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Spa GAA Award Winners: Cassandra Buckley, Gerard Mangan and Assumpta O Donoghue.
Back: Mairead Mangan, Joey McCarthy, Eric O Donoghue, Connie Cremin Mulrey, Katie O'Brien, Tadhg Hickey and Triona Mangan. Picture: Anne Holland. See Page 16


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A Note from the **E** DITOR



Happy Valentines Day to you all!

There were awards galore in Killarney this week as Spa GAA Club celebrated their annual event, the O'Donoghue Ring Group continue to build on their success and students at Killarney Community College are celebrating completing their JCPA.

It's all systems go in the run up for Plunge for Palliative as participants are getting their prep in for the icy challenge, it's time for a cuppa with the Irish Cancer Society and 25 new Pastoral Leaders have been commissioned at St. Mary's Cathedral.

Dancing for Charity has raised much needed funds for Motor Neurone Disease, there is widespread welcome for the approval of planning for the Loop Walk and a heartwarming soccer tournament remembered much loved Vincent Lacke.

Minister Foley was in town to meet with 21 Kerry schools who have decided to go smartphone free, Kerry Cancer Support Group have launched Square to Share Campaign and Killarney Chamber of Tourism & Commerce have lined up a impressive number of high-profile speakers for their Sustainability Event.

Kerry Soccer Club are offering Free Coach Travel for their supporters, Kerry Ladies continue their winning ways and Jimmy takes a look at All Things Sport.

Hope you all enjoy this week's Killarney Outlook.

Aisling Crosbie



"Near and Far" Killarney
National Park
by Paul Byrne

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PICTURE TO:

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Outlook.

THIS WEEK

CHECK OUT PAGE 4
FOR OUR UP TO DATE NEWS!

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PLUNGE FOR PALLIATIVE LAUNCHED

As if it wasn't cold enough already.... Killarney business woman Grainne O'Sullivan went one step further in preparation for the Plunge For Palliative Fundraiser outside her shop this week.

With the help of her colleagues Michelle and Kate and husband Anto Cronin, Grainne was doused in cold water ahead of the charity fundraiser which will take place after the parade on St. Patrick's Day at the Festival Hub at the Beech Road car park.

How it works: €10 per dunk – One throw, one chance to send your target into the icy depths!

Can't make it? No problem! You can still purchase a dunk and watch the moment of truth live-streamed! You don't even have to be there on the day.... balls can be bought on the following link....

<https://stpatricksfestival.rezgo.com/details/384582/plunge-for-palliative-dunk-tank-in-aid-of-kerry-hospice-foundation-17th-march-2025>

Who's on the dunk list?

There is an incredible mix of local personalities taking part, including Brendan Fuller, Niall 'Botty' O' Callaghan, John O' Donoghue, Roisin Moore, Jason Clifford, Martin Grady, Niall Kelleher, Gillian O' Donoghue, Louise Ní Mhuircheartaigh, Gavin White, Mary Lyne, DJ Gavin O' Leary, Grainne O' Sullivan, and our very own Town Mayor, Maura Healy Rae!



Jason Clifford, Chairperson of the Killarney St. Patrick's Day Festival getting the practice in at the outdoor pool at The Europe Hotel & Spa



With a little bit of help, Principal of St. Brigid's Presentation Secondary School Roisin Moore took pen to paper to write a poem on her thoughts of being involved in Plunge for Palliative.

Plunge for Palliative – Take Your Shot!

*This Paddy's Day, in Beech Road
car park,
A chilling fate will make its mark!
For ten euro, take your aim,
And drop me down -
it's all fair game!
The Kerry Hospice needs our aid,
For all the care they've kindly made.
From nurses strong to beds
so bright,
They bring support both day*

*and night.
But let's be real - I'm filled with dread,
That freezing tank is where I'm led!
The icy splash, the shocking cold,
It's not a fate I'd choose if truth
be told!
And yet, my students, past and new,
This is your chance—it's overdue!
The homework heaps, the uniform
checks,
The rolling eyes, the deep regrets!
Who can forget the piercing ban?
The hoodie doomed, the strict
dress plan?*

*Makeup wiped and phones unseen,
Oh, how you thought I was so mean!
And let's not skip my biggest crime -
The Coke can crackdown -
oh, that time!
Single-use cups? No way, not here!
Oh, how you moaned,
year after year!
And those who lurked outside
my door,
Sent back to class -
"There is five minutes more!"
Well, now's your chance - so take
a throw,*

*And watch me take the plunge
below!
But jokes aside, it's all for good,
Let's help as true Pres girls should.
Our school's proud motto lights the
way:
"Not words but deeds" -
we act today!
So grab a ball and take your shot,
For Kerry Hospice, give a lot!
Let's make a splash, let's stand
as one,
With hearts of gold - lets have
some fun!*

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John & Mary Murphy, Killorglin.

Members of the Killarney Branch of the Killarney/South Kerry Branch of the Irish Cancer Society gathered at the Killarney Towers Hotel this week to finalise preparations for their annual fundraising coffee morning. The date for you diary is Friday 28th February at the hotel from 10.20am to 12.30pm. All funds raised at the coffee morning will go to the Irish Cancer Society.

Because of the incredible support that the society received in 2024, they were able to:

PROVIDE over 26,500 free lifts to treatment through our Transport Service bringing more than 2,500 patients to and from their appointments.

DELIVER more than 6,000 nights of Night Nursing, allowing over 1,700 patients to spend their final days at home.

SUPPORT over of 28,000 people through our Support Line and Daffodil Centres!

OVER 180 researchers supported, fuelling projects which brings us closer to new, kinder treatments and early detection methods.

ACHIEVED a landmark legislative win for new mothers under cancer treatment.

Fancy a cuppa....

Coffee Morning in aid of the Irish Cancer Society Planned



Members of the Irish Cancer Society, Killarney/South Kerry Branch pictured at the Killarney Towers Hotel this week. From left: Kathleen O'Shea, Shaun McSweeney, Louise Walsh, Killarney Towers Hotel, Eleanor O'Doherty and Eugene O'Sullivan.



DANCING FOR CHARITY

Kerry Friends of Motor Neurone were on hand this week to receive a cheque presentation from Elizabeth and Peggy Kelleher on behalf of Kenneth Galvin who organised a Charity Ceili back on Sunday December 22nd, 2024, in Tournafulla Co. Limerick with all proceeds going to Kerry Friends of Motor Neurone. This started during a conversation with his dancing friend Elizabeth Kelleher Kenneth when he mentioned that he would like to host a Ceili to benefit Motor Neurone Disease. This Ceili finally took place on Sunday December 2024 to a packed hall filled with eager dancers. Everyone had a wonderful evening, and the tea and cakes supplied was very much appreciated The Ceili raised the handsome sum of €540.00

Chairman of Kerry Friends of Motor Neurone Christy Lehane thanked both Elizabeth and Peggy Kelleher and especially their friend

Kenneth Galvin for selecting KFMN as the beneficiary of the Ceili. As always, this money will be put to good use to purchase specialist medical equipment, supporting our six special medical nurses and all of this in mind in allowing MND patients to spend as much time as possible in their own homes. As I said many times before that fundraising is so necessary to fund the IMNDA's annual budget which relies on 86% coming directly from fundraising efforts such as this Ceili. The IMNDA supports the 450 Motor Neurone patients nationwide and their families, while County Kerry has the highest rate per capita of MND in Ireland.

Finally on behalf of Kerry Friends of Motor Neurone many thanks to all who supported the Ceili in Tournafulla especially Elizabeth and Peggy and Kenneth Gavin who organised the event.

Bishop Ray commissioned 25 people as pastoral leaders at 12 noon Mass in St Mary's Cathedral, Killarney on Sunday February 9th last.

The ministry of pastoral leader is a new ministry in the Diocese of Kerry. The ministry involves the co-ordination and support of pastoral ministry in parishes and pastoral areas. The volunteer pastoral leaders will work with the clergy, parish secretaries and all those already involved in parish ministry. The pastoral leaders will be commissioned for three years.

"Parish life has changed greatly. People are concerned about the future of their parishes. Pastoral leaders will work with the clergy and parish ministers

in a complementary role. Over the past two years, the newly commissioned pastoral leaders have undergone a formation programme accredited by Mary Immaculate College, Limerick. This programme has given the participants an opportunity to develop their faith and their skills. Some of the roles they will undertake may be ones that were traditionally carried out by priests e.g. bringing communion to the housebound or supporting the schools with preparation for the reception of the Sacraments. As Bishop Ray has said, "The future Church will be different not better or worse!" as he welcomes the new ministry in the diocese.

25 NEW PASTORAL LEADERS COMMISSIONED at St. Mary's Cathedral



Bishop Ray Browne, Priests from the Diocese and the new Kerry Diocese Pastoral Leaders



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Killarney welcome for LOOP WALK PLANNING DECISION

There has been a widespread welcome in Killarney for the decision to grant planning permission for a raised platform over a scenic walkway and cycleway in the national park that will provide spectacular views over Muckross Lake and the surrounding landscape.

The project, which will complete the existing Dinis to Torc loop, will be built on an elevated platform to maintain and protect the natural habitat beneath.

The National Parks and Wildlife Service said the most significant benefit will be on safety grounds as pedestrians and cyclists enjoying the attraction must currently travel along the busy N71 road to complete the route.

This new raised cycleway and walkway feature will connect the Dinis car park and Torc car park and it will remove any requirement for people to take a risk by travelling on the main Killarney-Kenmare road.

Currently, the only possible option is via an 800m dangerous stretch of the N71 where cyclists and pedestrians are forced to share the narrow road, which contains several dangerous bends, with vehicular traffic, including tour buses.

The new development will feature spectacular, elevated views across Muckross Lake and it will be fully accessible for people with disability or mobility issues.

The planning permission was granted subject to 18 conditions. Welcoming the development, Killarney Chamber of Tourism and Commerce said the finished Dinis to Torc Loop will be yet another major attraction for locals and visitors to enjoy safely.



Following the granting of planning permission Dinis Cottage will now be accessible for walkers and cyclists by a raised platform from Torc.

"Safety was always our main concern as the narrow and winding N71 is not suitable for walkers and cyclists to travel safely," Chamber said.

"This development is well overdue having been mooted and discussed at length for more than a decade".

The loop offers one of the best ways to experience the incredible beauty of Killarney National Park with opportunities to explore historical sites like Muckross Abbey, Dinis Cottage and Old Weir Bridge.

"The new addition will offer an accessible option with gentle inclines and it is suitable for all, whether one is a seasoned hiker or just looking for a peaceful walk in nature and the project will have minimal environmental impact," the Chamber executive noted.

"We are very grateful to the NPWS and all those who worked so hard to get this project over the line and we look forward to the work being completed at an early stage".

The planning decision has also been enthusiastically welcomed by the Kerry Tourism Industry Confederation.

Chairperson, Pat O'Leary, said this piece of infrastructure is long overdue, primarily on safety grounds on such a dangerous section of roadway.

"The benefit to both locals and visitors as an amenity will be immense as it will become an iconic feature of the renowned Dinis loop route," he said.

"Continued investment in tourism-related infrastructure in the county is critical to preserving the county's reputation as the tourism capital of Ireland.

"The commitment of Kerry County Council, NPWS, Fáilte Ireland and other State bodies to the ongoing development of the tourism product in Kerry is to be commended," Mr O'Leary stated.

Irish Hotels Federation Kerry branch Chairman, Brian Lawlor, said the completed project is going to have a huge impact and it will make such a wonderful attraction more accessible to locals and visitors and much safer for everybody to use.

"With the huge amount of people that want to visit and appreciate the sheer beauty of Killarney, this really has the potential to be a game-changer," he said.

"From Killarney's point of view it's another wonderful attraction and for those that appreciate the great outdoors and splendid scenery, it is a real bonus," Mr Lawlor said.



Chamber co-president Johnny McGuire



Chamber co-president Pdraig Treacy



IHF chairman Brian Lawlor



KTIF chairman Pat O'Leary

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HEARTWARMING SOCCER TOURNAMENT REMEMBERS VINCENT

Kerry Stars Special Olympics Sports Club Hosts Successful Vincent Lacke Memorial Soccer Tournament on Sunday 9th February 2025

Kerry Stars Special Olympics Sports Club hosted a highly successful and heartwarming Vincent Lacke Memorial Soccer Tournament last weekend at Killarney Sports and Leisure Centre, celebrating the life and passion of their much-loved, recently deceased soccer player, Vincent Lacke.

The event, which saw men's and women's teams from Tipperary, Cork, and Kerry participate, was an exciting and competitive soccer blitz, filled with energy, enthusiasm, and sportsmanship. The tournament paid tribute to Vincent's love for the game, and the players showed remarkable determination and camaraderie throughout the day.

Vincent's sister, Mary Lyne, was on hand to present the winning trophies and medals to the athletes, sharing in the celebration of the day's success. The dedication and hard work of everyone involved were truly inspiring, and the event was a fitting tribute to Vincent's memory.

A heartfelt thanks goes out to the many volunteers, without whom this event would not have been possible. Special mention goes to referees Ann-Marie Murphy and Jordan O'Rourke, as well as Order of Malta personnel Suzanne Scully and Derry Fleming, for their outstanding contributions.

The Kerry Stars Special Olympics Sports Club would also like to extend their gratitude to the staff at Killarney Sports and Leisure Centre, as well as the parents and friends of the club who provided delicious homemade food and refreshments to keep everyone energized.

Visiting teams, including those from Mallow, Tipperary, and Cope Leeds, were highly complimentary of the event, noting the welcoming atmosphere and the quality of the competition. Coaches, volunteers, and athletes worked tirelessly to ensure that the day was enjoyable for everyone involved, creating a truly special experience for all.

The Kerry Stars Soccer Head coaches Kathleen Fitzgerald and Patrick Fuller expressed their immense pride in the athletes, who played their hearts out, showing skill, sportsmanship, and a true team spirit.

"Vincent would have been so proud of every single one of you, We are so proud of our wonderful athletes, and it's clear to see the legacy of Vincent continues to inspire us all." Claire Doherty, Chairperson Kerry Stars Special Olympics Sports Club said.

The Kerry Stars Special Olympics Sports Club would like to once again thank all those who made this event possible and look forward to continuing to provide opportunities for athletes with special needs to shine, just as Vincent did.



Members of Kerry Stars Special Olympic Club pictured at the soccer tournament. with Mary



The tournament was held in memory of a much loved member of the Kerry Stars Special Olympic Club, Vincent Lacke.

JOIN NOW! If you're interested in athletics, basketball, soccer, swimming! Our Adult Athlete Leadership Programme is also welcoming new members - which is all about fun and socialising!

VOLUNTEER! We are currently searching for new coaches, if you have a spare few hours and want to get involved with an inspiring bunch of people get in touch.

More information about the Kerry Stars Special Olympics Sports Club or to get involved, please contact kerrystars63@gmail.com



Vincent Lacke



Members of Kerry Stars Special Olympic Club pictured at the soccer tournament.



Members of Kerry Stars Special Olympic Club who won Vincent Lacke soccer tournament.



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It's the talk of the town...



With Anne Lucey

Anne Lucey looks at the positive news happening in the town of Killarney



The primary care centre is to be temporarily located in St Finan's, Michael Cahill TD has discovered.

HEALTH MOVEMENTS

Bord Pleanala has given the go-ahead for a private 90-bed nursing home and almost fifty elderly independent living units on a four acre site at the edge of the Ballycasheen junction. The main building will be up to five-storeys. And in the meantime the 130 bed community hospital is taking longer than expected despite publicity shots prior to the general election.

There is other movement on that St Finan's site - and plenty of wind now behind the idea to locate all health facilities near each other just off the N22.

The primary care centre is to be temporarily located in St Finan's, Michael Cahill TD has discovered. It makes sense to have all health including a minor injuries clinic located on the one easily accessed site, as Vera Wall and other sensible people have pointed out. Time for some joined up thinking between

HSE and council and move away from the odd proposal for the primary care centre at Aras Phádraig on the clogged Lewis Road? By the way, the lack of shuttle services in and around Killarney was raised by the Ballycasheen and Woodford residents in their observations on the large development near them.

Really this is something that has to be looked at. We need regular shuttle bus transport to join up Killarney which alas seems to have no centre anymore.

People are shunting between Deerpark, Lidl and the Reeks and the town seems to be everywhere and nowhere. A shuttle - from the centre - would help bring it together again.

FREE RAIL ONLY TRAVEL FOR OUR KERRY TDS WOULD BE A FIRST STEP FOR AN IMPROVED RAIL SERVICE

While we have no Luas service, interconnectedness is also a huge challenge for us in Kerry. Why is the rail line between Mallow and Killarney so slow and continuously needing repair? The line was opened in the 1850s thanks to a decade of concerted effort by Killarney business, church leaders and landlords. Which needs to be honoured.

Work on the tracks - it could be the title of a Bob Dylan album - seems constant and people having to be bussed to Mallow. Why in the 21st century a journey of 300 kms by rail to Dublin takes 3.5 hours is something we really should question. The fastest trains in Ireland are the intercity between Cork - via Mallow

- and Dublin. They can reach a top speed of 200 km an hour. That is twice the speed on the Kerry to Mallow section. The top trains in Europe from Italy to Germany to France go at about 350 kms an hour.

There is a half-hearted commitment in the programme for Government for better rail. But the programme is foremost about an "All-Island" rail network. That means the emphasis will be on the Ulster networks - which is barely under our jurisdiction at all - rather than on south west Munster.

Irish Rail tell me they have a strategy for frequency improvement, and "our goal is to move to every hour at peak, with the existing every two hours at off-peak".

"Similarly, getting improved journey times on Dublin to Cork line will yield journey time savings to / from Tralee also - this is being examined in the context of the All-Island Strategic Rail Review, including any infrastructure interventions needed."

I asked about Heuston which has no general warm waiting room and am told it has "extensive concourse seating". Grand if you are a polar bear, I thought to myself thinking of freezing hours on those seats.

The real solution to improving our train services is our Government TDs. Now we have four of them. Last time I checked none, only Pa Daly used the rail service to get to Leinster House on any regular basis. Kerry TDs are furthest from Dublin and so on the biggest road expenses. Take away the expenses and issue the TDs and senators with free rail tickets, is my suggestion. We'd soon see a better rail service to Dublin.

BEYOND TIME TO DO UP OUR PUBLIC PALACES AND COTTAGES

It is beyond time to do up our publicly owned buildings - and make them habitable. I still lament the sale of the Presentation Convent. The nuns should have been approached by alert public representatives. And their own representatives should have steadied themselves and acted as the sisters in Kenmare did and offered the building to the community at a reasonable price.

The demand to do up HSE owned St Finan's or knock it should be on everyone's lips in Killarney. I think it is stressing the mental health of the town at this stage: a huge empty building looming over us and at the same time not one emergency bed in Killarney for our homeless or those being evicted.

Everyone I know brings the subject up. The council should have delisted it. It was a major error by the executive.

Then there seems to be no plans at all for the community and Columbanus, as Killarney councillor Niall O'Callaghan keeps trying to highlight.

But there are others too. All NPWS owned. I am personally distressed at the sight of my Uncle Tom's house near the main Muckcross House entrance. Tom was born on Valentine's Day and was the loveliest of men and he and Delia the happiest of couples. Theirs was a proud home full of warmth and cooking and laughter and coming and going and look at it now? The roof fallen in and all dirty and disheveled. They would have been so embarrassed and appalled.

There is a similar situation near the Muckcross Park Hotel and the Mangerton Road with once cared for family homes. Slates gone etc.

I wonder if the Trustees of Muckcross House could be inveigled upon to row in and maybe even contribute? They have an income now of Euro 10.5

million from trading and commercial activities. That is according to their latest accounts - year ended 2023- filed with the Charities Regulator. It was the Trustees who bought the Friars' Glen guesthouse and lands on behalf of the NPWS, senior civil servants told me.

A couple of bob would not go astray for the renovation of Uncle Tom's picture pink cottage and other once proud Muckcross family homes too to cheer up passing tourists and locals.

Meanwhile "it is the policy of the NPWS and Killarney National Park to upgrade, refurbish and repair the old and historic houses and structures located in the Park. Works have been completed at a number of properties in the Park over the past 3 years, and plans are underway to engage in the repair and maintenance at the properties you mention," the NPWS said.



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Killorglin Company Earns Major National Recognition

Retrofit Design Named Business All-Star Retrofit Company of the Year 2025

Killorglin company Retrofit Design Ltd has been named Business All-Star Retrofit Company of the Year 2025 by the All-Ireland Business Foundation (AIBF). Founded in 2012 to create healthy, comfortable environments for families, Retrofit Design Ltd has grown exponentially over the years. What began as a focus on cavity wall insulation has transformed into one of Ireland's leading providers of comprehensive deep retrofit services.

With its headquarters in Killorglin, Co. Kerry, Retrofit Design delivers innovative solutions in both private and public sectors. The company's commitment to cutting-edge technology and customer satisfaction has been integral to its success, ensuring exceptional results for clients across Ireland. Business All-Star Accreditation recognises Retrofit Design's exceptional contribution to deep retrofit construction and energy upgrades across Ireland. Reacting to the news of her company's achievement, Senior Business Administrator, Mairead Sheahan said:

"We are incredibly honoured to receive this prestigious recognition from the All-Ireland Business Foundation. It reflects the hard work, expertise, and dedication of our entire team in delivering sustainable and innovative solutions. We are committed to continuing our mission to provide healthier, more energy-efficient homes and workplaces across Ireland."



Announcing the news of Retrofit Design Ltd's achievement, Deputy Chair of AIBF's Adjudication Board, Kieran Ring, said:

"The All-Ireland Business Foundation proudly accredits Retrofit Design Ltd the title of Business All-Star Retrofit Company Of The Year 2025, recognising its outstanding dedication to energy efficiency, quality, and sustainable construction solutions. This prestigious accolade celebrates Retrofit Design leadership in delivering high-performance Retrofitting Services that enhance comfort, energy savings, and environmental responsibility for Irish homes and businesses. Congratulations to Retrofit Design Ltd on this distinguished achievement, solidifying its position as a trusted innovator in Ireland's Retrofit Industry."

Managing Director of the All-Ireland Business Foundation, Kapil Khanna, said: "Retrofit Design has demonstrated remarkable innovation and dedication to delivering world-class retrofit solutions. Their efforts not only enhance living environments but also contribute significantly to www.aibf.ie | media@aibf.ie

Ireland's energy efficiency goals. We are proud to award them the title of Business All-Star Retrofit Company of the Year 2025." He said:

"We evaluate a company's background, trustworthiness and performance, and we speak to customers, employees and vendors. We also anonymously approach the company as a customer and report back on the experience. The business goes through at least two interviews and is scored on every part of the process against set metrics."

About The All-Ireland Business Foundation

The All-Ireland Business Foundation is an autonomous national accreditation body tasked with enterprise development and the promotion of Best-in-Class Irish businesses.

As the accreditation body for the Business All-Star mark, the AIBF recognises Best-In-Class Irish businesses. Companies that merit recognition based on an independent audit of their performance, reputation, and customer-centricity.

Business All-Star Accreditation Is The Nation's Symbol Of Trust. Currently, there are over 650 companies that are accredited by AIBF. Since 2014, over 5000 companies have participated in our programs.

The AIBF also hosts the annual All-Ireland Summit and monthly gatherings to promote peer learning and collaboration among its accredited companies.

For more information please visit www.aibf.ie



Mairead Sheahan (Senior Business Administrator & Project Financial Analyst) with Margaret Considine (Outgoing AIBF President) as Retrofit Design Ltd. are honoured as Business All-Star Retrofit Company of the Year 2025 by the All-Ireland Business Foundation (AIBF).

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DAVID QUANE RETURNS TO THE INEC STAGE

David is a newcomer to Killarney Musical Society but no stranger to Killarney as his roots originate in Fossa, and just over the bridge in beautiful Killorglin. He is delighted to have this opportunity to work with KMS and be back on familiar territory in Killarney and join us in our forthcoming production of *Evita* taking place on March 11th., 12th. And 13th. 2025 in the Gleneagle INEC Arena. Making his return to the stage of the INEC, having last graced that very same stage at a tender young age performing with The Tara Little Stage School, Dave is enjoying the experience of KMS.

Having recently moved back to Killarney to work remotely, David spent the past few years in London where he played Richard in the London premiere of *My Land's Shore*, and Mark Cohen in *Rent* at the Bloomsbury Theatre. Prior to his time in London, Dave was an active member of Trinity Musical Theatre group, performing *Perón* in *Evita* and *Jesus* in *Jesus Christ Superstar*.

Joining KMS was the perfect step for David as it has integrated him back into the Kerry way of Life and his love of Musical theatre in equal measure. Being part of any musical society is a great way of meeting people with similar interests and hobbies, and as much as we all know, there is a lot of time and commitment given to rehearsals, there is always time to socialize and get to know your fellow members too. David's advice to anyone is.....Get Involved, take that first step, audition, join a Musical Society or Theatre Group, once you've taken that first step the hardest part is done! It's all a Song and Dance from there.

David plays the part of Che, in essence the ever present narrator guiding us through the events of Eva Peron's life. The role is a charismatic, passionate and yet hopeful narrative to her

life providing insight, perspective from the working lower class of the time, criticism at times, but also giving us the insight of the people and the love and reverence they had for *Evita*, their first lady.

The role of Che is an extremely challenging role vocally, being involved in almost every scene throughout the show, with the vocal range of an impressive Rock Tenor being required to play this part. David has excelled in this role and has us in awe at every rehearsal. Audiences are in for a treat, so get your tickets now, available on Ticketmaster.ie or the Gleneagle INEC Arena Box Office on 064 6671555.



Please keep up to date with all our KMS news by following us on our Social Media Outlets.



Members of Killarney Musical Society enjoying a break from rehearsals for their upcoming production of *Evita*

THRIVE - Public consultation evening a great success



A successful public consultation evening was held in relation to the THRIVE - Town Centre First Heritage Revival Scheme in ANAM Cultural Centre, Killarney. Pictured on the night were: Holly Conway, Matthew Farrell, Killarney's KCC Municipal District Officer, Delores Lyne and Jean Foley, KCC Town Regeneration Officer. Photo By : Domnick Walsh © Eye Focus LTD

A successful public consultation evening was held in relation to the THRIVE - Town Centre First Heritage Revival Scheme in ANAM Cultural Centre, Killarney. A second event was held at The Rose Hotel, Tralee. Under Strand 1 of the Scheme, Integrated Urban Strategies will be developed in both towns that will identify proposals for the adaptive reuse of publicly owned heritage buildings in the towns.

The Killarney and Tralee THRIVE projects are co-funded by the Government of Ireland and the European Union through the ERDF Southern, Eastern and Midland Regional Programme 2021-2027.

The public engagement events are allowing everyone to help shape the Integrated Urban Strategies. A broad

spectrum of stakeholders as well as members of the general public engaged in interesting debates and discussion. All comments, suggestions and opinions will be considered by Kerry County Council and the Consultants. There will be further opportunities for public engagement in the coming weeks, which will be publicised in local press and the Kerry County Council website and social media.

If anyone would like to put forward their ideas, please send your thoughts to townregenerationunit@kerrycoco.ie or Town Regeneration Unit, Ashe Hall, Tralee, Co. Kerry.

For more information visit <https://www.kerrycoco.ie/town-centre-first-heritage-revival-scheme/>




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Spa GAA Club Honour their Members

Hilliard's, Killarney
Saturday, 8th February 2025.

PHOTOS: ANNE HOLLAND



Committee: Anne Holland, Andrew Garnett, Mathilda McCarthy, Adrian O'Sullivan, Triona Mangan and Ivor Flynn.



Senior Player of the Year: Eric O'Donoghue receiving the John Doyle Award from John Doyle SM, along with his fiancée, Imelda Taylor.



Young Ladies Player of The Year: Isabel Waters with Emma Daly.



Senior Ladies Player of the Year: Katie O'Brien with Cassandra Buckley, Selector of the All Ireland Kerry Senior Ladies football Team.



Lifetime Achievement Award recipient Gerard Mangan with Chairman Tadhg Hickey and Vice Chairman Mike Doolan.



Aidan Cronin Award: Young Player of the Year Joey McCarthy with his family Adrian, Keenan and Mathilda.



Social and Cultural Award: Assumpta O'Donoghue with her dad, Seamus and husband Johnny.



Junior Player of the Year: Connie Cronin Mulrey received the Pat Corcoran award from Jim Corcoran.



Niall O'Mahony, selector with the Kerry GAA Minors pictured with Mike Doolan.

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O'DONOGHUE RING COLLECTION

Builds on Success with a Series of Prestigious Awards



Broadcaster Anton Savage, O'Donoghue Ring Collection, Managing Director, Gemma Ring, Group General Manager Brian Lawlor, General Manager, Killarney Plaza Hotel & Spa, Siobhan Riordan.

The Kerry-based O'Donoghue Ring Collection had much to celebrate this January, earning numerous prestigious awards for providing exceptional hotel experiences for its guests.

Café du Parc at Killarney Plaza Hotel & Spa was proclaimed the national winner for 'Ireland's Hotel Casual Dining Experience' at the recent Virgin Media Business Gold Medal Awards Gala ceremony, hosted by Anton Savage at The Galmont Hotel & Spa in Galway.

Now in its 35th year, the Virgin Media Business

Gold Medal Awards are widely regarded as the premier independent awards programme for the Irish hospitality industry. Judged by industry experts, Killarney's popular dining spot stood out for its vibrant and efficient team, contemporary atmosphere, with a strong focus on menu provenance and sourcing of ingredients from local, sustainable suppliers for both the kitchen and bar.

Additionally, Killarney Plaza Hotel & Spa, Killarney Avenue Hotel, and Killarney Towers

Hotel each won Munster Merits for exceptional visitor hotel experiences at the CIE Tours Annual Awards of Excellence 2025. Each hotel received its merit after receiving a customer satisfaction rating of 92% or higher from post-stay feedback received from nearly 30,000 CIE Tours customers surveyed throughout 2024.

Managing Director of the O'Donoghue Ring Collection, Gemma Ring said:

"We couldn't have asked for a better boost heading into 2025 than seeing so many of our venues recognised for delivering exceptional guest experiences. Every detail of Café du Parc, from its concept to its food and beverage offerings, has been thoughtfully curated to provide a unique and casual stylish setting.

Both Killarney Plaza Hotel & Spa and Killarney Avenue Hotel have consistently earned Munster Merits from CIE Tours, a testament to the outstanding guest feedback they have received. This recognition has been awarded by CIE for the past 22 consecutive years, and we are thrilled to see all three of our hotels on the list this year.

Welcoming visitors from around the world has always been at the heart of what we do, and we take immense pride in showcasing everything Killarney has to offer, from its breathtaking landscapes and outdoor adventures to its vibrant local producers and artisans."

LIAM O'CONNOR IN SPECIAL RECORDING WITH MIKE DENVER

Killarney-based accordion maestro Liam O'Connor has teamed up with popular singer Mike Denver to record a very special version of 'The Galway Shawl' which is on release now. The recording of this Irish gem lasts a generous five minutes and features Liam's distinctive accordion accompaniment as well as a stellar solo from him. Mike's vocals are as confident and as expressive as his ever-growing legion of fans expect from him.

According to O'Connor, "working with such a supreme professional as Mike on 'The Galway Shawl' was a special privilege. As a Galway man himself he seemed to go the extra yard for this recording and I'm really delighted that our musical collaboration doesn't end there. Since completing the recording Mike has invited me to be his Special Guest

at his concert at the Opera House, Cork on Sunday, March 2 and again at The Millennium Forum Theatre, Derry, on Saturday, April 5."

For the recording the two were accompanied by a band of first-class musicians, including Bill Shanley, who recently played a sell-out tour with Gilbert O'Sullivan, on bouzouki, Kevin Roe (acoustic guitar), Tabitha Benedict (mandolin), David Benedict (banjo), Niall Murphy (fiddle), Stephen Doherty (whistle), drummer Ronan Nolan and Frankie Colohan (backing vocals).

O'Connor also seems to revel in playing with exciting artists from different musical genres having turned in vintage performances with such quality artists as flute-player Mike McGoldrick, Christy Hennessy, Moya Brennan, the Artane Band, Boy George and Tony Hadley of Spandau Ballet.





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A Night to Remember

with Eric Cantona



Super Manchester United Fan John Lyne pictured with his idol Eric Cantona

Fans of Eric Cantona were treated to an unforgettable night at the Gleneagle INEC Arena as Eric Cantona took to the stage for An Evening with Eric Cantona, brought to you by GM Entertainment and Legends Seven.

The football legend and cultural icon captivated the audience with his trademark charisma and insightful storytelling, offering a unique glimpse into his career both on and off the pitch. From his glory days at Manchester United to his philosophical reflections on life and football, Cantona's anecdotes had the crowd hanging on every word. The evening was a celebration of Cantona's multifaceted journey – from a remarkable sports career to becoming a global icon and an ever-inspiring figure in the world of entertainment. The event was a stunning success, drawing a crowd of passionate fans, eager to hear firsthand from the man who revolutionized the game.

GM Entertainment and Legends Seven are proud to have brought this iconic event to Killarney.

The event also marked another major success for the Gleneagle INEC Arena, further solidifying its reputation as a premier venue for unforgettable live experiences.

For those who missed out, be sure to stay tuned for future sporting events at the Gleneagle INEC Arena



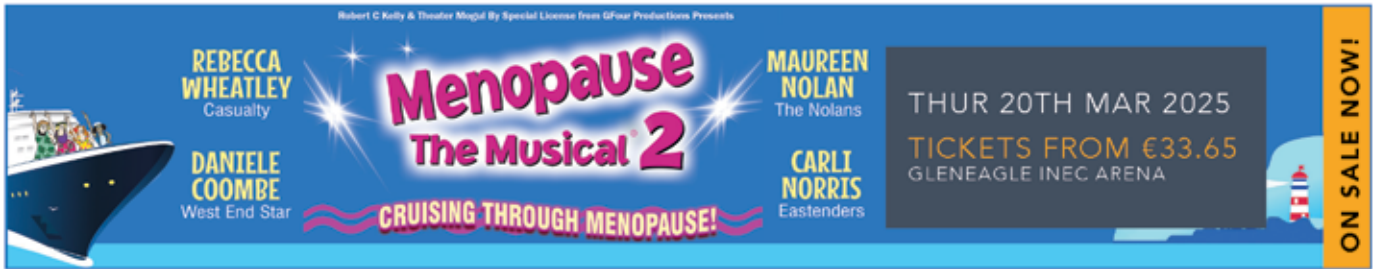
Cantona fans enjoying pre show drinks at the INEC Arena



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LIAM Hassett, the 1997 All-Ireland winning Kerry captain, has appealed for the next generation of volunteers to support the initiatives of the Kerry Mental Health Association.

The charity has commenced a three-year programme to revitalise its volunteer network to support people with mental health challenges, their families and carers throughout Kerry.

While serving with the Kerry Mental Health Association Killorglin Branch, Liam Hassett played a significant role in establishing Ard Álainn Mental Health Day Centre, which is operated by the HSE.

“Remember, 20 years ago, mental health was seen in a different light and we needed a hub for people to access the help and when people know there’s support there, I think they’re more inclined to ask for help,” said Liam who is a teacher in St Michael’s College, Listowel.

“This [Ard Álainn] is a community hub for people with mental health needs and as a mental health association, we’re there to support the day care centre and we were delighted to do that. It’s time now for new energy and new volunteers to come in and drive this on further,” said Liam.

Fundraising is underway to purchase an 8-seater vehicle for Ard Álainn Mental Health Day Centre to provide service-users with easy access to appointments and outings.

The General Manager of Kerry Mental Health Association, John Drummey, said, “I wish to thank Liam Hassett and all the former volunteers in Kerry Mental Health Association Killorglin Branch for their time, energy and commitment over many years. Volunteering has changed significantly over time, but the motivations for volunteering remain constant.

“Kerry Mental Health Association welcomes volunteers from all backgrounds for any amount of time they can offer. The strength and impact of Kerry Mental Health Association in the county is largely achieved and reflected through the calibre of volunteers associated with and attracted to work with us.”

Kerry Mental Health Association plans to host a recruitment gathering in the coming weeks to acknowledge the efforts of current volunteers

VOLUNTEERS INVITED TO JOIN Kerry Mental Health Association Branch Network



ALL-IRELAND-WINNING Captain invites volunteers to join the Kerry Mental Health Association Killorglin & District Branch. Liam Hassett and his colleagues are handing over the torch after giving 20 years to promoting mental health and wellbeing which included raising funds to the purchase the Ard Álainn Mental Health Day Centre which is operated by the HSE. For information, email Volunteers@KerryMentalHealth.ie or visit www.KerryMentalHealth.ie/volunteer-registration. Pictured Front L-R: Bridie Hassett, Helen O’Sullivan, Liam Hassett, Kevin O’Leary, Joanna Linehan all from Ard Álainn Killorglin and John Drummey Kerry Mental Health Association. Back L-R: Mairead Mangan, Michael Hassett, Bridget Hassett, Liam O’Keeffe, Gavin Hobbins, Thomas Kelliher, AnnMaria Crosby and Sandara Clifford of the the Ard Álainn Killorglin. Photo By: Domnick Walsh © Eye Focus LTD

and enhance their participation and offer an introduction to new volunteers.

Anyone who has already expressed an interest in volunteering with Kerry Mental Health Association will be notified about the information event.

Kerry Mental Health Association is a volunteer-led, countywide non-profit organisation that aims to promote mental

health and to actively support people with mental health challenges and their families and carers.

To volunteer with Kerry Mental Health Association, email Volunteers@KerryMentalHealth.ie or following the registration link at <https://KerryMentalHealth.ie/volunteer-registration>.




Sean Celebrates a Hugely Successful Week

There were celebrations in the Treyvaud house this week when Sean made his mark in his new college, University College Dublin. Sean was recognised at UCD for achieving maximum points in his leaving cert of 625. Sean is now included in the illustrious club of The UCD Entrance Scholars

Not only has Sean excelled in the academic section of the college, the former Inter Kenmare player, Sean Treyvaud, has won the most prestigious first years university football competition, The Harding Cup, with UCD and gets both assists in their 2-1 victory in the final over Maynooth university yesterday.

Sean is the son of Elaine and Paul Treyvaud and is studying Economics & Finance in UCD.



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MINISTER FOLEY

welcomes 'phenomenal show of leadership' by
21 Kerry schools to promote a smartphone-free childhood



Minister Foley welcomes 'phenomenal show of leadership' by 21 Kerry schools to promote a smartphone-free childhood

Minister for Children, Disability and Equality and Kerry T.D Norma Foley has welcomed the move by 21 Kerry schools to promote a smartphone-free childhood.

These schools in the Killarney region are working with parents and encouraging them to come together and support the policy of a smartphone-free childhood experience.

This is in line with the Keeping Childhood Smartphone Free policy launched by Minister Foley during her term as Minister for Education. Minister Foley visited St Oliver's National School in Killarney to officially launch the policy with all the schools taking part.

She said: "I was absolutely thrilled to meet with students and principals from the 21 schools. It's a phenomenal show of leadership by these schools as they work together to keep childhood smartphone-free."

Schools, parents' associations and students around the country have been coming together to adopt similar "smartphone free" policies to improve children's socialisation

and to reduce the risks of online bullying and exposure to inappropriate material online.

The Keeping Childhood Smartphone Free policy has also been backed by Vodafone, Three, Eir, Tesco Mobile, Virgin Media, and An Post Mobile - companies with a combined 95% market share in the Irish phone market.

Minister Foley said: "There is growing evidence students who are stuck on their smartphones and their social media accounts for long periods of time experience less physical activity, poorer sleep, and less concentration in class. Delaying the purchase of a smartphone for children is very important for young people and their mental health wellbeing. I want to express my thanks to everyone involved in this smartphone-free policy in these 21 Kerry schools."

School participating are: St. Oliver's N.S., Loreto N.S., Anabla N.S., Barraduff N.S., Kilcummin N.S., Loughquittane N.S., Scoil Chúil Lice, Holy Cross Mercy School, Knockanes N.S., Glenflesk N.S., Cullina N.S., Gneeveguilla N.S., Furies N.S., Lisivigeen N.S., Kilgobnet N.S., Knockaderry Farranfore N.S., Fossa N.S., Killarney Presentation N.S., Tiernaboul N.S., Gaelscoil Faithleann, St. Francis Special School



A TAIL OF TWO DOGS

There was a great variety of photos in the Novice category in Killarney Camera Club's recent Street Photography Black and White competition. The winning photo in the Novice category was taken by Maryann Heidtke entitled 'Tail of two dogs'

"This photo was taken on holidays. It shows the interaction of these two cute lively dogs with their owner who was more than willing to share his lunch with them." Maryann said.

The competition was closely contested with a variety of different shots showcasing 'Street Photography in Black and White', Maryann said.

The winning photos in the Novice category

1st Place: Maryann Heidtke. 'Tail of two dogs'

2nd Place: Liz Browne 'Waiting for the Christmas order'

3rd Place: Pat Daly 'Majesty of the Law'

Check out all the competition photos on www.killarneycameraclub.ie

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MTU Honour for MICHEÁL O'MUIRCHEARTAIGH

Legendary GAA broadcaster, the late Micheál Ó Muircheartaigh was honoured by Munster Technological University at an event in the university on 6 February 2025 when the main sports hall at the Kerry Sports Academy on the university's North Campus in Tralee will be named after the Dingle native.

Micheál Ó Muircheartaigh had a long association with the Kerry campus and was awarded an honorary fellowship by the Institute of Technology Tralee in 2009. He was a member of the board of the Foundation chaired by Dick Spring that assisted in fundraising for the construction of the state of the art Kerry Sports Academy which opened in 2019. The focus of its activities are to provide lifelong learning opportunities for all the community ranging from recreation, rehabilitation, health, fitness through to elite performance. The building is now a Centre for Universal Inclusive Sport Health and Leisure Education and has a particular focus on opening up physical activity sport and recreation opportunities for people with disabilities where both the facilities, equipment and expertise are specifically adapted for their needs.

Members of the Ó Muircheartaigh will attend the event together with invited guests from a number of sporting and community organisations. Music on the night will be provided by members of the Kerry branch of Comhaltas Ceoltóirí Éireann whose headquarters are based in the Dúchas Centre in the Kerry Sports Academy. The master of ceremonies for the event will be former All-Ireland winning captain Dara Ó Cinnéide.



Helena Uí Muircheartaigh, Wife of the late Micheál Ó Muircheartaigh holds the plaque of her late husband after the main sports hall at the Kerry Sports Academy on the university's North Campus in Tralee was named after the Dingle native. Also pictured were family Niamh Ní Muircheartaigh, Aonghus Ó Muircheartaigh, Doireann Ní Muircheartaigh and Éadaoin Ní Muircheartaigh. Also pictured was Maggie Cusack MTU President. Photo By : Domnick Walsh © Eye Focus LTD

In a statement, President of MTU Professor Maggie Cusack said 'The naming of the main arena in the Kerry Sports Academy is a fitting tribute to Micheál Ó Muircheartaigh, a true Kerryman, a great Irishman and a legend of Irish broadcasting.'

The reigning All Ireland A Division Basketball champions will be defending their title in February having qualified for their 3rd All Ireland A Division Basketball League Final. The team have previously won the competition in both 1st and 2nd year and will now play in the u16A All Ireland League Final. This year the team also entered the National Cup and reached the National Cup Final. They unfortunately suffered a one-point loss to Coláiste Éanna on a scoreline of 64-63. The 3rd years won the South West Basketball League title last November which led to qualification to the later stages of the League. They defeated Le Chéile Secondary School, Dublin in the All Ireland Quarter Final on a scoreline of 65-54, and went on to beat Mounthawk, Tralee 47-57 in the Semi Final. They will now travel to the National Basketball Arena in Dublin again in February for the National League Final where they will play Summerhill College, Sligo. Maurice Casey (Coach) and Máire Mc Loughlin (Assistant Coach) are training the team twice a week before school at 8am. Maurice Casey is hoping to be rewarded and add to his 15th All Ireland win for the school and Máire Mc Loughlin will be hoping for her 3rd (having only joined the school last year).

"We are delighted to be contesting another All Ireland Final in the National Basketball Arena. The boys work hard and have shown great heart and determination to reach another All Ireland Final after an agonising one point defeat in the National Cup Final," stated Máire Mc Loughlin.

Castleisland Community College going for 3rd All Ireland in a row!



In the photo standing from left: Maurice Casey (Coach), Jack O Connor, James Barry, Cian Cahill, Jakub Surzyn, Danny Murphy Podge O Sullivan, Jamie Nolan, Cillian Moroney, Joey Kelly, Máire Mc Loughlin (Assistant Coach).

Kneeling from left: Darragh O Sullivan, Glen O Sullivan, Shay O Connor, Tadhg Mc Carthy, Ógie O Leary-Griffin, Ruairi Murphy.



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NEWS BITES...

K.W.O.T.E.

Killarney Women's Organisation for Training & Empowerment. Our monthly meeting this month will take place on Wednesday the 19th February at 2pm in the Parish Centre next to the Church of the Resurrection.

FOSSA BRIDGE CLUB

Results for 6th February

N/S

1st: Ger McSweeney & Conor Dwyer

2nd: Ger Foley & Finola Spillane

3rd: Don O' Sullivan & Hanneke Nieman

E/W

1st: Eileen Murphy & Joan Moore

2nd: Hazel O Connell & Kathleen Coen

3rd: Peggy Barrett & Maire O Sullivan

Bridge continues every Thursday morning at 10am at The Killarney Golf & Fishing Club

GOVERNMENTS RESPONSE TO STORM ÉOWYN

Danny Healy Rae spoke on the recent storm and snow which resulted in many homes being without electricity, a lot of these power outages were as a result of trees falling on power lines. I asked that something is done to address this and that trees are cut to ensure they do not fall on power lines.

I thanked the people who did so much: the local authorities, the ESB, Eir, the fire squad, the mountain rescue team and local contractors who cleared roads.

KERRY PERSON OF THE YEAR

The Kerry Association of New York is holding its Annual Dinner on Friday March 21st and today announces that it is honoring Stan McCarthy, Ryanair Chairman & Former CEO of Kerry Group, as Kerry Person of the Year 2025.

The Kerry Association is the largest and most active county association in the Northeast of the USA and is a non-profit, volunteer organization that keeps the Kerry and Irish diaspora connected in New York, raises funds for worthy causes at home in our native Kerry - with over \$600,000 donating in the last decade alone, €100,000 announced in 2024), whilst assisting others in need through its community center in Yonkers, The Kerry Hall.

This year, all proceeds from the event are in aid of the Kerry Hall's Capital Campaign to raise funds for urgent repairs & maintenance, ensuring its longevity for generations of the Kerry diaspora to come and continue to be a base for the promotion Kerry businesses long into the future.

With event space, meeting rooms for hire and an archive room museum documenting the Kerry diaspora's contribution to New York & Irish American community the Kerry Hall plays a pivotal role in the Irish community.

The Kerry & wider Irish diaspora are asked to support this year's fundraiser in aid of the Kerry Hall through one of the many sponsorship & journal ad opportunities available at nykerry.org

NATIONAL AWARDS for Rathmore Students

Scoil Phobail Sliabh Luachra are delighted to congratulate two of their past pupils, Treasa Cremin and Grace Mullally who have been recognised with national awards for their excellence in the Leaving Cert Applied Programme. The students who complete the Leaving Cert Applied Programme in 2024 were presented with the prestigious Feargal Quinn Award on January 25th, by the LCA National Association Conference in Athlone.

The Feargal Quinn Awards are presented each year to those students who obtain the top credits in the Leaving Certificate Applied Examination of that year. The top performing students are notified by the State Examinations Commission. The student's final credit total is of course based on their performance in the Leaving Certificate Applied Examination over the two years. The awards highlight the success of LCA in providing practical, skills-based learning, emphasizing personal development, work experience, and continuous assessment.



Karen O Sullivan (LCA co-ordinator), Mairéad Lucey (principal) and Maria Hanrahan (deputy principal) with Feargal Quinn Award Winners Treasa Cremin and Grace Mullally from Scoil Phobail Sliabh Luachra.

Eilís Wins UCD Entrance Scholarship

Congratulations to past pupil of St. Brigid's Presentation Killarney Eilís Mullane, who has been awarded a UCD Entrance Scholarship for her exceptional Leaving Certificate results in 2024!

This award recognises students who have demonstrated outstanding effort, commitment, and talent in their studies.





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Rose Emer is Guest of Honour at Legacy Elite

Legacy Elite cheerleaders met the Kerry Rose Emer Dineen last Sunday at the Brehon hotel Killarney. Legacy Elite cheerleading formerly known as Scorchers cheerleading is run by Coach Hayley Murphy. Hayley opened up Scorchers in 2008 and renamed the club after the Covid pandemic. Emer was a past athlete of the club and it was a honour to welcome her to the club last Sunday. Emer was given a warm welcome and the cheerleaders presented Emer with gifts to congratulate her on her achievements. She is a fantastic role model to her younger peers. Emer also met Finn Hurley and Emily O Connor who have been selected for the first National youth team Ireland and will represent Ireland at world championships in April in America. Finn & Emily travel to Galway weekly to train with the national squad. They are making history for their club, county and country and we are so proud of them said coach Hayley.



Emer is pictured with Finn Hurley and Emily O Connor who have been selected for the first National youth team Ireland and will represent Ireland at world championships in April in America



Killarney Hospice Foundation AGM

The A.G.M of the above will take place on Tuesday the 18th of February in the Flesk Room of the Heights Hotel. The meeting gets underway at 7.30pm. The branch would welcome any new members interested in helping with fundraising during the year and into the future. Kerry Hospice Foundation have a project with a five bed extension to the present fifteen bed unit being granted planning permission. The meetings occur maybe six or seven times a year, so anybody with spare time come and join us next Tuesday night.



Back l/r: Miriam Leane, Jessie O'Keefe, Ella Greaney, Molly Moran, Sophia Fleming, Tessa Reidy, Katie Crowley, Julia Donegan, Denis Crowley.
Front l/r: Faith Bradley, Chloe Collins, Emma Mullane, Leah Griffin (C), Maria Jones, Laura Noguera Cervantes, Alana Kelliher.

Presentation Castleisland U16 Basketball Team Reach All-Ireland Final

Presentation Castleisland's U16 basketball team has earned a spot in the All-Ireland A Final, set to take place at Tallaght National Basketball Arena on February 26th against Crescent Comprehensive. The journey to the final has been nothing short of impressive for the girls, who have shown incredible determination and skill throughout the competition. The team dominated Colaiste Oiriall from Monaghan in the quarter final with a convincing 55-26 victory before battling past a strong Mungret Community College in a thrilling semi-final. After a close contest, Presentation pulled away in the final quarter to secure a 49-38 win and book their place in the final. Coaches Miriam Leane and Denis Crowley are excited for the upcoming battle. It's an exciting time for the team, and the entire community is rallying behind them as they aim to bring home the All-Ireland title to Presentation Castleisland. Best of luck to the girls in their final!

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KEYNOTE SPEAKERS LINED UP

for sustainability event

A NUMBER OF HIGH-PROFILE GUEST SPEAKERS HAVE BEEN CONFIRMED FOR WHAT WILL BE A HUGELY INFORMATIVE PUBLIC MEETING AIMED AT HIGHLIGHTING A PRACTICAL PATH TO A SUSTAINABLE FUTURE FOR BUSINESSES AND WAYS THEY CAN REDUCE COMMERCIAL ENERGY COSTS AND WASTE.

The event, organised by Killarney Chamber of Tourism and Commerce and strongly supported by Fáilte Ireland and Kerry County Council, will take place in the Killarney Plaza Hotel on Thursday, February 27th at 6.00pm.

Keynote speakers at the event will include Mike Stack who is the chief executive of progressive Killarney company Tricel and Chair of the Killarney Chamber of Tourism and Commerce Sustainability Group, Ann Courtney, Head of Sustainability with Golf Ireland and Martin Bealin, Global Village Consultants, who is a vastly experienced mentor on sustainability issues in hospitality and tourism.

Other guest speakers scheduled to participate include Cormac McCarthy, Acting Programme Manager in Business Supports with the Sustainable Energy Authority of Ireland, Evelyn Moynihan, CEO, Kilkenny Group and Aidan McDonnell, CEO, Acutrace.

The event will showcase the progress made and the advantages available for companies willing to boost their green credentials.

As Killarney continues to develop as a vibrant tourist destination, businesses can take important steps towards reducing their environmental impact and, the meeting will hear, one of the most effective ways to do this is by consulting with a monitoring company to advise on reducing energy consumption and waste.

It can help local businesses to pinpoint areas where energy is being wasted and, in the process, uncover opportunities for cost-saving measures that can directly benefit the bottom line.

From identifying inefficiencies in heating systems to optimising lighting and machinery use, an audit provides a tailored, actionable plan that can

lead to significant reductions in energy bills and reducing a company's carbon footprint.

The meeting is open to everybody and businesses have been encouraged to attend to learn how they can take advantage of the exciting options available.



Killarney Chamber of Tourism and Commerce Sustainability Group members Paul O'Neill, Aoife McBride and Ann Courtney

Kerry Cancer Support Group

Launches Square to Share Crochet Campaign



Kerry Cancer Support Group is calling on the people of Kerry and beyond to pick up their crochet hooks and knitting needles for a special fundraising and awareness campaign. Inspired by local radio presenter Kaya Flynn's newfound love for crocheting, the initiative aims to create beautiful blankets for service users of the Healthlink transport service. Breda from Kerry Cancer Support Group explained that they are encouraging individuals to crochet or knit four-inch squares and make a donation to the charity. "This is a wonderful opportunity for people to come together, learn a new skill, and make a tangible difference in the lives of those using our service."

To help participants, two workshops will be held where volunteers will guide those attending in crafting their squares:

- February 22nd at 2 PM – The Rose Hotel
 - March 15th at 2 PM – Kate Kearney's Cottage
- Anyone interested in attending is encouraged to register with Breda or Trish at 066-7195560. All completed squares can be dropped off at Kerry Cancer Support Group's Centre at Maine Street, Tralee (V92 D567). Before they are transformed into blankets for service users by

the Milltown Knit and Natter group, the team hopes to create a giant blanket to cover the Healthlink transport bus as a symbol of warmth, support, and community spirit.

Join us in creating a hug from a friend you haven't met yet —one stitch at a time!

Donation link - <https://www.idonate.ie/fundraiser/SquaretoShare>

Kerry Cancer Support Group was established in 2007 and has been transporting the people of Kerry, West Cork and West Limerick to hospitals in Cork and Limerick for their cancer related treatments since 2010. Their motto is that "No one should face their cancer journey alone" and having transported over 75% of those diagnosed in the region since foundation they hope that they are living up to this. They also provide information and support to families experiencing cancer and to schools and groups in the region with their different campaigns. Their centre at Maine Street in Tralee is very welcoming and people are always encouraged to drop in to discuss anything relating to their journey. Call 066-7195560 for information.

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 Monday April 21stMaths H (Paper 2)
 Tuesday April 22nd.....Business H
 Wednesday April 23rd.....Physics H
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TERTIARY COURSES PROVIDE AN ALTERNATIVE ROUTE TO A DEGREE



By Billy Ryle

PRIORITY

For some time now, a priority of Government has been the creation of a unified tertiary system providing pathways for progression across and between different institutions. The National Tertiary Office (NTO) was established two years ago to coordinate further and higher education progression pathways from Further Education & Training (FET) courses to Higher Education Institutions (HEI).

LINKS

A links scheme already exists between Post Leaving Cert (PLC) courses and HEI's. However, the number of places available to PLC graduates in the links scheme is limited and there is no guarantee of success, particularly in sought after courses, such as nursing.

TERTIARY

Tertiary courses developed by HEIs and Education and Training Boards (ETB) offer guaranteed pathways from further education to higher education, which are driven by an applicant's career interests rather than points achieved in the Leaving Cert exam. Tertiary courses look beyond grades and points. They provide a definite path to a third level qualification where progression from further to higher education will be completely seamless.

COLLABORATION

Munster TU (MTU) is collaborating with ETB Cork and ETB Kerry to provide tertiary courses in General and Mental Health Nursing while tertiary courses in Business, Visual Arts and Software Development are pending and may be available this year. Other Technological Universities participating in the tertiary scheme this year are TU Shannon (TUS), Atlantic TU (ATU), South East TU (SETU), as well as Institute of Art, Design and Technology, Dun Laoghaire (IADT) and National College Ireland (NCI). University College Cork (UCC) is collaborating with Cork ETB to provide a Degree in Social Work. More traditional universities are collaborating on the development of joint tertiary courses but it is not yet known whether any will be ready for 2026 entry. Tertiary courses are a wonderful development and have expanded from about thirty courses last year to an expected fifty plus courses in 2025.

APPLY

Applying for a tertiary course is straight forward. An applicant can apply directly through the course information page of the NTO website, www.nto.ie, from 1st February to late September. The website also provides a full list of courses for 2025. The tertiary course enables an applicant to start a degree at an ETB college and complete it at a university.

JOINT

A tertiary course is a joint further and higher education degree programme. Students commence their third level experience in further education with the ETB but will complete the remainder of the course in the local higher education colleges. It varies from one year to two years studying in the FET college, depending on the course. It's expected that more than fifty tertiary courses will commence this September in areas like Business, Digital Business, Business Tourism, Business Psychology, Media Production, Applied Sports Science, Nursing, Information Technology Management, Public Health, Sustainable Engineering Technology and Social work. It's fairly certain that additional degree programmes will be available before the closing date for applications.

REGISTERED

From day one of a tertiary course, students are registered at both the ETB where they are commencing their course and the partnered university. This provides the student with access to dual supports and services including libraries, sports, and other campus facilities as well as academic, health and wellbeing supports.

ENTRY

You don't need the same leaving certificate points for a tertiary course as a person applying for the same degree via the CAO. Different tertiary course programmes have different entry requirements. An applicants may be required to submit proof from other agencies to show s/he is eligible and meet the entry requirements for the course s/he is applying for. Refer to the course information section in the course page of the NTO website for those details. The course provider will be able to

advise you of any additional paperwork which is required for your application. The contact details for the course coordinator can be found in the course page.

PATHWAY

Tertiary courses are a new pathway to a Bachelor's degree, at Level 8 or Level 7. The course information section in the course page of the website details the qualification available. Applications for the courses are open since 1st February. Applications for tertiary course are separate from applications to CAO and from applications for PLC Courses.

CHECKLIST

- Tertiary courses offer guaranteed pathways from further ed. to higher ed.
- Tertiary courses are a new pathway to a Bachelor's degree, at Level 8 or Level 7
- A tertiary course is a joint further and higher education degree programme
- MTU is collaborating with ETB Cork and ETB Kerry to provide tertiary courses
- Applying for a third-level tertiary course is uncomplicated
- Apply directly through the course information page of the NTO website, www.nto.ie,
- Tertiary courses may be applied for between 1st February and late September
- Students commence their tertiary course experience in a further education college
- Students complete their tertiary course in the local higher education colleges
- From day one, students are registered at both the ETB and the partnered university
- Applications for CAO courses, PLC courses and tertiary courses are independent
- CAO received 83,447 applications by extended closing date of 6th February - 6,398 up on last year's 77,049
- NB: UCC is accepting applications for its full-time & part-time Diploma in Dental Nursing until 14th March

Billy Ryle is a Career Guidance Counsellor and Educational Commentator
 Email: rylebilly@gmail.com
 Tel: 087 9808979

Generous Staff Raise Funds for Alexis

The wonderful accommodation and maintenance team at The Ross Hotel Killarney recently undertook a meaningful self motivated initiative to collect all loose plastic bottles left in the hotel rooms. Spearheaded by Joanna Michniak and her dedicated team, their efforts resulted in raising over €500 for a deserving local charity.

Let's Help Alexis O'Mahony was the chosen beneficiary, as decided by the incredible team at The Ross Hotel Killarney. Teresa and Alexis O'Mahony gratefully accepted the donation on behalf of the charity, which will go towards supporting Alexis' ongoing physiotherapy and medical needs. Pam Tracey, Chairperson of Let's Help Alexis, expressed her heartfelt appreciation, stating, "The committee and I are extremely grateful to Joanna and the wonderful team at The Ross Hotel Killarney for selecting Let's Help Alexis as the recipient of this fantastic initiative. Their commitment, organization, and dedication to making a difference are truly commendable." A huge well done to all involved in this thoughtful and impactful project!





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Kerry Education and Training Board



Open Week

2025

24th-28th February

- **KILLORGLIN CAMPUS** 24th Feb
- **CLASH ROAD CAMPUS** 25th Feb
- **MONAVALLEY CAMPUS** 25-26th Feb
- **DENNY ST CAMPUS** 26th Feb
- **KILLARNEY OPEN DAY** 26th Feb
- **BEAUTY THERAPY EVENT** 26th Feb
- **LISTOWEL CAMPUS** 27th Feb
- **APPRENTICESHIP EVENT** 27th Feb
- **WEBINARS & INFO TALKS** 28th Feb

Throughout the week our campus locations will be **open to the public** for **tours, demonstrations, and meet-and-greets** with staff and learners. This is prime opportunity to explore what Kerry College has to offer!

There will be several events taking place throughout the week including our annual Apprenticeship Open Evening, Information evenings, webinars, workshops and more!

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KILCUMMIN

Written by: Helen Moynihan

2025/2026 ENROLMENT: KILCUMMIN NATIONAL SCHOOL

2025/2026 Enrolment: Kilcummin National School is currently accepting enrolment application forms for September 2025. Please contact the school by email at kill43163@gmail.com or 0646643163. Enrolment application forms are now available on our school website www.kilcumminns.com. Kilcummin Open Day for new Junior Infants will take place on Thursday, 10th April from 2.15-4pm.

KILCUMMIN GAA

EAST KERRY SUPER LEAGUE

Kilcummin were defeated in their second round East Kerry Super League on Sunday when Glenflesk proved too hot in front of goals winning out 5-15 to 2-16 in a high scoring and very entertaining game played at Glenflesk. For the second week in a row James Foley's side had a number of players in their debut season making their way and he will be delighted with their battling spirit. Kilcummin opened brightly and early points by Paul O'Shea and Matt Keane (2) saw them enjoy a brief lead in the game ahead of a 7th minute Glenflesk goal.

By the end of opening quarter, the visitors still held an 0-6 to 1-1 advantage but buoyed by some midfield possession Glenflesk through Jeff O'Donoghue finished the half strong with a number of fine points before back-to-back goals giving them a commanding 3-7 to 0-9 lead at the break. Cian Foley struck early for a goal minutes into the second half after a fantastic driving run by Chris O'Leary, but it proved only brief respite as Glenflesk were to find the net twice in the following few minutes to stretch the lead to 13 points at one point.

However, with Matt Keane in particular carrying the fight throughout Kilcummin would hit the next 1-4 unanswered with a Jack Fogarty point particularly impressive while Keane used all his experience to dispatch a penalty. Brendan Kealy was called on to make two vital saves ahead a penalty miss for Glenflesk as the lead was pegged back to six points. Glenflesk with a greater flurry of late scores took the win despite an excellent 1-12 tally from Matt Keane which included a penalty, a 45, a number of top quality frees as well as from play. The game was expertly officiated by Fossa's Padraig O'Sullivan who was called upon only once to move the ball 50M as players and supporters get a better handle on the new FRC rules.

EAST KERRY CHAIRPERSON

The club are delighted to send our congratulations to Garry O'Halloran who has been elected as the new Chairperson of the East Kerry Board at their annual Convention.

Garry has been a very busy member of the East Kerry board over recent years having held the Vice Chairperson and Hurling Officer roles as he becomes the fourth Kilcummin Clubman to take the role of Chairman after John O'Leary (1963-1965), Sean Kelly (1979-1987) and Tim Ryan (2013-2017).

Club members Christy O'Leary John Lenihan both EKB Delegates, Tim Ryan Former Chairman, Ciara Kelly Chairperson and Nessa McCarthy Secretary all attended the East Kerry AGM. We wish Garry all the best in his busy new role.

COISTE NA NÓG

The Kilcummin juvenile committee will hold a meeting of on Thursday 13th February from 8pm to 9pm in the hall. Last Thursday evening our under 16's and minor players took part in preseason workshop which featured a presentations from John O'Connor Kerry GAA nutritionist on good nutrition pre and post-match, John Purcell our club referee explained the new FRC rules to players while Garda James Hurley spoke on substance use.

Meanwhile the clubs under 14's have begun their preseason work with a spinning and S and C class while also taking part in the Killarney Park Run.

COLLEGES

There was no joy for our representatives on the St Brendan's College Corn Ui Mhuiri team who lost out to Mercy Mounthawk on Saturday. Dara Stack played a prominent role on the day with Zach Cronin coming off the bench. While Aaron Buckley and Gavin Morrissey were amongst the replacements.

KILCUMMIN GAA LOTTO

There was no winner on Monday 10th February of the Jackpot for €16,000. Numbers drawn were 07, 16, 24, 26. Consolation prizes of €50 went to Dan O'Sullivan, Ann Marie O'Leary, Cockhill, Donie O'Connor, Matt, Trish & Caoimhe Dillon. The next draw will be on Monday 24th February for Jackpot of €16,250.

CONDOLENCES

The Club would like to extend its condolences to Helen, Gearoid, Ava, Dean and Zach Moynihan on the passing of Helen's mother Bridie O'Sullivan (née Kelleher) of Knockanimirish, Headfort, Killarney. May her gentle soul rest in peace.

KILCUMMIN GAA SHOP

Keep up to date on all your Kilcummin GAA Club gear by following the link www.oneills.com/shop-by-team/gaa/ireland/kilcummin-gaa-club.html

NOTES

If anyone has anything they want to add to our club notes please contact Donal by emailing pro.kilcummin.kerry@gaa.ie or Text/WhatsApp 087-7023681 before 8pm on Sundays.

MASTERGEEHA FC

LOTTO

There was no winner on Friday 7th February 2025 of the Jackpot €4,400. Numbers drawn were 02, 08, 11, 20. Consolation prizes of €50 went to John O'Callaghan O/L; Tommy Brosnan, Mastergeeha; John Foran O/L; Katie, D.J. and Louise O'Leary. The next draw will be on Friday 14th February for Jackpot of €4,600.

KILCUMMIN COMMUNITY GAMES

Well done to our U13 indoor soccer boys team, after some fabulous performances, Kilcummin finished with two wins against Dingle and Castlegregory and a loss in their final game to Kenmare. Well done boys on a great day. Thanks to Paul and James for coaching the team. Best wishes to U10 boys and girls in their upcoming respective competitions. For more information please see our Facebook page.



Two students from Nagle Rice Primary School were among students from 12 schools who were honoured at an award ceremony yesterday celebrating the winners of this year's Green-Schools Marine Spatial Planning Poster and Photography Competitions: "You, Me and Our Future Seas". Orlaith O'Sullivan and Vita Nagel were named as regional winners in the junior primary and senior primary categories, respectively. Fourteen students in total were awarded for their posters and photographs depicting their vision for the future of Ireland's ocean and coast.

CONOR HEALY, PICTURE IT PHOTOGRAPHY



Well done to St. Brigid's Presentation Killarney past pupil, Erin Myers, who recently received an Atlantic Technological University Academic Excellence Award! This notable award is given to first-year students who achieved outstanding Leaving Cert results and have demonstrated academic excellence in their chosen field at ATU.

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GLENFLESK

Written by: Sean Daly

SUPER LEAGUE

Our senior team got their East Kerry Super League off to a good start when they beat Kilcummin at home last Sunday on a scoreline of 5-15 to 2-16.

ATHLETICS

Congratulations to Keelie O'Connor, who won the Women's 60m and 200m Munster Indoor Championships in Nenagh recently.

MARY B WALSH

Memorial walk and birthday remembrance on Sunday 9th of March at 11am. 5km run and walk. Starting at Castlerosse Hotel. Registration 10 to 11am. Adults €10 Family €20. All proceeds go to Irish Road Victims Association (IRVA). Please come along to remember Mary who would be 54 years old on 9th of March.

MOTHERS & OTHERS

Glenflesk Mothers and Others are about to start back training for the

2025 season. New members welcome. It's non contact and suitable for all abilities of fitness. Please send a message on Glenflesk Ladies Football Club Facebook page if this is something you would like to try.

LOTTO

There was no winner of Glenflesk Lotto which took place on 04/02/25. Jackpot €4,800. Numbers drawn: 4, 5, 6, 19. Consolation prizes of €50: Tara & Caroline Fleming c/o Centra, Killarney, Maria Buckley, Glashacormack (Sellers Prize), Jim O'Mahony, Headford, Brendan O'Sullivan Darcy, Knockanes (Yearly Ticket). Next draw will take place on 17/02/25. Jackpot €5,000.

NOTES

If you would like anything added in the notes please email to pro.glenflesk.kerry@gaa

LISTRY

Written by: Colette Leslie

LOTTO

Jackpot €7,200. Winning Numbers 4, 7, 8, 9. Not Won. €100 Donal & Aoife Cronin. €50 Colm Counihan, Faha. €50 Amanda Howe. €25 Lyno Killarney. €25 Caoimhe Griffin, Milltown. Jackpot next week: €7,350. Next Draw: February 16th

MARY B WALSH

Memorial walk and birthday remembrance on Sunday 9th of March at 11am. 5km run and walk. Starting at Castlerosse Hotel. Registration 10 to 11am. Adults €10 Family €20. All proceeds go to Irish Road Victims Association (IRVA). Please come along to remember Mary who would be 54 years old on 9th of March.

AWARDS NIGHT

Listry annual awards night takes place tonight, Friday the 14th February in Faha court pavilion at 9.30pm all welcome



Mary Kennedy, Lahard, Listry, celebrating her birthday with her sea swimming friends at the Brewery last weekend.

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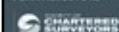


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RATHMORE GNEEVEGUILLA

By Michael O' Mahony

MARIAN PLAYERS RATHMORE ANNUAL PANTO held their 36th Annual panto Snow White Seven Dwarfs at Rathmore Community Centre which was great success. €24,000 was proceeds form this years panto were presented to Kerry Parents Association. Great success. Thanks to everyone involved.

SYMPATHIES to Máire, Seán, Siobhán, Brian and Páid Dineen & families on the death of their mother & grandmother Abbie Dineen, Hollymount. Her sister Mary, brothers Johnny & Larry Kelly & extended family. Abbies funeral took place on Friday 31st Jan in Rathmore.

To Mary Houlihan, Margaret, Kathleen, Denis & families on the death of Dinny Houlihan, Rathmore, husband, father & grandfather. His sisters Lucy, Mary and Kay, his brothers Joseph and Jerry & extended families. Dinny's funeral took place on Saturday 1st Feb in Rathmore.

Remembering Sheila Manning (nee Long) Knocknaloman who died on the 22/01/2025 in Boston. May Abbie, Dinny & Sheila rest in peace

SHARE THE BUCKET

Gneeveguilla Community Facility Group reminds you that Share the

Bucket takes place weekly. The draw is every Friday evening in Teach Fáilte @8.30 pm and can be viewed live on our Gneeveguilla Community Facility Group Facebook Page. This week's jackpot was €205 and the winner was Mike McGillicuddy. Tickets cost €2 each or 3 for €5. They are available at Teach Fáilte and can be bought online at <https://tinyurl.com/y2ade5om>.

or in local businesses where you see the Green Share the bucket. Your support is greatly supported and all funds will go towards our new proposed community facility. We would like to thank our local businesses, shops and pubs who continue to support our project and thanks too to everybody who purchases tickets every week.

ST VINCENT DE PAUL

LOCAL CONFIDENTIAL - CONTACT 087 3462332

NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6pm Sunday

SPA

email pro.spa.kerry@gaa.ie

SCOR

Scór na bpaisti (primary school age children) and Scór sinsir (over 17) competitions will be commencing shortly. If anyone is interested please contact the scór officer Michael Aherne at 087 1877091 before the 16th February

2025 REGISTRATION IS NOW OPEN

Registration is available on the Spa website via Clubforce or on foireann. ie. Deirdre and Ger will also be in Spa every Monday night for the next few weeks from 7.30-8.30pm to assist with registration for the coming year

VISITORS

We welcomed Raheny to Spa on Saturday last where Brian Fenton and his club mates a very sporting challenge game against our senior side. A presentation was made to Brian and his Dad a native of Spa after the game. Brian also donated his signed Dublin jersey to the club. A lovely gesture.

JUVENILE ACADEMY

Our popular Spa academy returns in 3 weeks time and we're looking forward to welcoming back new and existing members. Starting again on Saturday 1st March, the academy caters for ages from 3 up to 12. Stay tuned as we'll be sending more information in the lead up to the big return.

SENIOR LADIES

Recruiting players for 2025, from U17 upwards. Spa Ladies welcomes all players new to the area and former members too. Contact Emma Daly on 086-3632461 for more information, come join and be part of our great community spirit.

SAFEGUARDING

Safeguarding 1 workshops will take place next Saturday in Spa @9.30am and 1pm. Please contact Anne Holland Children's Officer for more information.



Brian Fenton and his dad Brian snr, a native of Spa who visited the club at the weekend. Photo: Anne Holland

BEAUFORT

By Bridget Hartnett

FIXTURES

Beaufort senior men will play Milltown/Castlemaine on Sunday 16th at 2pm in round 2, Mid Kerry senior league. Venue to be decided.

RESULT

Laune Rangers B 3.17 Beaufort 0.06 in round 1, Mid Kerry senior league

LOTTO

The next draw for a jackpot of €4.600 will be on Sunday, 16th February. Tickets are available from usual sellers, shops, and public houses and online at www.beaufortgaa.com.

Please note that the online lotto closes at 7pm on the night of the draw and tickets sold after 7pm are entered into the following draw.

IRELAND LIGHTS UP

Ireland Lights Up is continuing from 6.30pm to 8.30pm week nights in the G.A.A. pitch

MEMBERSHIP

Club membership for 2025 is now open. Prices are: Family with 2 Adult family members using gym is €100. Individual gym and Club is €100. Senior player €100.

Student €60. OAP €30 or €60 per couple. Membership can be paid online or by cash. It can be paid on www.foireann.ie or beaufortgaa.clubforce.com/products/membership.

For more information, please contact Patie at 087 2515311

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958



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MONEY MATTERS.....

By Dermot Cronin, **Financial Advisor**



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TO PAY OFF YOUR MORTGAGE, DEBTS AND OTHER EXPENSES
In addition to providing income to cover everyday living expenses, your family needs insurance to cover any outstanding debts, like the mortgage, credit cards and other loans. You don't want your spouse, parents, children or other loved ones to be left with any extra financial burden in addition to the emotional burden they're already suffering.

TO BRING PEACE OF MIND & LEAVE AN INHERITANCE
We can't know when we'll pass away. It could be today, tomorrow or 50 years from now, but it will happen eventually. No amount of money could ever replace a person. But more than anything, life insurance can help provide protection for the uncertainties in life. Even if you don't have any other assets to pass to your heirs, you can create an inheritance by buying a life insurance policy and naming them as beneficiaries. Without a doubt, having life insurance coverage will bring you and your family peace of mind. You should also consider income protection and serious illness cover when considering life cover.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@gmail.com

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€3.50 EACH

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 Real Rewards Price: €16.67/kg - €14.56/kg

WBS €3.69

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Jacob's Meditearano Italian Crackers Selected Range 250g
 Non Real Rewards Price: €12/kg
 Real Rewards Price: €8/kg

WBS €5.99

NON REAL REWARDS PRICE €5.50

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Heinz Baked/No Added Sugar Beans 6 Pack 415g
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 Real Rewards Price: €1.60/kg

WBS €6.79

NON REAL REWARDS PRICE €5

REAL REWARDS PRICE €4

Nescafé Gold Blend Signature Jar 100g
 Non Real Rewards Price: €50/kg
 Real Rewards Price: €40/kg

NON REAL REWARDS PRICE €6.50

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+60c Deposit

Monster Energy Drink Cans 4 Pack Selected Range 500ml
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NON REAL REWARDS PRICE €17

REAL REWARDS PRICE €14

Lindor Milk Chocolate Cornet 600g
 Non Real Rewards Price: €28.33/kg
 Real Rewards Price: €23.33/kg

NON REAL REWARDS PRICE €78

REAL REWARDS PRICE €50

Campo Viejo 6 Pack 75cl
 Non Real Rewards Price: €13/75cl
 Real Rewards Price: €8.33/75cl



Gardening

with Killarney Outlook

by John O'Sullivan

ROSES

Planting roses this time of the year will give you colour for years to come. Container grown roses can be planted any time of the year but the autumn and springtime are the best. Bare rooted roses can be planted from late autumn until around mid March. Bare rooted roses are plants that are dug up straight from the open ground when they are dormant and best planted or heeled into some earth as soon as possible.

Make sure when you are planting bare rooted roses to heel them in well with the heel of your foot to prevent their roots from being moved in the wind.

Roses are hungry plants so make sure when you're planting to add plenty of manure or a rose fertilizer.



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Noreen

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Noreen Mangan

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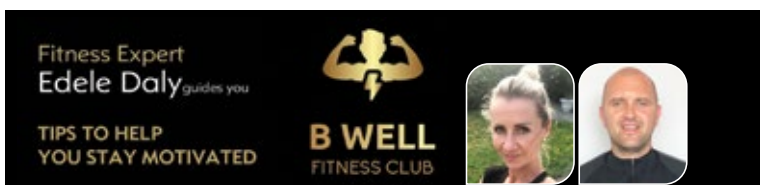
With Valentines day just around the corner, I find myself thinking about how vital it is to show ourselves (and others) love every day and not just limit it to one day. Every single relationship we have in our life works so much better when we take the time to love and look after ourselves first. Self-care is at the top of the list when it comes to showing love for yourself. This isn't just about pampering yourself occasionally, it is about taking the time every day to make sure that you are in the best state of being - mentally, emotionally and physically.

5 ways to romance yourself every day

- Choose a theme for your day such as joy, peace, balance, acceptance, love, kindness etc and focus on this as you go through your day.
- Look for the good in your life and in the people you meet.
- Eat mindfully. Slow down and really taste the food. Choose food that you love and that also loves you back.
- Take moments of conscious rest throughout your day. Pause and focus on your breathing to calm and centre you.
- Give yourself a hug last thing at night and wish yourself the most beautiful night's sleep.

For more coaching tips and inspiration please follow me on Instagram @romancingyourbody

www.astridlonghurst.com



DEBUNKING MYTHS ABOUT WOMEN AND STRENGTH TRAINING

(Continued from last week)

Myth 3: Strength Training is Only for the Young

A common misconception about strength training is that it's only for young people. However, this couldn't be further from the truth. Strength training is beneficial for women of all ages, including those in their 40s, 50s, 60s, and beyond. As women age, they naturally lose muscle mass and bone density, which can lead to a range of health problems. Strength training can help combat this by building strong bones and muscles, improving balance and flexibility, and reducing the risk of chronic diseases such as osteoporosis and diabetes.

Despite the many benefits of strength training, many women are still hesitant to start their journey. However, with the right mindset and support, any woman can achieve her strength training goals. We've seen countless success stories from women of all ages and body types who have transformed their bodies and lives through strength training.

Whether you're a beginner or an experienced athlete, strength training can help you achieve a stronger, healthier, and more confident you. So, don't be afraid to pick up those weights and start your strength training journey today. With patience, persistence, and dedication, you can achieve your goals and become a stronger, more empowered version of yourself.

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SHOW YOUR EYES SOME LOVE THIS VALENTINES

It's easy to overlook your eyes when it comes to caring for your health, but there are simple things you can do every day to help keep your eyes in shape. Here are some easy ways to get started.

Have regular sight tests

As well as an eye health check, a sight test might help detect signs of underlying general health conditions, such as diabetes, high cholesterol and high blood pressure.

Eat healthily

Eating a healthy, balanced diet reduces your risk of eye disease. Include lots of omega-3 fats, found in oily fish, and lutein, found in dark-green, leafy vegetables such as spinach and kale. Vitamins A, C and E are also helpful, so eat at least five portions of fruit and vegetables a day.

Stop smoking

Many people are unaware of the link between smoking and eye disease. If you smoke, stop. Smoking significantly increases the risk of developing eye diseases, such as cataracts and age-related macular degeneration

Wear prescribed glasses

Many eye and vision problems develop or increase as we get older. Contrary to the myth, wearing glasses and contact lenses doesn't make your eyesight worse – they help your eyes work more efficiently.

Take regular breaks

When you work on something close up, such as a computer, tablet or smartphone, your eye muscles are active. Follow the

20/20/20 rule – every 20 minutes, look at something 20 feet away, for 20 seconds. And don't forget to blink, as this helps prevent your eyes drying out.

Wear sunglasses

As well as making your vision more comfortable in the sun, sunglasses protect your eyes from UV light. When choosing sunglasses, you should always make sure that they carry the CE mark. Exposure to UV when young does most harm, so protect children with sunglasses, as well as a hat and sunblock.

Avoid dry eyes

Eyes become dry, tired and sore if you are not producing enough tears or you have poor-quality tears. Lubricating eye drops can soothe irritation and reduce discomfort. You may find taking omega-3 supplements helps over time. Drink plenty of water and remember to blink often. If your eyes are persistently dry, tell your optometrist.

Research your family history

Many eye conditions run in families, from simple long and short sight to more serious diseases, such as glaucoma. Knowledge of problems with sight can help detect a condition before it becomes serious.

Remember your optometrist is the first person you should visit if you have any eye concerns. They can assess the problem and, if necessary, refer you to the right place for treatment.

To make an appointment call us on 064 6636477



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DISTRICT NURSES IN KERRY

Following a Parliamentary Question submitted by Fianna Fáil TD, Michael Cahill, the Cork Kerry Community Healthcare (CKCH) advise that there are locations in Kerry and Cork that do not have a District Nurse.

"It is very disappointing to learn that, despite all the efforts to direct as much patient care as possible back to the homes, that places like Dingle, Ardfert, Ballybunion, Castleisland and Kenmare do not have an allocated District Nurse and must rely on cover from other areas.

We need to up our game here, by employing more District Nurses to cover these vacant posts, encourage more Carers into the system and provide much needed Respite Care, to make all this work together" stated Deputy Cahill.

"Cork is suffering in a similar way as can be evidenced by the fact that Cork/Kerry region has the dubious honour of having a quarter of the Waiting Lists for the entire country. I am calling on the Minister for Health to invest in

Cork/Kerry health services now and bring our facilities, etc, up to a modern day standard" said the Fianna Fáil TD.

"The South West has been let down by CAMHS, Waiting Lists, District Nurse availability, etc, and it is time that the HSE correct the imbalance and give the high standard of Healthcare to our people, that they deserve" added Michael Cahill TD.

SECTION 39 WORKERS RAISED IN DAIL EIREANN

Deputy Danny Healy raised the issue of Section 39 workers in Dail Eireann this week.

Here is what he had to say:

What will the Government do about section 39 workers, who have been left behind for so long, regarding pay parity and conditions? They are about to strike shortly. They are calling for industrial action and I feel they have no choice but to do that because they have been promised for so long. These section 39 workers do Trojan work in Kerry around people with disabilities and all the other little problems they have. They do the very same work as section 38 workers but are not paid the same. It is not fair that

two sections do the same work but one is paid less. These workers have been promised parity for so long. When will the Government honour the promise made here between 2016 and 2019?

Deputy Jack Chambers replied: I thank the Deputy. The Government recognises the essential work carried out by community and voluntary health and social care organisations and their staff and the reliance of the State on these organisations to deliver important supports and services in the communities we represent. The programme for Government commits to working with the voluntary sector through industrial relations mechanisms

and other processes to progress pay issues affecting the delivery of disability services and the long-term viability of organisations within the sector.

Relevant Departments have proactively engaged with unions and employers on pay funding in a process facilitated by the Workplace Relations Commission, WRC. Talks at the WRC were adjourned around the time of the general election. Ministers in relevant Departments are seeking an early opportunity to restart engagement with unions and employers through the WRC to provide certainty to the sector as soon as possible.



KERRY GREENS ELECT NEW CHAIR

The Kerry Green Party had their AGM last Saturday in Scott's Hotel, Killarney. It was an opportunity for members to gather and reflect on the busy year of 2024. Although, it was not a good year for Green politics nationally, Kerry Green candidates increased their vote share by running competent candidates.

Although hardworking ministers like Malcolm Noonan lost his seat in Dail Eireann, he topped the poll in the agricultural panel for Seanad elections recently.

Malcolm Noonan, as Nature minister often visited Kerry and Killarney and increased spending during his time in Government.

'The environment of Kerry is worth protecting' says new chairman, Diarmaid Griffin. 'As a proud Killarney man, I will continue to advocate for the safeguarding of our natural environment, on which our tourism industry depends'. 'As chair of Kerry Greens, my priority will be connecting champions of our natural world through community events, activities,

and meetings. Over the next year or so, attention will be on the local community and the grassroots of environmental stewardship'.

Anne-Marie Fuller was elected as Secretary, while Paul Bowler was elected as Treasurer.



BEAUFORT BUS SERVICE

Newly elected Fianna Fail TD, Michael Cahill has called on the Minister for Transport, Darragh O'Brien to urgently make provision for a new Bus Route in Kerry, which would provide a service from Beaufort via Churchtown, St. Mary's of the Angels, Meanus and onto Killorglin town. Deputy Cahill has outlined to the Minister that the demand for this service is very high, that it would cover a large hinterland, with a large population. This would be in invaluable service for the area and allow for easy access from the surrounding areas to and from St. Mary's of the Angels and to and from Killorglin and Beaufort. The Kerry TD said it would be a boost to the local economy while contributing to reducing traffic. Mr Cahill has submitted a Parliamentary Question in regard to the matter and is awaiting the Ministers response but has added that he will fight hard to ensure that the rural communities in Kerry are not forgotten about when it comes to state infrastructure and public transport. Deputy Cahill also confirmed that there is major ongoing campaign for this new Bus service and encouraged the local community to lend their support and sign the petition.

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1st Monday

8:15 PM
8:30 PM
9:00 PM
9:30 PM

Rathmore & Gneeveguilla

Top of the Hill, Rathmore
Bridge Bar, Rathmore
Dennehy's Bar, Rathmore
Richie McAuliffe's, Gneeveguilla

3rd Friday

7:30 PM
8:00 PM
8:15 PM
9:00 PM
9:30 PM

Castleisland Area

River Island Hotel, Castleisland
The Kingdom Bar, Castleisland
The Crown Hotel, Castleisland
Hughes Bar, Cordal
Lyon's Bar, Scartaglen

1st Wednesday

8:00 PM
8:30 PM
9:00 PM
9:30 PM

Killarney Area

Torc Hotel, Lissivigeen
The Village Inn, Kilcummin
Old Killarney Inn, Aghadoe
The Golden Nugget, Fossa

4th Thursday

7:00 PM
7:30 PM
8:15 PM
8:45 PM
9:15 PM
9:45 PM

Killorglin Area

Golden Nugget, Fossa
Galvin's Bar, Beaufort
O'Grady's Bar, Killorglin
Larkin's Bar, Milltown
Griffins Bar, Castlemaine
Anvil Bar, Boolteens

1st Thursday

8:30 PM
9:00 PM
9:30 PM
10:00 PM

Glenflesk & Barraduff

The Kerry Way, Glenflesk
Spillane's Headford
Murphy's Bar, Barraduff
Sweeney's Bar, Barraduff

4th Friday

8:30 PM
9:30 PM
10:00 PM
10:45 PM

Kenmare & Sneem Area

The Roughty bar, Kenmare
Riney's Bar, Sneem
Blackwater Tavern
O'Connor's Bar Kenmare

1st Friday

9:30 PM
10:00 PM
10:30 PM

Tuosist & Lauragh

Sailors Bar, Killaha West
Helen's Bar Kilmacalogue
The Lake House Tuosist

Last Monday

8:00 PM
8:30 PM
9:00 PM
10:00 PM

Farranfore Area

Ulick's Bar, Farranfore
James Daly's Bar, Farranfore
Cunniffe's Bar, Currow
John Hendersons, Furies

3rd Monday

8:30 PM
9:00 PM
9:30 PM
9:45 PM

Knocknagoshel & Brosna

O'Connor's Bar, Knocknagoshel
Walsh's Bar, Knocknagoshel
Kate Pat's Bar, Brosna
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Danny 087 2316055 Office 064 6685315

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Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com

MUCKROSS ROWING CLUB

ST. MICHAEL'S HOR

Well done to all our rowers who competed in the St. Michael's Head of the River on Saturday last, February 8th at O'Briensbridge. The 3.2km time trial was held in mostly calm conditions though the sunshine enjoyed at home on the day did not extend further north to the banks of the Shannon, with a cold chill prevailing for rowers and spectators alike. The club was well represented with 35 crews competing across the day in various categories from Junior 14 to Masters. Congratulations to Marko Tot, winner of the Mens Intermediate Single clocking a close 0.1 second margin over the second placed Neptune sculler. The club's two Womens J18 Quad crews placed second and third in their category with corresponding podium places for Rachel Fuller and Jenna Coffey in the Womens J18 Single. There were three further second place finishes in the Mens J16 Double and for the composite Mens Masters Four and Eight crews featuring Fermoy, Castleconnell and UL. Three further third place finishes rounded out the top three results for the club, including the Mens Senior Double (Tralee RC composite), Mens J18 Double and Mens J16 Double.

AGM 2025

Many thanks to all in attendance at our AGM held this week. A full round up can be found on our Facebook page.

EVENTS

Cork HOR, Sat Feb 22nd, Cork Marina; Skibbereen HOR (rescheduled), Sun Mar 9th; River Ilen, Skibbereen; Shandon HOR (rescheduled), Sat Mar 22nd, Cork Marina.

KILLARNEY VALLEY AC

Kirsten Kenny from Killarney Valley AC has won gold in the all Ireland cross country championships as the national league teams finish high with Sarah Leahy rocketing to 7.38 seconds in the 60m at Athlone indoor arena

Kirsten Kenny from Killarney valley ac won the gold in the u/17B 3000m at the national cross-country championships held at Westport house in county Mayo last Sunday 9th of February.

Kirsten stormed to victory claiming the top spot in style on a testing course. Club mates Muireann Breen finished in a creditable 14th in a large field of 62 competitors in the u/15



Killarney Valley AC

Front l/r: Maddie O Riordan, Antonya Lewody, Keelie O Connor, Megan O Reilly, Tara O Sullivan, Sophie Duke, Mollie O Riordan. Back l/r: Maureen O Shea, Conor Kissane, Tim Horgan, Oisín O Regan, Jack O Leary, Eoin O Reilly, Leo Allen, Tomas Griffin.

2,500m with Thomas O'Sullivan finishing 10th and, on the podium, in the boy's u/15 2,500m also.

Coach Con Lynch is very pleased with their performances as they develop under his watch. The national league teams ended the league with high finishes on the table with, the women claiming 7th spot only a few points off the bronze position and the men finishing in 5th place.

To see Killarney valley ac athletes commanding all the disciplines to the very highest standard, on the national stage is very rewarding to the management and coaching team at Killarney valley athletics club. Team manager Tomas Griffin coordinated, the coaching team and complicated logistics to bring about this national team success.

Sarah Leahy was on fire again in the 60m setting a time of 7.38 seconds and hitting the right form before the national indoor championships on the 22nd of February. With fierce competitors like Molly Scott in 2nd place and Ciara Neville in 3rd this sets up a potential and exciting showdown in the national final at the national arena in just over a week's time.

KILLARNEY JUDO

Last Sunday, Killarney Judo Club had the honour of hosting a Munster Mini Mon in Lissivigeen N.S. The club welcomed visitors from Cork City, Limerick, Macroom and Waterford as players travelled to compete in their first competition of 2025.

Seventeen members of Killarney Judo Club competed with five members making their competition debut. There was a fantastic mix of skill and comradery as our players won 7 Golds, 4 Silvers and 6 Bronzes.

The competition acted as a perfect stepping stone to build to the Galway Open in March. Players who successfully medal will then be chosen to represent the Munster team at the inaugural Interpros in April.

In other news, the club started a Self Defense course for girls between the ages of 11 to 13 as an after school club in Lissivigeen N.S. The course aims to provide a practical mix of self defense and introducing Judo to more young women. This is to build on recent successes such as three young women earning their Black Belts in Judo in 2024.



Killarney Judo Club Members Cliona Hegarty (Silver), Jessica Cronin (Gold) and Lilly Turk (Bronze)




Killarney Judo Club Members



Killarney Judo Club Members Zara Tomlinson, Adam Tomlinson and Ryan Tomlinson.

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RESULTS

On February 9th we held a 12 hole stableford competition

The winners were :-

- 1st: Dan Cronin 22pts
- 2nd: Michael J O'Sullivan 19pts
- 3rd: Alan Flynn 19pts
- 4th: Ger Scott 19pts

On Thursday Feb 6th our Seniors held their weekly 9 hole competition.

The winners were :-

- 1st: Mike J Casey (9) 20 pts
- 2nd: Dan O Sullivan (14) 19pts
- 3rd: Mike O Leary (9) 19pts
- 4th: Seamus McCarthy (10) 19 pts
- 5th: John Hurley (12) 18 pts

BEAUFORT GOLF CLUB

MR & MRS AT BEAUFORT GOLF CLUB

There was much to celebrate at this weekend's Drive-In at Beaufort Golf Club. Not only does 2025 mark the 30th anniversary of the club, but also the club could celebrate the unusual fact that the Captains for the year are a married couple. Captain Vincent and Lady Captain Susan Darby launched their year with the ceremonial Drive-In, followed by a scramble for some 50 players and an enjoyable social gathering in the Clubhouse.

KILLARNEY GOLF & FISHING CLUB

COMPETITION RESULTS

Killarney Golf & Fishing Club 17 & 11 Holes Single Stableford Played on Killeen Course, on 9th February 2025 (Club Sponsored)

- Overall Winners: Anne Moynihan 38pts (3)
- Runner-Up: Julie Leonard 34pts (22)
- 11 Hole Winner: Patricia Quane 28pts (21)

NEXT FIXTURE will be 16th February 2025, 18 & 13 Holes Single Stableford event on Mahony's Point Course (Club Sponsored)

Captain Vincent and Lady Captain Susan Darby at Beaufort Golf Club



Kerry Licensed Vintners Golf Captain Johnny Courtney (left) presenting the Kerry Licensed Vintners Matchplay to winning champion Sean Murphy with the new cup specially commissioned. Also in photo is Dave Randles. Photo: Michelle Cooper Galvin

Kerry Football Club to OFFER FREE COACH TRAVEL for Kingdom supporters to away games in 2025

Kerry Football Club are delighted to announce a new initiative which will allow Kerry FC supporters to travel the length and breadth of the country free of charge for the 2025 SSE Airtricity Men's First Division season. The new club-led venture will allow Kerry FC fans of all ages the chance to support the team on the road in 2025. With 18 league games away from home, the club understands the dedication it takes for our loyal supporters to travel to far-strung reaches of Ireland to roar on the Kingdom in action.

As a club, we hope that by absorbing the cost of coach travel, fans will be able to enjoy an away day with friends and family for minimal expense. The coaches will depart Mounthawk Park on the day of the game, providing pick-ups along the bus route and drop-offs on return runs back home after the final whistle as well. Kerry FC are proud of the support we receive both here at home and on the road, and we hope to see full busloads of supporters cheering on the new look squad throughout the 2025 campaign.



Speaking after the announcement, Kerry FC CEO Billy Dennehy said, "We are thrilled to announce this new club-led initiative to our loyal, dedicated and passionate supporters. I know we are living in a world where the cost of living is constantly on the rise, so we hope the free travel will be welcomed by a large number of the Mounthawk faithful. We look forward to seeing more and more green on the away terraces around the country, and I know you will all do your best to roar the team on to victory, both home and away, in 2025"

The first free supporters bus will travel to St. Colman's Park for the opening road trip of the 2025 season. The game takes place next Friday evening, February 21st with kick-off in Cobh at 19:45.

Supporters are required to book their place by filling out the form below: <https://docs.google.com/forms/d/e/1FAIpQLSeZFgGrFOqvgCC61y4hCGN09A0Lt4RsQWIV9d5WQaPJBbleg/viewform?usp=sharing>

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POWERFUL KERRY TEAM DEFEAT KILDARE

Kerry 2-10 Kildare 0-7

By Dan Kearney

Siofra O'Shea struck for 1-4 and Danielle O'Leary for 1-3 as Kerry had too much power for a Kildare side that kept trying to the end in an entertaining game at Fitzgerald Stadium in Division One of the Lidl National Football League.

In a low scoring first half it was the home side that ruled the roost as they took a three-point lead, 1-3 to 0-3, into the dressing room at half-time.

Kildare weren't helped by four wides and two shots off the post in the opening period that appeared to take the wind out of their sails on a perfect day for football.

It was Kerry that got off to the brighter start with O'Shea slotting a free in the second minute and Mary O'Connell following up with a point from play five minutes later.

Then came Kerry's goal in the 10th minute. A brilliant ball from Niamh Carmody found Anna Galvin whose shot was originally blocked by the retreating Neasa Dooley, but O'Leary was on hand to smash the ball to the back of Mary Hulgaine's net.

Dooley was proving to be Kildare's most impressive performer and she slotted a brilliant individual point in the 19th minute off her left to get the Lilywhites off the mark, but Kerry's danger woman O'Leary replied with a point straight afterwards.

Dooley sliced over a brilliant free off her right and after O'Connell spurned a goal chance for Kerry, Lara Curran popped over a lovely score for the visitors, the last score of the half, but it was Kerry that took in a 1-3 to 0-3 lead at the half time whistle.

Kerry were well on top in the second half as they outscored the visitors by 1-6 to 0-4 with O'Shea's goal in the 38th minute that put Kerry 2-6 to 0-4 ahead a major factor in the outcome. O'Leary's '45 fell into O'Shea's hands and the full-forward was on hand to finish low and hard past Hulgaine, her third goal in as many games.

Both sides rang the changes in the last quarter but despite a couple of Dooley specials, it was the Kingdom that made it two wins out of three games in this year's league.

Scorers:

Kerry: Siofra O'Shea 1-5, 4f, D O'Leary 1-3, M O'Connell 0-1, C Evans 0-1.

Kildare: N Dooley 0-5 (0-1f), L Curran 0-1, R Byrne 0-1f

KERRY: M.E. Bolger; E Lynch, D Kearney, R Rahilly; K Cronin, C Evans, C McCarthy; A Dillane, M O'Connell; L Boyle, N Carmody, A Galvin (c); J Lucey, S O'Shea, D O'Leary. Subs: N Ní Chonchuir for Boyle (28), R Dwyer for Lucey (44), J Curtin for O'Leary (55), N Broderick for Carmody (55), N Quinn for Evans (57), K O'Connor for Rahilly (60).



Danielle O'Leary goal v Kildare



Caoimhe Evans in action



Sheer determination: Kerry Ladies v Kildare at the weekend. Photo: Yurri Shalimov

KILDARE: M Hulgaine; R Sargent, L Murtagh, E Wheeler; M Doherty, L Lenehan, M Aspel; C Sullivan, L Curran; C Moran, G Wheeler, L Shaw; L Doran, L McGovern, R Byrne. Subs: E Dowling for McGovern (39), S Galvin for Curran (44), L

Doran for Shaw (44), E B Foley for Wheeler (48), Z Brierty for Sullivan (57), E O'Toole for Moran (60).

Referee: Shane Curley (Galway).



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For more info or to register, contact:
MARGARET: 087 247 6755
LAURA: 087 203 1804
 Email: killarneylegionacademy@gmail.com

We were delighted to meet **Gaelic4Girls Ambassador Kerry star, Siofra O'Shea** to help us promote this venture. Siofra has been a strong supporter of the Gaelic 4 Girls Initiative and is looking forward to working closely with the Club in the coming weeks.

Kids from left to right; Alannah Kelliher, Hollie Shevlin, Aoibhin Kelliher, Kate Griffin, Aine Scanlan, Anna Griffin. Back left and right; (Adults) Margaret Malone & Laura Moynihan With Siofra O Shea in centre.





UTILITY TRUST ST PAULS VS UNIVERSITY OF GALWAY MYSTICS PREVIEW

Women's Superleague Basketball
Saturday 15th February at 1.15pm
in the Presentation Gym

UTILITY TRUST ST PAULS **VS** **GALWAY MYSTICS**

Preview by Enda Walshe

James Fleming will be hoping that the momentum generated by two recent wins will mount a charge for the end of the season playoffs. They weren't just any old wins, they were hard fought victories over the 2024 National Cup champions Brunell and 2024 Superleague champions Killester. The manner of them, coming from ten points behind heading down the stretch, will have given the squad huge confidence and it is that feeling that will be looking to tap into as they reach the home straight.

They still have testing away trips to Portlaoise Panthers and Waterford Wildcats as well as home assignments against Trinity Meteors and Fr Matthews. Firstly they take on the Galways Mystics in the Killarney Sports and Leisure Centre this Sunday, February 16th . It is a repeat of the mid November clash when it took a strong second half showing from St Pauls to carry the spoils on a 85-65 scoreline. The Mystics have struggled for wins this season but they do possess a lot of quality in their ranks .There has been a change of guard in their head coach role with Kyle Walsh taking over at the start of the season from Paul O Brien. Walsh will be looking to the likes of Shannon Cunningham who has been prolific this season and the Donegal native has represented Ireland at international level. As has Kara McClean where she is joined on court by her sister Ava. Isabella Quinn and Lily Hynes can also be relied on for maximum effort.

The response to the narrow National Cup semi final defeat has been emphatic by St Pauls. It must be remembered that even in defeat they gave a wonderful account of themselves and they have carried that form into the league campaign. Captain Denise Dunlea has certainly led the way in example with a great response from the rest of the squad. Alex Wittinger works so hard for her team and has certainly been the centre of attention for opponents defence. Despite this she has pulled down more rebounds than anyone else and her points total is central to the team's effort. Gracen Kerr has had an outstanding 2025 so far while Mathilde Diop has shown there is more to her game



Jack O Sullivan Scotts Lakers

than offensive effort. Rheanne O'Shea has made a welcome return following injury and where would the team be without Lorraine Scanlons input. Siofra O Shea continues to show her commitment, juggling her GAA commitments while commitment is the one thing you can rely on Lynn Jones for. Meabh Barry is the ultimate team player and no successful squad can function without her likes.

With the games now coming thick and fast it's imperative that James Fleming has his side focussed for one game at a time. They will be looking to keep the pressure on those around them and a win over the Westerners is a must to keep their name in the playoff conversation Tip off is at 3pm.

SCOTTS LAKERS VS TEAM NORTH WEST REPORT

Mens Basketball League
Saturday February 8th
ATU Donegal

SCOTTS LAKERS 65 **TEAM NORTHWEST 60**

Preview by Enda Walshe

Sometimes you learn more from losing than winning because you learn how to keep going. Scotts Lakers made the long trip up the length of the country to ATU Donegal in Letterkenny doing so with the baggage of three defeats in a row on their backs. For long periods in this game it looked like things were going to conspire against them again and the cold streak would continue. But to their absolute credit they kept going and eventually ground out a win , their tenth of the season and another step up on the ladder to the playoffs.

It is official that the Lakers have the best defence in the league and it came up trumps

again in the second half. They limited Team North West to just nine points in both the third and fourth quarter and that laid the foundation for the win. And while they have the tightest rearguard in the league , offence sometimes can be a struggle but they did enough at the right moments to carry the spoils here. Coach Manuel Suarez was happy to get the win but ideally would like a little more control.

He described it as "a crazy end again" but found time to outline the positives. "It was great to have Darnell (Snyers) back in action after his injury while Mikah (Blackwell) and Eoin (Carroll) came up with some big plays." He singled out Jack O Sullivan for special praise." Jack did an amazing defensive job on their best player (Shakiel Bertrand) and on crashing the boards . And our second half defence was key to the win " Another key factor in the win was the battle under the boards where the Lakers pulled down 49. The aforementioned Jack O Sullivan and Eoin Carroll grabbed 26 between them, the exact total of Team North West.

It was the Lakers who made the brighter start with Snyers showing no ill effects of his injury. He hit two early baskets while Abdul Oladipupo was exhibiting a big appetite for work. Shakiel Bertrand hit six early points, half his game total, and that kept the Donegal side in touch at 9-7. Snyers hit a big three and while Mikah Blackwell hadn't figured on the scoresheet he was being very creative, linking up with Eoin Carroll. Jack O Sullivan, Rui Saravia and Jamie O Sullivan were sprung from the bench to keep the intensity high and that helped push the Lakers 19-13 ahead. Snyers hit another three, followed by a breakaway basket and it looked like the Lakers were going to lord matters at 24-14 but Team NorthWest stepped up to the plate. A strong finish to the first quarter left them only four points in arrears with Tyler Mutemasango and Alberto Rodriguez picking up the slack. That spilled into the



Mark Sheehan Scotts Lakers



Killarney Cougars National League Division 1 versus Tolka Rovers.

second quarter and with the Lakers gone cold, Luke Cassidy and Bertrand propelled their side into a 29-26 lead. Coach Suarez had seen enough and called a timeout which was immediately followed by a Blackwell dunk which gave his side some temporary energy. Carroll and Snyers after a rest were reintroduced and alongside Blackwell and Jack O Sullivan they helped to narrow the gap to one, 36-35, with the halftime cup of tea brewing. Darragh O'Callaghan came on to help the defensive effort but the half ended with Luke Cassidy landing two threes and making their tea taste better with a seven point lead, 42-35.

What was obvious at the onset of the third quarter was the surge in intensity in the Lakers defence but they had trouble converting at the other end. Bertrands final basket of the evening was the only score the Lakers conceded in six minutes and eventually the Lakers took the cue to take the lead. Blackwell was the main instigator with support from Mark Sheehan and when Jack O Sullivan netted with 2.24 to go in the quarter the Lakers now led 48-44. Team North West arose from their slumber though with Mutemasango and Rodriguez closing out the quarter with seven points and a 51-48 lead.

The early stages of the fourth quarter were nip and tuck. Oladipupo levelled matters with a three but Mutemasango replied. Carroll again took delivery of a sublime Blackwell pass to tie it up again but Mutemasango had a three point play to again hold sway. After a passage of missed chances Oladipupo netted which helped Carroll to put the Lakers ahead again. Shane Malone, for Team NorthWest, and Blackwell exchanged baskets to keep the Lakers noses in front but a curious call on Blackwell put Team NorthWest to the line and then possession. Rodriguez duly slotted the free throws but strong Lakers defence held them at bay with the resultant possession.

The final two minutes were edge of the seat stuff which started with a Snyers

breakaway to again give the Lakers a one point advantage, 61-60. The game went left and right with no advance on the scoreboard until 22 seconds to go. Snyers initiated it with a steal and with Blackwell in tandem he found his teammate to give the Lakers a three point lead and 12 seconds on the clock. Team North West took a time out and tried a few things but the Lakers were not to be denied. Running up team fouls Team North West sent Snyers to the line and he got the insurance points and helped shorten the long journey home with a 65-60 win.

Darnell Snyers was top scorer with 19 points, Mikah Blackwell had 16, Eoin Carroll 13, Abdul Oladipupo 10, Jack O Sullivan 5, Mark Sheehan 2, Rui Saravia, Jamie O Sullivan, Darragh O'Callaghan.

For Team NorthWest Alberto Rodriguez had 21, Shakiel Bertrand 12, Luke Cassidy and Tyler Mutemasango 11 each.

Next Friday is Valentines Night but there will be little room for sentiment as Scotts Lakers welcome the all conquering Limerick Celtics to the Killarney Sports and Leisure Centre. The Celtics have yet to taste defeat this season and will be an acid test for the Lakers. Tip off is at 7pm.

KILLARNEY COUGARS BASKETBALL CLUB

A busy week for the Juveniles with the on the road with away trips to Castleisland, Farrenfore and Miltown.

JUVENILE NEWS

U16 Kerry Boys League Div I St Anne's 53 Killarney Cougars 79

The Cougars led this game all through with a dominant first quarter setting the team on the road to a big win with a good team performance and a good spread of scores throughout the team led by Adam Galvin 21, Luke Foley 18, Conor Lynch 13, Callum Cox 13, with big contributions from Dara O'Sullivan Dara McKenna and the welcome return of Darragh Doyle.

U12 Kerry Boys League Div II Killarney Cougars 51 Gneeveguilla 27

An exciting U12 game at St Brendans Gym saw the Cougars come out on top with a strong second half performance, an impressive performance throughout as the Cougars dominated the second half and with seven scorers and strong defence the boys secured the points.

SENIOR NEWS

Basketball Ireland National League Div 1. Killarney Cougars 83 Tolka Rovers 109

Top Scorers:

Killarney Cougars: Ben Todd – 22, Joshua Strongman – 14, Iyan Hristov – 13, Nathan Cox – 12, Andrew Fitzgerald – 11, Adam Linehan – 5, Evan Cox – 4, Dylan Bowler – 2
Tolka Rovers: Daniel Ayoade – 22, Mike Wallace – 20, Stephen Commins – 17, Emiliyan Gudrov – 15, Samuel Badejo – 13, Thomas McCourt – 10

It was a spirited effort from the Cougars, but Tolka's fast start and clinical finishing made the difference in an entertaining clash next up for the Cougars a trip to University Limerick to face the Eagles next Saturday evening.

Fixture

Saturday February 15th, Basketball Ireland National League Division One

Limerick Sport Eagles v Killarney Cougars at the UL Arena Limerick.



Killarney Cougars U12 boys versus Gneeveguilla

SCHOOLBOY/GIRL SOCCER

15 GIRLS SUFFER OPENING DEFEAT OF INTER LEAGUE CAMPAIGN

It was an opening round defeat for the Kerry U15 ETP Girls team, as they fell to a 3-1 defeat at the hands of Kilkenny in Christy Leahy Park.

Minus four squad members against a really good physical Kilkenny side, who finished 9th at last season's Gaynor Cup, it was always going to be a tough contest. Kilkenny certainly controlled the opening half the better, in a strong opening 20 minute period in the second half, Kerry dominated the exchanges and were very unlucky not to snatch an equaliser to add to Saoirse Brosnan's goal.

As Kerry pressed for that all important equaliser, Kilkenny advanced on a counter attack to score in the closing stages to wrap up the three points. Kerry will pick themselves up as they take on Wexford to try and finish second in the group.

BOYS TAKE CENTRE STAGE AS NATIONAL OUTINGS PROVE TESTING FOR SOME

This weekend saw Kerry teams compete in National Cup and Trophy games across four different age grades, from U12 to U16. While some booked their ticket to their respective Round of 16 tie, others fell at the last 32 hurdle.

In the U12 Boys National Cup Last 32, St. Brendan's Park secured an impressive 4-0 win over Corinthian Boys, with James Tansley netting twice and Brendan Costello and Rian Hannon adding to the tally.

For the U13 Boys National Cup Last 32, Killarney Celtic faced a tough challenge, falling 5-0 to Home Farm. Dingle Bay Rovers however edged past Kells Celtic Youths in dramatic fashion, winning 7-6 on penalties after a 2-2 draw AET, with Jeaic Bobby O Sé and Sonai Mac an tSithigh getting on the scoresheet.

In the U13 Boys National Trophy Last 32, Listowel Celtic lost 4-2 to Carrick Utd, while Iveragh secured a solid 4-2 victory over Monaghan United, thanks to goals from Ollie O'Sullivan (2), Kevin Foster, and Dylan O'Donoghue.

The U14 Boys National Trophy Last 32 saw Listowel Celtic triumph 3-2 over Mallow United, with Joe Joy, Simon Russell, and Cathal Dennehy all finding the net.

In the U15 Boys National Cup Last 32, Mastergeeha fell 7-1 to St. Kevin's FC, with Darragh Keane scoring the consolation goal. Killarney Celtic, however, claimed a strong 4-2

win over Kinnegad Juniors, with goals from Luke Clancy, Stephen Shine Doody, Nakita Tkachenko, and Hammad Ahmed Atiq. Ballyhar Dynamos unfortunately suffered a 4-0 defeat to Villa FC.

For the U15 Boys National Trophy Last 32, Tralee Dynamos and Granada FC played out a 2-2 draw AET, with Danny Lane scoring both goals for Dynamos before losing 5-4 on penalties. St. Brendan's Park delivered an emphatic 5-1 victory over Forth Celtic, with Brendan Duggan scoring twice alongside goals from Noah Reidy, Fionn Hannon, and Daithi Nolan. Elsewhere Killorglin suffered a narrow 1-0 defeat to Mervue United. In the U16 Boys National Cup Last 32, Mastergeeha secured a 2-0 win over Gorey Rangers, courtesy of goals from Killian O'Donoghue and Roan Guerin. Killarney Celtic fought hard in a 3-3 draw with Edenderry Town but ultimately lost 3-1 on penalties. Samuel Scroope, Jack Culloty, and Ignacy Truchan were on target for Killarney Celtic.

Finally, in the U16 Boys National Trophy Last 32, Castleisland AFC were defeated 2-0 by Parkvilla FC.

GIRLS

CASTLEISLAND FURTHER TITLE HOPES IN 12'S NORTH

Defeating fellow title chasers St Brendan's Park, unbeaten Castleisland have made it a perfect start to the season. Listowel Celtic are not too far off their tails, as they also recorded three points at the weekend.

Castleisland overcame Park in a close 3-2 contest, with goals from Grace Kerin, Kayla Kelly, and Bella Clifford sealing the win. Siun Foley and Caoimhe Field were on target for Park. Elsewhere Listowel Celtic secured a 2-0 victory over LB Rovers, with Samantha Lyons and Katelyn Joy finding the net.

MASTERGEEHA REMAIN UNBEATEN TO FEND OFF TITLE CHASERS IN 12'S SOUTH

Six points remains the gap at the summit of the 12's Girls South table, as Mastergeeha made it nine wins from none this weekend. MEK and Killorglin both picked up three points to remain firmly on their tails.

Mastergeeha secured a 6-0 win over Killarney Athletic A, with Sophie Moynihan and Gracie Maher each scoring twice, while Annie Mai Donoghue and Siophra Ní Bhriain added one each.

MEK also recorded a 6-0 scoreline over Killarney

Athletic B, led by Abbie Coffey Straka's four-goal haul, along with strikes from Eloa Hilario and Emily O'Dowd helped secure all three points.

Killorglin emerged victorious in a high-scoring 7-4 battle against Inter Kenmare B, thanks to hat-tricks from Sienna Boyle and Chloe O'Sullivan, and a goal from Daniele Jonikaite. Lily Noonan Murphy netted a hat trick for Kenmare, while Fallon O'Shea was also on target.

For their A counterparts, Inter Kenmare A and Iveragh played out a thrilling 5-5 draw, with goals from Lily Noonan Murphy (2), Ava McCarthy, Gabija Knyzaite, and an own goal for Inter Kenmare. Tiernagh McGill scored four goals for the visitors Iveragh, with Rosie O'Mahony also on the scoresheet.

PARK AND MEK CONTINUE CLOSELY FOUGHT 14'S PREMIER TITLE FIGHT

With three points both going the way of St Brendan's Park and MEK at the weekend, the pair have opened up a gap to the chasing pack, with MEK still unbeaten this term.

Park had a closely fought contest with Killarney Athletic, emerging 2-1 winners in the end with goals from Saoirse Moynihan and Laura Heaphy sealing the win. Elsewhere MEK were at their clinical best, recording a 7-1 win over Camp. Isabelle O'Connor netted a hat-trick, Alannah Daly added two, and Elise Brunner and Aoibhinn O'Flaherty also getting on the scoresheet.

KILLORGLIN CLOSE GAP TO LEADERS MASTERGEEHA AFTER DRAMATIC EIGHT GOAL THRILLER

An eight goal thriller in Mastergeeha, saw the leaders drop points at home to Listowel Celtic and in turn open the door for Killorglin to claw back the deficit in the 14's Division 1 table.

Mastergeeha and Listowel played out an exciting 4-4 draw. Mastergeeha's goals came from Anna Lenihan (2), Michelle Lenihan, and Lilly O'Leary, while Ali Sheehan's hat-trick and a goal from Hannah Mulvihill secured a point for Listowel. Killorglin claimed a solid 4-0 victory over Fenit in the other fixture. Ellen Barry netted a brace, while Chloe Falvey and Anna Mangan also found the net.

PARK AND CAMP SHARE THE SPOILS IN CLOSELY FOUGHT DRAW

In the U16 Girls Premier Division, Camp and St Brendan's Park played out a closely contested 1-1 draw. Clodagh Bourke found the net for Camp, while Isabelle Cushen scored for Park.



MEK U13 Girls



Killarney Athletic U13 Boys

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Neither side could find that all important second goal, with Killarney Celtic still holding a nine point lead at the summit.

BOYS

TITLE RACE HEATS UP AFTER DRAMATIC WEEKEND IN 13'S DIVISION 1

While Inter Kenmare still hold top spot in the 13's Division 1 table, they could have been leapfrogged by Killarney Celtic had they defeated Milltown earlier in the week.

Park closed the gap to the title chasers with an important three points, as LB Rovers also dropped points with a draw.

On Thursday, Killarney Celtic B and Milltown shared the spoils in a 2-2 draw, with Cathal O'Donovan and Jace Flynn scoring for Celtic, while Jack Clifford found the net for Milltown with an impressive brace.

Then on Saturday, LB Rovers and Milltown played out a thrilling 4-4 draw, with Jake Bennett and Jack Kissane each netting twice for LB Rovers. Muiris Quirke's hat trick and a goal from Jack Clifford secured the point for Milltown.

St. Brendan's Park B put in a clinical performance defeating Tralee Dynamos A 5-1 with goals from Tadhg Gilligan (2), Finn McKensie, Gerry McDonald, and Terry Healy. Ballyhar and Listowel Celtic B played out another high-scoring draw, finishing 3-3.

Ballyhar's Josh Nelligan and Darragh McLaughlin were on target, while an own goal added to their tally. Brian Enright, Seanie Kissane and Jack Lyons scored for Celtic to secure their first point of the season.

Elsewhere Killarney Athletic B edged out Camp A 2-1, thanks to goals from Sean O'Connor and Mark Clifford.

DINGLE BLOW PAST TITLE RIVALS KILLARNEY CELTIC TO OPEN UP GAP IN 15'S DIVISION 2

An impressive showing in front of goal from Dingle has opened up a gap in the U15 Division 2 table, as Killarney Celtic B failed to match their firepower in the end.

The seasiders picked up a valuable three points, with a 7-1 victory over Celtic B. Jack Dorgan led the way with a hat trick, Fionn O'Dowd added a brace, while Sean O hAinfein and Jonas Collins also got on the scoresheet. Simon Sirotiak netted the lone goal for Killarney Celtic.

Camp A also secured a strong 5-0 win over Castleisland B. Cole Shanahan bagged a brace, with Conor Galvin, Conor Kiely, and Pdraig O'Connor each adding a goal to seal the victory.

BALLYHAR DYNAMOS FC

SQUADS

The club u9s & u11s has outings over the weekend away to Mastergeeha FC & home to Dingle Bay Rovers respectively. Thanks to the coaches & parents for facilitating.

The u12 B squad travelled to Ardfert FC on Saturday morning with the home side taking the win on a 6-0 scoreline having led 4-0 at half time. Squad Adam Czimor, Fionn Curtin, Leo Fox, Shane Collins, Oisín Moynihan, Rhys Nolan, Harry O Flaherty, Charlie Barton & David McKenna. The two u13 squads were in action with the A squad sharing 6 goals with Listowel Celtic B at Murt Scott Park in a 3-3 draw thanks to goals from Josh Nelligan, Brian McMahon & Darragh McLaughlin with Diarmuid Fitzgerald, Thomas Flaherty & Liam Smyth also playing well. The youthful B squad secured a 2-5 away win to Castleisland FC B thanks to goals from Jack Sheehy, Rian Comerford, Tadhg Fitzgerald & two from Jack Cooper with Evan Greensmyth solid in goal and encouraging performances from Ewan Myers, Elliot Lyne, Paddy Hurley, Lachlan Leslie, Diarmuid Fitzgerald, Ciaran Ferris, Ollie Kirwan & Tiernan Scanlan.

The U15s travelled to Waterford to take on Villa FC in the last 32 of the National Cup where they were defeated on a 4-0 scoreline after trailing 2-0 at the break. Ryan Quilter saw his shot rattle the crossbar when trailing 1-0 with the Waterford boys carrying a more physical threat throughout the game. Overall a positive campaign for a promising squad of players with Adam Fleming, Brendan Allman, Jack Kelly & Alan Mrotek giving it their all. Thanks to John, Stephen & Peter for their efforts & commitment and to Johnny on transport duties.

The Seniors made the trip to Caherciveen on Sunday last in Division 1 of the league with Iveragh FC taking the win on a 3-0 scoreline after leading 1-0 at halftime.

KILLARNEY ATHLETIC

MUNSTER JUNIOR CUP LAST 16 RESULT

Killarney Athletic 0 - 0 Pike Rovers, aet

Pike win 4-2 on penalties

Our Senior A Team exited the Munster Junior Cup yesterday after a very entertaining battle against a good Pike team.

After a disappointing performance in our last outing against Ringmahon Rangers in the FAI

Junior Cup, the lads left it all out the pitch against Pike. Putting their bodies on the line, battling for every ball & duel, creating some good chances but unable to find the all important goal. After a very tough, entertaining 90 mins & extra time, the score remained deadlocked & the game had to be decided by penalties, which Pike came out on the top. Best of luck to Pike in the next round. Thanks for all the fantastic support in Woodlawn yesterday. It was great to see our supporters come out in big numbers to cheer the lads on

FAI YOUTHS CUP LAST 16

Bridge Utd 0-1 Killarney Athletic A.F.C.

Brian O'Shea x 1

A tough battle today up in Sixmilebridge resulted in a 1-0 win for the youths as we progress to the 1/4 of the FAI Youths Cup. It was a grind until the final whistle and our fellas stood strong against everything that the talented Clare outfit threw at them. The first 10-15 minutes was frantic enough, as you'd expect, and Bridge were looking particularly dangerous from corner kicks with good deliveries to the back post. We grew into the game and took the lead, from what proved to be the match winner, when Brian O'Shea got on the end of a ball over the defenders head to finish to the net. We enjoyed our best spell of the game from the goal up to halftime and were looking the more likely team to score.

Bridge came out for the second half on the front foot and pinned our guys back for the majority of the half. Today was a day for good concentration and plenty of heart. Our squad showed that in spades. For all Bridges possession, they had very few clear cut chances bar when Caolan came out bravely towards the end to smother a chance. We had one or two good efforts late in the half to extend our lead. Great scenes greeted the final whistle and some tired bodies. Very proud of all the lads today, tough wins on the road like today really galvanize a team.

Thanks to Bridge for a sporting game and their generous hospitality afterwards. We wish them well for the rest of the season. A big couple of weeks for the lads in store as we play Pike Rovers away next Sunday at 2pm in the 1/4 of the Munster Youths Cup. The weekend after we are away to Castleknock Celtic in the 1/4 of the FAI Youths Cup. Exciting times

BOYS U13A

Killarney Athletic A -1 Castleisland A-1

The boys had a very tough game against a very strong Castleisland team today at Woodlawn.



Killarney Celtic U15 Squad vs Kinnegad in the SFAI Subway National Cup



Ballyhar Dynamos FC u13s who drew 3-3 v Listowel Celtic at murt Scott Park on Saturday last in Division 1 of the Kerry school league.



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The lads went down 1-0 at half to a perfect free kick from just outside the box. In the second half the boys came out fighting and played with real guts and determination. They got their well deserved equaliser from a Caelyn Prendergast from a lovely free kick from Rory Moynihan. The boys were the better team in the second half and could have won it on a couple of occasions but was thwarted by the Castleisland keeper. Ewan Marshall made a key save at the end of the game to earn the draw for the boys. Our defence was very strong against a potent Castleisland attack as they always posed a goal scoring threat. Man of the match for Athletic was Dima Макаручк who was stupendous at the back for Athletic. Well done lads on a tough earned draw today! They should be very proud of themselves.

U13 BOYS DIVISION 1

Camp A 1 Killarney Athletic B 2

Goals: Sean O'Connor, Mark Clifford

POTM: Derry Sheahan

The U13B Athletic boys made the trip out to Camp on Saturday morning in cold, dry conditions. The first half was a tight affair with both teams creating good chances early on. Athletic made the breakthrough after 20 minutes, Cillian Sheahan with a good run to the byline and cut back for Sean O'Connor to finish from close range. Athletic edged further ahead 10 mins into the second half through a good team move ending with Eric Reed slipping the ball through to Mark Clifford who finished it very well from the edge of the box. Derry Sheahan produced a series of great saves throughout the match and was unlucky to concede two minutes from the end. Athletic held on for a hard fought win.

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 9,13,21,28. No jackpot winner. Match 3 winner received €150. Next jackpot €15,000 on Monday February 17th. Jackpot is capped at €15,000 with the additional €200 going on to the 1st jackpot after the next jackpot win. Tickets available from The Dungeon Bookshop, Amber Shop (Top of Ross Road), club members and online through clubzap.

CHARLEVILLE CHEESE PREMIER A

Killarney Celtic 9-3 St Brendan's Park

Sean Lovett 3, Brendan Falvey 3, Matt Keane, Blake Bolster, Kalvin O'Sullivan

A strong opening by Celtic laid the foundations for a home win last Saturday night. Celtic, through Sean Lovett, led 3-0 after 20 mins. Half Time Celtic led 4-2. The goals continued in the 2nd half as Celtic led 6-3 midway through the half. Celtic continued to pile on the pressure and Brendan Falvey added 2 late goals to also score a hat trick.

CHARLEVILLE CHEESE PREMIER B

Killarney Celtic B 4-2 Strand Road FC

Eoghan Crowley 4

Celtic B bounced back to winning ways after a recent run of defeats. Eoghan Crowley hit 4 as the squad remain in the hunt for divisional honours. A powerful 1st half was the basis for the win. Celtic were 3-0 up by half time and though Strand Road came back with 2 goals, the Bs held firm to record the win.



U16 SFAI SUBWAY NATIONAL CUP

Killarney Celtic 3-3 Edenderry

AET Edenderry won on penalties

Samuel Scroope, Ignacy Truchan, Jack Culloty

Celtic U16s exited the National Cup after an exciting tie against Edenderry. 1-1 at the break, Celtic gained the advantage to lead 3-1 before Edenderry came back to force extra time. No goals were forthcoming in extra time and so the tie went to penalties where Edenderry were victorious.

U15 SFAI SUBWAY NATIONAL CUP

Killarney Celtic 4-2 Kinnegad Juniors

Luke Clancy, Nakita Tkachenko, Stephen Shine, Hammad Atiq

Celtic u15s advanced to the last 16 of the National Cup after a hard fought win over Kinnegad. A strong 1st half showing laid the foundations for the win. Celtic opened the scoring through Luke Clancy before Nakita Tkachenko put Celtic 2up. Things looked very good for Celtic when Stephen Shine dispatched a penalty to leave Celtic 3up. However Kinnegad did not lie down and they pulled a goal back to leave it Celtic 3-1 at half time. Kinnegad upped the ante to score a 2nd and the Celtic defence had to hold firm to maintain the lead. Finally late on Celtic sealed the win when Hammad Atiq struck from outside the box to make it 4-2.

U15 DIV 2

Dingle Bay won over Killarney Celtic

U13 SFAI SUBWAY NATIONAL CUP

Killarney Celtic 0-5 Home Farm

Celtic U13s went out of the National Cup to a very good Home Farm squad. Despite a gallant effort by Celtic, Home Farm were just too strong and they moved on to the last 16.

U13 DIV 1

Killarney Celtic 2-2 Milltown FC

Cathal O'Donovan, Jace Flynn

Celtic dominated from the off and eventually the pressure paid off after Cathal O'Donovan finished from close range. Celtic stretched their lead through Jace Flynn to lead 2-0 at the break. To their credit Milltown came back in the 2nd half and replied with 2 goals to level up the game.

U13 DIV 2 SOUTH

Killorglin AFC 0-5 Killarney Celtic Hoops

Conor Randles 3, Jake Scannell 2

After a great performance Celtic Hoops came away with the victory from Killorglin. This win maintains their strong position in the league table.

U13 DIV 2 NORTH

Killarney Celtic Stripes 4-2 St Brendan's Park D

Andrew Bilokvost 2, Rory Salvador, Muhammed Gazar

Celtic Stripes came from behind to claim the spoils. Park opened brighter and led 2-0 before Celtic responded to level by half time. In the 2nd half Celtic gained the upper hand and claimed 2 goals to take the win.

GIRLS

CHARLEVILLE CHEESE WOMEN'S PREMIER

Killarney Celtic 3-0 Dingle Bay Rovers

Katie Mahoney 2, Amber MacIndoe

Celtic gained a good win last Sunday. Celtic broke through for the lead goal when Amber MacIndoe finished a Grainne Kelliher cross to the net. 1-0 at half time. Katie Mahoney scored twice in the 2nd half to clinch the win after a good contest.

CONGRATS to Ultan Cotter who made the KSBGL Team of the Week.

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JIMMY O'SULLIVAN-DARCY takes a look at all things sport...

DONEGAL RECORD

A WIN IN KILLARNEY

NATIONAL LEAGUE: Donegal 0-23 Kerry 1-18

It was actually nice. Like a lot of people, I went into the Corn úí Mhuirí match and just went across the road afterwards, a miniscule stroll to the Park to watch Kerry v Donegal. I had been very happy to get out of Celtic Park with points in the bag, even if I still think there was a little touch of larceny about it, but I wasn't overly hopeful against Donegal, who are far more up to speed than us right now. I'll say it again; February is a month for shaping and evolving a team. I'd be worried if I thought we were the finished article at this stage. I needn't have been worried about that!

I do have to touch on two things. One is the stewarding, it was genuinely spectacular in both places, way above and beyond any reasonable expectations. A small thing, you might say, but it takes a lot of doing by a lot of people and it puts a smile on people's faces. The other is less welcome. That match programme for the Kerry Donegal game.... that thing would have been a disgrace even if it was given out for free. And it wasn't – people were charged three euro for that piece of fantasy literature. You'd be closer to the starting teams on both sides if you just pulled names out of a bag at random. Not good enough. Honestly, I have felt for a long time that county boards should be fined for changes to the named team within 72 hours of throw-in. I don't think this was a deliberate attempt to hoodwink people. I think it was just laziness, and in a way, that's treating people with even worse contempt.

Arrah, it didn't spoil a good day. A freezing cold day (one person told me that it was "nice and fresh" - the sort of thing a shaved polar bear might say on a day like that).

Game on. Donegal looked very fit. Conor O'Donnell made the first break, but his fisted effort came back off the crossbar. We were cut open a bit easy there.

Ryan McHugh with a two pointer. That's a great kick. Donegal are one of the best teams around at having defenders slip into shooting positions. It's perfectly timed and like a lot of Ulster teams, they don't really have specialists for particular positions.

Even worse, though, they are pressing very successfully on our kick-outs and it's paying rich dividends already (Diarmuid O'Connor will soon enough stamp his mark in the middle

third; he has made a brilliant start to this year) with two points for Shane O'Donnell. They have a lot done; we are looking tentative at the moment, maybe even rattled. Early days, but this wasn't looking good at all.

Paul Geaney calmed the nerves with a good score. The umpires appeared to hesitate for a second, but that was clearly over. Donal Down was fouled – fairly needlessly, I would say – and it's a simple one for Seán O'Shea. I always like when our freetaker scores the first one; I think it gives the whole team confidence.

Another Kerry free, this one slotted over by Conor Geaney. Donegal don't like us running at them. One of my hopes for the new rules (cards on the table; I am a massive fan so far – the early games of the championship, let alone the league, have bored me for the last number of years) is that they bring back old school one on one defending. Less hunting in packs, please, and more skill and guile. Shane O'Donnell fisted over. Good burst of pace, in fairness. Barry Dan O'Sullivan with a rejoinder. Barry Dan is doing well for Kerry. Dylan Geaney with another. All of the Geaneys were looking lively, no surprise there.

There's a sting. Donegal free, innocuous enough, but correct call. No big deal....except that Kerry don't hand the ball back, and it's brought forward 50 metres. I don't care whether you like the rule or not. I personally think it's asking too much to have a player hand the ball back and stand motionless while a player takes a solo and go. Just drop the ball in place – but if you knock the ball away, that's a deliberate delaying tactic and I'd be fine with the referee bring that one up. No leeway and no bluster. But that was handing a very easy score to Donegal. I'd be fair cross about that one. Ye know the rules, lads, and if ye can't grasp them, then ye shouldn't be here. Even worse, pPatrick McBreaty opted to bring it back outside the arc for a two pointer. That's a costly mistake by Kerry. We got caught with just two players in Donegal's half as well – that's a bit more forgivable, careless rather than indisciplined. McBreaty opted for another two pointer, thankfully it curled just wide.

Conor O'Donnell took a hit but recovered to notch his score. 0-8 to 0-6. I'm happy enough



Donal O'Sullivan
Down in action:
Photo:
Yurri Shalimov,
Fitzgerald Stadium
PR

with it. We aren't playing great but we are taking our chances and staying in touch.

Tadhg Morley hobbles off. A loss, of course, but I'm actually glad to see Mike Breen get game time. If he doesn't get it in these games, he certainly wouldn't be getting any later on. Mike has been very unlucky with injuries but there is no doubting his talent. Can he stake a place? I don't know, but I guarantee he won't find out without coming off the bench and on to grass. Yes, there is a certain ruthless 'sink or swim' about it, but why not? Do you think footballers like this want to stay in paddling pools?

Brilliant by Oisín Gallen. Drew two players and timed the pass to McHugh perfectly, and the wing back takes his second two pointer of the day. That one stung, no question about it. Eoghan Ban Gallagher (is that not the most Donegal name you have ever heard?) fisted over another one. Our defence is in serious trouble. Just before the break, Gallen slotted over a free. Ouch. Just as I thought we were doing okay, now we are seriously floundering. Jack O'Connor has a few things to ponder in the half-time dressing room, with Kerry suddenly trailing by 0-11 to 0-7. Can't exactly say it isn't a fair scoreline on the balance of play.

Seán O'Shea pointed after some fluid Kerry play at the start of the second half. Dyaln eaney neatly slipped his marker and the gap is back to two points. Scoring forwards....it's a simple game when it's played right.

High ball dropping into the Donegal square.... that's a mighty leap by Diarmuid O'Connor as he fists it over the bar. Was there a goal on? Arrah not really, no point in being too greedy. This is a lot better by Kerry.

Oisín Gallen with a great two pointer. That's a powerful weapon being used well by Donegal. With the likes of Barry Dan, Seán O'Shea, Diarmuid O'Connor, Tom O'Sullivan, Paul Geaney....we have distance shooters and I'd like to see us going for more of those. Donegal have clearly worked on getting long range shooters free on the end of moves. It's

Action from the Kerry V Donegal Game. Photo: Yurri Shalimov, Fitzgerald Stadium PR



early days for Kerry. It'll come.

Donegal won the kick-out and Ciarán Moore sprinted for goal before unleashing a rocket that crashes off the crossbar and over. Another let-off.

Ah, there's the Tom O'Sullivan we know and love! Great point.

It was a very brief respite. Donegal seem able to lift their game at will. Patrick McBrearty picked off a neat score. McBrearty is the last player I can remember making his senior inter-county debut before his Leaving Cert. - it used to be relatively common in the days where fourteen year olds were doing an adult's manual labour and walking or cycling everywhere, but life has changed and strength and conditioning has advanced far beyond former limitations.

0-17 to 0-11. Kerry were in trouble, but Kerry responded well. Graham O'Sullivan got forward for a nice score. Conor Geaney pointed another free. Cathal Ó Beaglaíoch, not long on the pitch, announced himself by splitting the posts. Seán O'Shea added another free. Just like that, Donegal's lead is back down to three points. We could take something out of his game yet.

Or maybe not. Fine score by Ciarán Thompson.

62 minutes played. The clock is ticking away. I do like the certainty of the hooter, and I think it takes a lot of pressure off of referees. There have always been pseudo-experts claiming after defeat that he referee played too much or too little injury time (I've actually made it a habit to keep the stopwatch running until the final whistle just so I know exactly how much injury time was played. That's no longer an issue, and that's a good thing.

Kerry pulled goals out of the bag, good goals, to snatch the win off Derry. They actually might be able to do it again. Paudie Clifford carries into the square and lays off for Diarmuid O'Connor to fist home. Suddenly it's just a one point game.

Two point game as Conor O'Donnell splits the posts. I was in school with a Dingle lad named Conor O'Donnell, a really nice guy, who went on to play National League for Kerry in 1995. Good footballer as well. Seán O'Shea with a two pointer! Level pegging! I'd take a draw. Take it? I'd love it. It's the hope that kills you. Jamie Brennan with one last big kick for Donegal to win it by two points.

We can't really complain. In fact, a fairly experimental Kerry keeping a fairly seasoned Donegal side to within two points is not ad going at all. We are on the right road, albeit we have a fair distance to travel along it yet. Donegal: Shaun Patton, Finbarr Roarty, Brendan McCole, Peadar Mogan (0-1), Ryan McHugh (0-5, 1tp), Eoghan Ban Gallagher (0-1), Ciarán Moore (0-1), Michael Langan, Ciarán Thompson (0-2), Daire Ó Baoill, Conor O'Donnell (0-3), Shane O'Donnell (0-2), Hugh McFadden, Oisín Gallen (0-3, 1tp, 1f), Caolan McGonagle. Subs: Patrick McBrearty 1tp (for Langan, 3 mins), Jamie Brennan 0-2 (for Hugh McFadden, 50 mins), Eoin McHugh (for Daire Ó Baoill, 58 mins), Mark Curran (for Ryan McHugh, 60 mins), Odhran Doherty (for Oisín Gallen, 66 mins).

Kerry: Shane Ryan, Damien Bourke, Jason Foley, Tom O'Sullivan (0-1), Graham O'Sullivan (0-1), Tadhg Morley, Seán O'Brien, Diarmuid O'Connor (1-1), Barry Dan O'Sullivan (0-1), Paudie Clifford (0-2), Seán O'Shea (0-5, 1tp, 2f), Cillian Trant, Conor Geaney (0-3, 2f), Dónal O'Sullivan, Dylan Geaney (0-3). Subs: Mike Breen (for Tadhg Morley, 29 mins), Ruairí Murphy (for Cillian Trant, half-time), Paul Geaney (for Dónal Down O'Sullivan, 51 mins), Cathal Ó Beaglaíoch 0-1 (for Barry Dan O'Sullivan, 51 mins), Killian Spillane (for Conor Geaney, 59 mins).

Referee: Brendan Cawley (Kildare)

1989

No, not Taylor Swift's record-breaking album and tour. Leave the lady alone; she has enough to be dealing with this week (my heart bleeds for the billionaire and her multi-millionaire boyfriend). It's actually the last time that Donegal beat us in Kerry in the

National League. November 20th, 1989, in Austin Stack Park, according to Tim Slattery's statistics, and the great Austin Stacks and Kerry historian does not get these things wrong. The game itself won't stir too many memories, but I thought some of the names might. Just for the record, this is the Kerry team that lined out that day.

Kerry: Charlie Nelligan (Desmonds), Ken Savage (Rahillys), Ambrose O'Donovan (Gneeveguilla), Ger Lynch (Valenia), Tommy Doyle (Annacaul), Tom Spllane (Templenoe), Eamonn Walsh (Knocknagoshel), Dermot Hanafin (Desmonds), Tim Brosnan (Carrow), Donal McEvoy (Mitchels), Jack O'Shea (St. Marys), Maurice Fitzgerald (St. Marys), Michael McAuliffe (Spa), Eoin Liston (Beale), Pat Spillane (Templenoe). Subs Michael Brosnan (Knocknagoshel), John Kennedy (Asdee), Eamonn Breen (Finuge)

NATIONAL HURLING LEAGUE

KERRY 5-20 DERRY 1-12

It never had the frenetic excitement of the corresponding football match in Celtic Park (when is the last time a football match had more excitement than a hurling game?) but this was a very welcome win for Kerry. John Griffin's hurlers kind of needed a bit of a boost and got it with a very convincing home win over a game but limited Derry. Derry's Richie Mullan actually had the opening two scores from play, but Rory O'Mahony opened Kerry's scoring and they soon began to take full control. Points from Shane Nolan, Mahony (2), Ronan Walsh (2), and Shane Conway (3, 2f) had Kerry in complete charge before



Supporters at the Kerry V Donegal Game. Photo: Yurri Shalimov, Fitzgerald Stadium PR



Niamh Ní Chonchúir and Niamh Broderick in action



Rachel Dwyer with the ball

Shea Cassidy and Christy McNaughton made it 0-9 to 0-4 in favour of the home side. Seán Brosnan was already pulling the strings for Kerry and he struck for a superb goal after 25 minutes. Conway and Brosnan (2) added further points before a goal from Oisín Maunsell deep in injury time effectively ended any little remaining suspense.

At 2-12 to 0-4, the second half was basically a formality, truth be told, especially after team captain Oisín Maunsell struck for a goal on the restart. Deaghlán Foley and Christy McNaughton (3f) did reply straightaway in a decent spell for the visitors, but it was defiance rather than real hope.

Kerry took charge again with scores from Conway, Nolan, and Brosnan before McNaughton picked off another free. Seán Brosnan split the posts before Shane Conway got in for goal – Conway has resumed his role as a natural predator around the opposition square rather than dropping deep as he did last year, and personally I think Kerry are better off with that cutting edge. Seán Brosnan added another to make it 5-16 to 0-9, with Richie Mullan goaling for Derry soon after.

I'd have been happy with the final whistle at that stage. I like Derry, always have, and every Kerry hurling supporter knows exactly what it's like to be on the other end of one-sided games like this. Derry came up with league promotion last year and also lost the Christy Ring Final to Kildare, but the jump up is a steep one. Remember the many years where Kerry alternated between winning Division Two or getting hammered in Division One. I do. There was no in-between.

We'll take this win, and be glad to get it. Kerry have lost a huge amount of players in the last three years – and that's a broad and important issue in itself. I'd be happy with retaining our status, and this win will go a long way towards securing that. We'll have tougher days.

Kerry: Louis Dee, Kyle O'Connor, Dara Kearney, Daithí Griffin, Darragh Shanahan, Tomás Casey, Seán McGrath, Killian Hayes, Rory Mahony (0-3), Tom Doyle, Seán Brosnan (2-4), Ronan Walsh (0-2), Oisín Maunsell (2-0), Shane Nolan (0-2), Shane Conway (1-7, 5f) Subs: Ronan Donovan (for Killian Hayes, 33 mins), Niall Mulcahy (for Ronan Walsh, 52

mins), Dylan Moriarty 0-1 (for Oisín Maunsell, 52 mins), Seáníe Foran (for Daithí Griffin, 55 mins), Luke Rochford 0-1 (for Shane Nolan, 62 mins)

Derry: Seán Kelly, Pádhraig Nelis, Mark Craig, Paddy Kelly, Seán Cassidy, Conor Coyle, Thomas Brady, Richie Mullan (0-2, 1f), Ryan McGill, Seán M Quinn, Meehaul McGrath (1-2), Deaghlán Foley (0-1), John Mullan, Christy McNaughton (0-5, 4f), Shea Cassidy (0-1). Subs: Eamon Cassidy 0-1 (for Seán Cassidy, half-time), Eamon Conway (for Thomas Brady, half-time), Callum O'Kane (for Seán M Quinn, half-time), James Friel (for Conor Coyle, 48 mins), Aimon Duffin (for Paddy Kelly, 57 mins). Referee: Niall Malone (Clare).

KERRY LADIES MAKE IT TWO WINS FROM TWO

LADIES NATIONAL LEAGUE:
KERRY 2-10 KILDARE 0-7

It's no secret that Mark Bourke has a little bit of a rebuilding job on his hands for Kerry's ambitions to retain the Brendan Martin Cup later on. The champions are always up there to be shot at, that's just human nature. And a Kerry team that will be lining out without the likes of Louise Ní Muircheartaigh, Kayleigh Cronin, Lorraine Scanlon....

Kerry have used a lot of players in a lot of positions in the early stages of the National League. I won't say that everything has worked – I'm not in favour of Aoife Dillane in midfield. As good a footballer as she is, I prefer her marauding from wing back than manning the centre. I remember saying the same thing years ago when the Kerry men experimented with Seamus Moynihan and Tomás Ó Sé in similar roles (for the record, nobody paid any attention to me back then either).

Following on from that win on the road against the Deise, this was another confidence boosting display by Kerry. In fact, they looked a lot more settled and composed to me; we were shaky enough against Waterford. I think the strong start this time out helped. Siofra O'Shea got us off the mark with an early free and Mary O'Connell added a point from play. Danielle O'Leary is already looking

very much like inheriting Ní Muircheartaigh's mantle, and she struck for an early goal.

Neasa Dooley, excellent for Kildare all through, opened their scoring with two points but Danielle O'Leary cancelled out one of those. Kildare midfielder Lara Curran made it 1-3 to 0-3. Poor scoring on both sides after the first half, to be honest, but part of that is because there was good football and chances weren't coming easily.

Siofra O'Shea extended our lead with two points (1f) but Dooley split the posts for the visitors. Siofra cancelled that out and then fisted a great Kerry move to the net to put real daylight between the teams, 2-6 to 0-4. Danielle O'Leary pointed but Roisín Byrne replied with a Kildare free. The Lilywhites were begin to tire, though, and needed goals that never really looked likely. Rachel Dwyer and Caoimhe Evans made it 2-9 to 0-5. Neasa Dooley kicked two points but Siofra O'Shea had Kerry's last score with a free and that was how it finished.

Solid rather than spectacular by Kerry, but there is a clear nucleus taking shape and young players putting their hands up. There's a long way to go, but we are definitely travelling in the right direction.

Kerry: Mary Ellen Bolger, Eilís Lynch, Deirdre Kearney, Roisín Rahilly, Kayleigh Cronin, Caoimhe Evans (0-1), Ciara McCarthy, Aoife Dillane, Mary O'Connell (0-1), Leah Boyle, Niamh Carmody, Anna Galvin, Jadyn Lucey, Siofra O'Shea (1-5, 4f), Danielle O'Leary (1-3). Subs: Niamh Ní Chonchuir (for Leah Boyle, 28 mins), Rachel Dwyer (for Jadyn Lucey, 44 mins), Julie Curtin (for Danielle O'Leary, 55 mins), Niamh Broderick (for Niamh Carmody, 55 mins), Niamh Quinn for Evans (57), Kayla O'Connor (for Roisín Rahilly, 60 mins).

Kildare: Mary Hulgraine, Ruth Sargent, Lauren Murtagh, Emma Wheeler, Mia Doherty, Laoise Lenahan, Molly Aspel, Claire Sullivan, Lara Curran (0-1), Cara Moran, Gillian Wheeler, Lisa Shaw, Neasa Dooley (0-5, 1f), Leah McGovern, Roisín Byrne (0-1, 1f). Subs: Ellen Dowling (for Leah McGovern, 39 mins), Siofra Galvin (for Lara Curran, 44 mins), Leah Doran (for Lisa Shaw, 44 mins), Erin B Foley (for Gillian Wheeler, 48 mins), Zoe Brierty (for Claire Sullivan, 57 mins), Ellie O'Toole (for Cara Moran, 60 mins).

Referee: Shane Curley (Galway).

The victorious Mercy Mounthawk Team. Photo: Corkery Photography.



REIGNING CHAMPIONS MOUNTHAWK RETAIN CORN UÍ MHUIRÍ CROWN CORN UÍ MHUIRÍ FINAL: MERCY MOUNTHAWK 2-11 ST. BRENDANS 1-10

The Dr. Crokes home ground in Lewis Rd. was a cheerful riot of colour and noise as Mercy Mounthawk and St. Brendans supporters gathered to cheer on their sides in the Munster Post Primary Corn úí Mhuirí Final. It was immediately obvious that his clash of giants was going to live up to all the billing. Straight from the throw-in, big Jamie Moynihan rose high to gather and sent a great pass into Ben Kelliher, with the winning Frewen captain coolly bisecting the posts for the opening score. Not to be outdone, Mounthawk took the kick-out fast and an equally clever long pass into Aaron Harte saw him fire over an equaliser – he might well have thought about testing Kacper Robak from that range had he wished. There was scarcely a minute on the clock already. The Sem came again with a long probing move, but ended up taking one pass too many against a resolute Mounthawk defence and David Sargent made the interception. Once again they broke fast, Ben Murphy and Cormac Bastible combining to tee up Harte for another goal chance, but this time Robak was out fast to deflect he shot for a fruitless '45. Mounthawk were posing the greater threat with long balls into their dangerous forward line and looking for an early goal – a regular feature of their games along the way. It didn't take long to arrive in this game, either, with the outstanding Ben Murphy making a surging run before passing across To Padraig O'Halloran for a simple finish. 1-1

to 0-1.

That seemed to spark Mounthawk, who began to assume control. David Sargent teed up Tomás Kelliher to fist over. Ben Murphy made a great turnover and set off on another sprint that was illegally ended, with Paddy Lane neatly slotting the resultant free. Another Ben Murphy turnover saw Lane score his first point from play. 1-5 to 0-1 – things were starting to look ominous for the Sem.

Things didn't get any better for them when Jamie Moynihan spotted Ben Kelliher unobtrusively drifting behind the defence and found him with another sumptuous pass, only for Ruairí Kennedy to deny the sharpshooter with a great save from close range. A Sem goal at that stage could well have been a huge turning point, but we'll never know for sure.

It did seem to kick-start the Sem's resistance, though. Joey McCarty slotted a good free to double their tally and added another after good work by Josh Bowler.

Ben Murphy set up his midfield partner Daniel Kirby for a point and Seán Corkery almost had another, only for Kacper Robak to reach high and claw it out from over his crossbar. Nonetheless reigning champions Mercy Mounthawk must have trooped in at half-time with a sense of satisfaction and a 1-6 to 0-4 lead in hand.

The Sem were very far from done, though, and came out of the half-time dressing room with real intent. Josh Bowler opened the second half scoring with a beauty and Mark O'Carroll soon added another. Just a goal between the sides now, and potential drama looming. Once again, though, the more experienced heads of Mounthawk came to the fore. Seán Corkery changed the momentum with a good score of his own. Ben Murphy, a colossus all day long, added another, and the irrepressible Paddy Lane restored the six point gap.

Then came the real knock-out blow, Paddy Lane sending a high ball out of the clouds onto the St. Brendans' square, and Tomás

Kennedy made a really stupendous catch – one worthy of his legendary namesake Paddy who lorded the intercounty skies for Kerry almost a century ago, before rolling ome. 2-9 to 0-6.

Still the Sem refused to buckle; that has never been in their nature. Cian Mulcahy had battled hard all day and he split to posts to kickstart the resistance to fate. Liam O'Brien wasn't long on the pitch when he opened his account. Paddy Lane and Joey McCarthy exchanged frees.

Great pressure by Ben Kelliher forced a kick-out turnover and he flicked it across to Josh Bowler, whose left-legged volley curled just a the wrong side of the post.

The Sem were pushing hard now. Could a goal at that point have turned the narrative? I suspect that Mounthawk had another kick in them. Jamie Moynihan, their best player all year, sent another great ball into young Ben Kelliher and he was dragged down as he closed in on goal. Up stepped Joey McCarthy to the penalty spot, but Ruairí Kennedy read his intentions perfectly and managed to get his body in the way. Another great save, another goal chance gone a-begging for the Sem. Joey McCarty did pick off one last defiant free for them, but Paddy Lane with a '45 had the last say of this year's Corn úí Mhuirí Championship. For the second year in a row and the second time in their history, Mercy Mounthawk will be looking to get back to Croke Park for a Hogan Cup Final. On the strength of this showing, and indeed their form all year, I don't think anyone will doubt that Munster are sending their best representatives forward. But there's a lot of water to flow under that bridge just yet!

Mercy Mounthawk: Ruairí Kennedy, Breandán Meehan, Ben Sharp, James Fisher, Pádraig O'Halloran (1-0), David Sargent, Gavin Casey, Ben Murphy (0-1), Daniel Kirby (0-1), Alex Touhy, Tomás Kennedy (1-2), Seán Corkery (0-1), Cormac Bastible, Paddy Lane (0-5, 2f, 1'45), Aaron Harte (0-1). Subs Billy Doyle (for Aaron Harte, half-time), Jake Hoare (for Cormac Bastible, 44), Conor McGibney (for

Seán Corkery, 56), Odhran Kerins (for Alex Touhy, 59), Kevin O'Donoghue (for Pádraig O'Halloran, 63)

St. Brendans: Kacper Robak, Cian Fleming, Dara Stack, Bryan Walsh, Jack Rudden, Adam Byrne, Cian Mulcahy (0-1), Jamie Moynihan (0-1, 1f), Oran O'Neill, Ted O'Gorman, Joey McCarthy (0-4, 4f), Mark O'Carroll (0-1), Oisín Fleming, Josh Bowler (0-1), Ben Kelliher (0-1). Subs Darragh Brosnan (for Ted O'Gorman, 44), Liam O'Brien 0-1 (for Bryan Walsh, 44), Dylan O'Meara (for Josh Bowler, 52), Mark Kennelly (for Mark O'Carroll, 54), Zach Cronin (for Jack Rudden, 56)

Referee: Donncha O'Callaghan (Limerick)

SIX NATIONS

IRELAND 32 SCOTLAND 18

Look, I refuse point blank to dress it up. We all knew which team would be coming out of Edinburgh with the points. I'm not knocking Scotland, not with the likes of Van der Merwe, Finn Russell, Huw Jones, et al, but they haven't got the depth of Ireland. If we are being even more honest, I will say that I suspect that some Irish players may not be fluent gaeilgóirí, but to be fair, it's not like I can claim as much myself. Ireland are looking for a three-peat of the Six Nations ("three-peat". No, whether it's about the Six Nations or the Superbowl, it's the kind of phrase that would have Fr. Jack Hackett punching Fr. Ted Crilly, and rightly so) and it was never a secret that the two big obstacles were going to be England and France. Scotland have improved a lot, but they were never likely to match us for power or width.

A bit of kicking tennis early on. Ireland are content to soak up Scottish pressure and go long. Blar Kinghorn tries a chip and chase – I like the ambition but that's not going to catch us so early. Nice move by Ireland, stringing a run together. Scotland old out, but at the expense of penalties. I can't see them holding on for eighty minutes of this, especially with the power sitting on Ireland's bench.

There we go. Ireland spreading wide, lovely pass by Prendergast (this is the kind of game where I can see him thriving better than Crowley, to be honest, he has that fraction more vision for opening the play). Calvin Nash will never score an easier try, and Prendergast converts nicely. 7-0.

Great defensive steal by Rory Sutherland and Scotland get to break. They don't get far, but that's a warning note for Ireland.

Yellow card for van der Merwe for impeding Calvin Nash. I say 'impeding' because to be fair there wasn't much in it, but he knew what he was doing at the same time. That's a good decision. Ireland end up with a maul and actually get over the line, but can't touch it own. That's magnificent defending by the Scots, it really is, and they do it a few more times.

A bad clash of heads. Scotland are down a man and they have just lost Graham and Russell. To make it worse for them, their superb defending is undone by a soft and careless penalty and Prendergast puts it

over. 10 to 0.

On the half hour mark, good combination by Gibson Park and Prendergast slices Scotland open and Caelan Doris powers over. Prendergast adds the two points. 17-0. I can't see Scotland coming back into this. Tough out, brave as always, but Ireland have that little bit more in every aspect of the game.

Duhan van der Merwe would grace any team and that's a superb finish. Good play by Scotland, but I think maybe we were napping a small bit. He shouldn't be getting in from there – then again, mass multiplied by acceleration....I won't lie, I'd have been gettin well out of his way! 17-5. Kinghorn is very close with the conversion effort, but no cigar. Nonetheless that's a big, and badly wanted, confidence boost for Scotland just before half-time.

Nice and direct by a wind-assisted Scotland on the resumption. Blair Kinghorn slots an early penalty. A rugby match might break out here yet!

Great break by Scotland. Was that a knock-on by Henshaw? Hmm...accidental while making an honest attempt to tackle....a small but lenient, to my thinking. Scotland are putting the pressure on big time now, and Blair Kinghorn confidently sends another penalty over. 17 – 11. This is starting to get very interesting.

Spilled restart by Scotland and suddenly Ireland are streaking forward. This is clinical. One slight misstep by Scotland, and suddenly Ireland are parked right on their doorstep. Great pressure by Ireland and it's Lowe who finally gets over. That one looked inevitable from a long way out. Another good kick by Prendergast and it's 24-11.

Three minutes later a deft chip by Gibson Park sees Scotland caught out by Keenan. Ireland power forward and it's Jack Conan who finishes it. 29-11. Slán libh go léir.

Prendergast with a penalty. To be onest, Ireland could be picking off more scores if they wanted to open the throttle, but the job is basically done. Just close it out now.

Ben White with a try for Scotland. Look, given the late tries we coughed up to England as well, you could argue that it sows a potential weakness of Ireand and wll incentivise teams to keep going at them until the finish. But it's the Six Nations. What team folds the tent early anyway?



Wales up next. Wales aren't in a good place either – we can complain about the dominance of Leinster, but domestic rugby in Wales is really struggling. I'd fancy Ireland for that one as well. To be honest, the Six Nations (well, five for most of my lifetime) has always been ripe or a shock result, but the advent of professionalism has made it a little more predictable. We'll see.

Ireland: Hugo Keenan, Calvin Nash, Robbie Henshaw, Bundee Aki, James Lowe, Sam Prendergast, Jamison Gibson-Park, Andrew Porter, Ronan Kelleher, Finlay Bealham, James Ryan, Tadhg Beirne, Peter O'Mahony, Josh van der Flier, Caelan Doris (capt). Replacements: Dan Sheehan (for Ronan Kelleher, 40), Cian Healy (for Andrew Porter, 70), Thomas Clarkson (for Finlay Bealham, 60), Ryan Baird (for Tadhg Beirne, 8-14 HIA), Ryan Baird (for James Ryan, 65), Jack Conan, (for Peter O'Mahony, 51) Conor Murray (for Jamison Gibson-Park, 69), Jack Crowley (for Calvin Nash, 65), Garry Ringrose (for Bundee Aki, 57).

Scotland: Blair Kinghorn, Darcy Graham, Huw Jones, Tom Jordan, Duhan van der Merwe, Finn Russell (co-capt), Ben White, Rory Sutherland, Dave Cherry, Zander Fagerson, Jonny Gray, Grant Gilchrist, Matt Fagerson, Rory Darge (co-capt), Jack Dempsey. Replacements: Ewan Ashman (for Dave Cherry, 47), Pierre Schoeman (for Rory Sutherland, 47), Will Hurd (for Zander Fagerson, 68), Sam Skinner (for Grant Gilchrist, 68), Gregor Brown (for Jonny Gray, 47), Jamie Ritchie (for Jack Dempsey, 60), Jamie Dobie (for Darcy Graham, 21), Stafford McDowall (for Finn Russell, 21 HIA).

Referee: James Doleman (New Zealand)

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EAST KERRY NEWS

EAST KERRY LEAGUE RESULTS

Round 2 Results

Division 1A: Listry 1-20 Legion 2-16
Division 1B: Rathmore 2-08 Gneeveguilla 2-07,
Glenflesk 5-15 Kilcummin 2-16
Division 2: Kilgarvan 1-10 Currow 1-9, Fossa 1-21
Cordal 1-12

DIVISION 1A ROUND 3

16th Feb 1pm, Firies V Legion, Kenmare V Spa,
Listry Bye

DIVISION 1B ROUND 3

16th Feb 1pm, Kilcummin V Dr Crokes, Rathmore
V Glenflesk, Gneeveguilla Bye

DIVISION 2 ROUND 3

16th Feb 1pm, Cordal V Currow,
Fossa V Scartaglin Fri 14th Feb 7.30pm.
Kilgarvan Bye

EAST KERRY CONVENTION

The Annual General Meeting was held on Thursday 6th February at Killarney Heights hotel. Fr. Paddy O Donoghue gave a beautiful heartfelt mass before proceedings took place. A special mention to our outgoing chairman John Dineen who sadly passed away way too young and very suddenly. Another great stalwart of East Kerry, Andy O Sullivan was also remembered.

There was a newly elected chairman Garry O Halloran, Kilcummin. Noel Kennedy, Listry after serving his term of 5 years as secretary was elected Vice Chairman. Dermot O Connor, Firies is back in the role of secretary. While Mike Pigott is assistant secretary. The only other changes are the newly appointed Health and Well Being officer, former chairman Johnny Brosnan, Currow. Anne Holland, Spa is the new Children's Officer. Ellen O Keeffe, stepped away from the board this year after serving 3 years in this role. Officers 2025

President: Ger Galvin, Spa
Vice President: Pat Sweeney, Fossa. Pat Favier, Glenflesk, Sean Kelly, Kilcummin, Tim Ryan, Kilcummin, John Linehan, Kilcummin, Dermot Griffin, Fossa, Fr Paddy O Donoghue, Dr Crokes.
Chairman: Garry O Halloran, Kilcummin
Vice Chairman: Noel Kennedy, Listry
Secretary: Dermot O Connor, Firies
Asst. Sec: Mike Piggott, Killarney Legion
PRO: Michael Healy, Glenflesk
Treasurer: Padraig O Sullivan, Fossa
Hurling Officer: Paul Kiely, St. Pats
Scor: Matt O Neill, Dr. Crokes
Health & Well Being: Johnny Brosnan, Currow
Children's Officer: Anne Holland, Spa

KILLARNEY LEGION

EAST KERRY SUPERLEAGUE

The East Kerry Superleague commenced during the week with Nigel Shevlins charges having two games, one at home and one away. Spa were the visitors to Direen last Tuesday night and despite running up a big lead our senior men reeled them in for a well earned share of the spoils , 2-15 to 1-18. On Sunday Listry was the destination and with both sides now getting used to the new rules another high scoring encounter ensued. When the final count was in Listry were just ahead, 1-20 to 2-16. These games



Paul Murphy from the Scartaglen club in Kerry is presented with the PRO of the Year award by Ladies Gaelic Football Association President Micheál Naughton at the 2024 LGFA National Volunteer of the Year awards ceremony at Croke Park in Dublin. Photo by Piaras Ó Midheach/Sportsfile

have afforded the management to get plenty playing time into the panel and will serve them well with the County League commencing on St Patricks weekend. Firies are our next opponent in Round 3, with all roads leading to Pairc Eamonn in Farranfore.

LADIES FOOTBALL UPDATE

The 2025 season is upon us and with the evenings stretching the games won't be long coming. The management teams for the various ladies teams have been ratified by the Club Executive and are as follows.

- U12: Eamon Maquire, Margaret Malone, Sharon O Grady, Shirley Corcoran, Trevor Farry.
- U14: Conor Myles, Mark Mannix, Shelly Browne, John Doona, Liam Grimes, Ellen Coffey
- U16: Kieran O Shea, Ian Bowler, John Bowler, Sharon O Shea
- U18: Ted Healy, Kieran O Shea, Noelle O Toole, Ciara Randles

Senior: Ted Healy, John McCarthy, Orla Culloty

GAELIC FOR GIRLS

Killarney Legion are delighted to be the only club in Kerry helping to run a fantastic new initiative. It is aimed at young girls who have either never tried Gaelic Football before or want to give it another go. Run in conjunction with the Ladies Gaelic Football Association and with Kerry star Siofra O Shea as its ambassador, it commences on Saturday 15th March in our club grounds in Direen and is open to everyone. The cost of the programme is just 12 Euro for 8 weeks and that includes a Gaelic 4 Girls t-shirt. The course will run for eight weeks from 10-11am each Saturday morning and for more info or to register you are urged to contact either Margaret at 087 2476755 or Laura at 087 2031804. Alternatively you can contact by email at Killarneylegionacademy@gmail.com.

SENIOR COUNTY LEAGUE FIXTURES

The Senior County League fixtures have been confirmed. Nigel Shevlin and his team will have an opening round date against Munster Intermediate Champions Austin Stacks in Connolly Park. Round two will see Glenbeigh Glencar visit Direen with a short trip to Kilcummin

on the agenda in Round three. There are further home games against Spa, Beaufort, Laune Rangers and Rathmore. Road trips to Glenflesk, Strand Road, Lewis Road and Ballymacelligott complete the programme.

Fixtures: Austin Stacks (A) March 16, Glenbeigh/Glencar (H) March 29/30, Kilcummin (A) April 6, Spa (H) April 20, Glenflesk (A) April 27, Beaufort (H) May 11, Kerins O Rahillys (A) May 18, Laune Rangers (H) May 25, Dr Crokes (A) June 8, Ballymac (A) June 22, Rathmore (H) July 6.

The Senior B will compete in Division 6 and the following are their fixtures.. Milltown/Castlemaine (H) March 16, Kerins O Rahillys (A) March 29, Glenflesk (H) April 6, Finuge (A) April 20, Ballylongford (H) April 27, Beaufort (A) May 11, Dr Crokes (H) May 18, Firies (A) May 25, Kenmare (H) June 8, Tuosist (H) June 22, Rathmore (A) July 6.

CORN UI MHUIRI

Commiserations to St Brendans College who were defeated by a highly fancied Mercy Mounthawk side in the final of the Munster Colleges Football Championship. Bryan Walsh, Josh Bowler and Oisín Fleming all started while James Murphy is a member of the extended panel.

DEEPEST SYMPATHIES

We extend our sympathies to the family of Evan Doherty. Evan played for the club at all grades and was a noted Footballer. May he Rest in Peace.

LOTTO

Result Monday February 3rd. Numbers were 1 16, 25, 26. Bonus No 12. Match 3s / Lucky Dips: 1. Danny and Joan Lucey 2. Billy Doyle 3. Tommy Regan

The Club Lotto will be held on Sunday nights, Sunday 16th and 23rd, for the remainder of the month.

FOSSA

LOTTO

The numbers drawn on 09/02/2025 for a



jackpot of €8,250 were 12, 16, 21, 26. There was no jackpot winner. The €40 consolation prize winners were; Tadhg Brosnan, Shane Kelly, Dermot Griffin, Lyno, Callum and Michaela Myers. Tickets are available from our sellers and can also be bought online with the following link <https://fossagaa.clubforce.com/products/lotto/fossa-gaa-club-lotto>

EAST KERRY LEAGUE

The seniors had a good win over Cordal in the first round of the East Kerry Superleague on Sunday in Fossa. It was their first competitive game with the new playing rules and also under the new management team of Jerome Stack, Colin O'Sullivan, Anthony Wharton and Conal Kelly. It was a very entertaining game with plenty of quality scores and it finished Fossa 1-21, Cordal 1-12. They are at home to Scartaglin next Friday evening and are also at home to Currow the following Friday evening, both games at 7.30.

MOTHERS AND OTHERS

Our Mothers & Others team are recruiting for new members. The new group have had a great start with weekly fun interactive training sessions learning GAA skills and working on their fitness and great social nights out too! It's

great to see women who have never played before learning new skills as well as many who are returning to GAA after an extended break! We encourage anyone who is interested in joining the team to contact Róisín on 087 9925312 or Niamh on 087 7125634.

DR CROKES

MEMBERSHIP

Membership for the 2025 season is now due! Follow the link below https://member.clubforce.com/memberships_cart_m.asp?LL_ID=734&intMF_ID=14394#topp

LOTTO took place February 10th. Numbers drawn were 12, 13, 14, 23 Jackpot of €8,900 was NOT WON. 6 patrons matched 3 numbers and received €70 each. Jackpot for draw on February 17th will be €9,200. Play online by following the link below and follow instructions attached [https://play.clubforce.com/play_newa.asp?ll_id=734#Anchor\(https://play.clubforce.com/play_newa.asp?ll_id=734#Anchor\)](https://play.clubforce.com/play_newa.asp?ll_id=734#Anchor(https://play.clubforce.com/play_newa.asp?ll_id=734#Anchor))

SOCIAL will take place on February 14th in the Gleneagle Hotel. Tickets have sold out and will

not be available to purchase on the night. **FR. PADDY'S CARDS NIGHT** will continue every Wednesday from 8pm in the clubhouse. **KATHLEEN'S GENTLE MOVEMENT CLASS** continues on Tuesdays at 11am in the clubhouse. You do not need to be a member to join. All Welcome.

NATIONAL CLUB DRAW

All proceeds of the ticket sales will go to Dr Crokes. There are fantastic prizes to be won. https://member.clubforce.com/tickets_m.asp?LL_ID=734&intTE_ID=3400

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BINGO

Dr Crokes Bingo continues every second Sunday in St. Mary's Parish Hall. Doors will open at 7pm with the first game commencing at 8pm. Next game is February 23rd.

NOTES

If anyone has anything they want to add to our club notes please email pro.drcrokcs.kerry@gaa.ie

FIRIES GAA CUB SOCIAL

Saturday 1st February at Killarney Oaks Hotel



Furies Secretary Brendan Spring presenting Furies Manager Seamus O Connor with a signed jersey of Furies County Junior Premier Champions 2024



Mike Daly, Furies Captain receiving his County Junior Premier medal from Dermot O Connor, Secretary EK board and County Vice Chairman Liam Lynch



Ballyhar members of the Furies County Junior Premier winning team
Mike Daly, Daniel O Connor, Padraig O Connor, Tommy Clifford, John Power, Seamus O Connor, Aaron Flynn, Sean Cooper, Connal O Mahony, Diarmuid O Mahony.

KERRY COUNTY COUNCIL STOPPING HOUSE BUILDING IN KERRY

With the country in the midst of a unprecedented housing crisis and builders are putting the blame for this squarely on the shoulders of senior management staff of Kerry County Council, accusing them of making the problem worse.

Builders have expressed the view that it is easier to build houses in Cork than it is in Kerry. In Cork, for example, builders carry out the work, a snag list of any outstanding issues is created, the builders rectify those issues and any bond funds are promptly returned to the builder. Bond funds are amounts of money held back from the builder by the bank until all work has been completed. If the council delays signing off on the completion of the snag list, the bond funds are not released back to builder and they are left out of pocket. In Cork, once the snag list has been signed off, the maintenance of any new housing development is promptly taken over by Cork County Council.

Builders claim that it is much more problematic dealing with Kerry County Council. It can take years for an official snag list to be created. The saga does not end here. When that list is finally completed, more maintenance issues are added. Builders have claimed that this final stage can take years and can add unnecessary financial stress. In effect, builders are being used to maintain an estate, post-build. In many cases, the builder ends up just forfeiting the bond, as it becomes too costly to continue completing the constant snag lists generated by Kerry County Council. Works are rarely carried out with these bond funds and ultimately the money ends up in the road maintenance programme for the whole county.

While waiting for Kerry County Council to take over the maintenance of their estate, the residents are obliged to pay for that maintenance themselves, and all the while, Kerry County Council continue their delaying tactics. These residents already pay road tax which goes towards



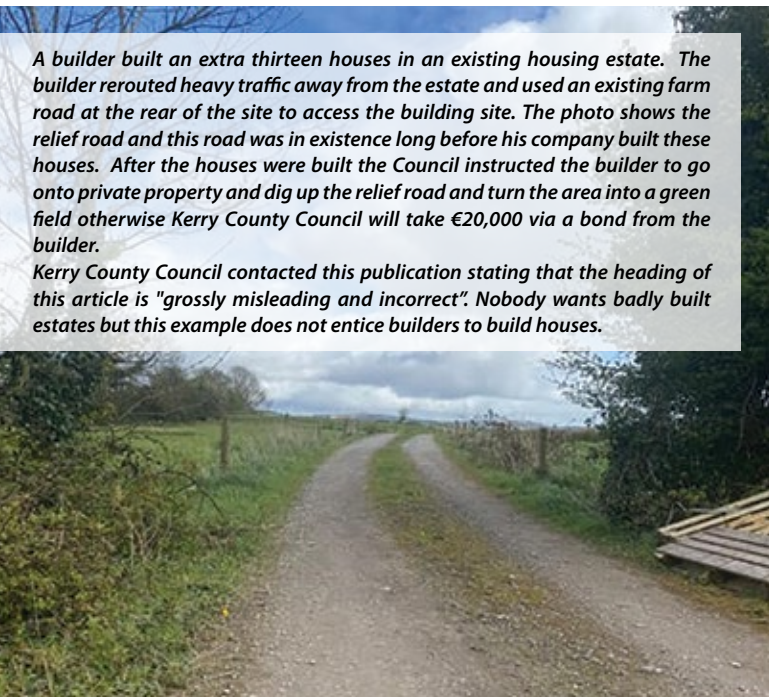
This is a photo of an item on a snag list from a builder. Kerry County Council wants the builder to remove the fence and replace it with a fence that's a few inches taller. Because there is a slope in the green area the fence measures 2 mtrs when measured from the back and 1.85mtrs when measured from the front because of the slope in the green area. Does it really matter if this fence is a few inches shorter. This is an example of the nonsense that builders have to put up with from Kerry County Council.

road maintenance. And they are also paying local property tax. Why are the most pressured group in society being treated so badly? Typically these are young people with young families struggling to pay bills and Kerry County Council has the power to make their lives a little bit easier but unfortunately, the opposite is the case.

A number of County Councillors have said that they do not have the power to change things. They were critical of council management who have just brushed their concerns aside.

A builder built an extra thirteen houses in an existing housing estate. The builder rerouted heavy traffic away from the estate and used an existing farm road at the rear of the site to access the building site. The photo shows the relief road and this road was in existence long before his company built these houses. After the houses were built the Council instructed the builder to go onto private property and dig up the relief road and turn the area into a green field otherwise Kerry County Council will take €20,000 via a bond from the builder.

Kerry County Council contacted this publication stating that the heading of this article is "grossly misleading and incorrect". Nobody wants badly built estates but this example does not entice builders to build houses.



This is a photo of a manhole that was built in 2008. This manhole is in perfect condition after sixteen years.

The specifications on building a manhole has changed recently and Kerry County Council wants all the manholes in the estate dug up and rebuild under the updated specifications and this work will cost the builder €45,000.

Kerry County Council does not accept that this decision is a gross abuse of power. There is no appeal system and no consequence for the decision makers.

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Last week in the Killarney Community College, students who successfully completed their Junior Cycle in 2024, were awarded their Junior Cycle Profile of Achievement (JCPA) this week.

The JCPA highlights their academic achievements and personal development. It reflects a student's performance across a wide range of subjects, as well as their engagement in key skills such as communication and creativity. It includes results from their final assessments, as well as their CBAs and short courses. It prepares students for working together in teams and giving presentations in front of their peers, all skills that will be invaluable for their futures.



Sandro Marchetti, Victoria Karavinova, Oscar Lovett, Mihajalo Stojakovic and Michael O Connor



L-R: Lily Ann Reen, David Lynch, Dean O Sullivan and Zanchkivska



Aideen Galvin, Joanna Deavane, Lily Ann Reen, Finn Maloney, Ronan McKeown and Judyta Szymczak



Keelin McCarthy, Kacper Moroz, Liam O Brien and Lucas McGough

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A Word of Victory

*"..Not by might, nor by power, but by My Spirit says the Lord... do not despise the days of small beginnings, for the Lord rejoices to see the work begin"
(Zechariah 4:6+10).*

Welcome back dear student, last week we spoke about how precious and fleeting our time is. Nowadays, it's all about goal setting, results and dreaming big. Achieving milestones and completing wish lists bring a feel-good factor. But how to go from 'zero to hero' catches many. Discouragement can set in when things don't work out and desires aren't accomplished. A lot of dreams are stunted from trauma, causing some to not be able to 'look forward' with hope. Unresolved emotional pain can impact one's destiny. Some turn to addictive substances or destructive behaviours for comfort – habits then dominate, and life spirals out of control. Watching others getting on, doing life successfully, may spawn jealousy and self-hatred. 'Why can't I do that... what's wrong with me?' Comparison is a deadly disease. It's gotten worse with social media. Now people promote toned bodies, five-star homes, designer pets, cars and lifestyles: you name it and it's there - constantly. For anyone not on the same ladder of 'success' looking at all these glossy reels can drive them further into despair, and the cycle worsens. Anxiety, depression and low self-esteem become strongholds as a result.

In Philippians chapters three and four, Paul the apostle makes inspiring observations. Even though things didn't work out as he thought they should (he was in prison) Paul was actively learning through his trials... 1) That it is possible to be content even in difficult situations - conditions don't have to dictate whether one enjoys life or not, because circumstances can change. ...2) Past experiences and hurts need to be processed with God then released and left behind, so that one can move forward, untangled, and unrestrained. ...3) Leaning on God's strength, by understanding His Faithfulness to the promises in His Word, causes us to be able for anything life throws at us - "I can do all things through Christ Who strengthens me" (Philippians 4:13; Proverbs 3:5-8). ...4) What God ordains He provides for, so when we follow Jesus' leading and obey His Word - God's will over ours - the Lord will look after every need... "my God shall supply all your needs through His Power in Christ Jesus" (Philippians 4:19; Matthew 6:31-34).

The place of promise is the place of provision. Why did God refer to Himself as the Good Shepherd? (Ezekiel 34:11-31) Jesus revealed Himself as the Good Shepherd Who knows His sheep, calls them by name, leads and protects them (John chapter 10). And Psalm 23 is surely the most perfect picture of rest in God's Presence. "The Lord is my Shepherd (to feed, to guide and to shield me), I shall not want" (Psalm 23:1 Amplified Bible).

Accepting the Lord Jesus our Shepherd and growing in relationship with Him, the One Who provides all we need, brings security and peace that cannot be bought. All of us are a work in progress - no one has it all sorted - no matter the image projected. We all are imperfect human beings needing a Saviour. God's Son Jesus gave His life, His health, His purity, and His right-standing with the Father in exchange for our sins, sicknesses, lack, and pain. He became cursed so we could be forgiven, restored, and made whole (Galatians 3:13). The Holy Spirit knows everything, for nothing is hidden from God, so we don't need to rely on Google or hot shot influencers to bring fleshly wisdom on how to live well (James 3:15-18). We have access to the Creator, and as His children, we have His ear as well as His heart - the greatest love of all! Happy Valentine's friend.

Bible Study and Prayer every Sunday @ 11am and Thursday @ 7.30pm at Word of Victory Christian Fellowship Killarney V93V6X4

 Word of Victory Christian Fellowship Killarney

 @WOVKillarney

 Email: wovkillarney@gmail.com

 Text for Prayer: 087- 4471797

Podcasts on Spotify: A WORD OF VICTORY

EXPOSITION OF THE BLESSED SACRAMENT:

Church of the Resurrection 5pm - 9pm Tuesdays
St Mary's Cathedral 11am – 5:45pm Wednesdays
Church of the Holy Spirit Muckcross 4pm–6pm Thursdays
Franciscan Friary 2pm –7pm Fridays Holy Hour
Sundays @ 6pm

OFFERTORY COLLECTION ENVELOPES

The Envelopes are now available from the Parish Office. These envelopes are a source of income for the parish. We would greatly appreciate if the contact people or volunteers could help with distribution, please contact the office to arrange collection of boxes from next Monday onwards, to distribute in their particular area. If you currently do not use an envelope or are new to the Parish and would like to have a box of envelopes, please contact the Parish Office and we'll organise that for you. Your contribution to the Parish is greatly appreciated. Many thanks for your continued support.

LOURDES HELPERS: The collection for the Lourdes Helpers will be taken up as a second collection after communion this weekend of the 9th /10th February. This collection is our only way of obtaining funding in 2025. The Pilgrimage has changed in many ways over the past 50 years but the main purpose is still the same, to take the sick to Lourdes and for this we need helpers. Many are students and thus require help to finance the trip. This collection goes towards that effort. The Lourdes Helpers Fund also helps assisted pilgrims who may not be able to afford to pay the full fare and would like to go to Lourdes.

VISITING CHOIR, this Sunday 9th Feb at 10.30am Mass in St Mary's Cathedral:

The Grossmont High School Vocal Music Department is a nearly century old, competitive choral program located in El Cajon, CA. Nicknamed "The Red Robe Choir," the department consists of 3choirs: Foothiller Choir, Bella Voce, and Chamber Singers.

ACCORD VOLUNTEERS: Accord Catholic Marriage Care Service CLG is currently recruiting volunteers to train as marriage preparation programme facilitators. If you are supportive of marriage in the Catholic Church; and, have the enthusiasm to be part of the Accord team that supports couples preparing for the Sacrament of Marriage, then Accord wishes to hear from you! Contact Aisling on 01 505 3112 or by email to marriagepreparation@accord.ie and for further information see www.accord.ie Successful applicants will receive professional training in the Accord marriage preparation programme and be part of a team delivering programmes locally.

BINGO at St. Mary's Parish Hall, will be held on Thursdays@ 8.30pm

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NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). From whom shall I ask Lord Jesus if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted. Never known to fail. Must publish.

20TH ANNIVERSARY
IN LOVING MEMORY

SEAN EVISTON



Fondly remembered and deeply missed by his loving brother Patrick, nephew Erik, and niece Alannah.

A Memorial Mass will be held at St. Mary's Cathedral on Saturday, 15th February, at 6:15 pm.

Forever in our hearts.

IN MEMORIAM

TO PLACE A MEMORIAL ON THE KILLARNEY OUTLOOK

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and the verse and photo you would like to include.

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50TH AND 7TH ANNIVERSARY

IN LOVING MEMORY OF

CASEY JOHN (JACKIE) AND HIS WIFE NOREEN

BALLINILLANE, BALLYHAR KILLARNEY WHO DIED ON 21ST FEBRUARY 1975 AND HIS WIFE NOREEN WHO DIED ON 13TH FEBRUARY 2018

*On a quite February morning
Ye heard the Angels call
Ye took the hand of Jesus
And quietly left us all.*

*Happy memories keep for ever
Of days when we were all together.
They bring a smile after a tear.
And always a wish that you were still here.*

Loved and always remembered by your daughters, Sheila, Joan, Noreen Geraldine Eileen and Catherine. Sons-in-law, grand children and great grand children.



Sheila Goulding is pictured with Bishop Ray following her commissioning as a Pastoral Leader for the Killarney Parish.



Richard O'Brien is pictured with Bishop Ray following her commissioning as a Pastoral Leader for the Killarney Parish.

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