Ireland - First Year (ET214) - Tralee Training Centre.
This course comprises year one of the two year Diploma for Accounting Technicians. It covers Financial Accounting, Taxation, Law & Ethics and Business Management. **Start Date:** 14th September 2015. **Duration:** 38 weeks. **Certification:** First Year Certificate for Accounting Technicians

Accounting Technician of Ireland - Second Year (ET21R) - Tralee.
This course comprises year two of the two year Diploma for Accounting Technicians. It covers Advanced Financial Accounting, Advanced Taxation, Management Accounting and Integrated Accounting Systems (IAS). **Start Date:** 14th September 2015. **Duration:** 38 weeks. **Certification:** The Diploma for Accounting Technicians is awarded on successful completion of all first and second year modules plus two years relevant work experience.

Marketing (ET4R9) - Tralee Training Centre.
This course is for people who wish to pursue marketing as a career or incorporate marketing into their existing range of business skills so as to enhance their career and job prospects. **Start Date:** 5th October 2015. **Duration:** 42 weeks. **Certification:** FETAC Level 5 Major Award in Marketing.

For further information, testimonials and application details visit our new website at
www.kerryetbtrainingcentre.ie

To apply or get further information on any of the above courses please contact
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LOCAL SOLICITOR JOINS CASTLEISLAND FIRM

Eleanor Leane from Currow, just outside Castleisland, has recently joined **Kelliher Coghlan Solicitors** as a Solicitor.

Eleanor attended the University of Limerick where she completed a degree in Law & European Studies in 2005 and thereafter went on to complete a Master's Degree in Criminal Justice in University College Cork in 2006.

Eleanor has worked with some of the top members of the judiciary in Ireland as a researcher in the Judge's Library in the Four Courts in Dublin and has also worked with the Law Reform Commission where she prepared a report on the Civil Liability of Good Samaritans, Volunteers and Volunteer Organisations.

Eleanor most recently worked with KOD Lyons Solicitors, one of the top criminal law and human rights firms in Ireland where she managed the Circuit Court Department and appeared daily in cases in the Four Courts and Criminal Courts.

Eleanor joins the firm with specialities in a number of areas including conveyancing, probate and family law. Eleanor also has very broad experience in litigation including personal injuries cases in the Injuries Board and before the Circuit Court and High Courts as well as general civil and criminal litigation.

Eleanor has vast experience in District Court matters and she has also worked on cases involving equality legislation and discrimination laws.



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Healy-Rae's Bar 10pm-11pm every Sunday

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SUMMER DRIVING

From traffic to tractors – help with the big issues affecting you on the road

Continued from last week ...

TRACTORS

Tractor drivers often have sound-proofed cabs or wear ear protectors, so they may not hear approaching cars. Tractors don't have to be fitted with brake or indicator lights unless used at night so in daylight be prepared for them to stop or turn without warning.

OUR COUNTRY ROAD CODE

Keep plenty of distance behind a tractor, in case it stops suddenly – remember the 2-second rule

A tractor may be longer than it appears – there may be a loader on the front. Make sure you have plenty of room to get past before overtaking

Slow down if you come across a spillage – a bale of straw hit at speed will cause considerable damage to your car

Don't park in a gateway or passing place – they are farmers' field access points

Drive carefully after rain – dry mud can turn roads into a skidpan after a downpour

GLARE

Sun glare causes many accidents, particularly under clear skies at dawn or dusk. Keep a clean and unscratched pair of sunglasses handy

60TH ANNIVERSARY AT DIVANES



LARS HIMMER MANAGING DIRECTOR VOLKSWAGEN IRELAND WHO PRESENTED DENIS DIVANE WITH A SPECIAL TROPHY TO MARK THE 60TH ANNIVERSARY OF DIVANES VOLKSWAGEN IN CASTLEISLAND ON MONDAY. L-R: JOHN DIVANE, PAUL LANGSTON, JOE MARTIN, LARS HIMMER, STANLEY DIVANE, DENIS DIVANE, ALAN BATESON M.I.C.M (GRAD) DIRECTOR AND PAUL BURKE (OPERATION DIRECTOR). PIC JOE HANLEY

Avoid lenses which darken in strong sunlight – the windscreen filters out UV light so the glasses will change only slowly.

Clean the windscreen regularly, inside and

out, to remove smears, which will catch sunlight and impair vision.

Renew worn or damaged wiper blades will also help to improve vision

RSA & GARDAI TARGET NEW CAMPAIGN AT CYCLISTS & HGV DRIVERS TO HIGHLIGHT 'BLIND SPOTS' ON TRUCKS

IF YOU CAN'T SEE THE DRIVER, THE DRIVER CAN'T SEE YOU!

54 Vulnerable Road Users killed in urban areas following collision with trucks

TO MARK BIKE WEEK 13TH – 21ST JUNE,

the Road Safety Authority and An Garda Síochána, this week launched a new campaign, targeting cyclists and truck drivers. The aim of the campaign is to highlight the existence of the 'Blind Spots' around trucks.

Due to their size and design, a truck has significant blind spots that present a danger to vulnerable road users. A driver's field of vision, within a cab, is limited; the area immediately in front, behind and to the left of the vehicle is often hidden from view and cyclists and pedestrians are at an increased risk of being struck.

In Ireland's urban areas, between 2007 and May 2015, 54 Vulnerable Road Users (cyclists, pedestrians and motorcyclists) were killed in collisions involving trucks. Collisions involving trucks accounted for 20% of urban VRU fatalities.

Commenting on the new campaign Mr Paschal Donohoe TD, Minister for Transport Tourism and Sport said, "A blind spot is an area around a vehicle not visible to the driver and there are many on a truck which pose added risks for both cyclists and pedestrians. Sadly, this issue has directly led to a number of fatal and serious injury collisions. Ireland has taken progressive steps to improve the

indirect vision of a truck driver by requiring the fitment of additional mirrors on the cab since 2010 which has halved the number of deaths linked to the blind spot issue. However, it hasn't eliminated casualties, therefore I really welcome this new campaign, which will help to raise greater awareness of the issue among cyclists and truck drivers."

According to Ms Moyagh Murdock, Chief Executive, Road Safety Authority, the message is simple, "If you cannot see the driver, the driver cannot see you. Cyclists need to be aware of the existence of the 'Danger Zone' on trucks and should never ride along the kerb side of a truck, especially if it's turning left. Truck drivers too need to be aware of the fact that the mirrors on their cab will not always give them a total view of any cyclists that may be riding alongside or behind the vehicle. So drivers should lookout for cyclists at junctions and especially when turning left."

Ms. Murdock also took the opportunity to highlight the danger of the blind spot on trucks for pedestrians, particularly older pedestrians. "Collision investigations have shown that pedestrians crossing the road in slow moving urban traffic too close to the area immediately in front of a truck, which is normally hidden from the driver's view, may well have been a significant contributory factor in the deaths of older pedestrians. Pedestrians, especially older people, are therefore advised never to cross the road in

front of large vehicles."

Chief Superintendent Mark Curran, Garda National Traffic Bureau (GNTB) said, "This is a very worthwhile campaign and An Garda Síochána fully supports any initiative that makes it safer for our most vulnerable road users. Cycling in particular is a very safe activity, a popular mode of transport and a great way to keep fit...but we all must realise the dangers that are out there, especially when in close proximity to large vehicles at junctions and when turning left. This new video released today really shows the difficulties that drivers of large vehicles face and as said already if you can't see the driver, the driver cannot see you."

While (Class VI) 'Cyclops' mirrors are now required on the front of all larger trucks to help eliminate this problem, Ms Murdock reminded drivers that they needed to be positioned correctly or they wouldn't be able to detect pedestrians or cyclists in the space immediately in front of the cab.

To mark Bike Week 13th – 21st June the RSA has developed a new 30 second video to highlight the danger of the blind spot on trucks. The video is aimed at both cyclists and goods vehicle drivers and will be deployed online and promoted on social media. In addition the RSA will be screening its 60 second cycling safety TV advert, running 20 second cut downs of the ad through Video on Demand (VOD) and promoting its four Rules of the Road for Cyclists videos online.



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- 11 Ford Focus 1.6 TDCi, 44k
- 11 Ford Mondeo 2.0L, Zetec, 1 owner, full Ford S/H

- 11 VW Golf 1.6 TDI, blue motion, Black
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- 11 Seat Leon 1.6 TDI White 90k
- 11 Ford Focus Sport 1.6 TDCi Sat Nav
- 11 Hyundai Silver 1.7 CRDi 140kkm
- 10 Ford Focus Estate 1.6 TDCi 110kkm
- 10 Ford Galaxy 2.0, Titanium, Full Ford S/H, 80k
- 10 Kia Rio 1.5 CRDi Silver
- 07 Renault Megane Scenic 2yr Test
- 07 Ford Mondeo 1.8 TDCi

- 06 Citroen C5 3dr 1.6 TDI
- 05 Jaguar XType 2.0 Full Leather wood trim, NCT
- 04 Opel Zafira 1.7 Dsl, 1yr Test
- 03 Citroen C3 1.4 HDi
- 03 Skoda Octavia 1.9 TDI, silver, 1 owner

CARS

- 08 Volvo Full Leather S4 1.8 93kkm
- 08 Nissan Note 1.4 Black Alloys, Fogs
- 07 Renault Megane Cabriolet 1.6, full leather

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FANTASTIC TURNOUT AT GARDIA SCHOOLS BLITZ

Fine weather and fine tuned football skills were the order of the day at the annual Killarney Gardaí Schools 7-A-Side blitz which was held at the Fitzgerald Stadium yesterday, Thursday June 18.

Sixteen schools took part on the day which is organised by Killarney Garda Eddie Walsh.

The blitz kicked off at 10am and Garda Walsh had organised for all three cups, the Sam Maguire, the Tom Markham Cup and the Christy Ring Cup to be there on the day much to the delight of all those taking part.

The overall winners of the blitz were Rathmore.

Pictures Marie Carroll-O'Sullivan 087 391 4808



PICTURED AT FITZGERALD STADIUM FOR THE GARDIA NATIONAL SCHOOLS FOOTBALL BLITZ WERE L-R GARDIA SIOBHAN CUSHEN, HURLER BRIAN MURPHY, KERRY LADIES CHAIRPERSON/GARDA LIZ TWOMEY, KERRY GAA CHAIRMAN PATRICK O'SULLIVAN, GARDIA/KERRYBALLER AIDAN MOYNIHAN, SUPERINTENDENT FLOR MCCARTHY & CHIEF ORGANISER EDDIE WALSH.



OVERALL WINNERS PICTURED AT FITZGERALD STADIUM FOR THE GARDIA NATIONAL SCHOOLS FOOTBALL BLITZ WERE THE STUDENTS FROM HOLY FAMILY NS RATHMORE WITH BACK ROW L-R ORGANISER EDDIE WALSH, PRINCIPAL DIARMUID MCCARTHY, GARDIA SIOBHAN CUSHEN, KERRY GAA CHAIRMAN PATRICK O'SULLIVAN, MUINTEOIR PAUDIE DINEEN, GARDIA AIDAN MOYNIHAN & GARDIA BRENDAN McMAHON. FRONT ROW LEFT JAMES O'DONOGHUE AND RIGHT BRIAN MURPHY.



PICTURED AT FITZGERALD STADIUM FOR THE GARDIA NATIONAL SCHOOLS FOOTBALL BLITZ WERE BACK ROW L-R TOM TOBIN, MIKE MILLNER, SIOBHAN CUSHEN, SUPERINTENDENT FLOR MURPHY, PJ MAGEE (DALYS SUPER VALU) AND CHIEF SUPERINTENDENT PAT SULLIVAN. FRONT ROW L-R BRENDAN McMAHON, JONATHAN LYNE, EDDIE WALSH, JAMES O'DONOGHUE, BRIAN MURPHY & PATSY KELLEHER.



PICTURED AT FITZGERALD STADIUM FOR THE GARDIA NATIONAL SCHOOLS FOOTBALL BLITZ WERE THE STUDENTS FROM ST OLIVERS NS WITH THEIR TEACHERS CIARAN O'MUIRCHARTAIGH (LEFT) & TOMMY GALVIN (RIGHT).



PICTURED AT FITZGERALD STADIUM FOR THE GARDIA NATIONAL SCHOOLS FOOTBALL BLITZ WERE THE STUDENTS FROM LISSIVIGEEN NS WITH THEIR TEACHER MR. O'DONOGHUE.



PICTURED AT FITZGERALD STADIUM FOR THE GARDIA NATIONAL SCHOOLS FOOTBALL BLITZ WERE THE STUDENTS FROM THE MON NS WITH THEIR SCHOOL PRINCIPAL COLM O'SULLEABHAIN



PICTURED AT FITZGERALD STADIUM FOR THE GARDIA SCHOOL FOOTBALL BLITZ WERE THE STUDENTS FROM ANA BLATH WITH THEIR COACH DONAL DWYER.

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OUTLOOK SPORTS NEWS

Deadline: Monday 5pm Email: news@outlookmags.com



IT IS ALL PRETTY "SEMPL" IN THE END

MUNSTER SFC SEMI-FINAL

TIPPERARY 2-8

KERRY 2-14

Kerry got the defence of their Munster and All-Ireland Senior Football titles off to a successful start when they survived a very stern Tipperary test in front of an 11,248 attendance at sunny Semple Stadium in Thurles on Sunday.

Tipperary put it up to the Kingdom for long spells of this keenly contested Munster SFC semi-final clash. They had more than their share of chances, and Kerry were very lucky not to concede a third goal when Brendan Kealy pulled off a magnificent save in the 57th minute to thwart their challenge.

Down referee, Ciaran Brannigan issued six yellow cards during the course of the game, four to Kerry and two to the home side.

Tipp's finishing too left them down at times, they had 13 wides over the course of the game compared to Kerry's five.

The Premier County had 1-1 on the scoreboard inside the opening three minutes, the goal coming from full-forward Michael Quinlivan, who scored a brace, while the point came from the boot of Under 21 footballer of the year, Colin O'Riordan, who was an injury doubt prior to the game.

Kerry, with Anthony Maher and Bryan Sheehan getting a grip at midfield and Colm Cooper playing on the forty in his first championship game since the 2013 All-Ireland semi-final against Dublin, got to grips with the situation and Sheehan settled the nerves of the travelling support with a much-needed point.

The Gooch was back to his brilliant best, providing scores for his colleagues as well as executing three superb scores, one a free.

Then in the 17th minute Kerry took the lead for the first time when Barry John Keane goaled following a flowing move involving Colm Cooper



TIPPERARY FULL BACK CIARAN McDONALD COMES TO GRIPS WITH KIERAN DONAGHY DURING THE MATCH ON SUNDAY

and Kieran Donaghy who was the provider.

The Kingdom struck for their second goal in the 29th minute when Paul Geaney found the net, Donaghy again the provider but Tipp refused to go away and swiftly responded with their second goal through Maurice Quinlivan which left the half-time score at Kerry 2-6 Tipperary 2-4.

Kerry following a stern talking to from Eamonn Fitzmaurice started the second half in blitzkrieg fashion and added five further points without reply to move comfortably ahead, Paul Geaney, Stephen O'Brien, Barry John Keane, Colm Cooper, Bryan Sheehan and Anthony Maher among the scorers.

Brian Fox kept Tipperary in touch with a point but the Premier County were guilty of wasting several good chances.

Tipp finished strongly and points from substitutes Kevin O'Halloran and Barry Grogan put a better gloss on the scoreboard for them.

Teams and Scorers

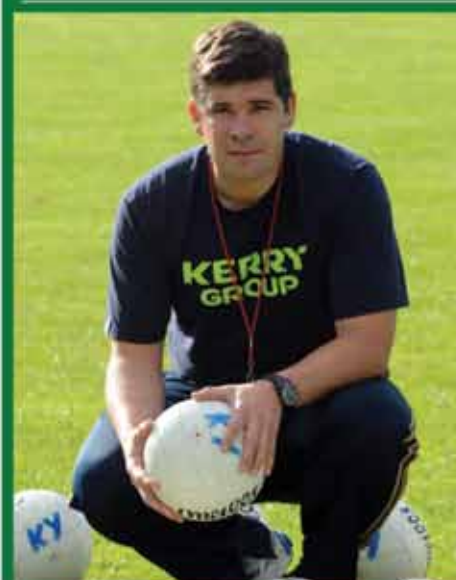
Tipperary: Evan Comerford; Paddy Codd; Ciaran McDonald, Robbie Kiely; Seamus Kennedy, Peter

Acheson, Alan Campbell; Steven O'Brien, George Hannigan; Colin O'Riordan (0-2, 0-1 free), Philip Austin, Ger Mulhaire (0-1); Conor Sweeney (0-2, 0-1 free), Michael Quinlivan (2-0), Brian Fox (0-1). Subs: Jason Lonergan for Robbie Kiely (30) Barry Grogan (0-1F) for George Hannigan (H/T) Kevin O'Halloran (0-1 free) for Philip Austin (54) Liam Casey for Brian Fox (64) Brian Mulvihill for Conor Sweeney (66)

Kerry: Brendan Kealy; Marc O'Se, Mark Griffin, Shane Enright; Jonathan Lyne, Peter Crowley, Killian Young; Anthony Maher (0-1), Bryan Sheehan (0-5, 3 frees); Michael Geaney (0-1), Colm Cooper (0-3, 0-1 free), Johnny Buckley; Paul Geaney (1-2), Kieran Donaghy, Barry John Keane (1-1).

Subs: Stephen O'Brien (0-1) for Johnny Buckley (32) James O'Donoghue for Barry John Keane (47) Aidan O'Mahony for Peter Crowley (49) Darran O'Sullivan for Michael Geaney (53) Donnchadh Walsh for Bryan Sheehan (63) Tommy Walsh for Anthony Maher (66)

by **KERRY O'SHEA**.



WHAT FITZMAURICE THOUGHT?

"I would have thought we'd have been a good bit sharper this weekend, particularly with our ball handling," Fitzmaurice told the media afterwards. "Basic skills that we got wrong today, we would usually be good on. And that is surprising because we spent five days in Portugal working on that kind of stuff but that didn't manifest itself today."

"I think to be fair to the lads; we were all very tuned in - management and players. The attitude was very good and if that had not been where it needed to be today, we would have been beaten. We've a lot to work on and a lot to improve on for three weeks' time."



COLM COOPER SCORED 3 POINT ON HIS RETURN TO ACTION



OUTLOOK SPORTS NEWS

Deadline: Monday 5pm Email: news@outlookmags.com



CREDIT UNION COUNTY FOOTBALL LEAGUE ROUND-UP AUSTIN STACKS GAIN REVENGE OVER DINGLE

The best of the weekends county league action

DIVISION 1

AUSTIN STACKS 3-10

DINGLE 0-10

It might be just the two points gained for the Stacks but there was a certain amount of revenge gained for them over the team that put the Tralee side out of the club championship earlier in the year.

First half goals by David O'Sullivan, Shane Callaghan and Alan Duggan proved far too insurmountable for the West Kerry side to claw back as the Rockies were ahead 3-2 to 0-6 at the break with Daniel Ryan firing over four first half points for Dingle.

The home side kept up the pace in the second half, adding a further eight points to four for the visitors.

Austin Stacks: Paddy Fitzgibbon, Denis

O'Neill, Ronan Shanahan (Capt), Ciarán O'Connell, Pa McCarthy, Shane Guthrie, Jack O'Shea, Brian Mangan, Alan Duggan (1-0), Fiachna Mangan (0-01), David O'Sullivan (1-0), Shane Carroll, David Mannix (0-03 - 1 free), Shane O'Callaghan (1-02), Darragh O'Brien (0-03). Subs used: Seán Ryan (0-01), Eoin Colgan, Colin Griffin.

Dingle: Seán Flaherty, Micheál Flannery, Patrick O'Connor, Johnny B. Brosnan, Matthew Flaherty (Capt) (0-01), Gavan Curran (0-01), Patrick Devane, Barry O'Sullivan, Darragh O'Sullivan, Brian Devane, Micheál Slattery, Paul Devane, Tomás Sheehy, David Geaney (0-03 - 2 frees), Daniel Ryan (0-05 - 1 free). Subs: Tadgh Browne, Mark Evans, Liam Boland, Patrick Sheehy, Stephen Boland, David O'Connor.

Referee: Pádraig O'Sullivan (Fíries)



SHANE O'CALLAGHAN AUSTIN STACKS WHO ACCOUNTED FOR 1-02 OF HIS SIDES TOTAL IN THE COUNTY LEAGUE GAME AGAINST DINGLE.

DIVISION 1

DR. CROKES 0-14

KERINS O'RAHILLYS 1-10

Crokes edged out Rahillys in a very tight decider. The Killarney side were ahead at half time 0-6 to 0-5 and despite O'Rahillys getting back level, the home side had enough to go top of the table

KILCUMMIN 0-09

MILLTOWN/CASTLEMAINE 0-12

Pa Wrenn and Jack McCarthy kicked two great points late in the game to give Milltown/Castlemaine the advantage at the end of a tough battle which saw the sides level at half time 0-7 a piece. The away team controlled much of the second half with Cathal Moriarty ending the evening with 0-06. The win moves Milltown to the top of the table.

CASTLEISLAND DESMONDS 0-11

LEGION 1-08

Legion's Kevin Breen scored a dramatic goal late in injury time for Legion, as they came from behind to share the points with Desmonds in Castleisland. Cian O'Connor's point in injury time was enough to separate the sides at the break in the home side's favour 0-6 to 0-5 and with the last kick of the half. Desmonds twice opened up the gap to three points in the second half but Breen would have the last say.

FINUGE 1-4

ST. MICHAELS FOILMORE 1-10

Foilmore picked up their first win in the league against a Finuge side that failed to score from play over the hour. Damien Kelly's first half goal gave the visitors a 1-6 to 0-2 half team lead. Finuge converted a penalty in the second half but with Damien and Bernard Kelly scoring 1-8 between them it was the visitors that would go on to win.

GLENBEIGH/GLENCAR 2-10

WATERVILLE 1-12

Junior side Glenbeigh/Glencar gave themselves a real chance of survival turning over another South Kerry side in the space of two weeks.

A first minute goal by Kieran Courtney gave Glenbeigh/Glencar an edge but Waterville were back level 1-1 to 0-4 thanks to three Stephen O'Dwyer points.

Courtney struck again for a fine goal and the home side were 2-04 to 0-07 lead at the break. A Stephen O'Dwyer goal for Waterville in the second half helped get them back level and while it looked like both sides would share the spoils Jeremiah Hoare popped up to point and claimed victory for Glenbeigh/Glencar



JOHN O'CONNOR WHO PUT IN A STREILING PERFORMANCE FOR RAHILLYS IN THEIR GAMES AGAINST DR. CROKES

DIVISION 2

John Mitchel's suffered a rare defeat at the hands of Rathmore 4-8 to 1-8 with the East Kerry side now level on top of the Division with the Tralee side.

Kenmare also go joint top following their six point's victory over Temploe side who remain on 6 points, one behind Spa who had a big win over Tarbert. At the bottom, Currow picked up their first points of the season at the expense of Gneeveguilla and these two along with Tarbert are on two points propping up the table.

DIVISION 3

Just four games played and Annascaul who defeated Ballymac by two points join leaders Beaufort, who did not play, at the top. St Pats move into joint second place with Keel on 8 points following victory over Skellig Rangers - Keel going down to An Ghaeltacht in Gallarus. At the other end of the table Skellig Rangers, Ardfer and Beale remain on 2 points with Na Gaeil who went down to Brosna a point better off.

DIVISION 4

The top three, Scartaglin, Dromid Pearses and Castlegregory all remain at the top of the table on 8 points following defeats of Fossa, Cordal and Churchill respectively. Ballydonoghue remain a point behind following victory over Dr Crokes B and St Senans join Fíries on 6 points. At the bottom, Cromane gained a valuable point against Fíries and they now join Lispolie, who lost to St Senans on 3 points.

DIVISION 5

The action in this division saw wins for Asdee, Knocknagoshel, Tousist and Reenard.



EAST KERRY NOTES

With **Aine Ní Shúilleabháin** PRO

EAST REGION MINOR LEAGUE: Round 1 of the East Region Minor league, sponsored by The Tatler Jack, is fixed for next Sunday. All games start at 7pm. First named team has home venue and the fixtures are as follows: Division 1 (15 A Side): Spa V Dr. Crokes, Furies V Gneeveguilla, Legion bye. Division 2 (13/15 A Side): Kilcummin V Glenflesk, Rathmore V Beaufort. Division 3 (13 A Side): Fossa V Scartaglen/Cordal, Currow Bye. All subsequent round games will be fixed for Thursday evenings.

EAST REGION UNDER 14 LEAGUE:

The East Region Under 14 League, sponsored by MD O'Shea, continues on Monday evening, the 22nd June with round 3. All games are at 7.30pm. The third round fixtures are as follows: Division 1: Legion V Dr Crokes, Kenmare V Rathmore. Division 2A: Listry/Keel V Beaufort, Gneeveguilla V Glenflesk. Division 2B: Spa V Kilcummin, Furies V Fossa. Division 5: Cordal/Scartaglen V Kilgarvan/Tousist, Currow V Furies B, Dr Crokes B-Bye.

CONGRATULATIONS: Congratulations to the Kerry Senior and Junior teams and management on the Munster semi final success and in particular to the players from East Kerry clubs.

DR CROKES CLUB NOTES

ROUND 6 DIVISION 1 COUNTY LEAGUE

DR CROKES 0-14

KERINS O'RAHILLYS 1-10

In a far from vintage display we overcame Kerins O'Rahillys in round 6 of the county league by a point, in a game played in Lewis Road on Saturday night last. For periods of the game we played second fiddle to our opponents who played with great dash and enthusiasm. One would have to say that we were glad to hear the full time whistle as Kerins O'Rahillys attacked relentlessly for an equaliser in the closing minutes.

The victory was achieved because of the long range points scored by Brian Looney, six in all, all from play, five more from Chris Brady, three from play. Ambrose O'Donovan kicked two points from distance as well. All our forwards tried very hard but we found it difficult to penetrate a very tight and well marshalled Kerins O'Rahillys defence. Our defence which has been solid all year was not at its best on this occasion with Mike Moloney emerging as the best of the sextet. Alan O'Sullivan and Mike Milner more than held their own at midfield from start to finish. Even though we had most of the play in the first half we found it hard to break down our opponents defence and never went ahead by more than two points in this thirty minutes. Our best period in this half were the last eight minutes when we scored three points without no reply. Kerins O'Rahillys had a point just before the end to leave us just a point

ahead at the interval.

We had a good start to the second half, scoring two points to put us three points ahead. Our opponents equalised straight away with a well worked goal. Kerins O'Rahillys won a lot of possession around the middle for the rest of the third quarter and went two points ahead, scoring three points to our one. We rallied well in the last quarter and had five points to our opponents two to emerge winners by a point.

U14 FEILE FOOTBALL FUNDRAISER

FUN RUN / WALK: On this Friday, 19th June Dr. Crokes U14 Feile Football Team are holding a fundraiser to help offset the costs of the All-Ireland Feile Regional Finals in Kildare. The Fun Run / Walk will start at the Demense Entrance (opposite the Cathedral) at 6:30pm. Registration is €10 and is open from 6:00pm at the race start. Alternatively, sponsor cards are available. Team members are fundraising with these sponsor cards and all donations received are greatly appreciated. Contact a member / parent of the U14 Feile team for more information. Please invest in our future stars.

UNDER 12'S: Both Crokes U12 teams played Legion in Lewis road in front of big support from both clubs. The black team who lost to Legion earlier in the year by a narrow margin, were determined to put it right and they did. In the first half both teams played it very tight and the Crokes showed at times they meant business but went in at the break losing 2-02 to 1-02. Then straight from the throw in the Crokes went on a rampage, with Jason lee causing havoc to the legion defence and finished with a personal tally of 4-04. It must be said that the Crokes defence and goalie were outstanding and held Legion to a score line of 3-06. In what was an overall team performance the Crokes boys won on a score line of 5-17 to 3-06.

The Crokes amber team lost by 5-07 to 5-13. In a most enjoyable game the Crokes boys failure to take the scores proved to be the difference in the end. Next Sunday both teams play Glenflesk in Lewis road at 6pm.

LEGION GAA CLUB NOTES

CONGRATULATIONS: Congratulations to our Vice President Jim O'Leary and his wife Ella who celebrated 50 years of married life last weekend and also to their son Timmy and his new bride Adrianna who got married in Colombia recently.

U12 GIRLS: Holidays may be close on the horizon for our U12 girls but it was far from holiday fever they were experiencing last Tuesday evening in Dirreen when they met Abbeydorney U12 girls. Our young ladies started off their game with a fine demonstration of willpower and teamwork by surprising a confident Abbeydorney side with two unanswered goals within the first couple of minutes.

However, Abbeydorney quickly asserted themselves and the match played out in a serious battle to the bitter end, as our girls put

it up to a very strong and athletic Abbeydorney side and when the referee called it a day, it was our visitors that took the honours on this occasion with a tally of 4 goals and 3 points to Abbeydorney's 3 goals and 10 points.

Keep up the great work girls and thanks to all who supported the team on the night.

GREYHOUND RACE: This Friday sees the final of Malton sweepstake in Tralee with Legion dog Ramona rumble running from trap two. All support is welcome at this race with it being televised by RTE. Anyone wishing to travel can avail of a club bus at a cost of € 20 which also includes entry to the track. For bookings please ring 087 2864816

BEST WISHES: The club sends its best wishes to great Kerry servant Kieran O'Leary of Dr Crokes for a speedy recovery

SENIORS: The senior team earned a share of the spoils last Saturday night when they scored a late Kevin Breen goal away to Desmond's, final score 1-08 v 0-11. Next up is a round 7 fixture v Dr Crokes on June 27.

KENNEDY CUP: Congratulations to the victorious Kennedy cup squad last week and to all the Killarney lads involved especially our own Daragh Lyne and Peter O'Sullivan.

FIXTURES: O'Sullivan Cup

First round v Furies at Derreen Tuesday 30 June at 7.30pm.

SUMMER CAMP: Folks, just to let everyone know that spaces are filling fast for this years Summer Camp, so to avoid disappointment, please book your childs place this Saturday morning during the Academy session as places are genuinely limited.

BEAUFORT GAA NOTES

LOTTO: Results of Sunday, 14th June for jackpot of €2,000. Numbers drawn: 1, 15, 25, 26. No jackpot winner. Consolation Prizes: €80 Pádraig Hallissey, next draw for jackpot of €2,200 will be held in Galvin's Bar on Sunday, 28th June.

U12 GIRLS: Played Kerin O'Rahillys in Round 4 of the County League on Tuesday evening and continued on their winning ways. The girls played very well and led at half time Beaufort 2-6 to Kerin O'Rahillys 1-2. Beaufort were stronger all over the pitch from Orlaidh O'Brien in goals to Emma Kissane at corner-forward. The backs played very well and Beaufort dominated all positions of the field. Kerry Eagar was outstanding especially when she was moved to centre-back in a direct switch with Emily Kissane. Kerry had the first score when her point attempt ended up in the net. Holly Clifford had the 2nd goal and 3 points while Adele O'Brien, Leanne Hayes and Cora Coffey had a point each. The 2nd half was also dominated by Beaufort and Adele O'Brien had her scoring boots on when she kicked 1-3 and Meabhdh Kissane also kicked a fine point. The visitors never gave up trying and were awarded with 1-1 in the final minutes. Final score:



Beaufort 3-11 Kerin O'Rahillys 2-3.

U14: Footballers got their East Kerry League Division 2A campaign off to the perfect start on last Wednesday evening when they accounted for visitors Glenflesk. Three early goals from Jack O'Leary, Keith Floyd and Dara Dennehy put Beaufort very much in the 'driving seat' but they conceded two 'soft' goals in the second quarter enabling Glenflesk to narrow the gap to two points. A fourth Beaufort goal from midfielder Jack Hallissey just before half time sent them in at the interval with a five point advantage on the scoreline, Beaufort 4-4 Glenflesk 2-5. Beaufort dominated the third quarter of the match with Dara Dennehy in particular scoring points at will enabling them to race into a twelve point lead. But the visitors did not lie down and again hit Beaufort with two goals at the beginning of the final quarter. However the live wire Beaufort attack responded again with Dennehy and Jack O'Leary (2) adding further goals as the home side ran out comprehensive winners. Final score: Beaufort 7-13 Glenflesk 5-7.

FIXTURES: Boys U8 blitz in Killorglin, Monday, 22nd June, 6.30pm.

Minors are away to Rathmore, Sunday 21st in East Region.

Under 12 Boys are at home to Milltown/Castlemaine, Sunday 21st June, 6pm.

Beaufort Junior's are at home to Glenbeigh/Glencar on Tuesday, 16th June and are away to Milltown/Castlemaine, Tuesday 23rd June, 7.30pm in Mid Kerry Junior League.

RING OF THE REEKS LEISURE CYCLE: Will be held on Saturday, 25th July. As we have have 3 different level of routes we hope that everybody including families will come along to support the club and take part in this lovely occasion. Contact Bridget 087 9975737.

LISTRY GAA NEWS

LISTRY WEEKLY LOTTO RESULTS:

Sunday 14th June, 2015. Winning Numbers 6, 22, 25, 26. Jackpot €4,250 Not Won.

1 x €100 Carmel Kennedy, Ballymalis.

2 x €50 O'Donnell Family, Faha Glen.

Ryan, Caoimhe, Shauna, Aoife.

2 x €25 Sheila O'Sullivan, Lissivane East Michele Kean, Culleeneymore.

Draw Entrant Sheila Brosnan, 21 Countess Grove. Jackpot next week Sunday 21st June €4,400

JUVENILE UPDATES: U14s drew with Gneeveguilla last Monday night June 8th in the East Kerry League. They play Beaufort at home on Monday 22nd.

U12s had a good win on Sunday night away to Scartaglin. They play Lispole next Sunday evening at 6pm in Allman Park in what is the final match of the county league.

U10s had a very busy week. They travelled to Fossa on Thursday evening, Spa on Friday evening and Cromane on Sunday morning. All the boys and girls got plenty game time



HOLY FAMILY RATHMORE WHO PLAYED IN THE ALLIANZ CUMANN NA mBUNSCOL FINALS IN TOM HEALY PARK ABBEYDORNEY.

and are improving with every game. U10s play Milltown next Friday evening at 6.30 in Listry. U8s travelled to Spa on Friday night last where they played 2 competitive games which were enjoyed by players and supporters alike.

U6 training resumes this Friday evening at 6.30pm following an unscheduled break last Friday night.

Please support our Juvenile teams when and where you can.

KILLARNEY LIBRARY EVENTS: Killarney Library will host an exhibition entitled "If I could say one thing to other communities", an exhibition by Jerrieann O'Sullivan based on a four-year research project which identified and shared knowledge from the experiences of living with the Corrib Gas project. The exhibition runs from Monday 22nd June to Saturday 4th July during library opening hours with the launch taking place on Tuesday 23rd June at 6pm.

FOSSA GAA

LOTTO: 14th June 2015. Numbers drawn were 1, 8, 11, 28. There was no Jackpot winner and next weeks Jackpot will be €11,250.

SENIORS: Our seniors were away to Scartaglin in Round 6 of the County League on Saturday evening, they were always going to find it difficult playing the Division leaders without the services of Paudie Clifford who wasn't available due to being on the Kerry Junior panel for Sunday and so it proved to be. It was a poor first half showing by Fossa which did most of the damage as they registered only 3 points in this half through Tadgh O'Shea, Lorcan Daly and Anthony Wharton and were behind at half time 0-9 to 0-3. They played much better in the second half and had the deficit down to 2 points at one stage of the game with Tadgh O'Shea, Kenneth Clifford, Kevin Sullivan and Dara Rice all kicking some great scores but conceded two late goals which killed off any chance of victory. They really need to get back to winning ways again quickly as the division is

so tight every point is vital and a return to Div 5 would be a big blow to the club going forward, their next game is at home to St Senans on 28th June.

JUNIORS: Our junior team had another great win away to Currow last week winning on a scoreline of 3-12 to 1-11, they now top their division and have one more game to play when they are at home to Annascual on Wednesday 17th at 7.30. With the top 4 teams in a semifinal we are assured of a spot in the playoff which is great for the players and mentors involved.

U-12'S: Our U-12 Team were in action in Glenflesk on Sunday evening, the Red team were a bit unlucky to lose by 4 points, 5-15 to 5-11 while the Black team had a great victory winning 4-16 to 2-16.

CONGRATULATIONS: Congratulations to Emmett O'Shea who has been picked on the Kerry Schools team that will play at half time in the Munster Final in Killarney on July 5th, we hope that it is the first of many times that Emmett will don the fabled Kerry jersey!

FOSSA COMMUNITY CENTRE: Volunteers urgently needed to help with the running of the community centre. If you would like to help with a specific task or become a member of the committee please contact any of the following, Derek 086 389 5142, David 086 323 9148, Eileen 087 628 4053, Billy 064 6644391, Tim 087 241 3116. If help is not forthcoming we may be faced with the situation whereby this fine facility may have to be closed.

ASTROTURF ALL WEATHER PITCH: All weather pitch at Fossa National School. Opening hrs, Monday/Friday 4pm/10pm, Saturday/Sunday 10am/10pm. All types of sport is played on this floodlit pitch. Now taking bookings for birthday parties. Contact Ger O'Connor 083 4228977 or email fossaweatherpitch@gmail.com

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie. Please forward information before Sunday at 11am.



SPA CLUB NOTES

COISTE NA NOG:

U10 BOYS: Still playing Thursday nights in Dr. Crokes in a fun blitz.

U12 BOYS CO LEAGUE: Spa played St. Senans away last Sunday in the county league where a great game ensued. The lead changed hands on a number of occasions with the imperious Cian O'Sullivan playing a blinder in goals. Spa began to turn the tide in their favour with brilliant performances by Eoghan Mulvanney and Sean O'Leary eventually getting over the line by a 4.11 to 3.12 margin on victory. Spa travel to Gneeveguila in the next round.

U14 CO LEAGUE: Spa took on a very strong Furies team in Spa last Monday night. Furies took an early lead but Liam Spillane and Diarmuis Cahill fought back with 2 excellent goals. However an injury to midfielder Darragh O'Leary handed the initiative to the visitors whereby they ran up a big lead at half time. Great goalkeeping by Oliver Cremin kept the visitors at bay but try as he did Furies were convincing winners on the night. Spa play Fossa away in the next round on Monday night

LADIES FOOTBALL:

U12 GIRLS:

SPA 5-2 CASTLEGREGORY 2-11

Two great evenly matched teams that resulted in a draw on the night in Spa. Our young players were outstanding and very unlucky with some scoring chances. Last game of the league is away to Scartaglen on Tuesday 23rd June.

U14 GIRLS: Next game at home to Beale

Sunday June 21st.

U16S: Back in action after exams at home to Dingle Thursday 25th June.

SENIOR LADIES: Start their Championship Campaign in the Junior B against Finuge at home Monday June 29th at 7.30pm. This is a knock out competition so all support would be appreciated.

SENIOR CO LEAGUE DIV 2

SPA 1-16, TARBERT 0-7

Having suffered a bad defeat last week, this was a very important game for Spa in their quest for promotion to Div.1. Spa were missing 5 regular players so the rest of the panel had to dig deep to get a result. They did this in style and proved the importance of having a strong panel.

Spa opened the scoring with a point from Shane Cronin after 1 minute. Spa put some great flowing moves together during the first half and were denied certain goals on three occasions by the outstanding Micheal Carrig who was playing in goal for Tarbert. These three point blank saves were the highlight of the first half. Spa went in at half time leading by 9 points to 4. Spa only managed 1 point from Cormac Cronin during the first 17 minutes of the second half. However Spa came to life again when Ryan O'Carroll finally beat Michael Carrig with an excellent strike in the 48th minute. Tarbert died out of the game from here on while Spa tacked on another 6 points to win comfortably Spa introduced Shane Fenton, Conor Kearney, Paul Russell, Bryan Lynch Jamie Spillane and David Spillane during the second half and they all contributed to a well earned victory.

KERRY JUNIORS: Well done to Liam Kearney and Dan O'Donoghue both of whom turned in fine performances with the Kerry junior football team who defeated Tipperary in Thurles on Sunday

EAST KERRY O'SULLIVAN CUP 2015:

Round 1. Tuesday 30th June at 7:30pm, Extra Time if necessary. Glenflesk V Spa.

GAELIC FOR MOTHERS AND OTHERS:

Great turnout for our first training session. Open to all moms and ladies over 18 but not playing competitive football.

A new initiative and further development in the Club under ladies football. This is non competitive football with a strong emphasis on FITNESS and FUN! Great outdoor workout and fresh air for the summer and beyond. No football experience necessary! You can look it up on the following website <http://ladiesgaelic.ie/games-development/gaelic4mothers> Contact Grace O Connor (087) 229 9453.

LÁ NA GCLUB: Mark your calendar June 27th at 5pm. Annual BBQ, karaoke, music song and dance. All welcome. Full schedule with the senior men playing Glenflesk in the County League at 5.30. Fun starts at 5pm. Great fun for everyone.

DALY'S SUPERVALU - KITS FOR KIDS

OFFER: Congratulations to everyone who contributed to this. We have successfully won a set of training gear for our underage and the first club to do so. Thanks to Dalys and Supervalu for sponsoring this event.



DR CROKES GAA CLUB HAVE BEEN HOSTING A SERIES OF GAA GO GAMES FOR U-10 FOOTBALL TEAMS DURING THE MONTH OF JUNE.

PARTICIPATING TEAMS INCLUDE DR CROKES, FURIES, KILCUMMIN AND SPA. THE GAA GO GAMES ARE SMALL-SIDED VERSIONS OF HURLING AND GAELIC FOOTBALL WHICH HAVE BEEN DEVISED FOR CHILDREN UP TO AND INCLUDING 11 YEARS OF AGE. ACTIVITIES ARE STRUCTURED IN A MANNER WHICH OPTIMISES THE LEVEL OF FUN, FRIENDSHIP, FAIR PLAY AND ACHIEVEMENT DERIVED BY PARTICIPANTS.

PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



ROWING TO RIO

The Monika Dukarska
Blog. The story of a
Professional Athlete



The calls "tap down, outside hand, inside hand, hips through, rhythm, anticipate the pick-up, move with the boat" are ringing in my head.

Over the past week, Leonora and I received a lot of technical input and the changes, which are now evident in paddling, are slowly filtering through into our race pace. The boat feels much more balanced while rhythm is much more attacking. At the weekend, we did some high rate pieces designed to recruit the deeper muscle fibres, the pieces ranged from some short powerful bursts and lengthened with time where rate and rhythm at pace were key. It meant that the longest race pieces were left to the end when we were both fatigued and we had to really challenge ourselves to deliver fast speeds. Overall, we did 12 pieces incorporated within 18km of rowing. During outings like this one, you really learn about yourself, your partner and your limits. About the latter, you often exceed them; you push harder, further and create new limits, which in time become targets. It is all about the self-improvement. Sometimes it may take longer to improve on things like those that physiology but some changes are observed quite quickly, which act as motivators to train harder.

Leonora and I have a number of testing pieces over the coming days, which will be closely monitored. I hope to see an improvement especially at the start and the end of the racing piece. The aim is to get off the blocks first and have enough left in the tank to wind at the finish, increase the rate and the boat speed.

This weekend I also managed to get home for a day and enjoy some quality time with my family as well as to call to Killorglin Rowing Club, see some racing at Cahersiveen Regatta and have a sleep in until 7:30am, which still feels like a treat. I treasure the time spent at home, as it takes me away from my work environment, which is the National Rowing Centre and Cork. Also, I was on a voting campaign as I entered the Nissan Generation Next competition and I have a chance of winning a Nissan car for a year. This time however, I cannot line up on the start line and race for it; it is in your hands! You are competing on my behalf by voting with your e-mail every day (one vote every 24hours) until sixth of July. Voting can be done here:

<https://www.nissangenerationnext.ie/candidates/view/19> it has to be done daily where one email equals one vote. Please support me and win this race for me, as a free car would help me on my row to Rio campaign. Thanks in advance



MEENTOGUES NS CAPTURE 2 TEACHER SCHOOL TITLE

ALLIANZ CUMANN NA MBUNSCOL GIRLS FOOTBALL FINALS.

MEENTOGUES NS. 5-7
GHLEANNA DAINGEAN UÍ CHÚISE 5-5



MEENTOGUES NS, WHO WERE WINNERS IN THE CUMANN NA MBUNSCOL 2 TEACHERS SCHOOL FINAL AT AUSTIN STACK PARK, TRALEE ON TUESDAY. PIC JOE HANLEY

Meentogues NS. Rathmore left it late to capture the two teacher School title when Danielle O'Leary rounded off a great evening for herself with a late winner that broke the hearts of Ghleanna Daingean Uí Chúise. Wind assisted the Scoil an Ghleanna girls led at the break 4-4 to 1-2. Ava Nic Liam scored three of the first half goals with Lea Getkate accounting for the fourth. Ciara Furlong landed three of the first half points and while Scoil an Ghleanna were in command, during this period, Delia Foley struck for a goal and the industrious Danielle O'Leary scored two valuable points to cut the deficit. Though the girls from the west scored a further 1-1 in the second half they really

had no answer to the Caroline Kelly coached team with the outstanding duo of Delia Foley and Danielle O'Leary scoring an incredible 4-5 between them.

Meentogues: Mary McCarthy, Michelle Fleming, Gemma Cremins, Delia Foley, Danielle O'Leary, Subs: Lauren Fears, Shauna Fears.

Scoil an Ghleanna: Laura Ni Chonchúir, Eimear Ni Ghráinne, Ciara Furlong, Leah Getkate, Ava Nic Liam.

Ionadaithe: Rúna Ághas, Caoimhe Nic Gearailt, Aisling Furlong, Emma Ni Chonchúir, Isabel Ni Ghráinne, Susan Ni Ghráinne, Seodhagh Nic Liam, Mimi Ni Shuilleabháin, Aoife Ni Chinnéide, Kayla Getkate.



AT THE FOOTBALL CHAMPIONSHIP LAUNCH WERE FRONT ROW L-R: CLAIRE FEELY CROMANE; CIARA RANGLES LEGION; EVE ROCHE ABBEYDORNEY; ANNE MARIE FEELY CROMANE; ALLANA LYNCH CROMANE; SECOND ROW: ISABELLE CORRIGAN LEGION; SIOBHAN FLAHERTY ANNASCUL; ERIN SHEEHAN ABBEYDORNEY; JANE LYNCH; CASTLEISLAND DESMONDS; PADDY WHITE CHAIRMAN KERRY LADIES FOOTBALL BOARD; LEANNE MANGAN CASTLEISLAND DESMONDS; DAVID RANGLES SPONSOR RANGLES BROS NISSAN; RIONA KENNEDY NA GAEL; ALAN O'NEILL KERRY SENIOR LADIES MANAGER; JULIE CRONIN FOSSA; CHRISTINE O'CARROLL MILTOWN/ISTRY; KAREN O'CONNOR FIRIES; ERICA MCGLYNN FOSSA.



WORKMEN'S ROWING CLUB AT THE REGATTA IN CAHERCIVEEN ON SUNDAY. BACK ROW L-R ANNE MOYNIHAN, MAGS GREEN, TIMMY MOYNIHAN, PAT DOHERTY, PAT O'DONOGHUE, JOHN O'LEARY, ANTHONY MCCARTHY PAUDIE O'SULLIVAN
FRONT ROW: HUGH RUDDEN, OONAGH NEILAN AND PAULINE O'BRIEN.

WORKMEN'S ROWING CLUB

CAHERCIVEEN REGATTA: Congratulations to all our crews who competed at this event with 2 crews winning gold, 2 crews winning silver and 3 crews winning bronze medals. Special mention to our winning Senior ladies crew, Pauline O'Brien, Oonagh Neilan, Mary Moynihan and Ciara Moynihan and our U16 ladies crew Ciara Moynihan, Siobhan Burns, Annie O'Donoghue and Kayla McCarthy. Well done also to our Senior mixed crew, Sylvie Bartlett, Hugh Rudden, Oonagh Neilan and Pauline O'Brien who won silver medals. Sincere thanks to Mikey O'Donoghue and to Roisin O'Hare Doherty who did a great job of coxing the crews. Thanks also to Pat O'Donoghue and Pat Doc who did a fantastic job ensuring all crews were safely launched from the slipway and thanks, as always, to Timmy Moynihan for towing the boat trailer.

BEST WISHES: We would like to wish every success to Aodhan Burns who will represent Ireland in the Lightweight Men's double at the U23 World Championships in Plovdiv, Bulgaria in July.

UPCOMING EVENTS: Our next regatta will be Cork Regatta which will take place on Saturday and Sunday, June 20th/21st at the National Rowing Centre at Inniscarra. Race times and draws are available on rowingireland.ie. The following Sunday, June 28th is the date set for the 230th Killarney Regatta which will take place at O'Mahoney's Point. We wish the best of luck to all our crews who'll be competing at these events.

TRAINING: The usual training times apply for all crews, if in doubt check with your coach.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto draw 12/6/2015, numbers drawn were 7, 10, 12 and 28. Next

week's jackpot €10,800 plus €1,000 bonus.

RELAY MATCH: The long awaited relay match v Ríocht will be held on Monday 15th. Results next week.

U14-U19 MUNSTER CHAMPIONSHIPS: Held in Waterford last weekend, Tomas O'Neill was 1st Discus, 1st Hammer & 2nd in 800 U17. Sinead Warren 1st Hammer U16, Gary Cronin 3rd 250m Hurdles U15. Lauren Kennelly 2nd U19 high Jump.

COMMUNITY GAMES: Best of luck to all athletes who are taking part in Community Games this weekend.

KERRY CYCLING NEWS

BROSAN CALLS THE TUNE IN LYRE:

Round 3 of the Kerry Cycling Clubs Summer League was hosted by the Tralee Bicycle Club and saw the riders cover 43km that started at Ballycarthy Roundabout, into Farranfore and onto the Castleisland By-Pass. Here the course started to climb and once the riders turned left towards Lyre the incline was really testing for the riders. It was Moda Kingdom Endurance's John Brosnan who proved to be the man of the night to record his second Summer League win in a row. He jumped clear with 5km to go and was first over the finish line about 15 seconds ahead of Paul Horan from iBike. Moda's George Doyle was third with iBike's Tom Knight in fourth. To complete a good night for Moda Kingdom Endurance they had Mark Houlihan in 5th, making it three in the top 5. Mike Lucey from Strata / Velo Revolution took the 6th spot. In the Ladies section Theresa O'Sullivan from Tralee Manor West was first over the line ahead of Josie Knight, sister of Tom, who is better known as a track cyclist and who has competed in the World Championships.

CIAN MIXES IT WITH THE BIG BOYS: One of the rides of the night was by Cian Smailes, Tralee BC in the u16 section. He dominated the u16 section and was in amongst the A3 riders

at the finish line. Second on the night was Killarney CC's Eoin Blake with iBike's Patrick White in 3rd. The top 6 was completed by Killarney CC riders Fergal Murphy and David Fitzgerald with Killian O'Sullivan from Killorglin CC in 6th.

KIERAN FASTEST IN THE 14'S: Kingdom CC's Kieran Coggins took the honours in the u14 section where he was just across the line ahead of two Killarney CC riders Eoin Pathwell and Oisín O'Connor.

KANTURK RIDER FASTEST IN THE U12'S: The top 3 in the u12's on this occasion were O'Leary Stone Kanturk's Ronan Leahy followed by Aona O'Shea from Killorglin and Killarney CC's Ethan Slattery in third.

NEXT UP: The 4th Round of the Kerry Cycling Clubs Summer League will take place on June 25th and will see the riders return to Killorglin where the local cycling club will be the hosts.

TT ON THURSDAY: Next Thursday, June 18th, its back to the Time Trial, ran by iBike, which will once again use the regular route from Ballycarthy Cross to Castleisland and back.

TT SUCCESS: Well done to Kieran Coggins from Kingdom and Sean Barrett, iBike, who took 1st and 2nd in the Munster TT's held in Patrickswell.

KILLARNEY SOUTH COMMUNITY GAMES

The County Athletics Finals take place this Saturday in the An Ríocht track Castleisland. All Athletes that qualified in the Killarney South Area Finals are encouraged to attend. The sprints are the first events on the programme with the U. 8 sprints on the grass. Full details can be obtained on the Kerry Community Games website. We wish all the Athletes the best of luck on Saturday and the main thing to remember is that the ethos of the Community Games is Participation and having fun with friends. It is the taking part that matters.

MILTOWN/LISTRY COMMUNITY GAMES

CO. ATHLETICS FINALS: All roads lead to Ríocht Track in Castleisland this weekend Sat/Sun 20th/21st where the Denny Co. Athletics Finals will be taking place. Over 2000 young people will be taking part over the weekend. The finals will commence on Saturday with the opening parade starting at 10 am and we encourage all our athletes and parents to be present for the Parade if possible. This is a very enjoyable part of the weekend's activities and 2 of our athletes will parade with our banner. This year our area has the honour of reading out the Kerry CG pledge prior to commencement of athletic events and one of our athletes will be performing this task. With regard to our preparation we have had a number of training



sessions over the past 6 weeks including going to Riocht Track on 2 occasions and a big thank you to all the parents and those who have assisted with the training. Information texts are being sent out this week to parents of all those participating and this information will also be on our facebook page. Any queries please contact Denis 087-9662332 or George 087-8260139. We thank all the participating children for representing our area and sincerely hope they have an enjoyable experience over the weekend.

FARRANFORE MAINE VALLEY ATHLETIC CLUB

The Munster Juvenile U14 to U19 Track and Field Championships were held over two days last weekend in Waterford. We had a small number of athletes competing over the two days.

Rossa Foley one of our most dedicated athletes had a tremendous outing on both days. Rossa picked up 6 medals in total: Silver in the U18 Discus & Long Jump. He received Bronze in the Javelin, Shot, Triple Jump & Weight for Distance U19's. A great achievement.

Leanne Cronin who was competing in her very first Munster Championships competed in the U16 throws. Leanne improved her personal best in all four of her events. The Shot, Discus, Hammer & Javelin. A special mention too to Siofra Foley who also competed on the day. Well done everyone.

We would like to wish all our athletes who will be representing their parish in the County Community Games Finals over the coming week-end the very best of luck.

CLUB TRAINING: Juvenile Athletics Outdoor training and our Senior training will finish up

for the Summer with our last training session on Thursday 18th June.

We will be back again early september.

ATHLETIC CLUB FIXTURES: Community Games Athletic County Finals - 20th & 21st June, An Riocht Track, Castleisland.

Munster Senior & Masters Track & Field Championships, Sunday 28th June in Templemore Track. Closing date for receipt of entries is Friday 19th June. Contact Club secretary (Mary Kennedy 087 9881919) before this date in order to register on time.

Glo Health National Juvenile Track & Field Championships - Day 1 July 4th in Tullamore. Closing date for receipt of entries is Friday 26th June.

Glo Health National Junior & U/23 Track & Field Championships - July 5th in Tullamore. Closing date for receipt of entries is Friday 26th June.

Keep upto date with athletics on our Facebook & website: www.ffmvac.blogspot.com

KILLARNEY VALLEY AC

We had another successful outing in Waterford with the older athletes at the Munster U14 to U19 championships at the weekend. Christine Cooper was in top form winning gold in the U18 400m and adding a silver medal in the 400m hurdles race. Dylan O'Sullivan also won gold in the U19 boys High Jump, with Ciara Kennelly winning a Silver medal in the U14 girls High Jump. Sarah Leahy finished in 4th place in a very competitive U17 100m race which has qualified her for the National finals which take place in Tullamore over 2 weekends in July.

A reminder of the very successful Park Run that takes place every Saturday morning in Muckcross, all you need to do to enter is to register online and there is no entry fee

involved.

Please go to - www.parkrun.ie/killarney for all information and details on how to register.

We would like to wish all of our athletes the very best as they compete for their areas in the Community Games County Finals in Castleisland next weekend.

FOSSA ROWING CLUB NOTES

MEMBERSHIP: Membership for the 2015 rowing season is now due. Underage €30, Adults €60 and Family €120. It can be made payable to any club officer or trainer.

TRAINING: Training continues every Monday, Wednesday and Friday evening at 7pm and Sunday mornings at 10am on the lake shore in the lead up to the Killarney Regatta which will be held in O'Mahoneys Point on the 28th of June.

NIGHT AT THE DOGS: Fossa Rowing Club are holding a night at the dogs fundraiser on 22nd August in the Kingdom Greyhound Stadium, Tralee. Tickets cost €10 each (children under 14 free) and are available from any club member. All are welcome and your support would be greatly appreciated.

FOSSA COMMUNITY GAMES NOTES

The County Finals for athletics take place in An Riocht athletics grounds in Castleisland this coming Saturday the 20th of June, all participants should be there by 9.30am sharp so that they are registered in time for the event they will be taking part in. Spikes are not permitted to be worn in races from U13 down. Best of luck to all of you and remember most importantly of all to enjoy yourselves.



WINNERS OF THE OPEN LADIES RACE IN CAHERCIVEEN ON SUNDAY. THE WORKMENS ROWING CLUB:
L-R: OONAGH NEILAN, MARY MOYNIHAN, PAULINE O'BRIEN AND CIARA MOYNIHAN.



THE WORKMANS RC WINNERS U-16 GIRLS IN THE CAHERCIVEEN REGATTA ON SUNDAY.
L-R: ANNIE O'DONOGHUE, SIOBHAN BURNS, CIARA MOYNIHAN AND KAYLA MCCARTHY.

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Call Des on 087 6593427

KILLARNEY CELTIC NOTES

KENNEDY CUP The 2015 Kerry Kennedy Cup squad made history by becoming the first Kerry team to return home with the Kennedy Cup in tow after beating huge favourites DDSL 1-0 in a pulsating final.

Killarney Celtic are, of course, hugely proud of our eight players on the team, Marc Kelliher, captain David Dineen, Michael Lenihan, Patrick D'Arcy, Peter O'Sullivan, Darragh Lyne, Caolan Ryan, and Ryan Kelliher, and hugely proud of all the players, management, and great supporters who made history last week.

KILLARNEY CELTIC FOOTBALL FOR ALL

On Saturday morning 20 players, 6 coaches & 16 parents went to Dublin. Everybody went to the Republic of Ireland vs Scotland game at the Aviva Stadium. A great evening was had by all. Then on Sunday morning we had 3 teams take part in the FAI National Football For All blitz at the National Sports Campus in Abbotstown. Our 3 teams were Killarney Celtic Smurfs, Killarney Celtic Hoops & Killarney Celtic Forever. Killarney Celtic Smurfs had four games against Carrigaline United, Esker Celtic and Sacred Heart FC. Killarney Celtic Hoops & Killarney Celtic Forever had 6 games each against Carrigaline United, Limerick FC, Lourdes Celtic and themselves. The game against the Hoops & Forever was very entertaining. All children played extremely well and are improving all the time. All their coaches are extremely proud of how they played and their behaviour on the trip. All our players received an FAI medal at the end of the blitz.

MANAGERS WANTED Killarney Celtic are now seeking applications for managerial posts for the forthcoming 2015/16 season at all grades. We field 24 teams across all competitive grades for men and women, plus full coaching programmes, including non-competitive blitzes, for Football For All and for U10, U9, U8, U7 and Soccer Tots. No-one who wants to play soccer has ever been turned away at Celtic Park, but in order to keep that true we need people willing to help out in managing teams. Full training and garda-vetting will be provided, you need nothing more than a willingness to help players play in a safe and controlled environment where they can develop to the best of their ability at all grades right up to Premier. Please contact Pdraig Harnett at 087 9878983 or patharnett16@gmail.com or Mike Lyne at 086 0836356 if you can help out.

SOCCER TOTS: Our hugely popular Soccer Tots programme, to introduce children aged from four to seven (born between 1/1/08 and 31/12/11) to the joys of soccer in a completely non-competitive, fun, friendly environment with expert coaches, continues this Thursday at 6.00pm. All welcome.

Results

RESERVE CUP QUARTER-FINAL:

Killarney Celtic 0 QPR 0

It was a very close and exciting game, but neither side could make the vital breakthrough and they have it all to do again this Friday at 7.30pm in Celtic Park.

FIXTURES

RESERVE CUP QUARTER-FINAL: Killarney Celtic B at home to QPR, Friday, 7.30pm

YOUTHS LEAGUE SEMI-FINAL: Killarney Celtic at home to Dingle, Saturday, 2.30pm

PITCH BOOKINGS Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

LOTTO RESULTS: Numbers drawn 1, 2, 20, 24. No winner, two match 3, John Kelly c/o Sean Kelly Photoshop, David Stack Rockchapel Cork, €75 each. Next week's jackpot €5200, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

MASTERGEEHA FC

PREMIER B FINAL REPLAY

Mastergeeha 1 Fenit Samphires 0.

Mastergeeha were crowned league champions after a close and tense game in the Kerry District League grounds last Thursday night. In this game both side started well creating chances with Colm Lenihan going close for Mastergeeha in the 10th minute. In the 20th minute Mastergeeha took the lead when Chris Egan played a pass to Pdraig Nagle who finished well. Just before the break Feint created some half chances but Mastergeeha defence stood firm. In the second half Feint again had more possession but Mastergeeha defended as a team closing down the opposition and limiting them to half chances. Mastergeeha also created some chances with Pdraig Nagle and Dan Murphy going close, and Derry Ahern hitting the crossbar in the final minute. At the final whistle players, management and supporters celebrated this special occasion and appalled when Captain Chris Egan was presented the League Winners' Cup. Well done to all involved after a long hard season it is magnificent achievement to be crowned Champions.

KENNEDY CUP WINNER Congratulations to Mastergeeha players Paul O'Shea and Dylan Murphy who were part of the Kerry U14 squad to win the Kennedy Cup in University Of Limerick last week. Both were outstanding over the five days of competition culminating in a Final day victory over the DDSL. Both starred and scored vital goals in different games throughout the week and were credit to their families and club. Well done and congratulations on winning the Premier All Ireland Underage Soccer Competition.

FAI SUMMER CAMP Places for the FAI summer camp which will be hosted in Kilbrean Park from July 6th - July 10th can now be booked through the FAI summer schools website. Please book early to avoid disappointment at www.summersoccerschool.ie.

MASTERGEEHA F.C. LOTTO There was no winner on Friday 12th June. Numbers drawn were 2, 7, 15 & 19. Consolation prizes were €100 Sheila Doolan, Cockhill, Kilcummin, €60 SHAH, c/o The Village Inn, €30 Sylvester

Dwyer, Glounacopple, Kilcummin, €30 Pat Walsh, Milleen Kilcummin, €30 Sylvester Dwyer, Glounacopple, Kilcummin. Draw will take place in The Village Inn Kilcummin every Friday night. Jackpot now €3,450.

KILLARNEY ATHLETIC A.F.C. NOTES

KILLARNEY ATHLETIC A.F.C. KILLARNEY CREDIT UNION 7 A SIDE TOURNAMENT 2015. KICK-OFF

UNDERAGE & OVER 35'S The closing date for Over 35's and under 10/12/14/16 entries need to be returned by the 1st July. Application forms are available from Killarney Credit Union, Beech Rd. and Park Rd.; Scotts Bar and at www.killarneyathletic.com

See www.killarneyathletic.com for entry forms, information on previous 7-A-Side Tournaments and for updates throughout the tournament. Killarney Athletic A.F.C. Killarney Credit Union 7 A Side Draw 2015

FIXTURES will be on our website www.killarneyathletic.com or facebook from Sunday next 21st June.

50TH ANNIVERSARY CELEBRATIONS

25TH JUNE: Golf Classic at Killarney Golf and Fishing Club

5TH SEPTEMBER: Celebratory Dinner in the Dromhall Hotel.

50 YEARS OF KILLARNEY ATHLETIC HISTORY ARTICLE SERIES To mark 50 years of Killarney Athletic, we will be releasing a series of articles setting out the club's development since its foundation by Dan Harrington in 1965 to the present day. Anyone who wishes to contribute, particularly former officers or managers, can email 50years@killarneyathletic.com or contact Toirdealbhach (087) 6447603 or Mike (087) 2727173 for more details. The first article will be "The Harrington Era 1965-1969", a personal account of the foundation of the club by Dan Harrington. The club is also planning a slideshow or exhibition of photographs on the night of the celebratory dinner (5th September). If you have a photo that you would like to contribute, please pass it on to Don O'Donoghue (086) 1234610, Mary McCarrick (087) 7750773, Mike O'Shea (087) 2226185, Toirdealbhach (087) 6447603, or indeed email it (or a link to it) to 50years@killarneyathletic.com. It will be scanned and returned to you with minimum delay.

This is a brilliant opportunity to celebrate the club's proud and varied history in Killarney so please get involved with your contribution.

KENNEDY CUP Congratulations and well done to the Kerry Kennedy cup squad who won the Kennedy cup final against DDSL last week. Killarney Athletic Website: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

KENNEDY CUP HEROS BRING THE CUP TO KERRY

Match Report: Jimmy O'Sullivan Darcy

This week the victorious members of the Kennedy Cup squad visited their former Primary schools with the cup.

The Monastery in Killarney played host to the boys on Wednesday when former students Darragh Lyne and Michael Lenihan arrived with the cup much to the delight of students and teachers there.

The 2015 Kerry Kennedy Cup squad made history by becoming the first Kerry team to return home with the Kennedy Cup in tow after beating huge favourites DDSL 1-0 in a pulsating final.

Having topped their group, Kerry overcame Galway 2-0 in the quarter-final. They were leading 1-0 against Limerick Desmonds in the final but conceded a penalty and were reduced to ten men for the last twenty minutes, but showed incredible heart and steel to bring the game to penalties. Sudden death, 27 penalties in total, including an injured David Dineen slotting his after team-mates had to help him up to the penalty spot. Hero of the hour was Kerry sub keeper Alex O'Connor, who stopped

four penalties before Kerry won out.

DDSL were unbackable favourites as they always are. And in fairness, DDSL were very good. Kerry were better.

Just before half-time, Darragh Lyne won a corner swung brilliantly into the box by Dylan O'Neill, and there was Mastergeeha marksman

Dylan Murphy to sublimely sweep the ball into the net. DDSL came back and pressed hard for an equalizer, but Kerry, with every player working tirelessly, held out all the way to the final whistle.



KERRY'S KENNEDY CUP SQUAD AT THE PRESENTATION MONASTERY, KILLARNEY



PRESENTATION MONASTERY PRINCIPAL COLM O'SULLIVAN WITH PAST PUPILS AND KENNEDY CUP WINNERS DARRAGH LYNE AND MICHAEL LENIHAN



KENNEDY CUP MANAGEMENT AND PLAYERS DARRAGH LYNE AND MICHAEL LENIHAN AT THE PRESENTATION MONASTERY, KILLARNEY

KILLARNEY WALKING FESTIVAL THIS WEEKEND

MARIE KEHOE-O'SULLIVAN, GETTING READY FOR THE SUMMER SOLSTICE.. DRUIDS JOURNEY ACROSS THE MACGILLYCUDDY'S REEKS BY TORCHLIGHT ON THEIR WAY TO THE ANCIENT SACRED SUMMIT, THE PAPS OF DANÚ. THERE THEY WILL CELEBRATE THE ANCIENT RITE OF THE SUMMER SOLSTICE IN HONOUR OF THE GODDESS DANÚ. KILLARNEY WALKING FESTIVAL, FRIDAY 19TH JUNE TO SUNDAY 21ST JUNE 2015. OTHER SIGNATURE WALKS INCLUDE, THE COOMLOUGHRA HORSESHOE TREK ALONG THE MACGILLYCUDDY'S REEKS, SUMMIT OF CARRAUNTOOHIL, SUNSET ON STRICKEEN MOUNTAIN ON THE EVE OF THE MID-SUMMER, OLD KENMARE ROAD, MANGERTON AND TORC MOUNTAIN PATHS, KERRY WAY, GAP OF DUNLOE BOAT TRIP, KILLARNEY NATIONAL PARK. BOOKINGS AND REGISTRATION: WWW.KILLARNEYWALKINGFESTIVAL.IE
PHOTO: VALERIE O'SULLIVAN.





AT THE PRESENTATION OF THE DR CROKES GAA CLUB GOLF SOCIETY OUTING AT BEAUFORT GOLF CLUB ON SATURDAY WERE FRONT FROM LEFT, MIKE BUCKLEY, KERRY COACHES, SPONSOR, PETER MCENERY, WINNER, AND BRIAN O'CALLAGHAN, (CAPTAIN). BACK FROM LEFT ARE HARRY O'NEILL, JOHNNY COURTNEY, DENIS COLEMAN, STEPHEN MCCARTHY AND JOHN MCENERY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM).

KILLORGLIN GOLF CLUB

LADIES: LADIES OPEN DAY SPONSORED BY FEXCO 18 HOLE STABLEFORD:

1. Eleanor McCarthy (26) 40 pts (B9). 2. Catherine Walsh, Castleisland (30) 40 pts. Gross: Eibhlin McCarthy (8) 80. 3. Mary Conway (31) 39 pts. At the Presentation of Prizes Lady Captain Phil Anne Foley thanked everyone for supporting the Open Day. She also thanked FEXCO for their great sponsorship and congratulated all the winners.

CASTLEGREGORY EXCHANGE DAY 18 HOLE STABLEFORD: 1 Maura O'Boyle (27) 38 pts. Back (9). 2. Kathleen Cronin (25) 38 pts.

FIXTURE: Captain's Prize to Ladies 18 Hole Stableford takes place on Saturday 20th June. Entry Sheet on Notice Board. Draw for partners. Wishing Captain Paul McKenna best of Luck for his Captain's Prize Day on Sunday 21st June.

BUNKERS BAR & RESTAURANT GOLF SOCIETY:

18 HOLE STABLEFORD AT KILLORGLIN GOLF CLUB: Overall Winner: Jacko Foley 36 pts. Ladies Winner: Nuala McEnery 33pts. Men's Winner: James McEnery 33pts. Next outing is to the Castlerosse on 24th June also at 5.30pm.

ROSS GOLF CLUB

GENTS CLUB

RESULT: ON SUNDAY JUNE 14TH WE HELD A SINGLE STABLEFORD COMPETITION KINDLY SPONSORED BY MURPHY'S BAR, COLLEGE ST.

The winners were

1st Renaldas Bendikas Jnr (12) 42pts.

2nd Andy Deally (14) 38pts.

3rd Oliver Butler (18) 38pts.

4th Jordanas Jonikiatis (14) 37 pts.

On Sunday June 21st we will hold a V Par Competition. The timesheet is now available so please add your name to it as soon as possible.

On Sunday June 28th our Captain, Denis Cronin will hold his Captains Day. All members are reminded that to win the Captains Prize you need to have played in two qualifying competitions this year.

PRIZEGIVING: We held a very successful prizegiving night in the Clubhouse last Sunday where we presented prizes for many recent competitions. This event was well supported and a good social evening was had by all.

ROSS TEAMS: Best of luck to our Dr Billy team who will play Castlegregory in Castlegregory on June 24th in that competition.

Our Mixed Foursomes team lost out narrowly to Killarney Golf Club recently in that competition on a score of 3.5 to 1.5.

ROSS GOLF CLUB

LADIES CLUB

RESULTS: SUNDAY 14TH JUNE 18H SINGLE STABLEFORD. CLUB SPONSORED.

1st Sinead O'Shea (19) 43pts.

2nd Eileen Fleming (18) 29pts.

UPCOMING EVENTS: Saturday 20th June. 18H Single Stableford. Kindly Sponsored by Mary Moynihan.

KILLARNEY GOLF CLUB

LADIES

By Eileen Tarrant PRO

RESULTS OF COMPETITION SUNDAY 14TH JUNE, SPONSORED BY BANK OF IRELAND, SINGLES S/FORD KILLEEN COURSE.

1st Katie O'Connell (31) 40 pts.

2nd Lora Beth Molloy (33) 39 pts.

3rd Sally Cooper (21) 28 pts.

B.G. Anne Ladd (11) 23 gross pts.

4th Patsy Hanley (22) 38 pts.

CSS 73 (37 s/ford pts)

Next Sunday's competition will be sponsored

by KEM Travel Killeen Course, Team of 4.

Killarney beat Ross Golf Club at Dooks on Saturday morning in the Third round of the National Mixed Foursomes and went on to beat Doneraile in the afternoon.

They had a great performance again on Sunday morning against Dooks and were unlucky in what was a very competitive match with two matches going to the 18th and 19th and two matches called in on the 17th & 18th all square and the deciding match ending on the 17th. The mixed Foursomes sponsored by Walsh Brothers, Castleisland, will take place on Friday 26th June, followed by Prize Giving at 9.30 for this competition and recent competitions (see board).

KILLARNEY GOLF CLUB

MEN'S: BACK STAKES CLASSIC

STROKE, MAHONY'S POINT 14/06/2015

SPONSORED BY: O'DONOGHUE RING HOTEL GROUP

1. Adrian Brennan (9) 65.

2. James Kelliher (16) 66.

3. Luke Sweeney (18) 66.

4. Gerard Walsh (14) 67.

5. Niall Mc Carthy (10) 67.

Best Gross Simon Gallivan (2) 70.

Div 2 – John O'Connor (7) 69.

Div 3 – Matthew O'Connor (12) 67.

Div 4 – Michael Neeson (19) 67

CSS 72

Next Sunday June 21st Team of 4.

RING OF KERRY GOLF CLUB

RESULTS: 13TH / 14TH JUNE

ACCOMMODATION CUP WEEKEND SPONSORED BY MCCARTHY'S MEAT MARKET

1st: Coughlan House B&B - Mick O'Neill (23), Joe O'Neill (2) & Joe Harrington (20) 57pts.

2nd Coolcower Meats - Dermot Murphy (12), Brian McCarthy (27) & Daniel Taylor (21) 56pts ocb.

3rd Thomas Browns Restaurant - Jerry Kearney (17), John O'Keeffe (13) & Eugene O'Sullivan (22) 56pts.

Longest Drive: Brian Long.

Nearest Pin: Thomas O'Driscoll.

UP COMING EVENTS

Singles Stroke Play 20th / 21st June.

BEAUFORT GOLF CLUB

LADIES BRANCH

6TH/7TH JUNE - 18 HOLE STABLEFORD - SPONSORED BY SEAN TAAFFE

1st Peggy O'Riordan (34) 34 pts.

2nd Joan O'Sullivan (22) 22 pts.

3rd Renee Clifford (25) 22 pts.

13TH/14TH JUNE - 3 T'S - STABLEFORD - SPONSORED BY TOM TOBIN (KILLARNEY TROPHIES)

1st Noleen Mackessy (27) 36 pts.

2nd Grace Dennehy (33) 34 pts.

FIXTURES: Sunday 21st June - 3 Club 18 hole Stableford - Sponsored by Ladies Branch.

Club BBQ Sunday 21st June - starts at 5pm.

Club Scramble continues on Wednesday 17th June. Meet at Clubhouse at 6.15pm for scramble starting at 6.30pm.

Open to non-members.

Ladies Club Open Day Tuesday 7th July - sponsored by Dunloe Hotel - 18 hole Single Stableford open to Ladies & Gents Categories with Separate prizes for each.

Open Fridays from 10th April to 2nd October 2015. Open to Ladies & Gents - Single Stableford Entry Fee €20. Ring Clubhouse on 064-6644440 to book a tee time.

BEAUFORT GOLF CLUB

MEN'S BRANCH

RESULTS: 17TH MAY - EXCHANGE DAY CEANN SIBEAL - SPONSORED BY PAT GILL, WEST LODGE HOTEL

1st Shane O'Sullivan (7) 35 pts.

2nd John Looney (12) 34 pts.

3rd Michael Lynch (20) 30 pts.

31ST MAY - 18 HOLE V PAR SPONSORED BY RANGLES COURT HOTEL

1st Dan Moynihan (5) All Square.

2nd Peter O'Brien (8) 1 down.

3rd Joe McMahon (12) 2 down.

6TH/7TH JUNE - 18 HOLE STROKE - SPONSORED BY BEAUFORT BAR

1st Johnny Doolan (19) 65 Nett.

2nd Pat Tangney (19) 68 Nett.

3rd Dan Moynihan (5) 69 Nett.

22ND MAY - OPEN FRIDAY - SPONSORED BY CLIFFORD GROUND CARE

Winner: Shane O'Sullivan (7) 38 pts.

5TH JUNE - OPEN FRIDAY - SPONSORED BY CLIFFORD GROUND CARE

Winner: Helen Slattery (24) 36 pts.

12TH JUNE - OPEN FRIDAY - SPONSORED BY CLIFFORD GROUND CARE

Winner: Michael Coote (2) 40 pts.

FORTHCOMING EVENTS

21st June - 3 Club Stableford - sponsored by MD O'Shea.

Club BBQ Sunday 21st June - starts at 5pm.

Ladies Club Open Day Tuesday 7th July - sponsored by Dunloe Hotel - 18 hole Single Stableford open to Ladies & Gents Categories with Separate prizes for each.

Open Fridays from 10th April to 2nd October 2015. Open to Ladies & Gents - Single

Stableford Entry Fee €20. Ring Clubhouse on 064-6644440 to book a tee time. (Please note there will be no Open Friday on 29th May as course is booked for a golf classic)

MEMBERSHIP: Contact Beaufort Golf Club or website www.beaufort-golf-club.com for latest offers on membership and green fees.

Phone: 064 66 44440,

Email: beaufortgolf@gmail.com

KILLORGLIN GOLF CLUB

MENS COMPETITION RESULTS SPONSORED BY TOP SHOP MILLTOWN 14/06/15

1st Alan Daly 43 pts.

2nd Brendan Quirke 42 pts.

3rd Brendan Campbell 40 pts.

Gross Aidan Spillane 75 gross.

4th Michael Harrington 40 pts.

5th Denis O'Shea 40 pts.

Senior Michael O'Cinneide 38 pts.

KERRY PITCH & PUTT

A fantastic weekend of pitch & putt took place last weekend. On Saturday the Kerry County U16 Stroke-Play Finals took place in Listowel, while the Munster Stroke-Play qualifiers took place in Tralee on Sunday.

In Listowel the 10-13 age section was won by Deerpark's Cillian Courtney, while the runner-up was Deerpark's Adam Kelly. The 14-15 age section was won by Deerpark's Lorcan Murphy and the runner-up was Listowel's Adam Carroll. Overall it was a one-two for Deerpark with Jason Cahillane taking the runner-up spot but this year's Kerry Under 16 Stroke-Play Champion is Sean Courtney. Congratulations to all winners and the over twenty players who competed. On Sunday in Tralee the Munster Stroke-Play qualifiers took place. With only two spots available for the Seniors competition was fierce. two Deerpark players came out on top with Damien Fleming and Conor McCarthy shooting twelve and nine under par respectively. There were five spots available for the Inters with Deerpark's Jason O'Brien coming in with seven under par followed by club mate Michael Cronin on two under, Tralee's Eamon Sheehy and Gavin Carroll with two under and level par respectively. Castleisland's Aidan O'Connor



GER HOGAN, WINNER OF THE 2015 JUNIOR SCRATCH CUP AT RING OF KERRY GOLF CLUB ON SATURDAY 6TH JUNE.

took the last spot. The Juniors was dominated by Tralee players who took all four spots on offer. Aidan O'Sullivan, Pa Byrne, David Hobbart & Roger Guthrie came home well ahead of the field. Best of luck to all players at the Finals in Riverdale, Nenagh in two weeks time (Sunday June 28th).

DEERPARK PITCH & PUTT NOTES

By John Kelly

MUNSTER STROKEPLAY COMPETITION:

Congratulations to Damian Fleming and Conor McCarthy who were winners in the Senior grade at the Munster Strokeplay competition in Tralee and to Jason O'Brien and Michael Cronin who were victorious in the Intermediate grade. **RESULT COUNTY STROKEPLAY IN LISTOWEL:** Overall winner Sean Courtney, 2nd Jason Cahillane, U-13 winner Cilian Courtney, 2nd Adam Kelly U-15 winner Lorcan Martin.

NATIONAL STROKEPLAY: Best wishes are extended to all our competitors participating in the National Strokeplay in Deerpark on this Sunday commencing at 9-30am. Course will be closed until competition is completed. All qualifiers will go forward to the finals in Nenagh in two weeks.

WEDNESDAY EVENING FOURBALL: Winners on last Wednesday evening were James Fleming and John Kelly. Gross Jason O'Brien and Paddy Murphy.

CLUB MATCHPLAY COMPETITION:

James Fleming and Kieran Fitzpatrick were victorious over Colm O'Dowd and John Kelly in the opening round on Friday evening.

JUVENILE OUTING: Juvenile officer Paul Cronin wishes to inform all club juveniles that there will be a juvenile outing on next Friday June 26th commencing at 6-30pm followed by a Barbeque.

SENIORS OUTING ON JULY 1ST: Next seniors outing will be to Castleisland on Wednesday July 1st at 10-15am. Final outing to Newmarket in September.

NOTES DEADLINE: Items for weekly Notes to be forwarded to PRO at kellydoolan@eircom.net Landline 064-6632698

Mobile 086-3941769 prior to 12 midday on Monday.



MARIA WARREN POURING A CUPPA FOR JOHN AND MAIREAD KERRISK AT THE LAUNCH OF THE COFFEE MORNING IN AID OF THE HOSPICE PALLIATIVE CARE TRALEE. THE COFFEE MORNING WILL TAKE PLACE TOMORROW, SATURDAY 20TH JUNE 10AM - 1PM AT THE KILLARNEY GOLF CLUB.

Tommys Farming Week

The news that a case of BSE was discovered in County Louth was greeted with dismay, it was inevitable that first reactions would be very negative, both within and outside the farming community. Memories of the dramatic fallout from the original outbreak are still fresh, people thought it could finally be consigned to history but it is a tough customer. Ireland has been bouncing along the bottom in relation to new cases now for some years, only ten cases in total in the last six, no one last year. Recognition of that fact, within the food industry came only a week before, now we must assume that will be up for review. We may never know the cause of this particular infection, the suggestion that residual contamination of a feed bin was a possible source sounds farfetched but this prior is extraordinary. The procedure of destroying surgical equipment following operations on CJD patients tells its own story, it is not to be trifled with. Will it remove access to our recently regained markets, we can only hope not, it would be a very harsh decision but politicians do strange things when public perception demands action.

There was a story in the Sunday Times this week that got me smiling, it seems that bees are not

dying out half as fast as recent articles tell us they are. The urban jungles of Ireland are being overrun by swarms of bees. We have been told that bees are disappearing from Europe, the Americans have been told that bees are disappearing from America, the Canadians are being told likewise, somebody obviously forgot to tell the bees. Since the recession, according to the Federation of Irish Beekeepers, the number of keepers on their books have doubled, many more have taken up the hobby without membership. The result, new colonies of bees on the streets in search of new homes. I had to see if this phenomenon was true only in Ireland, what I found left me confused but not surprised. The Food and Agricultural Organisation of the United Nations publish all sorts of facts and figures, obviously our illustrious journalists reporting on the Green spawned "Beepocalypse" don't look at them. There are more than TEN MILLION extra beehives in the world now than there were a decade ago. Numbers are up in North America (300,000 extra) and Europe (500,000 extra). So what, you might ask, well one of the most successful campaigns run by the green movement in recent times led to the banning of a relatively new type of pesticide called

neonicotinoids. The entire premise was that this pesticide was leading to significant reductions in the honey and wild bee populations. The benefit of the product, according to the manufacturers, was its incorporation into the seed, no need to spray the crop, therefore no harm to farmers, locals or innocent insects, including bees. The only victim was the attacker of the seed, a win win situation. Sounds plausible. Not so said the environmentalists, bee populations are being decimated. Politicians follow votes, the precautionary principle is invoked, neonicotinoids are banned, farmers go back to indiscriminate spraying. Someone is not telling the truth, I wonder who?



LOCAL CO-OPS APPOINT NEW GENERAL MANAGER

Associated Trading Co-operatives (ATC), the agri-trading purchasing and supply group of 18 dairy and other co-operatives including Lee Strand across Ireland has appointed John Heaphy as General Manager. The full list of co-ops involved in this nationwide initiative is below.

The Associated Trading Co-operatives Group specialises in the buying of agricultural products and farm inputs, some of which are sold to farmers under the Co-op Source brand through its co-operative members.

ATC's purpose is to harness the collective buying power of its member co-operatives in a combined, competitive and forward looking approach to their buying requirements. ATC currently makes purchases of some €30m per annum on behalf of its co-operative members who achieve mutually beneficial cost savings from this process.

Mr. Heaphy is a management accountant by profession and he is a specialist in procurement management. As General Manager,

he will spearhead the re-engineering and planned strategic growth of ATC operations. This will include the formation of mutually beneficial partnerships with suppliers who are interested in working with ATC to provide quality, value and choice for the co-operative farming community.



JOHN HEAPHY, APPOINTED GENERAL MANAGER OF ASSOCIATED TRADING CO-OPERATIVES



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Planting since 1982

MACRA MATTERS

Kenmare Macra recently held their Annual General Meeting in the Atlantic Bar Kenmare. There was a large attendance and the following officers were elected

President: Niall Riordan
Chairperson: Theresa O' Shea
Secretary: Jamie Cooper
Treasurer: Sinead O' Shea
Assistant Treasurer: Daniel Kelleher
P.R.O Neily O' Sullivan
Assistant P.R.O Ciara O' Shea

Any one interested in joining the club should check out their Facebook page to see details of up coming meetings and events. Kenmare Macra have planned a summer night out to Clonakilty for the 27th June anyone interested in joining the club for the night out can contact Theresa on 087 3881297.

NEW CHARTER SETS CLEAR OBJECTIVES THAT UNDERPIN RIGHTS OF FARM FAMILIES

Following the conclusion of protracted negotiations, IFA President Eddie Downey said the Association had secured significant improvements in the new Charter of Farmers' Rights.

Eddie Downey said, "Specifically, in the areas of payment targets, inspection protocols and appeals, the new Charter has set out clear objectives that will underpin the rights of farmers".

He said the IFA negotiating team led by Deputy President Tim O'Leary had a clear focus to ensure that CAP and other payments were made as early

as possible, with no unnecessary delays.

"The inspection regime had become a real bone of contention between the Department and farmers. The new Charter will go some way towards delivering fairness and respect for farm families, both on inspections and appeals."

Eddie Downey said the Minister now has a responsibility to ensure that all farm families are advised of their rights, and that Department officials deliver on the commitments in the Charter of Rights and ensure the new standards are fully implemented.

BEEF CALF BIRTHS 2% HIGHER THIS YEAR

Over 649,000 beef calves have been born so far this year, according to latest figures from the ICBF.

Beef calf births are up some 15,441 head or 2% on figures over the same period in 2014.

According to a recent report by AIB one third of beef farmers in Ireland intend to increase the number of suckler cows on their farms.

Half (48%) of beef farmers in Leinster are planning to increase the number of suckler cows they have, compared to three out of 10 farmers in the rest of the country, the survey found.

Some 26% of farmers aged over 60 years of age intend to increase their suckler herd and also half (49%) of farmers aged under the age of 45 intend to do so, the AIB survey found.



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Hudson, Murphy's, McCullagh,
Ivor Williams. Tel: 087 250 4441



BEAUFORT NEWS

ANNUAL PILGRIMAGE TO KNOCK: A Bus will leave Beaufort Village for Knock on Sunday, 19th July. Main Celebrant will be the most Rev. Eamon Martin, Archbishop of Armagh, Primate of All-Ireland. Further details 064 6644319

THANK YOU: On behalf of the Beaufort Beekeepers may we thank Tuddy Clifford and his wife Tess and Family for hosting the

Beekeepers open day on their farm. There was 70 people in attendance, hives were opened and the Queen came to the fore, Michael Mac Giollacudda of Galtee Beekeepers and Pauline Walsh were there to explain to everybody the productivity and life workings of the Bees. Everybody sat around afterwards and feasted on some of Tess'

homebaking which was really appreciated. Hopefully it will be the start of many more. Beaufort beekeepers is a very strong club and meets the first Thursday of the month in Beaufort Bar at 9.00 pm do come along and join us.

GLENFLESK NEWS WITH DONAL KELLY

COUNTY LEAGUE DIV2: The Glenflesk, senior team, sponsored by the Jarvey's Rest were defeated by Laune Rangers in the sixth round of the county league played in Glenflesk on Saturday June 13th, on a score line of 0-8 to 1-9. The seniors face Spa in the next round on Saturday June 27th.

GLENFLESK LOTTO: Glenflesk Lotto draw was held on Sunday the 7th of June 2015, in Spillanes. Jackpot: €5,400. Numbers drawn: 7, 9, 17, 24. No Winner. Next draw will be held on Sunday June 21st in the Corner Bar, Jackpot €5,600.

GLENFLESK JUNIORS: The Glenflesk junior team have been turning in some impressive performances in Group 5 of the county league and so far have defeated, Dr. Crokes, Waterville and Kenmare. Their remaining fixture is against St. Mary's Caherciveen, and they are well placed to qualify directly for the final.

KERRY JUNIORS: Well done to Jeff O'Donoghue who was a member of the Kerry Junior team who defeated Tipperary in Thurles on Sunday June 14th to qualify for the Munster final.

GLENFLESK U12S: The Glenflesk U12s entertained Fossa in Glenflesk on Sunday June 14th. The first team, missing a few regulars, were defeated on a scoreline of 2-14 to 4-14 while the second team won on a scoreline of 5-14 to 5-11. Next Sunday June 21st, Glenflesk travel to Dr. Crokes.

UNDER 10 GO GAMES BLITZES: East Kerry clubs are taking part in Under 10 Go Games club blitzes that started on the week of 8th

June. The aim of the blitzes is to give all players games, helping to develop and improve skill levels in a fun format. The players will get one hour football each night. Glenflesk are in a group with Rathmore and Legion. Glenflesk hosted the first blitz on Wednesday June 10th.

BARRADUFF NS 80KM CYCLE: The 4th annual Barraduff national school cycle held on Sunday June 7th was a resounding success. Nearly 250 cyclists made the trip from Barraduff to Kenmare, Molls Gap, Killarney and back to Barraduff again safely, in beautiful calm conditions. The Parents' Association would like to sincerely thank all those who participated in this event. We hope that you enjoyed it and that we'll see you all again next year. We would also like to thank the Order of Malta, O'Sullivan's Cycles Killarney, Whytes Centra Kenmare, O'Donoghue's Costcutter Barraduff, John Dan's Bar and Daly's Supervalu Killarney for their support. Finally, a very special word of thanks to the many volunteers, parents and teachers who gave so freely of their time on the day to help make this event so successful. Find us on Facebook for photos of the day.

GLENFLESK COMMUNITY GAMES: Well done to the Glenflesk U10 Boys and Girls football team who qualified for the final group stages of the county competition, which was played in Glenflesk on Friday June 5th. After a number of closely fought games including extra-time the Glenflesk team came away with the bronze medals. Well done to all the players and their mentors for their hard work and dedication over the last number of weeks to prepare for

this competition.

GLENFLESK COMMUNITY GAMES BONUS BALL: We are running a 'bonus ball' lotto draw for 25 weeks beginning on Saturday 4th July up to the end of December. €50 entry (€2 per week). If your number is the bonus ball number drawn in the Saturday night National Lottery draw you win €40. If you are interested in supporting this please text your name and number or phone Kathleen O'Connor-Fleming on 0876816413. Your support is greatly appreciated.

RAHEEN NS: Well done to all our school football team on winning the Credit Union 2 teacher school competition. Thanks to Meentogues N.S for a great game. Congratulations to Monica Faulds who had the winning lotto number 32 on Saturday the 30th of May; to Kitty Foley who had the winning lotto number 15 on Saturday the 6th of June and to Declan Campion who had the winning lotto no. 27 on Saturday the 13th of June.

KENNEDY CUP 2015: Congratulations to Patrick D'Arcy and Mark Kelliher who were members of the Kerry U14 soccer team who beat the Dublin District Schoolboy League (DDSL) at the University of Limerick to bring the SFAI Kennedy Cup to Kerry for the very first time and back to Munster for the first time in 14 years. Patrick and Mark both play soccer with Killarney Celtic and are also members of the Glenflesk U14 team.

CONTACT: We welcome items of local interest. Please contact PRO Donal on 087 668 7926 or pro.glenflesk.kerry@gaa.ie.

SPA NOTES



SPA MUCKROSS COMMUNITY GAMES U10 FOOTBALL TEAM WHO WON THE COUNTY FINAL RECENTLY. THEY GO ON TO COMPETE IN THE MUNSTER FINALS IN EARLY JULY.

HAPPY FEET SUMMER CAMP: July 13th - 17th July. Once again Conor Gleeson and John O'Donoghue are offering a fun filled week of games and activities in a safe Environment in Spa GAA Grounds. Camp is €70 with family rates available €50/2nd child. This camp is for children attending National School. All instructors are fully qualified experienced teachers. Please contact Conor 087-2565142 or John 087-9403517.

CLUB MERCHANDISE: Please contact Mathilda McCarthy (087) 648 7356 to purchase our new range of Club gear.

MANGAN SCHOOL OF DANCING CONCERT: Congratulations to Triona and Mairead Mangan

in their successful and most enjoyable Inaugural concert last week in the Gleneagle. Well done to all involved.

SPA COMMUNITY NOTES: Sympathy is extended to the relatives of Chris Dennehy Kilbreen who died at the weekend. May She Rest In Peace

WEDDING: Congrats to John Kelliher Tiernaboul on his recent marriage to Ciara O'Rourke Cork.

KENNEDY CUP: Well done to Ryan Kelliher who was part of the victorious Kerry team that won for the first time ever.

KILCUMMIN NEWS

SYMPATHY: Sympathy is extended to the family of the late Noreen Culhane, The Glebe, who died recently. May she rest in peace.

PILGRIMAGE TO KNOCK: This will take place on Saturday 20th June. Bus fare €25 this includes breakfast. Mass will be celebrated with the group in the Apparition Chapel. Bus seats will be allocated on a first come first served basis. Pick up points Glounonea Grotto 6.30am, Anabla 6.40am, Post Office 7am & Lawlor's Cross 7.10am. For further details contact Fr. Joe 086-2498967. Please book at Kilcummin P.O. Everyone welcome.

KILCUMMIN LOOKING GOOD: We are meeting at the Community Park every Wednesday night between 7.00pm and 8.00pm to do maintenance work in Kilcummin in order to be ready for the Tidy Towns adjudication. All volunteers welcome.

KILCUMMIN COMHALTAS: We will be holding our Flag Day fundraiser on Sunday 21st June. We are asking for volunteers to contact Marguerite (Secretary) on 086-081-0208. Any time you could give would be greatly appreciated.

FLEADH CHEOIL: Wishing the very best of luck to all our members who are competing in Fleadh Cheoil Ciarraí. Enjoy the experience.

KILCUMMIN GAA:

JUVENILE GAA: U14 girls play Finuge - St Senan's away at 5pm on Sunday 21st June. U12 boys play Kenmare away at 6pm on 21st June. U14 boys play Spa away in the East Kerry League at 7.30pm on 22nd June. U16 Boys play Castlegregory at home on 24th at 7.30pm.

VOLUNTEERS: Volunteers needed to assist with bag packing in Tesco for Ladies GAA Club on 19/20th June. Ring Niamh on 0876619503

FATHER'S DAY: Father's Day is on 21st June. Why not treat him to some Kilcummin gear. You can kit him out with jerseys and jackets for cheering on the team from the side line. These are available from Marie Lehan on 0879181973

CÚL CAMP: Kilcummin's Cúl Camp in 2015 will take place on 20th-24th July. The cost for a child is €55 with second and third children costing €45 and €40 euro respectively. See www.kelloggsculcamps.gaa.ie for further details and for bookings.

USED CLOTHING COLLECTION: The ladies club will be organising a used clothes and phone collection in September to raise much needed funds for the club.

KILCUMMIN GAA LOTTO: There was no winner on Sunday June 7th. Numbers drawn were 11, 19, 25, 26. Consolation prizes were €100 Brid Fleming, Clashnagarrane, €60 Jean Courtney, Scartlea, Muckcross €60 Denis O'Sullivan, Cockhill, Kilcummin. €30 Valerie McSweeney, c/o Dept. of Justice, Killarney. €30 Denny O'Connor, Rathnane, Kilcummin. Next Draw Sunday, June 21st 2015. Jackpot now €4,000.

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RATHMORE/GNEEVEGUILLA NEWS

By Michael O' Mahony

GNEEVEGUILLA PARENTS

ASSOCIATION: Are holding a Family Fun Fundraising event at the Kingdom Greyhound Stadium, Tralee. This night of entertainment for all ages will take place on the Saturday the 20th of June and will start at 7:50 sharp. There will be a bouncing castle, face painting and a raffle held throughout the night. Tickets are €10.00, children up to the age of 14 are free. These can be purchased at the School or from the members of the Parents Association, all welcome.

FRANKBUCKLEY MEMORIAL WALK: Clydagh Valley to Cahills Bar Rathmore on Sunday 21st June in aid of Brain Awareness.

Reg: €10. Between 12 and 1pm. Buses leave at 1pm. Refreshments in Cahills Bar after walk Tel: 0876245071.

FR. KEVIN 34 YEARS IN PRIESTHOOD: Congratulations to Fr Kevin McNamara C.C. Of Rathmore, Gneeveguilla, Knocknagree and Shrone parishes who is celebrating his 34 years in priesthood this week.

CONGRATULATIONS: to David Dineen captain of Kerry Kennedy Cup winning team. A first title for Kerry in this competition.

TURENCAHILL COMMUNITY GROUP:

Presents our 2nd annual Summer Barbecue in School grounds on Friday June 26th at 7pm, featuring top Chef Denis Doody and Music by O'C Trio. All proceeds will go towards the upkeep of the building for next year. For tickets ph. 087 0617247 or 085 1741551. Adults €15 National School Children €5.

HOLY FAMILY NATIONAL SCHOOL FAMILY

FUN DAY: Invites you to their Family Fun Day 2015. An exciting range of events for young and young at heart! Bouncy Castles and Bumper Soccer, Novelty Competitions, Face Painting, Name the Lamb, Cake Stall, Hotdogs, Go Karts, Pony Rides, Wildlife Activities, Bric a Brac, Mini-Digger Challenge & much more..... Family/Group admission €5 (includes entry into Grand Raffle) – 2-5pm Sunday 21st June, 2015. All welcome!

TOPS OF THE CLUBS: A version of the Tops of the Clubs is being revived by the Social Action Group and Friends. The hope is that the four Parishes Rathmore, Gneeveguilla, Knocknagree and Glenflesk will take part in a Competition the format of which is yet to be decided.

The Competition will take place in October and early November.

DANU JULY SUMMER CAMP: 6th July to 31st July. 10am – 3pm. Children aged 4-10yrs Fun packed with games, activities, hoop & ball games, day trips, soccer, bouncy castle and lots more! Book now on 064 7758700

MEENTOGUES NS: Our Infant Open afternoon will be held on Friday 19th June 2015 for all children commencing in our School in September 2015. Parents and new entrants are invited to visit the School between 1pm and 2pm. Looking forward to meeting you all.

CULLEN FEIS: Feis Laitiarain Sunday June 21st. Competitions 12 noon (Ceol, Amhránaíocht, Teangan). Sports 2 p.m. Entertainment 3 p.m. – featuring All Ireland Winners in Music, Dancing

and Singing.

PINC PROGRAMME INFORMATION

EVENING: Takes place in E-Millstreet, The Square, Millstreet on Monday 22nd June 2015 from 19:00 – 21:00. PINC is an 8-week intensive programme for female entrepreneurs wishing to take their business ideas to the next stage. At the information evening, here will be a chance to find out more about the programme and meet previous participants. For further information contact: 087 – 295 3078 or see www.rubiconcentre.ie/blog or www.ecentres.ie/millstreet

CREDIT UNION TWO TEACHER SCHOOL

TOURNAMENT: The Final of this tournament was played on Wednesday last between Raheen and Meentogues N.S. It was a wonderful game of football and great credit is due to the players and mentors for the high standard of football and skills displayed. We congratulate the winners Raheen N.S. and well done to Meentogues. Well done too to the two players from Shrone who were chosen players of the tournament.

RING OF KERRY CHARITY CYCLE 2015:

Important notice for cyclists registered with Rathmore Social Action Group. Cycling tags are available for collection from Monday 15th June in St. Joseph's Day Care Centre Rathmore Monday to Friday 8.30 a.m to 4 p.m. Also two evenings on the following dates and times in St. Joseph's Day Care Centre. Monday 15th June 6 p.m. to 9 p.m. and Wednesday 17th June 6 pm. to 9 p.m.

PLEASE NOTE: Please return your sponsorship cards and funds raised (even if you have Banked on line) when collecting your tags. Please note account details for Rathmore & District Credit Union. Account name: Ring of Kerry Rathmore Social Action Group.

Sort code: 991063 Account No:37010514

IBAN: IE64RDRN991063 37010514 BIC: RDRNIE21 If for any reason you are unable to cycle or if you want to give your registration to another cyclist you must contact us to change the details. For health & safety reasons the Ring of Kerry Committee must have correct registration details for those cycling on the day. We would very much appreciate volunteers on the day of the cycle to help in the following areas:

- Stewards for cyclists in Killarney.
- Assisting at the food station in Killarney.
- Experienced bicycle repair.
- Anyone interested in volunteering please contact Mary or Marie Tel : 064 7758588 Email : info@sag.ie

CEMETERY MASSES: Monday 22nd June – 8pm – Behinaugh (Please inform people outside Parish who may have relatives buried in any of the aforementioned. It is greatly appreciated that all our graveyards are kept tidy.

CEMETERY COLLECTION: Cemetery Mass in Rathmore on Tuesday June 9th The collection for the cemetery upkeep amounted to €930.24. many thanks for your generosity.

SYMPATHY: To families, relatives and friends



MAYOR JOHN JOE CULLOTY CONGRATULATED FR. MARTIN SPILLANE ON HIS 25 YEARS AS A PRIEST ALONG WITH FR. KEVIN MCNAMARA. FR. MARTIN CELEBRATED WITH A MASS IN SCARTAGLEN.

of Denis O'Shea, Faha, Killarney. May he rest in peace.

WEDDING: Congratulations to Michael Fitzgerald, Shrone, who marriage Deirdre Hanley from Killfinnane Co. Limerick last weekend in Shrone Church.

MARIAN PLAYERS: Are organising their old Clothes Collection and it's perfect timing for a summer decluttering session. They are looking for old clothes, curtains, shoes, handbags etc. the more weight the better! All funds raised are reinvested in the Panto wardrobe. Start gathering now and give to Eilish Coakley 086-1038112 before 23th June.

We wish a speedy recovery to Katie Cremin, Froge cross, and Pardaig Cronin, Shinnagh on their recently illness. we hope that both them will be back to full Health very soon,

RATHMORE COMMUNITY MARKET:

Every Saturday 11-4pm indoors. Rathmore community centre. Lots of stalls, food, preserves, crafts, art. Live music every week tea and coffee €1 children's play area everyone welcome! More stalls welcome contact Tony 0831588404.

SLIABH LUACHRA COMHALTAS: Fleadh Cheoil Chiarraí takes place in Caherciveen this week from the 16th to the 21st of June, hosted by CCE Barr na Sraide. Wishing all of our members the best of luck taking part in the competitions over the weekend. For full details on Fleadh events and competition timetables visit www.kerrycomhaltas.com

Many thanks to everyone who contributed to our recent clothes collection, your support is very much appreciated.

FRIENDS OF KERRY GENERAL HOSPITAL:

Benefit meeting at kingdom Greyhound Stadium Tralee on Friday, 3rd July 2015 1st Race 7:55pm. Fundraising for General Hospital Specialised Equipment. Draw For 1st €300 - 2nd €100. Tickets: €5. Available from 0876676817. Or Reens Pharmacy Rathmore, & Nuala's Knocknagree.

TOKIN FIRE MASS: The Mass on the Tokin Fire Mountain will be on Sunday 21st June at 7am. All are welcome to attend.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6:00 on Sunday.

PRIVATE CLASSIFIEDS - COST: Up to 20 words €5

BUSINESS CLASSIFIEDS - COST: Up to 10 words €10 • 10 - 20 words €20

**** No More than 20 words ****

DEADLINE IS WEDNESDAY AT 5pm

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Call: 064 66 36416 Mon to Fri 10am - 5pm

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Diggers for Hire. Dumpers self hire available - 6 ton and 12 ton. Grass cutting.

Call: Ian 087 6304241

ED 26 9213 REMOVAL SERVICE

Household, Office, Local, Nationwide. Deliveries anytime 7 days a week. Also, all kinds of clear-outs etc. Also lawn cutting services.

Call: 087 2600407 or 064 66 31979

AWARE SUPPORT GROUP MEETINGS

Aware Depression Support Group meets:

Killarney - Mondays, KDYS at 8pm (from October 6th) (please note change of time from 7pm)

Aware Support Groups are free to attend, no referral necessary.

www.aware.ie.

FOR SALE

Ed 26 9228 FOR SALE

Pet rabbits.

Call: 087 1333542

Ed 25 FOR SALE

Couch for sale: 6 months old.

Call Sheila on 087 2944505

Ed 25 9232 FOR SALE

98 Nissan Almera €600.

00 Nissan Almera €800.

02 Mitsubishi Carisma €1250

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Ed 25 9233 CHILD MINDER AVAILABLE

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References available on request.

Call: 087 961 3856

Ed 25 9236 MEETING

Full Gospel Businessmen Outreach Meeting Killarney Heights Hotel on 26th June 8.30pm Main Speaker Diarmuid Brosnan. All Welcome.

Call: 087 6164058

TO LET

Ed 25 PLOT OF TURF

Plot of turf to let on the flat.

Call: Maurice 087 2059464

Ed 25 9230 TO LET

ROOMS TO LET. Large double room and single room to let in large spacious new house, Muckross Road.

Call: 085 8455395

WANTED

Ed 26 8703 CLEANER WANTED

For holiday home, Ballyhar area. Mainly Saturdays.

Call: 087 629 3853

Ed 25 9231 WANTED

A person or a couple to flat share (2 bed apartment). Town centre apartment, popular part of Killarney. Parking space provided.

Call Anna: 083 180 5112

TOP TIPS FOR A SAFE BARBEQUE



With some sunny weather here at last, our thoughts turn to cooking outside on the barbeque and it's a great way to spend time with family, friends and neighbours. But just because you are cooking outdoors, don't let your good cooking habits go up in smoke - you want them to go home with memories of a good time, not an upset stomach to remember you by!

To make the most of your barbeque, here are some top food safety tips from safefood for how to get it right every time.

7 GOLDEN RULES FOR A SAFE BARBECUE

1. Keep perishable foods like salads, coleslaw and quiche in your fridge until you are about to serve them.
2. Burgers, sausages and kebabs, pork and poultry must be cooked all the way through - but steaks or whole meat joints of beef or lamb can be served 'rare' as harmful bacteria are on the outside only (and not in the centre).
3. If you like to marinate meat, make sure any marinade used on raw meat is not then used as a sauce to coat vegetables or cooked meat as it will contain raw meat bacteria.
4. If you barbeque any frozen food, it must be completely thawed on the bottom shelf of your fridge before you cook it.
5. When handling raw meat and poultry, wash

your hands thoroughly and frequently, and most importantly before going on to prepare salads and other ready to eat foods.

6. Once your meat is cooked thoroughly (piping hot, no pink meat and the juices run clear), make sure to keep cooked meat separate from raw meat and use separate chopping boards, cooking utensils and plates. Harmful bacteria in raw meat, poultry and their juices can cross-contaminate cooked food and lead to food poisoning.

7. If there are BBQ leftovers, allow the food to cool before refrigerating, however make sure to refrigerate food within two hours of cooking. And always remember that with any leftovers - if in doubt, throw it out.

For more information on food safety and healthy eating including recipes, visit **www.safefood.eu** or find us on Facebook, Twitter and enjoy your barbecue, whatever the weather.

ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



It's all happening this week in the soaps with the news that there are some shock departures for our favourite characters in Emmerdale and Eastenders, a terrifying hostage situation in Coronation Street and a tragic wedding storyline for Fair City's Dolores.

Emmerdale will lose one of its comedy characters later this year as actress Charlie Harwick who plays Val Pollard in the soap is set to depart the dales. Exact details of how Val will leave the show are currently unavailable but the actress has stated that she doesn't want Val's exit to be connected to her HIV diagnosis.

Eastenders star Danielle Harold who plays Billy Mitchells granddaughter Loa Pearce on the soap is also set to leave her role. Lola has many ties to the Square including her daughter Lexi with Ben Mitchell and her on-off romance with Jay Mitchell meaning that fans can expect a dramatic exit for Lola when she exits the soap.

Coronation Street is set for terror as Leanne Tilsley and her step-son Simon Barlow are caught up in a terrifying hostage situation during the summer. Leanne will soon recognize Liz MacDonald's new man Dan from her days working as an escort and will explain to Liz that Dan was handy with his fists. Liz will then finish things with Dan leaving Dan looking in Leanne's direction for revenge.

Finally, in Fair City, Dolores and Pete's tragic wedding day dawns but will Dolores pull through when her condition takes a turn for the worse.

Citizens Information

Know Your Rights: UK CITIZENS AND MOVING TO LIVE IN IRELAND

JUNE 2015

QUESTION

I am a UK citizen and I am thinking of moving to Ireland. Are there any restrictions on taking up residence?

ANSWER

Citizens of the United Kingdom (UK) are entitled to live in Ireland without any conditions or restrictions. Unlike the citizens of other countries, they are not subject to the Aliens Act 1935 or to any orders made under it. This means that you, as a UK citizen, do not need a visa, any form of residence permit or employment permit to live in Ireland.

In general, while living in Ireland, UK citizens are entitled to avail of public services on the same basis as Irish citizens living in Ireland. For example, UK citizens who are resident in Ireland are entitled to health services in the same way as Irish citizens who are resident. UK citizens resident in Ireland whose income is from a UK source and who do not have any income from Ireland may be entitled to a medical card regardless of their means.

Unlike other EU citizens, UK citizens may retire to Ireland without having to establish that they have sufficient resources or that they have private health insurance. UK citizens living in Ireland are eligible for social welfare payments in the same way as Irish citizens living in Ireland. However you need to meet the requirements of the habitual residence condition (in the same way as Irish citizens living in Ireland) to qualify for many means-tested social welfare payments. If you have recently moved to Ireland, you may find it more difficult to establish that your main centre of interest is in Ireland.

UK citizens living in Ireland are entitled to vote in Irish elections, with the exception of Presidential elections and referendums.

The UK government has published a short guide on gov.co.uk for UK citizens who are living in Ireland and travelling to Ireland.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



PRACTICE RADICAL ACTS OF LOVING & KINDNESS TOWARDS YOURSELF!

Whenever you feel that you have lost your inner sparkle or that something is missing from your life - the answer is always that somewhere along the way you have 'forgotten' to **SHOW UP** in your life with the things that give you joy! So often we forget to do the things that make us truly happy. We allow our thoughts to become full of someone else's thoughts. We hold on to other people's worries and make them our own. We may go out of our way to do acts of kindness for someone else but neglect that we need that love and attention too! Over time this can make us feel out of synch with our own passions, dreams and desires and we feel "lost" or that something is missing. That missing something is US! And then we search for it in food, alcohol, relationships, over work and in a million other ways we can come up with to give us the pleasure and fulfillment we crave. The key is that there is no substitute for **YOU** in your life! We have to have the courage to show up in our lives following our bliss, creating our dreams and living our destiny in only the ways that we can! Many years ago I went missing in my own life - I am always so grateful that I found my way "home!" Your "sparkle" is always there - all you have to do is ignite it! Have a BRILLIANT day!

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SEX EDUCATION & PARENTS

For parents, the whole area of 'sex education' can feel like a minefield. How do you bring it up? What do you bring up? What do they need to know? How much do they need to know? Considering that most parents' own experience of sex education may have been either sparse or non-existent, the whole area can be a bit over-whelming.

Quite often we approach the area of 'sex education' as something to get done (and over with!!). Have you ever asked your friends 'Did you give him the talk yet?' Have you ever breathed a sigh of relief when you have received a note from the school asking for your permission for your child to attend an RSE (Relationships and Sexuality Education) talk! If only it were that simple. We now know that RSE needs to encompass so much more than just biology and facts. This is vital as our young people are bombarded with messages from media – TV, movies and social media. In fact we now know that for many young people the internet has become the 'default sex educator'.

Our approach to RSE therefore needs to counteract and challenge these influences. Our experience at SouthWest Counselling in delivering workshops in secondary schools is of having to correct misunderstandings and re-educate young people. Often we hear that young people would like parents to be able to talk to them about relationships and sex however our experience is that many parents balk at the idea of it. 'Oh God that is embarrassing' they say or 'sure they don't have a clue'. This is why the ideal scenario is for schools and parents to work together to support and educate our children.

So where does the parent begin – remember don't let the phrase 'you don't have a clue' put you off. First of all – have faith in your ability to influence your child. You are doing it already. Sex education is happening continuously in the home where your messages and values are absorbed by your children. They learn through our relationships where respect and empathy are valued, through touch and behaviour, and through messages spoken and unspoken.

SUGGESTION FOR THE WEEK: Take time to link with your teenager and look for 'teachable' moments. So for example take time to watch a TV programme with them. Maybe you could make a comment on something you are seeing – the story lines in Home and Away should give you a lot of cues – e.g saying 'I'm not sure that was a respectful or healthy way to deal with a relationship problem'.

From our work with young people, it appears more and more young people are viewing pornography at an earlier age. The average age globally that a young person first views pornography on the internet is 11 years – 'but here in County Kerry that can't be the case, can it? We will discuss this in more detail next week and how to address the topic of pornography with young people

South West Counselling Centre will run workshops in the Autumn on "Sex Education – What parents can do"

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre**. info@southwestcounselling.ie. Kerry LifeLine provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com. To make an appointment call **064 6636416**.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters....

With Dr. Michael Moloney

POLYCYSTIC OVARY SYNDROME 2

DIAGNOSIS/ TESTS REQUIRED: Tests may be advised to clarify the diagnosis, and to rule out other hormone conditions.

- Blood tests may be taken to measure certain chemicals (hormones). For example, a test to measure the male hormone testosterone and luteinising hormone (LH) which tend to be high in women with PCOS.
- An ultrasound scan of the ovaries may be advised. The scan can detect the typical appearance of PCOS with the many small cysts (follicles) in slightly enlarged ovaries.

WHAT IS THE TREATMENT FOR POLYCYSTIC OVARY SYNDROME?

There is no cure for PCOS. However, symptoms can be treated, and the associated health risks can be reduced: You should aim to lose weight if you are overweight. Losing weight helps to reduce the high insulin level that occurs in PCOS. This has a knock-on effect of reducing the male chemical (hormone) called testosterone. This then improves the chance of your ovulating and so can help with period and fertility problems and may also help to reduce hair growth and acne. The increased risk of long-term problems such as diabetes, high blood pressure, etc are also reduced. Even a moderate amount of weight loss can help. The best foods to eat for someone with PCOS are those which are slowly absorbed keeping blood sugar levels steady. (These are referred to as low glycaemic index (low GI) foods). This means avoiding white bread, pasta and rice, and choosing wholemeal alternatives. Potatoes and sugary foods and drinks are also best avoided. Most fruit, vegetables, pulses and wholegrain foods are both healthy and have a low GI.

TREATING HAIR GROWTH: Hair growth is due to the increased level of the hormone testosterone.

- Unwanted hair can be removed by shaving, waxing, hair-removing creams, electrolysis, and laser treatments. These need repeating every now and then, although electrolysis and laser treatments may be more long-lasting (but are expensive).
- A cream called eflornithine may be prescribed to rub on affected areas of skin. It can reduce unwanted hair growth, although this effect quickly wears off after stopping treatment.
- Some tablets can also treat hair growth, such as some contraceptive pills. These can also help to regulate periods and may reduce acne.

TREATING ACNE: The treatments used for acne in women with PCOS are no different to the usual treatments for acne.

TREATING PERIOD PROBLEMS: Some women who have no periods, or have infrequent periods, do not want any treatment for this. However there is a slight increased risk of cancer of the uterus (womb) if you do not have any periods over a prolonged duration. For this reason some women with PCOS are advised to take the contraceptive pill, as it causes regular withdrawal bleeds similar to periods. If this is not suitable, another option is to take progestogen hormone for several days every month, which will cause a monthly bleed like a period. Another option is a coil which releases small amounts of progesterone into the womb preventing a build-up of the lining.

FERTILITY ISSUES: Although fertility is often reduced, contraception is still required to be sure of not getting pregnant. The chance of becoming pregnant depends on how often ovulation occurs. Some women with PCOS ovulate now and then, others not at all. Losing weight can help to improve fertility.

METFORMIN AND OTHER INSULIN-SENSITISING MEDICINES

Metformin is a medicine that is commonly used to treat people with diabetes. It makes the body's cells more sensitive to insulin. It is sometimes used in PCOS, especially if there are fertility problems. It is usually only started by a specialist.

PREVENTING FUTURE PROBLEMS As the risk of diabetes is increased with polycystic ovaries, it may a good idea to have regular check (once/year) for diabetes, especially if obese, aged over 40 or if there is a family history of diabetes. During pregnancy women with PCOS need to be screened for gestational diabetes (diabetes of pregnancy).



Dr. Michael Moloney,
MB, BCH, BAO, BMedSci MMedSci, DOWH, MICGP
Specialising in Sports Medicine.
Member of the faculty of sports and exercise medicine.
Doctor to Ireland Under 17 Soccer Team.

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AXA



MISSING DOG

An adult male black and tan coloured terrier cross has strayed from the Kilcummin area.

Answers to the name of Toby.

If you have seen this dog please phone 087 1733 323 or 089 4181 544.

EXTRA TIPS TO PREVENT FALLS IN THE HOME

1. **Exercise, Exercise, Exercise!** Exercise programs should include balance and strengthening to be effective in reducing falls risk. Balance exercises are those that challenge your balance, like standing on one foot (with a stable surface nearby for support if you need it), stepping outside your base to the sides and back, etc. Strengthening exercises involve using resistance to build muscle bulk and bones and can include use of weights, therapy bands, or your own body weight as resistance.

2. **Check all Medications** - Have your doctor or pharmacist check all your medications (including prescription and over-the-counter) for possible interactions and side effects -- like drowsiness, dizziness, and cognitive "slowing" -- that can increase falls risk.

3. **Beware of Dangers in the Home** - For example, remove obstacles such as throw rugs, electrical/phone cords, and clutter, so there's a clear path through every room. In the bathroom, don't use towel rails or toilet roll holders for support -- instead have grab bars properly installed by a professional or a handyman.

4. If you get up during the night to use the bathroom, sit for a moment or two before standing to give your blood pressure a chance to adjust to your upright position. Point and flex your feet a few times to get the blood flowing, do the same after sitting for extended periods, like at the pictures or dinner (especially in winter, when people tend to be sitting for long holiday meals), or when watching TV.

5. **Wear Shoes** - It's important to wear shoes both inside and outside the house. Well-fitting shoes that support your feet and have low, flat, wide heels; a back; and nonslip soles are safest. Have a dedicated indoor pair if you don't like to wear outdoor shoes inside. Avoid long, loose, flowing clothing that may trip you.

- Have adequate lighting in each room, and easy-to-reach light switches at the entrance to

every room.

- Tack down rugs with double-sided carpet tape to make sure that rugs don't slip and that the corners sit flat.

- Have a sturdy step stool, with a bar and nonskid steps for reaching high places. Better still, move frequently used items to within reach (waist height), and regularly check and change light bulbs, or retrieve seasonal items so your parents don't have to climb up to get things.

ANSWER TO LAST WEEKS RIDDLE

In a one-story pink house, there was a pink person, a pink cat, a pink fish, a pink computer, a pink chair, a pink table, a pink telephone, a pink shower-- everything was pink!

What colour were the stairs?

A: There weren't any stairs, it was a one story house!

QUOTE

"Too much agreement kills a chat" - Eldridge Cleaver.

ON THIS DATE – JUNE 19TH

1820 - The Dublin Society for Improving Husbandry, which was originally founded on June 25th in 1731, was renamed the Royal Dublin Society on this date.

1903 - The young school teacher, Benito Mussolini, was placed under investigation by police in Bern, Switzerland.

1912 - The U.S. government established the 8-hour work day.

1933 - France granted Leon Trotsky political asylum.

1936 - Birth in Dingle, Co. Kerry of Sister Stanislaus Kennedy, née Treasa Kennedy; campaigner against poverty and homelessness.

1939 - In Atlanta, Georgia, legislation was enacted that disallowed pinball machines in the city.

1943 - Henry Kissinger became a naturalised United States citizen.

1961 - Kuwait regained complete independence from Britain.

1981 - "Superman II" set the all-time, one-day record for theatre box-office receipts to that date when it took in \$5.5 million.

1989 - The movie "Batman" premiered.

FATHERS DAY IS ON JUNE 21ST

Fathers Day celebration in Ireland takes place on the third Sunday of June, the same day when several countries and the US celebrate Father's Day. Taking full opportunity of the day, people honour their father and express affection and gratitude for them. Like in many other countries, people indulge their father by presenting them with loads of gifts and allowing them a day of rest. Grown-ups take their fathers out for dinner or lunch or treat them with breakfast in bed. People whose fathers are dead, pay tribute by visiting their grave, giving donations in the name of their father or by performing acts of service.

Several clubs and cultural organisations in Ireland organise Father's Day events to stress on the important role played by father in the development of the child. An effort is also made to make fathers realise that they must try with devotion and sincerity to inspire children and instill in them noble values and manners, children are also encouraged to pay full attention and respect to their father.

THIS WEEKS RIDDLE

What goes up and doesn't go down?

Answer next week.

YOUR WEEKLY TONGUE TWISTER

Gobbling gargoyles gobbled gobbling goblins.

HIPPOS HELP DUCKLING WHO FELL INTO THEIR POOL

A desperate duckling who found herself in a tough spot recently received a helping hand from two unlikely allies — a friendly pair of hospitable hippos. The little bird had fallen into the hippos' artificial pool at a zoo in the Netherlands and was having a very difficult time getting out. Despite all her hopping, she was unable to leap over the pool's concrete edging. Meanwhile, the duckling's mother could be seen waiting in the distance. With no way of helping out her offspring, all she could do was watch and hope. But just when it seemed there was no way for the little duckling to escape her predicament, help arrived from the pool's intended inhabitants. Two hippos approached the feathered baby, pausing as if they were assessing her situation. A few moments later, as the pool-trapped baby bird continued hopping in vain, the hippo pair guided her along with their snouts before appearing to lift the duckling over the edge, after which she ran back toward her mother. Hippos are often thought of as an unwelcoming, aggressive species, but while the origin of their behaviour here may be open to debate, the fascinating footage on YouTube seems to prove that they do have a softer, side to them as well.

5 KINDS OF DOGS WHO ARE MOST AT RISK FOR SUN DAMAGE

Of course, any dog's health can be compromised by the negative effects of the sun's rays or be at risk for cancer, so talk with your Vet about proper protection for your pet. If your dog has any of the risk factors mentioned below, you'll want to pay extra attention to protecting your pet from the sun.

- **White Dogs** - Just as your pale friends seem to burn more easily during a beach weekend, white or light-coloured dogs have a greater risk of sun damage than their dark-furred counterparts.

- **Dogs With Short Coats** - One function of your dog's fur is to protect her from the sun's damaging rays, and short-haired dogs simply have less of that protection.

- **Hairless Dogs** - Hairless breeds like the Chinese Crested, Xoloitzcuintli and Peruvian Inca Orchid should wear sunscreen and not spend too much time in bright sunlight.

- **Light-Nosed Dogs** - Does your dog have an adorable pink or light-coloured nose? Less pigment translates to a higher risk of sun damage. Even if your pup has a thick coat on most of his body, your vet may recommend applying sunscreen to the parts of his body that aren't covered in fur, like his belly and nose.

- **Sunbathers** - Is your canine sun goddess constantly claiming all the good sunbeams in and around your house? You may not realize how risky it really is. Dogs who like to lie in the sun on their backs are particularly prone to developing squamous cell carcinoma in the thinly haired region of the tummy.

PLEASE RECYCLE YOUR OLD MOBILE PHONES PROPERLY

Frequent upgrades offered by phone companies lead to quicker turnover of phones, even if they are not obsolete. People upgrade their phones for different reasons—they may just want the latest model, or their old phone may be broken or lost. All too often, the replaced phones are not returned for recycling and can end up in landfill, leading to a loss of valuable resources. Researchers looked at the life cycle of a mobile phone and found that in Great Britain alone, 85 million unused phones are sitting around, containing \$170 million worth of gold among their internal parts. That gold, along with other precious metals in the phones such as copper, silver, and cadmium, could be recovered and reused in new phones if the gadgets were properly recycled. But a lot of the old phones are thrown into the rubbish, with all that gold and other precious metals, leading to more mining to supply those crucial materials. Mobile phones and other e-waste also contain toxic materials that can create hazardous waste problems in landfills not built to handle these substances. Every year Americans dump phones filled with \$60 million worth of gold and silver. In Britain

four tons of gold are sitting in the country's estimated 85 million unused phones. For every 1 million mobile phones that are recycled, 35,274 pounds of copper, 772 pounds of silver, 75 pounds of gold, and 33 pounds of palladium can be recovered.

GROW NATURAL AIR FRESHENERS

Plants are the air fresheners of nature; they produce oxygen and also remove toxins and particulate matter from the air. Your garden isn't the only place you can grow these plants, and you won't believe the difference a lavender, a thyme, or a mint in your living room can make. Stroke or gently brush the leaves to release their fragrance into the room.

LIBRARY FOR CAT LOVERS DOESN'T HAVE A SINGLE BOOK

There's a library in Las Cruces, New Mexico, that doesn't have a single book, but those who frequent it say it's full of potential love stories. Right now, this very special library is occupied by kittens looking for forever homes, and judging by the library's success, it won't be long until these kitties are adopted.

The building's receptionist, Becky Garcia, doubles as the kitten librarian, and she watches over the adorable balls of fur and makes sure the "shelves" of the kitty condo stay stocked. The cat library has been in existence for about three years and the kittens come from the Animal Service Centre of the Mesilla Valley. "Most animal shelters are out of the way outside of towns, so you have to really be thinking of adopting an animal to take the trouble to go over there," Tiffany Tillison, a government employee said. "But with this programme, hundreds of people come through our lobby every day, so they can't miss seeing them." Exposing employees and visitors to a daily dose of cute was all part of the county's plan. Officials knew that if people spent a few minutes cuddling a kitten in need of a home, the odds were good that people would find a way to provide one. And they were right. So far more than 100 kittens have been adopted from the library.


ENJOY YOUR TEA WHILE YOU STILL CAN

Tea is one of the world's most popular beverages, with rich roots in both India and China — and whether you take it plain, sugared, milky or with lemon, you might not be taking it at all pretty soon, thanks to climate change. The world's tea crop is facing significant risks due to increasing temperatures in the zones of the world where it's grown. This could create a ripple effect throughout communities, because in tea-producing regions, it's a keystone crop for subsistence farmers, labourers and a network of people involved in the growth

and production of tea products. The troubles with tea illustrate a microcosm of how global warming is changing the face of the planet. The conditions under which tea is grown are extremely precise. Farmers work with bushes that can grow for sixty or more years, meticulously cultivating them and exercising extreme care when they harvest to select the best leaves and promote healthy, even growth. They baby their plants because they represent a serious investment: Planting, growing and maintaining tea bushes is expensive, and they don't take well to being transplanted. In other words, once they're established, they're there to stay. Unfortunately, tea plants are also extremely sensitive to growing temperatures. When it comes to minor temperature variations, this can affect the phytochemicals in the leaves that dictate flavor — which can be a good thing, leading to a diversity of teas as the leaves are further processed after harvesting. But when it comes to big ones, tea plants may start to develop bitter, acrid, flavourless leaves, and ultimately, the plants can die. There's only a narrow zone of altitudes and temperatures at which tea can be produced commercially. Tea cultivation involves the work of hundreds of people on each plantation. In addition to the owners, a horde of workers swarm over the bushes during harvest season, and once leaves are harvested, they need to be carefully processed: Dried, roasted as appropriate, fermented, and otherwise handled to develop teas with different flavours. These can include delicate white teas, earthy green teas, and much, much more. All of these individuals rely on tea for their livelihood, as does the surrounding community. Lose the tea plantation — or start earning less due to degrading quality — and quality of life can drop for an entire village.

SWITZERLAND HAS DIRECT DEMOCRACY

In Switzerland citizens elect a new Parliament every four years, and the Parliament chooses a group of seven councillors from different parties. They are the head of state. The presidency (a mostly symbolic role) rotates among the members every year. But the keystone of Swiss democracy is the regular use of referendums, in which citizens vote on everything from their town's new sports centre to the country's immigration policy. Referendums give citizens year-round political leverage. Voting is easy, with no need to register, every citizen receives a ballot for each vote, which can be returned by mail. Electoral turnover varies widely depending on the issue but, on average, it's about 46%. And decisions aren't final. If a law has already been passed, people can still overturn it by getting 50,000 signatures in 100 days. The bill then has to be voted on by the public. Swiss citizens can also suggest their own laws by "popular initiative." If 100,000 people ask for a change in the constitution, the Parliament is obligated to discuss it and submit the proposal to a popular vote. This system has been working for them since 1848.



A WORD OF VICTORY

Welcome back dear reader last week we looked at fear – both positive and negative fears. We saw in Scripture that the benefit of having revelation of the 'fear of God' is the beginning of wisdom, and the devastating consequences of negative fears such as fear of tomorrow, fear of death, fear of lack or failure, and the fear of man. When God called King Solomon to build His temple God asked him what blessing he would like to receive. Solomon answered 'Wisdom'. He didn't ask for wealth or fame but through the wisdom that God gave him wealth and fame came to him as a result. People study much to acquire knowledge but it takes wisdom to properly use this gained knowledge. We've seen many highly educated, famous people without wisdom falling in disgrace through the wrong application of their natural learning. Clearly learning and education is not enough to live in peace. Jesus said 'My peace I give you, not the world's peace'. The peace that Jesus is speaking of is the knowledge of the Word of God. 'Your Word is a lamp for my feet and a light for my path' (Psalm 119:105). True knowledge comes from knowing and understanding the Scripture - the Word of God contained in the Bible. The lack, in this country and in our world today, of proper instruction and understanding of God's Word in the political, religious and business world is the cause of so much failure and so much evil and so much fear. Because of this lack of understanding of God's Word the population follow their own instincts and understanding which do not line up with God's Word. 'Trust in the Lord in all your heart, lean not on your own understanding in all your ways acknowledge Him and He will make your path straight' (Proverbs 3:5-7). Friend this is where real peace comes from! If you have a query on Scripture or any prayer need please call **064-6622950** or email wordofvictory@eircom.net. More next week...

Contact: 064 - 66 22950 Email: wordofvictory@eircom.net

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Promise Publication

Thanking you Sacred Heart of Jesus, for all the favours I have received. **S.H.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted.

NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. ✕

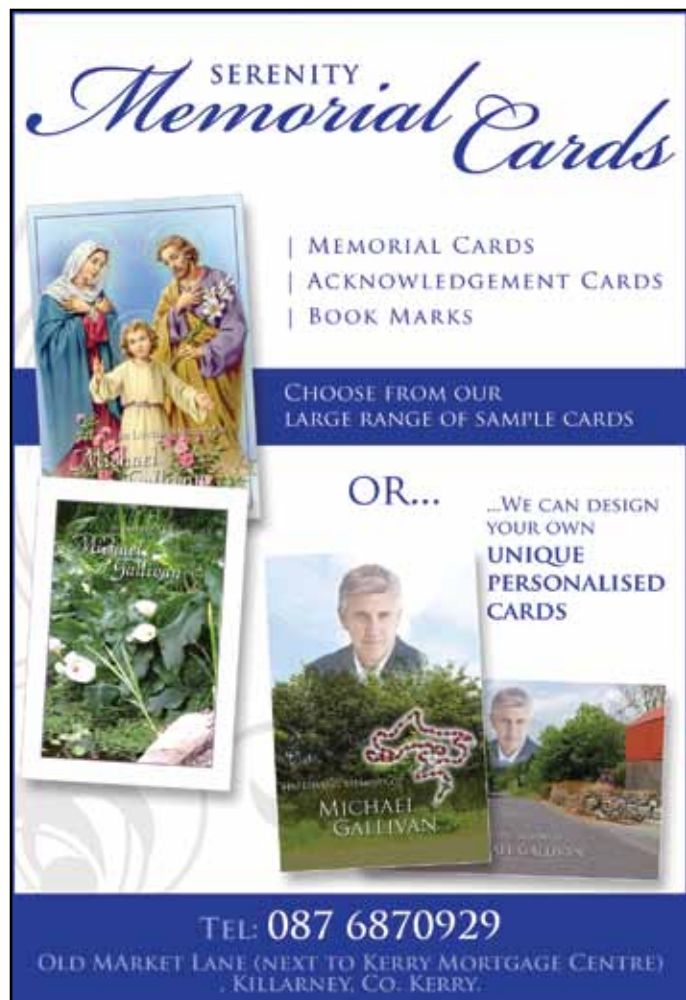
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PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal. You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me.

In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted.)

NOVENA TO ST. CLAIRE

Ask St. Claire for 3 favours, 1 business, 2 impossible, say 9 Hail Mary's for 9 day's with a lighted candle. Pray whether you believe it or not. Publish on the 9th day. "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and always. Request will be granted no matter how impossible it may seen. Publication must be promised.

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NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received.

ACKNOWLEDGEMENT & 1ST ANNIVERSARY



In Loving Memory of

AGNES LINEHAN
(NEE REEN)

Park Road, Killarney
Who died on 25th June 2014

On this the first anniversary of the untimely passing of our beloved Agnes, her family Jer, Erin and Jack, together with her brothers Dennis, Sean and Jerry, sisters Maureen and Geraldine and the extended Reen and Linehan families wish to express our sincere gratitude to everyone who offered sympathy and support to us at that difficult time.

We thank all those who telephoned, called to our homes, those who came to Agnes's rosary, removal, funeral Mass and burial. We will be forever grateful to our wonderful relatives, neighbours and friends who helped us in so many ways, also a big thank you to those who brought refreshments and food to our homes. We thank relatives and friends who travelled long distances to be with us over the funeral days. Those who sent Mass Cards, letters of sympathy, perpetual enrolments and floral tributes - a special word of thanks to Agnes's work colleagues.

We would like to thank Fr. Niall Howard and Michael O'Shea and O'Shea's Undertakers for their kindness and support.

We wish to express our gratitude to the Emergency Services, the Doctors and Nurses of the I.C.U. Kerry General Hospital, also to St. Finan's Hospital, Ross Golf Club, Killarney Community College and St. Olivers National School who formed Guards of Honour.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our deepest gratitude and appreciation. Masses have been offered for your intentions.



1st anniversary Mass in St. Mary's Cathedral on Friday 26th June 2015 at 6.15pm.

St Joseph's Church Rathmore on Thursday 9th July 2015 at 7.30pm

*Those we love don't go away,
They walk beside us every day,
Unseen, unheard but always near,
Still loved, still missed and very dear.*

ACKNOWLEDGEMENT & 1ST ANNIVERSARY



In Loving Memory of

FRANK BUCKLEY

(Cahill's Bar) West End Rathmore
Co. Kerry
Died June 23rd 2014

Frank's wife Ann, daughter Joanne, his brothers and sisters and the extended Buckley and Cahill family wish to express our sincere gratitude and appreciation to all who supported and sympathised with us on our sad loss.

We would like to thank all those who attended the removal, the funeral Mass, those who sent Mass cards, flowers and messages of support.

To our wonderful neighbours and friends who called to the house and brought food and supported us, a sincere thank you.

To all those who travelled long distances to be with us, thank you. We would like to thank Rathmore GAA Club and the Killarney Vintners for their guard of honour.

To Dr Anthony McDonnell who looked after him on the day of his death and a huge thank you to Dr Casey for his care over the years.

A big thank you to John D. O'Keeffe of O'Keeffe's Funeral Directors for their professionalism throughout. To Fr Pat O'Donnell P.P. Rathmore and to Fr Donal O'Connor Beaufort for the beautiful Mass.

We would also like to thank Fr Pat for the Month's Mind Mass, you made a very difficult time in our lives a bit easier. Many thanks to Sheila and Joan for the beautiful music.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere appreciation.

The Holy Sacrifice of the Mass has been offered for your intentions.



1st Anniversary Mass will be held in Rathmore Church at 6pm on Saturday 20th of June.

2ND ANNIVERSARY



In Loving Memory of

KATHLEEN O'CONNOR

7 New Road, Killarney
Who died on 16th June 2013

*Flowers die
Stories end
Songs Fade*

*Memories are forgotten
All things come to end but
Precious people like you
are always remembered.*



Sadly missed by your son John, Sheilagh, Marc and Melissa.

THE MIRACLE PRAYER

O wonderful St. Anthony, glorious on account of the fame of your miracles, and through the condescension of Jesus in coming in the form of a little child to rest in your arms, obtain for me of His bounty the grace which I ardently desire from the depths of my heart.

(State your intention)

You who were so compassionate toward miserable sinners, regard not the unworthiness of those who pray to you, but the glory of God that it may once again be magnified by the granting of the particular request (State your intention) which I now ask for with persevering earnestness. Amen. This prayer must be published immediately.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and your favour will be granted.

Never know to fail. Must promise publication of prayer.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle. Pray, whether you believe or not.

Publish on the 9th day.

"May the Sacred Heart of Jesus be praised, adored, glorified and loved today and always. Your request will be granted no matter how impossible it may seem.

Publication must be promised.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

ST. THERESE OF THE LITTLE FLOWER

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession.

So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles... the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention specifics here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses.

Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you.

Amen. ✕



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