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# KILLARNEY Outlook

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Heart Happy.... Members of Heart of Ireland teach CPR & AED use to members of HeartBeat. Full story on Page 4. L-R Anne Chute, Damien Baker, Mike Murphy and Leo O'Connor. PICTURE: MARIE CARROLL-O'SULLIVAN

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 <p><b>IF BEALE STREET COULD TALK</b> 13A 115 minutes 7 DAYS 6:45 9:00</p>	 <p><b>HOW TO TRAIN YOUR DRAGON</b> PG 110 mins SAT/SUN 12:05 2:10 4:15</p>
 <p><b>INSTANT FAMILY</b> 12A 125 minutes SAT/SUN 4:30 7 DAYS 6:40 8:55</p>	 <p><b>A DOG'S WAY HOME</b> PG 100 minutes SAT/SUN 12:15 2:30 4:40</p>
 <p><b>THE MULE</b> 15A 120 minutes 7 DAYS 6:40 9:00</p>	 <p><b>MARY POPPINS RETURNS</b> PG 130 minutes SAT/SUN 12:05 2:10</p>
 <p><b>THE GREEN BOOK</b> 12A 130 minutes 7 DAYS 6:30 8:50</p>	 <p><b>RALPH BREAKS THE INTERNET</b> PG 115 minutes SAT/SUN 2:10 4:15</p>

**KIDS CLUB** 6 **SMALLFOOT** 100m SAT/SUN 12:10

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In front L-R Leo O'Connor & Damien Baker. Standing L-R Billy O'Sullivan & Michael F O'Connor. PICTURE: MARIE CARROLL-O'SULLIVAN

## Heart of Ireland take centre stage at HeartBeat

**H**ear of Ireland certified another group of people this week as 20 members of HeartBeat were trained in the skills of CPR & AED use in Killarney.

The training, organised by HeartBeat saw the Heart of Ireland instructors equip their members with the skills to save a life.

"Knowing how to do CPR and using an AED can be the difference between life and death. Now there are 20 more people in Killarney that have the skills to save a life", Damien Baker, Heart of Ireland told the Killarney Outlook.

Recently HeartBeat installed a Public Access AED on the wall of the Parish Hall.

"The Parish Hall serves the Killarney Community and is used frequently. The importance of using an AED on someone in the seconds after a cardiac arrest is vital. This AED ensures that should someone suffer a cardiac arrest, the delay of getting an AED to the patient is minimised", Leo O'Connor, Heart of Ireland said. HeartBeat, a support group for cardiac and stroke patients have hosted many information evenings with the Killarney Cardiac Response Unit for their members, and they took the opportunity of installing the AED to offer a CPR & AED course to the public.

Damien Baker thanked the members of the public who took the time to learn CPR. "It's only when something happens close to home that people think we should have learned CPR" Damien added. I would urge anyone interested in learning CPR and how to use an AED to get in contact with the Heart of Ireland facebook page to find out details of a course near you. The Heart of Ireland project is going from strength to strength with more old Irish Phone Boxes across the country being re-introduced into community's housing life-saving defibrillators. The Heart of Ireland, a volunteer run project aims to promote the locations of Public Access Defibrillators across Ireland. In the coming months locations of more Phone Box AEDs will be launched and a part of Irish history that kept families together will do so once again right across the country. The Heart of Ireland group is calling on community groups across the country to support this project by taking the lead on bringing one to their community. The first Phone Box AED in Main Street Killarney not only serves as a life-saving piece of equipment but has proved to be a huge tourist attraction with visitors to the town.

## EDITOR'S NOTE

**I**t was the perfect sporting day in Kerry last Saturday and we have it all covered in this week's Killarney Outlook. Beaufort began the celebrations and were shortly joined by Kilcummin in an amazing double in Croke Park and finally Peter Keane and his men were the icing on the cake on Saturday night when the Kingdom pipped the Dubs in Tralee.

Heart of Ireland continue to equip people with lifesaving skills, a young artist from Fossa has won a national award and the dancers at the 5th Annual Strictly Come Dancing are continuing with their preparation. Beneficiaries of the Rotary Club's evening of Wine & Art received their cheques this week, breakfast is served at a Killarney Guest House and Faha pupils have caught the creativity bug. Lots for you to enjoy in this week's Killarney Outlook!

*Aisling Crosbie* | Editor

**IF YOU HAVE A STORY...**

Contact Aisling on: 086 0400 958



*Aisling Crosbie* | EDITOR



One Killarney business has made it on the shortlist for a prestigious 2019 Georgina Campbell Irish Breakfast Award in association with Fáilte Ireland. Killarney Lodge, which is located on the Countess Road and owned by Catherine and Marcus Treacy, is one of only five Kerry establishments on the shortlist. The winners will be announced on at a Gala awards ceremony at the InterContinental Hotel in Dublin on Tuesday February 19th. Now in their third year, The Irish Breakfast Awards celebrate the finest Irish food producers and those who take special pride in serving the

best breakfasts and brunches in Ireland to tourists and locals alike. The awards will be attended by up to 200 representatives from the hospitality industry, food writers and food organisations and with special guest, Chef Neven Maguire. Each establishment on the shortlist has been commended by Georgina Campbell's independent assessment team for creating a breakfast menu that stands out from the crowd. The other Kerry businesses that have made the shortlist includes The Park Hotel Kenmare, Benner's Hotel, Dingle, Castlewood House, Dingle and Shelbourne Lodge, Kenmare.



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# Creative

## Faha pupils enjoy new schools initiative

Pupils from Faha National School taking part in the The Scoileanna Ildánacha/Creative Schools pilot initiative with Visual Artist Jane Hayes. **PHOTOS: VALERIE O'SULLIVAN**



Pupils from Faha National School are among students from four schools in Kerry who have been chosen to take part in the Scoileanna Ildánacha/Creative Schools pilot initiative which is currently taking place across Ireland.

The programme works by highlighting the positive place of the arts in children's learning

Four schools in Kerry were chosen in this first round of funding and include Faha NS, Killarney, Fybough NS, Castlemaine, Pobalscoil Inbhear Scéine, Kenmare, and Presentation Primary School, Castle St, Tralee. The programme aims to put the arts and creativity at the heart of children and young people's lives. Creative Schools is a flagship initiative of the Creative Ireland Programme to enable the creative potential of every child. It is led by the Arts Council in partnership with the Department of Education and Skills and the Department of Culture, Heritage and the Gaeltacht. The Arts Office/Creative Ireland Kerry supports the initiative and Jane Hayes, one of the Creative Associates assigned to work with Faha NS and Pobalscoil Inbhear Sceine had this to say... "It is a privilege to work with schools in the Kerry region, as Kerry has such a wealth of tradition in creativity and culture. Together we are striving to ensure that the arts and creativity are central to the life of participating schools across the curriculum and are celebrated for their contribution to the learning and development of our children and young people," stated Jane Hayes, Creative Associate.

With the support of the Creative Associate each school will develop a Creative School plan and design a unique programme that responds to



needs and priorities of their school.

"Our students look forward to the work they do with Jane and the school is developing an even greater understanding of the power of creativity and the arts to their learning and personal development. We are delighted to be taking part in this first pilot programme", Jerry Fitzgerald, Principal of Faha National School told Killarney Outlook.

This pilot initiative will understand, develop and celebrate the arts and creativity in schools. It will establish a range of collaborative opportunities for schools and will develop and strengthen the relationships between schools and the broader cultural and community infrastructure within which they operate. The long-term aim is for every school to be supported to fully embrace the arts and creativity, ensuring a positive experience and strong outcomes for children and young people.

t h e



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**WEDNESDAY 27TH FEB**

**8pm (Bus departs) Music Tour to  
Sliabh Luachra in Scartaglen**

Céilí with Neilly O'Connor. Followed by  
music session in Tom Fleming's bar

**THURSDAY 28TH FEB**

**The Schools Outreach Programme**

**AM – Schools Outreach Programme**

**8pm Concert with Gatehouse**

Featuring John Wynne, Jacinta McEvoy and  
Rachel Garvey

**10pm Céilí with Uí Bhriain**

Late night festival club with Tim O'Shea,  
Sean Murphy, Orlaith Brosnan McAuliffe,  
Dermot Byrne, Andrew McNamara, Yvonne  
Casey, Eileen O'Brien and many more...

**FRIDAY 1ST MARCH**

**4.30pm Weekend Welcome Céilí**  
with The Kingdom Céilí Band

**9pm Concert with Mike McGoldrick,  
John Doyle & John McCusker & the  
Lawnhaws** with Andrew McNamara,  
John Hanrahan, Anne Marie McCormick, Jim  
Corry, Mary McNamara and Eileen O'Brien

**10pm Céilí with Striolán Céilí Band**

**FREE 10pm-12am Session**  
with Ger Culhane, Connie Moynihan  
& Denis O'Connor

**FREE 12pm-2am Session with Conor  
Kearney, Gavin Walsh, Ciara O'Shea,  
Aileen Bourke & Lily Sweeney.**

**FREE 12am-late Late Night Session**  
with Festival Club House Band  
Sean Murphy, Tim O'Shea, Dermot Byrne,  
Eileen O'Brien, Orlaith and Brogan  
McAuliffe and Yvonne Casey.

**SATURDAY 2ND MARCH**

**10am – 1.00pm | 2.00pm-4.30pm**  
**Instrument Masterclasses & Workshops /  
Ceardlanna Ceoil**

**Fiddle:** Dylan Foley

**Accordian:** Andrew McNamara

**Concertina:** Niamh Ní Charra

**Flute:** Hammy Hamilton

**Tin Whistle:** Mary Bergin

**10am-1pm | 2pm – 4.30pm**  
**Set Dancing Workshops Advanced**  
with Pádraig and Róisín McEneaney

**11am - 1pm | 2pm – 4pm**

**Séan Nós Dance Class**

with Úna Ní Fhlatharta

**12.45pm – 2pm Free Session**  
with Connie O'Connell, Áine O'Connell,  
Eileen De Paor & Francis O'Connor

**2pm Concert with Jackie Daly,  
Matt Cranitch & Paul De Grae**

**7.30pm Traditional Singers Concert**  
with Jim Walsh, Róisín Ryan, Christy Cronin,  
Tom McKenna, Kathleen L. Pat Sullivan, Richie  
Fitzgerald and Meatí Jo Shéamuís O'Flathartaigh

**9pm Saturday Night Concert**  
with Altan & The Sliabh Luachra Band  
Featuring Paudie O'Connor, Niamh Ní Charra,  
Aoife Ní Chaoimh, Joe Sullivan & Tim Dennehy

**FREE 8pm – 11pm Session**  
with Tim Hickey & Friends

**10pm Céilí with The Kilfenora Céilí Band**

**12am-late Late Night Session with Festival  
Club House Band – Dermot Byrne, Yvonne  
Casey, Sean Murphy, Tim O'Shea, Orlaith and  
Brogan McAuliffe and Eileen O'Brien.**

**SUNDAY 3RD MARCH**

**11am – 1.00pm Advanced Set Dancing  
Workshop** with Pádraig and Róisín McEneaney

**FREE 12pm The Scattering Singing Session**  
with Jim Walsh and Richie Fitzgerald

**FREE 12.30pm-2.30pm Session with  
Mike Brosnan, Tim Kerins & Mary Conroy**

**1.45pm Sunday Afternoon Concert**  
with Dordán - Mary Bergin, Martina Goggin  
and Dearbhail Standún

**2.30pm Sunday Afternoon Céilí**  
with Johnny Reidy

**FREE 2.30pm – 4.30pm Session**  
with Dermot Byrne, Eileen O'Brien  
& Gearóid Dineen

**8pm The Scattering Concert with KGB  
Paddy Keenan, Frankie Gavin & Dermot  
Byrne, Dylan Foley and Brian McGrath,  
The Conifers**

with Brian O'Leary, Cathal O'Curran, Felix  
Morgenstern, Conor O'Loughlin, Marty Barry

**Final Scattering Session with Festival  
Club House Band**

– Dermot Byrne, Yvonne Casey, Sean Murphy,  
Tim O'Shea, Orlaith and Brogan McAuliffe and  
Eileen O'Brien

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# KILLARNEY SCHOOLGIRL WINS PRESTIGIOUS ART COMPETITION



**K**illarney schoolgirl Anna Dunlea, has won the overall prize in the primary school section of Trinity College's Book of Kells art competition. 12 year old Anna, who is the daughter of Peter and Sandra Dunlea from Barleymount, attends Fossa National School. She produced a beautiful piece of art which stood out to judges and bagged her the top spot beating hundreds of entries in

her category. Anna recently attended the awards ceremony in Trinity College and was presented with her award by competition ambassador and RTE presenter Sharon Ni Bheolain and Dr Rachel Moss of Trinity's History of Art department. Anna received a cash prize for herself and also for Fossa NS. She also won a VIP tour of Trinity College and lunch for her class! This is a huge achievement as judges noted the phenomenal talent shown from entries this year. In total, over 1,600 budding artists and writers of all ages from Ireland, the UK, Europe and even as far as Australia and the US, participated in the creative arts competition. This is the second year of the competition and the judges were inundated with hundreds of incredible pieces of creative writing and art. The Book of Kells Creative Competition is seen as a worthwhile educational tool which incentivizes all children and provides a positive goal for reading and creative writing. Congratulating the winners on their great achievement, Sharon Ni Bheolain, said she was bowled over by the standard of entries with people putting their heart and souls into interpreting and visualising



Anna Dunlea receiving her award RTE presenter Sharon Ni Bheolain and Dr Rachel Moss of Trinity's History of Art department.

Ireland's most celebrated of manuscripts. Animals, birds and gospel scenes were all gloriously re-imagined by the finalists. The competition is now open for 2019 and the theme is going to be 'Irish Culture and The Book of Kells'. The closing date will be November 30th 2019 and further information will be available in the coming weeks on the website <https://www.tcd.ie/visitors/competition/>

## Occupational First Aid Certificates provide a significant boost to employment prospects

Having an Occupational First Aid certificate provides a significant boost to one's employment opportunities, that's according to Local Employment Services (LES) Manager Bridie Buckley. She was speaking at a ceremony in Killorglin that saw 12 participants presented with their certificates having successfully completed the course. The participants undertook the course through the LES which is operated by South Kerry Development Partnership CLG on behalf of the Department of Employment Affairs & Social Protection (DEASP). "This qualification is something employers in the health care and child care sectors in particular are looking for but it is also sought extensively across other employment sectors" Bridie added.

Speaking at the presentation, Maurice Lawlor of the DEASP said that it is very important that as many supports are put in place for the region as is possible. "Having the LES operating in the area providing training as well as providing all the relevant information to prospective employees is a key component of these supports" Maurice said.

SKDP CEO Noel Spillane paid tribute to the



Front L-R: Amanda Jones DEASP; Noel Spillane, CEO SKDP; Bridie Buckley, LES Manager; Middle L-R: Maurice Lawlor, DEASP; Mary Ita Carey; Cathy Sheahan, LES; Mary Clifford, SKDP; Rosarie Morrison, SKDP; Kerry Knightly; Dianna Ferris Back L-R: Paudie O'Shea, SKDP; Barry O'Sullivan; Ashley Cook; Michael Burke; Richard Morris, Thomas Flahive. Missing from Photo: Sinead Corkery, John Cahillane, Donal Teehan & Mary Costigan.

participants who completed the training and pointed to the very strong working relationship that exists between the DEASP and SKDP. "Schemes such as TUS and the RSS make significant contributions to the local

communities in South Kerry and there are very good links between participants on these schemes and the LES with many going on to take up new roles across the region" he said.



# The Sound of Music

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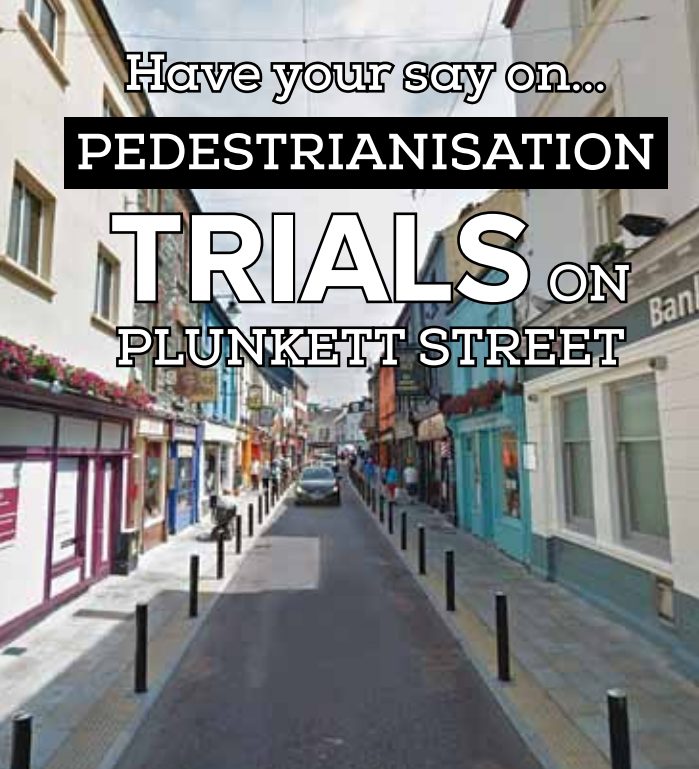




Have your say on...

## PEDESTRIANISATION

# TRIALS ON PLUNKETT STREET



**T**he Killarney Municipal District of Kerry County Council is inviting submissions from members of the public as part of a review of the daytime pedestrianisation trials of Plunkett Street on the following occasions in 2018:

**From Saturday, 31 March to Monday, 9 April, both dates inclusive. From Friday, 11 May to Monday, 21 May, both dates inclusive. From Friday, 29 June to Monday, 3 September, both dates inclusive.**

Plunkett Street was closed to traffic between the hours of 11.00 am and 7.00am, seven days a week, on a trial basis.

Kerry County Council is now encouraging everyone including local businesses, community groups and the general public to have their say on how the pedestrianisation trials operated.

Cathaoirleach of the Killarney Municipal District, Cllr John Sheahan said: 'We voted last March to introduce the trials of pedestrianisation on Plunkett Street, with the intention of assessing the impact on pedestrians, shoppers, motorists, and businesses. Now we would like to hear what the people of Killarney and further afield think about this matter.

'This is an informal consultation with the public but I hope that people will engage with it before we, as elected councilors, decide on any future pedestrianisation system which might apply,' he said.

Anyone with a submission, comment or observation should email [killarneymunicipaldistrict@kerrycoco.ie](mailto:killarneymunicipaldistrict@kerrycoco.ie) using Plunkett Street in the message line or write to the Killarney Municipal District Officer, Killarney Municipal District, Town Hall, Killarney before the deadline of Friday, 22nd February 2019.

## Welcome for reduction in speed limits

Cllr. Brendan Cronin has broadly welcomed two very important changes which are to be part Kerry County Councils speed limit review. In the review it has been agreed within the Killarney MD that a 50km speed limit will be put in place on all approaches to schools which are located on all local county roads and it is proposed that this be implemented county wide. This will be a very important step for Boards of Management and school principals who have been seeking improvements in awareness and road safety for traffic, pedestrians and children approaching and accessing schools on local county roads.

Also agreed as part of the review is the implementation of a 30km speed limit within all residential developments and estates that have been taken in charge by the Council where the road is public. This is also an important safety measure for residential areas.

## PURE RESULTS returns to Parknasilla Resort & Spa

Pure Results, Ireland's premier weight loss and fitness retreat run by RTE's Kathryn Thomas is heading back to the Kingdom this March for a limited time only.

Her seven day and four day residential retreats give clients the opportunity to switch off and completely focus on their health and wellbeing with impressive weightless results to boot.

Classes such as boxercise, yoga, kettle bells and resistance bands are designed for men and women of all fitness levels, where age is but a number!!! Bookings for the bootcamps have been extremely high, prompting Kathryn to put on additional camps this year to cope with demand.

"We are delighted to be heading back to Parknasilla Resort and Spa for our March retreats, taking place between 15th and 29th March. It is such an idyllic location for our clients to achieve incredible results just in time for summer. We have always had such great fun at our Kerry retreats and I can't wait to welcome clients who might be

looking to do something completely different over the St Patricks bank holiday while losing a few pounds too!" said Kathryn

Parknasilla overlooks the Atlantic coast on 500 acres of tropical paradise along the Wild Atlantic Way and the Ring of Kerry. With miles of hiking trails, outdoor spaces and serene view-points, the trainers are spoilt for choice when creating the clients energising class schedules. Day trips along the Old Kerry Way and to Derrynane beach are also a popular part of the weekly schedule.

As well as all exercise classes, life coaching, cooking demonstration and nutrition workshops, Pure Results clients can relax in the luxurious spa including indoor heated pool, spa thermal suite, outdoor hot tubs and 12 treatment rooms.

Prices start from €529 for a 4 day retreat

For more about Pure Results fitness retreats visit [www.PureResultsBootcamp.com](http://www.PureResultsBootcamp.com)









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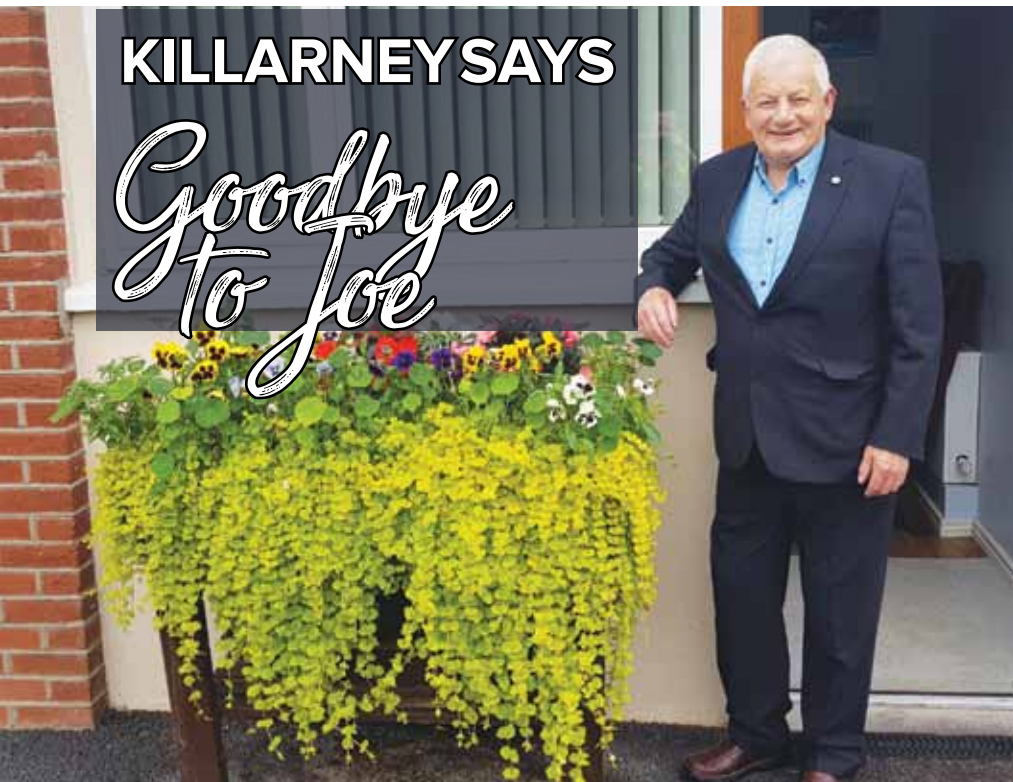



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# KILLARNEY SAYS

## Goodbye To Joe



*Killarney said goodbye to one of its favourite residents this week as Joe Mulvihill was laid to rest. A regular visitor to the Killarney Outlook - Joe will be missed by many. Joe's friend and neighbour Enda Walshe remembers Joe, who he met on a daily basis on his way to work.*

**B**eing a resident of the Upper Lewis Road for 20 years I have the unique advantage of not having to rely on the motor age to bring myself to the hub of the town centre. On my daily stroll I have the privilege to fully take in my surroundings. Just before I reach the home of Kerry football, Fitzgerald Stadium, Mangerton Mews is on my right and as the years went by I found myself halting my stride to make conversation with the inhabitants of these houses. They are under the auspices of the HSE who provide excellent care for the residents. One such lodger was Paddy Turner who left his own indelible mark on the town. But one of Paddy's closest friends was Joe Mulvihill. Joe arrived in Killarney on a similar curve to Paddy having been placed in the States care at an early age. He found happiness in South Kerry initially but unfortunately his guardian died unexpectedly and his time was spent moving from one place to another. He eventually anchored in

Killarney and it was here that he was happiest. Never shy of work Joe was always helpful no matter where he was tasked and he built up a great relationship with a number of town residents.

He set up home in Lewis Road and in no time he struck up a friendship with Paddy Turner. Paddy's infectious personality rubbed off on Joe and Joe thoroughly enjoyed his company overlooking the town. It was here I first met Joe and I always found him to be extremely honest. Like Paddy, he was fond of his fashion, and he always made sure he was well turned out. Being employed in Quills my most loyal and honest customers were Paddy and Joe. Joe was a huge sports fan with Kerry Football, Legion and Manchester United being to the forefront. His grá for Legion was nourished by the time he spent in the company of the likes of the late Bernie O Connor and James O Donoghue who he helped when the club purchased its home in Direen in the early 90s.

He counted Johnny Culloty as one of his idols and notwithstanding the towns rivalry he also had a fondness for the Dr Crokes as both clubs supplied him with some excellent carers. He was fanatical about the Kerry senior team and especially enthusiastic, in the recent past, about the work Peter Keane was indulging in. Only last Friday he called to me and urged me to bring him home a programme from the Kerry vs Dublin clash in Tralee. It was fervent wish that Kerry would be the ones who stopped a possible 5 in a row for the Dubs. Joe also ensured he had both Kilcummin and Beaufort flags for last weekend because his love of football meant he wanted to show every club his support. He was furnished with both clubs colours and Joe, on that eve of a momentous weekend, was full of anticipation, but alas when the ball was thrown in at headquarters on Saturday afternoon, he was on the highway to heaven. I have no doubt that he had a helping hand in both Beaufort and Kilcummin victories.

Having spent all his early years in Kerry, Joe learned to embrace its beauty. You can be sure that on one of its finest days no one would have stood taller.

Joe Mulvihill had Kerry and Killarney to the forefront of his thoughts and enjoyed his routine of calling to his favourite haunts on his Friday trips. In the newly established Reidys and Der O Sullivans he was treated like royalty and his recently kicking of the habit made him a regular in the Vape shop in High Street. He embraced modern technology and always ensured he had the most up to date phone. The Mens Shed, a recent and outstanding initiative, was where he spent a lot of his time and in the ethos of the organisation he was made feel extremely welcome. Huge tributes have to be paid to his carers in the HSE who made sure that up to his last breath Joe was seen after in a courteous and helpful way.

He took huge interest in nature and was at his happiest tending to the garden in his home in Mangerton Mews. His floral display was his pride and joy and he also gave great assistance to Mike Doherty in his time as overseer of the lawns and hedges in the facility.

And so when the full time whistle was blown on Joe's time in Killarney he had developed a huge affection for the town and its a tribute to the town's people that they returned it in spades to Joe. Its that spirit that makes Killarney such an attraction to locals and tourists alike.

## Letter to the EDITOR

Dear Editor,

Our school, St. Oliver's National School, Ballycasheen, are organising a Road Safety Awareness Campaign during the month of February 2019. We have organised supervised walk to school teams each day from 9.00 a.m. at Countess Road, Woodlawn Road and at the Church of the Resurrection.

We have organised a Poster Campaign and erected warning signs outside our school reminding everyone to be careful and slow

down. Our local Gardai will call down during February to help monitor the traffic and advise us. We thank the many drivers who follow the simple rules to ensure we can gather and leave our school safely. We ask that those drivers entering our yard without permission stop immediately. We ask that drivers slow down or park further from our school and walk. Our childrens' safety is all our responsibility.

Yours faithfully,

Rory D'Arcy, Principal Teacher.





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# LOCAL BENEFICIARIES BENEFIT

## *Wine & Art Evening*

**A** number of local schools and charities have benefited from the 201 Rotary Club evening of Wine and Art.

The event has been a hugely popular in the Killarney Christmas social calendar for many years. Artists from all around Kerry and further afield travel to this annual event at the Great Southern Killarney to display their work. It has become an annual networking event for the artists/crafters themselves and some come for this alone and are not too upset if they don't sell on the night. Everybody agrees that it is a most enjoyable evening both for the exhibitors and the patrons. Many sold pieces of art on the night at this years successful event. A percentage from these art sales is donated as well as ticket sales by the beneficiaries in advance and also at the door on the night. This money is now

being distributed to the local beneficiaries.

The event is hugely supported by Daly's Supervalu and Killarney Brewing Company. A selection of wines and cheeses from Dalys Supervalu are available for all patrons to enjoy throughout the night and all wines sampled are subsequently available to purchase in their store. Killarney Brewing Company tempt the patrons to check out their locally blended brews which are also for sale in many outlets including Dalys SuperValu or perhaps a visit to their brewery on Muckcross Road with friends for an enjoyable evening can be planned and maybe even have a bite to eat there.

Killarney Rotary Club are delighted to be involved with many local charities and community groups. Over the years many groups have been involved and the



*Pictured at the Killarney Rotary Club cheque presentation from recent Wine & Art event were Front row sitting - Lotte Lyne (Stephen Lyne Foundation), Colette O'Neill (ADG - Rotary Ireland), Ven Simon J. Lumby (President Killarney Rotary Club), Susan Clifford (Beaufort Youth Club), Irene O'Keeffe (Coollick N.S.), PJ Mc Gee (Dalys Super Valu) Second row - Brian O'Connor (Killarney Swimming Club), Paul Sherry (Rotary), Michelle O'Sullivan D'Arcy (Gaelscoil Faithleann), Jerry Griffin (Killarney Micro Track) Third row - Michael O'Shea (Killarney Athletic), Jimmy Mulligan, Finbarr Kennelly, Ciara Irwin-Foley, Angela O'Connor Fourth row - Rotarians Geert Maes, Michael Stack, Con Keane, Barry Murphy & Grace O'Neill and Brendan Coffey (Irish Pilgrimage Trust). Missing from photo St.Pauls Basketball Club & Kerry Stars.*

funds received have helped to complete special projects which may otherwise be out of reach.

The local branch of the Irish Pilgrimage Trust benefit from the proceeds of the raffle on the night. For over 45 years groups have travelled from all over Ireland on Easter Sunday and participated in a unique week in Lourdes. Through this event and other fundraising events the local branch raise funds towards their trip ensuring locals can continue to travel on this wonderful trip and create lasting memories.

Kerry Stars volunteers run the cloakroom on the night and benefit from proceeds towards their

ongoing activities. Their objective is to provide athletes with special needs the opportunity to be productive and respected members of society through participation in an all year round sports and competition programme. At present there are over fifty athletes in the club from Killarney, East and Mid Kerry. They are offered track and field events, soccer and swimming under the guidance of over 20 dedicated coaches over the 52 weeks of the year.

The Stephen Lyne Foundation recognises the centrality of empathy in our lives. The vision

## GLENEAGLE GROUP WIN MAJOR TOURISM AWARD

**T**he Gleneagle Group was named the 'Best Innovative Place to Stay' at the Irish Tourism Industry Awards on Friday. The progressive hotel group received the award for their innovative work in making their hotels and visitor experiences accessible to all. Considered to be the highest accolades in the tourism industry, the Irish Tourism Industry Awards encourage, recognise and celebrate excellence in the tourism sector. They are organised by the Irish Tourism Industry Confederation (ITIC), Fáilte Ireland and Tourism Ireland. Presenter, Kathryn Thomas hosted the gala awards evening, which took place in Dublin at the Clayton Hotel Burlington Road. The awards were presented by Minister for Transport, Tourism and Sport, Shane Ross TD.



*Celebrating their win at The Irish Tourism Industry Awards 2019 are members of The Gleneagle Group along with Gleneagle Group CEO, Patrick O'Donoghue. The progressive hotel group received the award for 'Best Innovative Place to Stay' for their work in accessible tourism. PHOTO: VALERIE O'SULLIVAN*



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*The Children of Chernobyl coffee morning at Killarney Golf & Fishing Club*

L-R Ursula Daly, Noreen O'Mahony, Sean Scanlan, Ciara Scanlan, Pauline O'Halloran & Betty Moroney. Picture Marie Carroll-O'Sullivan



Enjoying the Children of Chernobyl coffee morning at Killarney Golf & Fishing Club L-R Sue McDonough & Theresa Kissane. Picture Marie Carroll-O'Sullivan



Sean & Ciara Scanlan enjoying the Children of Chernobyl coffee morning at Killarney Golf & Fishing Club. Picture Marie Carroll-O'Sullivan



Nagle Rice NS, Milltown, pupils Fia Whealan, Cian O'Brien, Eoghan Bolger and Liam O'Dowd came 3rd in the U13 category at the Rathmore & District Credit Union Schools Quiz. Also included is their teacher Patrick O'Connor, Quiz Master Liam Fitzgerald and Tess Vaughan, Neily Mahony, Mark Hussey and Abina O'Sullivan of Rathmore Credit Union. Photo by Sheila Fitzgerald.



Nagle Rice NS, Milltown, pupils Kate Barry, Georgina Casey, Sinead Galvin and Conor Giles came 2nd in the U11 category at the Rathmore & District Credit Union Schools Quiz. Also included is their teacher Ciara Curtin, Quiz Master Liam Fitzgerald and Tess Vaughan, Neily Mahony, Mark Hussey and Abina O'Sullivan of Rathmore Credit Union. Photo by Sheila Fitzgerald.



On your marks, get set, GO!! L-R Alanah Gruchalski, Elise Gruchalski, Jackie Haworth & Matthew Gruchalski pictured at the Gneeveguilla AC St Valentines run at Killarney National Park on Saturday. Picture Marie Carroll-O'Sullivan



# PROPERTY PARTNERS

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### 1619 Park Court, Killarney

Well maintained 3 Bedroom fully furnished terraced property (1,324 ft<sup>2</sup>) located just off the Park Road in a small development of 24 houses. The property benefits from a south facing patio and small lawned area. Electric heating & storage heating to ground floor, aluminium double glazed windows, teak front door. Within walking distance of all amenities. Ideal investment property.

GUIDE PRICE €190,000

## FOR SALE



### 4 Heather Close, Cumeen, Killarney

Charming cottage style 3 Bedroom Dormer Bungalow (approx 1,200 ft<sup>2</sup>) in a countryside setting standing on circa 0.7 acre site & only 10 mins to Killarney Town Centre. Features include oil fired central heating, teak double glazed windows, teak front door, pine internal doors and tarmacadam drive way. Ideal first time buyer or investment property.

GUIDE PRICE €235,000

## FOR SALE



### 4 Gortreagh, Fossa

Superb 4 bedroom property (approx 2,500 ft<sup>2</sup>) on the outskirts of Killarney within walking distance of Fossa. The property sits on 0.3 acres and is located off the N72 Ring of Kerry road with spectacular lakeside and mountain views. This property has the added bonus of a self contained one bedroom apartment to the rear which comes with car parking.

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*Every Mountain Top is within reach if you just keep climbing....*

# Stage is set for the 2nd Killarney Mountain Festival

PHOTOS: VALERIE O'SULLIVAN

**T**he exciting spectacle that is the Killarney Mountain Festival is set to take centre stage on the weekend of the 8th, 9th and 10th March 2019!

Following on from a hugely successful inaugural festival in 2018, Killarney Mountain Festival 2019 will be run in close association with the hugely successful and world-renowned Kendal Mountain Festival in the beautiful lake district of the UK, of which Killarney is twinned.

Killarney Mountain Festival is sure to inspire and invigorate visitors with its jam-packed programme of events, some of which are free, such as live musical entertainment across the weekend including Friday and Saturday night, film screenings, family-fun activities, and well

known inspirational guest speakers.

Venues for the various events taking place include Basecamp, the hub of the festival, located in a large festival tent just behind The Killarney Plaza Hotel, St. Mary's Church of the Sloes, The Killarney Plaza Hotel, Cinema Killarney, as well as pop up events in various venues, all located in Killarney Town Centre.

Speaking with Killarney Mountain Festival Committee Chair, Maureen Hegarty, it's clear that there's huge excitement and anticipation ahead of the weekend. 'Having had such a fantastic festival weekend last March, we are really looking forward to this year's festival.

The programme features a line-up of amazing guest speakers, some of the most renowned

adventurers in the world, film screenings, family fun events, challenges including a 10-k race on Sunday morning in association with Hardman Events, guided walks with KerryClimbing, and Quest Adventure Race for kids as well as live music entertainment by local band 'The Rising' on Friday night at Basecamp.

Visitors will also have the opportunity to attend free talks by Motivational Speaker and Writer - Nikki Bradley, Adventurer and Long Distance Hiker - Olive McGloin, Mountaineer, Explorer and Adventurer and sustainability campaigner - Adrian Hayes.

**Killarney Mountain Festival, 8th – 10th March 2019.**



Piaras Kelly, Kerry Climbing and Organiser Killarney Mountain Festival and Maureen Hegarty, Chairperson Killarney Mountain Festival.



Esther Cronin, Cronin's Yard and Tea Rooms, Tomas O'Sullivan, Musician and Guest Speaker, Padraig Treacy, Killarney Chamber of Tourism and Commerce, John Cronin, Cronin's Yard and Tea Room.



members of Killarney Mountaineering Club, Colm Kelleher, Sandra Fleming, Julia Deady, Robert Fell.



Eileen O'Donoghue, Manager Killarney Municipal District, Aisling O'Sullivan D'arcy, KMF Committee and Thys Vogel, KMF Committee.





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**BER C3**



### 4 GORTREAGH, FOSSA, KILLARNEY

Superb detached luxury family home, with spectacular views over large green area towards Lough Leane and Gap of Dunloe. The residence which is on a third of acre site has large South facing deck to the front, taking advantage of the views. Self contained apartment, suitable as granny flat /Airbnb rental.

Price Region: **€350,000**

**BER D2**



# MONEY MATTERS.....

By Dermot Cronin,  
**Financial Advisor**



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Dermot Cronin QFA APA at 0646622775 or [dermotcroninifa@gmail.com](mailto:dermotcroninifa@gmail.com)

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# Sensational Show planned for 5th Annual Strictly Come Dancing



With only three weeks until show time, tickets are selling fast for the Strictly event of the season. The 24 dancers are training long and hard as they tackle their individual dance routines along with their group dances. The event is set to take place at the INEC for the 5th year in a row on Friday 8th March.

So far the fundraiser has raised over €200,000 for The Irish Cancer Society and the organisers are hoping for a full house again this year. In this week's Killarney Outlook, we meet the first six couples who are spending all of their spare time preparing for the night which could see up to 2,000 fill the INEC.

*The first couple is ...*



*Mark Counihan & Aoife O'Reilly*

Mark is a Kilcummin man and the youngest of a large family. His interests include music and dance for which he has medals to prove and is a keen accordion player. Mark who works in road construction is glad to be a part of such a great fundraiser for a worthy cause! Aoife is the Manager of South Kerry Skillnet and a proud Limerick woman who is living in Killarney. Aoife is no stranger to fundraising activities and is honored to be part of Strictly Come Dancing Killarney.



*Daire Sheehy & Patricia Quigley*

Daire is a local Killarney man who's very well known from working in Md 'O Sheas! He enjoys all things sport from rugby, football and soccer to swimming. Daire is stepping out of his comfort zone by hitting the INEC stage but most definitely will put on one hell of a show! We can't wait Daire. Patricia is an adopted Kerrywoman since 1986 but was born in London. Her family all hail from the West of Ireland. A mum to two college-going sons and a preschool teacher to many children for over 16 years in ScallyWags PreSchool in Coolies, Muckross. She also runs an infant club in Loreto National School as well as being an under 6s coach in Legion GAA. Down time is road trips, walks, good conversation & company, and a decent crime thriller book. Patricia is delighted to be taking the stage for a great cause!



*Emmet Flanagan & Ciara O'Donoghue*

A Clare man by heart, Emmet moved to Killarney last year where he's based as a Garda. He loves the place for its people and the beautiful scenery and is definitely in no rush to leave. Emmet enjoys taking the boat out on the water and fishing the days away. Over the past few weeks we think Emmet has found a hidden talent in dancing. Ciara is from Listry and works in Fexco in Killorglin. Ciara is delighted to be taking part in this year's event as it's a charity very close to her heart having lost her mother at 13 and her grandmother 2 years later who both loved singing and dancing. Ciara is our baby of the group but also a definite dark horse! Her dance is sure to blow you away!



*Lukasz Hernas & Jana Lalikova*

Lukasz came from Poland 11 years ago and settled in Killarney where he now works in Foley's Spar in Fossa and Centra in The Reeks! His hobbies include traveling, squash, cooking/eating, and hiking the beautiful mountains of Killarney! Lukasz definitely has one or two tricks up his sleeve for March 8th! Jana is a physiotherapist and occupational therapist in Perfect Therapy Clinic Killarney. Jana came to Ireland 12 years ago for holiday and fell in love with Killarney! She loves her dog, her job and good food! She is "honored to be a part of this fundraising event". We're very lucky to have her!



*Shane Hannon & Eimear O'Mahony*

Shane is originally from Listowel and this is his fourth season in Killarney where he works as Deputy Manager at Hotel Killarney. His brother Keith was supposed to be doing this but chickened out and is moving to Australia instead! Shane is delighted to be taking part in such a great fundraiser for a worthy cause. Eimear is a proud Glenflesk woman who is working in Christys Irish Store in Killarney. In her spare time she loves to keep fit and travel as much as she can! Eimear is delighted to be taking part in this great charity event and her dance is sure to set standards on March 8th!



*Jason Culloty & Edwina Duggan*

Jason is a primary teacher from Spa who's currently teaching in Fossa National School! Having done the Ring of Kerry multiple times Jason is no stranger to a fundraising event. His father John Joe danced in our first ever Strictly event back in 2014 so pressures on to fill his shoes? He's looking forward to the night and hopes to see a sell out crowd! Edwina works as Spanish teacher in Killarney Community College! She is also a keen member of Killarney Cardiac Response Unit so is a great volunteer around the town! Edwina loves animals and in her spare time travels as much as she can! Having lost a close family member to cancer she is delighted to have been chosen for this worthy event.

Tickets for Strictly Come Dancing are available from all dancers, committee members and the INEC Box Office. Adult €20 Kids (under 12) €10 and there will be a wine reception and raffle on the night. Doors open at 7pm and the show starts at 8pm.



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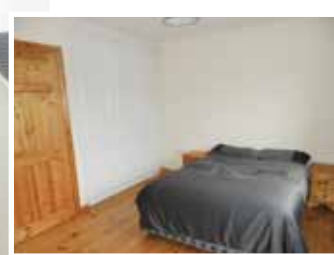
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## THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

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Auctioneers who would like to feature on "Through the Keyhole" contact Des on 087-6593427.



# PLC COURSES OPEN THE DOOR TO 3RD LEVEL AND TO THE JOBS MARKET



By Billy Ryle

Post Leaving Cert (PLC) courses in the Further Education and Training (FET) system are an attractive alternative to higher education and provide a link between 2nd level and 3rd level. The CAO route doesn't suit everybody. Some may not feel ready for 3rd level, while others may not have secured a CAO offer or may be unhappy with the offer received. Colleges of Further Education throughout the country offer PLC courses leading to awards at QQI FET Levels 5 & 6 from Quality and Qualifications Ireland (QQI).

A PLC course is ideal for a person who has completed the Leaving Cert and requires further vocational education and training to enhance her/his employment prospects. A PLC course provides students with the opportunity to try out a course before committing to a 3rd level course. It's also tailor made for a student who has completed the Leaving Cert Applied (LCA) or equivalent. A PLC course is perfect for a mature student, who is returning to education. PLC courses are full time, mainly one year, offering a blend of academic work, practical work and work experience. Many PLC courses lead directly to employment. Increasingly, PLC's are used to access 3rd level education. Last year, about 15,750 applications to the CAO offered a PLC qualification. This is a very healthy development as it provides an alternative route into 3rd level. PLC courses are available nationwide at nominal cost in Colleges of Further Education. There are a number of colleges in Kerry providing an extensive range of PLC courses, including Kerry College of Further Education (KCFE Tralee), North Kerry College of Further Education (NKC Listowel), St. Joseph's Secondary School (Ballybunion), Killarney Community College and O Connell Centre (Caherciveen).

Kevin Smith of the National Learning Network (NLN), Clash Road, Tralee has informed us that NLN is accepting applicants for the excellent 'Sporting Chance Course' (Levels 4 & 5). The course is for those needing additional supports, especially those with learning or mental health difficulties, intellectual or physical disabilities, general health or illness difficulties, who are interested in pursuing a career in the sport, fitness and leisure industry. The course differs from other mainstream courses as it allows two years to complete the modules. It has smaller class sizes with greater one to one support. Students don't need to take assignments home as they are completed within the training hours. The NLN course also provides support in other areas such as stress management, confidence building and job seeking skills as well as providing a large amount of practical coaching and teaching experience in the local community. All participants receive a training allowance of up to €198 per week and may also be entitled to a travel allowance. Contact NLN, Tralee at 066 7122533/ 086 0404270 or Kevin.smith@nlm.ie for further information.

Through the higher education links scheme (HELS), the PLC courses, which accommodate over 30,000 students annually, provide an alternative route into CAO courses other than Leaving Cert exam results. Over forty higher education institutions offer a variety of courses to PLC graduates. A PLC course normally involves completing eight modules in the academic year. Students' entry to CAO colleges is then based on a scoring system for PLC awards achieved at Level 5 and/or Level 6 on the National Framework of Qualifications (NFQ). Full details about the scoring system are available on the QQI website, [www.qqi.ie](http://www.qqi.ie).

There isn't a centralised application system for

PLC courses. Each PLC college looks after its own application process. Entry requirements normally consist of Leaving Cert standard and satisfactory performance at interview. Mature applicants are assessed on their life's experiences. PLC colleges are now accepting applications so apply early as places on the most popular courses fill up quickly. Contact your local PLC course provider, check the PLC colleges' websites or access all the relevant information on [www.qualifax.ie](http://www.qualifax.ie) or the FET course hub, [www.fetchcourses.ie](http://www.fetchcourses.ie). Next week: Why elitism is rushing back into 3rd level education!

## CHECKLIST

- ✓ PLC courses are an attractive alternative to higher education
- ✓ PLC courses provide a link between 2nd level education and 3rd level education
- ✓ PLC courses lead directly to employment in many cases
- ✓ PLC courses lead to awards at Level 5 (Certificate) and Level 6 (Advanced Certificate) from Quality and Qualifications Ireland (QQI)
- ✓ Unlike the CAO, there isn't a centralised application system for PLC courses
- ✓ PLC colleges are now accepting applications for 2019 entry, so apply early
- ✓ PLC students have the same entitlement to funding as third level students
- ✓ College grants are processed by Student Universal Support Ireland (SUSI)
- ✓ National Learning Network (NLN), Clash Road, Tralee is accepting applicants for the its 'Sporting Chance Course', (QQI Levels 4&5)
- ✓ Contact NLN, Tralee at 066 7122533/ 086 0404270 or [Kevin.smith@nlm.ie](mailto:Kevin.smith@nlm.ie)

Students and teachers from the Killarney Community College were in attendance at the recent NCCA Senior Cycle Consultation at the Strand Hotel in Limerick today. It's refreshing that the NCCA are giving everyone a say in the future reform of the leaving cert. The College were delighted to have been invited to and providing input into such an important event.

L to R Denise O Sullivan Natalia Leane Karolina Gunia Karen O Donoghue and Martina Hegarty







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# COURSE LIST 2019

## Department of Beauty and Fashion

### Level 5:

Beauty Therapy **NO FEES**

Fashion Retail **NEW FOR 2019**

### Level 6:

Advanced Beauty Therapy **NO FEES**

## Department of Business and Technology

### Level 5:

Administration **NO FEES**

Business Studies

Computer Games Design and Development

Legal Administration **NO FEES**

Medical Administration **NO FEES**

Office Administration **NO FEES**

Pre-Garda Studies

Pre-University Law

Reception & Call Centre Operations **NO FEES** **NEW FOR 2019**

Software Development

### Level 6:

Advanced Software Development\* **NEW FOR 2019**

Business Management

Office Management

## Department of Teaching, Education and Childcare

### Level 5:

Business Studies Pre-Teaching **NEW FOR 2019**

Childhood Education with Montessori

Early Childcare Education

Pre-Teaching and Education Studies

Special Needs Assistant / Classroom Assistant

Sports and PE Pre-Teaching **NEW FOR 2019**

### Level 6:

Advanced Disability Studies with Special Needs

Advanced Montessori and Childcare Management

Advanced Supervision in Childcare Management

## Department of Construction and Engineering

### Level 5:

Building Construction (Pre-Apprenticeship)

Carpentry and Joinery (Pre-Apprenticeship)

Engineering and Electronic Technology

Furniture Design and Making



**COURSES COMMENCE SEPTEMBER 2019**  
**Full Time Further Education Programmes for  
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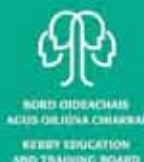
**FURTHER INFORMATION AT KERRYFE.IE**  
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## Department of Creative Arts

### Level 5:

Animation  
Art, Craft and Design (Portfolio Preparation)  
Dance Studies  
Games Art **NEW FOR 2019**  
Journalism for the Digital Age  
Multimedia with Graphic Design  
Music and Theatre Studies  
Music Performance  
Music Technology  
Tattoo Artistry **NEW FOR 2019**

### Level 6:

Advanced Art, Craft and Design

## Department of Humanities and Health Care

### Level 5:

Applied Social Studies with Psychology  
Carers (Health Care Assistant)  
Emergency Care Services  
Medicine Counter Pharmacy Assistant **NEW FOR 2019**  
Nursing Studies  
Nursing Studies with Maternity Care Skills  
Surgical Operative Care Assistant **NEW FOR 2019**  
Youth Work

### Level 6:

Advanced Social Care with Counselling Studies **NEW FOR 2019**  
Health Services Supervisory Management

## Department of Science

### Level 5:

Applied Science  
Dietetics **NEW FOR 2019**  
Food Nutrition and Science  
Laboratory Assistant **NEW FOR 2019**  
Veterinary Assisting Studies

## Department of Sports and Nutrition

### Level 5:

GAA Coaching and Sports Development  
Personal Training, Strength & Conditioning **NEW FOR 2019**  
Physiotherapy Assistant Studies (Year 1)  
Sport, Recreation and Exercise  
Sports Nutrition  
Sports Therapy

### Level 6:

Advanced Sport, Recreation and Exercise **NEW FOR 2019**  
Physiotherapy Assistant Studies (Year 2)

## Department of Tourism and Hospitality

### Level 5:

Hotel and Catering  
Professional Cookery  
Tourism with Business  
Tourism and Marketing **NEW FOR 2019**

Students may be eligible for Maintenance Grant  
or Back to Education Allowance  
FURTHER INFORMATION AT [KERRYFE.IE](http://KERRYFE.IE)  
Applications now being accepted online

Courses will be offered based on demand and resources; content may be subject to change.

APPLY ONLINE [KERRYFE.IE](http://KERRYFE.IE)







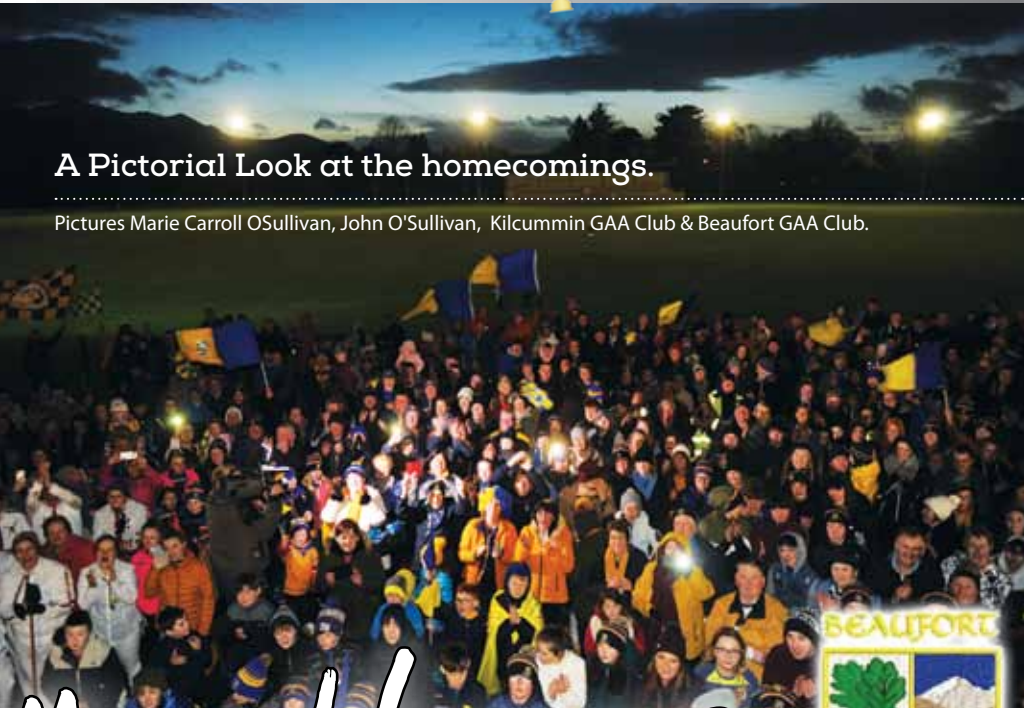




## A Pictorial Look at the homecomings.

Pictures Marie Carroll OSullivan, John O'Sullivan, Kilcummin GAA Club & Beaufort GAA Club.

# the Heroes





# KILLARNEY TOWN TALK



CAOIMHE SPILLANE

It's beginning to feel a little more like spring these days, February is flying by! Reminder that the fundraising walk in memory of Brendan O Leary will take place on Sunday, February 17. Registration will commence at 1.30pm and the walk will get underway at 2.00pm.

To find out what's happening in Killarney, look no further than the Town Talk Page. The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact [towntalk@outlookmags.com](mailto:towntalk@outlookmags.com)

## FUNDRAISING QUIZ

The Presentation Monastery School Parent's Association will be holding a fundraising quiz in the East Avenue on Wednesday 20th February at 7: 30pm. Everyone welcome to attend.

## KILLARNEY KINDNESS

Last weekend saw Kerry taking on the Dubs in Tralee, while Killarney played host to many of the fans. As always, Killarney is noted for its hospitality but one hotel in particular stepped up this weekend. We spotted an act of Killarney Kindness in a Dublin GAA Fan Facebook group. A woman posted online that her friend's father in law had a fall after the match and broke his hip. He had to be rushed to Tralee hospital and was awaiting surgery. Of course he worried wife and daughter in law made the journey down to be with him, they wished to thank all the Nurses and Staff of Tralee hospital for their kindness and for looking after them. And then they also wished to thank Scott's Hotel, Killarney and their lovely staff who not only put them up in a room free of charge with breakfast they also gave them extra time in the room so that they were not under pressure. The family are extremely grateful for this act of Killarney Kindness and cannot thank staff enough. It is hard enough when a family member is in hospital never mind miles away from home. What a lovely message



POPULAR LOCAL WINDOW CLEANER JOE GAFFEY RAISES €2,019 FOR THE ROCKMOUNT CARE CENTRE IN KILGARVIN, RESULTING THE GIFTS HE RECEIVED FROM FRIENDS AND FAMILY AT HIS 70TH BIRTHDAY PARTY IN JANUARY AT THE DROMHALL HOTEL. L-R ELLEN CALLAGHAN (NURSE), SHEILA LYNCH (ADMIN), JOE & JULIE GAFFEY AND MICHAEL MURPHY (CHAIRPERSON). PICTURE MARIE CARROLL-O'SULLIVAN

to hear about our town, keep up the fantastic work. If you hear of any more acts of kindness be sure to send them in to us, they really should be acknowledged.

## KWOTE MEETING

Killarney Women's Organisation for training and empowerment monthly meeting will be held on Wed February 20th at 8 pm in Scott's Hotel. Guest speaker on the night will be an Environmental Officer from Kerry Co. Council who will give a talk on waste management.

## CONGRATULATIONS

Recently qualified local Motor Mechanic Gavin Lyne of Aghadoe, Killarney collected his Certificate for Motor Mechanics qualification and also collected an award for Apprentice Achievements at the Graduation Awards Ceremony in Limerick. After spending 4 years in Ahern's garage Castleisland training to be a Motor Mechanic, he completed phase 2 in Kerry ETB and phases 4 and 6 in CIT Cork. Gavin received top marks in all his exams and he was recently presented with an award for best Apprentice Achievement for the whole of

Ireland over the 4 years Apprenticeship and he also collected his Certificate of Motor Mechanic Qualification. In 2016 he also won the National Skills and Apprentice of the year 2016 awards and went on to participate in the WorldSkills in Abu Dhabi representing Ireland in 2017 . Congratulations Gavin!



GAVIN LYNE RECEIVES HIS AWARD.



## JESSIE MAKES FORBES 30 UNDER 30

Killarney actress Jessie Buckley, has been recognised again this week in the Entertainment category of the prestigious Forbes 30 Under 30 Europe List 2019.



She has been celebrated recently for her performance in the 2018 film 'Beast' and this new recognition comes just days after her appearance at the BAFTAs where she was nominated for a Rising Star award. Forbes released the fourth annual edition of its "30 Under 30 Europe" list, featuring 300 "young disruptors, visionaries and rising stars from across the region, who are transforming industries and setting a new agenda," in a range of different categories. 2019 really is shaping up to be her year!

## KILLARNEY BRANCH KERRY HOSPICE FOUNDATION NEWS

The following officers were elected at the recent A.G.M. Chairperson: Pat Doolan, Vice/Chairperson: Cathal Walshe, Secretary: Patricia Barrett, Assistant/ Secretary, Noreen Collins. Treasurers Phyllis Sullivan and Dermot O'Reilly, P.R.O. Cathal Walshe.

## PAINT AND SIP NIGHT

Due to the great success from last year's Wine & Paint Nights they are back again for 2019! Enjoy a 2 and a half hour evening of creating a beautiful piece of art! Whether you're flying solo, planning a girls' night, taking a date or just trying something new, this is an event to try! No experience necessary and the cost is €40 per person incl. All Materials provided and two glasses of wine (Non - Alcoholic Drinks will also be provided) Limited Spaces Available. Book via Email [kappireland@gmail.com](mailto:kappireland@gmail.com) or text 083 045 1183

## REMINDER COFFEE MORNING

The Kerry Mountain Rescue Coffee Morning will take place in the Royal Hotel, on Friday 22nd February from 10am to 12noon. Some tuck into some tasty treats, a brew, a few chats and support this very worthy cause.



MS DALY'S SENIOR INFANT CLASS AT LISSIVIGEEN NS HAD A VISIT FROM SHONAGH GRAY (FIELD STUDIES INSTRUCTOR/HERITAGE FOR SCHOOLS) OF KNOCKREE EDUCATION CENTRE AS PART OF BEING AWARDED THEIR 6 GREEN FLAGS AT THE SCHOOL. PICTURE MARIE CARROLL-O'SULLIVAN

## K-FEST SUBMISSIONS

Now in its seventh consecutive year, K-FEST, the arts festival with an emphasis on emerging artists, is now accepting admissions for K-FEST 2K19. Visual artists of all ages, all media types and styles of any age are this week being encouraged to apply. K-FEST is becoming more popular every year, the festival uses unoccupied spaces in Killorglin, transforming vacant retail outlets, deserted buildings, and even domestic homes into curated bespoke pop-up galleries and venues over the June Bank Holiday weekend, which this year will be Friday, May 31, through to Sunday, June 2. The exhibitions showcase everything from visual artists across all disciplines, including paint, print, sculpture, performance, textiles, fashion, graphic design, photography, film, and audio-visual. As part of the festival there are also more than 60 events in addition to a gallery trail, including live music performances by dozens of bands and musicians, as well as spoken word, drama, comedy, short films, street entertainment, and activities for kids and families, all culminating with the 'Screaming Pope Prize' ceremony. Visual arts submissions are now being accepted, submission form, which requires images of proposed artwork, photo of the artist, biography, and artist statement, among other items, may be found at [www.kfest.ie](http://www.kfest.ie). Submissions costs just €10 and are due at 6pm, Friday, March 8.

## CHOIR PRACTICE

St. Mary's Cathedral children's and Adult Choirs welcome new members. No previous musical training or experience is required. All are welcome. Contact Choir Director Aidan O'Carroll on 087-4103220 or any choir member.

## FOOD MARKET NEW PRODUCERS

Killarney's Food Market at Market Square, returns today Friday 15th February from 10am - 2pm, with lots of local food producers specialising in fruit & veg, salads, almond milk, ready meals, vegetarian & vegan friendly foods, gluten free, low sugar, baking, free range eggs, preserves & chutneys, hot sauces, fresh flower. Any new producers interested in joining the market or looking for information you can call Hazel on 0861922993.

## CHILDREN'S STORYTIME

Storytime for children will take place at Killarney Library on Saturdays 16th & 23rd February at 10.30am. Free admission.

## KILLARNEY MUSICAL SOCIETY

Killarney Musical Society are on the countdown to opening night Tuesday 26th February! Final rehearsals are going well. They are delighted to advise you that the pop up ticket booth is open for business in the heart of Killarney, located in the restaurant of The Laurels, open Monday through to Friday 12noon to 4pm daily, so please drop in, say hello, wish them well and perhaps buy a ticket or two. They wish to say a big thank you to Kate O'Leary for her kindness. There is also a ticket giveaway competition....if you're not in you can't win! They look forward to entertaining everyone in the INEC February 26th to 28th inclusive.



## FUNDRAISING EVENT FOR KERRY CORK HEALTH LINK BUS & SCAMPS & SCHOLARS CHILDCARE CENTRE



Second time Around is a fashion extravaganza of over 3500 "preloved" fashion items, all ready for resale over Friday the 22nd (6pm - 10pm) & Saturday 23rd (11am - 8pm) February at the Scamps & Scholars premises on Langford Street in Killorglin. This will be the 4th year of this

now annual event and it has raised €12,000 for our charity partner, Kerry Cork Health Link Bus and another €3,000 for Scamps & Scholars Childcare centre. Once again, proceeds from this years event will go to the Kerry Cork Health Link Bus and the Scamps & Scholars outdoor playground

equipment fund.

Last year the Kerry Cork health link bus brought people from all over Kerry & West cork to attend over 3,000 appointments in the Cork University Hospital. The bus service to date, receives no government funding and is funded entirely from sponsorship and fundraising events.

By supporting this event, you are making a difference to the emotional well-being of the users and that of their families. You can give cancer patients that peace of mind that they have a safe, secure and supportive method of attending their appointment in Cork University Hospital.

This service also engages with schools to ensure that the younger population receive information on such things as Cancer Prevention, Reducing the Risk of Cancer, Screening, Body Awareness & Healthy Lifestyle.

Scamps & Scholars is mid Kerrys largest Community Childcare

Centre and is complementing its current service offering by adding too its outdoor play spaces with additional equipment. This charitable company provides low cost, high quality childcare & early years education to about 210 children & 170 families from Killorglin and the wider area. They have been in existence since 2001 and continue to grow with fantastic support from the local community.

The event, organised by staff members of Scamps & Scholars will provide much needed funding to both charities and they are looking forward to a great weekend of browsing, shopping and socialising at this one off event.

More details from Breda or Ann at Scamps & Scholars on 0669762525 or on our website [www.scampsandscholars.ie](http://www.scampsandscholars.ie)

## 1 in 83 Irish people at risk of developing Haemochromatosis



Paudie & Martina Fennell  
(Outpatients Administration)

Mr Paudie Herlihy is a native of Castleisland and is a retired secondary school teacher. In 2004, Paudie was suffering from severe low back pain and was feeling extremely tired.

Paudie's GP referred him to the Bon Secours Hospital Tralee where he was diagnosed with Haemochromatosis.

**"I had never heard of this and was stunned to hear that unless treated immediately, it could lead to serious liver damage"**

Haemochromatosis, also known as iron overload, is an inherited condition which results in the body absorbing too much iron from food and storing this iron in organs, which can result in organ damage or failure.

There's currently no cure for Haemochromatosis, but a highly effective treatment for genetic Haemochromatosis consists of regular removal of blood known as venesection therapy. This can help relieve some of the symptoms and reduce the risk of damage to organs such as the heart, liver and pancreas.

Since his diagnosis, Paudie has been attending the hospital every month for venesections.

**"I am not exaggerating when I say that I was very anxious in the beginning but I now treat my visits as a social outing. From the moment I walk through the door of the Bon Secours and meet the staff at Reception, Admissions, the Day Ward and the Laboratory, I am instantly made to feel at ease"**

People often feel under pressure when they enter a hospital but Paudie has always felt a sense of welcome.

**"The way the staff are so friendly and people focused is a credit to the Hospital. I couldn't say enough about them" says Paudie.**

Paudie has a fantastic outlook on life, he is feeling great and enjoys a swim most mornings. If you are worried, a simple blood test taken when you are fasting, is the best way to confirm if you have too much iron in your blood.



From the left: Dr. Elnum Mohamed, Irish King (staff nurse), Paudie & Linda Hursey (staff nurse)

Dr Helena Moore, Clinical Director at the Bon Secours Hospital Tralee

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# TIME TO SHINE!

## €50,000 Investment Fund For Young Entrepreneurs Competition

The Kerry County Council Local Enterprise Office (LEO) is this week launching the Kerry stage of the Ireland's Best Young Entrepreneur programme for 2019.

The LEO Kerry team is looking for dynamic, innovative young business people from across Kerry to enter the Ireland's Best Young Entrepreneur 2019 competition.

Hosted by the Local Enterprise Offices around the country, the competition is staged in conjunction with the Dept. of Business, Enterprise and Innovation, Enterprise Ireland and the Local Authorities of Ireland.

Now in its fifth year, this nationwide competition invites 18-35 year olds who have a business idea, a start-up or an already established business

to enter. Applying is quick and simple. It takes about 15 minutes, is free of charge and is done on [www.IBYE.ie](http://www.IBYE.ie). Applicants are then invited to participate in an Enterprise Day hosted by the Local Enterprise Office. Shortlisted applicants take part in Business Bootcamps and compete in the County Final. Here in Kerry, the Local Enterprise Office has an investment fund of €50,000 to share between the winners of the Best Business Idea, Best Start-Up and Best Established Business categories."

From there, County Winners go on to compete at Regional Finals and, if successful, all the way to the National Finals at Google HQ!

But it's not all about the National Finals. Taking part in Ireland's Best Young Entrepreneur challenges young business people to focus on where their business is now,

and where they can take it. The business planning, mentoring, advice and support they receive during the process is of significant value. IBYE helps them to build a network of fellow local entrepreneurs and they often become trusted friends and advisors to each other. IBYE is often their first experience of getting media exposure, which is important in building a profile as a business grows.


Interested participants can apply now by visiting [www.IBYE.ie](http://www.IBYE.ie). The closing date is Friday 15th March

For More Information:  
Contact: Kerry Local Enterprise Office 066 7183522 Website: [www.IBYE.ie](http://www.IBYE.ie)




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## A GUIDE TO SCREEN USE

Many people worry that viewing a screen can damage their eyes. There is no evidence of this. In fact, because you can alter the size, brightness and contrast of the display, it can be easier and more comfortable to see on a screen compared with looking at things on paper. However, some people find that looking at a screen for a long time is tiring, and may find wearing glasses for computer use helpful. Special protective coatings can be put on glasses lenses to help against eye fatigue from digital screens. These can help reduce glare for more comfortable and relaxed vision. Create better contrast perception, offering a more natural colour experience

Here are some ways to look after your eyes while using your screen:

- Apply the 20-20-20 rule – every 20 minutes look at something 20 feet away for 20 seconds. That will give your eye muscles a rest.
- Try to blink regularly. Focusing

on a screen may make you blink less, which may make your eyes dry and uncomfortable.

- Position your computer screen so that:
  - it is between 40 and 76 centimetres (16 to 30 inches) from your eyes
  - the top is level with, or slightly below, your eyes
  - it is tilted away from you at a 10- to 20-degree angle
  - there are no distracting reflections, e.g. from a window.
- Once you have adjusted your screen, adjust the font size so it's easy to read.
- Use document holders for reading or reference materials. Place them close to the screen at the same distance from your eyes. This will enable your eyes to remain focused as they move between the screen and the documents.
- Use a character size that is easy to see. The character size is an important factor since it determines the distance at which you prefer to view the monitor

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Everything we do in our lives has a reason. And this reason is always because we want to feel a certain way. Even our most negative behavior has its roots in desiring to feel good or better in some way. For example, when we eat that extra slice of cake, have just one more drink or indulge in something that may not be good for us physically but it makes us feel better in the moment. When you track underneath all of our behaviour and actions it seems that what we are truly searching for is that wonderful sense of ALIVENESS!

Aliveness comes from being who we most authentically are. It takes work to get out of our own way and adopt a new behavior or action. It means that we need to question our thinking and become aware of the words we use in daily life. It calls us to fully step into the people we are most destined to be – the fullest expression of ourselves. It means that we seek to treat ourselves well and radiate health, confidence and vitality! If you are interested in finding out more about how to do this in your own life and helping others to do the same you might be interested in becoming a body confidence & wellbeing coach. Do check out the website below. Applications are now being accepted for the next 12- week training. There is also a fabulous early bird offer on at the moment! [www.institutebodyconfidencecoaching.com](http://www.institutebodyconfidencecoaching.com)

I love this quote by Howard Thurman: "Ask yourself what makes you come alive, and go do that, because what the world needs is people who have come alive."

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Kilcummin brothers Gerry & Conor Gallivan awaiting the arrival of their heroes at Killcummin Klub House on Sunday evening. Picture Marie Carroll-O'Sullivan



Faha NS pupils Ellie May Nugent, Joe Horan, Leah Brennan and Cian Fleming came 2nd in the U13 category at the Rathmore & District Credit Union Schools Quiz. Also included is their teacher Jerry Fitzgerald, Quiz Master Liam Fitzgerald and Neily Mahony, Mark Hussey and Abina O' Sullivan of Rathmore Credit Union. Photo by Sheila Fitzgerald.



A walk in the park followed by a coffee at the Golf Club supporting the Children of Chernobyl fundraiser. L-R Katie Fox & Catriona White. Picture Marie Carroll-O'Sullivan



Holy Family NS, Rathmore, pupils Ava Kelleher, Eoin Cashman, Jack Casey and Cian O'Connell came 1st in the U11 category at the Rathmore & District Credit Union Schools Quiz. Also included are their teachers Anne Marie Murphy and Paul Horan, Quiz Master Liam Fitzgerald and Neily Mahony and Mark Hussey of Rathmore Credit Union. Photo by Sheila Fitzgerald.



Pictured at Killarney Golf & Fishing Club for the Children of Chernobyl Coffee Morning fundraiser were L-R Mary O'Leary, Roisín & Rian Kivlehan, Siobhan & Ailbhe Kiely and Maura Fitzgerald. Picture Marie Carroll-O'Sullivan



Smiles all round at Killarney National Park for the first run of the year with Gneeveguilla AC L-R Michelle Knee, Norette Slattery & Carina O'Mahony. Picture Marie Carroll-O'Sullivan



Rehearsals well underway for the 5th annual Strictly Come Dancing in aid of the Irish Cancer Society. PICTURE: MARIE CARROLL-O'SULLIVAN





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Killarney Constituency Office

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The Fairhill Business Centre, The Courtyard, Fairhill, Killarney.  
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John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm  
Working with Cllr John Joe Culloty 087-1308000 cllrjcculloty@eircom.net  
and Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie

For advice and representation please feel free to call into the office or clinics  
Office: **064 66 94199/083 8541447**  
Email: [John.brassil@oireachtas.ie](mailto:John.brassil@oireachtas.ie) John mobile: **087 2362330**



**Michael Healy-Rae TD**  
Will Attend Scotts Hotel, Killarney  
every Saturday at 3.00pm

**Castleisland Clinic:** River Island Hotel  
Last Friday of every month at 7.00pm

**Killorglin Clinic:** Jim Shea's Vintage Bar  
2nd Monday of every month at 7.00pm

**Kenmare Clinic:** Atlantic Bar  
Every Saturday Night at 10.00pm


**Kilgarvan Clinic:** Healy-Rae's Shop 9pm-10pm every Sunday  
Healy-Rae's Bar 10pm-11pm every Sunday

Other Clinics held throughout the Constituency on a regular basis and advertised locally

Contact Numbers: **01 618 3363/064 66 85782** E: [Michael.Healy-Rae@oireachtas.ie](mailto:Michael.Healy-Rae@oireachtas.ie)

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many and glory to your own  
place.  
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Park to watch and enjoy.*



**Councillor**  
**Michael Gleeson**

**Kerry Independent Alliance**

**Tel: 087 2130973**  
Clasheen, Killarney  
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## RATHMORE/GNEEVEGUILLA

by Michael O'Mahony

Marian Players Rathmore 2019 32nd Annual Panto - Rapunzel. Our Panto Treasurer Eilish Coakley presented Hugh Ryan, Chairman of Kerry Parents & Friends Association with €23,000 proceeds from this year's Panto.

A huge thanks to the audiences and everyone who assisted in preparing this year's Show especially the Committee of Rathmore Community Centre for their support & accommodation since the start of rehearsals. Thanks to David Twomey, Leo Fitzgerald Music Row Studio, Shane Dennehy, Scoil Phobail Sliabh Luachra, Rathmore Social Action Group, the Media, Jerry Healy, Tony Sheehan, Christy Dennehy, the Management of the many Schools in the Parish and the spouses, partners and families of the participants in the group and anyone else who may have helped in any way. A sincere thank you to all. If we accidentally omitted anyone, please accept our apologies. concert & Launch of the new CD by local musician Bryan O'Leary & the Conifers will be held in Tureenahill Community Centre on Friday February 15th @ 8pm Admission €15. Tickets on Sale. Contact 087 0576107/ 086 3159744.

**NIGHT AT THE DOGS:** Tickets now on sale for Night at the Dogs 23rd February 2019. €10 per ticket.

Bus also available, must be pre-booked. €10 return (Tralee Racetrack). Proceeds in aid of Sliabh Luachra Wind Awareness Group. "Protect our future generations".

Contact: Fiona 087 3896655, Norma 087 2043252

**SYMPATHY:** To Mary Newman, Corran and her family, Laura, Aisling & Sarah & their families on the death of her husband Alan Newman, whose funeral took place on Saturday last in Shrone. To Jerry Cahill, Gortnagrown whose funeral took place on Friday in Shrone and to Michael Mahony Gortnacapall Rathmore on Death of his sister Sheila McElligott (née Mahony) Cnoc Na Rí, Ballydowney, Killarney Rathmore May they rest in peace.

**GNEEVEGUILLA CEMETERY COMMITTEE:** Recently Gneeveguilla graveyard was cleaned up and is now in a very respectable state. The committee would appreciate that all waste material from graves or from the digging of graves, would not be left in the graveyard. Please keep the graveyard tidy in memory of your beloved dead.

### ALL IRELAND CLUB CHAMPIONS

Congratulations to Kilcummin & Beaufort on winning Intermediate & Junior clubs All Ireland on Saturday last in Croke Park - well done to everybody involved.

### ACTIVE RETIREMENT GROUP TUREENAHILL

Diary For Month Of February As Follow...

Fri 1st February

Knitting Cards

Fri 8th February Art Classes With Jessica

Fri 15th February Gentle Exercise With Nora

Fri 22nd February Singing With Mary



Student's from St. Brigid's Presentation School Killarney from TY and 5th Year visited the IWISH Conference in City Hall, Cork. The conference and interactive exhibition is an initiative which aims to inspire, encourage and motivate young female students to pursue careers in science, technology, engineering and maths.

### NEW MEMBERS ALWAYS WELCOME

Tureenahill Bridge Club Tournament Results from January '19 were 1st:

Kate O'Sullivan and Bridget Buckley 2nd: Joan Taaffe and Mary O'Brien.

Bridge continues every Monday at 7.30pm and Wednesday at 11.00am in

Tureenahill community centre new members always welcome. Inquiries to Claire On 087-4135640.

**IRD** Intend To Run A 6 Week Horticulture Course In Tureenahill Community Centre Anyone Interested Please Contact 087 9924821.

### Sliabh Luachra Cycling Club

Thanks to all who are contributed to the ongoing Church Gate Collections throughout the Parish.

If your ambition this year is to cycle the Ring of Beara, Ring of Kerry or simply want to take up cycling to get fit-Sliabh Luachra Cycling club is currently undertaking a couch to Ring of Kerry programme for all levels of cycling abilities. The programme includes a number of weeks of spinning and also bike skills sessions before hitting the road.

For further information contact 087 7023562.

For more experienced cyclists the weekly club spin is on every Sunday leaving Rathmore at 9am with routes and pacing for varying levels.

**TURBO CLASSES** continue every Tuesday and Thursday night at 730 pm in the Club Gym in Rathmore - suitable for all ages and abilities Juvenile members continue to train Tuesdays/Thursdays and Saturday mornings in advance of the racing season which is just around the corner.

Congratulations and best wishes to club members Denise Wall (Banteer) and Sean Dineen (Knocknagree) who are getting married on Saturday 17th

Thanks to juvenile club member Nicky Buckley who gifted a first aid kit to the club recently that he won in a competition in Reen's Pharmacy Millstreet.

New members always welcome to both adult and juvenile sections of the club - learn to enjoy a great sport and gain some new friends - message us on facebook or contact the above

number for more details.

### KILLARNEY LIBRARY

The Irish Whale & Dolphin Group will hold a talk on their Iceland expedition at Killarney Library on Tuesday 19th February at 7pm. Free admission

### NOTES

you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817. before 6pm Sunday.

### Sliabh Luachra Comhaltas

Sliabh Luachra Comhaltas extends hearty congratulations to Anne & Nicky McAuliffe, Castleisland who will be presented with their TG4 Gradam Ceoil Lifetime Achievement award on Sunday 17th February. We are very proud of Anne & Nicky and we are absolutely thrilled that their lifetime contribution to Irish traditional music is getting due recognition. Nicky has been teaching generations of young musicians in Gneeveguilla unbroken for the past 50 years.

### CUM DÁN PRIMARY SCHOOL POETRY COMPETITION

There are two age groups in this competition: a) 3rd/4th class; b) 5th/6th class. The theme this year is 'CEOL' The closing date for entries is Tuesday 19th February. All entries can be emailed to tgailgece@gmail.com or post to:

Aine Uí Chuimín, Treoraí Gaeilge CCÉ Chiarraí, Dún Thoir, Baile an Bhuinneánaigh, Co Chiarraí. Prizewinners will be notified to receive their prizes at Sult na nÓg on Saturday March 2nd in IT Tralee.

## FOSSA NOTES

### FOSSA/TWO MILE COMHALTAS:

Fossa/Two Mile Comhaltas will hold their annual Rambling House on Saturday 9th March at 8.30pm in the Innisfallen Hotel Fossa. A great night of music, song, dance and story telling. All welcome. If you would like to take part please contact Tim Kissane 087 2413116 or Eileen 087 6284053.

Fossa/ Two Mile Comhaltas are holding a meeting on Monday 18th February 2019 @ 8.30pm in Fossa Community Centre. Sult na nÓg, Kerry Comhaltas set dancing



competition, is being held at the Fossa Community Centre on Sunday 3rd March between 9.30am and 4pm.

#### KILLARNEY LIBRARY:

The Irish Whale & Dolphin Group will hold a talk on their Iceland expedition at Killarney Library on Tuesday 19th February at 7pm. Free admission.

**"TWO MILE COMMUNITY NATIONAL SCHOOL** Information/Enrolment Evening 7.3pm Tuesday 19th February 2019 in Two Mile Community National School. All welcome."

#### ANNIVERSARY BOOK:

Fossa GAA are working on a 50 year anniversary book and are seeking any photos and articles especially from the '70, '80 and '90 that may be of interest. If you have any please let a committee member know. It's like the lotto – "if you're not in you can't win" – "if you don't supply them we can't put it in."

#### SENIORS:

Senior team play Rathmore at home this Sunday at 12pm in round 3 of super league All support welcome.

#### MINORS:

Our minors get their season up and running this Saturday away to Currow at 3pm [PLS CHECK TIME] we wish our new minor management team the very best for the year ahead, all support welcome.

#### BEST WISHES:

Best wishes to Dr. Crokes this weekend in their All-Ireland semi final.

#### CONGRATULATIONS:

Well done to Erica McGlynn and Anna O'Reilly on their recent Kerry ladies debuts Erica starting at full forward and kicking 4 points and Anna coming on in defence to shore things up great achievement with more to come.

Congratulations to both Beaufort and Kilcummin in their fantastic All-Ireland victories.

**LOTTO:** lotto numbers, 1, 10, 21, 22 No Winner €9300.00 next week.

## KILCUMMIN

#### SYMPATHY

Sympathy is extended to the family of Fr. Pat Courtney, Former Irish Provincial Superior of the Missionaries of the Sacred Heart and late of Knockataggle who died recently. May he rest in peace.

#### 'STEPS & TUNES' EASTER CAMP

'Steps & Tunes' Easter Camp with Adrian Moriarty will take place in the Recreational Hall from Tuesday 23rd until Friday 26th April. The camp includes dancing, music, face painting and lots of fun and games. Fee €50 per child, concession for families. Numbers will be limited. You can book by registering with John at the Rural Development office. For further information contact Adrian on 087 - 9330768.

#### MEMORIAL FUN WALK

The 2nd annual memorial fun walk in remembrance of Brendan O'Leary, Lyreatough, will take place at 2pm on Sunday February 17th. Registration €10 beginning at 1.30pm, (U 16's free). All proceeds to Palliative Care, University Hospital Kerry. Last year we raised €3,500 which was absolutely fantastic. Hope to see ye all again this year.



Barraduff Tidy Village Tractor run in aid of Cork/Kerry Cancer Link Bus last Sunday

#### COMMUNITY ALERT

Our sincere sympathy to our Chairman Robert Keane and Family on the death of his mother Hannah Mary Keane R.I.P.

#### KILLARNEY LIBRARY

The Irish Whale and Dolphin Group will hold a talk on their Iceland expedition at Killarney Library on Tuesday 19th February at 7pm. Free admission.

#### THE IRISH PILGRIMAGE TRUST COLLECTION

The Annual Church Gate Collection in aid of The Irish Pilgrimage Trust (registered charity Number 5992) is on 2nd and 3rd March. All funds raised will be used to take young people with a variety of special needs to Lourdes at Easter.

#### SINGING LESSONS

Singing Lessons with Martina Ryle O'Sullivan continue every Wednesday evening from 6.45-7.45pm. Further information contact Kilcummin Comhaltas 087 1191353.

#### A DAY OF MINDFUL NOURISHMENT

A day of Mindful Nourishment Course on Saturday 23rd February from 10am until 5pm at the SHEP Office, Park Road. Cost €25. For more information or to book call Deirdre on 087 7728089.

#### MASTERGEEHA LOTTO

There was no winner of the lotto on Friday 8th February. Numbers drawn were 6, 15, 19, 26. Consolation prizes €100 Sinead Nagle, Mastergeeha. €30 David Sheehan, Forge Lane, Barraduff, €30 Ivan Hurley, Whitebridge Manor, €30 Brady, Inchicullane. Next Jackpot €7200.

## GLENFLESK NOTES

#### GLENFLESK U21S

(SPONSERED BY O'BRIENS TOPOIL AND THE KERRYWAY)

Glenflesk progressed to the next round of the East Kerry U21 Championship thanks to a strong second half performance against Rathmore in Rathmore.

The First half was a closely fought encounter and it was Rathmore who led at the break by the minimum largely thanks to goals from Dean Fitzgerald and David Dineen.

HT Glenflesk 0-09 Rathmore 2-03.

A strong team performance in the second half

saw Glenflesk take control of the game and goals from David Cantillon and Darragh Fleming saw them eventually ease to a win.

FT Glenflesk 2 -14 Rathmore 2-07

#### GLENFLESK LOTTO

No winner of the lotto which took place in The Corner House on 11/2/2019. Jackpot €7,200, Numbers were 2, 3, 20, 26

1. Liam Bartlett, Upper Barraduff

2. Liam Bartlett

(sellers prize)

3. Kate & Michael Malone, Knockeenagowen, Barraduff

4. Ann O' Sullivan, Rossa House, Clonkeen

5. Rory O' Sullivan, Ballaugh Cross

The next draw will take place in the Kerryway on 25/2/2019 and the Jackpot is €7,400

#### OPERATION TRANSFORMATION

The GAA, in partnership with RTE's Operation Transformation is seeking to bring together Communities across the 32 County's to enjoy healthy walks in the safe, bright environs of their GAA Club. In a bid to make exercise more accessible on the dark winter nights, Ireland lights up will see Glenflesk turning on their lights between 7.30pm and 8.30pm each Thursday for a six week period (17th of January-21st of February). We are delighted to be one of the participating clubs. We are asking everyone in the parish and beyond, young and old, to join us.

#### RAHEEN N.S.

Congratulations to Ann Kelliher who had the winning lotto no.18 on Saturday the 9th of February.

#### GLENFLESK SCOR NA NOG

Congratulations to our Senior Ballad Group who performed so well on behalf of the club at the County Final of Scór Sinsear in Moyvane last week. Well done to Connie Lynch, Emma, Cantillon, Aoife Fleming, Sarah Finnan, Aileen Healy and their mentor Rosie Healy.

**CONTACT:** We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.



# "THEY HAVE REALLY CAPTURED THE IMAGINATION"

Fionn Fitzgerald ahead of the AIB All-Ireland Semi-Final.



BY SHANE STAPLETON

**F**ionn Fitzgerald admits that Mullinalaghta's story has really captured the public's imagination.

The Longford champions had won a hat-trick of county titles but only truly announced themselves to the nation by winning the 2018 AIB Leinster SFC title.

Their provincial final win over Dublin super-club, Kilmacud Crokes, was in some ways seen as a victory for small parishes across the country — showing what can be done in an area of just 450 people.

A look at some winners of recent AIB All-Ireland titles shows an abundance of sides from more heavily-populated areas: Corofin, Ballyboden St Enda's and St Vincent's — highlighting the size of their next task.

Dr Croke's won the AIB All-Ireland title in 2017 with victory over Slaughtneil.

The Kerry men are hoping to be party-poopers at Semple Stadium in this club semi-final, but are certainly not underestimating the underdogs. County stars James McGivney, Patrick Fox, John Keegan and Donal McElliggott ensure that the Longford men have quality across the field, not to mention new Cavan boss Mickey Graham patrolling the sidelines.

"They have really captured the imagination," Fitzgerald says at the AIB All-Ireland semi-final media day.

"Their run has taken on a life of its own. They're a bit like the Slaughtneil story, but they've also

been knocking on the door for a while.

"They've won Longford three times and been in Leinster where they gave St Vincent's a rattle, but beating a Dublin team was the thing because Dublin have been so successful. They also beat Rhode and Eire Og so they have form. "They're from a small area but they have been genuine kingpins in their county, and I was always tracking them."

Fitzgerald has an exceptional medal haul with both club and county — he lifted the Sam Maguire Cup as co-captain of Kerry in 2014, and was a key man on the Croke's team that hoisted the Andy Merrigan Cup in 2017.

"It's been incredible," says Fitzgerald. "It was a lifetime goal to win an All-Ireland with Kerry and, being honest, you grow up thinking you've more of a higher chance of doing it with the county than the club.

"It's been a dream to do it with Croke's. We lost to Nemo (in the Munster final) last season and it whetted our appetite to get back and win the county title, and maybe think of an All-Ireland run then in the distance. There's great excitement about it back home.

"It's unique too because you win your province and then there's a very long break either side of Christmas, and you don't know where you're at. All-Ireland semi-finals are always very close and we lost three of them before we finally won one. We didn't perform and the opposition did, and they were the better teams on the day.

"There are no favourites in this one, I don't buy that tag. You trust the work you have done and hope it's good enough on the day."





## KILLARNEY GOLF CLUB - MENS

### BEAUFORT GOLF CLUB (Men's Branch)

Results - Beaufort Golf Club (Men's Branch)  
9th/10th February - Round 2 (13 hole Stableford) - Sponsored by Cahillane Butchers  
1st Michael Barry (12) 32 pts  
2nd Mike Brosnahan (10) 29 pts  
3rd Paul Fahy (12) 29 pts

### FIXTURES

16th/17th February - Round 3 Spring League  
- Sponsored by Cahillane Butchers (13 Hole Stableford - yellow tees)

### KILLARNEY GOLF CLUB - MENS

Sunday the 10th, saw the Mens' Club sponsored 2-Man Scramble being played on Mahony's Point. Storm Erik threatened play, but thankfully due to the efforts of head greenkeeper Enda Murphy and his course staff, the course remained open on Sunday, which enabled the two shotgun starts to go ahead. The results are as follows;

1st Mike Maher & Derek Pyne - 65 Gross (2.4) = 62.6  
2nd Sean Dunloe Moynihan & Ivan Tagney - 67 Gross (3.8) = 63.2  
3rd Kenneth Flynn & David Moloney - 67 Gross (3.2) = 63.8  
4th James Lynch & Cian Buckley - 69 Gross (4.4) = 64.6  
5th Jamie Cooper & Arthur Moynihan - 71 Gross (6.2) = 64.8  
6th Simon Gallivan & Tadhg Gallivan - 68 Gross (3.2) = 64.8

## DEERPARK PITCH & PUTT CUB NEWS

**SUNDAY RESULTS:** Three Person Team, 2 scores count each hole: Nett: Robbie O'Brien Snr, John O'Halloran & Michael Seve O Leary 82 and Gross: Robbie O'Brien Snr, Betty O'Brien and Sean Ashe 103. Same again this Sunday



Photographed at the presentation of the prizes for the McSweeney Arms sponsored competition at the Ross GC were (l to r) Maurice Coffey, Jonathan Casey winner, Kevin O'Callaghan, Mc Sweeney Arms, Sponsor, John Cushkelly, Captain and Renaldas Bendikas.

with draws @ 9.15am & 11.15am. Open to 2018 Adult & U-16 members until the end of February.

**MEMBERSHIP:** Is now due. Prices for 2019 remain the same: Single Adult: €135, Family: €240 (Two Adults & Three Children under 18), Juvenile/OAP €80, Associate (for members of other PPUI clubs): €120. Contact Sean on 086 0508686 or Colm on 087 7673742 for more info. Please note after March 1st you must be a member to play in competitions from there on out during the year.

**KERRY SPORTS STAR & SPECIAL AWARDS:** Great night last night in the Gleneagle Hotel where Damien Fleming and the Kerry U-16 team were honoured for their successes in 2018 and our PRO Jason O'Connor received an award for his Services to Sport. Great to see club members there in support of them all and of course for Jason himself it was a quite memorable weekend with the Kilcummin result in Croke Park the day after!

**DR CROKES:** Our neighbours travel to Thurles on Saturday for their All-Ireland Senior Club Semi-Final with Mullinaughta of Longford and we wish them the best of luck.

## ROSS GC, KILLARNEY - GENTS CLUB

**FIXTURES:** On Feb 16th/17th we will hold an Open Strokeplay competition and the time sheet is now available.

The M D O'Shea Spring League: The closing date for Spring League is Feb 16th and the entry sheet is still available on the noticeboard. It is planned to hold the first round on February 23rd/24th.

**CONGRATULATIONS** and well done to Beaufort and Kilcummin GAA clubs on winning their All Ireland titles at Junior and Intermediate level respectively.

*And they're off...*



Organisers of the Red Fox Tractor Run. Picture by Michael G Kenny.

## 3rd Red Fox Tractor Run planned

The annual Red Fox Tractor Run in memory of John Teahan will take place on Sunday 24th February, 2019. Registration will take place from 11am at €20 per tractor with tractors leaving Red Fox yard at 12:30.

Now in its 3rd year the charities benefiting from this year's Tractor Run are the Killorglin Branch of The Irish Pilgrimage Trust which takes local children to Lourdes over Easter week and also The Palliative Care room at St. Joseph's Home Killorglin.

Lines are now on sale for a draw on the day for some wonderful prizes and any donations gratefully accepted. There will be music, refreshments, Auction and a raffle later that evening at The Red Fox, please come along and support these wonderful charities, a great day guaranteed.



## HANDBALL NEWS

Busy week on the handball front: In the week where he received two honours at the Kerry Sports Star Awards Dominick Lynch won his Masters A singles semi-final beating Limerick's John O'Connor 21-1, 21-3. There was also success for Ballymac's Daire Keane in the Junior B singles semi-final where he saw off Clare's Glen Murray 21-14, 21-16.

In the Munster 40x20 Over 35B Singles quarter final Danny Riordan went down to Patrick Buckley of Cork 10-21, 21-2, 10-21. Jack O'Shea bowed out of the Intermediate single at the semi-final stage losing out to Clare's Tieran Agnew 21-14, 16-21, 12-21. Dermot Casey lost out in the Emerald Masters B Singles semi-final. He was beaten 21-9, 21-10 by Limerick's Seamus Donovan.

In Colleges action Pres Milltown's Tommy and Sean Quirke's great run in the All Ireland Senior Double competition ended in the semi-final. The dup lost to the Kells County Meath pair Conor Owens and Adam Crosbie in a cracking contest that came down to the last point - 15-9, 4-15, 14-15.

There will be action this week with Pat Lacey from Asdee in action in the Emerald Masters B singles semi-final, Darragh Lynch and Sean Quirke in the 40x20 Boys u16 doubles semi-final and Dominick Lynch plays in the 40x20 Masters A singles Irish Nationals in County Mayo this Saturday.

## KILLARNEY RFC NEWS

### SPLIT THE BUCKET

Last Sunday we held our first ever split the bucket draw at The Golden Nugget in Fossa. The first draw, done live on Facebook live, pulled

Frank Cullothy the winner with a cool €384. Frank entered the draw at the Shire and barman Kevin Kelliher won €87. Next week our split the bucket promises to be even bigger as more venues take a bucket and join in the fun.

To enter simply put €2 into an envelope at any participating venue -

at shops, bars etc around town which have a KRFC bucket. Put your name an number onto the envelope along with sellers name and be in with a chance to win our split the bucket next Sunday. Keep an eye on our Facebook page for venues and more information.

U12 Girls welcome Kanturk:

Last Saturday our U12 girls welcomed their counterparts from Kanturk RFC for some matches at Knockreer with some fantastic rugby on show.

Thanks to Jenna and Peter for looking after their charges and to Elaine Buckley and the Kanturk crew for travelling down. Well done everyone.



Killarney Rugby Club U12 girls pictured with Kanturk U12 girls following their game played last weekend at Knockreer.



At the presentation of prizes of the Gleneagle Squash Club monthly competition sponsored by Randles Bros Nissan, were front from left, Ray O'Callaghan (Randles Bros), Mary O'Callaghan, Donnagh Crowley, overall winner, Mike O'Donoghue and Connie Doyle. Standing from left are Jerry Lane, Tim O'Leary, Mike Crowley, Chairman, Joe O'Carroll, Oskar Przyborski and Sean Lane. PICTURE: EAMONN KEOGH

### RESULTS:

U14: Abbeyfeale 20 - 5 Killarney

U16: Nenagh/Ormond 19 - 15 Killarney

U18: Shannon/St. Mary's 11 - 0 Killarney/

Killorglin Seniors: Mitchelstown 14 - 13 Killarney

## FARRANFORE MAINE VALLEY ATHLETIC CLUB

It was an action packed week of athletics. On Friday 8th Feb. the Irish University IUAA Indoors were held in Athlone AIT arena. David Kenny(CIT) continues his great season in race walking when he won the 2000m Race Walk in a time of 7:40.10. Rossa Foley (IT Tralee) was third in the 16Kg WFD with a throw of 7.59m. The Munster Juvenile U9 to U11 Indoors was held in Nenagh Indoor Stadium on Sat 9th Feb.. Ryan and Isaac Vickers were competing. Ryan in the 60m, Long Jump and 500m with PB's in the 60m and Long Jump, while Isaac competed in the 60m, Long Jump, Shot Putt and 600m. He was a very good 2nd in his heat and his time was good enough for a bronze medal. Also over the weekend was the Munster Junior / Senior & Masters indoor C'Ships. In the race walking David Kenny won the U23/ Snr. 3000m in a time of 12:08.59 which was a new champion best time. Mike Connor was second in the O65 masters category in a time of 18:06.32. We will

have the other results next week. Well done to everyone

Gneeveguilla AC hosted their Valentines 5K in Killarney on Sat. 9th Feb. With over 120 participants, George McCarthy was 7th overall and 2nd in his age category. Maria McCarthy had a good run following a long spell away from racing when she was 3rd overall lady. Shauna McCarthy was first Junior Girl, Samuel Scoorpe won his age category and Brendan Lynch also ran well.

Arthur Fitzgerald competed in the Barcelona Half Marathon. This was Arthur's first attempt at this distance. He did very well to finish in a time of 1:18:10. Well done.

Coaching Courses: See athletic Ireland website for full details

17th Feb. - Endurance Course- Westlodge Hotel, Bantry, Cork

1st, 2nd, 8th and 9th of March- Level 1- Tralee Harriers AC, Tralee.

### CLUB TRAINING

Juvenile Indoors on Tuesday in the Sports Hall Farranfore from 6pm to 6:45pm. Open to all registered juveniles aged 8yrs (Born 2011) to 12yrs (Born 2006). €2 per session.

Secondary School / Senior training on Thursday's at 6:30pm in GAA grounds Farranfore. This is endurance build training. €2 club member, €4 non club member .

Maria's Strength, Endurance & Flexibility





Ryan & Isaac Vickers in Juvenile Indoors representing Maine Valley AC.

Exercise Classes on Tuesday at 7pm in the Sports Hall in Farranfore. €5 per class We welcome new members to come along to training and try it out. If you are happy you can register after two sessions. See our website for full details.

#### ATHLETIC'S FIXTURES

Fri 15th Feb: Munster Schools XC, Waterford Sports Campus, Carrignaore.

Sat / Sun 16th/17th Feb: National Senior Indoors, Indoor Arena Abbottstown

Sat/Sun 23rd/24th Feb: Munster U/12 to U/19 Juvenile Indoors, Nenagh Indoor Stadium.

Sun 24th Feb: County Junior/Snr./Master Roads 5K, Kenmare, 10:30am

Sun 3rd Mar: Munster 4mile Roads, Dundrum Co. Tipperary

Tue 5th Mar: Munster Schools Indoor Games, Nenagh Indoor Stadium

Sat 9th Mar.: National Schools XC, Clongowes Wood College, Co. Kildare

Sun 10th Mar.: National Masters Indoors, AIT Arena

Sat 23rd Mar: SIAB Schools International XC, Dublin

Sun 24th Mar.: County Juvenile 'B' Sports Hall Games, Milltown.

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.

## FIRIES COMMUNITY GAMES

**MUSIC, SINGING AND RECITATION** Last weekend was the turn of our musicians, singers and speakers and their chance to do their pieces in Keel. Well done to our musicians and singers Demie Griciunas, Kris Griciunas, Kate Barry, Niamh O'Shea, Alice Boyle, Sophie Bowler O'Riordan, Niamh Ferris and Aideen Galvin. In the U16 RECITATION Sean Daly spoke very well to earn himself a 4th place medal.



David Kenny: First in Senior Race Wal representing Maine Valley AC.

**INDOOR SOCCER:** The U13 Boys (Daithi O'Shea, Luke Henderson, Aaron O'Sullivan, Marcus Clifford, Evan Doona, Kalen Brown, Gerard Long and Gavin O'Sullivan) and U13 Girls (Laura Flynn, Clodagh Moriarty, Emma O'Brien, Katie Doe, Kerri Breen O'Riordan, Aoife O'Sullivan and Sarah Palmer) play this weekend 16th/17th March in Duagh and Milltown. Good luck to all the players and their Coaches and Managers. U10 Boys will play next week.

**ART AND HANDWRITING:** This year as in previous years the standard was very high, making it very difficult for the judges, but the winners have been picked and notified with results given to the schools and will be posted here next week and on the facebook page <https://www.facebook.com/FiriesCG/> as soon as available. The winners will need to be available for Sunday 23rd with the Kerry Finals on in Listowel from 10.30.

**CROSS COUNTRY:** All the children interested in running, Cross Country U12, U13, U14, and Marathon U16 are on 7th and 9th April and of course Athletics later on in the year for all ages, why not consider starting your training early. Farranfore/Maine Valley Athletics Club (<http://ffmvac.blogspot.com/>) have started back training Tuesdays (Firies GAA Sports Hall Farranfore 6pm to 6.45) and Thursday (Firies GAA Ground 6.30 to 7.30) and it's a good chance to get fit and ready. So come along and join your local Club.

## GNEEVEGUILLA ATHLETIC CLUB

Lotto: No winner of our lotto draw 08/02/2019, numbers drawn were 3, 10, 20 & 30. Sellers prize winner Danny O' Sullivan, €50 Y/T prize winner Mossy Brosnan Snr. Rensup, €50 to James o' Regan Killarney, €40 each to Tim Fleming Gneeveguilla, James moynihan



Peggy Horan presenting the Peggy Horan Perpetual Cup to her niece Maeve Twomey (Killarney) who won the CPC. ie sponsored Kerry Ladies Singles Division 2 title last Friday night.

Rossacru & Mary O' Leary Leam. Bonus not won numbers drawn were 10, 17, 18 & 22. Next week's jackpot €16,600 plus €1,000 bonus Valentines 5K: A massive well done to all concerned with The Valentines 5K in The Demense on Saturday last whether your were a runner of a helper. It was agreed by all to be a resounding success, due to the efforts and commitment of our stuaarts everything ran smoothly.

Rathmore To Rathmore 4K: This is our next event on Saturday March 9th @ 11.30 am. There are prizes at the end of each race and then at the end of our three Spring events there will be overall prize giving.

Couch To 5K: Commencing again in Barradubh on Monday 11th and each Monday and Thursday night at 7.30 pm. It was great to see a number of our couch to 5K people fro Barradubh and Glas/ Taur taking part last Saturday.

Munster Indoors: Our masters were competitng in nenagh on Sunday last. Shelai o' donoghue O50 1st in 60m, 1st in shot and 2nd W.O.F, Eileen O' Riordan O45 1st in shot & WOF, Annette O' Brien O45 1st in 60m, Long Jump and High Jump, Catherine O' Sullivan O40 22nd in 60m and long jump.

## KILLARNEY VALLEY ATHLETIC CLUB

Fantastic news for Jordan Lee this week as he has been awarded funding via the carding system from Sports Ireland. This funding will really help Jordan with his training plans in the future. Jordan was also awarded Senior Kerry Athletic Sports Star of 2018 along with KVAC club member Ciara Kennelly last weekend. Congrats to both of them from the club. It's great to see hard work and dedication paying



off.

On Sunday 10th February 2018, the Junior, Senior and Master Munster Track & Field Championship took place in Nenagh. Ciara Kennelly did brilliantly with a Jump of 1.75 to get gold in High Jump along with Munster Record! Our Master athlete, Mike Murphy took bronze in the 60m Sprint. Sarah Leahy got gold for the 60m and silver for the 200m. Well done to all athletes.

#### TRAINING

No Training over mid-Term. We return again on week beginning Monday 25th February.

Please keep an eye on your email and check our facebook page for any updated information.

## WORKMEN'S ROWING CLUB NOTES

Training continues as per coaches' schedules. Beginners are always welcome...for juniors it's 10am on Saturday mornings and for adults it's 10am Sunday mornings at Reen Pier, Ross Castle. With the mid-term break this week, our juniors are in full preparation for the regatta season, just around the corner.

#### Registration Day

This Sunday 10-10.30 am at the Racecourse. Anyone who has not already registered or paid membership can come along and do so this Sunday.

#### UPCOMING EVENTS

Cork HOR, The Marina, River Lee. 2/3/2019.



Workmen's Rowing Club Senior Ladies Crew of Miriam Fleming, Ciara Browne, Siobhán Burns, Ciara Moynihan and Annie O'Donoghue who were honoured with a Kerry Sports Star Award at the INEC last week.

St. Michael's HOR, Limerick City. 16/3/2019.

#### 2019 Calendar

Copies of our beautiful club calendar are still available at training sessions for anyone who has not already taken one. We are indebted to our generous sponsors for their continued support, and to Evelyn and Keith Woodard for their production of such a memento of our club, this year.

## FLESK VALLEY ROWING CLUB

AGM:Flesk Valley AGM will take place on Friday 22nd February 2019 at the Killarney Oaks Hotel

commencing at 8.30pm sharp. Motions and nominations are to be with Club Secretary Paul Burke 48hrs prior to meeting. Email: pcburke13@gmail.com. All members are asked to attend.

Kerry sports stars: Congratulations to club members Peter O'Sullivan and Rory Leane who were honoured at the Kerry Sports Star awards at a ceremony in the Gleneagle Hotel last Friday. Peter and Rory were members of the victorious Flesk Valley senior crew at the 2018 All-Ireland coastal rowing championships.

## SPA MUCKROSS

## COMMUNITY GAMES NOTES

Congratulations to our singers who took part in the county competition in Keel Saturday last. Well done to Jean Foley where a great performance in the U16 solo singing competition saw her win the bronze medal. Jean then teamed up with Valerie O'Sullivan for the U16 group competition. Yet again another superb performance and another well earned bronze medal for Spa Muckross. Thanks to Rachel Foley for managing the singers for the event.

There will be more action again this weekend, this time for our U13 boys in the indoor soccer competition. Best of luck boys!



## BEAUFORT GAA CLUB NOTES

#### LOTTO

The next lotto draw for a jackpot of €7,600 will be in Beaufort Bar on Sunday, 17th February

#### AIB JUNIOR FOOTBALL FINAL

Congratulations to Beaufort senior team and management who defeated Easkey, Sligo to win the AIB All Ireland Junior football final.

#### SCOR NA BPAISTÍ

Beaufort Scor na bPaistí for primare school students will be held shortly.

Please contact Mary Jo at 086 3779702 for information

## DR CROKES GAA CLUB NEWS

#### INDOOR HURLING

We return to St Brendan's College Hall for Indoor Hurling on the following days and times for the various age groups:

U6's: Monday's from 6:00pm - 7:00pm

U8's & 10's: Thursday's from 7:00pm - 8:15pm.

(All equipment provided)

Under 14 Training

Under 14 training is back on Thursday evenings at 6.30pm

## SENIOR TEAM - 2ND AND 3RD TEAM TRAINING

Senior Team training for 2nd and 3rd teams will be on Friday evenings at 7pm.

#### PROGRESSIVE 31

Progressive 31 takes place every Wednesday in Crokes Clubhouse. It will start at 8pm. You will need to bring money and a partner €5 per person.

#### CLUB MEMBERSHIP

Annual membership is now due and it is critical that all members and players pay /renew their membership before the 31st of March next. A strict "no pay/no play" policy will be enforced after this time.

#### SCOR

Best wishes to the Question Time Team of Cillian, Ben, Treasa & Teddy and their mentors Jackie & Eric in the All Ireland Final on Saturday 16th in Castlebar.

It's now time to be ready for Scor na bPaisti for all children in primary school.

COACH TRANSPORT for the All Ireland Senior Club Championship Semi Final

Kerry Coaches are running coaches to the Dr Crokes v Mullinalaghta All Ireland Senior Club Championship Semi Final in Semple Stadium, Thurles on Saturday 16th of February. Adults €15 return and U16's €12 return. It will depart from Dr Crokes Stadium at 10.30am.

To book a seat please contact

info@kerrycoaches.com or call 064 6631945.

#### CHURCH GATE COLLECTION

A special thanks to everyone who supported our Annual Church Gate Collection at the weekend and to all our collectors.

#### DANCING WITH THE CROKES

Save the Date : March 29th in the #INEC #DWTC

#### CONGRATULATIONS

Congratulations to Kilcummin and Beaufort on their All Ireland

Final wins at the weekend.

#### LOTTO

Lotto 3, 5, 8, 18. Jackpot E9000 Not won. Match 3 7 by E60. Next draw on Sunday 17th of February in Tatler Jack. Jackpot E9300

## SPA GAA CLUB

#### COISTE NA NOG

Our ABC/u6/u8 continues Sat mornings @10am. U6s are free.

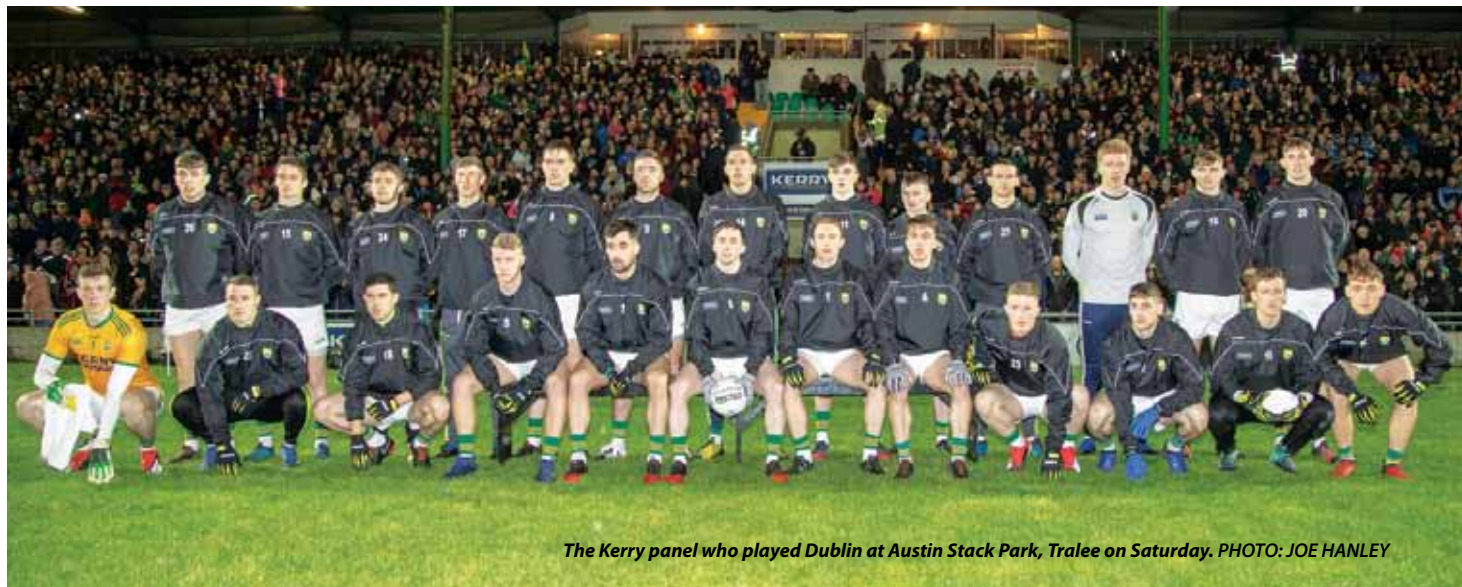
U12-14 Girls: training is back Wednesday evening indoors @6pm.

East Kerry U21 Championship: Spa 1-7

Firies 1-14

Donnachadh O'Sullivan opened the scoring for Firies but Spa replied immediately with a goal from David Spillane and a point from Niall McCarthy. Firies then dominated the play and kept Spa scoreless for the rest of the half while





*The Kerry panel who played Dublin at Austin Stack Park, Tralee on Saturday. PHOTO: JOE HANLEY*

they added six to their tally, Liam Brosnan, Trevor O'Shea, Darragh Donoghue and Donnacadh O'Sullivan (3) all on target. At half time Furies led 0-7 to 1-1

Spa started the second half well and within minutes were level 1-4 to 0-7 after points from Niall McCarthy (2) and Michael Kearney. Donnacadh O'Sullivan (4), Liam Brosnan, Shane O'Donoghue and Patrick Daly added scores for Furies while Niall McCarthy's sharp shooting kept Spa in contention. Last score of the game was a Furies goal from Liam Brosnan to finish 1-14 to 1-7.

Spa Team: Ollie Cremin, Thomas Fleming, Mikey Moynihan, Jordan Leahy, Gary Vaughan, Conor Stack, Liam Spillane, Eoghan Cronin, David Spillane (1-0), Thomas Cronin, Niall McCarthy (0-6), Fionan Walsh, Cian Murphy, Eoin Carroll, Ryan Kelliher. Subs Michael Kearney (0-1), Michael Horgan

#### UPCOMING FIXTURES:

East Kerry Superleague Rd2: Spa v Furies has been brought forward to Tuesday February 12th at 8pm in Spa (under lights)

Co. Minor League Rd1: Spa v Scellig Rangers/ Valentia (away) next Saturday February 16th. Throw in 3pm.

#### SCOR NA NOG

Wishing the BEST OF LUCK to our Set Dancers and their coaches Mairead and Triona Mangan, competing in the All Ireland Finals of Scór na nÓg in Castlebar on Saturday February 16th. Erin Holland, Orlaith Spillane, Elena O'Donoghue, Aoife O'Donoghue, Gary O'Sullivan, Dara Brosnan, Diarmuid O'Donovan, Colm O'Connor and Cian O'Sullivan will be representing both Kerry and Munster this weekend as the club aim for their third All Ireland Set Dancing title. Safe travels to everyone heading to Mayo this weekend!

#### REGISTRATION

Registration for 2019 is ongoing and members can sign up at the clubhouse reception on Thursday nights from 7-9pm or registration is also available online through [www.spagaa.com](http://www.spagaa.com). All members - Adult and Juvenile - are advised to register as soon as possible, and note the closing date of March 31st.



*Two London-based Killarney men played in the full-back line for the London County team, who defeated Wexford in yesterday's National League game, played in McGovern Park, Ruislip, London. Matthew Moynihan, formerly of Spa GAA Club, and now playing for Tir Chonaill Gaels and Conor O'Neill, formerly of Dr Crokes GAA Club, and now playing for Kingdom Kerry Gaels played key roles in this league win.*

#### OPERATION TRANSFORMATION

This Thursday February 14th will be week 5 of the Operation Transformation Ireland Lights Up walk at the clubhouse. Everyone in the community is invited to come along and join in and walk the 1km looped trail around the club grounds, with refreshments afterwards in the clubhouse. The walking trail is lit up every Thursday night between 7pm and 9pm until February 21st.

#### CONGRATULATIONS

Huge congrats to both Kilcummin and Beaufort on their victories in the Intermediate and Junior All Ireland Finals in Croke Park last weekend. Congratulations also to the Kerry senior team and management on their victory over Dublin in Round 3 of the National League, especially our Man of the Match Dara Moynihan

#### BEST WISHES

Good luck to Dr Crokes travelling to Semple Stadium, Thurles on Saturday Feb 16th for the All Ireland Senior Club Championship semi-final against Mullinalaghta St Columba's of Longford. Throw-in at 3.30pm

#### LOTTO

Nos: 3, 6, 15, 21. No Winner and €50 Lucky Dips to Ian Aherne; Paddy O'Keeffe, Shane Mangan, Anthony Fleming and Sheila & Paddy Casey, (Annual Draw Winner). Next Draw on Monday Feb 11th will take place in the Killarney Heights Hotel and Jackpot is €6,900

#### SPA KILLARNEY HANDBALL CLUB

The AGM of the Spa Killarney Handball Club will take place at 8pm on Monday February 25th in the clubhouse. The Handball Club is open to everyone over 18 years of age, and they meet every Friday night in the Sports Hall from 8pm





Beaufort Under 12's who played Easkey Under 12's at Croke Park on Saturday.

- 10pm. New members, male and female, always welcome.

### 31 CARD DRIVE FINAL

Reminder that the Finals of the 31 Card Drive Championship of Kerry will take place on March 22nd in the Torc Hotel.

**SPORTS HALL** and Meeting Room enquiries or bookings please contact Ann Mangan (0879403508) or Eileen Casey (0876577312- after 6pm only)

### SPA MERCHANDISE

Is now available, for enquiries and shop opening times contact Mathilda on 0876487356

## LEGION GAA

### UPCOMING FIXTURES

EK Super-League Round 2 - Kilcummin v Legion, Sunday 12th Feb @ 12 noon

Minor League Div 1 - Feb 16th @3pm

Killarney Legion v Na Gaeil

EK Super League Round 3 - Killarney Legion v Currow - Sunday 3rd March at 12 noon

Div 5 County League Beaufort v Legion on March 10th (TBC)

### AWARDS NIGHTS

The Killarney Legion Awards Night will take place at the Killarney Plaza Hotel on Friday, March 3rd @8:30pm. Tickets €10pp. Save the date.

**BON VOYAGE** to Kyle Griffin who has taken off on his travels to Canada recently.

**GOOD LUCK** to our neighbours Dr. Crokes in their upcoming All-Ireland Semi Final, hopefully it will keep the 3 in a row going with already impressive wins for Beaufort and Kilcummin.

## EAST KERRY GAA NEWS

By Michael O'Mahony PRO

### EAST KERRY U21 CHAMPIONSHIP

#### QUARTER FINAL SPA 1-7 FIRIES 1-14

Donnacadh O'Sullivan opened the scoring for Furies but Spa replied immediately with a goal from David Spillane and a point from Niall McCarthy. Furies then dominated the play and kept Spa scoreless for the rest of the half while they added six to their tally, Liam Brosnan, Trevor O'Shea, Darragh Donoghue and Donnacadh O'Sullivan (3) all on target. At half time Furies led

0-7 to 1-1

Spa started the second half well and within minutes were level 1-4 to 0-7 after points from Niall McCarthy (2) and Michael Kearney. Donnacadh O'Sullivan (4), Liam Brosnan, Shane O'Donoghue and Patrick Daly added scores for Furies while Niall McCarthy's sharpshooting kept Spa in contention. Last score of the game was a Furies goal from Liam Brosnan to finish 1-14 to 1-7.

### GLENFLESK 2 14 RATHMORE 2 07

Glenflesk progressed to the semi final of the East Kerry U21 Championship thanks to a strong second half performance against Rathmore in Rathmore.

The First half was a closely fought encounter and it was Rathmore who led at the break by the minimum largely thanks to goals from Dean Fitzgerald and David Dineen. Half time Glenflesk 0-09 Rathmore 2-03.

A strong team performance in the second half saw Glenflesk take control of the game and goals from David Cantillon and Darragh Fleming saw them eventually ease to a win.

Glenflesk 2 -14 Rathmore 2-07

### EAST KERRY U21 CHAMPIONSHIP

Currow 1-8 Gneeveguilla 2-13

All Ireland Club Champions

Congratulations to Kilcummin & Beaufort on winning Intermediate & junior clubs All Ireland on Saturday last in Croke Park well done to everybody involved

### EAST KERRY SENIOR LEAGUE

Scartaglin 1-11(14) Cordal 0-10

Cordal started the brighter team with two quickfire points until a brilliant individual goal from Brian Hanrahan put Scartaglin front.

Scartaglin controlled the rest of the first half and led at the break.

Half time: Cordal 0-02 Scartaglin 1-07.

The second half was a lot more of an even contest and Cordal finished with a flurry of points but could not reel Scartaglin.

A good game to start the year and there was lot of encouragement in the performances of both teams on the day.

### FIXTURES

East Kerry Super leagues 2019

Division 1A

First team named will be at home

Round 2

Sunday 17th February at 12 noon  
Glenflesk V Listry (2018 Play-off No. 2)

Fossa V Rathmore

First team named will be at home

Division 1B

First team named will be at home

Kilcummin V Killarney Legion - Sunday 17th February at 12 noon

Round 2

Gneeveguilla V Scartaglin - Sunday 17th February at 12 noon

### EOGHAN RUADH

Eoghan Ruadh U14/U16 indoor sessions have been completed. Players worked over twenty weeks to improve and develop at all levels in Gneeveguilla hall. The sessions were well attended with excellent feedback from all players and coaches on the varied and challenging work load. Thanks to Philip Lyons (ITT) for supporting the programme over the twenty weeks. Patrick Barry (Gneeveguilla) worked closely with Vince Cooper East Kerry/Kenmare GDA to complete the well run event. Players should continue to work on the home programme over the playing season to gain maximum benefit.

## GNEEVEGUILLA GAA CLUB

There was no winner of last weeks lotto numbers drawn were 5,8,12,22. Lucky dip winners were €40 Eugie O Leary, €40 Mary Ann Looney, €40 Emily Rose Horgan, €30 Padraig + Mary Francis, €30 Christy Murphy, €20 Freddy Moynihan. Next weeks jackpot is €4,000 thanks for your continued support. EK u21 championship result Gneeveguilla 2 14 Currow 1 08. Our Minors are at home to Furies this Saturday at 3pm. Our seniors are at home to Scartaglin this Sunday at 12pm. Our juvenile club registration and collection of membership fees for u6 to u16 will take place from 11am to 1pm on Sunday 17th Feb in the hall. All new members welcome.

## LISTRY GAA NOTES

### MEMBERSHIP 2019 LISTRY GAA:

Membership of Listry GAA club is now due. Rates same as last year. Forms will be available to download from club website shortly.

### SENIOR TEAM FIXTURE:

Our senior team will play Glenflesk next Sunday February 17th at 12 noon in the East Kerry 2018 Division 1 Final. Venue to be confirmed

### LOTTO RESULTS:

Numbers drawn: 13,15,19,25. No jackpot winner. €100 - Carmel Counihan, Faha.

€50 x 2 - Colin and Ross Hunt, Waterford. Laura Hickey, Miltown.

€25 x 2 - Dermot Lyne, Killarney, Damien, Michelle and Joesph Clifford.

Draw Entrant: Noreen Cooper, Muckross.

Next Sunday 18th February Jackpot €11,350

### CONGRATULATIONS:

Congratulations to both Kilcummin and Beaufort GAA on their victorious win last Saturday in Croke in The All Ireland Club Championship Finals.



# Beaufort blow Easkey off the Scale

Beaufort (Kerry) 3-17 Easkey (Sligo) 0-05



**A** star studded team performance claimed the 2019 All-Ireland junior football crown for Eanna O'Mally's side at Croke Park last Saturday.

Beaufort dominated this contest from the word go and with goals from Ronan Ferris, Ciaran Kennedy and Liam Cary led at the break 3-8 to 0-1 over the Connacht and Sligo champions.

Despite not finding the net again in the second period, there was no let up from the Mid Kerry side who cruised to one of the easiest victory's they are ever likely to do so.

Beaufort

Michael Moriarty, Michael John O'Connor, Ger Hartnett, Sean Kelliher, Jeremiah O'Sullivan, Mike Breen, Jonathan Kissane, Nathan Breen (c)

0-01, Ronan Murphy, Padraig Doona 0-01, Liam Carey 1-05, Fergal Hallissey 0-05, Danny Healy 0-02, Ciarán Kennedy 1-01, Ronan Ferris 1-01  
Substitutes: Cormac O'Connor for Jonathan Kissane, Dara Coffey for Danny Healy, Seamus O Raghallaigh for Jeremiah O'Sullivan, Niall O'Connor 0-01 for Ronan Ferris, Padraig O'Sullivan for Nathan Breen.

# McCarthy on fire for Kilcummin

Kilcummin (Kerry) 5-13 Naomh Éanna (Antrim) 2-9

**A** standout performance by Kerry Senior Kevin McCarthy who proved to be simply unmarkable throughout ensured that Kilcummin were crowned All Ireland Intermediate Club champions at Croke Park last Saturday evening.

McCarthy who missed a lot his sides campaign due to a hand injury was named in the starting line up went on to score 3-7 in a performance that will be long remembered at head quarters. Kilcummin opened the game in frenetic fashion and with early goals from Matt Keane and McCarthy, they opened a 2-3 to 0-0 lead after just seven minutes but the Ulster champions were here on merit and set about their task in an honest fashion and reduced the deficit to

just two by the 20th minute (2-5 to 2-3) as Ruairi Scott and Eoin Nagle both hitting the net.

Noel Duggan was taken down in the square and Kieran Murphy slotted away the penalty as Kilcummin defended well during the 8 additional injury time minutes to take a 3-6 to 2-4 lead with them to the break.

The second half was all about McCarthy who fired in two goals for his hat trick.

That said two brilliant Brendan Kealy saves were crucial at keeping the Naomh Eanna Challenge at bay but in the end it was the strange choice of the Rose of Tralee that sang out as Kilcummin captain Brendan Kealy was joined by former GAA president Sean Kelly as they collected the cup.

Scorers for Naomh Éanna: Odhran Eastwood 0-7, 5f, Ruairi Scott 1-2, Eoin Nagle 1-0

Scorers for Kilcummin: Kevin McCarthy 3-7, Kieran Murphy 1-1 1-0 Pen, Matt Keane 1-0, Gary O'Leary 0-3, Ian Devane, John McCarthy 0-1 each

Kilcummin

Brendan Kealy, Sean ÓLeary, Donal Maher, Daniel Moynihan, Philip Casey, Chris ÓLeary, William Maher, Kieran Murphy, Kevin Gorman, Shane McSweeney, Gary ÓLeary, Padraig Nagle, Noel Duggan, Kevin McCarthy, Matt Keane

Subs:

John McCarthy for P Nagle (44m), Daniel O'Leary for W Maher (44m), Ian Devane for Duggan (53m), Damien O'Leary for G O'Leary (55m), Kelvin Teahan for Murphy (57m)

Mikey O'Shea for Keane (61m)

Referee: James Molloy (Galway)



Man of the match Kevin McCarthy who scored 3-7 along with details below— at the Kilcummin homecoming. The McCarthy family celebrating the homecoming of the victorious Kilcummin team on Sunday night. Included in the photo from left to right - Kevin McCarthy, John McCarthy, Mikie McCarthy Jr (in front), Mike McCarthy and Neilus McCarthy.



Joyous Kilcummin fans pictured after the historic victory: Barry Duggan, Timmy and Breda O'Leary, Tom and Ann O'Riordan, and Kathleen Leddy. Picture: Timmy O'Leary



# KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO



## A DAY TO REMEMBER!

Last Saturday will live long in the memory of many Kerry Supporters. It was truly wonderful to have both our clubs crowned All Ireland Club Champions in Croke Park. Heartiest congratulations to Kilcummin and Beaufort. Both clubs provided their heroes with amazing and well-deserved homecomings on Sunday! The two wins in Croke Park really set the atmosphere for Austin Stack Park on Saturday night.

The game between old rivals Kerry and Dublin was a pleasure to watch, fast paced, tense and had every player throwing their body on the line such was their loyalty to the jersey. The 12000 in attendance were treated to a football spectacle which lasted from the throw in until the final whistle. It looked towards the end that Dublin would draw or possibly win but credit to the men in green and gold! They held on and a massive team effort saw Peter Crowley fist over that winning score. The game finished Kerry 1-18, Dublin 2-14.

A huge thanks to the Austin Stack Park committee for their superb organisation of the event. The grounds were in excellent condition and the crowd were thoroughly entertained before the game by the Liam O'Connor Showband and Eoin Brady.

The Senior footballers aren't playing next weekend. Their next fixture is away to Galway on February 24th. The Kerry GAA Supporters' Club will take coaches to the game in Tuam. All seats must be booked by Thursday night February 21st, for booking contact Donal O'Leary, John King or Martin Leane.

## CLUB CHAMPIONSHIP DRAW

The dream to play in Croke Park on Club Championship All Ireland Final Day starts all over again as the Club Championship draw will take place on Wednesday night at 8pm in the Pavilion, Austin Stack Park. Club representatives are welcome to attend and it will also be broadcast live on the Kerry GAA Facebook page. Our thanks to Castleisland Mart for their sponsorship of this fantastic competition over the last number of years. Now we are delighted to welcome our new Sponsor onboard and that is Kerry Petroleum so going forward the competition will be called the Kerry Petroleum Club Championship.

Launch of the Credit Union County Leagues  
The Launch of the Credit Union County Leagues 2019 will be held on Monday February 18th at Austin Stack Park at 7pm. Kerry



*Dr. Crokes' Scór na nÓg, who retained their County title recently. While the Dr Crokes Senior Footballers are battling Mullinalaghta in the All Ireland Club Championship semi-final, our Scór na nÓg Quiz Team will be competing in the All Ireland quiz final in Castlebar. Photo is back left to right: Jackie Looney and Eric O'Connor (Mentors) front left to right: Teddy Muldoon, Treasa O'Sullivan, Ben Flavin and Cillian Hickey.*

GAA is delighted to be in partnership with Chapter 23 of the Credit Union which comprises of Cara, Clanmaurice, Chorca Dhuibhne, Killarney, Listowel & Rathmore, in Kerry along with Abbeyfeale & Desmond in West Limerick. Together we are supporting the development of the prestigious and indeed the competitive County Leagues, involving clubs from all parts of Kerry. This competition plays a major role encouraging the development of players at club level, which in turn can feed into the County structure. The Credit Union movement is a vibrant community based financial co-operative who supports & serves the financial needs of its members, (many of whom are also GAA members), throughout Kerry & West Limerick. This partnership and sponsorship of the Credit Union County Leagues is now entering its 17th year. The first round of the Credit Union County League is fixed for Sunday March 10th.

## SCOR CHIARRAI SCOR SINSEAR

The County Finals "Estuary, Print and Trophies, Ballylongford" Sponsored County Finals of Scor Sinsear Chiarrai were held in the Marian Hall Moyvane on Friday evening. Seven

District Boards took part; East Kerry, West Kerry, North Kerry Football, North Kerry Hurling, South Kerry, Tralee/St Brendans and Mid Kerry. The following were the winners on the night; Solo Singing, Proinsias O Cathasaigh, West Kerry Board,

Recitation, Sonny Egan, North Kerry Hurling, Ballad Group, St. Marys, South Kerry Board, Leiriu, Ballydonoghue, North Kerry Football, Instrumental Music, St. Marys, South Kerry Board, Set Dancing, Gneeveguilla, East Kerry Board.

Overall Club on the night, St Marys, South Kerry Board. Best of luck to those representing Kerry and Munster in the All Ireland final of Scór na nÓg next Saturday – Dr Crokes in the quiz, Martin Larkin (Sneem) in solo singing, Na Gaeil in Léiriú and Spa set dancers.

## COUNTY COMMITTEE MEETINGS FOR 2019

The following dates were agreed for meetings – Monday 18th February, Monday 25th March, Monday 13th May, Monday 17th June, Tuesday 13th August, Monday 7th October, Monday 25th November with Convention set for Monday 9th December.

IF YOU HAVE A SPORTING STORY... Contact Aisling on 086 0400 958



# KERRY PIP DUBS IN TRALEE THRILLER

KERRY 0-18 DUBLIN 2-14

KERRY O'SHEA REPORTS FROM FITZGERALD STADIUM



**P**eter Crowley's 74th minute winning point ensured Kerry continued their winning start to 2019 when they defeated All-Ireland Champions and defending Allianz league champions Dublin in an Austin Stack Park Round 3 thriller in Tralee on Saturday night.

The Kerry Dublin rivalry has thrown up some memorable encounters, especially in Austin Stack Park and this game will certainly rank among the best. This game had everything one could wish for and was thoroughly enjoyed by the sell-out attendance and the large watching audience on TV.

The workrate of Tom O'Sullivan, Gavin O'Brien, Sean O'Shea and man of the match Dara Moynihan was central to the Kingdom's overall success. Kerry deserved the win.

Peter Keane's side kept their concentration at

all times, even when Dublin threw everything at them in the second half. The Kingdom's long-ball tactic worked a treat and led directly to Stephen O'Brien's first-half goal which gave them a four-point cushion.

The Dubs did not lie down and hit back with goals of their own from Con O'Callaghan and Paul Mannion, both very much against the run of play to leave just two between the sides at the interval, 1-11 to 2-6.

Early in the second half, Kerry built up a five-point advantage but Jim Gavin introduced heavy guns such as Jack McCaffrey and Michael Darragh McAuley.

Kerry twice led by four points in the second half but each time Dublin, to their credit and with 14 men following the dismissal of Michael Fitzsimons on a second yellow reeled them in

and when Cormac Costello pointed a late free it was level pegging at 1-17 to 2-14 and a draw seemed again the likely outcome.

However, Peter Crowley coming from his own full-back line watched the ball on its journey to David Moran who saw the Laune Rangers man in space and picked him out with a perfect pass, which was fisted in by the Kerry corner-back for a dramatic and sensational score to win a game worthy of the occasion.

**Scorers:**

Kerry: Sean O'Shea (0-8, 7f, 1 '45); Stephen O'Brien (1-1); Dara Moynihan (0-2); Paul Geaney (0-2); Peter Crowley (0-1), Jack Sherwood (0-1), Tom O'Sullivan (0-1), Gavin O'Brien (0-1), Tommy Walsh (0-1).

Dublin: Dean Rock (0-5, 4f); Paul Mannion (1-2, 1f, 1 mark); Con O'Callaghan (1-0); James McCarthy (0-3); Cormac Costello (0-2, 1f); Brian Fenton (0-1), Darren Gavin (0-1).

**Teams:**

Kerry: Shane Ryan; Peter Crowley, Jack Sherwood, Brian O'Beaglaioich; Tadgh Morley, Paul Murphy, Tom O'Sullivan; Jack Barry, Adrian Spillane; Diarmuid O'Connor, Sean O'Shea, Dara Moynihan Paul Geaney Gavin O'Brien Stephen O'Brien

Subs: Tommy Walsh for Diarmuid O'Connor (half-time); Mark Griffin for Adrian Spillane (53); Gavin Crowley for Paul Geaney (53); David Moran for Tadgh Morley (60); Mikey GEaney Gavin O'Brien (70).

Dublin: Evan Comerford, Michael Fitzsimons, Eoin Murchan, John Small; Eric Lowndes, Jonny Cooper, James McCarthy, Brian Fenton, Darren Gavin; Brian Howard, Con O'Callaghan, Niall Scully; Dean Rock, Cormac Costello, Paul Mannion.

Subs: Paddy Andrews for Eric Lowndes (half-time); Jack McCaffrey for Jonny Cooper (47); Michael Darragh MacAuley for Darren Gavin (62), Kevin McManamon for Dean Rock (62), Paul Flynn for Niall Scully (62).

Referee: Maurice Deegan (Laois).

## Learning remains the priority: Keane

In his post match press conference, Kerry Senior Football Manager Peter Keane was certainly admitting that he enjoyed the whole occasion at Austin Stack Park, last Saturday evening but was insisting that the result was not overly significant and the team priority was still very much on learning.

"The priority for us is to learn. However, you are still talking about a team going for five in a row in the championships and have won five of the last six Leagues. Every fellow wants to test yourself against whoever is the top dog"

Despite what is seen by many as a significant victory over Dublin, Keane still has his doubts. "I don't think it is that significant, it is just a game. You could have asked me the same thing two weeks again when we beat Tyrone and then they got a bit of a dressing from Mayo last week, so you wonder did that take the gloss off the victory that we had against them. It sounds like a cliché but every day is a learning day as a new management. The players are getting use to us with so many new players coming in. So the priority for us is to go and learn."



Kilcummin star Sean O'Leary pictured with his parents Kay and Dave and Sinead and Mary O'Connell after the game. PICTURE: TIMMY O'LEARY





## SCHOOL BOY/GIRL SOCCER

### FEBRUARY 9TH 2019 RESULTS AND REPORTS:

Subway 12's Inter League  
 Kerry 2-0 Limerick District  
 Kerry 2-2 Limerick District (Development Squads)  
 SFAI Regional Semi-Finals  
 13's Park 1-2 Aisling Annacotty  
 14's Shannon Town 1-1 Killarney Celtic AET  
 Celtic win on 5-4 on penalties  
 15's Aisling Annacotty 1-0 Park  
 Daly's Supervalu 13's  
 13 Premier  
 Park 3-1 Killarney Celtic  
 13 Division 1  
 Killorglin B 4-3 Tralee Dynamos  
 Camp Juniors 1-2 Dingle Bay Rovers  
 Killarney Celtic B 3-2 Killorglin B  
 Castleisland 2-2 Tralee Dynamos  
 13 Division 2 North  
 Park C 5-1 Park B  
 Quills Woollen Mills 14 Premier  
 Park 4-0 Iveragh United  
 Killarney Plaza 15 Division 1  
 Killarney Celtic B 0-3 Castleisland  
 15 Division 2  
 Listowel Celtic B 1-0 Killorglin B  
 LB Rovers 3-0 Inter Kenmare  
 Girls Premier  
 14's Killarney Celtic Green 7-1 Camp Juniors  
 16's Inter Kenmare 2-0 Fenit  
 Kerry 12's record a win in Subway Inter League  
 Kerry 12's move onto 4 points after

three games in the Subway 12's Inter League. On Sunday they defeated Limerick District 2-0 thanks to second half goals from Jack Joy and Aaron Harty. Next up will be a trip to Limerick County at the end of the month.

The sides also played a Development Game and in this Joey McCarthy and Aaron Doyle scored for Kerry in a 2-2 draw.

Killarney Celtic 14's reach Regional Final  
 Killarney Celtic 14's put their National Cup defeat behind them with a great away win over Shannon United in the Regional semi-final. They had to go all the way to sudden death penalties to qualify for the decider. Celtic will take on Kildimo United in the Regional Final with the Killarney side on the road.

Celtic went behind just before half time but Jack O'Sullivan scored to level matters and that how in stayed until the end.

In the penalty shoot-out Eoghan Crowley, Robbie Harnett, Cathal Kelly and Timothy Moynihan were all successful from the spot. Shay O'Meara then made a great save on the last Shannon penalty to send it into sudden death and Colin O'Callaghan showed nerves of steel to wrap up the win after the home side missed their kick.

No joy for Park in Regional semi-finals:

There was no joy for the Park in both the 13's and 15's SFAI Regional semi-finals. In a quirk of draw both sides were drawn against Aisling Annacotty from Limerick. The 15's travelled on Friday night and while they were probably the better side in the end the only goal of the game went to the Limerick side from a long range free kick after 52 minutes.

Aisling Annacotty now await the winners of Galbally United and Killarney Celtic who meet this weekend.

The 13's welcomed Aisling to Christy Leahy Park but it was the visitors that had the better of the first half to go 2-0 up. The Park did pull one back through Ciaran Kavanagh but they ran out of time to find an equaliser and force extra time.

The 13's and 15's are still in the National Cups. The 13's will travel to Waterford to take on Southend United in the Last 16 while in their Last 16 clash the 15's welcome Naas to Tralee.

Park close in on Killorglin in 13's Premier

The Daly's Supervalu 13 Premier game between The Park and Killarney Celtic was a vital one as both sides started out 6 points behind leaders Killorglin but with two games to play.

Emmanuel Manu put the Park ahead mid-way through the first half with a cracking finish. But just before the break Killarney Celtic were level from a Pdraig O'Donoghue strike. Into the second half and it was the Park that scored twice with Manu completing his hat-trick. If the Park can beat Listowel Celtic in their final League game they will force a play-off with Killorglin for the 13 Premier title.

## Y CELTIC

Premier A, Killarney Celtic 0, Listowel Celtic 3.

Our A team suffered their 3rd defeat in as many games but the team remains on course for the league final so hopefully a return to winning ways will be quick.

Premier B, Cedar Galaxy 3, Killarney Celtic 0

Our B team lost out to League leaders Cedar who are looking good for promotion to Premier A. The

B team are 5th in the table but teams below have games in hand so plenty of work to be done if the B team is to retain their Premier B status.

Youths League Killarney Celtic 6, Ballyhar 2

Ryan Kelliher (4), Jared Barton, Liam Spillane were the goalscorers in an impressive win. The team lie 2nd in their section with 3 games to go before a semi final.

U17 League, Killarney Celtic 5, Killarney Athletic 1.

Cian McMahon (2), Adam May Keane, Paul O'Sullivan, Jack McCarthy found the net in a game where we started very well with some fantastic passing and movement off the ball. We were 3 up before Athletic pulled 1 back but the team finished strongly in the 2nd half to take the points and stay top of their section.

U14 Regional Semi, Shannon Town Utd 1, Killarney Celtic 1, Celtic win on pens

Pride of place this week has to go to our u14a team who qualified for the South West Regional final after a dramatic win away to Shannon Town. Celtic started well with a good tempo but failed to get the breakthrough and it was Shannon who opened the scoring just before half time. Celtic fought their way back into the game when Jack O'Sullivan found the net after a Colin O'Callaghan cross to leave it 1-1 at full time. Extra time failed to separate the teams and so to penalties. With Shannon leading 4-3 Shay O'Meara saved their last penalty to send it to sudden death where Colin O'Callaghan sealed the win. Eoghan Crowley, Robbie Harnett, Cathal Kelly and Timmy Moynihan scored the earlier penalties. Many thanks to Shannon for their hospitality on the day.

U13 Premier St Brendan's Park 3, Killarney Celtic 1  
 Pdraig O'Donoghue got our goal in a game where the Park finished strong to claim all 3 points.

U13 Div 1, Killarney Celtic B 3, Killorglin B 2.

Joey McCarthy, Oisín Fleming, Cian Guerin got the goals in a fantastic comeback win after being 2 down. Well done to all players on the day.

U14 Girls Killarney Celtic 7, Camp 1

Aideen O'Brien (5), Tirna Murphy (2) got the goals in a game which was end to end between 2 very committed teams.

Congrats to Vishnu Mahdharan 13b and Colin O'Callaghan 14a who made the Team of the Week. Colin was named as the Boys players of the week. Congrats to Aideen O'Brien who was named in the Girls Roll of Honour and was also named as the Girls player of the week. Congrats to our boys U14a who were named as the Team of the Week. Congrats to Beaufort and Kilcummin on their recent All Ireland Club wins especially our senior players Matt Keane and Chris O'Leary.

The club was presented with the soccer award at the recent Kerry Sports Stars and Special Awards night.

## CELTIC LOTTO

Numbers drawn 1, 12, 20, 25. No jackpot winner, 2 match 3 receive €75. Next jackpot €4,000.

## Killarney Athletic AFC

### 300 CLUB MEMBER

The 300 Club Draw for January & February will take place on Saturday 23rd February.

Please return completed 300 Forms ASAP. All



support is greatly appreciated. Please contact Mike O'Shea on 087-2226185 or any committee member for forms.

#### **GIRLS UNDER 12**

The Under 12 girls team, after a heavy amount of defeats all season, entered a blitz organised by MEK and Pa Murphy. The girls played fantastically well, and whilst playing some great opposition they won their 4 matches! (1-0, 5-1, 2-0, 1-0) The excitement was palpable within the ten strong panel led by captain fantastic Miren O'Connor. Very proud of these girls who have turned out regardless of their defeats. They absolutely deserved their victories. Lucia Ibanez was

instrumental in the victories with 5 goals, Keela O'Connor with a strong 2 and Athletic stalwart Eimir Kearney scoring 2. Our keeper Lauren MacSweeney only left in 1 goal in 4 matches and made some fantastic saves. Each girl played a pivotal role. Many thanks to the band of parents that turned out to support. Finally a huge word of thanks to MEK and in particular to Pa Murphy who organised The blitz with everything running so smoothly. There was also super refreshments for parents and players. It really was a memorable day.

#### **FIXTURES**

Kerry SchoolBoys/Girls  
Saturday 16th February 2019

#### **UNDER 12 DIVISION 1**

Killarney Athletic v Camp 11.00am

#### **UNDER 14 DIVISION 1**

St Brendan's Park v Killarney Athletic 12.00 noon

#### **UNDER 16 DIVISION 1**

Fenit v Killarney Athletic 12.30pm

Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com. Please check the website on [www.killarneyathletic.com](http://www.killarneyathletic.com) or Facebook for match reports, club information and contact details.



Bye Bye Storm Eric, hello Gneeveguilla  
AC's annual St Valentines run, their first run of  
2019 at Killarney National Park.  
PICTURE: MARIE CARROLL-O'SULLIVAN

## GNEEVEGUILLA ATHLETIC CLUB St Valentines 5K run

There was a fantastic turnout for the Gneeveguilla AC St. Valentine's Day 5k run at The Demesne on Saturday last February 9th.

#### **RESULTS: Male:**

Senior Men: Mark Walsh Leevale, Declan grimes West Limerick, Patrick O' Donoghue Lucan Harriers

O35: Donal o'Sullivan Fossa, David Looney Killarney

O40 Tim O'Connor Riocht, Donal White Riocht

O45: Donal Leahy Listowel, George McCarthy FFMV

O50: Robert Purcell G/G, Ray Smith Kenmare

O55: Kevin griffin Riocht

O60: Michael Mangan SOTL, Daniel Massey Newcastlewest

O75: Jim Langan Tullamore

U23 Andrew Purcell g/G

Junior: Darragh O'Leary KV, Cathal O'Shea Caherciveen

U16: John o'Brien Killarney, Sean O'Leary KV

U14: Daniel O'Brien KV, Christy O'Brien KV

U12: Darragh cAhill Riocht, Samuel Scroope FMV

Couch To 5K: Jerh Roche Glash / Taur

Wheel Chair: Ger Daly

Visually Impaired: Ross Gallagher

#### **Female:**

Senior: Niamh Moore Leevale, Katie Maher Lucan Harriers, Carina O' Mahoney Rathmore

O35: Sarah Creedon Millstreet, Mary Barrett Riocht

O40: Marie McCarthy FFMV, Shelia Buckley Rathmore

O45: Christina Brosnan born To Run, Maggie o'Leary G/G

O50: Caroline Murphy G/G, Mary O'Connor Riocht

O55: Niamh O'Sullivan Riocht, Leonie O'Brien Killarney

O60: Majella diskin Riocht

Junior: Albhe Gammell Killarney, Sarah Louise Burke Millstreet

U16: Shauna McCarthy FFV, Saoirse Tompkins G/G

U14: Caoimhe Donovan G/G, Heather Culloty G/G

U12: Sadhbh Cahill Riocht, Aoife Donovan G/G

Couch To 5K: Ailish Breen Glash / Taur, Edel Keating Glash / Taur

Youngest Finisher: Elsie Gruchaiski

## Womens League of Ireland Friendly for Tralee

Mounthawk Park's excellent facilities have already played host to Cork City Men's team.

This Sunday at 2pm it will be the Cork City Women's team that will be in town for their Women's League of Ireland pre-season friendly. They will take on fellow Lol side Limerick FC Women. Both clubs had Kerry players on

their squads last season with Player of Year Savannah McCarthy and Hannah O'Donoghue playing with Cork and Rebecca Horgan on the Limerick FC team.

It will be interesting to see if this trio or any new players from the county will feature in the game.

Following the game there will be a coaching session for Kerry's Girls ETP players which is open to all to come along and watch. Come along and see some of the country's top women's soccer player in action in Mounthawk Park from 2pm on Sunday February 17th.



# COMING SOON....

## Kerry Newsfeed

NEWS



22ND JANUARY 2019  
**Abbeidorney company wins tenderer for national meter replacement programme**



21ST JANUARY 2019  
**Kerry woman goes on a €22,000 Winning Streak**



21ST JANUARY 2019  
**Beidh Aonach Amárach - West Kerry Agricultural Show.**



21ST JANUARY 2019  
**Fexco appoints Gerry Hastings to head new aviation business**



21ST JANUARY 2019  
**Fáilte Ireland ramps up Brexit preparations with a €5 million investment to support tourism businesses**



### LATEST NEWS



**Abbeydorney company wins tenderer for national meter replacement programme**

22nd January 2019 - 6:17 pm

Key contracts awarded for next generation electricity network. ESB Networks has announced that TSI Group has won the smart metering contracts which will pave the way for electricity meters to be replaced with a...



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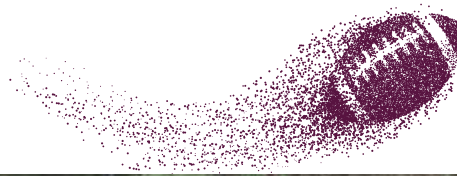
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# Disappointment for Killarney in Limerick



Killarney travelled to the U.L. 3G complex on Sunday the 10th knowing that a victory would secure a home quarter final in the Munster Cup as group winners. Until the very last play of this incredible game their fate was in their own hands, however tragically it was not to be as they failed to capitalize on some gilt edged chances in the closing phases. Nenagh Ormond started in whirlwind fashion imposing their superior size and exhibiting excellent link play. Killarney unfortunately were forced to start without three of their starting backline and the new combinations struggled at first to step up in defence. By the 8th minute a rout looked on the cards as Nenagh had already crossed for two tries on either wing following impressive handling and recycling. Both conversions were nailed leaving the score at 14\_0.

Other teams would have folded their tents at this stage but remarkably Killarney got their act together and rallied. Padraic Talbot and John McCarthy got to grips with the Nenagh forwards, and the half backs Peter Walsh and Donnchadh Grealy began to gain ground with astute kicking. Following a period of sustained forward pressure Brendy O Donoghue crashed over for a confidence restoring try for Killarney. With greater self belief the visitors pressed. Following a well worked line out win out half Donnchadh Grealy broke through the defensive cover and found Thomas Clifford who streaked away to touch down. Suddenly this game was a tight, compelling, uncompromising arm wrestle. Both teams probed but were unable to capitalize and the half time score was 14\_10 to Nenagh.

Killarney enjoyed a lot of territorial advantage at the start of the second half. Gradually the new backline began to synchronize and move ball wide. Mikey Moriarty was performing well at fullback. The line out functioned fluently with John McCarthy and Darren Cronin garnering possession. It looked as though Killarney had scored when a 30 yard rumbling maul got over



the line but unfortunately Brendy O Donoghue was penalized for a double-movement. Nenagh however were composed in defensive mode. They had a luxury of exit options either from the boot of their outhalf or from the crash ball dynamics of their centre's. Nenagh struck a killer blow 12 minutes into the half when they strung some impressive plays together and found soft shoulders in the retreating defence to touchdown. The try left the score at 19\_10. Again in defiant response Killarney raised their attacking game in search of a score. Jack Kenneally, Padraig Talbot, and Tomas Clifford all came close to the try line during a period of dominance. Following a break in play the reward duly arrived following a clean break through centrefield from scrum half Peter Walsh. The ball was recycled and moved through hands before Dan Twomey scored in the corner. High drama ensued as Killarney now pressed for a winning try. The tactic of moving no8 Padraic Talbot to center from attacking scrums worked once more when he sucked in the defence and passed to Tomas Cronin.

Agonizingly his forward chip bounced into touch when a try seemed inevitable. Killarney finished the game running a last play penalty into a desperate Nenagh rear guard but could not unlock the defiant defence. The final score was 19\_15 to Nenagh.

Killarney sadly lost their route into the Cup playoffs after this defeat. From the outset this competitive group was going down to the wire and although winning 3 from 5 games (and defeating group winners Clonmel) we now enter the Development Cup. On the day the team showed incredible resolve and courage and although bruised and disappointed can hold their heads high.

Front row Adam Cronin, Czugengis Koyun, Rob Nealon. 2nd row Bailey O Sullivan, Darren Cronin, (Shane McAllister 2nd half). Back row John McCarthy, Brendy O Donoghue, Padraig Talbot.

Backs :Peter Walsh, Donnchadh Grealy, Thomas Clifford, Jack Kenneally, Dan Twomey, Cormac Rowe and Mikey Moriarty..





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# Boxing course begins in Killarney

**A**N intensive and exciting six week course focusing on the fundamentals of boxing will commence at The Peak Performance Academy at The Deerpark Retail Park, Killarney, in the coming weeks. Sneem native Darragh Keogh will direct the course and he brings a wealth of experience following a successful amateur boxing career over the past decade as well as holding a degree in Sports Science and being a qualified personal trainer. Participants must be over 18 and is open to males and females and will present great workout opportunities for anyone interested in keeping fit, learning new training skills and enjoying themselves. Previous experience in combat training is an advantage but not a necessity. The course will concentrate on various boxing techniques including the proper boxing stance and how to remain balanced in any position as well as effective

boxing combinations which can be referred to at any time of combat, along with feints and tricks along the way. Killarney based Course Director Darragh Keogh has gained extensive experience on the amateur boxing circuit in Australia over the past number of years. He has won several titles, including victories over notable commonwealth games fighters to be crowned the Australian Gold Coast champion and North Queensland champion in 2018. Darragh was also a sponsored athlete of the Queensland Academy of Sport (QAS) elite performance program. As well as undergoing an intensive training regime here, one of his other roles was actively engaging in school visits addressing students in an effort to inspire and motivate Queensland's youth to live an active and healthy lifestyle and to encourage participation in sport. He graduated with a



Sports Science degree from Griffith University, Queensland, and also completed a personal training certificate course and possesses excellent background knowledge of strength and conditioning, fitness regimes and nutrition protocols. He has gained vast experience in instructing technical and fitness based boxing sessions for all ages coaching several athletes at PCYC Ashmore Boxing Club. He also enhanced his strength and conditioning training knowledge through a work placement experience with The Brisbane Roar Football Club where he worked with professional players and their coaches. Places are limited at the fundamentals of boxing course which will take place

on Thursday nights. The spacious gym and facilities at The Peak Performance Academy is well equipped with several boxing punch bags, hand pads and gloves and the new boxing course is an exciting addition to other excellent training programmes and fitness classes that take place there under the guidance of Bobby Enright. The boxing course fee the six week duration is just 50 Euro. Bookings can be made by contacting Darragh at 087 2470632 or [darragh.keogh@griffithuni.edu.au](mailto:darragh.keogh@griffithuni.edu.au) or calling to The Peak Performance Academy which is located behind Tesco at The Deerpark Retail Park, Killarney.

## OUTLOOK BASKETBALL

### National League Basketball Division One

## SCOTTS LAKERS HOME GAME

*Eamonn Keogh*

**S**SCOTTS Lakers are at home in Killarney Sports Centre on this Saturday February 16th against Dublin Lions.

The sides clashed in the national cup last October in Dublin with the Lakers enjoying a 92-78 victory.

Sean O'Brien and Papito Hersisia combined for 52 points in that clash and will need to be at their best again this weekend against the visitors, who are in second place in the northern conference with a 13-5 winning record. Scotts Lakers coach Cormac O'Donoghue will also be looking for big performances from team captain Mark Greene, Dailian Mason, Andrew Fitzgerald, Seamus Brosnan, Cian Clernon and

Marko Bencic

The Dublin side have some quality players in American Conroy Baltimore, Garrett Collins, Muhammad Sabic, Tomasz Swiatowy, Finn Hughes, Tiernan Howe and Igor Markiewicz.

Following the late cancellation and subsequent walkover from Donegal recently this will be Scotts Lakers first match in four weeks.

Despite an extensive fixture list and an exceptionally long season, The Lakers have only played two games since December 15th and these were comprehensive victories over Galway Titans and Ulster Elks. The next few weeks will involve a much busier schedule with a visit to Dublin on February 23rd to face league leaders DBS Eanna the most difficult task. Depending on how results go, Scotts

Lakers may be playing until April 14th, which is far too late to finish a season that commenced on September 8th.

Scotts Lakers remain in second place in the southern conference with a 16-3 record behind leaders Ballincollig, who have a 18-2 record. The northern conference is led by DBS Eanna who enjoy a 18-0 unbeaten record.

With only a few home games remaining this season, basketball fans are encouraged to come and support the team in their bid make an impact on the destination of the division one title.

Tip-off in Killarney Sports Centre this Saturday night is at 7.30 P.M.



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In mid August the South Walton Turtle Watch uploaded a harrowing post to Facebook. The sad pictures and caption revealed that a critically endangered Kemp's ridley sea turtle — the rarest of all sea turtles — had perished. The reason why? It had been trapped in a bar stool on a beach in Florida and had died a slow and torturous death.

\*If you're strolling along the beach at any time and you see any kind of rubbish, please pick it up. You — and every human — have a responsibility to keep the planet clean for all species to thrive. By doing your part, you prevent an innocent animal from ingesting plastic debris or getting caught in items, such as a barstool.

\*There is no reason for you to stay silent about a cause you care about. Tactfully share news like this to spread awareness. If every person makes it their personal mission to protect the environment and wildlife, the world we share will be a much different one in just a matter of years. If you agree, please spread this news.

## HANDY HINTS

\* Use a piece of bread to pick up the fragments of broken glass.

\* Dab chewing gum in childrens hair with a cloth soaked with eucalyptus oil. Gum should come out without tears.

\* Relax your eyes at regular intervals when reading or using a computer by taking 5-minute breaks, or focusing at a distance of 5 yards away.

\* To keep Fridges and Freezers smelling fresh, sprinkle a few drops of vanilla extract onto a damp cloth and wipe the interior walls and shelves. To dispel odours, place a small container of baking soda inside the fridge.

\* To clean the iron soleplate, wipe it with a cloth soaked in cold tea. This will remove stains immediately.

## INTERNATIONAL SQUABBLES HAVE STOPPED A ONCE-MIGHTY CHICKEN FOOT TRADE

Korea, the Philippines, Vietnam, and many other countries all have their own classic preparations of chicken feet (the part of the



leg the chicken stands on)and in China chicken feet are eaten everywhere from formal banquet halls to hole-in-the-wall lunch counters.

About 400,000 metric tons per year of China's chicken feet once came from the world's biggest chicken producer: the United States. But despite the massive demand, fraught international trade politics means that the epic flow of chicken feet to China has slowed to a trickle.

Most recipes combine two or more cooking methods to fully tenderize the tough skin and tendons. They can be served hot or cold, spicy or mild, in soups and stews or on their own are often shrink-wrapped in plastic for convenience.

Chinese people are also eat chicken feet for their health benefits. The collagen-rich snack is said to be good for the skin. Since they're often served cold, the demand rises sharply in the warmer months of the year, between April and October. Chicken feet are eaten so frequently that they're often more expensive than actual chicken meat and the domestic poultry industry can't keep up with demand.

## ON THIS DATE - FEBRUARY 15TH

1906 - British Labour Party founded.

1918 - Estonia, Latvia and Lithuania adopted the Gregorian calendar.

1926 - Contract air mail service began in the US.

1936 - Adolf Hitler announced construction of the Volkswagen Beetle.

1950 - Walt Disney's animated film "Cinderella" premiered in Boston.

1950 - The Canadian Government lifted the last wartime price controls on goods; brought in during World War II.

1965 - Following a two-year debate and a Royal Proclamation by Queen Elizabeth II of England, The Maple Leaf Flag was adopted as the Canadian national flag and raised above Parliament Hill in Ottawa, the capital of Canada.

1971 - The Republic of Ireland switched to decimal currency.

1977 - The Canadian Citizenship Act, passed in

1976, came into effect, children born abroad on or after that date are automatically citizens if either parent was a Canadian citizen at the time of birth.

1982 - Eighty-four men were killed when a huge oil-drilling rig, the Ocean Ranger, sank off the coast of Newfoundland during a fierce storm.

## THIS WOMAN CERTAINLY KEPT HER NEW YEAR RESOLUTIONS

70-year-old Pat Smith spent all of 2018 on Devon and Cornwall's most iconic beaches each week, armed with bin bags, rubber gloves and a litter picker. She travelled without fail from one end of the South West to the other, collecting litter in the beauty spots. She even spent her Christmas day picking up plastic bottles and fishing gear on Trevone Beach.

"Doing 52 beach cleans in 2018 was my New Year's Resolution and it's finally done," said Ms. Smith at the end of December, but I won't stop, as our beaches need me. I'm driven to try and protect our living planet for my children and grandchildren and I will continue to do everything in my power to achieve that."

Ms. Smith is the founder of the environmental campaign group Final Straw Cornwall. During her year-long cleanup, she was often joined by other campaigners and volunteers who were determined to help her tidy up beach rubbish – but on some occasions, people used mistake her for someone sentenced to doing community service. Ms. Smith, who is a Grandmother and also runs a bed and breakfast in St. Austell, Cornwall, hopes that her efforts will help people to be more aware of their plastic consumption and recycling habits. "A lot of the rubbish I have picked up consists of everyday items. These things are used by all of us and it is shocking to find them polluting our beautiful beaches," she said. She appealed to everyone to "Please try to be more thoughtful during this year."



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\*\*\*\* No More than 20 words \*\*\*\* DEADLINE IS WEDNESDAY AT 5pm Call: 064 6670000 | Email: killarneyoutlook@outlookmags.com

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## BUSINESS

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ED 6, 2019

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### HOW TO BECOME MORE HEALTHY

grounded, peaceful, aware, able to stand up for yourself and deal with stress, attain more mental strength and clarity as well as a zest for life.


Tai Chi Chuan- Internal martial art. 12 Week Course for Beginners

Thursday 31st January 2019 from 8.30pm -10pm. Gleneagle hotel, Killarney. Fee: €300.00 with a 10% discount before 26th January.

**Teacher: Sifu Joan Browne- 087 1212249**

**Sifujoan@gmail.com | www.chikung.ie**





## Gardening

with Killarney Outlook

by John O'Sullivan

### FOCUS ON

#### FOCUS ON HEDGING

Hedges can make a much more natural background to a garden than a wall or a fence. They can provide shelter and are cheaper and require a small amount of maintenance. Because a hedge allows the wind to filter through, it reduces its velocity. Tall or low growing, clipped or informal, there is a hedging plant for every purpose. One thing to remember about a hedge is that it is intended to be a permanent feature in the garden so therefore should be chosen with care and planted in well prepared soil. To choose the right hedge for your garden here are a few pointers to think about. The type of soil you have. How exposed the garden is, i.e. what direction is it facing? The eventual height and width the hedge will be. Does it need to be evergreen? When you have chosen the type of hedge that you want, it's time to prepare the soil. Start prepping the soil by digging thoroughly and forking in some well rotted farmyard manure. Hedges can be planted all year round but the ideal time is between November and March as all hedging plants will be dormant at this time. What that means is that when you go to buy your hedging plants they are lifted straight from the ground and are called bare-rooted hedging. This enables you to replant straight back into the ground when you get them home. Just make sure that when planting that the roots are spread out well as this will encourage them to root quickly when the growing season starts. If you have missed the bare rooted season at the end of March you can plant container grown hedging all year round.

**JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.**

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ED 10, 2019

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## PLAN FOR SUCCESS

Planning ahead, in whatever task we do, can help smooth the way and prevent problems from arising later on. Confucius, the Chinese philosopher rightly said, "A man who does not plan long ahead will find trouble at his door." It is said that "Planning is bringing the future into the present so that you can do something about it now." Chances are, if you speak to anyone who has been successful they will tell you that planning ahead was a vital ingredient in their formula for success.

Planning ahead can be a very effective way to stay on top of things and not get too stressed. Feeling in control of your life is the foundation of stress management – and whilst we can't control for everything – planning ahead helps us to achieve a balanced life – with time for work, relationships, relaxation and fun.

Planning ahead can enhance our performance, make us more productive and ultimately help us to become more effective in what we do. Mark Sanborn – a writer in this field - claims that "Thorough preparation creates tremendous performances." Planning ahead helps us to be proactive rather than reactive – and take the right course of action when faced with difficulties and challenges. We can also save money by planning ahead – as tickets can often be cheaper when bought early on and cheap deals usually book up in advance.

Of course, we don't just make a plan and leave it at that. Effective plans need to be reviewed and updated regularly. Our plans evolve over time – and can help us to stay on course and get to our destination. Now might be a good time to begin to plan ahead (or review your current plan). This may be for the new school term, for Christmas, a holiday next year or maybe a career change. Whatever your goal is - follow these golden rules of planning and watch your plan fall into place:

- Know where you're going – what are you aiming for?
- Set specific goals, tasks and intentions
- Create measurable milestones
- Break down large tasks into smaller more manageable chunks
- Set timeframes and deadlines
- Create a visual representation of your plan
- Set daily actions to help accomplish your task
- Stick with your plan and don't give up
- Revise & update if necessary
- Realise your goal.

Many of us harbour limiting beliefs and negative habits which block us from success. In next week's issue we will address the skill, tools and discipline needed to overcome our psychological barriers to success.

**SouthWest Counselling Centre, Killarney** provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie

**Kerry LifeLine** provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com

To make an appointment call: 064 6636416/064 6636100  
SouthWest Counselling Centre is a not-for-profit organization.  
All funds raised through fundraising go directly to service provision.





## A Word of Victory



Welcome back dear reader the Lord is calling His people all over the earth especially those who are in Covenant with Him and bring sacrifices before Him. God says He doesn't need our sacrifices – the only sacrifice that means anything to Him from us is thanksgiving and obedience. "Make thankfulness your sacrifice to God...keep the vows you made to the Most High, then call on Me when you are in trouble and I will rescue you and you will give Me the glory" (Psalm 50:14-15). There is a blessing attached to a grateful obedient heart - the promise of deliverance from trouble by the Lord Himself. Trouble comes to everyone, and it comes from the devil and his demons not from God. In Ephesians chapter 6:10-18 the Lord warns us to be clothed in His armour so that in the day of trouble we will be able to stand, and come out of every attack victorious through God's mighty Power. This 'standing' position we are to assume is not a complacent or a passive stand, but rather a proactive, watchful stance like a soldier ready for battle (Psalm 18). The key is though, that the battle is not ours but the Lord's! (Exodus 14:13; Psalm 46) As we study His Word and learn the authority and power that we have in the Name of Jesus, we will overcome every sickness, turmoil, lack, or any other pressure that comes against us - all because of what Jesus did for us on the Cross (1st Peter 2:24). God wrote the New Covenant of mercy, righteousness and peace in the Blood of His Son Jesus for us. Jesus took the penalty for our sins because we could never pay for them. That is why in Psalm 50 God says He has no need of useless sacrifices, especially from people who pretend to obey Him, yet live in wickedness. The only sacrifice that God notes is the one-time sacrifice that Jesus made to cleanse us from sin (Hebrews 10:10-19). We please God when we offer the sacrifice of praise and thanksgiving to Him; by confessing Jesus as Lord and Saviour, and by loving others (Hebrews 13:15-16). God's Word repeatedly says that a time of shaking and judgement will come upon the earth all of a sudden. He warns people who think that just because He has remained silent while they've sinned and disobeyed Him to not think that they will get away with it, and to repent before it's too late. He is serious friend – God is our Judge! (Hebrews 12:24-29)

See more on [wordofvictory.net](http://wordofvictory.net)

More next week...

@WOVKillarney

E: wovkillarney@gmail.com - T: 064-6622950 - [wordofvictory.net](http://wordofvictory.net)

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## NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.  
X

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Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.  
X

## NOVENA TO ST JUDE

May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever.  
Sacred Heart of Jesus, please pray for us.  
Saint Jude, worker of miracles, please pray for us.  
Saint Jude, helper of the hopeless, please pray for us.  
Say this prayer nine times daily and by the end of the 8th day your prayers will be answered.  
Say it for nine days, publication must be promised.  
It has never been known to fail.  
X

## PRAYER TO ST. ANTHONY

Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

## POWERFUL NOVENA TO THE SACRED HEART

O Divine Jesus, who said,  
"Ask and you shall receive",  
I kneel at your feet.  
From whom shall I ask if not from you,  
whose heart is the source of all blessings.  
With a lively faith in you,  
I come to ask...  
Share your petitions silently with the Sacred Heart. I admit I am most unworthy of your favours, Jesus, but this is not a reason for me to be discouraged.  
You are the God of mercies and you will not refuse a contrite heart. Look with pity on me,  
I beg you, and your compassionate Heart will find in my weakness a motive for granting my request.  
Most Sacred Heart of Jesus,  
have mercy on me. A.N.

## GRATEFUL THANKS

Sacred Heart of Jesus. Our Lady St Martin De Porres. St Padre Pio. Divine Mercy. St Faustina, St Michael the Archangel, St Peregrine. For Health favours received.  
Brid

## NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. M.C.

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
X

## NOVENA TO ST. ANTHONY

The Saint of Miracles O holy St. Anthony, gentlest of saints, your love for God and charity for your neighbour made you worthy when on earth to possess miraculous powers. Miracles waited on your world which you were ever ready to speak for those in trouble and anxiety. Encouraged by this thought I implore of you to obtain for me my request...(mention request). The answer to my prayer may require a miracle. Even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, intercede for me and the gratitude of my heart will ever be yours. Amen.

## 5TH ANNIVERSARY

IN LOVING MEMORY OF

## BRENDAN O'LEARY



MASTERGEEHA, LYREATOUGH,  
KILCUMMIN, KILLARNEY.  
DIED 18TH FEBRUARY 2014

*Today like any other day  
Brings special thoughts of you  
Of happy times we shared  
And the caring things you used to do  
And once more it's a reminder  
That life's road is sometimes rough  
Because the time we shared  
just wasn't long enough.  
For you were someone special  
Who was thought so highly of.  
Who will always be remembered with  
Affection, warmth and love.  
Just sending thoughts to heaven  
On the day you went away, and hope you know  
You're missed more than words could even say.*

SO DEARLY LOVED AND SO  
SADLY MISSED  
BY YOUR LOVING WIFE UNA.

Anniversary Mass on Saturday 16th  
February in Our Lady of Lourdes  
Church Kilcummin at 7.30pm.

## PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr,  
You who quickly brings things to pass  
You who never delays, I come to you in need:  
(Clearly express what you want and ask him to find a way to get it to you)  
Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise)  
Be quick. Saint Expedite!  
Grant my wish before your candle burns out and I will glorify your name  
Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion.  
For anyone in need say this prayer and your request will be granted. Thank you for favours received. Amen. X



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