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Friday 15th - Thursday 21st Aug 2014

 WHAT IF (15A) 110m Wed-Thurs 6:30 9:00	 THE EXPENDABLES 3 (12A) 135m 7 Days 4:10 6:30 8:50 Late Show Fri 11:20	 PLANES (G) 90m 7 Days 2:15 4:15 12:15 Sat/Sun	 THE NUT JOB (G) 100m 7 Days 12:10 2:10 4:10
 3D GUARDIANS OF THE GALAXY (12A) 135m 7 Days 2:05 8:45	 2D GUARDIANS OF THE GALAXY (12A) 135m 7 Days 4:25 6:30 Late Show Fri 11:15	 2D DAWN OF PLANET OF THE APES (12A) 125m 7 Days 6:15 8:45 Late Show Fri 11:15	 MRS BROWN'S BOYS D'MOVIE (15A) 105m 7 Days 6:50 9:00 Late Show Fri 11:30
 THE PURGE (16) 110m Fri-Tues 9:00 Late Show Fri 11:30	 STEP UP (PG) 120m 7 Days 4:15 6:40 Fri-Tues	 2D HOW TO TRAIN YOUR DRAGON 2 (G) 115m 7 Days 2:10	 PUDGEY (PG) 95m 7 Days 2:10

KIDS CINE CLUB Saturday 16th & Sunday 17th August

HOW TO TRAIN YOUR DRAGON 2 (G) 115m MALIFICENT (PG) 105m	12:05	PUDGEY (PG) 95m	12:05
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SATURDAY 16TH - SUNDAY 17TH AUGUST 2014

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FAMILY DAY SATURDAY
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Featured Race Saturday
Meadowlands Hotel International Mile and Sunday Creans Beer Two Mile Derby
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Colm 087 6852669 / Mark 087 9190217
or log on to our FB page

FAMILY DAY SATURDAY 16TH

:: FULL BAR AND CATERING FACILITIES
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LOTS OF COMPETITIONS:
Bonny Baby | Sharp Looking Boy (3-12 year olds)
Cute Little Miss (3-12 year olds)
Best Dressed Man/Woman

With some fabulous prizes for the winners...

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NEW SPIN ON THE RING LAUNCHED

WRONG WAY AND HARD WAY ROUND CYCLES PLANNED FOR SEPTEMBER

On Saturday, September 27 cycling enthusiasts from all over Ireland will travel to Killarney for the inaugural Wrong Way Round Killarney Cycling Festival where they will take on the stunning Ring of Kerry but in the opposite direction to the traditional anti-clockwise route.

Cyclists will view the Ring like they have never seen it before as they head off from Killarney, before taking a right at Molls Gap and heading to Sneem. From there on the route is familiar, all be backwards, and takes in Waterville, Cahersiveen, Glenbeigh and Killorglin. Then it's the homeward stretch along the foothills of the MacGillycuddy's Reeks through Beaufort. Cross the finish line at the festival headquarters – The Gleneagle Hotel in Killarney, where a barbeque and live entertainment will be ready and waiting.

If you're feeling like more of a challenge then sign up for The Hard Way Round and take on Ballagh Beama, Ballaghasheen and the Skellig Ring before the return journey from



ON SATURDAY, SEPTEMBER 27 CYCLING ENTHUSIASTS FROM ALL OVER IRELAND WILL TRAVEL TO KILLARNEY FOR THE INAUGURAL WRONG WAY ROUND KILLARNEY CYCLING FESTIVAL. AT THE LAUNCH WERE FROM LEFT, PATRICK O'DONOGHUE, MD GLENEAGLE HOTEL, SEAN MULCHINOCK, FESTIVAL AND EVENTS OPERATIONS MANAGER GLENEAGLE HOTEL, FIONNBAR WALSH, GRAND MARSHALL AND DENIS GEANEY. PHOTO: VALERIE O'SULLIVAN

Cahersiveen.

The festival is open to all levels of cyclists. There will be food stops dotted along the 160km & 180km routes and official festival road captains to accompany and guide you along the way. Participants will also have full use of The Aquila Club and Leisure facilities both before and after the cycle. Registration costs €50 with an optional €15 extra which will go directly to the Donal Walsh LiveLife Foundation. The

registration fees will be used to finance the running of the event and any surplus made will also be donated to the Donal Walsh LiveLife Foundation.

Cyclists who register for The Wrong Way Round Ring of Kerry Cycle before Monday, September 1 will get a free training top. For more details see www.killarneycyclingfestival.com or email info@killarneycyclingfestival.com

KILLARNEY MADE HARPS FEATURE AT RARE KILLARNEY CONCERT



A rare and unique concert will take place in Killarney on Saturday 16 August 2014 at 8pm at the beautiful St. Mary's Church of Ireland, Main St., Killarney. The New England Irish Harp Orchestra is made up of a total of nine Irish Harps. The group are in Ireland to participate in the Brian Ború Millennium Harp Festival in Limerick 17-24 August (www.brianborumillennium.com).

This is the 1,000th anniversary of the Irish Harp and King Brian Ború, himself a harper. The New England Irish Harp Orchestra has members from New England, (Boston area) on the USA east coast and range in age from mid twenty's to mid eighties. They play dance tunes, ballads, airs and songs and have a great fun

rehearsing and performing. They have recently recorded a brand new Studio Cd. To add to the rarity and uniqueness of this even they will play Killarney made harps from Tim Carroll, Woodlawn. This unique Irish Harp Concert is promoted by well known musician, and Spraoi Chiarraí producer Tim O'Shea & Friends who will open the concert.

FUN DAY AT ANABLA

Anabla National School Family Fun Day and Raffle will take place on Sunday, 7th September 2014, 2PM to 6PM at the School Grounds. Lots of fun on the day, bouncing castles, obstacle course, fun sport events, inflatable soccer pitch and bumper balls, inflatable speed cage and radar, raffle, cake sale, barbecue, kids karaoke, face painting and lots more. All welcome and great prizes to be given away on the day.

WILD ATLANTIC WAY CHARITY CYCLE TO PASS THROUGH KERRY

In a bid to highlight the significance of the Irish Pub to the Wild Atlantic way, Tony Quinn who will cycle through Kerry during his 11 day solo charity challenge in aid of the Irish Heart Foundation. Tony will begin his cycle in Cork and will pass through Kerry on August 26th and 27th and will continue to Clare, Galway, Mayo, Sligo and Donegal before finishing in Co. Derry on 4th September. Local pubs will also cater for all of Tony's requirements along the way, including food and accommodation. All proceeds will go the Irish Heart Foundation.

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Killarney

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20th - 23rd AUG



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Thursday & Friday
BBQ Nights

SAT 23rd

Littlewoods Ireland

Ladies Day

Judged by Sinead Desmond Afternoon Meeting

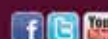
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Admission Prices: Adult €15.00/€20.00 Students & OAP's €12.00

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For further information email sales@killarneyraces.ie or visit www.killarneyraces.ie



SPINNING FOR LIFE...



SPINNING FOR LIFE... SIOBHAN HEFFERNAN, SISTER OF THE LATE BRENDAN HEFFERNAN, IS ORGANISING AN 8 HOUR FUNDRAISING SPINATHON WHICH WILL BE HELD ON SUNDAY 31, AUGUST, 2014 AT THE MARKET CROSS.

Family and friends of popular Killarney man Brendan Heffernan will gather in his honour for an 8 hour fundraiser at the end of August.

Siobhan Heffernan, Brendan's sister is the driving force behind an 8 hour fundraising spinathon which will be held on Sunday 31, August, 2014, at The Market Cross, Killarney. The Spinathon is in memory of popular Killarney man who died last September.

The proceeds raised will be donated to the Kerry Hospice Foundation, who provided wonderful care to Brendan throughout his illness.

Brendan's family together with his friends and team mates from Workmen's Rowing Club are helping to organise this event as his first anniversary approaches. When Brendan was diagnosed with Terminal Cancer, he could have easily despaired, instead he dedicated his life to fundraising for the Mercy Hospital Oncology Unit, Cork, where he received his treatment. He was inspirational in his achievements raising over €14,000 for the Oncology Unit in Cork and

Kerry General Hospital, Kerry Hospice and Irish Cancer Society, earning him the title 'Hero of the Year' which was presented posthumously to his Sister



THE LATE BRENDAN HEFFERNAN.

Siobhan at the Mercy Hospital Annual Awards. Today we continue to be in awe of his strength and courage. He taught us what love of family, friendship and real fun was about in the midst of his own adversity. Please join us in remembering him and continuing the great work he started.

If you would like to cycle or collect please contact brendanssistercaitriona@gmail.com

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As the 2013/14 Academic Year is now over we at Castle Island Tuition Centre would like to congratulate all our student on receiving their results and wish them the best of luck in their chosen careers.

The 2014/15 academic year is now upon us and with this Castle Island Tuition Centre in our fifth year will continue to provide a valuable support to all our exam students. We aim to guide our students throughout the year with expert exam focused grinds over a variety of different subjects. Including the all important core subjects as well as supervised study

throughout the year.

Optional subjects such as Biology, Geography, Business and french are also covered. We also provide Primary School tuition covering all subjects.

Our expert teachers can help with any project work needed during the school year as this is a common worry among students.

We would like to announce that we are holding an Enrollment Evening on Wednesday 20th August 2014. All are welcome We can be contacted at 085-1177261 or 087-7994739 for further information.

LARGEST EVER GATHERING OF ALL-IRELAND WINNING CAPTAINS FOR PIETA HOUSE

For the first time in the history of the GAA, all 100 surviving All-Ireland winning captains in hurling and football have been invited to come together in a unique event in aid Pieta House. Nearly 70 have already confirmed that they will attend what is to be the greatest ever gathering of GAA legends from all over Ireland - going all the way back to the Meath captain of 1949, Brian Smith.

They will all take part in the final leg of 100K Steps for Cormac, a remarkable three-day fundraising walk throughout County Galway that's taking place from August 28th - 30th. It's being organised in memory of Cormac Connolly, nephew of Joe Connolly, the All Ireland-winning Galway hurling captain of 1980.

Cormac died of an inoperable brain tumour three years ago at the young age of 24. Knowing the pain and devastation of losing a son and brother, Cormac's family were determined to celebrate his memory by organising a large-scale fundraising event for a charity that saves lives. They're aiming to raise €100,000 for Pieta House.



FOR ADVERTISING INFORMATION:

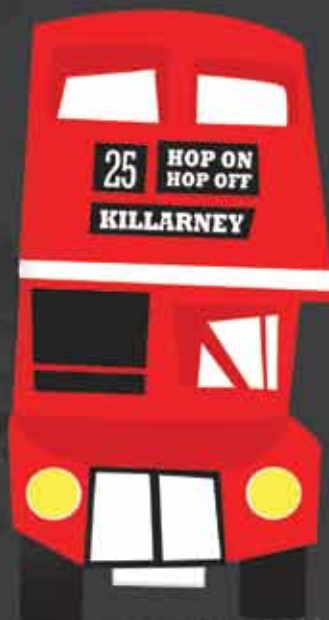
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BOOKINGS ALSO TAKEN ON 087 7654555

HURLING STARS HEAD TO THE FITZGERALD STADIUM

Fitzgerald Stadium in Killarney will host a Centra community hurling event with two of the country's hurling legends On Saturday 23rd August. Seán Óg Ó hAilpín and John Mullane will be on hand to give expert tips to the young aspiring Kerry hurlers!

There will be plenty of fun to be had on the day as Centra bring the whole community together. Children will have the opportunity to meet their heroes of the game as they showcase their hurling skills. There will also be a host of family entertainment on the day including face painting, a hurling simulator to test your hurling skills, music and goodie bags.

The event is the last of 16 taking place this summer as Centra celebrates their 5th year as sponsor of the GAA Hurling All-Ireland Senior Championship by bringing together the brightest stars of hurling for fun community events in GAA clubs throughout the country. For more information on Centra's community



HURLING LEGEND, JOHN MULLANE WHO ALONG WITH SEÁN ÓG Ó hAILPÍN WILL BE ON HAND TO GIVE EXPERT TIPS TO THE YOUNG ASPIRING KERRY HURLERS AT THE FITZGERALD STADIUM.

events throughout the summer pop into your local Centra store, go to www.centra.ie or find

'Centra Ireland' on Facebook and Twitter.

WEDDING DAY SMILES IN THE SUN...



Emma Keating Killarney and Brian Horgan Dublin recently married in s'Arracco village, Majorca.

PICTURED WITH THE BRIDE AND GROOM IS MAID OF HONOUR IS THERESE BREEN; BEST MAN IS PAUL HORGAN; BRIDESMAIDS ARE BERNIE BREEN AND AISLING COLLINS; GROOMSMEN ARE GERARD HARTE AND MATTHEW COLLINS.

AWARD WINNING IPOINITS APP FOR LEAVING CERTIFICATE STUDENTS

NUI Galway's award winning app, iPoints, the first official third-level app designed for students to calculate Leaving Certificate points, is available for students and parents to download. The app calculates the number of points attained in each subject, and indicates the total. The app calculates 25 additional points to be added for Higher Maths if relevant, and allows for Leaving Certificate Vocational Programme (LCVP) scores to be included. The app also gives students the option to share their results by text message, or through social media channels, such as Facebook and Twitter, if they wish.

CONCERT SEASON CONTINUES AT ST. MARY'S

St. Mary's Church of Ireland Killarney is the venue for members of the Chamber Philharmonia Cologne, on Monday August 18th at 8pm. The performance will include a variety of favourite classical pieces. Please take note that there is an admission charge at the door.

IF YOU HAVE A STORY...

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CARROT MAN UNEARTHED AT KILLARNEY MEN'S SHED



A gardener all his life.... Joe Mulvihill never came across anything like the carrot he pulled from the ground at the Men's Shed in Killarney during the week.

Bearing a strong resemblance to a person, Joe couldn't believe his eyes when he unearthed the bizarre shaped root

vegetable.

Joe has many years experience having been assistant gardener to Mike Doherty in St. Finan's Hospital for many years.

Joe, who is originally from Caherciveen happily posed for Killarney Outlook Photographer Marie Carroll O'Sullivan with some of the produce that he grows at the Men's Shed in Killarney.



BOOTS FOR BELARUS....

GRAINNE COLLECTS SECOND HAND FOOTWEAR FOR CHERNOBYL CHILDREN

We all know just how quickly children grow out of shoes and boots and sometimes it happens so quickly that you feel it's a sin to throw out the old ones.

Well Grainne O'Sullivan from First Steps Footwear on High Street has come up with a novel way to recycle old boots and shoes.

Having helped to deck out the visiting Chernobyl girls with school shoes, Grainne has now offered to take in second hand footwear which will be sent directly to the schools in Belarus where the children come from.

The second hand shoes and boots will be collected on a regular basis by the Killarney Branch of the Friends of the Children of Chernobyl and will be shipped directly to the



PICTURED AT FIRST STEP FOOTWEAR, HIGH STREET WERE MICHELLE & GRAINNE MAKING AN APPEAL TO ALL THEIR JUNIOR CUSTOMERS AND BEYOND TO DONATE THEIR WORN SHOES TO THE CHILDREN OF CHERNOBYL.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

needy children in Belarus.

If you would like to help this deserving charity and get a home for those "still perfect" boots or shoes then just pop into Grainne on High Street in Killarney and she will look after them.

HONOURS MATHS STUDENTS PREFER EDUCATE.IE

It's that time of the year again when nervous students anxiously receive their Leaving Cert results. Kerry publisher Educate.ie has their



own reason to celebrate because 80% of all Leaving Certificate students in Ireland used Educate.ie Project Maths exam papers. The papers were written by two very talented and experienced maths teachers who just love maths – Tony Kelly and Kieran Mills. Educate.ie were very fortunate to get Tony and Kieran to write our project maths papers says Tony Walsh MD at Educate.ie. "I am very satisfied with the progress of the company. We now have a substantial share of the exam paper market and we are making huge gains in the text book market. Educate.ie were first known for price but now our quality is being recognised in schools all over Ireland. Our text books are now appearing on book lists all over the country. It is very encouraging to see our hard work being recognised with books like Great Expectations, our new first year English book - a run away success."

PLAYER OF THE MONTH AWARD FOR JAMES O'DONOGHUE

The GAA/GPA All-Stars have awarded James O'Donoghue Player of the Month for July in football.

James was presented with the Award for July, sponsored by Laura Condron, Opel Ireland.




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PHOTOS: LISA O'SHEA



CHRISTINE LEON, DARRAGH EGAN AND GEORGIA BARNARD AT THE KILLARNEY DEBS ON THURSDAY LAST.



NIAMH SHEEHAN AND ALAN DALY ENJOYING THE KILLARNEY DEBS ON THURSDAY EVENING.



KATE DORAN AND DARRAGH O'DONOGHUE AT THE KILLARNEY DEBS ON THURSDAY LAST.



ARIANNE BROSANAN AND RISTEARD CLIFFORD AT THE KILLARNEY DEBS ON THURSDAY EVENING.



L:R: BRIAN MYRES, SARA FITZGERALD, PARTRIZ BROSANAN AND JAMES COLLINS ENJOYING THE KILLARNEY DEBS ON THURSDAY EVENING LAST.



JOHN JOSEPH O'BRIEN AND NATASHA MAYE ENJOYING THE DEBS IN KILLARNEY ON THURSDAY EVENING.



GIRL POWER: AISLING CASEY, MARY ANN O'DOWD, EMMA WADE, NIAMH KEARNEY AND SARAH SLATTERY ENJOYING THE KILLARNEY DEBS ON THURSDAY EVENING.

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PROPERTIES OF THE WEEK



UNDER OFFER
AISLING HOUSE, COUNTRESS ROAD, KILLARNEY REF 625
Guide Price: €250,000
Development site circa 0.79 acre with the benefit of planning permission for four detached houses
(Planning Reg No. 04/4310)
Joint Agents with REA Coyne & Culloty
Tel 064 6631274.



UNDER OFFER
DEREEN, TRALEE ROAD, KILLARNEY REF 624
Guide Price: €300,000
Development site circa 5.29 acres with the benefit of full planning permission for 92 residential units
(Planning Reg No. 07/4832)
Joint Agents with REA Coyne & Culloty
Tel 064 6631274.



ANABLATHA, KILCUMMIN
REF 621
Guide Price: €73,000

Approx 18 acres (7.30 hectares) of mature forestry land with 2 year premium remaining.



LISBABA, HEADFORD
REF 623

Price on Application
Approx 10.9 acres (4.418 hectares) forestry land with road frontage.
Suitable for planting.
Joint Agents with REA Coyne & Culloty
Tel 064 6631274.



LAHIG, GNEEVEGUILLA
REF 630

Price on Application
Approx 44 acres (17.76 hectares) of farmland.
Approx 10 acres is good grazing land with the remainder suitable for planting/reclaiming

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PRINCESS CHARLENE OF MONACO HAS KERRY CONNECTIONS!

Tourism Ireland has unveiled previously unknown Irish family connections of H.S.H. Princess Charlene of Monaco – including links to Killarney and Kerry. Research commissioned by Tourism Ireland and carried out by genealogy researchers Eneclann has revealed that Princess Charlene's ancestors can be traced back to the 1520s and a prominent Dublin family called the Fagans.

This week Princess Charlene was presented with a Certificate of Irish Heritage by HE Rory Montgomery, Irish Ambassador to France, in the Prince's Palace in Monaco, with her husband, Prince Albert, also in attendance. The Certificate is an official recognition by the Irish Government of those who are proud of their Irish ancestry and heritage.

While the Irish connections of Prince Albert, and his mother Princess Grace, are well documented, this latest research shows that Princess Charlene descends on her paternal line from the Fagans of Feltrim, one of the most successful gentlemen-merchant families in Dublin in the 16th and 17th centuries. In the 1690s, the Fagan family moved to



PRINCESS CHARLENE WAS PRESENTED WITH A CERTIFICATE OF IRISH HERITAGE BY HE RORY MONTGOMERY, IRISH AMBASSADOR TO FRANCE, IN THE PRINCE'S PALACE IN MONACO, WITH HER HUSBAND, PRINCE ALBERT, ALSO IN ATTENDANCE. PICTURED (L-R) ARE ALBERT II PRINCE OF MONACO; PRINCESS CHARLENE; FINOLA O'MAHONY, TOURISM IRELAND; HE RORY MONTGOMERY, IRISH AMBASSADOR TO FRANCE; AND GENEALOGIST FIONA FITZSIMONS, ENECLANN.

Killarney, where they continued to prosper in international commerce, trading with the East Indies and colonial America; they had homes in both Kerry and Cork. Between 1695 and 1772, successive generations of the Fagan family married into old gentry and merchant families in Kerry and Cork, including the FitzMaurice,

Trant and Gould families.

The last of the Princess's direct ancestors born in Ireland was her great (x 4) grandfather, Christopher Sullivan Fagan, who was baptised in St Mary's, Shandon, in Cork in 1781.

SAVE THE DATE FOR 10K WALK



ORGANISERS AND SUPPORTERS PICTURED AT THE LAUNCH

Whatever the weather, put your best foot forward for the 10th and Final Michelle O'Connor 10K Walk in aid of Build4Life Cystic Fibrosis. The Walk will take place on Sunday

28th Sept from the Killarney Plaza Hotel. Registration at 2pm. More details to follow but in the meantime SAVE THE DATE!!



PICTURED AT THE DROMHALL HOTEL AFTER THE CHRISTENING OF THEIR BABY BOY WERE MUM PATSY, DAD STEPHEN AND BABY CONOR O'BRIEN.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

CHARITY SURF EVENT FOR KERRY STARS

A charity Surf competition in aid of Kerry Stars will be held at Inch Beach on Saturday September 13th. There will be both competitive and fun categories with divisions open to Men, Women, Under 18 Girls and Under 18 Boys in the competitive categories while the Fun Categories will accommodate beginners and

Intermediate Under 18 Boys, Under 18 Girls and Under 12 Mixed. Its €10 to enter and there will be plenty of goodies and prizes on offer from sponsors AOR Surf Boards, Vans and Kingdom Waves.

All proceeds from the event will go to the Kerry Stars Special Olympic Club which provides

athletes with special needs the opportunity to be productive and respected members of society through participation in an all year round sports and competition programme. For more information contact Heidi on 085-7330038 or Mags on 086-3464979 or to sign up log onto www.soshelp.ie

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€20,000 UP FOR GRABS AT BALLYBEGGAN PARK

Horse & Pony racing to take place Ballybeggan Park for 2014 Rose of Tralee International Festival, Offering over 20000 euro in prize money over two great days of racing.

Horse and Pony Racing takes place Ballybeggan Park on Saturday and Sunday August 16th and 17th. A fun filled day is planned for all the family.

This year's revival of the sport in Tralee during August should prove to a great spectacle where runners will compete from all over Ireland and also from across the water."

The two day event will see top class racing under the rules of the Horse and Pony Racing Association with cast weights applying.

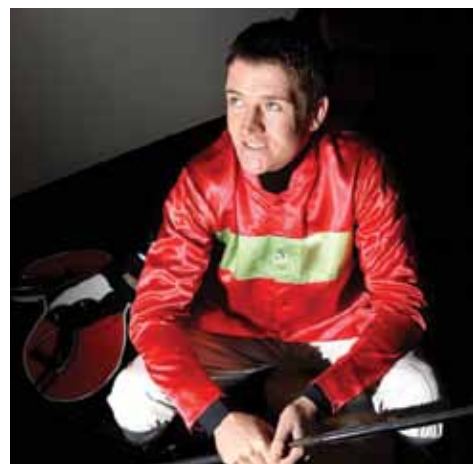
Apart from a much anticipated visit by some of this year's Roses and the Rose of Tralee, Haley O'Sullivan, one of main attractions at the meeting will be the second running of the Trophy Challenge between Ireland and Great Britain.

Some of the most famous names in the sport have raced around the Ballybeggan circuit including Adrian Maguire, Norman Williamson, Barry Geraghty and Bryan Cooper over fences

and Richard Hughes, Pat Smullen, Jamie Spencer and MJ Kinane on the flat.

Chairman of the event, Colm O'Connor, said: "Horse and pony racing is where these people learned to ply their trade from an early age and this has helped them in no small way once they made the transition from outside to inside the rails and realising their dreams and ambitions of becoming top class jockeys. There will be a number of categories on the race card during the Ballybeggan event on the 16th and 17th August to suit ponies of varying heights and varying distances up to two miles for the horses." Colm also pointed out the day wouldn't be possible without the support of sponsors and volunteers who are making the day possible, as well as the support of The Rose of Tralee International Festival and Tralee Chamber Alliance and Creans Beers.

Saturday 16th August is Ladies Day and the kids won't be forgotten either with Bonny Baby, Sharp Dressed Boy and Cute Little Miss competitions. On both days there will be a quality Race card and live music. Kid's entertainment and full catering facilities will



Barry Geraghty who raced in Ballybeggan.

ensure a fantastic day out for all the family. Check out the Facebook page for daily updates on the event. We look forward to seeing you all in Ballybeggan this August 16th and 17th. Admission on the day is €10.00, students and seniors €5.00, Kids free.

LETTER TO THE EDITOR

SOUTH KERRY INDEPENDENT ALLIANCE

Dear Editor,

Over the past number of years the Christian communities in many countries such as Nigeria, Iraq, Bangladesh and others have been enduring severe persecution.

The terrible plight of the Christian community of the town of Quaraquosh in Iraq at present is but the latest example of that persecution. It is estimated that 50,000 residents of that town have been forced to flee into the mountains in an effort to escape annihilation. Their chance of survival in an inhospitable region is very

remote unless they receive urgent assistance from abroad.

The abduction of the schoolgirls in Nigeria is another example of the savagery that is being loosed on innocent people by bloodthirsty fundamentalists. Ireland and the European community have a moral obligation to come to the assistance of these people who are in mortal danger of annihilation.

There is a very real danger that widespread ethnic cleansing will become an imminent reality unless strong action is taken.

It is of international importance that democratic States take a stand against this systematic persecution because if it is allowed to continue unchecked many thousands will be put to the sword and there is every chance that European countries will be the next targets.

Mo Bhuíochas leat.

**Michael Gleeson [Cllr]
SOUTH KERRY INDEPENDENT
ALLIANCE
CLASHEEN
KILLARNEY**



BLACKBERRIES ARE RIPE FOR PICKING... NAKITA BURKE AND DANIEL CRONIN FROM THE DEENAGH LODGE TEAROOMS WHICH SUPPORTS PEOPLE WITH DOWNS SYNDROME PICK SOME RIPENED JUICY BLACKBERRIES BESIDE ST MARY'S CATHEDRAL KILLARNEY THIS WEEK. THE ABUNDANT BERRIES HAVE ARRIVED EARLY DUE TO THE VERY PLEASANT SUMMER.
PICTURE BY DON MACMONAGLE

SPROAI CHIARRAI CONCERT THIS WEEKEND

A special 10th Anniversary concert is planned for the fifth of seven free Sproai Chiarrai Concerts is this Saturday, 16 August at Deenagh Lodge, Killarney.

The concert starts at 2pm and will feature Sean Kelliher (Banjo and Mandoline) & Philip Crickard (Fiddle), with Mary Philpott young set dancers

(Currow) and storyteller Tom Herlihy open along with Sproai Chiarrai Producer/Director Tim O'Shea (Guitar/Vocals/Bodhrán). Open to all, this family entertainment is sponsored this year by Killarney Arts (Town Council) Main Sponsor, Kerry County Arts Office and Killarney Chamber of Commerce.

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PICTURED L;R: ERIC BURNS SNEEM, LEAH O'SHEA, MICHAEL BURNS AND AMY O'SHEA WITH TJ O'SULLIVAN AT THE KILLARNEY DEBS ON THURSDAY EVENING.

PHOTO: LISA O'SHEA.



PICTURED AT THE KILLARNEY DEBS ON THURSDAY EVENING L;R: CONOR KEARNEY, ELLEN MCGILLYCUDDY, SHANE MANGAN, RACHEL MCGOWAN, IVAN PARKER AND GEMMA PAYNE.

PHOTO: LISA O'SHEA.



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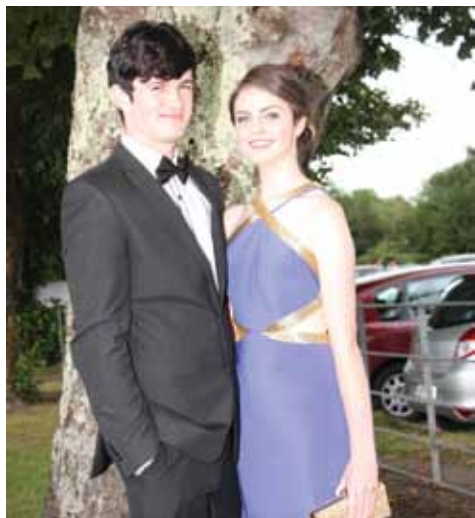
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MEGAN O'NEILL KILCUMMIN AND JACK RYAN KIRWAN, TRALEE AT THE KILLARNEY DEBS ON THURSDAY EVENING LAST.



TWINS LAURA AND SARAH MURPHY AT THE KILLARNEY DEBS ON THURSDAY EVENING.



KELLEY BURKE AND CHRIS O'CONNELL ENJOYING THE KILLARNEY DEBS ON THURSDAY EVENING.



AARON QUIGLEY AND ALANNA GREALEY ENJOYING THE KILLARNEY DEBS ON THURSDAY EVENING.



PICTURED AT THE KILLARNEY DEBS ON THURSDAY EVENING L:R: MEGAN O'CALLAGHAN AND KILLIAN SPILLANE



ALL SMILES AT THE KILLARNEY DEBS ON THURSDAY EVENING CIARA O'SHEA, SIOBHAN FLEMING AND KATE LOGAN.



TWINS NIAMH AND LIAM KEARNEY AT THE KILLARNEY DEBS ON THURSDAY.



JAMIE LYNCH AND GEORGIA BROSAN PICTURED AT THE KILLARNEY DEBS ON THURSDAY EVENING.



JAMES COUGHLAN AND LAURA DONNELLAN ENJOYING THE KILLARNEY DEBS ON THURSDAY EVENING.

TIPS ON STUDYING AT COLLEGE & HOW TO IMPROVE STUDY SKILLS

These college study tips are to help students learn how and when to study, and tips and tricks you can use to get ahead.

CREATE MNEMONICS: Mnemonics are devices that can help you memorize formulas, key concepts, definitions, etc. A really basic example of a mnemonic is "Please excuse my dear Aunt Sally" which stands for parenthesis, exponents, multiplication, division, addition, and subtraction.

MAKE A STUDY GUIDE: Whether or not your professor gives you a study guide for an exam, making a study guide is very helpful when

studying for tests. Go through the textbook, notes, and any other material and write down any information that you think may be on the test such as important concepts, definitions, and formulas. Reading and writing the information will help you memorize it faster. If your professor gives you a study guide, make sure to cover all the points listed.

MAKE FLASH CARDS: Making flash cards can be a bit time consuming, but flash cards are helpful tools in remembering vocabulary, formulas, and key concepts. They are also easy to carry around with you so you can review them anytime.

QUIZ YOURSELF: To ensure that you are prepared for your test, make a mock quiz to test how well you know the material. Write down a list of keywords or questions and make sure to leave room underneath each one.

Set Time Goals: Setting time goals for yourself will help make sure that you stay on track especially when you have time constraints.

REMEMBER TO TAKE BREAKS: Studying is hard stuff. You need to take short breaks to allow your brain to process and retain the

information.

DON'T STUDY ALONE: Studying with other people is always easier, because you are all there and you know nothing else is going on. If possible convince your college friends to meet at the library at a specific time on a regular basis.

STUDY DURING THE WEEK: For those college students who like to party, studying during the week is the way to go. Typically studying Monday through Thursday is the way to go. If you have time between or after classes while you are still on campus, that is the best time to pop into the library for a quick hour of studying. This will allow you to enjoy your nights without worrying about studying later.

GET LOTS OF SLEEP: College Students who get a full night of sleep are usually more alert, more focused and learn things easier than those who are sleep deprived. Try to keep your sleep schedule as consistent as possible.



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ARE YOU STARTING COLLEGE LIFE? (BY SEAN CRONIN)

Some people would say that your college years are the best days of your life. However, if you are unprepared for college life it can be quite a shock to the system. Your first few days can be stressful enough with organising accommodation, locating lecture halls etc. Here are a few tips to help prepare you for college life:

1. Find out exactly where your lecture halls are and how long it takes to get to them.
2. Check out where the supermarket, bus stops, and other shops are in relation to your accommodation.
3. If you are cooking for yourself, have your meals planned with your ingredients ready - otherwise you might just live on a diet of chips!
4. Don't immediately buy every book on your reading list as you may not use all of them!
5. Don't rush out and buy brand new specified textbooks. There will be numerous people in the next college year above you who will be very eager to sell on their old textbooks to you and this could save you a small fortune!
6. Plan your budget for the week

ahead - don't forget to include busses and transportation which can all add up to a considerable sum of money.

7. If you are not living closely and don't have a car, get a bike. They can usually be parked and locked up securely and are relatively inexpensive and useful if your lecture halls are not close by.

8. Organise a part-time job only when you are sure that you will have time for attending lectures, tutorials and study periods. Students with too many commitments are very stressed by the time they reach exam and essay submission time and end up performing poorly in their assessments.

Good luck with your new college life!



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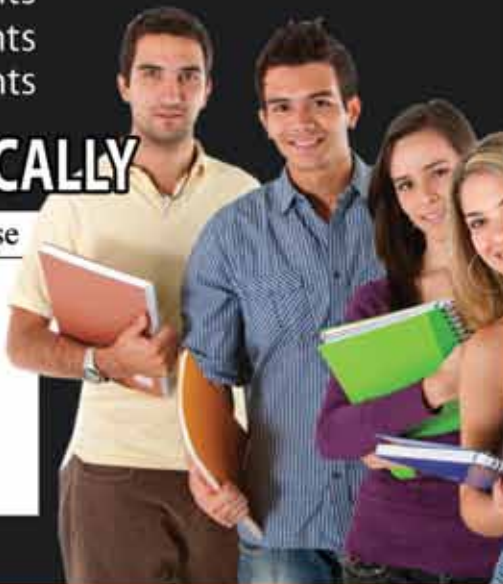
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 2 Students got 605 points**

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C.D	490	595	105
K.F.	435	505	70
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NEW SCHOOL YEAR - NEW HOMEWORK CHALLENGES



JOAN BARRETT

RETURNING TO THE ROUTINE OF HOMEWORK:

The new school year is a return of routine back into the day for families. For lots of children, the homework habit was lost over the summer holidays. For the child who is just starting school, it will be having

a little bit of homework which will be something new for them. Likewise, for the teenager starting 1st year in secondary school, this will be a challenge for them also.

HAVE A HOMEWORK TIME SET OUT:

It's good to have a plan for when to begin the homework. Have a routine planned so the child knows beforehand what time the homework has to be started and finished by. It can take a few weeks after they return to school for the children to get back into the routine of the homework. I would say to parents to relax in the beginning and not to get uptight around the child getting started on the homework. Some children love school so homework will not be a problem in the first place.

JOG THEIR MEMORY:

Sometimes a child will say "I can't do it". The homework they get from the teacher will have been covered in class during the day. I used to ask my children to go back over what the teacher wrote on the board. This helped to jog their memory to get started. Parents need to have a lot of patience to help a child who may

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be feeling overwhelmed by the homework. It may help by breaking down tasks and presenting each part of it separately to your child. Sometimes they avoid starting into the homework as they may feel they have too much to do.

The parents' responsibility is to encourage

The parents' responsibility is to encourage the child to stick with the homework and to get it finished as quickly as possible. Then they will have time to play. They don't need or want to spend the whole evening at the homework.

The encouraging words are: 'well done', 'you can do it', 'stick with it, you're getting through it'.

Words like 'you're fantastic', 'you're brilliant' are praise words. Over-praising children can have them feel discouraged.

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BACK TO SCHOOL GUIDE
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THE ROAD TO SCHOOL



BACK TO SCHOOL HEALTHY EATING

(BY SEAN CRONIN)

Once treat foods are not taken regularly and are not eaten in place of a healthy snack they are relatively fine. Many schools only allow sweets, crisps, cereal bars and biscuits on a Friday but even then the treats should only be "mini" in size. Some examples include mini muffins, smaller bars of chocolate and low or salt free crisps. When planning your child's back to school lunch box, it is advised that you plan out what you would like them to have and have the foods ready. It is important to remember the four food groups: 1. Protein foods, 2. Calcium foods, 3. Vitamins and Minerals, 4. Carbohydrate foods. Protein foods are meats such as chicken, turkey, tuna, salmon and so on. They provide energy and repair the body after exercise or work. They primarily create and maintain bone development. Food with vitamins and minerals are very nutritious to your skin, teeth and digestive system.

They include boxes of raisins, fresh fruit, vegetables, dried fruit such as mangoes, dates and apricots. Carbohydrate foods provide energy and they include wraps, baps, rolls, bread, rice cakes, pitta bread and so on.

Some specific examples of healthy foods are the following:

1. Protein foods: Turkey slices, fish, tuna and salmon (in a sweetcorn or salad dressing), hard-boiled egg or cold chicken portions.
2. Calcium rich foods: Babybel, cheddar cheese, low fat fruit yogurts, yop, cheeses and other yogurt drinks.
3. Food with many vitamins and minerals: Carrot sticks, mandarins, bananas, fruit, smoothies, seedless grapes and so on. Carrot sticks are highly recommended for vitamins and minerals and are a tasty, crunchy healthy treat.
4. Foods that have carbohydrate: Baps, pitta breads, bagels, brown bread, rolls



and wraps. Recommended treats in this category are cookies made from oatmeal, popcorn, chocolate rice cakes, fruit cakes and fruit muffins.

So is you want to make sure your children are well nourished and full of energy for school and play, the old saying "if you fail to plan, you plan to fail", really applies to organising your child's lunch and lunch box.

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Tulips can be planted in November and hardy summer flowering bulbs such as Crocosmia and lilies in September and October while tender Summer flowering bulbs such as Gladioli should be planted in early Spring.

A lot of the hardy bulbs such as tulips and daffodils prefer a warm sunny situation with good drainage as they come from areas with dry sunny climates.

When you purchase your bulbs, plant them as soon as possible.

Next week I will focus on planting bulbs in the garden and containers.

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Mary Hickey

2014 Kerry Rose

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THAT MADE ME LOVE MARY.....



MARY HICKEY, KERRY ROSE TOOK PART IN A ROSE PLANTING CEREMONY AT THE PLAYGROUND IN RATHMORE ON FRIDAY LAST AUGUST 8TH WITH MEMBERS OF THE RATHMORE COMMUNITY COUNCIL & MARION PLAYERS RATHMORE PANTOMIME GROUP.

All eyes will be on the beautiful Mary Hickey from Rathmore as she takes to the stage at the Dome at next week's 2014 Rose of Tralee selection.

Mary will represent the Kingdom at the prestigious event and people the length and breadth of Kerry are hoping she will clinch the title last won by a Kerry entrant in 1964 when Margaret O'Keeffe was crowned Rose of Tralee.

Mary, who is a primary school teacher in the Presentation N.S., Millstreet, Co. Cork graduated from Trinity College Dublin with an honours degree and the prestigious Vere Foster Medal which is awarded to students who attain the highest points in teaching practice.

A true community activist, Mary began volunteering at the age of 13 with her local youth group, and at 26 continue to work with this group as a youth leader.

She was recently awarded the Gold Gaisce Medal. She has been fortunate enough to train as a facilitator with Rainbows Ireland, for children suffering from bereavement and volunteer as a 'cara' in Barretstown Camp for children with serious illnesses.

Coming from the heart of Siabh Luachra where music is the soul of their heritage Mary is an accomplished concertina player.

She is also member of the local pantomime group, The Marian Players, and each year she along with a host of other locals perform in pantomime to raise funds for Kerry Parents and Friends.

Mary is also a member of the Glen Theatre, Banteer, which is a local amateur theatre group.

Keeping fit is another passion of Mary's and she loves keeping fit, especially walking, and completed the last 120km of the Camino de Santiago pilgrimage during Easter.

Mary hopes to complete a Masters in Education this coming year.

Mary is really looking forward to her week at the festival, to meeting all the other Roses and enjoying the highlights of being this year's Kerry Rose.



THE 2014 KERRY ROSE, MARY HICKEY FROM RATHMORE, PICTURED WITH HER MOTHER MARIAN FOLLOWING HER SELECTION AS KERRY ROSE EARLIER THIS SUMMER.

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CLINICS WILL COMMENCE IN SEPTEMBER



ROSE OF TRALEE FASHION SHOW 2014 TO "FUEL DREAMS & KEEP PAPARAZZI CAMERAS FLASHING"

NEW York fashion designer, Don O'Neill will showcase high-octane Red Carpet gowns from THEIA's Fall/Winter 2014 collection at The Kerryman Rose of Tralee Autumn Winter Fashion Show 2014.

Guaranteed to fuel dreams and keep the paparazzi cameras flashing, the Kerry-native will be among a star-studded line-up of designers and boutiques in the Festival Dome on Sunday 17th August.

Another key aspect of the annual Rose of Tralee International Fashion Showcase on Sunday 17th August will be the exciting Rose of Tralee Fashion Designer Awards 2014.

This is an awards ceremony to salute all the Irish design talent that is emerging in Ireland at the moment. Renowned designer Aileen Bodkin one of Ireland's most successful Designers will be on hand as Head Judge for this award.

The Festival Dome is the most ideal venue to stage an event of this magnitude for fashionistas who will travel from all over Munster to see style, elegance and sophistication on the longest Catwalk in Ireland.

One lucky person in the audience will leave the venue on the night as the Best Dressed Lady with a prize valued at €1000 from The

Loop at Dublin and Cork Airports.

CH The Mall Tralee will apply the make-up, the hair-styling for the event will be by Cathrionas Hair Salon, Castlegregory and the shoes will be by Perfect Pairs, Listowel, Co Kerry.

The Rose of Tralee Fashion Show on Sunday 17th August will commence with a Wine Reception in the Pavilion Dome before the main event gets underway at 8pm.

Entertainment on the night will feature a powerful performance from local singing sensations, the Three Os. Tickets are selling.

KERRYGOLD ADDS FLAVOUR TO ROSE OF TRALEE INTERNATIONAL FESTIVAL AS NEW SPONSOR OF THE ROSE BALL

The Rose of Tralee International Festival may have celebrated 50 years in 2009 but gold will be the theme colour again at this year's flagship event – Kerrygold.

The iconic brand, which is as Irish as St Patrick's Day and the Rose of Tralee, will sponsor this year's gala sell-out black-tie event in the Dome on Friday 15th August – The Kerrygold International Rose Ball.

The General Manager of the Rose of Tralee International Festival, Oliver Hurley, said: "We have worked closely with Kerrygold on other sponsorship aspects of the Festival in recent years, and this year we are delighted to welcome them on board for the Rose Ball. To celebrate their involvement, we have added a delicious flavour of Kerrygold butter and cheese to this year's banquet menu. A stylish gold theme will run throughout the venue complete with the Gold Man (stilt-walker costumed in Gold) who will guide

our guests to the Red Carpet."

Brook Catering will once again serve up a feast fit for a King with a Irish produce to suit all tastes.

The magnificent band Brass & Co will entertain the guests with a fabulous mix of music, while local favourite Chris Shortt will round-off the night into the early hours of the morning with his exciting disco.



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CONGRATULATIONS AND BEST WISHES TO MARY HICKEY - KERRY ROSE



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BEST WISHES TO MARY HICKEY - KERRY ROSE 2014

THE NEW ORLEANS ROSE PROPOSAL AT THE ROSE OF TRALEE LAST YEAR WAS ONE OF THE FESTIVAL'S MOST MEMORABLE MOMENTS

A recent survey has found that almost a quarter of viewers in Ireland considered the proposal to the New Orleans Rose one of the most standout Rose of Tralee moments in memory. The research results commissioned by Maldron Hotels, comes in the wake of an announcement that the hotel brand is a new sponsor and the main accommodation provider for the Rose of Tralee International Festival 2014.

Conducted by Empathy Research, the findings also revealed that the Dublin Rose breakdancing and the re-enactment with Crystal Swing were the second two most unforgettable moments in the 55 years that the festival has been running.

As popular as ever, the Rose of Tralee ranked as the 15th most watched RTE programme in 2013, with the study revealing that more

than three in every five adults living in Ireland (62%) tune in to see young women of Irish origin and descent celebrating Irish culture each year in Tralee. The survey has also found that viewers simply cannot get enough of the festival, with a staggering 45% requesting more behind the scenes footage of the TV show, which this year is once again fronted by the quintessential Kerryman, Dáithí Ó Sé.



THE ROSES ARRIVED INTO THE GUINNESS STOREHOUSE IN DUBLIN. PHOTO BY: DOMNICK WALSH / EYE FOCUS LTD ©

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ROSES TAKE TIME OUT FROM A PHOTO SHOOT IN CROKE PARK.
PHOTO BY: DOMNICK WALSH / EYE FOCUS LTD ©

ELAINE WINS FASHION SHOW TICKETS

The winner of the Outlook Magazines Rose of Tralee Autumn/Winter Fashion Show tickets along with pre show dinner at the magnificent Stonehouse Restaurant in Tralee is Elaine O'Sullivan from Milltown.

Elaine correctly answered Mary Hickey to the question - Name the 2014 Kerry Rose?

Congratulations Elaine from all at Outlook Magazines who sponsored the competition.





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KILCUMMIN COMHALTAS: We would like to wish the best of luck to all of the competitors representing Kilcummin at Fleadh Cheoil na hÉireann in Sligo in the coming week.

GAA FAMILY DAY: The Clubs GAA Family Day was as always a great success. Coiste Na nÓg had organised a range of games and competitions throughout the day on Sunday 10th August. As well as the traditional under12s Parish League competition for boys and girls there were races for all and tugs of war and a specially designed and timed obstacle course. The girls and ladies also played a great fun game of football which added greatly to the day. Many thanks to all who came and took part but particularly to



KILCUMMIN GAA GOLF SOCIETY CAPTAINS DAY PRIZE WINNERS.
L. TO R. IAN MILLIS, 2ND DENIS CASEY CAPTAIN, DERMOT O'SULLIVAN COMMITTEE, KIERAN FLEMING WINNER RECEIVING PRESENTATION FROM MARY CASEY, MICHAEL O'RIORDAN HOLE IN ONE, BARRY DUGGAN 4TH, MUIRIS HEALY 3RD, JOHNNY DOOLAN COMMITTEE.

mentors and others who helped organise teams, refereed and organised games. A big thank you is also due to the Ladies Committee who did the catering on the day.

U8 AND U10 HURLING BLITZ: U8 and U10 Hurling Blitz in Rathmore at 6.30pm on August 19.

GAA JUVENILE ACADEMY: GAA Juvenile Academy continues on Saturdays at 10:30am, new players welcome.

GAA GOLF SOCIETY: Captains Prize (Denis Casey). This was played last Saturday August 9th in Kenmare. Thirty three members played on what was a lovely course with weather to match. Kieran Fleming was an impressive winner with 43 points adding a bit of panache to power to claim his first major. Other prize winners include Ian Millis 2nd, Muiris Healy 3rd, Barry Duggan 4th, Mike Sullivan 5th, Front nine Dermot O'Sullivan, Back nine Mike Riordan, Nearest Pin Eamonn Kennedy and Longest drive Philip O'Connor. Next outing is Presidents Prize (Billy Doolan) in September in Beaufort.

MOLYNEAUX CUP: Kilcummin progress to

the semi-final after a narrow but well deserved victory over Milltown, Castlemaine.

RD 9 CREDIT UNION COUNTY LEAGUE:

Austin Stacks v Kilcummin is scheduled for this coming week end but no definite time has been decided as of yet.

MASTERGEEHA F.C. COACHES - VOLUNTEERS: In preparation for the new season training for all ages will commence shortly. Anybody interested in volunteering, coaching, managing or helping out with the club or a team for the forthcoming season please contact 086-4098405.

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 8th August. Numbers drawn were 10, 15, 17 & 21. Consolation prizes were €100 Danya Hurley, c/o Joe Doyle; €60 Marian Collins, The Village Inn, Kilcummin; €30 Elsie Doherty, c/o Patie Nagle; €30 Ivan Hurley, Whitebridge Manor, Killarney; €30 John Fitzgerald, Knockeenalicka, Kilcummin. Draw every Friday night in the Village Inn, Kilcummin. Jackpot now €13,350.

LISTRY NOTES

CHIROPODIST: Pauline will attend Listry Community Center on Monday 18th August 2014. Enquires to Pauline at 087 6606585 and any cancellations contact Pauline 24 hours prior please and thank you.

RUBY JUBILEE 40 YEAR OF PRIESTHOOD: Fr Eugene McGillicuddy, better known to those around as Fr Gene celebrated 40 years of his ordination to the priesthood with his

family, relatives, neighbours and friends. He celebrated Mass at the Sacred Heart Church Milltown on August 8th. His brother Fr Denis gave the homily who is in the Archdiocese of Birmingham. Fr Eugene was ordained the 2nd June 1974 at the Cathedral Waterford for the Diocese Leeds England, where he now Parish Priest in the Parish of Blessed Edmund Sykes in Leeds. He already has had a parish celebration,

where family and friends and parishioners gathered on 13th June. As a young priest he was curate to the late Fr Daly from Swinemount and Canon Denis Tagney, Listry. He was also supported by Fr Johnny Quirke, Milltown, who was in the adjoining Parish in Sheffield. Fr Eugene is the son of the late Eugene and Anne McGillicuddy of Farran Milltown and we wish him every success as he goes for gold!

BEAUFORT NEWS

BOWLS: Beaufort Bowls Club is currently playing for the Tom Grant Perpetual Cup sponsored by Trophy World Tralee. Its a singles (knockout) competition. The 1st games were

played on Wednesday the 6th of August and will continue each Wednesday until there is a winner who will be presented with the cup. This competition is in memory of Tom Grant

who started our Bowls Club. Bowls are played in Beaufort every Wednesday evenings at 7.45 pm. New members are always welcome come along and try your skill.

share the love

@niamhcosullivan

STROLLING AT THE SANDY BOTTOM KLY
#LivingTheDream #lovekillarney



@tomredisdead
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@Looneytours

RED SKY AT NIGHT...
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PIC
OF THE
WEEK!

@adamf00

#lovekillarney #loves_ireland
#ig_sharepoint #kerry
#ireland #horse :)



@aaronbros

MILLIE ENJOYED HER SWIM TODAY JUST AS THE
SUN COMES OUT #swim #lakes#killarney
#sunshine #muckross #lovekillarney



@owenfranssen

AUTOCROSS AT #aghadoe,
#lovekillarney #killarney



@werundisney

ENJOYED A MORNING JOG THROUGH KILLARNEY
NATIONAL PARK. #lovekillarney
@killarneydotie



@han_caswell

LOVE THESE GIRLS #mirrorpic #sisters
#lovekillarney



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JUST BEFORE OUR FLAT OUT DESCENT DOWN
STRICKEN MOUNTAIN TONIGHT ON THE TRUSTY
#v10 carbon. #lovekillarney
#DH #SantaCruz



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RATHMORE /GNEEVEGUILLA NEWS By Michael O'Mahony

RATHMORE COMMUNITY COUNCIL-MARION PLAYERS RATHMORE PANTO GROUP:

Wish the best of luck to Mary Hickey, Kerry Rose 2014 in this year's Rose of Tralee. Selection Nights on 18th & 19th August 2014. And also Rose Bud Emily Reddington, Shinnagh upper has twinned with Derby Rose Aoife Broderick we wish Emily best of luck with the week ahead.

EUROPEAN - WORLD TRIATHLON FUNDRAISER:

Declan O'Donoghue of Beheenagh Headford has qualified to represent Ireland in the European and World Triathlons 2015. He is currently fundraising by selling raffle tickets with fantastic prizes such as 2 All Ireland Tickets, Hotel stays and dinners in Killarney. Tickets cost €5 and can be bought in McCarthy's Londis Rathmore and Costcutters Barraduff.

RATHMORE COMMUNITY COUNCIL: Marion Players Rathmore Pantomime Group, Mary Hickey, our Rathmore / Kerry Rose took part in a rose planting ceremony at the playground in Rathmore on Friday Last August 8th.

RATHMORE COMMUNITY COUNCIL HISTORICAL WALK: Took place on Sunday last August 10th it was a great success. We wish to thank everybody who take part and everyone that helped out in any way. IRD Duhallow for Refreshment and community centre committee

for use of centre

ROSE OF TRALEE 2014: All eyes will be on Rose of Tralee Dome on this Monday and Tuesday 18th & 19th August as Rathmore Native Kerry Rose Mary Hickey Clounts takes to the stage in the Dome. A large crowd from Rathmore are traveling to the Dome to cheer on Mary and others are going to be watching her on television.

Here's hoping that Rathmore will have its first Rose of Tralee. Rathmore also has Rose Bud Emily Reddington, Shinnagh upper has twinned with Derby Rose Aoife Broderick. We wish Emily best of luck with the Rose of Tralee week with her Rose, and with Mary with her effort be coming Rose of Tralee.

SYMPATHY: To family and friends of Kathleen Culloty (née O'Leary) Moulykevane, Headford, Maureen Cooper (née O'Sullivan) Ardshanavooley, Killarney, who deaths occurred last week. May she rest in peace.

RATHMORE GAA CLUB: Lotto results for Monday 04 Aug. 2014 No's drawn: 6, 9, 10, 20. No Jackpot Winner. Consolation Prizes: €40 each: Christy O'Mahoney, Shronebeg. Helena Cahill, Shinnagh. Gerald Nagle, Headford. Eileen O'Donoghue, Bru Na Sinear. Sheila Mahoney, Freemount Gates. Next week's Lotto Jackpot is €9,600 sponsored by The Bridge Bar, Rathmore.

Rathmore GAA would like to congratulate Aidan O'Mahony and Paul Murphy on their win with the Kerry Seniors in the All Ireland quarter final and to Shane Ryan on his win with the Kerry Minors in their quarter final win and also to Aisling Desmond on her win with the Kerry Ladies in their qualifier match

RESULTS: Bill Tagney Cup Semi Final (Junior Football)

Rathmore 2-8 Listry 1-16.

County Junior League Group 1 Semi Final

Rathmore 3-14 Austin Stacks 7-11.

Lee Strand County League Div. 2 U16 Football Semi Final Rathmore 4-16 Na Gaeil 1-19.

LADIES FOOTBALL: Girls u8/10 munster blitz took place in Rathmore last Saturday. A total of 17 teams took part. All girls played very well and was a very enjoyable day. A big thank you to all who helped out on the day.

Remember you can get all the latest news, fixtures and results from Rathmore GAA via facebook.com/rathmoregaa or Twitter @rathmoregaa. You can see pictures from our matches on flickr.com

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (michaellomahony@eircom.net) or ring on 087-6676817 before 6:00 on Sunday.

GLENFLESK NEWS WITH DONAL KELLY

COUNTY LEAGUE DIV 3: The Glenflesk senior team, sponsored by Molly Darcy's, will travel to Caherciveen on Sunday August 17th to play second-placed St. Mary's in the ninth round of the county league at 2pm.

GLENFLESK LOTTO: Glenflesk GAA Lotto draw was held on Monday the 4th of August 2014, in the Kerry Way. Jackpot: €4,400. Numbers drawn: 3, 7, 8, 11. No Winner. €50 EURO DRAW: First draw: Mary Ferris, Beaufort. Seller: Ruairi O'Sullivan. Second draw: Eileen O'Donoghue, Coracow. Third draw: Michael O'Donoghue, Cools, Headford. Fourth draw: Denis D. O'Sullivan, Clonkeen. Next draw on Sunday the 17th of August 2014, in John Dan's, Jackpot: €4,600.

KERRY JUNIORS: Well done to the Kerry

Junior team who qualified for the All-Ireland final when they defeated Sligo in Ennis on Saturday August 9th, and to Glenflesk's Dara Roche and Jeff O'Donoghue who both got on the scoresheet. They will now meet Cavan in the All-Ireland final.

OFFICIAL WELLY RECORD: Last week the Guinness Book of Records confirmed that Glenflesk GAA club had officially broken the world record for the 'World's Largest Wellington Boot Race'. Well-done to all those who organised this event and thanks again to everyone who participated on the day.

FLEADH CHEOIL NA HÉIREANN: Best wishes to all the Glenflesk and East Kerry Comhaltas competitors who make the long trip to Sligo this week for the All-Ireland Fleadh Cheoil. Go

n-eiri libh.

EUROPEAN-WORLD TRIATHLON FUNDRAISER:

Declan O'Donoghue of Beheenagh, Headford has qualified to represent Ireland in the European and World Triathlons 2015. He is currently fundraising by selling raffle tickets with fantastic prizes such as 2 All Ireland Tickets, Hotel stays and dinners in Killarney. Tickets cost 5 Euro and can be bought in McCarthy's Londis Rathmore, O'Donoghue's Costcutter Barraduff and Denis Hickey Butchers Barraduff.

RAHEEN NS: Congratulations to Teresa Bowler who had the winning lotto number 37 on Saturday the 2nd August and to Geraldine O'Donoghue who had the winning lotto number 9 on Saturday 9th August.



GETTING UP CLOSE TO THE KING ARE PAMELLA O'RIORDAN, ELLA MCCARTHY, ALI AND LEAH O'RIORDAN FROM KILLORGLIN AT PUCK FAIR, KILLORGLIN ON MONDAY.

PICTURE BY DON MACMONAGLE



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11 Kia Ceed

1.6 CRDi, Alloys



08 Citroen Picasso

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09 Nissan Qashqai

Acenta model, 1 owner, E.S.H. 1.500



10 Ford Galaxy

2.0L, Titanium, One Owner, Full Ford Service History 85 k.



11 Ford Mondeo

2L Titanium X, 80k, 1030hp, 1 owner, Full Ford service history



10 Citroen C4 Grand Picasso

25k miles, 1.6 VTR Plus, 7 seater

DIESEL CARS

- 12 Hyundai IX 20 1.4 CRDi 69 klm
- 11 Ford Focus 1.6 TDCi, 44k
- 11 Ford Mondeo 2.0L, Zetec, 1 owner, full Ford S/H
- 11 Kia Ceed S.W. Manufacturers warranty to 2017
- 11 Audi A4 2.0TDi, Black
- 11 Peugeot 5008 1.6 HDi 7 Seater
- 10 Ford Focus 1.6 TDCi, sports, sat nav, bluetooth, alloys, fogs, 83k, full Ford S/H
- 10 Audi A3 1.6 TDI, Sports, Black, Full Audi S. H.
- 10 Kia Ceed Sports Wagon 1.6 CRDi, Silver
- 09 Nissan Qashqai Acenta

- 09 Audi A4 2.0TDi 92k, Black, Full Audi S/H
- 09 Ford Focus 1.6 TDCi, Titanium, 97k
- 09 Ford Focus 1.6 TDCi, Titanium, Full Ford S/H
- 09 Kia Proceed 1.6, Alloys, Fogs, 3dr H/B
- 08 Audi A4 2.0TDi, silver, full Audi Service History
- 08 Citroen C4 Grand Picasso 7 seater, 1.6 VTR Plus
- 07 Ford Focus 1.6TDi
- 07 Renault Megane Scenic 2yr Test
- 06 VW Passat 1.9TDCi, Black, NCT Tested
- 06 Citroen C5 1.6HDi, 106k, 1yr Test
- 05 Ford Focus 1.6 TDCi
- 04 Citroen Picasso 1.6HDi, 138klms

- 04 Opel Zafira 1.7 Dsl, 1yr Test
- 03 Skoda Octavia 1.9TDi, silver, 1 owner

CARS

- 12 Ford Fiesta 1.2
- 09 Toyota Yaris 90klms, black
- 08 Kia Rio 1.4, Automatic
- 08 Toyota Corolla 1.4, 70 klms, Black
- 07 Renault Megane Cabriolet 1.6, full leather
- 07 Nissan Almera 1.5 SXE, alloys, air con
- 07 Renault Megane Full Leather
- 05 Suzuki Liana NCT Tested
- 05 V.W Golf 1.4 Comfort Line

- 04 Opel Zafira 1.6 Club, 7 seater, 1 owner, €2,700
- 03 Honda Civic 1.4 H.B Black
- 03 Toyota Avenis Alloys, Fogs, As New
- COMMERCIAL**
- 13 Citroen Berlingo 1.6HDi, 34k, sliding door
- 11 Citroen Dispatch Choice White or Black
- 11 Citroen Berlingo 3str, 55k, full service history
- 11 Citroen Berlingo Full service history
- 11 Citroen Dispatch
- 09 Opel Combi Van 90klm
- 08 Opel Combi 1.3CDTi
- 05 Mitsubishi Pajero Sport Silver, 2.5, very clean



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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Wind Turbine Maintenance Technician Course (TR36R) – Tralee

This course is designed to provide the wind turbine industry with personnel who have the technical knowledge and skills to service and maintain large scale commercial wind turbines. It's aimed at skilled crafts persons who hold a recognised electrical or mechanical trade qualification and have a number of years hands-on practical experience in one of the related areas. **Start Date:** 29th September 2014. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53).

Interactive Media (TR351) – Tralee Training Centre.

This course covers design, digital imaging, photography, sound, video, digital publishing and media project management. The emphasis is on project-led, hands-on practical training. The majority of your time will be spent developing practical skills while undertaking an extensive range of project work. You will also work as part of a production team and regularly produce media content to a deadline for real-world clients. **Start Date:** 1st September 2014. **Duration:** 49 weeks. **Certification:** City & Guilds Level 3 Diploma.

Media Techniques – Radio Course (ET283) – Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 8th September 2014. **Duration:** 42 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Manual & Computerised Payroll and Bookkeeping (ET025) – Castleisland.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. It's designed for people with no prior experience in the topics. **Start Date:** 8th September 2014. **Duration:** 10 weeks. **Certification:** FETAC Level 5 Component Certificates in Bookkeeping Manual and Computerised and Payroll Manual and Computerised.

Accounting Technician of Ireland – First Year Course (ET214) – Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year one of the two year Diploma for Accounting Technicians qualification. The course is designed to provide participants with a solid grounding in business and a strong foundation in accountancy. It covers Financial Accounting, Taxation, Law & Ethics and Business Management. **Start Date:** 15th September. **Duration:** 42 weeks. **Certification:** First Year Certificate for Accounting Technicians

Accounting Technician of Ireland – Second Year Course (ET21R) – Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year two of the two year Diploma for Accounting Technicians qualification. Applicants must have achieved a pass in at least 3 subjects in the First Year Accounting Technicians Ireland course, including both Financial Accounting and Taxation. Year two covers Advanced Financial Accounting, Advanced Taxation, Management Accounting and Integrated Accounting Systems (IAS). **Start Date:** 15th September. **Duration:** 39 weeks. **Certification:** The Diploma for Accounting Technicians is awarded on successful completion of all first and second year modules plus two years relevant work experience.

Web Design with Adobe Dreamweaver Course (ETr87) – Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites.

Start Dates: 29th September 2014. **Duration:** 17 weeks. **Certification:** Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Surf Instructor and Beach Lifeguard Course (ET1Z3) – County Kerry.

The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 29th September 2014. **Duration:** 25 weeks. **Certification:** Surfing Skills Instructor Level 1 – Irish Surf Association (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

Reception and Clerical Skills (ET0N1) - Killarney.

If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you.

Start Date: 13th October 2014. **Duration:** 15 weeks. **Certification:** FETAC Level 5 Component Certificates in: Information and Administration, Word Processing, and Customer Service.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee,

TEL. 066 7149600, E-mail: training@kerryetbtrainingcentre.ie

Entry requirements and other information on our courses are available at www.solas.ie



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PICTURED AT KILLARNEY COMMUNITY COLLEGE ON RECEIVING THEIR LEAVING CERTIFICATE RESULTS WERE FOUR VERY HAPPY STUDENTS L-R ALAN DALY, NIAMH SHEEHAN, GAVIN LYNE & JOANNE KERINS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT ST BRIGID'S SECONDARY SCHOOL ON RECEIVING THEIR LEAVING CERT RESULTS WERE 'HIGH ACHIEVERS' LAUREN QUINLIVAN (LEFT) AND CARAGH SUGRUE (RIGHT). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



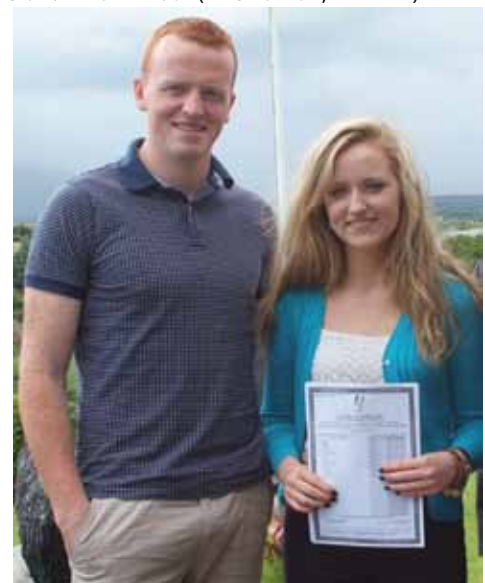
ST. BRENDAN'S COLLEGE PRINCIPAL SEAN COFFEY WITH AND DEPUTY PRINCIPAL JIM O'BRIEN WITH MARK MORIARTY, COLM WALSH, JAMIE O'DONOGHUE, REDMOND EARLIE AND JORDAN KIELY AFTER THEY COLLECTED THEIR LEAVING CERT RESULTS AT ST. BRENDAN'S COLLEGE, KILLARNEY, ON WEDNESDAY. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY)



DOUBLE THE DELIGHT AS TWINS LEAH & AMY O'SHEA COLLECT THEIR LEAVING CERT RESULTS FROM ST BRIGID'S SECONDARY SCHOOL. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



AOIFE BRODERICK, LISTRY, A PUPIL AT THE INTERMEDIATE SCHOOL, KILLORGLIN WHO RECEIVED 6A1's IN THE LEAVING CERTIFICATE. AOIFE IS PLANNING ON STUDYING MEDICINE AT UCC.



CLAIRE BUCKLEY, KILLARNEY WHO RECEIVED 580 POINTS IN THE LEAVING CERTIFICATE PICTURED WITH HER BROTHER KERRY FOOTBALL STAR JOHNNY BUCKLEY. BOTH ARE PAST PUPILS OF THE INTERMEDIATE SCHOOL, KILLORGLIN.

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OUTLOOK RECIPES

CALLING ALL FOODIES...

If cooking is your passion and you have a signature dish that you would like to share with everyone... why not email us the recipe and a picture of the finished gourmet delight and we will publish it along with your details in our new weekly foodie column. All details can be sent to editorial@outlookmags.com by Mondays at 5pm - and if you would like to drop a sample into our High Street offices - we won't say no to that!

Pecan & Maple Salad

Submitted by Kate O'Leary, Killarney.

Ingredients

- 1 Butternut squash
- 2 Fresh beetroot
- 2 tbsp Pumpkin seeds
- 1/2 cup Pecans
- 1/3 cup Feta cheese
- Tbsp Maple syrup
- Tbsp Olive oil
- Tbsp Balsamic vinegar
- Green Salad leaves

Method

- Cut the butternut squash into discs from top to bottom.
- Carefully remove the rind with a sharp knife, and where necessary remove the seeds.
- Chop the squash into small cubes and put onto a roasting tray and roast in the oven at 180 degrees for 25 minutes or until some pieces start to brown.
- Also peel and chop the beetroot and roast in the same oven for 15-20 minutes.
- Place the pecans on a roasting tray, drizzle with 2/3 tbsp of maple syrup and toast in the oven for 10 minutes approximately (be careful not to burn them).
- Dry fry the Pumpkin seeds in a frying pan for 3 minutes.
- Allow the butternut squash, beetroot, pecans and pumpkin seeds to cool.
- Wash and dry salad leaves of your choice and place on a large flat plate or salad bowl.
- Chop the feta cheese and place it on the leaves.
- Then sprinkle the beetroot, Pumpkin seeds, Butternut squash and pecans on top.
- Dress the salad lightly with 1 tbsp olive oil, 1 tbsp balsamic vinegar and 1/3 tbsp of maple syrup.



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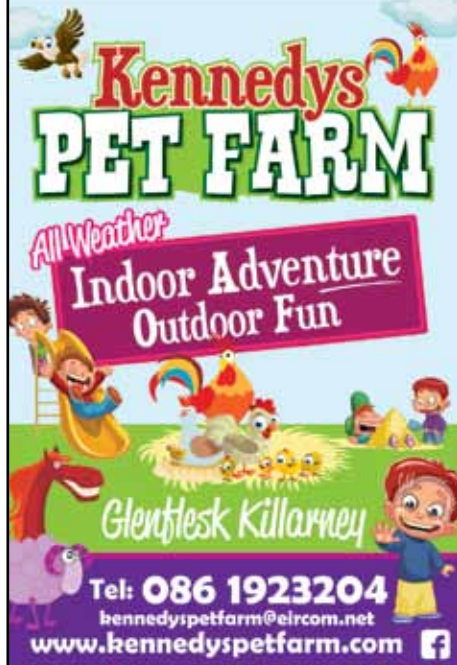


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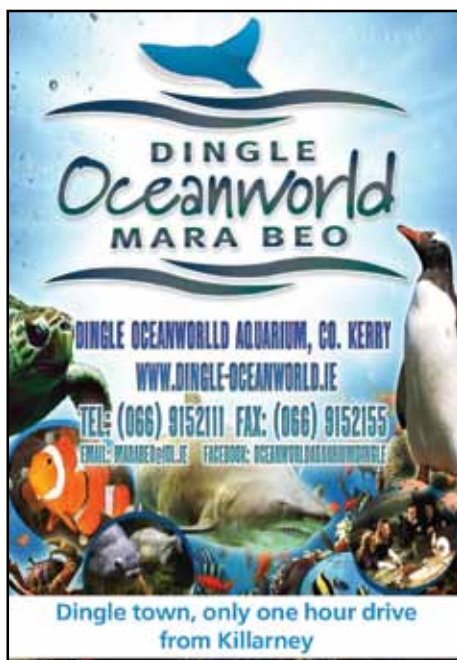
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SPA U13 TEAM WHO DEFEATED BEAUFORT IN THE U13 COUNTY CHAMPIONSHIPS INCLUDED ARE BACK ROW TIM O'CONNOR (MANAGEMENT), MAIREAD BENNETT, MAEVE FITZMARTIN, LOUISE HEALY, RACHEL HEALY, HANNAH DALY, MARIE O'DONOGHUE, GRACE COURTNEY, MARIE COURTNEY, NIAMH COFFEY, EIMEAR BEAZLEY, ELIZABETH STACK, AOIFE CRONIN, LAUREN O'CONNOR, KIERAN MCCARTHY AND DES SPILLANE (MANAGEMENT). FRONT ROW: CLODAGH O'CONNOR, REBECCA HOWE, GRAINNE SPILLANE, ERIN HOLLAND, MAIREAD O'DONOGHUE, SARAH FLEMING, GRAINNE SPILLANE, CAOIMHE CLAFFEY, LEAH BEAZLEY, ELAINE KELLY, ELEANA O'DONOGHUE AND LOUISE FLEMING.



ELIZABETH STACK WINNING CAPTAIN OF SPA U13 WHO DEFEATED BEAUFORT IN THE U13 COUNTY CHAMPIONSHIPS PICTURED RECEIVING THE TROPHY FROM KERRY LADIES CO BOARD TREASURER KAREN MCGLYNN.

SPA CLUB NOTES

COISTE NA NOG

U16 BOYS

Spa 2-9 Dingle 1-10

U16 had a great win v Dingle on Saturday over the weekend in County League Div 3 semi final. Great credit must be given to the whole panel on which was a very hard earned victory against the odds.

Final v Beaufort on Wednesday the 13th at 7pm with venue TBC.

Team: C Hickey E Cronin J McCauliffe C Sheehan A Dennehy F Walsh D Horgan M Moynihan M Kearney E Carroll N McCarthy T Fleming O Claffey D Moynihan M Aherne D Spillane E O Donoghue M Shannon C Stack.

LADIES FOOTBALL

U12 GIRLS CO FINAL: Takes place Mon Aug 11th @7.15 in John Mitchells V Moyvane.

Best wishes to team and management as this will be nail biting game. Last outing we lost to Moyvane by a point so the girls and mentors have worked hard over the past few weeks improving their skills.

U13 GIRLS COUNTY CHAMPIONS: Spa ran out the winners with a huge score against

a valiant Beaufort team. Our girls played with strength and determination throughout the whole game even to the very end. There's very little usually between these two teams but the Spa players brought their game plan to Kilcummin to deservedly win the title. The management of Tim O Connor, Kieran McCarthy and Des Spillane brought out the best in their young troops and achieved victory on the night. The team played excellent but the midfielding and scoring of Mairead Bennett was outstanding. All the forwards scored. The defense were on their toes the whole time and when Elizabeth Stack received the trophy from Co. Board treasurer Karen McGlynn the roar of excitement was deafening. Well done girls. Richly deserved.

U15 CHAMPIONSHIP: We are away to Scartaglin on Tuesday August 18th. This is a knockout competition.

MINORS: Minor County Championship: Spa 2-13 An Ghaeltacht 3-11

Our Spa minors bowed out of the Minor Co. Championship after a one point defeat to last year's finalists An Ghaeltacht after a thrilling encounter in Spa last Thursday night. In front of a huge home crowd the Spa lads battled to the very last in a superbly proud occasion for the club. Congratulations to the management team of Timmy Fleming, Paul Casey, Aidan Cahill, Sean Cronin and James Fitzgerald and to all the players in reaching the Quarter Finals in their first year competing as a Club in the Co. Championship. Team: David Carroll, Eoin Fitzgerald, Dan O'Donoghue, Conor Kearney, Timmy Hussey, Aidan Fleming, Mikey Moynihan, Shane Cronin (0-3), Liam Kearney (0-1), Dara Moynihan (0-2), Mike McCarthy (0-1), Ciaran Spillane, Michael Foley (0-3), Evan Cronin (1-3), Darren O'Connor. Subs David Spillane (1-0), John Murhill

EAST KERRY MINOR: Spa will play Dr Crokes on Thursday night Aug 21st at 7pm in Lewis Rd in the final of the Div 1 East Kerry Minor League.

SENIORS: Senior Co. League
Spa are home to Listry on Saturday Aug 16th at

7pm in Rd 9 of the Senior County League.

KERRY JUNIORS: Congratulations to senior players Andrew Garnett and Shane Lynch, and selector and former Spa player Fergus Clifford on the Kerry Junior semi-final victory over Sligo on Saturday. The Kerry Juniors will play Leinster Champions Cavan in the All Ireland Final on August 23rd.

LOTTO RESULTS: No winner in the Heights. 10,12,19,25. Lucky dips Niall O'Sullivan, Ballaugh. Aoife Cronin, Inisfallen, Killarney. Katie McKenna, Mill Rd. Ev and Jack O'Halloran c/o Cronins shop.

€13,200 next Sunday in the Oaks.

MERCHANDISE SHOP: Will be open on Friday evenings from 6.45pm to 8pm. Sale now on with up to 30% off on selected items.

Any enquiries please contact Mathilda on 0876487356.

TICKET ARRANGEMENTS: for the All Ireland Senior & Minor semi-finals on Sunday August 24th: Stand €40, Hill 16 €25, Family Tickets (Cusack & Davin Stands Only) €40 Adults and €5 Child. Club members looking to pre-order tickets are asked to contact Club Secretary on 0876332773 ASAP and tickets will also be on Public Sale from the Kerry Co. Board Office and Kerry GAA Store from Monday.

SPA COMMUNITY NOTES: Sympathy is extended to the relatives of Kathleen Culloty Maulykevane and Maureen Cooper Ardshanavooley who died during the past week.may They Rest In Peace

GOLF OUTING ON SEPT 6TH: The annual Spa Golf Outing has been provisionally arranged for the Ross Golf Course on Saturday September 6th, Starting time to be confirmed, Members wishing to participate are invited to contact the following members of the organising committee. Seanie Kelliher 0876298613, Eileen Magee 0861522865, Peggy O'Donoghue 087918718, Mary Cronin, 0876898146, Pat Kelliher 0646633924, Den Cronin, John Kelly 0863941769. The regular social evening will follow the presentation of prizes.

ALL IRELAND FLEADH: Best wishes to all the competitors in the All Ireland Fleadh this week in Sligo. Once again we have loads of spa members competing in dancing and music. Safe trip to all travelling.

EAST KERRY NOTES

Áine Ní Shúilleabháin

RESULTS: East Region Minor League

Sponsored by The Tatler Jack

Glenflesk 6-17 Kilcummin 6-09

Beaufort 9-11 Currow 2-07

Semi Final

Firies concede to Spa

FIXTURES: East Region Minor League

Thursday 14th August 2014 at 7.00pm

First named team has home venue

Division 1 Final

Dr Crokes V Spa



Division 2 Semi Final
Gneeveguilla V Glenflesk
Beaufort V Fossa
Division 3 Semi Final
Cordal/Scartaglen V Kilcummin

SYMPATHY: On behalf of the East Kerry Board, we extend sympathy to the Cooper family on the passing away of Maureen. Ar dheis Dé go raibh a anam dílis.

EAST REGION MINOR LEAGUE

The East Region Minor League, sponsored by The Tatler Jack, has reached the knock out stages. In Division 1, Dr Crokes take on Spa in the Final which is fixed for Thursday evening at 7pm in Lewis road. Division 2 is at the semi final stage and the results of two back games over the weekend separated the sides in the Division 2 league table. These two games were Kilcummin V Glenflesk and Currow V Beaufort. Kilcummin played Glenflesk on Friday last. Glenflesk started brightly but Kilcummin scored two fast goals coming up to half time to narrow the gap to a single score at the break, Kilcummin 3-05 Glenflesk 3-08. Glenflesk pulled ahead in the second half, with three goals and some lovely points. Kilcummin scored a number of goals in the last ten minutes of the game, to reduce the margin Glenflesk ran out winners on a final score of Glenflesk 6-17 Kilcummin 6-09. On Sunday, Currow hosted Beaufort who ran out comfortable winners. The visitors got off to a strong first half with four goals to the home sides two, and Beaufort led at the break 4-07 to 2-06. Beaufort pulled further ahead in the second half and ran out winners on a final scoreline of Beaufort 9-11 Currow 2-07.

This meant that there were 4 teams level on 6 league points - Gneeveguilla, Glenflesk, Beaufort and Fossa and these teams are through to the Division 2 Semi Finals. The semi final pairings were decided by draw on Sunday afternoon and these are Gneeveguilla V Glenflesk and Beaufort V Fossa, with the first named team having home venue. These games are fixed for Thursday evening at 7pm and are 13/15 a side. Extra time if necessary. The Final is fixed for the 21 August.

Division 3 is also at semi final stage with Cordal/Scartaglen hosting Currow and the loser playing Kilcummin in the second semi final. These are 11/13 a side games. Extra time if necessary.

EAST KERRY UNDER 14 CHAMPIONSHIP

The Under 14 East Kerry Championship games, sponsored by MD O'Shea, has continued with 2 semi finals this week, in Division 2 and Division 3.

EAST REGION UNDER 11 GO GAMES

The East Region Under 11 Go Games continued on Sunday with all teams displaying great skills and playing exciting and entertaining games. These matches continue next Sunday. All start at 6pm.

WELL DONE: Congratulations and well done to the East Kerry and Dr Crokes Minor teams on winning their County Championship Quarter

finals last Thursday evening.

WELL DONE: Congratulations to the Kerry Junior team on reaching the All Ireland Final.

BEAUFORT GAA NOTES

LOTTO: Lotto results of Sunday, 10th August for jackpot of €2,200. Numbers drawn: 1,2,14,19. Congratulations to Melissa Foley, Muckross, Killarney who was Jackpot winner.

Next draw for a jackpot of €2,000 will be held in Inn Between Bar on Sunday, 24th August. Tickets available from usual sellers and Standing Orders or Annual tickets are available from same.

BEAUFORT SENIORS were defeated by Na Gaeil in the County League on Saturday evening last. Final score Na Gaeil 0-17 to Beaufort 2-8. The first half saw Beaufort down a point at half-time but the 2nd half saw Beaufort only score 1-2 and great heroics by Mike Moriarty in goals kept Beaufort in the game going into injury time. Their next game is away to Cordal on Saturday next.

BEAUFORT B'S are at home to Dromid in The Barrett Cup on Monday evening next at 7pm.

BEAUFORT U21S are at home to John Mitchels in the Club Championship on Wednesday at 7pm

BEAUFORT MINORS had a facile win over Currow on Sunday morning. They now play Fossa in Beaufort in the Eastern League on Thursday next at 7pm. This is a provisional fixture.

BEAUFORT U16S had a good win over Kenmare in the County League Division 3 semi-final in Beaufort on Wednesday last. Half-time score was Beaufort 1-7 to Kenmare 0-7. The first half saw Beaufort having plenty of possession but the scoring chances were squandered. Beaufort's goal came from Paudie Coffey, and points from the ever impressive Mike Breen (4), Jonathan Kissane, Ciaran Kennedy (2). They also had a goal chance from Paul Murphy which was well-saved. The 2nd half saw Beaufort score at will with goals from Ciaran Kennedy, Joe Glinwood and sub Brian Coffey while Paudie Coffey lead the way with 6 points, Paul Murphy, Padraig Cronin, Jonathan Kissane, and Ciaran Kennedy a point each. Beaufort were able to run the bench with Liam O'Connor, Michael O'Shea, Timmy O'Connor, Brian Coffey and Rory Clifford all getting game time.

U13 GIRLS got to the final of the County League after a fine display against Beale in Beaufort. They played a good open, attacking football and had a good win. They played Spa in the Final on Wednesday last but the result was not in their favour. Beaufort were unable to stop Spa's attacking game and their intent on scoring goals to the end, as the final score showed Beaufort lost 10-9 to 1-7. Panel of players for both games: Mairead Egan, Sinead Kissane, Rebecca McHugh, Hannah Hallissey, Caoimhe Foley, Shauna O'Connor, Sinead Coffey, Hannah O'Connor, Ciara Casey, Ellen

O'Neill, Leanne Hayes, Lena Kissane, Fiona Doyle, Adele O'Brien, Maggie Kingston, Kerry Egar, Ciara O'Sullivan, Holly Clifford, Tara Clifford, Cora Coffey, Juliette Murphy, Roisin Kennedy, Niamh Coffey, Katie Joy.

BEAUFORT U14S are at home to Cromane in the Mid Kerry Championship on Sunday next at 6.30pm.

BEAUFORT U11S were away to Tuosist in the Eastern League the weekend.

MID KERRY MINORS bowed out of the County Championship on Thursday last. Beaufort were well represented on the panel and had Ken O'Sullivan in charge.

WELL DONE to Liam Carey who played at centre-forward for the Kerry Minors who defeated Kildare in Thurles on Monday last to reach the All-Ireland semi-final in Croke Park on Sunday, 24th August against Mayo.

KERRY LADIES Well done to the Kerry Ladies who defeated Donegal in extra-time in Birr on Monday last to set up a quarter-final meeting with Dublin on Saturday, 23rd August. Bernie Breen and Patrice Dennehy both contributed well to Kerrys victory.

BEAUFORT'S CRESTED CLUB GEAR is available at present. Replica Jerseys, shorts, socks, hoodies, half zipped jackets, and new in stock are half-zipped Troy tops. Available from Mary Cronin, Maurice Foley or Nora Hallissey.

LEGION GAA CLUB NOTES

BABY JOY: Congratulations to Legion stalwart Aileen Kelly and her husband Colin who gave birth to their first child ,a bouncing baby boy ,which they named Johnny, a grandson for Ann and Aidan.

Also congrats to Mark "Branch" O'Shea and his partner Michelle who brought baby Max into the world last week.

SUMMER CAMP: Many thanks to all the kids who made this years Summer Camp so enjoyable. Blessed with great weather for the week it wouldnt be possible without the help of our juvenile stars, both boys and girls ,who grew into their role as coaches for the week. Thanks also to Sean Culloty, John Culloty and Paddy Osborne for their assistance. Maura McCarthy made sure all the specially designed jerseys were ready and any late signees to the camp will have theirs next week. Senior stars Conor Keane and Kerry goalie Brian Kelly paid the camp a visit and were mobbed. Finally thanks to Ian Trant of Sewells Pharmacy for their outstanding sponsorship and Four Star Pizza also. Well done to camp coordinator Enda Walshe on a well organised event.

U16 COUNTY LEAGUE: A hard earned victory this evening in Direen for our Under 16 boys against Ardfer in the County League Division 2 semi-final. The score at the final whistle was 4-11 to 3-10 in Legion's favour in a tightly contested game. Ardfer were physically very strong and caused us a few problems when they attacked down the middle but our



lads, through lick passing and guile, seemed to get scores when we needed them most. Well done to the lads & management and now a final against Rathmore beckons for this tight group of players

U16 GIRLS COUNTY LEAGUE: Legion u16 girls played Glenflesk in the Kerry Division 2 Co. Semi final in Dreen on Monday. They were worthy winners in the end, having made hard work of it in the first half they got into their stride in the second half to win well. they now meet Fossa in the Division 2 Co final, game and venue to be decided, probably end of Aug start of Sept. Well done girls

SYMPATHY: The club sends its sincere condolences to the Cooper family on the recent death of their mother Maureen, our sympathies to Danny, Mike, Vince, Mark, Colm, Geraldine and Karen and the extended families. Ar Dheis De go raibh a Anam Dilis.

FIXTURES: Senior county league round 9 away to John Mitchels Saturday 16 August at 7pm

Junior county league final v Austin Stacks T.B.C. U14 East Kerry semi final v Scart/Cordal/ Glenflesk August 18

CAIRDE AN LEIGIUN: With over 21 teams on the pitch every week the club is a hive of activity and we are grateful to the volunteerism of our members. We are delighted to be in a position where we can offer the community a healthy and character building activity.

All this would not be possible without the support of our members and of course our sponsors. We would like to thank all our sponsors for your kind patronage towards the club in the past.

In order for the club to remain on its current path we are conscious of the need for constant progression. We, this year, have put in place a development plan which, for the next 5 years, maps out the path the club hopes to take. As we value all our sponsors, we are also aware of the need to ensure that those businesses gets the maximum exposure within the club. With this in mind we are endeavouring to set up a "patrons wing" in the club. It is to be called "CAIRDE AN LEIGIUN". This will be give our sponsors a platform in the club for showcasing their business. "CAIRDE AN LEIGIUN" will be launched in the near future where the club membership will be invited to attend. More details to be announced in the near future.

LOTTO: Numbers drawn 3, 13, 15, 16. No jackpot winner. Lucky dip picked from match x 3, Catherine Doona 28 Pinewood, Danielle Brosnan Beaufort Bar, Pdraig Hegarty Loreto Rd., Kathleen Coffey Knockasartnett, Mary c/o Figgy. Next weeks jackpot 7200 euro

MILLTOWN/CASTLEMAINE GAA NOTES

SENIORS: Milltown/Castlemaine play Currow in round nine of the county league next weekend

JUNIORS: Milltown/Castlemaine B Team will now play the winners of Keel Senior A Team vs Cromane Senior A Team In The O'Sullivan Cup Semi-Final, they also play Na-Gaeil next week in the semi final of the junior league

UNDER 12'S: Play Cromane Thursday 21st in Cromane in the under 12 league

UNDER 8'S: Under 8 challenge game next Thursday away to Keel all players to be there at 6:45 pm please ensure you carry your gum shields.

UNDER 10'S: Both U10 boys and girls travelled to Kilcummin and had a great morning of games. Well done everybody and thanks to our hosts Kilcummin who had treats for our players after their matches.

CAMP FOR FUTURE STARS 2014: Milltown/Castlemaine are running a camp to focus on the development of primary schools pupils from 6- 13 years of age

from the 19th of August until the 22nd of August, 10:30 am until 1:30 pm. Application forms can be got from John Hegarty 087 2527370 or Eileen Lovett 086 3954803, it is club policy that any kids attending have to wear gum shields.

DR. CROKES GAA CLUB

LOTTO: (10/08/2014) Draw took place in the Jack C's on Sunday last.. Numbers drawn: 10, 13, 21, 22. The jackpot of €7200 was not won. Match 3, 8 received €50. Next week's jackpot is €7500. Draw will take place in the Speakeasy.

LOTTO: (05/08/2014) Draw took place in the Tatler Jack on Tuesday, 5th August. Numbers drawn: 3, 4, 15, 23. The jackpot of €6900 was not won. Match 3, 11 received €40. Next week's jackpot is €7200. Draw will take place in the Jack C's.

FIXTURES: Molyneaux Cup: Away vs. Kerin's O'Rahilly's, Fri. 15th Aug, 7pm. Snr Co. Lge - Div. 1: Home vs. Daingean Uí Chúis, Sat. 16th Aug, 7pm. Snr Co. Lge - Div. 5: Away vs. Asdee, Sun. 17th Aug, 2pm. Inter. Hurling C'ship Qtr Final; Home vs. Kilgarvan, Mon. 18th Aug, 7pm. Please support.

RESULTS: Mnr. C'ship: Dr. Crokes 0-14, South Kerry 0-13.

SATURDAY MORNING ACADEMY: Our Saturday morning football and hurling academies have finished up for the summer. Both codes will be starting up again after the summer break.

CENTRA COMMUNITY EVENT: As proud sponsors of the GAA Hurling All-Ireland Senior Championship, Centra are bringing together the brightest stars of hurling to fun community events all around the country. They have 16 exciting events planned and to win a family pass, all you have to do is enter in your local Centra. The community event will take place in Fitzgerald Stadium on Saturday, 23rd August. Kids must be aged between 5 and 12 years to participate and a great day of fun is planned

for all the family. For kids they can meet their hurling heroes, take home a goody bag, learn some key hurling skills as well as enjoying the best the Irish summer has to offer...the GAA Championship!

CLOTHES BANK: There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPC.

CONGRATULATIONS: to Aaron Murphy, Shane Lyne, Chris Doncel, Jack Lenihan and the Kerry Minor Hurling team who defeated Wicklow on Saturday last, in the Electric Ireland All-Ireland Minor B Hurling Championship Quarter Final. We wish them the best of luck in the Semi-final this Saturday, 16th August.

SYMPATHY: The Dr. Crokes club would like to express its deepest sympathy to Danny, Mark, Geraldine, Mike, Vince, Karen and Colm on the sad passing of their mother Maureen. We also would like to express our condolences to her family and wide circle of friends. The Cooper family have made and continue to make an enormous contribution to our club. Our thoughts and prayers are with them. Ar deis Dé go raibh a h-anam dilis.

FOSSA NOTES

Gene Moriarty

FOSSA GAA: FOSSA LOTTO 10/08/2014: Numbers Drawn: 7, 11, 16, and 17

Jackpot: €4,500. No Jackpot Winner:

Consolation Prizes 5x€40: John & Mary Ann O'Sullivan, Pallas Beaufort; Sheila O'Leary c/o Dept of Justice; Mary Hickey, 2 Beverley, Ovens, Cork; Peggy O'Leary, O'Kellys Villas, Killarney; David Brooks, 58 Lackabane Village.

New Jackpot: €4,650.

Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, Foley's Spar shop Fossa, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night August 17th 2014 at the Golden Nugget Fossa at 11p.m.

FIXTURES: Thursday August 14th East Kerry Minor Div 2 semi final Beaufort v Fossa at Beaufort 7:00pm

Sunday August 17th Credit Union County League Round 9 Fossa v Cromane at Fossa 2:00pm

SENIORS: Fossa play Cromane at home in round 9 of the County League on this Sunday throw in 2:00pm. Fr Galvin Cup final has been provisionally fixed for weekend of August 31st.

COISTE NA NOG: Fries Annual U11 Blitz.

We were happy to be asked to the Annual Fries U11 blitz again this year, this has become a real highlight of the summer for us, for quite a number of years now. We went, a few down due to holidays but still put in a hugely enjoyable days football reaching the semi finals where



GAME OF THE WEEK

Deadline: Monday 3pm Email : editorial@outlookmags.com

we beaten by the eventual winners Glenflesk. Thanks to all players: Sophie Dennehy, Danielle O'Brien, Dean Sheehan, Rocco Sheehan, Peadar Kelliher, Darragh O'Brien, Cian Doyle, Sam Buckley, James O'Shaughnessy, Conor Horgan, Darren Cronin, Donnacha Grealley and Padraic Talbot. Thanks also to all at Furies Gaa, a well run blitz and we were well catered for. On Sunday our under 11s had a win over Templenoe in the East Kerry League.

ATHLETICS: ATHLETES of all ages and abilities hit the road in Fossa, Killarney on Friday night for a short but demanding road race in the novel Summer Mile Series promoted by Gneeveguilla AC.

Even though there was a competitive streak at the business end of the race, it was a real family occasion as children competed beside their dads and mums and neighbours and friends also took to the road.

The race commenced near the Gap Cross and the route brought the participants through Fossa village to the finish line and stopwatch station at the entrance to the Europe Hotel and

Resort.

The Fossa Mile was the second in the series and it follows Barraduff on July 25 with Knocknagree to come this Friday night and the Fair Field in Knocknagree next week.

Prizes were up for grabs in a number of categories, including senior men and ladies, juniors, under 16, under 14, under 12, under 10 and masters over 40, 50 and 60.

First home in Fossa was Robert Purcell Jnr from Gneeveguilla AC in an impressive time of 04:34 followed by Darragh Browne of Listowel (04:39) and Arthur Fitzgerald, Farranfore Maine Valley (04:44).

Fossa Community Centre: Fossa Indoor Bowls have changed their bowls time, we now meet at 3.30pm on Friday afternoons. Why not come along and give it a go.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at genemoriarty2014@gmail.com Please forward information on or before Sunday at 10:30am.

LISTRY GAA NOTES

LISTRY WEEKLY LOTTO RESULTS:

Sunday 10th August, 2014.

Winning Numbers 3, 15, 20, 23.

Jackpot €8,750. Not Won

1 x €100, Brendan O'Mahony C/o Conway's.

2 x €50, Willie Herlihy, Lissivageen.

Tina Healy, Rockfield.

2 x €25 Dan Doona, 28 Pinewood Est.

Tomas Gonda C/o Arbutus

Draw Entrant Paul Kennedy, Lahard.

Jackpot next week Sunday 17th August €8,900

NEXT MONTHLY MEETING: Will be held at the clubrooms on Monday 8th September at 9pm.

BILL TANGNEY CUP FINAL RESULT:

Played Tuesday evening last in Listry

Listry 1-09 Fossa 1-10.

SENIOR FOOTBALL LEAGUE DIVISION 2:

Saturday August, 16th at 7pm Venue: Spa

Spa v Listry. Come along and show your support.

LEGION KIDS ENJOY SUMMER CAMP



PHOTOS BY MARIA O SULLIVAN

PARTICIPANTS AT THE LEGION GAA CAMP WHICH WAS HELD IN DIREEN LAST WEEK.



KATE FLEMING WITH GOALKEEPER BRIAN KELLY.
PHOTO: MARIA O'SULLIVAN.



CONOR KEANE PICTURED WITH LEAH AND AVA HALLISSEY AND
JASON AND AARON O'SULLIVAN.



BRIAN KELLY PICTURED WITH GAVIN O'SULLIVAN.
PHOTOS: MARIA O'SULLIVAN.



'ALL IRELAND CHAMPIONS' 3 IN A ROW FOR GNEEVEGUILLA AC LADIES RELAY TEAM IN TULLAMORE, CO. OFFALY ON AUGUST 10TH. ELAINE CRONIN, ANETTE O BRIEN, BRID STACK AND JENNIFER WALSH.

PITCH & PUTT NEWS

JASON O'CONNOR.

It was a commendable performance by both Kerry teams in Tipperary Hills last Sunday as Kerry finished second in the Juvenile grade and third in the Gents grade as they were 11 shots behind Cork in both occasions. Kerry actually led the Gents Championships after the Scotch Foursomes by five shots with a combined total of 31 under par from the combinations of Conor McCarthy & Jamie Blake, Damien Fleming & Jamie Blake and Jason O'Brien and St John Kelliher. The Singles proved tough for Kerry however with their final score finishing up at 48 under with Cork winning on 59 under, three ahead of hosts Tipperary in second. It was an encouraging performance from a young Kerry team and one they can take encouragement from ahead of the National Championships in Tullamore in a month's time.

Similarly the Kerry Juveniles performed well ahead of their National Championships in Navan in two weeks time as the team of Michael Cronin, Stephen McCarthy, Sean Courtney, Mark Harnett and Conor Quirke (all Deerpark) along with Tralee's Eamon Sheehy performed well on 31 under par for their 36 holes. Cork were winners with 42 under as they regained the title the Kingdom took from them last year in St Annes. At the Munster Juvenile Strokeplay Championships, also in Tipperary Hills, on Saturday there were some encouraging performances by Kerry players in the Boys 10-13 grade. Tralee's Eoin Higgins was in a share of the lead on one under par after the first 18 holes but eventually finished fourth overall on five over par with Deerpark's Cillian Courtney a shot further behind him in fifth on six over. Another Deerpark player, Lorcan Martin also finished in the Top 10 of the grade on nine over par.

This weekend will be a somewhat historic occasion as for the first time ever Provincial Graded Inter-County Championships take place. Kerry has two Gents teams in the Munster Championships in St Stephens, Co Cork on Sunday in both the Intermediate and Junior grades. In the Intermediate Kerry are represented by Deerpark trio Creagh Courtney,

Jason O'Brien and St John Kelliher, Castleisland duo Aidan O'Connor and James Dignan along with Tralee's Gavin Carroll. The Junior team consists of Tralee trio David Hobbart, Roger Guthrie and Aidan O'Sullivan, Deerpark duo James Fleming and David Harnett and Castleisland's Paudie Looney. The County Board wishes the two teams the very best of luck in these inaugural events.

WORKMEN'S ROWING CLUB

BEST OF ROWING LUCK: To all our crews, trainers and mentors travelling to Waterville this weekend for the All Ireland Coastal Rowing Championships 2014. It promises to be a fantastic few days of rowing rivalry and fun. A total of 2700 rowers, that's 530 crews from Kerry, Cork, Donegal, Dublin, Antrim, Belfast, Wicklow and Wexford are competing! so you've been warned, bring plenty of sun cream, wellies, rain gear, sandwiches, tae and a few bishkits! Siobhan Fleming, sister of the late much loved and cherished Brendan Heffernan, is organising an 8 hour fundraising spinathon which will be held on Sunday 31, August, 2014, at The Market Cross, Killarney commencing at 1pm. The Spinathon is in memory of Brendan. All proceeds raised will be donated to the Kerry Hospice Foundation, who provided wonderful care to Brendan throughout his illness. Brendan's family together with his friends and team mates from Workmen's Rowing Club are helping to organise this event as his first anniversary approaches. If you would like to cycle or collect please contact brendanssistercaitrona@gmail.com. Brendan's anniversary mass will be offered at 9.30am on Saturday 30th August at the Church of the Resurrection.

RATHMORE / GNEEVEGUILLA COMMUNITY GAMES

NATIONAL FINALS: Next weekend the Rathmore/ Gneeveguilla U13 Choir along with managers Joanne Hughes & John O'Donoghue, Grace Murphy, Paudie & Ross O'Leary will be travelling to Athlone to compete in the first

weekend of the National Finals. We wish those children and managers who are representing our area and Kerry the very best of luck in their respective events. Grace will be competing in the U9 girls gymnastics competition, Ross will be swimming in the U10 boys freestyle and Paudie will be swimming in the U12 boys freestyle competition. Choir members are Aimee Cremin, Leah Kennedy, Miriam Dineen, Hannorah Hurley, Katie O'Sullivan, Alice O'Leary, Aoife O'Sullivan, Hannah Reen, Madhbh Dennehy, Muireann Hughes, Shauna Fleming, Caoimhe Dineen, Niamh Finnegan & Mark O'Leary. Good luck and safe journey to all those travelling.

MILLTOWN/LISTRY COMMUNITY GAMES

NATIONAL FINALS: Over the next 2 weekends we will have 13 young people participating in the National Finals in Athlone and we are very proud to have so many competing at this level. First up this weekend August 16/17 we have our 2 cross country/mixed distanced runners David Leane and Cillian Burke competing with the Kerry team and they have been coming together for training over the past 2 months. In the Gymnastics we have the brothers Ruairi and Daire Murphy representing Kerry at U13 and U11 respectively and they have been training hard over the past number of weeks. We wish them all the very best of luck and hope they and their families enjoy their weekend in Athlone.

FUNDRAISING: Alongside our regular yearly expenses we have incurred extra expenses this year due to the increased interest in our activities and our success at County level. We also had an added expense this year with the purchase of singlets for our competitors. In order to continue promoting the Community Games and ensuring the inclusion of all children we very much depend on local support to keep us afloat.

We are asking for your support in making a financial contribution to ensure the continuation of and the growth of Community Games in our community. If you can assist us please contact Denis 087-9662332 or Pa 087-6447788

SPAMUCKROSS COMMUNITY GAMES

This week our participants are making their final preparations before they head off to Athlone for the national finals. We have athletes competing in a wide variety of events - this coming weekend Fergal Murphy is in Grass Cycling, Tristan O'Donoghue is competing in the very challenging Duathlon which comprises of a run/cycle/run combination, Grace Courtney is in the mixed distance cross country and representing Kerry in swimming will be Treasa O'Sullivan and Faye O'Neill. The following weekend will see our only participant in the Athletics, Cian Lynch heading off to



Athlone - we would like to wish them all the very best of luck there.

KILLARNEY SOUTH COMMUNITY GAMES

NATIONAL FINALS ATHLONE: Killarney South has its first representatives heading to Athlone this weekend. Jack Greaney competes in the mixed distance event Under 12 and Mark Cooper competes in the 700m under 14. We wish them the best of luck at this event.

CONDOLENCES: The committee wish to express their condolences to the Cooper family on the recent tragic loss of their mother Maureen.

FACEBOOK: Please follow Killarney South Community games on Facebook for all new updates, information, pictures and reports. All electronic mail queries can be forwarded to killarneysouthcommunitygames@gmail.com.

KILLARNEY RUGBY CLUB NEWS

SENIOR CLUB TRAINING: Continue the season preparations with training every Tuesday and Friday at 7:30pm. A warm-up friendly against a Kerry side will take place in the coming fortnight. New players are extremely welcome.

COACHES: We urgently need to recruit a number of people to get involved in coaching our youth teams. Full training will be provided for anyone who is willing to take up the challenge of bringing our youngsters on to the next level.

For details contact Mike Fuller or any committee member.

FUNDRAISING: The Capital Grant will not be drawn down for some time and therefore the committee are trying hard to come up with ideas for fundraising.

If you can help with fundraising please contact the Club immediately.

MUCKROSS ROWING CLUB

SYMPATHY: The club extends its sympathies to the Cooper and O'Sullivan families on the death of Maureen Cooper. The club also extends its sympathies to the Culloty, O'Leary and extended families on the death of Kathleen Culloty. Ar dheis lamh De go raibh a anamacha uasal.

ROWING CAMP: Following the great success of recent years, Muckross RC will once again host its Rowing Camp just before the start of the new school year. Learn to row from scratch or improve your skills, try a great new sport and make new friends. The Camp will be run over two consecutive weekends, Saturday and Sunday 30th-31st August and again the following weekend 6th-7th September. The Camp will be open to both boys and girls aged 12 to 16 who can partake in either beginner or improver/advanced sessions. Beginner rowing 9am to 12pm. Improver/advanced open to all existing junior rowers 1pm to 4pm. Price for Camp is €50 payable on the first morning. Two

siblings: €80. All participants receive a camp t-shirt and the camp will feature a number of activities on shore in addition to time on the water. Enquiries to Linda Daly 087 693 5508 or Eadaoin Moynihan 086 152 9476.

GAME OF CHANCE PRIZE DRAW: Our Game of Chance Prize Draw continues! After a hectic summer for the club, our fundraiser Prize Draw will now take place on Friday 19th September. Just five weeks to go! As our season draws to a close, we are aiming for a full sell out of all draw tickets in support of the club's ongoing fundraising efforts. Tickets remain on sale from all club and committee members. Our thanks to all who have entered the draw so far. A reminder that a total prize fund of €5,000 is up for grabs with a top prize of €2,000. The ticket price is blind and each of the 2000 draw tickets are uniquely priced, ranging from 0.01c up to €20.00. To enter our draw, select one of the sealed envelopes from our ticket sellers and open to reveal the ticket and it's price. You pay the unique ticket price shown for an equal chance of winning one of ten cash prizes. All funds raised will go towards the purchase of a new training boat for the club's junior members. If anyone wishes to purchase a ticket or obtain a number of tickets for sale, please contact Linda Daly 087 693 5508 or Alan Lyne 087 135 4960. Don't miss out, when these prizes are gone, they are gone!

DEERPARK PITCH & PUTT NOTES

JOHN KELLY

Winners of last Wednesday's Fourball were Betty O'Brien, Paul Cronin and Chris Collins. Competition continues each Wednesday evening at earlier time of 7pm,

MUNSTER STROKEPLAY: Congratulations to all our competitions who turned in some very creditable performances at the Munster Strokeplay competition in Tipperary Town. Results as follows, Kilian Courtney 5th, Lorcan Martin 10th in their category, Michael Cronin, Stephen McCarthy, Conor Quirke, Sean Courtney, and Mark Harnett finishing second, The team of Conor McCarthy, St John Kelliher, Jason O'Brien, finished in 3rd place.

MUNSTER INTER - COUNTY COMPETITION: Best wishes are extended to our Intermediate and Junior teams who will represent Deerpark in the Munster Inter-County Competition in St Stephens Cork this weekend. Intermediate -- Creagh Courtney, St John Kelliher, Jason O'Brien Junior, James Fleming and David Harnett.

SENIOR OUTING SEPT 2ND: Next seniors outing will be at Gleneagle on Tuesday 2nd September 10.30am.

FOSSA ROWING CLUB

Well done to all crews that participated in the Waterville County Championship last weekend. The biggest weekend of the year has finally arrived with all roads leading to Waterville for the All Ireland Coastal Rowing Championships.

First race kicks off bright and early at 8am on Saturday morning. All crews are asked to bring a packed lunch because it will be a long day and of course your club colours! Best of luck everyone. C,mon Fossa

HAPPY BIRTHDAY: The club would like to wish Seamus Kennedy a happy 21st birthday and also to Kieran Counihan who celebrated their birthdays last week.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto draw 8/8/2014, numbers drawn were 6, 21, 22 and 23. Sellers prize went to Tom Joe O'Donoghue, €50 Y/T prize to Caroline Murphy Scrahanfadda, €50 to Johnnie Cronin Lisheen, €40 each to Frank Brosnan Tureenamult, Jack & Oisín O'Leary Gneeveguilla, Pat, Mike & Michelle O'Donoghue Knocknageeha. Bonus not won numbers drawn were 14, 19, 23 and 30. Next week's jackpot €4,800 plus €1,000 bonus.

NATIONAL CHAMPIONSHIPS: Top marks to our master athletes who had one of those days you only dream of at the National Championships in Tullamore last Sunday. Results were as follows: Elaine Cronin 1st in 100m and long jump with a new personal best, 2nd in 200m, 3rd in Shott Putt O35, Annette O'Brien 1st in 100m and Long jump and 3rd in high Jump O40, Jennifer Walsh 1st discus and Shott o35, Eileen O'Riordan 1st discus and Hammer O40. For good measure Elaine, Annette and Jennifer were joined by Brid Stack to win the relay for the 3rd year in a row. Brid is carrying an injury which kept her out of individual events.

MILE RACES: There was a fine turnout for the 2nd leg of our mile races held in Fossa on Friday night. Results: Senior men 1st Robert Purcell Jnr Gneeveguilla AC, 2nd Arthur Fitzgerald F/Fore, 3rd Simon Mangan Gneev. AC, 4th Paul Devane Clonakilty, 5th Martin Dineen Riocht, Junior 1st Darragh Browne Listowel, 2nd Conor O'Mahony T/H, 3rd David O'Keeffe Gneev AC, O40 1st Seamus Murphy Gneev AC, 2nd Stephen Griffin S.O.T.L AC, 3rd James Tobin Bantry, U16 1st Andrew Purcell Gneev AC, U14 1st Francis Cronin Gneev AC, 2nd Jack Walsh Gneev AC, U12 1st Donal Daly Gneev AC, 2nd Donal Burke Millstreet, U10 1st Brendan Burke Millstreet, Senior Ladies 1st Caroline Finn Leevale, 2nd Siobhan Daly Riocht, 3rd Niamh Clifford S.O.T.L AC, 4th Julie Purcell, O40 1st Caroline McCarthy, 2nd Mary O'Connell Gneev AC, 3rd Sabine McMahon France, O50 1st Mary Finn Millstreet, 2nd Nora Flynn Gneev AC, U16 1st Clara McMahon France, U14 1st Orla Buckley Millstreet, 2nd Emily O'Riordan Gneev AC, U12 1st Sadhbh O'Connor Gneev AC, 2nd Eloise McMahon France, U10 1st Delia Foley, 2nd Gneev AC, 2nd Heather Culloty Gneev AC. The next leg of our summer mile series is in Knocknagree this Friday evening 7.30pm. Race Headquarters Fairfield Tavern.

KILLARNEY ATHLETIC A.F.C. NOTES

SENIORS: Senior training tonight Friday from 7.00pm at Woodlawn. Registration taking place same time

CLUB REGISTRATION: Club registration will take place at the clubhouse, Woodlawn on tonight 15th and Friday 22nd August from 7 to 9pm. Academy under 6 - 11 (Born after 1st Jan 2004 - 2009), Schoolboys under 11 - under 16 teams, Schoolgirls Teams - Youth, under 17 - under 18 teams, Junior soccer teams (Senior A and B) Academy Director of Coaching Robin O'Day & JP Mullins UEFA B Licence coaches. Hope to see old and new faces there. Let's play soccer in a fun and enjoyable environment. Further information can be got by emailing sec@killarneyathletic.com or private messaging our Facebook. New Members welcome.

OPEN DAY: Open invitation to all our members, new members and families on Sunday 7th September from 2.00pm to 6.00pm (TBA) for Killarney Athletic's Open Day. Everyone is welcome for what will be a really fun day out.

MERCHANDISE: Killarney Athletic merchandise can now be ordered on merchandise@killarneyathletic.com

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

KILLARNEY CELTIC NOTES

GOLF CLASSIC: Killarney Celtic's Annual Golf Classic will be played on September 27th and will be limited this year to the first 40 teams to enter, so this

would be a good time to give Mike Daly a call on 086 8516915!

NATIONAL FOOTBALL DRAW: Tickets now on sale for the Irish National Football Draw, they are €10 each and is a new fundraiser for our club, there are local, regional and national prizes, over 2000 prizes. Proceeds from tickets sold go to the club. Please support, contact any club member, Suzanne 0868449082 or May 0866485809

GALWAY CUP: Well done to the two Kerry teams, management, and supporters, especially the Killarney Celtic contingent, who represented the county so proudly in the Galway Cup last week. Kerry's U13 teams came third and lost a plate final on penalties respectively.

REGISTRATION AND AWARDS DAY: Our awards for the 2013/2014 playing season and registration will now take place on Sunday August 17th from 2.00 to 4.00pm.

TRAINING TIMES:
Started **Monday** August 11
5.30-7.00pm Under 12 (born 2002).
7.00-8.30pm Under 15 (born 1999).
8.30-10.00pm Under 17 (born 1997).

Tuesday
5.30-7.00pm Under 13 (born 2001).
7.00-8.30pm Under 14 (born 2000).
8.30-10.00pm Seniors/Youths.

Wednesday
5.00-6.30pm Under 11 (Born 2003).

Thursday
8.30-10.00pm Under 16 (born 1998).

Friday
Seniors and Youths 7.30-9.00pm
It takes a lot to keep a club going, but most of all we need people who can volunteer their time. Anyone willing to help out with a team is asked to contact Mike Lyne on 086 0836356

RESULTS
YOUTHS CUP FINAL REPLAY:

KILLARNEY CELTIC O TRALEE DYNAMOS 5

We were badly understrength but the team put in a great effort against a Tralee Dynamos's side who played superb soccer and were worthy winners of the Jimmy Falvey Memorial Trophy.

FOOTBALL FOR ALL AT TURNERS

CROSS: Killarney Celtic FC Football For All is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729

Killarney Celtic Football For All teams played at half time at Turners Cross for the Cork City vs St. Pat's league match. The group were welcomed by Eircom League star Billy Dennehy among others and had a fantastic time. 17 children, 6 coaches and 26 supporters traveled on an exciting night. This was an amazing opportunity for the teams to play at a league of Ireland game and we are very grateful to Cork City FC and the many volunteers who help to make occasions like this possible.

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan on 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809

LOTTO RESULTS: Numbers drawn 2, 6, 12, 18. 5 x match three, Mary Courtney Kilcummin, Maurice Condon c/o Dept. of Sport, Edwin Myers Farranfore, Tim Nagle c/o Dollingers, Darren Lyons Rathmore, €30 each. Next week's jackpot €2000, draw in the Failte on Monday night. Tickets available from all club officers.

LOTTO SELLERS / YEARLY LOTTO: The club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or osdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

MASTERGEEHA TO HOST THE KILBREAN CUP

Mastergeeha FC has hosted the Kilbrean Cup & Shield (formerly known as the Gleneagle Cup & Shield) for the last 3 seasons and the tournament will take place once again this year, at Kilbrean Park on the weekend 23rd & 24th August 2014. This year, the structure of the competition remains the same, however, the competition will have a new name, the Kilbrean Cup & Shield and a new sponsor, Hotel Killarney. (The qualifying date for the competition in 2014 will be boys born on or after 1st January 2002).

There will be two groups of 4 and each team in the group would play each other on a Round Robin basis in 15 minute a side games on Saturday the 23rd..

The top 2 teams in each group would qualify for the semi-final of the Cup and the bottom 2 teams would qualify for semi-finals of the Shield to be played on Sunday the 24th with the winners of these games competing in the final of the Gleneagle Cup and the Gleneagle

Shield respectively.

With this structure each team is guaranteed a minimum of 5 games over the week-end and reasonable chance of being able to compete at their own level on the second day, if things don't go to plan on the first day.

All the games on Saturday & Sunday could be run off between 11 am to 3pm, allowing some free time for teams to enjoy what Killarney and it environs has to offer during the weekend.

THE TEAMS TAKING PART.

Abbeyfeale United from the Desmond Schoolboy League,
Barna Furbo United from the Galway Schoolboys League,
Bantry Bay Rovers from the West Cork Schoolboy League,
Shelbourne FC from the Limerick District Schoolboy League,
These will be joined by Ballyhar Dynamos, Killarney Athletic, Listowel Celtic and Mastergeeha, from the Kerry Schoolboy & Girls

League.

Group A consists of: Abbeyfeale United, Listowel Celtic, Bantry Bay Rovers and Mastergeeha.

Group B consists of: Shelbourne, Killarney Athletic, Barna Furbo United and Ballyhar Dynamos.



PICTURED AT HOTEL KILLARNEY WERE MASTERGEEHA F.C. MEMBERS TO LAUNCH THE KILBREAN CUP TOURNAMENT WHICH WILL TAKE PLACE AT KILBREAN PARK ON THE WEEKEND OF 23RD & 24TH AUGUST. L-R NOREEN NAGLE, MAURICE GUILFOYLE (TOURNAMENT ORGANISER), DARA LEHANE, AIDAN MOYNIHAN (GENERAL MANAGER AT HOTEL KILLARNEY), DARREN LEHANE, DAVID O'LEARY AND IN FRONT PHILIP O'LEARY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

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RING OF KERRY GOLF CLUB

RESULTS PRESIDENT'S PRIZE DAY

(V-PAR)

1st: Michael O'Sullivan (14) +4.

2nd: Geoffrey Mahony (19) +3.

3rd: John Nyhan (13) +1.

4th: Tomas MacGearailt (8) +1.

Nearest Pin: PH Blaye.

Longest Drive: Simon Stauch.

Front 9: Noel Banbury.

Back 9: Brendan Breslin.

UP COMING EVENTS:

16th /17th July - Single Stableford White Tees.

17th July - Senior Scratch Cup & Club

Championship Blue Tees. Visitor Entrance Fee

€20

Tuesday 19th - Singles Stableford Open event -

Only €15 for visitors.

KILLARNEY GOLF AND FISHING CLUB

LADIES:

RESULTS OF EXCHANGE DAY WITH TRALEE SUNDAY 3RD AUGUST, 2014

Sponsor Cross Refrigeration - Team of Two/ Stableford

1st Mary Lynch (19) Patricia Lynch (21) 46 pts.

2nd Anne Maria Galvin (20) Tina O'Sullivan (21)

44 pts (bk3).

3rd Julie Leonard (23) Breeda Neeson (27)

44 pts.

RESULTS OF EILEEN MURPHY QUALIFIED - THURSDAY 7TH AUGUST, 2014

Team of Two

1st Sheila Crowley (25) Breeda Duggan (25)

42 pts (bk9).

2nd Maureen Culloty (27) Claire Breen (27)

42 pts

COMPETITION SUNDAY 10TH AUGUST SPONSORED BY MACBEES, SINGLES/ STROKE

Mahonys Course.

1st Emer O'Donnell (9) 67 (bk9).

2nd Moira Quinlan (23) 67.

3rd Siobhan Brosnan (12) 70 (b9).

B.G. Ailish Mulcahy (6) 81 gross points.

4th Maureen Rooney (25) 70.

Killarney beat Tralee in the Munster Senior Foursomes on Sunday 10th August at Thurles Golf Club. The final pairing won on the 22nd hole. In the afternoon they beat a much fancied Douglas side in a thrilling encounter to win 2-1 on the 18th. Killarney ladies now face East Cork in the Munster Final.

In the Mixed Foursomes Munster Finals on Saturday August 9th at Dromoland Castle Killarney lost to Waterford Castle Golf club. Commiserations to our Team who put a huge amount of practice and training for this match. The All Ireland Final of the Irish Ladies Golf Union Senior Cup will take place in Mount Wolseley Golf Course, Carlow, next Friday and Saturday. We wish our team who are competing in this Event the best of luck.

Mairead Martin has been picked as a Reserve to go to Canada Sept/Oct, on the Irish Team for the World Junior Girls Under 18 Championships

in Ontario. We wish her the best.

Our Exchange day with Mallow Golf Club will take place Sunday next 17th August, Sponsor Christy's Stores, Killarney, format team of 2.

ST. FINAN'S LADIES GOLF SOCIETY

(By: Mary Conway)

Lady Captain Eileen O'Reillys Prize Day, was held Friday last 8th August in Killorglin G.C. Remarkable day had by all twenty players under pleasant rainfree conditions, as it was not very favourable earlier in the morning. As usual course was in excellent condition.

RESULTS: 1st Eileen Devane. H/C28 with 43pts.

2nd Mary Conway H/C33 39pts.

3rd Julie Leonard H/C23 37pts.

4th Ann Looney H/C25 37pts.

Guest Pr. Geraldine Tarrant H/C23 30pts.

Bk.9. Mary B O'Connor H/C28 21pts.

Fr. 9. Eileen Mc Gee H/C27 19pts.

Prizes Sponsored by Lady Capt Eileen and The Society were presented in Sean Murphys College St, where a very satisfying meal was enjoyed by all. Night of fun and frolics took place. Next Outing in October, Xmas Hampers is to be clarified.

KENMARE GC

RESULTS SENIOR MEDAL

1st Pat J. O'Sullivan (16) - 66.

2nd Pat Moynihan (18) - 66 (OCB).

MINOR MEDAL

1st Paudie Kelleher (20) - 69.

2nd Pat Moynihan (18) - 70.

Sunday 17th 18 Hole Stableford

LADIES:

1st Maura Murphy [27] 39pts.

2nd Ena O'Brien [32] 33pts.

3rd Breda Lynch [26] 30pts.

Saturday: - Lady Captain Noreen Crowley's Prize. Draw on Friday.

KILLARNEY GOLF CLUB

MEN'S SINGLES STABLEFORD

KILLEEN, 10/08/2014

1st Greg Lanigan (7) 42.

2nd David O'Donoghue (5) 40.

3rd Mark Tuite (6) 40.

4th Diarmuid Frazer (5) 38.

5th Conor Houlihan (8) 38.

Best Gross Niall O'Connor (4) 76 gross.

Category 2 James Loughnane (8) 37.

Category 3 Michael O'Doherty (16) 36.

Category 4 Johnny O'Connor (20) 36.

Next competition Open Day Wed 13/08 Mahony's Point.

Next Sunday Competition is away outing to Mallow.

KILLORGLIN GOLF CLUB

LADIES RESULTS: 18 HOLE STABLEFORD SPONSORED BY HEARTWORK GIFTS:

1. Kathy Lyons (31) 43 pts. 2. Eileen Devane (28)

40 pts (B6). 3. Eibhlin McCarthy (9) 40 pts.

EILEEN MURPHY FOURSOMES: Qualifiers for Cork Golf Club on Monday 8th September: Mary Healy (22)/Eileen Devane (28) 44 pts.

SILVER SWANS: 1. Agnes O'Connor (36) 30 pts. 2. Eileen Bell (23) 30-1= 29 pts.

FIXTURE: Ladies Exchange Day with Ballyheigue is this Sunday 17th August 2pm to 3pm. 18 Hole Stableford sponsored by Hannah Mary's XL, Tullig. Entry Sheet on Notice Board.

LADIES CLUB OPEN DAYS: Tuesday 19th/ Tuesday 26th August. 18 Hole Stableford re-entry for the 3 days sponsored by Killorglin Golf Club. Best score over the 3 Tuesdays combined wins the fantastic 1st Prize of a week-end away in a luxury apartment on Valentia Island. Visitors €20. Members €5. Contact Pro Shop 0669761979 or email kilgolf@iol.ie for tee times.

BEAUFORT GOLF CLUB

LADIES BRANCH

2ND/3RD AUGUST - 18 HOLE STABLEFORD SPONSORED BY KILKENNY SHOP

1st Joan O'Sullivan (23) 33 pts.

2nd Renee Clifford (25) 29 pts.

9TH/10TH AUGUST - CAPTAIN GEAROID KEATING'S PRIZE TO LADIES

1st Teresa Clifford (30) 33 pts.

2nd Joan O'Sullivan (23) 31 pts.

3rd Mary O'Shea (33) 31 pts.

30TH JULY 2014 - CLUB SCRAMBLE

Winners: Josie O'Shea (32), Michael John O'Connor (11), Terry Ryan (25) - 33 2/7th.

6TH AUGUST 2014 - CLUB SCRAMBLE

Winners: Donal Carroll (20), Terry Ryanh (25), Tony Sinclair (22) - 34 3/7th.

FIXTURES: 16th/17th August - 18 Hole Stableford - Sponsored by: Calor Gas.

Ladies Branch Open Day - 18 Hole Single Stableford sponsored by Aghadoe Hotel (Separate prizes for Ladies & Gents).

Timesheet Open - Ring Clubhouse on 064-6644440 to book your tee time.

BEAUFORT GOLF CLUB

MEN'S RESULTS

3RD AUGUST - 18 HOLE STABLEFORD - SPONSORED BY PK SUPERVALU

1st James Jones (8) 36 pts.

2nd Garry Fagan (19) 33 pts.

3rd Billy Moynihan (14) 32 pts.

4TH AUGUST - MEN'S CLUB FUNDRAISER - SPONSORED BY AHERN'S CAR SALES, CASTLEISLAND

Gents Section:

1st John Fleming(Ross) (19) 41 pts.

2nd Dermot Foley (Killarney)(9) 39 pts.

3rd Brian Looney (Killarney)(7) 39 pts.

Ladies Section:

1st Lisa Kerfoot (Ross)(17) 38 pts.

2nd Sinead O'Shea (Ross)(21) 32 pts,

FUNDRAISING RAFFLE RESULTS:

1st Donal Horgan.

2nd Brendan Long.

3rd Brian Lynch.

4th Mary Corkery.

5th Tony Sinclair.

6th Connor O'Grady.

7th Kieran Moran.

10TH AUGUST – 18 HOLE STABLEFORD – SPONSORED BY CRONINS BUTCHERS

1st Michael Lynch (20) 34 pts.

2nd Dan Moynihan (6) 31 pts.

3rd Brendan Fitzgerald (11) 30 pts.

FIXTURES: 16th/17th August – 18 Hole Stroke (White Tees) – Sponsored by Killarney Credit Union.

Captains Charity Rumble (Team of 3) – Yellow Tees – Sponsored by John O'Callaghan. Can be played any day of the week up to and including 28th September (1 person in team must be changed each time you enter competition).

26th August – Ladies Branch Fundraiser – 18 hole Single Stableford Separate categories for Ladies & Gents (ILGU/GUI cards required) – Sponsored by Aghadoe Hotel. Timesheet open – Phone clubhouse on 064-6644440 to book your tee time.

Club Scramble continues Wednesday 13th August at 6.30pm.

Open Fridays (Single Stableford for Ladies & Gents) continues Friday 15th August.

ROSS GOLF CLUB

GENTS CLUB

FIXTURES: On Sunday August 17th we will replay the Maurice O'Donoghue Memorial Cup. This will be a strokeplay competition and is also the first leg of a 54 hole Eclectic competition. The entry sheet is now available in the clubhouse so please get your name on it by 5 pm on Saturday as the draw for playing partners takes place then. The presentation of prizes for this competition will take place on Sunday night in Scotts Hotel at 9pm. All members are urged to attend.

BEST OF LUCK: To the Race Company for the upcoming August Racing Festival.

CLUB MATCHPLAY CHAMPIONSHIP: All participants are reminded to play their matches as soon as possible.



A GROUP OF LADIES ENJOYING A BEGINNERS GOLF LESSON AT THE CASTLEROSSE GOLF CLUB WITH P.G.A. PROFESSIONAL & KERRY COUNTY COACH, KIERAN CREHAN. ANY LADIES INTERESTED IN STARTING OR GETTING BACK INTO GOLF CAN CONTACT KIERAN ON 0872748777.

ROSS GOLF CLUB

LADIES

FIXTURES: Sunday August 17th there will be an 18 hole single stableford competition. Time sheet in the locker room.

CHARITY DAY: Wednesday August 27th Ross Ladies Club will be having an open three person team competition in aid of Palitive Care. This is kindly sponsored by Our Lady of Lourdes. To book a tee time please ring Ross Golf Club at 064-6631125.

CONGRATULATIONS: Congratulations to our Junior Foursomes team manager Elizabeth Kelliher and her team mates who played against Kenmare in Thurles on Sunday August 10th in the Munster quarter final. Their were smiles all round as the Ladies had success winning that match. That win booked them a place in the semi final later the same day. Their opposition this time was Kinsale. All the practice and dedication paid off and the Ross Ladies celebrated another win. They will now play East Cork in the Munster final of the Junior Foursomes Cup in Limerick Golf Club on Friday August 22nd. This will be the first Munster final

for the Ladies Club. Well done to all.

CASTLEROSSE GOLF CLUB

RESULTS: COMPETITION PLAYED ON SUNDAY 10TH AUGUST, 18 HOLE STABLEFORD. Winner, Donal O'Reilly (22) net 68. Runner up, Daniel Shine (08) net 71. Overall 3rd place Gene Cronin (16) net 73.

RESULTS: SCRAMBLE PLAYED ON THURSDAY 7TH AUGUST, 2 PERSON SCRAMBLE, winners Gintaras Bendaravicius & Peter McGrath.

FIXTURES: Scramble each Thursday evening at 6.15pm, meet at 6pm in Club House, open to ladies and gents, guests welcome. Come and enjoy 9 holes of golf at very reasonable cost. Next weekend 18 hole Stableford (three club competition), play Friday, Saturday or Sunday. Register on sheet at Castlerosse. Club members Matchplay fixtures on notice board in the club.

President prize day on Sunday 31st August, register on sheet at Castlerosse.



PAUL TO TAKE ON TOUGH CHALLENGE

AN IRON MAN MULTIPLIED BY FIVE...ULTRA ATHLETE PAUL GOSNEY, KILLARNEY, HAS SET HIMSELF THE ULTIMATE CHALLENGE, BY COMPLETING 5 IRONMAN TRIATHLON, EACH DAY FROM TUESDAY 19TH- SATURDAY 23RD SEPTEMBER 2014, IN AID OF BUMBLEANCE, THE CHILDREN'S AMBULANCE SERVICE. HIS 'QUIN IRON DISTANCE TRIATHLON' WILL SEE HIM STARTING EACH MORNING WITH A 3.8KM SWIM IN LOUGH LEIN, KILLARNEY, CYCLE THE RING OF KERRY, 180KM AND RETURN TO KILLARNEY TO RUN A MARATHON, 42KM. PAUL WILL BE THE FIRST PERSON IN IRELAND TO COMPLETE THIS ENDURING CHALLENGE. HE WILL BE JOINED ON SATURDAY 23RD BY TRIATHLON ATHLETES COMPETING IN THE ANNUAL 'HARDMAN' IN KILLARNEY. A FACEBOOK PAGE HAS BEEN SET UP CALLED 'HARDEST MAN FOR BUMBLEANCE'.

PHOTO: VALERIE O'SULLIVAN



TRALEE MAN IS 2014 KERRY FBD YOUNG FARMER OF THE YEAR

The Kerry FBD Young Farmer of the Year county finalist is Kieran Counihan from Tralee. He will go on to represent Kerry at the semi-final of the 16th annual FBD Young Farmer of the Year Competition, run by Macra na Feirme in partnership with the IFA. The 28 county finalists will each compete in the national semi-finals taking place on the 20th and 22nd August. Six overall finalists will then go through to the rigorous final interview on the 2nd September in the Westlodge Hotel, Bantry, Co. Cork.

Kieran Counihan (28) is a liquid dairy farmer milking 80 cows in Tralee. With all the talk of expansion in the dairy industry, Kieran plans on making his herd more efficient to increase

production. With his land being fragmented he feels that with more work in grassland management he can produce more milk which in turn might lead to expansion.

The aim of this prestigious competition is to recognise and reward the top young farmers in the country. Entrants are judged according to a number of criteria including farm business initiative and innovation, levels of farm efficiency and enterprise quality, farm safety and environmental protection awareness, as well as agricultural knowledge and community involvement.

Prizes will be awarded to first, second and third place as well as to winners of the "Innovation" and "Community Involvement" Awards and to each county winner. The overall winner of the competition will receive a bursary to undertake international travel and study farm practices.

A previous winner of this prestigious award includes Martin Brosnan (Kerry) in 2004.



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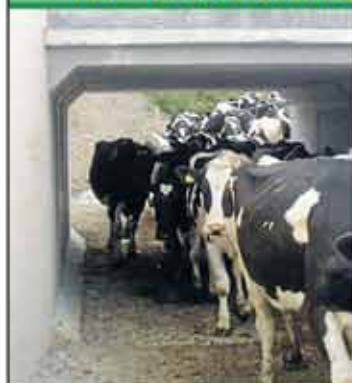
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RURAL IRELAND MUST HAVE ACCESS TO QUALITY, AFFORDABLE BROADBAND

Every home and business in the Ireland must have access to a cost-effective, high-speed broadband service, IFA Deputy President, Tim O'Leary said in advance of the end of the National Broadband Scheme on August 25. "Broadband access is a key infrastructure requirement for the 21st century. Quality broadband services are of national strategic importance for both urban and rural dwellers. The Government must ensure that broadband access is improved, and guaranteed throughout the country. Investing in the infrastructure to allow the service to improve for rural Ireland will pay significant dividend in terms of job creation and investment opportunities," O'Leary said. "The National Broadband Scheme guaranteed access to broadband of a minimum standard in certain rural areas. The expiry of the scheme means users in these rural areas will no longer have any guarantee of minimum speeds or standards and

yet costs for the service could now increase. It would be completely unacceptable to increase the price of an inadequate or disimproved service," Tim O'Leary continued. A new National Broadband scheme was announced by the Minister for Communications earlier this year but details have not yet been finalised.

This Scheme must be rolled out early and widely, Mr O'Leary insisted: "Thousands of homes and businesses in Ireland have zero access to broadband and the service available to those that do is substantially below the standard available in urban areas. The new broadband scheme must close the digital divide and deliver high-speed broadband at affordable prices for all businesses, homes and schools in rural Ireland. It is vital that this scheme is rolled out at an early date"

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MINISTER MUST DIRECT TEAGASC TO BE INVOLVED IN GLAS PLANS

IFA Rural Development Chairman Flor McCarthy has insisted that Teagasc must be involved in GLAS plans or the Minister for Agriculture Simon Coveney must instruct them to do so. Otherwise many farmers will have difficulty getting into the scheme when it opens later in the year.

Flor McCarthy said that it is vital that there is the support structure for farmers and Teagasc through its 250 advisers play a key role in supporting farmers throughout the country. "In the delivery of schemes for farmers, the public/private mix has worked effectively over the last 20 years as direct payments have become more important for farmers. It would be a travesty if Teagasc were to leave this just to the private sector as farmers have worked very closely with the organisation over many years".

The IFA Rural Development Chairman said the priority must be to ensure that the Minister for Agriculture introduces the GLAS scheme at the earliest possible opportunity. He must also ensure every farmer is given an opportunity to join the scheme which is so vital to support farm income. To achieve this, the Minister must direct Teagasc that they have to be centrally involved in GLAS Plans.

He pointed out that farmers, particularly in the peripheral regions, depend greatly on Teagasc and any diminution of their services will have a catastrophic effect as farmers in these areas are very dependent on direct payment supports.

The Rural Development Chairman also pointed out at a meeting with the Agricultural Consultants Association the importance of the provision of a top-quality service to farmers at a competitive pricing structure. If Teagasc were to remove themselves from GLAS, it would reflect a further dilution of their advisory support service to farmers.



IFA RURAL DEVELOPMENT CHAIRMAN FLOR MCCARTHY



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Ed31 **AI TECHNICIANS REQUIRED**: Eurogene Ai Services, one of Ireland's leading Ai Companies, require Ai Technicians in most areas in Kerry. Requirements: A keen interest in Livestock & Breeding. Previous DIYAI training an advantage. This role might suit farmers requiring extra income. Contact: Daniel Curtin 086 4182271

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DAIRYMASTER IN CAUSEWAY SEEN BY UP TO 74 MILLION... THANKS TO THE BBC

What was originally planned as a piece for the BBC's award-winning website turned into something much larger when the broadcaster visited the Causeway headquarters of Dairymaster. Now the segment is running on the BBC World News channel and is being broadcast to 350 million homes worldwide.

"When they got in contact we thought it would be great to have a small piece on their site," said Dr Edmond Harty, CEO, Dairymaster. "But when they saw what modern technology can do on farms they spent a whole day shooting and we found ourselves being broadcast within a week."

Shooting took place over 23rd and the 24th July, and because Dairymaster produces 95% of their products at the Causeway site, allowed the BBC to see everything that the company does. Their attention focused on the combination of agricultural innovations and in-house capability, in particular the latest Swiftflo Milking Parlour that milks cows naturally and the necklace for cows

that detects health and fertility the MooMonitor.

"We checked and it turns out the BBC World News doesn't just hit 350 million homes around the planet," said Harty. "It is shown in 1.7 million hotel rooms, on 81 cruise ships and 46 airlines. But my favourite stat is that you can watch it on 35 mobile phone platforms. There will be cows everywhere."

One of the key points about Dairymaster and their decision to base themselves in rural Kerry was highlighted by the report. It explained how Ned Harty's (Edmond Harty's father and founder of the company) vision has become reality. "With emigration again affecting many rural communities in Ireland in hard economic times, the realisation of Ned Harty's dream has meant jobs at home in Causeway and a cadre of locals with high-tech skills. Ireland's Silicon Valley for cows perhaps, created by an entrepreneurial spirit which provides local jobs while helping farmers as far away as Siberia and Japan."



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LEAVING CERT – RESULTS TIME

Results Day has finally arrived and you may have been feeling fairly stressed leading up to results day. This is completely normal and in fact a little bit of stress can actually help you to get motivated for dealing with dilemmas and pressure. Lots of students feel stressed around results time for many reasons, including:

- Feeling pressure to get good results for the course or career you want.
- Feeling under pressure from parents and family who may expect you to get good results.
- Feeling overwhelmed by the future and the choices that you have to make.

- Feeling overwhelmed by changes such as starting a new chapter in your life, leaving home, separating from friends.

If the results are not what you wanted them to be, then you may be feeling devastated, stunned, unable to see things logically and struggling to think of the many options available to you. Remember however that you have many options and it is important to remain positive and realise that it is not the end of all your plans and hopes. Some of your options include:

- View Your Script/Results Appeal
- Speak to Your Guidance Counsellor
- Repeat Leaving Cert Year
- Some PLC courses will enable you to access third level.

Talk to others about your worries – Friends may also be going through the same problems and it will really help to talk about it. If you are feeling really down don't suffer in silence, talk to your parents, phone the Samaritans or talk to your doctor. Consider seeing a counsellor. There is a lot of support out there for you and you will get through this difficult time.

The National Parents Council Post Primary operates a helpline for anyone who needs support after the results. The service is provided by Guidance Counsellors who will give advice to both students and their parents. The helpline number is **1800 265 165** and will be available for advice on the first round CAO offers from Monday 18th August 8am – 7pm, Tuesday 19th August 8am-7pm and Wednesday 20th August 8am-1pm.

Remember, if you failed an exam it is not the end of the world. You are not a failure - you are still a good person, just a good person who failed an exam. It may mean that you have to repeat, so there's a delay of plans, your future is still waiting. It may mean that you have to change your plans; being flexible you may just end up doing something you are even more suited to.

At SouthWest Counselling Centre, Killarney we have a team of parenting and adolescent counsellors who can provide valuable support at this time. Call **(064) 6636416** info@southwestcounselling.ie

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre**. info@southwestcounselling.ie. Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call 064 6636416.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters.... With Dr. Michael Moloney

NON - SPECIFIC LOWER BACK PAIN IN ADULTS

PART 2

Less common causes of low back pain

Arthritis (inflammation of the joints) of the spine sometimes causes back pain. Osteoarthritis is the common form of arthritis and usually occurs in older people. Ankylosing spondylitis is another form of arthritis that can occur in young adults and causes pain and stiffness in the lower back. Rheumatoid arthritis may affect the spine, but you are likely to have other joints affected too.

Various uncommon bone disorders, tumours, infections, and pressure from structures near to the spine occasionally cause low back pain.

What is the cause of non-specific low back pain?

Non-specific low back pain means that the pain is not due to any specific or underlying disease that can be found. It is thought that in some cases the cause may be a sprain (an over-stretch) of a ligament or muscle. In other cases the cause may be a minor problem with a disc between two vertebrae, or a minor problem in the structures and tissues of the lower back that result in pain.

Do I need any tests?

Usually not. Your doctor will usually be able to diagnose non-specific low back pain from the description of the pain, and by examining you. Current guidelines are clear that routine tests such as x-rays and scans should not be done unless there are symptoms and signs during a doctors examination to suggest that there may be a serious underlying cause for the back pain.

Treatments

Exercise and keep going

Continue with normal activity as much as possible. This may not be possible at first if the pain is very bad. However, move around as soon as you are able, and get back into normal activities as soon as you can. In the past, advice had been to rest until the pain eases. It is now known that this was wrong. The evidence from research trials is that you are likely to recover more quickly by getting back moving again, and getting back to work as soon as possible.

Medication

If you need painkillers, it is best to take them regularly. This is better than taking them now and again just when the pain is very bad.

- Paracetamol is often sufficient if you take it regularly at full strength.
- Anti-inflammatory painkillers. Some people find these to work better than paracetamol. Some people may not be able to take anti-inflammatories – for example some with asthma, high blood pressure, kidney failure, or heart disease.
- A stronger painkiller such as codeine is an option if anti-inflammatories do not suit or do not work well.
- A muscle relaxant such as diazepam is occasionally used for a few days if the back muscles become very tense and make the pain worse.




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folks with an oily scalp, don't rub too much into your scalp or too close to your
hairline. Our main goal is to condition our ends; the scalp is where much of our
natural oils are and won't need quite as much attention. Apply coconut oil
starting from the ends, then up.

- Oily hair and scalps need less; drier hair will need more. Do not put generous
amounts.

Wash your hands with warm water, then wrap your hair in a shower cap or
towel to help contain it.
Keep it like that for at least thirty minutes.
Rinse your hair, then shampoo and condition like normal. Rinse hair with cold
water. Let hair air dry or dry with a towel. Do not rub dry.





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LESSENING FOOD WASTE:

Why are we wasting so much food? A lot of it has to do with rot as a result of buying more than we need/can use. But, there are certain tricks you can employ to make sure even your most perishable food will stick around a bit longer.

*Keep salad from becoming soggy. If you keep your greens in a plastic bag, simply blow into the bag and seal it very tightly. The carbon dioxide will keep your greens fresh for longer.

*Have trouble keeping asparagus fresh? Just cut and inch off of the bottom of the stalks and store asparagus upright in a medium mason jar with an inch or two of water. Gently place a loose plastic bag over the top, using a twist tie to keep it from fitting to the jar. It will stay fresh for 2 weeks.

*Get all of the juice out of a lemon with a pair of tongs. No need to waste any juice whatsoever! This also works for lemons, limes, and oranges.

*Sick of your halved avocados turning brown? Store them with a cut onion! The sulphur compounds from the onion may play a role in preserving and preventing oxidation. It will keep fresh for 1-2 days, which is a huge feat for anyone who eats a lot of avocados.

*Tell the difference between a good egg and a bad egg without tasting it. The secret is that bad eggs will float in water, whereas really fresh eggs sink.

*Stop your onions from sprouting or moulding. Start storing them in a hole-punched paper bag to keep them fresh and firm for months. Just use a single-hole punch to punch 4 columns of holes in the top 3/4 of the bag. Then, place in your onions, shallots, or garlic, fold over and hold closed with a paper clip. Don't forget to label!

*Keep brown sugar from hardening. Apparently, the only thing that can save your sugar is...

more sugar! Just toss a few marshmallows into the bag and close the bag tightly.

*Keep your potatoes from budding. Store them with an apple. Why does this work? The ethylene gas released by the apple stops the buds and preserves the potato.

*Save empty butter wrappers in the freezer. The small amount of butter that remains on them is perfect for greasing pans when baking.

*What to do with the end of a jam jar? Instead of fruitlessly trying to scrap out the last remnants of jam, make a fruity vinaigrette. Just add oil, vinegar, and shake!

Stop wasting your money on food you're going to throw out! Make the most of every food Euro by being smart about storing your food. Don't be afraid to get creative!

THE IMPORTANCE OF TOBACCO TO VIRGINIA:

The year was 1614, and the sailing ship Elizabeth was setting off from the young English colony of Jamestown, bound for London with a cargo that included four barrels of tobacco, about 4,000 pounds. Few probably knew that those four barrels would change the entire economy of Virginia in less than a decade.

The barrels were a test batch, grown by an enterprising settler named John Rolfe who wanted to see if Virginia could break the tobacco monopoly then enjoyed by Spanish plantations in the Caribbean and South America.

The reaction to that first modest shipment was huge. By 1617, tobacco exports from Virginia to England totalled 20,000 pounds. Colonists sent 50,000 pounds back home in 1620, and production exploded 30-fold to 1.5 million pounds by the end of that decade.

Rolfe, also remembered in the history books

for marrying Pocahontas, planted his first crop along the James River around 1612, at a time when the Virginia Colony was riding a long streak of failed commercial ventures including timber, silver, gold, iron, pitch, tar, potash, glass, silk and wine.

In tobacco, though, Virginia finally stuck the jackpot. Within a few years of Rolfe's first crop, shareholders in the Virginia Company were exchanging shares of stock for 100-acre land-grants to get in on the tobacco rush.

Since its founding, the Virginia Colony had excited the hopes of those who saw it as a potential land of plenty. Lord De La Warr, one of the first colonial governors, wrote in 1611 of Virginia's "wonderful fertile and very rich" land.

A few years earlier, John Smith described in some detail how the Indians around Jamestown cleared the forest to plant corn and beans. In a later history he published of Virginia, Smith includes a 1619 account from Rolfe claiming than an "industrious man" in Virginia could tend four acres of corn – enough to feed five people – and 1,000 tobacco plants. "They say also English Wheat will yield but sixteen bushels an acre, and we have reaped thirty," Rolfe boasted. In Jamestown's earliest days, though, the colonists made little attempt to grow their own food, says Egloff. Instead they relied on re-supply from England and trade with the Indians. It was a tenuous arrangement, given the unreliability of the ocean crossing and the exchanges of violence, rather than goods, that the settlers and the Indians often engaged in. During the winter of 1609-10, almost two-thirds of Jamestown's population died during "The Starving Time," when the colonists were reduced to eating mice, snakes, acorns, hides and, in at least one case, each other. Of the nearly 300 that began the winter in the colony, just 90 survived.

Afterwards, as the tobacco craze took hold, the colonial authorities began passing laws that required farmers to also grow some food. In 1614, the governor began allowing individual settlers to cultivate three acres of tobacco, but mandated an annual contribution of two and a half barrels of corn each year to the common storehouse in return.

In addition to corn, crops grown by the settlers in Jamestown included wheat, peas, barley, turnips, cabbage, pumpkins, carrots, parsnips and herbs. There were also cattle, goats, hogs and Poultry.

Tobacco, though, was where the money was, and just a few short years after the entire colony nearly starved itself out of existence, the settlers seemed eager to grow it above all else. In 1616, Rolfe returned from a hiatus in England to find Jamestown almost empty, with its "streets and all other spare places planted with tobacco" and "the Colony dispersed all about, planting tobacco."

In 1619, the colonial government again passed a law requiring every farmer to contribute an amount of corn, based on the size of his household, to the storehouse.

By the Revolutionary War Virginia was growing

55 million pounds of tobacco per year, making it the richest and most powerful of the American colonies; today, it is still one of the state's top 10 commodities.

DID YOU KNOW

Butter is one of the oldest foods, dating back to 6500 BC. Legend says that butter was first discovered when a nomad tied an animal skin of cream to his horse. After a long journey the cream had turned to butter, and hey presto: butter is invented. But who has time to tie cream to the side of a horse and gallop around the countryside? This is where the churn comes in.

There are many different types of butter churns. The most common, and one of most classic, is the plunge churn. This worked by plunging a paddle up and down in a container, mixing the cream. This method dates back to the 500s. Other more unique methods included the crank operation and even a rocking chair powered churn.

3 WEALTHY CEOS WHO SHARED THEIR WAGES WITH THEIR EMPLOYEES

Income equality is as out of control as ever. The average CEO earns 300 times more than their general employees, up from a 20:1 disparity just 50 years ago. It's clear that the heads of companies are becoming unfathomably wealthy while the employees who work to earn them these rewards struggle to make ends meet. Fortunately there are a rare few CEOs who seem to understand how lucky they are and share some of their pay/bonuses with their workers.

1. Raymond Burse - Upon accepting the job of president at Kentucky State University this year, Dr. Raymond Burse asked to forfeit \$90,000 of his salary so that that money could be reallocated to the university's lowest paid workers. By shifting this money over, college employees paid minimum wage will now receive \$10.25 per hour. Although Mr. Burse is only serving as an interim president, KSU has vowed to maintain the new minimum wage rate moving forward so that their workers can receive a living wage.

2. Yang Yuanqing - In 2012, Yang Yuanqing, the CEO of Lenovo, a gigantic computer company in China, gave up his \$3 million bonus so it could be distributed to Lenovo's lowest paid workers. Split amongst 10,000 employees, the manufacturing workers each got a bonus of the equivalent of 317 U.S. dollars which is more than the average employee's monthly salary. Mr Yuanqing explained that he did not feel it appropriate to attribute his company's recent success to his own efforts. "The strength of the company's business performance belongs to workers on the production line," he said.

3. Lord Wolfson - For the past two years, CEO

Lord Wolfson has passed along his annual bonus to his workers in full. As the head of Next, the UK's biggest department store chain, he received about 4 million pounds at the end of 2013. Divided between his 20,000 retail employees, the redistributed bonus equals approximately 1.5% of their annual salary.

CHILDREN DISPLAY EXTRAORDINARY CREATIVITY REGARDING THE THINGS THEY MANAGE TO GET STUCK IN:

Since 2001 London Firebrigade has helped 16 children in Bromley with their heads stuck in banisters, gates and railings and in the past year alone they have rescued 1,508 young people who were stuck on things or in things. Recent incidents have included a child with its head stuck in a potty, one with its arm stuck in a television speaker and one with its leg wedged in a statue in a Kensington car park.

A child in Brent got a toy train stuck on its finger, one got its foot stuck in a merry-go-round in a park in Dulwich and a 13-year-old had to be released from a baby swing in Havering.

THIS WEEKS QUOTE:

"Only ignorance! only ignorance! how can you talk about only ignorance? Don't you know that it is the worst thing in the world, next to wickedness? -- and which does the most mischief heaven only knows. If people can say, Oh! I did not know, I did not mean any harm, they think it is all right."

- Anna Sewell, Black Beauty.

ON THIS DATE - AUGUST 15TH:

1057 - Death of King Macbeth of Scotland.

1534 - Ignatius de Loyola founded The Society of Jesuits.

1620 - Mayflower set sail from Southampton with 102 Pilgrims

1649 - Oliver Cromwell arrived in Ireland as Commander-in-Chief and Lord Lieutenant with an army of 20,000, a huge artillery train and a large navy

1769 - Birth of Napoleon Bonaparte, French Emperor.

1803 - Edmund Rice opened a school for poor boys in Waterford - precursor of the schools run by the Christian Brothers

1843 - Daniel O'Connell held meetings for Repeal of the Union, attended by hundreds of thousands, at Trim and the Hill of Tara

1822 - Census showed Upper Canada had 120,000 inhabitants, Lower Canada 500,000

1917 - Birth of Jack Lynch, former Taoiseach, in Co. Cork

1987 - Caning was officially banned in Britain's

state schools

WOMAN BONDS WITH CAT IN CEMETERY, FRIENDSHIP SAVES THEM BOTH:

A cemetery isn't a place someone might expect to be saved, especially by a black and white cat, but that's exactly what happened to Roza Katovits.

Ms. Katovits was homeless and says she was chronically depressed when she met an unlikely saviour, a black and white homeless cat she named Miss Tuxedo.

In 2000, Ms. Katovits was a union electrician and living with her boyfriend of 22 years when he died suddenly of a heart aneurysm while the couple was watching a movie in their apartment in California. Ms. Katovits's father died three days later and those tragedies led her into a spiral of depression and medical problems that eventually prevented her from returning to her profession.

Two years ago, she lost her apartment due to the building being sold and she resorted to staying in a series of motels. She spent most of her days gazing at the crosses in the cemetery where her boyfriend is buried, or sometimes tending flowers she's planted or talking to the many feral cats.

"I don't know why, but Miss Tuxedo started following me around," Ms. Katovits says "She wouldn't let me touch her for the longest time. Slowly I'd get her tail. Then I got her head. One day she let me scratch her ears, and that was it. From that moment on, she wouldn't leave me alone.

"I'd be fixing a vase for Rich, and she'd be pushing her head under my hands," she explained. "It was like she was saying, 'No, no, love me.' Suddenly I had a purpose. I don't know why, but this cat loved me."

A friend the pair made at the cemetery paid for Miss Tuxedo to have a cancerous tumour removed from her face.

Ms. Katovits applied for public housing and was given an apartment in December and best of all, the managers allowed Miss Tuxedo to move in as well. "I got permission to bring her," Ms. Katovits said. "My doctor said my life depended on it. I guess it does."

FINALLY THIS WEEK:

Many well-intentioned potential pet owners unwittingly support the cruel industry of puppy mills. A puppy mill is an irresponsible breeding facility where mother dogs spend their entire lives in small cramped cages. When they can no longer breed, they are discarded or killed. Treating dogs as nothing more than breeding machines is inhumane and needs to end! Join thousands of others and pledge to stop puppy mills. We can create a better future for dogs and their owners!

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As we lovingly remember Dylan on this his first anniversary, his father Christy, his mother Eileen, his brother Bryan, his sister Emer together with the extended family wish to thank most sincerely all those who sympathised with us on the heart-breaking loss of our beloved Dylan.

We express our deep appreciation to all who called to our home, to those who attended the funeral Mass and burial and to those who travelled long distances to be with us. Thanks to all who sent Mass cards, perpetual enrolments and to all those who donated to Kare-for-Kids and the Palliative Care Unit at Kerry General Hospital. Many thanks to everyone who brought food to our home, it was very much appreciated.

We wish to thank all those who cared for Dylan during his illness, to Nurse Maria Ryan and her team, Dr Darren Quirke and his team, Dr Patricia Sheehan and her team, Dr. Pears Oncologist and her team, Catheriona Goggin Social Worker, to all the staff in the Cashel Ward in Kerry General Hospital, Bons Secour Hospital Tralee, Beaumont Hospital Dublin, St Lukes Hospital Dublin, Crumlin Children's Hospital Dublin and Temple Street Children's Hospital Dublin – thank you all for the care and attention given to Dylan and also to us, his family. Thanks to Peggy Fox, David Reen and staff, Reen's Pharmacy, for all their help and for being so accommodating to us.

Thanks to all at the Holy Family National School where Dylan attended for the love and tenderness shown to Dylan during his illness and for providing the Guard of Honour for him on his last journey. Also for the unveiling of the beautiful seat and the planting of a tree in Dylan's memory which was blessed by Fr Pat a few months back, this gesture is very much appreciated.

Thanks to all his classmates for the fun and laughter that Dylan shared with them. Thanks to Gneeveguilla Basketball and GAA Clubs for the Guards of Honour on the day of Dylan's funeral and for the help given to us when we were organising Dylan's football tournament a few weeks ago to mark Dylan's 11th birthday.

Thanks to Fr Michael Murphy, Fr Larry Kelly, Fr Teddy Lenihan and Fr Gerard O'Leary for officiating at Dylan's funeral Mass with Fr Pat. Thanks to Fr Pat for his visits to Dylan, for saying the funeral Mass and prayers at the burial and for his continued support and visits throughout the past year. Thanks to Fr Kevin for his visits to Dylan, for his phone calls to Dylan in Dublin and for the banter about the football and hurling. Thanks to Joan Collins and Sheila McSweeney and choir on the day of Dylan's funeral for the lovely music and hymns, it greatly enhanced the liturgy.

Thanks to the local Gardaí and the Garda Traffic Corps for smoothing our passage on the day of Dylan's funeral.

Thanks to everyone who sent Get Well Mass cards, relics and prayers during Dylan's illness.

Thanks to all who have journeyed with us during Dylan's illness and to those who have supported us over the past 12 months, we are forever grateful as we struggle through life without Dylan.

Heartfelt thanks to Seán and Daniel O'Mahony, Funeral Directors for their assistance, support and sensitivity in arranging Dylan's funeral and the gravedigger for preparing Dylan's final resting place.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our gratitude. The Holy Sacrifice of the Mass has been offered for your intentions.

***"In our hearts you will always stay,
Loved and remembered every day"***
Mom, Dad, Bryan & Emer. xxxx

**Dylan's First Anniversary Mass will take place on Monday August 18th at 7.30pm
in St Josephs Church, Rathmore.**

1ST ANNIVERSARY



In Loving Memory of

DYLAN CROWLEY

***Fond memories of
Dylan Crowley, Rathbeg,
Rathmore, Co. Kerry who quietly
left us all on
the 18th August 2013.***

*"Every day in some small way
Memories of you come our way
Though absent, you are always
near
Still missed, loved and always
dear".*

***Loved and missed every day by
his grandparents Paudie and
Mary and the Linehan Family.***

xxxx

1ST ANNIVERSARY



In Loving Memory of

DYLAN CROWLEY

***Treasured memories
of Dylan who died on the
18th August 2013.***

*Dylan, we'll meet again some day
Right now - don't know when
But we will hold your hand in a
brighter land
Never to part again.*

***Loved and remembered by
Sean, Kit and the Crowley
Family.***

ACKNOWLEDGEMENT & 1ST ANNIVERSARY

LIDDY

Dalkey, Co. Dublin

On this, the first anniversary of Mairin's passing, her sister Betty Crosbie along with her nieces and their families would like to thank everyone who sympathised with them on their loss.

Thank you to the committee of the Friends of the Children of Chernobyl, the members of St. Vincent de Paul and the wide circle of friends who were so kind during the year.

***The Holy Sacrifice of the Mass
has been offered for your
intentions.***

ST ROCH

PRAYER TO AVERT CONTAGIOUS MALADIES

O Most Merciful God who through and angel promised St. Roch whoever would invoke his name should be preserved from pestilence and contagious diseases grand that through his intercession we may be preserved from all dangers both of soul and body. Through Christ our Lord. Amen. St Roch pray for us. Feast 16th of August.
B.O.M.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within Your own heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.
P.L.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer three times for three days. and your favour will be granted. Never know to fail. Mus promise publication of prayer.
S.D.

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