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LAST CALL PITCHES 100 minutes WED/THURS 9:00	PITCH PERFECT 3 100 minutes WED/THURS 9:00
TARAPATY (DOUBLE TROUBLE) 95 minutes POLISH FILM WITH SUBTITLES SAT/SUN 4:30 6:30	WONDER 125 minutes 7 DAYS 6:40 9:00 SAT/SUN 2:05
JUMANJI 125 minutes WED/THURS 6:30 8:55	THE STAR 109 minutes FRI/MON 6:45 SAT/SUN 12:15 2:20
DADDY'S HOME 2 105 minutes 7 DAYS 9:00 SAT/SUN 4:25	PADDINGTON 2 100 minutes FRI-TUES 9:00 SAT/SUN 12:10 2:10 4:10 FRI 6:40

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MESSAGE FROM THE EDITOR...



Welcome to our second last magazine of 2017. Full of festive fun, we have Christmas images from events around the town which took place over the last week.... the third Magic Parade was a huge success with the chance to see it all again tomorrow night.... the Lions Club are collecting for the needy and a local lady and her family are off to see The Snowman thanks to the Killarney Outlook.

Killarney House was the venue for the launch of the new Kerry brand, The Friary has celebrated

150 years and Rathmore GAA Clubs raised the roof at Strictly Come Dancing.

With lots of Christmas gift ideas from our advertisers, why not browse through our magazine for those last minute pressies.

Aisling Crosbie

Editor

40

It's beginning to look a lot like Christmas....



The Friary celebrates 150 years...

8

LIONS CLUB APPEAL TO HELP NEEDY FAMILIES



PREPARING THE FOOD PARCELS AND HAMPERS FOR THE KILLARNEY LIONS CLUB CHRISTMAS FOOD APPEAL WERE FROM LEFT, MARK PENDER, ATLAS GLOBAL SOLUTIONS (AGS), KILLARNEY LIONS CLUB PRESIDENT ANTHONY WALSH, KERRY FOOTBALLER DAVID MORAN AND ROBERT STACK (TRICEL). PICTURE: EAMONN KEOGH

Needy families in the Killarney area will be looked after this Christmas by the Killarney Lions Club who are currently running their annual Christmas Food Appeal fundraiser. Kerry footballer David Moran launched the 2017 fundraiser with Killarney Lions Club President Anthony Walsh along with sponsors Robert Stack (Tricel) and Mark Pender (AGS).

The Killarney Lions collect money and purchase nutritional foods and then assemble the hampers before delivering them to Killarney's most

needy families. Even the hamper boxes were donated by Atlas Global Solutions (AGS Packaging). With a thoroughly vetted list, the Lions delivered 104 hampers in 2016 and hope to do a similar amount this year in 2017.

The Lions Club will be collecting at Daly's SuperValu Killarney on Friday December 22nd and will welcome any donations to help make a big difference to someone's Christmas. This appeal lends a much needed helping hand to the less fortunate in the community.

CAROLINE SCOOPS KILLARNEY OUTLOOK CHRISTMAS PRIZE

Congratulations to Caroline Quirke from Killarney who was the winner of the Killarney Outlook Snowman Competition.

Caroline correctly answered the question that the narrator of the show Gemma Sugrue is from Killarney. Caroline and her son Rian called into the Killarney Outlook office to collect their prize of a family pass for 2 adults and 2 children along with a €100 Voucher for pre show dining at The Brehon Hotel. The hugely popular Christmas film, The Snowman will be backed by the RTÉ Concert Orchestra and narrated by Gemma Sugrue for 2 shows on Sunday.

This timeless story of a boy's unique friendship with a snowman that comes to life and

their exciting starry-skied adventure to the North Pole has become an adored Christmas tradition.

Suitable for the whole family, this show is ideal opportunity to awaken your festive spirit! Sing along to 'We're Walking in the Air' as well as all your favourite Christmas tunes!

ALL SMILES.... KILLARNEY OUTLOOK COMPETITION WINNER CAROLINE QUIRKE AND HER SON RIAN PICTURED WITH EDITOR AISLING CROSBIE. PICTURE: MARIE CARROLL O'SULLIVAN



REINDEER RUN THROUGH THE NATIONAL PARK

To get yourself in the festive spirit why not take part in the 10km Reindeer Run/Walk in aid of Motor Neuron Disease on Sunday 23rd December.

Starting at the Liebherr Car Park on the Fossa Road between 9am and 12 noon, the walk will take you through the Killarney National Park. You can make a donation on the day or at www.idonate.ie/reindeerrun or if you would like to raise some funds you can contact Mike on 087-6854678 or Michael Jordan on 086 3686841 for sponsorship cards.

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FRIARY CELEBRATES 150 YEARS

The Friary celebrates 150 years this year – it first opened in 1867 and last Friday there was an anniversary concelebrated Mass led by Guardian Fr Liam McCarthy, in order to mark the special date. The Mass was followed by a special birthday lunch in the Killarney Park Hotel where the Friars were joined by Bishop of Kerry, Ray Browne, and other invited guests, including Mayor of Killarney, Cllr Niall Kelleher. The Friary building was designed by Edward, eldest son of Augustus Welby Pugin who designed the Cathedral. In 1902 it became the Novitiate House of the Irish Province, as it is now, an Inter Provincial Novitiate House of the Order. The Franciscan's roots in Killarney stretch back centuries; they first came to Muckross in around 1440, they then moved between Mangerton Mountain, College Street, and New Street over the centuries, and they have been on Fairhill since the 1860s. The Friary continues to play a positive role in the town, SouthWest counselling was started back in 1994, and in 1999 the friars handed their old building over to the KDYS which does an enormous amount of good work for young people locally.

BISHOP RAY BROWNE AT THE FRIARY CHURCH FOR THE FEAST OF THE IMMACULATE CONCEPTION ON FRIDAY AND ALSO TO CELEBRATE THE 150TH YEAR OF THE FRIARY CHURCH. PICTURE MARIE CARROLL-O'SULLIVAN



MAYORS SIGN SISTER CITY MEMORANDUM AT KILLARNEY HOUSE

The Cathaoirleach of Kerry County Council, Cllr John Sheahan has signed a Memorandum of Understanding with the Mayor of West Springfield, Massachusetts to establish a Sister City relationship between West Springfield and Dingle/Daingean Uí Chúis. The memorandum was signed at Killarney House on Monday by Cllr Sheahan, on behalf of Kerry County Council, and the Mayor of West Springfield, Chris Reichelt.

Mayor Reichelt has been leading a nine-person delegation to Kerry over the weekend including political, civic and business leaders from his city. West Springfield has had a strong relationship with Dingle and west Kerry, not least because many natives of the Blasket Islands settled in the Massachusetts city (pop. 29,000) when they emigrated from Corca Dhuibhne.

'In many ways, today's signing is the culmination of many years of a very strong bond and relationship between the people of west Kerry and the people of West Springfield,' said Cllr Sheahan. 'As has been well documented, there has been a strong bond between the Blasket Islands in particular and your great city. Many of those who emigrated from the Great Blasket settled in West Springfield and it became a home away from home for them.

'It is an honour for me to sign this Memorandum of Understanding today which will see further links developed between Dingle and West Springfield. The Sister City arrangement will



THE CATHAOIRLEACH OF KERRY COUNTY COUNCIL, CLLR JOHN SHEAHAN, SIGNED A MEMORANDUM OF UNDERSTANDING WITH THE MAYOR OF WEST SPRINGFIELD, MASSACHUSETTS, MAYOR WILL REICHEL, TO ESTABLISH A SISTER CITY RELATIONSHIP BETWEEN WEST SPRINGFIELD AND DINGLE/DAINGEAN UÍ CHÚIS. THE MEMORANDUM WAS SIGNED AT KILLARNEY HOUSE TODAY BY Cllr SHEAHAN, ON BEHALF OF KERRY COUNTY COUNCIL, AND THE MAYOR OF WEST SPRINGFIELD, WILL REICHEL. ALSO WITNESSING THE SIGNING WAS CHIEF EXECUTIVE KERRY COUNTY COUNCIL, MOIRA MURRELL. PHOTO: VALERIE O'SULLIVAN

allow us to forge stronger bonds into the future,' said the Cathaoirleach.

The US delegation to Kerry included: Mayor Will Reichelt, Mayor of West Springfield; Chris Reichelt (brother of Mayor); Councilman George Condon, Council President; Former Mayor Ed Sullivan; Councilman Bruce Gendron

Councilman Sean Powers, Attorney; John Weiss, Chamber of Business; Sean Cahillane, Director, Irish Cultural Center; Gene Cassidy, CEO, Eastern States Exposition. They attended a number of meetings and engagements over the weekend in Dingle and Killarney.

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SPECTACULAR NIGHT OF STRICTLY AT THE INEC



DONAL MURPHY AND NORA O'CONNOR PRESENTS JAMES O'HALLORAN AND AOIFE O'SULLIVAN WINNERS OF JUDGES VOTE PICTURES TIMMY O'LEARY



DONAL MURPHY LEFT NORA O'CONNOR RIGHT PRESENTS TIMMY REEN AND KATHLEEN DENNEHY, AS WINNERS OF PUBLIC VOTE.

Rathmore GAA and Rathmore Ladies football clubs joined together to host a spectacular night of Strictly Come Dancing, The Icons, last Thursday in the INEC. For the second year, the event was a great success and as well as raising funds for both the mens and ladies clubs, it provided fantastic entertainment to all who attended on the night. There were some show- stopping performances on the night, all the dancers volunteered their time for many hours of training and rehearsals under renowned choreographer Joe Burkett. Arthur Moynihan and Brian Hickey, acted as Masters of ceremonies on the night, and were on hand to keep the audience entertained, they made sure everything ran perfectly on the night. The

celebrity judges on the night were Mayor of the Killarney Municipal District, Cllr Niall Kelleher, local actor Eamonn Kelly, Bursary recipient Margaret O'Sullivan, journalist and Strictly veteran Aidan O'Connor and choreographer and dance instructor Joanne O'Connor. They were given the tough decision of picking the winning couple and the lucky duo were Scoil Phobail Sliabh Luachra teacher James O'Halloran and his dancer partner, Tralee-based Garda Aoife O'Sullivan, who hails from Rathbeg. The winners of the public vote were Kerry County Council employee Kathleen Dennehy and Tim Reen of Reen's Garage. Congratulations to everyone who took part.



THE COMMITTEE WHO ORGANISED THE RATHMORE STRICTLY COME DANCING. BACK L - R SHEILA RAHILLY, TIM O'BRIEN, FINTAN TWOMEY, NORA O'CONNOR, EMMA COOPER BUCKLEY, STEPHANIE BROSANAN .FRONT, DONAL MURPHY, DON CASEY, MISSING FROM PHOTO SIOBHAN CASEY.

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Health Matters...

With Dr. Lynda O'Callaghan

The Killarney Medical Centre

Coeliac Disease

What is it?

Coeliac disease is caused when the person affected eats gluten causing a very specific reaction in the gut. It is not a gluten intolerance - where people may feel unwell or bloated after eating gluten but have normal blood tests and a healthy appearing stomach on Gastroscopy (camera test). Gluten intolerance is very common in Ireland but true Coeliac disease is also quite common amongst our population. It is often familial (runs in families) and can be associated with other conditions - Hypothyroidism (underactive) and Pernicious Anaemia (Low Vitamin B12 resulting in anaemia) and Type 1 Diabetes. This is sometimes referred to as the Auto-immune Triad and one or more of these diseases can affect different members of the same family. It can be diagnosed at any age and may not become 'active' until later life.

What happens?

Gluten containing foods such as breads, pasta, cereals, cakes and biscuits cause an immune reaction on ingestion by the affected person. Their immune system makes antibodies (called Endomysial Antibodies) to gluten and these acts to attack gluten like it is a harmful agent. This causes a localised inflammatory reaction in the gut or small intestine. This reaction results in flattening of the healthy finger like prongs into the small intestine that usually absorb our food. (Flattening of the 'villi').

Symptoms

There may be none at all so anyone with a family history should have a blood test to check for it. Babies: If present symptoms start on weaning and include failure to thrive/poor weight gain, pale smelly stools, Abdominal distension and Vomiting. Older children: Poor energy, weight loss or cessation of weight gain, abnormal pale stools, Pallor or anaemia, diarrhoea, bloating, Poor growth. Adults: Anaemia, loose stools, flatulence, abdominal pains especially after eating gluten, fatigue, diarrhoea, mouth ulcers, rarely a rash on the elbows or knees (caused Dermatitis Herpetiformis). Usually adults do not lose weight with coeliac disease.

Diagnosis

A blood test taken on a gluten containing diet for at least 6 weeks is very accurate. If positive it is common practice to refer the patient for a gastroscopy (OGD) to confirm the diagnosis on biopsy. If the patient is older, with a very strong family history and no red flag symptoms (i.e. weight loss/difficulty swallowing) it may not be essential to perform an OGD.

Other tests

Anaemia needs to be out-ruled by way of a full blood count. Iron stores and Vitamin B12 levels should also be checked.

Thyroid bloods tests in conjunction with a diabetes test should be considered.

Coeliac disease is a risk factor for Osteoporosis so depending on the age at diagnosis a Vitamin D level may be checked or you may need a Bone Density DEXA test.

Treatment

The main stay of treatment is an exclusively gluten free diet. This should only be embarked upon once the diagnosis is confirmed. The Coeliac Society of Ireland provides excellent free guidance and advice, as do Community Dietitians. It can take anywhere from 6 to 24 months for symptoms to fully resolve once you embark on a gluten free diet. The longer the individual is compliant with a gluten free diet the more sensitive they can be to inadvertent exposure in the future.

Other considerations:

Coeliac disease is a risk factor for Osteoporosis so the individual must ensure they have an adequate Calcium and Vitamin D level and may require supplements for this. A Dietician review will also look at this. You may also need to replace iron or Vitamin B12 after diagnosis.

Coeliac disease can affect how well your spleen works and you should consider certain vaccines to prevent against infection eg Influenza vaccine, Hib vaccine, Pneumococcal vaccine - all available at your GP surgery.



Dr. Lynda O'Callaghan
MB BCH BAO LRCP&SI MRCGP
Dip. in Women's Health, DCP, DCH

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RETIRED TEACHERS ASSOCIATION ENJOY ANNUAL GET TOGETHER

The Annual General Meeting and Dinner of the Kerry Branch of the Retired Primary Teachers Association of Ireland (RTAI) took place at The Killarney Oaks Hotel where presentations were made to Micheál Ó Súilleabháin retiring Chairperson and Bríd Cronin retiring Secretary/Treasurer. Fr Kieran O'Brien, Killarney Parish ADM, celebrated the Annual Mass for current and deceased members of the Kerry Branch of R.T.A.I.

The Kerry branch has 450 members and those Retired Teachers who have not as yet joined the R.T.A.I. are urged to do so as we need a vibrant association in our fight for full pension restoration for all teachers and parity with serving teachers.

In 2017 on the Social side members did a number of organized walks, visited Kells Gardens, did a trip to Listowel to the John B. Keane's Pub to be entertained by Billy, visited the Seanachai Centre, did a guided walk of Listowel town with evening dinner in The Listowel Arms Hotel. Members attended a number of informative talks including a talk by



AT THE RETIRED TEACHERS' ASSOCIATION OF IRELAND (RTAI) KERRY BRANCH AGM AND DINNER IN THE KILLARNEY OAKS HOTEL, PRESENTATIONS WERE MADE TO OUTGOING OFFICERS MICHEÁL Ó SÚILLEABHÁIN, RETIRING CHAIRPERSON AND BRÍD CRONIN, RETIRING SECRETARY/TREASURER. PICTURED FROM LEFT ARE BRIAN MANGAN, RTAI NATIONAL EXECUTIVE REPRESENTATIVE FOR KERRY, MAIREAD UÍ BHROSNACHÁIN (TREASURER), BRÍD CRONIN, MICHEÁL Ó SÚILLEABHÁIN, JULIE O'CONNOR (SECRETARY) AND FR KIERAN O'BRIEN, KILLARNEY PARISH ADM, WHO CELEBRATED THE ANNUAL MASS FOR CURRENT AND DECEASED MEMBERS OF THE KERRY BRANCH OF R.T.A.I. PICTURE: EAMONN KEOGH

Dermot Goode on Total Health Care and Health Plans on the invitation of the Limerick Branch R.T.A.I.

The group are currently organising Trips and Talks for 2018.

KERRY - YOUR NATURAL ESCAPE

Killarney House was the venue for the launch of a new brand identity which will be used to market County Kerry at home and abroad. With the theme of 'Kerry - Your Natural Escape' - the Destination Kerry brand includes icons, imagery and messaging for use on all multiple platforms and highlights some of the top attractions and characteristics which attract visitors to Kerry as well as promoting the unique visitor experience on offer.

The new brand - which is one of the key actions in the County Kerry Tourism Strategy and Action Plan - was launched by the Minister of State at the Department of Transport, Tourism and Sport, Brendan Griffin TD.

Describing the launch of the new brand identity as a hugely significant day for Kerry, the Cathaoirleach of Kerry County Council, Cllr John Sheahan, said that the unique visitor experience was very coherently encapsulated in the brand identity and taglines.

'Kerry is one of the most colourful, natural and cultural regions in Ireland. It is an inspirational place that stimulates all the senses with the breath-taking beauty of its majestic mountains,



AT THE LAUNCH AT KILLARNEY HOUSE BY THE MINISTER OF STATE AT THE DEPARTMENT OF TRANSPORT, TOURISM AND SPORT, BRENDAN GRIFFIN TD. WERE, JOAN MCCARTHY, TOURISM DEVELOPMENT OFFICER, KERRY COUNTY COUNCIL, CATHAOIRLEACH KILLARNEY MUNICIPAL DISTRICT, CLLR NIAL KELLEHER, PAT DAWSON, REGIONAL MANAGER, NPWS, SEAN O'DRISCOLL, INIVA HOSPITALITY, CATHAOIRLEACH KERRY COUNTY COUNCIL, CLLR JOHN SHEAHAN, JOHN GRIFFIN, TOURISM OFFICER, KERRY COUNTY COUNCIL, PATRICK O'DONOGHUE, REPRESENTING IRISH HOTEL FEDERATION, AND CHIEF EXECUTIVE KERRY COUNTY COUNCIL, MOIRA MURRELL. PHOTO: VALERIE O'SULLIVAN

picturesque lakes and rivers, a dramatic coastline, and traditional towns and villages.

The brand icons, which will feature on marketing material and all media platforms incorporates the county's iconic and significant

features and characteristics including scenery and landscape, arts and culture, sport and recreation, dining, the Irish language and more. Brand guidelines are being issued to the local tourism and hospitality sectors.

CELEBRATE WOMEN'S CHRISTMAS AT THE BREHON'S GREAT GATSBY NIGHT

The Brehon will turn back the clock to the roaring twenties this January 6 to celebrate Women's Christmas.

Toast the prohibition era with a glass of prosecco on arrival then sit down to a sumptuous Gatsby themed banquet before dancing the night away before reliving the fun and frolics of the jazz age with live music from The Swing Cats.

Think flapper dresses, fringing, beading, and feathers... the very attire worn while attending one of the infamous Jay Gatsby's extravagant parties.

The roaring twenties heralded the beginning of a new era for women, flappers flouted their contempt for traditional constraints. They now had the right to vote, they worked outside of the home and they challenged women's

traditional societal roles.

What better way to celebrate Women's Christmas and the beginning of the new year then with your fellow flappers!

Tickets for The Great Gatsby Party at The Brehon cost €49 per person and are available to purchase from The Brehon Reception. For more information email info@thebrehon.com or phone 064 6630700.

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FOR SALE

'ARUM', WOODLAWN ROAD, KILLARNEY

Rare opportunity to purchase detached four bedroom bungalow, extending to 115sq.m./1,237 sq. ft, with attached garage on Woodlawn Road. The property which has been well maintained boasts a large front garden and private south westerly patio garden. The property is convenient to St. Oliver's National School, Killarney National Park and all town amenities. Ideal retirement or family home located in a quiet residential area.



Price Region: €250,000
BER Rating: D3

'WOODVILLE', UPPER LISSIVIGEEN, KILLARNEY, CO KERRY


Large five/six bedroom detached dormer style family home, set on landscaped half acre site on quiet location, just off the Cork Road. The property which has two reception rooms also offers flexibility with three bedrooms at ground level and three at first floor, with potential for study/office or playroom. The property has entrance gates to road and tarmac driveway.



Price Region: €325,000
BER C2

MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



ARE YOU PAYING TOO MUCH FOR YOUR LIFE COVER?

Yes, you could be paying too much for your life cover. If you took out life cover for any reason personal, business, mortgage etc you need to review it regularly. You need to do this for a number of reasons: The cost of your cover today may be less now than what you are paying for it.

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Your premium may not have been compared with premiums from other life companies when you took it out, this can and should be done for you. You may have been a smoker in the past and are a non smoker now with over 12 months.

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If your life cover premium was reduced by €20 per month, over the next ten years that's saving you €2400.00. We are all trying to find ways to save money, this is one way that you could save money, it's easy to check this out. Contact an independent financial advisor who will review your cover and explain the options available to you.

For more information or to make an appointment to discuss the above contact Dermot Cronin QFA, APA, at 064 6622775 or dermotcroninifa@gmail.com

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LET THE FORCE AWAKEN A PASSION FOR THE WILD ATLANTIC WAY

When the new Star Wars film *The Last Jedi* hit the movie screens this week, it wasn't just the Skelligs that will take the breath away. Several dramatic coastal locations right along the length of the Wild Atlantic Way were filmed and will likely be spliced together in the film's final cut, including Brow Head in Cork, Loop Head in Clare and Malin Head in Donegal.

However, it is Skellig Michael that has long left an indelible impression, this magical place - and its smaller sister island - more than 11km west of Kerry's Iveragh Peninsula remained barely known. But all that changed at the end of 2015 when Skellig Michael featured prominently in one of the year's biggest movies, *Star Wars: The Force Awakens*. This wondrous place, with its distinctive beehive huts built by monks in the sixth century and only accessible to those who climb its 600 steps, looked resplendent on the big screen. Disney Lucasfilm - the production company behind the globally popular franchise - had been looking for somewhere otherworldly and they found it at Skellig Michael. The movie's location manager Martin Joy captured its spectacular beauty when he noted: "We needed to find somewhere completely from another time and place. We were just blown away by it. It's an extraordinary place. It certainly fed into our *Star Wars* universe."

JJ Abrams, director of *The Force Awakens*, and Rian Johnson, who directed *The Last Jedi*, were



similarly enthralled by the breathtaking beauty of the place, with Abrams noting his delight that he was allowed direct in such a remarkable location. It's a testament to the spectacular, elemental beauty of the region that the makers of *Star Wars* found what they were looking for from Donegal down to West Cork.

Other areas set to feature in the film include the Dingle Peninsula, where the crew recreated the beehive huts that are found on Skellig Michael. This elemental headland, with its 700 foot cliffs, was deemed suitably wild when it came to recreating the Skelligs, and had to be

done as filming opportunities were limited on the island itself. Nearby Ballyferriter was a popular recreation spot for cast and crew and, fittingly, there will be a special three-day event, *The Star Wars Experience*, taking place over the December 15 weekend to coincide with the film's release. The Iveragh Peninsula is featured in the trailer for *The Last Jedi* boasts awe-inspiring footage of Skellig Michael and features the celebrated 'wailing woman' rock at the cliff edge. To learn more about *The Last Jedi* and the Wild Atlantic Way, see wildatlanticway.com

KILLARNEY MAN HAS THE GIFT OF THE GAB

A Killarney member of Macra na Feirme with the gift of the gab has picked up an award at the All Ireland final of Macra's Public Speaking and Impromptu Public Speaking competitions last weekend.

Thomas Fitzgerald was runner up in the solo competition at the gathering where Macra members showed off their accomplished speechmaking skills.

The top prizes were awarded to Hill 16 Macra, Co. Dublin who won the Public Speaking competition while Jonathan Quinn, Kinsale Macra, Seandun, Cork won the Impromptu Public Speaking competition. Runners up in the team competition were Ennis Macra, Co. Clare. The competitions are sponsored by Triace Hardware Specialists and took place on Saturday in Virginia, Co. Cavan.



PICTURED AT THE MACRA NA FEIRME/TRIACE IMPROMPTU PUBLIC SPEAKING COMPETITION WITH TERESA MACKIN, TRIACE SALES REPRESENTATIVE AND JAMES HEALY, MACRA NA FEIRME NATIONAL PRESIDENT IS THOMAS FITZGERALD, KILLARNEY MACRA NA FEIRME ALL IRELAND RUNNER UP.


PATIENTS HEAD NORTH FOR CATARACT OPERATIONS

Deputy Danny Healy-Rae along with Deputy Michael Collins from West Cork have organised for 12 patients to have cataracts removed in Belfast. This Saturday morning, a bus will be leaving Killarney at 11 am going to Kingsbridge Hospital


in Belfast taking 12 patients who are having cataracts removed, 6 from Kerry and 6 from West Cork. Their procedures will be carried out Sunday morning and they will be returning home later Sunday evening and we are hopeful that

all these patients will enjoy a better Christmas this year. Another bus is being arranged early in the New Year to take more people for Cataract procedures. Please contact Danny Healy-Rae for more information on 087 2316055.





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PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



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Guide Price: €250,000 (BER E1)

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

PROFESSIONAL HAIRDRESSING APPRENTICESHIPS ANNOUNCED

This week marked a very significant event for the Irish Hairdressing Industry.

At a stakeholders event in Rathdown House, Dublin the Hairdressing Council of Ireland has confirmed the news that the Minister for Education and Skills Richard Bruton TD has announced the new Apprenticeship proposals - which included a 'Professional Hairdressing Apprenticeship' for development. The Hairdressing Council of Ireland spearheaded this proposal with Image Skill Learning & Development Training Network (submitted on September 1st to the Apprenticeship Council of Ireland).

This was designed firstly to enhance skills within the sector, and secondly to attract young people back to hairdressing, which is perceived as a difficult sector in which to make a sustainable career. While there is a reasonably healthy hairdressing sector within the Dublin area, this is not reflected in other parts of the country. Creating apprenticeship opportunities in cities and small town across the country will increase job opportunities for young people within their own community, will help to keep communities alive, and will help to build sustainable employment into the future.

There were three Hairdressing Apprenticeship applications submitted to the Apprenticeship Board initially on September 1st. Two of those



PICTURED AT THE ANNOUNCEMENT WERE KEVIN BARTLEY AND NOREEN RYAN (LCETB), CATHERINE FINN (SYNERGY), MARGARET O'ROURKE-DOHERTY (IMAGE SKILLNET), SEAN TAAFFE, MAEVE O'HEALY-HARTE & BRIDGET HAREN (HAIRDRESSING COUNCIL)

entries moved on to the next few meetings and levels and finally the two groups joined together to form ONE Apprenticeship proposal from Industry - (The Hairdressing Council) to present to the Minister for consideration with all other apprenticeship proposals. The final group were - the Hairdressing Council with our initial partner Image Skillnet Learning & Development and then were joined by LCETB and Synergy.

The Hairdressing Council of Ireland was set up as 'Not for Profit' to make badly needed

changes in the Industry. So you can see that these changes are already happening.

"I really am delighted to be part of such a results-focused organisation, and I hope that you will partner with us in this exciting new development for the industry. We have 750 members now and growing...Join us...Tell your colleagues, spread the good news on the Professional Hairdressing Apprenticeship", Sean Taaffe, Vice President of the Hairdressing Council of Ireland told the Killarney Outlook.

MAJOR BOOST FOR COUNTY KERRY WITH SIGNIFICANT REGIONAL ENTERPRISE FUNDING ANNOUNCED

FEXCO, Dairymaster, the Institute of Technology Tralee and Kerry County Council have welcomed the announcement this week of grant aid for the development of a Digital Innovation Hub as well as the AgriTech Centre of Excellence in Kerry, hailing the investment as a major jobs and economic boost for the county.

The investment under the Enterprise Ireland-led Regional Enterprise Development Fund was announced by Minister for Business, Enterprise, and Innovation, Heather Humphreys and will forge new paths for economic growth and accelerated job creation in the southwest, building on regional strengths in financial services and the agritech sectors.

The Global Centre of Excellence in Agri-Tech will be developed in association with IT Tralee and north Kerry-based dairy equipment manufacturing company, Dairymaster, with the support of Kerry County Council. It will position Kerry as the national leader in agri-tech training, research and development and will enhance the county's reputation internationally as being at the forefront of the



international agri-tech industry.

The Killorglin-based RDI Hub will build on the southwest regional strengths to establish its USP as a globally connected financial services, innovation and ICT skills hotspot. The hub will be based at the former Liebig factory building in Killorglin and will nurture entrepreneurs, research and development and training in the financial technology sector.

LIZ CLOCKS UP 40 YEARS AT THE EUROPE



LIZ MURPHY, WHO HAS WORKED IN ACCOMMODATION AT THE EUROPE HOTEL & RESORT FOR OVER 40 YEARS PICTURED WITH HER COLLEAGUES MARY MOORE, MONIKA GNIEWEK, PAULA KUCIARA, DOROTA BZOWY AND EDYTA BZONY AFTER RECEIVING A SPECIAL PRESENTATION ON THE MILESTONE FROM GENERAL MANAGER MICHAEL BRENNAN AT A SPECIAL FUNCTION IN THE HOTEL ON MONDAY. PHOTO: DON MACMONAGLE

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PROPERTIES OF THE WEEK

PSRA No. 001658

Blue Bells Grove, Countess Road

First Let - Magnificent 'A' rated 4 bedroom detached house with private garden just minutes walk from town centre. High insulation levels, underfloor heating, triple glazed windows & heat recovery system. Property is fully furnished and is a turn key finish.

Rent: €1,950 per month



New Street, Killarney

First Let - Newly refurbished 1 bedroom apartment with high insulation levels, air to water central heating, new windows and heat recovery system. Heating bills included in rent. Suitable for a couple or single person. Town centre location.

Rent: €900 per month



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Merry Christmas & Happy New Year*

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Killarney

TOWN TALK



LIAM MURPHY PICTURED WITH HIS WIFE MARGARET AND SONS LIAM, DONNACHA, ADAM AND RONAN AS HE CELEBRATED HIS 40TH BIRTHDAY AT HOME AND IN THE GOLDEN NUGGET AFTERWARDS WITH FAMILY AND FRIENDS. LIAM IS PRO FOR KILLARNEY RUGBY CLUB AND MEK UNITED.



CAOIMHE SPILLANE.

CTown is set for another busy weekend with Killarney native Gemma Sugrue taking to the stage with the Jenny Green Orchestra for two sold out shows on Friday and Saturday night. If you didn't manage

to snag a ticket for the gigs, you can still get a ticket for the after party - Jenny Green is doing a Live DJ Set - on Friday and Saturday night in the Gleneagle Ballroom tickets €11.75 starts at 11pm. The Christmas Parade will take place again on Saturday at 6pm. To find out what's happening in Killarney, look no further than the Town Talk Page. If you have any news you would like to share, an event you would like to promote an interesting story about Killarney you can contact towntalk@outlookmags.com

TIMBER FOR SALE FOR GOOD CAUSE

Killarney Meitheal have been clearing fallen trees in the National Park for the past few months and it is now for Sale at the Men's Shed depot (old Ross Products) on Lewis Road. The cost is €30.00 per tonne and can be collected Monday - Friday from 10am. All monies raised will be used for local worthy causes and with your help we hope to reach a of €3,000.

THE THREE TENORS

The Three Tenors, will perform at The Brehon in Killarney on February 3rd 2018. Ireland's favourite musical trio, Derek Moloney, Dominic McGorian and Shane Morgan, promise a magical night to remember as they perform an exciting Celtic flavoured programme, which also includes uplifting songs made famous by superstars including Sinatra, The Dubliners and Pavarotti. Tickets are €25 or you can enjoy a pre-show dinner in Danú Restaurant with the special pre-show menu plus a ticket available for € 55 euro. To book call The Brehon on 064 6630700.

KILLARNEY MUSICAL SOCIETY

The lighting of Killarney Memory Tree Takes place on Monday December 18th at 7pm, the Killarney Musical Society would like to ask that all members to come out and support this lovely event. Their rehearsals will return on January Saturday 6th, looking forward to preparing for a wonderful show - Sweet Charity in March 2018. They would also ask everyone to save the date for their Annual Table Quiz which takes place on Friday January 26th, details to follow. Finally they would like to wish all their members both past and present, their family and friends a very Merry Christmas; "hope you get the best present of all, the company of people you love, good cheer and a smile!"

REBEL HEARTS

Trad favourites, Rebel Hearts, will be playing in K- Town on Beech road on Saturday December 16th. The five piece act will take to the stage at 10pm

MUCKROSS CONCERT

Muckross Community Concert at the Killarney Oaks Hotel on Thursday January 4th at 8pm in aid of Community Defibrillators.

DARAGH TAKES BRONZE

Congratulations to Killarney teenager Darragh O'Donoghue, from Listry, who has won a bronze medal when he represented Ireland at an international competition for students who have achieved outstanding results in their Junior Certificate examinations. The Presentation Milltown pupil was one of just 90 students in Ireland to take part in an exam to qualify to represent the country in the International Junior Science Olympiad. Darragh is the son of Ed O'Donoghue, formerly from Ardshanavooley and Tricia O'Donoghue from Rockfield, Listry. Congratulations Darragh on a fantastic achievement!

PERFECTION GIFT WRAPPED

Home to The Angsana Spa and the double Rosette winning Danú Restaurant, The Brehon is consistently recognised as one of Ireland's leading hotels. A Brehon gift card is perfection gift wrapped, and there are so many options to choose from - afternoon tea, spa treatments, dinner in Danú Restaurant, a Great Gatsby Girls' night out on January 6, or tickets to see The Three Tenors in The Brehon's beautiful banqueting Suite. For further information call The Brehon on 064 6630700 or visit www.thebrehon.com





PICTURED AT KILLARNEY HOUSE FOR THE KERRY COUNTY COUNCIL MEETING WERE L-R CLLR JOHN LUCID, CLLR BOBBY O'CONNELL, CLLR MICHAEL O'SHEA, CATHAIOIRLEACH OF KERRY JOHN SHEAHAN, PAT DAWSON (REGIONAL MANAGER OF THE NATIONAL PARKS & WILDLIFE), CLLR MICHAEL GLEESON, CLLR DONAL O'GRADY, HARRY O'DONOGHUE (CARETAKER OF KILLARNEY HOUSE) & CLLR MAURA HEALY RAE. PICTURE MARIE CARROLL-O'SULLIVAN

CHARITY WALK

The Killarney Valley Classic and Vintage club's 5th Annual Fossa Way Christmas Walk will take place on Thursday 28th December. This year the walk will be supporting the Kerry/Cork Health Link Bus, a vital service to the community. The walk will be leaving from the Innisfallen Hotel at 2pm and there is a 5k or 10k option. There will be a Trad session by the Killarney School of Music and the Ian O'Connell raffle for spot prizes after the walk. Registration on the day is from 1-2pm and there will be refreshments afterwards. It promises to be a fun family day out and a great way to burn off the Christmas Turkey! No fee on the day, a donation can be made and all proceeds from the walk go to the Kerry/Cork Health Link Bus. For more information you can contact the Club Secretary 087 - 3381842

CULTURAL CENTRE REVAMP

The cultural centre on East Avenue Road is set for major changes as a new contemporary, style arts centre and performance space is being planned for the site. Kerry County Council has revealed plans for a major refurbishment to make a modern facility with an internal and external performance space which will be subject to a Part 8 planning process with the public entitled to examine the proposals and, if desired, make submissions or observations. The area will be landscaped and new pavements will be inscribed with quotes from poets and others who have visited Killarney.

WALKING ON CARS

Kerry's very own, Walking on Cars, will be taking to the stage in the INEC on Thursday December 21st. The band are made up of childhood friends Pa Sheehy vocalist, acoustic guitar and piano, Sorcha Durham on piano,

Dan Devane on lead guitar, Paul Flannery on bass and Evan Hadnett on the drums have been together since 2010. 2017 has been an epic year for the Dingle band as they were awarded the prestigious European Border Breakers Award following in the footsteps of previous winners including Mumford and Sons, Adele, Kodaline & Dolores O'Riordan

NATHAN CARTER FOR NEW YEARS EVE

If you haven't made any plans for New Year's Eve yet, look no further than the INEC where Nathan Carter with special guest Marty Mone will be taking to the stage. Country music's brightest star will light up the stage on Sunday the 31st December the show starts at 9pm. He is the most successful live act across the venues of Ireland at this moment in time. Don't miss what is guaranteed to be a fantastic night with one of Ireland's leading stars. Tickets: €32.90 to €35.00

NEW YEARS EVE PARADE

Killarney's streets plays host to the last Magic Parade of the season on New Year's Eve from 6:00 pm - 8:00 pm. Santa Claus and his friends are taking part in the farewell parade at 6pm, so make sure to wrap up well and wave off Santa as he heads home to the North Pole to take a well-earned rest. You'll get a great view of Santa all along the parade route which takes in New Street on to Beech Road -Mission Road- East Avenue Road-College Street- Plunkett Street- Main Street- New Street before making his last trip in 2017 on Main Street.

CHRISTMAS LEGO WORKSHOP

The Brickx Club South Kerry will be holding Christmas Lego Workshops in Killarney and Rathmore on Saturday 23rd December. The locations are St. Olivers National School from 10am-12pm and Rathmore 3pm-5pm. Completing last minute shopping? Then drop your builders to get their imaginations activated. Also, watch out for additional dates and venues on the Brickx Club Facebook page... and bring it to their attention if you would like the Brickx Club to visit a venue near you! €10 per child with sibling discount available. For more information contact Tracy- 087 1530091 or email her thebrickxclubsouthkerry@gmail.com

KEITH BARRY 'MAGIC MADHOUSE'

World famous magician Keith Barry is bringing his show 'Magic Madhouse' to the INEC on Saturday, December 30th. The show will be full of his hilariously funny mixture of magic, hypnotism and mentalism. Show starts at 8pm, tickets are €30. Not suitable for children under 12 years of age unless accompanied by an adult.



THE ENTRY PROCESSION AT THE FRIARY CHURCH ON THE FEAST OF THE IMMACULATE CONCEPTION WHERE HUNDREDS GATHERED TO CELEBRATE THE FRIARY CHURCH'S 150TH ANNIVERSARY. PICTURE MARIE CARROLL-O'SULLIVAN

Its beginning to look a lot like Christmas ...



EMILIA AND VICTOR SPYRKA, AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL. PHOTO: VALERIE O'SULLIVAN



ALL I WANT FOR CHRISTMAS. ... AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL, FROM LEFT, JACK O'LEARY, AINE CRONIN AND NAOISE CRONIN. PHOTO: VALERIE O'SULLIVAN



THE FAVIER FAMILY FROM GLENFLESK, KILLARNEY, ENJOYING THE CHRISTMAS IN KILLARNEY MAGIC PARADE IN THE TOWN CENTRE ON SATURDAY NIGHT. PHOTO: VALERIE O'SULLIVAN



ENJOYING GOBNAITS TABLE QUIZ AT THE LAURENS WERE L-R GOBNAIT KATE O'LEARY, CAROL RIDGEWAY, GOBNAIT JULIE MCGOWAN, MARIE MAYSE, RACHEL MCGOWAN & AMANDA PAYNE. PICTURE MARIE CARROLL O'SULLIVAN



SCENES FROM THE ACOUSTIC CLUB, INEC, KILLARNEY WHERE THE CHORAL GROUP, TRAINED BY VOICEWORKS DIRECTOR, GEMMA SUGRUE, AND VOCAL COACHES LISA CURRAN & CLARE ADAMS PERFORMED THIS WEEK. PHOTO: VALERIE O'SULLIVAN



THE WONDER OF CHRISTMAS TIME AT THE CHRISTMAS IN KILLARNEY PARADE ON THE STREET OF THE KILLARNEY TOWN ON SATURDAY NIGHT. PHOTO: VALERIE O'SULLIVAN



GOBNAIT A, KATE O'LEARY, CALLING OUT THE RAFFLE TICKETS, 'A PRIMOSE COLOURED TICKET' AT THE CHRISTMAS IN KILLARNEY GOBNAITS FUN QUIZ AT THE LAURELS 'HALL' KILLARNEY .PHOTO: VALERIE O'SULLIVAN

1 week to go..

Ruby Tuesday
HAIR BOUTIQUE

It was the night before Christmas when all clients had been in, for their festive styles and to fill their stockings, with vouchers for Rubys and Kevin Murphy products sparkling, with luxurious oils and everything for volumising. What another wonderful year for all of us it has been, but without you, our stylish customers we would be nothing.

So on Denise on Therese on Brenda on Liz, we'll continue we hope in 2018.

**Thank you all for your support. We wish you all the best with love.
Merry Christmas from all of us here at Ruby Tuesday Hair Boutique.**

● Contact Denise: 087 0946551 ● Liz: 087 7441863 ● Brenda: 0871098010 ● Therese: 0877181333
● Salon landline: 064-6625366

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Afternoon Tea for Two people in Monk's Lounge with a glass of champagne each.

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Dinner for Two in the award winning Yew Tree Restaurant accompanied with a bottle of wine included.

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Muckross, Killarney, Co. Kerry

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Located on Muckross Road Killarney
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Christmas Party Menu
(Served with Rice or Chips)
From €22.00 per Person
Includes Starter, Main Course, Dessert or a Glass of
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- Smoked Salmon Speciality
- All other Fish available


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Smoked Salmon
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Christmas Season Opening Times:

Day	Date	All Traders	Debenhams	Tesco
Thursday	30/11/2017	9.30-21.00	9.30-21.00	8.00-23.00
Friday	01/12/2017	9.30-21.00	9.30-21.00	8.00-23.00
Saturday	02/12/2017	9.30-18.30	9.30-18.30	8.00-23.00
Sunday	03/12/2017	12.00-18.00	11.00-19.00	9.00-23.00
Monday	04/12/2017	9.30-18.30	9.30-19.00	8.00-23.00
Tuesday	05/12/2017	9.30-18.30	9.30-19.00	8.00-23.00
Wednesday	06/12/2017	9.30-18.30	9.30-21.00	8.00-23.00
Thursday	07/12/2017	9.30-21.00	9.30-21.00	8.00-23.00

**Merry Christmas from us
all here at Manor West**



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CHRISTMAS STARTS HERE!

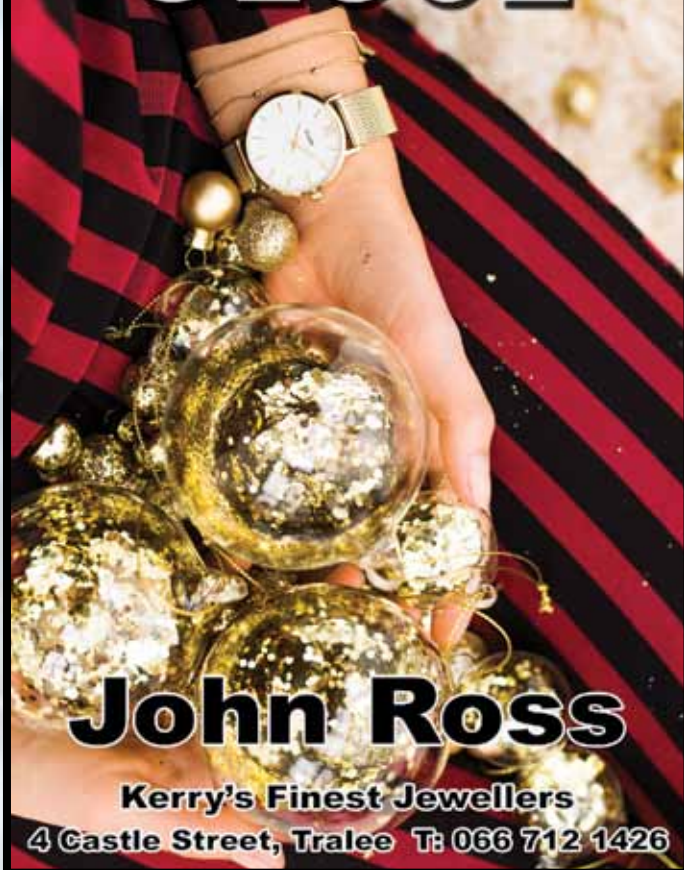


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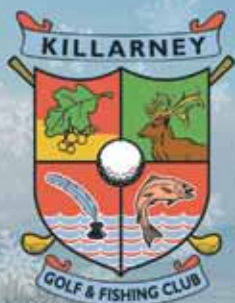
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NanaBeas Pop-Up Christmas Shop

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(AT REAR OF CASTLE LIGHTING)

OPEN MONDAY - SATURDAY; 9.30AM - 5.30 / 6PM



This is Nana's Memory Tree

The wonderful Castleisland Choir will be here with us this **Saturday 16th December at 4pm** to sing and enjoy festive carols, mulled wine and mince pies. We are placing ribbons with the names of loved ones that have passed away, we are also remembering the sick and those dear to our hearts. All money is being donated to the Kerry Cancer Bus and Special Olympics. Ribbons are €2 each or 6 for €10.

*A magical wonderland of
unique gifts and decorations*

*Bespoke Hampers made to order with
some ready across different price ranges*

*Huge variety of personalised
Christmas Tree Ornaments available*



1 week to go..

Lee Strand would like to wish everyone a Merry Christmas and a Happy New Year

Lee Strand 
TASTE THE FRESHNESS

Welcome home to everyone this Christmas ...

We know how great it is to be back with family and friends and of course having a pint of chilled Lee Strand milk with your Christmas dinner. It is the little traditions that make Christmas great. Enjoy!

Lee Strand Trifle with Strawberries & Chocolate Flake

This recipe is simple to make yet delicious to enjoy at Christmas.



INGREDIENTS

300g fresh strawberries
1 x 135g block jelly made up to one pint
160g packet trifle sponges
3 tbsp sweet sherry
500ml readymade custard
500ml Lee Strand Fresh Cream, softly whipped

Line the bottom of the dish with trifle sponges, sprinkle with sherry and leave to soak for 5 minutes. Slice the fresh strawberries thickly and lay evenly over the trifle sponges. Press the strawberries lightly with a fork to release juices. Pour over the liquid jelly to cover the trifle sponge. Then, place the dish into the refrigerator and leave until the jelly is set. Once set, spoon over the custard to create a thick layer. Then spoon the whipped Lee Strand Fresh Cream over the custard. Finally, sprinkle with chocolate flake.

PS - you may wish to omit the sherry if serving to children.

Chocolate Chip Cookies

These cookies are so much fun to make with kids and are a perfect treat for Santa on Christmas Eve.



PS don't forget to leave a glass of Lee Strand milk out for Santa too!

INGREDIENTS (makes 18 cookies)

225g Lee Strand Butter 1 tsp vanilla extract
1 egg 225g chocolate chips
170g soft brown sugar A pinch of salt
280g self-raising flour

Heat the oven to 180C and line two baking sheets with parchment. In a large bowl mix all the ingredients together to create a dough mixture. With a spoon, place nine blobs of the mixture on each tray, leaving plenty of space between to allow the cookies to spread out.

Cook for about 15 minutes or until they have turned golden brown. Let the cookies cool, then enjoy with a glass of chilled Lee Strand milk.

Lee Strand Baileys Coffee

Relax and unwind with the perfect Christmas indulgence by the fire on Christmas night.



INGREDIENTS

110ml of hot freshly brewed coffee
50ml Baileys Irish Cream
Lee Strand Fresh Cream
Chocolate Shavings

First, heat the glass with hot water. Pour in 50ml of Baileys and then stir in the coffee. Top with freshly whipped Lee Strand Cream. Sprinkle with chocolate shavings.



Enjoy Lee Strand Fresh Cream this Christmas!

1 week to go..

BUY IRISH ★★

★★ BUY LOCAL

Happy
Christmas

from all at Tim Jones Butchers



1 week to go
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Quality Beef mince

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99c each
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89c each
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Steak

Christmas Hampers

Hamper A

½ Boneless Turkey Breast
½ Boneless Ham

Only €34.99
upgrade to full €64.99

Hamper B

10-11^{lb} Fresh Turkey
½ Green Ham, 1 Bag of Stuffing
1^{lb} Sausages, 1^{lb} Back Rashers,
1 dozen Eggs & 5^{kg} Potatoes

Only €54.99

Hamper C

12-13^{lb} Fresh Turkey
½ Green Ham
1 Roast Loin Pork Joint
2^{lb} Sausages, 1^{lb} Sausage Meat
1 B&W Pudding, 1 doz Eggs
1^{lb} Back Rashers & 5^{kg} Potatoes

Only €69.99

Hamper D

12-13^{lb} Fresh Turkey
½ Green Ham, 1 Leg of Lamb
or a Roast Beef Joint 2^{kg}
2^{lb} Sausages, 1^{lb} Sausage Meat
1 B&W Pudding, 1 doz Eggs
1^{lb} Back Rashers & 5^{kg} Potatoes

Only €84.99

Hampers may be altered to suit the customers needs

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Racks of Lamb

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1 week to go..



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www.inec.ie



MICK FLANNERY

27th December

Tickets from €25.00

The Glencagle

TWIN/DOUBLE B&B FROM €119

THE BREHON

TWIN/DOUBLE B&B FROM €199



THE THREE AMIGOS

7th January

Tickets from €33.50

The Glencagle

TWIN/DOUBLE B&B FROM €99

THE BREHON

TWIN/DOUBLE B&B FROM €115



KEITH McDONALD & THE SHOWBAND SHOW

28th December

Tickets from €10.00

The Glencagle

TWIN/DOUBLE B&B FROM €129 (TKT INCL)

THE BREHON

TWIN/DOUBLE B&B FROM €199 (TKT INCL)



PAT SHORTT

"HOW'S TINGS"

12th January

Tickets from €31.20

The Glencagle

TWIN/DOUBLE B&B FROM €119

THE BREHON

TWIN/DOUBLE B&B FROM €165



KEITH BARRY

30th December

Tickets from €30.00

The Glencagle

TWIN/DOUBLE B&B FROM €145

THE BREHON

TWIN/DOUBLE B&B FROM €219



BAGATELLE

13th January

Tickets from €25.00

The Glencagle

TWIN/DOUBLE B&B FROM €125

THE BREHON

TWIN/DOUBLE B&B FROM €165



NATHAN CARTER

SPECIAL GUEST MARTY MONE

31st December

Tickets from €32.90

The Glencagle

2 NIGHT TWIN/DOUBLE B&B FROM €315

THE BREHON

2 NIGHT TWIN/DOUBLE B&B FROM €448



REELING IN THE SHOWBAND YEARS

19th January

Tickets from €27.65

The Glencagle

TWIN/DOUBLE B&B FROM €139

THE BREHON

TWIN/DOUBLE B&B FROM €139



JOHNNY BRADY

1st January

Tickets from €15.00

The Glencagle

TWIN/DOUBLE B&B FROM €155 (TKT INCL)

THE BREHON

TWIN/DOUBLE B&B FROM €149



BRENDAN GRACE

20th January

Tickets from €33.20

The Glencagle

TWIN/DOUBLE B&B FROM €139

THE BREHON

TWIN/DOUBLE B&B FROM €179



BEAUTY & THE BEAST

PANTO

2nd - 4th January

Tickets from €25.00

The Glencagle

TWIN/DOUBLE B&B FROM €79

THE BREHON

TWIN/DOUBLE B&B FROM €129



DARA O'BRIAIN

VOICE OF REASON

26th January

Tickets from €30.00

The Glencagle

TWIN/DOUBLE B&B FROM €129

THE BREHON

TWIN/DOUBLE B&B FROM €139



BOX OFFICE 064 6671555



PERFECT CHRISTMAS GIFT IDEAS



DEREK RYAN
SPECIAL GUEST LISA MCHUGH
28th January
Tickets from €30.00



TWIN/DOUBLE B&B FROM €99



TWIN/DOUBLE B&B FROM €115



JAKE CARTER
30th March
Tickets from €20.00



TWIN/DOUBLE B&B FROM €145



TWIN/DOUBLE B&B FROM €179



THE FUREY'S
40TH ANNIVERSARY TOUR
3rd February
Tickets from €27.90



TWIN/DOUBLE B&B FROM €145



TWIN/DOUBLE B&B FROM €179



MARY BLACK
IN CONCERT
13th April
Tickets from €35.00



TWIN/DOUBLE B&B FROM €145



TWIN/DOUBLE B&B FROM €159



ROLLING BACK THE YEARS WITH LEGENDS OF
THE CORK SHOWBAND ERA
3rd February
Tickets from €27.90



TWIN/DOUBLE B&B FROM €145 (TKT INCL.)



TWIN/DOUBLE B&B FROM €179



MARIO ROSENSTOCK
IN YOUR FACE
4th May
Tickets from €35.00



TWIN/DOUBLE B&B FROM €155



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THE BREHON HOTEL, KILLARNEY PRESENTS
THREE TENORS IRELAND
3rd February
Tickets from €25.00



PRE SHOW DINNER IN DANU & TICKET €55



TWIN/DOUBLE B&B FROM €179



BREDA CASHE PRESENTS MAEVE BINCHY'S
MINDING FRANKIE
21st - 23rd May
Tickets from €25.00



TWIN/DOUBLE B&B FROM €115



TWIN/DOUBLE B&B FROM €135



JASON BYRNE
THE MAN WITH THREE BRAINS
10th February
Tickets from €25.00



TWIN/DOUBLE B&B FROM €145



TWIN/DOUBLE B&B FROM €199



LEGALLY BLONDE
THE MUSICAL
10th - 14th July
Tickets from €39.05



TWIN/DOUBLE B&B FROM €160



TWIN/DOUBLE B&B FROM €189



MIKE DENVER & MARGO
& GUESTS
3rd March
Tickets from €33.20



TWIN/DOUBLE B&B FROM €139



TWIN/DOUBLE B&B FROM €179



DANIELO'DONNELL
14th, 15th, 17th, 18th &
19th August
Tickets from €49.50



TWIN/DOUBLE B&B FROM €180



TWIN/DOUBLE B&B FROM €249

All ticket prices include booking fee. Telephone and Internet Bookings Subject to Service Charge
ticketmaster 0818 903001 | www.ticketmaster.ie

#lovekillarney

RATHMORE/GNEEVEGUILLA

NEWS by Michael O'Mahony

DIOCESAN COLLECTION: Second collection for Diocesan Youth Service recently came to €915. Your generosity is greatly appreciated.

CONGRATS Congratulations to Reens Garage Rathmore on receiving the Peugeot Dealers of the year 2017. reenily

CHRISTMAS MASS SCHEDULE FOR OUR PARISH

Christmas Eve – Sun. 24th December 9.00am – Shrine To fulfil Sunday Obligation

10.00am - Gneeveguilla Please note no 11.30am Mass in Rathmore

7.00pm - Rathmore

7.30pm - Knocknagree

8.30pm - Gneeveguilla

Christmas Day – Mon. 25th December 9.00 am – Shrine

10.00am - Gneeveguilla

11.00am - Knocknagree

11.30am - Rathmore

CLLR MAURA HEALY RAE NEWS

At the recent Killarney Municipal District meeting, Cllr Maura Healy-Rae asked KCC when will the lights in Rathmore be upgraded to LED lighting, this was meant to be done in 2015. I also pointed out to KCC that the lighting at the pedestrian crossing at the Church isn't adequate and that locals are very concerned about it. KCC replied that "the upgrading to public lighting will be considered as part of the DMURS design for Rathmore. We will be in a position to submit the application during Q1 2018. construction in 2018. Cllr Healy-Rae welcomed this news and added that no further delays can occur with these resurfacing works.

USED CLOTHING Rathmore Ravens Basketball Club will hold a Used Clothing event in support of The National Council for the Blind on January 25th, accepted items are Clothing, Linen, Curtains, Belts, Handbags and Shoes (Paired). Drop off times will be available nearer to the date. (6/1/18) Shooting Hoops Basketball Camp will take place on 3rd, 4th and 5th January 2018. The Camp costs €50 per child and €45 for additional siblings, fantastic opportunity to improve your basketball skills while having fun, Top National Coaches in attendance.

Places need to be booked, contact 087-9449288
CONCERT: Tureencahill Community Group Sliabh Luachra Active Retired Singing Group Will Give A Concert On Sunday 17th Dec In Tureencahill Community Centre @ 2pm. The Group Will Be Led By Their Tutor Well Known Killarney Soprano Mary Culloty O Sullivan Who Will Perform Some Solo Numbers .

ALL VERY WELCOME

.Ann Marie O Riordan In Concert 27th Dec.. Tickets €15pp Refreshments Served On The Night Fantastic Xmas Gift ..Contact 087 9924821 or 087 0576107 Limited Tickets Available

REUNION Class Reunion To all Students who commenced in 1987 and left in 1992 and who attended Rathmore Secondary School (open to those who attended the Tech and Convent) are having a reunion in Sheehan's Bar in Knocknagree on Saturday 16th December from 9pm onwards. All welcome.



ON SATURDAY 9TH DECEMBER, 28 MEMBERS OF KILLARNEY MACRA WHO TOOK TO THE ROAD ON A MYSTERY CHRISTMAS BUS TOUR, TAKING IN PETRO'S BAR GNEEVEGUILLA, CONNIE K'S BAR IN RATHMORE AND HEALY RAE'S BAR IN KILGARVAN BEFORE ENDING THE NIGHT IN THE GRAND NIGHTCLUB KILLARNEY.

CHRISTMAS CONFESSIONS IN THE DEANERY:

Ballydesmond Friday 15th December 7.30pm
RATHMORE Sunday 17th DECEMBER. 4pm.

Boherbue Monday 18th December. 7.30pm

Millstreet Tuesday 19th Dec. 7.30pm

Dromagh Wed. 20th 7.30pm

The Annual Walk at Bridge bar in Memory of Denis Gary O' Leary - Rathmore on Sunday 1st January 2018, walk Clonkeen church to Bridge bar, Registration at Bridge bar. at 11.30am €10 bus departure at 12 30pm. Wark or Climb to paps, Registration at 11.30am, Bus departure at 12.30pm. Walk for families of all ages local walk, Please support this worthy cause, Everybody welcome, Spot prizes on day, Registration €10, Refreshments afterwards in Bridge bar, In aid of Irish Heart Foundation & Rathmore Social Action Group All Enquiries 087 6245071.

AND THE WINNER IS.....JAMES & AOIFE.

Rathmore Strictly Come Dancing 2017. winners of the public vote were Kerry County Council employee Kathleen Dennehy and Tim Reen of Reen's Garage while the adjudicators opted for Scoil Phobail Sliabh Luachra teacher and Galway Boy James O'Halloran and his dancer partner, Tralee-based Garda Aoife O'Sullivan, who hails from Rathbeg. Congratulations to both and night was great success

MARIAN PLAYERS Marian players Rathmore panto Group recipient civic reception by Killarney Municipal District Many of those that have been involved with the multi-talented entertainment group over the past 30 years were in attendance as the people that bring the annual pantomime to a vast audience in Rathmore were accorded a civic reception by the Killarney Municipal District Council in the boardroom of the Rathmore credit union recently.

NOTES: you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm Sunday.

RATHMORE LADIES FOOTBALL This year, the Denny Miah Memorial Soccer Tournament is open to Ladies Teams. It is being held on December 28th in the Astro-Turf. The Ladies teams will be 5-a-side and 7 on a panel. All

are welcome to play. If you can form a panel of 7, that's great, if not, there will be loads and we will divide them into teams once we have received all entries. The final date for entries is this Friday Decemeber 15th..

SPA NOTES

COISTE NA NOG AGM

Was held last week and delighted to announce that Sean Casey will take over the reigns this year after Ivor Flynn's year and a half tenure. Sean will be a great asset to our underage structure with experience as manager of Kerry Senior Ladies football team, with numerous All Ireland medals for set dancing and involved in various other committees outside Spa. Bernie Courtney, secretary, Assumpta O Donoghue, Vice Chairperson, Philomena O Sullivan, Asst Treasurer and Sarah McArdle Cronin, Registrar all stepped down after their many years of service. The Club are actively looking for new members to fill these rolls. Noelle Casey, Treasurer continues her role after producing an excellent Financial report.

SANTA Thanks to the Ladies Committee for organising another festive night for Mr and Mrs Claus visit to Spa.

REMEMBRANCE TREE Our community tree was lit last weekend for the first time, by councillors Mick Gleeson and John Joe Culloty. Thanks to everyone who supported this event. Tree will be lit every night over the Christmas season 6-10pm. Thanks to everyone involved in this great idea.

SCÓR NA NOG Congratulations to our figure and set dancers as they represent Kerry in the Munster Final on Jan 7th in Ovens, Cork. Also to our quiz team when they compete in the County final on Jan 4th in Tralee.

UPCOMING FIXTURE U21 East Kerry Championship
Spa v Dr Crokes @8pm

LOTTO 7,8,10,11 No Jackpot Winner. Lucky dips Yvonne O'Brien C/O Linehans. John Falvey, Tralee Road, Pat Curran, Woodlawn, Elizabeth Brosnan, Port Road, Annual Draw Titch & Butch C/o Brian Gleeson. Next weeks Jackpot €12,000 Arbutus. Why not get your annual tickets online or from sellers as a great Christmas gift.

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now. Please contact Mathilda 087 6487356 for opening hours. A great gift for Christmas.

HALL RENTAL Enquiries for Meeting Room Hire and Indoor Sports Hall Rental please contact Ann on (087) 940 3508 during the day and contact Eileen on 0876577312 after 6pm.

PITCH ENQUIRIES ALL enquiries for use of the pitch for games or training to be made directly to the Secretary Deirdre on 0876332773 or secretary.spa.kerry@gaa.ie. Requests not made through the secretary will not be accepted.

FOSSA NOTES

LOTTO Numbers drawn were 4, 7, 24, 28. There was no jackpot winner and the €40 consolation winners were Katie Rintoul, Aghadoe, Tina Myers, Barleymount, Carmel Kavanagh, Kildare Les Nolan, Beaufort and Fionn Naughton, Curragh. The Meat Voucher winners were Geary McCormick and Catherine and Aobheann Paulovic, Furies. Next weeks jackpot will be €3,900.

KILLARNEY LIBRARY Kerry Library members now have access to a wide range of free online resources: e-books, e-audiobooks, e-newspapers, e-magazines, e-training courses and e-languages. All are available through your membership either by attending your local Kerry library or through the website www.kerrylibrary.ie These Kerry Library online resources can be read online or downloaded to a PC, tablet, iPad, or smartphone with 24/7 access from the library website www.kerrylibrary.ie

BEAUFORT NOTES

SEASONS GREETINGS Beaufort Pioneer Council wish to thank the media. Also thanks to the people who subscribe to the Pioneer Magazine. A very Happy Christmas and a Prosperous New Year to everyone.

CASTLEMAINE NOTES

CASTLEMAINE TIDY TOWNS COMMITTEE: Castlemaine Tidy Towns Committee wish to invite all those who have lost a loved one to tie a bow, ribbon, piece of tinsel or a card to the Christmas Tree in the Centre of Castlemaine Village over the Christmas period for all those who have gone to eternal rest.

KILCUMMIN NEWS

KILCUMMIN MEMORY TREE Kilcummin National School Parents Association Memory Tree will be lit on December 14th - lights dedicated to your loved ones who will be remembered in a special Mass. They are available to buy from the Post Office, Rural Development Office, Friary Office, School and Parents Association at a cost of €5.

CHRISTMAS CONCERT AT THE CATHEDRAL Christmas Concert at the Cathedral in aid of Kilcummin N.S. Hall with Liam Lawton and special guests on Sunday 17th December 2017. Concert 7pm to 9pm. Doors open at 6pm. Tickets €20. Available locally from Kilcummin N.S., Kilcummin Post Office, Paddy O'Keeffe's,



VAL MOYNIHAN FOUNDER & CHAIRMAN OF MARIAN PLAYERS RATHMORE PANTO GROUP RECEIVING A PRESENTATION FROM CATHAOIRLEACH OF KILLARNEY MUNICIPAL DISTRICT CLLR NIALL KELLIHER AT RATHMORE CREDIT UNION AT CIVIC RECEPTION FOR THE GROUP. MARIAN PLAYERS RATHMORE PANTO GROUP HAVE BEEN IN EXISTENCE FOR 30 YEARS AND THE ANNUAL PANTO HAS RAISED €262,625 FOR THE KERRY PARENTS AND FRIENDS ASSOCIATION SINCE ITS INCEPTION.

Gattabawn and also in Killarney from Killarney Outlook, High Street and the Cathedral Parish Office. Also online: buytickets.at/kilcumminns Please support this fundraiser to complete the hall. This facility will be of tremendous benefit to the schools and also to other groups/organisations in the wider community.

OLD KILCUMMIN GRAVEYARD A grave numbered map has been erected as part of our ongoing recording project. Our next step is to create an index of surnames and townlands linked to the grave numbers. If you are aware of the burial locations of known individuals that are not mapped we urgently need your assistance as no old maps have been located to date. By logging onto www.historicgraves.ie and using the grave reference number you will be able to see a photograph of the gravestone and inscription details. Any additional information or suggestions would be much appreciated. Tel: 0871527050.

COMHALTAS Comhaltas Concert DVD now on sale, - This would make an ideal Christmas gift cost €5, on sale from Kilcummin P.O., Tony O'Connor 087-6258641, Irene O'Donoghue 0871191353 & Louise Finnegan 0879353254.

MEMORIAL WALK A Memorial 5K & 10K Kilcummin Walk in memory of Catherine O'Leary and Mary Lynch will take place on Saturday 30th December at 2pm. Meeting Point is Kilcummin Klub Bar. Soup and Sandwiches afterwards in the Klub Bar. All welcome. Further information contact Marie 085 1571365.

PINK NIGHT "Pink Night" annual fund raiser for Oncology Unit University Hospital Kerry on Saturday January 6th 2018 in Klub Bar 8 till late. Spot prizes, Raffles, Nibbles and Music.

KERRY LIBRARY Members now have access to a wide range of free online resources: e-books, e-audiobooks, e-newspapers, e-magazines, e-training courses and e-languages. All are available through your membership either by attending your local Kerry Library or through the website www.kerrylibrary.ie These Kerry Library online resources can be read online or downloaded to a PC, tablet, iPad, or smartphone with 24/7 access from the Library website www.kerrylibrary.ie

THE KERRY SAMARITANS Will be holding their collection at all Masses in Kilcummin on Christmas Eve and Christmas Day. Please support.

KILCUMMIN GAA AWARDS NIGHT December 28th in GAA Clubhouse commencing at 9 pm. Minor team will be presented with their East Kerry medals on that night also.

PINK NIGHT January 6th at 8.30 in GAA Club. Annual fund raiser for Oncology unit U.H.K. Please remind friends and have a good night of music, games, spot prizes and all for an excellent cause.

EAST KERRY FINAL U-21

Our under 21 played in the East Kerry B Final on Sunday last in Farranfore against a very good Furies team and played second fiddle throughout the entire game. Despite two goals from Oscar O'Connor and a willingness to play to the end we suffered a heavy defeat on the scoreline 5-19 to 2-6.

Team Paudie O'Connor, Jake Moynihan, Chris Keane, Daniel Moynihan, Sean O'Leary, Philip Casey, Jamie O'Donoghue, Matt Keane, Oscar O'Connor, James Nagle, Paul O'Riordan, Eoin Kennedy, Lorcan O'Connor, Gearoid Kerins, Tomas O'Connor.



ALL SMILES FOR SANTA & MRS CLAUSE WHO ARRIVED AT CULLINA NATIONAL SCHOOL MUCH TO THE DELIGHT OF THE CHILDREN. PICTURE: JOHN O'SULLIVAN.

APPRECIATION A Word of thanks to the staff of Kilcummin Rural Development for the volume of work they have done to the clubs facilities throughout the year and to the secretarial staff for their ongoing support to the PRO in his role particularly in the area of communication, typing documents, programmes and photocopying. A happy and peaceful Christmas to all.

GLENFLESK NOTES

GLENFLESK LOTTO: No winner of the lotto which took place in The Corner House on 4/12/2017.

Jackpot €4,000, Numbers were 4, 6, 17, 24

1. Mary Bowler, Kells (Yearly ticket)
2. Susan & Katie O'Neill, Mastergeeha (sellers prize) Corner House
3. Timmy Bowler, Lisbaby
4. Mike Joe Kelliher, Kilquane
5. Peter Phelan, Brewsterfield

The next draw will take place in The Kerryway, on 18/12/2017 and the Jackpot is €4,200

SCOR NA NOG Our Scor na nOg Ballad Group were in the Munster Semi Final last weekend and qualified for the Munster Final in Éire Óg, Ovens on January 7th at 2pm.

DEFIBRILLATOR Please note that the defibrillator located at Glenflesk GAA is currently being serviced following use. We will inform you when reinstated at Glenflesk

GAA grounds. Please note that a defibrillator is available at O' Donoghues Barraduff in the event of an emergency.

GLENFLESK CLUB MERCHANDISE Have you got your Christmas Presents sorted! Club merchandise is on sale for Christmas gifts available by contacting Martina Heffernan on 087 6666577. Great range of club gear 1/2 Zip top, Skinny Pants, Gear Bags, Beanie Hats, Polo Shirts etc Something for everyone. Sizes range from kids 5/6 to adults XXL.

RAHEEN N.S. Congratulations to Eileen Doyle who had the winning lotto no 28 on Saturday the 9th of December.

BARRADUFF TIDY VILLAGE GROUP Barraduff Memory Tree: This Christmas Barraduff Village will have a memory tree in place. The tree will be placed in front of the church. The wooden hearts for the tree cost €5 per heart and will be available from O Donoghue's Cost Cutter Barraduff. All proceeds to Barraduff Tidy Village Group. You may choose to write a name/ date of birth or message on your memory heart. Its our special way to remember the beautiful souls who are no longer with us. Warm Wishes Barraduff Tidy Village Group.

BARRADUFF FESTIVE FUN QUIZ: Join us for a fun festive Christmas quiz on the 29th of December at John Dan's Bar Barraduff at 8 pm. Prizes for the best Jumper or Christmas Attire! Lots more excitement on the night, so make it a

date for your diary. The funds we raise from our festive quiz night will go towards the Christmas lighting in Barraduff Village.

GIVE BLOOD The Irish Blood Transfusion Service will hold a Blood Donor clinic in The Dromhall Hotel, Killarney Monday 5pm – 8.30pm TUES, WEDS & THURS 3pm – 5pm & 7pm – 9pm 18th– 21st December 2017, Blood Donation is essential to ensure Hospital Patients get the treatment they need. One Donation can save up to 3 Lives

CLONKEEN CHOIR PRACTICE: Choir Practice for Christmas Eve Mass in Clonkeen will take place on Friday 22nd Dec at 8.30pm in Clonkeen Church. All are very welcome. Bring instruments please.

VISIT TO HOSPITALS: Our annual visit to Killarney Community Hospital and St. Columbanus' Home will take place on Sat 23rd Dec from 11 am to 1pm approx.

Meet outside Killarney Community Hospital (District) at 11am.

All are very welcome. Bring instruments please. The Clonkeen Youth Choir CD "Celebrate" is available for sale in O'Briens for 10 euro.

CONTACT: We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.

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Its beginning to look a lot like Christmas ...



STAFF OF THE BREHON HOTEL GATHER WITH SANTA FOR THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL.
PHOTO: VALERIE O'SULLIVAN



GOBNAIT D. JULIE MCGOWAN, HAVING WORDS WITH MC ANDREW JOY (THE PRIEST) REGARDING EATING THE JAM SANDWICHES WHICH EACH TABLE HAD A TASK OF MAKING AS PART OF THE CHRISTMAS IN KILLARNEY GOBNAITS FUN QUIZ AT THE LAURELS 'HALL' KILLARNEY. PHOTO: VALERIE O'SULLIVAN



ST. BRIGID'S SECONDARY SCHOOL CHOIR PERFORMING AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL.
PHOTO: VALERIE O'SULLIVAN



THE MCGILLICUDDY BROTHERS, PICTURED AT THE INTERNATIONAL HOTEL FOR THE RECENT JACK & JILL PHOTOSHOOT CHARITY FUNDRAISER L-R CILLIAN, EOIN & LUKE MCGILLICUDDY.
PICTURE MARIE CARROLL-O'SULLIVAN



MEMBERS OF KERRY YOUTH CHORAL GROUP, PERFORMING IN THE CHRISTMAS CONCERT AT THE CREATIVE IRELAND, KERRY YOUTH CHORAL PERFORMANCE AT THE ACOUSTIC CLUB, INEC, KILLARNEY. THE GROUP ARE TRAINED BY VOICEWORKS DIRECTOR, GEMMA SUGRUE, AND VOCAL COACHES LISA CURRAN & CLARE ADAMS. PHOTO: VALERIE O'SULLIVAN



GOBNAIT D EMER CORRIDON, DISPENSING THE 'MILKY TAY' TO EACH TEAM AS PART OF THE CHRISTMAS IN KILLARNEY GOBNAITS FUN QUIZ AT THE LAURELS 'HALL' KILLARNEY. PHOTO: VALERIE O'SULLIVAN



A FAMILY AFFAIR FOR THE CUSSENS AT GOBNAIT'S QUIZ AT THE LAURELS L-R ROBERT, BEN, GOBNAIT EMER CORRIDAN, MARY & PAT. PICTURE MARIE CARROLL-O'SULLIVAN

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TAX MATTERS

With O'Brien Coffey MacSweeney
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TAX-FREE VOUCHERS

Under Irish Revenue's Small Benefits Exemption Scheme, employers can reward employees with a non-cash bonus of up to €500 in value completely tax free each year (the limit was increased from €250 in the Budget passed in Oct 2015). Provided certain guidelines are followed, neither the company nor the employee will pay PAYE, PRSI or USI. It is a tax-efficient way of rewarding your staff.

To qualify for the tax exemption, only one tax-free bonus may be paid to each employee in any one year. If more than one bonus is given in a year, it is only the first one that will qualify for tax-free status, even if this bonus is less than the €500 annual allowance - any used allowance cannot be carried over. The tax-free bonus must also be paid in non-cash form.



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DON'T BE AFRAID TO ENJOY CHRISTMAS EITHER!

Last week I spoke about Christmas being a difficult time with emotions and feelings of stress etc. But it's important to relax and enjoy this magical time. Enjoyment doesn't have to centre around food, it might be spending time with friends and family or just getting that well deserved rest. Or pamper yourself with some R&R in a spa. Don't get me wrong, food & drink bring a tremendous level of enjoyment to our lives to and it's important not to be afraid to experience this either but remember ; balance. After Christmas Day, get out get some fresh air & exercise. Get the body working again and metabolising at its best. This will prevent the Stephens days slump that we all fall into and this is danger time! Meet a friend for a chat, walk cycle.... and fun! Enjoying Christmas isn't just for one day it's for the entire time you off work or have time to do so. So embrace it all.

HERE ARE MY TOP TIPS

- Soak it up • Let things happen in their own time.
- Don't panic • Delegate jobs (your not a super hero)
- Stop eating when starting to fill up, and don't make a pig of yourself. There is only one thing that is going to suffer there and thats your Dolly belly later.
- before you go picking at the chocolate just stop for a moment and ask yourself "do I really want this", if you do then go for it but enjoy it and don't wolf it. And if you don't, then don't bother (this feeling of being in control might give you a better feeling than scoffing back 5sweets or more)
- Make sure you eat slowly and enjoy all the flavours and experience all the delicious variety of foods.
- Don't be calorie counting Christmas Day but do listen to your hunger signals and full signals.
- Distract yourself with some fun board games
- Go for a stroll • Finally don't beat yourself up if you do over indulge, it's only one day. One day isn't going to kill you (unless you really do the devil on it ha ha). So have fun on this treat day, without making yourself ill,

MORE TIPS NEXT WEEK...

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OUTLOOK BEAUTY

Outlining the Eyes:

If you want to make your eyes look bigger, avoid dark eyeshadow. Use a nude base, then apply a shade or two darker than the original base. When applying liquid eyeliner it can be difficult to keep your eye open, resulting in an uneven line. Start by drawing three quick dashes (the right, the left and the middle) before connecting them all up for a smooth line.



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READY, SET, SPARKLE!

As the festive season kicks into full swing it's a joy to see Killarney town lit up with sparkling lights. Just driving down the high street at night suddenly becomes a different experience. Wherever I look, lights shine out of the houses and the shops sparkle with their seasonal offerings. Isn't it extraordinary what a little bit of sparkle does? It transforms the ordinary into something spectacular and bright and with that comes a different feeling!

The same is true of us. We always have a choice whether we will sparkle and shine our own amazing light into the world or whether we choose to keep our lights turned off and hide away in the dark.

This Christmas make a choice to SPARKLE and choose it day after day, year after year. Keep shining your light for everyone to see, because when you do this, you make the world a brighter more joyful place. And the greatest thing is that once other people see how beautifully you sparkle; they feel that they can too! Sparkling is contagious – give it away freely. Don't hold back!

And when everyone else has dismantled their lights for another year, within you shines a light that illuminates your soul, shines out your spirit and radiates a glow that keeps you sparkling every day of every year.

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SCHOOLBOY/GIRL SOCCER

DECEMBER 9TH 2017 RESULTS & REPORTS:

SUBWAY INTER LEAGUE:

Kerry 12's 2-1 Clare
 Kerry 13's 6-1 Clare
 National Cup 12's Round 4:
 Aisling Annacotty B 0-2 Killorglin AET
 Rathkeale 2-0 Park
 National Cup 14's Round 4:
 Park 7-1 Killarney Celtic
 Listowel Celtic 6-4 Caherdavin
 Killorglin 7-3 Lough Derg
 League Results:
 JK Sports 12 Premier
 Iveragh United 2-0 Inter Kenmare

Division 1:
 Castleisland 2-2 Killarney Celtic B
 Ballyhar 0-5 Killorglin B
 Mastergeeha 0-3 Dingle Bay Rovers
 Division 2:
 Killarney Athletic B 3-4 Listowel Celtic B
 Park B 2-1 Ballyhar B
 MEK 3-2 Killorglin C
 Quills Woollen Mills 14 Premier:
 Killarney Athletic 6-1 Tralee Dynamos
 Division 1:
 Killarney Celtic B 1-4 Mastergeeha
 Ballyheigue 2-5 Iveragh United
 Division 2:
 Killarney Athletic B 1-2 MEK
 Listowel Celtic B 1-2 LB Rovers
 Fenit 4-0 Castleisland
 Girls 14 Premier:
 Fenit 3-3 Camp Juniors
 Killarney Plaza 15 Premier
 Camp Juniors 2-1 Park
 Tralee Trophy World 16 Premier
 Ballyhar 2-2 Killarney Athletic
 Division 1:
 Rattoo Rovers 4-1 Dingle Bay Rovers
 Camp Juniors 1-0 Iveragh United
 Division 2:
 Park B 0-4 Castleisland
 Fenit 1-1 Killarney Celtic B

REPORTS:

CLARE GO HOME FROM HERE AFTER TWO LOSSES:

It was another good day on the Subway Inter League front for Kerry as both the 12's and 13's recorded important victories. In the 12's Clare were the visitors to Celtic Park having won their opening game of the campaign. Kerry had drawn with North Tipperary so a win in this game was important and the boys supplied it winning 2-1. Thomas Healy and Oisín Healy got the goals for Kerry. The 13's followed up their opening win over North Tipperary with an impressive 6-1 win over Clare in the Dragon's Den Killorglin. The Kerry goals came from Sean Treyvaud, Alex Hennigan, Oisín Breen, Jack O'Sullivan, Cormac Dillion and Richard Healy.

Both League had two squads on duty showing their strength in depth as the 12's Development teams drew 3-3 in their game with the goals coming from Barry Fitzsimmons, Fionn Barrett and Sean Doolan.

The u13's Development team were unlucky to go down 1-0 in what was a very tight encounter. Opponents known in Subway National Cup



CONNIE O'SULLIVAN LYREATAUGH, KILCUMMIN RECEIVING HER CHEQUE FOR €3400 FROM MASTERGEEHA FOOTBALL CLUB HAVING RECENTLY WON THE CLUB LOTTO. FRONT ROW L - R - MAURA O'SULLIVAN, CONNIE O'SULLIVAN(WINNER), KATHLEEN O'LEARY, SINEAD COLLINS (VILLAGE INN), JIMMY DEVANE LOTTO CO-ORDINATOR. BACK ROW - GER O'LEARY CLUB CHAIRMAN, MIKE O'CONNOR.

Last 32:

The League has 9 teams through to the Last 32 of the various National Cups and these teams are also into the Regional Top 5 competition. In the 12's National Cup Killorglin are our last team standing. They defeated Aisling Annacotty B after extra time thanks to two goals from Stephen Gannon, one coming from the penalty spot. Killorglin reward is a home tie in the Last 32 against Midelton FC.

Unfortunately the Park went out going down 2-0 to Rathkeale with both goals coming in the Last 10 minutes.

The Park and Killorglin were already through in the 13's before the draw on Saturday. The Park came out at home to Mallow United while Killorglin will have to go to Forth Celtic in Wexford.

There are three Kerry sides left in 14's Last 32. The Park defeated Killarney Celtic to progress to the next round where they will face Villa of Waterford away. Cianan Conney hit a hat trick, Messiah Chirwa added 2 and Cillian Murphy 1. Listowel Celtic were cruising to the next round when they went 4-0 up against Caherdavin but the Limerick side fought back. However Listowel added two more to win 6-4. Their goals came from Kieran O'Carroll 3, Robert Stack 2 and one from Aoife Horgan. Listowel Celtic make the trip to Mallow United in the next round.

Killorglin progressed with a 7-3 win over Lough Derg. The visitors took an early lead before Killorglin levelled thanks to a Tom Whittleton penalty. Lough Derg hit the post but goals from Charlie Foley and Ryan Diggin put the Kerry side 3-1 ahead. Lough Derg pulled one back but further Killorglin goals from Ryan Diggin, Conor Spillane, Eoghan Hassett and Dara O'Grady ensured Killorglin progressed. They will be away in the Last 32 when they take on Newbridge Town.

Camp Juniors are our only representative in the 15's section and they will welcome Blarney United to their home pitch.

The two Kerry sides in the Subway 16's enjoyed differing outcome from the last 32 draw. The Park are at home to Charleville while Killarney Celtic are also on the road going to Fairview Rangers from Limerick.

Iveragh United up to joint second in 12 Premier: There was only one game in the JK Sports 12 Premier but it proved to be an important one for Iveragh United. Their 2-0 win over Inter Kenmare sees them gain their first three points of the season following 4 drawn and this puts them into joint second place behind leaders Killorglin. Evan O'Sullivan and Fintan O'Sullivan got the goals for Iveragh United.

Celtic go joint top with Celtic in 12 Division 1: Listowel Celtic started the day with a 1 point lead in the JK Sports 12 Division 1 but they were not in action. It was their South Kerry namesakes that had the chance to go top but they were held to a 2-2 draw by Castleisland B so both Celtic's are now level on 13 points. Eamon Guiney and Dara Murphy scored for Killarney Celtic. Castleisland's goals came from Mint O'Connor and Jack O'Donoghue and they move onto 10 points.

Killorglin move to within one point of the two leaders after their 5-0 away win at Ballyhar. Jack McGrath was un-markable netting 4 with Mathew Spellman getting the other goal to see them now on 12 points.

Dingle Bay Rovers kept in touch with the sides above them and are also onto 10 points after their 3-0 win over Mastergeeha. Cathal Farrell, Cian McGearailt and James Hoare got the Dingle Bay goals.

MEK THE BIG WINNERS IN 12 DIVISION 2:

With JK Sports 12 Division 2 leaders Camp Juniors not playing and second placed Killarney Athletic B beaten it was MEK that took full advantage to move to the joint top of the table on 12 points. The mid and east Kerry side defeated Killorglin C, with whom they were level on 9 points at the start of play, 3-0. The goals came from Stuart Scott in the first half and from James Clifford and Tadgh Gosney in the second half.

The Park B move onto 10 points as they had a hard fought 2-1 win over Ballyhar B. Finn O'Neill scored for the Tralee side but his goal was cancelled out by one from Tristan Keating. But it was O'Neill who struck again in the second half to give The Park the win.

Killarney Athletic missed the chance to go top of the table when they were beaten 4-3 by Listowel Celtic B whose improving from sees



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them pickup their first three points. For Athletic Dan Fleming, Bryn Flaherty and Darragh Kingston were on the mark.

Killarney Athletic move to the top of 14 Premier: In the Quills Woollen Mills Killarney Athletic took full advantage after their game against Tralee Dynamos goals was moved to Woodlawn. The win takes the Killarney side to the top of the table on 10 points, ahead of Listowel Celtic.

Athletic got the best start when Alex Hennigan put them 1-0 up inside 7 minutes but Andy Rogers replied within 10 minutes or Dynamos. Sam Benson put Athletic ahead with a 25 yard effort just before half time.

Dylan Roche then put the game beyond the Tralee side with a quick fire hat trick early in the second half and then Hennigan got his second to wrap up the points.

IVERAGH UNITED AND MASTERGEEHA MOVE UP IN DIVISION 1: With unbeaten leaders Ballyhar (6 wins from 6) not playing Iveragh United's win over Ballyheigue sees them move onto 10 points and into second place. Their goals in the 5-2 win came from Aodhan O'Neill 2, Sean Kennedy and Ronan Teehan with the 5th being an own goal.

Mastergeeha were 4-1 away winners at Killarney Celtic B and are just one point behind the South Kerry side. Max Brozowowski, Colm O'Leary, Jack Higgins and Oisín O'Leary were the scorers for the Kilbreen side.

Fenit win the battle of the top 2 in Division 2: Fenit and Castleisland were tied at the start of the day but after their game it was the former that had moved clear at the top of the table. The damage was done in the first half as they were 3-0 up at the break. Eddie McCarthy 2 and Robert Monaghan put them in control and the points were wrapped up when Bobby O'Connor scored in the second half.

LB Rovers moved above Castleisland as their 2-1 away win at Listowel Celtic gives them another valuable three points. Jack Sheehy and Thavien Buckley were their scorers.

2 goals from Kevin Harant gave MEK the three points and it sees them leap frog over Killarney Athletic B who they beat this weekend. Teddy Muldoon got the goal for Athletic B.

POINTS SHARED IN THE GIRLS 14 PREMIER: The points were shared in the Girls 14 Premier with Fenit and Camp Juniors drawing 3-3. For the home side Saoirse O'Donovan got 2 and Muiren O'Brien the third while Laura Reilly and Orlaith McKenna also played very well.

CAMPTAKE THE POINTS IN 15 PREMIER: There was one game in the Killarney Plaza 15 Premier and it saw Camp Juniors defeat Park 2-1. The home side went 1-0 up thanks to a Cian Clancy free kick. Camp doubled their lead 20 minutes into the second half when Maurice O'Connell tapped in a pin point Oisín Smiles cross. The Park pulled one back with 10 minutes to go to set up an exciting finish but Camp Juniors held on.

POINTS SHARED IN 16 PREMIER: In the Tralee Trophy World 16 Premier the points were shared between Ballyhar and Killarney Athletic in a game where both teams probably wanted a win. Craig Boyle O'Sullivan and John Power

were on the mark for Ballyhar.

Leaders Camp win in Division 1:

Camp Juniors widened their gap at the top of the Tralee Trophy World 16 Division 1 with a hard fought victory over Iveragh United. Tadgh O'Connor got the only goal of the game where the Iveragh United keeper Ferdia Greaney was in outstanding form.

Rattoo Rovers are up to second after their win 4-1 win over Dingle Bay. Rhys Keane 2, Kevin Goulding and Dylan Moriarty got the goals.

TOP TWO DRAW IN DIVISION 2: Fenit and Killarney Celtic B are joint top of the table and could not be separated when they met at the weekend. The home side fell behind in the first half with the goal coming 10 minutes before half time. Fenit did not panic and were level with 15 minutes to go when Eoghan Higgins got the goal. Both sides pushed for a winner but neither could find it and the spoils were shared.

Par B closed the gap on the two leaders with a 4-0 win over Castleisland thanks to 2 goals from Michael Lally and one each from Luke Dennehy and Mark Roche but they also needed goalkeeper Stephen Nix to be on top form on a number of occasions.

BEST WISHES The League wishes Leo Gaxha and Andy Rogers all the best as both are involved in Republic of Ireland training this week.

MEK UNITED NOTES:

U12 LEAGUE: MEK 3 - 2 Killorglin C Goals by Stuart Scott, James Clifford and Tadgh Gosney. Man of the Match: Tadgh Gosney

U14 LEAGUE: MEK 2 - 1 Killarney Athletic It was an early start for all on a crisp winter's morning. Ball played through by today's captain, Eddie Moroney to Kevin Harant was slotted home into the left hand corner of the net! Thanks to our United defence and especially our goalie Dean Sheehan the first half ended 1 - 0.

The second half started with Athletic in the driving seat, creating many chances, but, thanks to the unity of the MEK defence no score resulted! Further good defensive play led to the ball being dropped to Charlie Keating who's through pass to Kevin Harant was rocketed into the back of the Athletic net! Moments later, a corner was followed by some nice play by Athletic who managed to beat our keeper and bring the score to 2 - 1. Well done to all our MEK players who played with the spirit of the team, show-casing the benefits of all their hard work. Finally, the match would not have been possible without the efforts of Martin Muldoon and his team, who gave us a great game on an excellent pitch (especially for this time of the year).

TEAM: Dean Sheehan, Con Linehan, Darragh O'Brien, Sam Buckley, Matthew Hunt, Eddie Moroney (Captian) Leo Healy, Steven O'Brien, Scott Drew, Charlie Keating, Kevin Harant (2 goals)

MASTERGEEHA FC

U12 Mastergeeha 0 Dingle 3. The boys played

a good west Kerry side on Saturday at home. Mastergeeha crated some chances with Kieran Nagle, Aidan Cronin and Dara Moynihan going closest.

DIV 1 U14 Killarney Celtic 1 Mastergeeha 4. In this game the boys played well and got the deserved win. Max Brozowowski, Jack Higgins, Colin O'Leary and Oisín O'Leary scored in a good team performance.

U18 Killarney Athletic 2 Mastergeeha 1. The boys were unlucky not to get a point away on Saturday morning. The home side got off to a good start scoring in the 10th minute. However Mastergeeha crated some chances with Sipo O'Neill going close. In the second half Athletic scored again but Mastergeeha got a goal back with 20 minutes remaining when James Lynch finished well. In the closing stages Dylan Murphy, Niall Daly and James Lynch went close for Mastergeeha.

DIV 1B Mastergeeha 3 Killarney Athletic 2. Down two just after half time the seniors battle back to take all three points. Eoin Horan with two and Ciaran Doolan got the goals.

MASTERGEEHA FC LOTTO There was no winner on Friday 8th December, 2017. Numbers drawn were 2, 17, 18, 19. Consolation prizes were €100 Sheila O'Neill, Mastergeeha, Kilcummin. €30 Jason O'Connor, Dunrine, Kilcummin. €30 Katie, DJ & Louise O'Leary, Mastergeeha. €30 Jason O'Connor, Dunrine, Kilcummin. Jackpot now €2,400.

KILLARNEY CELTIC NOTES

MUNSTER JUNIOR CUP, KILLARNEY CELTIC 4, DINGLE BAY 0. 2 goals from Wayne Sparling inside 25 mins provided the platform for this win over Dingle, Danny Roche added 1 before the break to give us a 3-0 lead at half time and Matt Keane finished off the scoring with no 4.

PREMIER B, KILLARNEY CELTIC B 2, MITCHELS AVENUE 4. A Mark Hartnett double had us ahead at half time but Mitchels Avenue turned the game around in the 2nd half to take all 3 points.

YOUTHS LEAGUE, KILLARNEY CELTIC 4, KILLORGLIN 2. Lee Downing 2, Jason Coffey and Conor Lucey goals had us in total control of this game after the 1st half but Killorglin fought back in the 2nd half with 2 goals but we held on for the win. Best wishes to Terry Sparling for a speedy recovery from an injury sustained in the game.

U16 DIV 2, FENIT 1, KILLARNEY CELTIC B 1. U14 National Cup, Park 7, Killarney Celtic 1. U14 Div 1, Killarney Celtic B 1, Mastergeeha 4. Danny Alfonso

U12 Div 1, Castleisland 2, Killarney Celtic B 2. Eamonn Guiney and Dara Murphy with the goals which keeps Celtic B up at the top end of this division.

CONGRATS TO KIERAN BOYNE U12B ON MAKING THE TEAM OF THE WEEK.

Congrats to Club Persons of the Year Mary & Mikey Lyne, Senior B Player of the Year Matt Moynihan, Youth Player of the Year Cian Casey who received their awards at the Christmas

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Party held in the Killarney Avenue Hotel. Many thanks to Cork City who had the League and Cup trophies on display in the hotel on the night.

WELL DONE to all in the Football For All who transformed the clubhouse into a Christmas wonderland for their Christmas party.

Thanks to all who organised or played in the charity match in aid of Focus Ireland.

Christmas Club now open in the shop, contact Mary 086 6485809 or Mags 087 6451913.

Stephen Lyne Foundation Christmas Football Blitz in association with Killarney Celtic on Wed Dec 27th at Celtic Park. For more details see Stephen Lyne Foundation Facebook page.

KILLARNEY ATHLETIC A.F.C. NOTES

RESULTS

UNDER 12 DIVISION 2

Killarney Athletic 3 Listowel Celtic 4

Killarney Athletic scorers Dan Fleming, Bryn Flaherty & Darragh Kingston

Under 14 Premier

Tralee Dynamos 1 Killarney Athletic A 6

A goal after 7 minutes from Alex Hennigan gave Athletic the lead Dynamos got back into it with a break-away goal after 17 minutes 3 minutes later Sam Benson scored with a fantastic shot from 25 yards 2-1 at half time in the second half Athletic drove on with 3 goals from Dylan Roche and another one from Alex Hennigan to finish the game 6-1 Man of the match Dylan

Roche best for Athletic Alex Hennigan, Conal Gallagher and Sam Benson

UNDER 14 DIVISION 2

KILLARNEY ATHLETIC B 1 MEK 2

A great contest from two evenly matched sides saw MEK take the points. Teddy Muldoon scoring the goal for Athletic best on the day for Athletic Josh Clarke, Teddy Muldoon and Paddy Foley.

UNDER 16 PREMIER

BALLYHAR 2 KILLARNEY ATHLETIC 2

Under 16 drew 2-2 with Ballyhar last Saturday. Athletic went 1-0 down after 15 mins but drew level on the half time whistle. Our boys started well for the first 15 mins of second half but could not score and then Ballyhar caught us with a sucker punch of a goal with 15 mins to go. Athletic started playing their best soccer then and were rewarded with a great strike from man on form Jason Kerins. We pushed for the winner and had great scoring chances but could not find the net. Overall a decent performance but must learn to kill off teams with the amount of chances recorded. Eoin O'Sullivan was the other scorer. That's our last game for 2016 so Happy Christmas to all players and supporters.

YOUTHS Killarney Athletic 2 Mastergeeha 1

Scorers were Harry Potts and Tadgh Doolan. Went 2 - 0 up and Mastergeeha came back. Great game and a credit to both teams.

SENIORS Killarney Athletic v Fenit Samphires

Match postponed
Mastergeeha B 3 Killarney Athletic B 2. Chris O'Meara scoring Athletic's goals.

FIXTURES Saturday 16th December

Under 13 Premier

Killarney Athletic A v Iveragh 11.00am

Under 13 Division 1

Killarney Athletic B v Killorglin B 10.00am

Under 15 Division 1

Killorglin B v Killarney Athletic 11.15

Under 17

Tralee Dynamos v Killarney Athletic 2.00pm

Under 11

Premier A South

Killarney Athletic v Ballyhar 1.00pm

Premier B South

Killarney Athletic v Ballyhar 1.00pm

Sunday 17th December

Denny Premier A

Tralee Dynamos v Killarney Athletic 11.30am

Denny Division 1B

Annascaul Inch UTD v Killarney Athletic B 1.30pm

300 MEMBER CLUB Names are now being taken for next year's 300 Club Draw. All support is greatly appreciated. Please contact Mike O'Shea on 087-2226185 or any committee member to enter.

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or ormccarrickmary@hotmail.com

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3rd Pat Casey (28) 40 Pts

4th Niall O Mara (8) 40 Pts

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6th Mike Quirke (12) 37 Pts

1st Nine Sean Murphy (18) 20 Pts

2nd Nine Seamus McCarthy (17) 24pts

Nearest The Pins : Colm O Keffe

John O Shea

Golfer of the Year 2017 : Brendan Keogh

Match play Winner: Brian Regan

New Members Welcome for 2018, Application Forms Available From Murphys Reception.

DEERPARK PITCH & PUTT CLUB NEWS

CHRISTMAS TURKEYS We managed only one draw on Sunday in difficult wet conditions for the conclusion of our Turkeys (sponsored by Tim Jones Butchers) last weekend: Results (Fourball V Par) Overall Nett: Ger Casey & Sean Ashe 12up, Overall Gross: Ger Casey & Sean O'Brien 7up. We revert to traditional events this Sunday with draws @ 9.15am & 11.15am.

Gathering In Murphy's: Looking forward to seeing everyone tonight (Friday) in Murphy's Bar for our traditional end of year gathering. Prizes from the Open Three Ball Scramble, Christmas Hamper, Turkeys and the Club Matchplay will be presented on the night from 9.30pm. A reminder for those going to the meal in Lord Kenmare's beforehand that it is a start time of 7pm.



GEAROID CRONIN (DEERPARK PITCH & PUTT CLUB U-16 OFFICER) PRESENTING THE PRIZES FROM A PRE-CHRISTMAS COMPETITION FOR U-16 MEMBERS LAST SATURDAY AT THE CLUB. INCLUDED ARE SOME OF THE PRIZEWINNERS AND PARTICIPANTS WITH THE OVERALL NETT PRIZE GOING TO JOEY MCCARTHY AND THE OVERALL GROSS TO CILLIAN COURTNEY. WE THANK CLUB CHAIRMAN DAMIEN FLEMING FOR HIS SPONSORSHIP OF LAST SATURDAY'S EVENT.

REMAINING COMPETITIONS FOR YEAR

Please note that for the rest of the year competitions will be ran on Sunday's December 24th & 31st with an 18 Hole Three Ball Scramble also taking place on St Stephens morning open to all club members, adult and juvenile at 10am. It has also been decided to continue with the present winter handicaps until the New Year's Eve competition before reverting back to PPUI Handicaps in the New Year.

AGM

A notice to anyone who hasn't received nomination or motions forms in advance of our AGM on Monday January 15th in the Killarney Avenue Hotel to make contact with Club Secretary Fiona O'Donnell regarding same. Deadline for receipt of same is one week prior to the AGM itself.

KILLARNEY GOLF CLUB - MENS

Club Captain Derry McCarthy wishes to remind all of our Members that the launch of the Club's 125th Anniversary Celebrations, will be held at the Clubhouse on Thursday the 21st of December

next at 7.30 P.M. The launch will coincide with the Gala Performance of the Christmas Concert by the Men's Club Choir, which is always a highlight of our Christmas celebrations. Derry, who in partnership with our Lady Captain Sheila Crowley are the joint coordinators of our 125th Anniversary Celebrations, advises that an exciting and comprehensive programme of events has been planned for 2018, and that, that programme will be revealed to us all on the night.

Derry would also like to advise that Santa Claus will be paying his annual visit to our Clubhouse on Saturday next, the 16th of December at 1.00 P.M. and all members with children or grandchildren who would like to meet Santa are welcome to come along on the day to meet the great man himself.

The Men's Club competition on Sunday the 10th of December was a Club sponsored "Champagne Scramble" team of 3 event. The top four teams all finished on the same score of 91 points and the Placings were decided on the better back nine holes. 1st Peter McEnery(9), Ryan Kelliher(6), Stephen Kelliher(2), 2nd James Curran(7), Ger Moroney(10), Pat Casey(29) and 3rd Pat Favier(14), Paudie Horan(12), David O'Donoghue(2) all teams with 91 Points.

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KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

KERRY COUNTY CONVENTION

Kerry County Convention took place in the Gleneagle Hotel last Monday night. Seven roles were officially filled on the night, six of the positions were uncontested and the only election was for the role of Leas- Cisteoir (Assistant Treasurer). Joe Crowley was elected to the position, defeating Pat McAuliffe 150 to 77 votes. There is one new face at the Executive table for the year ahead as Fionnán Fitzgerald (Ballymacelligott) takes over from Stephen O'Sullivan as Leas-Runaí (Assistant Secretary). The full list of officers is as follows- Chairman Tim Murphy , Vice Chairman Diarmuid Ó Sé, Secretary Peter Twiss, Treasurer Dermot Lynch, Central Council Delegate John Joe Carroll, Development Officer Eamonn Whelan, Coaching Officer Terence Houlihan, PRO Leona Twiss , Hurling Officer Paudie Dineen , Assistant Secretary Fionnán Fitzgerald, Cultural Officer Christy Killeen, Munster Council (2 Delegates) Ger McCarthy and John O'Leary, Assistant Treasurer Joe Crowley and Children's Officer Bernie Reen.

Three motions were on the Clár, two of which were enabling motions and both were passed. The third motion was from the Valentia Club regarding the age eligibility for playing senior football and hurling. This motion drew a lot of discussion from the floor. It was decided in the end to refer the motion to Central Council.

In the Chairman's address, Tim Murphy spoke about the streamlined approach to strength and conditioning for all teams, the new additions to the backroom team (Joe O'Connor, Niall O'Mahony and James Weldon) and the establishment of a Voluntary Commercial Body by the end of 2018 to assist with our commercial strategy and to maximise our brand. The Chairman thanked Kerry Group and in particular Frank Hayes, Director of Corporate Affairs for their continued support.

ANNUAL RAFFLE AND LOTTO

The raffle was drawn at the end of Convention on Monday night. The car was won by the Spa GAA club. Tom Houlihan, Ballyferriter won the 7 nights' sun holiday and Triona O'Sullivan, Duagh won the European city break. The West Kerry Board won the voucher for Garvey's Supervalu, Kathleen Foley Lixnaw won a weekend for 2 in the Brehon Hotel. Vouchers for the Kerry GAA store were won by Ballydonoghue GAA club and Terence Houlihan, Killorglin. Margaret Kelly won membership to the Kerry Lotto. Tadhg Fleming won the signed Kerry Jersey & Football and Lorraine Scanlon won the Kerry GAA annual pass. The lotto draw was also made at Convention and Andrew McCarthy won the Personalised Kerry Jersey and membership to the Ticket Scheme. Next week's lucky dip prizes – membership to the Ticket Scheme & a Personalised Kerry Jersey and two nights B&B in the Woodlands Hotel, Adare. Play online on



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MUNSTER COUNCIL GRANTS

Munster Council Chairman Jerry O'Sullivan was present at Convention on Monday night to present a number of Kerry Clubs with grants from the Munster Council. The following are the recipient clubs – Austin Stacks, Abbeydorney, An Ghaeltacht, Brosna, Beale, Crotta O'Neills, Castleisland Desmonds, Lixnaw, Lispole, Killarney Legion, Spa Killarney, St Senans, St Marys, St Pat's Blennerville and Scartaglen. The grants awarded totalled in the region of €75000 with an additional €7000 awarded as legal grants. Mr O'Sullivan paid tribute to Joe Crowley and Christy Killeen who were vacating their roles as Munster Delegates. He thanked Development Officer Eamon Whelan for his work with the grant application process. Kerry County Committee Chairman Tim Murphy thanked Jerry O'Sullivan and commented that Munster was one of the few provinces where these type of grants were awarded.

MUNSTER GAA AWARDS

The 2017 Munster GAA Awards Evening took place last Saturday December 9th in the Fota Island Resort Hotel in Cork. Kerry's James O'Donoghue secured the Senior Footballer accolade in the 2017 Munster GAA Awards. Speaking on the announcement of the awards Jerry O'Sullivan, Chairman of Munster GAA said "James O'Donoghue contributed hugely to his team's performances this year and is a deserving winner of the top playing award in Gaelic Football". Other winners on the night were David Clifford (Minor Football) Killian Spillane (U21 Football) and Patrice Diggin (Camogie).

MUNSTER GAA JUNIOR B SEMI FINAL

This game was fixed for last Sunday at 2pm in Knockaderry, Co. Limerick. Unfortunately, the fixture fell foul of the weather and the fixture has been postponed until 2018. Cromane beat Banner GAA, Ennis in the quarter final 0-10

to 0-5 to set up their meeting with Tipperary Champions Cashel King Cormacs in the semi-final.

SCÓR NEWS

The Community Centre, Ovens Co. Cork staged the Semi Finals of Coiste Scor Na Nog Na Mumhan on Sunday last December 10th where Kerry were represented in all of the 7 categories. Once again a huge crowd were in attendance with the Kingdom representatives having plenty vocal support and despite facing stiff opposition from Limerick, Cork and Waterford they had a most successful outing going through to the Munster finals in 6 of the 7 disciplines. The East Kerry Board took the competition by storm with 4 of their 5 clubs going forward. Spa had success in both Figure and Set Dancing, Glenflesk booked their Munster final place in Ballad Group while Kilcummin took the honours in Instrumental Music. Representing the Tralee/St.Brendans Board were Na Gaeil; and they qualified in both Recitation by Dearbhla Quirke and in the Leiriu discipline. However Shauna O Leary (Solo Singing) sang very well but the Kilcummin girl failed to get the adjudicators nod on this occasion. The next step in the journey will be on Sunday January 7th, 2018, 2pm at the Community Centre, Ovens Co. Cork where this year's Munster Finals of Scor Na Nog will be staged.

Quiz. A date has been confirmed for the Kerry County Finals (Scor na nOg) Quiz for Thursday January 4th commencing at 6pm at the Austin Stack Park Pavilion, Tralee. All Clubs interested should contact County Secretary, Suzanne Ni Laoire with their team list before Wednesday December 20th.

SYMPATHY

A meeting of Coiste Scor Chiarrai took place on Wednesday last at the Austin Stack Park, Pavilion, Tralee where a vote of sympathy was extended to the family of Derry Gowan of Fermoy County Cork who was the founder of Scor back in 1969. Derry initiated Scór and in doing so provided the foresight to promote all the best in traditional music, song and dance under the Cumann Lúthchleas Gael banner.

GARDA VETTING

As we begin another year on the playing field, the Children's Officer Bernie Reen has issued a timely reminder to all clubs to ensure that all our coaches working with players under the age of 18 are Garda vetted

'BACK TO GOLD' TICKET SCHEME

This is proving to be a very popular Christmas present. Membership can be purchased from the Office in Austin Stack Park. The cost is €600 per unit and comes with a free personalised and autographed Kerry Jersey. Members can purchase tickets for 5 championship years 2018 to 2022.



EAST KERRY NOTES

with Áine Ní Shúilleabháin PRO

EAST KERRY U21 B CHAMPIONSHIP FINAL

Firies 5-21 Kilcummin 2-5

Firies proved the stronger against Kilcummin in the Final of the East Kerry Under 21 B Championship, played in Farranfore on Sunday last. The home side dominated the middle area of the field for much of the game and their defence proved too strong for the Kilcummin attack. Firies built an early lead, notching up 4 points to 1 within 12 minutes - Donnchadh O'Sullivan, Pdraig de Brún(2), Shane O'Donoghue for Firies, Philip Casey for Kilcummin. A further 4 points without reply from Pdraig de Brún(2) Niall Donoghue and Donnchadh O'Sullivan saw the home side lead 0-8 to 0-1 on the 18th minute. Kilcummin rallied and set up an number of attacks. Sean O'Leary sent a rasper goalwards, but was denied with a great save by Firies goal keeper Billy O'Rourke. Kilcummin fired over 2 unanswered points from Philip Casey and Paul O'Riordan - 0-8 t 0-3, on the 22nd minute. However, Firies replied with a point and a goal from Pdraig de Brún, giving Kilcummin a mountain to climb- 1-9 to 0-3. Kilcummin pressed forward and a lovely James Nagle point from play saw the score at the break: Firies 1-9 Kilcummin 0-4.

On resumption, Firies got off to a dream start with a well taken Donnchadh O'Sullivan goal and a point. Kilcummin created a goal chance, only to see the ball skim wide. However, Firies then had a purple patch and put the game beyond doubt, scoring 3-3 in a 5 minute period. The first of these goals came when Niall Donoghue took the return pass from Donnchadh O Sullivan and fisted to the Kilcummin net on the 34th minute. Donnchadh O'Sullivan pointed, then found the net within a minute, provided by James O'Donoghue. Donnchadh pointed before Pdraig O'Sullivan drove forward and rattled the net for the third Firies goal within 5 minutes. A Pdraig de Brún point saw the home side lead 5-13 to 0-4 on the 40th minute. Kilcummin, to their credit did not give up and were denied 2 goals with great saves at point blank range by Firies goalkeeper Bill O'Rourke. The Kilcummin pressure paid off in the last quarter, with 2 well taken Oscar O'Connor goals. The first from a nice cross by Matt Keane, the second, a great shot that curled to the corner of the net, on the 56th minute. The sides traded points - William Courtney (Firies) and Paul O'Riordan (Kilcummin). Final score: Firies 5-21 Kilcummin 2-05.

East Kerry Committee Vice Chairman Johnny Brosnan presented the Pa Doyle Memorial Cup to Firies captain, Seamus Barry.

Firies team: Billy O'Rourke, Diarmuid Brosnan, Josh Flynn, Pdraig O'Mahony, Conal Murphy, Pdraig O'Connor, Diarmuid O'Mahony, James O'Donoghue, Patrick Daly, Shane O'Donoghue (0-2), Donnchadh O'Sullivan (2-05;1f), William Courtney (0-3), Niall Donoghue (1-1), Pdraig de Brún (1-7;1f), Jake Flynn. Subs: Stephen

Moloney, Sean Burke (0-2), Pdraig O'Sullivan(1-1f), Evan Cosgrave, Seamus Barry(Capt)

Kilcummin Team: Paudie O'Connor, Jake Moynihan, Daniel Moynihan, Chris Keane, Sean O'Leary, Philip Casey(Capt)(0-2;1f), Jamie O'Donoghue, Matt Keane, Oscar O'Connor (2-0), Tomas O'Connor, Paul O'Riordan (0-2;1f), James Nagle (0-1), Lorcan O'Connor, Gearóid Kerins, Eoin Kennedy. Subs: Eoin Daly Referee: Mike Brosnan (Spa)

EAST KERRY U21 A CHAMPIONSHIP

The East Kerry Under 21 'A' Championship semi finals are as follows: Friday 15 December at 8pm under lights at Lewis Road, Dr Crokes V Spa. Saturday 16 December at 2pm Gneeveguilla V Rathmore in Gneeveguilla. The winners will meet in the final on Saturday 23 December at 2pm. Neutral venue TBC.

WELL DONE MUNSTER SEMI FINALS

SCÓR NA NÓG East Kerry clubs had a very successful outing to Ovens County Cork on Sunday last, for the Munster Semi Finals of Scór na nÓg, with 4 competitors going through to the Munster finals, being Spa CLG - Set Dancers and Figure Dancers, Kilcummin CLG - Instrumental Music Group and Glenflesk CLG - Ballad Group. Hard luck to Kilcummin Solo Singer. Beidh lá eile agat gan dabht.

DATE FOR THE DIARY The East Kerry Minor team will be presented with their County Minor Championship medals on Wednesday the 27th December starting at 5pm sharp in the Killarney Heights Hotel.

DR. CROKES GAA CLUB NEWS

JUVENILE MEDAL PRESENTATION

This Friday 15th of December we will hold our Annual Juvenile medal presentation for all winning teams in our Clubhouse at 6pm. We hope you will come along and appreciate the work and effort our young stars and their coaches have put in.

DEVELOPMENT FUND Dr Crokes Club are embarking on a fundraising initiative to help upgrade the current facilities of our grounds as it has been 12 years since serious work has been carried out. There are fantastic prizes to be won with the first prize a Nissan Pulsar Executive Class Car and second prize is a four night stay for two people in New York including flights. We have 10 prizes in total and the draw will take place on December 20th 2018. Tickets are €10 each or a book of 6 for €50. There will be an additional draw of €1000 for those who purchase a full book for €50. Tickets can be purchased in the Tatler Jack or from Club members.

PROGRESSIVE 31 Progressive 31 is on every Wednesday night in Crokes Clubhouse. It will start at 8.00pm. You will need to bring money and a partner €5 per person.

Progressive 31 will finish on December 20th and will resume on the 10th of January 2018.

DEEPEST SYMPATHIES Deepest Sympathies to Ina Brosnan and family in Cork

on the death of former player Monseigneur Liam Brosnan RIP.

Deepest Sympathies to Club member and groundsman Larry on the death of his mother Mai Hickey, Dungarvan, Co Waterford RIP

LOTTO Lotto 5, 7, 22, 28. Jackpot €3600 Not Won Match 3 6 by €70. Next Draw Sunday 17th of December in Tatler Jack. Jackpot €3900. 3 €50 vouchers also drawn.

FIRIES COMMUNITY GAMES

The new season for Community games has begun. Firies hope to take part in the following events basketball boys & girls u11, u13 & u16. chess u13 & u16, Gaelic u10 mixed, music u12 & u16, projects u11,u13, u16, recitation u12 & u16, singing group, skittles u12, u14, u16, soccer boys u12, Gaelic girls u14, hurling boys u11, swimming, art & handwriting, model making, gymnastics, Judo & athletics. Events will be advertised through schools, Kerryman & Killarney Outlook. If anyone needs further information in meantime as some events are starting very early this year then please contact PJ Walsh on 0872229950, Maura Culloty on 0876663702 or Noreen Brosnan on 0876898855. Also if you wish to help out with any events contact above numbers also.

BEAUFORT GAA CLUB

LOTTO: Lotto results of Sunday, 10th December for lotto jackpot of €2,800. Numbers drawn 1, 11, 24, 26. No jackpot winner. Consolation prizes €80 Joan Coffey, Gortbee, €50 John Sugrue, Gortbee, Aisling Dolan, Dublin, John Doherty, 11 The Orchard. Christmas Hamper winners: Kieran O'Shea, Keelohane, Elena Horgan, Listry, Jason Foley, Kilgobnet and Remi and Ollie Kerrisk, Coolmagort. Bottle winners: Julie Dorrian, Shanacloon, Kathleen Clifford, Killorglin, Barbara McDonald, Cappagh. Next lotto draw for a jackpot of €3,000 will be held in Kate Kearney's Cottage on Monday, 01st January 2018. Tickets are available from the usual premises and sellers and online at www.beaufortgaaclub.com. Thank you to everyone who supported the lotto in 2017. Thank you also to all the sellers and rota members. New lotto sellers are always welcome.

CHRISTMAS QUIZ: Beaufort GAA Club annual Christmas quiz will be held in Kate Kearney's Cottage on Thursday, 28th December.

BAG PACKING: Parents, Guardians, Members, Players and Trainers will be bag packing in Dunne's Stores Killarney on Friday 22nd and Saturday 23rd December from 9:30am to 10pm in two and a half hour slots. If you would like to volunteer please text Nora on 086-1556181 or Ciara on 086-3626606.

LEGION GAA CLUB NEWS

CONGRATULATIONS To James O'Donoghue who was once again named as Munster GAA Player of the Year. Following



on his previous wins in 2013 and 2014 there is no doubt that when clear of injury he is a huge influence on both club and county. His O Donoghue Cup final performance bodes well for 2018. Well done James.

SENIOR TEAM REVIEW Our season may have ended in disappointment with an agonising one point defeat to Rathmore in the O Donoghue Cup Final. But when looking back at 2017 there was a lot of positives to be gleamed from the year. Some of the teams performances were most heartening. The opening County League games against Kilcummin and Spa were real humdingers. The 2 game (draw and replay) arm wrestle with Kenmare in the County Championship were tight and frantic before we eventually got the better of a team who later proved themselves to be a formidable unit in their own right. Dingle, with so many quality players, were put to the sword in Pairc an Ashaigh in a performance which earned the team an ovation from the club's faithful who travelled in great numbers. To go through Division 2 of the County League undefeated, without your Kerry players, was a remarkable feat. We are also currently one of only 8 Senior clubs in the county. An elite position. Of course there was low points. Losing to West Kerry in extra time in the County Championship, to Kenmare in the Club Championship semi final and of course the Rathmore final. But all these games are played at the top level and even if you are a fraction short you can be punished. Our loyal Honorary member Joanne O Riordan wrote an uplifting piece in her weekly column in the Irish Times last week, outlining her pride and anguish at being one of us. I think to quote Joanne is probably the best way to look back at 2017 and forward to 2018.

"I cannot predict what the future holds for Killarney Legion, and, as I cast my eye over the other results and see other teams lose finals, all I can say to you right now is yes, it's awful, and it sucks . . . but it gets better. If you have the hunger and desire to keep pushing forward and keep elevating yourself to further heights. Because, at the end of the day, the only fight that matters is the one you are in."

Many thanks to the management team of

Alan O'Neill, Sean and Jamesie O'Sullivan, team attendant Connie O'Shea and Brian Moriarty, Justin and Kevin Healy who completed the back room team. Not forgetting Joanne Downey who helped look after the lads all year with wholesome meals.

Well be back!!!

LOTTO Numbers were 4,7,9,24

No winner

5 x Lucky dips 1. Mary O'Sullivan 10 Monastery Gardens 2. Roger c/o Holiday Inn

3. Declan Glavin c/o Laurels 4. Barry + Peg, Woodlawn 5. Joe Whelan, Wick low

Next week's Jackpot €18,400

Sunday Dec 17th @9pm in Murphy Bar.

GNEEVeguilla GAA NOTES

No winner of last week's lotto numbers drawn 9 23 27 28 lucky dip winners Denny Buckley €40, Con Murphy €40, Noreen Foley €40, Adrian Regan €30, Catherine Fleming €30, yearly ticket Mike Warren €20.

Club bar will be open from 3pm to 7pm on Christmas Eve.

Gneeveguilla tru blue outing on Dec 28 contact Joe McCarthy Pat Barry or John Murphy for details.

LISTRY NOTES

CHARITY 31 CARD DRIVE : The annual 31 Card Drive 5 single hand in aid of Fr Pat O'Donnell Cancer Support Services will take place in Faha Court Bar on Sunday December 17th commencing at 5.30pm. Entry Fee : €10. Usual prizes. Raffle on the day also and refreshments will be served. Spot prizes would be appreciated to John Wrenn, Noel O'Sullivan and Anthony Clifford. All welcome.

LOTTO RESULTS : Numbers drawn 2, 4, 10, 21. No Jackpot winner.

Hamper winners: Beth Coffey, Lyno.

E100 - Maura Kennedy

E50 x2 - Margaret O'Donoghue c/o Maura Kennedy. Teddy Brosnan c/o Langfords

E25 x 2 - Jerry Brosnan, Kilbonane. Joanne Ahern, Monastery Gardens.

Drawn Entrant: Estella Wrenn Lissivane.

Next Sunday jackpot E2,150.00

2017 Entrant Draw winner: Congratulations to Donal Cronin on winning E1,000 in Listry Lotto.

FAHA COURT: Listry GAA and community would like to thank Sean O'Mahony and staff in Faha Court Bar and Restaurant for the lovely meal and entertainment he supplies on Friday December 8th.

MILLTOWN/CASTLEMAINE NEWS

CALENDARS: Our club calendars are available in local shops as well as the primary schools in Milltown and Ballyfinnane.

They are once again very well produced so make sure you get one before they are gone!

LOTTO: Our Lotto Jackpot draw for €17,400 is on in The Shanty Bar, Ballyfinnane - on this night Friday night, December 15th.

Tickets are on sale in the usual outlets and from our regular ticket sellers.

Just €2 a ticket or 3 for €5 can win you the lotto jackpot or a share in it.

You will also be in with a chance of winning one of the SIX consolation prizes of 2 x €50 or 4 x €25.

Wouldn't it be nice!

CHRISTMAS TREE/LIGHTS: Well done to Ailish Burke and Una Murphy who co-ordinated the Christmas Tree/light project for our town. There was a huge amount of volunteerism involved to bring all this to fruition. Sincere thanks to all.

We also appreciate the money received from the Kerry County Council Community Support Fund to enable us to have our very own tree and lights.

CAROL SERVICE: A huge bualadh boss to all those who participated in the Christmas Carol Service in Milltown Church on Sunday evening last. Rosaleen O'Sullivan and the adult choir gave us a lovely performance with Fr. Kevin for leading the prayers. A special mention to the wonderful musicians and singers from our club who made the service so special.

The elf on the shelf was very impressed!

NEW BOOK FOR THE GAA FAN

A new book entitled "2017 - Stories from the playing fields of Kerry & beyond" is a 112 page full colour round up of all the activities of all the Kerry Football, Hurling, Camoige and Ladies Football teams during 2017. In simple terms, it is a yearbook for the year that was 2017.

Relive the highs and some lows with some great pictures that bring the meaning of sport home to you.

There is also a full comprehensive round up of all the club championships in football, hurling and ladies football from minor to senior, from junior to intermediate. Catch the journeys clubs made to the final and find out where your team exited their championships.

In a year when so many finals at all levels went down to the wire catch the action as it happened.

There is a special lengthy feature on both Senior Football and Hurling County Championships as we follow the winners to the presentation stands in the hunt for the Bishop Moynihan and Neilus Flynn Cups.

Compiled, researched and written by Donal Barry the book retails at €15 and will go on sale this week in shops across the county. It is available at the Outlook office in High Street and would make the perfect Christmas present for the Sports mad person in your family. Get them before their gone.



DONAL BARRY PICTURED WITH HIS NEW BOOK - STORIES FROM THE PLAYING FIELDS OF KERRY AND BEYOND.

SPAMUCKROSS COMMUNITY GAMES

BASKETBALL: please contact our Secretary on 087 6115306, if your child is interested in trying out for the following teams:

U11 (over 9) Mixed (5 boys + 5 girls) - County Competition Saturday 27th January 2018

(Under 11: Competitors born on or before 31 July 2007 are overage)

U13 (over 10) Boys - County Competition Sunday 14th January 2018

Age Guidelines 2018

(Under 13: Competitors born on or before 31 July 2005 are overage)

KILLARNEY SWIMMING CLUB NOTES

CONGRATULATIONS to all our swimmers who took part in the Kingdom Invitation Gala in Tralee on the 26th of November. As always, it was an exciting day out for all involved, with Killarney swimmers winning an incredible nineteen medals.

UNDER 13 BOYS – Nathaniel Doncel was in flying form winning silver in the 200 metres freestyle, silver in the 50 metres freestyle and a lovely bronze in the 100 metres backstroke.

UNDER 15 GIRLS – Ellen O'Connor laid down some markers winning silver in the technically difficult 100 metres breaststroke.

UNDER 15 BOYS – Paudie O'Leary showed everyone who was the boss winning golds in the 100 metres and 50 metres freestyle, silver in the 100 metres backstroke and a bronze in the 100 metres butterfly while Charles O'Brien returned to the winning podium with a silver in the 100 metres breaststroke. Donal Daly took a very fast bronze in the 200 metres freestyle - a swimmer to watch.

OVER 16 GIRLS – Margaret O'Brien only had eyes for gold, winning in both the 200 metres breaststroke and the 100 metres backstroke. Meanwhile Niamh Coffey was winning medals all over the place, taking gold in the 200 metres freestyle and a trio of silver medals in the 100 metres butterfly, and both the 50 metres and 100 metres freestyle.

OVER 16 BOYS – Paul O'Leary won two very good bronze medals in the 200 and 100 metres breaststroke while Alan O'Shea took a well-deserved and hard-fought bronze in the 50 metres freestyle.

Thanks to our coaches, Cathal O'Brien, Leontia Doody and John Edwards who gave wonderful support and encouragement on the day. Thanks also to all parents for travelling and for taking part in the timekeeping.

Finally, thanks to everyone for supporting the Killarney Rotary Club Wine & Art night where Killarney Swimming Club was one of the nominated sports clubs and thanks to Killarney Rotary Club for nominating us this year. Your support will help in the purchase of swimming equipment to be used for years to come.

HANDBALL NEWS

DOMINIC AND GAVIN REACH BILL

DUGGAN FINAL

The annual Bill Duggan Memorial tournament brings some of the countries to handball players to Broadford in the run up to Christmas. Kerry's Dominic Lynch teamed up with Wexford's Gavin Buggy in the 40x20 section.

In the quarter finals the pair defeated Tipperary's Michael Greagan and Ger Coonan 21-12, 21-4,

Next up were the Cork pairing of Daniel Relihan and Michael Hedigan and again the Kerry / Wexford pair progressed on a 21-16, 21-3 score line.

The final saw Dominic and Gavin take on Paul Brady and Michael Finnegan from Cavan.

The Cavan pair dominated the first game winning 21-5. But Dominic and Gavin fought back to take a cracking second game 21-18.

However in a tight decider it was Brady and Finnegan that came through to take the title 11-5.

KILLARNEY RUGBY CLUB NEWS

U18: KANTURK 0 SOUTH KERRY

36. South Kerry took an early lead with opportunistic try by Oisín Daly, followed by two tries by Eoin O'Suilleabhain, and another by Stephen Sealey. In the second half Shane Looney scored his first ever try and the last play saw Darragh Fitzgerald score and drop kick the conversion for final score 36-0. Well done to all and coaches Andrew and Dan.

MINIS: Last weekend our minis hosted Chorca Dhuibhne at Knockreer and some fantastic rugby was on display at all ages. Next Saturday our U10's and U12's head to Tralee RFC for some matches. We will host our Christmas party at the Killarney Avenue next Sunday between 2pm and 4pm and all minis and their brothers and sisters are welcome to come along and meet Santa and his chief Elf!

NEXT WEEKEND'S FIXTURES:

SENIORS: Killarney V Ballincollig - Aghadoe, Sunday at 2:30pm

U16: Killarney V Castleisland - Aghadoe, Saturday at 11am

U14: Abbeyfeale V Killarney - The Grove, Sunday at 11:30am

KILLARNEY U/16 RUGBY MUNSTER CONFERENCE C

KILLARNEY 12 TRALEE 5

After a three week lay-off Killarney u16s travelled to Tralee for a match that would determine the winners of the Munster u16 conference 2. On a cold wet December Sunday the game crackled with intensity and commitment. With the elements at their back Killarney controlled early possession and territory and on 6 minutes pressure was rewarded with a try from captain Craig McKenzie Vass following excellent forward continuity with the conversion duly slotted over by Donnchadh Grealy. Eventually Killarney crossed for another try on 20 mins after an excellent counter rucking move and quick off loading that saw Gary Randles go over in the corner. The second half opened with a serious Tralee fight back with their strong

forwards constantly driving forward. They were rewarded to a converted try from their goliath No. 8 Cian O'Reegan to bring the game to 12 points to 7. Brave defensive tackling from Killarney and re-loading of defensive lines kept Tralee at bay. The game ebbed and flowed right until the final whistle with Killarney's heroic defense holding Tralee at bay. Captain Craig McKenzie Vass led by example with superb tackling and counter rucking. The front row of Matt McAulliffe, Brendy O'Donoghue and Odeniz Koyun defended abrasively at the coal face. Evan Mannix, Sam Casey and John McCarthy were ferocious and energetic throughout. Pdraig Talbot competed valiantly, Peter Walsh battled at No. 9 and showed quick feet, Donnchadh Grealy was very good with both hands and feet until he had to go off after a high hit. The back line of Liam Randles, Thomas Clifford, Mark Sheahan, Jose Ferrero & Gary Randles matched the forwards ferocity and in spite of the baltic conditions tried to run the ball when available. Cian Murphy came on in the first half and along with Dion O'Neill contributed hugely to the victory. The panel on the day also included James Kennelly, Jack O'Connell, Dan Twomey, Rob Nealon, Josh Campbell, Adam Cronin and Adam McSweeney. The win secured a fifth victory from 5 games and as Conference C Victors, Killarney will now play at the top table in the Munster A U/16 Cup Competition after Christmas. Well done to the coaching team Seamus Grealy, John O'Connell, Eoin Seery, Bill Stack and Leo Randles.

FARRANFORE MAINE VALLEY AC

RACE WALKING CHAMPIONSHIPS

The Irish Life Health National Race Walking Championships were held in St. Annes Park Raheny, Dublin on Saturday December 9th. The competitors braved the cold weather as they walked up and down the picturesque tree-lined main avenue in St Anne's Park. David Kenny was first in the Junior 10K race walk. David was very impressive to complete the distance in 49mins 3 sec. His mentor & coach, Michael O'Connor competed in the masters 5K race walk. Michael also did very well to win the over 65 category. Well done to you both.

Further afield in Cyprus, Cathal Kirwan took part in the Paphos 10K. Cathal did very well to secure podium position when he was placed in third place of his age category. Great to see images of our club singlet in Cyprus.

JUVENILE CELEBRATION NIGHT: We ended the 2017 year with an evening in which the success of our Juveniles was heralded. Congratulations to all our athletes who have delivered through their personal endeavors. Cian Spillane & Shauna McCarthy were our overall Club Juvenile Athletes of the year for their dedication to training all year in which they were both rewarded with National medals.

BAG PACKING FUNDRAISER: Thanks to all our volunteers who helped out in our bag packing fundraiser over the weekend at DUNNES Killarney. We appreciate all donations as your contribution goes a long way in

supporting our young athletes in the sport of athletics.

CLUB MEMBERSHIP 2018: Membership for 2018 can now be made. This can be done through our website paypal link or alternatively you can give membership fee to our committee member.

Membership annual fees are available on our website. You need to be registered before you can compete in any athletics competitions in 2018.

CLUB TRAINING: Maria's Strength, Endurance & Flexibility Exercise Classes has finished up for the season and will return early in the new year.

Juvenile Training has ended for the season. We will return early in the new year to begin our training for the Indoors.

Secondary School/Junior / Senior training on every Thursday at 6:30pm in GAA grounds Farranfore. This is endurance training for cross country preparation. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES Sunday 17th December: National Uneven ages, Novice XC, WIT, Waterford

Tuesday 26th December: Our Club St. Stephen's Day 5K Road Race / Fun Run @ 12noon in Farranfore

Mon 1st Jan: Star Of The Laune AC - Beaufort 5K & 10K

Sat 6th Jan: Munster Junior / U23 Men Indoors & Juvenile Girls Pentathlon, Nenagh.

Sun 7th Jan: Munster Junior / U23 Women Indoors & Juvenile Boys Pentathlon, Nenagh.

Sun 14th Jan: Munster Senior & Masters Indoors, Nenagh

Fri 26th Jan: South Munster Schools XC, Tramore Valley Park, Cork City

Sun 28th Jan: National Junior & U/23 Indoor Championships, AIT Arena, Athlone

Sat/Sun 10th/11th Feb.: Munster U/9 to U12 Indoor Championships, Nenagh

Sun 11th Feb.: National Masters & Juv "B" & Juv Inter-Club Cross Country Relay Championships, Venue TBC

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.

GNEEVEGUILLA BASKETBALL NEWS

U14 GIRLS DIV 1. Gneeveguilla 49, Rathmore 28. Played:10/12/2017.

Gneeveguilla's strong defence saw them take a 35-7 halftime lead. Rathmore launched a comeback in the 3rd qtr, led by Miriam Dineen (12 pts) and Cathy Kiely (5 pts). Gneeveguilla, led by Tara O'Leary (11 pts) and Delia Foley (9 pts) kept ahead and won 49-28.

U18 BOYS DIV2. PLAYED:10/12/2017.

Gneeveguilla 44, St Anne's 43. After Gneeveguilla led by 15 early in the 3rd qtr, led by Evan Cronin (17 pts) and Cathal McCarthy (13 pts), St Anne's came all the way back to lead by 1 with seconds left. They were led by Gearoid Murphy (15 pts) and John Rourke (10 pts). It was McCarthy who scored the buzzer-

beater after a dramatic steal and Gneeveguilla won 44-43.

BADMINTON NEWS

Congratulations to Kieran Crehan and partner Carmel Hudson Div. 3 who won the Moyvane Tournament and to Jeab Workman and William Flaherty runners up.

Well done to Div. 4 ladies who beat Iveragh last week in a county league home game. (Team: Hylda Harmon, Sonia Smith, Fiona Galvin).

MUCKROSS ROWING CLUB

UPCOMING Training continues weekend mornings at the boathouse and midweek evenings at the Community Centre. We are eagerly looking forward to the Christmas break. Hopefully lots of calm, crisp days and plenty rowing ahead! Coaches will advise details of training times over the holidays. The next competitive events will be in the New Year. The Irish Indoor Rowing Championships are scheduled to take place at the UL Arena on Saturday 20 January 2018. Closer to home, the Kerry Head Of The River is set for Killorglin on Saturday 27 January 2018.

SPORTS CAPITAL GRANT The club is delighted with the recent award of a Sports Capital Grant of €12,000 as part of the nationwide allocation. These funds will allow the club to invest in essential equipment to meet the needs of a growing membership and to also replace ageing equipment items that have certainly served their time over many years. We wish to thank our committee members who prepared the application and to Minister Brendan Griffin TD and Deputies Michael Healy-Rae and Danny Healy-Rae, who were very supportive of the club's application.

STAY CONNECTED Find us on Facebook facebook.com/muckcrossrc or follow us on Twitter @muckcrossrc for all the latest club updates.

KILLARNEY COUGARS BC JUVENILE NEWS

U14 BOYS DIV 1

Killarney Cougars 30

St Brendans 33

Another great Killarney v Tralee contest saw this game go to the wire as unbeaten league leaders St Brendans were pushed all the way by the Cougars in a tense contest at the Pres Gym. There was little between the sides all through but Cougars made the better start but trailed despite a good first qtr 11-9 and despite the sides being tied through the second half the Cougars never hit the front as Tralee edged ahead at the right time in this important game. Cougars had good performances from Rian Colleran, Dean Sheehan, Jack O'Neill and Patrick Lyons.

COUGARS ACADEMY Our U8 & U10 Girls & Boys training continues on Friday evenings at the Parish Hall. This Friday evening is the final session before Christmas and we will resume in early January.

SENIOR NEWS

SENIOR MEN DIV II

Killarney Cougars 71

Caherciveen 60

The Cougars continued their good home form with a hard earned win over Caherciveen the game saw little between the sides throughout with Cougars making the better start to lead 20-11 at the end of the 1st qtr with Darren Gaffey and Tomas Armonas impressing for Cougars. Caherciveen were back in contention trailing 34-33 at halftime thanks to good baskets as they dominated the 2nd qtr.

Caherciveen hit the front in a good start to the third qtr and led by 5 points but a great spell by the Cougars by Alan Flynn as he hit 11pts in three minutes to restore the Cougars advantage to lead 54-45 at the end of the qtr. A exciting final qtr saw Cougars pushed all the way but they held on for a deserved win in a very good contest.

Further details on training schedules, fixtures, results go to our website www.killarneycougars.com or follow us on facebook

WORKMEN'S ROWING CLUB HIGH PERFORMANCE TRAINING CAMP

Three of our U18 ladies have been invited to attend this camp in the National Rowing Centre this Saturday and Sunday 16th & 17th December. Ciara Moynihan, Ciara Browne and Annie O'Donoghue... all the very best for the weekend!

HEAD OF THE RIVER, 6KM IRISH TRIALS

The very best of luck to our U17, U18 and U23 scullers who will participate once again in this trialling process next Saturday 23rd December. Christmas Row

Everyone is looking forward to donning the hats and beards for our Christmas Row and refreshments this Sunday. Hope the weather holdsthere'll surely be some confused reindeer in the National Park!!!!

ICE SKATING Ice Skating for all on Thursday 21st, 8pm ... Make sure you've signed up!

FUNDRAISING Many thanks to everyone who supported our recent clothes collection. There'll be another one at the end of January to make room for all the bargains from the sales!!!

DECEMBER BIRTHDAYS Congratulations to Lauren Mc Carthy 4th, Joanne Mc Carthy 10th, Evelyn Woodard 16th, Ciara Moynihan 20th and Marc Woodard 31st December. It's not easy celebrating both birthday and Christmas together but we're sure you'll all have a fantastic time, regardless.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto draw 08/12/2017, numbers drawn were 10, 18, 20 & 21. Sellers prize winner Tom Joe O'Donoghue, €50 Y/T prize winner Cormac Collins Bawnard, €50 to Pat O'Connor Tralee, €40 each to Mossie Brosnan Snr Renasup, Gene Reen Rathbeg East, Rathmore & Mary Linehan Scartaglin. Bonus not won numbers drawn were 3, 6, 9 & 29. Next week's jackpot €4,600 plus €1,000 bonus. Winner of our Christmas Hamper were Ryan & Ava Looney Quarry Cross.

GNEEVEGUILLA NATIONAL SCHOOL SANTA FUN RUN: Garrett O'Connor was the



PICTURED ARE SOME OF THE MANY SWIMMERS THAT HAVE COMPLETED A COURSE OF SWIMMING LESSONS IN DIETER'S SWIM ACADEMY AT THE AQUILA CLUB, GLENEAGLE HOTEL. INCLUDED IN THE PHOTO ARE SOME OF THE MEDAL AND TROPHY WINNERS INCLUDING CATHAL MACKIEY (MALE SWIMMER OF THE YEAR), HEATHER CULLOTY (FEMALE SWIMMER OF THE YEAR AND EVAN O'DONOGHUE (JUNIOR SWIMMER OF THE YEAR). TWO SWIMMERS, CLAIRE AHERN AND ALEXANDRA BILOKHVOSK RECEIVED A SPECIAL "OUTSTANDING ACHIEVEMENT AWARD" FOR THEIR EXCELLENT SWIMMING OVER THE LAST FEW YEARS. FOR FURTHER INFORMATION ON THE SWIM ACADEMY AND THE SWIM CLUB CONTACT DIETER AT THE AQUILA CLUB ON 064 6636178.

winner, so too was he first home in Barradubh two weeks ago. Michelle Knee was 1st lady, she also ran well in Riocht earlier in the day.

RIOCHT 5K: Robert Purcell was 6th to finish, Andrew Purcell was 1st Junior, Danielle O' Riordan 1st U16, Michelle Knee 4th Senior, Norette O' Riordan 6th senior, Eileen O' Riordan ran O40.

NATIONAL CROSS COUNTRY CHAMPIONSHIPS: Good luck to Ben Murphy who travels to Waterford this Sunday.

LOTTO: Looking for a Christmas Gift why not buy a gift of a yearly or half yearly lotto ticket.



KILLARNEY RUGBY CLUB U10'S WHO PLAYED CORCHA DHUIBHNE YESTERDAY AT KNOCKREER

Yearly cost €100 half yearly €50 and your ticket is included each week of the draw.

MEMBERSHIP: All memberships must be paid up before Jan 1st, €25.00 per adult & €20 for juvenile & juniors

FLECK VALLEY ROWING CLUB

CHURCH GATE COLLECTION: The Clubs Church gate collection will take place the next weekend Saturday 23rd and Sunday 24th of December. All members are asked to contribute

some of their time if possible. If you are available please contact Clara O Connell 087-7673746 or Denis O Donoghue 087-9633276.

OLD KENMARE ROAD: The club will be holding a fundraising fun walk on the Old Kenmare Road on the Sunday 14 January 2018. More details will follow next week, but be sure and keep the date free, for what is sure to be a great day out.

TRAINING: With the festive season upon us there may be some disruption to training schedules. Contact your trainers about any changes to times and dates.

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

BASKETBALL

NATIONAL LEAGUE BASKETBALL DIVISION ONE

LAKERS OVERPOWERED BY CARLOW IT

IT Carlow Basketball 88 - Scotts Lakers 77

Following the previous week's big win in the cup, Scotts Lakers returned to league action with a road trip to face IT Carlow Basketball at The Barrow Centre, Carlow, on Saturday. Despite a promising opening quarter, the Lakers were eventually overpowered by the home side, who are challenging for a top four place on the league table.

The Killarney side were first out of the blocks and were the sharper side in the first quarter. However the foul count was 11-2 against the Lakers and this allowed the Carlow side in touch. Scotts Lakers led 26-22 at the end of the first quarter but IT Carlow came alive in the second quarter with American Jimmy Gordon in sensational form.

His superb three-point shooting helped his side to take control while Lakers struggled and committed a lot of turnovers. The Killarney side could only manage 12 points in this quarter compared to 30 points from Carlow and it was the home side that led 52-38 at the interval break.

Scotts Lakers responded well in the third quarter with Dan Griffin having his best game of the season, rebounding well under the boards



TOP SCORER FOR SCOTTS LAKERS: DAN GRIFFIN

and converting a lot of scores. The Killarney side stayed in touch to reduce the deficit to 10 points at the end of the third quarter. This was enabled by some good scoring from Cian Clernon and Andrew Fitzgerald while the tactic of putting Antuan Bootle in a man to man defence against Carlow's Jimmy Gordon kept Carlow's American much quieter in the second half.

Carlow led 69 - 59 entering the final quarter as Scotts Lakers kept plugging away and managed to narrow the gap to six points midway through the final period. However they squandered further scoring chances as a

missed easy layup and a number of turnovers gave the advantage back to Carlow. The home side finished stronger and had 11 points to spare in the end.

Top scorers IT Carlow Basketball: Jimmy Gordon 36, Kevin Donoghue 13, Armands Kaikuls 8.

Scotts Lakers St Paul's Killarney: Dan Griffin 20, Antuan Bootle 14, Cian Clernon 13, Andrew Fitzgerald 10, Philip O Connor 10,

HOME GAME CANCELLED

Scotts Lakers were due to play EJ Sligo All Stars in Killarney Sports Centre last Sunday but severe weather conditions and the snowfall in the west of Ireland prevented the visitors from travelling. The match is likely to be rescheduled in the next week or two. With 14 teams in the mens Division One, the league will be divided into two sections in the new year. Depending on results, Scotts Lakers may finish in joint seventh but would probably miss out on a place in the top half of the league due to score difference. There will be a division one shield to compete for in the 1B section while Scotts Lakers also have a national cup semi-final to look forward to against Ballincollig on January 6th.

Its beginning to look a lot like Christmas ...



BEBHINN O'DONOGHUE, AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL. PHOTO: VALERIE O'SULLIVAN



MICHAEL AND EILISH MORIARTY WITH DANIEL AND MOLLY, AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL. PHOTO: VALERIE O'SULLIVAN



THE HEGARTY'S, WHO RECENTLY TOOK PART IN THE JACK & JILL CHARITY CHRISTMAS FUNDRAISER WITH LOCAL PHOTOGRAPHER MARIE CARROLL-O'SULLIVAN. L-R CIAN, CHRISTINE, CLODAGH, SEÁN & JOHN HEGARTY. PICTURE MARIE CARROLL-O'SULLIVAN



MEMBERS OF KERRY YOUTH CHORAL GROUP, PERFORMING IN THE CHRISTMAS CONCERT AT THE CREATIVE IRELAND, KERRY YOUTH CHORAL PERFORMANCE AT THE ACOUSTIC CLUB, INEC, KILLARNEY. THE GROUP ARE TRAINED BY VOICEWORKS DIRECTOR, GEMMA SUGRUE, AND VOCAL COACHES LISA CURRAN & CLARE ADAMS. PHOTO: VALERIE O'SULLIVAN



JERRY, AIDAN AND UNA O'CONNOR, KNOCKANES PICTURED VISITING SANTA AT THE OUTLET CENTRE AT THE WEEKEND. PICTURE: EAMONN KEOGH.



SADHBH MANNIX, PADRAIG KIMMAGE AND LOUISE KIMMAGE, AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL. PHOTO: VALERIE O'SULLIVAN



VISITING SANTA CLAUS IN HIS CHRISTMAS CABIN AT KILLARNEY OUTLET CENTRE LAST WEEKEND WAS AISHA CLIFFORD.



COLM AND CIARAN O'BRIEN, AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL. PHOTO: VALERIE O'SULLIVAN



LUKE, LORRAINE, LUKE AND FRANK SALMON, AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL. PHOTO: VALERIE O'SULLIVAN

Its beginning to look a lot like Christmas ...



UNDER THE CHRISTMAS TREE ... NAOISE CRONIN, AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL. PHOTO: VALERIE O'SULLIVAN



PICTURED AT THE INTERNATIONAL HOTEL FOR THE JACK & JILL PHOTOSHOOT CHARITY FUNDRAISER, THE O'SULLIVANS, EOIN, MAIREAD, AISLING, THADY & CATHAL. PICTURE MARIE CARROLL-O'SULLIVAN



THE O'BRIEN FAMILY EMMA CAOIMHE AND FAYE, AT THE ANNUAL LIGHTING OF THE CHRISTMAS TREE AND VISIT OF SANTA CLAUS AT THE BREHON HOTEL, KILLARNEY, IN AID OF ST VINCENT DE PAUL. PHOTO: VALERIE O'SULLIVAN



MEMBERS OF KERRY YOUTH CHORAL GROUP, PERFORMING IN THE CHRISTMAS CONCERT AT THE CREATIVE IRELAND, KERRY YOUTH CHORAL PERFORMANCE AT THE ACOUSTIC CLUB, INEC, KILLARNEY. PHOTO: VALERIE O'SULLIVAN



DAVID, KAYLEE, ALAN, MELISSA AND EMILY O'LEARY WITH PARENTS MAEVE AND AENEAS O'LEARY, RATHMORE.



STEPHANIE AND MAX REGOSA WITH CHILDREN MAYA AND MARCO REGOSA.



TADHG AND BEIBHINN O'DONNELL WITH THEIR MOTHER FIONA O'DONNELL AND GRANDMOTHER MAUREEN FLEMING.

ABDUCTION VICTIM SHARES THE 3 MOST IMPORTANT THINGS TO TELL YOUR CHILD

On June 4, 2002, Elizabeth Smart and her family attended an end-of-year awards ceremony at her school, where the 14-year-old won several awards for academics and physical fitness. Early the next morning, about an hour after midnight, she was awakened in the bedroom she shared with her younger sister Mary Katherine by the sound of footsteps and the feeling of cold metal against her cheek. A man whispered, "I have a knife to your neck. Don't make a sound. Get out of bed and come with me, or I will kill you and your family." The kidnapper, a man by the name of Brian David Mitchell, led Elizabeth out of the house in Salt Lake City, Utah and marched her for hours through the forest to a camp where his wife, Wanda Barzee, was waiting.

Mitchell and Barzee held Elizabeth captive for the next nine months as they moved between California and Utah. Mitchell raped Smart daily—sometimes multiple times per day—and frequently kept her tethered to a tree. He forced her to consume vast quantities of alcohol and drugs and often did not feed her for days, bringing his captive to the brink of starvation. All the while, Mitchell attempted to indoctrinate Smart in his bizarre religious beliefs and convince her that he was a prophet. The night of Elizabeth's kidnapping, her younger sister had pretended to be asleep in the other bed while silently attempting to observe her sister's kidnapper in the dark. After several months, it suddenly occurred to Mary Katherine that the kidnapper resembled a man who had once worked on their home as a handyman—a person who called himself Immanuel. Police discovered that Immanuel was a man named Brian David Mitchell, and in February 2003, the popular crime detective show America's Most Wanted aired his photograph in an episode. On March 12th, 2003, a passerby recognised Mitchell walking with Elizabeth, who was veiled and wearing a wig and sunglasses. Authorities arrested Mitchell and his wife and returned Elizabeth to her family that evening.

Professionals and all that knew Elizabeth were amazed at how well and how fast she was able to readjust back to the life she had led before her terrible ordeal

On December 10, 2010, more than eight years after the kidnapping, a jury in a federal courtroom in Salt Lake City found Mitchell guilty of kidnapping and transporting a child across state lines for sexual purposes. He was sentenced to life in prison, and Barzee was sentenced to 15 years behind bars for her part in the crimes.

Prior to the 15th anniversary of her harrowing childhood abduction Elizabeth did an "Ask Me Anything" interview on Reddit where users could literally ask her anything. People submitted hundreds of questions, but this was the biggest takeaway from the entire interview: "In your opinion as a children's advocate, what are some practical, commonsense steps parents can take to help their children avoid abuse? (And I guess I mean abuse in a general way, anything from extreme bullying to abduction.)" Elizabeth replied:



DENIS BREEN AND HIS BROTHER BILLY PICTURED VISITING SANTA AT HIS CABIN IN OLD MARKET LANE.

1. Make sure your child knows that they are loved unconditionally, and make sure your child knows what unconditionally means.
2. Make sure that your child understands that no one has the right to hurt them or scare them in any way. It doesn't matter what that person may be: family, friend, religious leader, community leader, it doesn't matter.
3. Should anyone hurt your child in any way they need to tell you.

Please share these three steps with your children today. It could save their life, Elizabeth said.

HANDY HINTS FOR CHRISTMAS:

*Prevent your wrapping paper from rolling across the table when you're not using it by cutting open an empty toilet paper roll and wrap it around the roll of wrapping paper.

*Store your gift bags inside a big shopping bag so they don't get crushed or mislaid, and you can quickly look through your selection.

*Stack your ribbons on a paper towel holder — you'll be able to see all your options, and unspool each ribbon when you want to use it.

* In the weeks leading up to your big Christmas meal, start collecting all the ingredients you need in one place.

* Fill squeeze bottles with icing to make biscuit decorating with children a little less messy and a little more fun.

A FEW PET SAFETY TIPS TO REMEMBER EVERY DAY IF YOU ARE LEAVING HOME:

Extinguish any open flame such as your fireplace and any candles.

Keep any items that would cause a choking hazard out of reach.

Remove any food and household items that are toxic to pets (onions, sugar-free chewing gum, lilies, and weed killer to name a few).

Lock all windows and doors and keep the doggie / cat door latched shut.

HOMELESS MAN GAVE HIS LAST \$20 TO STRANDED MOTORIST:

27 year old Kate McClure of Florence Township, New Jersey, was driving along I-95 headed to Philadelphia but before she reached her destination, she ran out of petrol.

A bit panicked, she was able to get to the

side of the road and got out of her car to walk to a petrol station. She was startled by an approaching homeless man who told her to get back into her car and lock the doors.

A short time later, the man, 34 year old Johnny Bobbitt Jr. returned with a filled petrol can and emptied it into her vehicle. He'd spent his last \$20.

Ms. McClure didn't have any cash on her, but promised to return with "something." In the next few weeks herself and her boyfriend returned to the area with money, food, supplies, and gift cards for her new friend and guardian angel.

When they brought Mr. Bobbitt cereal bars, he offered them some. When they brought gift cards and a case of water, he was excited to take it back and share with "the guys."

With each trip, the couple learned more about the down-trodden good Samaritan. A former paramedic, Mr. Bobbitt had come to Philadelphia on a job lead that fell through. Soon, his savings were depleted and he had been homeless for about a year. Along the way he met a few homeless men and they have since looked after each other.

MORE THAN 50,000 ORANGUTANS AND COUNTLESS OTHER ANIMALS HAVE ALREADY DIED AS A RESULT OF DEFORESTATION DUE TO PALM OIL IN THE LAST 20 YEARS:

Palm oil plantations can pose disastrous consequences for the rights and livelihoods of local communities, their personhood often being ignored for expansion of the palm oil industry and animal wildlife suffers greatly as they are injured, killed, and displaced during deforestation. Orangutans have become some of the biggest victims of palm oil, and are killed with guns or machetes during implementation and harvesting. It also has negative impacts on our environment on both local and global scales, such as soil erosion, air pollution, water pollution, and aiding in our man-made negative impact on climate change.

Where you're likely to find palm oil is a matter much more difficult than asking why you shouldn't as it is a vastly popular product for food production and gained popularity in bath and beauty products like soaps and cleansers. The most likely place you'll find palm oil in your diet and lifestyle is in processed snacks like chocolate, biscuits, ice cream, margarine, granola bars, sweets, crisps, crackers, pastries and frozen pizza. When buying any of these products, it takes only a second to check the back of the product and scan the ingredient list to see if palm oil makes an appearance.

As for personal care and cosmetics items, palm oil can be in just about anything, so it may be easier to search up companies that as a rule do not make use of palm oil in their products than reading the back of every bath and beauty product you intend to purchase.

If you buy a product only to later discover it has palm oil in it don't worry. Accidents happen, mistakes happen. We're only human. The road to an ethical lifestyle has many potholes along the way, but they don't have to stop you dead in your tracks. All we can do is try our hardest to avoid palm oil wherever it may lie and lead

by example.

QUOTE:

"Make ethical choices in what you buy, do and watch. In a consumer-driven society our individual choices, used collectively for the good of animals and nature, can change the world faster than laws"

– Marc Bekoff (Professor Emeritus of Ecology and Evolutionary Biology at the University of Colorado, Boulder, and a Fellow of the Animal Behaviour Society).

ON THIS DATE – DECEMBER 15TH:

1930 - Edna O'Brien, novelist and short story-writer, is born

1938 - Washington sent its fourth note to Berlin demanding amnesty for Jews.

1939 - The motion picture "Gone With the Wind" had its world premiere in Atlanta.

1944 - Bandleader Glenn Miller, a US Army major, was lost in a single-engine plane flight in thick fog over the English Channel en route to Paris.

1966 - Walter Elias "Walt" Disney (b.1901), movie producer, actor and director, died in Los Angeles.

1972 - The Commonwealth of Australia ordered equal pay for women.

1982 - After 13 years the gates connecting Gibraltar Known as the Rock have been opened to allow pedestrian access to Spain. The gates were closed during General Franco's Regime in 1969 as part of the siege of Gibraltar.

1989 - Romanians began their popular uprising that led to the downfall of dictator Nicolae Ceausescu

2000 - The Chernobyl atomic power plant, site of the world's worst nuclear accident, was officially closed down.

2001 - The Leaning Tower of Pisa reopened after 11 years following a \$27 million investment to fortify the structure, while preserving its famous lean

A LAMP THAT HARVESTS ITS OWN ENERGY FROM PLANTS:

Dutch product designer Ermi van Oers and her team are working on the first atmospheric lamp powered by living plants.

The Living Light does not require an electric socket. It can harvest its own energy through the photosynthetic process of the encased plant, which means the potential of this off-grid light source could be "huge" as "street lights could be connected to trees. Forests could become power plants. Rice fields in Indonesia could produce food and electricity for the local population," she said.

The designer is already applying the technology to public spaces and is working with the Dutch city of Rotterdam to light up a park.

THE WHITE-SHOULDERED IBIS IS CRITICALLY ENDANGERED:

The white-shouldered ibis population has plummeted to 500 within the last century. These beautiful birds are the victim of habitat loss, as their native wetlands are being converted into property for plantations and other forms of human settlement, and their



THE VERY EXCITED STUDENTS OF CLEARWAY MONTESSORI PICTURED WITH THEIR TEACHERS L-R LEONIE NOONAN, OWNER CIARA CULHANE & ROSE MANGAN, WITH THE BIG MAN HIMSELF, SANTA CLAUS, ON HIS SPECIAL VISIT TO THE KDYS ON WEDNESDAY MORNING. PICTURE MARIE CARROLL-O'SULLIVAN

eggs are stolen by humans who raid their nests, seeing the eggs as a potential meal rather than housing a growing, living creature.

The loss of this species will cause a great disruption in the ecosystem; their consumption of bugs helps control the bug populations, and the wetlands in which they reside are a vital part of nature. The species is already functionally extinct in Thailand and southern China, with the remaining population still residing in Cambodia.

The industrialisation of Cambodian wetlands needs to be halted, leaving these beautiful natural spaces alone so that these birds can live in peace and slowly rebuild their species if we wish to keep the white-shouldered ibis on this planet.

DID YOU KNOW?

* The little hole or tab at the end of your tape measure is designed to catch and hold the head of a nail or screw - You don't have to ask someone to hold the other end that way.

*That hole on your pasta spoon that lets water drain will also measure out about one serving's worth of spaghetti.

*The "57" on the neck of glass Heinz ketchup bottles makes the ketchup come out faster: Just give it a firm tap.

*While the little hole on the handle of your saucepan is technically made so you can hang the pot, it can also be a handy spot to balance your spoon while cooking.

*You can use a baby toothbrush (kept specially for the purpose) to clean under a toddler's nails, it's both softer and smaller than regular nail brushes.

VENDING MACHINE TO DISPENSE FOOD, CLOTHING TO HOMELESS PEOPLE:

The world's first vending machines designed to be used specifically by the homeless population will launch in Great Britain, just in time for Christmas.

Items contained inside of the machines include water, fresh fruit, crisps, chocolate, sandwiches, energy bars, as well as necessities such as socks, sanitary towels, toothbrushes, and toothpaste,

antibacterial lotion and books.

The idea of using the vending machine to help the homeless was a concept by the charity 'Action Hunger', who has the mission of alleviating poverty and hardship amongst the homeless.

Food will be received from supermarkets, charities, and local shops with excess produce and the charity will also purchase additional items such as socks and sanitary towels. Volunteers will distribute the food and items across their network of vending machines on a daily basis.

Those in need access the machines using a special key card which will be programmed to permit up to three items being vended per day and participants will need to check into the local outreach centre at least once a week in order to keep using it.

Action Hunger plans to install vending machines for the homeless across the United States from the start of next year with sites earmarked in Seattle, New York City and LA.

PLEASE, DON'T LEAVE PETS OUTDOORS WHEN THE TEMPERATURE DROPS:

Dogs, cats, rabbits and all pets get cold, and like humans, they can suffer from hypothermia or frostbite. If it is below freezing, keep walks short and consider a sweater or jacket for short-haired dogs – if they are comfortable wearing them.

No matter what the temperature is, windchill can threaten a pet's life. Pets are sensitive to severe cold and are at risk for frostbite and hypothermia when they are outdoors during extreme cold snaps. Exposed skin on noses, ears, and paw pads can quickly freeze and suffer permanent damage.

If you'd like to support your local shelter or rescue group as they help keep the animals in their care warm and dry, consider donating bedding and blankets! This will ensure the animals stay warm and cozy while they wait for their forever families.



CHRISTMAS - SOME PRACTICAL SUGGESTIONS



Christmas can be a difficult time for even the most robust. At Christmas time there can be high expectations to have a good time which can make it a difficult time for many. People can feel under extreme pressure as they struggle to live up to Christmas expectations. Christmas can cause emotional turmoil among families. Many people are exhausted by the time Christmas arrives. This combined with a busy family time, perhaps too much alcohol and over spending can leave people feeling at a deficit financially, emotionally and spiritually.

For many men, being separated from their families at Christmas can be a particularly isolating and lonely time. At Christmas time, there's a lot of media hype about family and Christmas time by definition is a time for family, for celebration and for happiness. This can all add to the stress one feels around Christmas. The expense of buying gifts coupled with heightened expectation, financial pressures, isolation, and family tensions, can undermine our Christmas Spirit. We have put together some practical suggestions to help your Christmas relatively stress free.

1. Reach out if you are feeling lonely or isolated; seek out someone to talk to. This may be a family member, a friend, your GP or a counsellor.
2. Be Realistic Whilst we may have images of the perfect Christmas from movies and songs– this is rarely the case in reality. Cut yourself some slack this Christmas and remember it doesn't have to be perfect (and rarely will be).
3. Stick to a budget Decide how much money you can afford to spend and then stick to this. Planning ahead can also take much of the stress out of Christmas.
4. Take time for yourself Be sure to factor in some time for you – take a walk, relax whilst listening to music, go for a swim. Spending just 15 minutes alone, without distractions can refresh you and help clear your mind.
5. Stay healthy Christmas can be a time when we overindulge on sweets, cake and alcohol. Try not to abandon your healthy habits and be sure to get plenty of sleep and physical exercise.

At SouthWest Counselling Centre we recognise the challenges people may face at this time. The Centre will be closed from 5pm on Friday 22nd December 2017 and will re- open at 10am on Tuesday 2nd January 2018. If you need to talk to someone immediately or outside of these hours please call The Samaritans on 1850 116 123.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide.** info@kerrylifeline.com To make an appointment call 064 6636416. **SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.**



Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Surf Instructor and Beach Lifeguard (ET1Z3) - Co. Kerry.

The course offers participants the opportunity to develop the knowledge and skills to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 8th January 2018. **Duration:** 25 weeks.

Certification: ISA Surfing Skills Instructor Level 1 Certificate, National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certificate.

Marine Angling Guiding (ET09446) - Fenit.

This course provided participants with knowledge and skills to offer a high quality, safe and professional angling guiding service in accordance with relevant statutory legislation.

Start Date: 15th January 2018. **Duration:** 14 weeks. **Certification:** QQI Level 6 Award.

Bus Driving - D Licence (ET07114) - Tralee.

This course provides participants with the skills and related knowledge in the rules of the road, driving a Large Public Service Vehicle (LPSV), customer service, documentation, first aid, manual handling and fire safety, digital tachograph, technical standards and work experience. Applicants must have a current full Class B Driving Licence and Class D Learner Permit. **Start Date:** 15th January 2018. **Duration:** 14 Weeks. **Certification:** Class D Driving Licence and CPC, Occupational First Aid and CILT Digital Tachograph Certificates.

Construction Ground Work Skills (ET23462) - Tralee.

This course provides participants with the knowledge and skills to construct concrete slabs and paths and to lay kerbs, flags and pavements under various conditions.

Start Date: 15th January 2018. **Duration:** 13 weeks. **Certification:** QQI Level 4 Award.

Intermediate Welding (ET030) - Tralee.

This course is designed to provide industry with personnel who are highly skilled and certified in carbon steel, stainless steel and aluminium welding. Applicants must have a proven track record in basic welding skills. **Start Dates:** 29th January 2018. **Duration:** 19 weeks. **Certification:** EN 287 Certs in Manual Metal Arc (MMA), Metal Inert Gas (MIG) and Tungsten Inert Gas (TIG) and a QQI Level 5 Award in Abrasive Wheels.

CAD - Computer Aided Draughting and Design Course (ET115) - Tralee.

This course offers participants the opportunity to develop knowledge, skills and competencies in 2D and 3D computer aided draughting and design. Participants must have technical drawing and maths in the Leaving Certificate or have an equivalent level of relevant industrial experience or training. **Start Date:** 15th February 2018. **Duration:** 34 weeks.

Certification: City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

ECDL (ETK79) - Tralee.

This course offers participants the opportunity to develop the computer skills needed to work in an office. It covers keyboard skills, computer essentials, online essentials, word processing, spreadsheets, databases, presentation software, and career planning & job seeking skills. **Start Date:** 26th February 2018. **Duration:** 18 weeks. **Certification:** ECDL Award, Level 1 Office Procedures Certificate and Typewriting Certificate.

Digital Marketing with E-Commerce (ET08342) - Tralee.

This course covers the theory underpinning digital marketing and the skills required to carry out routine digital marketing tasks and implement digital marketing solutions. **Start Date:** 12th March 2018. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre

Monavalley, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

<http://kerryetbtrainingcentre.ie>, e-mail: training@kerryetbtrainingcentre.ie





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KILLARNEY OUTLOOKS
WEEKLY SOAP COLUMN
SELF-CONFESSED SOAP ADDICT, JOE
BURKETT TAKES A LOOK AT WHAT'S
IN STORE IN THE SOAPS THIS WEEK

*The big Christmas countdown begins as the plots heat up in
our favourite soaps.*

EASTENDERS

The pressure is growing and the tension is mounting as a desperate Max begins to act dangerously. A concerned Ian is shocked by Max's behaviour while Lauren can't help but fear for her father. Meanwhile, Aidan piles on the pressure leaving Vincent in an uncomfortable situation while Mick receives a very unwelcome visitor. Elsewhere, Tina reveals her greatest fears to Shirley.

CORONATION STREET

It's all kicking off at the factory as Adam and Aidan's feud intensifies. With Aidan desperate to buy the factory from his father, it doesn't take long for the situation to turn into a fracas. Left with no option, Aidan is forced to call in the cavalry - Carla is back. Meanwhile, Toyah and Eva plan on finding Leanne a new man as Steve and Tracy's passion reignites. Elsewhere, one local makes a deathbed confession.

EMMERDALE

The residents of the village reel as one of their own is arrested. But who is it and what is the crime they are accused of committing? Meanwhile, Charity eyes up Vanessa for more romance while Sam and Aaron have some big decisions to make. Elsewhere, Robert is at his lowest ebb.

GARDENING
OUTLOOK

with **John O'Sullivan**

HOW TO TAKE HARDWOOD
CUTTINGS

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Insert the cuttings two thirds into your pots or ground and allow about 4-5 inches between cuttings. Cuttings should be left until the following autumn and remember to water in dry spells.

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The Christmas Edition of Killarney Outlook will be available on Friday 22nd December.

The Killarney Outlook Office will close for the Christmas Holidays on Thursday 21st and will re-open on Monday 8th January 2018.



The Souvenir Edition of Killarney Outlook will be available on Friday 5th January.

Plan your *Christmas* Advertising now...
Only 1 week to go



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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

PADDY O'KEEFFE

Gattabawn, Gneeveguilla Rathmore

Died on 13 Dec. 2016

On the anniversary of Paddy O'Keeffe's death, his wife Eily and sons Mairteen and Denis and extended family wish to express our sincere thanks to all who sympathized with us, attended removal and funeral mass. Those who sent Mass cards, contacted us, called to the house, helped in any way and those who contributed to the Alzheimer's society. Thanks to all priests who attended him and and con-celebrated the funeral mass with Fr. John Lucid R.I.P. Thanks to doctors, nurses, Alzheimer's Society, home help, including Theresa O'Keeffe R.I.P. for their care and kindness. Thanks to the sacristan, Tim and Noreen for the lovely music and singing and to Gneeveguilla GAA for stewarding. Thanks also to O'Mahony Undertakers and grave diggers.

As it is impossible to thank everybody individually please accept this acknowledgement as a token of our appreciation. The holy sacrifice of the mass has been offered for your intentions.



NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. **X**

15th ANNIVERSARY



In loving memory of

DANIEL CRONIN

Late of Gneeveguilla Upper, Rathmore, Co. Kerry

*No matter how life changes,
No matter what we do,
A special place within our hearts,
Will always be kept for you.*



Sadly missed by your loving wife Nora, Daughter's, Son's, Sons-in-law, Daughter-in-law and all your Grandchildren.

Anniversary Mass on Sunday 17th December at 10:00 A.M. in the Church of the Holy Rosary, Gneeveguilla.



Welcome back dear reader it's that time of year again when people go crazy! Every year we mention the same subject warning people to be careful and to be good stewards of their money. Many are recklessly buying expensive gifts with money they don't have, often giving these purchases to people they don't like. Usually it comes about by people being afraid of being judged as being mean if they don't indulge in this sort of buying and giving. It takes discipline to bring our finances into order. The Bible teaches us wisdom in stewarding our money and as we follow that wisdom the Lord will entrust us with more. As a young man I didn't have much sense with money, I started a business and, of course, an overdraft was necessary for it, but I soon learned there had to be another way. I was under extreme pressure trying to make ends meet because no matter how hard I tried there was always something missing. As I began studying the Bible I found a lot of Scripture and wisdom in the area of stewarding money. I saw in Malachi chapter 3 the principle of the tithe which opens the windows of Heaven over us. I hadn't been tithing because I had never heard of this before. In 1989 the bank was bringing me to court – it was a rough time, but I prayed and asked the Lord for deliverance. I began to tithe to a travelling evangelist who at that time was my mentor. My wife and I came into agreement in prayer and after a period of about eight weeks tithing I received a very pleasant letter from the bank – they had decided to write off the debt. You can imagine the relief it was for me and my family. About a year later the same bank wrote to me again telling me that if I needed finance to be sure to give them a call! But I didn't have to. I have never missed a tithe since that time. We tithe into our local church and the first cheque written every week is our tithe. It seems a natural thing to do now and we are completely debt free. It's such a blessing. At Word of Victory people tithe – not under compulsion – but it is the way set forth by the Lord in His Word for us to prosper. My wife and I thank the Lord everyday for giving us this revelation and understanding of God's way of doing things. Read it for yourself friend in Malachi chapter 3. I pray this Word comes to you in the right spirit, God wants you blessed. More next week...

Contact: 064 - 66 22950 E: wovkillarney@gmail.com

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

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Then in his merciful eyes it will become your favour not mine.
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A.B.

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Say this prayer for three days. Publication of prayer and favour will be granted.
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Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
D.B

THE MIRACLE PRAYER

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Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
L.O.S.

LET'S PRAY TOGETHER

Let's Pray Together In The Word
2 Peter 3(9). The Lord is not slack concerning his promise..., but is long suffering towards us, not willing that any should perish, but that all should come to repentance. During the build up to Christmas we wait. There are all kinds of waiting! Christmas is a celebration of waiting. We are waiting for King Jesus to return, as ruler over all the earth. God waits for us to receive his forgiveness, to turn away from sin, and many more things.
Thankyou God that you patiently keep your promises. That you are waiting in the silence. Thankyou Abba Father that you patiently love us, even when we fall short, and let you down.
Amen
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