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## KILLARNEY OUTLOOK - CHARITY FUNDRAISER



Killarney Outlook will donate the proceeds of all advertising in the issue of May 29th to the Kerry Cancer Support Group/Kerry Cork Health Link Bus. The team at the Kerry Cancer Support Group/Kerry Cork Health Link Bus. From left: Breda Dyland, Linda Daly, Trish Kelly, Donal Nelligan, Mike Brosnan, Paudie Collins, Mark Collins and John Fleming. Full details on Page 4.



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## EDITOR'S NOTE

**W**e are very excited at Killarney Outlook to announce that we are donating all the proceeds of our advertising in the issue of May 29th to the Kerry Cancer Support Group. These are unprecedented times for everyone, including charities, who have found it very difficult to

fundraise. Unfortunately we all know someone who has been affected by cancer and the support and services offered by the Kerry Cancer Support Group are second to none. If you would like to get involved in this fundraiser, you can do so by placing an advert with us, knowing

that all revenue will go directly to the Kerry Cancer Support Group. In the meantime - stay safe, stay positive, stay home and we will all continue to *#flattenthecurve*

Aisling Crosbie,  
Editor 086 0400958



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

# KILLARNEY OUTLOOK CHARITY FUNDRAISER



Driver Mike Brosnan filling up the bus before heading to Cork.



**C**harities are one of the casualties of this current pandemic as many of their fundraising activities have either been postponed or cancelled altogether.

Killarney Outlook wants to play its part to help. We have decided to donate the proceeds of all of our advertising in our May 29th issue to Kerry Cancer Support Group. Kerry Cancer Support Group is a community-based, volunteer-driven, community-supported organisation. Its signature service is the Kerry Cork Health Link Bus, a 30-seater bus which brings patients from Kerry and West Cork to Cork University Hospital, Mercy University Hospital, Bon Secours Hospital and The Cork Clinic for cancer treatment free of charge five days a week.

If you would like to get involved and help this charity you can do so by placing an advert in the 29th May issue. All the advertising revenue will go directly to Kerry Cancer Support Group.

A quarter page will cost €20, a half page will cost €40 and a full page will cost €80 plus VAT. We urge you to support this worthy charity during these unprecedented times. Demand will be high, so send your advert in now to our design team to avoid disappointment.

Speaking to the Killarney Outlook this week, Breda Dyland, from the Kerry Cancer Support Group/Kerry Cork Health Link Bus told us that Kerry Cancer Support Group is continuing to provide its transport service to people affected by cancer in the region to hospitals in Kerry, Cork and Limerick.

"Covid-19 has affected us and our service users in that we have had to implement distancing on our services and reduce capacity. Because of this we can no longer offer the option of having a family member or friend travel with the patient", Breda said. "We have had to increase our services and now have two vehicles traveling to Limerick daily and have been very lucky to have volunteer drivers from around the county including Killarney to help when needed too. We supply Masks, gloves and sanitiser in all our vehicles and our drivers are temperature checked before each journey and the vehicles are cleansed before during



and after each trip. We are extremely grateful to the Killarney Outlook for this donation and the funds will go directly to the provision of our healthlink transport services", she added.

The Kerry Cancer Support group cover hospitals in Kerry, Cork and Limerick. They have also set up an education and information service. They visit schools, community groups and other organisations and provide them with information around cancer prevention, reducing their risk, screening, knowing their bodies and healthy lifestyle.

The Kerry Cancer Support group receive no Government or HSE funding, and all support for the group comes from sponsorship and fundraising events held by the public around the County and beyond and because they are a local Charity all monies stay in the County.

By supporting the service you are making a difference to the emotional well-being of the users and that of their families giving them the peace of mind knowing that they have a safe, secure and supportive way to attend their treatment and hospital appointments.

**With your help, Kerry Cancer Support Group can continue with their fantastic work.**



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# ORDER OF MALTA CADETS GET BUSY BAKING

**T**he cadets at the Killarney Order of Malta would normally be busy at this time practicing and getting ready for regional and national competitions - but as we are now living in a new normal they decided that it would be a good idea to do some home baking and deliver to the frontline services.

With over 50 cadets in the unit, it was decided to start with the first group and then give every group the opportunity over the coming weeks. First port of call was the Killarney Fire Station, this was followed up by visits to Killarney Garda Station, Killarney Community Hospital, the Prestytery, the Ambulance Service and St. Columbanus Home.

Among those baking this time were Faye O'Carroll, Molly and Tara Jenkinson, Meabh Doolan, Lucy and Caoimhe O Sullivan, Aoibhe O'Sullivan, Maryellen and Lucas Mcgough, Saoirse and Clíodhna Sweeney, Clodagh Mcgorrigan, Lea Ella and Cara O Connell, Chloe Herlihy and Katelyn Horgan

The cadets had lots of help from more senior members of the unit including Daniel Cremin, Emma Affonso, Kacperand Wicktor Bogalecki and to Anne Nagle and Mikey Fleming for driving to each house and delivering to each of the front line services.

Speaking to the Killarney Outlook, Tara Sparling O'Riordan who is Unit Cadet Leader said "They are a fantastic group of youngsters and each of them were extremely keen to join in and get stuck into the baking! I know they each want to do it again as soon as possible. We all miss them very much as we meet them every friday night



and it was a lovely way for us to see them and get to spend a little time together".

"We wanted to deliver to the front line services as we are a voluntary group ourselves and these services have helped us out immensely in the past. The garda station and firestation have allowed us to tours of their stations and this past christmas we did a carol service for the residents of st.columbanus. we just wanted



to show them our appreciation for all they are doing to keep each of us safe", Tara added.

"Usually at this time of year we would be very busy with cadets going on duty to the races, the Ring of Kerry and several other duties. So this is another way to keep us connected and in touch with each other", she added.

## 14 Kerry submissions for artwork sale in aid of struggling children's charity

Responding to its funding crisis, and on foot of the 15 minute sell out success of its art sale INCOGNITO – Part One, the Jack & Jill Children's Foundation has launched its INCOGNITO – Part Two Collection which is hoped will help to raise further much-needed funds for the services they provide for struggling families across Ireland.

Supported by William Fry, this affordable, accessible, and imaginative online collection of 978 original pieces of art, all donated to the charity, began previewing on Monday 11th May on [www.incognito.ie](http://www.incognito.ie); with the online sale starting at 10am on 28th May. Kerry artists have made a significant contribution



to the collection, donating their own postcard-sized art contribution to raise vital funds for the children's charity. The original artworks will be

sold online on a first-click-first-served basis for €50 each, with the exciting prospect of acquiring a very valuable piece of art. The identity of the artist will not be revealed until the successful purchaser receives their art in the post, with the artist's signature on the back of the artwork.

13 families from Kerry have utilised the Jack and Jill foundation's services in April, with a total of 72 seeking assistance from the charity to date this year. Purchasing one painting is the equivalent of three hours of specialist nursing home care for any one of these families. To browse the artwork collection and pre-register for the 28th May sale please log on to [www.incognito.ie](http://www.incognito.ie)



# KILLARNEY OUTLOOK CHARITY FUNDRAISER

In Aid of the **Kerry Cancer Support Group**

## FRIDAY MAY 29TH

All **Advertising Revenue** from the  
Killarney Outlook on May 29th

### WILL BE DONATED

TO THIS FANTASTIC CHARITY!

To be part of this fundraiser place an advert with us:

Quarter Page:	€20
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# REFLECTING ON THE WORK OF THE KENYA EDUCATION PROJECT 2003-2020

In this week's *Killarney Outlook* we look at *The Kenya Education Project* which was founded by Killarney man **Eddie Sheehy**.

**F**irst impressions of education facilities in the village of Embulbul, Kenya in 2003 were of a series of corrugated iron sheds with gravel floors, cramped teaching conditions, overcrowded classrooms, with basic teaching facilities and limited resources. Teachers were very enthusiastic and pupils were eager to learn. In spite of the cramped conditions and limited resources all the children received a hot meal each lunchtime, for many the only meal of their day. In 2004 a secondary school was started on the church grounds, the first intake was 100, again accommodated in corrugated structures in a confined space, the early days of Br. Beausang Secondary School. The vast majority of the students lived in very challenging conditions in the village, where electricity, running water and sanitation were in short supply or often absent and many families struggling to put food on the table, a further challenge being unemployment and low paid jobs among the village inhabitants. In the early years any money raised in Kerry was used to sponsor students, who had been identified as needy through home visitation. The home visitation enabled volunteers to see at first glance what these living conditions were like. 12 was the initial number of students sponsored in 2004. Some money was also set aside for school equipment, books, sports equipment and science equipment which was needed as many studied two science subjects with a lot of practical work included. In the early years it was discovered that only 8 students had seen or switched on a computer, so gradually the computer equipment was built up and every student had a weekly computer lesson and the world of Facebook, Emailing and the worldwide web was introduced to students. Soccer was a huge focal point in the schools and the village so lots of footballs, jerseys, boots began to make their way to Embulbul and gradually the school developed a high profile in soccer competitions and helped the students to identify and be proud of their



*The new secondary school which started in 2007.*



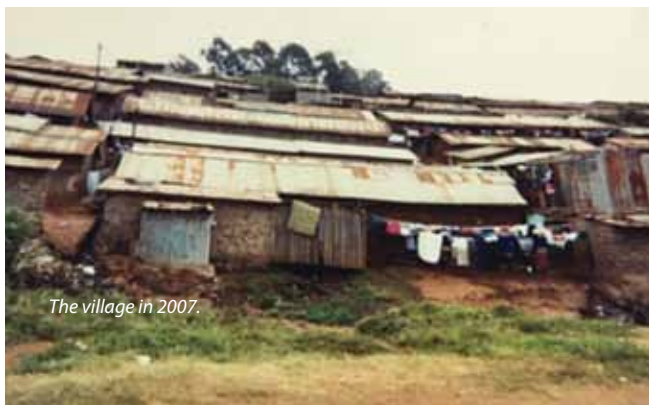
*Homework time... a student with an oil lamp studying at home.*

new school. Land was purchased and a new secondary school was started in 2007 and some money from Kenya project was set aside for the school building. By 2009 the new school was functioning and later an administration bloc, science rooms, staff room were added on to provide a much changed learning environment for the students and staff. By now 23 students were sponsored by the project.

At this time a village called nKaimurunya was targeted by Fr. Fabian S.M.A. as it had many

families with young children who had no access to social interaction, play or education of any form. Due to the generosity of a business man from Limerick The Kenya Project was able to donate 5,000 euro each year for a number of years to complete a building project in the village and in 2010 St. Andrew's School was officially opened with an intake of 240 children and over the following years the project helped to tile all the floors, upgrade a kitchen and toilet bloc which improved the learning environment for all the children. By 2012 this work was completed and a dream had come true in a very marginalised locality.

In Embulbul meanwhile the primary and secondary schools were thriving with sponsorship from Kerry, Australia and U.S. The next phase of the development was to move the primary school to the same site as the secondary school so another 12 classroom bloc was started at a cost of 28,000 euro. Each year the number of sponsored students increased, by 2012, 33 students were sponsored. The primary students were now in a spacious, comfortable, solid walled building with modern sanitation facilities which enabled the school numbers continue to grow. As the years progressed there were 400 students in both the primary and secondary schools.



*The village in 2007.*



*Jerseys which were donated to the soccer team.*



The Kenya Project from 2013 onwards focused its work and fundraising on the village of Embulbul through the school, a soccer academy in the village and the sponsorship of a limited number of students in further education who had completed their time in Br. Beausang school. Mercy Namalwa was the first girl to be sponsored in a catering college course, her fees were paid each year. She was followed by Stephen Ochieng whose computer training was also financed and who is now employed by a computer services company locally, lives in a solid bloc apartment and is helping a younger member of his family to be educated. Jacinta was helped to complete an office administration course and now works as a school secretary and recently was able to help refurbish her mother's home in the slum. Charles is presently studying at weekends for a business degree in university while working to support his family, his desire to improve his chances of employment and provide a better quality of life for his children.

In more recent years the number of sponsored students has increased to 80-90 which is a reflection of all the support which the project is receiving. There was an increased focus on village life through the work of the local SVDP group whose links with the poorest of the poor are very strong. Through increased home visits the project is very aware of the struggles many families experience so now financial support is given to the SVDP to boost their budget which is spent on buying food, medicines, clothes and paying for hospital visits. A furniture programme started in 2016 whereby a bed, mattress and a blanket is supplied to families in need of such essentials, is progressing very well with 12 families on average supported each year. All materials are locally sourced, and local tradesmen are employed to make the furniture. The most recent donation sent to SVDP is to buy water, soap and other essential items to help families in the fight against Covid 19.

The parish has provided a feeding programme for up to 80 children each weekday evening, but unfortunately the main international sponsor withdrew its funding so The Kenya project is committing 8,000 euro per year to maintain this essential service. In 2017 the project was able to repair the kitchen and provide new cooking stoves to help produce



Killanreigh barrister Katie O'Connell brings gifts to the students at the schools.



The Irish Flag is raised at the Secondary School.

food more economically.

The exciting introduction of a summer camp for 30 children from the village is the latest addition to our work. It takes place each August when Arts, Crafts Sports, visits and life skills training are all packed into an exciting fun filled week. This is primarily sponsored from the very successful coffee morning which was

recently added to our fundraising events.

Throughout the years an essential part of the work of the project is the education element here in Kerry whereby many students in primary and secondary schools see a powerpoint presentation with a volunteer. At present approx. 12 schools are regular fundraisers for the project, resulting from a discussion and research on the work of the project. Credit is due to the management and teachers of these schools who value the work of the project. 25 volunteers have spent part of their holidays in Embulbul over the years, working in the schools, visiting homes, assisting in the feeding programme and gaining an awareness of the life of local people who struggle daily to meet life's challenges. This experience is then shared on their return home thus leading to greater understanding of the work of the project. Obtaining charitable status has put the project on a sound footing. In comparison to the 4,000 euro which was raised in 2004 the income now is 7 times that amount, a reflection of the generosity of individuals, groups, schools and organisations in Kerry and beyond. The residents of Embulbul are no different from ourselves at present, as we all struggle to come to terms with the effects of Covid 19. However for people living daily with challenges of poverty and lack of resources the challenges are much greater when state support is not evident.

The feeding programme is enjoyed by all the children.



Art classes are one of the favourites.



# WINNER OF KERRY *SHORT FILM BURSARY* ANNOUNCED



Winner: Jean Pasley

**T**he Kerry Short Film Bursary 2020 has been awarded to Writer/Director Jean Pasley and Producer Greg Burrowes for their project "Ship of Souls".

Siobhan O'Sullivan, Kerry Film Officer with Kerry ETB, and Kate Kennelly, Kerry County Council Arts Officer, are delighted to announce that the Kerry Short Film Bursary 2020, worth €10,000 towards the production of a short film, has been awarded to Writer/Director, Jean Pasley, & Producer, Greg Burrowes, for the project "Ship of Souls". This project was selected from a competitive field of sixty applications. "Ship of Souls" was previously shortlisted in Kerry in 2019 and benefitted from a script development award. The screenplay is a fascinating look at the interplay of different cultures when



a Japanese woman arrives in Kerry to grieve her deceased husband with his family.

Jean is an experienced writer and has directed two short films "Serial Numbers" and "To the Mountains". She wrote, directed and co-produced the documentary "Ordinary Worries: The Bosnian Community in Ireland" and co-wrote the 2019 feature film "Dead Happy".

The Kerry Short Film Bursary, funded by Kerry County Council and the Arts Council of Ireland aims to develop the filmmaking sector in County



Kerry. In awarding the bursary, Arts Officer at Kerry County Council, Kate Kennelly focused on the importance of supporting film making in the county and noted that "Kerry is an ideal filmmaking location with a wealth of interesting locations and local filmmaking services available". CEO of Kerry County Council, Moira Murrell, emphasised that "supporting filmmakers who want to locate their productions in Kerry is something that Kerry County Council is keen to continue to do".

## FOUR GREEN FLAGS FOR ST. BRIGID'S



The green team at St. Brigid's Secondary School Killarney.

The team at Green-Schools were very impressed with St. Brigid's Presentation application this year. Congratulations to Green Schools Coordinator Ms. Sheree Murphy and her TY team over the last two years for their hard-work, creativity and innovation. Sheree and principal Ms. Roisin Moore would like to thank everyone in the school for co-operating with different initiatives from bulb planting, litter picking, cycle workshops, walk on Wednesdays, ban on single use plastic in the school, swap shops the list goes on in order for the school to receive it's fourth green flag for "Travel".

As well as the school receiving the green flag for travel the school also renewed its last three flags for Litter and Waste, Energy and Water. The school in the last two years have been working closely in

particular with Eileen O Donoghue of Killarney Municipal and Killarney Tidy Towns in order to encourage more walking, cycling, park and striding and carpooling to school. "The school has seen great statistically evidence in their alternative methods of travelling to school. In just two years we have seen an increase in the number of students walking, cycling, park and striding as well as carpooling to school. It is great to see this increase from year 1 to year 2 despite there being more students in the school in year 2" said Sheree. Unfortunately, due the current situation, there will be no Green-Schools Awards Ceremonies this year but we look forward to receiving our Green Flag and certificate and hope for the raising of the flag in September.



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A chance meeting..Kevin Leahy, left of the Black Sheep Hostel, chatting with well known Killarney man Mossie O'Leary.



Alan Ryan, left and Jerome Corkery, getting the news of the day at Sheahan's Centra, on Muckcross Road.

# IT'S GREAT TO SEE YOU...

Photographer **Valerie O'Sullivan** captures life in Killarney during Week 8 of Lockdown



Chef extraordinaire Seamus O'Connell, of Malarkeys in New Street, ready to take a spin on his bike this week.



Mike Sullivan-Bank with his Daughter Alice and the next door neighbours cat, sharing a moment in Bellview, Killarney.



The world is a stage...Jerry Adams famous for his leading roles in Killarney Musical Society, out for a stroll with Donncha Crowley, in his role as community Nurse.



A clean sweep...Gerry McCarthy, out in force this week for Killarney Municipal District.



For every season...there is a time... Brendan O'Neill, keeping everything perfect in Killarney National Park.



Photobomb...Aidan Slattery steals the limelight from his hard working Dad Sean Slattery, on task no 155 - clean the windows at their house in Woodlawn Park.



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We all have a part to play in preventing the spread of Covid-19. Thank you and our staff for your understanding.

**THIS WEEK'S BEEF COMES FROM CAHILLANES MEATS KILLORGLIN. THIS WEEK'S LAMB COMES FROM CAHILLANES MEATS KILLORGLIN.**



# KILLARNEY TAKES PART IN VE DAY CELEBRATIONS



A lone Piper... Eamon Mulvihill, from Kilcummin, Co Kerry, a member of the Killorglin & District Pipe Band playing "Battle's O'er" along with pipers around the world at 3pm, on 8th May 2020. PHOTO: VALERIE O'SULLIVAN

**O**rganised by Pageant Master Bruno Peek and his dedicated team, the playing of "Battle's O'er" by pipers around the world took place on 8th May 2020, in 28 countries including Ireland, United Kingdom, New Zealand, Australia, France, Belgium, Canada, South

**Africa, Russia, the United States and Germany is a unique aspect of the 75th Anniversary of VE Day which marked the end of the war in Europe on 8th May 1945.**

The fact that over one thousand pipers in 28 countries are still taking part from the safety of

their homes during this difficult time in all our lives shows the determination and strength of the family of piping throughout the world that wants to pay tribute to the many pipers that lost their lives during WWII, along with the many, many millions throughout the world that gave and sacrificed so much to ensure we all share and enjoy the freedom we have today. Eamon Mulvihill, from Kilcummin and a member of the Killorglin & District Pipe Band said "After the Covid-19 lockdown announcement was made, it was disappointing that we would be unable to play together as a Band. That said we are delighted to be able to play and members of the Killorglin and District Pipe Band are still participating from the safety of their homes."

"I am proud to be part of this historic event and will be playing "Battle's O'er" (the traditional March played by pipers at the end of a battle) paying tribute to the hundreds of pipers who saw wartime service, along with those men and women that gave so much to ensure and celebrate the freedom we all have today. The pipers through their selfless bravery inspired the troops through their music and paid the ultimate price."

## KERRY TO CELEBRATE NATIONAL DRAWING DAY



XXXXXXX

Kerry Local Creative Youth Partnership is calling on young people to take part in an initiative they are supporting. National Drawing Day takes place, tomorrow, Saturday May 16th and young artists, art lovers, gallery enthusiasts, art students and anyone who loves drawing is being asked to follow The National

Gallery of Ireland on social media Facebook @NationalGalleryofIreland, Instagram @nationalgalleryofireland & Twitter @NGIreland for National Drawing Day updates. The Gallery is asking people to Go big and stay home! It will be posting inspirational drawing ideas over the coming days, and linking to amazing Drawing Day projects in dozens of museums, galleries, cultural centres across Ireland. @KerryLCYP on twitter, facebook and Instagram will be promoting the event online. "The day offers a great chance for our young people to post their art online, onto a national forum for the whole country to see, stated Deirdre Enright, Creative Youth Co-Ordinator at Kerry Local Creative Youth Partnership. On Saturday 16th May next, children and young people can create a drawing in advance, or on the day itself, and share it online on the day using the hashtag #NationalDrawingDay Drawing Day has something for everyone! @kerryLCYP will be promoting the event on the day and interested schools, young people and families right across Kerry are asked to get involved.

## MacGillycuddy Reeks Agri-Environment Project expands

There was welcome news for farmers and communities surrounding the MacGillycuddy Reeks this week when it was announced that there is an additional eleven new farmers to the locally led agri-environmental project operating in the area. The eleven new participants are all active sheep farmers in the MacGillycuddy Reeks, with a combined area of 220 hectares being included for habitat management, with site specific actions also included. The Reeks EIP project is a four-year pilot locally led agri-environmental scheme to improve the sustainability and support the economic viability of farming in the MacGillycuddy Reeks. The project focusses on improving the environmental condition of the land through an incentivised payment scheme, training farmers and supporting the development of collective groups in carrying out necessary works, such as treating invasive species like rhododendron, the management bracken and scrub etc. Currently the Project Team are developing annual work plans with the new farmers who will participate to sustainably manage their High Nature Value Farming Land.







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# Poetry Corner

## ‘Take Care’

By: President Michael D. Higgins

In the journey to the light  
the dark moments  
Belief requires that you hold steady  
Bend, if you will, with the wind.  
The tree is your teacher,  
roots at once more firm

more experience in the soil made fragile.  
Your gentle dew will come and  
a stirring of power

to go on towards the space of sharing.  
In the misery of the I, in rage,  
it is easy to cry out  
against all others but to weaken  
is to die in misery of knowing

the journey abandoned towards the sharing  
of all human hope and cries in the loss  
of all we know of the divine reclaimed for our  
shared humanity.  
Hold firm. Take care.  
Come home together.



## Ghost Town Tumbleweeds

By Nicky Barry

From watching cowboy movies,  
High Street could have been,  
One of those main thoroughfares,  
you'd see in Abilene,  
Or Kansas or Dodge City,  
for they were all the same,  
With their saloon bars and boardwalks,  
at the end of cattle trails.  
If a sandstorm blew up,  
and roared through a western town,  
Cowpokes all played poker,  
until the storm died down.  
Their horses would be bedded down,  
in livery stables out the back,  
While tumbleweeds gathered speed,  
along the dusty track.  
Irish towns are spooky now,  
with this Covid-19,  
Their centres are deserted, and it is a sombre  
scene.

With my cocoon curfew over,  
I cycled round Killarney,  
Looking out for tourists, in search of Irish blarney.  
The streets were all deserted,  
with not a jaunting car in sight,  
And for a famous tourist town,  
this is a Jarvey plight.  
All the Sorry signs were up, saying we are closed,  
With not a pint being pulled,  
in boarded bars in rows.  
The Tatler and The Porterhouse,  
were desolate side by side,  
And to see The Laurels closed,  
would make a pint man cry.  
Up High Street I continued,  
sadly on by cycle trip,  
Expecting to meet tumbleweeds,  
rolling down the strip.

## The Fragility of Humanity

By Peter Doyle

Bluebells, buttercups  
Garlic, cherry blossom  
All in bloom.  
The once wintered trees  
Now leafed in green  
A near perfect canopy

Summer is here  
Yet something is amiss

With this picture;  
Where are the people?  
Would nature dare  
Blossom without us?!  
Like it once did,  
Thrivingly!  
Before we blighted  
The landscape  
With human endeavour

Contaminating the environment  
And air.

Perhaps we will all  
Be humbled  
And appreciate  
That the earth does  
Not belong to us.

IF YOU HAVE A STORY... **Contact Aisling on: 086 0400 958**



# Corona Virus **COVID - 19**

## BUSINESS SUPPORT HELPLINE

Kerry County Council

# 1800 807 102

E: [Business.Support@kerrycoco.ie](mailto:Business.Support@kerrycoco.ie)

### Need information or advice on:

- Re-opening your business
- Financial supports and cashflow
- Managing physical distancing
- Referral to specialist supports



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# BE PATIENT DURING SILAGE CUTTING SEASON



**With silage cutting season underway, the Irish Farmers' Association (IFA) and the Road Safety Authority (RSA) are making a joint appeal to drivers of farming machinery and vulnerable road users to share the road safely.**

The IFA has already urged farm families to be very vigilant about safety around the farmyard and is now extending this appeal in conjunction with the RSA to the public road. Both organisations want farming contractors, who will soon be bringing in the first cut of silage this year, to remember that roads are much busier with pedestrians and cyclists because of Covid19 restrictions.

IFA President Tim Cullinan said "it's going to be a busy time on farms in the coming weeks as farming contractors begin bringing in the silage around the country. Normally at this time of the year both the IFA and the RSA appeal for motorists to be on the lookout for tractors, trailers and other agricultural machinery exiting from fields and farmyards, and while traffic volumes have reduced, this advice still stands. However, we are making a special

appeal this year in light of the current situation to ask that anyone driving farm machinery, especially on rural roads, to cut back on their speed and understand that around every corner could be a neighbouring family or friend out for a walk, jog or a cycle within 5km of their home. We should all expect the unexpected – we have learned already this year, whether on the farm or on the road there is no place for complacency."

Michael Rowland, Director Road Safety Research & Driver Education, RSA, said: "We are coming into one of the busiest times of the year for farmers and despite the extraordinary circumstances we find ourselves in, this work must go on. Indeed, it is because of the CoVid-19 pandemic that this year we are asking drivers of farming machinery to be more aware than ever of what is going on around them. With increased numbers of people of all ages out walking, running and cycling it is imperative that we all take greater care and follow the rules of the road. Coupled with a gradual increase in the distance people can

travel from home and an increase in agricultural vehicles on the roads for silage cutting, the risks increase. We would remind every road user not to be distracted by wearing earphones while out walking or cycling and urge drivers not to use a mobile phone while driving tractors. Such distractions can prevent those out walking from hearing danger approaching or prevent drivers from noticing the family out walking or cycling around that corner."

Pedestrians are also being reminded of the Rules of the Road. This includes using a footpath where one is provided. Where there is no footpath you must walk as near as possible to the right-hand side of the road facing oncoming traffic. Pedestrians should ensure they are visible to other users, cyclists and vehicles, especially when walking in the early morning and late evening. They are also being advised to always assume that they will encounter traffic on the road regardless of the current restrictions on travel.

Drivers of agricultural vehicles are being reminded that they are subject to all road traffic legislation. They are required to carry the appropriate licence and farm vehicles are required to be taxed, insured and must be roadworthy, including fully operational lights front and rear.

**Farmers are also being reminded of the following safety tips:**

Plan and prepare for all work with machinery. Always allow adequate time for the job.

Always practice the SAFE STOP procedure. Reverse park safely, handbrake on, controls in neutral, lower all attachments, engine off and remove keys!

Carry out regular checks and maintenance of all farm vehicles, particularly brakes.

Never remove or modify guards in order to save time. Only use machines if you know how to use them safely and have received suitable training. Always drive at a safe speed and know your limits.

## RESUMPTION OF CERTAIN SERVICES AT CIVIC AMENITY SITES

From Monday next, 18 May 2020, the five Kerry County Council Civic Amenity Sites will resume the acceptance of cardboard, glass and cans for recycling.

Since the imposition of COVID-19 restrictions, services at the Civic Amenity Sites in Killarney, Cahersiveen, Milltown, Lios Póil, and Kenmare, have been limited to the receipt of household waste from those without an existing waste collection service and material for recycling in EcoSense bags.

Kerry County Council has begun the phased resumption of normal services at Civic Amenity Sites and has assessed the public safety impact of the resumption of certain services having



regard to the Government Roadmap for the Reopening of Society and Business.

A spokesperson for Kerry County Council said:

'The social distancing regime implemented at all sites and the traffic management/queuing systems already in place will continue to be observed and managed and we would ask for patience from all customers at this time as we move to this new phase of reopening certain services.' The following restrictions continue to apply in the interests of public health and safety: Only one occupant per car will be admitted to the sites Only cars will be admitted – no trailers or larger vehicles

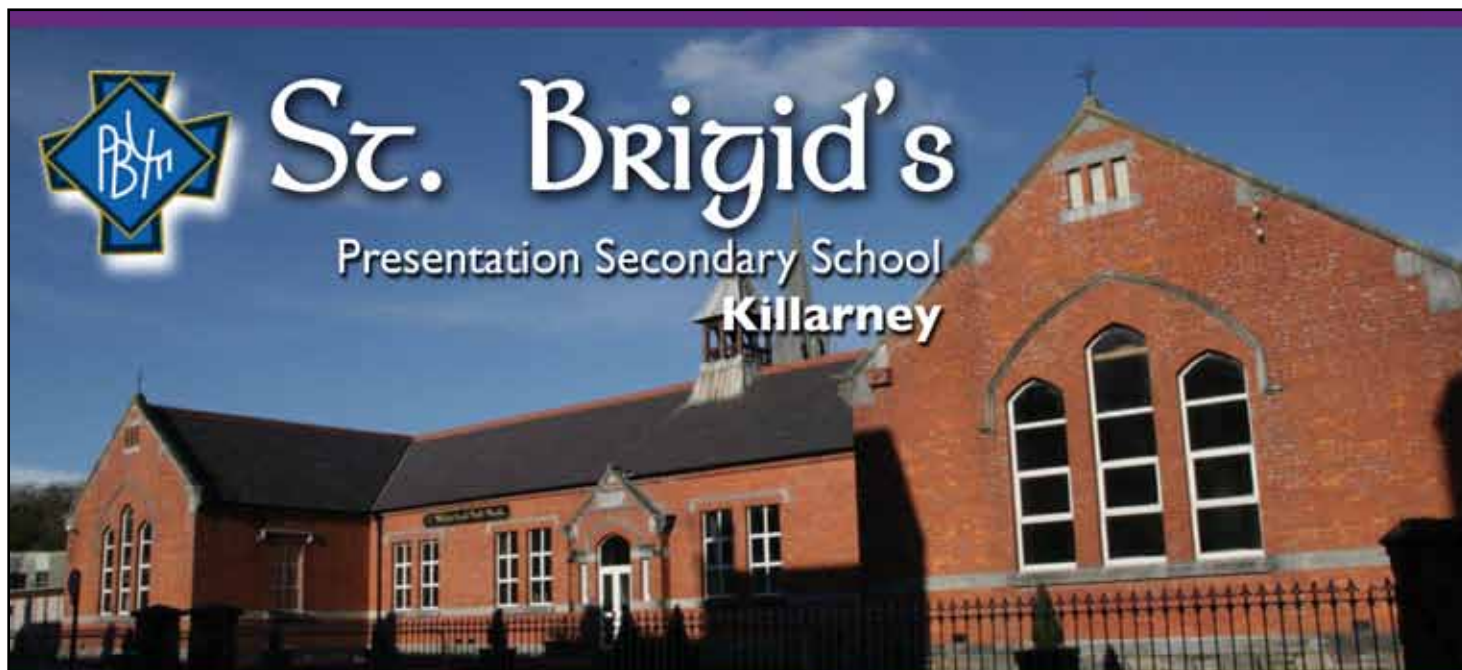
Payments should be made by credit/debit card where possible Social distancing is to be maintained on all sites at all times.





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Presentation Secondary School  
Killarney



## *Congratulations!*

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St. Brigid's 6th year students  
will be celebrating their  
**GRADUATION MASS**  
on Friday the 22nd of May  
at 7.00pm in St. Mary's Cathedral.

The Mass will be streamed live and you can  
celebrate with them at

[www.killarneyparish.com](http://www.killarneyparish.com)

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*The Management and Staff would like to wish  
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# BUSINESS OUTLOOK

GROW YOUR BUSINESS HERE - WITH US!

## TREYVAUD'S OPEN POP UP DELI

*'On March 15th Treyvaud's Restaurant closed its doors but on May 13th, it will reopen as a Pop Up Deli until the restaurant is allowed to reopen under the Government's 5 phase plan of reopening the country.* A lot has happened in the last two months though. Paul Treyvaud made an emotional Facebook Live video announcing the closure of the restaurant back in March which went on to reach over 5.6 million people in total. He immediately followed this the next day with a live cook along with his two sons, Sean and Dylan and the monster, that is Cooking with The Treyvauds, was born. Paul has also just signed a major TV deal bringing both his TV shows Treyvauds Kitchen and Treyvaud Travels into hundreds of millions of homes across North America. More will follow about that news soon....

The reach of all the Facebook live videos that Paul, Sean and Dylan have made over the

past two months is in the tens of millions with people all over the globe tuning in and more importantly, joining in and cooking with them. It has simply been insane and I never saw anything like this happening at all

"After watching so many restaurants around Ireland doing takeaway dinners, We decided to do something completely different. On Wednesday 13th May, Treyvaud's Pop Up Deli opens its doors", Paul told the Killarney Outlook. "We will be open Wednesday to Saturday from 11.00am to 5pm. We will have a fantastic range of fresh food available each day but a much more extensive menu available with 48 hours notice and where people can prepay in advance, call us when they are outside and we can bring it out and put into peoples boots of their cars if they want. Anything can be ordered from the extensive menu with a minimum of 4 portions or more", he added..

As a huge special for our opening week, Treyvauds will be giving a 10% discount off all orders and in-house purchases to say a huge thank you for everyone's support for our reopening "It's really exciting reopening again. When you are in the hospitality trade, you miss the interaction with people. We will be observing all health and safety guidelines with a maximum of 3 customers allowed in at any one time. Obviously there will be no sit down facility but it means that people can enjoy fantastic food in the comforts of their own homes or work knowing that it has been cooked and prepared by us here at Treyvaud's", Paul said.

For an inquiries and orders, please call us 064 66 33062.

Treyvaud's Pop Up Deli open Wednesday to Saturday 11.00am to 5pm



Open for business "Treyvaud's Pop Up Deli" at their restaurant on High Street L-R Brothers Mark & Paul Treyvaud. PICTURE MARIE CARROLL-O'SULLIVAN

## COUNCIL EMPHASISES ROLE OF KERRY AIRPORT IN ECONOMIC RECOVERY

The Cathaoirleach and Chief Executive of Kerry County Council have emphasised the central importance of Kerry Airport in securing the economic recovery in the county in the years ahead. The Council said that connectivity with the UK, Europe and the rest of the world would be critical for Kerry as the economy returns to normal levels of activity in the months and years after the coronavirus crisis.

Cathaoirleach Cllr Niall Kelleher said that now, more than ever, financial support for regional airports like Kerry Airport was critical.

'In the years ahead, as we plot out the recovery from the devastating impact of the coronavirus, Kerry Airport will be absolutely

pivotal for business, tourism and the wider Kerry economy. By offering critical transport links with Dublin, London, Manchester and continental Europe, the airport provides us with an essential conduit to the UK and the rest of Europe which will be hugely important as transport services begin to return to normal', said Cllr Kelleher.

'The funding base provided through the Public Service Obligation (PSO) will be critical in continuing to underpin the role that the airport at Farranfore plays in providing transport linkages for the county.'

Chief Executive Moira Murrell said that connectivity will be crucial for a county like

Kerry in the coming years.

'Air transport links with the regions will be more essential than ever before in the years ahead. Kerry Airport has expanded its services in recent years with new connections to Berlin and Manchester and that ambition needs to be underpinned by continuing support into the future.

'As well as the benefits for tourism locally, the airport provides a vital link for the business sector in the county and for the companies with an international reach which employ so many people locally', she said.

## THE CLEANING DOCTOR IS AT YOUR SERVICE

With certain businesses re-opening on Monday next May 18th, a local cleaning service is providing certificated disinfectant and sanitising service which will provide peace of mind for business owners. Cleaning Doctor, Donal O'Sullivan is available to safely and effectively disinfect and sanitise any workplace

- both internal and external. Using cleaners and sanitiser that are laboratory tested and approved to kill the SARS-COV-2 virus, Donal provides a free no obligation quote..

"At the Cleaning Doctor, we've been continuing to provide our regular external cleaning to local

homes and internal cleaning for businesses", Donal told the Killarney Outlook.

Donal is a Bio-hazard fogging advanced certified contractor and can be contacted on 087-2581681. For a full range of The Cleaning Doctor Service go to [www.cleaningdoctor.ie/kerry](http://www.cleaningdoctor.ie/kerry)





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# WHEN 2 BECOMES 5... MARIE CONTINUES ON HER TRAVELS THIS WEEK

This week **Killarney Outlook** photographer **Marie Carroll O'Sullivan** was able to go a little further to meet people who were put out a call on cocooning within her 5k.



I visited Dalton's Avenue where Eileen O'Shea & Donie O'Dowd were enjoying a daily catch up in the back garden. Donie told me he is ordinarily a DIY man so is catching up on outstanding projects but he does miss socialising and getting out. He is grateful to his daughter Louise who lives with him but is missing his 6 grandchildren. Eileen was in great form. Like Donie, she is catching up on jobs about the house and painting everything in sight. She has discovered the 'Young Offenders' on TV and loves the two boys but says she switches channels when they get a bit vulgar. She especially grateful to Mary Horgan who 'never drank a drop in her life' and queues to go into Tesco to get her weekly shop which always includes a few bottles of wine. Eileen is exceptionally proud of her granddaughter Lauren who is working on the front line in London and she misses her lots. I admired Eileen's beautiful lilies out the front of her house which she brought from St Mary's Terrace and planted them in Dalton's Avenue some 67 years ago. Thanks so much for the chats & bants Eileen & Donie.



Happiest of Birthday wishes Eileen Foley spoiled by gifts from her lovely neighbour Tim Hartnett from across the street at Moriarty Photo Store.

As I sat social distanced with Eileen, in a regular haunt of mine, Charlie Foley's, the reality that is Covid19 hit me hard. Eileen told me she misses the noise, the people and the music most especially Cathal Flaherty (me too). "It's just so quiet Marie but I am delighted that Colm has moved back into New Street for the time being". Eileen meets her friends Mary Healy & Bridget O'Shea at 8am at Killarney House most mornings for a walk which is her only brief outing and she looks forward to it daily. This morning Colm said he'd go with them deliberately stopping to show his Mum the Who's 4 Shoes & The Laurels window displays of thanks to the frontline staff. On arriving at Killarney House "sure of course the girls were gone", Eileen was greeted by her entire social distanced family "jumping out of trees and bushes with banners and singing Happy Birthday". All of her children and grandchildren were there together on her birthday. Eileen said she really misses cuddles from her grandchildren - Claire, Avril, Laura, Jack, Kate, Conor & Luke. Funnily enough Eileen said it was one of the most memorable of birthdays which was lovely to hear. I asked Eileen was there anyone that has helped her throughout the restrictions of Covid19? She said "outside of my family I would love to mention Neilus Hayes & Edele Daly from B Well Fitness who have sent me videos to help with exercises for my shoulder since I had my operation a few months ago and I have noticed significant improvement in just one week". Eileen laughed that Neilus has called her 'Mom' since he worked at the bar in the early naughties and her recent video from Edele opened up with the same greeting "Hi Mom"! Thanks so much for having me on your special day Eileen and so lovely to be back on a bar stool again even if it was just momentarily



I walk past Ferndale most days on my 'power walk/run' but noticed I hadn't seen my friend Larry Flynn for a little while so I rang him. We both worked at Randles Car Hire transferring cars to various airports and client locations, laughing the whole way home. If you know him you will understand... I think this photo speaks a thousand words about Larry. A pure character even in hard times. Larry has spent his time at home "painting and cleaning mad" and he enjoys the chats in the fine weather with his next door neighbours Joe & Julie Gaffey. Larry has three sons, Laurence who lives in Dublin, Mike who is here in Killarney & Pdraig who lives in London. I gave Larry an hour or so notice before I called to Ferndale but of course I called when he had the dinner on. Larry's hat is from M&S which I admired and his shades are Hugo Boss. I apologised for not getting in his shoes. Larry said "like anything the Coronavirus will pass" and added "I am a patient man" (be sure to write that down Marie, drive the lads mad). Larry misses his grandchildren Christopher, Dillon and Twins Killian & Laura. I think I had better fun visiting Larry than he did me today. Like many, I'm looking forward to being back on the school run again but most especially for the chats with Larry at 3pm.



Off I went to Dromhall Heights to visit Martin & Peggy McCarthy. What a beautiful view from their back garden. Both were in great form but missing the social interaction of their B&B and Martin especially misses working on the jaunting carts and the craic with his colleagues. "Maybe the 20th July phase will allow us back to work" Martin said. Peggy has recently had a new oven installed and she is loving it "I haven't stopped baking since.... and eating it" she added. Martin & Peggy always enjoyed a walk together in Killarney National Park so they are looking forward to getting out to exercise again. Martin & Peggy are very grateful to their family - Stevie & Olive, Julie & Derry and Tony & Brid who help them with anything they ask for. They both enjoy their FaceTime calls to their daughter Aileen who is a teacher in Spain. Their 14 year old grandson Martin was allowed out to exercise in Spain this week and their 12 year old grandson Sergio the week previous. Aileen, Sergio, Martín & Sergio (jnr) have been on lockdown in Spain since 27th March.



Below in the Speakeasy Bar is where I'd love to be today" Denis told me while we waited for Eleanor to bring out the tea. I wouldn't have minded being on the bar stool beside Denis today. Another beautiful day.

Denis & Eleanor Coffey live in the heart of Pinewood and a drive by at Halloween or Christmas is a must!! Decor is impeccable. We had great chats about how they couple met in Castleisland and Denis wanted to specifically thank our health service and front line & essential workers for putting themselves out there during the pandemic.

Eleanor just loves to get out and about. She tries to daily but only in the mornings to go for a walk get the paper but turns on her heel if it's too busy about. Denis has underlying conditions so is cocooning with the help of Eileen his daughter who does the weekly shop. When 'normality' resumes Denis & Eleanor are looking forward visiting their mobile home in Ballybunion with their grandchildren. Eleanor wanted to say a special thanks to her granddaughter Ellie for a special gift of a painted branch with notes from all her grandchildren hanging off it and stands in pride of place on the front porch. Thanks for having me Denis & Eleanor





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# IAN RAISES OVER €18,000 FOR ICU

**With a goal of €1,000 in mind, inspirational Killarney teen Ian O'Connell has managed to raise €18,246 for the Intensive Care Unit at University Hospital Kerry through a Gofundme page which he set up.**

The fund hit the headlines a few weeks ago when Ian's hero Conor McGregor donated €10,000 to the cause.

"While we are all going through these unprecedented times, I wanted to help in a way", Ian said.

"In 2017 I was rushed to the Intensive Care Unit in Kerry General Hospital after falling off my bike while out cycling and getting paralyzed from the neck down. I spent 10 nights in the ICU undergoing Medical treatment and recovering from an injury that was going to change my whole life at just the age of 16 Years Old", he added.

"Last October I was rushed to the Intensive Care Unit in Kerry General Hospital for a second time after

going into Cardiac Arrest due to a clot in my lung and I was there for 7 nights this time. If it wasn't for the professionalism of the Nurses in ICU things could have been a lot worse, and I am forever grateful for the care they gave me. The care and treatment I received from all the Nurses and Doctors in ICU was unbelievable and they are a credit to themselves in the way they treat patients", he added.

Ian is hopeful that the money raised will go into something beneficial for the unit and will help them out in some way or another.

"If you can spare some money to add to the fund it would mean so much, even the smallest Donation would make a difference, it all adds up. Thank you so much. Stay Safe and stay at home and a big thank you to all the Nurses working endlessly these days to treat people with Covid-19. You are the real Heroes", Ian said.



## BOWLERS TOYOTA DEALERSHIP TO RE-OPEN



Bowlers Toyota Dealership, Killarney is pleased to announce that its dealerships will be reopened from May 18th. While the initial focus will be on meeting the needs of customers from a service and repair point of view, in-dealership sales will follow in line with Government guidelines. In the meantime a lot of work has gone into preparing a new online sales process around new and used cars. With dealerships being closed for the past six weeks, Toyota has had ample

time to develop and implement a series of new measures to ensure the safety of all customers and staff, and is now ready to reopen its services facilities in line with government guidance.

### These measures include:

- Sanitisation stations at all entrances
- 2 metre social distancing markers
- Protective screens for all staff / customer interactions
- Hand sanitisers on all desks
- PPE for staff with masks and gloves

available for customers as required

- Full sanitisation for all touch points in cars
- Disposable covers used on seats, steering wheel and gear stick
- Contactless drop-off and pick-up
- Local collection and delivery from home or office can be arranged as required
- Contactless payment

### Virtual Sales

For 2021, customers who are in the market for a new or used car can avail of Toyota's new virtual showroom tools which include a range of virtual sales and browsing resources, video interaction with Toyota product experts and unaccompanied test drives. From the safety of their own homes, customers can log on to Toyota.ie to:

- Watch immersive and educational product videos covering the full Toyota range
- Engage in personalised video calls and live chat with Toyota sales executives
- Complete trade in valuations and financing online
- Configure their new car to their own personal preferences using Toyota's online tool
- Receive personalised proposals and quotes via email, along with finance approval. In terms of the all-important test drives, dealers will be providing new levels of flexibility and will offer unaccompanied test drives, which may be undertaken at the customer's home.





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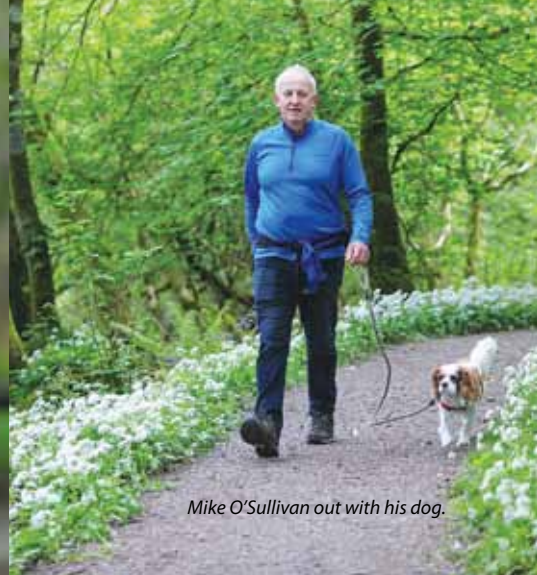




*Paulette O'Shea and her niece Sally Scroope, from Ross Road.*



*Eileen O'Donoghue, taking a spin on her bike in Killarney National Park.*



*Mike O'Sullivan out with his dog.*

# THE ROAD TO RECOVERY

KILLARNEY NATIONAL PARK PROVIDES A HAVEN FOR MANY **PHOTOGRAPHS: VALERIE O'SULLIVAN**



*Newly retired NPWS Park Ranger Pascal Dower and his Wife Martina Dower,*



*Elaine Leahy and Neillie O'Keefe, enjoying a walk in Killarney National Park.*



*Shane Kavanagh with Eve and Ann, enjoying a cycle at Ross Castle.*



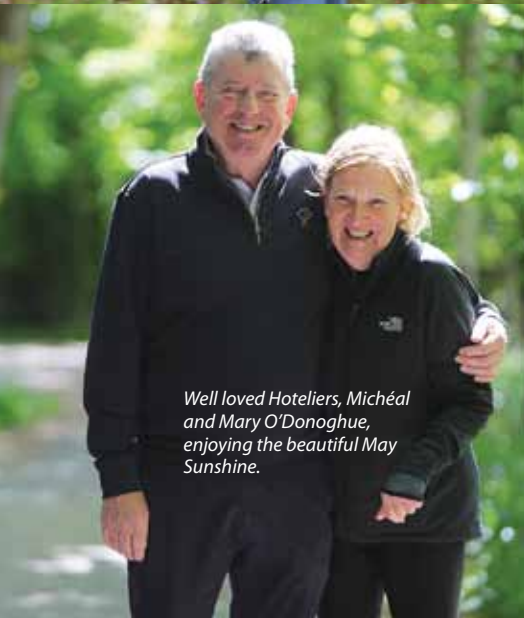
*Betty O'Connor, enjoying her walk in Killarney National Park.*



*Padraig Brosnan, enjoying his constitutional walk in Killarney National Park.*



*The infamous Mikey Joe Burns of Workmen's Rowing Club.*



*Well loved Hoteliers, Michéal and Mary O'Donoghue, enjoying the beautiful May Sunshine.*



*Paths to Freedom for Angela Barry, taking her daily walk in Killarney National Park.*



*Paddie Keogh, left and Colette Casey, out for their daily walk in Killarney National Park.*



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# REFLECTIONS AT DAWN...

## DARKNESS INTO LIGHT 2020 - NATHAN'S WALK



Denis and Marie O'Carroll and with their family, Aaron, Killian, Ryan, and Damien. PHOTO: VALERIE O'SULLIVAN

**E**ven though the walk was postponed this year, Nathan O'Carroll wasn't forgotten in Killarney. Hundreds of people rose before dawn on Saturday morning for the Darkness into Light' Sunrise Appeal and donated to Pieta House. Denis and Marie O'Carroll, from Killarney, whose Son Nathan tragically took his life at just 14 years old in 2007, were joined at Ross Castle, Killarney National Park by members

of An Garda Síochána, and close family and friends at 5.30 am on Saturday morning, for this years 'Darkness into Light' Sunrise Appeal at 5.30am. Since its inception, the O'Carroll family have raised thousands for Pieta House. In Killarney the annual 'Darkness into Light' walk is known as 'Nathan's Walk'. This year due to Covid-19 restrictions, Pieta House and Electric Ireland, invited everyone to show community

and solidarity awareness with those impacted by suicide by getting up at 5:30am on 9th May to share their sunrise moment and donate to [www.darknessintolight.ie](http://www.darknessintolight.ie).

*Here are some of those who took part in the Sunrise Appeal.*





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# LOOK WHO'S OPEN!

In this week's **Killarney Outlook** we look at the business who are open and serving their customers following Government guidelines or who are available through their social media or by telephone



Essential workers of the Covid19 pandemic at Donie Sheahan's Chemist, Main Street L-R Alanna Regan, Madeline Griffin & Emma Murnane.  
PICTURE: MARIE CARROLL-O'SULLIVAN

## Fossa

Foley's Spar

## New Street

Kennelly's Pharmacy

O'Sullivan's Pharmacy

Dunnes Stores

Healy's Shop

Bank of Ireland

An Post

Sheehan's Centra

The Celtic Whiskey Bar

All Care Pharmacy

Den Joes

## Main Street

Tan Yard for Take Away

AIB

Sheehan's Pharmacy

## Old Market Lane

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Mailbox

## High Street

Sewells Pharmacy

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their social media outlets

Star Seafoods

Dealz

Khao - Take Away only

T. Cronin Butchers

French Bakery

Treyvaulds Pop Up Deli

Toba Restaurant for Take Away

## Lewis Road

Dominos Take Away only

## College Street

The Dungeon

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Gleesons Spar

Reen's Life Pharmacy

Cronin's Restaurant for Take Away

Bombay Palace for Take Away

## Plunkett Street

Mike's Take Away

## Innisfallen Shopping Mall

Tim Jones Butchers

## Beech Road

Genting Thai

Horan's Health Store

O'Connor's Newsagents

Tesco

Killarney Credit Union

Leaders Computers



Cronin's Restaurant, College Street.

## Park Road

Circle K

Hegarty's Spar

Park Road Pharmacy

Zin Garden Take Away

Daly's Supervalu

Trants Pharmacy

Mr. Price

## Arbutus Drive

Horan's Health Shop

Horan's Fruit & Veg

Quinlan's Fish Shop

Tim Jones Butchers

Aldi

## Deerpark Shopping Park

Tesco

Dealz

Boots

Marks & Spencers

## Woodlands Industrial Estate

Kerry Agri

Kerry Tool Hire

## The Reeks

Centra

Kennellys Pharmacy

Mahers Butchers

The Carry Out Off Licence

Lidl

## Muckcross Road

The Carry Out Off Licence

Circle K

Sheehan's Centra

Applegreen

Hegarty's Supermarket

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**MONEY MATTERS.....**

By Dermot Cronin,  
**Financial Advisor**



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**If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or [dermotcroninifa@gmail.com](mailto:dermotcroninifa@gmail.com)**

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- Recall and campaign check

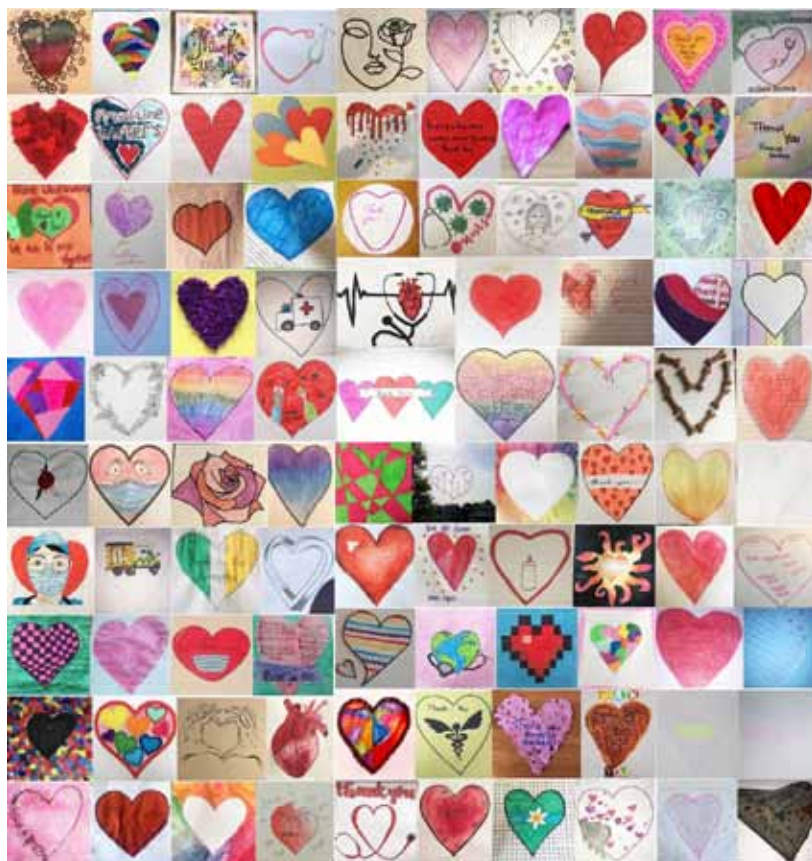
**Aherns BMW helping to safely get Kerry Moving again!**





Community Spirit at its best as Mary turns 70! Mary Carroll, mother of Marie Carroll O'Sullivan, celebrated her 70 Birthday last week with a Garda drive by and Happy Birthday from the local legend Donie Shine L-R Garda Paula Twiss, Mary Carroll, Garda Orla O'Shea, Donie Shine & Garda Eddie Walsh.  
PICTURE: MARIE CARROLL-O'SULLIVAN

## STUDENTS OF ST. BRIGIDS PRESENTATION THANKS OUR *FRONTLINE WORKERS*



Art teacher at St. Brigid's Secondary school in Killarney invited her students to become part of the Hearts for Heroes project which was started by an art teacher in Dublin. Their work has been added to a nationwide display of hearts. This is an innovative being created and collaborated across art students in schools nationally to show appreciation for all those working so we can stay at home safe. As usual the girls came up trumps and here are some of the beautiful hearts they created. The school plan to display the work when it reopens.

## The Deserted Town

The Fox comes slowly down the Street  
Searching left and right  
No paper bags or cartons  
Hold food for him tonight  
The Cats who share his nightly fare  
Find Nought to pass their lips  
No scent of Burger fills the air  
No Sausage, Fish or Chips  
The Natives too have left the Street  
And vanished without trace  
But sometimes one will venture out  
A homemade mask across his face  
And such an awful Silence  
Spreads right across the land  
What brought this plague upon us?  
Mishaps or God's own Hand  
We heard a bug had run amok  
By far off China Sea  
But none did say t'would come this way  
To threaten you and me  
Some Countries just ignored it  
And played outside the rules  
But thousands lost exposed the cost  
Of having Nations led by Fools  
It did not favour Rich or Poor  
Or Title, Rank or Might  
The Dead Count mounted day by day  
Without an end in sight  
And such an awful Silence  
Spread right across the land  
What brought this plague upon us?  
Mishap or God's own Hand  
Then Nurses came from far and near  
To save us in our plight  
So we all stood and clapped for them  
At nine o'clock one night.  
But when they beat the virus  
And take the pain and hurt  
Will we stand by our Nurses  
And pay them their true worth?  
For they must all be here at home  
When Crisis strikes again  
This hero's band must be at hand  
To face the threat, and fight, and win  
And when the bug is beaten  
And banished from our lands  
We all must know that with this foe  
The power to win lies in our Hands

Mike Marshall April 18th 2020



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**#StaySafe #StayPositive**

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## Community and Voluntary Organisations, Charities and Social Enterprises in Kerry **urged to apply for €35 million COVID-19 Stability Fund** - Griffin

**C**ommunity and voluntary organisations, charities and social enterprises in Kerry should apply for funding under the €35 million COVID-19 Stability Fund, according to Minister of State for Tourism and Sport, Brendan Griffin TD. Minister Griffin said: "Following last Friday's announcement of a €40 million funding package for the sector, applications are now being invited from today for the €35 million Stability Fund."

"The funding will be prioritised for those organisations which are most in need and have seen their trading and/or fundraising income drop significantly during the crisis."

"The Fund will provide immediate, short-term cash flow to qualifying organisations which provide critical services to those most vulnerable in society and allow them to maintain their valuable services."

"As a society we depend greatly on these organisations and I would like to thank them for their contribution to the inspiring community response to the current crisis in Kerry."

Minister Griffin added: "The funding for this initiative will be provided from the Dormant Accounts Fund and will provide a once-off grant to qualifying organisations. The Fund will focus on organisations providing supports and services in the following sectors:

Health and Social Care (including addiction,



disability and mental health)

Child and Family Services (including counselling/therapies)

Domestic/Sexual/Gender based violence

Housing/Homelessness

Community Services (e.g. meals on wheels/befriending services/old age supports/vulnerable people's support groups etc.)

Community Education Sector

Minister Griffin continued: "The application process for the Stability Fund is straightforward. It will be open for a period of ten days in order to facilitate organisations that wish to be considered for funding. A link to the application process can be found on the Department of Rural and Community Development's website."

"Pobal have also prepared full additional information regarding the application process which can also be found at that link."

"I would encourage all eligible charities, social enterprises and community and voluntary organisations here in Kerry to fully engage with the application process and contact Pobal at [stabilityscheme@pobal.ie](mailto:stabilityscheme@pobal.ie) if you have any queries. "All of the details can be found on both the Department's website [www.gov.ie/drcd](http://www.gov.ie/drcd) and the website of Pobal [www.pobal.ie](http://www.pobal.ie)."

Minister for Rural and Community Development, Michael Ring, said: "Organisations will be required to demonstrate the impact that the crisis has had on their services and applications will be prioritised according to need."

"Pobal, which works on behalf of the Government to support communities and local agencies toward achieving social inclusion and development, will administer the Stability Fund on behalf of the Department of Rural and Community Development."

This new funding is being provided in addition to more than €45 million in funding announced last November for the Dormant Accounts Action Plan 2020. This plan allocated funding for 43 separate measures to be delivered across nine Government Departments to benefit disadvantaged groups.

## ACCESS TO EMERGENCY DENTAL TREATMENT MUST BE ADDRESSED - Foley



Fianna Fáil TD for Kerry Norma Foley has called for a Dental Action Plan to ensure equality of access for people in need of emergency dental treatment.

Deputy Foley says she has been dealing with numerous people who have been unable to attend public emergency dental centres.

She explained, "These HSE clinics are currently providing services to children and adults with special needs, and I understand that a contingency plan has been developed to provide care for medical card holders. However, there is no access to adults who don't qualify

for a medical card. "With the current COVID-19 restrictions, people who may usually be private patients, or even those who normally attend HSE dental clinics have no access to emergency care. They have been left in limbo. "I am calling on the Minister for Health to clarify if adults, who do not have a medical card, can present at one of the HSE emergency dental clinics. If this is not an option, he needs to outline what action is being taken to ensure equality of access for them. I have written to the Minister to highlight this issue and am awaiting a reply."

"I would also like to see the establishment of a Dental Action Plan to support the profession into the future. We need to support our dentists and dental professionals in the aftermath of this pandemic and we will need a proactive and innovative suite of financial measures to ensure that the sector is protected. I have contacted Minister Pascal Donohoe to highlight the urgent need for such supports," concluded Deputy Foley.

## Attempted French boycott of Irish-caught fish must be vigorously opposed by EU Commission - Kelleher

"There can be no toleration of any boycott of Irish-caught fish in France, or indeed in any other Member State, by the European Commission," said Ireland South MEP, Billy Kelleher. Kelleher was commenting after reports emerged that the French fishing industry is attempting to organise a boycott of non-French



fish in markets and processors. "This is a blatant attack on the European Single Market, and one which the European Commission must strenuously oppose. It has no place in 2021," said the Fianna Fáil MEP. "I've written to Commissioners Sinkevicius and Breton outlining my concerns, and I fully expect them to stand by and uphold the rules of the Single Market. "The Irish fishing industry is already under great pressure due to the significant reduction of sales to the hospitality industry. Attempts to limit their non-Irish sales to protect French fishermen is totally uncalled for. "All fishermen are experiencing the same challenges at this time. It would serve the French fishing organisations to put their efforts into promoting the consumption of fish rather than limiting options to consumers. "It is also rank hypocrisy from the French who source a lot of their produce from Irish waters. They are happy to make use of EU rules when it suits them, it seems. "The Irish Government should make known their displeasure to their French counterparts at EU level, and ensure that this negative campaign does not receive the support, implicit or otherwise, of the French authorities," concluded Kelleher.





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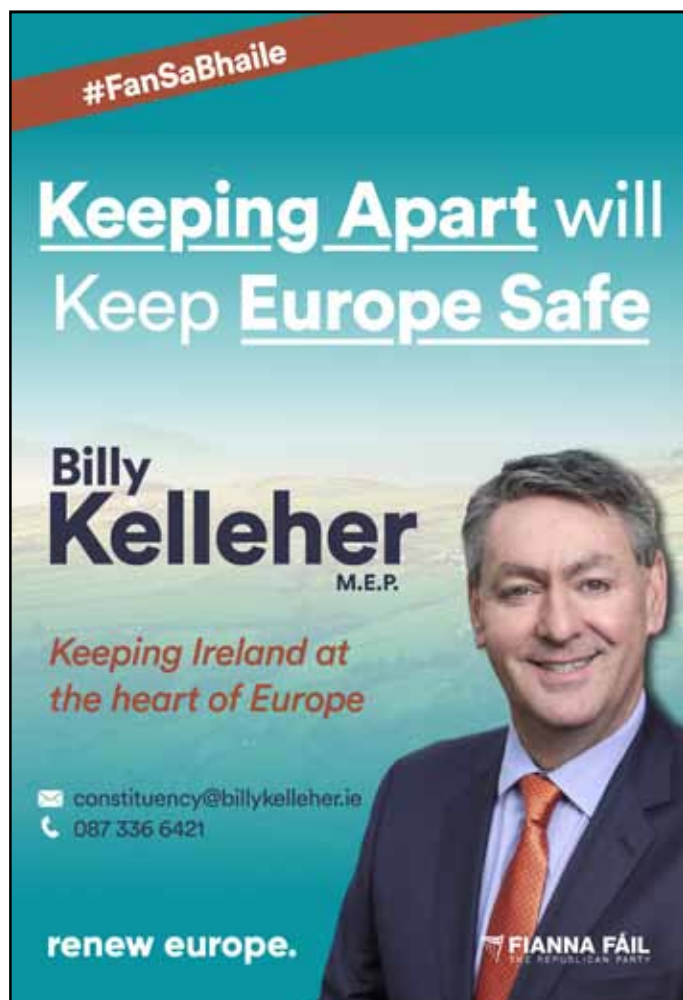
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# KEEPING EVERYONE FIT AT HOME

..... WITH KILLARNEY OUTLOOK

**Emir Coffey** who owns and runs **Muckross Pilates & Barre classes** is this week passing her skills to enable everyone, including the elderly, to keep fit. Below I have set out 4 exercises that you can do from the comfort of your chair. For some short seated exercises videos please look at my YouTube channel Muckross Pilates & Barre. Stay

active, healthy and safe but only do what feels comfortable, exercises should not be painful. This week we are looking at exercises for the triceps, the muscles at the back of the upper arm. For all exercises only bring the arms up as high as your mobility allows. I am using a 2lb weight but a can of beans or a bottle of water can be used as

an alternative. You can work the arms together at the same time or do one arm at a time. Sit up nice and tall with the shoulders relaxed. Start with a few breaths, breathing in through the nose and out through the mouth. Engage your core muscles by gently pulling your belly button in and up.



1) Straight arm extension. From sitting tall lean forward by hinging at the hips. Keep the back straight and core engaged. Inhale to prepare and as your exhale raise the arm straight up behind you as far as your mobility allows. Inhale and lower the arms back down. Repeat 8 to 10 times each arm or as many as you feel able to do.



2) Tricep kickback. Keep the same hinged position as the first exercise. Lift your elbow up so that it is tucked in by your side. Slowly straighten your arm behind you, hold the position briefly. Then bring your arm back to the starting position. Repeat 8 to 10 times each arm or as many as you feel able to do.



3) Overhead tricep extension. Sit tall with the shoulders relaxed. Keeping the nice tall posture throughout, take the weight in one hand. Keep the core engaged to prevent the back arching. Bring the arm straight up to the ceiling, palm facing in so the elbow points forward. Keep the arm close to the ear throughout as you bend the elbow and lower the weight behind you. Straighten the arm back up to the ceiling. Repeat 8 to 10 times each arm or as many as you feel able to do.



4) Tricep stretch. Sit nice and tall towards the front of the chair, feet flat on the floor and shoulders are back and down. Hold your arm straight out in front with the palm facing up. Bring your arm overhead to touch the same shoulder, elbow pointing forward. Place the other hand under that elbow. Gently push the elbow until you feel a stretch back on the back of the arm. Hold the stretch for 10 to 15 seconds. Repeat on the other arm.

**Edele Daly** from **B-WELL FITNESS** gives us some exercises that we can do at home. It is important to warm up first - so follow Edele's advice and use this time to increase your fitness levels.

*This is a Glute(Butt) isolation workout that is best done as part of another exercise programme from previous weeks or before or after a walk or run.*

Advised weeks 2-3 to keep resistance to body weight & focus on activation, stabilisation, and technique, and then start

adding progressions with resistance bands or ankle weights slowly.

*Each exercise performed for 1 mins and repeat for 2-4 sets depending on Level & ability and time available*

**Video will be uploaded Friday morning to compliment these exercises.**



Exercise 1: Heal Kick back  
30secs each side



Exercise 2: Side lying leg raise



Exercise 3: leg circles



Exercise 4:



**#KeepYourDistance**  
**#StaySafe #StayPositive**







Noreen at What Women Wants gives you some **beauty tips** while you are staying at home during Covid-19



## PREVENT AGING EYES...

Never too early to start - part 2

The skin around your eyes ages 5 to 10 years faster than the rest of your face therefore it needs special attention. Eye creams are formulated with smaller molecules to enhance penetration, while respecting the delicate eye area. They can have both immediate and long-term benefits from instant brightness and smoothness to a revitalized and lifted result.

### To help prevent aging eye

1. Remove eye makeup carefully with a specific cleanser
2. As puffiness stretches the skin leading to bags and lines, reduce it by
  - Avoiding heavy face creams around your eyes
  - Reducing salt intake and drinking enough water
  - Clearing your sinuses with saline solution or similar
  - Elevate your pillows to help lymphatic drainage

3. Get sufficient sleep to prevent dark circles and tired eyes
4. Wear sunglasses to prevent squinting which causes lines
5. Do not over stretch or rub eyes, this skin is delicate
6. Wear sun factor daily to lessen aging rays and reduce risk of skin cancers
7. Experiment with facial exercises for the eye area to increase muscle tone and tightness
8. Take regular 5-minute breaks from your computer screens to rest your eyes
9. Take skin supplements to enhance your skin from within including your eyes

Choosing an eye cream is difficult as you may need some or all the following, antioxidants, vitamins, AHAs, protein peptides, stem cells, retinol.

*Get good advice to get the best result for your condition.*

**Noreen Mangan**

Tel: 0646630712 | [www.whatwomenwant.ie](http://www.whatwomenwant.ie)

## Time for Transition

As the impact of the Corona Virus continues to dominate our lives in so many ways, there is also a feeling that we are moving away from the initial confusion and shock that it brought. We are beginning to live in a different way – a new "normal" is shaping our behaviour, thoughts and feelings. And it is now that we need to be the kindest and most compassionate with ourselves and others. Transitions are challenging. We may not be sure where we are going and the future may feel uncertain.

### 3 Coaching Action Steps to help in this time of transition:

1. Limit your exposure to the news or media (including social media). Allow yourself to spend time every day going within. Close your eyes and focus on your breathing.

Repeat gently to yourself that you are safe and all is well.

2. Practice really being in the present moment by accepting what is happening right now. This doesn't mean that you have to like what is happening but to accept that this is where we are at this point in time.
3. Do everything with great love and gratitude. Turn the simple everyday things you do into peaceful and loving mini meditations. Slow down and be present with every action you take from making a cup of tea, to walking, to sending an email to watching TV. This really helps you to stay grounded in the beautiful, simple every day moments of life that are unfolding.

*Stay well and wonderful everyone!*

If you would like a new career as a Body Confidence & Wellbeing coach please visit my website at [www.instituteforbodyconfidencecoaching.com](http://www.instituteforbodyconfidencecoaching.com) Applications are now open for April training.



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Life & Body Confidence Coach

T: 066 9766374



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## ARE YOU STICKING TO YOUR GOALS

As we have covered a few weeks ago, goal setting is important. So this week we wanted you to look at asking you if you have successfully set those goals for yourself. If you haven't then it's important to ask yourself why not? What are you struggling with? What is it that is blocking you? Sit with this question as often the answers are hidden deep and clouded with judgement and internal dialect. It could be something small that is blocking you such as 'doubt' but finding this block is powerful and will set you free. One great way of doing this and we have touched on before is journaling. We will cover more on this over the coming weeks so keep tuning in. If you have set your goals, but are finding them next to impossible to reach? Feeling deflated each week only to find that you are even further from them. Then Ask yourself have you set your goals too high? Or even too low? Are you being true to the steps that will help you achieve this goal eg. Are you still drinking too much? Are you still mindlessly picking on junk? These steps are the building blocks to get to your goals. Steps are individual to everyone's goals so start listing out the steps you need to take to achieve your own personal goals. And take one step at a time. Starting with the worst and working your way back. You might ask "why is setting a goal so important?" Goal setting helps you establish a direction as to where you want to be. Think of it like jumping into your car with no intended destination and just driving around aimlessly. If you had no where to go? Then there is no focus for the journey. You will eventually get tired and frustrated of wandering around aimlessly. Hope this comparison makes sense and puts it in simple language to grasp. So set the Goal, keep re-evaluating & checking in, list the steps you will need to put in place to achieve the goal, & finally strive & visualise that end goal and see yourself succeeding in getting there

We at B Well Fitness Club are offering help and support in these difficult times so please tune into us on **FACEBOOK, INSTAGRAM & our NEW You Tube channel**. Also feel free to reach out to us on the phone 087-7643449 by text or email [info@bwellfitnessclub.com](mailto:info@bwellfitnessclub.com)



# Certainty at last for Leaving Certs but a few concerns remain about due process



By Billy Ryle

**Minister McHugh has finally conceded that it won't be possible to provide a Leaving Cert exam for 59,000 candidates from 29th July.**

The Minister has given candidates the option of calculated grades or a postponed Leaving Cert exam later in the year when it is considered safe to do so. Surprisingly, the State Examinations Commission (SEC) will not be involved in the calculated grading process. There won't be an exam fee this year and candidates who have already paid will get a refund.

## **The calculated grades process will involve four steps.**

1. The subject teacher will calculate the mark for each candidate. For the purpose of determining marks, teachers will use criteria such as performance over the course of study, class assessments, house exams, mock exams, coursework and previous results in the subject. The teacher will then rank each candidate in order of merit in the subject class.
2. The overall subject results will be subjected to an in-school alignment process whereby the teachers of the particular subject will work together to finalise their marks and rankings.
3. The school Principal will review and confirm the fairness and equity of the marks and the ranking of each candidate in each subject.
4. A Special Unit in the Department of Education will process the data provided by each school for fairness and to ensure that a common national standard is applied. Marks

will then be converted into calculated grades and candidates will be issued with a 'Certificate of Calculated Grades.' Results will be issued as close as possible to the standard date in August for the publication of Leaving Cert results.

A candidate cannot appeal the decision of the teacher who has awarded the original mark. Any appeal will only involve checking the data provided by the school, a review of the process by the Special Unit and a verification of the process by independent appeal scrutineers. Candidates will be asked if they want to be included in the calculated grades process. Once a candidate opts in, she/he simply awaits the issuing of results. Alternatively, a candidate can wait to sit the Leaving Cert later in the year. It will be a long wait and certainly won't be in time for 2020 college entry. Candidates who opt for calculated grades are also free to sit one or more subjects in the later Leaving Cert if they are unhappy about their calculated grades. As a Career Guidance Counsellor, I have a few concerns about due process for candidates and teachers. Firstly, it's regrettable that the SEC has washed its hands of the process when its stewardship is most needed. Secondly, it's a fundamental right of a candidate to make a case to the teacher of each subject. Each candidate should be entitled to submit her/his own grades prediction for consideration by the School. In a short submission of about 100 words per subject,

the candidate should outline why the grade is deserved. Be aware, that in this process, the candidate is not entitled to later appeal the calculated grade.

Thirdly, to protect the teachers, it should be made clear that any attempt at canvassing, bribery or persuasion by a third party on behalf of a candidate could result in the calculated grades being withheld and proceedings being taken against the third party. All such attempts should be recorded by school authorities.

Fourthly, because of the schooling lost to COVID-19 and the distress caused by uncertainty and indecision, every candidate should be guaranteed at least a pass grade in each subject, a minimum 30% at Higher Level, 40% at Ordinary/Foundation Level. No candidate should suffer the indignity of getting a fail grade after an 'annus horribilis.'

So, at long last, Leaving Cert candidates have certainty. The calculated grades system is new and untried in Irish Education. It isn't ideal, but in difficult circumstances it's the only feasible option. It's time for candidates to turn off the computer, to relax with a good book and to get out for fresh air and exercise.

**Billy Ryle is a Career Guidance Counsellor and Educational Commentator**  
Email: rylebilly@gmail.com  
Tel: 0879808979

## STUDENT AND TEACHER REACTIONS TO LEAVING CERT 2020 CANCELLATION

### **STUDENT RESPONSE TO CALCULATED GRADES DURING COVID-19**

**Ana Maguire, 6th year student at St. Brigid's Secondary in School shares her views on the cancellation of the Leaving Certificate Exams**

First of all, I must say that I can't claim to talk for the entire body of students who were set to sit the Leaving Certificate Examination this June but I can share my own opinion of the development to use Calculated Grades in the place of the Leaving Certificate. These grades are going to be calculated fairly and will be generated by, and I quote from [www.gov.ie](http://www.gov.ie) when I say this, "a systematic statistical model." This system combines the student's expected performance in the examinations for each subject, which will be drawn from classwork, homework and examinations done in school,



Ana Maguire.

including Mocks, and this estimated grade will be aligned with school records before being passed on to the Department of Education and Skills.

I am honestly over the moon about this new development. This whole experience has been a rollercoaster for me because while I did produce good work while working from home, I struggled to stay motivated from Monday to Friday, week in week out, and I don't think I would have been able to keep up the pace all the way to the end of July. But I also believe that this is the fairest way to calculate these grades during this pandemic for many reasons. Some students have terrible Internet connection and couldn't attend live classes. I have heard many stories over the past seven weeks of students attempting to do assignments from their phones because they did not have access to a laptop or a computer. Perhaps some personal problems or difficult situations at home could have prevented the student from performing



well academically. Imagine trying to look after your younger siblings while your parents work from home to provide an income for the family and trying to study at the same time. We never really know what happens behind closed doors, do we? I do well and truly believe that this is a huge weight lifted off the students' shoulders. However, many students are also frustrated with this situation. This cancellation is generally favoured by consistent workers who have received good grades over the past three years. However, there is a type of student who suffers from this decision. Lots of students do their best studying in the final two weeks leading up to the exams and still manage to come out with exceptionally high grades. This takes away their opportunity to prove themselves academically

as they may not have performed well in class tests. But they have the option to sit the Leaving at some stage if they decide that they are not happy with their calculated result. But life is put on hold for a year without calculated grades because the students who wish to sit the Leaving wouldn't be able to sit it until October or November, meaning they miss out on the start of the college year and they have to wait for the beginning of the next college year. Because there are no jobs due to the Corona Virus, there would be no option to work for the remainder of the year and because these students are earning no money, there would be no opportunity for travel or trying new courses for the year. In my opinion, with the Calculated Grades, everything seems to slot into place

for us students. Leaving Certificate results will come out on time, the same with CAO offers and the accommodation lottery and offers. A lot of unnecessary stress will be erased for students because of the cancellation of these exams. I also understand why students may be a bit uncomfortable with the power that teachers may have over the students' grades due to possible bias. However, I have attended an unbiased school for the past six years and I well know that the students' grades will be generated with the utmost fairness and respect during these unprecedented times.

Ana McGuire

St Brigid's Secondary School Killarney, 26th August 2014 to 12th March 2020.

## TEACHER RESPONSE TO CALCULATED GRADES DURING COVID-19

**Rosie Healy, teacher at St. Brigid's Secondary in School** shares her views on the cancellation of the Leaving Certificate Exams

Well, it's been some couple of months from schools shutting on March 12th to the cancellation of the institution that is the Leaving Cert last Friday, May 8th. I think we're all still in shock actually. It's a bit like grief, where you're numbed, not sure if this is real or not. But reality finally kicks in and you have to face the truth, be that welcome or not, that indeed the Leaving Cert is cancelled.

It's been one rollercoaster of emotions for the Class of 2020 - stress, anxiety and pressure leading up to last Friday followed by a fleeting nervous excitement with the announcement of the cancellation of the Leaving Cert from Minister McHugh. However, this was shortlived and was quickly followed by a new uncertainty and form of anxiety. What would calculated grades mean for me? Will I now get the grades I was aiming and hoping for, and for the late finishers in the race, had they waited too long for that final sprint? Finally, a welcome and definitive answer on the Leaving Cert but bringing with it a whole host of new questions. The honest answer is that nobody, as of yet, has the answers to these.

Teachers are now being handed the unenviable task of calculating the grades for their students. This is a challenge no teacher ever expected or wanted. As of yet, teachers and principals are awaiting instruction from the Department



Rosie Healy,

of Education as to how this process will be implemented. However, I remain confident that guidelines and instructions will have to be crystal clear and fair. If, like we are being told, that marks will be awarded for Class Assessments and work already done and marked in school, well then much of the decision making has already been taken out of the hands of teachers, it would seem. All teachers want the very best for their students and I know no stone will be left unturned by them in insuring that all their students get the grades that each of them has earned and deserves.

'Into the unknown'...I cannot get the lyrics of the theme song from Frozen 2 out of my mind as I ponder the path ahead in the coming weeks. We all have so many questions that

are awaiting clarification. For our students, remember this. I think you will become the most resilient group of young adults that we have ever encountered, as having come through everything that this year has thrown at you, you will surmount anything that the world may throw at you in the future! Your work is now done so it's time for you to sit back and enjoy the sunshine and trust in your teachers and the system. This solution to cancel the Leaving Cert isn't perfect, of course, and many of you may feel let down and robbed of the opportunity to prove yourselves in a final exam this summer. But in these times of crisis, there was no perfect solution. Personally, I would have loved for students to have been allowed to sit some form of final assessment in June as I felt stretching the exams out to August and September was always a step too far. But we have to accept the Public health experts advice that this was the correct and only solution under the current circumstances, and so calculated grades, though not ideal or tested, seems to be the only remaining course of action. There is a path and destiny awaiting you all and I'm sure you will all achieve this. As I tell my own daughter, who is one of the Class of 2020, if plan A doesn't work out, there's always a Plan B. Things always have a way of working out, one way or another, and once we remember that our health is our wealth, then things start to fall into perspective very quickly. To the Class of 2020, I look forward to celebrating your successes with you when we are able. There is a very big world, full of opportunity awaiting you, post Covid 19. Till then, keep well, be thankful for an end to the uncertainty, and keep the faith!



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# MY TOP FIVE SPORTING MEMORIES

*Dr. Crokes Clubman - **Matt O'Neill** shares his Five Favourite Sporting Moments*

*Being asked to pick your five favourite sporting moments is not that easy, when you sit down to do it. There are many famous world sporting events you could pick from. But, I have never attended an Olympic Games nor a World Cup. My favourite sporting moments tend towards the more personal - those that I had a personal involvement in or that moved me in some way. As they say – not necessarily in order of priority...*

## **1. Dr Crokes All-Ireland Champions 2017**

For a myriad of reasons, this one stands out. I knew the lads well and being Club Secretary for a number of years previously, I was in the dressing room during moments of triumph and total devastation. I will never forget the excruciating silence in the dressing room after that semi-final loss to Castlebar Mitchels in 2014. Colm, in obvious agony after that horrible injury, just beckoned me over and in a whisper asked me to help remove the sock from his injured leg. The words "I am not fit..." ran through my head and the fear of God that I'd do more damage to this legend. And now, just over three years later, all that pain and all that anguish and all that hurt were exorcised in one roaring exhalation from Colm of pure joy and relief and sense of achievement and it reverberated around the entire Crokes' family – players, management, families and supporters. I was lucky enough to be on the field, in close proximity to this moment. To see what it meant to the likes of Donie Sheehan, Jackie Looney, Pa O'Brien and those other stalwarts, who were loyal Crokes' men through the hard years. And then, there was that moving moment when Johnny Buckley called our beautiful Amy O'Connor to help him lift the Andy Merrigan Cup. I was smuggled into the warmup area beside the dressing rooms, where Pat O'Shea gave a very moving speech to the players. Tremendous day.

## **2. Kerry All-Ireland Champions 2014**

After a five-year "drought", including a lost final to Dublin that Kerry could have and possibly should have won, finally, 2014 was the year to satisfy the Kingdom's thirst for glory. With five Dr Crokes' players on the panel and the captain from our club, this was a day to be in Croke Park and nowhere else. A brilliant opener from the minors, who closed a 20 year gap, with both Mícheál Burns (man of the match) and Jordan Kiely playing key roles. To see Kieran, Colm, Johnny, Fionn and Daithí in the warm-ups and Fionn lead the team around Croke Park had to lift the heart in hope of victory against a fancied Donegal team. And such pride to see two Crokes' warriors lift Sam and Kieran's speech. Then, we had the home-coming to Dr Crokes GAA Grounds – the first Crokes' All Ireland winning Kerry captain since Dick Fitzgerald.

## **3. Wexford All-Ireland Champions 1996**

An exile from the county of my birth in the



*Conor O'Neill, Marc Jordan and other London team members show their delight after beating Carlow.*

county of my choosing, I didn't get too many opportunities to raise the purple and gold over the green and gold – apart from Wexford holding the record for most All-Ireland Football Championships in a row that Kerry could not beat... and then Dublin came along. But 1996, gave me the opportunity to boast of my home county. The day before the final, in an interview on Sports Stadium, Wexford Manager, Liam Griffin spoke of Wexford tradition, bloodlines, ancestry, the people, the battles fought, 1798. For a Wexfordman, it raised the hairs on the back of your neck. Seemingly, on the way to the Leinster Final with Offaly, he had taken the team off the bus and gave them a similar speech from a ditch on the roadside. He made the team walk over the Wexford border and promised them that they'd come back over that same border as Leinster Champions. The whole county of Wexford was covered in purple and gold and the long wait since 1968 made the 1996 victory all the more sweet. Men like Martin Storey, Damien Fitzhenry, Larry O'Gorman, George O'Connor and Rory McCarthy, who has Beaufort connections, became legends. And with it, a few new Wexford songs were added to our repertoire, like "Dancing at the Crossroads" and "The Purple and Gold". Oh, for Wexford glory days, again.

## **4. Corkery's Bar, Town League Champions 2001**

This was a sweet one. The senior basketball town league was revived in 2001, after a period on ice. There was the town league proper and a division for over 35s. A few stalwarts, including Joey Sheehan, Gerard Flynn, Mark O'Leary, Charlie, Alan Flynn and myself played a social game in the Parish Hall every Tuesday and decided to enter the over 35 division. Alan, being too young, was our coach. For the hell of it, we decided to enter the same team, along with Alan into the league proper – our sponsors,

Corkery's Bar. We advanced to the knockout stages of both competitions, with the local press commenting on how well "the old men" were doing in the league proper. Each week they predicted our exit. But we hung on and made both finals. The main final was played in the INEC, followed by the over 35 final. The former was against the "Dream Team" that was predicted to win from the outset and included panellists from the National League team and some up-and-coming young stars. Let's say the refereeing allowed a more robust game than you would find at National League level. We took greater advantage of this than our rivals and carried a bit more bulk and muscle to keep them at bay. The "aged" underdogs had their day over the young guns to take the title. We played the over 35 final a little later and were narrowly beaten by a team that included Pat O'Shea and Connie Doc. All I remember from that game was going up for a rebound with Connie and having a good height advantage, I won the rebound. However, I returned to the floor, seeing stars, after Connie landed a blow to the side of my head... a pure accident, of course. The days when real men played basketball!!!

## **5. London beat Carlow - Division 4 National League 2017**

In 2014, my eldest son, Conor, went to London and started playing football with Kingdom Kerry Gaels. In 2016, he was selected for the London county panel. London play Division 4 National League Football and wins are hard to come by. This is no wonder, when you think of the numbers playing in London and the turnover of players each year. It is difficult to build year on year. But the panel of players involved are no less dedicated than any other county. They just have additional hurdles to clear. They spend huge time travelling to and from training three or four times a week, which takes place on smaller soccer or rugby pitches. They have to travel to Ireland for half of their league games and in 2017, when Ruislip was being re-developed, London were required to play all their games in Ireland. So, 2017 was always going to be a difficult year to lift themselves from the bottom of the league table, a place they had found themselves for the previous four years. Then came Carlow on a cold Sunday in February. London played out of their skins to claim a 2-15 to 0-16 victory. The joy and excitement at the end was akin to the first three moments above and I was thrilled to see these set of dedicated players get just rewards for their efforts. Colm Cooper, in his book, declared his admiration for players who play for teams like London; who dedicate themselves to the hard graft; who put their heart and soul into the game. And for what? At least, if you play for a team like Kerry, you can aspire to winning All-Irelands. The twelfth of February, 2017 was London's day and made it all worthwhile.





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## DR. CROKES GAA CLUB

### COVID 19

our pitches are in pristine conditioning mainly due to the complete lack of activity. we are now entering our 9th week without a ball been kicked our sliotar pucked. The government statement of May 1st gave a glimmer of hope that activities could resume on May 18th on a phased basis with groups of 4 returning, unfortunately the directive from GAA last week ruled that no return before July 20th and the Admission by Association President on the Sunday Game confirmed that date and stated that games will not return while Social Distancing is enforce. Unfortunately this means another prolonged TV viewing of Eastenders and Coronation Street. The Club Executive wish again to remind all players the Players Injury Fund is currently suspended and you are not covered during the present Pandemic. Our weekly Lotto & Bingo are currently suspended and are under regular review will be resumed when current restrictions are lifted. In the meantime stay safe and follow the guidelines

**ON LINE COACHING** is one of the initiatives that has been introduced in the last few days and is being warmly welcomed. Following on from Eoin Brosnan, Daithi Casey, Pat & Gavin O'Shea, Amanda Brosnan, Fionn Fitzgerald and Kate Stack Tony Brosnan, Johnny Buckley, John & Michael Lenihan Rheanne O'Shea, Oisín O'Connor, Daniel Healy and Kevin Landers we thank Brendan McMahon Miceal & Sinead Burns and Stephen Brosnan for participating.

**DARKNESS INTO LIGHT** Dr Crokes' Healthy Club Sub-Committee, under the chairmanship of Eamonn Fitzgerald, organised for club members to support the Pieta House/ Nathan's Walk/ Darkness into Light campaign. Members walked for at least thirty minutes over the weekend and made a donation. A large number kept with the tradition of a dawn walk in several locations around Killarney. Others did their walk during the day. Then we had members from around the world linking in and sent in photo's that can be seen on Dr Crokes' Facebook page. This was a great way for club members to work together for a good cause, while still apart.

**MEMBERSHIP** is now overdue and may be paid online. Registrar Frances O'Sullivan wish to thank all who availed of this facility and asks that anyone having a problem to contact her. Membership can be renewed on line visit [drcrokes.com/news](http://drcrokes.com/news). Follow the links below to renew membership. <https://clubforce.com/mobile-app/> [https://member.clubforce.com/memberships\\_cart\\_m.asp?LL\\_ID=734&intMF\\_ID=5899#Anchor](https://member.clubforce.com/memberships_cart_m.asp?LL_ID=734&intMF_ID=5899#Anchor). We urge all members to download the Club Force app. as this will be our only way to communicate going

**GAELTACHT SCHOLARSHIP** is postponed for 2020 another victim of the dreaded virus.

**SYMPATHY** to family of Canon Michael Fleming whose nephew Pat is a lifelong supporter of the club and has contributed immensely to our photograph archive over a long number of years. Go raibh de ar a anam dilis.

## EAST KERRY GAA NEWS

By Michael O'Mahony

East Kerry GAA Board wishes to extend their deepest Sympathy to families & Friends of the following:

Eileen Mullane Currow.  
Donal Kelliher Rathmore.  
Kitty Casey Rathmore.  
Cannon Michael Fleming scartaglin  
Jeremiah (Jerry) Horan Rathmore  
Mary O'Leary (née Barry) Gneeveguilla  
Margaret (Maggie) Cronin (née Walsh) scartaglin  
May they all rest in peace

## KEEL GAA

### SKILLS CHALLENGE

Our seniors have been creating skills challenges for our underage. You can keep up with all the challenges and participants entries on our Facebook and Twitter pages. Our second challenge for the underage of Keel GAA is from Thomas Ladden. All age groups have one week to complete the challenge. Due to the standard of entries received for Week 1, the coaches have decided any child who enters at least 3 videos over the 6 weeks will receive a small prize. Well done to all the boys and girls who showed excellent skills in the hook kick challenge. Big thanks to Eoin O'Neill for the week 1 challenge. If you wish to take part, take a look at the details on social media or ask one of your coaches.

### GAA

The GAA has confirmed that no official on-field activity will resume before July 20. They do not expect any inter-county championship games before October 1. The GAA will issue detailed advice before any return to play, outlining the steps we have to take to facilitate the re-commencement of our training and games, both in terms of physical engagement and around the use of our facilities.

### KEEL/CASTLEMAINE DELIVERY SERVICE:

We would like to say a big thank you to all our members who have volunteered to help the Keel/Castlemaine Emergency Delivery Service. If you need help with any non-medical needs please ring 066-7174066

### GAA GROUNDS

Keel GAA club would like to take this opportunity to thank everybody for their co-operation and patience in adhering to the restrictions imposed by the Government to help combat Covid-19. We know that these restrictions are impacting on people but like all of you, we know that these restrictions will be lifted at some point and we will once again enjoy our games and walks at Keel GAA. We ask you to continue to comply with these restrictions.

## MILLTOWN CASTLEMAINE GAA CLUB

WALK JOG OR RUN FOR PIETA HOUSE:

Thank you so much to everyone for their interest in our walk, jog or run for Pieta House this weekend, May 15th to 17th. It's a fantastic way to raise much needed funds for Pieta House. Your participation and generosity are much appreciated. We would like to acknowledge how accommodating Pieta has been by facilitating



Eleana O'Doherty waiting in hope for all her sports to start back.

us and other clubs to do the Darkness into Light event this coming weekend. We are delighted with the response so far and encourage one and all to get behind our club. Please make sure to visit our club FB Page for details on how to donate to Pieta House. Contact Danny on 087/6536631 if you'd like to take part. The more the merrier!

## SPA GAA

### ALL GAA ACTIVITY STILL SUSPENDED

While the country is still under restriction of movement and activity, the club grounds and facilities will remain closed completely until further notice from GAA headquarters. There is hope of some GAA returning during the summer, but for now, players, members and the general public are not allowed use of Club Grounds or Facilities for any activity including training or recreational while the current restrictions are in place.

### RETURN OF THE SUNDAY GAME

Delighted to see The Sunday Game returning to our screens – the first episode was Sunday May 10th and the show is on RTE2 every Sunday night at 9.30pm.

### VOLUNTEERS AVAILABLE FOR ANYONE THAT NEEDS HELP AT THIS TIME

Spa GAA are part of the Community Volunteer programme and as well as the Kerry Volunteers helpline, we have a list of club members in different areas that have offered to be available if called upon during these few weeks. If anyone needs help with shopping, deliveries etc please contact either the Kerry Community Volunteers (tel 1800 807 009 / text 50555 / email [covidsupport@kerrycoco.ie](mailto:covidsupport@kerrycoco.ie)) OR contact the club directly: Patrick (0876332773), Michael (0858213027), Conor (0872565142) or Deirdre (0851216359).

### UPDATED STATEMENT FROM GAA HEADQUARTERS

"The GAA notes and welcomes the plans published by the government last Friday and some of the dates included relating to the





## SPA SENIOR FOOTBALL TEAM – CO. LEAGUE 1983

*Spa Senior Team 1983*

*Front L-R: Conor Kelliher, Seanie Kelliher, Michael McAuliffe, Mossy Cronin, Denis Cremin, Connie Doolan and Arthur Cronin  
Back L-R: Pat Cronin, William Herlihy, Pat Vasey, Kevin O'Connor, Tim Regan, Dave Herlihy, John Cahill and James Cahill*



*2004 Scór Sinsear All Ireland Set Dancing and Figure Dancing champions*

*2004: Rince Seit: Eoin Cronin, Michael O'Rourke, Denis Cronin, Sean Lynch, Triona Mangan, Mairead Mangan, Caroline Murphy and Patsy Moynihan and 2004: Rince Foirne: Triona Mangan, Mairead Mangan, Caroline Murphy, Patsy Moynihan, Sinead Cronin, Siobhan Casey, Aileen Moynihan and Danielle Cremin.*

possible return of sporting activity, including Gaelic games. The Association will attempt to seek clarity around some of the issues that have arisen in internal discussions since last Friday including the challenge of social distancing in contact sport. GAA facilities are to remain closed as part of efforts to prevent gatherings which breach the restrictions.

We are instructing our clubs and counties to continue to adhere to the restrictions and to refrain from organising on-field activity. These measures are expected to remain in place until July 20.

We will continue to monitor the dates and timelines as revealed by the Government and our arrangements will remain under constant review. Our units are reminded that the Player

Injury scheme is suspended and will remain so until an official return to action protocol is confirmed.

The GAA still firmly hopes to be able to play county and club competitions this year, subject of course to public health guidance. We can confirm however that no inter-county games are expected to take place before October. Counties are asked, in the interest of players, to suspend all inter-county training until further notice. There will be a phased resumption of training at both club and county level to allow players to prepare appropriately for playing games.

While not categorically ruling out the possible staging of games behind closed doors later in the year, there appears to be a lack of appetite for this type of fixture-scheduling at the current

time across the wider Association.

The GAA can also confirm the appointment of a dedicated Covid-19 Advisory Group which will advise the Association on matters relating to return to play protocols and other similar issues. The members of this group are as follows:

Shay Bannon (Chairman) - existing Chairman of Health and Safety group

Dick Clerkin (existing Chairman of Medical Scientific and Welfare Committee)

Dr Pat O'Neill (Dublin)

Dr Kevin Moran (Donegal)

Dr Jim O'Donovan (Limerick)

Dr Seán Moffatt (Chair of Gaelic Medical Association and Mayo team doctor)

Paul Flynn (CEO Gaelic Players Association)

Stephen Mc Geehan (Head of Operations, Ulster GAA)

Tony Mc Guinness (Events and Safety Manager, Croke Park) Sinéad McNulty (CEO An Cumann Camógaíochta) Helen O'Rourke (CEO Ladies Gaelic Football Association)

John Horan (Uachtarán CLG)

Tom Ryan (Ard Stiúrthóir CLG)

Feargal Mc Gill (Director of Player, Club and Games Administration)

The outcome of this group's work will be a graduated approach, informed and guided by the recently published Government Roadmap and by Government policy from Stormont.

Our units have played an important role in the community effort against the pandemic and we thank all of our members for their role in this to date.

We also underline the importance of continuing to adhere to the guidelines to ensure that the country as a whole meets its targets in the coming weeks allowing us to make progress and facilitate a return to games when it is safe to do so."

### SPA ARCHIVES

Thank you to everyone who is sending in photos, programmes, newspaper clippings etc of Spa over the years! We are going through our history of teams, events and members over the years, and they can be found on our website ([spagaa.com](http://spagaa.com)) or our social media pages (Facebook, Twitter and Instagram). If you have any old photos, newspaper clippings, programmes etc, please send them on to 0851216359 (text or what's app), email [pro.spa.kerry@gaa.ie](mailto:pro.spa.kerry@gaa.ie) or private message our Spa social media pages.

### SPA LOTTO

The Spa Lotto remains suspended for the foreseeable future. The expiry dates of annual tickets and online tickets will be extended to compensate for weeks when Lotto is not held.

### STAY UP TO DATE ON OUR SPA NEWS

Keep up to date with all our Spa news and all our archive footage being added to the website by visiting [www.spagaa.com](http://www.spagaa.com) and click the subscribe link at the bottom of the page

### ITEMS FOR NOTES

Any items for the club notes please contact Deirdre at [pro.spa.kerry@gaa.ie](mailto:pro.spa.kerry@gaa.ie) or 0851216359 before 8pm on Sundays.



## CASTLEMAINE NEWS

Written by Dara O'Connor

## NOTICE

If people out there have anything they would like mentioned in the weekly Notes section for the Castlemaine area please do not hesitate to email daracastlemaine@yahoo.com or phone/text 0862688674 prior to Monday of any week.

## CASTLEMAINE COMMUNITY CENTRE

Though the Castlemaine Community Centre is closed at the moment due to the COVID 19 outbreak we continue to provide our service of Meals & Wheels to all those in our area. The Laundry service is operating as well. All other activities are cancelled as well as the continued closure of the Gym until the Government and the HSE deem it safe to reopen. We wish to thank you the public for your continued support in this difficult time and all your good wishes, and your support for the centre down the years.

## THADY O'SULLIVAN CANCER FUND: ORGANISED BY CASTLEMAINE COMMUNITY

Thady O'Sullivan is a young college student who was recently diagnosed with a rare form of cancer called T Cell Lymphoblastic Lymphoma.

He requires a bone marrow transplant in St James's Hospital Dublin, which is very costly.

This fundraiser is to support the specialist treatment Thady requires to make a recovery. Please help our local Castlemaine man Thady with his recovery.

Anything you can donate would be greatly appreciated by his family.

This fundraiser is organised by family friends of Thady O'Sullivan.

You can donate by logging on to <http://www.gofundme.com/fundraiserforthadysullivan> Alternatively you can contact Brendan Dennehy on 087-6969841 if you do not have online access.

## MAINE VALLEY FAMILY CENTRE – ONLINE FAMILY DISCUSSION GROUP

Are you interested in sharing your lockdown experiences with other families on Zoom?

Anna Breen would like to invite families to contact her if interested in joining a virtual online discussion group when families can chat and share ideas and resources with one another.

You might also need more specific assistance and just want to chat, that is okay too just reach out and she will be there.

For more information you can email annafsw.mainevalley@gmail.com or text/phone Anna on 087 2694169 and Anna will make contact with you. Everyone welcome

## MAINE VALLEY FAMILY CENTRE

Anna Breen (Family Support and Community Development Worker) from the Maine Valley Family Centre in Castlemaine wishes to let people know that she is available for a friendly chat, family support or can be contacted for more specific information for families who need support at this time within the local Mid Kerry community. Anna can be contacted through the following means:

Phone: 0873694169

E-mail: [annacd.mainevalley@gmail.com](mailto:annacd.mainevalley@gmail.com)

Anna can also be contacted by Zoom if community members wish to avail of face to face contact.

## KILCUMMIN NEWS

Written by: John Moriarty

## KILCUMMIN N.S. JUNIOR INFANTS ENROLMENT 2020/2021

If you know of any child who intends to start Kilcummin National School in September 2020, please advise them to contact Kilcummin National School by email at [kill43163@gmail.com](mailto:kill43163@gmail.com). Enrolment application forms are now available. Book lists and other relevant information will be forwarded by email, due to the government directed school closure. We look forward to hearing from you. Keep well and safe.

## COVID 19. KILCUMMIN LOOKING GOOD

People who are over 70 and others with underlying health conditions are welcome to use the Peoples Park in the Village to exercise and meet at a social distance between the following times; 11am to 12noon and 5pm to 6pm. We would ask others to refrain from using the Park during these times.

## KILCUMMIN LOOKING GOOD

Thank you all for making such great use of the Recycling / Bottle Bank at the Village Inn. If containers are full, please do not leave your bottles etc there but bring them home with you again. We would like to thank all those who collected bags and gloves and went out to clean up and tidy around their own two kilometres area. Bags and litter pickers are available from Tony O'Connor at 087 6258641 if required. We would also, ask people who bring their dogs out for a walk to clean up after them and to respect other road / footpath users with

children, buggys etc. Take care everyone.

## PARISH NEWSLETTER

The weekly Parish Newsletter will continue to be made available at the local Post Office every Friday and online at [www.kilcumminparish.com](http://www.kilcumminparish.com). Items for inclusion can be dropped into the Rural Dev. Office before Friday 10am or emailed to [info@kilcumminparish.com](mailto:info@kilcumminparish.com) also items for the local publications can also be submitted in the same way.

## KILCUMMIN GAA

The Club would like to remind fellow parishioners that if they themselves or someone they know need help or support during the current crisis you can contact the following helpline. 1800807009. or text support followed by your name and address to 50555.

## COMMUNITY ALERT

Kilcummin Community Alert are available to help the people of our community in these uncertain times. For people who are vulnerable or who may have to self isolate in our community, who may need groceries, prescriptions or fuel collected we are here to help. You can contact us in confidence at 0876270677.

## COVID-19 HELPLINE

A special helpline which is free and confidential, is available in Kerry to help people accessing non-emergency and non-medical services. The COVID-19 Kerry Community Response Forum includes over a dozen agencies and organisations including Kerry County Council,

Gardaí, and GAA. This freephone number 1800 807 009 will be available 8am to 8pm seven days a week. A text line is also available, people can text SUPPORT followed by their NAME to 50555. Requests can also be e-mailed to [covidsupport@kerrycoco.ie](mailto:covidsupport@kerrycoco.ie). The helpline, which is manned by trained volunteers, is focussed primarily on ensuring that vulnerable members of the community or those living alone can access deliveries of essential items like groceries, medicine and fuel.

## HELPLINE FOR KERRY BUSINESSES IMPACTED BY COVID-19 EMERGENCY

A new inter-agency group has been established in Kerry to provide support and advice to businesses during the COVID-19 public health emergency. The group has launched a new business support helpline which will be available to anyone in the retail, tourism, manufacturing, constructions, services and other industries as a source of information and advice. The inter-agency group also includes representatives of Fáilte Ireland, Enterprise Ireland, Kerry Education and Training Board, Udarás na Gaeltachta and the local development companies, South Kerry Development Partnership, IRD Duhallow and North East and West Kerry Development. The new helpline is now available on 1800 807 102 and will be available Monday to Friday from 9am to 5pm.

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958



## BEAUFORT NEWS

Written by Cliona Coffey

## G.A.A. ACTIVITY

We are awaiting for further clarification from GAA on the resumption of Club activity. The Clubhouse, Gym, Fields and Walking track remain closed and thanks to everybody for following the guidelines.

## THE LOTTO

is postponed and being reviewed and we will inform you of resumption at the earliest opportunity.

## HELP AT HAND

Due to Covid-19, some parishioners have to

stay at home for various reasons.

The Club has a panel of volunteers if anyone needs help for these few weeks.

You can contact Mary Jo at 086 3779702 or Kerry freephone number 1800 807 009 if you need any assistance with anything.

## FOSSA NEWS

Written by: Shane Kelly

## COVID-19

We hope all of our members are keeping safe and well and getting plenty of exercise, making sure the elderly in the community are ok and we look forward to seeing all of you very soon the playing pitch's look amazing and they will be a dream to play on them as soon as we are left there is light at the end of the tunnel so we have keep doing what we are doing at the moment and things can only get better.

It is more important now than ever that Fossa GAA members pull together and look out for the people in our community most affected. If anyone feels isolated or needs help, please do not hesitate to make contact. #ninesquaremiles #GAA #fossa #twitter #facebook #instagram.

## HAPPY BIRTHDAY

Club starlet and every green Gene Moriarty celebrated a birthday milestone recently we wish Gene a happy birthday and look forward to having a few red wines with him in the Golden Nugget very soon.

## VIRTUAL CHAMPIONSHIP

Just came up a little short last weekend a huge thanks to everyone who voted over the last 5 weeks. We went on a great journey, had great fun as a club and it was a great way to catch up with fellow members. Well done to Ballymac, and a huge thanks to kerrysportshub

## SKILLS

We would like to thank Paudie and David Clifford, Matt Rennie and Lily and Anne O' Shaughnasey for showing various training drills to keep up our skill levels over the last few

weeks we got a great response of each of them.

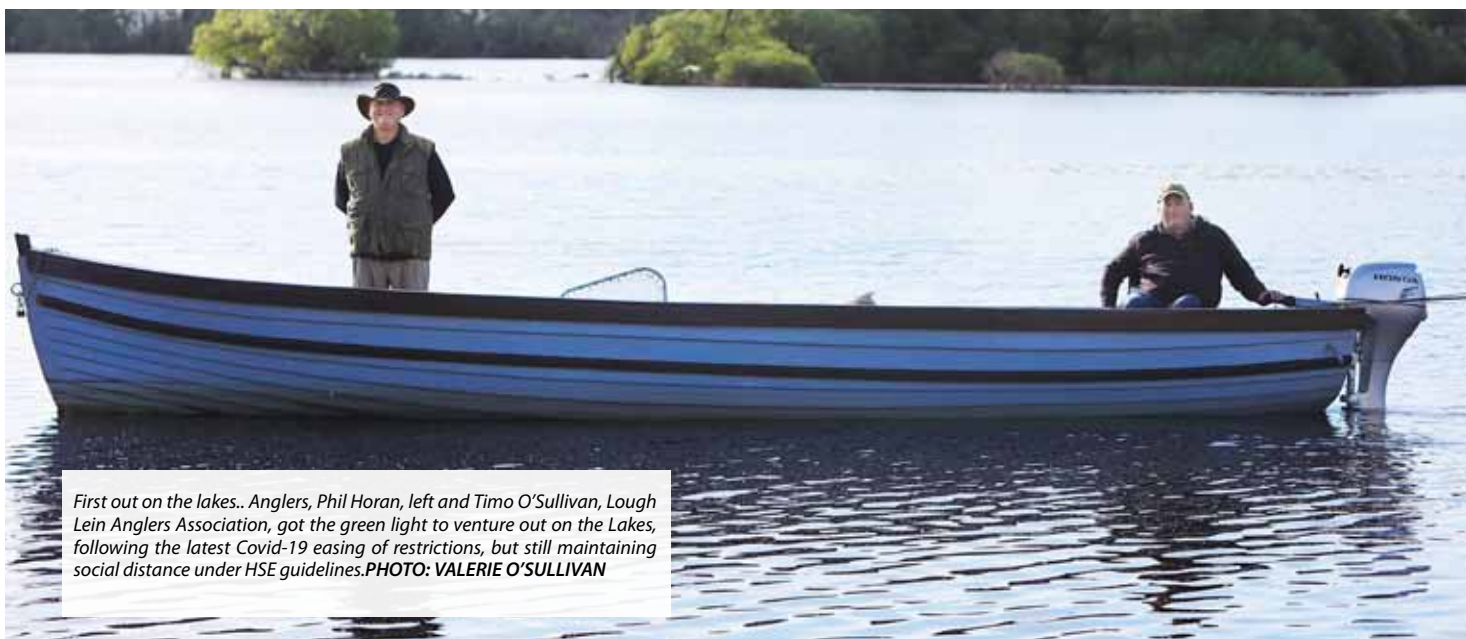
## COMMUNITY ALERT

A Community Policing Response Team will be in your area today and may call to you. If you need anything please contact Killarney Garda Station on 0646671160 and they will call or if there is a vulnerable person in your area please let us know.

## CONDOLENCES

The club wishes to pass on our condolences to the following: The Foley and Cunningham families on the death of Nellie.

Rory and Mary McCann on the death of Mary's brother Francis Chute. The McCarthy and O Donoghue families on the death of Linda's husband David. The family of the late Kate Landers.



First out on the lakes.. Anglers, Phil Horan, left and Timo O'Sullivan, Lough Lein Anglers Association, got the green light to venture out on the Lakes, following the latest Covid-19 easing of restrictions, but still maintaining social distance under HSE guidelines. PHOTO: VALERIE O'SULLIVAN

## OUTLOOK GOLF

## DEERPARK PITCH &amp; PUTT CLUB

## RE-OPENING

We have received confirmation from Pitch & Putt Ireland that we are able to re-open to members only initially from next Monday May 18th. We will be operating a booking system through Aidan O'Donoghue (086 3364705) for our initial re-opening phase. Any member wishing to play is asked to contact Aidan to arrange a tee-time for same. No member is permitted to play unless through prior booking

with Aidan. This phase will strictly be for casual play only in the first phase pending further public health announcements. Members will be expected to abide by HSE guidelines at all times out on the course especially in relation to physical distancing.

## MEMBERSHIP

Anyone interested in enquiring about membership is asked to contact registrar Margaret B Looney on 087 9265747 for further information.

Deerpark Pitch & Putt club will welcome back it's members on May 18th.





## RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

## SYMPATHY

To John Joe Murphy and family Kilquane on the death of his brother-in-law, Dan Joe Cronin, Sheans, Headford who passed on Saturday 2nd May. To Kathleen Donnelly, Gneeveguilla Upper & Donal O'Keeffe, Knocknacopple, on the death of their aunt Kitty Casey, Hollymount who passed on Saturday. 2nd May. To Johnny Barry, Tureenault on the death of his aunt Mary O'Leary (nee Barry)

Keelnahulla, Boherbue who passed on Tuesday 5th May. To Frank, Jerry, Dan, Breeda, Nora Mai, Mary & Kate Horan and their families on the death of their father, Jerry Horan, Cahirbarnagh who passed on **THURSDAY. 7TH MAY.**

## MAY THEY ALL REST IN PEACE

**ACCORD:** Accord are now offering over the phone counselling for couples, individuals family members during

this time of unprecedented stress and pressure. Call Covid-19 Support Line (01)5313331 Mon. to Fri. 9am – 8pm

All calls charged at local rate

**IN THESE CHALLENGING AND ISOLATING TIMES FOR ANYONE WHO NEEDS HELP, SUPPORT OR EVEN A CHAT – CALL ST. VINCENT DEPAUL RATHMORE BRANCH ON 087 3462332**

St. Vincent DePaul is launching an urgent appeal to help those still trapped by poverty during this difficult time. You can donate to the National SVP appeal online - svp.ie Telephone - 0818176176 or Post – Blue envelopes will be in Irish newspapers on this Saturday. You can choose to direct your donation to our local conference which is ST. JOSEPHS CONFERENCE RATHMORE or you can donate directly to our accounts in AIB Millstreet IBAN:

IE69AIBK93615406950116 Or Rathmore Credit Union IBAN: IE30DRN99106300120280

All donations will be greatly appreciated and will be used in our local area which includes

Rathmore – Shrone – Gneeveguilla – Knocknagree – Ballydesmond Rathmore/Gneeveguilla/ knocknagree

## COVID-19 COMMUNITY SUPPORT GROUP

A group has been formed in Rathmoreparish which consists of many local community organisations and businesses including members from Rathmore community council, Rathmore & Gneeveguilla GAA, Rathmore social Action Group, Fr. Pat O'Donnell, Rathmore St Vincent de paul, sliabh Luachra Veterinary

Centre, Reens pharmacy, An Garda Siochana-Sgt Paul Lynch- Rathmore post office, Contact us on a dedicated Free phone 1800 929 003, Dont be afraid to call, we're here to help those who are in genuine need, Contact details; Bernie Reen 087-2020143;

Brian Kelly 087-2536808, Eilish Coakley 086-1038112, Niall Kelleher 087-6694194, Mike Dilworth 087-6723882, pat Barry 086-7925715

if you require any help or support with essential shopping & fuel, any household emergency or a prescription to be collected from a pharmacy etc, please call us and have your Eircode at hand and one of our Volunteers will assist you.

Illegal Dumping: All illegal dumping on our roadsides and countryside should be reported to Kerry Co. Council on 066 716 2000. Freephone: 1800 326 228. You can also download the app "See it Say it" to your mobile phone and report any illegal dumping there and then. Your help to curb this unsocial activity will be greatly appreciated.

## HELPFUL CONTACT NUMBERS:

Jigsaw Kerry: (Young Peoples Health in Mind) Contact 066-7186785 Email: kerry@jigsaw.ie

Pieta House: Contact 01 6010000 or www.pieta.ie COVID-19 Support Line for Older People: ALONE has launched a national support line and additional supports for older people who have concerns relating to COVID-19. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024.

1 AWARE: (Depression Support) Helpline on 1890 303 302

Website at www.aware.ie

Samaritans: Contact 116123. Web - www.samaritans.org

**SENIOR HELP LINE:** Are you feeling lonely? Are there days when nobody calls? Would you like to share a worry? Call 1-850 440 444 mornings: 10.00am to 1.00pm, evenings: 7.00pm to 10.00pm seven days a week. You will be talking to an older person who will welcome your call. Cost is the price of a local call.

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## BUSINESS OPEN IN RATHMORE PARISH

Rathmore

McCarthy'S Londis, O'keeffe foodstore filling station,

Reens pharmacy,

christy'S Take away

McCarthy'S Butchers,

Rathmore District Credit Union,

BLAZE PIZZA & GRILL,

Hekeys centra & filling station,

kerry agri store Rathmore,

rathmore post office,

Linda's restaurant take away only,

Guerins Foodstore filling station Ballydaly cross, Gneeveguilla

Maccarthy'S Quick pick,

Gortabawn

Paddy O'keeffes store,

knocknagree

king plaza Take way,

if you would like to be included Contact me and I will include you business in next week's issue.

**THE RATHMORE SOCIAL ACTION GROUP** will continue to run Our Meals on Wheels Service, which is a vital service especially at this difficult time.

To avail of this service, please call Norah / Marie on 064 77 58588. These meals will be dropped to the door of the person's home. We will help to deliver this service to as many as we can.

**O'CONNOR FREIGHT/COURIER SERVICES** are offering a free collection service for those who are self isolating or unable to make it to the shop/ pharmacy & require essential items/medications collected & delivered to their homes in the local Rathmore/Killarney areas.

Please call/message us in confidence on 087 2582282 / 086 8653688.

## NOTES


If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. before 6pm Sunday.



**#KeepYourDistance**  
**#StaySafe #StayPositive**







**POSTPARTUM RECOVERY  
&  
RETURN TO EXERCISE GUIDE**

BY PRE & POSTNATAL COACH SELINA LOONEY  
THE MAMA MOVEMENT

In Killarney, Pre & Postnatal Exercise Specialist Selina Looney, Founder of The Mama Movement is going from strength to strength. Her Prenatal & postnatal Exercise Classes for moms and moms to be are now available online free of charge. "Weight training during pregnancy & beyond physically prepares you for motherhood which I believe is crucial for every mama & mama to be. Watch mother as she manoeuvres through her mom life day, she will squat, deadlift, lunge, twist & bend multiple times per day mostly in awkward positions in and out of cots, car seats and the rest, this is all factored into these small group online classes." Selina has now taken this to the next level creating a Postpartum Recovery & Return to exercise Guide. "I felt like something was missing as a mama & mama to be, we have a great support through the medical system but we forget the powers that mama hold themselves. I wanted to create this guide to give mamas the knowledge and expertise to get to know their bodies. We need to appreciate that no two postpartum journeys are the same. This is where I feel it's important that mamas know themselves." This Guide not only focuses on workouts, mechanics and daily movement of a mama but also provides her with the tools to understand the process of her recovery. This guide takes you on a journey of self discovery and self rehabilitation. "In society the focus is on the exterior body image and "bouncing back", I feel to successfully get to where a mother wants to be she needs to listen and understand her body, know the mechanics of herself & she will get back to her doing the things she loved quicker". "You wouldn't ask your baby to walk before they have crawled, so give your body the same patience" Reach out to Selina to find out more. Guide is available for purchase on Monday 4th of May. Check out the website for class details & how to book.

Phone: 087 9458182 | Selina@themamamovement.ie  
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## LOOKING AFTER SENIOR DOGS

As your dog ages, many of his basic needs, from diet to exercise, will begin to change. While each dog reaches "seniorhood" at a different age, most canines become seniors between 7 and 10 years old. It's important to know your dog's age, so you know when he becomes a senior. If your dog does not respond to your commands, don't automatically assume he is being wilful or disobedient. If he is becoming hard of hearing, you may just need to speak a little more loudly or start using hand signals. At this stage in your dog's life, don't try to teach him any new tricks. You should spend time doing the activities that make you both happy. Dogs are very good at hiding their health problems and as an owner, it's your responsibility to keep an eye on your dog to ensure that you are adjusting his routine to match changes in his body and immune system that make him less able to cope with physical and environmental stresses. Routine examinations, preventive medicine and adjustments to your dog's lifestyle can help your dog stay healthy even as the years creep up. Along with being more watchful over your senior dog's health, it's crucial that you keep up with routine preventive care such as parasite prevention, dental care, vaccinations, and nutritional management. As your dog's immune system weakens the importance of routine basic care only increases. Create a comfortable environment for your aging



best friend with easy access to food, supportive bedding, and fresh water whenever he needs it. In addition, plenty of regular attention and affection is good for morale, both yours and your senior dog's. Older dogs can't regulate their body temperature as well as they could in their younger days. It is important to keep your dog warm, dry, and indoors when he's not out getting his exercise. senior canines are also more sensitive to heat and humidity, so protect them from conditions in which they may overheat. If your dog has arthritis, he may prefer a ramp instead of walking up the stairs, extra blankets on his bed, or even a new bed designed to promote orthopaedic health. If your dog suffers from vision loss, it's a good idea to ease his anxiety by keeping floors clear of clutter and always placing his food and water pans in the same place. It can also be a good idea to have a different scent in each room, for example the smell of lemon in the kitchen so your

## Margaret's Ramblings

dog will have no problem locating the kitchen, the scent of pine in the sitting room etc.

### ON THIS DATE- MAY 15TH

1532 - A gathering of English church officials officially accepted the authority of king Henry VIII in all issues.

1625 - 16 rebellious farmers hanged in upper-Austria.

1718 - James Puckle, a London lawyer, patented the world's first machine gun.

1730 - Charles Townshend departs from the British government after disagreeing with the Prime Minister, intending to return home and improve his estates. The innovations he made played a key role in the Agricultural Revolution, earning him the nickname 'Turnip Townshend'.

1740 - Death of Ephraim Chambers, British encyclopaedist.

1793 - Diego Marn Aguilera flew a glider for 'about 360 meters', at a height of 5-6 meters, during one of the first attempted flights.

1829 - Elected to the office of minister of Parliament for Co. Clare by recently enfranchised Catholics, Daniel O'Connell presented himself at the bar of the House of Commons, but was asked to withdraw for refusing to take the Oath of supremacy. 1907 - Toronto Ontario, plumbers went on a strike that lasted four-months.





## JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

# KILLARNEY'S SPORTING YEAR-1969

**1969 was probably the most successful year in all of Killarney's long and illustrious sporting history.** That Kerry won the All Ireland is not what makes it unique – after all, they had already contested 5 finals in the 1960s, albeit with only the 1962 win over Roscommon to show for it.

### Kerry Seniors

In fact, the football omens for 1969 were not great. Kerry had reached the previous year's final, only to lose again to our nemesis, Down. But Jackie Lyne, arguably the greatest of the great Lynes of Cleeney, had settled into his role as Kerry trainer. There was one initial blip on the radar as Kerry lost to Down in the final of the GAA Tournament in Wembley Stadium.

### National League

Kerry had a great National League. We won 6 games, including Cork twice (two good games), and drew just one game (with Mayo) on our way to the home final against Offaly. We beat them well, 3-11 to 0-8, Mick O'Dwyer with 2-2. That was a good Offaly team, coached by County Chairman Fr. Tom Scully, we would meet them again! That win saw Kerry play in the League Final over in New York. New York had a very good side at the time, with Jimmy Foley of Keel and Mick Moynihan of Rathmore lining out with Tom Furlong of Offaly in the forwards. It was a brilliant game, nip and tuck all through. Kerry lost Mick O'Connell to injury but replacement Pat Moynihan of Gneeveguilla was superb. Late on Mick O'Dwyer fisted over to give Kerry the lead but Tom Furlong won and converted a free to level. The replay a week later was also played in John Kerry O'Donnell's Gaelic Park and just as exciting. Two early goals by Des Ryan had Kerry in trouble but they managed to battle back, O'Connell with a late point putting it into extra-time. Kerry then scored a whopping 1-9 on the trot as fatigue caught the New Yorkers, Derry Crowley scored the goal and Brendan Lynch hit another one late on to seal a 2-21 to 2-12 victory.

### Munster Championship

Waterford got an early goal, but a strong second quarter saw Kerry lead by 1-11 to 1-4. Once again Waterford reeled them in, and once again Kerry had the fitness to win the fourth quarter by 0-5 to 0-1 for a comfortable 1-18 to 2-7 victory. A week later Jack Lynch led Fianna Fail to victory in his first campaign as leader. John O'Leary had topped the South Kerry poll, with Fianna Fail colleague Timothy 'Chub' O'Connor second. Fine Gael's Michael Begley had passed out his running mate Patrick O'Connor Scarteen to take the third seat.



The Munster Final was a different proposition. Cork were dangerous. Billy Morgan, young Brian Murphy, Frank Cogan, Denis Coughlan, Millstreet's Denny Long (he and his son were Austin Stacks stalwarts after, Darragh is co-manager of the Kerry Ladies), John Crowley and the big dual stripling at full forward, Ray Cummins... these were known men, and they had Teddy Holland on the bench. Kerry led by 0-4 to 0-1 but Cork got two penalties. Denis Coughlan hit the left upright and Seamus Fitzgerald dived on it to prevent a rebound. He had touched it on the ground; another penalty. Johnny Culloty caught Donal Hunt's shot and cleared it. At half-time it was just 0-5 to 0-4, but Kerry added five points on the trot to their lead in the third quarter and Flor Hayes' late goal was little consolation for disconsolate rebels. It would get better for Coughlan and Cummins, who would help a young hurling team beat Kilkenny in the All Ireland Final.

By the time the Kerry team were arriving back in Killarney from Cork's Athletic Grounds (it wouldn't be called Pairc Ui Caiomh for another six years), Apollo 11 was nearing its lunar destination and Neil Armstrong was about to take a small step for a man and a giant leap for mankind....

There you are now. We're watching O'Connell fetch ball in midfield all our lives, and there's an American telling us about "a giant leap for mankind". Nice people, the yanks, but very prone to exaggeration.

### All Ireland Championship

Kerry and Mayo. You'd have to love Mayo – we

have beaten them in every meeting for almost 60 years when the chips were down, but they have always given as good as they got and came back for more. The 1969 All Ireland semi-final was arguably the best game of them all between the two teams. A brace from Joe Corcoran had Mayo 0-4 to 0-3 ahead before Liam Higgins rattled the crossbar. O'Connell and O'Dwyer frees got it back to 0-5 apiece. Kerry were on top now, O'Dwyer and Pat Griffin putting us in front. Mick Gleeson hit the post and had a shot blocked on the line. Nerveless Joe Corcoran kicked two frees to make it 0-7 apiece at half-time. He hit another two after the break, but Kerry swarmed in front through Mick O'Dwyer (2), Pat Griffin, Mick O'Connell, Mick Gleeson, teenager Brendan Lynch, and Eamonn O'Donoghue. Mayo weren't done, though – PJ Loftus lofted a ball over the Kerry defence and Des Griffin latched onto it, giving Johnny Culloty no chance. Kerry had three wides in a row before Joe Corcoran pointed to cut the gap to one. A great run by Willie McGee was ended illegally and Mayo had a free with one minute left on the clock. Joe Corcoran had split the posts five times but inexplicably, it was Seamus O'Dowd who took it....and it curled wide. 0-14 to 1-10, Kerry had just about scraped through. Offaly in the final, a great Offaly side. Young Martin Furlong in goal. Big Paddy McCormack, whom Micheal O'Hehir had christened 'The Iron Man of Rhode' outside him. Butch Cassidy and the Sundance Kid were doing their gallivanting in cinemas at the time – neither of them would have tried their antics on big Paddy! Willie Bryan in midfield, nigh on as household a name as





Mick O'Dwyer Shoots For Goal.

O'Connell himself, partnered by Nicky Clavin, who was thriving in his new role. Tony McTague and Seán Evans in the forwards.

There were doubts about O'Connell's fitness. He was the last player to emerge from the Kerry dressing room and was greeted by a huge cheer. Mick Gleeson opened the scoring in the atrocious weather and he, Brendan Lynch, and Liam Higgins helped Kerry into a 0-4 to 0-2 lead. Offaly almost got in on goal twice – Mick Morris made a brilliant block and Johnny Culloty made a fine save. DJ Crowley pointed from long range to leave Kerry ahead by 0-5 to 0-2 at the break – surely not enough against that massive wind. In fact, Offaly were almost on level terms straight away – if Johnny Culloty's first half save was good, his second one against Seán Evans (who had his roots in Castlemaine and was a cousin to the Caseys of Lispole and Brian Mullins) was simply magical. Culloty had studied and prepared for Evans' quick shooting style, it was as much about preparation as instinct, Johnny never lacked for either.

Two Offaly points had the gap down to one but Mick O'Dwyer and DJ Crowley restored it. The insertion of Tom Prendergast to midfield worked, while Mick Morris was outstanding at centre back. Once again Offaly cut it back to 0-7 to 0-6, but DJ Crowley (the first Rathmore player to win an All Ireland) in particular led Kerry in a battling fourth quarter that saw them win a tough battle by 0-10 to 0-7.

Kerry: Johnny Culloty (capt.), Seamus Murphy, Paudie O'Donoghue, Seamus Mac Gearailt, Tom Prendergast, Mick Morris, Mícheál O Sé, Mick O'Connell, D.J. Crowley, Brendan Lynch, Pat Griffin, Eamonn O'Donoghue, Mick Gleeson, Liam Higgins, Mick O'Dwyer.

### Junior Championship

A junior team that included Weeshie Fogarty (Legion), Mick Gleeson (Spa – he was called up to the seniors afterwards), Donal Kavanagh (Dr. Crokes), Jerry McCarthy (Gneeveguilla), Mick Ahern and Moss Keane (Carrow), John Saunders (Rathmore), Jim Coughlan and Paudie Lynch (Beaufort), Mick O'Connell's brother Pat (Valentia), Paudie Finnegan (Kenmare), PJ Burns (Sneem), and Sem star John O'Keeffe (Austin Stacks) lost out to Wicklow on a 0-12 to 1-8 scoreline. Wicklow keeper Pat Cronin (originally from Duagh) played minor, U21, junior, and senior for Wicklow that year.

### County Football Championship

East Kerry retained their football crown with relative ease. Why wouldn't they? Weeshie Fogarty, Jerry McCarthy, Derry and DJ Crowley,

Mick Gleeson, Donie O'Sullivan, Pat Moynihan, John Saunders, Tom Long, Johnny Culloty....that was just the county players. Flor O'Mahony, Ger O'Donoghue, Tim Sheehan, Mike Lyne, Larry Kelly, and Patsy O'Connor weren't novices either. Mid Kerry gave them their sternest test in the semi-final, DJ Crowley fisting the vital goal in a 1-10 to 0-10 victory. Waterville, backboned by Mick O'Dwyer and Mick O'Connell, hadn't wanted to go senior at all and were slaughtered by 6-8 to 1-9. It was over almost before it started, really. Johnny Culloty had a hand in four goals and four points.

### County Hurling Championship

It was Laois native Ben Champion who drove hurling in Killarney, assisted by Tim Healy and Denis Brosnan, and did it to great effect. In 1951 he was full forward on a team that included Tadghie and Jackie Lyne. He coached Killarney to County Minor Hurling titles in 1950, '51, '52, and '56. They lost the final and semi-final in '54 and '55. Johnny Culloty (Kerry minor hurling goalkeeper at just 14 years of age, he played county minor for five years) and Paddy Murphy were on all four winning teams. Liam Brosnan, Michael Looney, Paddy O'Shea, and Patrick O'Donoghue were on the three in a row team. In 1961 Johnny won an All Ireland Junior Hurling title with Kerry as corner forward on a team that included Niall Sheehy, Mike Hennessy, and Sean Lovett.

Killarney lost to Crotta by two points in the 1968 hurling championship. By 1969, with the likes of the Lynch brothers of Beaufort on board. They were ready. They beat Kenmare and causeway on their way to the final. People were sitting up and taking notice.

Stacks were hot favourites with good reason. Tommy O'Regan in goal, Willie Walsh, the Kerryman's John Barry as captain, Garry Scollard, David Lucid, Seamus Roche, Jo Jo Barrett. Good hurlers. Everyone knew that Killarney had good footballers – Johnny himself (who got Clare hurler Pat Cronin to help with coaching), his brother Mickey, Dan Kelliher (it was he who helped transform Fitzgerald Stadium into one of the best prunty pitches in the country), Ultan Breen, Denis Russell, Tadghie Fleming, Pat Lynch, Con O'Meara. Eamon Fitzpatrick (later Br. Angelus, principal of the Mon). You even had a lot of county footballers – Johnny himself, of course, the Lynchs of Beaufort, Tom Prendergast. Con O'Meara captained the team.

Mick Spillane, who had been cajoled into the hurling by Pa Doyle, lashed in a first half goal against the wind, 1-1 to 0-4. On the resumption, Derry Crowley put a goal past his good friend Tommy Bracker O'Regan (he had been trying for a point) and Stacks' heroic fightback came too late, with Killarney winning by 2-6 to 2-5. It was our first and only senior hurling title.

### All Ireland Basketball Championship

Ben Champion had also been largely responsible for bringing basketball to Killarney, founding the first club in 1951. By the 1960s, the game was thriving, with teams like The Jokers, The Warriors, The Battleships, The Shadows, and of course The Busby Babes (Sir Matt donated the jerseys) battling it out in the Old Town Hall. In 1969 Kerry completed a senior and minor

double over Dublin in the Inter-County Final. Seanie Burrowes was key to the minor victory and older brother Bruddy starred for the seniors, scoring 10 points in the 64-61 win. Buddy O'Grady, the great GAA coach, was the manager and rated Bruddy as one of the best to ever come out of Kerry – along with a Killarney teenager who had been outstanding for both the seniors and minors. Paudie O'Connor was, as the late and loved Jimmy McGee used to say, 'different class'. Others to feature included Connie Spring, Jimmy Diggins, John O'Dowd, Billy Dodd, Francis Fizgibbon, Ray O'Connor, Sean O'Neill, and Kerry footballer Derry O'Shea.

### East Kerry Championship

Spa, just back in existence for three years, won their second O'Donoghue Cup after a good contest against holders Dr. Crokes. Con O'Meara in goals saved a penalty by Donie O'Sullivan (who had won two O'Donoghue Cups with Crokes while Spa were in abeyance) and then a rasper by Mick Gleeson. With Connie Doolan on fire (he finished with 0-8) Spa led by 0-9 to 0-3 at half-time and went on to win by 0-12 to 0-8.

### Kerry's First Juvenile Team

Bórd na nÓg had started in 1967 and by now they were ready to field a first Kerry juvenile team, with the Kerry U15s lining out against their Cork counter-parts. The team featured Louis Looney of Legion, Dermot O'Sullivan of Crokes, Johnny Kelly of Rathmore, and Kevin O'Donoghue of Glenflesk, as well as the likes of Tim Kennelly from Listowel and Muiris Fenton from Dingle. A younger friend of Muiris' jumped in the car with him and brought his gear – a young Páidí Ó Sé came on in the second half. Kerry went down to Cork on a 2-5 to 1-5 scoreline.

### Hogan Cup for St. Brendans

Kerry were already the undisputed kingpins of football, but no Kerry school had ever won a Hogan Cup. The Sem had come closest, losing in 1963 to the mighty St. Jarlaths of Tuam. They would keep trying, though – the Sem had great footballers always and still does. Fr. James Linnane, the school principal who was Chairman of the recently founded Bórd na nÓg, was the team trainer and he knew he had a good team. They proved it and made history by beating St. Marys of Galway by 1-13 to 3-3. Three of the best players came from Tralee – John O'Keeffe was the captain and his cousins Ger and Tony all hailed from Stacks. Spa's Jack Foley was in goal, with one Paudie O'Mahony on the subs bench. Donal McMahon, Tom Hanafin, John J. McCarthy, John Long, Paudie Lynch from Beaufort, Denis Kissane, Brian Fenton (the son is more famous than the father nowadays), Ciarán Sugrue, Charles O'Connor, Tom Looney and Niall Brosnan of Crokes, Joe Buckley, Jim Cremin, Pat Lucey, Joe Buckley, Bernard Dennehy, Paud O'Donoghue, Ted Kennelly, Denis O'Keeffe.... history makers.

Dan Dwyer of Kilcummin and Cáit O'Sullivan Darcy of Spa (the font of all my knowledge, in case you were wondering) were in Thurles on that fateful day. I met both of them at the Sem's other victories in 1992, 2016, and 2017 as well.





Pictured above Killarney Celtic Girls team 2014.



Pictured above Killarney Celtic Girls team 2014.

## KILLARNEY CELTIC

### COVID 19

Due to the Corona virus all activity at Killarney Celtic is suspended until further notice. We

encourage all our members to follow the guidelines laid down by the government. If anyone in our community is self isolating and requires help with deliveries of groceries, fuel, medication etc, Killarney Celtic has people willing

to help. All will be done in strict confidence. Please private message our Facebook page or contact Mary on 086 6485809. Looking Back

## OUTLOOK SPORTS

## MUCKROSS ROWING CLUB

### COVID-19

All club activity remains suspended until at least 18 May. The club's committee and coaches are working on preparations for a return to some rowing activities once it is safe to do so and in co-operation with the relevant authorities. We continue to communicate with members regarding personal training at home and outdoor exercise, observing strict social distancing and within 5km of home. Please continue to follow the latest government and HSE advice.

### ROWING IRELAND UPDATES

An update is due from Rowing Ireland's Working Group on COVID-19 by this weekend, setting out the next steps

towards a return to rowing that is consistent with the roadmap for easing of public health restrictions. The latest updates are available on the Rowing Ireland website.

### CLUB ARCHIVES

As the lockdown continues, we continue to gather club photos. As our Facebook followers will have seen, we are reeling in the years with a current focus on the historic tradition of Killarney Regatta. If you have any old photos to share, you can send items directly to our Facebook page or by message to 086 3548181.

### MUCKROSS LOTTERY

The Muckross Lottery remains suspended. No draw will be held until further notice.

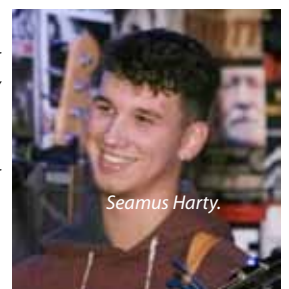


### Seamus Harty & Shane Kennedy

2 of Kerry's finest young prospects are back on Tatler Jack's Live Lounge this weekend. Singer/Songwriter Seamus, from Tralee, recently made the headlines after a clip of him entertaining his neighborhood with a live performance from his driveway went viral. Shane, from Farranfore, fresh after celebrating his 21st birthday last week is a familiar face in the Tatler Jack and is back on our Live Lounge by popular demand. Catch both acts this Friday & Saturday at 9pm Live on our Facebook page.



Shane Kennedy.



Seamus Harty.



Photography enthusiast Glen Bowler amazing image of lightening across Killarney taken last week. The picture was taken from Muckross view from outside his grand parents house Anne & Denis Bowler. The 14 year old is the son of Brian and Tara Bowler and has his own youtube channel Falconkerry





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# Citizens Information

## Know Your Rights:

### Question

*I am unhappy with the repair work a builder has done to my house, he hasn't fixed the issue and he refuses to put it right. Do I have any rights in this situation?*

### Answer

If your builder is unwilling to compensate you, you may be able to make a claim against them using the small claims procedure. The aim of this procedure is to provide an inexpensive, fast and easy way for consumers to resolve disputes without a solicitor. The maximum amount you can claim for under the small claims procedure is €2,000. The small claims procedure is provided through local District Court offices.

If you have purchased goods or services for private use from someone selling them in the course of business, you can make a claim using the small claims procedure. You can make claims for bad workmanship, minor damage to property, faulty goods and for the non-return of rent deposits for certain kinds of rented properties, for example, a holiday home. Businesses can also use this procedure to make claims against other businesses about contracts for goods or services purchased.

To make a claim, you need to complete the application form and submit it and a fee of €25 to the Small Claims Registrar. You can do this online at the Courts Service Online website, csol.ie. Alternatively, you can download the application form from courts.ie or get a copy from the Small Claims Registrar at the District Court office. Make sure you include the correct name and address of the company or person you are claiming against. You can double-check this information on the Companies Registration Office website at cro.ie.

The Registrar sends a copy of your application to the person you are making the claim against. If the other person does not reply within 15 days of receiving your application, your claim will be automatically treated as undisputed. Then the court will make an order in your favour for the amount claimed, and direct that it be paid within a specific period of time. If your claim is disputed, the Registrar will give you a copy of the reasons why the other person is disputing your claim. The Registrar will try to negotiate a settlement to the dispute. If no settlement can be reached, the matter is set for a court hearing in the District Court.

Further information is available from the Citizens Information Service below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.



# Citizens Information

## WE ARE OPEN FOR PHONE & E-MAIL QUERIES

**PHONE (Kerry):  
0761 07 7860**

Email: [tralee@citinfo.ie](mailto:tralee@citinfo.ie)

**10 - 4pm Monday to Friday**

**National Phone Service:  
0761 07 4000**

**9am - 5pm Monday to Friday**

We regret Killarney, Kenmare, Caherciveen, Killorglin, Dingle and Listowel are closed for now. Their phone-lines are diverted to Tralee and we will continue to monitor emails. Apologies for any inconvenience this may cause.

Information & advice is available on;

- COVID-19 Measures • Health
- Income Supports • Housing • Social Welfare
- Education • Employment • Family Matters
- Many other topics

*Free, Impartial and Confidential Service*

For the most up to date information log on to:

**[www.citizensinformation.ie](http://www.citizensinformation.ie)**

**[www.gov.ie](http://www.gov.ie) | [www.hse.ie](http://www.hse.ie)**





**MY CLINICS ARE CANCELLED UNTIL FURTHER NOTICE!**

I am available on the phone as usual on my  
**Mobile 087 2316055**  
along with Eileen: 087 9975419,  
Maura: 087 7816432, Johnny: 087 2354793  
and my Office: 064 6685315

**DANNY HEALY-RAE TD**

**I will continue working to help with any issue or problem people may have, either day to day problems or anything new related to these uncertain times.**

EMAIL CONTACTS  
danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com




**KILLARNEY HR & PAYROLL**

Damien McCarthy Assoc. CIPD 086 - 1936752

**"IN THIS TOGETHER" RETURN TO WORK PROTOCOL**

- A collaborative approach to the implementation of the protocol is essential to achieve success and maximum buy-in. Both employer and employees have responsibilities.
- Employer should have regular and meaningful engagement with their worker representative, workers and/or their recognised Trade Union or other representatives.
- The workplace will appoint at least one lead worker representative charged with ensuring that COVID-19 measures are strictly adhered to in the place of work.
- Employers should provide COVID-19 induction training for all workers.
- This protocol may be supplemented by further guidance. So flexibility and adaptability is required by everyone.
- Business or part of - already open should review their existing measures to ensure they are in line with this Protocol, update their occupational health and safety risk assessments and safety statement.
- Address the levels of risk associated with various workplaces and work activities in the COVID-19 business plans and OSH risk assessments.
- Take into account worker's individual risk factors (e.g. older workers, presence of underlying medical conditions, etc.).
- Include in the plan a response plan to deal with a suspected case of COVID-19 - isolation room, transport, PPE etc.
- Include contingency measures to address increased rates of worker absenteeism, implementation of the measures necessary to reduce the spread of COVID-19, changing work patterns, transfers, cross training, interim staff etc.
- Develop plans in consultation with workers and communicate once finalised.
- Keep a log of contact/group work to facilitate contact tracing.
- Issue a pre-return to work form for workers to complete at least 3 days in advance of the return to work.
- Implement temperature testing in line with Public Health advice.

For help, support and advice on the above or on any of your HR & Payroll needs please feel free to contact us

| HR Consultancy | Payroll outsourcing | Employment Contracts  
| Policies & Procedures | Performance Mgt.

Knockaninane West, Kilcummin, Killarney, Co. Kerry  
Email: [info@killarneyhrb.ie](mailto:info@killarneyhrb.ie) Web: [www.killarneyhrb.ie](http://www.killarneyhrb.ie)

## FOR SALE CLASSIFIEDS

ED 21

### FOR SALE

#### CASTLEGARDEN RIDE-ON LAWNMOWER

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**CONTACT: 087 3528439**



*The Foley Family who took part in the Darkness Into Light Walk last Saturday morning in aid of Pieta House.*

**#lovekillarney**





## What is Resilience for Children?

Resilience is a person's ability to cope with living in spite of difficulties and stresses. It's about coping with problems, and building strengths that protect and promote wellbeing. If children have a lot of adverse things happening in their lives there will always be some effect on their wellbeing, but there are strategies and things we as parents and guardians can do that will help protect them.

We cannot always prevent things going wrong for our children, but we can help them build strengths so that they are more able to successfully face challenges and setbacks so they can overcome difficulties.

### Coping skills (resilience)

One of the best things that parents can do is to help their children build inner strength to cope with the challenges they face and the 'ups and downs' of life and growing up. If parents can foster and teach the skills to overcome difficulties and disappointments then children can be strengthened by these difficulties and have confidence and self belief as they negotiate their journey into adulthood. Researchers have looked at what helps some people to manage difficult times when others don't cope well. In this article we look at some of the ways that can build children's strengths - whether they have big stresses or not and the first step for parents is to try to protect their children from major stresses where possible.

### Some things that are stressful for children

These are some of the bigger life events that are stressful for children: birth injury or being very small at birth, parents or others close to them are ill or die, disability - their own or another child in the family or a parent, family break-up - separation or divorce, parents arguing or violence in the home, abuse or neglect, a new baby being born when the child is very young (under 2), if parents see a child as 'difficult', lots of changes in a child's life - such as schools, classes, teachers, where they live and who cares for them, car accidents, events outside anybody's control like fires, floods, war.

### What children need to build resilience

Children need to feel included and supported in their families (in all its many forms), they need to make a contribution and feel they can succeed. Children need to look up to their parents and feel they can count on them. It is so important also for children to try new things and learn to persist in their tasks.

### Resilience is built on these three main building blocks:

#### I AM worthwhile

I am...  
lovable and loved  
respectful of myself and others  
willing to be responsible for what I do  
happy to do nice things for others

#### I CAN make a difference

I can...  
talk to others about things that worry me  
find ways to solve problems  
find someone to help me  
control myself when needed

#### I HAVE

people around who I trust and who love and support me  
people who help me  
people who will keep me safe  
people who encourage me to learn to do things on my own

**SouthWest Counselling Centre, Killarney** provides affordable professional counselling to children, adolescents adults and couples at its Killarney Centre (Lewis Road). To make an appointment call: 064 6636416/064 6636100  
E: info@southwestcounselling.ie

SouthWest Counselling Centre is a not-for-profit organisation.  
All funds raised through fundraising go directly to service provision.

## A Word of Victory

Welcome back dear reader last week we featured a testimony of God's goodness, and His healing transformational power from one of our congregation. It is a story that many survivors can relate to. All over the world today children are being bred and groomed for abuse, but mostly it doesn't enter people's radar because it's not until something affects a person that they become aware of it. Sex tourism, sex trafficking, prostitution and pornography all contribute to what is a vile stain on the human race. It has been easy perhaps to be passive about this or unaware when it happens to a little child in a third world nation, far away from our daily lives. Unfortunately dear reader it is a very real thing even in the midst of our society and, whether we want to admit it or not, it has always been happening here. Many people are battling illness in their bodies and minds because of trauma and abuse that they endured, which resulted in sickness manifesting due to tormenting emotions buried deep inside. Friend, there is hope for you to be healed and your peace restored through the redeeming power of the love of Jesus. God did not cause that horror to happen to you - it is a work of Satan, but Jesus came to set the captives free and to heal the broken-hearted (John 10:10; Isaiah 61:1-3). As you get to know Him through His Word healing, peace and joy will be the result for you too.

Right now there are many people who are actively participating in the porn and sex trafficking industry, which perpetrates abuse, without even realising it. People young and old are watching graphic content on devices and television and they see nothing wrong with it. Society promotes it as 'liberated freedom'. What a load of trash! Jesus said that your "eye is the lamp of your body", so what you are watching has an effect on your life. If what you are taking in through your eyes is porn, violence and explicit sexual scenes you are making your whole life dark (Matthew 6:22-23). And for many it triggers an appetite for more sparking addictions that destroy lives. The content on these porn websites is often real uploaded rape and violence against innocent men, women, and mostly children, to bring sexual gratification to others. This conversation needs to happen now for true repentance and deliverance. God is the Righteous Judge and He "is a Consuming Fire", and He loves you. (Hebrews 12:22-29).

See more at [wordofvictory.net](http://wordofvictory.net)



E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

Word of Victory is a paid advert and does not represent the editorial views of this magazine.

## Gardening

with Killarney Outlook

by John O'Sullivan

### Filling window boxes and containers

Again there is a large range of different types of window boxes and containers. The most popular ones are the plastic. If it's a plastic window box that you have the first thing you must do is sort out the drainage. Turn the window box upside down and you will see holes marked out. You can either use a screw driver or a drill to punch out these holes. Turn the box back up and put some small stones or polystyrene around the holes. Fill the box with compost and a slow release fertiliser to about half an inch from the top of the box and firm in compost. When choosing the plants for the window box make sure that the taller plants are at the back trailing plants towards the front and medium sized plants for fillers inbetween.

A good example for tall plants at the back of the box would be upright geraniums or upright fuchsias. Good trailing plants for the front of the box would be trailing geraniums or trailing petunias. Other examples of good trailing plants for fillers would be trailing lobelia, bacopa and bidens.

When your box is planted, water in plants well and don't put into position for a few days.

Remember that all window sills slope so when your trailing plants start to grow you will need something to hold your box in position.

**JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.**



# IN MEMORIAM

## 2ND ANNIVERSARY

IN LOVING MEMORY OF  
**FRANK JONES**



KILLARNEY, CO KERRY  
WHO DIED MAY 4TH. 2018

*Without your kind and gentle smile  
And sweet familiar face  
A treasured life is missing  
And the World a sadder place,*

FROM YOUR  
LOVING FAMILY

TO PLACE A  
MEMORIAL IN THE  
KILLARNEY OUTLOOK

Please email the details to:  
**killarneyoutlook@outlookmags.com**  
and the verse and photo you  
would like to include.

.....  
*Please include a contact name,  
address and telephone number.*  
.....

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**Outlook**  
MAGAZINES

## 7TH ANNIVERSARY

IN LOVING MEMORY OF

**JOHN  
O'SULLIVAN  
DARCY**



UPPER LISSIVIGEEN,  
KILLARNEY  
WHOSE 7TH ANNIVERSARY  
OCCURS ON MAY 16TH

*Each of us in our own way  
Has special thoughts of you this day  
In God's care you rest above  
In our hearts you rest with love*

*Loved and remembered always by  
Cait and all your family*

**Anniversary Mass will be live streamed  
on [www.killarneyparish.com](http://www.killarneyparish.com) from St.  
Marys Cathedral on Sunday next,  
May 17th, at 12 noon**

## 5TH ANNIVERSARY

IN LOVING MEMORY OF

**CON SPILLANE**



HEADFORD, KILLARNEY  
WHO DIED ON  
16TH MAY 2015

*No matter how life changes  
No matter what we do  
A special place within our hearts  
Is always kept for you*

*You never wished for sadness  
You never cared for fuss  
Just to be remembered  
And loved by all of us*

**SADLY MISSED & ALWAYS  
REMEMBERED BY YOUR  
LOVING FAMILY**

## 2ND ANNIVERSARY

IN LOVING MEMORY OF

DEAR HUSBAND, DAD  
AND GRANDAD

**MICK AHERN**



DUNRINE, KILLARNEY  
WHO DIED ON  
17TH MAY 2018

*You always had time to share a laugh, a joke  
and time to care. A wonderful nature, warm  
and true, these are the memories we have of  
you.*

*Forever remembered with love until we meet  
again by your loving Wife Anne,  
Daughters Rose & Martina, Sons Michael,  
John, Pat, Paul, Ray & Eammonn. Sons in Law,  
Daughters in Law, Grandchildren,  
Brother, Sisters and many friends.*

## NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all  
of the Saints for favours received. And thanks  
to the universe.

## 6TH ANNIVERSARY

IN LOVING MEMORY OF

**PAUDIE  
GLEESON**



MOUNTRODGER,  
GNEEVIGUILLA,  
RATHMORE, CO. KERRY

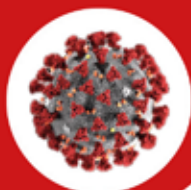
*Of all the good times that e'er we shared,  
I leave to you fond memory:  
And for all the friendship that e'er we had  
I ask you to remember me:  
And when you sit and stories tell,  
I'll be with you and help recall:  
So fill to me the parting glass,  
God bless and joy be with you all.*

*Fondly remembered by his wife Agnes,  
Children Katie, Eileen, Siobhan, Dave,  
Paudie, Tom, Aggie and Sarah, sons-in-law,  
daughters-in-law, his grandchildren and  
Great Grandchildren.*

**Anniversary Mass on Saturday  
23rd May, 2020 at 7pm. Live Stream  
from St Joseph's Rathmore  
per MCM Media**



# Certified Disinfectant and Sanitising Services for your peace of mind



Our Cleaner and Sanitiser is laboratory tested and approved to Kill the SARS-COV-2 Virus

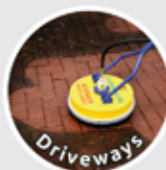


If your business is reopening, then you need to be ready. **Donal O'Sullivan** will be there to safely and effectively disinfect and sanitise any workplace - **Internal and External**.

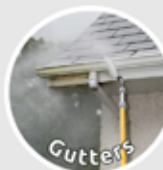


## Internal & External Cleaning Services

At **Cleaning Doctor**, we've been continuing to provide our regular **external cleaning** to local homes and **internal cleaning** for businesses. Get in touch with us to get a quotation for any of our long established services.



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Gutters



Windows



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- Algae Removal



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[www.cleaningdoctor.ie/Kerry](http://www.cleaningdoctor.ie/Kerry)

