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Cahernane House Killarney, why Killarney was called heavens reflex

DOIREANN IS KILLARNEY ROTARY YOUNG MUSICIAN OF THE YEAR

Talented young Tralee pianist Doireann O'Carroll was announced as the overall winner of the Killarney Rotary Young Musician of the Year Competition at the weekend.

The 14th Young Musician of the Year competition took place last Friday and Saturday, with some 200 students taking part at the Kerry Diocesan Youth Service centre, Fair Hill, Killarney. The INEC Acoustic Club was the venue for the finals-night concert on Saturday night. Doireann, who is a student at Kerry School of Music of international award-winning concert pianist Mantautas Katinas, performed Sergei Rachmaninoff's Prelude in C sharp minor. She was one of six finalists from Killarney, Tralee and Milltown, the others being Oisín Treacy, Louise Sullivan, Charlotte O'Halloran, Emily Sullivan and Mikaela O'Sullivan.

The Gleneagle Concert Band performed at the event, which had Liz Ryan as compere, and the six finalists also stunned the audience with their performances.

Killarney Rotary president Paul Sherry said: "The objective of the competition is to create a forum for school going musicians of all standards to perform in public in their chosen discipline and we were delighted with the competition and concert, which was very enjoyable and had a great turnout."

A raffle in aid of the Kerry Diocesan Youth Service, a charity supporting the young people of Kerry since 1971, took place at the interval.



AT THE ROTARY 'YOUNG MUSICIAN OF THE YEAR AWARDS' WERE FINALIST L-R OISÍN TREACY (TRUMPET), EMILY O'SULLIVAN (CLARINET), CHARLOTTE O'HALLORAN (VOCALIST), DOIREANN O'CARROLL (PIANO), MIKAELA O'SULLIVAN (VOCALIST) AND IN FRONT LOUISE SULLIVAN (HARPIST). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

"Again we were amazed with the standard of so many participants and look forward to next year's 15th competition," said Killarney Rotarian and organiser Sean Treacy.

It was Sean and his fellow Rotarian Barry Murphy who first established the contest in 2001. "The adjudicators this year Tomas O Tuama and Donal O'Callaghan were very, very impressed with the talent and standard," said

Sean.

Two additional awards were presented with year, with the Aine Nic Ghabhann Memorial Award going to Deirdre Glavin and the Dr Dick Shanahan Memorial Award being presented to Ciara Holmes.

Next year's competition will see the introduction of the James Gleeson Memorial Trophy.

BUDDING ARTISTS REWARDED

Following a phenomenal number of entries, staff at Outlook Magazines picked three winners of the St. Patrick's Poster Competition.

The lucky winner of the Killarney Outlook Competition, Isobel O'Donoghue from Crohane, Fossa, Killarney received a €100 gift voucher for the Killarney Sports & Leisure Centre.

Isobel is a fifth class pupil at Fossa National School and a daughter of Susan and Joe O'Donoghue. Some of Isobel's posters will be winging their way to Derbyshire in England to Isobel's grandparents Mary and Jim Murphy who are originally from Castleisland. The couple are very well known in the Irish community in Derbyshire and are involved in the local St. Patrick's Day celebrations there. The winning posters, which were printed by Walsh Colour Print in Castleisland will be on display in shops and businesses around the towns of Killarney, Tralee and Castleisland just in time for St. Patrick's Day on Monday next. The competition was a resounding success and Outlook Magazines would like to thank all those who entered including schools and individuals.



ISOBEL O'DONOGHUE RECEIVES HER PRIZE FROM ADVERTISING SALES EXECUTIVE DES O'CONNOR, KILLARNEY OUTLOOK. PICTURE: LISA O'SHEA.

COASTAL FUNDING ALLOCATED

Over €1.2 million in funding has been allocated to Kerry County Council for coastal protection works following recent storms. Funds to address flood defences and coastal protection have been approved by the Office of Public Works.

The money will be used to repair existing coastal defences. The county also received funds of almost €2.7 million from the Department of the Environment recently for repairs to roads, tourism infrastructure and piers and harbours.

DEER SOCIETY AGM

Kerry Deer Society AGM will be held in The Malton Hotel, Killarney on Wednesday next March 19th 2014 at 8pm.

Everyone is welcome.

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COMHALTAS CEOLTÓIRÍ ÉIREANN TO PROVIDE ENTERTAINMENT ON ST PATRICK'S DAY

Young musicians and dancers from five local branches of Comhaltas Ceoltóirí Éireann along with their mentors under Chairman Eoin Ó Carra met with Donal O'Grady, Killarney St Patricks Day parade committee to finalise arrangements for their participation in the festivities. The young artists are drawn from Killarney, Kilcummin, Glenflesk, Sliabh Luachra and Fossa/Two Mile branches and represent the cream of local Irish musicianship and dance. They will be present on the reviewing stand prior to the parade to entertain the crowds assembled in Main Street Killarney. Donal O'Grady said that this year's parade will reflect the invaluable contribution made by the Killarney Town Council and the former Urban District Council to the St Patricks Day Parades down the years and to the quality of life in Killarney. He thanked the contribution of the young musicians and dancers from the area and he wished the Munster Fleadh Committee a successful event for July. Readers will have an opportunity to hear and see the young musicians and dancers perform on Saturday next March 15th at the Outlet Centre and at Main Street Killarney.



MUSICIANS AND DANCERS FROM LOCAL CCE BRANCHES. BACK ROW: GRACE FITZGERALD, MAUREEN DALTON, MARTINA ANGLAND, EOIN O'CARRA, EILEEN LUCEY. FRONT ROW SEATED: ROISIN O'SULLIVAN, CIAN O'SULLIVAN, CLLR DONAL GRADY, CIARA GRIFFIN, NIAMH MCSWEENEY, STEPHEN O'LEARY, NIAMH DALTON. KNEELING IN FRONT: GRACE ANGLAND, COLLEEN ANGLAND.

They will be supporting the street collection organised by the Munster Fleadh Cheoil 2014 Committee during which funds will be raised to help finance this year's Fleadh Cheoil in

Killarney. The Fleadh Cheoil takes place July 14th to 20th when up to 10,000 musicians and supporters will visit the town.

CAHERNANE HOUSE HOTEL OFFERS REAL DINING DELIGHTS

One of Killarney's Hidden Gems, Cahernane House Hotel has reopened for the season and is welcoming guests and locals to enjoy some of their dining delights.

Situated on its own private estate on the edge of Killarney National Park, Cahernane House Hotel is only a ten minute walk from Killarney town.

Experience a truly unique experience at the Hotel where you can dine on local produce in the award winning Herbert Restaurant or enjoy some bistro style dining in the Cellar Bar.

Culinary delights at the Cellar Bar include A Rare Roast Beef, New Potato & Baby Spinach Salad with chilled hazelnuts, spring onions & horseradish cream for €13.95 or a Linguine Pasta with Smoked Salmon, white wine & cream, wilted rocket, a fried lemon, herb & brioche crumb for €15.95. Should you choose fine dining the Herbert Restaurant offers the style and grandeur of a 17th century country house. Cahernane House Hotel also offer an amazing Afternoon Tea for discerning diners who wish to wile away a lovely afternoon in elegant surroundings.

Weddings are also a speciality at the Killarney Hotel and Cahernane can be exclusively yours on your wedding day if you wish – offering



your own private luxury Country House for your special day.

The hotel has the facilities on site to host civil ceremonies and blessings in their Conservatory with its panoramic views of the Killarney National Park or in their Library with its antique furniture, oak paneling and open log fire depending on your numbers.

In fact Cahernane House Hotel held the first ever Civil Marriage Ceremony in Ireland. For more information contact the Hotel on 064 6631895 or Email: info@cahernane.com

MARTIN TAKES THE REINS AT DR. CROKES

Dr Crokes GAA Club have appointed Martin Byrnes as manager of their senior football team. Martin has played both football and hurling with Dr Crokes and was on the panel that won the All Ireland Club Championship in 1992.



Martin has also been involved in coaching many of our football teams at both juvenile and adult level, most notably with the senior team that reached the All Ireland Club Championship Final in 2007.

Martin is married to Anne O'Donoghue and they have two children, Laurence and Sarah.



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SQUASH CLUB MEMBERS REMEMBER RICHARD

SQUASH CLUB NOTES FROM ANDREW GARNETT

The sad and untimely death of Richard Clifford on 8th February cast an air of gloom over the Gleneagle Squash Club where he was a longstanding member. His passing robs the Club of one nature's gentlemen and true sportsmen who embraced all that is good about competitive instincts but also the wider aspects of taking part, fostering and promoting the game of squash which he loved. He was always on hand to impart advice and guidance to budding squash players as well as being a regular participant in monthly competitions. Richard was involved at the final stages of the February 2013 event dedicated to the memory of his late father Con and was a familiar and popular presence around the courts and swimming pool prior to the onset of illness in early summer 2013. He bore his illness with a grace and dignity that personified his courage and humanity. The large presence of club members who formed a guard of honour at his removal is testament to the high esteem in which he was held by all at the Squash Club. We extend our deepest sympathies to his wife Geraldine, daughters Aisling and Sadbh, and son Risteard. Ar dheis Dé go raibh a anam dílis. The Con Clifford Memorial competition



AT THE PRESENTATION OF PRIZES OF THE GLENEAGLE SQUASH CLUB CON CLIFFORD MEMORIAL PRIZE SPONSORED BY KILLARNEY CREDIT UNION WERE FRONT FROM LEFT, GEORGE MACSWEENEY, KILLARNEY CREDIT UNION, RISTEARD CLIFFORD AND DONAL O'SULLIVAN, CAPTAIN OF WINNING TEAM. MARK CAHILL, SEAN MORRIS, KARINA GALVIN, MARTIN BRETT, MIKE CROWLEY, MICHAEL P O'DONOGHUE, JAMES CAHILL, GER FOLEY, MATT O'CONNOR, CONNIE DOYLE, JAMES DEVANE, TOM MURPHY, SEAMUS KERRISK AND JOE O'CARROLL.

sponsored by Killarney Credit Union produced some exciting games for both those playing and in attendance. Donal O'Sullivan and Martin Brett steered their teams through the early rounds of the February competition to reach the final. Team Brett struck the first blow in the form of a walkover as Oisín Shannon was unable to fulfil his fixture against Karina Gallivan. So the first game proper was between ex Mon boys Joe Carroll and Ger Foley. The games had lots of exciting points but it was Joe's repertoire of shots that saw him win on a scoreline of 3-0 and in doing so getting his team off the mark. Next up we had Seamus Kerrisk and Matt O'Connor and we were treated to a real nip and tuck affair. With Seamus leading 2-1, Matt had plenty of chances to take the game and push the match into a deciding set but the former held on for a 3-1 victory and pushed his lead into a 2-1 lead overall. The

penultimate game of the night paired James Devane with Tom Murphy and the two men ran themselves to a standstill. However, James managed to win some crucial points at the right time and took the match 3-1. This result meant that the remaining fixture would have no effect on the eventual outcome of the match but team captains, Donal O'Sullivan and Martin Brett had a very competitive game and kept those watching entertained with Brett who emerging triumphant 3-0. However, it wasn't enough to take the overall match and Donal's charges walked away with the silverware. With the squash season soon drawing to a close we would urge anyone interested to come down to the Aquila Club and get involved whether for fun or otherwise. Thanks again to the Killarney Credit Union for sponsoring this month's competition.

ST. PATRICK'S DAY GREETINGS FROM KILLARNEY OUTLOOK

If you have a loved one abroad and they are celebrating St. Patrick's Day where ever they may be then why not get them to email a picture of their festivities to info@outlookmags.com or upload one to our Tralee Outlook facebook page.

In next week's edition we will publish a special St. Patrick's Day Spread from around the world in our 22,000 magazines, Killarney Outlook, Tralee Outlook and Sliabh Luachra Outlook.

You will also be able to view the images on our website www.outlookmags.com.

To make sure your picture is included get it into us with the caption telling us who and where you are celebrating Paddy's Day.



KWOTE MEETING

The next KWOTE (Killarney Women's Organisation for Training and Empowerment) monthly meeting will take place on Wednesday 19th March at 8p.m. in Killarney Heights Hotel. A guest speaker from the Sean Taaffe Hair & Beauty Group will address the meeting and there will be a Questions and Answers session afterwards. All welcome. Members €3 Non members €5.

EASTER RAFFLE

Killarney Community College are holding an Easter Raffle to raise funds for the school. Tickets are priced at €10 each and among the excellent prizes on offer are a Muckross Park Hotel overnight stay with dinner and champagne, CRL Oil voucher, Brehon voucher for afternoon tea, Tesco Voucher and a Lir Easter Egg. The draw will take place on April 10th 2014 and tickets are available from the school.

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KILLARNEY DARTS TOWN LEAGUE

BY GARY MCCORMICK

The Killarney Darts Town League 2013 / 2014 season came to a conclusion recently, with the following results:

Division 4 final was played in The Tatler Jack between Good Time Charlies of Foley's Bar, New Street, and Teddy O' Connor's, High Street, Good Time Charlie's were the victors on this occasion winning 5 games to 2. M.V.P. was Sean Brosnan of Good Time Charlies.

The Division 2 final took place in Mustang Sally's between Dan Linehans and Corkery's Bar. Captain Peter O'Sullivan and Chairman of the Town League Paul Cronin put their heads together for Corkery's and picked an outstanding format for the single games, coming out on top leading 13 games to Linehans 5. It was an uphill struggle for Denis Nash, Captain of Linehans going into the doubles and Corkery's only requiring one game, played their two foreign players Mikey and Larry first. They won their game and Corkery's were the better team on the night winning 14 games to 5. M.V.P. in Division 2 was Leszek Pokojski of Corkery's Bar.

Corkery's Bar, High Street, hosted the Division

3 final between Mustang Sally's and The Klub Bar, Kilcummin. It was Mustang's third time contesting a final and their Captain Caoimhin O' Donoghue, was hoping that this would be there first time in succeeding. But alas it was not to be, and The Klub Bar, led by Captain Eugene Kennedy, came out victorious on the night winning 5 to 3. M.V.P. on the night was John Paul O' Callaghan.

On the following night, Friday, again main sponsor of the Town League, Mustang Sally's hosted the Division 1 final between Murphy's Bar of College Street and The Tatler Jack of Plunkett Street. Captain Dan Leen, and his Tatler team were firm favourites to win this one, as they had previously beaten Charlies Angels 14 games to 5 in the Knockout Cup, but what was one of the best finals ever seen in the Killarney Darts Town League, with two fourteen dart checkouts and a fifteen dart checkout,

after the six games of singles it was nip and tuck at nine games each.

After a short break for refreshments and give the Captains of each team time to choose which way they would contest the doubles. Captain of Murphy's, Paul Kelly, got it right. Introducing super sub Kieran Breen and winning the doubles 5 games to 1 game. That gave Murphy's the overall victory with 14 games to the Tatler's 10 games. M.V.P. on the night was Cromane native John Teahan. A presentation night took place in the Killarney Avenue Hotel on Saturday night, where a large crowd gathered to witness all the winners of trophies been presented with their awards by Councillor Donal O'Grady and Weeshie Fogarty. A special presentation was presented to Treasurer Dan Leen, one of the founders of the Town League for his commitment and dedication to darts over the years.



COMMITTEE, PRESENTERS AND PLAYERS AT THE KILLARNEY DARTS TOWN LEAGUE TROPHY PRESENTATION NIGHT IN THE KILLARNEY AVENUE HOTEL RECENTLY.



TATLER JACK WINNERS OF THE KNOCKOUT CUP IN THE KILLARNEY DARTS TOWN LEAGUE, LEFT TO RIGHT PAT KENNEALLY, JACK LEEN, JAMES BRODERICK, JAMIE KELLIHER, NEIL O'DONOGHUE, KEVIN McCANN & DAN LEEN CAPTAIN, MISSING FROM PHOTO LEONARD FITZGERALD.



KILLARNEY DARTS TOWN LEAGUE COMMITTEE
LEFT TO RIGHT CHAIRMAN PAUL CRONIN, TREASURER DAN LEEN, SECRETARY / ASST TREASURER GARY MC CORMICK.

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GLAMOUR AND GLITZ AT KERRY FASHION WEEK



AT THE KFW IRISH FASHION INDUSTRY AWARDS IN THE HOTEL EUROPE & RESORT WERE ALL THE KFW WINNERS. FRONT (L-R): AOIFE HANNON – KERRY MILLINER OF THE YEAR, HELEN STEELE – IRISH FASHION DESIGNER 2014, LAURA KINSELLA – IMAGE BREAKTHROUGH DESIGNER, ELISH MCCORMICK – IRISH FASHION PHOTOGRAPHER 2014, LINDA CONWAY – IRISH CREATIVE INDUSTRY AWARD, ANNE MORGAN – IRISH BUSINESS PERSON 2014, CHLOE TOWNSEND – ACCESSORY DESIGNER 2014, CIANA MARCH – IRISH BLOGGER 2014. BACK (L-R): HAZEL COMYN – IRISH STUDENT DESIGNER 2014, CAROL KENNELLY – KERRY FASHION DESIGNER 2014, CASTLEISLAND: THE FASHION CAPITAL OF KERRY (DENISE BURKE, JILL HANNON, LISA GEANEY, BRED A GALWEY, GRACE O'CONNOR) – KERRY FASHION BUSINESS / EVENT 2014, MARY MCBRIDE – SPECIAL MERIT AWARD 2014 AND RUTH DOYLE – ONE TO WATCH AWARD.

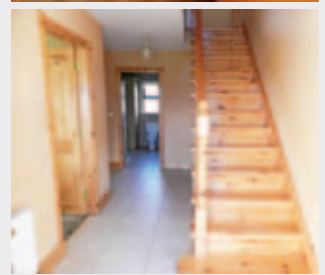


AT THE KFW IRISH FASHION INDUSTRY AWARDS IN THE HOTEL EUROPE & RESORT WERE CAROL KENNELLY KERRY FASHION DESIGNER OF THE YEAR, MINISTER OF ARTS JIMMY DEENIHAN AND MODEL FIONA GRIFFIN.

PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

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MONEY MATTERS.....
By Dermot Cronin,
Financial Advisor

CAN I REDUCE THE COST OF THE INSURANCES I TOOK OUT WITH MY MORTGAGE?

Yes, by comparing and reviewing your mortgage insurances you can reduce your monthly outgoings. The savings can be very substantial considering a mortgage can be for up to 40 years, this of course is on a case by case basis. The insurances many people have include mortgage life cover, serious illness cover, payment protection and income protection. Some of these insurances are compulsory and are a condition of your mortgage such as mortgage life cover and others are not compulsory.

To compare and review your insurances is simple:
Get all the info you have on your policies & bring them to an independent financial advisor.

An independent advisor will have access to various insurance companies and financial institutions for some or all of the above products and will do a comparison of these products for you. They will explain in detail what cover you have & let you know if you are overpaying for some of these insurances. They will also let you know if your products are good value for money and more importantly if you do not have adequate cover in some areas.

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CHARITY DRIVE FOR HEALTH LINK BUS

Killarney Valley Classic & Vintage club will be hosting a Charity Drive in aid of the Kerry Cork Health Link Bus on Sunday 6th April 2014. This is a vital service which offers transport to Cork University Hospital for cancer patients. The purpose built 25 seater coach brings patients to an average of 3,600 lifesaving appointments annually. This Charity Drive is open to all Vintage, Classic or Retro cars and tractors.

Car Registration is from 10.30 to 11.30am on the 6th April at the Travel Inn, Fossa. The scenic drive will take in the sights of the Iveragh Peninsula and Valentia Island. Tractor Registration is from 1 to 2pm, also at the Travel Inn, Fossa and they will be following a shorter route of approximately 30km – both returning to the hotel for light refreshments and evening entertainment provided by Killarney School of Music.

There is an entry fee of €10 for partaking vehicles. Anyone who is unable to join us on either route is very welcome to come along for the evening entertainment where there will be



THE KILLARNEY VALLEY CLASSIC & VINTAGE CLUB WHO WILL BE HOSTING A CHARITY DRIVE ON SUNDAY THE 6TH OF APRIL.

further opportunities to support this worthy cause.

For more information please check out our Facebook page

(www.facebook.com/killarneyvintage)

or contact Tom on 087 238 3809 or Tony on 087 209 9161.

NEWMARKET MOTORS AWARDED VOLKSWAGEN COMMERCIAL DEALER OF THE YEAR

Newmarket Motors has been awarded Volkswagen Commercial Dealer of the year 2013 at the recent Volkswagen Gold Pin Awards. The award, which celebrates excellence within the Volkswagen dealer network, recognises excellence in a number of areas including sales performance, local market share and overall customer experience and is the highest honour that a Volkswagen retailer can achieve in this area. The award was presented to Sean Browne, Dealer Principal of Newmarket Motors by Simon Elliott, CEO Volkswagen Group Ireland, at an awards ceremony held in Powerscourt Hotel in Wicklow which was hosted by actor and Volkswagen Ambassador Simon Delaney.

Not only was Newmarket recognised for Commercial Vehicle dealer of the year, they also received the award for Volkswagen Service dealer of the year. This is the third time Newmarket has won this award and it will be officially presented at an event in Germany later in the year. "It is with pride that we are once more recognised for our customer service experience" commented Sean. Voted by



PICTURED LEFT TO RIGHT: SIMON ELLIOTT, CEO VOLKSWAGEN GROUP IRELAND, SEAN BROWNE, DEALER PRINCIPAL NEWMARKET MOTORS, ANNETTE BROWNE, BUSINESS MANAGER AND ALAN BATESON, DIRECTOR OF VOLKSWAGEN COMMERCIAL VEHICLES IRELAND.

individual customers, the award is a testament to the long standing reputation Newmarket Motors has for providing quality service as well as the excellent relationship the Dealership has with its many customers.

KILLARNEY WELCOMES THE PRIDE OF OWASSO MARCHING BAND

Over 320 members of America's Pride of Owasso Marching Band along with 150



relatives and friends descend on Killarney this week. The band have travelled all the way from Oklahoma and will stay in Killarney for three nights before travelling onto Dublin for the St Patrick's Day Parade.

The Pride of Owasso Marching Band are one of the United States' leading High School bands and they are regular finalists in both the Bands of America Regional and National Finals. They have also performed in the Tournament of Roses Parade which takes place in California and is broadcast worldwide every New Year's Day.

The band have a jam packed schedule during their visit including day trips to Blarney Castle and the Cliffs of Moher. While staying at The Gleneagle Hotel, they will enjoy a medieval themed banquet by Olivia Buckley Events. They will also spend a day exploring the National Park and shopping in Killarney. "We are delighted to welcome the Pride of Owasso to Killarney, they will add great atmosphere to the town in the run up to St Patrick's Day, and we wish they a very enjoyable stay," says Patrick O'Donoghue, Managing Director of The Gleneagle Hotel.

GOT SOMETHING TO SAY?

Tell the Killarney Outlook

Advertising – News – Sports

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

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Price Region: €45,000

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FOOD & WINE READER'S EVENT AT THE AGHADOE HEIGHTS HOTEL & SPA

The team at The Lake Room Restaurant at The Aghadoe Heights Hotel & Spa hosted the prestigious Food & Wine Magazine Readers Event last Friday night.

Over 80 member and non-members attended the exclusive evening and enjoyed delicious food and wine that celebrated the very best of Irish produce. Pat & Marie Chawke welcomed guests and Operations Manager, Jason Higgins introduced each delicious course while the charismatic Pier Giuseppe explained each wine pairing; giving each guest a greater understanding of the Masi wines, the region and the family behind the iconic wine brand. The amazing 7-course tasting set menu highlighted the skills and passion of Head Chef Sebastian Schulze and was complimented by matching wines from the acclaimed Italian wine producer Masi. The evening kicked off at 7pm sharp with cocktails and canapés followed by dinner at 7.30pm.



AT THE AGHADOE HEIGHTS HOTEL FOOD & WINE TASTING EVENING WERE CAROLINE & CONOR HENNIGAN WITH HOST MARIE CHAWKE, GENERAL MANAGER AT AGHADOE HEIGHTS HOTEL & SPA. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



AT THE AGHADOE HEIGHTS HOTEL FOOD & WINE TASTING EVENING WERE L-R ROISIN O'MAHONEY, ELIZABETH O'MAHONEY & FIONA O'MAHONEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING THE AGHADOE HEIGHTS HOTEL FOOD & WINE TASTING EVENING WERE L-R RUTH ALLEN & GERALDINE MANGAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

STYLE SHINES AT THE SNEEM HOTEL

Derrynane Inshore Rescue held a Fashion Show in the Sneem Hotel recently to raise much needed funds for their service.

Covering Kenmare Bay into Kenmare, the northern Beara Peninsula and South Kerry, Derrynane Inshore Rescue is part of the Community Rescue Boat Ireland.

The Sneem Hotel was full to capacity on the night and winner of the Best Dressed Lady, sponsored by Hannons of Castleisland on the night was Kay Woods from Killorglin.

The fashion show featured Spring Collections from top Kerry Designers and Boutiques and is set to become an annual event.



ENJOYING THE FASHION SHOW IN AID OF DERRYNANE IN-SHORE RESCUE ON SATURDAY NIGHT IN THE SNEEM HOTEL L-R: MARY T O'SULLIVAN AND MARGARET CHRISTIAN. THE EVENT WAS SPONSORED BY THE SNEEM HOTEL, IN ASSOCIATION WITH THE DERRYNANE IN-SHORE RESCUE COMMITTEE. PHOTO: LISA O'SHEA.

WELDON'S DISPLAY AT BALLYSEEDY

Ballyseedy Home & Garden Centre will be turning green this St. Patrick's weekend. Seamus Weldon Main John Deere agent for Kerry will be show casing the 2014 range of John Deere products. This is a great opportunity to see the John Deere products up close.

Sale representative Padraig Weldon will be on hand to answer any questions.

"It's that time again - we're kicking off Spring in style where better than Ballyseedy Garden Centre in Tralee" said Padraig. "We have the 2014 models of lawnmowers to show off and with great sales promotions, expert advice and to top it all off, we're giving away John Deere 7P Trailer with every tractor lawnmower purchased this weekend. You can also enter a prize draw to win a John Deere lawnmower. I would encourage customers to visit us to avail of these impressive offers" he added.





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KILLARNEY LIBRARY CELEBRATE WORLD BOOK DAY

Killarney Library celebrated the 16th World Book Day in Ireland this week.

Over the last 16 years World Book Day has become firmly established as Ireland's biggest annual event promoting the enjoyment of books and reading. The main aim is to encourage people to explore the pleasure of books and reading by providing them with an opportunity to have a book of their own.

Killarney Library, together with Killarney Adult Literacy & Basic Education Centre (Kerry ETB), is facilitating a Six Book Reading Challenge for adults with reading/learning difficulties which they launched as part of our World Book Day celebrations.

One in six adults struggles to read. The Six Book Challenge improves the chances in life for people who find reading difficult by building their reading confidence and motivation.

If you're thinking about improving your reading or would like to read more, then the Six Book



FRONT ROW L TO R: TOMMY O'CONNOR, EAMON BROWNE, KATHLEEN RICE, KILLARNEY LIBRARY; ELAINE CLIFFORD & MARY CONCANNON, KERRY EDUCATION & TRAINING BOARD. BACK ROW L TO R: JERRY O'SULLIVAN, PAMELA GRAY, WILLIAM O'SULLIVAN, PHILIP CLIFFORD, DENISE KEARNS, & JULIA O'SULLIVAN – PARTICIPANTS OF SIX BOOK CHALLENGE, 2014.

Challenge is for you. The Six Book Challenge invites you to pick six reads and record your reading in a diary in order to get a certificate. For further details contact Killarney Library

at 064 - 6632655 or killarney@kerrylibrary.ie or Mary Concannon, Adult Literacy Organiser, Kerry ETB on 064-6636990 or maryconcannon15@gmail.com

CALLING ALL PHOTOGRAPHERS IN KERRY! WIN A TOP OF THE RANGE CAMERA

Canon Ireland has launched a national photography competition to celebrate all things Irish, just in time for St. Patrick's Day! The imaging expert is calling on budding photographers in Kerry to capture what St. Patrick's Day means to them and one lucky winner will be in with a chance to win a top of the range Canon 100D.

Whether it's your local parade, a favourite Irish landmark or simply a fun filled St. Patrick's Day family moment, take your inspiration from anywhere or anything that expresses what St. Patrick's Day means to you to be in with a chance to win.

To enter simply, post your St. Patrick's Day picture to the Canon Facebook page <https://www.facebook.com/Canon.IE> and the picture with the most comments saying 'St Patrick's Day' will win the prize. Pictures should be at least 1mb and entrants should submit their pictures no later than midnight on Sunday 23rd March.

ROS NA RÚN IS COMING TO KERRY!

Want to act alongside some of Ireland's top talents, on the set that hosted Stephen Fry and Nathan Carter? Well now's your chance; Ros na Run is coming to Kerry! Budding Irish language actors can join the team behind Ros na Rún at their open 'Acting for Camera' taster course. Taking place on Thursday 20th and Friday 21st March, the course allows budding actors to develop their acting skills and create an audition tape!

Taking place in the Dingle Skellig Hotel from 9.30am to 4.30pm, the taster course will focus on acting for the camera.

If you have the cúpla focal and a burning ambition to act and would love the chance to join the acting family of one of Ireland's most popular drama series, receiving over 200,000 viewers each week, simply email your CV with a recent photo to leiriuchain@rosnarun.com.

Entrants must be over 18 and fluent Irish is required for each role. Lunch and refreshments will be provided to all participants on the day.

ART EXHIBITION AT THE LIBRARY

Two art groups from Coolgrane Training Centre, Killarney, have come



together to create a joint exhibition to promote positive mental health and well-being. Both groups are busy putting the finishing touches to an array of art work. A positive mental health promotional DVD will be screened during the launch and various brochures and literature relating to positive mental health will be available throughout the exhibition for members of the public to take home.

The exhibition will be officially launched at Killarney Library on Thursday 20th March at 3pm and will run until 3rd April during library opening hours. Free admission. For further details contact Killarney Library at 064- 6632655 or killarney@kerrylibrary.ie

SHAVE OR DYE AT CONNIE K'S

Connie K's in Rathmore is the venue for a Shave or Dye event which will take place this Sunday evening at 6pm.

Proprietor Niall Kelleher who is a candidate in the upcoming local elections is one of the volunteers along with some of the bar staff

at Connie K's and colleagues of Niall's at Tangerine Management. The event will take place after the Rathmore St. Patrick's Day Parade which takes place a day earlier on Sunday this year.





JOHN DEERE

JOHN DEERE ROADSHOW ST.PATRICKS WEEKEND

Think! John Deere **Green** this St. Patrick's weekend. Your welcome to attend John Deere's roadshow at Ballyseedy Garden Centre

Its John Deere's Roadshow, that means you get quality John Deere products and enjoy great savings see the 2014 range of equipment and get expert advice from our sale people.

Date : Saturday 15th & Sunday 16th March 2014

Place : Ballyseedy Home & Garden Centre Tralee, Co. Kerry



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A New Year - Springing into life

It is that time of year again and Eddie Lavin Plant Hire is on the move.

Eddie is pictured this week preparing a landscaping and lawn laying job in Tiernaboul Killarney. We will revisit the transformation in a few months time.

Eddie Lavin is an all rounder when it comes to landscaping and can tackle any job from start to finish.

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Contact Eddie on 064 66 20677 / 087 981 8367



LEE STRAND NOMINATED TO REPRESENT IRELAND



PICTURED AT THE TRALEE PLANT WERE BACK ROW – LEFT TO RIGHT JAMES DALY, BRENDAN SAVAGE, MIROSLAW BARTKIEWICZ, JERZY BARTKIEWICZ, LUKASZ TOMASIK, BRENDAN KENNEDY, JOHN O'BRIEN, CHRIS O'NEIL, NICHOLAS LYONS, GARY SAVAGE, GABRIELLE O'FLAHERTY, MAURICE O'CONNOR (PRODUCTION MANAGER), MAURICE O'CONNOR (JNR), DANIEL PIERSE MIDDLE ROW LEFT TO RIGHT DAVID O'DONOGHUE, JOHN SCANNELL, DEIRDRE WARD, JACEK BARYLAK, TOM LEEN FRONT: JERRY DWYER, MILK OPERATIONS MANAGER, JOHN O'SULLIVAN, GENERAL MANAGER. PHOTO BY : DOMINICK WALSH / EYE FOCUS LTD © TRALEE PHONE MOBILE 087 / 2672033

Lee Strand Co-op in Tralee, has been nominated by the Irish National Accreditation Board (INAB) to represent Ireland at the upcoming EMAS Awards (Eco-Management & Audit Scheme)

in Germany on April 7th & 8th. The awards ceremony will be attended by companies in the EU that have excelled in 'Effective eco-innovations supporting improvements in

environmental performance'

The European EMAS Awards were established by the European Commission and are the most prestigious awards in environmental management. The EMAS Awards reward the best performance of EMAS registered organisations and have been presented to EMAS registered organisations since 2005.

"This is a fantastic achievement for Lee Strand as we will be recognised on the European stage with the best companies in Europe for achievements in environmental excellence. We have created numerous innovations in our production operations to enhance our environmental performance, which provides high quality products to our customers. As a consequence we have reduced significantly our usage of water, energy and waste materials going to landfill. The effects of global warming and climate change have been much discussed recently with the extreme weather patterns experienced. Lee Strand is leading the way in reducing its carbon footprint and protecting the environment," said John O'Sullivan, General Manager, Lee Strand.

CHAMBER HAS BIG PLANS FOR 2014

The Killarney Chamber of Tourism and Commerce held their first lunch of 2014 at Bricin Restaurant on Wednesday last.

Chamber President, Johnny Maguire addressed the gathering, outlining Chamber plans and the calendar of events for the year. With almost 40 events on the cards for 2014 - it is set to be a busy year for Chamber members.

Events planned include KWD County Clean Up, World Irish Dancing Championships, Red Bull Wings for Life Run, Rally of the Lakes, Lakes of Killarney Marathon, Bike Fest, Ring of Kerry Cycle, 4th of July Festival, Killarney Adventure Race (Elite Events) and Christmas in Killarney.

A number of conferences will also take place in Killarney throughout the year.



ENJOYING THE KILLARNEY CHAMBER LUNCH ON WEDNESDAY L:R: JANET TREACY, KARINA COURTNEY AND MARGARET O'CONNOR. PHOTO: LISA O'SHEA.

Johnny Maguire also spoke about The Purple Flag - an accreditation scheme that recognises excellence in the management of town and city centres at night.

Killarney are having their final assessment on Saturday March 22nd next when external assessors will visit the town between 5.30pm to 3.30am. Entertainment areas that achieve the standard offer a better night out to visitors.

All in all a busy year for the town of Killarney and for those who work so hard to keep it in tip top shape.

PICTURED AT THE LUNCH WHERE CATHERIONA O'CALLAGHAN, TERENCE MULCAHY AND CAROL DEMPSEY



TV3'S 'THE PARK' AIRS THIS WEEKEND

TV3 gives unprecedented insight into Killarney National Park in an epic four-part series which opens up the world of wonder that resides within Ireland's oldest National Park. The programme airs this Sunday 16th March 2014 at 8pm on TV3.

The series, which is sponsored by The Europe Hotel and Resort is narrated by Dick Warner. Filmed over a two-year period, this epic four-part series opens up the world of wonder that resides within Ireland's oldest National Park in Killarney - a living archive of some of our most precious scenery, plants and wildlife.

Episode 1 - Summer

Killarney National Park is alive with colour and life as many of the Park's species are mating or taking care of newborn young. With footage of some of Ireland's rarest and most beautiful insects that have never before been caught on camera, this series begins with the raucous beauty of summer, the busiest time of year for the park's wildlife. We also meet Paudi; the first white tailed eagle born in Ireland in over a century.





MOTHER'S DAY

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CLIMBERS BRAVE THE ELEMENTS TO RAISE MONEY FOR CHARITY



GIVING A HELPING HAND ON THE CHARITY WALK ON STRICKEEN MOUNTAIN, MCGILLYCUDDY REEKS, ON SATURDAY, IN AID OF KERRY /CORK HEALTH LINK, KERRY CANCER SUPPORT GROUP AND RECOVERY HAVEN, FROM LEFT, AVA CASEY, JOANNE MOLONEY, JOHN CASEY, RONAN MURPHY.



NEIGHBOURS AND FRIENDS IN THE BEAUFORT AND BLACK VALLEY, WHO TOOK PART IN A CHARITY WALK ON STRICKEEN MOUNTAIN, MCGILLYCUDDY REEKS, ON SATURDAY, IN AID OF KERRY /CORK HEALTH LINK, KERRY CANCER SUPPORT GROUP AND RECOVERY HAVEN, FROM LEFT, PA O'DONOGHUE, THERESA COFFEY, EMMA DENNEHY AND KATHLEEN O'DONOGHUE.



ENJOYING THE CHARITY WALK ON STRICKEEN MOUNTAIN, MCGILLYCUDDY REEKS, ON SATURDAY, IN AID OF KERRY /CORK HEALTH LINK, KERRY CANCER SUPPORT GROUP AND RECOVERY HAVEN, FROM LEFT, MAGGIE McAULIFFE, LORRAINE DOYLE, ANN MCCARTHY.



ALL WRAPPED UP FOR THE CHARITY WALK ON STRICKEEN MOUNTAIN, MCGILLYCUDDY REEKS, ON SATURDAY, IN AID OF KERRY /CORK HEALTH LINK, KERRY CANCER SUPPORT GROUP AND RECOVERY HAVEN, FROM LEFT, TARA RUSSELL-KISSANE, PAULINE RUSSELL AND ALMA RUSSELL-KISSANE.



NEIGHBOURS AND FRIENDS IN THE BEAUFORT AND BLACK VALLEY, WHO TOOK PART IN A CHARITY WALK ON STRICKEEN MOUNTAIN, MCGILLYCUDDY REEKS, ON SATURDAY, IN AID OF KERRY /CORK HEALTH LINK, KERRY CANCER SUPPORT GROUP AND RECOVERY HAVEN, FROM LEFT, SIMON, KEVIN AND MARY COFFEY.



ENJOYING THE CHARITY WALK ON STRICKEEN MOUNTAIN, MCGILLYCUDDY REEKS, ON SATURDAY, IN AID OF KERRY /CORK HEALTH LINK, KERRY CANCER SUPPORT GROUP AND RECOVERY HAVEN, WERE, NOEL O'SULLIVAN AND LOUISE QUIRKE.

Climbers spent last Saturday scaling the heights of Strickeen Mountain in the Gap of Dunloe in an effort to raise funds for the Kerry Cork Health Link Bus.

Following the climb, supporters of the charity were invited to Kate Kearney's Cottage where a night mo Craic agus Ceol along with finger food and a raffle were on the cards.

Pictures by: Valerie O'Sullivan

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AT THE MARKET CROSS ON SATURDAY WERE L-R JOHNNY MCGUIRE AND JOHN LENIHAN (SOUTH KERRY JUVENILE HURLING BOARD) & NIAL KEOGH (HURLING COACH) RAISING FUNDS FOR THE SOUTH KERRY HURLING BOARD. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



TAKING PART IN THE SEACHTAIN NA GAEILGE TREASURE HUNT THROUGHOUT THE TOWN ON SATURDAY MORNING WERE L-R LAURA HEALY, JACK LANNON, RYAN HEALY, JENNY HEALY & MAYA FLEMING. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



BISHOP RAY BROWN, WITH JACK CORRIDAN AND GOSIA SZWAB, THE FIRST TWO PUPILS TO BE CONFIRMED BY BISHOP RAY IN ST MARY'S CATHEDRAL, KILLARNEY. PHOTO: VALERIE O'SULLIVAN.



HANAH MCCARTHY KNOCKDURATH HEADFORD WHO GRADUATED FROM UCC WITH MSC (ECOLOGICAL ASSESSMENT).



MILLTOWN YOUTH CLUB MEMBERS TAKING PART IN THE KDYS COUNTY FINALS OF THE YOUTH FACTOR TALENT COMPETITION AT CBS TRALEE ON RECENTLY, PICTURED WITH KEY LEADER CHRISTINA MURPHY.

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DAFFODILS BLOOM AT ANNUAL COFFEE MORNING



*Pictures by
Marie Carroll-O'Sullivan.*

A GREAT TURNOUT ENSURED THAT LAST FRIDAY'S COFFEE MORNING IN AID OF THE IRISH CANCER SOCIETY WAS A HUGE SUCCESS. ORGANISERS WERE THRILLED WITH THE SUPPORT THEY GOT FROM THE KILLARNEY PEOPLE WHO SUPPORT THE CAUSE EVERY YEAR.

AT THE KILLARNEY TOWERS HOTEL, TD MICHAEL HEALY RAE (CENTRE) WHO SPOKE AT THE IRISH CANCER SOCIETY COFFEE MORNING. L-R KATHLEEN O'SHEA, TIMMY MORIARTY, KATHRINA BREEN, BETTY O'SULLIVAN, MICHAEL HEALY RAE, EUGENE O'SULLIVAN, MAUREEN FOGARTY & PAUDI O'CALLAGHAN.



ENJOYING THE IRISH CANCER SOCIETY DAFFODIL COFFEE MORNING AT THE TOWERS HOTEL WERE L-R JANET O'SULLIVAN, DARRAGH MCCARTHY, BERNIECE MCCARTHY & CATRIONA FLEMING.



ENJOYING THE IRISH CANCER SOCIETY DAFFODIL COFFEE MORNING AT THE TOWERS HOTEL WERE L-R MARIE CARROLL AND EILEEN CARROLL.



ENJOYING THE IRISH CANCER SOCIETY DAFFODIL COFFEE MORNING AT THE TOWERS HOTEL WERE L-R KATHLEEN O'SHEA, KATHRINA BREEN, GILES CASEY (HOTEL GENERAL MANAGER), AISLING CROSBIE (EDITOR OF THE KILLARNEY OUTLOOK) & EUGENE O'SULLIVAN, CHAIRPERSON.



ENJOYING THE IRISH CANCER SOCIETY DAFFODIL COFFEE MORNING AT THE TOWERS HOTEL WERE L-R SR. COLM SHEILS & PAULINE FLEMING.



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TIERNABOUL NATIONAL SCHOOL WELCOMES HOME THE ALL IRELAND SCOR NA NOG CHAMPIONS

Tiernaboul National School gave a heroes welcome to their three All Ireland Scor na nOg champions. Conor Gleeson principal Tiernaboul N.S. congratulated his students both present and past fresh from their victory in Castlebar, Co Mayo. Current students Erin Holland, Liam Spillane and Gary O'Sullivan were cheered by their classmates and incidentally are all first cousins (Spillanes Kilbreen). Conor also mentioned the past students Kianan O'Doherty, Eoin O'Donoghue and Michael Aherne, the rest of the history making team of Aine Brosnan, Katie Cronin and Anna O'Connor. Special mention to Triona and Mairead Mangan (mentors) and Sheila McCarthy (Scor Officer) and the dance troop even use the school as a practice venue if needed. This is the first time Spa Gaa Club has won this title and were welcomed home in style by their clubmates with bonfires and a homecoming celebration.



THE THREE WINNERS PICTURED WITH FELLOW STUDENTS AT TIERNABOUL NS LIAM SPILLANE, ERIN HOLLAND AND GARY O'SULLIVAN.

ST. BRENDAN'S SECOND YEARS TOUR GERMANY

BY: PAUL MORIARTY

On Friday February 14th 35 students and 4 teachers – Ms. Susan Follin, Mrs. Lou O Flaherty, Mr. Mike Leahy and Mr. John O'Shea flew out from Kerry Airport to Frankfurt Hahn. The tour was very educational and we visited Cologne cathedral, Bayer Leverkusen stadium, Marksburg Castle and the Nurbürgring. The most interesting thing for most of the students was the visit to the stadium, where we got a tour of all the facilities. As well as being a great learning experience, it was also brilliant fun for everyone.



PIZZA TIME FOR FAHA NS FIRST CLASS



FIRST CLASS PUPILS FROM FAHA NATIONAL SCHOOL, ALONG WITH THEIR TEACHER KATHLEEN McAULIFFE AND HER ASSISTANT NUALA ALLMAN ENJOYED A MORNING MAKING PIZZAS IN MILANO'S IN KILLARNEY.

KDYS KILLARNEY LOOKS TO GET CODING

The KDYS is looking for volunteers who will aid in the running of a coder Dojo geared towards young people aged between 12-18. The charity dedicated to supporting young people aged 12-18 already operates a coder dojo in its Tralee youth centre is now looking to set up a Coder Dojo in its Killarney youth centre hopefully getting under way by the summer. Killarney got its first coder Dojo last year when Niall Kelliher and his team at Tangerine Management set up in the Gleneagle Hotel. Demand has been phenomenal at the dojo with a huge amount of interest coming from parents and young people alike. Tim O'Donoghue of the KDYS said: The KDYS is always looking at new ways to support young people between the ages of 12-18, when Niall and Linda met us looking to help get a dojo for 12-18 years up and running due to the success of the existing dojo it was perfect timing as we had already started looking at setting one up with the help of Eoin O'Carroll founder of Oncoassist. The proposal is to have a dojo running on Saturdays in the afternoon is ideal as it will be should be running at the same time as our Youth Café. The proposed venue for the Coder Dojo will be in the KDYS youth centre in Fair hill. In order to set up a Coder Dojo volunteer mentors are needed to help run the Dojo. Mentors do not necessarily need to have computer skills just a commitment to young people and a willingness to give their time.

If you are interested in mentoring with the KDYS Coder Dojo. Please call reception at the KDYS youth centre in Killarney on 064 66 31748 or email kreception@kdys.ie

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GREAT TURNOUT FOR 5K WALK, RUN OR PUSH



AT REGISTRATION FOR THE 5K SPINA BIFIDA WALK AT ST. MARY OF THE ANGELS WERE FIRIES BEAVERS.

*Pictures by
Marie Carroll-O'Sullivan.*

THE KERRY BRANCH OF SPINA BIFIDA HYDROCEPHALUS ASSOCIATION WERE DELIGHTED WITH THE GREAT TURNOUT FOR THE 5K WALK, RUN OR PUSH ON SATURDAY LAST AT KILLARNEY NATIONAL PARK.

LOTS OF CLUBS TURNED OUT IN THEIR CLUB COLOURS FOR THE FUNDRAISER. MONIES RAISED ON THE DAY WILL PROVIDE AND CONTRIBUTE TOWARDS THE COST OF HALLIWICK SWIMMING WHICH HAS BEEN OF GREAT BENEFIT TO THEIR MEMBERS. THE GROUP PROVIDE ADVICE, GUIDANCE SERVICES, MEDICAL AND SOCIAL NEEDS FOR ALL OF THEIR MEMBERS.



AT REGISTRATION FOR THE 5K SPINA BIFIDA WALK AT ST. MARY OF THE ANGELS WERE DON O'DONOGHUE (BACK), MARY HOULIHAN (LEFT) & DEBORAH DUGGAN (RIGHT) WITH CLODAGH HOULIHAN (FRONT LEFT) AND JACK HOULIHAN (FRONT RIGHT).



AT REGISTRATION FOR THE 5K SPINA BIFIDA WALK AT ST. MARY OF THE ANGELS WERE A LARGE GROUP OF NURSES FROM TRALEE L-R JOANNE FINNEGAN, BRIDGET FOLEY, JOANNE FOLEY, JAMES LEEN, JANE FITZPATRICK, COLETTE BRESLIN & MOYA DONOVAN.



AT REGISTRATION FOR THE 5K SPINA BIFIDA WALK AT ST. MARY OF THE ANGELS WERE L-R MARY PEMBROKE, CECILIA O'CONNOR UCHTYL, GRAINNE FITZGERALD, MICHAEL PEMBROKE, ELAINE PEMBROKE O'SULLIVAN, NOEL PEMBROKE AND IN FRONT CONOR O'SULLIVAN.



AT REGISTRATION FOR THE 5K SPINA BIFIDA WALK AT ST. MARY OF THE ANGELS WERE L-R MARY O'RIORDAN, SHEILA BROSINAN, MARILYN CARROLL, EILEEN SPILLANE.

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KERRY BLITZ STUNS TYRONE INTO SUBMISSION

KERRY 3-15 TYRONE 0-9

After three consecutive defeats, Kerry finally gained a much-needed and morale-boosting victory when they produced a stunning second half performance to see off a shell-shocked Tyrone at Killarney's Fitzgerald Stadium last Sunday.

In dull, dreary and damp conditions, and before a crowd of 5,549, the first-half was a totally different affair to the second, as Tyrone matched Kerry for long stages and indeed, caused some anxious moments for the home supporters with one or two incisions deep into the Kingdom defence.

Eamonn Fitzmaurice's side upped the ante in a major way on the restart, and with some precision moves, sterling work at midfield from Man of the Match David Moran and solid defending from Paul Murphy, Mark Griffin, Peter Crowley, Fionn Fitzgerald, Marc O'Se and sub Pa Kilkenny who replaced Shane Enright late in the first half, the Kingdom recorded their biggest ever win over Tyrone, in 19 league outings, outscoring the Northerners 3-7 to 0-1 in that storming second-half period.

This was definitely the James O'Donoghue show. The Killarney Legion man had an outstanding game, and finished with a personal haul of 3-3, bringing his haul in Kerry's four games in the league to date this season to 4-10. Of the substitutes Kerry used, it was great to see Darran O'Sullivan back at his brilliant best, while O'Sullivan's Glenbeigh/Glencar clubmate Pa Kilkenny acquitted himself very well.

Paul Geaney, who personally had a very difficult week following the untimely death of his mother Chistine, and Kieran O'Leary were impressive, while Johnny Buckley, who was introduced late in the game, upped his game considerably.

Tyrone were more than a match for their rivals in that opening half and driven on by defender Peter Harte who asked plenty of questions of Donnchadh Walsh, and the long-range place kicking of goalkeeper Niall Morgan, Tyrone retired at the interval on level terms, and must have been quietly confident of recording another win on Kerry soil.

Veteran manager Mickey Harte afterwards admitted that this was their worst ever league performance. Bryan Sheehan, who made a welcome return from injury, made a major contribution, amassing five points which proved crucial to Kerry's cause as the sides retired on level terms at the break, 0-8 apiece.

Kerry themselves created two goal chances in that first-half, firstly when Tyrone keeper Niall Morgan got down to deny Peter Crowley in the opening minutes after hat-trick hero James O'Donoghue's quick vision set him up with the chance.

Then in the fifth minute Morgan was again called into action this time to deny O'Donoghue. Kerry Manager Eamonn Fitzmaurice continued



KERRY CAPTAIN FIONN FITZGERALD WITH TYRONE CAPTAIN SEAN CAVANAGH AND REFEREE RORY HICKEY PICTURED BEFORE THE THROW IN LAST SUNDAY. PICTURE BY DON MACMONAGLE



JAMES O'DONOGHUE, KERRY, BREAKS AWAY FROM BARRY TIERNEY, TYRONE, IN THE NFL DIVISION ONE CLASH AT FITZGERALD STADIUM, KILLARNEY, ON SUNDAY. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY)

his policy of rotating the goalkeepers on this occasion starting Legion's Brian Kelly.

Kelly had a very steady outing, and kept a clean sheet, producing one fine save from Tyrone's Paddy McNiece.

A high ball from Ronan O'Neill came back off an upright and McNiece won the race for possession to be denied by Kelly with a dangerous slapping save.

Tyrone's starting line-up featured numerous positional switches, with just two players holding their starting positions.

The swarming game that one normally associates with Tyrone was non-existent on this occasion and another surprising fact to emerge from the game was that there was no card of any description brandished by Clare referee Rory Hickey.

Tyrone's Sean Cavanagh boxed clever in the opening half as he waited to pounce on the breaking ball, but the Tyrone star faded in the second half.

KERRY: Brian Kelly (Killarney Legion); Paul Murphy (Rathmore), Mark Griffin (St Michael's/Foilmore), Shane Enright (Tarbert); Peter Crowley (Laune Rangers), Fionn Fitzgerald (Dr Crokes, Capt), Marc O'Se (An Ghaeltacht); Anthony Maher (Duagh, 0-1), David Moran (Kerins O'Rahilly's); Daithi Casey (Dr Crokes), Bryan Sheehan (St Mary's Caherciveen 0-8 7 frees), Donnchadh Walsh (Cromane); Barry John Keane (Kerins O'Rahilly's 0-1), Stephen O'Brien (Kenmare), James O'Donoghue (Killarney Legion 3-3, 0-2 frees).



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ROAD WORKS PROGRAMME 2014

The following is the Road Works Programme 2014, agreed by Councillors of Killarney Electoral Area.

Cllr. M. Gleeson, Cllr. B. O Connell, Cllr. J. Culloty, Cllr. S. Counihan, Cllr. B. Cronin, Cllr. J. Sheahan & Cllr. D. Healy Rae.

Killarney Electoral Area 2014

L-6530 Kilbannivane Cross to Crag East €23,625

L-6533 Kilmurry Cross to Ballahantouragh Cross €16,200

R-876 McSweeney's Corner €31,500

L-2019 Ballyhar P.O. to

Ballybrack X €43,530
L-3011 Lissyvigeen to Coolcashlagh €37,800
L-3011 Knocknahoe €9,000
L-3015 Gortahoonig to Coolies €31,500
L-3002 Gortshanavogh to Killeentierna €39,600
L-7019 Leamyglissane to Barna €37,125
L-7030 Gullane East to West €30,375
L-7052 Kilquane to Lisnagrove €26,325
TOTAL: €326,580

Killarney Electoral Area 2014

L-3019 Knocknahoe X to Spa

€157,500
L-3002 Killeentierna to Dicksgrove €173,250
L-3015 Gortahoonig to Dromickbane €127,050
L-2032 Shinnagh X to Cloonts X €108,000
R-577 Knockrower West to Knockeenahone €280,000
L-3002 Dicksgrove X to Farranfore X €184,408
R-569 Loo Bridge to Crohane €205,800
L-4041 Black Valley €96,525
R-569 Crohane to Rossacroonalloo
Total: €289,328

CONSTRUCTION INITIATIVE WELCOMED

68m local authority home building initiative
Fine Gael Cllr John Sheahan has welcomed the announcement of a €1,079,768 investment in the construction of local authority housing in Kerry. Cllr Sheahan was speaking after yesterday's announcement of a €68 million Local Authority Construction Initiative by Minister for Housing and Planning, Jan O'Sullivan TD. "The €68 million local authority construction initiative will see some 449 new homes built across the country over the next two years. This is just one of a number of Government-

backed initiatives to provide high quality homes for families launching in 2014, including:

- A €15 million fund to bring back into use vacant local authority houses
- A €35 million investment over 2014 and 2015 for housing for people with a disability, people without a home and the elderly
- A €30 million investment in 2014 to improve the energy efficiency of local authority housing
- A €10 million fund to kick start resolution on the remaining unfinished housing



developments
"I am pleased that Kerry will see the benefit of this latest initiative, which should go a long way towards reducing social housing waiting lists and will also create local jobs", Cllr John Sheahan said.

KERRY MORTGAGE HOLDERS HAVE BEEN ABANDONED BY THE GOVERNMENT - NIAL KELLEHER

Fianna Fáil local election candidate for the Killarney Electoral Area has expressed his dismay at the inaction of the government to protect some mortgage holders, including a significant number in Kerry. Families and homeowners, who in good faith, took out a mortgage with the then Irish Nationwide Building Society, have seen their loans move to the IBRC. Now the government, which owns IBRC, is abandoning them to overseas vulture funds. Last week Fianna Fáil proposed very straightforward

legislation on the matter, which would address the problems caused by the wind-up of IBRC.

"Families, including my own, who have an IBRC mortgage, have been potentially left out to dry on this" said Niall Kelleher. "It makes no sense for the government to refuse to support this legislation. Action is needed immediately, not in 6 months time, when families are informed that their mortgages have been sold to vultures. I've met with some families who are extremely concerned and

extremely anxious about what could happen. The Fianna Fáil finance spokesperson Michael McGrath, has described this as leaving the mortgage holders extremely vulnerable and having to rely on the kindness of strangers." Niall Kelleher concluded, "If there was a political will to do this, the government would find a way to protect the IBRC mortgage holders. In the coming weeks, we will see the completion of the sale of the IBRC mortgage book and IBRC mortgage holders will be left high and dry."

KERRY COUNTY COUNCIL NOTICE OF MOTION

At the March 2014 monthly meeting of Kerry County Council, Councillor Michael Gleeson proposed the following Notice of Motion:

"In view of the invaluable work that Sporting Clubs and Community Centres perform for the enhancement and stability of community, that this Council calls on Uisce Éireann (Irish Water) to refrain from imposing either a standing charge or a usage charge on the Directors/ Management of those vital social assets".

Councillor Gleeson stated that Sporting Clubs and Community Centres and schools are the very heart of each locality. Many such areas are struggling for survival because of the emigration of the youth.

Councillor Gleeson further stated that the imposition of additional charges, such as for water, could well be the death knell for these vital important facilities.

The Motion was unanimously agreed and it will be forwarded to Uisce Éireann (Irish Water) for consideration.

CHILD MINDERS

The news that grandparents are obliged to fill in a 26 page tax return form as child minders even if they receive no income is a ridiculous situation according to Cllr Tom Doherty

The present government is completely out of touch with the struggles of everyday life. The ludicrous decision of revenue to clamp down on grandparents minding their grandchildren is administration at its worst. Tying senior citizen down with red tape is a worry our elderly can do without. Daily on my canvass I come across many grandparents minding their grandchildren in a dutiful and caring fashion. These grand parents have collected a wealth of experience down through the years. While it can be hard work at times this labour of love is reflected in the smiles of the young children. I call on the government to reverse this decision and stop putting undue pressure on three generation of a family.

ELVERYS JOB PROTECTION

Cllr. Tom Doherty has called on NAMA to seriously consider the protection of local jobs when considering bids for the sale of Elverys. It seems to me that the best option is a takeover bid from management. The advantage to this preference is that there would be a smooth transition in the takeover process and all expertise would remain in place. The management buyout team have also given assurances to protect all jobs.

Elverys is a national brand name and is a strong viable business. The loss of any jobs would be a huge blow to Killarney where the store employs eleven staff which increases during the summer months. It's vital that the management bid is given serious consideration by NAMA who should not ignore the value of employment protection in any takeover negotiations.



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Ár mBuíochas

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CLLR. TOM DOHERTY

22 ST. ANNE'S ROAD, KILLARNEY
 Tel: 087 2942260
 Email: tomkillarney@yahoo.ie

Lá Le Padraig faoi mhaise daoibh go léir



BEAUFORT NEWS

By David Doyle

BIDDY BALL: Kilgobnet N.S. will hold a Biddy Ball in The Manor Inn, Killorglin on Saturday 15th March at 9pm. Music is by The Two Mikes. Finger Food will be served and a Raffle will also be held on the night. Admission only €5. Proceeds to Kilgobnet N.S. Everybody welcome.

COMMUNITY GAMES: Best of luck to our 3 Draughts Teams who will represent their parish this Sunday in the County Draughts Finals in Listowel. U10 Team - Rory McDonnell, Joshua Coffey, Donncha Coffey, Sinead Barrett, Grainne Kennedy, Eanna Coffey & Alicia Coffey. U12 Team - Darragh Crehan, Niall Carey, Kieran Dennehy, Roisin Kennedy & Emma O'Sullivan. U14 Team - Patrick Crehan, Darragh Dennehy,

Niall Ireland, Orla Murphy & Aoife Murphy. Happy Birthday to Aoife & Orla who will celebrate their 13th birthday that Sunday!

BEAUFORT TIDY TOWNS: Weekly cleanups every Saturday meeting at 10am at the Community Hall. There are 11 weeks to the expected visit by the National Tidy Towns judges and there is a mountain of work to be done. We are appealing to the community of Beaufort to come out and help us prepare for this competition and more importantly to improve our village.

AUDIO DOCUMENTARY: We would like to thank our local girl Jennifer Kissane who compiled a lovely audio documentary on



AT BEAUFORT GOLF CLUB TAKING PART IN A TABLE QUIZ TO RAISE FUNDING FOR THE JUNIOR GOLFERS WERE L-R KEVIN O'SULLIVAN, AILISH MORIARTY & ROBIN SUTER
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Beaufort Tidy Towns. Listen to it on our facebook page or on www.Beaufort.ie

FOSSA NOTES

By Gene Moriarty

FOSSA LOTTO 09/03/2014: Numbers Drawn: 14, 15, 25, and 26. Jackpot: €3,000

No Jackpot Winner: Consolation Prizes 5 x €40: Noeleen Mackessy, Two Mile School; D J Fleming, St Brendan's Terrace; Bernie Cronin, Knoppoge; Mary O'Shea, 5 O'Kelly's Villas Killarney; Mike, Derry, and Geary. New Jackpot: €3,150. Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, McCarthy's Centra Shop, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night March 16th 2014 at the Golden Nugget Fossa at 11p.m.

SENIORS: Fossa seniors went under to Listry, on a scoreline of 0-11 to 0-06, in the final of Division 2 of the East Kerry Super League at Listry on Sunday morning last. A bright opening half saw Fossa matching their neighbours for possession but the men in green and white were more enterprising in front of goal. The Fossa defence played well and broke up many dangerous movements, while Colin Myers held his goal intact throughout the hour. At half time Listry held a single point lead 0-05 to 0-04. The second half saw Fossa limited to two points as they failed to convert their opportunities, with much over elaboration in front of goal. County league begins in two weeks time, so still much work to be done before that.

FIXTURES: Saturday March 15th County Minor Football League Na Gaeil v Fossa at Na Gaeil throw in at 4:00pm.

County Scor Sinsear finals at Fossa Community Centre at 6:00pm

Sunday March 16th County Senior Ladies Football League Round 1 Fossa v Beale at Fossa throw in time to be confirmed.

Monday March 17th East Kerry Under 16 Fossa v Keel/Listry at Listry throw in at 12:00 noon.

MEMBERSHIP: Membership now due. Family membership has been reduced to €60.00 for 2014, adult remains at €30.00, while youth/student has been increased to €15.00. All players have to be registered before they play or train. All members for 2014 must have their membership paid by Monday March 31st.

REGISTRATION MORNING: This Sunday 16th March sees the launch of the Coaching Academy for 2014. The coaching programme for 4-10 year olds will continue every Sunday over the Spring and Summer months. We will also be using this Sunday as a Club wide Registration Morning and an opportunity for all members to come along and pay their membership for 2014. We would particularly encourage all of our under-age players from Under 12 to Minor to come along and pay.

12 Noon to 1:00pm – Sunday 16th March.

COISTE NA NOG: Our juvenile season gets underway on St Patrick's Day when our under 16 team play Keel/Listry at Listry in the East Kerry league. All support welcome. Throw in at 12:00 noon.

LADIES FOOTBALL: For the 1st time since 1979, a Fossa Senior Ladies team took to the field on Sunday last March 9th 2014. With 19 players toggled out, Fossa put in a great performance against a strong and experienced Spa team. After Sunday's performance and tough training sessions under James and Seannie, hopes are high as we start our Co League campaign next Sunday at home to Beale, time tbc. Well done to all.

SOCIAL ACTIVITIES: Running group continues on Monday and Wednesday nights at 8:30pm until further notice. A programme will be available for beginners.

SYMPATHY: Sympathy is extended to Vincent Murphy and family of Fossa on the death of his sister Eileen O'Mahony of Annadale Rd Killorglin. May she rest in peace.

SCÓR: The Kerry county finals of Scor Sinsear take place in Fossa Community Centre on this Saturday evening March 15th commencing at 6pm. We will be represented by our Instrumental Music group: Tadgh Buckley, Ronnie Moore, William O'Sullivan, Amy Moriarty, and Mike Kelliher. Please come along and support Fossa on Saturday evening.

ASTROTURF ALL WEATHER PITCH: All weather pitch at Fossa National School. Opening hrs, Monday/Friday 4pm/10pm,

Saturday/Sunday 10am/10pm. All types of sport is played on this floodlit pitch. Now taking bookings for birthday parties. Contact Ger O'Connor

083 4228977 or email

fossaweatherpitch@gmail.com

FOSSA COMMUNITY ALERT: Fossa Community Alert "Text Alert" in now up and running very successfully. If anybody who has not already signed up and would like to do so, just contact any member of the committee.

ATHLETICS: Gneeveguilla AC will hold Athletics training at the Old Fossa Sportsfield on the first Saturday of every month. The next session takes place on Saturday April 5th at 2pm. All girls and boys born in the year 2005 or any year before that, are very welcome to come along and take part.

FOSSA/TWO MILE COMHALTAS: Don't forget our Ceili which will be held in Fossa Community Centre on Sunday next the 16th March from 3pm - 6pm. Music by the Neily O'Connor Band.

FOSSA YOUTH CLUB: Volunteers needed. Are you interested in volunteering with a youth club in Fossa? Once the interest in Fossa is ascertained a KDYS Youth Worker will then work with local Volunteers starting with a short induction training and supporting them in developing the Youth Club into a functional status. It is envisaged that the Youth Club would then commence in September 2014

For further information, please contact Geraldine O'Halloran, KDYS Youth worker on 087 0517695.

KILLARNEY LIBRARY: An exhibition featuring artwork and photographs from participants of the Coolgrane Training Centre will be launched in Killarney Library on Thursday 20th March at 3pm and will run until 3rd April during Library opening hours. Free admission. All welcome.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at beniska@utvinternet.com Please forward information on or before Sunday at 10:30am.



**Cllr
Brendan Cronin**
Independent

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**Cllr. CATHAL
WALSHE**

**Fine Gael Candidate
Local Elections 2014**

I have recently been selected to stand for Fine Gael in the local elections 2014 for Killarney District. I have been involved in the community at many levels over the years. I look forward to meeting you on the canvass. If there is any issue you would like me to raise or if I can be of any assistance, don't hesitate to contact me. A strong voice for Killarney District.



FINE GAEL

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**Killarney Municipal District
VOTE NUMBER 1
Counihan Sean**

I am a sitting County Councillor and Killarney Town Councillor. I have served as Chairman and Mayor of Killarney Town Council and have chaired the Town's Industrial, Honours and Twinning committees.



With 15 years experience in local politics and a lifetime of involvement in community, sporting and voluntary organisations I am a dedicated and tenacious public representative.

Now more than ever, the Killarney, East Kerry and Castleisland Electoral Area needs a committed advocate for local people and the services and facilities they need and deserve. I am a tireless campaigner for fairness and equality and I am a committed voice for hard working families, those on the margins, and a strong advocate for local services and facilities.

Labour

**VOTE NUMBER 1
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AN ACTIVE COUNCILLOR

**VOTE NO. 1
ANNE MCELLISTRIM M.C.C.**

FOR CASTLEISLAND / KILLARNEY ELECTORAL AREA



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Anne McEllistrim a new and young councillor for your area with ten years experience as a member of Kerry Council and having previously represented parts of this new electoral area.

Educated at Maynooth University with a degree B.A. Arts, Higher Diploma in Education. Fourth generation of McEllistrim in politics, granddaughter of Tommy Mac commander of republican forces who fought at Headford Junction and at Ballybrack, two incidents of note in the fight for Irish Freedom. Anne has served at local level on the following committees, Chair of Kerry County Joint Policing Committee, Kerry County Enterprise Board, Roads and Transportation Strategic Policy K.C.C., Kerry County Rural Water, Kerry Education and Training Board, Kerry Airport PLC Board, Governing Body I.T.T.

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SPA NEWS

COISTE NA NOG: UNDERAGE TRAINING TIMES. Friday: U-10 boys 6-7pm, U-12 boys 7-8pm, U-12 girls 8-9pm.

Saturday: U6, U8 & U-10 girls 10.30-11.30am, U-6 & U-8 boys 3.15-4.15pm.

Sunday: U-16 boys 9am, U-14 boys 7.30-8.30pm. Please note time changes of Friday night training and the later time of u6/u8 training on Saturday. Queries Chairperson Coiste na nOg John O'Donoghue 087 9403517

REGISTRATION: Anyone player who has not registered for the 2014 must do so immediately or will not be allowed to play. The coaches have registration forms u10s €20. U12-u16 €30, Minors €50 and adult players €60 (men and women).

LADIES FOOTBALL: All players up to and including minor MUST wear a mouthguard in ladies football. This is a new rule and anyone found not wearing one will not be covered by injury fund or allowed to play. Everyone must be registered before they play. Anne will be in the clubhouse this Thursday night 7-8 to collect ladies registrations. Senior ladies are in Division 3 for 2014 season. Kicks off this Sunday against Kilcummin.

TEAMS IN DIVISION 3: Dr. Crokes, Milltown/Listry, Currow, Southern Gaels B, Kilcummin and Dromid.

UPCOMING FIXTURES: U16 East Kerry Division 3: March 15th Spa v Kilgarvan/Tousist at 4pm; March 22nd Fossa v Spa at 4pm; March 31st Dr. Crokes B v Spa at 6pm; April 7th Spa v Listry/Keel at 6pm; April 14th Cordal/Scartaglin v Spa at 6pm

LADIES: SENIORS V. KILCUMMIN at 12 NOON IN SPA SUN MARCH 16TH

Minor Co. League Spa v Dr Crokes postponed until Saturday March 22nd

SENIOR EAST KERRY LEAGUE:

SPA 1 14 CORDAL 0 08

Tricky conditions in Spa last Sunday led to a tough encounter between both sides. Early scores from Micheal O'Donoghue and Ryan O'Carroll saw the Killarney team getting off to a good start. However it wasn't long before

Eamon John O'Donoghue slotted the ball over the bar to kick start the Cordal revival. Spa notched up a number of good scores from the boots of Andrew Garnett and Cormac Cronin. Cordal's Philip O'Connor responded with three well taken points. Andrew Garnett, Micheal Stam and Cormac Cronin extended the Spa led again to leave the score 0:09 to 0:04 to the home side at half time.

Cordal were not going to lie down and they began the second half in flying form. Two lovely points by their midfielder Donal McCarthy and another by the impressive Philip O'Connor reduced the deficit to just two points. This seemed to act as a wake up call to the Spa men who increased their work rate. Their hard work was rewarded as they clocked up five more points with great scores from the energetic wing back Eoin Cronin, Mike Stam and Andrew Garnett. O'Connor popped up for yet another score for Cordal, before John Falvey of Spa finished beautifully to the net with just seconds remaining. The home side must be pleased with back to back wins. Best wishes to Hugh O'Donoghue who picked up an injury during the game.

MINOR CO. LEAGUE: SPA 1-8 RAHILLYS 3-7

Despite missing a number of players, the minor team did well against Rahillys in Caherslee last Saturday. Rahillys had the better start, netting 2 early goals and leading 2-4 to 0-3 at the break. Spa played well in the second half and brought it to just a point with 10 minutes remaining, but the opposition pulled away at the end to finish 3-7 to 1-8. We wish a speedy recovery to Evan Cronin.

SCÓR SINSEAR: Best of luck to our Senior Scór competitors who take part in the Kerry Co. Final in Fossa on 15th March. Trath na gCeist commences at 4.00pm with the main Scór programme at 6.00pm.

Solo Singing: Aidan Moynihan,

Recitation: Ray O'Sullivan,

Leiriú: Ray O'Sullivan, Cathy O'Sullivan, Ann Marie Nelligan, Conor Kerins and Brian Mangan.

SCÓR NA BPAISTÍ: East Kerry final in Fossa

on Saturday 22nd March. Tráth na gCeist at 12 noon with the main programme at 1.30pm.

ST. PATRICKS DAY PARADE: This year we will be entering a float and asking everyone to march this year.

LOTTO RESULTS: No winner. Numbers 20 8 12 16. Annual draw Timothy & Hannah O'Neil, Lissivigeen. Lucky dips Anne Kelleher Tiernaboul, Dan Morris Spa, Sinead Collins, Village Inn, Teeny Dempsey, Knocknaskeha.

CLOTHES COLLECTION: Time to clear all unwanted (any condition) but clean clothes, shoes, bags, soft toys and books (no school text books). Can be dropped off to spa in reception or contact Anne 085 7780883.

TIERNABOUL NATIONAL SCHOOL: School is collecting mobile phones to raise funds for Down Syndrome Ireland. All phone donations will be greatly appreciated. Please ensure SIM has been removed. Drop off to school or to the clubhouse. Contact Conor Gleeson 087 2565142

COMMUNITY TRANSPORT: Kerry Community Transport Ltd continues to service the following routes Wednesday Gneeveguilla to Killarney via Spa, Thursday Coolcaslagh, Lissivigeen via Ballaugh Crosstown and Loughquittane to Killarney. Friday Headford, via Raheen, Tiernaboul to Killarney Fare €5. Travel Pass accepted. To book a seat Dial 1890--528--528 on previous day, John Kelly 086-3941769

SYMPATHY: is extended to Paud Murphy & family Clasheens on the recent death of their sister. May She Rest In Peace.

KEEP UP TO DATE: To keep up to date with our news, events and fixtures, be sure to check out our Facebook Page, twitter @gaa_spa or contact the Secretary on 087 6332773 or Coiste na nÓg Secretary on 087 1385612. Contact pro.spa.kerry@gaa.ie if you want items to be included into

SPORTS HALL AND MEETING ROOMS: Are available for hire. For availability and bookings contact Eileen on 087 6577312 after 6pm.



PUPILS FROM TIERNABOUL NS, SPA WITH BISHOP RAY BROWNE AND THEIR PRINCIPAL CONOR GLEESON, FR. KIERAN O'BRIEN, FR NIALL HOWARD AND MS MURPHY AT THEIR CONFIRMATION IN THE CHURCH OF THE RESURRECTION, KILLARNEY ON FRIDAY. FRONT L-R ADAM KELLY AND EMMA CRONIN. MIDDLE L-R: GARY O'SULLIVAN, ORLAITH SPILLANE, MEGHANN CRONIN, ESEL ACUN. BACK L-R: LIAM SPILLANE, MICHEAL KEARNEY, DARRAGH O'LEARY. PHOTO: DES O'CONNOR.




CONFIRMATION DAY: AT THE CHURCH OF THE RESURRECTION, PICTURED L:R: MARIE, CHRISTINE, MICHAEL, CONOR AND MIKE KEARNEY.

PHOTO: DES O'CONNOR.

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**Which famous UK composer wrote
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Answer: _____

Name: _____

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Closing date Monday 24th March at 12 noon.

RATHMORE /GNEEVEGUILLA NEWS

By Michael O'Mahony

COPIES OF THE RECENT PANTO DVDS ON SALE -"ROBINSON CRUSOE": A DVD of the recent panto which was staged in Rathmore is now available to buy. This two and a half hour presentation showcases the very best of local talent and is ideal as a gift or simply to enjoy. The double disk DVD is beautifully packaged and is available from Michael O'Mahony by phoning 087 6676817 at a cost of €12.00. DVDs of previous pantomimes are also available on request.

RATHMORE ST. PATRICK DAY PARADE: Will be held this Sunday 16th March 2014 at 2.00p.m. Led by this year's Grand Marshall; former Kerry footballer Declan O' Keffe, there will be live music. All floats are welcome. No street traders please. Further information contact: 087 6676817.

SHRONE NATIONAL SCHOOL: A RUN WALK & ROLL will take place from Shrone N.S. in aid of Daffodil Day. The walk will be begin at Shrone N.S. at 2pm. We will walk to the City & finish at the school. All are invited to take part.

BINGO BINGO BINGO: It's back again!!! Where? Raheen National School! When? Saturday 29th March. Time: 8pm Jackpot in play!!! Admission, adults €10, children €5. Tea, sweet cake and a chat at the interval. !!!.

RING FOUND: In O' Keffe Funeral Home Rathmore on Thursday 27th February last.

Contact 087 6676817.

CONGRATULATIONS: To Maura O'Keeffe who participated in the South West Regional Gymnastics finals in Ennis on Sunday March 2nd. Maura competed against gymnasts from Limerick, Clare and Kerry and after a great performance on the day came home with 1 gold and 2 silver medals. Well done Maura.

SYMPATHY: To the family and friends of the Late Eileen O'Mahony nee Murphy the Forge Kilquane Headford and Killorglin. Joan O'Connor (nee Daly), Lisheen, Gneeveguilla who died recently. May she Rest in Peace.

RATHMORE CREDIT UNION:

SCHOOL QUIZ: Congratulations to the Holy Family N.S. who came first in the U11 category in the Regional stage of the Credit Union School's Quiz which took place recently in the Ballyroe Hotel, Tralee. Also well done to the U13 team who came 4th in their category after a tie-break. The U11's are now off to Dublin in April so the best of luck to them. This was a great achievement for both teams as the standard is very high at this level so well done to U11's Ciara O'Keeffe, Denis Mahony, Paraic Finnegan and Dara Moriarty. U13's Niamh Finnegan, Katie Buckley, Sean Burke O'Donoghue and Noah Moynihan.

RATHMORE LADIES FOOTBALL: Senior ladies training has resumed at the Astroturf on Tuesdays from 6pm to 7pm and on Fridays

from 8pm to 9pm. Rathmore Ladies Football held their very successful Social in the Killarney Avenue Hotel last week. Over 150 people attended. Guest of Honour was Mary Joe Curran holder of 10 all Ireland medals and also Paul Murphy Kerry Senior player. Presentations were made to U14, U15, U16 and Seniors who won County medals this year. Chairperson Marie O'Sullivan thanked all local sponsors for their generous spot prizes on the night. Music on the night was by DJ Don and a great night was had by all.

Gneeveguilla Ladies GAA will be holding a Fashion Show on Thursday April 3rd in Gneeveguilla GAA Hall. Check out on facebook and local media for more info.

CROCHET & KNITTING CLASSES: Every Wednesday at 8.30 pm.

AEROBICS: Every Thursday at 8.00 pm in Gneeveguilla GAA Hall.

CARDS: Rathmore Community Centre - Annual 45 Card Drive 7 Wednesdays of Lent. At 9pm.

ST, PATRICK'S DAY GREETINGS: We would like to wish every one of our readers a very Happy St Patrick's day and safe weekend.

NOTES: If anyone has any information they would like to add to the notes, please email Michael O'Mahony (michaellomahony@eircom.net) or ring on 087-6676817 before 6:00 on Sunday.

GLENFLESK NEWS

WITH DONAL KELLY

EAST KERRY SENIOR LEAGUE: The Glenflesk senior team, sponsored by Molly Darcy's, had a good victory away to Currow on Sunday March 9th, on a scoreline of Glenflesk 4-8 Currow 0-6. An excellent all round team display featured a four-goal salvo from Dara Roche. The seniors are away to Gneeveguilla on Saturday March 15th in the next round of this competition.

MINOR COUNTY LEAGUE: The Glenflesk minor team played their first game in the county league on Saturday March 8th last, when they entertained Knocknagoshel Brosna in Glenflesk. Playing with a strong breeze in the first half the home side led 2-9 to 1-2 at half-time. Despite a strong second-half performance by the visitors Glenflesk maintained their advantage and ran out comfortable winners on a scoreline of 2-13 to 1-8. At the time of writing, the minor team is scheduled to play St. Senan's in the next round in Glenflesk on Saturday March 15th at 4pm.

SENIOR COUNTY LEAGUE DIV 3: The senior county league campaign gets underway on the weekend of March 22nd, when Dromid Pearses visit Glenflesk.

GLENFLESK GAA LOTTO: The next Glenflesk GAA club lotto draw will be held on Sunday the 16th of March 2014, in Spillane's, Jackpot: €2,400. Tickets available: on request, in

local shops and bars. If you have difficulties purchasing a ticket contact Jimmy O'Shea 085 1741219 or Denis O'Donoghue at 087 2257915.

SPONSORSHIP LAUNCH: On the night of Thursday March 20th Molly Darcys Traditional Pub and Glenflesk GAA will formally launch their new sponsorship agreement in the Muckcross Park Hotel. Anyone interested in attending this event is invited to contact Denis O'Sullivan (0868113443).

GLENFLESK U16: The Glenflesk U-16s play their first game in the county league (Div 2 - East region) on St Patrick's Day when they are at home to Beaufort. This game is fixed for 12 noon in Glenflesk. The second game in the league is scheduled for the following Saturday March 22nd, when they are away to Kilcummin. The other teams in this division are Currow, Kenmare and Furies.

COMMUNITY GAMES SOCCER: Congratulations to the Glenflesk U-10 Boys Indoor Soccer team who won the county final in Mountcoal last weekend. They now go on to represent Kerry in the Munster finals in Limerick in July. Well done to Stephen Moynihan, Callum Cronin, Gearoid Healy, Evan Lucey, Luke Crowley, Dara O'Connor, Jamie Moynihan and Ben Switzer, and to their coaches Sean


Moynihan and John Crowley.

TAEKWONDO SUCCESS: Well done to Joshua O'Sullivan (Barraduff NS) who came home with a very impressive haul of 6 medals (1 gold, 2 silver & 4 bronze) from the Taekwondo tournament held in Tralee on Sunday March 2nd.

RAHEEN NS BINGO: The Parents Association are organizing a fun fundraising bingo on March 29th at 8pm in Raheen N.S. €10 a book this includes refreshments. All welcome! Congratulations to Michael O' Keffe who had the winning lotto number 1 on Saturday 8th March.

BARRADUFF COMMUNITY FIELD ORGANISATION: A big thank you to all those who supported our 7km road race and family fun on Sunday March 2nd. Thanks also to all those who helped out in any way on the day, especially those who provided the refreshments, manned the registration table and all our stewards. Finally, a special word of thanks to Donie MacSweeney and all at the Corner Bar for the use of their premises for registration and post-race refreshments.

CONTACT: We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Sunday.



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KILCUMMIN

ADVICE FROM AN GARDÁ SIOCHÁNA TO PEDESTRIANS: Wear bright clothing during hours of darkness/consider carrying a torch. Where there is no footpath walk facing traffic (on the right). Stop and listen before you cross the road. Please take care on the roads.

FIRST AID COURSE: Paediatric First Aid course will be held in the Rural Development Office on Saturday 29th March 9.30am – 5pm. 11a.m. refreshments provided. Certificate of attendance provided. Price €30, to book your place please contact Paula on 086-3667514 no later than Saturday 22nd March.

KILLARNEY LIBRARY: An exhibition featuring artwork and photographs from participants of the Coolgrane Training Centre will be launched in Killarney Library on Thursday 20th March at 3pm and will run until 3rd April during Library opening hours. Free admission. All welcome.

ACQUIRED BRAIN INJURY IRELAND: Acquired Brain Injury (AIB) Ireland - Kerry Services has been selected as one of the nine nominated charities for 2014 Ring of Kerry Charity Cycle. Any cyclist interested in participating for this cause should contact David McCarthy Tel: 066-7142993, Mob: 087-1946061 or Lucia Power Mob: 086-3846034 or Email: rok@aibireland.ie

SULT NA NÓG: Congratulations to all who represented Kilcummin so brilliantly at Sult na nÓg. We would like to give a special mention to our prize –winners: Liam Kerrisk U9 Accordion, 1st Place. Olwyn Evans U9 Tin Whistle and Concertina 1st Place in both. Ewan Evans U9 Tin Whistle 2nd Place. Kirill Healy 9-11 Tin Whistle 1st Place. Liam Randles 9-11 tin Whistle 3rd Place. Aoireann Moriarty 11-13 Concertina 3rd Place. Ewan Evans U9 Mandolin 1st Place. Ewan and Olwyn Evans U9 Music Duo 1st Place. Aoireann Moriarty and Clare Stagg 11-13 Music

Duo 3rd Place. Full Set Mixed U9 3rd Place. Ladies 4 Hand Ceilí U9 1st Place. Ladies 8 Hand Ceilí U9 1st Place. Ladies 4 Hand Ceilí 11-13 1st Place. Ladies 8 Hand Ceilí 11-13 1st Place. Full Set Ladies 11-13 3rd Place. Full Set mixed 11-13 3rd Place.

KILCUMMIN GAA: Kilcummin get their co league campaign under way against Rathmore on Sunday 23rd March in Rathbeg and follow it up the following week-end at home to Dingle. Best wishes to Kieran and Shane Murphy along with Gary O'Leary who are part of the Kerry Under 21s who play Cork this Wednesday night in Austin Stack's Park. Come along and support the lads.

CLUB MEMBERSHIP: Club membership due now. Contact any member of executive. Best wishes to former club secretary Martina O'Riordan who marries Kieran O'Sullivan this Thursday in Kilcummin parish church.

WELL DONE: Well done to Debra Murphy who is part of the senior Kerry Ladies team who are performing well in the national league.

JUVENILE GAA: Under 16 Boys play Furies at home in Div 2 of EK league on 17th March at noon.

JUVENILE GAA ACADEMY: Kilcummin's juvenile academy for all children from 5 years to 10 years of age commenced on Sunday 9th March and run from 12pm – 1pm. The €1 contribution continues this year.

JUVENILE GAA REGISTRATION: Please register your child/children for this season by March 15. Forms available from Eoghan Moriarty 086-8302432 or Joanne Brosnan 089-4583207

GUM SHIELDS: All members should please note that the wearing of gum shields at training and during matches is mandatory.

CLUB CALENDAR: Club calendars are still

available if anyone wants to purchase one for €5. This month's calendar sponsors are The Cleaning Doctor, Kilcummin and Jimmy Galvin Physiotherapy. This week's sponsor is Kerry Coaches.

KILCUMMIN GAA CLUB RAMBLING HOUSE: Tea, craic, brack and raffle. Admission free - Friday 4th April from 8pm at the clubhouse. All welcome.

JUVENILE GAA EASTER CAMP: This year's Easter Camp will run from the 14th to the 16th April. The cost will be €20 for one child, €35 for two children and €50 for three children. Further details of starting times etc; will be published later on the club website, press and Parish Newsletter.

LADIES SENIOR TEAM: Ladies Senior Team, 1st game will be on the 16th of March. Kilcummin are in division 3 with Crokes, Spa, Dromin, Southern Gaels B, Currow, John Mitchell's, and Milltown Listry.

SCOR SINSEAR: Best of luck to our quiz team, ballad group and set dancing group who will be competing in the county final of the competition. This will take place in Fossa Community Centre on Saturday next 15th March-quiz at 4pm with other Scor events at 6pm. Best of luck to all competitors and mentors involved.

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 7th March. Numbers drawn were 1, 12, 14 & 17. Consolation Prizes were €100 John McCarthy, c/o Liebherr; €60 Denis O'Connor, c/o Arbutus Hotel; €30 Ellen O'Sullivan, Gortnacopple, Scartaglen; €30 Jackie Kelliher, 10 Coolgrean Pk. Killarney; €30 Liam O'Sullivan, c/o Pat McGlynnne. Draw every Friday night in The Village Inn, Kilcummin. Jackpot now €10,050.

LISTRY NOTES

with Cathriona Doody O'Connor

LISTRY WEEKLY LOTTO: March 9th Winning Numbers 6, 10, 16, 21. Jackpot €5,450. Not Won 1 x €100. Abigail & Jacob Listry. 2 x €50. Eilish

Kimmage Keelclogherane. John O'Sullivan Ballytrasna. 2 x €25. Joan Spillane Beaufort. Mary Conway Faha. Draw Entrant. Tanya Sheehy

Ballyhar. Jackpot next week, Mar 16th €5,600.



GUEST SPEAKERS, MIKE MURPHY, CARTOGRAPHER, DEPARTMENT OF GEOGRAPHY, UCC, EDITOR, 'ATLAS OF THE GREAT IRISH FAMINE' AND KAY MOLONEY CABALL, RIGHT, EDITOR OF 'THE KERRY GIRLS' WITH PATRICIA O'HARE, LEFT, ARCHIVIST, MUCKROSS HOUSE, KILLARNEY AT A LECTURE ON THE GREAT IRISH FAMINE AT MUCKROSS RESTAURANT. PHOTO: VALERIE O'SULLIVAN.



ATTENDING A LECTURE ON THE GREAT IRISH FAMINE, AT MUCKROSS RESTAURANT, KILLARNEY, FROM LEFT, MICHAEL O'CONNOR, CORRIE O'FLAHERTY, JOSIE O'FLAHERTY AND GRAHAM LACEY. PHOTO: VALERIE O'SULLIVAN.

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Competition

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GARDENING OUTLOOK



with **John O'Sullivan**

FOCUS ON HERBACEOUS PERENNIALS

What we mean when we call a plant an Herbaceous Perennial is that in most of the them the stems are soft, succulent and green as opposed to being brown and woody. With most Herbaceous Perennial they will sprout growth from ground level in Spring and will grow and flower right through the Summer and into the Autumn. With most Herbaceous Perennials in late Autumn and early Winter they start to look a bit ragged. But depending on the severity of the Winter some will hold on until the first real cold snap. The maintenance for most Herbaceous Perennials isn't a lot really. During late Autumn early Winter cut the majority of them down to ground level and mulch over with some compost. Some Herbaceous Perennials such as Lupins and semi hardy Fuchsias will have woody stems because of the milder climate here so when pruning back cut right back to just a couple of inches above ground level.

Herbaceous Perennials are a valuable plant in the garden for a number of reasons.

1. Because of the length of time they flower for.
2. Because of the short length of time it takes them to grow to the maximum height and spread.

When planting a Herbaceous Border always remember to plant the taller ones to the back or middle and the smaller growing ones to the front. When choosing your plants pick one plant that you can repeatedly plant in the border to create a sense of continuity to the planting scheme. Herbaceous Perennials flower from April until October/November so you have a wide range of flowering times and colour to choose from. The secret to having a good flowering Herbaceous Border is every few years in the Winter to lift and divide the plants that are suitable for this.

Next week I will focus on Roses.

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ST. PATRICK'S DAY PARADE RUNNING ORDER

COMMENCING AT 2PM FROM ROSS ROAD

- | | |
|--|--|
| <ol style="list-style-type: none"> 1. Killarney Town Council 2. Colour Party 3. Order of Malta 4. Gleneagle Band 5. Killarney District Girl Guides 6. Raheen Community Playgroup 7. Fr. F. Francis P. Duffy Post American Legion 8. Townson University Maryland 9. Muckross Community Play School 10. Irwin School of Irish Dancing 11. Flares Gymnastics and Cheerleaders 12. Bellview Woods Childcare 13. Raheen National School 14. Mary O'Leary School of Irish Dancing 15. Shrone National School 16. Kerry Stars Special Olympics Club 17. Barraduff National School 18. The Celtic Angels 19. Killarney Celtic Football Club 20. Currow Gymnastics Club 21. Millstreet Pipe Band 22. Michael McDonagh | <ol style="list-style-type: none"> 23. Killarney Martial Arts Academy 24. Killarney Musical Society 25. Kilcummin G.A.A. Club 26. Irish Wheelchair Association 27. Pat Connell 28. Cullen Pipe Band 29. Spa GAA Club 30. Pencil Hill Art Centre 31. Kerry Friends of Motor Neurone 32. Pony Tale Stables 33. Dromhall Hotel 34. Dr. Crokes G.A.A. Club 35. Killarney Men's Shed Project 36. Opel Vauxhall Club Ireland 37. Killarney Legion G.A.A. Club 38. Pa McGillycuddy, Blacksmith 39. Championship Wellies (GAA Official Wellies) 40. The Vintage Radiant Showband 41. Killarney Valley Classic Vintage Club 42. Seamus Weldon 43. Irish Vintage Engine Tractor Association |
|--|--|



KERRY LADIES WINNING STREAK CONTINUES

Kerry capitalised on their success against Cork last week by defeating table toppers Monaghan in Inniskeen on Sunday 9th March in the Tesco HomeGrown National League. In a game that was played with the pace & ferocity of championship it was a good test of the travelling side. Monaghan opened up a quick lead, as they went ahead by 2 points but Debra Murphy replied for Kerry on the 9th minute with a very well taken goal to put Kerry ahead by the bare minimum. However Monaghan on home territory started to pull away & hit 5 unanswered points to lead with just 6 minutes on the clock for half time whistle. But Kerry finished the half in powerful fashion & hit 1-03 in the last 4 minutes of the half, the goal from Louise Ni Mhuirteartaigh. Half time Monaghan 0-7 Kerry 2-06. Within minutes of the restart Debra Murphy forced the Monaghan keeper into a point blank save, which served as a wake up call for the home side. After sustained level of pressure, Monaghan finally broke Kerry defence down & got a goal of their own from Ellen McCarron to leave a goal between the sides. It was now Monaghan 1-10 Kerry 2-09. However Kerry who have now developed a teak tough exterior absorbed the Monaghan pressure & tacked on some scores to hold onto the lead. An exciting end to a wonderful game of football. Final Score: Monaghan 1-12 Kerry 2-11. That win leaves Kerry in a strong position heading into the home stretch of the #KerryLadiesSpringSeries, with 3 home games remaining. Kerry face Laois on the 26th March, Mayo 30th March & finally Donegal on 6th April.

GOOD LUCK TO THE 2012 & 2013 TG4 LADIES FOOTBALL ALL STARS TOURING PARTY: As they head to Hong Kong to play in an exhibition match on Friday March 14th in the Hong Kong Football club. They will also be guests of honour at the St Patricks Society Ball on the following Saturday night 15th March. Kerry has 7 members on the touring party – 2012 & 2013 All Stars Louise Ni Mhuirteartaigh & Sarah Houlihan, along with Cait Lynch, Aoife Lyons, Caroline Kelly, Bernie Breen & Aislinn Desmond. In addition William O'Sullivan Senior Manager is named as the 2012 Manager.

Best of luck to Kerry U14 team as they face Cork in the first round robin game of the Munster Championship. Game takes place on Saturday in Castleisland Desmonds GAA at 1pm. Kerry brought Cork to a replay last year & lost in heartbreak in Abbeydorney. However with some panel members from last year still eligible Kerry will hope to have more experience in this campaign.

THE RHYNO QUALITY FEED SENIOR LEAGUE: Kicks off Sunday 16th March across the county with some interesting clashes the divisions. In Division 1 Castleisland Desmonds



LISTRY TEAM THAT WON THE MCGILLICUDDY/MCCARTHY CUP IN THE EAST KERRY SENIOR LEAGUE DIVISION 2 FINAL ON SUNDAY LAST.

take on neighbours & newly promoted Scartaglen, in an exciting derby clash. In Division 2 a unique pairing see's Na Gaeil All Junior Club Champions travel West to take on new team Corca Dhuibhne. A real battle between experience & youth. In a battle between the towns John Mitchel's Tralee will be home to Dr Croke's Killarney in Division 3. The Tralee side having been regraded due to addition of new members & will be a force in this division. Finally in Division 4 another new senior team Fossa face Beale at home. Fossa have been gradually the past few years from U14 upwards & hopefully the fruits of the labour will be evident now at adult level. All fixtures & results will be available on the website.

LISTRY NEWS

By Paula Courtney

MEMBERSHIP REGISTRATION 2014:

Registration evening will be held on Friday 21st March between 7pm – 8pm in club rooms. Closing date of club membership is 31st March next.

MINOR FOOTBALL LEAGUE: Keel/Listry minors continued their campaign with a good win away v Gneeveguilla on Saturday last. Score of 16 pts to 2 goals and 7 pts. Another very good team performance on the day. They are playing Kenmare/Kilgarvan on Saturday 15th March in Listry.

EAST KERRY LEAGUE: DIV 2 FINAL: FOSSA 6PTS LISTRY 11 PTS

This East Kerry League Div 2 final played in Listry on Sunday last was a keenly contested affair for three quarters of the game. Listry who had home advantage due to a toss for venue started much the stronger and led 3 points to nil after 10 minutes, all scores coming from Sean Lehane and all from play. Fossa fought back and drew level by the 18th minute with their scores coming from their corner forward Paudie Clifford with 3 points from frees. Two of these frees were retaken, to register scores, after indiscipline from Listry defenders. Danny Wrenn and Damien Clifford restored Listry's lead to 2 points with one from play and one

from a free. Listry had 4 wides during this period, as some players took the wrong options to shoot for scores when a colleague was better placed. Fossa's Dara Rice finished the scoring for this half with a well taken point to leave the half time score Listry 0-5 Fossa 0-4. Listry started the second half as they had done in the first and registered 2 points, from Sean Lehane and Gary O'Sullivan, inside the first 3 minutes to extend their lead to 3 points. Listry were now dominating the game but had a few scoring chances thrown away, particularly from frees. Mike O'Neill reduced to lead with a point just after Listry's Danny Wrenn had received a black card. As the game reached the three quarter stage 2 superb points from Garry O'Sullivan stretched Listry's lead. At this stage Paul O Donoghue was dismissed for a black card after having received a yellow card earlier. This led to some confusion as the ref did not show a red card. Listry seemed to gain from this, and though reduced to 14, they played much better over the last 15 minutes to register 2 more points from Derry Ahern (free) and Damien Clifford (free) to a single point for Fossa, from Paudie Clifford. This was an entertaining game between local rivals and was a good outing before the county league. East Kerry board Chairman Tim Ryan presented the Frank Doran Safeguard Security sponsored trophy to Listry Captain Jimmy O Leary.

LISTRY GREYHOUND RAG MEETING:

The annual Listry Greyhound Rag Meeting takes place this Sunday from 11am to 4am. This is run as a joint fundraiser for Listry GAA Club and the Kerry Cork Cancer support link bus. You can support this fundraiser by nominating your own dog for the day for just €10.00. Nomination cards are available from club members. The event takes place on the farm of Kieran Kennedy Lahard. Come along anytime during the day and you will be guaranteed a good days craic.

EXHIBITION: An exhibition featuring artwork and photographs from participants of the Coolgrane Training Centre will be launched in Killarney Library on Thursday 20th March at 3pm and will run until 3rd April during Library opening hours. Free admission. All welcome.



LEGION NEWS

By Kevin Griffin

KERRY SENIORS: Well done to Brian Kelly who kept a clean sheet and James O'Donoghue who bagged 3-03 in Kerry's victory over Tyrone last Sunday in Killarney. Also well done to Willie O'Sullivan and Alan O'Neill and the Kerry senior ladies who had a good win over Monaghan in the National league.

ST. PATRICKS DAY: Plans are well under way for the clubs participation in this years St. Patrick's Day parade and all children and parents are most welcome to join in the parade with us. All those marching should join us at our float in Ross Rd. 30 minutes before the parade starts. For updates on the parade, visit us on facebook. Also instructions will be given to all boys and girls at our Saturday morning training academy.

SATURDAY MORNING UNDERAGE ACADEMY: Saturday morning training sessions are really buzzing now with great numbers attending each Saturday from 10.30 to 12 noon. But don't worry if you haven't started yet as any young boy or girl from age 5 to 10 is always welcome. These sessions will continue for the foreseeable future.

CLUB MEMBERSHIP: Club membership needs to be paid immediately to club registrar Marie O'Sullivan.

FIXTURES: Seniors are away to Rathmore this Friday night at 8pm in the East Kerry League. Minors are away to John Mitchels this Saturday.

MONTHLY MEETING: Important monthly meeting will be held on Thursday 13th at 8pm. All members should please attend.

CLUB MERCHANDISE: Plenty of sports gear, jackets, etc now available from our club shop at the clubhouse. Maybe an ideal birthday present for someone. Shop open every Saturday morning from 10.30 to 12 noon.

FREE HEALTH AWARENESS: There will be a free health awareness evening to be held in the Killarney Heights Hotel on Monday 24 March from 5.30pm to 8.30pm. This is being organised the HSE Killarney Primary Care Team along in association with Heartbeat.

CLOTHING COLLECTION: Start your spring clean now by gathering all your old clothes and in doing so you can help raise funds for the club. The Club will be accepting all your old clothes in a few weeks time. Exact drop off times will be announced in the coming weeks.

LOTTO: Lotto for Sunday 9th March . Numbers drawn 5, 6, 22, 23 . Jackpot not won. Next weeks draw is worth €9400.

EAST KERRY NOTES

By Áine Ní Shúilleabháin PRO
East Kerry Senior League

DIVISION 2 FINAL:

LISTRY 0-11 FOSSA 0-06

This East Kerry Senior League Division 2 final, sponsored by Frank Doran Safeguard Security,

played in Listry on Sunday last, was a keenly contested affair. Listry started much the stronger and led 3 points to nil after 10 minutes, all scores by Sean Lehane from play. Fossa fought back and drew level by the 18th minute with 3 pointed frees by corner forward Paudie Clifford. Danny Wrenn and Damien Clifford restored Listry's lead to 2 points. Fossa's Dara Rice finished the scoring for this half with a well taken point. Half time score: Listry 0-5 Fossa 0-4. Listry started the second half as they had the first and registered 2 points, (Sean Lehane and Gary O'Sullivan), inside the opening minutes. Listry were now dominating the game but Mike O'Neill reduced the lead with a point, just after Listry received a black card. With 15 minutes remaining, 2 superb points from Gary O'Sullivan, stretched Listry's lead. The home side were reduced to 14 players, and though short a man, then lifted their game to register 2 more points (Derry Ahern (f), Damien Clifford (f), to a single point for Fossa, (Paudie Clifford). After this entertaining game between local rivals, East Kerry Board Chairman Tim Ryan presented the trophy to Listry Captain Jimmy O'Leary.

DIVISION 1 ROUND 5:

RATHMORE 6-10 KILCUMMIN 2-07

Played in Rathbeg last Sunday morning, this division 1 round 5 game was saw Rathmore run out winners on a scoreline of 6-10 to 2-7. Kilcummin kicked the opening two scores, points from Paudge Nagle and Jerdy Sheehan. Rathmore replied with a point from Brendan O'Keeffe and two frees, from the boot of Sean O'Riordan. Richie O'Connor equalised for Kilcummin before John Moynihan got Rathmores first goal. Two Ian Devane points followed before Mark Reen scored 1-1 inside a minute and Jerdy Sheehan got his second to leave the half time score Rathmore 2-4 Kilcummin 0-6. Rathmore started the second half scoring 2-3 in the first 8 minutes with goals from Brian Moynihan and Mark Reen. A Richie Connor goal followed for Kilcummin before John Moynihan got his second goal. Richie Connor followed with his second of the game. Then Rathmore substitute Patrick Reen kicked two points before John Moynihan got his third goal of the game, to finish the scoring in a entertaining league game. Final score: Rathmore 6-10 Kilcummin 2-7.

DR CROKES 1-10 SCARTAGLEN 1-07

Round 5 of the East Kerry Senior League, sponsored by Frank Doran Safeguard Security, proved a super game at Lewis Road with the home team winning out in the end on a 1-10 to 1-7 scoreline, last Sunday. Scartaglen got off to the faster start, with two quick points in the first minute from Mike Coakley and Mike Fitzgerald. But Tony Brosnan for Dr Crokes replied with three unanswered points, one from a free, before Pa Rahilly levelled the score again, pointing Scartaglen's fourth point. Keiran Ward burst out of defence to claim the next point, which was answered immediately

by a point from Pa Rahilly. By the twenty-sixth minute, Dr. Crokes opened a four point lead when Chris Brady broke through to snatch a terrific goal, followed by another point from Tony Brosnan. The final score of the half was taken by Brendan Rahilly for Scartaglen to take the game to half-time with a score of 1-5 to 0-5, in favour of Dr Crokes. Scartaglen had a perfect start to the second half and took the lead after five minutes, when J.J. Murphy pointed from the throw-in and Brendan Rahilly found the net after a scramble in the Dr Crokes goalmouth. Two pointed frees, one by Tony Brosnan and another from Chris Brady put Crokes back in front. Brendan Rahilly scored Scartaglen's final point to level the game with fifteen minutes left on the clock. Dr Crokes finished off the better, adding three more points to their tally, a free each from Tony Brosnan and Chris Brady and one from play by Bran O'Shea. This brought the final score to 1-10 to 1-7, in favour of Dr Crokes.

GLENFLESK 4-08 CURROW 0-06

Currow played Glenflesk at home in the East Kerry Super League on Saturday last. Currow were first on the scoreboard with a point from Mike McCarthy. By the fifteenth minute Glenflesk were ahead with a well taken goal from Dara Roche at corner forward, and he added another goal and point before half time to leave the score Glenflesk 2-05 Currow 0-05. In the second half, playing with the aid of the breeze were expected to dominate, but Glenflesk built on their lead. Straight from the throw in they added their third goal, again from Dara Roche. He also added two points during the second half. Glenflesk scored a fourth goal and a point late in the second half to Currow's solitary point. Final score: Glenflesk 4-08 Currow 0-06

Referee: James O'Sullivan(Firies).

SPA 1-14 CORDAL 0-08

Early scores from Micheal O'Donoghue and Ryan O'Carroll saw the Killarney team getting off to a good start. However it wasn't long before Eamon John O'Donoghue slotted the ball over the bar to kick start the Cordal revival. Spa notched up a number of good scores from the boots of Andrew Garnett and Cormac Cronin. Cordal's Philip O'Connor responded with three well taken points. Andrew Garnett, Micheal Stam and Cormac Cronin extended the Spa led again to leave the score 0-09 to 0-04 to the home side at half time. Cordal began the second half in flying form. Two lovely points by midfielder Donal McCarthy and another by the impressive Philip O'Connor reduced the deficit to just two points. This seemed to act as a wake up call to the Spa who increased their work rate and clocked up five more points with great scores from the energetic wing back Eoin Cronin, Mike Stam and Andrew Garnett. O'Connor popped up for yet another score for Cordal, before John Falvey of Spa finished beautifully to the net with just seconds remaining.



MID KERRY NEWS

By Joan McGillycuddy

SENIOR LEAGUE RD 3 RESULTS:

Beaufort 3-08 Glenbeigh/Glencar 1-08.

Cromane 0-09 Miltown/Castlemaine 0-14.

Laune Rangers 1-09 Keel 2-13.

Rd 4 continues this Sunday 16th all games 2pm
Glenbeigh/Glencar host Keel.

Cromane home to Beaufort.

Miltown/Castlemaine entertain Laune Rangers.

All times dates & venues are correct at time of press any changes after are beyond our control and will be notified to Kerry Radio as soon as possible.

COUNTY SENIOR SCÓR FINAL: Will be held in Fossa Community Centre Saturday next 15th. Quiz at 4pm followed at 6.30pm with all other events.

Good luck to the following representing Mid Kerry. Beaufort Quiz team - P O'Sullivan, M Coffey, C O'Sullivan & M Breen & to Heather Grey Keel Solo Singing.

MID KERRY SCÓR NA BPAISTÍ FINAL:

Will be held in the CYMS Killorglin on Friday 21st March Quiz will begin at 6.30pm and all other events 7.30pm. All clubs are asked to have their entries into the Mid Kerry secretary Kieran O'Shea no later than Tuesday 18th March.

CONGRATS: To Donnchadh Walsh, Peter Crowley, Darran O'Sullivan and Pa Kilkenny who had a fantastic game with Kerry against Tyrone last weekend. Our Mid Kerry players stood out again with Donnchadh having a fine game, Peter had a great game and was close to man of the match before coming off injured. Its great to see Darran back in the Green & Gold. Pa Kilkenny also had a fantastic game and showed he is a force to be reckoned with. Also congratulations to the Kerry Ladies & Hurlers. Best of luck to the Kerry U21's as they take on Cork especially Beaufort Captain Nathan Breen.

BEAUFORT GAA NOTES

SENIORS: Beaufort sponsored by Maurice Foley of MF Decorating hosted Glenbeigh-Glencar in the Mid Kerry League and picked up their first points of the campaign when they won a score line of 3-8 to 1-8. Beaufort led this game at half-time 2-6 to 1-4 with goals from Jason Foley, a speculative ball deceived the goalie and ended up in the net while the 2nd was a great score from wing back Sean Fogarty who fielded the opposition kick out well and linked up with Danny Healy, Sean finished to the net before half-time. Glenbeigh-Glencar had a goal chance just before the break but shot wide. Beaufort's points in the first half came from Jason Foley, Padraig Hallissey, 2 from Edwin Kelliher, James O'Reilly and a free from Fergal Hallissey. The 2nd half started well for the home side with a goal and a point from play from Fergal Hallissey. The visitors had the next 3 points before the hard working Ronan Murphy had a point after good play by sub Shane O'Sullivan. **TEAM:** Mike Moriarty,

Michael John O'Connor, Gerard Hartnett, Padraig Hartnett, Sean Fogarty (1-0), Jeremiah O'Sullivan, Eanna O'Malley, Fergal Hallissey (1-2,1f), Ronan Murphy (0-1), James O'Reilly (0-2), Padraig O'Sullivan, Danny Healy, Jason Foley (1-1), Padraig Hallissey (0-1), Edwin Kelliher (0-2) Subs: Shane O'Sullivan, Gary Tangney, Cathal O'Reilly, Conor Joy. Their next game is away to Cromane on Sunday next, 16th March at 2pm.

KERRY U-21S: Best of luck to Nathan Breen and the Kerry U21s who play Cork in the Munster Championship on Wednesday next.

MINORS: Our Minors sponsored by Melivin of Carsons Daybreak are home to Laune Rangers on Saturday at 4.00pm.

U16: Our U16s sponsored by Killarney Credit Union get their East Kerry campaign up and running on St. Patrick's Day when they travel to Glenflesk to play the home team at 12.00.

LADIES FOOTBALL: Well done to the Kerry Ladies who made the long trip to Monaghan and came away with 2 valuable league points. Their next game is at home to Laois on Wednesday, 26 March under lights in Tralee. Best of luck to the Kerry contingent who are travelling to Hong Kong with the All-Stars this week.

OUR U10 AND U12 GIRLS: Sponsored by Anthony Foley Decorating are back training and this continues at the moment on Sunday mornings at 11.30am. Anyone interested are more than welcome to come along.

LOTTO: Lotto results of Sunday, 9 March for jackpot of €3,200. Numbers drawn: 2, 6, 8, 17. No jackpot winner. €80 Sandra Cremin, Dunloe. €50 Sheila Brennan, Ballagh, Pat Foley, Dunloe, Mary Coffey, Stonecrest. Next draw for jackpot of €3,600 will be held in Galvin's Bar on Sunday, 23 March. €2, 3 for €5 Tickets are available from usual sellers, shops and bars. If interested, €50 annual Tickets are available from usual sellers and Executive members.

CLASSES: Classes will continue to Easter week providing there will be a minimum of 10 people interested. To book a place contact please contact Bridget 087 9975737, Eileen 087 7802606, Susan 087 1276677 or Nora 086 1556181.

MEMBERSHIP: It is the time of year again for Annual Membership to be paid. Rates are as follows: Family membership €50 covers all children under 18 and 1 adult has use of the gym. €50 - senior player. €30 - Individual membership of the club only. Reduced rate for actively retired and there is also gym membership for only €50. The Registrar is Patie Hartnett 087 2515311 or Bridget 087 9975737

HEALTHY CLUB PROJECT: Under Healthy Club Project, gym instructor, Denis will be present in Gym each Tuesday in March from 6.15 to 7pm for induction and advice.

As the Club is nominated under this Project there will be more activities organised in the foreseeable future. Anyone interested in getting involved in this Project should contact Bridget 087 9975737. This is a Community Project so

we would love to see people from the wider community coming on board.

DR. CROKES GAA CLUB NOTES

LOTTO: Draw took place in the Tatler Jack on Sunday last. The jackpot of €6600 was not won. Match 3, 12 winners received €35. Next week's jackpot is €6900. Draw will take place in the Tatler Jack.

FIXTURES: Senior Co. League: Away vs. Austin Stacks, Sunday 16th March, 2:00pm.

Minor League: Away vs. Spa, Saturday 15th March, 4:00pm. **U16 EK League:** - Div. 3: Away vs. Cordal - Scartaglin, Monday 17th March, 12pm. Please support.

RESULTS: EKSL: Dr. Crokes 1-10, Scartaglin 1-07. **Minor League:** Dr. Crokes 1-13, Austin Stacks 2-07.

SATURDAY MORNING ACADEMY:

Another Great Saturday for our academy hurlers & footballers. Our great band of coaches did a superb job once again making sure all our boys & girls had a fun filled morning. We continue every Saturday with hurling from 10:00am to 10:40am, followed by football 10:45am to 12 noon.

COISTE NA NOG - FOOTBALL: U12 footballers continue their preparation for the season on Mondays 4:00pm to 5:00 pm and on Thursdays from 5:00pm to 6:15pm. This is then followed by our U12 & U14 girls from 6:00pm to 7:15pm.

COISTE NA NOG - HURLING: The U14 hurlers continue training for this season on Friday evenings from 6:00pm - 7:15pm.

U16 FOOTBALL: The U16 footballers kick off the 2014 season with the East Kerry League Div. 3 Away vs. Cordal-Scartaglin, Monday 17th March, 12:00pm & in Div. 1 Away vs. Legion, Saturday 22nd March, 4:00pm.

GOLF SOCIETY: Leading the troops for 2014 are Tom Looney, President, & Denis Coleman, Captain. The first outing is to O'Mahony's Point on Saturday, 22nd March. Timesheet is now open in the usual locations or email entry to lchartnett@msn.com.

NATIONAL LEAGUE CHALLENGE: Thanks to all for supporting our National League Fundraiser. Updates on Round 4 are available on www.drcrokes.com and the Dr. Crokes Facebook page.

MEMBERSHIP 2014: Club registration for the year 2014 is now due.

CLOTHES BANK: There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPCC.

SYMPATHY: To the family of Eileen Murphy and to the Galwey family on the death of Mick.



KILLARNEY CYCLING CLUB

RAS LUIMNI: A day of mixed fortunes in Limerick at Ras Luimni. On a cold wet dirty day in Caherconlish Killarney Cycling Club went to race with a big team of riders in all categories. The conditions did play a big part in the racing, the constant rain served to wash all sorts of grit and rubbish onto a slippery road surface, and this debris caused a lot of punctures in all races. In the A4 race there was bad luck for Keith Curtin who crashed and had to be taken to hospital. I speak for everyone in the club when I wish him a speedy recovery. Leigh Hewerdine had the misfortune of a puncture after only about 5 Kilometres of racing and had to take an early shower. Mike Murphy raced well and finished in the bunch.

Our A3 riders started out with a plan, and the plan was, to take the race on and make it as hard as possible for the field. Straight from the starting gun John Brosnan had a go at escaping the clutches of the bunch, but to no avail. Next up was Mike Mahony to have a go, but yet again the bunch was determined to hold on. After about 15Km Joe O'Shea punctured and had no option but to retire. Greg Whelan, John and Mike rode on the front for the final 20Km and at the finish all of our A3 riders were absolutely spent from some really aggressive riding and even though they didn't pick up prizes they can all feel very satisfied that they have made a big step forward towards Ras Mumhan at Easter. It's more than satisfying to see Killarney CC riders out there and the results and prizes are sure to follow when we have guys willing to empty their tanks every week.

The A1/2 race saw a continuation on a theme, Benny got a puncture after a lap and a half and never made it back to a fast moving peloton. This left us with Mike Lucey, Matt Slattery and John Mannix in contention. The racing was fast and tough for 3 out of 4 laps with lots of attacks out of the bunch but no group able to snap the elastic to the chasers. On the final lap John Mannix got away into a break with five more riders. With about 10Km to go the chase was over and it was clear that the prizes would be shared among the breakaway riders. Among this group was Paudi O'Brien an ex-professional rider who has never lost his thirst for winning and win he did in an uphill sprint. John Mannix was a very fine 4th across the line and afterwards said that he figured that a place on the podium was possible but he seemed satisfied that he did one place better than last year. Congratulations John on a fine result on a day for only the toughest.

Next weekend the wagons roll on to Blarney and to Carrick On Suir for St Patricks day for a race that has become a "Must Race" for any rider who wishes to ride Ras Mumhan or the An Post Ras.

KILLARNEY CYCLING CLUB SPORTIVE

ST. PATRICKS DAY: On St Patricks Day Killarney CC are hosting a sportive ride for all levels of riders. So if you feel like taking in some

stunning scenery around Caragh Lake come to the An Oige youth hostel in Fossa. Sign on Starting from 9.30am. Rolling out at 11am. Fully supported and serviced and refreshments afterwards in the youth hostel.

KILLARNEY BADMINTON NEWS

UPCOMING EVENTS: Division 2 and 4 men's / ladies doubles, Friday night at 7.30 in Killarney Sports and Leisure.

Kerry juveniles mixed competition on Saturday at 11 am in Killarney sports and leisure centre.

NOTABLE PERFORMANCES:

Congratulations to Alex Goggin and John O'Keeffe on a fantastic win in the Kerry Division 5 Mens doubles, well done from all at the club. Well done to all who participated in Paddy Sugrue competition in Tralee at weekend most notably Danny Cronin who reached the final in Div 3 and John O'Brien who also reached final in Div 2 the church gate collection was held last weekend and we would like to thank everybody who supported the club, by collecting and donating.

A clothes collection to raise funds for the club is ongoing at moment and more information will be forthcoming in the following weeks. Contact Suzanne or Jennifer for more information about same. Any news items for notes please contact Sinead Galvin.

COMMERCIAL ROWING CLUB

"DOWN MEMORY LANE" 1954 John Kelly The 1954 Killarney Regatta attracted a large attendance to Cahernane Bay which was to be the final such event to be held at this venue. The results were divided between Fossa, Senior and Junior Sixes with Workmen taking the Ladies race.

However it proved to be a most disappointing day for Workmen who were odds on favourites to take the juvenile race with what was regarded as a crack crew but unfortunately their boat drifted on to the "Hen and Chicken Rack" as the crew made their way to the start of this race causing extreme damage to their craft but thankfully all crew members remained safe. Commercial were represented by the following crew members -Junior ~Sixes -Jnr Kissane, J. O'Brien, J. O'Connell, J. Daly, Tom Daly Cox Dave O'Connor Sub Charles Whelan Senior Sixes South Terry Ryan, C Daly, Derry Mannix. T Healy, N Clifford, D Daly Cox Dave O'Connor, Sub J O'Sullivan Senior Sixes Stk Denis O'Brien, MI Murphy, Dan Cronin, Pat Brick, Michael O'Rourke, Sean O'Sullivan Cox David O'Connor, Officers of Regatta Committee were Chairman Phil Hilliard, Hon Secretary C Gleeson Hon Treasurer Maurice Horgan, starters Dr Jack O'Connor and Henry Downing, Judges Dr F Maybury, MI J O'Donovan, and Liam Walsh, Commercial RC are currently inviting new members to avail of their excellent training

facilities at Ross, Contacts are DJ O'Riordan, 064-6631743 John Joe Healy 064 6643136 Jimmy Doyle 064-6639856 John Kelly 064-6632698 Henry Clifton 064-6632252

ST. BRENDAN'S ROWING CLUB

By Emma Brosnan

The St. Brendan's RC quiz takes place in the Killarney Avenue Hotel on the 11th April, any spot prizes to be handed in to Lir Cafe or bring on the night. The church gate collection takes place on 22nd and 23rd of March. If you can volunteer for masses on these dates please email available times tostbrendansrowingclub@gmail.com. Any supporters or family members are welcome to help out. Finally a big Happy 21st Birthday to Sarah B!

MILLTOWN / LISTRY COMMUNITY GAMES

INDOOR SOCCER: Our U13 Girls team travelled to Mountcaol with confidence last Sunday having qualified from the group section in Listowel the previous Sunday. In the semi-final they came up against a strong Duagh/Lyre and in a very tight game they edged the result by winning 3 - 2. We then played Listowel in the final who had been many people's favourite to win this Competition from the start. Our girls played very well and at one point led 3 - 1 but Listowel came back and levelled the game taking it into extra time. In this period Listowel proved stronger and ran out winners on a scoreline of 5 - 3. We are very proud of our girls efforts in taking silver medals and we sincerely thank the parents who travelled both days giving great vocal support to them! Team: Mairead Lehane Ciara Tangney Niamh Broderick Aileen O'Leary Caoimhe O'Donoghue Flynn Amanda Flynn Caoimhe Burke Elisha Bradley.

DRAUGHTS: We had 2 very enjoyable evenings over the last 2 weekends in Beaufort and Fries where we had challenge games with the host clubs. We would like to thank them both for their co-operation in organising the games. We now look forward to the Co. Finals in Listowel Comm Centre this Sunday at 1.30 with registration on at 1.00 sharp.

UPCOMING EVENTS: Please note in your diaries that our local Athletics Day will take place on Apr 12 in Milltown/Castlemaine GAA pitch at 1.30.

Please also note the following events are coming up shortly and we would encourage participation in them if possible: Projects, U11 Mixed Basketball, Model Making.

If there is interest in any of the above events please don't hesitate to contact Denis 087-9662332 or Pa 087-6447788 for details and we will gladly help in any way.



KERRY COMMUNITY GAMES

By Margaret Dineen

ANNASCAUL/CAMP/INCH; GLENFLESK, & LISTOWEL ALL QUALIFY FOR MUNSTERS IN U.L.:

On Sunday last, we had our Indoor Soccer Finals in Mountcoal Sports Centre with exciting games and great skills being displayed. Annascaul/Camp/Inch claimed the Under 13 Indoor Soccer, Glenflesk in the Under 10 Boys Indoor Soccer, and Listowel in the Under 13 Girls Indoor Soccer. All three finals went into extra time which emphasizes the quality of the players/teams, and the competitiveness of all the games. The three winning teams will go forward to represent Kerry in the Munster Finals in U.L.

MUNSTER FINALS: The gold medal winning teams will now represent Kerry at the Munster Finals in the U L on the 5th July.

HEALTHY EVENTS: Areas should try to insure that their events are incorporating some form of health promotion. TIP: Provide water or healthy snack options at your events.

UPCOMING EVENTS FOR MARCH

Draughts – 16th March; Basketball Girls U13 – 22nd March; Chess – 30 March; Rugby Mini U11 – 30th March.

CHECK-IN TIMES FOR THIS WEEKEND

EVENTS: Check-in time for Draughts is 12.30 at Listowel Community Centre on Sunday next, 16th March. Managers should ensure that they are familiar with changes in rules.

DATES FOR YOUR DIARY

ALL AREAS: should now have completed their Pink Event Form and returned it to County Secretary.

Closing Dates for receipt of Completed Entry Forms: Basketball Girls Under 13 (Thursday 13 March); Chess & Mini Rugby (Thursday 20 March); Projects / Hurling /Basketball Boys Under 13 – closing date Thursday 27 March.

Fixture Dates for some of our bigger competitions: Draughts (16 March); Chess (30 March – date changed); Quiz (18 Apr – date changed); Swimming (Sunday 4 May); Gymnastics (11 May); Athletics (21st/22nd June).

KILLARNEY COUGARS BC

SENIOR NEWS

Senior Men's Div 1

St Pauls 67

Killarney Cougars 70

Cougars completed their league games with a narrow win over St Pauls at the Community College. Pauls made the better start and led 19-16 at the end of the first quarter thanks to 13 points by the impressive Billy Wiseman with Cougars responding well with three consecutive threes by Alan Flynn. Cougars hit the front early in the second quarter with a great spread of scores to lead 36-35 at half time, Cougars were very dominant in third quarter and led 54 - 45 thanks to strong defence and

great three pointers by Dan Cronin and Alan Flynn. Cougars were put under pressure in the final quarter from good baskets by Shane Horgan but Cougars controlled the closing stages and Darren Gaffey stepped up with a couple of big baskets to secure the points for the Cougars.

Senior Women's Div 1

Killarney Cougars 61

Lixnaw 44

Cougars completed their league season with a very comfortable win over the defending 2013 league winners at the Pres Gym. Cougars led throughout and were very confident following the recent Cup Final success. Cougars led 21-13 at the end of the opening quarter thanks to big three pointers by Mags Cronin, Marion O'Callaghan and Allyson Caggio. The sides went basket for basket in the second quarter before Cougars secured the win with a great third quarter to lead 51-30 entering the last quarter. Best for Cougars on this occasion were Mags Cronin, Chloe O'Doherty, Alma O'Mahony and Marion O'Callaghan

JUVENILES NEWS

U16 Girls

League Final

St Anne's 34

Killarney Cougars 45

Cougars and St Annes contested this entertaining U16 League Final before a good attendance at the Pres Gym. Cougars made a good start going ahead by six points with good baskets by Katie Talbot, Abigail Graham and Caoimhe O'Sullivan. The sides went basket for basket in the second quarter with St Anne's Diane Cooper and Orla O'Mahony impressing for the Farnfore & Firies girls. Cougars finished the quarter well with baskets by Claire O'Brien giving Cougars a deserved lead 22 - 14 at halftime. St Anne's had their best spell of the game in the third quarter as they reduced Cougars lead to just a basket. Cougars strong and determined defence ensured they held onto the lead thanks to Niamh Clifford Fiona Kissane and Kate Stack as they all worked so hard on the defence. Cougars added further baskets by Clifford and Stack to hold a 34-30 lead at the end of third quarter.

An exciting final quarter saw Cougars struggle under a full court press from St Anne's but Cougars remained composed and finished with some fine baskets by Fiona Kissane and Caoimhe O'Sullivan and Kate Talbot to secure the League Title following a very good contest. Best for Cougars on this occasion were Katie Talbot 16 points, Caoimhe O'Sullivan 14 points, Kate Stack, and Fiona Kissane.

FIXTURES: Tuesday March 18th

Girls U12 League

Caherciveen v Killarney Cougars 7pm.

Caherciveen

Wednesday March 19th

Boys U12

Killarney Cougars v Rathmore 7pm Pres Gym.

A full list of the latest fixtures is available on the club website www.killarneycougars.com

Gneeveguilla Athletic Club: (By Tom Joe O'Donoghue)

LOTTO: No winner of our lotto dated 07/03/2014. Numbers drawn were 11, 20, 21 and 27. Sellers prize Danny O'Sullivan, €50 yearly ticket prize winner Shelia O'Donoghue, Taur, €50 lucky dip to Derry O'Sullivan Cue Club Killarney, €40 each to Patrick O'Donoghue Upper Coom, Aishling Brosnan Tureenamult, Catherine Morris Quarry Cross. €1,000 bonus not won numbers drawn were 3, 8, 19 and 22. Next week our jackpot is €7,600 plus bonus prize €1,000.

ALL IRELAND INDOORS: The following athletes from the club have qualified for the All Ireland indoors in Athlone in the coming weeks; Amy Cronin 60m, 200, and long jump, Sinead Warren Shott Putt, Francis Cronin 800m, Ronan Collins Shott putt, Lauren Kennelly High Jump.

Well done to Simon Mangan and Seamus Murphy both ran well in the Ballycotton 10 miler on Sunday.

RATHMORE/GNEEVEGUILLA COMMUNITY GAMES

CHURCH GATE COLLECTION: Thank you to all who supported our church gate collection on Saturday 8th and Sunday 9th in Shrone, Rathmore and Gneeveguilla. Thank you to the parents and supporters who were so willing to stand at the church gates at all Masses.

DRAUGHTS: Next Sunday the U10, U12 and U14 draughts team along with coaches will be travelling to Listowel to take part in this competition.

The U10 team members are Sean O'Keeffe, Ross O'Leary, Sean Finnegan, Delia Foley, Tara O'Leary, Saoirse Casey and Pdraig Moynihan. U12 team members are: Kieran Fitzgerald, Theresa Downey, Paudie O'Leary, William Casey, James Darmody, Pdraic Finnegan and Andrew Moynihan. U12 team members are Megan O'Keeffe, Doonagh Fitzgerald, Niamh Finnegan, Eimear Nagle and Julie Moynihan. Team coaches Joe Downey and John O'Keeffe. We wish all team players and managers the best of luck in their games. We wish to express our sincere gratitude to John and Joe our team coaches for the many hours they have given to training these children over the past few months, thanks to the Board Of Management and staff of Holy Family National School for the use of their school for training and for helping with the supervision, thanks to the parents who helped out at training and who helped with supervision. All your valued time and help is greatly appreciated.

U12 (must be 8 yrs on 31/7/2014 and not 12 years on that date) Boys Soccer: Trials for U12 boys soccer will be held on Sunday 16th in the Astro Turf pitch Rathmore from 10 am to 11am. Cost €2.00 per session.



KILLARNEY RUGBY CLUB NEWS

PATRICK'S DAY PARADE takes place this year at 2pm from the usual start on Ross Road. Theme this year is "115 Years of Killarney Town Council". It is hugely important that the club has a presence in the parade to promote our Youths and Minis. Please assemble at Ross Road from 1:30pm at our slot. Full Club colours to be worn. We welcome all Parents to join us on the walk about. Please contact Tom Campbell on 087/2657994.

MINI RUGBY: The dreadful weather finally lifted on Saturday last for our mini players to get some much needed game time in Castleisland who also hosted Listowel. Killarney were represented by about eighty children across all ages from U12 down to U 7s. All players seem to be improving but unless we can get a few more trips under our belts, it will be some time before the great Brian O'Driscoll will be replaced by one of our own!! Hopefully this more settled weather will stay for a while, and that we can get back to playing on grass for the remainder of the season. Training will be on again next Saturday, hopefully in Knockreer. Queries 087/2657994. Under 14s Killarney RFC – 21 Killorglin RFC – 17 – Synchronising with a long awaited change in our recent weather conditions Killarney's sporting fortunes also changed for the better. That this should happen against the West Munster League Champions

in a magnificent game of rugby makes it all the more rewarding. Albeit that Killorglin started without some of their front liners they still finished with their championship winning side and it's to Killarney's credit that they held them out in an absorbing frantic finale. Where one might ask was this performance concealing itself all Season. For once Killarney played with a sense of unity and purpose, rucking, tackling and passing with support. One is left with a lingering sense of regret at what might have been. Again, it was Sean Cahill who led from the front with another hat-trick of tries converted by Kieran O'Connor (x2) and Cathal O'Shea. In reply Killorglin responded with three tries of their own, only one of which was converted. Entering the last five minutes the visitors were camped inside Killarney's twenty-two and there they remained following a succession of scrums which threatened, but ultimately failed to breach the try line. It is to Killarney's great credit that they withstood such a ferocious onslaught but praise must go to a gallant opposition whose rugby prowess was matched by a very sporting ethos. In addition to the aforementioned Killarney players the hosts were also well served by Mark Donnellan, Barry Slattery, Conor McCarthy and Stephen McKenna. However it should be noted that all of Killarney's players were magnificent. This Saturday we travel to Charleville. Bus departs ESB car park at 9.30 am sharp. Bring €5 for the bus and a few euro for the shop stop.

Killarney Senior Club – Killarney XV 9 Newport 7 – Played in miserable damp conditions and very soft underfoot, Killarney made hard work of this encounter with table footers Newport. It was Paudie Sheahan who yet again settled the scoring with his magnificent boot with three penalties against a try and conversion from the Tipp side. Killarney have a welcome free weekend and can enjoy the 6 Nations Finale match in our 'Clubhouse' at the Avenue Hotel tomorrow from 4pm onwards (kick-off in Paris is 5pm – be aware of French times being quoted as 18:00!!). England v Italy (Rome) 12:30pm; Wales v Scotland (Cardiff). We apologise over any confusion last time when many went to the Kube while others saw the notice for the change to the Avenue again. This time we will be in the Avenue Bar, Killarney Avenue Hotel. Allez les verts!

DRAW for Heineken Cup tickets for Munster v Toulouse on Saturday April 5th at 13:30pm in Thomond Park. Get your tickets from any club member at €5 for one or a book of 5 tickets for €20. Please bring your sold books and cash back to Tom Campbell or any of the Coaches. Draw held on Wednesday 2nd April. Thanks.

Fixtures: Saturday 15th U14s away to Charleville – 9:30 start at High Street Car Park. U18s play the West Munster Cup Semi-final against Killorglin. Kick off 11:00am at Dirreen. All support is very welcome.



FRONT L:R: STEPHEN MOYNIHAN, CALLUM CRONIN, GEAROID HEALY, EVAN LUCEY. BACK L:R: LUKE CROWLEY, DARA O'CONNER, JAMIE MOYNIHAN, BEN SWITZER. COACHES JOHN CROWLEY AND SEAN MOYNIHAN.



THE MILLTOWN LISTRY TEAM WHO SILVER MEDALS IN THE RECENT COMMUNITY GAMES INDOOR SOCCER TOURNAMENT.



Happy St Patrick's Day



from all at the Killarney Outlook



KILLARNEY ATHLETIC A.F.C. NOTES

FIXTURES: Kerry Schoolboys/Girls League Saturday 15th March 2014

Girls Under 10 Mini Blitz 11.30am.

Venue Celtic Park.

Listowel Celtic / Killarney Athletic.

Killarney Celtic / New Teams Welcome.

Boys Under 7 & 8 Mini Blitz 2.00pm.

Venue Celtic Park.

Killarney Athletic, Mastergeeha.

Inter Kenmare & Killarney Celtic.

John Murphy Under 12 Cup Round of 16

Killarney Athletic v Killorglin B 10.30am.

Tucker Kelly Under 16 Cup Round 1

Killarney Athletic B v Fenit 12.00 noon.

Foundation Sports Under 14 Division 1

Camp v Killarney Athletic 12.00 noon.

Killarney Plaza Under 15 Division 1

Ballyhar v Killarney Athletic 10.30 TBC.

Trophy World Under 16 Premier

Park A v Killarney Athletic A 10.30am.

RESULTS: UNDER 16 DIVISION 1:

PARK 4 KILLARNEY ATHLETIC B 1

A poor performance from the lads and will need to improve for next Saturdays cup clash home to Fenit. Best for Athletic were Brendan Coppinger and Blake Bolster.

GIRLS REPORT UNDER 16:

KILLARNEY ATHLETIC 4

LISTOWEL CELTIC 0

Killarney Athletic produced their display of the season in this encounter away to Listowel Celtic. Orla O'Mahony opened the scoring after 10 minutes with a low strike to the corner of the net. Linda Bruggner added a second following an incisive through ball from Elaina Galvin. Linda got her second & Killarney Athletic's third just before halftime with a well executed penalty after she had been fouled in the penalty box. Athletic playing against a strong wind opened well in the second half & were rewarded with a fourth as Aoife Kelliher beat the defence to skillfully slide the ball beyond the advancing keeper. An assured defensive display set the groundwork for an outstanding team performance with a deserved 4-0 victory.

TRAINING TIMES: Tuesday: Under 14

7.00pm – 8.00pm Fossa astro turf, senior

8.00pm – 9.00pm Fossa astro turf.

Wednesday: Girls 6.00pm – 7.00pm, Under 13

7.00pm – 8.00pm Fossa astro turf.

Thursday: Under 15 6.00pm – 7.00pm Fossa

astro turf, Under 16 7.00pm – 8.00pm Fossa

astro turf. **Friday:** Under 11 and 12 3.45pm –

5.45pm, Senior 7.00pm – 8.00pm Fossa astro

turf. Academy under 6-10 5.00pm – 6.30pm

Fossa astro turf

CONDOLENCES: The Club wish to offer their condolences to KDL Chairman Sean O'Keeffe and his family on the death of his mother in law. com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

KILLARNEY CELTIC NOTES

ST. PATRICK'S DAY PARADE: Killarney Celtic are anxious to maintain our long and proud tradition of participation in the St. Patrick's Day Parade and are asking all club members to meet at 1.30pm at Ross Rd. Wearing club colours if possible prior to marching.

CONDOLENCES: To KDL Chairman Sean O'Keeffe and family on their recent bereavement.

RING OF KERRY CHARITY CYCLE: The Ring of Kerry Charity Cycle is one of the greatest charitable institutions in the whole country and Killarney Celtic are proud of all our members and all the other people who take part. While all of the causes are hugely worthwhile, we would ask those participating to consider supporting the Kerry Stars in particular.

RESULTS: MUNSTER JUNIOR CUP QUARTER-FINAL: KILLARNEY CELTIC 0 NEWMARKET CELTIC 1

This was a real thriller and a great battle by the lads. We had the better of the chances, with the Newmarket pulling off a string of saves. The best save of all was by Roy Kelliher in our goal but the Newmarket striker followed up and that was enough to give them the win. Best of luck to them in the semi-final.

DENNY PREMIER A: FENIT SAMPHIRES 5 KILLARNEY CELTIC B 1

No joy for our reserves either despite a great effort.

U17 LEAGUE: MASTERGEEHA 0 KILLARNEY CELTIC 1

A great strike by Cathal O'Shea was enough to separate two very good teams.

U15 PREMIER: KILLARNEY CELTIC 2 LISTOWEL CELTIC 0

Killarney Celtic maintained our unbeaten record (6 from 6) without kicking a ball as Listowel were unfortunately unable to field on the day.

FIXTURES:

Denny Premier: Killarney Celtic away to Killarney Athletic, Sunday, 11.30am.

Denny Premier B: Killarney Celtic away to Athletico Ardfer, Sunday, 11.30am.

U17 League: Killarney Celtic away to Dingle Bay Rovers, Saturday, 11.30am.

U16 Div One: Killarney Celtic B away to Castleisland, Saturday, 12.30pm.

U15 National Cup: Killarney Celtic at home to Mervue, Saturday, 6.00pm.

U14 Premier: Killarney Celtic away to Castleisland, Saturday, 11.00am.

U14 Div One: Killarney Celtic B at home to Killorglin, Saturday, 12 noon.

U13 National Cup: Killarney Celtic at home to Mervue, Saturday, 4.30pm.

U12 Premier: Killarney Celtic away to Killorglin, Saturday, 10.30am.

U12 Div One: Killarney Celtic B at home to Killorglin, Saturday, 10.30am.

U12 Kerry Cup: Killarney Celtic C at home to Park B, Saturday, 12 noon.

Please note that all of these fixtures may be subject to change. Players and parents are advised to stay in touch with team

managements.

LOTTO RESULTS: Numbers drawn 1, 8, 15, 21. No winner, two x match 3, Alan Ring c/o Killarney Avenue, Breda Doona 44 Arbutus Grove, €75 each. Next week's jackpot €5400, draw in the Failte on Monday night. Tickets available from all club officers.

LOTTO SELLERS / YEARLY LOTTO: The club is calling on all members to sell at least 5 Lotto tickets. We all saw the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com.

Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

MASTERGEEHA FC

U13 PREMIER: MASTERGEEHA 1 KINGDOM BOYS 2

In this close game on Saturday morning the boys battle well and deserved a draw. In the opening half the visitors took the lead from the penalty spot. However Mastergeeha equalised when Paul O'Shea scored early in the second half. In the closing stages the visitors scored when a deflected shot found its way to the net. All played well.

U15 KERRY CUP:

PARK 0 MASTERGEEHA 8

Mastergeeha qualified for the next round of the cup wining away in Tralee. James Nagle (3), Patrick Warren (2), John Hannigan, Niall McCarthy and Darren Mulcahy getting one each were the scorers.

U17: MASTERGEEHA 0

KILLARNEY CELTIC 1

This local derby was a tough encounter with the town side just shading it. In the first half the visitors started better and took the lead after 20 minutes. For the remainder of the half this Mastergeeha battle well with Paul O Connor going close with a headed effort. In the second half Mastergeeha defended well and pushed forward more. With 15 minutes remaining Celtic were awarded a penalty which Denis Ring saved well. In the closing stages Mastergeeha created the best chances with Tommy Sheehan going closest with a very good shot. In the final minute a free kick by Gearoid Kerins was headed for the goal by Paul O'Connor but the visitors keeper saved well with Tadhg O'Mahoney putting the rebound just wide. All played well.

SENIORS: MASTERGEEHA 2

TRALEE DYNAMOS 1

In this close game the seniors took the current table toppers at home. Mastergeeha took the lead in the 60th minute when Ricky Fleming converted from the penalty spot after being taken down. After this the Tralee side equalised but Mastergeeha pushed forward in the closing stages and when Corey Mitchells shot was saved Chis Egan followed up well and scored

the redound for the winner. All played well and a deserved victory.

SYMPATHY: The club would like to extend sympathy and our sincerest condolence to the family and relatives of Mick Galway of Currow. May he rest in peace.

SCHOOLBOY/GIRL SOCCER

No Danone sweetness for Killarney Celtic.

U12 National Cup Last 16:

Killarney Celtic 1-3 Southend (Waterford).

JK Sports 12 Division 1: Camp 8-0 Park C.

Daly's Supervalu 13 Premier:

Listowel Celtic 3-2 Killorglin.

Mastergeeha 1-2 Kingdom Boys.

13 Division 2: Camp 2 – 0 Listowel Celtic C.

Fenit 4-0 Kingdom Boys B. Asdee 3-5 Park B.

15's Cup: Park B 0-8 Mastergeeha.

Killarney Plaza 15's Premier:

Park A 0-6 Kingdom Boys.

Killarney Celtic A 2-0 Listowel Celtic A.

15 Division 1: Camp 3-5 Killorglin A.

Tralee Trophy World 16's Division 1:

Park C 4-1 Killarney Athletic B.

REPORTS:

12'S NATIONAL CUP LAST 16:

KILLARNEY CELTIC 1-3 SOUTHEND:

With a place in the Last 8 of the National Cup and in the Danone qualifier there was much to play for in this National Cup Last 16 clash. It was always going to be a case of the side that took their chances at one end and defended strongly at the other that would go through.

And in reality there was very little between the side. Southend scored first in a goal that was scrambled over the line. Killarney Celtic were then given the chance of an equaliser for the penalty spot but it just scraped the wrong side of the post. The home side did get back into the game with a goal from a free kick scored by Niall O'Shea. However the Waterford side got their noses in front in the second half and with Killarney Celtic pushing for an equaliser they were caught with a sucker punch.

KERRY CUP – 15'S: Mastergeeha booked their place in the Last 8 of the 15's Cup with a good win over Park B at Christy Leahy Park. James Nagle top scored with a hat trick, Patrick Warren got 2 and these were added to by goals from Niall McCarthy, Darren Mulcahy and John Hennigan.

LEAGUE REPORTS: 7/8'S BLITZ: Our youngest stars enjoyed two Blitz's at Tralee Dynamos pitch and Kilbrean Park. At Dynamos the hosts, Kingdom Boys, Asdee, Castleisland and Killarney Athletic took part. Up in Kilbrean Park Mastergeeha hosted and the home side welcomed Camp, Inter Kenmare and Killorglin. All the team involved really enjoyed their days.

MORIARTY'S CENTRA 11'S: There were wins in Group 1 for Listowel Celtic A over Inter Kenmare and Killarney Celtic A who defeated Killorglin. In Group 2 Killarney Celtic B made it a double over Killorglin and the Park B who just got the better of Mastergeeha. Listowel Celtic C and Asdee were the winners in Group 3 as the got over Ballyhar and Park C.

KINGDOM BOYS 1 TAKE FIRST EVER LEAGUE FUTSAL TITLE: Following a great

day of Futsal action in the Mercy Mounthawk Gym Kingdom Boys 1 took the title, but only after an epic battle. In the semi's Castleisland needed to beat Kingdom Boys 2 to reach the final but went down 3-0. Kingdom Boys 1 had an easier path to the final and went in as favourites after winning all their Group game. But with the final over 5 minutes a half it was Camp who took control, going 2-0 up at the break. However the second period was a totally different story as the Tralee side hit 4 without reply. League Chairman Martin Conway was on hand to present the medals but every one of the 40 kids that took part had a great day and created a great atmosphere.

JK SPORTS 12'S DIVISION 1: Fifth placed Camp kept up their chase with a 6-0 win over Park C. Cian O'Grady certainly brought his shooting boots hitting 5 with David Smith getting the 6th.

DALY'S SUPERVALU 13 PREMIER:

With leaders Killarney Celtic not in action both the sides in second place were on the road with both needing wins. Kingdom Boys managed to do this with a late late 2-1 win over Mastergeeha. Leo Gaxha and Codi Dauti scored for the Tralee side with the winner coming in the last couple of minutes. Paul O'Shea got the Mastergeeha goal. Killorglin can be forgiven a little for being a bit tired in their game with Listowel Celtic A. There National Cup odyssey continues (provisionally on March 22nd) but here they were beaten 3-2 away to Listowel Celtic. David McKenna got 2 and Brian O'Neill the other for Listowel Celtic while Roan Moriarty and Gary Murphy scored for Killorglin.

13'S DIVISION 2: Leaders Camp took a big step towards the title as they defeated Listowel Celtic C, their closest rivals, 2-0 to record their 9th straight win. Jack Farrell and Cillian Falvey were the Camp scorers. Third placed Park B were made fight all the way by Asdee, who were putting in one of their best performances of the season. 2 from Paddy O'Rourke and one from Jack Farrell had the home side 3-2 up at half time. However by the end it was the Tralee boys that took the points 5-2 with their scorers being TJ McMahon 3, Junior Ankomah, Mark Dziedziuch. Fourth placed Fenit also added three points with a 4-0 home win over Kingdom Boys B. Cian Donnellan and Edward Stack both scored two each.

KILLARNEY PLAZA 15 PREMIER:

Killarney Celtic 6th win came without kicking a ball and they are now on 18 points from their 6 games. Second placed Kingdom Boys were too strong neighbours The Park to keep ahead of Mastergeeha who weren't playing. Dara Devine, Niall Downey, Dillon Robinson, Dara Lowth, David O'Connor and Rian O'Sullivan all scored one goal each.

15 DIVISION 1: Killorglin started the day in second place but had two games in hand over leaders Camp and knew if they could beat them on their home ground it would really open up the Division. And they did just that winning 5-3. Gary Mathews was the Killorglin hero hitting a hat trick. Mark O'Connor and David O'Shea got the other goals. Jimmy O'Grady got a hat trick

for Camp but unfortunately it wasn't enough to earn his side anything.

TRALEE TROPHY WORLD 16 DIVISION

1 PLATE: The 16 Division 1 is split into two groups of 4 and in the Plate section Park C defeated Killarney Athletic B 4-1. Kevin Johnson got 2 and Keelin Pierce and Peter Enright one each in their win.

16 PREMIER GIRLS: Killarney Athletic 16 Girls side produced their display of the season in this encounter away to Listowel Celtic. Orla O'Mahony opened the scoring after 10 minutes with a low strike to the corner of the net. Linda Bruggner added a second following an incisive through ball from Elaina Galvin. Linda got her second & Killarney Athletic's third just before halftime with a well taken penalty after she had been fouled in the penalty box. Athletic playing against a strong wind opened well in the second half & were rewarded with a fourth as Aoife Kelliher beat the defence to skilfully slide the ball beyond the advancing keeper. It wasn't all about offence as the Athletic girls gave a great defensive performance on the day.

13'S INTER LEAGUE: Kerry took part in the first day of 13's Inter League action in UL at the weekend. First up they defeated South Tipperary 4-1 thanks to a Ryan Kelliher hat trick and one from Darragh Lyne. In the second game Kerry were unlucky to go down 2-1 to Limerick Desmond, who reached the All Ireland final at u12's last year. Inter Kenmare's Dan Shea scored the Kerry goal. In the other games played Limerick Desmond defeated Clare 3-1 and it finished 3 all between Clare and South Tipperary. Next up Kerry play Clare and Limerick Desmond take on South Tipperary on April 6th. It's not a long time to Tipperary! The 2014 Kennedy Cup groups and fixtures were decided by the draw which took place at the SFAI Council in Clonmel at the weekend.

Kerry were in the second of four pots of 8 due to their 10th seeding, which is determined from the average of the last 3 finishing positions.

Kerry were the 7th team out drum and went into Group 7 which has Galway as the top seed (6th seeds). Longford, 24th seeds are the third team in the group and South Tipperary (28th) make up the group. However seedings really don't make count as much as they once did as the standard has really evened up and Kerry certainly won't be taking any of the teams lightly. Kerry open their Kennedy Cup campaign at 6pm on Monday, June 16th when they face Longford. Tuesday will be a tough day with two games and not a lot of time between them. They face South Tipperary at 10.30am and then at 4pm take on Galway. Their time slot for the quarter final and which competition they are in will depend on finishing positions in the Group. If they win or finish 2nd they will play at 1pm on Wednesday. Annual favourites the DDSL are in Group 8, alongside Carlow, Limerick Desmond and Wicklow, and should both the Dubs and Kerry top their Groups they will meet each other. Our neighbours Cork are top seeds in Group 1 where they will face Dundalk, Midlands and Roscommon.



AT BEAUFORT GOLF CLUB TAKING PART IN A TABLE QUIZ TO RAISE FUNDS FOR THE JUNIOR GOLFERS WERE L-R TIMMY LYNE (ORGANISER), GEOROID KEATING (CAPTAIN), MARK HEINEMANN, SIMON RAINSFIELD AND IN FRONT WAS LADY CAPTAIN IRENE MCCARTHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

KENMARE GC

By Mike Murphy.

GENTS: 1st David O'Dwyer [14] 33pts

2nd Mike O'Leary [16] 31pts

4 Teams for District League Final, on March 23rd - Kilgarvan, Main St, Cork and Sound Road.

FIXTURES: Kenmare GAA Classic on Fri and Sat. Neil O'Sullivan Greene Memorial on Sunday March 16th.

LADIES: 13 hole sf

1st Noreen Crowley 20pts

2nd Maura Murphy 20pts (on c/b)

CASTLEROSSE GOLF CLUB

By Donal Reilly

Competition played on Sunday 9th March 2014, 9 Hole Stableford.

Winner, Gene Cronin 20pts, Runner up Damien Kane 19pts.

FIXTURES: Competition on Sunday 16th March 12 Hole, shotgun start at 10am. Draw for partners at 9.45am. Open to ladies & Gents. Come out and enjoy an enjoyable game of Golf. Stableford Format.

New members invited to join Castlerosse Golf club, a challenging parkland course, please contact 087 0938933 or 064 6631144 for details, easy pay terms on offer.

KILLARNEY GOLF CLUB

LADIES

By Eileen Tarrant

RESULTS Kennellys Pharmacy Singles Stableford Competition Sunday 9th March 2014

1st Susan Tong (18) 38 points (B.3)

2nd Mary Leacy (19) 38 points

3rd Anne Courtney (36) 37 points (B.9)

B.G. Amy Arthur (8)

Next Sunday 16th March, '14, Keanes Jewellers Singles Stableford Competition on Mahony's Course. Tee times 10.58 am to 1.05 p.m. Prize Giving after Competition.

Captains and President's Drive in next Monday March 17th St Patrick's day.

Drive in at 8.30 am followed by Joe Geaney-Kerry Linen Services Mixed Foursome Competition, first tee-time 9.00 am. sheet on Notice Board, Prize Giving will take place at 1.30 pm approx.

RING OF KERRY GOLF CLUB

9th March

Singles Stableford

1st: Simon Stauch (13) 40pts

2nd: Daniel Daly (16) 40pts

3rd: Noel Moylan (7) 38pts

4th: Joe O'Neill (5) 38pts

Bank Holiday Weekend

Saturday 15th - Monday 17th March

There will be two competitions running over the 3 days of the bank holiday weekend. One entry only - Enter any day

A singles stableford event €8 members - €20 visitors and/or a 2-Person scramble. Members €5 - €20 visitors.

Members are reminded that the Captains Drive-in is to be held at 3pm on Sunday 16th March.

KILLARNEY GOLF MEN'S CLUB

By Sean Casey

3 MAN SCRAMBLE

Mahony's Point, 09/03/2014

1/9 of combined handicap

1 Sean Brosnan (8) Mark Bowe (5) Jas Collins (13) 60 1/9

2 Ger Moroney (12) V O'Doherty (25) Pat Casey (25) - 60 1/9

3 Jas o Neil (2) C McNeice (6) B O'Toole (4) 60 2/3

Next Comp Sunday 16th Singles -Sponsor Keanes Jewellers

The Killarney Men's Club are looking for interested parties in taking charge of any the club teams for the coming season ahead. If you are interested then please contact Harry O'Neill at 086 6996368.

BEAUFORT GOLF CLUB (MEN'S BRANCH)

RESULTS: Beaufort Golf Club (Men's Branch)

7th March - A Quiz was held at the clubhouse to support the Junior Members of the Club. A great night was had by all who attended. Thank you to all who supported the event. The Winning Team was: Noeleen Mackessey, Mary O'Shea, Donal Carroll and Barry Woulfe.

8th/9th March - 1st Rd Spring League - 9 hole re-entry.

1st President Johnny Doolan 20 pts

2nd Lennie Morris 18 pts

3rd Joe McMahon 17 pts

FIXTURES: Sunday 16th March - Captains Drive-In. Meet at clubhouse at 10am. Drive-In at 10.30am followed by Scramble.

15th/16th /17th March - 2nd Rd Spring League - 9 hole re-entry.

DEERPARK PITCH & PUTT

By John Kelly

The past weekend saw the annual Bob Casey Tournament get off to a fine start with opening rounds at Deerpark and Gleneagle and at the halfway stage Deerpark B captained by Damian Fleming is leading with a score of 19 1/2 pts in second place Deerpark A with 16 1/2 pts in fourth place Gleneagle with 14 1/2 pts and in fifth Tralee with 13pts..

The individual leaders are as follows -Senior Damian Fleming with 14 under Intermediate Paul Cronin 12 under and Junior James Fleming with 10 under.

Next round will kick off in Tralee with a Shotgun start at 9am followed by a further Shotgun start at Castleisland. Hopefully full results will be available by late afternoon.

COMMITTEE MEETING: A Committee meeting will be held in the Clubhouse on Tuesday 25th March at 7-30pm. (Note change of date)

TABLE QUIZ: The annual table Quiz will take place at Charlie Foleys on Friday night March 21st

SENIORS OUTING: The March Seniors Outing attracted a fine turnout from Deerpark, Gleneagle and Castleisland. Winners were Sean Ashe and John Kelly with John O'Halloran and Mary O'Brien in second place, Next Outing will be at Castleisland on Tuesday 1st April 10.30am

ROSS GOLF CLUB

Sunday March 16th club sponsored 18 hole competition. Monday March 17th 10 hole mixed scramble. Entry sheet in the club house. Draw for partners Saturday March 16th.

Sunday March 23rd 18 hole competition sponsored by Elizabeth Kelliher and Eileen Fleming.

ROSS GC, KILLARNEY, GENTS CLUB

On Sunday March 16th we will hold an 18 hole single stableford competition. The timesheet is now available in the clubhouse so please add your name to it as soon as possible.

GLENEAGLE PITCH & PUTT

By John O Halloran

Last Sunday we played the Bob Casey inter club competition, first at Deerpark and then at the Gleneagle. Results Deerpark B 19.5 points, Deerpark A and Castleisland 16.5 points each, Gleneagle 14.5 points and Tralee 13 points.

This Sunday we play in Tralee at 9.00am and afterwards in Castleisland. All players to be in Tralee before 9.00am.

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RECIPES OF THE WEEK

ST. PATRICK'S DAY TREATS - POTATO CAKES WITH SMOKED SALMON

- 3 medium potatoes, quartered
- 100g flour, plus extra for dusting
- ½ tsp baking powder
- For the topping
- 150g pack full-fat soft cheese
- 200g pack smoked salmon
- half a small red onion, thinly sliced
- 1 tbsp caper, drained
- zest 1 lemon



Method

1. Make the potato cakes. Bring a large pan of salted water to the boil. Tip in the potatoes and cook for 10-15 mins until soft. Drain well, then return to the hot pan for 1-2 mins to allow any excess moisture to evaporate. Pass the potatoes through a ricer or sieve to get a really fine mash.
2. Weigh out 250g of the mash and place in a bowl (you shouldn't have much left over). Tip in the flour, baking powder and 1 tsp salt. Mix together until the mixture forms a soft dough. Shape into a ball, then tip out onto a lightly floured surface. Roll out into a circle about 20cm across and 1cm thick. Cut into 8 triangular wedges and generously dust all over with flour. The potato cakes can be made up to this point 1 day ahead and chilled or frozen for up to 1 month.
3. Set a large, non-stick frying pan over a medium heat (no need to add oil). When hot, dry-fry the cakes for about 3-5 mins on each side until golden and cooked through. You may have to do this in batches. Stir a little water into the soft cheese until it is spoonable. Place the potato cakes on plates, top with dollops of soft cheese and a smoked salmon slice, then scatter over the red onion, capers and lemon zest to finish.

MARMALADE & WHISKY BREAD & BUTTER PUDDING

- 8 slices day-old crusty white bread, crusts removed
- 50g very soft butter
- 4 tbsp Seville orange marmalade, plus 4 tsp
- 300ml full-fat milk
- 248ml pot double cream
- 3 large eggs
- seeds 1 vanilla pod
- 4 tbsp golden caster sugar
- 1 tbsp whisky
- icing sugar, for dusting



Method

1. Butter each piece of bread on both sides, then spread 4 with the 1 tbsp marmalade each. Pop the remaining bread on top to make 4 marmalade sandwiches. Cut into triangles and nestle in rows in a large baking dish. Heat oven to 160C/140C fan/gas 3.
2. Beat the milk, cream, eggs, vanilla, sugar and whisky together, then pour over the bread. Leave to soak for 30 mins.
3. Dot the remaining marmalade all over the top of the pud and dust with the icing sugar. Bake for 45 mins-1 hr or until puffy and starting to caramelise where the bread breaks out of the custard. Serve hot or warm.

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Citizens Information

Know Your Rights:

INTERNET SAFETY FOR CHILDREN

QUESTION

My 12-year old daughter is spending a lot of time online. I know she uses the web for homework and other activities but I am worried about how to protect her from cyber-bullying and other dangers. Where can I get help and advice?

ANSWER

The Irish Office for Internet Safety (part of the Department of Justice, Equality and Law Reform) publishes a Guide to Internet Safety for Parents. It summarises the key areas of concern and suggests ways to help your children benefit from the internet while staying safe. The Guide suggests that you should:

- Be involved with what your children are doing online and be familiar with the systems they use.
- Talk to your children about potential dangers and encourage them to talk to you about any difficulties they may be having
- Set guidelines on internet usage and encourage your children to treat other users with respect.
- Use available resources, such as filtering, blocking and parental control systems to help protect children from inappropriate or obscene content.
- Keep computers where you can see them and keep an eye on the sites your children are visiting.

It's also important that children understand that people they communicate with online may not be what they seem. In particular they should be careful about how they interact with others and the information that they disclose to others. Any instances of suspected online child abuse should be reported to hotline.ie (run by the Internet Service Providers Association of Ireland) immediately.

Other resources for parents include the Webwise website from the Irish Internet Safety Awareness Centre which promotes the safe, responsible use of the internet and mobile devices by children and young people. Visit webwise.ie to access internet safety information, advice and educational resources. Watchyourspace.ie is a website for young people. It aims to empower and support young people as they take action to address bullying, in particular cyber-bullying, in their communities.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Castleisland 0761 07 7790, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



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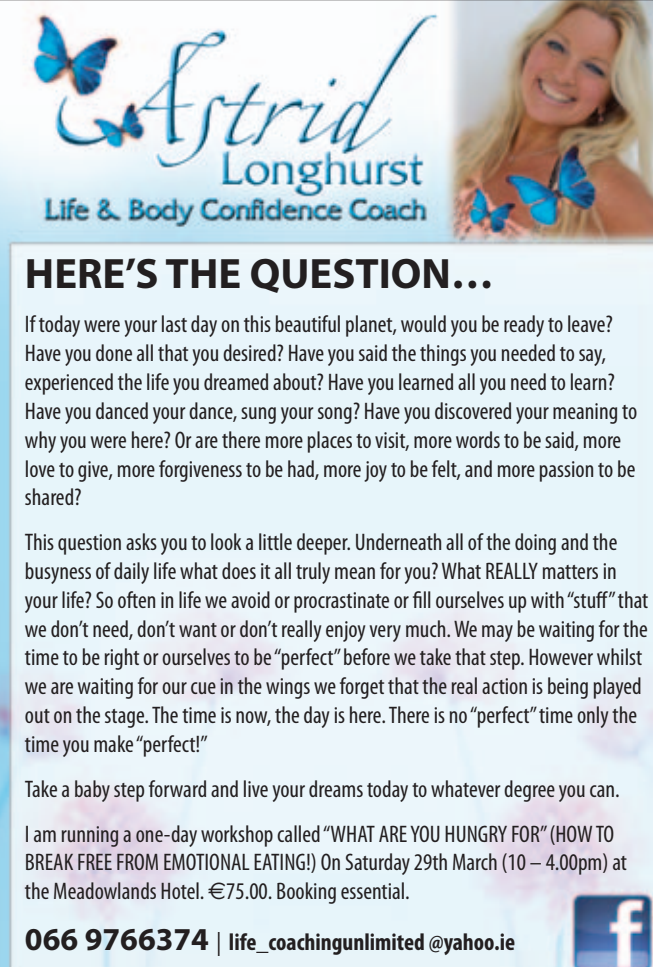
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HERE'S THE QUESTION...


If today were your last day on this beautiful planet, would you be ready to leave? Have you done all that you desired? Have you said the things you needed to say, experienced the life you dreamed about? Have you learned all you need to learn? Have you danced your dance, sung your song? Have you discovered your meaning to why you were here? Or are there more places to visit, more words to be said, more love to give, more forgiveness to be had, more joy to be felt, and more passion to be shared?

This question asks you to look a little deeper. Underneath all of the doing and the busyness of daily life what does it all truly mean for you? What REALLY matters in your life? So often in life we avoid or procrastinate or fill ourselves up with "stuff" that we don't need, don't want or don't really enjoy very much. We may be waiting for the time to be right or ourselves to be "perfect" before we take that step. However whilst we are waiting for our cue in the wings we forget that the real action is being played out on the stage. The time is now, the day is here. There is no "perfect" time only the time you make "perfect!"

Take a baby step forward and live your dreams today to whatever degree you can.

I am running a one-day workshop called "WHAT ARE YOU HUNGRY FOR" (HOW TO BREAK FREE FROM EMOTIONAL EATING!) On Saturday 29th March (10 – 4.00pm) at the Meadowlands Hotel. €75.00. Booking essential.

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Anyone planning a road trip this weekend can reduce the risk of accident or breakdown by taking a few basic precautions including:

The basics: Before setting off, check your oil, water and petrol levels.

Tyres: Check your tyre pressure, tread depth and general condition (including the spare).

Lights: Make sure headlights and indicators are

clean and working properly.

Avoid black spots: If you can, steer clear of heavily congested roads or dangerous areas where cars are at risk. If you do get stuck in traffic, be patient – nobody wants a 'shunt' on this of all weekends.

Tolling: Is there a toll gate along your route? Make life easier and avail of a toll tag in advance of your journey so you can travel stress free through the express lane, taking the hassle out of searching for change.

Parking: Before travelling, drivers should

check to ensure they are familiar with parking restrictions. Read the signs closely and search for authorised parking zones if in doubt. An easytrip tag can be used to access more than 10,000 spaces at 22 secure city-centre car parks in Dublin, Belfast, Cork, Galway and Limerick.

If something goes wrong: If you're unlucky enough to have a breakdown or accident, contact emergency services or breakdown operators immediately, then keep well away from danger while you wait.



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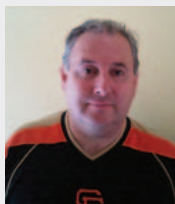
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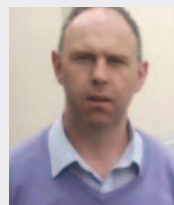
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HEDGE CUTTING IS ILLEGAL SINCE MARCH 1ST

Illegal hedgerow cutting is detrimental to Irish wildlife and the Irish Wildlife Trust is calling for an immediate halt to this destructive practice. Unless for reasons of health and safety, hedge cutting is in breach of the Wildlife Act 1976 (as Amended, 2000) which bans hedge cutting from March 1st to August 31st each year.

The Irish Wildlife Trust hope that with continued pressure on offenders they can stop illegal hedge cutting and protect the green veins that support so much wildlife in our countryside.

Hedgerows are essential for maintaining wildlife diversity, supporting species such as badgers, owls, hedgehogs, stoats, blackbirds and innumerable plants, butterflies and other insects. Not only are they an invaluable resource for much of our wildlife they are vital in providing pollinators, cleaning our air, defining our landscape, storing carbon and by holding back the flow of water off land they can alleviate flooding.

WATER

Here in Ireland at present everyone including myself is hoping for some dry weather as safe, clean drinking water is something most of us take for granted, but for 768 million people around the world, it's not.

Access to clean water improves lives in more ways than you might think. For instance Clean water saves lives. Every day, 1,400 children under five die from diarrheal diseases that are directly linked to poor water, sanitation and hygiene. In Africa alone, people spend 40 billion hours every year walking to collect water — time that could be otherwise spent on other activities, like generating income. Two thirds of that burden is borne by women.

This year's Trócaire Lent Campaign is about the global water crisis. One way you can help support the campaign is to join the Trócaire Fast on Good Friday, April 18th. By visiting the

Trócaire 2014 Lent Campaign website you can create your very own online fundraising page for your friends and family to sponsor you.

A FEW OF THE WHITE HOUSE CATS

Many US Presidential leaders have found a furry companion to stand by their side during their time in the White House. We have been able to witness dogs, birds, horses, bears, and even John Quincy Adams' silkworms, you name the pet it seems like the US leaders have had them. Each of these pets has held a special place in not only the hearts of Presidential families but have also won the hearts of America.

*Abraham Lincoln, 16th President (1861-1865) - Tabby - The first cat known to live in the White House, was Abe Lincoln's son Tad's cat.

*Rutherford B. Hayes, 19th President (1877-1881) - Miss Pussy, Piccolomini, & Siam - Siam joined the Hayes' cat clan as a gift to Rutherford's wife Lucy from the American Consul in Bangkok, Thailand. She was known to be the first Siamese to reach the United States in 1878.

*Theodore Roosevelt, 26th President (1901-1909) - Slippers & Tom Quartz - If you'd been invited over for dinner by Teddy Roosevelt, you had to be ready to make way for his gray, six-toed cat Slippers who was infamous for sleeping in the hallway, requiring many guests to detour around her. Mr. Roosevelt was also a big fan of Mark Twain, as he named Tom Quartz after the cat in Twain's book, *Roughing it*.

*Calvin Coolidge, 29th President (1923-1929) - Smokey, Blackie, Timmy, & Tiger - With a house full of animals it's not a surprise that the Coolidge family had three cats amongst their family zoo at the White House. All cats had their quirks such as Timmy allowing the Coolidge canary to sleep between his paws and Tiger, a gray-striped stray, didn't mind being draped around the President's neck while traveling through the White House. And when Tiger went missing, Coolidge went to the radio waves to let the public know that they should

keep a look out.

*Woodrow Wilson, 28th President (1913-1921) Puffins & Mittens - Puffins, an American Short hair, and Mittens were both agile cats who could be found trying to sneak on to the dining room table during family meals. But before they could, it was more than likely that they'd be squirted with water to show them it wasn't a place for cats.

(Continued next week).

QUOTE FOR THE WEEK

It is every man's obligation to put back into the world at least the equivalent of what he takes out of it.

Albert Einstein

ON THIS DATE – MARCH 14TH

1489 - The Queen of Cyprus, Catherine Cornaro, sold her kingdom to Venice.

1705 - An English act permitted direct export of Irish linen to American colonies.

1879 - Birth of Albert Einstein, German scientist.

1883 - Death of Karl Marx, political-economic philosopher.

1885 - Gilbert & Sullivan's comic opera "Mikado" premiered in London

1889 - A form of 'Navigable Balloon' was patented by Germany's Ferdinand Graf Zeppelin.

1902 - The Irish Association of Women Graduates and Candidate-Graduates, an organization open to those interested in promoting women's education, was launched.

1973 - Liam Cosgrave was elected Taoiseach of the Republic of Ireland.

1985 - Schoolchildren claimed to have seen a 'moving' statue in Asdee, Co. Kerry. Other reports came from Ballinspittle, Co. Cork.

1991 -The Birmingham Six - Paddy Joe Hill, Hugh Callaghan, Richard McIlkenny, Gerry Hunter, Billy Power and Johnny Walker - were released from jail after their convictions for the murder of 21 people in two pub bombings were quashed by the Court of Appeal.

BIRTH OF RARE LION CUBS IS GOOD NEWS FOR ENDANGERED SPECIES

The birth of three extremely rare (and extremely cute) Asiatic lion cubs has officially been announced by the Besancon Zoo in eastern France.

The babies were born in late December to their mother, Shiva, in the zoo's care. The zoo, however, was hesitant to make news of the births public until it was confident the trio would survive.

Now, over two months later, the two little females and one little male cubs are thriving. Shiva is "raising the new cubs brilliantly," said the zoo's veterinarian, Dr. Melanie Berthet "this is a big deal for the species, as there are only an estimated 350 Asiatic lions in the wild and about 300 additional in captivity.

THE LEGENDARY TEXAS LONGHORN

Spaniards first brought cattle to Texas in the 1500s. Some of those cattle escaped or were released into the range. They are the first ancestors of the legendary Texas Longhorn.

Early Texas cattle developed disease resistance, including immunity to the tick-borne "Texas fever." Feral longhorns also developed longevity, ease in calving and thrived on native vegetation, all while surviving droughts. And those horns – long, even spiraling racks that can span up to six feet.

Before the widespread availability of supplemental feed or water from windmills, the only cattle that could thrive in Texas were longhorns. Long horns were important for defence against predators, so cows with long horns left more offspring than did cows with short horns.

Wild longhorns began to mix with English cattle breeds in the early 1800s. By the 1850s, Texas cattle were following trails to markets in New Orleans and California. Cattle were first shipped by rail to Chicago from Abilene, Kan., in 1867. Longhorns gained weight on the trail north from Texas.

According to the Texas Historical Association, 5 to 10 million longhorns were trailed out of Texas for about 20 years after the Civil War, which provided a huge boost for Texas' economy. Longhorns had nearly disappeared in the 1920s, when Congress established a national longhorn herd in Oklahoma, helping save the breed from extinction and preserving the breed that was vital in launching the Texas beef industry.

Today, some Texas ranches maintain longhorn herds to provide stock for rodeos and meat that satisfies a new type of consumer who craves ultra-lean, "heritage" beef.

QATAR LOOKS TO THE FUTURE

The 2022 FIFA World Cup, an international football tournament, is going to cost Qatar approximately US\$220 billion which is almost sixty times what South Africa spent on the 2010 FIFA World Cup. This is the first time a country in the Middle East will host the World Cup and the destination choice has been met with a lot of complaints and criticism.

In response to the mounting controversy of Qatar's ability to host the event, Qatari authorities are planning on building floating hotels, luxury villas and a water park off the coast of Doha. This will help in accommodating the influx of visitors expected for the World Cup.

- The hotels and the luxury apartments are part of a new island called Oryx Island off the coast of Doha. This new island will be equipped with its own utilities and power and these new hotel buildings will exist entirely off Qatar's grid.

- These floating hotels and luxury apartment will help accommodate over 25,000 people.

- Electrical vehicles, water taxis, ferries and private boats will help visitors get to the

mainland.

- These space-saving hotels will have an independent sewage treatment plant, power generation and recycling possibilities, freeing them from the limitations of the infrastructure in the surrounding area.

- These energy-efficient structures are designed in a luxurious way; the interiors depict modern design with large expansive glass walls to take in the ocean views.

Although the environmental impact of these hotels is fairly unclear, these floating hotels have definitely put forward a beautiful solution to the continual need for housing during our melting ice-cap era.

CANDLELORE IN OLD IRELAND

To snuff out a candle by accident is a sign of a wedding; and no candle should ever be allowed to burn down to the socket of the candlestick. It should be blown out before that. Otherwise, misfortune may come to someone in the house, and in certain coastal areas, a sailor or fisherman may drown at sea.

At one time it was thought to be very unlucky to light three candles with a single taper. This superstition has survived in the avoidance of lighting three cigarettes with one match. It was also asking for misfortune to burn three candles at the same time. Apparently, Charles Stuart Parnell, the Irish nationalist leader was well-acquainted with the superstition. In his book, *Life of Parnell*, Barry O'Brien writes that a friend once visited Parnell when he was ill and found him lying in a bedroom illuminated by four candles. During the visit, one of the candles went out; Parnell immediately snuffed out another while remarking how unlucky it was to have three lights burning together.

It was considered very ill-omened to leave a candle burning in an empty room. The only exception is the Christmas candle which should be left to burn all through the night of Christmas Eve to light the way for the Holy Family and also to ensure light, warmth and

plenty in the coming year.

It is also said to be very ill-omened to light a candle from the fire on the hearth. There are those who believe that if a person does this, they will become impoverished.

EVEN IN OUR DISPOSABLE SOCIETY PLEASE REMEMBER A PET IS FOR LIFE

Recently, a 15-year-old Pomeranian was surrendered by his owner to an animal control, and that individual did not even attempt to pretty-up the reason.

There was no mention about a "change of lifestyle," or a lack of time...there was not an excuse about moving or an inability to pay for care...instead, there was the truthful response, indicative of the individual's thoughtless mentality, "too old, got newer dog to replace."

The elderly dog had a sad life prior to being surrendered to animal control; by the individual's own admission, the dog, named "Chelo," lived outside 24 hours a day - usually under the porch.

Thanks to rescuers - those people who are always waiting in the wings to pick up the pieces - today Chelo is safe. The elderly dog is with Muttville Senior Dog Rescue in San Francisco, California.

Unfortunately, Chelo's prior owners have a "newer dog" who will likely live the same miserable life until he or she is tossed aside as well.

FINALLY THIS WEEK

Happy St Patricks Day to you all and please slow down and arrive alive at your destination. May there always be work for your hands to do, May your purse always hold a coin or two. May the sun always shine warm on your windowpane, May a rainbow be certain to follow each rain. May the hand of a friend always be near you, and may God fill your heart with gladness to cheer you.





COPING WITH LOSS

Whilst we may often think of grief resulting from the death of a loved one, any loss can cause grief. These losses may include divorce or the break up of a relationship, a miscarriage, loss of a pet, loss of our health, a job, a cherished dream, a friendship, financial security, or selling the family home.

Grieving is a highly individual and personal experience and the way in which we grieve can depend on many different elements. These include our personality, our life experiences, our faith, the nature of the loss, our resilience and coping style. Grief can be like a roller coaster – with ups and downs. Powerful feelings can come unexpectedly some more intense and longer lasting than others. Feelings can range from shock and disbelief, to guilt, sadness, anger, fear and frustration. Physical symptoms are also common such as weight loss/gain, insomnia, fatigue, nausea, aches and pains. Forgetfulness and poor concentration are also symptoms of grief. All of these feelings are perfectly normal and there is no right or wrong way to feel. Sometimes people can feel guilty about their anger – but it is okay to be angry.

It is important not to go through this alone and to talk and share your feelings. This may be with family and friends or you may prefer the support of a counsellor. Counselling can offer the space and time to talk through your feelings and overcome obstacles to your grieving. Allowing yourself time to experience your feelings is very important even if, at times, they are difficult. For many people their faith, prayer, meditation or going to church can be a great solace in times of loss. Support groups where you can share your sorrow with others who have experienced similar losses can be also be of tremendous help.

It is vitally important that you take care of yourself when you are grieving. You are coming to terms with a major upheaval in your life so give yourself permission to take things a bit easier. Your energy may be low, so do not place too many demands on yourself and make sure you get enough rest and sleep. It is important to look after your physical health by eating healthily and getting some exercise each day. Don't rush things and put off making major decisions such as moving home or changing jobs for at least six months to a year.

Dr Geraldine Sheedy is Director of SouthWest Counselling Centre Killarney. SWCC provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call **064 6636416**.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters.... With Dr. Michael Moloney

GOUT

What is gout?

Gout is a form of arthritis which can cause severe pain in one or more joints. It is caused by a build up of uric acid within the joint which can be followed by inflammation thus causing pain. Gout affects about 1 in 200 adults, is more common in middle aged men and can tend to run in families.

An attack of gout can present very quickly and develop even over the period of a few hours. It can be extremely painful and can last several days. Usually an acute attack only affects one joint (most typically the big toe); however multiple joints can be affected. Occasionally sites other than joints can be affected.

Uric acid levels are may rise for a variety of reasons thus precipitating gout in susceptible people. Certain foods can cause a rise in uric acid levels. Typical 'rich' foods and alcohol as well as certain medications (including some blood pressure tablets) may bring on gout. Occasionally gout may be brought on by an underlying medical condition.

Diagnosis of Gout

Gout is often a clinical diagnosis made easily by your GP. The diagnosis may be confirmed by a blood sample showing a raised uric acid level. Uric acid may be normal during an acute attack. Some individuals may even have normal uric acid levels in the blood and still suffer from gout.

Management of an attack

An acute attack of gout may be helped by elevating the affected limb and applying ice packs for 15-20mins. Also over the counter analgesia such as ibuprofen may help the symptoms.

Some people may be sensitive to ibuprofen or other anti inflammatory medications prescribed by their GP. Such medications can occasionally cause bleeding from the bowel or aggravation of asthma. One should always check with their pharmacist or GP if they have any concerns regarding their medication.

Medications other than anti inflammatory painkillers such as colchicines and steroids may be used to settle an acute attack.

Prevention of gout

General lifestyle changes such as increasing exercise, reducing alcohol intake and improving the overall quality of the diet can reduce recurrence of gout. There is some evidence to suggest vitamin C supplementation may reduce exacerbations. Medication may be used if attacks are frequent.

Allopurinol is a medication commonly used to prevent gout attacks. It is not used during an acute attack and can take up to 3 months to lower uric acid levels and thus prevent an attack. The dose of allopurinol used can vary from person to person and may be tailored according to uric acid levels.

Other treatment options are available for persisting or troublesome gout

If you have any further queries please do not hesitate to contact me on 064 6620628



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NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.

A.O.S.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention here).

Take it dear heart of Jesus and place it within
your own broken Heart where your Father
sees it.

Then in His merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days.
Thanksgiving for favour received
and promised publication.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received

L.O.S.

THANKS GIVING

Sacred Heart of Jesus, Padre Pio and Our
Blessed Lady, a thousand thank you for
everything and all the Saints and Souls.

A.O.S.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
Your own heart where your Father sees it.
Then in his merciful eyes it will become your
favour not mine. Amen.

Say this prayer for three times for three days
and your favour will be granted. Never know
to fail. Must promise publication of prayer.

In thanksgiving.

S.P.

NOVENA TO THE HOLY SPIRIT

O Holy Spirit, you who solve all problems, light
all roads so that I can attain my goal. You gave
me the divine gift to forgive and forget all evil
against me and that in all instances of my life
you are with me. I want in this short prayer to
thank you for all things you have given me as
you confirm once again that I never wanted to
be separated from you in spite of all material
illusions. I wish to be with you in Eternal Glory.

Thank you for mercy towards me and mine.

This prayer must be said for three days, after
three days the favour will be granted.

R.T.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
Your own heart where your Father sees it.
Then in his merciful eyes it will become your
favour not mine. Amen.

Say this prayer for three times for three days
and your favour will be granted. Never know
to fail. Must promise publication of prayer.

In thanksgiving.

S.P.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2
impossible, Say 9 Hail Mary's for 9 days with a
lighted candle.

Pray, whether you believe or not.

Publish on the 9th day.

May the Sacred Heart of Jesus be praised,
adored & glorified today and always.

Request will be granted no matter how
impossible it may seem.

Publication must be promised.

T.T.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be
granted.

X

PRAYER TO ST. JOSEPH

O St. Joseph, whose protection is so great, so strong,
so prompt before the throne of God, I place in you
all my interests and desires. O St. Joseph, do assist
me by your powerful intercession, and obtain for
me from your divine Son all spiritual blessings,
through Jesus Christ, Our Lord. So that, having
engaged here below your heavenly power, I may
offer you my thanksgiving and homage to the
most loving of Fathers. O St. Joseph, I never weary
contemplating you, and Jesus asleep in our arms; I
dare not approach while He reposes near your heart.
Press Him in my name and kiss His fine head for me
and ask Him to return the kiss when I draw my dying
breath. St. Joseph, Patron of departing souls pray for
me. This prayer was found in the fiftieth year of Our
Lord and Saviour Jesus Christ. In 1505 it was sent from
the Pope to Emperor Charles when he was going
into battle. Who ever shall read his prayer or hear it
or keep it about themselves, shall never die a sudden
death, or be drowned, nor shall be burned in any
fire or shall be overpowered in battle. Say for nine
mornings for anything you desire. It has never been
known to fail, so be sure you really want what you
ask for. In thanks for request granted.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be
granted.

E.M.K.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
Your own heart where your Father sees it.

Then in his merciful eyes it will become your
favour not mine. Amen.

Say this prayer for three times for three days
and your favour will be granted. Never know
to fail. Must promise publication of prayer.

In thanksgiving.

M.M.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be
granted.

J.J.

PRAYER TO THE VIRGIN MARY NEVER KNOW TO FAIL

O Most Beautiful Flower of Mount Carmel,
Fruitful Vine, Splendour of Heaven, Blessed
Mother Son of God, Immaculate Virgin, assist me
in this my necessity. O Star of the Sea, help me and
show me herein you are my Mother. O Holy Mary,
Mother of God, Queen of Heaven and Earth, I
humbly beseech you from the bottom of my heart
to succour me in this necessity. (make request).
There are none, that can withstand your power.
O show me herein you are my mother. Oh Mary
conceived without sin, pray for us who have
recourse to thee (3 times). Holy Mary, I place this
cause in your hands, three times. Thank you for
your mercy to me and mine. This prayer must be
said for three days and after that the request will
be granted and the prayer must be published
immediately. **M.O.C.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be
granted.

P.C.

NOVENA TO THE HOLY SPIRIT

O Holy Spirit, you who solve all problems, light
all roads so that I can attain my goal. You gave
me the divine gift to forgive and forget all evil
against me and that in all instances of my life
you are with me. I want in this short prayer to
thank you for all things you have given me as
you confirm once again that I never wanted to
be separated from you in spite of all material
illusions. I wish to be with you in Eternal Glory.
Thank you for mercy towards me and mine.
This prayer must be said for three days, after
three days the favour will be granted.

C.T.

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