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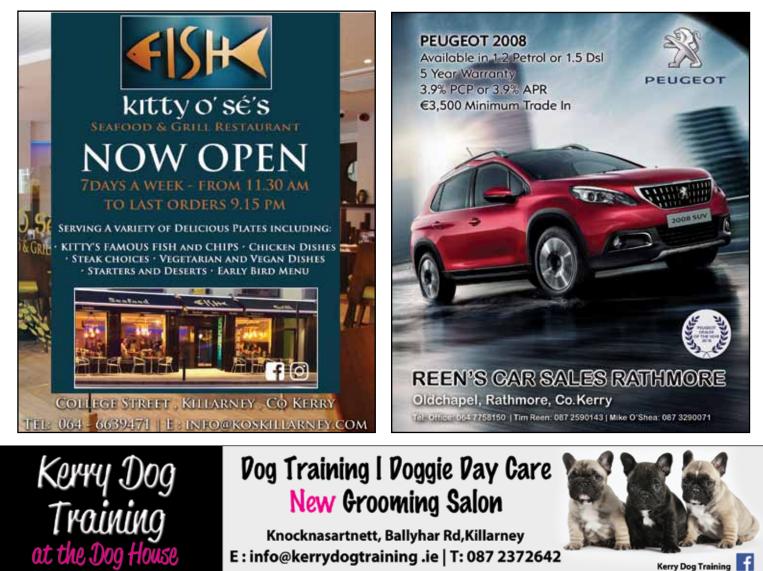


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The home coming at Spa GAA Club, home to East Kerry GAA's captain Dan O'Donoghue L-R Nicola O'Riordan, Captain Dan O'Donoghue, Ronan Buckley (Listry) & Dave McCarthy. PICTURE: MARIE CARROLL-O'SULLIVAN



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EDITOR'S NOTE



fter a 20 year wait - the young guns of East Kerry claimed the Bishop Moynihan Cup in spectacuar fashion at Austin Stack Park on Sunday last.

A tale as old as time is set to take centre stage at Killarney Community College in the coming weeks and the Tree of Light will be lit for Christmas in the grounds of St. Mary's Cathedral.

The Let's Talk Tourism Confernece was a resounding success and we have full coverage on the event, a careers talk and college information day is set to take place and CERT students from the '90's are planning a reunion. All this and lots more in this week's Killarney Outlook - Enjoy!

Aisling Crosbie, Editor 086 0400958 news@outlookmags.com



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

A TALE AS OLD AS TIME...

Killarney Community College stage Beauty & The Beast

BY: PETER DOYLE

Preparations are well under way for Killarney Community College's bi-annual Christmas show Beauty and the Beast which will take place in early December.

The dates for your diary are Tuesday 3rd December and Wednesdy 4th of December and show time is 7pm. The show is a big fundraiser for the school and tickets are available at the school and are \in 10 for adults and \in 5 for children. There will also be a show on the Tuesdy afternoon for the local primary school children. Auditions for the show took place on the 11th sept and the students have been rehearsing every Wednesday afternoon and Saturday since. There are 35 students in the show and the students are from all the school years. Rachael Griffin is playing Belle and Brian Harrington is playing the Beast.

The teachers involved in the production are Mike Lynch, Producer, Eilish O' Leary, Stage Director, Joanna Hughes, Musical Director and Mary Fuller is the costume director.

"The show is about enjoyment and confidence for the students", Joanna Hughes told th Killarney Outlook.

Mrs. Hughes added that the students have a lot of musical talent. The show is drawing near and all the hard work put in by both the teachers and students has all the promise of a memorable production.



The colourful chorus for this years panto 'Beauty & the Beast' at Killarney Community College scheduled for 3rd & 4th December. Tickets are now on sale at the College. **PICTURE MARIE CARROLL-O'SULLIVAN**



Ready to Rock in their leading Rolls at Killarney Community College for this years panto 'Beauty & the Beast' which will take place on 3rd & 4th December. PICTURE MARIE CARROLL-O'SULLIVAN

Donal Walsh #Livelife Foundation up for award

Donal Walsh #Livelife Foundation has been announced as a finalist for the Irish Red Cross Humanitarian Awards.

Kerry teenager Donal Walsh touched the hearts of the nation when he came to prominence through his writings and appearance on Brendan O'Connor's The Saturday Night Show. While Donal battled cancer he became very aware of the effect his illness was having on his family



and friends. Donal's experience of fighting to live spurred him on to address, publicly, an issue which he was in a very unique position to comment on: teenage suicide.

The #LiveLife Foundation was set up after Donal died, to promote his anti-suicide message and to fundraise. Donal found there were not enough facilities in hospices, in terms of teenage mental health and faith, both of which were a big part of Donal's life. Donal's Foundation has now raised and distributed \in 500,000 to help develop these facilities. Donal also worked tirelessly and raised \in 65,000 for the children's hospital in Crumlin.

The winners will be announced at the Irish Red Cross Humanitarian Awards Ball which takes place this Saturday 16 November in the Ballsbridge Hotel, Dublin 4.

ADVERTISING



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TREE OF LIGHT SET TO ILLUMINATE KILLARNEY

Fr Kieran O'Brien, ADM, Killarney Parish, with members of Killarney Chamber of Tourism and Commerce, Christmas in Killarney committee, From left, Kate O'Leary, John O'Mahony, Paul Sherry, President of Killarney Chamber of Tourism and Commerce, Cllr Niall Kelleher, Cathaoirleach Kerry County Council, Cormac Foley and Terrence Mulcahy. PHOTO:VALERIE O'SULLIVAN

GENEROUS KIDS PUT OTHERS FIRST

Pupils and staff, along with their families from Loreto National School put together Christmas boxes, filling them with toys and everyday goods which we sometimes take for granted. The response was amazing and everybody came on-board. We received over 80 boxes. We really appreciate the huge effort that everybody made. The pupils were delighted to learn about Team Hopes many different initiatives around the world. These gifts will be transported to many different countries including Kenya, Albania and Kosovo over the coming weeks just in time for Christmas. Thanks to everybody for making this wonderful project possible.





3,000 sparkling lights, a magnificent 100ft Californian Redwood tree and the spectacular grounds of St. Mary's Cathedral are set to provide the amazing setting for the Killarney Tree of Light.

The project is an exciting collaboration between a Christmas in Killarney Festival sub-committee and the Killarney parish and it will create a wonderful focal point in the town in the lead up to and during the festive season.

The lights will be officially switched on following a special ceremony which will be held in St Mary's Cathedral on the evening of Sunday, December 8.

Killarney Parish Administrator, Fr Kieran O'Brien, and the project committee have extended a warm invitation to all community groups, schools, clubs and organisations, families and individuals to join in what promises to be a wonderful community celebration.

The Tree of Light was first lit to mark the millennium year when it commemorated all those who lost their lives in the conflict in Northern Ireland and it was again illuminated in the mid 2000s to remember those who had been killed on Irish roads.

This year's project is all about community and it will celebrate the fact that Killarney is such a wonderful town to live in at Christmas and right throughout

the year.

The feature Californian Redwood tree, which has been standing for over 100 years, is located immediately adjacent to a Famine graveyard on the grounds of the cathedral and it is one of the most visual and photographed natural attractions in Killarney.

It will greet tens of thousands of visitors passing the cathedral on their way to and from Killarney during the forthcoming festive season.

The tree is being fitted with up to 3,000 lightweight, energy efficient bulbs and the preparation and installation work will commence in the coming days.

The sub-committee spearheading the Tree of Light project is chaired by Vice President of Killarney Chamber of Tourism and Commerce, Cllr Niall Kelleher, and the others involved are Terence Mulcahy, Padraig Treacy, John O'Mahony, Claire Scally, Cormac Foley and Killarney Parish Administrator, Fr Kieran O'Brien who is representing the parish.

Fr O'Brien, said it is wonderful that the Tree of Light will return after an absence of many years and it will bring something very special to Killarney for the Christmas season.

"People are still talking about how magical it was back in the millennium year and it is a very exciting project for all of us to be involved in," he said.

Dance the night away for Sr. Consillo

A dance in aid of Cuan Mhuire Treatment Centre will take place at the Charleville Park Hotel on Monday night November 18th. Organised by John Joe Herlihy, proceeds from the dance will to

towards this worthy cause. Cuan Mhuire is Ireland's largest voluntary provider of Addiction Treatment Services and Residential Rehabilitation.

It's main objective is the rehabilitation of persons suffering

from alcohol, drug and gambling addictions. The Cuan Mhuire Programme is based on the philosophy of total abstinence and strives to restore the confidence, self-respect and sense of responsibility of all participants. Dermot Lyons Band will provide the music on the night and tickets will be on sale on the door at €10 each.

The night begins at 9pm and will end at 11.30p.m.



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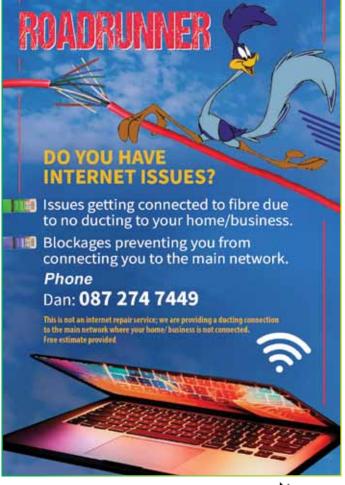
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KILLARNEY MAN ON THE WORLD STAGE

The CEO of Universal Access, Paudie Healy attended two international conferences in travel and tourism in Dubai recently.

Paudie first took to the stage to speak about Planning, Strategies and Polices for developing accessible and inclusive destinations at the Dubai Accessible Tourism International Summit which was attended by members of the UAE Royal family and a range of International delegates.

"The government's policy and what they are implementing through a rage of initiatives and programmes is for everyone visiting Dubai and the UAE to able get a world class person centric tourism experience. They are also very aware of the 8 trillion economic spend that people with disabilities have and the changing age demographic that are retired and travelling six to seven time per year with disposable income to spend on accessible and inclusive destinations", Paudie told the Killarney Outlook.

"This is an exciting time for the UAE and especially Dubai hosting the expo2020 next year which they want to be fully accessible and inclusive for the 25million visits they are anticipating for the event", Mr Healy added.

Following this, he spoke on eliminating barriers in aviation through a universal design approach at the International Air Transport Association (IATA) Global Accessibility Symposium. This was attended by leading world aviation stakeholders from regulatory/policy/designers/ technology/airports/customer experience stakeholders looking to identify operational best practices and innovative technologies that will enable all persons to have accessible and inclusive travel experiences.

"The energy and drive in this conference was incredible, it was a real honour to be part of and I looked forward to continuing his relationship further with the international association and their members in a journey that has now commenced in developing accessible and inclusive travel for all", Paudie said.



CERT STUDENTS PLAN 2020 REUNION





As the new 5 screen cinema is taking shape on Park Road, Killarney, a reunion is also taking great shape, for students & teachers alike for CERT Hotel School Reunion of the former Torc Great Southern Hotel from '95-'97.

The hotel itself operated as usual in the high season and as a CERT Hotel School in the off peak for more than 30 years, where the students 'boarded' at the hotel, Monday-Friday, and travelled home to various different counties for the weekends. It was a great asset to train people in all aspects of hospitality, now a thing of the past.

The school shut its doors to CERT in 2000 under Pauline Lyne and the reunion which is well underway for Feb 2020 is for the specific years of Sept 1995 - April 1997.

"A whatsapp group was started by a Clare student, Elaine Keehan with just two numbers on the group. Now the numbers are reaching almost 100 with another hundred or so still outstanding", Marie Carroll O'Sullivan, a former CERT student and Killarney Outlook photographer said.

If you were a student yourself over this period or if you know anyone, country wide, that may have attended the Torc Hotel School over this period only, please send an email to elainekeehan@gmail.com, to be added to a nostalgic Whatsapp Group, in preparation for February for what promises to be a night full of fun, taking a trip down memory lane, in Killarney of course!

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28 Killarney Holiday Village, Muckross Road Superb opportunity to acquire an excellent property on a well maintained holiday development opposite Killarney National Park. This three bedroom townhouse (1,065 ft²) is ideally situated on the Muckross Road within walking distance of Killarney Town Centre and Muckross House and Gardens. Ideal holiday home or investment opportunity. GUIDE PRICE €185,000

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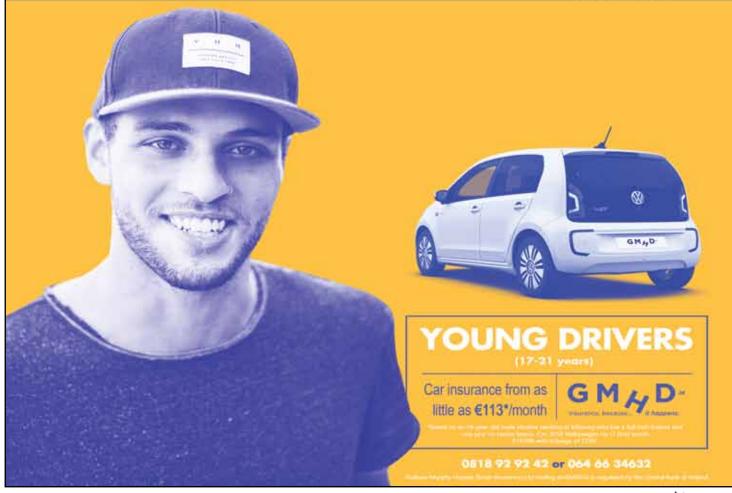
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Zions Way, Firies Village 'Zions Way' is an impressive detached family home (approx1,900 ft²) located in the heart of Firies Village. This four bedroom home has been well maintained by its current owners. Outside to the front of the property is generous parking area. 'Zions Way' presents a rare opportunity for any discerning buyer seeking a family home in a peaceful location yet close to all amenities.

GUIDE PRICE €240,000

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Christmas is Covered

Well and truly on, we all know that feeling of mild panic and general anxiety as you think of everything you need to do.

This year you can relax completely as the best ever Christmas Craft and Food Fair comes to the main mall downstairs at Killarney Outlet Centre on Sunday 24th November from 12 to 6pm.

As part of the Christmas in Killarney Festival, this well established Craft and Food Fair offers a wide and eclectic range of quality local arts, crafts and food products. Christmas Shoppers can shop early and avoid the usual last minute rush for presents, with truly unique and special Christmas gifts all under the one roof.

Prepare to be mesmerised by the sheer quality and craftsmanship of the many beautiful items on display. Everything is handmade from natural materials and bears the distinctive mark of the eye and hand of their creator, be it weaving, cheese, a piece of pottery or woodcarving, candles or chocolates!

A selection of quality local food producers will be tempting passers-by with their unique delicious products and offering you the chance to rediscover the joys of the fresh quality foods still being produced in Kerry with such care and dedication. Shoppers won't be able to resist the smell of fresh waffles, the allure of jams, preserves and pates or the taste of traditional home baking. For the sweet of tooth, there are sumptuous handmade chocolates, fudge, and Christmas confections.

With free entry and ample car parking nearby, why not solve all your Christmas shopping headaches in one fell swoop on Sunday 24th November at the Christmas Craft and Food Fair at Killarney Outlet Centre from 12 pm to 6 pm.

Fire breathing dragons & circus in churches The National Circus Festival of Ireland celebrates its 18th edition

The National Circus Festival of Ireland will celebrate its coming of age in style this November 14th-17thin Tralee. Founded in 2001 by Con Horgan of Fanzini Productions, the festival has blossomed to become the western lighthouse for contemporary circus in Europe today. Taking over the town of Tralee in various venues indoors & out, the festival will bring some of the world's greatest contemporary circus artists to Tralee as well as offering workshops for all ages & levels, talks, parades, independent circus film screenings & parties where you can dance the winter nights away.

Highlights include;

- The Irish premiere of Fauna by Fauna Circus in Siamsa Tíre Theatre on Friday November 15th. -Circus Siamsa, a specially curated, totally unique gala show on Saturday November 16th -Workshops in any circus discipline from absolute beginners to masterclass levels. -The very special double bill of contemporary

circus companies Cikada & Tea Time, presented in the beautiful St Johns Church of Ireland, Ashe Street, Tralee on Saturday.

-Independent film screening of The Pitts Family Circus, by Irish circus star & film maker Ken Fanning of Tumble Circus on Thursday 14thNov.

-The festival finale parade, Sunday 17th will light up Tralee with skill & joy, then enjoy the incredible skill & comedy of BubbleCirkusShow for free in the town square afterwards.

The National Circus Festival of Ireland is supported by The Arts Council of Ireland, Creative Ireland, Kerry County Council, Failte Ireland, Siamsa Tíre, IOMST & Tralee Chamber Alliance. For more more information, full programme & tickets see www.circusfestival. ie

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SEMANTERINE (GRICS

Contact Donal Culloty 064 6631274/087 2354790

KILLARNEY, CO. KERRY Sherry FitzGerald T: 064 6631892 F: 064-6634652 M: 087 2668591 E: INFO@SFMC.IE Coghlan WWW.SHERRYFITZ.IE & WWW.DAFT.IE Licence no: 003568 FOR SALE WOODFIELD, PARK ROAD, KILLARNEY Exceptional opportunity to purchase a large 0.25 acre site in prime location on Park road with residential/ commercial re-development potential. The existing dwelling was constructed in the 1940's and is in need of complete modernisation. Price Region: €250,000 BER) G NICK'S RESTAURANT, LOWER BRIDGE STREET, KILLORGLIN Nick's Restaurant & Gastro Bar is a staple of Kerry's fine dining in the heart of Killorglin on the Ring of Kerry. This is one of the famous old restaurants of Ireland est since 1976. This is a unique opportunity to purchase award wining 120 seat licensed premises & restaurant. Price Region: €480,000 Ber Exempt

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OUTLOOK PROPERTY



Killarney Hotel Recruitment Event for 2020 Launched

The second Killarney hotels recruitment fair was launched this week with to date 7 hotels involved. The event, which is organised by South Kerry Development Partnership through The SICAP programme, aims to assist job seekers and employers in the hotel sector with vacancies to meet in a more informal setting. It also offers both the jobseekers and the employers the opportunity to meet a large range of potential employers and employees on the same day. The event targets job seekers both with experience in the hotel sector already but also those who are seeking a change in career and who can take up many different roles within the hotel sector.

SKDP Enterprise Officer Joanne Griffin, who organises the event, said that the first event proved to be so successful this year it was decided to go ahead with it again in 2020. "Of the almost 100 job seekers who attended the event, more than one third of them secured employment with hotels who attended on the day" Joanne said. Both the hotels and the jobseekers who attended also found the event very useful as it gave them the chance to get to know each other in a setting outside the direct workplace she added. The 2020 event will be held in February.



Pictured at the launch are Back Row: Emer Corridan and Mary Kelly. Middle Row: Sarah Mannix, Noel Spillane and Kathryn Cronin and front Milandi Basel and Joanne Griffin.

The current hotels involved are The Great Southern Hotel Killarney, The Cahernane, The Gleneagle Group, the Muckross Park Hotel, the Aghadoe Heights Hotel, The Killarney Park and The Lake Hotel. Joanne added that she would welcome any other hotels in the greater Killarney area who are interested in

taking part in 2020 to get involved. "If they are interested they can simply contact me by e-mail at jgriffin@skdp.net or 087 6152660 before the 6th December so that we can get them involved" Joanne concluded.



Discover the magic of Christmas at Muckross

Save the date, Muckross Garden Restaurant launch their first 'Christmas Lights Switch On' event taking place on Sunday 24th November from 1-4pm. Bring the whole family for a festive Sunday lunch & take in their lavish Christmas decorations and festive fun with Santa arriving from the North Pole at 2.30pm to light up the Muckross Christmas Tree.

The Muckross Christmas magic continues with an exclusive festive shopping evening on Thursday 28th November from 6-9pm in the Muckross Craft Centre. Tick the gifts off your Christmas list with a wide range here in the craft centre all at great discounted prices, up to 25% off. Enjoy a mulled wine & mince pie reception while soaking up Christmas Carols.

Shop local this Christmas & treat a loved one to local crafts with a stunning range of handcrafted Muckross pottery. Margaret Phelan, the Muckross potter has created a huge range of gifts from candle holders, ramekin dishes, coffee mugs to Christmas decorations.

Cluid Development to allocate properties

At the November 2019 Killarney Municipal District meeting, the Chairperson, Councillor Michael Gleeson, asked that Kerry County Council would provide an update on the Cluid development at Rock Road, Killarney. The Council replied that this Clúid development has now moved to the Allocation Of Property Stage. The Housing Investigation Officers of Kerry County Council are at present



finalising the proposed nominations for the scheme in accordance with the prescribed formula. There will be allocations for 44 one bedroom accommodation and 15 two bed accommodation units. This will be completed in the next few weeks.

Councillor Gleeson welcomed the Council's statement as there is a very great need for public housing in the Municipal Area.

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Old Market Lane Killamer Co Kerry

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MONEY MATTERS..

By Dermot Cronin, Financial Advisor



WHEN CAN YOU ACCESS YOUR PENSION & WHAT ARE YOUR OPTIONS WHEN YOU WANT TO RETIRE?

Many pensions can be accessed from age 60, a lot of the rules depend on whether you are an employee or self employed. If you are coming close to retirement you are probably wondering what options you have when you want to get access to your pension. It depends on what type of pension you have but generally there are four options:

Tax Free Cash : Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

Taxable Cash: You may be able to take sum of your pension in taxable cash. Annual Pension: This is a guaranteed income for the rest of your life that is purchased with the money left after your tax free lump sum.

Approved Retirement Funds: You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income.

It is extremely important that you take your time and have all the options explained to you in plain simple English and that you understand all your options clearly before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with a financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

To discuss the above or any other matter Dermot Cronin QFA can be contacted at 0646622775 or dermotcroninifa@gmail.com

OUTLOOK PROPERTY





The Munster Property Auction in partnership with William Hennigan Auctioneer offered for sale on 28th November 2019 at Rochestown Hotel, Cork. The property constructed in 1983 is well finished internally and the high quality choice of decor and furnishings further enhances the attractiveness of this fine property. The property C3 has been insulated to the highest modern standard with high efficiency and low cost heating.

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Sick leave absence management policy - a guide for employers

An Employer needs to have a policy in place which sets out clearly what procedure is to be adopted when an employee is absent through illness. This allows you and employees know what exactly is going to happen, and the procedure to be followed.

It's fair because it will apply to all employees.

This policy should make clear:

- 1. Whether there is a sick pay scheme.
- 2. What the notification and certification requirements are when an employee is out sick.
- That the employee can be required to attend a doctor nominated by the employer for medical assessment.

Medical certs - when, and how frequently, are they required?

You can decide how soon you require a medical certificate from an employee, it's your decision-but make it clear in your policy document.

The duration of the medical cert should also be specified. It is helpful also, to define in your policy what is: short term absence, what is long term, and what is unauthorised absence.

Return to work follow up

- When the employee returns to work, you should:
- 1. Acknowledge the return to work
- Request staff to submit a "fit to resume" doctor's note, by the resumption date, the submit a "fit to resume" doctor's note, by the resumption date,
- following long term sickness absence.
- 3. Try to facilitate a partial return to work where the employee requests it.

In any event, you should interview all employees, regardless of how long they have been out or their illness, prior to their return to work.

For help, support and advice on the above or on any of your HR & Payroll needs please feel free to contact us.

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Careers Fair and Information Talks to mark College Awareness Week

The brand new Kerry Sports Academy at the Institute of Technology, Tralee, North Campus will host information talks organised by the Kerry Branch of Guidance Counsellors to celebrate College Awareness Week on Tuesday, November 19th at 7pm and 8pm and a Careers Fair on Wednesday, November 20th from 9am to 1pm.

" CHOOSE A JOB You love, and You will never Have to work a Day in your life"

The Careers Fair which takes place on Wednesday, November 20th is open to the public and all second level schools from 9.00am to 1.00pm and admission is €3.00. This event gives the perfect opportunity to all second and third level students, their parents and adults who are returning to or progressing in their education to meet staff from a huge variety of education providers. Universities, Institutes of Technology from throughout Ireland will have stands at the event as well as some colleges from the UK and Europe. Post Leaving Certificate Colleges (PLCs) from Kerry, Cork and Limerick will be represented as well as Agricultural colleges, the Defence Forces and An Garda Síochána. Organisations providing apprenticeships and traineeships such as Kerry Education and Training Board and those



Member of the Organising Committee of the upcoming Careers Fair & Information sessions, from left Guidance Counsellors - Bernie Slattery (Brookfield College & St. Michael's Listowel) Mary Dowling (Kerry College of Further Education, Listowel Campus) Eibhlín Ní Mhuicheartaigh (Gaelcholáiste Chiarraí) Niamh Dwyer (Scoil Phobail Sliabh Luachra, Rathmore) PHOTO: DOMINICK WALSH

offering more practical and skills-based training such as the National Learning Network Kerry will also be in attendance. Representatives from SUSI Grants, HEAR (Higher Education Access Route) and DARE (Disability Access Route to Education) will be available to answer any queries from students, parents and adults returning to education. Information talks for students on PLC and Apprenticeships will take place at various times during the day.

Information talks for parents and adults will be held on Tuesday evening, the 19th. Admission is free and they provide parents with the opportunity to support their son/daughter in this important decision. Similarly any students and interested adults are welcome to attend the relevant talks. The times are as follows: 7pm & 8pm: SUSI Grants

7pm:Information on the CAO system for parents

EUNICAS (Colleges in Europe) HEAR (Higher Education Access Scheme) 8pm:Options for Adult Learners UCAS (Colleges in the UK), DARE (Disability Access Route to Education)

Spooky Sprint raises Fantastic Funds



Ann Marie O Leary, one of the organisers of the halloween charity "Spooky Sprint Fun Run", held recently in Kilcummin, presenting half the proceeds, \in 550 from the event to Claire Troth of Kilcummin Parents Association. Also in photo are Sean & Ciara O Leary and Sarah & Stanley Troth.

Following a hugely successful Spooky Sprint Fun Run in Kilcummin, the proceeds of the event were presented to two different recipients this week.

One of the organisers of the event, Ann Marie O'Leary this week presented Marie Flynn at the Fuschia Ward at Killarney Community Hospital with a cheque for \in 550, which was half of the proceeds raised.

Marie and the staff of the Fuschia Ward, expressed their gratitude and appreciation for being chosen as one of the beneficiaries of this event, now in its third year. They plan on putting the money to good use and to invest in areas that will impact directly on those who use the services of the Fuschia Ward.

The other half of the proceeds, €550 will benefit the Kilcummin Parents Association and the money

raised will help to offset some of the costs of the individual students insurance cover which is enjoyed by all the pupils of Kilcummin National School" stated Claire Troth, treasurer of Kilcummin Parents Association.

Ann Marie went on to thank everyone involved in the event, those who helped in any way to make it happen and all those who participated on the day. " We're so delighted that this event is enjoyed by so many and indeed helps to raise funds for the pupils of Kilcummin National School and our chosen charity for this year, the Fuschia Ward in Killarney Community Hospital who do such wonderful work with those who suffer with dementia. We're looking forward to next years event already", she told the Killarney Outlook.

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CALL FOR NOMINATIONS FOR THE LEE STRAND/KERRY GARDA YOUTH ACHIEVEMENT AWARDS 2019

The Lee Strand/Kerry Garda Youth Achievement Awards 2019 was officially launched on Friday, November 8th in Tralee Garda Station. The awards are held for youths between the ages of thirteen and twenty one years and recognise the great contribution young people have made and continue to make to their communities in Kerry. The awards will be presented at a celebratory awards ceremony in the Ballyroe Heights Hotel, Tralee on Friday, January 24th, 2020.

This year twenty Merit Awards will be presented to individuals who have made a positive contribution to their community and make it a better place to live. A Group Award will also be presented to groups of two or more people who have made an impact to their community. The Special Achievement Award will be presented to an individual who has overcome difficult circumstances, has defied all the odds and whose commitment deserves recognition. A Community Safety Award will be presented to an individual who through crime prevention or a safety initiative/innovation has made their community a safer place to live. The Overall Winner of the Lee Strand/Kerry Garda Youth Achievement 2019 will also be presented.

Chief Superintendent Eileen Foster stated "It is so important to recognise that the youth of this country are the future and they have something to say and that we within an Garda Síochána should be prepared to listen too. It is important to recognise their excellence in the area of sports, arts, culture, charity or caring for a



relative or friend. The awards have a positive effect on our wider community and I would like to extend our appreciation and thanks to Lee Strand for their continued sponsorship and support over the past 22 years."

John O'Sullivan, General Manager, Lee Strand stated "Lee Strand has a strong commitment to supporting initiatives within the local community and we are delighted to support the Kerry Garda Youth Achievement Awards since 1998. The awards provide a great opportunity to celebrate and recognise the achievements of the young people of Kerry, who have made a positive impact within their

local community."

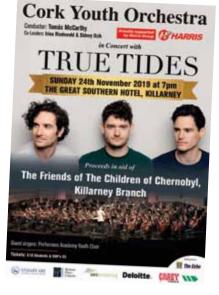
The closing date for receipt of nominations is Monday, December 9th, 2019. Any member of the public can nominate a young person whom they feel has made a contribution to their local area. Nominations are accepted from individuals, community and voluntary groups, schools and youth clubs/organisation. The winners will be selected by a panel of judges who are community volunteers from around the county under the chairmanship of Chief Superintendent Eileen Foster, An Garda Síochána. Nominations are available from any Garda Station in Kerry; K.D.Y.S.

Cork Youth Orchestra to Perform in Killarney

The annual treat that is the visit to Killarney by the Cork Youth Orchestra will take place on Sunday 24th November in The Great Southern Hotel at 700p.m. The concert is a fantastic opportunity to introduce children to the world of classical musical and is the perfect start to the Christmas festivities. The Cork Youth Orchestra under the baton of Tomas McCarthy will be joined this year by True Tides - Cian, Conor and Eoghan MacSweeny. The 3 Irish brothers have been playing music together their whole lives, developing an energetic sound with a sharp-edged pop dynamic driven by guitars and electronics with layered vocal harmonies at its core. The concert is held every year in aid of the Friends of the Children of Chernobyl and costs ≤ 10 for adults ≤ 5 for students and OAP's and tickets will be available on the door on the night.



Freephone:1800 71 4040





PROUDLY SUPPORTS The Kerry Garda Youth Achievement Awards 2019

Garda Youth Achievement



An Garda Síochána KERRY DIVISION



The Kerry Division of An Garda Siochána in association with Lee Strand Milk are holding awards for young people, between the ages of 13 years and 21 years, in recognition of the great contribution young people have made and continue to make to their communities in Kerry. Awards will be presented at an awards ceremony at the Ballyroe Heights Hotel, Tralee on Friday, 24th January, 2020.

Twenty **Merit Awards** will be presented to individuals who have made a positive contribution to their community and make it a better place to live. A **Group Award** will also be presented to groups of two or more people who have made an impact on their community. The Special Achievement Award will be presented to an individual who has overcome difficult circumstances, has defied all the odds and whose commitment deserves recognition. A **Community Safety Award** will be presented to an individual who through crime prevention or a safety initiative/innovation has made their community a safer place to live. The **Overall Winner of the Lee Strand/Kerry Garda Youth Achievement 2019** will also be presented.

If you would like to nominate a young person for these awards please complete the nomination form and return same to the Juvenile Liaison Office, Garda Station, Tralee, before 12 noon on **Monday**, **9th December**, **2019**.

Nomination forms are available at all Garda Stations and KDYS Nomination forms are also available to download on www.leestrand.ie

For further information contact 066 710 2311

KILLARNEY HOTELS *lead the way*

n Friday 8th of November, Killarney Hotels Sustainability Group launched their 2020 charter at The Let's Talk Tourism conference which took place at The Great Southern Hotel, Killarney. A total of 22 hotels have signed the novel sustainability charter as a core principle of their business with an initial aim of cutting their carbon emissions by 25 per cent.

The pact, the first of its kind in the hotel industry in Ireland, is aimed at the implementation and operation of a single use plastic free environment in their respective businesses which account for 2,500 of the 3,500 hotel bedrooms in the town.

The collaboration was officially launched by Minister of State for Transport, Tourism and Sport, Brendan Griffin, prior to the annual National Tourism Forum Let's Talk Tourism conference in Killarney at the weekend. The aim of the group is not only to reduce carbon emissions but to share best

practice when it comes to sustainability. The hotels involved have individually and collectively set about reducing and eliminating single use plastic from their businesses and they anticipate that, going forward, several other hotels will sign up to the pact.

"We live in the most beautiful part of Ireland, visited and much admired by people from all over the world. As business leaders, we need to step up and work towards protecting our environment for future generations," said Marcus Treacy, Operations Manager of the Killarney Park and Ross Hotels who is spearheading the sustainability charter group. "This is just the start. We want like-minded people and businesses to join us in this common goal," he added.

Addressing the National Tourism Forum,

Mr Treacy acknowledged that hotel leisure centres can consume up to 30 per cent of the energy used in a property but taking steps like favouring green electricity and ensuring better ventilation can help get the balance right.

ets talk tourism!

Meanwhile, in addition to jumping from 37th position to enter the top 20, Kerry has been confirmed as the most improved destination in the GDS-Index which is a collaborative international organisation ranking business tourism destinations in terms of how sustainable they are for hosting meetings, incentives, conferences and events.

Becky Hargrove, Manager of Kerry Convention Bureau said: "As a small regional destination in the south west of Ireland, we are absolutely thrilled. This was achieved by demonstrating significant sustainability improvements, essentially doubling our score on last year".

Becky Hardgrove, Kerry Convention Bureau, Ciara O'Grady and Breffni Ingerton, The Gleneagle Group pictured at the Lets Talk Tourism annual conference at the Killarney Great Southern Hotel on Friday. PHOTO: DON MACMONAGLE



Patrick o'Donoghue, Gleneagle Group, Jimmy Dunne, Conor O'Connell, Glen Fia House and Senator Paul Coghlan. **PHOTO: DON MACMONAGLE**

Ireland will be the natural arrival point

From a tourism perspective, Brexit has the potential to be very destructive for Britain but it could lead to many advantages for Ireland, influential UK travel writer and broadcaster, Simon Calder, told the Let's Talk Tourism forum in Killarney.

Several EU workers who are currently helping the UK to thrive will leave and they could possibly come to Ireland but there is widespread confusion about what will happen in terms of British people travelling abroad.

"People don't know what the rules will be in terms of mobile phones or passports when travelling but it could lead to an increase in visitors from continental Europe coming to Ireland as it will be the natural arrival point," Mr Calder said.

By opting to visit Ireland instead they won't have to worry about passports or visas, driving licence regulations, mobile phone roaming charges or the non-acceptance of European health insurance cards.

"Brexit, for all its appalling ugliness, is going to be positive for Ireland as it is the one place you can go in Europe where you don't have to worry about these things.

"The prospects for Ireland are very encouraging as it can capitalise on being an English speaking, cultured destination and it will be the natural arrival point for visitors from continental Europe," Mr Calder said.





Tom Randles, Randles Hotel, Jenny DeSaulles, Failte Ireland and Mike Buckley, Kerry Coaches pictured at the Thys Vogels, Ballygarry Hotel, Michelle King, The Rose Hotel and Padraig Lets Talk Tourism annual conference at the Killarney Great Southern Hotel on Friday. PHOTO: DON MACMONAGLE

McGillycuddy, Ballygarry Hotel pictured at the Lets Talk Tourism annual conference at the Killarney Great Southern Hotel on Friday. PHOTO: DON MACMONAGLE

Food Key TO UNLOCKING TOURISM SUCCESS

 $\mathbf{F}^{\mathsf{ood}}$ has enormous potential to extend the tourism season and it can be a big driver of the economy if it is marketed properly, the Let's Talk Tourism forum heard.

Jenny De Saulles, Director of Industry Development with Fáilte Ireland, said prior to visiting Ireland, people don't consider it to be a food destination and are arriving with low expectations but, post visit, they are pleasantly surprised by the quality and it is repeatedly stressed by them.

"Food must bring the culture of a place to life. They want to meet the maker and the producer and they want an opportunity to make it themselves. Food trails and networks are the key to that," she said.

Fáilte Ireland is playing its part in the promotion of Ireland as a food destination with a total of 775 food and drink experiences, including over 50 headline events and 320 festivals and other events forming part of the extensive Taste of Ireland promotion with a €1.5m marketing promotion. A Fáílte Ireland food-themed media

campaign reached a TV audience of 2.8 million, press advertisements were seen by 2.3 million and a social media campaign reached over two million.

Michele Shirlow, MBE, Chief Executive of Food Northern Ireland, told the forum that there has been a 23 per cent rise in food tourism up north following a focused campaign to promote the sector.

"There has been a massive growth in new producers with fabulous over industrialised. When they leave they are surprised by the good food experience," she said.

Ms Shirlow said a big attraction is that the likes of gin, cider and whiskey makers are all coming together to tell a story and it's a hands-on experience. "Visitors can go out in a boat in the morning and catch their own mackerel for their breakfast and visit a local gin distillery in the afternoon to enjoy the whole food experience," the Food NI chief added.



ingredients. Where we are strong Marcus treacy, Killarney park Hotel, Alice Thompson, Experience Ireland Golf & Travel is short supply chains and it's not and Claire Scally, Killarney GSH pictured at the Lets Talk Tourism annual conference at the Killarney Great Southern Hotel on Friday. PHOTO: DON MACMONAGLE



Danielle favier, Failte Ireland and Paul O'Sullivan, Killarney Towers Hotel pictured at the Lets Talk Tourism annual conference at the Killarnev Great Southern Hotel on Friday. PHOTO: DON MACMONAGLE

GRIFFIN'S VISION IS FOR A NETWORK OF GREENWAYS

The development of greenways, such as the development from Fenit, the forward sustainable of Ireland, Kerry TD and Minister of State Griffin, has insisted.

said an additional €4.5 million was Нe provided in the Budget for the greenways network and that was in addition to the €23.5 million previously secured to be spent before 2020 and the money would be spent on the creating new projects and advancing existing

they really tie in with the theme of sustainability. With our old canals and our old railways, we have these marvellous gifts from the past that previous generations sweated blood and tears to put in place and we owe it to those people to make the most of those brilliant pieces of infrastructure, many of them from the 19th century and Victorian times," Minister Griffin

generations and that epitomises sustainability.

In one action, we can turn what are seen as symbols of decline and negativity and economic depression into opportunities for the current and future generations".

The Kerry TD said he is trying to secure as much funding as possible for the development of greenways.

"My vision for this country is that we will have an integrated network of greenways all over the island, starting here in Kerry of course," he said.

"We must ensure that we have them linked up so that someone can literally get off a plane, rent a bike and never have to get into a car or a bus or anything else while they're here".

BUSINESS OUTLOOK

GROW YOUR BUSINESS HERE - WITH US!

This week the Killarney Outlook looks closer at Griffin Brothers and Browne's of Castleisland while John Cleary launches his new book.

Focus on quality pays off for Griffin Brothers

Quality and safety have always been paramount for Kerry-based Griffin Brothers Contracting Ltd. The company was honoured with a Higher Distinction at the 2019 NISO All-Ireland Occupational Safety Awards, having been an award recipient in 2018 as well.

Director John Griffin - who oversees the second-generation family business alongside his brothers Gerard (MD) and Dan (director) - said that the company are delighted with the achievement. "This is recognition of all the effort that is invested into health and safety," he said. "A lot of time and effort is put into health and safety throughout the company, from director level and by our QEHS manager Padraig Foley through to the staff. It pays off and it's nice to be recognised at the NISO awards."

The family-run building and civil

engineering contracting company was established by Monty Griffin in 1973. Over the past four and a half decades, Griffin Brothers has worked on projects across a wide variety of sectors, from industrial and commercial to hospitality, demolition and bespoke private luxury homes.

Griffin Brothers believe that strong teamwork between clients and designers is key to the safe and successful delivery of every project to the highest standard, on time, to specification and within budget. As a company, Griffin Brothers Contracting are dedicated to maintaining the highest levels of health and safety on each project and their system has been accredited to an A grade standard by Safe-T Cert while, as members of NISO, they have received numerous awards and distinctions throughout the years. Griffin Brothers Ouality



Harry Galvin, president, National Irish Safety Organisation; John Griffin, company director, Griffin Brothers Contracting Ltd; Sharon McGuinness, chief executive, HSA; John Thompson, chairperson, Northern Ireland Safety Group.

Management System is certified under the ISO 9001:2015 Quality Management standard, which was implemented by management to ensure the company meets and exceeds client requirements and expectations.

Griffin Brothers Contracting have become synonymous with the highest-quality workmanship and project delivery throughout the Kerry, Cork and Limerick region, working for clients, including the OPW, Cork County Council, Liebherr, Dairygold, Bus Eireann, UCC, Astellas Pharma and Killarney Hotels Ltd (5 star Europe & Dunloe Hotels). "From small to large projects, we focus on delivering a quality service", said John. "It all comes down to quality and we have a very good reputation for delivering projects not just to the highest standards but also on time and within budget. We've enjoyed a few good years and have pulled off some large, highprofile projects in recent years in Co. Kerry, where we are now firmly established as one of the leading main contractors"

"Our health and safety systems operate to a very high standard and it costs time and money, but it's worthwhile and we reap the rewards," John concludes.

Christmas comes early for Brownes Customers



fantastic €7,000 in prizes are up for grabs at the annual Brownes Home, Agri and Builder's annual Christmas giveaway. Based in Castleisland the

store are offering a massive thank you to all their customers and every time you purchase an item at the store you can enter the draw. First prize is a $\in 2,000$ Shopping Voucher for Brownes, second prize is a $\in 1,500$ shopping voucher while 3rd, 4th and 5th prizes are certain to take the chill out of the winter with 2 tonne of premium Polish coal, 1 ton of premium Polish coal and a half ton of peat briquettes up for grabs.

Brownes is based in Cahereen and pride themselves on providing top quality, value and service as local suppliers of home, agri and building supplies.

TRALEE PHOTOGRAPHER SNAPS HISTORY IN THE MAKING

Top Kerry photographer John Cleary has a keen eye for catching day to day life in Kerry and has now produced some of his stunning images in his fourth book which is set to take Kerry by storm. Tralee in the Good Old Days is hot off the press and will be launched in Tralee Library on Tuesday night 19th of November at 7.30pm by Radio Kerry presenter and journalist Deirdre Walsh. Featuring more than 300 unique black

and white images depicting life in Kerry from the 1990's to the present day, the book is set to become a collector's item and an invaluable social history of the period.

Through the Lens, was the first best selling book of photographs by the Tralee based photographer from his extensive archives and featured more than 500 black and white images taken in the 1970s. His second book, Twas Only Like

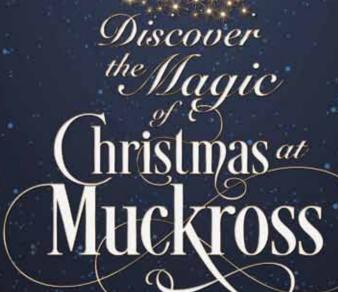
T'was Only Like Yesterday, was launched in 2017 and a year later he launched As Time Goes By.

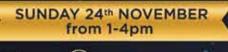
John Cleary had been involved in photography for the past 50 years as a wedding photographer, capturing more than 2,150 happy couples on their special day, and as an established press photographer.

In his latest book, John Cleary has also profiled a number of Tralee personalities including Mark Leen, Eddie Shanahan, Ena O'Shea, Oliver Hurley and Jimmy McDonnell.









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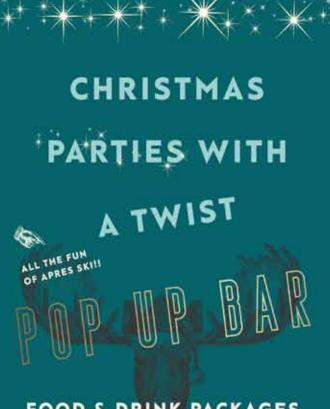
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KILLARNEY/ LONDON REUNION

The Killarney London reunion take place this weekend in The Crown Hotel in Cricklewood and a group of 70 people from Killarney are heading to the UK captial for th weekend. This year's Person of the Year Award goes to

Jack Ryan who left Killarney when he was 18. Originally from Park Road, Jack went to work in London as many did, he worked hard as a labourer before setting up his own company in construction utilities employing nearly 100 in London.

Chairman of the event is Cllr. Donal Grady who told the Killarney Outlook that they are expecting a crowd of over 200 this year. "This is a great event for people from Killarney living in London and we are delighted to be honouring Jack Ryan this year", he said.

KWOTE

Killarney Women's Organisation for training & Empowerment monthly meetings will be on Wednesday November 20th at 8pm in Scotts Hotel.

Guest Speaker will be Florist Breeda Nagle of Breedas Flowers.

POETRY LAUNCH

Jimmy Cullinane will launch his poetry book at Hughes Bar in Cordal, tomorrow Saturday 16th November between 2pm and 5pm - All are welcome.

THE 80S ARE BACK!

Grab your leg warmers for the ultimate 80s Winter Music Extravaganza

Forever Young's Winterfest to feature Howard Jones, Tony Hadley, Nik Kershaw, Go West, Nick Heyward, Altered Images, The Christians and many more

Dec 6th - 7th, INEC Killarney

Day tickets are on sale from \in 75, while weekend tickets are priced at \in 145 including all the entertainment on offer. 80s music revellers can stay in accommodation onsite, come in their campervan or caravan, or utilise the huge choice of accommodation options for all budgets in beautiful Killarney - details of which can be found on the festival website.

Like their summer event, Forever Young Winterfest is a music event with a heart, set up to raise money for animal welfare, in



Supporting the Quiz Night for Sully at the Gleneagle Hotel on Friday were L-R Colm Cooper, Céitílís Ní Bheaglaoich, Karen Cooper Myers & Mark Cooper. **PICTURE MARIE CARROLL-O'SULLIVAN**

partnership with the ISPCA.

Tickets are available from Ticketmaster outlets, and further information and updates on the festival can be found on Facebook or at foreveryoungfestival.ie/winterfest/.

GREAT SOUTHERN'S CHILDREN'S CHRISTMAS GIFTBOX APPEAL

The team at Great Southern Killarney, part of Hayfield Family Collection, have joined forces with Focus Ireland to support homeless families in Munster with a Children's Christmas Giftbox Appeal. Hayfield Family Collection will be donating and purchasing over €7,000 worth of toys, clothes and gifts for children in need. As part of this project, Great Southern are inviting members of the public to also join their special gift giving event and will be hosting The Great Wrap Day in the Grand Foyer of Great Southern Killarney from 11am to 4pm on Saturday the 23rd November.

Kind citizens are all invited to call into Great Southern from 11am on the 23rd of November to drop off additional children's gifts (for ages 0-12 years) and those generous gift givers will be rewarded in turn with some delicious treats of the season within the fabulously festive feel of Great Southern, as well enjoying as the priceless pleasure of knowing that they have created some very special memories for our community's most needy childlf you would like to donate, please drop off your gift to Great Southern Killarney on Saturday November 23rd from 11am-4pm or join Santa & his Elves from 3pm – 4pm. Please note that all gifts must be new.

BLUE BELL PLANTING MISSION ROAD

Following on from 2018's very successful bluebell and bulb planting on Mission Road, the Looking Good Committee are planning further planting on Mission Road on Saturday 16th November with 2 sessions from 9am-11am and from 11am – 1pm. No experience necessary. To confirm attendance please contact 064-37928 or killarneylookinggood@gmail.com

KILLARNEY PARISH SILVER CIRCLE

- Week 5 Results

1st Prize €500: Anne O Shea, O'Sullivan's Place 2nd Prize €250: Kitty O'Grady, Ardshanavooley Winners of €100 each are as follows;

Robert & Ben Cussen, Upper Lissivigeen Harry Bolger, Lewis Road, Adam Walsh, Swallow's Nest, Tralee Rd Mary & Billy Mahony, Blackwater, Dan Morris, Knockeragh

Winners of €75 each are as follows;

Catherine & Mary O'Leary, Rock Road Rose Tangney, Dromhall, Woodlawn Rd Joe O'Shea, High Street. Rosemary Lynch, Brewesterfield Dermot & Berrnie Lenihan, Inchicullane Chris



McGough, Tralee Road

Bridie O'Carroll, Mangerton View Tenny Dempsey, Knocknaskeha. This week's prize money is sponsored by: Macs Restaurant, Castlerosse Hotel, Ashville Guesthouse, Deros Tours & Killarney Credit Union

KMS NEWS

Killarney Musical Society had another great week. Choral rehersals began with great enthusiasm, Choreography rehersals began this week also so its all go as we begin our Joseph journey. The society were delighted to provide the pre-dinner entertainment last Saturday night at the Irish Retailers Awards banquet in the Great Southern Hotel. We are looking forward to performing this Saturday night at the Comfort for Chemo charity concert in The Heights Hotel. Til next week....Go Go Go Joseph.

CALLING ALL QUIZ BUFFS

MEK Galaxy Quiz Night. 8pm tonight Friday 15th November. The Golden Nugget Bar. Tables of $4 - \notin 40$. Fantastic spots prizes on offer with a night full of fun for all the family. This is a fundraiser for our ever growing club. All monies raised will go toward the development of club facilities and to continue the growth of this family club.

MASS

Mass for deceased members of ESB will take place in the Prince of Peace Church in Fossa on Wednesday 20th November at 7.30p.m. There will be refreshments afterwards in The Golden Nugget, Fossa. All welcome.

PARISH BAZAAR

Glenflesk Parish Bazaar will take place on Sunday, November 17th at 3.00pm in St. Agatha's GAA Hall, Glenflesk. Tickets for the Parish draw can be returned at any time and can also be purchased on the day. Dried goods and contributions for hampers can be given to the bazaar organisers or dropped to O'Brien's shop Glenflesk or O'Donoghue's shop Barraduff. Please check the expiry date on any goods being donated. Many thanks for your generosity and support.

GOLF CLUB AGM

The AGM of Killarney Golf & Fishing Club will



Enjoying "Dine" L-R Sinead McCarthy, Mananger Maurice O'Donoghue, Head Chef Chad Byrne, Donnacha McCarthy with his dog Aero, Maeve Keane & Catriona Nolan. **PICTURE MARIE CARROLL-O'SULLIVAN**



Out in force to support the Quiz Night for Sully at the Gleneagle Hotel on Friday evening were Front Row L-R Nicola Brennan, Anna Moloney, Majella Fleming & Tracy Lyne. Back Row L-R Marguerite Whitley, Alanna Lyne, Sharon McCarthy, Max McCarthy, Mia Cronin, Christopher Lyne & Michelle O'Sullivan. **PICTURE MARIE CARROLL-O'SULLIVAN**

be held in the main clubhouse this Wednesday, 13th November at 7.00pm

ANNUAL GARDA MASS

Annual Garda Mass for current and deceased members of An Garda Síochána Retired Members Association (Killarney/Cahirciveen branch) will be celebrated on Thursday November 21st at 7.30pm in Killarney Oaks Hotel, Muckross Road, Killarney. Families of current and deceased members of An Garda Síochána Retired Members Association are invited to attend. Serving members of An Garda Síochána and their families are also welcome.

DIRTY DANCING ON STAGE

Dirty Dancing – The Classic Story On Stage, is returning due to phenomenal demand to the Gleneagle INEC Arena. Tickets from €39.70 available from www.inec.ie or www. ticketmaster.ie from 9am on Friday, 15th November and would make an ideal Christmas gift idea!

World class technology at Stack O'Brien Opticians

Stack O'Brien Opticians have invested in the latest technology to bring to the area, a globally acclaimed instrument – an OCT, which digitally scans and photographs your eyes.

"Our eyes are amazing, complex and precious, and deserve the best possible care, treatment and attention", Diarmuid O'Sullivan from the New Street based opticians told Killarney Outlook.

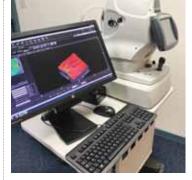
So why is this service so important and what makes this technology superior? In summary, this technology monitors and scans the human retina, which is a thin and sensitive tissue at the back of the eye. This complex structure supplies the retina with blood. Everyone's retina is different – indeed, a set of identical twins do not share similar patterns. Sometimes, retinal patterns may be altered in the cases of diabetes, glaucoma or other retina degenerative disorders.

A retinal scan of a patient's eye can instantly pick up any changes to the health of the eyes and we will be able to advise on the next steps you should take. It's a quick and comfortable non-invasive treatment. You can even get to see

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YOU STAY MOTIVATED



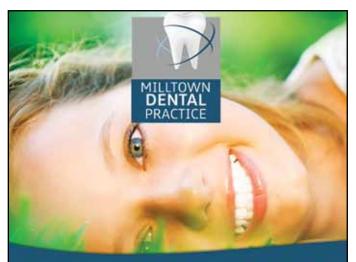
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THE IMPORTANCE OF TAKING REST DAYS AND ACTIVE RECOVERY WHEN TRAINING OR EXERCISING REGULARLY

CONTINUED

What's an activity that can help women stay strong, burn calories, and build healthy bones? Strength training. Before you say "no thanks" to weights, take some time to challenge your preconceptions and learn about the importance of strength training for women.

Research has shown that from the age of 30 women who don't do some sort of resistance training start to lose muscle mass, this decreases every decade. This decrease in muscle mass has a knock-on effect, muscles become flabby which can affect strength and mobility which can cause other bone health issues.

Resistance training can be anything from body weight exercise/ bands/ kettlebells/ dumbbells/ barbells to weight training and Olympic lifting.

B WELL FITNESS CLUB: 087-7643449 www.fitnesswithedele.com

POSITIVE VIBES POSITIVE LIFE



Beating the Winter Blues!

12 million people across Northern Europe are thought to be affected by the winter blues at some point during the colder months.

As the nights draw in and the weather turns increasingly colder, here are my top tips for beating the winter blues and making winter a season of nourishment and replenishment.

My top 3 Coaching tips for beating the Winter Blues

• Stay Active! Even a fifteen-minute walk will increase your feel-good factor. Try getting out in the day as early as possible or at lunch time to really recharge your batteries and energy levels.

• Change your mind set! How we think affects how we feel. So, instead of choosing to think

Astrid Longhurst

Life & Body Confidence Coach **T: 066 9766374** E: life_coachingunlimited @yahoo.ie of the darker days and cold weather, choose to experience winter as a time for wrapping yourself up in cosiness and warmth. Create a beautiful environment by lighting candles and take time to sit by the fire. Use this time as a space for reflection and replenishment and to take stock of where you are in your life and what you want.

• Eat yourself happy! Food plays a huge factor in how we feel. Make sure that you are eating seasonal foods as much as possible and increasing your deep green leafy plants and vegetables. This helps boost vitamin D and C levels which support the immune system.





- ADVANCED Neuromuscular Therapy - Structural Integration

- DEEP TISSUE MASSAGE
- TRIGGER POINT DRY NEEDLING
- ELECTRO-DRY NEEDLING
- LYMPHATIC DRAINAGE



TREATING A RANGE OF INJURIES, CONDITIONS & CHRONIC PAIN INCLUDING:

SHOULDER, LOWER BACK OR NECK PAIN, HEADACHES, SPORT INJURIES, POSTURAL IMBALANCES, NERVE ENTRAPMENT, TRIGGER POINTS, SCIATICA, LYMPHOEDEMA, BREATHING PATTERN DISORDERS AND MORE..

MEMBER OF THE ASSOCIATION OF NEUROMUSCULAR PHYSICAL THERAPISTS (ANMPT.IE) TREATMENTS OFFERED BY THESE MEMBERS ARE COVERED IN LINE WITH THE POLICY DOCUMENTATION FOR CUSTOMERS OF LAYA HEALTHCARE AND IRISH LIFE HEALTH.

SINFO@GARYMOYNIHANNMT.IE WWW.GARYMOYNIHANNMT.IE MINISH, KILLARNEY, CO. KERRY EIRCODE: V93 Y5X4





Monavalley Campus



Kerry College of Further Education & Training is the largest provider of further education and training in the County. We offer a range of further education and training programmes in three areas: courses for employment, courses for progression and apprenticeships.

COURSES FOR PROGRESSION & EMPLOYMENT

CODE	COURSE TITLE	START DATE	DURATION/ WEEKS
CEM01	Community Energy Mentor Become a champion of sustainable energy technologies at com	13 November munity level.	12 (P/T)
ETS283	NEW Digital Journalist & Radio Producer Traineeship Broadcast Radio, Podcasting, Digital Storytelling. Only one in In	18 November eland.	50
TRS36R	Wind Turbine Maintenance Technician Traineeship Unique industry-led traineeship with 100% job placement. Only	18 November one in Ireland.	38
ETS9209	NEW Digital Marketing & Sales Traineeship An all-new sales focused Digital Marketing Training Programme	18 November a.	48
ETON1	Reception & Clerical Skills, Killarney Start your journey in Office Administration and Customer Service	25 November .e.	19
ET20D	Food Preparation and Cooking, Dingle An excellent introduction to the Culinary Arts.	25 November	20
TRSY20	Broadcast Production Skills Traineeship Nationally renowned traineeship for crew skills. Only one in Ire	25 November land.	52
ET07114	Bus Driver - D Licence Gain D-Licence & CPC. Pre-Requisite: D-Licence Learner Permit	25 November	12
ET09383	Heavy Goods Vehicle Driver - C Licence (Rigid) Achieve C-Licence & CPC. Pre-Requisite: C-Licence Learner Per	2 December mit.	8
ET10122	NEW Software Development Diploma Accelerated bootcamp programme by Code Institute. Only one	2 December in Ireland.	15
ET008	Coded Pipe Welding Get ASME IX and EN 9606-1 certified.	13 January	24
ET08734	European Computer Driving Licence V6 (ECDL) Master your PC skills. Internationally recognised qualification.	17 February	18
ET08813	NEW Computer Aided Draughting & Design Newly Revised & Updated. Become a qualified CAD Technician	24 February	34
ETS95	Retail Skills Health & Beauty (Pharmacy) Traineeship Comprehensive training for pharmacy and over the counter sal	2 March es.	39
ET07114	Bus Driver - D Licence Gain D-Licence & CPC. Pre-Requisite: D-Licence Learner Permit	2 March	12
ET07062	Manual & Computerised Payroll & Bookkeeping, Killarne Become job ready in this essential business skill.	y 23 March	13
ET20D	Food Preparation & Cooking Fantastic introduction to the culinary arts.	11 May	20
ET3R6	NEW Construction Ground Work Skills Develop key construction and groundwork skillsets.	18 May	22
ET08585	Digital Photography Learn the craft of digital photography.	25 May	14

Browse/Apply www.kerrycollege.ie

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info@kerrycollege.ie

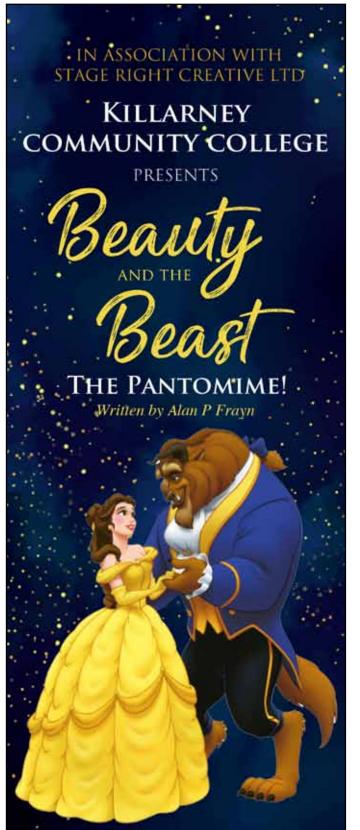


EUROPEAN UNION





Courses are offered subject to demand. Limited places available on certain courses.



SHOW DATES: Tues 3rd & Wed 4th December at 7pm

TICKETS: ADULT €10 - STUDENT/CHILD

AVAILABLE IN THE SCHOOL OFFICE T: 064 6632164



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SPA GAA

COISTE NA NÓG AGM The Spa GAA Coiste na nÓg AGM took place at the clubhouse last Monday evening. Chairman Seamus Moynihan welcomed the large attendance with detailed reports from the Secretary, Officers and Coaches. Seamus thanked all his dedicated officers, players, coaches, parents and volunteers for their valued time and help during the year, with special mention to the social fun walks that took place around Killarney for our health and wellbeing and the Scór report was also praised for the dedicated competitors and various East Kerry, County and Munster titles won in 2019. The following officers were elected for 2019: Chairman: Seamus Moynihan Vice Chair: Pa Murphy Secretary: Andrew O Sullivan Registrar: To be filled Treasurer: Noelle Casey Asst Treasurer: Noreen O Connor **PRO: Anne Holland** Schools Officer: Shona Daly Delegates: Paudie Horgan and Denny Doolan Coaching Officer: Aidan Cahill LOTTO **GET WELL WISHES** The club wish a speedy recovery to lan O'Connell following a recent illness EAST KERRY MINOR CHAMPIONSHIP

Division 4 Final Spa 4-6 Fossa 3-10

Spa and Fossa met in Fitzgerald Stadium on Saturday afternoon and after a highly entertaining game, just a point separated the sides at the end.

O'DONOGHUE CUP QUARTER FINAL

Sunday November 17th: Spa v Currow (in Spa at 2pm)

CO. CHAMPIONSHIP FINAL: East Kerry 2-14 Dr Crokes 1-7

Congratulations to East Kerry on their win over Dr Crokes last Sunday in the Co Championship final, bridging a 20-year gap to bring the Bishop Moynihan Cup back to the East Kerry Board. With Dan O'Donoghue as captain, Spa also celebrate the honour of hosting the captain's 'homecoming' celebrations on Monday night. Special mention to everyone from Spa involved with the side: Sean Cronin (selector), James Devane, Brian Lynch, Dan O'Donoghue (captain), Evan Cronin, Liam Kearney, Michael Foley, Shane Cronin, David Spillane, Michael McCarthy, Niall McCarthy, Eoin Fitzgerald, David Carroll.

Numbers drawn: 4, 5, 12, 22. No winner and €50 Lucky Dips going to Sean Fenton, Geraldine Murphy, The Kerry Stars, Tim Corcoran and Jon Crowley (Annual ticket holders monthly draw). Next week's draw will take place in the Arbutus and jackpot is now \in 6800. Play online or in usual outlets.

Written by: Deirdre O'Sullivan-Darcy

TAFT CUP MUNSTER U15 FINAL

Commiserations to St Brendan's on the Taft Cup U15 Final against CBS Tralee which was a curtain raiser for the Co Final on Sunday. Spa have 3 players with the team - Timmy Moynihan, Luke O'Neill and Oran Daly

SPORTS HALL & MEETING ROOM HIRE

Meeting Rooms and Sports Hall available for hire. For enquiries contact Eileen on 0876577312 (after 6pm only) or Ann on 0879403508

SYMPATHY

Sympathy is extended to Marian Cussen and family on the passing of her husband Oliver Cussen (RIP), Dublin

SPA GAA MERCHANDISE

All pre-orders for Spa merchandise and Spa gear will need to be in by Friday November 15th – we have a range of adult and juvenile tops, tracksuits, bags etc. Contact Mathilda on 0876487356

CLUB NOTES

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays

KILCUMMIN NEWS

MONTHLY BINGO

Mastergeeha F.C. Monthly Bingo will be held on Monday November 25th in Kilcummin, Recreational Hall. Doors open 7.30pm. Eyes down 8pm. Jackpot €500.

FRESH DOOR AND GRAVE WREATHS

Door Wreaths €13.50 and grave wreaths €11 available for sale at the Kilcummin Recreational Hall on weekend of Saturday 7th and Sunday 8th of December after Masses. Please contact Mary 087-6447536.

VACANCIES

Vacancies presently exist on the C.E Scheme. These positions involve assisting (1) Community Care in the organising of their weekly Day Care facility & (2) Gardener in Killarney. It is for 19.5 hours per week. This is a development opportunity and no experience is necessary as full training is provided. Contact your local Intreo Office to check your eligibility. If interested please forward your CV to the Supervisor at the Rural Development Office. Full details contact John 086-1579381.

I.C.A.

Work night will be held on Wednesday 13th November at 8pm in the Rural Development Office. All ladies welcome.

FOLK, LAND AND LIBERTY

Kilcummin: Folk, Land and Liberty, A Local History by Conor Doolan will be launched in the coming weeks.

CLOTHES COLLECTION

Kilcummin Looking Good Clothes Collection on Saturday 23rd and Sunday 24th November



Ready for Road to Lahinch, Ciara O'Leary seated centre at the Village Inn Kilcummin with family & friends for her pre wedding celebration party. **PICTURE MARIE CARROLL-O'SULLIVAN**

opposite the Church before and after all Masses. Please include trousers, jeans, footwear in pairs, handbags & pyjamas. No work uniforms, work shoes, pillows, duvets or towels.

KILCUMMIN CHRISTMAS CRAFT FAIR

Kilcummin Christmas Craft Fair will be held in Kilcummin Recreational Hall on Saturday 7th December (6pm-9pm) and Sunday 8th December (11am-1pm). Raffle tickets for hampers on sale with proceeds going to Parkinson's Association Kerry.

COMMUNITY GAMES

The AGM took place on October 30th. We would like to acknowledge the work done by outgoing

committee members Geraldine Foley and Pat O Connor. We thank them sincerely for their dedication to Kilcummin Community Games and the many opportunities they gave to young people in the area over the years.

BASKETBALL

Anyone interested in playing basketball for Kilcummin in the Community Games, please contact the following people: U11 mixed team-Aisling (087)7751834, U13 Boys team-Pat (087)8072064, U13 Girls team-Darragh (087)6800654. The county competitions will be held In January.



14-17TH NOV 2019, TRALEE, CO.KERRY

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Written by: Michael O'Mahony | Email: momahony14@gmail.com

RATHMORE | GNEEVEGUILLA NEWS

TEACH ISEAGAIN RATHMORE

split the Pot in Association with Rathmore Community Council with Rathmore Ravens, Sliabh Luachra Cycling Club & Sliabh Luachra Men's Shed. Be in with a chance to win.

Tickets available from ticket sellers & in local businesses. Tickets \notin 2 each or 3 for \notin 5. Yearly Ticket \notin 90. 3 Yearly Tickets \notin 250. Last week's draw was held in Centra Bar The winner won \notin 214 Helena Lynch.

RATHMORE SOCIAL ACTION GROUP SANTA'S GROTTO AT TEACH ISAEGAIN

We only have a few afternoon places left for our Santa's Grotto so call us on 064 7761000 to avoid disappointment and book your child's place . Christmas Craft Fair at Teach Isaegain

Our Christmas Craft Fair will be taking place on Sat. 7th December on the same day as our Santa's Grotto.

If you would like to book a table (only \in 20) and sell any items old or new :-) give us a call to book a table :-)

TUREENCAHILL BRIDGE CLUB RESULTS FOR OCTOBER

7th.. 1st Joan Taaffe & Patsy Walsh

14th..1st..Maureen O Leary & Bertie O Leary 21st..1st..Maureen O Leary & Bertie O Leary 28th..1st..Bridget Buckley & Kate O Sullivan Bridge Continues Every Monday In Tureencahill Community Centre @ 7pm. 15 New Members Always Very Welcome Contact 085 1741551. SYMPATHY to families & friends Ann Bluckley

nee Cahill of Cahill Bar RathmoreJohn (Johnny) Reen Couneragh, Headford, May they rest in peace

EAST KERRY SCOR NA NOG Finals sponsored

FOSSA NEWS

CONDOLENCES:

The club was very saddened to hear of the passing of Dave Geaney. A great Fossa man in every sense of the word, we will miss your smile, your humour and most of all your generosity. Rest in peace Dave from all in Fossa GAA. Fossa minors:

EAST KERRY DIVISION 4 FINAL:

Fossa 3-10 Spa 4-06. Fossa win by a point.!st Quarter Fossa 1-04 Spa 1-02. Emmett O'Shea punched a goal in 11th minuteSpa got two goals in succession just before half time.Spagot 4th goal in 9th minute of 2nd half to go 8 in front, but a goal from a free by Emmett O Shea in the 11th minute of the second half brought Fossa back into the game. The Score with 15 mins left was Fossa 2-08 Spa 4-05Fossa were still three points behind when William O'Brien got the equalizing goal in 24th minute. Emmett O'Shea put Fossa ahead with a pointed free and despite a lot of Spa pressure the Fossa defence held on to win by narrowest of margins. Congratulations to all the players and management who have now won 3 competition's this year.Fossa Team: Keelin O'Brien, Joe Cahillane, Padraig Talbot, Cian Doyle, Harry Buckley, Ruairi Doyle, Rian Colleran, Eoin Talbot, (0-01), Colm Talbot, Jack Clifford, Killian Buckley (0-02), William O'Brien(1-00), Darren Cronin(0-01), Emmet O'Shea (2-05), Harry Kelly(0-01). Sub Eoin Myers.

EAST KERRY:

What a weekend for our club and the East Kerry team fantastic game and result for the players,management and especially the two mighty Fossa men Paudie and David Clifford who put in stellar performances. Man of the match Paudie Clifford. Final score:East Kerry 2-14,1-07 **SEM:**

Well done to the sem who defeated Rathmore by a score line of 1-10,3-03.



A glass of wine before the blind folds go on for 'Dine in the Dark' at Brehon Hotel in aid of NCBI Front Row L-Brendan O'Riordan, Heather Sheldon & Ed Sheldon. Back Row L-R Stephen Sheldon, Noirin Sheldon, Margaret Moriarty, Michael Moriarty and Sommilier Adrian Berci. **PICTURE MARIE CARROLL-O'SULLIVAN**

by Killarney Credit Union

Saturday 30 November 2019 – starting at 12 noon Venue: Fossa Community Hall CLOSING DATE FOR ENTRIES – 16TH NOVEMBER 2019 to be send to scor officer -Amy Reidy 087-7042464. or email: amyreidy@ymail.com

SENIOR COUNTY CHAMPIONSHIP

congratulations to East Kerry team & Management winning the Kerry County Senior Football Championship 2019 after a great overall team performance.

Special congratulatuons to Gneeveguilla players Pa Warren, Darren Brosnan, Padraig Doyle, DJ Murphy,

Final score East Kerry 2-14 Dr Crokes 1-7.

SHARE THE BUCKET

The Gneeveguilla Community Development Council in association with the Gneeveguilla Basketball club had our weekly draw for our share the bucket on Friday evening 8th/011/2019.

The Jackpot was \in 183 Congratulations to Paul Carroll the winner of this weeks jackpot of \in 183. To be in with a chance of a guaranteed jackpot play in local businesses as per poster,OR PLAY ONLINE.

NOTES

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail. com)or ring or text 087--6676817. before 6pm sunday.

Written by: Shane Kelly

Supporting the Quiz Night for Sully at the Gleneagle Hotel on Friday were L-R Catherine Casey, Mary McCarthy, Michael Casey, Ciara McCarthy, Kay O'Leary, Cathy O'Sullivan, Sheila Curtin & Aileen O'Sullivan. **PICTURE MARIE CARROLL-O'SULLIVAN**

Hanley

all winners.

Emmett O'Shea 1-03, Harry Buckley and Ruairi Doyle all started and played very well . FOSSA BRIDGE CLUB

NORTH/SOUTH

 Neilus O'Regan and Ciaran Broadbery
 John O'Shea and Therese McCarthy O'Shea **EAST/WEST** 1 .Mary Bowler and Neil Allen 2. Kathleen Guerin and Finola

3.Mairead Courtney and Patsy

Cronin 3.Tim and Mai Corcoran. Congratulations and well done to

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Experience the Audi 2020 Range at The Audi Cork Test Drive Event at The Rose Hotel, Tralee, Sunday November 17th, 11am-4pm

Audi Cork

Bandon Road Roundabout, Bishopstown, Cork T12 P903. T: 021 491 8400 E: info@audicork.ie www.audicork.ie KERRY PLANT & TOOL HIRE





Kerry Plant & Tool Hire Woodlands Industrial Estate, Killarney, Co.Kerry Email: kevin.kerrytoolhire@gmail.com Business Hours: Monday - Friday 7.00am - 6.00pm • Sat: 8.00am - 5.00pm

TRAVEL BUG BECKONS for top chef Paul

Celebrity chef, Paul Treyvaud will continue to entertain his fans following the announcement that Virgin Media Ireland will broadcast Treyvaud Travels early in 2020.

Treyvaud's Kitchen was premiered on Virgin Media Two in April of this year and very quickly catapulted Paul Treyvaud, owner of Treyvauds Restaurant in Killarney with his brother Mark, as a household name as Irelands most unconventional chef. Virgin Media Ireland were so impressed with the shows ratings that it is currently being repeated on their premier viewing platform, Virgin Media One, Tuesday nights at 8.30pm and is again hitting massive ratings.

Treyvaud Travels is a nine episode series seeing Paul travel all over Ireland, showcasing some of the most stunning natural rugged beauty that Ireland has to offer, meeting incredible producers and characters a long the way and cooking up a storm in the most unique of locations that Ireland has to offer. One episode is filmed in Killarney showing the stunning Lakes of Killarney, Muckross House and Cardiac hill.

Paul confirmed his huge news as always by doing a Facebook Live broadcast on Monday night but his incredible news didn't stop there He went on to disclose more fantastic news that Amazon Prime has just acquired his show Treyvauds Kitchen filmed with Dundara Productions which will now be broadcast to a worldwide audience to over 200 million subscribers on one of the worlds largest



streaming platforms. Treyvaud's Kitchen is currently being aired on Virgin Media One Tuesday nights at 8.30 and will soon be available worldwide on Amazon Prime. Treyvaud Travels will commence

broadcasting on Virgin Media Ireland in 2020.

LEFT; Trash and Treasure Fair recently held at the Beaufort Community Centre raised €1020 towards the renovation funds.John O Sullivan, Padraig O'Sullivan, Kim Kelleher, Margaret O'Shea. Kim handing over cheque to the Beaufort Community Council.

RIGHT; Pictured at the conferring Ceremony were BA (Hons) in Fine Art Print Contemporary Practice graduates Alannna Ryan, Limerick City and Katie Phelan, Castlemaine Co. Kerry. PHOTO: ALAN PLACE



ADVERTISING





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COMMUNITY FOCUS

GLENFLESK NEWS

COUNTY LEAGUE RD. 11

Glenflesk v John Mitchels Sunday November 17th at 2pm in Glenflesk Co. Championship Final

East Kerry have ended the reign of Dr Crokes as County Champions after a convincing win at a packed Austin Stacks Park on a score of two fourteen to one seven. It is their first title since 1999.

As has been the case all year Glenflesk's representatives were prominent in this dominant victory. Chris O Donoghue once again was outstanding at corner back as part of a defence that strangled Crokes dangerous forwards. He made one outstanding catch to prevent a possible goal chance and also performed a perfectly timed sliding to clear the danger later on.

Brian O Donoghue continued in the twelve jersey and was up and down the field all day helping to link the defence and the attack. He also won a lot of breaks from the kick outs and played a superb ball in to David Clifford which would lead to a free in. Darragh Roche had a quiet first half as the ball wasn't coming his way and he had to deal with a sweeper positioned in front of him. He exploded into life early into the second half when his quick hand pass allowed David Clifford in to score the crucial first goal. He then scored a point by beating his man to the ball and sweetly striking it over with his right foot. He left his major mark on the game soon after. After receiving the ball on the edge of the square and space limited he shimmied into room before powering a shot that wad too hot to handle for the goalie and left East Kerry with a lead Crokes could not over come.

Mark Kelliher Shane Courtney Dan O Brien and lan Roche were also part of the panel on this momentous day. For Mark it was a third County Championship win this year, after success at minor and under 21 level, while lan was also part of the under 21 team.

After Dan O Donoghue had hoisted the cup high into the Tralee sky, I got the opinions of Darragh and Brian on this special day. Darragh said " it was an unbelievable occasion and reward for the hard work the boys had put in through the year. He also said to score a goal in a County final was the " cherry on top of the cake" Brian said he had never " felt so good" after one of the best days of his life and to bring home the trophy made it all worthwhile.

Written by: Seamus Healy

To finish then an outstanding effort for all involved. To bring players together from different clubs and have such an impressive chemistry is a credit to all the staff and players work ethic. It also means all the major County Championship trophies will winter in East Kerry.

PARISH BAZAAR

Glenflesk Parish Bazaar will take place on Sunday, November 17th at 3.00pm in St. Agatha's GAA Hall, Glenflesk. Tickets for the Parish draw can be returned at any time and can also be purchased on the day. Dried goods and contributions for hampers can be given to the bazaar organisers or dropped to O'Brien's shop Glenflesk or O'Donoghue's shop Barraduff. Please check the expiry date on any goods being donated. Many thanks for your generosity and support.

LISTRY NEWS

DEEPEST SYMPATHY: Listry GAA would like to send deepest sympathy to Con and Michael Allen, family, friends and neighbours on the recent death of Meta Allen RIP, Ballyhar.

EAST KERRY COUNTY FINAL WINNERS: Congratulations to The East Kerry Team and Management on an outstanding game in Austin's Stacks Park last Sunday. Especially to Ronan Buckley who played a starring role throughout the match and Anthony Kennedy. **LOTTO RESULTS:** Numbers Drawn:11, 14, 17, 21.Congratulations to Marguerite Brosnan, Killarney, winner of this week's jackpot of €5,150 Draw Entrant: Robert O Sullivan, Castleisland Next Weeks Jackpot €2,000

LISTRY LOTTO ONLINE: You can support our club and community council by playing our Lotto online which is now available. It can be accessed through the Listry GAA website or the link will take you straight to play bit.ly/ ListryLotto

You can still avail of tickets from Faha Restaurant and Bar, O'Sullivan's Shop and ticket sellers. €2 each or 3 for €5. Thank you for your continues support in our local Lotto.

LISTRY GAA NIGHT AT THE DOGS: Listry GAA would like to thank all those who sponsored

Written by: Anne Sugrue O'Brien

our recent fundraising event of our Sport Hall in Listry. Also to the Ticket sellers and the general public who brought tickets. Congratulations to Aiden (Tank) O' Donoghue, Rockfield who had the winning combination in the feature race The Steve Kennedy Memorial Stakes final at the Kingdom Greyhound Stadium on Friday Night 9th November. Aiden won dinner for 2 and B&B at the 5 Staff Dunloe Castle Hotel.

EAST KERRY FR.GALVIN CUP 2019: Preliminary Rounds Listry V Cordal on Sunday 24th November at 2pm in Listry.



Some of the children at Loughquittane NS who support the Hope Foundation Shoebox Appeal so generously.



Pictured at the Munster Inter Regional U17 rugby festival played in Independant Park Cork on Sunday last, members of Killarney Rugby Cub were Brendy O Donoghue, Rob Nealon, Donnchadh Grealy, James Kennelly. (Missing from picture is Peter Walsh) Representing Kerry the boys played Cork, Tipperary and Waterford teams and although losing narrowly in each game all the lads performed admirably.

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958

KERRY GAA SCENE REPORT BY LEONA TWISS, PRO

EAST KERRY ARE CHAMPIONS AFTER A 20 YEAR WAIT!

Congratulations to all involved with East Kerry on becoming the Garvey's Senior Football Champions for 2019! While it wasn't the tight game that we were expecting, it was a still a tremendous game to watch with moments of individual footballing brilliance on both sides. Dr. Crokes are a superb side and were bidding for their 8th title this decade, which is some feat but on Sunday they were beaten by a well drilled youthful side. Austin Stacks will contest the Munster Club Championships as the County Championship was won by a divisional side.

Last Sunday's final was very well attended with over 8000 people making their way to Austin Stack Park. 'Man of the Match' was Paudie Clifford (Fossa) and he was presented with a trophy and a voucher for the beautiful Dingle Skellig Hotel sponsored by the Garvey Group. The Bishop Moynihan Cup was presented to winning East Kerry Captain Dan O'Donoghue (Spa, Killarney) by County Board Chairman Tim Murphy.

The Curtain Raiser was the U15 Post Primary Munster Final between CBS Tralee and St Brendans Killarney. The Colm Taft Cup was presented by Colm Hayes to the winning Tralee CBS captain. It was a wonderful opportunity to showcase the talent and skill of our post primary students on County Final Day.

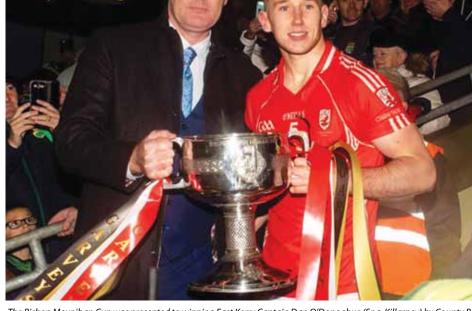
The County Executive wish to thank the following people who made the occasion a great success – our fantastic sponsors Garvey's SuperValu, the Austin Stack Park Committee, Ger O'Mahony the groundsman, the match officials, the highly talented Killorglin & District Pipeband, the Gardaí & Stewards, the medical personnel, Coiste na nÓg for the production of a superb programme, the media and of course all four participating teams.

MUNSTER CLUB CHAMPIONSHIP

Congratulations to Kerry Intermediate champions Templenoe who beat Waterford's St Saviours last Saturday in Templenoe 5-12 to 2-9. Next Sunday at 1.30pm they will play Éire Óg in Ovens Cork in the Munster semi final. Next Saturday the Kerry Junior Champions Na Gaeil are away to the Cork champions Kilshannig at 1.30pm in Mallow in their Munster Quarter Final. On Sunday Austin Stacks will play Nemo Rangers in Páirc Uí Rinn in the Munster Senior Semi Final. Best of luck to all the teams representing Kerry!

COUNTY EXECUTIVE

Nominations closed last Friday at 5pm and as result of being the only nominated candidates - St Senans's Eamon Whelan is the incoming Vice Chairman and Dr Crokes Patrick O'Sullivan is the incoming Central Council Delegate. Congratulations to both candidates – both are well experienced officers and will bring a wealth of knowledge to their new roles. Three superb officers will be vacating their positions at convention – Diarmuid Ó Sé Piarsaigh na



The Bishop Moynihan Cup was presented to winning East Kerry Captain Dan O'Donoghue (Spa, Killarney) by County Board Chairman Tim Murphy.

Dromoda, John Joe Carroll Asdee and Fionnan Fitzgerald Ballymac. We wish to thank them most sincerely for the time and commitment they have given to Kerry GAA.

GAA MACNAMEE AWARDS

The GAA MacNamee Awards are held annually to honour excellence in the area of communications, public relations and journalism, specifically related to the activities of the Association. These Awards are named after the late Pádraig MacNamee, former President of the GAA, Chairman of the GAA Commission (1969-1971) and member of RTÉ authority. Applications for the 2019 MacNamee Awards are now being accepted. It should be noted that only work published or completed in the 2019 calendar year is eligible for consideration and entries will not be returned. The awards scheme will be judged under the following headings: · Best GAA Publication (To cover general works

focusing on the Association).

 \cdot Best GAA Club Publication (To cover GAA County Yearbooks and Club History).

• Best GAA Website (Acknowledgement for the best Club or County website, taking into consideration design, content and usefulness to members).

• Best New Media - Award for a Club, County or Province's use of digital channels or own created content (video, podcasts, newsletter, other) to present a story or activity online.

· Best Photograph (Focusing on the best GAA-themed image).

 Best Programme (To cater for all match day programmes produced for any level of the GAA).
 Best GAA related Radio Programme (To cater for all GAA programming broadcast either nationally or locally)

 Irish Language Award / Gradam na Gaeilge (To recognise excellence in the field of Irish language GAA journalism across all media/Aitheantas ar ardchaighdeán iriseoireachta Gaeilge bainteach le cúrsaí CLG, ina chuimsítear gach cineál meán cumarsáide).

OUTLOOK GAA

* Please note: There is a limit of three photographs per entrant for the photographic award and one entry for all other categories.

All entries should be marked "GAA MacNamee Awards 2019" and addressed for the attention of Alan Milton, Director of Communications, Croke Park, Dublin 3 or emailed to siobhan.brady@ gaa.ie . Entrants should also clearly state what category they are submitting their entry under. Award winners will be contacted in due course with further details in relation to the awards banquet. Closing date for entries is Friday, 03/01/20. For further information please contact Alan Milton, Director of Communications, Croke Park on 01 8658612

TRATH NA GCEIST

The National Cultural Committee of the GAA as part of Cultural Activities for clubs are organising a table Quiz / TRATH na gCEIST as Gaeilge, with finals being staged in Croke Park on Saturday 14th December. Club teams of 4 members, table quiz style, topics similar to the Scór Quiz with all Questions and Answers as GAEILGE. 3 teams (clubs) qualify from Munster for finals. Clubs may still enter up to Thursday November 14th by contacting Cultural Officer Christy Killeen at culturalofficer.kerry@gaa.ie

DR. CROKES

SENIOR COUNTY CHAMPIONSHIP FINAL Played in Austin Stack Park

East Kerry 2-14 Dr Crokes 1-7

Even though we would have been happy at half time to be down just 0-8 to 0-5, having played against a strong wind we came off very much second best in the second thirty minutes. It's hard to know if we ran out of gas, playing against a young team who fought hard for every ball in this second half. Our Congratulations to East Kerry who were very deserving winners.

Our opponents started the quicker and had three points on the board without reply by us in the first ten minutes. We did have chances during that period but were narrowly wide on a few occasions. We got back into the game score wide after that and were just behind by a point at the end of the first quarter. The teams exchanged points on two occasions in the next five minutes but East Kerry outscored us two points to one in the remaining minutes to leave the score at half time 0-8 to 0-5 in favour of our opponents. This did not seem an unassailable lead as we would have the elements in our favour in the second half.

East Kerry had the better start again in the second half with a point in the first minute. When they went through for a very good goal two minutes later we went down by seven points. We had a point to bring the lead back to six points but a goal and two points without reply by our opponents left us eleven points in arrears. Our lads never gave up the fight but our 1-1 to their their three points in the last quarter left ten points between the teams at the end.

Our Congratulations once again to our opponents on their great victory. We are still very proud of our lads. They owe nothing to the Club as they have been great ambassadors over the last two decades. Seven wins in this decade is the most wins in any decade by any Club or Divisional team. I have no doubt but that we will be back and have more great days on the playing fields in the years ahead.

Remember we lost three County Finals in the first decade of the Century and we came back to win seven in the second decade.

PROGRESSIVE 31

Progressive 31 takes place every Wednesday in Crokes Clubhouse. It will start at 8pm. All you need to bring is \in 5!

ANNUAL MASS FOR DECEASED MEMBERS

Annual Mass for deceased members of Dr Crokes Club will take place in the Clubhouse on Thursday 28th of November at 7.30pm. All Welcome.

DEFIBRILLATOR AND CPR TRAINING

Training in the use of a defibrillator and in CPR will take place in the Clubhouse this Saturday 16th of November, as part of our Healthy Club Initiative. The Irish Heart Foundation will run three one-hour courses 1.30pm to 2.30pm, 3.00pm to 4.00pm and 4.30pm to 5.30pm. If interested in participating in one of these courses, please email to crokesmatt@gmail.com - stating which time you wish to attend.

All coaches, mentors and players, in particular, are encouraged to partake in this important club activity. Of course all members are invited



Congratulation to Ronan Buckley and Anthony Kennedy from Listry in The East Kerry Team winning Co.Final.

to participate and learn this life-saving skill. Dr. Crokes have acquired a box, to house our defibrillator in front of the dressing rooms kindly sponsored by Kerry Coaches - and this will be installed very soon. So it is important that we have as many people as possible skilled up in its use. JUST ONE HOUR TO LEARN HOW TO SAVE A LIFE

BALLYHAR-FIRIES GAA

FOOTBALL CHAMPIONSHIP FINAL:

Huge Congrats to East Kerry Senior Team in making it a clean sweep of county Titles for the District when beating fellow East Kerry club Dr Crokes in the County Final on Sunday especially the Firies contengent.

LOTTO:

No's Drawn 3, 6, 7 & 19 No Winner

The draw for next weeks Jackpot of €4,000 will take place in The Stand Bar Firies tonight. Get your lotto tickets from all the usual sellers, Club Officers, Senior Players or from the stand in Moriarty's Centra, Farranfore.

Thank you all for your continued support. **CLUB 600 FUNDRAISING DRAW:**

The 5th draw will take place in The Stand Bar Firies last night.

A huge Thank You to all that supported our Club 600 draw and continue to do so.

FIXTURES:

Senior Football League Rd 11 away Vs St Pats Blennerville Sunday at 2pm

FIRIES SCÓR NA NÓG:

Looking for secondary school children who might be interested in Scór Na Nóg this year. Catagories include music group, solo singing, ballad group, recitation, set dancing and novelty act. Those interested need to be under 17. Please contact Fiona on 0876255063.

EAST KERRY GAA NEWS By Michael O'Mahony

EAST KERRY MINOR CHAMPIONSHIP FINAL DIVISION 4

FINAL minute silent for Dave Geaney Fossa was held before game

Spa 4-6 Fossa 3-10

Spa and Fossa gave a great display of football in Fitzgerald Stadium on a wet and cold Saturday

afternoon with Fossa the eventual winners of a highly entertaining final.

Spa were first on the scoreboard with a great score from Oisin Walsh. Fossa replied with two points from the Kerry minor, Emmett O'Shea and Killian Buckley. Spa's centre back, Connie Cremin Mulrey, started and finished a great movement through the centre assisted by Cian Murphy to register Spa's first goal. Fossa replied with the accurate full forward Emmett O Shea notching over a point and goal after making the touch from a high ball on the thirteen meter line to lead by three points in the 16th minute . However, Spa responded with a point from the impressive , Oisín Walsh and Cian Murphy. Fossa's Harry

Kelly added another point which would by their last score of the first half. Ryan Kelliher and Oisín Walsh added two more points to level the game at 1-5 apiece. The remaining ten minutes of the first half belonged to Spa. However, Fossa scored another point from free off the boot of Emmet O Shea. Spa played very skilful and accurate football registering two more goals to end the first half leading 3-05 to Fossa 1-6.

On resumption of the second half, Fossa meant business and couldn't wait for Spa to enter the field of play. It took eight minutes for the opening score in the second half, and Spa wanted to extend their lead with a great goal from the sub Roirí O Connor who was on the . end of a great pass from RyanKelliher. Never say die attitude, Fossa responded with a goal from a 21 yard free that hit the right side of the goal. That was the turning point for Fossa, and with lady luck on their side, scored another three points from Emmett O'Shea (2) and Darren Cronin. Spa's supersub, Roiri O'Connor replied with a point and only a goal separating the sides. Fossa equalized with another from Emmet O Shea. The remaining five minutes gave Spa a chance to take the lead but were very unlucky and the top scorer of the day Emmet O Shea scored the winning point for his club to take the title on the day.

As in the words of East Kerry's chairman, Johnny Brosnan, both teams deserved a great round of applause for a great display of football but unfortunately one has to win and the other to lose. Well done to both sides and management. Spa: Ollie Cremin Mulrey, Matt McAuliffe, Liam Spillane, Conor Brosnan, Diarmuid Cahill, Connie Cremin Mulrey, Keith Myers, Michael Kearney, Ryan Kelliher, Thomas Cronin, Rían O'Neill, Alan O'Sullivan, Oisín Walsh, Michael Horgan, Cian Murphy. Subs; Roirí O'Connor, Sean Hickey, Calum Neher (inj).

Fossa:Keelan O[']Brien, Joe Cahillane, Padraig Talbot, Cian Doyle, Harry Kelly, Ruairi Doyle, Rian Colleran, Richard Wallace, Colm Talbot, Jack Clifford, Killian Buckley, William O'Brien, Darren Cronin, Emmett O'Shea, Harry Buckley. Referee: Tom Moriarty (Legion)

SENIOR COUNTY CHAMPIONSHIP

Congratulations to East Kerry team & Management winning the Kerry County Senior Football Championship 2019 after a great overall team performance.

Special congratulatuons to Man of the Match-Fossa Paudie Clifford.

(Capt) Dan O'Donoghue spa.

Final score East Kerry 2-14 Dr Crokes 1-7.

EAST KERRY SENIOR CHAMPIONSHIP DR. O'DONOGHUE CUP 2019

Quarter Finals First team named in at home Spa V Currow – Sunday 17th November at 2pm Dr. Crokes V Kilcummin - Saturday 16th November at 2pm Gneeveguilla V Rathmore - Sunday 24th November at 2:30pm Killarney Legion V Fossa - Sunday 24th November at 1pm East Kerry Fr. Galvin Cup 2019 **Preliminary Rounds** First team named is at home Scartaglen V Fossa – Sunday 17th November at 2pm Listry V Cordal – Sunday 24th November at 2pm Semi Finals First team named is at home Gneeveguilla V Scartaglen/Fossa Firies V Listry/Cordal Extra Time if necessary, in all above games at last meeting East Kerry GAA committees vote sympathy to following families Denis O' Sullivan spa John O" Donoahue Glenflesk Karen Browne Brosna Hannah Clifford Castlecove Donagh O' Leary Rathmore Patrick J Keane Abbeydorney Hannah Culloty Glenflesk Tommy Conrey Currow & Chicago Dave O' Mahony Currow Liam Murphy Dr Crokes killarney

Jerome McCarthy Glenflesk

or email: amyreidy@ymail.com

LEGION GAA NOTES

Sunday 24th @1pm (Direen)

O'DONOGHUE CUP

SCÓR NA NÓG

1709322.

served after.

BON VOYAGE

you luck Beano.

WELL DONE

Killarney Legion v Fossa

ANNUAL CLUB MASS

FIXTURES

EAST KERRY SCOR NA NOG FINALS

sponsored by Killarney Credit Union.

Saturday 30 November 2019 - starting at 12

noon Venue: Fossa Community Hall CLOSING

DATE FOR ENTRIES - 16TH NOVEMBER 2019 to

be send to scor officer - Amy Reidy 087-7042464.

Club members U-17 on the 1st of January 2020

we are invited to participate in scor na nOg.

Recruiting quiz participants at present. Anyone

interested contact Carolann Fogarty 086

The annual club mass will be held at the

clubhouse in Direen on Friday the 15th of

November at 7pm. All welcome to attend,

anyone who needs transport please contact any

member of the executive. Tea's/Coffee's will be

Bon voyage and best wishes to Kevin Breen aka

Beano who is taking off on his travels, we wish

Nora Nagle Rathmore

May they all rest in peace

Sunday 24th Sunday 24th MILLTOWN CASTLEMAINE GAA

9..11..19..23

Bonus 26

Mid Kerry Senior Championship Semi-Final (Michael O'Connor Memorial Cup) sponsored by Bunkers Bar, Killorglin. On this Sunday November 17th, Glenbeigh/Glencar entertain Milltown/Castlemaine @ 2pm, with extra time playable. Your support will be very much appreciated. Sincere thanks to our senior board sponsors Kelly's Londis-Topshop and Larkin's Bar, Restaurant and B&B.

Management on a superb team performance

to overcome Dr Crokes in the County Final on

Sunday, enjoy the celebrations lads.

LEGION LOTTO RESULTS

THANK YOU

A huge thanks to Anthony Twiss, Killorglin, who recently donated €750 to our club here in Milltown Castlemaine. Anthony took part in AIB'S The Toughest Temptation earlier in August. AIB gathered one die-hard fan from each of the semi-final teams-Mayo, Dublin, Kerry and Tyrone and offered them a ticket to the All-Ireland Final. Sounds like the dream! BUT there was a catch...they weren't allowed watch the semifinal. The four fans were placed in a plain white box for the duration of the match. If they lasted inside the box they won €1,500. Anthony was tough enough and for resisting temptation, he won €1,500! He very kindly donated half of his winnings to Laune Rangers GAA and the other half to us here in Milltown Castlemaine. We really appreciate your generosity Anthony. Check out this link to see how it all went! https://www.her. ie/sport/toughest-temptation-aib-challengegaa-fans-tickets-final-479218

31 Card Drive: Tuesdays @ 9.00!

We are appealing once again for anyone in our community who would be able to give just one hour a month to help out our club? The club's weekly Card Drive Fundraiser is looking to set up a rota of people to help with the serving of tea & refreshments. Contact Podge at 086/8398669 or Deirdre on 086/1703332 if you can spare just one hour each month. Why not join us this Tuesday in the Nagle Rice Community Centre at 9 pm for some great cards. We will be serving tea and delicious Larkins Brack too. Come along for the cards, chat, tea and Larkins Brack!

COUNTY CHAMPIONSHIP

Comhghairdeas mór to East Kerry on winning the County Final on Sunday last-to claim their first title in over 20 years. A special mention to Ronan Buckley from our neighbouring club Listry, who put in a tremendous performance at centre field.

MILLTOWN LISTRY

COMHALTAS: RAMBLING HOUSE

All are welcome to Listry Community Centre for the annual Rambling House on THIS Friday November 16th at 8.30.p.m. for tunes, dancing, storytelling and song as well as tea, brack and plenty craic. And it' all for free! Thanks to GMHD Insurance Killarney, kind sponsors of this event. **SAVE THE DATE**

Mark April 12th, 2020 into your diary for our club fundraiser "Taking the Mic". More details will be

released in the coming weeks. Keep an eye on our Facebook page too! It promises to be a great night of fun!

OUTLOOK GAA

FUNDRAISING LOTTO JACKPOT DRAW

Would you like to visit the Christmas markets in Berlin or New York but just can't afford it? A win or share in our €10,800 Lotto Jackpot on this Friday night could sort all that out!

Why not try your luck... All you have to do is buy a Lotto ticket... Available at all local shops and businesses in Milltown, Castlemaine and Ballyfinnane.

Draw will take place in Griffins Bar, Castlemaine. €300 for a Match 3 will also be on offer.

Míle buíochas to all those who support our fundraising Lotto. It is sincerely appreciated.

Mid Kerry Minor Football Championship: Semi-Final. Milltown/Castlemaine 0-16 Beaufort 4-15 (After Extra-Time)

Venue: Paddy Burke Memorial Park, Milltown (Report courtesy of Dara O' Connor.

Milltown/Castlemaine welcomed Beaufort on Saturday, November 9th, to the Paddy Burke Memorial Park in Milltown for the semi-final of the Mid Kerry Minor Football Championship. After defeating Keel/Listry narrowly in the Preliminary Round, Milltown/Castlemaine were looking to advance to a final meeting against either Glenbeigh/Glencar/Cromane or Laune Rangers who played on the same day.

Beaufort, aided by their two Kerry Minors from the 2019 panel, Jack O'Connor & Sean O'Brien started well with Jack O'Connor notching an early point off his left leg. Milltown/Castlemaine responded accordingly however and scores from Dylan O'Neil, Cillian Burke & Cathal Barrett throughout the opening half saw the hosts lead at half-time on a score of 0-8 to 0-7. Beaufort got the ideal start to the second half with an early goal but Milltown/Castlemaine dominated most of the proceedings -without getting the necessary scores on the board to reflect the dominance. Scores from Conor Spillane & Dylan O'Neil put the home side in the ascendancy heading down the final straight but a late equalizer from Beaufort in injury time forced the game to extra-time.

The game changed completely from here on in, as legs began to give way for the hosts in the challenging underfoot conditions and the visitors stepped up to the mark -with a flurry of goals in the opening period ultimately deciding matters. Beaufort led 3-14 to 0-14 at half time in extra time which had the game all but sealed, Milltown/Castlemaine failing to register a score. A further goal in response to two Milltown/ Castlemaine points from the away side propelled them to a flattering eleven point victory at the games end-on a score of 4-15 to 0-16-a score line which unfortunately didn't reflect the efforts our Minors put in and the contribution they made to the contest as a whole. Well done to Gary and all the management team as well as the panel of players for all their commitment. A special thanks to the parents for their support. There will be more great days to come for this fine bunch of footballers.

Congratulations to the East Kerry team &

HEROES HOMECOMING For East Kerry Team

PHOTOS: MARIE CARROLL O'SULLIVAN

After a thrilling game and a 20 year wait - the Bishop Moynihan Cup made its way to East Kerry on Sunday evening last.

8000 people attended the game at the Austin Stack Park where the young blood of East Kerry proved too much for Dr. Crokes.

It was a fantastic game to watch with some amazing personal performances - none more so than David Clifford and his brother Paudie, who went on to win the Man of the Match award which was a trophy and a voucher for the Dingle Skellig Hotel, sponsored by the Garvey Group.

The Bishop Moynihan Cup was presented to winning East Kerry Captain Dan O'Donoghue (Spa, Killarney) by County Board Chairman Tim Murphy.

The team were welcomed to the home club of Captain Dan O'Donoghue, Spa GAA Club on Monday evening where they were greeted with huge applause and delight from young and old alike.

Congratulations to everyone involved in the team on winning the Bishop Moynhan Cup.



Three cheers.... East Kerry team players and management celebrate their victory at Spa Gaa Club House.



All in a day's work for East Kerry tam members.

Holly Tobin stealing the lime light at the East Kerry home coming to Spa GAA Club on Monday evening.

Big Match REACTION



We are like a brother hood

– Kearney

A coming of age performance by East Kerry midfielder Liam Kearney typified the champion's performance and after the game, he spoke of the togetherness of the team and pointed to that as a key factor in his sides win.

"We might be six different clubs but we are like a brotherhood. We have been together for the last eight or nine weeks and the bond we have built up is unreal. We go to training every night and that bond is just getting bigger and better." East Kerry began to dominate the contest once the conditions deteriorated and Kearny points to the fact that they trained in a lot of poor conditions in the build up to the final.

"We have trained a lot in poor conditions. It is great to have the facilities of Fossa and Spa no matter what the weather we can go out and train. So when it comes down to the big day and the big moments. You have trained in those conditions so it is no hassle."

"They never left us down"

– Brosnan

In the end it was a clean sweep for East Kerry this year winning the county Minor, Under 21 and the Senior Championship's and it was something that East Kerry Chairman Johnny Brosnan was very proud of afterwards as he weighed in with the praise.

"They are a fantastic team. They never left us down and they are always proud of the East Kerry jersey. When I met Jerry O'Sullivan a few years ago. He said to me I can guarantee you in a year or two we can bring back the Bishop Moynihan Cup to East Kerry and he was true to his word."

"No one put a foot wrong"

– Clifford

In the end, any one of a handful of East Kerry players would have claimed player of the game. Big performances by Liam Kearney at midfield and the usual top class showing by David Clifford and another big shout from Spa's Evan Cronin who ended the game with 0-4 but it was the powerhouse Paudie Clifford that took the honour.

Afterwards he spoke about the game.

"This was similar to the Dingle game where everything just went right for us. No one put a foot wrong and thank God we got over the line. We had great respect for Crokes. We feared them but we got over the line. We knew that if we kept pushing on that we would get the scores. We have done great work with Arthur and Jerry and the boys and we were hopping."

"Our Fellows were awesome out there today"

– O'Sullivan

Twenty years on from when Jerry O'Sullivan last tasted victory as a player in the Senior Football Championship, The Firies man was getting the sweet taste of success as a manager having seen his team produce a stunning second half performance to claim title number eight for the district.

Understandably, he was in high emotions following the full time whistle and his first thoughts were for his team and what they achieved.

"It is brilliant to win the Bishop Moynihan Cup again. I am thrilled to be quite honest about it. I think our fellows were awesome out there today. From the very word go we set the scene. I think we dominated in every position on the field to be fair. In the second half playing into a breeze, we took the right options at the right time. In the end, we could have even got a few more scores."

One of the big scores of the game was David Clifford's goal and O'Sullivan was full of praise for the Fossa man

"He is an exceptional talent. He has been brilliant all throughout for us. He has had a brilliant year and for him today to cap it all off with that goal. He was excellent"

However, O'Sullivan felt that shining the light on just one player was not the team dynamic and was full of praise for the team effort

"The one thing that we did this year was trust our guys and we kept telling them that. There is 38 people involved and it was trust, patience, and work rate. Working for each other. We trusted our boys to do the job today and there was no need for us to bring a man back when we went down to 14. Pa was unlucky to get sent off."

Dr. Crokes management, mentors and selectors pictured at Austin Stack Park on Sunday last.



JOY

as East Kerry end 20 year wait as Bishop Moynihan is claimed in style



David Clifford, East Kerry pulls away from Michael Moloney, Dr. Crokes at the game on Sunday. PICTURE: SEAMUS HEALY

Dr. Crokes 1-7 \ East Kerry 2-14

East Kerry are the Garvey's Supervalu 2019 County Senior Football Champions as they produced a sparkling performance to defeat four in a row chasing Dr. Crokes. Killarney outlook reports

In The end, it was emphatic as a new force in Kerry football rose to the top as they simply devastated the team of the decade in Dr. Crokes as a youthful East Kerry released the emotion at full time.

From early in the second half the red wave proved far too much for a Dr. Crokes side who sought to win their second 4 in a row in a decade but sport doesn't do sentiment as the six smaller clubs of the district final put an end to 20 years of hurt as a new generation of players put their mark down.

In the end, it was brutal as the new bucks of Kerry football East Kerry showed little respect

for the aging kings as they simply devastated the most successful Kerry club team of the decade with their full forward line scoring 2-9 alone.

Heading in the game their manager Jerry O'Sullivan, a member of the last East Kerry team to win a championship in 1999, said enjoyment would be key for them and so the 8,256 paying patrons were treated to some sparkling football that coincided with two specular goals from David Clifford and Darragh Roche.

East Kerry who took control as early as the opening minutes were always in control of a contest that saw three players dismissed within the regulation time.

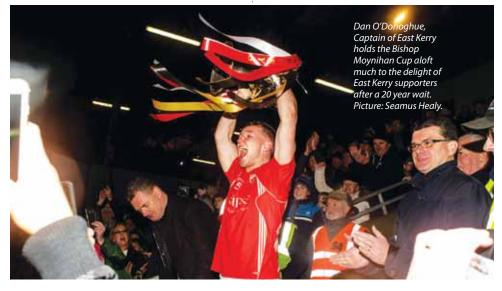
Opening points by Mike Foley (2) and Evan Cronin set the early tempo as the challengers

stretched to an early 0-3 to 0-0 lead by the 8th minute.

The champions' who were playing into the elements in the opening half found finding their target difficult but two points within a minute by star in the making Tony Brosnan from either side of the goals had them back within a point by the 13 minute. There was still just a point between the sides by the 21st minute as East Kerry failed to make advantage of the wind at their backs and the greater amount of possession that they were securing with Liam Kearney in total charge at midfield.

With half time in sight, it looked as if Edmund O'Sullivan's men had withstood the early blows but the dam of defiance finally broke when the brothers Clifford fired over points. First David with a long range free before the ever-busy older brother Paudie had one of his own with Evan Cronin firing over another on his way to four points on the day.

Brosnan did get one back but it was East Kerry



who headed down the tunnel 0-8 to 0-5 ahead with a noticeable pep in their step.

If they left the field with a pep in their step, four minutes into the second half it was a clear leap as David Clifford finally gave the majority of the crowd what they came to see – some Clifford magic. It arrived in the shape of a 34 minute goal.

Ten minutes later Darragh Roche added another and all of a sudden, it was 2-11 to 0-6 as the champions were left on the floor. Still they did not throw in the towel and Gavin White on a surging run was at the end of a move to see him fire past James Devane. His second goal in conseccussive finals from half back. White would find the time to add another point later in what was a fine performance by the Kerry captain but it was not enough on a day when the greater hunger all came from the men in red as they finally ended the twenty year wait for the Bishop Moynihan as a new generation of heroes was born.

East Kerry

Scorers: D Clifford 1-3 (0-1f), D Roche 1-2 (0-1f), E Cronin 0-4, M Foley 0-3, P Clifford 0-1, P Doyle 0-1

Team: James Devane (Spa), Chris O'Donoghue (Glenflesk), Jack Sherwood (Firies), Niall O'Donohue (Firies), Dan O'Donoghue (Spa), Mike Foley (Spa), Pa Warren (Gneeveguilla), Liam Kearney (Spa), Shane Cronin (Spa), Ronan Buckley (Listry), Paudie Clifford (Fossa), Brian O'Donoghue (Glenflesk), David Clifford (Fossa), Darragh Roche (Glenflesk), Evan Cronin (Spa) **Subs:**



David Spillane (Spa) for Ronan Buckley (4) Blood Sub

Ronan Buckley (Listry) for David Spillane (7) Blood Sub Reversal

David Spillane (Spa) for B O'Donoghue (59) Padraig Doyle (Gneeveguilla) for M Foley (59) Darren Brosnan (Gneeveguilla) for S Cronin (62) Padraig De Brun (Gneeveguilla) for D Roche (62)

Mike McCarthy (Spa) for E Cronin (64) Eoin Fitzgerald (Spa) for R Buckley (64)

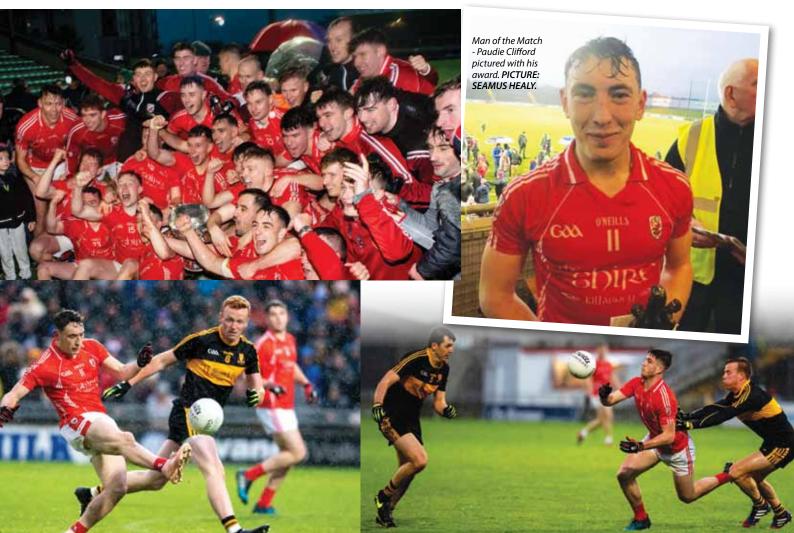
Dr Crokes

Scorers: Tony Brosnan 0-5 (0-1F), Gavin White 1-1, Mark O'Shea 0-1

Team: Shane Murphy, John Payne, Michael Moloney, Fionn Fitzgerald, David O'Leary, Gavin White, Michael Potts, Johnny Buckley, Mark O'Shea, Micheal Burns, Brian Looney, Gavin O'Shea, Tony Brosnan, Daithi Casey, Kieran O'Leary

Subs:

David Naughton for G O'Shea (41) Alan O'Sullivan for D O'Leary (46) Jack Griffin for Looney (48) Paul Clarke for Potts (56) Brendan Falvey for Burns (63) Cillian O'Regan for J Payne (63) Referee: Brendan Griffin (Clonmacon)



ROSS GC, KILLARNEY

- GENTS CLUB - RESULTS AND FIXTURES RESULTS

On Nov 9th/10th we held the the final round of the Keanes Jewellers Gold Medal Strokeplay competition.

The winners were

1....Alan Flynn (6) 70 2...Donie Broderick (20) 74

FIXTURES

On Nov 16th/17th we will hold a club sponsored Single Stableford competition and the timesheet is now available in the Clubhouse.

KILLORGLIN MEMBERS GC (MEN'S SECTION)

Winners of the PK's Supervalue Xmas Hamper 14 Holes were as follows:

1st Place - Dermot Kelly (21), 2nd Place - Vincent O'Sullivan (13) 34 Points, 3rd Place - Tommy Evans (14) 33 Points (CB), Gross: Dermot McKenna (11) 62 Strokes, 4th Place - Jer Joy (10) 33 Points, Senior: Jerry Sheehan (29) 30 Points, Category B - Pat Goulding (16) 32 Points (CB), Category C - Bernard Doyle (25) 30 Points. . **FIXTURES**

Next Saturday & Sunday 17th & 18th November is the Club sponsored Turkey Shootout.

Presentation on the 22 November. More about that later.

KILLARNEY GOLF CLUB (LADIES BRANCH)

The following are the results from the AIB Christmas Hampers Stroke Competition played on Mahony's Point on Sunday 10th November

1st: Geraldine Tarrant (25)	68
2nd : Lora Beth Malloy (28)	70
BG: Kelly Brotherton (+1)	76
3rd: Peg Wickham (38)	71
4th : Winnie Ryan (22)	74
5th: Ann Moynihan Rudden (5)	74
6th: Christine Carroll (12)	74
7th: Mary Sheehy (2)	74

🗠 killarneyoutlook@outlookmags.com 🕤 killarney outlook 🄰 @killoutlook

8th: Maire Geaney (21)

- 9th: Tina O Sullivan (18)
- Front 9: Maureen Creedon (14) 36
- Back 9: Breda Duggan (26) 36

Next Sunday's competition on November 17th is sponsored by Tim Jones Butchers. Ladies 13 hole team of 2. Shotgun start at 12.30. Timesheet is now open.

74

75

ROSS LADIES GC

We held our Christmas Hampers Competition last Saturday 9th November with a great turnout on the day. Lucky to have reasonable weather conditions considering the forecast. Afterwards we had the prize giving and refreshments in the Clubhouse. the winner was Helen O'Donoghue 16, second Mary Gorman 15 and third Mary Moynihan 14.

BEAUFORT GOLF CLUB - MENS

3rd November - 14 Hole Stableford - Sponsored by Daly;s Supervalu
1st Paul Fahy (12) 32 pts
2nd Donal Carroll (23) 30 pts
3rd James Jones (9) 30 pts
10th November - Xmas Hampers - Sponsored by Kate Kearney's Cottage
1st Gearoid Keating (19) 35 pts
2nd Pat Quill (19) 34 pts
3rd Damien Callinan (17) 33 pts
4th Mike Gleeson (14) 31 pts
5th Michael A O'Sullivan (17) 29 pts
6th Donal Carroll (23) 29 pts
FIXTURES

16th/17th November - Turkey Competition (14 Hole Stableford - yellow tees) sponsored by Men's Branch.

BEAUFORT GOLF CLUB (LADIES BRANCH)

26th/27th October - Xmas Hampers - Sponsored by Colm Kinsella

1stLaura Furlone (18)19 pts2ndKaren Spence (19)18 pts

3rd Grainne McShortall (26) 18 pts

FIXTURES

16th/17th November - Christmas Fayre - Sponsored by Mary O'Shea.

KILLARNEY GOLF CLUB MENS' CLUB

Results of the Mens' Club sponsored Fourball Betterball competition on the 10th of November on the Killeen course.

1st James (Rock) O'Neill & Patrick Fleming 44 pts.

2nd Declan Glavin & Daniel Glavin 44 pts

3rd Pat Favier & David O'Donoghue 42 pts 4th Andy Goulding & William Tarrant 42 pts.

Please note the AGM of Killarney Golf & Fishing Club will be held in the main clubhouse on Wednesday, 13th November 2019 at 7.00pm.

DEERPARK PITCH & PUTT CLUB NEWS

CHRISTMASTURKEYS: Results of last Sunday's event: Fourball Betterball- Nett: Sean Ashe & Jason O'Connor 38, Gross: Robbie O'Brien Jnr & Sean Ashe 44. Hole-In-One: Robbie O'Brien Jnr (4th). Format for this Sunday is Fourball V Par: Same draw times of 9.15am and 11.15am. €5 per draw.

OUTING: A great time was had by the club's contingent on our outing to Doolin in Clare last weekend. Former club member Dermot Tuohy looked after those who travelled well over both days.

NIGHT IN MURPHY'S: We will have our usual pre-Christmas gathering in Murphy's on Friday December 6th this year. Prizes for all outstanding competitions will be presented on the night.

DANNY NOLAN MEMORIAL: Please note that the club's Danny Nolan Memorial will take place on St Stephens Day this year at 10am. Format will be a Three Ball Scramble. Instead of an entry fee this year, the club are asking players to bring a nominal prize with them instead.

Killarney Comhaltas News



Comhaltas Ceoltóirí Éireann in Kerry celebrated its 60th Anniversary on the weekend of the 9/10th November 2019. On Saturday the 9th of November, RTE recorded two programmes for Céilí The Dúchas new

House. The new Dúchas Comhaltas Centre was an apt setting the event featured Kerry artistes spanning various decades since 1959. This exciting event saw a full house as tickets sold out well in advance. **On Sunday the 10th November** from 3 pm to 6 pm a celebration Céili concluded the weekend celebrations with magical music from Ui Bhriain Ceili Band the huge gathering of dancers stepped it out on the new dance floor at The Duchas Centre. I can attest that this floor is now well seasoned for dancing

Next weekend 15th to 17th November sees the Torc Set Dancing Festival celebrating their eight-year with three Ceili and Three set dancing workshops. The weekend kicks off with a ceili hosting Johnny Reidy Ceili Band. The Abbey on Saturday night and the finale ceili sees The Kingdom Ceili band on stage. The festival also boasts three-set dancing workshops with Timmy Woulfe. This year we are delighted to add social dancing in the restaurant area after the ceili on Friday and Saturday night, complimentary finger food will also be served curtsy of the management of the Torc Hotel.

Please contact Joan at 086 8718819 for all festival inquiries.

Anne Mangan's Set Dancing Classes continue every Monday night in The Torc Hotel, contact Anne 087 9403508,

Our next branch meeting will take place on Tuesday 19th November at 9 pm in The Meeting Rooms Park Road.

OUTLOOK SPORTS

FARRANFORE MAINE VALLEY AC MUNSTER SENIOR & JUVENILE UNEVEN AGES CROSS COUNTRY C'SHIPS

Conna Co.Cork was the venue for the Munster Senior & Juvenile Uneven Ages Cross Country Championships, hosted by St.Catherines A.C., Conditions were ideal for the events, dry and very little wind. The course was in very good condition which made for some very fast running. We had three juvenile athletes in action. First up were the Vicker brothers, Isaac & Ryan in the U11 1500m race. A one lap race with well over one hundred athletes competing from clubs all over Munster. Isaac got a great start and was within the top twenty entering a narrow stretch of the course after 300m of running. Isaac fought hard over the course and made up positions when they entered the climb after 1000m's. The last 200m's was flat and down to the finish line where he held on to finish sixth place overall. Ryan, competing out of age, did extremely well and finished in the top half of the group. To cap it off, Kerry team finished third overall. Next up we had Shauna McCarthy competing in the U17 4000m race. Approx. fifty athletes lined up for the 2 lap race, with some very notable international athletes in the mix. From the gun the pace was set with a strong group of 12 to 14 athletes bunched together. In the middle was Shauna and Kerry Eager from Star Of The Laune. This group remained bunched up for the first lap. But at the start of the second lap the pace increased dramatically. As the group spread out Shauna was placed seventh and over the course of the last kilometer she passed out three runners to finish in fourth place overall. Isaac & Shauna will now go forward to represent Munster in the National Championships on December 15th in Dunboyne. George McCarthy competed in the final race of the day, the Senior Men's 10K, 5 lap race. George ran well to finish in 30th place.

Next Sunday 17th Nov. is the Munster Masters & Juvenile Inter Club Relays XC in Beaufort, Kerry. Registration closes on Wednesday so please contact club secretary, Mary, 085-1909509 before then.

CLUB TRAINING:

Juvenile on Tuesdays from 6-7pm has now ended.

Maria's Strength, Endurance & Flexibility Exercise Classes from 7pm at the Sports Hall in Farranfore. Class is designed for all abilities from secondary school upwards. €5 per class.

Thursday Nights from 6:30pm for Seniors and juveniles competing in Munster & National Cross Country. Grass Session on GAA Field Farranfore €2

ATHLETIC'S FIXTURES

Sat 16th Nov.: British & Irish Masters Cross Country International, England

Sun 17th Nov.: Munster Masters & Juv. Inter-Club Relays XC, Beaufort Kerry

Sun 24th Nov.: National Juv. Even Age & Sen. / Jun. XC, Abbotstown

Sun 1st Dec.: Munster Juv "B" & IntermediateXC, Turnpike Tipperary

Sun 1st Dec: An Riocht 5K, Castleisland

Sun 15th Dec.: National Juv. Uneven Age & Novice XC, Dunboyne



Killarney Rugby Club U13's who represented Kerry last weekend in matches in Irish Independent in Cork last weekend.



At the presentation of prizes of the Gleneagle Squash Club first monthly competition of the new season sponsored by O'Keeffe's Oils, Rathmore, were seated from left, George O'Keeffe (O'Keeffe's Oils Rathmore, sponsor), Mike O'Donoghue, Sean McCarthy, overall winner, Seamus Kerrisk and Tim O'Leary. Middle row from left are Paul McSweeney, Frank Ryan, Keith Cronin, Patrick Lyne, Mike Crowley and Brendan Counihan. Back from left are Neil and Ryan Kavanagh, Oskar Przyborski and Ray O'Callaghan. **PICTURE: EAMONN KEOGH**

Thur. 26th Dec.: Farranfore St. Stephens 2K & 5K, Farranfore

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for event

KILLARNEY RFC NOTES U13'S PLAY DEBUT AGAINST MALLOW:

With a large cohort at the U13 age group and no dedicated U13 league in West Munster, we were anxious to give all our U13s (plus a few U14s who not played rugby before this season) a chance to play the 15-a-side game without the assistance (or interference from the older

age group). Mallow were in similar situation with a large playing group who couldn't all get on the field so they kindly offered to come to Aghadoe to play a friendly challenge game on Saturday morning. The focus of the game was to give every one a chance to play and less emphasis on the score (at least not by the coaching teams).

The windy but sunny weather interspersed with showers made handling difficult but didn't interfere with the fun. We saw some good rugby with players able to demonstrate their tackling, rucking and evasion skills playing against a peer group.

Thanks to Rob Tyrell, Alan Sheehan and the rest of the gang at Mallow RFC for bringing two teams over to Killarney. Thanks to Feargal Courtney for reffing the game in a good spirit. Thanks to all the players for their enthusiasm and effort. We are looking to organise further U13 fixtures during the season to give everyone a chance to play outside of the regular U14 fixtures.

KRFC U17'S REPRESENTATIVES ON KERRY U17'S SIDE:

Well done to Brendy O Donoghue, Rob Nealon, Donnchadh Grealy and James Kennelly who played for combined Kerry Club U 17 team competing in Munster inter regional competition in Independant Park Cork on Sunday. The Kerry Boys competed bravely and although losing narrowly against strong regional Cork,Waterford and Tipperary outfits did the county proud and were in contention in all 3 games until the final whistle.

'Peter Walsh also played but took a knock and was receiving treatment post game. Get well soon Peter'. Well done lads.

MINIS:

This weekend our Minis host Tralee RFC at all ages at Aghadoe. Kick off is 10:30am and don't

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OUTLOOK SPORTS

forget the gumshields. New players always welcome, contact our Minis Coordinator Liam Murphy on 087-4145662 for more details.

U14 GIRLS ENJOY TRIP TO THOMOND PARK: Last Saturday our U14 girls enjoyed a fantastic day out in Limerick, taking in the big match between Munster and Ulster. The girls left Aghadoe at 12pm and the first stop was the Crescent in Limerick for a spot of retail therapy before heading to the South Court for food before heading to Thomond Park. The girls described it a brilliant day and 'unreal craic' and felt that the day brought them closer as a team as they spent quality time together. Thanks to Fiona Landers for organising the day and to Ger and Milo for travelling up with their charges along with the parents.

KILLARNEY RFC WINTER SOCIAL:

We have organised a winter social at the Killarney Avenue and would like to invite everyone involved in the club to come along. The social take place on Friday the 29th of November, starting at 6:30pm. Tickets are \leq 40 per person and we will have a 3 course meal with a glass of wine. Super Ceile are playing followed by a DJ. Contact Darren Enright for details on 087-1772927 for details.

FIXTURES:

U18.5: Killorglin V Killarney, Ballymalis - Sat @ 12. U16: Killarney V Abbeyfeale, Aghadoe - Sat @ 12

U14: Killarney V Abbeyfeale, Aghadoe - Sat @ 2 Seniors: Martin O'Sullivan Cup Scarriff V Killarney, Scarriff - Sun @ 2:30pm

Second XV: Killarney V Kanturk, Aghadoe - Sun @ 2:30pm.

KILLARNEY VALLEY ATHLETIC CLUB

Congrats to Darragh O'Leary who finished in 8th position in the Munster Cross Country Championships in Conna, Co. Cork last Sunday. This qualifies Darragh for the All-Ireland Cross Country Championships. Our U11 girls, Tara



Three juvenile athletes from Farranfore Maine Valley AC who competed in the Munster Juvenile Uneven ages Cross Country on Sunday 10th Nov. Ryan Vickers, Isaac Vickers & Shauna McCarthy.

O'Sullivan, Naoise O'Connor and Kate Lyons all did very well in a large field of munster athletes. They were 3rd, 4th and 5th Kerry girls home.

TRAINING will continue every Tuesday and Thursday eve 6-6.45pm. All members welcome. Bring $\in 2$ and water. Strength & Conditioning continues on Monday nights 7-8pm for members only (aged 12 upwards). Bring $\in 2$, water and a mat if you have one.

FUNDRAISING: We would like to thank everyone who helped in the selling of tickets for the Tractor and to all who bought them. All the proceeds will go to the Community Track in St. Brendans College. The raffle for the Tractor will be held in Killarney Valley Hotel, Fossa, on Saturday, November 16. All are welcome. Please keep an eye on your email (if you're a

member) and also check our facebook page for

any updated information on training etc.

SPA MUCKROSS COMMUNITY GAMES NOTES

The 2020 Community Games season is upon us with County basketball commencing in early January. Basketball training will begin on Friday November 15th at Spa GAA hall.

U11 mixed team (5 girls and 5 boys) training from 6pm to 7pm.

U13 boys training from 6pm to 7pm

U13 Girls training from 7pm to 8pm.

U16 boys and girls training from 7pm to 8pm. Please bring your own basketball.

Trials will be held if we have more than 10 players interested in participating on a team. If any parents are interested in helping out with coaching please contact Maureen on 087 2628766. Each team will need one coach but preferable two coaches per team.

The dates for the county competitions are the following :

Boys U13 Sunday January 12th Girls u13 Saturday January 18th Girls U16 Sunday January 19th Mixed U11 Saturday January 25th Boys U16 Sunday January 26th

GNEEVEGUILLA ATHLETIC CLUB:

LOTTO: No winner of our lotto draw 08/11/2019, numbers drawn were 9, 14, 21 & 27. Sellers prize winner John Spillane, \in 50 y/t prize to Donagh Hickey Rathmore, \in 50 to James Moynihan Rosacrue, \in 40 each to Fred O' Sullivan Lisheen, Michael O ' Keeffe c/o Margaret Hayes & Denis & Siobhan c/o Corner Bar. Bonus not won, numbers drawn were 4, 8, 17 & 21. Next week's jackpot \in 7,200 plus \in 1,000 bonus.

MUNSTER SENIOR CROSS COUNTRY: Caroline Murphy ran in the Munster Senior Cross Country in Conna, Co Cork last Sunday and did very well.

OUTLOOK RUGBY

KILLARNEY RFU U18'S V OLD CHRISTIANS NO JOB FOR KILLARNEY IN CORK

On Sunday last the U18.5s travelled to one of the stalwarts of Cork Rugby, Old Christians RFC, the home or famous faces like Donal Lenihan and David Corkery. The team was without some of the U17's who were busy representing Kerry in Musgrave Park so it was the job of the remaining players to wear the Killarney hoops with pride. The game started like a tornado with the sleek feet of Gary Randles zig zagging their way around and through 6 of the Old Christians players to plant the ball firmly over the line to open the score. Christians then pushed Killarney hard and after repeated crashes against the defensive line managed to get a try back. With their heads now up Christians again piled on the pressure and eventually succeeded with a wide move that got rewarded with a try.



10-5 at half time but with heads up Killarney pushed hard and we're rewarded with a penalty slotted over by Ciaran O Brien. The second half then saw Killarney take the lead with a break on the left wing by Matt McAuliffe that Zebo would have been proud of and a powerful crash over the whitewash from John McCarthy to stretch the score to 18 - 17. With two minutes to go Christians were awarded a penalty that gave them the lead to see out the game. This was a great opportunity for the coaches to see some new combinations at work with changes on the wings, centre, both halfbacks, front row and back row. To a man Killarney could have not worked harder and will undoubtedly learn from the mistakes made. Every player got game time. Team on the day - Adam Cronin, Craig McKenzie Vass, Ciaran O Brien. Krystian Komosa, Evan Mannix, Adam McSweeney, Sam Casey, Padraic Talbot, John McCarthy, Matt McAuliffe, Mark Sheahan, Dion O Neill, Jack O'Connell, Micheal Og Casey, Adam Walsh, Aidan Keane, Tomas Clifford , Ronan Buckley and Gary Randles. Next week we are away to Killorglin.

SCHOOLBOY/GIRL SOCCER

INTER LEAGUE, NATIONAL CUP AND LEAGUE GAMES:

Subway 13's Inter League# Kerry0 –0 South Tipperary **Development Game** Kerry 3-0 South Tipperary Skechers National Cup 15's Aisling Annacotty 7–2 Listowel Celtic Daly's Supervalu 13's Premier Killarney Athletic 8–1 Fenit Killarney Celtic 2–3 LB Rovers Inter Kenmare 1–4 Tralee Dynamos Killorglin 5–0 Park 13's Division 1 Inter Kenmare B 1–5 Mastergeeha Camp Juniors 2-1 Park B Killarney Athletic B 0–3 Dingle Bay Rovers 13 Division 2 North Liutowel Celtic B 2–9 Park C Camp Juniors 7–3 Fenit 13 Division 2 South Killorglin B 2–1 Mastergeeha Ballyhar Dynamos 3-4 MELK Galaxy C Inter Kenmare 5–1 Killarney Athletic Killarney Plaza 15 Premier Iveragh United 1–0 Killorglin 15 Division 1 Fenit 0–8 Tralee Dynamos 15 Division 2 Killorglin B 3–1 Killarney Athletic B Tralee Trophy World 16 Division 1 South MEK Galaxy 2-2 Inter Kenmare **Girls Leagues** 13 Premier: Killarney Celtic White 6–0 Fenit Iveragh United 1-8 Listowel Celtic 13 Division Park 2–2 Dingle Bay Rovers LB Rovers 5–0 Fenit B 15 Premier Dingle Bay Rovers 0-4 Killarney Celtic 17 Premier Park 0-5 Listowel Celtic REPORTS **KERRY 13'S WIN AND DRAW:**

Kerry 13's Emerging Talent Squad welcomed South Tipperary to Mounthawk Park for the 3rd round of the Subway Inter League. Both sides had two teams on duty on the day.

In the Inter League game the points were shared in a 0-0 draw. Aaron Doyle went closest for breaking the deadlock for Kerry in the first half. In the second period South Tipperary created some chances of their own and the Kerry keeper Brian Dineen was called on to make some important saves.

Kerry pushed on looking for the winner and Luke Doolan, Sam Slattery and Liam Hennigan were all narrowly off target as both sides had to be happy with a point each.

The Development side put in a great effort to win 3-0 with Ruairi O'Connell, Darragh Lynch and Ronan Carroll on the mark.

LISTOWEL CELTIC 15'S OUT OF NATIONAL CUP

Listowel Celtic made the trip to Limerick to take on top side Aisling Annacotty and the sides were level 1-1 at the break. However the home side hit Listowel Celtic for two early goals in the second half and then pulled away.



Killarney Celtic team away to Granagh Utd in the FAI Junior Cup 4th Round.

Latest round of 11's non trophy games: There was another full round of games in the

11's non-trophy groups. 18 clubs fielded teams this weekend's with nearly 300 of our youngest players in action.

TOP 2 WIN IN 13 PREMIER:

Leaders LB Rovers made it 4 wins from 4 in the Daly's Supervalu 13 Premier. Leigh Meehan was the hero hitting all three goals for his side to move them onto 12 points. JJ O'Donoghue and Oisin Fleming got the Celtic goals.

Killarney Athletic are also unbeaten having notched up their third win from their three games. Luke Doolan 3, Liam Hennigan 2, Szymon Jasinski, Brian O'Shea and James Dempsey were the Athletic scorers from the game played in Woodlawn.

Tralee Dynamos won 4-1 away at Inter Kenmare with Michael Tangney on the mark for Inter. Adam Evans hit three for Dynamos with Rory O'Halloran getting the other goal.

Killorglin will be happy to get their first win in their second game as they beat the Park thanks to 2 goals from Arron Doyle who got 2, Adam O'Neill from a cracking free kick, Darragh Lynch from long range and James Jones but it was not all one way traffic as Killorglin keeper Sean O'Sullivan was in great form.

DINGLE BAY WIN BATTLE OF UNBEATEN SIDES IN 13 DIVISION 1:

Killarney Athletic B and Dingle Bay Rovers met in Woodlawn with both sides having won their two opening games. After the game it was the West Kerry side that kept their unbeaten record winning 3-0 to move onto 9 points. The Dingle Bay Rovers goals came from Cian MacGearalit, Padraig Manning and Jack Sheehy.

Inter Kenmare C kept the top two sides in their sight with a 5-1 home win over Killarney Athletic C. For Inter Jack Wiggins, John O'Sullivan, Alex Sheehan, Robbie Guest and Emmet Cronin all scored with Darragh O'Sullivan controlling the game from midfield.

Mastergeeha got their first win from their two games thanks to goals from Evan O'Sullivan 2, James O'Connor, Mathew Kennedy and Thomas Myers in their 5-0 win away at Inter Kenmare B. Camp Juniors defeated Park B 2-1 at home with Nadal Rivas on the mark for the Tralee side.

LEADERS WIN AWAY IN 13 DIVISION 2 NORTH

The Park C continue their unbeaten run in the Daly's Supervalu 13 Division 2 North as they won away at Listowel Celtic B. The Park's goals came fro,m Maciez Kubik, Saad Abdall, Patrick Wojtawk, Marcel Kowalczyk and Brian Heaphy. Camp Juniors were 7-3 winners at home to Fenit in a game where Mikey O'Leary was on fire hitting 5 for the winners with Jago Brodie and Mark Vansteekiske also on the mark. Lilly Nowak got all three goals for Fenit.

OUTLOOK SOCCER

MEK REMAIN UNBEATEN BUT ONLY JUST IN 13 DIVISION 2 SOUTH

There was a cracking at Murt Scott Park when Ballyhar Dynamos just went down 3-4 to MEK Galaxy C after being 4-0 down. For MEK Galaxy C Jamie Voosden, Ryan Carey and Eanna Murphy were the scorers. Sean Barry, Shayden Lyne and Harry O'Connor got the goals in the Ballyhar comeback.

IVERAGH 2 FROM 2 IN 15 PREMIER

Iveragh United have made the perfect start to the Killarney Plaza 15 Premier with 2 wins from 2. They were 1-0 home winners against Killorglin with Oisin Breen getting the vital goal. Dynamos Delight in 15 Division 1:

There was only one game in the Killarney Plaza 15's Division 1 with Tralee Dynamos winning away at Fenit. The goals came from Tom Quilligan, Alex Hoare, Darragh Cummane and Adrian Horgan for the Dynamos.

KILLORGLIN B OFF THE MARK IN 15 DIVISION 2

Killorglin B were 3-1 winners at home to Killarney Athletic B in the 15's Division 2. Oran Daly got the goal for Athletic who also had a great game from Kieron McHugh. For the winners the goals came from Mathew Naughton and Bartek Zglinsk in the first half and two from Mathew Murphy in the second half.

Honours even in the 16 Division 1 South

There was one game in the Tralee Trophy World 16 Division 1 South on Sunday between MEK Galaxy and Inter Kenmare finishing all square at 2-2. Shane Evans got both the goals for MEK Galaxy.

OUTLOOK SOCCER

GIRLS DIVISIONS: CELTIC'S WIN IN THE 13 PREMIER:

There were wins for both Celtic's in the Daly's Supervalu 13 Premier with Killarney Celtic winning at home to Fenit and Listowel Celtic coming out on top away to Fenit.

For Killarney Celtic Clogadh Moriarty, Aine Fitzgerald and Clogadh McGorrian were the scorers. Listowel Celtic's goals came from Laura Falvey, Holly Boyle, Lisa Slattery, Laura Meehan and Anna Slattery with Keelan O'Shea replying for the home side.

LB ROVERS GO JOINT TOP OF 13 DIVISION 1 With Killarney Celtic and Castleisland not in action LB Rovers took the opportunity to join them on 9 points as all three sides are unbeaten in their 3 games. The LB Rovers goals came from Roisin Fogarty and Erica McSherry who both

mark. In the other game the Park and Dingle Bay Rovers drew 2-2. Hannah Nic Gearailt and Ciara Kennedy were on the mark for the West Kerry side. Aoife Begley Jacinta Griffin got the goals

scored 2 each with Ruby Browne also on the

for the Park to earn her side the point. CELTIC OPEN WEEKEND WITH A WIN IN THE 15'S:

The 15 Girls Premier game in Dingle opened the weekends action when Killarney Celtic defeated the home side 4-0. For Celtic the scorers were Ava O'Neill, Tierna Murphy and Aideen O'Brien 2. For Dingle Bay Rovers Emma O'Brien was the best player on the night.

LISTOWEL CELTIC WIN IN THE 17'S:

A much more experienced Listowel Celtic u17 girls side defeated the Park's team in this game at Christy Leahy Park.

KILLARNEY ATHLETIC

U15 DIVISION 2

Killarney Athletic 1 Killorglin 3 Scorer for the Blues Oran Daly. U13 Division 2 Killarney Athletic 2-Kenmare 5.

U11 NON COMPETITIVE LEAGURE

Killarney Athletic V MEK Killarney Athletic V Iveragh 34 kids played - Great games Loads of Goals Killarney Athletic Youths -3 Killarney Celtic-4 After Extra Time. KILLARNEY ATHLETIC U13 PREMIER

U13 Premier Result

Killarney Athletic 5 - 1 Fenit Samphires Brìan O' Shea, Liam Hennigan, James Dempsey Luke Doolan and Szymon Jasinski

Our young Blues welcomed a newly promoted Fenit side to Woodlawn this morning in their third League fixture of the Season.

A great performance all round with some excellent football on display.

Feint will surely have better days ahead and we wish them well in the rest of their league campaign, thanks to Dave and his young Sapphires for a good sporting game.

Three wins from three now in the League and with a National Cup Game vs Avenue Utd for a place in the last 32 and Regional place to play for, there is exciting days ahead.

FAI JUNIOR FOURTH ROUND SENIORS Killarney Athletic -2



U7/8 Blitz in Killarney Celtic great fun loads of Goals.

Carrig Celtic -3

MEK GALAXY NEWS

TABLE QUIZ:

Please come out and support! SENIORS:

KDL Premier A :

MEK Galaxy 0 - Castleisland AFC 1

Best on the day: Joe Donovan Conor Murphy Harry Buckley

Really good performance overall and very unfortunate not to get something out of the game. Castleisland scored from a corner after 38mins and Premier A as we are learning is a ruthless division. Plenty positives to take with a serious team effort overall and look forward to the next game with optimism again.

U16: MEK GALAXY 2 INTER KENMARE 2.

Good performance today in a game we really should have won. We had 14 shots to their 6. Kenmare scored with a looping shot from 40 yards that ended up in the top corner. To leave the half time score 1-0.

They then scored again on a counter attack to leave us 2-0 down 10 minutes into the second half.

To our credit we dug in and with Brendan Casey driving us on from midfield we dominated the rest of the game. A super volley at the end of a slick move saw Shane Evans score. A foul on Brendan eventually resulted in a penalty which Shane converted to make it 2-2 with 15 minutes remaining.We created several chances after that with Hugh OMalley hitting the post and several other chances created but not taken.

Overall our work rate and passing were excellent and it was a very good performance.

Team Dean Sheehan Xisco Colon Daire McCarthy Shane O'Connor Sam Griffin Leo Healy Brendan Casey Shane Evans Capt Liam Roche Eddie Moroney Fionan Griffin Kevin Harant Eden Murphy Hugh OMalley Tadhg O'Sullivan. Scorer Shane Evans x 2. Best on the day Brendan Casey Daire McCarthy Shane O'Connor Dean Sheehan Well done!

U13 BALLYHAR 3 MEK 4

A game of two halves this one was. We dominated the rirst half but could only take a 1-0 lead to the break. 3 quick second half goals saw us take a 4 - 0 lead and we looked like we were crusing. However a determined Ballyhar stepped up a gear and pulled 3 goals back which left us struggling to hold on for a well deserved but hard fought win which see's us firmly at the top of the league table with 3 wins frim 3 games. Goal scorers for MEK were Jamie Vousden, Noah OShea, Ryan Carey and Eanna Murphy.

Man of the match went to Ryan Carey who never stopped trying.

Fixtures: SAT. 16TH:

U10: MEK V Killarnev Ath @ 2pm

- U12 Premier: MEK V Listowel @ 10:45am
- U12 Div. 2: Inter Kenmare V MEK B @ 11am
- U11 Girls: Killarney Celtic V MEK Starz @ 3pm
- U13 Girls Premier: Inter Kenmare V MEK @ 2pm
- U13 div. 1: MEK Starz V Castleisland @ 2pm

KILLARNEY CELTIC

FAI JUNIOR CUP 4TH ROUND

Granagh Utd 1, Killarney Celtic 3. Stephen McCarthy, Gary Keane, Adam O Rourke.

A penalty from Stephen McCarthy had Celtic 1 to the good at the break. Gary Keane doubled the advantage in the 53rd minute before Adam O Rourke sealed the win in the 86th minute to send Celtic in to the 5th round draw. FAI YOUTHS CUP

Killarney Celtic 4, Killarney Athletic 3 (AET)

Sales: Cindy 087 1210959 🗹 sales@outlookmags.com

Celtic played with the wind at their backs in the 1st half and went in at the break 3-1 to the good with Dylan O Callaghan, James Darmody and Padraic Looney scoring. Athletic struck back in the 2nd half to force extra time where Dylan O Callaghan was on hand to get the winner to send us into the next round away to Bearna Na Forbacha from Galway.

U13 PREMIER KILLARNEY CELTIC 2, LB ROVERS 3.

Oisin Fleming JJ O Donoghue.

Celtic dominated the game. Our defence was solid and the wingbacks did a good job containing the wingers for LB Rovers. We played some lovely football and looked dangerous on the attack. Oisin Fleming scored after 2 minutes after a lovely chipped pass from Joey McCarthy. Not long after LB were awarded a penalty which they scored. It didn't take Celtic long to take back the lead through JJ O Donoghue making it 2-1. The second half continued along the same path and Celtic were unlucky not to go further ahead when Celtic missed a penalty that just slid past the post. In the last five minutes LB Rovers scored two crackers that gave them all 3 points.

Well done to our U7/8s who played Killarney Athletic and our U10s and our U11s who played Inter Kenmare over the weekend. Many thanks to the visiting teams for the very sporting games.

U15 GIRLS PREMIER

Killarney Celtic 4, Dingle Bay Rovers 0 Aideen O Brien (2), Tirna Murphy, Ava O Neill Celtic were 3 up at the break and maintained their advantage throughout the game to take the win.

U13 Girls Premier Div

Killarney Celtic 6, Fenit 0

Celtic u13 girls played Fenit at Celtic park. Celtic started strong and were 2-0 up within 10mins thanks to Clodagh Moriorty whose work rate on the left side of midfield is immense.Half time 2-0. 2nd half with the wind at their backs and some great passing from midfield we managed to pick up where we left off and though Fenit defended very well for large periods of the game the passing and movement by Celtic was good and we managed to pick up 4 more goals, Clodagh scored again to complete the hatrick, Aine Fitzgerald got another 2 to add to her tally for the season and Clodagh Mcgorrian scored a great goal into the top corner.

Many thanks to everyone who supported our street collection over the weekend and to all the collectors for their time.

CELTIC LOTTO

Numbers drawn 3,15,17,24. Match 3 receive

€40. Next jackpot €11,800.

MASTERGEEHA FC

U11 MASTERGEEHA V PARK

All did well and battled bravely in the against a strong Park side.



U7/8 Blitz in Killarney Celtic great fun loads of Goals.

U13 DIV 1

Inter Kenmare 1 Mastergeeha 5. The boys performed well away on Saturday morning. Evan O Sullivan (2), James O Connor, Matthew Kennedy and Thomas Myers got the goals.

U13 DIV 2

Kilorglin 2 Mastergeeha 1 In this close game the boys were two down early in the game. In the second half Mastergeeha got a goal back when Eoin Cashman finished well. After this both side had chances but with Mastergeeha goal keeper Darragh O Brien saving well.

U18

Inter Kenmare 2 Mastergeeha 2 Mastergeeha had to settle for a share spoils in this game despite creating some good chances. Philip O Leary and Evan Murphy got the goals. BINGO

Mastergeeha presents Monthly Bingo in Kilcummin Recreational Community Hall starting on the 25th November. Doors open at 7.30pm. All welcome.

MASTERGEEHA FC LOTTO

There was no winner of the Lotto on Friday 8th November. Numbers drawn were 11, 12, 23, 28.Consolation prizes went to the following €50 P.Cahill, Knocklebede, Kilcummin, €50 Colm Moloney, c/o John Kerins, €50 John F. O'Leary, Knocklebede, Kilcummin, €50 Marian, Isabelle & Amelia, c/o Lals. Next draw Friday 15th November Jackpot €15,000.

MASTERGEEHA F.C.

Club merchandise is now on sale at our shop in Kilbrean Park every Saturday morning from 10.30-12.00. You can view our full range of sports clothing at www.mastergeeha.com. Please note that the last date of Christmas orders is Sat Nov.23rd. For more information contact Kate 087/7925296 or Theresa 087/6201708.

KILCUMMIN GAA MERCHANDISE

Orders now being taken for Christmas, contact Marie Lehane 087 9181973 before Dec 1st. GAA FUNDRAISER "WALL OF CHAMPIONS"

This is an unique fundraiser being run by the club to complete phase B of the current development. This will involve interior fittings and works as well as external ramps and ground works and will compliment all works to date which include provision of new training facilities, a walking track, perimeter fencing and the structure which will comprise of two new dressing rooms, referees room, treatment rooms and Gym facilities.

The "Wall of Champions" fundraiser allows people the opportunity to honour Past, Present and Future generations by purchasing a space on the wall for as little as \in 5 per week for 12 months or a once off payment of \in 250. It is envisaged that people will purchase them as a memory of a loved one that is RIP, as a wedding present, as a christening present or just as a way of being associated with their progressive and successful club, 2019 All Ireland Intermediate club champions. Also people are aware that these facilities will not only improve the quality of life for ourselves but also for our children and grandchildren, as well as sister organisations within the parish.

Kilcummin GAA Club would like to acknowledge the work of the development committee, the volunteers and the people who have supported this project to date. One last push and we will have a facility to boast about. Contact any member to purchase a "Brick" and declare your support for our future.

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958

OUTLOOK SOCCER

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OUTLOOK BASKETBALL National League Division One:

Eileen's winner for Anne's the highlight of a busy Kerry Airport KABB week

By: Eamonn Keogh

U16 Girls Kerry Airport Division Plate: St Anne's 48-46 St Joseph's Overtime:

The battle of the Saints Anne and Joseph in Farranfore was a cracker with 3 minutes of overtime needed to separate the sides. St Anne's just got the better of the first quarter leading 14-10 with Eileen O'Leary to the fore while Grace Cahill impressed for the opposition.

The second quarter was even closer ending with St Anne's just preserving their lead 27-26. A three pointer from Ellen O'Sullivan was an important score for the home side while Duagh's Lucy Horgan led her side to within a point.

This game was thrilling the supporters from both sides and St Anne's needed vital points from the free throw line by Aine O'Shea to end the third quarter all square at 36 points each.

The sides went basket for basket in the fourth quarter and could not be separated as the buzzer sounded. It was then into 3 minutes of overtime and St Anne's Eileen O'Leary stepped up with the vital basket that saw her side take the win by just one basket 48-48.

Overtime also needed in the St Joseph's v Rathmore 16 Boys game:

The high standard of play all around the county throws up classic games with every set of fixtures. The u16 Boys Division 2 game between St Joseph's Duagh and Rathmore Ravens was another of these.

Both sides went basket for basket and every

score was hard earned. For the North Kerry side Fearghal Cudlipp, Darragh O'Keeffe and Eoin Dowling were in great form. Darragh Nagle, Michael Dennehy and Fionn Murphy were to the forefront for Rathmore who trailed by just two points after three quarters 46-44.

The final quarter was another nail biter for the big crowd with some outstanding performances from St Joseph's Eli Fitzgerald, Jack O'Keeffe and Niall Horgan and Rathmore's Ciaran Collins and Cian Twomey. And it was Rathmore that got the last basket inside the final seconds to tie the game and send it to overtime. And in that period St Joesph's just managed to get the vitals scores to win 64-62.

For St Joseph's Eli Fitzgerald ended with 16 points, Fearghal Cudlipp on 12 and Eoin Dowling hitting 9 while for Rathmore Ciaran Collins had a game high 21 points. Michael Dennehy ended with 16 and Cian Towmey had 7.

Double for KCYMS

In the u12 Boys Division 2 it finished with KCYMS defeating St Bridget's 23-17 having led 13-9 at the half. Eoin Henken got some vital baskets for the winners while they also needed big defensive efforts from Tomas Joy and Charlie Griffin. The boys doubled up with an away win at Caherciveen having had a strong first half under both boards leading 14-2. In the end KCYMS won 31-16 with Liam O'Connell leading the scoring for the Killorglin club with 13. Adam Radny and Bryan McKenna also hit important baskets.

Ravens Girls soar to two wins:

The Rathmore Ravens u12 Girls made the trip to Tralee a winning one as they defeated Imperials. Rachel Rahilly led the Ravens scoring with 8 points with Aine O'Sullivan, Ava Twomey and Niamh Brosnan also impressing.

This was their second win of the week on the road as they had also seen off Glenbeigh Falcons. They led by double scores at the half 16-8 and with strong defensive display and a good spread of scorers took the win 32-10. Ava Twomey led the scoring for the winners with player of the match Niamh Brosnan, Aine O'Sullivan and Rachel Rahilly all getting on the score sheet. Brendan's just beat the Bobcats:

There was another close game in the u13 Boys Division 1 between St Brendan's and TK Bobcats played in the John Mitchel's Sports Hall. TK Bobcats had been beaten by the same opposition and were looking to reverse the result. At the end of the first guarter they led 9-8 with Jack Joy leading the scoring. Despite a big effort from Martin McKivergan St Brendan's had moved into a 22-17 lead at the half.

The gap remained the same at the end of the third quarter as the Tralee side led 30-25. St Brendan's were finding scores easier to come by in the final quarter but the TK Bobcats boys never gave up and were unlucky to see some good efforts lip out. In the end St Brendan's took the win 39-32 in a game where both sides will take lots of positives from.

Killarney Cougars BC

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JUVENILE NEWS KERRY AIRPORT U14 BOYS Caherciveen 35 Killarney Cougars 40

Cahersiveen hosted the Cougars in Colaiste na Sceilg on Sunday last and the Cougars had to work to recover from a slow start. The home side led 16 6 with Dara Murphy and Donagh Sugrue on target with a couple of baskets each. Cougars dominated the second gtr to trail 23 20 at half time with Jack ODriscoll, Ted O'Gorman and Rory Clancy all impressing. Cougars pushed ahead 30 29 by the end of the third qtr. A well contested final gtr saw Cougars doing enough to hold onto the lead until the the end ito secure the points. The teams meet again next week in

the Cup at the Pres Gym. Kerry Airport U14 Girls K CHORCA DHUIBHNE 24 ILLARNEY COUGARS 56

A long journey to Dingle West Kerry did not bother the Cougars girls as they were in top form and dominated the game in all quarters,

Cougars followed their recent win in Farrenfore to take the points with Zio Geaney, Lily & Ruby Courtney, Annie O'Connell, Kathyrn Ryan, Avril Ahern all impressing.

KERRY AIRPORT U16 GIRLS KENMARE KESTRELS 19 KILLANEY COUGARS 54

The Cougars girls travelled early sunday morning to Kenmare and were quickly off the mark against the Kestrels in a low scoring first qtr in the game and led by 5pts . Cougars took complete control in the second gtr to open up the lead to 25-10 by halftime and their was no way back for the Kestrels team.

Best for Cougars on this occasion were Edel Horgan, Thique Kennedy, Aimee Coffey, and Olivia Gaffey.

SENIORS

KERRY AIRPORT SENIORS WOMEN. ST ANNE'S 44 KILLARNEY COUGARS 61

The Cougars travellled to Farrenfore sunday morning and they followed our Senior Mens by winning their opening game of the league in a competitive game with St Anne's. Cougars lead the first qtr with Holly Kennelly getting the opening score for the Cougars with further baskets by Meave Bellew and Kelly Ahern put Cougars ahead by 2pts at the end of the opening qtr. Cougars found their range in the second qtr with three pointers by Holly Clifford, Kelly Ahern and Holly Kennelly kept Cougars ahead at half time 27-24. Cougars dominated the third Qtr and opened up big lead to 46-32 and they withstood the pressure in the last qtr with Meave Bellew and Holly Clifford in top form throughout with some big scores for Cougars. Academy Training

Academy training continues on friday for the U8 & U10 girls and boys in the Parish Hall.

U8 4.45pm, U10 Girls 5.45pm, U10 Boys 6.45pm Further details on training schedules, fixtures go to our website www.killarneycougars.com or follow us on facebook

National League Division One:

Winning ways continue for Lakers

By: Eamonn Keogh

Scotts Lakers 90 Sligo All Stars 70

SCOTTS Lakers winning form continued with a convincing 20 point win

over Sligo All-Stars in Killarney Sports Centre last Saturday night.

Apart from a brief spell in the third quarter the home side were never really troubled by the northwesterners. The Lakers started well racing into a 7-0 lead with a determined Victor Martinez making a noticeable impact from an early stage. Toby Christensen and Mick McGinn also impressed to help the home side gain

a 22-12 late in the first period. Sligo stayed in touch and pulled it back to 22-16 at the end of the quarter. A brace of quick three-pointers from Brian O'Neill along with further scores from Martinez pushed Scotts Lakers 30-20 in front

after three minutes of the second quarter. Aaron Jackson and Mick McGinn also did well to extend the advantage to 37-22 midway through the quarter . Despite the best efforts of Alvaro Romo , Jesus San Martin and Brandon Berry for Sligo, the home side still enjoyed a 15 point lead, 44-29, at half-time.

Lakers continued to dominate upon the resumption with Jackson, Toby Aaron Christensen and Mark Greene hitting big baskets to open up a 51-33 lead after three minutes . However Sligo then enjoyed a purple patch with Alvaro and Berry leading the way as they went on a 13-0 run to narrow the gap to 51-46 with four minutes left in the third quarter. Sligo veteran Shane O'Meara, a player with strong Killarney connections, was also a commanding presence under both boards and the visitors looked like they could cause an upset. However the danger didn't last long as Lakers regained control with a

timely three-pointer from the outstanding Toby Christensen while Carlton Cuff and Aaron Jackson also added scores to make it 62-52 at the end of the third quarter. Jackson and Christensen continued to impress as Scotts Lakers opened up a commanding 82-55 lead midway through the final quarter. There

was no way back for Sligo after this with Lakers coach Shane McCarthy running his full bench as Keelin Houlihan, Jamie O'Sullivan and Keith O'Grady made notable impressions. Lakers had 20 points to spare in the end. Aaron Jackson and Toby Christensen led the way in scoring terms while big Toby also pulled down 15 rebounds. Carlton Cuff also impressed under the boards grabbing 12 rebounds while Spaniard Victor Martinez enjoyed his best game of the season working hard on both ends of the court. Following the victory over Sligo, Scotts Lakers have a 6-2 winning record and share joint second place on the league table with Fr Mathews and Lyit Donegal, who have a 6-1

record each. Although the Lakers have played one more game, they have a chance to go ahead of Fr Mathews when the sides clash this Saturday night November 16th at

7.45pm in The Fr Mathews Arena Model Farm Road, Bishopstown Cork.

Scotts Lakers: Aaron Jackson 25, Toby Christensen 24, Victor Martinez 12

Mick McGinn 7, Carlton Cuff 6, Brian O'Neill 6, Mark Greene 5, Keelin

Houlihan 2, Jamie O'Sullivan 2.

Sligo All Stars: Alvaro Romo 27, Jesus San Martin 8, Brandon Berry

10, Carson Long 8.

7 Years and over €72,000 raised in the 54321 Chαllenge

Celebrting their 7th year, the annual 54321 challenge has raised an amazing €72,506 for three Kerry challenges.

Last weekend, the group handed over the proceeds of the event which took place from

the 22nd – 25th August 2019. 37 participants began this year's Challenge in high spirits from the GAA grounds in Killorglin on Thursday 22nd August and cycled around the Ring of Kerry on day one. On Friday 23rd, the group travelled to the base of Carrauntoohil, and climbed Ireland's highest mountain on a day that the conditions wre challenging to say the least.

Having returned safe and sound from Friday's challenge on Saturday, they once again took to the bicycles and cycled from Killarney to the foot of Mount Brandon and climbed it, the persistent rain throughout the climb did not dampen the spirits of this amazing bunch of people, they even sang a few songs and danced a set when they reached the top. The challengers spent a welcome night in Dingle before embarking on the final day which was a cycle from Dingle to finish where it all started in Killarney where they received a hero's welcome at the Gleneagle Hotel where supporters of all three charities gathered to welcome them home, followed by well-deserved drinks and pizzas at Kayne's Bistro. It was a weekend of bonding, banter, singing, struggles, laughs but most of all a great sense of achievement in completing the challenge on a personal level and for three great causes for all the



participants.

'On behalf of the Skellig Stars, The Kerry Hospice and Dingle Coast and Cliff Rescue Service and the 54321 Challenge team we would like to say thank you to all those who have sponsored and supported us along the way

The 37 participants came back together again on Saturday 2nd November in the Victoria House Hotel to present the cheque for an incredible \in 72,506 to this

year's selected charities. This brings the amount raised to date by the 54321 Challenge to €206,712 for various Kerry Charities. The date for next year's event will be confirmed shortly and we will be recruiting teams so if you would like to be part of next year's Challenge or would like further information please call the event organisers Carole Moran (087 9471336) or TJ O'Connor (087 6277141).

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Margaret's Ramblings

HANDY HINTS:

*A dab of glow-in-the-dark paint means no more groping for the light switch in the dark. You can buy glow-in-the-dark paint at some hardware stores and home centres and wrap torches with glow-in-the-dark tape.

*Slip PVC pipes over the handles of your pruning shears and tape them in place to extend your reach and clip high branches without a ladder.

*When you're painting or gardening, keep your phone clean and dry by sealing it inside a reusable zip-top bag. You can still work the buttons right through the bag.

*To park your car at home, hang a tennis ball from your garage ceiling so it just touches the windshield. It will show you precisely where to stop.

*Before drilling or cutting into a wall, tape a bag below the work zone and it will catch the falling dust.

*Keep a couple sections of pipe insulation or pool noodles in your trunk to protect both the car's paint and your oversized cargo.

*Coat your face and arms with lotion before painting and the splatters will wash off effortlessly. *A little knob of blue tac etc keeps pictures level without harming walls.

*Not enough space to hang towels in your bathroom? Add a second shower curtain rod and you'll have plenty of room.

*Drill a second key ring hole near the edge of your house key and it will stand out from the others. No more fumbling with your keys in the dark.

THE CAPITAL CITY OF SOUTH KOREA HAS FINALLY BEEN DECLARED DOG SLAUGHTER-FREE

Seoul's last three dog meat shops have agreed to end dog slaughter on-site, following over a year of campaigning from Seoul's Mayor Park Won-soon and the Seoul Metropolitan Government.

Leading animal charity Humane Society International/Korea has so far rescued more than 1,800 dogs and closed 15 dog meat farms in South Korea since they began their work in the city back in 2015. Additionally, the organization has helped farmers to close down their dog meat farms and transition to alternative, more humane livelihoods, as dog farmers are increasingly keen to exit the controversial trade due to societal shame, family pressure and decreasing profits. A survey by Gallup Korea conducted in June 2018



shows that 70% of South Koreans say they will not eat dog meat in future. In July this year HSI/Korea assisted in the closure of South Korea's notorious Gupo dog meat market in Busan, following the closure the previous year of Taepyeong, the largest dog slaughterhouses in the country in Seongnam.

AN 11TH CENTUARY TREE HAS WON A 21ST CENTURY PRIZE

Liverpool's Allerton Oak tree, which is said to have been present in the city when the Normans conquered England in 1066, has won England's 2019 Tree of the Year award - a contest which has been celebrating trees for their beauty, character, and special history across Great Britain and Northern Ireland since 2014.

Receiving 34% of the 11,000 votes in the contest, the Merseyside Oak defeated a sycamore growing atop a castle in Essex and "The Dragon Tree" on the Isle of Wight to claim the coveted arboreal prize. Allerton Oak will represent its home country in the 2020 European Tree of the Year contest to be held next year.

The Allerton Oak is believed to be more than 1,000 years old—and it has played a far greater part in Liverpool's history than simply standing still and converting CO2 to oxygen. A placard at the foot of the great tree reads "One thousand years ago, Allerton did not possess a courthouse and it is believed that the sittings of the Court were held under the spreading branches of this tree."

In World War II, Liverpoolians who were off fighting in Europe often received acorns and leaves from the Allerton Oak as a little piece of home, and a sign of strength to protect them in battle.

ON THIS DATE - November 15th:

1943 - World War II - Himmler ordered that all Gypsies and those of mixed Gypsy blood were to be put on the same level as Jews and placed in concentration camps.

1945 - Petrol for private cars went on sale in the Republic of Ireland again for the first time since the Second World War.

1956 - Elvis Presley's first film "Love Me Tender," premiered in New York City.

1968 – Córas Iompair Éireann (CIE) retired its last dray horse.

1983 - Turkish Republic of Northern Cyprus proclaimed.

1990 = The Space Shuttle Atlantis launched its first flight.

1998 – Bridget Dirrane, who was imprisoned with Kevin Barry and who canvassed for John F. Kennedy in the United States, celebrates her 104th birthday.

2001 – Jacob's Bakery celebrates its 150th anniversary with the launch of a book detailing its history. The famous bakery was founded in 1851 by two Quaker brothers from Waterford, William and Robert Jacob.

2009 - Kosovo held its first local election since declaring independence from Serbia.

2013 - As part of an effort to protect human rights, China's CPC Central Committee announces a plan to abolish it's 're-education through labour system' which began in the 1950s.



GAYBO'S LEGACY - By Nicky Barry

Caesar ruled the Roman Empire, and Gaybo ruled the Irish air, They both were men of influence, with dignity and flair. They both rose to the zeniths, of their chosen spheres, Caesar with a Roman spear, and Gaybo with good cheer. <u>Caesar marched</u> his legions in, and conquered

many nations, <u>Gaybo sat behind a desk, and thrilled many</u>

generations.

Cesar's Roman Empire, was built on might and fear, Gabo's world of TV fun, brought laughter, joy and tears. The tears were those of rapture, as he spun his web, And beguiled us all on Friday nights, before we went to bed. Caesar built great aqueducts, and roads and bridges

too, Gaybo broke down barriers, which out of ignorance

grew. Caesar left his Roman mark, for centuries thereafter, Gaybo's legacy to Ireland, will always be laughter.

He had a way with people, for they saw him as a friend, Who would always be around; we thought it would never end.

But nothing lasts forever, and even Gaybo had to go, He left us all with memories, of his great Late Late Show.

We'll never hear his likes again, on the wireless or TV, For he was a colossus, just like Caesar used to be.

Saint John of God Community Services CLG, Kerry Services

Saint John of God Kerry Services provides a range of programmes and services for adults and children with an intellectual disability throughout the Kerry region. A person-centered approach to service delivery is promoted in accordance with the Organisations values and ethos and in keeping with its commitment to the continuing development of community based services. **If you are looking for a new exciting challenge and share best practice, the following roles might be of interest:**

CO-ORDINATOR RESIDENTIAL SERVICES (CNMII)

(39 hours per week, Initial assignment Night Duty, Permanent Contract)

The successful candidate must have:

 Suitably qualified candidates must be currently registered with An Bord Altranais

Desirable qualities/experience as follow:

- Minimum two years management experience and the ability to demonstrate excellent relevant management and leadership skills.
- A proven track record in the delivery of Person Centred systems services and supports.
- A flexible working approach that responds to the changing needs of a 24/7 service.
- Excellent knowledge and understanding of relevant HIQA regulation and all other relevant legislation
- Previous relevant experience of working with adults with an intellectual disability who have moderate, severe to profound disabilities.
- High level of report writing, with excellent communication skills, flexibility and commitment
- · A full, clean driving licence suitable for manual vehicles

Informal enquiries to Ms Nora Brosnan Programme Manager. Tel: 064 66 44133

COMMUNITY TRANSITION CO-ORDINATOR

(39 hours per week, Specified Purpose Contract (Initial assignment 2yrs Fixed Term)

The successful candidate must have:

- Qualification in Social Care, Healthcare or Nursing.
- Must have a minimum of two years' experience in working and supporting people with intellectual disabilities.
- Proven experience and ability to properly discharge the functions of the role.
- · A full clean driver's licence for manual vehicles is essential.

Skills, competencies and /or knowledge:

- Demonstrate an understanding of relevant national standards for intellectual disability services.
- Demonstrate an understanding of safeguarding and service user protection.
- Excellent organisational, interpersonal & communication skills.
- Have the ability to co-ordinate and to lead a change programme.
- Motivated, hardworking and self-driven.
 Be available to work flexible hours when required.

Informal enquiries to Ms Nora Brosnan Programme Manager. Tel: 064 66 44133

(Closing date for applications extended to the 22nd of November)

STAFF NURSES

(Full Time/ Part Time, Permanent/ Fixed Term/Relief Contracts)

The purpose of this role is to work with individuals to access social and recreational activities in accordance to their wishes and to provide nursing support as required in a number of our residential services across County Kerry.

The successful candidate requires:

- RNMH/RNID qualifications or other suitable nursing qualifications and to be a Staff Nurse on the current register as maintained by An Bord Altranais.
- 1 2 years relevant experience of supporting people with an intellectual disability is an advantage.
- Relevant experience of working with people who have behaviours that challenge is an advantage.
- Demonstrate excellent communication (both verbal and written), organisational skills, flexibility and commitment.

 Must have a full clean driver's licence for a manual vehicle, D licence would be an advantage.

Informal enquiries to Catherine Hunt or Shirley Knight, 064-6644133 ext. 257/213

CARE ASSISTANTS

(Full Time/ Part Time, Permanent/ Fixed Term/Relief Contracts)

This varied role involves working with a team to support individuals in their daily activities in their home and supporting the person to access the community.

The successful candidate requires:

- Certificate in Healthcare Support at FETAC Level 5.
- He/She supports and assists in all activities of daily living in line with the needs and wishes of the individual as outlined in an agreed care plan.
- Acting as an advocate for residents and promoting social interaction with the community.
- Demonstrate excellent communication (both verbal and written), organisational skills, flexibility and commitment.
- Must have a full clean driver's licence for a manual vehicle, D licence would be an advantage.

Informal enquiries to Catherine Hunt or Shirley Knight, 064-6644133 ext. 257/213

Interested candidates should apply by forwarding a Cover letter and Curriculum Vitae, including written explanation for any gaps in employment, to the Human Resources Department by email only to sjogkerry.recruitment@sjog.ie Please state the role that you are applying for in the subject line.

Closing Date for receipt of applications is the 22nd of November 2019 at 5.00pm.

Shortlisting will be based on information that candidates provide in their application in line with above requirements. A panel may be formed from this campaign from which further vacancies which may arise during the lifetime of the panel will be filled.

Saint John of God Community Services CLG is an equal opportunities employer Hospitality - Compassion - Excellence - Justice - Respect



Know Your Rights: **SEASONAL FLU VACCINATION**

Ouestion

Answer

Influenza, usually known as the flu, is highly infectious and complications if they get the flu and the flu vaccine is strongly

The flu viruses that are circulating change every year. This is why you need to get a new vaccine each year. Vaccination is free if you are in one of the following groups:

• Are aged 65 and over

• Have a long-term medical condition such as diabetes, heart,

• Have a body mass index (BMI) over 40

- Live in a nursing home or other long-stay institution
- Are a carer or a healthcare worker

This year the flu vaccine is available from October 2019 until the end of April 2020. You should get your flu vaccination from early October to be protected for flu season. You can get the vaccine from your GP (family doctor), pharmacist vaccine from a GP.

recommended groups, doctors and pharmacists may charge a consultation fee when they give you the vaccine.

If you have a medical card or GP visit card you can get the vaccine without being charged a consultation fee.

Further information is available from the Citizens Information Centre below.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee on Tel: 0761 07 7860 Killarney 0761 07 7820, Listowel 0761 07 7840 Kenmare 0761 07 7810, & Caherciveen 0761 07 7780 - Outreach Services; Killorglin weekly, Dingle monthly, please call Tralee for more information. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service: 0761 07 4000

FAIL John Brassil TD

Killarney Constituency Office Open Hours: Thursday 21st & Friday 22nd November from 9.30am - 5.30pm

Address:

The Fairhill Business Centre, The Courtyard, Fairhill, Killarney (Just behind the Royal Hotel)

John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm Clir. Niall Kelleher 087-6694101 office@nialikelleher.ie

For advice and representation please feel free to call into the office or cl omee 064 66 94199/083 8541447

mail: john.brassil@oireachtas.ie John mobile: 087 2362330



Killarney Clinic: Scott's Hotel, Killarney Every Saturday 11.00am

PASSPORTS :

If you are planning a trip abroad and your passport has expir contact Eileen 087 9975419 / 064 6685315 for advice befor you apply to ensure you get your passport on time.

ISES TO BELFAST FOR: CATABACT/TONSIL REMOVAL, HIP/KNEE REPLACEMENT CONSULTATIONS Full refund of procedure cost under cross border directive **NOVEMBER 30TH** tion call me directly 087 2316055 or call my office 064 6685315



CLLR MAURA HEALY-RAE CONTACT: maurahealyrae@g T: 087 7816432

CONTACT DANNY DIRECTLY. danny.healyrae@oireachtas.k T: 087 2316055 / 064-6685315

Michael Healy-Rae TD Will Atten every Saturday at 3.00pm

Castleisland Clinic: River Island Hotel

	Last Friday of every month at 7.00pm
Killorglin Clinic:	Jim Shea's Vintage Bar
	2nd Monday of every month at 7.00pm
Kenmare Clinic:	Atlantic Bar
	Every Saturday Night at 10.00pm
Kilgarvan Clinic:	Healy-Rae's Shop 9pm-10pm every Sunday
	Healy-Rae's Bar 10pm-11pm every Sunday
Other Clinics held throughout th	e Constituency on a regular basis and advertised local

Contact Numbers: 01 618 3363/064 66 85782 E: Michael.Healy-Rae@oirea

Why not adventise in the Killarney Gutlook? FOR MORE INFORMATION CONTACT DES ON 087-6593427

087-1210959

Citizens Information



Information, Advice & Advocacy

- Employment Law
- Consumer Affairs
- Social Welfare
- Family Matters
- Migrant Rights

- European Union Issues
- Health Services
- Disability Information
- Education
- Financial Matters
- Many Other Issues

Free & Confidential Service | No Appointment Necessary

Killorglin: 10am - 2pm Monday & Tuesday weekly

Dingle: 10am - 2pm 3rd Tuesday monthly Kerry Education & Training Board, Goat St.

Special Services Include: Free Legal Advice Clinics (FLAC). Chartered Accountant Voluntary Advice (CAVA). Funded & Supported by the Citizens Information Board



Councillor MARIE MOLONEY

Clinic:

Killarney Court Hotel Saturday 16th November at 10am.

Contact details: Mobile: 086 3049422 Email: cllr.marie.moloney@kerrycoco.ie.



Christmas

FOR THE BEST RATES CALL Des: 087 6593427 Cindy: 087 1210959



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'CONNOR

Ed 26 2020

PRECAST CONCRETE

Slievereagh, Ballyvourney, Co. Cork.

Patio Slabs (Different Designs), Full

PRODUCTS

SEAN ROCHE

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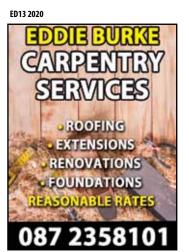
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TRADES SERVICES

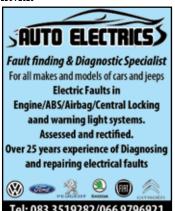


ED37 2020









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FOCUS ON BEECH HEDGING

Beech Hedging is an ideal hedging plant for most situations, because of its tolerance of a wide range of soil conditions including well drained soils, soils prone to draughts and soils that can get waterlogged due to heavy down pours of rain.

Even though the beech is deciduous, when it is grown as hedging and is trimmed regularly around August/ September the brown leaves will usually be retained throughout most of the winter.

Beech also comes with a purple leaf - copper beech. Copper beach is best planted in a sunny position to keep its leaf colour where as the green retains its colour better if planted in partial shade.

If you can – it is best to plant your beech hedge bare rooted as it will probably establish that bit quicker, so you have plenty of time from now until the end of March to get planting.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

Outlook

Killarney Outlook are looking for your old photographs for our 2019 Souvenir edition.

If you have an old picture of Killarney or its residents please contact

Aisling on 086 0400958

Our Souvenir edition is very popular with Killarney people at bome and abroad and we appreciate all the photographs that are given to us so we can share them with everyone.



See last years Souvenir issue on www.outlookmags.com



All Classified adverts: €7 for up to 20 words

Adverts can be placed by calling Freephone:**1800 71 40 40** By email **sales@outlookmags.com** together with your contact number or Place in order envelope available at **Eagers Newsagents**, **High Street**, **Killarney**

BUSINESS CLASSIFIEDS

ED 46

HERITAGE CENTRE SCARTAGLIN: Sunday 17th November: Uí Bhriain Band from 9 pm to 11.30 pm. CONTACT: 087 - 9735113

FOR SALE CLASSIFIEDS

ED 45, 46, 47 FOR SALE CAR TRAILERS - 8 X 4 OF ASH HARDWOOD Neatly split. only €150. CONTACT: 087 2744454



ED 46,47 FOR SALE TO CLEAR!! One fine load of oak /mix ash hardwood only €200 - delivered. Also softwood €150. CONTACT: 089 4805403

FOR SALE 40 bags of excellent turf only €120 - delivered. CONTACT: 089 4805403

CONTACT: 089 4805403

ED 46 FOR SALE THIS YEARS SHED STORED BLACK HOPPER TURF 11 ft x 7 ft x 4 ft - one load €325 - two loads - €600

CONTACT: 087 4350736

FOR SALE 2 SEATER COUCH As new, Grey. CONTACT: 087 3924611

ED 46,47 FOR SALE SEASONED FIREWOOD And man available with LOG SPLITTER for hire. CONTACT: 087 2457513

ED 46 FOR SALE

WOOD BRIQUETTES

Made from compressed wood shavings. Ideal for Stoves and Ranges-€8.00 per 25kg Bag or €20.00 for 3 25kg bags.S pecial Deals for Larger Quantities. For collection at CLOGHROE JOINERY. Link Road, Ballincollig.

CONTACT: 021 4873940

ED 46

FOR SALE

Hand cut headstones, inscriptions, and restoration, sculpture, building, masonry, plaques. . A Healy Memorials. CONTACT: 086 3528439

TO LET CLASSIFIEDS

ED 46

TO LET 3 BEDROOM TOWNHOUSE with parking, central location. CONTACT: 087 2466451

ED 46.47

TO LET:

1 BEDROOM COTTAGE from January in Farrenfore Village CONTACT: 087 6555311

FD 46.47

TO LET

LARGE DOUBLE ROOM In newly built eco efficient house. Situated 10 mins drive from Killarney and 15 mins drive from Tralee. Ring to arrange viewing CONTACT: 087 9403098

ED 46,47 TO LET CENTRAL MILLTOWN Small house, suitable for one person or small office. CONTACT: 066 9767367

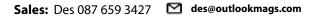
MOTOR CLASSIFIEDS

ED 46 FOR SALE 1999 OPEL ASTRA 1.7 dsl- Nct : 03-20, Taxed to Feb 2020 - New Tyres- Serviced - 50 mls per gallon- 175 k mls - €750 ono - also selling similar same model car -(silver) for parts. CONTACT: 087 2230726

ANIMAL CLASSIFIEDS

ED 46 GOOD HOME WANTED for 3 nice black kittens. Friendly and healthy. 4 months old. CONTACT: 026 45486







Do you find yourself repeating similar patterns in different relationships or in a particular relationship over time? Perhaps you often feel lonely or jealous in your relationships. Maybe you try to earn the other person's attention by being overly nice or giving without paying heed to your own needs or desires. Do you fear rejection or being abandoned? Could it be that you choose partners who are distant and can make your feel and/or believe that you're not good enough. Do you focus so much on your partner that they feel stifled? Often these patterns can reflect our inner experiences and our beliefs about ourselves and our emotional availability to others.

Psychologist John Bowlby defined attachment as a 'lasting psychological connectedness between human beings' and attachment theory can help us to understand the ways in which we connect with others - particularly those who are emotionally significant to us. We develop our attachment style in childhood - and the way in which our parents and/or caregivers responded to us will impact on our relationships. For example, a child who believed that the only way he/she could be loved was when they were doing something for others, may grow up believing that they need to earn the attention and love of others. Adults who believe they are inadequate and unworthy of love may have learned this in their early years - which will inevitably lead to difficulties in their relationships. They may believe that the other will leave them or that they are going to disappoint the other - leading to them clinging to the relationship and/or getting jealous easily.

However, the good news is that with awareness we can discover our own attachment style and learn to cultivate healthlier relationships. Some of the ways in which we can bring more awareness to our relationship patterns include the following:

 Bring your awareness to your bodily sensations. How do you feel in your body? Being aware of this can help you to understand how you are feeling and/or thinking.

2. What thoughts are you thinking about you/ the other? How do these thoughts impact on your feelings and emotions?

3. Which emotions do you struggle with - how do these emotions affect your thoughts and beliefs about yourself?

4. Are you overly self-critical? Can you show yourself some self-compassion, support and care the way you might a close friend or a small child?

 Learn to communicate more directly about your thoughts, feelings and needs. Once you become aware of what these are – then you can express them more fully to others.

Next week we will focus on the importance of communication and how counselling can help us to find our own voice, and become more confident as we make ourselves known to another person.

SouthWest Counselling Centre, Killarney provides affordable professional counselling to children, adalescents adults and couples at its Killarney Centre (Lewis Road) To make an appointment call: 064 6636416/064 6636100 E: info@southwestcounselling.ie.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundratising go directly to service provision.

A Word of Victory

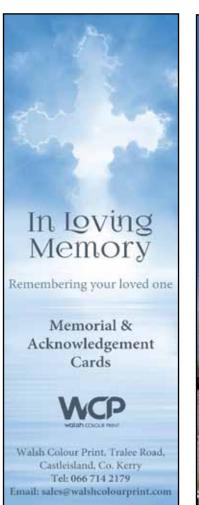
Welcome back dear reader "anyone who wants to serve Me must follow Me, because My servants must be where I am. And the Father will honour anyone who serves Me" (John 12:26). Servant-hood is almost a dirty word today. It holds a nasty meaning because of man's inhumanity to man, but Jesus often referred to it, in relation to Himself and those who desire to follow Him. On the negative side - some people have a servant-mentality due to mistreatment from others - where they have been so beat down that their self esteem is shattered from being abused. This is not what Jesus means when speaking of His servants. Let's look at one; Mary, the sister of Lazarus whom Jesus raised from the dead. In Luke chapter 10 Jesus visited this family who were good friends of His. Mary sat at His feet, totally focussed on Jesus and His teaching. Mary's sister Martha had no time to listen because she was distracted by preparing food for Jesus and His followers. Poor Martha gets very bad press - I'm sure we can all understand her feelings! But Jesus gently told Martha that Mary had chosen to do the right thing when she criticised her. Mary was committed to serving Jesus by worshipping Him, and abiding in His Presence. Because of this, Mary later followed the Holy Spirit's leading and anointed Jesus with the wildly expensive oil to prepare Him for His burial - before His death! (John 12:1-8) She was again judged for her sold out worship of Jesus, this time by His betrayer Judas. There is a key here friend. Mary's worship of Jesus allowed her to hear in the Spirit what His other disciples missed, and it's an encounter that God uses to honour her forever in His Word (Mark 14:1-9). After Jesus had died on the Cross they put Him into the tomb, but, because the Sabbath was approaching, they could only partly prepare His body with some spices, and quickly wrap Him in cloth before they had to go home and observe the Sabbath rest. Then, early on the morning after the Sabbath was ended, Mary Magdalene and the others came to anoint the body of Jesus properly, but it was too late - because God had raised Him from the dead and He was gone! Mary fed on the Presence of God through her attention to Jesus because He is the God of the Living - not the dead. (Luke 24:5)

More next week...



E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

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IN LOVING MEMORY OF

MARGARET

O'CONNOR

(NEE RAHILLY)

MAULE, BOHERBUE, MALLOW

(1922 - 2016)

WIFE OF

JEREMIAH

O'CONNOR

(1916 - 1970)

REST IN PEACE

"If love and care could death prevent

Thy earthly days would not be spent

Life was desired but God did see

Eternal life was best for thee"

SADLY MISSED BY ITA. PAT. DAN.

DIARMUID, PATRICK, EILEEN, GERALDINE, DAIRE, MEADBH

AND MUIREANN

"Ar dheis De go raibh a h-anam dilis.

LOST - FOUND PRAYER

Jesus Lost, "Jesus found. "

Marys Loving Eyes will find. Brid

NOVENA TO

ST. CLARE

IN THANKSGIVING

Novena to St. Clare. Ask for three favours.

one business, two impossible. Say nine Hail

Mary's for nine nights with lighted candles.

Pray whether you believe or not. Publish on

ninth day. Powerful novena.

Say may the Sacred Heart of Jesus be praised,

adored glorified and loved today and

everyday throughout the whole world now

and forever. Amen

Your request will be granted no matter how

impossible it may seem.

ΚΟ



Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted.

B.0.S

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. M.C.

NOVENA TO THE SCARED HEART

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one. (Mention favour). Take it dear heart of Jesus and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted.

NOVENA PRAYER TO ST JOSEPH

0 Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. O Saint Joseph, assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.

O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me, and ask Him to return the Kiss when I draw my dying breath. Amen

3RD ANNIVERSARY 6TH ANNIVERSARY

IN LOVING MEMORY OF

DENIS (Denny Arthur) Moynihan



of Rusheenmore, Glenflesk, Killarney. Who died on the 7th December, 2013.

Wrap your arms around him Lord, Don't leave him on his own, For it is his Anniversary, And he can't come home. Call his name softly, And when he looks your way, Tell him we love him, And miss him everyday

Always remembered by his loving wife Mary, Daughter Margaret, Sons Arthur & Padraig, Son-in-Law, Tadhg, Daughters-in-Law Helen & Brenda and Grandchildren.

Anniversary Mass St. Agatha's Church Glenflesk at 6pm November 23rd.

GRATEFUL THANKS

SAINT PEREGRINE We ask you to help us -Bless & Protect Us from all cancerous diseases & illnesses Diarmuid

NOVENA TO THE SCARED HEART

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one. (Mention favour). Take it dear heart of Jesus and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted.

ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF

MATT Reddington



Shinnagh, Rathmore Whose 1st Anniversary occurs on 14th November 2019

The family of the late Matt Reddington would like to express our deepest gratitude and appreciation to all who sympathised and supported us in our sad loss. To those who attended the removal, the funeral Mass and burial, and to those who sent Mass cards and messages of condolence, we extend our heartfelt thanks.

We wish to thank most sincerely the staff of Our Lady of Lourdes Nursing Home, Kilcummin and the staff of University Hospital Kerry for the care they provided to Matt.

A sincere thanks to Fr. Pat O'Donnell who officiated at the removal and celebrated the funeral Mass, and to Joan Collins and Sheila McSweeney who provided the music. We wish to thank O'Keeffe's Funeral Directors for their thoughtful and professional handling of the funeral arrangements.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token or our gratitude and appreciation.

The Holy Sacrifice of Mass will be offered for your intentions.

VERY SADLY MISSED BY HIS SONS DONAL AND PADRAIG, DAUGHTERS-IN-LAW MARY AND DEIRDRE, GRANDCHILDREN EMILY, CAOIMHE AND LAURA.

Bring flowers of the rarest, Bring blossoms the fairest, From garden and woodland and hillside and dale; Our full hearts are swelling, Our glad voices telling The praise of the loveliest flower of the vale.

> O Mary we crown thee with blossoms today, Queen of the Angels And Queen of the May.

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Karen Underwood Singer

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