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KENMARE PLACE KILLARNEY **66 30222**



With everyone enjoying the fine weather this week, the town is enjoying one of its best seasons in years. Judges from the Tidy Towns Competition are doing the rounds as volunteers keep up their trojan work ensuring that Killarney is looking its best. Colm Cooper is being honoured for his contribution to Kerry Football, a walk in aid of the Kerry Mountain Rescue Team has raised €20,000 and this week saw the opening of Deer Lodge. The Kerry Ladies football team secured a fantastic win, Dr. Crokes club members enjoyed a well-being event and Kerry's Social Farming Evaluation report has been launched. There is lot's happening in this week's magazine - so sit back, relax and enjoy your copy of Killarney Outlook - Out first every Friday!

Aisling Crosbie. Editor.

KILLARNEY LOOKING GREAT AS JUDGES DO THE ROUNDS

The Tidy Towns Commitee have been hard at work on the streets of Killarney to make sure the town is looking it's best. Judges for the prestigous Tidy Towns competition are currently doing the rounds. Killarney Tidy Towns Committee, put in a great effort annually to secure our place as Ireland's Tidiest Town. They are a team of volunteers dedicated to maintaining a clean and safe environment in Killarney, and enhancing the beauty of our world-famous town. In 2011, Killarney was named Ireland's Tidiest Town as well as achieving first place on the Irish Businesses Against Litter survey. Due to the commitee's hard work, Killarney has constantly maintained a high result in these competitions. Killarney has regularly won

gold medals, regional awards and awards for best kept large town, and in 2011 won the overall award for the very first time. In 2012 they managed to retain the town's high score. The Towns Committee is committed to stepping up their efforts, and has seen a great surge in volunteers who are fundamental to the contant upkeep of our beautiful town. The Tidy Towns Comittee are calling on all businesses to look after their shop fronts and to all householders, to pay particular attention to weeding. All Volunteers are welcome to come to the aid of the Tidy Towns Support Group. You can contact them on Facebook or the website www.killarneytidytowns.com



WALK WITH JAMES RAISES €20,000



PICTURED AT THE PRESENTATION OF THE CHEQUE FOR OVER €20,000 TO SEAN TANGNEY OF KERRY MOUNTAIN RESCUE. ARE FROM LEFT: ANDY O'SULLIVAN, SEAN TANGNEY, JOHN JOE CULLOTY, SEANIE KELLIHER, JIM GLEESON, DAVE HERLIHY, CATHAL CUDDEN, BRENDAN COFFEY, CARMEL CAHILL, JAMES CAHILL, JOHN KELLY, MIKE FINN, GER GALVIN, COLM BURKE, JOHN HUSSEY.

An 8km charity walk in aid of the Kerry Mountain Rescue Team (KMRT) that was organised by friends of Killarney man, James Cahill has raised over €20,000.

James was brought to safety by

the Kerry Mountain Rescue Team after being seriously injured on Carrantuohill, last July last year. The walk took place on Saturday June 10th last.



COLM TO BE HONOURED AT

KILLARNEY RACES

COLM COOPER TO BE HONOURED AT THE RACES

Colm Cooper is being acknowledged for his contribution to Kerry Football on the first day of the July Racing Festival, Monday 17th July in Killarney.

A race will be named in Colm's honour and on the same

evening the Dr. Crokes Senior Football team will also be asknowledged for winning the All Ireland Club title. The team have been invited to the Corporate Suite where a 3 course meal will be served.

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MOMENTOUS DAY FOR MENTAL HEALTH SERVICES IN KILLARNEY



DEER LODGE KILLARNEY OPENS 11-7-2017: STAFF MEMBERS FROM LEFT TO RIGHT, JULIETTE BROSNAN, DECLAN CRONIN, MICHAEL O'LEARY, DAVID O'RIORDAN, MARY LYONS, ADRIAN MORRISSEY, ANNE O'CONNOR, AIDAN MURPHY, CATHY O'SULLIVAN, MARY O'MAHONY, DR. DARRA PHELAN, LOUISE FITZGERALD, GERARDINE LYNE, ANN MCCARTHY, ANNE MARIA CULLOTY, NOREEN O'SULLIVAN, CHRISTINE CARROLL, SHEILA MCCASRTHY AND ERIC CROWE PICTURED READY TO WELCOME RESIDENTS TO THE €13 MILLION DEER LODGE MENTAL HEALTH FACILITY ON ST. MARGARET'S ROAD, KILLARNEY ON TUESDAY. PHOTO: DON MACMONAGLE

It was a momentous day for mental health services in Killarney on Tuesday last when the €13 million Deer Lodge Mental Health facility opened on St. Margaret's Road, Killarney.

Staff at the O'Connor Unit closed the doors for the final time at 4pm on Friday after the final resident left the building.

Head of Mental Health Services Sinead Glennon said that the move is good news for all of Kerry and should be celebrated by the entire community.

"This is a very significant day for mental health services in Kerry and represents a huge step forward in the care we can provide. All of Kerry can be very proud of this fantastic €13 million facility, and of the very high level of care which will be provided there," she said.

"In particular, this is an important day for the people who have now moved out of the outdated and entirely unsuitable O'Connor Unit. Thanks to the investment in Deer Lodge, we can now offer improved services and therapeutic intervention in rehabilitative and older persons' mental health," Ms Glennon added.

The management of Cork Kerry

Community Healthcare paid tribute to the contribution and commitment of all staff involved in the project, from the design stage to completion. This new facility will transform the lives of the many residents who will use the 40-bed facility in the years ahead. "Many of the residents and staff at Deer Lodge put a lot of work into the planning process around this opening. I'd like to thank them for their hard work and dedication," Ms Glennon added.

The mental health recovery unit for adults and older people has been built to a very high standard, and will provide a much improved environment for the residents, their families and the staff working with them.

The building is in four "households", all connected through a central module that features a communal area, therapy areas, entrance, foyer, prayer room and other facilities.

Each household has access to an internal landscaped garden area, and each resident has their own bedroom with en-suite facilities.

Care at Deer Lodge will be provided with the aim of ensuring that residents have maximum involvement in their own recovery process and can move towards more independent living.

A community based recovery team will work with Deer Lodge residents as part of the individual care planning process.

Cork Kerry Community Healthcare acknowledges the commitment and work of all those involved with Deer Lodge, which has resulted in a modern, state of the art facility of which Kerry Mental Health Services is very proud. This facility will provide the footprint on which future service delivery is shaped and enable the delivery of a safe, effective, quality service in a therapeutic environment for both staff and service users.

The opening of Deer Lodge means that there is an overall increase of eight beds in Mental Health Services in Kerry and those eight beds come with a corresponding increase in staff numbers of 28.5. The staffing level and model has been endorsed by the Labour Relations Court and is in place in a similar facility in Clonmel. Additional funding of \in 1.15 million has been allocated for staffing to ensure the safe transfer of residents.



EMILY KISSANE AND ANITA FOLEY AT THE RECEPTION DESK IN THE 413 MILLION DEER LODGE MENTAL HEALTH FACILITY ON ST. MARGARET'S ROAD, KILLARNEY WHICH OPENED ON TUESDAY. PHOTO: DON MACMONAGLE



THE RESIDENTS'S DINING AREA. PHOTO: DON MACMONAGLE



STAFF NURSE MARY ELLEN O'SHEA IN THE COURTYARD GARDEN IN THE £13 MILLION DEER LODGE MENTAL HEALTH FACILITY ON ST. MARGARET'S ROAD, KILLARNEY WHICH OPENED ON TUESDAY. PHOTO: DON MACMONAGLE



ONE FINAL HISTORIC PHOTOGRAPH OF STAFF AT ST. FINAN'S HOSPITAL KILLARNEY PICTURED ON THE FINAL DAY AT WORK IN THE O'CONNOR UNIT BEFORE MOVING TO DEER LODGE ON TUESDAY, PICTURED ARE FRONT FROM LEFT, MICHAEL O'LEARY, CENTRE MANAGER, MARY O'MAHONY, AREA DIRECTOR OF NURSING, DR DARRA PHELAN, CONSULTANT PSYCHIATRIST AND LOUISE FITZGERALD, STAFF NURSE. AT BACK, DENIS MOYNIHAN, DANNY JONES, PEGGY O'DONOGHUE, MARY LYONS, ANN MARIA CULLOTY, AIDAN MURPHY, CHRISTINE CARROLL, CATHERINE HARRINGTON, ADRIAN MORRISSON, ANNE O'CONNOR, SAMIRA HAYES, JOHN O'MAHONY, AOIFE MCSWEENEY AND CATHERINE FITZGERALD. PHOTO: DON MACMONAGLE



MICHAEL O'LEARY, CENTRE MANAGER AND MARY O'MAHONY, AREA DIRECTOR OF NURSING TURN THE KEY AND LOCKS THE DOOR TO THE O'CONNOR UNIT AT ST. FINAN'S PSYCHIATRIC HOSPITAL KILLARNEY AFTER THE FINAL RESIDENT LEFT THE BUILDING AT 4PM ON FRIDAY. PHOTO: DON MACMONAGLE

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fe is a cabaret old chum - so come to the cabaret

It is sixty years since The Gleneagle first opened it's doors and to celebrate the hotel has lined up a host of special events throughout 2017. The famous Gleneagle Summer Cabaret has returned for this July and August . Every night from July through August the legendary Gleneagle Ballroom will have a superstar of the Irish entertainment industry take to the stage. Brendan Shine returns every Tuesday night and Mike Denver kicked off his Wednesday night residency last week. Tonight Friday 14th, Dickie Rock will be taking to the stage with classic hits, tomorrow night Saturday 15th The High Kings will be performing a night of folk and ballad music.On Thursday 20th July there will be a special Luke Kelly tribute night, celebrating the memory and music of an Irish musical legend. The show features Dubliner Chris Kavanagh, who plays the 5-string long neck banjo and bears a remarkable resemblance to Luke. Thursdays, Fridays and Saturdays for the rest of the Summer, feature a huge range of Irish legends with performances from Dickie



60 YEARS OF CELEBRATIONS...THE FAMOUS GLENEAGLE SUMMER CABARET RETURNS FOR ANOTHER SEASON, FEATURING THE BEST OF IRISH ENTERTAINMENT, THE LEGENDARY GLENEAGLE HOTEL BALLROOM IS OCCUPIED BY A STALWART OF THE IRISH ENTERTAINMENT INDUSTRY, LAUNCHING THE SUMMER CABARET 2017 WAS RENOWNED COMEDIAN BRENDAN GRACE, WITH LIAM KEALY, MANAGER, PATRICK O'DONOGHUE, MD GLENEAGLE HOTEL GROUP, GERALDINE TANGNEY, MANAGER, AND EILEEN GRACE, WIFE OF COMEDIAN BRENDAN GRACE.PHOTO:VALERIE O'SULLIVAN

Rock, The Wolfe tones, Red Hurley, Bagatelle, Nights on Broadway - The Bee Gees Story to name but a few. Country Sundays returns with performances by Ireland's best loved country stars including Derek Ryan, Barry Kirwan, Declan Nerney and Robert Mizell, Shawn Cuddy among them. For further information and or the full list of dates contact the Box Office on 064 6671555 or log onto www.inec.ie

PARTY ATMOSPHERE PROMISED AT LADIES DAY APRÉS PARTY



The glitz, glamour and party atmosphere synonymous with The Killarney Races' Ladies Day will continue late into the evening at The Brehon's Ladies Day Après Party on Thursday, July 20. Style guru, Laura McSweeny along with singer Gemma Sugrue will judge the Best Dressed categories with prizes for the Best Dressed Lady, Best Dressed Man and Best Hat. The top prize for Best Dressed Lady is a €500 voucher for Brown Thomas. A complimentary shuttle bus will be on hand to whisk tired feet away from Killarney Racecourse to the beautiful setting of The Brehon Lawn where a sumptuous buffet awaits along with a complimentary glass of bubbly on arrival. There will also be live entertainment with The Tom Cats followed by The Pat Fitz Band. For more information contact The Brehon on 064 6630700 or email info@thebrehon.com



ON YOUR BIKE.... DUBLIN TO KERRY IN ΠΔΥ

The son of a Kerryman who has completed arduous cycle challenges to raise funds for NCBI is set to follow his example by setting himself a tough task of his own.

Niall Crowley, whose parents come from Kenmare, is now set to complete his own cycle, peddling the 296 KM from Dublin to Kerry in one day!

The Aircraft Engineer who lives in Luxembourg says he was so inspired by his Dad's achievements for the sight loss charity that he determined to copy his example and do his own.

"Well Dad did the Gold Coast 1,000 and the California 500 a good few years ago now so he has set the bar. My Grandmother had Retinitis Pigmentosa and that is where the interest in the NCBI and its excellent work comes from". Niall is optimistic about his chances of completing his cycle saying he has been practising hard, "Well I should have the legs to do it . I was in the Alps last week doing a bit of practise so it's looking good".

"I know the winds going South West can be hard but I hope to be done and dusted in 14 hours". Cheering him on for the challenge on the 20th July will be his co cyclist Killarney man, Ger O' Donaghue and Niall says that both men are looking forward to a bit of rest and relaxation in the scenic country after their marathon cycle. "We will enjoy the apres cycle that's for sure" laughs Niall! If you see him give him a wave! To support Niall's efforts please go to ; https://give.everydayhero.com/ie/dublinto-kerry-1-day-cycle

NIALL CROWLEY PLANS TO CYCLE FROM DUBLIN TO KERRY.





THE BREHON

Ladies Day Aprés Party Thursday July 20th

Fantastic Live Entertainment with The Tom Cats

The Pat Fitz Band

Complimentary glass of bubbly on arrival. Complimentary Shuttle Bus leaving the racecourse after the races to the Aprés Party. Sumptuous Buffet Options available.



Prizes for the **Best Dressed Lady** \in 500 voucher Brown Thomas

Best Dressed Man & Best Hat

Outlook

Judged by Laura MacSweeny and Gemma Sugrue



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we do it at ... The Gleneagle

PATRICK'S MEMORIAL PLAQUE UNVEILED



Family members and organisers gathered at Rathmore Railway Sttion on Monday last to unveil a plaque to commemorate the life and times of Captain Patrick O'Connor, a local recruit to the Irish Volunteers and the IRB, who fought in the GPO in 1916 and was later killed on Moore Street.

Patrick left Rathmore station 101 years ago on the train to Dublin to fight for his country. His relatives and friends thought the inscribed plaque would be a fitting tribute. The plaque is cast in bronze and bears the O'Connor coat of arms, the piece was commissioned by larnród Éireann and created by craftsman Conor Murphy, who worked with the rail company at Inchicore in Dublin. The plaque was unveiled at a special ceremony at the station on Monday evening. Several members of Capt O'Connor's family, including his nephew, Dan Joe O'Connor and



PICTURED AT THE OFFICIAL UNVEILING OF THE PLAQUE TO CAPTAIN PATRICK O'CONNOR AT RATHMORE TRAIN STATION ON MONDAY EVENING 10TH JULY WERE, CLLR NIALL KELLEHER MAYOR OF KILLARNEY MUNICIPAL DISTRICT AND CLLR JOHN SHEAHAN, MAYOR OF KERRY WITH O'CONNOR FAMILY, DAN JOE O'CONNOR NEPHEW OF PATRICK O'CONNOR, RITA O'CONNOR, TOM O'CONNOR GRAND NEPHEW, EILEEN O"CONNOR AND ANN MOYNIHAN, PATRICK'S GRAND NIECE AT RATHMORE RAILWAY STATION.

his Killarney-based grandniece Ann Moynihan, were in attendance. Rathmore native, Mayor of Killarney Municipal District ClIr Niall Kelleher and Mayor of Kerry ClIr John Sheahan officiated and Brian Kelly of Rathmore Community Council was master of ceremonies.Organisers wish to thank all those who helped to ensure the plaque was erected. Many thanks go to the O' Connor family and Ann Moynihan,grand niece of Patrick, PRO of Rathmore Community Council Michael O'Mahony, Shane Ross TD Minister for Transport Tourism and Sport and his office staff who very helpful, Irish Rail, Joy Murray , the Buildings and Facilities Manager larnrod Eireann, and elected members of Kerry County Council and Kerry TDs. Earlier this year a monument in Captain O'Connor's memory, carved from stone with a black marble insert, was unveiled close to the church in Rathmore town.lt was commissioned by the Glenflesk-Rathmore 1916 Commemoration Group and the cost was covered by proceeds from the staging of a musical drama based on Patrick's life ,portrayed by Brian Hickey, which ran for four nights in Rathmore Community Centre last year.The plaque, inscribed in Irish and English, reads: "Patrick left from this railway station to travel to Dublin to play his part in the Easter 1916 Rising. We have loved him in life, let us not forget him in death".

SUMMER STARS READING ADVENTURE AT KILLARNEY LIBRARY

Summer Stars is a free programme, open to all children. Each child who registers for the programme at their local library joins in the fun of reading lots of exciting books during the summer. The Summer Stars Reading Adventure will run during July and August in the Killarney Library as well as other libraries across Kerry. Children are invited to register for the adventure and enjoy reading the eight books required as part of the programme. All participants will be given a Summer Stars Reading Card to record and track their own progress. Reading cards are available at Killarney library.At the end of the programme a prize-giving ceremony will take place whereby successful participants of the adventure will be presented with a Certificate of Completion and a prize pack. Everyone is invited to check out the Summer Stars website at www.summerstars.ie which has lots of online games and activities as well as a range of animated e-books. It features a children's books



KILLARNEY LIBRARY - WHERE YOUR SUMMER STARS READING ADVENTURE BEGINS. discussion board and interviews with well-

known people about their favourite books. There are also helpful tips for reading and recommended titles by age group for children to read.These books can then be borrowed from Killarney library. It is a great way to encourage children to read and to keep them entertained over the summer holidays and it's all free! For more information, contact Killarney Library on 0646632655 or email killarney@kerrylibrary.ie

IF YOU HAVE A STORY... Contact Aisling on 086 0400 958

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Starts Monday 17th July

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O'NEILLS

DR. CROKES CLUB MEMBERS ENJOY SATURDAY CLIMB



DR CROKES CLUB MEMBERS ON TOP OF STRICKEEN WITH COUNTY, MUNSTER AND ALL IRELAND CLUB CHAMPIONSHIP CUPS.

Members of Dr. Crokes GAA Club donned their hiking boots on Saturday last for a climb up Strickeen. Eileen Buckley, Health and Wellbeing Officer for club, organised an event last Saturday for all members. A large group of members and friends assembled at 11 o'clock to climb the mountain. There was a great range of age groups and were accompanied by the County, Munster and All Ireland Club Championship Cups. On what was a beautiful day, the views on all sides of Strickeen were spectacular and there were a few breaks to appreciate these views. The group summitted after an hour's climbing and took a short rest to take in some nourishment.

"The descent was a bit faster and most hung around for some refreshments and a chat in Kate Kearney's afterwards. Everyone enjoyed the event and eagerly waiting for the next Health and Wellbeing event", a spokesman for the club told the Killarney Outlook.



BRENDAN O'CONNOR WITH HIS DAUGHTER AMY ON STRICKEEN.



EILEEN BUCKLEY, EVENT ORGANISER, DESCENDS STRICKEEN WITH THE BISHOP MOYNIHAN CUP.



COUNTY, MUNSTER AND ALL IRELAND CLUB CHAMPIONSHIP CUPS ON TOP OF STRICKEEN.



DENIS COLEMAN AND SEAN CLARKE TAKE A BREAK ON TOP OF STRICKEEN



YOUNG DR CROKES MEMBERS DREAM OF WHEN IT WILL BE THEIR TURN TO LIFT THESE CUPS.

EDUARD TAKES THE HELM AT KILLARNEY ROTARY CLUB

There was a changing of the guard at Killarney Rotary Club last Wednesday as outgoing president Angela O'Connor presented the chain of office to her successor, Eduard Schmidt-Zorner.

The handover took place at Gaby's Restaurant on High Street where Angela was applauded for a highly successful year at the helm of the club. The year's calendar of events includes the hugely popular Evening of Wine & Art, the Rotary Youth Leadership programme, the annual Afternoon Tea at The Malton fundraiser and the Young Musician of the Year competition and concert.

Incoming president Eduard Schmidt-Zorner paid tribute to his predecessor as he looked forward to the next 12 months.

Originally from Dortmund in Germany and based in Milltown for the past 25 years, Eduard describes himself as "an adopted Kerry man". "My main objective for the club this year is to have fun and to seek out opportunities for service – to increase recognition of our club both in the Rotary community, national and international and in our community at large, to identify new charities, to keep close contact with responsible people in Killarney, with the cultural scene and to visit our neighbouring clubs," said the new president.

Eduard, who is an artist and writer, joined Killarney Rotary after retiring from Liebherr Container Cranes Ltd, Killarney. "My way into Rotary would not have materialised without the support and advice from Killarney Rotarian



OUTGOING PRESIDENT ANGELA O'CONNOR PRESENTS THE CHAIN OF OFFICE TO HER SUCCESSOR, EDUARD SCHMIDT-ZORNER.

Barry Murphy."

Eduard added: "When I look back into the history of our club, I am the first president of foreign origin, though I am an Irish citizen now and proud of it, and I am the oldest to go into the chair," he said. Sales: Des 087 659 3427 or Email: killarneyoutlook@outlookmags.com

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SUPERB

CLASSIC CAR SHOW TO SET PULSES RACING



Killarney Valley Classic and Vintage Club are hosting a Classic and Vintage Car Show at the Killarney Racecourse on Sunday 23rd July. The Club are inviting all car enthusiasts to bring their classic or vintage car to the Show, with a particular emphasis on Ford Cars to celebrate 100 years of Ford. The Club are also inviting the public to come along and see the numerous vintage and classic cars which will be on display in one of the most beautiful venues in the county, Killarney Racecourse. There will be car displays, a kids play area and delicious food stalls , making it a great day out for all the family. The Club was borne out of helping others. When the Nobber Vintage Club from Co. Meath decided to hold their Tractor Run around the Ring of Kerry, they needed help with the storage and loading/unloading of these Vintage machines once they arrived in Kerry. This is where Fossa locals Mick Myers and the Wharton family stepped in and facilitated them in any way possible to ensure the charity drive was a success and has been able to raise over €60,000 for cancer charities over the past few years.Following the successful 3rd year of this Charity Drive, involving over 65 vehicles and more than 200 people, the locals who had been invited to participate decided to set up their own vintage club – Killarney Valley Classic & Vintage Club.The Killarney Valley Vintage Club is open for membership , you can contact them online for more information.Over the years the club has grown and become an integral part of the local community. The club organises a number of interesting runs over the course of the year and also supports several other local clubs and charities by supporting their events. The Killarney Valley Classic and Vintage Car Show admission fee is €5 for adults, cars in for 10am and the show gets underway from 11:00am. For more information, contact James on 087-2579794 or Gearoid 087-3526399.



KILLARNEY VALLEY VINTAGE CAR SHOW WHICH WILL TAKE PLACE AT KILLARNEY RACE COURSE ON SUNDAY 23RD JULY FROM 11AM.

€25,000 WINDFALL FOR WINNERS IN KILLARNEY CREDIT UNION MEMBERS DRAW



HELEN BROSNAN, PICTURED AT KILLARNEY CREDIT UNION BEING HANDED THE KEYS OF HER NEW SUZUKI FROM DERMOT HEALY MOTORS FROM PAT DELANEY (CHAIRMAN OF KILLARNEY CU) RESULTING THE CREDIT UNIONS ANNUAL DRAW. L-R DERMOT HEALY, NOEL & HELEN BROSNAN, MARK MURPHY (CU CEO) & PAT DELANEY (CU CHAIRMAN). *PICTURE MARIE CARROLL-O'SULLIVAN*

13 may be an unlucky number, but it was a very lucky number for the thirteen members of Killarney Credit Union who won cash prizes and a new car in the members draw this week. In total, over €25,000 was given out which included a brand new Suzuki Grand Vitara from Dermot Healy Motors which was won by a Killarney town local woman, Helen Brosnan from Countess Grove who was delighted with her win.

"We currently have over 2,500 members in the

draw which is held twice a year. This year our prizes included a new car and prizes ranging from €180 to €1,000 cash, our next draw will take place in January 2018", Karena McCarthy, Killarney Credit Union Marketing Officer told the Killarney Outlook.

Members can apply for the members draw at any of the branches or download an application form online www.killarneycu.ie. $\in 12$ will be taken from your account twice a year as an entry fee for the members draw.



KILLARNEY CREDIT UNION PRIZE WINNERS BACK ROW L-R BETTY MCSWEENEY (€250) WITH AINE, DARRAGH & AOIFE MCSWEENEY, DAN O'SULLIVAN (€1,000), MARY O'REILLY (€1,000), CU CEO MARK MURPHY, ANTHONY CURTIN (€250) & NOREEN O'CONNEL (€250). FRONT ROW SEATED HELEN BROSNAN (CAR WINNER) WITH HER GRANDSON TOM, PAT DELANEY (CEO KILLARNEY CU) & MARY O'DONOGHUE (€500). *PICTURE MARIE CARROLL-O'SULLIVAN*

The cash prize winners were:

Mary O Reilly, Margaret Culloty, Dan O Sullivan, Sean Brosnan, Mary O Donoghue, Johanna Ryan, Anthony Curtin, Cliona Hallissy, Noreen O Connor, David White, Betty McSweeney, Theresa Ferris. Karena added "the draw is limited to members of Killarney Credit Union and anyone over the age of 18 can apply to join, so we would encourage members to sign up, if they haven't already, as the saying goes, if you're not in, you can't win" she concluded.



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KERRY'S SOCIAL FARMING EVALUATION REPORT LAUNCHED

Social Farming Works – this is one of the key findings of an Evaluation Report on Social Farming in Kerry, launched by Minister Michael Creed last week.

A huge crowd turned out for the launch of the report on what was a fantastic day at George Kelly's 'Hazelfort' Farm, at Ballymalis in Beaufort, Co. Kerry, where visitors got the chance to go on a tour of the farm to meet with participants, host farmers families, and a multitude of stakeholders involved in the social farming initiative.

The report, which was prepared by Dr Brendan O'Keeffe (Mary Immaculate College), Dr Caroline Crowley (Crowley Research) and Dr Shane O'Sullivan (Limerick Institute of Technology), was commissioned by the Kerry Social Farming (KSF) Working Group in 2016, under the umbrella of lead partner South Kerry Development Partnership CLG (SKDP). The commissioning of this Project Review formed part of a Social Farming Model Project developed by KSF/ SKDP and is being funded by the Department of Agriculture, Food and the Marine (DAFM), via the Commission for Economic Development of Rural Areas (CEDRA). The authors undertook a detailed independent review of the Social Farming initiative in Kerry to access its impact as well as to examine ways in which the project can be developed and enhanced.

There are currently over 20 participants and twelve host farms engaged with the KSF Project, which is administered by SKDP. The current project has also seen the appointment of a full time co-ordinator, Irene Kavanagh, to oversee the project, and the numbers of farmers and participants are expected to increase in the coming months. Each of the participants visit their host farm at least once a week, where they undertake a variety of tasks with the host farmer around the farm, from feeding the animals to minor repairs to undertaking a variety of engaging farm activities and projects.

Outlining the findings of the report, Dr Brendan O'Keeffe stated that the Social Farming initiative, which first began in South Kerry in 2013, has yielded multiple dividends for all involved. "The model adopted in Kerry works particularly well because it has been tailored and adapted for local conditions" Dr O'Keeffe noted, adding that the openness of host families, the bottom up approach adopted by SKDP, the funding now being provided by the DAFM and the person centred approach are among the key factors leading to its success.

In welcoming the report, SKDP Chairperson Gloria O'Driscoll also highlighted the input of the other agencies involved in KSF such as St. John of God Kerry Services, Kerry Parents and Friends Association, North East West Kerry Development, Enable Ireland, Down Syndrome Kerry, Cunamh Iveragh, Local Link Kerry, the HSE and Kerry County Council.

MEP Seán Kelly praised the host farmers involved in the project and pointed to the element of volunteerism as being vital to the project.

In his address, Minister Creed said it was a humbling experience to meet with the participants in the KSF initiative, and he was very pleased to see that it works. "Inclusion



PARTICIPANTS OF THE SOCIAL FARMING MODEL PROJECT ON THE FARM OF GEORGE KELLY, HOST FARMER, HAZELFORT FARM, BALLYMALLIS FOR THE LAUNCH OF THE REVIEW BY MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE.*PHOTO:VALERIE O'SULLIVAN*

isn't just a word, its actions" Minister Creed said and he praised the fantastic collaboration that existed between all the groups involved in social farming in Kerry. He said the report findings and recommendations will be of benefit to all, highlighting how the initiative can be improved and developed, and to inform what broad lessons can be transferred to other areas of the country. Minister Creed said he was delighted to be in South Kerry to launch the report and the words he heard from all the participants, and



PARTICIPANTS AND HOSTS OF THE SOCIAL FARMING MODEL PROJECT ON THE FARM OF GEORGE KELLY, HOST FARMER, HAZELFORT FARM, BALLYMALLIS, FOR THE LAUNCH OF THE REVIEW BY MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE, SERGE GOUJET, DOMNICK MCKENNA, THOMAS RYAN, THOMAS MEYER, DARREN O'BRIEN, AND PHIL MCSWEENEY.PHOTO:VALERIE O'SULLIVAN



MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE, VISITED THE SOCIAL FARMING MODEL PROJECT AND LAUNCH THE REVIEW, ON THE FARM OF GEORGE KELLY, HAZELFORT FARM, BALLYMALIS, BEAUFORT, FROM LEFT, IRENE KAVANAGH, KERRY SOCIAL FARMING FACILITATOR, GEORGE KELLY, HAZELFORT FARM, HOST FARMER, CHAIRMAN KERRY SOCIAL FARMING, JOSEPH MCCROHAN, SKDP RURAL DEVELOPMENT MANAGER, NOEL SPILLANE, CEO, SOUTH KERRY DEVELOPENT PARTNERSHIP, GLORIA O'DRISCOLL, CHAIRPERSON, SKDP. PHOTO:VALERIE O'SULLIVAN

those involved with the social farming initiative in the county, will echo with him.

Social farming is where family farms offer social, health or training supports to a small number of people with particular needs in a supervised programme of farming-related activities. In Kerry Social Farming, people with intellectual disabilities or acquired brain injuries attend farms of all sizes involved in market gardening, dairying, sheep and beef production.



SIOBHAN QUIRKE, BREDA O'SULLIVAN, ANTHONY O'CONNOR AND PATRICK BARRY, PARTICIPANTS OF THE SOCIAL FARMING MODEL PROJECT ON THE FARM OF GEORGE KELLY, HOST FARMER, HAZELFORT FARM, BALLYMALLIS, FOR THE LAUNCH OF THE REVIEW BY MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE. PHOTO:VALERIE O'SULLIVAN



MAGS O'DONOGHUE AND TIM HEFFERNAN PARTICIPANTS OF THE SOCIAL FARMING MODEL PROJECT ON THE FARM OF GEORGE KELLY, HOST FARMER, HAZELFORT FARM, BALLYMALLIS, FOR THE LAUNCH OF THE REVIEW BY MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE.PHOTO:VALERIE O'SULLIVAN



Sales: Des 087 659 3427 or Email: killarneyoutlook@outlookmags.com



MONEY MATTERS

By Dermot Cronin, Financial Advisor



WHAT YOU NEED TO CONSIDER BEFORE INVESTING YOUR MONEY:

We often here the words "don't put all your eggs in one basket" this applies to investing your money as well. Generally speaking a large percentage of your savings should be in capital guaranteed products. It is important not to put all of your money in one type of product or investment, if you spread your money into various types of products or investments you should be reducing your overall level of risk. Financial advisers have access to different financial providers who offer a wide variety of different investment products and these products should be explained in detail to you in plain simple English before you make up your mind as to what investments suit you best. It is also very important that risk is discussed with you in detail so that you understand what risks may or may not be attached to the products you are considering. Finally you need to know what are the costs and charges for these products and these need to be compared with different providers.

For more information or to make an appointment to discuss the above contact Dermot Cronin QFA, APA, at 064 6622775 or dermotcroninifa@gmail.com

PROPERTY OUTLOOK

95 NEW STREET. KILLARNEY, CO, KERRY Sherry FitzGerald T: 064 6631892 F: 064-6634652 M: 087 2668591 E: INFO@SFMC.IE Coghlan WWW.SHERRYFITZ.IE & WWW.DAFT.IE **FOR SALE 7 DEELISH PARK, BEAUFORT, KILLARNEY** Generously sized four bedroom detached bungalow with large rear garden and detached garage, excellently located in guiet settled residential area in the heart of Beaufort village. Accommodation includes entrance hall, sittingroom, livingroom, kitchen, four bedrooms, bathroom. Ideal first time buyer, family or retirement home. Price Region: €230,000 BER E1 **KILQUANE, HEADFORD, KILLARNEY, CO. KERRY** Modern four bedroom detached bungalow on 0.75 acre site, constructed in 2008, presented in pristine condition. proportioned family home Well conveniently located only 1.5kms from Barradubh village and 10 minutes drive to Killarney town. Accommodation includes entrance hall, sittingroom, kitchen cum diningroom, utility room, bathroom and four bedrooms, two with en suites and three have walk in wardrobes. Price Region: €260,000 BER C1 REVIEW YOUR

DERMOTCRONIN TRUSTED FINANCIAL ADVISOR Call 064 6622775 NOW to arrange an appointment or email us on dermotcronin@gmail.com to email us on dermotcronin@gmail.com to arrange an appointment to arrange arrange arrange arrange arrange to arrange arrange arrange arrange arrange arrange to arrange arrange arrange arrange arrange arrange arrange to arrange to arrange arrange arrange arrange arrange arrange arrange arrange arrange to arrange arrang

INVESTMENTS

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KILLARNEY HOUSE MINI-SUMMER SCHOOL SESSION DRAWS CAPACITY AUDIENCE

A capacity audience gathered at Killarney House on Sunday morning last to hear presentations from five speakers on aspects of the life and connections of the McShain family during their occupation of the house from the 1950s to the 1990s, as well as insights into the work of John McShain and others on The White House in Washington DC.

The event was organised by the James Hoban Societies of the US and Ireland, which researches and promotes the life and times of Kilkenny-born James Hoban, the original architect and builder of the presidential mansion, in conjunction with the National Parks and Wildlife Service of the Department of Arts, Heritage and the Gaeltacht.

Programme Director Denis Bergin introduced the session which included contributions from local historian Conor Doolan who reported on his research among the many former employees and friends of the McShain family, to give a snapshot of their lives as residents and benefactors of Killarney.

Other contributors included New York author Robert Klara, who has written a book on John McShain's massive reconstruction of the White House in the years 1948-52, reported on his extensive interviews with Sr. Pauline McShain, including her memories of driving with President Franklin Roosevelt in his specially adapted car during a family visit to his New York estate.

Historian Vincent Carmody told of the career of his Listowel-born relative Kathy Buckley, who served three US Presidents as a cook in the White House and Architect Brian O'Connell also addressed the full house. Killarney House Manager Pat



PHOTOGRAPHED AT THE HOBAN-MCSHAIN MINI-SUMMER SCHOOL SESSION AT KILLARNEY HOUSE ON SUNDAY MORNING ARE (L. TO R.): HARRY O'DONOGHUE, PARK RANGER AND FORMER MEMBER OF THE DOMESTIC STAFF AT THE HOUSE; CONOR DOOLAN, LOCAL HISTORIAN AND SPEAKER (KILLARNEY); VINCENT CARMODY, LOCAL HISTORIAN AND SPEAKER (LISTOWEL); DENIS BERGIN, PROGRAMME DIRECTOR; ROBERT KLARA, AUTHOR AND SPEAKER (NEW YORK); BRIAN O'CONNELL, ARCHITECT AND SPEAKER; AND PAT DAWSON, MANAGER, KILLARNEY HOUSE

Dawson was very pleased with the session, which followed the official opening of the restored reception rooms at Killarney House on July 3rd. and hoped that the local connection to the McShains and America could be developed as the theme of an annual event.

"I'LL BE BACK FOR PUCK!"

Killorglin Prepares to Welcome Back the Herd as Puck Fair 2017 is Officially Launched!

A festival almost as synonymous with Ireland and its culture as St Patrick's Day, the annual Puck Fair celebrations provide a unique draw not only to those visiting our shores from far off climes, but also to Irish natives living abroad, who use the annual event as a fun and exciting opportunity to return home. This year is no different, with thousands of Irish emigrants planning a visit to the green, green grass of home this summer to coincide with the 3-day festival, which takes place from the 10th to the 12th of August.

The 2017 festivities kicked off on Friday last with a launch event at The Forge in Killorglin, with guests keen to get a taster of the exciting line-up in store for this year's festivities. One of the VIP guests on the evening was this year's Queen of Puck Fair, Caitlin Horgan of Scoil Mhuire in Killorglin. Caitlin was joined on the night by her Lady-in-Waiting, Lily-Sue Eyers, a pupil of Douglas National School on the outskirts of Killorglin and John Bowe of Diageo, one of the festival's key sponsors.

Monika Dukarska, 2009 and 2016 World Coastal Rowing Champion, this year's festival ambassador, a Polish native who moved to Co. Kerry at the age of 16, was competing in Switzerland during the launch proceedings, but was nonetheless present on the night with the help of a special video message. Long-running Chairman of Puck Fair Declan Mangan, having worked as Chairman of the voluntary committee for 30 years, expressed his delight at being involved in such a fun event.

"I get such a thrill out of seeing visitors flock to the town each August to witness the crowning of King Puck and to see what our beautiful town has to offer", he told the Killarney Outlook.

Commenting on what visitors can expect, Mr. Mangan added; "Highlights of this year's Puck Fair festival include musical entertainment on the town square stage to be provided by Brass & Co (Thursday 10th August), The Elvis Spectacular Show (Friday 11th August) and The Ultimate Garth Brooks Experience (Saturday 12th



'I'LL BE BACK FOR PUCK': PICTURED (L TO R) AT THE PUCK FAIR 2017 LAUNCH EVENT, AT THE PUCK STATUE, WERE, JOHN BOWE DIAGEO (SPONSOR) DECLAN FALVEY OF FALVEY'S BAR KILORGLIN& DECLAN MANGAN, CHAIR PUCK FAIR, PUCK FAIR 2017, IRELAND'S OLDEST FESTIVAL, RUNS FROM 10-12 AUGUST IN KILLORGLIN, CO. KERRY. THE THREE-DAY FESTIVAL ATTRACTS VISITORS FROM ALL OVER IRELAND AND THE WORLD INCLUDING THE IRISH DIASPORA, WHO COME TO SEE THE CORONATION OF THE WILD MOUNTAIN GOAT AND ENJOY 36 HOURS OF FREE FAMILY ENTERTAINMENT. WWW.PUCKFAIR.IE *PICTURE: DAVID ROLT PHOTOGRAPHY*

August).

There will also be a wide range of children's entertainment taking place in the town across the three days of the festival as well as market stalls, street performances and a host of activities for all the family. Information and updates on this can be found at www. puckfair.ie in the lead up to the festival.

IF YOU HAVE A STORY... Contact Aisling on 086 0400 958

PROPERTY OUTLOOK

Jerome O'Regan



PROPERTY OUTLOOK **THROUGH THE KEYHOLE....** A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: 6 Killaha Court, Countess Road, Killarney. This 2 bed townhouse is in a prime location. Totally revamped, it has a concrete first floor with concrete diving walls upstairs. Oil fired C/H and both double bedrooms are ensuite. It was the original showhouse for this small private development and is considerably larger than the others. The living/kitchen space is generous with lots of natural light and there is ample parking. Agent: ● Jerome O'Regan Auctioneer & Valuer ● Tel: **066 9761200 / 087 2833410 ● www.jeromeoregan.ie**

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427.**

SUN SHINES DOWN ON DYLAN'S TOURNAMENT

The Dylan Crowley U11 Invitational Tournament took place in Gneeveguilla on Saturday 8th July. Dylan passed away on the 18th of August 2013 after braving a long illness with cancer. The tournament is now an annual celebration of Dylans life, his fourth anniversary

and his 14th birthday which takes place on the 24th of July.

The tournament has grown over the last few years in the number of teams which is now at 12 including Gneeveguilla, Rathmore, Scartaglen, Firies, Kilcummin, Currow, Dromtariffe, Killarney Legion, Kilgarvan, Glenflesk, Spa and Moyvane. The Division 1 Final was won by Kilcummin with Glenflesk as runners up. The Division 2 final saw Spa overcome Firies and the Division 3

Final saw Scartaglen taking the honours against Currow. A special thanks to all the teams ,their mentors and the players who were a credit to their families and clubs.

Dylans family would like to thank

Gneeveguilla GAA Club and the ladies who did trogan work on the day making and serving refreshments for the large crowd in attendance, the biggest in the last four years. Thanks to Father Kevin McNamara who opened the tournament with a special blessing and spoke so well of Dylan. Thanks to Michael Doyle who played the bagpipes and led the teams around the pitch. This added tremendous atmosphere and was the highlight of the day for the players. Thanks to Tara O'Leary who sang Amhran Na Bhfiann so beautifully before the finals. Thanks also to the East Kerry Coiste Na Nog Board and PRO Áine Ní Shuilleabháin who supported the tournament. Thanks to the referees and umpires who officiated on the day in some very tight games.

A new addition to the tournament this year was the Facebook live where the day was streamlined on Gneeveguilla GAA Facebook page.

This added hugely to the day with people from abroad tuning into Gneeveguilla on Saturday. Special thanks to Sean O'Keeffe and Stephen O'Sullivan who put a lot of work into this.

"The sun shone brightly on the day as we remembered Dylan, his love of football and how special he was. Dylan himself was a perfectionist and thankfully everything went as he would have wanted. Thanks to everyone who contributed in anyway to make it such a successful and enjoyable day", Dylan's uncle Sean O'Sullivan told the Killarney Outlook.



ORGANISERS SEAN AND KATHLEEN O'SULLIVAN PICTURED WITH SOME OF THE MANY PEOPLE WHO ENJOYED THE DYLAN CROWLEY TOURNAMENT.

KERRY JOINS CORK IN TOURISM AND TRADE PROMOTION IN THE USA

On his first trip since becoming Mayor of Kerry, Cllr John Sheahan joined The Minister for State for Tourism and Sport, Brendan Griffin TD, and a 20-strong delegation from Cork and Kerry to Providence, Rhode Island in the United States over the weekend to promote the new Norwegian airways Cork-Providence trans-Atlantic service which commenced earlier this month.

The group also included the Council's tourism officer, John Griffin, was hosted by GoProvidence, Rhode Island Airport Corporation and the State of Rhode Island and they attended a series of engagements with tourism and business leaders. The two-day visit, organised by Cork Airport, was aimed at boosting trans-Atlantic tourism and trade.

Minister Griffin said that Providence, which is located mid way between New York and Boston, was an important new gateway from the USA to the South-West of Ireland. The three times weekly service is expected to bring an additional 20,000 US visitors to Cork and Kerry this year. It is first direct trans-Atlantic service to Cork Airport in its 56 year history.

Speaking at a reception for business leaders in the Renaissance Hotel, Cllr John Sheahan said that Kerry was the home of tourism and

At the recent Killarney Municipal Area Meeting, Councillor Michael Gleeson proposed the following Motions:

•"That Kerry County Council would examine the safety aspects of the existing pedestrian crossing on Mill Road, Killarney as the present situation is not satisfactory for pedestrians or motorists". Kerry County Council replied that



MINISTER BRENDAN GRIFFIN, T.D., MINISTER FOR STATE, DEPARTMENT OF TRANSPORT, TOURISM & SPORT, CLLR. JOHN SHEAHAN, MAYOR OF KERRY, MS. GINA RAIMONDO, GOVERNOR OF RHODE ISLAND, AND STEFAN PRYOR, RHODE ISLAND SECRETARY OF COMMERCE.

attracted over a half a million US visitors each year. He assured his listeners that they would be most welcome in the Kingdom.

The Irish group were very well received by their Rhode Island hosts including at high level meetings in Providence, Newport and in the State House with Governor Gina Raimondo and

COUNCIL MATTERS

it would examine the safety aspects of the crossing in the near future.

Councillor Gleeson said that the road lining has been renewed at this location in recent days and this should be of some help to all road users. Councillor Gleeson also asked:

•"That a water tap would be provided at Muckross Abbey as many people wish to clean

Secretary of Commerce, Stefan Pryor. Minister Griffin presented Governor Raimondo with a book on the history of the GAA while Mayor Sheehan and the Governor exchanged books on Kerry and Rhode Island. A return trip by Rhode Island tourism and business leaders to Cork and Kerry is expected in September.

headstones and to water flowers on graves. He stated that access to the Abbey is only on foot and, therefore, bringing water is not very feasible for people".

The Motion was unanimously agreed and will be forwarded to the NPWS for their attention."

PROPERTY OUTLOOK



65 WHITEBRIDGE MANOR Guide Price €185.000

3/4 Bedroom Semi-detached property (1,340 sq ft) in a quiet residential mature estate with private back garden & patio area, block built garden shed, side entrance, off street parking, gas heating.

Ref 1020 BER C2



Guide Price €190,000 4 Bedroom semi-detached property (approx. 1,400 sq ft) with private back. Oil fired central heating. Requires modernisation and re-decoration. Walking distance to town centre **REF 990** BER E1

RUSHEEN BEG, GLENFLESK Guide Price €200,000 3 Bedroom detached property (approx 1,400 sq ft) with mature gardens located on the main Cork Road with stunning mountain views. The





7 ARLINGTON HEIGHTS. PARK ROAD Guide Price €230.000

3 Bedroom semi-detached property (approx 1,135 sq ft) just off the Park Road within walking distance of town centre & all amenities. Off street parking, low maintenance rear garden, oil fired central heating REF 1046 BER C2



DOONEEN, KILCUMMIN Guide Price €270,000

4 Bedroom Bungalow (approx 1,500 sq ft excluding garage) with adjoining garage on circa 0.518 acre elevated site. The property was totally refurbished to a high standard in 2010. Gas central heating, woodgrain double glazed pvc windows. **REF 1042** BER C2



SHEHEREE, MUCKROSS Guide Price €385,000

5 bedroom dormer bungalow (approx 2,045 sq ft) standing on circa 0.5 acre site of mature gardens & tarmacadam driveway. Oil fired central heating, double glazed pvc windows. 5 minutes to Town Centre. Ref 903 BER Pending

THE SPA AT AGHADOE RETAINS "MUNSTER SPA OF THE YEAR" TITLE

Staff at The Spa at Aghadoe were celebrating this week as Irish Tatler announced the winners of the coveted Irish Tatler Spa Awards at a gala awards luncheon at The Thomas Prior Hall, Ballsbridge.

The winner of the 2017 Munster Spa of the Year once again went to The Spa at Aghadoe. The guest's relaxation begins from the moment they walk through the doors of the spa. They are immediately immersed in a tranquil quietness and the gentle aroma of essential oils. The immaculately maintained spa dazzles with a modern yet luxurious appearance. The spa has exquisite Thermal Suite facilities which encourage guests to prepare body, mind and soul for their chosen treatment. The judges awarded top marks to the therapists who they felt not only offered service with a smile but also that this was 100 percent genuine. Added to this, the highly experienced therapists are supremely knowledgeable about the treatments on offer and the products to be used.

Now in their ninth year, the Irish Tatler Spa Awards commends the best spas in the country with awards being presented in twelve categories, including Best Treatment, Best Facial, Innovation, Best Spa Style, Best Spa Therapist, Best Service and the Decléor People's Choice Award as voted for by the public.



KERRY YOUTH GROUPS BRING AWARDS HOME



PICTURED AT THE IRISH CANCER SOCIETY'S X-HALE YOUTH AWARDS 2017 WERE KIAN FALVEY, DANIELLE FORAN, CIAN NAYLOR, CATHAL JOY, OISIN O CEARRAIGH AND CAROLINE MADDEN FROM THE NEIGHBOURHOOD YOUTH PROJECT KILLORGLIN.

Club Óg Ógras Baile Uí Thuaidhg from Kerry has been awarded the prize for best Community Campaign at the Irish Cancer Society X-HALE Youth Awards 2017. The group scooped the award for the campaign around its short film "Ná Bac le Tobac" which was showcased at the recent event in the Odeon Cinema in the Point Village in Dublin.

Fellow Kerry group the Neighbourhood Youth Project from Killorglin also entered a short film to the competition and attended the awards ceremony in Dublin.

Over 300 young people from 40 youth and community groups came together to showcase their anti-tobacco films and projects which they have created to contribute towards establishing Ireland's first smoke-free generation.

While the rate of smoking has seen declines in recent years, 8% (or approximately 40,260) of children and young people between the ages of 10 and 17 are using tobacco. The Irish Cancer Society has said is it vital that this generation of young people give the biggest blow to

cancer possible – by not starting to smoke or by getting support to guit.

Kevin O'Hagan, Cancer Prevention Manager at the Irish Cancer Society said: "I would like to congratulate Club Óg Ógras Baile Uí Thuaidhg on winning their prize and for making a positive impact on their health and that of their peers. They have been recognised at this awards ceremony for exceptional effort in their project. "We need to look at what Club Óg Ógras Baile Uí Thuaidhg, the Neighbourhood Youth Project and the rest of the #TheXGeneration are saying. They can be Ireland's first smoke-free generation and they are telling us in their own way about the dangers of smoking and they are confident enough to share this message with their peers. They are educated on the issue of smoking and are refusing to let their health be affected by tobacco."

X-HALE is an initiative of the Irish Cancer Society which aims to empower young people to work towards reducing smoking among their generation, by raising awareness about the dangers of smoking and encouraging their peers to be smoke free. Since its inception in 2011, X-HALE has awarded over €140,000 to youth groups and organisations through X-HALE to create smoking related community awareness film projects since the initiative started over seven years ago.

KILLARNEY ON THE AGENDA FOR CHINESE GROUP

One of China's largest e-commerce startups Mogujie, which is a fashion and lifestyle magazine targeting an audience of 160 million - predominantly young women - together with representatives from Lonely Planet, San Lian Life Weekly and other online media have arrived in Ireland for a week to learn more about two of Fáilte Ireland's major tourism brands: the Wild Atlantic Way and Dublin – A Breath of Fresh Air.

A tailored visit has been designed to promote Ireland to the Chinese market and is being hosted and managed by Fáilte Ireland in collaboration with Tourism Ireland. For some of the visiting group this is their second time to Ireland but they have now returned to learn



DECLAN MURPHY, FÁILTE IRELAND IS PICTURED IN DINGLE AND TOURED DINGLE WHISKEY DISTILLERY, WITH A GROUP OF LEADING CHINESE MEDIA HERE TO FOCUS ON IRELAND AND THE WILD ATLANTIC WAY PHOTO:VALERIE O'SULLIVAN

more and provide a deeper knowledge of Ireland to their readers.

While on the Wild Atlantic Way the group will spend time in Dingle and go to the Blasket Islands Visitor Centre, see the Gallrus Oratory, visit the Louise Mulcahy Pottery and take a Dingle Distillery tour before spending time exploring Dingle village on foot. After that, they visit Killarney to see Kate Kearney's cottage and enjoy a jaunting tour (by jarvey) of the Gap of Dunloe. The previous day they were in Sligo on a Trad Softly Walking Tour of the town and visited W.B. Yeats grave at Drumcliffe and will end their tour in Dublin at the Guinness Storehouse.



Killarney Outlook



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illarney Town Talk



DORINA IACOV AND LIAM MC NALLY. WHO WERE MARRIED IN ST MARY'S CATHEDRAL KILLARNEY AND HELD THEIR RECEPTION IN THE MUCKROSS PARK HOTEL. PHOTO MICHEÁL O SULLIVAN. WWW.OSULLIVANPHOTOGRAPHYIRL.COM



AOIMHE SPILLA

We are set for a busy week as Killarney's July Racing Festival gets under way from Monday 17th of July to Thursday 20th of July. The Dawn Milk Ladies Day will take place on Thursday, July 20th and the winners of the Queen of Fashion and the Most

Stylish Hat Competition will enjoy luxury prizes and receive a specially commissioned crysal vase. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact towntalk@outlookmags.com

RUN KILLARNEY

Run Killarney takes place on Saturday the 22nd July the routes start at the Gleneagle Hotel from 9:30am and go through Muckross House and Killarney National Park. The races are open to everyone, men and women alike, at all levels of running experience, walkers, newcomers and people who just want a challenge and a great day out.

BINGO

Bingo takes place in St Mary's Parish Hall every Thursday at 9pm

GOLF CLASSIC

St Mary of the Angels and St John of God Kerry Services are in the process of organising their STAFF WITH LONG YEARS OF SERVICE WORKING AT ST. FINAN'S HOSPITAL KILLARNEY PICTURED ON THE FINAL DAY AT WORK IN THE O'CONNOR UNIT local golf classic fundraiser for August 11th will be a team of 4 event in any combination.

There will be ladies and gents prizes and entry fee is €200.00 per team. The presentation of prizes will take place at 9:30pm that evening in the clubhouse.Last year's Golf Classic was a great success and all monies were used to contribute towards improving the quality of service users lives. Their services across Kerry now support over 300 adults and children in 34 locations. They provide services in Beaufort, Tralee, Killarney, Kenmare, Cahirciveen, Killorglin, Dingle, Castleisland and Listowel. All monies raised are for the services in Kerry and utilised for service users benefit . All support is greatly appreciated through Teams , sponsorship of prizes or Tee Boxes and if all those able to support us could contact Helen

CARROLL (41YRS) AND DENIS MOYNIHAN (38YRS).

O Connor (087) 1338702.

REMEMBERING CIAN EVENT

This year Cian's family have decided to have a coffee morning to mark Cian's 4th anniversary. In previous years they have held the "Remembering Cian Walk" and have raised close to €18,000.

The family greatly appreciate your continuing support and look forward to welcoming everyone on Saturday 22nd July from 11:30 am-1:30pm in the Killarney Towers Hotel. All donations received will go toward Killarney Water Rescue and Recovery which is an important local voluntary service.

The family would like to thank local businesses for their generosity, a raffle will be held on the day.

CYCLE FOR JACK & JILL

The Jack & Jill Children's Foundation seeking a bit of pedal power for the Atlantic Gold Coast "Pedal Challenge" on Saturday 22nd July, starting from Cloghane Village at 8am for 8.30am start. Registration costs are €45 for the 76km route or €20 for the 15km route, with full details on www.atlanticgoldcoastcycle.com, all in aid of the Jack & Jill Children's Foundation with funds raised supporting critical home nursing care hours for sick children Kerry and in every parish up and down the country. The Foundation has supported nearly 2,200 families nationwide since 1997, including 63 families in Kerry and every €16 raised through this cycle will fund 1 hour of home nursing care for a sick child in Kerry and beyond.

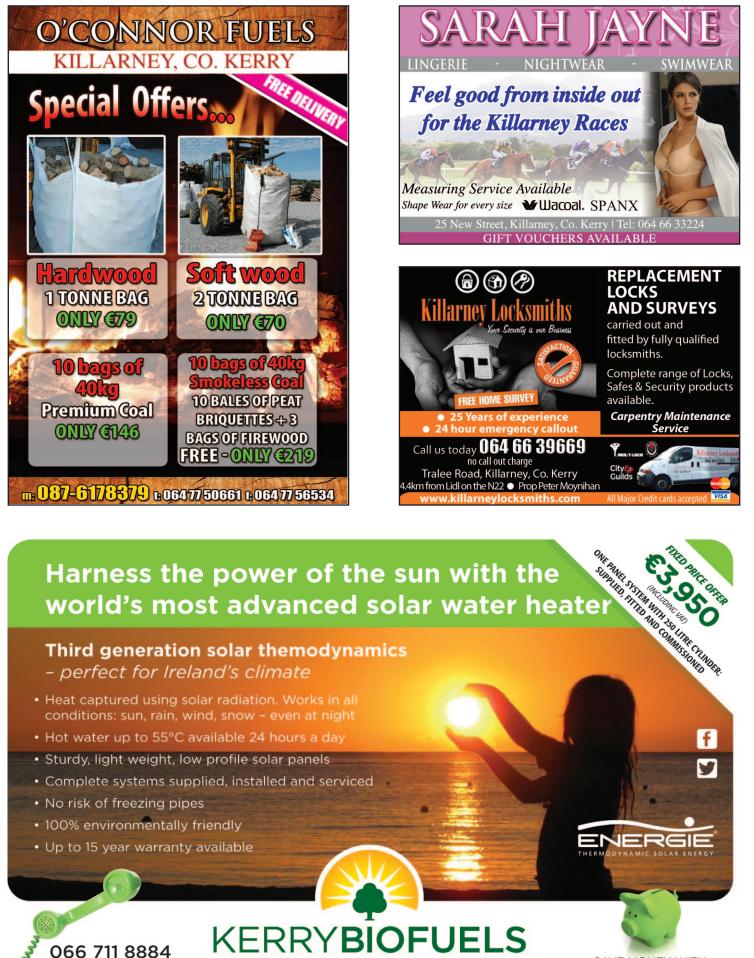
This is one of Ireland's toughest and challenging charity cycles around the Dingle Peninsula, along the Wild Atlantic Way, but it's also THE most beautiful route.

There are two main events on the day, a 76km route taking in the Conor Pass, Dingle, Inch and Bothar na gCloch and a family friendly, easier cycle, for the young enthusiasts around the local area of Cloghane, with food and refreshments on route and in O'Connor's Bar on completion. There is a barbeque after the event including a raffle with some great prizes up for grabs.



at O' Mahony's Point Killarney Golf Club. It in the residents and staff moved to a new €13 million deer lodge mental health facility on st. margaret's road, killarney. st finan's HOSPITAL FIRST OPENED ITS DOORS TO RESIDENTS IN 1849. PHOTO: DON MACMONAGLE

Killarney Outlook



EARTH-FRIENDLY HEATING SOLUTIONS Unit 5 Ridgeview, Monavalley Business Park, Tralee KerryBiofuels.ie

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Marney TOWN TALK



THE TOASTMASTERS, PICTURED AT RANDLES COURT HOTEL, FOR THEIR ANNUAL GATHERING. ELIZABETH BROSNAN, URSULA DALY, JOANN SCHELEEN, LIZ DOWNEY, MAUREEN SOMERS, HELENA BRUNICARDI, DEBBIE LOONEY AREA DIRECTOR, GERARD MANNIX DIVISION DIRECTOR, MICHAEL COLLINS FORMER DIVISION DIRECTOR (SECOND ROW FROM LEFT) LARRY SCHELEEN, RENEE BARSSCHIER, MARY YOUNG, VICKEY MCCARTHY, MARGARET KIDNEY, LILLY TANGNEY, CELINE SLATTERY, UNA BROSNAN (BACK FROM LEFT) EAMONN BANNON, SEAN LYONS, MIKE O'DONNELL, SUSAN BAUGHNAN, STEPHEN KELLY, ALISH MOLONEY, BRIDGET ELLIOTT, ANTHONY GARVEY, LIAM O'FLOINN AND JASON KIERAN. *PICTURE MARIE CARROL-O'SULLIVAN*

GIGS ANNOUNCED

Singer songwriter Gavin James is set to return to the INEC in Killarney for an intimate acoustic gig.The star, who has had an immensely successful couple of years, will take to the stage on on October 20th. Gavin has had platinum top five sales for his debut album, Bitter Pill, in Ireland, where he was awarded the song of the year accolade for the album's title track at the Choice Music Prize.In the spring of 2015, he appeared on US television's Dancing with the Stars and released a four-track EP titled For You. Later that year, he was invited to open for chart-toppers Ed Sheeran and Sam Smith on their respective tours and released singles, including Bitter Pill, from his full-length studio debut of the same name. Tickets went on sale for this strictly over 18's fully seated acoustic performance on yesterday Thursday 13th and are available from www.inec.ie or www. ticketmaster.ie. Imelda May will be returning to the INEC as part of her Irish tour, she will play on the 28th of October tickets are on sale from today, Friday 14th July. Her album Life. Love. Flesh. Blood entered the Irish charts at no 2 and spent ten weeks in the top ten.Produced by the legendary T Bone Burnett, 'Life. Love. Flesh. Blood' was recorded over seven days in Los Angeles and features musical contributions from Jeff Beck (on 'Black Tears'), Jools Holland (on 'When It's My Time') and an accomplished group of backing musicians including the core trio of guitarist Marc Ribot (Tom Waits, Elvis Costello), drummer Jay Bellerose (Robert Plant

and Alison Krauss) and bassist Zach Dawes (The Last Shadow Puppets, Mini Mansions). Imelda May has become one of Ireland's most celebrated female artists. Discovered by Jools Holland, who asked Imelda to support him on tour, Imelda has gone on to perform alongside legendary artists including Lou Reed, Bono and Smokey Robinson and can count high profile artists including Bob Dylan (who recently revealed he is a fan of Imelda in a rare interview with Bill Flanagan) and Bono amongst her fans. Two shows not to be missed so you better get your tickets quick before they are gone!

KERRY BAND PLAY COURTNEYS

You may have already heard them on the radio with their track 'Bones' as local Kerry band, Deep Sky Objects have been tipped for great things. They will be performing a gig in Courtney's Bar, Plunkett Street tonight Friday 14th July at 10pm. They filmed a video for their single ' Hope' on the streets of Killarney which was released earlier this year. The three piece rock band are made up of brothers Kevin O'Brien (lead vocals, guitar) and Thomas O'Brien (drums and backing vocals), and DD Foley (bass guitar and backing vocals). Admission is free, an amazing chance to see one of Ireland's up and coming bands.

SPRAOI CHIARRAI

The next Spraoi Chiarrai Summer Concert event will take place on Saturday 22nd July at

St Marys Church of Ireland at 8pm , an evening of live music. Admission is free. The concerts feature Fiddle, Irish Harp, Accordion, Flute & Whistle, Irish Uilleann Pipes, Guitar, Harmonica, Bodhrán and Vocals.

AGLISH GRAVEYARD

Annual mass Monday next July 17th at 8pm

COUNCIL MATTERS -DEPUTY WELCOMES OPENING OF DEER LODGE

Danny Healy Rae TD welcomes the opening of Deer Lodge in Killarney as he has been asking for this facility over a long number of years, he wants to pay tribute to all involved in the project for all their hard work and commitment to ensure that this great facility would be built to such a high standard, it is indeed very good news for all of Kerry.

KERRY PUNTER NABS €12,497 FOR€6 ACCUMULATOR

A plucky Kerry punter's five horse accumulator has seen them turn a €6 stake into an incred-ible €12,497.36.

The customer, who wishes to remain anonymous, placed a \in 3 each-way accumulator on the cards at Ayr, Worcester and Windsor on Monday.

With all five horses winning their respective races it saw this Kerry native scoop a fantastic €12,497.36.

2016 SPA REVIEW

This year's Spaq Review be out shortly. Packed with loads of photos, interesting articles from present and past. The hard working committee of Deirdre O'Sullivan Darcy, Anne Holland, John Kelly, Donal Hickey and Gerard Mangan are responsible for what will be a brilliant magazine. This publication covers all aspects of the club both on and off the field. Available shortly at the clubhouse and various venues around town.

WEDDING BELLS

Congratulations to Michael Anthony Reen Convent View Rathmore who married Debra Fitzgerald Knockeenalic Kilcummin on Friday last. We wish both of them happy long life together.



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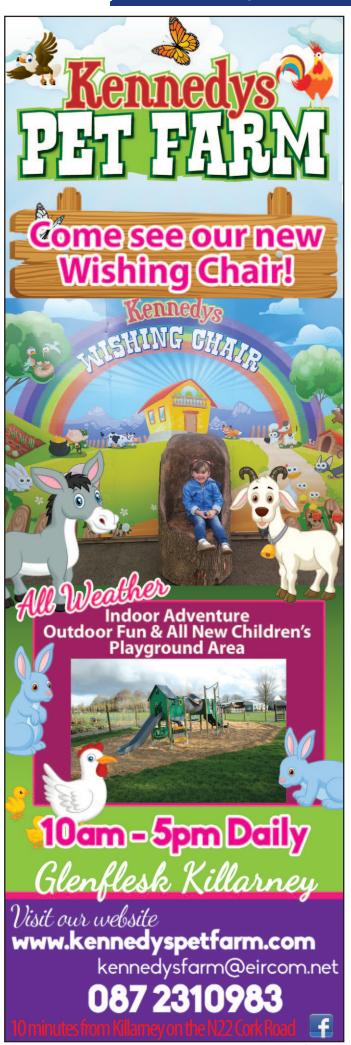


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Killarney Outlook



14.07.17 Outlook 27

RATHMORE/GNEEVEGUILLA NEWSby Michael O'Mahony WEDDING BELLS

Congratulations to Michael Anthony Reen Convent View Rathmore who married Debra Fitzgerald Knockeenalic Kilcummin on Friday last. We wish both of them happy long life together.

SYMPATHY

To Maura Hickey, Gneeveguilla, on the death of her brother John Lyne, Killarney and to his brother-in-law Denis Fitzpatrick, Knocknagree. John's funeral took place recently in Killarney. To Martin Murphy, East End, Rathmore on the death of his brother Donal Murphy, Birdhill, Co. Tipperary, whose funeral took place in Adare, Co. Limerick and to Michael, Seamus & Nora Mary Fleming, Knocknagree, on the death of their sister Catherine Fleming, Killarney, whose funeral took place in Knocknagree. May they all rest in peace

DIOCESAN COLLECTION

recently held a second collection for Sick and Retired Priests - it raised €1350. Thank you for your support.

IRISH WHEELCHAIR ASSOCIATION

will be holding their church gate collection on this Saturday 15th & Sunday 16th July 2017 at Rathmore, Gneeveguilla & Shrone Churches. Your support would be gratefully appreciated.

Special Trócaire Church Collection on week ending 22nd-23rd July. Prolonged drought has led to severe food shortages across East Africa. Approximately 25 million people are in need of emergency assistance. SINGLE RELEASED

Congratulations to Nora Hickey knocknaloman Rathmore who has released her Debut single Happy Days in Heaven The song is written by Niall O' Brien of Duhallow Today magazine. This is Norah's first visit to the recording studio and everyone agrees it's very impressive. The song was recorded & mixed at Music row studios. Ballydesmond & was co produced by Niall and Leo Fitzgerald studio owner it continues to receive great air play on all the local and National radio stations at the moment. A 4 track CD containing Happy Days in Heaven is planned for release in late July early August. Wincidentally Norah come from music family she is sister of Breeda and Marie of the well know band Diamond Sisters and her brother Donie Moynihan plays with Millstreet pipe band Norah is available for bookings now.we all wish her well with her new release.

MONSIGNOR DAN HERLIHY'S GOLDEN JUBILEE

Next Friday July 14th in Knocknagree Church at 8pm Since his retirement Mnsgr. Dan Herlihy has been of great assistance to Fr. Pat O'Donnell here in Rathmore Parish, and has been a great support and advisor to Fr, Pat O'Donnell as Parish Priest. We benefit from his great experience and his broad experience of Church in different settings. Mgr Dan was ordained Sunday June 11th 1967 in Waterford Cathedral and celebrated his First Mass in Knocknagree. He was ordained for the Diocese of Albany and his first appointment was to St Marys, South Amboy. He continued to serve in the Diocese of Albany until 1986 and then transferred to the Diocese of Metuchen. Mnsgr. Dan served in the Diocese of Metuchen from 1986 until his retirement in 2016. At the time of retirement he was Pastor of Transfiguration of the Lord Parish, Highland Park-Edison. On this Friday . July 14th all parishioners are invited to join in Knocknagree Church at 8pm, for a special mass to celebrate his Golden Jubilee.

RATHMORE COMMUNITY COUNCIL

Dr. Christine Walsh-McCarthy will resume her regular clinic at the rear of St. Joseph's Day Care Centre when she returns after annual leave on Mon. 17th July. Until then patients should attend Dr. Christine's surgery in Millstreet. For appointment please contact 029 70124.

CULLEN ANNUAL HARVEST AFTERNOON

Sunday July 23rd- Cullen G.A.A. Grounds..

Cullen will be stepping back in time on Sun. July 23rd with the staging of its 19th Annual Harvest afternoon, its revival 19 years ago has ensured that the traditional Laitiarain Sunday, is the centre of attention as vintage enthusiasts' from near and far gather to exhibit and demonstrate traditional methods of harvesting.

This afternoon promises to be a great day for all the family with plenty to enjoy and an opportunity to meet up with neighbours and friends, it is hoped that it will be as successful if not better than previous years.

All the tried and tested events are back again including the popular Old Time Threshing, the usual wonderful display of Vintage Cars and Tractors, a tractor building demonstration by the talented Broomhill The involvement of volunteers is vital to the successful running of this event, and the support we receive each year is greatly appreciated. All funds will go directly towards our annual Christmas Party for our Special Needs friends and to the centres caring for those with special needs to enable them to continue to provide their vital services so badly needed Keep Sunday July 23rd free and come along and join in the activities of the evening,

RATHMORE LADIES GAA FOOTBALL

Congratulations to kerry senior Ladies on winning the Munster final over Waterford and to Local players

Aisling Desmond who got players of match and Norma O' Mahony, Sarah Murphy, well done

NOTES

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com)or ring or text 087-6676817. Before 6pm Sunday,

LISTRY NOTES

Listry Community Council is coordinating cleanup in our area Saturday 22nd July. Please pick litter in vicinity of your own home or along R563 and N70 roads close to you. Bags are available from Listry Community Centre. Let us all take pride in our community and make a big effort. Bags of litter should be returned to Listry Community Centre. Thanks.

SPA NOTES COISTE NA NÓG

ABC Fun Club continues Saturdays 11.30-12.15 in our fabulous indoor hall.

New members very welcome as this is free to everyone 3-5 years olds. Underage Training 6-10 boys and continues as normal on Saturday.

U-12 Girls born (2005/2006) training continues with the U-12 boys Wednesday 6-7.

U-14 BOYS

Spa 5-9 Gneeveguilla 2-6

Spa got off to a great start aided by a strong wind to lead by 1-3 to 0-0 after 10 minutes. The goal coming from Eoghan Mulvaney. Spa continued to build on their lead and led by 1-9 to 2 points at half time. Gneeveguilla scored 1-3 before spa registered their first score in the second half, another goal from the impressive Eoghan Mulvaney. Another goal made it Spa 3-9 to 1-5 but The opposition hit back to make it 3-9 to 2-6. Spa secured the win when Eoghan Mulvaney scored his third goal of the night. Great defending from Sean and Baily O'Sullivan and man of the match Eoghan Mulvaney up front ensured Spa remained unbeaten in their group.

U-11 BOYS

Our young team won the Dylan Crowley invitational tournament division 2 winners 2017.

They defeated Moyvane, Gneeveguilla and drew with Firies. Finished joint top with Firies, who they then played in a five Minute playoff. They won that by 3 points. Thanks to Gneeveguilla and Christy Crowley for the invitation and a great day was had by all.

SENIOR CHAMPIONSHIP

East Kerry 3-24 St Brendan's 4-18.

Great comeback in a very exciting game that forces extra time, **UPCOMING FIXTURES**

Junior Co League Spa v Legion this Monday July 10th in Spa at 7.30pm. Senior Co League Spa v Glenflesk Sunday July 16th in Spa at 2.30pm. U-14 Boys Monday July 17th at 7pm

Spa v Rathmore home.

U-16 Boys: Spa v Kilcummin Wed July 19th at 7pm

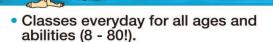
Spa v Kilcummin home.

2016 SPA REVIEW

Will be out shortly. Packed with loads of photos, interesting articles from present and past. Thanks to the hard working committee of Deirdre O'Sullivan Darcy, Anne Holland, John Kelly, Donal Hickey and Gerard Mangan for a brilliant magazine. This publication covers all aspects of

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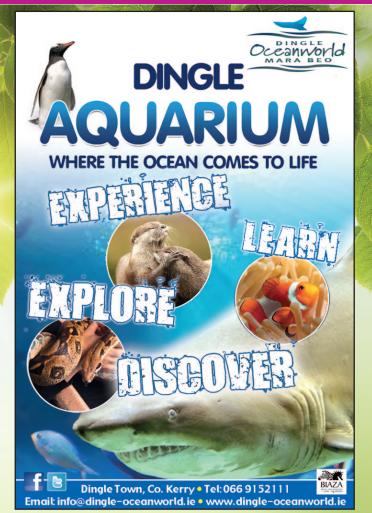
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COMMUNITY FOCUS



SOME OF THE PARTICIPANTS PICTURED WALKING ON DERRYNANE STRAND IN COUNTY KERRY ON SATURDAY IN THE KERRY WAY WALK IN AID OF BREAKTHROUGH CANCER RESEARCH. THE THREE DAY CHARITY WALK AROUND SOUTH KERRY ATTRACTS WALKERS FROM ALL OVER IRELAND AND HAS RAISED OVER Ä670,000 IN ITS 14 YEAR HISTORY. *PHOTO DON MACMONAGLE*

the club both on and off the field. Available shortly at the clubhouse and various venues around town. Anyone who wants info on this please contact the secretary Deirdre O' Sullivan Darcy 0876332773 or email secretary.spa.kerry@gaa.ie

LOTTO

Numbers drawn: 02, 15, 20, 22. Lucky dip winners €50 each: Loughquittane NS; Sheila & Mike Moynihan, Ardaneanig; Catherine Casey, Ross Dara; John & Paddy O'Keefe. Annual ticket draw winner €50: Betty O'Leary, Rookery Close. Next week's draw will be in The Torc Hotel for a jackpot of €7,800.

BEAUFORT NOTES

LOTTO: Lotto results of Sunday, 09th July for jackpot of \in 5,600. Numbers drawn: 04, 05, 11, 19. Congratulations to Philip O'Sullivan, Whitefield, Beaufort who was the lotto jackpot winner. Seller: Tim Coffey. Next draw for jackpot of \in 2,000 will be held in the Inn Between on Sunday, 23rd July.

FIXTURES: U12 Boys away to Glenbeigh/Glencar on Friday, 14th July at 7pm in Round 2 Mid Kerry. U14 Boys home to Killarney Legion on Monday, 17th at 7pm in Round 5 East Region. Junior men home to Keel on Tuesday, 18th at 7:30pm in Round 2 Mid Junior League. U16 Boys home to Kerins O'Rahilly's on Wednesday, 19th at 7pm in Round 3 of County League.

RING OF THE REEKS CYCLE

The Ring of the Reeks Cycle will be held on the 29th July. We have three loops once again this year. For more information and to register please go to www.ringofthereekscycle.com. This is an Over 16's event.

BEHIND THE BALL

Beaufort GAA Club is taking part in Behind the Ball promotion in conjunction with PK's SuperValu Killorglin and Daly's SuperValu Killarney. When you spend €20 in either store you will receive a token to put in the Club box which is located near the checkout in stores. The promotion will run to the middle of August. When the club has 2000 tokens collected they will receive sets of footballs for our U6 and U8 teams. Please support the promotion. Thank you to both stores for their support of the Club.

KILCUMMIN NEWS TRÓCAIRE COLLECTION

Kilcummin Parish Finance Committee sincerely thank all of you who contributed €3,320.00 to this year's Trócaire Campaign. Any further donations are most welcome. Go méadaí Dia bhur stór.

RECOVERY HAVEN, TRALEE & IRISH CANCER SOCIETY

Support Recovery Haven, Tralee and the Irish Cancer Society by purchasing the book 'Cancer a circle of Seasons – How to Journal and pray through Life's Challenges' by Anne Alcock. Available from Easons and the Friary Book Shop.

COMHALTAS CULTURE NIGHT 2017

This will take place around Ireland on Friday night, September 22nd from 5.00 pm to 11.00 pm. All Comhaltas branches are strongly encouraged to organise a free Culture Night performance to showcase Irish traditional music, song, dance and storytelling in your branch and in your locality. The performance group can be large or small and the performance should take place at a local focal point or amenity centre. Please return



MATCH 3 WINNER IN MILLTOWN/CASTLEMAINE GAA FUNDRAISING LOTTO JACKPOT DRAW. PICTURED IS WINNER FRANCIE ASHE AUGHILLS, CASTLEMAINE WITH MARGARET ASHE. ALSO INCLUDED ARE TOMÁS BARRY - CLUB TREASURER AND EILEEN SPRING- LOTTO COORDINATOR. OUR JACKPOT IS NOW AT €15,400 WITH €550 FOR A MATCH 3. NEXT DRAW IS THIS FRIDAY JULY 14 TH IN KARL J'S BAR, MILLTOWN.

the completed event form by post to CCÉ Cultúrlann, 32 Cearnóg Belgrave, Baile na Manach, Co. Baile Átha Cliath. A94XV02 by Friday 21st July. All participating branches will then receive a subvention of €60 from Comhaltas Head Office. Please forward details of your Culture Night event to Kerry Culture Night contact Kate Kennelly, at Kerry County Council for information and promotional purposes. Contact e-mails: arts@kerrycoco.ie ; sharon.okeeffe@kerrycoco.ie ; caroline.lynch@ kerrycoco.ie

Please also inform CCÉ County PRO of your Culture Night event. Attached is an information notice as well as the CCÉ subvention application form. Further information available on www.culturenight.ie

FLEADH NA MUMHAN VOLUNTEERS

Competition door stewards are needed to help out at Fleadh na Mumhan in Cork on Saturday 22nd & Sunday 23rd July, for either a morning or afternoon.

Please spread the word among your own branch. Names & contact numbers may be sent to me & I will pass them on.

SUMMER SEISIÚN

The Comhaltas Summer Seisiún shows will be hosted by 21 Munster branches this summer and will be getting underway over the next two weeks across the province.

Each Séisiún show presents an evening of Irish traditional music, song, dance, stories and more, bringing our Irish cultural traditions to life and offering a unique audience experience for locals and visitors alike - a real taste of our cultural talent. The first part of the night promises a show with depth but variety as the various aspects of Irish dancing, solo and group instrumental music and singing in both Irish and English are showcased by a resident group of performers. After a break for tea, the evening concludes with an informal session where audiences are invited to take to the floor for a Siege of Ennis or The Walls of Limerick. Join in a song or if you play an instrument please bring it along!

SEAN NÓS WORKSHOP

A Sean-Nós Workshop with Emma O'Sullivan will be held on Thursday July 20th at 6.30pm in the Metropole Hotel. The fee is ≤ 10 and further information is available from Dick on 087 7732387.

CO FLEADH 2018 Coiste Chontae Chiarraí are inviting applications from branches that are interested in hosting Fleadh Cheoil Chiarraí 2018. Applications from branch secretaries must be made in writing to me before the September County Board meeting which is scheduled for Monday night 25th September, venue to be decided.

SOCIAL AND HEALTH EDUCATION PROJECT (SHEP)

Once again SHEP are offering a Certificate in Personal Development which will take place in Tralee and Killarney in the autumn. The S.C.P.D. is a 120 hour course which runs from the beginning of Oct to mid-May, 1 evening a week & 7 weekend days spread out over the duration of the course. The full cost of the course is \in 790 & there is limited availability of a reduced fee of \in 490. You may apply for a reduced fee place if you are; 1) In receipt of a social welfare payment 2) A full time student 3) If you are experiencing financial hardship. Arrangements can be made with the project to pay the fee over the duration of the course. If you have any questions or need more information please ring 087 7728089 or email deirdre.osullivan@socialandhealth.com

KILCUMMIN GAA

FIXTURE Under 16 Boys play Spa away at 7pm on 19th July.

MEETING NIALL KELLEHER THE NEW "MAYOR" OF THE DISTRICT

Fianna Fail councillor Niall Kellher became the new Cathaoirleach of Killarney Municipal District at last Fridays Annual General Meeting and afterwards sat down with Donal Barry to talk about his plans for the year ahead.



CLLR NIALL KELLEHER, THE NEW CATHAOIRLEACH OF KILLARNEY MUNICIPAL DISTRICT

It certainly is going to be a busy year ahead for Rathmore councillor Niall Kelleher who not alone has a wedding to look forward to but also a house to build and now he has another major role to play for the following year, following his election as Cathaoirleach of Killarney Municipal. It is a title that is official but like all his previous Cathaoirleach's he will be keep the title Mayor, as it was used when Killarney Town Council was in existence.

"Being elected Mayor of the Killarney Municipal District is a great privilege and honour. I am immensely proud to be taking on this new role and I can say that it is very humbling." Kelleher is just three years into his first term as an elected representative but feels now was the time to step up. "I believe I now have the knowledge to be able to approach the role from a different perspective. It is a role that is representative of the entire municipal district and it's important because the town of Killarney and the hinterland, stretching to our other towns of Castleisland, my own native Rathmore and the wider communities, coexist and are very much interlinked in our daily lives, whether through sport, through music, through work or through socialising."

Indeed Kelleher is very conscious of the role at a district level and the demands that it will impose.

"I look forward to working with groups such as the Chamber of Tourism and Commerce in Killarney, the Chamber in Castleisland, Rathmore Community Council and with the many community, voluntary and sporting organisations in the towns and villages of the Killarney Municipal District."

Kelleher prioritises many issues for Killarney, "Parking and traffic management in Killarney is a major issue and we need to develop extra parking spaces. The Upper Lewis Road junction leading on the bypass road, along with a number of other junctions such as Madam's Hill, Coolcaslagh and Pike Hill all need to be made safer and I look forward to working with my colleagues to bring that about."

He also wants to see buildings like Aras Phádraig and the Pretty Polly sites developed and life brought back into them and creating employment.

"My own town of Rathmore needs major development to one make it brighter, both during the day in its appearance and at night and we need a vastly upgraded public lighting system there to entice business back onto our Main Street and to reopen some of the units closed during the recession."

He cites a rates incentive scheme for noncompeting new businesses for Castleisland and to proactively deal with the long-term parking difficulties on the Main Street as well as the lack of a proper infrastructure to allow safe turning around at the top of the town.

Another idea that Kellher has run with since his election to the council is bring the council meetings and their matters to the public through the use of technology but having got knocked back on this, he now wants to bring it to into the local areas.

"I have been in favour of broadcasting our meetings on the Internet and as we haven't been able to deliver this, for a variety of reasons, I'm hoping to bring our meetings into the heart of communities we represent. Instead of meeting in the same place all the time, I believe we should also go out into the community and meet the people, by hosting at least one meeting in our three towns and also for example at our airport where we can sit down with the stakeholders to see how we can help to promote this vitally important asset in our municipal district."

Coming from a business background, Kelleher finds it hard sometimes to deal with the overthe-top bureaucracy, which an organisation such as this can sometimes experience. "I accept that we have to work within boundaries, however, but I just hope we can work smarter and faster to get the job done which has to be



CLLR NIALL KELLEHER PICTURED WITH THE 2017 LILY OF KILLARNEY MARY T. MOYNIHAN

to everyone's aspiration."

Kelleher who replaced Cllr Brendan Cronin having defeated Cllr Donal O'Grady 6-2 will have fellow Fianna Fail party member Cllr John Joe Culloty as Leas-Cathaoirleach.

Kelleher has previously served as Culloty's Leas-Cathaoirleach and while he will call in this support from time to time, he is quick to point out that his best support will come from his family

Without their support and patience, serving in elected office would not be possible. I truly appreciate the support they (Family) have given me, not just today but over the years."



MEMBERS OF DR CROKES FOOTBALL TEAM WERE HONOURED BY THE KILLARNEY MUNICIPAL DISTRICT WITH A CIVIC RECEPTION IN THE KILLARNEY LIBRARY ON THURSDAY NIGHT. PHOTO SHOWS, CLLR NIALL KELLEHER SPEAKING AT THE EVENT. PHOTO: DON MACMONAGLE - MACMONAGLE.COM



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PICTURE PARADE



THE LANDMARK KILLARNEY PLAZA HOTEL & SPA ARE CELEBRATING ANOTHER SUCCESS; HAVING RECENTLY BEING SINGLED OUT BY HOTELSCOMBINED, AN AUSTRALIAN-BASED HOTEL META-SEARCH COMPANY, FOR OUTSTANDING CUSTOMER EXPERIENCES. *PHOTO: DON MACMONAGLE*



AT THE LAUNCH OF GLENEAGLE CABARET 2017, FEATURING THE BEST OF IRISH ENTERTAINMENT AT THE LEGENDARY GLENEAGLE HOTEL BALLROOM, WERE, MARY O'SULLIVAN, EVELYN MURPHY AND KATHLEEN MCCARTHY.*PHOTO:VALERIE O'SULLIVAN*



WALKERS STRIDE THROUGH THE VILLAGE OF SNEEM IN COUNTY KERRY ON DAY 1 OF THE KERRY WAY WALK IN AID OF BREAKTHROUGH CANCER RESEARCH ON FRIDAY EVENING. THE THREE DAYT CHARITY WALK CONTINUES IN DERRYNANE ON SATURDAY AND SOUTH KERRY ON SUNDAY. *PHOTO DON MACMONAGLE*



AMANDA MCCARTHY WITH EMMA BROWNE, PARTICIPANTS OF THE SOCIAL FARMING MODEL PROJECT ON THE FARM OF GEORGE KELLY, HOST FARMER, HAZELFORT FARM, BALLYMALLIS FOR THE LAUNCH OF THE REVIEW BY MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE. PHOTO:VALERIE O'SULLIVAN



SIOBHAN QUIRKE, BREDA O'SULLIVAN, ANTHONY O'CONNOR AND PATRICK BARRY, PARTICIPANTS OF THE SOCIAL FARMING MODEL PROJECT ON THE FARM OF GEORGE KELLY, HOST FARMER, HAZELFORT FARM, BALLYMALLIS FOR THE LAUNCH OF THE REVIEW BY MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE. PHOTO:VALERIE O'SULLIVAN



AARON MCCARTHY, CAHIRCIVEEN, PARTICIPANT, JOHN SHEEHAN, HOST FARMER, ON THE FARM OF GEORGE KELLY, HOST FARMER, HAZELFORT FARM, BALLYMALLIS FOR THE LAUNCH OF THE REVIEW BY MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE.*PHOTO:VALERIE O'SULLIVAN*

Looking good....Feeling Great!



A SIMPLY FABULOUS THOUGHT FOR THE WEEK!

Have you ever noticed that when you want to make any changes with yourself - the person we visualize becoming or "see" in our imagination is always "out there" somehow. It's as if that person feels apart from us! And yet, the woman (or man) you want to be is ALREADY HERE! It's the person you see looking back at you in the mirror everyday. They are within you right now!

When most of us look in the mirror or look at our lives we are looking at ourselves with the same old thoughts, conditioning, beliefs and feelings that we've always had. Consequently we continue to see the same old reflection. To make any changes in your life you have to CHOOSE to see yourself and your life in a NEW WAY! You have to make decisions based on how this new you feels, what you want, what you prefer to think and what you tell yourself about yourself! Ask yourself how would the you that you desire to be live their life? How would they dress, eat, move and think? What would they talk and dream about? Begin to live your life from the "best" you!

THIS IS SO POWERFUL because it means that all you have to do is peel away the layers of anything that is "NOT YOU" to uncover the "YOU" that is simply waiting patiently to emerge!

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- Bring your workout gear to work and go straight after work And don't go home until the exercise is done
- Get it done before work by setting the alarm a little earlier
- Don't eat a big meal. Trying to get motivated to get out exercising after loading down a heavy meal isn't going to happen so exercise before you eat.
- Buy done new workout gear to get you inspired
- Set yourself a goal (e.g. Walk to Muckross and back in a goal time, and keep shaving a minute or 2 off each day)

If doing it for weight loss: Compliment your new exercise routine with a weekly weight check or inch check and track your progress to help keep you motivated Keep a journal and track your every levels day by day and week by week

These are just a few tips of many to help get you on track and moving. Remember the first step is to get moving and building in a good Habbit of exercising regularly. Start with something simple like waking and the braver and more adventurous you get you can start doing stuff like exercise classes, running, cardiac steps, cycling etc.... on etc Habbit is set up filling it with stuff you love doing is easily done and is the exciting bit.

MORE TIPS NEXT WEEK... FITNESS WITH EDELE 087-7643449 WWW.FITNESSWITHEDELE.COM



OUTLOOK FASHION LITTLE WHITE DRESS

When warm temperatures hit in, it's time for the LBD to make way for its airy sister, the little white dress. Whether your pick is a crisp button down, a beachy caftan, or flirty cotton mini, you can wear one for almost any occasion.



HEALTH TIP

STAYING HYDRATED Staying hydrated keeps your memory sharp and your mood stable. It also helps keep your body cool (by sweating) during hot summer months. The good news is that you don't just have to drink water. You can eat it, too: in addition to delivering skin-protecting lycopene, watermelon is 92 percent water percent water

Beauty tip SPT

On sunny mornings it's tempting to wear makeup with added SPF and call it a day (most of us do). But skincare experts suggest that those products can be unreliable if they're not at least SPF 30, not to mention uneven makeup application.





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PICTURE PARADE

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com



KILLARNEY CREDIT UNION MEMBERS DRAW: €1,000 EACH FOR FOR MARY O'REILLY (LEFT) & DAN O'SULLIVAN (RIGHT) PRESENTED BY HELEN COURTNEY POWER (PR SALES & MARKETING, KILLARNEY CU). PICTURE MARIE CARROLL-O'SULLIVAN



ENJOYING THE TOASTMASTERS GATHERING AT THE RANDLES COURT HOTEL WERE L-R MARGARET KIDNEY, LILY TANGNEY, CELINE SLATTERY & VICKY MCCARTHY. *PICTURE MARIE CARROLL-O'SULLIVAN*



AT THE LAUNCH OF GLENEAGLE CABARET 2017, FEATURING THE BEST OF IRISH ENTERTAINMENT AT THE LEGENDARY GLENEAGLE HOTEL BALLROOM, WERE, TIMMY AND NORA MORIARTY, NORRIE O'NEILL AND MARY BREEN.PHOTO:VALERIE O'SULLIVAN



AT THE LAUNCH OF GLENEAGLE CABARET 2017, FEATURING THE BEST OF IRISH ENTERTAINMENT AT THE LEGENDARY GLENEAGLE HOTEL BALLROOM, ANA POZYCSKA, ANITA CREMIN, MARKETING MANAGER, GLENEAGLE HOTEL AND MICHAEL BROWNE.*PHOTO:VALERIE O'SULLIVAN*



THE O'CONNOR FAMILY RAISE THE COUNTY, MUNSTER AND ALL IRELAND CLUB CHAMPIONSHIP CUPS ON STRICKEEN MOUNTAIN AT THE DR. CROKES WELLBEING DAY OUT.



DANIEL CRONIN, LEFT AND JOHN FRANCIS MOYNIHAN, RIGHT WITH JOSEPH MCCROHAN, SKDP, RURAL DEVELOPMENT MANAGER, PARTICIPANTS OF THE SOCIAL FARMING MODEL PROJECT ON THE FARM OF GEORGE KELLY, HOST FARMER, HAZELFORT FARM, BALLYMALLIS FOR THE LAUNCH OF THE REVIEW BY MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE.*PHOTO:VALERIE O'SULLIVAN*

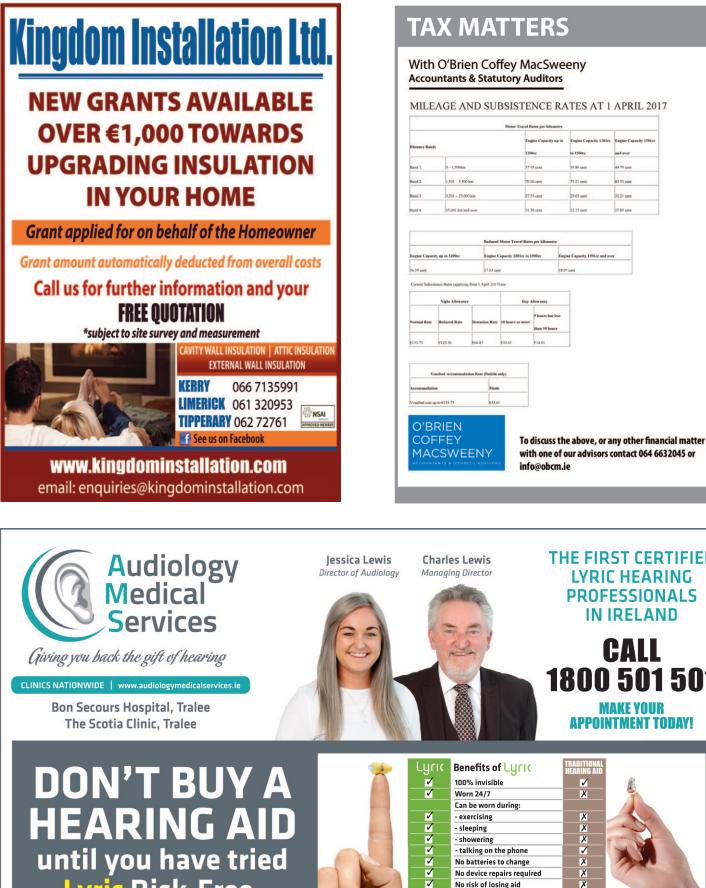


ENJOYING THE SUMMER STRETCH AT RANDLES COURT HOTEL FOR THE TOASTMASTERS ANNUAL GATHERING WERE L-R GERARD MANNIX (DEVISION DIRECTOR), JULIANNE LANE (NEW MEMBER), MICHAEL COLLINS (FORMER DEVISION DIRECTORY) & DEBBIE LOONEY (AREA DIRECTOR). *PICTURE MARIE CARROLL-O'SULLIVAN*



CLARE VINTEN, KERRY PARENTS AND FRIENDS, ANGIE SMITH, ST JOHN OF GOD, GLORIA O'DRISCOLL, CHAIRPERSON SKDP, AT AT THE SOCIAL FARMING MODEL PROJECT ON THE FARM OF GEORGE KELLY, HOST FARMER, HAZELFORT FARM, BALLYMALLIS FOR THE LAUNCH OF THE REVIEW BY MINISTER MICHAEL CREED T.D., MINISTER FOR AGRICULTURE, FOOD AND THE MARINE.*PHOTO:VALERIE O'SULLIVAN*

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Know Your Rights: HELP WITH PAYING THE RENT

QUESTION

We are on the local authority's housing list, but for now we need to find private rented accommodation and get help with the rent. Should we apply for Rent Supplement or the new Housing Assistance Payment?

ANSWER

People on the local authority's housing list should no longer apply for Rent Supplement. You can apply for the Housing Assistance Payment (HAP) instead.

HAP is a form of social housing support for people with a long-term housing need. Since 1 March 2017, it has been available nationwide.

The HAP scheme aims to allow all social housing supports to be accessed through one body – the local authority – and to enable people to take up full-time employment and keep their housing support.

Under HAP, you find your own private rented accommodation. The rental agreement will be between yourself and the landlord. This means that you will have certain rights and obligations, as will your landlord.

The rent must be within the HAP rent limits, which are based on your household size and the rental market in your area. Flexibility is provided for people who cannot find suitable accommodation within these rent limits. The Homeless HAP Pilot in Dublin offers further flexibility for homeless people.

You won't pay the rent to the landlord yourself. You will pay a rent contribution to the local authority through the HAP Shared Services Centre, which manages HAP payments on behalf of all local authorities and will pay the rent directly to your landlord. The rent contribution you pay will be based on your income and your ability to pay – like with a local authority differential rent.

If you are getting a social welfare payment at a post office, you must pay your rent contribution through the Household Budget Scheme.

If you take up a job or increase your working hours, you will still be eligible for HAP, provided that you meet the other conditions of the scheme.

Further information is available on hap.ie and from the Citizens Information Service below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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with John O'Sullivan

LOOKING AFTER YOUR HEDGES

Hedges are an attractive and functional part of any garden. A common mistake is to leave the hedge grow too much before pruning or cutting it, especially if you want a formal hedge as this needs attention from the day you plant it.

You can prune new deciduous hedges when they are dormant in the Winter, while newly planted evergreen hedges need to be planted in the Springtime. Established hedges need to be pruned annually to keep them in shape but before you start pruning any evergreen hedge, always check to see if there are birds nesting.

Lastly, remember when you plant a hedge - its up to you how tall or wide you want it go grow - you can keep it to the shape you require by regular pruning and cutting.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING Services, Killarney 087-2787160.







LAVIN PLANT HIRE



John Brassil TD

Killarney Constituency Office Open Hours:

Thurs 21st & Fri 22nd July from 9.30am - 5.30pm Address:

The Fairhill Business Centre, The Courtyard, Fairhill, Killarney. (Just behind the Royal Hotel)

John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm Working with Clir John Joe Culloty 087-1308000 clirijculloty@eircom.net and Clir. Niall Kelleher 087-6694101 office@niallkelleher.ie

For advice and representation please feel free to call into the office or clinics Office: 064 66 94199/083 8541447 nail: john.brassil@oireachtas.ie John mobile: 087 2362330



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KILLARNEY SOCCER

MEK United FC News

MEK united held our AGM last Tuesday at the Community Centre in Fossa, with a new season on the horizon. Last season has been a fantastic season for the club with our U12 and U13 competing very well in the Kerry Schoolboy Leagues and the Academy going from strength to strength every Saturday. This has been down to the hard work of the committee right across the year, the enthusiasm of the coaches and the huge support of the parents. At the AGM the following committee was elected: Chairman: Pa Murphy, Vice Chairman: Liam Healy, Secretary: Ger Lynch, Treasurer: Shari Murphy. PRO: Liam Murphy, Child Welfare Officer: Elaine O'Sullivan, Coaching Officer: Jerry Hayes, Merchandise Officer: Sinead Cunningham. Congratulations and best of luck to all the officers in the season ahead.

REGISTRATION DAY

We will hold our club registration day on Saturday, 29th of July at Fossa Community Centre. For registration details contact Pa on 087-7943220.

SUMMER CAMP

Our Summer Camp takes place from next Monday, the 17th of July for a week at Liebherr Field, Fossa Killarney. IT will be run by Robin O'Day and the Total Football Academy crew. See www.totalfootball.ie for details or to book a place and all children aged between 6 and 14 are more than welcome. The camps provide children with the opportunity to learn new skills and develop self confidence by playing football. In addition to learning the fundamental skills of the game, the emphasis at all times is for children to enjoy playing football in a safe and fun environment.

MASTERGEEHA FC

Last week Mastergeeha Fc host the FAI summer camp at Kilbrean Park with a record numbers in attendance. All enjoyed the games and drills throughout the week in the warm weather.

MASTERGEEHA FC LOTTO

There was no winner on Friday 7th July, 2017. Numbers drawn were 5, 10, 19, 23. Consolation prizes were €100 Kate, Mia & Ellie Lynch O'Doherty, Mount Prospect. €60 Jerry Casey, Ballinamanagh, Kilcummin. €30 Breda Browne, 3 Clounarry, Tralee. €30 Joan Corcoran Kerins, Lissivigeen. €30 Mary O'Donoghue, Lacca, Kilcummin. Jackpot now €8,550

Killarney Credit Union/ Killarney Athletic A.F.C. 7-A-Side Tournament

Venue: Woodlawn

RESULTS

Monday 10th July

PITCH 1

7.10 Playoff B (1) Tough Totts 2 Mackey's Young Ones 0

7.35 Playoff B (3) Bousie Brigade 0 The Hobbits 3

8.00 Playoff B(5) Mackey's Crew 0 Flesk Restaurant 2

8.25 Playoff B (7) Tricel 2 MD O'Shea's Park Road 3

8.50 Over 35 Leanes Tool Hire 3 Kate Kearney's Cottage 1

PITCH 2

6.45 Playoff A (2) Liebherr Container Cranes 0 Dunboy Construction 2

7.10 Playoff A (1) Morris Not So Minors 1 Cronin's Tyres Castlemaine 2

7.35 Playoff B (4) Duncan Donuts 0 Mustang Sallys 2

8.50 Playoff B (8) The Speakeasy 1 FC Killarinho 2

RESULTS

Tuesday 11th July PITCH 1

6.20 U16 Dan Linehan's 0 Yurventus 3

6.45 U14 Omega Fitted Furniture 0 Bayern Neverloosin 5

7.10 Playoff B (2) A (1) Cronin's Tyres Castlemaine 5 Celtic Steps 1

7.35 U14 Omega Fitted Furniture 2 JR Spares 0 8.00 U16 Dungers United 2 CRL Oil 0

8.25 U14 Steve's Barber FC 0 JR Spares 1

8.50 U16 Dungers United 1 Expected Toulouse 2

PITCH 2

6.20 U16 Failte Hotel 1 Pique Blinders 2 6.45 U14 Yurt FC 1 Bombers 3 7.10 U16 Dan Linehan's 4 Failte Hotel 2 7.35 U14 Bayern Neverloosin 1 Bombers 1 8.00 U16 Expected Tolulouse 4 AFC Golly 0 8.25 Last 16 Winners B (7) MD O'Shea's 4 Failte Legends 5 After extra time and penalties 8.50 U16 CRL Oil 1 AFC Golly 1 Results Wednesday 12th July

PITCH 1

6.15 B (6) Tru Pro 1 Dunboy Construction 0 6.45 Over 35 Leanes Tool Hire 4 Charlie Foleys 3 7.10 Last 16 Winner B (6) Tru Pro 1 The Failte Bar 2 7.35 Last 16 Winners B (1) Tough Totts 2 Tim

Jones & Sons 5

8.00 Last 16 Winners B (4) Mustang Sallys 4 Tokey Badgers FC 5

8.25 Last 16 Winners B (5) Flesk Restaurant 1 Dyslexia Utined 3

PITCH 2

6.45 Over 35 Mackey's Crew II 0 Kate Kearney's Cottage 3

7.10 Last 16 Winners B (2) Cronin's Tyres Castlemaine 1 Dunloe Lodge 2

7.35 Last 16 Winners B (8) FC Killarinho 2 Steve's Barber 2 FC Killarinho won on penalties

8.00 Last 16 Winners B (3) The Hobbits 1 Tatler Toffees 2

FIXTURES

U10 and U12 Tournament Friday 14th & Saturday 15th July Venue: Woodlawn

Friday 14th July

PITCH 1

5.30 U10 Mackeys Crew V Beastly City

5.55 U10 Mackeys Crew V Firies FC

6.20 U10 Beastly City V Firies FC

6.45 U12 Games of Throw Ins V Things are getting messi

7.10 U10 Mackeys Crew V Beastly City

7.35 U10 Beastly City v Firies FC

8.00 U12 Westbrook V Flesk Rovers

8.25 U10 Mackeys Crew v Firies FC

8.50 U12 Pollarney FC V Flesk Rovers

PITCH 2

5.30 U12 Game of Throw Ins V Timmy Farmers 5.55 U12 Things are getting messi V Falvey's FC

6.20 U12 Pollarney FC V Westbrook 6.45 U12 That's the Stuff Boys FC V Flesk Rovers

7.10 U12 Timmy Farmers V Flavey's FC

7.35 U12 Pollarney FC V That's the Stuff Boys FC 8.00 U12 Games of Throw Ins V Falvey's FC

8.25 U12 Timmy Farmers V Things are getting messi

8.50 U12 Westbrook V That's the Stuff Boys FC Saturday 15th July

PITCH 1

10.00 U10 Semi-Final 2nd Placed Team 3rd Placed Team

10.25 U12 Semi-Final Winner Group A V Runner Up Group B

10.55 U10 Final

11.30 U12 Final

PITCH 2

10.25 U12 Semi-Final Winner Group B V Runner Up group A



THE SPEAKEASY TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.



TIM JONES TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com Deadline: 3pm Monday



CHARLIE FOLEYS TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.

KILLARNEY SOCCER



DYSLEXIA_UTINED TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.



FC KILLARINHO TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.



KATE KEARNEYS TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.



LEANES TOOL HIRE TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.



MACKEYS CREW TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.



LIEBHERR TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.



THE HOBBITS TEAM WHO ARE TAKING PART IN THE KILLARNEY ATHLETIC 7-A-SIDE.



OUTLOOK SPORTS NEWS



Editor : Donal Barry

Email : news@outlookmags.com

TG4 MUNSTER SENIOR FOOTBALL CHAMPIONSHIP KERRY SEAL NERVOUS PERFORMANCE WITH TRUE GRIT

KERRY 1-14 WATERFORD 3-6

It might not have been pretty but it was certainly exciting as Kerry did their best to keep their supporters on tender hooks before securing their third TG4 Munster Senior Ladies Championship in five years with a late victory over Waterford at the Mallow GAA Grounds on Saturday

Trailing by a point with just six minutes to, Kerry could have seen their dreams dashed were it not for the intervention of the cross bar. Waterford's Maria Delahunty went for a delicate chip over Kerry keeper Laura Fitzgerald having intercepted a poor Kerry kick out, just to see her shot rebound from the crossbar back into Kerry hands.

It was the wakeup call Kerry finally needed as Laura Rogers and Louise Ni Mhuircheartaigh (2) pointed late to give Kerry their deserved win.

Kerry who kicked 15 wides against Cork were equally as guilty in the opening quarter of an extremely intensive battle and reel off five wides before Sarah Houlihan opened their account on the 16th minute. By that, stage Waterford led by two, with Maria Delahunty opening the scoring with a 43M free from the ground. Kerry were soon in control and with points from Ni Mhuircheartaigh (2), Scanlon and Houlihan, again they seemed to be in cruise control at 0-5 to 0-2 with 23 minutes on the clock.

Waterford who went the whole first half without a wide, converted a 24th minute penalty to level up matters before the very impressive Amanda Brosnan fired over Kerry's sixth point to see it cancelled out with another Delahunty placed ball as the side finished the half level.

An early brace by Houlihan and another fine



LOUISE NI MHUIRCHEARTAIGH HOLDS ON TO POSSESION UNDER A STRONG CHALLENGE.

score from Scanlon seem to put Kerry back in control by the 40th minute as they led 0-9 to 1-3. It may well have been different had it not been for a goal line save by wing back Amanda Brosnan who clear Aileen Walls goal bound effort. Brosnan covered every blade of grass during the contest. However, Waterford through Delahunty did punish Kerry when she pounced on a defensive error as the Waterford sharp shooter fired to the net. Laura Fitzgerald would pick the ball out of the net; again, five minutes later as Grainne Kenneally punched to the net, as Kerry were caught from a poor kick out. It gave Waterford the led for the first time in the second half at 3-5 to 1-10. Ni Mhuircheartaigh would level it once more but Delahunty through another free on the 54th minute had the Waterford hands on the cup.

Before those last five minutes of

madness in which Kerry showed real character to dig out the result to take another provincial crown and a first for new manager Graham Shine.

Kerry: Laura Fitzgerald, Eilish Lynch, Aislinn Desmond, Aisling Leonard, Denise Hallissey, Ciara Murphy, Caroline Kelly, Lorraine Scanlon 0-2, Emma Sherwood, Amanda Brosnan 0-1, Anna Galvin, Sarah Leahy, Sarah Houlihan 1-5 (0-2F), Louise Ni Mhuircheartaigh 0-5 (0-1F), Laura Rogers 0-1

Subs: Aisling O'Connell for Leahy (20), Hannah O'Donoghue for Galvin (49) Waterford: Katie Hannon 1-0 penalty, Megan Dunford, Caoimhe McGrath, Kate McGrath, Dearbhaille Ni Haodha, Karen McGrath, Michelle McGrath, Mairead

Wall, Emma Murray, Roisin Tobin, Grainne Kenneally 1-0, Katie Murray, Aileen Wall, Maria Delahunty 1-3 (0-3F), Michelle Ryan 0-2, Subs: Aoife Murray for Katie Murray (41), Eimear Fennell for Roisin Tobin (46), **Referee:** Jason Mullins



LAURA ROGERS POWERS AWAY FROM KATE MCGRATH TO SET UP ANOTHER ATTACK.



KERRY LADIES FOOTBALL PANEL CELEBRATE VICTORY OVER WATERFORD IN MALLOW ON SATURDAY ALONG WITH JOHN MITCHELS LADIES UNDERAGE PLAYERS WHO PLAYED AT HALF TIME IN THE MUNSTER FOOTBALL FINAL. ALL PHOTGRAPHS SUPPLIED BY TOM RUSSELL/ ANOISPHOTOGRAPHY.COM



OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



GARVEYS SUPERVALU SENIOR FOOTBALL CHAMPIONSHIP BRENDAN'S, LEGION, DINGLE AND FEALE RANGERS ALL EXIT

KERRY O'SHEA ROUNDS UP THE LATEST ACTION FROM ROUND 3 OF THE GARVEY'S COUNTY SENIOR FOOTBALL CHAMPIONSHIP

EAST KERRY END BRENDAN'S VOYAGE

EAST KERRY 3-24 ST BRENDAN'S 4-17 AET

Extra-time was needed before East Kerry secured their place in the last eight with a dramatic victory over St Brendan's at Austin Stack Park on Saturday evening. According to many seasoned observers this



EAST KERRY'S FINTAN COFFEY OUT JUMPS ST BRENDANS JACK BARRY FOR POSSESSION DURING SATURDAYS GAME. PHOTO BY PADDY WHITE.

KILLARNEY LEGION 0-18

A period of extra-time was needed to

eventually decide a very close contest

Kerry senior panellist Conor Keane was

between two very evenly-matched teams.

outstanding for Legion throughout but it

was level pegging at half-time in normal

Legion on the form of James O'Donoghue

followed up their win over St Kieran's as a

Colm O'Muircheartaigh and Kerry Junior

star Tomas O'Se added points for West Kerry upon the restart but Keane was

on the mark again as the sides were still

deadlocked 0-10 apiece with 40 minutes

went into the contest as favourites to

Dara O'Se goal proved crucial.

progress but a spirited West Kerry side

time, 0-5 apiece.

gone on the watch.

was one of the best games in the County SFC for years. It was an absolute thriller from first kick to the last whistle.

St Brendan's will wonder how they lost this game as they held an eight-point advantage at two crucial stages in the game. The first of these was at half-time when they led 4-6 to 0-10 thanks to a brace of goals from Shane O'Connor and one goal each from Ivan Parker and David O'Callaghan.

St Brendan's, with Jack and Andrew Barry prominent, continued to hold sway and

maintained their eight-point cushion at the three-quarter stage, 4-12 to 0-16. However, the introduction of

However, the introduction of Kerry minor star David Clifford turned the tide for East Kerry. Jack Sherwood goaled with eight minutes of normal time remaining and with normal time up, Fintan Coffey grabbed a second goal to force extra time, 4-13 to 2-19 the score at the end of normal time.

In extra-time, East Kerry were that bit sharper David Clifford marked his introduction with a fine goal and this was enough to send the East Kerry side into the last eight.

Scorers,

East Kerry: Jack Sherwood (1-5), Dara Roche (0-6, 0-3f), Jeff O'Donoghue (0-5, 0-1 '45), Ronan Buckley (0-3), David Clifford (1-0), Fintan Coffey (1-0), Evan Cronin (0-2), Anthony Kennedy (0-1), Brian O'Donoghue (0-1), Kieran Murphy (0-1).

St Brendan's: Shane O'Connor (2-3), Ivan Parker (1-5, 0-1 free), David O'Callaghan (1-4, 0-1 free), Kevin Shanahan (0-2), David Griffin (0-1), Michael Griffin (0-1), Brendan Poff (0-1), George Bastible (0-1).



RONAN BUCKLEY OF EAST KERRY PLAYS VERY CLOSE ATTENTION TO ST BRENDANS MICHEAL GRIFFIN DURING THE EAST KERRY V ST BRENDANS ROUND 3 GAME IN THE GARVEY SUPERVALU SENIOR COUNTY FOOTBALL CHAMPIONSHIP GAME. PHOTO BY PADDY WHITE

WEST KERRY 1-18 West Kerry struck for their crucial goal when O'Sullivan,

West Kerry struck for their crucial goal when Dara O'Se finished Declan O'Sullivan's pass on the rebound, but Legion, thanks to Jamie



LEGIONS BILLY MC GUIRE UNDER PRESSURE FROM WEST KERRY'S SEÁN MICHEÁL Ó CONCHÚIR AS HIS TEAM MATE DENIS SHEAHAN KEEPS AN EYE ON THE EXCHANGE.

O'Sullivan, moved a point clear as injury-time approached. However, Sean Mici O'Conchuir levelled at the death to leave the scores at full-

time Legion 0-16 West Kerry 1-13.

Both sides exchanged a brace of scores at the start of extra-time but West Kerry, with Dara O'Se (0-2) and James Crean notching their winning scores which confirmed their place in the last eight.

Scorers

West Kerry: Dara O'Se 1-5 (0-1 free), Sean Mici O'Conchuir, Tomas O'Se, Padraig O'Se, James Crean (0-1 free) 0-2 each, Colm O'Muircheartaigh, PJ MacLamh, Declan O'Sullivan 0-1 each.

Killarney Legion: Conor Keane 0-8 (0-2 frees); James O'Donoghue (0-3 frees) and Jamie O'Sullivan 0-4 each, Shaun Keane, Conor Culloty 0-1 each.

GAA CLUB CALL Deadline: Monday 3pm Email : editorial@outlookmags.com



GNEEVEGUILLA GAA

numbers 16,21,22,23 No jackpot winner next week jackpot €4,750 €40 Kaleig James Ali C/o Billy McCarthy €40 Joan O Donovan C/o JJ Collins €40 Breeda Moriarity C/o Timmy O Keeffe €30 Timmy Cronin Gneeveguilla €30 Johnny Moriarty C/o Billy McCarthy €20 Nora O Connor Yearly ticket Well done to everyone involved with the Dylan Crowley Tournament on Saturday. Gneeveguilla seniors at home to Na Gaeil Saturday 15th at 7.30pm. Gneeveguilla gaa carnival will be on weekend September 1st to 3rd.

FIRIES COISTE NA NOG

KELLOGG'S GAA CÚL CAMPS 2017 Kellogg's GAA Cúl Camps 2017 is nearly upon us once again in Pairc Eamonn from Monday, July 17th to Friday, 21st July. This highly anticipated camp provides boys and girls – between the ages of 6 and 13 – with an action-packed and fun-filled week of activity. Interested parties can register by logging onto www.kelloggsculcamps.gaa.ie/

U14 EAST KERRY LEAGUE

It was our third outing in the EK divisional league and following two fantastic victories against Currow and Fossa, Glenflesk were out the halt the winning streak by the boys in blue and did so with a robust response Glenflesk 5-17 Firies 3-08. Firies are due to face Kenmare away next on the schedule.

DYLAN CROWLEY U11 MEMORIAL BLITZ

Well done to our U11s who travelled to Gneeveguilla GAA last weekend and narrowly missed out on silver wear. Compliments to Gneeveguilla GAA on their hospitality and wellcoordinated tournament.

KERRY SOUTH – PROVINCIAL DEVELOPMENTAL SQUAD BLITZES

Congratulations to the Firies contingent who are apart of Kerry South that participated in Provincial Tournaments last weekend. Daragh Donohue lined out with Kerry South U16; who defeated Limerick 2-13 to 1-06. Cian Ring, Dylan Callaghan & Conor Henderson contributed in the Humphrey Kelleher Tournament with the victorious Kerry South U15s defeating Cork South East 4-08 to 3-07. Despite the loss to Tipperary; Kerry South 2-05 Tipperary 5-05 in the Jim Power Tournament by the U14s Kerry South squad, Firies provided great representation via Cian Doe and Peter Cosgrave.

EAST KERRY NOTES

with Áine Ní Shúilleabháin PRO

POC FADA COMPETITION St. Patricks East Kerry Hurling Club invite clubs to enter a Poc Fada competition on the 19th of August starting at 10am at Killarney Racecourse. Teams of 3 cost of \in 30 for seniors and \in 15 for juveniles. Register early for a discount. Requirements



YOUNG FOOTBALLERS PICTURED AT KELLOGG'S GAA CUL CAMP AT DR CROKES GAA CLUB LAST WEEK.

Need to bring hurley and sliotors. Prizes: Perpetual trophy for winners of the senior/ juvenile competition and also plaques for 1st and 2nd place.

MUNSTER GAMES Kerry South U14 team made the long journey to Waterford to play in the Munster U14 tournament. The team performed superbly on the day losing out to a talented Tipperary side in the cup final. Congratulations to the management and team on representing Kerry South so well with special praise to the loyal band of supporters that followed the team on the day.

Kerry South U15 made the trip to Cork to play in the Munster U15 tournament. The team showed great spirit and desire to secure the title with a polished team display. All panel members saw game time during the day. Congratulations to the management and players on winning the cup final before a large attendance.

Kerry South U16 team went to Limerick trying to win the Munster crown. The draw proved no obstacle to a talented group of players. The team showed great fight and determination to battle back in close games securing a famous victory in the cup final. Congratulations to the management and players on reaching a fantastic level of performance on a great day for Kerry South football.

Results U14: Kerry South 5-16 Cork North West 2-1; Kerry South 2-13 Waterford 1-6; Kerry South 3-13 Cork Mid West 2-3; Kerry South 0-5 Tipperary 5-5.

Results U15: Kerry South 3-14 Cork White 0-6; Kerry South 3-16 Clare 3-3; Kerry South 4-8 Cork Red 3-7.

Results U16: Kerry South 2-15 Cork Red 0-10; Kerry South 2-13 Kerry North 2-9; Kerry South 2-13 Limerick 1-6;

Munster Under 12 Blitz Fitzgerald Stadium Killarney

The Munster Under 12 Blitz is scheduled for Fitzgerald Stadium Killarney on the 18th, 19th and 20th July. Schedules have been circulatd to clubs by East Kerry/Kenmare GDA Vince Cooper. Group 1 - July 18th, Group 2 - July 19th, Group 3 - July 20th.

DYLAN CROWLEY U11 INVITATIONAL TOURNAMENT

Well done to everyone involved in the Dylan Crowley tournament. Played last Saturday it was greatly enjoyed by everyone. With great skill on display, the games were a joy and very exciting. Congratulations all round.

FIXTURES Monday 10th July 2017 at 7pm MD O'Shea East Region U14 League – Round 5 First Named Team has home venue Division 1A Dr Crokes V Firies Currow V Kenmare Fossa V Glenflesk Division 1B Kilgarvan/Tuosist V Listry/Keel Beaufort V Killarney Legion Kilcummin - Bye Group C - Division 3 Cordal/Scartaglin V Dr Crokes B Spa V Rathmore Gneeveguilla - Bye

LEGION GAA NEWS

Killarney Legion 0-18 West Kerry 1-18 (after extra time) After a bright opening which saw them race into a three point lead that was as good as it got for the seniors. When one compares this to the high tempo, creative focussed aggressive display away to Dingle in the Club Championship it's hard to believe it was the same side.Littered with basic errors the amount of ball that was lost in the tackle or badly kicked ran well into double digits.West Kerry played a simple enough game realising that all they really had to do was engage in contact strip the ball and make progress in a direct fashion despite this it was a constant feature of the Legion's play right to the end. They were also aided by a real lack of intensity by the Legion which led to any real cutting edge and eventually West Kerry ground out the win they deserved for perseverance.

FIELD DAY

Notice for the diary - our annual Barbeque and Family Field Day will be held in Derreen on Sat.5th.August from 3 - 8 p.m.Games,novelties,music etc.something for everybody and a great day out for all the family. **COMHGHAIRDEAS**



GAA CLUB CALL

Deadline: Monday 3pm Email: editorial@outlookmags.com

Congratulations to the affable Cllr.John Sheahan on his recent election to the high office of Mayor of Kerry,(John can be seen regularly at the crack of dawn walking the roads on the northern part of Killarney picking up rubbish as part of the Keep Killarney Tidy initiative).

SYMPATHY The Killarney Legion Club extends it's deepest sympathy to the Lucey Family, Ardagh, on the death of Nancy R.I.P.Sioraí na bhFlaitheas ar a h-Anam Dílis.

Also deepest sympathy to the Carton Family, Deerpark Crescent, on the untimely passing of Emily, R.I.P. and lastly condolences to the Smith and O Shea families on the death of Rita, R.I.P.go ndéanna Dia Trocaire ar a h-Anamacha Naomha.

LOTTO Numbers for draw held on Mon.3-7-17. Winning no's - 4,5,9,22.No winner.Lucky dips-(1)John Cullinane,(2)Jake Trant,(3)Rosemary Carroll,(4)Anthony Russell,(5)Dave Corley. Jackpot carried forward €11,500.

MILLTOWN.CASTLEMAINE

SENIOR COUNTY LEAGUE: Our seniorssponsored by Larkin's Bar and Restaurant and Kelly's Londis Top Shop were defeated by Rathmore and Glenbeigh Glencar the County League-Division 1, during the week. Their luck changed however on Saturday July 8th, when they played Laune Rangers in the Mid Kerry League Final in Beaufort. This was a thrilling encounter as expected with MC being victorious on a score line of 1:13 to 0:10. The Dermot Twiss Memorial Cup was presented to joint captains Gavin McKenna and Jeremiah Hayes. Man of the match-sponsored by Bunkers Bar, Killorglin was won by Pa Wrenn who gave a tremendous performance. Well done to all involved.

KERRY SOUTHU-14

Congratulations to club players Cillian Burke and Anthony Kelliher who were part of the Kerry South U14 panel that played in a blitz in Waterford on Saturday last.

UNDER 12'S

Our Under 12 team was defeated by Beaufort in Round 1 of the Mid Kerry League. Despite notching up 4:06 on the scoreboard, it still wasn't enough to overcome Beaufort. Our B team were victorious-winning on a score line



YOUNG FOOTBALLERS PICTURED AT KELLOGG'S GAA CUL CAMP AT DR CROKES GAA CLUB LAST WEEK.

of 5:09 to Beaufort's 1:05. Well done to both panels and their management team.

UNDER 10'S

Our Under 10's had a super time in Cromane at the weekend playing some challenge games. Thanks to all those that travelled and to Cromane Coiste Na nOg for their hospitality. **GOLF CLASSIC**

What a wonderful day was had in Killorglin Golf Club on Saturday last at our inaugural fundraising Golf Classic -sponsored by Derek Twiss. Thirty four teams took to the course in amazing sunshine. The spectacular views didn't seem to distract the golfers- with some very high scores coming in after the 18th. Perhaps it was the delicious burger served up after the 10th that sharpened their shots! First prize of €600 was won by team James Long, Keel, 2nd prize - a four ball in Waterville went to team Derek Twiss and 3rd prize- a four ball in Beaufort went to Firies GAA team.

Nearest to the Pin was won by Pat Lynch and the longest drive went to Damian Harmon. Congratulations to Nigel Wrenn who won the signed All Ireland (2009) winning Kerry jersey in the raffle. Sincere thanks to all those who entered teams and to all those who volunteered in so many ways. In particular we wish to thank our many sponsors for their generosity and Killorglin Golf Club for facilitating our Golf Classic.

LOTTO

Our lotto jackpot is now at €15,200 with €550

for a Match 3.

Our next draw is on this Friday night-July 15th in Karl J'S Bar, Milltown. What would you do with €15,200??? Yearly Lotto tickets are now up for renewal.

Once again, sincere thanks to all those who support our fundraising lotto through purchasing tickets or selling them. We are also very grateful to Mike O' Shea and sons-Builders-Farran who sponsor the printing of our lotto tickets.

LISTRY GAA LOTTO RESULTS

Numbers drawn 3, 7, 13.17

€100 - Lyno €50 x 2 Hannah Wharton, Fossa. Bill Grey, Lahard. €25 x 2 Richard Leane. Mark Keane, Culleymore Drawn Entrant - Tara Kennedy

July 16th Jackpot €8,000 **DEEPEST SYMPATHY**

Listry GAA would like to send condolences to Michael Clifford and family, Rosnacarton on the recent death of his sister, Mary O Sullivan, Currow.

DEVELOPMENT SQUADS

Congratulations to Ruairi Murphy U15 and Aaron O Shea U14 who were involved with Kerry South Development last weekend

MUNSTER U12 FOOTBALL BLITZ

Best wishes to U12 Juveniles taking part in the Munster U12 Football Blitz in Fitzgerald Stadium on Tuesday July 18th



CROKES GAA CLUB LAST WEEK.



YOUNG FOOTBALLERS PICTURED AT KELLOGG'S GAA CUL CAMP AT DR YOUNG FOOTBALLERS PICTURED AT KELLOGG'S GAA CUL CAMP AT DR CROKES GAA YOUNG FOOTBALLERS PICTURED AT KELLOGG'S GAA CUL CAMP AT DR CLUB LAST WEEK.



CROKES GAA CLUB LAST WEEK.

Football

this weekend

Round 8 of the

Credit Union Senior

The Credit Union Senior

Football League takes

centre stage once again

this weekend with a wide

League



KERRY GAA PRO JOHN O'LEARY LOOKS AT THE WEEK IN SPORT



JOHN O'LEARY KERRY GAA PRO

range of fixtures across all Divisions. The various Rounds have passed alarmingly fast with all fixtures fully up to date at the end of Round 6 which must be some sort of a record in itself.

In Division 1 there is no doubt that it is a case of who will finish behind Dr Crokes and gualify for the League final with the Killarney side who remain unbeaten and four points to the good. Behind them there is a right race for second place with Rathmore, An Ghaeltacht, Glenbeigh-Glencar and Dingle all tied on 10 points with the big game this weekend being the meeting of Glenbeigh-Glencar and An Ghaeltacht. The situation at the bottom is no less interesting with Desmonds still without a point and the Castleisland outfit will surely need to get at least a point from their visit to Strand Road. It is the predicament of Austin Stacks that is getting most attention however as they hover on the brink with just three points ahead of their visit to Milltown in this round. There is one back game in this Division that between Rathmore and Templenoe on July 27th while Rathmore and Milltown-Castlemaine brought forward their Round 9 game to Wednesday of last week a game Rathmore won by 3-17 to 1-9. In Division 2, Legion have dropped just one point as they lead the table by 2 points on 13 from Spa on 11, Glenflesk on 10 and Beaufort on 9. Indeed the closeness of the teams is a feature of Divisio2 this year where just three points separates seven teams. The big game this weekend is the meeting of Spa and Glenflesk who are second and third in the table respectively. Towards the bottom, Listry have 2 points with three teams on 4 points namely Waterville, St Pats and Ardfert, though Ardfert and Listry both have back games with the game between Emmets and Listry due to be played on July 20th while the game between Ardfert and Kenmare will need to be refixed due to Hurling fixtures. Two games this weekend have been rescheduled with Kilcummin playing Ardfert on July 19th next and Listry and Beaufort going back to August 3rd by agreement.

There are five games in Division 3 this weekend (Finuge and St Senans have already played their Round 8 game) and the big game is the meeting of Brosna and Dromid Pearses. Dromid top the table on 12 points followed by Na Gaeil and Ballymacelligott on 11 with Brosna and Finuge on 9 points. At the bottom, both St Michaels-Foilmore on 1 point and Fossa on 2points would want to be getting points on the board but the former have joint second placed Ballymac as visitors while John Evans takes his Fossa side to visit his native Laune Rangers. There is one outstanding back game involving St Senans and Annascaul that has to be refixed. In Division 4, all games are up to date with Skellig Rangers on top of the table on 12 points followed by Keel and Lispole on 11 and Dr Crokes and Castlegregory on 10. Leaders Skellig Rangers visit mid table Firies while the big game in the top half is the meeting of Keel and Castlegregory. At the bottom, Scartaglen have just 1 point, Beale have 2, Sneem-Derrynane 3, Tarbert 4 and Duagh 5. There are two big games in this half of the Division and both are "four" pointers with Beale entertaining Scartaglen and Tarbert welcoming North Kerry rivals Duagh.

In Division 5 Ballylongford are tops on 16 points followed by Cordal on 14, Cromane and Moyvane on 12, Rathmore are on 11 and Churchill are on 10. The big games this weekend are the meeting of Cromane and Ballylongford and Cordal and Rathmore while Churchill and Kilgarvan will be battling it out to stay in the promotion race.

Acorn Life Under 21 Championship Semi finals

The semi final draw of the Acorn Life Under 21 Football Championship sees Dr Crokes paired against Kenmare Shamrocks and East Kerry playing Mid Kerry. Both games to be played on this Thursday evening at 7:30pm. Both Kenmare and Dr Crokes have played just one game each with Kenmare getting a walkover from Shannon Rangers and Dr Crokes receiving a bye, both in Round 1. The sides had similar guarter final victories with Kenmare edging out Spa by a point and Dr Crokes defeating Kerins O'Rahillys by three. The District side can call on the likes of John Mark Foley, Stephen O'Sullivan, Patrick O'Shea and Killian Spillane while Crokes have former Minor All Ireland winners in David Naughton, Gavin White, Billy Courtney and David Shaw. Following a toss, this game will be played in Kenmare. Meanwhile in Austin Stack Park, East Kerry and Mid Kerry will clash in the other semi final. Both sides have a good record for scoring goals thus far with East Kerry getting four against Feale Rangers and two more in their defeat of South Kerry. Mid Kerry scored six goals in their defeat of An Ghaeltacht and two more in the guarter final win over Dingle. East Kerry can call on Shane Ryan, DJ Murphy, Paudie Clifford and Dean Fitzgerald while Mid Kerry have the likes of John Tyyher, Liam Carey and Caolim Teahan.

The final is fixed for Thursday July 26th 7:30pm. Keanes Supervalu Killorglin Minor Football Championship

The Keanes Supervalu Killorglin Minor Football Championship got underway in the past week with seven games played as follows: Dr Crokes 6-13 Feale Rangers 1-8 Firies 2-13 South Kerry 1-8



DR. CROKES CHAIRMAN DENIS COLEMAN WITH THE ANDY MERRIGAN CUP ON STRICKEEN AT THE CLUB'S WELL BEING DAY.

St Brendan's 3-16 West Kerry 2-10 St.Kierans 2-11 East Kerry 1-10 Dingle 0-13 Mid Kerry 0-9 Kenmare District 2-14 Austin Stacks 0-18 Laune Rangers 1-17 Kerins O'Rahilly's 1-9 The seven winners progress to Round 3 while the seven losers, together with the Preliminary Round loser, Shannon Rangers, progress to Round 2 (losers round).

Junior Football Leagues

Round 5 of the Junior Football Leagues went ahead last weekend and the situation now is that clubs who agreed to postpone games over the last few weeks should now agree on a re-fixture date as semi final fixtures will be based on the points table at Monday 17th July. The semi finals are down for decision on the weekend of July 21st with the finals fixed for July 28th.

Intercounty Football Roundup

The situation with regard to Kerry's opponents in the All Ireland Quarter finals on Sunday July 30th in Croke Park has become a much clearer. Mayo will play Munster runners-up Cork and Donegal will play Connaught finalists Galway in Round 4 of the qualifiers. Provincial winners, Kerry and Galway will then be drawn against the Round 4 winners with repeat pairings not allowed so effectively at this stage, Kerry will be meeting one of Mayo, Donegal or Galway.

The Kerry Minor footballers will meet the Leinster Runners-up who will be either Dublin or Louth who clash in the Leinster Final on Sunday next. That guarter final meeting will be played on the Bank Holiday weekend August 6th. That weekend also happens to be the scheduled date for the Under 17 Semi final involving Kerry and Roscommon who defeated Galway in the Connaught final. Kerry GAA has been in touch with Croke Park re the double involvement of Kerry Minors and Under 17s on the one weekend and we await a decision from the CCCC on that request. Meanwhile, Kerry Junior footballers will play Leitrim on July 22nd at a venue that is likely to be announced in the coming few days. Kilkenny and Meath play in the other semi final with the final fixed for Saturday August 5th.



KILLARNEY SPORTS

Deadline: Monday 3pm Email: editorial@outlookmags.com

CYCLING NEWS NEW NAME ON SUMMER LEAGUE WINNERS LIST

Tralee Manor West iBike hosted the latest round of the Kerry Cycling Clubs Summer League. In a change from previous rounds the format saw the rider's race from Ballycarthy Cross to the summit at Reanagown rather than racing laps of a road circuit.

Sean wins the Senior Race: Sean Riordan from Valley Wheelers was the winner of a hotly contested Senior race and only jumped clear inside the last few meters. The host club's Shane Fleming took second place. He was the only one of the top 6 on the League table to score points on the night and moves up provisional 3rd.

Third on the night was Tralee Manor West iBike's Mark Ryall with his club mate Trevor Farmer in 5th. Splitting these was Kanturk CC's Billy Allen with Darren Burke Killarney CC taking the final points on the night.

Tom's top in the 16's: Kerry riders competing for O'Leary Stone Kanturk had a good night in the u16 race. Tom Moriarty took the win from Sean Barrett and moves ahead of him at the top of the League. Killarney's Tadgh O'Shea third place sees him move into that place in the League just ahead of Tralee Manor West's Eoin Moloney, who was fourth on the night.

Kanturk's Denis Murphy was 5th and maintains his place in the top 5 while Duagh's Tom O'Connor who is also a member of the Kanturk Club was 6th and is now just a point outside the top 6 in the League.

Patrick extends lead in the u14's: Killarney CC's Patrick Galvin got back to winning ways in the u14's and extends his lead at the top of their League table. Kanturk's David Shine, who won the previous round in Currow was second and is now the closest challenger to Patrick in the League. Kingdom CC's Adam Lenihan took third ahead of Kanturk's Luke Moynihan and Killarney CC's Ethan Slattery with Ben Murphy from Sliabh Luachra taking the final League points on offer on the night. All of these riders are battling for a top three spot on the final League table.

Evan's a new winner at 12's: Evan McConville from Kanturk CC was a new winner in the u12's League ahead of Killarney's Shane Galvin. This was Galvin's first defeat but he still extends his lead on the League table.

Kanturk's Sean Tarrant and Stephen Sheehan were 3rd and 5th with the Killarney's Louis and Callum Steadman Murphy taking 4th and 6th with Currow CC's Jack Breen in 7th. Amy Fleming of Sliabh Luachra was the first girl home in the u12's.

GNEEVEGUILLA ATHLETIC CLUB

No winner of our lotto 07/07/2017, numbers drawn were 3, 12, 14 & 23. Sellers prize winner Tom Joe O' Donoghue, €50 Y/T prize to Josephine Hickey Riverstick, €50 to Caitriona Kelly Fenit, €40 to John Murphy (Trailers) Gneeveguilla, Johnny Cronin Lisheen, Padraig & Michael O'Doonghue Knocknageeha. Bonus not won numbers drawn were 12, 20, 24 & 27. Next week's jackpot €6,400 plus €1,000 bonus.

COUNTY JUVENILE CHAMPIONSHIPS

Day 1 held last Sunday in Riocht, Michael McSweeney came 2nd in 800m, Saoirse Tompkins 2nd in 800m, Danielle O' Riordan 3rd in 200m, Jack Greaney 3rd 250mH, girls U9 relay team were 2nd, team members were Katelyn O' Leary – O' Sullivan, Daisy Cremin, Mikela Curtin & Aoife O' Donoghue. Boys U9 were also 2nd team, Michael O' Riordan, Emmett O' Connor, Neil Thompson & Adam Counihan. Dylan Scannell won shot U13, U15 girls were 3rd relay team, team were Saoirse Tompkins, Sive O' connor, Ava Murphy & Saoirse O' Connor.

SUMMER MILE SERIES

Results of 1st leg from Barradubh are on our web page, Friday 14th sees the 2nd leg to be held in Fossa, registration in Community Centre, race starts at 8.00 pm

FARRANFORE MAINE VALLEY ATHLETIC CLUB

Day 1 of the Kerry County Juvenile Championships for U9 to U16 age groups took place on Wednesday July 5th in An Riocht Athletics Track, Castleisland. The club was well represented and everyone did very well, with16 individual medals and many making it to the finals.

Rachel Boyle 1st U9 60m, Eabha McCarthy 2nd U12 60m Sprint, Shauna McCarthy 1st U14 800m, Siofra Foley 3rd U16 100m, Jimi Fenton 1st U14 80m sprint, Rhian McCarthy 3rd U10 Javelin, Conall Whelan 1st U16 Shot & 2nd U16 4Kg Hammer, Isabel Norris 3rd U13 Javelin, Siofra Foley 2nd U16 Shot & 3rd Hammer

Aine O'Shea 1st U16 Hammer, 2nd High Jump & 6th U15 Javelin, Patrick Kearney 1st U14 Hammer, Alice Norris 2nd U16 Hammer & 5th U16 Shot, Doireann O'Shea 1st U12 High Jump. Some who made the finals and just issed out Cormac Costello 6th U13 80m, Ellen Kelliher 6th U13 80m, Mairead Walsh 5th U13 60m, Isaac Vickers 6th U9 60m. Full results on Kerry Athletics website.

Day 2 of the Kerry County Juvenile Championships for U9 to U16 age groups will take place on Saturday 15th July at 11am . Full list of events post in Kerry Athletics website and on Facebook. Preregistration required, so please contact Club Secretary, Mary 085 1909509.

Day 1 & 2 of the Irish Life Health National Juvenile T&F Championships Day took place over the weekend. Cian Spillane was competing in the U14 800m distance race. Cian ran very well to finish on podium. Cian ran a personal best time of 2:15.03, less than a second off 2nd place winner. A great achievement for such a young athlete. Patrick Kearney was also representing our club in the U14 2.5Kg Hammer. Patrick was placed 5th with a best throw of 25.20m. Conall Whelan who has made great progress over the last year took part in the U15 3Kg Hammer. Conall had a best throw of 40.83m finishing in 5th place, which was less than 1m outside a podium spot. Full results can be found on Ireland Athletics website www. athleticsireland.ie.

CLUB TRAINING

The holidays are here so all training sessions are finished for the summer. But we will be back the end of August for the start of cross country season!!!! Best of luck to all our athletes for the rest of the season you are well prepared.

ATHLETIC'S FIXTURES

Sat 15th July Day 2 Juvenile County T&F Championships, Castleisland Track.

Sat 15th July: Irish Life Health National Juvenile B Championships

Sun 16th July: Irish Life Health National Juvenile Championships Day 3

Sat. 29th July: Munster Juvenile "B" T&F Championships, Templemore Track @ 11am. Sun 30th July: AAI National League Rd 2

See Kerry & Munster Athletics website for full fixture lists & timetable for events.

HANDBALL NEWS BIG WEEKEND OF ONE WALL HANDBALL ACTION

Fresh from their recent Munster One Wall Handball titles Glenbeighs Dominic Lynch and Jack O'Shea head to Roscommon next weekend for the All Ireland series.

In Mount Talbot Dominic takes on Tyrone's Niall Kerr in the I Wall Masters Single All Ireland semifinal. Next up with be Jack O'Shea who faces another Northern player in his Men's Singles B semi-final. The Kerry man's opponent is Barrie M,cCoy from County Down.

The action in Roscommon gets underway at 11am on Saturday and the semi-final winners won't have any time to celebrate as the finals are set to start at 2pm on the same day.

CALLINAFERCY ROWING CLUB

Results from Caherciveen Regatta. The weather was not great but it was a great days rowing.. U18 Boys Came 3rd Arron Houlihan, Killian kerins, Colin O Meara ,and Cormac Doyle. U18 girls came 2nd Emma Houlihan, Sarah Kennedy Aoife Murphy and Orla Murphy. U16 Boys Came 3rd Nathan Houlihan, Niall Murphy, Andrew McCarthy, and Alex Boyle. Senior Men came 2nd James Foley, James O Sullivan, Paul and Maurice Sheehan. Senior Ladies came 3rd Sandra Lambe, Mary OSullivan, Maggot Lawlor, and Sile Hurley. U16Girls came 2nd Aoife Murphy, Orla Murphy. Grace O Grady and Sarah Kennedy. U14 girls had a great race Avril Murphy, Charlotte Orme, Sophie O Shea and Elva Clendennen.

MUCKROSS ROWING CLUB IRISH ROWING CHAMPIONSHIPS 2017 Best of luck to all our crews competing in the

KILLARNEY SPORTS

Deadline: Monday 3pm Email: editorial@outlookmags.com

Irish Championships Regatta at the National Rowing Centre in Inniscarra this weekend. The three day event is the largest rowing event in the country with over 1000 crews entered to contest over 260 races. A packed schedule! The Champs will see the best of racing with Olympians Paul and Gary O'Donovan, Sanita Puspure and Claire Lambe among the entrants. Full racing timetable available at www. rowingireland.ie. Race times for Muckross RC crews below.

FRI 14 JULY

11:50 Mens J14 4x+ straight finals. 15:20 Womens J15 4x+ straight finals.

SAT 15 JULY

09:15 Womens J16 1x heats, semi-finals 11:40 and final 15:55.

SUN 16 JULY

09:30 Mens J16 1x heats, semi-finals 13:55, final 16:25. 10:35 Womens J16 4x+ heats, final 13:50. 10:50 Womens J15 8+ straight finals. 11:15 Mens Masters 4+ straight finals. 15:10 Womens J14 4x+ straight finals.

FUNDRAISING

Our annual Street Collection takes place in Killarney town centre on Saturday 15 July. Our

annual Church Gate Collection in the Killarney parish follows next weekend 22-23 July. Our public fundraisers are vital for the continued upkeep and maintenance of equipment and investment in new equipment. All support is greatly appreciated.

KERRY COASTAL ROWING

The club has entered crews for upcoming coastal competition and is looking forward to events around the county. Dates and details of events to be confirmed.

WORKMEN'S ROWING CLUB Training continues as per coaches' texts.

THE IRISH ROWING CHAMPIONSHIPS

'The Champs' place this Friday Saturday and Sunday. There is a record entry this year of 1,048 crews. We wish all of our scullers, coxes, coaches, drivers and families 3 days of safe journeys, calm winds and most of all superb racing!

HOME INTERNATIONAL REGATTA, STRATHCLYDE, SCOTLAND

We wish Ciara Browne and Ciara Moynihan all the very best as they prepare to wear the

green, white and gold for their country next weekend in Scotland. Well done on your selection by Rowing Ireland for this prestigious event. All your team & clubmates are so proud of this achievement alone, and hope that next weekend will prove not only fruitful but will create many lasting memories for you , your families and coaches.

KILLARNEY REGATTA QUEEN

Sincere congratulations to our very own Siobhán Burns on her selection as this year's Killarney Regatta Queen. A great night was had by all at the Regatta Dance, but this was surely the icing on the cake for Siobhán after her double medal win earlier that night ,on top of a great weekend racing at the National Rowing Centre in Cork. Many thanks to the Killarney Regatta Committee on their organisation of this event.

FUNDRAISING

Our annual street collection took place last Saturday 9th July. Many thanks to our collectors and generous supporters.

ST. PAULS APPOINT NEW COACH

As the countdown continues to the return of National League Basketball to Killarney this Autumn, St. Paul's Basketball Club are delighted to announce the appointment of new coach Vojkan Bencic this week. Serbian native Vojkan comes to Killarney with a wealth of basketball experience as a player and coach. He enjoyed a very successful playing career before establishing himself as a top class and well respected coach in several countries including Serbia, Croatia, Tunisia , Bulgaria, Russia, Poland, Slovenia and Hungary.

Vojkan will take up duties as head coach of the St. Paul's senior mens team that will compete in the national league and his presence will also be a huge boost to all the St. Paul's club coaches and underage players.

Returning to national league basketball after a nine year absence, St. Paul's are confident that the appointment of such a high calibre coach will help them progress to become a formidable force in the league. Vojkan is currently working with club officers in recruiting foreign players for the team as well as assembling the local squad of players. Pre-season training will commence in the next few weeks.

Under the direction of club Chairman Padraig Weldon and deputy chairpersons Jim Delaney and Elizabeth Switzer, St. Paul's Basketball Club will continue to cater for its huge juvenile membership that looks after 400 boys and girls at underage level. A new national league committee has been formed and this is led



ST. PAUL'S BASKETBALL CLUB HEAD COACH VOJKAN BENCIC, CENTRE, WITH FROM LEFT, ANDREW FITZGERALD (PLAYER), JOHN BROSNAN, (NATIONAL LEAGUE COMMITTEE VICE-CHAIRMAN), SEAN BROSNAN, TREASURER AND PADRAIG WELDON, CLUB CHAIRMAN. *PICTURE: EAMONN KEOGH*

by Aidan Quirke, Chairman, John Brosnan , Vice-Chairman, Tracey O'Shea , Secretary, Sean Brosnan and Mike Pierce, joint treasurers. This committee is currently working on sponsorship and fundraising initiatives and further announcements will follow in the next few weeks.

IF YOU HAVE A STORY... Call: Aisling on **086 0400 958** or Email: editorial@outlookmags.com

Killarney Outlook



www.McGuirksGolf.com

KILLARNEY GOLF



KILLORGLIN GOLF CLUB

getgolfing.ie

Ladies Results: 50's and over Open Day 18 Hole Stableford sponsored by Marian Healy, Mary Murphy Garvey, Brigid McKenna and Christina O'Sullivan:

1. Nuala McEnery (24) Dooks, 45 pts. 2. Mary Murphy Garvey (29) 40 pts. 3. Teresa Rice (21) Castlegregory, 39 pts. Front 9: Delia Foley (17) Dooks, 20pts. Back 9: Maire Ni Loinsigh (24) 20 pts. Nearest Pin on 5th Coral Kiely. Longest Drive on 12th Kathleen Keating.

Lady Captain Ann Walker thanked the sponsors for the lovely prizes, all for supporting the Open Day and congratulated all the winners.

18 Hole Scotch Foursomes sponsored by Hon. Secretary Eileen Bell: 1. Agnes Carey (26)/ Mary Murphy Garvey (29) (28) with 42 pts. 2. Phil Anne Foley (36) /Kathryn Kearns (34) (35) with 41pts.

FIXTURE: 18 Hole Singles Stroke sponsored by Billy Dodd can be played Sat 15th, Sun 16th or Tues 18th. Arrange own time and playing partners.

UPCOMING EVENT: The Sarah Mangan Annual Perpetual Trophy 3 person scramble (any combination) will take place on Saturday 22nd July. Sponsored by Finbarr & Anne Coffey & The Mangan Family. Time Sheet in Pro Shop.

CASTLEROSSE GOLF CLUB

RESULTS Competition played on Sunday 9th July 18 Hole Stableford 1st Place, Ger Casey (12) 40pts, Runner-up, Mick Clifford (21) 40pts, 3rd place, Steve Shine (18) 38pts.

Mixed Scramble played on Wednesday 5th July, best return Mary O' Reilly, Denis Tangney & Frank Tobin.

FIXTURES Weekend competition, President's prize day Sunday 16th July. Register to play by 7pm Saturday 15th July.

CASTLEROSSE LADIES RESULTS 9 Hole Stableford played on Thursday 6th July, 1st place Sally Filby (28) 15pts.

18 Hole Stableford played on Thursday 6th July, 1st place Mary O' Reilly (36) 36pts.

Mixed Scramble continue each Wednesday evening draw at 6.15pm, meet at clubhouse. Competition open to all golfers, Ladies & Gents.

ROSS GC, KILLARNEY GENTS CLUB -RESULTS

On Sunday last we held a single stableford competition.

The winners were :-

1... Alan Flynn (7) 44 pts

52 Outlook \$ 14.07.17

2....Michael J Casey (20) 44 pts Fixtures:- Please note that our next competition



THE WINNING TEAM -PRIOR TO TEEING OFF IN MILLTOWN/CASTLEMAINE INAUGURAL FUNDRAISING GOLF CLASSIC SPONSORED BY DEREK TWISS. TOP PICTURE ARE -L TO R JASON FOLEY, KIERAN FOLEY, MARK KENNEDY AND JAMES LONG.

will be held on July 22nd & 23rd .

On Friday July 7th we held a 10 hole mixed open scramble which was very successful. We had a large turnout on a fine evening and the scoring was very tight. The golfing was good and was followed a by a nice social night in the clubhouse. It is planed to will hold another similar scramble later in the month.

Best of luck to the Killarney Race Company for a successful July Racing Festival on July 17/18/19 & 20th.

KILLARNEY GOLF CLUB-LADIES

Results of Competition Sunday July 9th sponsored by Cross Refrigeration, singles, s/ ford Killeen.

lora killeen.					
1st	Annette McNeic	40 pt	5		
2nd	Anne O'Leary	(26)	39 pts	5	
BG	Ailish Mulcahy	(8)	27 gro	SS	
3rd	Grace Dennehy	(30)	38 pts	(bk9)	
4th	Sally Cooper	(20)	38 pts		
5th	Sinead O'Shea	(17)	37 pts	(bk9)	
Results of Mixed Foursome Competition Friday					
July 7th sponsored by Greenbelt.					
1st Shane O'Sullivan (5)					
Francos Arthur (23) 15 pts					

Frances Arthur(23)45 pts2nd Pat Kelleher(11)Peggy o'Donoghue(19)39 pts

3rd Shane Horgan(3)Deidre Prendergast(6)38 pts(bk9)

4th Conor Healy(9)Noreen O'Mahony(26)38 pts

Next Sunday's Competition singles stroke Mahonys sponsored by Killarney Park Hotel. Captain Amy Arthur's Prize to the Ladies will take place on Sunday 23rd July, singles stroke, Mahony's, sheet is now open.

TEAMS Congratulations to Margaret Campion, Killarney, who won the Shirley McDonald Plate Trophy at the Irish Women's Close in Bunclody during the week. Killarney Senior Foursomes Ladies had a comprehensive win over Dooks in the Ring of Kerry on Sunday July 9th The Team now face Tralee in the Munster Quarter finals in Thurles on August 12th at 9.00 am. Congratulations to the Team Managers Claire Keating and Fidelma O'Connor and the team pairings of Lady Captain Amy Arthur & Anne Moynihan Rudden, Kelly Brotherton & Jennifer O'Brien, Eimear O'Donnell & Corrina Griffin

BEAUFORT GOLF CLUB

(LADIES BRANCH) 9th July- 18 Hole Stableford - sponsored by Sean Taaffe & Magic Touch Salon 1st Peggy O'Riordan (33) 38 pts 2nd Agnes Carey (26) 34 pts FIXTURES 16th July - Lady Captain's Prize Sponsored by Lady Captain Mary O'Shea

BEAUFORT GOLF CLUB RESULTS

Club Scramble Wed.5th Jul Winners: Aideen Ryan,Tony Sinclair & Edwin Spence

Open Seniors Thurs 6th July Winner:Fred Kennedy Runner up:Edwin Spence

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com Deadline: 3pm Monday

KILLARNEY GOLF





GOLF AND FISHING CLUB PRESENTING HIS PRIZE TO WINNER LARRY DALY. FRONT LEFT GER MORONEY, LARRY DALY (WINNER)

GEARÓID CRONIN (DEERPARK PITCH & PUTT CLUB U-16 OFFICER) PICTURED WITH BOTH CILLIAN COURTNEY (U-13) AND ADAM KELLY (U-16) AFTER THEIR WINS IN THE MUNSTER U-16 STROKEPLAY CHAMPIONSHIPS AT THE COURSE LAST SATURDAY. ALSO INCLUDED IN THE PHOTO IS DARRAGH O'CALLAGHAN (DEERPARK U-16 CAPTAIN) WHO WAS RUNNER-UP TO ADAM IN THE OLDER AGE CATEGORY

SUSAN GRAHAM AND CAPTAIN STUART GRAHAM. BACK LEFT: MICK CLIFFORD (PRESIDENT) JOHN O'MAHONY, BRENDAN LYNCH, TIM FOLEY, JAMES CURRAN AND PADDY LOONEY, PICTURE: IAN CRONIN,

Open Fridays 7th July

Winner: Virginijus Jonikaitis (15) 38pts.

18 Hole Stableford Sun. 9th July Sponsored by: Cormac Foley & Associates,

Solicitors, Tralee

1. Michael Lynch (22) 46 pts.

2. Colin Moriarty(13) 39 pts.

3. Philip O'Neill(18) 38 pts.

GOLF CLUB BEAUFORT FIXTURES

Club Scramble 12th July 5.30pm

Open Seniors 13th July 10am Open Fridays 14th July contact Clubhouse @

064-6644440

CAPTAINS PRIZE 16th July TIMESHEET IN **OPERATION**

3 BALL 18 hole Stableford White Tees Sponsored by: Top Part Upper Rock St.Tralee.

KILLARNEY GOLF AND FISDHING **MEN'S** CLUB, CLUB

REPORT AND RESULTS.

Club Captain Declan McCarthy is urging as many members as possible, to turn out to support our Pierce Purcell

Team in the Munster Area Semi-final against Shannon G.C. which will be played on our Killeen Course, on

Sunday next the 16th of July. The matches are due to commence at 8.50 A.M. and we will be playing off of the

1st tee. The other Semi-final will be between Thurles G.C. and Mahon G.C. who will commence their round off

of the 13th Tee-box. The team under the management of Chris Collins, James Collins, and Donal "Gap" O'Sullivan

deserve every bit of support that we can give them, so let's turn out in large numbers to give them every

encouragement. The Final will be played that afternoon also on Killeen Course, with the

winning morning teams

taking each other on.

The Club team in the AIG Barton Shield will be representing the Club against Killorglin at **Ballybunion Cashen**

Course, at 2.30 P.M. on Saturday next, the 15th of July, the team under the Management of Seamie O'Connor

will also need to be supported, and all available are encouraged to do so.

The Club competition on Sunday the 9th of July was the "Heather Restaurant" sponsored Club exchange day at

Ballybunion Old Course, the format was singles stableford, and with a full time sheet and being a GOY counting

excellent conditions, competition, and the scoring complimented the event. The Competition was won by Niall

O'Meara with 38 points and in 2nd place with a similar score, only beaten on the back nine was Yves Deniel.

Full results were as follows, 1st Niall O'Meara(9) 38 Pts, 2nd Yves Deniel(13) 38Pts, 3rd Brendan Brosnan(14) 37 Pts,

4th James Curran(9) 37 Pts, 5th Stephen O'Brien(16) 36 Pts, Cat.1 Paud O'Donoghue(5) 36 Pts, Cat.2 John Griffin(10)

35 Pts, Cat.3 Marcus Treacy(16) 35 Pts, and Cat.4 John Twomey(20) 35 Pts. CSS was 34 Pts.

The next Club competition will be Lady Captain Amy Arthur's prize to the Gents, which will be played on Killeen

over the weekend of the 22nd/23rd of July. Club Captain Declan, on behalf of the Men's Club would like to wish

Amy Arthur every success for her Captain's weekend.

DEERPARK PITCH & PUTT CLUB NEWS

MUNSTER U-16 STROKEPLAY

Proud day last Saturday as for the first time in seven years we did the double at Munster U-16 Strokeplay level. Adam Kelly won the Boys 1415 grade with a score of eight under par one clear of our U-16 captain Darragh O'Callaghan in second on seven under. Score of the day though came from Cillian Courtney in the U-13 section however with 11 under par, a six shot win over the field. Adam's win is the fourth by a Deerpark player in his grade in 10 years following on from Craig Hickey (2007), Kieran Loonev (2010) and Conor McCarthy (2013) while Cillian is only the second player to win his grade in the club after Darren O'Doherty did so back in 2010. Well done to them all and thanks to everyone who made today such a success from the Grounds Committee to John and Catherine for the food as well as the 22 players who represented the club last Saturday.

SUNDAY COMPETITION

Overall Nett: Eileen Switzer & Sean O'Brien 37 1/2. Overall Gross: Kieran Fitzpatrick & Sean O'Brien 50 and Second Nett: Sheila O'Donoghue & John Murphy 40.

WEDNESDAY COMPETITION

Nett: Darragh O'Callaghan and Sheila O'Donoghue 35 1/2

Gross: James Fleming and Adam Kelly 47 (B9).

O-50's: Played in Newmarket on Wednesday July 5th last. Winners were Mick Long & John Murphy, second was John Kelly and Connie Buckley with Hugh O'Sullivan and Sean Ashe winning the Gross. A minute's silence for the late Mary O'Brien was held at the event.

NATIONAL STROKEPLAY

Best Wishes to Damien Fleming, John McGrath, John O'Brien, Michael Cronin and David Harnett as they head to Hillview in Clonmel this weekend for the National Strokeplay Championships.

RICKY KELLY

Scheduled for next weekend, we look forward to staging the event in its 25th anniversary year. Further information next week.

DEEPEST SYMPATHIES

To Our former Club Treasurer Mary O'Mahony on the death on her father Michael in Mallow last week.

Killarney Outlook



Kerry ETB Training Contractional Kerry ETB Training



Kerry ETB Training Centre is now recruiting for the following courses.

Outdoor Activity Instructor Traineeships Level 5 & Level 6 (TRS64) - Killorglin.

These courses are designed to provide the outdoor adventure tourism and education sector with personnel who have the knowledge and skills to work in the sector. **Start Date:** 24th July 2017. **Duration:** 46 weeks. **Certification:** QQI Level 5 and QQI Level 6 Awards.

Radio Broadcasting Foundation (ET41Z) - Tralee.

This entry level course is an excellent starting point for people who wish to pursue careers in the radio broadcasting industry. Participants will gain a foundation in a number of the everyday tasks carried out in radio stations. **Start Date:** 14th August 2017. **Duration:** 8 weeks. **Certification:** City and Guilds.

Retail Skills Health and Beauty Traineeship (ETS95) - Tralee.

This traineeship offers participants the opportunity to develop the knowledge, skills and competencies required to work in the retail sector, particularly in pharmacies and in health and beauty outlets. **Start Date:** 21st August 2017. **Duration:** 39 weeks. **Certification:** QQI Level 4 Major Award.

Medical Administration Traineeship (TRS08) - Tralee.

This course is designed for those wishing to pursue careers as medical secretaries, administrators and receptionists. It covers all the main administration tasks carried out in medical practices, hospitals, clinics and medical companies. **Start Date:** 4th September 2017. **Duration:** 42 weeks. **Certification:** QQI Level 5 Major Award.

Fibre Installation Technician (ET08632) - Tralee.

This course is designed to provide the communications cabling industry with personnel who have the specialist knowledge and skills to install, fault find, repair and test fibre optic and copper communications networks. **Start Date:** 4th September 2017. **Duration:** 24 weeks. **Certification:** City & Guilds Level 2 Award.

Accounting Technicians Ireland 1st Year (ET214) & 2nd Year (ET21R) - Tralee.

These courses comprise year one and two of the two year Diploma for Accounting Technicians. They cover the modules specified in the Accounting Technicians Ireland syllabus. **Start Date:** 11th September 2017. **Duration:** 40 weeks. **Certification:** Year 1 Certificate for Accounting Technicians and Year 2 Diploma for Accounting Technicians.

Business Administration (ET07061) - Tralee.

This course offers participants the opportunity to develop a broad range of knowledge and skills in general office administration. Graduates of the course may progress to year 2 of the Advanced Certificate in Office Information Systems at Tralee IT. **Start Date:** 18th September 2017. **Duration:** 47 weeks. **Certification:** QQI Level 5 Major Award.

Digital Web Design with Adobe Dreamweaver (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 2nd October 2017. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates and Adobe Dreamweaver Certificate.

Digital Marketing with E-Commerce (ET08342) - Tralee.

This course covers the theory underpinning digital marketing and the skills required to carry out routine digital marketing tasks and implement digital marketing solutions. **Start Date:** 9th October 2017. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Digital Marketing.

Food & Beverage Service (ETS8741) - Killarney.

This course is an excellent starting point for anyone wishing to work front of house in the hospitality industry. Participants will gain the knowledge and practical skills to provide a timely, efficient and professional food and beverage service to customers. **Start Date:** 23rd October 2017. **Duration:** 28 weeks. **Certification:** City & Guilds Level 2 Diploma.

Food Preparation and Cooking Course (ET20D) - Dingle.

This course is for people who wish to pursue careers in professional cookery. It covers the practical skills and underpinning knowledge of safety at work, food safety, menu planning, costing, and preparing, cooking and presenting a wide variety of dishes including healthy foods and special diets. **Start Dates**: 16th October 2017. **Duration**: 20 weeks. **Certification**: City & Guilds Level 2 Diploma.

Traditional Stone Wall Construction (ET4R8) - Tralee.

This course offers participants the opportunity to develop the knowledge and skills required to build a variety of traditional stone walls. It's a hands-on course where participants learn the principles and techniques of stone working and dry stone wall construction using hand tools and locally sourced stone. **Start Date:** 6th November 2017. **Duration:** 34 weeks. **Certification:** QQI Level 5 Special Purpose Award in Traditional Stone Wall Construction.

To apply or get further information on any of the above courses please contact Kerry ETB Training Centre Monavalley, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

http://kerryetbtrainingcentre.ie , e-mail: training@kerryetbtrainingcentre.ie



EMPLOYMENT & NOTICES



We are currently looking for qualified childcare worker / early years educator to join our team!

So if you think you have what it takes to join a dynamic & progressive childcare team, in one of Kerry's largest childcare centres, please send or email your CV to the address below.

School term contract September 2017 - June 2018

Minimum qualification FETAC/QQI 5 Childcare experience desirable but not essential Shortlisting & interview will apply Closing date for applications is 21st July 2017

Killorglin Community Childcare Centre Ltd. T/A Scamps & Scholars Childcare Centre, Langford Street, Killorglin, Co. Kerry. Tel: 0669762525 Web: www.scampsandscholars.ie Email: scampsandscholars@eircom.net

RECRUITING?

In an effort to support business and employment in the Killarney area, Killarney Outlook are offering fantastic prices on all recruitment adverts.

Employers in the town can avail of Recruitment Adverts from as little as

€25 +Vat per magazine.

Killarney Outlook, Tralee Outlook & Sliabh Luachra Outlook reach an amazing 88,000 people every week – giving employers a huge area to recruit the best staff for their business.



FOR MORE INFORMATION CONTACT DES ON 087-6593427 des@outlookmags.com



Exciting Catering Franchise Opportunity at Killarney Golf and Fishing Club

Applications are invited from suitably qualified candidates to operate the clubhouse catering facility (restaurant and bar operation) at Killarney Golf and Fishing Club.

Applicants should include:

- . Details of your qualifications and experience
- . A proposal for operation of the franchise
- . Proposed price structure and sample menu

The closing date for applications is Friday 4th August.

For additional information please contact Cormac Flannery – General Manager by email on cormac@killarneygolfclub.ie or call the club on 064 663 1034

we are RECRUITING IT Support Technician - Field Engineer

Apply with CV to Island Computers 5 Court Yard House, Lewis Road, Killarney, Kerry cvs@islandtraining.ie

Full clean driving licence is required.

OUR COMPLETE NETWORK & IT SERV



Scott's Hotel Killarney

Every Saturday 11.30am.

ISLAND COMPUTERS

Last Friday of the month

Scartaglin at 8.15pm. Castleisland: River Island Hotel at 9:30pm and Kearneys Bar at 10pm. Cordal Hughes Bar 10.45pm.

3rd Monday of the month Walshes Bar Knocknagoshel 9.30pm &

Flanagans Bar Brosna 10.30pm. CONTACT: dhealyrae@gmail.com - 0872316055



CONTACT: maurahealyrae@gmail.com 0877816432

MARGARET'S RAMBLINGS

TODAY IS – SHARK AWARENESS DAY:

Contrary to expectations, the purpose of Shark Awareness Day is not to stand on the beach and shout out warnings to terrified swimmers and surfers, despite the hours of innocent fun that can provide.

It's true that sharks are impressive hunters and predators, yet the sad fact remains that these magnificent creatures are more threatened by people than we are by sharks. The worldwide demand for shark-fin soup, shark-tooth medallions, and a false sense of security on beaches everywhere, all combine to leave sharks persecuted and endangered, with millions of them being killed each year.

Like top predators in any ecosystem, sharks play an essential role in keeping the seas healthy and productive. Whilst no-one is suggesting we go out and hug a Great White on Shark Awareness Day, it's the least we can do to respect these wonderful creatures and let them be.

* Your odds of being attacked by a shark are actually 1 in 11.5 million, according to research by the International Shark Attack File.

* A great white shark can roll its eyes into the back of its head for protection when attacking prey.

* The dwarf lanternshark is the world's smallest shark; it is smaller than a human hand.

*A great white shark named Nicole swam 12,400 miles — across an entire ocean and back — over a 9-month period.

Happy Shark Awareness Day! Please spread the word about these 450 million year old fish that are now becoming endangered!

A HOMELESS MAN WAS THE ONLY ONE WHO ANSWERED WOMAN'S SCREAMS:

A subway platform in Brooklyn does not seem like a prime location to get away with crime. Surely, there would be too many people to intervene right away, but bystander apathy often leads to individuals taking on less responsibility and turning the other way in the midst of a crime when others are present. If many are witnessing the crime and assumed to be taking action, the question often becomes, 'Why should I get involved, too?'

Unfortunately, bystander apathy was present one Wednesday morning on the No. 3 train at the Bergen Street station. Everyone seemed to ignore what was tragically taking place right in front of them. Then, Maurice Osborne heroically intervened. Mr. Osborne was 37 years old at the time and had been living at a shelter in Brooklyn. He was on the subway train when he heard screaming as the doors opened at the Bergen Avenue stop. It was 11:30 a.m. in a public space, but that did not stop 40-yearold Alvaro Denica from sexually assaulting a 28-year-old woman. Once she explained that the man was trying to rape her, Mr. Osborne knew he needed to defend the woman being assaulted even though others, including the conductor, ignored the cries of the woman. He punched Denica without even hesitating to get himself involved and then pulled Denica by the shirt to the local police precinct two blocks away. Not only did he stop a rapist, but made sure that justice would be served!

In excess of \$22,659 has since been raised



through donations of people touched by Mr. Osborne's heroism. The proceeds raised went toward paying off his student loan debt, the rest of his tuition to become a medical assistant, and other expenses though nothing can repay Mr. Osborne for bravely stepping in when nobody else would.

NEW ISLAND FORMED IN THE BERMUDA TRIANGLE:

A new island has appeared in the Bermuda Triangle. It's a mile long and has been nicknamed "Shelley Island," because of the large number of shells on it. Located off the tip of Cape Point on Hatteras Island, it was formed due to the Atlantic Ocean's changing tides.

Locals and tourists are being told to stay away, however the Island has become something of an attraction despite warnings of strong currents in the gap separating the sandbank from the mainland.

The distance between the sandbank and the mainland is just 50 yards but the riptides are said to be incredibly strong, and there are sharks.

The future of the island is not clear. The sandbank could continue to grow and form part of Cape Point, or it could vanish as quickly as it appeared according to Officials.

PEDESTRIAN CROSSING STRIPES THAT LOOK LIKE RAMPS:

Beijing is trying to make its street intersections safer by introducing optical illusions to help convince its drivers to slow down for pedestrians.

The pilot project has "enhanced" white pedestrian markers at two busy Beijing intersections with blue and yellow "sides," giving the illusion of three-dimensional form that look like ramps, this makes the pedestrian crossings more noticeable to drivers.

A section chief for the municipal traffic management bureau said the new measures are part of a national standard to make crossings across the country safer for pedestrians.

Their appearance coincided with a traffic crackdown that in three weeks saw the city dole out approx. 27,700 fines of RMB 200 and deductions of three demerit points to drivers failing to give the right of way to pedestrians.

Jaywalking pedestrians have been penalised with everything from wearing green hats (representative of the wearer having been cuckolded) to threats of lowering credit scores to being publicly shamed on giant televisions screens. Drivers have been urged to slow down by having children dance in the middle of busy streets, and have had to deal with a short-lived law that made crossing an amber light into a traffic violation.

As much as these 3D crosswalks are designed to restrain drivers, they may also serve to help pedestrians refrain from jaywalking by providing a distraction during their wait for the light to change

It is hoped drivers will feel compelled to slow down at intersections due to psychological reasons, having been confused into believing there is an obstacle on the road ahead of them where in reality, there isn't.

QUOTE:

"Here we are, the most clever species ever to have lived. So how is it we can destroy the only planet we have?" Jane Goodall

ON THIS DATE – JULY 14TH:

1789 - Tens of thousands of the citizens of Paris stormed the Bastille, the Paris fortress used as a prison to hold political prisoners, and released the seven prisoners inside at the onset of the French Revolution.

1795 - "La Marseillaise," written in 1792, became the French national anthem.

1850 - The 1st public demonstration of ice made by refrigeration took place. James Harrison of Australia designed an ice-making machine that was an improvement on one invented by Jacob Perkins in 1834.

1858 - Emmeline Pankhurst, British suffragist and founder of the Women's Social and Political Union, was born in Manchester, England.

1912 - Woody Guthrie was born in Okemah, Oklahoma. The folk singer and songwriter who travelled with farmers displaced during the Dust Bowl, became famous for writing "This Land Is Your Land" died in 1967.

1933 - Nazi Germany legalised forced sterilisation to prevent 'hereditarily diseased offspring'.

1943 - In Joplin, Missouri, the George Washington Carver National Monument became the first United States National Monument in honour of an African-American.

1960 - Jane Goodall arrived at the Gombe Stream Reserve in present-day Tanzania to begin her study of chimpanzees in the wild.

1984 - David Lange led his Labour party to a landslide victory in New Zealand by promising to ban nuclear weapons and establish the world's first and only nuclear-free nation, which, as Prime Minister three years later, he did.

1998 -Tánaiste Mary Harney announced that

MARGARET'S RAMBLINGS

a minimum wage of £4.40 an hour would be introduced in April 2000

THIS MICHIGAN MAN MIGHT CALL IN BEEKEEPERS TO REMOVE HIS NEXT BEEHIVE:

A man using a homemade smoke bomb destroyed his own garage in an attempt to eliminate an unwelcome beehive.

Unhappy with the bees settling in at his garage, the man in Grand Blanc, Michigan, managed to inadvertently set fireworks on fire with his attempt of a smoke bomb when he was trying to incinerate the insects, the fireworks then exploded and burnt down his garage and a neighbouring fence.

Fire crews from several towns were called in to arrest the subsequent blaze. There were no injuries as the fire was contained, and the house is also undamaged.

"We really weren't going to celebrate the Fourth of July so much as just have fun in our backyard, the homeowner said, after the explosion and fire. We like to have barbecues, we had a patio back there, it is depressing losing a place where we had a lot of fun, but everyone is safe and that's the main thing".

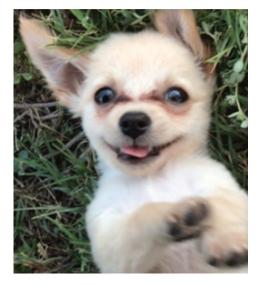
PUPPY ABANDONED IN AIRPORT BATHROOM WITH DEVASTATING NOTE BECAUSE THERE WAS 'NO OTHER OPTION':

A recent discovery in a McCarran Airport bathroom is bringing to light the tragic ways domestic violence affects pets.

A 3-month-old puppy was found abandoned in one of the Las Vegas airport's bathrooms recently. A handwritten note was left behind with the pup, which contained the devastating reason the tiny Chihuahua mix was abandoned. "Hi! I'm Chewy! My owner was in an abusive relationship and couldn't afford me to get on the flight," the handwritten note said. "She didn't want to leave me with all her heart, but she has no other option".

On the next line Chewy's owner had written "My ex-boyfriend kicked my dog when we were fighting and he has a big knot on his head. He probably needs a vet. I love Chewy sooo much – please love and take care of him".

Chewy was found by a traveller shortly after his owner was forced to flee. The small pup was



safely transported to a local dog rescue called Connor & Millie's Dog Rescue by Airport staff.

A spokesperson for the Rescue said "There has been tremendous interest in little Chewy!!! We are compiling all the interest forms and will be going through them all. CMDR would like to say thank you for all the offers of a loving home. However, there is but 1 Chewy and he can go but to 1 home. Please consider the hundreds if not thousands of 'Chewys' loaded with love that are desperately seeking homes in shelters which are at max capacity, rescues are full!"

After Chewy was rescued, he was evaluated by two veterinarians but did not appear to have any serious injuries or show signs of abuse or trauma, he will be kept in foster care for the next several weeks to make sure there are no issues a spokesperson for the a spokesperson for the rescue said. Unfortunately, the circumstances that led to him being left in an airport bathroom are not unique. Countless pet owners struggle in abusive relationships. When they make the brave decision to leave that terrible environment, these animal lovers often have no choice but at best to hand in their pets to a shelter in the hope staff will be able to find them a home and at worst abandon them because most shelters for abuse victims do not allow animals

BACK TO THE FUTURE:

The mystery behind the outstanding strength of the ancient Roman aqueducts roads, the Pantheon, cathedrals and other constructions which have survived several thousand years has finally been resolved. The explanation according to scientists lies in the unusual "chemistry" of its two main components volcanic ash and sea water.

In contrast to the modern concrete, which is made up of cement and crushed stone, its Roman ancestor is noticeably stronger. It did not fall apart, but on the contrary only grew stronger after contact with water, a phenomenon that remained a mystery to scientists for a long time. However, scientists found an extremely unusual component inside the concrete, namely Tobermorite group minerals.

These minerals consist of water, calcium, aluminium, silicon and oxygen and are usually formed in hydrothermal springs or within a volcano at ultrahigh temperatures.

According to the research team, the minerals formed inside the concrete as a result of the penetration of sea water and its interaction with an alkaline environment. The growing crystals of the tobermorite then interlocked with each other, which made the concrete stronger and prevented it from falling apart under the influence of chemically aggressive sea water. This process can last several thousand years, during which the concrete not only does not collapse, but becomes increasingly stronger. Now the research team and several other geologists are trying to recreate the "formula" for the ancient Roman concrete, mixing

different types of volcanic ash with sea water.

MOTHER IN LAW HANDED OVER HER RETIREMENT FUND TO HELP HER DAUGHTER IN LAW TO HEAR:

Sarah Churman was born nearly deaf. The tiny

hairs in her ears that transfer sound to the brain were prevented from growing because of a defect. In 2011, Ms. Churman's world changed forever. The 29-year-old mother found out about an implant that would allow her to hear. The only problem was that the implant would cost \$30,000 for each ear. Ms. Churman's hope that she would ever hear slowly started to fade. That's when her mother-in-law, Lari, stepped in. She knew what an incredible opportunity this was, so she decided that she was going to make it happen. She gave Ms. Churman all \$30,000 in her small retirement fund. The generous gift was enough for Ms. Churman to receive the implant in one ear.

Her husband, Sloan, caught the moment that Ms. Churman heard clearly for the first time on video, it went viral, and caught the eye of talk show host, Ellen DeGeneres. Ms. Churman was invited to be a guest on the popular show.

Ms. Churman's speech was very clear for someone who had never been able to hear herself speak, so Ms. DeGeneres asked why that was. Ms. Churman said that she attributed her excellent speech to therapy, deaf school, and a lot of talking. Ms. Churman also pointed out how amazing it is for her to be able to hear everything and said she even loves hearing sounds that most people say they find annoying.

At the end of the interview with Ms. Churman, the talk show host told her that the company that sells the implant, Envoy Medical, was going to pay for the second implant procedure. Ms. Churman immediately started sobbing. Ellen wasn't done, though. They were also giving Ms. Churman's mother-in-law \$30,000 to reimburse her for the first implant.

PRAYING MANTISES RELEASED FOR PEST CONTROL ARE HUNTING BIRDS:

There is an order to predators and prey that feels normal – like, birds eat insects but new research documents that mantises worldwide are eating small birds; in the U.S. for instance, several decades ago, European and Chinese mantises became a popular go-to for pest control. Using insects to battle insects is absolutely the right idea, but using non-native mantises wasn't a wise choice and they are now devouring hummingbirds.

You might already know that praying mantises are carnivorous insects, generally subsiding on arthropods such as insects or spiders. On occasion they have been known to eat smaller vertebrates such as frogs, lizards, salamanders or snakes. Stalking birds, however, isn't usually listed by scientists as part of the mantis menu plan. A research team of zoologists from Switzerland and the U.S. has reviewed many types of bird-eating mantises, documenting 12 species and nine genera shown preying on small birds in the wild. And the extraordinary behaviour was found in 13 different countries and every continent except Antarctica. As for the victims, they came from 24 different species and 14 families.

Native insects eating pests is a great thing; invasive insects eating native birds starts edging into the world-gone-wrong realm. Before introducing new species of anything into your garden, please do some research.

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KILLARNEY AL ANON

The Killarney Al-Anon meetings are held Tuesday nights at 8.30pm, Vincent de Paul Building, Tesco carpark, Beech Road, Killarney Contact Mairead **087 7808106**



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Are you feeling rundown and in need of a gentle boost? Then laughing may be just the medicine for you. The use of laughter as a form of therapy is increasing in popularity. A study at Loma Linda University indicates that laughter produces an abundance of gamma brain waves. Interestingly these gamma waves are also found in the brains of people who meditate often and have reached a state of contentment and happiness.

Researchers are still exploring the potential health benefits from laughter. Perhaps it's the physical act of laughing that contributes to this, or maybe it's having a good sense of humour and a positive attitude. But one for sure we know, that it certainly doesn't hurt to laugh.

Laughing can be compared to a 'gentle body workout' as many physiological changes are taking place when we laugh. The muscles on our face and body stretch, our blood pressure increases and we breathe faster sending more oxygen throughout our body. But not only does it boost our heart rate – one study showed that laughing for 10-15 minutes can burn up to 50 calories! Increased laughter can also help to boost our immune cells and increase the levels of disease-fighting antibodies in the body. Laughter can also help us to relax and sleep better.

When we laugh we release 'feel good' hormones and naturally occurring anti-depressant (e.g serotonin). Laughter can also be a great way to deal with life's unexpected events and help get us through difficult times. Responding to the trials of life with some laughter, can help to protect our body mind and spirit – and may be a bleak situation doesn't seem as insurmountable when we can find some humour.

Laughter can also help us to bond, connect and communicate with others. Humour helps lubricate the channels of communication and can make people feel more comfortable.

Think about what makes you laugh and be sure to do more of it. This may be watching your favourite comedy, sharing a good joke, going to a comedy club or watching a funny U tube clip. Why not try now – just turn the corners of your mouth up into a smile and give a little laugh out loud. It may feel a bit contrived, but notice how you feel. Whatever gets you chuckling be sure to factor in more laughter to your life on a daily basis and increase those happy gamma waves.

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Welcome back dear reader when fear attacks the effects of it rocks us, and we can either break under the pressure, or the courage and steely grit that is inside each one of us is revealed through proper support. Jesus came to heal the sick and broken and restore freedom to those held captive by the enemy (John 10:10). This is why it is important to be taught the Word of God in a Spirit filled church or fellowship where the full of Gospel of Jesus is lived out in love. This is where other believers will stand with you and be there for you through thick and thin. Fellowship with other believers is vital to victory. There's mighty power in agreement "if two of you agree on anything you ask, My Father in Heaven will do it...for where two or three of you gather together as My followers I am there in your midst" (Mathew 18:19-20). Do not be like a lonely flagpole on a hill (Isaiah 30:15-17). If you are in a battle, don't try to withstand it alone get yourself to where God's Word the Bible is taught without compromise. You will enter a haven, like a boat needing to take refuge from stormy seas whose crew, when they see the light beaming from the lighthouse know they are near safety and support. As we mentioned last week relationships are very important to the Lord; between us and each other, as well as with Him: He likens Himself to a rock in many places (Psalm 18; Psalm 62). When you seek out God's Word and relationship with Him (talk to Him, bring Him your cares in prayer, thank Him for your blessings) you will not be destroyed, and no matter what the battle, you will withstand it, because His Word will sustain you and make you stronger and more resilient to every snare of the enemy (Psalm 23; Psalm 54:4; Psalm 55:22). God loves you friend, He doesn't want you hurting. He has a great plan for your life (Jeremiah 29:11). When you go through troubles the future can appear uncertain and there may be no light - this is what the devil would like you to believe, but Jesus, the Light of the world will light your path like the lighthouse leading the sailors to safety. Call on Him and lean on Him for direction, and, as you allow the knowledge of His love for you in, all fear has to go! (Acts 10:38; Proverbs 3:5-6; 1st John 4:18) More next week...

Contact: 064 - 66 22950 E: wovkillarney@gmail.com

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen. Say this prayer for three days. Publication of

prayer and favour will be granted. POS

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NOVENA TO THE SACRED HEART

Our Lady, Sacred Heart, St. Joseph, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. **HC**

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. **X** Contact: Des 087 659 3427 or Email: killarneyoutlook@outlookmags.com

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