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KILLARNEY Outlook

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THE HEIGHTS HOTEL KILLARNEY TAKE THE ALL-IRELAND GREAT CARVERY OF THE YEAR FOR THE 2ND YEAR IN A ROW



Pictured winners - Great Carvery Hotel of the Year: The Heights Hotel, Killarney, Co. Kerry.
L to R: Jim Reeves, Customer Director Ireland at Unilever Food Solutions, Bernard O'Riordan, Noreen O'Leary, International rugby referee Nigel Owens, Collette Andre and Ivor Woods, The Heights Hotel.

The Heights Hotel in Killarney, Co. Kerry have been named as the best hotel in the country to serve carvery in this year's KNORR Great Carvery of the Year competition.

This is the 2nd year running that the Heights Hotel have won not only the Munster title but the all-Ireland Title.

The winners were unveiled by Welsh international rugby referee Nigel Owens at the KNORR Great Carvery of the Year Grand Final at the Herbert Park Hotel in Dublin.

Noreen O'Leary General Manager of the Heights Hotel said "we are absolutely delighted to have received this prestigious award for the second year in a row and we would like to pay special tribute to our wonderful staff and loyal customers who have been an integral part of this success story"

Launched in 2010 by Unilever Food Solutions Ireland, KNORR Great Carvery of the Year is an all-island search for Ireland's best pub and hotel carvery. "We would like to thank The Heights Hotel

in Killarney in offering the best carvery in the country. Winning the award is much more than just a well-deserved nod for the hard work and dedication it takes to operate at the highest level in our industry, it is a reflection of the appreciation shown by customers as the public also has a say in deciding who goes through to the competition."

For more details see: www.greatcarvery.com

T: 064 66 31158 www.killarneyheights.ie

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Friday 14th - Thurs 20th Oct 2016

 MISS SAIGON SUNDAY 7:00 195 mins	 TROLLS Sat/Sun 12:15 2:15 4:15 105 mins
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KERRY FILM FESTIVAL Wednesday 19th / Thursday 20th
Full schedule and booking www.kerryfilmfestival.com

 THE GIRL ON THE TRAIN 7 DAYS 6:30 9:00 120 mins	 STORKS Sat/Sun 7 DAYS 12:15 2:15 4:15 100 mins
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ALSO SHOWING

- FINDING DORY 110m SAT/SUN 12:15 2:15
- BFG 120m SAT/SUN 2:10
- BRIDGET JONES BABY 115m 7 DAYS 6:20 8:55 SAT/SUN 4:15
- DEEPWATER HORIZON 120m 7 DAYS 6:45 9:00
- THE MAGNIFICENT 7 115m FRI/SAT MON/TUE 6:35 8:55 WED/THUR 6:20
- MISS SAIGON 195m SUNDAY 7:00
- THE YOUNG OFFENDERS 95m 7 DAYS 9:05 SAT/SUN 4:15
- THE GIRL ON THE TRAIN 120m 7 DAYS 6:30 9:00
- KUBO and the TWO STRINGS 120m SAT/SUN 2:15 4:15

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FROM HOLLYWOOD TO HOME FOR MICHAEL FASSBENDER

From the glitz and glamour of Hollywood to the warm embrace of the town he calls home, Michael Fassbender has been honoured in Killarney with the greatest accolade the town he grew up in can bestow.

Fassbender has been inducted into the Order of Innisfallen in recognition of his remarkable achievements in the film industry, which has seen him nominated for Academy Awards, Golden Globes and BAFTAs. And in the process, he availed of every opportunity to promote Killarney on an international scale. The 39-year-old actor was honoured by the town's Chamber of Tourism and Commerce and Kerry County Council at a reception at Muckross House in Killarney National Park on Friday evening and, later, at a gala black tie ball in the five-star Europe Hotel and Resort. He was accompanied on the night by stunning screen star and Oscar winner Alicia Vikander and his Killarney based parents, Josef and Adele.



HOLLYWOOD ACTOR MICHAEL FASSBENDER WAS HONOURED IN HIS HOME TOWN OF KILLARNEY, ON FRIDAY EVENING, FOR HIS ACHIEVEMENTS IN THE FILM INDUSTRY. THE IRISH PERFORMER WAS INDUCTED TO THE ORDER OF INNISFALLEN, AT MUCKROSS HOUSE, KILLARNEY, WHICH RECOGNISES CONTRIBUTIONS MADE TO THE AREA'S ECONOMY BY PEOPLE FROM OUTSIDE KILLARNEY, MAYOR OF KILLARNEY MUNICIPAL DISTRICT CLLR BRENDAN CRONIN, HOLLYWOOD ACTOR, ALICIA VIKANDER, KILLARNEY TOWN MANAGER ANGELA McALLEN, PRESIDENT KILLARNEY CHAMBER OF TOURISM AND COMMERCE KATE O'LEARY, TOURISM EXECUTIVE KERRY COUNTY COUNCIL, JOAN MCCARTHY. PHOTO: VALERIE O'SULLIVAN.



MICHAEL FASSBENDER WITH HIS PARENTS, ADELE AND JOSEF FASSBENDER AND HOLLYWOOD ACTOR ALICIA VIKANDER, AT THE KILLARNEY CHAMBER OF TOURISM AND COMMERCE, GALA BLACK-TIE BALL, AT THE EUROPE HOTEL AND RESORT, KILLARNEY. PHOTO: VALERIE O'SULLIVAN.

Michael's family home is in Fossa, on the outskirts of Killarney town. He was once an altar boy at the nearby Prince of Peace Church in Fossa and he attended the local national school before going on to St Brendan's College and, later, successfully chasing his dream to become one of the world's most in-demand actors.

He has starred in such blockbusters as 12 Years A Slave, Hunger, Steve Jobs, Prometheus, Frank, Shame, MacBeth and Jane Eyre and he has just completed Assassin's Creed.



HOLLYWOOD ACTOR MICHAEL FASSBENDER WAS HONOURED IN HIS HOME TOWN OF KILLARNEY, ON FRIDAY EVENING, FOR HIS ACHIEVEMENTS IN THE FILM INDUSTRY. CHAIRMAN MUCKROSS HOUSE TRUSTEE, RORY D'ARCY, PRESENTING TO MICHAEL FASSBENDER, WITH ALICIA VIKANDER, REGIONAL MANAGER NPWS, PAT DAWSON, VICE CHAIRMAN MUCKROSS HOUSE TRUSTEES GERALDINE ROSNEY, MUCKROSS HOUSE MANAGER DENIS REIDY. PHOTO: VALERIE O'SULLIVAN.

The Order of Innisfallen award is presented annually to people who have made a significant contribution to the economy of Killarney. The presentation was made by Killarney Chamber of Tourism and Commerce President, Kate O'Leary, and Mayor of Killarney, CLlr Brendan Cronin.

Indeed the Mayor during his speech was happy to claim to having something in common with the two time Oscar nominee

"Unlike Michael, I never made it myself in the acting world, but we do have one very important thing in common – we are both former students of St Brendan's College here in Killarney. The 'Sem' has produced many famous graduates over the years and probably none more so than Michael Fassbender."

Mayor Cronin went on to add "In achieving what he has on the world stage, Michael Fassbender has brought significant international profile to Killarney and Fossa in particular. He is regularly referred to in the media as 'Irish actor' or 'Killarney actor' or even 'Fossa actor' and such references only serve to further raise the profile of our beautiful town and our beautiful county on the international stage. Fossa in particular is particularly proud of its native son. I recall that whenever Michael

has been nominated for an award that the flags and signs go up in Fossa wishing Michael well, particularly with large signs opposite the Golden Nugget pub wishing Michael all the best.

Despite his international stardom, Michael Fassbender has never denied or shied away from his roots in Kerry. He has retained his links with Killarney and is a regular visitor to the town.

Previous recipients of award the include singer Daniel O'Donnell who attracts thousands of fans to his concerts in Killarney every year, Isolde Liebherr whose family has been a premier employer in Killarney for decades, Margaret Cahill, the former head of Tourism Ireland Europe and Brian Stack of CIE Tours International.

The Cairde Chill Airne Order of Innisfallen awards scheme is a joint initiative between Killarney Chamber of Tourism and Commerce and Kerry County Council which was established in 2005 to recognise outstanding contributions of many great people to the economic development of the town and its tourism industry.



HOLLYWOOD ACTOR MICHAEL FASSBENDER WITH BEST FRIEND AND MENTOR, DONIE COURTNEY AND FAMILY, ADELINE, FILA AND JONAH COURTNEY. PHOTO: VALERIE O'SULLIVAN.

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RING OF KERRY CHARITY CYCLE RAISES €1,737,700

On July 2nd almost 11,000 fundraisers from all corners of Ireland and beyond set out along the beautiful Ring of Kerry with one shared goal – to raise money for many deserving local charities. Fundraisers, supporters, organisers and charities alike are delighted to reveal that a staggering €1,737,700 was raised and this was divided amongst 47 local charities. Every year this event brings people together in an incredible act of generosity and this year is no different. Speaking with the Killarney Outlook Cathal Walshe PRO for the Ring of Kerry said “We are delighted to have raised such a huge amount again for such deserving local charities. This year more than 45 local charities will benefit from the generosity of our fundraisers and we couldn’t be more proud of that. The charities involved do incredible work all year round in our community and it’s a huge honour to be



ENJOYING THE RING OF KERRY DINNER DANCE AT THE GLENEAGLE HOTEL WERE L-R GARY & MAUREEN MCCORMICK, DENIS & MARIE O'CARROLL, BISHOP RAYMOND BROWNE & SEANIE O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING THE RING OF KERRY DINNER DANCE AT THE GLENEAGLE HOTEL WERE L-R CATHY O'DONOVAN, EITHNE O'LEARY & ANNE MARIE LYNCH. PICTURE MARIE CARROLL-O'SULLIVAN.

able to support them in this way once a year. It is always really special to see volunteers from the charities helping out on the day in July, thanking the fundraisers as they complete their journey. Special thanks must go the hundreds of volunteers who give their time to make the cycle happen. 12 months of planning goes into organising and managing the cycle and this is done by a voluntary committee. Thanks must also go to our fantastic partners and sponsors Supervalu, SKODA, The Kerryman, Nature Valley, Bon Secures Hospital, and the Killarney Chamber of Tourism & Commerce. With their support most of the running costs are covered.” The ten nominated Kerry based charities that will benefit from the money raised are; Aras Mhuire Nursing Home, Derrynane Inshore

Rescue, Irish Kidney Association (Kerry branch), Pieta House: Suicide and Self Harm Crisis Centre (Kerry branch), Recovery Haven Kerry, South West Counselling Services Killarney, St Francis Special School, St Joseph's Nursing Home, Killorglin, St Ita's and St Joseph's Post Primary Special School in Tralee and Talbot Grove. Three second tier charities received €10,000 with 34 additional charities receiving €2,000 each.

“Everyone associated with the cycle are delighted and proud that the 2016 Ring of Kerry Charity Cycle has been such an amazing success. A huge thank you to everyone who fundraised and we hope to see you again in 2017. The planning has begun.” Cathal concluded.



PICTURED AT THE GLENEAGLE HOTEL FOR THE RING OF KERRY DINNER DANCE WERE L-R EILEEN O'SHEA, CLAIRE O'SHEA & MAURA LONG. PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT THE GLENEAGLE FOR THE RING DINNER DANCE WERE L-R DONAL MANGAN, SR HELEN, ST. JOSEPH'S KILLORGLIN & MARGARET MANGAN. PICTURE MARIE CARROLL-O'SULLIVAN.

SIGNIFICANT DELAYS AT UNIVERSITY HOSPITAL KERRY

University Hospital Kerry is reporting an increased level of activity and the hospital is advising that non-urgent patients may now experience significant delays.

Hospital management are requesting that, where appropriate, the public contact their

GP in the first instance and explore all other options available to them prior to attending the Emergency Department if their needs are not urgent. The hospital would also like to take this opportunity to assure the public and service users that every effort is being made to address this situation. Patient care is paramount in UHK

and the situation is being managed as a priority and reviewed on an ongoing basis.

The HSE South/South West Hospital Group and University Hospital Kerry wish to acknowledge the ongoing hard work and dedication of all staff during this particularly busy time.

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KILLARNEY GETS SET TO GLOW

Scheduled for Saturday, 22nd October at 7pm at Killarney Racecourse – the Kerry Glow Neon Run is an amazing fun event. You can run or walk the 5k course, whichever you prefer but most find it hard to resist having a little dance at some point.

It's a chance to do something together with your family and friends that will never be forgotten. The Glow Neon Run provides participants with an entertaining way to get healthy and have fun.

The Glow Neon Run is suitable for every age group and proves extremely popular with the younger family members.

It's a fun event, and is totally non-competitive. Each course has been deliberately chosen for its suitability for all entrants, so they are all easy routes, approx. 4-5km and are designed to light up the night with several UV black light glow-zones, upbeat music, and neon participants who are dressed up and ready to have fun.



THE KERRY GLOW NEON RUN WILL TAKE PLACE AT THE KILLARNEY RACECOURSE ON SATURDAY OCTOBER THE 22ND AT 7PM.

This run is definitely more about fun than speed! So grab those neon colours and glow sticks and head on down to your nearest event! Have a great time, and dance your way to the

finish.

Online registration is now open at www.eventbrite.ie/e/glow-neon-run-kerry-tickets-271

NEW DATE FOR QUIZ AND AUCTION



KATE O'LEARY, PRESIDENT OF THE KILLARNEY CHAMBER OF COMMERCE PICTURED ON MARKET LANE WITH HER SLEEPING BAG WHICH SHE WILL TAKE TO THE STREETS OF DUBLIN IN OCTOBER TO RAISE AWARENESS OF "HOMELESSNESS IN IRELAND" FOR FOCUS IRELAND. PICTURE MARIE CARROLL-O'SULLIVAN

A bumper table quiz and charity auction has

been planned to help in a fundraising initiative planned by two well-known Killarney business people.

The date of the event has been changed due to unforeseen circumstances and it will now take place in The Laurels Lounge on Wednesday, October 19 at 8.30pm sharp.

Killarney Chamber of Tourism and Commerce President, Kate O'Leary, and Cllr Niall Kelleher will both spend a night sleeping out to help raise funds and awareness of the homelessness crisis that is sweeping the country.

Their involvement is part of Focus Ireland campaign which will see prominent business interests and public representatives sleeping out in either Cork or Dublin on October 21 to shine a light on the homelessness crisis.

They have both set a target of raising at least

€5,000 for the cause and, to help them achieve that goal, they will host the fun quiz and auction.

In addition to some great prize for the winners, there will also be a super auction at which a number of valuable and impressive prizes will come under the auctioneer's gavel.

"Family homelessness has reached historic proportions in Ireland with more than 2,100 children living in emergency homeless accommodation, often unable to get to school, rarely getting a home-cooked meal and sinking into darkness.

"I don't want to accept this as today's landscape so I'm joining my peers to make a difference," Cllr Kelleher said.

EDUCATE.IE IS HUMBLLED BY ITS SUCCESS

Another successful year of selling schoolbooks comes to a close for Educate.ie. The Castleisland based company is going from strength to strength since its foundation in 2009. Speaking to Tony Walsh MD of Educate.ie yesterday "The company started off selling past exam papers. The next logical step was to branch out into text books."

Educate.ie has hit the ground running. "We are producing high quality school books at affordable prices. Educate.ie now have text books in almost every school in Ireland. Our best is in Wexford where we have eleven text books in one school. In primary schools, our Just Handwriting and Just Phonics series have

sold extremely well. Our best friends have been Kerry teachers who have 'emigrated' to every county in Ireland. They have opened many a door for the company. I would like to thank the teachers who have written our books and the schools who have book listed them. I am also extremely proud of my hardworking team of editors, designers and sales people for their hard work and dedication.

I would also like to acknowledge the help and advice of John O'Connor. John ran Folens Publishers for over 20 years and he then joined our team in 2011. His knowledge and experience was invaluable to the company. Sadly, John is no longer with us. He lost his

fight to cancer this July. May he rest in peace."



JOHN O'CONNOR WITH EDITORIAL STAFF DECEMBER 2015.



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AWARD-WINNING KILLARNEY HOTEL FOR SALE

The Killeen House Hotel and Rozzers Restaurant in Killarney, recently voted Ireland's best three-star establishment, has been put on the market. The hotel, comprising 23 guest bedrooms, is currently rated as number three of 102 hotels in Kerry on TripAdvisor with the attached Rozzers Restaurant being rated as the best restaurant in Killarney and number two of 526 restaurants in Kerry overall. It has also achieved a 9.5/10 rating on Booking.com, classified as "exceptional".

Current owners, Michael and Geraldine Rosney, have established an excellent reputation for Killeen House over the past 25 years. Specialist business property company Christie and Co, who are handling the sale, said: "The Killeen House Hotel and Rozzers Restaurant is a beautifully-presented property with a very well-deserved reputation as one of the best hotels and restaurants in the entire Kerry region.

"It presents prospective purchasers with a very strong and well-established trading business with potential to lengthen the trading season, as well as extend the property subject to planning permission". Due to the considerable amount of investment that the site has received



KILLEEN HOUSE HOTEL - THE AWARD WINNING HOTEL IS FOR SALE.

over the past decade, it will need no major investment in the foreseeable future.

Michael Rosney is very proud of their hard work over the years: "Geraldine and I have worked hard over the last quarter century to create a very unique hospitality product and we are very proud of where we have brought the Killeen House to in that period.

He added: "For a variety of different reasons, we feel now is the right time to put it on the market and we look forward to seeing the next chapter in the life and times of the Killeen House unfolding in the years to come."

Killeen House Hotel and Rozzers Restaurant is offered for sale with a guide price in excess of €1.95 million.

IUNVA LOOKING FOR NEW MEMBERS IN KERRY



PICTURED LEFT TO RIGHT: THOMAS BERMINGHAM CHAIRMAN; JOHN O'CONNOR, JOE HANLEY, JOHN GILBERT, ALAN HANAFIN. ALL MEMBERS OF POST 32 KERRY.

It is without doubt that soldiers, army medical staff and all those who experience the horrors of war and real life combat have to contend with devastating stress, anxiety and sustained, ever present, threat.

Examples of such resulting mental problems are shell shock and Gulf War Syndrome. However, in more recent times there is a far greater understanding for those recovering

from the horrors of active service. Indeed there are now very helpful services available to help those experiencing Post-Traumatic Stress and other mental health problems resulting from tours of duty.

One such service is the Irish United Nations Veterans Association (IUNVA) which has been in the process of being developed in Kerry since 2010. Membership of this Association (IUNVA) is open to both retired and serving members of the Defence Forces and An Garda Síochána who have served on United Nations missions abroad.

The Association is run by Post 32 Chairman Tom Bermingham who spoke to the Outlook looking to seek out extra members and people who would have an interest in helping out.

"The goal of IUNVA was that there would be a place where a group of people that understand their war experiences will be and where they can receive counselling and other services for

the Association members with their families of course. It's a nice thing to have to meet up once a month. In Kerry we currently have 23 members and it is building all the time."

Some of the many admirable objectives of the I.U.N.V.A. are to "Provide advice and counselling services for members and their families and to establish a scheme or schemes to benefit members and their dependants."

"People can help the Association on our Flag Day on Saturday the 22nd in October in Tralee with our members collecting funds in uniform. The best way to help is to pass on the word that we are here and looking for members."

To contact Tom Bermingham of Post 32 call **087 4506395**

A Membership Application Form can be received from Post Secretary Tony Carroll tonycarroll020@gmail.com

GLEESON WELCOMES PAVEMENT OVERLAY

At the Kerry County Council meeting of May, 2015 Councillor Michael Gleeson highlighted the deplorable condition of much of the N22 National Primary Road from the County Bounds to Killarney. By way of photographs he sought to impress how potholed and dangerous the road was in places particularly close to Cornamaree Bridge in the town land of Derryreagh, Clonkeen. This week it was

good news for Cllr Gleeson as the TII (Formerly the NRA) approved funding for a 3 Kilometre pavement overlay. Speaking with the Outlook the Kerry Independent Alliance Cllr said "I am now very pleased to inform the travelling public that the TII [Formerly the NRA] has commenced a 3 Kilometre Pavement Overlay scheme at cost of almost €500,000 along the above mentioned stretch.

This will ensure that the road will be much safer for all travelling on the Killarney / Ballyvourney road. There are many other poor sections on this vital access road to our beautiful county, including two very busy roundabouts and a deplorable level crossing at Minish and it is imperative for the economic welfare of Kerry that they too are upgraded as quickly as possible.



OPEN NIGHT

Wednesday 19th October 2016
from 6:15pm – 9:00p.m.

Tours of the school will take place every 15 mins starting at 6:15pm.
Final tour will depart the College Canteen at 8:00pm.
Closing date for acceptance of applications is
Friday 28th October 2016.



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Ballinagree Vintage Vehicle Society

Presents

Fancy Dress Vehicle Run

(Cars, tractors, trucks and bikes) Entry Fee €10
Sunday 30th October 2016

• Registration in Ballinagree Village 10:30 to 11:30
• Leaving Ballinagree at 12:00pm sharp
• Park your trailer challenge, O'Keeffe's Bog (Top of Kerry Man's Table) 1pm-2pm
• Quick Pit stop at Moll Carthy's Bridge 2:30pm – 3:00pm
• Arriving back to The Laine Bar Ballinagree for Soup and Sandwiches 4:30pm
• Music and platform dancing with Peter Lane at 5:30pm

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KERRY TEACHERS TUNE IN TO TRADTIME APP

Primary school teachers in Kerry can now avail of an innovative software application called TradTime that enables them to easily impart the skills of traditional Irish music playing to their pupils.

Developed by West Limerick man and noted musician, Willie Larkin, the web-based TradTime app is freely available to teachers at primary level for music tuition and practice in the classroom. It uses a combination of the latest computer technology, cartoon characters and musical tunes played by experienced traditional musicians and tutors.

The Education Centre, Tralee scheduled a workshop on TradTime for Primary teachers in its catchment area (Kerry). Teachers were introduced to the new interactive app, the first of its kind in Ireland. The developer Willie Larkin from Templeglantine outlined how TradTime provides a step-by-step, easy-to-follow guide on how to play traditional music, beginning with the tin whistle.

"The app is suited to all age groups at primary level, from Junior Infants upwards" explained Willie. "It is designed to provide a systematic and structured approach to music tuition that can assist teachers, irrespective of their knowledge of traditional music, while also helping pupils to develop their talents in a fun and non-competitive manner," he added.

Referring to the workshop, Caitriona Ní Chullota, Director of the Education Centre Tralee said it is hoped that these teachers will begin to use the software application in the classrooms to support Arts Education with specific reference to the Music Curriculum. "Based on a review of the impact of the introductory workshop, further workshops on the new TradTime programme for teachers in Kerry will be considered" she added.

For further information on the TradTime app, log onto www.TradTime.ie and watch a demo, email info@tradtime.ie or tel. **087 1955399**.



LARGE CROWD FOR EVENING OF WELL-BEING AT GAELSCOIL



THE PARENTS COUNCIL OF GAELSCOIL FAITHLEANN KILLARNEY HOSTED A TALK BY PSYCHOLOGIST DR FERGUS HEFFERNAN ON WEDNESDAY NIGHT. PICTURED ARE MARIA NI CHEALLAIGH AND MAURA O'SULLIVAN WITH DR FERGUS HEFFERNAN. PICTURE: EAMONN KEOGH.

One of the largest crowds to attend a meeting in Gaelscoil Faithleann turned up to hear Dr Fergus Heffernan discuss how to better understand well-being for themselves and their families.

Organised by the Gaelscoil Parents Council, an audience of more than 150 people heard Dr Heffernan say that, "Anxiety is at the heart of all of our problems and what we are all looking for is a place to belong and feel connected and

listened too". There was silence in the large audience for the entirety of his talk, broken only by laughter and applause.

He feels that we are passing on anxiety to our children with pressure to perform well and also involvement in a multitude of activities, with little down time. Dr Heffernan said, "Children must learn to make mistakes, they must learn about loss and grieving, as otherwise they won't learn to cope or build resilience. He feels two after-school activities are enough for children to be involved with, as they need free time, and they also can learn to opt out at an early age when overloaded." Mary Carroll, Secretary of the Gaelscoil Parents Council said the audience was delighted with the event.

"It was a positive, reflective evening, and everyone seemed to take something from Dr Heffernan's talk. It was a great opportunity for parents to stop in the busy rush of life and reflect on what are the important things to manage for ourselves and our families. Events like this really add to the community of our school."

MAYOR O'BRIEN SPEAKS TO ST BRIGID'S STUDENTS



CLLR TERRY O'BRIEN MAYOR OF TRALEE. PHOTO BY DOMNICK WALSH.

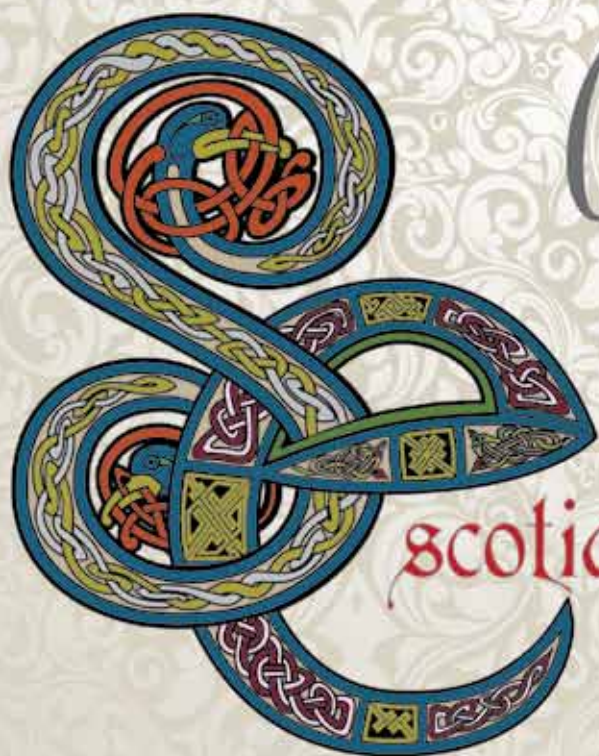
Cllr Terry O'Brien, who is the current Mayor of Tralee and is the Community Development Officer at Irish Wheelchair Association proved a big

hit recently on a visit to St Brigid's secondary school in Killarney

The Transition Year students and the Leaving Certificate Applied students invited Terry O'Brien, Community Development Officer at Irish Wheelchair Association to speak to them about physical disabilities. Areas of discussion included the obstacles and challenges of being disabled, the importance of

disabled car spaces and the services provided by the organisation.

The Irish Wheelchair Association's annual fundraiser, otherwise known as "Angel Day", will take place in November where IWA Angel pins will be sold nationwide for €2 and monies raised will help to fund services for the 20,000 members throughout the country.



Baroque Series

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IS YOUR ASTHMA WELL CONTROLLED?

Aherns Pharmacy, Farranfore are once again promoting the importance of good Asthma Control and encourage people with asthma to get their current asthma control assessed.

Dan Ahern from Aherns Pharmacy explains why now is an important time to ensure good asthma control:

"Autumn signals a time when people with asthma can see deterioration in their asthma control due to the air turning colder and in spending more time indoors.

It is also estimated that up to half of all those being treated for asthma are not well controlled on their medication. There a number of things that an individual can do now to manage their asthma:

1) Routinely monitor Peak Flow levels, as a drop in Peak Flow Readings is a good early indicator of any deterioration in asthma control.

2) Visit their local pharmacy to refill their prescription and ensure that they have

adequate and in-date supplies of their asthma medication.

3) Should their prescription need renewing, now would be a good time to make an appointment with their G.P. practice to review their asthma management.

Here in Aherns Pharmacy, we provide an Asthma Control Assessment - it only takes around 20 minutes and is well worth the time, as over 70% of those who have had an assessment have experienced significant improvement in their asthma control - this was particularly the case with children that had an assessment."

To learn more about asthma control, simply call into **Aherns Pharmacy**, Farranfore or visit **www.ahernspharmacy.com**.

An Asthma Control Assessment can be arranged by ringing Aherns Pharmacy on **066 9764110** or emailing **office@ahernspharmacy.com**.



DAN AHERN FROM AHERNS PHARMACY.

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VINTAGE WEDDING FAIR COMES TO KILLARNEY



VINTAGE WEDDING FAIR COMING TO MUCKROSS PARK HOTEL ON SUNDAY THE 16TH OF OCTOBER.

The spectacular Vintage Wedding Fair is Ireland's first Vintage and Bespoke themed Wedding show and will coming to the Muckross Park Hotel, Killarney Sunday 16th October 2016 12noon-5pm.

And don't be afraid of the word 'Vintage' as the quirky event aims to promote original, bespoke and handmade as well as vintage – something different and personal for your big day. The nationwide events are a hub of pop up boutiques, demonstrations and information

booths showcasing the very best of Irish talent. From original vintage dresses, accessories and decorations to vintage themed music, cakes and flowers to DIY wedding demo's from leading specialists and vintage fashionista's and much much more. As well as exhibitors, the event also features live music, a vintage tea party and a 'Man-Creche'! Tickets are available via the website/facebook page or on the door on the day.

For more information you can visit **www.spectacularvintageevents.com**

SPECTACULAR NEW ARA COLLECTION



Embracing influences from their 70 diverse international markets across the globe, leading German shoe manufacturer ara shoes recently launched 2016/2017 autumn/winter ladies' collection exudes energy and vibrancy as never before. Long renowned for its emphasis on comfort and elegance,

ara's new range marks a discernible trend towards sporty, casual footwear with ankle boots very much in evidence. Shades of tan in soft leather are very much to the fore while ara's sporty styles reflect the strong shift to metallics, incorporating silvers, soft golds and the new rose gold shades. ara women will truly welcome this exciting collection of ageless but fashionable boots, booties, sneakers, loafers, ballerinas, moccasins and pumps – all available in Walsh Brothers Shoes Killarney and

Tralee, John Dowlings Shoes Tralee, David Costello Footwear Castleisland and all leading independent shoe retailers across Ireland.



For more information you can visit **www.arashoesireland.com**

MARY NEW BRAND AMBASSADOR FOR SEAN TAAFFE



MARY O'DONNELL NEW BRAND AMBASSADOR FOR SEAN TAAFFE.

Sean Taaffe Hair and Beauty have announced beauty expert, media contributor and digital influencer, Mary O'Donnell as a brand ambassador. Mary will be involved in the promotion of the Sean Taaffe brand and the

team are looking forward to working her. Mary has an extensive following online on her social media platforms and her website **www.maryodonnellbeauty.com**. She also has a YouTube channel where she posts content regularly. Talking about her new partnership with Sean Taaffe, Mary said "I'm honoured to be working with the Sean Taaffe. I have been going to Sean for years and I wouldn't trust anyone else with my hair. I'm a Kerry girl through and through

and I'm delighted to be able to work with a local and respected brand. It will be exciting to see what we can achieve together - I'm really looking forward to it all".

As well as an experienced broadcast and newspaper contributor Mary is now a much sought after host of beauty events in the county as well as being invited to speak to a selection of groups such as Probus, ICA and Youth Groups and so on.

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- Bridgefield, Lewis Road • Scrahan Court, Ross Road • The Lime Courtyard, Bellview Woods • The Ash, Avenue • Muckross Close
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- O'Sullivan's Place • King's Avenue • Knockanes, Glenflesk • Coolies, Muckross • Coolgarra, Aghadoe • Ardeneanig • Woodlawn Park
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FIRIES GAA VISION FOR THE FUTURE

Firies GAA are going to the dogs, all literally of course, to raise funds for the development of phase one of their second pitch in Ballyvarrig, Firies. Over seven acres, near the heart of Firies village has been purchased by the expanding East Kerry GAA Club with the intention of developing the land as a juvenile football pitch, along with dressing rooms, and carpark facilities. This proposed development is a direct response by the club to the sharp rise in numbers in the juvenile age groups and to cater for the future of this expanding club.

A working group of Firies GAA members have been tasked with organising a fun packed race night on October 22nd in Kingdom Greyhound Race Track in order to kick-start phase one. Frances Henderson, representing the working group spoke about this exciting effort "We have approached many different organisations within our community and further afield and thankfully, the response has gone far beyond our expectations. This is indeed a community effort to kick-start the vision and it is uplifting to see the community supporting the GAA." Frances continued to outline the intense rise of the sport adding that "Our Coiste na nÓg age groups have been growing from strength



L TO R FIRIES GAA CHAIRPERSON BRIDIE BREEN, STELLA O'SHEA, JEROME CROWLEY; FARRANFORE MAINE VALLEY ATHLETICS, TIM CLIFFORD, PAUDIE DENIEL & FRANCES HENDERSON WITH SOME OF OUR EAGER JUVENILE FOOTBALLERS

to strength and we also cater for our young hurlers, which is very popular with our juvenile groups."

Bridie Breen, Chairperson of Firies GAA, continued to express her gratitude to all who have donated so generously. "Peoples' generosity and support of the club has always been very strong within our GAA family but since the news of this exciting proposal, our club has been overwhelmed with open-

handedness from the Firies diaspora overseas as well as our own homestead advocates from the parishes of Firies, Farranfore and Ballyhar which encompass the club."

If anyone is interested in supporting this exciting phase of the project, please make contact with our dedicated email; firiesgaanightatthedogs@gmail.com and one of our club officials will make contact with you.

VIVE LE BAROQUE!



THE SCOTIA ENSEMBLE WILL PERFORM AT ST. MARY'S CHURCH OF IRELAND KILLARNEY ON SATURDAY THE 22ND OF OCTOBER. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)

The Scotia Ensemble will be bringing Baroque music to Killarney on Saturday the 22nd October. The Scotia Ensemble is Kerry's first and only professional orchestra, set up in January 2016 with the aid of an Arts Act Grant from Kerry County Council. The musicians in the orchestra are working professional musicians based in Kerry, but who perform all around the country and internationally.

Members of the Scotia Ensemble have played with orchestras in Ireland, England and the US and have performed in venues all over the world, from the National Concert Hall to Carnegie Hall in New York. Leader, Niamh Varian-Barry and principal Cellist, Maria O'Connor, also perform regularly with the RTE National Symphony Orchestra and The RTE Concert Orchestra. The orchestra also includes three gifted young musicians drawn from the County as part of the orchestra's gifted students mentoring programme.

This concert will feature some of classical music's greatest and best known composers, namely Bach, Handel, Corelli and Vivaldi. The orchestra will perform some of the all-time favourite works from this era, such as Pachelbel's Canon, Corelli's Christmas Concerto, the Albinoni Adagio for Strings and one of Bach's famous Brandenburg Concertos. The Scotia Ensemble Baroque Series will take place on Saturday the 22nd October 2016, at 8pm in St Mary's Church of Ireland, Killarney. We're running a special competition where you can win two free tickets and a €40 voucher for the Ross Hotel in Killarney, where you can go for delicious pre-concert cocktails or a meal. Check out the competition and details about other promotions, concerts and recordings on their Facebook page: www.facebook.com/scotiaensemble. Pre-book with scotiaensemble@gmail.com for discounts.

MOUNTAIN MUSIC FESTIVAL

The Cork and Kerry Mountain Festival will take place in Ballyvourney on October 21st with the Eric Bell Band playing the leading role on the Friday Night. Speaking to the Outlook about the event Sharon Quigley Festival Organiser was delighted that Eric Bell was appearing the obvious choice to open the festival, was "of course Eric Bell himself, the man who wrote those famous guitar licks and it's going to be amazing to hear him play the tune at The Mills Inn."

"We are delighted that Eric is making the trip down from Northern Ireland to play at the festival, along with his touring band from Donegal.

Don wanted to help one of Ireland's young bands so as you already mentioned in the Echo, we recently had a young rockers competition to find the support band for Eric Bell, and we are very pleased to announce young blues band Crojayn from Cork, winning our recent Young Rockers competition and playing support for Eric Bell. As part of their prize, Crojayn also won a full day's recording time at the luxurious Sonas Studio Loughitane, County Kerry paid for by The Mills Inn which is great timing for them as they are currently writing an EP album, which is so good to hear that the recording time will be put to very good use!

Special guest for Eric Bell and Crojayn will also be Cork's own singer/songwriter John Dunne, who will start off the evening with some great blues tunes".

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REF 926 BER E1



**17 DROMHALL PARK,
WOODLAWN**
Guide Price €235,000

3 Bedroom semi-detached house (approx 1,500 sq ft) with private garden, large patio area, garden shed & side entrance. Oil fired central heating, off street parking & fully alarmed. Only 10 minutes walk to Town Centre.

Ref 955 BER Pending

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Killarney

TOWN TALK



GATHERED AT THE GLENEAGLE HOTEL FOR THE ANNUAL MS WALK OF THE OLD KENMARE ROAD WERE BACK ROW L-R PAT O'NEILL, BISHOP RAY BROWNE, SEAMUS O'SULLIVAN, ANN MARIE O'LEARY, SINEAD O'RIORDAN, ROISIN McGRATH & PADDY MCGUIRE. FRONT ROW L-R BERNIE CASHMAN, MARY BROWNE, CATRIONA O'CONNOR, SIGITA REIDY & KAMLE MAZONAITE.
PICTURE MARIE CARROLL-O'SULLIVAN

KWOTE

KWOTE Killarney Women's Organisation for training and empowerment monthly meeting will be held on Wednesday October 19th at Scotts Hotel 8pm. Deirdre O'Sullivan Training & Development Officer for SHEP will speak on upcoming SHEP Courses. We welcome new members.

HOLY FAMILY NS FUNRAISER

Holy Family NS, Rathmore Parents Association in Conjunction with the Board of Management Fundraiser.

Bingo at Rathmore Community Hall Saturday October 15th 2016 at 7.30pm Fabulous prizes. All welcome.

FOSSA COMMUNITY GAMES

Will hold their AGM on Tuesday the 18th of October in Fossa Community Centre at 9pm. 2016 was a very successful year for Fossa Community Games but they could really do with some more volunteers to keep the workload down for every body and to ensure that they can enter teams and individuals into

as many events as possible. They appreciate all the support and help they get from all the parents in the parish and look forward to seeing you at our AGM.

RECOVERY HAVEN TALK FOR KERRY

Recovery Haven Kerry will be hosting a free talk in The Killarney Oaks Hotel on Wednesday 19th October at 7.30pm.

Speakers on the night include Dr. Deirdre O' Mahony Consultant Medical Oncologist CUH & UHK, Dr Eamon Shanahan General Practitioner, Mr. Eddie Myers ANP Gastroenterology UHK and Regina Galvin Dietitian UHK.

For further information please contact Siobhán at Recovery Haven Kerry at **066-7192122**. www.recoveryhavenkerry.com

LEGION G.A.A.

Mass at our clubhouse on Friday 14th October at 7pm for our deceased members and their families. Everyone welcome - players, children, parents and grandparents, past and present members. Free transport for anyone needing it, contact Club officials. Refreshments after.



MICHAEL FASSBENDER WITH JOHN AND PATRICIA HEALY AT THE KILLARNEY CHAMBER OF TOURISM AND COMMERCE, GALA BLACK-TIE BALL, AT THE EUROPE HOTEL AND RESORT, KILLARNEY, TO HONOUR KILLARNEY MAN AND HOLLYWOOD ACTOR, MICHAEL FASSBENDER, FOLLOWING HIS INDUCTION INTO THE ORDER OF INNISFALLEN, AT MUCKCROSS HOUSE, FOR HIS OUTSTANDING ACHIEVEMENTS IN THE FILM INDUSTRY.
PHOTO: VALERIE O'SULLIVAN.

MUCKCROSS YOUTH CLUB NEEDS YOU

Volunteers are needed to help run the club. The KDYS provide a very active calendar of events to clubs as well as workshops and talks. Contact Breeda Daly (Key Leader) **087 7923945** or Jillian Carroll (KDYS) **085 8596638**.

The Brehon's popular Afternoon Tea

On Sunday, October 30 the culinary team at The Brehon will celebrate the ancient festival of Samhain. Guests will be treated to a five course dinner inspired by the changing of the seasons. A number of dishes will be prepped and presented in the restaurant, allowing discerning diners the opportunity to see the talented team of chefs in action. Chase the winter chill from your bones with warming flavours carried throughout all courses, and a carefully crafted Danú Samhain Cocktail. There will be live traditional music followed by Seanchaí Ray O'Sullivan recounting tales of old. The entire evening of food and entertainment costs just €40 per person.

The Brehon's popular Afternoon Tea will also take on a seasonal flavour from October 22 right through until November 1. Trick or treat your taste buds with traditional barmbrack, pumpkin meringues, ghoulish short bread, coal choux and ginger and cinnamon scones. This costs just €15 per person.



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€285,000

ANNABLAETHA, KILLARNEY, CO. KERRY.

Stunning modern Dormer Bungalow set on approximately 0.5 acres in a picturesque countryside setting adjacent to Annablatha primary school and just 10 minutes' drive from the popular tourist town of Killarney. The property is finished and furnished internally to an exceptional standard with clever choices of decor and furnishings. The property would ideally suit an overseas buyer seeking a scenic location, first time buyers getting on the property market or those wishing to trade up.



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Superb investment opportunity. Two bedroom 73 SqM ground floor apartment in Avenue, Countess Road. Finished to an exceptionally high standard. Parking space included. Just 200m from the town centre and Killarney National Park.



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Contact Donal Culloty 064 6631274 / 087 2354790

Killarney

TOWN TALK



PICTURED AT THE GLENEAGLE HOTEL FOR THE RING OF KERRY DINNER DANCE WERE L-R STEPHEN BYRNE, JER O'LEARY, MARY O'SHEA, BRENDAN BEHAN, PETER O'SHEA & NICHOLA CLIFFORD. PICTURE MARIE CARROLL-O'SULLIVAN.

CALLING ALL BUDDING ARTISTS

All local budding artists are invited to submit entries for this year's Credit Union National Art Competition which has been launched by Killarney Credit Union illustrating the theme "Dreams are made of this".

Now in its 33rd year, the competition attracts up to 50,000 entries through 300 credit unions nationwide and caters for all ages, with categories ranging from under 7 to over 18 and adult. There is a special category for those with physical and intellectual disabilities.

Killarney Credit Union is inviting anybody with an interest in art to enter the local competition. Entry forms are available from the local credit union branches in Beech Road, Park Road and Kenmare and also online at www.killarneycu.ie. The closing date for entries to Killarney Credit



MIA COUNIHAN FROM KILLARNEY WHO WAS A WINNER AT NATIONAL LEVEL IN THE CREDIT UNION ART COMPETITION.

Union is Friday 28th October at 5pm.

Winners, runners up and merit award winner at local level go on to represent Killarney Credit Union at regional level and if successful, at national level. Local winners will receive their prizes at a local prize giving ceremony and their artwork will be displayed in the local branches. Joy Clifford Vaughan, Youth Officer with Killarney Credit Union said "Last year we had winners at National level and we are encouraging all credit union members, young and old to participate in this competition. With an inspiring theme of "Dreams are made of this" should give much opportunity for creativity" she concluded.

ST. BRENDAN'S ROWING CLUB

CLUB MEMBERS LOTTO: Congratulations to our winners of this weeks club lotto 1st place No.9 Andrew Hegarty and 2nd place No.33 Eamon O'Brien.

NEW MEMBERS: New members are always welcome for both sliding and sixing so if you think rowing might be the sport for you why not come and give it a try. Please contact any of the numbers below if you would like to arrange a practice session.

CONTACT: Any enquiries please contact Ciarán Cronin 086 038 0272

Nicola Morgan 086 079 8507

Ciaran Sheehan 085 148 7743

or email stbrendansrowingclub@gmail.com



PRESENTATION TO THE WINNERS OF THE DAWN MILK KILLARNEY WOMEN'S MINI MARATHON IN KILLARNEY ON SATURDAY WERE (L TO R) DECLAN SHEEHAN, SALES MANAGER, DAWN MILK; GERALDINE O'SHEA, BANTRY (2ND PLACE); DEIDRE HARRINGTON, BANTRY (1ST PLACE); MARGARET CARLIN, ST BRENDAN'S AC, BALLYHEIGUE AND CATRIONA KELLY, RACE ORGANISER.

CHARLIE BIRD SPEAKS ON THE MISSIONS

To celebrate Mission Month, Diocese of Kerry is hosting an evening on Monday 17th October in The Rose Hotel, Tralee at 8pm. Charlie Bird will speak of his visit to missionary projects and Caroline Reid, Irish Refugee Council, will address Ireland's response to the global refugee crisis. Entrance is free and all are welcome.



PICTURED ON MAIN STREET ON SATURDAY ENJOYING THE PURPLE FLAG CELEBRATIONS, DARA BURCHILL WITH HIS DAD SEANIE & MUM RAMONA. PICTURE MARIE CARROLL-O'SULLIVAN

MONEY MATTERS....

By Dermot Cronin,
Financial Advisor



HOW DO YOU GET ACCESS TO YOUR PENSION?

There has been a lot of discussion about pensions recently especially in the media. If you have a pension it is very important to know your options for when you can access and how to access your pension. This mainly depends on your age and what type of pension you have however, generally there are four options:

Tax Free Cash: Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

Taxable Cash: You may be able to take sum of your pension in taxable cash.

Annual Pension: This is a guaranteed income for the rest of your life that is purchased with the money left after you tax free lump sum.

Approved Retirement Funds: You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income and the value of your pension can form part of your estate also. It is extremely important that you review your pension at least annually and that you take your time and have all the options explained to you in plain simple english before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with an independent financial advisor before making any decisions, he or she will help you with the above options and any other queries you may have.

To discuss the above or any other matter **Dermot Cronin** QFA APA can be contacted at **064 66 22775** or dermotcroninifa@gmail.com

95 NEW STREET,
KILLARNEY, CO. KERRY
T: 064 6631892 F: 064-6634652
M: 087 2668591 E: INFO@SFMCI.E
WWW.SHERRYFITZ.IE & WWW.DAFT.IE

Sherry
FitzGerald
Coghlan

NEW TO MARKET

25 SCRAHAN COURT, ROSS ROAD, KILLARNEY

Large four bedroom semi-detached residence 130 sq. m/1,400 sq. ft., located off the Ross Road in quiet residential estate within walking distance of all town centre amenities, Killarney House and National Park, Ross Castle and Race course/golf course. Unique property with large South facing rear garden adjacent to green area.



Price Region: **€290,000**

Ber Pending

GORTAGULLANE, MUCKROSS, KILLARNEY

Delightful four bedroom family home with two reception rooms, on mature landscaped 0.75 acre site with wonderful lake and mountain views. The property is located in a quiet cul de sac, with wonderful views from all main rooms, which access a South West facing veranda. Accommodation includes entrance hall, kitchen diningroom, livingroom, sunroom, utility, toilet, two bathrooms and four bedrooms.



Price Region: **€395,000**

BER D1

PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: 13 The Ash Courtyard, Bellview Woods, Ballydowney, Killarney. 3 Bedroom end of terrace property (approx 1,250 sq ft including the conservatory), private rear garden paved with patio slabs throughout & back entrance. Features include open fire, pine timber flooring to bedrooms, east facing conservatory, teak front door, oil fired central heating, PVC double glazed windows. In excellent condition throughout. Ideal family home or investment property.

Agent: ● Property Partners Gallivan ● College Square, Killarney, Co. Kerry ● Tel: **064 6634177** www.propertypartners.ie

Guide Price: **€225,000** (BER Pending) Ref: 946



Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

OUTLOOK BUDGET 2017 SPECIAL

It is that time of the year again, where we all take more than a passing brief at the Minister of Finances Budget and try to calculate what it means for our families, our work, our wider communities and us. This week the Outlook get the help of some local experts and get them to make sense of the Budget for you and we get some local Industry and Political reaction.

Like all budgets, the devil can sometimes be in the detail so, put on the kettle grab a seat and take your time to read through a lot of details. By the end of it all, we hope you will have a better understanding of what it means for you and your family.

While many things have gone up and some have come down, we have kept our promises by keeping your favourite local weekly reads free for you to enjoy over each passing weekend. We thank you for your support to us as we strive to keep our standards high for both our readers and advertisers



KILLARNEY HOUSE BENEFITS WITH ADDITIONAL HALF MILLION

Seanad, Leas-Cathaoirleach Paul Coghlan welcomed the Minister for Public Expenditure, Pascal Donohue's confirmation that an additional €0.5 million will be allocated to Killarney House, under the Arts, Heritage, Regional, Rural and Gaeltacht Affairs. It's one of a number of selected projects across the country that have received additional funding thanks to Budget 2017.

"Killarney House has already received €1.9 million from the Department. The refurbishment of Killarney House was announced in 2011, as a joint project between the Department and Fáilte Ireland, and I believe the house has the capacity to become the top tourist attraction in the

south-west. This continued support by Minister Donohue comes in what has been a crucial year for Killarney House, and will provide a vital link between the town centre and park.



SENATOR PAUL COGHLAN

BRASSIL WELCOMES INCREASE IN SPENDING ON EXPENDITURE

Fianna Fail TD John Brassil welcomed the increase in spending on expenditure "Investment in services is what Fianna Fáil has been lobbying for in negotiations leading up to the budget rather than cuts in taxation."

Speaking to the Outlook afterwards he said "Whilst there was a little bit for everyone in the budget, with the increase of €5 in pension payments, plus increases across other welfare payments and cuts across the lower 3 USC rates there is some relief for a relatively wide demographic of the population, however we are still falling short in terms of the provision of vital services and this is where we need to be concentrating our spending, we will continue to seeing growing crises in our housing, health and education if the necessary capital is not invested. Budget 2017 represents a step in the right direction for investment in third level education and the increased allocation for housing in Budget 2017 is critical however a lack of measures to shake up the rental market is deeply disappointing, I

am concerned given that the fact that there are no headline measures to deal with the overheated private rental market, and I also have reservations over the design of the new savings scheme for first time buyers. This initiative will see first time buyers chasing fewer than 10,000 new houses or apartments earmarked for construction next year. This scheme is useless without any accompanying measures to increase supply. In fact it could exacerbate the housing crisis by overheating the new builds market, which in turn will lead to increased house prices."



DEPUTY JOHN BRASSIL

"A BUDGET FOR FAMILIES YOUNG AND OLD": GRIFFIN

Fine Gael Kerry TD, Brendan Griffin called Budget 2017 'a budget for families - young and old.' Griffin highlighted the childcare package as a signature element of this.

"a second free pre-school year (saving parents on average €4,000 per child), two weeks paid Paternity Leave for new fathers and free GP care for under 6s are all welcome"

In Budget 2017 Fine Gael is taking another step forward in supporting Kerry parents back into work or education, by designing more accessible and affordable childcare. The new scheme will be both universal and targeted in its approach.

"The Early Years are a priority for Fine Gael in supporting young children, but also their parents juggling so many different things. Fine Gael is using the benefits of a strong

economy to improve people's lives here in Kerry and across the country. This affordable childcare scheme builds on significant measures which Fine Gael has recently introduced, including:



DEPUTY BRENDAN GRIFFIN

NOT ENOUGH FOR STUDENTS

Union of students of Ireland welcomed the €36.5 million in third level education but emphasised that it is insufficient by €100 million. The union recommended spending of €140million in their pre-budget submission to reduce registration fees and increase student support. USI welcomed the reintroduction of postgraduate grants but emphasised that it would only benefit 1,100 students from disadvantaged socioeconomic backgrounds,

and further investment would be needed.

The union also welcomed the increase in the threshold for the 'rent a room' scheme, up from €12,000 to €14,000 which they said will benefit both homeowners and students but USI President Annie Hoey emphasised that digs was a short-term solution and purpose-built student housing needed to be invested in as a long-term solution.

BUDGET 2017

Self-employed taxpayers are among the main group who gained from Budget 2017, with a combination of an increased tax credit and cuts in USC rates delivering gains to many of around 2 per cent in take-home pay. The other major tax concession was directed at first-time housebuyers, with a tax refund of up to €20k on those buying newly built homes valued at up to €600k. The Minister also announced a number of positive proposals for entrepreneurs and SMEs. This Budget is cautious and prudent in its approach with no new personal taxes and minimal USC reliefs. Below we have addressed the main financial features of Budget 2017.

PERSONAL TAXATION UNIVERSAL SOCIAL CHARGE (USC) – HOW MUCH OF A CUT?

The reductions to USC that were announced in Budget 2017 will have a minimal effect on most people's take home pay in 2017. The Universal Social Charge cuts will benefit around 1.3 million people.

The changes will mean that people earning between €18,772 and €70,044 will see a decrease of 0.5% in their USC deductions. This will mean just an extra €2 a week take home pay for someone on €25k a year or an extra €5 a week for someone earning €55k a year. Someone on the minimum wage will only see an increase in weekly take home pay of €5.42 when the min wage goes up to €9.25.

People aged 70 or more with income under €60k will still have a maximum rate of 2.5% USC. Over 70's with income over €60k will still pay the same rates of USC as under 70's.

Medical card holders with income under €60k also have a top rate of 2.5% USC.

OTHER TAX RELIEFS TO INCOME TAX

The **Home Carer's Tax Credit** that is given to married couples or civil partners where one spouse or civil partner works in the home caring for a dependent person is increasing from €1,000 to €1,100.

The **Home Renovation Incentive (HRI)** which provide an income tax credit to homeowners who carry out renovation and improvement works on their principal private residences is being extended until 31 December 2018.

The rate of Deposit Interest Retention Tax (DIRT) will decrease by 2% each year for the next 4 years until it reaches 33%.

BUSINESS TAXATION

• As committed in last year's Budget to bring the taxation of the self-employed (including proprietary directors) in line with that of PAYE employees, the Earned Income Credit has been increased from €550 to €950.

• An extension of PRSI related benefits for the self-employed was also announced. The Finance Act will outline details of the additional benefits but it



O'BRIEN COFFEY MACSWEENEY ACCOUNTANTS & BUSINESS ADVISORS

is expected that the entitlement to the Invalidity Pension and Treatment Benefit schemes will be available to PRSI Class S contributors.

• There was a further reduction in the preferential rate of Capital Gains Tax (CGT) from 20% to 10% under the Entrepreneur Relief regime. The reduced rate of CGT applied to the disposal of a whole or part of a business up to a lifetime limit of €1 million, subject to certain conditions being satisfied.

• The Government has also committed to introducing an SME focussed share-based incentive in Budget 2018.

• The VAT rate for the tourism sector remains unchanged at 9%.

INCREASED BENEFITS TO LANDLORDS IN 2017

The ceiling for exemption from income tax under the **Rent a Room scheme** for income received from the letting of a room or rooms in a person's principal private residence is being increased from €12,000 to €14,000 for 2017 and subsequent years.

The **residential rental property relief** available for qualifying interest payments on monies borrowed to purchase, improve or repair residential rental property is being increased from 75% to 80%. This measure will apply to both new and existing mortgages. In addition, full interest deductibility for landlords will be restored on a

phased basis. It will increase by instalments of 5% until the full 100% deductibility is restored.

TAX MEASURES FOR FARMERS

There are quite a few changes to tax measures for farmers in budget 2017.

The Farmer's Flat-Rate Addition will increase from 5.2% to 5.4% with effect from 1 January 2017.

The scheme of accelerated capital allowances for energy efficient equipment which could include bulk tanks and heating equipment is being made available to sole traders and non-corporates.

The Income Averaging regime is being amended to allow an "opt out" in a single year of unexpectedly poor income, and, instead, pay only the tax due on a current year basis with any deferred tax liability becoming payable over subsequent years. This may be availed of for the 2016 tax year.

Farm income and other income from off-farm self-employment will be assessed at 70%, (down from 100%) for Farm Assist.

HOUSING SECTOR

The Help to Buy Scheme is a welcomed initiative for first time buyers of newly built primary residences. This provides a rebate of income tax paid over the previous four years up to a maximum of 5% of the purchase price, capped at €400,000. No rebate on house purchases in excess of €600,000, and second hand properties do not qualify. Any rebate will be taken into account in the calculation of the deposit required to be eligible for a mortgage.

Those who will qualify:

- First time buyers who signed a contract to buy a new home after 19 July 2016
- First time buyers with a Loan to Value greater than 80%
- First time buyers and joint purchase between first time buyers, both purchase must be first time buyers

The Mortgage Interest Relief is to be extended beyond December 2017 out to December 2020.



KERRY HOTELIERS WELCOME RETENTION OF 9% VAT RATE

The Irish Hotels Federation (IHF) welcomed the retention of the 9% tourism VAT rate announced by Minister Noonan as part of Budget 2017. Terence Mulcahy, Kerry Branch Chair of the IHF said the rate has been instrumental in the recovery of the tourism industry, which has created some 50,000 new jobs since the measure was introduced in 2011. "This measure has been the single most important fiscal initiative for

Irish tourism in the last decade and we are pleased the Government has retained the rate. It demonstrates that it has been highly effective in job creation and also acknowledges that we have a pro-tourism Government who see the value the industry brings to every part of our country located on the periphery of Europe. The decision is a vote of confidence in the tourism industry at a time of uncertainty due to Brexit," he said.



ONLY A SMALL DIFFERENCE FOR PEOPLE WITH DISABILITIES

Rehab, one of the country's largest disability charities, believes Budget 2017 will make only small changes to the lives of people with disabilities. While a €5 increase in social welfare payments is welcome, it will do little to close the gap in income that people with disabilities have experienced over the last 8 years. Of particular concern is the decision to limit reductions in prescription charges to people aged over 70. This reduction should also have been extended to people with disabilities aged

under 70. A disability knows no age and does not distinguish between somebody who is 20-years-old or 75-years-old.

Rehab



A STEP TOWARDS SOLVING THE HOUSING CRISIS

The Construction Industry Federation (CIF) welcomed housing measures but warned increased infrastructure investment is required to transform new housing estates into vibrant communities over the next decade. CIF Director General, Tom Parlon said: "The measures introduced are a significant step towards solving the housing crisis by addressing the chronic lack of supply in new builds. In terms of resolving the housing crisis, the CIF's Irish Home Builders Association welcomes the introduction of this tax rebate scheme aimed at helping first-time buyers to save deposits for starter homes. There is an acute shortage of activity

in this sector because first-time buyers cannot secure mortgages. As a result, banks won't provide finance to home-builders making the building of new starter homes unviable.



IGNORES THE WORKING POOR AND LACKS COHERENCE

"Budget 2017 yet again ignores the working poor. Although it contained a number of welcome initiatives, the working poor gain the least" - stated Dr Seán Healy, Director Social Justice Ireland at the launch of the organisations' Budget Response today.

"The choices Government made in cutting the Universal Social Charge and income tax are unfair and provide larger gains to those on higher incomes compared to those on lower incomes. For example, a single person earning €25,000 gains €127.60 per annum while a single person on €75,000 gains almost three times more (€352.82 per annum). For the same amount of money (€383m) Government could have made tax credits refundable (thus tackling the working poor issue) and given every tax-payer an additional tax credit of €100 per

annum. In practice this would have meant that everyone would be €100 better off while the working poor would gain a little more"



DR SEÁN HEALY

DOESN'T CREATE THE ENVIRONMENT FOR JOBS IT PROMISED

Retail Excellence Ireland felt the Government does not create jobs it creates the environment for jobs but this Budget does nothing to create such an environment.

Lynn Drumgoole, Communications Director with Retail Excellence Ireland, the country's largest retail industry body said 'The failure of the government to reduce the 23% VAT in light of Brexit, means we are losing competitiveness and retail jobs will be lost. As Sterling continues to weaken the growth of cross border shopping and online sales to UK companies means there is

a real risk to the growth of the Irish economy.'

Lynn also highlighted that leaving Employers PRSI at 8.5% goes against the Programme for Government 2016 'The PRSI rate doubled 2 years ago from 4.25% to 8.50% and the Programme for Government clearly states that they will cut the rate "for low income workers to mitigate the cost of minimum wage increases, in order to protect jobs" yet this hasn't happened. We are calling for an immediate reduction in employers PRSI otherwise jobs will be lost.'





Casey & Co Accountants,
3 Day Place, Tralee.
www.caseyacc.com

Minister for Finance, Michael Noonan, T.D. and Minister for Public Expenditure & Reform, Paschal Donohoe, T.D. delivered their Budget speeches on Tuesday, in which they laid out a number of measures aimed at "repairing the damage done to our economy in the past and to ensure that we can look forward to a new Ireland with an equitable tax system that provides sustainable funding for efficient and effective world class public services".

David Moran outlines some of the key measures announced in Budget 2017 were:

- Cuts to three lowest rates of Universal Social Charge- 1% rate cut to 0.5%; 3% rate cut to 2.5%; 5.5% rate cut to 5%
- 2.5% USC rate ceiling increased from €18,668 to €18,772
- New income tax rebate of up to 5% under a Help to Buy Scheme for new homes valued up to €400,000
- State Pension will rise by €5 from March
- €5 increase in all weekly social welfare payments in line with State pension
- Christmas Bonus for those on social welfare will rise to 85%



- €1.2bn in funding for housing, with 47,000 new social housing units by 2021
- Additional €105m to enable 15,000 more households to avail of Housing Assistance Payment Scheme
- 2,400 additional teaching posts announced, of which 900 will be resource teachers
- 800 new gardai to be recruited in 2017, with more civilian staff to be hired too to free up desk-bound officers
- €100 increase in Home Carers' Credit to €1,100
- Medical card for all children who receive domiciliary care allowance
- Additional €15m to NTPF to reduce hospital waiting lists
- €25 cap on prescription charges for over 70s reduced to €20 from 1 March
- Excise duty on pack of 20 cigarettes to go up by 50 cents



DAVID MORAN, PARTNER AT CASEY & CO ACCOUNTANTS, TRALEE OUTLINES WHAT BUDGET 2017 HAS IN STORE FOR YOU.

- Alcohol, petrol and diesel excise duty unchanged
- Creation of a Public Service Pay Commission to report on unwinding of FEMPI legislation
- Provision of €290m for pay increases agreed under the Lansdowne Road Agreement
- New measures introduced to reduce emissions, including extending relief from vehicle registration tax on electric vehicles for five years
- 9% VAT rate for tourism and hospitality industry will be retained
- Start Your Own Business scheme to be extended for a further two years
- Low cost, highly flexible loan fund for farmers announced
- €1,270 income tax credit for fishermen
- Home Renovation Incentive Scheme extended for two years to end of 2018
- Rent a Room income ceiling up by €2,000 to €14,000
- DIRT will be reduced by 2% each year to 2020 (41% to 33%)
- Mortgage Interest Relief will be extended beyond December 2017 to 2020
- Earned Income Tax Credit for self-employed increased by €400 to €950
- Intention to introduce tax on sugar sweetened drinks in April 2018 after public consultation
- €28m increase in allocation for emergency accommodation to €100m
- New Single Affordable

- Childcare Scheme from September 2017 - meanstested subsidies, based on parental income, for children between six months and 15 years and universal subsidies for all children aged six months to three years
- €15m to help progress National Broadband Plan
- €319m to be spent on regional and local roads throughout the country

The Finance Bill is due to be published shortly and it will contain legislation for the provisions which were announced in the Budget. The proposals announced may be subject to change and additional provisions may be introduced when the legislation is enacted.

If you wish to discuss how aspects of the budget may affect you please contact 066 7124439 or email info@caseyacc.com



FINANCE MINISTER MICHAEL NOONAN WITH HIS BUDGET 2017 IN HAND



PICTURED AT THE HOTEL EUROPE FOR THE FOSSA FASHION SHOW WERE L-R SHAUNA BROSAN, ANNETTE MONCH & HELENA FITZGERALD. PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT THE HOTEL EUROPE FOR THE FOSSA FASHION SHOW WERE L-R DEIRDRE TANGNEY, MARY O'SULLIVAN, AOIFE CLIFFORD, JOSEPHINE CLIFFORD & PATRICIA MCADOO. PICTURE MARIE CARROLL-O'SULLIVAN.



SINEAD GALVIN (RIGHT) CHATS TO HSE WORKERS L-R MARIE BUIKE, MARIA BROWNE & PEGGY DOOLAN AT THE KILLARNEY OUTLET CENTRE FOR THE SHOP FOR HEALTH EXHIBITION. PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT THE BUDGET BRIEFING INFORMATION LUNCH ORGANISED BY OCKT ACCOUNTANTS KILLARNEY IN THE MALTON HOTEL, KILLARNEY ON WEDNESDAY WERE FROM LEFT, KATIE LENIHAN, MICHELLE O'SULLIVAN, SARAH TREACY, PAUL MURPHY, MARCUS TREACY, MARY KENNY, GER FOLEY, MIKE LEEN. PHOTO: DON MACMONAGLE.



ENJOYING THE FOSSA FASHION SHOW AT THE HOTEL EUROPE WERE L-R TERESA CLIFFORD, TERESA MCSWEENEY, KAY SPILLANE & ROSE HICKEY. PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT THE KILLARNEY OUTLET CENTRE AT THE SHOP FOR HEALTH EXHIBITION REPRESENTING THE HSE, PERRY PEER SUPPORT NETWORK & KERRY MENTAL HEALTH WERE L-R MARY O'SULLIVAN, JONATHAN O'BRIEN, MARY YOUNG, DELORES MCELIGOTT & BILLY O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN.




READY TO BOARD O'CALLAGHAN'S COACH AT THE GLENEAGLE HOTEL HEADED FOR KENMARE AND WALK OLD KENMARE ROAD IN SUPPORTING THE ANNUAL MS WALK WERE BACK ROW L-R JOHN MCSWEENEY, DARREN MCCARTHY & DANNY BROSAN. FRONT ROW L-R JAMES O'DONOGHUE, NIAMH CONNELL & DENIS O'RIORDAN. PICTURE MARIE CARROLL-O'SULLIVAN.



PICTURED AT THE BUDGET BRIEFING INFORMATION LUNCH ORGANISED BY OCKT ACCOUNTANTS KILLARNEY IN THE MALTON HOTEL, KILLARNEY ON WEDNESDAY WERE FROM LEFT, BILLY O'CONNOR, NIALL KELLIHER, SARAH TREACY, OCKT, TADHG GALLIVAN AND JONATHON GREENE. PHOTO: DON MACMONAGLE.

Killarney Musical Society
A member of AIMS
Presents



ME and MY GIRL

LAUNCH NIGHT

Saturday 15th October 2016, Dromhall Hotel, 8pm
strictly over 16s only

Book and Lyrics by L. ARTHUR ROSE and DOUGLAS FURBER
Music by NOEL GAY
Book revised by STEPHEN FRY - Contributions to revisions by MIKE OCKRENT
Director KILLIAN COLLINS
Musical Director JOHN O'BRIEN
Choreographer STEPHEN CULLINANE O'REGAN

Independent
irish health foods ltd

This amateur production of Me and My Girl is presented by special arrangement with SAMUEL FRENCH, LTD.

New November Jive Classes in Kerry

Learn to Jive Jive Jive



GRAND HOTEL TRALEE
STARTING MONDAY 7TH NOVEMBER
1ST CLASS 7PM - 8.15PM
2ND CLASS 8.30PM - 10.00PM
€40 4 Week Course

TORC HOTEL KILLARNEY
STARTING WEDNESDAY 9TH NOVEMBER
1ST CLASS 7PM - 8.15PM
2ND CLASS 8.30PM - 10.00PM
€40 4 Week Course

No Partner Required
Gift vouchers available

Tom Jive
Dancing to Nathan Carter, Derek Ryan, Mike Denver etc

Contact Tom on **087 3995877**



MUCKROSS PARK HOTEL & SPA

CHRISTMAS PARTY NIGHTS

9TH & 16TH DECEMBER

Enjoy a 5 Star Christmas Party Night to remember!

Mulled Wine Reception
on arrival at 7.30pm

4 Course Christmas Dinner
prepared by our award winning chef

Live Band, followed by DJ
Renovator

Great spot prizes
provided on the night

€60 per person



Contact our Sales Team Karen, Brian or Sheila on **064 662 3400** or email klong@muckrosspark.com

WWW.MUCKROSSPARK.COM

Muckross, Killarney, Co. Kerry

RATHMORE/ GNEEVEGUILLA NEWS by Michael O'Mahony

RATHMORE COMMUNITY COUNCIL: 1916 memorial garden at Ard Mhuire will be officially opened on this Sunday 16th October at 12.15pm. Guest Speaker journalists & Patrick Drama producer Aidan O'Connor. Fr. Pat O'Donnell P.P will bless the garden. Entertainment by members of cast of Patrick Drama. Corporal Breda O'Sullivan will Raise the flag & much more. All welcome.

GNEEVEGUILLA ATHLETIC CLUB: LOTTO: Congratulations to jackpot winner 30/09/2016. Jackpot was €14,800, no's drawn were: 3.8.12.19. Winner: Shauna & Michelle McCarthy, Leam. Gneeveguilla seller of the winning ticket was Aeneas O'Leary who receives €150.00.

GNEEVEGUILLA GAA HALLOWEEN FANCY DRESS PARTY: Is on October 30th in the Club Bar. Live Music on the night and loads of spot prizes, everyone welcome.

SLIABH LUACHRA COMHALTAS: Junior set dancing classes continue on Wednesdays in Teach Fáilte, for further details contact Marie Sheehan 083 0045432.

Music Classes with Nicky McAuliffe, every

Monday at 6pm in Gneeveguilla National School.

A celebration of all of our achievements during the year especially our Gold and Silver winners at the All Ireland Fleadh will take place in Teach Fáilte on Saturday 15th October at 9pm. Refreshments will be served. Everyone welcome!!

MACALLA NA HÉIREANN: 2016 Comhaltas Concert Tour of Ireland will take place in Siamsa Tíre on Tuesday 18th of October at 8pm. Tickets are €10 for adults and €5 for u18's, they are available through the branch 087 2871357 or Siamsa Tíre 066 7123055.

AGM: The AGM of Sliabh Luachra Comhaltas branch will take place on Wednesday 19th October at 9pm. New members always welcome.

FIRST COMMUNION IN OUR PARISH:

Knocknagree - Saturday 29th April (Knocknagree N.S.).

Shrone - Saturday 6th. May (Shrone N.S.).

Rathmore - Saturday 20th MAY (Holy Family N.S.).

Gneeveguilla - Saturday 27th May (Gneeveguilla N.S. & Meentogues N.S.)

ENROLMENT CEREMONIES FOR FIRST COMMUNION & CONFIRMATION:

Knocknagree, Gneeveguilla & Meentogues NS Wednesday 19th October 8.00pm

Knocknagree Church.

Holy Family & Shrone NS Thursday 20th

October. 7.30pm Rathmore Church.

Talk for all First Communion parents Tuesday 25th October 8pm Teach Iosagain.

Pre-confirmation talk for parents Wednesday 9th November 8pm Holy Family N.S.

CONFIRMATION: - Tuesday say 21st February 2017 at 3.30pm in Rathmore.

FUNDRAISING BINGO NIGHT

HOLY FAMILY N.S. PARENTS COMMITTEE:

Will hold a Bingo Night in Rathmore Community Centre on Saturday 15th October at 7.30pm.

Lots of valuable prizes to be won. Fun night for all the family. Please Support

NEWS FROM CLLR NIAL KELLIHER ON BALLYCULLANE: Cllr Niall Kelleher is glad

to announce that the river has been cleared out around the Bridge at Ballycullane, on the Gneeveguilla to Rathmore Road. This is welcome news for the people in the area that have been flooded and trapped in their homes in the recent past and I'm glad to have sorted this out.

RATHMORE COMMUNITY COUNCIL DR. CHRISTINE WALSH: McCarthy will hold a

Surgery at the rear of St. Joseph's Day Care Centre Rathmore Monday's, Tuesday's and Thursday's For an appointment please contact 029 70124.

NOTES: If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm. Sunday,

FOSSA NOTES

FOSSA GAA: Lotto 9th October 2016. Numbers drawn were 4, 17, 22, 26. There was no jackpot winner and the €40 consolation prize winners were Katie Rintoul, Aghadoe, David Lynch, Knockasartnett, Margaret Cronin, 35 Ardshanavooley, Geraldine Murphy, Gneeveguilla and Tina and Patrick Nagle, Rathmore. Next weeks jackpot will be €10,650. Tickets are on sale at The Golden Nuggett Bar, The Castlerosse Leisure Centre, The Travel Inn, The Old Killarney Inn, Foley's Spar Shop, The Laurels Bar and Committee members.

SENIORS: Our senior team will play Beale in the County Final of the Junior Championship next Saturday, 15th October in Austin Stacks Park at 4pm. This is a huge game for our players and we ask as many people as possible to try and make the trip to Tralee and give our team as much support as possible in what is a historic day for our club.

U-12 GIRLS: Our U12 Girls had their East Kerry final, unfortunately Scartaglin came out on top in this one. We are extremely proud of our girls who started their U-12 campaign on April 5th and are U12 County League Champions after a titanic battle with Scartaglin on June 30th.

We are sure they will have many battles with each other over the years to come. Special thanks to Dan, Damien and David for training the girls all year. All the parents for their support and commitment throughout year.

RACE NIGHT FUNDRAISER: Fossa Gaa are running a race night on Saturday 29th October towards funding the purchase and development of a juvenile playing pitch in 2.1

acres adjoining our current premises in Grotroe. It will be held in The Golden Nugget and over the next month club finance committee members will be asking for your support in the undertaking. Each horse costs €90 which can be bought outright or broken down into three at €30 for owner, €30 for trainer and €30 for jockey. Please support the club in the investment for this and future generations.

COMHALTAS: Fossa/Two Mile Comhaltas: Adult Set Dancing Classes will resume on Tuesday nights in Fossa Community Centre, beginners at 8pm, advanced at 9pm. All welcome. Further details contact Catherine on 087 6799330.

AGM: Fossa/Two Mile Comhaltas will hold their AGM on Monday 24th October at 8.30 in Fossa Community Centre.

FOSSA HOSTS INTERNATIONAL SOCCER MATCH:

On Saturday night the Fossa Astro pitch hosted it's first international soccer match. This was an eight a side contest between Fossa's finest (over 40s) and Eintracht Hohkeppel from just outside Cologne in Germany. The Germans arrived in good time with great support having taken a walk through the Black Valley as their warm up. Their captain, Micheal Frohlich, presented Mossie Lyons with their team scarf and a keg of their local beer (which didn't last too long). The game was played in a great spirit and a typical German set up of 3-3-1 was hard to break down at first. But then Jimmy Sheehan found the net after a move up the right. A second came from David Butler and a third from Jimmy Sheehan who was left all

on his own to slip it past the isolated German keeper. In the 2nd half Fossa came under some pressure but after a couple of great saves from Pat Clifford the Fossa boys scored a fourth when Mossie Lyons finished off a quick and accurate passing movement started in defence by John Dineen. For Fossa, Liam O'Toole and Bart O'Neill were outstanding in defence. Alan Brady, Mossie Lyons and David Butler had a good game in midfield. Unfortunately on the night Alan Brady left his shooting boots at home failing to hit the target on a number of occasions. Up front Jimmy Sheehan did well, despite hardly moving from the one spot all night, and Wayne McDonald was best for Fossa on the night. The four nil victory was followed up with an introduction to Killarney nightlife and hopefully a return match in Hohkeppel sometime in the future. The Fossa team on the night was Pat Clifford, David Butler, John Dineen, Liam O'Toole, Mossie Lyons, Wayne McDonald, Alan Brady, Bart O'Neill and Jimmy Sheehan.

SYMPATHY: Fossa GAA Club would like to extend it's deepest sympathy to the Talbot family, Aghadoe on the death of Julie's mother, Joan Brosnan, Beaufort. Also, sympathy is extended to the Moran and Buckley familys of Curragh on the death of their mother, Margaret Buckley, Curragh.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie. Please forward information before Sunday at 11am.

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KILCUMMIN NEWS

COMHALTAS: Our annual bag pack fundraiser will be at Tesco on Saturday 15th October from 10am to 6pm. This is one of main fundraisers for the year so we would appreciate if all parents/adults (must be over 18 years) could give one hour of their time to help raise much needed funds for the Branch. Please contact Irene O'Donoghue at the RD Office mobile 087-6950672 or Marie Lehané on 087 918 973 for an hour convenient to you.

MEMBERSHIP: Membership of the Branch for the coming year is now due. The fee is as follows; €20 Family, €12 1st Adult, €8 2nd Adult, €6 Junior. Membership will be taken up at all classes in the coming week or it can be dropped in to the Rural Dev. Office for the attention of Irene O'Donoghue. Please note that your child must be a member of Comhaltas to take part in competitions for the coming year.

CONCERT TOUR: The 2016 Concert Tour of Ireland – 'Macalla na hÉireann' will be staged in Siamsa Tíre on Tuesday 18th October commencing 8pm. The cast is made up of young musicians, singers and dancers from around Ireland and is a show not to be missed for young and old, especially our young local performers. Tickets are €10 for Senior €5 for Junior available from Tony O'Connor 087 6258641.

KILCUMMIN LOOKING GOOD: Kilcummin achieved 262 points in the Tidy Towns Competition 2016, an improvement of 7 points on last year. The adjudicator's report was very positive, concluding as follows: "Kilcummin was a delightful community to explore. You have embraced your very rural environment and worked with it, as opposed to fight to control it. Your Village, including the Millennium Gardens and GAA facilities, was a pleasure to behold. Well done on all of your work this year".

NEW COURSE IN KILLARNEY COMMUNITY COLLEGE: New Course in Killarney Community College 'Life wellness Coaching' to include: Stress & anxiety management; Simple steps to manifest your life goals; Mindfulness;

Changing the way you think. Thursday 9 weeks 7.30/9.30pm. For further details or to enrol please call to Killarney Community college 064-6632008.

SENIOR LADIES: Senior Ladies are due to play Dr Crokes in the final of Division 3 of the County Senior League at 12 noon and 16th of October. Venue to be confirmed.

JUVENILE GAA: Kilcummin Juvenile GAA Christmas Draw: The 2016 season is drawing to a close and we hope that all our members and their families had an enjoyable season we look forward to 2017 season and hope to see you all then. While the 2016 season is ending preparations and fundraising for 2017 has already commenced. Our annual Christmas draw was recently launched. Tickets have been given to most families but if you have not received one they can be purchased in the post office or club bar. All tickets must be returned by the 27th of November. Please support the club draw to support your club team.

UNDER 16'S: Under 16 boys play Currow away in the semi-final of the east Kerry championship at 11:30 on the 16th of October.

HURLING: Hurling continues for 6 to 14 year olds between 6 and 7 p.m. on Thursday nights in Killarney Community College €3 per night.

GAA LOTTO: There was no winner on Sunday October 9th, 2016. Numbers drawn were 12, 16, 20, 27. Consolation prizes were €100 Brian Cahill, Knocklebede. €60 Dermot Will. €60 John C Moynihan. €30 David O'Riordan, Mountain View. €30 Christopher O'Leary, Knocklebede. Next Draw Sunday, October 23rd, 2016. Jackpot now €6,500.

MASTERGEEHA FC: U11 Mastergeeha v Inter Kenmare. Mastergeeha played Kenmare at home on Saturday morning in a mini blitz. All tried their best with lots of goals for both sides along the way.

U13 NATIONAL CUP: MASTERGEEHA 9-0 MOUNTSHANNON. Mastergeeha were much too strong for Clare side Mountshannon at Kilbreen Park on Saturday afternoon. All played

well with goals from Mark O'Shea 3, Colin and Oisín O'Leary 2 each with Donagh Fahy and Oran Dwyer getting one each.

U15 DIV 1: PARK B 3 MASTERGEEHA 1. The lads lost out in this cracking game between two very evenly matched sides. They defended well throughout and created some good goal scoring chances with Philip O'Leary and Shane Warren going close in the 1st half before the home side scored just before the break to take the lead. Mastergeeha started the better team in the 2nd half with both O'Leary and Warren again going close but the Park doubled their lead with 10mins to go. Shane Warren responded when he swept home following super wing play from Philip O'Leary but the home side struck again in the closing stages to take the points as Mastergeeha pushed for the equaliser.

U17: KILLORGLIN 3 MASTERGEEHA 2. In this close game the boys opened the scoring when Paul O'Shea finished well from the edge of the box. However just before the break the home side equalised. In the second half Mastergeeha took the lead again with Jamie O'Shea finishing off a good move. In the closing stages of the game the Killorglin side scored twice and despite their best efforts the boys could not get the equaliser they deserved.

SENIORS DIV 1B: MASTERGEEHA 3 LISTOWEL 1. Mastergeeha collected all three points courtesy of a home win on Sunday afternoon. Gearoid Kerins, Jason O'Sullivan and Derry Ahern were the goal scorers in this good performance.

MASTERGEEHA FC LOTTO: There was no winner on Friday 7th October, 2016. Numbers drawn were 8, 11, 18, 20. Consolation prizes were €100 Diane Healy, c/o Joe Doyle. €60 Tara Collins, Rathmore. €30 Colm, Eoin & Liam Guilfoyle, Rathanane. €30 Tommy Brosnan, Mastergeeha, Kilcummin. €30 Kieran Madigan, Knockataggle Beg, Kilcummin. Jackpot now €2,700

GLENFLESK NOTES

GLENFLESK SENIORS: (Sponsored by the Jarveys Rest). Our Senior team finished their season with a disappointing defeat at the hands of Gneeveguilla which ends our interest in this years O'Donoghue Cup. Despite starting the game well and going into a seven point lead with Lee O'Donoghue scoring a well taken goal, Gneeveguilla kept their Composure to get back into the game and were level by half time. A Corneilius Buckley goal midway through the second half proved the crucial score and Gneeveguilla held on for a deserved 3 point win. Well done to the players and management on good season which provided

some memorable victory's particularly the wins over Kilcummin and Spa.

GLENFLESK RAMBLING HOUSE: Our 10th rambling house will take place on Sunday October 30th from 8-11pm in Glenflesk GAA hall. A Great night has been organised with songs from a renowned Killarney singer and a visit from a newly elected Lord Mayor

GLENFLESK LOTTO: No winner of the lotto which took place in John Dans on 10/10/2016 Jackpot - €2,200.00. Numbers were 5, 7, 20 21.

1. Brendan Keogh Bridgefield (Yearly ticket).
2. Elaine O'Brien (sellers prize) Kerry Way.
3. Siobhan & Denis c/o Corner House.

4. Ciara O'Sullivan. 5. Paudie Dineen Knockanes. The next draw will take place in Spillanes on 24/10/16 and the Jackpot is €2,400.00

RAHEEN N.S. Fun Fundraising Bingo Bank Holiday weekend Saturday the 29th of October at 8.30 pm in the school hall. €10 a book this includes refreshments. Raffle on the night. All welcome. Congratulations to Dan Murphy who had the winning lotto no. 46 on Saturday the 8th of October.

CONTACT: We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.

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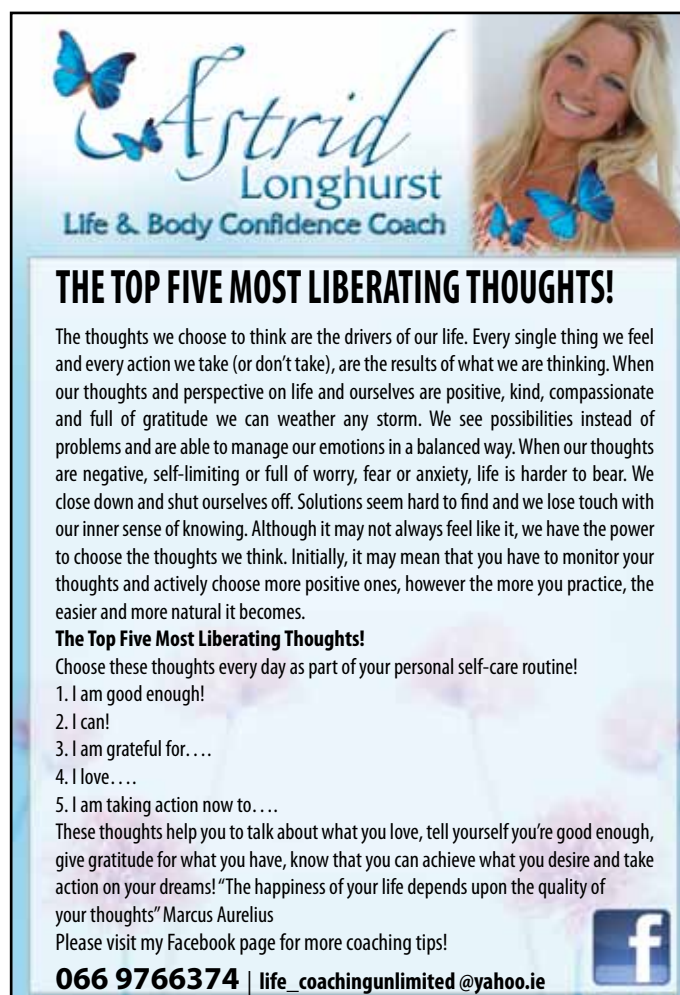
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These thoughts help you to talk about what you love, tell yourself you're good enough, give gratitude for what you have, know that you can achieve what you desire and take action on your dreams! "The happiness of your life depends upon the quality of your thoughts" Marcus Aurelius

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Trisha Moloney is a Spiritual Intuitive Energy Healer, who is a native of Co. Kerry. She is holding workshops in Killarney this month.

Trisha works weekly in Tralee and Killorglin and has now started working in Killarney. Trisha says "my unique energy healing is a non-invasive treatment, very gentle yet powerful, life changing but very effective with immediate results. It treats everything from **chronic anxiety, depression, emotional behavioural issues in kids, autism, ADHD, anger issues, digestive fatigue, low self-esteem issues (in teens), arthritis, trauma, headaches, migraine, back problems**, to name a few."

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Kerry ETB Training Centre is now recruiting for the following courses.

Food Preparation and Cooking (ET20D) - Dingle.

This course is for people who wish to pursue careers in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 17th October 2016. **Duration:** 20 weeks. **Certification:** City and Guilds Level 2 Diploma in Food Preparation and Cooking.

Healthcare Support (ETS97) - Killarney.

This course provides participants with the knowledge, skills and competencies to work as part of a multidisciplinary team in the provision of effective and appropriate healthcare supports to clients in a variety of care settings. **Start Date:** 24th October 2016. **Duration:** 41 weeks. **Certification:** QQI Level 5 Major Award in Healthcare Support.

Media Techniques - Radio (ET283) - Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 1st November 2016. **Duration:** 50 weeks. **Certification:** To be decided.

Digital Web Design with Adobe Dreamweaver (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 7th November 2016. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates in Computer Illustrated Graphics, Web Authoring and Work Experience, plus Adobe Associate Certificate in Web Communication Using Adobe Dreamweaver.

MySQL and PHP for Dynamic Websites (ETR81) - Tralee.

This course is for people who are able to build and maintain static websites using HTML and CSS? It offers participants the opportunity to develop their MySQL and PHP knowledge and skills to create dynamic websites incorporating efficient and secure content retrieval from databases. **Start Dates:** 14th November 2016. **Duration:** 24 weeks. **Certification:** Oracle Certified Professional MySQL 5.6 Developer Cert & W3C Schools PHP Developer Cert.

Surf Instructor and Beach Lifeguard (ET1Z3) - Castlegregory.

The course offers participants the opportunity to develop the knowledge and skills to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 7th November 2016. **Duration:** 25 weeks. **Certification:** ISA Surfing Skills Instructor Level 1 Cert, Royal Lifesaving Society National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Cert.

Tour Guiding (ET20B) - Killarney.

This course is for people who wish to provide local and regional tour guiding services to visitors. Participants will gain the professional, technical, social and administrative skills to offer a quality service to a range of market profiles. **Start Date:** 7th November 2016. **Duration:** 14 weeks. **Certification:** QQI Level 6 Special Purpose Awards in Regional and Local Guiding.

MTA Software & Networking Fundamentals (ET1Z4) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal starter course for people considering a career in information and communication technology. **Start Date:** 28th November 2016. **Duration:** 12 weeks. **Certification:** Microsoft Technology Associate Certification.

Heavy Goods Vehicle Driving Rigid (HGV) (ET394) - Killarney.

This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. Applicants must have a current full Class B Driving Licence and Class C Learner Permit. **Start Date:** 14th November 2016. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, RTTB Forklift Truck Driving Certificate, and ADR Driver Cert.

Reception and Clerical Skills (ET0N1) - Killarney.

If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you. **Start Date:** 14th November 2016. **Duration:** 19 weeks. **Certification:** FETAC Level 5 Component Certs in: Information & Administration, Word Processing and Customer Service.

Digital Marketing with E-Commerce (ET08342) - Tralee.

This course covers the theory underpinning digital marketing and the skills required to carry out routine digital marketing tasks and implement digital marketing solutions. **Start Date:** 21st November 2016. **Duration:** 35 weeks. **Certification:** City & Guilds Level 3 Diploma in Digital Marketing 7513-30.

To apply or get further information on any of the above courses please contact

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Only the rent for private rented accommodation that you use as your sole or main residence will qualify for tax relief. This includes flats, apartments and houses. You cannot claim tax relief for rent paid to a local authority or a State agency. You must provide receipts for rent you have paid if the Revenue Commissioners request them. You should keep your receipts for at least 6 years

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If you divide your herbaceous Perennials regularly it will ensure healthy, vigorous plants that will look good and should perform year after year. It also gives you the opportunity to multiply your plants.

Every two to three years should be enough to divide most perennials to maintain good vigor and healthy plants but if you want to divide them for the purpose of propagation, it can be done more regularly.

The best time to divide herbaceous Perennials is when the plants are dormant, so anytime from November to mid March.

A lot of spring flowering plants such as Irises, are best divided in Summer after flowering when they produce new shoots.

When you have divided your plant and you have either planted some in the border or in pots, remember to keep well watered until established.

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John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm
Working with Cllr John Joe Culloty 087-1308000 cjrljcculloty@eircom.net
and Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie
For advice and representation please feel free to call into the office or clinics
Office: **064 66 94199/083 8541447**
Email: john.brassil@oireachtas.ie John mobile: **087 2362330**



Michael Healy-Rae TD

Will Attend Scotts Hotel, Killarney every Saturday at 3.00pm

Castleisland Clinic: River Island Hotel
Last Friday of every month at 9.30pm
Killorglin Clinic: Jim Shea's Vintage Bar
2nd Monday of every month at 7.00pm
Kenmare Clinic: Atlantic Bar
Every Saturday Night at 10.00pm
Kilgarvan Clinic: Healy-Rae's Shop 9pm-10pm every Sunday
Healy-Rae's Bar 10pm-11pm every Sunday
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OUTLOOK SPORTS NEWS

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SENIOR FOOTBALL CHAMPIONSHIP SEMI-FINALS

KERRY O'SHEA REPORTS ON LAST SUNDAYS SENIOR COUNTY FOOTBALL CHAMPIONSHIP SEMI FINALS.

KENMARE DISTRICT EDGE OUT RATHMORE IN A CLASSIC

KENMARE 0-20
RATHMORE 0-19

Kenmare District advanced to their first Garvey's Kerry SFC decider since 1987 when they defeated Rathmore in a pulsating second semi-final at sunny Fitzgerald Stadium on Sunday.

Kenmare's victory was achieved at a cost though as they lost key players Brian Crowley (collarbone injury) and Adrian Spillane (suspected hamstring) which could render both doubtful for next weekend's decider against Dr Crokes.

Rathmore will rue this loss as they came very close to achieving their first-ever county SFC decider but came up inches short.

The East Kerry side created some great goal scoring opportunities, five in total over the 60 + minutes, but a failure to capitalise on any of these was to prove very costly.

In a very open contest which produced a remarkable 39 scores, Rathmore settled better and raced into a 0-5 to 0-3 lead after 7 minutes.

However, Kenmare District were slowly getting into their stride and with Tadgh Morley beginning to gain a foothold at midfield and driven on by the outstanding

Adrian Spillane who scored three excellent points from play during the game, John Galvin's side clawed their way back into the contest to lead by three after 21 minutes. Kenmare District appeared to be in total control and when Adrian Spillane (2), Patrick Clifford and Paul O'Connor who was accurate all day from play and frees, added points the District side were 0-12 to 0-7 clear approaching half-time.

However, Rathmore rallied and late scores from Paul Murphy, the outstanding Shane Ryan and Aidan O'Mahony in between a John Spillane point meant that the club side trailed by three, 0-13 to 0-10 at the short whistle. Kenmare District began the third quarter in blistering fashion and points from Paul O'Connor (2), Tadgh Morley, Killian Spillane and Steven O'Brien saw them take a six-point lead with 12 minutes of the second half gone.

At this stage, the District side were looking good, but there was still a kick in Rathmore and when Brendan O'Keeffe (2), Mark Reen (3), John Moynihan and Kerry minor Mark Ryan added points to level the scores at 0-18 we were about to witness another Rathmore fightback.

However, Kerry minor skipper Sean O'Shea



TADGH MORLEY HAD A FINE GAME AT MIDFIELD FOR KENMARE DISTRICT IN THEIR SEMI FINAL CLASH WITH RATHMORE.

had the last say when he landed a late brace and despite a late point from Paul Murphy, the District side hung on to claim the precious win.

CROKES EDGE OUT DINGLE IN TIGHT ENCOUNTER

DR. CROKES 1-15
DINGLE 0-15

Eoin Brosnan has scored many vital goals for his club and county over the years but the goal he scored eight minutes into the second half of a lively Garvey's Kerry SFC game in Killarney proved the vital score as his club advanced to yet another final against Kenmare District this weekend.

Dingle will view this as one that was theirs to take but let it escape, while Crokes outstanding keeper Shane Murphy who came to their rescue on a number of occasions in both halves with timely interventions.

The first of these came midway through the first half when Murphy's reflexes prevented Barry O'Sullivan from goaling then with eleven minutes of normal time remaining, the agile keeper denied Mikey Geaney who was through on goal with a brilliant save from close range.

Despite the late dismissals of Colm Cooper (yellow and black cards) and Fionn Fitzgerald (yellow and red), Pat O'Shea's side still hung on for the victory but they knew they were in a battle.

This opening semi-final in the Fitzgerald Stadium double-header produced fast



CROKES VETERAN EOIN BROSAN SCORED A VITAL GOAL FOR CROKES IN SUNDAYS VICTORY OVER DINGLE.

football that had both sets of supporters on edge throughout the 60 + minutes.

Dingle opened brightly with points from Conor Geaney and Tom O'Sullivan while the outstanding replied with a good score for Crokes, who were playing into the Dalton's

Avenue End in the first half.

Casey and Kieran O'Leary added points as the sides were tied at 0-3 each after eight minutes. Scores were still level at 0-6 apiece with 26 minutes gone before Crokes with late scores from Brian Looney (2) and Kieran O'Leary in reply to a Conor Geaney white flag for Dingle left the half-time score reading 0-9 to 0-7 in favour of Pat O'Shea's side.

Dingle began the second half brilliantly with scores from Cathal Bambury and Paul Geaney. Colm Cooper and Brendan Kelliher exchanged points and after 37 minutes the scores were tied at 0-10 apiece.

Then Brosnan struck for his all-important goal with a very deft finish which put Pat O'Shea's side in the lead. Dingle were not finished yet, Conor and Paul Geaney and Aidan O'Connor added scores it was an even game going into the final quarter.

Outstanding wing-back Gavin White eased Crokes in front again which was cancelled at the other end by Mikey Geaney's superbly-struck 45.

Crokes finished the stronger and points from Ambrose O'Donovan, Michael Burns, Colm Cooper and Shane Murphy from a long-range free were enough to take them over the line.



OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



SENIOR FOOTBALL CHAMPIONSHIP FINAL

KERRY O'SHEA LOOKS AHEAD TO SUNDAY'S INTRIGUING KERRY SENIOR FOOTBALL CHAMPIONSHIP DECIDER

SHOWTIME FOR DR. CROKES AND KENAMRE DISTRICT

Fitzgerald Stadium houses what promises to be an intriguing Garvey's Kerry SFC decider this Sunday afternoon when title favourites Dr Crokes and Kenmare District go into combat for the biggest prize in Kerry GAA, the Bishop Moynihan trophy.

County SFC Final day is always a special day in the county's sporting calendar as the top two teams in the county battle it out for ultimate glory.

This year, 16 teams began battle in May for the most coveted prize in Kerry GAA, just two now survive. These teams have prepared diligently for the ultimate prize and are now just 60 minutes away from glory.

This is the first time since 1987 that Crokes will face Kenmare District in a Kerry decider. On that occasion, the Divisional side won by the narrowest of margins following an extra-time thriller in Austin Stack Park.

Both managers, Pat O'Shea (Dr Crokes) and John Galvin (Kenmare District) know each other so well, both having won County SFC titles with Dr Crokes and both men figured on the Dr Crokes team sheet that afternoon some 29 years back.

John Galvin, of course, has managed South Kerry to county SFC glory against Crokes in 2009 and this adds more fuel to the fire.

Galvin is widely recognised as one of Kerry's top coaches and he has an impressive CV under his belt, as has Pat O'Shea, who famously led Kerry to that never-to-be forgotten All-Ireland SFC final victory in 2007.

To get to the final, Crokes comprehensively defeated West Kerry in Round 1 and followed up with wins over St Kieran's (Round 2), Kerins O'Rahilly's (Quarter-final) and Dingle (Semi-Final) while Kenmare District recorded wins over St Brendan's (Round 1), Killarney Legion (Round 2), Austin Stacks (Quarter-final) and Rathmore (semi-final) to set up what should be a mouth-watering and intriguing contest.

Kenmare are backboned by players from Kenmare Shamrocks, All-Ireland Junior Champions Templeogue and Tausist.



JOHNNY BUCKLEY SEEN HERE IN ACTION AGAINST KERINS O'RAHILLY'S IS SURE TO HAVE A BIG SAY IN THE OUTCOME OF SUNDAY'S FINAL.

Their semi-final victory over Rathmore was achieved at a cost as Gavin Crowley and Adrian Spillane had to retire injured which could see both doubtful.

Both of these players have been vital to Kenmare march to the decider but Crowley will almost certainly be ruled out as he suffered a broken collar bone while Adrian Spillane, who was inspirational in the win over Rathmore, faces a race against time to be fit. Kenmare District have outstanding players in



PAUL O'CONNOR HAS BEEN KENMARE'S TOP MARKSMAN THIS YEAR SCORING 2-21 IN THE CHAMPIONSHIP SO FAR.

Patrick Clifford, Tadhg Morley, Peter O'Shea, Teddy Doyle and their top scorer, Paul O'Connor, who has scored 2-21 in this year's title race.

Kerry minor skipper Sean O'Shea and Kerry senior Steven O'Brien are also vital cogs in John Galvin's machine.

On the other hand, Crokes are laced with household names. Players like Michael Moloney, David O'Leary, Daithi Casey, Brian Looney and Kieran O'Leary and his brother David need no introduction to Kerry football followers and are multi County SFC medal winners.

Add in the infusion of young talent this year like Gavin White, who looks a real prospect for the Kerry set-up, Gavin O'Shea and Tony Brosnan and you see why Crokes are favourites.

When one talks of the Crokes one has to mention their county stars, Johnny Buckley and of course the legend that is Colm 'Gooch' Cooper, who is now in the twilight of his career and would love to win another County SFC medal while Eoin Brosnan is still playing some great football for his club and played a vital role in their semi-final win over Rathmore.

The Crokes bench too is very strong and contains players like Mike Milner, Jordan Kiely, Michael Burns, Jamie Doolan and Chris Brady to name just a few.

This is the first time since 1987 that Crokes will face Kenmare District in a Kerry decider. On that occasion, the Divisional side won by the narrowest of margins following an extra-time thriller in Austin Stack Park.

Crokes are going for their first County SFC title since 2013 and their 11th title in all while Kenmare District will be hoping for win no 3. It promises to be an intriguing final as it is a classic district side v club decider. Crokes of course will be marginal favourites but Kenmare District will have other ideas. It promises to be close, very close!

PATHS TO THE COUNTY FOOTBALL FINAL

DR CROKES

ROUND 1: Dr Crokes 5-19 West Kerry 1-9

ROUND 2: Dr Crokes 2-16 St Kieran's 3-12

QUARTER-FINAL: Dr Crokes 1-16 Kerins O'Rahilly's 0-14

SEMI-FINAL: Dr Crokes 1-15 Dingle 0-15

SCORES FOR: 9-66 **SCORES CONCEDED:** 4-50

TOP SCORERS: Tony Brosnan 2-12; Colm Cooper 1-14; Daithi Casey 0-9.

KENMARE DISTRICT

ROUND 1: Kenmare District 1-16 St Brendan's 1-10

ROUND 2: Kenmare 1-12 Killarney Legion 0-10

QUARTER-FINAL: Kenmare 0-15 Austin Stacks 0-12

SEMI-FINAL: Kenmare 0-20 Rathmore 0-19

SCORES FOR: 2-63 **SCORES CONCEDED:** 1-51

TOP SCORERS: Paul O'Connor: 2-21; Sean O'Shea 0-9; Killian Spillane 0-7.



LEGION U14 GIRLS WHO WON THE EAST KERRY DIVISION 1 SHIELD FINAL AGAINST SCARTAGLIN.

FRONT ROW L:R: KATE MCCARTHY, CAOIMHE FLEMING, SUE O'DONOGHUE, NIAMH O'LEARY, EVE CROWLEY, AISLING STACK, LAUREN HORGAN, ANGELICA MASLACH, LEAH DICKINSON. BACK ROW L:R: AMY MYERS, ELLEN FARANDON, CLODAGH SHEAHAN, ISABELLE MURPHY, ORLAITH O'CONNOR, EVIE CULLOTY, TARA MURPHY (CAPTAIN), DEIRDRE LYNE, ISOBEL STACK, CLODAGH BOUGHEN, AILBHE GAMMELL, SHONAGH DOODY, KERI-ANN HANRAHAN. PHOTO: TOMMY REGAN.

DR CROKES CLUB NOTES

SENIOR COUNTY CHAMPIONSHIP SEMI FINAL:

DR CROKES 1-15 DINGLE 0-15: In a game in which there were never more than three points between the teams we got over the line by three points, in a very close and keenly contested encounter. The game was won for us and probably lost for Dingle in the 40th minute. We carried the ball from the halfway line in a passing movement which resulted in a goal by Eoin Brosnan. This put us three points ahead, a lead we held to the end.

Dingle got off to a good start and scored two points without reply. Two Daithi Casey points and one from Kieran O'Leary put us a point ahead. This lead did not last long as our opponents sent over two points in as many minutes for a point lead at the end of the first quarter. Two points by us and one by Dingle left the teams level by the 20th minute. The teams exchanged points again but two points by Brian Looney just before half time gave us a 0-9 to 0-7 interval lead.

Our opponents started the second half in style and two points gave them equality after three minutes. The teams exchanged points in the next few minutes and then in the 40th minute came the vital score of the game, a goal by Eoin Brosnan after a good passing movement. Three unanswered points by our opponents brought them back level at the end of the third quarter. We had another good spell in the next ten minutes with points by substitutes Ambrose O'Donovan and Micheal Burns and another from Colm Cooper. A vital free by goalkeeper Shane Murphy gave us the insurance point in the 62nd minute. Dingle did not surrender but attacked relentlessly in the remaining minutes but their reward was just a point in the last minute. This gave us a victory by 1-15 to 0-15.

While our mentors would have been happy with a tally of 1-15 they were however aspects of our game that were below par.

We are going to be playing tough opponents in Kenmare District in next Sunday's final. We will have to improve on our semi final performance

to bring home Bishop Moynihan Trophy.

JUVENILE ACADEMY: Only a couple of more weeks left on the Juvenile Academy Calendar and this weekend we welcome St. Colums GAA Club from Cork for a morning of fun games. Hurling games start at 10:00am sharp followed by Gaelic Football at 10:45am. Please arrive at least 10 minutes before the start times to facilitate organisation of the groups etc.

CLUB NEWSLETTER: We will be launching our first digital club newsletter this coming week. It will include a round-up of most of the clubs activities to date with a look towards upcoming events. All members who have registered with an email address will receive the newsletter. If you haven't registered an email address and wish to receive it, please get in contact with Michael O'Keeffe (0872735193) or atdrcrokesit@gmail.com

CONGRATULATIONS: Congratulations to Rory Waters and Susan O'Sullivan who were married in Gougane Barra last week. Rory is a senior hurler with Dr. Crokes and is also involved in juvenile hurling coaching in the club.

LOTTO: Lotto 1, 2, 11, 14. Jackpot €9600. Not won match 3 5 by €80. Next draw on Monday 17th of October in Speakeasy. Jackpot €9900.

FIRIES COISTE NA NÓG

U10 BOYS: Our U10 boys have reached the final stage of their season. These robust troopers are scheduled to travel to a blitz in Mallow, Co Cork on Saturday, 15th October, details of which will be available on our Facebook page this week. The boys had a full-bodied season, overall performing very vigorously and dynamically. We congratulate the boys on all their effort and look forward to seeing the cohort again on our Saturday morning Academy next season.

COACHES, MENTORS & VOLUNTEERS:

On behalf of the club, we would like to sincerely thank all our Saturday morning academy coaches, mentors and volunteers for their tireless commitment to our underage players.

FIRIES GAA ARE GOING TO THE DOGS:

Furies GAA are going to the dogs, all literally of course, to raise funds for the development of phase one of their second pitch in Ballyvarrig, Furies. Over seven acres, near the heart of Furies village has been purchased by the expanding East Kerry GAA Club with the intention of developing the land as a juvenile football pitch, along with dressing rooms, and carpark facilities. This proposed development is a direct response by the club to the sharp rise in numbers in the juvenile age groups and to cater for the future of this expanding club. A fun packed race night is on the schedule on October 22nd in Kingdom Greyhound Race Track in order to kick-start phase one.

If anyone is interested in supporting this exciting phase of the project, please make contact with our dedicated email; furiesgaanightatthedogs@gmail.com and one of our club officials will make contact with you.

LISTRY NOTES

THE O'DONOGHUE CUP: Listry seniors will play their next game at home v Dr. Crokes date tbc.

EAST KERRY FR GALVIN CUP SEMI FINAL: Listry played at home v Furies last Saturday evening in the semi final, narrowly missing out by 2 points. Full time score Listry 0-14 Furies 2-10.

JUVENILES: We brought the curtain down on our Friday evening training sessions in Allan Park. On an evening borrowed from Summer we had a huge crowd for our last session of the year. We welcomed Listry senior captain Billy O'Brien, Kerry Minor manager Peter Keane and Kerry minor David Clifford from neighbouring club Fossa along with the Tom Markham cup. The three lads presented each of our juvenile players with a medal. Huge thanks to Ger Brosnan Tree Surgeon for generously sponsoring these medals. They also presented our U11s with their East Kerry medals. Thanks to the three lads for attending on the night. Thanks to all our mentors for their dedication throughout the year. Thanks to all the parents for their support in helping out in various ways throughout the year. Finally and most importantly a big thanks to all our fantastic boys and girls for their dedication and good behaviour over the year. Keep practising your skills over the winter months and we look forward to returning to training in 2017. Up Listry.

LISTRY WEEKLY LOTTO RESULTS: Sunday 9th October, 2016. Winning Numbers 4, 11, 15, 25. Jackpot €2,000. Not Won
1 x €100 Chris Kelliher, Listry.
2 x €50 Beth & Simon Coffey, Sharon Campion, Ballymalis. 2 x €25 Conor Broderick, Kilbonane, Tim Sheehan, Kilderry. Draw Entrant Mairead Gallagher, Dromavalla. Jackpot next week Sunday 16th October €2,150.



BEAUFORT GAA NOTES

CHAMPIONS: U12 girls sponsored by Anthony Foley Decorating finished their year on a high with a good win over Cromane in the East Region Division 1 Final played in Beaufort on Thursday last. Final score: Beaufort 4-4 Cromane 3-2.

The first half was a very close affair with Cromane leading by a point at half-time 2-2 to 2-1 Beaufort 2 goals coming from captain Saoirse Dorian and a point from Emily Kissane. The 2nd half again was very close but Saoirse Dorian again was on the scoring sheet with a goal while sub Meave Crowley also scored a goal. Eva O'Malley and Meabhhdh Kissane both had points and Saoirse Dorian finished the scoring with 2 points. Aoife O'Brien was solid in goals throughout while the full-back line of Sinead Barrett, Kate Murphy and Grainne Clifford defended heroically. The half-back line was outstanding with Lucy Breen, Ciara Cronin and in particular Tara Foley keeping Cromane's danger players under control. Emily Kissane and Meave Coleman-Horgan both played well and worked hard throughout. Forwards Ellie O'Leary and Meabhhdh Kissane got on a lot of ball and used it wisely while Saoirse Dorian was on hand to finish. Corner forward Eva O'Malley caught the eye while Emma Kissane and Aoibheann Coffey also tried hard. Sub Meave Crowley scored a great goal at a vital time in the game while Lola Egar, Emily Coleman, Lauren Foley, Ella Doyle, Ava Foley, Orla O'Sullivan, Ruby Tuohy and Ellie Mangan all have been eager to get on the pitch and trained hard all year. Next year will be their year as most of them are U12 again in 2017. Well done to Eamonn Kissane and Lauren O'Leary who trained them all year.

U 14 BOYS: Sponsored by Sean Coffey of Kate Kearneys Cottage lost out to Laune Rangers A in the Mid Kerry A Competition final on Sunday last. Final score: Laune Rangers 6-10 Beaufort 4-10.

JUNIORS: Beaufort Junior team lost out to Kenmare after extra-time in the Barrett Cup in Beaufort on Sunday morning thus missing the chance of reaching a 3rd Final. Final score Beaufort 1-17 Kenmare 3-13.

LOTTO: Results of Sunday, 2nd October for jackpot of €6,400. Numbers drawn: 2,7,13,28. No jackpot winner.

Consolation Prizes: €80 Inverary Syndicate. €50 Mary Doyle, Carnahone, Ambrose Donnelly, Gneeveguilla, Pádraig Hartnett, Gap of Dunloe. Next draw for jackpot of €6,400 will be in Inn Between Bar on Sunday, 16th October.

FIXTURES: Beaufort will play Keel in first round of Mid Kerry senior championship. Date and time to be decided.

CLASSES: AUTUMN/WINTER CLASSES IN BEAUFORT G.A.A. CLUBROOMS:

Registration taken for the following classes which will go ahead depending on numbers registered. Minimum of 10 per class Thursday mornings: 9.30am-10.25am. Pilates/Strength/

Conditioning with Tony (almost full) Thursday mornings: 10.30am-11.25am Pilates/Strength/ Conditioning with Tony.

Friday mornings: 11am-11.55am Active retired/Over 50's with Colleen.

Thursday evenings: 7pm-7.55pm. Pilates with Denis.

Thursday evenings: 8pm-8.55pm. Pilates mixed Denis Friday evenings: 7pm-7.55pm. Pilates with Colleen (almost full). More classes to be added shortly Cost will be €7 per class. Any 5 classes for €30. Reduced rate for over 50's class Conversational Irish depending on interest. Format and timetable to be decided.

Contact: Bridget: 087 9975737; Anne: 086 3163133; Eileen: 087 7802606; Nora 086 1556181.

SPA CLUB NOTES

COISTE NA NOG: Spa U-6, U-8 boys had their last training session for 2016 and ended with a pizza party. Thanks to all the coaches for your excellent work. The ABC nursery for U-5s, which started last week, will continue for another few weeks.

SPA UNDER 12 BOYS: Played their last game of the season at home to Templenoe. They won the game after a very strong battle. The winning point kicked by Daniel Daly. The boys have now earned a rest until the new year. They are a credit to both their families & the club. Best of luck to Rian O'Neill & Jack O'Sullivan who are moving up to under 14 next year. Don't forget our end of season medal presentation & Quiz this Friday night the 14th of October in the Torc Hotel, it promises to be a enjoyable night. Thanks to all the boys who played with the under 11's & under 12's this season.

UPCOMING FIXTURE: Sunday October 23rd at 2pm – County Championship Minor Final. East Kerry V Mid Kerry in Fitzgerald Stadium.

O'DONOGHUE CUP QUARTER FINAL:

SPA 2-13 LEGION 1-13: A brilliant team performance from our seniors last Saturday earned a magnificent win against neighbours Legion in Direen to progress to the semi-finals of the O'Donoghue Cup East Kerry Championship. It was a game played with high intensity right from the throw in. Spa raced into an early lead with two opening points from Mike Stam O'Donoghue and a lovely point from Evan Cronin, before Ciaran Spillane made a burst through the Legion defence and passed to Evan Cronin who finished to the net. A point a minute later by Dara Moynihan extended that lead to 1-4 to 0-0. Legion started to hit over some scores before a stunning curling shot from Evan Cronin landed between the posts. Then David Spillane worked in towards goal and laid off to Evan who duly hit the back of the net for a second goal, Spa now leading 2-5 to 0-3 after 20 minutes. Mike Stam O'Donoghue hit 3 points on the trot before Liam Kearney saw black for a foul inside the small square, but James Devane expertly saved James

O'Donoghue's penalty shot. Spa were reduced to 14 men shortly before the half time whistle and went in 2-8 to 0-6 ahead at the break.

Legion started the second half well and within eight minutes had reduced that gap to 4 points before Mike Stam hit over 2 good points to settle the side. Another Evan Cronin score had Spa leading 2-11 to 0-11 going in to the final ten minutes. Points by Mike Stam and Dara Moynihan extended that lead but Legion fought to the end and a goal in injury time made for a nervous finish, but Spa edged out deserved winners in the end. Some fantastic football from our seniors, with Mike Stam O'Donoghue selected as the Man of the Match after the game.

TEAM: James Devane, Eoin Cronin, Matthew Moynihan, Dan O'Donoghue, Shane Lynch, David Spillane, Michael McCarthy, Liam Kearney, Andrew Garnett, Cormac Cronin, Ciaran Spillane, Dara Moynihan (0-2), Evan Cronin (2-3), Mike Stam O'Donoghue (0-8), Shane Cronin. Subs: Michael Foley, Craig Hickey, Eric O'Donoghue, Alfie Giles.

LADIES FOOTBALL:

SENIOR LADIES: The ladies contest two finals in the next few weeks.

Final Junior B Final: Saturday October 15th Junior 'B' final Finuge St. Senans v Spa.

Mary Jo Curran Cup Final:

Spa V Kilcummin October 22nd/23rd V Kilcummin.

SCÓR NA NÓG AND SCÓR NA BPAISTÍ:

Club members under the age of 17 years on January 1st 2017 who may be interested in participating in the forthcoming East Kerry Scór na nÓg competitions are invited to contact Eileen on 087 9940594.

Primary school children (club members) if interested in Scór na bPaistí may also contact Eileen on the number above.

Scór categories – Figure Dancing, Solo Singing, Recitation/Storytelling, Instrumental Music, Léiriú/Drama, Ballad Group, Set Dancing and Table Quiz.

LOTTO: Numbers drawn in Jimmy's 3, 9, 13, 18. No Jackpot winner. Monthly annual draw John Bowler c/o The Reeks. Lucky dips, Danny Cahill, Clash. Margaret Cahill, Tullig. John Falvey c/o Liebherr. Sinead O'Connell, Rathmore. Draw next week Arbutus €9,400.

CLOTHES COLLECTION: A chance de-clutter those wardrobes and support the underage structure in Spa. We collect clothes, shoes, bags etc, all year round. Bags can be left in Spa during the after 5pm in the lobby under the stairs. Further information contact Anne Holland 0857780883. Collection will take place in the next few weeks so don't miss your chance to off load unused or unwanted clothing. Your support is greatly appreciated.

HALL RENTAL: Please contact Eileen Casey for availability 087 6577312.

SPA MERCHANDISE: Contact Mathilda for the new range of fantastic gear 087 6487356.

COMMUNITY NOTES: WEDDING



Congratulations to our underage girls coach, Susan O'Sullivan, Park Road, who married Rory Waters during the week.

SYMPATHY: Is extended to Ciss McCarthy, Tiernaboul, on the recent death of her niece, Cicela O'Neill, Blackwater. May She Rest In Peace.

EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

QUARTER FINALS AQUILA CLUB O'DONOGHUE CUP CHAMPIONSHIP

Spa progressed to the semi final of Aquila Club O'Donoghue Cup against Killarney Legion defeating them 2-13 to 1-13. Mean while in the other quarter final Gneeveguilla defeated Glenflesk 3-10 to 1-13. This means that Spa and Gneeveguilla join Rathmore in the draw for the Semi Finals and await the outcome of Listry V Dr Crokes quarter final, which will be fixed for the first available date.

FR GALVIN CUP: FIRIES 2-10 LISTRY

0-14: Passionate players and supporters always add a colourful dimension to local derbys and so it was at Listry last Saturday evening when Firies and Listry contested the Fr Galvin Cup East Kerry Intermediate Championship semi-final, sponsored by The Aquila Club, Gleneagle Hotel. Two goals from man-of-the-match William Courtney were the deciding factor between these two evenly matched sides. Within three minutes of the start, Colm O'Shea supplied the ball to Courtney on the left wing and he cut in at an angle to rifle his shot into the roof of the net and followed with a point from play gave Firies a great foundation after five minutes. It was tit for tat for the remainder of the quarter. Two Listry points, a point for Firies which was countered by points from Listry to leave the scoreboard Firies 1-2 Listry 0-4 at the end of the first quarter. However, within a minute Firies manufactured a second goal. A Jack Sherwood free was claimed by Ed Kerrisk whose pass to the inrushing Courtney resulted in a second green flag for Firies. Listry pressed seeking a goal in reply. Danger man Joe Clifford got possession at the top of the square but a diving block by John O'Mahony on the boot of Clifford prevented the goal an defence was turned into attack and Firies registered a point. The sides traded points leaving the half time score: Firies 2-4 Listry 0-6

The second half saw Listry take the game to Firies and reduce the margin to the minimum - Firies 2-6 Listry 0-11 at the three quarter stage. However, this was as close as Listry was to get as both sides battled fiercely to the end swapping scores, 4 points for Firies to 3 for Listry. Final score Firies 2-10 Listry 0-14. William Courtney (Firies) received the Aquila Club man of the match award from East Kerry Board secretary Dermot O'Connor. Fires play Fossa in the Final. Referee Donal Casey Scartaglen

COUNTY CHAMPIONSHIP: Best of luck to Dr Crokes in the County Senior Championship Final. Commiserations to Rathmore.

CUMANN NA MBUNSCOIL: East Kerry/ Kenmare primary schools games have been completed. Two Teacher NS games saw Glenflesk NS and Bonane NS qualifying. Realt Na Mara NS Tuisist and Knockanes NS progressed in the three teacher section. Loreto NS and Knockaderry NS qualified in the 4/5 teacher section. Fossa NS will represent East Kerry in the 6/8 teacher section. Thanks to all schools for supporting East Kerry/ Kenmare committees running the games with local referees providing great support. Best of luck to all schools in the county section.

EAST KERRY U15: East Kerry U15 Super Touch semi final draw sees Firies host Spa while Dr Crokes host Killarney Legion. East Kerry winners progress to County U15 competitions on Thursday 27th October. Vince Cooper East Kerry/ Kenmare GDA will contact clubs to organise fixtures.

FIXTURES: MD O'Shea EK U16 Championship Sunday 16 October at 11.30am

First team = Home venue.

Division 1 Semi Finals

Cordal/Scartaglan V Fossa.

Killarney Legion V Dr Crokes.

Division 4 Semi Final Replay.

Currow V Kilcummin.

LEGION GAA

O'DONOGHUE CUP ¼ FINAL

LEGION 1-13 SPA 2-13:

LEGION SCORERS: James O'Donoghue (0-4, 3f), David O'Sullivan (0-3f), Shaun Keane (1-0), Kevin Breen (0-2), Alan Moriarty (0-1), Conor Keane (0-1), Finbarr Murphy (0-1 45') Jonathan Lyne (0-1).

LEGION: Brian Kelly, Andy O'Sullivan, Chris Davies, Darragh O'Doherty, Podge O'Connor, Jonathan Lyne, Shaun Keane, Jack O'Neill, Rob Leen, Alan Moriarty, Donal Lyne, James O'Donoghue, David O'Sullivan, Conor Keane.

Subs: Kevin Breen, Cathal Sheehan, Finbarr Murphy, Tom Moriarty, Seán McCarthy.

LADIES: Well done to the Legion senior ladies who have qualified for the County League final by virtue of a 6-14 to 4-5 win over Annascul last weekend. They now face either Currow or Abbeydorney in the final.

FIADHNA TANGNEY: Congratulations to Fiadhna Tangney on being named the Young Munster Player of the Year.

SCÓR NA NÓG: We are currently looking for contestants for Scór na nÓg which runs up to U-17 level. The categories are ballad, recitation and quiz. Any willing musicians, singers or brain boxes out there can contact Scór Officer Carolann Spellman at 086 1709322. With a great showing at Scór na bPáistí earlier this year we are striving to equal or better it at Scór na nÓg. The event takes place at the end of the month.

MASS: There will be a Mass at our clubhouse on Friday, October 14th at 7pm where we will

remember our deceased members and also pray for all present and past members and their families. We hope to see past members, children, parents and grandparents, players, supporters and sponsors. Everyone is welcome. Transport will be available if required, just contact any club officer. There will be hymns by some of our Scór team and refreshments afterwards. Please spread the word.

SATURDAY MORNING ACADEMY:

Training continues this Saturday from 10.30am to 12 noon at our home grounds in Derreen. Kids aged 4-10 from the Killarney area are invited to come along and sign up. For more information contact Seán at 087 2225325.

GNEEVEGUILLA GAA

GNEEVEGUILLA GAA LOTTO: Numbers 15, 24, 27, 30. No jackpot winner next weeks jackpot €5,000.

€40 John McAulliffe Rathmore.

€40 Paud Cremin Quarry Cross.

€40 Shiela Dobbins Village.

€30 Tom Cooper Knocknagree.

€30 Supermac Rathmore.

€20 John McCarthy Yearly ticket.

HALLOWEEN PARTY: Gneeveguilla Gaa Halloween Fancy dress party is on October 30th in the club bar. Live music on the night and loads of spot prizes everyone welcome.

CONGRATULATIONS: To Gneeveguilla seniors who defeated Glenflesk in the O'Donoghue cup and are now through to the semi finals.

RATHMORE GAA CLUB

THE TOMMY KELLIHER U-10 BLITZ: Well done to Gneeveguilla, Glenflesk, Kenmare, Spa, & Rathmore Clubs who took part in the blitz held in Rathbeg. It was a great day for these young footballers. The Shield Final saw Rathmore (white team) and Glenflesk do battle and on this occasion Glenflesk emerged as winners. The Cup Final saw Rathmore (red team) & Spa take to the pitch this was a very exciting and close game, at full time both sides were level so, onto extra time once again it was score for score by both teams but Rathmore managed to get the vital winning score.

Thanks to all who helped out on the day, you know who you are without your help these Blitz for the children wouldn't be able to proceed.

WISHES: We wish speedy recovery to Rathmore Senior Manager Denis Moynihan from his recent illness.

Hard luck to Rathmore seniors on Sunday last in semi final of Garvey's County Championship against Kenmare District final score 20pt. to 19pt. Mighty effort huge thank you to all the Rathmore players and management who have given so much of themselves for our enjoyment and pride. We hope the injured and unwell will recover soon to line out for club and parish.



WORKMEN'S ROWING CLUB

THE IRISH OPEN: An exciting weekend of racing took place at the 2016 Irish Open which was held at the Irish Rowing Centre in Cork, where hundreds of athletes competed along with some of our own rowers. Our J18 girls, Annie O'Donoghue, Ciara Brown, Siobhán Burns and Ciara Moynihan along with two of our J18 boys, Ruadhán Mac Curtáin and Jakub Kunicki and Senior Rower, Aodhán Burns, all of whom competed in this first trial for the Irish High Performance Squad of the 2016 season. It was so exciting to be racing alongside our Olympic heroes Sanita Puspure and Paul and Gary O'Donovan. The water was like glass all weekend and the dense fog on Sunday morning did nothing to mar the sights that these young rowers have for a bright future of rowing ahead of them.

Many thanks to our coaches Mickey Joe Burns and Hannah Majella O'Donoghue for their Trojan work all weekend and not forgetting the 'management team' of Leona Brown and Marc Woodard!

TRAINING NEWS: Indoor training continues during the week as per coaches texts and at the lakeshore at Reen Pier on Saturday and Sunday mornings.

WOULD YOU LIKE TO TRY ROWING?:

Workmen's Rowing Club have a huge tradition of rowing in Killarney and we train for different genre of rowing all year round.. from Olympic Sculling, All-Ireland Indoor Ergometer Rowing, Traditional Killarney Sixes to Gig and Coastal Rowing. During inclement weather we continue to train onshore and indoors. Beginners are always welcome, adults and boys and girls from 12 years of age or older can come along, talk to our coaches, try out the rowing machines and sit in with other beginners or more experienced rowers, to experience this fabulous sport. If you are interested in taking up rowing why not contact : Mary Moynihan: 086 8098182.

ORDERS FOR CLUB GEAR: Please ensure that you have full payment with your orders for club gear to Pauline a.s.a.p. as per notice in the clubhouse, where all items and their prices can be seen. Orders are being placed this week to ensure delivery by Christmas.

For a full list of upcoming rowing events and other information about the sport of rowing, please visit www.rowingireland.ie

Why not keep in touch with us by liking us on facebook: 'Workmen's Rowing Club'.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto 07/10/2016, numbers drawn were 2, 4, 5, 13. Sellers prize winner: Post Office Gneeveguilla, €50 Y/T winner Breeda & Rita Casey Tralee Rd Killarney, €50 to Helen Ashton Gullane, 4 x €40 each to Dan Corcoran Kilcummin, John O'Neill Credit Union Rathmore, and Andy Halloran Knocknagree. Bonus not won, numbers drawn



WORKMEN'S ROWING CLUB J18 ATHLETES WHO COMPETED AT THE 'IRISH OPEN' LAST WEEKEND AT THE NATIONAL ROWING CENTRE, INISCARRA, CO. CORK. L TO R: ANNIE O'DONOGHUE, CIARA MOYNIHAN, JAKUB KUNICKI, RUADHÁN MAC CURTÁIN, CIARA BROWN AND SIOBHÁN BURNS.

were 1, 19, 27 & 29. Next week's jackpot €4,200 plus €1,000 bonus.

TRAINING: Indoor training in Gneeveguilla GAA Hall has recommenced on Monday nights 7.30 – 8.30 pm. A minimum of 15 juveniles will be required at training each week in order that training continues. Kerry County Uneven age, masters & Intermediate Cross Country: Held in Farranfore on Sunday last, there was great running from the Clubs perspective. Oisín O'Leary 2nd boy U9, Evasha Lyne 2nd U11 girls, Saoirse Thompkins 4th U13, in the trams Ava O' Shea, Zoe Counihan, Kate Healy, Ciara Moynihan 7 Marlene O'Brien were 3rd girls team U9, Evasha Lyne, Claragh O'Connor, Danielle O'Riordan, Heather Culloty & Cliona Sweeney won gold team U11. Shona O'Brien was 1st U17, Eoghan Lyne 1st U15 & Micheal Sweeney was 3rd U15, Anthony Buckley 2nd U17 boys, Andrew Purcell 4th U19, well done to all other juveniles who ran. Our masters men and women all ran well. Robert Purcell was 1st O45 with John Barrett was 2nd, they with John Guerin & Donal Reen won the O45 team.

CROSS COUNTRY RELAYS: County Cross Country relays will be held October 30th in Caherciveen. Wishing a speedy recovery to Jack O'Leary, Una Thompson and John O'Sullivan who are all injured at the moment.

KILLARNEY COUGARS BASKETBALL CLUB

CLUB NEWS: JUVENILE NEWS

U14 GIRLS DIV 2: BOBCATS TRALEE 17

KILLARNEY COUGARS 22: The Cougars travelled to the Bobcats at the Moyderwell on Saturday morning and the Killarney Cougars finished the stronger to take the points in a entertaining game. The home side opened the scoring with Maryann Fleming but their was little between the sides as the teams were level at the end of the opening two quarters. Cougars made a good start to the third quarter and good baskets by Alison Flynn and Fiona Dineen put Cougars ahead. The Cougars with a good height advantage started to dominate on

the boards at both ends of the court to lead the Bobcats by three at the end of the third quarter. The final quarter was very entertaining with the Bobcats pressing the Cougars and baskets by Sarah Folan and Cora Savage saw them stay in contention and the Cougars defence stood firm with Emma O'Sullivan, Katie Joy, Alison Flynn and Fiona Dineen all working hard to deny the Bobcats further opportunities and late baskets by the Cougars secured the hard earned points before a good attendance at the Moyderwell.

ACADEMY BOYS: VIXENS ATHEA 6

KILLARNEY COUGARS 11: A very exciting contest in Athea for the large attendance saw the Cougars take the points with a strong second half effort. Cougars led throughout this low scoring contest with Ian Coffey, Aaron Padrillion and Mark Daly performing well for the home side. Good baskets by Jack Driscoll and Daithi Kissane O'Sullivan saw Cougars deservedly lead by 5 points entering the final quarter and despite late pressure by the Vixens Cougars held on to take the points in the opening game of the season for both sides.

SENIOR NEWS: WOMENS DIV 1

ST MARYS CASTLEISLAND 63:

KILLARNEY COUGARS 49: The opening game of the season saw Cougars travel to Castleisland and a slow start by the visitors proved costly. Cougars trailed by 17-7 with Eileen O'Connor impressing with some good early baskets. A more evenly contested second qtr saw Cougars much improved as the sides went basket for basket with St Marys holding onto their first qtr advantage. Cougars dominated the third qtr with good scores by Lynn Jones and Cassandra Buckley to reduce the arrears to 49-42 but St Marys regained their composure with Lorraine Scanlon dominating on the boards the home side secured the points with a determined final qtr. Top scorers St. Marys Lorraine Scanlon 19pts, Philomena O'Connor 11pts, Miriam Leane 12pts. Cougars Lynn Jones 16pts, Rheanne O'Shea 13pts, Emer Buckley 9pts.

ACADEMY TRAINING: The Juvenile Academy for the Cougars Cubs boys and girls continues



on Friday evenings at the Parish Hall. Training times are as follows at 5 pm for girls and 6.15 pm for boys. Any late Registration may be completed by contacting the Club secretary or registrar.

FIXTURES: Senior Men: October 16th Killarney Cougars v St Marys 3 pm Castleisland CC.

Juveniles: U12 Girls October 16th Killarney Cougars v Gneeveguilla in Rathmore 4 pm.

U14 Boys October 15th Killarney Cougars v St Bridgets Gym 7 pm.

NEW MEMBERS: Are welcome and they can contact the Secretary on 087-4175493 or email secretarykillarneycougars@gmail.com

Further details on All Killarney Cougars Clubs schedules and events log onto the website at www.killarneycougars.com or find us on Facebook.

FARRANFORE MAINE VALLEY ATHLETIC CLUB

The County Intermediate, Masters & Juvenile Uneven Ages Cross Country championships were held in Fies on a beautiful sunny Sunday 9th October. Hosted by our club we wish to pay special gratitude to PJ Walsh and his family for providing all the facilities for a second year. It is not easy to find suitable locations for our cross country competitions so we really appreciate it. The course was a 1000m loop with a gradual 400m climb and a bit of mud mixed in. In the Juvenile U9 Girls 750m loop we had four girls competing. Rhian McCarthy ran a great race to come from the back and with a sprint finish to take the U9 title. Grainne Costello was just behind her in third place. Kaylagh O'Connor & Clodagh Shanahan, both competing in their very first cross country race did very well and with the combined positions the team of four girls won gold. In the U9 boys we had Marcus Clifford, Evan Doolagh, Keelan Kelleher & Kevin O'Shea. No individual medal but they did pick up team silver medal for their efforts. In the U11 Girls 1500m race we had five girls competing. Eabha McCarthy was very strong on the hill and continued to pass throughout the race. With 300m to go she began to open up a gap and won comfortably. Next home from our club was Mairead Walsh in 11th place, Doireann O'Shea 18th, Meabh Dineen 23rd and then Niamh O'Shea. With their combined positions they were the fourth team overall. In the U11 boys we had a sole runner, Diarmuid Kirwan. Diarmuid had a good race and towards the end he began to gain a few places. He just missed out on an individual medal. In the U13 2500m race, Shauna McCarthy continued to show her dominance in the cross country scene. She won the race very comfortably. Aine O'Shea, who would not be accustomed to running long distance, did very well also to finish the distance strong in 17th place. We had a team in the U13 boys race. Cian Spillane had to work hard throughout the race where he and two other boys we stuck together in the lead group throughout the race. It was on the final 300m when Cian upped the pace and won the

U13 title. Conal O'Mahoney equally ran a great race to finish in 6th, Cormac Costello was 9th, Malachy Kirwan was 11th and Ben Fleming 15th. They won team gold. New to the club, Cillian Kerins competed in the U17 5000m race. Cillian, who is a talented footballer playing for Milltown/Castlemaine, ran very consistently throughout the race. After 3K he began to open a big gap and in the end won very comfortably. David Kenny won silver in the U19 7000m race. In the Intermediate & Masters Womens 4500m race, there was a big turnout again this week by the ladies. Maria McCarthy won the race overall and took gold in the O40 Category. Niamh De Hora was second and won the Intermediate title. Farranfore club won the Intermediate team title. The Masters ladies had a great day out by taking first and third in the team categories. Well done to Maria McCarthy, Bernie O'Mahoney, Marie McKenna, Pauline Joseph, Grainne Tierney. In the Intermediate & masters 7000m race we had Garvin Cronin competing in his very first Intermediate XC race. Garvin ran well and was extremely happy with his performance. A great introduction to the cross country scene. George McCarthy was the first home from our club and had a good battle with his mate Rob Purcell (Gneeveguilla) throughout the seven laps. Dermot Dineen ran very well and was not far behind. Well done to Michael O'Connor who took gold in the O65 category. Well done to everyone who turned out and competed. The next county XC event is the Seniors and Juvenile Even ages Relays on Sunday 30th October in Cahersiveen. Relay distances is 500m for all ages.

CLUB TRAINING: Juvenile training is on every Tuesday and Thursdays in Farranfore GAA grounds starting at 6pm. Open to all registered juveniles aged 8yrs (Born 2008) and upwards. This will be in preparation for the Cross Country Championships €2 per session.

Cardiorespiratory, strength, endurance & flexibility exercise class every Tuesday at 7pm indoors at Farranfore Sports Hall, coached by Maria McCarthy, this programme is designed to improve all the components of fitness that constitute physical fitness of an individual. Secondary School/Junior/Senior training every Thursday starts at 6:40pm in GAA grounds Farranfore. This is endurance training for cross country preparation. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES: Sunday 16th October. National Open Cross Country incorporating the British & Irish Masters Trials, Abbots Town.

Sunday 23rd October Munster Novice/U23 & Juvenile Even Age Cross Country, Ballinahina, Carraig na Bhfear, Co. Cork.

Sunday 30th October Kerry County Senior / Junior & Juv. Relays, Cahersiveen.

KILLARNEY RFC NOTES

U14: KILLARNEY RFC 36 - 10 CASTLEISLAND Tries by Liam Randles, Tomas Clifford, Padraic Talbot and Brendy O'Donoghue gave the home side a well deserved win over our

neighbours Castleisland in the first round of the West Munster league, with 3 conversions from Donnacha Grealy sealing the win for our boys. An excellent start to the season with everyone really stepping up to the plate to win the match. Next up is a trip to O'Dowd Park to take on Tralee next Saturday. New players are more than welcome. Training takes place every Thursday at 6:15. The U 14's are building a really strong squad under Seamus, John and Eoin and are looking for more players to come and join. All new players are more than welcome.

U16'S: Killarney Under 16s team travelled to Abbeyfeale on Sunday, for our first round game of the season v Abbeyfeale, with the bare number of fifteen players, due to a few late withdrawals, this meant that several key positions were filled with players unaccustomed to their task. Not the ideal season opener. As expected Abbeyfeale, were intense and physical, with many of their squad former U14 league winners from last season. Several uncharacteristic handling errors cost Killarney dearly, as Abbeyfeale dominated, especially at the breakdown. Killarney's scrum and lineout held its own, and there were some periods when they managed parity at the breakdown, with some phases of good play. With Abbeyfeale's strong substitutes bench, Killarney simply ran out of gas. This is still a young & relatively inexperienced team, and this match will stand to them later in the season, no doubt. Well done to Krystian Komosa, who scored two excellent tries from deep, well done also to Richard Wallace who captained the side. Final score Abbeyfeale 28 - Killarney 14. Next up its Charleville at home at Aghadoe. All support greatly welcome.

U18: KILLARNEY RFC 10 - 25 RUGBAI

CORCHA DHUIBHNE: Our U18's had their first outing in the Munster Club U18 Conference 4. Our solitary try was scored by Alan Murphy and converted by Kieran O'Connor - who also converted penalty award. A plucky performance from an inexperienced Killarney side against strong Corca Dhuibhne team well worth their victory. Killarney kept going to the end and inspirational Captain Dylan McCarthy lead from the front. Great to see Killarney RFC fielding an U18 team. Next up is a trip to Charleville next weekend. Again the U18's are building a great squad and all new players are welcome. Training takes place every Wednesday at 6:30pm.

MINIS: Our minis continue to train every Saturday morning between 10:30 am and midday. The dates of the West Munster Minis Blitzes have been finalised. We will have our first blitz in Listowel on Saturday the 29th of October. Details will be confirmed over the next few days so, keep posted to our facebook page. We need to ensure that we have all details of all players, so please let us know if you are not receiving texts.

MINIS REGISTRATION DAY: Next Saturday we will have a membership and registration day at Aghadoe during our minis training for all minis players left to register.

MEK UNITED FC

MEK UNITED F.C. TRAINING TIMES:

U6's U7's and U8's Saturday 2pm to 3pm

Details: Jerry Hayes 087-272 2859.

U9's and U10's Saturday 3pm to 4pm

Details: Liam Murphy 087 414 5662.

U11's/U12's Tuesday 7pm to 8pm

Details: Pa Murphy on 087 794 3220.

U13's Wednesday 7pm to 8pm

Details: Liam Healy 087 763 9611.

MEK UTD V KILLARNEY ATHLETIC

8/10/16: Our U11 team travelled to Killarney Athletic for the 2nd game of the season. 14 of our finest took to the field against the home team and served up a scintillating blend of resolute defending and sublime attacking football. Goals were scored, goals were conceded by both teams but nobody gave an inch.

A solid team performance with our players proudly showcasing the MEK Utd colours.

A big thank you to Killarney athletic for being fantastic hosts and we look forward to the home game in in our new "Fossa park".

Go MEK United!

KILLARNEY ATHLETIC NOTES

RESULTS: DENNY PREMIER A

KILLARNEY ATHLETIC 6-0 INTER KENMARE:

DENNY DIVISION 1B

KILLARNEY ATHLETIC 1-4 STRAND ROAD.

U17 F.A.I CUP

KILLARNEY ATHLETIC 2 ASKEATON 2
(Athletic won 5-4 on penalties).

This was a strange cup tie in many ways with Athletic racing into a two nil lead with goals from two of our new signings, but to be fair it could have been 4 or 5. Athletic sat back and allowed the Limerick boys back into the game and they scored before the break with good goal. The second half started with Askeaton on top and they equalised midway through the half and looked the more likely to go on and win the game, but the drama was only beginning. Athletic had two players sent off in the next ten minutes and finished the game with 9 players. Extra time facing a nine man Athletic but they gave everything, with everyone playing with heart when the legs were tiring and held on for a penalty shootout which we won with five immaculate penalties to go through to the next round, what a result.

U15: Our u15 team went down to park on Saturday after putting in a solid first half. We hit the post and crossbar in this half and were playing reasonably good. Park applied big pressure in 2nd half and pulled away from us in the end. Overall a solid performance against a top Park side.

U.13B. DIV 2: KILLARNEY ATHLETIC 1-4

INTER KENMARE: Much better performance from the boys. We should have had 2 or 3 more goals. Good performances from Dara Looney, Conal Gallagher, Aidan Courtney and a first goal for Thomas O'Reilly.

FIXTURES:



KILLARNEY RFC U14 WITH COACHES SEAMUS GREALLY, EOIN SEERY AND JOHN O'CONNELL.

Saturday 15th October 2016

Sfai Sketchers U-12 National Cup

2nd Round. Charleville v Killarney Athletic 2pm.

JK Sports U12 Premier 4. Mastergeeha Green v

Killarney Athletic White 10-30am.

Foundation Sports U14 Div.1

Dingle Bay Rovers v Killarney Athletic 12 noon.

Trophy World U16 Div.1

Ballyhar v Killarney Athletic 10-30am.

Sunday 16th October 2016

Munster Junior Cup 1st Round

Tralee Dynamos v Killarney Athletic 11-30 am.

Denny Division 1B

Windmill United v Killarney Athletic B 2-30pm.

CHRISTMAS QUIZ/AWARDS NIGHT:

The Christmas Quiz will take place on the 18th November 2016 in the Killarney Oaks Hotel. Player of the Year awards Will be handed out on the night also. More Details will follow in the coming weeks.

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to the Killarney Athletic A.F.C Notes please contact Alan Daly on 085-1913244 or aland15@live.ie

KILLARNEY CELTIC NOTES

KILLARNEY CELTIC GOLF CLASSIC:

The Club Golf Classic at Beaufort Golf Club was a huge success and brilliant supported. A huge buiochas to everybody who helped out and especially all the teams and sponsors and the fantastic staff and facilities at Beaufort. We had 38 teams in total battling it out. In an exciting finish, Tom Meehan's team of Karl McMahon (h 12), Peter O'Brien (h 9), Johnny Lynch (h 11), and Colm O'Shea (h 15) came in on top of the leaderboard with 99 stableford points, Alan Nagle's team finished with 97, Jim Morris' team was third with 95, just pipping Eddie Coleman's team in fourth place.

All told, it was a great day out for all involved.

SCHEDULED TRAINING TIMES: These are the initial training times for the various teams as the season gets underway – please note, these will be subject to change.

Under 7 (2010) Saturday 1.30pm.

Under 8 (2009) Saturday 1.30pm.

Under 9 (2008) Saturday 3.00pm.

Under 10 (2007) Saturday 4.30pm.

Under 11 (born 2006) Wed 5.30-7.00pm.

Under 12 (2005) Tuesday 5-6.30pm.

Girls U10/U12 (2005) Monday 19th, 6.00pm.

Under 13 (2004) Thursday 6.30-8.00pm.

Under 14 (2003) Monday 6-7.30pm.

Under 15 (2002) Monday 7.30-9.00pm.

Under 16 (2001) Thursday 7.30-9.00pm.

Girls U14/U16 (2001/2002) Friday 6.30-8.00pm.

Senior B, Youths and U17 training is back on Tuesday's at 7.30pm and Friday's from 7pm.

REGISTRATION: Will be taken at all training sessions (€50 per child, €90 for two siblings, €120 for three or more). New players are always welcome at all grades.

NEW PLAYERS WANTED: While Killarney Celtic always welcome new players at all grades and take pride in providing top quality coaching in a fun and supportive environment right from U6 up to Munster Champions Cup standard, we are especially anxious at the moment to find numbers to bolster our U12 girls panel, which is just short at the moment of enough players to fulfill a yearly league schedule. One or two more players would really make a huge difference and we would ask that any girls interested in playing to come to one of our training sessions on Mondays at 6.00pm – you would be more than welcome!

RESULTS:

MUNSTER JUNIOR CUP: CASTLEISLAND

1 KILLARNEY CELTIC 3: Celtic maintained their great run of form in the early stages of the Munster Junior Cup with a convincing away win against Castleisland – always a daunting task against a quality home side. Joe Hurley and Cathal O'Shea with a brace made the vital breakthroughs.

DENNY PREMIER B: ATHLETIC AC

7 KILLARNEY CELTIC 1: Celtic gave it everything but full credit to AC Athletic, they were outstanding and won well. Presley Dube scored a cracking goal for us, but it was scant enough consolation.

U17 LEAGUE: ST. BRENDANS PARK 1

KILLARNEY CELTIC 3: Park were unlucky to cough up an o.g., Evan Jones put us in front, and an injury time goal for Celtic secured victory

in a hard-fought and entertaining game.

U15 NATIONAL CUP: ABBEYFEALE 1 KILLARNEY CELTIC 4: Celtic were superb here against a good, organised side, where Celtic's ability to switch play and find each swiftly was a key part of breaking them down defensively. The Hoops goals came from Emmet Finnan, James Darmody, Jack O'Connor and Ruairi Doyle.

U15 DIV TWO: KILLARNEY CELTIC B 0 RATTOW ROVERS

4: It was a very gallant effort by an understrength Celtic but Rattoo, to their credit, were always a touch better and deserved their win.

U13 DIVISION ONE: CASTLEISLAND 0 KILLARNEY CELTIC 9:

Killarney Celtic proved a bit too strong for Castleisland and took the three points thanks to goals from John Kelliher and Senan O'Leary who got a hat-trick each with Sean Fitzgerald, William Harty and Calum Grady all on target as well.

U13 DIV TWO: KILLARNEY CELTIC B 7 BALLYHEIGUE

2: Killarney Celtic B took the points winning 7-2 at home to Ballyheigue. Mike McCarthy (3), Gary Wynne, Jack Higgins and Jack O'Sullivan (2) were the Celtic scorers. Mike McCarthy and Jim O'Brien were especially superb in a great team display.

CONGRATULATIONS: To U13

player Gary Wynne on making the Kerry Schoolboys/Schoolgirls Team of the Week.

FIXTURES: Denny Premier B: Killarney Celtic B at home to Classic FC, Friday, 7.30pm.

FAI youths Cup: Killarney Celtic at home to Desmond League, Saturday, 2.00pm.

U16 Premier: Killarney Celtic away to Killorglin, Saturday, 12.30pm.

U14 National Cup: Killarney Celtic at home to Listowel Celtic, 1.30pm.

U14 Div One: Killarney Celtic B away to Ballyhar Dynamos, Saturday, 11.00am.

U12 National Cup: Killarney Celtic at home to Dingle, Saturday, 12 noon.

U12 Div Three: Killarney Celtic B away to Listowel B, Saturday, 12.30pm.

LOTTO: Numbers drawn 1, 2, 3, 6. No winner, one x match three, Tom Moran, €150. Next week's jackpot €2600, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our all weather full size pitch or training area.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy **087 9633397** or jimmyosdarcy@gmail.com. Check out **www.killarneyceltic.com** for Killarney Celtic news, match reports, or photos.



KERRY MINORS AND PUPILS OF ST BRENDAN'S DAVID SHAW, DARA MOYNIHAN, CHRISTOPHER O'CALLAGHAN, NIAL O'DONOGHUE, CIAN GAMMELL, BILLY COURTNEY, MICHAEL POTTS AND CIAN O'CALLAGHAN AND THE TOM MARKHAM ALL IRELAND MINOR CUP WITH SEAN COFFEY PRINCIPAL, GARY MCGRATH MANAGER AND SELECTORS ARTHUR FITZGERALD AND HUGH RUDDEN OF THE ST BRENDAN'S COLLEGE HOGAN CUP WINNING TEAM AT ST BRENDAN'S COLLEGE, KILLARNEY.

Citizens Information

Know Your Rights: REPLACING LEAD PIPES

QUESTION

We think that the water pipes in our house are made of lead and pose a risk to our health. We can't afford to spend a lot on replacing them. Can we get a grant?

ANSWER

The local authorities administer a means-tested grant scheme to help low-income households with the cost of replacing lead pipes and fittings.

You will need to provide evidence of your household's income when applying to the local authority for the grant.

- If your income is below €50,000 a year, you may get a grant of up to 80% of the cost, up to a maximum of €4,000
- If your income is between €50,001 and €75,000, you may get up to 50%, up to a maximum of €2,500

You must own the dwelling and live in it as your principal private residence (your main home). You must get the remedial work done before applying for the grant.

The contractor who does the work must give you the following: a current tax clearance certificate; itemised receipts; written confirmation that materials used are of appropriate quality and written confirmation that a proper standard of workmanship has been applied.

You must also get evidence of a risk of lead contamination in your home. This can either be:

- A letter from your water supplier, advising that your water system is likely to contain lead pipes and fittings, or
- A certificate from an accredited laboratory, showing that the amount of lead in your water supply is over the statutory limit

You will need to enclose all these documents with your grant application.

Read more on housing.gov.ie.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

SouthWest Counselling Centre

LOOKING AFTER YOUR MENTAL HEALTH

Oct 10th was World Mental Health Day and October is Mental Health Month and we reflect on what we can do to look after our mental health? Having good mental health means that we enjoy a sense of overall wellbeing. We function well in our everyday life and feel confident and secure in ourselves. There will be times in our lives when we will need to boost our mental health and wellbeing and the following tips can help us to stay on track.

1. **Connect with Others.** Building and sustaining good relationships with others can support and enrich our lives. Good quality relationships impact positively on our wellbeing and bring great rewards.
2. **Participate in life and share interests.** Being part of a group of people with similar interests can greatly enhance our sense of belonging and is good for our mental health.
3. **Look after yourself.** Eat well and keep active. Doing activities that we enjoy such as dancing, walking or gardening can all help us to feel good about life.
4. **Volunteering** is a great way to meet people and also a great way to learn new skills. One study showed significant health benefits for those who volunteered 100 hours or more a year. Another study showed older generations had less of a decline in health and lived longer when they volunteered!
5. **Having a sense of purpose.** Knowing what's most meaningful in your life and clarifying what is important means you will spend less time focusing on unimportant things and eliminate stress.
6. **Let go** and accept what you cannot control.
7. **Deal with Stress.** Know what stresses you and how you react. Avoid stress triggers if you can and if they are unavoidable learn how to manage them. Maintaining a balanced lifestyle will help you to cope with stress. Try yoga, meditation or breathing exercises to keep stress at bay.
8. **Challenge yourself.** Take on a new challenge or learn a new skill. Learning and developing new skills enhances our 'mental fitness', gives us greater confidence and a sense of achievement.
9. **Gratitude.** Being grateful for what is working well in our lives and for what we have is important for our mental health.
10. **Practice mindfulness.** Focusing our attention on the present moment helps us to not get caught up thinking about the past or worrying and planning for the future.

If you are worried about your own mental health, speak to a GP or a professional. Call today to **SouthWest Counselling Centre to talk to a professional.**

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at KenmareFamilyCentre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide.** info@kerrylifeline.com To make an appointment call 064 6636416. **SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.**



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JASON HIGGINS DEPUTY MANAGER AGHADOE HEIGHTS HOTEL (FOURTH FROM LEFT) PRESENTING THE CLUB CHAMPIONSHIP SPONSORED BY AGHADOE HEIGHTS HOTEL TO WINNER DERMOT ROCHE WITH (FROM LEFT) ARTHUR HANLEY CLUB PRESIDENT, MICHAEL COTTER AGHADOE HEIGHTS HOTEL, SEMI-FINALISTS PAUL MURPHY AND LIAM HARTNETT CAPTAIN AT KILLARNEY GOLF CLUB, KILLARNEY.

Jason Arthurs (Dromhall Hotel).
Nearest The Pin
Dave O'Donoghue (Sewells Pharmacy).

KILLORGLIN GOLF CLUB

MENS RESULTS

BOYLES HARDWARE SINGLES S'FORD 02/10/16

1st Paul Twiss (12) 38pts.
2nd Conor Counihan (13) 38pts.
3rd Eugene Kennedy (9) 38pts.
Gross John McCarthy (4) 79.
4th Jim McCarthy (14) 38pts.
Senior Eamon Sheehan (18) 38pts.

DOOKS EXCHANGE - CONSIDINE FOURBALL BB 09/10/16

1st Billy T O'Sullivan(15) & Jim McCarthy (13) 46pts.
2nd Jason Foley (13) & Danny Evans (16) 44pts.
3rd John Carmody (28) & Jerry Sheehan (28) 43pts.
4th Eugene Kennedy (9) & Paul Twiss (12) 43pts.

KILLORGLIN GOLF CLUB

LADIES RESULTS: 18 HOLE SINGLES STABLEFORD SPONSORED BY THE BANK OF IRELAND: 1. Kathleen Houlihan (28) 35 pts (B9). 2. Eleanor McCarthy (23) 35 pts.

FIXTURE: 18 Hole 3 Club Stableford sponsored by Vice Captain Ann Walker is on Saturday 15th, Sunday 16th or Tuesday 18th. Arrange own time and playing partners.

12 Hole re-entry Stableford sponsored by Ex Officio Phil Anne Foley continues until further notice.

ROSS GOLF CLUB

GENTS CLUB:

RESULTS: On Sunday October 9th we held a single stableford competition.

The winners were:

1. Alan Flynn (8) 39pts.
2. John O'Halloran (18) 39 pts.

On Sunday October 16th we will hold an 18 hole single stableford competition. The time sheet is now available in the clubhouse so

please add your name to it as soon as possible. The final of the Killarney Trophy & Medal Centre Club Matchplay championship between Michael J Casey and Sean O'Connor will take place in the coming weeks .

The Christmas Hampers SS competition will take place on October 23rd, more details later.

KILLARNEY LEGION GAA GOLF CLASSIC 2016

6th October, O Mahonys Point
Sponsor: Killarney Avenue Hotel
1st Bricin 86 Points.

Paddy McGuire, Betty O'Farrell, Mary Cronin.
2nd Team Johnny Culloty 84 Points.
Denis Murphy, Con Healy, Conor Healy.
3rd Kissane Decorators 84 Points.
Alan Flynn, Jim Morris, John Griffin.
4th Seamus O'Donoghue Electrical 83 Points.
Denis O'Mahony, Mossie McCarthy, Frank Herlihey.
Longest Drive

BEAUFORT GOLF CLUB

MEN'S CLUB RESULTS & FIXTURES:

2ND OCTOBER: PAR-3 COMPETITION SPONSORED BY PAT & JOE TANGNEY CONSTRUCTION.

1st Kenneth West, 2nd Jerry O'Shea, 3rd John Doherty.

8 OCTOBER: OPEN FRIDAY - Michael Kirby, Ring Of Kerry (8) 35pts.

7 OCTOBER: OPEN SENIORS - 1st Gerry Collins, 2nd Edwin Spence.

FIXTURES:

16th October: Strokeplay, Yellow tees sponsored by Trojan IT.

Every Thursday: Open Seniors at 10am.

Every Friday: Open Friday, singles stableford, entry is €25 with a great prize for the best lady's or gent's card.

Please note that next weekend's competition will be on Sunday's only as the course is booked on Saturday.



TOMMY COOPER (LEFT) PRESENTING THE JOHN C COOPER MEMORIAL CUP TO WINNER ANDREW GARNETT WITH LIAM HARTNETT CAPTAIN AT KILLARNEY GOLF CLUB, KILLARNEY ON FRIDAY.



LIAM HARTNETT CAPTAIN (FRONT RIGHT) PRESENTING FIRST PRIZE IN THE DAVID KEATING BACKSTAKES MENS COMPETITION TO WINNER CONOR HEALY WITH (LEFT) PRIZEWINNERS TOM SUGRUE 2ND (BACK FROM LEFT) SEAN DEVANE, LIAM HEALY, JOAN FLEMING WHO ACCEPTED THE PRIZE ON BEHALF OF HER SON CIARAN AND ARTHUR HANLEY CLUB PRESIDENT AT KILLARNEY GOLF CLUB, KILLARNEY.

KILLARNEY GOLF CLUB

LADIES

RESULTS OF COMPETITION SUNDAY OCTOBER 9TH SPONSORED BY CASTLEROSSE HOTEL, KILLARNEY, SINGLES/ STROKE, MAHONY'S.

1st Clare Coleman (36) 69 (bk9).

2nd Aoife Frazer (19) 69.

BG Ann Moynihan-Rudden (7) 79.

3rd Elizabeth Kelleher (17) 70 (bk9).

4th Christine Carroll (12) 70.

CSS 71

Next Sunday's Competition will be sponsored by Desire Beauty Kitchen at the West End, Singles/Stroke. Mahony's

Both Karina Griffin and Sarah O'Brien, have qualified to play in the ILGU Junior Medal which will be played at Seapoint Golf Club on Wednesday 2nd November. The top 60 Junior Girls in Ireland are eligible to qualify to compete in this final. These consist of the top 50 returning the lowest aggregate of 3 nett scores for any stroke or stableford rounds recorded on Golf net (one per month during June, July and August) and the top Junior girls who have reduced their handicap by the most shots during the period of March 1st to August 1st.

Lady Captain Mary O'Rourke would like to thank all who supported her Charity Day held recently. A total of €2,740 was raised which will be shared between two Charities, Recovery Haven, Tralee, and Friends of the Coombe Hospital, Dublin.

Killarney Golf and Fishing Club, Ladies Branch, welcomed Kerry Lady Captain's and Vice Captains 2016, to a lunch and outing on Mahony's point on Monday October 10th.

Fifteen Kerry Clubs participated in the outing and the weather played its part in making this day a most enjoyable one for all of the players.

DEERPARK PITCH & PUTT NOTES

By John Kelly PRO

SYMPATHY: The sympathy of all Deerpark members is extended to Sean Kelly on the recent death of his uncle Paddy O'Sullivan Bishop Moynihan Crescent who passed away during the past week. May he rest in peace.

STROKEPLAY: A grand total of 21 players turned out for Sunday's Strokeplay competition and results are as follows - 1st nett Jason O'Sullivan, 2nd nett John Kelly, gross Damian Fleming, senior nett Sean Kelly, intermediate nett Gearoid Cronin, junior nett Brian Moloney. Ladie's Prize Sheila O'Donoghue. A special word of thanks to Charlie Foley's Bar who sponsored the competition and to the members of the grounds committee for having the course in fine condition and to the members who supervised the cards and results.

SENIORS OUTING: Last week's outing to Castleisland which attracted the usual contingent of members from Castleisland, GlenEagle Deerpark and Newmarket proved to be a most successful one for Deerpark's



LIAM HARTNETT CAPTAIN (FRONT RIGHT) PRESENTING FIRST PRIZE IN THE CLIFFORD CASH AND CARRY EXCHANGE WITH DOOKS MENS COMPETITION TO WINNER PADRAIG SWEENEY WITH HIS SON CORMAC (LEFT) PRIZEWINNERS EUGENE O'SULLIVAN (BACK FROM LEFT) CON HEALY, MICHAEL QUIRKE, AND ARTHUR HANLEY CLUB PRESIDENT AT KILLARNEY GOLF CLUB, KILLARNEY.

Lady captain Sheila O'Donoghue who as well as teaming up with John O'Halloran GlenEagle to take the Nett competition also scooped the Hole-In-One and the gross prize went to Johnny McCarthy (Castleisland) and Mick Long (GlenEagle). Next outing will be to Deerpark on Wednesday November 2nd 10-15am.

NATIONAL COMPETITIONS: Best wishes are extended to our Scratch Gents team and to our Handicap Gents team who compete in the semi-finals of the National Inter-Club competitions in St Brigid's Kildare on this Saturday. The Handicap team defeated Tipperary Hills on Saturday to advance to the latter stages when they play Tipperary Hills in the Last 4. Our Scratch team play St Anne's Cork in their semi-final. Both finals to be played on Saturday afternoon.

WILLIE PARKER COMPETITION: The Willie Parker Memorial European Rules competition will be played in Deerpark on Sunday morning October 23rd. Details in next week's edition.

OPEN SCRAMBLE AND SCRATCH CUP: Deerpark will host the Open Scramble and Scratch Cup competition on the October weekend. Details later.

KILLARNEY GOLF AND FISHING CLUB

MENS:

PAST CAPTAIN PAT CUSSEN WINS THE PAST CAPTAIN'S PRIZE:

Past Captain from 2011, Pat Cussen won the past Captain's prize when he was victorious in that competition which was played on the 8th of October. His score of 36 points was the clear winner in the competition which was contested by 16 of our former captains. 2nd was Jack Buckley the Captain from 2009, and he just pipped Tim O'Meara who was Captain Liam Hartnett welcomed 18 former Captains, including Ivo O'Sullivan who got a special mention as it is 50 years since he was Captain of our club in 1966, a great year for our club, as it was the year when Taoiseach Sean Lemass opened our new Clubhouse, and saw

the playing of the Jeyes Pro-Am Tournament. The competition on Sunday the 9th of October was a four-ball better-ball competition. The competition which was hotly contested, was played on Killeen course in glorious weather conditions. A full time sheet ensured that the scoring would be hot, but when the early morning pairing of Eugene O'Sullivan and Padraig Sweeney finished birdie, great score of 45 points, it was thought that that would be a winning score, but not to be, in fact they finished third place as their score was even bettered by two further pairings, and the competition was won by Sean Hickey and George Lenihan with the fantastic score of 46 points and they won by virtue of a better back nine from the equally fantastic same score by Russell Fleming and Declan O'Sullivan. **RESULTS ARE AS FOLLOWS:** 1st Sean Hickey (19) and George Lenihan (12) 46 points, 2nd Russell Fleming (7) and Declan O'Sullivan (16) 46 points, 3rd Eugene O'Sullivan (4) and Padraig Sweeney (8) 45 points, 4th John O'Connor (10) and Daniel Doona (10) 43 points, 5th Brian Clarke (11) and John Lynch (11) 43 points, 6th Marco Taddei (12) and Greg Lanigan (4) 43 points. Men's Club AGM set for Friday the 21st at 7.30 P.M. it will be held at the Clubhouse.



LIAM HARTNETT CAPTAIN PRESENTING THE GOLFER OF THE YEAR AWARD TO WINNER MATT LACEY WITH (LEFT) ARTHUR HANLEY CLUB PRESIDENT AT KILLARNEY GOLF CLUB, KILLARNEY.

HALLOWEEN:



As much as we dread to think of it, Halloween is just over two weeks away, it is now time for farmers to make sure their roadside fences especially are stockproof and their cubicle houses, fields and feeding yards are made as safe as possible for terrified animals trying to flee the hisses and bangs of Fireworks.

Dog owners it is the law to have your dog microchipped but please also make sure your pet is wearing a collar with visible identification (at least your telephone number) for contact if it escapes, not everyone has the means of taking a stray dog to a Vet or the Gardai to read your information on a microchip.

Cat and other pet owners – I am not sure I agree with collars in case of strangulation if your pets' escape, that is a decision you will have to make for yourself but if your pet is wearing a collar then please make sure your contact details are clearly visible on it.

If your dog or other pet is obviously terrified of fireworks now is the time to ask your Vets advice on the best way of caring for your pet – sedation for example.

And finally for all of you people that enjoy terrifying babies, the elderly and animals please be aware that Fireworks are illegal in Ireland and their use or supply results in very large fines. If you don't hold a licence to import a firework or if you are found in possession of a firework, ignite a firework or cause it to be ignited in any place, you are guilty of an offence. The offence of igniting a firework can take place anywhere and not just in a public place and can include the garden of a private house, you are liable on summary conviction (in the District Court) to a fine of €2,500 or to imprisonment for up to 6 months or to both.

KITCHEN SCRAPS CAN HELP TO FEED BIRDS: *(Continued from last week)*

***Meat:** Insects are a popular source of protein for many birds. Offering scrap meats such as bacon rinds, beef grease drippings, beef fat trimmings, meat bones or marrow bones can help birds get essential protein even if insects aren't available. As with cheese, no rancid or rotten meat should ever be available to birds.

***Pet Food:** Both dry and wet food for cats and dogs is formulated to be healthy for pets, and it can be an equally healthy food source

for birds. Dry food should be moistened or crushed before being offered to the birds.

***Fruit:** Windfall or bruised fruit from backyard trees is always appetising to the birds. The fruit can be collected and chopped up to add to feeders, or it can be left on trees for the birds to find. Other fruits, such as old berries, raisins, grapes, bananas, oranges, grapefruits and the seeds of watermelons, honeydew melons, pumpkins and cantaloupes can also be offered to birds.

***Cereal:** Stale or leftover cereal and oats, including rolled or quick oats, is a tasty bird treat. For the best nutrition and most attractiveness, offer birds cereal with a lower sugar content and fewer artificial dyes.

***Nuts:** While peanuts can easily be purchased raw as bird food, other nuts such as almonds, pecans and walnuts are also tempting for birds. Offer finely crushed nuts or whole nuts for the birds to take, or use peanut butter to attract different birds. Coconut halves can also be used as small feeders in addition to being tasty treats themselves. Do not offer birds nuts with sugar or chocolate coatings or spice flavourings.

***Eggs and Eggshells:** While it may seem contrary at first, cooked eggs can be a popular feeder food that offers many essential nutrients for birds. Crushed eggshells are also an important source of calcium for nesting birds and grit to help birds' digestion.

Offer scraps in hanging feeders to make them less accessible for pests and to keep the scraps out of reach of pets.

If birds ate nothing but scraps, they would not get sufficient nutrition for healthy growth or proper energy. To minimize this risk, offer scraps only on rare occasions and only in limited quantities in addition to your regular bird food.

(Concluded next week).

SYRIAN REFUGEE SAVES ONTARIO WEDDING:

It was Jo Du's wedding day in Ontario, Canada when the dress's zipper broke.

While everyone was scrambling for a pair of pliers, some of the guests walked next door to the house of Jo's neighbor David Hobson.

When they returned, they came bearing interesting news: David had taken in a family of Syrian refugees, the father of which was a master tailor who said he would be happy to help.

With toolbox in hand, Ibrahim Halil Dudu walked over and stitched up Jo's dress in front of an astonished wedding party.

The photographer, Lindsay Coulter, was there to witness the whole thing. "Every weekend I take photos of people on the happiest days of their lives, and today one man who has seen some of the worst things our world has to offer came to the rescue," Lindsay said.

"I am so proud to live in Canada, a country who has opened our doors to refugees countless times. I'm in awe of the families who have welcomed these strangers in to their homes and lives, and I'm inspired by the resilience of the Syrian people. We are truly blessed."

The encounter was especially fateful since Jo and her husband Earl are both immigrants themselves.

Ibrahim and his family had only been in Canada for four days before the incident. Since none of them spoke a word of English, they had been communicating solely through Google Translate.

THE IRISH SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS:

Founded in 1949 the ISPCA specialise in rescue, animal welfare and preventing animal cruelty in all parts of the Republic of Ireland. Together the ISPCA and its 20 affiliated member societies rescue, treat and responsibly rehome tens of thousands of animals of all different species. The ISPCA's two rescue and rehabilitation centres were developed in order to support the ISPCA Inspectorate and member societies with the rescue, rehabilitation and responsible re-homing of cruelly treated and neglected animals.

The ISPCA National Animal Centre, Derrylougher Lodge, based in Keenagh, Co Longford opened in 2002 and is accessible to our Inspectors from across Ireland. The centre is designed to provide veterinary care and rehabilitation to all animals subjected to cruelty or neglect and to return them to a state which enables them to be responsibly re-homed. The National Animal Centre can house over a 100 animals in need at any one time.

The ISPCA Equine Rescue Centre is located in Mallow, Co Cork. Following the huge increase in cruelty calls involving horses and ponies, the decision was taken to develop a centre for the rescue and rehabilitation of all equines. Staff at the centre in Cork, care for many equines from the south of the country, and also collaborate closely with the equine unit in Longford.

Though World Animal Week is past, the work involved in animal welfare is never ending and all animal charity's need our financial support, for the next few weeks you can make a donation by texting ISPCA to 50300 to donate €4! Text costs €4. ISPCA will receive a minimum of €3.25. Service Provider: LIKECHARITY. Helpline: 076 6805278.

You can also help by adopting a pet from one of their two Centres, or give your pet some extra love with a new toy from the online ISPCA Shop - just key ISPCA into your search engine! Purchasing one of the beautiful gifts from the ISPCA Shop supports their work to rescue, rehabilitate and responsibly rehome animals in need.

QUOTE:

"I have laboured to unite the whole people of Ireland, to abolish the memory of all past dissensions and to substitute the common name of Irishmen in place of the denominations of Protestant, Catholic and Dissenter" - Theobald Wolfe Tone.

ON THIS DATE – OCTOBER 14TH:

1698 - New France census showed the following tallies: 32,524 arpents under cultivation, with 994 sheep, 5,147 pigs, 684 horses, 10,209 cattle; 2,310 houses (211 in Trois-Rivières, 1,460 in Québec, 639 in

Montreal); population included 7,391 males, 6,424 females; settlements included Batiscan with 422 inhabitants, Beauport with 444, Château-Richer with 373, L'Ancienne-Lorette with 68, L'Île d'Orléans with 1,472, Longueuil with 223, Montréal with 1,185, Québec with 1,988, Rivière-du-Loup with 22, Sorel with 59, Ste-Anne de Beauport with 222.

1791 - Wolfe Tone visited Belfast for the first time and founded the Society of United Irishmen, along with Henry Joy McCracken, Thomas Russell and Samuel Neilson

1841 - Royal charter awarded to Queen's College at Kingston as a Presbyterian institution; today's Queen's University, Kingston, Ontario.

1882 - Eamon de Valera, nationalist campaigner, Fianna Fáil leader, Taoiseach and president of the Republic of Ireland, was born in Brooklyn, New York of a Spanish father and an Irish mother

1885 - First Mormon settlers drove their wagon trains into Southern Alberta; they were skilled dry-land farmers.

1909 - Empress of Ireland liner punctured her hull after hitting submerged object on the St. Lawrence River, was able to reach port safely.

1926 - A.A. Milne published Winnie-the-Pooh; tales about his little son, Christopher Robin, and Christopher's stuffed animals, Pooh Bear, Eeyore (the donkey), Piglet and Tigger; the bear was named after Winnie (short for Winnipeg), a pet bear cub given to the London Zoo by a Canadian soldier.

1947 - US pilot Chuck Yeager becomes the first man to break the sound barrier, in the aircraft Bell X1.

1962 - US spy planes detected Soviet nuclear weapons sites on Cuba, sparking the Cuban Missile Crisis.

1964 - Martin Luther King became the youngest recipient of the Nobel Peace Prize.

"BABBETTE'S SEEDS OF HOPE":

A stretch of farmland in the U.S. A. usually reserved for corn and soybeans is now home to over four miles of beautiful sunflowers, planted in memory of Babbette Jacquish, who died of cancer in November 2014.

Jacquish was known around town as the "Sunflower Lady" for her love of the tall yellow stems, so, in her honour, her husband planted the big yellow blooms in five neighbouring farms near Eau Claire, Wisconsin.

While she was alive, Jacquish had the idea to

plant the flowers and harvest the seeds to sell as birdseed, giving the proceeds to charities that support cancer research and patients, to keep that dream alive, her husband and daughter created "Babbette's Seeds of Hope" thanks to five generous farmers.

OUR ANCIENT RELATIONSHIP WITH CATS:

A recent study by scientists shows that cats were found at more than 30 archaeological sites across Europe, the Middle East and Africa, and they lived between 15,000 and 300 years ago — a time frame that roughly spans from the dawn of agriculture to the Industrial Revolution.

In 2004, scientists reported on a 9,500-year-old human burial from Cyprus that also held the remains of a cat, suggesting humans kept domestic cats as far back as the advent of agriculture. Farming began in the Fertile Crescent about 12,000 years ago, and would have provided a practical reason for people to ally with cats, given the threat rodents can pose to grain supplies.

We also know cats held special status in ancient Egypt, where they were apparently domesticated by about 6,000 years ago, but there are still big gaps in our history of human-cat relations, and that's what inspired Eva-Maria Geigl, an evolutionary geneticist and her colleagues, Claudio Ottoni and Thierry Grange, to dig deeper.

The study's authors say cat populations seem to have expanded in two waves. The first occurred in early Middle Eastern farming villages, where wild cats with a distinct mitochondrial lineage grew along with the human communities, eventually reaching the Mediterranean. As rodents congregated to steal food, wild cats were probably just capitalising on the easy prey at first, then were adopted as farmers realised their benefits. The second wave came millennia later, as the descendants of Egyptian domestic cats spread around Africa and Eurasia, the rapid expansion of cats was most likely linked to ship travel as like farmers, mariners were often plagued by rodents seeking their food stores and naturally welcomed rat-killers on board. Cats were a popular theme in Norse mythology and there's even archaeological evidence of cats in Greenland, where they were almost certainly introduced through Viking ships.

SLUM RESIDENT FINDS \$1,400 AND RETURNS IT TO OWNER:

Last month Bruno Temistocles withdrew \$1,400 in cash for an upcoming trip to Europe. The money was still in an envelope with his personal information written on the front when his brother-in-law, a 7-year-old child, put it in the rubbish bin by mistake.

That same night, a poverty-stricken man named Joao Rodrigues was looking for recyclables in the rubbish of Bruno's building when he found the envelope. Despite his living conditions, Joao said he never thought about keeping the money.

Since he was on a budget for his trip, Bruno couldn't afford to give a reward, but he told a few friends about it got Joao a job in a construction field in the neighbourhood, the slum resident said this was a better reward than cash itself.

But Joao's fortune didn't stop with the new job. Gabriel O'Pensador, a famous Brazilian singer, had a concert in a nearby city and was touched when he saw the story on TV. So he decided to make a quick fundraiser with his friends and local producers and gathered \$3,000. With the cash in hands, he visited the slum and gave Joao the money. "This man's character is amazing and I wanted to tell him while looking in his eyes that he deserves this cash", said the singer.

THE LONGEST RECREATIONAL TRAIL IN THE WORLD IS SET TO OPEN NEXT YEAR:

Canada's Great Trail when it opens next year will stretch for 20,000 kilometres (14,864 miles), it isn't a single trail but a collection of small, community-based trails, all maintained and operated by local jurisdictions, linked together to form a single network. It will be composed of more than 400 individual trails snaking across all 10 provinces and three territories from St. John's in the East to Victoria in the West with a huge looping detour north through the Yukon and Northwest Territories to the Arctic Ocean.

Since it was first dreamt up in 1992 the trail is largely the handiwork of volunteers working within local conservation groups, provincial governments and municipalities. Different modes of transportation will be required to complete different stretches. Individual sections of the trail are open to cyclists, hikers, horseback riders and cross-country skiers. Significant portions, such as the Lake Superior Water Trail and Mackenzie River Trail can only be navigated by kayak or canoe. In fact and 26% of the Great Trail will travel across water. And although motorised vehicles will be prohibited by law along the Great Trail, certain sections are also open to snowmobiles.

Twenty-five years in the making, the Great Trail — a hugely ambitious project made possible by Canadians from Canadians is gearing up for its grand completion/connection on July 1st in conjunction with Canada's 150th anniversary next summer.



DRIVING IN STRONG WINDS SUDDEN GUSTS CAN CATCH OUT EVEN THE MOST EXPERIENCED DRIVER

Wind rarely blows steadily, and sudden gusts can catch you out no matter how experienced a driver you are.

Expect sudden gusts at any time but particularly on open stretches of road, when passing bridges or gaps in hedges or when overtaking high-sided vehicles.

Whether it's strong winds, snow, floods or fog, if extreme weather is forecast it is always best to avoid travelling unless your journey is absolutely necessary.

There are three potential problems to be aware of if you're driving in high winds

You can be blown off course.

Keep both hands on the wheel, particularly if you're being buffeted by the wind or the slipstreams of other vehicles and anticipate stronger winds and gusts on exposed stretches of road or when passing high-sided vehicles.

It's important to keep your speed down too. The faster you're travelling the further off-course you're likely to drift in a sudden gust before you get the vehicle back under control. Other vehicles can be blown into your path.

High-sided vehicles and caravans are most affected by high winds but sudden gusts can blow any vehicle off course. Keep your distance from all other vehicles and take particular care around cyclists, motorcyclists and horse-riders. If you break down on the motorway or on any busy road in gusty weather it's important to



bear in mind that lorries and other high-sided vehicles could be blown off course suddenly and may veer onto the hard shoulder. It's safer to move to a safe location away from the vehicle rather than wait in the car to be rescued.

There could be trees or other debris in the road. Inevitably, some trees or branches will come down when winds are high. If you see twigs or small branches in the road there could easily be a tree or large branch in the road around the next bend. Hitting debris like this at speed could be fatal so it's important to keep your speed down and drive with great care particularly on country roads early in the morning.

Trees can partially fall too and hang above the road, sometimes above the sweep of the headlights making them very difficult to spot.

If you do have to drive.

In case of an emergency, always carry a fully-charged mobile phone and warm, weatherproof clothing.

Plan journeys carefully and check both weather and traffic bulletins regularly – low speed limits or even temporary closures may be imposed on exposed bridges and road closures due to falling debris or accidents will be more frequent.



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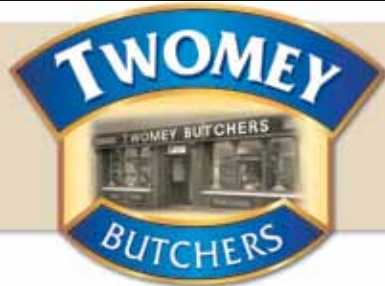
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A WORD OF VICTORY

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Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
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Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
J.K.O.C.

LET'S PRAY TOGETHER INTO THE WORD

Please answer my prayer, o God
When I am in distress, you show me the way, I know you hear my prayers, Lord God My life is a honour to you, but people don't see it that way. People use inappropriate words and lies, but see this as ok. But godly people the Lord will set apart for himself. Put your trust in the Lord. Lift up the light of your face upon us, God. You have put joy into our hearts and give us peace. When we lie down and sleep, you give us safety. We have to follow Gods leading, to have a good life.
Our Loving Father in Heaven hears all prayers and never forgets them.
Amen. Psalm 4.
For prayer requests:
laurencewoodley63@gmail.com

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
B.S.

PRAYER TO ST. JOSEPH

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God I place in you all my interests and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings through Jesus Christ, Our Lord. So that, having engaged here below your heavenly power, I may offer you my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary contemplating you and Jesus asleep in our arms. I dare not approach while He reposes near your heart. Press him in my name and kiss his fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, Patron of departing souls pray for me. This prayer was found in the fiftieth year of Our Lord and Saviour Jesus Christ. In 1505 it was sent from the Pope to Emperor Charles when he was going into battle. Who ever reads this prayer or hear it or keep it about themselves shall never die a sudden death or be drowned nor shall be burned in any fire or shall be overpowered in battle. Say for nine mornings for anything you desire. It has never been known to fail. s be sure you really want what you as for. In thanks for request granted.

NOVENA TO THE SACRED HEART

You have said O'Divine
Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits.
Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

NOVENA TO THE SACRED HEART

You have said O'Divine
Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits.
Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish. **M.M.**

ACKNOWLEDGEMENT & FIRST ANNIVERSARY



In Loving Memory of

MARY DORAN

**Lisroe, Kilcummin, Killarney.
Who died on 16th October, 2015.**

As we lovingly remember our dear Mother, Mary on her 1st Anniversary, we her family, Theresa, Ann, Breda, Patricia and extended family wish to express our deepest gratitude and sincere appreciation to all those who sympathized with us, on our sad loss.

Thanks to all those who visited the house, attended the Rosary, removal, funeral Mass and burial. A special word of thanks to our kind neighbours, relatives and friends, who helped in many ways. Thanks also to those who travelled long distances, sent Mass cards, enrolments, letters of sympathy, flowers and to those who donated to Palliative Care.

We would also wish to acknowledge and offer our sincere thanks to her excellent home help, carers, Dr. Laura Malone and staff, Dr. Eamon & Margaret Shanahan and Dr. Helena Moore for their excellent care. Thanks to Joan Willms and staff of Willms Pharmacy for their help and assistance.

Our heartfelt thanks and appreciation to her Public Health and Palliative Care nurses and to Nancy Dineen, Daffodil Nurse. Thanks to Fr. Begley for his regular visits, to Fr. Buckley P.P. Currow, Fr. O'Donnell P.P. Rathmore, Fr. Lucid P.P. Kilcummin, and to Fr. McCarthy. We are very grateful to Canon Gearoid Walsh who celebrated the funeral Mass. Thanks to Helen Kerins and Denis Crowley for their much complimented music and singing at the funeral Mass, Sacristan Siobhan Mc Sweeney and the alter servers.

Finally thanks to Sr. Scholastica for reciting the Rosary, to the grave diggers and to Tim, Michael & Mary O'Shea, O'Shea Funeral Directors for their kindness and professionalism.

As it is not possible to thank everyone individually please accept this acknowledgement as a token of our appreciation. The holy sacrifice of the Mass will be offered for your intentions.

First Anniversary Mass on Sunday, 16th October, at 11.15 am in Kilcummin Parish Church.

1ST ANNIVERSARY



In Loving Memory of

MARY DORAN

**Lisroe, Kilcummin, Killarney.
Who died on 16th October, 2015.**

Our hearts are full of memories
With pride we speak your name,
Though life must go on without you,
It will never be the same,
But the love and memories in our hearts,
Will stay with us forever.

**Sadly missed and always remembered by
your loving family,
Theresa, Ann, Breda, Patricia and
extended family.**

Anniversary Mass on Sunday, 16th October,
at 11.15 am in Kilcummin Parish Church.



THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

M.D.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

M.M.

ACKNOWLEDGEMENT & FIRST ANNIVERSARY



In Loving Memory of

EILEEN HORGAN (NEE FITZGERALD)

**Late of Breahig, Cordal.
who died 13th October 2015.**

Rest In Peace

As I lovingly remember my wife Eileen on the first Anniversary of her passing. I would like to express my heartfelt thanks and appreciation to all those who sympathised with us, attended the rosary, removal, funeral Mass, burial and those who sent flowers, Mass cards and food.

Thanks you to Fr. Dan Riordan, Bernard Tangney, Dr. Joyce, Shanahan's Chemist and Dr. Sheehan and her team in University Hospital Kerry, the Palliative Care nurses for their professionalism and care of Eileen. A special thank you to all Eileen's family and friends and our neighbours who visited her and kept in touch by phone.

To each and everyone who helped in any way, thank you.

Please accept this acknowledgement as a token of my heartfelt appreciation. The Holy Sacrifice of the Mass has been requested for your intentions.

The 1st anniversary Mass for Eileen will be celebrated on Friday 14th October at 7pm in Castleisland Church.

*You left us wonderful memories,
Your love is still our guide,
Although we cannot see you,
You are always by our side.*



**Sadly missed from your
loving husband Tim x x**

1ST ANNIVERSARY

In Loving Memory of

JACK LEAHY

**Late of Deerpark Crescent,
Killarney.**

**Whose anniversary occurs
around this time.**

Your kindness, your smile,
Was always so tender,
Today, tomorrow,
We will always remember.

**From your friends and next
door neighbours,
John & Nora.
Miss you allot.**



NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

M.M.

NOVENA TO THE SACRED HEART

Sacred Heart, Our Lady and Padre Pio a thousand thanks. And to all of the Saints for favours received. And to the universe.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times).

Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. Thank you for favours received.

GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy St Faustina, St Expedite, St Padre Pio, Our Lady of Mount Carmel, Sacred Heart of Jesus, Our Lady of Lourdes for Health favours received.

NOVENA TO THE SACRED HEART

Sacred Heart, Our Lady and Padre Pio a thousand thanks. And to all of the Saints for favours received. And to the universe. X



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