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Members of Killarney Rotary Club gathered at The Great Southern Hotel this week to present the charities who benefited from the Rotary Wine & Art Evening with their cheques. See Page 4.



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THIS WEEK

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€27,000 PRESENTED TO WINE AND ART NIGHT BENEFICIARIES See Page 4

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FROM THE EDITOR

Welcome to this week's edition of Killarney Outlook.

It's a busy one with lots happening in and around the town of Killarney. Numerous charities are celebrating following donations from the Killarney Rotary Club following their Wine & Art Night, Kerry people have answered to call to help disaster struck Turkey and Syria and Recovery Haven have potted over €8,500.

Aisling Crosbie.

It's Red Carpet Time at St. Francis Special School, Susan takes the reins at Keane's Jewellers and Liam O'Connor has joined forces with Mike Denver for a new single.

Sam made it to the Summit raising €36,530, a book on the History of Liebherr Container Cranes is set to be launched and Hospitality Staff across the county have been honoured.

St. Brendan's College are celebrating their 24th win of the Corn Uí Mhuiré, it's kick off at Kerry Soccer Club under Captain Matt Keane and Olympian David Kenny has broken the National Record. All this and lots more in this week's Killarney Outlook!

HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE T: 0818 222 024

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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€27,000 PRESENTED TO Wine & Art Night Beneficiaries

whopping €27,000 was raised at the Killarney Rotary Club Wine & : The Killarney Rotary Club Art Evening which was held in The Great Southern Hotel in the lead up to Christmas and this week representatives from various charities gathered at the hotel to receive their cheques. The event is one of the highlights on Killarney's social calendar in the lead up to Christmas and this year was a huge success with everyone delighted to be back to normal and out and about.

The event is hosted by Killarney Rotary Club in association with Daly's Super Valu and Killarney Brewing Company. The artists attending were from all over the place - Kerry, Cork, Limerick, Clare, Waterford and a few more places and there were many artists whose first time it was exhibiting at this event. They thoroughly enjoyed the experience and said they look forward to the next time. Rotary are already looking forward to the 2023 night and hope that the artists will keep painting and be prepared to register when the date is released (usually date available in early September). This year we had a waiting list for places as there was huge demand early on.

The 2022 beneficiaries attended the Rotary meeting on Wednesday 15th to receive their cheques. These are Coolick N.S. Gaelscoil Faithleann, Holy Cross Mercy N.S., St. Francis School, Tiernaboul N.S., Irish Pilgrimage Trust, Kerry Stars Special Olympics Club, Killarney Athletic A.C. & Killarney Cougars Basketball Club. The representatives from each spoke to the group gathered and said what the money will fund. Each of them thanked Killarney Rotary Club for giving them the opportunity to be involved in such a wonderful event and that this money means so much to them.

President Rayla Tadjimatova spoke and said the Club were delighted to work with such an enthusiastic bunch of people and that there was a wonderful buzz in the room on the night of the event. She thanked the members of the Club for all the hard work that went into the planning and Killarney Rotary Club President Rayla Tadjimatova hosting of this event to make

it such a success. She thanked



all the family members and friends of Rotary that helped in any way and it is important to note that all this work is voluntary. She said it was great to see the artists and patrons enjoying themselves on the night. She thanked Daly's Super Valu and Killarney Brewing Company for their ongoing support of this event year in year out and she gave a special thanks to the team at the Great Southern who ensured everything was ok on the night and the room was looking beautiful all decked out for the Christmas season. She thanked Mike Neeson for the entertainment in the bar from early until late.

If anybody wishes to obtain further information about the event or anything else to do with Killarney Rotary Club you may email killarneyrotaryclub@gmail.com.

RECOVERY HAVEN POT €8,500 FOLLOWING SNOOKER EXHIBITION



Con O'Sullivan, left and Pat Eviston pictured presenting Marisa Reidy and Jacinta Bradley from Recovery Haven Kerry Cancer Support House with a cheque for €8,500, the proceeds from the Snooker Legends Exhibitiion which took place in The Danny Mann, Killarney recently. Photo: Don MacMonagle

C NOOKER legends, Ken Doherty and Jimmy White were **J**part of a very special New Year's reunion in Killarney in January when they took part in a charity exhibition match in aid of Recovery Haven Kerry Cancer Support House.

The renowned snooker legends appeared at Killarney's Eviston House Hotel on Monday, January 2nd for this very special event, organised by local man Connie O'Sullivan and hotel owner Patrick Eviston. Patrick wanted to host the event in memory of his late wife Linda, who received valuable support form Recovery Haven prior to her death.

The event also marks the 25th anniversary of Ken Doherty's World Championship win, with the Dubliner brought along his coveted trophy on the night.

As well as the match itself, there was also a raffle on the night in aid of Recovery Haven Kerry which featured a host of keenly sought-after items, including a signed cue from each player, as well as a cue signed by the late, great, Alex Higgins. Patrick has collected over €90,000 to date for various cancer charities in memory of his wife Linda.

LITTLE EXPLORERS HEAD TO WANDER WILD FESTIVAL

he Wander Wild Festival 2023 has just announced a fantastic children's programme. The unique adventure and wellness festival set in the lakes and mountains of Killarney National Park is brimming with activities for children of all ages and teenagers to have fun and to explore nature.

Wander Wild Festival, Ireland's great outdoors festival, takes place in Killarney from 24th-26th March 2023.

Teenagers can test their skills of solving puzzles and riddles when they try out The Escape Room, or budding actors and singers can create a unique musical and drama performance at the 'Spring Awakening' workshop, run by MACademy Performing Arts School.

For the adults that want their own adventure, check out the full festival schedule on wanderwildfestival.com - there are over 50 activities from scaling Carrauntoohil, to sunrise dips and saunas, a range of yoga classes, guided hikes, kayaking tours, the premiere of two Irish adventure films, a gourmet food trail, a photo exhibition, and a spectacular opening

Spring Equinox parade to celebrate the end of winter and the rebirth of spring, to name but a few!!





NEWS

CAOIMHE AND MICHAEL ON A MERCY MISSION in aid of **Turkey and Syria**

here has been a widespread There has been a marked in response to the earthquake in Turkey and Syria by the people of Killarney and beyond.

In the past week, two kind hearted people have put their shoulder to the wheel in an effort to get much needed humanitarian aid to those in need following the devastating guake.

Known for her generous nature supporting many humanitarian crisis, Caoimhe Lynch has been busy this week collecting warm clothing and blankets, non perishable goods, baby forumla, nappies and hygene products to send to the hundreds of thousands of people who have been affected by the devestating earthquake in Turkey and Svria.

Caoimhe held a collection at the Cathedral Carpark on Monday evening and spent Tuesday packing up the donations before bringing them to the Turkish Embassy in Dublin.

Caoimhe, who is a teacher in Dublin runs the Kindgom Gospel Kids Choir and has visited orphanages in Belarus on a voluntary basis.

Meanwhile Michael Kaya who runs The Turkish Barber on High Street has put his work life on hold to assist people from his homeland.



Caoimhe Lynch at the Cathedral Car Park on Monday evening collecting humanitarian aid for Turkey and Syria.

site of the earthquake

"I am lucky that

living about

family

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hours

but I still felt the need to help the Turkish people", Michael told Killarney Outlook.

"I have had an amazing response and it made me realise that the people of Killarney are so fantastic in their generosity", Michael added.

"I have had donations, not just from Killarney but from across the whole county and also from West Cork and this week, along with my family, friends and fellow workers in my barber shop, we boxed up everything from warm clothes, blankets, nappies, food etc to send to Turkey", Michael said.

"I can't find the words to say how full my heart is and how grateful I am to everyone", Michael added.

Both Michael and Caoimhe managed to fill two trucks which arrived at the Turkish Embassy in Dublin this week.



Michael Kava nictured with the Humanitarian Aid which he has sent to Turkey this week



Siobhan Lynch, Caoimhe Lynch, Mary O Leary preparing to pack boxe of Humanitarian Aid destined for Turkey and Syria.



Leah O'Shea, Amy O'Shea, Caoimhe Lynch, Rebecca O'Shea, Anna O'Connor, Sheila Rice, Aisling O'Connor, Marie Fleming, Deirdre O' Carroll pictured with the packed boxes of Humanitarian Aid destined for Turkey and Svria.





NEWS

Funding for Finnegans Cross Works



Deputy Michael Healy Rae has welcomed the announcement that almost €31 million has been allocated to Kerry County Council to invest in the maintenance and strengthening of local routes.

"I am particularly delighted with the allocation of over €400,000 to Finnegans Cross in Kilcummin. This has been an accident blackspot and I raised the area in Parliamentary Questions in Dail Eireann after the first accident which occurred there", Deputy Healy Rae told Killarney Outlook.

"It took a lot of hard lobbying for me to ensure that the funds were allocated to Finnegans Cross and I am delighted for the people of Kilcummin and road users

in general that this dangerous junction will finally be fixed", he added. The allocation is part of €626 million which will be invested in local regional and local roads around the country this year and will include: Road pavement strengthening works

Drainage works Preventative surface dressing work Safety improvement works

Killarney Venue for Jane's Birthday

English actress, OBE, Jane Seymour, has celebrated her birthday in Killarney at Randles Court Hotel and was welcomed by Kerry International Film Festival (KIFF) Board Member, Aileen Garvey.

The actress is best known as a Bond girl in the 1973 James Bond film 'Live and Let Die' and she also reached a whole new audience through her starring role in the extremely popular 1990's American television series, Dr. Quinn Medicine Woman.

Ms. Seymour has starred in an array of films throughout her extensive careear, including Somewhere In Time, Wedding Crashers, Love, Wedding, Marriage, Little Italy, The War with Grandpa and Friendsgiving amongst many others.

In addition to her acting career, Jane Seymour is also the founder of the Open Hearts Foundation and she has (co-) written several children's books and self help books. She has also created the Jane Seymour Designs label which includes sculptures, jewellery, furniture and fashion.





Kerry International Film Festival (KIFF) Board Member, Aileen Garvey, together with Golden Globe and Emmy Award winning actress Jane Seymour in Randles Hotel Killarney.

It's red carpet time...A night at the OsKaRs



It's red carpet time...A night at the OsKarS! School Principal, Keith Ó Brolacháin, centre, arrives amid tight security with Shane Riordan and Martin Stack on hand to provide protection. Photo: Valerie O'Sullivan

ts time to roll out the red carpet as St Francis Special School in Beaufort are busy preparing to presents " A Night at the OsKarS" at the INEC on Thursday, 30th March, 2023.

All your favourite movies and celebrities under one roof - and the nominees are:

The Teachers, SNAs, Secretary, House Staff, Bus Escorts, Parents, Family and members of the Children's Therapy team all appear in 7 different movies. The 'movie stars' will compete for a highly coveted "OsKaR" categories: Best Actor, Best Actress, Best Supporting Actor.

The celebrity judging panel

includes popular entertainers and TV personalities and YOUR vote will be included on the night. So dress up in your favourite evening gown, tuxedo or even Sam Smith outfit!

Tickets @ €25 each, can be purchased from the school staff, the school reception or via the email: OsKarS@sfss. ie or sfss.ie . The Red Carpet entrance from 7pm. Show starts at 8pm.

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NEWS

SUSAN TAKES THE REINS AT KEANE'S JEWELLERS

Killarney native Susan Moriarty has been appointed as the new manager of Keanes Jewellers on High Street.

Susan, who has worked for the Keane family in the second of their three stores across Munster for almost 20 years, is taking over from Paul Trant. "We want to congratulate Paul on his 29 years of service and we wish him all the best in his new role", Director of the company, Gerard Keane said.

Susan, a Killarney native, recalls how she "started working in Keanes Jewellers Killarney in October 2006, and this year has definitely been the highlight of the journey as I begin my new position of the manager of the Killarney store."

"I have had such wonderful, loyal customers over my time in Keanes and it is a privilege to be part of their

journey from buying engagement rings, followed by wedding bands and then eternity rings and even now coming in with their children to buy christening gifts. As well as the relationship I have built with the customers over the years, the timespan is also a great reflection on the Keane family themselves, they have been a fantastic support to me throughout my time working with them, across all aspects."



Keanes Jewellers have announced the appointment of Susan Moriarty as their Killarney stores new manager. Susan, who has worked for the Keane family in the second of their three stores across Munster for almost 20 years. Photo: Domnick Walshe - Eye Focus.

2023 is not only a major milestone for Susan with Keanes, but the whole company, as they celebrate their 75th year in business. "Over the decades attention to customers' needs has ingrained itself into the wonderful staff with whom we have been so fortunate to serve," explains Patrick Keane, Director, "To them, and to our many customers, we offer a huge "thank you" for making Keanes the success it is today".

AUTISM FRIENDLY SENSORY POD OPENED AT THE MON

A National School Sensory Pod which was won by the School at the 2022 IPPN was officially opened by the Minister of State for Special Education and Inclusion Josepha Madigan on Wednesday 8th February.



Pictured at the official opening of the Presentation Monastery NS Killarney Sensory Pod were Rahib Ahmad, Jahaziel Cabrera, Minister for Inclusion Josepha Madigan, Kieran O Donoghue, Jamie Cordner, Mary Brosnan, Principal Mr Liam O Brien, Teacher and Noah Slattery.

The Pod which is worth €10,000 was sponsored by Freshtoday and and Murrays Medical and is a futuristic calming space full of amazing features which has a calming effect on users as well as being autism friendly. Money raised from the draw helped support AsIAm, Ireland's National Autism Charity.

"Since the arrival of our new sensory pod we have seen significant benefits for some of our boys as it has helped reduce stress ahead of the start of a school day and it really has become a safe space for some boys by reducing their anxiety.

"Our Staff are able to work on a one-to-one basis with the boys, helping them in their educational programmes with the help of music, songs and even the ambient lighting helps to block out distractions helping them concentrate a lot more on their tasks." Mary Brosnan, Principal of the Presentation Monastery National School said.

"We were thrilled to see the Presentation Monastery School win the Sensory Pod. The look on Mary's face when she realised, she had won made all of the hard work that went into this giveaway so worth it. Freshtoday are so excited to see the launch of this Sensory Pod in The Presentation Monastery school and to see this school and hopefully many others avail of this fantastic resource" Lynnsie O Donoghue – Marketing Manager at Freshtoday, said.

The Sensory Pod adds to the already significant resources the school has to cater for children with special educational needs along with its own interactive sensory room and newly opened special wing which caters for two classrooms in an Autism friendly manner.

Credit Union Phishing Scam Alert

The Irish League of Credit Unions (ILCU) is warning members of the public of a phishing scam.

The scam consists of a fraudster sending a text message and/or making a phone call claiming to be from a credit union and informing the recipient that their credit union account has been put on hold or locked. Recipients are then asked to click a link to a cloned credit union website and enter their personal details to verify their account, or they are asked for their personal details over the phone.

The ILCU would like to emphasise that Credit Unions will never contact an individual member by phone, text, or email asking them to click a **10** | **17.**02.23 link to verify their account or give personal account details over the phone.

If a member of the public does receive such a call, text message, or email they are advised not to give any account details to the caller or to click on the link under any circumstances. If a member of the public is in any doubt about



any message that they receive in relation to their credit union account, they should contact their local credit union directly.

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Anne Lucey looks at the positive news happening in the town of Killarney

CIVIL WAR



Historian Owen O'Shea

We have a number of events later this month and early in March marking the Civil War in Kerry. The atrocities against the Republican side on Countess Bridge Killarney, along with Ballyseedy in Tralee will loom large.

There will also be markings of the deaths of the national army side in Knocknagoshel and other places and which have not been so publicly acknowledged, until now at least. In 2016 we could veer towards the word "celebrate" in the commemorations of the War of Independence. But there is nothing at all to celebrate in marking a civil war.

When I was a child in the 1960s $\,$ and '70s, it was rarely spoken of except in horror .

And yet each day I walked to and from Fossa school I would pass a monument to a civil war death on the Republican side.

There was a story at home about that killing and how my grandfather Dan Hogan was in the wood at Lakeview and witnessed the dragging of the dead man. Had Dan Hogan emerged he would almost certainly have been shot, I was told. But by which side he would have been shot, I don't know. Maybe by both.

My mother, born in 1922 would also tell me how at Fossa school in the '30s she would have to shout "Up Dev" in the school yard and would have to change her tune rapidly when she got home.

So every home has its half story about that dark period and its awful aftermath.

I am trying to make sense of why it is being recalled at all.

The Irish Civil War occurring so soon after independence is different to the Spanish if only because comrade turned the gun on comrade here in a matter of weeks.

Why Kerry was so bloody and vicious may, I think, be explained partly by the passion of Kerry people in all things.

Owen O'Shea who has written extensively on the subject tells me that for the first time the psychological damage to survivors and participants on both sides is emerging. He hopes the events to mark the Civil War in Kerry will bring greater understanding that the toll it took was "enormous" and the aftermath was depression and worse - things were so "visceral", Owen says.

Widening the lens further, it is the case that at the time the spirit of war and death had stalked the world for almost a decade. The dogs of war being let slip in 1914 had not been called back. It became normal for young men to go to war to kill and be killed. Both the Irish Civil War and indeed the War of Independence may be seen in the larger scheme of things as part of the tragedy of this period of world history, I would suggest. Tragedy in ancient Greece was reenacted on the public stage to arouse pity as well as understanding.

If the "commemorations" bring pity, they will have been worth it.

ST FINAN'S

As the speculation surrounding one of the most prominent State owned properties in Killarney continues, the HSE has told this column "a valuation" is underway for the second time:

"The HSE wish to confirm that a valuation of St Finan's site was carried out in June 2018. However, due to time passed and changes to the site itself a new up-to-date / current valuation is required and the HSE is in the process of having same completed . This process will take a number of weeks to complete, " the HSE said.

Why the land is not being used for local housing and the buildings are not being used for refugees and or asylum seekers or even apartments for locals is puzzling at this stage.

The lands immediately surrounding the hospital have not been included in the new draft residential land zoning for Killarney although surely the St Finan's buildings will attract the vacant property tax which should spur on the HSE. Surely?

The appalling earthquake in Syria and nearby Turkey, the very landmass that connects Europe with Asia and the dire straits of tens of millions of people, men



St Finan's can't be allowed to remain unused.

women and children, right now remind us that disasters on Europe's doorstep are not confined to war. And that Europe's limited room must be available for others too.

So far the EU has been encouraging people from the Ukraine to flee their own country to EU countries like Ireland even though much of the Ukraine is relatively untouched by the war which is mostly confined to the east.

Why can't shelter, including the erection of modular housing, be erected in the vast, vast west of the Ukraine?

Meanwhile with such dire need locally and globally, St Finan's can't be allowed remain unused.

SELF-CATERING CRACKDOWN

The sending out of enforcement notices to airbnb and other self catering property owners in Killarney by Kerry County Council has drawn the ire of the Irish



Self Catering Federation who are hoping to get some kind of audience in Dublin for small time rural operators on the matter. The council is of course doing its job.

We still expect local authorities to act and think locally. But we are probably mistaken in this. With almost a decade now, local authority functions have been subsumed to national. All kinds of powers from water to motor tax have been lost from councils which are now a kind of front line for Government policy.

This is a near tragedy for the local small business person or person with an ancillary small business in rural tourism where local authority planning laws will now be used against them to implement Government legislation.

They will face fines as well as legal and court costs for daring to continue to take in tourists into their homes without the proper planning. Those who rolled on bookings from Covid are in a particularly difficult position. Without planning they will face fines if they honour those bookings.

Big tourism businesses like hotels will have well-equipped, well-heeled organizations to take the fight directly from their corner to Dublin when faced with industry issues like VAT increases or Covid supports.

But the small fellow and girl will only be able to hope for the understanding of local bodies - and those bodies no longer have the power to act locally but must tow the line from Dublin.

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Time for Adventure as....

NEW BUSES ARRIVE AT ST MARY OF THE ANGELS

Residents at St. Mary of the Angels are set to Renjoy a new lease of life with the arrival of a fleet of busses which will allow them to go shopping, to the movies, enjoy gym sessions and overnight stays by accessing the local community more regularly.

From horse riding and hairdressing appointments, to library visits and sports, more transport means more regular activities beyond their home. Skills teaching plays a big role in each of the community outings. The importance of road safety, the use of traffic lights, how to choose from a menu, or pay for an item in a shop - these are all independent skills people can practise and achieve in the community.

St Mary of the Angels was initially funded for one wheelchair accessible bus but it soon became apparent that with more transport, more residents could access activities outside of the campus. There are now three buses, which allows the Social and Recreational Service team to carry out leisure sampling activities for each of the residents.

The additional transport affords the freedom to go on faraway day trips without clock-watching to get the bus back. The team have also been able to facilitate and commit to weekly community activities such as gym sessions, swimming at the community pool, beautician appointments, personal shopping, meals out and many more. Each outing is tailored to the wants and goals of the person.

to go further afield for overnight trips. One resident, Tomas, went to Cork City for the night, visited Fota Wildlife Park, did some shopping and took in a movie and dinner. The pure joy that this trip alone people that live with Tomas would have



Welcoming new buses added to the fleet at St Mary of the Angels in Beaufort are I-r: Sheila Marie Fitzgerald, Director of Nursing St John of God; Killian O'Dowd, Transforming Lives Project Cobrought to Tomas ordinator; Eoghan McCrohan, Social & Rec instructor; Kelly Burke, Social & Rec instructor; Emil was easy to see. Ronthaler, resident; David Lyons, Social & Rec instructor; Piaras Leahy, Social & Rec instructor; Previously, with only Sandra Farell, Social & Rec instructor; Patrice O'Neill, Interim Disability Manager Cork Kerry one bus, the other Healthcare. Photo By: Domnick Walsh © Eye Focus LTD.

been house-bound for two days to allow this trip to happen.

Another resident, Reece, is supported by the Social and Recreational Service to attend the gym in Killarney each week for his personal training session with coaches, Connor and Stephen. Not only have these gym sessions contributed to his health, Reece has built a great rapport with his coaches and the other staff. He is known by name by the regulars that train at the same time as him.

These are just two examples of the many experiences that each individual now has, made possible by the new buses and the Social and Recreational Service. Goals for 2023 include numerous overnights for many residents, as well as community art classes and day trips! The extra transport also supports the residents HSE Cork Kerry Disability Services welcomed

the allocation of Once Off National Funding that allowed for these new buses: "This funding has allowed us to update aged vehicles across a number of agencies in Cork and Kerry. St John of God Services received funding to purchase two extra vehicles for their Day and Residential Services and what a difference it has made," said Majella Daly, Head of Disability Services, Cork Kerry Community Healthcare.

"You can see how much it has enhanced the lives of the residents. It gives them so much freedom and independence, as well as opening up a whole world of activities that adds meaning to their day. They get to meet new people, plan days out and integrate more into their local community. It's fantastic to see how the new buses have helped to change and improve lives," she said.

Killarney Credit Union officially launch LOW COST GREEN LOANS

A Low Cost Green Loan with Killarney A Credit Union is quickly becoming one of the most popular products in their suite of loans. The Green Loan was recently introduced with the aim of offering members choice, value and flexibility in financing their switch to more environmentally friendly options. Killarney Credit Union were delighted to see their members and the community at large are interested in such a product and the response to date has been very positive.

This new suite of Green Loan products along with the CU Greener Homes product offers members and potential members more affordability in making greener choices in their homes and transport.

Mark Murphy, CEO stated "With greater influence on Climate action, personal responsibilities as well as commercial responsibilities we felt it was the right time to introduce further options for our members. Part of our strategic plan is to develop and enhance diversified products and services on a commercial, competitive and sustainable basis for all our credit union members. We want to

put environmental sustainability at the heart of our decision making, be a champion for climate change and embrace green issues in all aspects of our business."

The Green Loan offers finance for Family Home Green Initiatives, covering areas such as Renewable Energy upgrades, Attic, Floor, Wall and Pipe Insulation, Sustainable water/heating systems, Door, Window or Boiler Upgrades, Installation of energy efficient controls in the home and Deep Retrofit. The Green loan also covers Transport Initiatives such as Fully electric or Hybrid cars, Home Charger units and electric bicycles or motorcycles.

Karena McCarthy, Marketing Officer advised "The loan rates for our Green products are very competitive with one of the options offering the lowest interest rate we have available. The products cover a wide range of areas and also offer many member benefits. More and more people are considering upgrades and we are delighted to be in a position to help finance these aspirations."

If you are considering upgrading your home or transport to greener options, and you are looking for more affordable choice in financing these upgrades contact Killarney Credit Union on 064 6631344, www.killarneycu.ie/greenloan or call in to their branches in Killarney, Kenmare or Cahersiveen for one to one personal service.



ADVERTISING



17.02.23 | 15

STRIKING IMAGES dominate Portrait **Themed Competition**

Killarney Camera Club Portrait themed competition had an eclectic mix of photos from candid to posed, using natural light, studio lights and even torch light.

Congratulations to Ade Desbrow for winning the Unrestricted category with his self portrait and to Mary O' Sullivan on her first win in the Novice category.

Ade said he used early morning natural window light to capture his self image . He explained that he first put a pillow on a chair where his face would be; focused on it and then locked the camera lens focus so it would be sharp. He then switched places with the pillow and took the photo using the timer on the camera. An ingenious selfie.

The results are as follows:-.

Unrestricted category: 1st Place: Ade Desbrow, Image1 'Me', 2nd Place: Seamus Long, Image 13 Cow Girl, 3rd Place: Tina Costigan, Image 8, Portrait. Novice category:

1st Place: Mary O'Sullivan, Image 22, Portrait, Joint 2nd Place: Maryann Heidtke, Image 3, Hannah, Joint 2nd Place: Anne Kelly, Image 14, Ellen, Joint 2nd Place: Noel O'Neill, Image 20, Dara, 3rd Place: Deirdre Donohue, Image 21, Quizzical.

You can check out all the competition entries on www. killarneycameraclub.ie. The club continues to meet fortnightly on Thursday via the Zoom online platform but

we now have resumed a monthly Thursday meeting in The Brehon Hotel, Killarney.

New members are always welcome and for any further details, please e mail secretary@killarneycameraclub.ie



depicting precious memories of an Ireland not long gone but dearly missed. The full line-up of musicians on the recording included Liam O'Connor (accordion), Mike Denver (vocals), Tony O'Flaherty (piano), Gareth Lowry (drums), Peter (bass and keyboards), Maher Frankie Colohan (acoustic guitar and backing vocals), Michelle Lally (backing vocals), Niall Murphy (fiddle) and Tony Fitzgibbon (mandolin). Liam O'Connor was born into a musical family in Newmarket, Co Cork. At the age of 10 he joined the family's band. While still young, he won the Beamish & Crawford award for best all-around musician from Comhaltas Ceoltóirí Éireann and was named an All-Ireland Champion.

His undoubted artistry on the accordion has since taken him all over the world, from

Electric Picnic to the Sydney Opera House. Along the way he has teamed up with a diverse rangeof collaborators, including Moya Brennan from Clannad, the famous Boy George, Michael Flatley, Maureen O'Hara, Christy Dignam, Brian Kennedy, the RTE Concert Orchestra, Danny O'Reilly of The Coronas, Paddy Casey and Mike Denver.

For further information contact: info@liamoconnormusic.com

"l've

Irish giants of music. wo accordion supremo Liam O'Connor and acclaimed country singer Mike Denver, have joined forces for an uplifting new recording of the song 'The Story I'll Tell You is True' to be released next week.

'The Story I'll Tell You is True' was written by the late John Joe Reidy who died tragically several years ago at the age of 39. The record is a true multi-county project too. O'Connor lives in Killarney, Denver is from Portumna in Co Galway, John Joe hailed from Pleasure Hill, Taur, Newmarket, Co Cork and the record was produced by Peter Maher in Middle Walk Studios, Nenagh, Co Tipperary.

explained, O'Connor As always wanted to record John Joe's song as he

was a friend of mine and a fine singer and piano accordion player. But it was such a great joy to record 'The Day of My Return' with Mike Denver over ten years ago and have the track viewed over a million times online, that I invited Mike to work with me on 'The Story I'll Tell You is True"

Mike and Liam used their combined talents to give 'The Story I'll Tell You is True' an appealing waltz-time lilt, with Reidy's lyrics TO ADVERTISE CALL: DES 087 6593427 | E: des@outlookmags.com



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17.02.23 | **17**

NEWS

Local Charities get a Christmas Boost

Sam to the Summit and the Denis Michael Dennehy Memorial Pool Tournament.

Nand far over the Christmas period in East Kerry to support two local charities in two outstanding events. €36,530 was raised in total for the Brian Lawlor Trust and the Kerry Cancer Support Group.

Firstly, on St. Stephen's morning over 400 trekkers gathered in Glenflesk for the historic 'Sam to the Summit' fundraiser. The winter skies cleared and spectacular views of the Kingdom and beyond greeted the climbers and the illustrious trophy.

" A huge thank you to all who supported and donated on line and in person. It was a great community effort and couldn't have taken place without the dozens of volunteer stewards and those on registration on the day" commented organiser Emma Cooper.

Meanwhile, The Corner Bar in Barradubh hosted the annual Denis Michael Dennehy Memorial Pool Tournament over the Christmas period.

128 participants took part in the competition, culminating with the final on January 2nd and once again all proceeds going to the charities. A fantastic night of sport, music and song from The Border Boys saw Rathmore man Pádraig Nagle came on top against his good friend Dónal Óg Kelliher in the final.

"€2540 was raised by participants and supporters. The Dennehy family would like to take this opportunity to thank all those that generously sponsored raffle prizes and supported us throughout the tournament" added Shane Dennehy on behalf of the family and organisers of the tournament, which is held annually in Denis's memory.

Organisers were astounded at the generosity of those who supported both events from near and far.

"The total collected is a tremendous tribute to the esteem in which these charities are held" commented Ollie Favier, on behalf of the Organising Committee.

In a time where sad and bad news can dominate our airwaves it is comforting to know that the spirit of goodness and generosity still shines when groups come together to help each other.

Finally, Derry Healy paid tribute to friend and neighbour Johnny O'Brien, who died on Christmas night. "Johnny knew the mountain like the back of his hand and would have been one of the first men there with us. I have no doubt he was with us in spirit that day, high on the hills where he loved to roam. We missed him. May he rest in peace."



A team effort. Emma Cooper (front left) presents a cheque to Breda Dyland, Kerry Cancer Support Group. Also pictured are Rory D'Arcy, Ollie Favier, Shane Dennehy (Denis Michel Dennehy annual Pool Tournament), Donal Murphy and Derry Healy.



Patricipants who took part in Sam to the Summit on St. Stephen's Day



Ollie Favier and Derry Healy raise the Sam Maguire at the summit.

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NEWS

RESIDENTS IN CARE ENJOY Dance Performances

Nursing Home residents across the county are enjoy an interactive dance performance called Yard Duets which is specially designed for those who live in care settings. It is a Dance Limerick/DL.BRIDGE project, funded by Creative Ireland and Limerick City and County Council in 2021. As part of Kerry County Council's dancer in residency cofunded by the Arts Council and Creative Ireland, Catherine Young was delighted to be able to bring the show to care homes in Kerry last week.

Yard Duets was devised and performed by top class dance duos Kristvn Fontanella and Laura Fennell. Each performance came Nursing Home residents enjoy an interactive dance performance called Yard Duets.

with bags of energy and plenty of

pzazz and was a colourful affair of joyful dances and characterful routines set to a medley of classic music.

"It's really important that everyone have an opportunity to experience live performance by dance artists," says Catherine Young. "This show brings great joy and fun with it."



Yard Duets visited Our Lady of Fatima, Tralee; Castleisland Day Care, Coill na Darach, Killarney; Our Lady of Lourdes, Kilcummin; Ard Chúram, Listowel; Aperee Living, Tralee; Kenmare Nursing Home; Taobh Linn, Kenmare; Áras Mhuire, Listowel and Aperee Ocean View, Camp.

"Staff and residents at Our Lady of Lourdes

care facility in Kilcummin really enjoyed the dance last Wednesday," commented Anna Marie Daly of the Well-Being Team. "They thought it was very entertaining and enjoyed being able to interact with dancers." "Yard Duets was great fun," says John Herlihy, Scheme Manager with Clúid. "It was a great way to head into the bank holiday weekend. It's a great fun social event for our residents." "We were delighted to have Yard Duets with us under the dancer in residence programme - this was a

great opportunity for older people to access free dance performance in a relaxed and fun-filled way," says Kate Kennelly, Arts Officer with Kerry County Council.

Kerry County Council have a number of artists residencies covering art forms such as dance, writing, and

film funded by Kerry County Council and the Arts Council and supported by Creative Ireland Kerry. To find out more about events and opportunities with the residencies contact the Arts Office at arts@kerrycoco.ie or visit https:// arts.kerrycoco.ie/

Regional Finalist for Bláithín in Action Aid Speech Writing Competition



🗅 láithín O'Mahony, a Transition year student at 🗄 ${f B}_{Castleisland}$ Community College qualified as a regional finalist in the ActionTalks speech writing competition.

The competition, run by ActionAid Ireland and now in its ninth year, was open to all students aged 14 to 17 across Ireland. ActionAid Ireland works with women and children, as they take the lead in claiming their human rights to build a more just world.

This year ActionAid received 143 entries from 40 schools across 16 counties. This year's topics were on climate justice, economic barriers to accessing education and valuing unpaid care work.

Regional finalists are asked to provide a video of themselves reading their speech. This will be graded on the quality of the speech and also on delivery. Two winners from each of the five regional finals will win a €50 voucher and proceed on to the final which will be held in Dublin in March. This year the overall prize is a €500 voucher for the winner and a €100 voucher for their teacher.

CEO of ActionAid Ireland Karol Balfe said: "Choosing the regional finalists was extremely difficult this year. The quality was very high across the country, and we were heartened by the students' passion and interest in women's rights, climate and economic justice, and also by how hard they worked on crafting their speeches. We hope those who didn't make the final continue their interest in social justice. And my very best of luck to Bláithín in the regional finals."

This competition is supported by Irish Aid, Department of Foreign Affairs, as part of a women's rights programme in Kenya, Nepal and Ethiopia.





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NEWS BITES...

CAMOGIE TEAM TAKE CENTRE STAGE

Killaney Camogie Club U13 team will be playing at half time in the Kerry v Westmeath senior camogie match this Saturday 18th Feb at Fitzgerald Stadium (throw in for the senior game is 2pm)

SPA GAA CLUB UP AND ACTIVE EASTER CAMP

This Easter break Monday 3rd - Friday 7th April from 9am-1pm a fun filled camp for children attending Primary School will take place at Spa GAA grounds. To book your place contact Evan 087-1496951 or Dan 085-7386444

REMINDER

Beaufort Film Night will hold a screening night on Saturday 18th February at 8.30pm at the Inn Between Bar, Beaufort.

The feature film to be screened is Another Round, a Danish comedy-drama starring Mads Mikkelsen. Cert 12A. Admission €7.

KILCUMMIN COMMUNITY RAMBLING HOUSE

Kilcummin CCÉ will hold a Rambling House on Saturday 18th February in the Village Inn at 8pm. All are welcome to attend and to participate. There will be no cover charge.

HEDGEROWS

The Road Safety Authority and the County and City Management Association are calling on land-owners to cut their hedgerows before March 1st deadline, to ensure they are not causing a potentially serious road safety hazard. Overgrown hedgerows and roadside verges can result in road fatalities and serious injury collisions. In accordance with Wildlife Act, it is an offence to cut, grub or otherwise destroy any vegetation growing on any land not then cultivated or growing in any hedge or ditch, between 1st March and 31st August.

KERRY College of Further Education and Training is holding its Open Week event from Monday, February 20th, to Friday, February 24th at its campus locations in Tralee and Listowel.

Elaine O' Connor, Manager of the Admissions Office at Kerry College, is encouraging potential students, parents, and guardians to attend the campuses this week. This must see event is an ideal opportunity for everyone to see the huge range of courses and apprenticeships Kerry College has to offer.

A number of events are planned across the week.

Clash Road Campus are hosting their Open Day on Tuesday, 21st February from 10am to 7pm





The search for the 2023 International Rose of Tralee and Rose Escort of the Year has officially begun. With Rose Selections taking place across 32 centres nationally and worldwide, 2022 Rose of Tralee Rachel Duffy, RTÉ Rose of Tralee presenter Daithí Ó Sé and Rose Escort of the Year Shane McHugh have officially launched the search for the 2023 International Rose of Tralee. The 2022 Kerry Rose, Éadaein O'Connell, from Glenderry, Co Kerry, was also on hand to welcome Rachel Duffy back to the Kingdom and launch the search for this year's Roses. Applications are now open at www.roseoftralee.ie.

The launch took place by the Rose of Tralee Statue by the Rose Garden in Tralee Town Park, County Kerry. The statue is a tribute to the original Rose of Tralee, Mary O'Connor, along with her beloved, William Pembroke Mulchinock. Photo By : Domnick Walsh © Eye Focus LTD

David Breaks National Record

Olympian racewalker David Kenny Farranfore Valley AC posted a world lead time of 18.42 when winning the Munster 5K Indoor Racewalking Champs at Nenagh on Sunday last. This is a new National record beating the 18.59 set by Rob Heffernan. The Firies man now joins Gillian O'Sullivan as the second member of Farranfore Maine Valley Club to hold a national record.

"This is a great start to 2023 and places Dave right up there with the worlds best. The European record for this event is 19.00", Michael O'Connor from Farranfore Maine Valley Club told Killarney Outlook. David, the son of Mary and Noel Kenny, was pushed all the way by UK walker Callum Wilkinson and Donegal man Brendan Boyce. A big confidence booster for the recent MTU graduate.



KCFE OPEN WEEK

with a special event geared toward parents and guardians of young applicants that evening, from 5pm – 7pm. Principal Stephen Goulding is delighted to announce that special guests Miriam Magner Flynn, CEO of Career Decisions, and James Leonard of The Two Norries will be speaking on the night.

He is also delighted to welcome visitors to the brand new Listowel Campus, at their Open Day Thursday, February 23rd from 10am to 7pm. This is a wonderful opportunity to speak to members of staff, visit the brand new campus facility, and develop a relationship with this uniquely supportive and friendly campus.

The Monavalley Campus will be open all week and Campus Manager Con O Sullivan is

delighted to announce that they will be hosting a brand new Careers Information Event on Monday 20th from 6pm-8pm. This event is an ideal opportunity for day workers, career changers and returners to visit the campus and chat face to face with our Admissions Officers, Part-Time/ Evening Training co-ordinators, Business Support Unit, Adult Guidance Counsellors and Learner Support Teams.

successful The highly Apprenticeship Information Event will return again this year, Thursday 24th of February from 5pm-8pm. More than 30 employers will be exhibiting and available to answer questions on the night. This is a must see event for any aspiring apprentice. Kerry College Killorglin Campus Manager, Aodhnait Carroll, will be onsite at the Monavalley Campus for all 5 days. The Killorglin Campus specialises in Outdoor Education & Training and Aodhnait encourages anyone who has an interest in a career in the great outdoors to come along and explore what her campus has to offer. Visitors will get the chance to breath under water with a scuba respirator, try their hand balancing on a surf board, and test their skills walking on a tight rope.

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Hard Working Hospitality Staff Honoured



Sonia Smith who works as a receptionist in The Cahernane House Hotel in Killarney, who was chosen as the Kerry Hotels, Employee of The Year at an Irish Hotels Federation special function in Killarney on Monday pictured receiving her award from Emer Corridan, vice chairperson, Kerry Branch, IHF.

On left is Anne Marie Colline, International Hotel, who receioved a special citation for her work in the hotel industry. Photo: Don MacMonagle



Sonia Smith, who works as a receptionist in The Cahernane House Hotel in Killarney, who was chosen as the Kerry Hotels, 'Employee of The Year' at an Irish Hotels Federation special function which took place in The Brehon Hotel Killarney on Monday. Photo: Don MacMonaale







Sonia Smith, 3rd from left front row, who works as a receptionist in The Cahernane House Hotel in Killarney, who was chosen as the Kerry Hotels, Employee of The Year at an Irish Hotels Federation special function in Killarney on Monday pictured receiving her award from Emer Corridan, vice chairperson, Kerry Branch, IHF. Also included are front from left, Mary Rose Stafford, MTU, judge, Chloe Kelliher, Ballygarry Estate, Anne Marie Colline, International Hotel, Agnieszka Manda, Killarney Plaza Hotel and Deirdre Moran, Butler Arms Hotel and Conor Hennigan, Hennigan Hospitality. Second row, Sophie Farrell, Dromhall Hotel, Aaron McCann, The Gleneagle Hotel and Heather Fletcher, Manor West Hotel. At back, Ramona Scur, The Rose Hotel, Chris O'Sullivan, Muckross Park Hotel, Pal Palfi, Great Southern Hotel, Siobhan O'Shea, representing Kevin o'Shea from The Aghadoe Heights Hotel and Danijel Zupan, Parknasilla Resort Hotel.

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SENIOR CYCLE SUBJECT CHOICE IS THE FIRST STEP ON THE PATH TO COLLEGE



By Billy Ryle

LEAVING CERT OPTIONS

Students study one of three Leaving Cert programs at senior cycle. The majority prefer the traditional Leaving Cert (LC). The Leaving Certificate Vocational Programme (LCVP) is similar to the traditional Leaving Cert, except that students also take three Link Modules (Enterprise Education, Preparation for Work and Work Experience). The Leaving Certificate Applied (LCA) is strongly vocational, meaning that its job and employment focused. The subject areas are more practical than academic. SELECTION

Subject selection for Leaving Cert is very important because the subjects you choose will influence your further study and career. Give this process serious consideration and decide what senior cycle subjects suit you best. Leaving Cert students usually take seven subjects. Mathematics, Irish and English are compulsory. It's advisable to study a modern language, which many third level courses have as an entry requirement.

OPTIONAL

Your task is to select three optional subjects four if not taking a third language. Make sure that your subjects fulfil the entry requirements for your courses of interest. Many colleges also impose additional subject requirements which are course specific. It's also worth knowing that a number of third level courses use criteria of selection, such as art portfolio, interview, audition and suitability test, in addition to Leaving Cert exam points.

POINTS TOTAL

Six subjects are used from any one sitting of the Leaving Cert exam to calculate total points' score. The potential maximum points' score in the Leaving Cert points' scale is 600 or 625 if Higher Level Maths is one of the six subjects counted as 25 bonus points are awarded for Higher Level Maths for H6 or above.

LCVP

Students studying the LCVP may include the points awarded for the Link Modules as one

.

of the six subjects used for calculating points - 66 points for a Distinction (80% to 100%), 46 points for a Merit (65% to < 80%) and 28 points for a Pass (50% to < 65%).

APTITUDE

Keep the following criteria of subject selection in mind when making your choice. Firstly, if you have a flair for - a special ability in, an aptitude for - a particular subject, you will get tremendous personal satisfaction from studying that subject.

ACHIEVEMENT

Secondly, note the subjects in which you are achieving good grades. The Leaving Cert exam is a test of achievement. Grades and points determine entry to higher education. There is little benefit to you in taking a subject which you find difficult and are unlikely to do well in. Points' potential at higher (H) level is far greater than at ordinary (O) level. For example, H3 is worth 77 points while O3 is worth only 37 points. Study as many of your subjects at higher level as you can cope with.

INTEREST

Thirdly, select subjects you are interested in because you will work harder at those. Of all the variables that determine success at school, at college and in your career, interest is the most critical. It's likely that the subjects that interest you at school will influence your college course choices in two years' time.

REQUIRED

Fourthly, be aware of subjects that are required for any particular career interests you may have. Each college has a system of general and specific entry requirements which you must satisfy before you are considered for a place in a particular course. For example, the minimum general entry requirements for UCC are 2H5 and 4H7/O6. A pass in a laboratory science subject in the Leaving Cert exam is a specific entry requirement for a degree course in Nursing.

CRITERIA

The task facing you, therefore, is to select a

subject grouping that will satisfy the four criteria of Flair (aptitude), Achievement, Interest and Required. It may help you to remember that you need to make a FAIR choice of subjects. Study the information carefully, give careful consideration to your subject choice, think about your course options and the related careers. In the end choose wisely as this is the first step on your path to college.

CHECKLIST

- Senior cycle students take the LC, LCVP or I C A

- LCVP students also take three Link Modules - Subject selection at senior cycle is an
- extremely important issue
- Leaving Cert students normally take seven subjects
- Mathematics, Irish and English are compulsory subjects
- Each college has a system of general and specific entry requirements
- When calculating points, use six subjects from one sitting of the Leaving Cert exam
- You will get satisfaction from studying a subject for which you have a flair
- The Leaving Cert exam is a test of achievement
- Take note of the subjects in which you are achieving good grades
- Points' potential at higher level is far greater than at ordinary level
- Select subjects in which you are interested
- Be aware of subjects that are required for your course interests
- Make a FAIR choice of subjects Flair, Achievement, Interest, Required
- Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 087 9808979

Cross Country Running for Pres Girls

Well done to St. Brigid Presentation students who participated in the South Munster Competition last Thursday Feburary 9th. The minor team made up of five 1st years of Ciara Forde, Kirsten Kenny, Megan O'Reilly , Tara O'Sullivan and Naoise O Connor came 4th. A great achievement as there were over 120 runners in this race.

The Senior Team made up of Evie Fahy, Kathryn Ryan, Sorcha Beazley & Gráinne Byrne took home the bronze medal after being placed 3rd.



the bronze medal after being placed 3rd.



The Senior Team made up of Evie Fahy, Kathryn The minor team made up of five 1st years: Ciara Forde, Ryan, Sorcha Beazley & Gráinne Byrne took home Kirsten Kenny, Megan O'Reilly, Tara O'Sullivan and Naoise O Connor came 4th.

OUTLOOK EDUCATION





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OPEN WEEK 2023

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CAMPUS	DATE	TIME
CLASH	21st February	10.00cm-7.00pm
LISTOWEL	23nd February	10.00am-7.00pm
MONAVALLEY	20th/21st/22nd/23rd/24th February	9.00am-5.00pm
KILLORGLIN	Hosted by Manavalley Campus 20th/21st/22nd/23rd/24th February	9.00am-5.00pm

Apprenticeship Information EVENT

Come and meet a range of apprenticeship employers and chat to our Apprenticeship services team who can help and advise you. Apprenticeship providers and employers will be in attendance on the evening and will be happy to speak with prospective apprentices.

> MONAVALLEY CAMPUS 23rd February 2023 5.00pm-8.00pm

NG NG.

Career Options EVENING

Learner & Learning Supports.

MONAVALLEY CAMPUS 20th February 2023 6.00pm-8.00pm

Parent Information SESSION

can help and advise you. Chat with our Admissions Team, Adult Guidance. Learning Support and more

GUEST SPEAKERS JAMES LEONARD The Two Norries Podcast

CLASH CAMPUS 21st February 2023 5.00pm-7.00pm









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NEWS

Great opportunities at **MAJOR JOBS FAIR**

Avery informative South Kerry Jobs Fair, which proved a huge success last year, is being planned for the Great Southern Hotel in Killarney on Thursday, March 2nd.

The event, which will run from 10.00am to 1.30pm, is being organised by Killarney Chamber of Tourism and Commerce, in conjunction with the South Kerry Development Partnership CLG, and it is open to all businesses seeking staff and all those in search of employment opportunities.

Bridget O'Keeffe, Senior Executive with Killarney Chamber of Tourism and Commerce, said the inaugural fair was a fantastic success in 2022, attracting over 800 people.

It featured over 50 exhibitors and close on 1,000 available jobs were promoted on the day.

"Collaboration between the South Kerry Development Partnership and the Killarney Chamber of Tourism and Commerce will ensure a wide range of exhibitors from many different sectors again this year," Ms O'Keeffe said.

"I can see the tremendous value this will bring to south Kerry. Hosting the event early this year gives exhibitors an even greater opportunity to find the right candidates for roles within their organisations earlier in the season.

"Jobs will be available in all sectors which will help support the wider community," she added.

Katy Jacobi, Events Manager with Killarney Chamber of Tourism and Commerce, said she expects to see a strong turnout at the event as it is building on the success of last year and given the continuing demand for



Launching the 2023 jobs fair were, seated in front, Katy Jacobi, Events Manager, Killarney Chamber of Tourism and Commerce with, from left, Bridget O'Keeffe, Senior Executive, Killarney Chamber of Tourism and Commerce, Joanne Griffin, South Kerry Development Partnership GLC, Fred McDonagh, Red Chair Recruitment and Caoimhe Spillane, Great Southern and Killarney Royal Hotels.

staff across all sectors in South Kerry.

"The fair offers an excellent opportunity for all job seekers in the region to meet with employers from a wide variety of businesses," Ms Jacobi stated.

This year jobs will again be available in all sectors, including tourism and hospitality, engineering, finance, retail and marketing.

There is no charge to exhibit at the event but advance registration is essential to secure an exhibition space.

Exhibitors' registration will close at 5.00pm on Friday, February 17th and full details can be found by clicking this link https://forms.gle/bdwigAVGBzAQhrqQ9.

There is no registration required for jobseekers but those attending that are currently in search of work or seeking a new beginning are encouraged to bring an up-to-date curriculum vitae with them on the day.

ISABELA WINS Credit Union Art Competition



Isabela Littieri Silva who won first place in the Irish League of Credit Unions Art Competition.

Abudding artist from Killarney has won the Irish League of Credit Unions (ILCU) 022 Art Competition. Isabela Littieri Silva was declared winner of the 11-13 category at the prize giving event in Croke Park last Sunday.

The theme for this year's Competition was 'lt's A Wonderful World'. Participants were given the opportunity to present their own interpretation of the magic in our world and what we can do to maintain that magic.

The competition, now in its 39th year, is one of the most prominent and longest-running competitions of its type. Over 30,000 entries on average are received each year from children and adults from across Ireland. This year, the winners and runners up of each category (both General and Additional Needs) were announced at a prizegiving ceremony held in Croke Park, hosted by Marty Whelan.

ILCU President Helene McManus said "It was fantastic to welcome all of the finalists to the prizegiving in person again for the first time since 2020. This year's theme really brought out the creativity, vision and dreams of all of our entrants. The standard this year was incredible, our judges certainly had their work cut out for them". The Credit Union Art Competition is dedicated to supporting and developing the arts in Irish society. The credit union movement has always had a keen commitment to promoting and encouraging involvement in the arts across communities and engaging with young people across the country.

Full details on all of the winners and runners up across each category for 2022 can be found at https://www.creditunion.ie/ news/art-competition/

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ORAL IRISH COURSE (LC)

Sunday March..... 12th

aturday April 8thMaths L (Paper 1)
Nonday April 10thMaths H (Paper 1)
uesday April 11thIrish H
Vednesday April 12thPhysics H
hursday April 13thMaths H (Paper 2)
riday April 14thGeography H
aturday April 15thBiology 🖌
unday April 16thMaths L (Paper 2)
aturday April 22ndHistory H

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THE LIEBHERR STORY

A history of Liebherr in Killarney to be released



Over 65 years in the making, The Liebherr Story, a new book on the history of Liebherr Container Cranes in Killarney, is due for general release on the 21st of March. Written by Tom Foley, the book tells the story of how Liebherr came to be at a time when Killarney was still a rural backwater. It talks of the importance of Liebherr to the people of Killarney and beyond. It is packed with detail, rich with humour and full of anecdotes. It is a book about the people of Liebherr, written by someone who was there, for 46 years from 1963 until 2009.

In 1963 when Tom Foley first set foot in Liebherr as a young man of seventeen, he could hardly have imagined that 60 years later, he would have spent 46 years working in the "German Factory" and that he would have penned an authoritative, yet hugely readable account of the history of the Liebherr container crane factory in Killarney. The Liebherr Story had its conception almost 15 years ago, when the Liebherr family mentioned to Tom that a history of the Liebherr factory in Killarney was long overdue. It took a few years for the project to get underway, but by 2018 the project was up and running and by 2021 The Liebherr Story was more or less completed. It was a labour of love for Tom and as he explains himself, there was enough material for two books.

"If I knew then, what I know now about the amount of work involved, I could have had second thoughts. However, this is a reflection of the importance of Liebherr to the local community. Everybody I spoke with had so many stories they wanted to share, some were more colourful than others, and so as I wrote the book, it became as much of an editing process as it was an information gathering process. I had enough material to write a couple of books. But at its core, the book is about the people of Liebherr and their stories."

Built in 1958, the Liebherr factory in Killarney was the first Liebherr factory outside of Germany and when Tom started his career at Liebherr, Ireland was a much different place. Tom began life on the factory floor and worked his way up to senior management, first as Works Organisation Manager and then



A new book on the history of Liebherr Container Cranes in Killarney, is due for general release on the 21st of March

as Human Resources Manager. With a foot in both camps, Toms writing spans generations, countries and 1/5

his time in Liebherr, marked Ireland's transition from an inward looking country to an outward looking confident nation with pride of place on the world stage.

The 285 pages of the Liebherr Story detail this history through the eyes of someone who was there. The anecdotes and stories held within its pages, tell a human story full of humour and vivid detail, and give a glimpse into the lives of the people who make up the rich and storied history of Liebherr.

Thousands of people have passed through the iconic Liebherr gate since it opened in 1958. The factory has brought wealth and opportunity to the people of Kerry and beyond and has touched many thousands of people and homes. With that in mind, there is an open invitation to help celebrate the launch of the Liebherr Story, meet the author and perhaps purchase a copy of the book. The Liebherr Story will be formally launched in The Europe Hotel & Resort on the 20th of March at 8pm and all are welcome. On the following day, Tuesday March 21st, The Liebherr Story will be available in all good bookshops and online at liebherr.com/ liebherrshop.

Excerpts, sneak previews and further information is available online at facebook. com/theliebherrstory

"It's a wonderful production, beautifully presented and contains a wealth of stories and information not just about the Liebherr story, but more importantly about the workers and personalities who made Liebherr the success that it is today. It's a book for the future, detailing a story of the past." - Enda Kenny, former Taoiseach



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Guide Price: €285,000

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sq ft) at the top of Ross Road and a few minutes walk from Killamey town centre and the National Park. While in need of extensive renovation, this property offers huge potential for the imaginative buyer looking for a spacious family home in one of Killarney's most coveted areas. More information on our website. BER) G Guide Price: €285,000



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Guide Price: €320,000

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Price Region: €1,100,000



By Cliona Coffey

BEAUFORT

>BEAUFORT FILM NIGHT

Beaufort Film Night will hold a screening night on Saturday 18th February at 8.30pm at the Inn Between Bar, Beaufort. The feature film to be screened is Another Round, a Danish comedy-drama starring Mads Mikkelsen. Cert 12A. Admission €7.

>FIXTURES

Senior men will have a bye in the Mid Kerry league next weekend. Minor men will be home to Gneeveguilla, Saturday, 18th at 3pm in round 1, Co Minor league.

>RESULTS

Round 1, Mid Kerry senior league. Beaufort 1.12 Keel 0.05.

Beaufort: Seán Coffey, Ethan Coffey, Ger Hartnett, Sam Roberts, Niall Carey, Nathan Breen, Timmy Casey, Sean O'Brien, Ronan Murphy, Pádraig O'Sullivan, Fergal Hallissey (0.2f), Mikey Moriarty (0.1), Darragh Dennehy (0.4), Liam Carey (1.5), Josh Coffey. Subs: Micheal O'Sullivan for Ronan Murphy (inj) Jason Foley for Sean Coffey, James Crockett for Padraig O'Sullivan, Cian O'Sullivan, Padraig Hallissey, Adam Flynn, Mike O'Shea. **>CONGRATULATIONS** to all the juvenile and senior players who were presented with their medals last weekend. Thank you to Kerry Co Board Chairperson, Patrick O'Sullivan who attended to present the senior medals, Mike Breen, Hannah O'Donoghue and Fiadhna Tangney who presented the juvenile medals, the Inn Between and those who helped to organise both presentations.

≻LOTTO

The next draw for a jackpot of €11,800 will be on Sunday, 19th February 2023. Tickets are €2 each or 3 for €5 and are available from usual sellers, shops, public houses and online at: www.beaufortgaa.com.

Thank you to everybody who support the lotto.

>CLUB DEVELOPMENT

Work has resumed on the All-weather playing surface on the G.A.A. club grounds. The Club is holding a car draw and other cash prizes to fund the development. Tickets are still available. They are €25 each, 3 for €60, 5 for €100 and are available from local sellers, shops, and public houses and online at www.beaufortgaa.com. Please contact the Club at 087 9975737



Musicians entertain the gathering at the Beaufort Pioneer Association Rambling House

for more information. >IRELAND LIGHTS UP

Ireland Lights Up in partnership with Operation Transformation continues this week on Tuesdays and Fridays from 6.30pm to 8.30pm in GAA field. If you want to walk at another time, please sign in at Clubhouse entrance. Everybody must sign in before walking.

>WALKING CHALLENGE

Well done to the thirty walkers who have reached over 6,000km. The challenge ends on Wednesday, 15th February. Thank you to all the participants. All Clubs who reach 4,000km will be in a draw for O'Neill's Club gear vouchers.



Musicians entertain the gathering at the Beaufort Pioneer Association Rambling House

By Michael O' Mahony

RATHMORE GNEEVEGUILLA

>TUREENCAHILL COMMUNITY GROUP

We have recently set up our new Community Digital Hub in Tureencahill Community Centre...This Hub is open to everyone whether it's for Work, Business Purposes, Start Ups, Students, Meetings all at ffordable prices to suit everyone. We have HIGH-SPEED BROADBAND, free safe Parking, Printing, Photocoping. Tea/ Coffee Facilities Please Contact 085 8771949 From 8.30am To 5.30pm for all information.

>SCOIL PHOBAIL SLIABH LUACHRA IS PROUD TO PRESENT 'THANK YOU FOR THE MUSIC'

An ABBA inspired musical, set on the little Greek island of Kalakari. Shows will take place on Tuesday 14th & Wednesday 15th of March at 7.30pm sharp each evening live from the School Hall. Just pop into the school office any Tuesday, Wednesday or Thursday from 9am - 3.30pm and pick up your tickets. The magic of ABBA comes to Rathmore. A Date for your Diary - Sat March 11th.

>RATHMORE GAA CLUB VICTORY BANQUET will be held on Saturday. March 11th. Your opportunity to Join in celebrating an historic year for the club. More information to follow. >IRD DUHALLOW will hold a series of community meetings during February and March to give people an opportunity to discuss their ideas and plans for their communities. This information will feed into IRD Duhallow's LEADER and Social Inclusion plans for the region. The people of Rathmore and Shrone are invited to a public meeting on Monday 6th March @ 8.00pm in Rathmore Community Centre with representatives of IRD Duhallow Board and Staff who will give feedback on previous meetings and consultation. The information collected will inform future planning for the area and it is important that the meetings are well attended to make sure that the needs of your communities are included in future funding. Please encourage everyone, both young and old as well as those not already involved in the community groups to attend. We want to hear your voice.

>NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817 before 6pm Sunday


MONEY MATTERS..

By Dermot Cronin, Financial Advisor



WHAT IS YOUR MOST IMPORTANT FINANCIAL ASSET??

Your house? No Your Savings? No Your Pension? No Your Income? YES.

If we take an example of a 35yr old person on an income of €35,000 from here to retirement, over the next 30years until their retirement they will earn €1,050,000. Your house, savings, pension etc are all very unlikely to ever be worth as much to you as your income. So the obvious question to ask is what happens if my income stops due to illness, accident, sickness etc? The reality for most people is that your income will in most circumstances whether you are PAYE or self employed drop dramatically, for a PAYE worker you may only be entitled to Social Welfare sick pay benefit of €220 per week, a €35,000 income is €673.07 per week before tax, how would you survive???? It would be a financial disaster for most people to take such a HUGE DROP in income. Thankfully there is a possible solution which depends primarily on your occupation and your health, this is called income protection. If you have income protection you can receive up to 75% of your income while you are off work from illness, accident, injury etc even up to age 65+. So instead of receiving only €220 per week you could receive €504.80 (including social welfare payment) per week EVERY WEEK until you go back to work or reach age 65+ There is also substantial tax relief also for income protection which will dramatically reduce the cost of your income protection.

If you would like to make an appointment to discuss the above or want any further information you can contact Dermot Cronin at 0646622775 or dermotcroninifa@gmail.com

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GLENFLESK

>LOTTO

No winner of Glenflesk Lotto which took place on 6/ 2/ 2023 in Glenflesk Hall. Jackpot €10,600 The numbers drawn were 1, 6, 12, 16 There was no winner. Consolation prizes of €50 1. Ciara Furlong, Knockanimirish. 2. Mags Furlong (Sellers' Prize) 3. Dermot Brosnan, Kilmacud (On Line) 4. Denis Hickey, Glenflesk. Next draw will take place in Glenflesk Hall on 20/2/2023 Jackpot will be €10,700 Thank you to all who support our Lotto and to our sellers.

>CORN UI MHUIRI FINAL

St Brendan's College, Killarney 1-12 St Francis College, Rochestown 1-4 St Brendan's College, Killarney: SO'Meara (Dr Crokes); J Williams (Kilcummin), C Lynch (Glenflesk), M Lynch (Dr Crokes); S Fitzgerald (Dr Crokes), K O'Shea (Kilcummin), J Moynihan (Glenflesk); J Kelleher (Glenflesk), D Ryan (Fossa); T Moynihan (Spa), A O'Neill (Reenard), A Hennigan (Dr Crokes); C Cronin (Glenflesk), L Crowley (Glenflesk), C Courtney (Dr Crokes).

Subs: P Moynihan (Kilcummin) for Courtney (42); N O'Carroll (Dr Crokes) for Cronin (50); E Kelly (Glenflesk) for Williams (60); L Daly (Kilcummin) for J Moynihan (61); S Doolan (Kilcummin) for T Moynihan (62).

Scorers for St Brendan's College, Killarney: L Crowley (0-5, 0-1 free); J Kelleher (1-1); A Hennigan (0-3); T Moynihan (0-2); J Moynihan (0-1).

Well done to St. Brendans and to all our Glenflesk players Cian Lynch, (captain) Callum Cronin, John Kelliher, (Man of the match), Luke Crowley, Jamie Moynihan, Eoghan Kelly, Liam O Donoghue, Darragh O Connell and Stephen Moynihan.

>KERRY U20 JOHN KERINS CUP

Best wishes to Kerry u 20's and our lads Killian O Sullivan, Dylan Roche and Seamus Moynihan (management) taking on Dublin in round 2 of the John Kerin's Cup next weekend.

>IRELAND LIGHTS UP

Glenflesk GAA will continue the 'Ireland Lights Up' initiative every Monday and Wednesday evenings beginning at 6.30pm. There will be two options, walkers will hit the track in Glenflesk GAA pitch and the runners will hit the track in the Barraduff Community Field with @triumphdeclan for the

couch to 5km. Registration in Glenflesk Gaa hall @ 6.10pm. >MEMBERSHIP 2023

Membership for 2023 is now open and available online on the following link or in our two local shops O'Briens Glenflesk and O'Donoghues Barraduff (Forms and Envelopes available in both)

https://member.clubforce.com/memberships_cart_m.asp... >MUNSTER FINAL OF CEOL AN GHEIMHRIDH GLENFLESK CCÉ

Amazing results for Glenflesk CCÉ last Sunday in the Brú Ború Cultural Centre, Cashel, Tipperary at Ceol an Gheimhridh na Mumhan. Well done to all.

1st Reed u11 – Sean Angland

1st Storytelling - Rian Gleeson

2nd Recitation – Rian Gleeson

1st String Under 11 – Olivia Angland

2nd Duet U11 - Sean & Olivia Angland

3rd Singing Under 11 - Olivia Angland

2nd Quartette U14 - Colleen, Olivia and Sean Angland with Nóirìn Healy \geq SCOR

Glenflesk entries will close the 19th February. Glenflesk Scor Officer Allison O Sullivan; 0868734384

East Kerry Scór na nÓg: Saturday 11th March at 3pm in Fossa Community Hall - County Final Scor na nOg: Saturday 25th March at 6pm in Currow -Munster Final: Saturday 15th April - All Ireland: Saturday 6th May @3pm in INEC, Killarney - East Kerry Scór na bPaisití: Sunday 2nd April TIME TBC in Fossa Community Hall. - Scor na bPaisti: County Semi Finals 15/16th April - Scor na bpaisti County Final: Sunday 30th April.

>PILGRIMAGE TÓ KNOCK SHRINE

PILGRIMAGE TO KNOCK SHRINE on 20th March 2023. €599.00 per person sharing. Price includes return bus to Knock, 4 nights in Knock House Hotel with full board. All entertainment and excursions included. Day trips to Westport,Ballintubber Abbey, Croagh Patrick, Fr. Peyton Centre & National Museum. Single supplement €100.00. Contact Patricia on 0871890236 or email knockpilgrimages@gmail.com

Written by: Colette Leslie

>LISTRY GAA McCarthy who were part of the St Brendan's College team who won the LOTTO Corn UĪ Mhuirí title. Numbers drawn 21, 23, 25, 27. €100 Eoin O Donnel,I Faha glen. €50Noel GAMES Brosnan. €50 Mags Gallagher, Listry. €25 Anthony Clifford, Faha. €25 John Best of luck to our senior team who play Glenflesk this weekend in Listry in Kearin c/o Faha court. Jackpot next week Feb19th €9,450. the East Kerry Super league. **KERRY U20** BEST OF LUCK to our minors who play Kenmare in Listry Saturday the Well done to Listry senior player Aaron O Donoghue who played for the 18th February. Kerry U20 team last weekend. **CONGRATULATIONS** to our minor players Padraig O Donoghue and Mark

SPA

LISTRY

CONGRATULATIONS

Congratulations to St. Brendan's College Killarney on their Corn Ui Mhuiri sucecess, especially to club members Timmy Moynihan, Luke O'Neill, Donal Doherty and Kieran Herlihy

►SAFEGUARDING

Well done to the twenty-three participants who partook in the Safeguarding 1 workshop held in Spa GAA Clubhouse on the morning of Saturday 11th. Participants in this workshop are involved in the coaching of the ABC entry level players right up to U17s

>UP AND ACTIVE EASTER CAMP

This Easter break Monday 3rd - Friday 7th April from 9am-1pm a fun filled camp for children attending Primary School will take place at Spa GAA grounds. To book your place contact Evan 087-1496951 or Dan 085-7386444

>IRELAND LIGHTS UP

Participate in Ireland Lights Up in association with RTE's Operation Transformation in Spa on Wednesday evenings between 6pm - 8pm.

Everyone welcome & please remeber to sign in at the registration desk on the night before beginning your walk

>LOTTO

The Spa Lotto draw takes place on Monday nights. Play online on spagaa. com or tickets on sale in usual outlets. Thank you for your continued support.

>SPAGAA.COM

Scan this QR code using the camera on your phone for easy access to our website to keep up to date with ongoing activity in the Club or to make any inquiries

>ITEMS FOR NOTES

Any items for the Spa notes please contact the club PRO on 085 7762411 or pro.spa. kerry@gaa.ie before 8pm on Sundays



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COMMUNITY FOCUS

Written by: Helen Moynihan





Ronan O'Leary who took gold in the U10 backstroke County MASTERGEEHA FC. Well done to our U11 girls who played LB Rovers in Ballyduff on Saturday. championship.

>KILCUMMIN COMMUNITY RAMBLING HOUSE

Kilcummin CCÉ will hold a Rambling House on Saturday 18th February in the Village Inn at 8pm. All are welcome to attend and to participate. There will be no cover charge.

HEDGEROWS

KILCUMMIN

The Road Safety Authority and the County and City Management Association are calling on land-owners to cut their hedgerows before March 1st deadline, to ensure they are not causing a potentially serious road safety hazard. Overgrown hedgerows and roadside verges can result in road fatalities and serious injury collisions. In accordance with Wildlife Act, it is an offence to cut, grub or otherwise destroy any vegetation growing on any land not then cultivated or growing in any hedge or ditch, between 1st March and 31st August.

>KILCUMMIN GAA

EAST KERRY LEAGUE: Kilcummin 1-12 Gneeveguilla 1-9

Gary O'Leary's first half goal and some fantastic points from Kieran Murphy were the difference between the teams on this well contested encounter in Kilcummin last Sunday. Next outing home to Legion next Sunday 19th @ 12 midday.

Team Keith O' Leary, James Devane, Damien O'Leary, Andy Lowin, Sean O'Leary, Kevin McSweeney, Donal Maher, Kieran Murphy, Paul O'Shea, Danny Cronin. Philip O' Leary, Eoghan Donovan, Mark O'Shea, Gary O'Leary, Noel Duggan. Subs used: Kelvin Teahan, Sean Moynihan, Darragh Brosnan,

CONGRATULATIONS

Congratulations to the Sem on winning the Corn Ui Mhuiri. Well done to our Kilcummin players who are part of the squad. Keelan O' Shea, Luke Daly, Sean Doolan, James Williams, Jack Fogarty, Padraigh Moynihan and Oran Dwyer.

≻MASTERGEEHA FC U11 GIRI S

Well done to our U11 girls who played LB Rovers in Ballyduff on Saturday. Great skills and teamwork were on show throughout.

LOTTO

There was no winner on Friday 10th February 2023 of the Jackpot for €8,200. Numbers drawn were 1,8,13,17. Consolation prizes of €50 went to Ivan Hurley, Whitebridge Manor; John Moriarty, c/o Post Office; Ann Mangan, Kilbrean; Kathleen Devane, Mastergeeha. The next draw will be Friday 17th February Emily Brosnan who won gold in the U14 for jackpot of €8,400.

KILCUMMIN **COMMUNITY GAMES** SWIMMING



freestyle swimming County championships

Congratulations to Emily Brosnan who won gold in the U14 freestyle swimming County championships and Ronan O'Leary who took gold in the U10 backstroke County championship. They now will go forward to the All-Ireland Finals in Westport this June.

SOCCER

Congratulations to the U10's and U12's indoor soccer teams who have qualified for the County semi-finals in Duagh on March 5th. Special word of thanks to their coaches and mentors.

CASTLEISLAND GETS IN GEAR FOR FORESTRY RALLY By Sean Moriarty

Rally drivers from across Ireland will help fund future Air Ambulance missions when they take to the gravel in County Kerry on Sunday.

The Irish Community Air Ambulance has been announced as the beneficiary of the Killarney Forestry Rally.

"We are honoured that Killarney and District Club have chosen us as the beneficiaries of this exciting event," said Micheál Sheridan, the CEO of the Irish Community Air Ambulance.

"It is thanks to donations and fundraisers of all sizes taking place in communities across the country that we can bring hope to people when they need it most. Our crews treat the most critically ill and injured patients, often in rural locations, bringing them to the hospital that best suits their lifesaving needs, not just the closest geographically." Killarney and District Motor Club has attracted a top-class entry of over 80 cars for the six-stage event.

The rally gets underway with a ceremonial start outside the River Island Hotel, on the town's Main Street at 6 pm on Saturday evening.

The Killarney Forestry Rally is the first round of the Irish Forestry Championships and the majority of the main contenders are on the event's entry list. The top seeds are brothers Jordan and Paul Hone from Derry in their Ford Fiesta Rally2.

In fact, the top three seeds are all in Fiestas with Waterford's Keith Power and Tyrone's Niall McCullagh each fielding one.

Ray Breen, father of current Word Rally star, Craig, starts at nine in the family-owned Ford Focus World Rally Car.

Behind them is the first Kerry competitor in the event.

The first-all Kerry crew in the event is that of rally sponsor Cyril Wharton and Donal Falvey in their Subaru Impreza.

Father and daughter crew John and Michelle Hickey from Headford, compete in a similar Impreza.

Glenflesk's Diarmuid Lynch will drive his newly restored Ford Escort on Sunday. The car has plenty of Killarney and District Motor Club history. It was once used by club member Denis Cronin in forestry events 20 years ago. Multiple British rally champion Keith Cronin made his debut in the car, as a co-driver to his uncle Denis during the 2003 season.

The rally will get underway at 8.40 am on Sunday. The central service area in Castleisland Mart and crew will tackle two loops for three stages in the Cordal and Rockchapel areas.

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LOVE IS IN THE AIR

As Valentine day cards fill the shops and many people are seeking out ways to show their loved ones that they care, I am reminded that love isn't just for Valentine's day – it's for every day. And whilst we often think about Valentine's day as being all about romantic love, for me love is something that can fill our lives in many different ways every single day of the year.

Bring more love into your life

Don't wait to feel more love in your life. Instead choose to create it every single day. • Every morning upon arising, pause for a moment and appreciate the day ahead of you. Appreciation and gratitude are two beautiful forms of showing love.

• When you look at your reflection in the mirror show yourself more love by acknowledging how precious you are. Smile at yourself, if only for a second or two and know that you are worthy of your own care.

• Do small things with great love. When you tidy your home, or go shopping, write an email, make a phone call, meet with a friend etc...do these things with great love. Make your life a conscious expression of giving, feeling and receiving love.

For more positive thoughts follow me on Instagram at @romancingyourbody

www.astridlonghurst.com



FACIAL OR A PEEL?

Facials and peels both are effective and popular skin care treatments. Facials can be less invasive and include massage so are more relaxing. A basic facial involves; double cleansing of the skin, exfoliation, extractions of blackheads (if needed), message of face, neck and shoulders, mask using hydrating serums, oils and creams. Regular facials result in a more hydrated, brighter even-toned complexion. Chemical peels target a particular skin concern and attack it more directly than a basic facial. Fine lines, acne, rough texture, dullness or pigmentation are all good reasons for getting a peel. Acids or enzymes are used lift away dead cells and trigger a reaction in the skin. As the outer layer sheds signals are sent to the living cells below to multiply and move up. When the outer layer



of your skin is removed, it allows healthier, brighter, more younger looking skin underneath to show through. Skin then heals uniformly to look better and healthier. You can usually see results straight after a peel, but a course of treatments is often needed. Facials and peels will make your skin and skin-care products work better.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



WHY SEEKING PROGRESS IS MORE IMPORTANT THAN SEEKING PERFECTION. WHAT IS PROGRESS?

Well this can be many things to many people. For some it is seeing weight loss showing on the scales during their weigh-in's. The accountability that the scales provides is something some people say that they like – they like being accountable to the weighing scales.

For others it may not be the scales, it may be loss of inches where things that have been kept in the wardrobe as they were a little on the tight side now fit nicely. Of course for others it is about building muscle beyond what they have always

had, or being able to un 5k when they have never run before.

Like we said progress can be many things to many people. The important thing is that any progress or any improvement is exactly that – it is progress. You may not be able to run 5k yet, but you were able to do the first phase of your Couch to 5k programme last weekend, when maybe ordinarily the weekend was all about staying on the couch!

What is perfection? Perfection is a thing that many people seek, but the reality is no one ever attains it. But why do we feel like we need to be perfect at everything. People strive for perfection for this unrealistic, unattainable goal, so what happens when they do not reach the level they are trying to reach. Disappointment, lack of belief in one's self, decreased productivity and possibly low self esteem.

When it comes to your weight loss journey or fitness journey focus on progress. Focus on small steps and taking these small steps to make yourself better today than you were yesterday and better tomorrow than you are today. Focus on positive ways to Improve and don't come down too hard on yourself if you have a set back, they will happen but knowing how to deal with such setbacks will be important. At the end of the day keep focused on moving forward, it is what will help us to keep progressing.

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LIGHT SENSITIVITY

Almost everyone has experienced light sensitivity at some point

Here are seven simple tips to help reduce symptoms of light sensitivity

1. Wear FL-41 tinted glasses.

These have a rose tint and block out short wavelengths of light (such as blue light) which can trigger light sensitivity.

FL-41 has been clinically proven to help reduce light sensitivity in migraine and other neurological conditions.

2. Use the 20/20 rule

Screen time can trigger light sensitivity.

To prevent digital eye strain, every 20 min, take a break by closing your eyes for 20 seconds and taking some deep breaths.

This will allow your eyes to both get a break from the blue light coming from your screen ad also lubricated by your tears.

3. Avoid artificial sources of cool blue light such as CFL and LED. Switch to bulbs with warmer hues. Light from the orange to red end of the spectrum will cut some of the blue light and minimize glare.

4. Eat more vegetables and fruit which have macular carotenoids. lutein and zeaxanthin.

While getting these nutrients from the food is best, an alternative is to take a supplement containing all 3 carotenoids- lutein, zeazanthin and mesozeanthin, which has been clinically proved to decrease light sensitivity and digital eye strain.

Reduce 5. your allergen exposure.

Eye allergies can cause itching, redness, burning and light sensitivity.

Try to limit your exposure or take allergy medication to combat the symptoms.

6. Use artificial tears.

Eye lubrication can go a long way to help treat dry eye, digital eye strain, as well as eye allergies.

7. Use a screen filter ap which can block the blue light coming from your screen, and the internal flicker rate of your screen, which can trigger light sensitivity.

For more information and honest advice contact us for an appointment.



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Retired detective garda Jim O'Leary of Macroom receiving a fr. James A. Cullen SJ. Medal and certificate from Mary Looney of Macroom pioneer association in recognition of lifelong fidelity to the pioneer abstinence total association pledge.

Jim also received Garda Siochana the Centenary Medal and Certificate 1922-2022 from his neighbour and former colleague, Retired Garda James F. Morris, Macroom.



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SPORTING FOCUS

KILLARNEY VALLEY ATHLETIC CLUB

The Munster Senior/Master Indoor Championships were held last Sunday in Nenagh and we had a lot of good performances from our athletes. Ciara Kennelly came 1st in the Senior Women Long Jump. Dara Looney came 1st in the Senior Men Long Jump. Tadgh Galvin came 1st in the Senior Men 400m. Derek Pyne came 1st in the Master Men 400m. Alan Delaney came 1st in the Master Men High Jump.

We had some good performances from our distance athletes in the South Munster Schools Cross Country last Thursday. Jack Culloty came 2nd in the Minor Boys 2K and his school team came 3rd overall. Karl James came 10th in the Intermediate Boys 4K. Both Jack and Karl progress to the Munster Schools in Waterford on the 24th February. Kathryn Ryan came 19th in the Senior Girls race and her team brought home the bronze medal.

Ted O'Gorman competed in the National B Cross Country Championships in Kilkenny and finished in 7th position.

Congrats to Darragh O'Leary for running a new course record of 15min 43secs in the Killarney House Parkrun last Saturday morning. Congrats and well done to all our athletes.

All information on Training Schedules and How to Join etc. are on our website www. killarneyvalleyac.ie.

FARRANFORE MAINE VALLEY AC

After the winter break our athletes were busy both indoors and on the cross country field. Tiernan Lynch, Isaac Vickers, Conor McCarthy and Kevin O'Shea all won medals at the Kerry Schools cross country championships at the end of January. All 4 of them also qualified for the Munster Cross country championships to be held in Waterford at the end of the month from the regional championships that were held in Pallaskenry and Waterford. Tiernan was also very impressive in coming second in the Kerins O'Rahilly's 5K road race. Dermot Dineen also showed up well in the 10K event held on the same day. Tiernan's younger sister Jessie who is slowly coming back from injury also competed in the schools cross country races.

In the weekly parkruns the club is well represented. Cian and Matthew Hogan finished well up the field in the Tralee run. In the Killarney run Brendan Lynch finished second with Pirette Scroope and Michael O Connor both finishing well under 25 minutes.

The National master athletics championships were held in Athlone on the 5th of February. The clubs lone representative Michael O Connor was a comfortable winner in the 3K walking event.

Not for the first time David Kenny was clubs the standout performer this month. At the AAI games at the end of January he won the 3K walk beating fellow Olympian Brendan Boyce and moving into 3rd in the all-time Irish list. Today in Nenagh at the Munster Indoor Championships he set a new Irish Record in the 5K walk knocking a massive 8 seconds the existing record finishing in 18 minutes 42 seconds.

This is the fastest time in the world at the moment and is a tremendous return to form for David who has had injury problems that



Killarney Rugby Club U14 boys who were in action at Kilfeacle RFC in County Tipperary at the weekend.

curtailed his performance somewhat last summer.

This is a very impressive start to the year from David and we eagerly await his next race.

Adult training continues at the GAA pitch Farranfore every Thursday. All are welcome!

Membership is now being taken at the below link.

New members can apply through this link https://membership. athleticsireland.ie/register. html

MUCKROSS ROWING

NATIONAL TRIALS

Congratulations and well done to Daniel Daly, Niamh

Coffey (UL RC) and Caoimhe O'Sullivan (UL RC) who have been invited to participate in this weekend's High Performance water trials at the National Rowing Centre in Cork. Wishing all three Muckross rowers every success.

Many thanks to all who attended the club's AGM on Thursday. A full round-up of the meeting's proceedings will be sent to club members on email.

SHANDON HOR

The club's first competitive outing was the Shandon Head of the River time trial event, held at the Cork city marina on Saturday, January 28. The event was hosted by Shandon Boat Club and featured a 4.2km course for Fours and Eights, racing from the south side of Blackrock Castle into the Cork city marina, finishing closely beyond the Shandon BC boathouse. A cold but dry day provided near perfect conditions for the crews entered. The club was unlucky to place outside the winning times with five second place finishes including the Womens J16 and J14 Quads, Mens J16 and J14 Quads and Mens Masters Quad. The club was also third fastest in



three events including the Womens J15 Quad, Mens J14 Quad and Mens Masters Quad. In the latter Masters event, there was friendly rivalry between the two Muckross crews who finished within one second of each other! Our thanks to all members and parents in attendance and all who assisted with organisation of the boats and trailer over the weekend.

KILLARNEY COUGARS BC JUVENILE NEWS U12 Boys Div III.

Killarney Cougars 29 Gneeveguilla 33

A well contested game at the Presentation Gym saw the visitors take the points in an exciting game. The Cougars led 9-8 after the opening quarter with good baskets by Luke Bowler and David Kennelly. The visitors took the lead by halftime 17-13 and were further ahead entering the final quarter 23-15. A strong last quarter by the Cougars had just a basket between the 29-27 with baskets by George Nomikos getting the Cougars back into the game , but the visitors just held on in an exciting finish. Cougars had good performances on this occasion from



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Thursdays- Beginner @ 10am

FALL PREVENTION PILATES IN RATHMORE STARTS FRIDAY 24.02 @11AM

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SPORTING FOCUS

Rory Moynihan, George Nomikos and David Kennelly.

U14 JIMMY CURRAN MEMORIAL TOURNAMENT

Our U14 Boys travelled to Tralee early Saturday for the U14 Invitational tournament and a good performance by the boys saw them come through their group with Sligo AllStars & Bantry Cork, through to the last 8 and a meeting v Limerick Celtics in the quarter final and despite a strong performance the Celtics finished strongly to advance to the Semi-Final going onto defeat Sligo & Tralee to take the Cup title. The Cougars had good performances from Conor Lynch, Jack Culloty, Liam Quirke, Ryan Kissane, Adam Galvin, Luke Foley and Mark Looney.

ACADEMY

There is a Midterm Break for our Friday academy groups this week. Training resumes on Friday February 24th.

Well done to our Academy Boys & Girls that competed at halftime in the National League game Cougars v Dublin Lions on Saturday evening.

SENIOR NEWS

Basketball Ireland National League Div 1 Insuremyvan.ie

Killarney Cougars 79 Dublin Lions 104

The Killarney Cougars hosted the Dublin Lions at the Presentation Gym chasing a second consecutive home win but it was the in-form Lions that came out on top in the National League Div 1 before a good attendance. The visitors were quick to settle with Kevin Obasuyi and Ringo Dau on target to lead 8-2 in the opening minutes with the Cougars Marty Hill picking up early foul trouble. Cougars responded well and baskets by Andrew Fitzgerald and Marty Hill and two by Esebio Strijdhaftig pushed Cougars into the lead 10-8, however significantly a third foul called on Marty Hill impacted his performance and the Lions gained a grip with two threes by Tiernan Howe saw them lead 25-19 by the end of the quarter despite good scores by Esebio Strijdhaftig and Jack Lynch to keep the Cougars in contention.

A good start to the second quarter saw the Cougars tie the game 25-25 with good scores by Tommy Bowler, Esebio Strijdhaftig and Andrew Fitzgerald. The visitors responded with three consecutive three pointers; two from Toms Ludbarzs saw them open up a lead they were to build upon and hold for the remainder of the quarter growing in confidence to lead 52-40 by halftime with 9pts for the Cougars by Marty Hill.

The Cougars worked hard to get back into the game but Ringo Dau opened up the quarter with a big three pointer for the Lions to increase the lead before the Cougars Jack Lynch and Marty Hill added three pointers to stay in touch and a strong quarter by young Jack Lych saw him finish the quarter with 11pts but it was not enough as the Lions confidence grew and their excellent three point shooting had them well on top by the end of the quarter leading 77 - 58 as the Cougars challenge was fading against a hard working Lions defence and Ringo Dau strong perfromance adding 10 points in this quarter.

The Lions were to comfortably maintain their lead through the final quarter despite good work by Jack Lynch 8pts and Marty Hill 9pts, however the Lions finished the game with a total of 14 three pointers and this proved decisive as Cougars failed to match the visitors return and the Lions recorded a deserved win on a disappointing night for the Cougars who failed to build on last weeks winning perfomance. Positives for the Cougars were new signing Marty Hill continues to settle in with 24 pts on this occasion despite early foul trouble.and young Jack Lynch on 21 pts, the Dublin Lions had strong performances by Ringo Dau 26pts, Toms Ludbasrzs 18pts, Kevin Obasuyi 17pts and Tiernan Howe 18pts.

Next up for the Cougars is a trip north to face Team North West in Letterkenny before a home game against league leaders Tolka Rovers on Feb 25th.

KRFC NEWS

U14 BOYS ENJOY TRIP TO TIPP

Well done to our U14 boys team, coaches and management who traveled to Kilfeacle in county Tipperary last Saturday fro round 2 of the Munster League. The lads had an early start and played some fantastic rugby, winning well on the road, making it two from two in this inaugural league. Next Saturday the lads are away to Tralee in the West Munster league.

LILY, AVA AND FIA REPRESENT MUNSTER

Well done to Lily Morris, Fia Whelan and Ava O'Malley who were named on the Munster squad last Saturday for the Munster U18 girls interpro against connacht in Dublin. Best of luck to the girls for the rest of the series.

MINIS AWAY TO LISTOWEL TOMORROW

Best of luck to our minis who travel to North Kerry to take on Listowel at the town park for matches at U8, U10 and U12. There will be no fawns training this weekend. Don't forget the gumshields!

RESULTS

U14 Boys: Kilfeacle 12 - 25 Killarney U16 Boys: Killarney 30 - 0 Midleton U18 Boys: Cobh Pirates 17 - 21 Killarney U16 Girls: Shannon 35 - 5 Killarney **FIXTURES**

U14 Boys V Tralee (Away) Saturday at 11am



MATT KEANE TO CAPTAIN KERRY FC IN 2023 with Wayne Guthrie named Vice Captain for the new season

Midfielder Matt Keane is to Captain the Kerry FC senior side in this year's SSE Airtricity First Division campaign and becomes the historic first captain of Kerry Football Club.

Matt was announced as the club's first-ever signing back in November and now will lead his native Kerry side out for the 36-game season which gets underway on Friday night with a home tie against Cobh Ramblers in Mounthawk Park.

Goalkeeper Wayne Guthrie has been named as the vice-captain of the side for the upcoming season. The former Austin Stacks shot-stopper has been awarded the role by First-Team Manager Billy Dennehy at a recent team meeting with the full backing of the squad.

Speaking after being named Kerry FC

Captain, Matt Keane said "It is a very proud moment for me to be named captain for Kerry FC in the club's first-ever season in the League of Ireland. It's a great honour to lead out such a brilliant group of fellas, having worked with the group for the last 6 weeks, I can see the talent and quality is there and the potential we have to cause a few upsets this year. So look, I can't wait to get out and lead the boys out in front of a packed house in Mounthawk Park on Friday night

Vice-Captain Wayne Guthrie said "I'm delighted to be named vice-captain by the players. It's a great honour to be picked by my teammates and I appreciate the lad's trust in me to take on this honour of being vice-captain for Kerry FC. We are all looking forward to Friday night and for the season ahead"

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OPEL GSe ELECTRIFIED PERFORMANCE MODELS SET TO DEBUT IN IRISH SHOWROOMS

With the revival of the Opel GSe badge, pricing and equipment details of two new, special-order GSe models have been released for the Irish market. Offering the optimum balance between ride, comfort and performance, combined with emissions-free electric mobility, the new Opel Astra plug-in electric hybrid GSe 225hp hatchback will retail from ξ 52,695 plus delivery-related charges, whilst the Opel Grandland GSe 300hp AWD will retail from ξ 59,995 plus delivery. Order books are now open for both models. An Opel Astra Sports Tourer GSe model will complete the range in late 2023.

The Opel Astra GSe hatchback combines a 1.6 litre 4-cylinder petrol engine (133kW/180hp) with an electric motor (81.2kW / 110hp). With its impressive power output of 165 kW / 225hp and maximum torque of 360 Newton metres (WLTP combined fuel consumption: 1.1 - 1.2 I / 100 km, CO2 emissions 25-26 g / km), it accelerates to 100km/h in 7.5 seconds and boasts a top speed of 235km/h, or up to 135km/h in pure electric. The 12.4kWh

lithium-ion battery delivers up to 64km all-electric drive on the open road, or up to 73km in the city (EAER City). The battery is fully charged in around 2 hours at a 22kW wallbox.

Standard equipment for the range-topping Astra GSe in Ireland will include 18" alloy wheels, the eye-catching Opel black pack (black roof, black badging, black lettering), black Alcantara GSe trim, AGR certified seats, heated steering wheel and seats, Pure Panel Pro cockpit, front + rear park assist with 360-degree camera, wireless Apple CarPlay and Android Auto, wireless charging, lane keeping and change assist, autonomous emergency braking system (vehicle + cyclist + night), speed limit recognition, intelligent speed adaptation, extended traffic sign recognition, driver attention alert, rear cross-traffic alert, adaptive cruise control with stop and start, tinted side and back windows, ambient interior light and LED daytime running lamps.

Opel's new flagship model, the Grandland GSe combines a 1.6 litre 4-cylinder petrol engine (147kW/200hp) with two electric motors (81.2kW / 110hp motor at the front axle; 83kW / 113hp at the rear) to give all-wheel drive. With



its powerful output of 221 kW / 300hp and maximum torque of 520 Newton metres (WLTP combined fuel consumption: 1.2 I / 100 km, CO2 emissions 27-28 g / km), it accelerates to 100km/h in 6.1 seconds and boasts a top speed of 235km/h, or up to 135km/h in pure electric. The 14.2kWh lithium-ion battery delivers up to 63km all-electric drive on the open road, or up to 81km in the city (EAER City). The battery is fully charged in around 2 hours at a 22kW wallbox.

Standard equipment for the Grandland GSe includes 19" alloy wheels, the Opel black pack, to include a black bonnet, black Alcantara GSe trim, AGR certified seats, heated steering wheel and seats, satellite navigation, front, rear + lateral front park assist with 360-degree camera, side blind spot alert, Night Vision, Apple CarPlay and Android Auto, lane keeping and change assist, enhanced traffic sign recognition, driver drowsiness alert, adaptive cruise control with stop and start, dark tinted privacy rear windows / liftgate, ambient interior light and AFL Pixel Matrix LED lighting. **For more information contact Ahern's Castleisland.**

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MOTORING FEATURE DRIVE IN TO 2023 WITH THE KILLARNEY OUTLOOK



FOCUS ON GOLF



Ross Golf Club winners - Mernie Lenihan, Margaret OʻDonoghue, and Éilís OʻSullivan with Lady Captain Mary Moynihan



Ross Golf Club members Doreen Brosnan, Thérèse O'Keeffe, and Úna O'Sullivan with Lady Captain Mary Moynihan

KILLARNEY GOLF CLUB (LADIES)

LADIES KILLEEN 3BBB 12TH FEBRUARY RESULTS

1st: Geraldine Collins, Marie O' Brien, Elizabeth O' Kellihe, 32 points 2nd: Amy Arthur, Evelyn Courtney, Frances Arthur, 31 Points Next week's Competition 19th February Team Of Three MP Waltz

ROSS GC (GENTS)

RESULTS - February 11th & 12th we held a single stableford competition.

The winners were :-1: Michael J O'Sullivan (18) 42 2: Bryan O'Leary (19) 41 **DIVISION 1** 1st: Michael J O'Connor (9) 38 2nd: Alan Flynn (8) 37. **DIVISION 2** 1st: Niall O'Brien (15) 36 2nd: Darren Gaffey (14) 35. **DIVISION 3** 1st: Damian O'Callaghan (29) 39 2nd: Ger Murphy (26) 36 **ON FEBRUARY 4TH & 5TH WE HELD THE 6TH ROUND OF THE KEANE'S JEWELLERS MEDAL COMPETITION.** The winners were:-

1: Jonathan Casey. 65 2: Jimmie Smith 66 3: Johnny Brosnan. 66 Best Gross: Ryan McCarthy. 73 THE ROSS SENIORS HAVE RECENTLY RESUMED THEIR THURSDAY COMPETITIONS. The recent winners were :-

Feb 2nd

1st : Mike O'Leary. 2nd: Dermot O'Connor 3rd:. Seamus McCarthy

On Feb 9th.

1st: Seamus McCarthy. 2nd: John Ivory. 3rd: Dermot O'Connor

ROSS LADIES GOLF CLUB NOTES

Best of luck to Lady Captain Mary Moynihan, Captain John Ivory and President Michael Casey and also to the incoming committees for the coming year.

RESULTS - 9 HOLE SCRAMBLE SATURDAY 11TH FEBRUARY

A wonderful morning of golf and great to see a big turnout. The winning team: Margaret O'Donoghue, Éilís O'Sullivan and Mernie Lenihan.

2nd place:Thérèse O'Keeffe, Úna O'Sullivan and Doreen Brosnan

COMPETITIONS

9 Hole Scrambe Saturday 18th February 9-hole scramble. Tee time 10.00am for 10.30am

9 Hole Competition Wednesday mornings Each Wednesday morning 9-hole competition everyone welcome. Meet at 9.45am for 10.00am. All members welcome.

GOLF LESSONS

Gordon Howard is available to give golf lessons. Please contact Gordon directly in the Club House.

DEERPARK PITCH & PUTT CLUB SUNDAY DRAWS

Three Player Team, Two Scores Count Each Hole-Nett: Gearoid Cronin, John Murphy & Aidan O'Keeffe 83 and Gross: Gearoid Cronin, Robbie O'Brien Snr & Sean Ashe 99 DONIE KELLY RIP

The club was saddened last Saturday to learn

of the death of Donie Kelly, father of our former Registrar Alan Kelly and a regular presenter of the Cup named in honour of his late brother Ricky to the winning team each year in our big club event. We offer our sympathies to Alan and the entire Kelly family.

CONGRATULATIONS To both Cillian Courtney and Robbie Harnett on their involvement in St Brendans College's Corn Ui Mhuirí title win last Saturday.

OPEN MEETING

An Open Meeting of the club will take place on February 27th in the clubhouse. Further details in the weeks ahead.

MEMBERSHIP

Fees for 2023 will be due as of March 1st. Further details in the weeks ahead.

BEAUFORT GOLF CLUB (MEN)

RESULTS 11TH/12TH FEBRUARY - 3 PERSON YELLOW BALL TEAM EVENT - STABLEFORD (**YELLOW TEES**) **SPONSORED BY MENS BNCH** 1st: Charlie Mcauley, sean Ferris, Gene Boyd -126 pts

2nd: Kenneth O;Connor, David Carroll, Gavin Carroll - 124 pts

FIXTURES

18th/19th February - Round 1 Spring League - Stableford Yellow Tees - Sponsored by Cahillane Butchers.

Pictured at the Captain's Drive In at Maine Valley Members Golf Club on the 4th of February are Captain Niall Gilroy, Lady Captain Angie Donoghue Foley & Lady President Mary Ann Downes. Photo taken by Marie Kennedy



Photographed at the Drive-in at the Ross Golf Club are (I to r) Mary Moynihan, Lady Captain, Michael J Casey, President, John Ivory, Captain.





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BALLYHAR DYNAMOS FC

LOTTO

No.s 6,11, 21, 26. No winner of the jackpot. 5 x €25: John O Shea, Faha. Ger O Connor, Ballyhar. James Coffey, Firies. Jack Cooper, Ballyhar & Dan Cotter, Knocknagoshel. Next draw for a Jackpot of €11,600 will take place on Sunday next 19th February at Butlers Bar, firies.

TEAMS

The u12s continued their unbeaten run with a home 2-1 win against a very talented Inter Kenmare side. Alex Finn gave Ballyhar a 1-0 lead after being set up by Daithi Allen. The game was level entering the final minute when Adam Fleming swung in a corner that the in rushing Luke Bartlett headed to the Kenmare net to seal the win. Noah Browne, Fionn Clifford, Cillian O Sullivan & Joshua O Sullivan were also in excellent form. The U14s travelled to play Killorglin B and secured the win with goals by Daniel Downes, Aaron Moriarty, Conor Edwards, Issac Vickers & Daire Cornally. This was a good squad effort with a number of the u13s stepping up & doing well. The seniors were away at Mounthawk park on Saturday night last to Classic FC & despite being down a number of players secured a credible scoreless draw based on a good work ethic & team spirit. The back four of TrevorO Shea, John Power, Kevin O Sullivan & Ger Fitzgerald were solid throughout with Maurice O Donoghue having a late goal ruled out for offside. Squad: O Shea, Power, O Sullivan,

Fitzgerald, O'Connor, Brosnan, Cronin, Moriarty, Brosnan, Cooper, O Connor, O Donoghue & Kelly. **KERRY FC**

Best of luck to Kerry FC who kick off on Friday night v Cobh Ramblers at Mounthawk Park in their first senior game in the League of Ireland. This is a culmination of over fifty years of work by the Kerry District league. It was nice to see the name Ballyhar Dynamos among other rural clubs name checked on a national paper on Sunday last in an article previewing the upcoming Kerry FC voyage.

SYMPATHY

The club offers its sympathy to the Kelly Family, Firies Village on the passing of Donie. May he rest in Peace.

MEK GALAXY GIRLS

U13 Girls Premier: MEK Galaxy 2 Iveragh Utd 4. Tough game for the girls who gave their all.



Ballyhar Dynamos FC seniors following their scoreless draw v Classic FC in Premier B of the KDL at Mounthawk park on Saturday last

Scorers for MEK Fleur O'Neill and Ava Harty POTM Mary O'Donoghue & Alannah Casey. BOYS

U12 Premier: Listowel Celtic 2 MEK Galaxy 0. U12 Division 2: MEK Galaxy 5 Killarney Athletic 0

U14 Premier: MEK Galaxy 2 Killarney Celtic 2. A share of the spoils with our neighbours. Scorers for MEK were David O'Shea and Leo Allen.

U14 DIVISION 2

MEK Galaxy 5 Camp Juniors 2

A solid performance from start to finish from MEK who on another day could easily have added a more to their total.

It started well for the home side with all the pressure on the Camp goal and MEK's midfield dominant. Several chances went abegging, before two perfectly executed corners from Dara Whelton broke the deadlock; Breandán Allman headed home the first on 20 minutes and Ivan O'Shea headed a second five minutes later Cade Jameson struck to make it 3-0 with a well-worked team goal on the stroke of half-time and a score-line that reflected the run of play. Camp got one back early in the second-half before Charlie O'Reilly made it 4-1 following a superb solo-effort down the right, latching onto a through ball from Bart Flynn. Camp made it 4-2 before Alain Adamcyzk collected MEK's fifth, two minutes from time. Man-of-the-Match: Some strong performances across the park but goal-keeper James O'Reilly takes the honour thanks to some great pointblank saves and a solid performance all-round. U16 Division 1: LB Rovers 3 MEK Galaxy1. Top of the table clash. Strong LB side well set up went 1-0 from a corner but the lads settled well and pulled one back from a Karl O'Neill header. 1-1 at half time. LB scored a great individual goal just into the second half. Despite lots of pressure we couldn't find an equaliser and got caught again just at the end. First league defeat of the season but a super shift from the lads.

KILLARNEY ATHLETIC **U12 DIVISION 1 RESULT**

St. Brendans Park FC B 3 - 0 Killarney Athletic B The lads made the journey to Tralee this morning for a game against St Brendan's Park who were unbeaten in the league so far this vear.

Unfortunately with a loss of players due to a run of unforeseen circumstances the lads took the field with 8 players instead of 9 and no subs. The only way I can describe these 8 players is **Absolute Warriors!**

They played like their lives depended on it, supported each other throughout and threw themselves into absolutely everything and for the first 30mins controlled the game to the opposition's evident frustration. Half time blew and it was 0-0, absolute epic first half performance.

After the break they returned to the pitch and carried on much the same but unfortunately after time the extra man & the number of fresh legs they had on the bench started to show and within a 5 minute period the opposition capitalised scoring 3 goals against tired legs before our boys reasserted themselves firmly

MEK Galaxy Under 14 Division 2 who Defeated Camp Juniors 5-2 in Fossa.





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shut the door once again for the remainder of the match.

So proud of the lads today, they showed resilience, grit & determination throughout Well played lads & thanks very much to Park FC for a brilliant match!

MOTM: Matthew Sanbak

Killarney Athletic 5 vs 4 LB Rovers

Roksana Warow Sophie O Shea Lillian Slattery

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 5,12,14,21. 1 jackpot winner received €12,400. Next jackpot €1,600 on Monday February 20th. Tickets available from The Dungeon Bookshop, Hegartys Park Rd, club members and online through clubforce.com FAI JUNIOR CUP RD 6

Tallaght Utd 0, Killarney Celtic 3

Stephen McCarthy, Lee Downing, Wayne Sparling

Killarney Celtic reached the last 8 of the FAI

Junior Cup for the 3rd time in recent years with a clearcut win in Dublin last weekend. After a tight opening Celtic hit the front with a 39th minute penalty which Stephen McCarthy coolly tucked away. Celtic struck again before half time when Lee Downing netted. Finally Wayne Sparling confirmed the result with a 2nd half goal to send Celtic through to the quarter finals again.

U14 PREMIER

MEK 2, Killarney Celtic 2

Sam Scroope, Ignacy Truchan Celtic were forced to come from behind in the 2nd half to take home a point.Samuel Scroope put Celtic ahead before MEK scored 2 but Ignacy Truchan levelled matters. Celtic tried hard for the winner but had to settle for the draw.

U12 PREMIER

Killarney Celtic 3, Tralee Dynamos 3

Cillian Scannell 2, Noah Brosnan In a very entertaining game our U12a squad were most unlucky not to gain the win. U12 DIV 2 SOUTH

Killorglin AFC 1, Killarney Celtic 0

GIRLS

U17 LEAGUE Killerney Celtic 2. Inter

Killarney Celtic 2, Inter Kenmare 0 Katie Doe, Maeve Courtney

Celtic kept their 100% record going with a win

over Inter Kenmare CONGRATS to Killian Cillian who made the

KSBGL Team of the Week and to Sarah Warren who made the Girls Roll of Honour.

CONGRATS to all our club players who won the Corn ui Mhuiri with St Brendan's College last weekend.

Best of luck to all our former players who start the League of Ireland this season with Kerry FC and Finn Harps this weekend.

THE FOOTBALL FOR ALL SECTION celebrated its 10th anniversary during the week. The section started as a 6 week program for children with intellectual, physical and sensory needs. Many thanks to all who have contributed during the 10 years and helped Killarney Celtic to be 1 of only 2 clubs in Kerry to be fully inclusive.





Killarney Athletic team who beat LB Rovers

Killarney Celtic winners vs Tallaght Utd in the FAI Junior Cup Rd 6

STEVEN MCCARTHY BECOMES KERRY FC'S FINAL SIGNING AHEAD OF THE 2023 CAMPAIGN

HOME OF HOME OF

FC has Kerrv announced the signing of Steven McCarthy ahead of the 2023 SSE **Airtricity First Division** campaign which gets underway this Friday. The 24-year-old striker has played his whole career with Kerry District League side Killarney Celtic winning multiple league titles

and cups along with appearing in various FAI Junior Cup encounters. Although without League of Ireland experience, Steven has had a good handle on the game having first donned the green and white hoops of Killarney Celtic at 6 years of age. Steven becomes Kerry FC's 29th and final signing ahead of the season starting on Friday night.

Speaking on his signing, Steven McCarthy said "I'm delighted to sign for

Kerry FC. It is a great opportunity for me to go and test myself at this level. I'm looking forward to the season opener on Friday night and hopefully, we can start our first-ever campaign with a win.

First-Team Manager Billy Dennehy said "Steven is a player who has spent his whole career playing local football in the Munster Senior League and with Killarney Celtic where he has done really well. But I think Steven is a player that has the ability to play at a higher level. For me, when I see players like that, there are one or two guestions I must ask. Are they comfortable at the level they are at or have they never had the opportunity to go onto the next level? For me, seeing the way Steven has been training and working the last couple of weeks has shown me that he does have that ambition to play at a higher level but never had the option here in Kerry. I am absolutely delighted to give him that opportunity now. I think his technical ability is something we have seen already and I think the fitter he gets and more accustomed to our style of play, he will only improve in the coming years. I think he has done well for Killarney Celtic over a large number of years so we are very thankful to them for keeping him involved in the game and giving him the platform to develop his talents over a number of years"

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DANCE! DANCE! DANCE! EDUCATION ON MENTAL HEALTH rise professional Sueeks z 1.5 koms **CYMS Hall, Newmarket** hene: Kentre ha Samut Ageing, Fa c 3°fd-27'L Dancing from 9pm to 11.30pm e Tan - Kilian Friday 17th February (Vould you like? THE NEILY O CONNOR BAND Friday 24th February Dancing from 9pm to 11.30pm THE MICHAEL COLLINS Many more Mental Health topics covered BAND Hibernian Hotel, Mallow Sunday Night 19th February Dancing from 8pm to 10.30pm MARTIN KEARNEY AND DERRY KENNEDY BAND For more information please contact All roads lead to the Hibernian Hotel, only walking distance from Mallow Railway Station Kay Lynch SA COUR Organised by John Joe's Dances 087 9735113 Professional Counsellor Mobile 087 9359498 John Joe Dance 📑



OUTLOOK BASKETBALL

ST. PAULS OVERCOME MARBLE CITY HAWKS

ST PAULS 64 MARBLE CITY HAWKS 55

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KILLARNEY SPORTS AND LEISURE CENTRE SATURDAY FEBRUARY 11TH

Twenty six points from Yuleska Tejeda and an MVP performance from Lorraine Scanlon helped St Pauls eventually overcome a tenacious Marble City Hawks outfit and in the process saw them move clear of Portlaoise Panthers at the top of the MissQuote.ie Women's Southern Conference. The Hawks came to Killarney with only three wins to date this season but their performance belied a team struggling for confidence. They gave St Pauls a bellyful of it for long periods and even threatened a surprise in the third guarter when they briefly led by four. But when the need was greatest Tejeda, Scanlon and to a lesser extent Sofia Paska came up with the goods and they were kept honest right to the final buzzer by the chasing Hawks.

It secured a vital win for the home side who face an arduous weekend when they travel to Lisburn on Saturday to meet the Phoenix Rockets and turn the ship around to come home and face Oblate Dynamos on Sunday in the Killarney Sports and Leisure Centre. Given the quality of the opposition they face on Saturday and the 900km round trip the game involves, Sunday's game will prove to be a test of their fitness and recovery powers. While the latest win was achieved Coach James Fleming will have much to work on in the week ahead as his side struggled to perform to its usual high fluidity.

It all looked like it was going to plan as soon as the first play as Rheanne O'Shea netted a trademark three pointer. Leah McMahon was also handed a start alongside Tejeda, Paska and Denise Dunlea while the Hawks were hoping the dynamic duo of Caleigh Raby and Tania Stewart would get them firing early. Raby hit their opening basket, soon followed by a successful attempt from the free throw line. Tejeda opened her account ,Denise Dunlea and Paska pushing Pauls 9-5 in front. Tejeda and Paska kept the scoreboard ticking over but it was obvious that Pauls were not getting their offence going, something Coach Fleming tried to remedy with his bench. In a low scoring guarter Raby and Ann Prendergast lifted the Hawks total to nine, as they trailed by eight.

Jessica Quirke and Aisling Counihan started the second quarter for Pauls as Tejeda hit the opening basket. But Ann Prendergast started the second as she finished the first with some nice plays and when Raby made it 19-15 it signalled a complete change of personnel on the floor for St Pauls. The home side's next seven points all came from the free throw line as the Hawks defence reverted to fouls with Lorraine Scanlon the main gatherer with six points from the charity stripe. Yet the visitors refused to go away and points from Leah McCarthy, Stewart and Raby closed the half time gap to four, 28-24.

There was plenty to discuss in the home dressing room and one expected a renewed effort in the third guarter. But the Hawks struck the first blow, a Maria Connolly three. Scanlon with a lay up following a nice assist from Rheanne O'Shea responded but the Hawks hit a purple patch with Elaine Kennington, Raby and Prendergast helping them into a three point lead 33-30. But the jolt of going behind kick started Pauls into a reaction and Paska, Tejeda and Scanlon all finished the guarter with gusto to open up a 44-35 lead, Rably getting the sole response. St Pauls, wary of giving the Hawks any further encouragement kept their foot firmly on the gas and they had to as the Hawks kept plugging away. Rheanne O'Shea got the fourth quarter going with a neat basket, soon followed up by a Denise Dunlea three. Paska and Scanlon had to answer eight points from Stewart, which included two threes, and the lead was still nine, 54-45, with four minutes to go. That gap was never narrowed despite the best efforts of Raby, Stewart and Whiteley as Tejeda and Jessica Quirke stole in for baskets. Tejedas last effort was particularly impressive as she executed a nice move under the basket. When the final buzzer sounded St Pauls were victorious on a 64-55 scoreline.

Yuleska Tejeda was the games top scorer with 26, MVP Lorraine Scanlon had 14, Sofia Paska 12, Rheanne O'Shea and Denise Dunlea had 5 a piece, Jessica Quirke(2), Siofra O Shea, Leah McMahon, Aisling Counihan, Cassandra Buckley.

For the Marble City Hawks Tiana Stewart was best with 18, Caleigh Raby(14), Ann Prendergast(10), Maria Connolly(5), Elaine Kennington(4), Leah McCarthy(2), Fiona Whitely(2)

So St Pauls face into a seminal weekend with a tough double header in the offing. The Phoenix Rockets sit in second spot in the Northern Conference and have executed a remarkable turnaround to their season having lost the first three games. They are the only team in the entire league to have defeated the Cavan Eagles but they have had a bit of a stumble again recently. They overcame Oblate Dynamos the weekend past to stop a two game losing run and with Moy Tolka Rovers breathing down their necks they know another slip could prove costly. Clark Calisha and Georgie McGrath are the main threats here in a game that tips off on Saturday in Lisburn at 4pm.

After a 450 km trek home and a good night's sleep St Pauls will entertain Oblate Dynamos in the Killarney Sports and Leisure Centre on Sunday, 2pm tip off. The Dynamos despite only having three wins have been very competitive in the majority of their games and while the trip to Killarney is by no means a short one they do have the benefit of a restful Saturday. That alone will be worth a few baskets to them and Jennifer Sheehan, Katie Moloney, Megan Aho and Heather Meagher won't be shy for effort either. If St Pauls do manage to extend their winning run to ten games it will be an extremely fulfilling weekend's work.



SCOTTS LAKERS SUFFER DEFEAT AT THE HANDS OF WOLVES

SCOTTS LAKERS 84 DROGHEDA WOLVES 109

BALLYMAKENNY GYM SATURDAY FEBRUARY 11TH

Pride was restored in some small way by Scotts Lakers as they made the trip to the Ballymakenny Gym to face the Drogheda Wolves. And while defeat was their lot, there were a few extenuating circumstances behind the defeat. They faced a side defeated only once at home all season with a squad shorn of the presence of Ronan Collins, Mark O Shea, Jack O Sullivan and Paul Clarke. But those present played with spirit and no little skill and made the home side play honest right till the end.

Jack Ferguson , who holds the highest game total for the season in the league , 49 points, repeated the dose against the much vaunted Wolves defence, the third meanest defence in the league. Alongside Captain Rui Saravia he played the entire 40 minutes with the remaining squad members rotating the remaining minutes between them. In the final analysis the Lakers must have felt like

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the little Dutch boy with his finger in the dyke given the amount of gaps they had to plug. Tiago Pereira, Lemmie Howard and Stephen Safo all had 20 plus points while Denzel Ebose wasn't far off the mark.

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Eoin Carroll made his first league start alongside the aforementioned Saravia, Ferguson, Marko Bencic and Jamie O Sullivan. They made a bright start, Ferguson and Bencic leading them into a 7-6 lead. Safo and Ebose helped push the Wolves 18-11 clear but a Saravia basket and Ferguson three pulled the Lakers back into it at 20-16. This coincided with the Lakers best period in the game as Senan O Leary and Ferguson slugged it out with Lemmie Howard to help the Lakers into a 25-24 first quarter lead.

Ferguson, O Leary and Saravia kept the momentum swinging the Lakers way early in the second quarter running up a 33-27 advantage. The pace of the game was bound to have an effect on a depleted Lakers squad and Eboze, Howard and Pereira sniffed blood to roar 37-33 clear. Jamie O Sullivan with a three gave a temporary respite but the pendulum was definitely swinging the Wolves way. Eboze, Safo, Pereira and Robert Sullivan helped them into a 56-41 half time lead despite notable contributions from Eoin Carroll and Jamie O Sullivan.

The Wolves , now pushing home their superiority, hit the opening seven points of the third quarter through Howard and Pereira but Ferguson and Senan O Leary, enjoying his best outing of the season, kept tipping away . The advantage was now 73-50 but credit where it's due Saravia, O'Leary and Ferguson kept the flag flying and held their own to see the game at 79-57 going into the final quarter.

The hot hand of Ferguson showed no sign of cooling as he hit two fast threes but Esajobar responded as Oisin Spring was now on the floor for the visitors. The gap was now down to fourteen, 82-68 with O Leary still prominent but everything the Lakers tried to make an impression, their hand was seen and raised by Drogheda. And try they did, a Jamie O Sullivan three pointer made it 90-77 with just under five to go. But understandably and as can be expected the night's efforts caught up on them as a bigger and fresher Wolves squad made use of their advantages. Pereira, Safo and Howard hit ten on the spin, a run eventually ended by Oisin Spring. But Eboze and Safo showed no signs of mercy to help the Wolves run out 109-84 victors.

They deservedly carried the points but the performance of Jack Ferguson carried a lot of the plaudits.

OUTLOOK BASKETBAL

Outside of his 49 points, Senan O Leary struck 14, Jamie O Sullivan(8), Rui Saravia(6), Eoin Carroll(3), Oisin Spring(2), Marko Bencic(2).

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For the Drogheda Wolves their scoring spread was headed by Victor Pereira and Stephen Safo with 27 each, Lemmie Howard had 22 while Denzel Eboze netted 16.

The Lakers hit the road again this Saturday February 18th with a visit to Malahide who have a decent record and are in with a chance of qualifying for the playoffs out of the Northern Conference. With nine wins under their belt, their latest being over the Limerick Sport Eagles last weekend, confidence will be high in the camp. Their marquee man is undoubtedly Trevor Recio , one of the league's top scorers, and he gets good support from Matthew Harper, Sean Daly, Oisin Rice and Issac Westbrooks, son of the legendary Jerome. Tip off in Malahide Community School is 7.30pm.c



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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

The Victorious St. Brendan's Team who captured the Corn Uí Mhuirí Cup on Saturday.





SEM WIN 24TH MUNSTER CROWN Corn Uí Mhuirí Final: St. Brendans 1-12

St. Francis Rochestown 1-4

In a year where Cork have five schools reach the knockout stages for the first time in over a decade and just two from Kerry (who were scheduled to meet in the semi-final), there was a lot of speculation that Kerry's long hegemony at the grade was possibly about to come to an end. The Sem were aware of the possibilities, but admirably focused on honing their own potential. Sure enough, after all the dust had settled last Sunday, it was Kieran Herlihy's team who were still standing, with the Corn Uí Mhuirí once more firmly in their grasp. In the school itself, the walls are famously lined with team photographs of winning teams going back almost a century; a genetic blueprint almost of the school's and Kerry's football DNA. They will make space for another photograph on that wall this year; they always do.

You could argue that the Sem were head and shoulders over everybody else in this year's competition. They scored a whopping 16-75 over the six games they played, and conceded just 4-59. Only twice (against Coláiste na Sceilge and Mounthawk) was their winning margin even close, a gaol on both those occasions. They won their last four games by 18, 11, 9, and 8 points, dominating the second half of those games completely. On paper, then, you'd say that they were very, very impressive.

The thing is, numbers might not be able to lie, but they can certainly be deceptive. The numbers here are flattering. The Sem won here and won well, they should have actually won by a much bigger margin, having left a number of good goal chances behind them, but they won't be happy at all with their overall display. Rochestown deserve a lot of sympathy here. They lined out without three players who would have been strongly fancied to play for the Cork U20 footballers this year. Brian Hayes, one of Cork's brightest young prospects, is completely put with a cruciate injury. Harry Quilligan and Micheál O'Mahony did come off the bench, but neither player was anywhere near to full effectiveness. Midfielder Kevin Lyons had to cry off with an injury midweek. His replacement around the middle, Barry Kelliher, last just five minutes before hobbling off himself. In the circumstances St. Francis Rochestown, who included Liam Sheehan of Keel in their backroom team, showed a lot of guts in this one, but were simply robbed of too much potency on the day.

By the time that Kelliher limped off, the game should already have almost been put to bed. The Sem completely dominated the opening stages. John Kelliher fetched the throw-in and found his Glenflesk team-mate inside with the first ball, with Luke Crowley coolly splitting the posts. The Sem were pressing hard on Rochestown, who were struggling to get out of their own half. They did manage to get up the field and Seán Coakley slotted a hard-won free against the run of play to get them off the mark. Coakley was to share an enthralling duel with Cian Lynch all day – the Sem captain just about shaded it overall, but that was a great contest between two fine footballers.

Luke Crowley was narrowly wide from a free, while another Glenflesk man, Jamie Moynihan, was brilliantly blocked down as he lined up a rocket of a goal attempt. The Sem had two more wides - their creation of scoring chances was actually quite good; their conversion rate was extremely disappointing. A big part of that was an over-reliance on the talented Luke Crowley, who was guilty of over-ambition in a few endeavours but didn't exactly get a great menu of passing options from his fellow forwards often enough. The co-ordination in their build-up play was all too often lacking in the final ball. They did put one very good move together, very neatly finished by an excellent Alex Hennigan - John Kelliher deservedly ended up with the man of the match award, but Hennigan must have run him very close. Luke Crowley made it 0-3 to 0-1 and it looked as if the Sem had found their sea legs.

Rochestown were up for this battle, though. Donnacha O'Callaghan found Evan O'Connor with a good pass and the wing forward beautifully curled it over his shoulder. Rochestown fetched the Sem kick-out – something that happened a little too often throughout – and this time Seán Coakley was the supplier for another fine score by O'Connor. 0-3 apiece after twenty minutes. O'Callaghan was just wide with another good chance for Rochestown.

That may have been a bit of a wake-up call for the Sem. Certainly they tightened up and began to look more purposeful. Once again that direct line between the pair saw John Kelliher pick out Luke Crowley again, and he had the guile and confidence to beautifully lob the emerging keeper; the ball just didn't dip enough for a goal, but it was a great point. Crowley was narrowly wide after a good turnover by Hennigan. Seán Fitzgerald read the kick-out perfectly and intercepted, but over-carried as he turned in towards goal. Alex Hennigan made a great run before laying off to Cillian Courtney, who jinked inside. He did everything right, but goalkeeper Mikey O'Connell made a fantastic save. Another great move saw Callum Cronin about to pull the trigger when he was unceremoniously hauled down. Aodhán O'Neill's penalty sent the keeper the wrong way, but the ball was slightly off target as well. The Rochestown goal was living a bit of a charmed life at this stage! Just before the break, Alex Hennigan picked off his second point.

Half-time St. Brendans 0-5 St. Francis Rochestown 0-3

The Sem may have been in front at the whistle, but they won't have been remotely happy with their first half display. 'Disjointed' would not be an unfair description; they should have been well out of sight at this stage. They obviously knew it themselves, and they certainly emerged determined to make amends. John Kelliher surged forward from the throw-in and his shot

Dan Dwyer (second right) who won a Corn Uí Mhuirí medal with St. Brendan's College 60 years ago. He is pictured with Eileen Moynihan Caoimhe Moynihan, Julie McCarthy and Timmy Moynihan.

ALL THINGS...SPORT





was probably intended to go under the bar. Alex Hennigan kicked his third point after Cian Lynch won a good turnover. Luke Crowley won a good ball and weaved in to slot home a goal, but the referee correctly called it back for one step too many – the referee had an excellent game himself. Jamie Moynihan curled over a real beauty with his left leg, really skillful. Luke Crowley had a justifiable call for a penalty, but the referee called it back for an earlier free and Luke slotted over – in fairness, he might have been called for over-carrying again, so it was a fair compromise.

That put St. Brendans ahead by 0-9 to 0-3 coming to the three quarter stage. All Rocco had to show so far in the second half was a forlorn and well wide effort from Derry Howard. There was a bit of frustration in a few of their challenges, a little bit of afters. Nothing major and nothing particularly nasty, but it was a good sign of the Sem's mentality that they didn't get caught up in any of it; they were concentrating on the result. Callum Cronin stretched the gap between the teams to seven. Alex Hennigan pierced another gap in the rearguard to bear down on goal and tried to slip it neatly under the advancing keeper, but O'Connell managed to deflect it away with his leg - that's an outstanding goalkeeper. Shay O'Meara's '45 tailed off to the left, but it hardly looked likely to matter.

Rochestown were not bowing out easily. They needed goals and were launching in rockets on the Sem square in an attempt to get them. They caught a break when an unlucky Sem defender spilled a loose ball and Seán Coakley rose high to fist home. 0-10 to 1-3; not an unbridgeable gap by any means. But the riposte was equally fast and finally conclusive, as John Kelliher once more drove through a faltering defence and this time there was no stopping his bullet of a shot.

Rochestown landed a few more homing missiles, but Shay O'Meara handled the pressure superbly. Mark O'Rourke did pick off one last point, but |Luke Crowley replied in kind and Alex Hennigan, who finished as the Sem's top scorer throughout the campaign, took his personal tally to 2-13 overall as he kicked his third and final point of the day.

Not a classic encounter by any means, but that won't trouble the Sem at the moment as they

will savour the retention of a title they first won all the way back in 1929.

St. Brendans: Shay O'Meara, Maidhcí Lynch, Cian Lynch, James Williams, Seán Fitzgerald, Keelan O'Shea, Jamie Moynihan (0-1), John Kelliher (1-1), Timmy Moynihan (0-1), Aodhán O'Neill, Alex Hennigan (0-3), Callum Cronin, Luke Crowley (0-5, 1f), Cillian Courtney. Subs: Pádraic Moynihan (for for Cillian Courtney, 41 mins), Neil O'Carroll (for Callum Cronin, 51 mins), Eoghan Kelly (for James Williams, 60 mins), Luke Daly (for Jamie Moynihan, 59 mins), Seán Doolan (for Timmy Moynihan, 61 mins). St. Francis Rochestown: Mikey O'Connell, Fionnán Leahy, David Buckley, Tim O'Brien, Callum O'Neill, Luis Dwan-Fogarty, Donnacha O'Callaghan, Barry Kelliher, Mark O'Rourke, Rob Hanley, Derry Howard, Ollie McAdoo, Evan O'Connor (0-2), Seán Coakley (1-2, 1f), Billy Fraher. Subs: James Burke (for Barry Kelliher, mins), Harry Quilligan (for Billy Fraher, half-time), Micheál O'Mahony (for Donnacha O'Callaghan, 38 mins), Chris O'Keeffe (for Derry Howard, 46 mins), Tomás Vaughan (for Rob Hanley, 52 mins).

Referee: Jonathan Hayes (Limerick).

St. Brendans Tradition

When people talk about a strong sense of tradition, they really mean layers of memories built not just over years, but over generations. In colleges GAA, the likes of Junior Murphy, George Dennis, Joe O'Connor, Br. Murray himself (he taught in Tralee for a few years), Tom Fox O'Connor, Christy Killeen, Fergus Clifford and Damien O'Loughlin in Tralee CBS, Anne Marie O'Donoghue, Jerome Conway, Gillian Fitzgerald, Eamonn Fitzmaurice, Johnny Mulvihill, the great Liam Higgins, Micheál Ó Ruairc, Eamonn Fitzmaurice, Gerald McKenna, Pat Brosnan in Sliabh Luachra, Louise Ní Muircheartaigh.....the list of names who built and still build that vital root of Kerry GAA is endless. In the Sem it extends all the way back to Dr. Eamonn O'Sullivan.

Mike Leahy has been an enormously popular teacher in St. Brendans for forty years now and helped an incredible amount, not just of teams but of individuals within the school (I will unabashedly state that I am one of them). Last Saturday he was on the sideline as a selector, and it was his first time that he personally lifted the Corn Uí Mhuirí. One of those watching on was Dan Dwyer from Kilcummin. He played in a Hogan Cup Final himself with the school fifty years ago on a team that included the eldest Spillane brother from Templenoe and a certain Páidí Ó Sé from West Kerry, and Dan had hardly missed a game since. The Sem have lifted the Hogan Cup four times in total and Dan was present for all four wins. That's tradition.

ST. PATS WIN CORN SHEÁIN UÍ MHURCHÚ Munster C Final St.Pats Castleisland 2-12 Gaelcholáiste Chíarraí 0-6

The Sem weren't the only Kerry school celebrating last weekend. The Corn Sheáin Uí Mhurchú (Munster C Final) was an all-Kerry affair. To add a bit of intrigue, St. Pats Castleisland had won the Moynihan Cup this year and also won their first ever Russell Cup (Kerry's U15.5 Schools Cup is named after the great Dr. Crokes footballer) last year. The only team to defeat them was their opponents Gaelcholaiste Chiarraí, who had beaten them in the group stage of the Moynihan Cup.

History was not to repeat itself. St. Pats took control from the off leading by 0-4 to 0-0. Ciarán Ó Conchúir got Gaelcholáiste off the mark and Liam Cúipéir slotted two frees, but a goal from Eoghan Shine and some great scores from Cathal McElligott, midfielder Cathal Brosnan, and expert marksman Jack O'Donoghue had St. Pats leading by 1-6 to 0-3 at half-time.

Gaelcholáiste made a great start to the second half, Seán Ó Conchúir and the impressive Cúipéir trimming the gap while Jack Ó Dúghaill began to make headway around the middle. In fact they created a few goal chances themselves, but couldn't get in for the final touch. St. Pats remained composed and caught them on the break, Cathal McElligott pouncing on a stray kick-out for a clinching goal.

JOHN KERINS U20 TOURNAMENT

Kildare 2-12 Kerry 0-15 Ever since a complete overhaul back in 2011, Kerry's juvenile development has been yielding huge dividends, albeit slightly dampened by the convolutions of switching bizarrely to 'odd' (U13, U15, U17) rather than 'even' (U12, U14, U16, U18) grades. We only lost one knockout minor game between 2014 and 2018 (U17 in 2017) so minor development certainly has not been a problem. Kerry have 10 Corn Uí Mhuirí titles in a row, so colleges has definitely not been a problem. We knocked hard on the door at senior against the most successful team of all time and got over the line last year.

The one grade where we are still definitely struggling is U21 and now U20. Proven managerial talents like Jack O'Connor, John Sugrue, and Declan O'Sullivan have put their heart and soul into it and just couldn't get over the line – Jack came very close, but Kildare gave us hard lessons in that All Ireland Final.

It can be argued that Kildare gave us another lesson in Tomás Ó Sé's first formal game in charge of the U20s in their opening game of the John Kerins Cup. I wouldn't worry, though, and I certainly wouldn't read too much into the result here. It's more about getting games and getting experience in playing together. Realistically, that's the whole purpose of the John Kerins Tournament; it's not really an aspiration in its own right. It will be a much changed Kingdom outfit by the time the Munster Championship roils around. An unruffled Tomás Ó Sé pointed out that he was missing as much as fourteen players for this one.

Aaron O'Shea from Listry was Kerry's standout performer and he lofted over two early points. The weakness in Kerry's defence was quickly exposed, though, with Seán Hanafin selling a one-two with Eoin Cully all too easily and calmly fisting home. O'Shea and Conor Horan (2) nudged Kerry into a 0-5 to 1-1 lead, but Kildare were beginning to draw down dividends from running at Kerry and Shane Farrell, Colm Dalton, and Eoin Cully reeled off three points on the trot. Kerry were managing to keep in touch, largely through wastefulness on the part of a superior Kildare outfit. Cillian Burke, just back from a long injury lay-off, led Kerry's resistance but they were always playing second fiddle in midfield. Before the break, Fionn Ó Giolláin once again split Kerry's defence wide open with a direct run and Seán Hanafin was on hand for another great finish past a hapless Seán Broderick. Kerry couldn't complain; that one had been coming from a long way out. Half-time Kildare 2-4 Kerry 0-7

Kerry were back within a point after just two minutes of the second half, Aaron O'Shea with a free and Dylan Roche pointing from play. Ryan Burke picked off a good score for Kildare but Kerry were showing form now. Keith Evans, Cian Foley, Armin Heinrich and O'Shea all kicked good scores and suddenly were Kerry were a point in front, 0-13 to 2-6, and fully deserving of it. Kildare picked off two points before substitute Kieran Dennehy equalised for Kerry.

That was as good as it got, though. Kerry seemed to run out of steam at that point and it was disappointingly easy for Kildare in the last ten minutes. Kildare looked fitter and a little bit stronger and it really began to tell. Had they been more accurate (that's something they will definitely have to work on) they would have been well out of reach on the scoreboard. As it was, there was just a goal between the teams at the finish, but that didn't reflect the overall paucity of Kerry's display. It's early days, and there is a lot of players to come back in, but we will need them.

Luke Killian and Shane Dalton put Kildare two points in front. Thomas O'Donnell hit a fine point for Kerry (our substitutions did impress, which is a good sign) but that was to be our final score. Kildare's Adam Fanning kicked two last points for the Lilywhites, who could feel quite pleased as they headed for home. Kerry did launch one last attack in search of an equalising goal, but keeper Cormac Barker gathered out to claim it in commanding style to end the game on a high note.

Kerry: Seán Broderick, Darragh Fleming, Colm Browne, Eddie Healy, Killian O'Sullivan, Armin Heinrich (0-1), Adam Segal, Cillian Burke, Rob Stack, Conor Horan (0-2), Fionán O'Sullivan, Keith Evans (0-1), Eoghan Hassett, Aaron O'Shea (0-7, 4f), Dylan Roche (0-1). Subs: Thomas O'Donnell 0-1 (for Rob Stack, half-time), Cian Foley 0-1 (for Fionán O'Sullivan,half-time), Kieran Dennehy 0-1 (for Hassett, half-time), William Shine (for Dylan Roche, 45 mins), Cian O'Donoghue (for Killian O'Sullivan, 45 mins), Joey Nagle (for Adam Segal, 51 mins), Caolan O'Connell (for Aaron O'Shea, 51 mins), Darragh O'Connor (for Darragh Fleming, 59 mins).

Kildare: Cormac Barker, Harry O'Neill, Tomas Von Engelbrechten, Tim Ryan, Fionn Ó Giolláin, James McGrath, Ryan Burke (0-1), Seán Hanafin (2-1), Luke Killian (0-1), Callum Bolton, Shane Farrell (0-2), Ciarán Flanagan, Kevin Cummins, Colm Dalton (0-2), Eoin Cully (0-2). Subs: Adam Fanning 0-2 (for Kevin Cummins, half-time), Niall Dolan 0-1 (for Ciarán Flanagan, half-time), Jack McKevitt (for Fionn Ó Giolláin, 40 mins), James Harris (for Eoin Cully, 45 mins), Fionn Cooke (for Colm Dalton, 51 mins). Referee: Alan Long (Cork)

U18 GRADE

It's been a bugbear of mine ever since it was first pushed through despite resistance from the grassroots, disguised as a motion to allow Central Council to streamline underage development (an actual motion to change the minor grade to U17 had been withdrawn from the clár because of its unpopularity with the grassroots. It hasn't gained many admirers since its implementation, and Derry have become the latest county to vote to revert to U18 in their domestic minor competitions next year, with U18s allowed to also line out with their senior club teams where allowed (burnout will be the deciding factor in that debate, but it's no secret that many rural clubs are struggling to field teams). At the moment Cork, Mayo, Tyrone, Donegal, Armagh, and now Derry have made clear their preference for a return to U18 and even ages. Cork's position is especially significant, as Cork and Meath were the only counties to initially support allowing Central Council the power to veto such autonomy by counties last year. Nineteen counties expressed a clear preference for such autonomy (that doesn't necessarily mean that they want to revert to U18, only that they want the authority to make that decision for themselves). This issue clearly isn't going away any time soon.

HURLING

National League: Kerry 0-18 Carlow 1-13

The general feeling coming into this one was that Carlow at home would be no real match for Kerry. Maybe that got into the Kerry players heads a little bit - I will unabashedly admit that I was certainly guilty of it. And it actually took a full quarter of an hour for the full penny to drop that Kerry weren't just slow settling. Kerry were poor; sometimes it's that simple. Carlow looked good, but we let them look good three times James Doyle just waltzed through Kerry defenders because no-one took on the responsibility of leaving their own man to pick him up. That's nigh on a cardinal sin in GAA anyway, but in a team that has already dropped forwards back into defence? This is just basic stuff.

Look, I'm not having any digs here. Mackessy, Ross, the Boyles, Eric Leen, Evan Murphy, Michael Leane....these guys gave it everything. The defence was actually very solid aside from those lapses. Louis Dee had to make some important saves and looked very sharp. It's not that this is suddenly a bad team. It's just that we have now laboured to wins over two fairly limited teams in Derry (albeit while down a man) and Carlow, both of whom are missing key players. We have Offaly and Kildare coming up; they are a higher level, and things are so tight that a single loss can rule you out of the business end of the season.

The warning sides were there. Kerry had five wides before Eoin Ross opened our account. Good work from Fionán Mackessy set up Michael Leane for our second. Martin Kavanagh pointed for Carlow but Podge Boyle replied with a free to lead by 0-3 to 0-1. Kavanagh and the effective Diarmuid Byrne negated the gap. A Kavanagh '65 put Carlow in front and good work by Byrne saw Kevin McDonald double their lead. It was at this point that it dawned on me that we really were second best so far and this one was going down to the wire. Shane Conway with a nice score - Shane was one of the deadliest predators in Division Two, but this lone gunman with support runners style of attack isn't his game at all and his scoring returns show it. Martin Kavanagh pointed a free. Poor discipline saw a Kerry free changed to a throw-in that led to a Fiachra Fitzpatrick point for Carlow.

Podge Boyle almost forced a goal, but Carlow managed to clear and Jack Treacy slotted over. Podge pulled one back and set up Fionan Mackessy for a good score before exchanging points with Fitzpatrick. At half-time Kerry trailed by 0-9 to 0-7, and deservedly so.

It was never dirty, but there was plenty of niggle in it and a few careless swings on both sides. Referee Michael Kennedy had a great game, firm but unobstrusive, and he was rightly swift enough to dish out deserved yellows. Carlow were a bit unlucky to lose top scorer Martin Kavanagh to a second yellow early in the second half. Even then Kerry didn't really grab the game by the scruff of the neck, but it did swing the tide a bit in our favour. Kerry's half-

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064 - 6632007 E: killarneyoils@gmail.com time changes also helped. Cillian Trant picked off a point and Podge Boyle with two frees nudged us in front. Kevin McDonald equalised but Boyle and Fionán Mackessy restored a two point lead. McDonald took over the free-taking in place of Kavanagh and showed that he is familiar with that craft as well.

Two Podge Boyle frees put a goal between us but McDonald pulled one back. This was a much better contest (I would not claim that it ever hit real heights, but it was a big improvement on a torpid first half). 0-14 to 0-12 now. Podge swung over a '65. Podge was a big target-man for Kerry in open play, with hand in a lot of scores, but his accuracy from dead balls was by far and away Kerry's best weapon. Another free put us four points clear. Arguably worse from a Carlow perspective, they lost another free-taker, Kevin McDonald, to a card and were now left playing with thirteen men. They were visibly tiring now. Conor Kehoe did pick off a free, but Kerry replied through Philip Lucid and Niall Mulcahy. The visitors weren't done, though. James Doyle looked dangerous all day but there was actually an element of luck about his miscued free deceiving everybody and creeping into the Kerry net. Carlow had one last sting in the tail, one last deadly rasper of a shot, and Kerry could be very thankful to Louis Dee for one last reflex save.

The fact that Kerry needed it to get out of this one with a victory tells you everything about Kerry's display. They have some tough games coming up. They'll have to get a lot better very fast, but having two challenging games under their belt will stand to them now as the heat starts to rise in a tight Division Two.

Kerry: Louis Dee, Eric Leen, Evan Murphy, Kyle O'Connor, Cillian Trant (0-1), Michael Boyle, Eoin Ross (0-1), Fionán Mackessy (0-2), Daniel Collins, Shane Conway (0-1), Paudie O'Connor, Daithí Griffin, Michael Leane (0-1), Dan Goggin, Padraig Boyle (0-10, 8f, 1 '65'). Subs: Keith Carmody (for Dan Goggin, half-time), Niall Mulcahy 0-1 (for Daithí Griffin, 50 mins), Brandon Barrett (for Cillian Trant, 54 mins), Seán Weir (for Kyle O'Connor, 57 mins), Philip Lucid 0-1 (for Fionán Mackessy, 65 mins).

Carlow: Ciaran Abbey, Paul Doyle, Conor Lawlor, Jack McCullagh, Paudie O'Shea, Diarmuid Byrne (0-2), Fiachra Fitzpatrick (0-1), Kevin McDonald (0-4, 3f), J Doyle (1-0, 1-0f), Jon Nolan, Martin Kavanagh (0-4, 2f, 2 '65), Paddy Boland, Conor Kehoe (0-1, 1f), Tony Lawlor, Jack Treacy (0-1). Subs: Ciarán Kavanagh (for Paudie O'Shea, 52 mins), Fiach O'Toole (for Diarmuid Byrne, 68 mins)

Referee: Michael Kennedy (Tipperary)

MOTION TO MANDATE HURLING IN EVERY GAA CLUB

Interesting to see Liam Griffin, Wexford's manager in that famous '96 All Ireland victory (I have said it before, 'Dancing at the Crossroads' by the Wild Swans is the greatest GAA song ever), proposing that every GAA club should be required to field at least one hurling team. A lovely idea in theory, and of course I and virtually everyone would love to see it happen, but is it

actually practical? I'm sorry, but I think it's a bit like mandating world peace. Logistically, I don't see how funding or foundation coaching for such a thing to happen is suddenly going to magically appear. It's not really practical.

RUGBY

Six Nations Ireland v France

This one was flagged as the key game in this year's championship from a long way out. Ireland and France went into this one as number one and number two in the world respectively. Les Blues made a great start against Ireland last year and Ireland weren't able to close that gap or prevent France winning the Grand Slam. France, basically unbeaten for almost three years, were very shaky against a determined Italy in their opening game this year. Ireland, amid all the pre-game hype that Warren Gatland would come back to haunt us, were hugely impressive against Wales in the first half before letting the tiller slip a few times in the second. All in all, the stage was set for a classic. Did it live up to the hype? It surpassed every bit of it. This was stunning rugby. France are the second best team in the world, fantastic to watch. And they were still outclassed call the way; that's how good Ireland were on the day. Significantly, that wasn't a full strength Ireland. France applied the early pressure. Ireland held up very well, their physical strength evident from early, but coughed up a penalty converted by Tomas Ramos. Ireland's response was perfect. Johnny Sexton, playing like a young lad with a point to prove led the attack. Lowe found the line, Ireland wopn the throw, and Ryan took it deep into French territory. A lovely offload by Finlay Bealham to Keenan, perfect timing, and France were sliced open as neat as any surgeon's scalpel.

Ramos slots another penalty and then France break forward themselves, Jelonch giving it to Penaud on the wing to sprint over and score – both teams made fantastic use of the full width all day. Ramos converted and France were ahead by 13-7; this was shaping up already to be a brilliant contest.

Another spellbinding Ireland move, switching from right all the way across to where Lowe is racing for the line....a matter of inches. Penaud got there a millisecond too late to stop Lowe; it would have stopped anybody else. Lowe took the hit and twisted in the air like an electric eel. Did his feet brush the grass outside the line as he touched down? Nope. How, I don't know, but he some how had the agility to get it down. A hard and late hit by Antonio on Herring. That's dangerous, way too dangerous. Barnes reckons it's a yellow card. Look, I actually think Barnes is a very good referee generally, but that's a very, very bad call. World rugby has been insisting long and loud on eliminating hits like that, and quite rightly. It's too dangerous. We all know full well at this stage that there is an inherent danger in rugby, one that has increased exponentially in the professional game. That was too high and too late, that's a red all day lona.

Irish scrum. Jaysus, this must be the strongest Irish team of all time. Traditionally Ireland



always had to outplay France and South Africa because we never really outmuscled them; that's no longer true. Porter carries it over, nothing that France could really have done about it.

France do well top clear another Irish burst and Ramos converts another penalty. Three point game now, 19-16.

Caelan Doris is having a monster game and he sets Ireland off again. Keenan neatly kicks it around Ramos and surges for it. Hansen goes over the line at full speed.....and is literally pulled out of the air by a giant hand. What's Dupont doing playing rugby? This guy was clearly born to be the greatest weightlifter in human history. Archimedes claimed that if you gave him a lever and a place to stand, he could move the world. Honestly, I'd pay good money to see Dupont try it.

Ireland are well on top now. Conor Murray, who showed the strength of his character by playing this game after his father was unfortunately injured in an accident, is twice stopped on the French line. Ireland finally get a penalty and Johnny Sexton takes the points. 22-16.

Second half. No let-up in the intensity. Herring has failed his HIA (no surprise there) so Kelliher is staying o, having fitted in seamlessly. Tadhg Beirne departs, replaced by lain Henderson, there's fair strength on Ireland's bench. Ramos penalty, a very good effort, but it doesn't get there.

Penaud on the wing, darting forward. He's almost dancing on his feet but it's working; he very nearly gets in past the cover. That was a real scare. Johnny Sexton, who has very much reminded everyone, including me, why a 37 year old is still the first name on the Irish teamsheet, makes way for Ross Byrne. We've been looking for a reliable kicker to be ready to step in for Sexton, we all know that day is drawing closer. Byrne is in pole position for the jersey but he still has it to prove.

He nails his first kick. It wasn't a difficult one, but it was important for him and for the game – bodies have to be feeling the strain. I know I am, and I'm just watching it on television.

Ramos with a drop goal. Clever. 25-19, it's still a one score game and France are well capable of that score.

Ireland have the better subs. Craig Casey in particular is doing very well at taking the game to France. Eight minutes left;. Ireland are probing relentlessly. Caelan Doris times his pagss to Garry Ringrose perfectly and the French can't stop his momentum.

What a game. What a win. The Six Nations isn't in the bag, there is plenty of work to be done yet, but it's ours to lose from here.



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KEEL GAA CLUB

CLUB LOTTO

Keel GAA Lotto Draw Monday the 6th of February. Numbers drawn: 9, 10, 11, 32. There was no winner of our jackpot of \in 3,000. Lucky dip winner of \in 50 each were Killian Murphy & Shane Prendiville. The jackpot will be \in 3,050 for the draw on Monday the 13th of February. Many thanks for all your support this week and thank you to this week's lotto team for facilitating the draw. You can purchase your tickets for the draw via Clubforce or through the local outlets. Thank you for your continued support of our club lotto. **SENIORS**

Our seniors had their first outing of the year under their new management team of Denis Reen, Willie Evans, Dónal Murphy and Colin Clifford. Keel travelled to Beaufort for round 1 of the Mid Kerry League. The final score was Keel 0-05, Beaufort 1-12. Keel team lined out as follows: Stephen Cahillane, Seán Cremins, Shane Prendiville (C), Eden Murphy, Garret Prendiville, Seán Corcoran, Daniel Ashe, Tom Ladden, Darragh O Dowd, Tommy Buckley, Luke Flynn, Fionán Griffin, David Couchman, Lachlan Griffin, Liam Evans. Subs used: Eoin O' Neill, Cian Flynn, Seán Langford, Killian Murphy, Killian O Dowd. We host Laune Rangers on Sunday at 2pm in Keel in round 2 of the Mid Kerry League. Best of luck to the team and management.

COUNTY LEAGUE

County League fixtures for 2023 were released over the weekend. The first round will take place on the 19th of March. We will travel to Ballyduff for round 1.

KERRY U20S

Commiserations to the Kerry U20 team who were beaten by Kildare in round 1 of the John Kerins Cup U20 Development League. Well done to our own Keith Evans who lined out in the green and gold at wing forward.

LADIES FOOTBALL

Best of luck to Caoimhe Evans, Ciara Murphy and the Kerry Ladies team who take on Dublin in the Lidl Ladies National League this Saturday at 5:15pm in Austin Stack Park. Please get out and support the girls! Best of luck to the team and management.

STRICTLY COME DANCING VOTING

You can decide which couple win the public vote for our Keel GAA & Strictly Come Dancing. You have 3 ways you can vote for your favourite couple: 1. iDonate link: https://www.idonate.ie/ event/keelandmklstrictly2023 2. Offline Voting Cards 3. Couple Containers. Every \in 2 donated = 1 vote for the couple. Our judges will have the difficult decision of choosing their winner once all the couples have performed on the night. Tickets are sold out! A reminder that this is an over 18s event. Keep an eye on the Keel GAA & MKL Gaels Strictly Come Dancing Facebook page for all the latest news.

BUSES TO STRICTLY COME DANCING

Flynn's are organising return buses from Listry, Milltown, Castlemaine and Keel for Strictly Come Dancing on Saturday the 25th of February in The Ballygarry Estate Hotel. Seats must be prebooked on 087-9687997. Return Prices: Castlemaine & Milltown Villages €15, Listry & Keel €20



Killarney Camogie Under 8 and Under 10's pictured at training with their mentors at Spa Hall.

WALKING TRACK LIGHTS

Please note that the lights will be on at the pitch from 6:30-9:30pm Monday to Friday. All are welcome to use the track! Thank you to everyone who has helped us with the MyLife Every Step Counts Challenge. We have already walked over 6,000km which was the target. We will not be entered into the draw for the O' Neills voucher prizes.

KILLARNEY CAMOGIE CLUB

We had a fantastic turnout of almost 50 girls for our 1st indoor U8/U10 training session last Friday evening. The girls had an absolute blast and were beaming ear to ear leaving! Indoor training continues this Friday 17th February in Spa GAA Hall from 6-7pm. Free of charge. All equipment (hurleys & helmets) provided. Please bring runners & water. Everyone is encouraged to bring a friend to try it out too! Details of registration fees etc will be handed out on Friday evening.

Please contact Caroline O'Leary (086-8452197) or Sarah Breen (087-9849043) for more information.

KILLARNEY LEGION

EAST KERRY SUPERLEAGUE

The Senior team commenced their East Kerry Superleague campaign with a win over Firies last Sunday in Direen. Leading 0-6 to 0-3 in the first half after playing against a stiff breeze they dominated the second half to run out 3-14 to 1-4 winners.

Team Brian Kelly, Darragh O Doherty, Danny Sheahan, Cathal Sheahan, Peter O Sullivan, Rob Leen, Kieran O Donoghue, Darragh Lyne(1-0), Eoghan O Sullivan(0-1), Luke O Donoghue, Jonathan Lyne(0-1), Denis Sheahan, Peter McCarthy(1-5), Finbarr Murphy(0-6), Thomas Moriarty(1-1). Subs: Sam Benson for C. Sheahan, Callum O Donoghue for Denis Sheahan, Alan Morilarty for L. O Donoghue

The remaining fixtures in the competition include Kilcummin away on Sunday February 19th with a 12 noon throw in time, Kenmare away on Sunday February 26th and on the weekend of March 5th Gneeveguilla are the visitors to Direen.

COUNTY LEAGUE FIXTURES

The County Board released the fixtures for the Senior County League during the week and they

are as follows

Division 1 which consists of 11 rounds.. Ballymacelligott(A) W/E March 19th, Austin Stacks(H) W/E April 2nd, Rathmore(A) W/E April 9th, Dr Crokes(H) W/E April 23rd, Dingle(A) W/E April 30th, Castleisland Desmonds(H) W/E May 14th, Milltown/Castlemaine(A) W/E May 21st, Kilcummin(H) W/E June 4th , Gneeveguilla(A) W/E June 11th, Spa(H) W/E June 25th, Kerins O Rahillys(A) W/E July 9th.

Division 6 which consists of 13 rounds...Beaufort B(A) W/E March 19th, Tuosist(H) W/E April 2nd, Fossa B(A) W/E April 9th, Kilcummin B (H) W/E April 23rd, Churchill B(A) W/E May14th, Firies B (H) W/E May 21st, Kerins O Rahillys B(A) W/E June 4th, Valentia(H) W/E June 11th, St Michael Foilmore B (A) W/E June 25th, Dr Crokes C (H) W/E July 9th, Milltown / Castlemaine B (A) W/E July 16th, Castleisland Desmond B (H) W/E July 23rd.

KERRY TEAMS

The Kerry Ladies sit proudly on top of the Lidl National League Division 1 and this Saturday February 18th they entertain Dublin in Austin Stack Park with a 5.15 throw in. The Senior Men are in Castlebar for a battle with modern day rivals Mayo on the same evening with a 7.30 throw in. The Kerry U20s went down to Kildare in Round 1 of the John Kerins Cup in a game played in Fitzgerald Stadium. Darragh Fleming was solid throughout at corner back while Will Shine was introduced midway through the second half . The Kerry hurlers are joint top of Division 2 after a home win over Carlow.

ST BRENDAN'S COLLEGE

Congratulations to The Sem on clinching another Corn Ui Mhuiri title with an impressive win over Rochestown in Mallow last weekend. They now face Summerhill College of Sligo in the All Ireland Colleges semi final.

CLUBZAP

The winter has seen the Club examine better ways to communicate with its membership. Outside of the social media channels of Facebook, Instagram andTwitter and the usual weekly written notes it is imperative to keep all our players, parents, mentors and officials in touch with club affairs. To this end we have enlisted the app Clubzap to aid us with our communications. Downloadable through the relevant app store it is useful for playing Club lotto, paying membership, sharing results and fixtures and directly messaging parents and players of the various age groups. We have already started to roll it out to our Juvenile teams, both boys and girls, and it is envisaged that it will

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be the tool used to send out messages. Keep an : eye out on our social media to see the progress of the roll out and special mention must go to Juvenile Committee Chairman Donal O Leary for his unstinting work during the winter months both sourcing and bringing the initiative to the Club Executive.

HAPPY BIRTHDAY DONIE

Donie Fleming, who was left, front and centre in the club when this writer was attempting to perfect the game of football, recently celebrated a milestone birthday, his 80th. On behalf of the Club we would like to wish him a happy birthday and many more years of health and happiness.

FOSSA GAA CLUB

SENIOR MEN

Fr Galvin Cup Final 2022

Fossa 1-14 Listry 0-12

Emmett O'Shea 1-09, Darren Cronin 0-02, Eoin Talbot 0-02, Harry Buckley 0-01 Congratulations both and to team

management.

SEM

Congratulations to St. Brendans college on reaching the Corn Uí Mhuirí final especially the Fossa players.

KERRY

Best of luck to both the men and ladies in the national leagues this weekend especially Erica Mcglynn, Paudie and David Clifford.

LOTTO

No jackpot winner. Next week's jackpot €11,800.Thanks for playing.

CONDOLENCES

The club would like to pass on our condolences to the family of our former Chairman and Vice Chairman Tom Long. May he rest in peace.

DR. CROKES .

EAST KERRY SUPERLEAGUE

Dr. Crokes 2-14 Glenflesk 0-08

Our winning streak continued on Friday night when we hosted Glenflesk under lights. It was an excellent team performance with goals coming from Gavin O'Shea and Harry Potts. We have a Bye this weekend and face Fossa at home on the weekend of February 26th.

Awards Night Our Annual Awards Night will take place on Friday 10th March in the East Avenue Hotel. Tickets €20. There will be a buffet followed by entertainment from Ráiméis.

MEMBERSHIP is now due for the 2023 year. Follow the find below https://member. clubforce.com/memberships_cart_m.asp?LL_ ID=734&intMF_ID=11762#Anchor

HEALTHY CLUB

A safe and social walking group will take place every Tuesday and Thursdays from 7:30pm in Dr. Crokes GAA Grounds. Invite friends to join you on this healthy walk and social chat. This walk is open to all non Dr. Croke members too. LOTTO TOOK PLACE ON February 13th Numbers drawn were 2, 17, 20, 25 Jackpot not won. 6 patrons matched 3 numbers and receive €70 each. Jackpot for draw on February 20th will be €16,700. We are calling on all members

to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below and follow instructions attached

https://play.clubforce.com/play_newa.asp?ll_ id=734#Anchor

BINGO

Dr Crokes Bingo continues every Sunday night in St. Marys Parish Hall at 8pm. Doors open at 6:45. This week's jackpot is worth a whopping €2,600 with another €1,650 in prizes to be won in 10 games of bingo. Everyone Welcome.

PROGRESSIVE '31' continues every Wednesday at 8pm. Bring €5 and a partner. All welcome.

MOTHERS & OTHERS continues every Monday at 6:30pm. If anyone is interested in helping out with this team in any way please contact Catherine Keogh on 087 2827626.

WELL DONE to St. Brendans College on winning the Corn Uí Mhuiri final on Saturday, particularly to the Dr. Crokes contingent, Shay O'Meara, Alex Hennigan, Maidhci Lynch, Neil O'Carroll, Paddy Foley, Sean Fitzgearld, Cillian Courtney, Cillian O'Connor, Charlie Keating, Conaill Gallagher, Jack O'Sullivan, Sean McAllister and Robbie Harnett.

CONGRATULATIONS to Brian O'Doherty and Kayla Ní Shé on the brith of baby Finn, a first grandson for Seamie and Marian.

SYMPATHY to the family of Donie Kelly. Donie is a former player and father to former goalkeeper Alan. Ar dheis Dé go rabid a anam. Notes If anyone has anything they want to add to our club notes please email pro.drcrokes. kerry@gaa.ie.

MILLTOWN/CASTLEMAINE CLUB

. . .. ιοττο

Sponsored by Almas Takeaway, Milltown The fortnightly club lotto draw took place on Monday, February 6th at the club grounds. There was no jackpot or match 3 winner on this occasion. The numbers drawn were 3, 12, 32 and the bonus ball was 1.

Lucky Dip winners were as follows: €50 Temmler Ireland Ltd, Killorglin. €50 Evelyn Twiss, Milltown. €25 - Francis Foley, Castlemaine. €25 - Nancy Coffey, Milltown. €25 - Maeve Burke, Kiltallagh. €25 - Brendan Twiss, Callinafercy

Our next club lotto draw is scheduled to take place on Monday, February 20th 2023 at 19:30pm in the Clubhouse where the jackpot will be €13,000. Get your draw tickets or renew your yearly tickets online on Clubforce or get your tickets for the next draw from all the usual local outlets. Mile búiochas do gach duine for playing Milltown/Castlemaine Clubs Fortnightly Fundraiser, the money raised is vital to the day to day running of our club and your support is sincerely appreciated.

MID KERRY SENIOR FOOTBALL LEAGUE: **GROUP A, ROUND 1 RESULT**

A winning start to the 2023 season for our Senior side and their management team spearheaded by Mark Bourke on Sunday afternoon at the Paddy Burke Memorial Park in Milltown in front of a sizeable crowd as Milltown/Castlemaine ran out nine point winners (0-17 to 0-08) over Laune Rangers 'B' in the Mid Kerry Senior Football League.

Playing with wind advantage in the opening half, Milltown/Castlemaine led 0-8 to 0-4 at half time with some fine points being scored by the likes of Sean Hogan, Jonathan O'Sullivan and Eanna O'Connor who were in top form throughout the contest. Gavin Horan also seen a goal chance well saved. Laune Rangers kept in touch at the other end with Gavin O'Shea and Matthew Leslie being their main marksmen.

In the second half Milltown/Castlemaine stepped it up and had a ten point lead to show for their hard work after 55 minutes at 0-16 to 0-06 with Eanna O'Connor giving a fantastic display of placed ball kicking into the breeze. The defence also did a good job of limiting the visitors' scoring opportunities. A late pointed effort from Donal Dennehy rounded off a well deserved victory for the hosts on a final score of 0-17 to 0-08.

MID KERRY SENIOR FOOTBALL LEAGUE: GROUP A, ROUND 2 FIXTURE

Milltown/Castlemaine will take on Cromane away next Sunday, February 19th in Round 2 of the Mid Kerry Senior Football League at 2:00pm. All support would be welcome.

CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: FIXTURES ANNOUNCED

Milltown/Castlemaine 'A' and 'B' have found out who they will be facing and when in this year's Credit Union County Senior Football League as the fixtures were released at the weekend. Milltown/Castlemaine 'A' will compete in Division 1 and the 'B' side will operate in Division 6. The fixtures for both sides are as follows:

DIVISION 1: MILLTOWN/CASTLEMAINE 'A' (A

- AWAY, H HOME) Rd 1 - Dinale (A) Rd 2 - Castleisland Desmonds (H) Rd 3 - Kerins O'Rahillys (H) Rd 4 - Kilcummin (A) Rd 5 - Gneeveguilla (H) Rd 6 - Spa Killarney (A) Rd 7 - Killarney Legion (H) Rd 8 - Ballymacelligott (A) Rd 9 - Austin Stacks (H) Rd 10 - Rathmore (A) Rd 11 - Dr. Crokes (H) **DIVISION 6: MILLTOWN/CASTLEMAINE'B'** Rd 1 - Firies 'B' (H) Rd 2 - Kerins O'Rahillys 'B' (A) Rd 3 - Valentia (H) Rd 4 - St. Michaels Foilmore 'B' (A) Rd 5 - Dr. Crokes 'C' (H) Rd 6 - BYE Rd 7 - Castleisland Desmonds 'B' (A) Rd 8 - Beaufort 'B' (H) Rd 9 - Tuosist (A) Rd 10 - Fossa 'B' (H) Rd 11 - Kilcummin 'B' (A)
- Rd 12 Killarney Legion 'B' (H)
- Rd 13 Churchill 'B' (A)

KERRY PETROLEUM INTERMEDIATE CLUB FOOTBALL CHAMPIONSHIP: GROUP STAGE

O'FLYNN EDICAL We're Hiring! Quality Healthcare Equipment

O' Flynn Medical Ltd is a national supplier of medical equipment to hospitals and nursing homes throughout ireland. The company promotes a continuous drive for quality and customer satisfaction.

Due to Expansion, We are currently seeking applications for a number of roles to work primarily at our headquarters in Macroom, Co Cork.

Expected working hours are 8.30am-5pm Mon - Thursday and 8.30am-4pm on a Friday

All Roles include the following Benefits:

Company Pension Contribution Scheme - Life insurance

- Line Insurance Income Protection after 12 Months of service

22 Days Annual Leave, 23 Days Annual Leave after 2 Years and after 5 Years you will get your birthday off.

Logistics Team Lead

- Being the primary point of contact for the logistics team.
- The Logistics team Lead will be responsible for planning and coordinating time sensitive deliveries and collections of products using the company software system.
- Main point of contact for rental equipment customers to deal with queries.
- Liake and communicate with internal/external representatives and drivers on a daily basis to ensure all goods are distributed effectively, whilst ensuring we maintain our excellent standards of service to our customers at all times.
 Manage critical deliveries efficiently nationwide.

Rental System Co-Ordinator

- Daily management and operation of rental system including monthly rental invoicing.
- Responsible for quality management of incoming and outgoing information from rental system.
- Work closely with the Logistics Team Lead on issues that arise with rental stock management and rental team logistics.
- Liaising with the developer of the rental management system to ensure ongoing maintenance and development of software management system is progressing as required.
- Management of weekly and monthly rental stock audits
- Business Development Projects

Service Engineer

- An Electrical / Bectronic qualification
- Proven troubleshooting skills
- Ability to work on own initiative and as part of a team
- A 'can do' attitude with the ability to work proactively
- Excellent verbal & written skills
- Strong personal and communication skills
- Attention to detail is a fundamental requirement
- Flexible
- Full Clean Driving License
- The candidate will have to adhere to the strictest hygiene-infection control guidelines
- Role Involves Working in a safe manner with due consideration for personal Health & Safety and that of co-workers & customers at all times.

Delivery/Installer Driver

- Ensure all deliveries and collections are made to our clients within the agreed contract terms.
- Install equipment for clients and provide appropriate training to end users.
- Ensure a high level of customer service is provided and maintained at all times.
- Interact in a friendly, professional and courteous manner with customers reflecting a positive image of 0'Figure Medical.
- Complete all documentation accurately and ensure RSC has been updated correctly in all situations.
- Notify the Service Manager If deliveries cannot be made on schedule.
- Update management on any issues which arise.
- May be required to perform some maintenance work on equipment for which training will be provided.
- Report any quality issues to the ISO administrator and Service Manager.

Decontamination Operative

- The successful applicant will work in O'Flynn Medical's in-house
- Decontamination Unit based in Macroom, processing equipment coming from healthcare facilities nationwide.
- Carry out quality checks on equipment prior to products being dispatched back to site.
- Update asset management system on goods being processed through Decontamination Unit.
- Adhere to all Health & Safety rules and regulations.
- Candidates must have good computer skills and must be fluent in English both spoken and written.

The ideal candidate will have excellent attention to detail and be willing to work as part of an excellent team.

Please Apply with your CV to Info@offynnmedical.com or Phone 029 21799

> To learn more about O'Flynn Medical, please visit our website on www.oflynnmedical.com

GAA | AROUND THE COUNTY |

DRAW

The draw for the Group Stages of the 2023 Kerry Petroleum Club Championships will take place on Tuesday, February 14th at 7:30pm.

The live draw can be viewed on Kerry GAA Facebook TV. The top 4 sides are seeded in the championships below Senior Championship so at Intermediate level the seeded club sides are Austin Stacks, An Ghaeltacht, Beaufort and Killarney Legion.

KERRY U-20S: CLUB REPRESENTATION

Hard luck to Milltown/Castlemaine's Cillian Burke who lined out midfield for the Kerry U-20 side at the weekend that lost to Kildare by three points in the John Kerins Cup - U20 Football Development League at Fitzgerald Stadium, Killarnev.

KERRY MASTERS FOOTBALL

Are you turning 40 this year and not quite ready to hang up those boots? Then Kerry Masters Football are looking for players like you to come and join them for the season ahead. If you would like to get involved or should further information be required please contact Denis Kennelly on 087-6549406 or John O'Connor on 086-8500319.

KERRY GAA COACHING & GAMES: SPRING WORKSHOP PROGRAMME

Kerry GAA Coaching and Games are running a series of Age Specific Practical Coaching workshops for Coaches over the coming weeks. The workshops are divided into three separate age cohorts and the sessions will focus on age specific development activities and games. The workshops will also focus on planning and the layout of sessions for each of the age groups.

The workshops will be regionally based with sessions in Tralee, Killarney and Milltown. Further information in relation to dates and venues is available at the following link:

https://www.kerrygaa.ie/coach-educationworkshop-programme/

MID-KERRY GAA COACHING WORKSHOPS

Mid-Kerry GAA, via GPO P.J. Reidy are hosting workshops for Club Coaches in the Mid-Kerry region at the moment.

The workshops will run for a number of Wednesday's and anyone interested can go no matter what level they coach at.

CLUB MERCHANDISE & CLUB SHOP

Milltown/Castlemaine GAA club gear and merchandise is now available to buy online from both the Club Shop and direct from O'Neill's

The Club Shop contains details of the large amount of branded Milltown-Castlemaine & Kerry stock we have available within the club, for immediate delivery, please use the link to check stock levels and sizes.

https://milltowncastlestore.sumupstore.com/ If you cannot find what you are looking for in the club store, then club gear is also available to purchase online in our dedicated O'Neill's club shop. This site has everything from jerseys to playing gear to wet gear for supporters. https://www.oneills.com/shop-by-team/gaa/ ireland/milltown-castlemaine-gaa.html **ITEMS FOR THE CLUB NOTES**

If you have any items for inclusion in the weekly notes, then please contact the club's PRO Dara O'Connor on 086 268 8674 before 20:00 on

Sundays. **TEAM UPDATES**

Our club teams are preparing for the 2023 season. GAA 4 All - Starting back in

March. MC MINIS - Starting back in March.

U7 Boys - Starting back in

early March. U8 Girls - Starting back in

early March. U9 Boys - Starting back in

early March.

early March.

U11 Boys - Starting back on February 9th; Contact Liam Doherty (086 041 3593).

U13 Boys - Starting back on February 13th; Contact Haulie Clifford (087 693 2126).

The following teams have commenced training: U15 Boys - Contact Sean Hogan (087 721 7875) Minors - Contact Garry Murphy (087 943 2746) For anyone New to the Area, who would like to get involved with the club, please contact lan Twiss on 087 252 1053

TEAM ENQUIRIES

If you want to join your local club, one of the fastest growing clubs in the county, please contact one of our members below:

For GAA-4-All 4 players; contact Gillian Twiss on 0877678108

For MC Mini players (U6); contact Colin McKenna on 087 068 7653.

For U7 to U11 players; contact Liam Doherty on 086 041 3593

For U-13 & Older players; contact lan Twiss on 087 252 1053

For anyone New to the Area, who would like to get involved with the club, please contact lan Twiss on 087 252 1053

GENERAL ENQUIRIES

For any other queries, please send an email to our Secretary or Chairperson at the following addresses:secretary.milltowncastlemaine. kerry@gaa.ie or

chairperson.milltowncastlemaine.kerry@gaa.ie For emergencies, please call 087 409 3530 (Club Mobile Phone).

EAST KERRY GAA

THE AQUILA CLUB SPONSORED FR GALVIN

CUP FINAL 2022: LISTRY 0 - 12 FOSSA 1 - 14 A man of the Match display from Captain Emmett O Shea, whose total of 1 - 09 was crucial in his sides victory, helped Fossa add more silverware to their already expanding cabinet, winning the 2022 Fr Galvin Cup Final, despite the heroic efforts of Listry goalkeeper Colm Counihan, who made four outstanding saves, to keep his side in touch till the end.

Fossa dominated the opening stages of the game, with O Shea scoring two terrific early points, plus finding the net when his effort at a point, just dropped under the crossbar. Listry were struggling to hold on, with full forward Anthony Sweeney their only scoring threat early, getting their first six scores. He then had to go off injured, which was a big blow to their



Emmet O'Shea, Fossa receives the Man of the Match award after winning the Fr. U10 Girls - Starting back in Galvin Cup v Listry on Sunday. Photo: Karen McGlynn.

> chances. Three good points before half time, from Jack Walsh, Damian Clifford and Michael Keane, brought them back level at the break, after recovering well from their shocking start. The recently crowned All Ireland Junior Champion's, started the second half as they had the first, with a four point run soon after the throw in. O Shea effortlessly found the target twice, plus added another from a 45, while Eoin Talbot fisted over, after collecting Harry Kelly's superb pass. Captain Clifford got a much needed score for Listry, but Fossa were keeping the pressure on, and only two astonishing diving saves from Counihan, one from O Shea, and the other from a Darren Cronin fisted effort, stopped Fossa pulling away. Fittingly, it was O Shea who got the final score, firing over his ninth point of the day as time expired.

> Fossa were deserved winner's on the day, with Listry's total of three point's in the second half, and the absence of Sweeney, proving their downfall. Full forward O Shea was a deserved Man of the Match winner, and he also lifted the Fr Galvin Cup afterwards, as Fossa's extraordinary couple of week's ended in more success.

FRANK DORAN SPONSORED EAST KERRY LEAGUE RESULTS.

Division 1A: Killarney Legion 3-14 Firies 1-04 Killcummin 1-12 Gneeveguilla 1-9 Division 1B: Dr crokes 2.14 Glenflesk 0-08 Fossa 1-14 Listry 0-12 **Division 2:** Cordal 1-14 Scartaglen 2-11 Kilgarvan 2-05 Spa 1-16

BALLYHAR-FIRIES

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EAST KERRY SUPER LEAGUE

Our Seniors were in action on Sunday morning in the East Kerry League where they lost out to Legion in Direen.

MEMBERSHIP 2023

Membership Renewal is now live on Foireann for rates and further information please see our social media channels.

BALLYHAR-FIRIES GAA LOTTO 03/02/23

Numbers drawn were: 12,13,15,27. No jackpot winner. 5x€30: Bernie McCarthy, c/o Bridie. Tim Casey, c/o Bridie. John Coffey, c/o Hendersons. Jayden Foley, Farranfore. Thomas O'Leary, Ballyhar. Next week's jackpot €5300

DANNY HEALY-RAE TO

WEEKLY CLINIC ON: SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM

We are available to meet constituents at any time. Give us a ring to arrange a suitable time and place.



PASSPORTS

Check the expiry date on your passport. Contact our office for advice BEFORE applying for your passport.

Danny Healy Rae TD - Monthly Clinics

1st Monday 8.15 PM 8:30 PM 9.00 PM 9.30 PM 1st Wednesday 8.00 PM 8.30 PM 9.00 PM 9.30 PM 1st Thursday 8.30 PM 9.00 PM 9:30 PM 10:00 PM 1st Friday 9:30 PM 10:00 PM 10:30 PM **3rd Monday** 8.30 PM 9.00 PM 9:30 PM 9.45 PM

Rathmore & Gneeveguilla Top of the Hill, Rathmore Bridge Bar, Rathmore Dennehy's Bar, Rathmore Richie McAuliffe's, Gneeveguilla Killarney Area Torc Hotel, Liss Migeen The Village Inn, Kilcummin Old Killarney Inn, Aghadoe The Golden Nugget, Fossa **Glenflesk & Barraduff** The Kerry Way, Glenflesk Spillane's Headford Murphy's Bar, Barraduff Sweeney's Bar, Barraduff **Tuosist & Laurach** Sailors Bar, Killaha West Helen's Bar Kilmacalogue The Lake House Tuosist Knocknagoshel & Brosna O'Connor's Bar, Knocknagoshel Walsh's Bar, Knocknagoshel Kate Pat's Bar, Brosna Sportsfield Bar, Brosna

3rd Friday 7.30 PM 8.00 PM 8.15 PM 9.00 PM 9:30 PM 4th Thursday 7:00 PM 7.30 PM 8:15 PM 8.45 PM 9.15 PM 9.45 PM 4th Friday 8.30 PM 9.30 PM 10.00 PM 10.45 PM Last Monday 8:00 PM 8:30 PM 9:00 PM 10:00 PM

Castleisland Area

CIIr MAURA

HEALY-RAE

River Island Hotel, Castleisland The Kingdom Bar, Castleisland The Crown Hotel, Castleisland Hughes Bar, Cordal Lyon's Bar, Scartaglen Killorglin Area Golden Nugget, Fossa Galvin's Bar, Beaufort O'Grady's Bat, Killorglin Larkin's Bar, Milltown Griffins Bar, Castlemaine Anvil Bar, Boolteens, Kenmare & Sneem Area The Roughty bar, Kenmare Rinev's Bar, Sneem Blackwater Tavern O'Connor's Bar Kenmare Farranfore Area Ulick's Bar, Farranfore James Daly's Bar, Farranfore Cunniffe's Bar, Currow John Hendersons, Firles

PLEASE CONTACT Danny 087 2316055 Office 064 6685315 Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com

SAFE PASS COURSE 4th March

Centerpoint Training Academy Unit 10 4 Park Business Centre Farranfore V93F862 T: 066 976 3070

E: centerpointtrainingacademy@gmail.com





POLITICAL VIEW



ianna Fáil Councillor, Michael Cahill has renewed his call on the Ministers for Transport and for Tourism to initiate a grant scheme, supporting the installation of Electric Vehicle Chargers at Hotels, B&Bs, Guesthouses, etc. "The prevalence of

Electric Vehicles on our roads is increasing by the day as more people are encouraged to reduce their emissions to help the environment. Our network of EV Chargers is small and long delays can occur when using them, even at present. When the expected rise in visitor numbers begins

EV CHARGERS

for the upcoming tourist season of 2023, we are not ready for a large increase in EV's requiring a daily charge" stated Councillor Cahill.

"If proprietors of all accommodation outlets were encouraged and financially supported to install EV Chargers at their properties, this would be, not alone attractive to potential guests, but would also be helpful in reaching our national target for emission reduction and at the same time would encourage more people to switch to Electric Vehicles" said the Rossbeigh based Councillor.

"I am surprised that this initiative has not already been implemented as it is a quick fire way of increasing our EV Charger Network, which is woefully inadequate at present. I moved a Notice of Motion at a recent meeting of Kerry County Council in regard to this important matter and I was pleased to receive all party support to put pressure on the relevant Departments to follow up on it" added Councillor Cahill.

Minister Foley confirms over €700,000 IN FUNDING FOR KERRY'S RURAL ROADS AND LANEWAYS

Minister for Education Norma Foley TD welcomes confirmation of €797,367 in funding for repairs and improvement works on nonpublic roads in rural communities in Kerry.

The funding, announced under the Local Improvement Scheme, will improve access to rural homes and farms, as well as outdoor amenities such as lakes, rivers, mountains and beaches.

The focus of the scheme is to support the continued improvement of

rural roads and laneways that are not normally maintained by local authorities but which represent a vital piece of infrastructure for rural residents.

Minister Foley said: "I welcome confirmation of this funding stream which will provide vital upgrade works and improvements to access routes for rural homes and farms as well as our world class outdoor amenities such as the lakes, rivers, mountains and beaches across Kerry."



Weekly clinic at Scotts Hotel every Saturday @ 3pm. Social distancing rules will apply. I am always contactable on

0872461678

Are you on a waiting list for years awaiting hip/ knee replacement or any orthopaedic procedure, Cataract removal, Tonsils etc?

Are you aware there is a scheme available where you can travel to Belfast and have this carried out there and apply for a refund afterwards?

MOST COMMONLY ASKED QUESTIONS

- Do I need a medical card to avail of this? NO
 Do I need to have health insurance? NO
- Does it only apply to a certain age group? NO For further information please call

Martina in my office 064 6685782

fR

Contact Numbers: 01 618 3363/064 66 85782 E: michael.healyrae@oireachtas.ie

Cllr John O Donoghue

"Proud to work on your behalf and always available for support and advice".



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Cllr John O Donoghue, Muckross, Killarney, Co. Kerry.

087 - 9403517 | cllr.jodonoghue@kerrycoco.ie



Cllr Marie MOLONEY Coolick, Kilcummin, Killarney

Always available for help or advice.

Please contact me for an appointment.

Contact details: Mobile: 0863049422 Email: marie.moloney1980@gmail.com

CLLR BRENDAN CRONIN

Independent member of KCC

Clr Brendan Cronin Ballyhar, Killarney

Available at

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n O'Sullivan

HEDGING

Hedges can make a much more natural background to a garden than a wall or a fence. They can provide shelter and are cheaper and require a small amount of maintenance. Because a hedge allows the wind to filter through, it reduces its velocity. Tall or low growing, clipped or informal, there is a hedging plant for every purpose. One thing to remember about a hedge is that it is intended to be a permanent feature in the garden so therefore should be chosen with care and planted in well prepared soil.

To choose he right hedge for your garden here are a few pointers to think about: The type of soil you have.

How exposed the garden is, i.e what direction is it facing? The eventual height and width the hedge will be

Does it need to be everyreen?

When you have chosen the type of hedge that you want, its time to prepare the soil. Start prepping the soil by digging thoroughly and forking in some well rotted farmyard manure. Hedges can be planted all year round but the ideal time is between November and March as all heding plants will be dormant at this time. What that means is that when you go to buy your hedging plants they are lifted straight from the ground and are called bare-rooted hedging. This enables you to replant straight back into the ground when you get them home. Just make sure that when planting that the roots are spread out well as this will encourage them to root quickly when the growing season starts. If you have missed the bare rooted season at the end of March you can plant container grown hedging all year round.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

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PERSONAL : MAN IN HIS FORTIES WOULD LIKE TO MEET A WOMAN IN HER FORTIES WITH A VIEW TO FRIENDSHIP AND A **RELATIONSHIP. PLEASE CONTACT: 087 - 3394101.**

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ED6

FOR SALE: SEED POTATOES - Homeguard, British Queens, Kerr Pinks and Golden Wonders. CONTACT: 087 - 9582727

ED6 FOR SALE

GOLDEN RETRIEVER PUPS 8 weeks old. IKC Registered. Vaccinated, Wormed and Vet checked. Beautiful healthy pups from good pedigree IKC parents. €650. No time wasters please. PHONE 087: 6387335



FD 6

SPECIAL DEAL FOR ONE WEEK ONLY TRAILERS OF BEAUTIFUL DRY SEASONED TIMBER CUT SPLIT AND PEPPER DRY READY TO BURN ONLY €130 DELIVERED. Contact: 089 - 4805403



ED 6 TRAILERS OF BEAUTIFUL TIMBER

CUT SPLIT AND READY TO BURN HARDWOOD AND SOFTWOOD - ONLY €250 DELIVERED. Contact: 089 - 4805403



ED6 FOR SALE

JACK RUSSELL FEMALE. Quiet gentle dog. Microchipped Wormed and Vaccinated. 10 months old. €200 **CONTACT: 087 9801418**





A Word of Victory

Welcome back dear student last week we saw how God sent His Son Yeshua – Jesus God's Promised Saviour to save those who turn to and trust in Him. He is our Redeemer (Isaiah 59:20). A Redeemer restores a person's rights, avenges wrongs and brings Justice and Peace. There's a beautiful picture of the Redeeming Power of God in the book of Ruth. A woman called Naomi along with her husband and two sons moved to the nation of Moab when famine struck Israel. Her two sons married local women, one of whom was named Ruth. Sadly, disaster struck Naomi when her husband and both her sons died. She was devastated and decided to go home to Israel, telling her two daughters-in-law to go back to their own families, so that they could marry again. But Ruth refused to leave Naomi saying - "wherever you go, I will go. Wherever you live, I will live. Your people will be my people, and your God will be my God. Wherever you die, I will die, and there I will be buried..." (Ruth 1:16-17 NLT). Back home in Israel Naomi was inconsolable to the point of wanting to change her name to 'Mara' (meaning bitter).

She and Ruth were now poor with no income and no rights. Ruth went out to work in the fields as it was harvest time. In that culture, the poor were allowed to glean whatever barley or grain fell from the harvester's trailers to make some bread. But God stepped in to honour Ruth's faithful love to her mother-in-law. The field she chose to glean in belonged to a man named Boaz. Ruth worked diligently behind the harvesters and this came to their notice. Boaz enquired who she was. Tums out - he was a relative of Naomi's late husband, and thus was in line to inherit their land if he wished to pay for it – this is what was known as a 'Kinsman Redeemer'. Ruth caught his attention, and he heard of her kindness leaving her homeland and future behind to look after Naomi. Note: in those days widows were destitute unless they had a son or daughter to look after them. God commands children everywhere to honour their parents. It's the fifth commandment - and the only command that carries a blessing of a long, happy life (Exodus 20:12; Ephesians 6:1-3). Many people are living under curse today (even generationally), because they don't know this. Anyway, getting back to Ruth....

As their 'kinsman redeemer', Boaz willingly chose to pay the price to redeem both Naomi and Ruth. In doing so he was entitled to marry Ruth - if she wished, and restore the family's honour and give them justice. Ruth married Boaz and God blessed them with a little boy named Obed. Because of this redemption, things were made right for Ruth and Naomi and they now had peace. The little baby Obed incidentally, became the grandfather of David, who later became Israel's great King. God turns everything around! Naomi's life was no longer bitter but sweet. The Lord Jesus is our 'Kinsman Redeemer'. 'For I know that my Redeemer lives...'' (Job 19:25; Ephesians 1:7). Every one of us once lived destitute and hopeless. Having done nothing to deserve God's kindness to us, He freely Redeemed us from sin and death and poured His Love, Mercy and Favour upon us through the perfect Blood of His Son Yeshua the Lord Jesus, thus giving us His Righteousness and Peace (Ephesians 2:1-18). Hallelujah!

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter -@WOYKillarney.



E: wovkillarney@gmail.com | Phone/Text - 087 4471797

OFFERTORY COLLECTION ENVELOPES: are now available from the Parish Office. We would greatly appreciate if the contact people could call to collect and distribute in their particular area. Why do we encourage you to use the weekly envelopes? Because we have charity status it means that when someone contributes €250 or more each year to the parish, we are then able to claim a tax rebate from the Revenue Commissioners for that contribution. All that is required is for us to keep the contribution details (thanks to the weekly envelopes), and it doesn't place any extra burden on you, the contributor. Last year it raised an extra €28,848, so contributing with the weekly envelope does make a huge difference, and adds extra to your generous support of the parish. If you currently do not use an envelope or are new to the Parish and would like to have a box of envelopes, please contact the Parish Office and we'll organise that for you. Many thanks for your continued support.

PADRE PIO MASS on Next Monday 20th February 7.30pm in the Church of the Resurrection. All are welcome.

RAINBOWS is pleased to be in a position to offer children who have experienced loss through bereavement the opportunity to participate in the Rainbow 9 week programme. There are places available in the groups for children aged between 9 and 12 years. If you would like your child to attend Rainbows or for more info contact 087 2932598.

FALL PREVENTION PILATES FOR SENIORS - levels - Beginner, Intermediate, Chair and Balance. Tuesdays 11am and 12pm, Thursdays 10am and 11am, Fridays 8pm- in Sport Complex -Killarney. Contact Jola 0872832370.

BEAUFORT FILM NIGHT will hold a screening night on Saturday 18th February at 8.30pm at the Inn Between Bar, Beaufort. The feature film to be screened is Another Round, a Danish comedydrama starring Mads Mikkelsen. Cert 12A. Admission €7.

POOR CLARE VOCATION; Spring Zoom Meeting on Saturday 18th of Feb at 3pm : Email: vocationpoorclarescork@gmaiul.com to receive the link. Webpage: www.poorclarecork.ie

NOVENA TO ST. CLARE

IN THANKSGIVING Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for

nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena.

Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen Your request will be granted no

matter how impossible it may seem. N.T.

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ACKNOWLEDGEMENT

IN LOVING MEMORY OF



WHO PASSED AWAY ON THE 23RD DECEMBER 2022

The Sheehan family wishes to express their sincere heartfelt thanks and appreciation to all of those who sympathised with them following the recent loss of their beloved son and brother, John.

The family would like to thank all those who brought cards and flowers, those who travelled from far and near to those who attended the requiem mass and funeral both in the UK and Ireland. Your prayers, words of kindness and sympathy gave the family strength during this extremely sad time.

We express a special word of thanks to Fr Steve Wymer for a beautiful service in Beckenham. To Fr Pat O'Donnell and Fr Victor, who came from knock, Fr Tadhg & Michael O'Doherty for a beautiful mass in Ireland. The sacristan in Gneeveguilla, Donie O'Connor, thank you for having the church ready for us.

To Eileen for all her help in the organising of the funeral & mass liturgy in Ireland. Also to Jack Patrick, his father & Caroline for the music and to all those who took part in the touching funeral mass for John.

Thanks to Victoria and the staff of Wibberley funeral directors for the professional and dignified way in which they carried out the funeral arrangements. Many thanks also to Sean O'Mahony and his team in Ireland for the superb, professional, and dignified way they helped us bring John to Ireland to rest in peace in Gneevequilla with his dad, Paddy.

A special word of thanks to all the doctors, nurses who cared for John throughout his illness and all the staff of St Christopher's Hospice for keeping John comfortable in his last days.

Many thanks to Gneeveguilla GAA Club providing the hall and the club bar. To IRD Duhallow for the wonderful food provided. For the ladies committee that helped to serve the food. This was hugely appreciated. Petros for food and drink on that snowy evening we arrived. To Breda Nagle for the beautiful floral arrangements, thank you.

As it would not be possible to thank everyone individually, we trust this acknowledgment will be accepted as a token of our appreciation and gratitude to everyone for their generosity and support during this difficult time.

The Holy Sacrifice of the Mass will be offered for all your intentions at JOHN'S MONTH'S MIND MASS which will take place on Thursday, 23rd February 2023, at 7:00pm at Church of the Holy Rosary, Gneeveguilla.

John meant the world to all of his family. He will always be loved and remembered by his heartbroken family and we will always treasure the good memories he gave us all in his own way.

MONTH'S MIND In Memory of MARGARET MOORE



Arbutus Grove, Killarney Who passed away on the 16th January 2023

"Beautiful memories are treasured forever, Of happier days when we were all together, Out of our lives you may be gone, But in our hearts you still live on."

Special Months Mind Mass and 1st Birthday away from home home (Thursday 23rd February)will take place in Kilcorney Church, Rathcoole, Mallow, Co Cork on Friday 24th February at 7pm

Always fondly remembered by her twin sister Nora , sisters: Mary Ann and Betty and brother Thomas.

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NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer three times for three days and your favour will be granted. MM

MEMORIALS | NOVENAS

25TH & 19TH Anniversary

IN LOVING MEMORY OF SISTERS EILEEN 'NELL' GORMAN & MAUREEN G BROSNAN



Threegneeves, Currow, Killarney Who Died on 18th February 1998 & 2nd February 2004

Time unfolds another year Memories keep you very near No need for words except to say You are loved and thought of every day

Always Loved and Remembered by Maura, Brendan and all the Brosnan Family, Threegneeves, Currow.

21ST ANNIVERSARY

IN LOVING MEMORY OF NEILY

Flynn



LATE OF Knockrour, Scartaglen Who died on the 16th February 2002 R.I.P.

> The Golden Gate stood open God saw you needed rest His garden must be beautiful He only takes the best

Always loved and remembered by your daughter Mary xxx

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