



OFFICES IN CASTLEMAINE, DINGLE & KILLARNEY FOR YOUR SERVICE IN PRIVACY

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BUDGET 2016: THE MAIN HEADLINE ITEMS-

- Major USC cuts for workers & bottom 700,000 earners now taken out of USC net completely. Entry threshold up from €12,012 to €13,000. 1.5% rate down to 1%. 3.5% rate down to 3%. 7% rate down to 5.5% up to €70,000.
- Commitment to abolish USC in multi-annual reductions.
- Minimum wage to increase from €8.65 to €9.15.
- 2016 Lansdowne Road pay increases provided for.
- Child Benefit up again by €5 to €140 per child per month.
- Free pre-school for all children from age of 3 to 5 ½.
- Free GP Care to be pursued for all children under 12. Recently made available up to 6.
- New 2 week Paternity Benefit for new fathers from September 2016.
- Pensioners and Carers aged 66 and over up €156 per annum (€3 per week).
- Christmas bonus tripled to 75%.
- Respite Care Grant restored to €1,700.
- Carer's Allowance to be paid for 12 weeks (currently 6 weeks) after the death of the person being cared for.
- Fuel Allowance increased from €20 to €22.50 per week.
- Free Travel protected and increased by €3 million.
- €130 per annum (€2.50 per week) increase in top-ups for participants of CE, RSS, Gateway, Tus, JobBridge and Job Initiative.
- Home Carer Tax Credit up €190 to €1,000.
- Local Property Tax revaluation date postponed from 2016 to 2019.
- Pension Fund Levy Ended from December 31st.
- Pupil Teacher Ratios Reduced 2,260 new teachers including 600 resource teachers.
- €28.5 million for School Minor Works in the coming weeks and €80 million for Summer Works in 2016 & 2017.
- 600 new Garda recruits.
- Increase in Ambulance Service staff.
- €900 million extra for Health Services in 2016 on Budget 2015.
- Earned Income tax credit of €550 for self-employed, including farmers, with no PAYE credit. This is the first step towards equalisation with PAYE workers.
- Sheep fencing added to the TAMS 2 scheme.
- Tax credit of €5,000 per annum for five years for farmers in family transfer partnerships.
- Capital Acquisitions Tax-Free threshold for transfers from parents to children up from €225,000 to €280,000.
- Capital Gains Tax for business reduced from 33% to 20% up to €1 million cap.
- Three year tax relief scheme for start-ups continued to 2018.
- Reduced rate of 6.25% Corporation Tax for R&D innovation.
- Motor tax reduced for commercial vehicles & HGV's to a maximum €900, down from €5,195.
- No increase in fuel, alcohol or private motor taxes. 50c on 20 cigarettes.
- Reduced 9% VAT rate for tourism kept in place.
- In 2010, the deficit was 30%. In 2016 it will be 1.2%.

A PROGRESSIVE BUDGET TO STRENGHTEN RECOVERY FINE GAEL

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Friday 16th - Thurs 22nd Oct 2015	
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Killarney Outlook







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NEW ERA AT CULLINA NS

There were celebrations all round on Friday last as the culmination of lots of hard work came to fruition with the opening of a new extension to Cullina National School.

Mr Arthur Spring T.D. officially opened the additional accommodation extension to the Beaufort school which consists of an Atrium, a mainstream classroom to replace a prefab, a multi-sensory room for the children in the school especially those in the ASD Units and a Resource/Learning Support room.

"It was a memorable day for everyone concerned and marked the end of an era for temporary pre-fab accommodation and the introduction of a building which is spacious and bright and conducive to good learning", school principal Moira Cronin told the Killarney Outlook.

"We are very lucky where we are situated", she added as this new classroom looks out onto a panoramic view of the McGillycuddy Reeks".

Present at the Opening were Mr. Arthur Spring T.D., Mrs Moira Cronin Principal of Cullina N.S., Mr Griffith J Griffiths Chairperson Cullina Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com



DEPUTY ARTHUR SPRING TD OPENING THE NEW EXTENTION AT CULLINA NATIONAL SCHOOL, BEAUFORT WITH MOIRA CRONIN PRINCIPAL, GRIF GRIFFITHS CHAIRMAN BOARD OF MANAGEMENT, STAFF MEMBERS PARENTS AND FRIENDS ON FRIDAY.

N.S., Rev Fr Fergal Ryan P.P. Beaufort Parish, Mr Rory McGillycuddy and Mr Davide Mosca Architects, Engineers & Project Managers, Killegy Construction Ltd., Building Contractors, Mrs Mary McMahon S.E.N.O. (Special Education Needs Officer)

"Long gone are the days where the children would remember long dark corridors and

boring text books and in their place we have bright colourful classrooms full of light and space and a curriculum that is child-centred and open-minded and considers all children as equal", said Principal Cronin. Ní neart go cur le chéile.



Pupils from Cullina National School celebrating the opening of the New extention at the School on Friday.



Pupils of Cullina National School David and Kieran at the opening of the new extention at the School.



Deputy Arthur Spring TD who officially opened the new extention at Cullina National School, Beaufort with Moira Cronin Principal on Friday.

BELIEVE IN THE MAGIC OF CHRISTMAS...

Muckross is where the magic takes place this Christmas as the Mucklorians eagerly await the arrival of Santa. On November 28th, the man himself will arrive in Muckross with his elves, to celebrate a very special year.... as it is 100 years since the Mucklorians saved Christmas. In 1915, the Spirit of Christmas was threatened due to a shortage of Mican, the magic dust that makes Christmas happen, but, after a worldwide search, Santa's chief elves discovered a supply of Mican in the heart of Muckross! Santa is inviting all the boys and girls to come and celebrate the Spirit of Christmas at Muckross. The Gatekeeper will check your tickets on arrival and send you on your magical journey. Travel down Christmas Avenue to the Mucklorian Mining Village on a horse-drawn carriage. Gaze in wonder at the enormous Christmas tree and watch the blacksmith send sparks into the winter air. Explore the village where the Mucklorians live, check under their beds to see if it's clean. Make sure your letters are ready for the Santa's Post Office and get



them stamped and filed. Meet Mrs Claus for storytelling as you sip hot chocolate. Count the parcels with the Elves and stir the cookie bowl in the elves' kitchen, all before your special meeting with Santa.

Tickets are no on sale on www.muckross-house.ie

for the following dates:

November 28th & 29th, Dec 5th & 6th, 12th & 13th, 19th & 20th. For further information, see www.muckross-house.ie/muckross/muckross-christmas-magic/.

www.facebook.com/muckrosschristmasmagic

LIBRARY TO HOST LITERARY SHORTS

Killarney Library is once again pleased to host an event as part of Kerry Film Festival 2015. On Thursday 22nd at 6pm "Literary Shorts" is a series of short films with a literary theme. Kerry Film Festival is an internationally recognised film festival which takes place each October. Presenting outstanding short and feature films, plus a unique film score programme the festival celebrates emerging filmmaking talent, introduces filmmakers to the industry at large, and creates new film experiences for audiences.



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KERRY DEPARTURES

5.45am	Dingle (29th November / 5th December only)		
6.00am	Killorglin Church		
6.30am	Rathmore (29th November / 5th December only)		
6.30am	Tralee (Outside the Bus Station)		
6.30am	Kenmare Square		
7.00am	Killarney, O'Callaghan Coach Holidays Base		
7.00am	Farranfore (across from Ulicks)		
7.10am	Castleisland (across from Lidl)		
7.25am	Abbeyfeale Square		
	BOOK		
	D - III		

FOR FURTHER

INFORMATION CONTACT O'Callaghan Coach Holidays, Rockfield, Tralee Road, Killarney, Co. Kerry, Ireland. • T: (064) 6631095 E. info@ocallaghancoachholidays.ie W: www.ocallaghancoachholidays.ie

ONLINI

KILLARNEY ROTARY AFTERNOON TEA AT THE MALTON

Killarney Rotary Club hosted its sumptuous annual afternoon tea at The Malton last Saturday, with ladies – and gents – of all ages out in force to enjoy the event and support a very good cause.

The seventh annual event, organised in aid of the Killarney branch of the Society of St Vincent de Paul, incorporated a fashion blitz and raffle, all in aid of the chosen charity.

Clodagh Irwin-Owens, who won the soughtafter title Kerry Fashion Designer of the Year 2012 at Kerry Fashion Weekend, displayed her latest designs, while autumn/winter fashion courtesy of Paco, at the Killarney Outlet Centre, also took centre stage on the catwalk. In addition, the fashion blitz showcased jewellery by Brian De Staic.

An exciting raffle also took place on the day and Killian Foley volunteered his time and expertise as DJ, with the models also all volunteering their time. "The Killarney Rotary Afternoon Tea at The Malton was, as always, a sell-out success," said organiser Ciara Irwin-Foley of Killarney Rotary Club. "We would like

to thank all who supported the event. All the raffle prizes are donated and we would like to thank all involved for their generosity. We are already planning and looking forward to the



THE O'SULLIVAN LADIES ENJOYING THE ROTARY CLUB AFTERNOON TEA & FASHION SHOW AT THE MALTON HOTEL L-R ELAINE, NICOLA, AMY & JULIE.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE MALTON HOTEL FOR THE ROTARY CLUB AFTERNOON TEA & FASHION SHOW WERE L-R TERESA O'BRIEN (DISTRICT AG), CIARA IRWIN-FOLEY, PRESIDENT JOHN O'SULLIVAN & MARIE KEHOE-O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

2016 afternoon tea."

Killarney Rotary President John O'Sullivan, Rotary Ireland assistant governor Teresa O'Brien and Margaret Cremin and her team



ENJOYING A GLASS OF BUBBLY AT THE MALTON HOTEL FOR THE ROTARY CLUB AFTERNOON TEA & FASHION SHOW WERE L-R DENISE MCCARTHY, MARIE KEHOE-O'SULLIVAN, PRESIDENT JOHN O'SULLIVAN, JACKIE KEHOE & DEBORAH WYNNE. PICTURE MARIE CARPOLL-O'SULLIVAN 087 391 4808

from the Killarney branch of St Vincent de Paul were also key to the event.



PICTURED AT THE MALTON HOTEL FOR THE ROTARY CLUB AFTERNOON TEA & FASHION SHOW WERE VOLUNTEERS OF OUR LOCAL ST VINCENT DE PAUL L-R MARIAN O'CONNOR, JOAN DENNEHY & MARIE MURPHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

ACTIVE RETIRED TO GIVE IT A GO

Motorcycling, surfing, abseiling and mountain biking are just some of the activities on offer at the Give it a Go event taking place in Killarney this June.

Emmy nominees Baz and Nancy Ashmawy, from the hit series 50 Ways to Kill Your Mammy, officially launched Give it a Go at the Active Over 50's show in the RDS on Friday.

Organised by Active Retirement Ireland and The Gleneagle Hotel, Give it a Go takes place over four days from June 13th to 16th and celebrates ageing and the freedom and opportunities retirement has to offer.

Attendees will have the chance to try out a huge range of activities as well as attending seminars on subjects as varied as social media and craft beer tasting. And after a lengthy day of action and adventure, there will be live entertainment into the small hours.

"This event is all about taking control of your retirement, trying new experiences, acquiring new skills, making new friends and ensuring life doesn't stop at sixty," says Martin Brett, Deputy Manager of The Gleneagle Hotel and Give it a Go's Event Director. "Our aim is to celebrate ageing and who better that Baz and Nancy to inspire us to do so."

FROM LEFT: CLIO O'GARA GLENEAGLE GROUP, NANCY ASHMAWY, CARA FULLER, BAS ASHMAWY AND MAUREEN KAVANAGH CEO Active Retirement Ireland. Gleneagle Group. Pic: Marc O'Sullivan



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Killarney Outlook



ÓGRA BEO - BISHOP LAUNCHES NEW INITIATIVE

Ógra Beo, an exciting new initiative for youth was launched by Bishop Ray Browne this weekend in the Diocese of Kerry. Ógra Beo is a faith based parish programme for post primary young people. It is a response to the concern expressed by parishes about the lack of involvement of young people and it is a resource for parishes as they reach out to young people. Prompted by the words of Pope Francis "young people are the windows through which the future enters the world. This means that we have to create the material and spiritual conditions for their full development" Ógra Beo will help create a sense of welcome and belonging for young people in our parishes. It will also enhance their lives of prayer and worship, provide opportunities for them to understand and live their faith and encourage them to reach out to people who are in need both locally and globally. Ógra Beo is an opportunity for young people to participate in training workshops which will include: getting

involved in the parish, learning to work as a team, developing leadership skills, prayer and reflection, meeting friends and having fun. Having participated in the training workshops young people will be enabled to identify and carry out an action in response to a need in the local parish. On completion of the Ógra Beo



BISHOP RAY BROWNE WITH BERNIE MCCAFFREY, KEVIN LAVERY, KIAH DOONA, JANE MCGILLICUDDY, KAMIL KUNICKI AND CAROL HICKSON

programme parishes will acknowledge and celebrate the commitment and gifts of young people. Following this launch, training with Adult Leaders from around the diocese begins in Killarney on Thursday the 22nd of October. These adults will engage with young people at parish and pastoral area level. All parishes are invited to participate and all young people will be welcomed into groups.

Ógra Beo is coordinated by the Diocesan Pastoral Team and will provide training and a Resource Pack for adult leaders in local parishes. Safeguarding Children policies and practices will be fully integrated into the delivery of this programme.

LIGHTS, CAMERA, ACTION FOR KERRY FILM FESTIVAL



MINISTER JIMMY DEENIHAN PICTURED WITH ROISIN MCGUIGAN, ARTISTIC DIRECTOR OF THE KERRY FILM FESTIVAL AT THE PREMIER.

A packed cinema attended the Kerry Film Festival hosting of a parallel premiere of THE LOBSTER at Killarney Cinema last Thursday night.

In conjunction with Element Picture and the Lighthouse Cinema in Dublin the event launched this year's film festival. Many of those attending either appearing in the film as extras or working behind the scenes, and special guest for the night was Killarney man Mike Hayes who worked as part of the Directing Team in the role of 3rd Assistant Director. A premiere outside Dublin is rare, so this really was a landmark event for Kerry Film Festival and a great way to kick of the 2015 programme. This year's film festival will take place from 21st to 25th of October and whilst events take place countywide, Killarney will host the majority of the events this year. A packed programme has been planned with a record number of short films vying for selection, a testament to the vibrancy and success of the festival, which is now in its sixteen year.

Once again this year the festival will present outstanding short and feature films, plus a number of unique film events. The festival celebrates emerging filmmaking talent, introduces filmmakers to the industry at large, and creates new film experiences for audiences. The opening ceremony will showcase films made by local filmmakers in the "Made in Kerry" section. The following evening will see the premiere of the feature film THE GIFT shot in Killarney and the surrounding hinterland last year with many locals featuring as extras and directed by local filmmaker Damian O'Callaghan. On Friday 23rd in the beautiful location of St. Mary's Church of Ireland, internationally renowned DJ Radiomentale will perform a unique live set which will form the backdrop to the Buster Keaton all time classic, THE GENERAL.

The food and film event sees the iconic Spencer Tracy & Katherine Hepburn star in GUESS WHO IS COMING TO DINNER at one of the satellite venues, Sol Y Sombra in Killorglin. Look out too for events in Muckross Schoolhouse, Killarney Town Centre, Killarney Library and the Dept of Arts, Heritage and the Gaeltacht.

The culmination of the festival will be on Sunday evening with the awards ceremony, when the 2015 winners will be announced. With filmmaker receptions, social events and DJs every night, there's no reason not to join in the fun this Bank Holiday weekend and maybe even catch a great film or two.

KFA STAND AT NATIONAL DAIRY SHOW

Next Saturday will see thousands of local farmers attend the National Diary Show in nearby Millstreet with all aspects of diary farming featuring.

This year Kellihers Feed and Agri Supplies will be hosting their own stand and will be teaming

up with CID LINES, the market leaders in dairy hygiene and this year the focus will be on Mastitis, which is considered to be one of the most costly dairy cattle diseases, thus making it highly relevant to dairy farmers.

The losses associated with mastitis are often

underestimated at farm level as many of the losses are unseen, like reduced milk production and lower herd growth potential which can impact expansion.

So make sure you pay a visit to the stand.



The animated hit with on screen lyrics so **EVERYONE** can join in!

SHOW ONE

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EASY STREET

ON THE QUEST FOR ADVENTURE AS KAR IS RENAMED

A brand new name for the hugely successful Killarney Adventure Race has grabbed the attention of the Irish adventure community with the news that the hugely success event is to renamed as part the Quest Adventure Race Series in 2016. The new name is to facilitate the global expansion of this uniquely Irish event concept.

Starting 5 years ago with only 500 participants braving the elements in the rugged Kerry landscape. The event has now grown to over 2,500 participants making it the biggest event of its kind in the world. Oliver Kirwan the event organiser from local Killarney company Elite Event Management is expanding the event to bring the Irish sense of adventure to all corners of the world.

"We are due to announce 3 new international destinations for 'Quest Adventure Series' in 2017 Austria, the UK and the Middle East. In 2016 there are 3 destinations in Ireland including Quest Glendalough, Quest Achill and Quest Killarney", Oliver told the Killarney Outlook.

"We are delighted to have teamed up with Paul Mahon of Outfront Events for Quest Glendalough and Achill to deliver truly world class events", he added.



LAUNCH OF 'QUEST ADVENTURE' - NEW NAME FOR ADVENTURE RACING IN IRELAND. OLIVER KIRWAN, RACE DIRECTOR, KILLARNEY ADVENTURE RACE, AT THE HEAD OF THE GAP OF DUNLOE, KILLARNEY. PHOTO: VALERIE O'SULLIVAN.

Registration for the Quest Adventure Series is now open and expected to sell out in record time. Places are limited so register online now to guarantee your place.

Dates for Quest Adventure Series 2016:

- Quest Killarney March 12th
- Quest Glendalough 23rd April
- Quest Achill 3rd September
- Quest Killarney 1st October

Visit questadventureseries.com for full details

CELEBRITY CHEF PAUL SCALES NEW HEIGHTS IN NEW TV SHOW



One of Ireland's most unconventional chef's Paul Treyvaud is to star in one of the most unique and original travel and cookery show ever to be seen on television. The 9 part series sees Treyvaud embark on his travels all around Ireland bringing you to some of the most stunning locations on our fabulous Island, meet some hilarious characters along the way and sees him cook some of the most spectacular dishes ever cooked in Paul's unique and no nonsense way!

Paul will take you on a journey to locations such as the mighty Thomond Park where he interviews one of the greatest living rugby legends and highest Try scoring All Black Doug Howlett, in Munsters Home dressing room and then cooks an incredible dish right in the middle of the pitch for Ireland's number one professional Rugby referee Johnny Lacey, who is one of the 12 referees selected for this years Rugby World Cup in the UK this September. Other episodes see Treyvaud take you to (literally) heights you have never been taken to before as he hikes over some of the most spectacular mountain ranges to show you just how stunning our landscape is. You are taken back hundreds of years to see how our ancestors cooked in a real famine cottage, which will be the most unique piece of television ever seen anywhere. No frills, no electricity and no nonsense. Just a fire, a side of wild irish salmon and a plank of wood! Only Treyvaud could cook you a fantastic dish over a distance that Michael Johnson can run in under 45 seconds. That's right, on Ireland's only cable car, you will see a master class of cookery in the time it takes to go the 400 meters from the main land onto Dursey Island in County Cork. Cooking on a jaunting car, hiking up Cardiac Hill, risking his life to cook on the side of cliffs, these are to name but a few of what Treyvaud gets up to in this series!!

From The Navan Fort in Armagh to the top of Gleninchaquin Park in Kerry, Treyvaud Travels brings you to places where most wouldn't dare to bring you. Treyvaud Travels is a high paced adrenaline rush travel and cooking show with plenty of excitement and fun along the way. Treyvaud Travels will go beyond any boundary ever set. It breaks every rule ever laid down but all this will result in one of the most exciting television shows ever seen before and this is why Treyvaud is fast becoming Ireland's most watched TV Chef."

KWOTE INVITE ISSUED TO ALL

Genology, Interior Design and the Benefits of Yoga are just some of the topics discussed at KWOTE Killarney Women's Organisation for training and empowerment meetings which are held monthly in Killarney. Founded fourteen years ago, the aims of the group are to empower members with knowledge strength encouragement and create educational and social outlets. Scotts Hotel is the venue for the meetings which are held every third Wednesday of the month at Scotts Hotel at 8pm with a guest speaker each night. Other topics covered by guest speakers have been Fitness & Health expert, Killarney Citizen Information, homeopathy & Reflexology. The group partake in various activities & courses such as yoga, dancing, walking, photography and computers and during the year have many social events - Christmas Party, Summer Day trips, Concerts or shows. KWOTE are now welcoming new members. Membership for the year is €10 and at each meeting members pay €2 non members €3. Non members verv welcome to come for the guest speaker.

Meetings are advertised each month in the Killarney Outlook, Kerry's Eye & Killarney Parish newsletter. If you wish to join KWOTE come along to our next meeting. Next meeting will be Wedneday 21st October 8pm Scotts Hotel when guest speaker will be Amelia Collins on the benefits of exercise & toning.

MISSION SUNDAY

This Sunday, October 18th, is Mission Sunday - this special Sunday provides Catholics with the opportunity to unite with their missionary sisters and brothers overseas, and to recommit themselves to bringing the Joy of the Gospel to everyone they meet in their daily lives at home and at work. In a special way, we celebrate the work of 1,300 Irish born missionaries and all missionaries throughout the world. We thank God for them, for all who support them in our own country and during mission month we unite ourselves in prayer with them and with the communities with whom they work. The funds collected are used to assist Churches who need financial support and directed towards communities in need, both spiritually and materially.

CALAMITY JANE IS COMING TO TOWN!

Killarney Musical Society have announced their 31st production, 'Calamity Jane', which will take to the INEC stage March 9th, 10th and 11th, 2016.

The Society are inviting all old and new members along to the official launch night and workshop this Monday 19th October, 2015, starting from 7.30pm, in the Dromhall Hotel.



Khao is an authentic Asian dining experience which caters for every palate. Only healthy, organic and fresh produce is used in our signature dishes which take inspiration from many areas of Asian cuisine. Eat healthy, feel healthy, stay healthy.



CHRISTMAS COMES EARLY FOR STAGE SCHOOL STARS

Christmas came early for the students of The Premier Performing Arts Academy on Friday night last when they joined local musician and song writer Jack Patrick Healy for the revival of his Christmas classic, Christmas Without You. The song which is penned by Jack was written in 2010 but Jack recently decided to give the song a new lease of life. With the help of local people and the performing academy, the new track had been renewed with an orchestra and a children's choir of over 100.

"It's great that a new original Christmas song is coming from the gap of Dunloe", Jack told the Killarney Outlook.

"From listening to Christmas albums and radio stations during the winter season, the majority of Christmas songs are of a happy go lucky nature but it's a known fact that this festive period also holds a deep sadness for



PICTURED AT ST OLIVER NS WERE THE ORGANISERS AND TUTORS OF PREMIER PERFORMING ARTS ACADEMY WITH JACK PATRICK HEALY AFTER RECORDING HIS NEW CHRISTMAS SINGLE, "A CHRISTMAS WITHOUT YOU" WITH THE STUDENTS. L-R SELINE WARREN, JOE BURKETT, LISA CURRAN & MUSICIAN JACK PATRICK HEALY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



Star students of the Premier Performing Arts Academy pictured with Jack Healy after recording his New Christmas Single - "A Christmas Without You". Picture Marie Carroll-O'Sullivan 087 391 4808

people for many reasons. Be it death, illness or immigration everyone has someone they wish could be there for Christmas. The song, entitled Christmas Without You deals with those subjects in a personal way" Jack added. Joe Burkett, The Premier Performing Arts Academy said, "This is a wonderful opportunity for all our students. Lisa Curran our resident vocal coach in the academy has been working really hard with the kids and they are all sounding fantastic. We would like to say a huge thank you to Jack for asking us to get involved. Christmas Without You is a beautifully haunting piece of music and Jack has done a wonderful job revamping it".

The single will be available online on iTunes and in local music shops in Tralee and Killarney. The video accompanying the single will be released online for worldwide viewing. Production will begin shortly with a dedicated film travelling around Killarney to encapsulate the beauty of the town for the video.

Not one for resting on his laurels, Joe has also organized for Elaine Canning the vocal coach from The Voice of Ireland and Junior Eurovision to come to Kerry for a vocal and performance workshop.

The workshops will take place on Saturday November 7th in The Laurels, Killarney (12.30pm – 2.30pm) and Fels Point, Tralee (3.30pm – 5.30pm) and is also open to the public with Joe encouraging all local singing talent from 7 years to 20 years to come along to the workshop. The aim of the workshop is launch a new teenager only choir in both Tralee and Killarney which would run every Saturday in both locations thereafter.

TRIPLE THREAT CAMP FOR KILLARNEY

The 'Triple Threat' Basketball Camp, the brainchild of well known Killarney basketball coach James Weldon is taking place in Killarney Sports Centre at the end of October. This presents a great opportunity for budding young basketballers to work with and learn from some top coaches. The three day Halloween camp on October 28th, 29th and 30th is open to boys and girls from age six to 17 and will be divided into two sections. The junior camp is for 6- 11 year olds and takes place from 10.00 am to 1.00 pm on each of the three days. The senior camp is for 12-18 year olds and will run from 2.00 pm to 5.00 pm each day.

Coaches at this camp include some of the best Irish and International coaches. Former superleague players James Weldon and Ger Noonan are joined by Irish Internationals Michelle Fahy and Lorraine Scully along with Rathmore native Jim Hughes who is the Irish U-16 team assistant coach. Another key addition for the Halloween camp is vastly experienced American coach Todd James. Todd is a former High School coach of the year in California, Coach of the year of the Irish Superleague, Irish Schools and College Champion and has conducted many camps and clinics in Europe and the USA. Being a close friend of Ganon Baker, Todd has also been a Nike Skills Coach and has worked with some of the best NBA players such as Lebron James, Kobe Bryant and Kevin Durant.

James Weldon is a FIBA Europe Coaching Certificate (FECC) approved basketball coach and one of only 300 coaches in the world who have this qualification. He will be joined by Ger Noonan is another familiar basketball name in Kerry basketball circles following his impressive displays with the Gleneagle Lakers during the noughties. Also coaching are Michelle Fahy, the former Irish International and is widely regarded as one of the top Irish players of all time. Lorraine Scully is an experienced superleague player with Dublin side Killester and has also represented Ireland in the past as well as being team manager of the Ireland U18 ladies team.

These coaches will guide all participants through some challenging and very beneficial skills sessions. Young players will learn new skills and drills and gain a huge insight into the fundamentals of basketball that will help them improve their overall game.



LOOKING FORWARD TO THE 'TRIPLE THREAT' BASKETBALL CAMP THAT WILL TAKE PLACE IN KILLARNEY SPORTS CENTRE FROM OCTOBER 28TH-30TH WERE MORGAN O'BRIEN, MARK SHEEHAN, OISIN HURLEY, SEAN HURLEY, RIAN WELDON, AVA SHEEHAN, SHEA WELDON, TANIA SALVADO, WILLIAM O'BRIEN, HONORAH HURLEY AND DEIRDRE LYNE. PICTURE: EAMONN KEOGH

The Triple Threat Basketball Camp will have daily stations covering all the passing, shooting, dribbling and rebounding skills. Participants will also enjoy 3 versus 3 games and 5 versus 5 games and be in with a chance to win spot prizes.

Further information about registration is available on the Triple Threat Basketball facebook page or email

triplethreatkillarney@gmail.com or call or text 085 124 0185 or 087 2907455

PROPERTY OUTLOOK



'CALL OF THE WILD' AUTUMN SERIES



The Sunrise from Strickeen Mountain, MacGillycuddy's Reeks, Killarney, as cloud and fog lingers in the Valley of Killarney, and St Mary's Cathedral still rises above the fog. Photo: Valerie O'Sullivan.

To Celebrate the Celtic Festival of Samhain, Killarney Walking Festival, will host their Autumn series of walks on Saturday and Sunday 24th and 25th October 2015. The Autumn Series is called the 'Call of the Wild,' and includes three signature guided walks that promise to capture the magic and beauty of this special time of year in Killarney.

The Summit of Carrauntoohil, - 'Land of the Fianna Carrauntoohil', a guided walk, by John O'Sullivan, 'Reeks Lodge and Guiding' Carrauntohil, MacGillycuddy's Reeks, Ireland's highest mountain is steeped in mythical folklore and ancient place names that hint at a colourful history in pre-Christian Ireland. The Duration of the walk is 5-7 Hours and rated strenuous, but, with a wonderful sense of adventure and pleasure. Meeting Point: Festival Head Quarters Gleneagle Hotel, transport by bus to starting Point, Cronin's Yard, Entrance to Hags Glen, MacGillycuddy's Reeks.

'Call of the Wild' - led by Valerie O'Sullivan and Tim Long, - Mangerton, Cores, Fertha Mountains, onto Old Kenmare Road, Torc area, it explores the wonders of our beautiful colours and wildlife in Killarney National Park's hillsides and valleys during the most incredible time in nature - the autumn season, when our native Killarney oak, yew, ash and arbutus trees are glorious, and red deer roam freely on Mangerton Mountain. The walk rated Moderate to strenuous, takes the walker, along Mangerton, and Fertha Mountains, and further along the paths of the Old Kenmare Road. Duration of the day trip is 5-6 hours. Meeting Point: Festival Head Quarters Gleneagle Hotel, transport by bus to starting Point, Upper Torc Car Park.

led by Ray and Mary Walsh, One of the most popular walks in Ireland, with spectacular views of Killarney National Park, The MacGillycuddy's Reeks, and Lakes of Killarney, passing along Torc and Mangerton Mountains, with steady inclines, ancient paths and oak forests with the Owengarriff River on your right as you descend to Torc Waterfall. The Old Kenmare Road is also part of the Kerry Way with different landscapes and experiences for the walker on the day. Meeting Point: Festival Head Quarters Gleneagle Hotel, transport by bus to starting Point.

Other Notable Guided Treks include, Purple Mountain, MacGillycuddy's Reeks, with and elevation of 832 meters, is situated at the eastern side of the Gap of Dunloe, a moderate to strenuous climb with great views of the Gap of Dunloe, Black Valley, Lakes of Killarney. Ascent for Purple begins at The Head of the Gap of Dunloe. Meeting Point: Festival Head Quarters Gleneagle Hotel, transport by bus to starting Point.

Mangerton Mountain, At a height of 839 metres. It is the tallest of the Mangerton Range. Its western slope is within Killarney National Park. Enclosed within the massif is a deep U shaped valley called Glencappul or Horses glen a short distance from the summit to the north is the Devils Punchbowl an oval shaped hollow with a lock in the middle. This is a fabulous mountain walk with amazing views of Killarney town and lakes. Meeting Point: Festival Head Quarters Gleneagle Hotel, transport by bus to starting Point.

To book for your favourite guided walk, Visit **www.killarneywalkingfestival.com** for more information. **064 06671531**

SPORTSCLUBS SHARE THE SPOILS

Sporting clubs in the Kerry area are set to share a €950,000 windfall from the 2015 Government Sports Capital Funding Programme. Among those to benefit are: Deerpark Pitch & Putt Club €20,000 Fossa Rowing Club €15,000 Gneeveguilla GAA Club €60,000

'Ancient Paths and Trails'- Old Kenmare Road,

Keel GAA Club €25,000 Kerry Canoe Club - Killorglin €18,000 Kerry Education And Training Board €90,000 Kilcummin GAA Club €12,000 Killarney Legion GAA Club €50,000 Killarney Swimming Club €12,000

KILLARNEY PARISH SILVER CIRCLE

RESULTS OF WEEK 1:

1st Prize €500: James & Marjorie Fleming, Summerville, Muckross - Seller: Evelyn O'Leary. 2nd Prize €250: Sheila Ferris, Park Road Seller: Danny Ferris. Winners of €100 each are as follows: Noreen Cahillane, Laharn West, Killorglin Seller: Mary O'Keeffe. Catherine O'Brien, c/o Muckross Dr Seller: Eileen O'Connor. John Payne, c/o St.

Mary's Parish Hall Seller: Maisie O'Sullivan. Gillian, Orla, Miriam & Pádraig, Lissivigeen Seller: Eileen Doyle. Maureen Sommers, New St Seller: Eileen O'Connor. Winners of €75 each are as follows; Kaye Fleming, 32 Ardshanavooley Est. Seller: K. Heery. Evelyn Curtis, Cahenane, Muckross Rd Seller: Evelyn O'Leary. Srs of Mercy, "Suanineas" Woodlawn Rd

Seller: Bridie Cronin.

Ann Tangney, Ballaugh, Seller: Eileen Hayes. Noreen Coffey, Mt. Brandon Hse, Lewis Rd Seller: Noreen Coffey.

John O'Shea, Countess Grove

Seller: John Dwyer.

Kathleen and Michael O'Doherty, O'Kellys' Villas Seller: Mary Ferris.

Ailish Mulcahy, Ross Road, Seller: Anne O'Leary.

GLEESON CALLS TO REPLACE PIPES

"At the October Municipal area meeting Councillor Michael Gleeson asked that the Council would call on Uisce Éirenn to proceed promptly with the laying of new water mains in Dromhall Park, Killarney and thus allow for the elimination of the Lead connections that are a source of concern to residents. The Council replied that Irish Water has sanctioned the necessary funds. It is planned to replace the 375 metre long, 100mm cast iron pipe to which there are 45 lead connections. The work will be undertaken in early 1916. Councillor Gleeson welcomed the response and asked that the Council would liaise closely with all households in order to ensure that any and all concerns are addressed".

CONCERTS AT ST. MARYS

A free concert will take place in St. Mary's Church of Ireland on Monday night next October 19th. Germany Sings - a Male choir from Germany will preform at The Church of the Sloes at 8pm.

The following Saturday, October 24th the Christ United Methodist Church Chancel Choir from minnesota will also perform at the church, under the guidance of Director/Organist Andrew Galuska - also at 8pm.

Admission to both concerts is Free.

ONEY MATTER

By Dermot Cronin, Financial Advisor



INVESTMENTS

WHEN YOU COMPARE INVESTMENTS, LOOK AT:

• The minimum investment amount - can you top up your investment?

• The minimum recommended investment term for your money.

• Access to your money – are there any penalties if you withdraw your money early.

• What fees and charges apply, as they reduce the value of your investment.

CONSIDER TWO KEY FACTORS:
The likely return - risk and return go hand in hand, so as a general rule the lower the risk the lower the rate of return you should expect. With longer-term and higher-risk products, you can expect higher returns, but this is not guaranteed and you could lose money. You need to consider carefully the effect of this on your financial situation.

• Risks involved – some investments do give you a capital guarantee and some do not give you a capital guarantee. How much of your original capital would be at risk? Is there a risk of poor returns? Is there inflation risk? You also need to consider how long your money will be tied up for.

Financial advisors advise on these products on behalf of the main providers. It is important that you find out from the advisor if they are tied to any one provider or if they deal with a number of different providers and who are these providers.

For more information or to make an appointment to discuss the above contact Dermot Cronin APA, at 064 66 22775.

PROPERTY OUTLOOK

PROPERTY OUTLOOK



15 ATH SOLAS, MILLTOWN, CO. KERRY

Get on the property ladder and purchase a beautifully furnished property in the highly popular Milltown Village close to newly constructed Primary and Secondary schools, shops, community hall and recreational facilities etc. Milltown Village is in an excellent central location, just 10 minutes drive to Killarney and Tralee, close to Killorglin town, Kerry Airport and Farranfore train station. The property is well-furnished with wooden flooring, modern tiling built in bedroom units, traditional style fitted Kitchen, attic floored for storage and is further enhanced with walled-in private rear



GALLIVAN

garden and storage shed. PRICE €149,500

Hennigan Auctioneers 66 New St., Killarney ti 064 6634582 mi 087 2354416 www.daft.ie/hennigan

ROPERT ARTNERS THROUGH THE KEYHOLE.... A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: Clonkeen, Killarney. Secluded 4 Bedroom (2 ensuite) detached residence (approx 3,000 sq ft) located just a half mile off the N22 on circa 0.5 acre site. Features include high standard insulation, triple glazed windows and doors throughout with external aluminium cladding & Scandinavian pine finish inside with teak window boards, stone fire place with stove and back up oil boiler, under floor heating to the ground floor. Agent: • Property Partners Gallivan & its4rent.ie • College Square., Killarney • Tel: 064 6634177 • www.propertypartners.ie BER B1

Guide Price: €300,000 Ref:786

Auctioneers who would like to feature on "Through the Keyhole" contact Des on 087-6593427.

MASTERGEEHA FC CELEBRATE SUCCESSFUL SEASON

An incredibly successful season was celebrated by Mastergeeha FC as club members gathered at the Killarney Oaks Hotel on Friday night last.

On the night the double winning U17s team were presented with their Cup and League winning trophies, the A team were presented with their Premier B League Champions trophies and the B team received their Tommy Healy and League runners up trophies. Special awards were also made on a night enjoyed by all in attendance.

The Mastergeeha soccer club under 18 team and 17 League and Cup Winning team pictured with KDL Secretary John O'Regan at the Mastergeeha FC victory social in the Killarney Oaks Hotel on Friday night. Front from left are Thomas O'Connor, James Nagle, Paudie O'Connor (U-17 Player of the year), John O'Regan, Padraig O'Connor (U-18 player of the year), Ciaran Sheehan, Donal Moynihan and Dave O'Leary (Manager). Back from left are Brian Friel, Eoin Daly, Gearoid Kerins, Jerry Cronin, Shane O'Sullivan, Jake Moynihan, Luke Murphy, Tom O'Connor, Patrick Warren, Sean O'Leary, John Kerins and Cian Jenkins. Picture: Eamonn Keogh.





THE MASTERGEEHA SOCCER CLUB SENIOR B TEAM (TOMMY HEALY AND LEAGUE RUNNERS-UP) PICTURED WITH KDL SECRETARY JOHN O'REGAN AT THE MASTERGEEHA FC VICTORY SOCIAL IN THE KILLARNEY OAKS HOTEL ON FRIDAY NIGHT. FRONT FROM LEFT ARE DANIEL MURPHY, DERRY AHERN, EOIN HORAN (JOINT PLAYER AWARD), JOHN O'REGAN, KEVIN GORMAN (JOINT PLAYER AWARD), DAVID FLENIING AND COREY MITCHELL. BACK FROM LEFT ARE SEAMUS KERINS, DAN MOYNIHAN, TOM TEMPLEMAN, EDMUND MCSWEENEY, ALAN BREEN, PADRAIC SHEEHAN, NOEL MOYNIHAN, JOHN DEVANE, RONAN O'SULLIVAN, JERRY CRONIN AND CIAN JENKINS. PICTURE: EAMONN KEOGH.



THE MASTERGEEHA SOCCER CLUB SENIOR A TEAM (PREMIER B LEAGUE CHAMPIONSHIP WINNERS) PICTURED WITH KDL SECRETARY JOHN O'REGAN AT THE MASTERGEEHA FC VICTORY SOCIAL IN THE KILLARNEY OAKS HOTEL ON FRIDAY NIGHT. FRONT FROM LEFT ARE SCOTT O'MAHONY, DERRY AHERN, TONY BROSNAN (JOINT PLAYER AWARD), JOHN O'REGAN, AIDAN KERINS (JOINT PLAYER AWARD), STEPHEN BROSNAN AND TONY MITCHELL. BACK FROM LEFT ARE KEVIN DAWSON, ALAN BREEN, DARREN MCCARTHY, EOIN HORAN, PODGE NAGLE, CHRIS EGAN, PAUL LENIHAN, DANIEL MURPHY, ALAN O'BRIEN, TADHG AHERN, PAUL MOYNIHAN AND COLM LENIHAN. PICTURE: EAMONN KEOGH

LILY TO THE RESCUE

To the Rescue... SARDA (Search and Rescue Dogs Association), Rescue Dog 'Lilv', Catherine Kelly, (right) Assistant SARDA Training Officer and Handler and Gerry Tobin, (left) Training Officer SARDA, demonstates her skills as a rescue dog at the Gap of Dunloe, Killarney, as part of the International Commission for Alpine Rescue (ICAR), Annual Conference this week in Killarney. Over 500 delegates from around the world are attending the Conference and together they are sharing best mountain and remote terrain rescue practices from around the globe. Mountain Rescue Ireland [MRI] is celebrating its 50th anniversary in 2015. The 12 volunteer mountain rescue groups on the island of Ireland - Donegal, North West, Mourne, Dublin/Wicklow, Glen of Imaal, South Eastern [SEMRA], Tramore, Kerry, Galway , Sligo/ Leitrim, Mayo and Search and Rescue Dogs Association [SARDA] are affiliated to MRI. Photo: Valerie O'Sullivan.



PROPERTY OUTLOOK

Jerome O'Regan

AUCTIONEER & VALUER Tel/Fax: 066 9761200 | Mob: 087 2833410

Email: jeromeoregan@eircom.net | Web: www.jeromeoregan.ie



63 BAILE AN TOOREEN, KILLORGLIN 3 bed semi-detached home. It is facing the southwest and benefits from sunlight for almost the entire day. It has a good sized back garden with beautiful views of Farrantoreen lake. The three bedrooms are well proportioned and one is en-suite. Two of the bedrooms are upstairs and one bedroom downstairs. The living room has an open fireplace and is extremely spacious and bright. The kitchen/diningroom is excellently laid out and has a patio sliding door leading to the garden.

P.O.A.



ROCKFIELD, FIRIES KILLARNEY. MODERN end-of-terrace attractive home. 3 bedrooms and finished to a very high spec.Turn key condition. Very central, quiet rural setting. REASONABLY PRICED B.E.R C2

SITES

TIRNABOUL, (SPA) KILLARNEY. c.3/4 acre. Great location. P.O.A.

AGHADOE AREA, KILLARNEY. 1/2 acre or more if required. P.O.A.



MAUGHANTOURIG GNEEVEGUILLA, KILLARNEY. A delightful detached bungalow in excellent condition throughout. It offers the unique charm of its time, 4 bedrooms, 2 double and 2 single. Bathroom, lounge, kitchen/dining. Dual c/h from oil and also from a very modern solid fuel stove. It benefits from mains water and also its own private well. Standing c.1/3 acre this delightful dwelling offers first time buyers a great opportunity to own their own home at a very affordable price. Extreme well maintained, cosy and comfortable with low maintenance costs. BER Pending. PRICE REGION €70,000.

NEW TO THE MARKET KILCUMMIN AREA, KILLARNEY, BEAUTIFUL DETACHED DORMER.4 BEDROOMS, 3 ENSUITE, SUN-LOUNGE, MANY EXTRA FEATURES. **SPECTACULAR VIEWS. P.O.A.**

WAREHOUSE TO LET OR FOR SALE Great access just off the N70. Approx. 1 mile from Killorglin on the Tralee road. Size 110 x 80 ft.x 20ft. high approx. Modern building, totally sealed, cavity wall with insulated roof.

REEKS GATEWAY TO KILLARNEY Upstairs office space for sale. All services available. KILLORGLIN TOWN Town centre shop premises to let.

WANTED (due to recent completed sales)Semi-detached house in Killarney. Cash client. Immediate decision.

MAHANTOURIG, GNEEVGUILLA Charming detached 4 bed bungalow on 1/3 acre, dual c/h excellent condition

CLOONALASSAN, CASTLEMAINE Detached, compact dwelling needing modernisation. Great DIY project, close to village, V. keenly priced, BER Pending

BARLEYMOUNT, KILLARNEY 6.5 acres approx. of rough land.

BARLEYMOUNT, KILLARNEY 1.75 acres approx. field with specatular views

MUCKROSS ROAD/WOODLAWN CROSS, KILLARNEY- c. 1/3 acre site. Superb location. TIERNABOUL, KILLARNEY 4 bed bungalow, beside N.S. only 2mls to Killarney town. TULLORUM/TIRNABOUL KILLARNEY AREA 11.5 acres approx. Close to school etc.

FAHA, KILLARNEY 4 bed 3 ensuite detached dormer.

ROCKFIELD, FAHA, KILLARNEY, 3 bed semi, lovely modern home. Very central location. Reasonably priced.

63 BAILE AN TOOREEN, KILLORGLIN. Large 3 bed semi, modern beautiful home in a great location.

KILLORGLIN TOWN Large modern warehouse TO LET.

CARAGH LAKE, KILLORGLIN. Two storey detached house (requires major repair) on 3.5 acres approx. Beautiful, much sought after area.

FARM WANTED. GOOD QUALITY LAND.50 ACRES OR MORE. CLOSE TO KILLARNEY OR WITHIN 7 OR 8 MILES FROM KILLARNEY TOWN. TOP PRICE PAID FOR SUITABLE PROPERTY.

WANTED Properties, houses, farms commercial etc. in all areas, for a growing list of genuine buvers.

BALLYHAR, KILLARNEY Beautifully restored 3 bed farmhouse on c3 acres, stables for 4 horses, mature trees and very scenic.

MILLTOWN VILLAGE Magnificent, detached two storey house, approx. 1,8000 sq. ft. Building about to commence. Purchaser could make internal changes or put their own stamp on it. Only a few minutes walk to schools, shops etc.

MILLTOWN, KILLARNEY (Ardmeelode area) Partly built detached bungalow. Nice views BARGAIN

GLENBEIGH, RING OF KERRY RD. New detached 4 bed bungalow, stone fronted with spectacular sea views, completed to a very high spec.

GNEEVEGUILLA VILLAGE Modern 3 bed semi w/ top energy saving ratings, complete finish KILLORGLIN, GOLF COURSE ROAD Delightful 2 bed detached bungalow, as new, superb location.

BEAUFORT KILLARNEY, OLD HOUSE on c.2 acres, very elevated, dry, extremely scenic setting, reasonable reserve. UNIQUE PROPERTY.

BEAUFORT, KILLARNEY, on the Main Ring of Kerry road, stunning 8 bed (all ensuite) B&B. Extensive frontage along the river Laune, with fishing rights.Panoramic views.

FARMS/LAND

c.57 acres with old farmhouse and sheds, Currow area, 40 acres recently reseeded. c.10 acres with good sheds, extremely scenic. Artigalvin, Headford area. 5mls from Killarney. c. 35 acres of mixed land in one lot, Ballyhar, Killarney area.

Tullorum, Tirnaboul, (Spa) Killarney 11.5 acres approx.3 miles from Killarney. Firies area, Killarney. Country mansion on 39 acres approx of top quality land all in excellent condition.

SITES

LOUGHGUITTANE/MUCKROSS area- Site with lake view, roadside. **AGHADOE** Site roadside, approx 1 mile from town 1/2 acre selling subject to planning. **BEAUFORT AREA** Elevated, scenic site c. 1/2 acre.

BEAUFORT, KILLARNEY 1 acre with full planning.

COOLIES, MUCKROSS, KILLARNEY c. 1 acre, private scenic location.

KILLARNEY 2 MILES APPROX 3 acres or more subject to 1 planning.

ROSSBEIGH, GLENBEIGH Site with full planning for dormer, no residency clause. Killorglin 1 mile 3/4 acre site. On the main Killarney/Ring of Kerry road. Dry, elevated and scenic. On the main sewer and with all services.

Faha, Killarney, c. ½ acre, dry, roadside, great location, bargain.

TIRNABOUL/SPA KILLARNEY C.3/4 acre site. Dry, level and roadside.Close to Spa G.A.A. grounds and community facilities.

JOHNNY LOONEY: A LOVER OF FARMING, FOOTBALL AND DRAMA

The recent passing of Johnny Looney Tullig Killarney removes one of the final links with the early days of the Spa GAA club, Johnny who spent the major part of his adult life farming in his native Tullig was closely linked with the early days of the club as a player, and life long supporter of it's games and functions. He was also actively involved with the Spa Dramatic Society after it's formation in the late 1940's and which helped to fund the activities of the fledging GAA club.

Endowed with an excellent stage personality he played an active role in many of it's productions including "Fledged and Flown," The Miser" and The Marriage Plan" which won the final of the East Kerry Macra na Feirme Drama competition. This was the era when Drama replaced dancing during the Lenten period and when the Spa Dramatic Society packed the halls of East Kerry and the county with the aforementioned shows.

Johnny was also an avid card player and rarely missed a card session in the clubhouse and was a regular supporter of the Spa 31 Championship of Kerry each season.

Despite being in failing health in recent years he still retained a close interest in all the activities in his native Spa and as a gesture of their appreciation of his contribution former playing colleagues and supporters formed a Guard of Honour at his removal to Killarney Cathedral on Friday evening.

Sympathy is extended to his sisters Mary and Chris and family members.

May he Rest In peace.



THE LATE JOHNNY LOONEY.

WRITERS CLUB SEEK NEW MEMBERS



SHARON FITZPATRICK FROM KILLARNEY WRITERS GROUP.

Have you always felt there was a book in you? Or maybe you have a story you would like to tell? Well if so then the Killarney Writers Group is the answer.

The group, which is organised by Sharon Fitzpatrick, meets every Tuesday evening at 6.30 until 8.30pm at The Avenue Hotel.

"There is terrific pleasure in facilitating the writers group. Seeing people grow in confidence is very rewarding for me. I enjoy volunteering my time to help others", Sharon told the Killarney Outlook.

Sharon takes part in numerous literary events and is heavily involved in helping writers. She runs an independent publishing company and helps organise literary readings and open mic evenings.

"The group is suitable for all ages and abilities. You may be a complete beginner who would love to learn how to write or you may have experience and want to develop it more. We welcome anyone who loves the idea of writing", she added.

Encouragement and feedback are given within the meetings so you can enhance your skills. You get to find out news about literary events that happen within Kerry. Socially it is great to meet others and we get to talk about such a wide variety of subjects. A very interesting and enjoyable couple of hours once a week.

BRENDAN COMES HOME TO PLAY COURTNEYS

Killarney native Brendan O'Shea, and Pittsburgh native Jenna Nicholls, will make a welcome return to Courtney's Bar, Plunkett St., Killarney Friday October 30th at 8pm. Brendan and Jenna live in Manhattan New York, which is a hot spot of live music and art. Brendan has produced three original CDs, Jenna has two CDs of original songs. In 2016 they both will release brand new CDs. Brendan this time is going for a stripped down natural acoustic approach and will perform some of his new songs. This Killarney home town gig, rounds off a tour of some German appearances with live TV Dusseldorf, and Colonge. The duo also play Dublin's Whelan's Monday Oct 26th.

"We are both are excited and looking forward to seeing many 'old friends and family' on the night and of course welcome many news friends along" Brendan told the Killarney Outlook,



BRENDAN O'SHEA

adding - "It's great to be back".

HELP BEAT THE BLUES WITH THE PETERMARKATHON

Pyjama parties, bake sales and fancy dress. It's that time of year again! The annual Petermarkathon fundraiser is back and coming to Peter Mark Killarney from 23rd – 26th October 2015. This year the Peter Mark team will aim to raise much needed funds for Aware and specifically its work supporting and educating teenagers about looking after their mental health. Beat the Blues is a programme delivered free of charge by Aware each year to some 30,000 students aged from 15 – 18 years old with a view to empowering this vulnerable group to help them understand how to look after their mental health and deal with everyday concerns before they spiral out of control.

Beat the Blues is a 70-minute programme and is very well received by students and teachers alike. It covers topics including:

• Principles for good mental health and actions that can help

• The importance of looking at the positive aspects of our lives

• Why similar situations impact people in different ways

The role of core beliefs

• How to prevent or recognise depression or anxiety

• The importance of resilience and how to build it

It costs Aware $\in 6$ to deliver the programme to one child, so it's time to help 'Beat the Blues' and plan a visit to your local Peter Mark salon between 23rd – 26th October. Every penny raised over the weekend fundraiser will go to Aware to deliver this service to teenagers across Ireland.



Knocknagoshel Co. Kerry tel/fax: 068 46185 :: m: 086 1971998 w: www.fealesecurity.ie :: e: Info@fealesecurity.ie

contact Brian for Free Quote



EDA /

02477

PhoneWatch

PROPERTY OUTLOOK

95 NEW STREET, KILLARNEY, CO. KERRY T: 064 6631892 F: 064-6634652 M: 087 2668591 E: INFO@SFMC.IE WWW.SHERRYFITZ.IE & WWW.DAFT.IE



NEW TO MARKET

LOO BRIDGE RAILWAY STATION, LOO BRIDGE, GLENFLESK, KILLARNEY

Unique historical property, former Loo Bridge Railway station, tastefully re-decorated as a four bedroom residence. The station was part of the Headford junction to Kenmare railway line. Property currently being used as a



holiday rental, which can be viewed on **www.loobridge.com** The Loobridge Railway Station House is convenient to Killarney and Kenmare. BER: Exempt.

Price Region: €210,000

SITE: 0.75 ACRES, COOLCORCORAN, KILCUMMIN, KILLARNEY

Infill residential development 0.75 site located in quiet cul de sac off the Kilcummin road. There are four existing one off detached dwellings in this development. The site extends to 0.75 acre and mains water, electricity and telecom are immediately available. The site is being sold as is without planning permission. Folio 526458F.



Price Region: €50,000



- 2 Bedroom -- Cash Buyer -

Call: 086-2715711



BUDGET 2016

BUDGET 2016 - NO PAIN & MODEST GAIN

By O'Brien Coffey & Co

This budget has got something for everyone, which comes as no surprise with a general election looming.

The main change on the Income Tax side is the reduction in the USC charge, with the changes amounting to approximately 1 week's wages per year. In general those on incomes up to \in 70,000 per annum should have a marginal tax rate of no higher than 49.5% between Income Tax, USC and employee PRSI.

The Government has delivered on its commitment to commence bringing the tax treatment for the self-employed and company directors in line with that for PAYE employees with the introduction of an Earned Income Tax Credit of \in 550.

A new tapered PRSI credit is being introduced for employees insured at Class A whose earnings are between €352.01 and €424 per week, which will reduce the weekly PRSI bill for many employees.

Some other benefits included an increase in the lifetime tax-free amount a child can receive from a parent, the introduction of additional



tax reliefs for the disposal of businesses and the transfer of farms, extension to the 3 year Corporation Tax relief for start-up companies and the abolition of the pension fund levy.

Further measures were introduced to benefit the young and the old - an increase in the weekly rate of the state pension by \in 3 and a 75% Christmas bonus, increased fuel allowance, increased child benefit payments, free GP care being for all children under 12 (subject to agreement with the IMO), free pre-school year being extended to two years for children from 3 years of age until child starts primary school.

Overall, while there was much by way of positive news in today's budget, there is also a sense of missed opportunity in terms of incentivising small businesses and entrepreneurs.

Over the next few weeks we will be addressing some of the above Budget changes in our weekly Tax Matters article.

MOLONEY WELCOMES RESTORATION OF RESPITE CARE GRANT

Senator Moloney has welcomed the restoration of the Respite Care Grant to 86,000 carers. The Grant will be restored to its previous level of €1,700.

"I worked closely with the Carers Association on this and it is very important to them to have this critical payment restored. They do a very difficult job and this payment means they can have some time out of their caring roles, to rest and recover. I warmly welcome its restoration."

"We need to build a decent and fair society and look after vulnerable groups. This progressive budget will help us along this path."



SENATOR MARIE MOLONEY.



PICTURED AT THE ANNUAL OCKT 2016 BUDGET LUNCH BRIEFING, AT THE MALTON HOTEL ON WEDNESDAY WERE SARAH TREACY, CLARE LEAHY, MICHELLE O'SULLIVAN, MIKE LEEN, SIOBHAN GUERIN, PAUL MURPHY, GER FOLEY, MARCUS TREACY AND MARY KENNY, ALL OF OCKT CHARTERED ACCOUNTANTS KILLARNEY. PHOTO BY SALLY MACMONAGLE.

BUDGET 2016 BENEFITS FAMILIES WORKING PEOPLE

AND

Senator Moloney welcomes today's budget announcements that reflect a growing economy and increasing tax receipts. "We are able to give back to people who have suffered so much during difficult times. More job creation leads to a higher tax take and we are finally able to restore much of the difficult cuts" Senator Moloney welcomed the additional free childcare places, which will be made available to children from 3 years of age until they start school. Also the decrease in the pupil teacher ratio will be a huge boost for our school population. The restoration of the Respite Care Grant is also to be welcomed. Senator Molonev has worked closely on this with The Carers Association, and it was one of her priorities in this Budget. "I also welcome the increases in what Carers can earn by €2120 to €7,200 without affecting the Home Carers Tax credit which has been increased by €1,000." Also, the increase in the Family Income Supplement Threshold by €5 for 1 child and €10 for families of 2 or more children, will ease the burden on families in difficult situations. The Air Travel Tax will remain abolished and the retention of the 9% VAT rate will benefit tourism everywhere. but is especially important in Kerry, which is heavily dependent on tourism. "These are measures which demonstrate Labour's delivery for low and middle income families, and builds a better economy and a fair society".

GUARDED WELCOME OF BUDGET 2016 FROM DSI

The CEO of Down Syndrome Ireland (DSI) has given a guarded welcome to Budget 2016. Pat Clarke of Down Syndrome Ireland which

represents 3500 families of people with Down syndrome said he welcomed many of the benefits announced this afternoon but that the Government missed a vital opportunity to create a decent living standard for people with Down syndrome. "We welcome the extension of the free childcare year from one year to two for children aged 3 up to 5.5 years of age, or when they go to primary school. We are particularly pleased to see that €15 million will be allocated for children with disabilities to access this scheme," said Pat Clarke. "Down Syndrome Ireland has repeatedly called on the Government to increase resource hours and we are hopeful that our calls have been answered through the increase of 600 extra resource teachers and 610 Special Needs Assistants," he added.

WINNER OF IRELAND'S BEST WILD ATLANTIC WAY RESTAURANT



Sample our Wild Atlantic Way menu. Dine in the award winning Yew Tree Restaurant at Muckross Park Hotel & Spa, in the heart of Killarney National Park.



Now taking bookings for private dining and special occasions. Book on www.muckrosspark.com or call reservations on 064 66 23400.





Their Special Day



MARION BREEN FROM GNEEVEGUILLA AND JOSEPH O'KEEFE FROM BALLYDESMOND POSE FOR A PHOTOGRAPH WITH THEIR BRIDAL PARTY. THE COUPLE WERE MARRIED IN GNEEVEGUILLA AND CELEBERATED WITH FAMILY AND FRIENDS IN THE MALTON HOTEL IN KILLARNEY.

PHOTO MÍCHEÁL O SULLIVAN WWW.OSULLIVANPHOTOGRAPHYIRL.COM

Cetin Kanak & Karan Fleming who were recently married in the Malton Hotel Killanrey.

PHOTO BY BREDA DALY PHOTOGRAPHY



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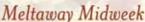
Looking good Feeling Great!



60 minute Anne Semonin Age Defying Facial

30 minutes of relaxation time to enjoy freshly prepared ginger tea and fruit

€80 bb available 7 days a meek

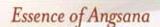


60 minute visit in The Vitality Suite

30 minute back energy back massage

30 minutes of relaxation time to enjoy freshly prepared ginger tea and fruit

€49 pp available Tuesday & Wednesday ONLY

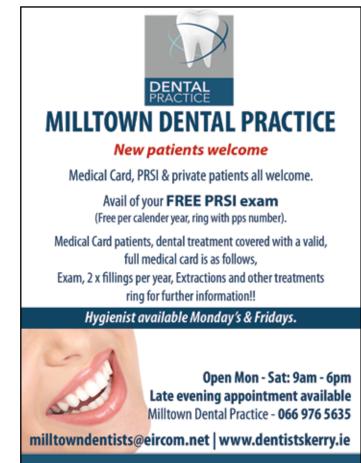


60 minute visit in The Vitality Suite 30 minute mini-facial and choice of a 30 minute back energy massage or 30 minute choice of body scrub 30 minutes relaxation time

€119 pp asuilable Monday to Friday ONLY

Terms & Conditions: all rates and package details are subject to change without prior notice. Packages are valid until October 31st 2015. For reservations, please contact Angsana Spa at The Brehon on 064-6623980 or email angsanaspa@thebrehon.com





For more information or to arrange an appointment PLEASE CONTACT: 066 9765635

Looking good Feeling Great!

FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...

TIPS TO LOOSE BELLY FAT (PART TWO)

6. Avoid too much alcohol:

- it goes without saying the alcohol is high in empty calories and lowers our ability to stop overeating and also lowers our blood sugars to make us want to eat more (hence the munchies after drink). So if your looking for a boost to get a flat tummy start reducing or eliminate it for a few weeks and see the results for yourself!

7. Get some sleep:

- make sure you are getting adequate rest every night so your body can renew itself to work optimally during the day in burning those fat stores.

8. Make sure your getting a good cardio workout in about 2-3 times per week:

- research has proven that cardio workouts will reduce belly fat significantly.

9. Avoid white bread:

- anyone I have ever advised or spoken with about this has change has reported a noticeable flatterer tummy and less bloating as a result.

10. Give up the fizzy sugary drinks: - This is a no brainier they are full of excess calories (empty calories) you just do not need. The carbonated fizz will also automatically make your tummy look bigger so why put yourself through it!

11. Drink green tea:

- it contains antioxidants that help reduce belly fat, as well as reduce risk of cancer and heart disease.

MORE TIPS NEXT WEEK... FITNESS WITH EDELE 087-7643449 WWW.FITNESSWITHEDELE.COM

White Feather Nutrition Better eating for better living

Liz Byrne of White Feather Nutrition is a certified nutritional therapist. Nutritional therapy can improve health concerns such as digestive problems, hormonal imbalance, high cholesterol, high blood pressure, skin conditions, fatigue, weight management. Consultations aim to tailor a nutritional plan towards improved health whilst complimenting your current lifestyle needs in a functional manner.

A consult and subsequent tailored nutritional plan can improve many health issues such as:

- Digestive issues (constipation, diarrhoea, IBS, cramping, bloating, reflux, heartburn)
 - High cholestrol, blood pressure
 Blood sugar imbalance
 - Skin conditions (eczema, psoriasis, acne)
 Weight management
 Sleep disturbance
 Sports Nutrition
 - Meal planning for working parents (to include shopping lists and lunch box options for the entire family.

Liz Byrne (Dip): 087-9508252 (9.30am – 5pm) E: whitefeathernutrition@gmail.com W: www.whitefeathernutrition.org

OUTLOOK FASHION

LITTLE BLACK DRESS:

Having that dress hanging in the closet waiting for a special moment is a comforting thought and a style saver when you're scrambling to find something to wear.



DIET TIP

Reward yourself, but instead of indulging in chocolate, sweets or crisps buy a new book or spend some time catching up with friends.





Beauty Tip

Look pretty in pictures. Avoid a shiny-looking complexion caused by a camera flash by applying a mattifying lotion to your T zone before you put on your makeup

Looking good Feeling Great!



Natural Skincare Specialist & Holistic Massage Therapist

"A person needs two beauties, an inner and an outer one. " Elizabeth Sigmund, Dr. Hauschka

Specialising in holistic skincare and body treatments including Dr. Hauschka Facial Treatments, Trilogy Facials, Holistic Massage, Ayuvedic Head massage and Ear Candling.

INTRODUCING ...

Touch Therapy - Touch therapy is a safe and innovative series of nurturing treatments for anybody undergoing cancer treatment using effective skincare products from the Lindi Skin line.

- These specialised skincare products have been designed to soothe and benefit skin compromised by chemotherapy and radiation.
- The treatments are physically and emotionally relaxing, reducing stress and providing substantial comfort
- The face and body treatments are created for men, women and children with cancer
- Touch therapies are endorsed by The Irish Massage Therapists Association and recommended by the Irish Cancer Society and The Marie Keating Foundation
- Each Touch Therapy includes an in-depth consultation to enable your treatment to be specifically tailored to your needs

For the month of October €5 from every treatment is donated to the Kerry Recovery Haven

Woodlawn Road, Killarney, Co. Kerry. Call: 089 222 9675 | Email: tina@tinatynan.com www.tinatynan.com

Killarney Massage Therapy Centre

Advanced Clinical & Sports Massage

Specialist treatment of soft tissue manipulation for the treatment of chronic pain or sports injuries.

SPECIAL OFFER Buy one prenatal massage and get one half price.

Second massage to be used within 6 weeks of purchase.

I hour massage only €50 90 minute massage only €70 First massage includes FREE consultation and assessment

At KMTC we incorporate a range of advanced bodywork techniques such as Myofascial Release, Trigger Point Therapy, Sports Stretching, Hot and Cold Therapy and STR (Soft Tissue Release) for the effective relief from:

Neck & Shoulder Pain, Low Back Pain, Sciatica, Piriformis Syndrome, Headaches, Leg & Foot Pain, Fibromyalgia, Rheumatoid Arthritis, Frozen Shoulder, RSI's, Scar Tissue, Pregnancy Related Discomforts & much more.

call 087-292285 |

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to find out how we can help you! Park Medical & Wellness Centre, (above Daly's Supervalu),

Park Medical & Weilness Centre, (above Daly's Supervalu), Park Rd, Killarney www.killarneymassagetherapycentre.ie



Podiatry/Chiropody Clinic

Jennifer Cahill - BSc Pod. MChSI Killarney Medical Centre, 47 New Street, Killarney.

TREATMENTS INCLUDE A RANGE OF FOOT RELATED CONDITIONS:

Ingrown Toenails, Corns & Callus, Fungal Nails Thickened Nails, Arch Pain, Heel/Knee/Leg/Back Pain Diabetic Footcare, Rheumatoid Footcare, Orthotics for all ages, Biomechanical Assessments.

HOUSE CALLS AVAILABLE ON REQUEST

Open by appointment: Please call 087 7116675 Saturday appointments available.

Clinic also in Kenmare Medical Centre (Mondays Only)





APPOINTMENTS & NOTICES



cıır. John Brassil

Contact John for representation or to highlight issues of concern to you.

tel: 087 2362330

email: cllrjbrassil@gmail.com

address: The Pharmacy, Main Street, Ballyheigue, Co. Kerry

"Building for the Future, A New Voice for Kerry"

Your Kerry Fianna Fáil Candidate

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FIANNA FÁIL

PUBLICAN PARTY

ACCOUNTS PERSON REQUIRED

To cover leave until December 31st

Immediate start

Experience in Sage Accounting an advantage.

Enquiries to: Patricia Walsh, Walsh Colour Print, Castleisland, Co. Kerry 066 7142179 or email pat@walshcolourprint.com

APPOINTMENTS & NOTICES

VACANCY

North Kerry Company requires a person with IT / QUANTITY SURVEYING BACKGROUND for full time post.



PLEASE FORWARD CV TO Po Box 1077, Outlook Magazines, Castleisland, Co. Kerry.



COLOUR PRINT



Killarney Community College Invites

Students of 5th & 6th Class and their parents to our

OPEN NIGHT

Monday, 19th October, 2015 at 7:00 – 9:00pm ENROLMENT on the night School open for ENROLMENT on Friday, 23rd October between 2:00 – 4:30pm

Closing date for all applications is Friday, 27th November at 4.30pm

Tel: 064 6632164 www.killarneycommunitycollege.com





Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Digital Web Design with Adobe Dreamweaver Course (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 27th October 2015. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates and Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Professional Tour Guiding Course (KY07749) - Tralee.

This course is for people who wish to provide tour guiding services to visitors in a city, its wider environs, the regions and locally. Participants will gain the professional, technical, social and administrative skills to offer a quality service to a range of market profiles. **Start Date:** 27th October 2015. **Duration:** 24 weeks. **Certification:** QQI Level 6 Special Purpose Awards in Regional and Local Guiding and in City Tourist Guiding.

Surf Instructor and Beach Lifeguard Course (ET1Z3) - County Kerry.

The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 2nd November 2015. **Duration:** 25 weeks. **Certification:** ISA Surfing Skills Instructor Level 1 Cert, National Beach Lifeguard Cert, and Aquatic First Aid & Cardiac First Response (PHECC) Cert.

CAD - Computer Aided Draughting and Design Course (ET115) - Tralee.

This course offers participants the opportunity to develop knowledge, skills and competencies in 2D and 3D computer aided draughting and design. Participants must have technical drawing and maths in the Leaving Certificate or have an equivalent level of relevant industrial experience or training. **Start Date**: 9th November 2015. **Duration**: 32 weeks. **Certification**: City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

Heavy Goods Vehicle Driving Rigid (HGV) (ET394) - Killarney.

This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. Applicants must be in possession of a current full Class B Driving Licence and a current Class C Learner Permit. **Start Date:** 16th November 2015. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, RTITB Counterbalance or Reach Forklift Truck Driving Certificate, and ADR Certification for Drivers.

Reception and Clerical Skills (ET0N1) - Killarney.

If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you. **Start Date:** 16th November 2015. **Duration:** 19 weeks. **Certification:** FETAC Level 5 Component Certs in: Information & Administration, Word Processing and Customer Service.

Digital Media Production Course (TRY18) - Tralee Training Centre.

The Digital Media Production course offers participants the opportunity to learn and develop real-world production skills in a broad range of media disciplines. The content of the course includes design, digital imaging, photography, sound, video, digital publishing and media project management. **Start Date:** 23rd November 2015. **Duration:** 52 weeks. **Certification:** City & Guilds Diploma in Media Techniques 7601-03.

Legal Administration Traineeship (ETS07) - Tralee Training Centre.

This course is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. **Start Date:** 23rd November 2015. **Duration:** 40 weeks. **Certification:** FETAC Level 5 Major Award in Office Administration.

Sports Recreation & Exercise Course (ETK69) - Killarney.

If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** 30th November 2015. **Duration:** 45 weeks. **Certification:** QQI Major Award in Sports Recreation and Exercise 5M5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

Broadcast Production Skills Course (TRY20) - Tralee Training Centre.

This is a practical, production-focused course covering documentary, drama, and entertainment formats. Participants will learn about researching, writing, directing, capturing media, editing and delivering content for both location and studio-based productions. **Start Date:** 11th January 2016. **Duration:** 52 weeks. **Certification:** City & Guilds Diploma in Media Techniques (Video production) 7601-03, BECTU - Creative Industries Safety Passport, Occupational First Aid, Safe Pass and Manual handling.

Visit Our New Walk-In Information Service Every Tuesday and Wednesday At Kerry ETB Head Office, Centre Point Building, John Joe Sheehy Road, Tralee. (Opposite Tralee Bus and Train Stations)

To apply or get further information on any of the above courses please contact Kerry ETB Training Centre, Monavalley Industrial Estate, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

www.kerryetbtrainingcentre.je, E-mail: training@kerryetbtrainingcentre.je





2016/2017 Enrolment

St. Brendan's College Open Night takes place on Wednesday, 21st October 2015

from 6:00 - 9:00p.m

STUDENTS CAN BE ENROLLED ON THE NIGHT

Tours of the school will take place every 15 mins starting at 6:00 p.m. Final tour will depart the College Canteen at 8:00 p.m.

St. Brendan's

 providing quality educational opportunity in the heart of Killarney.

tel. 064 66 31021



YOUR WORDS HAVE POWER!

The old saying, "Sticks & stones may break my bones but words will never hurt me!" is deeply flawed. While your body may heal over time, words can stay with you for your entire life! This is true of both hurtful and deeply loving words.

Some of the way that we hurt and pull our selves down are with the words that we consistently tell ourselves.

We are often critical, judgmental and downright unkind with some of the things that we say to ourselves. We would never speak to someone else the way we so often speak to ourselves. One of the key ways to nourish yourself with words is to become more mindful about not judging yourself. Whenever you do or say something that doesn't go well, simply acknowledge what it was and say kindly to yourself, "OK, what can I learn from this and what can I remember to do better next time?" Just saying this transforms it into a positive learning experience. Remember also to praise yourself when something goes well or you do something you're proud of! Say, "GREAT!" and linger a moment longer with the feel good feeling!

The truth is that we all make mistakes, we all get things wrong or don't think before we speak. It doesn't make you bad — it just makes you wonderfully and magnificently HUMAN!

Join me in my Chakranetics classes (mindful moving meditations) every week at the Travel Inn, Fossa. Tuesdays at 10.00am. Mondays at 7.30pm! Also, Thursday at 7.30pm in Tralee at Collis-Sandes House.

066 9766374 | life_coachingunlimited @yahoo.ie



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SOLAS

Sales: Des 087 659 3427 or Email: killarneyoutlook@outlookmags.com





Sunday:2pm - 5.30pm

YOUTH ZONE

CREATIVE KIDS OFF TO A FLYING START

Its all systems go for the students of Donna Griffin of Creative Kids. Donna opened her pre school in Tiernaboul National School in September and is just thrilled with the progress so far.

"We are off to a flying start", she told the Killarney Outlook. "I have children attending both for ECCE and part time with more due to start in the new year", she added.

Creative Kids held an official opening on October 4th and people took the opportunity to view the room and sign up for September.

"Places are filling fast" said Donna who is advising parents to contact her on 087 1272781 to avoid disappointment.



Muinteoir Donna Griffin, pictured at Creative Kids Preschool, Tiernaboul NS with her students Back Row L-R Blaithin Claffey, Cathal McGillicuddy-Lynch, Naoise Fleming & Jack Gleeson. Front Row L-R Timmy O'Sullivan, Lennon Cronin & Jessica Treyvaud. Picture Marie Carroll-O'Sullivan 087 391 4808

🐝 A look through the lens at what's happening this week 🕡



ST BRENDAN'S COLLEGE AND ST BRIGID'S SECONDARY MUSIC GROUPS WHO JOINED WITH THE VISITING WAUWATOSA EAST SYMPHONY ORCHESTRA FROM MILWAUKEE FOR A CONCERT IN ST BRENDAN'S COLLEGE WITH LIAM O'CONNOR, MISH O'DONOGHUE ST BRENDAN'S, ROSE HEALY ST BRIGID'S SECONDARY SCHOOL AND NOREEN O'SULLIVAN ON TUESDAY.



Teachers and students held Pres goes Pink Day on Wednesday. Each student was encouraged to accessorise in Pink and contribute $\in 2$. There was a coffee morning for staff and each member was asked to give $\in 5$. The school plan make a presentation of the funds raised to the local branch of the Irish Cancer Society.



ST BRENDAN'S COLLEGE AND ST BRIGID'S SECONDARY MUSIC GROUPS WHO JOINED WITH THE VISITING WAUWATOSA EAST SYMPHONY ORCHESTRA FROM MILWAUKEE FOR A CONCERT IN ST BRENDAN'S COL-LEGE WITH LIAM O'CONNOR, MISH O'DONOGHUE ST BRENDAN'S, ROSE HEALY ST BRIGID'S SECOND-ARY SCHOOL AND NOREEN O'SULLIVAN ON TUESDAY. 30 OUTLOOK 16.10.15



SINEAD WHITE, VANESSA GALLIVAN, BRIDGET O' BRIEN - MAKE A JUMP FOR IT DURING THE ST. BRIGID'S SECONDARY SCHOOL THIRD YEARS SURFING TRIP ON MONDAY



Third years from St. Brigid's Presentation School in Killarney pictured on a surfing trip on Monday last. Pictured are Seanagh Cronin, Ciara Moynihan, Alison Cronin & Kelly O' Halloran



Teachers and students held Pres goes Pink Day on Wednesday. Each student was encouraged to accessorise in Pink and contribute $\in 2$. There was a coffee morning for staff and each member was asked to give $\in 5$. The school plan make a presentation of the funds raised to the local branch of the Irish Cancer Society.

Kerry Hypnosis Clinic Email: irishhypnosiskerry@gmail.com

Quit Smoking

95% Success, No Cravings, No weight Gain " Off the cigarettes over a year, thanks to juli, so happy it's easy with hypnosis" Noreen O' Connor

Lose Weiaht

Tired of diets that don't work? Lose weight Easily & Permanently Virtual Gastic Band now Available.

" Hypnosis changed my whole life, my outlook, the way I feel, I have lost 6.5 stone in 8 months" J Houlihan, Kerry

Fears/Phobias Panic Attacks

Generally 2 to 3 sessions to completely remove.

" I thank God every day I went to Juli, I feel fantastic after hypnosis, I know longer need medication for panic or anxiety" K McCarthy, Kerry





JUST C20 EACH

Aherns Pharmacy Farranfore | 066 9764 110

Manage Your Health

THE COMMON COLD

Commonly starts with a scratchy throat, followed by sneezing and a streaming nose.

How to tell if you have a Cold or the Flu

SYMPTOM	COLD	FLU
Fever	Rare	High
Headache	Rare	Prominent
Aches & Pains	Rare	Common, can be severe
Weakness	Mild	Lasts a few weeks
Exhaustion	Never	Common
Cough	Mild	Common, can be severe
Sore Throat	Common	Common
Runny Nose	Common	Common
Sneezing	Common	Common

TIPS FOR MANAGING THE COLD, FLU OR COUGH:

• Drink plenty of fluids, such as water, vitamin-rich fruit drinks and hot drinks containing honey & lemon

- Eat a diet high in fresh fruit & veg
- Avoid alcohol, tobacco and caffeine

 Put a few drops of eucalyptus oil on your bed linen at night

• To protect others, cover your mouth and nose when

sneezing or coughing, and wash your hands frequently • Never exceed the stated dose of your cold, flu or cough

remedy

You can take paracetamol or ibuprofen to relieve headache, aches & pains and fever. Ask your doctor or pharmacist for advice about over-the-counter remedies.

 If you are taking medicines for other conditions, you must check with your doctor or pharmacist before taking other over-the-counter remedies.

If your symptoms persist or worsen, consult your G.P. **MANAGING CHILDREN'S COUGHS & COLDS:**

Following recommendations on the treatment of cough & cold in children under 6yrs, we have some tips on how to deal with the most common symptoms:

SYMPTOM	TREATMENT
Fevers, aches & pains	Paracetamol (Calpol) & Ibuprofen (Nurofen)
Chesty cough	Carbocisteine (Exputex)
Dry cough/sore throat	Glycerine & Honey Pharmony Throat Syrup Tyrozet Lozenges
Congestion	Vapour Rubs (Vicks) & drops (Olbas for Kids)
Blocked sinuses	Saline drops (Nasosal) & rinses (Neilmed paed)
Runny nose	Zirtek (non-drowsy) or Phenergan (sedating)

Night-time symptoms can also be relieved by using either vapourisers or humidifiers in your child's room so both you and your child can get a good night's sleep. Our pharmacy team will be able to advise you on the most suitable treatment for your child. For expert advice on managing colds & flu, call in to us or visit

www.ahernspharmacy.com



If you have any Health Care query call in to Dan at Ahems Pharmacy for advice & help.

Halloween Outlook



4a Woodlands Industrial Estate. Park Road, Killamey,

Email: buddieskillarney@eircom.net Prizes for best costumes

FAMILY ENTERTAINMENT CENTRE

MID-TERM OPENING HOURS

Bank Holiday Monday 26th 11am to 10pm Tuesday 27th 11am to 10pm. Wednesday 28th 11am to 10pm, Thursday 29th 11am to 10pm, Friday 30th 11am to 10pm, Saturday 31st 11am to 10pm, Sunday 1st 12noon to 8pm.

Halloween Fun on Wednesday 28th Offering FREE non-alcoholic spooky punch. Prizes for the best dressed. Also we will be running a COLOURING **COMPETITION for all our Monkey Paradise** hell raisers with many prizes to be won. Pop in and pick up yours now!

Manor Leisure & Retail Park, Tralee. Tel: 066 7197007 e: bowlingbuddies@eircom.net www.bowlingbuddies.ie

Hallower Fun and games Friday 301/3pm to 5pm

ma 0646639080

Bank Holiday Monday 26th 10am to 6pm. Tuesday 27th 10am to 6pm

Wednesday 28th 10am to 6pm, Thursday 29th 10am to 6pm, Friday 30th 10am to 6pm, Saturday 31st 10am to 6pm, Sunday 1st 12noon to 6pm

Halloween Clayfun 0:07. on Friday 30th Clayfun 1 tam to 5pm FREE character painting **FREE face painting**

REATS US' IN CORK

Mid-Term Family Breaks

All offers include:

Bed & Full Irish Breakfast each morning 4 course meal on 1 evening FREE Family Pass to Fota Wildlife Park FREE Family Picnic FREE Leisure Club Facilities FREE Talbot Tiger Kids Club FREE Treat on Check Out Offers based on 2 Adults & 2 Kids



(6)



orielhousehotel.ie

MIDLETCON PARK Old Conk Road, Midleton, Conk. midletonpark.com per family

/ 3 nia ber family

2 3 Funfilled Halloween

Halloween Outlook

Sales: Tina 087 121 0959 or Email: sales=outlookmags.com



ENVIRONMENTAL HALLOWEEN CAMP AT THE KILLARNEY NATIONAL PARK EDUCATION CENTRE

Come and experience Autumn during the mid-term break at the Killarney National Park Education Centre by taking part in our Environmental Halloween Camp. The Camps run from 9.30am to 3.00pm and are packed full of exciting and fun activities and games. As long as the weather permits, most of the weeks activities will be held outdoors – such as scavenger hunts, pond dipping, trapping small mammals, listening to the deer rut, playing ecologically themed games, building dens etc One of the days will be fancy dress when we'll all be dressed as something Spookie!

Killarney National Park Education Centre is based in Knockreer House, in the Demesne opposite St Mary's Cathedral. All of our staff are garda vetted.



ENVIRONMENTAL HALLOWEEN CAMP

Killarney National Park Education Centre will be running an ENVIRONMENTAL HALLOWEEN CAMP

for 7 to 12 year olds from Tuesday 27th October - Friday 30th October

For further details and bookings please contact Killarney National Park Education Centre, Knockreer House, Killarney, Co. Kerry Tel. 064 6635960

Email knpeducationcentre@eircom.net



Halloween Outlook

Sales: Tina 087 121 0959 or Email: sales@outlookmags.com

TRALEE BAY WETLANDS HALLOWEEN CAMP IS BACK

The Tralee Bay Wetlands team will host a 'Fang'tastic Halloween Camp from Tuesday 27th October – Friday 30th October suitable for children aged 5years – 12 years. Every Day a new spooky adventure with ghostly games to play and the haunted wetlands to explore.

This camp will run from 10am – 2pm and costs €70 per child for all 4 days, €20 for one day participation. Sibbling or Buddy Discounts apply if two or more children are booked together for all 4 days.



AALLOWEEN CAMP

Gear up for a **SPOOK** tacular Fright this year at Tralee Bay Wetlands with our **FANG** tastic

ALLOWEEN CAMP

Funfilled Halloween Brea

Tuesday 27th October - Friday 30th October 5years - 12 years + 10am - 2pm (drup off 9,30am) 670 per child +0lays + 620 per one day participation. Siding & Buddy discust on + day camp when 2 or more children booked together. FREE mater in Per Trick at True Pert for 1 day song aurisignam. (Printin 34" dot)

PRE-TRICK OR TREAT FANCY DRESS PARTY

Saturday 31st October

Wefmith Curren and more are burning a special "Frick or Yotar" Poncy Direct Poncy For all ponce faithe gloom, and gebbies on Saturday J1 in Analysis. Exposite fair & speciely games with him the the which family to expery Apoxity Hiddowson Tomason Trail, Catch that Windth. Hiddowson Party Guidean with Speciely Games and Competitions, Swary Storker, Franks, Fancy Overn and Amont Speciel Hiddowson Apolytims and Pan overas the Mollow up to and Sockeding. (2 years,

Suitable for children up to 12 years + 3.30pm − Spm €7 per child (Adults Free)

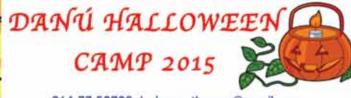
Tel: 066 7126700 • www.traleebaywetlands.org

Pre Trick or Treat Party

The team will also host a special 'Pre Trick or Treat' Fancy Dress Party for all your little ghosts and goblins on Saturday 31st October. Enjoy the fun & spooky games with the wetlands team over the Halloween Break with lots for the whole family to enjoy including, Spooky Halloween Treasure Trail, Catch that Witch! Halloween Party (indoor) with Spooky Games and Competitions, Scary Stories, Pranks, Fancy Dress and more.

Special Halloween Activities and Fun events for children up to and including 12years. This event will commence at 3.30pm and costs €7 per child. Full Week Camp participants and season ticket holders are free of charge. *Tralee Bay Wetlands Centre is open daily 10am - Spm all over Halloween and Mid Term Break.*



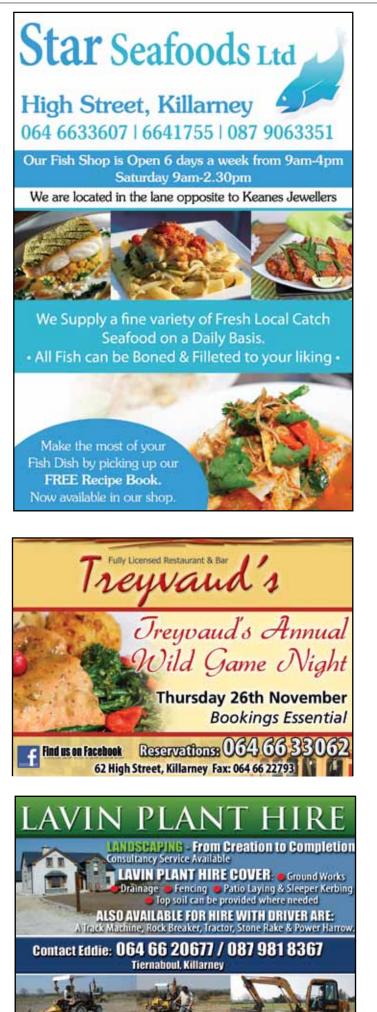


064 77 58700 1 danurathmore@gmail.com

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OUTLOOK SPORTS NEWS Editor : Donal Barry

GARVEYS SENIOR FOOTBALL CHAMPIONSHIP

Email: news@outlookmags.com

IMPRESSIVE RATHMORE NOT WHAT THE DOCTOR ORDERED

RATHMORE 2-15 DR CROKES 1-13

A superbly motivated and hungry Rathmore outfit ensured a final four place for the East Kerry club over Dr Crokes on Sunday following two crucial lapses in concentration by Crokes that were severely punished by Rathmore.

Dr. Crokes gave up both their goals fairly soft with John Moynihan intercepting a 7th minute back pass, while 17 year old Dean Fitzgerald fire to the net after stripping the Crokes defence of the ball 5 metres from goal. They were the scores that Rathmore built their win on and defended to hilt with Aidan O'Mahony impressive at midfield despite the fact that Crokes won most breaks.

This was a tremendous win for Rathmore who have never won the Kerry SFC and the proud border club are now just two games away from claiming the biggest prize in Kerry football, the Bishop Moynihan Trophy for the very first time.

In a game that produced some tremendous excitement, great scores and talking points, Rathmore can thank the strike forces of Eoin Lawlor, Dean Fitzgerald and Brendan O'Keeffe for this win.

Between them, this trio scored 1-11 of their final tally, which laid a solid foundation for their ultimate victory.

Alan O'Sullivan gave Crokes the lead for the only time in the contest after two minutes and when Brendan O'Keeffe equalised on the fifth minute it was to be the last time the sides even shared parity.

O'Keeffe added another point before disaster struck for the Killarney side when John Moynihan pounced to score Rathmore's first goal.

Colm Cooper, Daithi Casey and Chris Davies added points for Crokes to bring them back into contention before county star Paul Murphy added a Rathmore score.

RATHMORES PAUL MURPHY DRIVES PAST FIONN FITZGERALD OF DR.CROKES IN SUNDAYS FOOTBALL CHAMPIONSHIP QUARTER FINAL IN FITZGERALD STADIUM.PHOTO BY PADDY WHITE

after 22 minutes.

Ambrose O'Donovan and Paul Lawlor swapped scores as did Colm Cooper and Paul Murphy. Rathmore struck for their second goal when a mistake from Crokes' keeper Alan Kelly resulted in Dean Fizgerald finishing to the net.

Kerry minor Gavin White and Colm Cooper added points for the Killarney side but it was Rathmore who led 2-8 to 0-9 at half time.

Crokes best goal scoring opportunity came in the 38th minute when Colm Cooper's kicked effort was slightly too high with only Rathmore goalie Padraig McCarthy to beat.

Alan O'Sullivan and Daithi Casey added points before Casey struck a great goal following a fine run through the heart of the Crokes defence.

Replacement Tony Brosnan cut the gap to the minimum as excitement mounted and for a while, it seemed that Dr Crokes would stage another of their typical smash and grab raids and claim victory.

However, Rathmore regrouped and late points by goalkeeper Padraig McCarthy (Free), Eoin Lawlor and Brendan O'Keeffe saw the Rathmore claim a memorable win.

Dr Crokes: Alan Kelly; John Payne, Eoin Brosnan, Mike Moloney, Gavin White, Fionn Fitzgerald, David O'Leary, Ambrose O'Donovan (0-1), Johnny Buckley, Alan O'Sullivan (0-2), Daithi Casey (1-1), Brian Looney (0-1, 0-1 '45); Colm Cooper (0-4, 0-3 frees), Chris Brady, Jordan Kiely.

Subs: Mike Milner for O'Donovan (28), Jamie Doolan for Kiely (HT), Cillian Fitzgerald for Moloney (33), Gavin O'Shea for Looney (33), Tony Brosnan (0-2) for Brady (33), and Shane Myers for Gavin O'Shea (52).

Rathmore: Padraig McCarthy (0-1, 0-1 free), Conor Jenkins, Tom O'Sullivan, James O'Sullivan, Conor O'Sullivan; Cathal Murphy, TJ Friel, Aidan O'Mahony, Donal O'Sullivan, Brendan O'Keeffe (0-4, 0-1 free), Paul Murphy (0-2); Daniel O'Sullivan, Eoin Lawlor (0-5, 0-3 frees), John Moynihan (1-0), Dean Fitzgerald (1-2).

Subs: George O'Keeffe (0-1) for John Moynihan (44), Brian Moynihan for Daniel O'Sullivan (48), Michael O'Riordan for Conor O'Sullivan (57). Referee: Padraig O'Sullivan (Firies).

Eoin Lawlor and Brendan O'Keeffe added to Rathmore's first-half tally, they led 1-6 to 0-5

EAMONN FITZMAURICE ANNOUNCES HIS BACKROOM TEAM

Kerry Senior Football team Manager, Eamonn Fitzmaurice, has named Padraig Corcoran as the new Trainer/Selector. The Dingle club man has been very active with his club training teams at all levels. He also trained the Kerry minor team in 2010 and 2011 as a member of Pat O'Driscoll's management team. Pádraig has been an important member of Éamonn Fitzmaurice's back room team

since 2012 where he has worked closely with the management as an S&C coach. Fitzmaurice has also added former Kerry All Ireland winning captain Liam Hassett

as a Selector for 2016 along with the outgoing Mikey Sheehy and Diarmuid Murphy. The Laune Rangers club man holds 3 All Ireland Senior and two All Ireland Under 21 Medals, is a former All Star and the holder of 3 County

Championship medals with his club. Of late he has been managing his Club, Laune Rangers. The full management Team is: Eamonn Fitzmaurice (Finuge) Trainer/Selector: Padraig Corcoran (Dingle) Selectors: Diarmuid Murphy (Dingle), Mikey Sheehy (Austin Stacks), Liam Hassett (Laune Rangers).



OUTLOOK SPORTS NEWS mail: news@outlookmags.com



Editor : Donal Barry

GARVEYS SENIOR FOOTBALL CHAMPIONSHIP O'DONOGHUE ON SONG AS O'RAHILLY'S GO OUT

KILLARNEY O'LEIGION 4-9 KERINS O'RAHILLY'S 1-15

Kerry star James O'Donoghue was the scoring sensation bagging a fine individual hat-trick as his club Killarney Legion advanced to the last four of this year's Garvey's Kerry SFC in Fitzgerald Stadium on Saturday afternoon.

Tommy Walsh who drifted between midfield and full-forward throughout the game had another scintillating outing for O'Rahilly's, while for Killarney Legion, young rising prospect Conor Keane, a County under 21 this year, caught the eye, as did Podge O'Connor in defence.

The game had everything including five goals, some fantastic football played at a very high octane pace throughout between two highly motivated and superb sides.

Barry O'Shea's charges got off to a dream start when Jack Savage pointed inside the opening minute to give them the lead.

Then in the 3rd minute, Conor Keane, another fine inter-county prospect, laid off a peach of a pass to feed James O'Donoghue for Legion's first goal.

The play was fast and furious and the crowd were warming to the battle that was unfolding before their eyes.

Jack Savage replied with O'Rahilly's second point and when Barry John Keane was fouled inside the small square David Moran finished



KERRY STAR JAMES O'DONOGHUE SORER OF THREE GOALS IS CLOSELY WATCHED BY KERINS O'RAHILLYS CORMAC COFFEY.

the subsequent penalty to give O'Rahilly's a 1-2 to 1-1 lead.

Jamie O'Sullivan added an excellent point for Legion before Conor Keane who posed serious problems for the O'Rahilly's defence, netted for Peter Keane's side.

The sides swapped scores before James O'Donoghue got through for his second goal and Legion's third, again from a Conor Keane pass, to give the Legion a 3-4 to 1-8 interval lead.

The second half began with Jack Savage pointing some frees for O'Rahilly's but the Killarney team were maintaining their advantage and with 11 minutes gone on the watch, the score now stood Legion 3-8 O'Rahilly's 1-11.

James O'Donoghue completed his hat-trick when he netted a penalty won by himself, to stretch his side's lead to six points.

O'Rahilly's refused to surrender and the deployment of Tommy Walsh to the edge of the square for the remainder of the game reaped a rich harvest with a brace each from Jack Savage and Walsh narrowing the gap to two points.

However, Denis Sheahan had the final say for Peter Keane's side and he grabbed the insurance score to send Legion into the last four.

Legion: Brian Kelly, Cathal Sheehan, Danny Sheahan, Podge O'Connor, Daragh Doherty, Damien O'Sullivan, Jonathan Lyne, Shaun Keane, Jamie O'Sullivan (0-1), Kevin Breen (0-1), James O'Donoghue (3-2), Billy McGuire (0-1), Tom Moriarty (0-1), David O'Sullivan (0-1), Conor Keane (1-1).

Kerins O'Rahillys: Gary Kissane, Danny O'Sullivan, Shane Brosnan, Tommy Begley, Cormac Coffey, Ross O'Callaghan, Cian Sayers, David Moran (1-0), Con Barrett, John Ferguson, Barry John Keane (0-1), David McLoughlin (0-1), Jack Savage (0-9), Tommy Walsh (0-2), Grea O'Connell.

Referee: Cathal O'Dubhda (An Ghaeltacht).

EAST KERRY RETAIN U16 COUNTY FOOTBALL TITLE

EAST KERRY 3-16 WEST KERRY 1-11

East Kerry came roaring out of the blocks with 1-4 on the trot. Ciaran Flynn (f) and Donnacha O'Sullivan were both on target before combining to set up David Clifford for a cracking goal, while Mark Harnett and Niall McCarthy also split the posts. Sharpshooter extraordinaire Deividas Uosis got West Kerry on the board before captain fantastic Cathal Ferriter pointed from play but man of the match David Clifford won a free converted by Ciaran Flynn before adding two points from play. Niall o Geibheannaigh, lining out at wing forward, hit a West Kerry point. David Clifford was a constant menace by now, his pass setting Niall McCarthy up for a goal chance that was brilliantly saved by Eoin o Brosnochain.

Uosis and Flynn swapped frees before East Kerry hit a purple patch, Cian O'Callaghan bursting through for a great goal and David Clifford, Mark Harnett, and Donnacha O'Sullivan pointing. Niall o Geibheannaigh and Micheal Sacnlain replied, but East Kerry led by 2-11 to 1-5 at the break and it already looked a long way back for a gallant West Kerry. They made a great battle of it in the second half, with Uosis (2f) and Geibheannaigh picking off frees and Brian Scanlain and Marc Aghas hugely impressive in midfield, Ciaran Flynn (f) made it 2-12 to 1-7 but David Clifford and Donnacha O'Sullivan stretched the lead. West Kerry picked off points through Cathal Ferriter, Steven o Conchuir, and Lucas o Chonaill to bring the gap down to 6 points, but East Kerry surged to the finishing line with points from David Clifford and Liam Brosnan and Aaron

McCarthy kicked a clinching goal with the last kick of the game. Coiste na nOg Chairman Tom Keane

and Gerry O'Dwyer of sponsors Lee Strand presented the Con Courtney Memorial Cup to East Kerry captain Niall O'Donoghue.





OUTLOOK SPORTS NEWS

Editor : Donal Barry

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GARVEYS SENIOR FOOTBALL CHAMPIONSHIP DECLAN RESCUES THE SOUTH FROM SPIRITED KILCUMMIN

SOUTH KERRY 0-14 KILCUMMIN 1-8

In the first of the four quarter finals at the weekend South Kerry came through a bruising battle in an extremely physical encounter that saw both sides finish without their full complement of players but 13 man South Kerry may well rue the injury to Killian Young ahead of their semi-final date.

Still it was not all bad news as South Kerry called on a familiar old reliable in Declan O'Sullivan with the experience needed to rest the game away from a Kilcummin side who had enough chances to win the game in the first half alone. The Killarney side spurned three goal chances in the first half and with Mattew Keane rattling the crossbar deep in injury time at the end of the game when a goal would have rescued a draw.

Kilcummin hit the ground running and when Kevin McCarthy crashed to the net on the 9th minute they were 1-2 to no score ahead.

However instead of kicking on it was South Kerry, just as had done in the previous round against the same opposition began to reel in their opponents with four unanswered points including two frees from Bryan Sheehan who had failed to score against Dingle the previous week.

Brendan Kealy and Aidan Walsh swapped scores before Kilcummin turned up the heat



PAUL O'SULLIVAN ESCAPES FROM THE ATTENTIONS OF DANIEL O'LEARY AND KEVIN GORMAN OF KILCUMMIN. PHOTO BY PADDY WHITE.

on a static South Kerry who were in trouble in a number opposition not least of all their full back line where Kilcummin created a hat trick of goal chances but South Kerry keeper made two telling saves before Killian Young took another effort off the goal line.

Still Philip Casey and Kevin McCarthy added the point to take their lead to 1-5 to 0-5 with just four minutes remaining in the half. Walsh and Sheehan added further South Kerry points to counter another Philip Casey effort to trail at the break 0-7 to 1-6.

The quality of play deteriorated rapidly in the second half in a game, which saw a lot of

uncompromising tackles many go unpunished as the yellow cards mounted up on both sides. Kilcummin remained ahead with five minutes on the clock 1-8 to 0-10 but under the composure of Declan O'Sullivan South Kerry found the scores, they needed in the 8 minutes of added time that was needed due to Killian Young's injury, which needed him stretchered from the pitch.

O'Sullivan kicked South Kerry level on the 60th minute with player of the game Brendan O'Sullivan adding a brace before picking up a second yellow with Denis Daly securing the contest on the 68th minute.

Kilcummin: Brendan Kealy 0-2F, James Devane, Donal Maher, Sean Brosnan, Philip Casey 0-3 (0-1F), Daniel O'Leary, Noel Duggan (C), John McCarthy, Kevin Gorman, Matthew Keane, Chris O'Leary, Ian Devane, Kelvin Teahan 0-1, Kieran Murphy, Kevin McCarthy 1-2 (0-1F).

South Kerry: Brian O'Connor (Valentia), Brian Sugrue (Renard), Daniel Daly (St Marys), Padraig O'Sullivan (Piarsaigh na Dromoda), Greg Gibson (Waterville), Bernard Walsh (Skellig Rangers), Killian Young (Renard), Bryan Sheehan (St Mary's) 0-4 (0-3F, 0-1 '45'), Brendan O'Sullivan (Valentia) 0-4 ,Aidan Walsh (St Mary's) 0-3, Denis Daly (St Mary's) 0-1, Paul O'Donoghue (St Mary's), Ian Galvin (Sneem/ Derrynane) 0-1, Chris Farrelly (Piarsaigh na Dromoda), Conor O'Shea (St Mary's). Referee: Jer Lynch (Ballymac).

O'CONNOR POINTS KENMARE IN THE RIGHT DIRECTION

KENMARE DISTRICT 1-15 WEST KERRY 0-11

A year on from failing to field a team, Kenmare District are just one game away from a place in the Senior County Final after Paul O'Connor for the second successive game kicked eleven points to see them past a West Kerry team that scored only twice in the second half.

It was a complete collapse for the West Kerry outfit who had more than played their share of the good football in the first half and even went in at the break 0-9 to 0-8 ahead but they would have to wait until the 51st minute to add to first half total. By that, stage Kenmare had sprinted passed them with the aid of a deflected Brian Crowley goal on the 48th minute to lead 1-12 to 0-10.

The opening half provided some delightful football with both teams happy to play without sweepers and go man to man throughout. The sides were level on four occasions before West Kerry finished the opening half the stronger with Eanna O'Connor, Roibeard O'Se, Marc O'Se, James Crean and Jason Hickson all impressive.

Hickson's 26th minute point put the West Kerry team 0-9 to 0-6 ahead before late Paul O'Connor and Dara O'Shea points putting the bare minimum between the sides,

O'Connor would end the half with seven of his side's eight points. The second half saw Kenmare take control of midfield and with it; they provided a greater platform for their forwards. Stephen O'Brien and Brian Crowley who up to then were pretty quiet began to cause added trouble for the West Kerry back line who had been under serve pressure for most of the second half.

By full time Kenmare were seven clear without any real test of their character. They will be a difficult outfit to judge, as West Kerry never really manage to put them under enough pressure. For the second week in a row Kenmare's Paul O'Connor was scorer in chief with a personal haul of 0-11 points (just a goal short of his tally against Laune Rangers) and it could be a cause of concern if his good form was to dry up.

Kenmare District: Kieran Fitzgibbon (Kenmare), Dara Crowley (do), Tommy O'Sullivan (do), Gavin Crowley (Templenoe), Dara O'Shea (Kenmare) 0-1, Tadgh Morley (Templenoe), John Spillane (Templenoe), Flor O'Sullivan (Tousist), Adrian Spillane (Templenoe), Brian Crowley (do) 1-1, Stephen O'Brien (do) 0-1, Kevin O'Sullivan (Kenmare), Killian Spillane (Templenoe) 0-1, Teddy Doyle (do), Paul O'Connor (Kenmare) 0-11 (0-7F)

Subs: Mark Crowley (Templenoe) for Tommy Sullivan (27), Sean Sheehan (T) for Teddy Doyle (54), Patrick Clifford (T) for Dara O'Shea (57), Sean O'Shea (K) for Kevin O'Sullivan (59)

West Kerry: Tomas Mac An Tsaoir (An Ghaeltacht), Brian O'Beaglaoich (An Ghaeltacht), Marc O'Se (An Ghaeltacht) 0-1, Cathal O'Luing (An Ghaeltacht), Gearoid O Nuanain (Lispole), Gavin O'Connor (Castlegregory), Colm O'Muircheartaigh (An Ghaeltacht), Roibeard O'Se (An Ghaeltacht) 0-1, Alan Fitzgerald (Castlegregory) 0-2 (0-1F), Padraig O'Se (An Ghaeltacht), Sean Micheal (An Ghaeltacht) 0-2, Eanna O'Conchuir O'Conchuir (An Ghaeltacht) 0-3, James Crean (Annascaul) 0-1, Eamonn Hickson (Annascaul), Jason Hickson (Annascaul) 0-1)





JOHN O'LEARY KERRY GAA PRO GIVES HIS WEEKLY ROUND-UP OF GAA EVENTS IN THE COUNTY.

SPA AND ST MARYS CLASH IN THE CASTLEISLAND MART INTERMEDIATE FINAL

Sunday is a big day for Spa and St Marys when they go head to head in the Castleisland Mart Intermediate final in Fitzgerald Stadium (throw in 2pm). Spa are of course appearing in their second final in a row having been beaten by Ardfert in last year's decider. They last won the title in 2009 when they went all the way to the All Ireland final only to lose to Cookstown of Tyrone and in 2012 they were defeated in the county final after a replay by Finuge. On their way to the decider they accounted for Annascaul in Round 1 by two points and then they played out a high scoring quarter final draw with Kenmare at the end of April before doing well to win the replay by three points in Kenmare. Both of those games could have easily gone the other way but five months later they had six points to spare over John Mitchels when the sides met in the semi final in Killorglin.

St Marys had a very successful run in the Junior Championship of 2010 which resulted in County, Munster and All Ireland titles coming to Caherciveen and since then they appeared in the Intermediate final two years ago where they had to give second best to Currow. They opened this year's campaign with a good seven points victory over Emmetts in Listowel and then also had seven points to spare in their local derby win over Waterville. Desmonds were many people's favourites to lift the Fenian Cup this year but after a terrific high scoring contest, St Marys it was who had that two point advantage at the end.

CASTLEISLAND MART JUNIOR FOOTBALL CHAMPIONSHIP SEMI FINALS

The Junior Football Championship swings back into action this coming weekend with the two semi finals down for decision. Glenbeigh-Glencar will play fellow Mid Kerry side Beaufort on Saturday in Killorglin at 4pm and on Sunday in Beaufort, Templenoe will play Firies at 1pm with extra time in both games if necessary.

CASTLEISLAND MART NOVICE CHAMPIONSHIP SEMI FINALS

There is also semi final action in the Novice Championship this weekend with both semi finals to be decided. In Finuge, here is an allnorth Kerry clash where Asdee take on St Senans and in Strand Road, Lispole play Ballydonoghue. Both games on Sunday at 2pm.

NOVICE SHIELD SEMI FINAL

Moyvane play Fossa on Sunday next in the John Mitchels grounds at 2:30 but there is no date confirmed for the other semi final between Sneem/Derrynane and Beale.

KEANES SUPERVALU KILLORGLIN MINOR FOOTBALL CHAMPIONSHIP SEMI FINALS

The semi finals of the Keanes Supervalu Killorglin Minor Football Championship will be played on October 24th with Mid Kerry playing Dr Crokes and Shannon Rangers playing Dingle. Both games are in the John Mitchels complex at 2pm and 3:30 respectively.

INTERMEDIATE CHAMPIONSHIP RELEGATION PLAYOFFS

The Intermediate Championship relegation commence playoffs on October 25th when Glenflesk play Emmets in Strand Road (2pm) and continue on October 31st when Brosna play Keel and Annascaul play Gneeveguilla (both at 3pm) at venues to be decided. No date has been fixed for the Skellig Rangers V Finuge game. CREDIT UNION SENIOR

FOOTBALL LEAGUE There were three games played in the Credit Union Senior Football League last weekend. In Division 1,

Austin Stacks moved into joint second place in the table together with Legion following

their 1-12 to 0-4 victory over Finuge while Glenbeigh-Glencar guaranteed their Division 1 status for next season with a 0-15 to 1-10 victory over Dingle who are not out of the woods in the relegation zone yet.

In Division 2, John Mitchels moved into second place in the table a point behind leaders Templence on 15 points following victory over Glenflesk by 0-15 to 3-5. The Tralee side are one point ahead of Kenmare who are on 14 points. Rathmore and Spa, who meet in a back game are on 13 points.

Sunday 15th November has been set aside for as many County League fixtures as possible but some vital games in some Divisions, such as Division 1, will go ahead at the earliest opportunity as fixtures allow.

GAELIC FOR ALL SESSIONS IN TRALEE

The students from the Sporting Chance course at National Learning Network Tralee, in conjunction with Kerry County Board's Inclusion and Integration Committee, will be running Inclusive Gaelic sessions, starting next Wednesday, October 14th from 4-5pm in Tralee Sports Complex. The sessions will be outdoors and will focus on the basic skills of the game as well as fundamental movement skills such as agility, balance and co-ordination. The sessions will run each Wednesday for 6 weeks. Children with additional/special needs and those not involved with a club are especially welcome. For further information please contact Kevin Smith at 086 0404270 or 066 7122533

KEANES SUPERVALU KILLORGLIN MINOR HURLING CHAMPIONSHIP FINAL

St. Brendan's and Lixnaw have qualified for the final of the Keane's Super Valu county minor



CONOR FITZELL CAPTAIN OF KILMOYLEY JUNIOR TEAM RECEIVING THE TOMMY O SULLIVAN CUP FROM JOE WALSH OF NKHB AFTER DEFEATING LADIES WALK IN THE FINAL LAST SATURDAY.

hurling championship. It will go ahead on this Saturday at Kilmoyley where there will be a 2.30p.m. throw in.

In last weekend's semi-finals, St. Brendan's had a facile 8 – 15 to 3 – 6 win over South Kerry in a very one sided game at Lewis Road, Killarney. Meanwhile the Lixnaw versus Ballyduff/ Causeway game was a thriller with just 2 points separating the sides at the finish, 0 - 21 to 1 - 15. Lixnaw's Shane Conway scored 17 points for his side.

ACORN LIFE UNDER 21SEMI FINALS

In the Acorn Life county under 21 hurling championship quarter final on Sunday last, Abbeydorney/Ballyheigue had a 1 – 15 to 3 – 6 win over Crotta O'Neill's. The semi-final draw has resulted in the following pairings: St. Brendan's v Abbeydorney/Ballyheigue and Causeway v South Kerry. Both these games are fixed for Saturday, 24th October at 3.00p.m. with venues to be confirmed.

INTERMEDIATE & JUNIOR CHAMPIONSHIPS FINALS

On this Sunday, 18th October both the co. junior and intermediate championship finals are down for decision. Austin Stacks play Duagh in the junior final at Lixnaw, 1.30p.m.while Dr. Crokes take on Kilmoyley in the intermediate championship final at Abbeydorney at 3.00p.m.

COUNTY SENIOR HURLING LEAGUE

This year the top 4 teams in Division 1 of the co. senior hurling league will play semi-finals as follows: Kilmoyley v St. Brendan's and Causeway versus Abbeydorney. They have been fixed for Saturday, 31st October at 3.00p.m., venues to be confirmed.

GAA CLUB CALL

Deadline: Monday 3pm Email: editorial@outlookmags.com





MILLTOWN/LISTRY U14 GIRLS WHO PLAYED RATHMORE ON FRIDAY NIGHT LAST IN THE DIVISION 1A EAST KERRY FINAL

EAST KERRY NOTES WITH ÁINE NÍ SHÚILLEABHÁIN PRO AQUILA CLUB O' DONOGHUE CUP -ROUND 1: LISTRY 1-12 FOSSA 0-9

The 2015 Aquila Club O'Donoghue Cup, sponsored by the Aquila Club, Gleneagle Hotel, got under way on Saturday when Listry hosted Fossa. The opening half saw Listry notch up 4 points to three for Fossa. The Listry lead would have been greater only that the Fossa keeper denied Listry a goal with a great save. In the second half, Listry proved the stronger, pulling ahead 3 points on the fortieth minute. Further Listry pressure was rewarded with a Derry Aherne goal, from a rebound goal shot by Sean Lehane giving the home side the lead 1-8 to 0-5 found Jimmy O'Leary and Joe Clifford opened a 3 point gap in Listrys favour. Paudie the net Clifford and Donald O'Sullivan added points for Fossa. The sides traded points but Listry were in control in the middle area of the field and finished strongly to qualify for the quarter finals, where they are away to Rathmore. Final score Listry 1-12 Fossa 0-9

FIRIES 1-13 CURROW 1-11: It was the home side, Firies who progressed to the quarter finals when they took on Currow last Sunday round 1 of the Aquila Club O'Donoghue Cup. A scatter of points had the visitors ahead by two, eighteen minutes into the game, 0-7 to 0-5. In a fast paced game, play varied from end to end, with both defences denying scores. The Currow keeper made a great save when Mike Day sent a reaper goalwards shot at goal, proved by James O Donoghue. However, Firies won possession and Sean Burke netted the ball giving the home side the lead 1-5 to 0-7. A point a piece kept the minimum between the sides, before a well worked goal involving John Daly and Ian Somers, finished to the net by Dan O'Shea, restored the Currow lead. Half time score: Currow 1-8 Firies 1-6.

Firies dominated the scoring in the second half, notching up six points without reply, in a tweny minute period to lead 1-12 to 1-8 with ten minutes remaining. Currow played to the final whistle and pressed forward repeatedly. A scatter of points from the sides left the fulltime score: Firies 1-13 Currow 1-11. Firies meet Legion in the quarter final, which will be played in Dereen, because Firies had home advantage against Legion last year. Referee: Christy Crowley (Gneeveguilla).

BEST OF LUCK: Very best of luck, to Spa in the County Intermediate Championship Final. **WELL DONE:** Congratulations to the East Kerry Under 16 Team and management on winning the County Under 16 Championship Final.

SYMPATHY: We extend sympathy to the O'Leary family, relatives and friends, on the passing away of John O'Leary. John played in all grades with his native Kilcummin, with whom he won the East Kerry Rural League in 1961. He was both Secretary (1950's) and Chairman (1960's) of the East Kerry Board and was Vice President at the time of his passing away. John played on the Kerry Minor team that was defeated by Armagh in 1949 in the All Ireland Semi Final and had better luck two years later, when he won a County Minor Championship medal with the Dick Fitzgerald's. John was a very good athlete and cross country runner and won competitions all over Kerry and Munster. Ar Dheis Dé go raibh a anam dílis.

REFEREES COURSE: Sixty St. Brendans College Transition Year students completed a young referees course, delivered by Bart Moriarty, Richard Fitzgerald and Joe Langan. The course was a fantastic success with all students enjoying the content. These students will support local clubs, refereeing Go Games blitzes. Thanks to Gary McGrath (St Brendans College) for support organising the event and the Referees Committee for working with Vince Cooper East Kerry/ Kenmare GDA to deliver the course. East Kerry club coaching officers will receive a list of all students that completed the course.

BEAUFORT GAA NOTES

CLASSES: Actively Retired Class will begin shortly as will an Aerobics Class on Thursday evenings.

LOTTO: Next lotto draw for jackpot of €3,800

will be held in Galvin's Bar on Sunday, 18th October.

FIXTURE: Beaufort v Glenbeigh/Glencar in Co Junior Championship semi-final on Saturday,17th October at 4pm in J.P. O'Sullivan, Park, Killorglin.

BEAUFORT U12S: Welcomed Kilgarvan last Sunday and their journey was well rewarded with a very decisive win over Beaufort. Beaufort battled hard, but Kilgarvan proved too elusive despite some great defending by Kieran Johnson and Sam Roberts. Oran Smith caught some great ball and delivered it quickly up the field. Simon Coffey also played his part scoring 1-3. Halftime score was Beaufort 1-4 to Kilgarvan 3-6. Beaufort played a better second half, but despite their best efforts Kilgarvan scored a further 9 points in the second half and their point-scoring abilities made all the difference. Final score Beaufort 4 – 6, Kilgarvan 5 – 15.

U14S: Beat Glenbeigh/Glencar where a late Sean O'Brien goal gave them a somewhat flattering margin of victory over a underated G'beigh/G'car side in this Mid Kerry tie played in Glenbeigh. Beaufort were the overwhelming favourites coming into the game but found the home defence a tough nut to crack though they led by 0-4 to 0-1 after 20 minutes. G'beigh/G'car then scored a well worked goal to level the game but Beaufort regained the lead before half time with points from Darragh Dennehy, Jack O'Connor and Niall Carey to leave the half time score, Beaufort 0-7 G'beigh/G'car 1-1.

Beaufort gradually built up their lead after the resumption and were seven points clear with five minutes remaining but then G'beigh/G'car struck for a second goal to narrow the gap to just four points. Beaufort steadied the ship though and finished strongly with a pointed free from Darragh Dennehy and O'Brien's goal. Final score: Beaufort 1-14 Glenbeigh/Glencar 2-3. Beaufort have now qualified for the Mid Kerry 'B' final and their probable opponents will be Keel/Listry.

U165: Sponsored by Killarney Credit Union were beaten by Laune Rangers in the Mid-Kerry Final on Sunday last. Final score Laune Rangers 3-15 Beaufort 3-13.

U15 GIRLS: Lost to Ballymac on Saturday last on a score-line of Beaufort 2-3 to Ballymac 2-5.

THANK YOU: Big thank you to everyone who supported the recent Clothes Cottection.

DR. CROKES GAA CLUB NOTES

LOTTO: Draw took place in J.C. O'Shea's on Sunday last. Numbers drawn 3, 10, 11, 19. There was one winner of the jackpot of \in 3,000. Congratulations to Barry O'Connor (c/o Mike O'Shea). Next week's jackpot is \in 3,000. Draw will take place in the Speakeasy on Sunday 18th October 2015.



GAA CLUB CALL

Deadline: Monday 3pm Email: editorial@outlookmags.com

HARD LUCK: To our Senior Football team who lost out to Rathmore in the Senior Co. Championship on Sunday last. Their next outing will be the O'Donoghue Cup against Spa (date to be confirmed) and we hope they can pick it up again for that game.

BUSY TIMES AHEAD FOR DR. CROKES

SUPPORTERS: After the loss suffered by our senior team on Sunday last, our attention turns to our Minor footballers who are preparing for East Kerry and County Championship Semi Finals, to our U-21 Footballers who are preparing for the semi-final of the County Club Championship, to our Junior Footballers who are preparing for the final of the Molyneaux Cup and our hurlers who are getting ready for the final of the County Intermediate Hurling Championship.

SENIOR CO. C'SHIP QUARTER FINAL: RATHMORE 2-15 DR CROKES

1-13. In this game, played at Fitzgerald stadium on Sunday, Rathmore always seemed to find scoring that more easy than us and well deserved their five-point victory at the end. It's rue that we concede two goals of the soft variety but fought back from a deficit of seven points five minutes after half time to get within one point of the eventual winners by the end of the third guarter. The initiative now lay with us but it was Rathmore who finished the better and ran out victors by five points.We were the first to score, a point in the first minute. Rathmore hit back with two points and then scored the first of their goals in the 7th minute. we then scored three unanswered points to get within a point of Rathmore at the end of the first quarter. The teams then exchanged points but then three points without reply from Rathmore put them four points ahead on the 22nd minute. The teams then exchanged points on two occasions but a goal by our opponents in the 29th minute put them 7 points ahead. We had two points before half time from Gavin White and Colm Cooper to leave the Half Time score Rathmore 2-08 Dr Crokes 0-09. Rathmore got a dream start to the second half scoring two points and going 7 points clear. We were now in dire trouble but three unanswered points and a great goal by Daithi Casey left just the minimum between the teams at the end of the third quarter. One would have expected us to press on at this stage but the opposite happened. Rathmore finished the last guarter much better than us and outscored us 5 points to 1 in this period for a five point victory. We congratulate Rathmore on their deserved victory and wish them the best in the concluding stages of this competition. Dr Crokes best player: Daithi Casey.

INTERMEDIATE CO. C'SHIP HURLING

FINAL: Best wishes to our senior hurlers as they prepare for their big day on Sunday next against Kilmoyley. All roads lead to Abbeydorney next weekend (Sunday at 3:00pm) as we hope that as many of you as possible can make your way to support the team.

LADIES FOOTBALL: Both our U12 and U14 Girls squads finished their playing years by securing silverware in East Kerry competition. First our u12s had a great battle with Beaufort before emerging victorious after extra time.

Our u14s had a much more dramatic finish to the season, heartbreakingly losing their third final of 2015 to Beaufort in the last couple of minutes, having lead all through. They responded however to finish their season on positive note with a 2 point win over Laune Rangers in the Plate final, again after extra time. Well done to all these young girls for their commitment throughout the year and we will see you all back again in 2016.

BEST WISHES: We extend our club's best wishes for a speedy recovery to Eddie (Tatler) O' Sullivan and also to Gavin O'Shea who picked up a knock during the senior match on Sunday **CONGRATULATIONS:** To Katie and Andrew Kenneally on the recent birth of their daughter.

LEGION GAA CLUB NOTES

COOKERY NIGHT: Folks, following last years extremely enjoyable cookery demonstration, please keep Thursday 19 November in your diary as this year at Dromhall Hotel we are putting on another night of fine cuisine with top chef Mark Doe highlighting his superb culinary skills and to add to the night we also have Irish Bake Off winner, Tracy Coyne lined up to showcase her baking prowess. There will be food sampling so all in all not a night to be missed

BEST WISHES: The club wishes chairman Jimmy Reen a speedy recovery from recent illness and also to Ella O'Leary, wife of Vice President Jim, who is recovering from recent surgery

COUNTY CHAMPIONSHIP: Last Saturday our seniors accounted for Kerins O'Rahillys to reach the semi final of the County Championship on a 4-09 v 1-15 scoreline. James O'Donoghue scored 3-01 en route to this exciting victory but O'Donoghue was not alone in fashioning this win as the team gave a great overall performance. This Sunday at 3.30 in Fitzgerald stadium we play in the semi final against Rathmore and we hope to see as many supporters at this game again to cheer on the lads

YOUR CLUB NEEDS YOU. With an ever increasing playing population the Club is always anxious to ensure that every player is given the best possible coaching and education for the game. We are always thankful for the hard work and dedication of our members who volunteer to help out and assist with each team. As always we are looking for new people to become involved. With this in mind and looking ahead to 2016 we would like to invite anyone who would be interested in getting involved in any team at any level to let us know. "Many hands make light work". Coaching courses will be provided. If you think you can help out in any way please do not hesitate to contact any member of our Football Committee Paddy Osborne, Enda Walshe, Diarmuid O' Donoghue, Liam Grimes and Coaching Officer Noel Kelliher.

WEAR YOUR COLOURS: For Sunday's county semi final in Fitzgerald stadium, please wear the green n white and bring all children to the big Legion banner on the terrace to cheer on the team, please note that children have free admission. This game is a great opportunity for the club so please come and support.

SPA CLUB NOTES INTERMEDIATE COUNTY FINAL:

Spa v.St. Mary's in Fitzgerald Stadium Sunday October 18th at 2pm. Best of luck to Manager Sean Moynihan and his management team as they try to gain back the title since 2009. Get your club colours out in support of the senior team. Hopefully we'll see Captain Aidan Cahill bring the Cup back to Spa once again.

COISTE NA NOG: U6 and u8 Training Saturday morning 11-12. Please Bring boots

and mouth guards. New members welcome.

U16 CO DISTRICT CHAMPIONSHIP

Well done to East Kerry on a great victory over West Kerry.

East Kerry 3-16 West Kerry 1-1.

LADIES FOOTBALL: Well done u15 Girls defeating Abbeydorney in a cracker of a game with a huge scoreline 5-12 to 6-2. Next step Final against Ballymac next Sunday October 18th.

GAELIC 4 MOTHERS AND OTHERS: We will be participating in the All Ireland Tournament will in Portmarnock, Dublin on October 17th. This is a non competitive blitz. Grace Brosnan O'Connor is busy organising this event with accommodation and travel arrangements.

SCÓR NA NÓG: East Kerry final will take place in Killarney Racecourse on Friday 23rd Oct at 6.00pm. Best of luck to our competitors. Figure dancing: Aine Brosnan, Meghann Cronin, Ava O'Sullivan, Carrie Hickey, Ciara Moynihan, Kate Lawlor, Aishlinn O'Donovan, Erin Holland and Lea Murphy. Set dancing: Katie Cronin, Aine Brosnan, Anna O'Connor, Ava O' Sullivan, Liam Spillane, Kianan O'Doherty, Eoin O'Donoghue and Gary O' Sullivan.

SCHOOLS LINK: Lissivigeen Parents Association would like to invite everyone to a great social night out on Friday 23rd at 9pm at the Plaza. Complimentary glass of wine upon arrival followed by finger food. €10 euro a ticket. Contact Emma Daly 086 3632461.

ST BRENDAN'S: Best of luck to Transition Year Stephen McKenna, from St Brendan's College, who has been invited to try out for the International Junior European and World Science Olympiad teams. He and a classmate were selected based on their performances in Mathematics and Science in the 2015 Junior Certificate exam.

GAA CLUB CALL

Deadline: Monday 3pm **Email :** editorial@outlookmags.com





EAST KERRY U16 COUNTY CHAMPIONS

AWARDS NIGHT SATURDAY 28TH NOVEMBER: 2nd Annual awards night will be held once again in the Torc Hotel.

ANNUAL CLOTHES COLLECTION: We are collecting All Year Round. All types of clean (any condition but clean), books (no school text books) cuddly toys, shoes, bags etc... Can be dropped off to clubhouse or contact Anne Holland 085 7780883.

CLUB MERCHANDISE: Please contact Mathilda McCarthy (087) 648 7356 to purchase our new range of Club gear.

HALL RENTAL: Please contact Eileen Casey by text 087 6577312 for availability to book our indoor meeting rooms or Hall.

SPA SOCIAL EVENING AT CASTLEROSSE

HOTEL: As part of the GAA social Initiative programme former playing members of the Spa teams of the 1960s and 70's will assemble at the Castlerosse Hotel for a social get together. The event will commence on Saturday 24th October with a nine hole golf outing at the Castlerosse Course at 11-30am. Followed by a meeting with up with former members, including Jackie Foley, now residing in Dublin, who as well as winning a Hogan Cup medal with St Brendans College in 1969, also won three O Donoghue Cup medals with Spa. A good turnout is expected and those wishing to particpate in the golf and social evening are advised to contact Seanie Kelliher at

087-6298613, Jim Gleeson 064-6632470 or John Kelly 086-3941769.

MILLTOWN / LISTRY LADIES FOOTBALL

Well done to the Milltown/Listry U14 girls who played Rathmore on Friday night last in the Division 1A East Kerry Final. This game was played under lights in Rathmore, it was a thrilling and exciting game with both teams playing some great football and keeping us all entertained. The half time score was Rathmore 3-03 to Milltown/Listry 1-01. In the second half both teams played their out and were very evenly matched but it was Milltown/Listry who eventually came out on top beating Rathmore on a score line at Milltown/Listry 4-11 to Rathmore 3:10. Special Thanks to our trainers Owen Flynn, Breda O'Mahony and Ivan Hickey who have put so much work into this U14 team during the year. Thanks to all the supporters and parents who came along to cheer on the girls. Paddy White who presented the shield to the joint captain Meadhbh Rochford and Caoimhe Evans.

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS: Sunday 11th October, 2015. Winning Numbers

4, 9, 12, 25. Jackpot €6,800. Not won. Jackpot next week Sunday 18th October € 6,950

O'DONOGHUE CUP 1ST ROUND

RESULT: Our Seniors played at home against their near neighbours Fossa last Saturday evening, this was a very sporting game which was played in good conditions half time score Listry 0-04 Fossa 0-03, Final Score Listry 1-12 Fossa 0-09.

JUVENILE UPDATES: U16S: Combined with Keel had a good win over Glenbeigh Glencar last Monday night on a scoreline of 4.07 to 0.12. They have two games this week. They play Cromane on Monday evening and Milltown Castlemaine on Wednesday evening. Both games are away and throw in at 5.45pm. Well done to Aaron McCarthy, Sean O'Sullivan and Patrick Broderick who were members of the East Kerry Panel that won the U16 county championship last Saturday. The final was played against West Kerry in Keel.

OUR U145: Also combined with Keel were defeated by Milltown Castlemaine last Friday evening in Milltown. They have now managed to qualify for the Mid Kerry division 2 final which will be played in the coming weeks.

COISTE NA NOG NOTES EAST KERRY RETAIN U16 COUNTY FOOTBALL TITLE:

EAST KERRY 3-16 WEST KERRY 1-11

Both sides were missing some key players – Jack Griffin and Michael Potts for east Kerry

while West Kerry had to line out without star forward Ruadhan Mac Carthaigh. Given the overall strength in depth of the reigning champions, Mac Carthaigh's loss possibly had the greater impact. East Kerry started the competition as favourites and soon justified that tag, roaring out of the blocks with 1-4 on the trot. Ciaran Flynn (f) and Donnacha O'Sullivan were both on target before combining to set up David Clifford for a cracking goal, while Mark Harnett and Niall McCarthy also split the posts. Sharpshooter extraordinaire Deividas Uosis got West Kerry on the board before captain fantastic Cathal Ferriter pointed from play but man of the match David Clifford won a free converted by Ciaran Flynn before adding two points from play. Niall o Geibheannaigh, lining out at wing forward, hit a West Kerry point.

David Clifford was a constant menace by now, his pass setting Niall McCarthy up for a goal chance that was brilliantly saved by Eoin o Brosnochain. Uosis and Flynn swapped frees before East Kerry hit a purple patch, Cian O'Callaghan bursting through for a great goal and David Clifford, Mark Harnett, and Donnacha O'Sullivan pointing. Niall o Geibheannaigh and Micheal Sacnlain replied, but East Kerry led by 2-11 to 1-5 at the break and it already looked a long way back for a gallant West Kerry. They made a great battle of it in the second half, with Uosis (2f) and Geibheannaigh picking off frees and Brian Scanlain and Marc Aghas hugely impressive in midfield. Ciaran Flynn (f) made it 2-12 to 1-7 but David Clifford and Donnacha O'Sullivan stretched the lead. West Kerry picked off points through Cathal Ferriter, Steven o Conchuir, and Lucas o Chonaill to bring the gap down to 6 points, but East Kerry surged to the finishing line with points from David Clifford and Liam Brosnan and Aaron McCarthy kicked a clinching goal with the last kick of the game. Coiste na nOg Chairman Tom Keane and Gerry O'Dwyer of sponsors Lee Strand presented the Con Courtney Memorial Cup to East Kerry captain Niall o'Donoghue. EAST KERRY: Nelu Doherty, Mark Fitzgerald, Cian O'Callaghan (1-0), Evan Cosgrave, Liam Brosnan (0-1), Niall O'Donoghue (capt.), Cian Gammell, Aaron McCarthy (1-0), Jake Flynn, Niall McCarthy (0-1), David Clifford (1-5), Micheal Devlin, Donnacha O'Sullivan (0-3, 1f), Mark Harnett (0-3), Ciaran Flynn (0-3, 3f). Subs Patrick O'Leary, Luke O'Donoghue, Sean O'Sullivan, Josh Fleming. WEST KERRY: Eoin o Brosnochain, Adam Mac Amhlaidh, Nathan o Flanura, Tomas o Dubhain, Niall o Geibheannaigh (1-2, 1f), Brian o Conchuir, Franz Sauerland, Brian o Cinneide, Marc Aghas, Seamus o Grada, Liam o Bambaire, Micheal o Scanlain (0-1), Steven o Conchuir (0-1), Cathal Ferriter (0-2, capt.), Deividas Uosis (0-4, 4f). Fir ionad: Gearoid Lyne, Lucas o Chonaill (0-1), Micheal o Laighin

U16 COUNTY HURLING FINAL: The U16 County Hurling Final Replay between Crotta O'Neills and South Kerry will take place this Saturday, time and venue to be decided.

PICTURE PARADE

SUNSHINE AND SMILES ON THE MS WALK

Almost 250 walkers completed the magnificent Old Kenmare walk on Sunday last in splendid autumn sunshine.

The group travelled to Kenmare by bus before setting off for Killarney through the National Park. The walk is one of the main fundraisers for the local MS branch is is very popular with locals every year.



Pictured on the Old Kenmare Road supporting the Killarney MS Walk were Back Row L-R Pauline O'Shea, Helena Brummer and Janet & Noel O'Sullivan and in front L-R Noreen Kelly & Karen Bruton. Picture Marie Carroll-O'Sullivan 087 391 4808



Pictured at the Gleneagle Hotel before starting the MS Walk were L-R Jennifer Ahern, Anne Marie O'Leary, Caroline O'Shea & Sinead O'Riordan. Picture Marie Carroll-O'Sullivan 087 391 4808



Pictured at the Gleneagle Hotel and registering over 250 people for the MS Walk were L-R Eimear Talbot, Diane O'Leary & Maureen Barry. Picture Marie Carroll-O'Sullivan 087 391 4808



Newly elected Killarney Lions Club President Con Stack, second from right, is congratulated by outgoing President Sean O'Grady at the Killarney Lions Club AGM in The Aghadoe Heights Hotel on Friday night. Front from left are Dermot Cronin, Sean O'Grady, Con Stack and Tim O'Leary. Back from left are Dermot Healy, Denis Murphy, Padraig Cronin, John O'Callaghan, John Buckley, Sean O'Callaghan, Liam Ryan, Anthony Walsh and Norma Sheehan. Picture: Eamonn Keogh (macmonagle.com)



Pictured at the Gleneagle Hotel before boarding the bus to Kenmare for the MS 'Old Kenmare Road' Walk were L-R PJ Fleming, Ann Marie Ring, Breda Neville, Padraig Fleming & Tim Ryan. Picture Marie Carroll-O'Sullivan 087 391 4808



Pictured at Hotel Killarney on graduation night from Killarney No Name Club and presenting a cheque for €2,500 to the Kerry Rape Crisis Centre resulting the proceeds of the local Junior Cert Disco were L-R Bernie McCarthy & Betty Garnett (Kerry Rape Crisis Centre), Broghan Edmunds & Sophie Smith (No Name Club). Picture Marie Carroll-O'Sullivan 087 391 4808



The Dr Crokes GAA Club lotto jackpot was won for the second week in a row and the ${\bf €3,000}$ euro jackpot was won by Barry O'Connor, Tralee Road, Killarney. Pictured from left are Mike O'Shea (seller), Diarmuid Kelleher, (Treasurer), Barry O'Connor (winner) and Malachy Walsh (Treasurer) Picture: Eamonn Keogh



KILLARNEY COUGARS BASKETBALL CLUB

Cougars juvenile season tipped off on Sunday morning in Kenmare with the boys and girls both in action.

U12 BOYS: KENMARE KESTRELS 6 KILLARNEY COUGARS 24:

The Cougars enjoyed a winning start in their first game of the season with a comfortable victory over Kestrels in Kenmare. Cougars led from the start and were to strong on the day with good baskets throughout by Tom Cahillane, Jack O'Donoghue, Ben O'Carroll and Harry Kelly to record a win in their first game of the season in the pool system ahead of the start of the league.

U14 GIRLS: KENMARE KESTRELS 29 KILLARNEY COUGARS 24

Cougars girls made a slow start in their opening game and paid the price despite a very strong finish to the game they missed some great opportunities to the home side held on to give the Kestrels their first win of the season. Cougars had great effort and good performances throughout the team with Katie Joy, Sadie Myers, Aoife Kissane and Maud Kelly all impressing on the day.

BASKETBALL ACADEMY: The registration for our Friday evening Academy for girls 5pm and boys 6pm age 7,8,9 continues weekly and new members can be registered on the night through October.

Their is a free basketball for everyone registering through the month up to the midterm break. Further info from the secretary on 087-4175493 **FIXTURES**

SENIORS: October 18th Women's Div1 v St Mary's Castleisland 3pm.

JUVENILE: October 17th Boys U11 v Bobcats in Moyderwell Gym.

October 17th Boys U14 v Bobcats in Moyderwell Gym.

Oct 19th Girls U12 v Falcons in Glenbeigh.

Oct 21st Boys U12 v Gneeveguilla Pres Gym. UPDATED TRAINING SCHEDULE:

FRIDAYS: Academy (Ages 7,8,9) Girls 5pm Boys 6pm Parish Hall.

Boys U11 6.15pm to Parish Hall.

THURSDAYS: Girls U12. 6pm, U14. 7pm, U16 8pm Pres Gym.

WEDNESDAY: Boys U12. Parish Hall 6pm. U13. 7pm. U14 8pm Pres Gym.

SATURDAY: Boys U13/14 4pm at Pres Gym.

SUNDAY: Boys U16 at 5pm. Girls U16 at 6pm. Parish Hall.

Further details and updates available on the website and facebook or contact the club secretary on 087-4175493 or email secretarykillarneycougars@gmail.com

EURO BRIDGE NEWS

RESULT OF RECENT COMPETITION 6TH OCTOBER

Joint 1st Pauline Lyne and Anne Looney

46 Outlook 16.10.15

Anne O'Shea and Harry Milner.

KILLARNEY DARTS LEAGUE

Killarney Darts Town League, sponsored by Carlsberg in association with Mustang Sallys, Last Thursday nights results are as follows: **GROUP 1:** Tatler Jack 8 v Murphys Bar 1.

Lals Outcasts 6 v Lals 3.

The Shire 6 v Jimmy Briens 3.

GROUP 2:

Nugget Old Timers 8 v Murphys Pinters 1. Kenmare Rooms 5 v Dunloe Lodge A 4. Linehans 4 v Klub Bar 5.

GROUP 3: Avenue Heros 5 v Dunloe Lodge B 4. 98 A 7 v Teddys 2.

OKI 6 v 98 B 3.

GROUP 4: Nugget Night Owls 7 v Courtneys 2. The Granary 5 v Jimmy Jokers 4.

Squidgers 7 v 98 C 2.

Draw for the KnockOut Cup sponsored by O'Neill's, Plunkett Street, was done in Murphy's Bar College Street, and as follows: first four teams got a bye in to the second round, they are Lals Outcasts, Kenmare Rooms, 98 C and Avenue Heros. These teams will go back into a hat with the winners after the first round and a draw will be made again, to see who is playing each other. First round fixtures are as follows, First named team has home venue, these games will take place on 22nd October. Courtneys Bar v Teddys Bar. Murphys Pinters v Jimmys Jokers. Klub Bar v Good Time Charlies. Dunloe Lodge B v Murphys Bar. Lals v Nugget Night Owls. Mustang Sallys B v The Granary. Jimmy Briens v Squidgers. Nugget Old Timers v Corkerys. 98 A v Dunloe Lodge A. Mustang Sallys A v 98 B. The Shire v Old Killarney Inn. Linehans v The Tatler Jack. Best of Luck to all involved.

GNEEVEGUILLA CLUB

LOTTO: No winner of lotto draw 9/10/2015, numbers drawn were 1, 16, 21 and 23. Sellers prize went to Mossy Brosnan Renasup, \in 50 Y/T prize winner Batty Cronin Cullen, \in 50 to Sabina Eitel Renasup, \in 40 each to Aidan O'Sullivan Stagmount, Caitriona Kelly Feet First Killarney and Mairead O'Neill Newmarket. Bonus not won numbers drawn were 6, 8, 26 and 30. Next week's jackpot \in 4,800 plus \in 1,000 bonus.

ATHLETIC

JUVENILE UNEVEN AGE CROSS COUNTRY, INTERMEDIATE & MASTERS: Held in

Farranfore on Sunday last the club got on well. Julie Purcell 3rd O40, Maggie O'Leary 2nd O45, Cynthia Daly 3rd O45, Joan O'Sullivan 1st O60, Claire Purcell and Eileen O'Riordan also ran well. Juveniles were outstanding – Clara O' Connor 4th U9, U11 - Delia Foley 8th, Danielle O'Riordan 15th and Cliona Sweeney 22nd, u9 boys Ted O'Gorman 5th, John Scannell 18th. U15 Francis Cronin 2nd, U13 Michael Sweeney 13th, Sean O'Connor also ran, U13 girls Maggie Buckley 12th. Matthew Collins 1st U19, Andrew Purcell 2nd U17.

TRAINING: Training is up and running in all venues, everyone welcome to come and join. **CLUB SINGLETS:** If any athlete has club singlets which were not returned after competition, can they be returned.

KILLARNEY BADMINTON CLUB

We're Back!! Monday and Wednesday nights in the Pres Hall from 8.30pm. Hope you had a good break now dust off the racket & join us again. See you there!....

Killarney badminton club membership deal join before the 19th October 2015 pay just €100. The fee after the 19th October is €110....

COMMERCIAL ROWING CLUB

SYMPATHY: Is extended to the Healy, Sugrue and O'Sullivan families on the death of their nephew Sean Mc Carthy Knockeenduff. May he Rest In Peace

CLUB DEVELOPMENTS: Since the club was revived in 2004 major developments by way of infrastructure have taken place and now the club has excellent training equipment including Boats and Rowing Machines etc. Plans are being prepard for furhter development in the vicinity of the Clubhouse which will include the laying of paths and a launching bay for the boats when further cash becomes available.

CLUB TRAINING: Members are currently in training for a number of Head of The River Regattas in 2016 and it is envisaged that the club will have crews rowing in all the Kerry Coastal regattas in 2016.

CHURCH GATE COLLECTION: The club's annual Church Gate collection will be taken up at all Masses in Killarney on the weekend of October 3lst/November lst and a special appeal is extended to members past and present to make their services available to the club.

NEW MEMBERS: New members wishing to become involved with Commercials are advised to contact club secretary D J Riordan at 064-6631743

KILLARNEYVALLEYATHLETIC CLUB NOTES

CROSS COUNTRY SEASON: Is well under way now and Firies was the venue this Sunday past, October 11th, for the County Intermediate, Masters, & Juvenile Uneven Ages Cross Country Championships. Lovely calm running conditions and a great crowd showed up. Results for Killarney Valley AC Cross Country are on our Facebook page www.facebook.com/ KillarneyValleyAC. Well done to all the club members who competed – you did your club proud! All the upcoming cross country fixtures



Deadline: Monday 3pm Email : editorial@outlookmags.com

are on our facebook page.

STRENGTH & CONDITIONING TRAINING: Continues on Monday nights in the Sem gym hall from 7-8 pm for all registered club members aged 13 and upwards. Please bring €2 and water! Our volunteer trainers will be there to take you through your paces.

CROSS COUNTRY TRAINING: Continues every Wednesday at 6pm in the Demesne field next to the playground with Connie and Jeremiah Bring €2 and water! Registered Killarney Valley AC members ONLY from ages 8-18. Our volunteer coaches will be there to take you through your paces.

Don't forget Parkrun is on every Saturday morning at 9.30 am sharp in Muckross near the Muckross Traditional Farm. We would encourage everyone to come out and take part, runners, walkers, adults and children alike. Race director Alan Ryan asked for people to come and walk their dogs or push buggies along the route - the idea is for people to get out and get fit This is a volunteer led, free 5km run/walk and is sociable and fun and good practise. All ages welcome. More information and to register online www.parkrun.ie/killarney

Killarney Valley AC welcomes new members. Juvenile and Juniors €25, Seniors and Masters €30. For membership enquiries please text 087 2499566.

Our new club vests are available to purchase at each training session. Price €25.

KILLARNEY RFC NEWS

YOUR CLUB, YOUR COUNTRY: Tickets are going fast for this huge draw. We ask all

members, supporters and friends to purchase or sell some tickets for the club. Every cent raised through this draw comes back to our club and we are hoping that the funds raised from this draw will be allocated towards the installation of lighting at our new pitches at Aghadoe. Please contact Ger Moynihan on 087-1240365 or any committee member for

tickets.

KRFC SENIORS: Our seniors made the long trip to Carrick-on-Suir for the next round of the Martin O'Sullivan Cup. Killarney ran out winners over Carrick-on-Suir on a scoreline of 21 points to 13. Colin McCarthy, Brian O'Sullivan and Paul O'Sullivan scored tries for the Kerry side and Chris Myers converted all three. The lads will play Corca Dhuibhne away in the next round of this cup on the 01st of November. In the meantime, this weekend sees KRFC Seniors take on Bantry Bay in the Munster Junior League. We are at home in Aghadoe and kick off is at

11 am. Please come along and support the lads. **KRFC U14'S:** Our U14's squad had a fantastic win over Tralee RFC, at aghadoe last Saturday. The scoreline of 13 points to 10 does little justice to the rugby that was on display on the day, as this squad continues it's winning streak. Coached by Seamus Grealy, Dominic Kiely and John O'Connell, the lads put on a great display of rugby, much to the delight of the large crowd gathered to watch. The Minis Under 7's and Under 8's squads took time out of their training session to watch the big guys play from the sideline. This added to the atmosphere of the match and it was wonderful to see the lads win

in front of such a large home support.

MINIS: Our minis travel to Killorglin for the season's first West Munster Mini Blitz. We will have matches against Killorglin, Listowel and Corca Dhuibhne on the day. The bus will leave Aghadoe at 09:45am and the cost of the bus will be \in 5. Gum shields are vital as any player without a gum shiled will not be allowed to take part. For details contact Liam Murphy on 087-4145662.

CRUSADERS BRIDGE CLUB THE FOLLOWING ARE THE RESULTS OF RECENT CLUB NIGHTS.

9/9/15 1st Kathleen O Sullivan & Eithne Tarrant. 16/9/15 1st Joan Culloty and Gary Leahy. 2nd Marjorie Barton and Hazel O'Connell. 23/9/15 1st Kathleen O'Sullivan and Eithne Tarrant.

30/9/15 1st Eileen Twomey and Neilus O Regan. The Club was deeply saddened to hear of the passing of Julie Healy Rae in recent weeks. Julie was a long and loyal member and greatly enjoyed her game of bridge. We will miss her gentle presence on Wednesday nights. On behalf of all the members I would like to extend sincere sympathy to the Healy Rae family on their great loss. May she rest in peace.

RATHMORE GNEEVEGUILLA COMMUNITY GAMES

Our AGM will be held next Tuesday 20th October at 8pm at Teach Isogain, Rathmore, everyone welcome to attend!!



At the Mastergeeha FC victory social in the Killarney Oaks Hotel on Friday night were front from left, Eoin Horan, Tony Brosnan, (senior A player of the year joint award) John O'Regan (KDL Secretary), Aidan Kerins (senior A player of the year joint award) Stephen Brosnan and Kevin Gorman. Back from left are Joe Doyle, Paul Lenihan, Tadhg Brosnan, Cian Jenkins, Gearoid Kerins, Chris Egan and Dave O'Leary. Picture: Eamonn Keogh

KILLARNEY SOCCER

12'S NATIONAL CUP:

Park 3-3 Listowel Celtic AET. Listowel Celtic win 6-5 on penalties.

LEAGUE RESULTS: JK SPORTS 12'S: Killorglin B 4-2 Killarney Athletic B. DALY'S SUPERVALUE 13'S: PREMIER:

Camp Juniors 2-1 Park A.

Killarney Celtic A 1-1 Killorglin A. **DIVISION 1:**

Killorglin B 6-0 Killarney Athleitc. Ballyhar 1-5 Mastergeeha. Park B 5-3 Killarney Celtic B.

KILLARNEY PLAZA 15'S: PREMIER:

Killorglin 1-1 Tralee Dynamos. Inter Kenmare 0-6 Killarney Celtic. **DIVISION 1:**

Castleisland 1-7 Killarney Athletic. Mastergeeha 1-0 Killarney Celtic B. Ballyhar 4-2 Iveragh United.

DIVISION 2: St Bernards 4-2 Park B. Asdee 4-3 Tralee Dynamos B.

REPORTS: SKECHER'S 12'S NATIONAL CUP BACK GAME GOES ALL THE WAY:

The all Kerry 12's National Cup first round game saw The Park and Listowel Celtic going all the way to penalties at Christy Leahy Park with the North Kerry boys getting the result. After normal time it was 3 all as Darragh O'Connor, Colin Doody and Sean Hill were on the mark for the Park and Josh Brosnan, Bobby O'Connor and Aoifer Horgan getting the Listowel Celtic goals. After a tense penalty shoot-out Listowel Celtic progressed 6-5 after sudden death.

KILLORGLIN WIN REARRANGED 12'S GAME: Killorglin B took the points in the rearranged JK Sports 12 Division 2 game with a 4-2 win over Killarney Athletic B for whom Caoilte Cronin got both goals. But a Ryan Diggan hat trick and a goal from Eoin Joy gave Killorglin the points.

CAMP JUNIORS WIN IN DALY'S SUPERVALU 13 PREMIER: In the Daly Supervalu 13 Premier Camp Juniors took a very important 3 points from their home win over Park A. Maurice O'Connell and Cian Wright put the home side 2-0 up at half time. Cian Brosnan pulled one back for The Park but Camp Juniors defended brilliantly to hold on for the win.

Killarney Celtic and Killorglin shared the points in a 1-1 draw at Celtic Park. William Shine score for the home side with Darragh Callan getting the goal for Killorglin.

2 HOME AND 1 AWAY WIN IN DIVISION

1: In Division 1 Killorglin B were 6-0 winners at home to Killarney Athletic with Darragh O'Grady, Jack O'Sullivan and Killian Foley all on the score-sheet. The Park B also won at home taking the points in their win over Killarney Celtic B at Christy Leahy Park. David Callaghan got a hat trick which was added to with goals from Jack O'Sullivan and Killian Foley for the Park. Mastergeeha's Brendan O'Leary had a day to remember as he scored all 5 of his goals in their away win at Murt Scott Park. Sean Burke replied for Ballyhar.

KILLORGLIN AND TRALEE DYNAMOS DRAW IN KILLARNEY PLAZA 15

PREMIER: Killorglin and Tralee Dynamos shared the points in a 1-1 draw. Dylan O'Neill scored for the home side with Sean Kennedy replying for Dynamos. Killarney Celtic had a hat trick for Ryan Kelliher, 2 from Evan Lyne and one from Mike Lenihan in their win away in Kenmare over Inter.

MASTERGEEHA WIN TIGHTEST GAME

IN DIVISION 1: A Dylan Murphy goal was all the separated the sides in Kilbrean Park with Mastergeeha taking the 3 points with a 1-0 win over Killarney Celtic B. Ballyhar were also home winners with a 4-2 victory over Iveragh United. Conor Henderson, Jack Duggan, Harry Doody and a Dylan Callaghan penalty were enough to give Ballyhar the win. Rory O'Shea got both the goals for Iveragh United. Killarney Athletic were too strong for Castleiland. Harry Potts, Keith Sueter, Tadgh Doolan, Seamus Gallagher, Aaron Flynn, Liam Kelliher and Thomas Cronin all hit the net in the win for the Woodlawn boys. Connie O'Connor replied for Castleisland.

GOALS GALORE IN DIVISION 2: St Bernard's took the 3 points with a 4-2 home win over Park B. Darragh Slattery and Aaron Malik both hit a brace of goals to see the Saints take the 3 points. Asdee and Tralee Dynamos B hit seven goals between them with the North Kerry boys getting the points with a 4-3 home win. Bernard O'Connor, Conor Twomey and 2 from Liam Bryant gave Asdee the points. Archie Galway with 2 and Mike Moriarty with the other were the Dynamos scorers.

KILLARNEY CELTIC NOTES

CONDOLENCES: Killarney Celtic extends sincere condolences to the Sparling family on the loss of Patrick.

RESULTS: MUNSTER JUNIOR CUP: KILLARNEY CELTIC 3 KILLARNEY ATHLETIC 2

Celtic and Athletic shared out 8 goals equally on their league encounter; this time out the tally came to five in total and in our favour, but this was another thrilling Killarney derby from start to finish. Celtic made the early running, with Cathal O'Shea drawing a save out of David Neeson and Trevor Nagle denied by great defending from the excellent Daniel O'Sullivan. Celtic were dominating midfield, with Gary Keane and especially Joe Hurley giving a masterclass in control and distribution, and the home side took the lead with a well-executed goal by Trevor Nagle. Athletic had their chances, with a great O'Sullivan control and shot just over the crossbar. Just before half-time Brian Reilly hit a superb effort from long range; Roy Kelliher couldn't fully hold it, but Ryan Carroll's sweeping follow-up went over instead of under the crossbar, a real let-off. On the restart, Cathal O'Shea's diving header from a Trevor Nagle cross was well cut out by goalkeeper Neeson, while Stephen Hayes was inches wide after good work by Matt Keane and Joe Hurley.

Athletic's Chris O'Meara always looked dangerous and was brought down in the Celtic box. Up stepped Brian Reilly for the penalty, and he coolly fired home. Celtic restored their lead just minutes later, Matt Keane with a great pass to Conor Randall, an equally precise cross into the box, and there was Gary Keane to volley home. Again an undaunted Athletic came right back into the hunt and there was as much hard work as luck about a Brian Reilly corner that cannoned off a defender and into the net with just two minutes left to play. Were we headed for extra-time? John McDonogh cut back a great ball along the end-line to Gary Keane in the square, Gary neatly controlled it with his first touch, but was fouled just as he was about to pull the trigger. It was only a brief delay - Gary took the penalty himself and deftly took Celtic into the next round. Joe Hurley was probably man of the match, with Brian Spillane, Gary Keane, Conor Randall, and Cathal O'Shea others to stand out, while Brian Reilly, Daniel O'Sullivan, and Ryan Carroll impressed for Athletic

A very clean and sporting game was very well refereed by Stuart Templeman.

DENNY PREMIER B: ASDEE ROVERS 6 KILLARNEY CELTIC B 1: A great team effort, but Asdee's A side were superb and fully deserving of their win.

YOUTHS LEAGUE: CASTLEISLAND 7 KILLARNEY CELTIC 3: A cracking game but there was only going to be one winner, and an excellent Castleisland scored some great goal. U17 SFAI CUP: NEWCASTLEWEST ROVERS 6 KILLARNEY CELTIC 3: Lee Downing, Pablo Martin, and Jack Enright all scored good goals for us in a very exciting game, but in fairness to an excellent home side, they were good value for the win and we wish them the best going forward.

U15 PREMIER: INTER KENMARE 0 KILLARNEY CELTIC 6: Celtic started very strongly and went in front early on, with Peter O'Sullivan superb on the wing, his crosss finding Evan Lyne who had the strength to hold off the defender and the poise to slot it home. He was soon on the mark aagin, a sublime finish from 20 yards after a brilliant through ball. It was 3-0 just before half-time, with some great inter-play between Patrick Darcy and Michael Lenihan before Michael hit the net.

They kept up the pressure in the second half, with Evan Lyne's cross headed home by substitute Ryan Kelliher. Ryan soon double his tally with a real poacher's finish inside the box, assisted by Caolan Ryan. Inter Kenmare tried valiantly to get into the game but were repeatedly repulsed by our excellent centre back pairing of Darragh Donohue and David Dineen, along with Evan Smith, team captain Darragh Dennehy, and Mark Cooper. Just before the end Celtic made it 6-0, and that against a very good Kenmare team, when Ryan Kelliher finished a Michael Lenihan shot to the net. A brilliant performance all round, with all players getting game time and even our goalkeeper Mark Kelliher getting up for an assist.

U15 DIV ONE: MASTERGEEHA 1 KILLARNEY CELTIC B 0: A great game

played in a very sporting atmosphere - it isn't taking away from Mastergeeha's masterclass to say that maybe Celtic deserved something for

KILLARNEY SOCCER

their great play here, but it wasn't to be. Jared Barton and Adam Kissane were magnificent for the Hoops.

U13 PREMIER: KILLARNEY CELTIC 1 KILLORGLIN 1: A draw was a fair result after a cracking game of soccer between two very good sides. William Shine scored a beauty for Celtic.

U13 DIV ONE: ST. BRENDANS PARK B 5 KILLARNEY CELTIC B 3: Loads of goals in a very exciting game, but Park were just that little bit too sharp for us. Ruairi Dorrian and Jamie Alade hit the net for us and Park conceded an own goal, but they were too sharp for us at the other end despite great resistance in keeper Aaron O'Sullivan in particular. A great team effort and game.

CONGRATULATIONS: To U15 striker Ryan Kelliher on making the Kerry Schoolboys/ Schoolgirls Team of the Week.

FIXTURES

FAI Junior Cup: Killarney Celtic at home to Fenit Samphires, Sunday, 11.30am.

Denny Premier B: Killarney Celtic B away to Castleisland B, Sunday, 2.30pm.

Youths League: Killarney Celtic at home to Killorglin, Saturday, 2.30pm.

U16 SFAI Cup: Killarney Celtic at home to Mungret Regional, Saturday, 2.30pm.

U16 Div One: Killarney Celtic B away to Camp, Saturday, 11.00am.

U14 SFAI Cup: killarney Celtic away to Broadford United, Saturday, 2.00pm.

U14 Div Two: Killarney Celtic B away to Park D, Saturday, 11.00am.

U12 Premier: Killarney Celtic away to Park, Saturday, 10.30am.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www. killarneyceltic.com for Killarney Celtic news, match reports, or photos.

MASTREGEEHA FC

SOCIAL AND AWARDS NIGHT: On Friday night Mastergeeha FC celebrated an incredibly successful 14/15 season in the Killarney Oaks. On the night the double winning U17s team were presented with their Cup and League winning trophies, the A team were presented with their Premier B League Champions trophies and the B team received their Tommy

Healy and League runners up trophies. Special awards were also made on a night enjoyed by all in attendance.

U11 BLITZ: On Saturday afternoon the boys played teams from Killarney Athletic, Tralee Dynamos and Inter Kenmare in Kilbrean Park. All involved were excellent winning all their games and scoring lots of goals on the day.

U13: BALLYHAR 1 MASTERGEEHA 5. The boys got off to a great start in the League away on Saturday morning. Brendan O'Leary was in great form getting all the goals in a good team performance.

U15: MASTERGEEHA 1 KILLARNEY

CELTIC 0. In this local derby the boys had to battle hard to get all the points in the game. In the opening half Mastergeeha took the lead near half time when Dylan Murphy scored with a good shot. In the second half the boys created some chances with Dylan Murphy, Niall O'Connor and Sean Brosnan all having shots saved by the visiting goal keeper.

SENIORS DIV 1B: MASTERGEEHA 2 ANNASCAUL 3. In this close game the seniors were unlucky not to at least get a draw. Scott O'Mahoney and Eoin Horan were the goal scorers with Damien Breen and Padraig Nagle also going close in the final quarter for the equaliser.

MASTERGEEHA FC LOTTO: There was no winner on Friday 9th October. Numbers drawn were 11, 14, 17 & 18. Jackpot now €1,950.

KILLARNEY ATHLETIC RESULTS: SENIORS: MUNSTER JUNIOR CUP: KILLARNEY ATHLETIC 3-2 KILLARNEY CELTIC

Our A team travelled the short distance to Celtic Park last Sunday morning and were unlucky to be beaten by the odd goal in five. Overall it was a very good team performance with Brian O' Reilly and Chris O' Meara the blues' goalscorers. **DIVISON 1A: KILLARNEY ATHLETIC B 0-3 CASTLEMAINE UNITED:** This score line doesn't reflect the true match as Castlemaine got two late goals to kill off the game. The Blues had to play with ten men for the majority with a straight red card shown for a handball in the first half. A great team performance with lads running their socks off despite being a man down. Training Wednesday and Friday.

U15: KILLARNEY ATHLETIC 9-1 CASTLEISLAND: Our U15 team commenced

their league campaign with a comfortable

victory away to Castleisland. A brace from Harry Potts with further strikes from Thomas Cronin, Keith Suter, Tadgh Doolan, Liam Kelliher, Aaran Flynn and Seamus Gallagher in a confident first league win.

FIXTURES:

Saturday 17th October Sfai U12 Cup Killarney Athletic V Granagh United 1pm. Sfai U14 Cup Killarney Athletic V Limerick F.C 11.30am. Sfai U16 Cup Killarney Athletic V Corbally United 3pm. J.K Sports U12 Div. 2 Iveragh V Killarney Athletic 11am. Sunday 18th October Fai Junior Cup Killarney Athletic V Moher Celtic 2pm.

IRELAND V GERMANY: The club wish to thank Sandra and Ryan Patten for sending us their picture from the Aviva stadium. Sandra was the lucky winner of two tickets to the Germany game at our 50th Anniversary celebrations. You can view this picture by visiting Killarney Athletic's website.www.killarneyathletic.com

GIRLS TRAINING: Girls training every Wednesday in Ferndale, Woodlawn for U12, U14 and U16 with league and cups to kick off soon. Any enquiries please contact Shane on 087-9395158

CHRISTMAS QUIZ: Killarney Athletic's 50th Anniversary Christmas Quiz will take place in the Killarney Oaks Hotel on Friday the 6th of November. A great night with plenty of prizes up for grabs as well as player of the year awards. More details will follow shortly.

300 CLUB: Names are now being taken for next year's 300 Club Draw. All support is greatly appreciated and forms are readily available from Mike O'Shea (087-2226185) or any committee member.

THIS MONTHS WINNERS ARE:

€500 - Olive Finnan, €100 - Catriona Doolan, €100 - Colm O'Donoghue, €100 - Mary Lyne, €100 - Donagh Gleeson, €100 - Vince Casey.

KILLARNEY ATHLETIC WEBSITE:

Please check the website on www. killarneyathletic.com or facebook for match reports, club information and contact details. Contact

If you have anything to add to Killarney Athletic A.F.C notes please contact Alan Daly on 085-1913244 or aland15@live.ie.



The Killarney Celtic team who defeated Killarney Athletic in the Munster Junior Cup.



THE KILLARNEY ATHLETIC TEAM WHO WERE DEFEATED BY KILLARNEY CELTIC IN THE MUNSTER JUNIOR CUP.

KILLARNEY SOCCER

BRENDAN MOLONEY – A DEDICATED PROFESSIONAL FOOTBALLER

In January 2005 Brendan Moloney embarked on his journey into becoming a professional footballer that has seen him play 1st team football with twice European Cup champions Nottingham Forest. And it was they who signed Brendan on a scholarship contract that year, making him the second Killarney Athletic player to sign for a professional club within a 2 year period. Brendan's dedicated and single minded determination to become a 'pro player' has set him apart.

Son of Mary and Gary Moloney and born in London in 1989 Brendan is the second eldest in the family behind sister Joanne and older brother to Keith and Shane. The family lived in England for a period through work necessity and Gary remembers Brendan being awarded the player of the tournament when he was only 8 years of age and playing in a competition for 10 year olds. Gary recalls that "he was asked to join the Norwich academy as a result of his performance in a local tournament when he was 8 years of age but we declined the offer as we returned back to Ireland around the same time".

JOINED KILLARNEY ATHLETIC IN 1997

Brendan joined the club's under 10s academy on a Saturday morning when the family returned home to Ireland and recalls "I loved playing soccer and wanted to join a club straight away when we came back. My first cousin Michael 'smiler' was with Athletic, they were a great club and the Woodlawn pitch was lovely to play on".

"As under 10's coach at the time I remember Brendan on the first day he joined the club with his Man Utd outfit! – He was very keen and you could see that he loved soccer. I also recall drafting him and his fellow Beaufort friend Padraig Hallissey into an under 12s cup final team against Kingdom Boys in Tralee when both clubs always had great matches against each other at the time". Athletic won after a great encounter in extra time and Brendan slotted in nicely at right back in a team that also included his cousin 'smiler'. Brendan also played at his own age level so this meant that he played a competitive match almost every week". (Mike)

He played for the Kennedy Cup team in 2003 that were narrowly beaten in the final but enjoyed the team's success the following year in 2004 when they won the Munster & All Ireland Titles. This team was also managed by former Athletic man Ger O'Brien with their lead goal scorer being JamieDoolan.

KEY DECISION TO PLAY IN DDSL

With the support of his family and Killarney Athletic Brendan made a key decision to join Belvedere Boys in the Dublin District League for the 2004/05 season after doing trials to play with them. This was a great move for Brendan

as it challenged him to reach a high standard under the watch-full eyes of two former league of Ireland players, Damien Burn and Fran Pierce. As well as the side winning the National Cup that season five of the players including Brendan were invited to trials with cross channel clubs - Killian Sheridan and Paul Cahillane went to Glasgow Celtic and Gary Breen went to Man City while Shane Redmond and Brendan were invited to join the Nottingham Forest Academy. Diarmuid O'Carroll was able to sign for Celtic at 16 years of age as permitted by the Scottish F.A. but under English F.A. rules at the time players had to be 17 years of age before signing full contracts. So Nottingham Forest like many of the other English clubs offered players that they were interest in scholarship contracts until they were the permitted age to sign a full contract.

FOREST KEEN TO SIGN BRENDAN

Brendan spent two years in the Forest Academy and received the academy player of the year while there.

Killarney Athletic did not have any contact with Glasgow Celtic when Diarmuid signed for them from Home Farm but Nottingham Forest were very keen to deal directly with Brendan's original schoolboy club before they signed him on a full contract. Academy director with Forest at the time was Nick Marshal and he flew into Kerry at short notice to meet with club officials (Vince Casey & Mike) and Eoin Hand who acted as an advisor to the club and the player. Nick was very impressed with the fact that the club could produce two 'pro' players from such a humble background and a link between the clubs was forged at that meeting.

Marshall also agreed that Forest would give the club a 'bonus fee' if Brendan made a 1st team appearance and a further bonus if he featured in 10 or more matches for them.

Brendan signed a full professional contract with Forest in January 2006 when he turned 17 years of age.

Incidentally Nottingham Forest celebrates their 150th anniversary this year as Killarney Athletic celebrates its 50th. Forest is a big club with a great Irish background.

BRENDAN 1ST TEAM DEBUT WITH FORREST

Brendan's remarkable journey as a 'pro' footballer reached a new height when the former Athletic schoolboy player made is 1st team appearance with Forest on St. Patrick's Day in 2007 when he came on against Gillingham FC at the City Ground.

To put this achievement by Brendan into perspective, at the time Nick Marshall said "we only ever hope to bring a very few players through from our Academy to play first team football". Brendan recalls that "we had an academy squad of roughly 25 players. In my 2 years with the academy there were only 3 of us that got through to play for the first team and only 2 of us are still playing professional football today".

Brendan had also made his 10th first team appearances for the club by 2007 – bonus



BRENDAN MOLONEY ACADEMY YOUNG PLAYER OF THE YEAR AWARD 2006-2007.

complete! BRENDAN REFLECTS ON HIGHLIGHTS

In January 2008, Brendan completed a loan move to Chesterfield and on his debut for them he recalls "scoring my first senior goal was for Chesterfield against Hereford. We won 4-1".

He also reflects on the various clubs and managers he played under, "as a professional player you always want to be getting a game and that may mean going on loan or transferring to different clubs. After Chesterfield I was with Rushden & Diamonds (non-league club), Scunthorpe, Nott's County, Bristol City, Oval Town and presently I am with Northampton and just back from injury. I played under some good & great managers with the different clubs such as Colin Calderwood, Billy Davis, Steve McClaren, Alex McLeish, Sean O'Driscoll and played under Sven Goran Eriksson at Nott's County when I went on loan there and that was a great experience as he was a former England manager and a very charismatic character".

"I've enjoyed playing in some big games and some have been shown live on TV but the biggest profile matches that I was involved in were Nottingham Forest's two semifinal play-off games against Swansea in the Championship. Swansea won 3-1 on aggregate and went on to get promoted to the Premier League for the 2011/12 season".

PROUD TO BE CAPPED FOR IRELAND

Although born in London Brendan never considered himself to be anything but Irish and after getting his first call-up to play for Ireland in the 2005/06 season he went on to be capped at every age level up to and including the under 21 team. He has played nearly all his matches to-date for club and country at right back. Brendan was on a shortlist of 3 players nominated for the Irish under 19 player of the year award in 2009 but lost out to Michael Spillane of Norwich City FC at the time.

PROUD OF THE BOYS

It would be fair to say that Brendan has done remarkably well as a professional footballer and has come a long way from his early playing days with Athletic training and playing on the banks of the Rivers Deenach and the Flesk.

Both he and Diarmuid through their professional careers have ensured that the name of Killarney Athletic will always be known as a club that has produced the richest of soccer talent and everyone associated to Athletic are truly proud of their achievements.





Killarney Outlook



Open: Monday to Saturday 8.30am to 6.00pm

New Selection of Rhododendrons, Camellias, Azalea and a large variety of shrubs now in stock.

FRUIT BUSHES & FRUIT TREES

Raspberries, Blackcurrants, Rhubarb, Blueberries etc.

Apple, Pear and Plum Trees

GARDEN CLASSES WITH OUR HORTICULTURISTS TRISH & JER

Starting this Saturday 17th October 11am to 12 o Clock - 6 Week Course -Limited spaces - Book Now 066-9761110



- 1. Divide Herbaceous Perennials.
- 2. Prune Climbing Roses.
- 3. Apply Autumn Lawn Food to your lawns.
- 4. Rake up leaves & put into your Compost Bin.
- 5. Plant up Winter Containers with Cyclamen, Violas, Pansys & Winter Cabbag
- 6. Plant Bulbs now, Daffodils, Tulips, Snowdrops, Bluebells & Crocus



MOTORING OUTLOOK 📾 📾 **STUDY FINDS THAT BICYCLE HELMETS MOST EFFECTIVE IN LOW SPEED COLLISIONS**

A UCD Professor who conducted a study of cyclists with fatal head injuries has recommended that bicycle helmets are worn to protect against head injuries in the event of a collision, particularly at speeds of less than 50km/h. The results of the study were presented at the annual Road Safety Authority (RSA) Academic Road Safety Lecture which took place in the Royal College of Physicians. The lecture, which was chaired by RTÉ Broadcaster Bryan Dobson, marked the first day of 'Irish Road Safety Week'and focuses on three key areas - cycling safety, tyre safety and child safety.

The theme of the lecture was 'Cycling Safety' and featured a presentation from Professor Michael Gilchrist, Head of School of Mechanical and Materials Engineering at University College Dublin (UCD) who presented the results of his study 'Analysis and Reconstruction of Bicycle Accidents' which was conducted as part of the RSA Academic Bursary Programme.

In his study, Prof Gilchrist and his team used data from 37 fatal collisions involving cyclists in Ireland over a 10 year period and staged computer reconstructions to determine whether a helmet would have offered protection. The study found that bicycle helmets offer effective protection at low speeds of less than 50km/h but their protective





capabilities are reduced as speeds increase. At the lecture, Mr Seamus Morris, Consultant Orthopaedic Surgeon and Director of the National Spinal Injuries Unit (NSIU), presented his research into the impact and management of trauma on cyclists. From 2010 to 2014, the NSIU saw a 320% (from 5 in 2010 to 21 in 2014) increase in the number of cyclists presenting with spinal injuries with 30% of these patients having spinal cord injuries. Over that time a total of 53 cyclists required admission, of whom 21% had spinal cord injuries.

Minister for Transport, Tourism and Sport Paschal Donohoe TD welcomed delegates to the seminar, saying:

"Over the past few years, the number of cyclists on our roads has increased and so too has the number of cycling-related injuries and fatalities. Cyclists are among the most vulnerable roadusers so it is vital that safety measures, such as a helmet and high vis clothing, are taken when out on the roads, as well as abiding by the Rules of the Road. I would also appeal to drivers to ensure they exercise caution and consideration when sharing the roads with cyclists. In particular, reduce your speed when you approach a cyclist as this could be the difference between life and death in the event of a collision."

Last year, 13 cyclists were killed on Irish roads, more than double the number killed in 2013 (5). In-depth research conducted by the RSA on cycling injuries in 2012 found that there was a 59% increase in the number of cyclists injured on Irish roads in 2012 when compared to 2011. Almost half of cyclists injured in 2012 were injured at junctions, with T-junctions representing the most dangerous type of junction. The most dangerous manoeuvres taken by drivers include right turns, followed by left turns. These manoeuvres by drivers accounted for almost 4 in 10 injuries to cyclists in 2012.

The RSA is appealing to drivers to reduce their speed when sharing the roads with cyclists as it can determine the severity of an injury in the event of a collision, and to be extra vigilant at junctions and when turning. The Authority is also asking cyclists to be aware of their vulnerability when on the roads, particularly in built-up areas, and to take steps to protect themselves when cycling, including wearing the correct safety gear and complying with the Rules of the Road.



Killarney Outlook

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KILLARNEY GOLF

CASTLEROSSE GOLF CLUB

RESULTS: Away day competition played at Macroom Golf club on Saturday 10th October, 2015, 18 Hole Stableford. Winner, Donal Power, Runner up Trevor Shine, 3rd Place Donal O' Reilly, 4th Place Pat Doyle, 5th Place Frank Tobin, 6th Mick Clifford, 7th Steve Shine, 8th Dan O'Connell, 9th John O' Reilly.

LADIES COMPETITION, 18 HOLE STABLEFORD: Winner Annete McNiece, Runner-up Mary O'Reilly.

RESULTS, COMPETITION PLAYED ON SUNDAY 11TH OCTOBER, 12 HOLE STABLEFORD: Overall winner, Ger O'Connor (20) 27pts, Overall runner-up Joe Gaffey (21) 26pts, Overall 3rd place Steve Shine (18) 26pts. SATURDAY 3RD OCTOBER "CHARITY OPEN DAY" RESULTS: Best net return, Ladies, Noirin Sheehan and Brid Ui Scanaill, Best Mixed Pairing, Patricia Barrett and Kevin McElligott.

CHARITY RAFFLE: In aid of "Oaktree Services, St. Mary of the Angels" Beaufort, tickets available from club members and Leisure centre at Castlerosse Hotel. Draw on Saturday 31st October Please support, great range of prizes.

FIXTURES: Next weekend, competition play Saturday or Sunday, 18 Hole Strokeplay format, register on time sheet in Castlerosse.

President "Pat Doyle" prize day Saturday 31st October. New members invited to join Castlerosse Golf club, a challenging parkland course, please contact 064 6631144 for details.

KILLARNEY GOLF CLUB

RESULTS OF EXCHANGE DAY TRALEE WEDNESDAT 7TH OCTOBER, 2015.

1st Irma Clifford (17) 41 pts.

2nd Carmel Fitzgerald (20) 34 pts (BK9). 3rd Elizabeth Kelleher (20) 34 pts.

BG Margaret Campion (9) 23 Gross.

RESULTS OF BILLY O'CALLAGHAN MIXED COMPETITION, MAHONY'S POINT, SUNDAY, OCTOBER, 11TH.

1st Gerard Walsh (13) Louise Langan (18) 44 pts. 2nd Declan Glavin (8) Anne O'Leary (25) 41 pts. 3rd Eamon O'Connor (7) Liz O'Connor (24) 40 pts.

BG Shan Connolle (9) Christine Carroll (12) 24 gross (b9).

4th Liam Healy (13) Katie O'Connell (25) 40 pts.

5th Finian Forde (18) Kathleen Griffin (23)39 pts.

Guest Prize Billy O'Callaghan (12) Julie Leonard (23) 34 pts.

Next Sundays competition will be sponsored by Cross Refrigeration, singles s/ford, Killeen.

KILLORGLIN GOLF CLUB

18 HOLE STABLEFORD SPONSORED BY CROWLEY'S SHOE SHOP:

1. Mary Conway (29) 38 pts.

2. Kathleen Keating (23) 32 pts.

3. Phil Anne Foley, Lady Captain (36) 30 pts. SILVER SWANS 12 HOLE STABLEFORD:

1. Coral Kiely (31) 22pts.

FIXTURE: 2 Night stay in Valentia 18 Hole Stableford sponsored by Billy Dodd can be played Saturday 17th, Sunday 18th or Tuesday 20th October. Arrange own time.

PRESENTATION NIGHT: Please note that the next Presentation Night has been changed to Friday 6thNovember at 8.30pm.

KILLORGLIN GOLF CLUB MENS BEAUFORT EXCHANGE DAY

3 MAN TEXAS SCRAMBLE

1st John McCarthy - Ciaron Doyle - Joe O'Sullivan 94 pts.

2nd Eugene Kennedy - Owen Moore - Shane Collins 92 pts.

3rd Richard Morrison - Tom Murphy - Mark O'Sullivan 89 pts.

WEEKLY 12 HOLE COMPETITION:

Winner Conor Counihan 29pts.

CONGRATULATIONS: To both our Senior and Intermediate teams on their victories over Castleisland and Dooks last Saturday evening. The club would like to extend its sympathies to John Breen and his family on the death of their mother. May she Rest In Peace

ROSS GOLF CLUB

RESULTS: On Sunday last we held The Frank Doran Backstakes single stableford competition. This was kindly sponsored by Safeguard Security. The winners were: 1 Renaldas Bendikas (10) 42 pts.

2 Ian Millis (14) 36 pts.

3 Jordanas Jonikaitis (11) 36 pts.

ROSS TEAMS: The Ross Senior team lost their match against Dooks Golf Club in their section of the Kingdom Challenge after a tough battle during the week. We also wish the best of luck to our Intermediate team when they will visit Killorglin next Saturday to play their hosts in the second of the Kingdom Challenge Shield. Please come along and support our team.

ROSS GOLF NOTES

LADIES:

RESULTS: SUNDAY 11TH OCTOBER 18 HOLE SINGLE STABLEFORD Club Sponsored Winner Mary O'Sullivan (29) 32pts. Upcoming Events Sunday 18th October 12 Hole Waltz draw for partners 11.30pm. 12pm Tee off.

DEERPARK PITCH & PUTT NOTES By John Kelly

SENIORS OUTING: Last Wednesday's Seniors Outing in Deerpark attracted a fine turnout of members from Castleisland, Newmarket, GlenEagle and Deerpark and the result of the 3 Ball Scramble are as follows Nett Ger Casey, Andrew O'Callaghan and Hugh O'Sullivan, Gross John O'Halloran (GlenEagle) Pat Mitchel and Johnny McCarthy (both Castleisland).

Pat Mitchell and Mick Long (GlenEagle) both recorded a Hole in One.

Next Seniors Outing will be to Castleisland on Wednesday November 4th 10-15 am.

CAPTAIN'S PRIZEGIVING: All members are invited to attend Captain Jason O'Connor's Prizegiving at Charlie Foleys on this Friday l6th October 9-30pm.

MATCHPLAY ON SUNDAY OCTOBER 18TH:

The club Matchplay will be concluded on this Sunday October 18th with the first card 9am. **3 BALL SCRAMBLE WEEKEND OF OCTOBER**

23RD/24TH: The club 3 Ball Scramble will be played on the weekend of October 23rd/24th. Commencing at 2pm on Friday and continuing until dusk, and on Saturday from 9am to 4pm. **SCRATCH CUP ON SUNDAY OCTOBER 25TH:**

The club Scratch Cup will be played on Sunday October 25th commencing at 8am with last cards at 12md Seniors 54 Holes and Intermediate and Junior 36 Holes Play Off commencing at 3pm.

DANNY NOLAN MEMORIAL ON MONDAY OCTOBER 26TH: The annual Danny Nolan Memorial competition will be played on Monday October 26th commencing at 11am.

NATIONAL SECONDARY SCHOOLS COMPETITION: Best Wishes are extended to Michael Cronin, Sean Courtney and Creagh Courtney who will be competing in the National Secondary Schools finals in Templemore on October 23rd.



Shauna White (front), sister to Kerry Minor Gavin, pictured at the launch of the exclusive new shop range, designed by the players, at the Kerry GAA Store, Killarney Outlet Centre L-R David Shaw, Gavin White, Pat O'Sullivan (County Chairman), Michael Foley, Evan Cronin & Billy Courtney. Picture Marie Carroll-O'Sullivan 087 391 4808

PICTURE PARADE

ELLA RETIRES FROM HOLY CROSS MERCY

Staff at the Holy Cross Mercy School in Killarney joined Ella Stack, her husband Dr. Gary Stack and their children Aisling, Ciara and Michael to celebrate her retirement at a function in the Hotel Europe last weekend.

Members of the Board of Management at the school were also in attendance and made a presentation to Ella to commemorate the occasion.



HOLY CROSS NATIONAL SCHOOL KILLARNEY TEACHER ELLA STACK PICTURED AT HER RETIREMENT FUNCTION IN THE EUROPE HOTEL KILLARNEY LAST FRIDAY NIGHT WITH FAMILY, TEACHING COLLEAGUES AND BOARD OF MANAGEMENT REPRESENTATIVES. PICTURED IS BRIDGET MCGUIRE (CHAIRPERSON BOARD OF MANAGEMENT) MAKING A PRESENTATION TO ELLA. ALSO INCLUDED ARE URSULA COFFEY, PRINCIPAL, ELLA'S HUSBAND DR GARY STACK AND CHILDREN, AISLING, CIARA AND MICHAEL. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



Superintendent Flor Murphy (seated centre) & Karen Goulding, Director of the No Name Club (seated centre) Pictured at Hotel Killarney with the 2015 No Name Club members on their graduation Night. Picture Marie Carroll-O'Sullivan 087 391 4808



DOUBLE CELEBRATIONS FOR SOPHIE SMITH (2ND FROM THE RIGHT) ON WINNING THE NATIONAL NO NAME SUPER TALENT FEMALE SOLO SINGER OF 2015 AND ALSO ENJOYING HER GRADUATION NIGHT FROM KILLARNEY'S NO NAME CLUB. PICTURED AT HOTEL KILLARNEY WITH HER FAMILY WERE L-R MUM SUZANNE, SONIA, JIMMIE, SOPHIE & JAMES. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



HOLY CROSS NATIONAL SCHOOL KILLARNEY TEACHER ELLA STACK PICTURED AT HER RETIREMENT FUNCTION IN THE EUROPE HOTEL KILLARNEY LAST FRIDAY NIGHT WITH HER FAMILY. FROM LEFT ARE CIARA, GARY, ELLA, MICHAEL AND AISLING STACK. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



KERRY MINOR PLAYER GAVIN WHITE PICTURED AT THE KERRY GAA STORE AT THE OUTLET CENTRE FOR THE LAUCH OF THE EXCLUSIVE SHOP RANGE DESIGNED BY THE PLAYERS. L-R KATE LYNCH, SHAUNA O'DONOGHUE, GAVIN WHITE, GILLIAN SPILLANE & CIARA CRONIN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



RHEA O'SULLIVAN (FRONT LEFT) & DANI KISSANE (FRONT RIGHT) DELIGHTED MEET KERRY MINOR PLAYERS L-R NIALL WRIGHT, MICHAEL FOLEY & EVAN CRONIN, AT THE LAUNCH OF THE EXCLUSIVE NEW SHOP RANGE DESIGNED BY THE PLAYERS AT THE KERRY GAA STORE AT KILLARNEY OUTLET CENTRE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



Tim Hickey, Countess Grove, pictured at the launch of the exclusive new shop range at the Kerry GAA Store, Killarney Outlet Centre L-R David Shaw, Gavin White, Pat O'Sullivan (Chairman of Kerry GAA), Michael Foley, Evan Cronin & Billy Courtney. Picture Marie Carroll-O'Sullivan 087 391 4808

RATHMORE/ GNEEVEGUILLA NEWS by Michael O'Mahony

SLIABH LUACHRA MUSIC FESTIVAL: on 7th 8th & 14th 15th November starting with ceili in rathmore community centres moving on Gneeveguilla on Sunday Knocknagree and tureencahill on 14th 15th November more details later.

GNEEVEGUILLA GAA: Are to received €60,000 from the sports capital grants programme. announcements was made last week.

RECENT COLLECTION FOR FRANCISCAN MISSIONARIES OF MARY: On the weekend of September 26th & 27th we welcomed Sr. Nuala Glynn to all Masses in the parish. After each Mass there was a special collection for Franciscan Missionaries of Mary and the total amount taken up was €4350. Sr. Nuala wishes to express her deep gratitude to everybody who contributed for their generosity.

RATHMORE PARISH NIGHT AT THE DOGS SATURDAY OCTOBER 24TH: Thank you for your ongoing support for the night at the dogs any parishioner who would like to purchase a Dog Nomination(\in 50) or a Family Ticket (\notin 20) but did not get the opportunity do so, please contact the Parish Office (064 77 61669) and they be happy to assist you.

BRIDGE WORKS: The Bridge in Lower Shinnagh Rathmore is to be competed with funding from councillors to ensure the project proceeded. Cllr Niall Kelleher and Cllr John Sheehan are to fund the bridge with their addiction funding. The walls on the bridge will be raised to a height so as to ensure that the Bridge is made safe for all who use it. Work are due to commence shortly.

RATHMORE COMMUNITY ALERT: Anybody wishing to continue or join Rathmore "Text Alert" must drop in their envelope with €10 and mobile details to Dermie Moynihan at Kerry Agri Business Rathmore before 30th October 2015.

COMMUNITY ALERT A.G.M: Will take place on Wednesday 4th November at 8pm in the

LISTRY NOTES

LISTRY COMMUNITY COUNCIL: We wish to thank all the musicians, singers, dancers and various entertainers who participated in the Rambling House in Listry Community Centre on

BEAUFORT NOTES

BEAUFORT RAMBLING HOUSE: Will return on Saturday, 7th November. A great evening of music, song, dance and story-telling guar-

GAA club rooms Rathbeg.

COMMUNITY SUPPORT FUND: Rathmore/ Gneeveguilla Area has been granted over €12,000 to five different projects/organisations in community support fund and will be open again in 2016 for more funding, for more information contact Killarney Municipal Office 0646631023, or any member of Kerry county council/ public representatives,

SYMPATHY: Sympathy to Margaret Dineen, Gortnaprocess Gneeveguilla, on death of her brother Patrick Brosnan, Knockrour Scartaglin and the Brosnan family. To Ann Buckley, Rathbeg and Denis Cahill Gleann Rua on the death of their brother Stephen Cahill Raheen Co. Limerick and Rathmore. To the Cahill family and to the families of Mary Cusack nee Scannell London and Shronemore whose death occurred was last week. To Breda O' Leary, Shinnagh Rathmore and Donie O'Leary Crahanagullane, Gneeveguilla, on death of their uncle the late John O' Leary former TD, Beechcroft Killarney and to the O'Leary families & friends. May they all rest in peace.

DIOCESAN COLLECTION: There will be a second collection at all Masses this weekend 17th and 18th October for the propagation of the Faith, your support would be appreciated. GAA: **GARVEY'S CO**, **SENIOR CHAMPIONSHIP:** Congratulations to Rathmore who stun Dr Crokes to reach their first ever Kerry SFC Semi-Final with a 2-15 to 1-13 success in Fitzgerald Stadium on Sunday last Rathmore now play Killarney Legion in semi final on this Sunday 18th October at Fitzgerald Stadium at 3.30pnm. Best of luck to all players and and management.

GNEEVEGUILLA GAA: Gneeveguilla retained the McElliott cup for the fourth year in a row with a hard fought victory over Na Gaeil in Castleisland on Sunday last.

Na Gaeil opened the scoring with a S Lyons free however Gneeveguilla responded with points from P O'Sullivan, C Buckley and S Crowley. Na Gaeil got a point back but Gneeveguilla had DJ O'Connor in excellent form and C Herlihy also chipping in with scores from midfield. An good ball from DJ in the 20th minute let Shane O'Sullivan loose who calmly slotted the ball to the back of the net. Na Gaeil scored just before

half time to leave it 1-08 to 0-03.

Na Gaeil started the second half well and an excellent solo run by S Lyons was finished to the back of the net. Gneeveguilla kept their cool and a fast break away by C Buckley led to him being fouled in the square. DJ O'Connor hammered the ball from the spot kick giving the keeper no chance. Na Gaeil never gave up with J Carmody kicking 2 points and S Lyons kicking another goal. Gneeveguilla however pulled well away with another Shane O'Sullivan goal and a Jamie Brosnan long range goal sealing it as referee Tom McCarthy blew the full time whistle 4-13 to 2-07.

BINGO: Rathmore Community centre every Friday night at 8.30pm. Everybody welcome:

SOCIAL ACTION GROUP RATHMORE, 40TH ANNIVERSARY CELEBRATIONS: To celebrate the 40th Anniversary they have a number activities over the next couple of months. Saturday October 30th Mass followed by a gathering in Teach losagain. Sunday November 1st Family day in Teach losagain.

Sunday December 27th 40th Anniversary Social at the Gleneagle Hotel Killarney, tickets \in 30.00 They would very much appreciate any photographs from SAG activities from 1975 to be included in they 40th Anniversary celebrations in October.

MASS INTENTION FOR 2016 IN RATHMORE PARISH: It would be helpful for planning purposes if First Anniversary Masses for 2016 were arranged before 30th October. All other Mass intention for 2016 will be taken from 2nd November. You can arrange by contacting the parish office during office hours. 0647761669.

GNEEVEGUILLA GAA LADIES COMMITTEE: Upcoming events rambling house on Saturday November 14th venue in the Gneeveguilla hall. Halloween fancy dress party returns again this year time and date TBC. Anyone wishing to pre order club gear for Christmas please contact 087 6753553 or 087 3983559. Scor na nóg will be held on October 23rd at 7pm venue to be decided.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6:00 on Sunday.

Saturday 10th October. Thanks also to all who helped prepare for the occasion, those who did the catering on the night and supplied home baking. Thanks also to those who attended

anteed. Tea and Refreshments will be served. Doors open at 8.30p.m. Everybody welcome. **PIONEER SOCIAL:** Milltown/Listry Pioneer Centre are celebrating The 90th Anniversary at the Killorglin Golf Club on Friday, 16th October, 2015. Music by the Singing Jarvey. Tickets 087-7442694, 087-6778129, 087-6367807. and supported the event-it was great to see people from other Rambling House areas in attendance. Mile Buiochas do gach aon duine.

SOUTH KERRY PLOUGHING CHAMPION-SHIPS: Beaufort Pioneer Council wish to express their most sincere thanks to everybody who visited their Stand on the day.

A BIG THANK YOU: From Beaufort GAA to all who supported their recent Clothes Collection.

Call: Aisling on 086 0400 958 or Email: editorial@outlookmags.com

IF YOU HAVE A STORY...

FOSSA NOTES

FOSSA GAA: LOTTO: Numbers drawn were 3, 15, 21, 28. There was no Jackpot winner and next weeks Jackpot will be €13,800.

SENIORS: The seniors played Listry on Saturday evening in the O'Donoghue Cup, the first half was even enough, Colin Myers pulled off a great save in the 15th minute to keep Fossa in the game but we were trailing by a point at half time, 0-4 to 0-3, our scores coming from Matthew Rennie, Tadgh O'Shea and Paudie Clifford. Fossa never really got going in the second half and a goal by Listry 10 minutes into the half left us with a mountain to climb. Dara Rice and Kevin McCarthy did play well and points from Donald O'Sullivan, Chris Myers and Paudie Clifford kept us in touch. Tadgh O'Shea kicked 3 frees but Listry ran out winners on a scoreline of 1-12 to 0-09.

The seniors are down to play Moyvane in the Novice Shield semi-final on Sunday 18th October at 2.30pm in the John Mitchels pitch,

Tralee.

U-16 BOYS: The U-16's had a comprehensive win over Currow on Sunday morning in the East Kerry Championship winning on a score of 4-20 to 2-06.

CONGRATULATIONS: Congratulations to David Clifford, Ryan Sheehan and Gary Cronin who were part of the East Kerry Squad who defeated West Kerry in the U-16 County Championship final on Saturday, 3-16 to 1-11. David Clifford contributed a handsome 1-6 of the winning total.

COMHALTAS: Fossa/Two Mile Comhaltas: Adult Set Dancing Classes take place on Tuesday nights in Fossa Community Centre. Beginners 8pm, improvers and advanced 9pm. Further details Catherine 087 679 9330, everyone welcome.

JUNIOR SET DANCING CLASSES: In Fossa Community Hall on Thursdays, beginner classes 4.30-5.30, advanced classes 5.30-6.30pm. Contact Norita Cronin at 087 7424468.

AGM: Will take place in Fossa Community Hall on Wednesday 21st at 8pm. New members most welcome.

SCÓR: Anyone wishing to take part in Scór na nÓg (u17) please contact Scór Officer Theresa Kissane 087 681 6169 asap.

ASTROTURF ALL WEATHER PITCH: All weather pitch at Fossa National School. Opening hrs. Monday/Friday 4pm/10pm, Saturday/Sunday 10am/10pm. All types of sport are played on this floodlit pitch. Now taking bookings for birthday parties. Contact Ger O'Connor 083 4228977 or email fossaweatherpitch@gmail.com

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@ gaa.ie. Please forward information before Sunday at 11am.

MILLTOWN NOTES

NAGLE RICE COMMUNITY CENTRE FUNDRAISER: 'Joker 3' weekly draw was held in Karl J's Bar last Sunday and jackpot of \in 3000 was not won. Winners were as follows: \in 100 Deirdre McAuliffe, \in 25 Esther Daly, Tony Wharton. Down to 47 cards next week and jackpot increasing to \in 3200 with next draw in Killorglin Golf Club on Sunday October 18th. Thank you for your continued support.

MILLTOWN YOUTH CLUB: Milltown Youth Club is reopening next Friday October 16th in Nagle Rice Community Centre with registration commencing at 8.30pm. The Youth club will cater for secondary school children who preferably reside in the parish. We require a parent to attend on registration night with every young person registering for membership. Parents will be required for rota supervision on a number of occasions during the year which will run until next April approx. Membership fee for year is \in 15 with nightly fee of \in 3. Concessions for families with more than one youth club member. All youth club members are asked to bring runners as some activities may take part in the sports hall. Any queries please contact Gina at 086-0545414.

BASKETBALL CAMP: The good news for Milltown and surrounds is that a basketball camp for primary school children will be held for 3 days in Nagle Rice Community Centre starting Bank Holiday Monday October 26th to Wednesday October 28th from 10am to 1pm each day. This camp is to introduce basketball to Milltown and hopefully as a result a club will start up in the short term. The emphasis will be on fun in this camp and will be under the supervision of Billy McGaley (Basketball Ireland Level 3 Coach/Tutor) and experienced camp coaches. Cost is €30 per child with concessions for families with more than one child attending. The camp fee will include a gift of a basketball for each of the children participating. Places are limited so please contact Denis 087-9662332 to book places with early booking advisable.



Attending the lecture by Dr John Knightly, PhD, at Muckross on The Godfrey Family of Kilcoleman Abbey, Milltown from the 17th century conquest through the period of the Enlighterment, the turnoll of the Family, the Land War and the War of Independence, from left, Mary Kelliher, Milltown, Muireann Kelliher, Milltown, Denis Kelliher, Castlegregory and Maunie Kelliher, Castlegregory. Photo: Valerie O'Sullivan.



THE KEY OF THE DOOR FOR DANIELLE NAGLE WHO CELEBRATED HER 'SURPRISE' 21ST BIRTHDAY ON FRIDAY NIGHT. PICTURED AT MCSORLEYS WITH HER EXTENDED FAMILY FRONT ROW (L-R) ELAINE BEGLEY, DANIELLE NAGLE, ANNE NAGLE & REBECCA NAGLE. BACK ROW (L-R) MIKEY BEGLEY, EDMUND KELLY, LIAM MACKIE, SAM NAGLE & SIMON BOWES. PICTURE THE LITTLE MEMORY GALLERY

Get your weekend off to a bright start with the KILLARNEY Outlook First every FRIDAY MORNING with the best Advertising, News, Sport & Community News

KILCUMMIN NEWS

SYMPATHY: Sympathy is extended to the family of the late James Fleming, Clydine who died recently. May he rest in peace.

KILCUMMIN LOOKING GOOD: Kilcummin achieved 255 points in this year's Tidy Towns Competition, an improvement of 11 points on last year. Well done to our residents for keeping houses, gardens and communal areas so well-presented.

ICA: Craft Classe will be held on Wednesday 21st October at 8pm in the Rural Development Office. All ladies welcome.

COMHALTAS: We would like to invite anyone interested in joining our competitive senior set over 18 to contact Mike McGurl on

087 – 6662707 as soon as possible.

MEMBERSHIP: Membership is now due. ≤ 12 Adult, ≤ 6 Junior or ≤ 20 Family. Please bring along fees to your trainers, hand to the Rural Development Office or give to any officer at your earliest convenience.

MUSIC SESSION: Calling all musicians from near and far! Our next Sunday music session will be held on Sunday 18th October from 2.30 to 5pm in Kilcummin Recreational Hall. Musicians of any age and ability will be very welcome! Refreshments provided for all in the break. New faces will be particularly welcome. **CEOL AN GHEIMHRIDH:** Ceol an Gheimhridh is fast approaching, Saturday 14th November for Music and Sunday 15th for dancing. Closing date for entries is Friday 23rd October.

GAA: Congratulations to Ger Lenihan, Rathanane who won \in 6.000 in the GAA lotto last Sunday .

O DONOGHUE CUP: Kilcummin play Glenflesk this Saturday in Kilcummin in the East Kerry Senior Championship.

DANCING CLASSES: Set Dancing classes continue every Wednesday under the direction of Marie Lehane. Beginners 7.30 and advanced at 8.30.

BEREAVEMENT: The GAA club wish to extend its sympathy to the family of John O'Leary, former Kilcummin player and officer who died recently. May he rest in peace.

CO-CHAMPIONSHIP: Although our lads exited this year's Co. Championship, they did so with their heads held high after a determined effort in Fitzgeralds Stadium last Saturday. Indeed at the 60 mins mark the sides were level and it was only in the six minutes of extra time that the South Kerry team pulled away to win by 3 points. A word of praise and encouragement

is due to players and management for their efforts.

CONGRATULATIONS: Well done to Kilcummin Senior ladies on their recent victory when they ran out winners in the final of the Mary Jo Curran Shield beating Causeway by 4-9 to 1-2 **KILCUMMIN GAA GOLF SOCIETY:** Next outing: Barry Duggan President's Prize in Beaufort on Saturday 24th October. Tee time 10am – 11.15am. For more information contact Muiris on 086 1614136. New members welcome.

FIRST AID: A sports first aid workshop will be held mid-November. This course takes place twice per year and places are allocated on a first come first served basis. If you are interested please contact any member of Coist na Nóg. The course will take place on Saturday, 14th November, from 10:00am – 5.00pm at the Civil Defence Headquarters, Balloonagh, Tralee. Fee, €20.00.

KILCUMMIIN GAA LOTTO: There was one winner on Sunday October 11th, Numbers drawn were 5, 10, 18 & 20. Winner was Ger Lenihan, Rathanane. Next Draw Monday October 26th 2015. Jackpot now \in 2,500.

GLENFLESK NOTES

COUNTY LEAGUE DIV 2: The Glenflesk senior team, sponsored by the Jarvey's Rest, were narrowly defeated by John Mitchel's in the penultimate round of the county league in Tralee on Saturday October 10, on a scoreline of 0-15 to 3-5. They now face Listowel Emmets in the final round and need a victory in the final game to be assured of Division 2 status in 2016. **O DONOGHUE CUP:** The Senior team are scheduled to play Kilcummin in the first round of the O'Donoghue Cup in Kilcummin at 3:45 on Saturday October 17.

GLENFLESK LOTTO: Glenflesk Lotto draw was held on Monday the 12th of October 2015, in the Corner Bar. Jackpot: €7,200. Numbers drawn: 14, 18, 19, 23. No Winner. Next draw will be held on Monday October 26th in the Kerry Way. Jackpot €7,400.

INTERMEDIATE RELEGATION PLAYOFF: Glenflesk will also play Listowel Emmets in the Intermediate County Championship relegation play-off on Sunday October 25 in Strand Road at 2pm. The losers of this tie will play in the Junior Championship next year.

CARLOW COUNTY CHAMPIONS: Well done to Chris Crowley from Clonkeen, who won a Carlow County Championship medal with Palatine last weekend. Chris played underage and senior football with Glenflesk, and is currently studying Electrical Engineering at Carlow IT and is a member of the Irish Defence Forces.

GLENFLESK U12S: The Glenflesk U12s rounded off a great season with victories over

Kilcummin in Glenflesk on Sunday October 4th in the East Kerry League. The first team won on a scoreline of 4-14 to 4-8, and the second team won 5-12 to 0-11. The first team went through the entire competition unbeaten, defeating Kenmare, Kilcummin, Fossa, and Dr. Crokes, and drawing with Legion. Well done to all the players for their hard work and sportsmanship and to their parents for their help and support throughout the year. A special word of thanks also to their mentors for their time and dedication: Sean Moynihan, Gene Bowler, Pats Lucey, Ollie O'Donoghue and Gerry Mullane.

GLENFLESK U12S: To round off the year the U12s are having two days of fun and games this weekend; starting with a 'Kick Golf' excursion on Saturday afternoon at the old Gap of Dunloe golf course followed on Sunday morning with a blitz and party in Glenflesk.

GLENFLESK U10 BLITZ: There was great fun and excitement in Glenflesk last Saturday (October 10) for the annual U10 blitz played in beautiful conditions. Teams from Listowel, Cullen, Ballyvourney, Rathmore and Beaufort made the trip to Glenflesk. After a long day of football the Glenflesk boys emerged victorious in both the shield and cup finals. The cup final was a heart-stopping affair with Glenflesk eventually winning out over Rathmore after a period of extra-time. Well done to all the U10 players and thanks to everyone who contributed to make this such an enjoyable and successful end-of-year event. Thanks in particular to the U10 trainers who organised this event and who have given so willingly of their time all year: Seamus Moynihan, Kenny Cronin, Derry Healy, Pats Lucey and Declan Tangney.

GLENFLESK LADIES: The Glenflesk Ladies Football club held a brilliant end-of-year party for all the U6s, U8s and U10s where medals were presented to all the girls on stage by Daniel O'Brien and Jeff O'Donoghue, on Wednesday October 7th, and each girl received a picture of her team from this year.

RAHEEN NS: Fun fundraising bingo Saturday 24th of October at 8.30pm in the school. \in 10 a book this includes refreshments. All Welcome! Congratulations to Nicole Warren who had the winning lotto number 5 on Saturday the 10th of October.

RAMBLING HOUSE: The Rambling House returns to Glenflesk on Saturday November 21st between 8pm and 11pm. As ever, a great night's entertainment is in store, with the best of local music, song and dance. Further information from Neily Moynihan on 087-9831655 or Derry Healy on 087-2707899 - everyone welcome.

RAHEEN MONTESSORI SCHOOL: Sympathy is extended to Lorena O'Connor and the O'Connor family on the recent death of her father, Dermot Carroll (Dingle). Ar dheis Dé go raibh a anam.

CONTACT: We welcome items of local interest. Please contact PRO Donal on 087 668 7926 or pro.glenflesk.kerry@gaa.ie.

IF YOU HAVE A STORY...

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AWARE SUPPORT GROUP MEETINGS

Aware Depression Support Group meets:

Killarney - Mondays, KDYS at 8pm (from October 6th) (please note change of time from 7pm)

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For 2 months in the Spring and two months in the Autumn. 62 year old gentleman (solo) from Virginia. References, non smoker. Looking to reside in the Killarney area.

Email: masonpickett13@gmail.com



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Killarney Outlook

TAX Matters with



One of the key measures announced in Budget 2016 were the changes to the Universal Social Charge (USC).

Incomes of €13,000 or less in 2016 are exempt from the charge. This is an increase of €988 from the 2015 exemption limit of €12,012. If your income is above the exemption limit you will be taxed as follows:-

€0 to €12,012 @ 1%

€12,012 to €18,668 @ 3%

€18,668 to €70,044 @ 5.5%

€70,044 to €100,000 @ 8%

PAYE employee income in excess of €100,000 @ 8%

Self – employed individuals income in excess of €100,000 @ 11%

The change in USC bands and rates leads to the following USC cuts for various levels of gross income up to the maximum reduction of €902.

Gross	USC	USC	USC
Income	2015	2016	Cut
€20,000	€545	€393	€152
€30,000	€1,245	€943	€302
€40,000	€1,945	€1,493	€452
€50,000	€2,645	€2,043	€602
€60,000	€3,345	€2,593	€752
€70,000	€4,045	€3,143	€902

Medical card holders and individuals aged 70 years and over whose aggregate income does not exceed \in 60,000 will pay a maximum USC rate of 3%.

Allman House, Tralee Road, Killarney, Co. Kerry T: 064 6632045 E: info@obriencoffey.ie W: www.obriencoffey.ie

ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



Coronation Street Preview

A new hard hitting storyline is set to explode on Coronation Street as Steph Britton finds herself at the centre of a revenge porn plot. Luke Britton, Steph's brother will find himself being blackmailed by his friend and Steph's ex-boyfriend Jamie. This will lead to a strain on Luke's relationship with Maria Sutherland. Actress Samia Ghadie is due to leave Coronation Street on maternity very soon.

Just how will Maria depart?

Corrie Killer Rob Donavon is returning to the street but from his prison cell. Carla Connor's brother Rob who killed Tina McIntyre is set to cause havoc when he makes contact with a current street resident throwing their life into chaos with news that

will change their life forever. What is the news and who is about to receive it? Long term resident, Jason Grimshaw has announced he is leaving the soap. Actor Ryan Thomas who has played builder Jason for over 15 years is set to depart next summer. Jason will be at the centre of a huge storyline which will involved the Webster and Windass families as he makes his exit from the street.

Trouble is set to brew for Alya Nazir as the weight of carrying the secret that she cheated on boyfriend Gary Windass with his mate and boss Jason Grimshaw continues to grow. Will Alya confess all?

Romance is set to blossom for the new members of the Connor family with Aidan Connor due to romance singleton Eva Price while his sister Kate Connor will be joined her solider girlfriend Caz who has wedding plans in mind.

Citizens Information

Know Your Rights: NOISY NEIGHBOURS

QUESTION

Our new neighbours often have noisy parties and keep our children awake at nights. We don't want to call the Gardaí but what else can we do?

ANSWER

Noise nuisance can be a really difficult problem, especially if your family's sleep is disturbed. The Gardaí may ask someone to lower the noise coming from a dwelling but they do not have the power to enter a dwelling with the intention of simply asking someone to lower the noise.

There is a useful leaflet published by the Free Legal Advice Centres (FLAC), which covers issues (including noise) that arise between neighbours. FLAC recommends that you should first talk to your neighbours about the noise and explain how it is affecting your family. Keep a note of these discussions. You can also keep a noise diary, noting type of noise, time, date and duration and its effects on your family.

If this doesn't work, you can write to your neighbours, giving details of the noise and its effects. You may wish to suggest mediation and/or legal action if the matter cannot be resolved. Keep copies of all correspondence.

If the neighbours are tenants and you don't get a satisfactory response from them, you can complain to the landlord – whether this is a private landlord, a local authority or a housing association.

Private tenants have an obligation not to engage in anti-social behaviour, which includes persistent noise that interferes with the peaceful occupation of other dwellings. You may complain to the Private Residential Tenancies Board (PRTB) if the landlord fails to enforce this obligation.

Tenants of local authority housing are also obliged to avoid any nuisance (including noise) to the occupiers of any other dwelling. If the noise persists, the tenants are in breach of their tenancy agreement and the local authority can take steps to enforce the terms of the agreement. If the noise continues to be a problem, you can complain to the District Court about it. You must then serve notice on your noisy neighbours, using the Environmental Protection Agency Act 1992 - noise form of notice. If the court finds in your favour, it can order your neighbours to take measures to prevent or limit the noise.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

SouthWest Counselling Centre MAKING THE MOST OF OUR RELATIONSHIPS

Most relationships start out full of hopes and dreams and both parties are committed to making their relationship work. However, as the pressures of life unfold and reality bites, many individuals can find themselves drifting apart. Your relationship with your spouse or partner may provide much happiness and satisfaction or may be a source of anxiety and frustration because of conflict and unfulfilled expectations. It may be that case that you are unable to connect as you once did. All relationships change over time and with hard work and commitment, relationships can continue to be strong, enjoyable and satisfying. So how do we do that and how can we ensure that we maintain long-lasting and fulfilling relationships?

When things aren't going so well, it can be all too tempting to focus only on the negative aspects of our relationship. However, if you were to delve deeper - chances are your relationship has many positive factors. Researchers have found that the following characteristics are common in successful relationships: positivity, empathy, commitment, acceptance, love and respect.

As you reflect on your relationship – consider where your relationship ranks in relation to the following points.

POSITIVITY: Studies show that successful spouses have far more positive thoughts about and relate more positively towards each other. Relationships suffer when couples are negative, criticising, resentful and holding grudges. However, some negativity is normal and realistic and it is important that frustrations and grievances are aired. Striking a balance between the two extremes is vital.

EMPATHY refers to the ability to understand from the other person's perspective. Individuals appear to be happier in their relationship when they believe that their partner understands what they think and feel.

COMMITMENT to the relationship is vital despite the inevitable challenges and obstacles that couples encounter. When couples are prepared to compromise and balance their concern for self with concern for their partner, they are more likely to find happiness and joy in their relationship.

ACCEPTANCE is one of the most basic needs in any relationship. Feeling truly accepted for who we are – leads us to feeling more secure and confident in our relationship. Interestingly, studies show that change is more likely to occur when couples respect difference and accept each other as they are (as much as they may not like it).

LOVE AND RESPECT are vital components for a healthy relationship. All too often couples can begin to neglect the love and romance that was once so present. It is important to continue to cultivate and rekindle this love and respect throughout the lifetime of the relationship. Doing so will greatly help sustain a long-lasting and fulfilling relationships.

We will continue to focus on the topic of Relationships in the coming weeks and look at what we can do to make our relationships stronger, more enjoyable and satisfying.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre. info@southwestcounselling.ie.** Kerry LifeLine provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call **064 6636416.**

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision. Please support us at our **Charity Coffee Morning** on **Wednesday 21st October**, **The Royal Hotel**, **Killarney** from 10am to noon. Celebrating 21 years' service to the community.

HEALTHY OUTLOOK

Health Matters.... With Dr. Michael Moloney

GOUT

WHAT IS GOUT?

Gout is a form of arthritis which can cause severe pain in one or more joints. It is caused by a build up of uric acid within the joint which can be followed by inflammation thus causing pain. Gout affects about 1 in 200 adults is more common in middle aged men and can tend to run in families.

An attack of gout can present very quickly and develop even over the period of a few hours. It can be extremely painful and can last several days. Usually an acute attack only affects one joint (most typically the big toe); however multiple joints can be affected. Occasionally sites other than joints can be affected.

Uric acid levels are may rise for a variety of reasons thus precipitating gout in susceptible people. Certain foods can cause a rise in uric acid levels. Typical 'rich' foods and alcohol as well as certain medications (including some blood pressure tablets) may bring on gout. Occasionally gout may be brought on by an underlying medical condition.

DIAGNOSIS OF GOUT

Gout is often a clinical diagnosis made easily by your GP. The diagnosis may be confirmed by a blood sample showing a raised uric acid level. Uric acid may be normal during an acute attack. Some individuals may even have normal uric acid levels in the blood and still suffer from gout.

MANAGEMENT OF AN ATTACK

An acute attack of gout may be helped by elevating the affected limb and applying ice packs for 15-20mins. Also over the counter analgesia such as ibuprofen may help the symptoms.

Some people may be sensitive to ibuprofen or other anti inflammatory medications prescribed by their GP. Such medications can occasionally cause bleeding from the bowel or aggravation of asthma. One should always check with their pharmacist or GP if they have any concerns regarding their medication. Medications other than anti inflammatory painkillers such as colchicines and steroids may be used to settle an acute attack.

PREVENTION OF GOUT

General lifestyle changes such as increasing exercise, reducing alcohol intake and improving the overall quality of the diet can reduce recurrence of gout. There is some evidence to suggest vitamin C supplementation may reduce exacerbations. Medication may be used if attacks are frequent.

Allopurinol is a medication commonly used to prevent gout attacks. It is not used during an acute attack and can take up to 3 months to lower uric acid levels and thus prevent an attack. The dose of allopurinol used can vary from person to person and may be tailored according to uric acid levels.

Other treatment options are available for persisting or troublesome gout.

If you have any queries regarding the above article please do not hesitate to contact us on **064 6620628**

Dr. Michael Moloney,

MB, BCh, BAO, BMedSci MMedSci, DOWH, MICGP Specialising In Sports Medicine. Member of the faculty of sports and exercise medicine. Doctor to Ireland Under 17 Soccer Team.

The Killarney Medical Centre, 47 New Street, Killarney. t: 064-6620628.

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IS THE REPUBLIC OF IRELAND GOVERNMENT ASLEEP?

At time of writing a total of 19 EU countries and states had stated that they will not let their agricultural systems be damaged by unnecessary and harmful GM crops that were designed by the Biotech industry, led by Monsanto, to sell more herbicides.

Denmark, Luxembourg, Malta, Austria, Bulgaria, Croatia, Cyprus, Germany, Greece, Hungary, Italy, Latvia, Lithuania, the Netherlands, Poland, Slovenia, Wales, Scotland and Northern Ireland have all announced GM crop bans over the past few weeks. Belgium has also decided to keep its French-speaking Wallonia region GM crop free.

The new GMO ban is set to affect possible decisions to lift bans by governments in Africa and Asia over coming months according to food security experts.

WILL THIS HELP YOU PAY LESS WATER TAX?

Although composting toilets are slightly less luxurious than a flushable toilet, let it be noted that they are also significantly less disgusting than an outhouse and drastically more sustainable. Composting toilets use a specific airflow mechanism that works like a chimney for odour. Rather than flushing, you simply toss sawdust into the toilet after use, and 90 per cent of the waste is converted into compost. Though you are required to empty the toilet's lower tray every once in a while, it's only disgusting in concept, as the material has all been converted into harmless soil.

DOG TRAINING TIPS:

*Pulling on the leash is inherently rewarding for dogs. Why? Because it gets them where they are going. Don't allow your dog to strain the leash and drag you from place to place. If your dog is pulling, make like a tree and stand still. Once the leash relaxes and your dog is looking at you, continue your walk. Another



option is to turn around and walk the opposite direction.

Don't forget to reward your dog when they're walking politely on the leash. A dog that walks at the side and offers eye contact is a dog that deserves a reward!

Remember loose-leash-walking takes practice and patience! Your dog may look like a yo-yo for a while they're learning that pulling won't get them where they're going. Also note, your dog will NOT learn how to loose-leash-walk on a retractable leash. If your dog pulls forward on a retractable leash and the leash extends, your dog just learned "pulling gets me there faster!"

*Your dog only needs the length of the leash to do their business. Teach your dog that social hour starts after business gets done. This is especially true for those night time toilet-breaks. It might be cute the first time, but eventually you won't want to take Rex out at 3 A.M. to look at the stars. Take your dog to do their business and put your pup right back to bed. You will thank yourself later.

*So, your dog is less than eager to spend time in their kennel... well, how many times have you used the kennel as a form of punishment? The kennel should be a comfortable place that your dog is eager to visit. The kennel is that magical place where your pup eats their dinner or gets a very special treat. Never use the kennel as a form of punishment!

NEW CLOUD:

As if we didn't see enough clouds this year, the Cloud Appreciation Society, a group of weather enthusiasts, is lobbying for Undulatus Asperatus to be a named a new type of cloud in the International Cloud Atlas. If successful, it will be the first new cloud named since 1951. The aptly named Undulatus Asperatus, or "agitated waves", resembles the view of the ocean from underwater.

ANSWER TO LAST WEEKS RIDDLE:

What belongs to you but is used more by others? Your name.

QUOTE:

"Always forgive your enemies - nothing annoys them so much" - Oscar Wilde

ON THIS DATE - 16TH OCTOBER:

1678 - Proclamations against Catholic clergy and schools in Ireland were issued

1793 - Marie Antionette, Austrian princess and queen consort of Louis XVI of France, guillotined in Paris.

1829 - Tremont Hotel, first US modern hotel opened in Boston

1834 - The British Houses of Parliament burned down during a fire probably started by porters burning used tally sticks.

1846 - Dentist William T Morton demonstrated the effectiveness of ether

1854 - Oscar Wilde, playwright, novelist and essayist born in Dublin

1869 - England's first residential college for women, Girton College, Cambridge, founded 1902 - Britain opens its first young offenders institute.

1939 - Birth of Joe Dolan (born Joseph Francis Robert Dolan) in Mullingar, Co Westmeath.

1946 - The executions of 10 Nazi leaders convicted of war crimes at the Nuremberg Trials took place.

RIDDLE FOR THIS WEEK:

Everyone has it and no one can lose it, what is it? Answer next week!

TONGUE TWISTER:

Mix a box of mixed biscuits with a boxed biscuit mixer.

RESCUED DOG HELPS PULL INJURED OWNER TO PHONE:

A faithful black Labrador retriever named "Mabel," recently proved her love and devotion for her owner in Texas. Not long ago, Mabel's owner, Janet Wilhelm, fell in the garage after tripping while putting away some dog food - the fall left her with multiple breaks in her pelvis.

Nobody was home at the time - except for Mabel, who proved to be the hero of the day. Ms. Wilhelm was in too much pain to crawl inside of her home to reach the phone, but when she reached for Mabel's collar, the dog instinctively seemed to know what to do she began slowly pulling her injured owner towards the house.

The 20-foot trek to the house was slow - but after more than an hour, Mabel successfully got her owner to the phone. Thanks to Mabel's efforts, Ms. Wilhelm was not left alone on the garage floor all day - something her doctors have stated would have hindered her recovery. Mabel was rescued three years ago by her family - today, it is safe to say that she has repaid the favour.

HONDURAN FISHING VILLAGE SAYS GOODBYE TO CANDLES AND DIRTY ENERGY:

Plan Grande, a small fishing village of 500 people on the Caribbean coast of Honduras has become an example to be followed in renewable energies, after replacing candles and dirty costly energy based on fossil fuels with hydropower from a mini-dam, while reforesting the river basin.

They now have round-the-clock electric power, compared to just three hours a week in the past.

The village in the municipality of Santa Fe in the northern department of Colón, can only be reached by sea, after a 10-hour, 400-km drive from Tegucigalpa on difficult roads to the village of Río Coco on the Caribbean coast. From Río Coco you take a motorboat the next

MARGARET'S RAMBLINGS

morning, which takes 20 minutes to reach Plan Grande.

On the boat ride to the village, seagulls can be seen flying in the distance as the fishermen return in their cayucos (dugout canoes) and small boats after fishing all night at sea. Others take jobs on larger fishing boats, which keeps them away from home for eight months at a stretch.

Fishing and farming are the only sources of work in the village, which makes electricity all the more important: in the past, because they couldn't refrigerate their catch, they had to sell it quickly, at low prices.

The village finally got electricity for the first time in 2004, thanks to development aid from Spain. But it was thermal energy, and for just three hours a week of public lighting they paid between 12 and 15 Euros a month per dwelling.

"We couldn't afford anything more than street lamps – no electricity for TV and no refrigerator, because the costs would skyrocket. We couldn't keep things on ice for long, and our dairy products and meat would spoil," said Óscar Padilla, a community leader. But in 2011 the people of Plan Grande opted for hydropower after a visit by technicians from the Small Grants Programme (SGP), implemented by the Global Environment Facility (GEF) and the United Nations Development Programme (UNDP), who suggested a small communityowned hydroelectric plant.

The entire community got involved and designed their own project for renewable energy and sustainability. With 30,000 dollars from the SGP and aid from Germany's International Cooperation Agency (GIZ) and the Honduran Foundation for Agricultural Research (FHIA), a round-the-clock power supply became possible and Plan Grande left candles and dirty energy based on fossil fuels in the past.

"Our lives have changed - we now have electricity 24 hours a day and we can have a refrigerator, a freezer, a fan, and even a TV set - although we have to use the energy rationally and respect the limits and controls that we set for ourselves," another local resident, Edgardo Padilla said. The rules and schedules set by the villagers to optimise and ration energy use include specific times for watching soap operas, turn on freezers, or use fans. For example, freezers are turned on from 10 PM to 6 AM, which is the time of lowest consumption, for now, air conditioning is not allowed because it uses so much electricity, and light bulbs and freezers have to be the energy efficient kind.

Families who have a refrigerator, fan, TV set, computer and freezer pay €9:75 a month; those who have only a fan and a TV set pay €5:32; and families who just have light bulbs or lamps pay just €3:55.

Thanks to the new power supply this isolated community now has its own bakery.

The villagers also developed a conservation plan to preserve their water sources and



installed cameras to monitor illegal logging and to identify the local fauna.

A nursery was created a year ago to grow trees such as pine, which can be used for timber, in order to reforest and keep the area green and to grow fruit and timber trees to generate incomes

All villagers take part in maintenance and reforestation crews if someone doesn't come on the day they were scheduled to do cleanup and maintenance of the nursery or the streets and paths that lead to the dam, they have to pay for that day of missed work.

The local population is of mixed-race heritage. The municipality of Santa Fe is mainly Garifuna – descendants of African slaves who intermarried with members of the indigenous Carib tribe.

"It's worth investing here; this is a committed community and its leaders know about accountability, believe in transparency and love nature, three things that you can't find easily," said the 44-year-old mayor Noel Ruíz of the Garifuna community, who was re-elected to a second term.

SNOWBOARDERS SAVE STRANDED HORSE FROM FREEZING TO DEATH:

By the time this horse was discovered, all alone on a mountainside and up to her belly in snow, she seemed as though she had given up any hope of making it out alive. But in that cold, lonely place, the warmth of human compassion won the day.

Rafael Pease and a friend had planned to spend the day snowboarding in the Chilean Andes, celebrating Rafael's 21st birthday, but they soon found themselves in a position to save a life. While shredding through the blanket of fresh powder, Rafael spotted what he at first thought was a rock off in the distance. As he looked closer, however, he realised it was actually a creature in desperate need of help. Digging with snow shovels, the pair was able to free the exhausted horse from her icy confines. After feeding her, Rafael and his friend slowly led the horse down the mountain where she was reunited with her owner, who informed them that she had been missing for four long days.

If the snowboarders hadn't come along, it's not likely the stranded horse would have lasted much longer. And while riding the slopes might have been a more pleasant way to spend the day, Rafael says he wouldn't have had it any other way.

"I have been through a lot in life, and through it all I have realised that it's well worth it to watch out for others — whether they are human or not. And that's what me and my riding partner did," he said.

DID YOU KNOW?

Coffee is a wonderful beverage that is loaded with antioxidants and other active compounds.

It has been linked with numerous health benefits, including a reduced risk of liver diseases, type 2 diabetes and neurodegenerative diseases.

The active ingredient in regular coffee is caffeine, with each cup containing an average of 80–120 mg. A daily intake of 400 mg is generally considered to be safe.

However, consuming more than 500–600 mg per day can be excessive. This may overwhelm the nervous system, causing insomnia, nervousness, irritability, stomach cramps, heart palpitations and muscle tremors.

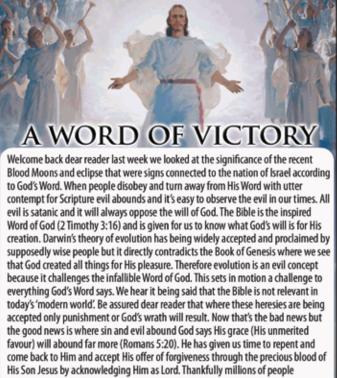
The amount of caffeine needed to experience these side effects differs widely between individuals.

Some can drink as much coffee as they want, while others experience symptoms with small amounts of caffeine.

FINALLY THIS WEEK:

Living on earth is expensive, but we do get a free trip around the sun every day!

Killarney Outlook



His Son Jesus by acknowledging Him as Lord. Thankfully millions of people throughout the world have woken up to the lies of the enemy and are again turning to God by repenting of ungodly ways and accepting Jesus as the only way to be saved. When Jesus is made Lord of our lives we experience the goodness and mercy and the love of our eternal Father. He's waiting for you friend – it's the best decision you will ever make. God bless you. More next week...

Contact: 064 - 66 22950 Email: wordofvictory@eircom.net

NOVENA TO THE SACRED HEART

You have said 0 Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

GRATEFUL THANKS

Sacred Heart of Jesus, Our Lady of Lourdes, St. Padre Pio, St. Clare, Our Lady of Mount Carmel, Divine Mercy St. Faustina, St Michael Archangel and St Anthony for health favours received. D&A

THANK YOU TO

St. Expedite, St. Anthony and all the Saints.

PRAY TO ST. EXPEDITE

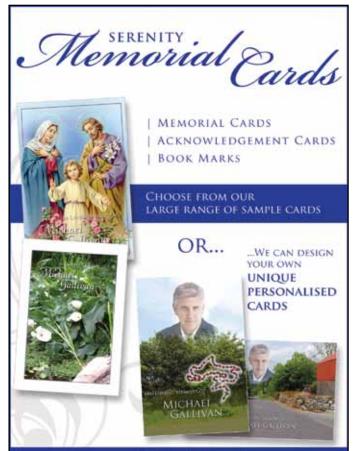
Saint Expedite, Noble Roman youth, martyr, You who quickly brings things to pass You who never delays, I come to you in need: (Clearly express what you want and ask him to find a way to get it to you)

Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise) Be quick. Saint Expedite!

Grant my wish before your candle burns out and I will glorify your name

Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion.

For anyone in need say this prayer and your request will be granted. My request was granted. Amen. Sales: Des 087 659 3427 or Email: killarneyoutlook@outlookmags.com



TEL: 087 6870929 OLD MARKET LANE (NEXT TO KERRY MORTGAGE CENTRE) , KILLARNEY, CO. KERRY.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. **C.W.**

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly besech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. Amen. Say this prayer for 3 consecutive days. Must publish prayer and it will be granted to you.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your

favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. **M.A.**

NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

MEMORIALS & REMEMBRANCE

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen Say this prayer for three days. Publication of prayer and favour will be

granted. M.M.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle. Pray, whether you believe or not. Publish on the 9th day. "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and always. Your request will be granted no matter how impossible it may seem. Publication must be promised.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine. Amen

Say this prayer for three days. Publication of prayer and favour will be granted. M.M.

PRAYER TO ST. MARTIN DE PORRES

Most humble Saint Martin whose burning charity embraces all, but especially those who are sick, afflicted or in need, we turn to you for help in our present difficulties and we implore you to obtain for us from God health of soul and body, and in particular the favour we now ask ...

May we, by imitating your charity and humility, find quiet and contentment all our days, and cheerful submission to God's holy will in all the trials and difficulties of life. Amen.

NOVENA TO THE

SACRED HEART

Sacred Heart and Our Lady a thousand thanks.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with"May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the world forever, Amen." Pray, whether you believe or not. Publish on the 9th day. Your request will be granted no matter how impossible it may seem. Favour often granted on the third day. M.B.

PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal. You give me the divine gift to forgive and forget the wrong that is done to me and who are

in all instance of my life with me. In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no mater how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted.

NOVENA TO THE

SACRED HEART

Dear Heart of Jesus in the past I

time I ask you this special one,

(mention favour). Take it dear

heart of Jesus and place it within

your heart where your Father

will become your favor not mine.

Amen. Say this prayer three times

for three days and your favour

will be granted. Never known to

fail. Must promise publication of

prayer.

THANKSGIVING ST. JUDE

St. Jude come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately.

Favour granted after 3 days.

M.O.S

ST THERESE

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles...the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to

lead others to Jesus through you. Amen. Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted.

NOVENA TO THE SACRED HEART

You have said O'Divine

Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

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THE MIRACLE PRAYER

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Publication of prayer and favour will be granted. P.M.

THE MIRACLE

PRAYER

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. G.M.

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

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PRAYER TO THE VIRGIN MARY

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O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. Amen. This prayer must be said for three days and after must be published. thank you for favours received.

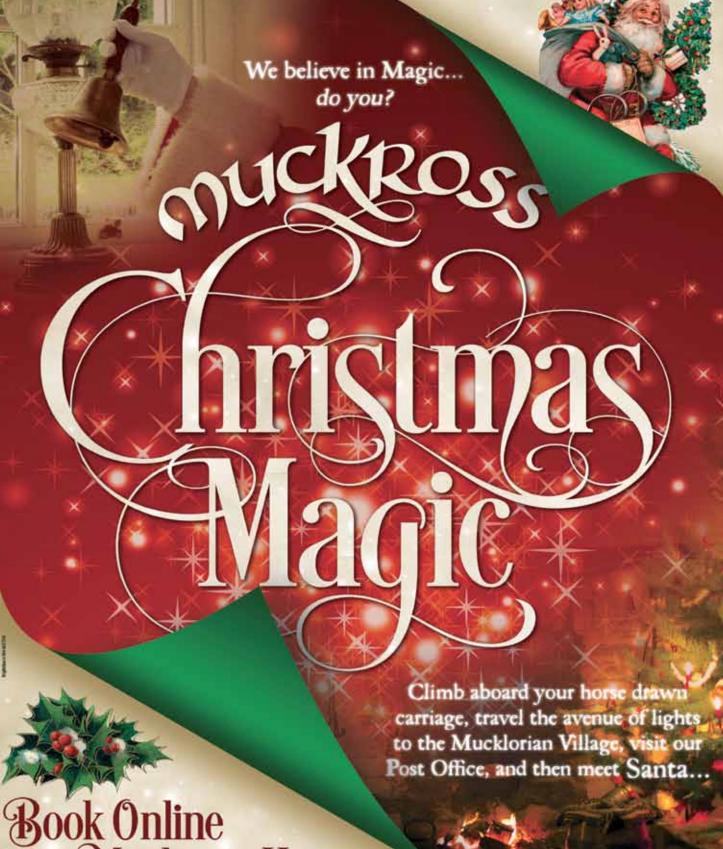
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have asked for many favours. This And to all of the Angels and Saints and the Holy Spirit. X sees it. Then in his merciful eyes it

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received.

Killarney Outlook



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