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 <b>EAT YOUR CHILDREN</b> (16) 6:00 Thurs 6:25 <i>Eat Your Children is a tremendously timely and provocative film which explores traditions of resistance in Ireland. It is the personal and political response of two economic emigrants, Thomas O'Brien and Mary Jane O'Leary, to the climate of conspiracy and acceptance of authority which they perceived upon their return home.</i>	 <b>CINDERELLA</b> (G) 12:00 7 Days 6:30 9:00 Fri-Wed 2:05 4:15	 <b>SPONGEBOB MOVIE</b> (G) 10:00 Sat/Sun 2:15 12:15 4:15	 <b>FAST AND FURIOUS 7</b> (12A) 14:50 7 Days 6:05 8:40 Sat/Sun 2:05 4:35
<b>KIDS CINE CLUB</b> Sat 18th & Sun 19th April		<b>SHAUN THE SHEEP</b> (G) 9:00 <b>12:10</b> <b>BIG HERO</b> (G) 10:50 <b>12:10</b> <b>PADDINGTON BEAR</b> (G) 10:50 <b>12:10</b>	

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PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Fashionistas will be out in force on Thursday April 30th for a designer fashion show at The Malton Hotel. Top Irish designers and boutiques will be unveiling their latest creations and styles at the show which is being coordinated

by Cairde na Leigiun and Norma O'Donoghue. Top designers involved include international names like Claire Garvey, Catriona Hanly, Lennon Courtney, Tina Griffin, Catherine Kelly, Marion Murphy Cooney, Caroline Matthews,

Tom Oliver, Rebekah Wall, Valerie O'Shea and Clodagh Irwin Owens.

The Norma O'Donoghue Model Agency, fresh from their enlightening performance at Jacks Coastguard marquee event will be hosting the evening.

The agency models will be styled by one of Killarneys up and coming Hair Salon Allure while beauty specialists Before and After Make Up Artists will compliment with their latest ideas.

Award winning boutiques Kerry's Boutique, Jasmine and Silk Peaches will showcase their seasonal favourites hoping to catch the eye of the hundreds that are expected to attend. The presence of leading social magazine RSVP is sure to add to the glamour of the occasion as White Willow Bridal and the Ivory Closet give intending Brides to be lots of ideas.

Pulling the strings on the night will be Radio Kerrys finest, the redoubtable Alan Finn while après event entertainment will ensure the vino will flow long into the night.

The Best Dressed Lady award is kindly sponsored by "Keanes Jewellers" Killarney. Tickets, at €20 can be booked from the Malton Hotel, Kerrys Boutique, Allure Hair Salon, the Continental Café, Keanes Jewellers and Christina Tangney. Definitely a date for your diary.

## A PLACE FOR PADDY TO BE REMEMBERED



THE LATE PADDY TURNER.

Plans to honour the late Paddy Turner are under way following extensive consultations with locals in Killarney town.

One of the Paddy's closest friends, Enda Walshe has come up with a proposal for the town of Killarney to remember one of their favourite sons.

Paddy's favourite area of the town was High Street and Enda hopes that a fitting tribute would be a bench bearing his name.

The possible location would be either a new bench on the new layout at the top of High Street or else on one of the existing benches on the green area adjacent to the car park.

Enda, who operates the facebook page Killarney Down Memory Lane posted the proposals on Tuesday night and at the time of going to print almost 400 people had either liked or commented on the proposal.



ENDA WALSH, TOLD THE KILLARNEY OUTLOOK THIS WEEK THAT THE GENERAL CONSENSUS ABOUT TOWN WAS THAT A FITTING TRIBUTE TO THE LATE PADDY TURNER WOULD BE A BENCH BEARING HIS NAME.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808





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## GREAT SUPPORT FOR HOSPICE WALK



A GROUP OF WALKERS AND ORGANISERS OF THE VIVIEN O'SHEA MEMORIAL WALK ON GOOD FRIDAY PICTURED OUTSIDE THE GARDEN RESTAURANT IN MUCKROSS.

The organisers of the annual Vivien O'Shea Memorial Walk on Good Friday in aid of Kerry Hospice would like to thank everyone involved in the event.

€2210 was collected on the day and the organisers would like to thank Colin and staff at The Garden

Restaurant, Muckross House; John O'Connor, Killarney National Park; O'Leary Printing and all committee members and volunteers for their help and support.

Well done to all involved.

## CANCER SOCIETY TO BENEFIT FROM MAYORS BALL



PICTURED AT THE MALTON HOTEL IN LAUNCHING THE MAYORS BALL WHICH WILL TAKE PLACE ON SUNDAY 3RD MAY BENEFITTING THE IRISH CANCER SOCIETY WERE BACK ROW L-R MIKE HUSSEY (MANAGEMENT AT THE MALTON HOTEL), KATHLEEN CRONIN, ELEANOR O'DOHERTY, TIMMY MORIARTY, KATHLEEN O'SULLIVAN & EUGENE O'SULLIVAN. FRONT ROW L-R MYRA FITZGERALD (PREMIER EVENTS), KATHRINA BREEN, MAYOR JOHN JOE CULLOTY WITH HIS WIFE MARY AND JOE BURKETT (PREMIER EVENTS). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

The upcoming Mayors Ball at The Malton Hotel in Killarney on Sunday May 3rd is sure to bring everyone on a trip down memory lane.

This year's Mayor John Joe Culloty has chosen the Irish Cancer Society as his chosen charity, something which the ICS committee are thrilled about.

2015 has been a busy year for the charity and they have been very successful in their fundraising efforts with both the Strictly Come Dancing and the Daffodil Collections bringing in

an estimated €75,000 all of which goes towards cancer services in the county.

Organisers Joe Burkett and Myra Fitzgerald promise that the entertainment will take us on a trip down memory lane to the show band era with Crystal Spring and Ger Healy providing the sounds along with a few "strictly" surprises.

As always a great night of food, fun, laughing and dancing is guaranteed so make sure to get your ticket before its too late.

## KILLARNEY LIBRARY EVENTS

Kerry Archaeological and Historical Society will hold a lecture entitled "Blasket Shipwrecks with reference to the Armada" by Michéal de Mórdha, Director of Ionad an Bhlascaoid Mhóir at Killarney Library on Tuesday 21st at 7.30pm.

## LADIES BEGINNERS GROUP GOLF LESSONS

If you fancy yourself as the next top golfer or would just like to learn the game – then make your way to the The Castlerosse Golf Club on Monday 20th April from 7-8pm. Learn chipping, putting and long game in a fun friendly environment. Equipment provided. Eight week course for €40. Contact Kieran Crehan at 087 2748777

## FINAL SPOT FOR UNDER 18'S

The U18 South Kerry rugby team which comprises of members from both Killarney and Killorglin RFC's will take part in the final of the South Munster Phase 2 league final v Skibbereen. Playing on Sunday 19th of April at 1:45 in Pres Pitch Wilton. All support welcome.

## RTE AT THE MALTON

Viewers of RTE this week were treated to a look inside the kitchens of the Malton Hotel where celebrity chef, Donal Skehan met hotel chef Seamus Healy who has worked there for 45 years.

Donal chatted with Seamus about the different types of food served to diners and how much things have changed in the five decades he has worked there. Seamus also passed on some of his skills on the show, teaching Donal how to make some old fashioned treats like Treacle pudding and a mutton pie.

Get your weekend off to a **bright** start with the **KILLARNEY Outlook**  
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## HUNT FOR ARSONISTS CONTINUES

By Rebecca O'Reilly



FIRE RAGING IN THE KILLARNEY NATIONAL PARK ON FRIDAY EVENING.

A special Garda team has been set up to track down the culprits who started the huge fire that threatened to damage homes and destroyed thousands of acres in Killarney National Park last weekend.

The fires began Wednesday afternoon and lasted until the early hours of Saturday morning destroying flora and fauna in the vast parkland area.

This week members of An Garda Síochána, the Department of Agriculture, NPWS and Kerry Fire & Rescue held a meeting to form an inter-agency

response team.

The fires were eventually extinguished following trojan work by the fire service, civil defence and the Air Corps helicopter which scooped water from the Upper Lake near Killarney on Friday to put out the blaze.

The Mangerton and Torc areas were the worst affected with several homes barely escaping.

All efforts will now go in to finding the culprits who started the fires six weeks after the season for legally burning scrubland had closed.

## LOCAL ARTIST TO EXHIBIT AT KILLARNEY LIBRARY



KILLARNEY ARTIST BETTY ROHAN.

A well known Killarney artist is set to run an exhibition at the Killarney Library.

Betty Rohan, or to use her maiden name, Betty Neeson, is a native of Killarney. She comes from a family with a strong artistic flair. Her nephew Joe

Neeson is a well-known sculptor whose bronze Sea Eagle is displayed in Main Street, Killarney. Her niece Mary Neeson specialises in elegant ceramics at the Blue Pool Gallery in the old Post Office in Muckross. And her other niece Lorraine Neeson does art installations and lectures.

Betty is a self-taught artist. She began painting in the early seventies, and studied through the books of Killarney library. She has exhibited through the years working in oils, acrylics, watercolours and has done some icon work too. This is Betty's second "one-man" exhibition in aid of the Kerry Stars Special Olympics Club in

Killarney. We are all aware of good causes but it is only when we are touched as individuals or families that we realise the tremendous value, the strength of commitment and the demands on the time on supporters of such a cause.

The emphasis is on taking part rather than winning at all costs.

Killarney was very proud to send Janet O'Donoghue of Glenflesk to the Shanghai World Games in 2007. In 2011 Michael O'Leary played golf with distinction at the Athens Games and this year in 2015 Brendan O'Connell of Kerry Stars will swim at the Los Angeles Games. While these athletes are in the public eye, all the athletes who train every week and who do their best deserve just as much credit, praise and encouragement.

"I wish to thank the staff of Killarney Library who gave me great help in organizing this event", said Betty. Finally let us remember the oath recited at the Opening Ceremony of each games:

"Let me win. But if I cannot win, let me be brave in the attempt." This is to remind everyone, including the athletes, that they are part of a brave tradition and that the goal is to compete with their whole effort and to exhibit bravery by pushing themselves to ever greater heights.

The Official Opening will take place on Tuesday April 28th 2015 at 7pm by Cllr John Joe Culloty, Cathaoirleach of Killarney Municipal District and the exhibition will run until Friday 29th May.

## CHERNOBYL FUNDRAISER IN FAHA

A night of music, song and craic is set to take place in Faha Court on Friday night April 24th.

In aid of the Killarney Branch of the Friends of the Children of Chernobyl, the fundraiser will ensure that this year the children will go to a residential summer camp in Belarus.

Proceedings will begin at 9.30p.m. with a group of trad musicians from Caherciveen taking to the stage.... however the floor will be open to anyone who would like to entertain what is hoped to be a good crowd.

Tickets are on sale at only €5, and there will be a raffle and finger food on the night.

## BIG MUCKROSS CLEAN-UP

Residents in the Muckross area are being asked to help with the big Muckross Clean-up which takes place tomorrow, Saturday, April 18th from 2.00pm to 4.00pm as part of Kerry County Clean Up Day.

All volunteers are asked to clean their own areas and will meet at one point in the different areas and distribute rubbish bags etc provided by KWD.

Meeting points at 2.00pm on Saturday, April 18

**Mangerton Road:** Meeting at Ard na gCoistí (turn-off to the foot of Mangerton) Contacts: Sheila Doona 663 3230; Frank Lewis 663 1734

**Lough Guitane Road** (including Black Road and Burmha Road): Meeting at Muckross Church

Contact: Breda Moriarty 663 4836

**Loreto Road to Faugh:** Meeting at Loreto School

Contact: Liam Kelly 663 2451

**Mill Road:** Meeting at GlenEagle Carpark

Contact: Donal O'Sullivan 087 6735782

**Main (Kenmare) Road:** Meeting at Hegarty's Shop

Contact: Niall O'Donoghue 086 0251612

## GLOWHEARTS DISCO

Glowhearts4Crumlin Disco will take place tonight, Friday April 17th at McSorley's Nite Club in Killarney.

Its a night not to be missed and a great fundraiser for the families of children who were born with congenital heart defects.



## Kerry General Hospital Hosts Free Information Event



# BOWEL CANCER & STOMA CARE AWARENESS

***Monday 20<sup>th</sup> April 2015***  
***The Carlton Hotel Tralee***  
***7pm to 9.30pm***

Mr Kevin Murray – What is Bowel Cancer, signs and symptoms

Mr Brian Waldron – Bowel Cancer Services at Kerry General Hospital

Mr Eddie Myers – Colorectal Screening at Kerry General Hospital

Ms Theresa Walsh - Oncology Services at Kerry General Hospital

Dr Jeffri Ismal – Bowel Cancer, what does it mean to your family

Ms Denise Thornton – Stoma Care Services at Kerry General Hospital

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## QUIZ TIME FOR KENYA EDUCATION PROJECT



EDDIE SHEEHY, PICTURED WITH A GROUP OF SCHOOL CHILDREN IN KENYA.

A big hearted Killarney teachers is continuing in his efforts to support children in Kenya on their educational journey.

Eddie Sheehy, a Career Guidance teacher spends a month every summer in Kenya, accompanied by his daughter Triona, who is a primary school teacher helping students in the village of EmbulBul, Nairobi with their education.

As part of the fundraising Eddie is planning his annual table quiz in aid of the Kenya Education Project for Thursday April 23rd in the Castlerosse Hotel Killarney at 8 30 p.m.

The table quiz is a major fundraiser for the project which was set up in 2003. All funds raised go to help students with their education. The majority of students and their families live in very challenging conditions in a slum village where money is scarce and opportunities for education are difficult for most families. The project helps

many students by paying school fees which will enable students to complete their education and provide them with a hot meal while attending school.

The Project is also involved in a number of other ways in the village, by providing funding for a feeding programme, assisting in the work of local volunteers who visit families in need and working with a local soccer Academy. Each year some money is set aside for school building and for equipment and badly needed equipment for the day to day running of the schools.

Since the outset of the Project the support and generosity of people around Killarney has been wonderful and a big thank you is due to the loyalty and continued support of all. This generous support ensures that the Project continues to help young people achieve their dream of completing second level education.



TRIONA SHEEHY, PICTURED WITH A GROUP OF SCHOOL CHILDREN IN KENYA.

## SIGN UP NOW FOR THE LAKES OF KILLARNEY MARATHON



Now in it's third year the Lakes of Killarney Marathon gives runners the chance to run a full or half marathon almost entirely within the Killarney

first aid cover, chip timing, an officially measured course and many good vantage points for family and friends this race is

National Park. With a t-shirt and medal for every finisher along with water stops ever 3kms, refreshments at the finish line,

unbetable value at only €30 for the half, €40 for the full and €60 for the full relay (teams of two or three). Prizes for the top finishers and a bonus of €1000 cash to the first person to break 2.30 for the full and €500 for the first runner to break 1.10 for the half this race is bound to attract some top class athletes. Sign up now on [www.lakesofkillarney-marathon.com](http://www.lakesofkillarney-marathon.com)

## DON'T MISS IT....

Saint John of Gods Kerry Services stage "I have a Dream" in Siamsa Tire on next Tuesday 21st & Wednesday 22nd April. Come along to a great

nights show of song, music and acting. Tickets cost € 15 . Pre booking advised. Tel: 066 7123055

## LETTER TO THE EDITOR

Dear Editor,

The traffic lights at the top of High Street need to be re-evaluated and redesigned. Unfortunately at present they are causing confusion and delays. From my observations I would suggest that the design and layout is dangerous to both drivers and pedestrians alike. During the busy Easter bank holiday weekend the traffic lights at this junction caused continuous tailbacks. The long tailbacks in High Street caused traffic in other streets within the town to come to a standstill. Because of this I believe emergency services such as the ambulance and fire brigade would have difficulty in approaching certain areas within the town during the peak tourism season. Urgent action is needed.

Thank you

**Tom Doherty**

22. St. Anne's Rd  
Killarney

## IN THE MARKET FOR A MORTGAGE - THEN LOOK NO FURTHER....



AIB Killarney are delighted to be launching a Mortgage Awareness Day on the 24th April 2015. They would like to invite customers to call into them during this time, to find out how to become mortgage ready

and answer any questions.

They have a mortgage advisor in your local branch. You will not get passed off to different people - your mortgage advisor will be with you every step of the way. From the initial appointment, to you walking through the door of your new home, your mortgage advisor will guide you on the journey

You can make an appointment with your mortgage advisor online, over the phone or in the branch by calling **Linda O'Leary at AIB Killarney on 086 7843191**

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## PROPERTIES OF THE WEEK



### 10 INNISFALLEN, BELLVIEW WOODS, BALLYDOWNNEY GUIDE PRICE €220,000

Four Bedroom (3 ensuite) Semi-detached House (1,550 sq ft) with large private back garden. Walking distance to Killarney National Park & Town Centre

REF 594 **BER D2**



### 6 CLEARWATER, GLENBEIGH Guide Price €170,000

3 Bedroom semi-detached (1,200 sq ft) natural stone facade property in the luxurious Clearwater development in the heart of Glenbeigh. Oil fired central heating. Private back garden. Off street parking

REF 730 (BER Pending)



### 19 SAILARDAN, PARK ROAD Guide Price €145,000

2 Bedroom (2 ensuite) Townhouse (approx 1,000 sq ft) with private parking. Private back garden with garden shed, PVC windows, Teak front door, Oil fired central heating.

REF 738 (BER Pending)



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## OLLIE IS LORD OF THE SHIRE



PICTURED AT THE SHIRE ON OPEN EVENING FOR THE LOCAL GUEST HOUSES, B&B'S & HOTELS WERE BACK ROW L-R SHANE O'SULLIVAN, KEVIN BREEN, ROGER HARMON, GARY COFFEY & SHANE MURPHY. FRONT ROW L-R LORD OF THE RINGS CHARACTERS LEGALOS & GOLLUM WITH PROPRIETOR OLLIE FAVIER. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Glenflesk native Ollie Favier and his wife Siobhan welcomed a host of Killarney locals involved in the tourist industry to The Shire on Friday night last.

The themed pub is styled on The Shire, from

the Lord of the Rings where it is the homeland of the Hobbits and is located in the Northwest of Middle Earth in the region of Eriador and within the Kingdom of Arnor. However it was The Shire in Michael Collins Place in Killarney

that was the place to be as Ollie, Siobhan and their staff treated everyone to an evening of food and entertainment and an opportunity to meet some of the famous characters from Lord of the rings.

Ollie has a vast 14-year experience in the pub trade owning the popular JC Murphy's in Macroom and is also a stakeholder in The Rock Bar and The Bailey, two of Cork city's most attractive venues. He wanted to create an event where tourism colleagues and friends could come together and enjoy an evening of fun and excitement.

What started as friendly banter from his mates has become a thriving business for Ollie Favier.

Ollie, 33, freely admits that he's "vertically challenged." His brothers are too and it wasn't long before they were being called the 'hobbits', a reference to the diminutive humanoid race who inhabit the lands of Middle-earth in the worldwide smash 'Lord of the Rings'.

The Shire opened last October in Killarney and Ollie and Siobhan has been overwhelmed by its success to date with only a couple of months in existence.



OLLIE FAVIER ALONG WITH HIS WIFE SIOBHÁN FAVIER.



RENE DOOLEY, AIRNE DOWNING, FINOLA WHITE, DANIELLE FAVIER AND SIOBHÁN NAUGHON, STAFF OF FÁILTE IRELAND AT THE SHIRE.

## TONY FENTON STAGE AT THE KILLARNEY FESTIVAL OF MUSIC AND FOOD

In honour of the popular Today FM DJ, Tony Fenton who passed away in March, the Killarney Festival of Music & Food has announced "THE TONY FENTON STAGE".

The Tony Fenton Stage, which will be hosted in a big top marquee, will feature acts and music that Tony loved including The Undertones with his good friend and Today FM colleague Paul McLoone. Other artists appearing include Father John Misty, Something Happens, Walking on Cars, Kormac's Big Band, Mundy, Booka Brass Band, KSYRAN, David Lyttle, Gangs, Guila plus more to be announced.

Tony loved music and unknown to many, worked behind the scenes with the festival promoters for the past four years suggesting

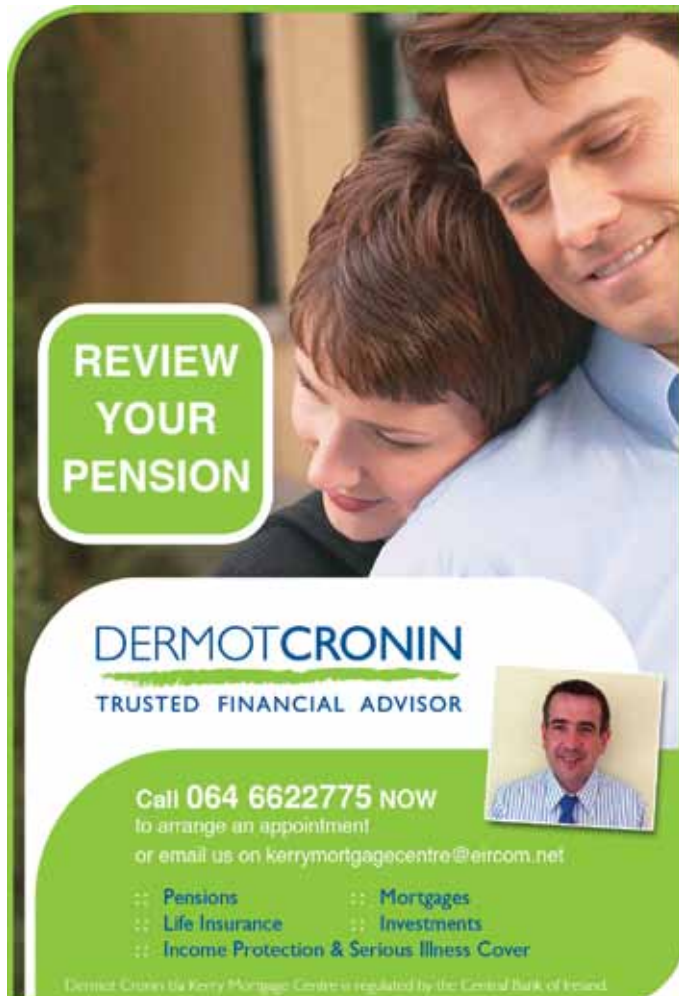
bands and coming up with creative ideas while also lending his legendary voice to the festival's radio and tv adverts.

Nicola Watkins, PR Director for the Killarney Festival said "We really miss Tony. We were so honoured that Tony was with us on 20 January to host the launch of the Killarney Festival of Music & Food's in L'Ecrivain Restaurant as it was his last public appearance. Tony was a massive supporter of the Westport Festival of Music & Food and he was very excited about the festival's move to Killarney this year - he told all his friends he would be there - however now he will be with us in spirit and always in our memories."



DERRY CLARKE AND THE LATE TONY FENTON PICTURED AT THE LAUNCH OF THE 'KILLARNEY FESTIVAL OF MUSIC AND FOOD'. PHOTOS BY © MICHAEL CHESTER





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### BALLYHAR, KILLARNEY, CO KERRY

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**ACCOMMODATION:**  
Sitting room, Dining room, Kitchen, 3 Bedrooms, Bathroom, Oil Fired Central Heating.

**REDUCED PRICE €125,000**



### TOOREMORE, KILCUMMIN, KILLARNEY, CO KERRY

Charming bungalow set on 0.5 acre site approximately in a beautiful countryside setting with stunning mountain views just 6 miles from the popular tourist town of Killarney. The bungalow is in need of slight modernisation and is the ideal retirement property of for the first time buyer getting on the property ladder. The property has been newly painted, carpeted etc. and new P.V.C. Double Glazed windows throughout.

**ACCOMMODATION:**  
Sitting room, living room, kitchenette, 3 bedrooms, bathroom, separate toilet, plumbed and radiators for oil fired central heating system, mains water, mains E.S.B. connections

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## PROPERTY OUTLOOK

## THROUGH THE KEYHOLE....

### A PICTORIAL LOOK AT PROPERTIES ON THE MARKET



**Address:** 6 Clearwater, Glenbeigh, Co Kerry. 3 Bedrooms. 3 Bathrooms. Oil fired central heating. Woodgrain PVC windows. Concrete first floor & all block internal walls. Private back garden with side entrance. Off street parking. 2km to Rossbeigh Beach.

**Agent:** ● Property Partners Gallivan ● College Square, Killarney, Co. Kerry ● Tel: 064 6634177 [www.propertypartners.ie](http://www.propertypartners.ie)

**Guide Price:** €170,000 (BER Pending)

Auctioneers who would like to feature on "Through the Keyhole" contact Des on 087-6593427.



## CAROLINE HOME AFTER 15 YEARS.



CAROLINE CLARKE GREETED AT KERRY AIRPORT BY FAMILY AND FRIENDS INCLUDING BRIAN CLARKE, CAROL O'CALLAGHAN, ELAINE O'SHEA, ANNE BYRNES, ASSUMPTA O'DONOGHUE, CAROLINE O'SHEA, PATSY FOLEY, BRIGID CLARKE AND PAUL SHEEHAN.

15 years since she headed for the USA - Killarney girl Caroline Clarke as she is known to all has arrived back on Irish shores for a long overdue visit to see family and friends.

The popular Killarney girl is now based in Chicago where she works at the Mystic Celt.

And although Caroline loves her life in the States, she is absolutely thrilled to make this trip home where she plans to spend a month taking in the

changes to the town.

Her family, which include her mum Marie, dad Desmond, brothers Des, Sean and Brian, sister in law Brigid and nephews Jonathon and Paul, are from Coolgreane Park in the town.

Caroline was greeted by a large group of friends and family at Kerry Airport when she touched down on Tuesday.

## TIGHT LINES AS ANGLERS TAKE PART IN "THE CHARITY"

Over 75 anglers will take to the lakes on Sunday next for the Lough Lein Anglers Charity fishing competition.

"The Charity" have collected over €194,000 over the last 28 years. This year's nominated charity is the Kerry Branch of the Irish Kidney Association.

Fishing starts at 11.00am and finishes at 6.00pm.

The club would like to thank their sponsors who make the competition possible. Prizes will be presented at the dinner in the Dromhall Hotel afterwards.

On Saturday, two members of the club, Krzysztof Sczwb and John Buckley are taking part in the



Munster River Competition and all at the club wish them success.

## MUSICAL FUNDRAISER FOR BROSNAN FAMILY



THE BROSNAN FAMILY FROM KILLARNEY, FROM LEFT, MARGUERITE, GERARD AND KAREN WHO ARE RECOVERING AFTER A CAR ACCIDENT IN PERTH AUSTRALIA. PICTURE BY DON MACMONAGLE.

All roads will lead to the Gleneagle Hotel this Friday night when a group of Killarney musicians come together for a benefit concert for the Brosnan Family. Ger, Marguerite and Karen Brosnan were involved in a horrific car accident in Perth and are continuing their rehabilitation in Australia. Ger regularly played music with Donal Shine, Jimmy Fleming and Paddy O'Shea and it is these musicians that will come together for an evening of great entertainment.

Tickets are just €10 and will be on sale at the door on the night.

## CARDIAC RESPONSE UNIT MAKE GREAT PROGRESS

As part of the new Killarney Cardiac Response Unit, the first set of responders have now been trained as Certified First Responders.

The group are currently focusing on fundraising for the unit as they need approximately €10,000 to go live with the National Ambulance Service.

The group are looking for sponsorship from the business community to assist with this.

The next set of responders are due to take their training on the 9th of May. After this everyone will undertake an intensive 8 weeks of two hours a week training to ensure that the responders are confident in all their skills.

This will include child protection courses and map reading.

Coordinator of the group Damien Baker would like to thank all the businesses in town that have already contributed to us and asks that anyone who would like to donate to get in touch either to the response phone at 085 2330488 or him directly at 086 7388107.



## 20,000 VIE FOR 4,500 RING PLACES

Over 20,000 people went on line last Saturday in an attempt to secure a place on the Ring of Kerry Cycle.

4,500 were successful and registration was closed within two hours.

It is hoped that a lottery will now take place with any cancelled registrations.

11,000 will take part in the event on Saturday July 4th with numerous charities in the county benefitting.



# MONEY MATTERS.....

By Dermot Cronin,  
**Financial Advisor**



## HOW OFTEN SHOULD I REVIEW MY PENSION AND WHY SHOULD I REVIEW MY PENSION?

There are very many important reasons to review your pension, including: Performance of your pension and what funds you are invested in. This is **VERY IMPORTANT**, if your pension is invested in high risk funds your total pension fund could substantially reduce over a short period of time and if you are coming close to retirement this could result in you having a much less pension when you retire.

Is your pension on target to reach the income you want on retirement? This should be checked on regular occasions, if your pension is not on target changes can be made to help put your pension back on track again.

What pension provider is your pension with and how much do they charge you? Charges are very important because you need to make sure that your pension charges are competitive on a like for like basis. Pension providers offer much more choices to clients now than before and the choices can be easier to understand if explained to you in plain simple English and by not using jargon. An independent financial advisor should help you understand your pension and your pension options better.

For the above reasons I recommend at least an annual review of every pension with an independent financial advisor.

To make an appointment in relation to the above or for any queries you can contact **Dermot Cronin** at **064 66 22775** or **kerrymortgagecentre@eircom.net**.

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## BUSY WEEKEND FOR THE VALLEY VINTAGE CLUB

Members of the Killarney Valley Classic and Vintage club had a busy weekend with two fundraising events taking place.

On Thursday night the club hosted the Dublin City Ramblers at the Travel Inn in Fossa in aid of Recovery Haven where a wonderful night of entertainment was had.

On Sunday the club took to the roads for a Classic Car and pre 1996 tractor charity run in aid of the Kerry Mountain Rescue and the Irish Kidney Association.

Over 50 classic cars travelled over Molls Gap, to Sneem and Kenmare before heading home to enjoy a Monster Trad Session with the Killarney School of Music at the Travel Inn while 30 tractors took part in the run which took in the route from Dunloe, to Killorglin, Beaufort and back to Fossa.

The club are planning to have a cheque presentation in the coming weeks to all the charities involved when all the funds have been collected.



KILLARNEY VALLEY CLASSIC & VINTAGE TRACTOR & CAR RUN PICTURED ON THEIR RETURN FROM THE TRACTOR RUN ON SUNDAY.  
PIC JOHN O SULLIVAN KILLARNEY PHOTOGRAPHIC.



CAROLINE O'SULLIVAN OF CHILD LINE RECEIVES A CHEQUE FROM LIAM WHARTON OF KILLARNEY VALLEY CLASSIC & VINTAGE.

PIC JOHN O SULLIVAN KILLARNEY PHOTOGRAPHIC.



THE KILLARNEY VALLEY CLASSIC & VINTAGE CLUB COMMITTEE AND CHARITY FUNDRAISERS FOR RECOVERY HAVEN WHO WERE PICTURED AT THE TRAVEL LODGE FOSSA WITH THE DUBLIN CITY RAMBLERS RIGHT BEFORE THEIR PERFORMANCE TO A FULL HOUSE AT THE HOTEL. FRONT ROW L-R GERARD FITZGERALD, DUBLIN CITY RAMBLERS DAVE DOOLEY, SEAN MCGUINNESS & FREDDIE O'CONNOR, MARIAN BARNES & TOM LESLIE. BACK ROW L-R LIAM WHARTON, THOMAS WHARTON, KIERAN MADDIGAN, MICK MYERS, EILEEN KENNEDY, BEN SULLIVAN, JACQUELINE LOONEY, PAT O'BRIEN, JOHN AHERN & JAMES LOONEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

## AWARDS NIGHT FOR THE RAVENS

Rathmore Ravens Basketball Club held an end of year awards night in Teach Iosagain, Rathmore on Friday night. On the night medals were presented to U10 boys and girls who participated in Kerry Area Basketball Board blitzes during the season.

Medals were also presented to U16 boys who won the Division 2 plate and U14 boys who were runners up in the Division 3 plate final. Most Improved Player awards were presented to each age group. U11 girls - Cathy Kiely, U12 girls - Maggie Buckley, U12 boys - Andrew Moynihan, U14 girls - Laura Cronin, U14 Div3 boy - Dan Murphy, U14 Div2 boy - Donnagh Fitzgerald, U16 girl - Brid O'Connor and U16 boy - Paul Cremin. Well done to all involved.

COACH JIM HUGHES PRESENTING THE U12 MIP TROPHY TO MAGGIE BUCKLEY.



## CREDIT UNIONS AGM FOR KILLARNEY

1,500 delegates from 469 credit unions across Ireland are set to meet in Killarney on the 25th / 26th April for the Irish League of Credit Union's Annual General Meeting (AGM) at the INEC.

The theme for the weekend's conference is 'Credit Unions – Growth in our Hands.' Discussions will focus on the new and future opportunities facing credit unions in a changing Irish economic environment, everything from home loans, longer opening hours, electronic services to ATM cards and more.



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# CARS REV UP FOR RALLY OF THE LAKES



A GROUP AT THE LAUNCH OF THE 36TH CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2015 AT SCOTTS HOTEL, KILLARNEY ON SUNDAY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM).

The official launch of the Killarney and District Motor Club 36th Cartell.ie International Rally of the Lakes took place on Sunday evening at Scotts Hotel Killarney. There were some beautiful rally cars on display and a large crowd in attendance. Officials, organisers, sponsors and dignitaries of Killarney town were on hand to support the event. MC on the night was non-other than Mike Marshall event COC of 25years, he introduced Kate O'Leary of Killarney's Chamber of Tourism and Commerce who spoke of how important the rally of the Lakes was to Killarney Town and how that Killarney is synonymous with Rallying as it is to its lakes and mountains. John Joe Culloty Mayor of Killarney also spoke on the commitment and dedication of the voluntary club members involved and

their ability to host an event of this magnitude every year. Other guest speakers included Jeff Ahern of Cartell.ie, Brian McArdle of Ordnance Survey Ireland and Patrick O'Donooghue of the Gleneagle Hotel Group who have been involved since the rally's first inception in 1979. Clerk of the Course this year Dermot Healy explained details of the rally been a counting rounds of the The Clonakilty Black Pudding Irish Tarmac Rally Championship, The PlasticBags.ie Southern 4 Rally Championship and the FIA European Historic Rally championship. They will feature some of Ireland's most iconic Classic stages over the May bank holiday weekend. He also thanked his team behind him and expressed how important each and every one of the committee were in organising and

making the event such a success.

Dermot explained plans are at an advanced stage to create a motorsport festival on the streets of Killarney town, the three-day event will begin with a ceremonial start in the town centre on Friday evening at 7pm May 1st.

He said: "Saturday morning kicks off with the iconic Molls Gap, followed by the Tim Healy Pass and centralised service on Castletownbere Pier. Then it's time to head out on the famous stages of Cods Head and Ardroom with a repeat run over the Healy Pass and into service for a well deserved break. Cods Head and Ardroom are repeated and a blast through the Kilmakilloge harbour stage to finish off the day.

"Sunday morning starts with Molls Gap once again, followed by the mountainous Beallaghbeama Pass and the fast flowing Shanera stage, then into service at Liebherr Container cranes Killarney. This Loop is of Molls Gap and Beallaghbeama Pass is repeated and into service again, before heading out to the spectator friendly loop of Rockfield, Shanera and Rockfield stages."

The crews will arrive back to the finishing ramp at the Rally Head Quarters - The Gleneagle Hotel at 17.45 for Celebrations and Champagne.

With over 100 entries received so far for Ireland's premier Rally Event. Top Internationals include Daragh O'Riordan, Declan Boyle, Gary Jennings, Robert Barrable, Donagh Kelly, Alan Ring, Stephen Wright.

Top Modifieds: Roy White, Fergus O'Meara, Declan Gallagher, Denis Cronin.

Entries still remain open at: <http://www.shannonsportsit.ie/evo/Login> Regulations and further information are available at [www.rallyofthelakes.com](http://www.rallyofthelakes.com) or from event secretary: Linda Gordon on [linda.killarneyrally@gmail.com](mailto:linda.killarneyrally@gmail.com)



AT THE LAUNCH OF THE 36TH CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2015 AT SCOTTS HOTEL, KILLARNEY WERE FROM LEFT, LIAM CRONIN, JOE MCCARTHY, LINDA GORDON, MARTIN FARRELL AND JASON O'BRIEN. PICTURE: EAMONN KEOGH (MACMONAGLE.COM).



AT THE LAUNCH OF THE 36TH CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2015 AT SCOTTS HOTEL, KILLARNEY WERE FROM LEFT, CON DUGGAN, ROBERT DUGGAN AND GER CONWAY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM).





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## GET READY FOR KERRY COUNTY CLEAN UP DAY

By Rebecca O'Reilly



RAFAEL LAZARZ AND TOMAS COWOLSKI, ALONG WITH VOLUNTEERS AND LOCAL RESIDENTS IN THE MUCKROSS AREA, KILLARNEY, COLLECTING RUBBISH ON THE KWD RECYLING COUNTY CLEAN UP DAY LAST YEAR. PHOTO: VALERIE O'SULLIVAN.

Get out your gloves, litter pickers and your bin bags and get ready to take part in the annual Kerry County Clean Up Day that takes place tomorrow Saturday April 18th.

Over 2000 volunteers have already signed up to participate in the the day. The success of the Kerry County Clean Up Day which was the first in the country has been great and it is now running for its 4th year in a row.

It is hoped that as many people as possible from across the county will turn out and create a huge awareness in order to prevent people from littering in the future. This will be a marvellous day out for everyone, so please get involved.

It is still not too late to get involved. To register, log onto [www.countycleanup.com](http://www.countycleanup.com). Every piece of litter picked makes a difference, it doesn't matter how long you help out for.

## OC PRODUCTIONS GOING FROM STRENGTH TO STRENGTH

A Killarney Film production company, OC Productions has teamed up with comedy legend Brendan Grace for a new feature film which is directed by Killarney Director Damian O'Callaghan. The movie which is a romantic comedy brings the crew to New York this weekend where shooting will commence later this year. Killarney is also to be chosen for location because of it's iconic scenery along with Donegal and Sligo. Damian's other movie The Gift which stars Brendan Grace, Alan Devine, Dawn Bradfield, Una Kavanagh and Killarney's own Donal Courtney will premiere in Killarney Cinema this year.



DAMIEN O'CALLAGHAN, OC PRODUCTIONS PICTURED WITH BRENDAN GRACE.

## SOMETHING FOR EVERYONE AT MILLTOWN/LISTRY ATHLETICS DAY

Milltown/Listry Community Games Athletics Day is taking place on Saturday April 25th in Listry GAA Grounds with registration at 1.30 pm. There will be running events for U8/10/12/14/16 and field events such as ball throw, long puck, long jump, shot putt. There will be medals for the top 4 positions per event. There will be something for everyone with lots of novelty events such as fun

runs for tiny tots and mom's and dad's, 3 legged races, wheelbarrow races, etc. Participation on the day is strictly for children residing in Milltown/Listry parish. This is a great opportunity for local children to have an enjoyable and fun day and we encourage families to come along and support us.

## KILLARNEY RESTAURANTS HONoured AT PRESTIGIOUS AWARDS

Two Killarney restaurants were among 50 honoured at the Munster Regional Final of the Irish Restaurant Awards which took place in The Limerick Strand Hotel this week.

The West End House won the Best Restaurant – Sponsored by Dalcassian & Wakefield Wines while the Panorama Restaurant at The Europe Hotel won the Best Hotel Restaurant award. Over 400 restaurant owners and staff celebrated their hard work and achievements at the Awards, which saw many well-known restaurateurs of Munster, turn out to see if they had won one of the prestigious awards. All County winners now compete for the Regional and All Ireland Title which will be announced at the Irish Restaurant Awards in the Double Tree Hilton Hotel, Dublin on Monday 25th May, 2015.

## CLLR GLEESON CALLS FOR NEW PATHWAY

Councillor Michael Gleeson proposed the following Notice of Motion at the recent Killarney Municipal Area meeting:

● That Kerry County Council would develop a disability friendly access pathway to Killarney Library from Rock Road. It is much needed and is now a year behind its original schedule.

Kerry County Council replied that Design work on an access Ramp from Rock Road has been completed and will now be tendered. The work will be completed by the 3rd quarter of the year, subject to available funding.

Councillor Gleeson stated that this work was scheduled for completion in 2014 and he urged the Council to make every possible effort to adhere to the revised date.







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# AMANO IS CERTAINLY ONE TO WATCH

By Rebecca O'Reilly

Killarney student Amano Murio has been named by Hotpress as One to Watch in 2015. The daughter of Killarney teacher Terry Landers, from Rookery Road, Amano began her music career by posting covers on Youtube from the age of 15 and received a positive reception. She almost immediately then picked up a guitar and started to upload her own original songs which greatly increased her following. However Youtube's appeal only lasted so long as the young singer/songwriter began performing live in 2013. The support has been so amazing that she even got the opportunity to open stages for the likes of Mundy, SOAK and White Boyz. Amano is set to release her debut single "Skies" on April 24th. The 19 year old has recently been named as one of Hot Press Magazine's "One to Watch" for 2015. She has also been one of 22 out of 500 artists to be selected by Guinness Amplify's expert panel



AMANO PICTURED RECORDING 'SKIES' IN LAMPLIGHT RECORDING STUDIOS, DUBLIN.



to receive time in one of Ireland's top studios. "This is all thanks to Guinness Amplify, they covered the cost of most of the recording of this single which was just the greatest thing ever. Recording had been out of my reach financially for such a long time so it was a dream come true."

Her biggest challenge so far though, is

balancing life as a student at Trinity College Dublin where she is studying European Studies, with her growing reputation in the music world. It seems Amano is certainly one to watch in 2015.

## ANN CELEBRATES HER 90TH BIRTHDAY



PICTURED AT THE BREHON HOTEL TO CELEBRATE HER 90TH BIRTHDAY, ANN DALY (SEATED COUCH CENTRE) WITH HER FAMILY AND FRIENDS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

## THE SEARCH IS OVER! BOYLESports UNCOVER IDENTITY OF NEWLYWED PUNTERS

BoyleSports launched a hunt for a bride and groom who went into their shop in Park Road Killarney the day of their wedding to place a bet on the Aintree Grand National.

Thanks to the power of social media and help from the public, BoyleSports have tracked down the newlyweds. The couple are Aishling Duggan and Jason McElligott, who were married in Listowel and had their reception in the Park Hotel Killarney.

The couple are currently on their honeymoon, but when they return BoyleSports will present them with a cheque for €2,500. BoyleSports wanted to give Aishling and Jason a belated wedding present and decided to give the happy couple a €100 bet on Many Clouds, who won the Grand National, at 25/1.

IF YOU HAVE A STORY...

Contact Aisling on **086 0400 958**  
editorial@outlookmags.com



## Senator Marie Moloney

Full-time Constituency Office open at Conroy Hall,  
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## ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN

SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



**On the Box**

**EASTENDER... FUNERAL DRAMA**  
(SPOILER: Mystery man Vincent returns)  
This week sees Stan Carter and Jim Branning's funerals take place. While Dot Branning turns up to Jim's funeral in handcuffs, Linda Carter may finally get Dean Wicks to confess the truth about the night he raped her.

**CORONATION STREET... WEDDING WOES**  
(SPOILER: Shock fire at Victoria Court to air next month)  
Gail McIntyre makes another attempt at getting hitched to partner Michael Rodwell but will she reveal her secret concerning Michael's fake son Gavin who is really an imposter called Andy.

**EMMERDALE... INDECENT PROPOSAL**  
Debbie Dingle is dating Pete Barton but does her heart really lie with his brother Ross? After getting involved in one of Chrissie Sugden's schemes, Ross is present with the opportunity to tell Debbie how he really feels. However, Debbie's reaction is to propose to Pete but does she really love him?

**RED ROCK... TYRELL TRIALS**  
Garda Angela Tyrell's home life is set for a shock as her son Conor's drug habit gets ever closer to be exposed while Angel's failing marriage to Tommy continues to deteriorate.

**FAIR CITY... OVER AND OUT**  
Dolores Molloy finally learns the truth about partner Pete Ferguson's kiss with his ex-wife Jackie from the woman herself. After undergoing surgery, Dolores is already suffering but what will become of her and Pete's relationship?

**HOME AND AWAY... SHOCK EXIT**  
Actor Steve Peacock is leaving Summer Bay but how will Darryl "Brax" Braxton exit the soap. Presently, Brax is in jail for a crime he didn't commit but he will be making a permanent.

## Astrid Longhurst

Life & Body Confidence Coach



### FIVE ATTRIBUTES OF HAPPY PEOPLE!

*I love this quote by Marianne Williamson, "Joy is what happens when we allow ourselves to recognize how good things really are!"*

It's so true! So often in life we miss the truly wonderful things because we are too busy talking about and focusing on what's wrong! Happiness truly is an inside job. No one and nothing can make you happy if you do not decide to be so! Happiness is a state of mind and a way of being in this world. We always have choices. We can talk about what doesn't work or we can point out what's right! We can judge someone or ourselves or we can accept others and who we are with grace. The most powerful way to allow more happiness into your life is to be grateful! Keep a gratitude journal and list five things every day that you are grateful for! When you really look at your life and start to be thankful for all that you have, joy is the natural result.

**Happy people know and do the following**

1. Think less and **FEEL** more!
2. Judge less and **ACCEPT MORE!**
3. Complain less and **APPRECIATE** more!
4. Fear less and **LOVE** more!
5. Frown less and **SMILE** more!

**Have a very happy day!**

For more coaching tips & inspiration please visit & LIKE my Facebook page!

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## FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...



### TIPS TO HELP WITH SNACKING LATE IN EVENING

- Turn over when the Ads come on, late at night is the peak time when companies put on their ads for takeaway pizza's or chocolate indulgences to try and tempt you to drive to the ends of the earth to get them!!! So start flicking before they tempt you.
- Make a rule in the house that there is no eating in front of TV. Mindless snacking is a common culprit for over eating & not even realising half the calories your pumping into your body. If you are watching TV you are distracted and won't realise you have eaten half the packet of biscuits!!!! & extra bonus no crumbs to Hoover up the next day!!
- Go for a gentle walk with the dog after dinner, or bring the kids for some fresh air & use this time to unwind and catch up & talk about your day. It's better than sitting at home in front of TV or tablets & not interacting. This activity again will stop you from snacking and will give you some energy so when you come in you won't be looking for chocolate to keep you awake.

**MORE TIPS NEXT WEEK...**  
 FITNESS WITH EDELE  
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**OUTLOOK FASHION TIP:**

**SHOW SKIN STRATEGICALLY**

Looking truly good involves knowing what to bare-and what to keep under wraps. Otherwise, where's the mystery? "If it's cleavage, don't show your legs. If it's your legs, stay covered on top."



### Beauty Tip

#### Applying Makeup In The Wrong Lighting

Most of us use the unnatural light from our bathroom mirror to apply makeup every morning. And this is fine if you've already applied and tested your makeup by a window, but if you haven't taken a look at your makeup lately somewhere other than your trusted bathroom mirror, you might want to get on that. Some of you may be surprised to see that your foundation, eyeshadow, or lipstick isn't quite as flattering as you had hoped.

### DIET TIP GET ENOUGH SLEEP.

When you're sleep deprived, your body overproduces the appetite-stimulating hormone ghrelin but under-produces the hormone leptin, which tells you when you're full. Getting enough sleep may make you feel rested and full and keep you from doing unnecessary snacking.



Check out the amazing Pork and Apple burgers at Cranin's Butchers on High Street... they are the healthy option when it comes to burgers and a steal at **Only €2.50 for two!!**

## WANT TO LOSE WEIGHT AND FEEL GREAT?



An innovative one day workshop 'Lose Weight, Feel Great' is being held in the Aghadoe Heights on Sunday April 26th. It has been developed by Kerry native Dr. Ailis Brosnan and is based on the latest scientific research yet has a holistic ethos underlying it.

Dr. Brosnan explains that these workshops "are all about losing weight, keeping it off but greatly enhancing your health at the same time. If you are interested in getting the facts and not the fads then this is the workshop for you. You will leave with a clear sense of what you need to do and the motivation to do it!"

**She focuses on the 3 key areas in weight loss:**

- Nutrition (advocating a healthy wholefood, plant strong diet)
- Exercise (the latest on the best types of exercise for weight loss)
- Psychology (understanding the psychology of eating and using supporting

behaviours such as goal setting, visualizations etc. to help your weight loss). This one day workshop will be held in Killarney on April 26th in the Aghadoe Heights (and also in Cork on April 19th). There were very happy participants in the Tralee workshop last month as the following illustrates:

"A fantastic course to give you a full overview of all aspects of your healthy life, from eating healthier to introducing more exercise easily and staying sane and relaxed while doing it. Thoroughly enjoyable" Michelle.

**More information on the workshop can be found on [YourHealthyLivingCoach.com](http://YourHealthyLivingCoach.com) or you can link with Ailis on <https://www.facebook.com/YourHealthyLivingCoachAilis> or <https://twitter.com/CoachAilis> or on 085 7725133.**



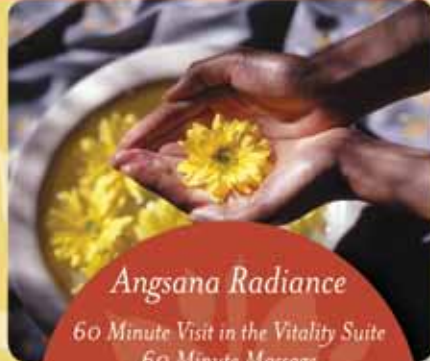


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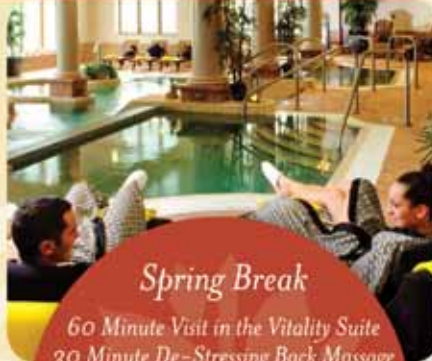
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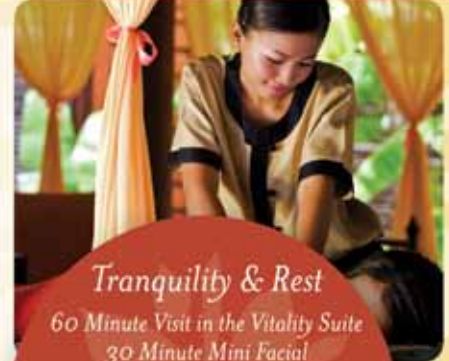
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**Begins on Tuesday April 14th in Tralee Killarney Killorglin (Full) and Cahersiveen. I hope you will be one of the 100 people I aim to help quit by December 31st 2015.**

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Note: The above notice in respect of adjustments to repayment rates will not apply during any period when the loan is at a fixed rate. If you or your dependants intend to use the property as a principal place of residence, you must show evidence of mortgage protection insurance, unless you are exempt under the Consumer Credit Act 1995. Maximum loan to value of Owner Occupier Residential Properties 90% of purchase price or valuation whichever is lower. Normal Lending levels are subject to monthly repayment burden, typically not exceeding c.35% of borrowers disposable income and will vary according to individual circumstances. Loan requests considered on the basis of proof of income, financial status and demonstrated repayment capacity (including capacity to repay at higher interest rates). Loans not available to people under 18. Mortgage loans by their nature require to be secured by a mortgage and charge on the subject property. A typical €100,000 20 year Variable interest rate mortgage for an Owner Occupier Residential Property with LTV greater than 80% will have monthly repayments of €618.44 APR 4.33%. If the APR does not vary during the term of the mortgage, the total cost of credit i.e. total amount repayable less the amount of the mortgage, would be €48,425.60. The effect of a 1% increase in interest rates for such a mortgage will add €54.13 to monthly repayments. Surcharge Interest Arrears attract surcharge interest at 6% per annum in addition to the interest rate that applies to the loan. Execution and registration of the mortgage deed will involve payment by you of your solicitor's fees, outlays and registration fees.

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## Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

### MTA Software & Networking Fundamentals Course (ET1Z4) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal sample course for people considering a career in information and communication technology. Graduates of the course may progress to the IT Support Specialist Traineeship or Java Associate course. **Start Date:** 27<sup>th</sup> April 2015. **Duration:** 19 weeks. **Certification:** Microsoft Technology Associate Certification (MTA) in Software Development Fundamentals, .Net Fundamentals, and Networking Fundamentals.

### Retail Skills Health and Beauty Traineeship (ETS95) - Tralee.

This traineeship offers participants the opportunity to develop the knowledge, skills and competencies required to work in the retail sector, particularly in pharmacies and in health and beauty outlets. **Start Date:** 27<sup>th</sup> April 2015. **Duration:** 37 weeks. **Certification:** FETAC Level 4 Major Award in Retail Skills.

### Food Preparation and Cooking Course (ET20D) - Tralee.

This course is for people who wish to pursue careers in professional cookery. Participants will learn the practical skills and underpinning knowledge of safety at work and food safety, menu planning and costing, and preparing, cooking and presenting a wide variety of dishes including healthy foods and special diets. **Start Date:** 18<sup>th</sup> May 2015. **Duration:** 20 weeks. **Certification:** City & Guilds Level 2 Diploma in Food Preparation and Cooking.

### IT Support Specialist Traineeship (ETS78) - Tralee Training Centre.

This traineeship is for people who wish to pursue careers in IT support services. It offers a comprehensive grounding in core hardware, operating systems, networks and cloud computing. Graduates of the course will seek employment installing, configuring, maintaining and upgrading IT equipment. **Start Date:** 18<sup>th</sup> May 2015. **Duration:** 48 weeks. **Certification:** CompTIA A+, CompTIA Network+, and CompTIA Cloud Essentials.

### Radio Broadcasting Foundation (ET41Z) - Tralee.

This course is an excellent starting point for people who wish to pursue careers in the radio broadcasting industry. It's an entry level course designed to give the participants a comprehensive foundation in a number of the everyday tasks carried out in a radio station. **Start Date:** 22<sup>nd</sup> June 2015. **Duration:** 8 weeks. **Certification:** City and Guilds Units of Credit in Researching, Recording & Presenting Information and in Radio Studio Production.

### Outdoor Activity Instructor Traineeship (ETS64).

The Outdoor Activity Instructor Traineeship is designed to provide the outdoor adventure tourism and education sector with personnel who have the knowledge, skills and competencies to work in the adventure sports industry. **Duration:** 44 weeks. **Start Date:** 27<sup>th</sup> July 2015. **Certification:** FETAC Level 5 Certificate in Outdoor Activity Instruction.

### Legal Administration Traineeship (ETS07) - Tralee Training Centre.

This course is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. **Start Date:** 10<sup>th</sup> August 2015. **Duration:** 40 weeks. **Certification:** FETAC Level 5 Major Award in Office Administration.

### Wind Turbine Maintenance Technician Course (TR36R) - Tralee

This course is designed to provide the wind turbine industry with personnel who have the technical knowledge and skills to service and maintain large scale commercial wind turbines. It's aimed at skilled crafts persons who hold a recognised electrical or mechanical trade qualification. **Start Date:** 10<sup>th</sup> August 2015. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53) and a number of tickets relevant to the industry.

### Sports Recreation & Exercise Course (ETK69) - Killarney.

If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** 24<sup>th</sup> August. **Duration:** 45 weeks. **Certification:** FETAC Major Award in Sports Recreation and Exercise 5M5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

### Java Associate Course (ET0R7) - Tralee.

This entry-level course offers participants the opportunity to take the first step towards a career in Java programming and software development. They will gain an excellent insight into the programming language and learn the knowledge and skills needed to develop applications in Java. It's suitable for people from a range of backgrounds who have an aptitude for programming. The course covers the system development life cycle, application development, project work, job seeking skills, and 10 weeks in-company work experience. **Start Date:** 31<sup>st</sup> August 2015. **Duration:** 50 Weeks. **Certification:** Oracle Certified Professional Java Programmer I & Certified Professional Java Programmer II.

For further information, testimonials and application details visit our new website at

[www.kerryetbtrainingcentre.ie](http://www.kerryetbtrainingcentre.ie)

To apply or get further information on any of the above courses please contact

**Kerry ETB Training Centre,**  
Monavalley Industrial Estate, Tralee,

TEL: 066 7149600 | 066 7149638 | 066 7149676, E-mail: [training@kerryetbtrainingcentre.ie](mailto:training@kerryetbtrainingcentre.ie)



## Know Your Rights: HEALTH INSURANCE AND LIFETIME COMMUNITY RATING

APRIL 2015

### QUESTION

I don't have health insurance and I've been told it will be more expensive for me after 1 May because of my age. Can you explain what is changing?

### ANSWER

Up to now, the cost of an inpatient health insurance policy has been the same for everyone regardless of age. This is known as community rating. From 1 May 2015 a system of lifetime community rating will apply, which means that people may be charged more if they are older when they first take out health insurance. This change will not affect you if you already have health insurance before 1 May 2015 and continue to be insured.

If you are taking out health insurance after this date and you are 35 years of age or older, your annual premium will increase depending on the age you are when you start – by 2% for each year over 34. This increase is called a loading. So, for example, if you are aged 35 there will be a 2% loading, but if you start health insurance at 39 there will be a 10% loading. The maximum loading will be 70%.

If you previously had health insurance but let it lapse, the period for which you had health insurance will be taken into account to reduce the loading that applies.

An allowance (of up to three years) can also be made if you gave up health insurance since the start of 2008 because of unemployment.

People who move to Ireland from another country after 1 May 2015 can avoid having a loading applied if they take out health insurance within 9 months and continue to be insured.

If you have health insurance, you can change your health insurance policy or change your insurer without affecting your loading. A gap in insurance of up to 13 weeks is allowed.

**Further information is available from the Citizens Information Centre below.**

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.



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*Congratulations to our lucky Jackpot  
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**In House Jackpot of €1400 in 41 calls!** Strictly over 18's

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KILLARNEY MARATHON**

**Saturday 16th of May at 9.00am**

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and €500 for the first half marathon runner under 1hr 10min

This is a fully supported race set in the  
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and Ross Island  
**in Killarney National Park**

Bespoke medal and t-shirt for all finishers

**Full Marathon €40**  
**Half Marathon €30**  
**Full Relay €60**

Online entries at [www.lakesofkillarney-marathon.com](http://www.lakesofkillarney-marathon.com)  
info: [info@hardman.ie](mailto:info@hardman.ie) Alan: +353 87 6259892

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IN AID OF  
**TRALEE PALLIATIVE CARE**  
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FRI APRIL 17<sup>TH</sup>

ADMISSION €10 DOORS OPEN @ 9.00PM

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Including Leaving Certificate students*

*Applicants must reside in or be native of the  
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and demonstrate strong artistic potential.*

**Closing Date Friday 15th May 2015**

**APPLICATION FORMS AVAILABLE FROM:**  
Arts Office, Kerry County Council,  
Rathass, Tralee, County Kerry  
Email: [arts@kerrycoco.ie](mailto:arts@kerrycoco.ie)



## KILLARNEY COMMUNITY COLLEGE COMPLETED WORKSHOPS WITH BKINNIÚ ENHANCING LIFESKILLS

On Wednesday 15th April 2015, Transition Year students in Killarney Community College completed workshops with BKinniÚ Enhancing Lifeskills with facilitators Ms. Brenda Hyland Beirne and Ms. Kate Breslin. They are Image, Beauty and Fashion stylists equipped in bringing a fresh approach to Life, Manners, Image & Style. The aim of the workshop was to promote mental well being and competence in young people as they face the realities of Life. The workshops covered lessons in Life, Manners and Style. Upon completion our TY students felt motivated, energised and passionate about their life.

Specific items that were covered on the day included: Self Awareness and Communication: How to cope with stress, good traits and positives that are evident in individuals. They learnt polite and appropriate behavior which will create positive impressions. They learnt the art of folding a napkin into a bishop's hat, table manners and how to set a table perfectly when entertaining in a professional manner. They learnt how to recognize and use cutlery and crockery correctly. Grooming Techniques were also covered where they learnt the Windsor knot on a tie and the art of tying a

Bow Tie. They learnt how to walk with the correct posture and confidence.

According to Ms. Kerri McCarthy, Transition Year co-ordinator "Life skills and manners are so important in life today. This workshop equipped our students with grooming

techniques and manners that will benefit them throughout their lives when entering the workplace and encountering different people during their path in life. They learnt interview techniques ensuring that they make a first class impression".



FRONT L-R: MS. KATE BRESLIN, DONAGH O'LEARY, SHANE COURTNEY, SHEYENNE KEHOE, SARAH FINNAN, CHELSEA COFFEY, NICOLE RIORDAN, GRAINNE DINEEN, LEIGHANNE HERLIHY, ABIGAIL GRAHAM, MEGAN BROSNAN, MS. BRENDA HYLAND BEIRNE, MS. STELLA LOUGHNANE (DEPUTY PRINCIPAL)

BACK L-R: ROSS BRENNAN, NELU O'DOHERTY, DOMINIKA GWIZDZIOWKA, RORY CARROLL, MICHELLE O'SULLIVAN, DEAN CRONIN, JORDYN TUOHY, PETER O'BRIEN, BROGHAN EDMONDS, LAURA DALY, DANIEL O'CONNOR, CHRISTOPHER SWEETMAN, LOUISE LANIGAN, JAMES FLYNN, MEGAN DUGGAN, MUTAZ ALMUSAWI, MARK STACK, JAKE GRUNFELD.

## KERRY SCHOOLS SHORTLISTED FOR YOUNG SOCIAL INNOVATOR OF THE YEAR 2015

Three schools and youth organisations in Kerry have been shortlisted for the 2015 Young Social Innovator of the Year awards. 61 projects were shortlisted from over 400 entries and the overall winner will be announced in at the Annual Awards and Showcase, which takes place on Wednesday May 6th in the Citywest Hotel, Conference and Event Centre, Dublin. Making Our World Fair and Just, Human Right Don't Age by Killarney Community College. Making Our World Greener, An Timpeallacht, by Pobal Scoil Chorca Dhuibhne. Making Our Country More Inclusive & Poverty Free, A Chat a Day keeps Elderly Isolation At Bay! , Presentation Secondary School Milltown will all see their final projects viewed by a panel of national judges. The Young Social Innovators of the Year 2015 Awards and Showcase is the biggest celebration of social innovation in Ireland and one of the largest youth events in the country with over 5,000 young people attending. The event gives young people

from all over the country the opportunity to exhibit their project work through presentations, posters and exhibition stands as well as featuring lots of indoor and outdoor educational, social and interactive activities and events. Speaking about the Young Social Innovators 2015 Awards and Showcase event, Rachel Collier, CEO, Young Social Innovators (YSI) said, "This event is a huge part of the Young Social Innovators experience. It offers a wonderful opportunity to the young people involved to showcase the innovation projects they have been engaged in over the course of the academic year. These young people have demonstrated that they can play a major part in tackling difficult and serious social issues in creative and innovative ways to bring positive change to communities in Ireland and abroad. They are an inspiration to all of us and deserve to be recognised for what they have managed to achieve and the impact they have made."



MARK CLIFFORD FROM KILLARNEY WHO DANCED IN THE U12 CATEGORY IN THE WORLD IRISH DANCING CHAMPIONSHIPS IN MONTREAL, CANADA ON MONDAY AND CAME 5TH IN THE WORLD. MARK DANCES WITH THE SHEEHAN SCHOOL OF DANCING.

## KILLARNEY YOUTHREACH STUDENTS GIVE A HELPING HAND TO KILLARNEY TIDY TOWNS

**Students Join Forces with Tidy Towns Volunteers to Clean Killarney National Park as part of Ireland's National Spring Clean Initiative.** A group of Students from Killarney Youthreach, a second chance education programme run by the KDYS in partnership with the Kerry ETB, joined forces with local Killarney Tidy Towns to clean the National Park on Thursday 16th April. Students collected bags of rubbish from one of Ireland's most scenic and visited attractions. Killarney Youthreach is a programme for young people

aged 15 to 20 who have left school early and who are looking for a second chance of gaining qualifications. The full-time educational programme is based in the KDYS Youth Centre and offers a range of QQI subjects allowing students to progress on to further education, training and employment. John Adams, KDYS Co-ordinator commented: "It is great to see young people giving back to the community and we are delighted with the chance to assist Killarney Tidy Towns in their efforts to keep our local environment clean. The KDYS is always

looking to get young people connected and involved in their communities be it through youth clubs, community events or local tidy towns" Councillor Michael Gleeson and members of the Killarney looking good committee were on hand to assist the young people in their cleaning task. Youth reach programmes form part of a range of supports offered by the KDYS to the young people of Kerry. For more information on the work of the KDYS please visit KDYS.ie



## EDUCATION OUTLOOK

### It's time to focus on the State Exams! (By Billy Ryle)

With just seven weeks remaining before the Leaving Certificate and Junior Certificate exams get underway on Wednesday, 3rd June, candidates can face up to these exams with considerable optimism. Results achieved in the state exams continue to be very impressive and the current generation of young people is well able to successfully negotiate the hurdle of exams. In addition, places in further and higher education courses are very plentiful at the moment. At this stage, it looks as if there will be more places available than there will be applicants to take up these places. While employment opportunities for school leavers are still scarce there are positive signs that the green shoots of economic recovery are beginning to sprout. Nevertheless, if the trend of previous years continues, the vast majority of Leaving Cert exam candidates will continue in education as the changing nature of work means that employers are looking for staff with qualifications at craft, degree or post-graduate level.



The stigma of failure is long gone from the state exams. There was a time when failure in Irish meant overall failure. Thankfully, those days are far behind us. Every candidate's performance is now acknowledged by individual certification. The State Examinations Commission (SEC) also provides a range of exam supports, known as "reasonable accommodations," for candidates with physical, visual, hearing and learning difficulties in order to remove, as far as possible, the impact of the disability on the candidate's performance in the exams. This enlightened "reasonable accommodations" facility ensures that no candidate for the state exams is disadvantaged because of a disability.

Despite the criticisms that have been levelled at the state exams, they have stood the test of time and they provide the Irish economy with one of the best educated workforces in the western world. Both Junior and Leaving Certificate exams are invariably acknowledged as an impartial, unbiased and comprehensive test of each candidate's level of achievement. The vast majority of candidates can be fairly certain that they will do well in the state exams. A large number of them will achieve results that are considerably above average.

Despite all the hype about exam pressure, all that is required is a cool head, a positive attitude, optimum use of the remaining weeks, good personal and time management, plenty of nutritious food, rest and a programme of exercise to burn off any excess stress. Approach the exams with confidence, do your best during the remaining weeks and at the actual exams. Then forget about them and enjoy the summer. Exams should be kept in perspective. They are just another hurdle on the fascinating journey through life; a hurdle which thousands of candidates negotiate very successfully year after year.

With second level schools reopening on Monday for the final term of the academic year, the oral language and practical music exams get underway over a two week period. Practical exams in Art, Construction Studies and Engineering follow from Monday 27th April to Friday, 8th May. The Leaving Cert Vocational Programme (LCVP) written exam is scheduled for Wednesday, 6th May. Engage fully with the oral and practical exams which you face in the next few weeks. As the saying goes, "Tosnú maith leath na hoibre." A good start is definitely half the work so the next few weeks provide you with a golden opportunity to bank very precious marks. Of course, in the final term, the written papers become the major focus of attention as the June written exams draw closer with each passing day.

In the next article, I'll give you some advice on how to make the most of the last term before next June's exams.

#### CHECKLIST

- The State Examinations Commission (SEC) is responsible for the development, assessment, accreditation and certification of the second-level exams
- Candidates can face up to the state exams with considerable optimism
- Results achieved each year by candidates in the state exams are very impressive
- The stigma of failure has been totally removed from the state exams
- The SEC provides a range of exam supports, known as "reasonable accommodations," for candidates with physical, visual, hearing and learning difficulties
- The state exams are an impartial, unbiased and comprehensive test of each candidate's level of achievement
- The vast majority of candidates can be fairly certain of doing well in the state exams
- The oral and practical exams are first to be safely negotiated
- The written papers now become the major focus of attention
- Do your best during the remaining weeks and at the actual exams

*Billy Ryle is a Career Guidance Counsellor and freelance writer*

**Our Outlook is Different**  
**The most read Educational Column in Kerry**



NIALL O'BRIEN BEAUFORT WON THE REGIONAL FINALS IN ORDER OF MALTA IN CARRIGALINE AND NOW WILL REPRESENT KERRY IN THE NATIONAL FINAL IN ENNISKILLEN IN JULY



RATHMORE RAVENS BASKETBALL CLUB HELD AN END OF YEAR AWARDS NIGHT IN TEACH IOSAGAIN, RATHMORE ON FRIDAY NIGHT. PICTURED IS COACH KATHY HOULIHAN PRESENTING U16 MIP TO BRID O'CONNOR



# Their Special Day

A look at the Wedding's taking place in Killarney.



AISHLING DUGGAN AND JASON Mc ELLIGOTT POSE FOR THE CAMERA ON THEIR WEDDING DAY, THE COUPLE WERE MARRIED IN BEAUFORT AND HELD THEIR RECEPTION IN THE KILLARNEY PARK HOTEL.

THE COUPLE CAUSED A STIR ON SOCIAL MEDIA THIS WEEK, SEE WHY ON PAGE 24.

PHOTO MICHEÁL O SULLIVAN [WWW.OSULLIVANPHOTOGRAPHYIRL.COM](http://WWW.OSULLIVANPHOTOGRAPHYIRL.COM)



CAROLINE FLYNN AND DAMIEN FINN WHO WERE MARRIED IN SPAIN ON THE 4TH OF APRIL AND CELEBRATED WITH FAMILY AND FRIENDS IN TOMASIN'S BAR AND RESTAURANT STRADBALLY ON SATURDAY 11TH.  
PHOTO: TARA DONOGHUE PHOTOGRAPHY [WWW.TARADONOGHUEPHOTOGRAPHY.COM](http://WWW.TARADONOGHUEPHOTOGRAPHY.COM)



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**2012 Ford Mondeo (Choice)**

2ltr TDCi Titanium 80kkm Full History



**2012 Ford Focus**

1.6 TDCi Black



**2011 Skoda Octavia**

1.8L TDI Elegance, one owner Full History



**2011 Ford Focus**

1.6 TDCi Zetec Alloys, Fogs, Full Ford History



**11 Seat Leon**

White, 90kkm One Owner FSH



**11 VW Golf**

1.6 TDI

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- 12 Ford Mondeo 2ltr TDCi
- 12 Hyundai i30 1.6 TDCi
- 12 Ford Focus 1.6 TDCi Black
- 11 Ford Focus 1.6 TDCi, 44k
- 11 Ford Mondeo 2.0L, Zetec, 1 owner, full Ford S/H

- 11 VW Golf 1.6 TDI, blue motion, Black
- 11 Ford Focus 1.6 TDCi, Zetec (new model)
- 11 Seat Leon 1.6 TDI White 90k
- 10 Ford Galaxy 2.0, Titanium, Full Ford S/H, 80k
- 10 Kia Rio 1.5 CRDi Silver
- 09 Ford Fiesta 1.4
- 08 Ford Focus 1.6 TDCi
- 07 Renault Megane Scenic 2yr Test
- 07 Ford Fusion 1.4, Fogs, Aircon

- 06 Citroen C5 3dr 1.6 TDI
- 05 Opel Mireva 1.3 CDTi, left hand drive
- 05 Jaguar X Type 2.0 Full Leather wood trim, NCT
- 04 Opel Zafira 1.7 Dsl, 1yr Test
- 03 Citroen C3 1.4 HDi
- 03 Skoda Octavia 1.9 TDI, silver, 1 owner
- CARS
- 132 Ford Fiesta Choice of colours
- 08 Nissan Note 1.4 Black Alloys, Fogs

- 07 Renault Megane Cabriolet 1.6, full leather
- 07 Renault Megane Full Leather
- 05 Suzuki Liana NCT Tested
- 03 Toyota Avensis Alloys, Fogs, As New
- COMMERCIAL
- 11 Citroen Berlingo Full service history
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**KILLARNEY OUTLOOK  
KEEPING YOU SAFE**





## ŠKODA APPROVED USED CAR SALE AT LIAM LYNCH MOTORS

From Monday, 20th April the ŠKODA Approved Used Car event will commence at Liam Lynch Motors, Farranfore. The week-long promotion offers exceptional value on previously owned ŠKODA vehicles, with tailored financing options and peace of mind as standard. Newly launched, the ŠKODA Approved Used Car package guarantees the quality of the vehicle with a multipoint quality check, assured reconditioning and a 30 day exchange policy. ŠKODA Approved Used cars sold during the week-long event also benefit from 12-month roadside assistance and 12-month warranty.

This week only, customers who purchase a ŠKODA Approved Used Car at one of the dedicated events, can avail of exceptional value with ŠKODA finance from 3.9% APR. Speaking about the event, Liam Lynch of Liam Lynch Motors commented, "We are delighted to bring this unique offer to the market. With the ŠKODA Approved Used Car product customers can benefit from unparalleled value on their used car purchase while simultaneously



A 2002 ŠKODA OCTAVIA IN PERFECT MOTERING HEALTH WITH OVER 824,000KM (515,000 MILES) ON THE CLOCK, WHICH EQUATES TO MORE THAN 20 TRIPS AROUND THE WORLD. THIS VEHICLE HAS JUST PASSED IT'S NCT, A TESTAMENT TO THE RELIABILITY OF ŠKODA CARS. THE 2002 OCTAVIA IS PICTURED WITH A 2013 OCTAVIA.

enjoying complete peace of mind. We can provide a complete vehicle history check, warranty and roadside assistance as part of the purchase with an optional exchange within 30 days. I would encourage anyone in the market to stop in this week for a test drive."

The event will run from Monday, 20th April

to Saturday, 25th April at ŠKODA dealers nationwide. Finance offer of 3.9%APR is only available at the ŠKODA Approved Used Car event.

Customers can view the available models online by visiting [www.skoda.ie/dealers](http://www.skoda.ie/dealers) and selecting Liam Lynch Motors.

## WATCH OUT FOR CHILDREN ON THE ROADS

With summer just around the corner, the Road Safety Authority (RSA) is asking motorists to be aware of children when using the roads and to take extreme care when driving. Parents and guardians are also being reminded to teach their children about road safety and ensure they play safely during the summer holidays. The RSA is also reminding parents to teach their children the importance of road safety and ensure that underage children are supervised if walking or cycling.

A spokesperson for the RSA has said "It's really important for parents and guardians to teach their child just how important it is to be safe on the road as they are our most vulnerable road-users. Your child will learn from what you do, so make sure you always set the right example. When you get into the car, put on your seatbelt, no matter how short the journey. Make sure your children are safe on their

bicycles by ensuring they wear a helmet and high visibility clothing. And if they are playing in an area where there are cars, make sure they play safely," he added.

### THE RSA HAS THE FOLLOWING ADVICE FOR PARENTS AND MOTORISTS:

#### Travelling by Car:

- Motorists, be aware of children when driving, particularly through residential areas.
- All children should be restrained when travelling in a car.
- Select a restraint that is based on your child's weight and height and is suitable for the type of car.
- Remember it's safer if children travel in the rear of a car.
- Never leave children alone in a car.

#### Walking:

- Small children should not cross roads alone. They cannot decide how far away a car is or how fast it is going.
- Children walking on country roads should wear reflective armbands and bright clothing
- If there is no footpath, walk on the right-hand side of the road facing oncoming traffic keeping as close as possible to the side of the road.
- Show your child how to cross the road by example. Choose safe places to cross and take time to explain why i.e. footbridges, zebra or pelican crossings.

#### Cycle Safety:

- Make sure they are highly visible by wearing a reflective belt and bright clothes and wear a bicycle safety helmet on all journeys.
- Check that the bicycle's brakes, lights, reflector and bell are in good working order.

## SUMMER MAINTENANCE TIPS

Summer is a great time for driving, but the improved weather can cause its own problems. To prevent an unexpected summer walk, here are some tips to prevent a breakdown.

### UNDERSTAND THE SIGNS

- Pull over immediately if you detect a burning smell or see steam or smoke coming from the engine. If you don't, you run the risk of permanently damaging your engine and it could end up costing you a lot more than an annoying delay on the side of the road.
- Remember to check your instruments regularly, and stop immediately if the gauge shows an unusual reading – very high or very low.
- If you decide to add some coolant to an overheated radiator, **DO NOT REMOVE THE**

### RADIATOR CAP WHEN THE ENGINE IS HOT!

First let the engine cool and then make sure the engine is running while you add the coolant so that the sudden change in temperature doesn't cause damage to the engine.

### ELECTRICAL SYSTEM

- The main causes of heat related breakdowns are failures of the cooling and electrical systems. The stress put on the electrical system, especially the battery, can be hard to predict. Here are some common troubleshooting points
- Cooling system
- Look at the hoses and drive belts for cracks, wear and tear.
- When the engine is cold, check the level and condition of the coolant.
- Externally look for at the radiator core for

insects and other blockages and clean them out by hosing down. Don't attempt to brush the core, as the fragile cooling fins could be damaged.

- Don't ever try to drive in an overheated car as you risk damaging the engine. If you can't find the problem, let the car completely cool down, check the coolant level and have the car checked at the nearest service station, Air Conditioning
- Make sure your air-conditioning is working efficiently. If in doubt, have it checked by a qualified professional. The most important benefit of effective air-conditioning is that it reduces driver fatigue, keeping the driver alert, refreshed and more comfortable.





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## ROWING TO RIO

The Monika Dukaraska  
Blog. The story of a  
Professional Athlete



Never underestimate the Irish. Our first international regatta this season and two gold medals in the bag. The focus for the past week was on the 2015 Piediluco Regatta in Italy (Memorial Paolo d'Aloja Regatta). It is an invitational international regatta with 25 nations competing for medals this year. In the lead up to it, we completed a solid block of an aerobic/endurance training, which consisted of long distance rowing sessions. It gave us a great paddling platform, which will feed into our racing speed later on in the season. There was no specific race preparation conducted for this regatta as this weekend was used as groundwork for the European Rowing Championships at the end of May.

I arrived in Piediluco on Wednesday night after an entire day of travelling. This day would be considered a day off from training. The following day we arrived at the rowing venue and we rigged our boats. We had two short training sessions on the course to loosen out after travelling and to learn more about the course and the conditions. We were based only a short drive away from the course, which was very beneficial as our races were usually early in the morning.

There were seven entries in the Women's Pair event on both days. Piediluco Regatta is run over three days and takes place from the 10th to the 12th of April. It's a double regatta. This means that competitors race the heats on Friday to qualify for Saturday's finals. On Saturday afternoon, there are heats again to gain qualification for Sunday's finals. Due to Republic of South Africa pulling out due to medical reasons, we ended up having a straight final on both days, the Saturday and the Sunday.

It was my first international regatta in the Women's Pair event. Leonora Kennedy and I raced in the Women's Double Scull in 2013 but it was our first competitive race in the Women's Pair. We began this project early in March 2015 and since then we raced only at the National trials. This event was a great learning curve for both of us as a crew as well as individually. I was very uncertain of what to expect, as we are not in a position to race against other pairs at home in Ireland. The thought of racing other nations in the same boat category was exciting but scary at the same time. The first race was like testing the waters, we went off the starting blocks slightly behind the competitors but we fast discovered that we can go harder and started catching other crews and leading the race with 500m to go. It was our first competitive race and a first win. This gave us a great confidence boost. After the race, we analysed our race strategy and adjusted the race plan for Sunday. On Sunday, we decided to lead from start to finish. We did just that! We went off the blocks much harder and kept the rate higher. We were confident as a crew. The focus of our rowing was on the process behind every stroke rather than the outcome. The outcome however was the same – first place for Ireland. Spain has put a huge push with 500m to go but we held them off, keeping our own rhythm and staying in our zone. The results were as follows: Ireland 1st, Spain 2nd and Italy 3rd on both days.

Piediluco Regatta happened to be my best regatta to date. Two races – two gold medals – two trophies – two victories. I am truly delighted and highly motivated to train harder and prepare well for the European Rowing Championships in Poznan in Poland. Next stop is Varese, Italy for a training camp until 22 April.

## KERRY SURVIVE STERN TEST TO ADVANCE TO THE SEMIS

TESCO HOMEGROWN LADIES NFL  
KERRY 0-16 MONAGHAN 1-11

Monaghan started brightly and were constantly on the lookout for corner forward dynamo Ciara McAnnespie. Kerry found their groove shortly after and scored first with a wonderful score from Louise Ni Mhuircheartaigh with Patrice Dennehy pointing soon after, following a great run by Louise Galvin who had a stormer of a game. Monaghan's first score came in the 5th minute from a free. In a scrappy first with a lot on offer for both teams goal chances were few but Sarah Houlihan managed to get through but her shot went over the bar. One of the highlights of the half was a superb piece off skill by Patrice Dennehy who chipped a ball rolling on the ground onto the oncoming Louise Galvin who pointed. At half the score Kerry led 0-08 to Monaghan 0-05. In the second half keeper, Edel Murphy was called into action very quickly who made a point blank save with her feet. Kerry through Bernie Breen counter attacked with the

midfielder scoring a fine long range point on the outside of her right. The second half opened up a little more with both teams expressing themselves more. Mid way through the half, Kerry opened up a 6 point lead and looked to be closing out the game. However, Monaghan stuck to their game plan and were rewarded with a goal from the penalty spot cutting the Kerry lead to 3 points. Aisling Leonard was sin binned with Kerry having to reshuffle their team, bringing Denise Hallissey who was a constant threat in wing forward with her cutting runs back to defend. Edel Murphy constantly on her guard pulled off another great save as Monaghan were chasing an elusive second goal. Kerry in the end closed out the game with the final score going to Louise Ni Mhuircheartaigh.

With Dublin defeating Cork its sets up a Kerry /Cork semi final clash on Sunday 26th April.



MONIKA DUKARASKA AND LEONORA KENNEDY RECEIVING THEIR GOLD MEDALS FOR IRELAND AT THE RECENT PIEDILUCO INTERNATIONAL REGATTA IN ITALY.





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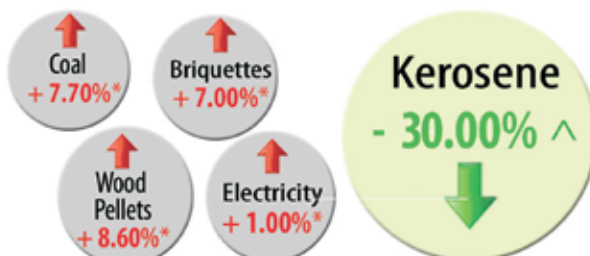
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## EAST KERRY NOTES

With **Aine Ní Shuilleabháin** PRO

### EAST KERRY JUNIOR LEAGUE - ROUND 1

#### GNEEVGUILLA 3-08 LEGION 2-11

The 2015 East Kerry Junior League, sponsored by Patrick Doyle Haulage, got off to an interesting start last week with 3 fixtures. Gneeveguilla got off to a dream start when they hosted Legion. Gerard Moynihan scored an early goal giving the home side a great start. However, Legion responded and Derek Twomey equalised with three unanswered points. Gneeveguilla replied with a second goal, from the boot of Con Buckley, giving the home side a two point lead with the score standing at Gneeveguilla 2 goals Legion 4 points. Gneeveguilla increased their lead with a further two points in the half but Legion replied with 1-03, to give the visitors a one point lead

at half time on a scoreline of Legion 1-07 Gneeveguilla 2-03. The second half proved very entertaining with both sides creating a lot of opportunities. Legion got off to the better start on the resumption scoring a second goal. However, in the final quarter, Donie O'Connor found the net for Gneeveguilla, leading to a nail biting finish. The teams exchanged points in the last five minutes and the game ended in a draw on a full time score of Gneeveguilla 3-08 Legion 2-11

**DR CROKES 3-11 GLENFLESK 0-05:** Dr Crokes proved too strong for visitors Glenflesk in their opening game in the East Kerry Junior League. Dr Crokes side built up a strong lead in the opening half leading 2-09 to 0-01, at the break, both goals courtesy of Gavin Tucker penalties, one in the first minute and the second just before the break. A Glenflesk revival was dealt a serious blow two minutes after the restart, with a third goal for Dr Crokes from the

boot of Keith O'Leary. Although the visitors notched up good scores in the second half, the home side ran out comfortable winners. Final score: Dr Crokes 3-11 Glenflesk 0-05.

**EAST REGION UNDER 16 LEAGUE:** The East Kerry Under 16 league, sponsored by MD O'Shea, is reaching the finals stages with round 4 played on Sunday and Monday the 12th and 13th April and round 5 fixed for Monday the 20th April starting at 6pm. First named team has home venue and the fixtures are Division 1A: Rathmore V Cordal/Scartaglin, Kilgarvan/Tousist V Spa, Fíries-bye. Division 1B: Legion V Fossa, Dr Crokes V Glenflesk, Beaufort-bye. Division 4: Kilcummin V Listry/Keel, Kenmare V Gneeveguilla, Currow- bye.

### QUIZ NIGHT ST PATS EAST KERRY

**HURLING:** St Pats East Kerry Hurling club is having a quiz night on Friday, April the 17th at 9:30pm in the East Avenue Hotel, Killarney.

## LEGION GAA CLUB

### WHERE ARE THEY NOW

Norway is a country that I had always wanted to visit but never got around to it so when I realised that former Legion and Kerry minor goalkeeper, Kevin O'Donoghue has been living here since 2008, it was the perfect excuse to come here. As I make my way through the Arrivals hall of Moss International Airport in Oslo, I am greeted by the Woodlawn Park native who is accompanied by his four year old son, Sean Darby who is obviously named after his late grandfather .

Kevin tells me that his wife Bekit is busy at home preparing a typical Norwegian dish "Lapkaus" for us which he quickly tells me after seeing my skeptical glance that it is very similar to Irish stew .

Son of Margaret and the late Darby, who passed away in 2011 only months after meeting his grandson, Kevin has two brothers Robert [Killarney] and David [Dublin] who both played for the club and a sister Zelie who is still living in Killarney.

As the three of us travel the one hour journey to Kevins home just outside the city, I note that the weather is quite similar to home at the moment but interestingly he says that the summers can get very warm with near twenty four hour daylight but this only serves to counteract the many snowfilled months of winter.

We use the the travel time to catch up on Kevins footballing days, not that his sporting days are over as he hopes to join up shortly with a newly formed Gaa club in Oslo. He tells me that it was Jim Trant that initially recruited Kevin to the club, a man that Kevin always respected along with men of the calibre of Dan Moynihan, Mickey Culloty and Sean Costigan. He says that

they did trojan work back in a time when the amenities were substandard to nowadays, he laughs as he recalls toggging out under a tree at St Finians pitch compared to the facilities that players have today .

I asked Kevin what made him want to be a goalkeeper and he told me that he didn't actually start playing in goals until he reached U16 level which makes it all the more remarkable that just two years later in 1994 he would play in goal for the Kerry minors only to lose out in Munster to Cork on a side that included Dr Crokes defender John Cronin and Gaeltact legend Dara O'Sé. That same year, Kevin tells me he enjoyed one of his two favourite sporting highlights when he was part of the "Sem" team that won the Corn Ui Mhuiri cup, his other being the previous year when he was on the Legion senior panel when they won the County league Div 1 final, a day he remembers for more reasons than just winning the game as he remembers that the entire squad were going to town that night to celebrate and with Kevin having school the following morning, he wasn't allowed to join his team mates but Kevin wasn't going to miss out and by the virtue of his bedroom window, he made it to town unbeknownst to his parents. Festivities ensued into the small hours and Kevin got home with just enough time to brush his teeth before being called for school.

I asked him who he remembers as the top footballers in town at the time and he said without hesitation that Denis Doody was the nicest footballer that he ever watched playing and with some reluctance he added that Diarmuid O'Donoghue could give a decent display every now and again. Other players

that stood out for Kevin were Legions John Cronin and his cousin Tom O'Connor and Dr

Crokes players Traoloch O'Lionard and Sean O'Donoghue.

I asked Kevin if he had ever travelled anywhere else before coming here to Norway and he told me that he only came here in 2008 but that he actually left Killarney in 2000 when he went to the USA along with another Woodlawn park native Brian Connolly and he stayed there until 2005 when he went back to Ireland for a couple of years before heading up here to the land of the Fjords. I knew that Kevin worked in some part of construction but wasn't quite sure what trade and he tells me that he is an electrician with a company that work on many of the large city contracts, having served his apprenticeship with Killarneys Denis O'Carroll. As we neared Kevins home, I asked Kevin if there was anything that he really misses from Killarney and straight away he says family, and then he added that he also misses the craic and he thinks that there is a banter at home that is unique to Killarney. He says that although he misses certain things from home, he finds it great to be kept updated with town and club affairs from friends like Enda Walsh and Timmy Doolan.

Just as our interview is almost complete, so is our journey ,as we pull into Kevins driveway , timing is perfect.

Time for "Lapkaus".....



KEVIN O'DONOGHUE.





Tables of 4 are €10 per person.

**CONGRATULATIONS:** Under 13 Skills Competitions. Well done to all who took part in the Under 13 skills competitions and congratulations to Rathmore's team of Cian Dineen, Cathal Ryan and Ian O'Connor who were placed first in the county finals. Congratulations also to Kenmare's team of Cian O Connor, Tommy Cronin and Cian Hanley who were placed second.

## BEAUFORT GAA NOTES

**SENIORS:** Remain unbeaten to date in the Division 3 County League when they travelled to Na Gaeil in Tralee on Saturday and came away with a draw. Two late Liam Carey points secured the point. Report on the website. Their next game is away to Castlegregory in the First Round of the Junior Championship on Sunday at 2pm.

**MINORS:** Next game is away to Glenflesk in the County League on Friday evening next at 6.30pm.

**KERRY MINORS:** Best of Luck to Mike Breen who has been named at centre-back for the Kerry Minors who take on Clare in Tralee in the Munster Championship at 7pm on Wednesday evening next.

**U16S:** Were beaten by Dr. Crokes on Monday evening last on a score-line of 6-17 to 3-6. They played Fossa this week and have a bye on April, 20th.

**U14 GIRLS:** Played Na Gaeil on Easter Monday and secured a 7-6 to 3-10 win.

**LOTTO:** Next lotto draw for jackpot of €4,000 will be held in Kate Kearney's Cottage on Sunday, 19th April.

**HOSPICE WALK:** A huge thanks to all who took part and contributed to the Good Friday Walk. It was a great day. Well done to all involved in organising it.

**RING OF THE REEKS CYCLE:** Beaufort G.A.A. Club and Killorglin Cycling Club have joined forces again this year to bring you the 'Ring of the Reeks', Caragh Lake Loop and the 'Ring of Beaufort' leisure spins which will be held on Saturday, 4th July. More details later.

## FOSSA GAA

**LOTTO:** 12th April 2015

Numbers drawn were 2, 9, 22, 26. There was no Jackpot winner and next weeks Jackpot will be €9,900.

**MINORS:** The minor team will play Cordal/Scart in the last round of the County League this Friday evening in Fossa at 6.45pm, all support welcome.

**U-12 BOYS: FOSSA 4-14 DESMONDS 2-05.** A great start for Fossa under 12's on a great day for football. Our boys got off to a good start and kept it going throughout. Desmonds were unable to field a second team so our other team just had a fun game with some Castleisland boys joining in. Well done and next week we are in Ardferat at 6.00pm, training will

be on Tuesday and Friday. at 6 .00pm.

**U-14'S:** The Under 14 Boys played the second round of The County League Wednesday away to Knock/Brosna in Knockgoshel. This was a cracking game - the big open pitch of Knock suiting both set of youngsters and they served up a display of open and attacking football that would warm the heart. The final score was Fossa 5-15 to Knock/Brosna 5-10 tells the story. They are away to Moyvane/Tarbert this Wednesday 15th at 7.15pm.

**U-16 BOYS:** The U-16 Boys are away to Legion on Monday 20th at 6pm in the final round of the East Kerry League.

**LADIES FOOTBALL:** Fossa u14 girls put in an immense performance against the Division 1 table toppers Corca Dhuibhne. Fossa went down on a score of Fossa 4-4 to Corca Dhuibhne 4-15. On Tuesday our U12 girls started their County Leagues Preliminary rounds. The girls faced Laune Rangers where we saw a fantastic display of football by our young stars. Seeing them go down by 3 points, final score Fossa 3-7 Laune Rangers 5-4. On Thursday evening our u16 ladies travelled to Rathmore in the opening round of the U16 county leagues. Fossa with a few regulars missing were drawn with Rathmore at half time. A late rally by Rathmore saw them hit Fossa with late goals. Final score Fossa 3-9 to Rathmore 6-6. Our seniors ladies had two games last week, on Sunday they overcame Beale on a score of Fossa 3-14 to Beale 1-5. Friday evening the girls travelled to Dromid. Fossa 1-2 Dromid 2-5. It is great to see the ladies club competing in all age groups in the County leagues.

**THE KERRY LADIES U14:** County team are playing Waterford on Saturday April 18th in the Munster A Championship semi final. Best of luck to Shelly Clifford and Anna Clifford who are part of the team.

**THE KERRY LADIES U16:** County team are in action next Sunday April 19th away to Cork in the Munster A championship. We would like to wish Fay O'Donoghue, captain, Anna O'Reilly, Hanna O'Donoghue and Erica McGlynn the very best of luck.

## SPA NOTES

**TABLE QUIZ:** The club is hosting a table quiz in the Torc Hotel on Friday April 24th. We are expecting a large attendance. Contact John O Donoghue 087 9403517.

**COISTE NA NOG:** Training resumes this Saturday 18th for our U6 and U8 boys at 11am. Our U6/u8/u10 girls started back again on Wednesday 15th at 5pm. Please bring runners and boots.

**U13 SKILLS COMPETITION:** Well done to Oisín Walsh, Cian Murphy, Matt McAuliffe and sub Gary O'Sullivan who gave a great display of skills but lost out to the Rathmore trio.

**U14 CO. LEAGUE:** Spa played a very strong Listowel team at home last Wednesday evening. Spa ran out easy winners in the end on a scoreline of 5-16 to 4-6 and look forward



PICTURED IS KERRY ALL-IRELAND WINNING CAPTAIN, FIONN FITZGERALD WITH DR CROKES JUVENILES AS THEY RECEIVE THEIR COMMEMORATIVE TRAINING TOP AFTER THREE WONDERFUL DAYS OF GAMES, COACHING AND SUNSHINE DURING THE RECENTLY HELD EASTER CAMP AT DR. CROKES.

to a away game next to Dingle.

**U16 SPA V RATHMORE EAST KERRY LEAGUE:** Spa U16 came up against a strong Rathmore side in Rd3 of the East Kerry League on Monday at Spa. Rathmore ran out 3-7 to 2-8 winners.

**LADIES FOOTBALL:** U12s Played their first game in the Co league away to Furies. Great team effort with excellent scores on the night.

**U14S: SPA 1-10 FINUGE 3-3**

This was the most nail biting game so far this year with excellent performances from both teams. A great team effort with each player giving it 100%.

**U16S: SPA-SCARTAGLEN V FINUGE-ST. SENANS:** Lost by 2 points on the night away in Finuge. A great team effort by the team especially since it was their first game together. Very unlucky with some scores but a great expedition of football by the girls.

**SENIOR LADIES: KILCUMMIN 1-8 SPA 3-10:** Won this vital game in Kilcummin with a brilliant team effort by all players.

**SENIOR MEN CO. LEAGUE:**

**JOHN MITCHELS 0-16 SPA 1-8:** Played away to John Mitchels in very blustery conditions. Shane Cronin scored the only goal of the game but was well executed. Shane had a great game and added a few more points to his tally on the day. Liam Kearney, Cormac Cronin and Stam O'Donoghue equally worked hard for Spa.

**JUNIORS:** Gave a walkover to Rathmore as couldnt field a full team on the night.

**UPCOMING FIXTURES:** Friday 18th April Spa Minors v Kerins O'Rahillys at 6.45pm in Spa. Intermediate Championship Round 1 Saturday April 18th at 6.30pm.

Spa v. Annascaul in Spa.

**SPA LOTTO DRAW:** Arbutus Hotel 12/04/2015. Numbers drawn 1, 12, 14, 17. No winner. Lucky Dips €50. Next weeks draw in The Killarney Heights for €6600

**CLUB MERCHANDISE:** Please contact Mathilda McCarthy (087) 648 7356 to purchase our new range of Club gear.





**LILY OF KILLARNEY:** The ladies committee will host our Annual Social Event on Friday May 22nd in the Gleneagle. Follow this event on Facebook. More details to follow in the upcoming weeks. Further information contact Sheila Curtin 0864089506.

**SPA COMMUNITY NOTES:** Sympathy is extended to the relatives of the following who died during the past week: Tim Moynihan, Minish and Paddy O'Sullivan, Arbutus Drive and late of Tullig. May they Rest In Peace

## LEGION GAA CLUB NOTES

**DESIGNER FASHION EVENT:** Cairde an Leigiun is delighted to announce that on Thursday April 30th in the Malton Hotel we will be hosting an unmissable occasion in association with the Norma O'Donoghue Model Agency. A Designer Fashion Event where the country's top fashion designers and boutiques will be unveiling their latest creations and styles. We are also delighted to be teaming up with two of the up and coming hair and beauty specialists in Allure Hair Salon and Before and After Make Up Artists who will be showcasing their talents on the night. With a drinks reception and apres show entertainment it promises to be THE event of the year in Killarney. Top magazine RSVP will be covering the event. Tickets will be limited so to avoid disappointment, get yours early, available from Keanes Jewellers, Kerrys Boutique, Continental Cafe, Malton Hotel and Christina Tagney and are priced at €20.

**JUNIORS:** A late rally which yielded 2 Donal Lyne points was enough for the Juniors to earn a draw in the opening round of the East Kerry Junior League.

**GIRLS U14 FOOTBALL:** Well done to our Legion U 14 girls who won their match against Mitchell's last Thursday evening in Direen. They showed great determination to score 3-6 to 1 goal.

**GIRLS U16 FOOTBALL:** The u16 girls opened their season with a comprehensive win over Kanturk in the Brigid Dineen Memorial Tournament last Friday. The girls put on a fantastic display and an open game ensured that every girl got a chance to play in different positions.

**U12 BOYS:** Mixed results for our Under 12 boys in round 1 of the County Division 1 in Dirreen last Sunday evening against Na Gaeil. The Green team lost by a point on a scoreline of 3-08 to 4-05 while the White team won convincingly 3-11 to 0-05.

**SENIOR COUNTY LEAGUE:** Played in Derreen last Saturday evening, after a slow start and conceding a penalty to Rahillys in the first half, Legion came back into the game with a punched goal by Conor Keane left the half time score Legion 1-05 to Rahillys 1-03. In the second half Legion extended their lead before Rahillys fought back with 3 unanswered points to level the Game at 1-06 a piece, Legion regained the lead with a well struck free from an acute angle

from David O'Sullivan, before Legion conceded a point from a free in the closing minutes to leave the Fulltime score at 1-07 a piece. Legion Scorers: David O'Sullivan 0-5pts, Conor Keane 1-01pt and Jamie O Sullivan 0-1pt.

**SYMPATHY:** The club sends its sincere condolences to the family of Sean Hallissey of Park Drive who passed away last week. Ar Dheis De go raibh a Anam Dilis

**FIXTURES:** Senior club Championship away to Kerins O'Rahillys this Saturday at 6.30pm. All support very welcome.

## MILLTOWN/LISTRY

**SENIOR LADIES:** Milltown/Listry Senior Ladies had another epic win in Ballinskelligs against Dromid. This was a super display by a very committed and dedicated bunch. Well done to Darragh and his girls. Special thanks to Jeremiah Hayes for stepping in to help at this game. Full time score 6-11 to 5 points. Thanks to all supporters who travelled to support the team. On Friday last the girls had another victory over Annascaul, Milltown Listry 5 9 to Annascaul 3 goals. Well done to all involved. Anyone who has not paid Club Membership please do so immediately any queries can be made to Martina on 086 1673109

## DR. CROKES NOTES

### MATCH REPORTS

#### CO LEAGUE DIVISION 1

##### DR CROKES 0-16 KILCUMMIN 0-9

The main highlight of this encounter was the return to a starting role for Colm Cooper, who lined out in his iconic number thirteen jersey for the first time in over a year. Although Kilcummin opened the scoring, points from Cooper, Brian Looney (3), Aaron Murphy, Daithi Casey and Kieran O'Leary pushed us into a 0-7 to 0-1 lead after the first quarter. Kilcummin responded with five points, offset by further Crokes scores from Chris Brady (2) and O'Leary to see us lead by 4 points the break. Kilcummin goalkeeper Shane Murphy made two smart saves from Cooper and Brady to deny Crokes a goal, but the home side outscored their opponents by six points to three in the second half, the Crokes scores coming from O'Leary, Cooper (3), Casey and Johnny Buckley.

#### CO LEAGUE DIVISION 4:

**CROMANE 1-11, DR CROKES 1-9:** First defeat of the season for this team who were unable to preserve a lead to the finish having lost a player to a red card.

#### EAST KERRY JUNIOR LEAGUE:

##### DR CROKES 3-11, GLENFLESK 0-5

Comfortable opening league victory for the home side with the game effectively over by halftime with Crokes leading 2-9 to 0-1, the two goals courtesy of Gavin Tucker penalties, both coolly converted. Keith O'Leary removed any doubt of the result with a third goal in the second minute after the break and the game drew to its inevitable conclusion.

**JUVENILE ACADEMY:** The Juvenile Academy continues to flourish with large numbers enjoying the Hurling coaching from 10:00-10:40am and Football from 10:40-12:00 noon where there is plenty of activities and no shortage of fun and games for the children aged 3-10. We are always open to new members and with fully qualified and Garda vetted coaches, all children are guaranteed to learn the skills of Gaelic Games in a safe, friendly environment.

Come along next Saturday to sample the fun. The annual Easter Camp was a great success, the fine weather adding the the tremendous array of fun games and skill development organised by Coaching Officer, Kieran Ward and his team. All the participants also received a Dr Crokes training top at the completion of the the three days coaching.

**UNDER 12:** The U12s opened their season by entertaining Laune Rangers at Lewis Rd on Sunday 12 April 2015 with both sides having to play second best to the visitors.

**UNDER 14:** Crokes U14s bounced back from an opening round defeat to register their first County League win at home to Kenmare on Wednesday 8th April. They added to this progress by qualifying from their group in Feile at Rathbeg on Saturday and will contest the County Semi-final of this competition this coming weekend.

**UNDER 16:** Our U16s also entered competitive action this last week and came home from Beaufort with a win in the East Kerry League.

#### HURLING: UNDER 16 HURLING:

The Dr Crokes/ Rathmore combined team defeated Ballyheigue 7-16 to 5-3 at Lewis Rd on Thursday 9 April. Again any young boys who would like to take up and learn the skills of hurling can join the underage panels by contacting John at 087-6534444.

**LADIES FOOTBALL:** Our U12s started their County League with a narrow defeat to Glenflesk. The U14 Girls however recorded back-to-back wins this week against Laune Rangers B and Castlegregory.

**LOTTO:** Draw took place in the Tatler Jack Bar on Sunday last. Numbers drawn 10, 17, 18 & 19. Next week's jackpot is €5,700. Draw will take place in the Tatler Jack Bar on Sunday 19 Apr 2015.

**MASTERS CHALLENGE:** When the dust had settled after four days of competition John Griffin came through in the final round to emerge as overall winner of our Masters Challenge, scooping the first prize of €1000. Thanks to all who entered this very popular fundraiser towards club expenses and we look forward to another tight contest for the US Open Challenge in June.

**SYMPATHIES:** Sympathy to the family of Patricia Foley, New St Killarney whose son John was a member of our All-Ireland winning panel in 1992 Ar dheis De go raibh a hanam.





# OUTLOOK SPORTS NEWS

Deadline: Monday 5pm Email: news@outlookmags.com



## KERRY TO SIT AT HURLINGS TOP TABLE NEXT YEAR



ALLIANZ NHL DIV 1B PLAYOFF

**KERRY 2-16**

**ANTRIM 1-18**



We said it here last week, hurlers win games and not bookies and so as we cash in our 9/2 winning docket it's time for the county to bask in the amazing achievement by our county's hurlers who finally managed to clear the fences the GAA has put in front of them over the last three years.

Even at half time as Kerry trailed 0-11 to 0-3, there was still hope. Kerry had hurled not all that badly as nine first half wides including three goal chances looked as if they would come back to haunt them. Most of that damage coming in the last twelve minutes where Antrim tagged on nine unanswered scores.

Kerry took control of the wind elements for the second half and set about their task immediately with points by Patrick Kelly, Shane Nolan and John Griffin had the task reduced to manageable lengths. Despite some counters by Antrim with points from Shiels and sub Conor Johnson, Kerry were building a head of momentum. Colm Harty brought loud roars from the stands of Parnell Park when he crashed his effort to the net to have just two in it with a quarter to play. However Antrim showed heart and when PJ O'Connell netted it looked as if they would hang on but once more Colm Harty found a goal for Kerry when he scooped in from close range after a defensive error leaving just three in it once more. Kerry were now in control and when Daniel Collins got the equaliser it looked that extra time would be required. However there was to be a dramatic last minute with John Egan firing over the winner while Antrim had one final shot but Conor Johnstone saw his shot go wide of the post as Antrim vacated their seat at hurling's top table as Kerry finally get seated as equals among the elite.

**KERRY:** S Murphy, D Fitzell, P Costello, B Murphy, S Weir, D Dineen, D Collins (0-01), J Griffin (0-01), P Kelly (0-01), C Harty (2-00), S Nolan (0-08, 0-05f), M O'Leary (0-04), M Boyle, P Boyle, K Carmody.

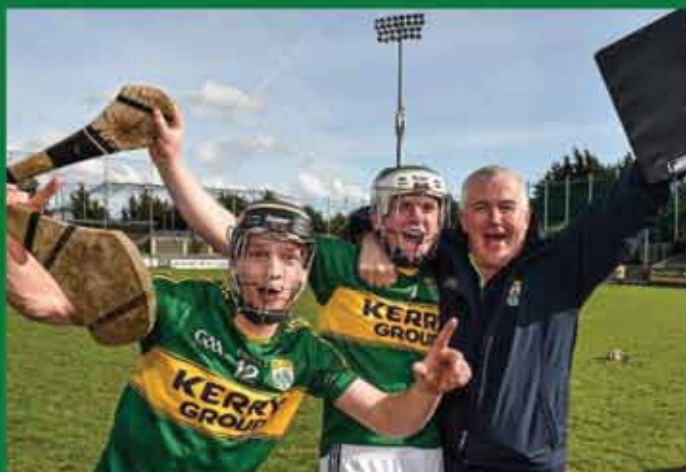
Subs: J Egan (0-01) for Carmody, J Flaherty for P Boyle.

**ANTRIM:** C O'Connell, O McFadden, N McAuley (0-01), A Graffin, E McAlonan, N McManus (0-01), C McKinley, E Campbell, M Bradley (0-01), P Shiels (0-07, 0-07f), C Carson, D McKernan, PJ O'Connell (1-02), M Donnelly (0-01), C Clarke (0-03, 0-01f).

Subs: C Johnson (0-01) for McAlonan, M Dudley (0-01) for Carson, D Hamill for Bradley. **Referee:** Sean Cleere (Kilkenny).



SEAN WEIR BREAKS FREE FROM THE ATTENTIONS OF 2 ANTRIM ATTACKERS IN PARNELL PARK ON SATURDAY



DANIEL COLLINS AND COLM HARTY CELEBRATE KERRY'S VICTORY OVER ANTRIM WITH HURLING OFFICER GER MCCARTHY IN PARNELL PARK ON SATURDAY.

## PROMOTION GAINED BUT CHRISTY RING NEEDS TO BE WON

The scenes that followed the aftermath of Kerry's victory on Saturday were heart-warming to say the least and ones that would not be commonly associated with Kerry hurling. In many ways, it was a remarkable journey from their last gasp draw against Derry in their first round at Austin Stack Park.

That day Eamon Kelly was solemn about his team's performance as they gathered the draw was greeted as a loss having being six points up at one stage. A hammering from Westmeath followed and Kelly still came out to bat for his team saying, "our performance was not as bad as the result".

While impressive results followed with wins over Carlow and London, it was still in the laps of the Gods as lowly Wicklow produced a shock result against Derry and Kerry were back in the final against Westmeath. On paper it was a final that they should not have won but five first half goals put Kerry on their way to yet another Division 2A title. It was another feather in Kelly's cap but

unlike last season, Kerry were going to go that extra mile and despite the fact that Antrim had failed to win a game Division 1 level. They would still been favoured to defeat Kerry and in the end it was the bravery of John Egan that separated the sides as he took on the responsibility to fire over Kerry's winning effort.

Shortly afterwards and Kerry made national sports headlines and rightly so. Their promotion to the top tier of the league has not been easy; the games that will follow next season will not be easy either. Clare, Limerick, Wexford and Offaly all operate at a much higher level of the championship and with bigger picks, they will already view Kerry as "small fry" so that is why Kerry need to back up this momentum with getting their hands on the Christy Ring Cup and get their golden ticket into the Senior Championship proper for 2016. To get into a group with Westmeath, Carlow, London and Antrim and to be guaranteed at least a number of senior championship games will certainly give

Kerry players something to aspire to and in time travel that ladder even further.

Kerry hurling has always lived around the edges of the GAA and Kerry GAA Chairman Patrick O'Sullivan revealed his support "We will do everything we can to help the team and players progress" So now it is time for us to play our role and get out and make an effort to support them. You can start on 2nd May in Tralee when they host Down in the first round of the Christy Ring.







MILLTOWN/LISTRY U16 CHESS TEAM WHO WILL REPRESENT KERRY IN THE COMMUNITY GAMES IN THE MUNSTER FINALS. LEFT TO RIGHT: MICHAEL O'MEARA (COACH), TOM STEPHENS, MALACHY BROADBERRY, FIONN NIDEGGER, PAUDIE HORGAN AND MARK O'BRIEN. MISSING FROM PHOTO JASON DINHAM

## MILLTOWN/LISTRY COMMUNITY GAMES

**CHESS:** We had 2 chess teams in action at Na Gael GAA Clubhouse last Sunday. There was only 2 areas competing at U16 level, ourselves and Glenflesk. We played in a straight final and it proved to be a very exciting affair. Glenflesk won the first 2 games and so we had to win the remaining 3 to be successful. We got back to 2-2 and it was tense as both remaining players played out their game. We won it and so claimed the match on a scoreline of 3-2. This team now goes forward to represent Kerry in Munster finals at UL on July 4th. **TEAM:** Malachy Broadberry, Paudie Horgan, Fionn Nidegger, Tom Stephens, Mark O'Brien, Jason Dinham.

We also a very young U13 team in action and this team performed brilliantly to win the bronze. There was 5 areas playing and our team won 2 games and lost 2 games. All are underage again next year and are already looking forward to competing again next year!

**TEAM:** Brendan Casey, Cian Spillane, Cian O'Connor, Eliot Broadberry, Rachel Broadberry, Rian O'Sullivan.

Thanks to Michael O'Meara who has been an excellent coach to both teams and also to parents who travelled to support our teams and helped out with our training sessions.

**INDOOR SOCCER:** Our U13 girls competed in the Kerry finals last Sunday in Duagh, having qualified from their group section on Easter Monday. This was a round robin competition with the top 4 teams playing each other. The girls played very well and were unbeaten in their 3 games, drawing each of them and unlucky not to win some of them. They finished 3rd and so won the bronze medals. **TEAM:** Niamh Broderick, Caoimhe O'Donoghue Flynn, Caoimhe Burke, Elisha Bradley, Kayley Roche, Maggie O'Dowd, Kitty O'Dowd, Milly Mason. Thanks to Mike Broderick and Linus Burke for coaching the team and to all the families who travelled to support the girls on both days.

**UPCOMING EVENTS:** Sunday April 19th Kerry Swimming Comp in Tralee Sport Complex.

Saturday April 25th Milltown/Listry Athletics Day in Listry GAA Grounds with registration at 1.30pm.

## MUCKROSS ROWING CLUB

**ROWING IRELAND TRIALS:** Congratulations and well done to junior Zoe Hyde who recently competed in national trials at the National Rowing Centre in Iniscarra. Our thanks to club captain Eadaoin Moynihan who travelled with Zoe for the trial event.

**EVENTS UPDATE:** The Skibbreen Regatta scheduled for last weekend was postponed owing to concerns over the weather forecast. The event will now run on Sunday 3rd May 2015. The Limerick Regatta and Schools Regatta are scheduled to take place on Saturday 25th and Sunday 26th April, both at O'Briensbridge. Further ahead the Lee Regatta is scheduled for the 16th May at the Marine in Cork. Following a recent meeting of Rowing Ireland, the fixtures calendar for 2016 was agreed and our own Muckross Head Of the River will retain its slot for the first Saturday in December.

**UNI CHAMPS GOLD FOR MUCKROSS DUO:** Congratulations to Kara O'Connor and Aileen Crowley who won gold last weekend at the University Championships as part of the UCD Boat Club Womens Senior Eight crew. Both Kara and Aileen achieved great success at junior level with Muckross and all in the club are delighted for them and their Championship win.

**COUNTY CLEAN UP DAY:** The club is pleased to support the Kerry County Clean Up Day this Saturday. Coaches and committee members will be circulating details of where and how to get involved. For the latest details, see our Facebook page facebook.com/muckrossrc.

**MUCKROSS LOTTERY:** Results of Muckross Lottery for Saturday 11 April 2015. Numbers drawn: 3, 5, 21, 26. Lucky Number: 13. Match 3 Winner: Mary Fleming. Next draw Saturday 18 April 2015 at Molly Darcys. Jackpot: €2,650. Match 4 plus Lucky Number in panel 2: €3,650.

## GNEEVEGUILLA ATHLETIC CLUB

**LOTTO:** No winner of our lotto draw 10/04/2015, numbers drawn were 3, 9, 23 and 30. Next week's jackpot €9,000 plus €1,000 bonus.

**TRAINING:** Summer training times are as follows in Riocht Track Monday 7.30- 8.30 pm and Fridays 6.30 – 7.30 pm. All athletes are encouraged to attend training.

**CLUB RELAYS:** We will be selecting children for club relays during training sessions. It is necessary for all athletes to attend training.

**GNEEVEGUILLA OPEN SPORTS:** Will be held on Sunday April 26th at 1.00 pm in Riocht Track Castleisland. Many events for all age groups.

**COUNTY AWARDS:** The county awards were

held in Listowel on Saturday last, a great night was had by all who attended. The following from our club picked up awards: Juvenile Cross country - Francis Cronin; Master Cross Country & Road – Robert Purcell; Master Track & field – Annette O'Brien; Cross Country Team Of The Year – Ann Marie Costello. Gary Cronin and Matthew Collins picked up Club awards.

**IRISH UNIVERSITIES IN BELFAST:** At the Irish Universities Championships held in Belfast last weekend, Mairead O'Neill was 2nd in Hammer and 3rd in W.O.F, Hannah O'Sullivan was 2nd in shot.

## RATHMORE GNEEVEGUILLA COMMUNITY GAMES

Big congratulations to our U11 Mixed Basketball team who won Gold on Saturday in Duagh. Early morning started in Castleisland with three wins against Fries, Glenflesk and Castleisland. We reached Duagh in the afternoon and continued to win against Currow and won the final against Caherslee. We would like to thank our coaches Jim Hughes, John Hurley, Mags Fitzgerald and the follow gallant group of players: Caoimhe Guerin - Crowley (Capt), Tara O'Leary, Roisin Brosnan, Michelle Cronin, Orla Cremin, Sean



RATHMORE/GNEEVEGUILLA U11 MIXED BASKETBALL TEAM WHO WON GOLD ON SATURDAY IN DUAGH.

Hurley, Ross O'Leary, Sean Finnegan, Darragh Fitzgerald and Fionn Murphy. This team will join our U13 Boys Basketball team, to compete in the Munsters on 4th July, best of luck to everyone involved.

Well done also to our U10 girls Indoor Soccer who also competed in Duagh at the weekend. A good start to the day with victory over Ballyduff 1-0, however Moyvane came back to win 2-1, which led us to meeting Duagh (eventual Gold winners) who knocked us out of the competition. A great performance to our players on the day, Leeanne Fleming, Lilly Sheering, Chloe O'Leary, Jennifer Dineen, Ella Guerin-Crowley, Amy Fleming, Shannon O'Sullivan and Joanne O'Keefe. Thank you to the parents for travelling to Duagh on the day and for all their support. Best of luck to all competitors who are taking part this Sunday in Tralee at the County





swimming finals, results next week.

**UPCOMING EVENTS:** U14 girls football training – anyone from our area who plays football is eligible to come and try out. Contact our officers, Aeneas, Cynthia or Ann, for training times

Cross country & mixed distance race U12, U14 and U13 & Duathlon – names currently being taken

Futsal training commencing every Friday at 7.00 pm in The astro Pitch, Rathmore cost €2.00.

## KILLARNEY COMMUNITY NOTES

## SOUTH GAMES

**SWIMMING:** The swimming competition is to be held on April 19th. Those interested should forward their entries to the email address given below.

**THE FOLLOWING ARE THE UPCOMING**

**FIXTURES:** Swimming U.8/U.10/U.12/ U.14/U.16 on Sunday 19th April at Tralee Sports Complex. Names now being taken for U.12 soccer Sunday 26th April 3pm Mastergeeham pitch. Contact Martin Muldon on 083-1229008. U.14 girls Gaelic Football Monday 4th May Legion Pitch, contact Philip Gammell 087-2361285

**CROSS COUNTRY COUNTY TEAM EVENT:**

All those interested in cross county running both on teams and individual level should make contact as qualifiers for the county team are coming up in the next few months.

**FACEBOOK:** Please follow Killarney South Community games on Facebook for all new updates, pictures and reports. All electronic queries can be forwarded to [killarneysouthcommunitygames@gmail.com](mailto:killarneysouthcommunitygames@gmail.com).

**WELL DONE:** To the U.14 Quiz Team of Jamie Muldoon, Eoghan O'Sullivan, Cillian Hickey and David Osborne who performed very well at the County Finals recently.

## FOSSA COMMUNITY GAMES

**FOSSA U11 MIXED BASKETBALL TEAM:**

Won bronze medals at the Kerry Community Games Finals held in Duagh last Saturday. With 12 teams competing we had a tough draw up against St. Brendans/Oakpark, Currow/Currans and Duagh/Lyre. These teams were all evenly matched and the games were hard fought with nothing but a basket between them in the final result. Only 2 teams went through to next round and it was Fossa and Currow/Currans that made it through. Fossa were in a play-off for a place in the semi finals against Furies again another tough battle with only a throw of the ball deciding it with Fossa coming out on top. Next up for us was Rock St/Caherslee and Fossa gave it everything but tiredness caught up with them in the end and unfortunately they didn't have the legs to keep up with the fresher Rock St/Caherslee despite every member putting in a



AT THE PRESENTATION OF PRIZES OF THE GLENEAGLE SQUASH CLUB MONTHLY COMPETITION SPONSORED BY THE AQUILA CLUB WERE SEATED FROM LEFT, EOIN HORAN, AQUILA CLUB, DONAL O'SULLIVAN, CAPTAIN OF WINNING TEAM AND MIRIAM MURPHY. BACK FROM LEFT ARE SEAN CASEY SEAN MORRIS, JORGE GAGO, ANDREA MONTOLIO, MIKE CROWLEY, KEITH CRONIN, PHILIP O'CONNOR, CONNIE DOYLE, BERNICE ENRIGHT AND TOM MURPHY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM).

great performance. In the 3rd/4th place playoff they faced Currow/Currans once again and after a great sporting battle it was Fossa who finished on top this time earning themselves the bronze medals. There was a great standard of basketball played by all teams throughout the day and the team can be proud of their achievement. We wish Rathmore/Gneeveguilla the winners on the day all the best in the Munster Finals. The Fossa team were as follows: Sean Dineen, Ellen Kennedy, Alicia Burke, Darragh O'Brien, Darren Ryan, Rocco Sheehan, Sophie Dennehy, Shea Weldon, Olivia Gaffey and Tara Murphy.

## KILLARNEY RFC UPDATE

**MINIS – END OF SEASON:** Our minis section held a hugely enjoyable 'End of Season' party and awards presentation following last Saturdays final training session of the season. Following on from what was undoubtedly a hugely successful season, our hard working coaches and players will take a well earned rest over the summer. Over the year, we had teams at all ages representing Killarney RFC at Blitzes in Killorglin, Castleisland, Tralee, Listowel etc and the pride in the Red and Black jersey was something to behold. Mini Rugby is thriving in Killarney. This is due in no small way to the hard work of our Co-ordinator Tom Campbell, who was on hand to perform the MC duties on the day. In all, almost 100 children received wonderful Killarney RFC medals and there were awards given to each age category for 'Most Committed Player' and 'Player of The Year'. There were plenty of sweets and crisps to go around also, so a fantastic day was had by one and all. We would like to thank all the coaches who worked tirelessly all season: Derek Dennehy, John O'Leary, Liam Murphy, Ed Stack, Ian Harrington, Tom Campbell, Pat F. O'Connor, Denis Corridan, Seamus Grealley, Seamus Kelly and Paul Neary. Also our Liaison Officer Dora Campbell must get a mention of thanks for her hard work all season. We would like to send a heart felt thanks to the parents who brought their children to play rugby all

season, in rain, hail or shine. Finally a huge thank you to each and every child who trained in literally all 4 seasons weatherwise (often in one day!) to learn the game of rugby. We hope you enjoyed your season and enjoyed the final day party also. See you all next September in our new home in Aghadoe!

**TAG TUESDAYS:** We are starting our famous "Tag-Tuesday" nights at Killarney Community College pitches on Tuesday, May 5th for the summer months. This is a weekly series of games of tag rugby, which is a non-contact version of touch rugby. It includes teams of 7 players, with a minimum of 3 ladies on the field at a time. To tackle a player in possession you simply remove one of the two tags which each player wears on each hip (Velcro). It's a fast and fun way to get to meet people, have the craic and get fit as well as learn a new sport. We help beginners learn the game and within 2-3 games you will be playing at full tilt.

To play, come along on Tuesday at 7pm to the College grounds on Port Road or New Road, Killarney (by the Cathedral) and sign up. Summer fees are just €50 for the whole summer! We play on grass, so we recommend football boots and that you bring at least one friend! You never know who you might meet! Check out Tag Tuesdays on Facebook. Text Mike Fuller on 087 6489628 for enquiries. Over 18s only. Party nights are also part of the craic.

**MUNSTER RUGBY SUMMER CAMP:** The annual Munster Rugby summer Camp will take place next July at Killarney community college. The camp kicks off on Monday the 20th of July until Friday the 24th of July. Each participant will receive an official summer camp pack comprising an Adidas Summer Camp t-shirt, Adidas shorts and socks, draw string bag, mouth guard and one junior ticket to a Munster Pre-season match! Check [www.munsterrugby.ie](http://www.munsterrugby.ie) for booking details. Book your place before May 1st to get the special promotional rate of €75 per child!



## SCHOOL BOY/GIRL SOCCER SEMI-FINAL PAIRINGS IN CUP AND SHIELD KNOWN:

### CUP RESULTS:

#### John Murphy 12's Cup ¼ Final:

Listowel Celtic A 0-1 Park A.

#### John Murphy 12's Shield ¼ Final:

Mastergeeha B 1 -3 Camp Juniors B.

#### John Joe Naughton 13's Cup ¼ Final:

Listowel Celtic 0-0 Ballyhar AET.

Ballyhar win 3-1 on penalties.

#### John Joe Naughton 13's Shield:

Killarney Celtic B 0-2 Ballyheigue.

Mastergeeha 6 -1 Killarney Celtic C.

#### Tom Hayes 14's Cup ¼ Final:

Camp Juniors 7-1 Park B.

#### 15's Cup ¼ Final:

Listowel Celtic 2-2 Park A AET.

Park win 3-4 on penalties.

#### 15's Shield ¼ Final:

Inter Kenmare 1-0 Killarney Celtic B.

#### Tucker Kelly 16's Cup ¼ Final:

Tralee Dynamos 4-0 Listowel Celtic.

Mastergeeha 0 -3 Killorglin.

#### Munster WFAI Girls 14's Shield:

Killarney Celtic 2-0 Kilcolman.

#### Munster WFAI Girls 16's Cup

Dungarvan 3-2 Dungarvan.

### LEAGUE RESULTS:

#### Daly's Supervalu 13 Premier:

Listowel Celtic 6 - 1 Camp Juniors.

#### 13 Division 1:

Killorglin 3-0 Killarney Celtic B.

#### 13 Division 2:

Listowel Celtic 0-3 Castleisland.

St Bernards 1 - 5 Dingle Bay Rovers.

#### Foundation Sports 14 Premier:

Park A 6-0 Listowel Celtic.

#### Killarney Plaza 15 Division 1:

Park B 2-0 Killarney Celtic C.

Castleisland 2-0 Killarney Athletic.

#### Tralee Trophy World 16 Premier:

Killarney Celtic 3-0 Mastergeeha.

#### Tralee Trophy 16 Division 1:

Inter Kenmare 0-2 Camp Juniors.

Park A 0-1 Fenit.

**REPORTS:** School Holidays mean busy week on the soccer fields: There were still a number of positions in the Cup and Shield semi-finals to be decided in what was a busy week and weekend.

### CUP REPORTS:

#### JOHN MURPHY 12'S CUP AND SHIELD:

**JOHN MURPHY 12'S ¼ CUP FINAL:** One goal from Cian Brosnan was enough to send The Park into the semi-final. Listowel Celtic will be disappointed as they missed two first half penalties.

In the Shield ¼ Final Camp Juniors made the trip to Kilbrean Park a winning one on a 3-1 score-line. Mark O'Shea scored for Mastergeeha but it was the goals from Michael Carey 2, and Jade Larkin that sees Camp Juniors progress.

#### NEW NAME ON THE 13'S CUP AND

**SHIELD:** The League is delighted to be able to honour the memory of the late John Joe Naughton as the 13's Cup and Shield is now named in memory of the St Brendan's Park

stalwart.

In the Cup quarter final Listowel Celtic and Ballyhar could not be separated in normal or extra time. However it was the visitors from Murt Scott Park who kept their nerve in the penalty shoot-out. Danny Cronin, Jason Brennan and Dylan Callaghan were all successful from the spot with goalkeeper Cian Ring saving 2 Celtic's penalties.

In the Shield goals from Thomas Gaynor and Jordan Goggin saw Ballyheigue progressing to the Shield semi-final after a 2-0 away win over Killarney Celtic B.

Mastergeeha were too strong for Killarney Celtic C and booked their place in the semi-finals thanks to a 6-1 win. It was a game of two halves as Celtic played with the wind and were 1 up at the break. However Mastergeeha took over in the second half and goals from Con Fleming, who hit a hat trick, with Shane Warren, Darren Lehane and Nathan McCarthy all getting one each to see them through.

#### TOM HAYES 14'S CUP ¼ FINAL:

Camp Juniors took the final place in the Tom Hayes 14'S Cup semi-final as they proved too strong for Park B. Colm Moriarty, Jack Farrell, Killian Falvey, Sean Og Moran and Conor O'Brien were all on the score-sheet. Mark Dziedziuch replied for the Park.

**ACTION IN 15'S CUP AND SHIELD:** In the 15's Cup ¼ final Listowel Celtic and The Park tied 2 all after extra time. Michael Slattery got both goals for the Park. Jack Kelly and Michael Kennedy got the goals for Listowel Celtic. In the penalty shoot-out The Park won 4-3 with Park goalkeeper Thomas Burke proving to be the hero.

In the 15's Shield a Tom Murnane goal was all that separated Inter Kenmare and Killarney Celtic B send the home side into the semi-finals.

#### CELTIC GIRLS PROGRESS IN MUNSTER:

In the MWFAI 14 Girl's Shield Killarney Celtic defeated Kilcolman 2-0 in Celtic Park to progress to the semi-finals where they will be at home to Askeaton or Kilcornan. Anna Clifford was the Celtic hero getting both goals.

Killarney Celtic's 16 girls were away to Dungarvan and qualified for the 16's semi-final with a 3-2 win. Kate Stack and Hannah O'Donoghue 2 were the Celtic scorers. They will be at home in the last 4 to either Douglas Hall or Tramore.

### LEAGUE REPORTS:

**MORIARTY'S CENTRA 11'S:** With their season coming to an end there were wins in Group 1 for Listowel Celtic and Killorglin over Killarney Celtic A and Park A respectively. In Group 2 Killarney Celtic B just pipped Listowel Celtic B while in Group 3 Inter Kenmare and Killarney Athletic drew.

#### DALY'S SUPERVALU 13'S:

#### LISTOWEL CELTIC WIN SOLE PREMIER

**GAME:** Listowel Celtic closed the gap on the sides above them as they proved too strong for Camp Juniors. Robert Foley 2, Michael Nolan, Ted Moloney, Tadgh O'Carroll and Bernard O'Connor were the Celtic scorers.

**OUTSIDE THE PREMIER:** Killorglin defeated Killarney Celtic B 3-0 in the only game played

in the 13's Division 1 while a Connie O'Connor hat trick saw Castleisland take all 3 points in the 13's Division 2.

On Sunday Dingle Bay moved joint top of the Shield with a 5-1 away win over St Bernard's. Dylan Geaney and Dara O'Beaglaigh both scored 2 each with Aodhan O'Dubhain getting the other. Dingle Bay are now level with Ballyheigue at the summit.

#### PARK TAKE THE POINTS IN 14 PREMIER:

There was one game in the Foundation Sports 14 Premier and it saw The Park take the points with a win over Listowel Celtic at Christy Leahy Park. Mervin Shalamba, Junior Bio, Sean McGrath, JR Tshikato and Alfie Christie were the scorers.

#### WINS FOR PARK B AND CASTLEISLAND

**IN 15 DIVISION 1:** Killarney Plaza 15 Division 1 leaders Castleisland were 2-0 winners over Killarney Athletic thanks to Sean Brosnan who got both goals. Aaron Ward and Dan O'Rourke were enough to give the Park B the points in a 2-0 win over Killarney Celtic.

#### CELTIC CLOSE GAP ON DYNAMOS IN 16

**PREMIER:** Killarney Celtic remain unbeaten in the Tralee Trophy World 16 Premier thanks to a 3-0 win over Mastergeeha. Celtic remain in second place but close the gap on leaders Dynamos.

**AWAY WINS IN DIVISION 1:** Table toppers Camp Juniors Jimmy O'Grady scored the only two goals of the game as his side won 2-0 away to Inter Kenmare. Chris Murphy scored the only goal as Fenit won away at Park A.

## MASTERGEEHA FC

#### U12 SHIELD: MASTERGEEHA 1 CAMP 3

In this game the boys battle well and tried hard with Mark O'Shea getting the goal.

#### U13 KERRY SHIELD

#### M'GEEHA 6 KILLARNEY CELTIC C 1:

The lads progressed to the semi-final of the shield following victory in this local derby. They fell behind midway through the 1st half playing against a strong breeze and went in 1-0 down at half time. They came out firing in the 2nd half and scored 5 goals in 10 mins to take control of the game and keep Celtic pinned backed. Man of the match Conn Fleming scored a hat-trick his 3rd goal a beauty following good work by Philip O'Leary. Other scorers were Shane Warren, Darren Lehane and Nathan McCarthy.

#### U16 CUP QUARTER FINAL

#### MASTERGEEHA 0 KILORGLIN 3:

Despite the score line Mastergeeha were in the game up to the final 10 minute when the visitors scored two goals as the boys pushed forward in search of the equalizer. The Killorglin side scored the lead goal midway through the first half. In the second half Mastergeeha were the better side with Brian Friel, Patrick Warren and James Nagle all forcing good save from the goalkeeper. All tried hard and could not be faulted for effort.

#### U18 KILLARNEY ATHLETIC 0

**MASTERGEEHA 2:** In this open game both sides created good chances throughout with Andrew Sheehan and Donal Moynihan getting



the goals that ensured a good away win on the day.

**MASTERGEEHA F.C. LOTTO:** There was no winner on Friday 10th April. Numbers drawn were 3, 5, 14 & 21. Draw will take place in The Village Inn Kilcummin every Friday night, Jackpot now €2100.

## KILLARNEY CELTIC NOTES

**TESCO COMMUNITY FUND:** As you may have seen in Tesco, Park Road, and Tesco in town, three charities are picked every 6 weeks. Killarney Celtic Football For All have been chosen for Tesco in town. When you shop in Tesco you will receive a blue token. We would appreciate it if you can tell everyone you know to either put them in our section in town or leave them upstairs in the club house and we will put them into town.

### RESULTS

**DENNY PREMIER: KILLARNEY CELTIC**

**4 ST. BRENDANS PARK 3:** An absolutely cracking game and a great result for Celtic. Stephen Hayes struck twice, with Brian Spillane and David Spillane getting the others. Superb performance by everybody.

**U16 GIRLS MUNSTER CUP: DUNGARVAN 2 KILLARNEY CELTIC 3**

A tough and thrilling battle, but Celtic, even without the injured Aoife O'Callaghan, Lauren Rintoul, or Ciara O'Brien, had just enough firepower and guile to get into the semi-finals. Kate Stack made the breakthrough on 20 minutes after a pinpoint Leah Henry pass, Rebecca Murphy supplied an equally brilliant through ball for Hannah O'Donoghue to finish adroitly and Hannah repeated the trick just before the half-time whistle. Dungarvan, a great team in their own right, came out with all guns blazing and scored twice, but Celtic held on for a great win. Fiadhna Tangney was a colossus throughout.

**U16 PREMIER: KILLARNEY CELTIC 3 MASTERGEEHA 0:** Celtic maintained their unbeaten run with a solid performance against a good Mastergeeha outfit and we are now right on the heels of table-toppers Dynamos.

**U15 SHIELD: INTER KENMARE 1 KILLARNEY CELTIC B 0:** A great game, and the lads put up a terrific battle, but Kenmare just managed to pip us at the finish.

**U15 DIV ONE: PARK B 2**

**KILLARNEY CELTIC C 0:** Park are a very strong side and it is no disrespect to their victory to say that this was a magnificently defiant effort by Celtic; the lads should all be very proud of themselves.

**U14 GIRLS MUNSTER CUP: KILLARNEY CELTIC 2 KILCORNAN 0:** Half-time substitute Anna Clifford had a stormer and fired home both goals, with Gillian Courtney, Kayleigh McGlaser, and Ciara Randles all standing out.

U14 Girls Kerry Cup: Killarney Celtic 0 Listowel 5 We won't be using any tiredness after that fierce battle on Saturday as an excuse for the defeat on Monday. Listowel were simply outstanding, none more so than their brilliant striker Aoife

Horgan. Credit has to be given where its due and even as opponents, we have to applaud that kind of display.

**U13 SHIELD: KILLARNEY CELTIC B 0 BALLYHEIGUE 2:** A very good effort wasn't enough against an impressive Ballyheigue.

**U13 DIV ONE: KILLORGLIN 3 KILLARNEY CELTIC B 0:** No complaints, Killorglin were fully deserving of their victory.

**U13 SHIELD: MASTERGEEHA 6 KILLARNEY CELTIC C 1:** We led 1-0 at the break but once Mastergeeha turned with the strong wind, they proved unstoppable from then on.

**U12 DIV ONE:** Killarney Celtic B at home to Athletic, Saturday, 10.30am.

**U11:** Our A's were narrowly defeated by Listowel A and our B's had an equally narrow victory, while it was honours even between our C's and Killorglin. As always, the scorelines are not the point of this age group.

### FIXTURES:

Denny Ladies League: Killarney Celtic away to Tralee Dynamos, Sunday, 2.30pm.

U17 League: Killarney Celtic at home to Inter Kenmare, Saturday, 2.30pm.

U16 Cup Final: Killarney Celtic away to Killorglin, Saturday, 1.30pm.

U14 Div One Plate: Killarney Celtic B v Killarney Celtic C, Saturday, 11.45am.

U12 Girls Cup Final: Killarney Celtic v Listowel Celtic at Mastergeeha, Saturday, 1.45pm.

U12 Shield Semi-Final: Killarney Celtic C away to Killorglin B, Saturday, 10.30am.

**MINI BLITZ:** Celtic Park will be hosting a mini-blitz for U7 and U8 players at 2.30pm between ourselves, Athletic, Kenmare, and Mastergeeha. Any adults who can help out would be greatly appreciated and we know that everyone understands that the total emphasis here is on fun and sportsmanship.

**LOTTO RESULTS:** Numbers drawn 3, 5, 10, 13. No winner. Tickets available from all club officers. Yearly tickets available.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com.

Check out [www.killarneyceltic.com](http://www.killarneyceltic.com) for Killarney Celtic news, match reports, or photos.

## KILLARNEY ATHLETIC A.F.C. NOTES

### FIXTURES

Kerry Schoolboys/Girls League  
Saturday 18th April 2015

**Mini Blitz Under 7 & 8**

Venue 3-Celtic Park 2.30pm  
Killarney Athletic, Mastergeeha  
Inter Kenmare, Killarney Celtic.

**JK Sports Under 12 Division 1**

Killarney Celtic B v Killarney Athletic 10.30am.

**Kerry Cup Under 12 Girls Shield & Cup Finals Under 12 Shield Final**

Inter Kenmare v Killarney Athletic 12.00 noon.

**Under 17**

The under 17 team home to Iveragh United this coming Saturday.

### Seniors

A team away to Tralee Dynamos in Greyhound cup Sunday evening.

### 50TH ANNIVERSARY CELEBRATIONS:

Celebratory Dinner will be held on 5th September 2015 in the Dromhall Hotel. Also the club asks if anybody has any old club photographs or memorabilia to please contact Don O'Donoghue on 086 1234610, Mike O'Shea 087 2226185 or Mary McCarrick on [mccarrickmary@hotmail.com](mailto:mccarrickmary@hotmail.com) or any club officer please.

**DATE FOR THE DIARY:** Killarney Athletic Golf Classic 25th June at Killarney Golf and Fishing Club.

**KILLARNEY ATHLETIC ABROAD:** The club congratulate Diarmuid O'Carroll on winning the Danske Bank Northern Ireland NIFL Premiership. They are currently 9 points clear of Linfield with 3 games to play but with a better goal difference of +27, the title is theirs. Diarmuid's 3rd title in 3 years.

Brendan Moloney played right back for Northampton town away to Stevenage and on the end of a 2-1 loss.

**JUST FOR KICKS:** Just for kicks magazine is available from Damien. Only costs €1 and is a great insight to soccer in Kerry. Reports from all Kerry Schoolboys and Girls soccer league and Kerry district league. Email [sec@killarneyathletic.com](mailto:sec@killarneyathletic.com) if you want a copy. Well worth the read.

### RESULTS: YOUTHS:

**KILLARNEY ATHLETIC YOUTHS 0**

**MASTERGEEHA 2:** With the unavailability of many under 17 and youth players, we were forced to rely on many of or under 16 players to ensure a squad. In fact, despite having 4 goalkeepers at under 17/18 level, we were forced to rely on under 16 back up keeper Sean Boyne as Nelu got injured Friday evening. Sean did a tremendous job and Athletic have him to thank for some outstanding saves. The game itself Athletic were on top in possession stakes and attacked in the Mastergeeha half for long spells but credit to Mastergeeha, they were very strong in defence and took their chances well to ensure Athletic were not to have any joy on the day. Best for Athletic Sean Boyne and Eamonn Lavin who had a never say die attitude. With just the cups to play for, we will need all players to ensure a good cup run.

**KILLARNEY ATHLETIC WEBSITE:** Please check the website on

[www.killarneyathletic.com](http://www.killarneyathletic.com) or facebook for match reports, club information and contact details.

**CONTACT:** If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or [mccarrickmary@hotmail.com](mailto:mccarrickmary@hotmail.com)







PITCH AND PUTT WINNING TEAM MEMBERS: [L-R] GER CASEY (DEERPARK), AIDAN O'KEEFE (DEERPARK) AND PA BYRNE (TRALEE) AT THE PAUL O'SULLIVAN MEMORIAL SCRAMBLE.

## BEAUFORT GOLF CLUB

### (LADIES BRANCH)

#### RESULTS: 11TH/12TH APRIL - 18 HOLE STABLEFORD - SPONSORED BY LADIES BRANCH

1st Joan O'Sullivan (22) 28 pts.

2nd Margaret O'Connor (23) 27 pts.

**FORTHCOMING EVENTS:** 18th/19th April 2015 - 1st Rd Golfer of The Year - 18 Hole Stroke - Sponsored by: Peggy O'Riordan.

1st April to 30th September - Summer League - 11 hole re-entry (play any day of the week). Night Golf - 9 hole competition - Friday 17th April at 9pm (Shotgun Start). Members €25, Non-Members €35 (Inclusive of light refreshments). For Reservations call Clubhouse on 064-6644440.

Open Fridays from 10th April to 2nd October 2015. Open to Ladies and Gents - Single Stableford Entry Fee €20.

## BEAUFORT GOLF CLUB

### (MEN'S BRANCH)

#### RESULTS

#### 10TH APRIL 2015 - OPEN FRIDAY - SPONSORED BY CLIFFORD GROUND CARE

Winner: Seamus Crowley (13) 37 pts.

(CSS 35 pts).

#### 11TH/12TH APRIL 2015 - 1ST ROUND GOLFER OF THE YEAR (18 HOLE STROKE) - SPONSORED BY PROTEC AUTO

1st Pdraig Coffey (17) 67 Nett.

2nd John Looney (13) 71 Nett.

3rd Shane O'Sullivan (7) 71 Nett.

**FORTHCOMING EVENTS:** 18th/19th April - 18 Hole Stableford (White Tees) - sponsored by PJ Lynch.

Night Golf - 9 hole competition - Friday 17th April at 9pm (Shotgun Start - bring a flashlight). Members €25, Non-Members €35 (Inclusive of light refreshments). For Reservations call Clubhouse on 064-6644440.

Open Fridays from 10th April to 2nd October 2015. Open to Ladies and Gents - Single Stableford Entry Fee €20. Ring Clubhouse on 064-6644440 to book a tee time.

## ROSS GOLF CLUB

### GENTS CLUB

**FIXTURE:** On Sunday April 19th we will hold the final of the MD O'Shea spring league with a strokeplay competition. The timesheet is now available in the clubhouse so please add your name to it as soon as possible. The spring

league has proved to be very competitive with less than 10 points separating all the teams so it is all to play for as we head in to the final round.

**CLUB MATCHPLAY:** The entry sheet for the Killarney Trophy and Medal Centre Club Matchplay championship will be available until April 19th when we will do the draw for the first round matches.

**CLUB FOURBALL CHAMPIONSHIP:** The entry sheet for the club fourball championship is now on the noticeboard and members are urged to get their names on it immediately as it will fill up quickly.

## KILLORGLIN GOLF CLUB

### MENS

1st Eamon O'Sullivan 37 pts.

2nd John McCarthy 36 pts.

3rd Tommy Murphy 36 pts.

Gross Shane Collins 79 gross.

4th Brendan Quirke 35 pts.

Senior Jer Joy 25 pts.

**NEXT WEEKEND:** Bianconi Weekend Away to Castlemartyr & Lee Valley Club.

Singles at home.

## KILLARNEY GOLF CLUB

### LADIES:

Competition Sunday April 12th cancelled due to bad weather.

Next Competition Sunday next 19th April, sponsored by Aghadoe Heights Hotel, singles-stableford, Killeen Course.

**CONGRATULATIONS:** To our team who were victorious against Ballyunion in the first round of the Mary McKenna Diamond Trophy at Killeen Course on Thursday afternoon April 9th. It was a great win for Killarney with two of the Matches going to the 19th.

First round of the Challenge cup will take place at Kenmare Golf Club on Saturday 18th when Killarney take on Waterville. Best of luck to our Team.

## KILLARNEY GOLF CLUB

### MEN'S

#### SINGLE STABLEFORD SPONSORED BY THE INTERNATIONAL HOTEL

#### KILLEEN 12/4/2015

1 Ronan Kelliher (3) 41 pts.

2nd Alan O'Doherty (17) 39.

3rd William O'Connor (14) 39.

4th Niall Mc Carthy (11) 39.

5th Paul Murphy (5) 39.

Cat. 1 Peter Malone (6) 37.

Cat. 2 Robert Cussen (11) 38.

Cat. 3 Pat Howard (15) 36.

Cat. 4 Luke Sweeney (18) 34.

CSS 35pts

## KILLORGLIN GOLF CLUB

### LADIES: 3T'S CHARITY 18 HOLE STABLEFORD QUALIFIER FOR DUNDRUM.

Winner: Agnes Carey 43 pts. Reserve: Marian Healy 35 pts.

12 HOLE RE-ENTRY STABLEFORD

### SPONSORED BY COMMITTEE MEMBER

**MARY LAWLOR:** 1. Eleanor McCarthy (25) 27 pts. 2. Jenny Pigott (19) 25 pts. 3. Anne Kenny Foley, Vice Captain (31) 24 pts.

12 Hole re-entry sponsored by Vice Captain Anne Kenny Foley continues until further notice.

**FIXTURE:** Saturday 18th/Sunday 19th/Tuesday 21st 18 Hole Stableford sponsored by Joseph Crowley, Mulvihills Pharmacy. Play either day and arrange own time and playing partners.

**SILVER SWANS: 12 HOLE STABLEFORD 07/04/2015:** 1. Maura O'Boyle (27) 26 pts (B6).

2. Eileen Bell (24) 26 pts.

### JUNIOR CLUB: 5 HOLE STABLEFORD:

1. Nadia Brosnan. 2. Tyler O'Sullivan, Junior Captain. 3. Gemma Key.

**GOOD LUCK:** To the Minor Team and Team Manager Maura O'Boyle for their match against Ballyunion in Ardfert this Sunday 19th at 1.30pm.

## RING OF KERRY GOLF CLUB

### RESULTS: 11TH / 12TH APRIL

#### 2-PERSON TEAM EVENT (3/4 HANDICAP)

1st: David Kerins (6) and Noel Moylan (6) 42pts. 2nd: JB McCarthy (10) and Geoffrey Mahony (18) 40pts.

3rd: Stephen Daly (14) and Daniel Daly (15) 39pts ocb.

#### SINGLES STABLEFORD EVENT

1st: David Kerins (6) 38pts.

2nd: Noel Moylan (6) 34 pts.

3rd: Pat O'Dwyer (16) 31pts.

#### UP COMING FIXTURES:

18th / 19th April - Members Singles Stableford GOTY

- Please book in by calling 064 66 42000.

## CASTLEROSSE GOLF CLUB

### RESULTS: COMPETITION PLAYED ON SUNDAY 12TH APRIL, 18 HOLE STABLEFORD,

winner Danny Lynch (19) 40 pts. Overall runner up, Steve Shine (17) 39 pts. Overall 3rd place Michael Leahy (17) 39 pts.

**RESULTS:** 3 person mixed Scramble played on Tuesday 7th April, Denis Tangney, Patricia Barrett and Danny Lynch.

**FIXTURES:** Weekend competition, 18 hole Stableford. Please register on time sheet at Castlerosse.

Scramble competition continue each Tuesday at 6pm. Open to Ladies and Gents. Come along for an enjoyable evening of Golf.

Away-day to Newcastlewest Golf Club Saturday 18th April. Please add your name to sheet, tee time 1pm.

## KERRY PITCH & PUTT

Last Sunday the Paul O'Sullivan Memorial Kerry County Scramble took place in the newly affiliated Newmarket Club. This club only officially opened last month and many players had not seen it so many were excited to play it. Thirty-six players turned up on Sunday morning and the course was turned out brilliantly. The team of Damien Fleming (Deerpark), Hugh O'Sullivan (Deerpark) and Andrew O'Callaghan (Deerpark) came home with a gross score





PRESIDENT OF LISTRY GOLF SOCIETY TED AHERN PRESENTS HIS SON TADGH WITH THE PRESIDENTS PRIZE ON SATURDAY AFTER A ROUND OF 39 ON KILLEEN.

of 18 under to take the second gross prize. The overall gross was taken by the team of Conor McCarthy (Deerpark), John O'Halloran (Castleisland) and John O'Regan (Tralee) who came in with twenty under par. The second nett prize was taken by the team of John Fitzgerald (Castleisland), John O'Brien (Deerpark) and Tim Scannell (Tralee). The overall nett winners on the day were Ger Casey (Deerpark), Pa Byrne (Tralee) and Aidan O'Keeffe (Deerpark).

## DEERPARK PITCH & PUTT NOTES

By John Kelly

**SYMPATHY:** Of all Deerpark members are extended to the relatives of our former maintenance worker Nigel Leigh who died recently. May He Rest In Peace.

### NEWMARKET PITCH & PUTT COURSE:

Congratulations from Deerpark to IRD Duhallow Partnership on the development of an excellent Pitch & Putt Course at Newmarket which is

now open for green fees and competitions, contact IRD at 029-60633

### PAUL O'SULLIVAN MEMORIAL SCRAMBLE:

There was a satisfactory turnout for the annual Paul O'Sullivan Memorial 3-Ball-Scramble played at Newmarket on Sunday and also a good day for Deerpark members who figured on all winning teams.

**RESULTS:** Overall Nett Ger Casey, Pa Byrne, Aidan O'Keeffe, 2nd Nett Johnny O'Brien, John Fitzgerald and Tim Scannell, Overall Gross, Conor McCarthy, John O'Halloran, John O'Regan, 2nd Gross Damian Fleming, Hugh O'Sullivan Andrew O'Callaghan.

**FORTHCOMING COMPETITIONS:** 36 Hole Scratch Foursomes Sunday April 26th European Rules Weekend May 10th.

**NOTICE FROM PPUI:** In a change of policy the PPUI will not be posting draw sheets to clubs anymore, all forms will now be posted on the Web well in advance of the competition. It is hoped that this change will lead to greater efficiency and faster access for clubs and players involved. The PPUI expect to have the draw sheets online as soon as possible in the days after the closing date of all championship competitions with a target of producing all draws within seven days.

**CLUBHOUSE AND SHOP OPENING:** The Clubhouse and shop is now open for business from 5pm on weekdays and from 12 noon during weekends. Competitions and entry fees along with green fees and membership can be paid during those hours, Please note that both members and visitors using the course to play are obliged to sign in first at clubhouse.

### CLUBS AND GOLF SHOES:

During a recent clean up of the clubhouse quite a number of clubs and golf shoes were found and placed in

temporary storage. Members wishing to claim same note that they are available for collection at the shop over the forthcoming weeks and after this time they will be disposed of.

**TOPAZ FUNDRAISER:** Deerpark are one of the clubs which can benefit from the recently announced Topaz fundraiser for clubs. All members purchasing €40 of fuel at any of the local Topaz filling stations will result in a financial benefit for the club affiliated to the company for this scheme which includes Deerpark. Cards are available from Deerpark club officers or at any of the local Topaz Filling Stations.

**SENIORS OUTING:** Next Seniors Outing will be to GlenEagle on Wednesday May 6th 10-30am.

## MURPHYS GOLF SOCIETY

### PRESIDENTS PRIZE SEAN MURPHY DOOKS, SATURDAY 11TH APRIL 2015

1. Jonathan Casey 33 Points.
  2. Donagh Moynihan 32 Points.
  3. Brendan Keogh 32 Points.
  4. Niall O'Mara 31 Points.
  5. James Curran 30 Points.
  6. Matthew O'Connor 30 Points.
- Front Nine: Pat Cussen.  
Back Nine: Ger Moroney.  
Best gross Conor McNeice.  
Over 18: Denis Nash.  
Next Outing: Barney, Saturday 20th June.



THE FOSSA U11 MIXED BASKETBALL TEAM WHO WON BRONZE MEDALS AT THE KERRY COMMUNITY GAMES FINALS HELD IN DUAGH LAST SATURDAY. PICTURED SEAN DINEEN, ELLEN KENNEDY, ALICIA BURKE, DARRAGH O'BRIEN, DARREN RYAN, ROCCO SHEEHAN, SOPHIE DENNEHY, SHEA WELDON, OLIVIA GAFFEY AND TARA MURPHY.

## Ladies Beginner Programme



**Venue: Castlerosse Golf Club**  
**Date: Monday 20th April**  
**Time: 7.00-8.00pm**  
**Cost: €40**

- 8 week programme which includes Tuition and on course activities
- Fun, friendly environment
- Come along and give golf a go!!
- Enjoy some exercise and socialising with your friends
- Follow on membership package available

**CGI** Confederation of Golf in Ireland  
beginning golf

**All ladies welcome to attend!**

For more information contact:  
Kieran Crehan 0872748777



## Tommys Farming Week

There is still uncertainty about how far milk prices will fall this year but Jim Woulfe's comment about an average of 30c/litre being optimistic is comforting. It is not a commitment but it is a solid aspiration from Dairygold. There are so many factors to be included in any prediction that it is hard to be accurate. When will output in the US start to fall and when will Asian buyers reenter the market are just two of the unknowns.

The fall in prices to date will take some of the projected increase in EU production off the table but unfortunately milk price in the US has defied the market rationale in recent months. That has started to change and a reduction in milk price there will be quickly followed by a correction in milk output, especially with beef prices at historical highs. The US farmer is a veteran of volatile prices at this stage. When market returns are good, cows are retained including those normally culled, they will use better quality rations, more cows will be treated with bst to enhance performance and some herds will move to three times a day milking. But when the price slide begins these businesses will quickly offload less productive cows and cut out unprofitable practices. Marginally profitable milk will disappear quickly. Potentially 20% of the cows destined for slaughter last year got a reprieve because of the high milk price, their day will shortly come and an extra year of culls will go more quickly than normal.. US farmers have seen this drama played out like clockwork over the

last decade or longer, approximately every third year milk price drops to an unsustainable level, rises to a new peak and then repeats the process. When you are dealing with a perishable commodity, the price is very susceptible to small swings in supply and demand. understanding this dynamic is vital to our future here as well. The reason why it took so long for US price to follow European and New Zealand prices down will be of interest, with 12% of their output now traded internationally, it was reasonable to assume it would happen quickly. The pain we feel here is magnified elsewhere, our fellow producers in Northern Europe are our likely competitors in expansion, with the exception of Britain their ability to control production costs is limited. High cost systems lead to losses in years like 2015 especially where farm indebtedness is higher than here in Ireland. In New Zealand the situation is worse, many farmers have invested in high cost systems in recent years and have been comfortable gearing their farm to 100% of its value, presuming on capital appreciation and their own labour to pull them out of the risk that it poses. A prolonged dip in price will hurt and may drive many under. Time will tell if Woulfe got it right but the reality is that without the dip there could not be a peak, managing both sensibly is the key to success. My brother has a humorous slide that sums it up nicely "it is only when the tide goes out that you realise who has been swimming in the nude".

## MACRA MATTERS

Kenmare Macra held their annual Table Quiz in the Atlantic Bar Kenmare on Friday night. There was a great turnout with plenty of laughter and fun throughout the night. The winning team was a local crew under the name of "Red Alert" and in second place was Mid Kerry Macra. Kenmare Macra would like to sincerely thank all that came to support the club, anyone who donated spot prizes and the staff of the Atlantic bar.

Unfortunately the 5/10k run that was scheduled to take place last Sunday in Causeway had to be postponed due to weather conditions. The run will go ahead in the near future, so keep an eye on Causeway Macra's Facebook page and these notes in the coming weeks for the new date.

## FOR SALE

### BY PRIVATE TREATY Annagh More, Glenflesk, Killarney.



Residential landholding containing  
House on 17 acres  
And share to 464 acres of Commonage.

Located just 10 miles from Killarney town and close to the N22 Killarney-Cork road the property is very accessible. The house on the property is an old style farmhouse and in need of refurbishment. There are a further two former dwelling houses in a derelict state. The property, which has spectacular views of the surrounding countryside, affords a unique opportunity to purchase a sizable landholding in this location.

Solicitors: Liam F. Coghlan & Co, Upp Ballycasheen, Killarney.

### BY PRIVATE TREATY Boulacullane, Farranfore, Co. Kerry. 36 Acres



This property is located some 2 miles from Farranfore village and contains 22 acres of lands of grasslands with the remaining 14 acres under forestry. The lands are centrally located between Killarney, Castleisland and Tralee towns.

Maps and details from Auctioneers.

### TO LET/LEASE Meentogues, Headford, Killarney. c.54.5 acres

The lands are located about 2 miles from Barraduff village and are adjacent to the public road. Maps and details from Auctioneers. PSRA Lic No. 002431

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JOHN BROSNAN, GLOUNLEA, CURROW WHO'S SHORT HORN WAS THE RESERVE CHAMPION AT THE SHOW & SALE AT CASTLEISLAND MART, ON TUESDAY L-R: JOHN BROSNAN, PADDY CORRIGAN AND EÓIN O'NEILL. PIC JOE HANLEY

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## Classifieds

**PLANT NOW ORDER NOW:** Whitethorn, Beech etc etc all hedging and tree plants. Glas AEOS, REPS, Country Management, Plant trees for firewood. Ring for 24 hour friendly service and a chat. 087 2743914. www.irishshamrocktrees.com

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## RATHMORE /GNEEVEGUILLA NEWS By Michael O'Mahony



CONGRATULATIONS TO THE HOLY FAMILY N.S. RUNNERS UP IN THE U13 NATIONAL FINAL OF THE CREDIT UNION SCHOOLS QUIZ HELD IN THE RDS IN DUBLIN ON APRIL 12TH. THEY REPRESENTED RATHMORE CREDIT UNION AND WERE ONE OF 100 TEAMS TAKING PART FROM ALL OVER IRELAND. FRONT TEAM MEMBERS: CIARA O'KEEFE, PARAIC FINNEGAN, SEAN BURKE-O'DONOGHUE AND MAGGIE BUCKLEY. BACK: NEILY MAHONY RATHMORE CU, CHRISTY KILLEEN CHAPTER 23, ANN MARIE MURPHY TEACHER, NORA MURPHY RATHMORE CU, DONAL CREMIN RATHMORE CU AND DIARMUID MCCARTHY PRINCIPAL HOLY FAMILY N.S.

**PANTO DVDS ON SALE:** Little Red Riding Hood. Copies of the Panto which was staged in Rathmore recently are now available to buy. This two and a half hour presentation showcases the very best of local talent and is ideal as a gift or simply to enjoy. The double disk DVD is beautifully packaged and is available through Michael O'Mahony by phoning 087 6676817. Cost €12.00. DVDs of previous pantomimes are also available on request

**SLIABH LUACHRA MACRA'S CLUB FUNDRAISER:** "The Cube" is being held in Hourgian's Bar, High Street Newmarket this Friday 17th April at 9.00pm. All welcome, for more information contact MACRA phone on 087 1833495.

**NEW BUSINESS:** Best of luck to Siobhan Coakley Rathmore Townland who has taken over Corner bar Barnaduff we wish her every success with her new business.

**RATHMORE CREDIT UNION:** Congratulations to Paraic Finnegan, Ciara O'Keefe, Sean Burke-Donoghue and Maggie Buckley, representing Holy Family NS Rathmore who were Runners up in the U13 category of the Credit Union National School Quiz Final held on Sunday last on the RDS in Dublin. This is a huge achievement

considering over 25000 children took part in the competition nationally. Well done to the teachers and all the families involved.

**RATHMORE COMMUNITY MARKET:** At Community Centre Rathmore every Saturday from 11am - 4pm. Please note the change venue and day.

**RATHMORE RAVENS BASKETBALL CLUB:** Are holding a juvenile quiz on Friday April 24th at 7.30pm in Rathmore Gym. Open to 3rd, 4th, 5th, and 6th primary school classes. Table of 4 €20

**AUTISM FUNDRAISER:** Barn Dance Music by the KELTS in Gneeveguilla G. A. A. Hall at 9pm sharp on Saturday April 18th 2015 proceeds in aid of St. Francis Special School, night not to be missed - Monster Raffle Top prize: weekend Away- 2 Night 1 Dinner at the Sneem Hotel, Tickets to Nathan Carter, Tickets to Munster Rugby Games, Lunch at the Royal Hotel, Voucher from Bricin. Bar Facilities, dress up optional, ticket €10. To book tickets contact Brigitta 087 6303659, or Siobhan 087 9249918. Also Tickets at the club Bar.

**THE VOICE OF GLEN FINAL 2015:** Best of luck to Ted Herlihy Cahirbarnagh Lower, Rathmore who is in the final of The Voice of Glen 2015, which takes place this Saturday 18th April at 8:30pm, in the Glen Theatre Banteer.

**BOOK LAUNCHED:** On the Doorstep memoirs of Former TD John O'Leary. The book will be launched by former Taoiseach Brian Cowen on this Friday 17th April at Gleneagle Hotel. Everybody welcome.

**CONGRATULATIONS:** To Cllr Niall Kelleher Rathmore, who has been elected by Fianna Fáil Councillors in South Euro Constituency to represent them on National Executive.

**ADULT AFTERNOON TEA PARTY:** Organised by social action group has been postponed until Sunday 26th April from 2.30pm to 4.30pm. In Teach lasegain, all welcome. Cost €5. A great evening of entertainment guaranteed.

**GNEEVEGUILLA BASKETBALL NOTES:** Representing Kerry in UL. Many congratulations to the nine basketballers who represented Gneeveguilla Basketball Club so well on the

Kerry teams last Bank Holiday Monday in U.L. They were: U16 girls - Laoise Coughlan and Catherine Daly. U17 boys - Connie O'Connor, John O'Leary, Thomas Fleming and Shane O'Sullivan. U14 boys - David Gleeson, Paul O'Leary, and Ronan Collins. Well done also to two of our coaches. Cormac Collins who was involved with the U14 boys and John Hurley involved with the U16 girls. It was a great day out where the standard of basketball was

**ALL-IRELAND CLUB CHAMPIONSHIPS:** Our U-14 boys team played in the All-Ireland Club Championships in Sligo this past weekend and brought home a silver medal. They played against Portlaoise Panthers in the final on Sunday 12/04/2015. **THE TEAM:** Paul O'Leary, David Gleeson, Jack Brosnan, Daniel Fleming, Patrick Brosnan, Lorcan Keane, Damien Cronin, Ronan Collins, Danny O'Callaghan, Owen O'Rahilly and Charlie Collins. Coaches Stephen Lehane, John O'Leary and Cormac Collins. Thanks to our Sponsors Murphy Trailers Gneeveguilla for sponsoring the team tops for this event. A great weekend had by all. Well done to all involved.

**RATHMORE RAVENS BASKETBALL CLUB:** Held an end of year awards night in Teach losagain, Rathmore on Friday night. On the night medals were presented to U10 boys and girls who participated in Kerry Area Basketball Board blitzes during the season. Medals were also presented to U16 boys who won the Division 2 plate and U14 boys who were runners up in the Division 3 plate final. Most Improved Player awards were presented to each age group. U11 girls-Cathy Kiely, U12 girls-Maggie Buckley, U12 boys-Andrew Moynihan, U14 girls-Laura Cronin, U14 Div3 boy-Dan Murphy, U14 Div2 boy-Donnagh Fitzgerald, U16 girl-Brid O'Connor and U16 boy-Paul Cremin. Well done to all involved.

Brosnan, Lorcan Keane, Damien Cronin, Ronan Collins, Danny O'Callaghan, Owen O'Rahilly

**NOTES:** Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6:00 on Sunday.

## FOSSA NEWS

**FOSSA COMMUNITY GAMES NOTES:** Well done to the Fossa U11 mixed Basketball team who won bronze medals at Kerry Community Games Finals held in Duagh last Saturday. The Team was as follows: Sean Dineen, Ellen Kennedy, Alicia Burke, Darragh O'Brien, Darren Ryan, Rocco Sheehan, Sophie Dennehy, Shea Weldon, Olivia Gaffey, Tara Murphy. There was a great standard of basketball played by all teams throughout the day and the team can be proud of their achievement. We wish Rathmore/Gneeveguilla the winners on the day all the best in the Munster Finals. We will be holding our local qualifying round

to see who will represent Fossa in athletics in the county finals on this Sunday the 19th of April at 2pm in the Old Football field in Fossa. Registration will be at 1.30 pm and is open to all children living in Fossa parish. The age groups who will be competing are from U8 through to U16 but we will also have a number of fun races for U4 and U6 year olds. Looking forward to seeing you all there.

**FOSSA COMMUNITY CENTRE:** Volunteers urgently needed to help with the running of the community centre. If you would like to help with a specific task or become a member of the committee please contact any of the

following, Derek 086 389 5142, David 086 323 9148, Eileen 087 628 4053, Billy 064 6644391, Tim 087 241 3116. If help is not forthcoming we may be faced with the situation whereby this fine facility may have to be closed.

**SYMPATHY:** Sympathy is extended to Brigid Leigh, Gortroe on the death of her son, Nigel. May he rest in peace.

**FOSSA NOTES:** If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie Please forward information on before Sunday at 11am.



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**This Weeks Gardening Tips**

1. Finish tree and shrub pruning, don't touch spring bloomers until flowers fade.
2. Start feeding your roses with a slow release fertilizers. The benefit of feeding yours roses is your fighting pest and get rid of disease like black spot
3. April is the month for planting summer flowering bulbs like gladiolas
4. There is still plenty of time to plant your veggie garden. Plant your peas, spinach, cabbage ect.
5. An application of a spring fertilizer will pick up the lawn and improve it's colour and appearance.

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## KILCUMMIN NEWS

**ANNUAL SPRING CLEAN-UP:** Volunteers who would like to take part in the clean-up during the month of April in their own area can do so at a date convenient to themselves. All bags will be collected at a later date. For bags and gloves contact the Rural Dev Office on 064-6643357 or John 086-1579381. Your continued help is much appreciated.

**JUNIOR SET DANCING:** A further six week term will commence this Friday 17th April at 7pm. Enrolment at 6.30pm. All levels welcome. Contact Mary Moriarty on 087 9620135 for details.

**COMHALAS: MUSIC SESSION:** Our next monthly music session will be held on Sunday 26th April at Kilcummin Recreational Hall from 2.30 to 5.00pm. Again all newcomers very welcome! More info on Kerrycomhaltas.ie

**FLEADH ENTRIES:** Deadline for County Fleadh entries is 12th May. Please send all entries to Marguerite O'Connor (Branch Secretary) by this date.

**KILLARNEY 10 MILE ROAD RACE:** This will take place on Saturday 26th September 2015. It will start at 9am. Entry Fee €25, Early Bird Price - €20 before May 16th. All proceeds to the community track project in St. Brendan's College Killarney. Open for entries on [www.killarney10mile.com](http://www.killarney10mile.com)

**KILCUMMIN G.A.A.:**

**FIXTURE:** Senior Club Championship Kilcummin V Dingle in Kilcummin this Sunday

at 2p.m. Come 10 mins early as ticket caravans operating.

**RD 3 CREDIT UNION CO LEAGUE: DR CROKES 0-16 KILCUMMIN 0-9.** Fielding a full strength outfit Dr. Crokes proved too experienced and too sharp for our lads on the day. They had the ability to finish off moves with scores while too often our passing left us down despite having as much possession. However credit is due to the lads who battled to the end and with the aid of two fine saves from Shane Murphy managed to keep this talented group goalless. We now regroup for this week's Club Championship game against Dingle safe in the knowledge that we have many fine players capable of holding their own and with a little more sharpness will prove difficult opponents for any team.

On Sunday last Philip Casey, Daniel O'Leary, Kevin Gorman, Gary O'Leary and Kevin McCarthy shone for a team that will have better days in the future.

**EAST KERRY JUNIOR LEAGUE:** Kilcummin away to Glenflesk on Tuesday April 22nd at 7pm.

**LOTTO:** There was no winner on Sunday April 12th. Numbers drawn were 9, 17, 21 and 24. Consolation prizes were €100 Eileen Carolan, Shylocks, €60 Tim McCarthy, Ballinamanagh, €60 Robert Casey, Glounonea, €30 Brendan Cronin, The Island, Killarney, €30 Mary Brosnan and Margaret Sullivan, Dept. of Justice. Next

draw Sunday April 26th. Jackpot now €3,000.

**JUVENILE GAA:** Under 12 Boys play Dr Crokes at home in Division 1 of the County League at 6pm on Sunday 19th April.

Under 16 Boys play Keel/Listry at home in East Kerry League on Monday 20th April at 6pm.

U12 Girls play Milltown/Listry at home on Tuesday 21st April at 6.30pm in the County League

**HURLING COACHING:** GAA Club Hurling Coaching for under 6 to under 12s at the Legion GAA grounds at 6pm on Thursdays. We are hoping to enter an u12 team in the County League. Contact Garry at 087 2884478

**GET INVOLVED:** We want all of the players to enjoy their time here and we want to make sure that all of them are given the opportunity to develop their skills in Gaelic football. Many hands make light work and the more people we have involved the bigger the chance we have of ensuring that the children get more enjoyment and are safer. Anybody who would like to participate and lend a hand during training sessions is more than welcome. From coaching to assisting with supervision every little helps. Just say it to any of the mentors and it will be easily arranged.

**KILCUMMIN GEAR:** You can kit your child (or yourself) out in Kilcummin gear. We can also kit you out with jerseys and jackets for cheering your team on from the side line. These are available from Marie Lehané on 0879181973.

## LISTRY NOTES



LISTRY U12s MEDAL PRESENTATION. KERRY FOOTBALLER JOHNNY BUCKLEY PICTURED AFTER PRESENTING MEDALS TO LISTRY U12s.

**LISTRY COMMUNITY COUNCIL AGM:** The Annual General Meeting of Listry Community Council Ltd will take place in Listry Community Centre on Thursday night April 30th at 8pm. This is a Public meeting and members of the general public are invited to attend. If anybody has an hour to spare one night a week every six weeks to attend meetings they are welcome to come along and join the Community Council- your views and opinions can make a difference.

**LISTRY SOCIAL COMMITTEE:** We are

organising a day trip to Castlegregory on Tuesday April 28th - Bus will be leaving the Community Centre at 10.30am and returning at approx. 6.30pm. If any of our monthly group wish to travel on this trip please contact any of the following Social Committee members prior to Tuesday April 21st - Joan 086 7944494, Mary 087 2187204 or Breda 087 7442694.

We are also planning a day trip to Blarney and Dripsey (Cork) on Tuesday June 30th - please note this date in your Diary.

**CHIROPEDIST:** Foot health practitioner will attend Listry community center on Monday April 20th. Enquirers to Paula at 087 6606585 and cancellations please give 24 hours notice. Please and thank you.

**LISTRY WEEKLY LOTTO RESULTS:** Sunday 12th April, 2015. Winning Numbers 17, 18, 20, 26. Jackpot €2,900. Not Won. Jackpot next week Sunday 19th April €3,050.

**SENIOR COUNTY LEAGUE DIVISION 3 RESULT: ARDFERT 1-14 LISTRY 1-09.**

**JUNIOR CLUB FOOTBALL CHAMPIONSHIP:**

Listry will play at home to Cordal on Sunday 19th April at 2pm. All Support Welcome. For updates please go to Facebook Like page Listry Gaa Pro and Twitter ListryGAAPro @ Listry\_Gaa.

**MINOR FOOTBALL LEAGUE:** Keel/Listry Minors due to play away to Castleisland Desmonds on Friday 17th April at 6.30pm.

All support welcome.

**LISTRY U12s MEDAL PRESENTATION:** On Saturday April 11th Kerry footballer Johnny Buckley was in attendance at Listry Clubrooms to present our U12s from 2014 with their county medals. Well done to all concerned for a very enjoyable event. Special thanks to outgoing chairman Murt Broderick for organising the event.





## WORKPLACE STRESS II

Last week we looked at various strategies to reduce workplace stress. These focused primarily on the one thing we have control over in our lives i.e. ourselves. This week we will look at more key ways to deal with stress in our lives. Knowing we are stressed when we are stressed is important. Each person is different – so know your own 'stress busters'. The following are some tips:

1. Taking Responsibility for our own physical and emotional well-being.
2. Avoid knee-jerk reactions and falling into old habits.
3. Learn to communicate better – which can improve relationships with coworkers.
4. Recognise your own emotions and know how to control your emotions and behaviour. If you ignore your emotions you will be unable to fully understand your own needs and find it difficult to communicate with others.
5. Delegate responsibility - let go of the need to control every little step.
6. Be willing to compromise – finding a middle ground with a co-worker can help reduce stress levels for everyone.
7. Balance your daily schedule – as all work and no play leads to burnout. Balance your time between work, daily responsibilities, family life and social activities – ensuring you get some downtime.
8. Avoid over-scheduling your time by trying to fit too much into one day. If you have a lot on – distinguish between the 'shoulds' and the 'musts' and drop any task that isn't completely necessary to the bottom of the list or delete them entirely.
9. Give yourself time – getting up or leaving home ten minutes earlier can decrease stress levels and avoid that frantic rush to get to work on time.
10. Take a quick stroll during the day to clear your mind.
11. There is no better way to alleviate stress than a good laugh – watching a comedy or meeting up with friends and sharing a joke can all help to reduce stress.
12. Don't try to seek perfectionism – this will only add to unnecessary stress. When you set unrealistic goals you set yourself up for failure. Aim to do your best.
13. Watch your thoughts. Negative thinking can drain our energy and motivation – so try to stay positive and avoid negative people as much as possible.
14. Don't try to control the uncontrollable. Many things in life are beyond our control – especially the behaviour of other people. Rather than focusing on the things we can't control, we give our attention to that which we can control – i.e how we react to the problem.

**SouthWest Counselling Centre Killarney** provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre**. [info@southwestcounselling.ie](mailto:info@southwestcounselling.ie). Kerry LifeLine provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. [info@kerrylifeline.com](mailto:info@kerrylifeline.com) To make an appointment call **064 6636416**.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Please support us at The Ring of Beara Cycle on 23rd May 2015. Contact the Centre for application forms and sponsorship cards. For more information see [www.ringofbearacyclekenmare.com](http://www.ringofbearacyclekenmare.com)

## Health Matters....

With Dr. Michael O'Doherty

### SEASONAL ALLERGIC RHINITIS

Seasonal allergic rhinitis or Hay fever as it is also called is a common condition. It often first develops in school-aged children and during the teenage years. Symptoms return for a season each year. Hay fever is caused by an allergy to grass or hay pollens. Grass pollen is the most common cause and tends to affect people every year in the grass pollen season from about May to July.

Symptoms are due to your immune system reacting to the pollen. Cells in the lining of the nose and eyes release histamine and other chemicals when they come into contact with pollen. This causes inflammation in the nose (rhinitis) and eyes (conjunctivitis). Sometimes the sinuses and throat can also be affected.

Hay fever tends to run in families. You are also more likely to develop hay fever if you already have asthma or eczema. The conditions asthma, eczema and hay fever are known together as atopic conditions or atopy.

#### WHAT ARE THE SYMPTOMS?

The symptoms of hay fever can vary from person to person. Some people only have mild symptoms that tend to come and go. Others can be severely affected with symptoms that are present everyday during the pollen season:

**Common symptoms** – these include a runny nose and itchy nose, a blocked nose, sneezing, itchy and watery eyes and an itchy throat. In some cases only nasal symptoms occur and in some cases only eye symptoms occur.

**Less common symptoms** – these include loss of smell, face pain, sweats and headache.

#### HOW IS HAY FEVER DIAGNOSED?

Your doctor can usually diagnose hay fever from your typical symptoms that can occur during the hay fever season. They may also ask if there is a history in your family of hay fever, asthma or eczema. If the diagnosis is in doubt the doctor can do a blood test to confirm a pollen allergy.

#### WHAT ARE THE COMMONLY USED TREATMENTS?

The commonly used treatment options used for hay fever are: antihistamine nasal sprays, antihistamine tablets, steroid nasal sprays, and eye drops. If your hay fever symptoms are not controlled on the medication that you are taking after 2-4 weeks, you should discuss this with your doctor. You may need to try a different treatment or add in another treatment.

##### *Antihistamine nasal spray*

A dose from an antihistamine nasal spray can rapidly ease itching, sneezing and watering. It may not be so good at easing congestion. Antihistamines work by blocking the action of histamine. This is one of the chemicals involved in allergic reactions.



**CONTINUED NEXT WEEK ....**

**Dr. Michael O'Doherty,**  
General Practitioner  
and Occupational Health Specialist  
**The Killarney Medical Centre,**  
47 New Street, Killarney.  
t: 064-6620628.



## GLENFLESK NEWS WITH DONAL KELLY

**COUNTY LEAGUE DIV 2:** The Glenflesk senior team, sponsored by the Jarvey's Rest, were narrowly defeated by Templehoe in the third round of the county league on Sunday April 12th on a scoreline of 2-5 to 0-12. The Glenflesk goals were scored by Lee O'Donoghue and Dara Roche, with the winning point for Templehoe the result of a long-range free in added time. The next game in the county league is at home to Currow on the weekend of May 10th.

**INTERMEDIATE COUNTY CHAMPIONSHIP:** Glenflesk will play Castleisland Desmonds in the first round of the Intermediate County Championship on Sunday April 19th at 2pm in Glenflesk.

**ALL-IRELAND SENIOR SCÓR:** The Glenflesk senior figure dancers will compete in the All-Ireland final of Senior Scór on April 25th in Citywest, Dublin.

**GLENFLESK LADIES FOOTBALL:** Our U12 girls won their opening game of the season against Dr. Crokes last Tuesday evening with

a great team performance. The U14 girls continued their winning ways against Duagh last week on a on a scoreline of 1-8 to 1-0. The U6, U8 and U10 girls recommence training on Thursday evenings at 7pm. Best wishes to Jillian Courtney And the Kerry U14s who face Waterford on April 18th, and Emma Dinneen and the Kerry U16s who play Cork on April 19th.

**COMMUNITY GAMES:** The U11 mixed basketball team took part in the county finals on Saturday 11 April. We had a tough draw against Castleisland, Rathmore/Gneeveguilla and Furies. They played their three matches very well but unfortunately didn't progress to the playoffs. A great performance by the whole team and we would like to thank them all for putting their time into showing up for training and being part of the team today. A big well done to Eabha Rudden, Caoimhe Kelly, Eilis Mullane, Luke Crowley, Steven Moynihan, Eoghan Kelly and Ben Switzer. A special thanks to Anne Rudden for her time in coaching the

team and to Elizabeth Switzer for co-ordinating. We wish best of luck to Rathmore/Gneeveguilla who go on to represent Kerry in the Munster finals in July.

**KWD COUNTYWIDE CLEAN-UP:** Saturday April 18th is county clean-up day and everyone is encouraged to take some time to pick up rubbish in their local area. Special bags for the collection are available from Derry Healy (087 2707899) or Johnny Courtney (087 2383637), and can be left on the roadside for collection.

**RAHEEN NS:** Congratulations to Caroline Kissane who had the winning lotto no. 11 on Saturday the 11th of April. Congratulations to Sheila Warren who had the winning lotto no. 44 on Saturday the 4th of April.

**CONTACT:** We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Sunday.

## BEAUFORT NEWS

**PIONEER SOCIAL:** The 65th Anniversary Social promises to be a most enjoyable occasion. Plenty spot prizes etc. Photographic exhibition and special souvenir menu for the occasion. For remaining tickets please contact 064-6644319.

**BEAUFORT BOWLS CLUB:** Tom Grant Memorial Cup-Over the Winter months, Beaufort Bowls Club has been playing a Singles Championship in memory of the late Tom Grant. When the Club was started, it was Tom who came and gave instruction, and set it on the road to success, culminating in winning the prestigious National Active Retirement Ireland Competition in 2012. The Club owes him everything.

Winner of this year's event was Michael Moloney, with runners up Gisela Gloge and Nancy Hegarty, and the Cup was sponsored by Trophy World, Tralee. Mary Grant presented the prizes.

**HOSPICE WALK:** A huge thanks to all who took part and contributed to the Good Friday Walk. It was a great day. Well done to all involved in organising it.

**RING OF THE REEKS CYCLE:** Beaufort G.A.A. Club and Killorglin Cycling Club have joined forces again this year to bring you the 'Ring of the Reeks', Caragh Lake Loop and the 'Ring of Beaufort' leisure spins which will be held on Saturday, 4th July. More details later.

**COMMUNITY GAMES:** Best of luck to all our swimmers taking part in the county finals in Tralee this Sunday, 19th April. U8: Keeva Riordan and Fionn Kennedy. U10: Ellie Mangan, Aoibhinn Coffey, Peter O'Doherty, Timmy Galvin, Marina Eagar, Alicia Coffey, Grainne Kennedy, Kate Mangan and Eanna Coffey. U12: Conor Lehane, Kerry Eagar, Emma O'Sullivan, Mikey Moriarty, Sinead Barrett, Rachel Lehane, Joshua Coffey, Donncha Coffey and Lola Eagar.

**U14:** Lauren Lehane, Mairead Egan, Roisin Kennedy and Timmy Casey.



**BEAUFORT BOWLS CLUB SINGLES CHAMPIONSHIP**  
LEFT TO RIGHT GISELA GLOGE, MICHAEL MOLONEY (WINNER), NANCY HEGARTY AND MARY GRANT.



**WELL DONE:** TO ALL WHO ATTENDED THE 3RD ANNUAL KPR COUNTRY HILL RIDE 2015. HORSES AND PONIES WERE UP THE MACGILLYCUDDY'S REEKS AND SURROUNDS. THE EVENT IS CROSS COUNTRY AND ENJOYED BY ALL. THANKS ALSO TO LOCAL BEAUFORT FARMERS FOR THEIR CONTINUED SUPPORT.

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## 6 TIPS THAT YOU MIGHT FIND USEFUL:

1. Check a Warm Fridge's Temperature Dial - Make sure it hasn't been turned way down. Children may have messed with it, or someone might have hit the knob. Also, make sure that food containers don't block the fridge and freezer compartments' vents—they supply the flow of frigid air.
2. Test the Outlet - If any electronic item suddenly won't turn on, don't immediately assume it's broken. Plug in a radio or lamp to make sure the socket works.
3. Get a Low-Flow Showerhead - Showerheads are the second-heaviest water users—and also major energy eaters, since 70% percent of the water used is heated. By reducing hot-water consumption, a low-flow unit can pay for itself in a short time. Many of today's water-efficient showerheads use new technology to provide a high-flow feel.
4. Fill Gaps Under Sinks - Check where pipes enter exterior walls, and you may see gaps around the pipes. Use expanding foam to seal those gaps. Shake the can vigorously, then squirt the foam around the pipes inside the wall. Don't completely fill the gaps—the foam will expand.
5. Dab a light-switch cover with glow paint No more groping blindly at night. You can find glow-in-the-dark paint at hardware stores and home centres.
6. Easily inspect your gutters - You don't need a ladder to find out if they need cleaning. Attach a hand mirror to the end of a long old PVC pipe that you've cut at a 60-degree angle so the mirror will reflect the inside of the gutter.

## TWO OF THE WORLD'S OLDEST WOMEN DIE WITHIN A WEEK OF EACH OTHER:

\* Misao Okawa of Japan, died on April 1st of heart failure just a month after celebrating her 117th birthday, not only did she hold the record as the world's oldest woman but she was also officially recognised by Guinness World Records as the world's oldest living person, following the death of Japanese man Jiroemon Kimura on 12 June 2013 until her own death on 1 April 2015.

Ms. Okawa was the verified oldest Japanese person ever, the oldest person ever born in Asia, and the fifth oldest verified person ever recorded. Ms. Okawa was the 30th person verified to have reached age 115, the tenth verified person to reach the age of 116 and the fifth verified person to reach the age of 117. She was also the last living Japanese person verified to have been born in the 1800s.

Ms. Okawa was born on 5 March 1898, the fourth daughter of a draper in the Tenma district of Osaka. She married Yukio Okawa in 1919 and had three children (two daughters and one son), of whom her son, Hiroshi, and daughter Shizuyo survived her. Her husband died on 20 June 1931. She had four

grandchildren and six great-grandchildren. From 1997, she lived at a nursing home and was able to walk until she was 110, when she began using a wheelchair to prevent falls but was able to propel herself using her wheelchair.

\* Gertrude Weaver (née Gaines; July 4, 1898 – April 6, 2015) was born in Arkansas near the border with Texas. She became the oldest living person in the United States upon the death of Dina Manfredini on December 17, 2012, and became the oldest living person in the world on April 1st 2015, until her own death five days later. At the time of her death she was the seventh verified oldest person ever and the third oldest person ever from the United States.

Ms. Weaver was born in southwestern Arkansas to Charles Gaines and Ophelia Jeffreys who were African American sharecroppers and spent much of her life working as a domestic helper. She married on July 18, 1915 and had four children. At the time of her 116th birthday one son, Joe was still alive at age 93.

At the age of 104, she moved to a Nursing home in Camden, Arkansas after breaking her hip. With rehabilitation, she recovered from the injury and was able to move back to her home with the help of her granddaughter. At 109, she returned to the nursing home in Camden, her health declined somewhat after her 115th birthday but she still left her room for meals and activities at the nursing home. Ms. Weaver did not have any chronic health problems; she slept well and did not drink alcohol or smoke. She said she owed her long life to "Trusting in the Lord, hard work, loving everybody, eating her own cooking and always trying to do her best".

At her 116th birthday celebration, the Gerontology Research Group (GRG) announced that they had verified Ms. Weaver's age making her the oldest verified living American and they presented her with a plaque inscribed with her title as oldest American. The GRG and Guinness World Records established that Ms. Weaver was also the oldest documented living person in the world.

Ms. Weaver also received a letter from President Barack Obama, and the Mayor of Camden which declared her birthday "Gertrude Day."

On April 6, 2015, Ms. Weaver died from pneumonia aged 116 at Silver Oaks Health and Rehabilitation Centre.

Kathy Langley, an administrator of the Nursing Home in Camden where Gertrude lived, said that Gertrude "knew everything and certainly enjoyed it, she was alert and oriented. She knew that she was the oldest person in the world, and she enjoyed that distinction greatly. She enjoyed every phone call, every letter, every comment — everything was read to her".

Gertrude was looking forward to her 117th birthday, which would have come on the Fourth of July. She was hoping President

Obama would show up to celebrate her birthday with her Ms. Langley said and added that the entire staff is devastated by her loss." At time of writing, Jeralean Talley a 115-year-old Detroit-area woman is listed as the world's oldest living person.

Jeralean was born in Montrose, Georgia on May 23, 1899 to Samuel and Amelia Kurtz. One of 11 children, she spent her early years living on a farm picking cotton and peanuts and digging sweet potatoes out of the ground. She moved to Inkster, Michigan, in 1935, and has lived there since. A year later, she married Alfred Talley and had one child, a daughter, Thelma Holloway, born in 1937. Ms. Kurtz and Mr. Talley were wed for 52 years before her husband died in October 1988, at the age of 95. She has three grandchildren, 10 great-grandchildren, and 4 great-great-grandchildren.

According to her daughter Thelma, Jeralean stayed active in her later life by sewing dresses, making quilts and playing the slot machines at casinos. She bowled until she was 104, when her legs got too weak, but still goes on annual fishing trips with her friend Michael Kinloch and his son Tyler (who is also her godson). She does not drive a car, saying that she tried it once but pushed the wrong pedal, causing it to go in reverse rather than move forward. She never wanted to try again. Ms. Talley is a member of the New Jerusalem Missionary Baptist Church, whose members celebrated her 114th birthday by officially naming the church's driveway after her. Ms. Talley also received a personalised letter from U.S. President Barack Obama, who wrote that she was "part of an extraordinary generation". Ms. Talley lives by the Golden Rule: "Treat others the way you want to be treated". Known in the community for her wisdom and wit, she has sometimes been asked for advice. She has previously advised people to use common sense, saying "I don't have much education but what little sense I got, I try to use it"

## ANSWER TO LAST WEEKS RIDDLE:

A ladder hangs over the side of a ship anchored in a port. The bottom rung touches the water. The distance between rungs is 20 cm and the length of the ladder is 180 cm. The tide is rising at the rate of 15 cm each hour.

When will the water reach the seventh rung from the top?

The tide is raising water so it is also raising the ship, so the water will still reach only the first rung.

## THIS WEEKS QUOTE:

"If you could kick the person in the pants responsible for most of your trouble, you wouldn't sit for a month" - Theodore Roosevelt.

## ON THIS DATE – APRIL 17TH:

1783 - The British Renunciation Act



acknowledged the exclusive right of the Irish parliament and courts to make and administer laws for Ireland.

1817 - First US school for the deaf (Hartford, Connecticut).

1875 - Election of Charles Stewart Parnell as MP for Meath.

1907 - Ellis Island immigration centre processed 11,747 people, record for one day.

1920 - The inquest into the death of Tomás MacCurtain, Lord Mayor of Cork killed by policemen in disguise on 19 March, returned a verdict of wilful murder against the RIC, and indicted Lloyd George and the British government.

1936 - Brendan Kennelly, Lecturer and Poet, born in Ballylongford, Co. Kerry.

1951 - The Peak District was designated Britain's first national park.

1964 - Jerrie Mock became the first woman to fly solo around the world.

1969 - Sirhan Sirhan was convicted of the murder of Senator Robert F. Kennedy.

2003 - Temperatures across the Country soared to 24°C

## HOW TO HELP STOP 1 BILLION BIRDS FROM FLYING INTO WINDOWS AND BUILDINGS:

A billion birds a year are accidentally flying into windows and buildings. The problem is particularly bad in the spring and fall, when birds are migrating across continents and hemispheres rather than staying put. Though birds have developed their migratory routes over thousands of years, evolution hasn't prepared them for one particular obstacle: tall glass buildings.

Smaller birds are especially prone to crashing into glass windows and walls. When they're flying, the birds get thrown off by lights left on inside buildings or get disoriented by smooth, transparent glass surfaces. They can slam right into a window and die upon impact.

If you'd like to make sure birds bypass your windows rather than crash land, you can do the following:

- \* Position bird feeders away from glass windows, so that birds won't see a bird feeder reflected in the glass and aim for it instead of the actual feeder.

- \* Pull blinds or shades down in front of sunny windows to reduce reflections. This will also help keep the shaded room cooler during hot months.

- \* Plant trees where they can obscure glass somewhat and make bird strikes less likely.

- \* Use a patterned window film that allows light to enter a room, but will repel birds.

## THIS WEEKS RIDDLE & TONGUE TWISTER:

One big hockey fan claimed to be able to tell the score before any game. How did he do it? Answer next week.

Betty bought a bit of butter. But the bit of butter Betty bought was bitter. So Betty bought a bit of better butter. To make the bitter butter better!

## FISHERMAN MAKES CATCH OF A LIFETIME:

A fisherman piloting his small vessel off the coast of Italy made the catch of a lifetime when he reeled in a roe deer that had somehow gotten himself lost far out to sea.

Enrico Di Francesco was about a half-mile out from the port village of Giulianova when he spotted what he thought was a floating tree trunk. It was only as he drew closer that he was shocked to discover it was, in fact, an exhausted animal that seemed very much in need of a helping hand.

Fearing that the deer might drown, Enrico decided to give him a lift back to shore, so he hoisted him aboard the boat.

"It was not an easy catch," he said.

Enrico alerted authorities and headed back to port with the deer. After snapping a few photos, as is customary with such memorable catches, he handed the deer over to wildlife officials, who released him back into the forest. Thanks to the fisherman's kindness and compassion, the deer is once again safe and sound on dry land — a happy ending to a rather perplexing tale.

## DID YOU EVER WONDER WHERE MAPLE SYRUP COMES FROM?

Turning maple tree sap into amber nectar is no easy feat. It was even harder in the days before plastic tubing and vacuum pumps. There are accounts of Native Americans tapping maple trees and boiling down the sap for use as a sweetener dating back to the 1500s and oral traditions that would indicate the practice goes even further back in time.

Most people associate maple syrup with Canada, which is the world's largest producer, despite the fact that there are more tappable

maple trees in New York State than anywhere else in the world.

Maple syrup is produced by tapping trees during the 20-or-so prime tapping days a year. These are days when the weather is right: In the 40s (Fahrenheit) during the day and below freezing at night. Then, the collected sap is heated to evaporate the extra liquid, forming a thick syrup, and then often barrelled over several days. In order to barrel the syrup on the same day, it's necessary to produce enough syrup to fill at least one barrel. While this seems like an easy task, it becomes more daunting when you realise that it takes 40-50 gallons of sap to make one gallon of syrup. Over a season, a single tap will produce anywhere from a third to a half-gallon of syrup. At 40,000 taps, a light day can be as little as one barrel, while 10 barrels can be made on a good day.

## DID YOU KNOW?

The Indonesian volcano Krakatoa erupted in 1883 killing between 40,000 and 120,000 people and produced a sound that was reportedly heard nearly 3,000 miles away. The eruption began in earnest in June 1883 and culminated with four monstrous blasts a few months later in August — blasts that were heard in both Perth, Australia (2,200 miles away), and on the island of Rodrigues in the Indian Ocean (3,000 miles away). A huge tsunami followed shortly thereafter, reaching more than 150 feet high in some places. The final and most cataclysmic blast exploded out of Krakatoa at a speed of more than 675 miles per hour and was so powerful that it blew out the eardrums of nearby sailors and continued to be readable on barographs all around the world for days afterward.

## FINALLY THIS WEEK:

Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they are sexy.





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**A WORD OF VICTORY**

Welcome back dear reader one of the greatest needs of mankind today is good counsel, there is a distinct lack of leadership in all aspects of life. What we need are leaders who are humble enough to admit they need God's counsel. In the Gospel of John chapter 10 verse 27 Jesus tells us "My sheep hear my voice and do not follow a stranger". Jesus the Son of God surely knows the best way to get things done and there must be a way of hearing Him speak to us. He speaks to us through the Bible. It is important to know that the Bible is like no other book, for hidden in the Words written the Spirit of God abides – "the Words that I speak to you are Spirit and they are life" John 6:63. Here is the key – as we are spirit beings living in a body, with a soul (mind, will and emotions) the part of us that connects with God is our human spirit. The problem is when we came into the world we were connected with sin, which contaminated our spirits. That's what Jesus meant in John chapter 3 that "unless you are born again one cannot enter the Kingdom of God" He was speaking about our spirits being separated from God. Through the power of the Holy Spirit when one calls on Jesus Christ for Salvation, God puts a new spirit into us supernaturally, and it's through this new spirit that we can make contact with Him and find out the things He wants us to do – "The things of God are spiritually discerned" 1 Corinthians 2:14. God wants us to succeed, He wants us to hear His voice and be led by Him. Whatever your walk of life friend you need to tune into His voice in order to be successful, happy and have peace. There is no other way. If you have a query on Scripture or any prayer need please call **064-6622950** or email **wordofvictory@eircom.net**. More next week...

Contact: 064 - 66 22950 Email: [wordofvictory@eircom.net](mailto:wordofvictory@eircom.net)

## DEBT REMOVAL PRAYER

Lord, I confess I've made mistakes, I have accumulated too much debt, and now I cannot imagine overcoming it without your help. Please Lord, I beg of you to intercede on my behalf. Provide me with the financial means to be able to breath again. Please forgive my sins Lord. Walk with me and help me to make the right decisions throughout my life. In your name I pray. Amen. You must say 3 Our Fathers for 7 Days. Must promise publication. Never Know to fail. **M.O.S.**

## NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

## DEBT REMOVAL PRAYER

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## MEMORARE TO OUR LADY OF LA SALETTE

**Remember, Our Lady of La Salette,** true Mother of Sorrows, the tears you shed for us on Calvary. Remember also the care you have taken to keep us faithful to Christ, your Son. Having done so much for your children you will not now abandon us. Comforted by this consoling thought, we come to you pleading, despite our infidelities and ingratitude. **Virgin of Reconciliation,** do not reject our prayers, but intercede for us, obtain for us the grace to love Jesus above all else. May we console you by living a holy life and so come to share the eternal life Christ gained by his cross Amen. **La Salette Invocation;** Our Lady of La Salette, Reconciler of sinners, pray without ceasing for us who have recourse to you.

## NOVENA TO ST. CLAIRE

Ask St. Claire for 3 favours, 1 business, 2 impossible, say 9 Hail Mary's for 9 day's with a lighted candle. Pray whether you believe it or not. Publish on the 9th day. "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and always. Request will be granted no matter how impossible it may seen. Publication must be promised. **L.B.W.**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted.

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## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received.



## ACKNOWLEDGEMENT & 1ST ANNIVERSARY



In Loving Memory of

### TED CURRAN

**Coolbane, Killorglin,  
Co. Kerry.**

**Who died on the 22nd April 2014.**

On the first Anniversary of Ted's sudden and untimely death, we his wife Joan sons Seamus and Joseph and extended Curran family wish to thank all those who helped and supported us at that very difficult time and since.

We will always remember with deep gratitude the many kind people who telephoned with messages of condolence, called to our home, attended Ted's removal, funeral Mass and burial, those who sent us Mass cards, flowers and those who supplied food and beverages.

Thanks to the following members of the Clergy, Fr Teddy Lenihan who administered the last Rites to Ted, Fr. Michael Wall chaplain Mary Immaculate College Limerick who attended the removal, Fr Liam O'Brien for his wonderful support and for making Ted's funeral Mass so special and Fr MI Fleming who officiated at the burial. Thanks to the choir, altar servers, and Flynns Undertakers for their assistance. Thanks to the management and staff of ESB offices Killarney and Cork, relatives, former neighbours and friends from Sneem and beyond, the Chairman and Members of Listry Community Council and Listry monthly Social Club, the Management and staff of Killarney Country Club and finally to our wonderful extended family members who travelled long distances to be with us at that very sad time-all help and support was very much appreciated.

Please accept this acknowledgement as a token of our appreciation.

**Ted's first anniversary Mass  
will be celebrated in St. James's  
Church Killorglin on Sunday April  
19th at 12 noon.**

## 4TH ANNIVERSARY

In Loving Memory of



### BRIDIE O'SHEA

**Deelish Park, Beaufort,  
Killarney, Co. Kerry.**

**Who Died on 14th April 2011**

R.I.P.

*A silent thought, a quiet prayer;  
For a special person in God's care.*

*God saw her getting tired  
When a cure was not to be,  
So he closed his arms around her  
And whispered "Come to Me."*

**Sadly missed by her  
husband Mike.**

**Anniversary Mass will take place in  
Beaufort Church on Saturday  
18th April at 7.30pm.**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted.

M.D.

## PRAYER TO THE VIRGIN MARY

### NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. N.M.

## NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

S.P.

## PRAYER TO THE VIRGIN MARY

### NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. S.O.S.

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted.

B.O.M.

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted. E.D.

## NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

M.M.

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.  
And to all of the Saints for favours received.

X

## PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted). S.O.S.

## PRAYER TO THE VIRGIN MARY

### NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

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M.M.



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