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# KILLARNEY Outlook

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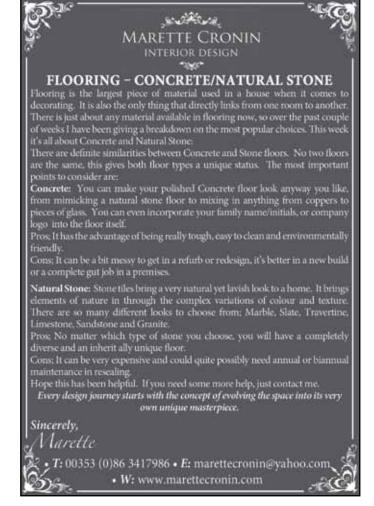




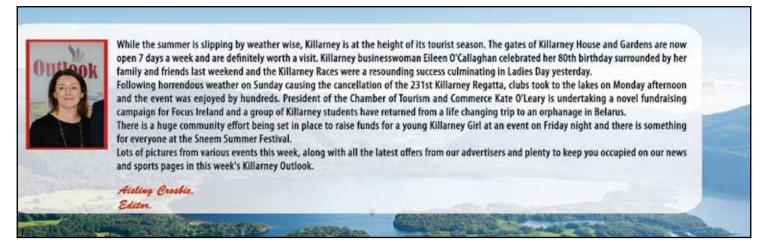












# AGNE TAKES THE TITLE AT KILLARNEY LADIES DAY

The weather was kind to the fashionistas who descended in their droves on Killarney Racecourse yesterday for one of the most prestigious Ladies Day events on the racing calendar.

Style was to the fore as the hundreds vied for the title of Best Dressed Lady.

The winner of the Dawn Milk Queen of Fashion was Milliner Agne Kremenskiene who receives a trip for two to Paris and a specially commissioned vase. The winner of the Dawn Milk Most Stylish Hat receives a trip for two to Milan and a specially commissioned vase also. A runner-up prize was also be presented in both categories.

Our photographer Marie Carroll O'Sullivan was at the racecourse early on Ladies Day to capture the stunning outfits and you can see her pictures on pages 22, 24 and 36.

Ladies Day marked the end of a very successful July race meeting in Killarney.



MILLINER AGNE KREMENSKIENE (CENTRE) PICTURED WITH HER FRIENDS AT LADIES DAY AND WINNER OF BEST DRESSED LADY 2016. L-R SARAH O'REILLY, SIOBHAN COAKLEY, MARIE MOYNIHAN, AGNE KREMENSKIENE, NICOLA DALY, AINE O'DONOGHUE & LENA CARLY STEWART.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

# KATE TO HIGHLIGHT THE PLIGHT OF THE HOMELESS



KATE O'LEARY, PRESIDENT OF THE KILLARNEY CHAMBER OF COMMERCE PICTURED ON MARKET LANE WITH HER SLEEPING BAG WHICH SHE WILL TAKE TO THE STREETS OF DUBLIN IN OCTOBER TO RAISE AWARENESS OF "HOMELESSNESS IN IRELAND" FOR FOCUS IRELAND.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

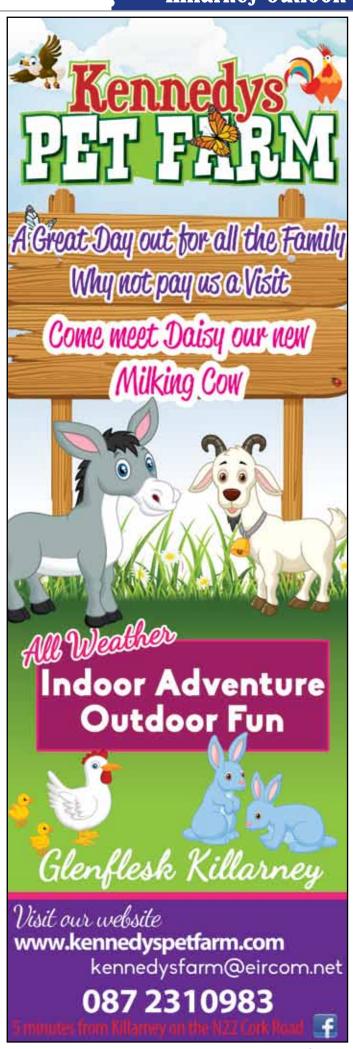
Killarney business woman and President of the Chamber of Tourism and Commerce, Kate O'Leary is set to experience what hundreds of people go through every night in Ireland when they sleep on the streets. Kate will be joining other business leaders to raise funds and support the vital work of Focus Ireland and their aim to end homelessness "When I was asked

to join Shine a light 2016, I didn't hesitate to accept", Kate told the Killarney Outlook. "Homelessness is one of the greatest social problems of the past few years. It destroys family life and that kind of instability can take away the hopes and aspirations for a family's future. A simple thing like not being able to cook for your family is so difficult to imagine. "I hope that by taking on this challenge I will be able to make a difference for at least one family", she added. Family homelessness has reached historic proportions in Ireland with more than 2100 children living in emergency homeless accommodation in Ireland often unable to get to school, rarely getting a home cooked meal and sinking into darkness. "I don't want to accept this as todays landscape in Ireland so I'm joining my peers to make a difference", Kate said. Kate will be sleeping in the grounds of Christ Church Cathedral in Dublin on 21st October. She is looking for support by way of sponsorship so please make a donation no matter how small. You can sponsor Kate's journey by going to www. justgiving.com/fundraising/Kate-O-Leary3









# **SHAVE FOR AMY FUNDRAISER BRINGS COMMUNITY TOGETHER**

Workmates, team mates, neighbours and friends are gathering in K-Town Bar on Friday night, July 22nd for a fundraising event for 9 year old Killarney girl, Amy O'Connor who is currently going through treatment for

Amy, is the daughter of Triona and Brendan O'Connor and was recently diagnosed.

In an effort to help her family through this difficult time both emotionally and financially, Brendan's workmates in An Post and his colleagues in the Killarney Fire Brigade have come together to organise "Shave for Amy".



As the family are involved in so many aspects of live in the community, volunteers from Dr. Crokes, the Fire Brigade and An Post will be joined by some of the family's neighbours in



PICTURED AT KILLARNEY FIRE STATION FOR THE LAUNCH OF "SHAVE FOR AMY" WERE ORGANISERS BACK ROW L-R ALAN BREEN, PAUDIE MANGAN, SEAN TAAFFE, DENIS MCCARTHY, GEAROID SUGRUE, GER SUGRUE, CATHAL SUGRUE & CONNIE O'SHEA. FRONT ROW L-R KARENA O'LEARY, PAT FLEMING & DORA BROWNE. THE EVENT WILL TAKE PLACE AT KTOWN BAR ON FRIDAY 22ND JULY AT 8PM. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

White Bridge Manor for the fun event at 8pm. Sean Taaffe will be in charge of the grooming for the night as volunteers can choose either a head or face shave. There will also be an

auction with some fantastic prizes on the night and tickets are €10 and will be available on the

# **SLAM DUNK AT GNEEVEGUILLA BASKETBALL CAMP**

A week of fun, games and serious basketball is planned at Gneevequilla Basketball Club who have just announced the details of their annual Summer Camp. The camp is taking place on 25th -28th July in Scoil Phobail Sliabh Luachra Rathmore. From kids to teens all levels of basketball are catered for. Times 10am-1pm (7 to 12 years old) and 2pm-5pm(13 years and up).

The club are delighted again to welcome back some of the best coaches in Ireland. James Weldon returns again to lead the camp. James has being coach of the year on 3 different occasions and is currently National League Keanes Supervalu KCYMS coach. Ger Noonan is a former super league player with Neptune and player of the year in 2012/2013. Lorraine Scully is a vastly experienced premier league player and has over 12 years playing at the highest level. Michelle Fahy is another favourite with all the kids. Michelle is a former Irish Senior International player. Local coach Jim Hughes is a former Assistant coach with Irish U16 Woman and coach of All Ireland A junior Boys winners. And finally this year the club are delighted to welcome Rachel Vanderwal. Rachel is a previous member of UL Huskies and is a point guard for Great Britain



MEMBERS OF GNEEVEGUILLA BASKETBALL CLUB ALL SET FOR THEIR ANNUAL CAMP.

national basketball Team.

There will be prizes and raffles and a free t-shirt for all participants. Gneeveguilla BC would like to acknowledge Kerry County Council for the funding that was received from them to help

run the Camp. Cost is €50 for 1st child and €40 for additional siblings. For further information contact 087 2685448 or

gneeveguillabc@yahoo.ie





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# **BIRTHDAY CELEBRATIONS AS EILEEN TURNS 80**

It was a family affair at the Killarney Racecourse on Monday night of this week when well known Killarney businesswoman Eileen O'Callaghan of the Failte Hotel celebrated her 80th Birthday surrounded with family and friends.

Eileen was joined by her son Mike and his wife Noreen and their daughter Sinead and her husband Adrian from Galway, Colm and his wife Eliza and their two sons Cian and Lorcan from America and her three sons and their families who live in Killarnev. Dermot, Paudie and Niall along with all her grandchildren.

The family held a Mass on Friday evening, the fifth anniversary of the passing of Dermot O'Callaghan.

The Birthday festivities kicked off on Saturday evening in the Aghadoe Heights where the extended family gathered for dinner to celebrate both Eileen's 80th and her granddaughter Megan's 19th Birthday's. Megan is the daughter of Paudie and Valerie and was joined by her boyfriend Killian Spillane for the celebrations.

It was down to the Killarney Races on Monday



EILEEN O'CALLAGHAN (SEATED CENTRE) PICTURED AT THE AGHADOE HEIGHTS CELEBRATING HER 80TH BIRTHDAY WITH HER FAMILY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

evening where The Failte Hotel were sponsoring a race and Eileen was joined by family and friends as the celebrations continued.

During the course of the evening Eileen was presented with a bottle of Champagne by Sales and Marketing Manager at the Race Course Brid Lucey to mark the fact that Eileen was born on the same day that the Killarney Racecourse opened 80 years ago.



Mrs Eileen O'Callaghan, Fáilte Hotel, Killarney celebrated HER 80TH BIRTHDAY IN STYLE AT KILLARNEY RACES ON MONDAY NIGHT, WITH HER FAMILY AND CLOSE FRIENDS. EILEEN PRESENTS FRAN BERRY AND WINNING JOCKEY BARRY GERATHY, WITH THE FÁILTE HOTEL SPONSORED TROPHY IN THE WINNERS ENCLOSURE WITH MEMBERS OF HER FAMILY.

PHOTO: VALERIE O'SULLIVAN.



Mrs Eileen O'Callaghan, 2nd left, Fáilte Hotel, Killarney CELEBRATED HER 80th BIRTHDAY IN STYLE AT KILLARNEY RACES ON MONDAY NIGHT, WITH HER FAMILY AND CLOSE FRIENDS. SHE IS PICTURED WITH EXTENDED FAMILY, JIMMY O'CALLAGHAN, MARY O'CALLAGHAN, SEAN O'CALLAGHAN, UNA O'CALLAGHAN, MOSSIE AND BETTY NEILAN AND CHRISTY MURPHY. PHOTO: VALERIE O'SULLIVAN.



Mrs Eileen O'Callaghan, FÁILTE HOTEL, KILLARNEY CELEBRATED HER 80TH BIRTHDAY IN STYLE AT KILLARNEY RACES ON MONDAY NIGHT, WITH HER FAMILY AND CLOSE FRIENDS, EILEEN IS CONGRATULATED BY RACE COURSE MARKETING MANAGER, BRÍD LUCEY, AINE O'DONOGHUE, BOARD OF DIRECTORS AND EILEEN'S SON COLM O'CALLAGHAN.

PHOTO: VALERIE O'SULLIVAN.

# **COULD KILLARNEY BE IRELAND'S PREMIER FOODIE DESTINATION?**

The Restaurants Association of Ireland is currently searching for Ireland's top 'Foodie Destinations 2016'. Foodie Destinations (formerly known as Foodie Towns) celebrates Ireland's unique and wonderful food offerings and encourages local food tourism initiatives across the country. The 'Foodie Destinations 2016' competition will see towns, villages, regions and communities from all over the country battle it out to be named Ireland's top

destination for a foodie experience.

The Foodie Destinations 2016 winner will be a destination that actively promotes itself through joint promotional activities such as food festivals, gourmet trails or farmers' markets as well as great dining experiences for locals and visitors alike. The 2016 Foodie destinations winner will have established a local producer/supplier network which is utilised and promoted by local businesses.

The Application Process: Applications will be accepted from Thursday 14th of June until Thursday 11th August via an online form http://goo.gl/forms/m7LQy7tXqU3R6sGw2 Applications will be reviewed by a panel of experts and ten finalists will be announced in August. Online voting will commence through foodiedestinations.ie and the public vote will count for 50% of the total score. The overall winner will be announced in early September







 $\epsilon 12$  per child

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# **DREAMING OF €10,000 - IT COULD BE YOU!**

Milltown Castlemaine GAA will celebrate a historic milestone today, Friday 15th July when they will make the draw for their club Lotto celebrating its 20th year. With founding members which included Albert King, Mike Carroll, Pat Twiss, Owen O'Shea, Willie O' Shea, John Burke and Mike O'Shea and Sons (Builders), Farran (current sponsors), the Milltown Castlemaine GAA Lotto was established to generate fundraising for the club back in 1996.

Over the past 20 years, the club Lotto has grown to be an integral source of funding and has enabled the club to build clubroomscomplete with a large meeting/function room, physio room, office and referees room. In addition the GAA Lotto enabled the club to undertake an extensive project in recent years to drain the playing field - to ensure all



ALL SET FOR THE CELEBRITONS

players have the best possible playing surface creating optimum playing conditions.

This year, thanks to the GAA Lotto funding the club was in a position to upgrade all bathroom facilities within the club. In addition, all flooring in the fully equipped gym was replaced to ensure the latest modern flooring surface was fitted. With safety always at the top of every project, a separate entrance and exit was created coming in to the club facilities thus ensuring the safest traffic system was in place



€10,000 UP FOR GRABS - IT COULD BE YOU

for all patrons using the facility.

Milltown Castlemaine GAA is at the heart of the local community and their GAA Lotto has flourished throughout the years, due to the local commitment and heart for the project. None more evident than Willie Hanafin who has been the top ticket-seller for the club throughout the years.

Of course another wonderful aspect of the GAA Lotto is the winners who have enjoyed their prizes throughout the years. Local winners have included Tim Wrenn, Tom Connolly, Denis O'Shea & Paddy Ashe and the biggest ever winners were Tom Foley/Sinead Egan, Keel who won €15,000. Adding to the list of winners recently was Anthony Griffin, Glenbeigh who enjoyed a €12,200 win.

From Callinafercy to Ballyfinnane, Farran to Ballinoe, Milltown Castlemaine has a proud heritage of providing Gaelic Football for the boys and girls of the area. Milltown Castlemaine GAA club has grown significantly throughout the years and at all times remaining at the heart

of the community. Every Thursday evening during the summer, over 150 boys and girls can be seen in the Paddy Burke Memorial Park learning the game. Our club facilities also cater for our own twelve teams as well as our local schools and the Milltown Listry Ladies Club.

The club is forever indebted to all the loyal supporters of the GAA Lotto and to the generous time and support tickets sellers have given throughout the years. This Friday 15th July is a highlight on their calendar -as the official 20th year anniversary draw will take place in Larkins Bar at 9:30pm. To mark this wonderful occasion the draw has been added to - bringing it to an amazing jackpot of €10,000. A great evening is guaranteed with music, finger food and a special guest dropping

So why not try your luck and come along to Larkin's Bar this Friday to support the Milltown Castlemaine GAA Lotto celebrations, as the saying goes "It could be you!"

# TEE TIME FOR FUNDRAISING CLASSIC

Killarney Golf and Fishing club was the venue for the launch of the upcoming fundraiser Golf Classic in aid of St Mary of the Angels/St John of Gods Kerry Services.

The date for your diary for the Golf Classic is Friday 5th August in Killarney Golf and Fishing Club. Teams of 4 (any combination) will carry a €200 entry fee and there will be Ladies and Gents prizes on the day.

St Mary of the Angels/St John of Gods Kerry Services provide day, residential and respite care to 294 adults and children across Kerry. They provide services in Beaufort, Tralee, Killarney, Kenmare, Cahirciveen, Killorglin, Dingle, Castleisland and Listowel.

"All support would be very much valued and appreciated in the form of Teams, Tee Boxes sponsorship or spot prizes", organiser Angie Kissane told the Killarney Outlook.

All proceeds are for the benefit of services in Kerry. A presentation of prizes will take place at 9.30p.m. in the clubhouse.



PICTURED AT KILLARNEY GOLF & FISHING CLUB FOR THE LAUNCH OF ST MARY OF THE ANGELS GOLF CLASSIC WHICH WILL TAKE PLACE ON FRIDAY 5TH AUGUST WERE L-R DAMIEN McCARTHY, LIAM HEALY, HELEN O'CONNOR, MICHAEL O'SULLIVAN, ANGIE KISSANE, SEAN HANLY, BRENDAN Brosnan, Denis Guerin & Michael O'Leary. Picture Marie Carroll-O'Sullivan 087 391 4808



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# RAIN FAILS TO DAMPEN THE SPIRITS AT DYLAN'S TOURNAMENT

Despite the miserable weather conditions, the Dylan Crowley Invitational Tournament was a huge success mainly due to the community spirit which wasn't dampened by the rain.

The event, which is organised by the family of the late Dylan Crowley is in its third year and once again the family wish to thank everyone who was involved in such a fantastic day.

Speaking to the Killarney Outlook, Sean O'Sullivan, organiser of the event and Dylan's godfather said "We would like to thank Gneeveguilla GAA clubs contribution to this event, especially all those who baked and brought refreshments and to all the ladies who were on hand on the day looking after the catering".

"A special thank you to Fr. Kevin McNamara who opened and blessed the tournament and who had a special friendship with Dylan",

Huge praise must also go to all the teams and mentors who participated in the tournament. "They were all a great credit to their families and to their clubs", Sean said. He also thanked



GLENFLESK TEAM AND MENTORS WHO WON THE DIVISION 2 FINAL.



THE KILCUMMIN TEAM WHO BEAT RATHMORE IN THE DIVISION 1



PARADE LED BY PIPER DECLAN BUCKELY AT THE 2016 DYLAN CROWLEY TOURNAMENT.

all the referees who gave up of their time so generously.

East Kerry PRO, Aine Ni Shuilleabháin was on hand on the day taking pictures of all the teams

The children were led out onto the field by Piper Declan Buckley just before the finals which were played to a very high standard.



GNEEVEGUILLA TEAM WHO WERE BEATEN BY GLENFLESK IN THE DIVISION 2 FINAL.



KATHLEEN AND SEAN O'SULLIVAN AT THE 2016 DYLAN CROWLEY

Kilcummin edged out Rathmore in Division One final, Glenflesk edged out Gneeveguilla in the Division 2 final and Firies edged out Dromtarriffe in the Division 3 final.

The tournament was a fitting tribute to Dylan's memory who was loved so much and missed dearly every day.



THE RATHMORE TEAM WHO WERE BEATEN BY KILCUMMIN IN THE



THE CROWLEY FAMILY PICTURED WITH SEAMUS MOYNIHAN

# **BUY A BUS GOLF CLASSIC**



In an effort to purchase a wheelchair accessible bus, the Kerry Parents and Friends Association

are planning to hold a "Buy A Bus" Golf Classic at Beaufort Golf Club.

The event will be a shotgun start at 8.30a.m. and 1.30p.m. with a team of 4 costing €300. There will be a reception and dinner included in the price with team prizes, long drive/near pin prizes and a raffle on the day.

The bus will provide a vital service for home support, respite and everyday activities for people with intellectual disabilities all over

"We would deeply appreciate your support in helping the most vulnerable in our local community" a spokesperson for the Association told the Killarney Outlook.

The golf classic will take place on Saturday October 1st, 2016 and more information can by had by contacting Agnes Rooney on

087-9865258



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## 2 MAPLE DRIVE, MILLTOWN, **KILLARNEY, CO. KERRY**

This is a bigger-than-usual 4 bed semi-detached house. It comprises of 4 spacious bedrooms, 1 en-suite. It is very convenient for commuting to Killarney, Tralee, Killorglin and Kerry airport.

GREAT VALUE €150,000 BER Pending



### **UPPER LEWIS ROAD, KILLARNEY.**

A delightful 2 storey, semidetached home, full of style and character, combining old world charm with modern conveniences. 3 bedrooms, bathroom, shower room, lounge, kitchen/diningroom with patio doors to the back garden. Only minutes walk to town centre, much sought after location.

**PRICE POA BER Pending** 



### **KEEL, CASTLEMAINE, CO. KERRY**

Stunning , detached , 4 bed, as new. 5 star finish. Concrete build.His & Hers ensuite.Nothing spared to make this property very special. Close to the sea.

**P.O.A. BER B3** 



### **ROCKFIELD. FIRIES KILLARNEY.**

MODERN end-of-terrace attractive home. 3 bedrooms and finished to a very high spec.Turn key condition. Very central, quiet rural setting.

PRICE REGION €125.000 B.E.R C2

8 ACRES OF DEVELOPMENT LAND ONLY A FEW MINS. WALK TO KILLORGLIN TOWN CENTRE. ZONED RESIDENTIAL. DRY, LEVEL, ROADSIDE, SCENIC PROPERTY WITH **GREAT POTENTIAL.** 

KILLARNEY Large, detached, dormer type house on c.3/4 acre. Requires refurbishing, extremely private, walking distance to town.

KILBREAN, KILLARNEY Large, detached 2 storey on c. 1 acre, (former B&B).7 bedrooms, all ensuite, needs upgrading. Also included is a 1 bed detached apartment. Great potential for business e.g B&B, EirB&B, hostel, offices, room rental, working from

home, large private family home etc. Killarney, Upper Park Road, Ballycasheen, 4 bed detached bungalow on c. 1/2 acre, nice views, with full planning to erect an additional detached dormer. Walking distance to town and all amenities. Reasonably priced.

LISTRY/FAHA, KILLARNEY Exceptional property. Modernised, totally renewed stone built farmhouse on 4 acres of excellent land with 2 stone built charming outoffices/dwellings. Professionally designed gardens. Offering the perfect blend of the old and the new with great style and character. Much sought after location. B.E.R. pending. P.O.A.

UPPER LEWIS ROAD, KILLARNEY 2 storey, semidetached home, Only minutes walk to town centre, much sought after location

SITE LORETO ROAD, KILLARNEY, full planning. Extremely rare opportunity to acquire a property in this prestigious location.

KILCUMMIN AREA, Killarney, Beautiful detached dormer.4 bedrooms, 3 ensuite, sun-lounge, many extra features. Spectacular views. P.O.A.

KILCUMMIN OR FIRIES area, semi or detached house wanted for cash buyer. COCKHILL, KILCUMMIN, Killarney. Detached, 2 storey dwelling on c.22 acres of mixed land. (c.6 acres under forestry). Extremely scenic location. House may be sold seperately. Great value.

WAREHOUSE TO LET OR FOR SALE Great access just off the N70. Approx. 1 mile from Killorglin on the Tralee road. Size 110 x 80 ft.x 20ft. high approx. Modern building, totally sealed, cavity wall with insulated roof.

**KILLORGLIN TOWN** Town centre shop premises to let.

WANTED (due to recent completed sales )Semi-detached house in Killarney. Cash client. Immediate decision.

BARLEYMOUNT, KILLARNEY 6.5 acres approx. of rough land.

BARLEYMOUNT, KILLARNEY 1.75 acres approx. field with specatular views MUCKROSS ROAD/WOODLAWN CROSS, KILLARNEY- c. 1/3 acre site. Superb location.

SPA/KILLARNEY 1 acre site, subject to planning, dry elevated, great location TIERNABOUL, KILLARNEY 4 bed bungalow, beside N.S. only 2mls to Killarney town.

**ROCKFIELD, FIRIES.** Delightful 3 bed two storey( At the old school). Very attractively priced.

KILLORGLIN TOWN 2 bed apartment, both ensuite, Very modern design, purpose built in a private, gated town centre location.

FARM WANTED. GOOD QUALITY LAND.50 ACRES OR MORE. CLOSE TO KILLARNEY OR WITHIN 7 OR 8 MILES FROM KILLARNEY TOWN.TOP PRICE PAID FOR SUITABLE PROPERTY.

WANTED Properties, houses, farms commercial etc. in all areas, for a growing list of genuine

2 MAPLE DRIVE, MILLTOWN, KILLARNEY 4 bed semi-detached house. It comprises of 4 spacious bedrooms, 1 en-suite. It is very convenient for commuting to Killarney, Tralee,

Killorglin and Kerry airport. Great Value €150,000

MILLTOWN, KILLARNEY (Ardmeelode area) Partly built detached bungalow. Nice views. BARGAIN.

MILLTOWN VILLAGE Commercial street front property. Great location. Good investment opportunity. Price region €125,000.

KEEL, CASTLEMAINE, 4 bed dormer detached, on c. 1/2 acre. 5 star finish with concrete build. Exceptional property. Close to the sea.

CARAGH LAKE/GLENCAR/KILLORGLIN area old 2 storey farmhouse on c. 2.5 acres. Very scenic tranquil setting in this very desirable location.

KILLORGLIN, GOLF COURSE ROAD Delightful 2 bed detached bungalow, as new, superb

KILLORGLIN TOWN CENTRE Licenced premises. Great location with extensive street frontage. Large building with "spacious Beer Garden." Needs some upgrading but has huge potential for food, entertainment etc. Attractively priced.

BEAUFORT KILLARNEY, OLD HOUSE on c.2 acres, very elevated, dry, extremely scenic setting, reasonable reserve. UNIQUE PROPERTY.

**BEAUFORT, KILLARNEY**, on the Main Ring of Kerry road, stunning 8 bed (all ensuite) B&B. Extensive frontage along the river Laune, with fishing rights. Panoramic views.

KENMARE "ASHGROVE" delightful ,detached 3 bed bungalow. (Fairy Lawn) Close to The Sheenfalls Hotel.Restorative, restful scenic setting.

### FARMS/LAND

BALLYFINNANE, FIRIES, KILLARNEY, 9 ACRES APPROX, IN ONE FIELD.BOUNDED BY A RIVER ON ONE SIDE AND FRONTING THE PUBLIC ROAD.

**c.10 acres** with good sheds, extremely scenic.Artigalvin,Headford area. 5mls from Killarney. Firies area, Killarney. Country mansion on 39 acres approx of top quality land all in excellent condition.

**DEVELOPEMENT LAND** 8 acres approx. zoned residential, only minutes walk to Killorglin town centre.( Sunhill area.) Dry, elevated property.

# **SITES**

LOUGHGUITTANE, MUCKROSS, Killlarney, 1 acre site subject to planning permission, €50,000

SITE LORETO ROAD , KILLARNEY , full planning. Extremely rare opportunity to acquire a property in this prestigious location.

**AGHADOE** Site roadside, approx 1 mile from town 1/2 acre selling subject to planning. **BEAUFORT AREA** Elevated, scenic site c. 1/2 acre.

**COOLIES, MUCKROSS, KILLARNEY** c. 1 acre, private scenic location.

KILLARNEY 2 MILES APPROX 3 acres or more subject to 1 planning.

**ROSSBEIGH, GLENBEIGH** Site with full planning for dormer, no residency clause.

Killorglin 1 mile 3/4 acre site. On the main Killarney/Ring of Kerry road. Dry, elevated and scenic. On the main sewer and with all services.

Faha, Killarney, c. ½ acre, dry, roadside, great location, bargain.

TIRNABOUL/SPA KILLARNEY C.3/4 acre site. Dry, level and roadside. Close to Spa G.A.A. grounds and community facilities.

# **DRUID WITH A VIEW: KERRY'S NEWEST TOURIST ATTRACTION**



12FT DRUID AT MOLLY GALLIVANS COTTAGE, BONANE.

Kerry's newest interactive tourist attraction, a 12ft Druid, carved from the trunk of a large Monterey Cypress tree and cloaked in copper has been welcomed to its new home; the aptly named Druid's View at Molly Gallivans Cottage and Traditional Farm in Bonane.

The imposing and impressive Druid figure is the result of an exciting collaboration between two West Cork artists, wood sculptor Anthony Cornforth and metal sculptor Peter Little. Commissioned by Kerry County Council, the piece replaces a smaller existing druid carved by Anthony in 2002 which had to be removed during recent road improvement works.

Located between Kenmare and Glengarriff on the Beara Peninsula, the druid represents the first settlers in the Sheen Valley more than 6000 years ago. To enable visitors to interact and engage with the sculpture, a camera has been placed on the druid's staff. Visitors can look through an eyepiece enclosed in the druid's cloak and share in the 'druid's view'. The druid looks across Sheen valley to the highest peak "Barra-Bui", where a Cairn on the summit marks the resting place of an ancient Chieftain.

# **GARDAI AND RSA** TARGETING DRINK **DRIVING**

An Garda Síochána and the Road Safety Authority (RSA) are implementing a major enforcement and education offensive during July and August that will target



Drink Driving behaviour on the country's roads

The road safety push is being mounted as casualty figures show that road deaths have risen by 15% in 2016. Of concern too is the fact that July and August (19 and 14 deaths respectively in 2015) are among the most dangerous months of the year and is a high risk period for drink driving.

A total of 87 people have died on the roads since the beginning of the year, 10 more deaths compared to the same date last year. There has also been a 50% rise in deaths at weekends, again a time traditionally associated with drink drivina.

Speaking about the rise in deaths and their planned enforcement campaign for July and August, Superintendent Con O'Donohue, Garda National Traffic Bureau said "Everyone, including the authorities must take all necessary and urgent steps to reverse the upward trend in road deaths. For our part An Garda Síochána is increasing its day to day enforcement activity in July and August. Specifically we have added 7 national 24 hour drink driving operations to our operations plan for these months. We are placing a particular emphasis on targeting drink driving late at night over weekends. My colleagues around the country will put additional effort into targeting those counties that have a track

# **€30K FOR KERRY FESTIVALS**

A total of €31,365 has been awarded to three high-quality Kerry festivals by The Arts Council. The festivals are 'Chamber Music on Valentia', which takes place in late August, and An Fhéile Bheag Filochta in Ballyferriter that whirls into action in early November. A third festival, the National Circus Festival of Ireland, will run in mid-November.

The festival funding is additional to the substantial monies that the council allocates every year to various arts events, artists and companies in Kerry.

The Arts Council confirmed the funding as they launched 'Arts On Your Doorstep', a new public information campaign to help raise awareness of specific arts events in local communities.

Part of the Arts Council's public service remit is to deliver arts events to the regions, so that people all over the country can experience world class arts events on their doorstep. Director of the Arts Council. Orlaith McBride, said:

"If you live in Malin Head or on the Ring of Kerry, you should be

able to see high quality productions without having to travel hours to a venue. By taking the arts on tour we make wonderful productions accessible to people the length and breadth of the country. The Council always endeavours to ensure that organisations bring the best of the arts to audiences across Ireland through touring. We are delighted to have been able to provide the funding to bring these shows to the people of Kerry. By prioritising regional access through touring, the Council is helping to ensure that more people experience the arts in 2016."



ealaíon



# **VALENTIA ISLAND CELEBRATES 150 YEARS OF** TRANSATLANTIC COMMUNICATIONS

Supported by BT Ireland, the first Transatlantic Telegraph Cable Festival is taking place on Valentia Island until Sunday July 17. The festival will commemorate the 150th anniversary of the first successful transatlantic cable between Valentia Island and Heart's Content, Newfoundland, laid in 1866 to connect Europe with the new world for the first time.

This significant moment in Irish and modern global history established telecommunications as we know them today, and placed Ireland at the forefront of a technological revolution. For BT, the Atlantic Deep – 100 Years of Cable History. Cable marked a major milestone in the company's 170 year heritage, by connecting into the company's inland telegraph network the world's first national network.

The festival line-up includes activities for all the family, including fireworks, robotic workshops, a cable swim, and walking and cycling tours. Introduced by David Hay, BT's Head of Heritage and Archives, distinguished historian of the Transatlantic Cable Professor Donard De Cogan, will also launch his book, They Talk Along the

The Valentia Island Development Committee is currently investigating the potential for Valentia Island to be recognised as a UNESCO World Heritage site for its important role in communications technology and the Transatlantic Cable Story. An exhibition on Valentia's role in the Transatlantic Cable development will be on display throughout the summer months at the Valentia Island Heritage College Square, Killarney 064 66 34177



IT PAYS TO LISTEN TO EXPERTS! Local Knowledge-Nationwide

# PROPERTIES OF THE WEEK







# SLIEVEGAURA, BEAUFORT Guide Price €35,000

Derelict cottage on approx 0.4 acre site. This property represents a great development opportunity to renovate the existing cottage or build a new house (subject to planning). Only 16km to Killamey Town Centre.

**REF 643** 



## 12 LORETO CHAPEL, LORETO ROAD Guide Price €205,000

Superbly presented modern 3 Bedroom mid-terrace property (1,100 sq ft) with magnificent mountain views. South facing solid wood patio area, solid fuel stove, oil fired central heating, Only 4km to Killamey Town Centre REF 833 BER B2



# COOM, GNEEVEGUILLA Guide Price €155,000

4 Bedroom Bungalow (1,400 sq ft) on approx 0.5 acre site of mature gardens. Oil Fire Central Heating, woodgrain double glazed windows, fully alarmed, solar panels for hot water, bio-cycle sewerage system. REF 912 BER Pending



# Hugs, smiles and a plan to return

# LIFE CHANGING TRIP FOR KILLARNEY GIRLS



THE GIRLS PICTURED OUTSIDE CHERVEN ORPHANAGE

Harrowing, life changing but amazing is how a recent trip to Cherven Orphanage by a group of young Killarney students has been described. The girls, all of whom grew up involved in the Killarney Branch of the Friends of the Children of Chernobyl spent a week at Cherven Orphanage in Belarus - an institution that houses mentally and physically disabled children and adults from age 4 to 31.



GILLIAN FITZGERALD PLAYING WITH ONE OF THE CHILDREN

Gillian Fitzgerald, who was on her second trip to the Cherven was joined by Keelin O'Sullivan, Karen O'Leary, Clare O'Shea and Karina Nagle for what they have described as the most challenging but rewarding week of their lives.

The girls spent their week helping out in

the orphanage in both feeding and looking after of those living there, but it was the daily visits to the Multi Sensory room that was the highlight of their trip. Unfortunately the only time the children get the use the room is when there are volunteers in the orphanage which is only 3-4 times a year.

"Bringing the children in wheel chairs to the multi sensory room and seeing them transform from agitated to totally relaxed reinforced the need for us to be there just to play with them and hug them", Gillian told the Killarney Outlook. "A hug to these children means more than all the money in the world and it is those hugs and that amazing laughter that will keep those children in my heart until I get to do it all



One of the Children enjoying the Multi Sensory Room at CHERYVEN ORPHANAGE.

over again", she added.

Afternoons were spent outdoors in the garden, playing with the children - and even included a trip to a cinema when the girls took 68 children to see a movie and a disco.

"Like the younger children, all the older kids and young adults want is your time and attention. Simple activities, such as colouring, painting their nails, playing outdoors and playing games put the biggest smiles on their

faces", Clare O'Shea said. "For me, one of the most challenging things was being with people who were my own age and older but they were bed-bound and they barely even knew I was there. Thankfully, I had four incredible girls by my side every LOTS OF LOVE.... CLARE O'SHEA step of the way and I can happily say that



the five of us will always be connected by this life-changing experience", she added.



KAREN O'LEARY TAKING A SELFIE WITH THE BOYS.

Karen O'Leary has grown up hosting Children from Chernobyl "I think in a lot of ways the true magnitude of what's going on out there still hasn't really hit home yet. The kids (I say kids, the majority of them are older than I am) are quite simply stunning. Нарру, enthusiastic, and so

eager to interact and make friends. It's painful to see how much happiness a hug brings them, the simplest things in the world that so many people take for granted", Karen said.

"While I grew up with my grandmother Betty Crosbie as the driving force behind the Killarney Branch of the Friends of the Children of Chernobyl, nothing prepared me for what I witnessed in Cherven", Keelin O'Sullivan said.

"As nervous as I was about going, I could never have imagined how amazing and incredible the experience would be. The pure happiness of



Spending time with one of the young adults at Cheryven ORPHANAGE.

the children was indescribable. Some days what we saw was very difficult still is difficult to digest, but wouldn't change one minute of it. It was a beautiful experience. I'm already looking forward to going back", she added. For Karina Nagle

the trip was very special "I did Keelin O'Sullivan Pictured at not really know what to expect



CHERVEN.



KARINA NAGLE PICTURED AT CHERVEN.

when going to Cherven. I was thrilled with how my trip turned out. I am so happy I went. It was an unbelievable experience and I really gained from it. I will definitely be returning Cherven in the near future. It was a wonderful week with amazing children and a great bunch if girls", she said.

One the of most satisfying things that the girls encountered seeing the amount of aid that gets directly to Cherven from Killarney. There were children wearing Fossa jerseys and Killarney Community College jumpers. While the girls were at the orphanage word came through that the 26,000 nappies that Gillian had collected from the people of Killarney had arrived in Minsk and are due to be delivered to the orphanage in the next week. These will be of enormous benefit as there is only a nappy change once every 24 hours.

The girls are already planning a return visit and encourage anyone who can give of their time to do the same.



THE MULTI SENSORY ROOM AT CHERYVEN ORPHANAGE.





# WANTED URGENTLY - PROPERTIES Auctioneers TO SELL AND TO LET - NO SALE NO FEE - NO LET NO FEE

# **FOR SALE**

# CAHER, AGHADOE, KILLARNEY, CO. KERRY

Stunning picturesque setting in the popular Aghadoe area, this bungalow is perched on an elevated setting and located close to Killarney town. The bungalow is the ideal first-time buyer property or suitable for retired couple choosing to locate close to Killarney town. The beautiful views over Killarney town and mountains further enhances the attractiveness of the property.



# KILLOUGHANE, BEAUFORT, CO. KERRY

Stunning property in a beautiful scenic setting with magnificent views of the Carrantuohill Mountains located just 2 miles from Beaufort Village and adjacent to Beaufort Golf Club. This gem of a property is the ideal family residence and is priced at terrific value for a quick sale. The property has been recently extended and refurbished and is in beautiful decorative order.





# Celebrating 20 Years in Business

Hennigan Auctioneers 66 New St., Killarney 1 064 6634582 m 087 2354416 www.daft.ie/hennigan



# 36 HAWTHORN AVENUE

Excellently presented 4 bedroom semi-detached property located in the popular Woodlawn area, in close proximity to Killarney Town Centre and St. Oliver's National School. Well maintained and decorated, this property offers mature, private gardens and is an ideal family home. Viewing is highly recommended.



## 1 SCRAHAN PLACE, KILLARNEY

Superbly located two bedroom ground floor apartment in the popular sought after ross road area.

Within walking distance from killarney town centre and adjacent to the killarney national park.

No. 1 Scrahan place is an ideal holiday home or investment property.

www.killarneyproperty.com

Contact 064 6631274 / 087 2354790

to arrange a viewing.







# CALM AFTER THE STORM AS REGATTA TAKES PLACE ON MONDAY

Following the disappointing news that the 231st Killarney Regatta had to be cancelled on Sunday due to the horrendous weather - it was all systems go on Monday when the first race got underway at 2.30p.m.

A great crowd turned up to support their respective clubs and past and present members were on the shore cheering on the rowers. The event went on late into the evening with the last race finishing after 10pm. Weather conditions were very favourable with on the day and Muckross stole the show winning 10 out of 16 races and securing the prestigious Points Cup.

THE FOLLOWING ARE THE RESULTS FROM 2016 REGATTA

**Juvenile Ladies** 1st Fossa, 2nd Muckross, 3rd Workmens.

**Juvenile Men** 1st Workmens, 2nd Flesk Valley, 3rd Fossa.

**Junior Ladies** 1st Muckross, 2nd Workmen, 3rd Fossa.

**Junior Men** 1st Muckross, 2nd Flesk Valley, 3rd Workmen.

**Minor Ladies** 1st Muckross, 2nd Fossa, 3rd St Brendan's.

**Minor Men** 1st Muckross 2nd Workmen, 3rd St Brendan's.



THE WORKMENS ROWING CLUB, PICTURED AT KILLARNEY GOLF & FISHING CLUB FOR THE 2016 KILLARNEY REGATTA. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

**Senior Ladies** 1st Muckross A, 2nd Workmen 3rd, Muckross B.

**Veteran Men** 1st Muckross, 2nd Flesk Valley, 3rd Workmen.

**Veteran Ladies** 1st Fossa, 2nd Muckross, 3rd Workmen.

**Senior Men** 1st Fossa, 2nd Muckross. **Novice Ladies** 1st Flesk Valley, 2nd St Brendans, 3rd Fossa. **Novice men** 1st Muckross, 2nd Commercial's, 3rd St Brendans.

**Junior Ladies 4s** 1st Workmen, 2nd Muckross, 3rd Flesk Valley.

**Junior Men's 4s** 1st Muckross, 2nd Flesk Valley, 3rd St Brendan's.

**Senior ladies 4s** 1st Muckross A, 2nd Workmen, 3rd Muckross B.

Senior Men's 4s 1st Muckross, 2nd Fossa.



A BEAUTIFUL MONDAY AFTERNOON FOR THE KILLARNEY REGATTA 2016 WHICH WAS CANCELLED THE DAY BEFORE DUE TO WEATHER. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



CAOIMHE O'CONNOR OF MUCKROSS R.C AND HER MOTHER KATE O'CONNOR OF FLESK VALLEY R.C AFTER COMPETING AGAINST EACH OTHER AT THE KILLARNEY REGATTA.



NOVICE LADIES SIXES WHO CAME IN 2ND PLACE WITH THE HELP OF THEIR HEAD MASCOT LAUREN CASEY. A CREW OF NICOLA MORGAN, EMER CASEY, LOUISE McCrohan, Trish Casey, Karen Parker and April Foley.



ST. BRENDAN'S VETERAN LADIES CREW OUT IN STYLE. FIONA DUNNE, MARIE CAHILLINE, GER DOHERTY, MIKE O'CARROLL (COX), PEIG O'SULLIVAN, KATHY BROSNAN AND SINEAD GALVIN.



Some of the Novice and Junior Ladies eyeing up the competition with their Cox Teddy O'Brien. Nicola Morgan, Trish Casey and Karen Parker.

# MONEY MATTERS

By Dermot Cronin, **Financial Advisor** 



# **ARE YOU WORRIED ABOUT INHERITANCE TAX??**

Inheritance tax is a type of taxation that people often think will never apply to them. However the main problem is that previously a parent could pass on €400,000 in an inheritance before this inheritance tax was applied, now this amount is €280,000. This means that if a son or daughter received €400,000 in an inheritance, this could be from property, shares, cash etc they could have a very substantial inheritance tax bill of €39600. This can be a massive problem to most people especially if very little of the inheritance is from cash, it could mean that the only way of paying the tax is to sell one of the assets quickly and this may result in the asset being sold for a much lower price than the person may want to sell it for. Thankfully there is a possible solution, the person giving the inheritance can take out an insurance policy that will pay the inheritance tax bill when the inheritance tax is due to be paid. This will take allot of financial pressure off the people receiving the inheritance in the future.

To discuss the above or any other financial matter you can contact Dermot Cronin APA at 064 66 22775 or dermotcroninifa@gmail.com

95 NEW STREET. KILLARNEY, CO. KERRY T: 064 6631892 F: 064-6634652 M: 087 2668591 E: INFO@SFMC.IE WWW.SHERRYFITZ.IE & WWW.DAFT.IE



# NEW TO MARKET

## 10 ARLINGTON HEIGHTS PARK ROAD KILLARNEY

Well presented conveniently located three bedroom semi-detached house is mature residential area just off the Park Road. House is within walking distance of train and bus stations, Killarney Outlet centre, Deerpark Shopping Park, Aldi, Tesco and Killarney town centre and all amenities. The property which is in walk in condition comprises entrance hall, sittingroom, kitchen cum dining room, utility, three bedrooms with en suite to master bedroom and bathroom.



Price Region: €220,000

BER C3

# A3 THE RESERVE, MUCKROSS, KILLARNEY

First floor 76 sq. m./818 sq. ft. two bedroom apartment located in unique development of 24 two bedroom serviced luxury apartments hidden in Killarney's National Park in the gardens of the five-star Muckross Park Hotel & The apartment which is Cloisters Spa. convenient to Muckross House and Gardens, Killarney town and all amenities, is walking distance Muckross Abbey and Killarney National Park. Accommodation includes. entrance hall, livingroom cum dining cum Price Region: €165,000 kitchen, two bedrooms with master bedroom en suite and bathroom.



BER C3

# PROPERTY OUTLOOK

# THROUGH THE KEYHOLE....

# A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET













Address: Faughbawn, Muckross, Killarney. Impressive 5/6 bedroom detached family residence in pristine decorative order throughout. The property is privately tucked away behind electric entrance gates situated off Mill Road approximately 3 miles from Killarney town centre. This is an exceptional opportunity to acquire a quality detached family residence in the Muckross area. Private c.0.65 acre site with mature manicured gardens.

Agent: DNG Ted Healy 11 New Street, Killarney Tel: 064 6639000 Fax: 064 6671663 E-mail: tedhealy@dng.ie www.dng.ie

Asking Price: €450,000 (UNDER OFFER)

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

# THE MARIE CARBOLL-O'SHILINAN 087 391 4808

# Killarney TOWN TALK



Enjoying a Cocktail and Ladies Day at the Killarney Races were L-R Olivia Butler, Helena O'Sullivan, Noreen Brosnan & Bernie Doe. Picture Marie Carroll-O'Sullivan 087 391 4808

## LIP SYNC BATTLE FOR ANTHONY

Some high profile people in Killarney are set to take to the stage of the INEC on Thursday August 25th for the Killarney Lip Sync Battle.

The show which is being organised to raise funds to help Anthony Morris fight Lyme Disease will see local celebs mime hit songs on stage with a backing track.

Details of who is taking part will be revealed in the coming weeks, but it is certainly a date for your diary.

### **NATIONAL CPR DAY**

The Killarney Cardiac Response Unit will hold a demonstration from 12 noon to 3pm in the Killarney Outlet Centre, tomorrow Saturday July 16th.

The event is open to the public and gives everyone a chance to see the fantastic work being undertaken 24 hours a day 7 days a week by this voluntary group.

The group are always looking for new volunteers so why not pop along and see what its all about.

### **CONGRATULATIONS**

Wedding Bells congratulations to Donnacha Coakley from Rathmore and Paula O'Sullivan who tied the knot on Saturday last in Killaloe in Co. Clare.

### **RENT A CAR AT THE GLEN**

Enterprise Rent-A-Car, part of Enterprise Holdings, the world's largest vehicle rental company, officially opened a new satellite location in Killarney this week. The branch will operate from The Gleneagle Hotel for the duration of the summer and will serve tourists wishing to explore the town and surrounding areas during the busy high season.

The company, which already operates a successful full-time branch in Tralee, can now also cater for the large numbers of visitors that descend upon the Killarney area during July and August

## **MEPAPPOINTEDSPOKESPERSON**

Killarney native Seán Kelly MEP has been appointed as an energy spokesperson, specifically for Liquefied Natural Gas (LNG), for the EPP Group - the largest political group in the European Parliament. The Ireland South MEP's appointment, as a member of the Committee on International Trade, comes as the EU prepares to strengthen energy supply and security with the Energy Union.

## **NEW ARRIVAL**

Congratultions to Triona Mangan, Spa and her husband Sean O'Laoithe on the birth of their first baby Reidín Máire recently.

## **WEDDING BELLS**

The bells at St. Mary's Cathedral in Killarney rang out on Friday last when Sarah Howard from Ferndale Avenue in Killarney and Dave Barry from Cork were married.

The couple were joined by family and friends for their wedding reception in Muckross Park Hotel.

# KILLARNEY ACTOR PERFORMS AT ST. JOHN'S

Donal Courtney, actor and playwright, from Killarney will perform his play, God Has No Country at St. John's Listowel on Tuesday 19th July at 8pm. God Has No Country is the true story of Monsignor Hugh O'Flaherty and his Life Saving Efforts in World War II Directed by Antoinette Duffy, the story follows O'Flaherty's torment as he has to decide to act in defence of those suffering under the tyranny of the Fascists. The play also reflects on his upbringing and education in Killarney and how joining the priesthood protected him from involvement in The War of Independence.

Told with humour and sensitivity, God has no Country aims to bring the heroic deeds and achievements of this extraordinary man to a wider audience.

"Courtney deftly illustrates O' Flaherty's deep love for Killarney."

Presented by In-Between-Days, the performance is followed by a post-show discussion where Donal Courtney talks about his personal connections to the story, the challenges faced in creating the piece and various other insights into the Hugh O' Flaherty story.

### **AGLISH GRAVEYARD MASS**

The annual Mass at Aglish Graveyard will take place on Monday next.



THE IRWIN LADIES ENJOYING THE KILLARNEY RACES ON LADIES DAY L-R TERESA IRWIN, CLODAGH IRWIN-OWENS & EMIR IRWIN-O'SHEA.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808













# Killarney TOWN TALK



Enjoying Ladies Day at the Killarney Races were L-R Shane Kerins, Jeaic O'Sullivan, Niall Sartutxa & Conor McGrath.
Picture Marie Carroll-O'Sullivan 087 391 4808

### **FUN DAY RESCHEDULED**

Killarney Celtic will be hosting their rescheduled Family Fun Day this Sunday, July 17th between 11am and 2pm. This will include presentation of medals, barbecue, bouncing castle, bumper soccer.... loads of fun and games guaranteed! All welcome and any donations of salads, cakes, etc. will be hugely appreciated. All welcome.

# EXHIBITION OF ARTWORK BY ALEKSANDRA KORDECZKA DESCRIPTION

Exhibition of artwork by Killorglin based artist Aleksandra Kordeczka will take place tomorrow, Saturday July 17th at Ancient Rituals Tattoo and Art Gallery, Chapel Lane Killarney. There will be a drinks reception and all are welcome. Aleksandra recently exhibited at Kfest Music and Art festival Killorglin.

## **FANCY DRESS AT TESCO**

Tesco Killarney Park will be taking part in Ireland's largest fancy dress day on Saturday, 23rd July. Taking place in all 148 stores countrywide, Tesco has set a national fundraising target of €100,000 to help raise vital funds for its charity partner, Temple Street Children's Hospital.

Colleagues will be kitted out in a variety of

costumes while they host parties at the front of their store with cake sales, face-painting, badge creation stations, balloons and much more. All funds raised will go towards replacing equipment in the out-patient Ophthalmology department at Temple Street, helping the medical team to give the best possible care to children from all over Ireland by using the latest technology for eye examinations.

Tesco and Temple Street are encouraging all customers to bring their kids down to their local Tesco store between 11am – 6pm for what promises to be a great fun-filled day. As an added extra Tesco Killarney Park, in partnership with Mondelez, will be hosting an exclusive Fancy Dress Photo Booth where shoppers can put on a costume and get snapping for a great cause!

### **AWARD FOR JANE**

One of the organisers of Football for All has been awarded the Randles Bros./Radio Kerry Terrace Talk Sports Star of the Month Award for June. Jane is a worthy recipient of this accolade for her Trojan work with children who have disabilities who want to play football.

### **ENGAGEMENT PARTY**

Congratulations to Darren McCormack and Ann O'Donoghue who celebrated their engagement with a party at the Killarney

Avenue Hotel last weekend.

Darren, who is from Aghadoe proposed at Ross Castle earlier in the summer, and Ann, who is from Mallow in Co. Cork duly accepted. The couple were joined by family and friends for the celebration.

# RATHMORE CARDIAC RESPONSE UNIT

Rathmore is hoping to follow suit as other successful groups to provide immediate and professional assistance when cardiac-related calls are received by way of a Cardiac Response Unit.

The Rathmore Cardiac Response Unit will be working closely with the National Ambulance Service and expert training will be provided to all those interested over the next few months The team, which will operate from Rathmore, will cover a catchment area of up to 6km of the surrounding area.

The founders of the unit are hoping that being a rural area they can increase the chances of survival by early intervention.

An information meeting on the aims of the Rathmore Cardiac Response Unit will be held in the community hall in Rathmore on July 19th at 8.00pm.

It is open to anyone interested in becoming a responder, fundraiser or committe member for the Rathmore area as any and all help is welcome.

Contact number is 089 4712365

If you have any news for Killarney Town Talk email Aisling at editorial@outlookmags.com or call 086-0400958



JAMIE O'DOHERTY, KILLARNEY, GRADUATED RECENTLY WITH A BACHELOR OF DENTAL SURGERY DEGREE (BDS) FROM UNIVERSITY COLLEGE CORK.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391

# TAX Matters with



# TAXATION OF MATERNITY BENEFIT

Maternity Benefit is taxable. Universal Social
Charge and PRSI are not payable. The actual
rate of tax you will pay will depend on your personal circumstances and the
tax reliefs and tax credits you are claiming.

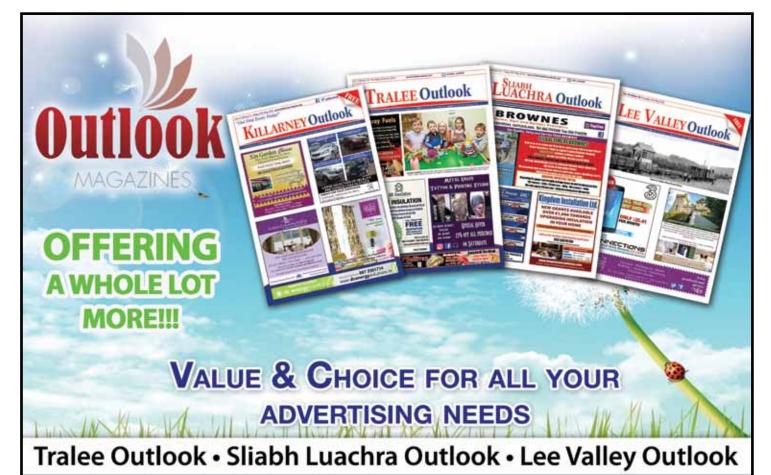
The Department of Social Protection (DSP) will pay Maternity Benefit without any deduction of tax. However the DSP will notify Revenue of the amount of Maternity Benefit to be taken into account for income tax purposes.

If you are self-employed and pay your tax through the self-assessment system you should include details of any Maternity Benefit received in your annual tax return.

If you pay tax through the PAYE system Revenue will, where possible, automatically reduce your annual tax credits and rate bands to account for the tax payable on your Maternity Benefit.

Allman House, Tralee Road, Killarney, Co. Kerry
T: 064 6632045 E: info@obriencoffey.ie
W: www.obriencoffey.ie





Mobile Des: 087 6593427 t/f: 064 66 70000 | e: des@outlookmags.com

# RATHMORE/GNEEVEGUILLA NEWS by Michael O'Mahony

**WEDDING BELLS:** Congratulations to Donnacha Coakley Rathmore Townland who marraiged Paula O'Sullivan on Saturday last in Killaloe Co, Clare. We wish both of them happy long life together.

**SECOND COLLECTION:** Very many thanks for your very generous response recently at Masses for our Diocesan Collection for the sick and retired priests in our Diocese. You generously contributed €1705. Thank You

GNEEVEGUILLA BASKETBALL CAMP: Monday 25th to Thursday 28th of July in Rathmore Gym. €50 per child. €40 for additional siblings. Bookings on: 087 2685448.

**WISHES:** Congratulations to Local Cllr Niall Kelliher who was elected Deputy mayor of Killarney Municipal District at their AGM recently this is second time that Niall was elected Deputy Mayor he also served in post in 2014-2015.

WISHES SPARKLER: Congratulations to Linda O'Mahony Mount horgan, Rathmore who got engaged recently to John Lieghio, from Navan Road Dublin, the wedding is planned for August 2018. Every good wish to Linda and John on their engagement.

**CULLEN AND DISTRICT SPECIAL NEEDS ASSOCIATION:** The countdown is on to the 18th annual harvest Afternoon on Laitiarain Sunday July 24th. The organisers are putting together the final touches to ensure it is an event to remember, with fingers crossed that the sun will shine after a horrendous day last year. Vintage enthusiasts from near and far gather to exhibit and demonstrate traditional methods of harvesting. This afternoon reflects rural life and is an opportunity for locals and neighbours to come together, sit down and have a chat.

A fun filled day of activities is on offer, all the tried and tested events are back again this year including the popular Old Time Threshing, Vintage Display, incidentally this year is the 50th birthday of the Mark 11 Cortina, 70th of the Zetor and 50th of the arrival of John Deere in Ireland. An added attraction this year is a Donkey Derby, children's sports, Bubble Soccer, Sumo Wrestling, giant outdoor games, Bouncing Castle, Face Painting, Lucky dip, Raffles, etc.

The success of the afternoon relies heavily



ENJOYING THEMSELVES AT THE WATERBOYS CONCERT, AS PART OF KILLARNEY FOLKFEST AT THE INEC, KILLARNEY, OVER THE WEEKEND, DERRY AND ROSIE HEALY, SENATOR MARK DALY AND CONOR DALY, KENMARE. PHOTO: VALERIE O'SULLIVAN.

on the good will and support within the community through voluntary effort and as usual we appeal for more volunteers to come forward to help steward and run the many activities that will be going on.

All monies raised will be presented to centres caring for children and adults from the locality, at our Annual Weigh in, this funding is needed in response to the ongoing lack of government funding for respite and residential services for people with intellectual disabilities.

Keep Sunday July 24th free and come along and join in the activities of the evening.

**SLIABH LUACHRA COMHALTAS:** Plenty of preparations going on within the branch with the lead up to the Munster Fleadh, which will be held in Listowel this week/weekend. We would like to take this opportunity to wish all, of our competitor's taking part in the competitions the very best of luck and to especially enjoy the experience. Some of the events taking place during the week are Ceilí's with Donie Nolan on Saturday night, July 16th and an Open Air Ceilí with Johnny Reidy band on Sunday afternoon, July 17th. For more details visit kerrycomhaltas.

**KERRY COUNTY COUNCIL:** Will be inviting applications for the 2017 Community Support Fund as early as November 2016 and it is intended to hold local advice clinics to support groups applying for funding.

THE IRISH WHEELCHAIR COLLECTION: Will be taken up at all Masses this Saturday 16th/Sunday 17th July in Rathmore, Gneeveguilla & Shrone. Please support.

**SYMPATHY:** To the family & friend of the late Noreen Long (née Murphy) Inches, Rathmore,

Jerry O'Connell /Derrinagree & New York, Dan Sheehan Tureencahill & New York May they rest in peace.

**WISHES:** We wish Fr. Bill Radley P.P of Glenflesk parishes who has retired from priesthood with many years of service. A happy retirement,

Gneeveguilla GAA Carnival will be on the first weekend in September

**RATHMORE LADIES GAA:** Congratulations to the Un14 ladies who are Division 1 county champions after defeating Southern Gaels in Glenflesk on Sunday, Rathmore: 2-8

Southern Gaels: 1-9. Rathmore Ladies GAA is sponsored by Donagh Hickey Centra Rathmore. 3 DAY PILGRIMAGE TO KNOCK AND LOUGH DERG - AUGUST 22ND-24TH: All in Package includes visit to Knock, day retreat on Lough Derg, coach for 3 days, breakfasts, evening meals and accommodation in Bundoran. Early booking is advised due to waiting lists from previous pilgrimage in May. Deposit secures booking. Contact Ken O'Day on 087/2048677 for further details.

### THE IRISH BLOOD TRANSFUSION SERVICE:

Our thanks to all who contributed to the running of the Clinic on Thursday 30th June 2016. 123 Donors attended our Blood Donor Clinic in St. Joseph's Day Care Centre. This generosity and commitment to helping others is very much appreciated.

**NOTES:** If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com)or ring or text 087-6676817. Before 6pm on Sunday.

# **BEAUFORT NOTES**

**BEAUFORT NOTES:** St. Swithin's Day is today (15th July) and would be wise to be on the lookout today that if it rains on that day, the rain will continue for forty days thereafter. The story

goes that when Swithin died he was buried in a small grave. But his monks thought better and decided to bury the esteemed abbot in a mausoleum befitting their spiritual leader and going about their task even though they were well aware that St. Swithin wasn't one given to ostentatious behaviour. All this displeased God so much that he admonished the monks by

raining down on the proceedings and for forty days thereafter. So there you have it ... if it rains on the 15th keep the brolly in the hallway !!!! Any items of local history to

Thomas O'Sullivan

0879807122kerryonwalking@gmail.com

# **COMMUNITY** FOCUS

# **KILCUMMIN NEWS**

**CEMETERY MASSES:** Aghadoe - Monday 25th July; New Cemetery Killarney - Monday August 1st; Old Kilcummin - Wednesday August 3rd.

SECRETARIAL SERVICES: Kilcummin Rural Dev. Office provides a full Secretarial Service to all groups and individuals. Assignments, Essays, Projects, C.V.'s professionally typed, confidentiality assured. Other services include photocopying, laminating (A3 and A4), e-mail, sending faxes paying your motor tax online. Faxes to the Department of Agriculture for the movement of cattle can also be sent from the office. Tel: 064-6643357 or email: info@ kilcumminparish.com

PLEASE NOTE: Kilcummin Rural Dev. Office is open Monday - Thursday from 9am – 5pm and Friday 9am - 4pm.

### **KILCUMMIN GAA**

### **EAST KERRY LEAGUE DIV. 2 REPLAY** KILCUMMIN 2-14 SPA 2-15 (AFTER EXTRA-

TIME). We were treated to a wonderful 80 minute of entertainment in Farranfore on Saturday last but unfortunately we came out on the wrong side losing by a single point to a good Spa team. Trailing by 4 points at half time

our lads put in a great 2nd half performance and following goals by Oscar O'Connor and Daniel Kelly we finished all square at the end of normal time. The first period saw us score four good points but we were unable to add to that in the second period and Spa were able to finish the stronger to secure victory by the narrowest of margins. A great team performance from a dedicated group for which much of the credit must go to mentors Sean Doherty and Tommy Cooper. Focus for the juniors now turns to the county league where we have been performing well and the O'Sullivan Cup East Kerry championship.

CO LEAGUE: Senior Football Credit Union Co. League upcoming fixtures Next Saturday July 16th at 7.30pm. Kilcummin V John Mitchels Sunday July 24th at 2pm. Kenmare V Kilcummin in Kenmare.

**SYMPATHY:** Is extended from Kilcummin GAA club to the family of Bridie Doolan, Inchicullane who died recently. Bridie's family are steeped in the tradition of the club and parish. May she rest in eternal peace.

CÚL CAMP: Cúl Camp for children aged 6-13

will take place between July 18th and July 22nd. Cost for 1 child is €55; 2nd child (same family) €45; 3rd child €40. Register on line at https://www.kelloggsculcamps.gaa.ie/ . Email Donal.daly.gda.kerry@gaa.ie with enquiries."

**FIXTURES:** Senior Ladies play John Mitchells away in the Junior Championship on 16th July at 7pm.

Under 13 Girls play Kerins O'Rahilly's at home on 19th July at 7pm in the County Championship. **MASTERGEEHA FC** 

### **ANNUAL GENERAL MEETING (AGM):**

Mastergeeha Fc will hold its AGM in The Village Inn Kilcummin on Thursday 21st July 2016 at 9.30pm. All welcome.

MASTERGEEHA FC LOTTO: There was no winner on Friday 8th July 2016. Numbers drawn were 1, 15, 20, 21. Consolation prizes were €100 Kay & Dave O'Leary, Mastergeeha, Kilcummin. €60 Noel O'Sullivan, Lyreatough, Kilcummin. €30 Claire Corcoran, Milleen, Kilcummin. €30 Adrian Cronin, Callinafercy, Miltown. €30 AN Other, 087-1246756. Jackpot now €7,800.

# **LISTRY NOTES**

**MILLTOWN LISTRY COMHALTAS:** Best of luck to Katie Howe who will represent Kerry this weekend at the Munster Fleadh in Listowel. Katie will compete on the concertina.

# **GLENFLESK NOTES**

**GLENFLESK JUNIORS(SPONSORED BY THE** JARVEYS REST): Our Junior team are at home to Fires in the O'Sullivan Cup on Tuesday July 19th at 7pm.

GLENFLESK U16S: Our U16s are away to Annauscaul/Lispole on Wednesday July 20th. **GLENFLESK MINORS:** Our minors are away to Kilcummin on Thursday July 28th at 7pm.

GLENFLESK LOTTO: The next draw will take place in the Corner Bar on 18th July 2016 and the Jackpot is €2,200.00

FITNESS AT BARRADUFF COMMUNITY

FIELD: Launch of Kerry Fitness Recovery's new studio at Barraduff Community Field on Friday July 15th. Drop in for some BBQ food and a look at the new upgrades. All welcome and your support is much appreciated!

**SUMMER CAMP** AT **BARRADUFF COMMUNITY FIELD:** Multi Sports summer camp in Barraduff Community field July 25th to 29th. Primary school children are all welcome. Monday to Friday 9:30 to 3pm. Registration forms in local shops and you can download

from www.activekingom.ie **Fully Qualified staff** 

**GLENFLESK COMHALTAS NEWS:** The Munster Fleadh Cheoil will be held in Listowel from the 15th to 17th July. Best of luck to our competitors Grace Angland (under 12 piano and fiddle slow airs), Gearoid Healy (under 12 English Singing) and Finn O'Sullivan (under 15 fiddle slow airs)

**CONTACT:** We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.



FIRST HOME.... WELL DONE TO WELL KNOWN MOUNTAINEER, AND KERRYMAN, DECLAN CUNNINGHAM, THE SUCCESSFULLY COMPLETED THE TOUGHEST 'ULTIMATE HIGH PEAKS CHALLENGE' ON THE MACGILLYCUDDY'S REEKS IN VERY ROUGH CONDITIONS AT THE WEEKEND. DECLAN IS CONGRATULATED BY EVENT DIRECTOR, PIARAS KELLY, KERRYCLIMBING.IE. PHOTO: VALERIE O'SULLIVAN.



THE O'SULLIVAN-D'ARCY SISTERS, GERALDINE, LAURA AND MICHELLE, AT THE WATERBOYS CONCERT, AS PART OF KILLARNEY FOLKFEST AT THE INEC, KILLARNEY, OVER THE WEEKEND.

PHOTO: VALERIE O'SULLIVAN.

# **FOSSA NOTES**

SENIORS: The seniors play Churchill in Fossa next Saturday, 16th July at 7.30 in Round 8 of the County league, they hope to continue their good form in the league so all support will be welcome. We are also in action against Scartaglin in Fossa on Tuesday 19th in the quarter final of The Bill Tagney cup at 7pm.

**BOYS UNDER 14 EAST KERRY LEAGUE: It** was a busy week for the boys under 14 panel with 3 games in quick succession. In a highly entertaining game played in Fossa on Monday evening Fossa lost out to Legion by a score of 3-9 to 4-13. After playing into a strong breeze in the first half, Fossa went in at the break just 2 points down, trailing 1-5 to 2-4, the highlight a cracking goal scored by Emmett Cronin. At the start of the 2nd half. Legion took control of the game and opened up an 8 point lead. Two quick goals, from Harry Kelly and Ruairi Doyle, closed the gap but Legion replied with a goal of their own to run out winners.

On Friday evening Fossa welcomed Firies in a repeat of their Feile encounter from 2 weeks previous. In a disappointing first half Fossa failed to score and went in at the break behind, 1-4 to no score. A sterling comeback in the second half, with 2-4 from Emmet O'Shea, a goal by Simon Coffey and a point by Conor Horgan saw Fossa come close but eventually lost out with a final score of Fossa 3-05 and Firies 3-09.

On Sunday evening Fossa went to Gneeveguilla to play the last round robin game in the U14 East Kerry league, with Fossa needing a win to ensure their place in the Division 3 final.

In very wet and windy conditions Fossa played with the breeze in the first half and opened up a 5 point lead to go in at the break 9 points to 1-1 up. On the resumption, Rossa Bellew opened the scoring with a well taken goal but Gneeveguilla closed the gap with a goal of their own. 2 more goals from Emmett O'Shea and further goals by Gneeveguilla left a final scoreline of Fossa 3-13 Gneeveguilla 4-4

On the night Fossa had some very solid performers. Captain Colm Talbot and Rory Doyle controlled midfield. Goalkeeper Dean Sheehan handled everything that came his way and Jack Clifford played very well and scored an excellent first half point. In the full forward line Conor Horgan, Darren Cronin and Emmett Cronin worked tirelessly and in Harry Buckley Fossa have a serious footballer full of constant running. In defense Padraic Talbot played very well at centre back and was flanked by the ever improving Eoin Myers and Cathal Whelton. In the fullback line Evan Mannix was strong in the tackle and Joe Cahillane snuffed out the attacking threat and tackled well. Cian Doyle was very impressive again in defense.

Coming off the bench and playing very well on the night were Sean Dineen, Mark McGlynn,

Harry Kelly, Jackson O'Mahony, Simon Coffey and Rory Coughlan

Fossa are now in the EK Div 3 final - date and venue to be advised.

### **FOSSA U-12 LADIES**

**COUNTY LEAGUE DIV 4 WINNERS: Fossa** held out to win a thrilling County League final in Ballymac last Thursday evening. Fossa started brightly and exchanged early points with Scartaglin. Fossa then settled and scored two wonderful goals to go in at half time with the lead. Scartaglin came back into the game after the break and took some great scores. With a few minutes remaining the lead was down to a point but Fossa defended heroically including a top class save from point blank range by their goalkeeper Bianca Leiwoda. On the night, the team from 1 to 15 were superb with brilliant performances notably from the younger players. The team was lead by captain Sophie Dennehy who played a captains part. Missing on the night were Lucy O'Sullivan, Rachel Wallace and Chelcy O'Connor who was injured during the feile. Well done girls and also the mentors, Dan, Damien and David.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@ Please forward information before gaa.ie. Sunday at 11am.



Josephine & Billy McCarthy receiving a presentation from Ballyhar Dynamos FC to mark BILLYS RETIREMENT FROM SOUTH KERRY DEVELOPMENT PARTNERSHIP & HIS SERVICE IN MAINTAINING BALLYHAR'S CLUB GROUNDS AT MURT SCOTT PARK. ALSO INCLUDED IN PICTURE ARE BREDA O'SHEA, SKDP SUPERVISOR, LIAM COURTNEY, SKDP AND BALLYHAR DYNAMOS OFFICERS, DANNY CRONIN, Donal O'Donoghue, Brendan O'Sullivan, Edmund Kerrisk, Dave Kelly & Anthony Mckenna.



ENJOYING THE FOLKFEST CONCERTS AT THE INEC, KILLARNEY, OVER THE WEEKEND, ANNE MURRAY, BARBARA SHEEHAN, BRENDA COFFEY AND EVELYN CURTIS.

PHOTO: VALERIE O'SULLIVAN.



WINNER ALRIGHT... KELLY ANN McSweeney, PRESENTS WINNING JOCKEY, P W MULLINS (HIDDEN CYCLONE) WITH THE McSweeney Arms Hotel trophy also included is her Dad Tony McSweeney AT THE KILLARNEY RACES TUESDAY EVENING MEETING. PHOTO: VALERIE O'SULLIVAN.



TERRENCE MULCAHY, MANAGER, INTERNATIONAL HOTEL, PRESENTS JOHN CULNANE AND NOREEN O'SULLIVAN WITH THE INTERNATIONAL HOTEL KILLARNEY HANDICAP TROPHY ON TUESDAY EVENING AT KILLARNEY RACES JULY MEETING, ALSO INCLUDED IS AILISH MULCAHY. THE WINNING HORSE WAS 'SISTER BLANDINA', WINNING JOCKEY, JP LINEHAN. PHOTO: VALERIE O'SULLIVAN.

# Looking good ... Feeling Great!



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# Looking good.... Feeling Great!

# **FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT** AND HEALTHY NEW YOU...

# **GETTING OUTDOORS** ADDING IN SOME RESISTANCE **OUTDOORS** CONTINUED...

**Tip 3:** Get out the buggy and get pushing. Nothing like the resistance of a Buggy or Pram to make you work those shoulder and arms. make sure you are concentrating on Bracing your Abdominals for this one, keeping spine long, and head tall and shoulders back. Correct form on power walking and pushing a buggy and you will be a lean toned

**Tip 4:** Get into a field and get on the grass performing simple body weight exercises such as

- Body weight stability Planks
- pushups on knees for beginners and full plank style pushups for advanced
- Glute birdges, etc.
- If you are an advanced exercises you can get into some funky work such as Mountain climbers, Plank jacks, or Spidermans.

Do these at the end of each walk and you will quickly see results.

Tip 5: Get up some steps. The Ever famous Cardiac steps is one Obvious option, but if you have never done these before please don't attempt without doing the normal Torc waterfall steps for about 3weeks. This is a great foundation to get your prepared for Cardiac steps. These are tough on the legs so make sure you get a good stretch at the car before jumping in and hurrying on home & complaining of your lower back being sore 2days later because you never stretched out that Behind!

(check out my website www.fitnesswithedele.com) for some helpful stretches)

# **MORE TIPS NEXT WEEK...** FITNESS WITH EDELE **087-7643449** WWW.FITNESSWITHEDELE.COM



# FOUR THINGS HAPPY PEOPLE DO EVERY MORNING!

Mornings can be a time of high stress for many people. The day begins with the insistent sound of the alarm clock followed by half- awake rushing to get everything done! It's no wonder that many people begin their day feeling stressed and out of sorts. How you begin your day actually sets the mood and pace for how you want your day to be. So it may not surprise you to know that happy individuals tend to actually enjoy their mornings. They appear to thrive on waking up with the sun and look forward to a new day or possibilities. Rituals often play a big part in waking up happy. Follow these four happy habits that will give you your own sense of wellbeing and purpose for your day.

### HAPPY HABITS.

1. Wake up with a sense of gratitude. Start your day with love and joy for being here! Be grateful for the bed you slept in, a new morning, your partner or family around you and the opportunity to learn and grow! 2. Begin anew each and every morning. Whatever happened yesterday has gone. Today is a new day for success and adventure! Resiliency is a telltale sign of having purpose and happiness.

3. Meditate or do some mindful movement! Many of the happiest folks alive are spiritual. Take time to centre yourself and connect to the core of your being. Even two minutes meditation can have a powerful impact. 4. Keep things simple and don't rush out the door. Prepare what you need the night before. Keep the morning as simple, relaxed and enjoyable as possible.

Happiness is a habit and like any other habit, the more you practice it, the more you embody it, feel it and love it!

For more on life and body confidence please visit my Facebook page and

 $\textbf{066 9766374} \mid \textbf{life\_coachingunlimited} @ \textbf{yahoo.ie}$ 



# OUTLOOK FASHION

### FIXING SPILLS



Blot, don't rub, when you spill something on your clothes. Wiping or rubbing will actually further ingrain the stain into the





# Beauty tip

# Make up brushes

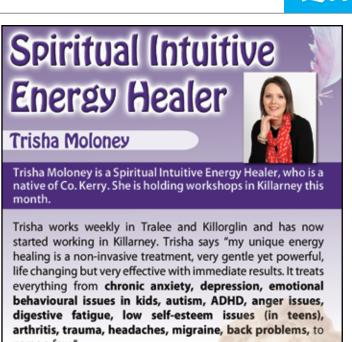
Remember, clean your makeup brushes to fight against potential bacteria and breakouts! At least once a week, swirl brushes around in a mixture of warm water and mild soap, then lay flat to dry.







# Looking good ... Feeling Great!

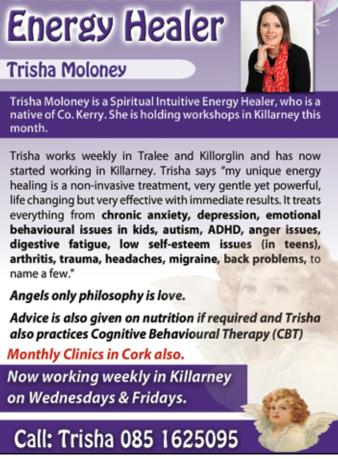


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# Donal O'Sullivan MISCP MCSP

MSC. PHYSIOTHERAPY BSc. ATHLETIC THERAPY AND TRAINING

Chartered Physiotherapist

Approved by all major Health insurance providers.



# SOMETHING FOR EVERYONE AT SNEEM SUMMER FESTIVAL

All roads will lead to Sneem next week for the first year of the renamed Sneem Summer Festival which takes place from Tuesday 19th to Sunday 24th July in the beautiful village of Sneem on the Ring of Kerry and the Wild Atlantic Way. With over 60 events taking place over six days, there will be something for everyone.

There will be walks, children's cycle, motorised kayaking and rib trips across the Kenmare Bay, crab fishing taking place at Oysterbed Pier. Archery, Children's Darts Competition, Sewing Workshop, Pottery Painting Canvas Art and Sand Art.

The ever popular Fancy Dress Parade takes place on Tuesday, followed by bouncy castles from Bizee Bouncers in Kenmare and Turbetts Fun Fair.

The hotly contested Tractor Backing, with Denis O'Sullivan coming back to try and win the shield for the third year.

One of the highlights of this year's festival is the relaunch of the Festival Queen with interviews taking place on Tuesday by Michael Healy Rae. People can then cast their votes and the winner will be announced on Saturday evening.

On Saturday, Sneem will see a splash of colour with a 5k Colour Dash taking place with proceeds going to the Irish Cancer Society. Senator Mark Daly will be auctioning Keepsake Boxes which have been hand painted by local artists in the Charity Auction on Saturday evening, proceeds going to St. Francis Special School Beaufort.

A 1916 Tea Party takes place on Sunday afternoon which will bring a little history back to life, we would welcome people who wish to dress in period clothes. Traditional Street Games will also be happening.

On Tuesday during the barbeque there will be live music with local group Mystique, followed by Ger O'Shea. On Wednesday night there will be a Teen Disco for all secondary level students. Music on Saturday evening is by Colm Cronin and the festival closes on Sunday evening to the sounds of Ruaile Buaile.

For a list of events check out our facebook page or visit sneem.ie/events





6 Days of Fun for all the Family -



4pm Children's Fancy Dress

Meet at the Festival Stage

7pm Turbett's Fun Fair

Cost: Free.

South Square.

Festival Stage

South Square

6pm - 8pm BBQ

Discounts for families.

11pm Music Ger O'Shea

7pm Turbett's Funfair

**TUESDAY 19TH JU** 

Festival Marquee. Adults €10 Children €5.

Festival Stage: Interviews by Michael Healy-Rae

**NEDNESDAY 20TH J** 

**8pm** Festival Queen Interviews

# KEY EVENTS GUIDE

19th - 24th July 2016

6 fun filled days for all the family

### 8pm - 11pm Teen Disco

Festival Marquee cost €10

# **THURSDAY 21ST JULY**

### 7pm Turbett's Funfair

South Square

### 7pm - 10pm Sneem's Got Talent

Festival Stage cost FREE

### 9.30pm Karaoke night

Wrestlers Bar

### Bar

5pm - 9pm Rolling Head of the River

One design rowing boat time trials Contact: sneemrowingclub@gmail.com

### 7pm Turbett's Funfair

South Square

### **SATURDAY 23RD JULY**

FRIDAY 22ND JULY

**10am - 4pm Sheep Shearing** North Square cost €10 per entry

### 4pm -6pm Sneem Colour Dash

Cost Adults €20 Children 8-10 €10 Children Under 8 €5 Proceeds Irish Cancer Society

### 7pm Turbett's Funfair

South Square

### 8.30pm Charity Auction

Festival Marquee Proceeds St. Francis Special School Beaufort

### 9.30pm Festival Queen

Festival Stage. Announcement of this years Festival Queen

### 10pm Music: Colm Cronin

Festival Stage

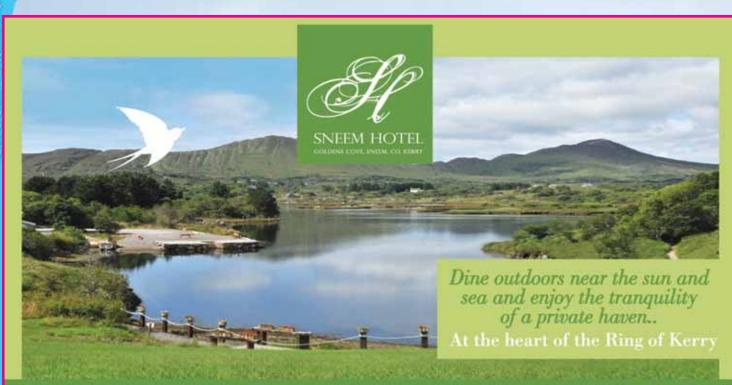
### SUNDAY 24TH JULY

### 1pm - 4pm 1916 Tea Party

North Square

### 8pm Live Music: Ruaile Buaile

Festival Stage cost €10



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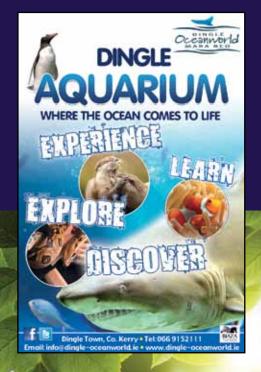
OPENING HOURS: Mon-Sat 9am-6.30pm Sun 11.45am - 1pm Bank Holidays 10.45am - 1pm Tel/Fax: 064 66 45288





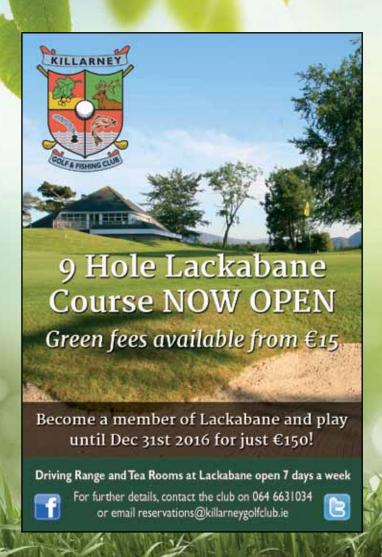


# **SOMETHING FOR EVERYONE AND ITS ON YOUR DOORSTEP**









# **KENNEDYS PET FARM**

A firm family favourite in Killarney, Kennedys Pet Farm has become an iconic must visit children's attraction. The farm opened its doors, or in this cases its gates 26 years ago. A haven for parents at the weekends and summer time as well as hugely popular with School tours all year round, the 15 acre site is a 4th generation family run part farm. Their allweather pet farm and playground is perfect for a family day out. At Kennedys Spring is always in the air with lots of baby animals being born. No booking necessary. It is a haven for energetic kids and a chance for parents to relax and unwind. We would ask that you are particularly gentle with all the animals as you cuddle or stroke them. Their unique indoor and outdoor playgrounds are every child's dream and a most unforgettable experience, rain or shine you'll have great time. Come see the new piglets, chicks, kids, lambs, puppies and much more. Bring a picnic and enjoy the panoramic views surrounding the farm. The fun just goes on and on and don't forget your camera.

Open daily from 10am to 5pm.

Contact us on **087 2310983.** www. kennedyspetfarm.com e-mail kennedysfarm@eircom.net.



# Know Your Rights: RENT A ROOM RELIEF

### **OUESTION**

I have retired from work and am planning to rent my spare room to a student lodger to supplement my pension. Will I have to pay tax on the rental income?

## **ANSWER**

If you rent out part of your home as residential accommodation, the income you earn is exempt from tax, provided the total paid by the tenant(s) is not more than €12,000 in a tax year and you satisfy the qualifying conditions. This is called rent-a-room relief. It applies to accommodation in your home – which can include a self-contained unit such as a basement flat or a converted garage. It does not apply to rooms that are not attached to your home and it does not apply to rent paid by your child.

You must live in your home as your sole or main residence during the tax year for which you are claiming the relief and the room(s) must be used as residential accommodation. For example, you can claim the relief if you are renting a room to a student for the academic year, but not if you are taking in short-term guests. If you rent a room in your home, residential tenancies legislation does not apply. So, if you are only renting out a room, you do not have to register as a landlord with the Residential Tenancies Board (RTB), provide a rent book to the tenant or ensure that the accommodation meets any minimum physical standards. However, if you rent out a self-contained unit such as a basement flat, the legislation does apply. The gross income you get cannot be more than €12,000 in a tax year. This includes sums that the tenant pays to you for food, utilities, laundry or similar goods and services. When you are working out whether the gross income is more than this limit, you cannot deduct any costs that you incurred in earning that income. If your income from rent and other services is over the limit, the entire income (not just the amount over the limit) is taxable.

If you qualify for rent-a-room relief, the income is not liable to PRSI, the Universal Social Charge or income tax. Claiming rent-a-room relief does not affect your mortgage interest relief or your exemption from Capital Gains Tax (CGT) if you sell your home. You do not have to claim rent-a-room relief as it applies automatically. However, if you are submitting an annual tax return you must record the amount of the exempt income on the return.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service; 0761 07 4000.



# Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

### Cisco on-line Blended Learning (ETL62) - Tralee.

This course focuses on network infrastructure. It covers switching and routing, wireless access, security and connectivity used in local and wide Area networks. A combination of on-line learning and tutor led workshops are used to deliver it. Previous computer networking experience is a prerequisite for entry to this course. Start Date: 8th August 2016. Duration: 15 weeks. Certification: Cisco Certified Network Associate Certification (CCNA).

### CAD - 3D Parametric Modelling (ET4R1) - Tralee.

This course is for CAD technicians who wish to develop contemporary 3D parametric modelling skills. Start Date: 15th August 2016. Duration: 31 weeks. Certification: City & Guilds Levels 1 & 2 Awards in Computer Aided Design Parametric Modelling.

### Foundation in Media (TR08743) - Tralee.

This entry level course is an excellent starting point for people who wish to pursue careers in the media industry. It offers the participants a comprehensive foundation in the use of a range of digital media technologies in a supervised environment. Start Date: 22<sup>nd</sup> August 2016. Duration: 14 weeks. Certification: QQI Level 3 Award Media Expressions 3N0792.

### Business Admin with Legal (ET07061) - Tralee.

This course offers participants the opportunity to develop a broad range of knowledge and skills in general office and legal office administration. Graduates of the course will typically gain employment as office administrators or progress to year 2 of the Advanced Certificate in Office Information Systems at Tralee IT. Start Date: 5th September 2016. Duration: 50 weeks. Certification: QQI Level 5 Major Award in Business Administration.

### Digital Web Design with Adobe Dreamweaver (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. Start Date: 5th September 2016. Duration: 22 weeks.

Certification: QQI Level 5 Component Certificates in Computer Illustrated Graphics, Web Authoring and Work Experience, plus Adobe Associate Certificate in Web Communication Using Adobe Dreamweaver.

### Medical Administration Traineeship (TRS08) - Tralee.

This course is specifically designed for those wishing to pursue careers as medical secretaries, administrators and receptionists. It covers all the main administration tasks carried out in medical practices, hospitals, clinics and medical companies. Start Date: 12th September 2016. Duration: 40 weeks. Certification: QQI Level 5 Major Award in Office Administration.

# Accounting Technicians Ireland 1st Year (ET214) & 2nd Year (ET21R) - Tralee.

These courses comprise year one and two of the two year Diploma for Accounting Technicians. They cover the modules specified in the Accounting Technicians Ireland syllabus. Start Date: 12<sup>th</sup> September 2016. Duration: 38 weeks. Certification: The Diploma for Accounting Technicians is awarded on successful completion of all first and second year modules plus two years relevant work experience.

### MySQL and PHP for Dynamic Websites (ETR81) - Tralee.

This course is for people who are able to build and maintain static websites using HTML and CSS? It offers participants the opportunity to develop their MySQL and PHP knowledge and skills to create dynamic websites incorporating efficient and secure content retrieval from databases. Start Dates: 10th October 2016. Duration: 24 weeks. Certification: Oracle Certified Professional MySQL 5.6 Developer Certificate and W3C Schools certified PHP Developer Certificate.

## Food Preparation and Cooking (ET20D) - Dingle.

This course is for people who wish to pursue careers in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. Start Date: 17th October 2016. Duration: 20 weeks. Certification: City and Guilds Level 2 Diploma in Food Preparation and Cooking.

### MTA Software & Networking Fundamentals (ET1Z4) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal starter course for people considering a career in information and communication technology. Start Date: 24th October 2016. Duration: 12 weeks. Certification: Microsoft Technology Associate Certification.

## Digital Marketing with E-Commerce (ET08342) - Tralee.

This course is for people who wish to enter the digital marketing sector or incorporate digital marketing into their existing range of business skills so as to enhance their career and job prospects. Start Date: 21<sup>st</sup> November 2016. Duration: 35 weeks. Certification: City & Guilds Level 3 Diploma in Digital Marketing 7513-30.

Visit Our New Walk-In Information Service Every Tuesday and Wednesday
At Kerry ETB Head Office, Centre Point Building, John Joe Sheehy Road, Tralee
(Opposite Tralee Rus and Train Stations)

(Opposite Tralee Bus and Train Stations).

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676, www.kerryetbtrainingcentre.ie , E-mail: training@kerryetbtrainingcentre.ie









# **KILLARNEY FACES AT THE JULY RACES**



Marie Moynihan, Minish (left) home from Dubai on holiday to spend Ladies Day with Aine O'Donoghue.
Picture Marie Carroll-O'Sullivan 087 391 4808



Enjoying the Killarney Races on Ladies Day were L-R Kate O'Leary, Fionnuala Dwyer & Áine O'Donoghue. Picture Marie Carroll-O'Sullivan 087 391 4808



MARY KELLIHER (LEFT) & EILEEN KENNEDY (RIGHT), PICTURED AT KILLARNEY RACE COURSE ON LADIES DAY 2016.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



A GLAMEROUS DAY OUT FOR ALL FIVE MORIARTY SISTERS FROM KILCUMMIN AT THE KILLARNEY RACES ON LADIES DAY L-R CLAIRE, AILEEN, NORMA, DENISE & MARY TERESA.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



A few drops of rain but not dampening the spirits of race goers Siobhan O'Donoghue (left) & Maura Sheahan (right) on Ladies Day at the Killarney Races. Picture Marie Carroll-O'Sullivan 087 391 4808



JENNIFER BUCKLEY, LEFT AND SINEAD CREED AT KILLARNEY JULY RACING FESTIVAL 2016, MONDAY EVENING EVENT. PHOTO: VALERIE O'SULLIVAN.



Tara and Mia McCarthy McCarthy from Killarney. Enjoying the races.
Picture Domnick Walsh.



Muireann Keane and Connie O'Riordan from Killarney Pictured enjoying the races. Picture: Domnick Walsh Eye Focus



On bended knee...Alan Butler proposes to his girlfriend, Fiona Brazil, Carrig-on-Suir, at Killarney Evening Race Meeting. The Butler family have been attending the Killarney Races for 60 years and it seemed appropriate that Alan popped the all important question at the Killarney Races.Fiona said Yes to Alan. Photo: Valerie O'Sullivan.



MINISTER FOR AGRICULTURE, MICHAEL CREED, TD, 2ND RIGHT, VISITING KILLARNEY JULY RACING FESTIVAL 2016, MONDAY EVENING EVENT, ALSO INCLUDED ARE, JOHN BUCKLEY, CHAIRMAN, BOARD OF DIRECTORS, MICHEAL LUCEY, RACE COURSE MANAGER, BILLY O'SULLIVAN, BOARD OF DIRECTORS AND CON O'MAHONY, BOARD OF DIRECTORS. PHOTO: VALERIE O'SULLIVAN.

# **GARDENING OUTLOOK**





A BEAUTIFUL GARDEN IN THE SUMMER SUN.



# FOCUS ON SUMMER GARDENING



with John O'Sullivan

## **FOCUS ON HERBS**

Most herbs are very easy to grow. They can be grown in the garden in vegetable beds or raised beds or in containers like a window box on a window sill.

There are a lot of different types of herbs but the most commonly grown herbs for culinary use are basil and dill which are annuals and have to be sown every year. Parsley and chervil, which are biennials and last for two years while herbs like fennel, mint, tarragon are perennials.

If you want to grow mint make sure you plant it in a container and not in the ground as it is a very invasive herb.

Even if you are not using your herbs for culinary use, it is important to pick them regularly otherwise they tend to go to seed very quickly.

## **PLANTING BULBS**

Bulbs are great for adding colour to borders and tulips, for example come in a wide range of colours and sizes.

The best time to plant bulbs such as daffodils, crocus and hyacinths is around the end of September.

Tulips can be planted in November and hardy summer flowering bulbs such as Crocosmia and lilies in September and October while tender Summer flowering bulbs such as Gladioli should be planted in early Spring.

A lot of the hardy bulbs such as tulips and daffodils prefer a warm sunny situation with good drainage as they come from areas with dry sunny climates.

When you purchase your bulbs, plant them as soon as possible.

Next week I will focus on planting bulbs in the garden and containers.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY FOR MORE INFORMATION CALL: 087-2787160



TRACY COYNE INTERNATIONAL HOTEL KILLARNEY SPONSORS PRESENTING FIRST PRIZE IN THE ST PAT'S HURLING CLUB GOLF CLASSIC TO WINNERS JOE Lyne and Conor McNeice with (left) Pat O'Brien Chairman, Dermot O'Connor 2nd and Pat Delaney Vice President St Pat's Hurling CLUB AT ROSS GOLF CLUB, KILLARNEY ON SATURDAY.

## KILLORGLIN GOLF CLUB

LADIES RESULTS: 18 HOLE STROKE SPONSORED BY BILLY DODD. 1. Kathleen Houlihan (27) 71 nett. 2. Ann Walker (29) 73 nett. 3. Coral Kiely (32) 73 nett.

FIXTURE: 18 Hole Singles Stableford sponsored by O'Sullivan's Bakery can be played Saturday 16th, Sunday 17th or Tuesday 19th. Arrange own time and partners.

SILVER SWANS 12 HOLE STABLEFORD 5/07/2016. 1. Mary Murphy Garvey (35) 30 -2 =28pts. 2. Eileen Bell (25) 26 pts. 3. Agnes O'Connor (36) 25 pts.

Lady Captain Anne Kenny Foley's Prize Day sponsored by Wood Coatings Ireland, is on Saturday 30th July. Entry Sheet on Notice Board. Draw for partners.

## KILLARNEY GOLF CLUB

**LADIES:** 

**RESULTS OF COMPETITION SUNDAY JULY,** 10TH SINGLES S/FORD KILLEEN, REGATTA **COMP/CLUB SPONSORED:** 

1st & BG Fiona Leacy (9) 36 pts. 2nd Corrina Griffin (22) 34 pts (bk9). 3rd Margaret Campion (8) 34 pts. CSS 36 S/ford pts.

MIXED COMPETITION/ **RESULTS** OF SCOTCH FOURSOMES, THURSDAY JULY 7TH SPONSORED BY WALSH BROTHERS, TRALEE & CASTLEISLAND, MAHONYS POINT.

1st Sean Goulding (13), Lora Beth Malloy (28) 45 pts.

2nd Aidan O'Connor (10), Mary Cronin (18)

BG James Arthur (10), Amy Arthur (7) 32 pts. 3rd Brian O'Regan (7), Susan Tong (16) 42 pts. (BK9)

**Guest Prize** 

Joe Hartnett (10), Maria O'Connor (14) 43 pts. Next Sundays Competition is Lady Captain Mary O'Rourke's prize to the Ladies, singles/ stroke on Mahonys.

Killarney Junior Foursome Team, Managed by Breeda Duggan, beat Ballybunion on Sunday

morning July 10th at Macroom Golf Club and they beat Mahon Golf Club in the evening they now go on to play Blarney in the Munster Ouarter finals.

The Senior Foursome Team, Managed by Mary Geaney, beat Dooks in Macroom on Sunday July 10th will now Play Tralee in the Munster quarter final at a later date.

Our open day will take place on Wednesday July 20th, tee times still available, phone in No. 087 8004960.

## ROSS GOLF CLUB

LADIES: RESULTS SUNDAY 10TH JULY. KINDLY SPONSORED BY O'SULLIVAN'S CYCLES. Stroke Play 1st Lady Captain Lisa Kerfoot (13) Net 80.

**UPCOMING EVENTS:** 17th July 18 Hole Single Stable Club Sponsored.

## BEAUFORT GOLF CLUB

Our club BBQ was a great success despite the inclement weather, thanks to Helen and all her staff for putting on a great spread.

Well done to our Kingdom Challenge Shield Intermediate team who beat Dooks with an overall score of 5up. Were into the semi-finals now to play either Waterville or Killorglin. Thanks Dooks for a very sporting match.

Sadly our Billy O'Sullivan were beaten away at Ring of Kerry last Saturday.

RESULTS: 6TH JULY: OPEN SCRAMBLE -1st Teresa Clifford, Ted Ahern & Michael John O'Connor 25 4/7.

7TH JULY: OPEN SENIORS - 1st Barry Woulfe, 2nd Ted Ahern.

8TH JULY: OPEN FRIDAY - Damien Keane, Castlerosse (20) 41pts.

10TH JULY: 18 HOLE 3-CLUB, YELLOWS, SPONSORED BY OUR CLUB PRO MARK **HEINEMANN.** 1st Gearoid Keating 35pts,

2nd Gerry Collins 34pts, 3rd Johnny Doolan 32pts.

### **FIXTURES:**

15th July: Open Friday, singles stableford, entry is €25 with a great prize for the best ladies or gents card.

16th/17th July: Bill McDonnell Trophy, strokeplay, white tees, sponsored by Randles Court Hotel.

## KILLORGLIN GOLF CLUB

MENS CAPTAIN'S DAY AT KILLORGLIN **GOLF CLUB ON SUNDAY 10/07/2016** 

1st: Dan Phelan 67 nett. 2nd: Vincent O'Sullivan 69 nett. 3rd: Jason Foley 70 nett. Senior: Moss Joy 73 nett.

Junior: Colin O'Sullivan 75 nett. Gross: John McCarthy.

# DEERPARK PITCH & PUTT

SENIORS OUTING: Last Wednesday's outing to Castleisland attracted a large attendance from Newmarket, Gleneagle, Deepark and Castleisland and results are as follows - Nett Pat Mitchell, Denny Porter (Castleisland) and Sheila O'Donoghue (Deerpark).

Gross - John McCarthy (Castleisland), Betty O'Brien (Deerpark) and Sean Ashe (Gleneagle). Next Outing to Deerpark on Wednesday August 3rd 10.I5am.

WEDNESDAY EVENING FOURBALL JULY 6TH: Nett Jason O'Connor, Gearoid Cronin and Kerry Moloney. Gross John Murphy Jason O'Sullivan and Johnny O'Brien.

**MUNSTER U-16 SCRATCH CUP: The Munster** U-I6 Scratch cup attracted a fine attendance to Deerpark on Friday and Saturday and overall a most enjoyable weekend for the participants. Cillian Courtney edged out Lorcan Martin in a semi-final was successful in the cliff hanger but lost out to Glen Towter in the final. Cian O'Mahoney and Robbie Harnett reached the quarter finals.

TRALEE SCRATCH CUP: St John Kelliher was successful in the last 18 in the Tralee Scratch Cup on Sunday.

### **RICKY KELLY ON WEEKEND OF JULY 15TH:**

The annual Rick Kelly competition sponsored by the Tatler Jack will be played over this weekend of Friday 15th, 4pm Saturday 16th and Sunday 17th July with the final rounds on Monday 18th 2pm. Entry fee is €100 per team of three to include one non PPUI member. Barbeque and presentation of prizes 6-30pm on Monday evening. Handicap regulations see those with only one handicap get three quarters of an allowance up to 12 for gents and 18 for ladies. Further details available from 087-

**CAPTAINS PRIZE ON AUGUST 6TH: Captain** John McGrath has arranged for his prize day on Saturday August 6th which will be a 36 hole Stableford competition with an entry fee of €10.

## CASTLEROSSE GOLF CLUB

RESULTS: COMPETITION PLAYED **SUNDAY 10TH JULY 18 HOLE STROKEPLAY** 

1st Stephen Dennehy (18) 64 net, Runner-up, Daniel Shine (07) 70 net, 3rd place, Ivan Tangney (19) 71 net.

## **KILLARNEY** GOLF

**RESULT OF MIXED SCRAMBLE PLAYED ON** TUESDAY 5TH JULY, best net return Mick Clifford and Gintaras Bendaravicius.

FIXTURES: Weekend competition, 18 Hole Stableford.

Mixed Scramble continue each Tuesday evening draw at 6.15pm, meet at clubhouse. Competition open to all golfers, ladies & gents. LADIES OPEN CHARITY DAY: (Cork-Kerry Health link Bus) Thursday 21st July, 18 Hole 3 Ball Better Ball. Entry €15 per player. Time sheet at Castlerosse Leisure Centre or ring 087 9689136 to book a time. All monies to Charity your support greatly appreciated.

### **KILLARNEY GOLF** AND FISHING CLUB

MEN'S CLUB REPORT AND RESULTS: Club Captain Liam Hartnett is facing a hectic week commencing on Monday the 11th of July, and he is hoping that by the end of the week, and that with competition results going the way of Killarney for our Men's Club teams, that our treasurer Harry O'Neill's headache in relation to finding the funds to meet the ongoing expenses for those teams remaining in their respective events will be worsening. Liam says that, what a wonderful dilemma that Harry will be facing up to, but that Liam himself will be facing double dilemma's on Thursday and Sunday next, with two events clashing on both days, and as Liam is not capable of bi-location then he will, very regrettably, have to miss out on one on those events on both of those days. Thursday the 14th will see two of our teams in action, with the "J.B. Carr Diamond Trophy" team in action against Raffeen Creek Golf Club in the away leg of their tie with that Club, the team under the management of Nick O'Brien, Connie Brosnan and Dermot Doyle will be carrying a handsome margin in to that event with a lead of 4 matches to 1 match, from the tie played in Killarney on the 8th of July.

Match results were as follows, Match 1, Dermot Roche and Enda Curtayne won 2/1, Match 2,

John Hickey and Padraig griffin won 5/4, Match 3, John Wall and Con Healy won 3/2, Match 4, Derry O'Connor and Brian Fitzgerald lost on the 19th and Match 5, Sheamie O'Connor and Donie McSweeney won 4/3. The team are fully aware that they will be facing a severe backlash from Raffeen Creek, and one of whose mentors was very quick to respond after the Killarney tie results were known with the quip, "don't forget lads that it is only half time".

The "Junior Cup" team will be playing in Dooks on the same day, the team under the tutelage of Liam Healy, assisted by Brian Fitzgerald will be facing Tralee in the west Munster final on that day, the team are in training for the tie, and the team managers will have a tough task in selecting the team from the excellent panel of players that are available. The tee off time in Dooks will be 3.30pm and Captain Liam is encouraging as many members as possible to go there to support the team, in this West Munster final clash against our "old enemy",

Sunday the 17th of July will see our "Jimmy Bruen" team playing in Douglas Golf Club, where they will be facing Muskerry in the Munster semi-final, the team under the management of Sean Duggan, Johnny O'Connor and Tomas Barry are undergoing a stiff training regime which has included a number of trips to Douglas in order to familiarise themselves with that course, again it is hoped that a good number of members will travel to Douglas to support our team. Sunday the 17th will also see the playing of the Lady's Captain's various prize competitions, and Lady Captain Mary O'Rourke is aware that a sizeable contingent of those who would normally be playing in the Lady Captain's prize to the Men's Club, will be unavoidably absent in Douglas on that day.

Saturday the 9th of July saw the Club Senior panel lose in the first round of the "Barton Shield", in the tie against Tralee was played at Dooks, in atrocious weather conditions, so much so, that the Dooks Club General Manager, Maurice O'Meara gave serious consideration to closing the course earlier on in the day. The scoring from both of the Killarney pairings was good, especially on the front nine, but they were outplayed in Match 1 over the back nine holes, the results were, Match 1, Donal Considine and Ronan Kelliher were 5 down after 17 holes and although Match 2, Simon Gallivan and Eric Dunlea were 1 up after 16 holes, as the result was then a "fait accompli" the overall match was conceded.

Sunday the 10th of July saw the exit of our team in the "Dr. Billy O'Sullivan Shield" in this competition Killarney are the existing holders, the team were up against Kenmare, in Kenmare, and the results were as follows, Paddy Casey and Tony Walsh lost 2/1, Ned Brosnan and John Twomey lost 1 down, John Wall and Teddy O'Sullivan, match called in, Bernard Collins and Joe Walsh lost 7/6 and Mikey Daly and Seamus Doheny match called in.

The Club's Junior youths team were in action against Dooks in Killarney, and Killarney will take a lead of 3 and a half matches to 1 and a half matches to Dooks for the away tie which was scheduled to be played on Tuesday, the 12th of July, the Killarney results were as follows, Ryan Kelliher won 1 up, Conor Clancy won 3/2, Darren Mulcahy won 3/2, Niall McCarthy lost 2/1 and Luke Walsh halved his match, the team managers Ned Brosnan and John Curtin are hopeful that this team, which comprises of the "cream of the crop" of our youths, can progress in this competition.

Sunday the 10th July, The Malone Hegarty Solicitors sponsored club stableford singles competition played on Mahony's Point course, results were as follows,

1st Rory O'Sullivan (15) 40 points, 2nd Danny O'Sullivan (19) 39 points, 3rd Marcus Treacy Jnr. (16) 39 points, 4th Liam O'Leary (17) 37 points 5th John O'Connor (10) 36 points, Category 1, Finbarr O'Mahony (5) 35 points, category 2, Eoin O'Donoghue (10) 36 points, category 3, Sean Casey (12) 35 points, category 4, Michael Neeson (19) 31 points, standard scratch on the day was 35 points.



HELEN HOWARD (FOURTH FROM LEFT) PRESENTING THE CROSS REFRIGERATION LADIES COMPETITION FIRST PRIZE TO WINNER MARGUERITE MULCAHY WITH (FROM LEFT) MARGARET O'DONOGHUE 3RD, EIMEAR O'DONNELL 2ND AND MARY O'ROURKE LADY CAPTAIN AT KILLARNEY GOLF CLUB.



MICHAEL HOWARD (THIRD FROM LEFT) PRESENTING THE CROSS REFRIGERATION MENS COMPETITION FIRST PRIZE TO WINNER CON HEALY WITH ARTHUR HANLEY CLUB PRESIDENT, LIAM HARTNETT CAPTAIN (BACK FROM LEFT) PRIZEWINNERS MICHEAL O'NEILL JUNIOR 3RD, LIAM HEALY 4TH, JAMES CURRAN 5TH, PAUL MURPHY CAT 1, JOHN WALL CAT 3 AND DERMOT ROCHE CAT 2 AT KILLARNEY GOLF CLUB.



## F ESTEEM IN CHILDREN



Last week we looked at the many ways we can raise our self-esteem and begin to feel better about ourselves. We also identified how these patterns of low self-esteem can start very early in life – and thus it makes sense that we think

about developing and promoting self-esteem in childhood. Parents and caregivers can do this by encouraging their children and making sure they feel loved, secure and competent.

Children who are scared to try new things and speak negatively about themselves may have low self-esteem. They tend to give up easily or wait for someone else to do the task for them. They can also be overly critical and easily disappointed in themselves. They tend to view temporary problems as permanent and can be pessimistic. In contrast, children with healthy self-esteem are comfortable in social settings and enjoy interacting with others. They enjoy working independently as well as interacting in groups. They work towards finding a solution when faced with a challenge and don't put themselves down. They are generally more optimistic and know their strengths and weaknesses.

To help build your child's confidence, encourage your child to take healthy risks. Allow them to take (age-appropriate) chances, make choices and take responsibility for them. When children make their own age-appropriate choices this empowers themand gives them a sense of control over their bodies.

Children also need opportunities to demonstrate their competence and feel that they make a valuable contribution. This can mean asking them to help out at home – by setting the table or dusting. Encouraging them to take on tasks that they show particular interest in is a great way to boost their confidence. Teach your child to set goals and take pride in their accomplishments. It is important to ensure that their goals are within reach and at an appropriate level for their ability. However, if your child tries and doesn't succeed, this is a fantastic opportunity for you as parent to help build their self-esteem. Let them know that no matter what the result, your love is unconditional. Encourage them to try and try again.

Overly praising a child is not the way to develop their selfesteem and confidence. Confidence comes from them trying, failing and trying again. If we tell them they are doing a 'terrific job' whatever they do, this confuses children and they learn not to trust their own instincts. However when praise is appropriate, specific and earned it is a valuable self-esteem builder.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie.

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com

To make an appointment call 064 6636416/064 66364100 SouthWest Counselling Centre is a not-for-profit organization.

All funds raised through fundraising go directly to service provision

Please join us on Saturday July 16th for the The Bearded Man's Battle for Suicide Prevention fundraising event in aid of our Kerry Lifeline Services at 8pm, Jack Duggans Bar, Castlemaine.

## ON THE BOX **KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN**

**SELF-CONFESSED SOAP ADDICT. JOE BURKETT TAKES A LOOK AT WHAT'S** IN STORE IN THE SOAPS THIS WEEK



It's a big week for both Coronation Street and Eastenders as death rocks our favourite soaps.

### **CORONATION STREET: KYLIE'S DEATH AFTERMATH**

Mon: David's grief erupts as he looks for someone to blame. Leanne shares her baby secret.

Wed: David breaks down as he grieves his loss. Simon believes that Leanne that sick. Thurs: Leanne is forced to tell Simon that she is pregnant. Sarah's heart breaks for her family.

Fri: Leanne confides in the father of her baby but who is he?

### **EASTENDERS: SECRET DEATH**

Mon: Tragedy strikes the square as someone dies, but who? Tues: The fallout from the shock death continues as the Mitchells receive some devastating news.

Thurs: One grief stricken family face their loss but is it the Mitchells or the Cokers? Fri: The death drama continues as the aftermath begins.

### **ELSEWHERE IN SOAPLAND,**

In Emmerdale, David proposes to Tracy. Belle fakes a miscarriage. And Moria fights for Holly.

Over in Summer Bay, Home and Away favourite Maddy bids farewell. Skye disappears with Tank. Will Josh come clean to Evie about killing Charlotte? Meanwhile, in Fair City, Dolores gets some good news. And Carol and Dan encourage Nora to talk to Robbie but he is furious to learn that Nora ignored his letter when he was trying to find her.

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Deadline: Monday 3pm Email: editorial@outlookmags.com



THE KERRY LADIES SENIOR TEAM WHO WERE DEFEATED BY CORK IN THE MUNSTER LADIES FOOTBALL FINAL IN KILLARNEY ON SUNDAY.

PHOTO: DON MACMONAGIE - MACMONAGIE COM

# ERROR RIDDEN KERRY RELINQUISH MUNSTER TITLE

Cork 2-8 Kerry 0-7 At Killarney Legion GAA

### **BY DONAL BARRY**

If the omens were anything to go by then home advantage for Kerry would have been seen as a disadvantage as the last four Munster titles went with the visitors and it was to happen again last Sunday evening in the packed grounds of Killarney Legion. However, it had a lot more to do with the performance than anything to do with the venue as the Killarney club came in for national praise for the running on the event. Kerry arrived to the final having bettered the Rebels in Round 2 but it was the Cork side that learnt a lot more but it took them some time to open a lead on Kerry, who for the opening

25 minutes remained competitive with Bernie Breen, Caroline Kelly and Aislinn Desmond prominent with the Kerry defence performing well. Ironic so that it was a defensive lapse that let Cork in for their first goal as O'Connell's pass to Leonard was to be intercepted by Orla Finn who finished to the net. It gave Cork a 1-5 to 0-4 lead but the Kerry response before half time was impeded only by themselves with four late wides. Events could well have turned in Kerry's favour when Dioreann O'Sullivans late challenge on Aislinn Desmond but it went unpunished when a yellow card would have seem light punishment.

Kerry's chances of putting back-to-back Munster titles together for the first time in 26 years were dealt a severe blow in the second half as the conceded a 42nd minute penalty that Rena Buckley converted as the Kerry forward line came to a standstill as the Alan O' Neills were guilty of playing 29 minutes without a score.

In the course of the game, Kerry would replace four of their starting forwards but as many teams have discovered Cork prove to break difficult to break once ahead and smothered Kerry out of the game. Kerry will now progress through the backdoor via the qualifiers and, depending on how results pan out, they could meet Cork in the latter stages of the championship possibly at Semi-Final stages. They will play the winners of Armagh/Waterford with Monaghan waiting for them should the win. A win over Monaghan could see them meet Cork again but Alan O'Neill won't be looking that far ahead

KERRY: E Murphy; A O'Connell, A Desmond, A Leonard; C Murphy, C Kelly, E Lynch; B Breen 0-1, L Scanlon 0-2; C Buckley, A Brosnan, J Lynch; S Houlihan 0-2, L Ni Mhuirceartaigh 0-1F, L Rogers. Subs: E Sherwood 0-1 for A Brosnan and A Galvin for C Buckley (HT), M O'Connell for L Ni Mhuirceartaigh (46), K O'Sullivan for A Leonard (48) and A Murphy for J Lynch (52).

CORK: M O'Brien; R Phelan, B Stack, M Ambrose; V Foley, D O'Reilly, R Phelan; R Buckley, B Corkery; O Farmer, H Looney, A Walsh; C O'Sullivan, D O'Sullivan, O Finn 1-6 (0-6F). Subs: L Coppinger for H Looney (27), A Hutchings for O Farmer (50, J O'Shea for D O'Sullivan (53), A T O'Sullivan for R Buckley and A Hayes for S Kelly (56)

Referee: K Delahunty (Tipperary)



Dr. Crokes Amanda Brosnan attempting to block Cork's Riona Buckley.



BERNIE BREEN IN ACTION FOR KERRY.

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## **GNEEVEGUILLA GAA**

**GNEEVEGUILLA GAA LOTTO:** Numbers 12, 18, 19, 23. No jackpot winner next weeks jackpot €12,200.

€40 Shauna Dobbins Gneeveguilla.

€40 Noreen Foley C/o C Collins.

€40 Mgt O'Connor Gneeveguilla.

€30 Dan Nagle C/o Bill.

€30 Timmy McGillicuddy Bounard.

€20 Mike Finnigan Yearly Ticket.

Well done to everyone who helped with the running of the Dylan Crowley tournament on Saturday it was a huge success.

**GNEEVEGUILLA GAA CARNIVAL:** Will be on the first weekend in September.

Due to unauthorised access being gained into the hall. The following must be applied going forward: Key will be issued to each club/group. This key is each groups responsibility and must not be passed on. Persons 16 years and under must be supervised by an adult.

On exiting hall: 2 doors must be locked. First door is door to toilets, lock by using shooting bolts. Main door now locked by new key. Keypad no longer active. Many thanks for your continued support Gneevequilla GAA.

**FUNDRAISER:** Gneeveguillia Gaa are launching a first of a kind fundraising event next Tuesday at 7.30 in Gneeveguilla Gaa grounds. We will be raffling of a cow box trailer valued at over €3000. We are doing serious upgrades to our field our car park and fencing all around the field. Tickets for the trailer are priced at €5 for 1 and €20 for a book of 5.

**SENIORS:** Gneeveguilla seniors away to keel on Sunday at 2pm please support

## **FIRIES COISTE NA NOG**

**DYLAN CROWLEY TOURNAMENT:** Firies U11 division 3 boys recently participated admirably in the Dylan Crowley Tournament in Gneeveguilla. This is second year in a row winning this tournament. Our boys drew against Legion, lost to Glenflesk and won against Rathmore in the group. Our boys met Dromtarriffe in the final, eventually winning it out. Many thanks to all the club coaches and officers who assisted the boys and to the host club for their hospitality.

SATURDAY MORNING TRAINING ACADEMY – U6, U8 & U10: Firies Saturday morning training academy (U6, U8 & U10) is scheduled to continue this Saturday, 16th July at 10:30am in Pairc Eamonn, pending weather condition, hopefully the sun might make a welcome return.

**KELLOGGS CUL CAMPS:** Kelloggs Cul Camps will be making a welcome return to Pairc Eamonn on the week beginning Monday, 18th until Friday, 22nd July. An action packed week of great fun, friendship and GAA. Registration is available online at https://www.kelloggsculcamps.gaa.ie/booking/

## **EAST KERRY NOTES**

With Áine Ní Shúilleabháin PRO

KERRY PHYSIOTHERAPY & REHABILITATION CENTRE EAST KERRY JUNIOR LEAGUE

**REPLAY - DIVISION 2 FINAL** 

SPA 2-16 KILCUMMIN 2-15 (AET): After a cracking game of football against Kilcummin that went to extra time, in Farranfore last Saturday night, Spa won the East Kerry Junior League Divison 2 Final, sponsored by Kerry Physiotherapy and Rehabilitation Centre. Spa took the lead scoring four points without reply in the opening ten minutes. Kilcummin notched up two points from play but Spa responded with a goal when Eoghan Cronin reacted best to a rebound off the upright. At the end of the first quarter Spa increased their lead with a pointed free – 1-5 to 0-2. The second quarter saw Kilcummin begin to dominate and reduced the gap to 2 points, with four unanswered points - 1-5 to 0-6, twenty two minutes into the game. However, Spa notched up two points before the break, leaving the half time score Spa 1-7 Kilcummin 0-6.

Kilcummin dominated the early part of the second half. Oscar O'Connor scored a goal in the opening minute, got of to a dream, in a move that started with a great Shane Smyth interception, in defence. Kilcummin levelled the game seven minutes into the half, with a point by Richie O'Connor – 1-7 a piece. Kilcummin dominated, notched up two points and hit the upright a number of times, to lead 1-9 to 1-7 with fifteen minutes remaining on the clock. It was nip and tuck in the last quarter. A scatter of points saw Spa draw level, on 1-10 each, with seven minutes of normal time on the clock. Kilcummin won the kick out and a Ger Sheahan shot at goal came off the cross bar. Daniel Kelly was quickest to react and netted the ball 2-10 to 1-10 in favour of Kilcummin. The Spa response was immediate. In a swift clearance from defence, Shane Fenton lopped the ball to Padraig Courtney who surged forward, ahead of all, and made no mistake sending the ball to the back of the net. The sides were level again, 2-10 a piece, with less than two minutes of normal time to play. In a nail biting finish, Richie O'Connor put Kilcummin ahead with a pointed free. Dion Marcos replied with a point from play. A Spa free was not converted and the full time whistle sounded with the sides level 1-11

Kilcummin scored two points in as many minutes in the first half of extra time, Richie O'Connor and Donal Kelly on target. Spa replied with a Jamie Spillane pointed free and a great point from distance by Conor Gleeson. Ger Sheahan, Kilcummin and Spa's Paul Cahill, exchanged points before Kilcummin captain Mikey O'Shea scored a cracking point from play to lead at the break 2-15 to 2-14.

On the restart Jamie Spillane equalised within a minute and a further replay seemed possible until the on form Jamie Spillane pointed a free to give Spa the lead. With neither side scoring again the game ended in a Spa victory by the minimum margin. Final score: Spa 2-16 Kilcummi 2-15. Tim Ryan, Chairman East Kerry Committee, presented the Tim Lenihan Memorial Cup to Spa captain Paul Russell. Tim complimented both teams on a great game and congratulated Spa on winning. He thanked Firies for the use of their facilities and the referee on a job well done.

Referee: Denis Mc Carthy (Scartaglen)

**SPA TEAM:** Conor Riordan, Eoin Fitzgerald, Conor Kearney, Paul Russell (Capt.), Conor Cronin, Eric O'Donoghue, Eoghan Cronin (1-1), Corey Doyle (0-1), Shane Fenton, Mikey Moynihan (0-1), Jamie Spillane (1-8; 6f), Conor Gleeson (0-1), Aydan Mulvaney, Padraig Courtney (1-2), Dion Marcos (0-1). Subs: Brendan Lynch, David Devane, Paul Cahill (0-1). Management: Liam Courtney, James Fitzgerald, Ger Cronin.

**KILCUMMIN TEAM:** Tommy Brosnan, Eoin Lane, Dan Moynihan, Jake Moynihan, Gavin O' Leary (0-1), Eric O'Connor, Dean Cronin, John Devane, Shane Smyth (0-2), Mikey Shea (Capt) (0-2;1f), Oscar O'Connor (1-0), Chris Keane, Ger Sheehan (0-3;1f), Richie O'Connor (0-6;3f), Michael O'Neill. Subs: Daniel Kelly (1-1), Chris Keane. Managment: Sean O'Doherty and Tommy Cooper

**FR GALVIN CUP:** The first semi final in the Fr Galvin Cup East Kerry Intermediate Championship, sponsored by the Aquila Club, Gleneagle Hotel, Fossa V Scartaglen, has been fxed for Tuesday. A man of the match award will be presented immediately after the game.

O'SULLIVAN CUP, JUNIOR CHAMPIONSHIP: The two remaining quarter finals in the O'Sullivan Cup, East Kerry Junior Championship, sponsored by Killarney Carpet and Furniture Centre, have been fixed. Spa host Gneeeguilla on Tuesday and the winner is at home against Dr Crokes in the semi final. Glenflesk are at home to Firies next Tuesday, the 19th July in the remaining quarter final and the winner is away against Listry in the semi final. There will be extra time if necessary in all O'Sullivan Cup games. The semi finals will be fixed for the first available date.

BILL TANGNEY CUP: The Bill Tangney Cup competition gets under way next Tuesday, 19th July, with two quarter finals. Cordal are at home to Currow and Fossa host Scartaglen. Both games are at 7pm and there will be extra time if necessary. The outcome of the Spa V Gneeveguilla game will determine whether or not Gneeveguilla will compete in the Bill Tangney Cup or go forward to the semi final of the O' Sullivan Cup.

COUNTY MINOR FOOTBALL
CHAMPIONSHIP: Congratulations to
East Kerry and Dr Crokes Minor teams and
management on winning their County Minor
Championship Round 1 games. Many thanks
to Rathmores Tony Moynihan, Derry Mc
Carthy and Denis Mc Crohan for all their help



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with presentation in hosting the East Kerry Championship game in Rathmore. The very best of luck in rounds 2 an 3 to all teams from East Kerry /teams with players from East Kerry clubs.

**EAST REGION UNDER 14 LEAGUE:** The MD O'Shea East Region Under 14 league is nearing the finals stages. All league games in rounds 1 to 5 will have been played in Sections A and B and this week, while rounds 6 and 7 remain to be played in Section C.

COUNTY SENIOR FOOTBALL
CHAMPIONSHIP: Congratulations
to Rathmore on winning their game
in the County Senior Championship.
Commiserations to Killarney Legion.

KELLOGS CÚL CAMPS: The Kellogs Cúl camps continue in the coming weeks, starting on Monday mornings at 10am. Parents can enrol boys and girls on Monday morning. Gum shields must be worn. Contact east Kerry/Kenmare GDA Vince Cooper for further information.

**FIXTURES:** Tuesday 19th July 2016 at 7pm. Killarney Carpet & Furniture Centre O'Sullivan Cup East Kerry Junior Championship Quarter Final. Glenflesk V Firies in Glenflesk Extra time if necessary.

**BILL TANGNEY CUP EAST KERRY COMPETITION:** First named team has home venue. Quarter Finals. Cordal V Currow.

Fossa V Scartaglen. Extra time if necessary.

MD O'SHEA EAST REGION U14 LEAGUE

Monday 17th July 2016 at 7pm
First named team has home venue.
Round 6 – Group C. Beaufort B V Spa.
Glenflesk V Firies B.
Kilgarvan/Tuosist V Cordal/Scartaglen
Dr Crokes B - Bye

## **SPA CLUB NOTES**

## EAST KERRY JUNIOR LEAGUE DIV 2 FINAL REPLAY IN FIRIES

SPA 2-16 KILCUMMIN 2-15: Great game of evenly matched teams with a mixture of youth and experience. It took over 160 minutes to separate the teams. Padraig Courtney opened the scoring sheet with a point followed by two more unanswered by Corey Doyle and Jamie Spillane. Richie O'Connor registered Kilcummin's first, with Shane Smyth soon behind. Spa lead the first half throughout with Padraig Courtney and Jamie Spillane getting their 2nd point each. Young Eoghan Cronin found the back of the net for Spa in the 15th minute to stretch the lead. The score going into the second half was Spa 1-7, Kilcummin 0-6 with the help of Jamie's third point and Mikey Moynihan's first.

Kilcummin restarted the second half with a scoring onslaught of 1-3 before Jamie Spillane scored a magnificent point in the 18th minute. Padraig Courtney rattled the net with a goal with Dion Marcos first brought the sides level to force a replay 2-11. Extra time was nail biting stuff and possession was vital down to the last



M

second. Experience of veteran, Conor Gleeson and skill of Paul Cahill brought us nearer to victory. The defending of Eric O'Donoghue, Conor Cronin and Conor Kearney with a great save from goal keeper from Conor Riordan inched us nearer to glory. However, the calmness and accuracy of Jamie Spillane tipped the balance in our favour on the night with his free taking. Jamie's point taking from frees was a huge asset throughout the game. Paul Russell, the Spa winning captain, was elated when he received the winning cup from Chairman Tim Ryan, Chairman of East Kerry Board.

### **COISTE NA NOG: TRAINING TIMES**

U6/8 Boys Saturday 11.30am. U10 Boys Saturday 11.30am. U12 Boys Saturday 11.30am. U14 Boys-no training this week U6/8/10 Girls Wednesday 5-6pm. U12/U14 Wednesday 6-7pm.

### **UPCOMING FIXTURES:**

Saturday July 16th: Senior County League Rd 8: Spa v St Mary's in Caherciveen at 7.30pm. Saturday July 16th: Senior Ladies: Junior B Championship at 6pm in Annascaul. U13 Championship

Spa V Dr Crokes July 19th at 7pm in Spa Annascaul/Castlegregory v Spa

**MINOR CHAMPIONSHIP:** East Kerry defeated Shannon Rangers comprehensively last week. They received a bye into the next round. Well done to Captain David Spillane and his team mates.

**SPA REVIEW:** Is available throughout the week at home games or from committee members Donal Hickey, Deirdre O'Sullivan Darcy, Anne Holland and John Kelly.

**CLOTHES COLLECTION:** It's summer time and a chance de-clutter those wardrobes and support the underage structure in Spa. We collect clothes, shoes, bags etc all year round. Bags can be left in Spa during the after 5pm in the lobby under the stairs. Further information contact Anne Holland 085 7780883.

**WEDDING:** Congratulations to Joanne O'Connor and Eoin O'Carroll who got married recently.

**NEW ARRIVAL:** Chairman Gerard Mangan added a new title during the week as a Grandfather. Triona and Sean O'Laoithe welcomed their first baby, Reidín Máire to the Spa family.

## **BEAUFORT GAA NOTES**

**RING OF THE REEKS CYCLE:** Registration has opened for Ring of the Reeks cycle which will be held this year on Saturday, 30th July.

2 routes: 110km Ring of the Reeks and 60km Caragh Lake Loop. You can get all information and register online at www.ringofthereekscycle. com or www.beaufortgaaclub.com or www. killorglincycling.com. You can also register on morning of the Cycle at Beaufort GAA Clubhouse from 8am for Ring of the Reeks and 9.30am for shorter cycle.

**LOTTO:** Results of Sunday, 10th July for jackpot of €5,000. Numbers drawn: 2, 4, 13, 18. No jackpot winner. Consolation Prizes: €80 Rose Mangan, Beaufort, €50 Eddie Lee, c/o Joan, Vincent Prendergast, Ardlahas, Lyno, Killarney.

Next draw for jackpot of €5,200 will be held in Kate Kearney's Cottage on Sunday, 24th July.

**FIXTURES:** U12 boys sponsored by Maurice Foley of MF Decorating are away to Glenbeigh/ Glencar, Friday, 15th at 7pm in Round 2, Mid Kerry League.

Senior Junior men are home to Glenbeigh/ Glencar, Tuesday, 19th in Round 1, Mid Kerry Competition.

Minors sponsored by Harpoon Connect are away to Rathmore, Thursday, 21st in East League

**RESULTS:** U14 boys sponsored by Sean Coffey of Kate Kearneys Cottage welcomed Firies last Monday evening for yet another great display of football by both teams. Despite beating Firies

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on their last encounter in the County League Final, Beaufort were not triumphant on this occasion and Firies went home the victors. Beaufort took an early lead of 1-5 to 4 points. However, 2 goals in guick succession by Firies towards end of second half put Firies into a comfortable lead at half-time. Beaufort 1 -5 to Firies 2 – 6. It was still all to play for, as this was still a surmountable score. Firies were not giving up and contested and held their comfortable lead. Beaufort put up a great performance also in second half but were not able to catch the Firies scoreline. Final score Beaufort 3-10, Firies 5 - 16

**BEST OF LUCK:** To Fiadhna Tangney. Hannah O'Donoghue and Tara Breen who play Mayo in the All-Ireland U16 semi-final in Birr v Mayo on Wednesday next at 7pm.



FIRIES WHO WON THEIR DIVISION IN THE U11 DYLAN CROWLEY TOURNAMENT.

## DR. CROKES **INTERMEDIATE HURLING C'SHIP** QTR-FINAL: DR. CROKES 2-15 LADIES

WALK 1-04. This Intermediate Hurling Championship Quarter Final took place last Tuesday in Lewis Road. We dominated for the majority of this game, pushing clear of Ladies Walk early in the second half. To their credit, Ladies Walk did not concede defeat and continued contesting to the very end. Mike Milner was a constant threat in the full-forward line and won an early free for Mike McCarthy to open scoring. The defence, led by captain Brendan McMahon, resisted the oppositions attack and delivered vital possession to the forwards. A scramble in the square under a high ball led to our opening goal, Seanie Burchill was quickest to react to the breaking ball from the defence and made no mistake. The Ladies Walk target man in full-forward did claim a goal before half-time but some close marshaling by Kevin Landers made sure

this was the only one conceded. A couple of changes at half-time made for a better second half performance by Crokes. A sideline cut from Barry O'Grady found Shane Spellman at the edge of the square who struck the net. Seanie Morris was unlucky to miss a goal chance soon after but secured a point nonetheless. The defence became virtually unbreachable, Anthony Keogh working tirelessly to clear the full-back line with Shane Kavanagh. Ladies Walk were also punished for fouls with Jack Lenihan unerring from placed balls as well as covering the majority of the field for the duration of the game. Overall, a good performance but also one on which can be built on. We are now in the Semi-Final to play Kilmoyley in John Mitchel's, Tralee on Tuesday 19th July. Throw-in 7:00pm.

**U14 EAST KERRY LEAGUE:** The Black team proved that 'goals win games' in their victory over Kenmare in the final round of the East Kerry League on Sunday evening. The young Crokes players did not waste anytime finding their bearings on the Kenmare field and got the scoreboard ticking early in the game. The Crokes stuck five goals past the Kenmare goalkeeper in a well-deserved 5-9 to 2-13 victory.

KELLOGG'S GAA CUL CAMPS: The Kellogg's GAA Cúl Camps are a great way for boys and girls aged 6 - 13 to play the games and learn GAA skills in a fun child-friendly environment - and maybe even help make them a GAA star of the future! Fitzgerald Stadium will host a hurling camp from 25th July - 29th July. You can register online (www.gaa. ie/kelloggsculcamps) or send the completed application form with appropriate fee to Kerry GAA Cúl Camp Office, Kerry County Board, Austin Stack Park, Tralee, Co. Kerry. Forms can be obtained from the club.

LOTTO: Lotto numbers on Monday 4th of July 8, 14, 17, 24. Jackpot €5400 not won match 3 4 by €100. Next draw Sunday 10th of July in Tatler Jack. Jackpot €5700.

Lotto numbers on Sunday 10th of July 5, 10, 17, 23. Jackpot €5700 not won match 3 13 by €35. Next draw Sunday 17th of July in JC O'Shea. Jackpot €6000.

## MILLTOWN CASTLEMAINE NOTES

GAA LOTTO ANNIVERSARY: Milltown Castlemaine GAA Lotto will celebrate its 20 th anniversary on Friday July 15 th next- at 9.30 in Larkins Bar, Milltown with a jackpot of €10,000. The Lotto-generously sponsored by Mike O' Shea and Sons (Builders) Farran began back in 1996 with founding members included Albert King, Mike Carroll, Pat Twiss, Owen O' Shea, Willie O'Shea and John Burke at the helm. Our club has grown from strength to strength in recent years and so we continually strive to maintain and develop our facilities in order to cater for all the footballing needs of our club members and those who visit our club. Our GAA Lotto has been a great source of funding for much work in our club over the past years which include

# A LEGION OF MEMORIES





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the construction of our clubrooms -complete with a large meeting/function room, physio room, office, and referees room. An extensive project was undertaken a few years back to drain the playing field - creating optimum playing conditions. This year we up graded our toilet facilities and replaced the floor on our fully equipped gym with the latest modern flooring surface. The entrance gate was another large venture - where a separate entrance and exit was created. This ensures the safety of all patrons using our facilities. The rise in local population has meant we are finding it very difficult to accommodate our growing numbers on one playing pitch. Therefore, it is now our priority to try and secure a second pitch - so that the youth of our community continue to enjoy playing sport. And at the core of that expansion will be the continued funding from the support of the club Lotto. Aodhán Mac Ghearailt recently highlighted to us 'There are very few organisations in Irish society that can unite a community like your local GAA club. It empowers individuals to become better people - proud of their inherited values, and most importantly it builds healthy relationships. The importance of a healthy social outlet should never be underestimated particularly amongst children. In an age dominated by technology and with quick entertainment only a click away it is easy to slip into unhealthy habits. Our local GAA club here in Milltown Castlemaine allows children to feel valued, respected, cared for and included. It allows them to experience success and failure and to ultimately build resilience for bigger challenges later in their lives. Not every child will have an interest in football but all children need to exercise, need to interact socially with their peers and need to involve themselves in their community building relationships and improving their own social skills along the way. A huge amount of gratitude is owed to all of those fantastic people in all our GAA communities who may never realise the positive impact their efforts are having on the youth of Ireland. Ní neart go cur le chéile!

We would like to thank all our ticket sellers, particularly Willie Hanafin who has been our top seller throughout the years. And of course those loyal people who continue to buy tickets each week, your generosity is very much appreciated by the club. So why not try your luck. Come along to Larkins Bar, Milltown on Friday next July 15th at 9.30 for our Lotto Anniversary celebrations. You never know, it just might be your lucky night!

**GRAVEYARD MASSES:** Full compliments and gratitude to all those involved in the graveyard masses in both Milltown and Listry during the week. A tremendous amount of work goes into these Masses - where we all come together to remember our much loved and missed family members and friends. To Fr. Kevin, Rev. Conor and your team-míle buíochas

**KEANES SUPERVALU - MINOR COUNTY** 

CHAMPIONSHIP: Congratulations to Mid -Kerry on a wonderful hard fought victory - in terrible conditions - on Wednesday evening last over Firies. Hard luck to Firies who were very unlucky, despite putting in a great display of football. The final score was: Mid Kerry 2-14 Firies 0-16 (AET)

**GARVEY'S SENIOR** COUNTY

CHAMPIONSHIP: Milltown Castlemaine exited the Garvey's Supervalu SFC Round 3 at Austin Stack Park on Saturday evening last. Despite playing tremendous football throught the game and keeping the pressure on Daingean Uí Chuis, right to the end-it was not to be.

UNDER 12'S-ROUND 1: Team A - Milltown/ Castlemaine 4-10. Laune Rangers White 1-13. Team B-Milltown/Castlemaine 3-10 Laune Rangers Red 0-08. Well done to both teams from Laune Rangers and MC in playing some excellent football.

UNDER AGE FIXTURES: Our Under 16's are at home this Wednesday to An Ghaeltacht at 7 Under 11's are away to Crokes on Tuesday at 7 Our Under 8's/10's are away to Laune Rangers on Thursday at 6.30.

Please go along and support our young footballers.

APPROPRIATE FOOTBALL GEAR: Can all underage team managers, trainers/coaches please ensure that all players representing Milltown /Castlemaine are dressed in club colours (Green and White socks and togs.) This is to avoid any inconvenience prior to games. We would also ask parents/guardians of players to inform their children of this County Board

## **LEGION GAA NOTES**

**SENIORS:** The seniors were beaten by Kerins O'Rahillys in Round 3 of the County Championship on Sunday. With a strong breeze at their backs the Tralee side raced into a commanding first half lead and despite an improved second half display, our lads just came up short. Final score: Killarney Legion 2-12 Kerins O'Rahillys 3-12.

**SCORERS:** Jamie O'Sullivan (0-5, 0-1f & 2 45s), James O'Donoghue (0-4, 0-3f), David O'Sullivan (0-3f), Conor Culloty (1-0), Kevin Breen (1-0).

LADIES FINAL: There was a great turn out in Derreen for the Munster Ladies Football final between Cork and Kerry on Sunday evening. Cork came out on top in a keenly contested

U-14 BOYS: Well done to the U-14 boys who recently had two good wins in the East Kerry League. They followed up an impressive sevenpoint victory away in Fossa with a hard-fought home win over Beaufort to maintain their perfect record in the competition.

U-16 GIRLS: The girls bounced back from a defeat to Na Gaeil by beating Austin Stacks. Two goals apiece by Ciara Randles and Rebecca Walshe helped them to an eight-point win.

**SUMMER CAMP:** The club summer camp will

run again this year from Tuesday, August 2nd to Friday, August 5th. The camp is always a great week of activity with great assistance as always from the club's older juvenile boys and girls. Anyone interested in helping out with camp can contact Enda. The camp will once again be kindly sponsored by Sewells Pharmacy.

**LOTTO:** Winning numbers: 12, 21, 26, 28. No winner. Lucky Dip (€50): Ben O'Sullivan (c/o The Lake Hotel), Maura McCarthy (Ross Road), Tew Melanonth, John Lyne (Faugh, Muckross), Bryan, Kyle and Emma (Dennehy's Bohereen). If you're interested in selling some lotto tickets to help raise vital funds for the club, please contact Seánie Culloty at 087 2225325. Also if you'd like to avail of our Easy Pay system to automatically enter your lotto numbers every week, forms are available from Seánie, Maura McCarthy, Paul Trant, Dan Murphy, Kevin Griffin or any lotto committee member.

## LISTRY NOTES

**LISTRY WEEKLY LOTTO RESULTS: Sunday** 10th July, 2016. Winning Numbers 7, 10, 14, 18 Jackpot €5,000. Not Won.

1 x €100 Mgt Doherty, Listry.

2 x €50 Bernie Buckley, Rockfield.

Eileen Sugrue, Lissavane.

2 x €25 John Joe Rice.

Kathleen O'Sullivan, Knockeen.

Draw Entrant Marion O'Donoghue, Rockfield. Jackpot next week Sunday 17th July €5,150.

**SENIOR COUNTY LEAGUE:** Our Seniors will be playing at home v Listowel Emmets next Saturday evening, 16th July at 7.30pm. All support welcome.

U8S: Our U8s were in action last Friday evening v Beaufort in Allman Park. We fielded two teams and both played very well.

CUL CAMP 2016: Another successful Cul Camp took place in Allman Park this week. Over 70 children attended the camp and all had a great week. Thanks to Denis Reen and all his coaches. Special mention to Sarah Houlihan who was coaching at the camp all week. Finally a big thanks to all our young members who attended and displayed exemplary behaviour all week as usual. Up Listry! Juvenile Officers.

FAILTE IS FEILE: Open Air Ceili will take place on Sunday 31st July from 3pm to 6pm at Killarney Country Club, Faha with music by Jerry McCarthy & Autumn Gold.

**MILLTOWN LISTRY COMHALTAS: Best of** luck to Katie Howe who represents the County on the concertina this weekend at the Munster Fleadh in Listowel.



# **KILLARNEY** SPORTS

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# GNEEVEGUILLA ATHLETIC

LOTTO: No winner of our lotto 8/07/2016, numbers drawn were 10, 12, 17 & 25. Sellers prize winner: Danny O'Sullivan, €50 Y/T prize winner: Dinny Donnelly Coom, €50 to Mark Coffey Cue Club Killarney, €40 each to Eamonn Bowler Lisbaby, Amy Heaps Sliabh Luachra & Elaine Keane Gneeveguilla. Bonus not won numbers drawn were 4, 12, 22 & 23. Next week's jackpot €12,600 plus €1,000 bonus.

**CORK CITY SPORTS:** At the Cork City Sports Jack Greaney was 2nd in U14's

**1MILE SERIES:** At the 2nd race held in Fossa Shona O'Brien, Caroline Murphy, Alison Kirwin, Sadhbh O'Connor, Patricia Barry, Cara O'Connor, Danielle O'Riodan, Delia Foley, Phyllis Carroll, Collette Mallon, Una Thompson, Margaret Doyle & Chloe O' Keeffe were all to the fore in their respective categories. Those to the fore in the mens categories were as follows: Tony Harty, John Barrett, Robert Purcell Snr, Cormac Hickey, Andrew Purcell, Eamonn O'Keeffe, Seamus Murphy, Colin O'Halloran, Hugo Burru, Aaron O'Keeffe, Jack O'Leary, Donal Burke, Adam Carroll, Oisin O'Leary & Emmet O'Connor.

## **CYCLING NEWS**

**DUNWORTH RETURNS WITH TT WIN:** The latest round of the iBike Kerry Time Trial League saw Denis Dunworth taking the win in 26.07. Denis has been the class racer in the series and was back to winning ways after a virus put him out before the Nationals.

### THE RESULT OF THE 5TH ROUND WAS:

First Denis Dunworth - Moda Kingdom Endurance 26.07. Second was Tom Gentleman (Manor West iBike) who is in great form and he clocked in at 27.30 with the evergreen Killorglin CC rider Micheal O'Shea third in 27.41.

**SUZANNE TOPS THE LADIES LISTS:** Currow's Suzanne and Angie O'Sullivan battled it out for the win with Sinead McCarthy of Sliabh Luachra taking 3rd. The winning time was 31.55.

**TEAMMATES BATTLE TO BE QUICKEST AT U16:** The u16 section was a battle of Tralee
Manor West iBike teammates Kieran Coggins
who won in 29.31 and Robbie Scott who took
second in 30.17.

BARRETT FASTEST AT U14'S: Sean Barrett is riding high on confidence and he was the quickest of the big field of u14's. He crossed the line in 15.27. He was followed home by his Tralee Manor West iBike teammate Eoin Maloney (15.57) and Killorglin's Tadgh O'Shea in 16.54

TOP THREE FROM 3 DIFFERENT CLUBS IN THE U12'S: The spread of talent at u12's was evident in the u12's when 3 different clubs were represented in the top 3. Aona O'Shea from Killorglin clocked the best time in the category in 18.50. Kingdom's Adam Lenihan took 2nd in 19'01 with Killarney CC's Shane Galvin 3rd in 20.31.

# ATHLETIC FARRANFOREMAINEVALLEY ATHLETIC CLUB

It was an action packed weekend with the GloHealth National Juvenile B Championships on Saturday 9th and on Sunday 10th we had the GloHealth National Juvenile Track & Field Championships Day 1, both held in Tullamore. Siofra Foley, competing in the Juvenile B U15 Shot did very well to win silver with a fine throw of 7.24m. Siofra's continued training over the last year has really paid off, long may it continue. On Sunday Cian Spillane competed in the U13 600m, Cian ran a superb race but just missed out in getting a medal. Likewise with Leanne Cronin who competed in the shot.

We had big support from our club in the Humphrey Murphy 5K and 10K charity road race held in Castleisland on Thursday evening. We had Arthur Fitzgerald, Dermot Dineen, Garvin Cronin, Aidan McCarthy and George McCarthy. There was a good turnout and thanks to the organisers who ran a great event.

The second race in the Gneeveguilla AC Annual One Mile Summer Series was held in Fossa on Wednesday the 6th of July with 46 runners taking part. Pauline Joseph ran the mile in 7:37. Club

**AGM MEETING:** Will be held on Wednesday night, July 20th in Farranfore Community Hall (up-stairs). All members welcome to attend.

### ATHLETIC'S FIXTURES

Sunday 17th July - AAI National Track & Field League - Round 2, Athlone.

Saturday 23rd July - National Juvenile Track & Field C'ships Day 2, Tullamore.

Sunday 24th July - National Juvenile Track & Field C'ships Day3, Tullamore.

Saturday 30th July - Munster Juvenile "B" Track & Field C'ships, Waterford RSC.

Sunday 31st July - Munster Senior & Masters Track & Field C'ships, Waterford RSC.

Full details in Munster Athletics website. Please contact club secretary in advance for registration.

TRAINING: Continues Monday evenings in the An Riocht Track, Castleisland, for Relay Squads going to Athlone. Fossa U. 12 Girl's Relay Squad, who also are going to Athlone, have joined our training group and it is great to see the camaraderie, effort and spirit being shown by all the athletes. Well done to Killarney South Athlete, Alex Hennigan, who won the Glo-Health Athletics All-Ireland U. 12 Long Jump in Tullamore last Sunday, with a personal best jump of 4.56 meters. We also wish swimmer Pia Hickey and solo singer Lily Foley all the best in their preparations for Athlone.

# ST. BRENDAN'S ROWING CLUB

KILLARNEY REGATTA: To the disappointment of all clubs and rowers Sunday's regatta was postponed due to bad weather. Luckily the 231st Killarney Regatta took place on Monday 11th July instead. Commencing at 2:30pm all races were held late into the evening. Congratulations to our Minor sixes who came 3rd, the crew consisted of Ciaran Sheehan, James Lynch, Eoghan Cronin, Shane Griffin, Marie Lynch and Cáel O'Donoghue. Coxed by Teddy O'Brien. Also a huge congratulations to our Novice Ladies who came in 2nd place. The crew were April Foley, Karen Parker, Trish Casey, Nicola Morgan, Emer Casey and Louise McCrohan. Coxed by Teddy O'Brien. A massive well done to all crews who put in a great effort on the day.

**CLUB MEMBERS LOTTO:** Congratulations to our winners of this weeks club lotto 1st place No. 36 Declan Casey and 2nd place No. 19 Donal O'Donoghue.

**NEW MEMBERS:** New members are always welcome for both sliding and sixing so if you think rowing might be the sport for you why not come and give it a try. Please contact any of the numbers below if you would like to arrange a practice session.

CONTACT: Any enquiries please contact Ciarán Cronin 086 038 0272. Nicola Morgan 086 079 8507. Ciaran Sheehan 085 148 7743. or email stbrendansrowingclub@gmail.com

## WORKMEN'S ROWING CLUB

**TRAINING NEWS:** Training continues as per coach's texts. Beginners rowing, U14 and U15 takes place at Reen Pier, Ross Castle every Saturday at 10am. With so many events taking place at this time of year, times are subject to change, but your coaches will advise of same. For further information regarding Beginners Rowing you can call Mary Burns on 086 8098182.

KILLARNEY REGATTA: Well done to all our crews who competed in the re-scheduled Killarney Regatta last Monday at O'Mahony's Point, Killarney Golf and Fishing Club. Many thanks to Killarney Regatta Club for their organisation of the event and to all of our sponsors who continue to support us and make these memorable days a reality. To all involved in the hauling and lifting of boats, building and disassembling the tent and slipway, bar-bqueing baking and photography, we send our deepest gratitude. The weather was unkind to us on Sunday but everyone managed to turn around and be there again on Monday for a sporting and highly entertaining Killarney Regatta.

## CONGRATULATIONS TO THE FOLLOWING CREWS WHO TOOK GOLD IN THEIR RACES:

Juvenile Men Sixes: David Bartlett, Ross Mc Carthy, Ruadhán Mac Curtáin, Seán Farndon, Marc Woodard and Callum Myers. Cox: Michael J Burns.

Junior Ladies Fours: Siobhán Burns, Ciara Moynihan, Pauline O'Brien and Anne Moynihan. Cox: Michael J Burns.

We had a host of second places, with our crews in many cases just narrowly missing out on the

Deadline: Monday 3pm Email: editorial@outlookmags.com

gold: Junior Ladies Sixes, Minor Men's Sixes, Senior Ladies Sixes and Senior Ladies Fours. Our third placed crews included the Juvenile Ladies Sixes, where we want to congratulate especially Abigail Gallagher and Amber Pomeranz on their performances! Well done girls on your ¾ mile race. The Junior Mens Sixes, the Minor Ladies Sixes, the Veteran Men and Vetern Ladies and the Senior Sixes were all placed third and had fantastic races. Well done also to our Novice Ladies and Mens Sixes and especially Maria Browne, Siobhán Bartlett and Ramona Fitzpatrick in the Ladies who rowed so well and are showing great promise for the rest of the season!!

Congratulations to Leona Browne, who represented Workmen's in the Regatta Queen Selection on Tuesday night.

IRISH ROWING CHAMPIONSHIPS: This three day event takes place all this weekend, from 15th to 17th July, at the National Rowing Centre, Iniscarra, Co. Cork. We wish everyone involved the very best of luck in their multiple events of singles, doubles and quads. It's a totally different style of rowing to that of the local Killarney Sixes, and one that our crews have been training for all season long. Thanks to our coaches for their preparation of each sculler for his/her events and we know that we can represent our club with pride.

**BIRTHDAY GREETINGS:** A very Happy Birthaday to Siobhán Bartlett who, a little bird tells me, celebrated her '21+VAT' Birthday recently. Hope you were treated royally Siobhán!

**FUNDRAISING:** Many thanks to all who took part in and contributed to our Annual Street Collection last Saturday, and to Pauline and Siobhán for their co-ordination of the collectors.

Thank you also, to everyone who donated bags of clothing for the recent collection. Time to go shopping for a new wardrobe again Timmy!!! 'Bag Packing'is on 23rd July, at Tesco, Deerpark. For a full list of upcoming rowing events and other information about the sport of rowing, please visit www.rowingireland.ie

Why not keep in touch with us by liking us on facebook: 'Workmen's Rowing Club'.

## **MUCKROSS ROWING CLUB**

KIILLARNEY REGATTA 2016: What a weekend! Wild and winter-like weather forced the postponement of the 231st Killarney Regatta on Sunday for one day however Muckross spirits were undeterred for a resumption of racing on Monday. Congratulations goes to all our rowers, coaches, coxes and committee on an outstanding overall performance! The club scooped a fantastic ten race wins to defend our reign of the famed McGillicuddy Points Cup for best overall club. The race victories were Junior Ladies and Mens Sixes, Minor Ladies and Mens Sixes, Senior Ladies Six, Veteran Mens Six, Novice Mens Six, Junior Mens Six, Senior Ladies Four and Senior Mens Four. The club



CILLIAN COURTNEY (RUNNER-UP) AND LORCAN MARTIN (SEMI-FINALIST) PICTURED WITH THEIR MEDALS AFTER LAST WEEKEND'S MUNSTER U-16 MATCHPLAY CHAMPIONSHIPS WHICH WERE HELD IN THEIR HOME CLUB OF DEERPARK LAST FRIDAY AND SATURDAY.

was second in the Juvenile Ladies Six, Veteran Ladies Six, Senior Mens Six and Junior Ladies Fours while two thirds by Muckross B crews in both Senior Ladies Six and Four completed the tally. An immense club achievement once again - testament to the hard work, commitment and tireless effort of rowers, coaches, coxes and committee. Our sincere thanks to everyone who helped in the preparation and organisation of the day. To all those who towed boats and helped with the slipway and equipment, everyone who prepared, supplied, organised and served refreshments, all who organised crews, those who helped out before and after regatta day - a sincere thanks. So much work behind the scenes and simply too many names to mention. Mile buiochas

**IRISH CHAMPIONSHIPS:** Best of luck to all our rowers competing in the Irish Rowing Championships this weekend. A very busy week for all involved, well done to all.

# FLESK VALLEY ROWING CLUB

The 231st Killarney Regatta came and went and not without drama. The weather Gods did not look down kindly on us and the gusting winds forcing the regatta to be run off last Monday. While people did their best to juggle the commitments of work at short notice other were less fortunate and had to endure the disappointment of missing out on the regatta. The day started off with the U16 Girls and Boys races and the proudest man on the shore had to have been Micheal O'Sullivan, whose hard work, commitment and dedication over the last year saw the Flesk Vally having 2 crews in each race.

In the U16 Boys race, Tommy McGuire, Aaron O'Sullivan, Evan Kissane, Finn O'Sullivan, Kian Crowley, Chris Carey brought home Silver for the Valley, just missing out on first place. Peter O'Sullivan, Diarmuid O'Donoghue, Kieran McClarence, Sam Casey, Emmet Finnan

and Dara Tangney gave a mighty showing in the other Valley Boat. Well done to both girls Crews, Orlaith Tangney, Kate Hickey, Miriam Fleming, Ciara Gleeson, Klara O' Donoghue, Edel Sweetman and Ava Doherty, Ciara Casey, Caoimhe Crowley, Caoimhe O' Sullivan Ellen Hickey, Allison O'Sullivan, who put in a huge performance. With the majority of the underage eligible next year the future is bright. The highlight of the day came in the Novice ladies where the Flesk Valley women, Clara O'Shea, Aoife O'Shea, Norma Leane, Yvone O' Leary, Dorota Pierchala and Esther Brosnan triumphed, bring home gold for the valley. Elsewhere the Valley picked up Silver in the Veteran mens, Junior men sixes and junior men fours, while the Veteran Women, Junior Ladies Fours and Mens Novice crews battled bravely just missing out on the medals.

Well done to all crews, ye did yourselves and your club proud. Thanks to Chairman Denis O' Donoghue for his hard work in preparation for the day and thanks to all who helped out from coxing to sandwich making to filling seats in boats at short notice and to all our Sponsors.

**WELL DONE:** Well Done to Katie Hickey who was recently selected on the Kerry U16 Camoige Team.



ALEX HENNIGAN, KILLARNEY VALLEY AC, GLO HEALTH ATHLETICS IRELAND UNDER 12 LONG JUMP NATIONAL CHAMPION WITH A PERSONAL BEST JUMP OF 4.56 METRES IN TULLAMORE ON SUNDAY LAST

## **KILLARNEY CELTIC NOTES**

## **AWARD FOR JANE**

Congratulations to Jane O'Donoghue, whose unstinting work with Killarney Celtic Football For All has earned her the Randles Bros / Radio Kerry Terrace Talk Sports Star of the Month. Family Fun Day

### **FUN DAY**

Killarney Celtic will be hosting a Family Fun Day on Sunday, July 17th (please note the change of date due to the inclement weather last Sunday) between 11am and 2pm. This will include presentation of medals, barbecue, bouncing castle, bumper soccer...loads of fun and games guaranteed! All welcome and any donations of salads, cakes, etc. will be hugely appreciated. All welcome.

### **STETSONS AND STILETTOS**

Killarney Celtic in conjunction with the INEC are pleased to announce 'Stetsons and Stilettos' in the INEC on Friday, September 23rd, the ultimate Garth Brooks Experience featuring Trevor Smith and local artists. Tickets will shortly be available from all club members.

### KILLARNEY CELTIC FOOTBALL FOR ALL

Killarney Celtic Football For All, Ireland's second best sports club, are currently selling tickets for the Irish Football National Draw, with over 2000 prizes including 4 new Ford Fiestas. Tickets are €10 each and available from any FFA club member; please support.

### **SOCCER TOTS**

Our Soccer Tots Programme continues on Wednesdays at Celtic Park. All welcome.

### RESULTS

Greyhound Bar Cup Final Replay Killarney Celtic 3 Castleisland B 0

Report by Padraig Harnett

The replay of the Greyhound Bar Cup final was a mirror image of the drawn game with Killarney Celtic having the lion's share of the possession. Castleisland were content to try and hit Celtic on the break.

Jamie Spillane, Brendan Falvey, Brian Spillane and Peter McCarthy all went close in the first half.

Jonathan Downey and Danny Feehan went closest for the opposition.

The difference this week was that Killarney Celtic took their chances in the second half.

They got the all important breakthrough in the 50th minute when a Peter McCarthy cross

was missed by Stephen McCarthy but Brendan Falvey was coming in at the back post and cracked the ball home. Sadly for Castleisland Daniel Downey let his frustration get the better of him and he kicked the ball away to pick up his second yellow card.

It was all Celtic after that with both sides making changes. The Hoops needed the second goal to ensure the win but before they got it Neil Casey managed to get on the end of a corner. However Roy Kelliher saved easily. The second goal did come in the 80th minute when substitute Stephen McCarthy squeezed the ball home from a narrow angle following a move involving Wayne Sparking and Peter McCarthy.

Celtic got a 3rd in the 87th minute. Another sub Pa McCarthy set up Stephen McCarthy for a shot which Kevin Moran could only save and Peter McCarthy was on hand to score.

This was a great win for Celtic as the club celebrates its 40th year. The Greyhound Bar returns to Celtic Park for the first time since 2013

Speaking afterwards manager Patrick Roarty (who along with Eoin Donnellan and David Hayes have had a great debut season in charge) was delighted for the players.

"We were patient and clinical when we got the opportunities. It is great to end a good season with the Cup. Every player was a credit to the club for the effort they put in all year. There are some who have been great servants to the club for many years and others just beginning their career at senior level which bodes well for the club".

## YOUTHS LEAGUE FINAL: FENIT SAMPHIRES 3 KILLARNEY CELTIC 1

Celtic were the better side for the most part, but Fenit's goalkeeper was a touch of class and rebuffed us almost every time until Conor McCarthy finally pierced the rearguard and fired home. It stayed at 1-0 until the last ten minutes, but Fenit are a very good, disciplined side and took over with three goals to take the game and the title – congratulations to them, and full credit to both sides for an excellent game. On this display, the Cup Final between the same two sides should be a real cracker!

Team: Trevor O'Shea, Cian Casey, Jack Galvin, Mikey Moynihan, Mark Harnett, Kasper Malinovsky, Cathal O'Shea, Oran O'Donoghue, Conor McCarthy, Stephen McCarthy, Micheal Devlin. Subs David Spillane, Lee Downing.

### FIXTURI

Greyhound Bar Cup Final Replay: Killarney Celtic v Castleisland, Mounthawk Park, Sunday, 3.30pm

### **LOTTO**

Numbers drawn 1, 6, 17, 23. No winner, five x match 3, Ann Cronin, Gneeveguilla, John Lyne, Cleeney, Grainne O'Connor, Whitebridge Manor, Lyno, Denis O'Donoghue c/o Ray, €30 each. Next week's jackpot €2600, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

Pitch Bookings

Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www. killarneyceltic.com for Killarney Celtic news, match reports, or photos.

## KILLARNEY ATHLETIC NOTES

Sympathy to the Clifford family on the death of our former player Noely, who passed away in America.

### **GOLF CLASSIC**

The golf classic which was held on the 9th of July was a big success, thanks to everyone who took part.

### **300 CLUB**

300 club draw for the month of June.

Prizewinners are:

€500- Vincent Casey

€100- John Lynch, Pat O Connor builder, Mike O Shea jnr, Donal and Eileen Tucker, Clare O Malley

Congratulations to club member Dylan Hayes and Maria Spillane who got married recently.

### **KILLARNEY ATHLETIC WEBSITE:**

Please check the website on www. killarneyathletic.com or facebook for match reports, club information and contact details.

### **CONTACT:**

If you have anything to add to the Killarney Athletic A.F.C Notes please contact Alan Daly on 085-1913244 or aland15@live.ie



THE MR PRICE TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH.



THE TIM JONES BUTCHERS TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH.

# KILLARNEY ATHLETIC AFC 40TH ANNIVERSARY 7 A SIDE **COMPETITION SPONSORED BY KILLARNEY CREDIT UNION**

# **KILLARNEY CREDIT UNION KILLARNEY ATHLETIC 7 A**

### **RESULTS MONDAY 11TH**

U16 iBike 0 Fredas Boys 2 Playoff A(1) Soupea Stars 0 Tricel 2 Playoff B(1) Leviation 5 Celtic Steps 4 Playoff B(2) Reen's Cousins F.C. 3 Tim Jones & Sons 1

Playoff B(5) Gordon Buckley Fitness/Michael Beckett Multimedia 3 Mustangs 1

Playoff B(6) Exepected Toulouse 3 The

Playoff B(7) A1 Tricel 2 Currow City 0 Playoff B(3) A2 Dunboy 1 Dunloe Lodge 0 U16 Sheffield Thursday 1 Boo Radleys 4 Playoff A(2) Dunboy 3 S.V Hangover 0 Playoff A (3) O'Connor's Bar 3 Mr Price 1 Playoff B(4) I haven't got a Kalou 0 Ivory Coast 1

Playoff B(8) A3 O'Connor's Bar 3 Mackey's Crew 0

Over 35 Mackey's Crew 3 Tim Jones Butchers 2

### **TUESDAY 12TH**

U14 AC me Rolling 0 Scotts Hammers 1 U16 iBike 0 Boo Radleys 0 U16 Fredas Boys 1 Boo Radleys 3

Last 16 B(2) Reen's Cousins F.C 1 Corcoran's

U14 Bombers 0 Banterloana FC 4 U14 AC me Rolling 1 Banterloana FC 1 U16 Fredas Boys 1 Sheffield Thursday 1

U14 Bombers 0 Scotts Hammers 4

U16 iBike 3 Sheffield Thursday 2

U16 Beaufort GC 3 Benteke Fried Chicken 2 U16 Tim Jones Butchers 2 Killarney Wolves 2

### **WEDNESDAY 13TH**

Last 16 B(1) Leviation 0 Cronin's Tyres Castlemaine 1

Last 16 B(3) Dunboy 0 Charlie's Angels 1 Last 16 B(5) Gordon Buckley Fitness/Michael Beckett Multimedia 0 Tatler Toffees 3

Over 35 Mackeys Crew 2 - 1 Tim Jones Butchers

Last 16 B(6) The Hobbits 2 The Flesk Restaurant

Last 16 B(4) Ivory Toast 1The Failte 2 U14 Banterloana FC 6 Scotts Hammers 0 U14 AC me Rolling 2 Bombers 1 Last 16 B(7) Tricel 0 The Speakeasy-es 6 Over 35 Bridge Bar Rathmore 0 Fleming's Taxis 1 Last 16 B(8) O'Connor's Bar 1 MD O'Sheas 2 Over 35 Bridge Bar Rathmore 0 Tim Jones **Butchers 1** 

### **UNDERAGE TOURNAMENT FIXTURES**

### FRIDAY 15TH JULY 2016 PITCH 1

6.00 Under 10 Dob United v Ballyspillane

6.25 Under 10 Dob United v Mackey's Young



THE CURROW CITY TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH

6.50 Under 12 Classic 10 v Super Strikers 7.15 Under 10 Ballyspillane United v The Kerryonians

7.40 Under 10 Ballyspillane United v The Big Little Bike Shop

8.05 Under 12 Classic 10 v Flesk Flyers

8.30 Under 10 Mackey's Young Crew v Kerryonians

8.55 Under 10 Ballyspillane United v Mackey's Young Crew

## PITCH 2

6.00 Under 10 The Big Little Bike Shop v The Kerrvonians

6.25 Under 10 The Big Little Bike Shop v The

6.50 Under 12 Flesk Flyers v JR Spares

7.15 Under 12 Mackey's Young Crew v The Cubs

7.40 Under 12 Dob United v The Cubs

8.05 Under 12 Super Strikers v JR Spares

8.30 Under 12 Dob United v The Big Little Bike

8.55 Under 12 The Cubs v Kerryonians

### **SATURDAY 16TH JULY 2016** PITCH 1

### 9.30 Under 10 Ballyspillane United v The Cubs 10.20 Under 12 Super Strikers v Flesk Flyers

10.45 Under 10 1st Placed Team v 4th Placed Team (Semi Final)

11.10 Under 12 1st Placed Team v 4th Placed Team (Semi Final)

9.30 Under 10 Dob United v The Kerryonians 9.55 Under 10 Mackey's Young Crew v The Big Little Bike Shop

10.20 Under 12 Classic 10 v JR Spares

10.45 Under 10 2nd Placed Team v 3rd Placed Team (Semi Final)

11.10 Under 12 2nd Placed Team v 3rd Placed Team (Semi Final)

11.35 Under 10 Final

12.00 Under 12 Final

### **FIXTURES MONDAY 18TH JULY PITCH 1**

6.45 U16 Beaufort GC v Tim Jones Butchers 7.10 U16 Beaufort GC v Killarney Wolves 7.35 Senior ¼ Final 15 Mins B The Speakeasy v Charlie's Angels

8.10 Senior 1/4 Final 15 Mins A Tattler Toffees v The Failte

### PITCH 2

6.45 U16 Benteke Fried Chicken v Killarney Wolves

7.10 U16 Benteke Fried Chicken v Tim Jones **Butchers** 

7.35 Senior ¼ Final 15 Mins D Flesk Restaurant v M.D O'Sheas

8.10 Senior ¼ Final 15 Mins C Corcoran's Furniture v Cronin's Tyres Castlemaine

8.45 Over 35 Semi Final Fleming's Taxis v Mackey's Crew 2

### **TUESDAY 19TH JULY PITCH 1**

6.45 Premier Semi Final 20 Mins Winner of A v Winner of B

7.30 Reserve Semi Final 15 Mins Loser of D v Loser of A

### PITCH 2

6.45 U16 Semi Final Boo Radley FC v Runner Up Group 2

7.10 U16 Semi Final Winner Group 2 v Fredas Boys FC

7.35 Over 35 Semi Final Mackey's Crew v Tim Jones Butchers

## WEDNESDAY 20TH JULY PITCH 1

6.45 Reserve Semi Final 15 Mins Loser of C v Loser of B

7.20 Premier Semi Final 20 Mins Winner of C v Winner of D

### PITCH 2

6.45 U14 Semi Final Scotts Hammers v AC Me

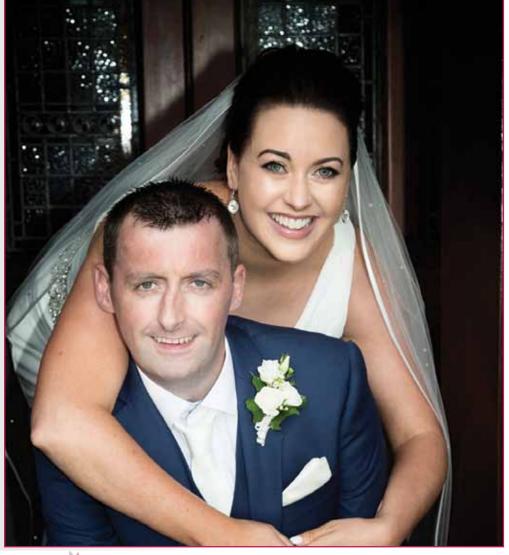
7.10 U14 Semi Final Banterlona v Bombers

# Their Special Day



KENNETH CRONIN FROM DROMAVALLA, TRALEE AND SUPARA SATTAYAPHAT FROM BANGKOK, THAILAND WHO WERE MARRIED IN THE CATHEDRAL, KILLARNEY AND HELD THEIR RECEPTION IN THE BREHON HOTEL IN KILLARNEY.

PHOTOGRAPHY BY CLEARYS IN TRALEE.







ANN MARIE HARTNETT FROM LISTOWEL AND MICHEÁL DENIHAN FROM KNOCKNAGOSHEL WHO WERE MARRIED RECENTLY IN ST MARYS CHURCH IN LISTOWEL AND HELD THEIT RECEPTION IN BALLYGARRY HOUSE HOTEL IN TRALEE.

PHOTOGRAPHY BY CLEARYS IN TRALEE.

## **PICTURE PARADE**



THE KILLARNEY TOASTMASTERS DINNER AT THE DROMHALL HOTEL, KILLARNEY WAS HELD ON SATURDAY EVENING. FRONT ROW - DEBBIE LOONEY PRESIDENT KILLARNEY TOASTMASTERS (FRONT CENTRE) WITH HELEN DAGNALL PRESIDENT NEWCASTLEWEST, GERARD MANNIX AREA 36 DISTRICT, MIRIAM O'SULLIVAN & PHYLLIS O'SULLIVAN. BACK ROW L-R HELENA BRUNICARDI, CHARLES HANNON NEWCASTLEWEST, SUSAN BAUGHMAN, RENEE BASSCHIER, RACHEL PINCHEARD PRESIDENT, MAUREEN SOMERS, MICHAEL MCEGAN, GERALDINE BRIDE, VICKY MCCARTHY TRALEE, JOAN KELLEHER AND AIDEEN O'CONNOR. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY OAKS HOTEL FOR THE REGATTA QUEEN DANCE L-R ANN TANGNEY, KATHY Brosnan & Geraldine Doherty. Picture Marie Carroll-O'Sullivan 087 391 4808



Enjoying the Regatta Queen Dance at the Killarney Oaks were L-R Aisling Doyle, Sarah DOODY & ELLEN LYNE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ROISIN, LUKE AND KATIE O'LIATHAIN, AT KILLARNEY JULY RACING FESTIVAL 2016, MONDAY EVENING EVENT. PHOTO: VALERIE O'SULLIVAN.



LILY OF KILLARNEY EVE O'DONOGHUE (CENTRE) PICTURED WITH THE REGATTA QUEEN FINALISTS AT THE ANNUAL REGATTA DANCE AT THE KILLARNEY OAKS HOTEL L-R LEONA BROWNE (WORKMENS), KAREN PARKER (ST BRENDANS), MIRIAM FLEMING (FLESK VALLEY), EVE O'DONOGHUE, AOIFE FARRELL (MUCKROSS) WINNER & SARA O'BRIEN (FOSSA).

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY OAKS HOTEL FOR THE REGATTA QUEEN DANCE WERE BACK ROW L-R DAMIEN SWITZER, ROISIN WALL, CLODAGH McCARTHY, LAURA WHELTON & ORLA TANGNEY. FRONT ROW L-R TOMMY MCGUIRE, BETH COFFEY, DIARMUID O'DONOGHUE, REBECCA O'CONNELL & AOIFE DOODY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING THE REGATTA QUEEN DANCE AT THE KILLARNEY OAKS HOTEL WERE L-R AISLING COFFEY, EMER O'DOWD, NIAMH COFFEY, KATE LYNN CASEY, SARAH FLEMING, CAOILINN O'DONOGHUE & EIMEAR DOYLE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



Freya Granville, Kenmare, enjoying Killarney July Racing Festival 2016, Monday evening EVENT. PHOTO: VALERIE O'SULLIVAN.



# IF YOU WOULD LIKE TO LIVE TO BE 104+ THE FOLLOWING ADVICE FROM A 104-YEAR-OLD DOCTOR MIGHT BE USEFUL

One of the world's longest-serving physicians and educators Dr. Shigeaki Hinohara from Japan, since 1941, has been healing patients at St. Luke's International Hospital in Tokyo and teaching at St. Luke's College of Nursing. He has published around 15 books since his 75th birthday, including "Living Long, Living Good", which sold more than 1.2 million copies.

As the founder of the New Elderly Movement, Dr. Hinohara encourages others to live a long and happy life - a quest in which no role model is better than the doctor himself. His main points for a long and happy life are:

1. All people who live long regardless of nationality, race or gender share one thing in common: None are overweight.

Dr. Hinohara is quoted as saying "For breakfast I drink coffee, a glass of milk and some orange juice with a tablespoon of olive oil in it. Olive oil is great for the arteries and keeps my skin healthy. Lunch is milk and a few cookies, or nothing when I am too busy to eat. I never get hungry because I focus on my work. Dinner is veggies, a bit of fish and rice, and, twice a week, 100 grams of lean meat.

- 2. Keep mentally active and plan ahead.
- 3. There is no need to ever retire, but if one must, it should be a lot later than 65.
- 4. When a doctor recommends you take a test or have some surgery, ask whether the doctor would suggest that his or her spouse or children go through such a procedure.
- 5. To stay healthy, always take the stairs and carry your own stuff.

Next week I will continue Dr. Hinohara's opinion on living a long and healthy life.

## TODAY IS ST. SWITHIN'S DAY

St Swithin's Day, if it does rain, Full forty days, it will remain, St Swithin's Day, if it be fair, For forty days, t'will rain no more."

In a year when the weather so far has given us above long-term average rainfall in January with Valentia Observatory reporting its wettest January since 1974, a cool and again above average rainfall everywhere in February, the month of March brought us dry and cool spells with below average rainfall and a storm named Jake. Leading up Easter Sunday which was on the 26th Kerry weather reverted to winter, almost giving us giving us a white Easter.

April was a cold, wet and dull month with rainfall totals variable across the country and the majority of weather stations reporting above long-term averages rainfall. The month of May proved the Celtic Season Dates are more accurate than modern ones and was the warmest May in eight years in parts, the month's warmest days were the 9th, 12th, 13th, 30th and 31st with the month's highest temperature reported at Belmullet, Co Mayo on the 9th with 25.4°C. This was its fourth highest May temperature on record since the station opened in 1956, but despite the beautiful weather we enjoyed in Kerry. Valentia Observatory held the record for the highest daily rainfall of 23.7 mm which occurred on May 10th.

Early June continued the summer trend but before the month was out in parts of Kerry we were suffering from wind chill and so far July has not provided us with any summer weather.

St. Swithin was a Saxon Bishop of Winchester. He was born in the kingdom of Wessex and educated in its capital, Winchester. He was famous for charitable gifts and building churches.

Legend says that as the Bishop lay on his deathbed, he asked to be buried out of doors, for nine years, his wishes were followed, but then but then about 100 years later the monks of Winchester attempted to remove

his remains to a splendid shrine inside the cathedral on 15 July 971 St Swithin wasn't happy about his body being moved and on the day of the removal, ferocious and violent rain storms arrived lasting 40 days and nights which represented his displeasure.

Apple growers used ask St. Swithin for his blessing each year because they believed: \*Rain on St. Swithin's day 'blesses and christens the apples'. \*No apple should picked or eaten before July 15th.

\*Apples still growing at St Swithin's day will ripen fully.

## **OUOTE**

"Always do right. This will gratify some people and astonish the rest" - Mark Twain

## ON THIS DATE – JULY 15TH

1846 - First issue of the Hamilton Spectator newspaper published in Hamilton, Ontario. 1858 - Birth of Emmeline Pankhurst British political activist, suffragette.

1888 - "Printers' Ink" was first sold.

1878 - Hamilton Ontario District Telegraph Company opened the first telephone exchange in the British Empire.

1901 - Over 74,000 Pittsburgh steel workers went on strike.

1918 - World War I - Second Battle of the Marne - German offensive failed when the Germans were counter attacked by the French, resulting in an Allied victory.

1945 - About 20 million Canadian Dollars in cheques were mailed to Canadian mothers as the federal government made its first family allowance payments, to be used for the maintenance, care, education and advancement of children.

1948 - Alcoholic Anonymous founded in Britain.

1955 - The Mainau Declaration, a declaration against the use of nuclear weapons initiated by German scientists Otto Hahn and Max Born was signed by 18 Nobel laureates.

1961 - Spain accepted equal rights for men and women.

# THE SOCIAL PROGRESS INDEX SHOWS GLOBAL PROSPERITY ISN'T ONLY ABOUT GDP

Given its sizable gross domestic product, the United States is, swimming in money. But when it comes to the overall well-being of American citizens, too many seem to be figuratively drowning.

That a nation's economic wealth doesn't guarantee a high quality of life is the main finding of the 2016 Social Progress Index, a ranking of 133 countries representing 99% of the world's population. Instead of only analysing GDP, the index, which is produced by the Social Progress Imperative, a Washington,

## **MARGARET'S** RAMBLINGS

D.C.-based nonprofit, measures 53 indicators - such as education, health and wellness, and tolerance - that fall into three broad categories: Basic Human Needs, Foundations of Wellbeing, and Opportunity.

Along with evaluating individual nations on a scale of zero to 100, the index takes into account how a country is performing in comparison with 15 other nations with similar GDP. After all, it's easy for most nations to look good when compared with an impoverished, war-torn nation.

In the 'Very High Social Progress, scale Finland, Canada and Denmark were placed 1, 2 and 3 with Ireland in 12th position and believe it or not the United States in 19th position just ahead of Slovina in the 20th and final position listed.

## MICHELIN ADOPTS **ZERO DEFORESTATION FOR** RUBBER SOURCING

Michelin Group, one of the world's three largest tire companies, has just adopted a zero deforestation policy for its rubber sourcing. The move is significant because rubber is a major driver of tropical forest destruction through the conversion of natural forests for plantations. Forests in West Africa and Southeast Asia have been particularly hard hit by the commodity's production.

The new policy calls for many of the same provisions adopted by "zero deforestation" companies, including respecting local communities' rights to reject plantations and barring sourcing of rubber from newly cleared forests. According the policy, primary forests as well as "high carbon stock" (HCS) and "high conservation value" (HCV) are off-limited for conversion.

Michelin Group undertakes not to contribute voluntarily, directly or indirectly, to actions which might lead to the illegitimate appropriation of land to the detriment of local communities or populations. The Group is committed to 'free, prior and informed consent' (FPIC) principle of local communities likely to be affected by its operations, especially when setting up or transforming corporate plantations and/or industrial sites. Keen to protect natural forests, and particularly primary forests and areas of high environmental value likely to be jeopardized by the development of rubber cultivation, the Group advocates a responsible land management policy the policy states.

## HOW CANADA STOPPED SHIPS FROM COLLIDING WITH WHALES

More than 8,000 ships ply the waters of the St. Lawrence River estuary in Canada each year, putting at risk beluga whales, minke whales, blue whales, humpback whales, and fin whales that frequent the waterway and that have died from collisions.

But since 2013, there have been no whale deaths from ship strikes. That's because instead of imposing regulations on ship owners, the government worked with the industry and scientists to develop ways to minimize collisions.

The group modelled different scenarios for ships and whales. It found that slowing down ships would reduce whale strikes, but it would increase the time to cross the river, so whales would be exposed to the ships a longer time. Another idea was to have ships avoid traditional routes frequented by whales, but the group found that alternative routes would put ships in proximity to beluga birthing

The group explored the different findings and arrived at a strategy that was agreeable for everyone: Ships would voluntarily reduce their speed and avoid some areas in the St. Lawrence River estuary.

The working group is now starting to examine how ship noise affects whales, which rely on sound for navigation and foraging.

## LAST KNOWN SEPT. 11TH **SEARCH DOG HAS DIED**



A hero deserves a heroic farewell. Those who aided the rescue efforts after the fall of the Twin Towers on Sept. 11 were such heroes. So when one of their ranks passed away, she received such an honourable goodbye.

Bretagne a Golden Retriever at 16 years old, was the last known surviving Sept. 11 search and rescue dog. Alongside her owner Denise Corliss, Bretagne worked on the site of the World Trade Centre for 10 days in 2001. The newly certified FEMA Search and Rescue canine was only 2 years old when she and other members of Texas Task Force 1 (TX-TF1) searched Ground Zero for survivors and, ultimately, remains.

While assisting responders at the World Trade Center, Bretagne also helped comfort and calm the people working on the intense, overwhelming job.

Her career continued until age 9. She served on a dozen disasters, including Hurricanes Katrina, Rita and Ivan. When she retired, she served as an ambassador for her local fire department, a reading assistance dog at an elementary school near her home and a star of a non-fiction book about senior dogs. She met Texas First Lady Cecilia Abbott and former President George H.W. Bush at his Presidential Library in College Station, Texas.

She celebrated her 16th birthday in style, in New York City.

Bretagne was almost 17 when she started to suffer from kidney failure and eventually stopped eating. Ms. cordless who was right by her side when she put to sleep at a Texas animal hospital on June 6th said "She was really anxious last night and she just wanted to be with me, so I laid down with her, right next to her. When she could feel me, she could settle down and go to sleep. I slept with her like that all night."

People from the rescue teams she worked with visited the hospital to salute her as she entered, and as she left with an American flag draped over her body the Fire Brigade provided a Guard of Honour.

"This was a very small way for us to pay tribute to a dog who truly has been a hero," Cypress-Fairbanks Volunteer Fire Department Captain David Padovan said. "Just because she's a K9 doesn't make her any less part of our department than any other member."

Her body will be studied by researchers who are examining what happened to the health of 9/11 search dogs.

## THE WORLD'S SMALLEST **BATTERY EGG**

In the winter of 2015/16, Compassion in World Farming visited farms, cage-makers and slaughterhouses in France, Italy, Portugal and Greece. Their target: European quail farming. In this ground breaking investigation – a 'first of its kind' international exposé - they've lifted the lid on an industry that cages millions of animals every year, creating enormous suffering, yet markets its products as 'luxury'. Each year in Europe, over 140 million quail are farmed for meat, confined to factory farm floors or densely packed in cages. They often try to leap in these cages and invariably hit their heads on the cage roof.

Of the 400,000 quail farmed every year for their eggs, over 90% are also kept in crowded, barren cages where they are unable to express even the most basic of natural behaviours.

These birds have no earth or undergrowth to explore, nowhere to dustbathe, nowhere to hide, and barely space to move. The space allowance per factory farmed quail can be no bigger than a beer mat.

Quail are one of the most caged farm animal in Europe, and there is no species-specific legislation to protect them.

Compassion staff also visited an alternative system; an egg farm where the quail are raised in naturally lit barns with the space and freedom to explore, dustbathe, hide and peck at straw bales. This is no hobby farm, but a large commercial operation.

Higher welfare quail farming is possible.



## MEDICAL ISSUES WHEN DRIVING

The medical conditions that will preclude you from driving a motorised vehicle and when you will need a medical report

Irish and EU legislation requires that a driver should advise their driver licensing authority of any long-term or permanent injury or illness that may affect their safe driving ability.

This report outlines the circumstances in which a medical report is required and the medical conditions that will preclude you from driving a motorised vehicle.

### WHEN DO I NEED A MEDICAL REPORT?

Your driving licence application must be accompanied by a Medical Report Form (D501)

Are applying for a driving licence in respect of a truck or bus, licence categories C, C1, CE, C1E, D, D1, DE or D1E (unless you have previously provided a medical report which is still valid) Will be 70 years of age or more on the first day of the period for which the licence for any licence category is being granted

Suffer from any of the disabilities or diseases specified in the diseases and disabilities list. Have ever suffered from alcoholism or epilepsy Are a regular user of drugs or medication that would be likely to make your driving unsafe The medical report must be completed by a registered medical practitioner and you must sign the declaration in his/her presence.

Medical guidelines Sláinte agus Tiomáint: Medical Fitness to Drive Guidelines (Group 1&2) for Group 1 licence categories AM, A, A1, A2, B, BE or W and Group 2 Categories C, CE, C1, C1E, D, DE, D1 or D1E i.e. truck and bus (with or without trailer have recently been revised and updated taking into account legislative changes made in relation to the standards for eyesight, epilepsy and diabetes, as well as international best practice. The guidelines set out clear minimum medical requirements and all applicants presenting themselves for medical examination should be assessed on the basis of the minimum standards outlined.

As in the past Group 2 guidelines require a higher standard of physical and mental fitness on the part of these drivers in light of the duration of time they spend behind the wheel and the greater size and weight of their vehicles. The updated Group 2 guidelines have been drafted following a public consultation process, including associations representing Group 2 drivers.

Specified diseases and disabilities which need to be reported on application for, or renewal of, a driver licence

A range of medical conditions, as well as treatments, may affect your driving ability

- Diabetes treated by insulin and or sulphonylurea tablets (your doctor can advise whether you are on these or not) no need to tell us if managed by other tablets and or diet.
- Epilepsy.
- Stroke or TIAs(\*1)(minor strokes) with any associated symptoms lasting longer than one month.
- Fits or blackouts.
- Any type of brain surgery, brain abscess or severe head Injury involving in-patient treatment or brain tumour or spinal injury or spinal tumour.
- An implanted cardiac pacemaker.
- An implanted cardiac defibrillator (ICD)(\*2).
- Repeated attacks of sudden disabling dizziness.
- Any other chronic neurological condition such as multiple sclerosis, motor neurone disease, Parkinson disease and Huntington's disease.
- A serious problem with memory or periods of confusion.
- Persistent alcohol misuse or dependency.
- Persistent drug misuse or dependency.
- Serious psychiatric illness or mental health problems.
- Parkinson's disease.
- Sleep Apnoea syndrome.
- Narcolepsy.
- Any condition affecting the drivers peripheral
- Total loss of sight in one eye.
- Any condition affecting both eyes, or the remaining eye if driver only has one eye (Not including colour blindness or short or long
- A serious hearing deficiency.
- Any persisting problem with arm(s) or leg(s) which needs driving to be restricted to certain types of vehicle or those with adapted controls.
- Adaption of the driver's vehicle because of a



physical disability to enable you to drive.

Severe learning disability.

\*This list is not exhaustive

(\*1) A transient ischemic attack (TIA) is an event, with stroke symptoms that lasts less than 24 hours before disappearing (sometimes called a mini-stroke). While TIAs generally do not cause permanent brain damage, they are a serious warning sign of stroke.

(\*2) An Implantable Cardioverter Defibrillator (ICD) is an electronic device which monitors your heart continuously. The ICD is programmed to detect abnormally fast or slow heart rhythms. (\*3) If in doubt please consult your family

NOTE: A person who is dependent on or regularly abuses psychotropic substances, ie, those that can induce mood changes or distorted perceptions, is barred from holding any learner permit or driving licence.

A person who suffers from serious arrhythmia which has at any stage resulted in loss of consciousness is particularly advised to consult his/her doctor before applying for a licence.

If you have any doubts about your physical or mental fitness to drive you should consult a doctor.

**CONTENT OF MEDICAL REPORT:** The medical report must specifically refer to your eyesight, hearing, general physique and your general medical condition insofar as it is relevant to your ability to drive. This is the case regardless of whether the report is needed for age reasons or for illness/disability reasons. If you are downloading this form (PDF) then it must be printed back to back on one page.

**APPEALS:** An appeals mechanism is available for drivers who have been refused a licence on medical grounds. The Driving Licence Authority will inform drivers of the appeals process when informing them of the licensing decision.









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## **POLITICAL** OUTLOOK

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

## **MUNICIPAL AREA NEWS**

# **SEPTIC TANK ISSUES**

Cllr. John Sheahan is requesting that Kerry County Council write to the Minister for Environment, Mr. Simon Coveney to request that home owners experiencing problems with their spetic tanks may be permitted to apply for grant aid through their local authority.

## **REDZ FUNDING**

Cllr. John Sheehan has asted Kerry County Council to apply to the Department of the Environment for additional funds to continue with works in progress on the MacGillycuddy Reeks. "Tremendous work has been done, paths have been constructed but unfortuantely the REDZ funding is used and more funds are required to keep this great project alive.

# **HAPPY DAYS FOR KERRY PRE SCHOOLS**



Deputy Michael Healy-Rae has welcomed the funding of €250.000 which been has allocated to Pre Schools in Kerry by Dr Katherine Zappone, TD, as part of a €6.5m capital funding has been allocated through the Department of Children

and Youth Affairs to 1,006 pre-school providers nationwide.

Deputy Michael Healy Rae welcomes the announcement that €6.5m has been allocated to 1006 pre school providers nationwide with 37 of them in Co. Kerry receiving almost €250,000 of the allocation

The funding being made available is specifically for pre-school providers - both community/ not-for-profit and private providers - who want to expand their services to cater for more children from September 2016.

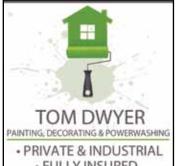
Michael Healy Rae states that "The grants that are being awarded may be used to cover the following:

- · Build / fit out / refurbishment of an additional room /extension;
- · Minor building alterations; and
- · Costs for additional play equipment (to a maximum of €5,000) to facilitate an increase in childcare places."

The Deputy confirms that the Department of Children and Youth Affairs, with the assistance of Pobal, invited applications from all services contracted to deliver its various childcare programmes. All submitted applications were considered in order to find those that most closely and completely met the criteria and objectives of the programme and this is great news for the Pre School Providers in Kerry who play a vital part in our communities.

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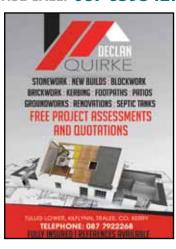


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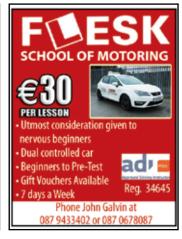














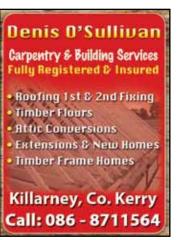
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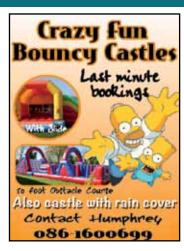
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## AWARE SUPPORT GROUP MEETINGS

**Aware Depression Support** 

Group meets: Killarney - Mondays, KDYS at 8pm. Aware Support Groups are free to attend,

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### Ed29 10027 JOHN'S REMOVAL SERVICES

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### Ed29 10046 **TO LET**

Lovely Holiday Home to rent in Killarney Country Club, Faha. Sleeps 6.

Available immediately. Week-end / weekly letting. Reasonable rates..

Call Mary: 087 7758477.

### Ed28 09812 **TO LET**

Room to rent: Park Road Area.

Call: 086-3163535

### **KILLARNEY AL ANON**

The Killarney Al Anon meetings are held Tuesday nights at 8.30pm and Thursday morning at 11am in Ozanam House Green Lawn.

Contact Mairead: 087-7808106

# FOR SALE

### Ed28 10042 FOR SALE

House clearance, solid pine dresser, larder, table and 4 chairs, single beds, double bed, wardrobe, lockers, chest of drawers. €900 for the lot.

Call: 087 9933411

### Ed28 09811 FOR SALE

Single bed, pine frame and head board, Orthopaedic Mattresses, as new condition. Only 1 year old, very little use. Only €100.

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### Ed29 09808 WANTED

2 Female, Non Smoking Irish Doctors looking for apartment or house, minimum 2 bedroom preferably close to Killarney town for minimum one year lease from July/August.

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# Kerry Services

Saint John of God Kerry Services provides a range of programmes and services for adults and children with an intellectual disability in the Kerry region. A person-centered approach to service delivery is promoted in accordance with the Order's values and ethos and in keeping with its commitment to the continuing development of community based services.

# **OFFICE ADMINISTRATOR**

Full-time 12 months Fixed Term Contract of Employment

Applications are invited for the above position to join our Administration Department within Saint John of God Kerry Services. The post holder will be required to provide cross cover within a very busy administration department to include, accounts payable, payroll and general administration.

### APPLICANTS SHOULD IDEALLY HAVE:

- 4 6 years relevant administration experience.
- · Desirable experience in accounts payable and payroll.
  - · Proficient in MS Office

(Outlook, Word, Excel and Powerpoint)

- Excellent inter-personal communication skills, including telephone techniques.
  - · Ability to prioritize, to manage own work flow, use own initiative.
- · Ability to self-motivate and problem solve issues that arise
  - · Excellent accuracy and attention to detail
  - · Experience of cash handling is desirable
  - · Excellent written and verbal communication skills
  - · A full clean driving license suitable for manual vehicles

If you believe you have the necessary enthusiasm and experience to bring to this role please forward your letter of application along with your Curriculum Vitae to Dolores Parker, Human Resources Dept, Saint John of God Kerry Services, Monavalley Industrial Estate, Tralee or email

## dolores.parker@sjog.ie

before 5.00pm on Friday 22nd July 2016.

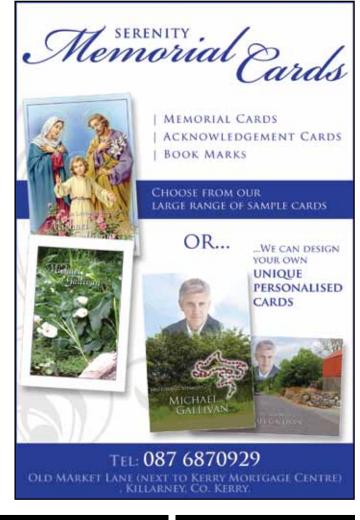
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Welcome back dear reader last week we looked at the origin of our identity. We saw how God has an intimate knowledge of us - even knowing our name before we were conceived (Jeremiah 1:5; Psalm 139:13-18)). In other words friend — you are no accident. Each one of us was planned to be on this earth right at this time ever before God created the world (Ephesians 1:4). The problem is, since the fall of Adam and Eve when they handed control of this world over to Satan through sin, our enemy began to mess up the human race birthing all kinds of evil and wickedness by controlling people who through sin, reflect his evil nature. Satan is completely evil in nature; the Lord Jesus called him a liar, a murderer, a deceiver (John 8:44; Mathew 6:13) who hates God and mankind. He even tried to take over Heaven but thankfully he failed and was kicked out (Revelation 12:7-12; Isaiah 14 12-17; Luke 10:18), and unfortunately for us landed on planet earth and began his evil works here. But right at the beginning God promised Adam and Eve that He would send a man to crush the Devil's head (Genesis 3:15). This man is of course the Lord Jesus Christ of Nazareth the Son of the Living God, and our Saviour. He defeated Satan through the suffering He endured at Calvary and through His death and resurrection He conquered that evil kingdom and when He went into Heaven after His resurrection He presented His perfect Blood to God the Father (Romans 4:25). This Blood took care of the sin issue for us, because Father says through the power of Jesus sacrifice He has fully forgiven and forgotten our sin (Hebrews 12). You can see then how our efforts in suffering sicknesses and poverty etc cannot improve what the Lord Jesus achieved for us through His sacrifice. That is why the Scripture says there is no other name given for men to be saved or healed but the Name of Jesus (Acts 4:12). Keep following next week...

Contact: 064 - 66 22950 E: wovkillarney@gmail.com



## THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.  $\boldsymbol{\mathsf{F}}$ 

## **NOVENA TO THE SACRED HEART**

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish. F

## THE MIRACLE **PRAYER**

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Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

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Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

J.K.O.C.

## **NOVENA TO ST. MARTH**

O ST. MARTHA, I resort to thee and to thy petition and faith I offer up to thee this light which I shall burn every Tuesday for nine Tuesdays. Comfort me in all my difficulties thro' the great favour thou didst enjoy when Our Saviour lodged in thy house. I beseech thee to have definite pity in regard to favour I ask (mention favour). Intercede for my family that we may always be provided for in all our necessities I ask thee St. Martha to overcome the dragon which thou didst cast at they feet. One our Father and three Hail Marys, and a lighted candle very Tuesday and the above prayer made know with the intentions of spreading devotion to St. Martha. Never know to fail.

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H.H.

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Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

B.P.C>

## ST THERESE

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles... the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear

lead others to Jesus through you. Amen. Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted.

Little Flower, I will fulfill your plea "to be made

known everywhere" and I will never cease to

## **MEMORIALS** & REMEMBRANCE

## **1ST ANNIVERSARY**



In loving memory of a dear uncle

## **IOHN** O'DONOGHUE

4 Holy Cross Gardens, Rock Road and formally of 4 O'Kelly Villas and Upper Park Road Killarney, Glencuttane and the Black Valley Beaufort.

Whose untimely but peaceful passing occurred on Tuesday the 14th of July 2015. RIP

Our lady of Knock Golden Rose, Queen of Ireland all my cares and troubles cease as I kneel with love before you Lady of Knock my Queen of Peace.

God saw you getting tired and a cure was not to be, so he put his arms around you and whispered "come with me", you went away so suddenly I did not get to say goodbye, precious memories never die. A Golden heart stopped beating, hard working hands at rest.

God broke my heart to prove to me he only take the best. Death leaves a heartache that no one can heal. May the angles take care of you John an uncle I loved so dear, fold your arms around him keep him always and forever near. Sometimes on the phone having talked about football and the horse racing, they are the wonderful memories, I will keep within my heart. My thoughts are ever with you, though you have passed away, and those who loved you dearly are thinking of you today.

Silent thoughts sincere are true, from a nephew who thought the world of you, no longer in my life to share but in my heart you are always there. It's lonely here without you I miss you more each day, for life is not the same to me since you were called to your resting place, I visit, place flowers there with care but no one knows the heartache when I turn and leave you there.

"Our lady of Knock, Queen of Ireland, you gave hope to your people in times of distress and comforted them in sorrow"

Never forgotten and forever loved, very sadly missed, by your loving nephew, football and horse racing buddy, always remembered by Martin O'Donoghue.



## FIRST ANNIVERSARY & ACKNOWLEDGEMENT



In loving memory of

## **BENNY** MURPHY

Banard, Gneeveguilla 16th July 2015

As we lovingly remember Benny on this his 1st Anniversary, his wife Marian and family Dan Ben, Rita, Tommy, daughter in law Aileen, his sister Mary and extended family wish to thank most sincerely everyone who sympathised with us on our recent sad bereavement, those who sent Mass cards, messages of sympathy and those who contributed to The Irish Kidney Association.

A special thanks to kind neighbours, relatives and friends who called to our home, who stayed with us the night of the wake and those who attended the removal Mass and burial. We would like to thank those who brought food and refreshments and to all who helped in anyway. We would also like to thank those who visited Benny during his illness. We wish to thank Fr. Pat O'Donnell, Fr. Kevin McNamara and Fr. Finbarr Crowley (Innishannon) for the meaningful liturgies.

Grateful thanks to Sean O'Mahony Undertakers for their courtesy and kindness, thanks to Tim Gleeson and Noreen Lucey for enhancing the Mass with their music and to Tommy Gleeson for the music at the graveside.

We would also like to thank Donie the sacristan, the gravediggers and the Gneeveguilla GAA Club (Ladies Committee) for providing refreshments. We wish to express our deepest gratitude to Reen's Pharmacy Killarney, Dr. McDonnell and Tralee Dialysis Unit and Tralee Palliative Care Team, Dr. Liam Plant and renal team, C.U.H. and Beaumont Hospital Dublin, where Benny received the gift of a kidney transplant, we ask you to say a prayer for the donor and family for their generosity.

The Holy Sacrifice of the Mass has been offered for all your intentions.



## **3RD ANNIVERSARY**

In Loving Memory of



# O'DONOGHUE

Born into eternal life on 19th of July 2013

Deep are the memories Precious they stay No passing of time Can take them away They bring a smile Sometimes a tear But always a wish That you were still here.

Sadly missed and lovingly remembered by your Auntie Siobhan, Uncle in Law Jerry, Cousin's Cassandra and Ellen and Grand Uncle Jerry.

A silent thought, a quiet prayer For a special person in God's care

## ST. THERESE OF THE LITTLE FLOWER

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore vour Miraculous Intercession.

So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles... the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention specifics here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses.

Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you. Amen.

## PRAYER TO THE VIRGIN MARY

### **NEVER KNOWN TO FAIL**

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times).

Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. Thank you for

favours received. X

## **PRAYER TO** ST. EXPEDITE

When you are in urgent need... **Pray to Saint Expedite** Our dear martyr and protector, Saint Expedite, you who know what is necessary and what is urgently needed. I beg you to intercede before the Holy Trinity, that by your grace my request will be granted.

(Clearly express what you want, and ask him to find a way to get it to you) May I receive your blessings and favors. In the name of our lord Jesus Christ, Amen.

If Saint Expedite grants your request, place an ad in the newspaper thanking Saint Expedite, so that his name and fame will grow.

B.O.M

## **NOVENA TO THE SACRED HEART**

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to

fail. Must publish. X

## **NOVENA TO THE** SACRED HEART

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# PAUL FITZGERALD & SON

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