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PICTURE MARIE CARROLL-O'SULLIVAN

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MESSAGE FROM THE EDITOR...



As we enjoy some lovely winter weather despite the shorter days, Killarney hosted the "Let's Talk Tourism" Forum last weekend and it was a huge success. Dr. Crokes are set to take on Nemo Rangers in the Munster Club Championship and seven Killarney hotels are celebrating their Top Ten status.

Staff at Vodafone Killarney are celebrating their recent win as are two students from Killorglin. It's Strictly Come Dancing time again with Rathmore taking to the stage at the INEC, Award

winning photographer Valerie O'Sullivan has a new book out just in time for Christmas and we have a comprehensive Motoring Guide for you in this week's magazine.

All this and so much more in this week's Killarney Outlook.

Aisling Crosbie
Editor

Winter
Motoring
Guide **31**



18 A year in the life
of Glencairn Abbey

KILLARNEY HOTELS MAKE TOP TEN IN TRIVAGO AWARDS

Seven Killarney hotels have made it into the top ten in this year's Trivago Awards. Killeen House Hotel & Rozzers Restaurant made the Number 1 spot in the Best Three Star Hotels in Ireland with McSweeney Arms Hotel claiming the No. 9 spot.

In the Four Star Awards, The Ross Hotel was placed second while its sister hotel the Killarney Park Hotel was also second in the Five Star Award Section.

The Europe Hotel & Resort came in at Number 6 while The Dunloe was ranked Number 8 in the same category.

In the Best Alternative Accommodation Awards, the Park Place Apartments came 8th.

"We are delighted to win this Award, which is nominated by ordinary guests for the second year running. It's all down to that great bunch of people that we are so lucky to have working with us! Thanks a million to everyone who reviewed us over the last year", Owner of Killeen House Hotel & Rozzers Restaurant Michael Rosney told the Killarney Outlook. Trivago, one of the world's largest hotel price comparison sites, selected the best hotels and



MICHAEL AND GERALDINE ROSNEY OF KILLEEN HOUSE HOTEL & ROZZERS RESTAURANT WHO CAME NO. 1 IN THREE STAR HOTELS IN IRELAND IN THE TRIVAGO AWARDS PICTURED AT THE NATIONAL TOURISM FORUM BUSINESS NETWORKING DINNER IN THE MALTON HOTEL, KILLARNEY ON FRIDAY NIGHT. PICTURE: MACMONAGLE, KILLARNEY

guesthouses in Ireland across a wide range of categories for the first time last year and a lot of destinations find themselves once again being singled out for special mention this time around.

Commenting on the awards, Johannes Thomas, Managing Director at trivago N.V., said: "The trivago awards give us the chance to recognise and honour the hard-working hoteliers behind these exemplary hotels, and we are thrilled to do so again this year."

KILLARNEY SCHOOLS TAKE YOU ON "OUR DAY OUT"

St Brendan's College and St Brigid's Secondary School are embarking on their second dramatic production together after the success of Bugsy Malone two years ago. 'Our Day Out' by Willie Russell, follows the adventures of Mrs Kay's class as they make their way to the seaside and Conway Castle.

The show will take place in the Killarney Racecourse on Thursday the 30th of November and Friday the 1st of December. There will be two shows daily; the matinee show at 11.30 a.m. each day and the evening show at 7.30 p.m. Tickets are at a cost of €10 for adults, €7 for students and senior citizens, €5 for U12's and a family ticket for €25/€30.

Please contact the schools for tickets: St Brendan's 064 6631021 & St Brigid's 064 6632209



PICTURED RIGHT: STUDENTS OF ST BRENDAN'S COLLEGE & ST BRIDGETS PRESENTATION CONVENT, IN DRESS REHEARSAL FOR THE UPCOMING PLAY "OUR DAY OUT" BY WILLIE RUSSELL. PICTURE MARIE CARROLL-O'SULLIVAN

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VODAFONE KILLARNEY WINS ELECTRONIC & TECH STORE OF THE YEAR

Vodafone Killarney has been announced the winner of the Electronic & Tech store of the year at an awards ceremony which saw 600 greats of Irish retail gathered to mark the best in business.

The 2017 Awards drew more finalists than ever before, with the third ever Lifetime Achievement Award being presented to Rachel Doyle of Arboretum.

The Awards celebrated the best of every facet of Irish retail across stores, people, managers and team members, ecommerce and suppliers. This year's Friendliest Place Award saw County Councils and Local Enterprise Offices (LEOs) from around the country nominate their towns with Ennis taking the prize.

Speaking to the Killarney Outlook, Jessica O'Connor of Vodafone Killarney said "We are thrilled to be Awarded Tech Store of the Year by Retail Excellence Ireland

To win this award on our 20th year in business means a great deal to Billy & I and we are very Proud of our Team who represented Vodafone Killarney at this prestigious event.

We would like to thank all our customers for their ongoing support and look forward to providing a first class service for many more years to come".

CEO of Retail Excellence David Fitzsimons said "We are delighted to recognize and award Vodafone Killarney for being the very best in their retail sector. They have shown an unquestionable commitment to meeting and exceeding customer expectations as well as innovation in store and in-service delivery.



PICTURED AT THE AWARD CEREMONY IN THE MALTON HOTEL WERE BACK L TO R KEITH DALY – HEAD OF RETAIL SALES VODAFONE IRELAND, RACHEL O'DONOGHUE, DECLAN WINSTON VODAFONE IRELAND, JESSICA & BILLY O'CONNOR, VODAFONE KILLARNEY, PAUL HEARNE VODAFONE IRELAND & CEARA MOORE. FRONT LEFT TO RIGHT: EDDIE ROICE, TONY TAGGART, LEE ROBERTSON, ARJAN SAHITI, AND GERARD LINEHAN (MANAGER VODAFONE KILLARNEY)

We are particularly pleased that across all of our categories of awards Irish retailers, both big and small, urban and rural competed to deliver that exceptional standard of service to customers regardless of their size."

"All winners are standard bearers in their sector and we are delighted to support and assist such progressive retailers be the best they can be. We look forward to working with

the finalists, entrants and members into the future to assist in their endeavors and continue driving standards in Irish retail".

The Awards were presented on Saturday evening (November 11) by media personality Hector Ó hEochagáin. The sell-out event was attended by a number of Oireachtas members and 600 Irish retail industry executives.

KILLARNEY MAN AT THE HELM OF INSIDER TOURS IN BERLIN

If you have decided to take advantage of a Ryanair flight from Farranfore to Berlin this winter, planning is key. As with any city break deciding where to go once you are there, especially on a short holiday, can be difficult. Not only do Insider Tours run exceptional and highly-recommended walking tours of Berlin, covering the history and culture of the city in great detail - the owner is a Killarney man.

John G. O'Leary, is the son of the late John O'Leary TD and his wife Judy, and he has seen the walking tour business go from strength to strength. Insider Tours have met with rave reviews from its guests, with praise from The Sunday Times for the "engaging" tours that are "the closest the guided walk gets to cutting edge historical research". Courtesy of a team of passionate and informative guides guests are taken through the history of the city, from its origins up to the present day. Tours run



JOHN G. O'LEARY (LEFT) WHO OWNS INSIDER TOURS IN BERLIN

daily; you can either book for a group privately or go to one of the several meeting points throughout the city. All information can be

found on the website www.insidertour.com. For booking information contact management@insidertours.com or John@insidertours.com.

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KILLORGLIN STUDENTS WIN NATIONAL AWARDS AT SCIFEST 2017



JACK NAGLE, A THIRD-YEAR STUDENT, AND TIMOTHY MCGRATH, A FOURTH-YEAR STUDENT FROM KILLORGLIN COMMUNITY COLLEGE

Jack Nagle, a third-year student, and Timothy McGrath, a fourth-year student from Killorglin Community College competed among the top young scientific minds at SciFest 2017 and were both awarded Excellence in STEM awards, for their projects Tractor Safety Lock, and Ultra Vision Sensor Glasses. SciFest, now in its tenth year, is funded primarily by Science Foundation Ireland, Intel Ireland and Boston Scientific.

SciFest is an all-island STEM (science, technology, engineering and maths) initiative which fosters active, collaborative and inquiry-based learning among second level students. The final, held in the Marino Conference Centre in Dublin, was also attended by Richard Bruton

T.D., Minister for Education and Skills.

Jack Nagle designed a tractor safety lock that uses a power circuit to automatically engage the handbrake when it senses that the tractor is empty. His motivation for this project came after his grandfather died following a tractor accident where the handbrake was not engaged. Timothy McGrath designed a special pair of glasses for the blind that use ultrasonic sensors to identify object in their path. The glasses also give a reading of how far away the obstacle is.

Dr Ruth Freeman, Director of Strategy and Communications at Science Foundation Ireland, presented both Jack and Timothy



TIMOTHY MCGRATH, A FOURTH-YEAR STUDENT FROM KILLORGLIN COMMUNITY COLLEGE

with their prizes – the Excellence in STEM Awards. Jack also won the special SciFest 10th Anniversary Award for his work. Both secured their places at the National Final after their success at the SciFest regional final in IT Tralee. This year marks the tenth anniversary of SciFest and saw a record number of over 10,000 students participating in local and regional SciFest STEM fairs across the country. Since its inception in 2008, over 50,000 students have participated in the competition, reflecting a year-on-year increase of 23% in participation. Jack and Timothy were among 42 students who went on to exhibit their 26 STEM projects at the national final.

BILLY CAPTURES THE MOON

Killarney Camera Club held their first competition of the new club year. It was an open themed one and saw a total of 27 entries. Honours went to Billy Horan for his winning image of the full moon overlooking Carrauntoohil (a long way to lug all the camera gear!) in the Unrestricted category.

Congratulations also to Anthony Kelleher on winning the Novice category with his photo of Lindsey Stirling in concert.

Unrestricted Category:

1st: Billy Horan - Moonlight on Carrauntoohil: (160 points)

2nd Paul Garnett - The Long Range: (157 points)

3rd Billy Dermody - Hello: (154 points)

Novice Category:

1st: Anthony Kelleher - Lindsey Stirling Concert (145 points)

2nd: Keith Johnson - Mushrooms (142 points)

3rd: Noel O'Neill - Geranium Waterdrops (135 points)



LOCAL NAME FOR LOCAL LANDMARK

A community landmark in Milltown was recently given a name of its own. Now known as Langdon's Well, it has been named after the family who resided near the laneway leading to the well until the first decade of the 20th century. The newly-titled landmark is officially marked in existence in the old survey map from 1892-93. However, it is believed to date back much further than that. It was constantly used up until the 1970s for domestic, animal and agricultural purposes. This ceased when the well went into disrepair. In 2015, a local group took up the task of restoring the well as part of an archeological project, which was completed last year. Now, this piece of Milltown history has a name to go with it!



FRONT: MICHAEL O SULLIVAN, AINE O CONNELL, SIOBHAN FOLEY; BACK: MONTY HEFFERNAN, JOHN JOE O SULLIVAN, JAMES CRONIN, GERALDINE O SULLIVAN, MARIA CRONIN, DAVID O CONNOR

Health Matters...

With Dr. Lynda O'Callaghan

The Killarney Medical Centre

Psoriasis

Psoriasis is a common condition (1 in 50 people), involving inflammation of the skin which typically develops as patches (plaques) of red scaly skin. It is usually a lifelong condition which will wax and wane, the severity and frequency of flare up being very variable. It is not infectious and cannot be passed on. It typically starts to develop between the ages of 15 and 30. The main type (80-90% cases) is Chronic Plaque Psoriasis which will be the focus of this article. Each plaque looks pink or red with overlying flaky, silvery white scales that are rough to touch and skin can appear thickened. There is usually a sharp border with normal skin between areas. The plaques most commonly develop on the elbows, knees, scalp or lower back but not usually on the face, excluding the hairline. If it is itchy this is usually mild.

What causes it?

More skin cells are made in a person with psoriasis. This causes a build up of skin on the top layer to form flaky patches on the skin or scalp. It is unknown why it starts but there can be a family history in 3 of 10 cases.

Aggravating factors- Stress, infections, smoking, alcohol and local trauma can aggravate and flare psoriasis. Certain prescription medications may possibly worsen it and Ibuprofen (nurofen) is also suspected of being an aggravating cause occasionally. Severe sunburn can aggravate it but most people describe gentle sun exposure as a help. Puberty and the menopause can aggravate psoriasis. Pregnancy often improves the rash but it can flare after having a baby.

Complications

- Joint problems/Arthritis: 10-20% of people with Psoriasis can develop a very significant form of Arthritis resulting in pain and destruction of joint architecture. This requires specialist intervention and frequently oral or injectable medication to treat. It typically affects the small joints of the hands or feet but can affect anywhere.
- Cardiovascular disease- People with psoriasis, especially if severe, are more likely to have high cholesterol, blood pressure and diabetes and should be screened for these to prevent the development of heart disease or strokes.

Diagnosis- Your GP will usually be able to diagnose Psoriasis by looking at it but if the rash is a little unusual you may need a small skin biopsy to confirm it.

Treatments

Unfortunately there is no absolute cure and Psoriasis treatments need to be maintained, albeit not always constantly. Most Psoriasis can be treated by creams or ointments. The mainstay of treatment is to ensure well hydrated skin by copious use of moisturisers (emollients). They can help prevent cracking, scaling and ease any itch. Traditional soaps and shower gels are often too drying and oil based emollient washes are recommended for showering.

Topical (on top of the skin) Vitamin D treatments with or without steroids are used for most active Psoriasis. In conjunction with emollients. Topical Vitamin D has strict guidelines as regards the maximum to use in an adult or child. You should wait at least 30 minutes after an emollient before applying Vitamin D.

Steroids are helpful at reducing the inflammation caused by Psoriasis but are not intended for use on their own or long term as there is a risk of a rebound flare of psoriasis on stopping. Coal Tar may also reduce inflammation and scale but it is messy and can smell unpleasant. It may also make you more sensitive to sunshine.

Dithranol can be applied to isolated scaly plaques to help healing but if applied to healthy skin it will cause irritation. Gloves must be used for application and it must be washed off once the treatment time is over (5-60 minutes)

Scalp Psoriasis can be effectively treated with a Coconut oil/Salicylic acid combination ointment, a steroid scalp treatment or a Vitamin D scalp treatment.

Light Therapy

In severe cases hospital based light therapy (either ultraviolet B (UVB) or PUVA, is offered where the patient must attend regularly for many weeks for light treatment.

Immunosuppressants

Rarely, in cases of severe Psoriasis medication is used to suppress inflammation and treat Psoriasis. These are only commenced by Dermatology Specialists and require regular monitoring for side effects.



Dr. Lynda O'Callaghan
MB BCH BAO LRCP&SI MICGP
Dip. in Women's Health, DCP, DCH

The Killarney Medical Centre
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KILLARNEY ECONOMIC CONFERENCE LAUNCHED

Plans for a major new conference focusing on the prevailing political and economic issues and their impact on Ireland, the UK and the European Union have been revealed.

The Killarney Economic Conference will take place in the town on January 12 and 13 next and, in its inaugural year, it will focus on Brexit, the challenges it poses for business, the legal issues that will arise, how it will shape future politics and the impact it will have on daily life. The conference is poised to become an important annual dialogue involving economic, civic and political leaders from Britain and Ireland.

The line-up of speakers in the inaugural year includes Prof Ursula Kilkelly, Dean of Law at UCC and Fianna Fáil leader Micheál Martin, TD, who today launched the event along with one of the conference organisers, Dr William Sheehan.

Dr Sheehan, a military historian, author and lecturer and a Fellow of the Royal Historical Society and the Higher Education Academy, said the idea of the conference is to establish an annual forum at which senior management of civic and business organisations can meet, network and share and debate ideas and best practice. In addition, they will have the opportunity to listen to and question some of the leading political, academic and business leaders in Britain and Ireland.

The conference will open with a discussion



DR WILLIAM SHEEHAN, CONFERENCE ORGANISER; PROF URSULA KILKELLY, DEAN OF LAW AT UCC AND MICHEÁL MARTIN TD, FIANNA FÁIL LEADER PICTURED AT THE LAUNCH OF THE INAUGURAL KILLARNEY ECONOMIC CONFERENCE. PIC DARAGH MCSWEENEY/PROVISION

on the legal implications of Brexit led by Dr Georges Baur, the Assistant Secretary General of the European Free Trade Association, Prof Gavin Barrett, Professor for European Constitutional and Economic Law at UCD and Prof Catherine Barnard, Professor in European Union Law and Employment Law at the University of Cambridge.

A discussion on how Brexit will shape future politics will be led by Deputy Micheál Martin, TD, and Simon Kingston, conference organiser and a member of the executive committee of the British-Irish Association.

The impact on business will be discussed by Mr Mark Kennedy, Managing Partner of Mazars Ireland, Prof Philip O'Regan, Dean of the Kemmy Business school at UL and independent financial analyst David Clarke.

Other key discussions will include the social and personal impacts of Brexit will be addressed by Prof Ursula Kilkelly, Dean of Law at UCC, Matthew O'Toole, the former Chief Press Officer at Number 10 Downing Street and Sinn Féin TD David Cullinane.

The Killarney Economic Conference is in partnership with Killarney Convention Centre, The Brehon and The Irish Times. It is taking place on January 12 and 13, 2018 at The Brehon, Killarney.

There will be a gala dinner at The Brehon on Friday, January 12 and the conference takes place on Saturday, January 13. The combined gala dinner and full day conference tickets costs €350. The full day conference ticket costs €300 and the gala dinner costs just €80.

Discounts are available for students, NGOs and public sector employees on request.

For more information or to book your ticket visit www.killarneyeconomicconference.com

MY OWN EXPERIENCE AT KILLARNEY YOUTHREACH

Killarney Youthreach offers young people quality education, QQI Certification, CV and interview preparation, work experience, sport and outdoor activities, training allowance and personal development. Here is a testimonial from one of the students at Killarney Outreach.

I left school at the age of fifteen after I had been diagnosed with depression. I found it difficult to get along with my own peers and became very solitary. I got work in a local hotel and attended an ECDL course but I found it increasingly more difficult to cope with my depression.

I was growing tired of the hotel and had heard of a program called Youthreach running in the KDYS Killarney that offered an education to early school leavers and a way forward, something I badly needed. I rushed to get an interview and sat down with course co-ordinator John Adams, later on that same evening I was told I had a place on the program.

The amount of support I was given over the next two years was astounding. My teachers at Killarney Youthreach were so friendly and helpful despite, I'm sure, how difficult I could be at times, they always helped me as much as they could. They ensured I received counselling from a high quality professional from next door (SouthWest Counselling) and helped me



through numerous bad spells with depression, alcohol and unsuited medication provided by my GP. I remained shy through my years with them but my teachers gave me confidence and I slowly came out of my shell.

I was far from an ideal student and pulling a "sicky" on a Monday was not above me but I saw the course through and did very well. Well enough to move on to a course in County Cork where I studied Social Studies. I did incredibly well and moved on to study Social Care in third

level - University.

It was in Killarney Youthreach during work placement that I found I loved working with people in need and it helped give me purpose in life. Everywhere I went it was my own experience with my teachers in Youthreach and my worst moments that they guided me through that helped me excel and know just what to do in any circumstance.

I'm currently living with my partner of two years, studying to be a care assistant. I've learnt to manage my depression without medication and instead through exercise, healthy living and music. I've completely come out of my shell thanks to Youthreach staff and have many close friends who never seem to believe I would once just sit in a corner with a book rather than speak with anyone, instead they see a strong, confident person -who can be a little too outspoken, many would say, if only to make up for the quiet years!

Killarney Youthreach gave me back my life and I owe the staff every good thing that's happened since then as it was their time and effort that made it all possible for me. Student 'A',

(Name and some details have been changed in order to protect the identity of the young person.)



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Fairhill, Killarney or ring John Adams at 064 6631748**



Kerry Youthreach Programme

A Partnership Programme between the Kerry Diocesan Youth Service (KDYS) and the Kerry Education and Training Board

SUCCESSFUL YEAR FOR THE KENYA EDUCATION PROJECT



EDDIE SHEEHY PICTURED AT A HOME VISIT DURING HIS TRIP TO KENYA.



KATIE O'CONNELL AND TRIONA SHEEHY WHO BOTH VOLUNTEER WITH THE KENYA PROJECT



HAPPY KIDS AT THE FOOD STATION.

2017 was a busy and productive year for The Kenya Education project against a background of political uncertainty and unrest in parts of the country. The presidential election held in August returned the sitting president Kenyatta but the result was challenged by the opposition in the courts and resulted in a re-run, a first in African politics. There was sporadic violence and some deaths due to tribal differences. Kenya Education volunteers worked in the school and village of Embulbul in July, August and September.

This year for the first time a summer camp was organised and run by Katie O'Connell and James Greene. 25 needy children from the village were treated to a week of Irish dance, games, arts & crafts a visit to an elephant orphanage and new shoes as a concluding gift.

The project continues to support needy children in the local school, this year 70 students are being sponsored, the highest number to date, as well others in further education.

Some families in the village were helped in a practical way by the purchase of beds, mattresses and blankets. Other families were helped with new school uniforms for their children. The programme helped a number of women in the village to set up a small business venture, such as charcoal selling, hairdressing, clothes selling, cooking and selling of chips. Funding was provided to the women to buy materials to kick start the business which hopefully will give each woman a little income for the family and help grow the business. The village feeding programme was supported through the purchase of two new stoves and

funding to renovate the kitchen used to feed 70 young children each week day evening.

A successful coffee morning, hosted by The Royal Hotel, along with the annual table quiz, church collection in Fossa, and support from Ring of Kerry cycle, court poor box, Dochas Drama group, An eighties disco night in Kilcummin, Electric Aid, various primary and secondary schools and generous voluntary donations meant that the Project continues to reach out to many needy children and adults who face daily challenges in obtaining food and securing education. Without this continued generous support The Kenya Education Project could not continue its work. Thanks to everybody for the continued and committed support.

STRICTLY COME DANCING THE ICONS

Rathmore GAA and Rathmore Ladies football clubs will jointly host a Strictly Come Dancing event on Thursday December 7th at the INEC at 8.00pm. Last year this event was a great success and as well as raising funds for both the mens and ladies clubs, it provided fantastic entertainment to all who attended on the night. There are 24 dancers who are volunteering their time for many hours of training and rehearsals at dance practice in preparation for Strictly Come Dancing, The Icons. The dancers this year are Irene Cremin, Kathleen Dennehy, Eileen Houlihan, Joanna Hughes, Noreen Jenkins, Katie Moynihan, Amy Murphy, Katie Murphy, Lorraine O'Brien, Anne Marie O'Connell, Aoife O'Sullivan, Tina Reen, James Burke, Diarmuid Coakley, Padraig Cronin, Sean Cronin, Michael Anthony Kelleher, James O'Halloran, George O'Keeffe, John O'Donoghue, TJ O'Sullivan, Donal Rahilly, Danny Roache, and Timmy Reen. Choreographer Joe Burkett is putting the dancers through their paces in preparation for the big night. Tickets are €20 and they are available from The Washbasket, Rathmore and the INEC box office



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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



WHY SHOULD YOU REVIEW YOUR PENSION?

As you have probably seen or read in the news recently pensions are being discussed very often. This shows how important pensions are, so if you have a pension it is very important that that you review your pension regularly. You may or may not be contributing to your pension anymore but it still needs to be reviewed. You need to know what kind of pension you have and what funds your pension is invested in. Your pension could be invested in very high risk funds which means that the value of your pension could substantially decrease or substantially increase over a very short period of time. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension you will not know if your pension is increasing or decreasing in value or if your pension is on track to get you the income you need at retirement. So whether you are currently contributing to a pension or have a pension that you paid into in the past it is very important that your pension is reviewed by an independent advisor regularly.

To discuss this or any other financial matter you can contact Dermot Cronin QFA APA at 0646622775 or dermotcroninifa@gmail.com

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FOR SALE

21 ACRE RESIDENTIAL AND FORESTRY HOLDING, COCKHILL, KILCUMMIN, KILLARNEY

Three bedroom dormer bungalow on 1.5 acres/0.61 hectares with forestry holding of 7.93 hectares/19.61 acres. The property is habitable but in need of modernisation. The property is in an elevated location with views towards Killarney/McGillycuddy Reeks. The property is an ideal small holding with several outbuildings/workshops, suitable for a craft enterprise, mechanical or agricultural uses. Folio KY14099F



Price Region: **€180,000**

BER G

25 COILL CORRAN, PARK ROAD, KILLARNEY

New stylish contemporary two bedroom first floor apartment 79 sq. m./860 sq. ft. with balcony overlooking large green area and private on site car parking space. Apartment conveniently located in modern development on Park road within walking distance of Killarney town centre, Outlet centre, Deerpark Parking Shopping Park.



Price Region: **€185,000**

BER C1

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ALL YOU NEED FOR CHRISTMAS AT THE CRAFT AND FOOD FAIR

We all know that feeling of mild panic and general anxiety as the countdown to Christmas begins in earnest. This year you can relax completely as the best ever Christmas Craft and Food Fair comes to the main mall downstairs at Killarney Outlet Centre on Sunday 26th November from 12 to 6pm.

As part of the Christmas in Killarney Festival, this well established Craft and Food Fair offers a wide and eclectic range of quality local arts, crafts and food products. Christmas Shoppers can shop early and avoid the usual last minute rush for presents, with truly unique and special Christmas gifts all under the one roof.

Prepare to be mesmerised by the sheer quality and craftsmanship of the many beautiful items on display. Everything is handmade from natural materials and bears the distinctive mark of the eye and hand of their creator, be it weaving, cheese, a piece of pottery or woodcarving, candles or chocolates!

A selection of quality local food producers will be tempting passers-by with their unique delicious products and offering you the chance to rediscover the joys of the fresh quality foods still being produced in Kerry with such care and dedication. Shoppers won't be able to resist the smell of fresh waffles, the allure of jams, preserves and pates or the taste of traditional home baking. For the sweet of tooth, there are sumptuous handmade chocolates, fudge, and Christmas confections.

There is bound to be something to suit all



HUGE CROWDS ATTENDED THE ANNUAL CHRISTMAS CRAFT AND FOOD FAIR AT KILLARNEY OUTLET CENTRE ON SUNDAY. PICTURE: EAMONN KEOGH

tastes and pockets, with such a wide variety of quality handmade Irish crafts for sale, from crochet and knitting, ceramics and glassware to original paintings, old Kerry photographs, handmade Christmas cards and ornaments. Those seeking distinctive creations will be thrilled with the range of day and costume jewellery on display as well as hats, bags, scarves, clothes and accessories.

As well as the uniqueness and beauty that makes hand-crafted designs such a thoughtful

gift, shoppers can rest easy in the knowledge that they are actively supporting local artists, craftspeople and food producers in their creative endeavours, buying directly from the producer at a much reduced price!

With free entry and ample car parking nearby, why not solve all your Christmas shopping headaches in one fell swoop on Sunday 26th November at the Christmas Craft and Food Fair at Killarney Outlet Centre from 12 pm to 6 pm.

SKAL HONOURS TOURISM AMBASSADOR

ONE of the leading lights and most influential personalities in Irish tourism has been honoured in Killarney.

Mary Bennett, a former World President of Skal International, was presented with the Skal President's Leaders in Tourism Award at the annual National Tourism Forum gala dinner in the Malton Hotel, Killarney on Friday night.

The event was organised by Skal International, the Irish Hotels Federation and Killarney Chamber of Tourism and Commerce with close on 100 of the country's top tourism industry professionals in attendance.

The award is the highest token of respect and admiration that Skal can bestow on someone and it is only presented to an individual who has made a significant and substantial contribution to the Irish tourism industry over an extended period of time.

Mary Bennett, a native of Galway, has made a magnificent contribution to the industry and to the social and economic fabric of the country over the years.

She started her career as a trainee manager with the former Great Southern Hotels Group before later turning her home in Salthill into a guesthouse and opening the landmark and nationally renowned Treasure Chest gift store in Galway which is now a shining star in the city's retail sector.



SKAL INTERNATIONAL PRESIDENTS MARGARET JENKINS (GALWAY), JIM FLANNERY (DUBLIN), MARGARET CAHILL, NATIONAL PRESIDENT OF SKAL INTERNATIONAL, MARY BENNETT, FORMER WORLD PRESIDENT OF SKAL INTERNATIONAL, MARY BROWNE (CORK) AND SHEILA CASEY (KERRY) AT THE NATIONAL TOURISM FORUM BUSINESS NETWORKING DINNER IN THE MALTON HOTEL, KILLARNEY ON FRIDAY NIGHT. PICTURE: MACMONAGLE, KILLARNEY

A dedicated volunteer, she has devoted her time and energy to organisations like Galway County Enterprise Board, Chamber of Commerce Ireland, the ISPC, Ireland West Tourism, Enable Ireland, Fáilte Ireland, the Irish Goods Council, Aer Lingus and the National Breast Cancer Foundation.

Mary was Rehab Person of the Year in the millennium year and in 2011 she received the

Freedom of Galway.

The Leaders in Tourism Award was presented to Mary by National Skal President, Margaret Cahill, with Killarney hotelier, Michael Rosney, as master of ceremonies.

Skal is a worldwide organisation comprising of close on 17,000 travel and tourism professionals in 80 different countries.

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KNOCKREIGH, MILLTOWN, CO. KERRY €475,000



Six-bedroom 19th century farmhouse with mature gardens and outbuildings, just 2 minutes drive from Milltown and 15 minutes from Killarney. Large bedrooms and generous downstairs living space are key features of this unique property. There is one field (c.0.69 of an acre) behind the house and another (c.1.35 acres) in front, which offer the potential for further development or could be sold as separate sites, subject to planning.

RATHDUANE, RATHMORE, CO. KERRY €35,000



Old style two storey Farmhouse in need of major refurbishment and renovation on large 0.75 acre site at Rathduane. Being sold at Auction on 23rd November 2017 @ 11am in Limerick Strand Hotel.

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72 LACKABANE VILLAGE, KILLARNEY, CO KERRY
Magnificently located detached property set in a popular residential setting adjacent to Lackabane Golf Club, Killarney National Park and a short distance to Fossa Primary School, supermarket and all amenities.
Price: POA



KNOCKANES, HEADFORD, KILLARNEY, CO KERRY
Beautiful picturesque elevated setting, this bungalow (1400 sq ft) (constructed in 1999) set on 0.6 acres is just 2 miles off the main Killarney to Cork road.
Price: €295,000



15 WOODFORD MANOR, KILLARNEY, CO KERRY
Superbly located fine semi-detached house in the highly popular Ballycasheen area in a private mature tranquil residential development with view onto green area.
Price: €235,000



8 FRIARY COURT, PARK ROAD, KILLARNEY, CO KERRY
Magnificently located semi-detached corner property in a private residential development excellently located adjacent to Killarney town centre, train and bus stations, shops and all amenities.
Price: €180,000

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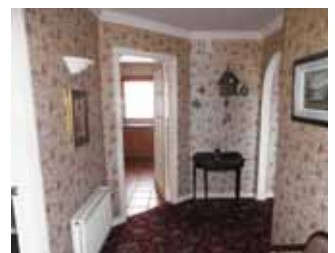
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PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

Sherry FitzGerald
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Address: 'Woodville', Upper Lissivigeen, Killarney, Co Kerry Large five/six bedroom detached dormer style family home, set on landscaped half acre site on quiet location, just off the Cork Road. The property which has two reception rooms also offers flexibility with three bedrooms at ground level and three at first floor, with potential for study/office or playroom. The property has entrance gates to road and tarmac driveway.

Agent: ● Sherry FitzGerald Coghlan ● 95 New Street, Killarney, Co. Kerry ● Tel: **064 6631892** www.sherryfitz.ie

Asking Price: €325,000 BER C2

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

HUGE RESPONSE TO FUNDRAISING CAMPAIGN FOR INJURED TEEN

A "staggering" €118,574 has been raised in support of a Killarney teenager seriously injured in a cycling accident and his family.

The Ian O'Connell Benefit Fund was organised by Spa GAA club and numerous other sporting and voluntary organisations, including anglers and golfers, on both sides of the Kerry/Cork border, also became actively involved.

Ian, aged 16, of Pinewood Estate, Killarney, suffered damage to his neck and spine after falling from his bike in the Muckcross area of Killarney National Park, on August 16 last. He is currently being treated in Dublin's Mater Hospital.

The St Brendan's College student is a juvenile footballer with Spa GAA club, a hurler with Dr Crokes and also plays with Killarney Celtic soccer club.

Chairman of the Spa fund-raising committee James Gleeson said "something amazing" had happened in recent weeks and the amount raised had surpassed all expectations.

"Starting out, we thought around EURO 20,000 might be collected, but the way the campaign took off was incredible," he said.

"It showed the extraordinary level of respect for Ian and his family. It also showed how effective the GAA network is and the feeling of goodwill on both sides of the Blackwater. Many other organisations and schools also became



IAN O'CONNELL TRUST FUND CHEQUE PRESENTATION €118,534.89 PAUDIE HORGAN (CO CHAIR OF FUNDRAISER), JIM GLEESON CHAIRMAN OF FUNDRAISER, MICHEAL O'CONNELL, IAN'S DAD AND TADHG HICKEY FUNDRAISING COMMITTEE

involved. It was truly staggering."

Speaking at a function in the Spa club, Mr Gleeson thanked all who supported the fund and the media and also said there had been significant anonymous donations.

Most of the money was collected through a special lotto fundraiser by the Spa club. Funds have been transferred to a trust fund to be administered by three trustees on behalf of the club. Ian's father, Mike, a driver with Leane's Tool Hire, Killarney, is a native of Boherbue, Co Cork, and Boherbue GAA club also organised a

special lotto.

Thanking everybody for their support, Mike said Ian is in good form and is in regular contact with his peers.

Funds are continuing to come in and a bank account has been set up at AIB, Main St, Killarney:

Account Name: Ian O'Connell Fund

Account Number: 64056025

Sort Code: 936332

BIC: AIBKIE2D

IBAN: IE24AIBK93633264056025

A YEAR IN THE LIFE - GLENCAIRN ABBEY

VALERIE CHARTS THE DAILY LIFE of the only monastery of Cistercian Women in Ireland

Through a series images and words, we get a rare insight into the daily life of the Sisters of St. Mary's Abbey, Glencairn. The Community are the only Cistercian monastery for women in Ireland, Nestled in the rich heartland of County Waterford, they live out their life through work and prayer, and follow the Rule of St. Benedict. There is a mysticism and rhythm to their daily life, which is also intertwined with the seasons of nature and liturgies of the year. Their life is a true living monastic journey, fulfilling the motto of St. Benedict "ora et labora" - to work is to pray. The book is published by Columba Press, Dublin with accompanying photographs, courtesy of Valerie O'Sullivan, Killarney.

A Year in the Life of Glencairn Abbey is also a fundraiser for St Mary's Abbey Building Project. Founded in 1932 St. Mary's Abbey, Glencairn, is the first Cistercian monastery for women in Ireland since the Reformation. Prior to that, the building was in private ownership. During the middle ages, it formed a portion of the episcopal lands held by the Celtic monks of Lismore. In August 2016, saw the reconstruction and completion of the new much needed accommodation and refectory area for the community. It was then discovered that the west wings of the monastery - listed buildings of architectural and archaeological significance, were in urgent need of repair. This followed the demolition and now in the re-



FOREVER BLOWING BUBBLES... A PERFECT SUMMERS DAY AS SR MARIE THERESA BROSAN DELIGHTS CAITLIN BARRY, BLOWING BUBBLES WITH HER IN THE ABBEY GARDEN. CAITLIN WAS ON ONE OF HER MANY VISITS TO THE ABBEY AS HER GRANNY, NELLIE O'DONOVAN WORKS IN THE EUCHARIST BREAD DEPARTMENT. PHOTO: VALERIE O'SULLIVAN

construction stage of the west cloister, and the refurbishment of several windows which are currently and sensitively being conserved. The current phase of works also includes new guest accommodation and the provision for a new visitor centre and facilities at the Monastery. Monastic life at Glencairn Abbey calls the Sisters to prayer seven times a day, Abbess at Glencairn Mother Marie Fahy, leads the women to pray, Vigils, at 4.10 a.m. the first office of the day. Their ancient spiritual heritage is preserved by the sisters of Glencairn Abbey,

women who work and pray through silence. They connect our world to heaven through hours of meditation and creativity. Their work is endless, their life is one of simplicity and order, yet there is a wonderful humanity and kindness that filters from the Abbey. We sense their prayers and their unfailing devotion to this life. A Year in the Life Glencairn Abbey is contains one hundred and sixty pages, a hard back coffee table book, retailing for €24.99, Available in bookshops nationwide.

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PROPERTIES OF THE WEEK

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14 PAIRC CHUIMIN, KILCUMMIN

Guide Price €200,000

3 Bedroom (1 ensuite) semi detached (approx 1,261 sq ft) home with private garden & off street parking in this exclusive development only 5km to Killarney Town Centre. Oil fired central heating.

Ref 1088 **BER C1**



1 THE GROVE, WOODLAWN

Guide Price €340,000

5 bedroom (3 ensuite) detached dormer bungalow (approx 2,100 sq ft) in a small private development of just 4 properties within a short stroll to Killarney town centre. Oil fired central heating.

REF 1026 **BER C2**



KNOCKANINANE WEST, KILCUMMIN

Guide Price €205,000

4 bedroom bungalow (approx 1,331 sq.ft.) standing on in excess of 0.33 acre site with south facing rear garden, garage with electricity, oil fired central heating. Only 5.3 miles to Killarney Town Centre.

REF 1077 **BER D2**



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CHAPLAINS REMEMBERED AT LECTURE

CATHOLIC CHAPLAINS IN WW1

The work of fearless Catholic Chaplains during World War 1 will be the theme of Kerry Archaeological and Historical Society's end of season Lecture in Killarney Library on Tuesday 21st November next at 7.30pm. Mallow-based author and historian Canon Gerard Casey, will explore the extraordinary War Front ministry of this group of daring Priests including some Kerry men. Among them was Killarney native Fr. Donal O'Sullivan who was killed in the Battle of the Somme during July 1916. Fr. Donal left his teaching post in St. Brendan's Seminary to serve his fellow countrymen in the green fields of France where he is laid to rest.

Donal Vincent O'Sullivan was the son of Hannah O'Sullivan and the late D. F. O'Sullivan. They lived at 6, High St, Killarney.

At the time of his death he was Chaplain to the Loyal North Lancashire Regiment, who were engaged in operations on the Somme.

Fáilte roimh cách.



FR. DONAL O'SULLIVAN



THE GRAVE OF FR. DONAL O'SULLIVAN

'MOONLIGHT' AT ISK, KILLORGLIN

A passionate and powerful performance of Beethoven's Moonlight Sonata, at ISK, Killorglin is promised by international pianist Santa Ignace, on December 1st, to ring in the celebratory spirit of the season of Christmas. Santa, who lived in Killarney for over ten years, is currently lecturing at CIT, Cork School of Music and at The Royal Conservatory of Scotland, Glasgow, as well as taking part in a very special Female Conducting Programme at the National Concert Hall, Dublin, to study with some of the best conductors in Europe, including Alice Farnham and David Brophy. She will begin the recital with Leopold Godowsky's Passacaglia, a composition which commemorates the one hundredth anniversary of the death of Franz Schubert, and is based on the opening theme of his 'Unfinished Symphony'. Although Vladimir Horowitz, one of the most renowned pianists of all times, claimed that this complex, but beautifully romantic, composition is actually impossible to play, Santa fully intends to prove him wrong. Santa will finish the recital, on the magnificent ISK Steinway, with a dazzling rendition of Mephisto Waltz No.1 by Franz Liszt – a concert definitely not to be missed. Tickets are available in advance from Variety Sounds Killar-



SANTA IGNACE WHO WILL PLAY AT THE ISK KILLORGLIN ON DECEMBER 1ST.

ney, Killarney School of Music, Paul Sherry Killarney Outlet Centre or ISK Killorglin.
For more information visit: www.santaignace.com.
Venue: The ISK (Intermediate School Killorglin) Killorglin
Time: 7, 30 pm

Date: Friday 1st December
Price: €15 and €12 concessions
Reservations: 0872621525 (Special offers for groups of 10 or more)
Programme: Godowsky 'Passacaglia'
Beethoven 'Moonlight Sonata'
Liszt: 'Mephisto Waltz No.1'

LETTERS TO THE EDITOR

A CHARA,

The Minister for North Korea, red tape, new regulations and stiffer penalties has made an order to severely punish unaccompanied provisional drivers. They have been waiting for driving tests for long periods. He clearly does not understand what it means to live in rural Ireland where people do not have access

to public transport. Would it not be more productive if the Minister had made an order for speed limiters to be fitted to these cars while they are being driven by those on provisional licences? That would have made much more sense. There are speed limiters in lorries and buses and these could also be used in cars. These youngsters have to travel. I firmly believe that a young fellow is entitled to one chance

and that every young fellow deserves that chance. If young fellows blot their copybooks, they can be nailed then but not before that.

Yours sincerely,
Danny Healy-Rae, TD,
KILGARVAN,
CO. KERRY

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FOCUS ON THE FORUM

The Let's Talk Tourism forum took place in The Brehon Hotel in Killarney last weekend. The grassroots of all sectors within tourism gathered to discuss and debate the industry going forward. In this week's Killarney Outlook we take a look at some of the key issues discussed.

BOOM RETURNS WITH LONGER OPENING

The boom is back in tourism.

There has been a major recovery in the domestic market and the end result is that more people are enjoying breaks and hotels have to remain open later in the season to cope with demand.

John Brennan of the Park Hotel in Kenmare told the Let's Talk Tourism conference in Killarney that his hotel always closed at the end of October because it was so quiet there was no point opening. This year, however, the Park will remain open until December 10 and occupancy levels are already at 70 per cent for the six extra weeks.

"We have gone from seven months to a ten and a half month extension and we are aiming for a 12-month base," he said.

Mr Brennan, who also has a luxury glamping business, said businesses should encourage more people to visit in November and



PAUL O'TOOLE, SOLAS PICTURED AT THE LETS TALK TOURISM CONFERENCE IN THE BREHON HOTEL.
PHOTO: DON MACMONAGLE

December when it is much easier to drive around and see the sights and they can be encouraged to enjoy novel pastimes, such as storm watching.

He said on a recent visit to a trade fair in Moscow, attended by 500 travel professionals, he was amazed that the vast majority of them knew all about the Wild Atlantic Way.

"All these little niche things are what will help Ireland," the Park Hotel managing director said. Helena Healy, CEO of B+B Ireland, also stressed the importance of extending the season and staying open as long as the demand is there. "You have to ensure you have somewhere for people to eat on a Monday night in November," she said.

SEASONALITY STILL A BIG ISSUE

NOT every place in the country is experiencing the same gains from tourism but a more united approach could see greater benefits being shared, Fáilte Ireland's Head of the Wild Atlantic Way, Fiona Monaghan, told the Let's Talk Tourism forum in Killarney.

She said there are even still some areas in Kerry where the season lasts just six to eight weeks and the 'closed' sign goes up as early as September.

Seasonality and regionality are two of the biggest issues that need to be addressed and, with Ireland's consistent climate, there is no reason why visitors can't enjoy the same activities in March or September as they can in July or August.

Ms Monaghan said in the Skellig area of Kerry there had been nine different tourism groups competing with each other and the perception



A SECTION OF THE ATTENDANCE AT THE LETS TALK TOURISM CONFERENCE IN THE BREHON HOTEL. PHOTO: DON MACMONAGLE

was that Killarney was "the big bad wolf" for taking everybody but, with Fáilte Ireland support, there is now a unified approach with one vision for the Skellig Coast and it is working.

"Visitors are now getting a real sense of what it is all about," she said.

The Fáilte Ireland official said a greater effort needs to be made on the ground to develop the visitor experience and extend the season.

"If you ask a business 'why do you close on 15th September?' the answer you always get is 'because we always do' and methods must be put in place to make March to October more beneficial," she stated.

Pointing to the success of the Waterford Greenway attraction as an example of what can be achieved, Ms Monaghan said on November 3 it was virtually impossible to make a dinner reservation in Dungarvan because the area was so busy.

"If you didn't have your bike booked, good luck to you," she added.

PLANNING A ROADBLOCK TO PROGRESS

New tourism projects with the potential to attract thousands of extra visitors can only progress in a timely manner if "roadblocks" like lengthy delays in the planning system are removed.

Travel commentator Eoghan Corry insists that Ireland's "convoluted planning process" needs to be addressed if new greenways, walkways and cycle paths are to be developed in response to the obvious demand for such attractions.

"Get the roadblocks out of the way. There is a need to have a special designation for tourism infrastructure, like our roads system," he told the Let's Talk Tourism forum in Killarney at the

weekend.

However, Minister of State for Tourism, Brendan Griffin, a guest at the conference in the Brehon Hotel, said people's individual property right have to be respected.

"Projects might be taking too long to get through the planning process but you can't dump down on people's rights," he insisted.

Mr Griffin said, in his opinion, greenways should be called goldways because of the huge economic advantages they create.

Commenting on the planning process, Kerry County Council CEO, Moira Murrell, said she has "very mixed views" on using the compulsory

purchase process for developments such as greenways.

The proposed South Kerry Greenway has the potential to be the best in Europe but there are 197 landholdings involved and it was a very complex matter.

"If I had 30 years we would get there by consensus. Kerry County Council's decision to go through the compulsory purchase process was a very difficult decision but we shouldn't be making CPO decisions day by day or there would be something wrong," Ms Murrell stated.

KILLARNEY JARVEYS BRUSH UP ON CANTONESE

A Chinese takeaway with a difference is on the menu and it is certainly whetting the appetite of the tourism industry.

Tens of thousands of big-spending visitors from China are expected to flock here in unprecedented numbers in the coming years and the huge influx has the potential to revolutionise the hotel and hospitality industry. Ryanair's newly appointed Chief Operations Officer, Peter Bellew, who has spent the past two years at the helm of Malaysia Airlines, said expected greater connectivity between Ireland and China is likely to result in growth of between 40 and 60 per cent in Chinese tourists visiting Europe in the next two to three years and all indications are that they are determined to visit Ireland.

"They love coming to Ireland, particularly the west of Ireland and, boy, do they spend money when they come here," Mr Bellew told the National Tourism Forum Let's Talk Tourism conference in the Brehon Hotel, Killarney on Friday.

He said Chinese holidaymakers prefer a better



PETER BELLEW, CEO MALAYSIAN AIRWAYS ADDRESSING THE LETS TALK TOURISM NATIONAL CONFERENCE VIA SKYPE IN THE BREHON HOTEL, KILLARNEY ON FRIDAY. PHOTO: DON MACMONAGLE

class of luxury hotel and they are very big spenders when they arrive.

"Never in my life have I seen a greater opportunity in terms of tourism than the Chinese market. There have been 25 million new passports issued there in just a year, they are crying out to travel and their government is telling them to travel," he told the gathering of Irish tourism leaders via satellite link from his current base in Malaysia.

Mr Bellew said the government now needs to

invest in promoting Ireland in China and, he stressed, the Chinese are ready and willing to do business and have no problems paying their bills.

"They are the world's top tourism spenders, much bigger than the USA and we are only scratching the surface. The total revenue raised from China would be greater than all other markets put together," he added.

The new Ryanair Chief Operations Officer said, however, that Ireland's tourist industry would need to adequately prepare for the expected mass influx.

"The food in China is nothing like you would get in a Chinese takeaway in Killarney but it's simple food and one or two days of training would be all that's required," he said.

More local tourism workers will also need to learn to speak Chinese as a matter of priority and, Mr Bellew remarked: "My experience is that we can expect the jarveys up in the Gap of Dunloe in Killarney to be fluent in Chinese and Cantonese by Christmas 2019."

SKILLS SHORTAGE LEADS TO CALL FOR CERT RETURN

A CALL for one State body to be given responsibility for training staff entering the tourism industry sparked a lively debate at a high-profile tourism forum in Killarney, Co Kerry at the weekend.

But the chief executive of Fáilte Ireland has insisted that his organisation does not have the legislative remit or the resources to do so.

Leading the call, Restaurants Association of Ireland CEO, Adrian Cummins, said there is a need for the reintroduction of the CERT training body which was controversially abolished in 2003.

"The skills shortage is getting progressively worse. Some businesses can't open on a Tuesday or a Wednesday because they don't have the staff cover to do so," he said.

Mr Cummins said there is a crying need for a new apprenticeship programme with one central body to implement it, similar to Teagasc looking after training for all sectors of the farming industry.

"Politicians are hearing it all over the country. They also need to solve the problems with work permits as there were 15,000 approved from 1999 to 2002 and just 2,000 last year," he said.

Cait Noone of the International Hotel School at GMIT questioned the need to reinstate CERT, however, insisting it doesn't take four years to train a chef with a two-year culinary arts programme an option.

Dismissing a suggestion that there is an over emphasis on academic programmes, she remarked: "There has been a growth in the number of cafés, bistros, deli, and filling station food stations and they are all taking up people". Ms Noone said to attract more staff, the tourism



DIARMUID LEEN, AIB, OLIVIA O'LEARY, CONFERENCE CHAIR, MARGARET CAHILL, CHAIRPERSON, NATIONAL TOURISM CONFERENCE, MARGARET O'CONNOR, AIB AND SEAN HEALY, AIB PICTURED AT THE LETS TALK TOURISM CONFERENCE IN THE BREHON HOTEL, KILLARNEY ON FRIDAY. PHOTO: DON MACMONAGLE

industry needs to address working conditions.

"We know this generation will not behave like previous generations, working 70 or 80 hours a week," she stressed.

"The reality is we need to demonstrate what an amazing industry it is to work in. We must go out to schools and meet young people who do not have a good impression of the industry. Hospitals went out to the universities and because of that we have university hospitals. Hotels can do likewise to build a model for the future," the GMIT official stated.

The manager of the Hospitality Education and Training Centre, Bernadette Enright, said parents of students also need to be convinced. "When we interview candidates for this industry the perception is that it's sexy and glamorous but, realistically, it's sweaty, it's hot and it's pressure," she said.

"We might identify a good chef but mammy will come in and say 'No, my Johnny will not go there'. There are so many choices for young people now and a huge range of courses," Ms

Enright added.

Minister of State for Tourism, Brendan Griffin, while refusing to be drawn directly on whether just one State training body was required, acknowledged that his department needed to engage with the industry to plan for the future. "My instinct is telling me that one body would be the best way forward," he admitted.



KATE O'LEARY, BRIAN MILEY, CONOR HENNIGAN AND DIARMUID LEEN PICTURED AT THE LETS TALK TOURISM CONFERENCE IN THE BREHON HOTEL. PHOTO: DON MACMONAGLE

KWD KIDS 'RECYCLE RIGHT' INITIATIVE GAINING MOMENTUM



4TH CLASS AT CULLINA NATIONAL SCHOOL WHO TOOK PART IN THE 'RECYCLE RIGHT' INITIATIVE WHICH IS RUN BY KWD.



RAHEEN NATIONAL SCHOOL WHO TOOK PART IN THE 'RECYCLE RIGHT' INITIATIVE WHICH IS RUN BY KWD.

KWD Kids 'Recycle Right' initiative is well under way now and is receiving a great reaction with pupils and teachers in our schools. 27 schools throughout Kerry have been visited so far, providing information on waste and recycling to almost 1000 kids and teachers. The feedback from the workshops has been very positive

with some key learnings for both teachers and students. For example 3D plastic shapes such as bottles, tubs, cartoons can be put into your recycling bin but 2D plastic shapes like plastic bags, crisp and sweet wrappers should go into your general waste bin. Judging by the interest shown by the pupils, the learning will continue

long after the workshops are complete through the new informative and fun website (www.kwdkids.com) and also the 'Recycle Right' booklet that each of the kids receive during the workshop. If you would like KWD Recycling to visit your school, please contact them at info@kwdkids.com.

ST. BRIGID'S GIRLS SWIM TO SUCCESS

The Munster Schools Swimming Gala took place on October 29th in the Gus Healy Memorial Pool in Douglas. Four representatives of St. Brigid's, Killarney competed in a wide variety of events on the day. Ellen Farndon, 2nd year, and Eva Quinn, 3rd year, both took part in the 100m front crawl and came close to their personal best times of last season, a great achievement for the first competition of the year.

Eva also took part in the 100m backcrawl, and swam a fantastic race to come 1st in her heat. Aisling Coffey competed in the 200m IM race, which is one of the toughest races, and got a new personal best in the event. Aisling also raced in the 100m butterfly and placed 8th overall. Niamh Coffey, TY, raced in the 100m backcrawl, getting a new personal best and coming 4th, and the 200m IM, placing 3rd overall. A great day was had by all, and it was a fantastic first gala for the start of the season,



ST. BRIGID'S PARTICIPANTS IN THE SCHOOLS' SWIMMING GALA. AISLING COFFEY, NIAMH COFFEY, EVA QUINN AND ELLEN FARNDON.

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POETRY ALOUD AT ST. BRENDAN'S

On 20th October St Brendan's played host to the Regionals of the Poetry Aloud Competition. 75 students from all over Kerry came to compete in the first heat of this 32 county competition and the standard was stellar. Congratulation to Armandas Bendaravicius, Giordano Diro, Cian Sheahan, Éanna Healy and Tristan Carroll for participating. Only a handful of students qualified for the semi finals and St Brendan's Armandas Bendaravicius was one. He will be travelling to the National Library in Dublin to represent the school. Go n-éirí leis!



ST. BRENDAN'S STUDENTS ARMANDAS BENDARAVICIUS, GIORDANO DIRO, CIAN SHEAHAN, ÉANNA HEALY AND TRISTAN CARROLL WITH TEACHER MARY LYONS.

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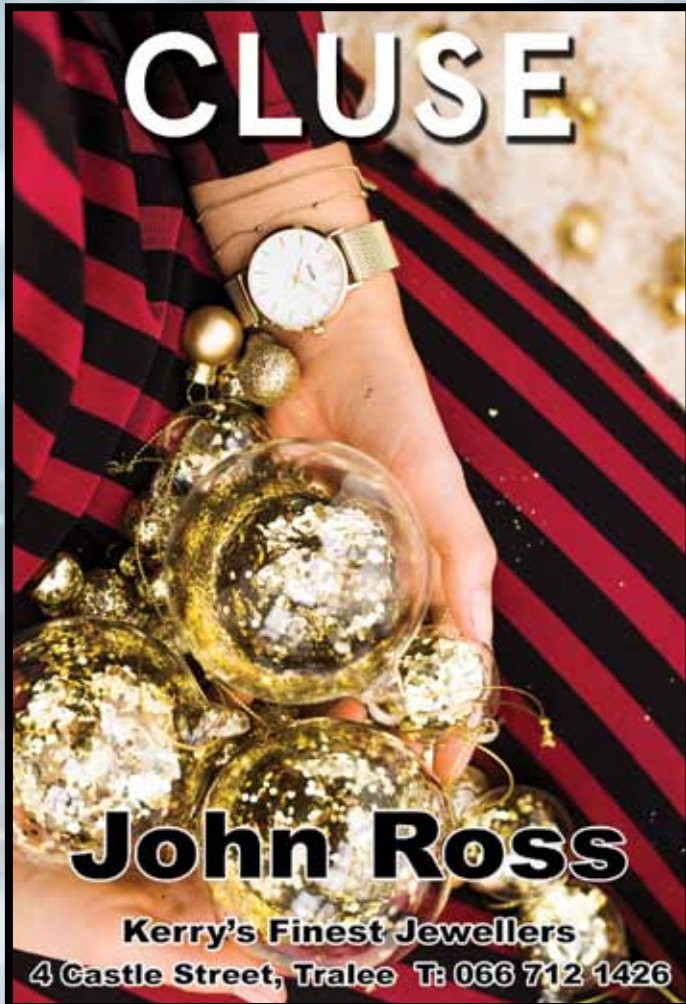
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A new wellness centre has opened in Killarney. Nua Wellness is located at 53 High Street Killarney and is owned and operated by Margaret Brosnan who has recently moved home having spent the past 6 years in Toronto Canada.

"Our goal is to help our clients look and feel their best. We offer a variety of treatments including massage therapy and Facials. The skin care line that we carry Flourish Organics is organic and made here in Killarney. I feel it is important for local small businesses to support each other", Margaret told the Killarney Outlook.

Margaret is a master lash artist having trained in London and Toronto. Lash extensions are a must for the holiday season and we can create a custom set for every taste.

"We also offer flotation therapy which is a truly unique experience. Research is consistently indicating that flotation therapy is hugely effective managing stress and reducing anxiety", she added.

Flotation therapy is also becoming more popular with professional athletes who use flotation therapy to prevent injury, speed up recovery and increase clarity and focus. NFL teams The Dallas Cowboys, The Philadelphia Eagles, and The Patriots have all adapted flotation therapy into their regular training routines.



The tank contains 14 inches of water and 1000 pounds of high grade Epsom salts. The solution is so highly concentrated that your body automatically floats. The Epsom salt is easily absorbed through the skin eases sore muscles and loosens up tight joints. Flotation therapy is also becoming effective in alleviating the pain associated with fibromyalgia, arthritis and migraines. It also reduces blood pressure and boosts immune function.

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SANTA CLAUS IS COMING TO MANOR WEST

Santa Claus to arrive at Manor West on 18th November-

Manor West Shopping Centre and Retail Park is creating a buzz this Christmas season with it's magnificent decorations and festive cheer. As part of the centre's free Winter events, Santa Claus will be at the centre on Saturday 18th November and Sunday 19th November from 12 - 6pm.

Kids will have the chance to meet the big man in red and his friends for free and everyone is invited to come and give him a BIG Tralee welcome. There will also be some balloon modelling fun and facepainting. Radio Kerry will be there chatting with Santa, playing your favourite songs and giving away some fantastic spot prizes!

"The decorations are up and excitement is certainly building for the arrival of Santa in the centre. It is always one of the highlights of the year and we are looking forward to seeing all our customers enjoying the festivities and making memories with us during the festive



season", Derek Rusk, Centre Manager told the Killarney Outlook.

Children will be able to visit Santa and his special friends every Saturday and Sunday from 12-6pm right up to December 23rd. Manor West will also have manned car parking areas over the festive period as well as extra parking opened daily behind Debenhams during peak traffic times. All the parking as always is free of charge, so one less drain on the pocket!

For more information on Manor West Shopping Centre and Retail Park and upcoming events please visit www.manorwest.ie or find them on Facebook and Twitter.



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- Ensure you are getting all the relevant discounts that your Insurer allows. Ask about mileage discounts, value of car and having other business with the broker or insurer. Discounts may also be available for your spouse/partner having a second car.

- Review the drivers on your policy annually. Some Insurers charge for extra drivers and believe it or not some insurers offer lower quotes when drivers are added on. As Independent Insurance Brokers we know the market and can advise you accordingly saving you time and money in the process.

- Consider reducing your no claims bonus protection. Most Insurers will charge to include Full Bonus protection.

- For older vehicles ask about third party fire and theft cover – but always include windscreen!

- Consider paying in full for your policy as instalments add up to 8%

- Talk to an Independent Insurance Broker for advice. Direct Insurers will only offer the lowest value product to get the sale, this product may not allow you to drive other cars or have windscreen cover and you may get charged each time you do minor amendments during the year.

- **To Save Money and not compromise on your cover you should contact Healy Insurances and get the very best local service and the best price. Contact us today on 064 66 33344.**



JOHN HEALY

THE NEW PEUGEOT 3008 SUV IS IRISH CAR OF THE YEAR 2018

The new Peugeot 3008 SUV was crowned Irish Car of the Year 2018, in association with Continental Tyres, at a gala event in The Gibson Hotel, Dublin, attended by leading figures in the Irish Motor Industry and motoring journalists. Awarded the Irish Compact SUV of the Year 2018 category winner, the 3008 SUV then beat off stiff competition from eight other category winners, to take the overall title crown. Launched in March in Ireland, demand for the multi-award winning Peugeot 3008 SUV has soared to place it as the best-selling Peugeot car model in 2017. The Irish Car of the Year 2018 accolade is the 34th international award bestowed upon the 3008 SUV. Des Cannon, Managing Director of Gowan Distributors, Peugeot Importers in Ireland said: "When we first saw and drove the new 3008 SUV, we knew it was a very special car. We are simply over the moon with the Irish Car of the Year 2018 title. Huge thanks to the Irish Car of the Year voters for their dedication to the awards and to Continental Tyres for their support."

Irish Car of The Year Committee member, Michael Sheridan, said: "What an achievement for the Peugeot 3008 to come out on top from a field of some 60 new models launched this year on the Irish market."

Irish Car of The Year Committee member, David Walshe, said: "It was a very tight competition this year with many, many fine vehicles in the running for the Irish Car of the Year accolade, congratulations to a worthy winner."

Tom Dennigan of Continental Tyres said: "The choices of the Irish Car of the Year jury are a great help in informing Irish consumers as to the

bewildering array of high tech vehicles that are launched in Ireland each year. Continental is delighted to be associated with the Irish Car of the Year awards."

The cars are now available to order and test drive at Reens Peugeot Rathmore.



CELEBRATING THE WIN ARE CIARAN CUSACK, ALAN KILROY, DES CANNON, EOIN QUINN, EMMA TONER, SEAN KEARNS AND COLIN SHERIDAN FROM GOWAN DISTRIBUTORS, PEUGEOT IMPORTERS IN IRELAND

BILLY IS PEUGEOT SERVICE MANAGER OF THE YEAR 2017

Billy Clifford, Service Manager at Reen's Rathmore, Main Peugeot Dealers in County Kerry, has been awarded Peugeot Service Manager of the Year 2017. The Tralee-man has fifteen years' experience in the Irish Motor Industry, but has worked at the Reen's family-run Dealership in Rathmore since just January 2016. Billy was presented with his trophy at the annual Peugeot Aftersales Conference, held at the Louis Fitzgerald Hotel, Dublin on Friday 20th October, attended by 60 Peugeot Parts and Service Managers from across the country.

At the awards-ceremony Billy said, "I'm delighted with the award, in recognition of an excellent Aftersales team here at Reen's Rathmore. Our goal at Reen's is to go that bit further each and every time, to serve our local people and local businesses to the best of our ability. I want to thank every one of our customers for their support and loyalty."

Sean Kearns, Head of Aftersales at Gowan Distributors Limited, Peugeot Importers in Ireland said, "Billy has proven, in a very short time frame that he has exemplary leadership skills and he has built a tremendously strong Aftersales team around him, which has been duly recognised by Peugeot today. With a wealth of technical and parts knowledge built over the last fifteen years, a strong focus on customer service, and excellent satisfaction ratings, Billy was a clear winner in this year's competition."

Holder of a supervisory management college qualification, Billy is married with one son. He stepped into the position of Service Manager

at Reen's just under two years ago. Billy's trophy has now been added to the trophy cabinet at Reen's Rathmore; the Kerry Dealership is no stranger to awards having won Peugeot Dealer of the Year 2006 and 2015.



PICTURED FROM LEFT TO RIGHT ARE: SEAN KEARNS, HEAD OF AFTERSALES AT GOWAN DISTRIBUTORS LIMITED, PEUGEOT IMPORTERS IN IRELAND; BILLY CLIFFORD, PEUGEOT SERVICE MANAGER OF THE YEAR, REEN'S RATHMORE; JOHNNIE REEN, AFTERSALES MANAGER AT REEN'S RATHMORE; DAVID DOYLE, NETWORK SERVICE MANAGER.



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Winter Motoring Guide 2017



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New Renault CAPTUR
Signature X Nav TCe 90



Renault KADJAR
Signature Nav dCi 110



All-New Renault KOLEOS
Signature Nav dCi 130

Models shown: KADJAR Signature Nav ENERGY dCi 110, starting RRP €31,290. KOLEOS Signature Nav dCi 130, starting RRP €36,790. CAPTUR Signature X Nav TCe 90, starting RRP €22,890. Finance example: CAPTUR Expression TCe 90 S&S, RRP €20,290. Deposit €6,896. Term 36 monthly payments of €169. APR 3%. Total cost of credit €896 inc doc & completion fee €75 each. Optional final payment €8,055. Includes 3-year service plan. 3 years' road tax is based on the current rates, applicable at the time of purchase. Offer exclusive to Renault Bank. Excess mileage plus excess wear-and-tear charges may apply upon return of vehicle. Offer is made under a hire purchase agreement. Subject to lending criteria. Terms and conditions apply. See renault.ie [Warning: You will not own these goods until the final payment is made]. Renault Bank is a trading name of RCI Banque Branch Ireland and is authorised and regulated by the French banking authority and supervised by the Central Bank for conduct of business purposes.

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Models shown: Sandero Signature SCe 75, Starting RRP €12,990; Sandero Stepway Alternative TCe 90, Starting RRP €13,490; Logan MCV Signature SCe 75, Starting RRP €13,590; and Duster Signature 1.5 dCi 110 4x2, Starting RRP €18,890. Finance example: Sandero Alternative SCe 75, RRP €10,690. Deposit €0. Term 36 monthly payments of €201. APR 4.9%. Total cost of credit €1,063 inc doc & completion fee €75 each. Optional final payment €4,383. Excess mileage plus excess wear and tear charges may apply upon return of Vehicle. Offer is made under a hire purchase agreement. Subject to lending criteria. Terms and conditions apply. See dacia.ie [Warning: You will not own these goods until the final payment is made]. Dacia Bank is a trading name of RCI Banque Branch Ireland and is authorised and regulated by the French banking authority and supervised by the Central Bank for conduct of business purposes.

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Tel: 064 7758150



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3008 SUV NEW 3008 SUV

5008 SUV JUST ARRIVED NEW 5008 SUV 7-SEATER

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PEUGEOT RECOMMENDS TOTAL Combined consumption (l/100 km): 2008 from 5.7 to 4.9; 3008 from 5.8 to 4.1 in E.T.C.O₂ emissions (g/km): 2008 from 96 to 114; 3008 from 100 to 150; 5008 from 100 to 140.

REEN'S RATHMORE Main Peugeot Dealers, Rathmore, Co. Kerry. Tel: 064-7758150 Web: www.reenscarsales.ie

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PEUGEOT RECOMMENDS TOTAL Combined consumption (l/100 km): from 5.1 to 5.9. CO₂ emissions (g/km): from 133 to 155.

Don't delay call REENS PEUGEOT RATHMORE today to arrange a test drive.
For more info call the Sales Team

Tim Reen 087 2590143 - Mike O' Shea 087 3290071 - Office - 064 77 58150

NEW PEUGEOT EXPERT
MOTION & EMOTION



LIAM LYNCH MOTORS LAUNCH NEW ŠKODA ECOGRANT SCHEME

UP TO €5,500 ALLOWANCE ON YOUR OLD CAR

LIAM LYNCH MOTORS have announced the launch of the new ŠKODA EcoGrant Scheme. The EcoGrant is designed to encourage the uptake of ŠKODA's latest generation of lower emission vehicles among Kerry drivers and across the country, with a focus on removing and recycling older EU1-4 Diesel emission standard vehicles.

EU1-4 Diesel vehicles are generally vehicles registered prior to 2011. The EcoGrant is not restricted to ŠKODA vehicles, all vehicle brands can qualify under the scheme. Customers can avail of the exclusive Liam Lynch Motors EcoGrant of up to €5,500 for qualifying vehicles. Once you drive away in your new ŠKODA, your old vehicle will be brought to an End of Life Vehicle Centre where it will be issued with a Certificate of Destruction to

ensure it is removed from the road forever. The offer varies from model to model with an EcoGrant of €2,300 provided against a Fabia, €3,550 against an Octavia and an EcoGrant of up to €5,500 against a Superb.

Speaking about the offer, Liam Lynch of Liam Lynch Motors said: *"The ŠKODA EcoGrant offers customers with older vehicles the opportunity to change to one of our newer, lower emission and fuel-efficient models. We are also delighted to confirm that Liam Lynch Motors will provide an Exclusive Scrappage offer on all other vehicles including Petrol, EU5 vehicles and vehicles registered later than 2011. The minimum you will receive under our offer is €1,500 for your old car with up to €4,000 for a ŠKODA Superb."*



ŠKODA
SIMPLY CLEVER

AHERNS BMW ANNOUNCES STERLING OFFERS 9% OFF ANY NEW BMW MODEL

OFFER AVAILABLE ACROSS THE RANGE FOR A LIMITED TIME OR UNTIL STOCKS LAST

Aherns BMW has today announced an unprecedented 9% off every BMW model. As many Irish consumers look to 2018 to buy a new car, Aherns provide exceptional value, local expertise and peace of mind while protecting the long term interests of customers.

This 'Sterling Sales Event' offer is in addition to the Lower Emissions Allowance announced earlier this year by BMW Group Ireland which gives customers a further €2,000 off any BMW with emissions of 130g/km or less. The incentive is open to owners of diesel Euro 4 (EU4) emission standard vehicles or below who can trade-in their vehicle for a new

BMW i, BMW iPerformance model or low-CO2 emission models.

The promotional offer is available from now until the 31st March 2018 at Aherns BMW Castleisland. All models are offered with BMW PCP Finance with rates as little as 4.9% finance. BMW PCP Finance guarantees the minimum value of a BMW under BMW PCP, a personal contact plan finance (PCP) agreement.

The offer could not come at a better time for customers looking at the All-New BMW X3, one of the most dynamically competent and technologically advanced SUVs on the road. This new model arrives at BMW retail outlets

from the 11th November. A new 2.0-litre petrol engine is offered alongside the familiar diesel offering, plus a new performance flagship, the M40i – the first ever M Performance vehicle in the X3 line-up, emphasising the class-leading dynamic appeal of the model. Promotional discounts on this model range from €5,196 to €7,648 on this brand new model for the limited period.

For further information or to arrange a test drive please contact our sales team on 066 7143000 or check out Ahernsbmw.ie

FORD - WE GO FURTHER AT KILLARNEY AUTO'S



YOUR FRIENDLY  MAIN DEALER

Tony Fleming, Dermot Moriarty & Kevin Donnelly are the three people from Killarney Autos that will brighten up your Winter days, these people have years of experience in the motor trade.

If you're thinking of buying a new car or commercial these are definitely the people you need to speak to.

We've got the stock, we have the best deals and the best back up at our service department.

"We sell new and used cars to all parts of the country so wherever you're from as you read this, make the journey to us -it could save you a lot of money. We are proud to be Ford Main Dealers, sales open 6 days (Sat 10-5), Check out our advert for more info.

Hope to see you soon"

- Kevin, Dermot & Tony



Have you heard about the Exclusive EcoGrant Offer from Liam Lynch Motors?

Liam Lynch Motors are delighted to announce our exclusive EcoGrant scheme.

What is the EcoGrant?

The purpose of the EcoGrant is to remove and recycle older EU1-EU4 diesel vehicles — mostly cars registered prior to 2011 — and to encourage the uptake of ŠKODA's latest generation of lower emission vehicles.

All brands of vehicles are welcome and can qualify under the scheme. Customers can avail of the exclusive ŠKODA EcoGrant of up to €6,000 for vehicles that

qualify for the grant. Of course, there are some reasonable terms and conditions.

The offer is open to new ŠKODA models ordered between **8th September** and **31st December 2017**.

Your old car could be worth more than you think!



€2,500



€3,750



€4,500



€6,000



Liam Lynch Motors,
Farranfore, Co. Kerry.
Tel: 066 979 3066 • www.liamlynchskoda.ie

Opening Hours
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Saturday (sales only) 11:00am–4:00pm

The 181 Volkswagen Range



Volkswagen EcoGrant

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Replace your Euro 1 – 4 diesel vehicle with a more environmentally friendly Euro 6 model and receive up to €6,500 off your new Volkswagen, including electric, hybrid, petrol and more efficient diesel engines. With low finance rates and Technology Upgrades, now is the time to make the future your present.

Visit us before **December 31st** to avail of these offers.

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Volkswagen

(Polo, Tiguan, Arteon) Fuel Consumption (l/100km) (combined) 6.1 – 3.8. CO2 emissions (g/km) 167–47. Increased weight of a vehicle, including higher trim levels and the addition of options may have an effect on the fuel consumption and CO2 emissions produced. The CO2 and fuel consumption figures are the official figures obtained from tests under standardised EU test conditions. *The EcoGrant amount on offer varies per model. The EcoGrant is available to retail customers with orders submitted from 8th September 2017 until 31st December 2017. This offer cannot be used in conjunction with other existing 181 offers. Registration of qualifying cars can be in 2017 or up to 30th June 2018. The EcoGrant is available for owners of all makes of cars and not restricted to Volkswagen owners. Vehicles being scrapped must have been registered in the name of the purchaser of the new car for at least 6 months prior to the date of registration of the new car. Qualifying trade-in cars must be scrapped within 60 days (before or after new vehicle registration date) at an approved end-of-life authorised vehicle treatment facility (ELV). This offer is subject to availability and may be withdrawn at any time. This offer does not apply to fleet sales. For more information visit www.volkswagen.ie. Offers mentioned apply to 181 retail orders before December 31st. Models shown are for illustrative purposes only. Information correct at time of print. See www.volkswagen.ie for details.



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The EcoGrant offer is available to retail customers with orders submitted from 8th September 2017. Registration of qualifying units can be in 2017 or up to 30th June 2018. The EcoGrant is available for owners of all makes of cars and not restricted to Audi owners. Cars being scrapped must have been registered in the name of the purchaser of the new car for at least 6 months prior to the date of registration of the new car. Ownership of qualifying model must not have changed since September 1st 2017. Qualifying trade-in vehicles must be scrapped within 60 days (before or after new vehicle registration date) at an approved end of life authorised vehicle treatment facility (ELV). These scrappage offers are strictly only from Audi Cork.

NEWMARKET MOTORS RELEASES DETAILS OF '181' OFFERS



- New model offensive from Volkswagen including New T-Roc, New Polo, New Tiguan Allspace, New Arteon and New Golf
- 0.9%* APR PCP Finance available
- Technology Upgrades across the range
- Purchase Contributions of up to €2,000** available
- EcoGrant of up to €6,500 available on EU 1 - 4 diesel cars that are scrapped.

Welcoming the new offers Sales Manager, Newmarket Motors DJ Browne said "There has never been a better time to purchase a Volkswagen. Here at Newmarket Motors, we provide plenty of different options to suit customers' individual needs, with many new and exciting models to pick from. On top of this, we can provide great finance offers which can be tailored to suit specific needs. We would welcome motorists to call into the dealership and our very helpful staff will be on hand to give more details and answer any questions."

With two distinct offer bundles available plus a large model offensive across multiple segments, there has never been a better time to drive away in a new Volkswagen.

Volkswagen, Ireland's No. 1 passenger car brand year-to-date in 2017, has announced details of its '181' campaign, which includes Technology Upgrades across the range, low-rate finance, and Purchase Contributions of up to €2,000. For customers who wish to scrap their EU 1 - 4 emissions standard diesel car, an EcoGrant of up to €6,500 is available.

For the 181 Campaign, Volkswagen has the solution for every customer. For customers who want to scrap their EU1 - EU4 emissions standard diesel car (any manufacturer) and would like to replace it with a more efficient Volkswagen model, they can avail of an EcoGrant of up to €6,500 combined with 4.9% APR HP or PCP Finance, plus Technology Upgrades. For more information visit www.volkswagen.ie/EcoGrant.

For those customers who do not have an EU 1 - 4 emissions standard diesel car, Volkswagen has created a special '181' offer consisting of Purchase Contributions of up to €2,000, ultra-low-rate 0.9%* APR PCP finance, plus Technology Upgrades. So regardless of the case, there is a '181' offer from Volkswagen to suit everyone.

All customers can avail of the very latest features the brand has to offer with the Technology Upgrades. These packs group some of the most desirable technology features for a special bundled price, such as Discover Media SatNav, the Driver Alert System and Adaptive Cruise Control. These Technology Upgrades can offer savings of up to €4,500 and allow customers to experience the future of driving, today.

There are a total of three new models coming to the Volkswagen range in time for '181' with the new Polo, new Tiguan Allspace and new T-Roc arriving just before Christmas and available to order now. The new T-Roc is Volkswagen's first crossover SUV and enters the market with an RRP of €24,750. The new T-Roc and new Polo will also be available to view in Volkswagen showrooms at the end of October. This brings the total number of new model launches in 2017 to five when you consider the new Golf and new Arteon models launched earlier this year.

For more information, please visit www.newmarketmotors.ie or call 029 60100



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AUDI SELECTION:	SAVE
142 Audi A1 1.6 TDI SE	€2,000
142 Audi A3 1.6 TDI Sport.	€2,000
11 Audi A3 1.6 TDI SE.	€1,000
141 Audi A4 2.0 TDI Technik	€2,000
12 Audi A4 2.0 TDI Sport.	€2,000
131 Audi A6 2.0 TDi Avant.	€3,000

ONE DAY ONLY!!

VW SELECTION:	SAVE
151 VW Jetta 2.0 TDI Comfort	€2,000
141 VW Passat 1.6 TDI Comfort	€2,000
141 VW Passat 2.0 TDI Estate Highline	€2,000
12 VW Passat 1.6 TDI Bluem Tech	€1,000
142 VW Caddy 1.6 TDi.	€1,000

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Killarney

TOWN TALK



NORMA COSTELLO (2ND FROM LEFT), SPA MANAGER AT THE KILLARNEY PLAZA HOTEL, PICTURED AT THE HOTELS PRE CHRISTMAS SPA EVENING WITH L-R EDELE GREENSMITH, KATHLEEN GLAVIN & COLUMBA GLAVIN. PICTURE MARIE CARROLL-O'SULLIVAN



CAOIMHE SPILLANE.

towntalk@outlookmags.com

BOOK LAUNCH

There will be a book launch of 'The Secret Box- Finding the Key' in Reidy's Main Street Friday 17th November at 7:30pm. The book will be launched by TD Michael Healy Rae and has had rave reviews so far. The book tells the story of Maria and how she handles and deals with the various adversities in a decisive and determined way and how she moves on with life, learning to overcome phobias and traumas of a most challenging nature. Maria learns how to be her own woman and finds a major key to happiness and contentment in life. The book is an entertaining and fascinating read and the reader can compare and contrast their own life

To find out what's happening in Killarney, look no further than the Town Talk Page. If you have any news you would like to share, an event you would like to promote an interesting story about Killarney you can contact

experiences with those of the character, Maria. The Secret Box is an enthralling read which obliges the reader to search his or her own soul in an in-depth way. To attend the event please RSVP to michellehadad@hotmail.com.

KILLARNEY MEMORY TREE

The Killarney Memory Tree will be at Holy Cross Mercy School, New Road again this Christmas. Lights dedicated to your loved ones can be organised through the school, Parish Office or in local outlets.

A NIGHT OF CLASSICS

There will be a night of classics with the Cork Youth Orchestra featuring Mary Hegarty and Joe Corbett at the Celtic Steps Theatre at the Racecourse Killarney on Sunday 19th November at 7pm.

The 140-strong orchestra, whose members range in age from 14 to 18, will be joined on stage by conductor Tomas McCarthy and leaders Mairead Creedon and Maria McCarthy. Tickets from €10 and all proceeds will go to Friends of the Children of Chernobyl Killarney.

TABLE QUIZ

Quest will be hosting a quiz in aid of the

Kerry Mountain Rescue Team, on Wednesday, November 29th at 8pm at the Killarney Avenue Hotel. You are invited to come along to take part in their general knowledge table quiz. Teams of four €40 - there will be great prizes and finger food provided on the night. It promises to be a fun night to support the Kerry Mountain Rescue Team, who work tirelessly on the mountains 365 days of the year.

CHRISTMAS FAIR

There will be a Christmas Craft and Food Fair at The Killarney Outlet Centre which will take place on Sunday the 26th of November between 12pm and 6 pm. Prepare to be amazed and bedazzled by the huge array of Arts Crafts and Food producers from the local area and beyond who will gather for the largest Craft Event of the year. Admission is Free.

ROTARY CLUB WINE AND ART NIGHT

This years Art and Wine night in The Malton takes place on Thursday the 30th of November. Doors open at 7:30pm and tickets cost €20.00. The proceeds of the event will go to local charities and community projects. It will be a great night of art and wine. Artists are welcome to exhibit but pre-registration is compulsory as space is limited. Registration form for artists and further information is available by contacting Killarney Rotary Club by email - killarneyrotaryclub@gmail.com or through the Killarney Rotary Club Facebook page.

LISA MCHUGH CONCERT

Country/Folk superstar Lisa McHugh will be coming to Killarney on the 24th November. The Glaswegian Country icon, has just returned from a well-deserved break in New Zealand after a hectic and successful 2016, recharged and ready to take on 2017 and make it even bigger and better!

The talented singer has 5 albums under her belt. 2016 saw the 5 times "Female Vocalist of the Year" release her first live DVD.

TRIBUTE BAND

Often acclaimed as the World's Official No.1 Eagles tribute, The Illegal Eagles return to the INEC stage on 1st December. They will be celebrating their own incredible 20 years of UK and international touring. This seasoned group of talented musicians are true Eagles fans at heart. Their impressive mastery of the Eagles distinctive sound has made them one of the most sought after shows of their kind in the world. For their special 20th Anniversary tour, The Illegal Eagles bring you their strongest and most popular show to date. Performing all of the classic Eagles hits including Hotel California, Take It Easy, Lyin' Eyes, Take it to the



PICTURED BEFORE CURTAIN CALL AT THE KILLARNEY AVENUE HOTEL FOR THE DOCHAS PLAY "PHILIP & ROWENA" WERE L-R REBECCA FITZGERALD (HEATHER), SEAN TREACY (DOCTOR), LIZ RYAN (DIRECTOR) & MICHAEL MILLS (JEREMY, PHILIPS SON). PICTURE MARIE CARROLL-O'SULLIVAN

Limit, Life in the Fast Lane and many more! Doors are at 7:30pm and the show starts at 8:30pm tickets cost €27.90

CHRISTMAS DIP

A great way to start your Christmas Day with a quick Dip in the Lake all for a good cause! The sponsored deep in Muckcross lake is in aid of Aware on Monday, December 25th at 11am – 12pm. This event has been going for over 8 years now and has been such a success in raising much needed funds for Aware. They have raised over €30,000. The event has become a big part of many people's Christmas Day and a firm family tradition. Sponsor packs are ready so contact Niki on nikimcmoney@gmail.com to receive your pack. All proceeds go to Aware.

TEXAS HEART REUNION

Texas Heart will be performing a 10 year reunion gig on Friday November 17th at 9pm in Courtney's Bar. The trio will play American Country, country rock and some rock'n'roll featuring everything from Garth Brooks to Mary Black.

RAMBLING HOUSE

Glenflesk Rambling House will take place on Saturday 18th November at 8pm and all proceeds will go to the Kerry- Cork Health Link Bus.

CHRISTMAS HAMPER CYCLE

The Killorglin Cycling Club will hold their Christmas Hamper Cycle on Sunday, December 10th. The 50km route from Killorglin takes in Killarney, Farranfore, Fries, Castlemaine and Miltown before heading back to Killorglin. The 75km route will follow the same roads as the shorter route but at Farranfore riders on will head towards Tralee before turning

off at Farmers Bridge and tackling the climb before joining the main Tralee-Killorglin road. Both events will be controlled by a pace car for approximately two thirds of the distance before riders are released to sprint for home. Under 16 riders can only ride the short route. The first three riders home in the 75km route will have the choice of hampers, but there are several other prizes that will be drawn amongst all the finishers. The entry fee for Cycling Ireland licence holders is €15 and €20 for non-members with the sign-on at the Killorglin Sports and Leisure Centre from 8.45am to 9.45am on the day with the cycle starting at 10am. On return to the centre showers will be available along with hot food and refreshments.

TAE POT TOUR

Farmer Michael and Kathleen bring their viral madness to Kerry Friday December 1st, 8:00 pm at the Killarney Plaza Hotel. The 'Tae Pot' Tour' comes to Killarney featuring internet viral sensations Farmer Michael and Kathleen acting out their infamous sketches alongside a number of other well-known comedians – Johnny Graham, Paul David Murphy, Al Orme and celebrity impressionist Shane Cunningham. Enjoy a culchie night out with Farmer Michael and his long suffering wife Kathleen as they discuss all well known world topics – from Donald Trump, to Caitlyn Jenner, Leo Varadkar to Lady GaGa, and a couple of their well known cover songs too. After only 2 years on the comedy scene, Stevo and Sinéad have gathered a following of over 167,000 people worldwide, and over 2 million views on some of their sketches. Tickets cost €19.43 and are available at www.eventbrite.ie

ARE YOU READY TO GO BACK TO THE 90'S IN AID OF CF IRELAND

Fancy a bit of a blast from the past and a chance to bop away to the tunes of the '90's.

Well then McSorley's Loft Bar is the place to be this Saturday night.

Friends of the late Patrick McSparran are holding a '90's disco with DJ's Jim and Kev.

"Join us for a night to remember as we go back to the soundtrack of our youth and meet some of the people we shared those days with in Killarney", John Cronin one of the organisers of the event told the Killarney Outlook.

Tickets are €10 and are on sale from Who's 4 Shoes High street Killarney and Carry Out off licences on Muckcross Road and Tralee road Killarney. Tickets can be purchased on the night also.



ORGANISERS OF THE DISCO. FROM LEFT: JAMES MURPHY, KEVIN O'SULLIVAN, PATRICIA MCCARTHY, PAT SHEEHAN, MCSORLEY'S AND JOHN CRONIN.

LAURA GRACES THE ITALIAN STAGE

Local performer Laura O'Keeffe, who is cantor in St. Mary's Cathedral, recently travelled to Italy as the soprano soloist with the Fleischmann choir. Laura, who also performs at weddings, took to the stage with the 150 strong choir. They travelled to Milan and Lake Como, Italy where she sang the soprano solo in Como Cathedral with the massive choir. On her return she performed Fauré's Requiem in St Michael's church Blackrock and she received a beautiful bouquet of flowers after her performance.



LAURA O'KEEFFE PICTURED AFTER HER PERFORMANCE

RATHMORE/GNEEVEGUILLA NEWS

by Michael O'Mahony

PARENTS ASSOCIATION GNEEVEGUILLA NATIONAL SCHOOL

The Parents Association of Gneeveguilla National School would like to thank everyone who joined us for our tea party on Saturday last 11th November. It was a very enjoyable evening and it wouldn't have been possible without your support. We would like to thank all our sponsors and local shops who donated food items, to Breda Nagle for her flower displays, to Teach Fáilte for the use their tables and chairs. Gneeveguilla GAA for the use of the hall. Thanks to Fleur Daly for the use of her exquisite crockery collection and to "Celtra" who provided music for the evening. Thank you one and all.

UPCOMING EVENTS

Used clothes collection, 24th November, Church gate collection 25th November, Santa Fun-Run 10th December. Funds raised go towards the cost of activities for the children throughout the school year. Your support is greatly appreciated.

BIRTHDAY WISHES

Congratulations to Sheila Russel old Road Shinnagh Rathmore who celebrated special birthday last week with family & friends in Bridge bar Rathmore.

RATHMORE GNEEVEGUILLA COMMUNITY GAMES

We are pleased to announce that we have just launched our very first 'Instagram' page for all social media users please search 'rgcommunitygames' and 'follow our new Instagram page' for all updates of trials and events for the forthcoming year. Our 'facebook' page will also continue to be updated with information - please share with friends and families in Rathmore Gneeveguilla parish.

The 2017 County Awards night was held at the River Island Hotel, Castleisland recently with a large crowd in attendance. The annual 'Paud O'Leary' Memorial Trophy was presented to Patsy O'Connor from Abbeydorney/Kilflynn area. We would like to offer our congratulations to Patsy and to all the other award winners for 2017. Finally on behalf of all our committee we would like to pass on our sincere sympathy to our committee members Mike and Maria on the recent passing of Mike's father Robert (Bob) Foley & mother Breeda Foley (nee O'Donoghue) may both them rest in peace.

TUREENCAHILL ACTIVE RETIREMENT GROUP

would like to thank all who supported The Craft Fair which was held on Sunday 29th Oct in Tureencahill Community Centre In Aid of Music & Speech for local children in St. Francis School, Beaufort. Funds raised on the day of €1,450 have been donated to the Parents Autism Group...A huge thanks to all who supported on New Members Always welcome

RATHMORE STRICTLY COME DANCING

Rathmore GAA and Rathmore Ladies football clubs come together again to jointly host this event for the second consecutive year. Following the success and entertainment element of last years event, this night is



PICTURED IS ALLIANZ CUMANN NA MBUNSCOL COUNTY 6-8 TEACHER CHAMPIONS HFNS RATHMORE PUT IN A MIGHTY PERFORMANCE TO DEFEAT ST BRIGID'S DUAGH 8-8 TO 3-5 AT AUSTIN STACK PARK TRALEE ON RENNILY

much anticipated by both the local and wider communities!!

Renowned choreographer Joe Burkett is putting the dancers through their paces in preparation for the big night.

The Launch night took place in The Killarney Avenue Hotel who are again main sponsors of Rathmore Strictly Come Dancing".

This event takes place on December 7th at 8pm in INEC, Killarney. Tickets €20-available from The Washbasket, Rathmore and INEC Box Office

BINGO NIGHT

Parents Committee Holy Family N.S. Rathmore bingo night this Saturday November 18th at Rathmore community centre

Great night's entertainment for all the family.

GNEEVEGUILLA GAA AGM

Friday December 1st at 8.30pm sharp.

UNISLIM

The Ladies Committee are hoping to set up a Unislim Class in Gneeveguilla if we can get enough interested we will go ahead, for further information please contact Noreen on 0861210354 or Sheila on 0876566715.

ALLIANZ CUMANN NA MBUNSCOL COUNTY 6-8 TEACHER CHAMPIONS

Congratulations to HFNS Rathmore put in a mighty performance to defeat St Brigid's Duagh 8-8 To 3-5 at Austin Stack Park Tralee on recently.

SYMPATHY

To families & friends of late Breeda FOLEY (née O Donoghue) Gullane Cross, Gneeveguilla & Dan Healy (Shine) Sunville, Kilgarvan, who deaths were last week.

May they both rest in peace

KERRY PARENTS FRIENDS ASSOCIATION

KPFA Rathmore Branch MONSTER CHRISTMAS BINGO will be held on Sunday 10th December @ 3pm in the Community Centre to replace the sale of work we look forward to your continued support.

RATHMORE LADIES GAA FOOTBALL

Full Time in Mallow on Friday last Munster Senior Plate Final Rathmore 2-6 Comeragh Rangers 0-14. Hard Luck Girls

NEWS BY CLLR DONAL GRADY MOTION AT KILLARNEY MUNICIPAL DISTRICT MEETING

Motion by cllr Donal Grady operations Directorate, Safety & Infrastructure : That Kerry County Council would underground the overhead cables at Rathmore as they are very unsightly upon entering Rathmore Village. Reply An assessment of Rathmore Village is currently being carried out by the NRDO in regard to a Traffic Calming Scheme for the village. When complete the Feasibility report will be sent to TII for their consideration. We ask the NRDO to consider the undergrounding of overhead cables as part of this assessment. Cllr Donal Grady stated that the overhead cables were very unsightly from the Cork side of the village. cllr Grady said he was pleased to hear this will be included in the assessment. This would result in a big improvement to Rathmore. To The people of Rathmore I have Been Requested to put This motion on display As The people of Rathmore want see This. It's Taken from our minutes of meeting earlier this year.

EAST KERRY SENIOR CHAMPIONSHIP SEMI FINAL

O'DONOGHUE CUP Saturday, November 11th 2017 Full time Rathmore 0-16 Gneeveguilla 0-12

DATE FOR YOUR DIARY

Keep this Sunday November 19th free in your Diary for the Millstreet Vintage Club Celebration of 100 Years of Ford in Ireland with a History of the Ford Motor Company and Ford Family Film Show at the Wallis Arms Hotel starting at 3 pm, some very interesting Guest Speakers on the day and you are welcome.

NOTES

If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm Sunday,

FOSSA NOTES

LOTTO

12th November 2017

Numbers drawn were 1, 14, 20, 27. There was no jackpot winner and the €40 consolation winners

were The Pierce family, Gortaree Aghadoe, Luke and Kyle Benson, Denis Counihan, Gortaree Aghadoe, Nora Kelliher, Grenagh Fossa and Amanda O'Brien, Parkavonear Aghadoe. Next weeks jackpot will be €3,300.

FR. GALVIN CUP

Fossa played Furies in Farrenfore in the Fr Galvin Cup semi final on Saturday afternoon. Conditions were very wet and it made for difficult conditions with the ball being very slippery. Fossa started well with a goal from Donald O'Sullivan after 3 minutes, Furies did score a goal shortly afterwards but Fossa replied with 3 points, one being a peach of a point from a 45 by Paudie Clifford. Then in the 14th minute, Tadgh O'Shea slotted home a penalty to give Fossa a very healthy 5 point lead at that stage. Furies fought back into the game with a brace of points and a goal in the 24th minute, however Fossa steadied the ship with a point from the excellent Donald O'Sullivan, David Clifford scored a brilliant goal and Paudie Clifford kicked another fantastic 45. This left the half time score Fossa 3-06, Furies 2-06. The second half was a low scoring affair, both sides were quite defensive. Fossa defended really well led by Anthony Wharton and Derry O'Sullivan, who scored an excellent point in the 10th minute after a searing run forward. Paudie Clifford had an outstanding game at centre field, working really hard and being central to everything and the forwards worked very hard with David Clifford and Tadgh O'Shea leading the line very well. Furies needed a goal but were never given the chance with a water tight Fossa defence, David Clifford and Tadgh O'Shea kicked a couple of superb points to ensure a place in the final against Listry. Final score was Fossa 3-10, Furies 2-10. The Aquila Club Man of the Match was deservedly won by Derry O'Sullivan who produced a fine display at corner back.

U-16 EAST KERRY FINAL

It was an early start for Fossa U-16s on Sunday morning for their East Kerry Div 3 final v Kilcummin. This was always going to be a tight game and it certainly proved to be that way. The lead changed hands on a number of occasions during the half. Emmett O'Shea was the Fossa danger man and he had 6 of the Fossa points at half time with the other coming from the boot of Killian Buckley. The defensive effort of Richard Wallace and Ruairi Doyle in shackling the Kilcummin danger men was superb and Fossa lead 0-7 to 1-3 at the half time break. The second half started very brightly for Kilcummin and they had a goal and a point inside the first 5 mins. This seemed to kick Fossa into action and they quickly responded with a great goal from Darren Cronin following a magic pass from Emmet O'Shea. O'Shea then followed this with 3 unanswered points. Kilcummin were not going away and kept in touch with some points of their own. At this stage both Eoin and Colm Talbot were dominating the middle of the field and with Harry Buckley, Darren Cronin and William O'Brien working tirelessly it looked as if Fossa would hold on for a thrilling win. However, this is sport so it is never straightforward and with 2 mins to go disaster struck when an effort for



TED AHERN, CENTRE BACK ROW, PICTURED WITH HIS WIFE PHIL, FAMILY AND FRIENDS AT HIS 70TH BIRTHDAY PARTY IN FAHA COURT BAR AT THE WEEKEND.

a point flew into the top corner of the net to give Kilcummin a one point lead. The Fossa lads rallied but could not find the score to take it to extra time. After a thrilling encounter the game finished on a final score of Fossa 1-12, Kilcummin 3-07. It is always difficult to lose a game like this, but credit to the lads for giving it everything. Also credit to Kilcummin for a very exciting and sporting game.

On the positive side this is a young Fossa team with 11 of the team underage again next year and they will be back. Scores. E O'Shea 0-10 (2 frees), Killian Buckley 0-2, Darren Cronin 1-0.

FOSSA/TWO MILE COMHALTAS

Adult Set Dancing Classes every Tuesday in Fossa Community Centre.

Beginners 8.15, Improvers and Advanced 9pm. All welcome.

FOSSA SCOUTS

Fossa Scouts are interested in starting a Beaver Scout Section. This is for boys and girls, aged 6 to 8 years. If you have a child that is interested in fun, adventure and the outdoors maybe this is the activity for them. Fossa Scouts have been active since 1982 with existing sections for ages 9 to 25. Call Sean Sweeney on 087 6804247 for more details.

KILCUMMIN NOTES

KILCUMMIN CHRISTMAS CRAFT FAIR

Christmas craft fair to be held in Kilcummin on the weekend of Saturday evening the 9th and Sunday morning 10th of December. Each table cost €20 with table proceeds going to Kilcummin Defibrillator Group. If you are interested in selling or show casing you craft, contact Mary Brosnan on 087 6447536. It's an ideal opportunity to advertise your craft within the community and surrounding area. Please share if you know anyone that would be interested. Also, Fascinators by Frances; Handmade Bespoke fascinators for sale: small, subtle or statement pieces. Contact 087-6447536 if you would like to view my fascinators already created.

KILCUMMIN DEFIBRILLATOR GROUP QUIZ

Kilcummin Defibrillator Group Quiz Thursday 23rd November 2017 in Kilcummin GAA Club

Hall at 8pm. Cost €40 for a table of 4 people. All proceeds will go towards the provision of another Defibrillator.

KILCUMMIN LOOKING GOOD

Kilcummin Looking Good will have a clothes collection on the weekend of Saturday 25th and Sunday 26th of November.

CHRISTMAS BAZAAR

Anabla Parents Association are holding a Christmas Bazaar at Anabla NS on Sunday 3rd December from 2-5pm. All are welcome! Santa's Grotto, Children's Craft Creations, Book Sale, Home Baking, Wheel of Fortune, Spot Prizes.

LOOKING FOR A CHRISTMAS PRESENT!

The Moriarty School of Dancing are still taking orders for half zip hoodies. If you would like to view or order one please contact John on 086-1579381 for details as soon as possible as the order will have to go in shortly to be available for Christmas.

FUNDRAISER

Cork Youth Orchestra Annual Christmas concert on Sunday 19th November at Killarney Race Course, Ross Rd, Killarney at 7pm. Soloists Mary Hegarty & Tor Corbett. Proceeds in aid of Friends of Children of Chernobyl, Killarney Branch. Tickets at door.

COMHALTAS SCÓR NA BPÁISTÍ

Anyone interested in the following Figure Dancing, Solo Singing, Music Group, Ballad Group, Novelty Act, Quiz and Set Dancing. Please contact Maria O'Leary on 087 4619954.

SET DANCING SHOES

Anyone who has unwanted set dancing shoes please contact Áine Ní Chonghaile 087-9259895 or John at the Rural Development Office 086-1579381

NEWKD INVITATION

NEWKD is inviting Expressions of Interest for the Rural Development Programme Leader 2014-2020 from Monday 13th Nov. Information Session to explain the process of applying for funding and the programme rules in NEWKD Offices Tralee on Wed 15th Nov at 7.30pm.

KILCUMMIN GAA

KILCUMMIN JUVENILE GAA CHRISTMAS DRAW

Tickets on sale for our annual juvenile



FYBOUGH NS. PUPILS WITH THEIR TEAM HOPE SHOEBOXES.

Christmas draw and can be purchased at the club bar and the post office. The draw will take place on Sunday 26th November at 5pm in the clubhouse. We will launch our 2018 calendar on the same night as well as have our medal presentations for the year. Please support the club draw to support your club team.

CLUB MERCHANDISE

Orders now being taken for Club Merchandise for Christmas. Contact Marie on 087 9181973.

NIGHT AT THE OSKARS

Oskar Information Night, Tuesday the 5th of December at 8pm, Hotel Killarney (Formerly the Quality Hotel) Please note change of date.

"In a coming together of 2 great parishes, Glenflesk & Kilcummin GAA Clubs present "A Night at the Oscars". Professionally directed and produced by Kevin Rowe (winner of Event Industrial Awards 2017). This is an open invitation to people from both parishes who would like to play a part and avail of

professional coaching in a local production of 7 short films to be screened early in 2018. Inquiries to Rosie Healy (087) 2072512 Mish O'Donoghue (087) 4146901 Glenflesk and Niamh Dwyer (087) 9801105 Donal Dwyer (087) 2989798 Kilcummin.

BEAUFORT NOTES

There was no winner of Beaufort G.A.A Club lotto jackpot of €2,400 on Sunday, 12th November.

Numbers drawn: 4,10, 26, 27.

CONSOLATION PRIZES

€80 Michael Curran, Carnahone.

€50 Ronan Spillane, Coolmagort, Martin Galvin, Ballyhar, Stephen Ashe, Cappaganeen.

Next draw for jackpot of €2,600 will be held in Inn Between on Sunday, 26th November.

FIXTURE

Best of luck to Beaufort seniors who will

play Glenbeigh/Glencar in Mid Kerry Senior Championship final at 2pm on Sunday, 19th November in J. P.O'Sullivan Park, Killorglin.

EXERCISE CLASSES

Pilates classes in Clubrooms continue for November on Wednesdays and Thursdays from 7pm to 8pm. Thursday mornings from 9.30am to 10.30am. Friday morning gym and pilates for over 50s from 11am to 1pm.

BEAUFORT PIONEER COUNCIL

will hold their next Rambling House in Beaufort Community Hall on Saturday, November 25th. More details later.

LISTRY NOTES

MILLTOWN 2017- FLEADH CHEOIL CHIARRAI

Preparations are underway and we would love to see your branch support on December 1st for our FUN TABLE QUIZ in Larkins Bar at 8 o'clock. It promises to be great fun loads of prizes. If you don't have a full team, come along anyway and we'll introduce you to the locals.

The local branch are presenting a "Rambling House", in conjunction with Listry Community Council. Keep November 18th free for a great night's ceol agus craic, with singing, music and dance, and tea and brack will help sustain the fun.

Milltown Listry branch is busy preparing for Ceol an Gheimhridh with musicians, singers and dancers getting set for November 18th. See this link for competition timetable. http://kerrycomhaltas.ie/content_page/10030593/

LISTRY ACTIVEMENT RETIREMENT ASSOC.

Listry Active Retirement Assoc. are now offering the following Activities-Art-086 7944494, Bridge, Walking trips-087 6256861, Bowling-087 2563883, Tea Dances-086 3153638. If interested in any of the above mentioned activities please contact the relevant Telephone numbers as shown.



L-R LIAM O'RIORDAN, IAN O'SHEA & JAUN COETZER, KERRY COLLEGE OF FURTHER EDUCATION AT CAREERS DAY AT THE MALTON HOTEL. PICTURE MARIE CARROLL-O'SULLIVAN



ENJOYING CAREERS DAY AT THE MALTON HOTEL FROM KILLARNEY COMMUNITY COLLEGE WERE L-R MARTINA HEGARTY (5TH YEAR HEAD), SHAUNA O'DONOGHUE, ADAM SLATTERY, ERIN DINEEN, CAREER GUIDANCE TEACHER CARMELLA SHEEHY & SNA DOREEN DUGGAN. PICTURE MARIE CARROLL-O'SULLIVAN



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COUNTDOWN TO CHRISTMAS

This week I'm going to take my inspiration from our 6x week weight watchers inch/ Weight loss before Christmas challenge. Week by week our weight watchers leader, Breda & myself, have been educating and inspiring our members to eat healthy and be accountable for their food choices.

Each member has been following the weight watchers points "count" plan or the easy to follow "no count" plan, and we are measuring their progress weekly on the scales, tape, And photos. This has added accountability to each individual so if you are looking to get motivated this is a great fun way to get inspired weekly with your family or friends. Already our group has collectively lost a whopping 3 And a half stone and we are not even at the half way line!

The Group helps motivates each other daily, with group tips, recipes etc on a private what's app group. We offer words of support and encouragement to keep each member on track.

In one of Breda's first talks she spoke about the plan as a "lifestyle change" and not a "quick fix" that is unsustainable. She encouraged everyone to shift their eating habits to home cooked healthy choices to keep your energy high and you feeling good. Making healthy food swap choices, instead of starving yourself.

We have been motivating the group with education on foods that are high in sugars and empty calories and encouraging them to exercise regularly with bonus points added to their daily allowance for exercise classes or sessions. The main mission for week one, was to ditch the unhealthy bad habits, get moving, and get tracking or planning your daily meals and snacks & the group nailed it.

Small changes will make a noticeable difference as we are all seeing now as the weeks are progressing.

So keep following our journey and we will provide you with all the useful tips and support that have been inspiring our group.

MORE TIPS NEXT WEEK...

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OUTLOOK BEAUTY

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Mascara Tip:

With mascara, you can run the risk of clumps. Soak the mascara tube in a cup of hot water to ensure it is more liquidy. This makes the formula thinner and will make it easier to apply.



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NOVEMBER CALLS US TO REFLECT AND STOP A WHILE!

November silently sneaks up on us. Outside the landscape is changing. The leaves have fallen from the trees, there's no dappled shade, no butterflies or bees or endless shimmering evenings of sunlight. Silvery gray shafts of light reveal a landscape that is bare of pretense. So, too it is with us. November calls us to reflect on where we are, to take stock of what we have achieved, how we have lived and what will carry us through towards the end of the year and beyond. The long winter evenings ask us to sit in front of the fire and dream as we watch the flames flicker. Or, perhaps to walk outside and become one with the mists as they tumble down the mountain side. With the world moving and changing at an ever increasing speed, it is vital to stop, slow down and spend time in a reflective, contemplative space.

This kind of inner reflection is key to looking after your mental health. When we are constantly busy with how much we have to do, we become overwhelmed and stressed. Take some time, let the seasons remind you that everything changes and everything needs space to let go, wind down, re-charge and return to its own sacredness of being. As J.M Barrie writes, "You must have been warned against letting the golden hours slip by. Yes, but some of them are golden only because we let them slip."

Have a beautiful November!

For Daily Motivational Coaching tips please visit my Facebook page and click "LIKE" to receive!

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- Discover Mii Cosmetics tips & tricks
- Fashion show
- Shop to hearts content with christmas gifting ideas from Angsana Spa
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PGdip. EXERCISE AND SPORTS MEDICINE
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SEAMUS O'DONOGHUE (SEATED CENTRE RIGHT) PICTURED AT THE DROMHALL HOTEL WITH HIS FAMILY FOR HIS 80TH BIRTHDAY CELEBRATIONS. PICTURE MARIE CARROLL-O'SULLIVAN



SINEAD GALVIN & PEG WICKHAM ENJOYING THE PRE CHRISTMAS SPA EVENING AT THE KILLARNEY PLAZA HOTEL. PICTURE MARIE CARROLL-O'SULLIVAN



STUDENTS FROM SEM KILLARNEY JONATHAN O'KEEFE, DONAL O'CONNELL, KACPER KLOCK AND JACK O'CONNOR GOT TO MEET KATIE PREISSNER (AUTHOR) AT HER TALK AT THE YOUNG ADULT BOOK FEST AT LISTOWEL COMMUNITY CENTRE ON THURSDAY PHOTO JOE HANLEY



TOMI REICHENTAL AUTHOR OF HIS BOOK I WAS A BOY IN BELSEN SIGNS IT FOR PADRAIG DOYLEY (ST BRENDAN'S KILLARNEY) AND SONYA MIHLMEIER (ST JOSEPH'S CASTLEISLAND) AT THE YOUNG ADULT BOOK FEST IN CONJUNCTION WITH LISTOWEL WRITERS WEEK PHOTO JOE HANLEY



THE CAST OF THE DOCHAS PLAY AT THE KILLARNEY AVENUE HOTEL L-R MARY MURPHY (NURSE JANET), PATRICIA MCSHERRY (ROWENA), DAN ROHAN (PHILIP) & MABLE COUNIHAN (LILLIAN). PICTURE MARIE CARROLL-O'SULLIVAN



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ENJOYING THE PRE CHRISTMAS SPA EVENING AT THE KILLARNEY PLAZA HOTEL WERE L-R NOREEN RING, GEMMA RING & DORIS COFFEY. PICTURE MARIE CARROLL-O'SULLIVAN



A FULL HOUSE AT THE KILLARNEY AVENUE HOTEL FOR DOCHAS PLAY "PHILP & ROWENA". ENJOYING THE PLAY WERE L-R GENEVIEVE RUESCH & EMILY CAHILL. PICTURE MARIE CARROLL-O'SULLIVAN



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TAX MATTERS

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TAXATION OF ILLNESS BENEFIT AND OCCUPATIONAL INJURY BENEFIT

Currently employers and pension providers are required to include with taxable pay all taxable Illness Benefit and Occupational Injury Benefit payments paid to employees by the Department of Employment Affairs and Social Protection (DEASP).

With effect from 1 January 2018, this will no longer be the case. From that date Revenue will incorporate the taxable element of Illness or Occupational Injury Benefit into employees' tax credit certificates. This will have the effect of reducing employees' available tax credits and rate bands. Their USC rate bands will not be affected.

From 1 January 2018, DEASP will cease issuing Illness and Occupational Injury Benefit notifications to employers. These notifications were issued to employers to assist them in calculating their employees' tax deductions. As the tax due on these payments will be collected by reducing employees' tax credits and rate bands employers will no longer require these notifications to calculate their employees' tax deductions.

Changes to Form P45 for 2018

The paper Form P45 will be updated for 2018 to remove all references to Illness Benefit. The updated paper P45 will be available to non-ROS employers from early December 2017 and can be ordered from: Email: custform@revenue.ie.

The ROS version of the P45 is not changing for 2018. Where a user inputs a figure in the Illness Benefit field a pop-up message will advise that this field may only be populated if the cessation date is before 1 January 2018.

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Dingle outreach: 3rd Tuesday of every month in the old C.B.S. Monastery Building John Street.

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- Chartered Accountant Voluntary Advice (CAVA).

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BALLINCOLLIG RAIN ON LAKERS PARADE

REPORT BY MATT O'NEILL

**Ballincollig 98
Scotts Lakers 75**

It rained all the way home from Saturday's game and Ballincollig certainly rained on Scotts Lakers' Parade. Winning by a margin of 23 points, Ballincollig played the better basketball and were full value for their win.

Lakers started this fixture well, scoring freely. With just under three minutes left in the first quarter, they led by 14 to 10, aided by two three-pointers, the first from Philip O'Connor and the second from Mark Greene. Antuane Bootle slotted two more baskets to finish Scotts Lakers scoring in this quarter, while Ballincollig did the same, along with three three-pointers. The score 23 - 18 to Ballincollig.

Ballincollig, began to press Lakers' restart after every score and this was allied with pressure on every Scotts Lakers' possession. This tactic paid good dividend and earned the Cork side a lot of turnovers.

The turnovers translated into scores and in the second quarter Ballincollig took control of the game. The pace was furious and it was going to be a battle of the fittest. Another feature of Ballincollig's play was the rapidity of substitutions - players constantly in and out of the game. At half-time the score was Ballincollig 50 to Scotts Lakers' 32.

Quarter 3 and Lakers got off to a flying start with scores from Mark Greene, Antuane Bootle and Andrew Fitzgerald. But then Ballincollig got their scoring machine back in gear, particularly through American Cameron Clarke. Mihail



THE SCOTT'S LAKERS ST. PAULS TEAM THAT LOST TO BALLINCOLLIG IN THE NATIONAL LEAGUE DIVISION ONE BASKETBALL CLASH ON SATURDAY NIGHT. FRONT FROM LEFT ARE BILLY WISEMAN, MIHAIL KAPITANOV, PHILIP O'CONNOR, MARK GREENE, SHANE HORGAN AND JUSTIN TUASON. BACK FROM LEFT ARE DYLAN O'SULLIVAN, CIAN CLERNON, ANDREW FITZGERALD, NIAL O'BRIEN, ANTUAN BOOTLE AND PADRAIG LUCEY. PICTURE: EAMONN KEOGH

Kapitanov hit form, with a big three-pointer to keep the Lakers in touch. But Ballincollig were also piling on their own three-pointers. Quarter three ended on a scoreline of 72 to 49 in favour of Ballincollig.

Final quarter and Scotts Lakers had a mountain to climb. But in fairness they kept plugging away. Mihail Kapitanov really got into his stride, popping a brace of three-pointers and a similar number of two-pointers. But Ballincollig matched everything that Lakers threw at them. At the final buzzer, Ballincollig ran out winners with a score of 98 to 75.

Ballincollig slotted an incredible 15 three-pointers, spread across seven different players. Their American Cameron Clarke scored 25 points and their other non-Irish player Pere

Tres claimed 14. Local Ballincollig players also contributed handsomely, with Ronan O'Sullivan scoring a massive 16 points and Ciarán O'Sullivan scoring 11.

Scotts Lakers' top scorer was Mark Greene with 15 points, followed by Antuane Bootle with 14, Mihail Kapitanov on 13 points and Andrew Fitzgerald on 12. Mihail topped the three-pointer scores with 3, Mark Greene scoring 2 and Antuane Bootle and Philip O'Connor scoring a single three-pointer each.

In the end Ballincollig were full value for their win and Scotts Lakers now prepare for the visit from Ulster University Elks next Saturday in the Killarney Sports and Leisure Centre at 7.30pm. Another tough assignment for Coach Vojkan Bencic to get his men prepared for.

MINISTER GRIFFIN ANNOUNCES €83.6K BOOST FOR SPORT AND PHYSICAL ACTIVITY INITIATIVES IN KERRY

Minister of State for Tourism and Sport Brendan Griffin TD, today announced €83,666 worth of funding for sport and physical activity projects in Kerry through the Dormant Accounts Fund.

The investment is part of €2.9 million is being allocated to National Physical Activity Plan measures for disadvantaged communities which will be administered by Sport Ireland. Funding for Kerry Recreation and Sports Partnership includes €70,333 for the development of a Community Sport and Physical Activity Hub (CSPAH), along with €13,333 for Kerry's Community Coaching Programme.

Speaking at the announcement in Killarney today, Minister Griffin said: "The funding of €2.9m being announced today will support the delivery of sport and physical activity initiatives across the country



MINISTER FOR SPORT BRENDAN GRIFFIN PICTURED WITH PUPILS FROM THE KILLARNEY COMMUNITY COLLEGE L-R: PAULA FUNES GENIS, KAROLINA GUNIA, KAREN O'DONOGHUE, AISLING COGHAN, PAULINA KOWALEWKA, VERA SCHEFFER, NATALIA LEANE. BACK ROW: L-R: LUCIA DELGADO SANCHEZ, KELSEY SOMERS, BERNARD ALLEN TD, BRIAN KELLEHER, ORLAITH MURPHY, JOHN TREACY, CEO, SPORTS IRELAND, MINISTER FOR SPORT BRENDAN GRIFFIN, EMMA LYNCH, DR UNA MAY, SPORTS IRELAND, ANTHONY POLYAK, JIMMY DENNIHAN AND KERRI MCCARTHY (TY CO-ORDINATOR KILLARNEY COMMUNITY COLLEGE) PHOTO: DON MACMONAGLE

under the National Physical Activity Plan. The comprehensive programme of initiative support through this funding allocation will give people with disabilities and those from socially, economically and educationally

disadvantaged backgrounds the opportunity to take part in sport and physical activity. This range of initiatives is as a result of close cooperation between my department, Sport Ireland, the Local Sports Partnership Network and the National Governing Bodies for Sport." Among the initiatives being announced today are nine new Community Sport and Physical Activity Hubs (CSPAH), along with support for thirteen existing CSPAHs. Kerry Recreation and Sports Partnership plans to develop a School's Community Sports & Physical Activity Hub at Coláiste na Sceilge, situated in Cahersiveen on the Iveragh Peninsula. The hub aims to help maximise the participation potential of a range of school sports facilities to the wider community and in particular the refurbishment and use of the school gym.



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SCHOOLBOY/GIRL SOCCER

SATURDAY NOVEMBER 11TH 2017 RESULTS

National Cup 12's – Round 3:
Killorglin 5–2 Holycross AET
National Cup 14's – Round 3:
Park 7–1 Charleville
Regional United 2–4 Listowel Celtic AET
National Cup 15's – Round 3
Killarney Celtic 2–1 Killorglin
National Cup 16's – Round 3:
Park 2–1 Nenagh
Newport 0–9 Killarney Celtic

LEAGUE RESULTS

JK Sports 12 Premier:
Iveragh United 2–1 LB Rovers
Division 1:
Ballyhar A 0–2 Killarney Celtic B
Mastergeeha A 1–1 Listowel Celtic A
Dingle Bay Rvs 3–1 Tralee Dynamos B
Killorglin B 3–1 Castleisland
Division 2:
Park B 1–3 Camp Juniors
Killarney Athletic B 6–2 MEK
Listowel Celtic B 4–8 Ballyhar B
Daly's Supervalu 13 Division 1
Camp Juniors 3–9 Listowel Celtic
Quills Woollen Mills 14 Division 1:
Killarney Celtic B 2–2 Iveragh United
Mastergeeha 5–0 Killorglin

DIVISION 2

Castleisland 5–2 MEK
Killarney Athletic B 1–4 LB Rovers
Listowel Celtic B 1–7 Fenit
Killarney Plaza 15 Premier
Camp Juniors 6–0 Mastergeeha
Tralee Trophy World 16 Division 1:
Inter Kenmare 6–4 Camp Juniors

DIVISION 2

Fenit 2–4 Park B
Girls League:
Quills Woollen Mills 14's Girls:
Camp Juniors 0–4 Listowel Celtic

REPORTS:

ALL KERRY SIDES THAT PLAYED SATURDAY ARE THROUGH IN SKECHERS NATIONAL CUPS

Killorglin have joined The Park in Round 4 of the 12's National Cup after a 5-2 extra-time win over Holycross. Killorglin led twice but the visitors pulled level on both occasions. However there was only one side in it in extra time with the Kerry side hitting 3 without reply. Both Kerry sides will be away in the next round. At Christy Leahy Park the home side were too strong for Charleville winning 7-1 to progress to Round 4 of the 14's National Cup, one win away from the open draw. Cíanan Cooney and Josh Connolly both hit two each while Kieran O'Connor, Sean O'Connell and Conor Kerins all got one each. Listowel Celtic had a very good 4-2 extra-time win away at Regional United with the game tied at 2-2 at the end of normal time. Robert Stack 2, Darragh Carey and Christopher McQuaid got the Listowel Celtic goals. Listowel Celtic and The Park will have home games in the next round with a place in the Open Draw for the winners.

There was one game played in mid-week in the 15's National Cup Killarney Celtic won the all Kerry clash against Killorglin 2-1. Cian McMahon and Ruairi Dorrian got the Celtic goals with Cillian Burke replying for Killorglin in a cracking game. Celtic are now away to Aisling Annacotty in Round 4 while The Park are also in this round where a place in the Open Draw is the prize for the winners.

5 sides progress from the South West Region to the Open Draw Last 32 and also to the Regional competition. In the 16's competition Killarney Celtic were too strong for Newport and led 4-0 at half time winning 9-0 in the end. Their goals came from Terry Sparling 3, Ryan O'Grady, Neil O'Shea, Pa O'Connor, Jack McCarthy, Jack O'Connor and Dylan Callaghan. In the Regional Killarney Celtic will be away to either Ballingarry or Charleville in the Play-Off round.

The Park had a closer encounter against Nenagh winning 2-1. John Carmody put them ahead and TJ Mahon wrapped up the win. Their reward as well as a place in the open draw is a Regional semi-final clash with the winner of the Play Off game.

Killarney Celtic's two games in Limerick – the 12's v Caaherdavin and the 14's versus Shelbourne fell foul of the weather as did Killorglin's trip to BT Harps.

Killarney Celtic B lead the 12 Division 1 but only just!

Killarney Celtic B have taken over at the top of the JK Sports 12 Division 1 after a 2-0 win over Ballyhar. Jack Tangney got both goals for Celtic who are on 12 points.

Listowel Celtic were held to a 1-1 draw away to Mastergeeha. Diarmuid Furlong got the goal for the home side with Oisín Healy's goal earning a point for Listowel Celtic who are now on 10 points.

Castleisland remain on 9 points despite going down 3-1 at Killorglin B. Cian O'Brien and Jack McGrath and an og gave Killorglin the win and they are also on 9 points.

Dingle Bay Rovers were 3-1 winners at home to Tralee Dynamos B WITH Conor Corduff getting 2 and Cian McGearailt the other for the West Kerry side.

CAMP JUNIORS EXTEND LEAD IN 12 DIVISION 2

Camp Juniors 3-1 away win at Park B sees them open up a 4 point gap at the top of the JK Sports 14 Division 2. Played in wet and windy conditions Lorcan O'Connor put Camp Juniors 1-0 up. Diarmuid Waugh had a big game at centre half but was also impressive at the other end as he put his side 2-0 up from the penalty spot.

A Mark Farrell strike 10 minutes from the end wrapped up the points for Camp Juniors but credit to the Park B who got one back from the penalty spot late on from Jacob Podolski. The Park could have been much closer but for Camp keeper Karl Philips who was in excellent form.

Killarney Athletic's 6-2 home win over MEK moves them into second place on 8 points. The Woodlawn side were 3-1 up at the break and wrapped up the win with three more goals in the second half. Dan Fleming, Bryan Fleming 2, Eanna Kearney and Glen Bowler were the

Athletic goal scorers. MEK remain on 6 points after the win.

Ballyhar B will be delighted that their hard work on the training ground has paid off. They took their first 3 points with impressive goal scoring from Gearoid Long and Tristan Leary who both hit 4 goals.

Two wins from two for Listowel Celtic in 13 Division 1:

Listowel Celtic had too much firepower for Camp Juniors in this Daly's Supervalu 13 Divisions 1 game. Cormac Dillon hit 4, Robert Heffernan 3 and Liam O'Sullivan 2 for the winners. Cillian O'Neill 2 and Jason Casey replied for Camp Juniors.

KILLARNEY CELTIC B CLOSE GAP AT TOP OF 14 DIVISION BUT ONLY BY 1 POINT

With Quills Woollen Mills 14 Division 1 leaders Ballyhar, who are unbeaten in 5 games, not playing Killarney Celtic B who are in second place hoped to close the gap at the top. They did so but only by 1 point as they needed a last minute penalty to take a share of the points from their home game against Iveragh United. Celtic are onto 7 points and also have a game in hand on the leaders. Iveragh United's goals came from Ronan Teehan and Aodhan O'Neill. Ballyheigue made it two wins from 2 with a midweek 3-0 win over Inter Kenmare while Mastergeeha hit 5 without reply as they saw off Killorglin B to move onto 6 points and they also have games in hand. Mark O'Shea hit 3 for Mastergeeha with Dara O'Callaghan and Turlough O'Connor getting one each for the Kilbreen side.

TOP THREE ALL WIN IN 14'S DIVISION 2

There is only a point between the 3 sides in the Quills Woollen Mills 14's Division 2 with Castleisland still leading the way from LB Rovers and Fenit who are tied in joint second place. Castleisland defeated MEK 5-2 with the goals coming from Alex Kepp 2, Patrick O'Shea and Ryan Dennehy. Kevin Harant and Eddie Moroney got the MEK goals.

LB Rovers were 4-1 winners away at Killarney Athletic to remain just that point behind. They were 1-0 up at half time from a Jack Sheedy goal. Sheedy added a second while Jack Mallon and Cian Sheehy also hitting the net. Galvin O'Sullivan got the goal for the home side.

4 goals from Robert Monaghan set Fenit on their way to a win at Listowel Celtic B. Robert's goals were added to by goals from Bobby O'Connor, Dylan Ryan and Eddie McCarthy.

3 from 3 for Camp in 15 Premier:

In mid-week Camp Juniors made it three wins from three games with a 6-0 over Mastergeeha. Kian Clancy 3, Cian Wright 2 and Colman O'Meara got the goals for the winners.

Camp Juniors joined by Inter at top of 16 Division 1:

Inter Kenmare scored an important 6-4 home win over Tralee Trophy World Division 1 leaders Camp Juniors to join them at the top of the table. Inter swept into a 5-0 lead but credit to Camp Juniors they back with goals from Alan O'Leary, Cian Wright, Cian Griffin and Adam Costello. However Inter got the next goal to wrap up the win. Their goals came from Ruairi

Burns 2, Colin Crowley 2, Mark Looney and Tommy Cronin.

PARK B GO TOP OF 16 DIVISION 2

There was one game in the 16's Division 2 and the Park B defeated Fenit 4-2. Sean McGrath hit three for the Park to put them 3-1 up at half time. This was after Brian Hamilton had put Fenit ahead after 5 minutes. McGrath added a 4th before Gavin Burroughs got Fenit's second from the penalty spot.

GIRLS LEAGUE

In the Quills Woollen Mills Listowel Celtic had to call on all their experience to get past newcomers Camp Juniors who gave a very good account of themselves. In the end goals from Tara Kelly 2, Ava Horan and Kelly Enright were the difference.

LISTOWEL CELTIC GIRLS PROGRESS IN CUP

Listowel Celtic u16's girls have progressed to Round 3 of the FAI Women's u16's Cup.

They defeated Wilton United 4-3 thanks to an Aoife Horgan hat-trick and a fourth goal from Zara Doherty.

There was no good news for the 16 Boys as they went down Cork in the Subway

Inter League competition.

Saturday November 18th 2017 Fixtures:

13'S NATIONAL CUP - ROUND 3

Park v Ennis Town 1pm
Kildimo - Mastergeeha 2pm
15's National Cup- Round 3:
Camp Juniors - Janesboro 2pm
League Fixtures:

JK SPORTS 12 DIVISION 2

Listowel Celtic B - Mastergeeha B 10.30
Daly's Supervalu 13's

PREMIER

Killarney Athletic - Iveragh United 10am
Killorglin - Killarney Celtic 10am
Division 1:

Dingle Bay Rovers - Listowel Celtic KDL
Wednesday 6pm

Killarney Celtic B - Camp Juniors 10am
Tralee Dynamos - Inter Kenmare 11am

DIVISION 2:

Park B - Killarney Athletic B 10am

Killorglin B - Fenit 11am

MEK - Mastergeeha B 12

Killarney Plaza 15

PREMIER

Mastergeeha - Inter Kenmare 10.30

Park A - Camp Juniors 11.30

Killorglin A - Killarney Celtic A 12

DIVISION 1

Ballyhar - Tralee Dynamos 12

Fenit - Killorglin B 12.30

DIVISION 2

Windmill United- Listowel Celtic Girls KDL 10.30

Park B - Ballyheigue 11.30

Dingle Bay Rovers - Rattoo Rovers 11.30

JK SPORTS 12 GIRLS PREMIER

Inter Kenmare White - Killarney Celtic Green 10.30

Fenit - Killorglin 11.15

Inter Kenmare Blue - Camp Juniors 11.30

Moriarty's Centra 11's Non Competitive:

Premier A South / B South:

Inter Kenmare - Killarney Celtic 1



MINISTER FOR SPORT BRENDAN GRIFFIN PICTURED WITH STAFF AND TUTORS AT THE KERRY RECREATION & SPORTS PARTNERSHIP ALONG WITH BACK: SINEAD EGAN, MAJELLA AHERN, JIMMY DEENIHAN, MICHELLE LANE, PADRAIG MCCANNON, MARY BEADES AND SIOBHAN KEARNEY. IN FRONT, DR UNA MAY, DIRECTOR OF PARTICIPATION & ETHICS, SPORTS IRELAND, MINISTER FOR SPORT BRENDAN GRIFFIN, JOHN TREACY, CEO, AND CORA CORRIGG, CO-ORDINATOR, KRSP. PHOTO: DON MACMONAGLE

Ballyhar - Mastergeeha 1.30

Killorglin - Killarney Athletic 2

Premier C South:

Killorglin C - Killarney Athletic 3pm

Inter Kenmare C - Listowel Celtic C 3pm

Park C - Tralee Dynamos C 4pm

Premier D

MEK - Iveragh United 1.30

Dingle Bay Rovers - Fenit 2pm

Premier A North / B North

LB Rovers - Listowel Celtic 11am

Park - Tralee Dynamos 3pm

MEK UNITED FC NEWS

U12 DIV 2: KILLARNEY ATH B 6 - MEK 2

We were very unlucky to be 3-1 down at half time. We would have been ahead at half time if we took some of many chances we created. Brought it back to 3-2 but ran out of steam for the last 15 mins on a heavy pitch. Great effort from all. Scorers: Eoghan Bolger, Scott Carlton.

U14 DIV 2

CASTLEISLAND 5 MEK 2

Great effort in atrocious conditions. On a deep muddy pitch with driving wind and rain MEK had a sublime start with Kevin Harant finishing in style a break away defence and through ball from Eddie Moroney. This was followed shortly after by a penalty as a result of the up ending of Sam Griffin in the box, which Eddie converted into a score. 2 nil to MEK.

Castleisland hit back with two goals before half time. In spite of a gallant effort in the defense, Castleislands size and strength won out. In the second half they adopted much better to the appalling pitch conditions notching up two more goals early in the half and finished MEK off with an unstoppable top corner goal.

Great credit is due to every single player on that pitch for putting limbs and life on the line by playing in (realistically) unplayable conditions on an unplayable pitch.

TEAM

Charlie Keating, Matthew Hunt, Conor Crowley - Captain, Mason Courtney, Tadhg O Sullivan, Sam Griffin, Leo Healy, Sam Buckley, Steven O'Brien, Kevin Harant, Eddie Moroney
Subs: Darragh O'Brien, Con Linehan, Connor Harty, Scott Drew

NEXT FIXTURES

U11 friendly V Iveragh Sat 18th Nov at 1:30pm - Fossa

U13 Div 2: MEK V Mastergeeha B, Sat 18th Nov at 12 - Fossa

KILLARNEY CELTIC

FAI JUNIOR CUP NEWMARKET CELTIC B 1, KILLARNEY CELTIC 4

Killarney Celtic powered their way into the open draw of the junior cup after a coming from a goal down to ease past their Clare opposition. Danny Roche scored 2 in the 1st half, Peter McCarthy and Michael Devlin applied the finishing touches to complete the scoring in the 2nd half.

Premier B, Killarney Celtic B 0, Camp 0.

MUNSTER YOUTHS CUP, KILLARNEY CELTIC 3, TRALEE DYNAMOS 0,

After a scoreless 1st half Celtic found their scoring touch and won their way into the next round which is a Kerry area final against Park FC. Michael Devlin (pen), Lee Downing and Ruairi O Keffe got the goals.

U16 National Cup, Newport 0, Killarney Celtic 9.

A well drilled U16 team made the next round after their trip to Tipp. Terry Sparling (3), Dylan Callaghan (2), Ryan O Grady, Neil O Shea, Patrick O Connor, Jack McCarthy,

U14 DIV 1, KILLARNEY CELTIC B 2, IVERAGH 2

U12 Div 1, Ballyhar 0, Killarney Celtic B 2, A scoreless 1st lead to some changes at half time which soon paid dividends with Jack Tagney scoring twice to take the points for this group. Eamon Guiney, Pearse Moynihan and Eugene Crowley also played well.

CHRISTMAS PARTY Friday December 8 at the Killarney Avenue Hotel.

SATURDAY ACADEMY TRAINING ; Note to Parents

All children must be registered prior to training, also please ensure that all children wear shin guards and bring €2.

CELTIC LOTTO

Numbers Drawn 9,10,16,23. No Jackpot winner, 3 x €75. Jackpot next week €7,000.

MASTERGEEHA FC

U12

Mastergeeha 1 Listowel 1. In a close game the boys had to settle for a draw. 0-0 at the break Mastergeeha took the lead shortly into the second half when Ciaran Nagle finished off

a good move. However with 10 minutes the visitors equalised through a deflected shot. After this Mastergeeha created some chances but could not get the goal they deserved. All played well.

U14

Mastergeeha 5 Killorglin 0. The boys had a good win at home on Saturday. Mark O'Shea (3), Darra O'Callaghan and Turlough O'Connor were the scorers in this good team performance.

U18

Mastergeeha 4 Ballyhar 2. In their first game of the season the boys had a good win over Ballyhar. In a high scoring first half Dylan Murphy and Sipo O'Neill got two each. In the second half both sides created some chances with both goalkeeper making fine saves.

SENIORS DIV 1B

Park 4 Mastergeeha 2. In Tralee on Sunday afternoon came up short against the Park. Karlo and Derry Ahern got the goals in a tough game.

MASTERGEEHA FC LOTTO

There was no winner on Friday 10th November, 2017. Numbers drawn were 1, 5, 8, 17. Consolation prizes were €100 Katie Healy, c/o Village Inn, Kilcummin. €30 John & Margaret,

Linehan, Inchicullane. €30 The O'Connor Family, Knockane, Headford. €30 Jer Dwyer, Knockinane W, Kilcummin. Jackpot now €3,200.

KILLARNEY ATHLETIC A.F.C.

RESULTS

Seniors

Denny Premier A

Listowel Celtic 1 Killarney Athletic 2

Scorers were William Courtney and Sean

Cournane

Under 12 Division 2

Killarney Athletic B 6 MEK 2

Under 14 Division 2

Killarney Athletic B 1 LB Rovers 4

FIXTURES

November 18

Under 11

Premier A South

Killorglin v Killarney Athletic 2.00pm

Premier B South

Killorglin v Killarney Athletic 2.00pm

Premier C

Killarney Athletic C v Tralee Dynamos C 2.00pm

Under 13 Premier

Killarney Athletic A v Killorglin A 10.00am

Under 13 Division 2

St Brendan's Park B v Killarney Athletic B 10.00am

Under 15 Division 1

Killarney Athletic v Listowel Celtic 11.30am

FAMILY QUIZ NIGHT FRIDAY 24TH NOVEMBER KILLARNEY OAKS 7.30PM

Parents & Players please note that there will be a Quiz night on in the Killarney Oaks on Friday 24th November 2017. All under 18's to be accompanied by an adult. Lots of spot prizes on the night to be won. Tables of 4 Adults €40 & Juveniles €20. The support, especially from parents would be greatly appreciated. Everybody welcome to attend.

300 MEMBER CLUB

Names are now being taken for next year's 300 Club Draw. All support is greatly appreciated. Please contact Mike O'Shea on 087-2226185 or any committee member to enter.

Killarney Athletic Website: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

OLE, OLE PASSION By Nicky Barry

Watching international football, fills all us with fatigue,

For it is not a patch, upon the classy Champions League.

Top club teams in Europe, buy up all the stars,

With obscene amounts of money, from their billionaires.

These guys with awesome talent, then train five days a week,

And get to know each other, and all their little tricks.

They live out of each others' ears, and daily discuss tactics,

And then on mega mid-week nights, put them into practice.

They are the crème de la crème, and all millionaires to boot,

They know when to pass the ball, and they know when to shoot.

Now take your average national team, full of journeymen,

They will play their hearts out, and run until the end.

They haven't got the silken skills of the Champions League,

But they have commitment, and are prepared to bleed.

They will hustle and will bustle, and would even die,

For the fans who follow them, and sing of Athenry.

Some are from the Championship, and others from League One,

But they are the boys in green, who will run, and run, and run.

They make up for their lack of skill, in total Irish fashion,

And rattle all the fancy dans, with Ole, Ole passion!



KERRY GAA SCENE

REPORT BY JOHN O'LEARY, PRO

DR CROKES AND AN GHAELTACHT ADVANCE TO MUNSTER CLUB FINALS

Dr Crokes and An Ghaeltacht cruised into the Munster Senior and Intermediate Club finals following comprehensive victories over Kilmurray-Ibrickane and Mallow respectively on Sunday last.

DR CROKES EARN TILT WITH NEMO RANGERS

Dr Crokes will meet Cork Champions Nemo Rangers in the Munster Senior club Championship final having easily overcome the challenge of Clare champions Kilmurray-Ibrickane at a sunny Lewis Road on Sunday last. The early indications were that this would be a tough encounter with the sides sharing four points in the first five minutes but Dr Crokes were soon into their stride and a goal by the excellent Johnny Buckley at the end of the first quarter set the All Ireland Club Champions on their way to the final.

With a ten point advantage for the homeside at the break, it was an uphill struggle for the Clare men in the second half but though outclassed, they never threw in the towel. There was never the slightest hint that Crokes would do anything other than win comfortably however and this they did with a 2-19 to 0-10 victory.

So the two big powerhouses of Munster club football will face off in an eagerly awaited Munster final on November 26th. The venue will be Pairc Ui Rinn on Sunday November 26th at 2pm and no doubt this fixture is sure to capture the imagination of the general public between now and then given that these two sides have over 20 Munster senior club titles between them.

Well done to Dr Crokes on the presentation of the game on Sunday last.

COMPETITION MOTIONS FOR CONVENTION

Motions re internal Competitions will be dealt with at the November Meeting of County Committee which has been put back by a week to November 27th to allow clubs additional time to formulate motions following deliberations at the recent Clu Fixtures Forum. These motions re internal fixtures and competitions for 2018 have a new deadline for their return which is now this Friday 17th November at 5pm.

AN GHAELTACHT QUALIFY FOR THE MUNSTER INTERMEDIATE FINAL

An Ghaeltacht qualified for the Munster Intermediate football final with an easier than expected victory over Cork standard bearers Mallow at the latter's splendid complex on Sunday last. Their 11 points victory (1-19 to 1-8) was a fair reflection of their dominance over the home side and they now progress to play Limerick champions St Senans in two



COLM COOPER IN ACTION AGAINST KILMURRAY ILBRICKANE AT THE WEEKEND.

weeks time. The Chorca Dhuibhne side got the early advantage but were pegged back by a Mallow goal at the end of the first quarter. They responded well however and added seven points to lead by 0-11 to 1-3 at the break.

Sean Micheál Ó Conchúir's opportunist goal on the resumption put An Ghaeltacht on the road to victory and with nine different scorers throughout they held off the Mallow challenge to book their place in the final. The game will be played at either Austin Stack Park or a Limerick venue to be decided on the toss of a coin.

DROMID PEARSES IN SEARCH OF A JUNIOR FINAL PLACE

County Junior Premier champions Dromid Pearses go in search of a place in the Munster Junior Club Championship final when they take on Galtee Gaels of Limerick in the semi final at Dromid on Saturday next (throw-in at 1pm). The fact that their own home ground in Dromid has been passed for the staging of the game must be a big boost to the home side given that they had a long journey to West Clare to play Naomh Eoin in the first round. Their opponents are playing their first game in the competition having got a bye to the semi finals but they certainly will have their work cut out for them given that Dromid have been down the club championship road before having been Munster champions back in 2011.

On the other side of the draw, Cork champions Knocknagree will play the Waterford champions, who are as yet unknown, on Sunday next in Mallow and Mallow is also the venue for the final on December 3rd.

5 YEAR TICKET SCHEME

The new 5 Year Ticket Scheme (2018 – 2022) will be launched at the November 27th meeting of the County Committee where details of cost

and entitlements will be revealed. Tickets will be on sale prior to Christmas and will form an ideal Christmas gift for the Kerry supporters.

NEW KERRY GAA JERSEY

The recently launched new Kerry GAA Jersey is available in the Kerry GAA Store in Killarney along with the new range of Allianz League gear for 2018.

COISTE SCÓR CHIARRAÍ - SCÓR NA NÓG

Some of our GAA activity goes indoors this weekend with the first competition in Scór for the season ahead which will take place on Saturday next November 18th with a starting time of 5pm at the Racecourse Killarney where the County Finals of Scór na nÓg will take place. It promises to be a great night of entertainment with the best of music, song, dance and act for all followers of the competition. All winners on the night will then go forward to the Munster Semi Finals to be held in Ovens Community Centre, Cork commencing at 2pm on Sunday December 10th.

All participating Clubs are requested to make sure they have their Club registration numbers with the Secretary, Suzanne Ní Laoire before the competition gets underway and also to be in attendance well in advance of the starting time of the evening's programme. Disciplines for the night are in the following order; Figure Dancing followed by Solo Singing, Recitation and Ballad Group. There will be a 15 minute break before finishing off with; Leiriú, (Novelty), Instrumental Music and Set Dancing. Clubs will take part in the following order; Mid Kerry, West Kerry, North Kerry Football, Tralee District Board, North Kerry Hurling, South Kerry, East Kerry, Castleisland District and Kenmare. Competitions shall be run off in the order given.

EAST KERRY NOTES

WITH ÁINE NÍ SHÚILLEABHÁIN PRO AQUILA CLUB O'DONOGHUE CUP - SEMI FINAL

Rathmore 0-16 Gneeveguilla 0-12

The first of this years Semi Finals in the O'Donoghue Cup Senior Championship, sponsored by the Aquila Club Gleneagle Hotel, was a great contest with superb football and ball control despite wet conditions. Played on the outstanding field in Fitzgerald Stadium, the game kept supporters enthralled throughout. It was tit for tat in the opening minutes, with DJ O'Connor trading points with Mark Reen and Shane Ryan. Gneeveguilla, who were playing a sweeper, defended well and pulled ahead with 3 unanswered points - Padraig Doyle(2) and DJ O'Connor on target 0-5 to 0-2 going into the second quarter. Mark Reen pointed the rebound after Gneeveguilla goalkeeper, Patrick O'Riordan, made a great save, to deny George O'Keefe a goal. DJ O'Connor replied with a lovely point before Rathmore levelled the game with 3 points. Shane Ryan pointed 2 frees and Eoin Lawlor picked off a point from a ball tapped down by Shane Ryan -0-6 a piece on the 27th minute. DJ O'Connor put Gneeveguilla ahead by the minimum with a pointed free. A Rathmore maintained pressure and had a goal shot skim wide before George O'Keefe levelled the game again with a point from play. In the last move of the half, Patrick Warren sent a volley goalbound. However, Rathmore goalie, Pa Mc Carthy read it well and pulled off a great save. Half time score: Rathmore 0-7 Gneeveguilla 0-7.

There was a slow start to scoring in the second half. A black card saw Rathmore introduce Cathal Murphy. Aidan O'Mahony also came on for Rathmore. Brian Friel broke the deadlock with a point in the 40th minute. Two Shane Ryan converted frees saw the score 0-10 to 0-7 in Rathmore's favour in the 43 minute. Gneeveguilla responded and levelled the game scoring 3 points without reply from the boots of DJ O'Connor (2) and Jamie Brosnan -0-10 a piece going into the last quarter. Both sides made substitutions, but it was Rathmore that dominated the scoring in the final quarter. Shane Ryan, put Rathmore ahead reeling off 3 points from play - 0-13 to 0-10 on the 49th minute. It was nip and tuck. Aidan O'Mahony drove forward and pointed, Connor Herlihy replied for Gneeveguilla and Shane Ryan added a point. Rathmore led 0-15 to 0-11 on 58th minute. A Shane Ryan free for Rathmore and a DJ O'Connor pointed free, saw the full time score: Rathmore 0-16 Gneeveguilla 0-12.

East Kerry Chairman Tim Ryan presented the Man of the Match award, sponsored by The Aquila Club, to Gneeveguilla's DJ O'Connor. Rathmore await the winners of next Sundays Semi Final Killarney Legion V Dr Crokes, fixed for Fitzgerald Stadium at 2pm.

Rathmore Team: Padraic McCarthy, T.J Friel, Brian O'Leary, Mike Joe Kelleher, Cillian O'Connor, Conor O'Sullivan, Brendan



KILMACMIN U16 TEAM, WINNER OF THE DIV 3 EAST KERRY U16 CHAMPIONSHIP FINAL

O'Keefe(Capt), Donal O'Sullivan, Mark Ryan, George O'Keefe(0-1), Brian Friel(0-1), Daniel O'Sullivan, Shane Ryan(0-10;6f), Eoin Lawlor(0-1), Mark Reen(0-2) Subs: Cathal Murphy, Aidan O'Mahony(0-1), Dean Fitzgerald, John O'Keefe, Micheal O'Mahony
Gneeveguilla Team: Patrick O'Riordan, Connie O'Connor, DJ Murphy, Darren Brosnan, Patrick Warren, Ciaran O'Connor, Philip Cremin, Don Murphy, Jamie Brosnan(0-1), Padraig O'Connor (Capt), Padraig Doyle(0-2), Connor Herlihy(0-1), Shane Crowley, Micheal Murphy, DJ O'Connor(0-8;4f) Subs: John O'Leary, Fergus McAulliffe, John Sheehan, Micheal B Murphy, Kevin Coughlan

Referee: Padraig O'Sullivan(Firies)

FR GALVIN CUP SEMI FINAL

Fossa 3-10 Firies 2-10

These two sides have had close, entertaining and exciting fixtures this year and their Fr Galvin Cup clash at Farranore on Saturday last, sponsored by the Aquila Club, Gleneagle Hotel, lived up to the standard of their previous encounters. Played in wind and rain, there were top class scores, strong defending and a few near misses. From the throw in, Firies James O'Donoghue ploughed his way through the Fossa defence and punched a point. From the kick out, Paudie Clifford went highest, claimed the ball and fired it towards his forwards where brother David won possession and passed to an unmarked Donald O'Sullivan for Fossa's first goal. The Firies response was emphatic. Sherwood won the kickout. He slipped the ball to Padraig de Brún whose strong run broke a number of tackles. William Courtney took the pass and planted the ball in the corner of Myers net - 1-1 to 1-0 after 4 minutes. A pointed free from Donald O'Sullivan, a 45m free off the ground from Paudie Clifford and a Tadgh O'Shea point pushed Fossa ahead. Fossa's midfielder Paudie Clifford worked his socks off throughout. He slalomed past four Firies defenders before being grounded in the square and Tadgh O'Shea slotted home the penalty. Fossa led 2-3 to 1-1 after 15 minutes. Firies responded magnificently.

They dominated the next 10 minutes. Half backs Stephen Foley, Niall Donoghue and Pat Browne drove forward and provided a platform for James O'Donoghue and Jack Sherwood to assist the forwards get back on level terms. Stephen Foleys clearances to William Courtney and Padraig de Brún saw the latter raise white flags. Jack Sherwood swung over a peach of a point from the wing. Pat Browne came forward and Conal Murphy set him up for a point. Fossa was not winning their own kick outs and the Firies purple patch continued with a Patrick Daly assist for a Padraig de Brún point - Firies 1-6 Fossa 2-3 after 25 minutes. De Brún blasted millimetres wide from the kick out and Fossa was on the rack, despite playing with the wind. Firies Centre back, Stephen Foley, was mopping up loose ball around midfield. When he found William Courtney free on the wing, Firies piled forward and engineered a second goal from Ed Kerrisk. Firies now led 2-6 to 2-3 after an intense effort. Fossa regrouped and Mark Dennehy, Kevin McCarthy, Paudie Clifford and corner back Derry O'Sullivan inspired their colleagues as they took a grip on the play for the rest of the half. Paudie Clifford won a kick out and 5 lightning fast handpasses later saw Clifford pass to Donald O'Sullivan for a point. Wing back Kevin McCarthy drove up the left wing and passed to David Clifford. Despite being off balance from pressure by Dan O'Shea, David got a rasping diagonal shot away from 15 metres which billowed O'Rourke's goal 3-4 to 2-6 as the half time whistle beckoned. Lorcan Daly patiently drew the defence and freed up David Clifford for a point. Paddy Sheehan won the kick out and started a move that Firies Niall O'Donoghue parried. Tadgh O'Shea collected the rebound and it took a top class dive from Billy O'Rourke to deny him a goal. The resultant 45m free was floated over the bar by Paudie Clifford. Fossa led 3-6 to 2-6 at half time.

The scoring frequency dropped in the second half. Colin Myers reached high and stopped a point. Ed Kerrisk got behind the Fossa defence but his shot went wide. Firies keeper Billy O'Rourke reached high above the bar to stop

a Fossa point. It took 8 minutes before a Tadgh O'Shea free gave Fossa a four point gap. With Fossa tackling strongly and turning over Furies possession, the home side was unable to get any momentum. Derry O'Sullivan won the kick out. He soloed forward, did a one-two with Mikey O'Shea and O'Sullivan kicked a fine point from 20metres – 3-8 to 2-6. Furies introduced Diarmuid O'Mahony, Mike Daly and Padraig O'Mahony. Daly's experience settled Furies. Sherwood, de Brún and Foley drove at the Fossa defence and won two frees converted by William Courtney. With five minutes on the clock, Fossa adopted a 'keep-ball' policy but as Furies pushed up on them William Courtney turned over the ball and shot over for a third Furies point in succession - 3-8 to 2-9. David Clifford kept the gap at a goal with a point – 3-9 to 2-9. Wing back Pat Browne had his second point of the game for Furies – 3-9 to 2-10 – before Donald O'Sullivan was fouled for a 30m free ably converted by Tadgh O'Shea – 3-10 to 2-10. There was time for a final Furies attack. Jack Sherwood and James O'Donoghue patiently worked the ball forward. Ed Kerrisk won possession. As Derry O'Sullivan wrapped Kerrisk up, Sherwood took possession on the burst. But Paudie Clifford launched himself against Sherwoods boot to smother his shot and bring the game to a conclusion. A most enjoyable game despite the wind and rain. Final Score: Fossa 3-10 Furies 2-10. Fossa corner back, Derry O'Sullivan, received the Man of the match award, kindly sponsored by The Aquila Club.

FOSSA

Colin Myers, Derry O'Sullivan (0-1), Anthony Wharton, Daniel O'Keeffe, Kevin McCarthy, Mark Dennehy Capt., Damien Dennehy, Paddy Sheehan, Paudie Clifford(0-2f;45m), Mikey O'Shea, Lorcan Daly, Daniel O'Connell, Tadgh O'Shea(1-3;1pen;2f), David Clifford(1-2), Donald O'Sullivan(1-2);1f.

FIRIES

Billy O'Rourke, Padraig O'Connor, Dan O'Shea, Josh Flynn, Niall Donoghue, Stephen Foley Capt, Pat Browne(0-2), James O'Donoghue(0-1), Patrick Daly, Jack Sherwood(0-1), William Courtney(1-4;2f), Padraig de Brún(0-2), Ed Kerrisk(1-0), Donnchadh O'Sullivan, Conal Murphy. Subs: Mike Daly, Padraig O'Mahony, Diarmuid O'Mahony, Jake Flynn. Referee: Donal Casey (Scartagen)

MD O'SHEA EK U16 CHAMPIONSHIP FINALS

DIVISION 2 FINAL

Furies 1-11 Dr. Crokes 0-09

Fossa GAA provided the ideal venue for this MD O'Shea East Kerry U16 Championship Division 2 Final, won by Furies after a cracking game against Dr Crokes. The stiff breeze favoured Dr Crokes in the first half and they quickly got into their stride. The Lewis Road side raced into a three point lead and could have been further ahead mid way through the half. Furies struggled to make headway in attack. A free gave Furies their first point after twenty minutes of play. Furies second score came from a penalty



FIRIES COISTE NA NOG U16 DIVISION 2 EAST KERRY FINAL HEARTIEST CONGRATULATIONS TO THE FIRIES U16 BOYS WHO GAVE AN ILLUSTRIOUS PERFORMANCE LAST SUNDAY, 12TH NOVEMBER IN THE U16 DIVISION 2 EAST KERRY FINAL. PLAYED IN OPTIMUM CONDITIONS, FIRIES MET DR. CROKES IN FOSSA AND CAME AWAY WORTHY CHAMPS ON A SCORE LINE OF 1-11 TO 0-09. A FINE FINISH TO THEIR SEASON.

which was well finished by Dylan O'Callaghan. This was a much needed life-line for Furies after Dr. Crokes dominance up to that in the game. The Dr Crokes centre forward was a constant threat up front, scoring some lovely points with more direct play. The sides were level at half time: Furies 1-02 Dr Crokes 0-05.

The second half saw Furies quickest out of the blocks scoring three points in quick succession and the side looked to be well on their way. To their credit, the Dr. Crokes players displayed a lot of resilience and levelled the scores mid way through the second half. A fine save by the Furies goalkeeper prevented Dr Crokes getting a foothold late on in the game. Both sets of players played some lovely football throughout. It was Furies that were the winners in a very entertaining game that ended Furies 1-11 Dr Crokes 0-09.

Furies Team: Cian Ring, Danny Brosnan, Jack Duggan, Patrick O'Connor, Brian O'Driscoll, Harry Doody (Capt), Liam Molomey, Darragh Brosnan, Danny Cronin, Aaron Flynn, Darragh Donohoe, Conor Henderson, Dylan Callaghan, Kevin Murphy McPhee, Cian Cronin. Subs: Max Walsh, Ciaran O'Brien, Conor O'Sullivan, James O'Leary, Craig O'Sullivan Boyle, Tadgh Riordan, Ian Nelligan, T.J. Palmer

Dr Crokes Team: Adam Carey, Jack Cooper, Eamonn Long, Caolán Ryan, Liam Kelliher, Mark Cooper, Neil O'Shea, Gary O'Connor (Capt), Harry Potts, Krystian Komosa, Michael Lenihan, Evan Looney, Padraic Looney, Ger Cronin, Sean Magann. Subs: Jason Kerins, Terry Sparling, Brian Harrington, Rob O'Shea, Killian Hickey, Jamie Muldoon, Odhran O'Donoghue, Adam O'Connell, Keith Myers, Seamus Gallagher, Godwin Osieba, Dylan Falvey, Gavin O'Regan, Darrach O'Callaghan, Calum Neher, David Moriarty, Aaron Brennan, Conor Dillon Referee: Donal Casey (Scartagen)

DIVISION 3 FINAL

Kilcummin 3-7(16) Fossa 1-12(15)

Played in Fitzgerald stadium last Sunday, Kilcummin edged Fossa in an exciting, skilful division 3 final in the MD O'Shea Killarney

East Kerry U16 Championship. The sides were closely matched and a strong swirling breeze made scoring difficult, especially at the Daltons Avenue end. Kilcummin were first to score, a long distance free from their goalkeeper Keith O'Leary. Fossa replied with 2 points from their full forward Emmet O'Shea, one from a free. Kilcummin replied with goal from Darren Lehane. Emmet O'Shea had his third point, to leave the score 1-1 to 0-3 in favour of Kilcummin with 15 minutes gone. Three additional points from excellent Fossa full forward Emmet O'Shea and one from centre forward Killian Buckley to 2 from Kilcummin's Darren Lehane, had Fossa ahead by the minimum at half time: Fossa 0-7 Kilcummin 1-3.

Kilcummin started the second half strongly, with a point from Danny Cronin and a goal from Paul O'Shea. However, the Fossa response was immediate, Darren Cronin rattled the Kilcummin net and 3 points from Emmett O'Shea saw Fossa ahead by a single score - 1-10 to 2-4. Kilcummin's powerful full forward, Paul O'Shea, pointed on the 45th minute to leave tow points between the sides at the threequarter stage. Scores were hard to get in the last 15 minutes with both defences on top. Fossa had 2 points (Emmett O'Shea and Killian Buckley). Kilcummin's Paul O'Shea converted 2 frees for Kilcummin. With time running out, there were 2 points between the sides and extra time seemed a possibility. Kilcummin pressed forward. Paul O'Shea put Darren Lehane through and he blazed his shot wide. Just when it looked like being Fossa's day, Kilcummin won the next kick out and a shot from Daniel Keane, that seemed to be going over the bar, dropped into the Fossa net. Kilcummin led by a single point. With time running out, Fossa tried hard to find an equaliser but Kilcummin hung on to win by the minimum. Great credit to both teams for an excellent sporting game. Final score: Kilcummin 3-7 (16) Fossa 1-12(15).

Christy O'Leary, East Kerry Coiste na nÓg presented the Cup to Kilcummin captain, Keith O'Leary.



Kilcummin team: Keith O'Leary (Capt)(0-1f), Nathan McCarthy, Christopher Moynihan, Darragh Brosnan, Cian Murphy, Darragh Cronin, Dara O'Callaghan, Dean Bradley Cronin, Dylan Murphy, Daniel Keane (1-0), Danny Cronin (0-1), Phillip O'Leary, Darren Lehane (1-3;1f), Paul O'Shea(1-2f), Cian Foley. Subs: Conor O'Leary, Conn Fleming, Mark O'Shea, Jack McClain, Adam O'Sullivan

Fossa Team: Pauric Talbot, Evan Mannix, Richard Wallace, Cathal Whelton, Eoin Myers, Ruairi Doyle, William O'Brien (Capt), Eoin Talbot, Colm Talbot, Harry Buckley, Killian Buckley (0-2), Darren Cronin (1-0), Jack Clifford, Emmett O'Shea (010;1f), Rian Colleran. Subs: Dean Sheehan, Joe Cahillane, Conor Horgan, Sean Dineen, Harry Kelly, Cian Doyle
Referee: Brendan Brosnan (Glenflesk)

The Tatler Jack East Kerry Minor Championship
The Tatler Jack East Kerry Minor B championship Final, Gneeveguilla V Furies is fixed for Saturday at 2pm. Neutral Venue TBC. Extra time if necessary.

2017 PRIMARY SCHOOLS COUNTY FINALS

East Kerry primary schools were well represented last Wednesday in Austin Stack Park. The primary schools county finals contained all the skills of Gaelic football played in front of a large attendance. Presentation Monastery NS tried hard all through before losing to a stronger Balonagh NS team. St. Oliver's NS team showed fantastic desire to defeat a spirited Tralee CBS outfit. Holy Family NS Rathmore produced a superb team performance to secure a well deserved county title. Congratulations to all teachers and players for producing such quality work on the night showing that hard work and dedication by all is improving and developing a strong GAA link in East Kerry.

LISTRY GAA WEDDING BELLS

Listry Gaa would like to congratulate to Eoghan Darmody and Claire Scally who got married last weekend. Best of health and happiness to ye both for the future.

LOTTO RESULTS

Number Drawn: 10, 15, 23, 24

E100 – Columba Glavin, 16 Faha Court

E50 x 2 – Mgt O'Donoghue c/o Maura K. Ryan, Caoimhe, Shauna, Aoife,

E25 x 2 – Kathleen and Irene Wrenn, Lissavane. Adam and Harry Spillane, Culleeney.

Entrant Draw Julia Looney c/o K. Hobbins

Next Sunday 19th November E 10,750

FR. GALVIN FINAL

Fr. Galvin final will be held on Saturday November 25th

at 2pm Listry V Fossa, venue to be announced.

MARY JOE CURRAN CUP FINAL

Congratulations to our Listry ladies, Mairead Lehane, Niamh Broderick, Ciara Tangney and Lorraine Kennedy who plays for Milltown/Listry ladies winning the Mary Joe Curran Cup Final, last Sunday 12th in Furies on a scoreline of Milltown/Listry 6:11 to Austin Stacks 5:8



PRESENTATION OF THE CUP TO THE KILCUMMIN CAPTAIN BY EAST KERRY
COISTE NA NOGS CHRISTY O'LEARY

DR. CROKES GAA CLUB NEWS MUNSTER SENIOR CLUB SEMI FINAL

Played in Lewis Road on Sunday 12th of November

Dr Crokes 2-19 Kilmurray IBrickane 0-10

Right through the first half one would not have expected to win by such a big margin. We had the benefit of the breeze in the first half but our opponents equalised our two points of the first ten minutes of the half with two of their own. We had three points and a goal in the fifteenth minute by Johnny Buckley to leave us 1-5 to 0-2 lead at the end of the first quarter. Our goal came at a time when we had squandered three good goal scoring chances. Our opponents also missed a great chance of a goal during this period. Kilmurray had the first score of the second quarter, a point but the defining minutes of the game came in the next twelve minutes when we sent over six unanswered points to go eleven points clear. The Clare lads had the last score of the half, a point to leave us 1-11 to 0-4 ahead at the interval.

The teams exchanged points on three occasions in the first ten minutes of the second half. After the teams exchanged points again, we struck for a goal at the end of the third quarter. This was the score that our opponents needed and it more or less ended the game as a contest as we now led 2-15 to 0-8. The Clare lads never gave up but were too far behind at this stage to fashion a last quarter victory.

Like the curates egg we were good in parts but it will take more than this display to win the Munster Final.

TEAM AND SCORERS

Shane Murphy, John Payne, Mike Moloney, Luke Quinn, David O'Leary 0-1, Fionn Fitzgerald, Gavin White 0-1, Johnny Buckley 1-0, Ambrose O'Donovan, Micheal Burns 0-2, Gavin O'Shea 0-2, Colm Cooper 0-9 (0-5 frees), Daithi Casey 0-1, Kieran O'Leary 1-1, Brian Looney 0-1

Subs: Tony Brosnan 0-1, Paul Clarke, Shane Doolan, Eoin Brosnan, Jason Lyne, Johnny O'Leary

Best of luck for a speedy recovery to our goalkeeper Shane Murphy who had to retire injured in the first half.

CONGRATUALIONS

Congratulations to Aisling and Alan O'Sullivan on the birth of their son.

Congratulations to Noreen Looney Titmarsh who has been selected as London Killarney person of the year and is been presented this Saturday night.

HAPPY BIRTHDAY

Happy 80th Birthday to Fr Paddy O'Donoghue

PROGRESSIVE 31

Progressive 31 is on every Wednesday night in Crokes Clubhouse. It will start at 8.00pm. You will need to bring money and a partner €5 per person.

LOTTO

Lotto 6, 7, 14, 22. Jackpot €3000 not won Match 3 11 by €40. Next Draw Sunday 19th of November in Tatler Jack. Jackpot €3300

LEGION LADIES

With all the action winding down on the field now is the time for reflection on the year just gone. It is a testament to the work being done in the recent past that we find the Ladies side of the club in a healthy position. With numbers on a par to the boys this year we fielded teams in all age groups from U12 to senior. And to demonstrate the progress being made, all but 1 of those teams won a trophy or in some cases two. And the one team who didn't lift silverware, the U14s, had a busy year, reaching 2 finals and the advance in their play was evident all year. The U12 girls won honours at East Kerry and County level as did the U16s. And as recent as last weekend our Senior ladies won their 4th trophy in as many years. They won the East Kerry Division 3 final by beating Currow 1-12 to 1-9. This was a particularly satisfying win as Currow had beaten them twice already this year in the County competitions. This victory is of course doubled up with the County Junior C they won earlier this year.

While it is gratifying to see success and an increased playing population none of this would be possible without proper administration. To this end Ladies club chairman Dave Randles and his group of ladies mentors have been relentless in their efforts to continue to provide our girls with the best organisation and coaching possible. There is no doubt that with the same input in the next few years our Ladies Club can only go from strength to strength.

O'DONOGHUE CUP

The stage is now set for our O'Donoghue Cup semi final vs All Ireland Club Champions Dr Crokes this Sunday November 19th at 2pm in Fitzgerald Stadium. We wish the lads the best of luck and as always all support is welcome.

LOTTO

Numbers were 9, 18, 22, 26

No winner

5 x Lucky dip's

1. Tony Taggart

2. Donal Junior O'Sullivan

3.Tom and Dee c/o Murphys Bar
4.Joan O Sullivan
5.Mike and Mary McEnery Faugh Muckcross
Next week's jackpot is €17,200.Draw on Sunday
November 19th 9pm in Murphys Bar.

SPA GAA NEWS

ABC NURSERY

Continues Saturday mornings at the earlier time of 10am. This is for ABC Nursery and u6s only as u8s are taking a break. This is free and would encourage new members to come along to see our fabulous facilities.

SCÓR NA NÓG : Best of luck to our set and figure teams in the Kerry Co. Final. This takes place on Sat 18th Nov at 5.00pm in the Killarney Racecourse auditorium.

Figure : Alice O Donoghue, Aislinn O Donovan, Leah Murphy, Ailbhe Gallagher, Erin Holland, Kate Lawlor, Laura O Carroll, and Orlaith Spillane. Set : Erin Holland, Orlaith Spillane, Meghann Cronin, Siona Moynihan, Liam Spillane, Gary O Sullivan, Cian O Sullivan and Eoghan Mulvaney. Date for Kerry County Tráth na gCeist tbc.

REMEMBRANCE TREE

This year we will be lighting up a tree with lights remembering all our loved ones that can't be with us this Christmas in Spa GAA grounds over the festive season. Spa ladies football will host this event and lights will be on sale over the next few weeks for €3 each. Please contact Anne Holland 0857780883 or Tim O Connor (087) 240 4968 for details.

SPECIAL SOCIAL EVENT

The club are considering embarking on a new



PRESENTATION OF THE MAN OF THE MATCH TO FOSSA DERRY O SULLIVAN BY EAST KERRY CHAIRMAN TIM RYAN

exciting venture in the near future, but to finalise the decision it is important to get all members views and opinions. You are invited to a gathering on Sunday November 26th at 12 midday in clubhouse. It is very important to get ALL members to attend this meeting

LOTTO

There was no jackpot winner in the Killarney Heights. Numbers drawn 9,10, 13, 20. Lucky dips Mariya Casey/ Zoe O'Connor, Angela Daly Scarteen, Paddy and Mary O'Keeffe, Joan O'Donoghue Knockeraugh. Next weeks draw in the Oaks will be for €11,200.

MERCHANDISE

The Club Shop will be open Saturday mornings 11.30-12.30 or contact Mathilda outside these hours for alternate arrangements 087 6487356. A great gift for Christmas so get your order in now to avoid disappointment.

HALL RENTAL

Enquiries for Meeting Room Hire and Indoor

Sports Hall Rental please contact Eileen on 0876577312 after 6pm.

PITCH ENQUIRIES

ALL enquiries for use of the pitch for games or training to be made directly to the Secretary Deirdre on 0876332773 or secretary.spa.kerry@gaa.ie. Requests not made through the secretary will not be accepted

SYMPATHY

To the family of Tom O Sullivan, Kilbrean. May he rest in peace.

GNEEVEGUILLA GAA

LOTTO

numbers 5,6,15,26

Next week jackpot €9,250

€40 Jennifer & Fia Buckley C/o Denny Buckley

€40 Charles O'Leary Village

€40 Willie Joe Murphy Gneeveguilla

€30 Brid Horgan C/o Petros

€30 Angie Breen C/o Petros

€20 Joan Warren Yearly ticket

GNEEVEGUILLA GAA AGM Friday

December 1st at 8.30pm sharp.

the ladies committee are hoping to set up a unislim class in gneeveguilla if we can get enough intrested we will go ahead, for further information please contact Noreen on 0861210354 or Sheila on 0876566715

Gneeveguilla gaa ladies committee are delighted to announce that a Spring fashion show will be on in early 2018. Con Doherty Texas Holdem Tournament on December 26th at 5pm in the club bar everyone welcome.

MILLTOWN LISTRY LADIES SENIOR TEAM WINNERS OF MARY JOE CURRAN CUP

Milltown Listry Senior Ladies played Austin Stacks in the Mary Joe Curran Cup Final in Furies Pitch on Sunday 12 Nov 2017. In the first half conditions were very windy with Milltown Listry having the advantage of the strong breeze. Austin Stacks got the first point of the game but Milltown Listry very quickly replied with a great goal from Meadhbh Rochford. Milltown Listry continued to play with great team spirit and continued to dominate even when one of their teammates Emma Tangney was sin binned and Austin Stacks were awarded a penalty. At half time the score was Milltown Listry 4 goals and 8 points to Austin Stacks 2 goals and 4 points. In the 2nd half it was Milltown Listry who got the first score and both teams played some excellent football and kept supporters entertained but Milltown Listry continued to be the stronger team and with great defending by our backs and great scores by our forwards kept Milltown Listry ahead and when another one of their teammates Lorraine Kennedy was sin binned and later Austin Stacks were awarded another penalty they continued to play with great team spirit and won the game on a scoreline of 6 goals and 11 points to 5 goals and 8 points. Well



done to both teams for a great game of football but especially to Milltown Listry on their great victory and to scorers Meadhbh Rochford Lorraine Kennedy Ciara Murphy Lorna Hickey Ella Teahan and Caoimhe Evans. This game was a great display of determination and team spirit from the goalie Kerrie O Dea and backs (Captain)Helena Hayes, Maria Flynn, Christine O Carroll, Ailish Murphy, Ciara Tangney and Mairéad Lehane Mid Field: Ciara Murphy and Lorna Hickey and great forwards Meadhbh Rochford, Ella Teahan, Lorraine Kennedy,

Caoimhe Evans, Emma Tangney, Clodagh Evans and subs Niamh Broderick and Katie Dennehy for Emma Tangney and Christine O Carroll and also super subs Klara O Sullivan, Zeta Ashe, Ciara O Mahony, Kate Hickey, Michelle O Dowd and Louise O Dowd. Thanks very much to Nigel Wrenn and Damien Murphy Phil Tangney for their training coaching and management of the girls. Thanks to all the supporters who came along to support these great bunch of girls to Furies G.A.A. for their use of pitch.

HANDBALL NEWS

GLENBEIGH LOSE OUT IN HANDBALL CHAMPIONSHIP DECIDER

The Glenbeigh handball team of Dominic Lynch, Jack O'Shea, John Joe Quirke and Rory O'Connor have just missed out on Munster Club Championship glory.

The team took on Liscarroll in the Munster 40x20 Senior Club Championship semi-final played in Ballydesmond. The Kerry side took the win 64-45 to set up another cross border clash as Mallow were their opponents in the decider.

And it was the Cork side that were crowned Munster champions winning the final in Broadford, Co Limerick 68-62 after a hard fought battle.

GNEEVGUILLA ATHLETIC CLUB LOTTO

No winner of our lotto draw 10/11/2017, numbers drawn were 4, 14, 23 & 28. Sellers prize winner Timmie Brosnan. €50 Y/T prize winner Denis Brosnan Ardfert, €50 to Tim & Austin c/o Reens Garage, €40 each to Margaret Flynn Knocknaboul, Loretto O' Leary Leam & James Regan Killarney. Bonus not won numbers drawn were 4, 10, 22 and 30. Next week's jackpot €10,000 plus €1,000 bonus.

CLUB AGM

Club AGM is scheduled for Thursday night November 23rd at 8.30 pm in the GAA Club Rooms. All members are welcome to attend and to participate in our general discussion.

MUNSTER EVEN AGE CROSS COUNTRY

Held in Garbally, Co Tipperary Ben Murphy was 11th U15, thus qualifying for All Irelands as part of the Munster Team. Jack O' Leary U15 came 20th. Saoirse Tompkins U15 and Claragh O' Connor U11 also ran well.

TRACK TRAINING

We did not get to the track on Saturday last due to weather conditions, next Saturday we hope to have better weather and as many athletes as possible turning up to train.

MUNSTER MASTERS & JUVENILE RELAYS

Best of luck to club members travelling to Riverstick next Sunday for Munster Masters and Juvenile Club relays.

CYCLING NEWS

CHRISTMAS HAMPER RIDE, LIKE SANTA, IS JUST ROUND THE CORNER

There are signs every year that we look out for that signal the arrival of the Festive season. From a cycling point of view this is the Killorglin Cycling Club Christmas Hamper Rides which take place on Sunday December 10th this year. Some use this time of the year to start building up fitness for next season while others just want to get out for spin in the winter air. Whichever category you are in then the Hamper Rides can satisfy you.

This year the organisers have gone with the same routes as last year – a 50km route

from Killorglin to Killarney, Farranfore, Fries, Castlemaine and Miltown before heading back to Killorglin. The 75km route follows the same roads as the shorter route but at Farranfore riders on the longer route head towards Tralee before turning off at Farmers Bridge and tackling the climb before joining the main Tralee Killorglin road.

Both events are controlled by a pace car for approximately two thirds of the distance before riders are released to sprint for home. U16 riders can only ride the short route.

It is important to note that this is not a race and while the first three riders home off the 75km route have the choice of hampers there are lots of prizes that will be drawn amongst all the finishers.

The entry fee for Cycling Ireland Licence holders is e15 and e20 for non-members with sign-on at the Killorglin Sports and Leisure Centre from 8.45am to 9.45am on the day with the riders rolling out at 10am. On return to the Centre showers will be available along with hot food and refreshments.

So as we welcome the Festive Season why not enjoy one of the most enjoyable days in the cycling calendar – the Killorglin Christmas Hamper Ride on Sunday December 10th.

WORKMEN'S ROWING CLUB SKIBBEREEN HEAD OF THE RIVER SUCCESSES

Huge success at Skibbereen H.O.R. Regatta again this year. Out of the 15 events in which our crews participated, we were very proud of our crews with their 7 first places. These are: Womens- Club 1 1X; Club 1 2X; Club 1 4X+; J18A 1X; J18A 2X.

Mens- J16 4X+; Club 1 4X+.

Congratulations & well done to Siobhán, Ciara M, Ciara B, Annie, Ross, Joe, Peter, Seán, Callum, Ruadhán, Michael and Jakub.

Also congratulations to our Men's J15 4X+ crew, Caolan, Ryan, Peter and Joe who were just pipped by Fermoy for 1st place in their event, and to Women's J14 4X+ crew, Laura, Kate Ellen and Sarah, who had a fine row out and got a fantastic 3rd place out of 13 crews! Another 3rd for Ruadhán and Marc in Mens J18 2X. Well done Men!!! We cannot forget our Women's J15 4X+ crew of Aoireann, Jennifer, Meadhbh and Sarah who came in a very respectable 4th place, after a fine row to the finish.

Many thanks to our superb coxes, who guided everyone along the course safely and swiftly, our coaches, boat handlers, drivers and supporters. To Marc and all at Huckleberry's for the delicious doughnuts A special thanks to Mickey Joe for transporting the ever increasing number of boats to this event.

UPCOMING EVENTS

This Saturday, 18th November: Irish Trials. National Rowing Centre, Iniscarra, Cork. A number of our Juniors will participate in this day of trialling, and we wish them all the best in this ongoing selection process.

25TH NOVEMBER

Irish Provinces Indoor Rowing Competition, Sports Arena, University of Limerick.

2ND DECEMBER

Muckross Head of the River, National Rowing Centre, Iniscarra, Cork.

For further information on the sport of rowing, see rowingireland.ie and like us on facebook at workmensrowingclub.

KILLARNEY BADMINTON NEWS

Killarney Badminton Club are now open on Friday nights for the Senior members from 9 to 10.30 in the Presentation Gym. The club also meet every Monday & Wednesday at 830pm. New members welcome! Adult membership €110 & student membership €60. Check us out on Facebook or contact Jennifer 083 3347228 or Peggy 087 6486428 for more information.

FARRANFORE MAINE VALLEY ATHLETIC CLUB

The Munster Senior & Juvenile Uneven Ages Cross Country Championships was held in Galbally, Co. Limerick on Sunday 12th November. Following a very wet Friday and Saturday thankfully the sun shined throughout the competition. The course was relatively flat with plenty of stick mud following the heavy rain over the last week.

Jessie Lynch was our youngest competitor today as she competed in her very first Munster Championships. Taking on the U9 750m with well over one hundred competitors. Following a slow start, Jessie began to advance through the field of young athletes and eventually found herself in the top ten group of runners. Jessie fought hard and finished in sixth place earning herself an individual medal. Next up was Shauna McCarthy who was competing out of age in the U15 3500m race. Again a large field of athletes in this race. Shauna ran extremely well negotiating the heavy muddy conditions very well and remained in the top 12 throughout the first 1500m lap. As other athletes began to find the course challenging, Shauna looked very strong as she continued to advance her position and eventually finished in third place overall. A great achievement.

In the Munster Senior Women's 8000m, 4 lap race we had four athletes competing. Maria McCarthy settled into third position from the gun and ran very well putting a large gap between herself and the fourth runner. Maria held onto her third place position to finish on the podium. Next home for our club was Mary Daly, competing for the very first time at Munster level. Not far behind was Caitriona Barry and our fourth athlete was Grainne Tierney. With their combined points they won first place for club team. This is a great achievement and may well be the very first club gold team medal at senior level. Maria and Mary were also part of the Kerry County team to win silver, just a few points behind Cork team.

George McCarthy was our only male competitor today as he competed in the Senior Men's 10K, 5t lap race. George ran well.

On Sunday 19th November is the Munster Masters & Juvenile club Relays Cross Country

Championships. This will be held in Riverstick, Co. Cork. Best of luck to all our masters competing.

CLUB TRAINING

Maria's Strength, Endurance & Flexibility Exercise Classes every Tuesday starting @ 7pm at the Sports Hall in Farranfore. €5 per class
Juvenile Training is on every Thursday @ 6:30pm in Farranfore GAA grounds. Open to all registered juveniles aged 8yrs (Born 2007) and upwards. This will be in preparation for the Munster Juvenile "B" Cross Country Championships to be held in Beaufort on Sunday 3rd December. €2 per session
Secondary School/Junior / Senior training on every Thursday at 6:30pm in GAA grounds Farranfore. This is endurance training for cross country preparation. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES

Saturday 18th Nov.: British & Irish Masters Cross Country Championships, Derry

Sunday 19th Nov.: Munster Masters & Juvenile Inter-Club Cross Country Championships, Riverstick, Cork

Sunday 26th Nov.: AAI Senior, Junior & Juvenile Even Age Cross Country Championships, Abbottstown

Sunday 3rd December: Munster Juvenile "B", Junior & Intermediate Cross Country Championships, Beaufort, Kerry

Sunday 10th December: An Ríocht AC, Run Rudolf Run 5K in Castleisland

Sunday 17th December: National Uneven ages, Novice WIT, Waterford

Tuesday 26th December: Our Club St. Stephen's Day 5K Road Race / Fun Run @ 12noon in Farranfore

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance
See Kerry & Munster Athletics website for full fixture lists & timetable for events.

KILLARNEY RFC NOTES

U16

LISTOWEL 12 - KILLARNEY 48

U/16 Killarney Rugby / Munster Conference 2
Listowel 12 Killarney 48
The scoreline does not reflect the intensity of this close fought contest played in poor conditions in Listowel on Saturday 11th. Killarney started sharply and a Thomas Clifford offload resulted in a Donnchadh Grealy try from the opening play. The first half ebbed and flowed with power house forward rumbles from Listowel contrasting with a more expansive passing offloading approach from Killarney. By half time the visitors had forged a 19 - 5 lead through a breakout try from strong running fullback Gary Randles and a superbly crafted team try finished by second row Sam Casey. With assistance from the elements in the second half Killarney introduced Cian Murphy to the outhalf slot and he superbly kept the homeside on the retreat with astute tactical kicking. Killarney made sure of the win with early tries from Evan Mannix and Gary Randles. Listowel bravely replied with a seven pointer of their own before a final flurry from the visitors



MAURA LYNE, KNOCKLEBEDE, KILLARNEY, WAS THE WINNER OF THE DR CROKES GAA CLUB LOTTO JACKPOT PRIZE OF €4,500. MAURA'S LUCKY NUMBERS WERE 10, 15, 20, 24. FRONT FROM LEFT ARE PA O'BRIEN (LOTTO COORDINATOR), MAURA LYNE (WINNER), AOIFE HICKEY, EILEEN DALY (SELLER) AND MALACHY WALSH (LOTTO COORDINATOR). BACK FROM LEFT ARE MOSS HARMON (LOTTO COORDINATOR), DAVID HICKEY, MARY O'CONNOR, ED STACK (TREASURER), AMANDA LYNE, MARGARET HICKEY AND TINA LYNE HEALY. PICTURE: EAMONN KEOGH

produced further tries from Liam Randles and Cian Murphy. On the day Killarney's forwards Matt McAuliffe, Brendan O Sullivan and Padraig Talbot led the pack in a huge defensive display. All 10 players used in the backline consistently tackled bravely and handled the muddy ball skillfully constantly stretching their physically imposing opponents. Cian Murphy on his return from injury reminded everyone of his talents. Donnchadh Grealy contributed 16 points and Gary Randles again announced himself as a serious talent with 2 tries.

Killarney Team:

Denis Koyun, Brendan O'Donoghue, Matt McAuliffe, Sam Casey, Evan Mannix, John McCarthy, Padraig Talbot, Thomas Clifford (Adam McSweeney 20 mins), Peter Walsh, Dion O'Neill (Cian Murphy 30 mins), Mark Sheahan (Jose Salinas 40 mins), Jose Ferrero, Jack O'Connell (Liam Randles 30 mins), Donnchadh Grealy (James Kennelly 45 mins) Gary Randles.

U18

SOUTH KERRY 23 - CHARLEVILLE 0

In wintery conditions the home side started well and were 11 points ahead within the first 15 minutes. Charleville came back into the game and there were no more scores until the last 10 minutes with the home side scored 2 tries capping a great performance by the hosts who made their forward power count with excellent tackling and sound defensive play. Tries by Jack Hallissey, Aaron Houlihan and Darragh Fitzgerald. The Killorglin/Killarney/Corcha Dhuibhne combination is playing fantastic rugby.

MINIS:

Next Saturday our minis travel to Ballymalis to take part in the West Munster Blitz, taking teams from Killorglin, Listowel and Kenmare.

We will meet at Kerry Woolen Mills at 11am with a 11:30am start. Gumshields essential or no play and please bring a change of clothes in cast the weather changes. For any queries contact coordinator Liam Murphy on 087-4145662

YOUR CLUB YOUR COUNTRY:

We have tickets available for distribution at Walsh's Shoes or from any committee member/coach. Tickets cost only €10 and all moies raised go to the club. We will have prizes for those who sell the most tickets. Check out our facebook page for more.

80'S V 90'S NIGHT:

On Friday the 24th of November, our fundraising 80's V 90's night takes place at the Killarney Grand. Please come along and support the club and fancy dress is not essential but great music and nostalgia is guaranteed! so, get out the crimpers and denim jackets and come along to the Grand and support the club on what will be a great night.

G N E E V E G U I L L A BASKETBALL CLUB

Gneeveguilla Basketball Club are holding a Bingo night Sunday 26th November at 7pm in Gneeveguilla Hall. Everyone welcome. If anyone can sponsor our Bingo please contact Siobhan on 0874138706 or Cathy on 0872900476. Each line is 15 euro. Each Full House is 30 euro. All spot prizes gratefully accepted.

Any support would be much appreciated.

FIRIES COMMUNITY GAMES

Firies Community Games AGM was held on Thursday last in Farranfore hall. Thank you to everyone who attended this meeting. Frances Murphy our chairperson and Hazel Norris our secretary have stepped down from their

positions. We would like to thank Frances and Hazel for all their hard work and commitment to Fries Community Games. The in coming Committee for 2017-2018 are as follows: President Jerome Crowley, Chairperson PJ Walsh, Secretary Maura Culloty, Treasurer Noreen Brosnan, Assistant Treasurer Martina Hoctor, Youth Officer Maura Culloty, PRO Carmel Sheahan, Committee Margaret Culloty, Julie Walsh & Helena O Sullivan. All events and activities will be advertised through the various publications once the season is up and running again. Thank you to everyone who attended this meeting and to everyone who have offered their help for the forthcoming year.

MUCKROSS ROWING CLUB SKIBBEREEN HOR

Well done to all our crews who competed in the Skibbereen Head Of the River on Saturday last at the Marina in Cork city. A damp and cold morning greeted competitors facing into the 3km time trial contest. Two great performances by Niamh Coffey and Eimear Beazley in the Womens J16 Scull event saw the girls take both first and second place. The club was also the winner of the Mens Masters Four, congratulations to Maurice Coffey, Brendan O'Neill, Jeremy Kenny and Paul Griffin. The club is very proud of its youngest competitors, congratulations go to our Mens and Womens J14 Octuple crews who both saw off the Cork competition to take first place. The club's two Womens J16 Double crews were also second and third while the Womens J15 Quad finished third. Some great results and overall a successful club day out. Thanks to all the parents and adult members who helped in the organisation of the club before, during and after the Cork outing.

UPCOMING

Irish Provinces Indoor Rowing Competition Sat 25 November at the UL Arena. Entries are also now open for our very own Muckcross HOR, set for Saturday 2nd December at the National Rowing Centre in Cork. Thanks to all the parents of junior members who attended



MOTHER & DAUGHTER MARIA AND SHAUNA MCCARTHY WHO BOTH COMPETED IN THE MUNSTER SENIOR & JUVENILE CROSS COUNTRY CHAMPIONSHIPS WHERE THEY BOTH FINISHED IN THIRD PLACE IN THEIR RESPECTIVE RACES. SHAUNA WAS 3RD IN U15 AND MARIA WAS THIRD IN WOMEN'S SENIOR RACE.

our information meeting on Sunday evening last. Secial thanks to the Muckcross Park Hotel for kindly facilitating the club with a meeting room and refreshments.

KILLARNEY COUGARS BC SENIOR NEWS

KERRY LEAGUE DIV 1 WOMEN

Killarney Cougars 46
Glenbeigh Falcons 41

A well contested game went down to the wire at the Pres Gym with Killarney Cougars just doing enough to edge out a determined Glenbeigh Falcons.

The visitors led 12-11 after a slow start as they used their height advantage on the boards through Ashley Campbell and Mary Fogarty to dominate with Cougars Megan Buckley and Amanda Brosnan on target for the home side.

The second quarter was basket for basket with Cougars just edging ahead with Rheanne O'Shea 5 pts and Marion O'Callaghan 4 pts. A strong third quarter for Cougars with three pointers Rheanne O'Shea and Cassandra Buckley and great basket by Niamh O'Connor gave Cougars a deserved 39-31 lead going into the last qtr.

The visitors responded well and they came with a strong push in the final qtr and great baskets

by Megan O'Connell and impressive Cliona Coffey leading the way but another important three pointer by Rheanne O'Shea gave Cougars some breathing space but Glenbeigh trailed by just a point in the final minute with a late three pointer by Cassandra Buckley securing the points in a thrilling finish. Best for Killarney were Megan Buckley, Rheanne O'Shea, Cassandra Buckley and Louise Ni Mhuirheartaigh.

WOMENS NATIONAL CUP NICC

Maree 71

Killarney Cougars 48

The journey to Galway on sunday to take on National Cup holders Maree proved a difficult assignment as Cougars great effort was not not enough to dethrone the Champions on their home court before a good attendance. Cougars competed well all through a very tough and at times physical contest but struggled on the game on the boards with Michelle Fahy producing another MVP performance as she dominated adding 25pts and with some great assists all through.

Cougars outside three point shooting kept them in contention until foul trouble and injury saw the team under pressure in the final qtr as the home side pushed on to secure a deserved win despite good performances for Killarney from Megan Buckley, Niamh O'Connor, Michelle Greene, Kelly Ahern, Casandra Buckely, Emer O'Neill and Rheanne O'Shea Cougars top scorer on 20 pts. Cougars face Tralee Imperials away next weekend.

U14 GIRLS LEAGUE

Killarney Cougars 30

Tralee Imperials 18

A home win for the Cougars who hosted Imperials at the Pres Gym. Cougars lead all through but Imperials stayed in contention throughout . Cougars made a good start and had scores on the board quickly with Edel Horgan, Sophie Dennehy and Meabh Coleman Horgan all inpressing. Cougars led by 10 points at half time and they maintained the lead with Alicia Burke adding some great baskets and despite great pressure by the visitors Cougars deservedly take the points.



SEAN MCCARTHY CHAIRMAN KERRY FEDERATION (SEATED THIRD FROM LEFT) WITH (FRONT) DECLAN MCCARTHY CAPTAIN, BREDA DUGGAN PRESIDENT, JOHN CURTIN JUNIOR OFFICER (BACK FROM LEFT) ANGELA O'CONNER JUNIOR OFFICER, MATT MCAULIFFE, PATRICK LYONS, KIERAN O'CONNOR, DAVID CULLOTY, PETER WALSH, COLM TANGNEY AND MARY O'DOHERTY JUNIOR COMMITTEE AT KILLARNEY GOLF AND FISHING CLUB ON SATURDAY.

KILLORGLIN GOLF CLUB.

LADIES RESULTS:

18 Hole Stableford sponsored by the A.I.B.:
1. Ann Walker, Lady Captain (26) 32 pts. 2. Kathleen Cronin (24) 30 pts 12 Hole re-entry Stableford sponsored by Eleanor Dowd Month of October: 1. Maura O'Boyle (25) 27 pts. 2. Kitty Galvin (28) 25 pts. 3. Eileen Bell (26) 24 pts.

Silver Swans 12 Hole Stableford: 1. Maire Ni Loinsigh (24) 21 pts. 2. Kitty Galvin (28) 16 pts.

FIXTURE 9 hole re-entry Stableford, Month of November, sponsored by Mary Lawlor continues until further notice.

CHRISTMAS HAMPER

Shot gun start this Sat 18th November at 10.30am. All are asked to be in Club at 10am.

JUNIOR CLUB

Junior Captain Jemma Keys Prize to junior girls: 1. Tyler O'Sullivan. 2. Sarah Kennedy. 3. Jemma Key. 4. Ellen Griffin. Thanks to Claire Kelly and Lady Captain Ann Walker for the lovely prizes. Christmas Hamper to be played at a date to be decided.

KILLARNEY GOLF CLUB - LADIES

The following are the results from the Ladies Singles Stableford Competition - Christmas Hampers kindly sponsored by AIB; held on Mahony's Point

1st	Sinead O Shea (18)	40 pts (Back 9)
2nd	Alicia Burke (19)	40 pts
BG	Kelly Brotherton (0)	36
3rd	Corinna Griffin (9)	39 pts
4th	Kathleen Brosnan (22)	38 pts
5th	Frances Arthur (24)	37 pts
6th	Laura Beth Malloy (30)	37 pts
7th	Amy Arthur (6)	36 pts
8th	Christine Carroll (13)	36 pts
9th	Mary O Connor (26)	36 pts
F9	Anne Duggan (11)	20 pts
B9	Katie O Connell (20)	20 pts.

Css is 38 stableford pts

Next Ladies competition will take place on Sunday 19th November 2017 and will be kindly sponsored by Tim Jones The format is a Scramble and we will have a Shotgun Start at 12.40 on Mahony's Point

CASTLEROSSE GOLF CLUB,

RESULTS Competition played on Sunday 12th November 18 Hole Stableford 1st Place, Steve Shine (18) 40 pts, Runner-up, Joe Gaffey (22) 37 pts, 3rd place, Dan O'Connell (24) 37 pts.

FIXTURES Weekend competition, 18 Hole Stableford to be played on Saturday or Sunday. Club Annual General Meeting Sunday 26th November.

CASTLEROSSE LADIES RESULTS

Scramble played on Thursday 2nd November best return, Patricia Barrett & Chan Martin, Scramble played on Thursday 9th November best return, Brid Scanail & Chan Martin.

LADIES RESULTS BEAUFORT GOLF CLUB

Sunday 5th November to Sunday 12th November 2017

13 Hole Stableford Christmas Hamper Sponsored by Edwin & Karen Spence
1st Catherine Murphy (22) 20pts



DARREN MULCAHY JUNIOR CAPTAIN (CENTRE) PRESENTING FIRST CAPTAIN'S PRIZE TO BOYS WINNER (LEFT) DAVID CULLOTY AND (RIGHT) GIRLS WINNER ALICIA BURKE WITH (BACK) PRIZEWINNERS PATRICK LYONS, JACK KNOBLAUCH, NIALL MCCARTHY, ROBBIE HARNETT AND CILLIAN COURTNEY AT KILLARNEY GOLF ON SATURDAY.

2nd Aileen Ryan (35) 19pts

KILLARNEY GOLF CLUB - MENS

The new Chairman of the Club Council is Mike Daly, Mike was Captain of our Club in 2014, that same year that the running of our Club was handed over to the Members from Failte Ireland, after intense negotiations were carried out during 2013 towards that handover.

The two new incoming Members of the Council are Ann Courtney and Brian Fitzgerald, and they replace the outgoing Patrick O'Donoghue and Gerard Walsh. Ann Courtney is a lifelong member of the Club, and both of Ann's parents were very prominent members of the Club from the 1960s through to the 1990s. Ann's mother Annette was Lady Captain of the Club in 1972, and Ann's father Donal, who was a very prominent solicitor in town, and also legal adviser to the Club, he was a very keen fisherman, and enjoyed being a member of the fishing side of our Club. Ann is married to Michael Hickey, solicitor and they have four young daughters.

Brian Fitzgerald a native of Fossa, and a Club member for 30 years, enjoyed a 40 year career with Bank of Ireland, Brian retired in 2013 and during his banking career he occupied a number of Managerial positions in marketing, sales, and credit assessment.

Brian was Secretary of the Men's Club, and a Men's Club Committee member in 2014. The competition on Sunday the 12th of November was the Sol Golf sponsored team of four event. The run-away winners of the competition was the combination of Neilus O'Regan, Dermot Roche, Padraig Griffin and Gerard Walsh, they won by 5 clear points. Full results were 1st Neilus O'Regan(17)

Dermot Roche(13) Padraig Griffin(18) and Gerard Walsh(13) 96 Pts. 2nd Sean Goulding(11) Con O'Mahony(22) John Herlihy(20) and John Buckley(19) 91 Pts. 3rd Michael Dennehy(20) Chris Twomey(10) John Twomey(20) and John Murphy(20) 91 Pts.

DEERPARK PITCH & PUTT CLUB

NOTES

Sunday Competition: Results of last Sunday's event- Winners: Noel Moynihan, Johnny Kelly & Sean Ashe 78 1/3. Runners-Up: Noel Moynihan, John Kelly & Sean Ashe 80 2/3.

Christmas Turkeys: Sponsored by Tim Jones Butchers, this Sunday we kick off our four weekends of Turkeys with a Two Ball Scramble and draw times @ 9.15am and 11.15am. Open to Club Members aged 15 or over cost of entry is €4 per player and a fee of €7 for both draws. Players will start off their official PPUI Handicap as on Monday November 13th for each week they first enter any of the four weekends while the Overall Nett winners each week will be cut two shots for the following weekend they play and all other prize-winners on a weekend cut one shot. Any player that plays and doesn't win a prize on a given weekend gets a shot back for the next event they play.

U-16 CHRISTMAS COMPETITION

Our pre-Christmas U-16 event will take place on Saturday December 2nd at 1pm with play over 18 holes. Further information to follow in due course.

GATHERING IN MURPHY'S

Our pre-Christmas gathering in Murphy's Bar will take place on Friday December 15th this year. Prizes for all outstanding competitions between the Open Three Ball Scramble, Christmas Hamper, Turkeys and Club Matchplay will be presented on the night. Also on the night there is a meal planned for Lord Kenmares beforehand for any member interested at 7pm prior to the presentation. Anyone who has not already let their interest known is asked to contact Club PRO Jason O'Connor know as a number of places are still available.

CLUB ANNOUNCEMENT

At a recent Committee Meeting it was decided over the winter months to implement a 'members only' and competitions policy effective from November 1st until the start of February at the earliest. Pre-arranged bookings for outings will still be accepted by the club however and can be made via either the club phone 087 7823138 or our e-mail: office@deerparkpitchandputt.com

AGM

Our 2018 AGM has been set for the night of Monday January 15th in the Killarney Avenue Hotel. Further details in due course, contact the club if you require a nomination or motion form in the meantime.



HAPPINESS IN THE WORKPLACE

For many of us a great deal of our day is spent in the work place – or thinking about work, therefore it makes sense that we would aim to make our working lives a happy and pleasant experience. However, when faced with various frustrating challenges at work our stress levels can increase and lead to anything from burnout to boredom to distraction. Whilst some levels of stress at work are normal, excessive stress can interfere with productivity as well as our physical and emotional wellbeing.

In her book *Real Happiness at Work*, Sharon Salzberg discusses eight pillars of happiness in the workplace. These include balance; concentration; compassion; resilience; communication and connection; integrity; meaning; and open awareness. Throughout the book she presents formal meditations along with mini meditations and practices for the reader to try out. These exercises are simple, small and practical ways in which we can achieve greater calm and satisfaction.

The following includes some of the advice she gives us to have a more peaceful and happier day at work.

1. Before starting a project, meeting or even a conversation, ask yourself: "What do I most want to see happen from this?"
 2. Before starting your day, set an intention. She gives the following example: "May I treat everyone today with respect, remembering each person wants to be happy as much as I do."
 3. Try to perform a simple act of kindness every day. The following are such examples: "holding a door, saying thank you in a sincere manner, or listening to someone with a clear and focused mind."
 4. Pay attention to your feelings. For example, if you're feeling irritated toward a co-worker, pay attention to your irritation, "not so much the story of why you're irritated, but the actual feeling of it." What does it feel like in your body? Where do you feel it? Identifying irritation as it starts helps you prevent an action you might later regret. "With a more immediate recognition of what we're feeling, we have a choice as to how we want to respond in that moment."
 5. Think about the people who make your job possible, such as a housekeeper, caretaker or fundraiser – and thank them.
- These are just some simple measure we can take to generate more happiness in the workplace. Over the next few weeks we will take a closer look at Stress, Workplace Stress and how we can manage it in our lives.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide.** info@kerrylifeline.com To make an appointment call 064 6636416. **SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.**



Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Wind Turbine Maintenance Technician (TR36R) - Tralee.

This course provides participants with the technical knowledge and skills to service and maintain large commercial wind turbines. Applicants must hold a National Craft Certificate or equivalent trade qualification in one of the electrical, mechanical or motor trades or a college qualification in the electrical or mechanical engineering disciplines. **Start Date:** 20th November 2017. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3.

Surf Instructor and Beach Lifeguard (ET1Z3) - Co. Kerry.

The course offers participants the opportunity to develop the knowledge and skills to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 8th January 2018. **Duration:** 25 weeks. **Certification:** ISA Surfing Skills Instructor Level 1 Certificate, National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certificate.

Marine Angling Guiding (ET09446) - Fenit.

This course provided participants with knowledge and skills to offer a high quality, safe and professional angling guiding service in accordance with relevant statutory legislation. **Start Date:** 15th January 2018. **Duration:** 14 weeks. **Certification:** QQI Level 6 Award.

Bus Driving - D Licence (ET07114) - Tralee.

This course provides participants with the skills and related knowledge in the rules of the road, driving a Large Public Service Vehicle (LPSV), customer service, documentation, first aid, manual handling and fire safety, digital tachograph, technical standards and work experience. Applicants must have a current full Class B Driving Licence and Class D Learner Permit. **Start Date:** 15th January 2018. **Duration:** 14 Weeks. **Certification:** Class D Driving Licence and CPC, Occupational First Aid and CILT Digital Tachograph Certificates.

Construction Ground Work Skills (ET23462) - Tralee.

This course provides participants with the knowledge and skills to construct concrete slabs and paths and to lay kerbs, flags and pavements under various conditions. **Start Date:** 15th January 2018. **Duration:** 13 weeks. **Certification:** QQI Level 4 Award.

Diploma in Hairdressing (TR08674) - Tralee

This course is the ideal starting point for a career in hairdressing. Participants will learn hairdressing theory and practice, gain salon experience and achieve a recognised qualification. **Start Date:** 22nd January 2018. **Duration:** 34 weeks. **Certification:** City & Guilds Level 2 Diploma in Ladies Hairdressing.

Intermediate Welding (ET030) - Tralee.

This course is designed to provide industry with personnel who are highly skilled and certified in carbon steel, stainless steel and aluminium welding. Applicants must have a proven track record in basic welding skills. **Start Dates:** 29th January 2018. **Duration:** 19 weeks. **Certification:** EN 287 Certs in Manual Metal Arc (MMA), Metal Inert Gas (MIG) and Tungsten Inert Gas (TIG) and a QQI Level 5 Award in Abrasive Wheels.

Foundation in Media (TR08743) - Tralee.

This entry level course is an excellent starting point for people who wish to pursue careers in the media industry. It offers the participants a comprehensive foundation in the use of a range of digital media technologies in a supervised environment. **Start Date:** 5th February 2018. **Duration:** 14 weeks. **Certification:** QQI Level 3 Award Media Expressions

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre

Monavalley, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

<http://kerryetbtrainingcentre.ie>, e-mail: training@kerryetbtrainingcentre.ie





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3rd Monday of the month

Walshes Bar Knocknagoshel 9.30pm & Flanagan's Bar Brosna 10.30pm.

CONTACT: dhealysrae@gmail.com - 0872316055

**CLLR MAURA
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GARDENING OUTLOOK



with **John O'Sullivan**

FOCUS ON TREES

Trees are beautiful in any garden and their long life makes them a wonderful garden feature. A tree should be the first think you plant in your garden after the hedging – they can be underplanted afterwards with bulbs and shrubs. Trees are interesting in all four seasons with attractive unfolding of leaves in Spring, full foliage in Summer, good Autumn colour followed decorative bark in the Winter. The first and most important think you need to know when buying a tree is what's the height and spread going to be when it is mature. There are many varieties of trees to choose from and there is a tree suitable for most areas. Trees can be planted all year round but as with hedging, trees can be planted when they are dormant between November and March.

When planting your bare rooted tree, dig the hole big enough that you can spreads out the roots all around the hole. Then drive your stake into the hole roughly about 6 to 8 inches below the bottom of the hole, place your tree and spread the roots out well. If possible place your stake on the side of the prevailing winds as this will ensure that the tree is blown up against the stake when the wind is high. Fill in the soil mixed with compost around the roots and firm in with the heel of your foot. Lastly place your tree ties on – one near the top and one at the bottom with a spacer in between to stop the bark being damaged by the stake.

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ARE YOU THINKING OF ADDING A RABBIT TO YOUR HOUSEHOLD?

Rabbits are easy to love, but they're not quite as easy to care for. These lovable, social animals are wonderful companions for people who take the time to learn about their needs. Though providing care for these adorable creatures isn't difficult, rabbits have a long lifespan and many specific care requirements. Anyone considering adding a rabbit to their family should carefully research books and web sites on rabbit care before making a decision.

Please check out Animal Shelters to see if they have pet rabbits in need of homes before you even think of buying and above all remember that any pet is for life not just for Christmas or birthday etc.

USEFUL HINTS

*Place some used dry tea bags in your shoes to get rid of that smell. If your shoes happen to be smelly and wet, then fill them with baking soda and rice and leave the mixture in there for a few days.

*Shoes that are too narrow can be quite uncomfortable, so wet some newspapers and stuff the shoes with wet paper. Wait until the shoe dries to take the paper out.

* Dab clear nail polish over the thread of buttons to prevent them from falling off.

* When boiling something, place a wooden spoon over the pot. Once the food starts to over boil, the bubbles will touch the wooden spoon and pop instead of overflowing.

*Take half an onion and rub it over your grills, you'll see it sparkle in no time.

* Scrub kitchen cabinets with vegetable oil and baking soda for a clean finish.

*To clean the inside of narrow-necked bottles add some rice, washing up liquid and water to them and shake well.

* Scrunch up some aluminium foil in a ball and scrub off the food stuck to any glassware.

*Oil can dry up and become hard to take off cookers etc. Take a sponge and add 2-3 drops of vegetable oil. Rub off the grease and then clean the surface with a cloth.

*A cheese grater gets clogged if it isn't cleaned right after being used. In this case, take a small potato and start grating away to get out all the dried up cheese.

FAUX FUR FROM IS NOT ALWAYS FAKE

People who oppose fur buy it accidentally because some clothing manufacturers and sellers are mislabelling it as "faux fur."

Much of retailed "faux fur" is from raccoon dogs and domestic cats and dogs stolen from pet owners. Both manufacturers and sellers know that consumers are less likely to buy fur if they think it came from a dog or cat, so they say it didn't.

How do you know if your "faux" fur is real?

Separate the fur and look at the base. Genuine fur usually protrudes from skin or leather, while faux fur has a mesh or threaded backing. Look at the tips of the hairs. Real animal hairs taper to a fine point unless they have been sheared or cut. Faux fur, on the other hand, typically does not taper at the ends.

If you take a "fake fur" garment home remove a few hairs and hold them with tweezers over a non-flammable surface. Light them with a match or a lighter. Burning animal hair smells like burning human hair. Fake fur, which is commonly made from acrylic or polyester, smells like melting plastic when burned. Return false Faux Fur to the shop where you purchased and demand your money back.

QUOTE

"Killing animals for sport, for pleasure, for adventures and for hides and furs is a phenomenon that is at once disgusting and distressing. There is no justification in indulging in such acts of brutality."

– Dalai Lama

ON THIS DATE – NOVEMBER 17TH

1918 - Influenza deaths reported in the U S A far exceeded World War I casualties.

1922 - The Irish Free State begins the executions of seventy-seven anti-Treaty republican prisoners.

1930 - The first Irish Hospital Sweepstakes draw took place.

1931 - Charles Lindbergh inaugurated Pan Am service from Cuba to South America in the Sikorsky flying boat American Clipper.

1944 - Birth of Danny DeVito, actor, director, producer (Taxi TV series; Throw Momma from the Train, Pulp Fiction).

1950 - Tenzin Gyatso the 14th Dalai Lama became Tibet's official head of state at the age of 15, he was chosen to become the Dalai Lama when he was two years of age.

1951 - Britain reported development of the world's first nuclear-powered heating system.

1970 - The first computer mouse was patented by Douglas Engelbart American engineer and inventor,

1989 - The so called Velvet Revolution began in Czechoslovakia when a peaceful student demonstration in Prague was brutally beaten back, sparking the biggest wave of public protests in 20 years and, on December 29th, the overthrow without weapons, of the communist regime.

2003 – Actor Arnold Schwarzenegger was sworn in as Governor of California.

NEIGHBOURS RESCUED DEER WITH HEAD STUCK IN A PLASTIC HALLOWEEN BUCKET

A deer in Anderson Township, Ohio was spotted walking around with a plastic pumpkin bucket designed for a child to carry around while trick-or-treating over its mouth and part of its face, the bucket's handle was around her neck so she was unable to shake it off and it prevented her from being able to eat or drink.

The local community tried for four days to locate and help the deer and eventually succeeded in tracking her last Sunday and though they were told it could be dangerous, the search group formed a circle around the deer. They walked toward the deer, making the circle smaller.

The deer ran toward Aaron Meyerrenke who

has grown up around animals and whose family owns a pet shop in the town and he was able to get a head lock on the deer and was lucky enough to pull the bucket off. The deer was so hungry it ran off about 30 feet to the nearest creek and started drinking and grazing.

THE WORLD IS RUNNING OUT OF SAND

Sand, that seemingly abundant resource is becoming a rare commodity. That's because it's the most commonly extracted resource worldwide; more than oil, more than gold. We need it to make concrete, asphalt, and glass. The silicon chips in your electronics are even made, in part, from sand. It's everywhere, and our mining operations are getting out of hand. A big part of the problem is that the dry, fine grains like those found in desert sand dunes are often inadequate as a construction material. Another part of the problem is that much of the "good" sand is in ecologically sensitive areas, such as along rivers or coastlines. Mining operations destroy habitats, and removing sand from where it occurs naturally can cause problems with erosion and leave coastlines vulnerable during extreme weather events like hurricanes or tsunamis.

As supply dwindles, its value increases. And as its value increases, competition for the resource ramps up, and lucrative black markets can emerge. A "sand mafia" has formed in some countries like India, where sand trading is big business. In another example, the government in Hong Kong was forced to establish a state monopoly over sand mining and trade not too long ago, just to try and stop regular violence that had cropped up in relation to increased competition over the resource.

The good news is, there are solutions. The materials made from sand can be recycled and there are global economic regulations that can be enacted which have the power to stabilise the market.

5-YEAR-OLD EMPTIED HER PIGGY BANK TO BUY MILK FOR CLASSMATES

Sunshine Oelfke is a 5-year-old who has always had milk with every meal, so when she noticed that one of her classmates couldn't afford to buy a carton of her own; she decided to take matters into her own hands.

Recently the child's grandmother spotted the youngster emptying out her piggy bank and counting the coins. She then dumped all of the change into a plastic bag and tucked it into her school backpack.

Sunshine's grandmother was confused as to what she was planning to do with the cash because the child exclusively uses the piggy bank to store up all of her allowance money so she can one day buy her own snowmobile.

When she asked Sunshine why she was emptying her piggy bank the little girl said: "I'm going to take it for milk money. I'm taking it for my friend Layla, she doesn't get milk, her mom doesn't have milk money and I do."

There are 20 students in the 5-year-old's class at Birchview Elementary School in Michigan and half of them cannot afford to buy the \$0.45 milk cartons for snack time.

So, after buying Layla's milk, Sunshine brought her kindergarten teacher all the money in her piggy bank, totalling up to \$30. Sunshine and

her Grandmother then created a GoFundMe page to help raise money for the rest of the school year and the campaign has surged past their original goal and raised \$6,000.

DOGS LIE AWAKE AT NIGHT THINKING ABOUT THEIR PROBLEMS TOO

Researchers in Hungary say dogs, like many of us, lie awake at night thinking about their problems after a stressful or emotional day. The study found that our furry four-legged friends also struggle to fall asleep due to their troubles. The experiment recorded the brain waves of 16 dogs after experiencing either a positive or negative day. Positive days included being petted and playing fetch while the negative days included being separated from their owners or tied to a door for short periods of time.

The researchers found that after a three-hour nap, the dogs subjected to a stressful experience had a worse sleep. They spent an average of 20 more minutes in REM sleep, the active sleep stage characterised by vivid dreaming and an increased heart rate. The stressed out dogs also woke up more quickly than their relaxed counterparts.

The study suggested that one negative experience in your dog's life won't cause a major sleeping problem, but regular stressful experiences could lead to a sleep disorder for your four-legged friend.

So even if you've had a busy and stressful day, don't forget to give your best friend some extra love.

RARE KANGAROO SPECIES HAS BEEN RETURNED TO THE WILD IN AUSTRALIA

The Banded Hare-wallaby, an endangered kangaroo species, has made a historic return to mainland Australia, more than 100 years after the last wild colony disappeared as a result of foxes and cats.

60 Banded Hare-wallabies – 27 males and 33 females – have been successfully translocated to Australian Wildlife Conservancy's (AWC) Mt Gibson Wildlife Sanctuary, where they have been released into a 7,800 hectare feral predator-free area.

The animals were airlifted from Bernier and Dorre Islands in Shark Bay as part of a joint operation involving field staff from AWC and the Department of Biodiversity, Conservation and Attractions.

The Banded Hare-wallaby is the sole survivor of a now extinct group of mostly megafauna kangaroos; it is genetically and morphologically distinct from all living kangaroo species. Once found from near the Victoria/ South Australia border to southwestern Australia, the last wild one on the mainland was recorded in 1906.

The Banded Hare-wallaby is so vulnerable to cats and foxes that it survives only in feral predator-free areas. The survival and recovery of the Hare-wallaby – and several other threatened mammals – depends entirely on the establishment of large feral cat and fox-free areas such as at Mt Gibson, which is the largest cat-free area on mainland Western Australia.

VANITY HAS ALWAYS OUTWEIGHED COMMON SENSE

In 1028 William the Conqueror was born.



NOELLE CAREY (RIGHT) FROM NORTH KERRY COLLEGE AT CAREERS DAY AT THE MALTON HOTEL WITH L-R KLAUDIA BASARA & CIARA KNIGHTLY.
PICTURE MARIE CARROLL-O'SULLIVAN

Healthy most of his life, he became so overweight in later years that he went on a liquid diet consisting of almost nothing but alcohol. He lost enough weight to resume riding his cherished horse, but a riding accident soon led to his untimely death.

In 1558, Italian nobleman Luigi Cornaro restricted himself daily to 12 ounces of food and 14 ounces of wine. Rumour has it he lived to a ripe 102 years of age, earning his approach the nickname The Immortality Diet.

In 1727, writer Thomas Short observed that overweight people lived near swamps. His Avoiding Swamps Diet recommended moving away from swamps.

Poet Lord Byron credited his thin, pale look to vinegar and water – he died at the age of 36 from a fever contracted while in Missolonghi, Western Greece.

In the early 1900s, overweight businessman Horace Fletcher slimmed down and made dieting a pop culture phenomenon with his Chewing Diet. He recommended chewing food until it became liquid to prevent overeating.

Another method said to be popular in the early 1900s was the Tapeworm Diet. Theoretically, one would swallow a tapeworm or tapeworm pills. The worm would then live in your stomach and consume some of your food.

Fad diets are usually short-term quick fixes. They may produce initial rapid weight loss, but this is more likely due to their lower calorie intake than the follower's usual diet, and often consists of water loss.

Instead, we should remember that there's no simple secret to losing weight. Achieving sustained weight loss and maintenance requires reducing your calorie intake and increasing your activity levels.

TOURING GROUP OF ACRO-CATS HAS HELPED SAVE OVER 200 OTHERS

Not many people believe that cats can be trained, let alone play musical instruments or jump through hoops, but that is exactly what The Amazing Acro-Cats do.

The Acro-Cats are a group of 17 traveling feline

performers who do shows across America. Their trainer and caretaker, Samantha Martin, says that she started the group in 2009 after she failed to pursue her dream of being an animal trainer for Hollywood movies and television.

"People started showing up in droves to see these cats, and even though half of the tricks would fail, or the cats would be really distracted, people just thought it was phenomenal" she explained.

Every cat in the circus troupe is a former stray or rescue. While the cats' performances can sometimes be a little sloppy, Ms. Martin says that she enjoys being able to show spectators that cats can be trained no matter their reputation.

"Dogs will work for love, but you know, cats need to have a little extra motivation," she said. "People are thrilled no matter what the cats do, because sometimes the cats do great, and other times, the cats are terrible. But people still love it because they see that the cats really control the show."

One of the highlights at each show is 'The Rock Cats' Band' where the cats play the instruments and their special guest is a hen aptly named Cluck who plays Cymbals and Tambourine.

The Acro-Cats' performances have helped hundreds of their fellow felines. Depending on which city the troupe is performing, they often donate the night's proceeds to a local animal charity.

As they travel in their tour bus, Samantha also takes in foster kittens along the way. Since their pawesome mission began, the group has found homes for over 209 kittens across the country.



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BURKETT TAKES A LOOK AT WHAT'S
IN STORE IN THE SOAPS THIS WEEK

CORONATION STREET

Robert's week goes from bad to worse when first he is struck by a car while saving youngsters Joseph and Jake and then later discovers that he has testicular cancer. Meanwhile, Phelan and Anna have another showdown. Elsewhere, Mary learns a sad secret about Angie.

Coming Soon: It would appear that Billy killed Ken's daughter.

EASTENDERS

Luke and Josh have romance issues to deal with as Ben makes a shocking discovery and Lauren has an awkward encounter with Josh's ex. Meanwhile, Karen is targeted by a loan shark. Elsewhere, Moose returns and causes trouble for Whitney and Woody.

Coming Soon: Phil receives a blast from the past.

FAIR CITY

Robbie prepares to welcome Karen into his family but will the DNA test prove that he is her father? Meanwhile, Niamh receives a surprising offer when old flame Marcus returns. Elsewhere, Doug has war in mind as he faces off against Miriam.

Coming Soon: Niamh makes her exit as Nicola returns.

Drop off/Post: Killarney Outlook, 30 High St, Killarney **Tel:** 064 667 0000

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A WORD OF VICTORY

Welcome back dear reader to follow on from last week, when the Jews returned home to Jerusalem after seventy years of captivity in Babylon the Lord instructed Nehemiah His prophet to rebuild the city which had been destroyed and the strong walls that protected it from being attacked. During their years in captivity the Jews had not heard the Word of the Lord proclaimed, and when the Scriptures were found the priest began to read from them and the people's hearts were sad because upon hearing the Word they realised they had not been living right. They had been worshipping foreign gods and living lifestyles that were not pleasing to the Lord and doing things that were forbidden by Him – much like today. The people began to mourn and weep because of their dilemma. But the Lord told Nehemiah to tell the people to stop mourning and weeping and instead to go home and prepare a delicious meal with their family and begin to celebrate their release from bondage for the 'Joy of the Lord is their strength' (Nehemiah 8:10). Captivity today is where people that are not born again are living lifestyles contrary to the commands and will of God. So at the hearing of the Gospel repentance is expected, that is, a change of attitude towards God, towards our neighbour and towards ourselves (Mark 12:30-31; Luke 10:27). Then we are free to live life to the full (John 10:10), that's why Jesus came, to release us from the slavery of sin so we could enter into the joy of the Lord which is our strength. We must understand that no matter how bad or wicked our lives were, upon accepting Jesus the board of our life is wiped clean as though we never sinned. Yes friend God forgives and forgets! We are on a new road walking with Him and enjoying His favour (Psalm 5:12; Psalm 30:5). It's the only way to live and it's free to all who call upon the Name of the Lord Jesus (Romans 10:13). Everyone is invited to walk on this victorious joyful road why don't you get on-board? It will be the best and the most important decision that you will ever make. Jesus is waiting to accept you as a brother or a sister – a precious member of His family (John 3:16; Romans 8:16). Friend, ask the Lord yourself is what you are reading here true, and He will confirm it to you Himself. More next week.....

**Contact: 064 - 66 22950 E: wovkillarney@gmail.com
W: www.wordofvictorykillarney.com**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

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NOVENA TO THE SACRED HEART

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Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. Thank you for favours received. Thanks to the universe for everything.

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Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

NOVENA TO THE SACRED HEART

Our Lady, Sacred Heart, St. Joseph, St. Jude, St. Anthony. And to all of the Saints for favours received. And thanks to the universe.

NOVENA TO THE SACRED HEART

Sacred Heart, St. Jude, St. Anthony. And to all of the Saints for favours received. And thanks to the universe. X

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NOVENA TO ST. ANTHONY

The Saint of Miracles O holy St. Anthony, gentlest of saints, your love for God and charity for your neighbour made you worthy when on earth to possess miraculous powers. Miracles waited on your world which you were ever ready to speak for those in trouble and anxiety. Encouraged by this thought I implore of you to obtain for me my request... (mention request). The answer to my prayer may require a miracle. Even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, intercede for me and the gratitude of my heart will ever be yours. Amen.

NOVENA TO ST. ANTHONY

The Saint of Miracles O holy St. Anthony, gentlest of saints, your love for God and charity for your neighbour made you worthy when on earth to possess miraculous powers. Miracles waited on your world which you were ever ready to speak for those in trouble and anxiety. Encouraged by this thought I implore of you to obtain for me my request... (mention request). The answer to my prayer may require a miracle. Even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, intercede for me and the gratitude of my heart will ever be yours. Amen.

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THANKSGIVING ST. JUDE

O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near Kinsman of Jesus Christ, this faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power, come to my assistance. Help me in my present urgent petition in return I promise to make your name known and cause you to be invoked. Three Our Father, three Hail Mary and three Glory Be. St. Jude and all the Saints pray for us and all who invoke your aid. Amen. X

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