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#### EDITOR'S NOTE 🎍

A of wo

s 2020 draws to a close, on behalf of the team at Killarney Outlook I would like to extend our wishes for a Happy Christmas and a healthy New Year.

Ria, Martha, Maura, Des, Deirdre, Paula and I would like to thank all our advertisers for their continued loyalty, thank you to our columnists Marie and Jimmy, our contributors, who week after week send their club and area notes to us ensuring that everyone in the community has a voice and finally our readers, the heart of our publication.

In what has been a most challenging year for everyone, we cherish the support shown to us by the people of Killarney and the surrounding areas who know that their weekend

Bridget Lucey. PICTURE:MARIE CARROLL-O'SULLIVAN

semagainststigma in which they hope to

course, fundraising for charities like Pieta

surrounding men's mental health and of i mountains in Kerry.

isn't complete without their copy of the Killarney Outlook.

As we head into 2021, it is with great hope that we continue to grow and serve the community.

Nollaig Shona Duit.

Aisling Crosbie**,** Editor **086 0400958** 



#### IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

## SEM CAMPAIGN **TO RAISE AWARENESS AND FUNDS**

Generous Transition Year Students at St. Brendan's College undertook a fundraiser at the school to raise funds for Pieta House.

Moved by the courageous and heart warming work carried ou by Pieta House, Ms. Niamh Sheehy's Students in the Young Social Innovators class decided to focus on the mental health and well being of male youth in society. Following extensive research on the topic, they embarked on a journey to try and end the stigma around mental health with motto #semagainststigma.

As part of the project, the students educated themselves and their peers on mental health

"We are the World"

## STUDENTS RECORD 1985 CLASSIC



The annual Christmas Carols performance by students at Killarney Community College could not go ahead this year due to COVID-19.

#semagainststigma

Pictured at St Brendan's College for the cheque presentation resulting recent Transition Year fund raising were (Centre)

Marie O'Carroll & Cathal Walshe (Pieta House Killarney) receiving a cheque of €1,080 from KAcper Bogaleicki with

students Sam Bolger, Milo Donaldson, Dylan O"Connor, Conor Lynch, Darragh Brennan & teachers L-R Niamh Sheehy &

by setting up an instagram page called . House. The TY's plan to continue their efforts

raise more awareness, break the stigma Echallenge which involves climbing four

However this year they came up with the novel idea of recording the 1985 classic 'We are the World" with the aid of the Tony O Flaherty recording studios and with the help of their music teacher Joanna Hughes.

"Twenty two students can be heard in one voice! You can hear it on the school website,facbook page page and Instagram with a "go fund me" link attached for Killarney Lions Club in the hope of helping the less fortunate this Christmas and supporting them through these difficult times", Music teacher Joanne Hughes told Killarney Outlook.

in the new year by completing the 4 Peak

"It took a day to record and logistically it was quite difficult as all 22 could not be in the same room so we had to record in small pods and individually. We are delighted with the result, we hope it raises awareness of such a brilliant and hope it bring some Christmas cheer to anyone that listens to it", Ms. Hughes added

#### 6 | 18.12.20 Outlook







In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

# Five decades creating the Cathedral Crib...



Marie meets Rena Kennelly

t was lashing rain for my Gogglevox with Rena Kennelly so I took some time to visit her at her home in Aghadoe, instead of dragging her out in the elements.

Even if you haven't been to St Mary's Cathedral to see the crib this year, I'm sure you have seen it a few times over the past 50! Rena Kennelly has been creating it annually for almost five decades with a little help from 'the cribbers'.

"My mother Peggy O'Sullivan took us every year to see the crib at the Friary created by Fr Florence at that time. I was always fascinated by it so when the Cathedral was refurbished in the 1970's I asked Fr O'Keeffe if there was a Cathedral crib. His reply was 'will you make one'? Of course I rose to the challenge Marie and I'm still at it all these years later" Rena smiled. "It's changed down through the years thankfully. Initially I began with the bodies of shop models and made the faces out of plaster and bronzed them over. It was always getting broken. After a few years Fr Gearoid Walsh who is still a priest in Kerry, bought a new crib for St Mary's Cathedral. I was delighted" Rena told me. "I've had lots of help mind you. The Cribbers as they nicknamed themselves are a fantastic bunch of local lads who gather foliage from our National Park every year for the crib. Andrew Joy is one and Colm Foley is another but I know the help is extended varies each year". The Cribbers I thought. How fitting. "The people of Killarney have been great. I have received many items for

the crib such as sheep and lambs. The collection has been building up over a number of years. The sacristan Tadhgie Fleming & the late Justin Bennett were a great help too" Rena said. "I believe Tadhgie Fleming is 60 years with the parish soon Rena is that true" I asked. "I believe you're right Marie" she replied. Tadhgie Fleming put on the kettle, I'll be up to Gogglevox in the New Year!

"Fr Gearoid Walsh's nephew, Martin Walsh is a tremendous help to me every year. He works in construction and has four of his workers assemble the stable each December. In years got by there used to be an official opening evening of the crib at St Mary's Cathedral where teacher Noreen Coffey and her students at St Oliver's NS would arrive dressed as angels and shepherds and sing the most beautiful hymns as a choir. I'd say there wasn't a tea towel left in Killarney Marie, they were all the heads of all the beautiful children that sang. The 'Tree of Light' was lit outside the Cathedral the same night. It used to be packed Marie. A wonderful night at St Mary's Cathedral".

I had arrived without my note pad at Rena's house so was given a pad that her daughter Kate's twins used to do artwork on. I could see that Rena's home was quite arty, something I am always fascinated by. "May I ask you a little bit about yourself Rena"? I asked. "Yes of course Marie. I began nursing in Scotland before marrying my husband Colm Kennelly. He was a Kerry footballer and worked as an engineer for the ESB in Tralee. When recession hit he was last in and first out so Colm's engineering career took us to South America where my daughter Shirley was born. I'm not sure what I was expecting but there were no phones, no TV's, 80 degree heat and we had to get used to a life of mosquitos & snakes. Colm longed for the rainy Irish climate again so after four years we returned to Killarney where Colm took up work with the council. My mother was living on Plunkett Street where the Mad Monk is now and we built a house on the Cleeny round about where Lidl is now. I have two daughters Shirley & Kate and one son Mark, 7 grandchildren and 2 great grandchildren Roan & Ben. Shirley ran her own modelling agency and did a lot of promotional work with Guinness. She now works at Mac Bees on New Street. Kate is the Arts Officer with Kerry County Council and Mark was Enda Kenny's Advisor for years and is now the CEO with the Golfing Union of Ireland in Dublin and his wife Paula is a front line worker at the Mater Hospital in Dublin".

We both thought it fitting to take a photo of Rena at her own crib at her home in Aghadoe. I told Rena how I worked with her grandson Jason Clifford at the Aghadoe Heights for a few years before taking up his General Manager post at The Dunloe Hotel. I admired Rena's decor throughout her home. "I used to help Shirley to mind the two boys Jason & Kenneth when they were little. Do you know Kenneth at all Marie?" Rena asked. "I do Rena yes and his lovely wife Annette" I replied. "He wears his hair back for work Marie but have you ever seen it down?". "I have Rena, wouldn't he make a fine Joseph for your crib with the beard and all if you were ever stuck for a model". We both laughed.

As I left Rena's home in Aghadoe I admired a beautiful mural painting on the wall in the hallway. "I painted that myself Marie" Rena said. I couldn't believe it and was only sorry I hadn't taken her photo beside it to show you all. It was stunning. What a talent. I let myself out the front door at Aghadoe as Rena's house phone had rang a few times while I was there and I didn't want to keep her any longer. "You go answer that Rena and I'll let myself out" I said. Rena had already taken the time to show me the albums she had compiled of all the heads of state her son Mark had met down through the years as the advisor to Enda Kenny - Donald Trump, Prince Charles, Barak Obama to name but a few. I might have stayed all day if the school run didn't get in the way.

Thank you for having me at your home in Aghadoe Rena Keneally and thank you for creating the beautiful crib for us every year at St Mary's Cathedral.

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

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## **GENEROUS DONATION** captures the real spirit of Christmas



Businessman Paul Fitzgerald (right) making a generous donation to the Christmas in Killarney fund with Paul Sherry, Killarney Chamber of Tourism and Commerce (centre) and Barry O'Connor, Paul Fitzgerald and Son.

A Killarney businessman has made a very Generous donation to the Christmas In Killarney Festival Committee.

Paul Fitzgerald, embraced the true spirit of Christmas this week when he made a very generous and unsolicited donation to the Christmas in Killarney festival committee. Killarney Chamber of Tourism and Commerce

officials were thrilled to receive the contribution from Paul Fitzgerald of Paul Fitzgerald and Son Stone and Building Supplies who wanted to contribute to the rising cost of decorating the town for the festive season. In the enforced absence of the colourful Santa parades this year, the committee has invested heavily in feature glass marquees to showcase some of the spectacular floats that usually take to the streets for the bumper parades.

The displays caught eye of Paul Fitzgerald and, in the true spirit of the season that's in it, he decided to pledge his financial support.

"It never ceases to amaze me how wonderful this town looks every Christmas and I could see that a very special effort had been made this year," said the Coolcaslagh based businessman. "Being in business, I knew the effort of the committee would not come without expense so I felt compelled to offer what financial support I could," he added.

Paul Sherry President of Killarney Chamber of Tourism and Commerce said all involved in the Christmas in Killarney initiative were bowled over when the call came through from Paul Fitzgerald.

"Every year the business community of Killarney steps up to the mark and provides financial assistance to the festival.

"This year, given the difficult circumstances, we were reticent about asking our supporters to contribute but, as was alluded to at our recent AGM, we have had no choice but to seek that support," said Mr Sherry.

Close on  $\notin 25,000$  has been invested in additional Christmas lights and repairs this year and a further  $\notin 20,000$  has been spent showcasing the floats in marquees.

Additionally, a very significant sum of money was invested by the Killarney Tidy Towns Committee to deliver the spectacular new lighting features at the top of High Street and outside the courthouse while Kerry County Council installs the town lighting every year.

"Even if the Christmas in Killarney committee was to standstill and do nothing each year, there would be a requirement to raise at least  $\notin$ 20,000," Paul Sherry said.

"We have gone for broke this year, despite the difficulties, and I am hopeful that, as in years past, the business community in Killarney will come to the rescue and support our efforts.

"The Killarney Chamber were so delighted with Paul Fitzgerald's donation and we take the opportunity to thank him and his staff for their kind gesture," he added.



In memory of Rita McLellan... Colin Baker, Muckross Garden Restaurant, (centre) presents a cheque of 66000 to Pat Doolan, (right) Chairperson Kerry Hospice Foundation, Killarney Branch, from the proceeds of their annual Crib Collection at the restaurant. Also present, Denis Reidy, Manager Muckross House, Rozann Murray, Chef at Muckross Garden Restaurant, and Phil Fleming (left) mother of the late Rita McLellan and her brother Karl Fleming. Rita was a constant help and guidance to staff and customers at the popular restaurant for many years. Rita received wonderful care in Palliative care at Kerry University Hospital last year. PHOTO: VALERIE O'SULLIVAN

## **IMPROVE YOUR HOME**





In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

# From Coolock to Coolick, school teacher Miriam Long retires from Lissivigeen NS this week after 14 years



rom Coolock to Coolick, school teacher Miriam Long retires from Lissivigeen NS this week after 14 years.

"I was just 17 years old when I began teacher training at St Patrick's College, Dublin" Miram said. "Gosh you were only a baby" I replied. "I had a full year of teaching completed on my 21st birthday in Coolock Marie, would you believe that? I was very lucky that all my teaching positions were permanent ones. I worked in the Ark in Dublin, Children's Cultural Centre when they did a huge refurbishment of Templebar in the 1990's. In 2004 I became Music Trainer for the Department of Education in Cork & Kerry" Miriam continued. This didn't surprise me one little bit. Mrs. Long is an amazing conductor of music directing the choirs at many confirmations & communions within the community not to mind the vibrant Christmas concerts and masses at the school. She has that Whoopie Goldberg Sister Act zest for the joy of music but in a far more dignified manner. "During this time I visited many Kerry schools but Lissivigeen NS stood out to me for their way of teaching and the atmosphere amongst the children and staff alike. The feel of the school really appealed to me. At the time Lissivigeen was undergoing a major make over, so schooling was relocated at Bru Na Pairce. The principal Mrs Noonan phoned me to take up a sub position at Lissivigeen NS and I'm here 14 years later Marie".

"So what was your favourite class to teach Mrs Long?" I asked whilst thinking to myself teaching is a calling. I'm not sure how the rest of you Mammies & Daddies faired out during the first lock down but I was so grateful to the government for keeping the schools open during the second lock down. Teachers are saints in my eyes now. I could hardly manage two not to mind a classroom of twenty two plus! "I've taught every class over the years Marie. The thrill is in the group of students and every group is different. It is such a privileged position to be in. You hold a group of the most vulnerable people in the palm of your hand. I love getting to know the children and their unique personalities and what each child can bring to the group. Every child has talent. It's important to find and explore that" Mrs Long replied.

"Mrs Long if you were to pick two words to describe your time at Lissivigeen School what would they be and why?" I asked. "I think I would go with Humanity & Community Marie. Humanity - everyone is a person first, the staff and pupils alike. Our principal Michael McAuliffe has great leadership skills which was evident to me & my colleagues during times of bereavement & illness. I think this is really important in a school environment and in life. Community - Lissivigeen NS is where so many strands of our community intersect from fishing clubs, football, charities and community councils. They all add value to the unique education of the children at Lissivigeen. I enjoy bringing my own life experience to the classroom with travel and every day living. My husband Mick Long has visited the classroom as part of the Kerry Mountain Rescue team often and I once brought my 86 year old mother into my Junior Infant class to talk about schooling in times gone by" Mrs Long replied. "I suppose the children had lots of questions for your mother?" I asked. "They were fascinated how the students long ago would have to bring a sod of turf to school and how the toilet facilities were not in the same building" Mrs. Long laughed.

"I'm sure you will be well and truly missed here at Lissivigeen Mrs Long, for your teaching as well as your legendary musical talents" I said. "I'm far from a legend Marie and no one is indispensable in this life" Mrs Long smiled. "I'm very grateful for my teaching career and the teachers and students I've met along the way. I would like to say I thanks to all the staff, students and parents here at Lissivigeen NS and a very special thanks to Fr Kieran O'Brien who I have worked closely with down through the years" Miriam concluded. I neglected to mention the name of the book I handed Mrs. Long to hold for the photo, quite fitting I thought ;)

Thank you for having me at Lissivigeen NS Mrs Miriam Long and all the very best of everything to you for your retirement.

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

RUGBY CLUB UNVEIL **2021 CALENDAR** Killarney Rugby Club unveiled their stunning brand new club Calendar at their grounds in Aghadoe at the weekend. The

Calendar at their grounds in Aghadoe at the weekend. The calendar is now available to purchase and promises to be a highly sought after stocking filler for Christmas! These fabulous calendars show every section of the club and were designed by Tony Dunne of Kingdom Media. "We really want to thank all who worked on the calendar as well as the businesses who sponsored ads", Liam Murphy, PRO for the club told Killarney Outlook. Each calendar is only  $\in$ 10 and is available from any coach at training, or contact Liam Murphy on 087-4145662 or Anne Gabbett on 086-3125722.



Plctured at Killarney Rugby Club to launch the clubs new 2021 calender were L-R Dara Sugrue, Gearoid Moynihan, Donncha Murphy & Sean P Fleming. Picture Marie Carroll-O'Sullivan

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#### THROUGH THE WOODS

hildren in the Infant classes of Fossa National School were treated to a magical journey through the forest by their teachers who were concerned that they woud not get the opportunity to meet Santa this year due to current restrictions.

Teachers Fiona Hallissey, Laura Lynch, Brid Kissane and the SNA's Aoife O'Sullivan, Tracy Kerins and Jackie Kennedy got together and wrote a story about an elf called Ellie who was sent to Fossa School by Santa to watch over the children and find out if they were being naughty or nice! She had a photo of every child and they had to get five stars underneath the photo. Stars were awarded for good behaviour , showing kindness , having fun and laughing every day, working hard and making new friends.

When a child was awarded five stars their photo was sent up to Santa and the elves were instructed to make the toys for that child", Fiona Hallissey told Killarney Outlook.

On the day of the trip through the forest, Aoife O Sullivan an S.N.A at the school found a photo of one of the children on the steps leading to the woods - So off the children went on an elf hunt . It was vital they found their photos or Santa wouldn't give them their presents .

First they met Anna from Frozen in the woods who was singing Let it Go! "The children were absolutely stunned" Fiona added.

"She told them she saw Ellie and she sent us off in her direction. She gave some photos she had found to the delighted children.

The kids continued on their journey through the woods where they met a wizard, Little Red Riding Hood and the Woodcutter, Snow White, Batman, Curious George and they all helped us

. They gave us information about where Ellie was last sighted and they all had photos for us . We continued on until we came to a beautiful hut decorated with fairy lights. Inside was the Fairy Godmother! She had a wooden box that she was unable to open but after we all recited some magic words the box did open ! Inside were ... you guessed it ....photographs of the children!

Next Mrs Claus appeared from behind a tree and treated all the children to home made gingerbread men..

The group continued on their merry way until they met Spider-Man who guided them to a beautiful building - Killarney Youth Hostel and when they knocked on the door and who do you think answered it but Santa himself ! You wouldn't believe it ! He had flown down to Fossa in his sleigh and who appeared from behind him but Ellie the Elf ! Everybody cheered and then enjoyed selections boxes and hot chocolate with mallows.

"It was a wonderful day that the children will always remember and the parents and staff of Fossa School went to great lengths to make the event happen and it showed the fantastic Community and School spirit that exists in Fossa", Fiona added.



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Outlook 18.12.20 | 15



In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

# I've made such great friends and because this group is so diverse I have learned so much from them

Marie catches up with Emerging Leader in Football Ramona Keogh

#### he inaugural Women in Football - Emerging Leaders Programme concluded last weekend.

Local lady Ramona Keogh has always been involved in Football & Soccer from the age of 7 years old. We met for a cuppa and a chat. Here's how it went.

"One of my very first memories was when I lived in Marion Terrace. I loved soccer from the get go and used to play outside with my neighbours Richie Payne, Brian Moloney, Colm Murphy and Michael O'Donoghue in goals. We had no phones back then, no grass pitch, it was just street soccer, World Cup style and jumpers for goalposts, great memories. My neighbour Noreen O'Connor saw my level of interest and at the age of 8, she took me up to local club Killarney Celtic. I learned the trade from so many at Killarney Celtic - The late John Doyle was my icon, as a player, a Captain and a real gentleman. In later years when I was 19, Noel Brosnan gave me the opportunity of joining the Management Committee, it was then for the first time I achieved the understanding of the framework behind the club but also the stewardship approach to each role. Even back then it was great to see so many females on the committee with key roles in the club like Niamh Casey in Child Welfare.

"Throughout your career Ramona, is there any special memory that stands out to you, be it coaching, playing or your achievements to date" lasked.

"Oh there have been so many Marie. I really enjoy what I do. I suppose it was a personal high when the FAI asked me to if I would come on board to coach the Irish Women's Special Olympics Football Team in a European Qualifier having trained the Kerry Stars locally. The biggest highlight though was going to Belgium in 2003, standing for the National Anthem in the 1st game. I was so proud to be working alongside Tom Tobin and the late Dominick Kiely in Kerry Stars also, great club and super volunteers. I really enjoyed coaching the Girls



Kerry Gaynor Team also and the Kennedy Cup Boys team. I've had a massive support system throughout. There has always been a strong team of huge commitment & backing. I am a lucky girl" Ramon explained.

When I moved to Killarney I always remembered Ramona on the sidelines and sporting a soccer jersey of some sort. "Ramona you have dedicated your life to soccer and the field. Was that always the way for you"? I asked. "So many of my friends had the travel bug and went to Australia, America etc I never missed that. The draw for the game was enough to keep my mindset local and the next game. I did however travel to the USA with the Killarney All-Stars boys & girls when I was 17. Oh stop it's a funny story really. Killarney is twinned with Springfield Illinois, just outside Chicago. I travelled with local sporting personnel Botty, Pat O'Shea, Karl & Aine McMahon, players like Éanna Kavanagh, Siobhan Quinlan & Sheila O'Donoghue. It was a great trip. It was the second day in and I did my knee in, cracked knee cap & torn ACL. That was the end of playing for Ramona. I was on crutches for a long time after that but left them at home on the night of my debs a year later" Ramona laughed. "It wasn't with Seanie Burchill you went to the debs with Ramona was it?" I asked. "No Marie Seanie is a Limerick man so we're enjoying the All Ireland celebrations & him winning the County Hurling Championship with Dr Crokes Covid style at our house these days" Ramona replied.

"So tell me what you've been up to with the FAI Ramona. I'd imagine you've been zooming like crazy"? I asked. "Like you wouldn't believe Marie but I'm enjoying it so much. Last weekend was the final block of the FAI Women in Football Emerging leader's programme. The experience in football these women have together is incredible. It's powerful and they come from all football backgrounds in Ireland such as League of Ireland, FAI staff and Grass Roots just to mention a couple. They're are amazing women out there in football and we need them to step forward with their qualities. The emerging women's leadership programme set up in partnership with FIFA & EUFA aims to provide us with the tools, techniques & communication skills to build strategies to help feedback into our clubs, leagues, councils & community. For me personally it's been a tremendous experience of learning on this journey and to be involved in this first pilot programme over the last 13 months. I've made such great friends and because this group is so diverse I have learned so much from them. It's so fulfilling, a very exciting time for the game in Ireland and we now need to build on this and be role models. We are not there yet but thank God we are not where we used to be" Ramona explained. A lovely catch up & a cuppa with Ramona Keogh Burchill this week at the equally lovely Killarney Plaza Hotel. Thank you for having me Ramona

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

#### Support if you need it - a campaign from Connecting for Life Kerry

Support is available over the Christmas period – that's the message in new Connecting for Life Kerry campaign underway this week.

Connecting for Life Kerry is the suicide and selfharm reduction plan for the county, which is led by the HSE/Cork Kerry Community Healthcare A new Connecting for Life Kerry advertising campaign underway this week reminds the people of Kerry that this can be a challenging time of year, but support is always available. The campaign highlights the following 24/7 support services: www.yourmentalhealth.ie

which is also available on 1800 111 888

- · Pieta House 1800 247 247
- The Samaritans 116 123 or text 'help' to 087 2609090
- · Childline 1800 666 666, or text 'talk' to 50101
- · Text 'hello' to 50808

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## Happy Christmas to all our Customers

**NEWS**DESK

# Kerry Youth Virtual Choir celebrates Christmas

To celebrate Christmas, the Diocese of Kerry has embarked on a new and exciting venture by forming a Youth Virtual Choir.

Over the month of November, we sent out word to all parishes, post-primary schools and youth choirs inviting as many young people as possible to take part. Tomas Kenny told Killarney Outlook the response was amazing. There are now up to forty young people involved. The song we will perform is a piece entitled 'Immanuel,' composed by Michael Card, an American Christian singer-songwriter. The lyrics touch on the realities, hardships and difficulties people face in their everyday lives and offers great hope and joy, especially in the refrain, 'Immanuel, God is with Us.' This is the central message of the Christmas season: God is with us always.

The young people taking part range from 15 to 30 years old. They come from school choirs, folk groups and parish choirs from across the diocese. Since lockdown last March, choirs and

music groups have not been able to partake in choral or group singing. However, a number of the singers taking part in this project were kept busy in their own parishes through the ministry of the Cantor. Some of the singers have led the online congregations for Sunday Masses, enhancing the Mass and enabling people to sing safely from their homes. It has been a difficult time for all musicians, singers and school choirs. This initiative presents an opportunity for young people, who would not normally sing together, to take part and celebrate Christmas in virtual unison and harmony. This is a Diocesan Youth Ministry initiative hosted by the Diocesan Youth Steering Team.

The video will be released next Wednesday, 16th December to YouTube - just google Diocese of Kerry YouTube. It will also be found on the diocesan website: dioceseofkerry.ie and diocese of Kerry Facebook Young people can follow this story on Instagram – youthDoK

For more information, please contact Tomás Kenny on 086 3683778 or email tomaskenny@ dioceseofkerry.ie.





## FRIENDS FOLLOW IN MARGARET'S STEPS

Family and friends of Margaret O'Connor who passed away this year are planning a 10km Christmas Challenge in her memory.

Everyone is invited to walk with family and friends in their safe bubble any day or place that suits them.

For a number of years Margaret was part of a group that walked the old Kenmare rd at Christmas time, and in fact she did it last year even though she was going through chemo at the time.

The group were hoping to do it this year in her memory but due to covid19 we cant organise a gathering like that.

They came up with the idea that families could do it any day any place in a safe way and if they wish to donate in her memory there is a temporary account opened in the credit union until January 15.

All charities have been badly hit by covid19

There was no daffodil day and no hospice walks and Margaret's family appreciate beyond words the kindness and care she received in the Palliative care unit in Tralee.



All proceeds of the walk will be transferred directly to the Palliative Care in January after the account is closed.

To donate please go online or in branch:

Account Name: Margaret O'Connor Memorial

Account No: 64981 IBAN: IE73KIRO99219319550985 BIC: KIROIE21

#### Optimism for the future as Killarney Hotel Recruitment Event for 2021 Launched

Despite the significant impact on the Hotel and Hospitality Sector due to the restrictions introduced because of Covid 19, the Hotel Industry in Killarney is still looking forward to 2021 and this week saw South Kerry Development Partnership launch their 3rd Recruitment Fair for the sector. The 2021 event will be one with a twist however as it is currently planned to hold it in a virtual format

Part of SKDP's SICAP programme, the event will still aim to assist job seekers and employers in the hotel sector with vacancies to meet in a more informal setting. It still plans to offers both the jobseekers and the employers the opportunity to meet a large range of potential employers and employees on the same day which has proven to be a key factor in the events success.

SKDP Enterprise Officer Joanne Griffin, who organises the event, said that hotels she has spoken to are optimistic with regard to the 2021 tourist season and many are already well advanced in planning for the new season.

The event will again target job seekers both with experience in the hotel sector already but also those who are seeking a change in career and applications from job seekers to take part in the event will open early in 2021.

A significant number of the hotels in Killarney have already committed to take part and any other hotels in the greater Killarney area who are interested in taking part in the 2021 event are invited to register their interest now.

"If they are interested they can simply contact me by e-mail at jgriffin@skdp.net or 087 6152660 so that we can get them involved" Joanne concluded.

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## Rathmore & District Credit Union Support the Community they serve

Rathmore & District Credit Union LTD are delighted to make a donation to the St Vincent De Paul Christmas Campaign. This year more than others there is an enormous demand on the service that they provide to their community. Unknown to many, there are many families in our locality who are currently struggling to make ends meet and Christmas is one of those times. We in the Credit Union normally raffle off a number of Christmas Hampers to members and run a Christmas Colouring Competition for children but have decided to donate what we would spend on prizes to this very worthy cause. This would be in line with our ethos of Supporting The Community We Serve.







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## Minister Malcolm Noonan TD visits Killarney National Park

The new access road and carpark to the everpopular Tomies Wood was officially opened by The Minister of State for Housing, Local Government & Heritage, Malcolm Noonan TD, on Friday, December 11.

"It is great to see this project completed," the Minister commented. "Tomies Wood and the Tomies Loop have always been popular as a recreational walk, and in providing an official carpark and road to the Wood, the National Parks and Wildlife Service have enabled a better experience for all our visitors."

The Minister planted an Oak tree to mark the occasion and concluded by saying: "This project would not have been possible without the Outdoor Recreation Infrastructure Scheme and I would like to thank the Department of Rural and Community Development for all their assistance"

Following the opening of the new road, Minister Noonan spent time discovering the Blue Pool Trail which is under development at Cloghereen in conjunction with the Kerry office of NCBI and Downs Syndrome Kerry. The Pool Wood Trail has been completely resurfaced, new guide ropes and braille discs have been installed along with universal seating and picnic furniture. The Minister said "I am pleased to note that next year a sensory trail will be completed to incorporate the previous visually impaired trail, with new braille signage and an MP3 downloadable audio file. This multi user trail will be a significant addition to the National park and provide its users with a



The Minister of State for Housing, Local Government & Heritage, Malcolm Noonan TD, (left) visited Killarney National Park today (Friday, December 11) and officially opened the new access road and carpark to the ever-popular Tomies Wood, among other engagements. The Minister toured the Tomies trail, among those with him were from left, Former Minister Deputy Brendan Griffin, TD and Chief Whip, Former Minister Jimmy Deenihan, Killarney Mayor Cllr Michael Gleeson, Daniel Canty, Contractor Trevor Donnelly, Principal Officer, NPWS and Frank Coffey, Consultant Engineer. PHOTO: VALERIE O'SULLIVAN

#### special experience".

. . . . . .

Minister Noonan then visited Killarney House and Gardens to raise the Green Flag and view an international children's art exhibition in the grounds of Killarney House.

Later in the day, the Minister viewed the renovations by the National Parks and Wildlife Service to Derrycunnihy Church and saw the considerable repair and conservation works undertaken there in 2020. This was a partnership project between Built Heritage and the National Parks and Wildlife Service (NPWS). The Minister concluded his visit to the National Park by expressing his gratitude for the continued commitment shown by the staff of the National Parks and Wildlife Service.



Christmas Jumper Day and a socially distanced visit from Santa at Clearway Montessori L-R Olivia Bradley, Luke Quill, Jessica Pierce & Donal Quill. PICTURE MARIE CARROLL-O'SULLIVAN



Christmas Jumper Day and a socially distanced visit from Santa at Clearway Montessori L-R Clare Coleman, William Lenihan, Nancy O'Riordan & Leo Hickey. **PICTURE MARIE** CARROLL-O'SULLIVAN





#### NEWSDESK

## Family smash 4 new world records to support the GOAL Mile

The Hickson family, who are a family of "serial" Guinness World Record breakers have smashed 4 new world records to support the work of Irish humanitarian aid agency, GOAL.

The multi-talented Hickson family from Annascaul, Co. Kerry, achieved their incredible records doing unique sporting activities over a mile on Saturday (Dec 12th) to promote the much-loved annual GOAL Mile, which due to COVID-19 is going virtual this year.

This brings to 20 the number of world records set in the last 6 years by the super-fit family. The new records have to be authenticated by the Guinness Book of Records and the family have assembled all the relevant evidence before it is made official.



The Hickson family from Kerry have gone the extra mile for GOAL by smashing 4 Guinness World Records in Castleisland at the weekend, supporting the virtual Christmas GOAL Mile. Pictured are Carewn Walsh Time setter on the day, Jason Hickson Fastest Mile with a Basketball, Eamonn Hickson on the Ground was a mentor on the day, Sandra Hickson going for Fastest Mile with a 40lb Backpack, (female), Nathan Missin, going for Fastest Mile with a 100lb Backpack. **PHOTO BY DOMNICK WALSH** 

The impressive records were achieved at An Riocht running Track in Castleisland. Co. Kerry. on Saturday.

Sandra Hickson, (40), a psychiatric nurse in Cork, completed the Fastest Mile carrying a 40IB pack in 8 minutes 5 seconds beating the current record of 9 minutes.

Nathan Missin, (34), (Sandra's partner), a commercial pilot, achieved his first world record doing the Fastest Mile Carrying a 60lb pack in 6 minutes and 54 seconds beating the current record of 8 minutes.

many many years and this year is no

different", Naoise Purcell told Killarney

"We are located in Sunhill, Killorglin

and our Christmas Lights are an

experience for all ages and something

that everyone needs this year

The family have set up an online

GoFundMe campaign to raise money

especially" she added.

for these charities.

Nathan also did a double and achieved Fastest Mile Carrying a 100lb pack in 7 minutes and 29 seconds, beating the current record of 9 minutes 25 seconds and

Jason (28) and Nathan did the Fastest mile with a 50KG person on a stretcher in 10 minutes and 52 seconds, beating the current record.

Here is how you can help GOAL hit the magic 10,000 miles in the spirit of helping those in need. To register go to: https://www.goalglobal. org/goal-mile/

## Christmas Cheer for all to see

Outlook.

A Killorglin family have gone above and beyond to spread some much needed Christmas cheer this year. The Purcell family have decorated their house and are raising money for two very worthy charities - Recovery Haven Killorglin and Killorglin Hospice.

"During these uncharted times, we want to spread the word of our lights now more than ever. We have been doing Christmas lights for charity for



# Memory Tree lights *for those not with us*

The community in Barraduff will this year again remember those who have passed away with their beautiful Memory Tree.

The Barraduff Tidy Village Group have placed the Memory tree outside the church in Barraduff. The hearts can be purchased in O Donoghue's Store Barraduff. The hearts cost €5.00 All monies raised will go directly to Barraduff Tidy Village Group and will go directly back in to the community.

"Our Memory tree is dedicated to all the beautiful souls who are no longer with us but they are always in our hearts", Diane Healy from the Barraduff Tidy Village Group told Killarney Outlook.

A special Mass will take place for all people named on the memory tree & all the people who have passed away in 2020





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## KILLARNEY OUTLOOK: Souvenir Edition

## Christmas Souvenir Edition Killarney Outlook 2020.

In our trip down memory lane

PART

we look at the town and its people, buildings and how things have changed over the years.

To the people of Killarney who have so kindly allowed us to print their own precious memories in our annual **Souvenir Edition** we extend our heartfelt thanks.

This edition of **Killarney Outlook** is a special one and will be kept by many to glance at from time to time and remember the past with nostalgia.



From everyone at Killarney Outlook we wish all our readers, correspondents and advertisers a prosperous new year and look forward to continuing our tradition of providing you all with the best news, photographs and advertising in 2021.

Mick Shea William O'Connor, Mickel Hayes & Mick the Cut pictured with a group of tourists on The Gap Trip through the lakes of Killarney.

ES: D

HRISTMAS ADVERTISING



KILLARNEY OUTLOOK: Souvenir Edition

# The Doyle's of Glena

#### By Peter Doyle

John Doyle is the third youngest of fifteen siblings that were born and reared in Glena (a remote location on the shores of Lough Leane) by their parents Daniel and Ellen in the years from 1935 to 1953.

Glena is nestled at the foot of Tomies mountain and is only accessible by land via the Old Weir Bridge.

John explains that, "Today in Glena there stand the ruins of 3 buildings, Glena Cottage which was built as a hunting lodge by Lord Kenmare. It was burnt down in the 1920's reputedly during the civil war.

The 'Ballroom', in the late 1800's and early 1900's was used in summertime for barbecues and dances by the people of Killarney.

The Game keeper's Cottage was occupied for generations by gamekeepers. John's father Daniel was the gamekeeper for Lord Kenmare. Indeed an earlier generation(two aunts) of the extended Doyle family occupied Glena in the early 1900's."

Daniel was born at the Torc Waterfall Lodge the son of Michael Doyle who was employed by the Muckross Estate. Daniel's grandfather was also an employee of the Muckross estate and lived in the premises now known as the Tower, beyond the Eagles Nest on the Kenmare Road.

Daniel's main duties as gamekeeper were to prevent poaching of game-birds and animals, keeping the pathways through the woodlands, marshes and mountain open and passable, maintenance of precise information on the whereabouts of game and to act as guide to shooting parties from Kenmare House. For school the elder children originally travelled by pony-trap but later got bicycles and cycled the 7 miles each way in all weather conditions. During the war years spare parts became very scarce for bicycles and eventually all bicycles became unusable. At that stage they lost 1 and a half to two years of school. Several times each year in the cycling years they could not travel to town due to flooding in the low-lying stretches of road.

In the late 1940's the government provided a small station-wagon(from Donie Hegarty) to ferry us all to school in town.

In the summer the older sons would row with their mother to the copper mines and then walk from there to town for the weekly shopping visit. John recalls, "One of the great pleasures on Saturdays was our mother's



arrival home and dividing out some sweets she bought!"

The family used to walk 3 miles across rough, mountainous terrain to attend mass in Derrycunnihy Church. (Now closed.)

Up to about 1949/1950 Glena was a frequent destination for trips by tourists from hotels in Killarney particularly the Great Southern Hotel. "These tours afforded some opportunity to earn extra money as my mother would serve them teas." As for the hunting parties they mainly liked to shoot both Deer and Grouse. John recalls that both wild Duck and wild Geese were fabulous food. The family also trapped foxes, badgers and otter and sold the skins to the Horgans the hide merchants off High Street in Killarney. John explains that his father was always at odds with the Priest who was the manager of the schooling system. As the children often missed school owing to the war or the weather this was a continuous bone of contention and one of the primary reasons why the family eventually relocated to Marian's Terrace.

John admits it was a culture shock but they were pragmatic about it. In Glena they had no electricity or sanitation. Their boat had no engine. It was the end of an era as modernity was ushered in.

John can recall the day the family left Glena on the 15th of June 1953. "I distinctly remember as the last of us were in the boat ready to cross, my father went back up the steps towards the house and did not return for what appeared to be an age. When he came back down I saw his reddened eyes." When the family vacated the house the roof was removed so the estate would avoid paying rates.

John recalls travelling with two friends from St. Brendans College to his old home in Glena in 1961 and already the rhododendron was encroaching on the open land.

John is happy that the trail around Lough

Leane is close to completion as he hopes this will make Glena more accessible to both locals and tourists alike and perhaps revive interest in the history of the area.

John has his own boat and visits Glena 10 to 12 times a year. John spent 20 years in England returning to Killarney in 2011. There was a 22 year age gap between John's oldest and youngest siblings Michael and Jerry.

Many of John's siblings settled in both America(Danny, Dominic, Ann, Bernard, Una and Gerry) and England (Michael, Sheila, Aileen, Pat, Kathleen and Mary)

The surviving siblings today are Pat, Kathleen, Mary, Bernard, Una, Margaret, (John of course) Phil and Gerry.

An interesting fact, Bernard lives in North Caldwell, New Jersey and his house was featured in the final episode of season 5 of the Sopranos, when Tony Soprano runs through a wood fleeing the FBI. It is indeed a small world!

The only time the family were ever all together is in the photograph below taken outside their new home in Marian's Terrace on the occasion of their father Daniels death at the young age of 52.

Unfortunately last week news came through that Gerry had passed away suddenly but peacefully at his home in New York on 10th December 2020. Beloved son of the late Daniel and Ellen and much loved brother of Patrick, Kathleen, Mary, Bernard, Una, Margaret, John and Philomena and the late Michael, Sheila, Aileen, Danny, Dominic and Anne. Sadly missed by his loving family, relatives and his many friends in New York and Killarney. Founding member of Killarney Athletic A.F.C. "May He Rest In Peace"A Memorial Mass will take place for Gerry in St Mary's Cathedral at 6.15pm on Monday 4th January 2021.



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Friday 25th December	Closed
Monday 28th December	Closed
Tuesday 29th December	Closed
Wednesday 30th December	Open
Thursday 31st December	Open until 4pm
Friday 1st January	Closed
Monday 4th January	Open

## We wish all our attents and their families a peaceful Christmas and a happy and prosparous new year

Rather than send Christmas cards this year we have made a donation to a local Charity.

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O'Meara, Clifford and O'Donoghue Children from Killarney town pose for a picture together.



The Mon football Team.





Killarney Atheltic team: Front Row right to left: James O Connor, Pogs Looney, Sossy Mullins, Denny Hayes, John Kelly, Peter Gilloughly. Back row: Right to Left: Donie Kelly, Brian McCarthy, Frank O Sullivan, Peter Mc Grath, Donal Hayes, John Daly, Gregg Collins, John O Connor.



Margaret O'Leary, Main Street with Art O'Keeffe.



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Pauline O'Meara High Street with friends.



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KILLARNEY OUTLOOK: Souvenir Edition



Maura, Pat, Mike Kelly with Gerard Sullivan and John and Mary Sullivan, Nell, Malcom, Noel Mulligan picture at Corpus Christi Procession in the 1960's.

The lit the



Tim Kelly and friend outside ONeils on Plunkett St waiting for a snack box from the ALLERGRO MID 80'S.j

on suitcase Paula Hearne, back L to R Kathleen Kelly, Fidelma Daly Elizabeth Hearne, Killarney train station Paula was heading off to nursing college 1968.

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## KILLARNEY OUTLOOK: Souvenir Edition



Adrian Donoghue, Jonathan Sparling, Peter McCarthy, Shane Horgan celebrating a Killarney Celtic win.



Killarney Celtic celebrations.



Killarney Ryan Staff before they head off on the Ring of Kerry bus trip Nov 1987.



As V Bs in Greyhound Bar Cup Noel Brosnan, PJ Lynch, Tommy Riordan, Eoin Donnellon, Diarmuid Dalya.



St Finians 6 A Side Team.



6 A Side Team



Ronnie Whelan, Mike Murphy, Claire Wickham, Mary Claire Harper Killarney Ryan Staff Party.



Kathleen Daly pictured with her son Colin after a Killarney Celtic win.




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and a Prosperous New Year



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**FIRIES AREA, KILLARNEY** Country mansion on c. 39 acres approx of top quality land all in excellent condition.

**FIRIES VILLAGE** Modern licenced premises with a spacious function room and commercial kitchen. Generous living accommodation, lots of free parking and rear entrance.

**KILCUMMIN OR FIRIES** area, semi or detached house wanted for cash buyer. **BARLEYMOUNT, KILLARNEY SOLD** 6.5 acres approx. of rough land.

**BARLEYMOUNT, KILLARNEY** 1.75 acres approx. field with specatular views **SPA/KILLARNEY** 1 acre site, subject to planning, dry elevated, great location

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**CARAGH LAKE/GLENCAR/KILLORGLIN** area old 2 storey farmhouse on c. 2.5 acres. Very scenic tranquil setting in this very desirable location.

**CROMANE VILLAGE** Large, detached, 4 bed dwelling house, 4 bed, 2 ensuite, with former P.O. and shop attached. Large site c. <sup>3</sup>/<sub>4</sub> acre. Needs renovation but ideal family home/ Air b&b, hostel etc.

**KILLORGLIN TOWN** Modern, detached 3 bed, 2 storey dwelling, concrete build, great location, private, gated development. Price region €240,000 Ber pending. **DOOKS, GLENBEIGH SOLD** Beautiful, detached bungalow with spectacular views. Very private with electric gates and many special features. Close to Dooks golf club.

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KILLORGLIN c1.5 miles, half acre site, extrem scenic location.

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CODE	COURSE TITLE	START DATE	DURATION (WEEKS)
310812	Deciding Your Future, Tralee A great short course to help you re-set and re-start.	11 January	11
304241	Pharmacy Sales Assistant, Tralee Gain the right skillset to seek work in a retail pharmacy environment.	25 January	39
300811	Skills to Compete ECDL - European Computer Driving Licence, Killarney Master your PC skills   Internationally recognised qualification.	25 January	13
300820	Digital Marketing and Sales, Tralee An all-new sales focused Digital Marketing training programme.	1 February	50
309768	Healthcare Support (Carers), Tralee Become a qualified carer.	1 February	41
301238	Traditional Stonewall Construction, Tralee Learn the art and craft of traditional stonewall.	22 February	34
307230	Skills to Compete Bus Driving - D Licence, Tralee Achieve D-Licence & CPC   Pre-Requisite: D-Licence Learner Permit.	22 March	12
307248	Skills to Compete Digital Photography, Tralee Learn the craft of digital photography.	22 March	14
301684	Skills to Compete Welding Intermediate, Tralee Get EN9606-1VOB1, EN9609-1SSP and EN9609-1 AL01 certified.	29 March	18
300819	Digital Media Production Skills, Tralee • Unique to Kerry College Visual Communications   Video   Photography.	29 March	53
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# **MONEY MATTERS**

By Dermot Cronin, Financial Advisor



#### WHY USE A FINANCIAL BROKER?

Firstly, a Financial Broker should have access to a number of different financial product providers and they will also research products for you that match your needs from this choice of providers.

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For further information on the above you can contact Dermot Cronin QFA at 0646622775 or at dermotcroninifa@gmail.com

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INVESTMENT TERM: 5 YEARS MAXIMUM INVESTMENT: €250,000 MINIMUM INVESTMENT: €5,000 CLOSING DATE: 22<sup>st</sup> December 2020 PROJECTED NET CASH FLOW: €9,200 (Based on €20,000 Investment) TAX RELIEF AVAILABLE: 40% in 2020 (Deductible against most income taxes) PROJECTED BUYOUT PRICE: €1.09 PER €1 INVESTED

With very strong initial interest, the private placing is already 50% booked. We expect it to be fully subscribed and advise booking early as it may close before the stated dosing date, once fully subscribed.





Email: Michael Walker at michaelwalker@fdc.ie

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G



"Old Stock" - Familiar faces from Killarney. Picture: Donie Whitty O'Sullivan - Moments In Time.



Donal O Meara and his mother Kathleen outside the door of the iconic bar in High Street.

Fossa Minor team 1972.

0

#### HRISTMAS ADVERTISING

### COVID-19 /CORONAVIRUS Kerry Community Response Forum

The confidential *freephone* service will continue to be available throughout the Christmas period to provide non-emergency supports such as the **delivery of food, fuel** and medical supplies and to provide information and advice.

# FREEPHONE: 1800 807 009

TEXT 'SUPPORT' followed by your NAME to 50555 EMAIL: covidsupport@kerrycoco.ie

#### Available <u>9am to 5pm</u> seven days a week throughout <u>Christmas and New Year</u>

The work of dozens of community and voluntary agencies and groups across Kerry in the community response to the pandemic during 2020 is gratefully appreciated



Rialtas na hÉireann Government of Ireland

Wishing everyone a safe and peaceful Christmas







A Group of children pictured in St. Anthony's Place off College Street by Killarney Printing Works. The photo was taken by a photographer practicing with his new camera.



Posing for photograph at a wedding included are Pat Kelly, Mary Kelly Sullivan, Bella Mulligan, Mike Kelly, Nell Kelly Mulligan and Malcom Mulligan .

Chris Kenny Sheehan Pat Kelly and Shelia Kenny Doyle.



Moriarty reunion July 1963 front row Bill Tim Hugh Eileen Moriarty and wife of Hugh, Back children of Bill Moriarty. last person at back row on right is actor Paul Hugh Moriarty who played Hatchet Harry in Lock stock and two smoking barrels.

5 8

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Mastergeeha celebrating winning the James Doyle Cup



Killarney Ryan Hotel Staff Party



Killarney Ryan Staff on a outing to Dingle Back: Angela Vermiglu, Helen Brosnan, Breda Donoghue Front: Josie Kissane, Nora Fleming, Teresa O'Donoghue.



Killarney Ryan Hotel Staff Gathering.



Killarney Celtic 6 A Side Tournament Stefan McMahon, Tommy Riordan, Batt Connor, Tom Kerrisk, Finbarr Murphy



Killarney Celtic A Team that played in Greyhound Bar Cup 97/98.



Staff Party Dec 1991 L/r: Noel Brosnan, Fergus Cronin, Edward O'Donoghue, SEan O'Donoghue, Thomas McCarthy, Dermot Cronin, Tom Hurley



St Pauls U19 National Cup Winners 1998.



Lee Strand would like to wish everyone a Merry Christmas and a Happy New Year



#### Welcome home to everyone this Christmas ...

We know how great it is to be back with family and friends and of course having a pint of chilled Lee Strand milk with your Christmas dinner. It is the little traditions that make Christmas great. Enjoy!

lee Strand Trifle with Stramberries & Chocolate Flake

This recipe is simple to make yet delicious to enjoy at Christmas.



INGREDIENTS 300g fresh strawberries 1 x 135g block jelly made up to one pint 160g packet triffe sponges 3 tbsp sweet sherry 500ml readymade custard 500ml Lee Strand Fresh Cream, softly whipped

Line the bottom of the dish with trifle sponges, sprinkle with sherry and leave to soak for 5 minutes. Slice the fresh strawberries thickly and lay evenly over the trifle sponges. Press the strawberries lightly with a fork to release juices. Pour over the liquid jelly to cover the trifle sponge. Then, place the dish into the refrigerator and leave until the jelly is set. Once set, spoon over the custard to create a thick layer. Then spoon the whipped Lee Strand Fresh Cream over the custard. Finally, sprinkle with chocolate flake.

PS - you may wish to omit the sherry if serving to children.

### Chocolate Chip Cookies

These cookies are so much fun to make with kids and are a perfect treat for Santa on Christmas Eve.





Relax and unwind with the perfect Christmas indulgence by the fire on Christmas night.



INGREDIENTS 110ml of hot freshly brewed coffee 50ml Baileys Irish Cream Lee Strand Fresh Cream Chocolate Shavings

First, heat the glass with hot water. Pour in 50ml of Baileys and then stir in the coffee. Top with freshly whipped Lee Strand Cream. Sprinkle with chocolate shavings.

Lee Strand

fresh CREAN







Presentation convent school first Communion class around 1967 Some of those included are Padraig Casey, Mangerton View, Denis Donoghue, New Street, Don Keogh, Upper Sunny Hill, Johnny Murphy, St. Brendan's Place, Pat F. O'Connor, Mill Road, Colin Fleming, Marian Terrace, Tony O'Riordan, Grand Hotel, Peter O'Sullivan Castlerosse Cottages, Donal Brosnan RIP, New Street, Johnny O'Connor, New Road, Kevin O'Sullivan, Golf Club, Donal O'Connor, Muckross Road, Colm Galvin, Muckross Road, Padraig O'Sullivan, Mangerton View, Colm O'Donoghue, Dalton's Avenue, Sean Landers, Ballydowney and Ger Brosnan, Port Road.



L-R: Sheila Kelleher, Sheilagh O'Connor & Ann O'Connor Ladies Day, Killarney Races.







L-R: Andy Townsend, John O'Connor, Sheilagh O'Connor and Marc O'Connor (centre front) opening of Innisfallen Mall Killarney.

L-R: Micheal Doyle, Patsy Lynch and John O'Connor

L-R: Anne Mac Monagle, Sheilagh Mangan, Sheila Mac Gillicuddy & Breda Horgan Ardshanavooly, Park road

William & Dermot Mangan work shop Hilliards Place,High Street





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1.At a presentation to the departing Liam O Connor to the USA Back row..Tomas Lyne,Packie O Connor,Diarmaid O Donoghue,Larry Fagan,Liam O Connor,Weeshie Fogarty. Middle Row..William O Sullivan,Denis O Mahony,Peter O Leary,James O Donoghue,Sean Counihan,Sean Murphy. In front ...Jan Hallissey,Gerard Murphy.



Photo taken in 1997 of six former Legion Chairmen.. Pat Kissane Michael O Leary,Sean O Grady,Weeshie Fogarty,James O Donoghue, Johnny Culloty.





The 1994 Senior Player of the Year Front Row...Sharon Healy,Margaret Healy,John Keane(Player of the Year),Geraldine Keane,Breda O Donoghue. Back Row...Donal O Donoghue,Noreen Healy,Con Healy,Pat Healy,Kevin Healy, Adrian Healy.



At the official opening of the New Legion Clubhouse in 2009. Left to Right..Weeshie Fogarty,Johnny Culloty,Jerome Conway(Kerry Co.Board Chairman,Sean O Sullivan(Legion Chairman),Christy Cooney(GAA President),Tommy Regan.



Jimmie Smith, Karl Kelly, Leo Casey celebrate a Killarney Celtic win in the Greyhound Cup.

A Legion of Memories Back Row.Denny Murphy,Mike Lyne,Johnny Culloty,Donal O Meara,Sean Costigan,Geni Fogarty,Fr Michael Howe,Justin Kidney,Vince Doyle,Michael O Leary,Tommy Regan,Tony McMahon,John Trant,Weeshie Fogarty

Front Row...James O Donoghue,David Hurley,Bernie O Connor,Pa Doyle,Jim Trant,Jimmy Murphy.



6

Mikey P Lyne and Noel Brosnan holding the Greyhound Bar Cup which Killarney Celtic won 1996



Shane Dennehy, Karl Kelly, Donal O'Sullivan celebrate Grehound Bar Cup win by Killarney Celtic.



7 A Side Team May/June 96 Back I/r: Richard Whelan, Sean Fitzgerald, Thomas McCarthy, Carl Cody, Daragh Byrne Front I/r: Maurice Guilfoyle, Turloch McNamara, Johnny McAuliffe, Nathan Cassidy, Kevin McIntyre.



John Kissane and Paudie Breen with the Sam Maguire Cup at a Ryan Hotel Staff Party 1986.





Ryans Staff Party 1983.





A Legion minor team from 1991 Front Seamus O shea, Darren Counihan, David Regan, Leo Casey, John McGillycuddy, Richard Willis, Tony Fagan, Denis Doody, Stefan McMahon Back Donal O Leary, Conor Brosnan, Fergal Carroll, Cathal O Grady, Dara Lehane. Mark O Leary, Patrick O Donoghue, Enda Walshe, Sean Culloty, Ted Bowler, Pat Mannix, Edward Horgan



Donie Courtney, Jimmy O Leary, Weeshie Fogarty, Noelie O Connor, Louis Nolan and Danno Keeffe.



Award winners at the Social. Pat Nagle, Louis Nolan, Denis Doody, Pat Cronin Jerry Griffin, Donal O'Meara with Club Chairman Pat Kissane.



John Joe Sheehan receiving his Hall of Fame Award with Denny Lyne, Teddy O Sullivan, Diarmaid O Donoghue, Pat Sheahan, Johnny Culloty, Tom Prendergast.



Tommy Regan celebrating his Hall of Fame Award 2006 with Pat Moynihan, Padraig Brosnan, Donal Culloty,Seamus O'Neill, Donal Brosnan, Pat Healy.



A Committee meeting back in 1990.Centre back row is Michael O Donoghue of the Park Place Hotel.Long before the club had a clubhouse the majority of club meetings took place in Michaels hotel at the top of High Street.

A selection of Legion Under 10s from 1989.



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Killarney Legion, County Minor League Division 1 Winners 1990.

- the second in the second





Smiling at a meeting Front Tom Moriarty, Kieran Fogarty, Pat Cronin, Paddy Cronin, Pat Moynihan....Back Padraig Brosnan, Pat Kissane, Mike McEnery, Padraig Lynch, Mike Murphy.



Kerry Captain 2006 Declan O Sullivan presenting medals to our successful Girls teams with the help of special guest Sam Maguire



Noel Kelliher, Tomas Lyne, Michael Lyne, William O Sullivan, Sean Counihan and Declan Walsh with the Allianz National League Trophy



Members of the Lyne Family at an honouring for Canon Michael by the club Front Rita Broderick, Con Lyne, Canon Michael, Larry Fagan Back Mike, Ann, Denny, Jackie Lyne, Weeshie Fogarty, Pat Broderick.



The Last Night at O Mearas Bar under the ownership of the O.Meara family.



East Kerry Under 15 Winners 1991 with mentors Dan Moynihan and Weeshie Fogarty.



Having a cupan tae after training..Noel Kelliher,John McGillycuddy,Tony Fagan,Conor Brosnan,Peter O Leary,Jim O Carroll,Kevin Murphy.



At the presentation of the Pat O Meara Memorial Cup to the Club in 1974 are Weeshie, Donal O Meara, Bernie O Connor and Johnny Culloty.



At the launch of Golden Pages sponsorship of the Club are Eoghan Donnellan, Johnny Culloty,Diarmaid O Donoghue,Teddy Bowler,Peter O Leary,Weeshie Fogarty with a representative of Golden Pages.



A club selection that competed for the O Meara Cup in 1992.Traditionally played over the Christmas period the internal competition was great for shaking off the Turkey cobwebs.



Brian Morgan, All Ireland winner with Down in 1960 and 1961 helping with the 600 Club Draw under the watchful eye of Sean O Grady, Padraig Brosnan and Pat Cronin.



At the launch of a Legion of Memories is James O Donoghue, GAA President Con Murphy, Vincent Doyle and Canon Michael Lyne,



At a club meeting are Back Diarmaid O Donoghue, Paddy Griffin, Pat Cronin, Mike Murphy, Donal Culloty, Kevin Griffin, Johnny Culloty Front Weeshie Fogarty, Jim Trant, Pat Kissane, Dan Moynihan, Donal O Meara.



Renowned Crokes clubman Paddy Bomber O Shea at the Legion social with club stalwarts of the time.



Canon Michael Lyne, Club President at the time, on his first visit to Direen since it opened. The Canon was also Chaplain of Glasgow Celtic Football Club at the time.



Teddy O Sullivan and Denny Lyne in front with Jimmy Redpath and James O Donoghue at a club function



At the celebration of the 50th Anniversary of the Clubs Foundation are the Club Captains of their age groups in 1979... Mike Murphy, Sean Murphy, Padraig Brosnsn. Connie Carroll, Finbarr Kelly, Anne Looney, Pat Moynihan, Peter Murphy, John Culloty, Timmy Fleming.



Award winners at the Social Front Larry Fagan, Nor Doyle,Denny Lyne,Ann Lyne Back Sean O Grady, Con Carroll, Justin Kidney,Brendan Murphy,Margaret Brosnan,Fr Michael Howe, John Nolan.

## Killarney Collector takes a train journey back in time

story dating back to 1880's details the time when the GSWR began building the railway line from Farranfore to Killorglin between 1881 and 1885. They then went onto continue to track to Renard - a distance of 40 miles at a cost of  $\notin$ 7,000 per mile.

Historian and collector, Brendan O'Sullivan from Crohane tells the Killarney Outlook the history of this feat of engineering.

"As part of the construction, a bridge was build over the River Laune, which still remains there and on November 1st 1886, a halt (stop) was opened in Rathpook, Milltown which is situated a mile from the town", Brendan recalled.

The land for the Railway station in Milltown was sold to GSWR by John Godfrey, Kilcoleman Demesne, who was a big landowner at the time. One of the conditions of the sale was that the train could not go faster than 5 miles per hour through his estate.

He died in 1900 and is buried in The White Church, Milltown. The Godfrey family lived in

the Abbey until 1949 when the land was sold to the estate. The house no longer remains.

From Killorglin to Glenbeigh a bridge was constructed over the Caragh River. Onto Mountain Stage the construction of two tunnels through the mountain was undertaken - the viaduct was 940ft long and 70ft above road level. A futrer tunnel was dug through the Mountain in Kells. The construction moved onto Caherciveen where a very large Bridge was built diagonally across the River Ferta. "All the viaducts, tunnels and bridges are still standing to the present day and will be developed into the South Kerry Greenway", Brendan added.

The work on the GSWR created a lot of employment for local people and tradesmen up until the railway line closed on February 1st 1960. A lot of the employees were housed in Railway Cottages and Station Houses which were then sold off and currently are homes to many families.

Brendan is the current owner of the Staff Pole (See Picture right). The Staff Pole would have



been given to the train driver in Castlemaine and returned to the station master in Killorglin when the train came in.

It would have been used again on the returning train. "The names of the stations are clearly visible on the staff poles", Brendan said. "The staff pole from Farranfore to Castlemaine would have had a key on it to change the Railway Line to allow the train travel on to Tralee or Killarney. The train ran six days a week, never on a Sunday and the last train leaving Renard before it closed continually blew the whistle, something which people still remember today", Brendan added.







Hall of Fame winner Danno Keeffe receiving the honour from Paddy Culligan(Garda Commissioner and also played for the club) while his wife Carmel receives a bouquet from Nor Doyle(wife of Vincent). Also in photo Larry Fagan(native of Westmeath who came to Killarney in the late 60s and served as Club Chairman).

The Dr. C rokes Hurlers in 1934





The Dr. Crokes Team who played Kerins O'Rahillys in 1959.





Dr. Crokes Camogie team in 1929

We had a fantastic reaction to our request for your old photographs

and in our first edition of 2021, we will include more of your precious memories.

George Godfrey & Dermot Mangan outside their shop High Street where French Bakery is now



### Councillor MARIE MOLONEY

Mike and I would like to wish all our families, friends, neighbours and constituents a veryHappy Christmas and a healthy and safe New Year.

Contact details: Mobile: 086 3049422 Email: marie.moloney1980@gmail.com



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## **Cllr Niall Kelleher**

Councillor Killarney Municipal District

## CLLR BRENDAN CRONIN M.C.C.

As Cathaoirleach of Killarney MD, 1 want to wish everyone a Happy, Holy, Peaceful Christmas and Good Health and Prosperity for 2021. While enjoying the Christmas season it is imperative that we all protect one mother, adhere to health guidelines and stay safe. Clir Brendan Cronin available at

187 2009037 mail ellebrendan cronin@korrocove

Ballyhar, Killarney. Mob: 087 2069657 Email: cltrbrendan.cronin@kerrycoco.ie

## Cllr. Patrick O'Connor-Scarteen

Mayor of Kerry

Wishing the people of Kerry a Safe and Happy Christmas and Healthy and prosperous 2021.

5 Main St, Kenmare, Co. Kerry 12 A New Street, Killarney, Co. Kerry M: 087 290 4325 E: pconnorscarteen@gmail.com



## Norma Foley TD

Minister for Education & TD for Kerry

## Warm Christmas Greetings and Every Good Wish for 2021!

**Constituency Office:** 

1 Bridge Place, Tralee Co. Kerry. Tel: 066 716 9052 Email: Norma.Foley@oireachtas.ie () () ()





Michael Healy-Rae TD Constituency Office: Tel: 064-6685782 Tel: 01-6183363 Mobile: 087-2461678 michael.healyrae@oireachtas.ie



Danny Healy-Rae TD Constituency Office Tel: 064-6685315 087-9975419 Mobile: 087-2316055 E: danny.healyrae@oireachtas.ie

**FIANNA FÁIL** 



Maura Healy-Rae MCC Healy-Rae's Bar, Kilgarvan on Tel: 064-6685315 Mobile: 087-7816432 E: maurahealyrae@gmail.com



Johnny Healy-Rae MCC Tel: 064-6685315





Jackie Healy-Rae MCC Tel : 087-9464425 Email: jackie@healyrae.ie



The Healy-Rae's wish to thank all their friends and constituents for their continued loyalty and support. We would like to take this opportunity to wish everybody a Happy and Holy Christmas and Good Health in the New Year.

HRISTMAS WISHES

Web: www.donalgrady.com





Christmas Jumper Day and a socially distanced visit from Santa at Clearway Montessori on Friday. PICTURE MARIE CARROLL-O'SULLIVAN



Christmas Jumper Day and a socially distanced visit from Santa at Clearway Montessori L-R Clare Coleman, William Lenihan, Nancy O'Riordan & Leo Hickey. PICTURE MARIE CARROLL-O'SULLIVAN

The students of Clearway Montessori pictured on Christmas Jumper Day with their teachers L-R Magda, Emma, Sheila & Owner Ciara Culhane with her son Bobby URE MARIE CARROLL-O'SULLIVAN



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#### Beannachtaí na Nollag oraibh go léir

# Michael Gleeson

Sing of the childhood That renews for us all -The laugh of the soul. Sing the child in the stall. (Patrick Kavanagh)



Tel: 087 2130973 Clasheen, Killarney michaelgleesonktc@eircom.net



## **KILLARNEY AT 11AM**

(Social distancing and contact tracing in place) We are available to meet constituents at any time. Give us a ring to arrange a suitable time and

We want to wish everyone a very Happy Christmas and good health for the New Year!

**BUSES TO BELFAST** FOR CATARACT PROCEDURE Places still available on December Bus.

PLEASE CONTACT Danny 087 2316055 Office 064 6685315 Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

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Eoghan: 087 1961684 E: info@macfuels.ie W: www.macfuels.ie Noreen at What Women Wants gives you some **beauty tips** while you are staving at home during Covid-19

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Apply at least 30 minutes before sleeping so the mask does not end up being absorbed into your pillow. Use 2 – 3 times per week for maximum effect.

For ultra-hydration and to energize dull, lack lustre skin while you sleep try IMAGE Hydrating Overnight Mask €62

To wake up with firmer skin and less lines, use Ageless Overnight Mask €94 which continuously releases microspheres of marine collagen and encapsulated retinol that is drip fed into even the most sensitive skins.

A silk pillowcase is worth investing in to help skin retain moisture and minimise friction and pillow lines on the face.

#### Noreen Mangan

Tel: 0646630712 | www.whatwomenwant.ie

Fitness Expert Edele Dalyguides you



TIPS TO HELP YOU STAY MOTIVATED



Question: What are the best snacks to eat before and after training? *Continued Answer:* To keep it simple and hopefully help answer the question we have broken it down into a series of questions you should be asking yourself before you dive into that snack.

Are you skipping meals? Perhaps the snack is replacing a balanced healthy meal that you should be having before thinking about snacking first. So make sure you are eating regular healthy balanced meals before you think about snacks. Are you trying to loose weight? Then you should really be looking at your overall calories for the day and make sure they are balanced and spread throughout the day. We recommend "my fitness pal" for calorie tracking for weight loss. How long has it been since your last meal? And are you feeling low on energy

How long has it been since your last meal? And are you feeling low on energy before your workout? Well if this is a few hours since you last ate and you are due to workout on your way home from work for example, we would advice planning your day a little better and schedule a snack about an hour or 2 before your workout and maybe make your lunch a little smaller also too that day so you can fit in that snack. I would make this snack nothing too big just enough to give you an energy lift to get you to your workout and then you can go home and enjoy and post workout meal with protein carbs and veg yum!

feeling good and performing good then you know you got it nailed. If you need any additional help or advice on this topic specific to your training or energy demands. Please contact the B Well team direct and we would be happy to help you.

We at B Well Fitness Club are offering help and support in these difficult times so please tune into us on FACEBOOK, INSTAGRAM & our NEW You Tube channel. Also feel free to reach out to us on the phone 087-7643449 by text or email info@bwellfitnessclub.com

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Astrid Longhurst

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## What the Covid pandemic has taught me and why I'm grateful!

This year has been unprecedented and extraordinary for every one of us. Each of us has had our own unique experience with what the Covid pandemic has brought us. As we head toward the close of this year, I find myself reflecting on what I have learned and why I am so grateful.

Firstly, I've realised the enormous power of connection and the impact it makes on our lives. As a Coach and Author of self-help books I have always been passionate about helping others to connect with what it is they truly desire in their life.

However, the real power of connection is when we are able to reach out and physically touch someone we love. Or, when we meet strangers for the first time and connect with a friendly handshake in a greeting of welcome. We need this physical connection to help us to move closer to others in a way that bonds us and develops all of our relationships. I have learned that the human spirit is more indomitable than I ever knew and how people are simply awe inspiring in how they rise up, fall down and then rise again even stronger.

I have learned that I love being alive. I appreciate the smallest things. The hot cup of tea on a cold winter's day, the sweet words written in a card, the birds singing, the sound of rain on my window, the comfort of my bed, the warmth of a fire and the love of friends and family.

## Coaching exercise – what do you love and are grateful for?

Take a few moments and write down all of the things that you love. Write down what truly matters to you and what you feel most grateful for. It is a wonderful exercise to help in focusing on the positives and remembering how blessed and fortunate we truly are.

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> Please Contact me on 087 9399818 (Counselling via Phone also available)

## DR CROKES

The Club shop is open next Wednesday & Friday from 6.00 pm to 7.30pm. If you have ordered online your orders can be collected from the Dr Crokes shop during these hours. To order online click the following link: https://drcrokesshop. com/

#### **PRESENTATION MONASTERY**

We urge all members and supporters to support the present fundraising drive by the Presentation Monastery. many of our members and supporters received their early education in this establishment and their has been a long and historical link between the Dr. Crokes club and the MON.

#### LOTTO

draw took place on Monday December 14th numbers drawn were 2 5 22 25 JACKPOT €6,500not won 2 Patrons matched 3 numbers receive €200. Paul Clarke c/o Bridget Denis Cronin Gortdromakerrie. 3 draws for Xmas Vouchers Con O'Leary, Brian McMahon, Eileen O'Shea. Jackpot for draw on December 21st will be €6,500 We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis's Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below And follow instructions attached https://play.clubforce.com/play\_newa. asp#Anchor When you click on the link it brings you to the Clubforce Main page. From here click Club name Dr. Crokes Gaa. This brings you to another page that you again put in Dr. Crokes, which in turn brings you to the Dr.Crokes home page. From here click lotto and the rest follows on. Alternatively download the Clubforce app, COMMISERATIONS

## to Michael Lenihan and Kerry Hurling Squad on losing to Antrim in the Joe McDonagh Cup Final.

#### **BEST WISHES**

to Harry Byrne Cian McMahon and Liam Randles and the Kerry Minor team v Cork.

## KEEL GAA NOTES

Congratulations to Keith Evans who has been chosen as part of the Kerry minor panel 2020. A fantastic achievement by Keith and we are so proud of him.

The Kerry minors kick off their campaign on Tuesday evening the 15th against Cork in Austin Stack Park at 7pm in the semi-final of the Electric Ireland Munster Minor Football Championship. The game is live on the TG4 Sport YouTube. We would also like to extend our best wishes to Aaron O Shea of Listry and Cillian Burke of Milltown/Castlemaine who also made the panel. Best of luck to the team and their management. **MCCARTHY INSURANCE GROUP** 

We would like to thank McCarthy Insurance Group for their continued sponsorship throughout this difficult year. We are extremely grateful for your support. Our commiserations to the Kerry hurlers and their management team on their loss to Antrim on Sunday in the Joe McDonagh Cup Final. It was great to see the green and gold in Croke Park. We look forward to seeing the Kerry hurlers back in action in 2021.

#### INCH BEACH CHRISTMAS SPLASH FOR CASH

This year, join the Inch Beach 'Christmas Splash for Cash' with your family bubble. Make a splash in the shower, bath, puddles, Inch beach or local beach during Christmas week (25th Dec. - 1st Jan) and donate to Kerry Cancer Support Group. They provide free services and resources to those affected by cancer in our communities and rely greatly on donations from fundraising events. All donations are greatly welcome and all proceeds raised from this event will be given to the Kerry Cancer Support Service. Please donate at www. facebook.com/donate/157202562813036/. All those who can visit Inch beach or local beaches for the 'Christmas Splash for Cash', please adhere to the HSE COVID-19 19 guidelines and stay within your family bubble. Make sure to stay safe at all times when in and out of the water.

### EAST KERRY GAA NEWS

#### By Michael O'Mahony

Huge commiserations to Fintan O'Connor and his Kerry contingent. They gave it absolutely everything! Well done lads. A proud day for Kerry Hurling! on sunday they be othner day.

#### **50 YEARS**

Christmas Cheer for Fossa GAA 50th birthday 1970 – 2020. Recently Chairman Dermot Clifford turned the lights on they first ever Christmas tree, they also set a tree to mark 50 years as a club. **SPA GAA CLUB** 

they are continuing every week to upload Spa football games and videos of club events online for people to watch in their own time. Please visit they YouTube channel, under the name Spa GAA Club Killarney. And if anyone has any videos, DVDs or photos that can copy please send them on to 0851216359 or pro.spa.kerry@gaa.ie

#### LISTRY GAA CLUB

We are a small group of youngish farmers that hope to raise funds for the Kerry Hospice Foundation by pushing a milk trolley around An Ríocht athletics track from dusk till dawn, Dec 20th - 21st. The socially distant relay event will hope to exceed 2 full marathons in aid of Palliative Care in Kerry. It is a worthy cause close to all our hearts.... http://www.listrygaa.ie/index. php/kerry-palliative-care/

#### **KENMARE SHAMROCKS GAA**

would like to wish Tom O Connor, Gortamullen a very Happy 80th birthday. Tom has been associated with our club throughout the years playing/managing at senior, minor and underage levels. Tom was also a selector for Kerry when they won the All Ireland Football Final in 1997.

#### MILLTOWN/CASTLEMAINE GAA CHRISTMAS-HOME AND AWAY

We wish all those coming back to our community for Christmas a safe journey home and we hope you will have a special time meeting up with your family. For those who are unable to make the trip this time, enjoy the Christmas experience in your new surroundings across the water.

#### LOTTO JACKPOT FUNDRAISING DRAW

Lotto Jackpot is €12,600: The next draw, which will be streamed live, will take place this weekend. There are six consolation prizes on offer as well as €200 for a match 3. Christmas is just a few days away so there is no better time than right now to have some extra money. Tickets available at local outlets.

#### ON LINE LITURGICAL SERVICES FOR T HE PARISH OF MILLTOWN AND LISTRY

Please visit www.milltownlistryparish.com for all details of the weekly church newsletter, mass times etc. You can also tune into 106 FM to listen to the various masses.

#### **KERRY HURLERS**

Commiserations to our Kerry hurlers who were very unfortunate to lose out to Antrim at the weekend in the Joe McDonagh Cup. All sporting fans were on the edge of their seats on Sunday last right up to the last puck of the game! It was a fantastic achievement to reach the All Ireland and great credit must go to you and the management team for all the training that was put in throughout the year. You should be very proud of yourselves.

#### MILLTOWN LISTRY COMHALTAS

Mighty tunes on Saturday night last at our "Virtual Rambling House". Thanks to all performers who contributed to the Virtual Rambling House and to mc Ted Ahern. This is on YouTube so you can watch it anytime. Link is on Milltown Listry CCE Facebook. Do try to share with anyone you know who'd enjoy it and isn't online.

## BALLYHAR-FIRIES GAA

Lotto results from Monday 14th December Numbers drawn were: 6, 13, 15, 19 No winners. 5 x€30 James Doona, Cul An Bharraig Katie Doe, Firies Bridie Grady, Kaitlyn Sullivan, Ballincarrig

Liam Kelliher, c/o Tom.

The next draw takes place on Monday 21st for this weeks Jackpot of  $\in$  4,300.

Congrats to all our winners Thanks to everyone who purchased a ticket and don't forget to get one for next week!! Get your lotto tickets online via the Firies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Firies, Hendersons Shop and Bar Firies and from all the usual sellers. We thank these businesses for their continued support. Thanks you all for your continued support.

#### THE PERFECT GIFT FOR CHRISTMAS

For the friend or family member home or away who has everything this Christmas, why not purchase a yearly club lotto ticket for them via the Firies page on Clubforce. Purchase an annual lotto subscription and hopefully reap the rewards during 2021 while supporting the club.



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## COMMUNITY FOCUS

#### Written by: John Moriarty Email: info@kilcumminparish.com

#### SYMPATHY

Sympathy is extended to the family of Mary Fleming, Clydine who died recently. May she rest in peace.

#### **MARGARET O'CONNOR MEMORIAL WALK**

Margaret passed away last August. In appreciation for the wonderful care she received in the Palliative Care, Tralee, friends and family have organised a fundraiser for the Palliative Care Unit. Due to Covid 19 no organised events can be held. The organisers therefore are asking people to walk 10 km with family members or in their safe bubble, any day any place over the Christmas season. A temporary account has been opened in Killarney Credit Union into which donations may be made. The account will be closed on Jan 15th 2021 and all funds transferred directly to Tralee Palliative Care Unit. Account details: Name: Margaret O'Connor Memorial, Account no 64981, IBAN: IE73KIRO99219319550985, BIC: KIROIE21. Please support.

#### **COOLICK PRE-SCHOOL**

Coolick Pre-school is now enrolling for September 2021. Morning Session 9.00-12.00 (limited availability) and Afternoon Session 12.30 -3.30. For further information please contact Ciara Moynihan on 087 1181993 or 066 9764549.

#### **KERRY SAMARITANS COLLECTION**

The annual collection for the Kerry Samaritans Branch will be taken up at the masses on Christmas Eve and Christmas day. Your support greatly appreciated.

#### **KILCUMMIN MEMORY TREE**

Cards are available at the Kilcummin Post Office for our deceased loved ones.

#### **BOG WALKS**

Brochures now available at the Rural Development Office.

#### **DECORATIVE CHRISTMAS WREATHS**

Decorative Christmas Wreaths made to order. €15 including free locally delivery. Call Colin on 083 4524594.



Cormac Purcell past pupil of Anabla N.S. on his Confirmation Day Wednesday 9th December with his sisters (from left) Deirbhile & Róisín.

#### **KILCUMMIN GAA DEVELOPMENT**

As the Gym and Dressing rooms facility development nears completion with the Gym being fitted out and the last touches being put to the other facilities the development committee would like to thank all those who made this dream a reality. The committee are putting in the order next week for "The wall of Champions" bricks and the" Business packages" signs will be located on the road side as you enter the club. If you purchased a "Brick or Sign" make sure you have given your details. The default inscription will be the family name and townland address. This is the final opportunity if you wish to purchase a package or brick so if you need either contact 0877614850. The contribution of the volunteers to the completion of this project has been immense and leaves us in awe and appreciative of the great community spirit of our parish.

#### **GAA LOTTO**

The Lotto jackpot is now at  $\in$  4000 with ticket available in the usual places and from usual sellers. Please consider a Yearly Lotto ticket as a Christmas present. It provides the receiver an opportunity to win a sizeable sum of money but also you are making an investment in the sporting future of our young people. Every euro goes to the upkeep of our facilities and provision of training equipment. A yearly ticket of  $\in$  50 gives a person a ticket in every draw for 26 draws while a  $\in$  120 ticket gives a person three tickets in each draw. Tickets can be bought online or by contacting Elaine at 087 4094293

#### **MASTERGEEHA FC LOTTO**

There was no winner of the Lotto on Friday 11th December 2020. Numbers drawn were 4,9,16,19. Consolation prizes went to the following: €50 Pa Carroll, Lyreatough, Kilcummin, €50 Paul Cahill, Knocklebede, Kilcummin,, €50 Eileen & Jimmy Devane,Mastergeeha, Kilcummin, €50 Ciss O'Connor, Milleen, Kilcummin. Next draw on Friday 18th. Jackpot €5,600.

#### **KILCUMMIN GAA LOTTO**

There was no winner in our lotto, numbers drawing were, 14 19 23 27. Consolation prizes €50 Shane Guerin Lisheen, €50 Esther Dwyer Glounacopple, €50 Dermot O'Sullivan, €50 Mary O'Leary Knocklebede.

Next Draw Monday 28th December 2020. Jackpot €4,250.



Paul Daly Manger of M&S Store Deerpark Shopping Centre, Killarney Co Kerry presenting another cheque as part of their continued support of Pieta in Kerry. M & S are charity partners of Pieta but Paul, the staff and customers in their store in Killarney go above and beyond doing their own fundraising every year and we are so grateful this year especially so thanks to everyone who supported Pieta in M&A Killarney







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Tim Patterson, CEO

Contact Mike at: Mike@speakthespeech.co.uk

## RATHMORE | GNEEVEGUILLA NEWS

#### **RATHMORE PARISH CHRISTMAS MASSES**

It has been an extraordinary year: when we joined hands on New Year's Day none of us could have anticipated what lav ahead. But we have adapted and made the best of it, and while it has been difficult there have been blessings too, a general slowing down, making contact with long lost friends, and seeing life in general from a more wholesome perspective.

Christmas will also call on us to diverge from normal routine and choose a slightly different option. I know, I can almost hear us all exclaim "but I usually!". This year you and I are asked to 'park' thoughts of ourselves and do things slightly differently for the benefit of others. We are not asking for

something new; thinking of others is part of our everyday life in this parish, it's in our very DNA.

We have less priest's available to us that in previous years.... We must be particularly vigilant for our retired priests, particularly those with underlying conditions. We must ensure that we do not make unnecessary demands on them. As you will see from the chart below we are spreading our Christmas Masses over a number of days and with a specific aim: We want to give an opportunity for as many parishioners as possible to attend Mass and receive Eucharist for Christmas.

It is essential that all follow these guidelines:

 Please please, book in for only one Mass during this period. In that way everybody will get equal chance.

• It will be possible to begin making bookings strated online on Monday14th last from 10am • Booking by phone: either 064-7761669 or 064 7758219, Monday & Tuesday 7-8pm phone 087-4131416. From Wednesday phone the Parish Office during Office hours.

· When making a booking; make a booking per household; ie if you are booking for your family (4 members) and a neighbouring family (2 members), don't make a booking for 6, rather make two individual booking for 4 and 2. This is to ensure that that ushers can ensure proper social distancing in church.

• Take time to chat with neighbours who don't have access to computer and ensure that they are not put at a disadvantage when it comes to booking. By making the booking for them it will also help reduce the workload on our wonderful secretaries.

#### **CHRISTMAS MASS TIMES RATHMORE CHURCH**

Tuesday 22nd 7pm Christmas Eve 3pm & 8p.m Christmas Day 8am & 10am Sat Dec 26th 4p.m & 6p.m Sunday Dec 27th 11.30 a.m Monday Dec 28th 7p.m

#### **GNEEVEGUILLA CHURCH**

Monday December 21st 6.30p.m Christmas Eve 4p.m & 6p.m 9am & 11a.m Christmas Day Saturday December 26th 5pm Sunday Dec 27th 10am & 12noon Monday December 28th 6.30p.m



Andrew and Katie Kennelly pictured with their family on the occasion of their son Kieran's christening at the International Hotel.

#### **SHRONE CHURCH**

Wednesday 23rd 7p.m Christmas Day 12 noon Sunday December 27th 9 a.m **KNOCKNAGREE CHURCH** 

Wednesday 23rd 7.30p.m Christmas Eve 5p.m Saturday December 26th 7.30p.m **SYMPATHY** 

Sympathy to Nora O'Connor (Wash Basket), Rose & Sheila Crowley Shinagh on the death of their sister Catherine Crowley whose funeral took place on Monday. May Catherine gently Rest in Peace.

#### THE YOUTH 2000 CHRISTMAS E-RETREAT will take place from the 18th - 20th of December. Registration is now free on www.youth2000.ie **PARISH OFFICE OPENING HOURS**

Booking of Masses, Mass Cards, any query, just call, phone or email :(064) 7761669 or rathmore@ dioceseofkerrv.ie Opening hours: Mon. and Tues. 9.30am to 12.30pm. Wed Closed. Thurs.9.30 -12.30pm Friday 11 am to 2pm

Christmas Mass Bouquets now available in Parish Office. Mass for these Shared Intentions will be offered in Gneevequilla 24th December, @ 6pm Knocknagree 24th December @ 5pm. Rathmore 25th December @10am. Shrone 25thDecember @ 12noon

#### **USHERS NEEDED**

Because of the extra masses we need some additional ushers to assist our existing volunteers. Please phone the parish office to volunteer 064-7761669

#### **RATHMORE CE SCHEME**

Are you out of Employment for 12 months or more?

#### Written by: Michael O'Mahony | Email: momahony14@gmail.com

Are you in receipt of a Social Welfare Payment? Would you like the opportunity to train as a Bus Driver and get a D1 Licence? Contact sean 089-2247454.

#### THE CUMANN LUCHRA JOURNAL

The 19th Edition of the Cumann Luachra Journal for sale in usual outlets

copies are for sale at all the usual shops. Price €12. Meanwhile all our past Journals can be purchased on cumannluchra.ie or

from Eileen Fleming (087 1475386) We have a Special Offer of the purchase of the whole set of the 19 journals for €150 and it is full of very interesting article with plenty of old photographs **HELPFUL CONTACT NUMBERS:** 

Jigsaw Kerry: (Young Peoples Health in Mind) Contact 066-7186785 Email: kerry@jigsaw.ie Pieta House: Contact 01 6010000 or www.pieta.ie

**COVID-19 SUPPORT LINE** 

#### FOR OLDER PEOPLE

ALONE has launched a national support line and additional supports for older people who have concerns relating to COVID-19. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024.

#### **ILLEGAL DUMPING**

All illegal dumping on our roadsides and countryside should be reported to Kerry Co. Council on 066 716 2000. Freephone: 1800 326 228. You can also download the app "See it Say it" to your mobile phone and report any illegal dumping there and then. Your help to curb this unsocial activity will be greatly appreciated

#### **GNEEVEGUILLA COMMUNITY DEPARTMENT ASSOCIATION & BASKETBALL CLUB**

had our weekly draw for our Share the Bucket on Friday evening 11/12/20.

The Jackpot was Congratulations to Moss O'Keeffe on winning €259 Guaranteed winner every week, go to our Facebook page to find out how and where you can play.

REMEMBER if YOU are not in you

can't win https://www.facebook.com/ gneeveguill a/Draw takes place every Friday eve @8:30 pm on Facebook live moss McAuliffe this week's jackpot winner of € Congratulations to Moss O'Keeffe on winning €259.

This weekend, remember it's safer to meet fewer people, less often, for less time. This helps to stop the spread of #coronavirus. Apart from the people you live with, limit the number of people you meet and the time you spend with them. Thank you for helping us to StaySafe

Seasons Greetings merry Christmas& Happy new year thanks for all support during the year. **NOTES** 

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail. com)or ring or text 087--6676817. before 6pm. Sunday.





## Walk with Margaret

10 KM Christmas Challenge



Any day Any place

Walk with family and friends or in your safe bubble in memory of Margaret O Connor.

All proceeds will be donated to the Pallitive Care Unit, Tralee.

A special account will be open in Killarney Credit Union until Jan 12 2021. Donations may be paid online or directly. Account name: Margaret O Connor Memorial Account No: 64981 IBAN: IE73KIR099219319550985 BIC: KIROIE21



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HAPPY CHRISTMAS

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> Hope to see you all back dancing again soon!

JOHN JOES DANCES **f** TEL : 087 - 9735113

### **GLENFLESK NEWS**

#### Written by: Seamus Healy

#### **HAPPY CHRISTMAS**

Wishing all our patrons and friends a very Happy Christmas and keep safe going into the new year, let,s hope 2021 will be kinder to us all Glenflesk GAA Merchandise

We are delighted to announce that our Glenflesk GAA gear is now available on the O'Neills website. You can click on the 'Shop Now' button at the top of our Facebook page. We still have limited items available. You can contact Emma for more information on 085 754 7586.

#### **BARRADUFF TIDY VILLAGE GROUP**

This year Barraduff Tidy Village Group have The Memory tree back in place outside the church in Barraduff. The hearts can be purchased in O Donoghue's Store Barraduff. The hearts cost  $\in$ 5.00 All monies raised will go directly to Barraduff Tidy Village Group and will go directly back in to the community. Our Memory tree is dedicated to all the beautiful souls who are no longer with us but they are always in our hearts. Please remember me & place a heart on the memory tree. A special Mass will take place for

all people named on the memory tree & all the people who have passed away in 2020 Thank you. Mass Times for Christmas Eve/Christmas Day.

#### **CHRISTMAS EVE**

4.00 p.m Sacred Heart, Barraduff - some tickets available 6 00 p.m St Agatha's Glenflesk (fully booked) 9.00 p.m Our Lady of Wayside, Clonkeen (fully booked)

#### **CHRISTMAS DAY**

Registar Gene Moriarty

**Executive Committee** 

**Executive Willie Buckley** 

Lotto Co-Ordinator Shelia O' Donoghue

Co. Board DelegateGene Moriarty

East Kerry Delegate Mick Clifford

East Kerry Delegate Michael Talbot

**Development Officer Patie Kelliher** 

Children's Officer Catherine O' Reilly

Coaching Officer Mike Cahillane

Coiste na Nóg Secretary Mike Talbot

Ladies ChairpersonPeter O'Shaughnessy

Ladies Board Secreatry Karen McGlynn

Health & Wellness Officer Donal Horgan

Assistant Lotto Co-Ordinator Katherine Cronin

Cultural & Language Officer Theresa Kissane

Coiste na Nóg Chairperson Siobhan Kissane

9.30 a.m Sacred Heart, Barraduff - some tickets available. 11.00 a.m Sacred Heart, Barraduff (fully booked)

9 30 a.m St Agatha's, Glenflesk - some tickets available. 11.00 a.m Our Lady of Wayside, Clonkeen - some tickets available. Tickets can be booked by phone (and collected) on Monday, December 14th and Wednesday, December 16th between 2.00 p.m & 5.00 p.m. Telephone Number: 064/7754008 If you receive a ticket please ensure that it is used..if anyone gets a ticket and cannot use it, please let us know so that we can issue that ticket to someone else.

#### If any tickets are returned, I will advertise themthanks to everyone for their co-operation. George Hayes

#### **GLENFLESK LADIES FOOTBALL**

Glenflesk Ladies Club are seeking to form a Senior Ladies football team for the year ahead 2021. Any ladies who are interested please forward your details to Glenflesk Ladies Secretary at glenflesk.kerry@lgfa.ie by the deadline of 03/01/2021. Also the outgoing Ladies Committee have been re-elected and will continue for the next 12 months. We wish to Thank Leonard for all his work this year as PRO, and wish him the best for the future.

#### SPEED INDICATOR LIGHTS

Danny Healy Rae, TD and Cllr Maura Healy Rae are delighted with the update that speed indicator lights will be erected shortly at Glenflesk Village. This is one part of addressing the ongoing speed and safety issues at this location. This is something we have both been looking for, for a very long time and there have been several motions raised on this important matter.

## FOSSA NEWS

#### **FOSSA GAA AGM**

President Pat Sweeney Vice Presidents Sean Myers Tom Long **Mike Spillane** Mike Griffin Seamus Weldon JJ O' Connell Mick Myers Brendan Lynch Chairperson, also club designate Person Dermot Clifford designate Person Vice Chairperson Pat Sheehan Secretary Merry Talbot Assistant Secretary Mike Talbot Treasurer Peter Kelliher Assistant Treasurer John Myers PRO Shane Kelly

## **BEAUFORT NEWS**

#### HAPPY CHRISTMAS

Beaufort G.A.A. Club wish all members, supporters and parishioners at home and abroad a happy Christmas. Thank you for all your support in 2020.

#### SHOPPING

John Rice

John Dineen

**Tommy Cronin** 

If anybody need a helping hand this Christmas to collect shopping or with any other errands, please contact Mary Jo at 086 3779702. CHRISTMAS GIFTS

There is a variety of Beaufort G.A.A Club gear

#### Written by: Shane Kelly

John O'Neill Siobhan Bennett Adrian Sheehan John Carlton Dominic Rintoul Dermot Griffin **Kieran Coffey Denis Myers** LOTTO 12,1,21,25 €40 WINNERS GAVIN MILLER, FAHA; ADRIAN FITZGERALD, c/o LIEBHERR; PAT GRIFFIN, 2 MILE SCHOOL; NORA O'CONNELL, WHITEBRIDGE MANOR; SEAMUS MURPHY, 50 ARDSHANAVOOLEY; **MEAT VOUCHERS:** JAMES O'SHEA, DROMIN FOSSA JOHN & LIZ MURPHY NUNSTOWN. Next weeks lotto €9,900.00

#### Written by Cliona Coffey

.....

on sale including tops, jerseys, half zips, hats and bags. The 2021 Club calendar is also for sale for €10. To purchase gear and for enquiries, please contact Nora at 086 1556181 or Mary 086 0640065.







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#### FARRANFORE MAINE VALLEY AC 59TH ANNUAL FARRANFORE ST. STEPHEN'S DAY 5K

As we all know we cannot hold our 59th Farranfore St. Stephen's Day 5K as normal this year, however, we have decided to host it as a VIRTUAL event.

Farranfore St. Stephen's Day 5K is the main fundraiser for our athletic club, with the proceeds used for promoting athletics in the community. We will also be funding the long awaited development of the Firies National School All Weather Sportsground.

Participants can support the race and run in their own localities. It will have distances of 2km and 5km to help encourage runners / families of all ages to participate. The events will take place virtually from Thursday 24th to Tuesday 29th December.

Entry is on-line through myrunresults.com. To mark this unusual year you have the option to purchase a customised T-Shirt.

You can run the distance as often as you like within the specified dates. Simply upload your result online through myrunresults to be in with a chance of winning our many spot prizes. Kindly sponsored by the local community race sponsors by way of vouchers. We want to keep all proceeds for this event local so as to support in these uncertain times.

Health and safety is top priority and it is too soon to have a mass participation event. We eagerly await the time when we can have road races again but until then we hope that you can help us in our fundraiser and promotion of athletics in Kerry.

#### **CLUB TRAINING**

Over the last four months we had the advantage of having our juvenile and senior club training in Inch Beach. The participation every Sunday morning was amazing. We would like to thank all our coaches and volunteers for giving up their time.

We would like to take this opportunity to wish everyone a Happy Christmas

#### **KILLARNEY VALLEY ATHLETIC**

Training continues on the Track under strict AAI guidelines for Covid in non-contact sport every Monday and Friday night 7-8pm for all existing members from ages 12-18yrs and every Thursday night 6-7pm for age 7-12yrs. Please register your attendance through the AAI link and fill out the COVID form before 4pm on day of training.

Thursday 17th Dec was the last day of training for ages 7-12yrs and will return after Christmas on Thursday 7th January for that age group. Monday 21st Dec will be the last day of training for ages 13-18yrs and will return on 4th Jan. There may be specific training for Sprints/Jumps for the older group over Christmas period but Emails will be sent out if this happens.

We would like to wish all our members a Merry Christmas and a Happy New Year.

Please keep an eye on your emails and also check our Facebook/Instagram page for any updated information on training.

## GNEEVEGUILLA ATHLETIC CLUB

No winner of our lotto draw 11/12/2020, numbers drawn were 8, 10, 28 & 30. Sellers prize winner Mairead Carmody. €50 Y/T prize to Helen O' Rahilly Reaboy. €50 to Kate O' Connor Firies, €40 each to Tess Crowley Gortnaglaugh, Mark Healy Kilcorney & William Reen Rathmore. Bonus not won, numbers drawn were 1, 4, 9 & 18. Next week's jackpot €14,800 plus €1,000 bonus & a draw for another Christmas Hamper. This week's winner of our Christmas Hamper was Aiden O' Sullivan Stagmount.

### OUTLOOK GOLF

#### **ROSS GOLF CLUB**

#### RESULTS

On Dec 12th and 13th we held a Mini Hampers Single Stableford Competition and the winners were:

- 1 Jonathan Casey 41 8
- 2 Leo Casey 40 13
- 3 Mikey O'Sullivan 40 13
- 4 Jim Morris 38 14
- 5 Alan Flynn 37 5
- 6 John Cuskelly 35 13.

#### SEASONS GREETINGS TO ONE AND ALL

We wish all our members, their families and all our sponsors a Happy and A Prosperous New Year.

#### **DEERPARK PITCH & PUTT CLUB**

#### **CHRISTMAS HAMPER**

An interesting mix of conditions last Sunday for this event where we had a clear winner of the main prize but needed countback for most of the others. Declan Kelly won the main prize by five shots but the Overall Gross and Second Nett prizes needed countback before uncle and nephew Gearóid Cronin and Lorcan Martin claimed the other two Hampers on offer. **RESULTS** 

Overall Nett: Declan Kelly 89, Overall Gross: Gearóid Cronin 100 (B18), Second Nett: Lorcan Martin 94 (B18), Third Nett: Aidan O'Keeffe 94 (B18), Ladies Nett: Betty O'Brien 94, 18 Nett: Sean Ashe 45 and 18 Gross: John McGrath 50. We offer our appreciation to Daly's Supervalu for supplying this year's Hampers once more.



Pictured last Sunday after the 2020 Deerpark Pitch & Putt Club Christmas Hamper competition were L-to-R: Noel Moynihan (Competition Secretary), Gearóid Cronin (Overall Gross), Declan Kelly (Overall Nett) and Lorcan Martin (Second Nett). Our thanks to Daly's Supervalu for organising the Hamper once more this year.

#### **CHRISTMAS TURKEYS**

We have one final weekend of these this Sunday. Names in for draws at 9am and 10.45am. Entry €5 per player, open to club members aged 15 or over.

U16 Christmas Competition: Will take place this Saturday at 1pm (note new time). 18-hole Scramble, entry  $\in$ 5 per player. All U16 prizes from this year will be available for collection afterwards.

#### **DANNY NOLAN MEMORIAL**

Will take place on St Stephens Day once more this year. It will be a 36-hole Three Ball Scramble

beginning at 9.30pm. It will be a similar 'bring your own prize'

#### THEME THIS YEAR IN LIEU OF AN ENTRY FEE. MERRY CHRISTMAS AND A HAPPY NEW YEAR

After a very difficult and challenging year in so many ways for everyone we offer all our members, sponsors and friends the best of season's greetings.

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Contact 086 3809067

## Alice wins National Art Competition

Two-year-old Alice Hindmarsh, a Killarney native has won Cooperative Housing Ireland's (CHI) inaugural Christmas Art Competition, taking first prize in the 0-3 years' category. The theme of the competition this year was 'My Community at Christmas', reflecting the cooperative principles of CHI. Alice incorporated this theme into her winning artwork which featured two snowmen, one of whom wore a mask to help keep other snowmen safe this Christmas.

For her efforts, Alice takes the top prize of an Art box for the 0-3 years category.



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### **BE LOCAL BUY LOCAL**

Love Local

with Killarney Outlook



## DEALING WITH DEPRESSION

In their book, 'Depression, an emotion not a disease', Tubridy and Corry describe depression as an emotional state in which one is overwhelmed by feelings ranging from hopelessness to despair and desolation. Many people feeling this way believe that nothing they do can make a difference, which in turn makes change very difficult. However, by focusing less on one's feelings and actively putting in place behaviours which bring about an opposite feeling, we begin to believe that we can do something to make a difference. Doing activities such as exercising, having a massage or yoga can all help to change our old mind-set and lead to feelings of self-mastery, hope and control. Many of us are all too familiar with the inner judge or critic - that enslaves us by constantly beating us up, telling us that we're not good enough or will never amount to anything. From the time we are very young we have been receiving these messages so that eventually we internalise this voice and automatically think 'I'm no good'.

A very helpful exercise can be to begin to rate the severity of your own critic on a scale of 0-10. Counselling can help us to do this. Before we can release ourselves from the stranglehold of the critic, we must first become aware of its presence. Once we become aware and mindful of the critic we can begin to cut ourselves loose from its grip. Having developed this awareness, we begin to be less hard on ourselves and more self-compassionate.

A fundamental law of consciousness is that whatever we give our attention to, will grow in our mind. Thus if you continue to think 'I'm useless, nobody cares, life's too difficult' then these thoughts will grow in your mind, leading you only to seeing what's wrong with your life. Whatever is to the forefront of our mind is what we will perceive in the World around us. In the words of Shelly, The Mind Becomes that which it perceives. Thankfully, the opposite is also true. Thus is you consciously decide to focus what is working in your life, you can begin to change your mind-set.

When we are depressed our mind has foreclosed on any new ideas – and we filter our thoughts, feelings and behaviours through a mind-set that is helpless and bleak. This leads us to repeating the cycle of misery and tormenting thoughts – rather than taking in any new information. When our minds are closed in this way we have only one way of seeing things - we construct the world from behind our eyes.

Next week we will continue to look at how our minds work when we are depressed and ways in which we can change this.

SouthWest Counselling Centre, Killarney is open and providing affordable professional takehone and anline counselling to parents, adolescents and adults during th Covid 19 crists at its Killarney Centre (Lewis Road).

Contact 064 6636416 or Email: Info@southwestcounselling.ie Registered Charity Na: CHY 14775

Registered Charity No. CHY 14773 SouthWet Counteding Centre N & not fir profit argumentation. All funds report through Sandahing are the centre modules



Welcome back dear reader "glory to God in the highest, and on earth peace, good will toward men" (Luke 2:14). As we approach Christmas and the end of this year look closely at this Scripture friend. Jesus was born as an innocent child, lived His life loving and ministering to the lost, the sick and the hurting; endured a horrific death on the cross and was resurrected from the dead for this - to give God glory and to bring peace to mankind. We pray that you may experience God's peace in your life, and with your family this Christmas and always.

God's peace is different to the world's peace. His peace transcends all understanding - meaning there is nothing like it from an earthly perspective. Many people do not have peace in their hearts and spend their lives trying to get peace through physical means. This can lead some to depend on drugs, alcohol, illicit affairs or other addictions to alleviate their pain but there is nothing to compare the peace that a right relationship with God brings.

God extended His love to us by sending His Son Jesus to make the way for us to be forgiven and saved and come to know Him (John 14:6; John 3:7-21). His feelings toward us have never changed because He does not change (Malachi 3:6; Hebrews 13:8). His peace and joy is as real today as it was the night the angels announced that Jesus was born. God has never withdrawn His love from mankind. People might let you down, but God will never leave you or forsake you (Hebrews 13:5).

2020 has been a tough and stressful year. But through all the turmoil I can honestly say I have seen God's love steady me and He has brought me through in peace. Yes there have been difficulties, but the peace in my heart based on knowing that God is with me and that He loves me, has kept me joyful and full of hope. And God has no favourite's friend! There is nothing special about me so the same can be true for you.

How do you get to that place of having peace in your heart no matter what? The answer is to be found in God's Word the Bible which is our manual for life, full of God's promises. Let's pray together aloud.... Dear God, I need peace. I ask You to forgive me of my sins and restore me to right relationship with You through Your Son Jesus. Lord Jesus, please come live inside my heart and heal me. Baptise me with Your Holy Spirit and fill me with Your peace. I give You my life. Reveal Your love to me through Your Word and use me for Your glory. I will follow You always, in Jesus name I pray, Amen.

## Wishing all our readers a very Merry Christmas!

See more at wordofvictory.net

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## NOVENA TO ST. CLARE

Ask St. Clare. for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena. Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen Your request will be granted no matter how impossible it may seem. A.C.

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### NOVENA TO ST. ANTHONY

The Saint of Miracles O holy St. Anthony, gentlest of saints, your love for God and charity for your neighbour made you worthy when on earth to possess miraculous powers. Miracles waited on your world which you were ever ready to speak for those in trouble and anxiety. Encouraged by this thought I implore of you to obtain for me my request... (mention request). The answer to my prayer may require a miracle. Even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, intercede for me and the gratitude of my heart will ever be yours. Amen.

### NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.



BORN INTO ETERNAL LIFE ON 19TH OF JULY 2013

> It doesn't take a special day for us to remember you We think about you every day

> > Happy Birthday Cian.

Sadly missed and lovingly remembered by your Auntie Siobhan, Uncle in law Jerry and cousins Cassandra and Ellen.

#### 2ND ANNIVERSARY

## IN LOVING MEMORY OF DAVID SHEEHY



LATE OF CARRAIGEEN HEADFORD & ROCKFIELD, Faha, Killarney. Who died in Sydney, Australia on 22nd December 2018

If Christmas is hard, If you've lost someone dear. Just look in your heart, And you'll know they're still here. The star in the sky, The light falling snow. The robin outside, It seems like they know. If this is a time, When you're struggling through. Just do what you can, For what matters, is you. There's no need to be merry, There's no need to bright. Just do what you can, It will all be alright.

Loved very deeply, missed by Mam, Brendan Ellen and Breandy Dan.

DAVID'S ANNIVERSARY MASS will be held Sunday, 20th December at St Colmans Church, Milltown at 11.15am Live stream www.milltownlistryparish.com



As it is impossible to thank everyone individually, please accept this acknowledgement as a token of appreciation and gratitude. The holy sacrifice of the mass has been offered for your intentions.

#### JOAN'S FIRST ANNIVERSARY MASS

will take place on Sunday, 27th December, in Sacred Heart Church, Barraduff at 11am.

### PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal. You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me. In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no mater how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted. In thanksgiving.

#### **18TH ANNIVERSARY**



#### LATE OF GNEEVEGUILLA Upper, Rathmore, Co. Kerry Who Died 21st December 2002

I thought of you with love today but that is nothing new I thought about you yesterday and days before that too, I think of you in silence I often speak your name All I have are memories and your picture in a frame Your memory is my keepsake with which I'll never part God has you in His keeping I have you in my heart.

Sadly missed by your loving wife Nora, Daughter's, Son's, Sons-in-law, Daughters-in-law and all your Grandchildren.

ANNIVERSARY MASS on Sunday 20th December at 10am in the Church of the Holy Rosary, Gneeveguilla.

#### 7TH ANNIVERSARY

IN LOVING MEMORY OF SHANE DENNEHY



LATE OF BOUNARD GNEEVEGUILLA WHO DIED ON 25TH DECEMBER 2013

Loved with a love beyond all telling missed with a grief beyond all tears.

Sadly missed and always remembered Mom, David, Derek, Jack, Caitlin and extended family.

# Kellihers 9 CRASH REPAIR

We would like to say

to all our customers and Wish everyone a very Happy Christmas and Safe Driving in the new year.

Kellihers

LEVEL 5 - UPDATE CVRT VAN TESTING & SERVICE DEPARTMENT OPEN AS NORMAL FROM 8AM!

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