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7 DAYS 6:00 8:40	SAT/SUN 12:15 3:15	7 DAYS 3:10 6:15	SAT/SUN 10:00 2:00
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BAD SANTA 2
100 mins
WED/THURS
9:00

DR STRANGE
125 mins
SAT/SUN
2:00

ARRIVAL
140 mins
7 DAYS
6:30
8:50

TROLLS
105 mins
7 DAYS
12:15
2:15
4:15

THE ACCOUNTANT
145 mins
7 DAYS
6:30
8:55

STORKS
105 mins
7 DAYS
12:15
2:15
4:15

ALSO SHOWING

- THE LIGHT BETWEEN THE OCEANS 140m 7 DAYS 6:10 8:40
- THE YOUNG OFFENDERS 110m SAT/SUN 4:35
- THE GIRL ON THE TRAIN 120m FRI-TUES 9:00

KIDS CLUB Secret Life of Pets 90m SAT/SUN 12:10 Finding Dory 110m SAT/SUN 12:05

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Winter arrived with a bang this week with everyone wrapping up in an effort to keep warm. The 24 contestants in Kerry Down Syndrome Strictly Come Dancing are busy preparing for their upcoming show in the INEC. The Cork Youth Orchestra are back in town on Sunday week for what promises to be another amazing concert, there were plenty of hop balls in Spa and there was welcome news that there will be a new walking and cycling route on the banks of the River Flesk from Muckross Road to Ross Castle. Close community ties are being celebrated in Lissivigeen, there is magic in the air as the town prepares to kick start the Christmas Festivities with the Christmas In Killarney parade planned for next Friday night and there is much delight with the announcement that Christmas Island will open for the first time in the heart of the town. Dr. Crokes are on their way to the Munster Club Championship final, preparations are well underway for the annual Christmas Food Fair at the Killarney Outlet Centre and loved ones are remembered at a memorial at the foot of the MacGillycuddy Reeks. With everyone so busy in the run up to Christmas, take some time to check in on elderly neighbours who may not be able to get out and about this time of year.

*Aisling Crosbie,
Editor.*

STRICTLY SENSATIONAL COUNTDOWN IS ON

With only two weeks until show time, tickets are selling fast for the Strictly event of the season. The 24 dancers are training long and hard as they tackle their individual dance fusion routines as well as the two show stopping group dances under the expert tuition of creative director Joe Burkett. Joe has a long and successful history of critically acclaimed and thoroughly entertaining Strictly events, so this promises to be a night not to be missed. Strictly Come Dancing in aid of Down Syndrome Kerry is taking to the INEC stage on Dec 2nd for a "sensational night of dance and entertainment".

The performers are shining up their dancing shoes and polishing off their routines while adding a touch of glamour with their costumes. "The dancers are so committed and training so much. I couldn't have asked for a better group" said Joe Burkett, creative director, "We've got some fantastic routines to showcase on the night to some well-known songs. We've got Single Ladies, It's Raining Men and Walking On Sunshine to name but a few. The soundtrack for the show will have you tapping your feet and dancing in the aisles" promised Joe.

The 24 talented dancers are made up of some local celebrities and well know personalities including Aidan O Mahony and Susanna Holden, Brendan Fuller and Eve O Donoghue, Mary Claire McCarthy and Cathal Griffin, Kevin Griffin and Angie Smith, Conor Griffin and Grainne Healy, Sean and Amy Taaffe, Tom Lucey and Danielle O Sullivan, Cathal Flaherty and Ciara Griffin, Mary Lawlor and Dermot Moriarty, Aidan O Connor and Claire Molloy, Paudie and



THE DANCERS OF DOWNSYNDROME STRICTLY COME DANCING WHICH WILL TAKE PLACE AT THE INEC ON 2ND DECEMBER. REHEARSALS WERE IN FULL SWING AT THE INEC DURING THE WEEK. CENTRE PHOTO L-R IRENE KAVANAGH, PAUL SCANLAN, MARY CLAIRE MCCARTHY & CATHAL GRIFIN AND EVE O'DONOGHUE AND BRENDAN FULLER.. PICTURES MARIE CARROLL-O'SULLIVAN .

Jessica Power and Irene Kavanagh and Paul Scanlon.

The judging panel for the evening will be made of a panel of experts in the field of media, entertainment and Strictly. Local DJ supreme and snappy dresser Gavin O Leary will bringing his Strictly knowledge to the panel having taken part in a previous Strictly Come Dancing event. Joining Gavin in the hot seat will be local town councillor Toireasa Ferris who is no stranger to Strictly Come Dancing having taken part in three competitions and judging numerous

shows. Vocal coach, television personality and media starlet Elaine Canning will be adding her expertise to the panel having wowed audiences in her previous judging role in Strictly Goes To The Movies and Strictly Come Dancing Ardfer. And the final judge on the night is well known sports commentator and living legend Michael O Muirheartaigh. Michael is no stranger to commentating and is sure to be a hit on the night with dancers and audiences alike.

CORK YOUTH ORCHESTRA CONCERT FOR THE MALTON

The annual treat that is the visit to Killarney by the Cork Youth Orchestra will take place on Sunday 27th November in the Malton Hotel at 7.30p.m.

The concert is a fantastic opportunity to introduce children to the world of classical musical.

Following on from their enormous successful tour of Italy last July, the Cork Youth orchestra under the baton of Tomas McCarthy will be joined by Seo Linn for the concert.

SEO LINN are an energetic young band that have given a new enthusiasm to song as

Gaeilge Their cover versions and original songs have rejuvenated an interest in Irish songs .not only have they had continuous success with their involvement in Colaiste Lurgan's famous You Tube videos, now with over18 million views , but they have also brought their music all over Ireland and across the seas to places including Boston, Edinburgh, Glasgow, London and even to Uganda with Gorta self-help Africa Their sound encapsulates a traditional sense of Irishness through the medium of contemporary, high octane, rhythmic music fused with folk/pop and trad influences.

The concert is held every year in aid of the Friends of the Children of Chernobyl and costs €10 for adults €5 for students and OAP's and will be available on the door on the night.



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PLENTY OF HOP BALL'S IN SPA FOR FUNDRAISER

Well over 200 people were in attendance at the Torc Hotel last Friday for Spa Gaa Coiste Na nOg Club fundraiser, Hop Ball. Proceedings got underway with Dara O' Cinneide chatting with the club minors of the last few years who played for Kerry – Liam Kearney, Dan O'Donoghue, Mike Foley and Evan Cronin. Dara Moynihan was unavailable on the night. Youth has no fear of honesty and the lads provided great entertainment on their experiences since winning all Ireland medals. Dara mixed the humour with the sincere and got great commentary from the lads on what club, school and county mean to them with interesting insight on the injury risks faced by younger players which all agreed was something that merited more analysis. Spa's upcoming O'Donoghue cup semi final this Saturday got plenty attention given the lack of an O'Donoghue cup title in the club in so many year. The minors were immediately followed by all Ireland winning club members from the 1960's and 1970's. This interaction was incredibly honest with all participating on topical issues. Dara O' Cinneide expertly judged the insightfulness and sincerity of all present – Michael Gleeson, Donie O'Sullivan and Paudie O'Mahony. Michael Gleeson talked about the value of community in a GAA club and entertained all present with an anecdote on his brief rugby career when studying in Dublin. Paudie recounted his record of not conceding a goal in an All Ireland campaign. Dara raised the growing influence of the GPA (Gaelic Players



PICTURED AT THE TORC HOTEL FOR SPA GAA'S EVENING 'HOP BALL' WERE L-R KATIE O'BRIEN, CONOR & DENISE GLEESON AND ROISIN BAKER. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE TORC HOTEL FOR 'HOP BALL' WITH SPA GAA WERE BACK ROW L-R IVOR FLYNN, ANDREW GARNETT, BRIAN FENTON (ALL STAR DUBLIN), CLLR MICHAEL GLEESON, PAUDIE O'MAHONY, DARA O' CINNEIDE, DONIE O'SULLIVAN & TADHG HICKEY. FRONT ROW L-R BRENDAN DOWNES (TORC HOTEL), MICHAEL FOLEY, LIAM KEARNEY, DAN O'DONOGHUE, EVAN CRONIN, CIARAN KILKENNY (ALL STAR DUBLIN), MICHAEL STAM O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Association) in the game and Donie excellently responded with a well considered argument about the privilege and the responsibility of being selected to play for your county and the risk that the existence of the GPA could lead to elitism within the playing GAA community of county versus club. This provided plenty talking points for the final panel of Donnchadh Walsh and Darran O'Sullivan of Kerry and Brian Fenton and Ciaran Kilkenney from Dublin. There was plenty debate stemming from his particularly as Darran O'Sullivan is heavily involved in the GPA and commended the role they play and the advice they are available to share with players who need guidance on matters of career and mental health supports under the umbrella of player welfare. Dara began with the final group by commenting to the Kerry lads about all the times Kerry people, including the players used to graciously comment that it would be great to see Dublin win an All Ireland. He asked if Donnchadh and Darran still felt this way. Fenton and Kilkenney gave plenty insight to playing in the Dublin team. Ciaran gave an entertaining account of his tense interaction at the end of the drawn all Ireland final with Diarmuid Connolly where both wanted to talk a side line ball that provided decisive. Dara

questioned all on the threat of Australian rules and the attraction it presents for young gaelic footballers. Kilkenney recounted his experience of spending time in Australia playing Australian Rules professionally where he decided quite quickly it wasn't for him. He said the appeal of winning all Irelands with Dublin and the prospect of success with his club proved too alluring. Dara commented that it hasn't turned out to be a bad decision for him to date. Fenton and Kilkenney poked some fun at each other saying they were familiar with each other all the way up through the ranks since U7 with Kilkenney saying he wouldn't fancy his chances having to mark the 6 foot 6 inch Fenton nowadays. Fenton quipped, tongue-in-cheek we hope, that he thought the referee in the Kerry v Dublin game this year was the best around which got a good response from Donnchadh and Darran as well as all in attendance. Jim Gleeson acted as MC on the night and deserves mention for the introductions he gave all participants which was well researched and delivered with sincerity. The floor was opened to Q&A and young and old alike had no shortage of questions and comments. The event was very well attended by all neighbouring clubs

HSE STATEMENT ON ST MARY OF THE ANGELS

HSE representatives including Chief Officer Ger Reaney met with representatives of the St Mary of the Angels Parents and Relatives group on Wednesday November 9th at St Mary of the Angels in Beaufort, Mary Smithwick, Communications Manager CHO Cork/Kerry told the Killarney Outlook. The HSE's aim for the meeting was to allay some of the concerns and anxieties which have arisen for the families of some residents at St Mary of the Angels. The HSE acknowledged to the representatives of families at the meeting that the initial communication in relation to plans for residents of St Mary of the Angels fell short of the standard the HSE expects. The HSE has advised management at St John of God Services that any discussions in the future with residents or

their families around opportunities for living in smaller settings in the community will be discussed face-to-face, as part of the normal care planning process. The HSE welcomes the link now established with the family representative group. A number of points were agreed at the meeting, including: - Residents will only move out of St Mary if they and their family members agree that it's in their best interests. Any opportunity for residents to live in smaller settings in the community will come after considerable planning and discussion with those residents and their families. - If any resident moves from St Mary of the Angels, it will be on the basis that it will enhance their life. Anyone who moves will continue to access the services they require. If a resident

experiences difficulties after moving out all options will be explored – including moving back to St Mary's of the Angels for a short or long period of time. - No planning for any move will take place without an open and inclusive discussion with residents and their families based on the assessments and as part of the care-planning process. - The HSE agreed to take on board a suggestion from the representative group that a group representing family members, St John of God and the HSE should be established. The aim is to work together in the best interests of the residents.

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ALL YOUR CHRISTMAS NEEDS SORTED AT THE ANNUAL CHRISTMAS CRAFT AND FOOD FAIR



HUGE CROWDS ATTENDED THE ANNUAL CHRISTMAS CRAFT AND FOOD FAIR AT KILLARNEY OUTLET CENTRE LAST YEAR. PICTURE: EAMONN KEOGH.

We all know that feeling of mild panic and general anxiety as the countdown to Christmas begins in earnest. This year you can relax

completely as the best ever Christmas Craft and Food Fair comes to the main mall downstairs at Killarney Outlet Centre on Sunday 27th November from 12 to 6pm.

As part of the Christmas in Killarney Festival, this well established Craft and Food Fair offers a wide and eclectic range of quality local arts, crafts and food products. Christmas Shoppers can shop early and avoid the usual last minute rush for presents, with truly unique and special Christmas gifts all under the one roof.

Prepare to be mesmerised by the sheer quality and craftsmanship of the many beautiful items on display. Everything is handmade from natural materials and bears the distinctive mark of the eye and hand of their creator, be it weaving, cheese, a piece of pottery or

woodcarving, candles or chocolates!

A selection of quality local food producers will be tempting passers-by with their unique delicious products and offering you the chance to rediscover the joys of the fresh quality foods still being produced in Kerry with such care and dedication. Shoppers won't be able to resist the smell of fresh waffles, the allure of jams, preserves and pates or the taste of traditional home baking. For the sweet of tooth, there are sumptuous handmade chocolates, fudge, and Christmas confections.

With free entry and ample car parking nearby, why not solve all your Christmas shopping headaches in one fell swoop on Sunday 27th November at the Christmas Craft and Food Fair at Killarney Outlet Centre from 12 pm to 6 pm.

COUNCIL ACQUIRES LAND FOR NEW KILLARNEY WALKING AND CYCLING ROUTE

A new walking and cycling route which will like Muckcross Road to Ross Castle is set to go ahead following news that Kerry County Council has acquired a parcel of land beside the River Flesk in Killarney. The new route will mean that walkers and cyclists will now be able to avail of an off-road facility all the way from the Flesk Bridge via Ross Castle and onto Fossa.

In recent days, Kerry County Council has purchased land from Killarney Racecourse to allow for the completion of a walkway and cycleway from the Flesk Bridge at Maurice O'Donoghue Memorial Park via the banks of the river and on towards the Ross Road just a short distance from Ross Castle. The Council will now look at funding options to progress the project.

Cllr. Michael Gleeson told the Killarney Outlook that "Following on many Notices of Motion

and questions to Councils I am most pleased to inform that all contracts with property owners have now been signed in order to allow for the development of the walkway/cycleway from Ross Road to Muckcross Road partly adjacent to the northern bank of the River Flesk.

When completed, hopefully reasonably soon, this way will not only be a short cut from road to road but will also be a safe and enriching experience for all who will travel along it", he added, thanking all the property owners for their co-operation and to compliment Council management for their commitment to a very worthwhile project.

Cathaoirleach of the Killarney Municipal District, Cllr Brendan Cronin said the acquisition of land meant the new amenity route could now proceed to public consultation and planning approval. "This will be an absolutely

wonderful addition to Killarney's selection of walkways and cycleways and will provide locals and visitors alike with a fabulous riverside amenity connecting Muckcross Road and Ross Road," he said.

"What is more important is that this additional amenity effectively extends the off-road route from the Muckcross Road towards the N71 at Fossa near the Hotel Europe giving walkers and cyclists the option of travelling all the way from Fossa right into the heart of Killarney National Park on the Muckcross side of Killarney town. This will further enhance Killarney's international reputation as a walking and cycling destination and will provide users with a dedicated, safe, off-road route to enjoy at their leisure. I look forward to its completion at the earliest opportunity," said Cllr Cronin.

PLANS FOR ST. FINAN'S HOSPITAL

At the recent Regional Health Forum meeting Cllr. John Joe Culloty asked "what plans the HSE have for St. Finan's Hospital in Killarney." He received the following response:

"It is anticipated that the O'Connor Unit will be vacated in 2017 and that work will continue on supporting the residents in Cluain Fhionnain to move to community living. Under the HSE Capital Plan 2016-2021, funding is being provided for a new community nursing unit in Killarney. This will replace St. Columbanus Home and Killarney District Hospital. The land adjacent to St. Finan's Hospital is one of

the locations being considered for this new facility. Apart from the community nursing unit outlined above, the HSE has no further requirements for either the accommodation or lands attached to St. Finan's Hospital. The HSE has met with Kerry County Council in regard to St. Finan's campus. It is envisaged that the HSE will continue to develop part of St. Finan's campus to meet its requirements in relation to its Older Persons accommodation programme. In relation to the remainder of the campus the HSE has asked Kerry County Council to identify whether the site offers any strategic opportunities to the local authority in relation

to their requirements. Discussions are ongoing with the council in this regard.

"I have a question on the agenda for next weeks Killarney municipal meeting seeking an update on discussions with the HSE", Cllr. Culloty told the Killarney Outlook.



CLLR JOHN JOE CULLOTY.

IF YOU HAVE A STORY...

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Diabetes Ireland

DIABETES AWARENESS: 43% have never been tested for diabetes

Figures from a new study released reveal that 33% of people in Ireland have a family member with Diabetes. One in five people (21%) have a family member with Type 2 diabetes and overall, three in four people (77%) know someone who has diabetes. Diabetes or Diabetes Mellitus is a disorder characterised by hyperglycaemia (high blood glucose levels).

DESCRIPTION: When the food we eat is digested, most of it becomes glucose (sugar), which the body uses for energy. In order for this to happen, the glucose must leave the blood and enter the body cells. The hormone that helps glucose enter the cells is called insulin. It is produced by an organ called the pancreas. In Diabetes, the pancreas either doesn't produce insulin, or the body is unable to use the insulin properly. This causes glucose to build up in the blood instead of entering the cells, a process called hyperglycaemia.

THERE ARE 2 TYPES OF DIABETES:

TYPE I – Insulin Dependent Diabetes. In this type of Diabetes, the pancreas produces little or no insulin.

TYPE II – Non-insulin Dependent Diabetes. In this type of Diabetes, the pancreas produces insulin but the body does not use it properly. This is called insulin resistance. Diabetes is a condition requiring life-long management. There is no cure, but symptoms can be controlled with careful attention to diet and medications. Poorly controlled Diabetes may lead to serious complications.

COMPLICATIONS OF DIABETES INCLUDE:

- A progressive loss of vision that can lead to blindness
- Nerve damage that can cause a loss of sensation in the lower limbs and may lead to foot ulcers, joint problems and infections.
- Kidney disease ● Heart disease

Signs and symptoms (May include the following):

- Feeling thirsty all the time
- Urinating more frequently
- Blurred vision - Lack of energy
- Numbness and tingling in the feet or legs
- Recurrent infections

PREVENTION: Type I cannot be prevented but can be controlled with careful management

Type II tends to be linked to several risk factors which increase with age. These risk factors include:

- High blood pressure ● Obesity
- Family history of Diabetes ● History of heart disease
- Smoking ● Excess alcohol consumption

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INTERIOR DESIGN

Christmas Decorating

Christmas is a very special time of year in most people's lives. It's a time to reflect, celebrate, to reunite with family and friends, but also a time to decorate. Here are some useful tips on decorating at Christmas: Pick a theme for your tree and continue essences of that theme throughout your home. Examples are:

- Winter Wonderland – woody craft ornaments
- Let It Snow – white ornaments and snow spray
- Metallic – Golds, Silver and Pewter
- Traditional – Red, Gold and Green
- Sentimental – handmade and air loom ornaments

Why not set your tree on a faux sheepskin rug and cover the base of the tree with a cotton snow blanket. This is very eye catching and not very expensive. Fill small baskets with pine cones, clove studded clementines and cinnamon sticks for a festive scent around your home. Get a large clear glass vase and fill it with oversized twigs to hang sentimental ornaments on, then use battery operated lights to accentuate it. If you have toddlers or animals at home, put cheaper shatter proof decorations on the bottom section of your tree. You can 'Never' have too many fairy lights, so put them anywhere you like. Over a mantel, up stair banisters, etc. For more Christmas or general decorating ideas call me for a consultation!

~Gift Certificate~ If you know someone close to you that's building a new house, renovating, buying their first home or having a baby (Nursery Ideas), why not give them a 'GIFT CERTIFICATE' for a Design Consultation as a Christmas present. Please contact me directly for more information.

Every design journey starts with the concept of evolving the space into its very own unique masterpiece.

Sincerely, **Marette x**

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5-IN-A-ROW FOR SPA

It was all systems go for Spa GAA Club last Friday night. While Coiste na nOg were busy hosting a fundraiser in Killarney the Quiz, figure and set dancer teams, were picking up their 5-in-row County title in CYMS Hall in Killorglin. A busy night for the young stars who rushed from Killorglin to Torc Hotel to meet their football heroes.

"Thanks to Leona Twiss and her committee for allowing the change on the schedule", Anne Holland told the Killarney Outlook.

"First up was the quiz, nail biting stuff, in a tie breaker with Dr. Crokes. Thanks to coaches Seamus Clifford and Eileen Aherne for their excellent mentoring to defeat our neighbours by 2pts to claim the title. The quiz team James Lynch, Daniel O Sullivan, Kianan O Doherty and Louise Fleming will be heading straight through to the All Ireland in Belfast. Outgoing Scor officer Sheila McCarthy picked up the Overall Trophy from Leona Twiss, Coiste Chiarraí Scór Officer", she added.

The dancers meanwhile will be competing in the Munster semi final on Dec 11th at 2pm in Cashel, Co. Tipperary.



QUIZ TEAM: EILEEN AHERNE (SCOR OFFICER), LOUISE FLEMING, DANIEL O'SULLIVAN, JAMES LYNCH, KIANAN O'DOHERTY AND SEAMUS CLIFFORD (COACH).

FIGURE: Alice O'Donoghue, Aislinn O'Donovan, Lia Murphy, Ailbhe Gallagher, Erin Holland, Meghann Cronin, Aine Brosnan and Kate Lawlor.

SET DANCERS: Kianan O'Doherty, Liam Spillane, Gary O'Sullivan, Cian O'Sullivan, Erin Holland, Meghann Cronin, Aine Brosnan and Orlaith Spillane.



SET DANCERS: KIANAN O'DOHERTY, CIAN O'SULLIVAN, GARY O'SULLIVAN AND LIAM SPILLANE. MEGHANN CRONIN, AINE BROSAN, ORLAITH SPILLANE AND ERIN HOLLAND.



FIGURE DANCERS: FRONT: ERIN HOLLAND, AILBHE GALLAGHER, KATE LAWLOR AND ALICE O'DONOGHUE. BACK: AINE BROSAN, MEGHANN CRONIN, AISLINN O'DONOVAN AND LIA MURPHY.



LEONA TWISS KERRY COUNTY BOARD OFFICER PRESENTING SHEILA MCCARTHY WITH THE OVERALL TROPHY.

LIONS CLUB AND FOODCLOUD JOIN FORCES WITH TESCO IRELAND FOR ANNUAL CHRISTMAS FOOD APPEAL IN KERRY



ISEULT WARD (CEO & Co-FOUNDER FOODCLOUD); JOE SMITH (LIONS CLUB COORDINATOR); ELLAMAY MELIA (6) AND LUGHAN O RIAGAIN (8) HELP LAUNCH THE ANNUAL CHRISTMAS FOOD APPEAL AT TESCO

The Lions Club, FoodCloud and Tesco Ireland are asking shoppers to support families in need by donating a food item during a two-day Christmas Food Appeal, which will take place on Friday 25th and Saturday 26th November between 11am – 7.30pm in four Tesco stores in Kerry including Tesco Killarney, Tralee Manor, Killarney Park and Tralee Square.

In the last three years alone the annual Christmas Food Appeal has collected over €500,000 worth of food for families. Over €2,700 worth of food was donated by Kerry shoppers in 2015, and this year the appeal is hoping to build on this success and support as many families in need as possible by providing hampers of non-perishable food items in the run-up to Christmas.

All food collected during the appeal in Tesco stores will be sorted by volunteers from

FoodCloud's partner charities and the 115 Lions Clubs spread throughout the country, who will redistribute food parcels to those who need them most. A number of charitable organisations will benefit from this year's food appeal including St. Vincent de Paul and Friends of the Elderly to mention a few.

To support the Christmas Food Appeal and give a little help to families in need, please visit your local Tesco store on Friday 25th and Saturday 26th November between 11am – 7.30pm and make a food donation – Every Little Helps!

Shoppers can donate one or more of the following items in their local Tesco store:

- Tea bags & Instant coffee · Biscuits · Sugar
- Butter · Breakfast Cereals · Tinned goods (vegetables, fruit, fish, meat) · Pasta & Paste Sauces · Rice & Rice Pudding · Jam · Soft drinks
- Sweet Treats · Selection Boxes · Christmas Cake.

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CLOSE COMMUNITY TIES TO BE CELEBRATED IN LISSIVIGEEN

Lissivigeen Community Alert Association are celebrating 20 years in existence this year and are planning to mark the occasion with Mass followed by a dance on Friday December 2nd at the Torc Hotel. Formed in 1996 by Pat Gill and the late Pat Corcoran, the association has gone from strength to strength over the past two decades. Nationally, Community Alert was formed in 1987 following a spate of crime on rural communities around the country and the founders of the Lissivigeen Community Alert Association were aware of the number of elderly people in their community and how they would benefit from services offered by the organisation. A strong link was quickly formed with the local national school and with the principal there, Michael McAuliffe.

Local children attending Lissivigeen National School were always involved Community Alert initiatives and held a number of competitions from literary to sporting in the memory of the founding member Pat Corcoran. The Pat Corcoran Perpetual Shield is held in high regard both in the school and in the local community.

In an effort to keep a watchful eye on the elderly in the community the association have provided 25 monitored alarms to people in the locality. This facility, along with a text alert system which originates at Killarney Garda Station goes out to 250 residents in the area and gives great peace of mind to people. The association have a fantastic social side and regularly organise trips to places like Gougane Barra, Ballymaloe and in 2012 they travelled to Cobh for the Centenary of the sinking of the Titanic.

There one of the residents of Lissivigeen at the time, the late Jackie "the Farmer" O'Sullivan was accorded the Freedom of Cobh. Jackie had just turned 100 four days previously and was in Cobh to accept the presentation.

The accolade was also bestowed on other Lissivigeen residents who had family members on board the Titanic when it sank in 1912.

In 2010 Sean Hurley from Radio Kerry presented a two part programme called "The Spirit of Lissivigeen – Bridging the Generations".



A GROUP OF LISSIVIGEEN RESIDENTS PICTURED ON A VISIT TO MUCKROSS TRADITIONAL FARM. INCLUDED ARE SEAN HURLEY, RADIO KERRY, JACKIE THE FARMER O'SULLIVAN, NORA MURPHY, MARY CAHILL, MICHAEL McAULIFFE, ANN CRONIN, PAT KELLIHER, DENIS RUSSELL, BRENDAN MCCARTHY AND CHRISTY LEHANE, ALONG WITH CHILDREN FROM LISSIVIGEEN NS.

The whole parish got behind the show which went on to win a PPI award much to the delight of those involved. As part of the show, children from Lissivigeen National School visited the local farm museum at the home of Sean O'Donoghue. Sean guided the children through the fascinating array of farm machinery and held a questions and answers session with them before they tucked into treats supplied by the Gentleman Farmer.

Other events covered on the show were a gardening demonstration, a day at the bog, where residents went to Raheen Bog to cut the turf, baking a griddle cake in Muckross Traditional Farms and a visit to Patrick McGillicuddy's forge in Ballydribbeen.

Here, Jackie "the Farmer", then aged 98, arrived at the forge on pony and trap and engaged with Pa Mac who was shoeing horses while the children from Lissivigeen NS watched on.

A trip to the Town Council chambers was organised by the then Mayor of Killarney, Lissivigeen resident Michael Gleeson who explained the workings of the Town Hall.

In 2008, one of the first Rambling Houses to be held in Lissivigeen took place in Darby O'Gills (now the Torc Hotel) and attracted over 150 to the night. Elderly people in the area told stories, musicians played music, dancers danced and a

fantastic night was enjoyed by all. This was to be the first of many Rambling Houses to be held in the hotel. Sean Hurley from Radio Kerry broadcasted his show from the hotel that night. The committee were also responsible for hosting a special environmental awareness meeting with Micheal O'Coileáin from Kerry County Council who spoke to a full house on environmental issues such as pollution, radon gas and sewage related issues.

The second half of the meeting was presented by Dr. Alan Mee from the White Tailed Eagle Programme. Dr. Mee explained to the gathering which included representatives from the farming community, locals and politicians, what the programme entailed and eased the minds of many who were unsure about the project. The meeting proved to be an outstanding success and as a result, some of the committee were invited to the release of the eagles at Tomies Mountain. Teagasc representative Mr. Michael Godstein and Inspector Barry O'Rourke were also in attendance.

Held tightly together by social and cultural ties, the community of Lissivigeen should be very proud of their way of life, how they look out for each other and how they place such emphasis on the elderly and young in the parish.



SOME WELL KNOWN FACES ENJOYING THE 150TH BIRTHDAY CELEBRATIONS OF LISSIVIGEEN NATIONAL SCHOOL. INCLUDED ARE ARTHUR O'KEEFE, JACKIE THE FARMER O'SULLIVAN, EUGENE O'KEEFE, EUGENE SCANNELL AND CHRISTY LEHANE.



ARRIVING BY PONY & TRAP.... JACKIE "THE FARMER" O'SULLIVAN PICTURED AT PA MAC'S FORGE WITH STUDENTS FROM LISSIVIGEEN NATIONAL SCHOOL, PRINCIPAL MICHAEL McAULIFFE AND CHRISTY LEHANE.



CHILDREN FROM LISSIVIGEEN PICTURED AT KILLARNEY TOWN COUNCIL CHAMBERS WITH THE THEN LORD MAYOR, MICHAEL GLEESON.



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MAGIC IS IN THE AIR AT THIS YEAR'S CHRISTMAS IN KILLARNEY PARADE

HO HO HO.... the countdown is on for this year's Christmas in Killarney Magic Parade which will make its way through the streets of Killarney which will be filled with festive lights, music, colour and a whopping 11 floats this year.

It's a perfect way to kick-start the Christmas celebrations and promises to be a great evening for all the family.

The Christmas in Killarney Children's Parade takes place on Friday 25th November at 6pm and will see Santa and his elves parade through the town as the Christmas lights get turned on. Santa has confirmed that many of his friends will join him on the night including Minnie and Mickey Mouse as well as frozen stars Anna, Elsa and Olaf. As well as a host of famous Disney celebrities the parade will also be joined by children from local schools.

You'll get a great view of Santa all along the parade route which takes in New Street on to Beech Road, Mission Road, then Main Street and back down New Street. If you miss Santa and his friends on the 25th don't worry, there will be a Christmas parade on Saturday the 3rd, 10th and 17th of December at 6pm.

Christmas in Killarney are pleased to announce that 2016 will see the return of the New Year's



CHRISTMAS IN KILLARNEY CHILDREN'S MAGIC PARADE. PHOTO BY MAREK HAJDASZ MH PHOTOGRAPHY.

Eve parade on 31st of December at 6.00pm. When speaking to Santa he informed the Christmas in Killarney committee that there is still time to make the nice list if you are on your best behaviour for December and to make sure

you post your letters in plenty time.

For further information on the Christmas in Killarney events log onto www.christmasinkillarney.com

FREE BLOOD SUGAR CHECKS AT AHERNS



DAN AHERN, AHERNS PHARMACY, FARRANFORE.

World Diabetes Day took place this week and to recognise this, Aherns Pharmacy are offering complimentary Blood Sugar Checks so you can know your Blood Sugar Number.

Dan Ahern explains: "Diabetes is, and will continue to be, the single

biggest health issue in Ireland. Recent studies show that 75% of the population know someone with Diabetes, even though nearly half of the population have never been tested. Early diagnosis is key and in many cases, simple lifestyle changes can control and in some cases reverse the symptoms".

To learn more, look out for Dan's article on Diabetes in your Outlook today, visit www.ahernspharmacy.com, and call in to

Aherns Pharmacy, Farranfore to Know Your Numbers.



REMEMBERING LOVED ONES...



REMEMBERING LOVED ONES... AT A SPECIAL MEMORIAL UNVEILING AT CRONIN'S YARD, THE OFFICIAL ENTRANCE TO THE MACGILLYCUDDY'S REEKS, BY 'THE BEYONDERS' - MEMBERS OF PAT FALVEY'S BEYOND ENDURANCE EXPEDITION TO ANTARCTICA WHO TRAVELLED WITH PAT IN NOVEMBER 2006. THEIR FELLOW EXPEDITIONERS, MOUNTAINEERS AND GUIDES ON ANTARCTICA, GER McDONNELL, KILCORNAN, CO LIMERICK, THE FIRST IRISHMAN TO REACH THE SUMMIT OF K2 AND RALF BAE, NORWAY, BOTH DIED HEROICALLY ON THE DESCENT HAVING HELP INJURED CLIMBERS ON THE 2ND AUGUST 2008. KAREN RODGERS, A FILM PRODUCER, FROM WICKLOW, DIED TRAGICALLY IN A HORSE RIDING ACCIDENT IN 2008. THE VERY POIGNANT UNVEILING WAS BY JERRY AHERNE, FROM CORK, WHO SANG 'WE'LL MEET AGAIN' THE FAMOUS WW2 SONG MADE FAMOUS BY VERA LYNN. GERRY CHRISTE A GUIDE ON THE EXPEDITION ADDRESSED THE GATHERING, WHICH TOOK PLACE ON SATURDAY.

PHOTO: VALERIE O'SULLIVAN

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COMMUNION FAIR AT THE GLENEAGLE HOTEL

Families preparing their children for First Holy Communion are invited to attend a Communion Fair at The Gleneagle Hotel on Sunday, December 4.

While admission to the fair is free, donations on the day and the proceeds of a raffle will go to the Mild General Learning Classes (MGLT) at St. Oliver's National School in Killarney.

Mods and Minis and Simply Suits will showcase their range of Communion outfits for boys and girls while Wisteria Boutique, Shirleys Headpieces and Simply Suits will display a selection of special occasion wear for Moms and Dads.

There will also be a number of exhibitors including jewellers, photographers, hairdressers and kids' activity centres, making it the ideal day to co-ordinate and book all the extras for the upcoming celebrations.

A special raffle will be held in aid of the Mild General Learning Classes (MGLT) at St Oliver's National School in Killarney. There is a fantastic range of prizes on offer including a Communion outfit from Mods and Minis and



EVAN O'CONNOR AND KAYSEY O'CONNOR, PUPILS AT ST. OLIVER'S NATIONAL SCHOOL KILLARNEY, ALL DRESSED UP TO ATTEND A COMMUNION FAIR AT THE GLENEAGLE HOTEL ON SUNDAY, DECEMBER 4TH FROM 2PM-5PM. DONATIONS ON THE DAY AND THE PROCEEDS OF A RAFFLE WILL GO TO THE MILD GENERAL LEARNING CLASSES (MGLT) AT ST. OLIVER'S NATIONAL SCHOOL IN KILLARNEY. PHOTO: VALERIE O'SULLIVAN.

a boys Communion outfit from Simply Suits.
The Communion Fair at The Gleneagle Hotel

takes place in Sunday, December 4 between 2pm and 5pm.

KILLARNEY PARISH SILVER CIRCLE

RESULTS OF WEEK 5

1st Prize €500: Batt O'Sullivan, Knocknaskeha
Seller: Nuala O'Doherty.

2nd Prize €250: Ivan Hurley, Whitebridge Manor.
Seller: Caroline Hurley.

Winners of €100 each are as follows:

Bernie O'Sullivan, 3 Orchard Close. Seller: John Dwyer. Brenda Moynihan, Rathmore N.S.

Seller: Maisie O'Sullivan. Tara Fleming, St. Brendan's Tce. Seller: Tadhg Fleming.

Noreen Dineen, Whitebridge Manor. Seller: John Mannix. Paddy McCarthy, Deer Park House. Seller: Parish Office.

Winners of €75 each are as follows:

Mark O'Shea, Priory Paddocks. Seller: Tadhg Fleming. Joan Brosnan, New Street. Seller:

Parish Office. Brenda Courtney, Doonkinane, Faha. Seller: Kathleen McCarthy. Fr Michael Fleming, Killorglin. Seller: Fr Paddy O'Donoghue. Derek Daly, Countess Grove. Seller: John Dwyer. Johnny & Joan Culloty, O'Sullivan's Place. Seller: Tadhg Fleming. Pat Meade, Barraduff. Seller: Maria Falvey. Ciara Murphy, Gortdromakerrie. Seller: Margaret Gleeson O'Donoghue. Congratulations to all winners, and thanks to all who supported, promoted and sponsored the draw this year. Tickets are still available from the Sacristies and Parish Office.

This week's prize money is sponsored by: Kerry Refrigeration & Electrical & Co, BBM Secure, O'Keeffe's Oils, O'Sullivan Sound, Boramic Candles, CRL Oils & The Malton Hotel.

FUNDRAISING DRIVE IN BARRADUFF

A 31 Card drive Friday will take place at the Corner House Bar in Barraduff on November 25th at 7:30 pm. Organised by the Barraduff Community field fundraising Committee, this is the second annual 31 card Game. The event will raise funds for ongoing running costs of facility. All card players welcome with special welcome for more lady players. Tables of 8 (4 partners). There will be cash prizes, large hampers and many spot prizes on the night. The organisers are looking for businesses to sponsor a table or give a spot prize, which can be dropped into the Corner house bar any evening. For more information contact Siobhan Coakley **086 323 4596** or Gerry O'Connor **086 067 6216**. Raffle tickets on sale on the night and tickets can be purchased prior to night in local shop O'Donoghues Barraduff. All Contributions appreciated.

KERRY GIFT TO BENEFIT POOREST COMMUNITIES



Kerry people continue to show incredible generosity at Christmas, with over €42,000 spent on Trócaire Christmas gifts or donated to the Christmas appeal last year to support the poorest communities in the world. The overseas development agency revealed that €25,519 was spent in the county on Trócaire's charity gifts in 2015. In addition Kerry people donated €16,674 to the charity's Christmas Appeal.

Trócaire gifts, which have been on offer for 17 years, raise over €1m annually for Trócaire's work to eradicate poverty in over 20 countries worldwide. Éamonn Meehan, Executive Director of Trócaire said: "I have seen the difference these

gifts make on the ground. It is no exaggeration to say that they are life-changing. "Last year's donations from Kerry have meant that the world's poorest families are able to earn an income, refugees fleeing conflict are receiving support and people suffering the impacts of drought have access to clean water. "I would like to say a huge thank you to the people of Kerry for continuing to add our ethical gifts to their Christmas shopping list." This year's Christmas gifts range in price from €5 to €250 and include presents that people will love to give this Christmas, knowing that their gift will also help someone living in poverty. With over 11 gifts to choose from, there is something for everyone on the Christmas list – from adorable chicks and goats to vital maternity care and clean water.

KERRY WINS TOURISM AWARD

Kerry County Council has been selected as outright winner of the Irish Public Sector Service to Tourism Award 2016 for its newly published Tourism Strategy. The 'Excellence in Business' Awards to Local Government, sponsored by the Irish Public Sector Magazine, are awarded annually to companies and authorities who can demonstrate outstanding service, continuity, track record and general excellence in business to the Public Sector, Irish Companies, and to the people of Ireland. Last year, the Council won the ITIC Best Tourism Innovation Award at the inaugural National Tourism Awards.



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€15,000 INVESTED IN KILLAGHA ABBEY

Work on a 13th century Abbey near Milltown has just been completed.

Kerry County Council – with the support of the Heritage Council – spent €15,000 on the project. It follows calls for restoration works on the historic structure by a local community group which brought the issue before councillors in the South and West Kerry Municipal District earlier this year.

Conservation work included the removal and re-setting of the cornerstones at the north-west corner of the abbey, the raking out and re-pointing of loose and unstable mortar in all joints in the west gable and the resetting of stones on the parapet over the gable wall.

“The north-west corner of the building had become unstable and a number of structural stones had fallen while others were loose. This was mainly due to the adverse winter weather over the last few years which washed out mortar and loosened joints,” said Kerry County

Archaeologist, Michael Connolly.

Killagha Abbey, just off the N70 road between Milltown and Killorglin, is an Augustinian abbey founded in 1216 which was occupied by the Canons Regular of St Augustine until 1576. Its well-known East Window was restored by a community group in the 1990s.

“The existing Conservation Plan for the abbey commissioned in 2012 was updated recently taking into account the current condition of the gable and an application for funding was made to the Heritage Council. It awarded a grant of €6,000 towards the project which cost €15,000 in total. Ministerial Consent for the works was granted by the National Monuments Service,” said Michael Connolly.

The works were carried out by David Russell Construction and overseen by Malachy Walsh & Partners, Consulting Engineers.

Kerry County Council has also overseen the



THE WEST GABLE OF KILLAGHA ABBEY WHICH HAS BEEN RESTORED.

mapping of the graveyard and a graveyard map has been erected at the entrance. As part of this recent project the original, broken information signage on the wall of the abbey church has been removed and replaced.

KILLARNEY TO HOST CONFERENCE FOR EXECUTIVE & PERSONAL ASSISTANTS



ZELDA LA GRANGE, FORMER PA TO NELSON MANDELA.

The Brehon Hotel is the venue for a conference for executive and personal assistants which

will take place on Friday November 25th. Speaking at the conference will be Zelda la Grange, former PA to Nelson Mandela.

Aimed at executive assistants, personal assistants, office managers, administrators and anybody working in a support role, it provides an excellent learning and networking opportunity. This is the first time the Executive PA Forum will take place outside of Dublin and is the only event of its kind in Ireland. The forum is hosted by sisters Fiona and Aisling Kelly of conference and event production company, Zoom In.

As well as Zelda la Grange, who worked with Mandela for nineteen years right up until

his death in 2013, the list of guest speakers includes Lesley Berber, Executive Assistant at Conference Partners, Gaye Moore who has worked with women in business to help them realise their full potential for the past twenty years and life coach and motivational expert Niall O'Callaghan who works with organisations and individuals to help change bad habits and work towards new goals.

Event sponsors include The Brehon, Emirates Airline and Ireland's Blue Book. For further information or to book a place, contact events@zoomin.ie or register at

www.executivepaireland.ie

THREE KERRY NATIVES TELL THEIR RURAL ELECTRIFICATION STORIES IN NEW BOOK

It was 1977 before the Black Valley finally received electricity after years of campaigning. In a new book, *Then There Was Light*, the stories of three Kerry natives feature prominently in this book of memories of the roll-out of the Rural Electrification Scheme across the country 70 years ago this month. *Then There Was Light* is a collection of tales of the time when Ireland left the dark ages as the ESB brought electricity to even the most remote communities in the largest ever undertaking by the fledgling independent nation.

Kerry poet, Phil Lynch, sets the scene for his 'Changing The Light' poem by recalling how the rest of the family waited in the dark for their father to come in from the fields before he switched on the lights and dazzled him and everyone else in the family half to death.

In that moment, he says: "Inside the light would

never be the same." Tralee native, Noel King, sets down in his story, *God Is Understanding Of Progress*, how the fear and the mystery of the light also had a sense of foreboding. His wonderfully crafted tale was the 100th creative piece of his career.

Cork Engineer, Michael Daly, was in charge when the last leg of the national scheme was put in place in Kerry's Black Valley.

The area had campaigned for decades to get on the national grid and finally joined up in 1977. Michael remembers an RTE programme 25 years on when a resident said that while it was a major benefit, it came at a cost to the old ways, like card playing and storytelling.

This book, co-edited by PJ Cunningham and Dr Joe Kearney, contains scores of stories celebrating the 70th anniversary of the scheme that eventually wound up in the late 1970s.

The stories for this collection come from eyewitnesses, ESB employees and the general public as they recall the suspicions, worries and welcome the scheme faced during arguably the most important rural Ireland undertaking in our history. They are diverse in subject matter and geographical spread and encapsulate the pioneering work carried out on what became a rapidly changing rural landscape.





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HOLIDAYMAKERS WANTED FOR FRANCIS BRENNAN'S GRAND TOUR

Expert hotelier and host of At Your Service Francis Brennan is looking for a group of travellers to join him on a two week escorted holiday for a new series of Francis Brennan's Grand Tour. Following the success of Francis Brennan's Grand Indian Tour this summer, RTÉ One and show producers Waddell Media are looking for holidaymakers for another coach tour in a new mystery location.

Francis Brennan will once again take on the challenge of making sure his holidaymakers get the holiday of a lifetime and he must ensure everything goes according to plan; organising check-ins, meals, excursions, etc. Will he be able to make his holidaymakers dreams come true? Francis is ready to go - all he needs now are some holidaymakers to join him. To take part in the show you'll need to have €800 to spend on a holiday, have a valid passport and be at least 18 years old. The programme makers are particularly looking for people who have never

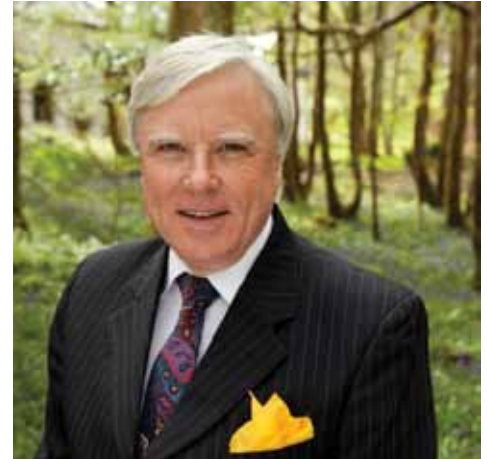
travelled outside of Ireland, or have very limited travelling experience.

To book your seat on the coach get in touch with Waddell Media and let them know why you want to join Francis on his Grand Tour. Email: info@waddellmedia.com or call **04890 427646** or **00 44 2890 427646** to receive an application form by post.

Places are limited so get in touch now. For more information visit www.waddellmedia.com

Waddell Media are also looking for businesses who would like to be part of the new series of At Your Service with Francis and his brother John Brennan. If you own or run a hotel, guesthouse, B&B, hostel, caravan park, campsite, self-catering cottages, or similar then this is your chance to get advice from the Brennans which could change your business fortunes forever.

The producers are looking for different and unusual projects for the show, so if you're thinking of diversifying, e.g. opening a shop,



FRANCIS BRENNAN.

tearoom or other start-up business with a catering or hospitality element, please get in touch if you think the Brennans could help.

FANTASTIC LINE UP FOR THIS YEAR'S CHRISTMAS CARNIVAL



NATHAN CARTER

Tis the season to rock your Christmas Jumper as The INEC Christmas Carnival returns with a dazzling array of concerts and shows to choose from!

Some of the biggest names in music will appear at the Killarney venue as part of the Christmas schedule and the gigs are selling out fast.

Kick start the party season with the one and only Mario Rosenstock December 3 and the jam packed schedule doesn't stop there with performances from Tommy Tiernan, The Coronas, Picture This, Keith Barry, The Saw Doctors and Kíla.

The intimate INEC Acoustic Club has a series of treats in store with Damien Dempsey, Brian Deady, Hermitage Green, Jack L, Mick Flannery and Jerry Fish all taking up residence over the festive month.

Get 2017 off to a roaring start with country

Music's hottest star Nathan Carter New Years Eve for what promises to be a stellar performance from the King of Country.

Following on from his sell out performance in May Nathan Carter returns to host a night of unrivalled entertainment with all the classic hits and songs that have made him a firm favourite with Irish audiences.



TOMMY TIERNAN.

EUROPEAN MUSIC AWARD FOR WALKING ON CARS



Kerry band, Walking on Cars are the Irish winner of the 2017 European Border Breakers Awards (EBBA), the preeminent European music awards for emerging artists.

They are the fourth act to be announced as winners of an EBBA award, joining Norway's

Alan Walker, Finland's Jaakko Eino Kalevi and Germany's Namika. A total of ten EBBA winners will be announced in the coming weeks. The winners will receive their awards at a ceremony hosted by Jools Holland in the Netherlands, on 11 January 2017. The ceremony, which is part of the wider Eurosonic Festival, will feature performances by the winning acts and will be broadcast on RTÉ 2fm (radio) and RTÉ 2 (television).

Speaking to Tracy Clifford on 2fm, Walking on Cars said: "We've basically been on the road since January going all over the Europe, the UK, Ireland... It's pretty amazing. We just wanted to get out and get to Europe and build

an audience outside of Ireland, and we're just really happy because it's come to the point where we've won an EBBA Award and we're doing a 3Arena show - It's been a mad year!"

Originating from Dingle in Kerry, five-piece Walking on Cars have made a name for themselves through their passionate folk-influenced rock music. With yearning vocals, powerful choruses and energetic piano-driven hooks, the band saw their first two singles land high in the Irish charts, followed by their debut album in January 2016. Third single Speeding Cars brought them an international breakthrough, with chart entries in the Netherlands, Belgium, Ireland and the UK.



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Price: €200,000 **BER C2**



**14 SUNNYHILL LOWER
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Superbly located 4 bedroom mid terrace house. Attractive cut stone facade. Extended and renovated in recent years. Rear yard and garden. Ideally positioned within walking distance of town centre. Price: €180,000 **BER E1**



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Contact Donal Cullyot **064 6631274 / 087 2354790**

GET YOUR SKATES ON – CHRISTMAS ON ICE IS BACK

Following its huge popularity in 2015, Killarney on Ice is coming back! As a key part of the Christmas in Killarney Festival, the 600 sq metre ice rink under marquee will return to the Beech Road car park beside the tourist office from Friday, December 2nd.

Already great interest has been aroused with the announcement of the return of Kerry's only festive ice rink and group bookings in particular have been exceptionally strong. Schools, youth clubs and sports teams across the county are using the facility of the group booking discount rate to plan a session on the ice. The normal opening times can be extended during the day to accommodate school groups. "Value for money is key" says Tim O'Donoghue,

the promoter of the rink, "that's why we have special family and group rates".

Helmets and skate aids are available for novice skaters with double bladed skates to help young children. "Ice skating is lots of fun, easily picked up, and is great exercise" says Tim. The rink will be open daily from 5pm on selected weekdays and from 11am on Saturdays & Sundays and during school holidays. Be sure to check our website before you travel. Sessions last for 1 hour and tickets can be booked online at www.killarneyonice.com. For further information and group or company bookings, please contact Killarney On Ice at 085-7400366. Christmas gift vouchers will be available from the ice rink box office and these are always



immensely popular. To celebrate the return of the ice rink, walk-up opening weekend prices will be €10 for all ages all hours.

It promises to be a wonderful Christmas in Killarney, so get your skates on and enjoy Killarney on Ice!!

EXPERIENCE THE ENCHANTMENT OF A KILLARNEY CHRISTMAS



This year Santa is on the move and where

better to locate than in the heart of Killarney town. Harold, Santa's chief Elf has been busy all year creating a magical Christmas Island where Santa can call home in the run up to the busiest day of the year for him. Christmas Island is the perfect place for boys and girls to come and chat to Santa and make sure they have made his '2016 nice list'.

Once you have met with Santa and his Elves you can enjoy the festive funfair ride, make a wish at the wishing wall, get your photo taken with the Toy Soldiers, visit the life size crib and much more. Don't forget to bring your letter to post in the Big Red post-box.

When speaking to Santa himself he said 'This is a very exciting time for me, Harold and the other elves. We have been looking for a second home away from the North Pole, somewhere we can chat to the children before Christmas, and being here in the centre of Killarney, alongside the sleigh rides is the perfect location.'

Christmas Island is located at Kenmare Place Killarney opposite Killarney Cinema on the Ha Ha. Open on December 2nd, 3rd, 4th, 9th, 10th and 11th and every day from December 16th to 23rd. Open from 2 to 6 on Fridays and 12 to 6 Saturday and Sunday. Admission for Children and Adults is €5 and infants are Free!

Escaping to Killarney for a little Christmas enchantment

KILLARNEY IN 'THE ZEN'

750 practitioners of Tibetan Buddhism will converge on Killarney for a weekend retreat-course, Over the weekend of April 21st-23rd 2017. The three-day marquee event will take place on the spectacular grounds of the Killarney Racecourse and bring together visitors from around the world for a special course on what is considered to be the crown jewel of Buddha's teaching, The Great Seal or Mahamudra.

The guests are all members of Diamond Way Buddhist meditation centres of the Karma Kagyu tradition and the course will be led by the teacher and meditation master, Lama Ole Nydhal. This is the second time this course has been brought to Killarney following on from a course held at the Plaza Hotel in 2014, 'hosted by members of the local Diamond Way group working closely with Mary Hartnett and others of the Kerry Convention Bureau. Delegates are expected to arrive in the region in the days before the event to avail of additional opportunities to explore the region while staying at a variety of accommodation providers in the Killarney Valley.



KILLARNEY IN 'THE ZEN'...750 PRACTITIONERS OF TIBETAN BUDDHISM WILL CONVERGE ON KILLARNEY FOR A WEEKEND RETREAT-COURSE, OVER THE WEEKEND OF APRIL 21ST-23RD 2017. ORGANISERS FROM LEFT, KAY WOODS, HIDDEN IRELAND TOURS, MIKE BUCKLEY, CHAIRMAN, KERRY CONVENTION BUREAU, BRID LUCEY, KILLARNEY RACE COURSE, CON MORIARTY, HIDDEN IRELAND TOURS & LOCAL ORGANISING DIAMOND WAY BUDDHIST MEDITATION GROUP, MARY HARTNETT, KERRY CONVENTION BUREAU, BARRY LYNCH, LOCAL ORGANISING DIAMOND WAY BUDDHIST MEDITATION GROUP, KATE O'LEARY, PRESIDENT, KILLARNEY CHAMBER OF TOURISM AND COMMERCE, JOHN BUCKLEY, CHAIRMAN, BOARD OF DIRECTORS, KILLARNEY RACE COURSE. PHOTO: VALERIE O'SULLIVAN.

MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



HOW DO YOU GET ACCESS TO YOUR PENSION?

There has been a lot of discussion about pensions recently especially in the media. If you have a pension it is very important to know your options for when you can access and how to access your pension. This mainly depends on your age and what type of pension you have however, generally there are four options:

Tax Free Cash: Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

Taxable Cash: You may be able to take sum of your pension in taxable cash.

Annual Pension: This is a guaranteed income for the rest of your life that is purchased with the money left after you tax free lump sum.

Approved Retirement Funds: You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income and the value of your pension can form part of your estate also.

It is extremely important that you review your pension at least annually and that you take your time and have all the options explained to you in plain simple english before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with an independent financial advisor before making any decisions, he or she will help you with the above options and any other queries you may have.

To discuss the above or any other matter Dermot Cronin QFA APA can be contacted at **064 66 22775** or dermotcroninifa@gmail.com

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NEW TO MARKET

'DUNKERRON HOUSE', COOLROE, BEAUFORT, KILLARNEY.

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BER C1 Price Region: **€215,000**

KILNANARE HOUSE', FIRIES, KILLARNEY, CO. KERRY.

Detached four bedroom bungalow, located just 2km from Firies Village, on Castlemaine Road. Property which is well maintained is located in the mid Kerry area, convenient to Tralee, Killarney, Farranfore, Castlemaine and Kerry County Airport. Accommodation includes entrance hall, sittingroom, kitchen, utility room, four bedrooms and bathroom. Ideal first time buyer/family home.



BER D2 Price Region: **€180,000**

PROPERTY OUTLOOK THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



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Agent: ● **DNG Ted Healy** ● 11 New Street ● Tel: **064 66 39000** ● E-mail: tedhealy@dng.ie www.dng.ie

Starting Price: €550,000

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

Killarney

TOWN TALK



CATRIONA O'CALLAGHAN (SEATED CENTRE IN WHITE) PICTURED WITH FAMILY & FRIENDS FOR THE HOME LEG OF HER HEN PARTY AT THE ROSS HOTEL. PICTURE MARIE CARROLL-O'SULLIVAN

BEAVER SCOUTS ARE ON THE LOOKOUT FOR BOYS AND GIRLS

With the evenings getting shorter and the energy levels of your 6, 7 and 8 year old children rising, why not consider enrolling them in Beaver Scouts. Girls and boys are welcome to the younges section in Scouts where the emphasis is on adventure and maximum fun times. The troupe meeting takes place every Monday evening from 6pm to 7pm in Lissivigeen National and the troupe are looking for new members.

If you are interested contact Gillian on 085-1449552 or email gillianlooney1@gmail.com

FREE CAR PARKING ARRANGEMENTS FOR KILLARNEY FOR CHRISTMAS

No need to worry about parking in Killarney this Christmas with news that Kerry County Council has announced that car parking will be free for the month of December in both the High Street Car Park and the Lewis Road Car Park. Parking will be free up to 11am for the month of December in the New Street Car Park (lower section only) Glebe Car Park and Fair Hill Car Park. The Cathaoirleach of the Killarney Municipal District, Cllr Brendan Cronin, said the provision of free parking annually is a gesture to local retailers and people visiting town to do

their Christmas shopping. "This is an important gesture by the local authority to encourage people into the town during the Christmas period and I would urge people to shop local this Christmas," he said. "Killarney is always a special place to be at Christmas time and the provision of free parking at particular times during this period gives people a chance to enjoy the atmosphere and to shop locally," he added.

LISSIVIGEEN COMMUNITY ALERT AGM

There was good attendance at Lissivigeen Community Alert AGM at the Torc Hotel last Thursday night. Supt. Flor Murphy stated that despite the huge crowds that visited Killarney during the tourist season and rally there has been a decrease in crime in his district, special attention with increased mobile patrols during the car rally paid dividends. The association has over 250 people signed up for the Text Alert. Officers elected: Chairman Pat Kelleher, Vice Chairman Christy Lehane, Secretary Anne Marie Casey, Assistant Secretary Pat Kelleher, Treasurer Theresa Tancred. The new members that joined the committee are Kitty O'Sullivan, Siobhan O'Keeffe, Kathleen Gleeson, Sharon O'Connor and Shirley Murphy.

KILLARNEY CAMERA CLUB NEWS

The race for Photographer of the Year 2017 got off to a great start at Killarney Camera Club with their first competition of the new club year. There were lots of entries with 35 photos on a wide variety of subjects on the night. Well done to Paul Garnett who won the Unrestricted Category and Keith Johnson who won the Novice Category and also came 3rd in the Unrestricted!

Here are the top 3 from the Unrestricted.

Paul Garnett: Vermillion Lake at Dawn (206 points)

Adrian Healy: Milky Way (204 points)

Keith Johnson: Spirit Island (190 points)

Here are the top 3 from the Novice:

Keith Johnson: Spirit Island (190 points)

Finola O'Sullivan: Owl (186 points)

Mary Cremin: I'm watching you (174 points)



PAUL GARNETT WINNING IMAGE: VERMILLION LAKE AT DAWN.



TRISH FLEMING MUCKROSS IS PICTURED WITH HER NEW HUSBAND TOM GURRIE AND THEIR CHILDREN DANIEL AND KAYLA FOLLOWING THEIR RECENT WEDDING IN DUBLIN.

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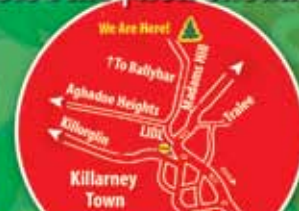
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Killarney

TOWN TALK



KWOTE KILLARNEY WOMEN'S ORGANISATION FOR TRAINING & EMPOWERMENT RECENTLY ENJOYED A WALKING TOUR OF THE VIBRANT AND HISTORIC TOWN OF KILLARNEY WITH CONOR DOOLAN (BA(HONS) IN HERITAGE STUDIES) OF EXPLORE KILLARNEY. THE WALKING TOUR WAS AUTHENTIC, FUN AND INSIGHTFUL.

KILLEEN HOUSE HOTEL WINS BEST HOTEL AWARD

Hotel search website trivago.ie have announced the best hotels in Ireland, according to more than 175 million customer reviews and Killeen House in Killarney is recognised as both the best 3-star hotel and the best hotel for service this year.

Owners Michael and Geraldine Rosney attribute the success to their guests: "It is them and them alone who have decided that we are worthy of this wonderful recognition and for that we are truly thankful."

STEPHEN LYNE FOUNDATION TO BENEFIT

FROM ROTARY CLUB OF KILLARNEY

The Stephen Lyne Foundation will benefit from proceeds raised through the Rotary Club of Killarney's 13th annual wine and art event which will be held on 24 November 2016 at the Malton Hotel. The foundation aims to implement the Roots of Empathy program across Kerry schools. In its first year, the Stephen Lyne Foundation will reach more than 200 children through its funding for training of six Roots of Empathy instructors for St. Oliver Primary School, Holy Cross Mercy School and Presentation Monastery Primary School. "We're turning our family nightmare – the murder of Stephen, our oldest son - towards a path of empathy. To honor Stephen's memory, we want to make a direct, positive impact on children

in Kerry. We are so grateful to the Rotary Club of Killarney for selecting us as one of this year's beneficiaries," said Lotte Lyne, Executive Director of the Stephen Lyne Foundation.

To learn more about the Stephen Lyne Foundation, visit its website, stephenlynefoundation.org or its Facebook page.

UPCOMING EVENTS AT KILLARNEY LIBRARY

Storytelling for toddlers and pre-schoolers accompanied by parents/guardian will take place on Saturday 19th & 26th November at 3pm. Join in with the stories, music, songs and rhymes. No sign-up required.

On Tuesday 29th November members of the Kerry Women Writers' Network will read their own works followed by an Open Mic session. The event takes place from 6pm - 8pm.

Free admission to both of the above events.

KERRY GAA GALA CELEBRATION WILL BE A NIGHT TO REMEMBER

Saturday night promises to be the highlight of the GAA social scene for many a year and a night to remember when Kerry's seven All Ireland senior football winning sides from 1997 to 2014 will be honoured at Killarney's INEC at a function jointly hosted by Kerry County Board and their ever present sponsors, Kerry Group.

The celebration will also feature the launch of a specially commissioned DVD featuring the great players and personalities from this era, their stories and highlights from those wonderful games. This DVD, "Kerry's Magnificent 7" which will pick up from where the Golden Years Video left off will cover the period 1988 to 2016 and is sure to be a popular best seller. The DVD will be on sale in time for the Christmas market. A 40 page souvenir booklet is also being published for the occasion and a limited supply of this booklet will be on sale to the general public next week. All proceeds from the night will go towards the development of the Kerry GAA Centre of Excellence at Currans and the high performance unit at Tralee IT.



CELEBRATING THE 25TH ANNIVERSARY OF THE OPENING OF THE AQUILA CLUB LEISURE CENTRE IN THE GLENEAGLE HOTEL ON SATURDAY WERE KARL JAMES O'NEILL, LEFT AND RONAN BENNETT, FOSSA, KILLARNEY. PHOTO DON MACMONAGLE.



JUST BACK FROM PROMOTING KILLARNEY AND IRELAND AROUND THE WORLD ARE AOIFE HICKEY, SALES AND MARKETING MANAGER, KILLARNEY LAKE HOTEL AND BRIAN MILEY, SALES AND MARKETING MANAGER FOR THE MUCKROSS PARK HOTEL. THEY ATTENDED THE ANNUAL ENSEMBLE TRAVEL COLLECTION INTERNATIONAL CONFERENCE IN SAN DIEGO, USA.



CHRISTMAS

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Sunday 27th November 2016

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RATHMORE/ GNEEVEGUILLA NEWS by Michael O'Mahony

BINGO NIGHT. Gneeveguilla basketball club are hosting their annual bingo night which is their major fundraiser for the year on Sunday November 20th at 5pm. Come along for an enjoyable night. Great prizes to be won.

DOCTOR: Rathmore Community Council welcomes the news that a promising application has been made for the position of GP in Rathmore and there is a candidate working through the recruitment process. It has been two years since Dr Anthony McDonald retired and the people of Rathmore have been without a proper full time GP services for this period.

CHRISTMAS LIGHTING Last year many mentioned how Rathmore looked like it had very little Christmas sparkle. We are pleased to say that funding, with thanks to Kerry County Council's Community Support Fund 2016, is available and we have been able to start purchasing Community Christmas Lights! We hope to build on these lights and add a little more cheer each year. As always we want to get as much value as we can. If there are any businesses or individuals who would like to help us fund a few more sparkly bits then speak up. Come talk to Brian Kelly or any member of Rathmore Community Council. Send us a message via Facebook or call on 086 8339506. For more Details check out Rathmore

Community Council Facebook page for more updates.

MILLSTREET CHRISTMAS MARKET: Sunday 27th November between 12 noon & 5.00p.m. Stalls still available contact Catherine on (087) 2248432

SLIABH LUACHRA CCE: Well done to all our competitors who took part in Ceol an Gheimhridh on Saturday last in IT Tralee.

RATHMORE GAA CLUB.

Wedding Bells: All in Rathmore GAA Club would like to congratulate Eoin Casey & Siobhan Moriarty who were married recently in America, wishing them both health, happiness in their future life as Mr & Mrs.

THE DONAL CASEY TOURNAMENT: Rathmore v Duarigle Gaels, was played last week under lights in Rathbeg it was a close encounter by two very good sides, the game was played in a very sporting manner, Duarigle Gaels got off to the better start and led 1-04 to 0-04 at halftime. Rathmore got to grips of the game mid-way through the second half, with some lovely points been scored, but unfortunately as the saying goes goals wins goals it was Duarigle who got two on this occasion final score Rathmore 0-11 to Duarigle Gaels 2-07. Thanks to both teams and management, Gneeveguilla GAA Club, and Rathmore Credit Union who sponsored the tournament.

TOWN & VILLAGE RENEWAL SCHEME: Danny Healy Rea TD. and Maura Healy Rea MCC. are extremely glad that funding has been provided to the Gneeveguilla under the Town and Village Renewal scheme. Gneeveguilla has received a grant of 42,222 euro and Kerry

County Council contribution of 7,788euro.

RECENT DEATHS: Sympathy to families & friends of following

Kathleen O'Keeffe, (née Falvey) Cullen, Cork & Gneeveguilla & Paddy) Nagle, Ballinamanagh, Kilcummin, Killarney, & Martin Duggan. Nora Moynihan, Barraduff & Kildare. Banard, Gneeveguilla, and Paud Moynihan, Leixlip, Kildare & Rathmore, Who deaths were last week May they rest in peace,

SEAN MOYLAN COMMEMORATION: 50th Annual Sean Moylan Commemoration on this Sunday 20th November at 12noon at Kiskeam cork. The Mass for Sean Moylan and his deceased comrades will be celebrated in the church of the sacred heart at 12noon by Rev Jim Kennelly. Mass will be followed by a Parade to the graveside Led by Cullen pipe band and the colour party of the Sean Moylan Fianna Fail cumann. A Wreath will be laid at the grave of Sean Moylan and a decade of the Rosary will be recited by Donal og O' Leary. This year's oration will be given by Michael Martin TD, Leader of Fianna Fail. Everyone welcome.

PEDESTRIAN CROSSING FOR RATHMORE

A Rathmore woman with a disability is leading campaign for a pedestrian crossing in Rathmore Town for the safety the young and old she wrote to Cllr John Sheahan asking for a pedestrian crossing to be put place from Hickey's Centra shop & Applegreen Petrol station. Cllr John Sheahan is to raise the issue at next Killarney Municipal District Meeting. Cllr Sheahan says the route is busier than ever and residents and parents are concerned for they safety.

KILCUMMIN NEWS

SYMPATHY: Sympathy is extended to the family of the late Paddy Nagle, Ballinamanagh who died recently. May he rest in peace.

PARISH NEWSLETTER: Kilcummin Parish newsletter can now be viewed on dioceseofkerry.ie/parishes

KILCUMMIN CHRISTMAS CRAFT FAIR: The Fair will be held on Saturday 10th December 6.30 - 8.00pm and Sunday 11th December 9.00 - 12am. Crafts include Christmas Wreaths, Home baking (Christmas cakes, brown bread, apple tarts, porter cakes, cupcakes), Jam preserves. Crochet hats and Wood craft. A Hamper and spot prizes will be raffled on the day and All Proceeds from the raffle going to Palliative Care - Kerry.

DEFIBILATOR GROUP: Quiz Night in the GAA Club House November 24th at 8pm. €40 for table of four. Contact Derek O'Leary 087 1146677.

KILCUMMIN LOOKING GOOD: Clothing Collection Fundraiser will be held on the

26th/27th of November, before and after Masses outside the Recreational Hall. Your support is much appreciated.

IRISH HEART FOUNDATION: Thank you to everyone who donated to the Irish Heart Foundation church gate collection last weekend, €345.10 was raised.

CEOL AN GHEIMHRIDH: Congratulations to all our competitors who took part in Ceol an Gheimhridh this weekend. The Kilcummin results are as follows: U.13 English Singing 2nd Ruth Moynihan. 13-17 English Singing 1st Shauna O'Leary. 1st U.13 Ladies Set, 1st U.13 Mixed, 1st U.17 Ladies. 1st U.17 Mixed. Well done to all and a special thanks to singing teacher Martina Ryle O'Sullivan and Set Dancing trainer Adrian Moriarty. All winners will now go forward to the Munster Final in the New Year.

CONGRATULATIONS: Congratulations to our junior members who are participating in The Late Late Toy Show with the Murphy-Sheehan

School of Dancing.

KILCUMMIN GAA CHRISTMAS DRAW: Tickets are still on sale for our annual juvenile Christmas draw and can be purchased at the club bar and the post office. All tickets must be returned by the 27th November. Please support the club draw to support your club team.

NATIONAL CLUB DRAW / FUNDRAISER

Kilcummin GAA Club launched their participation in the National Club Draw on Sunday last in the Clubhouse. Members will be visiting each house in the coming weeks and are hopeful that the draw will be well supported. The entire proceeds from this fundraiser will go to developing and maintaining playing pitches which are overworked due to the large numbers using these facilities during the last few years. The tickets are just 10 Euro and there is a fantastic array of prizes as well as three yearly lotto tickets for the local fortnightly lotto draw.

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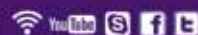
Saturday 17th December

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FOSSA NOTES

LOTTO: Numbers drawn were 3, 21, 25, 26. There was no jackpot winner.

SENIORS: Our seniors playad Na Gael in the Division 4 County League final on Sunday in Milltown. This was a very exciting affair with the outcome in the melting pot right to the end. Fossa started well with points from Donald O'Sullivan and Tadhg O'Shea, then in the 8th minute, Colin Myers pulled off an outstanding save from Ian McCarthy as he looked certain to score for Na Gael. Kevin McCarthy kicked a great point from distance but Na Gael were always dangerous and lead by three points after 15 minutes. Fintan Coffey was having a storming game in the middle of the pitch and kicked a fine score in the 21st minute, this was our best period of the game and soon afterwards Paudie Clifford scored a great goal following a quick break from the defence. The same man was on hand in the last minute of the half to score another brilliant goal after some great work by Daniel O'Keeffe, this left Fossa in the driving seat at half time on a score of 2-05 to 0-07. In the second half, Na Gael took over and controlled proceedings from the start and had reeled off five points without reply after 10 minutes. While Fossa defended heroically,

they were finding it difficult to penetrate a very organized Na Gael defence and the fact that our only two scores in this half came from frees by Tadhg O'Shea tells its own story. Perhaps they were feeling the effects of their effort in winning last week, they had a chance right at the end of a goal but it wasn't to be and Na Gael held on to win on a scoreline of 0-15 to 2-07. While they will be disappointed to have lost this one, both players and management can look back on a magnificent and historic year for Fossa GAA Club. They have been promoted to Division 3 of the County league, they won the Fr. Galvin Cup and they are County Junior Champions for the first time in the history of the club. They have given their supporters some memorable days out and hopefully they can continue to build on the success of this year in the coming season.

FOSSA/TWO MILE COMHALTAS: Come along to a music and singing session for young musicians and singers in the Travel Inn Fossa on Saturday 26th November, 5 - 6pm.

SENIOR SCÓR: Anyone wishing to take part in Senior Scór, which will take place sometime in New Year, are asked to contact Theresa Kissane on 087 6816169 as soon as possible.

FOSSA GOLF SOCIETY: Fossa Golf Society had our Christmas Hampers outing to Waterville golf links on Saturday. The course was in great condition and the weather stayed fine all day. Best on the day was Mark Bowe who came away with first prize with a fantastic score of 42 points. In 2nd place was Seamus Kelly, 3rd Paddy Looney, 4th Pat Chawke, 5th Teddy O'Sullivan and 6th Pat Clifford. Front 9 was won by James Curran and back nine by Rory McCan. The outcome of Golfer of the Year was also decided at the outing and this went to our Captain John O'Mahony after a titanic battle with James Curran all season. The presentation of prizes was held in the Golden Nugget on Saturday evening along with the society AGM. At the AGM Stuart Graham was elected Captain for 2017 and Mick Clifford elected President. We'd like to wish them both well for the coming year.

The society would like to say a big thank you to Kelly's Londis Milltown for their generous sponsorship of the hampers and to all the staff at Waterville for a fantastic day out.

For more information on Fossa Golf Society check out www.fossagolfsociety.com

GLENFLESK NOTES

GLENFLESK LOTTO: No winner of the lotto which took place in The Corner House on 7th November. Jackpot - €2,600. Numbers were 5, 9, 14, 21. 1. (Yearly ticket) Donie Buckley, Crosstown. 2. Joan Doherty, Lisnagrove (sellers prize) Spillanes. 3. Tim Cooper, Droum.

4. Jim Sullivan, Barraduff. 5. Erin Crowley, Coachford, Co. Cork. The next draw will take place in the Kerryway on 21st November and the Jackpot is €2,800.

GLENFLESK SCOR NA NOG: Congratulations to our Ballad Group of Alicia and Alison Cronin, Aileen Healy, Maeve Tangney and Sinead Gleeson who won the Co Final of Scor na nOg in Killorglin and now go on to represent Kerry in the Munster Semi Final in Cashel in December 11th. Also doing the club proud

were the Instrumental Music Group of Liadh and Peter O'Sullivan, Alicia Cronin, Aileen Healy and Kate Lynch who won second place and narrowly missed out on victory but performed beautifully. Well done to all involved and we wish the Ballad Group every success in the Munster Semi Final.

BARRADUFF COMMUNITY FIELD ORGANISATION: We are having our 31 card game on Friday November 25th in the Corner Bar at 7 30pm. Entry is €20 with prizes of cash, hampers and more.

BARRADUFF TIDY VILLAGE GROUP: Thinking of what to buy your loved ones abroad this Christmas? Think no more! Send them a little book of home this Christmas €10.00 per book and €6.00(P+P) Worldwide. Make it someones

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RAHEEN N.S.: Congratulations to Colette O'Shea who had the winning lotto no. 47 on Saturday the 12th of November.

KIDS BAKING CLASSES: Kids baking days in Glenflesk - have fun making gingerbread men/girls, snowflake cookies, chocolates and gifts, classes running on Saturdays starting from 26th November. For more information contact Kate 087 6104193

CONTACT: We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.

SPA NOTES

HOP BALL: A great night at the Torc Hotel with Dublin and Kerry GAA stars Brian Fenton, Ciaran Kilkenny, Darran O'Sullivan and Donnchadh Walsh sharing the stage with some of our Spa players to proudly don the Green and Gold over the years! Brilliantly hosted by Dara O'Conneide with MC Jim Gleeson, and sponsored by Simply Suits Killarney. Well done to the organising committee of Ivor Flynn, Mike O'Donoghue, Andrew Garnett, Tadhg Hickey and John O'Donoghue and a BIG thank you to everyone who supported this event, a vital fundraiser for our Coiste na nOg.

SCOR NA NÓG: Congratulations to our dancers and quiz team who became County

champions last Friday evening in Killorglin for their 5th in a row Co final. Both figure and set dancers progress to the Munster semi-final in Cashel on 11th Dec.

Tráth na gCeist team will represent Kerry in the All Ireland in Belfast in February.

LATE LATE TOY SHOW: Congratulations to our All Ireland winning u15 Mixed Set CCE Spa Cill Airne Fleadh team that will be performing on the Fantastic Late Late Toy Show on December 2nd. Huge excitement tonight in Spa when trainers Triona And Mairead Mangan told them the great news. Also thanks to Noreen O'Sullivan for submitting the entry. A great way to end the year.

UPCOMING FIXTURES: O'Donoghue Cup Semi Final Spa v Rathmore home Saturday November 19th at 2pm.

EK U21 Championship Sunday 27th November at 12 noon v. Glenflesk away.

LOTTO: in McSweeney's Numbers drawn 9,12,14,19 No winner.

SPA MERCHANDISE: Contact Mathilda for new range of fantastic gear 087 6487356. Great Christmas gift.



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December
2nd, 3rd, 4th, 9th,
10th, 11th, 16th-23rd
Fri 2pm-6pm
Sat/Sun 12noon-6pm





CELEBRATING THE 25TH ANNIVERSARY OF THE OPENING OF THE AQUILA CLUB LEISURE CENTRE IN THE GLENEAGLE HOTEL ON SATURDAY WERE SHONA AND JAMES BROSNAN, KILLARNEY WITH HELEN, GAVIN AND ADRIAN FITZGERALD, KILLARNEY. PHOTO DON MACMONAGLE.



CELEBRATING THE 25TH ANNIVERSARY OF THE OPENING OF THE AQUILA CLUB LEISURE CENTRE IN THE GLENEAGLE HOTEL ON SATURDAY WERE ALLISON AND AISLING SCHRAEWER, FAHA AND ELAINE, NAOIMI, NELL AND SAMUEL MOORE FROM MUCKROSS. PHOTO DON MACMONAGLE.



PICTURED AT DR CROKES PITCH FOR THE MUNSTER SEMI FINAL SENIOR FOOTBALL FINAL AGAINST TIPPERARY'S LOUGHMORE WERE L-R SARAH REIDY, LIADH BEAZLEY, JULIE DELANEY, CAELYN O'GRADY & ELLEN O'GRADY. PICTURE MARIE CARROLL-O'SULLIVAN.



ENJOYING THE DR CROKES V LOUGHMORE MUNSTER SEMI FINAL AT DR CROKES GAA GROUNDS WERE L-R KEELYN O'LEARY, RHEA O'SULLIVAN & ABBIE O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN.



ENJOYING SPA GAA'S HOP BALL EVENING AT THE TORC HOTEL WERE L-R ANTHONY KENNEDY, LEANNE CRONIN & AARON FARRELL. PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT THE TORC HOTEL FOR SPA GAA'S HOP BALL EVENING WERE L-R CAIT O'SULLIVAN D'ARCY, MIRIAM O'SULLIVAN D'ARCY, BRIGITTE O'SHEA WHELAN & DEIRDRE O'SULLIVAN D'ARCY. PICTURE MARIE CARROLL-O'SULLIVAN.



YOUNG MUSICIANS FROM KILCUMMIN WHO ENTERED IN THE CEOL GEIMHRAIDH MUSIC COMPETITION ON SATURDAY AT ITT TRALEE NORTH CAMPUS REBECCA O'LEARY, RUTH MOYNIHAN, SHAUNA O'LEARY AND LIAM KERRISK PHOTO JOE HANLEY



MARIE O'RIORDAN AND PHILIP MC GOVERN PHOTOGRAPHED WITH THEIR BRIDAL PARTY, THE COUPLE WERE MARRIED IN ST. MARYS CATHEDRAL AND CELEBRATED WITH FAMILY AND FRIENDS IN THE MALTON HOTEL. PHOTO MICHEAL O SULLIVAN WWW.OSULLIVANPHOTOGRAPHYIRL.COM

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Friday Nov 25th @ 6.00pm

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The Christmas lights come on at 6.00pm sharp to start the Magic Parade

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Christmas in Killarney

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WHEN A RELATIONSHIP BREAKS UP

The ending of a relationship can be a very painful time – whether you are the one who has ended the relationship or not. It may have come as a great shock – which can be very upsetting. Even if it had been coming for a while, the grief that accompanies a break up can be devastating. Following a break up we may feel overwhelmed with feelings of loss, grief, anxiety, loneliness, guilt and sadness and it may feel as if our lives will never be the same again. We may find that we have one good day, only to feel flooded with sorrow the next. This is very natural and part of the grieving process. If we were the one to end the relationship we may experience feelings of guilt, loneliness, sadness and/or relief. Whatever you are feeling, it is important to allow yourself time to grieve. Healthy grieving means experiencing our feelings, whatever they may be. Gradually we come to accept the loss and re-adjust to a life without that person. It can be difficult to move that person from being at the centre of your life to somewhere peripheral. This is made all the more challenging if you have children together or work in the same office. Minimal contact – however tough – is advisable.

At times grief can feel like a physical pain – so working with our body can help to release the sadness. Gentle movements such as stretching, walking dancing, yoga, massage or tai chi can all help our mind and body to express our grief.

Although your grief may feel very intense it will change over time. It is important to remind yourself that the heartbreak will heal. Gradually you will begin to notice that you're not checking your phone as much anymore, you have a night out where the sadness isn't present or you're not crying all the time. It is vital to notice these changes – as no matter how small they may seem – they signal change and herald a new beginning.

Grief can be a very isolating experience, so it is important to seek support and reach out to others. You may choose to talk to friends or consider speaking to a counsellor to help you through this time. Remember you don't have to go through this alone. Other great sources of support include spending time with family, walks in nature, pets, reading a good book, watching a movie or going to the gym.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide.** info@kerrylifeline.com To make an appointment call 064 6636416.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.



TAX Matters with



CAPITAL ACQUISITIONS TAX

Capital Acquisitions Tax comprises Gift Tax, Inheritance Tax and Discretionary Trust Tax. Gift tax is charged on taxable gifts taken (other than on a death) on or after 28 February, 1974 and Inheritance Tax is charged on taxable inheritances taken (on a death) on or after 1 April, 1975.

Rates of Tax and Thresholds applicable

The standard rate of tax is 33% in respect of gifts and inheritances taken on or after 6th December 2012.

Reliefs and Exemptions from Capital Acquisitions Tax

There are a number of reliefs available in relation to Capital Acquisitions Tax, including Business Relief, Agricultural Relief, and Favourite Nephew Relief. Exemptions may apply to certain classes of property and to certain classes of individuals.

The Pay and File date for CAT is the 31 October. Therefore all gifts and inheritances with a valuation date in the 12 month period ending on the previous 31 August will be included in the return to be filed by 31 October.

Thresholds for Capital Acquisitions Tax

For the purpose of Gift and Inheritance Tax, the relationship between the person who provided the gift or inheritance (i.e. the donor) and the person who received the gift or inheritance (i.e. the beneficiary), determines the maximum tax-free threshold - known as the "group threshold".

Group Thresholds Applicable for Capital Acquisitions Tax from 12 October 2016

	Group A	Group B	Group C
Relationship to Donor	Son/Daughter	Parent*/Brother/Sister/ Niece/Nephew/Grandchild	Relationship other than Group A or B
Group Threshold	€310,000	€32,500	€16,250

On or after 12/10/2016

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ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN

SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



On the Box

EASTENDERS

Mon: Phil makes a confession to Ronnie, Whitney confides in Johnny and Patrick decides to help Dot.

Tues: Phil and Billy have a heart-to-heart, Kathy has a grand idea and Kyle is offered a job aboard.

Thurs: Billy has a bad day, Kyle is in turmoil about his job offer and Whitney and Lee struggle with their marriage.

Fri: Denny confides in Phil, Whitney reaches her limit and Dot finally goes to see the doctor.

CORONATION STREET

Mon: The net is closing in on Phelan, Gemma is upset and she's taking no prisoners and Tracy thinks Daniel is hiding something.

Wed: Nick is upset by Peter and Leanne, Daniel is behaving suspiciously and Phelan's lies are unravelling.

Thurs: The truth is out about Phelan, Tracy makes a stunning discovery and Cathy wants a big wedding.

Fri: The Barlows are in turmoil, Brain is plotting against Sean and a sad and shocking event rocks Weatherfield.

Concert

LIAM LAWTON

O Holy Night

Castleisland Parish Church, Co. Kerry

Monday 5th December 2016

With special guests:

Castleisland Parish Choir and Brosna Musicians

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Information from Castleisland Parish Office **066 7141241**
or email **castleisland@dioceseofkerry.ie**

ANTIFREEZE

WHAT DOES IT DO AND WHICH SHOULD YOU USE?

Making sure that you've got the correct anti-freeze in the right concentration is critical to the health and well-being of your engine.

The coolant capacity of modern systems is smaller and the operating temperatures and pressures higher, while greater use of lightweight materials such as aluminium increases the risk of corrosion.

As a rule of thumb, only about 28% of the thermal energy released by burning fuel in the engine is available for driving the car.

- About 7% is used to overcome friction in the engine, drive train, tyres etc.
- Another 35% disappears out of the exhaust, and
- The remaining 30% has to be removed by the coolant or the engine block would go into melt down.

Engines are constructed from several different metals and it's important to prevent corrosion and scale build up in the cooling system at normal operating temperatures. Around 60% of engine failures can be attributed to cooling system problems.

Antifreeze is multi-functional and vital to the correct operation of the engine. A modern coolant/antifreeze needs the following features:

- Corrosion prevention
- Excellent heat transfer
- Protection from freezing
- Prevention of scale build up
- Compatibility with hard water
- Stability at high temperature
- Compatibility with plastics and elastomers used in the engine
- Low foaming

COOLANT EXPANSION TANK

Since around 1930 the necessary freeze protection and heat transfer has been provided by mixtures of water and ethylene glycol. This is available in large quantities from the petrochemical industry and has the added advantage of raising the boiling point of the mixture.

More recently propylene glycol has been introduced as a less hazardous alternative to ethylene glycol although this is much more expensive and some manufacturers have been

reluctant to use it.

The important recent technical advances have been in the field of corrosion prevention, hard water compatibility and control of scale build up. Engine design has changed to improve fuel efficiency and lower emissions as well as reducing weight and costs. These demands have made engine operating conditions even more severe, so that much more is required from the cooling system.

The coolant/antifreeze used at first fill is chosen by the vehicle manufacturer as the most suitable. Subsequent service top ups or renewals should use a product meeting the original specification so the vehicle warranty is not affected.

Beyond the warranty period, it is still best to follow the vehicle manufacturer's recommendation, however the coolant/antifreeze used should at least meet minimum specifications such as BS6580:2010 or ASTM D 3306. These are national standards that provide a basic level of performance for cars and light vans.

The concentrate is diluted with water prior to use and to ensure adequate cooling system protection a concentration of between 40% and 50% (by volume) is recommended. It's important to remember that vehicle cooling systems are sealed and, under normal circumstances, should not need topping up. If the coolant level in the radiator expansion tank

drops, the cooling system should be checked fully.

Developments in coolants have led to the introduction of Organic Acid Technology (OAT). The corrosion inhibitors in OAT products last much longer in service than those in traditional antifreeze and are usually only changed every 5 years.

In spite of improvements in the quality and life expectancy of the products there are many older vehicles which still use traditional antifreezes and these must be renewed every 20,000 mile or 2 years. These coolants are cheaper than the longer life technologies and, although they do not achieve the same corrosion protection performance at the higher temperatures generated in modern engine cooling systems, they should at least meet recognised national standards e.g. BS6580:2010 or ASTM D3306.

WATER QUALITY

Although tremendous progress has been made in improving the performance of modern day antifreeze/coolants there is still one factor that can reduce their effectiveness – the quality of the water used for dilution! High levels of calcium and magnesium in tap water, that cause furring of kettle heater elements, can also lead to deposits and scale build up in the engine cooling system. If you are in a hard water area it is advisable to use distilled or deionised water in the cooling system rather than tap water.





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BRIAN FENTON, DARA O CINNEIDE AND CIARÁN KILKENNY AT SPA GAA'S HOP BALL FUNDRAISER AT THE WEEKEND.

GNEEVEGUILLA GAA

LOTTO: 5, 10, 24, 30. No jackpot winner next weeks jackpot €6,250.

CHRISTMAS FLOWER ARRANGING:

Ladies Committee Presents, a night with our Local Florist Breda Nagle - Design your own Christmas Floral arrangement on Tuesday 13th December at 8.30pm. Places limited please contact Noreen 0861210354 / Kathleen 0877606616 before 30th November

MASS: For the deceased club members will be held in Gneeveguilla Church on Friday 25th November.

GAA: Gneeveguilla seniors were defeated by Dr Crokes in the O'Donoghue cup semi final.

Thanks to players team management and everyone who helped and supported our senior team this year.

GNEEVEGUILLA GAA AGM: Friday 2nd December at 8pm sharp.

GNEEVEGUILLA MINORS: Played Dr Crokes in East Kerry Championship on Sunday morning in Gneeveguilla. Gneeveguilla opened the scoring with Brian Brosnan and Jamie Brosnan both scoring inside the first two minutes. Dr Crokes fought back and a goal from Shaw low into the corner got Dr Crokes right back into the game. Crokes kicked the next three points unanswered before Gneeveguilla fought back. Points from JJ Herlihy and John O'Leary free kept Gneeveguilla in contention. Gneeveguilla midfielder JJ Herlihy rose highest for a kick out a fed a perfect pass to Thomas Fleming who hammered the ball into the Crokes net. A free from Naughton was cancelled out by Jamie Brosnan and John O'Leary points to give Gneeveguilla the half time advantage at 1-07 to 1-04.

Gneeveguilla started the second half brightly and kicked four unanswered points. Dr Crokes found their rhythm again and Jerry Cronin was forced to make a point blank save from Shaw. Dr Crokes were not to be undone however as Courtney played a long ball into Griffin who shot low into the bottom of the net. Patrick Warren fisted a ball over the bar to steady

things for Gneeveguilla but Naughton and Courtney were able to get the vital scores to level things at full time 1-12 to 2-09.

Gneeveguilla came out in extra time and Jamie Brosnan and Jack Cremin kicked the opening scores. Crokes then won a penalty on the stroke of half time extra time and Courtney stepped up a put the ball low into the right hand corner to make it 1-15 to 3-10. As the second half of extra time wore on both teams tried to get the vital score to win the game and Dr Crokes were the team to get a goal as the ball trickled into the net after a goal mouth scramble. Gneeveguilla responded with a John O'Leary point but referee Jimmy O'Shea of Glenflesk blew the final whistle and Dr Crokes advanced on a scoreline of Gneeveguilla 1-16 Dr Crokes 4-11.

EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

AQUILA CLUB O'DONOGHUE CUP

SEMI FINAL: The second semi final in the O'Donoghue Cup, East Kerry Senior Championship, sponsored by The Aquila Club, Gleneagle Hotel, sees reigning champions Rathmore take on Spa, next Saturday, the 19th November 2016 at 2pm in Fitzgerald Stadium. There will be extra time if necessary. Rathmore, being one of last years finalists, had a bye to the quarter final where they proved too strong for Currow. Spa reached the semi finals with a 4 point victory over Scartaglen and a goal was the difference in their quarter final game against last years finalists, Killarney Legion. A man of the match award, of a years membership of the Aquila Club, Gleneagle Hotel, will be presented immediately after the semi-final. The winner meets Dr Crokes in the Final, on Sunday 4th December at 2pm in Fitzgerald Stadium.

TATLER JACK EAST KERRY MINOR A CHAMPIONSHIP SEMI FINALS

FIRIES 3-12 CURROW 1-10: Currow hosted Firies last Saturday in the first of 2 Tatler Jack East Kerry Minor A Championship semi finals.

Firies got off to a bright start, notching up 4 points without reply (Shane O'Donoghue, Jake Flynn, Niall O'Donoghue and Kieran Flynn). Currow's John Mc Mahon replied with 2 points in quick succession. However, Jake Flynn quickly rattled the Currow net, increasing their lead 1-4 to 0-2. Currow fought back and notched up points Jack Daly, Jack Griffin, Adam Manley and Luke Fitzgerald on target. A scatter of points and two Firies goals, just before half time from the boots of Niall O'Donoghue and Kieran Flynn gave the visitors a comprehensive lead at the break: Firies 3-07 to 0-7

On resumption, the introduction of Jack Scanlon to the Currow full forward line, reaped dividends. The home side added 3 points, from John Mc Mahon and a Jack Scanlon goal to their tally. However, the Firies lead was too great to bridge and further points from Shane Kennedy, Donocha O'Sullivan and Daragh O'Donoghue sealed their passage to the final. Full time score: Firies 3-12 Currow 1-10.

Referee: Brendan Brosnan (Glenflesk)

DR CROKES 4-11 GNEEVEGUILLA 1-16

(AET): Gneeveguilla and Dr Crokes served up a great game last Sunday in the second semi final of the Tatler Jack East Kerry Minor A Championship. Gneeveguilla opened the scoring within 2 minutes with points by Brian Brosnan and Jamie Brosnan. Dr Crokes fought back with a David Shaw goal, low into the corner of the net. Dr Crokes kicked the next three points unanswered before Gneeveguilla fought back. Points from JJ Herlihy and John O'Leary free kept Gneeveguilla in contention before midfielder JJ Herlihy rose highest for a kick out, fed a perfect pass to Thomas Fleming who hammered the ball into the visitors net. A free from David Naughton was cancelled out by Jamie Brosnan and John O'Leary points gave Gneeveguilla the advantage at half time: 1-07 to 1-04.

On resumption, Gneeveguilla pulled further ahead, kicking four unanswered points. However, Dr Crokes found their rhythm again and Jerry Cronin was forced to make a point blank save. Dr Crokes were not to be undone and Courtney played a long ball into Griffin who shot low into the bottom of the net. Patrick Warren fisted a ball over the bar to steady things for Gneeveguilla but Naughton and Courtney were able to get the vital scores to level things at full time 1-12 to 2-09.

Gneeveguilla again started strongly in extra time and led with points from Jamie Brosnan and Jack Cremin. However, Dr Crokes took the lead by the minimum on the stroke of the break, with a well taken penalty - Courtney put the ball low into the right hand corner 3-10 to 1-15. As the second half of extra time wore on both teams tried to get the vital score to win the game. After a goal mouth scramble, the ball went over the line for a Dr Crokes goal, to lead by 4. Gneeveguilla responded with a John O'Leary point with the last kick of the game and Dr Crokes advanced to the final - Dr Crokes 4-11 Gneeveguilla 1-16.



Referee: Jimmy O'Shea (Glenflesk).

EAST KERRY U21 CHAMPIONSHIP QUARTER FINAL

RATHMORE 2-8 KILLARNEY LEGION

2-7: Rathmore came out on top of this keenly contested quarter final in the East Kerry U21 Championship, in Derreen, despite playing the majority of the game a man light. A red card just ten minutes into the first half, preceded a spell of Legion dominance and Rob Leen's goal had them 1-4 to 0-2 up as the period drew to a close. A fortuitous goal by Rathmore goalkeeper Shane Ryan put his side back in contention, his long range free dropping into the Legion net. Score at the break: Killarney Legion 1-5 Rathmore 1-2.

The home side kept Rathmore at arm's length for much of the second half and with the man advantage it appeared as though they had the edge. However, Rathmore kept plugging away and Mark Nagle slipped his marker to tuck away a lovely goal and give his side a one-point lead. Rathmore kicked the next two scores to extend their advantage to three as the clock ticked down and Killarney Legion needed a goal. The home side got their goal, when a ball broke in the box and a defender booted the ball against Legions Conor Culloty and into the net. It looked like extra time was looming but Rathmore won a free 50 yards out to the right of the posts. The referee made it clear that if the kick dropped short, time was up. Up stepped Rathmore midfielder, Donnacha McCarthy, to fire over a monster score with the outside of his right, ensuring victory for Rathmore. Final score: Rathmore 2-8 Killarney Legion 2-7.

Referee: Denis O'Sullivan (Scartaglen)

This result means that Rathmore are away to Dr Crokes in the East Kerry A Championship Semi Final, while Legion have a bye to the B Final, on the 4th December against the winners of Gneeveguilla V Furies, the previous Sunday.

WELL DONE SCÓR N NÓG COUNTY

FINALS: Well done to all the participants from East Kerry clubs, who performed so well and did their families, clubs and East Kerry proud in the County Scór na nÓg Finals last Friday. The East Kerry Clubs results were as follows: Spa – 1st: Figure Dancing, Set dancing & Quiz and Best Overall Club Trophy. Glenflesk – 1st Ballad Group; 2nd Instrumental Music. Gneeveguilla – 1st Solo Singing (Mark O'Leary). Furies – 1st Recitation (Cian Sheehan). Kilcummin – 4th Quiz. Congratulations to the winners who progress to the Munster Semi Finals, in Cashel on the 11th December. Go n-éirí and t-adh libh.

CONGRATULATIONS: Congratulations to Dr Crokes team and management on winning the Munster SFC Semi Final and the very best of luck in the Final. Go n-éirí libh.

CUMANN NA MBUNSCOIL: The county semi finals of the urban schools took place during the week. Fossa NS played Gaelscoil Mhiceasmáinn NS in a fantastic open game of football. Both sides led at some stage during this hard fought encounter. The teams finished

level at full time with Fossa NS edging out a gallant Gaelscoil Mhiceasmáinn NS team in a frantic finish to the match. St. Olivers NS team played Ardferf NS in the semi final of the county competition. The game was played at a high tempo all through with both teams having periods of dominance. St. Olivers NS survived a nervous final few minutes to reach the final with a superb team display. Best of luck to both schools in the final on Thursday in Austin Stack Park. Knockanes NS play Bulian Siar NS in the three teacher final on Thursday in Austin Stack Park. This will be a great tussle between two well matched teams. Defending a county title is never easy but the Glenflesk school team have shown great resolve to reach this stage. Best of luck to the management and players.

FIXTURES

Saturday 19 November 2016

O'Donoghue Cup East Kerry SFC Championship, sponsored by The Aquila Club, Gleneagle Hotel Semi Final. Rathmore V Spa.

Venue: Fitzgerald Stadium at 2pm.

Extra time if necessary.

Sunday 20 November 2016

East Kerry Minor Championship, sponsored by The Tatler Jack. A Final – 2pm. Dr Crokes V Furies C Final – 12 noon.

Cordal/Scartaglen V Rathmore.

Extra time if necessary. Neutral Venues TBC.

BEAUFORT GAA NEWS

BEAUFORT MINORS: Sponsored by Harpoon Connect took on Glenbeigh/Glencar/Cromane in the Mid-Kerry Championship in Cromane on Saturday.

An excellent goal by Ciarán Kennedy in the second minute set the tone for the first half which Beaufort completely dominated. With Mike Breen and Ian McGillicuddy playing well at midfield, Beaufort's forwards kicked some good scores and a second goal after a great run by Cormac O'Connor saw Beaufort lead 2-10 to 0-2 at half-time. Glenbeigh/Glencar/Cromane started the second half well, with Caolim Teahan, Caoilte Purcell and Dara Casey winning possession and they narrowed the gap, but Beaufort finished strongly with Paudie Coffey and Liam Curran to the fore and were comfortable winners on a scoreline of 2-14 to 0-8.

FIXTURES: Our Seniors sponsored by Maurice Foley of MF Decorating travel to Keel for the replay of the Mid-Kerry Championship Round 1 game on Sunday next at 2.00pm.

U16 Boys sponsored by Killarney Credit Union are home Milltown/Castlemaine, Saturday, 19th at 2.30pm in round 3, Mid Kerry Under 16 Competition

EXERCISE CLASSES: For November/December in Clubrooms will be: Core and Pilates - Thursday mornings - 9.30am - 10.25am. Active Retired over 50's exercise Friday mornings - 11am-11.55am.

Athletic Pilates - Wednesdays - 7.30pm - 8.25pm. Mixed class Core and Pilates-Thursdays

- 7.45pm - 8.40pm. Ladies Pilates and core-Fridays-7.30pm-8.25pm.

LOTTO: Sunday, 13th November for jackpot of €2,200. Numbers drawn: 4, 15, 22, 28. No jackpot winner. Consolation Prizes: €80 Siobhán Moriarty, Gap of Dunloe, €50 Josie O'Sullivan, Cappaganeen, Ann Marie O'Connor, Shanavalla, Diarmuid O'Sullivan, Killarney. Next draw for jackpot of €2,400 will be in Galvin's Bar on Sunday, 27th November.

MILLTOWN CASTLEMAINE GAA NEWS

SYMPATHY: Our club sends sympathy to Tess O'Reilly and her family, Callinafercy, on the recent death of her sister Maureen and brother in law Colm. May they rest in peace.

MINORS: Well done to our minor team on their fantastic win over Ardferf in the Central League Division 2 Final - on a score line of 4:11 to 3:12. It was an excellent team performance - many thanks to Paul and all the management team for their dedication to this group of players. Well done in particular to the under 16 players who stepped up to the mark.

RACE NIGHT: Our clubs annual fundraising Race Night is scheduled for Saturday December 10th in The Plough Bar, Milltown- Fundraising has long been an important activity for GAA Clubs. As our club continues to develop facilities and provide opportunities for Gaelic Games to be played in our local community, there are ever increasing demands on club finances. As you may be aware the club is in the continuous process of modernising the facilities at the Paddy Burke Memorial Park, Milltown.

Our Gaa Club caters for twelve teams at various grades, as well as facilitating the Primary and Secondary schools and the Milltown/Listry Ladies Football Club. In August, Milltown Castlemaine GAA Club ran a very successful Stars of the Future Camp, with over 85 children attending. To continue to offer these facilities and further develop them, we are embarking on a major fundraiser - A Video Horse Race nite. It has been a wonderful success in the past and we hope this year will be even better. The club are seeking your valued support in race sponsorship: Full Race Sponsor - €200 or a Half Race Sponsor - €100. You can also purchase a horse for €50. Sponsors will receive a full page advertisement in the race programme as well as being publicly acknowledged on the night. They will also receive exposure on the club's Facebook Page.

If you want to enjoy a pre festive night out, why not come along to our Video Horse Racenite - in The Plough Bar on Saturday December 10th 2016. Finger food will be served and Tote Betting will be available on the night.

There will also be prizes for best dressed lady and gent. Please contact any of the club executive should you wish to advertise your business in our Race Night Programme, sponsor a race or invest in a horse for a race.



PICTURED AT DR CROKES FOR THE MUNSTER SEMI FINAL AGAINST LOUGHMORE WERE L-R MIRIAM BROSNAN, ISOBEL DENNEHY, SEAN BROSNAN, SAM DENNEHY & ALEJANDRA SANCHEZ. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

LOTTO JACKPOT: With our Lotto Jackpot at €11,800 - now is an even better time to play our GAA lotto and try your luck! Between now and Christmas - match 3 lucky numbers and you could win or share €500. There will also be the usual consolation prizes. Our next draw is Friday November 18th 2016 in The Plough Bar, Milltown. It could be you! Special thanks to Mike O'Shea and sons, builders Farran who generously sponsor the printing costs of our Lotto tickets.

Tickets for the lotto are available from our regular sellers and business outlets.

Míle buíochas to all those who continue to support our Lotto draw.

LEGION GAA

U-21 EAST KERRY CHAMPIONSHIP:

Rathmore came out on top of this keenly contested quarter final in Derreen despite playing the majority of the game a man light. Legion had a strong-looking team out with the likes of Cian Gammell, Donal Lyne, Jack O'Neill, Rob Leen, Conor Keane and Conor Culloty all in the starting line-up. A red card for a Rathmore forward just ten minutes into the first half preceded a spell of Legion dominance and Rob Leen's goal had them 1-4 to 0-2 up as the period drew to a close. A fortuitous goal by Rathmore goalkeeper Shane Ryan put his side back in contention, his long range free dropping short and into the Legion net.

Legion managed to keep Rathmore at arm's length in the second and with the man

advantage it appeared as though they had the edge. Rathmore kept plugging away, however, and Mark Nagle slipped his marker to tuck away a lovely goal and give his side a one-point lead. They kicked the next two scores to extend their advantage to three as the clock ticked down and Legion were left needing a goal. They got it in unusual circumstances when a ball broke in the box and a Rathmore defender booted the ball against Conor Culloty and beyond the Rathmore 'keeper. It looked like extra time was looming but Rathmore won a free 50 yards out to the right of the posts. The referee made it clear that if the kick dropped short, time was up. Up stepped midfielder Donnacha McCarthy to fire over a huge score with the outside of his right to win the game for Rathmore and dump Legion out of the championship, a disappointing end to the year for our young players. Final score: Legion 2-7 Rathmore 2-8.

SCÓR NA NÓG: Well done to our Scór na nÓg quiz team who finished 5th in the County Final. Thanks also to Carolann Spellman who followed on from the great work of previous Scór officer Linda O'Donoghue and put in a massive effort this year. Scór is an integral part of the GAA and we were delighted to be so well-represented this year by all of our participants. **SCÓR TEAM:** Eoghan O'Sullivan, Shane Trant, David Osborne and Rebecca Walshe. Special thanks to Tony Trant too for his help in preparing the quiz team.

LOTTO: Winning numbers: 11, 15, 20, 24. No winner. 5 x €50: Anne O'Neill (c/o St Oliver's), Denis Doody (Muckross), Geraldine Keane (Aghadoe), Jerry Fitzgerald (Arbutus Grove) and Tadgh McCarthy. Next week's jackpot is now a massive €10,800.

ST PAUL'S BASKETBALL NEWS

U-11 GIRLS

ST PAUL'S 18 TK BOBCATS 16

St Pauls U-11 girls, coached by Anne Moynihan, recorded a great victory over Tralee Bobcats in an exciting game played in the Killarney Sports and Leisure centre on Tuesday. This was a very closely contested encounter with Éabha Rudden securing the winning basket in the closing ten seconds of the game. There was nothing to separate the teams throughout the match with the game level at the end of the first three quarters. Best for St Pauls were Leah Mc Mahon, Saoirse O'Sullivan, Katie O'Connor Dennehy and Sarah Cooper.

GIRLS U14 DIV 3:

ST PAULS 19 -BALLYBUNION WILDCATS 18

This was a very tightly contested game as the result shows. Both teams played really well and were very evenly matched throughout, with St Pauls just coming out on the right side with a one point victory in the end.

A great performance all round by the squad, who are coached by Kathy Shine and Patricia

O'Donoghue.

U16 DIV 3

ST. PAUL'S 38 BALLYBUNION 30

St. Paul's U-16 girls travelled to Ballybunion to play in the Plate competition and came away with a hard fought victory with eight points to spare. Team and scorers: Zena Shine 6, Sarah O'Shea 6, Vanessa Gallivan 2, Evie Culloty 6, Niamh Stack 4, Dierdre Lyne 10, Anna McGrath, Lauren O'Connor, Lauren Horgan, Treasa O'Sullivan 4.

ST. PAUL'S U15 girls travelled to Cork last Saturday to play in Cork County Board Tournament. They got off to a great start in their first game with St. Paul's defeating Midleton 36 -20. They then defeated Meteors Dublin 26 to 25 before beating Limerick Celtics 34 to 22 in the quarter final. However they lost the semi final against a very strong St Colms, Limerick on a 35-25 scoreline.

Overall it was a great experience for the girls to play against high quality opposition which contained several Irish Internationals.

Team: Ava Doherty, Ava Sheehan, Julie Delaney, Tara Murphy, Evie Culloty, Isabelle Murphy, Treasa O'Sullivan, Maud Kelly, Lyselle O'Shea, Deirdre Lyne, Niamh Stack.

U16 DIV 3 GIRLS

St. Paul's U-16 girls suffered their first loss of the season away to St Annes in Farranfore last Monday Night on a scoreline of 33-29.

A poor first quarter left the girls trailing 11-5 against a far taller St Anne's team.

Deirdre Lyne came off the bench to bring St Pauls back into game with a team high score of 13 points. As ever, the girls showed great heart and fight, but couldn't close the gap that was built up in the first quarter.

Team and Scorers: Niamh Stack, Vanessa Gallivan 2, Evie Culloty 4, Anna McGrath, Zena Shine 4, Lauren O'Connor, Deirdre Lyne 13, Caoilinn O'Donoghue, Lauren Horgan, Sarah O'Shea 5, Treasa O'Sullivan.



WORKMEN'S ROWING CLUB

CONGRATULATIONS: To all of our rowers who competed in the Skibbereen Head of the River, over 3km, at The Marina, Cork, last Saturday 12th November. The venue and conditions were perfect and a hugely enjoyable day was had by all. We rowed in many events, from U15 to U18 and Club 1, with great success. We had a total of 4 first places: Womens J16 Double - Ciara Browne and Annie (Sweet-Sixteen-on-the-Day) O'Donoghue. Mens J18 Double - Brothers, Dylan and David Bartlett. Womens J16 Coxed Quad - Ciara Moynihan, Ciara Browne, Annie O'Donoghue and Leona Browne. Cox: Michael O'Donoghue. Mens J15 Double- Marc Woodard and Seán Farndon.

We also achieved a total of three 2nd places- Womens J18 Double - Ciara Moynihan and Siobhán Burns. Mens J16 Coxed Quad- Jakub Kunicki, Marc Woodard, Seán Farndon and Leona Browne. Cox: Ciara Browne. Mens J16 Double - Ruadhán Mac Curtáin and Jakub Kunicki

Our Congratulations to Siobhán Burns on an extremely close 3rd place in her J18 Single event. Well done also to Michael O'Donoghue Mens Club 1, and Ruadhán and Jakub, Mens J16 Single Sculls, on their fantastic races.

All of the above competitors had other races in which they competed, and in true Workmens spirit, gave it their all, coming in just outside the placings to the delight of their clubmates. Thanks, as always to Mickey Joe Burns and Hannah Majella O'Donoghue for their guidance on the day and to all parents who drove and helped out at the event. Many thanks to Skibbereen Rowing Club for their organisation of this event, to Lee for hosting and to Cork Boat Club, in which the presentations were made afterwards.

UPCOMING EVENTS: The Interprovincial Indoor Rowing Championships will take place Saturday 26th November, at the University of Limerick.

TRAINING NEWS: Indoor training continues during the week as per coaches texts and at the lakeshore at Reen Pier on Saturday and Sunday mornings. Perhaps you are interested in trying the sport of rowing? If so, you can contact Mary Moynihan: 086 8098182 for further information. Thanks, as always, to our lakeshore team of Anthony, Derva, Hannah-Majella, Mickey Joe, Mary, Timmy and Pat who coach, cox, cajole and crack-up our rowers from week to week!

CONGRATULATIONS: Birthday greetings this week to Callum Myers who turns 16 on Wednesday. Have a great day Callum!

FUNDRAISING: A used clothing collection takes place this Sunday morning 20th November, during training. Drop off as before. For a full list of upcoming rowing events and other information about the sport of rowing, please visit www.rowingireland.ie



KILLARNEY SPORTS & LEISURE CENTRE ON SUNDAY 13 NOVEMBER. WHERE THE DIV 1 & 2 COMBINED BADMINTON NOVEMBER HANDICAP TOURNAMENT TOOK PLACE: PICTURED L/R : JOHNNY BROSNAN, (PRESIDENT KERRY CO BOARD) PRESENTING THE FINALISTS AIDAN MCCARTHY (KINGDOM) & SINEAD GALVIN (KILLARNEY) WITH THEIR PRIZES ALONG WITH WINNERS BRID MURPHY & TOM BURKE (KINGDOM) PRESENTED BY JUNIOR GRIFFIN (CHAIRMAN CO BOARD).

Why not keep in touch with us by liking us on facebook: 'Workmen's Rowing Club'

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto 11/11/2016, numbers drawn were 18, 21, 22 & 27. Sellers prize winner: Aeneas O'Leary, €50 Y/T prize winner: Joan Barry Cronin Knockmanagh, €50 to Eileen Kelly Gullane, €40 each to Dan Corcoran Kilcummin, Mary Cronin Gullane & Mike McAuliffe Knocknagoshel. Bonus not won numbers drawn were 5, 12, 13 & 27. Next week's jackpot €5,200 plus €1,000 bonus.

CHRISTMAS HAMPERS: Our renowned Christmas Hampers will be up for grabs with the lotto draw on Friday December 2nd, 9th, 16th & 23rd. Make sure you have your tickets to be in with a chance of winning.

JUVENILE UNEVEN AGE CROSS COUNTRY: Held in Limerick Race course on Sunday last Shona O'Brien was 6th in U17, Shona will be a member of the Munster Team who will compete in The national Finals in Dundalk next month. Oisín O'Leary was 4th U9, Danielle O' Riordan & Heather Culloty all ran well.

LISTOWEL 5K: Held in Listowel on Saturday am last, Robert Purcell won the men's race, Siobhán Daly won the ladies section.

DUBLIN CITY MARATHON: A number of our club members competed in The Dublin City Marathon with very impressive times displayed by each member, Maurice Feehan 2.46.11, Seamus Murphy 2.59-.59, Mary O'Shea 3.47.53, Tony Foley 3.44.29, Mary O'Connell 3.57.38. Well done to all runners.

JUNIOR/ SENIOR/ MASTER CLUB TRAINING: An organised training session takes place on Thursday evenings at 7.30, meet at The Brehon Car Park, open to all club members and anyone wishing to become a member.

SPONSORSHIP: The club are delighted with and express their sincere appreciation to Mike & Margaret Dillane who have kindly sponsored the club lotto for the next twelve months.

BADMINTON NEWS

Badminton league has started with some great results for Killarney. Well done to the Division 3 men who beat both Castleisland 5-1 and Moyvane 5-1 (Team: Kieran Crehan, Brian McSweeney, Jason Russell & Barry O'Connor & Liam Barry). Division 3 ladies also started off well beating Castleisland 4-2 in Castleisland (Team: Suzanne Smith, Sam Hayes, Sandra O Connor & Jeab Workman).

Well done to Division 4 ladies who beat Iverage 6-0 (Team: Marie O'Connor, Jeab Workman, Ailish Mulchahy, Elaina & Jessica Galvin). Hard luck to the Division 4 men lost 1-5 to Annascaul in Annascaul and again when they played on home court in Killarney (Team: Liam Barry, Ger O Connor, Michael O Connor, Hayden Coffey & Chris Croughwell. Well done to everyone who competed in the November Cup last Sunday. In Div 4 congratulations to Jeab Workman (Killarney) & John McDonnell (Ballyheigue) who beat Rita McCarthy (Listowel) & Liam Barry (Killarney) in the final. In Div 3 Kieran Crehan (Killarney) & Carmel Hudson (Moyvane) beat Sandra O'Connor (Killarney) & Brendan McGovern (Annascaul).

Check out our Facebook page – Killarney Badminton for more information.

FARRANFORE MAINE VALLEY ATHLETIC CLUB

On Saturday last, Maria McCarthy was part of the Irish Masters team who competed in the British & Irish Masters Cross Country Championships held in Glasgow, Scotland. Weather conditions were ideal with temperatures in the double digits, dry and little wind. It was a tough course with plenty of steep climbs and rough terrain along the 2000m course. Maria who was part of the O40 team had 3 laps to contend with. From the gun the pace was very intense and it was clear that some of the competitors were feeling the effects of going out too fast. Maria ran a very strong race to be the first Irish to cross the line in her team and helped them to win Bronze



for the team. Maria was 4th overall. Another great achievement.

On Sunday in was the Juveniles turn, when we had a small number competing in the Munster Uneven Ages Cross Country Championships held in the Limerick Race Course. The course was wet and muddy following the previous day's torrential downpour. There was a massive turnout for all munster clubs with over one hundred juveniles competing in most races. First up was the U9 Girls 750m race. Rhian McCarthy was in the lead bunch from the start and maintained here composure and continuously made great head ground to finish in 8th place with her very first individual Munster Medal. Her teammate, Grainne Costello, found the muddy course tough to contend with but did fantastically to finish in high spirits.

Eabha McCarthy competed in the U11 1500m race. Eabha finished in the top 50 out of over one hundred competitors, which was very good. Shauna McCarthy competed in the U13 2500m race. After 500m a gap was opening up where the front group of runners continued to keep the pace up. Shauna was amongst these ten runners. As the race progressed, Shauna continued to pass, with 500m to go she was now in fourth place. Shauna did very well to hold onto fourth place with a sprint to the finish line. Like her sister, Shauna won individual bronze and will represent Munster in the Nationals. In the U14 2500m Boys race we had three competing. Cian Spillane, following his dominance in the County Championships, was part of the top group of runners from the start. Sitting back in second spot, Cian waited until the last 300m where he upped the pace to take the lead. The pace was too much for the opposition and finished to take gold. Conall O'Mahony finished strong in 40th place with Cormac Costello not far behind. Niamh De Hora was our only athlete competing in the Senior Race. They had to contend with 8000m, 4 laps, of what was a very muddy course by now. Niamh ran well to finish in sixteenth place out of thirty six competitors. She was the third Kerry athlete and Kerry team finished in fourth place, just 3 points short of third spot. Well done to everyone who competed and to the Munster Cross Country team for organising such a fine event.

CLUB TRAINING: Juvenile Indoor Training will be once a week, Thursdays, starting at 7pm in the Sports Hall, Farranfore. €2 per session. Any juveniles who will be competing in the Munster & National Cross Country Championships will have their endurance / interval session at the same time (7pm) outside on the GAA field.

Cardiorespiratory, strength, endurance & flexibility exercise class every Tuesday at 7pm indoors at Farranfore Sports Hall, coached by Maria McCarthy, this programme is designed to improve all the components of fitness that constitute physical fitness of an individual.

Secondary School/Junior/Senior training every Thursday starts at 6:40pm in GAA grounds

Farranfore. This is endurance training for cross country preparation. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES: Sun 20th Nov. Munster Juvenile Inter-Club Cross Country Relays (U/10, U/12, U/14 & U/16) & Masters Cross Country Championships, St. Augustine's College, Dungarvan, Co. Waterford.

Sun 27th Nov. GloHealth National Juvenile Even Age & Inter-Club Cross Country Championships, National Sports Campus, Abbotstown, Dublin.

Sun 4th Dec. Munster Juvenile "B" & Intermediate Cross Country Championships, Clarecastle GAA Club, Clarecastle, Co. Clare.

Sun 11th Dec. GloHealth National Juvenile Uneven Age & Novice Cross Country Championships, Dundalk IT.

All Events need to be pre-registered. Please contact club secretary if you are wishing to compete.

FIRIES COMMUNITY GAMES

Firies Community Games held their AGM on Thursday last. The following committee were elected. President Jerome Crowley, Chairperson Frances Murphy, Secretary Hazel Norris, Treasurer Martina Hctor, P.R.O. Carmel Sheahan, Committee members John Sheahan, Ciara Murphy. Details of events will be advertised through schools and local newspapers. Full details to follow shortly.

KILLARNEY COUGARS BASKETBALL CLUB

JUVENILE NEWS: U16 BOYS

GLENBEIGH FALCONS 38

KILLARNEY COUGARS 39: Cougars travelled to Glenbeigh on Wednesday evening last and a good team performance secured the points but had to reply on a late Colm Talbot basket to secure the points. Cougars led throughout the game but a determined effort by the home side ensured they never gave up the game and they hit the front at the right time in the final minute before Talbots late basket. Best performances for Cougars came from David Bartlett, Eoin Talbot and Colm Talbot.

DIV 1 LADIES: KILLARNEY COUGARS 67

GLENBEIGH 66: Cougars first home game of the season saw Cougars pushed all the way by newly promoted Div II champions Glenbeigh Falcons who were narrowly pipped in the final stages by the Cougars. The sides were tied 13 all at the end of the opening qtr with the Falcons taking the early lead thanks to good baskets by Mary Fogarty and Julie O'Connell with Allyson Caggio and Rheanne O'Shea responding for Cougars. The second qtr saw Cougars take the lead with the introduction of Chloe O'Doherty on target with three consecutive three pointers Cougars went onto lead 28-21 at half time. The visitors upped their game in the third qtr as the teams went basket for basket with Cougars maintaining the lead entering the final qtr 54-47. Glenbeigh had their best spell of the game through the final qtr and led briefly

entering the final qtr with Ashley Campbell on target with 7pts and Cliona Coffey 6pts to with Cougars just surviving with three pointers from Lynn Jones, Rheanne O'Shea and baskets by the hard working Lousie Ni Mhuirheartaigh gave Cougars the points in a very entertaining game.

DIV III LADIES:

KILLARNEY COUGARS 39

TRALEE IMPERIALS 34: Cougars hosted the Imperials at the Pres Killarney on thursdays last and a good contest saw the home side take the points with a good finish in a game that could have gone either way. Cougars held a slight lead throughout but the visitors hit the front in the closing minutes of the game and Cougars found an immediate response with late baskets by Fiona McSweeney, Caroline Kelly and Marguerite O'Connor. Best for Cougars were Fiona McSweeney, Ashling O'Donnoghue, Deborah Murphy and Marguerite O'Connor.

ACADEMY TRAINING: U8 & U10 girls and boys the Parish Hall from 5 pm. Academy Boys & Girls.

SENIORS: Nov 19th. Senior Womens Div II Killarney Cougars v Caherciveen Pres Gym 5 pm Nov 21 st. Senior Mens Cup. Killarney Cougars v Gneeveguilla Pres Gym 7 pm.

JUVENILES: Nov 23rd. Boys U14 A Cup.

Killarney Cougars v Glenbeigh Falcons 6 pm Pres Gym. Nov 21st. Boys 14B.

Killarney Cougars v St Annes 6 pm Pres Gym Further details on All Killarney Cougars Clubs schedules and events log onto the website at www.killarneycougars.com or find us on Facebook.

KILLARNEY RFC NEWS

U14: KILLARNEY 39 - 12 KILLORGLIN: While the rain stayed off for the match the ground was wet underfoot but the pitches held up well. Not having played a proper game for two weeks meant that the team did not start with the now accustomed flair but they quickly found their feet. With a wet ball the emphasis was always going to be on doing the basics well. Team captain Padraic Talbot led from the outset and got over the line early for a try with more from Darragh Cronin, Donnacha Grealy (who's skill with the boot is steadily improving) and a number for the fearless Thomas Clifford. Changes were made in majority of positions with a number of first "caps" for some of our younger warriors who got their first taste of playing on a full pitch and really stepped up. Killorglin never gave up and were rewarded with a brace of tries. Finally, many thanks to all the supporters that continue to give this team the support from the sidelines. It is great to have this support and the cups of coffee. Also best wishes to Liam Randles who is out recovering from an injury.

TRAINING: Grappling on Thursday evening 5:45 and training on Saturday morning in Aghadoe at 11:30am. No match next weekend.

U16: Travelling for an away game is never easy, and last Saturday was no different as we were



hosted by Listowel. With one win out of our last four games, the pressure was on, and the main focus was not to concede a score early. Listowel are always physical, but Killarney were up to the task, Killarney pressed for long periods and it was at the 25 minute mark that Dion O'Neill pounced on a loose ruck ball to score. Cian Murphy converted to give Killarney a half time lead of 7-0. Listowel made several changes at half time, and pounded Killarney's patient defence, but to no avail. Killarney responded well, and on the 45th minute, Cian Murphys cross field kick, followed by a Killarney ruck rewarded captain Richard Wallace a try, from close in. The conversion attempt was unsuccessful. Again in the 50th minute Murphy put in a sweet kick cross field, ably gathered by Evan Smith, who scored in the corner, to leave the score at 17-0. With 10 minutes to go and the game won, the challenge was to leave the fixtures hosts scoreless, in fact with time nearly up, Richard Wallace hacked through a loose ball, to score in the corner, final score 22-0 to Killarney. Well done to the entire team, whose defence was superb throughout. This team is improving at every fixture, and the most satisfying part of this recent fixture was our defence, well done lads, onwards & upwards. Next game at home next Saturday v Kanturk.

U18: Killarney hosted Tralee last Saturday at Aghadoe, which was a hive of activity due to the Minis training and the U14's match taking place also. Tralee are a very strong side and sit 3rd in the league with 4 wins to date. and the team featured 3 Munster Academy players. However, Killarney are improving with every match and our try came from Alan Lynch with Kieran O'Connor converting and adding a penalty conversion. As always captain Dylan McCarthy led from the front and the lads played superbly particularly in the first half against one of the strongest teams in the group. A special mention must go to Ben Howard who had an exceptional game in the centre. The club are delighted to see the U18's competing and working so hard and thank Pat and his coaches for their sterling work. Next up it's a trip to Mallow next Saturday.

SENIORS: Another away trip to East Cork for Killarney. The opponents this time, Fermoy RFC. Last time out against the same opponents Killarney suffered a close defeat. Not to be so this time around. From the kick off, Killarney dominated in all aspects of the game even after losing our captain Ger Moynihan to injury early on. Replacing Ger was John Paul Kissane who has only returned to playing this year, and

he did not disappoint with a fantastic showing at hooker. Ferocious rucking and ball carrying with supporting runners on every play was the theme of the day. It was a team performance that was in the offing and Killarney did not hold back. It did not take long for Killarney to make their mark. Fast line speed ball and consistent rucking made sure that quick, clean ball was presented to No. 9 Paul O'Sullivan on every occasion which provided a dominant platform to attack from. The line out and scrums were functioning superbly on both attack and defence. Killarney scored two tries in the first half. A quick tap for a scrum penalty set Colin McCarty on his way and he crashed over the line to put Killarney on the score board. Half way through the second half Killarney found themselves in a similar position after a great break by out half Matt Lane who just returned to the pitch after serving 10mins in the bin and some intense breakdown play lead to another hard ruck gave Paul O'Sullivan clean quick ball. With the ruck at the base of the post Paul used the rules of the game to great effect and touched the ball off the base of the post to give Killarney their second try of the game. The try was converted and another penalty added just before half time. The score, 15-3 Killarney. Killarney started the second half with the same intensity and this was emphasised with phenomenal ball carrying from man of the match Paul Moynihan, which set the tone on every forward attack. Possibly due to tiring bodies on the Killarney side, Fermoy found themselves with more possession in the second half, scoring a try to bring the score back to 10-15. This only reenergised Killarney who brought on some fresh legs, TJ Brosnan and David Corlett, with David proving particularly troublesome for Fermoy with a number of half breaks. These breaks helped Killarney push up the pitch and win a penalty in a very kickable position for Paudie Sheahan putting some daylight between the teams. Killarney where not done there as they again push up the field and after some more half breaks and fast rucking found themselves with a two man overlap on the right hand side with Aaron Jones capping a fine display with a desired try. Paudie again added the extras bring the score to 25-10, with less than 10 mins on the clock Fermoy responded with one more try after a quick tap free kick award from a Killarney scrum. With the score now 25-15 Killarney finish the game in the same manner they started, putting pressure on the Fermoy try line attacking until the very end.

MINIS: There will be no minis next Saturday,

the 19th however we will be hosting our round of the West Munster Blitz on Saturday the 26th and will welcome teams from Kenmare, Castleisland and Iveragh. We will need all help possible to assist in the running of the day and ask that parents bring along baked goodies, sweets, buns etc on the day. We will need some help with stewarding etc so if you can help, please let Liam Murphy know on 087-4145662. **80'S V 90'S NIGHT:** We are hosting our fundraising 80's V 90's night at the Grand tonight and would ask that every player, coach, parent, supporter and member come along and enjoy the night. The cost of entry is €10 or €7 if you come along in fancy dress - which is optional, so no pressure! A great night is assured and all funds raised go towards the running of the club. See you all there!

KILLARNEY VALLEY AC NEWS

The Kerry Athletics Board Annual Churchgate Collection takes place this Saturday 19th and Sunday 20th November. KVAC have been asked by the Kerry Athletics Board to collect on these dates in the Killarney Parish Area. If you are willing and able to help our for a half hour at one of the masses please contact Brid Stack on 0872650720

CONGRATULATIONS: To the athletes who represented KVAC at the Munster Juvenile Uneven Age, Junior & Senior Cross Country Championships Sunday 13th November 2016 in Limerick Racecourse. Link to results and photos on our Facebook page.

PLEASE NOTE: Change of times for Indoor Training for the 7-12 yr olds.

Thursday evenings. 7-9 yr olds 5pm - 6pm.

10 - 12 yr olds 6pm - 7pm. Starting Thursday 17th November up to December 15th Sem Gym.

CIRCUIT TRAINING: For members 12 yrs and up continues as usual on Mondays from 7pm - 8pm.

HIGH JUMP: Training for registered members. 11, 12 and 13 yr olds only 6pm - 7pm. Starting Tuesday 15th November up to December 13th Sem Gym. €2 per child per session. Please don't forget your water!

REMEMBER: Athletes MUST wear the club singlet when representing their club. These are available from Brid Stack 0872650720

If you have any news or photos you would like to include in the notes please email killarneyvalleyac@gmail.com

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SCHOOLBOY/GIRL SOCCER

GIRLS LEAGUE GETS UNDERWAY PLUS EVEN AGE ACTION IN THE BOYS:

JK Sports 12 Girls Pre Season:

Mastergeeha 0-6 Killarney Celtic.
Inter Kenmare 2-2 Killarney Celtic.
Mastergeeha 0-5 Inter Kenmare.

JK Sports 12 Premier:

Prem 1: Mastergeeha 0-1 Inter Kenmare.
Prem 2: Dingle Bay Rovers 0-6 Iveragh United.
Prem 3: Killarney Celtic B 1-6 Park A.
Prem 4: Killarney Athletic White 7-1 Park B.
Mastergeeha B 0-6 Listowel Celtic A.

FOUNDATION SPORTS 14'S:

Premier:

Killarney Celtic A 0-2 Camp Juniors.
Mastergeeha 0-5 Killorglin.
Listowel Celtic A 1-6 Park A.

Division 1:

Ballyhar 8-2 Iveragh United.
Dingle Bay 1-6 Tralee Dynamos.
Inter Kenmare 5-3 Killarney Celtic B.
Park B 3-5 Fenit.

Tralee Trophy World 16's:

Premier: Mastergeeha 0-1 Tralee Dynamos.
Killorglin 0-4 Park.

Division 1:

Ballyheigue 1-1 Inter Kenmare.
Camp Juniors 2-3 Killarney Athletic.
Ballyhar 3-1 Listowel Celtic A.

Division 2:

Fenit 2-2 Asdee Rovers

REPORTS:

GIRLS LEAGUE GETS UNDERWAY WITH 12'S WARM-UP GAMES:

The Kerry Schoolgirls League got underway with a 3 team warm up mini blitz in Celtic Park. Killarney Celtic defeated Mastergeeha before drawing with Inter Kenmare. Inter also defeated newcomers Mastergeeha who gave a good account of themselves. Amongst those who did well for the Kilbrean club were Eva Culhane, Kate Dolan, Chantelle O'Rourke and Eibhin O'Sullivan.

In the Hoops the players catching the eye in the Mastergeeha game were Aine Devlin, Aileen O'Brien, Lucy O'Sullivan and Ruby Gaffney. The Inter - Killarney Celtic game was a cracker with Inter leading 2-1 before Celtic equalised late on through Aideen O'Brien. Aimee Coffey has got Celtic's first. Ellen Leech and Sarah Cooper also did well. Inter Kenmare's Grace Foley and Maja Gartsecka scored in their game against Celtic while Ciara Harrington, Grace Foley, Chloe Cremin, Orla O'Brien were on the mark against Mastergeeha with Helena O'Donoghue the player of the game.

EVEN AGE ACTION IN THE BOYS:

JK SPORTS 12 PREMIER:

ACTION IN ALL 4 PREMIER SECTIONS:

In the 12 Premier 1a Darren Allman goal, coming after assists from Senan Gul and Sean Treyvaud, gave Inter Kenmare the win over Mastergeeha. Iveragh United proved too strong for Dingle Bay Rovers winning their second game of their group. For Iveragh United Brian Quinlan, Ian O'Sullivan, Ben Egan, Oisín Breen, Conor O'Shea, Finn Barrett and Ben O'Donoghue got on the score-sheet. Jamie O'Shea, Damien Horgan and Dara Cunnane all scored twice each in the Park A's win over Killarney Celtic B in Premier 3. Naco Zulategui got the Celtic goal. In Premier 4 Killarney Athletic White saw off

Park B for whom Dylan Hobbart scored. For the Woodlawn side Alex Hennigan, Ciaran Clarke, Josh Coffey, Neal Carroll and Odhran Murphy were the scorers. In the game of the two unbeaten sides Listowel Celtic got the better of Mastergeeha B at Kilbrean Park. On the mark for Listowel Celtic were Cormac Dillon, Stefan Carrig, Ethan Tristchler, Oisín Healy, Shane Horgan, Killian Boyle and David Lynch.

FOUNDATION SPORTS 14'S:

THREE SIDES TOP 14 PREMIER: Camp Juniors, Killorglin and Park A are all on 6 points and tied at the top of the Foundation Sports 14 Premier. Camp Juniors defeated Killarney Celtic 2-0 at Celtic Park thanks to two goals from Maurice O'Connell in a very good display. Killorglin are also now on 2 wins from 2 games after goals from Dylan Moriarty 2, Cillian Burke, Adam Owens and Eoghan Hassett saw off Mastergeeha. The Park join them on 6 points after they won away at Listowel Celtic A. John O'Connor 2, Cian Brosnan, Thomas O'Sullivan, Darragh Caplis and Sean Kedzierski scored for the Park.

PERFECT 5 FOR BALLYHAR BUT DYNAMOS CHASING HARD:

Ballyhar Dynamos are flying in the 14's Division 1 and are now 5 wins from 5 after defeating Iveragh United at Murt Scott Park. Peter Cosgrave, Brian Burke and Aaron O'Shea all hit two goals with Josh Power and Andy Kelliher getting one each in the win. Tralee Dynamos are doing everything they can to keep the pressure on Ballyhar and they are now onto 13 points following their 5-2 win over Dingle Bay Rovers. Andy Rogers and Sean Horan both scored twice with Denis Brosnan getting the other one. Tadgh Murphy replied for the West Kerry boys.

Inter Kenmare were 5-3 winners at home to Killarney Celtic B thanks to goals from Caleb Brosnan, Corey Murphy, Simon O'Connor, Denis Koyun and Aodhan MacGearailt. Simon Coffey, Erin Moloney and Mike McCarthy were the Celtic scorers. The Park B and Fenit finished with the same 5-3 score line with the away side hitting the 5. The Fenit scorers were Eddie McCarthy 2, Lorcan Ryan, Adam Doyle and James Russell while Matt Healy hit all three for Park B,

DRAW IN DIVISION 2: The only game in the 16's Division 2 saw Fenit and Asdee Rovers share the points in a 2-2 draw. Conor Gaynor and Abib Hosain got the Fenit goals with Barry O'Neill and an og levelling matters for Asdee.

SFAI SUBWAY 16'S INTER LEAGUE:

KERRY 2-0 DESMOND LEAGUE: These teams have been having a great battle over the last few years with Kerry defeating them in the Kennedy Cup final in 2014. Last year it was the Desmond League that won in the Munster final before going on to win the All Ireland title.

Going into this game the Desmond League had won their 2 games while Kerry were playing their opening tie. Therefore this win for Danny Diggins side, on an excellent Listowel Celtic pitch, was a vital one. Both sides had half chances with the Desmond League possibly shading it but it looked like it would remain scoreless until the break. However James Rusk

had other ideas and he ventured up from his centre half position and unleashed an unstoppable shot from 35 yards to give Kerry the lead. The home side secured the win early in the second half when Leon Shalemba chased down a long ball, robbed the defender and drilled his effort across the box. With two Kerry players waiting for the tap in the Desmond League defender turned the ball into his own net. Kerry will play Limerick District in another vital clash this Sunday, also in Listowel Celtic.

INTERNATIONAL PLAYERS ON THE GROUND AND IN THE AIR! It is an exciting time for Kerry's young international players. Former Tralee Dynamos star Rian O'Sullivan is on duty with the Irish u18's in Spain. Rian played the full game as the Irish drew 0-0 with Holland who were semi-finalists in last season's UEFA U17 championships.

He followed this up by scoring against of the world's top u18 side's Germany but unfortunately the boys in green went down 3-2. However it was a great week for Rian was named Man of the Match in this game.

This week Dynamos Sean Kennedy and The Park's Sean McGrath are in Lomza Poland where Jason Donoghue's squad will play too games against their hosts.

MASTERGEEHA FC

U12: MASTERGEEHA 0 INTER KENMARE

1: In this close game the visitors just claimed three points thanks to an early goal. After this Mastergeeha created the better chances but could not get the equaliser.

U12: MASTERGEEHA 0 LISTOWEL 6:

Mastergeeha played a very good Listowel side and battled hard with Gavin Cronin going close for Mastergeeha.

U14: KILLORGLIN 5 MASTERGEEHA

0: The boys went down to table toppers on Saturday morning. Down a goal at the break the boys pushed forward but the more clinical mid Kerry side scored further goals.

U16: KINGDOM BOYS 1 MASTERGEEHA

0: In this close game the boys battled hard and were unlucky not to get a point. In the first half Dylan Murphy went closest to opening the scoring. In the second half Mastergeeha created a good chance with Sipo O'Neill just shooting wide. After this the boys defended well but in the 60th minute the home side were awarded a penalty which they converted. In the closing stages the boys pushed with Paul O'Shea just heading over from a corner. All played well and could not be faulted for effort.

SENIORS: KILLORGLIN 4

MASTERGEEHA 3: In this game the seniors went two goals down early on but pulled a goal back when Danny Wren scored following a corner. However just before the break the home side scored again. In the second half the seniors pushed forward with Paul Mahoney getting a goal back. With 15 minutes remaining Mastergeeha got the equaliser when Paul Mahoney scored again following a corner. However with 10 minutes remaining the home side took the lead again. Mastergeeha pushed forward for the remainder of the game but

could not get the equaliser they deserved.

CLUB GEAR: Club gear will be on sale at the clubhouse on Saturdays. Track suits, hoodies, t-shirts and shorts available with orders taken on the day for Christmas presents.

MASTERGEEHA FC LOTTO: There was no winner on Friday 11th November, 2016. Numbers drawn were 2, 4, 12, 14.

MEK UNITED

FIXTURES: Saturday the 18th of November 2016. Moriarty's Centra U'11's

MEK United v Mastergeeha at 2.00 pm.

ACADEMY TRAINING: Training has now moved indoors to the Nagle Rice Community Centre in Milltown. The same times apply, a charge of €2 per child is compulsory to cover costs as are shin guards.

2 pm to 3 pm for U6's, U7's and U8's.

3 pm to 4 pm for U9's and U10's.

KILLARNEY CELTIC NOTES

40TH ANNIVERSARY: The club is celebrating its 40th Anniversary on Friday, November 25th, Killarney Avenue Hotel at 8.30pm. FAI President Tony Fitzgerald will be the Special Guest, plus others to be announced. Tickets available from all club officers. We have uploaded snapshots of our history on our facebook page.

CONGRATULATIONS: Well done to the Kerry U16s who beat a previously undefeated Limerick Desmond 2-0 last weekend.

Congratulations also to former Kerry player Rian O'Sullivan on a man of the match display against Germany's U18s, scoring a brilliant goal for his country.

RESULTS: FAI JUNIOR CUP: LISTOWEL CELTIC 1 KILLARNEY CELTIC 6: An absolutely scintillating display saw us come away from Pat Kennedy Park with a very convincing win. Pa McGrath put us in front and Stephen Hayes doubled our lead. Listowel hit back with a goal but Cathal O'Shea restored the two goal advantage before setting up Wayne Sparling for the fourth before going on to complete his hat-trick.

FAI YOUTH CUP: RATHKEALE 5 KILLARNEY CELTIC 0: An understrength Celtic gave it everything but were simply outclassed on the day. Comhgaireas and best wishes going further to Rathkeale.

U14 PREMIER: KILLARNEY CELTIC 0 CAMP JUNIORS 2: An excellent game with both sides showing great quality, but it was the visitors who made the crucial breakthroughs.

U14 DIV ONE: INTER KENMARE 5 KILLARNEY CELTIC B 3: Again a real top notch game between two well-matched teams. Simon Coffey, Erin Moloney and Mike McCarthy were the Celtic scorers.

U12 GIRLS: KILLARNEY CELTIC AWAY TO MASTERGEEHA AND INTER KENMARE: The girls opened their season with a cracking blitz, superbly hosted by Mastergeeha. Killarney Celtic defeated Mastergeeha before drawing with Inter Kenmare. The players particularly catching the eye in the Mastergeeha game were

Aine Devlin, Aileen O'Brien, Lucy O'Sullivan and Ruby Gaffney. The Inter - Killarney Celtic game was a cracker with Inter leading 2-1, Aimee Coffey on target for us, before Celtic equalised late on through Aileen O'Brien. Ellen Leech and Sarah Cooper also did well.

U12 PREM THREE: KILLARNEY CELTIC B 1 PARK 6: Park are a very strong side and proved it with some lovely soccer, but Celtic gave them a harder battle of it than the scoreline would indicate and can be very proud of a really good display capped by a superb goal from Naco Zulatuigi.

FIXTURES: Munster Junior Cup Area Semi-Final. Killarney Celtic at home to Listowel Celtic, Sunday, 11.30am.

The club were delighted with the great support away in Listowel and, with the visitors determined to exact revenge, that could well be an important factor again.

Denny Premier B: Killarney Celtic B at home to CSKA Tralee, Saturday, 7.00pm.

U17 League: Killarney Celtic before Mastergeeha, Saturday, 2.00pm.

U15 Premier: Killarney Celtic away to Killarney Athletic, Saturday, 12.30pm.

U15 Div Two: Killarney Celtic B away to Castleisland, Saturday, 11.00am.

U13 Div One: Killarney Celtic away to Mastergeeha, Saturday, 12.30pm.

U13 Div Two: Killarney Celtic B away to Killorglin B, Saturday, 11.00am.

U11: Killarney Celtic away to Inter Kenmare, Saturday, 2.00pm.

LOTTO: Numbers drawn 1, 6, 7, 11. No winner,

KILLARNEY ATHLETIC NOTES

RESULTS: FAI JUNIOR CUP:

KILLARNEY ATHLETIC 2-4 ABBEYFEALE.

Our senior A's bowed out of the FAI cup after a cracking tie with limerick side Abbeyfeale on Sunday afternoon. There was very little to separate the sides throughout the game with all players on view giving their all. We took the lead on 29 mins when Lukas headed home the opening goal but our joy was short lived when the limerick boys equalised 3 mins later and took the lead on the stroke of half time with a well worked goal. 15 mins into 2nd half we equalised when a free kick from Will Courtney deceived everyone and was bundled in by Gary Moynihan. Abbeyfeale then went back in front when a ball failed to be cleared from the athletic box and was well finished by abbeyfeale. As athletic chased down the equaliser we were caught on the break and with 5 mins remaining abbeyfeale wrapped up the tie. We wish them all the best in the next round. Hard luck to our boys who will hope to continue the good form into the league and cup.

DENNY DIVISION 1B: KILLARNEY ATHLETIC B 0-1 BALLYMAC CELTIC:

This game should have been over by halftime. Athletic were well on top and missed 2 penalties in a half that we should have had 4 or 5 goals but Athletic didn't finish off numerous chances they had. Pretty much the same in the second half but Ballymac scored with 5 minutes left on the clock despite Aaron quills best efforts,

Ballymac got the winning goal against the run of play.

YOUTHS LEAGUE: KILLARNEY ATHLETIC 1-1 LISTOWEL CELTIC: The youths played their first home game of the season in Ferndale last Saturday with a re shuffle of the team due to absenteeism of a few players. Athletic started brightly and hit the post in the first 10 minutes and had numerous chances only to be denied by the Listowel keeper. Listowel took the lead through A Jack Sheehy corner when it deceived all and sneaked in at the near post. Into the second half and athletic got an equaliser through influential midfielder Luke O Donoghue with a 20 yard shot into the top corner to share the spoils with Listowel. Clearly evident was lack of match fitness and attitude. If athletic can sort this, then a good season in store.

U16 Kerry schoolboys and girls soccer league Camp Juniors FC 2-3 Killarney Athletic AFC

A top of the table clash away to Camp on a beautiful crisp morning saw both teams give it their all and not wanting to lose valuable ground to each other in the race for the league. Athletic were marginally ahead with possession in the first half and made it count with two quick fire goals from the head of Liam Kelliher and Harry Potts. Such was the tempo of the game that Athletic missed the chance to make it 3 and Camp went down the other end to score with the last kick of the half to tilt the momentum to the home team. Into the second half and camp got their just rewards with a free kick that deceived the blue army defence to draw level. Inspirational man of the match Keith Suter took it upon himself to restore our lead with a well taken goal from an acute angle. Camp tried with all their might in the dying minutes to get a goal but the blues defence held out. A hard earned 3 points and the blues remain unbeaten in the league with possibly the hardest 3 away games played. Training Monday night 8-9.

FIXTURES:

Saturday 19th November

Moriarty's Centra U11's

Killorglin Afc v Killarney Athletic 2pm

Daly's Supervalu U13 Div.2

Ballyheigue v Killarney Athletic 12-30pm

Killarney Plaza U15 Premier

Killarney Athletic v Killarney Celtic A 12-30pm

Sunday 20th November

Fenit v Killarney Athletic 11-30am

QUIZ AND PLAYER OF THE YEAR AWARDS

Venue : Killarney Oaks Hotel

Time : 8pm

This Friday Night sees the player of the year awards presented at our annual Quiz Night.

. The quiz starts at 8 and is fun for all ages. Adult teams €40 while juvenile teams €20. Great spot prizes to be won on

the night. Hope to see ye there.

KILLARNEY ATHLETIC WEBSITE:

Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

KILLORGLIN GOLF CLUB.

LADIES RESULTS: 18 HOLE SINGLES STABLEFORD SPONSORED BY MARTHA'S UNISEX HAIR SALON:

Winner: Kathleen Cronin (24) 33pts.

FIXTURE: 12 Hole Stableford re-entry sponsored by Jenny Pigott continues until Saturday 26th November. Christmas Hamper sponsored by Temmler Ireland takes place on Saturday 19th November. Shot Gun start at 10.30am. Please note that all Nominations and Motions (to do with the Constitution) are to be with The Honorary Secretary Eileen Bell by 7pm on Sun 20th November.

ROSS GOLF CLUB

RESULT: ON SUNDAY LAST WE HELD THE KEANES JEWELLERS GOLD MEDAL STROKEPLAY COMPETITION.

THE RESULT WAS:

1st John O'Halloran (17) 67.

2nd. Sean Moynihan (6) 71.

3rd John Cuskelly (16) 71.

The Gold Medal winner and Golfer of the Year is John Cuskelly.

FIXTURES: On Sunday Nov 20th we will hold a stableford competition sponsored by the McSweemey Arms Hotel. The entry sheet is available in the clubhouse so please add your name to it immediately.

REMINDER: Please note that our annual Fundraising Quiz will be held on November 23rd in the Mc Sweeney Arms Hotel. All members are urged to support this by bringing along a team of family and friends. A good night is assured for all.

SYMPATHY: We extend our sympathy to incoming Captain Jimmy Smith on the recent death in Dublin of his sister, Ann Marie R.I.P.

BEAUFORT

MENS

12TH/13TH NOV - STABLEFORD, YELLOW TEES, SPONSORED BY THE INTERNATIONAL HOTEL.

1st John Looney (13) 43pts.

2nd Michael Barry (14) 37pts.

3rd Edwin Spence (14) 37pts.

10th Nov: Open Seniors: 1st Pat Quill, 2nd



PHOTOGRAPHED AT THE PRESENTATION OF THE PRIZES FOR THE RECENT COMPETITION IN THE ROSS GC SPONSORED BY FRANK DORAN - SAFEGUARD SECURITY WERE (L TO R). MIKE CASEY, SEAN MOYNIHAN, CAPTAIN, TOM MCSWEENEY, FRANK DORAN, SPONSOR AND ROLANDAS BENDIKAS.

Donal Carroll.

FIXTURES: 19th/20th Nov: Winter League Round 1, 13 hole stableford (yellow tees) sponsored by Tim Jones Family Butcher. Best 4 out of 5 cards to count for overall league. Every Thursday: Open Seniors at 10am.

KILLORGLIN GOLF CLUB

MENS

MENS CHRISTMAS HAMPER AT KILLORGLIN GOLF CLUB.

1st Conor Counihan 41 pts.

2nd Henry Cahillane 39 pts.

3rd Colin O'Sullivan 39 pts.

4th Mike McCarron 39 pts.

5th Danny Evans 39 pts.

Cat B Mike Ashe 38 pts.

Cat C Pat Goulding 39 pts.

Gross Joe Kernedey.

CASTLEROSSE GOLF CLUB,

RESULTS: COMPETITION PLAYED ON SUNDAY 13TH NOVEMBER, 18 HOLE STABLEFORD.

1st Roger O'Sullivan (12) 44 pts, Runner-up, Gintaras Bendaravicius (16) 43 pts, 3rd place, Steve Shine (18) 42 pts.

FIXTURES: Weekend competition, 18 Hole Stableford.

AGM: Golf Club Annual General Meeting on in Scotts Hotel on Monday 5th December at 7.30pm.

DEERPARK PITCH & PUTT NOTES

Last Sunday morning's compoetition attracted a reasonably good turnout of members and result of the 3-Ball-Scramble as follows:

Nett Michael O'Connor, Noel Moynihan and Mike Cotter (3l).

Gross Gearoid Cronin, Betty O'Brien and John Murphy (44).

CHRISTMAS HAMPERS: The first of the Christmas Hamper competitions will commence on this Sunday morning which will be a 36 Hole Single Strokeplay competition with an entry fee of €10. Shotgun start at 9-15am.

CLUB EGM: A special club EGM will take place at the end of this Sunday morning's competition to discuss the PPUI's recent offer to the club to host the 2017 Natioanal Ladie's and Gent's Inter-County championships All members to attend.

PRIZEGIVING: On this Friday November 18th 9.30pm all prizes for the Club Strokeplay. Open Scramble and Willie Parker will take place in Charlie Foley's, all other prizes will be presented in Murphy's Bar during the club's end of season get together on

December 5th.

SENIORS OUTING: Next seniors outing will be to Castleisland on Wednesday 7th 10.15 am

JUVENILE HAMPER COMPETITION: The club will organise a Juvenile Hamper competition on Saturday 3rd December 2pm.

KILLARNEY GOLF AND FISHING CLUB

MEN'S CLUB REPORT AND RESULTS.

Club AGM was held at the Clubhouse Thursday the 10th of November 2016.

The Club AGM was held on the evening of the 10th of November, and as there were no elections necessary to fill any vacancies, then the attendance was smaller than would be expected. The meeting was "chaired" by Louise Langan, who was the chairperson of the Club Council for 2016. All reports were read, and were duly passed, so there were no major contentious issues, the only minor one related to the proposed change to the 10th hole on Killeen, but by a substantial majority in a show of hands it was decided to leave the hole relatively unchanged. Arthur Hanley, the outgoing Club President, said his "goodbye's" and offered his deep appreciation for the honour of acting as Club President for the year, Arthur concluded by welcoming Breda Duggan as the Club's incoming President to replace himself at the Executive table, and departed. Breda Duggan thanked the Ladies Club for bestowing the honour of The Presidency upon herself, and admitted that Arthur would be a hard act to follow. We all wish Breda the very best in her role as our President for 2017, and no doubt Breda will bring her own talents and personality to the role.

SEAN O'DONOGHUE, THE OLDEST MAN IN THE FIELD, WINS THE CHRISTMAS HAMPER.

The AIB sponsored Christmas Hamper for handicap's of 13 and over was played on Mahony's Point on Sunday the 13th of November. The "shotgun start" time-sheet was full with 96 contestants participating. Scoring conditions were ideal, and a good score was very much "on the cards" so to speak, and the gentleman who stood out amongst all of the others, was none other than octogenarian Sean O'Donoghue, affectionately known within the Club, as "Sean the castle" his score of 42 points was a clear winner, and Sean will be a most popular winner when it comes to the presentation evening. Runner up was Dan O'Leary with 41 points, and in third place was Con O'Mahony with 39 points.

Prize-winners were as follows.

1st Sean O'Donoghue (21) 42 points.

2nd Dan O'Leary (15) 41 points.

3rd Con O'Mahony (22) 39 points.

4th Rory McCan (16) 39 points.

5th Paddy Looney (24) 39 points.

6th Gerard Walsh (13) 39 points.

7th Frank Reen Jnr. (16) 38 points.

8th John Somers (19) 37 points.

Standard scratch was 38 points. Christmas Hamper for 0-12 handicap will be played on Killeen on Sunday the 20th of November.

Victor Mulcahy, PRO Men's Club.

CROKES ADVANCE TO PROVINCIAL FINAL SHOWDOWN

DR CROKES 1-12 LOUGHMORE/CASTLEINEY 0-9

KERRY O'SHEA REPORTS FROM LEWIS ROAD KILLARNEY

Kerry Senior Football kingpins Dr Crokes advanced to another Munster Club final, their first since 2013, where they face Waterford's The Nire later this month, but they can thank the genius of Colm Cooper for helping them along the way. Indeed, this game was a far cry from the last meeting between these sides at the same stage of the competition at the Lewis Road venue three years ago which Dr Crokes won on a 3-16 to 1-5 scoreline.

Loughmore-Castleiney finished with 13 men as Tomas McGrath and John Ryan were dismissed on red cards late on while they lost key forward Liam Treacy to a black card early in the second half. Referee James Bermingham brandished 13 cards of various colours during the tie, nine yellow, two black and two red during a fractious tie.

Cooper's 7th minute green flag and points from Gavin O'Shea, Daithi Casey (free), Johnny Buckley, Colm Cooper and Gavin White in reply to scores for Loughmore/Castleiney from Liam McGrath (3), Joe Hennessy, and John McGrath left the half-time score reading 1-5 to 0-5 in favour of Pat O'Shea's side.

Loughmore-Castleiney's Liam McGrath converted a free on the restart, but Pat O'Shea introduced Michael Burns, Jordan Kiely and Tony Brosnan to the fray.

Kiely and Brosnan inscribed their names on the score-sheet and with earlier scores from Brian Looney, Colm Cooper and Daithi Casey,



PICTURED AT DR CROKES GAA GROUNDS FOR THE MUNSTER FOOTBALL SEMI FINAL AGAINST LOUGHMORE WERE FRONT ROW L-R (SEATED) KATE AHERN, CORMAC FOLEY, GRACE AHERN, CLAIRE AHERN & JACK AHERN. BACK ROW L-R ANDREW O'CONNELL, CAOIMHIN O'DONOGHUE, PAT AHERN, AVRIL AHERN, LAURA AHERN & JAMES FOLEY. PICTURE MARIE CARROLL-O'SULLIVAN.

the Crokes were 1-11 to 0-8 clear with eight minutes remaining.

Things got fractious in the closing minutes and Loughmore/Castleiney finished with 13 men. However, there was no denying the Killarney men who now advance to the provincial decider where they play Waterford's The Nire at the end of the month in Mallow.

TEAMS AND SCORERS:

DR CROKES: Shane Murphy, John Payne, Michael Moloney, Fionn Fitzgerald, Gavin White (0-1), Alan O'Sullivan, David O'Leary, Ambrose O'Donovan, Johnny Buckley (Capt 0-1), Daithi Casey (0-2, 2 frees), Gavin O'Shea (0-1), Brian Looney (0-1), Colm Cooper (1-3, 1 free), Kieran O'Leary, Eoin Brosnan (0-1).

Subs: Michael Burns for Brian Looney (33),

Luke Quinn for Fionn Fitzgerald (BC 41), Jordan Kiely (0-1) for Gavin O'Shea (48), Tony Brosnan (0-1) for Johnny Buckley (53), Mike Milner for Ambrose O'Donovan (59) and Bryan O'Shea for Kieran O'Leary (59).

LOUGHMORE/CASTLEINEY: Dominic Brennan, Lorcan Egan, John Meagher, Tomas McGrath, John Ryan, Ciaran McGrath, Joseph Hennessy (0-1), Noel McGrath, John McGrath (0-1), Brian McGrath, Liam Treacy (0-1), Aidan McGrath; Liam McGrath (Capt, 0-6, 6 frees), Evan Sweeney, Willie Eviston.

Subs: David Kennedy for Liam Treacy (BC 35), Eamon Connolly for Brian McGrath (53) and Tommy Maher for Evan Sweeney (53).

Referee: James Bermingham (Cork).



ALL SMILES FROM GRACE COOPER WHO WAS DELIGHTED WITH DR CROKES ON WINNING THE MUNSTER SENIOR CLUB FOOTBALL SEMI FINAL ON HOME GROUND ON LEWIS ROAD ON SUNDAY AFTERNOON. PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT DR CROKES FOR THE MUNSTER FOOTBALL SEMI FINAL AGAINST LOUGHMORE WERE L-R MATTIE SWEETMAN, HELEN FITZGERALD & SHEILA NAUGHTON. PICTURE MARIE CARROLL-O'SULLIVAN.



TODAY IS ANTIBIOTIC AWARENESS DAY

The European Antibiotic Awareness Day is an annual European public health initiative that takes place on 18 November to raise awareness about the threat to public health of antibiotic resistance and the importance of prudent antibiotic use. The latest data confirms that across the European Union the number of patients infected by resistant bacteria is increasing and that antibiotic resistance is a major threat to public health. Prudent use of antibiotics can help stop resistant bacteria from developing and help keep antibiotics effective for the use of future generations.

IRISH TOWN BUILDS MEMORIAL TO THANK NATIVE AMERICANS WHO HELPED DURING THE POTATO FAMINE

A sculpture has been erected in Ireland to thank a Native American tribe for sending what little money they could to the Irish people suffering from starvation at the height of the Great Potato Famine. On March 23, 1847 the Choctaw Native American tribe, who had known great hardship during their forced march to Oklahoma, collected whatever spare money they could and sent \$170 to Ireland through a charity relief group. To remember their generosity and friendship, a huge stainless steel sculpture of nine eagle feathers has been installed in Midleton, County Cork, on a grassy expanse in the town's Bailic Park. The Choctaw people donated the money 16 years after they, and other tribes, were stripped of their lands in Mississippi, Alabama and Florida and were forced by the American army, at gunpoint, to march 500 miles across mountains and snow to Oklahoma. There was no food or shelter for them at stop points

along what is now known as The Trail of Tears. Many of the frailest perished due to disease, malnutrition and exposure during one of the coldest winters on record.

POPE SHARES PIZZA LUNCH WITH 1500 POOR PEOPLE

An estimated 120,000 people filled St Peter's Square in Rome for the Canonisation Mass for Mother Teresa. Applause erupted in St Peter's Square even before the pontiff finished pronouncing the rite of canonisation, proof of the admiration Mother Teresa enjoyed from Christians and non-Christians alike during her life and after her death in 1997. The canonisation is the highlight of Pope Francis' Holy Year of Mercy who as a member of the Franciscan order, his papacy has been dedicated to ministering to society's most marginal. Pope Francis also shared a pizza lunch with 1,500 homeless people at the Vatican after the canonisation ceremony, most of those invited live in shelters run by the new saint's order, the Sisters of Charity. They were brought to the Vatican by bus from across Italy, to be present for the canonisation Mass, where they were given seats of honour. The lunch was cooked by a Neapolitan pizza-maker, who brought 20 members of staff with him as well as three special ovens. The pizzas were served to the guests by 250 nuns and priests of the order.

IRELAND IS CREATING THE LARGEST GROVE OF REDWOODS OUTSIDE OF CALIFORNIA

The Birr Castle Gardens in County Offaly will become the home to the largest grove of redwoods (outside of California) in Spring 2017. Spearheaded by Lord Rosse – the seventh Earl of Rosse – and environmental organisation Trees For Ireland, the grove will help breed and protect the species during the next 1,000 years. Lord Rosse described the project as "very close to my heart. Our grandchildren, their grandchildren, Birr, Ireland and the world will benefit from this magnificent forest grove. These will be the biggest trees in Ireland and the largest collection outside of California." While thousands of tourists visit the gardens every year, they are also a home to dozens of different tree species from around the world. As a thriving example of biodiversity and environmental conservation, the Birr Castle Gardens will hopefully protect the precious forestry despite the threat of climate change.

QUOTE

"Whenever you find yourself on the side of the majority, it is time to pause and reflect" – Mark Twain.

ON THIS DATE – NOVEMBER 18TH

- 1820 - Captain Nathaniel Palmer discovered Antarctica.
- 1865 - Mark Twain's first story "The Celebrated Jumping Frog of Calaveras County" was published in the New York Saturday Press.
- 1874 - Sailing from Gravesend, England to Auckland laden with immigrants, the Cospatrick caught fire and sank off South Africa's Cape of Good Hope, of the 473 aboard when the ship caught fire, just three survived.
- 1894 - 1st Sunday newspaper colour comic section in the U.S. published in the New York World.
- 1909 - Saskatchewan Legislature Canada passed new Public Health Act; dealt with drainage and contamination of streams.
- 1916 - First Battle of the Somme - Canadian Fourth Division again attacked the Germans on the Somme; British Expeditionary Force commander Douglas Haig was winding down the massive Allied offensive, started on July 1, 1916, after a total gain of just 125 square miles along the Western Front, and the loss of over 600,000 Allied soldiers killed, wounded, or missing in action.
- 1928 - Mickey Mouse appeared for the first time - in Steamboat Willie.
- 1931 - Gale force winds reached 200 kph (125 mph) at Cape Hopes Advance; highest wind speed ever recorded in Canada to that date.
- 1959 - "Ben-Hur," the Biblical-era movie spectacle starring Charlton Heston, had its world premiere in New York.
- 1963 - Nova Scotia government closed last segregated school for blacks in the province.

4 LESSER KNOWN HISTORIC FIRSTS AND ACHIEVEMENTS OF U.S. ELECTION DAY 2016

*52-year-old Democrat Catherine Cortez Masto became the nation's first Latina Senator after beating Representative Joe Heck. A granddaughter of a Mexican immigrant and a former Nevada attorney general, Catherine will replace Democratic minority leader Senator Harry Reid.

* In California, State Attorney General Kamala Harris was elected as the state's first freshman Senator in 24 years. Ms. Harris is the first black politician to represent California, the second black woman ever to join the Senate, and the first woman ever elected as California attorney general. The Democratic daughter of Indian and Jamaican immigrants will be replacing the retiring Democrat Barbara Boxer.

* 48 year-old Tammy Duckworth, a congresswoman from Illinois and the first disabled woman to be elected to the U.S. House of Representatives, won the race for US Senate. An Iraq War veteran, Ms. Duckworth served as a U.S. Army helicopter pilot and suffered severe combat wounds, losing both of her legs. She defeated incumbent Republican Senator Mark Kirk.

* Former Refugee Ilhan Omar became the nation's first Somali-American legislator after she won a House seat in Minnesota. The 34-year-old succeeded with 80% of the vote, making her an important representative of the largest Somali immigrant population in America.

UNIVERSITY TO HOST FREE COURSES ON CARING FOR THE ELDERLY

Brazilian university students can now learn to take care of their elders free of charge. The Hospital of the Federal University of Minas Gerais (UFMG) started receiving applications recently for their new course on senior caretaking. The whole course consists of 60 hours of teaching divided into units of learning, tutoring, forums, chats, and lectures. Geriatric doctor Edgar de Moraes, the coordinator of the course, explained the initiative is related to the aging population.

"Our focus is taking care of both, the family and the professional," says Mr. Moraes. "We estimate that there are 28 million seniors in Brazil alone, and every year, one million more citizens reach seniority. It's a fast growing population." Since the course will occur on a regular basis, the applications will be reviewed in an ongoing basis. Its tuition – as well as required pedagogical materials – are completely free.

A MAN WHO HAS FED MILLIONS

John Travis "Jacko" Garrett aged 72 is a second-generation rice farmer from Danbury, a tiny farm town of 1,700 southeast of Houston in Brazoria County, Texas. He's a legend there, leading catechism classes for the entirety of his adult life at St. Anthony of Padua Catholic Church. He's a legend as well, though an unsung one, thanks to the almost six million pounds of rice he has donated to the Houston Food Bank, and the millions upon millions of free meals created from that rice. The contributions of his Share the Harvest charity are vital - providing over 11 million servings of rice each year through the Food Bank and its 570 partner charities in 18 counties around Houston. In 1984 he first began donating a portion of his rice crop each year to charity when his father and himself sent a truckload of rice into the Houston Food Bank that first year. Soon, Garrett Farms was shipping thousands of pounds of rice to the Houston Food Bank every year. In 1999, Mr. Garrett founded Share the Harvest to better gather and distribute the rice from both his farm and the other area rice farms he'd talked into donating. "I'm a farmer," Mr. Garrett says, first and foremost. "I've gotta make a living." That's a challenge these days, both for the industry as a whole and Share the Harvest. Increasing costs have made it incredibly difficult for younger generations to start or take over farms of their own. "A tractor

today is \$250,000; when I went into business, it was \$3,000," he says.

But now Mr. Garrett had troubles of his own. His wife, Nancy, for whom the term beloved doesn't begin to describe his feelings, is getting older. His daughter Tracy Garrett LaChance, with whom he once ran Share the Harvest, took a job elsewhere. He's sold off large acreages of Garrett Farms to keep his head above water and he also worries about his employees, many of whom have never known another employer. One man has worked on the farm for 17 years. Another has been on the farm for 36; still another has worked for Mr. Garrett since he was 15. The average tenure of a Garrett Farms employee is 26 years. Even though he no longer has the time or the energy to knock on doors asking for donations for Share the Harvest, Mr. Garrett will never give up rice farming. It's all he's wanted to do since he was 12 years old, and it's all he's ever known, he will also continue to donate a portion of his harvest each year as charitable works are part and parcel of Mr. Garrett's strong religious convictions. His business cards are emblazoned with the passage from Galatians - "As a man soweth, so shall he reap.

MAN DUG A WELL IN 40 DAYS FOR HIS WIFE AFTER SHE WAS DENIED WATER, WHOLE TOWN BENEFITS

A man in India has proved his whole village wrong by doing what was considered impossible, in a determined frenzy that neighbours called crazy. After his wife was turned away and insulted by locals for trying to drink from a well, Bapurao Tajne was pushed to the edge hearing about the disrespect of their poorer working caste condition. Mr. Tajne put his back and tools to work for six hours every day digging a new water well all by himself in their village of Kalambeshwar – a task that typically requires a team of four or five men. Villagers ridiculed the man's mission knowing such a feat had never been accomplished before and other attempts to locate new sources of water in the area had already failed. Then after only forty days, the unwavering husband struck gold – and his newly-created well will provide water for all the other previously-insulted working class villagers – known as Dalits – in the Washim district of India. "I don't want to name the well owner for I don't want bad blood in the village," Mr. Tajne said "However, I feel that he insulted us because we are poor and Dalits. I came home that day and almost cried. I resolved never to beg for water from anybody. I went to Malegaon (the closest town) and bought tools and within an hour I started digging." After his efforts revealed the water source, his two sons aided him in digging deeper than his initial 15-feet-depth. The success is not unlike that of Dashrath Manjhi, the "Mountain Man" who single-handedly carved a path through

a mountain by toiling away for 22 years to provide his wife an easier route to town.

HAMSTER WITH NO HAIR GETS HAND-KNIT SWEATER FOR THE WINTER

Silky the hamster may not have the same furry coat that other creatures have, but thanks to a kind animal shelter worker, she will be able to face the oncoming winter with a lovingly knitted tiny sweater. Since the 1-year-old rodent has been hairless since birth, she has been living at the Oregon Humane Society in Portland, Oregon. The shelter's technician, Selene Mejia, saw Silky shivering in her cage one day and decided to crochet a sweater that would fit her little limbs. "Silky is hairless due to a genetic mutation," said Diana Gabaldon, OHS staffer. "While she isn't fluffy like a normal hamster, she is just as cuddly and playful as any other hamster. She does need to be kept in a heated environment, especially during the winter, and have a higher protein diet to keep her warm."

HOTEL RETURNS LOST TOY AND MAKES PHOTO ALBUM OF RABBITS VIP STAY

When a little girl left her oldest and favourite stuffed animal behind at a hotel, the staff gave the bunny five-star treatment – complete with turn down service – until they could be reunited. "I lost my owner at breakfast" the Adare Manor Hotel posted on its Facebook page, showing a picture of the bunny that a staffer had found. "I have to stay at Adare Manor tonight, hopefully my owner will come to collect me tomorrow," said the photo caption showing 'Jellycat' settled in for the night with the TV remote and chocolate on the bed. By the next day, the hotel in Adare Village, Co. Limerick had tracked down the owner, Kate Hogan. With the crisis averted, Jellycat could relax at the manor, enjoying all the amenities, until Kate picked him up. There are photos showing him chilling out on the patio... having tea and cakes... taking a stroll around the manor grounds, after getting directions from a hotel employee... before Kate arrived to take him home. "Reunited at last ... yippee!" Jellycat posted on the hotel's Facebook page. "I got lots of lovely hugs from my pretty owner Kate and now we're heading home for our next adventure." Kate sent her thanks to the hotel, along with a baby picture, taken about the time she first got the stuffed animal. "Thank you for taking such good care of my special Jellycat," she wrote. "He was my first ever teddy a whole three and a half years ago. I was so lonely going to sleep last night, but I now know he had the best time." (You can see more of Jellycat's VIP treatment on the Adare Manor Hotel Facebook page.



Citizens Information

Know Your Rights:

HELP FOR PEOPLE IN MORTGAGE ARREARS

QUESTION

We have not been able to manage our mortgage repayments and other loans for a long time. The bank keeps sending us legal-looking letters and at this stage we can't bear to open them. Is there anyone who can help?

ANSWER

Yes, there is a new scheme of aid and advice for borrowers in home mortgage arrears. This scheme is part of Abhaile, the national Mortgage Arrears Resolution Service. It provides a range of services to help you to deal with your situation, including financial advice, legal advice and insolvency advice. Panels of qualified and regulated professionals have been set up to provide services under the scheme. It is co-ordinated by the Department of Justice and Equality and the Department of Social Protection and is operated by the Money Advice and Budgeting Service (MABS) in conjunction with the Insolvency Service of Ireland (ISI), the Legal Aid Board and the Citizens Information Board.

You will qualify for advice and assistance under the scheme if:

- You are insolvent – this means that you are unable to pay your debts in full as they fall due and
- You are in mortgage arrears on your home and
- You are at risk of losing your home (for example, if your mortgage lender has initiated repossession proceedings or indicated that they plan to do so; if they have said that they consider you to be non-cooperating; or if they have asked you to consider selling or surrendering your home) and
- The costs of staying in your home are proportionate to your reasonable accommodation needs

To access the scheme, you can ring the **MABS Helpline: 0761 07 2000** (9am - 8pm, Monday - Friday) or contact your local MABS office.

Read more about the Scheme of Aid and Advice on Home Mortgage Arrears on justice.ie and on backontrack.ie.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherdiveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Digital Web Design with Adobe Dreamweaver (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 28th November 2016. **Duration:** 22 weeks.

Certification: QQI Level 5 Component Certificates in Computer Illustrated Graphics, Web Authoring and Work Experience, plus Adobe Associate Certificate in Web Communication Using Adobe Dreamweaver.

MySQL and PHP for Dynamic Websites (ETR81) - Tralee.

This course is for people who are able to build and maintain static websites using HTML and CSS? It offers participants the opportunity to develop their MySQL and PHP knowledge and skills to create dynamic websites incorporating efficient and secure content retrieval from databases. **Start Dates:** 28th November 2016. **Duration:** 24 weeks. **Certification:** Oracle Certified Professional MySQL 5.6 Developer Cert & W3C Schools PHP Developer Cert.

Surf Instructor and Beach Lifeguard (ET1Z3) - Castlegregory.

The course offers participants the opportunity to develop the knowledge and skills to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 28th November 2016. **Duration:** 25 weeks. **Certification:** ISA Surfing Skills Instructor Level 1 Cert, Royal Lifesaving Society National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Cert.

MTA Software & Networking Fundamentals (ET1Z4) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal starter course for people considering a career in information and communication technology. **Start Date:** 28th November 2016. **Duration:** 12 weeks. **Certification:** Microsoft Technology Associate Certification.

Digital Marketing with E-Commerce (ET08342) - Tralee.

This course covers the theory underpinning digital marketing and the skills required to carry out routine digital marketing tasks and implement digital marketing solutions.

Start Date: 28th November 2016. **Duration:** 35 weeks. **Certification:** City & Guilds Level 3 Diploma in Digital Marketing 7513-30.

Traditional Stone Wall Construction (RT4R8) - Tralee.

This course offers participants the opportunity to develop the knowledge and skills required to build a variety of traditional stone walls. It's a hands-on course where participants learn the principles and techniques of stone working and dry stone wall construction using hand tools and locally sourced stone. **Start Date:** 9th January 2017. **Duration:** 25 weeks. **Certification:** FETAC Special Purpose Level 5 Award in Traditional Stone Wall Construction.

Healthcare Support (ETS97) - Tralee.

This course provides participants with the knowledge, skills and competencies to work as part of a multidisciplinary team in the provision of effective and appropriate healthcare supports to clients in a variety of care settings. **Start Date:** 23rd January 2017. **Duration:** 41 weeks. **Certification:** OOI Level 5 Major Award in Healthcare Support.

Manual & Computerised Payroll and Bookkeeping (ET0Z5) - Tralee.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. **Start Dates:** 13th February 2017. **Duration:** 10 weeks. **Certification:** FETAC Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

Cisco on-line Blended Learning (ETL62) - Tralee.

This course focuses on network infrastructure. It covers switching and routing, wireless access, security and connectivity used in local and wide Area networks. A combination of on-line learning and tutor led workshops are used to deliver it. Previous computer networking experience is required for this course. **Start Date:** 13th February 2017. **Duration:** 15 weeks. **Certification:** Cisco Certified Network Associate Certification (CCNA).

Digital Media Production Course (TRY18) - Tralee.

The Digital Media Production course offers participants the opportunity to learn and develop real-world production skills in a broad range of media disciplines. The course covers design, digital imaging, photography, sound, video, digital publishing and media project management. **Start Date:** 20th February 2017. **Duration:** 52 weeks. **Certification:** City & Guilds Diploma in Media Techniques 7601-03.

Fibre Installation Technician (ET08632) - Tralee.

This course is designed to provide the communications cabling industry with personnel who have the specialist knowledge and skills to install, fault find, repair and test fibre optic and copper communications networks. **Start Date:** 27th February 2017. **Duration:** 24 weeks. **Certification:** City & Guilds Level 2 Award in Communications Cabling (3667-02).

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee, Tel. 066 7149600 / 066 7149638 / 066 7149676,
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The Killarney Al-Anon meetings are held Tuesday nights at 8.30pm, also Thursday mornings at 11am in St. Claires, Vincent de Paul Building, Tesco carpark, Beech Road, Killarney

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GARDENING OUTLOOK

with John O'Sullivan

FOCUS ON CHRISTMAS HOUSEPLANTS

This is the time of year when people will give and receive gifts of houseplants such as Cyclamen, Azalea, Gardenia, Poinsettia etc. Christmas houseplants obviously give their best display this time of the year but they have to be kept in the right conditions like the right temperature and humidity level to prolong their lives into the new year and longer.

The conditions of a house environment can be a challenging place for houseplants because of central heating which is very drying to houseplants especially for ones that come from humid tropical parts of the world.

There are several ways to improve conditions for your plants in the house. You can avoid placing them in draughts, especially in places where temperatures will fluctuate from very hot to very cold or in very hot areas like above or beside a radiator. Water your plants by placing them in a container of water for about twenty minutes.

For plants that need more humidity place them on a tray of gravel with some water but make sure that the plant is sitting on the gravel not the water.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

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Killarney Outlook are looking for your old photographs for our Souvenir Edition.



If you have an old picture of Killarney or its residents you can bring it into our office at 30 High Street where we will scan it and return it to you immediately or email them to editorial@outlookmags.com

Our Souvenir edition is very popular with Killarney people at home and abroad and we appreciate all the photographs that are given to us so we can share them with everyone.

Deadline for receipt of pictures is FRIDAY 18th NOVEMBER



See last years Souvenir issue on www.outlookmags.com

COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL



EXPRESSION OF INTEREST AND MARKET SOUNDINGS POTENTIAL SITE ACQUISITION FOR PROVISION OF CAR PARKING IN KILLARNEY TOWN KERRY COUNTY COUNCIL AND KILLARNEY MUNICIPAL DISTRICT

Introduction

Kerry County Council (KCC) and Killarney Municipal District (KMD) have completed a Traffic Management Study for Killarney Town. This Traffic Management Study has, at its core, sustainable transport initiatives with measures set out to enhance the town centre environment. The need for additional car parking, on the periphery of the Town and on the incoming radial roads into the Town, was identified as a requirement to reduce the traffic circulating in the Town Centre area.

The Traffic Management Study has outlined a variety of short term, medium term and long term recommendations. The purpose of this Expression of Interest and Market Sounding is to identify possible sites for this additional car parking and to explore the possible financial parameters within which such additional site acquisition might be progressed with private sector interests.

Potential Car Parking Sites

It is envisaged that the additional car parking requirement could be provided in a number of possible ways, as follows: -

- Offering for sale to KCC and KMD sites suitable for car parking, provided that they are in line with the requirements of the Traffic Management Study.
- The offering of suitable car parking sites for use by KCC and KMD facilitated by an agreed commercial arrangement such as leasing, joint management or other agreed methodology.
- Enhancement of existing KCC and KMD car parking sites, using an agreed commercial arrangement. This could include the provision of multi-storey car parking, supplemented, if necessary, by other commercial activities.

Expression of Interest/Market Soundings Proposals

Interested parties shall provide information on the following basis:-

- Parties with sites for sale should identify those sites and confirm that appropriate Land Registry mapping and legal documentation confirming ownership of same will be provided if requested. The possible costs to KCC and KMD in acquiring such sites should be outlined in broad terms.
- Sites being offered for leasing, joint management or other such arrangements should be clearly identified and confirmation should be given that appropriate Land Registry mapping and legal documentation confirming a legal interest in same will be provided if requested. Proposals in relation to such sites should also include the broad financial parameters within which the arrangement with KCC and KMD would be progressed.
- Proposals for enhancement of existing KCC and KMD facilities should identify the location of such sites and provide a broad outline of what is proposed to achieve that enhancement. This outline would describe the extent of additional car parking being provided, the nature and extent of any ancillary commercial requirements and the broad outlines of a commercial proposal outlining the costs to KCC and Killarney KMD in progressing such an arrangement.

Kerry County Council and Killarney Municipal District Assessment

Incoming proposals will be considered on the following basis: -

1. The suitability of the proposal in line with the requirements of the Killarney Town Traffic Management Study;
2. The suitability of any proposal in relation to planning, procurement and environmental rules and guidelines, and
3. The commercial costs, whole-life costs and sustainability of any proposal.

Progression

KCC and KMD will consider the suitability and sustainability of any valid incoming proposal. In the event of such proposals being of commercial, sustainable value to KCC and KMD then discussions may, at the discretion of the Council, be initiated with the submitting parties to further explore how such proposals might be progressed.

Proposals must be submitted in hardcopy on or before **Friday, 9th December 2016**

To: SEO Corporate Services, Arás an Chontae, Kerry County Council,
Rathass, Tralee, County Kerry.

Siniú: Liam Quinlan/Liam Ó'Caoinleáin
Senior Executive Officer/Feidhmeannach
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Corporate Affairs/Gnóthaí Corparáideacha





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fao Melanie.



A WORD OF VICTORY

Welcome back dear reader, "He has shown you O man what is good, and what does the Lord require of you: to do what is right, to love mercy, and to walk humbly with your God" (Micah 6:8) Jesus always reaches out to those who need help and are willing to receive it and not proud or haughty in their own eyes; unlike His detractors in the Bible who felt that they had holiness perfected! They judged Jesus for hanging out with 'undesirables'. When Jesus met Mathew he was a tax collector corrupt in his dealings, yet Jesus called him to be His friend and disciple, and Mathew went on to write his account of the Lord's life in the Gospel. The Pharisees couldn't understand why Jesus would want to entertain such sinners if He was really from God. But Jesus rebuked them and quoted from the prophet Hosea when He told them "It is not the healthy who need a doctor but the sick... go and learn what this means - I desire mercy, not sacrifice. For I have not come to call those who think they are righteous but those who know they are sinners." Mathew 9:9-13/Hosea 6:6. It is said that we judge ourselves by our best intentions but judge others on their actions. God does not do things this way. He judges us as cleansed as white as snow by the blood of His Son Jesus when we make Jesus Lord and Saviour of our lives, and receive what He accomplished for us at the Cross - something we could never achieve by our own works - that is, He paid the price for our sins by His death and resurrection. When we humbly accept His sacrifice and ask forgiveness of our sins, forgive those who've hurt us, and stop pointing the finger at others, we open the door for complete healing, wholeness and restoration for us and our children. Friend, we have all sinned and we need God's mercy everyday and He is more than willing to give it to us but it's not by rituals but by having relationship with Him! (Google - Luke chapter 6; Acts 3:19; Romans 3:23; 1st Peter 2:24) More next week....

Contact: 064 - 66 22950 E: wovkillarney@gmail.com

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THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked for many favours. This time I ask you this special one, (mention favour).

Take it dear Heart Of Jesus, and place it within Your own broken heart where Your Father will see it.

Then in his merciful eyes it will become Your favour, not mine. Amen

Say this prayer for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

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Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the world forever, Amen."

Pray, whether you believe or not. Publish on the 9th day.

Your request will be granted no matter how impossible it may seem. Favour often granted on the third day.

THANKSGIVING ST. JUDE

O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near Kinsman of Jesus Christ, this faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power, come to my assistance. Help me in my present urgent petition in return I promise to make your name known and cause you to be invoked.

Three Our Father, three Hail Mary and three Glory Be.

St. Jude and all the Saints pray for us and all who invoke your aid. Amen.

PRAY TO ST. EXPEDITE

Saint Expedite, you lay in rest. I come to you and ask that this wish be granted.

(Mention your urgent request)

Saint Expedite now that I ask of you. Saint Expedite now what I want of you, this very second.

Don't waste another day. Grant me what I ask for.

I know your power, I know you because of your work. I know you can help me. Do this for me and I will spread your name with love and honour so that it will be invoked again and again.

Expedite this wish with speed, love, honour and goodness. Glory to you, Saint Expedite!

Feast Day: 19th April.

NOVENA TO THE SACRED HEART

You have said O'Divine
Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish. **F.O.T.**

NOVENA TO THE SACRED HEART

You have said O'Divine
Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish. **M.M.**

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days.
Publication of prayer and favour will be granted.
M.M.

LETS PRAY TOGETHER INTO THE WORD

Romans 8 (35,38,39) Who shall separate us from the love of Christ?... neither death... nor life... nor things present nor things to come... shall be able to separate; us from the love of God which is in Jesus our Lord Mathew 10 (37). Who ever loves father or mother more than me is not worthy of me and who ever loves son or daughter more than me is not worthy of me. Love is such a power in people but the devil knows this and captures and holds it. Our hearts are strong and sensitive of our nature. This is where we are blessed and opportunities for self denial happen. Relationships where we might stray from Gods path. Love of home and friends that influence the plans of God. Anything that hinders your will Lord. I will deny myself of these. AMEN.
For Prayer Requests.
laurencewoodley63@gmail.com

PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr,
You who quickly brings things to pass
You who never delays, I come to you in need:
(Clearly express what you want and ask him to find a way to get it to you)
Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise)
Be quick. Saint Expedite!
Grant my wish before your candle burns out and I will glorify your name
Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion.
For anyone in need say this prayer and your request will be granted. Thank you for favours received. Amen. **N.C.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

PRAYER TO ST. ANTHONY

Oh gentle and loving St.
Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

NOVENA TO THE SACRED HEART

You have said O'Divine
Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish. **S.C.**

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

NOVENA TO THE HOLY SPIRIT

O Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things you have given me as you confirm once again that I never wanted to be separated from you in spite of all material illusions. I wish to be with you in Eternal Glory.
Thank you for mercy towards me and mine. This prayer must be said for three days, after three days the favour will be granted.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published. Thank you for favours received.
AMC

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
X

PRAYER TO ST. ANTHONY

Oh gentle and loving St.
Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.

GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy
St Faustina, St Expedite, St Padre Pio,
Our Lady of Mount Carmel, Sacred Heart of Jesus, Our Lady of Lourdes for Health favours received.

GRATEFUL THANKS

To our Lady, Sacred Heart, St Faustina, St Padre Pio, St Anthony and Infant of Prague, St Rita, St Theresa, St Joseph, Mother of Perpetual Help, Michael Archangel, Archangel Chamuel, My Guardain Angel.
Thank you for favours received.

POWERFUL NOVENA

This novena never fails. Say it on the hour for 9 hours. Jesus who has said, ask and you shall receive, see and you shall find, knock and the door will be open to you. Through the intercession of Mary, the Most Holy other, I knock, I ask that my prayer will be granted (Make your request). Oh Jesus, he said all you ask the Father in my name, he will grant through the intercession of Mary, the Most Holy Mother. I humbly beg and urgently ask the father in thy Name that my prayer be granted (Make request here). Oh Jesus who has said Heaven and Earth shall pass away but my word shall not pass away through the intercession of Mary, the most Holy Mother. I feel confident my prayer shall be answered. (Make request). This novena is to be said at the same time every hour for nine consecutive hours - one day. Promise publication, never know to fail.



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Thurs 15th Dec:	5pm - 9pm	Wed 21st Dec:	4pm - 9pm
Fri 16th Dec:	5pm - 9pm	Thurs 22nd Dec:	3pm - 9pm
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