KILLARNEY Outlook

To Advertise call Des on 087 659 3427 or tel: 064 66 70000 Email: killarneyoutlook@outlookmags.com

Visit our website on www.goldenchopstickschinese.com Check our Menu | Reserve on line with your Special Requests



Golden Chopsticks

Mon - Sat: 3pm - 11pm | Sun: 12.30 - 11pm

Scotts Street Killarney (opposite Peter Mark Hair Salon) Tel: 064 66 22005

Gift Vouchers Available

SAVE YOUR MONEY & FUEL with our TAKE AWAY MEGA MEAL DEALS

Base Delbarry within 2 mile and us of Killenney Town

Restaurant Special

EARLY BIRD SPECIAL -€15.00 per person Offer 2 Courses + Rice and Chips. Monday - Saturday: 3.00pm - 6.00pm, Sunday: 12.30pm - 6.00pm

> Sunday Lunch Menu Special -€12.50 per person Appetisers + Main Course + Tea or Coffee (Including Rice or Chips), Sunday: 12.30pm - 4.00pm

We would like to wish all our customers a prosperous New Year!









T: 066 7193509 M: 086 8633143 E: brinsulation@hotmail.com W: www.brinsulation.ie C2 REG

"Your local Kerry based company"

Enviro

NSAI

external wall insulation -- cavity wall insulation -- attic insulation -- internal wall drying -



TEL: 064 6631095 O'CALLAGHAN COACH HOLIDAYS

Scheduled holidays for 2014 Have you booked your holiday this year?

February Scheduled Holiday	Johnny Reidy Band & Eddie Lee for a Ceilí and Country Music Weekend (Limited spaces available). • Date: Friday 14th - Sunday 16th February 2014. • Your 3 Day all inclusive holiday includes: Luxury Coach Transport / Hotel Accommodation / Entrances / Meals and Music each day.	€290 ₽05
March Scheduled Holiday	 Discover Dublin, Oireachtas & Croke Park. Date: Tuesday 11th - Wednesday 12th March 2014. Your 2 day all inclusive holiday includes: Luxury Coach Transport / Hotel Accommodation / Entrances / Meals. 	ONLY E170 Pos
April Scheduled Holiday	 Discover Donegal, Glenveagh National Park, Cliffs of Moher, The Walls of Derry & Daniel O'Donnell Centre. Date: Monday 14th - Thursday 17th April. Your 4 Day all Inclusive Holiday Includes: Luxury Coach Transport / Hotel Accommodation / Entrances / Meals. 	ONLY 6330 PDS
May Scheduled Holidays	 Discover Belfast, Giants Causeway, Titanic Experience, Antrim Coast & The River Shannon. Date: Fri 16th - Mon 19th May. Your 4 Day all inclusive Holiday Includes: Luxury Coach Transport / Hotel Accommodation / Entrances / Meals. 	
	 Discover London & The Chelsea Flower Show. Date: Thursday 22nd - Sunday 25th May. Your 4 Day all inclusive Holiday Includes: Luxury Coach Transport / Ferries / Hotel Accommodation / Admission ticket to show / Meals. 	€550 Pbs
	 Overnight Stay in Dublin for Bloom in the park. Date: Thursday 29th - Friday 30th May. Your overnight stay includes: Luxury Coach Transport / Hotel Accommodation / Entrance to Bloom in the park / Lunch and evening meal. 	E180 Pits
June Scheduled Holiday	 Discover Galway, Cliffs of Moher Connemara, Kylemore Abbey & The Aran Islands. Date: Monday 2nd - Thursday 5th June. Your 4 Day all Inclusive Holiday Includes: Luxury Coach Transport / Hotel Accommodation / Entrances / Meals. 	€360 PDS
July Scheduled Holidays	 Discover Scotland, Inveraray Castle, Glengoyne distillery, Cruise on Loch Lomand & Edinburgh & Edinburgh Castle. Date: Thursday 10th - Monday 14th July. Your 5 Day all inclusive Holiday Includes: Luxury Coach Transport / Ferries / Hotel Accommodation / Entrances / Meals. 	ONLY 6680 P05
	 Discover The Royal Weish Show. Date: Monday 21st - Thursday 24th July. Your 4 day all inclusive holiday includes: Luxury Coach Transport / Ferries / Hotel Accommodation / Admission to show on 2 days. 	€450 PDs
August Scheduled Holiday Text your nam	 Discover England & The Magnificent Lake District. Date: Monday 25th - Friday 29th August. Your 5 Day all inclusive Holiday Includes: Luxury Coach Transport / Ferries / Hotel Accommodation / Entrances / Meals. & address to 087-2611188 & we will post a 2014 brochure out to you! Check out our website www.ocallaghancoach 	ONLY C





Onwards, Upwards.

If you're doing business in Dublin, why spend over 4 hours on a train when you can fly to Dublin in just 55 minutes with Aer Lingus?

- New reduced fare of just €44 one-way.
- Arrive relaxed and retreshed.
- Connect to the USA and your luggage will be transferred straight through.

Aer Lingus 🚜 Regional

Great Care. Great Fare.

Aer Lingus Regional is operated by Aer Arann, Subject to terma, conditions and availability, Book by 31. January 2014. Fare availability excludes bank holidays and travel between 21 December and 02 January, Travel between 01 January 2014 to 27th February 2014. Weekend supplement applies. 67 admin fee per person, per one-way flight applies.



Citizens Information

KILLARNEY SERVICE IS NOW OPEN from 10-4pm, Mon-Fri (through lunch).

Thank you to all our volunteers for allowing us to extend our opening hours.

1ST FLOOR, PARK COURT, BEECH ROAD, KILLARNEY.

(Entrance between Killarney Credit Union and Department of Social Protection)

Citizens Information can give you information & advice on many subjects, including employment rights, housing, social welfare, family matters, pensions, migrant rights, health services, education, disability and much more. We can help you complete forms, write letters, make telephone calls and calculate entitlements.

call: 0761 07 7820

WE LOOK FORWARD TO SEEING YOU THERE!

Pg5 | Friday 17th January 2014 | Killarney Outlook



house of <mark>McGrego</mark>r January Sale Now On



- Was €1,099
 Sale Price €889 Now Only €599
- Buffet & Hutch was €1,089
 Sale Price €869 Now Only €749
- Boat Bookcase was €369
 Sale Price €299 Now Only €259



- Sf: Bedframe was €939
 Sale Price €749 25% = €559
- Bedside Locker was €215
 Sale Price €169 25% = €125
- 3 + 2 Chest was €689
 Sale Price €549 25% = €399
- Wide Chest was €749
 Sale Price €599 25% = €449





Now Only €1,699

Colours available: Ivory, Black & Brown.

Lissarda, Crookstown. (Directly opposite Mai Fitz's Bar) 021-7335680 | Open Mon-Sat 9.30-5.30 & Sun 2-5pm

www.houseofmcgregor.com

Pg7 | Friday 17th January 2014 | Killarney Outlook

News & Views



FASSBENDER NOMINATED FOR AN OSCAR

Killarney actor Michael Fassbender has been nominated for an Oscar for Best Supporting actor in Steve McQueen's 12 Years a Slave. U2 are nominated for best song at the Oscars for Ordinary Love, from the biopic Mandela: A Long Walk to Freedom. While Philomena - the story of an Irish mother searching for a son she gave up for adoption - has been nominated for Best Picture, Best Actress in a Leading Role, Screenplay, and Original Score.

12 Years A Slave has picked up several Oscar nominations including best actor, best director and best picture, along with Fassbender's nomination. The ceremony will take place on March 2nd, 2014.



Kerry South TD Brendan Griffin attending Killarney Rotary Club's weekly lunch in The Malton, pictured presenting Killarney Rotary President Paul Sherry with a copy of his book Secrets of A Moonlit River. Picture: John O'Sullivan, Killarney Photographic



Minister Jimmy Deenihan was once again keeping his cards close to his chest at Eagle's Nest in Killarney on Monday for the launch of the Festival of Bridge which will take place in the Muckross Park Hotel, Killarney on March 28th-30th. The minister is pictured with Sean O'Driscoll, Muckross Park Hotel, Declan Murphy, Failte Ireland, Tom Hardiman, Trish Stack and Nicky Fitzgibbon of the organising committee. Bridge players from all over Ireland and abroad are expected in Killarney for the festival and more information can be found at www.bridgeireland.com Picture by Don MacMonagle.

PUBLIC MEETING

A public meeting for area will take place is 30th of January at 8 Partnership, in conju discuss the propose and will report on is welcome to attend. A illorglin at (066) 97

Pictured this week at Kinsale Community School was Colm Cooper with PE teacher Ger Hogan. The Gooch was visiting the school as part of the AIB Build a bank challenge but took time to share some of his expert knowledge and experience with some of the school's footballers.

A public meeting for all landowners in the MacGillycuddy Reeks area will take place in Beaufort Community Hall on Thursday the 30th of January at 8pm, facilitated by South Kerry Development Partnership, in conjunction with SLR Consulting. The meeting will discuss the proposed Mountain Access Project for the Reeks area and will report on issues/findings and progress to date. All are welcome to attend. Any queries can be directed to SKDP Offices, Killorglin at (066) 9761615.



30th Birthday celebrations for Anne-Maria Kelly pictured here with a some of her friends at Beaufort Restaurant & Bar. Back Row L-R Eimear O'Mahoney, Jennifer O' Sullivan & Michelle Doyle. Front Row L-R Elaina Moynihan, Ailish Moriarty, Anne-Maria Kelly, Sinead Murphy & Michelle Gleeson. Picture Marie Carroll-O'Sullivan 087 391 4808



CONTACT KILLARNEY NEWS AND VIEWS:

Email items for this page to editorial@outlookmags.com Tel: Aisling **086 0400 958 064 66 70000**

Or call in to our Office at **30 High Street, Killarney.**

A DATE FOR YOUR DIARY

Beaufort Pioneer Group will host the next session of the much acclaimed Rambling House in Beaufort Community Centre on Saturday, 25th January. Doors open at 8.30 pm and as usual a great night's entertainment is assured. Come along and enjoy an evening of all that is best in our native culture.

PORTLAOISE VENUE FOR CROKES GAME

Dr. Crokes fans will be making their way to Portlaoise on Saturday February 15th, following confirmation that O'Moore Park will be the venue for Dr.Crokes' AIB All Ireland Senior Club Football Championship Semi Final. Crokes will go up against Castlebar Mitchels of Mayo with a 3pm throw-in.

Newry will be the venue for the other semi-final which will be at 5pm that day between St. Vincents from Dublin and Ballinderry of Derry.

MORE BUS PARKING FOR KILLARNEY

Killarney Town Council has agreed to a trial plan to convert part of one of the town's car parks into a bus parking area ahead of this year's tourist season. 21 Bus parking spaces will be provided in the Lewis Road car park, thereby reducing the number of car parking spaces from 212 to 121. There will also be a change to the entrance to the car park to enable the coaches to gain entry. The agreement was reached following representations from the Irish Coaches Association to the Town Council. It was agreed at Monday night's council meeting that it would run on a trial basis for one year with work commencing over the coming months.

RING OF KERRY CYCLE ON TV

Highlights from the 2013 Ring of Kerry charity cycle will be broadcast this Sunday on TG4. The documentary will follow the event, now in its 30th year and is the culmination of work by media students at the Kerry Solas Training Centre in Tralee.

The event attracts thousands of leisure cyclists who experience a fun and rewarding day's cycling while also raising much needed funds for local charities. To date the Ring of Kerry Cycle has raised over \in 5.7 million for Kerry Charities. The programme will be broadcast at 3pm on Sunday and online viewers can watch it at www.tg4.tv.





Heidi's Nutritional Therapy & Pilates

Weekly Clinic in Killarney

Nutritional Therapy Specialising in Gluten Free and Dairy Free Weight Loss ● Kids Nutrition



https://www.facebook.com/pages/Pilates-and-Nutritional-Therapy

Be Killarney's BIGGEST LOSER!

New Weight Loss Challenge Cycle Kicks Off Monday 27th January in Killarney

12 Weeks - Only €50

What have you got to Lose?



To Register & Secure Your Place Call Now : 087 7732869 or 086 6009393

Pg9 | Friday 17th January 2014 | Killarney Outlook



Deadline: email items before Midday Tuesday Editor: Aisling Crosbie M: 086 0400 958 email: editorial@outlookmags.com

ACCOLADE FOR ARCHDEACON MURPHY

Tidy Towns Hero named Kerry Person of the Year

Archdeacon Michael Murphy has been named Kerry Person of the Year for 2014.

The announcement was made at a reception in the Killarney Park Hotel on Monday night. He was joined on the night by members of the Kerry Association in Dublin, Tidy Towns Committee members from Sneem, Kenmare and Killarney and members of the Killarney Chamber of Tourism and Commerce.

Nominated by the Killarney Looking Good Committee and the Tidy Towns Committee, Archdeacon Murphy was both delighted and shocked with the news. "I never dreamt that this accolade would come to me" he said, adding that he did it as a team, because as an individual, he would have got nowhere without the support he received in each of these three places.



Archdeacon Michael Murphy was announced as Kerry Person of the Year for 2014 at a reception in the Killarney Park Hotel on Monday night. Seated in front are Mary Kelly, Maura Hughes (Cathaoirleach of the Kerry Association in Dublin), Maureen Finnegan (Kenmare Tidy Towns), Archdeacon Michael Murphy, Yvonne Quill (Killarney Tidy Towns), Johnny McGuire (Killarney Chamber of Tourism and Commerce President) and Kathleen Foley. Second row from left are Tim O'Sullivan (Sneem Tidy Towns), Breda Dwyer, Finbarr O'Donoghue, Luke Moriarty, Pat Lenihan, Eileen Burns (Sneem Tidy Towns), Mary O'Donoghue, Denis Geaney, Senator Paul Coghlan and Mary McShortall. Back from left are Dolores Croke Daly, Derek Daly, Padraig Treacy, John Dwyer, Picture: Eamonn Keogh (MacMonagle, Killarney).

The Tidy Town hero is the only Irish person to have been on three



Archdeacon Michael Murphy pictured with Noel Crowley, Maureen Finnegan and Michael Connor Scarteen, Kenmare Tidy Towns, after he was announced as Kerry Person of the Year for 2014 at a reception in the Killarney Park Hotel on Mnday night. Picture: Eamonn Keogh (MacMonagle, Killarney)



Archdeacon Michael Murphy pictured with Luke Moriarty, Mary O'Donoghue, Mary Kelly, Maura Hughes (Cathaoirleach of the Kerry Association in Dublin), and Finbarr O'Donoghue after he was announced as Kerry Person of the Year for 2014 at a reception in the Killarney Park Hotel on Mnday night. Picture: Eamonn Keogh (MacMonagle, Killarney).

winning Tidy Towns Committees. Sneem in 1987, Kenmare in 2000 and Killarney in 2011.

The Killarney native was born in Raheen, Killarney in 1925, one of eight children, he had an avid interest in all things horticultural during his time in St. Brendan's Seminary, but it was in Maynooth as Chairman of the "Gardening Society" that he cultivated this pastime and gained great knowledge of shrubs and plants. His first tidy town's experience was in Tralee but on his appointment to Killarney as a priest in 1971, Councillor Michael Courtney asked Fr. Murphy for an impression of the towns litter problem and he replied "If you lit a match at the Friary it would burn the Cathedral!" and so began the Killarney Tidy Towns committee with Fr. Murphy at the helm.

The campaign was poorly supported at the start but Fr. Murphy, with his softly softly approach and amiable manner gained volunteers and great strides were made. In 1981 he moved to Sneem as Parish Priest and with a huge amount of hard work and a five year plan which contained a list of 300 projects, the dedication paid off and Sneem were awarded the overall national title 1987. In 1990 it was time for another move and Kenmare was his next posting. Father Murphy prepared a plan, highlighted the areas in need of major improvement and Kenmare was crowned the National Title in 2000.

Following his retirement back to Killarney in 2004, his enthusiasm for Tidy Towns couldn't be curbed and re rejoined the Tidy Town's Committee after 33 years. His experience, knowledge, example, enthusiasm and dedication were pivotal in Killarney winning the National Title 2011. This three in a row has never been equalled. After the gaining the National Title in 2011, Killarney improved its points in 2012 and was awarded Overall Large Town Title in 2013, missing out on the National title by just one point. All the time the vision, commitment and leadership of Fr. Murphy was pivotal to this success. In 2012 he spread his vision County wide in conjunction with Killarney Chamber of Tourism & Commerce and KWD Recycling was instrumental in organising the KWD County Clean Up. Over 50 groups from Tidy Towns committees to schools, football clubs to rugby clubs and the chambers of Tralee, Listowel and Kenmare signed up from all over the county to dedicate their time on one day to clean up the roads and towns of Kerry. It was a huge success with over 20,000 bags of rubbish being collected over the collected and when repeated in 2013 70 groups had volunteered. At 89 years of age his passion for Tidy Towns shows no signs of slowing down. He is an example to young and old with his simple motto, "Keep at it".

SEPTIC TANKS BIOLOGICAL WASTE WATER TREATMENT

The New Revolutionary Waste Water Treatment The perfect solution to all your waste water & toilet matters. Complies & surpasses EU standards.



For more details on sales & installation of this system Contact Frank O'Leary Groundworks Gneeveguilla, Rathmore on 087 6731 808 or 064 7756 240







News :: Ne



Deadline: email items before Midday Tuesday Editor: Aisling Crosbie M: 086 0400 958 email: editorial@outlookmags.com

PLANS FOR JESUS CHRIST SUPERSTAR IN FULL SWING

Killarney Musical Society is back in rehearsals for this year's production of Jesus Christ Superstar which will be staged at the INEC from 1st – 3rd April 2014 with performances at 8pm - tickets are already available for sale. Choral rehearsals started this week with Musical Director Noel Lennon and production rehearsals with Producer Oliver Hurley will also commence this week – newcomers welcome for onstage and backstage support. The cast includes: Jesus - Gary Murphy, Judas - Rory Ward, Mary Magdalene – Michelle O'Callaghan, Caiphus - Mike Moloney, Pilate - Tim Landers, Herod - Fergal Cleary and the Apostles and High priests are just

being finalised. The show's production elements are also in hand with costumes and staging being handmade locally by local craft and tradespeople. Patronage and sponsorship for the show is now open. Patronage is €70 for the opening night show and this includes two VIP tickets, access to the Patrons reception and inclusion in the Show Programme Patrons listing. Varying levels of sponsorship are also available on request. If you would like to support the show in any way or provide sponsorship or patronage please get in touch with Chairperson Michelle Murphy on 086 8537806 or email mail@killarneymusicalsociety.com.

The society would like to send warm congratulations to Gemma Healy Hilario and her husband Savio on the birth of their daughter Eloa. On a sad note we would like to extend our sympathies to the Shanahan family on the recent passing of Dr Dick Shanahan who was a founder member of Killarney Musical Society R.I.P.

For further information visit Killarney Musical Society on Facebook or www.killarneymusicalsociety.com

GET SNAPPING

WITH KILLARNEY CAMERA CLUB



www.philpoundphotography.com

Killarney Camera Club kicked off the New Year with a very interesting and informative presentation by two experienced & award winning photographers from West Cork, Phil Pound and Charlie Lee. Both Phil & Charlie put together a selection of their amazing images both projected and prints that would inspire you to get out there and get snapping. It was a relaxed atmosphere and both men answered any questions people had in relation to all topics of photography.

The next meeting is on Thursday 23rd of January, it is a competition night and the theme is "Movement", it should prove to be

another interesting night as the members images will go on display and then be marked on quality of image and also on its relation to the theme. Please come and check us out!! Our door is open to new members who share our passion for photography, regardless of level of experience or knowledge. Now is your chance to take up a new and very rewarding hobby. We meet every fortnight on Thursday night, at the Heights Hotel from 7.30pm in the Conference Room, First Floor.

Check our website www.killarneycameraclub.ie for more details or contact Killarney Camera Club Secretary on 877 655 561 or via secretary@killarneycameraclub.ie

MICKO CALLS TIME ON MANAGEMENT CAREER

GAA legend Mick O'Dwyer has called time on his involvement with Gaelic football after 60 years.

The Waterville native managed Kerry for 15 years, winning the Sam Maguire on eight occasions.

He won two Leinster titles with Kildare during his ten year involvement. Then following his involvement with Laois, he brought them to the provincial title and in 2006 he took charge of Wicklow.

Summer 2013 was the year he took on his last managerial role in Clare.

Following ankle surgery, Micko plans to do some golf and fishing but hasn't ruled out offering his services as an advisor.

Legendary football trainer Mick O'Dwyer who announced his retirement from GAA management pictured strolling in Waterville, on Wednesday evening. Picture by Don MacMonagle.





Gallivan Murphy Hooper Dolan INSURANCES Ltd.

ARE YOU PAYING TOO MUCH FOR YOUR HOUSE INSURANCE

Our studies show you could be paying as little as €190.00 in the Killarney area.

Motor

Home

Health

Commercial/Business

Gallivan Murphy Hooper Dolan

t: 064 66 34632 info@gmhd.ie | www.gmhd.ie

Killarney Business Centre | Upper High Street

Gallivan Murphy Hopper Dolan Insurances is regulated by The Central Bank of Ireland Terms and conditions apply News :: Ne



Deadline: email items before Midday Tuesday Editor: Aisling Crosbie M: 086 0400 958 email: editorial@outlookmags.com

"PUSS IN BOOTS" ALL SET TO TREAD THE **BOARDS**

Killorglin's 51st panto,' Puss in Boots gets underway in the CYMS on Sunday January 26th. With the subtitle "the Dame, the Cat, the Witch and the Wardrobe" this talented group has an unusual twist on a familiar tale, and along the way we are treated to a fun filled show with spectacular costumes and scenery, and over twenty musical items catering for all tastes.

The script had been written by the ever-present Dame, Declan Mangan, and the story takes us through the Wardrobe to a Strictly Come Dancing Ballroom Scene, which would make Andre Rieu jealous, and on to an Indian Camp, where the lively Puss, hilariously played by Hazel Devane, gets the better of the Wicked Witch Cruella de Vile, played by Jackie O Mahony. Jackie has also choreographed some exciting dance numbers. Costumier Anne Mangan has again come up trumps with her usual

brilliant flair for colour and design. Artistic Director, Mike Aherne, has created a real fairy tale background to enhance the story and Stage Manager, Paul Walker will have his crew on their toes to cater for the many set changes and the huge number in Chorus, plus 19 Principals.



Musical Director, Martin Hurley has the chorus in perfect

harmony. The biggest number ever turned up for chorus rehearsal last October and it's safe to say the spirit of Panto is alive and well in Killorglin. - Dates; CYMS Killorglin Sunday January 26th and Sunday February 2nd. Matinee at 3.00. Night Shows. Wednesday 29, Thursday 30, Friday 31, Saturday 1st Feb at 8.00. -

Booking at CYMS 066 9790961. - INEC Killarney Sunday February 16th at 6.00pm Booking at 064 6671555 - Further information on www.killorglinpanto.com



Gearing up for the Kerry Recreation & Sports Partnership walk this weekends through Killarney National Park, Paudie O'Mahoney, representing The Kingdom in RTE's Operation

Picture Marie Carroll-O'Sullivan 087 391 4808 Transformation 2014.

LET'S WALK WITH PAUDIE!

The public are asked to put their best foot forward on Saturday next, January 18th which has been designated RTE's Operation Transformation National Walk Day. Operation Transformation has linked in with the Irish Sports Council with the Kerry Recreation & Sports Partnership responsible for organising and coordinating the walk. The walk will start from Mission Road, Killarney Town Centre at 12:30pm with registration from 11:00am onwards. Participants are asked to meet at the Monsignor Hugh O'Flaherty monument side of Mission Road, as the road will be closed from 10:00am. Walkers will have the option of taking part in an easy 5km or moderate 10km walk led by experienced walkers, through the beautiful surroundings of Killarney National Park. Saturday's walk is free of charge. People of all ages, fitness levels and abilities are invited to come along on the day, however for safety reasons no dogs or bikes are allowed.

Operation Transformation Leader Paudie O'Mahony, the former Kerry goalkeeper and All Star, will be on hand to lead out the walk along with RTE. Paudie lost an amazing 10.5lbs in his first week. The people of Kerry are encouraged to join in and not only support Paudie in his personal journey of transformation, but our collective journeys of transformation. "January is a special time of year, which is infused with magic, loaded with new possibilities

and ripe with potential pathways to

explore and engage in healthier lifestyle options. It's all about creating a gap in ones schedule

to make physical activity happen and be part of our lives," said Córa Carrigg, Co Ordinator with Kerry Recreation & Sports Partnership.

On the day there will be a number of establishments in Killarney Town offering healthy options and a complimentary tea and coffee. This was made available with the assistance of Killarney Chamber of Commerce.

Through the support of Killarney Town Council, free parking will be made available in the Cathedral, Fair Hill, High Street and Lewis Road Car Parks.

> Gearing up for the Kerry Recreation & Sports Partnership walk this weekends through Killarney National Park, Paudie O'Mahoney (left), representing The Kingdom in RTE's Operation Transformation 2014, Cora Carrigg (right) with her colleagues Linda O'Shea (front left) & Eoin Murphy (front right) of Kerry Recreation & Sports Partnership.







TOLET

TO LET



MONEY MATTERS.

By Dermot Cronin, **Financial Advisor**

Fermiore

Life Insurance

REVIEW

YOUR

PENSION

FOR FREE



INVESTMENTS

Interest rates for deposits in banks and building societies are very very low at the moment and have not been this low in a long time. Another problem as well as low interest rates is that DIRT tax will be 41% and form the 1st January 2014 a PRSI levy of 4% applies also. The effective tax rate on interest earned on savings can be as high as 45% as both the new higher rate of Deposit Interest Retention Tax (DIRT) tax and the PRSI levy on unearned income will both come into force on Jan 1. If you invested €20000 over 12 months at 2.50%, taking into account DIRT tax and the levy you may only get €275 after DIRT tax and the PRSI levy. Because these returns are so poor people are looking for alternative investments. Thankfully there are other investment options available to people including.

GUARANTEED BONDS: Where your capital is guaranteed over a certain period of time and the return of your investment can also be guaranteed or can be linked to the performance of different types of markets.

INVESTMENTS WITHOUT CAPITAL GUARANTEES: These can vary from low to higher risk investments where your capital is not guaranteed but you can choose if you want the investment to be low risk or higher risk.

Investment providers have introduced many different types of products because of the very low returns on deposit type accounts and it is very important that people know about all these products before deciding on what products suit them best. A mixture of different type of investments may be the best way to spread your investments rather than having all your eggs in one basket.

For more information or to make an appointment to discuss the above contact Dermot Cronin APA, at 064 6622775 or 0872893649.

URGENT.

PROPERTIES **REQUIRED.**

We currently have a number of cash / mortgage approved buyers wishing to purchase property in the Killarney area.

If considering selling your property now or in the near future, call us for a complimentary sales appraisal and market advice without any obligation.

Contact us at (064) 6639000



Property Services Regulatory Authority - License No: 001388

11 New Street, Killarney Co. Kerry | t: 064 6639000 | f: 064 6671663 e:killamey@dng.ie | www.dng.ie_www.myhome.ie | www.daft.ie (Qaka News :: Ne



Deadline: email items before Midday Tuesday Editor: Aisling Crosbie M: 086 0400 958 email: editorial@outlookmags.com

KILLARNEY SCHOOL OF MUSIC HITS THE RIGHT NOTE

The INEC was filled with the sound of music on Saturday last when the Killarney School of Music held its second student concert since its founding in 2010. Over 400 students took part in the concert giving group and individual performances in which they displayed their



Performing at the INEC in the Killarney School of Music Concert were Front Row L-R Elaine Kerrins, Eileen O'Donoghue, Joan Griffin & Geraldine Murphy. Middle Row L-R Brid O'Shea, Marie Buckley, Roger Harty, Margaret Looney, Mary Murphy & Noel Lucey. Back Row L-R Billy Joy, Padraig O'Sullivan, Ailish Boyle & Gene Doherty. Picture Marie Carroll-O'Sullivan 087 391 4808

talents in singing, dancing and of course playing a wide range of instruments that included violins, accordions, piano, harps, mouth organs and tin whistles.

Proprietor of the school, Tadhg Buckley said, 'It gives the students the experience of performing on a big stage like the INEC.

The Killarney School of Music was founded by Tadhg and Padraig Buckley and offers courses with 19 specialist teachers covering 36 different

disciplines in the main areas of traditional and classical

music, dance, drama and stage performance.

MC Ray O'Sullivan introduced the performers whose ages varied from 5 to adult and

showed some really impressive talent like the stage school's performance of an extract from 'Seussical the Musical' and pianist, Eva Buckley's individual rendition of a piece by Franz Liszt, to name just a few.

Encouragingly, the performances from all the students not only highlighted the time and effort they must have dedicated to their chosen discipline, but also the deep vein of talent that exists in Killarney and the surrounding area for the foreseeable future.



Performing at the INEC in the Killarney School of Music Concert were Back Row Martin Kelliher, Grace O'Connor & teacher Maureen Hegarty. 3rd Row L-R Kate Lawlor, Mary Murphy & Kate O'Sullivan. 2nd Row L-R Carrie Hickey & Aoife O'Donoghue. Front Row L-R Ciara O'Donoghue, Annie Rose Vogels, Scott O'Meara & Clodagh Sheahan. Picture Marie Carroll-O'Sullivan 087 391 4808



Performing at the INEC in the Killarney School of Music Concert Performing at the INEC in the Killarney School of were L-R Sarah Daly, Lisa Lenihan, Kate Donoghue & Treasa **O'Sullivan**

Picture Marie Carroll-O'Sullivan 087 391 4808



Performing at the INEC in the Killarney School of Music Concert were Back Row L-R Laura Scanlan, Ciara Moynihan, Isabel O'Sullivan Waters. Front Row L-R Alannah Holohan & Chloe Anderson. Picture Marie Carroll-O'Sullivan 087 391 4808



Performing at the INEC in the Killarney School of Music Concert were Teagan O'Sullivan, Laura Corbett & Eleana O'Doherty. Picture Marie Carroll-O'Sullivan 087 391 4808



Music Concert were Back Row L-R Zac Buckley, Cian Buckley, Naoise Buckley. Front Row L-R Dean O'Sullivan & Sean Kelliher. Picture Marie Carroll-O'Sullivan 087 391 4808



Pg17 | Friday 17th January 2014 | Killarney Outlook

News :: Ne

Deadline: email items before Midday Tuesday Editor: Aisling Crosbie M: 086 0400 958 email: editorial@outlookmags.com

Enjoying the rambling house at the Travel Lodge in Fossa on Saturday night were Back their talents and anyone who helped out in any way. A special thanks to Travel Inn Fossa who hosted the event.

Dutiook

A GREAT NIGHT AT THE **RAMBLING HOUSE**

A large crowd gathered on Saturday last for a night of music, song, storytelling, dance and yarns at the Rambling House at the Travel Inn Fossa. The event was organised by Fossa/Two Mile Comhaltas Branch and this was its eighth consecutive year. From around 8.30pm on the popular local facility was a hive of activity as young and not so young arrived to what was a very enjoyable and social occasion. The rich store of traditional music, song, dance and storytelling that has preserved our Irish tradition was showcased on the night. As is the tradition, tea and barn brack were

רא אבמון טוויפרון, הטיאס טפוופא, כטוווטן רומרנץ, טמרופון העמוו. Front Row L-R Jake Ryan & Adam Doherty. Pictures Marie Carroll-O'Sullivan 087 391 4808 Row LR Sean Dineen, Rossa Bellew, Connor Harty, Darren Ryan.



Enjoying the rambling house at the Travel Lodge in Fossa on Saturday night were Theresa Kissane, Mary Doherty, Eileen Lucey & Kathleen O'Sullivan.



Performing at the rambling house at The Travel Lodge, Fossa on Saturda night were the O'Donoghue sisters L-R Maura Ryan, Noreen Doherty & Sheila O'Donoghue.



Enjoying the rambling house at the Travel Lodge in Fossa on Saturday night were Kathleen Corcoran & Deborah Gallivan.



Enjoying the rambling house at the Travel Lodge in Fossa on Saturday night were Joan Leane, Mike Leane, Betty Coffey, Merry Talbot & June Talbot.



Mother and daughter, Marie & Shinann Buckley, enjoying the rambling house at The Travel Lodge, Fossa on Saturday night.



Enjoying the rambling house at the Travel Lodge in Fossa on Saturday night were Gunther & Analiesa Jekle.

Get your weekend off to a bright start with the KILLARNEY Outlook First every FRIDAY MORNING with the best Advertising, News, Sport & Community News





Pg19 | Friday 17th January 2014 | Killarney Outlook

PICTURE PARADE...



Pat Delaney Chairman Killarney Credit Union (left) presenting the winner of the Killarney Credit Union member's Draw Pat Joe Sweeney with the keys of the Madza car with Mark Murphy Manager Killarney Credit Union, Verniece O'Sullivan of O'Sullivan Motors Madza Dealer Killarney and Stephen Darmody at the Killarney Credit Union office Killarney.



Aileen Coakley (seated front 2nd from the left) celebrating her 30th Birthday celebrations with family and friends at her sisters house, Oonagh Coakley (seated front 1st from the left), in Scartaglen. Picture Marie Carroll-O'Sullivan 087 391 4808



Pat Delaney Chairman and Mark Murphy Manager Killarney Credit Uniuon (centre) who presented the winners of the Killarney Credit Union Members draw with their cheques for €250 to Morgan Pierce, Margaret Cronin, Bridget Dineen, Erica Mockeviciute and Marian Fogarty at the Credit Union on Monday.





Alannah Eviston, Breda Kelliher, Anna McGrath, Ailbhe Gallagher & Cathal O'Sullivan. Front Row L-R Sarah McGrath, Annelee O'Mahoney, Amelia Swiczewska & Conor



Performing at the INEC in the Killarney School of Music Concert were L-R Leah & Eimear Beasley & Rachel Doherty. Picture Marie Carroll-O'Sullivan 087 391 4808



Performing at the INEC in the Killarney School of Music Concert were Joe Cahillane, Ellen Sheehan, Aoife Kissane & Tova Buckley Picture Marie Carroll-O'Sullivan 087 391 4808



FREE Training for Job Seekers

Bar & Restaurant Services In conjunction with

Institute of Technology Tralee

essary to gain employment in the hospitality sector. Developed to provide a recognisable and professional qualification along with the practical skills set incorporate 12 lecture days over 12 weeks at the Institute of Technology Tralee and a work placement will be provided in a selected hotel in Duration: 12 lecture days over 12 weeks (1 day per week, Starts 5th February 2014). Location: Institute of Technology Tralee. Work Placement: A work placement in a selected hotel will be provided. Who is this for? This training is ideal for job seekers who wish to achieve a recognised qualification and to enhance employment opportunities. When & Where? Delivered in Tralee IT the course will commence in February for 12 days. Additional days for a work placement will be provided within a selected hotel. Free of charge to Job Seekers. Cost: Dónal Mac an tSithigh & Oonagh McGregor Tel: 064 66 36622. Contact: Please apply for applications to: info@southwestgno.com or visit www.southwestgno.com Should be submitted by/no later than Friday 24/01/2014. Applications: Please note applications will be dealt with on a first come first served basis. (Limited places available) South West Gnó Skillnet is funded by member companies, The Training Networks Programme & Job Seekers Support Programme, an initiative

of Skillnets Ltd. funded from the National Training Fund through The Department of Education and Skills



:: Back Pain :: Neck Pain :: Headache :: Sciatica :: Disc Injuries :: Pinched Nerve 11 Whip lash 11 Arthritis 12 Postural Pain 11 Muscle Spasm 11 Joint Pain 11 Scoliosis 11 Leg Pain (Hip, Knee , Ankle, Foot) 11 Arm Pain (Shoulder, Bbow, Wrist, Hand)

FOOT & ANKLE CLINIC CERTIFIED ORTHOTIC PROVIDERS!

Gaitscan precision computer foot analysis system

SPORTS INJURY ALL SPORT RELATED INJURIES TREATED

Overuse, strained muscles, sprained ligaments, rehabilitation and sport optimization through improved biomechanics.

Therapeutic Ultrasound Machine

For the treatment of shoulder, elbow, knee, and ankle problems etc.

X-RAY SERVICE AVAILABLE

For your safety it is important to make sure your chiropractor is registered with the Chiropractic Association of Ireland.

PARK CLINIC MEDICAL & WELLNESS CENTRE Park Road, Killarney, Co.Kerry. (Above Daly's Supervalu in Killarney.)

:: Dr. Lyndsey O'Leary BSc Hons Chiro DC NCAI

e: tasminf1@gmail.com www.killarneychiropractic.com

Members of the Chiropractic Association of Ireland VHI and Laya Healthcare Approved

Pg21 | Friday 17th January 2014 | Killarney Outlook

PICTURE PARADE...



Theres a goose loose about the hoose.... A goose has been running wild around Castleisland this week and he showed up in Divane's Volkswagon Garage for a 'gander'. Photo shows John Vahey and local lady Beth Carty feeding the goose in the forecourt as they ponder what to do about him. Picture by Don MacMonagle.



Enjoying the rambling house at the Travel Lodge in Fossa on Saturday night were John & Ber Kelly. Picture Marie Carroll-O'Sullivan 087 391 4808



Pat Delaney Chairman Killarney Credit Uniuon (seated centre) who presented the winners of the Killarney Credit Union Members draw with their cheques for €500 to (seated from left) Noreen O'Sullivan, Margaret Burke (back from left) Pauline O'Leary on behalf of Thomas O'Leary, William O'Leary, Mark Murphy Manager Killarney Credit Union and Sheila Kevins at the Credit Union on Monday.



Performing at the INEC in the Killarney School of Music Concert were Julianne Murphy & Brid Flynn. Picture Marie Carroll-O'Sullivan 087 391 4808



Performing at the INEC in the Killarney School of Music Concert were Laura Corbett & Daire Murphy. Picture Marie Carroll-O'Sullivan 087 391 4808



Archdeacon Michael Murphy pictured with Tim O'Sullivan and Eileen Burns, Sneem Tidy Towns, after he was announced as Kerry Person of the Year for 2014 at a reception in the Killarney Park Hotel on Mnday night. Picture: Eamonn Keogh (MacMonagle, Killarney).



9 High Street, Killarney t: 064 66 31181 f: 064 66 37387





EXTENDING? RENOVATING? ATTIC CONVERSION?



& sketch ideas for your home project. Avoid badly planned extensions and costly mistakes.

Call now for a NO OBLIGATION DESIGN CLINIC 066 714 3604 www.architectsdesignclinic.com | Oliver Daly Architects, 6 Church St, Castleisland

Star Seafoods Ltd High Street, Killarney

Our Fish Shop is Open 6 days a week from 9am-4pm Saturday 9am-2.30pm

We are located in the lane opposite to Keanes Jewellers



We Supply a fine variety of Fresh Local Catch Seafood on a Daily Basis.

· All Fish can be Boned & Filleted to your liking ·

Make the most of your Fish Dish by picking up our FREE Recipe Book. Now available in our shop.



Pg23 | Friday 17th January 2014 | Killarney Outlook

Political Outlook

Niall Kelleher Launches Election Campaign.

A crowd of over 120 attended the local election campaign launch for Niall Kelleher (27), newly selected candidate for Kerry County Council, held in Connie K's Bar, Rathmore.

Fianna Fáil Finance Spokesperson Michael McGrath T.D. was the guest speaker on the night and praised the young businessman for putting his name before the electorate.

Speaking to the large crowd about employment and job creation, Niall Kelleher said that the IDA need to do more to promote Kerry as a place for investment. "The IDA has let Kerry down badly over the years. Don't get me wrong, we have a great tourism industry and it's the capital of Ireland when it comes to tourism, but we need to spread our base if we are to have a possibility of lowering unemployment and bringing back our brothers and sisters from the four corners of the world, there needs to be employment here for them to live and rear their families."



Pictured from left Denis Kelleher (Assistant Director of Elections), Linda Gordon (Dir of Elections), Michael McGrath TD, Niall Kelleher and Elaine Mayse. (Partner).

"Directly I employ 15 people between Killarney and Rathmore and I want to do everything I can to help support and encourage people to create jobs here in Kerry, because that creates a better economy in our locality. When there are more people living and working in Kerry there are more people paying taxes in Kerry. It's our taxes that pay for our hospitals, for our schools, for our roads, and for all the amenities that are on our doorstep."

"Kerry County Council has just slashed its budget by 18 million, cut grants to support businesses, increasing rents on our council house tenants. Vital services such as roads and transportation, housing, environmental services, agriculture, health and welfare will all be affected. While rates haven't increased the system on how they are calculated is still flawed. We have got to think of all our citizens and how it affects them when we make decisions like this."

Niall Kelleher concluded with a promise that every home in his electoral area of Killarney would be visited by him and his team.



Pictured from left: Michael McGrath TD, Niall Kelleher and Senator Mark Daly).

Politicians who would like to appear on Political Outlook can contact Des on 087 6593427

Welcome for vital funding

Cllr Sheahan has welcomed over €350,000 worth of funding for the N71 road in the heart of Killarney. "I have been informed by Kerry County Council that the Muckross road or N71, on a section between the Dromhall hotel and Flesk bridge known locally as the Golden Mile, will be allocated over €200,000 for resurfacing works, full traffic calming measures, the provision of cycle and walking lanes and pedestrian crossings". He also welcomed the news that Kerry County Council is to allocate a further €155,000 to road works on the N71 at the approach to the Killarney National Park.

Community groups should apply for local area hackney licence

Public Transport Minister, Alan Kelly, has encouraged community groups in isolated areas to start applying for the newly introduced: 'Local Area Hackney License' or 'Rural Hackney' license. The licence, which is designed to facilitate low-cost entry into the taxi sector for isolated rural areas, will cost just €70 between the vehicle and drivers' licence and will be introduced on a pilot basis. Applications can now be made to the National Transport Authority (NTA) but areas or community groups seeking one will have to demonstrate a transport deficit for their area. Applicants for the license will be required to be sanctioned by a local business or community group and need to demonstrate that their area has a deficit of public transport and taxi services. This will require the approval of the local authority.

Work to commence on flood defences

Kerry Independent TD, Tom Fleming and Local Councillor Michael Cahill have welcomed confirmation from the Office of Public Works that works to the OPW embankments at Gurrane, Killorglin and Ardcanaught, Keel are to commence as early as next week. Deputy Fleming said there is significant funding required for the River Maine Flood Defences and in this regard, he has called on the Government to make additional monies available to the OPW. Local Councillor Michael Cahill said, 'there are 2 major breaches in these embankments, at Gurrane and Ardcanaught that require immediate attention and that he is delighted works are to commence next week'.

The Kerry TD said these embankments were the responsibility of the old Land Commission and since they went out of existence, no Department has taken responsibility. This is totally unfair on families and land owners in these areas and the Government must come to their assistance.





Hot Stone Massage & Sports Fusion Massage Now Available

Unique to KMTC Sports Fusion Massage utilizing traditional sports techniques and where appropriate incorporating hot and cold basalt stones to tackle trigger points, release tension and reduce inflammation. Feel your muscle tension melt away.

Offering Advanced Clinical Massage for the Effective Treatment of:

Neck and Shoulder Pain | Low Back Pain | Sciatica | Piriformis Syndrome Headaches | Leg and Foot Pain and Many More Muscular Issues.

call 087-292285 |

to find out how we can help you!

Park Medical & Wellness Centre, (above Daly's Supervalu), Park Rd, Killarney www.killarneymassagetherapycentre.ie





Pg25 | Friday 17th January 2014 | Killarney Outlook

Community Focus :: Community Focus :: Community Focus :: Community Focus



RATHMORE/ GNEEVEGUILLA NEWS BY Michael O'Mahony

ROBINSON CRUSOE: The panto commences in the Community Centre Rathmore on Saturday January 25th at 8 pm, with matinees on the following two Sundays at 3.00 pm. There are additional night shows on Wednesday, January 29th, Thursday January, 30th, and Saturday February 1st and Sunday 2nd February Special arrangements can be made for groups of either adults or children. Phone Phil at 087 9562920. A show not to be missed.

BOOKING CHURCH CELEBRATIONS: IN THE PARISH Please note the following new number which is specifically for the booking of Masses, Baptisms & Weddings: 086-4673126. Calls will be received between 9.30am to 5pm Monday.

CHURCH GATE COLLECTION: Rathmore community council Church gate collection took place last weekend January 11th & 12th in Rathmore and Shrone, Your support was very much appreciated,

AGM: Rathmore Community Council AGM will take place on February 10th at community centre at 8pm. Everybody, including new members welcome.

CONGRATULATIONS: To Rathmore Social Action Group who recently collected their deserving medals from the Gaisce President Awards Programme. The result of several months of hard but rewarding work, the medals came in gold and silver and followed the successful completion of several challenges. Gold medal recipients Barry Murphy Cullen and Karina Cronin Ballydesmond, made it to Dublin Castle for the gold medal ceremony presented by President Michael D Higgins. Collecting silver medals were Catriona O'Sullivan Shrone, Ellen O'Leary Cullen, Christina Murphy Cahirbarnagh, and Nora Leader Cahirbarnaagh,

RATHMORE SOCIAL ACTION GROUP: Teach losagan check out our new & updated Birthday party & for the boys a revised Multi-Sports Party package. Call us for further details on 064 7761000. Our parties are still great value, starting from €10 per child, offering a private & personalised party experience. Included in the price is unlimited juice for the children, tea, coffee & biscuits for the grownups, Bouncy Castle or Slide, Face Painting & Snow Disco as standard. Then choose from our range of packages for the rest of your activities. New for 2014 is the Glitter Princess Party 8pm. everybody welcome new member. Also welcome to get involved.

SYMPATHY: to family and friends of the late Mary Buckley (nee McCarthy) Knockeenagullane, Knocknagree, Betty Bruton (nee O'Riordan) Dooneen, Kilcummin, Killarney and Brendan O'Donoghue, Cooles, Headford, Killarney, whose deaths occurred recently. May they all Rest in peace.

GNEEVEGUILLA BASKETBALL CLUB: We would like to take this opportunity to thank you & our sponsors for your help & support for our Christmas raffle. It has been a great week for Gneeveguilla Basketball Club as their teams competed in the KAB Cup and Plate Finals. U11 Boys Academy Cup Gneeveguilla competed against a strong Kenmare side in this exciting match. But the skill and determination of the young Gneeveguilla boys won out on the day. Congrats to Paudie O'Leary on wining the MVP award. Great team work from these young boys in bringing home the Academy Cup to Gneeveguilla for the second time. Gneeveguilla 25 Kenmare 15.

U-18 Girls Plate Final. This was a close and exciting game throughout until Gneeveguilla built a 5 point lead in the 4th quarter. Excellent scoring from Christine



Deadline: email items before 3pm on Monday Editor: Aisling Crosbie M: 086 0400 958

Members of the talented Cast of "Robinson Crusoe" - Rathmore's Marian Players 2014 Pantomime which begins on Saturday 25th January at 8pm pictured at Rathmore Community Centre on Tuesday night at a Dress Rehearsal. Picture: Seán Radley.

McAuliffe and Caroline Dineen. Great defence and rebounding by Maura Cremin and Marie-Anne Fleming helped to resist a late Glenbeigh surge. Captain Mairead Fleming and Denise Sheehan played their part in bringing the silverware home to Gneeveguilla.Gneeveguilla 34 Glenbeigh 32.

EASTKERRY GAA ALLSTARS AWARDS GALA NIGHT: Will be held in the Gleneagle Hotel, tonight, Friday January 17th. The Guest speaker is Mick Galway. Tickets for night can be purchased from East Kerry Board Officers and through club in the District. Everyone welcome

RATHMORE GAA: The 2014 Club Calendar is out now. This year's calendar is available is in shops locally, Make sure you get yours. RATHMORE GAA CHRISTMAS GOIF OUTING: Has been postponed and will now take place on Saturday 18th January 2014 on the Mahony's point course in the Killarney Golf and Fishing Club starting at 10.30am. GNEEVEGUILLLA LADIES GAA: Aerobics Classes - Change of date: Please note Aerobics Classes are not starting now until the 23rd Jan and not the 16th as previously advertised. RATHMORE LADIES FOOTBALL: Congratulations to James Doherty Scrahanagullane, Gneeveguilla who won the Christmas Hamper in the Ladies Football Club Draw which was kindly sponsored by Donagh Hickey, Rathmore. Thanks to everyone who sold tickets and also to those who supported the draw

ANIMAL HEAVEN ANIMAL RESCUE (AHAR): Annabeg Gneeveguilla has recently received funding to value of €14,000.

THE SEARCH FOR THE 2014 KERRY ROSE: The search for the 2014 Kerry rose will begin in the coming weeks and if you'd like to get involved you can email Kerryrosecentre@gmail.com

KERRY GAA SUPPORTERS CLUB ANNUAL SOCIAL: Kerry GAA supporters club annual social wall take place on Saturday January 18th at Ballygarry House Hotel Tralee. Guest of Honour will be Ambrose Donavan Kerry captain 1984 centenary year almost 30 years ago. Also present on the night will be this years All-stars Colm Cooper and James O'Donoghue. The wining minor hurling captain under 21 hurling captain, Music by Neily O'Connor, Ticket €35, on sale from Donal O' Leary, Rathmore 087 9289906 or any member of Kerry supporters club.

IF YOU WOULD LIKE TO ADD ANYTHING TO THE NOTES: please email Michael O'Mahony (michaellomahony@eircom.net) or ring on 087-6676817 before 6:00pm on Sunday.



Padraig O'Sullivan, Treasurer (centre) presenting the Beaufort GAA Lotto cheque for €6,400.00 to Les Nolan and his wife Doreen. Ian Joy, Chairman on left presenting Sellers Prize to Jack McGrath, seller of winning ticket. Back row are Denis Galvin, Bridget Hartnett, Secretary and Maurice Foley.

BEAUFORT NEWS

UNDER-AGE TRAINERS/MENTORS: We are at present putting trainers/mentors in place for the coming season for our underage teams. If anyone is interested is getting involved in helping out with any team please contact Jimmy Kennedy.

QUIZ: Thanks to everybody who took part in our Christmas quiz. Thanks to the sponsors, helpers, quiz-master, Colm. Mary Jo for the questions, Eileen for the answer sheets.

BEAUFORT'S RAMBLING HOUSE: The next session of the Rambling House will take place on Saturday, January, 25th in the Community Hall. Doors open at 8.30p.m. A great evening of music, song and storytelling. Tea, Barm Brack and Refreshments will be served. Everybody welcome.





Waree Thai Spa



Escape and Revive

Fiona Naknaen-Fleming Nu-Fra Health Shop 4 Plunkett Street (upstairs) Killarney Tel: 087 0938992

Massage has many benefits-it helps to maintain flexibility, improve circulation, and also relieves muscle stiffness and stress. This will lead too a smoother energy flow in the body and mind, leaving you feel more energetic and overall rejuvenated. Take your step to revitalization, health and longevity.

Special Offer

Full Body Massage 60 min & Mini Facial 30 min for 65 curo

Hot Stone Body Massage 90 minutes ONLY 65 curo

Full body massage; 70 minutes for 50 euro Indian Head or Back massage; 40 minutes for 30 euro Thai Foot Reflexology; 60 minutes for 45 euro Facial; 60 minutes for 50 euro Pedicure or Manicure 60 minutes for 40 euro (with OPI painting)

ALL TREATMENTS INCLUDE RELAXATION TIME WITH THAI HERB TEA AND FRUIT. Gift Vouchers Available.(In Shop)

Kerry Hypnosis Clinic Email: irishhypnosiskerry@gmail.com

Quit Smoking

95% Success, No Cravings, No weight Gain * Off the cigarettes over a year, thanks to juli, so happy it's easy with hypnosis" Noreen O' Connor

Lose Weight

Tired of diets that don't work? Lose weight Easily & Permanently Virtual Gastic Band now Available.

* Hypnosis changed my whole life, my outlook, the way I feel, I have lost 6.5 stone in 8 months' J Houlihan, Kerry

Fears/Phobias Panic Attacks Generally 2 to 3 sessions to completely remove.

" I thank God every day I went to Juli, I feel fantastic after hypnosis, I know longer need medication for panic or anxiety" K McCarthy, Kerry

- Depression	- General Anxiety		
- Study Improvement	- Drugs		
- Social Anxiety	- Self Esteem		
- Blushing	- Self Confidence		
- Sleep Problems-	- Alcohol Problems		
- Exam Anxiety	- Many More		
EMPOWER YOURSELF, DO IT NOW Phone 086 8337733 Clinic Location Dingle + Tralee			



Deadline: email items before 3pm on Monday Editor: Aisling Crosbie M: 086 0400 958 Email: editorial@outlookmags.com

GLENFLESK NEWS With Donal Kelly

GLENFLESK GAA AGM: A well-attended annual general meeting of Glenflesk GAA club was held on Saturday January 11th in St. Agatha's hall. Departing club chairman John Culloty outlined a successful year for the club both on and off the field. He thanked the Corner House and McSweeney family for their sponsorship over the last three years. He also thanked all those who gave so generously of their time in many different ways throughout the year. In particular he mentioned the members of the sub-committees and all the team coaches and mentors. In conclusion the chairman said that he had enjoyed his time at the helm and that he wished the club and the new chairman every success in the years ahead. Club Secretary Denis O'Sullivan led tributes to the outgoing chairman for his work on behalf of the club over the last six years. Incoming chairman John Kelliher, who was appointed on the night, also thanked John Culloty for his contribution to the club and wished him well in the future.

GLENFLESK GAA LOTTO: Next club lotto draw will be held on Sunday the 19th of January 2014, in Spillane's, Jackpot: €6,400. Tickets available: on request, in local shops and bars. If you have difficulties purchasing a ticket contact Jimmy O'Shea 085 1741219 or Denis O'Donoghue at 087 2257915.

EK U21 CHAMPIONSHIP: Glenflesk will play Firies in the preliminary round of the EK U-21 championship on Saturday January 25th in Glenflesk at 2:30pm. The winners of this game will be at home to Legion in the quarter final.

GUM SHIELDS: A reminder to all players and parents that from the 1st of January 2014 gum shields are now mandatory for players of all ages, whether training or

playing matches.

31 CARD DRIVE: Con and Jeremiah Murphy won first prize of \in 300 in the cards played in St. Agatha's hall Glenflesk on Friday January 10th. The cards continue each Friday night at 8:15pm and all are welcome.

GAA NATIONAL CLUB DRAW: Tickets (€10) are currently on sale from club officers and senior players for the GAA National Club Draw. First prize is a trip to the 2014 International Rules series in Australia! Proceeds from ticket sales benefit the local club and the draw takes place on St. Patrick's Day 2014.

RAHEEN NS HISTORY PROJECT: Raheen National School hall will be open on Sunday 26th January from 12 noon until 6pm. Roll books, local history projects and old photographs will be on display. All welcome.

RAHEEN NS: Congratulations to Michael O'Keeffe who had the winning lotto number 1 on Saturday 11th January. We would like to thank our local community for their continued support of our School Lotto.

RATHMORE PANTO – ROBINSON CRUSOE: The annual Rathmore pantomime starts its run in the Community Centre Rathmore commencing on Saturday January 25th at 8pm and Sunday January 26th at 3pm. Further shows during the following week: Wednesday 29th and Thursday 30th at 8pm, Friday 1st February at 8pm and Sunday 2nd February at 3pm. For further details and phone bookings contact 064 7758526. SYMPATHY: Sympathy is extended to the family and relatives of Brendan 0'Donoghue (Cooles, Headford) and Shane Dennehy (Bounard) who passed away recently. Ar dheis Dé go raibh a n-anamacha dílis.

CONTACT: We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Sunday night.



The Murphy family from Lahard, Beaufort, Joanne, Denis, Danny and Kate, co-owners of Shadow Hunter who won the Oaks Trial Stake in Rathkeale recently. The dog will be running again at the Clonmel Coursing event at the start of February. Missing from the picture is Willie Butler, co-owner.

LISTRY NEWS

LISTRY G.A.A.: Thanks to everyone who attended our Ceol agus Craic night in Killorglin Golf Club. A great night was had by all. Thanks very much to Julie and Pat Sheahan for their excellent hospitality and to all the musicians, singers, dancers and to everyone that came along to support the event. The total sum of €1,000 was raised at this fundraiser which will go towards Listry G.A.A. Club. Mile Buiochas do gach aon duine.

MILLTOWN LISTRY GIRLS FOOTBALL: It was great to see such a large attendance at the recent A.G.M. The following officers were elected: Chairperson Phil Tagney, Vice Chairperson: Ann Marie Creane, Secretary Claire Rochford' Joint P.R.O. Annette Broderick Margaret Lehane, Treasurer Marie Teahan, Registration Officer: Martina Cronin, Delegate to County Board: Thomas O'Dowd, Child Protection Officer: Deidre O'Sullivan, Committee: Geraldine Murphy, Sheila O'Shea, Aisling Evans, Breda O'Mahony, Sandra O'Dowd, Eleanor O'Donoghue. Any person interested in coaching u 16 and the Senior Team can contact any of Club Officers.

LISTRY WEEKLY LOTTO: Sunday January 12th. Winning Numbers 1, 3, 9, 15. No Winner 1 x \in 100. Tommy Cronin Sheheree. 2 x \in 50. Mike Murphy Listry. Bridget Mannix Keel. 2 x \in 25. O'Sullivans Ballymalis. Obhram Hayes Culleeneymore. Draw Entrant. Geraldine Guilfoyle. Jackpot next week January 19th, \in 4,400.

KILCUMMIN NOTES

SYMPATHY: Is extended to the Bruton family, Dooneen on the recent death of Betty. May she rest in peace. **JUVENILE GAA:** AGM will be held at the Clubhouse on Friday 17th January at 8pm. All welcome.

TRAINING: U14 boys begin outdoor training for the coming season on Friday 17th January from 6.15pm to 7.30pm at the club pitch.

COMHALTAS: Any unwanted Christmas gifts would be greatly appreciated for the Kilcummin Comhaltas Eater Raffle. Please hand any unused / unwanted gifts to any of the Comhaltas trainers.

KILCUMMIN RURAL DEVELOPMENT OFFICE: Provides a full secretarial service to all groups and individual. Assignments, Essays, Projects, C.V.'s professionally typed, confidentiality assured. Other services include photocopying, laminating, email, sending faxes, paying your motor tax and your property tax online. Faxes for the movement of cattle can also be sent from the office. Colour printing now available. Tel: 064-6643357 or email: info@kilcumminparish.com

GAA NOTES:

ANNUAL SOCIAL JAN 25TH: The club social will be held in the Klub on Saturday Jan 25th commencing at 8pm. Music is by Wallop the Cat and a hot meal will be served. Presentations will be made to club members for various achievements during the year. Tickets are available from club officers at 20 euro.

FLAG DAY: Killarney on this Saturday January 18th. Volunteers are needed to do a short stint for this important yearly fundraiser.

EAST KERRY: U-21 championship Q/F Kilcummin v

Fossa on Sunday 26th in Fossa at 2.30pm.

SYMPATHY: Sympathy is extended to the families of the following people who were recently deceased. Michael O'Donoghue Coolbane, Michael Moynihan, Tiernaboul and Mick Kissane, Gneevequilla.

CLUB A.G.M. A large attendance participated in the AGM which was held last Sunday. The meeting outlined the past 12 month's activities, the club finances and the plans for the coming year.

Also a fund raiser with very valuable prizes was launched. Tickets are only 10 euro and members are implored to support this effort as every euro made goes towards completing the third pitch this season. Frances Moriarty is taking over as club secretary from Ciara Scanlon as all the other officers remain in place for 2014.

THINK AHERNS...

buykerry

...THINK OPEL



Tralee Road, Castleisland, Co. Kerry :: Tel - 066 7143000 :: ahernsbmw.ie Aherns Ireland's No.1 BMW Dealer for Customer Service Community Focus :: Community Focus :: Community Focus :: Community Focus

Outlook MAGAZINE PUBLICATIONS

Deadline: email items before 3pm on Monday Editor: Aisling Crosbie M: 086 0400 958 Email: editorial@outlookmags.com

SPA NOTES

THE COISTE NA NÓG AGM: Took place at the clubhouse last Friday night and the following officers have been elected for 2014: Chairperson - John O'Donoghue; Secretary - Susan Gleeson; Asst Secretary - Mairead Cahill; Treasurers - Breda O'Donoghue & Madeline Spillane; PRO - Adrian O'Sullivan; Schools Officer - James Devane; Chairperson of Ladies Football - Anne Holland. A full report to be published next week. CLUB AGM: Was held on Saturday January 11th and the following officers have been elected for the coming year: Chairperson - Ger Mangan; Secretary - Deirdre O'Sullivan Darcy; Treasurer - Assumpta O'Donoghue; Asst Treasurer - Andrew Garnett; Registrars - Donagh Cronin & Peter Spillane; Co Board Delegate - Sean O'Sullivan. Full report in next week's notes.

CONGRATULATIONS: To Spa stalwart John Kelly who is to be honoured at tonights annual All Stars Awards Night at the Gleneagle Hotel. John is one of the longest-serving club members and is to be honoured for his work and commitment to both Spa and East Kerry over the years. Tickets available from Deirdre on 0876332773.

OPERATION TRANSFORMATION 5K AND 10K WALK: Everyone is invited to come and support leader Paudie O'Mahoney and the Operation Transformation 5k and 10k walks taking place this Saturday January 18th starting at 12.30pm from the Monsignor Hugh O'Flaherty Memorial on Mission Rd. Volunteers also need to help out with registrations that morning and anyone available please contact Deirdre on 0876332773.

SPA COMMUNITY NOTES: Sympathy is extended to Neily Kerins Lissivigeen Cross on the death of his nephew Shane Dennehy, to former Spa senior footballer Brian Fenton, The Park and Raheny, Dublin, on the recent death of his wife, to the relatives of Helen Walsh Countess Rd and to the O'Leary families, Knockmanagh and Lissivigeen, on the death of Joe Dineen, Rathmore. Sympathy also extended to the relatives of former Spa senior footballer Mick Kissane, Masrour, Gneeveguilla, and late of Knockeragh. May they Rest in Peace

MICK KISSANE A FAITHFUL SERVANT TO SPA AND ST. FINAN'S: On last Monday the sad news filtered through of the sudden passing of former Spa footballer Michael "Mick" Kissane, Masrour and late of Knockeragh. A retired Psychiatric Nurse who had spent his entire working life in the Mental Health Services both in Our Lady's Hospital Cork where he commenced his nurse training and later in St. Finan's Killarney, where he greatly endeared himself to both his colleagues and those he served. A keen lover of all sports his great passion was gaelic football and during his period in Cork turned out regularly with the hospital team in the local Inter -Firm and Connolly Cup competitions. On returning to St. Finan's in the early 1960's he assisted the Finan's team in the East Kerry competitions and occupied the corner back position on the side defeated by Dr Crokes in the 1964 O'Donoghue Cup final. When Finan's decided not to affiliate in East Kerry in 1966, Mick was one of a number of former Spa players to return to their old club which had in that season decided to re-enter senior ranks in East Kerry and went on to defeat Kilcummin in the 1966 O'Donoghue Cup final. After his marriage Eileen Murphy (who pre-deceased him some years ago) he went to live at Masrour, Gneevequilla where he continued to forge many new friends but he still retained contact with his home place and would often recall the founding of the Spa club in 1948 as well as touring the halls of the

county with the Spa Dramatic Society and as I pen those line I can envisage him passing St Peter's gate to meet up with Tadgh "The Master",



Tine Master'', SPA SOCIAL 1968. Timmy Joe, From right John and Sheila Kelly, Mick and Eileen Kissane RIP and John "Dunn"., Gracie Murphy O'Sullivan. P a d d y

Dennehy, Donie O'Leary and the Casey brothers and brief them on happenings at home, and with that hearty laugh "Sure I wouldn't doubt ye lads".

As a gesture of their appreciation to the club members past and present formed a Guard of Honour from Gneeveguilla GAA Pitch to the Church for the funeral Mass on Wednesday. May He Rest In Peace.

TOP AWARD FOR RAY O'SULLIVAN: Congrats to our local Seanchai Ray O'Sullivan, Coolcaslagh, who was joint winner of the annual Eamon Kelly Bursary. Ray, who was recently presented with a cheque for \notin 750, has been deeply involved with the local Spa GAA club in the annual Scor Sinsear and the promotion of the Rambling House sessions in the Clubhouse.

LISSIVIGEEN COMMUNITY ALERT: On Wednesday 22nd January at 8p.m. at Darby O'Gills Lissivigeen and District Community Alert will launch the Text Alert Scheme. Everyone in the area is invited to attend the launch and join/sign up for the scheme which is being set up in conjunction with Muintir Na Tire and Killarney Gardai. To join the scheme it will cost \in 5. Fossa Community Alert is up and running and has a large membership. Community Text Alert is a scheme that allows the local community to actively contribute to crime prevention in their local area. Please attend this important launch and meet the committee members in each area.

REGISTRATION: For all club members Friday 17th in spa clubhouse 6-8pm. Fees are the same as 2013. All players, Coiste na nOg (underage), ladies football, Scor and members need to register for 2014. Welcome Peter Spillane as new club registrar.

SCOR NA NOG: Congratulations to our figure and set dancers and Allison Fitzpatrick who progress to the Munster Final in Mallow Youth Centre on Sunday, 26th January at 2.30 p.m.

LOTTO: No winner. Numbers drawn 9, 10, 16, 23. Lucky Dips Jim and Lulu c/o VIIIage Inn, Kilcummin; Mairead Joy, Muckross; Donie Foley, Fossa; Ben c/o Supervalu. €7,200 next week in the Oaks.

HALL & MEETING ROOM: Sports Hall and Meeting Rooms are available for hire. For availability and bookings contact Eileen on 087 6577312 after 6pm.

NEWS, EVENTS & FIXTURES: To keep up to date with our news, events and fixtures, be sure to check out our Facebook Page www.facebook.com/spagaa or contact the Secretary on 087 6332773 or Coiste na nÓg Secretary on 087 1385612.

FOSSA NEWS

FOSSA GAA: Fossa Lotto 12/01/2014: Numbers Drawn: 4, 5, 6, and 25. Jackpot: \leq 4,350. No Jackpot Winner: 5 x \leq 40 winners: Norma Naughton, Curragh; Pat Finnegan; Aisling Fleming, Curragh; Jon Falvey, Two Mile School; Mary O'Halloran, Rathcommane.

New Jackpot: \in 4,500. Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, McCarthy's Centra Shop, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night January 19th 2014 at the Golden Nugget Fossa at 11p.m. **SENIORS:** Please note that since 1st Jan it is now compulsory for all players including seniors to wear a mouth guards. This applies to both matches & training sessions. All coaches please make sure that all players follow this guideline.

FIXTURES: Sunday week January 26th East Kerry Under 21 Quarter final Fossa v Kilcummin at Fossa throw in 2:30pm. **MEMBERSHIP:** Membership now due. Family membership has been reduced to \in 60.00 for 2014, adult remains at \in 30.00, while youth/student has been increased to \in 15.00

EAST KERRY GALA NIGHT: The annual East Kerry All Star Awards night takes place on this Friday night January 17th and Guest Speaker on the night is Mick Galwey. Tickets available from Tommy Cronin at 087 1227099.

SOCIAL ACTIVITIES: Running group has recommenced on Monday night 13th January at 8.30. It will continue on Monday and Wednesday nights until further notice. A programme will be available for beginners.

All participants will have to be members of Fossa GAA.

SCÓR: Well done to our instrumental music group who qualified for the Munster final of Scorn a nOg at Millstreet on Sunday last. Cian O'Sullivan, John Murphy, Christy Buckley, Sean Kelliher, and Dean O'Sullivan were our ceolteoiri. The final takes place at Mallow Youth Centre on Sunday week January 26th starting at 2:30pm.

LADIES FOOTBALL: AGM of Fossa Ladies Football club will be held in the clubhouse on Thursday January 23rd at 8:30pm. All welcome.

FOSSA COMMUNITY GAMES: Boys Under 10 indoor Soccer training continues in the Fossa Community Centre every Sunday 7-8pm.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at beniska@utvinternet.com Please forward information on before Sunday at 11am.



Selection of 2013 Ex Fleet Cars - All Models including Ford, Hyundai, Skoda, Nissan, Etc

Hazards for Winter Driving

Safety advice for driving during bad weather

Driving in bad weather cannot be avoided at times. The advice 'slow down', 'leave yourself more time to complete the journey' and "keep your distance' takes on vital importance during this season.

When driving in foggy conditions

Most importantly - use your dipped headlights. Remember to reduce your speed and to drive a safe distance from the car in front of you (seeing the tail-lights of the car in front is clearly a sign of being too close). Also give yourself plenty of extra time for your journey - you don't want to be rushing when visibility isn't the best.

Avoiding skids

First and foremost, look out for potential skid traps, namely; wet leaves, shady spots, black ice and frost (particularly on bridges). Black ice is most rampant on very cold days on wet roads, especially at night, on exposed bends, underneath trees and bridges and also on higher ground. Reduce speed as soon as you see a potential skid spot.

What to do if you do find yourself skidding

there are three options:
Don't brake fast under any circumstance - if it's too late and you have already braked, release them immediately, then reapply, quicker but gently.

• Reduce acceleration but don't take your foot off the accelerator completely.

• Use the highest gears possible under the conditions, and as you gently brake, move down in your gears to come to a gradual halt.

Next Week: Tyre Safety.

M.&J. KELLEHER LTD.



Killarney / Kenmare Tel Mike: 087 9314007 / 064 6630020

SPORTS DESK

DARTS:

MURPHY CUP 2014: We are up and running with this year's Murphy Cup. 181 players entered this year's competition with players from Kerry, Cork and Limerick all hoping to be in this year's shake up. Safely through to the next round is holder Jamie Kelliher who beat Aidan Cronin 2-0. Other players through are Dan Leen who beat Mike Sullivan. Timmy Kelly got the better of Liam O Reilly and Denis Nash beat Steve O Connor 2-1. Follow us on Facebook.

PAST WINNERS OF THE MURPHY CUP:

1977 Donal Doherty, 1978 Jer Kelly, 1979 Peter O'Leary, 1980 Derry Kelly, 1981 Peter O'Leary, 1882 Ger Healy, 1983 Pat Brosnan, 1984 Dan Doonan, 1985 John Whelan, 1986 Pat Brosnan, 1987 Pat Brosnan, 1988 Pat Brosnan 1989 Brian O'Callaghan, 1990 Jack Leen, 1991 Joe Flynn, 1992 Donal Kelly, 1993 Pat Linehan, 1994 Moss Joy, 1995 Pat Linehan, 1996 Joe Flynn, 1997 Mike Hennessy, 1998 Ted Riordan, 1999 Donal Kelly, 2000 Jack Leen, 2001 Kevin Mc Cann, 2002 Danny Brosnan, 2003 Dermot Kelliher, 2004 Colm O'Shea, 2005 Danny Brosnan 2006 Matt Lacey, 2007 Gabriel Donnan, 2008 Leonard Fitzgerald, 2009 Jamie Kelliher, 2010 Ger Flynn, 2011 Stephen Peb O'Neill, 2012 Leonard Fitzgerald 2013 Jamie Kelliher, who will be the 2014 winner? **PAST WINNERS OF THE PEG MURPHY CUP:**

2000 Dan Leen, 2001 Dan Joe Ahern, 2002 Gery Mc Cormick, 2003 Donal Kelly, 2004 Paudie O Leary, 2005 Dan Leen, 2006 Graham Norton, 2007 James Lyne, 2008 Matt Leacy, 2009 John Hill, 2010 John Herlihy, 2011 John Herlihy, 2012 Neil O'Donoghue, 2013 Paul Kelly who will be the 2014 winner?

KILLARNEY COUGARS BC

SENIORS: MEN'S SENIOR CUP ST MARY'S CASTLEISLAND 54 KILLARNEY COUGARS 57

Cougars travelled to Castleisland for this important Cup Q/f game against St Mary's and after a closely contested game Cougars advanced to the next round with a deserved win. Cougars led for most of the game but the result was in doubt until the final seconds with both sides very competitive. Cougars led 14-11 at the end of the opening quarter with all the starting five on target with good baskets with a great team effort on defence. Cougars increased the lead to five 28-23 by halftime with Darren Gaffev in flving form hitting 12 points in the second guarter. The home side took the lead at the end of the third quarter as Cougars intensity dropped as St Mary's led 40-38. The sides went basket for basket in a great final guarter with Cougars experience coming to the fore to regain the lead with strong defence and scores from all five on the court. The home side were now into foul trouble in an exciting finish Cougars made the free throws to record a very hard earned win.

Cougars had great performances from Darren Gaffey, Dan Doonan and Dan Cronin with St Mary's Phillip Griffin, Mike Cahill and Mike Brosnan trying hardest for St Mary's.

WOMEN'S SENIOR DIV 1

KENMARE KESTRELS 69 KILLARNEY COUGARS 61 The Seniors ladies travelled to Kenmare on Saturday evening in their opening game of 2014 and despite having a young team on the road they were unlucky not to take the points in a very entertaining game. The teams were level 16-16 in the opening quarter with Cougars enjoying a good spread of scores with Chloe

O'Doherty on target with a couple of three pointers and Alma O'Mahony work hard to score a couple of baskets late in the guarter. The sides went basket for basket in the second guarter with the home side improving to dominate under the boards to take the lead by a basket at half time 37-35. Cougars got into early foul trouble in the third quarter with the Kenmare ladies increasing the lead form the free throw line. Cougars battled back hard with Allyson Caggio producing some great baskets to leave the minimum between the sides entering the closing minutes. The home side were strong on the boards in the final minutes to make the game safe as time ran out for the Cougars. Best performances for Cougars came from Allyson Caggio, Alma O'Mahony and Chloe O'Doherty who finished with an impressive 26 points.

JUVENILES

FIXTURES: SENIOR MEN'S DIV 1

Jan 20th Cougars v Listowel 7pm, Pres Gym. Jan 25th Glenbeigh v Cougars 7.30pm Glenbeigh. WOMENS LEAGUE DIV 1

Jan 19th St Mary's v Cougars. 4.30pm Castleisland. JUVENILES

BOYS U12: Jan 22nd Cougars v Kenmare 7 pm Pres Gym. **GIRLS U16:** Jan 19th St Anne's v Cougars 12.30pm Farranfore.

JUVENILE TRAINING SCHEDULE:

Boys U11 & U12 Wednesdays & Saturdays Pres Gym. Girls U12 Thursdays Pres Gym.

Girls U14 Thursdays & Sundays Pres Gym/Parish Hall. Girls U16 Tuesdays Pres Gym.

Girls & Boys Academy Ages 6 to 9 Friday Parish Hall. New members welcome, to join and can register at the above sessions or by contacting the secretary on 0874175493.

For the latest information and the correct training times please check the website at www.killarneycougars.com

GNEEVEGUILLA BASKETBALL CLUB

It has been a great week for Gneeveguilla Basketball Club as their teams competed in the KAB Cup and Plate Finals.

U11 BOYS ACADEMY CUP: Gneeveguilla competed against a strong Kenmare side in this exciting match.

But the skill and determination of the young Gneeveguilla boys won out on the day. Congratulations to Paudie O'Leary on wining the MVP award. Great team work from these young boys in bringing home the Academy Cup to Gneeveguilla for the second time. Gneeveguilla 25 Kenmare 15

U-18 GIRLS PLATE FINAL: This was a close and exciting game throughout until Gneeveguilla built a 5 point lead in the 4th quarter. Excellent scoring from Christine McAuliffe and Caroline Dineen. Great defence and rebounding by Maura Cremin and Marie-Anne Fleming helped to resist a late Glenbeigh surge. Captain Mairead Fleming and Denise Sheahan played their part in bringing the silverware home to Gneeveguilla. Gneeveguilla 34 Glenbeigh 32

U18 BOYS PLATE FINAL: Robert O' Leary led the scoring as Gneeveguilla stayed in touch for 3 quarters against a strong Abbeyfeal team. Strong guard play from Kevin Coughlin and Eamon Herlihy kept us in the game. Good rebounding and defence from Jack O'Connor, Dermot Murphy, Neil O'Rirodan and Denis O'Sullivan all combined for a great team performance. Unfortunately

St. Josephs proved stronger on the day. St. Joseph's 53 Gneeveguilla 35.

U14 DIV 1 BOYS: Gneeveguilla opened this game with some vital scores from Cathal Collins and Evan Cronin. We continued to stay in control with strong opposition from St Bridgets in the 4th quarter when they put up some vital scores. Donal Hurley kept the team in front when he converted all his free throw shots. Gneevequilla 40 St. Bridgets 33.

U14 DIV 3 BOYS: Gneeveguilla started this game very strong registering the first two basket against St Mary's. Throughout the game the teams were evenly matched with only one basket between them. Great team work and defence from all the Gneeveguilla team.

Unfortunately St. Mary's pulled away with two quick baskets in the 4th quarter.

St. Mary's 30 Gneeveguilla 26

U14 GIRLS DIV 2: Well done to the girls in this great win in their away game to Ballybunion. Seven of our players travelled for this game and all were very impressive. Their hard work and great defence combined in a win for Gneeveguilla. Great team work well done girls. Gneeveguilla Ballybunion 31

Congratulations and well done to all players and coaches.

CONGRATULATIONS: To the 3rd and 4th class boys and girls of Gneeveguilla NS who competed in the Castleisland Christmas Basketball Blitz. The 3rd and 4th class girls reached the final of the Junior A competition. Despite a strong performance they were beaten by Kilmurray. The 3rd and 4th class boys also reached the final of the Junior competition. Well done to these young boys on their win against Nohoval. It was a great game and a well deserved win for the Gneeveguilla NS Boys. A special mention for the player of the tournament Paudie O' Leary who also won the MVP Award on the day. We wish you all a Happy and Healthy New year.

KILLARNEY SOUTH COMMUNITY GAMES NOTES

The following is the final list of competitive teams for the forthcoming year.

BASKETBALL: Basketball team under 13 boys, currently seeking a selection panel.

INDOOR SOCCER: Indoor soccer under 10 boys, under selection. Indoor soccer under 13 boys, also under selection.

PROJECT COMPETITION: The following are the team (minimum of 2 maximum of 4 participants) project titles for 2014. UNDER 11: present a project on your county, outlining some of the defining features of the county, its history and any other relevant or pertinent information, ie images, OR Endangered animals of the world, a project based on a species of your choice. THE UNDER 13 TITLE is "The role of the internet", a project based on the history of the net, its development over time and its influences on people in all aspects of life. ie Education, business, social. THE UNDER 16 PROJECT is "Research and discuss the influence pop music and the culture surrounding it has on young people", present a project based on the above statement. For further information on the project competition please email amgcommerce@gmail.com.

Art

Individual art competition for all age groups up to under 16.

GYMNASTICS: Gymnastics for all age groups.

SPORTS DESK

Handwriting competition for under 10 boys and girls.

FACEBOOK: A new facebook page has been added at killarneysouthcommunitygames/facebook .com., so come and add the page and leave your comments. All electronic queries can be forwarded to killarneysouthcommunitygames@gmail.co m. Telephone enquiries to Noreen Cooper 087 674 6189.

KILLARNEY RUGBY CLUB NEWS

FUNDRAISING: We need your help please in raising significant funds before mid-February so we can qualify to make another application for Capital Sports Grant aid for our new grounds project. Amazing work has been done to date. We ask you to please make the supreme effort and ask your contacts in business and pleasure to contribute to our fundraising efforts with a donation of any value. Membership and promotional offers can be included for those who can make a significant donation. If you have collected a subscription for last year, then this year's sub may need to be collected so please follow up asap. Thank you.

Another Auction is planned for next month and any items that can be collected for it please let us know.

OPERATION TRANSFORMATION: Got underway last Tuesday night with a hefty bunch at weigh-in at the Avenue Hotel followed by a walk come jog around a few blocks - Instigated by super-fitness enthusiast Liam McGuire, regularly found on 'Cardiac Hill' at Torc Mountain, a good crowd turned out to support Paudie O'Mahony's cause and for their well-being. Every Tuesday at the Avenue resident's lounge (downstairs) from 7pm while stocks last!

SENIOR CLUB RESULT: MUNSTER JUNIOR CHALLENGE SHIELD 1ST ROUND: NEWPORT 3 KILLARNEY XV 19

- played on a heavy pitch in Tipperary, Killarney's pack powered their way to a good victory. Three well taken tries gave our lads the deserved win. Stalwart Brian O'Sullivan crashed over from Number 8 while seasoned campaigner Eamon McGuire broke from the centre followed by a third by the quick thinking of Shane McSweeney who powered over. The bonus point escaped the visitors who had a comfortable win even thought they had to work hard for it in the conditions. Paudie Sheahan added two conversions.

UNDER 14S WEST MUNSTER LEAGUE – KILLARNEY V KILLORGLIN – Entering the encounter full of eager enthusiasm Killarney were brought back to earth by a powerfully impressive Killorglin side. The home team were completely outmuscled up front bearing witness to the old adage "Forwards win matches and the Backs decide by how much". It was clear from the kick-off that Killarney were facing a formidable obstacle as Killorglin were not only physically strong but technically superb. They put Killarney under pressure in the set pieces and build a solid wall at every ruck. Consequently possession was served up on a platter to their equally competent backline. In response Killarney attacked in ones and twos, sniping here and there but never creating a foothold in Killorglin's half. For all the world it was akin to the cavalry charging a panzer division with depressingly predictable results. Killarney's only reward was a brilliant solo effort from Sean Cahill which afforded them some measure of comfort. It would be unfair, however, not to comment on Killorglin's excellence who, Shannon apart, are the most formidable side we have met thus far this season and are now odds on to claim the League Title. For Killarney its back to the drawing board but this was an unequal contest and hopefully the troops will rally for the remaining fixtures. On a day which belonged to Killorglin the home team's best player was Stephen McKenna who gave a Horation performance in defence and was absolutely outstanding. Next Saturday we travel to Listowel with second place in the League still up for grabs. The bus will depart the ESB Car Park at 9.00am sharp and the bus fare is \in 3. **FIXTURES:** Saturday 18th January - Mini Rugby · training continues at Knockreer from 10:30am to 12pm. We have Munster Branch training instructor and coach Ray Gadsden in attendance to put all grades through their paces, so a tough morning's work is expected. Ideal preparation for the Blitz in Tralee the following week. U14s - away to Listowel as above. Under 18s - we welcome as much support as possible tomorrow morning at Dirreen when Killarney take on the might Sunday's Well of Cork in the 1st round of the Pan-Munster league. This fairly new initiative is a vital competition for our club where they get to play the cream of Munster clubs and get great experience from it. Kick off tomorrow morning is 11:00am and please spread the word. The following week they're off to Waterpark in Waterford and the week after take on Newcastle West. Sunday 19th is a welcome free day for the Senior XV as Munster round off their Heineken Group at Thomond Park with a tricky game v Edinburgh at the early time of 12:45pm and here's hoping they wrap it up with a little pay-back for the early defeat at Murrayfield. Killarney will host top of table side St Senan's of Clare next Sunday so the rest is timely preparation.

For Real Sweetheart Deals this Valentines...

Valentine is on his way... Just 3 weeks to have your say, Book your ad with us today and lots of business will come your way 1









Every Fortnight, The Lee Valley Outlook 6,500 FREE Copies Distributed in the greater Macroom area.



JUST CALL DES m: 087 6593427 t/f: 064 66 70000 | e:killarneyoutlook@outlookmags.com or drop into our office at: 30 High Street, Killarney, Co. Kerry. FEVER PITCH

Deadline: email items before 3pm on Monday Editor: Aisling Crosbie M: 086 0400 958 E: editorial@outlookmags.com

KILLARNEY CELTIC TAKE FINAL LAST 32 SPOT

13'S NATIONAL CUP: Shannon Town 0-7 Killarney Celtic

DALY'S SUPERVALU 13'S PREMIER: Listowel Celtic A 2-3 Kingdom Boys 13 DIVISION 1: Listowel Celtic B 3-0 St Bernards. Inter Kenmare 1-0 Ballyhar Killarney Athletic 4-1 Killarney Celtic B

13 DIVISION 2: Kingdom Boys B 1-2 Fenit. Asdee 3-5 Killorglin B.

Killarney Celtic C 0-3 Camp. Listowel Celtic C 4-2 Park B. Killarney Plaza 15's.

Mastergeeha 5-2 Park A. Kingdom Boys 2-4 Killarney Celtic

DIVISION 1: Castlemaine 2-2 Killarney Celtic B. Killorglin 3-5 Ballyhar.

Camp 8-2 Inter Kenmare. Killarney Athletic B 3-2 Park B. Asdee 1-3 Killarney Athletic A GIRLS 14'S PREMIER: Killarney Athletic 2-3 Listowel Celtic

REPORTS: SHANNON TOWN 0-7 KILLARNEY CELTIC: This game was delayed due to appeals at earlier rounds but thankfully this didn't affect Killarney Celtic who booked their last place in the last 32 with a 7-0 in. Ryan Kelliher led the way with a hat trick. Ryan O'Grady hit two and with Darragh Lyne and Michael Lenihan getting one each it was The Hoops who progress to the Open Draw.

DIRECTIVE TO REDO DRAW: The long running dispute between the DDSL and the SFAI came to a very unsatisfactory conclusion last Saturday at the SFAI Council meeting. Following a directive by the FAI the draw for the last 32 will now have to be re-done to include the DDSL, who redrew their section in mid-week. Council members expressed grave disappointment at this directive but in the end accepted to implement it under protest. The last 32 should be redrawn this week.

MORIARTY'S CENTRA 11'S: There were wins for The Park, Killarney Celtic and Listowel Celtic in Group 1 as they got the better of Kingdom Boys, Killorglin and Inter Kenmare. In Group 2 Camp A got the better of Listowel Celtic B, Killarney Athletic did the same to Park B with Killarney Celtic B also winning in Killorglin. Asdee defeated Killarney Celtic C and Park C pipped Ballyhar in Group 3.

DALY'S SUPERVALU 13'S: There was one game in the Premier and with the top two, Killarney Celtic and Killorglin, not in action Kingdom Boys took full advantage and moved into joint second place with a 3-2 away win at Listowel Celtic. Goals from Leo Gaxha, Nemanja Samardzic and Cody Dauti gave Kingdom Boys the win while a Jack Kennelly penalty and one from Brendan O'Neill weren't enough to give Listowel Celtic anything from the game.

DIVISION 1: With co- leaders St Bernard's surprisingly going down 3-0 to Listowel Celtic this Division has been opened up. Inter Kenmare now top the Division after their 1-0 win over Ballyhar. Tom Murnane got the only goal of the game to give his side a very valuable three points. Killarney Athletic defeated Killarney Celtic B 4-1 and are now only three points off second place. Harry Potts and Eoin Talbot both hit a brace for Athletic while David Cantillon replied for Celtic.

DIVISION 2: The battle between Listowel Celtic C and Camp continues with both sides adding another three points to their total. Celtic have played a game more and now have 18 points from their 7 games thanks to a 4-2 win over Park B. Sean McGrath continued his scoring prowess with hat trick and Tadgh O'Connell added the fourth for Listowel Celtic with Mervyn Shalamba scoring both the Park's goals. Camp are also on 18 points but have 'only' played 6 games. A goal from Sean og Moran and 2 from Chris Kane gave them a 3-0 win away to Killarney Celtic C. Killorglin also won on the road as they took the 3 points home from Asdee. The winners had Jack Carey, Jack O'Leary, Tim O'Shea, Ethan Coffey and Aaron Broderick on the score sheet. Fenit had goals from Jack Falvey and Keavinn McElligott in a 2-1 win to keep pressure on the three sides above them.

KILLARNEY PLAZA 15 PREMIER: Killarney Celtic took a big step towards this title with a win over rivals Kingdom Boys. These sides have had many great battles over the years and on this occasion it was the Killarney boys who prevailed. David Clifford scored twice with Michael Potts and Jack Griffin netting one each for the Hoops. Dillon Robinson got both for Kingdom Boys but it wasn't enough.

15 DIVISION 1: Camp have made it 8 wins from 8 as they proved to be too strong for Inter Kenmare at home. Jack Kennedy, Jimmy O'Grady and Cathal Ferriter all scored two each while Michael Scanlon and Cillian Hennessy also got on the score sheet as Camp reached 24 points. Killorglin were well in the hunt and unbeaten from their 5 games before this series but their title hopes suffered a blow when they dropped their first points of the season in a 5-3 loss to Ballyhar, who themselves are now unbeaten in their 5 games. Niall O'Donoghue and Donnachda O'Sullivan both scored two each and Jake Flynn got one in their win while Patrick Carey 2 and Conor Standen replied for Killorglin. Castlemaine are onto 10 points and remain in 4th after a 2 all draw with Killarney Celtic B who are only a point behind them. Anthony Darmody and Eoin Moynihan (pen) were the Celtic scorers. Killarney Athletic A were 3-1 winners away to Asdee thanks to 2 goals from Adam Dennehy and one from Blake Bolster. Goals from Sean Boyne, Ian O'Shea and Ethan Fleming saw Killarney Athletic B come from behind to beat The Park 3-2 after the Woodlawn side's management gave a 'Jonathan Sexton' style speech at half time.

GIRLS 14 PREMIER: There was one game in the 14 Girls Premier where an Aoife Horgan hat trick saw Listowel Celtic take the three points in a 3-2 win over Killarney Athletic for whom Ellen Coffey and Mairead Lehane scored.

MASTERGEEHA FC

U15 MASTERGEEHA 5 PARK 2: In their first game of the new year the boys had a good win over the Tralee side. Mastergeeha started the better and created a number of chances before Patrick Warren scored in the 20th minute. Mastergeeha added further goals before the break with Patrick Warren and Brian Friel scoring. In the second half the continued to be the better side with Patrick Warren and Brian Friel scoring one each. All played well.

U17 MASTERGEEHA 4 CASTLEGREGORY 0: In the opening half Mastergeeha dominated possession but visitors defence stood firm until the half hour went Paul O'Connor passed to Tadhg O'Mahoney who finished well from the edge of the box. Just before the break Mastergeeha scored again when Andrew Sheehan headed home from a Shane Crowley corner. In the second half Mastergeeha got off to good start when a defender defelected in a cross by Shane Crowely. Mastergeeha further increased their lead in the 70th minutes when Darra Sheehan side footed the ball to the net following a corner. In the closing stages Mastergeeha created further chances. All involved played well.

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 10th January. Numbers draw were 1, 18, 19 & 24. Consolation prizes were €100 Eileen O'Connor, Milleen, Kilcummin; €60 Paul Linehan, Tournanaugh, Gneeveguilla; €30 Lyno, Killarney; €30 Kathleen Ryan, Clydine, Kilcummin; €30 Eva Kruper, Quick pick, Muckross Road. Draw held every Friday night in The Village Inn, Kilcummin. Jackpot now €8,850.

KILLARNEY ATHLETIC A.F.C. NOTES

FIXTURES: KERRY SCHOOLBOYS/GIRLS LEAGUE: Saturday 18-01-2014.

JK SPORTS UNDER 12 PREMIER: Killorglin A v Killarney Athletic A 10.30am.

FOUNDATION SPORTS UNDER 14 DIVISION 1: Killarney Athletic A v Killarney Celtic B 10.30am.

TROPHY WORLD UNDER 16 PREMIER: Park A v Killarney Athletic A 12.00 noon.

TROPHY WORLD UNDER 16 DIVISION 1: Inter Kenmare v Killarney Athletic B 10.30am. GIRLS LEAGUE FIXTURES: Girls Under 10 Blitz 2.00pm. Venue Woodlawn /Killarney Athletic.

DALY'S SUPERVALU GIRLS UNDER 13 PREMIER: Killarney Celtic v Killarney Athletic 12.00 noon.

TROPHY WORLD GIRLS UNDER 16 PREMIER: Killarney Celtic v Killarney Athletic 10.30am Sunday 19-01-2014

INTER COUNTY LEAGUE: Kerry v Cork 2.00pm. Venue Killarney Celtic, Killarney YOUTH'S LEAGUE RESULT: KILLARNEY ATHLETIC 2 DINGLE BAY ROVERS 1

Our lads made the long trip to Dingle on Sunday in what was a top of the table clash. In what turned out to be our toughest game this season we were fortunate to come away with the three points, only for an inspired performance from our goalkeeper Johnny O' Leary we could have suffered a heavy defeat. By no means did we play anywhere near our best football today but the squad is showing great resolve in grinding out results. The lads deserve great credit for battling right to the final whistle and we have now played 9 and won 9 in the League. Goalscorers were Mark O'Shea and Paudie Clifford. UNDER 15: Both under 15 teams played on Saturday last with the A team travelling to Asdee and coming away 3-1 winners with goals from Blake Bolster and 2 from Adam Dennehy. The B team were at home to Park B team and this was a great entertaining match. Park took the lead despite Athletic on top. A half time inspirational speech with mention of a world class grandmother at soccer woke the boys up and Sean O'Sullivan was instrumental setting up all 3 goals with Sean Boyne, Ian O'Shea and man of the match Ethan Fleming scoring. Park got a late consolidation goal to leave the score 3-2. Big thank you to Connie O'Shea, Gavin, Timmy and Pedro for helping out with the team. On behalf of the team, we wish Gavin a belated 40th birthday and get well soon with his back injury. UNDER 13: Killarney Athletic 4 Killarney Celtic B 1. Although Athletic went into the break with 2 goals from Harry Potts Celtic battled back and got 1 just after half time. Game was open until sub Eoin Talbot scored Athletic's 3rd goal and added with a 4th. Celtic were right in it until the 3rd Athletic goal. Apart from scorers Tadgh Doolan deserves a mention for getting on top in middle when it mattered.

ANNUAL STREET COLLECTION: Will be held on Saturday 25th January. If you could help

FEVER PITCH

Deadline: email items before 3pm on Monday Editor: Aisling Crosbie M: 086 0400 958 E: editorial@outlookmags.com

out with an hour or two please contact any club officer.

OLD CLOTHES COLLECTION: There will be a clothes collection on Saturday 25th in Killarney Athletic, Woodlawn. All items can be dropped between 10.00am and 1.00pm. All your old clothing greatly accepted.

TRAINING TIMES: Tuesday: Under 14: 7.00pm - 8.00pm Fossa astro turf.

Senior 8.00pm - 9.00pm Fossa astro turf.

Alreland

Wednesday: Girls: 6.00pm - 7.00pm. Under 13 7.00pm - 8.00pm Fossa astro turf.

Thursday: Under 15: 6.00pm - 7.00pm Fossa astro turf.

Under 16 7.00pm - 8.00pm Fossa astro turf. Friday: Under 11 and 12 : 3.45pm - 5.45pm. Senior 7.00pm - 8.00pm Fossa astro turf,

Academy under 6-10: 5.00pm - 6.30 Fossa astro turf.

MERCHANDISE: Killarney Athletic merchandise can now be ordered on merchandise@killarneyathletic.com

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details. Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

KILLARNEY CELTIC NOTES.

COMMISERATIONS: To Pat McEntaggart and family on their recent bereavement. **CONGRATULATIONS:** To Jason Lyne, who was successfully nominated by Killarney Celtic for a Garda Youth Achievement Award. Well deserved recognition of Jason's enormous voluntary contribution, along with so many other great coaches and trainers, to our underage development programmes.

INTER-LEAGUE GAME: Celtic Park will be the venue for the clash of the Kerry U16's with their Cork counter-parts this Sunday. All welcome.

RESULTS: DENNY PREMIER B: KILLARNEY CELTIC O TRALEE DYNAMOS 4. Dynamos are red hot favourites in the division but Celtic actually put up a great fight in this game, only being thwarted by some great saves by the Dynamos ' keeper.

U17 LEAGUE: Killarney Celtic at home to Park, Saturday, 2.30pm.

U15 PREMIER: KINGDOM BOYS 2 KILLARNEY CELTIC 4. With great displays from Ian O'Callaghan and Cian McCarthy in particular, David Clifford struck twice and goals from Michael Potts and Jack Griffin ensured our victory.

U15 DIV ONE: CASTLEMAINE 2 KILLARNEY CELTIC B 2: A great game by two excellent teams, with Anthony Darmody and an Eoin Moynihan penalty earning Celtic a share of the spoils.

U13 NATIONAL ONE: SHANNON TOWN O KILLARNEY CELTIC 7. Ryan O'Grady hit two and with Darragh Lyne and Michael Lenihan getting one each it was the Hoops who progress to the last 32 and the open draw stage.

U13 DIV ONE: KILLARNEY ATHLETIC 4 KILLARNEY CELTIC 1: The home side were very impressive and fully deserved their win but David Cantillon did manage a great team goal as some consolation for Celtic.

U13 DIV ONE: KILLARNEY CELTIC C O CAMP 3: Our C team put up a great battle but couldn't hold out against a good Camp outfit.

U11 GROUP ONE: KILLORGLIN 1 KILLARNEY CELTIC 2. A Jack McClean goal was enough to separate the sides.

U11 GROUP 2: KILLORGLIN 3 KILLARNEY CELTIC B 4. A brace from Jordan Lee proved vital.

U11 GROUP 3: ASDEE 6 KILLARNEY CELTIC C 1. Celtic put up great resistance and a well-taken goal by Jimmy Aladi was the least they deserved. FIXTURES: MUNSTER JUNIOR CUP:

Killarnev Celtic at home to Douglas Hall. Saturday. 7.00pm.

Denny Premier B: Killarney Celtic B away to Tralee Dynamos, Sunday, 2.30pm.

U17 League: Killarney Celtic away to Fenit, Saturday, 2.30pm.

U16 Girls: Killarney Celtic at home to Killarney Athletic, Saturday, 10.30am.

U16 Premier: Killarney Celtic at home to Fenit, Saturday, 1.30pm.

U16 Div One: Killarney Celtic B at home to Castleisland, Saturday, 1.30pm.

U14 Premier: Killarney Celtic away to Park, Saturday, 1.30pm.

U14 Div One: Killarney Celtic away to Killarney Athletic, Saturday, 10.30am.

U14 Div One: Killarney Celtic C away to Mastergeeha, Saturday, 10.30am.

U13 Girls: Killarney Celtic at home to Killarney Athletic, Saturday, 12 noon.

U12 Premier: Killarney Celtic at home to Listowel Celtic, Saturday, 12 noon.

U12 Div One: Killarney Celtic B at home to Killarney Celtic C, Saturday, 10.30am.

FOOTBALL FOR ALL Killarney Celtic FC Football For All team coaching sessions are taking place every Monday from 5pm-6pm at the Club Vitae Leisure Centre in the Quality Hotel. This is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729.

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility condusive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for +120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981. There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809.

LOTTO RESULTS: Numbers drawn 2, 10, 12, 17. No winner, four x match 3, \in 75 each. Next week's jackpot \in 3800, draw in the Failte on Monday night. Tickets available from all club officers.

LOTTO SELLERS / YEARLY LOTTO: The club is calling on all members to sell at least 5 Lotto tickets. We all saw the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

KERRY SCHOOLBOYS CUP DRAWS

The Evens 1st Round is due to be played on February 8th. JOHN MURPHY 12 S CUP: ROUND 1: A. Killarney Celtic C v Inter Kenmare B

B. Killorglin B v Fenit

C. Camp A v Park C

D. Camp B v Park A

ROUND 2: Inter Kenmare A v Killarney Celtic A

Listowel Celtic A v Kingdom Boys A

Killarney Athletic v 'B'

Killarney Celtic B v Mastergeeha

Killarney Celtic C v 'D'

Ballyhar v 'C'

Park B v Castleisland Listowel Celtic B v Killorglin A

13'S CUP: ROUND 1: A. Killorglin A v Killarney Celtic A

B. Killarney Athletic v Killorglin B

C. Fenit v Kingdom Boys B

D. Kingdom Boys A v Ballyheigue

E. Park B v Mastergeeha

ROUND 2: Killarney Celtic B v Asdee

'D' v 'C'

Killarney Celtic C v Park A Camp v 'B'

'A' v Ballyhar

'E' v Listowel Celtic B

Inter Kenmare v Listowel Celtic A

Listowel Celtic C v St Bernards

TOM HAYSE 14 S CUP: ROUND 1: Killarney Celtic B v Killarney Athletic

Killarney Celtic A v Camp

Kingdom Boys A v Mastergeeha

Killarney Celtic C v Inter Kenmare

Castleisland v Park A

Byes: Killorglin, Park B, Listowel Celtic A.

15 S CUP: ROUND 1: Listowel Celtic B v Killarney Celtic A Inter Kenmare v Kingdom Boys A

Park B v Mastergeeha

Killorglin A v Killarney Athletic B

Killarney Athletic A v Killarney Celtic B

Asdee v Camp

Castlemaine v Listowel Celtic A

Ballyhar v Park A

TUCKER KELLY 16 S CUP: ROUND 1: Listowel Celtic v Killorglin Park B v Park A Killarney Athletic B v Fenit

Castleisland v Killarney Celtic B Mastergeeha v Park C

Byes: Inter Kenmare, Killarney Celtic A, Killarney Athletic A

GAA club call



At the presentation of the Dr Crokes GAA Club Golf Society Golfer of the Year award sponsored by Vincent Casey Life and Pensions were front from left, Denis Coleman (2014 Captain), Vincent Casey, Sponsor, Sean Brosnan, winner and Harry O'Neill (2013 Captain). Back from left are Mike Buckley, John McEnery, Liam Hartnett, Brendan Keogh and Mike Howard. Picture: Eamonn Keogh (MacMonagle, Killarney).

EAST KERRY

By Áine Ní Shúilleabháin PRO

EAST KERRY ALL STAR AWARDS: The East Kerry All Star Banquet and presentation of awards, sponsored by The Kerryman and the Aquila Club, Gleneagle Hotel, will be held in the Gleneagle, on Friday the 17th January. The guest speaker will be Mick Galway and MC for the night will be Kerry GAA PRO, East Kerry's John O'Leary. Tickets are available through clubs in East Kerry and from East Kerry Board Officers. The meal will be served at 8pm. All are welcome.

EAST KERRY UNDER 21 CHAMPIONSHIP: The draw for the East Kerry Under 21 Championship was held last weekend. The competition commences on Sunday the 26th January with one preliminary round game and 3 quarter finals. All games at 2.30pm. First named team has home venue. The draw was as follows: Preliminary round Glenflesk V Firies. Quarter finals Fossa v Kilcummin, Currow V Dr. Crokes, Spa V Rathmore. The fourth quarter final sees the winners of Glenflesk v Firies host Legion.

EAST KERRY SENIOR LEAGUE: The East Kerry Senior League will commence on the 9th February 2014.

EAST KERRY ANNUAL CONVENTION: The East Kerry Board Annual Convention will be held on Thursday the 23rd January 2014 in the Killarney Heights Hotel starting at 7.30pm. There will be a Mass for deceased members before hand at 7pm.

REFEREES IN SERVICE TRAINING: A compulsory referees' in-service course for East Kerry and Kenmare District referees will take place on Monday 20th January 2014 at 7.30pm in Lewis Road.

EOGHAN RUADH: Core Work for Eoghan Ruadh U16 team will continue in Gneeveguilla hall on Tuesday next 14th of January from 7pm to 8pm. Players have a great opportunity to develop their fitness levels over the next 8 weeks. All club coaching officers have been contacted. Regular attendance by players will ensure good results. Dan Cahalane (Templenoe) will oversee the sessions. Further details can be obtained by contacting East Kerry GDA Vince Cooper.

DR. CROKES NOTES

JUVENILE AGM: Was held on Wednesday last with a large attendance, the previous years exploits were discussed and plans put in place for 2014. Pat 0`Shea remains in the position of Chairman and John 0`Shea as Coaching Officer. Secretary Helen Fitzgerald did not seek re-election as secretary and that position will be filled in the coming week. Tributes were paid to Helen for her contribution during her tenure.

ALL IRELAND CLUB S/F: v Castlebar Mitchels on Saturday February 15, Venue and time still to be decided.

GUM SHIELDS: A reminder to all players and parents that from the 1st of January 2014

Deadline: email items before 3pm on Monday Editor: Aisling Crosbie M: 086 0400 958 E: editorial@outlookmags.com

gum shields are now mandatory for players of all ages, whether training or playing matches.

FUNDRAISER FOR SENIOR TEAM TRAINING FUND: Again this year we are running the Allianz National League Challenge which proved so popular last season. We have divided the 32 participants into 6 groups select one team in each group. Entry cost \in 10 with each subsequent entry on the Card \in 5. Cards are available. You may also play it online if you have a Pay Pal account. Entry cards available from usual sources.

LOTTO: The Jackpot of \notin 4,200 was not won on Sunday last, numbers drawn were 1, 3, 12, 21 Match 3 winners received \notin 30. Jackpot on Sunday next will be \notin 4,500.

DATES FOR DIARY: January 22 AGM Clubhouse 7.30pm GOLF SOCIETY Denis Coleman & Tom Looney are Captain &

President respectively for 2014. We wish both every success. **CLOTHES BANK:** There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPCC.

LEGION NEWS

EAST KERRY ALL STARS: Well done to Brian Kelly, Podge O'Connor, Jonathan Lyne, James O'Donoghue and David O'Sullivan who have been named as nominees in a 24 man pool from which the East Kerry All Stars will be selected. The awards

will be announced at the East Kerry Gala Awards night in the Gleneagle Hotel on this Friday January 17th. Tickets available from the club officers.

SPORTS STARS AWARDS The Rentokil Initial Kerry Sport Stars & Special Awards Gala Banquet 2013 will be held in February. This inaugural event will be held in the Malton Hotel Killarney and it promises to be a star studded evening. Our own James O' Donoghue along with Colm Cooper and Donncha Walsh have been nominated in the Footballer of the Year category. More details to follow!!

WELL DONE: To Brian Kelly and Jonathan Lyne who have been part of the Kerry panel who have qualified for the McGrath Cup Final vs Cork in Mallow this weekend. Throw in Sunday 2pm.

EAST KERRY MATTERS The under 21 team open their East Kerry Championship campaign with a quarter final tie against the winners of Firies and Glenflesk. This game is fixed for the weekend of the 1st/2nd February. The East Kerry Superleague kicks off the following weekend February 8th/9th.More details when at hand.

LOTTO: Numbers were 6, 8, 16, 18. No jackpot winner.. 5 x €50 1. Mary C, Bally. 2. Pat Moynihan 3.Jerry Clifford. 4.Donal O'Keeffe. 5. Eileen Lehane. Next weeks jackpot €7800.

KILCUMMIN GAA NOTES

ANNUAL SOCIAL JAN 25th: The club social will be held in the Klub on Saturday Jan 25th commencing at 8pm. Music is by Wallop the Cat and a hot meal will be served. Presentations will be made to club members for various achievements during the year. Tickets are available from club officers at 20 euro.

FLAG DAY: Killarney on this Saturday January 18th. Volunteers are needed to do a short stint for this important yearly fundraiser.

GYM CONCESSIONS: Are available to club members of all ages in the Quality Hotel Killarney. This is a good deal and should be availed of.

EAST KERRY: U-21 championship Q/F Kilcummin v Fossa on Sunday 26th in Fossa at 2.30pm.

SYMPATHY: Sympathy is extended to the families of the following people who were recently deceased. Michael O'Donoghue Coolbane, Michael Moynihan, Tiernaboul and Mick Kissane, Gneeveguilla.

CLUB A.G.M. HELD LAST SUNDAY: A large attendance participated in the AGM outlining the past 12 month's activities, the club finances and the plans for the coming year. Also a fund raiser with very valuable prizes was launched. Tickets are only 10 euro and members are implored to support this effort as every euro made goes towards completing the third pitch this season. Frances Moriarty is taking over as club secretary from Ciara Scanlon as all the other officers remain in place for 2014.








8-Week Makeup Artistry Courses starting February in Caroline Bourke's new makeup studio in Killarney

This course is an B-week course that ensures our students build a foundation for entering the makeup industry.

Caroline and team trains to the highest of standards and have a wealth of experience to give her students.

Learn the flawless face, smokey eye, contouring, 3D dimension makeup for photoshoots, false lashes the classic lash for brides, evening looks, cakeliners and highlighting, beautiful brows, vintage makeup, blending correctly, bridal looks, daytime look and tools of the trade.

Professional makeup brushes designed by Caroline Bourke retailing set of 12 €120.

Coming soon 1 day hd makeup courses & 1 day airbrushing courses.

Contact Caroline Bourke on 086 1941447 for details on booking makeup course.

www.carolinebourke ie Facebook carolinebourke makeup & styling

WOMEN'S BEGINNERS JOG GROUPS Commencing Mon 20th January

6 x week course to get you from zero to 5K! Morning Group-10am meets every Mon & Thurs Evening Group-6pm meets every Tues & Fri Meeting locations will vary weekly so please Contact Edele or 087 7643449 for details & ast

Course includes Starter pack with Jog Schedules, maps, motivations tips & advice & recommended stretches.

Full timetable of Edele's Classes on www.fitnesswithedele.wix.com/healthandfitness including NEW.. Kettlebell classes, Fitness over Fifty Classes, Mid-moming Quick Fix









Heidi Grimwood

Reducing sick days in the workplace.



employees different techniques to help them to tacus an

For more information contact info@heidigrimwood.com



THE NEW YEAR'S RESOLUTION WILL CHANGE YOUR LIFE!

There really is only one thing that has the power to completely transform your life! And this is to do whatever you can to FEEL GOOD! If this seems a little simple to you just take a moment to think about the power that this can have. When you feel good, life will be good! The better you feel, the better life will get! We have all experienced those days when we don't feel good. We may be tired, grumpy, thinking negative thoughts and generally neglecting our health - the result is that we don't feel great and our experience of our life isn't great either as a result!

So from this moment on start to talk about what you **WANT** and not what you don't want. Talk about things that make you feel good, eat things that make you feel healthy and full of energy, move in ways that delight your soul and watch things that uplift your spirits! When you do this one simple thing, everything in your life will get better, whether that's better relationships, health, money, or better circumstances with your job. Nothing in your life can ever improve until you feel better, and when you feel better, everything will improve. Make feeling as good as you can your number one priority for 2014, and it will be the best year of your life

If you would like to know more and feel inspired to create GOALS WITH SOUL come along to my Life Class on Wednesday January 29th at the Meadowlands Hotel (7.30-9.30pm) Only €15.00. Reserve your place NOW!

066 9766374 | life_coachingunlimited @yahoo.ie



Killarney Outlook | Friday 17th January 2014 | Pg38







Pg39 | Friday 17th January 2014 | Killarney Outlook

24 Main St., Killarney. | t: 064 66 32720

ff all Jewellery in Stor

Eating Out... Things to do... Places to go...









operation TRANSFORMATION Recipes



The Ingredients

- 1 eag
- 1 tomato, halved
- 50g mushrooms, sliced
- 1/2 tablespoon olive oil
- 1 slice wholemeal toast
- The Method
- 1. Place oil in a frying pan on a medium heat.
- Lightly fry the egg and the mushrooms.
- Grill the tomato.
- 4. Toast the bread and top with the egg.



Chicken and Lentil Hot Bowl

The Ingredients

- 80g red lentils
- 1 vegetable stock cube dissolved in 600ml boiling water
- 1 carrot, peeled & chopped
- 1 parsnip, peeled & chopped
- 150g turnip, peeled & chopped
- 2 celery sticks, chopped
- 200g chicken, cut into 1 inch cubes

The Method

- 1. Place carrot, parsnip, turnip, celery, stock,
- chicken and lentils in a large pot and bring to the boil.
- Turn down heat and simmer until chicken is cooked and vegetables are soft.
- Serve hot. You can blend the broth if you prefer a smooth soup.



FASTFINDER CLASSIFIEDS

Drop off /Post: Killarney Outlook, 30 High Street, Killarney Ring 064 66 70000

CLASSIFIEDS - BUSINESS ONLY -

COST: Up to 10 words €10 • 10 - 20 words €20 **** No More than 20 words **** DEADLINE IS WEDNESDAY AT 5pm Ring 064 6670000 • Email: outlook@walshcolourprint.com or Post to The Killarney Outlook, 30 High St., Killarney ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL

SOUTHWEST COUNSELLING CENTRE, KILLARNEY

Offers professional, caring, confidential affordable counselling to Children, Adolescents, Adults and Couples. Further info and appointments.

Call: 064 66 36416 Mon to Fri 10am - 5pm

AVAILABLE

Diggers for Hire. Dumpers self hire available - 6 ton and 12 ton. Grass cutting. Call: Ian 087 6304241.

ED 22 MASSIVE FURNITURE SALE

www.ardfertfurniture.com. 20,000 sq ft showrooms. BEDS BEDS, Top quality. Ireland's lowest prices. **Call: 066 7184361**

1813 ED 06 AFSANA TAILORING & ALTERATION

We do all kind of tailoring & alterations. Gents, Ladies, Children Clothing & School Uniforms. Alter & Repairs for Leathers, Fabrics & Wool Etc. High Street, New Market Lane 7, Killarney.

Call: 083 1404514 086 8882760

1082 ED 05 PROFESSIONAL TUTORING

Adult reading help. Evening study help. Give your child a head start. Professional Tutoring in reading, spelling, english and mathematics. All ages.

Call: 087 2979912 for free evaluation. Confidentiality assured.

1091 ED03 SERVICE AVAILABLE

We will sell your stuff on ebay. Call: 089 4366669

1835 ED04 REMOVAL SERVICE

Household, Office, Local, Nationwide. Deliveries anytime 7 days a week. Also, all kinds of clear-outs etc. Call: 087 2600407 or 064 66 31979

10502 SOUL MATES

Love is all there is! Find that special person. For friendship and romance with like minded people in a safe, secure & trusted environment. Call: 087 9216302 / 087 7720250

1838 ED03 CHILDMINDER AVAILABLE

Experienced and qualified, flexible hours. Own car or will mind in own house. Can show certs.

Call: 087 9452429

CLASSIFIEDS - STRICTLY PRIVATE -

COST: Up to 20 words €5 **** No More than 20 words **** DEADLINE IS WEDNESDAY AT 5pm Ring 064 6670000 • Email: outlook@walshcolourprint.com or Post to The Killarney Outlook, 30 High St., Killarney ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL

1079 ED03 FOR SALE

95 Nissan Sunny, 1.4 petrol, NCT until end of March. 102 k miles. Complete with ball hitch and plug. Call: 087 6432803

1080 ED05 FOR SALE

Excellent quality well packed square bales of June hay. Large green bales. Killarney Area. Call: 087 2258756

1837 ED03 FOR SALE iPhones 4, 45, 5. Fully unlocked on any Network. Warranty. Call: 087 3945076

1092 ED03 TO LET

3 bedroomed House in Cahernane Meadows. Fully furnished with all mod cons. Call: 087 6611187

10501 Ed04 HOUSE WANTED

Family looking to purchase detached house in general Killarney area or close to Village or Small Town. No Semis or Housing Estates. Must be new or nearly new, would consider small finishing to new house. Budget €80,000 to €90,000 approx. Quick decision made on right property.

Tel: 087 0645815.

ED44 6342 ACCORD KILLARNEY

Offers professional individual and couple counselling, marital sex therapy, crisis, stress and bereavement counselling. Confidential and affordable. For further information and appointment. **Tel: 064 66 32644**



Memorial Cards

& Acknowledgement Cards

For Samples ring Walsh Colour Print

Tralee Road, Castleisland, Co. Kerry | t: 1800 613 111

COLOUR PRIN

неаітну оитіоок



This is a subject that is often brushed under the carpet in Ireland- a bit taboo but also a large element of 'he should just get on with it' and 'sure haven't we all got problems'. Depression can have a major effect on a person's life-obviously at the most severe there is the devastating outcome of suicide but there is massive range in how a person can experience this very prevalent illness, which occurs in up to 1 in 4 people. It can vary from someone feeling a bit low some of the time to completely losing interest in life and hardly wanting to leave their house. Other common symptoms include a lack of enjoyment of things you used to love doing, low self-esteem, getting irritable/angry easily, feeling guilty or worthless (often for no cause at all) and hopelessness. Sometimes it may only affect a person physically, when you can get aches and pains for seemingly no reason. It can also make you lose concentration, lose your appetite, feel tired all the time, find it hard to get to sleep or wake up early in the morning.

There are several different causes of depression-it can often occur after a traumatic life event such as a bereavement/losing your job-rates of depression usually go up in a recession due to people being out of work and generally struggling with money so it is likely that it has increased here over the past few years. It also tends to run in families, so is more likely if your mother/siblings have suffered from it. But depression can also occur out of the blue, for no reason at all, even to a person who may seem to have no problems at all in life.

The most important thing about all this is that if you, or someone you know seems to be experiencing depression is to try to seek help, even if it is just to talk to a family member or friend. It usually helps to get these feelings off your chest and know that you are not alone. If you would like to find out a bit more about it or to try to help yourself through it a little there are some very good self help guides produced by the NHS in the UK- www.ntw.nhs.uk/pic/selfhelp or www.moodjuice.scot.nhs.uk/depression.asp. If things have got a bit more serious it may be necessary to visit your doctor, as there are many different options for treatment available now.



Dr. Sarah O'Neill General Practitioner Specialises in Womens Health & Paediatrics. The Killarney Medical Centre, 47 New Street, Killarney. t: 064-6620628.



IS COUNSELLING FOR ME?

We can all find ourselves struggling with problems at different points in our lives and Counselling can be a great support during these times. We might be faced with a difficult and challenging situation, perhaps a crisis in our relationship, stress at work or at home or perhaps going through bereavement. We may wish to deal with feelings of anxiety, loneliness or depression or a long-term issue which has its roots in childhood and is affecting our present life. Counselling provides a clear space to do this - offering support and giving us a fresh perspective on things.

Counselling can also be a very important support for young people. In today's society, with all its complexities and challenges, children and adolescents face ever increasing stress and problems. Counselling can offer young people a supportive relationship in times of crisis. It promotes both good physical and mental health and aids the discovery of a more effective way to handle stressful situations. Couples can also benefit from counselling as it affords them the opportunity to look at issues such as communication, dealing with conflict, stress and sexual issues. Whatever your circumstances, counselling can provide a supportive environment to enable you to make the changes you want.

Counselling and Psychotherapy are often used interchangeably and there is no clear difference. Both are Talking Therapies or Psychological Therapies. Some people choose to engage in shortterm counselling, for others more longer term work is needed. This depends on the issues you want to address. Some people may want to make a slight improvement in their lives, others may wish to deal with many issues. Sometimes further issues can emerge as therapy proceeds. There are various different approaches to Counselling/Psychotherapy; including Humanistic and Integrative, Psychoanalytical, Cognitive Behavioural and Systemic Family Therapy. There is no one-size-fits-all-rule and many counsellors use the best from different approaches, depending on the client's issues, the approach of the therapist and the amount of time available.

SouthWest Counselling Centre provides affordable professional counselling to children, adolescents adults and couples - both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre.**

TO MAKE AN APPOINTMENT call **064 6636416** info@southwestcounselling.ie.

Killarney Outlook | Friday 17th January 2014 | Pg42

Appointments :: Notices





Killarney & Gneeveguilla Clinics Killarney Heights Hotel - 2nd Thursday of every month - from 6.00pm to 6.20pm Le Cheile Centre, Gneeveguilla from 6.40pm to 7.00pm

Castleisland Clinic

River Island Hotel - 1st & 3rd Friday of every month - from 6.00pm to 7.00pm

Knocknaskeha, Killarney, Co. Kerry Tel: 087 1308000 Email: cllrjjculloty⊚eircom.net

CIIIr BRENDAN CRONIN

AVAILABLE AT: BALLYHAR, KILLARNEY.

Phone: 064-66-33534 Mobile: 087-2069657

Email: cllrbrendan.cronin@kerrycoco.ie

All queries dealt with in total confidence

Enjoy your break while they enjoy theirs!

The guesthouse for your pet! Curragraigue, Blennerville, Tralee, Co. Kerry info@cozycatbandb.com

086 392 4419



To join our busy food packing department, with immediate start.

Must be diligent, efficient and able to work well in a team, as well as on own initiative. Experience in a similar role essential.

Send CV with references to jobs@iihealthfoods.com

Independent Irish Health Foods Ltd. Baile Bhúirne, Co. Chorcaí

Spiritual Healing

Learn to relax the gateway to healing. Healing opens up the doors to Joy, Peace and Health.

WELCOME TO A FREE DAY OF HEALING & RELAXATION

at the Healing Sanctuary,

TARA POULAWADDRA, TRALEE, CO KERRY Saturday 25th January 2014

TIME: 10.00 - 16.00

Bring Light Lunch & Blanket :: FREE donations accepted if desired

Tel: 085 8120401 Email: imeldamelvin@gmail.com

Healing Sessions available by appointment Mon - Sat

Pg43 | Friday 17th January 2014 | Killarney Outlook

TRADES & SERVICES

TO ADVERTISE CALL Des: 087 6593427 t/f: 064 66 70000

e: outlook@walshcolourprint.com





CAUTION WARNING AT SUNBEAM SCHOONER

The wreck of the schooner, the Sunbeam which was propelled from its sandy grave during the new year storms has become a tourist attraction for locals and visitors alike to Rossbeigh Beach. However, the sand dunes overlooking the historic wreck are in danger of collapse and people are asked to exercise extreme caution when viewing the area.

Photo: Gerry Lillis.

TO ADVERTISE CALL TRADES & SERVICES Des: 087 6593427 t/f: 064 66 70000 e: outlook@walshcolourprint.com



Contact: 086 6088166

Val Moynihan, Rathmore, Co. Kerry. Tel: 064 7758011 M: 087 2315310

Pg45 | Friday 17th January 2014 | Killarney Outlook

026-45649

087-659342

19th FAIRWAY



Pictured at the presentation of the hampers following the recent Hampers Competition in the Ross GC sponsored by the O'Donoghue Ring Hotels were Front (I to r) Eoin O'Donoghue, Tony Lenihan, Jordanas Jonikaitis. Back (I to r) Ambrose O'Donovan, President, Mike Casey, Michael O'Shea, Captain 2013.

MURPHYS BAR GOLF SOCIETY

MURPHYS BAR GOLF SOCIETY AGM: Took place on Wednesday 8th January. With a large group in attendance the following officers were elected. President: Sean Murphy, Capitan: Mike Casey, Secretary: Paudie O'Donoghue, Treasure: Gerry Adams, Ex Officio: Ger Kelleher.

Committee: Con O'Mahony, Podge O'Brien, John O' Shea, Eoghan Donnellan Anthony Walsh, Ger Mornoney.

1st outing is on 22nd February 2014 at 0 Mahony's Point. New members welcome.

ROSS GOLF CLUB NEWS (MENS)

FIXTURE: On Sunday Jan 19th. we will hold an 18 hole single stableford competition. The timesheet is now available in the clubhouse so please add your name to it as soon as possible.

OUR SYMPATHY: Is extended to the family of Mike Doyle, R.I.P. of Aghadoe and Pinewood on his recent death.

ROSS GOLF CLUB NEWS (LADIES)

Let us hope that the weather improves in the coming weeks and we can enjoy playing some golf. On Sunday January 19th there will be a 9 hole club sponsored competition and on Sunday January 26th a Ladies scramble. Entry sheets in the locker room.

RING OF KERRY GOLF CLUB RESULTS

OPEN 2 - BETTER BALL: 1st: JB McCarthy (10) & Joe Harrington (20) - 47pts. 2nd: Mick O'Brien (17) & Eugene O'Sullivan (20) - 42pts **UP COMING FIXTURES:** 18th & 19th January - OPEN 2-Person Scramble event at €20 for visitors. Please book in by calling 064 66 42000

BEAUFORT GOLF CLUB

The AGM of Beaufort Golf Club was held recently and the following officers were elected: Captain: Gearoid Keating, Vice-Captain: Gabhan O'Loughlin, President: Johnny Doolan, Treasurer: Simon Rainsford, Secretary: Michael Lynch PRO: Robin Suter.

GLENEAGLE PITCH & PUTT

By John O'Halloran

We haven't had any competitions for the past 2 Sundays due to the bad weather. This Sunday we will host the Jim Morris Shield competition, draw is at 9.45am. We will have our AGM after the competition at 12.30pm approx in the clubhouse.

DEERPARK PITCH & PUTT CLUB

AGM: We hosted our 41st Annual General Meeting in the Killarney Avenue Hotel last Monday night. After a full discussion on club matters throughout the night the following Committee was elected to serve the club in 2014. Honorary President: Kay O'Sullivan, Honorary Vice-President: Jeremiah Buckley Snr, Chairman: Derry McCarthy, Vice-Chairman: Ger O'Connor, Secretary: Jason O'Connor, Registrar: Sean Kelly, Treasurers: Colm O'Dowd and Damien Fleming, Competition Secretaries: Gerry O'Sullivan and John McGrath, PRO: John Kelly, Juvenile Officers: Michael Foley and Kieran Looney, Gents Captain: Gearoid Cronin, Lady Captain: TBC, Development Officers (formerly Non-Portfolio): Aidan O'Donoghue and Aidan O'Keeffe, Grounds Committee Chairman: Ger Cullinane. Thanks to Daragh O'Keeffe (Outgoing Juvenile Officer) and Sheila O'Donoghue (Outgoing Lady Captain) for their service in the past year. We welcome John McGrath and Sean Kelly back to the Committee and welcome John Kelly on board as our new PRO. Following the Meeting a special presentation was made to Ger Cullinane in recognition of his work on the Grounds Committee in the past year. Finally we would like to thank our hosts on Monday night, the Killarney Avenue Hotel for their hospitality and the finger food served afterwards.

SUNDAY COMPETITION: Unfortunately the weather put pay to last Sunday's planned competition. All going well we will have a competition this Sunday morning again at 10am open to Adult & Juvenile members. Entry \in 3 per player.

CONGRATULATIONS AND BEST WISHES: To our new PRO John Kelly tonight (Friday) as he is inducted into the East Kerry GAA Hall of Fame in recognition of his outstanding service to both Spa and the East Kerry Board down through the years.



Johnathan Sparling (right) winner of Listry Golf Society Matchplay trophy being presented with his trophy by Sean O'Mahony Sponsor (left) pictured with Pat Quirke Captain of Listry Golf Society (centre).



Pat Quirke Captain Listry Golf Society (left) presenting Tadhg Ahern (right) winner of Christmas Hamper. Also pictured is Pat O'Sullivan, President Listry Golf Society (centre).

OUTLOOK RUGBY ROUND UP:

GLOUCESTER 7-20 MUNSTER

Munster have made this season their fifteenth time in qualifying for the knockout stages of the Heineken cup following a hard fought victory over a Gloucester side who dominated possession for vast periods of the game but couldn't crack what was a stern Munster regard in a bid to reverse their poor form of late. The famous Gloucester shed was taken over by the 16th man and Fields of Athenry could be heard bellowing around Kingsholm being orchestrated by what was a determined performance by the Munster men. Led by captain Peter O`Mahony and inspirational leader Paul O`Connell Munster tore into their west country hosts in old style, Munster fashion by laying down a marker up front with ferocious defence and a dominant scrum that was impressive throughout the eighty minutes. Gloucester are a team in transition and where Munster showed experience at crucial periods by getting scores when they had to, in comparison to Gloucester, Gloucester let Munster off the hook in the opening twenty minutes with Billy Twelvetrees missing two kickable penalties when a scoreline of 6-3 may have been the catalyst to a different game.

Following last week's defeat at the hands of Ulster in the rabbo direct pro 12, Rob Penny was always going to change his starting fifteen and there was also the matter of returning Lions trio Connor Murray, Keith Earls and Simon Zebo. Penny resisted starting all three by leaving Simon Zebo on the bench considering he has had very little game time of late following his broken foot back in October, but there was a place for Earls and Murray as well as a Heineken cup debut for Dave Foley. Bj Botha and Dave Kilcoyne returned to the front row to partner Damien Varley who overcame an ankle injury to take his place in the starting fifteen with the aid of a pain killing injection. Despite making a case for the inclusion of Kerry native JJ Hanrahan in the starting fifteen in last week's article, Penny selected the more experienced lan Keatley in what was a brave decision but worked out perfectly as Keatley provided one of his best performances of the season.

In what was was a lively opening to the game with both sides trying to turn the opposition with deft kicks in behind the defence to test out each other in the hope of an early mistake, Johne Murphy nearly got on the end of a neat box kick by the returning Connor Murray only for English international Charlie Sharples gathering the loose ball which prevented the Munster men scoring a definite try. Munster gave up the first scoring opportunity on ten minutes by being penalised at the breakdown allowing Billy Tweelvetree's a very kickable opportunity but the Lions tourist failed to convert the penalty seeing his effort sail wide of the right hand post. After Keith Earls bundling Gloucester full back Martyn Thomas over the sideline Munster applied pressure on the Gloucester line and Keatley was in no mood to miss as he bisected the uprights from the right hand side. Tweelvetree's was given the opportunity to level the scores two minutes later but the English centre one again failed off the tee with what was a very poor attempt. Following a period of sustained Munster pressure, the Gloucester line was finally breached after Keith Earls got on the end of a well timed grubber kick by Keatley allowing the Limerick native to scamper

under the posts for his ninth Heineken cup try . Keatley made it 10-0 by adding the extras. On the stroke of half time Munster conceded a soft score which saw Gloucester utilising the overlap and Charlie Sharples skated over to leave the score at 10-7 after Freddy Burns slotted the conversion having taken over kicking duties from the misfiring Billy Twelvetree`s.

After weathering an early Gloucester storm with Paul O`Connell to the fore with thumping tackles and a vital turnover under his own posts, Munster eventually got out of their own half after a reliving kick from Keatley. With the set piece to the fore throughout the eighty minutes the pack provided the perfect platform for Connor Murray to make a lung busting run deep into Gloucester territory. After intense pressure on the Gloucester line accumulating numerous phases the TMO eventually confirmed Peter O`Mahony had grounded the ball over the white wash and Munster`s lead was now out to ten points with Keatley splitting the posts once again. Keatley finished the scoring with ten minutes left on the clock with his second penalty which meant Munster ran out winners on a score line of 20-7. In the closing minutes Penny emptied his bench which meant a return to action of Simon Zebo who got twelve minutes of action under his belt and he will hope to be involved from the start this Sunday at home to Edinburgh.

Looking forward to next week Rob Penny will surely provide Simon Zebo with a starting berth on the left wing in bid to rack up as many try's as possible if they are to have any hope of gaining a home quarter final. I can't foresee Munster having too many difficulty's this weekend with the only problem facing them maybe be the realisation that the defeat in Edinburgh in round one was one which may cost them a home quarter final. Edinburgh are very average side and if Munster are to have any chance of having a prolonged European adventure this season a statement of intent needs to be sent out this weekend and I fully expect a comfortable Munster victory with the bonus point wrapped up inside the first fifty minutes. Score 35-14.

RUGBY NEWS IN BRIEF:

Leinster and Irish international Sean O`Brien has been ruled out for a further month having to require open surgery on his dislocated shoulder.

Joe Schmidt received a boast over the weekend by return to action of Cian Healy and Rory Best ahead of the schedule and are no longer fitness doubts for the forthcoming RBS six nations.

The return of Zebo and Murray will also help with further options now available to the Kiwi having suffered injuries to numerous players in the November internationals.

Munster A continued their impressive form of late with a bonus point victory over Nottingham with South African Geerhard van den Heever scoring a brace of try`s.

Written by: Brian Mullins Email: bmullins_smc@yahoo.ie



Performing the Brush Dance at the rambling house at The Travel Lodge, Fossa on Saturda night were Back Row L-R Scarlet O'Reilly, Aoife Kissane, Sarah Sheehan, Meave Bellew. Front Row L-R Sophie Vausden, Saoirse Bennett, Jodie Sheehan & Fiona Dineen Picture Marie Carroll-O'Sullivan 087 391 4808

MARGARET'S Ramblings

RATHMORE MARION PLAYERS PANTO 2014:

Our 27th Annual Pantomime -Robinson Crusoe at the Rathmore Community Centre starts on Saturday Jan 26th and the cast are busy with rehearsals at the moment.

The show times are as follows Saturday 26th at 8:00pm Wednesday 30th at 8:00pm, Thursday 31st at 8:00pm, Saturday 2nd of February at 8:00pm.

Matinees are on Sunday 27th and Sunday 3rd at 3pm.

ON THIS DATE:

1649 - Marquis of Ormond James Butler and the confederates sign a peace treaty which grants toleration for Catholics in exchange for troops

1820 - Birth of Anna Bronte, British writer and youngest Bronte sister.

1856 - Death of Joseph Hayden, Irish journalist, dictionary compiler and author of Dictionary of Dates 1860 - Birth of Douglas Hyde, playwright, folklorist, founder of The Gaelic League and the first president of Éire

1863 - Birth of David Lloyd George, British prime minister.

1964 - The Campaign for Social Justice (CSJ) is formed. It is the forerunner of the civil rights movement and begins a programme of publicising what it sees as widespread discrimination, in a number of areas of life, against Catholics in Northern Ireland

2000 - Galway city centre is brought to a standstill as hundreds of student nurses take to the streets to protest at plans to charge them to finish their nursing courses

2000 - A pair of King Billy's gloves, worn during the battle of the Boyne, and the dress worn by Sinéad de Valera at the second inauguration ceremony of her husband, President Éamon de Valera, were companions in The Way We Wore, an exhibition of the clothing and jewellery worn by Irish people from the1760s to the 1960s which opened at the National Museum, Collins Barracks.

2001 - The right of Travellers to pursue their traditional lifestyle on their own land was rejected by the European Court of Human Rights

2012 - Death of the editor of the Sunday Independent, Aengus Fanning originally from Tralee. The 69 year old had been suffering from cancer.

EVER HEARD OF FOUR THIEVES CLEANER?

Four thieves concocted this recipe during the great Plague in France, so they could safely rob the dead without getting infected. It worked and they grew rich. When they were finally caught, they plea bargained to be given a merciful death in exchange for sharing the recipe!

The Recipe:

1 teaspoon each of clove, nutmeg and cinnamon; powdered

2 teaspoons each rosemary, sage and peppermint; dried

2 teaspoons crushed garlic

4 cups cider vinegar

Put the ingredients in a tightly covered glass vessel and leave in strong sunlight for 15 days. Strain and bottle.

Use to clean surfaces and counter tops around the house.

LIBRARY'S OF THE FUTURE?



A new library in San Antonio doesn't have a single printed book on any of its shelves.

The Bexar County Digital Library is North Americas first bookless public library and it's home to 10,000 titles, all of which are accessible through its 600 e-readers, 48 computer stations, 10 laptops, and 40 tablets. The library has already signed up 10,000 registered

users in its first three months of operation and is on track to surpass 100,000 visitors in its first year.

For the people of San Antonio's South Side neighbourhood, the library's free access to electronic devices is more than a novelty-it's an opportunity for radical social growth.

Despite San Antonio (Spanish for "Saint Anthony") being the seventh most populous city in the United States of America and the second most populous city in the state of Texas, it ranks 60th in literacy among the nation's large cities. South Side is populated by low-income apartments and lacks a single commercial bookstore. Many families lack Internet access. The library's digital mission is to provide all residents with the chance to enhance their education and literacy.

The question remains of how the electronics will be disposed of once they've outlived their usefulness. Ewaste is a growing global issue, with an array of devices finding their way to third-world dump sites. Burned and pulled apart to extricate their valuable internal metals, cast-off tablets and laptops play a significant role in creating environmental toxicity and human health hazards.

ARE YOU FINDING LIFE MONOTONOUS?

Thoughts pass in and out of our minds all day, but how many of them actually stick with us? How often do you take the opportunity to sit down and think about the beauty of life, the world, the universe, without any bells and whistles clogging your thought processes?

Why is it that we, as a general society, don't think about things as deeply as we could? Is it because we have the Internet, so we foolishly think we know everything? Is it because we are driven to try to become more and more comfortable and the act of profound thought is sometimes harsh and distressing? With machines doing most of our tasks and thinking for us, we have to push away complacency and throw ourselves into the art of Contact: Margaret **086 164 8542** islagrantno1@eircom.net



When you really think about it, do you allow yourself to truly think on a regular basis? In the modern age of facebook, tweets, and the 24 hour news cycle, how much do you really stop and contemplate? How often do you have creative thoughts or ideas? In this age of technology, you might not be as creative or mentally present as you once were.

• Expose yourself to art. Timeless novels, opulent operas, contemporary ballets – art is meant to make you think. It brings you on a journey into a state of empathy and consciousness you otherwise might never experience. Go to a museum, see a concert (no, a One Direction concert doesn't count), read a classic novel. Immersing yourself in the creativity of others will help you to become more creative and openminded in your own life.

• Embrace silence. Don't just turn the television on when you get home from work or spend your evening perusing other peoples' Pinterest walls. Silence is a rare and beautiful thing. Cut the visual and audial pyrotechnics for a night and find out what you are drawn to. Perhaps you'll enjoy your dinner a little bit more. Perhaps you'll pick up that old tome you've always meant to read. Perhaps you'll discover a new hobby entirely. Distractions discourage creativity, so shut down your electronics for the evening and get reacquainted with your unplugged self.

• Be in nature. Go back to your roots. Literally, the roots in your back garden or nearest nature preserve. When the weather gets better sit under a tree and just be. Hear the birds chirping, watch the stars develop at dusk. If you are a little more adventurous, take a trip into the wilderness and feel the bonds of constant societal distraction slide off your body.

Don't let winter stop you. Even a stroll through the park can put everything into perspective.

THIS WEEKS QUOTE:

Tell me and I'll forget; show me and I may remember; involve me and I'll understand - Chinese proverb.

THIS WEEKS GOOD NEWS:

A stray cat that adopted a neglected day-old puppy has helped an Ohio animal rescue win a \$25,000 grant from the Petco Foundation.

Lurlene and Noland's story began in June when a humane officer investigating a report of animal neglect found a new born puppy covered in flies alone in a garage.

The tiny pit bull puppy was taken to Cleveland Animal Protective League where shelter workers named him Noland and placed him with Lurlene, a rescued cat that had given birth to four kittens two days earlier.

Lurlene welcomed Noland into her family, nurturing and nursing him as if he was one of her own.

Noland's mother, Molly, was found the next day chained in the home, but she was too emaciated to care for her puppy, so shelter workers nursed her back to health. Noland stayed with Lurlene and her kittens in a foster home and despite the concerns of the shelter workers that Noland would get to be too big and rough for his less robust feline family, Lurlene had things under

Contact: Margaret 086 164 8542 islagrantno1@eircom.net

MARGARET'S Ramblings

control and it didn't take the kittens long to learn how to put him in his place and Noland blended in with the family so well, he was even found using the litter box a few times.

Noland was eventually placed in a foster home with a litter of puppies where he learned to act more like dog. When Molly recovered, she and Noland were reunited for play sessions until Molly was adopted.

Lurlene and her litter of kittens were returned to the shelter where they were all adopted.

CHILDREN POWER THEIR SCHOOL BY RUNNING UP AND DOWN THE HALLWAY:

The Simon Langton Grammar School for Boys outside London is harvesting kinetic energy from foot traffic to power its corridors and classrooms.

Twenty-four energy-harvesting tiles, covering about 16 feet, were installed in a hallway in the school last September, allowing students to help create clean, offthe-grid power by walking, running, and sometimes jumping all over the floor.

Each step creates between one and seven watts, depending on the strength of the footfall. The students' energy is used to help power on lights and interactive learning displays, as well as charge their electronics. The tiles, which are made partially from recycled rubber, are the creation of Laurence Kemball-Cooke, founder of the sustainability start-up Pavegen. Pavegen tiles were also tested in a London underground station during the 2012 Olympics and at a marathon track in Paris.

The founder of the company hopes that his tile system is scalable, eventually becoming a source of energy for city street lights and subway stations.

AUTHOR OF THE 'HARRY POTTER' SERIES IS NO LONGER IN THE BILLIONAIRES' CLUB – THANKS TO SIMPLY BEING AN INCREDIBLE PERSON:

46 year old J.K. Rowling, the woman who weaved together the magical world of Harry Potter (netting her an estimated \$1.6 million every day), last year was recognised as the world's first female billionaire novelist is no longer a part of the billionaires' club.

It's not that the world is no longer in love with allthings Harry Potter (the brand itself is estimated to be worth more than \$15 billion), but Ms. Rowling's charitable giving and taxes have knocked her back into the millionaires' club.

Ms. Rowling who is estimated to have spent \$160 million

in charitable giving from the beginning has made giving back a priority for her wealth.

"You have a moral responsibility when you've been given far more than you need, to do wise things with it and give intelligently," she said in a past interview.

That giving includes supporting organizations linked to poverty, multiple sclerosis, children's welfare and illiteracy. Three books that she has written for charity – "Fantastic Beasts and Where to Find Them," "Quidditch Through the Ages" and "The Tales of Beedle the Bard" – have raised almost \$30 million for various initiatives.

New projects on the ladies horizon include the public opening of Pottermore (aka, Harry Potter online), and a new "mystery" novel aimed squarely at adults.

INDOOR PLANTS IN HOME AND OFFICE COUNTER POOR WINTER AIR QUALITY:



Winter is the worst time of year for indoor air pollution problems since most homes don't get fresh air, and people spend more time inside.

The Environmental Protection Agency recently noted that "In the last several years, a growing body of scientific evidence has indicated that the air within homes and other buildings can be more seriously polluted than the outdoor air-in even the largest and most industrialized cities."

All plants add oxygen and create a healthier indoor environment and in addition, some plants provide the added benefit of removing toxins from the air.

Why not try the following plants in your home to provide oxygen and remove toxins:

• Ivy – likes indirect light, to be evenly watered, and doesn't mind drying-out occasionally.

• Spider plants – are great pollution fighters that are easy to grow in moderate light, and they attract few insects.

Peace Lilies – are easy to care for, should be kept moist, and will wilt when they need to be watered.
Ferns – need medium or bright indirect light.

For those who want some colour around the house, chrysanthemums and Gerber daisies are flowering plants that clean the air while they are flowering, but they eventually need to be discarded, whereas most green indoor plants can last for years. Aside from our homes, many of us spend the majority of time at the office. The suggestion is that companies place plants in the work place to improve the air quality along with employee health and morale. Some of the most popular indoor plants for the office are Peace Lilies and philodendrons. Many offices opt for a large quantity of plants in a public area, but you can also keep one or two smaller plants on your desk or office to aid in cleaning the air in your direct area.

WHATS YOUR EXCUSE?

Do you send in your tax returns on time? Not everyone does and the following is a list of Britain's tax office's top 10 oddest excuses for appealing the fine for sending in a late tax return:

1. My pet goldfish died (self-employed builder)

2. I had a run-in with a cow (farmer)

3. After seeing a volcanic eruption on the news, I couldn't concentrate on anything else (London woman) 4. My wife won't give me my mail (self-employed trader) 5. My husband told me the deadline was 31 March and I believed him (hairdresser)

6. I've been far too busy touring the country with my one-man play (writer)

7. My bad back means I can't go upstairs. That's where my tax return is (a working taxi driver)

8. I've been cruising round the world in my yacht, and only picking up post when I'm on dry land (South East man)

9. Our business doesn't really do anything (financial services firm)

10. I've been too busy submitting my clients' tax returns (accountant).

FINALLY THIS WEEK:

In the early 20th century, the United States found itself in a meat shortage. A growing human population, along with the loss or extinction of native game, pushed dreamers and schemers to envision new sources of meat.

One such dreamer, a certain Frederick Russell Burnham, came up with the idea of importing hippopotami (along with some other exotic animals) from Africa.

And notables such as President Theodore Roosevelt and the U.S. Congress took the idea seriously. One congressman, Robert Foligny Broussard, went so far as to introduce H.R. 23261, actually known as the Hippo Bill, "to appropriate \$250,000 for the importation of useful new animals into the United States." He believed that, besides introducing "hippo bacon" into the national diet and alleviating the meat crisis, introduced hippo populations would solve an ecological crisis in his home state of Louisiana by eating up invasive water hyacinth.

Ultimately the plan never got off the ground. Instead, other schemers pressured Congress simply to convert more land to beef-friendly pastures.



Bishop Visits Firies and Ballyhar



Bishop Ray Browne visited the parishes of Firies and Ballyhar at the weekend pictured with the Bishop are Fr. Tadhg Doherty, P.P. and Jerry Buckley, Sacristan in Ballyhar Church.



On his recent visit to Ballyhar Church, Bishop Ray Browne is pictured with Fr. Tadhg Doherty and members of the congregation including Bob O'Connor, Dermot O'Mahony, Jerry Buckley, Kieran O'Mahony, Patrick O'Connor, Eileen and John O'Mahony.



Pictured with Bishop Ray Browne on his recent visit to Ballyhar Church was Helen Moynihan.

Killarney Outlook Notices

To assist you in choosing the perfect prayer, whether it is remembering a loved one, acknowledging a death, remembering the birthday of someone special who has passed away or a prayer of thanksgiving, Killarney Outlook offer you the following choices:

Sample Prayers



If you wish to place a notice in the Killarney Outlook, please call to our office at 30 High Street, Killarney before 12 noon on Wednesdays. Would you like to place a Memorial, an Acknowledgment, a Birthday remembrance or Thanksgiving prayer in our Magazine? Call into the office at 'The Killarney Outlook', 30 High Street, Killarney T/F: 064 66 70000 E: killarneyoutlook@outlookmags.com

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within Your own heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.

THANKSGIVING

May the Sacred Heart of Jesus, be praised, glorified and adored throughout the whole world now and forever more.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received. **x**

HOLY WATER A MEANS OF SPIRITUAL HEALTH

HOLY WATER is a Sacramental that remits venial sin, because of the blessing attached to it, Holy Church strongly urges its use upon Her Children, especially when dangers threaten, such as fire, storms, sickness and other calamities.

Every Catholic home should have always in it a supply of Holy Water.

WE DO NOT TAKE ADVANTAGE OF THE BENEFITS DERIVED FROM HOLY WATER. LET US CULTIVATE ITS USE.

UNTOLD Spiritual Wealth is concentrated in a tiny drop of blessed water. AND WE GIVE IT SO LITTLE THOUGHT.

PRAYER TO SAINT JOSEPH OVER 1900 YEARS OLD

O St. Joseph whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires. O St. Joseph do assist me by your powerful intercession and obtain for me from your Devine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your Heavenly power I may offer my Thanksgiving and Homage to the most Loving of Fathers. O St. Joseph, I never weary contemplating you and

Jesus asleep in your arms. I dare not approach while He reposes near your heart.

Press Him in my name and kiss His fine Head for me, and ask Him to return the Kiss when I draw my dying breath. St. Joseph, Patron of

departing souls, pray for us. Amen. Say for nine consecutive mornings for anything you may desire. It has seldom been known to fail.

NOVENA TO THE SACRED HEART ST JOSEPH, PADRE PIO, ST ANTHONY, ST THERESA & ST JOSEPH OF CUPERTINO

NEVER KNOWN TO FAIL You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I belive in your power, I belive in your knowledge, I belive in your perfect love for me

belive in your perfect love for me and therefore I place all my trust in you. Our father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

NOVENA TO THE SACRED HEART

You have said 0 Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an

unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge I believe in your personal love for me, and therefore O Sacred heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days. Must promise publication.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle. Pray, whether you believe or not. Publish on the 9th day. May the Sacred Heart of Jesus be praised, adored & glorified today and always. Request will be granted no matter how impossible it may seem

K.M.H.

Publication must be promised.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. **A.M.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. **R.M.C.A.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. **S.O.S.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. **S.O.S.**

NOVENA TO THE HOLY SPIRIT

O Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things

you given me as you confirm once again that I never wanted to be separated from you in spite

of all material illusions. I wish to be with you in Eternal Glory. Thank you for mercy

towards me and mine. This prayer must be said for three days, after three days the favour will be granted.

P.O.D.

Killarney To advertise call: DES 087 6593427 t: 064 66 70000 e

t: 064 66 70000 e: outlook@walshcolourprint.com

nobody comes close

10,000 COPIES



KILLARNEY

Enrolment remains open for the following courses. Enrol online at

COMMUNITY COLLEGE

www.killarneycommunitycollege.com or contact the Adult Education Office (064) 6632008

THURSDAY

- Introduction to Digital Photography
- **BTEI COURSES**
- Healthcare Support Fetac Level 5 Full Award
- Challenging Behaviour Fetac Level 5: Component Certificate
- (In order to qualify for this course a person will need to have Healthcare Support Fetac Level 5).

Acrylics for Beginners

Project Maths

Fees: Fees must be paid in full before beginning classes. All course fees are receipted. Cancelled Classes: Refund of fees is made *only* where classes are cancelled due to insufficien: enrolment numbers.