

# KILLARNEY Outlook

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€15.00 per person

Offer 2 Courses + Rice and Chips.

Monday - Saturday: 3.00pm - 6.00pm,

Sunday: 12.30pm - 6.00pm

### Sunday Lunch Menu Special

- €12.50 per person

Appetisers + Main Course + Tea or Coffee

(Including Rice or Chips).

Sunday: 12.30pm - 4.00pm



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DONT MISS OUT ON COLLECTING YOUR WEEKLY EDITION OF KERRY'S BRIGHTEST AND MOST READ PUBLICATION..... THE KILLARNEY OUTLOOK. THE GLOSSY MAGAZINE IS DELIVERED TO BUSINESS OUTLETS EVERY FRIDAY AND IS SNAPPED UP WITHIN MINUTES OF DELIVERY.

### FARRANFORE

JLT Tiles  
Farranfore Garden Centre  
Londis Moriarty's  
Liam Lynch Garage  
**KILLARNEY**  
Murphy's Garage  
Amber Centra  
Carry Out Licence  
Chinese Restaurant  
Topaz Centra  
Maher's Butchers  
Kennelly's Pharmacy  
Sean Taffee  
I.C. Photo Ian Cronin  
Killarney Garden Centre  
Holy Cross Day care Centre  
Dept. Tourist

### INNISFALLEN MALL

O'Sullivan Bike-Shop  
Horan's Fruit & Veg  
Pork Shop Jones  
Frame Shop  
(Upstairs) Glow Beauty  
Des Shop  
Killarney Credit Union

### PARK ROAD

Topaz Petrol Station  
Tesco Petrol Shop  
Tesco Supermarket  
Sheehan's Butcher  
Marks & Spencer's  
Geraldine's Hair Salon  
Horan's Fruit & Veg  
Park Road Pharmacy  
Hegarty's  
Outlet Centre  
Malton Hotel  
Killarney Toning Studio

### COLLEGE STREET

KDYS  
GALA Bronny's  
Specsavers  
Sean Taffee  
Dominos Pizza  
South West Counselling  
Fairview Guesthouse  
Killarney Hardware  
Fairhill Butchers  
Casey Video Shop  
Dungeon  
Cronin's  
Failte Hotel  
Kerry Phone Shop  
Scotts Hotel  
Variety Sound  
McSorley's  
Ladbrokes  
Dan Lenihan Bar  
**SCOTTS LANE**  
The Streat Café

Urban Optics  
Torc Travel  
Golden Chopsticks  
Food Fayre Café  
**COLLEGE SQUARE / PLUNKETT STREET**

Sean Leo's Auctioneers  
O'Leary Electrical  
White-Heather Florist  
Allegro  
Music Express  
Joevany Leather Goods  
Gallivan Auctioneers  
Reens (Chemist)  
Allure Hairdressers  
Killarney Household Gifts  
Mike's Fast Food  
Tatler Jack

### GLEBE LANE

Killarney Barber Shop  
Continental Café (Spolgers)  
Goggins Hair Salon  
Jam Café  
J MAC Office  
Kerry Mortgages

### MAIN STREET

Town Hall  
Killarney Hair Studio  
Medical Hall  
Euro City  
Macs Restaurant  
John Reidy  
(Bar & sweet shop)  
EBS  
Coyne & Culloty  
Christy's Irish Stores  
MD O'Shea's  
Killarney Bookshop  
Sheehan's Pharmacy  
Brian James  
O'Grady's Newsagent  
Abbey Travel  
**HIGH STREET**  
Quill's Fashion  
Keane's Jewellers  
Seal Eile  
Julies Barber Shop  
O'Connor's Bar  
Smoke House  
Cronin's Butcher  
Salvador's Pizza  
Corkery's  
Paddy Power  
02 Phone Shop  
Ladbrookes  
Speak Easy (bar)  
Eagers  
JC O'Shea  
B.DE Stack Jewellery Shop  
Feet First  
Killarney Outlook Office

Tru-Care Cleaners  
Daybreak Shop (top of High Street)  
Gallivan Murphy Hooper Dolan  
**NEW STREET**

Presbytery near Bishop Palace  
Hennigan's Auctioneers  
Killarney Photographic  
Killarney Med Centre  
Pharmacy (O'Sullivan)  
Kennelly's Pharmacy  
Dunnes Stores  
Healy's Newsagents  
Sarah Jane  
Jasmine Boutique  
Stack O'Brien Optician  
McKenzie's Coffee Shop  
Subway Restaurant  
Healy (DNG)  
Sheila's Hairdressers  
Siodori Na Ríochta Jewellers  
Eddie Rockets

Frank Coffee Shoes  
Walsh Shoes  
Gloria Jeans Coffee Shop  
Phone Shop  
Sherry Fitzgerald Coghlan  
**TESCO SHOPPING ARCADE**

Euro Hair Style Salon  
Dry Cleaners

### CHAPEL PLACE

Physique Gym  
Craft Shop  
**BEECH ROAD**  
Liam O'Connor's  
Ashe's Butchers  
Leaders

Horan's Health Store  
**WOODLAND INDUSTRIAL ESTATE**

Cronin's Foodstore  
Daly's Super Valu  
Off Licence  
Daly's Petrol Shop  
Supermac's  
Killarney Sports Centre  
Killarney Tyres  
Kerry Tool Hire  
Killarney Glass  
Maurice Prendiville  
RM Audio  
Killarney DIY  
Keogh Decorator  
Factory Carpet  
National Tile & Bathroom Centre  
Murphy's Print  
Buddies  
M.D.O'Shea's  
Killarney Autos  
Park-Lane Dry Cleaners  
**CORK ROAD**  
Killarney Heights Hotel

Bowler's Garage  
Our-House.ie  
**MUCKCROSS ROAD**  
Handy Stores  
Tom Spillane  
Amber Station Muckcross rd quick pick

Carry Out Licence  
Ross Golf Course  
Randles Court Hotel  
Randles Nissan Garage  
Doyle Shop  
Brehon Hotel  
Gleneagle  
Victoria House Hotel  
Chinese Restaurant (after Gleneagle)  
Spar (Hegarty's)  
Oaks Hotel  
Molly Darcy's  
Muckcross House Restaurant  
Lake Hotel

### ROAD TO RATHMORE

CRL Oil  
Darby O'Gills  
Healy's Garage

### GLENFLECK

Kerry Way Pub  
P.O. Filling Station

### BARRADUFF

Laundry Room  
Hickey's Butchers  
Nagles Right  
Buy Shop  
Takeaway  
Sizzlers  
O'Donoghue Shop  
Murphy Motor Mitsubishi

### RATHMORE

Reen's Garage Peugeot  
McCarthy's Londis  
O'Keefe's Hardware  
Sapphire Signs  
Renault Motors  
Centra Shop  
Credit Union  
Haven Beauty Salon  
Esso Shop

### GNEEVGUILLA

Post Office McCarthy's  
Fr Kevin  
Dunnes  
O'Keefe's  
**FOSSA**  
Tony's Shop  
McCarthy's Centra  
Killarney Golf Club  
Golden Nugget PUB  
Hotel Europe

### BEAUFORT

Beaufort Bar  
In-Between Pub  
Carson's Supermarket  
Kilgobnet Breen's Shop  
O'Sullivan's Shop

### MILLTOWN

Londis Top Shop  
Milltown Farmer's Market (old church)  
Café Beag  
O'Shea's Pub  
Pharmacy  
Burke's Butchers  
Pharmacy  
Milltown Fruit & Veg shop  
Spar  
Larkin's  
Alma's  
Murphy's  
Little Pavillion (take away)  
O'Neill's Power Equipment  
P.O.

### CASTLEMAINE

Cronin's Petrol Station  
Tool Hire  
Geaney's Oil  
Griffin's Bar  
Boyles Hardware  
Post Office / Shop  
Kerry Group Creamery  
Tyre Centre

### FIRIES

Shop – (Bridies)  
Pub  
The Ballinvarrig Inn  
Supermarket

### CASTLEISLAND

Outlook Office.





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East Avenue Rd, Killarney, Co. Kerry

**Friday 14th - Thursday 20th Feb 2014**

 <b>ROBOCOP</b> (12A) 125m 7 Days 6:45 9:00 Thurs 20th 2:15 4:30 Late Show Fri 8:45 11:30	 <b>DALLAS BUYERS CLUB</b> (16) 130m 7 Days 8:50 11:20 Late Show Fri 11:20	 <b>TINKERBELL AND THE PIRATE FAIRY</b> (G) 90m 7 Days 6:15 8:35 Thurs 20th 2:15 4:35 Sat/Sun 12:15	 <b>ENDLESS LOVE</b> (12A) 110m 7 Days 9:00 4:05 Thurs 20th 2:05 4:05 Late Show Fri 11:30
 <b>INSIDE LLEWYN DAVIS</b> (15A) 115m 7 Days 9:00 6:05 Fri/Mon-Thurs 11:30	 <b>PEABODY AND SHERMAN</b> (G) 100m 7 Days 6:05 2:05 Thurs 20th 4:05 6:05 Sat/Sun 12:05 2:05 4:05 6:05	 <b>3D LEGO</b> (G) 110m Thurs 20th 2:20 4:30 Sat/Sun 2:20 4:30	 <b>2D LEGO</b> Friday 6:35 Thurs 20th 6:35 Sat/Sun 12:15 6:35
 <b>12 YEARS A SLAVE</b> (15A) 145m 7 Days 6:15	 <b>THE WOLF OF WALLSTREET</b> (18) 180m 7 Days 8:00	 <b>LONE SURVIVOR</b> (16) 130m Late Show Fri 11:30	

**KIDS CINE CLUB** Saturday 15th & Sunday 16th February

<b>FROZEN Sing-a-long</b> (G) 120m	<b>12.05</b>
<b>MOSHIE MONSTERS</b> (G) 105m	<b>12.10</b>

[www.cinemakillarney.com](http://www.cinemakillarney.com)

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## The 15th Gathering Traditional Festival

19th - 23rd Feb 2014

# 2014

## PROGRAMME OF EVENTS

THE GLENEAGLE HOTEL & INEC KILLARNEY

### CONCERTS

**Thursday 20th February**  
**Door 7.30pm | Show 8.30pm €15**  
 Siobhan Peoples & Murty Ryan, Mary Bergin,  
 Tony Linnane and Paul Degrae

**Friday 21st February**  
**Doors 9pm | Show 9.30pm €20**  
 The Gathering Reunion of Buttons & Bows  
 & Voice Squad, London Lasses

**Saturday 22nd February**  
**Doors 9pm | Show 9.30pm €20**  
 Martin Hayes & Dennis Cahil,  
 TEADA with Séamus Begley  
 Followed by TRAD DISCO with DJ Ollie Mullooly

**Sunday 23rd February**  
**The Scattering Concert €15**  
 CALADH NUA, Damien Mullane,  
 Donogh Hennessy & Eamon DeBarra

### céilís

**Wednesday Night 9pm**  
 Uí Bhriain €10

**Thursday Night 10pm**  
 Donie Nolan Ceilí Band €10

**Friday Afternoon**  
 Con Herbert and Friends €10

**Friday Night 10pm**  
 The Abbey Ceilí Band €10

**Saturday Night 10pm**  
 Striolán Ceilí Band €10

**Sunday Afternoon 2pm**  
 Johnny Reidy Ceilí Band €10

## TRAD DISCO

**SAT. 22nd FEB.**  
**12 MIDNIGHT TO LATE**  
**DJ OLLIE MULLOOLY**  
**FREE ENTRY**

### WEEKEND PASS - ONLY €50

Includes access to all Concerts, Céilís & Set Dance Classes  
(Session on the Lakes, Music Tour to Sliabh Luachra - Scartaglen and Instrument workshops are extra)

### BEGINNERS/ADVANCED WORKSHOPS AND MASTERCLASSES - ALL WELCOME

*Saturday and Sunday 10-1 and 2-5*  
 For more information please see [WWW.THEGATHERING.IE](http://WWW.THEGATHERING.IE)  
**#THEGATHERING**



KILLARNEY  
CREDIT  
UNION



The Glencagle  
HOTELS & RESORTS







# HEALTH & WELLBEING Evening

**The Malton Hotel, Killarney – Thursday, 20th February 2014**

**Featuring:**

**Paula Mee**  
Independent Dietitian  
Presents  
**"Dairy Goodness"**



**Joe O'Connor**  
Fitness &  
Performance Expert  
Presents  
**"Fitness 4 Health"**



Cookery demonstration  
with local chef  
**Mark Doe**



**MC**  
**Kathryn Thomas**  
RTÉ broadcaster

**Doors open 7pm; 7.30pm start**

**Tickets: €10**

All ticket and raffle proceeds to **The Donal Walsh #Livelif Foundation**

**Light Refreshments • Free Gift Bag • Raffle**



**For tickets:**  
**Dawn Milk, Tralee**  
(066) 712 1084  
**The Malton Hotel, Killarney**  
(064) 663 8000



**Further information:**  
**The National Dairy Council**  
(01) 290 2451  
[www.ndc.ie](http://www.ndc.ie)

**Book early to avoid disappointment!**



# CHINESE NEW YEAR SEM STYLE



ST BRENDAN'S COLLEGE CELEBRATING THE CHINESE NEW YEAR AT GOLDEN CHOPSTICKS. PICTURED HERE WERE JOHNNY MCGUIRE (KILLARNEY CHAMBER OF TOURISM & COMMERCE), SEAN COFFEY (PRINCIPAL), TINA FENG, YONGBIN XIA, PADDY COURTNEY (MAYOR OF KILLARNEY). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Students, teachers and some special guests gathered at the Golden Chopsticks Chinese restaurant in Killarney last week to celebrate

Chinese New Year.

Special guests on the night included Killarney Mayor, Paddy Courtney, the President of

Killarney Chamber of Commerce, Johnny McGuire Mr Yongbin Xia from Confucius Institute in UCC. In addition to wonderful Chinese food the students gave an interesting account of the Chinese traditions that surround the most important festival in the Chinese Calendar.

Student, Eoghan O'Brien spoke to the group about the school's trip to Shanghai last year when 11 students and two teachers enjoyed the trip of a lifetime. Eight students from the College are getting ready to go again this Easter.

Sean Coffey, the Principal told the group that Chinese was firmly established as a subject in St Brendan's College now, adding that the twinning with a school in Houzhou before Christmas can only serve to create strong links and bonds between the students in the two schools.

All in all – a wonderful night to celebrate Chinese New Year – Sem Style.



PUPILS OF ST BRENDAN'S COLLEGE CELEBRATING THE CHINESE NEW YEAR AT GOLDEN CHOPSTICKS RESTAURANT BACK ROW L-R ANTHONY MURPHY, DANIEL O'BRIEN, BEN O'ROURKE. FRONT ROW L-R LIAM WARREN, KAIAN FLEMING & OISIN MOORE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PUPILS OF ST BRENDAN'S COLLEGE CELEBRATING THE CHINESE NEW YEAR AT GOLDEN CHOPSTICKS RESTAURANT L-R DAVID NAUGHTON, AIDAN KELLY, CREAGH COURTNEY, CONOR O'DONOGHUE & FERGAL O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING THE CHINESE NEW YEAR CELEBRATIONS WITH ST BRENDAN'S COLLEGE AT GOLDEN CHOPSTICKS WERE L-R MARY FRANCES O'SHEA, EMER DEVANE, ARTHUR FITZGERALD, MARIE VAUGHAN, JOHNNY MCGUIRE (KILLARNEY CHAMBER OF TOURISM AND COMMERCE) & KATHLEEN O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



STAFF OF ST BRENDAN'S COLLEGE CELEBRATING THE CHINESE NEW YEAR AT GOLDEN CHOPSTICKS. BACK ROW L-R LINDA LOGAN, ANNA MARIE O'LEARY, PATSY HARRINGTON O'SHEA. MIDDLE ROW L-R SUSAN HEALY & CLAIRE QUINLIVAN. FRONT ROW L-R JING, JOHANNA RYAN & JOHNNY CRONIN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808





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OF KILLARNEY

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**FEBRUARY**  
**1.00PM TO 5.00PM**

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# VITAL WORK CARRIED OUT BY SOUTH KERRY BRANCH OF MS



PICTURED AT THE PRESENTATION OF FUNDS FROM THE OLD KENMARE WALK ARE FRONT (L-R) MARY O'CALLAGHAN, PAT O'NEILL (CHAIRPERSON MS SOUTH KERRY), JOHN O'SHEA (OLD KENMARE WALK ORGANISER), NOREEN PIGOTT. BACK (L-R) JOE PIGOTT, PATRICK O'DONOGHUE, PATSY CRONIN, MARY O'CONNOR, ROSEMARY NOLAN, PHILIP O'CALLAGHAN, KAYE FLEMING.

**The South Kerry Branch of MS have released the following statement with regard to their fundraising. They have decided to do this to let people know exactly where their funding is spent and how they help people in the community who are suffering from M.S.**

Our Branch caters for the needs of 89 members with MS in the South Kerry area i.e. Killarney, Kenmare, Lauragh, Milltown, Castlemaine, Killorglin, Rathmore, Gneeveguilla, Farranfore, Scartaglin, Sneem, Waterville & Caherciveen. Our Annual Old Kenmare Road Walk & Annual Busking are our main sources of fundraising. We raise funds for:

1. Day to day needs of our members.
2. In early 2013 at considerable cost we converted/renovated a section of Kerry Cheshire as a therapy centre. This is being held at an annual rent. We provide physiotherapy, reflexology, counselling, reiki etc both in the

members home or in this centre, whichever is more convenient for the person.

3. We supply necessary aids and appliances and subsidise home helps and any other needs not met by social services.

4. We also help financially and engage professionals to assist with necessary modifications and renovations of living accommodation. As the renovation grants have been cut drastically, we help fill the shortfall. We help with adaption of vehicles to meet the needs of our members as disabled drivers/passengers.

5. We give financial assistance with mortgages, fuel, insurance or any emergency that may arise when there is no other agency available to give assistance. We realise that financial stress is to be avoided if a relapse is to be prevented. All decisions are made in strictest confidence by our Welfare Committee in conjunction with our

Community Worker.

6. We take members to Lourdes on what we call a healing holiday giving them a prayerful and happy break and at the same time giving their family and carers a much needed break. This is possibly the only holiday they may have the opportunity to get.

7. We contribute annually to ongoing research into the cause of M.S. thereby hoping to find a cure.

All the members of South Kerry Branch give their services totally on a voluntary basis. No one receives any payment. The only money expended on administration of the branch are the usual petty cash day to day expenditure eg postage, telephones etc. Our accounts are audited twice yearly.

However since funding from HSE has been cut dramatically we make an annual contribution to MS Ireland to cover regional services eg community workers, insurance, newly diagnosed weekends etc.

We have written confirmation from the CEO of MS Ireland that there are no top ups to her or any of her staff's salaries. All salaries and accounts are available on the website [www.ms-society.ie](http://www.ms-society.ie)

We wish to thank the people of South Kerry who have supported us for the past 35 years. Those business people who have been very generous in their support, people who have been so generous in contributing to our fundraising, those who have stood at church gates, or on the street in all weathers. To anyone who has helped us in any way we thank you most sincerely. Without the help of so many good people we could not fulfil our duties to our members

## RATHMORE STUDENTS LOVE THEIR MATHS!

The Institute of Technology in Tralee was the venue of the annual maths competition for 6th level maths students last Friday night.

Students from Scoil Phobail Sliabh Luachra Rathmore attended the competition which was run by the Irish Maths Teachers Association and was attended by schools from all over the county. The quiz consisted of eight rounds of questions based on the Leaving Cert higher Level course. The standard this year was exceptionally high with only one point separating the top three teams after six rounds. After a close battle, the team from Scoil Phobail Sliabh Luachra, which consisted of Shane Buckley, Roisin Houston, Aoife Hassett, and Michael Dillane, finished third behind Mercy Mounthawk, the eventual winners.



MICHAEL DILLANE, ROISIN HOUSTON, MATHS TEACHER, CATHERINE KIELY, AOIFE HASSETT, SHANE BUCKLEY. PHOTO BY: LIZ CREEDON-HEALY.

## COUCH TO 5K

The popular couch to 5K training programme will resume at An Ríocht track in Castleisland on Tuesday next February 18th at 7pm.

This is a continuation of the very successful group training sessions which have been going on for the past two years and will continue for 12 weeks every Tuesday and Thursday night. Its designed for those who are just beginning to jog or run but also very suitable for people who are already able to run a few miles comfortably. If anyone follows the gradual progression of the training routine there is no reason why they would not be able to complete the An Ríocht 5k (which is run in conjunction with the 10 Miler) on May 11th.

There will also be a 10 Mile training programme for the more advanced and more adventurous which will be on at 8pm. For more information contact An Ríocht on 066 7142199.



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# JOB-SEEKERS START BACK TO WORK

20 job-seekers from Kerry have started an exciting back to work programme in Killarney, which is aimed at helping people move from the live register into employment.

The Momentum Programme, a government initiative, is an intensive training course made up of both classroom based face to face training and work experience.

The programme is been run by The College of Progressive Education, which provides FETAC accredited courses in care and business training, and Tangerine Management, the Killarney based business process outsourcing company.

The programme is a customer service business development based programme that prepares students for a possible career in a contact centre or a business which requires customer service or sales support.

Run over 23 weeks, the training given by the College covers a various areas, including soft and sales skills, Customer Service, Personal Effectiveness, consultative selling, sales negotiation and sales presentation. Students



JONATHAN MURPHY, COLLEGE OF PROGRESSIVE EDUCATION; NIALL KELLEHER, TANGERINE MANAGEMENT; CHARLIE MERNAGH, COLLEGE OF PROGRESSIVE EDUCATION.

also receive career guidance and support in the areas of CV writing, job search and interview

skills so as to maximise the potential of students in gaining employment.

## SEAN DRIVES OFF IN STYLE



PEARL AND SEAN MYERS FROM KILLARNEY WINNERS OF THE TOPAZ PLAY AND PARK EXPERIENCE OF A LIFETIME NEW TOYOTA AURIS WITH NORMA McDONALD TOPAZ KILLARNEY, HAZEL DEEGAN TOPAZ KILLARNEY, BRIAN BOWLER OF BOWLERS TOYOTA KILLARNEY AND LAURA MURPHY TOPAZ AT TOPAZ, CORK ROAD, KILLARNEY.

Killarney man Sean Myers is driving into 2014 in style after winning a brand new car worth almost €20,000 in Topaz's Play or Park loyalty game.

Sean, who lives in Oakhill, Ballydribeen in Killarney, is now the proud owner of a brand new five door Toyota Auris Terra 1.33. He is the second Killarney man to win the Play or Park prize in just five months after Michael Dinneen won last

September's prize of free petrol, home heating oil and coffee for three people for a year, valued at €20K.

Sean, who's married to Pearl and has three children; Adele (16), Keith (12) and Amy (10) said he was shocked and delighted when he got the call from Topaz.

## VETERAN POLITICAIN RETIRES

*Statement from Cll. Sean O'Grady.*

I do not intend to contest the forthcoming local elections. As a member of Killarney town council with the past forty years and as the government have decided to abolish town government, I believe it is appropriate for me to leave public service at this time. I wish to thank the people of Killarney for affording me the great honour of electing me to the council on seven occasions over the forty years. I am conscious of the unequalled record of being head of the poll, elected in the first three seats or elected on the first count in six of the seven elections which I contested and for this I will always be grateful and deeply indebted. I am sorry that the people and future generations of Killarney people have been deprived of their council, that the great progression and vibrancy of the people as is evidenced throughout the town through the many voluntary organisations in the town and as reflected in the council both elected and executive, have been so mistakenly taken away, but because of the resilience and spirit of the people I am confident that, despite the great impediments that lie ahead, Killarney will overcome these difficulties.





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# RUGBY CLUB GET TOGETHER FOR THE CLASH OF THE TITANS

Killarney Rugby Club are having a get-together for the 6 Nations Ireland v England game at the Kube Bar on East Avenue Road and every is welcome.

They especially welcome English fans who are resident or just visiting town to join the local club for an afternoon of fun and banter where the fields may "low lie" and the "Chariot" may or may not be "sweet".

Not only will the afternoon be a get together for members, supporters, coaches, mentors, players and partners, the club also invite their very generous sponsors and supporters who have donated towards our fundraising drive to enable the club participate in applying for a vital Capital Grant funding initiative.

Pre match banter will begin at 2.30p.m. on Saturday 22nd with official kick-off at 4:00pm.



## SHAVE OR DYE FOR THE IRISH CANCER SOCIETY



Today FM's are hosting their annual Shave or Dye fundraiser again this year and Outlook Publications are helping them with the charity drive which benefits the Irish Cancer Society.

In 2010 Today FM presenters ask listeners to sponsor them to shave and dye their hair, and in turn ask them to do the same. The response was phenomenal, as people across the length and breadth of the country raised more than €800,000 for the Irish Cancer Society. They hosted the fundraiser every year since and to date TodayFM have raised over €6million for the Irish Cancer Society.

And this year they are headhunting again.

At Outlook Publications we want to help – so if you, your family, friends or work colleagues are planning an event for shave or dye then let us know and we will help publicise it through our magazines, The Killarney Outlook, The Tralee Outlook and The Sliabh Luachra Outlook.

We will give you a forum to raise awareness for your event and publish pictures of it in our magazines. If you would like to host a shave or dye fundraiser then log onto [www.todayfm.com/shaveordye](http://www.todayfm.com/shaveordye), register your event and email us at [editorial@outlookmags.com](mailto:editorial@outlookmags.com) or contact any of our magazines.

Remember - We've got cancer in our sights.

## DAFFODIL DAY LAUNCHED

Friday 7th February marked the 27th launch of the Irish Cancer Society's Daffodil Day. The Society unveiled its bold new belief statement 'We won't give up until cancer does at this year's launch event. The Society, with its partner Dell, outlined that Daffodil Day is the day that allows people across Ireland to stand together in their thousands and show that they won't give up until cancer does and that, rain or shine, 2014 will be no different.

Funds raised on Daffodil Day by thousands of volunteers across Ireland go directly to fund the work of the Society across research, services and advocacy. Night Nursing is one service funded by Daffodil Day. It is a national service available to people with cancer who are seriously ill at home. The aim of the service is to provide extra support for the person who is ill and wishes to remain at home being cared for by their family. The Irish Cancer Society Night Nurses are provided free of charge for up to 10 nights. In 2013, 367 nights of care were provided to 73 patients in Kerry.

The Society are calling on the public to help support the campaign on Friday 28th March and ask people to volunteer, organise or donate on CallSave **1850 60 60 60** or visit [www.cancer.ie/daffodilday](http://www.cancer.ie/daffodilday).



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# 4 STAR AWARD FOR KILLARNEY CONVENTION CENTRE

Killarney Convention Centre received the EFQM Recognised for Excellence 4 Star Award at a gala ceremony hosted by Fáilte Ireland and the Centre for Competitiveness in Galway last week.

The Centre for Competitiveness (CforC) is an independent, not-for-profit membership organisation, dedicated to improving quality and competitiveness in the private, public and voluntary sectors. Killarney Convention Centre is the only conference centre in Ireland to have achieved this accolade.

The Ireland Excellence Awards process is based on the world class EFQM Excellence Model.

Since 1991, over 30,000 European organisations, large and small, from the private, public and voluntary sectors have used the EFQM Model as their blueprint and driver of competitiveness.

Killarney Convention Centre is a purpose-built international conference and event venue with 4,500m<sup>2</sup> of space, catering for conferences ranging from 25 to 2,500 delegates. It includes the INEC and Gleneagle and Brehon hotels.



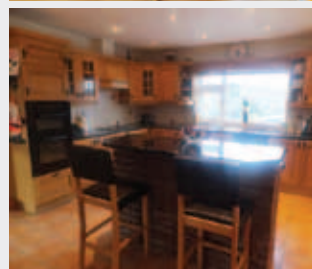
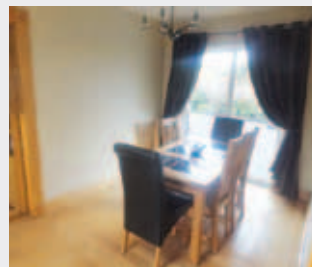
CLIO O'GARA, EILISH LOUGHREY, EILEEN AND PATRICK O'DONOGHUE OF THE KILLARNEY CONVENTION CENTRE RECEIVED THEIR AWARD FROM DR TONY LENEHAN (LEFT) OF FAILTE IRELAND AND MATT FISHER (RIGHT) COO OF EFQM AT THE EFQM IRELAND EXCELLENCE AWARDS CEREMONY IN ASSOCIATION WITH FAILTE IRELAND AND THE CENTRE FOR COMPETITIVENESS AT THE GALWAY BAY HOTEL ON FRIDAY NIGHT.  
PHOTO:- ANDREW DOWNES PHOTOGRAPHY

## PROPERTY OUTLOOK



## THROUGH THE KEYHOLE....

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## MONEY MATTERS....

By Dermot Cronin,  
**Financial Advisor**

### INVESTMENTS

Interest rates for deposits in banks and building societies are very low at the moment and have not been this low in a long time. Another problem for people looking for good interest rates is that as well as interest rates being low is that DIRT tax is 41% and from the 1st January 2014 a PRSI levy of 4% can also be applied. The effective tax rate on interest earned on savings can be as high as 45% as both the new higher rate of Deposit Interest Retention Tax (DIRT) tax and the PRSI levy on unearned income have both come into force since Jan 1. If you invested €20000 over 12 months at 2.50%, taking into account DIRT tax and the levy you may only get €275 after DIRT tax and the PRSI levy. Because these returns are so poor people are looking for alternative investments. Thankfully there are other investment options available to you. Investment providers have introduced many different types of products because of the very low returns on deposit type accounts and it is very important that people know about all these products before deciding on what products suit them best. A mixture of different type of investments may be the best way to spread your investments rather than having all your eggs in one basket.

For more information or to make an appointment to discuss the above contact Dermot Cronin APA, at **064 66 22775** or **0872893649**.



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## PAUDIE EXCEEDS HIS TARGET AGAIN



PAUDIE PASSING ON HIS ADVICE TO CURRENT SPA GOAL KEEPER JAMES DEVANE.

Operation Transformation leader Paudie O'Mahony has exceeded his target again losing a further 5lbs in this week's weigh in. He has now lost an incredible 2 stone 1 lb so far. In an emotional episode, the former Kerry Goalkeeper spoke of his lows during certain times in his life. His openness has been inspirational to all, especially to people who have also experienced lows in their lives. However, his determination to get his life back on track has spurred him on and he is thrilled with his phenomenal weight loss.

Paudie, as always, hasn't forgotten his roots and last week went back to his club Spa to give a talk to the senior team.

## WEDDING FAYRE AT THE KILLARNEY OAKS

If the sound of wedding bells will be ringing out for you in the future then a visit to the Wedding Fayre at the Killarney Oaks Hotel this weekend is must.

The team at the Killarney Oaks are showcasing their stylish venue with a host of exhibitors and two catwalk shows.

Admission is free and the event starts at 2pm running until 6pm.

There will be fashion shows at 3pm and 5pm and admission to the event is free.



RICHARD HALPIN GENERAL MANAGER WITH BILLY O'CONNOR DEPUTY MANAGER, CLODAGH SHANNON AND DEIRDRE BROSAN EVENT ORGANISERS AND NORMA O'DONOGHUE OF THE KILLARNEY OAKS HOTEL.

## KERRY IN THE PINK!

The first ever Pink Ribbon Walk event for County Kerry will take place in Kenmare, Sunday 18th May, 2014. The event is hosted by the Kenmare Pink Ribbon Walk Committee. An evening to launch the event will take place in Kenmare's Brook Lane Hotel on Saturday 1st March, 2014 at 7.30pm with exceptional door prizes, buffet and live music. Tickets are available from Bia Bia, Brosnan's Pharmacy, O'Murchú's Bar and O'Sullivan Fords at €20 per person. Dress code: A splash of pink, a tie, a brooch, pink hair- whatever! Kenmare's involvement in the Pink Ribbon Walks is down to the hard work of Sandra Bias. Having taken part in Pink Ribbon Walks, Sandra wanted to bring the opportunity of fundraising for this commendable charity to the people of Kerry. The 10km event on Sunday 18th May will begin at 2pm. Registration forms, Walk information and fundraising advice will be available at the Kenmare Launch Party and on [www.pinkribbon.ie](http://www.pinkribbon.ie).

## KILLARNEY MAYOR BOWS OUT OF POLITICS

After much consideration, I want to confirm that I will not be contesting the local elections on May 23rd, I have given it very serious consideration, and while I have enjoyed my time as a public representative, I have decided that continuing in politics at this time is something that is not right for me. The role of the councillor is one that is very demanding and at this point of my career it is not something I can give complete commitment to as I have a career outside of politics in a rapidly growing industry. I have had numerous inquiries over the last few weeks as to whether I will go forward or not and would like to thank those that have offered their support and encouragement. I feel comfortable in making this decision as I believe that the high quality of candidates that have put themselves forward are very capable and will represent the Killarney electoral area

very well.

I have enjoyed my time as a councillor and also my term as Mayor and I will continue to represent the people of Killarney as a councillor and as their Mayor until the end of the current term. It was very important not only for myself but for my family that I complete this term of office that my father Michael Courtney started in June 2009 as he was always a man that liked to complete what he started and it will be a fantastic recognition of his great service that his family name will be the last one to hold this chain of office and therefore be part of Killarney history. I wish to thank my family and everyone who has supported and encouraged me along the way and wish all those that stand for election, especially my colleagues from Killarney town council, the very best in the



forthcoming election.

*Go raibh maith agat, Cllr. Paddy Courtney, Mayor of Killarney.*



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## SQUASH SEASON WELL UNDERWAY



AT THE PRESENTATION OF PRIZES OF THE GLENEAGLE SQUASH CLUB MONTHLY COMPETITION SPONSORED BY O'GRADY NEWSAGENTS, MARKET CROSS, KILLARNEY WERE FRONT FROM LEFT, NIALL O'MARA, CATHAL O'GRADY, SPONSOR, ARTHUR MURPHY, WINNER, JOHN MCCARTHY AND PAT CASEY. BACK FROM LEFT ARE DAN O'CONNOR, JOE O'CARROLL, CONNIE DOYLE, GER FOLEY, BERNICE ENRIGHT AND MIKE CROWLEY. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).

The 2014 Squash Season kicked off in earnest with the conclusion of the January competition last week. The New Year has brought plenty of the usual heads back but there have also been some new members which is great to see. This month's competition saw Magic and

Arthur lead their teams through the group stages and reach the final. Unfortunately, two of the scheduled games did not take place due to unforeseen circumstances leaving us with only three games on the card. On that note, congratulations to Paudie Murphy on the birth

of his child. In the first game Dan O'Connor had a little too much for Niall O'Meara winning 3-0. The next game saw Eoin Horan emerge victorious over Robert Roome. This match was extremely competitive with Roome finding his rhythm and settling as the game wore on. However, it wasn't enough as Horan managed to get over the line in the end with the match going the full distance of five sets. With everything to play for, the final game was eagerly anticipated and both men were keen to grab the bragging rights. Those present were treated to some lovely ball striking from the two finalists with both Magic and Arthur showing power when needed at the back of the court and the slightest of hand when at the front wall. However, Magic's slow start to the match ended up costing him in the end as he couldn't claw back Arthur's early lead. Commiserations to Magic and his team and who knows, had the other games been played we may have had a different result. Well done to Arthur who has picked up where he left off last December with another great display and of course to his team members. Thanks to all who participated in last month's competition and make sure to pencil your name in for the February edition. A word of thanks also to O'Carroll Engineering for sponsoring the January competition. Finally, if you are interested in playing squash, pop in to the Aquila Club for details on how to get involved. All are welcome!

## WEDDING FAIR TIME AT THE DROMHALL



The Dromhall Hotel Killarney, celebrating 50 years in business, is hosting a Wedding Fair & Fashion show, featuring the New Face of 'Simply Be 2014' – Cora O'Connor. The Wedding Fair is taking place on Sunday, 23rd February, from 1.30 – 6.00 pm at the Dromhall Hotel, Killarney and it will be a great opportunity

to check out the beautiful Shelbourne Suite at the Hotel and to meet Bernadette Randles and her wedding team.

Enjoy a glass of bubbly and some tasty nibbles while you browse the many exhibitors. Be wowed by the Norma O'Donoghue Model Agency Fashion Show at 3.30pm, which will open with the New Face of Simply Be 2014 – Cora O'Connor in her first official Kerry Show.

Be sure to sample some of the fabulous food prepared by the Hotel's award-winning Head Chef – Brian Aherne – and his team. Brian will be there on the day and will be happy to chat to anyone about their wedding.

There'll be a raffle with some fabulous prizes, plus a draw where one lucky Dromhall bride will win €1,000 off her wedding!

The Dromhall's sister Hotel – the Randles Court – will be exhibiting at the fair and will also be available for viewing during the afternoon. Entry is free and everyone is very welcome.

## NEWS IN BRIEF... TREES DOWN...

Killarney National Park are asking people to keep away from the park this while NPWS staff work to clear trees and debris from pathways.

Hundreds of trees fell during Wednesday's hurricane force storm which was the worst in living memory.

## EASONS TO OPEN...

A number of new jobs will be created in the coming weeks when Eason's open a branch in Main Street.

MD O'Shea's, which reduced the size of its retail outlet by half over the past few weeks is set to be the location of the new store with negotiations believed to be at an advanced stage.

## FUNDRAISER...

Generous staff at the Department of Justice raised a fantastic €2,514 for the Kerry Stars Special Olympic Club. The money was raised at various events including a sponsored walk, a big breakfast and an Operation Transformation style weigh in.





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# BIG MAGGIE TAKES TO THE STAGE IN KILLARNEY

DÓCHAS DRAMA TO PRESENT JOHN B. KEANE'S "BIG MAGGIE" IN KILLARNEY.



MEMBERS OF DÓCHAS DRAMA GROUP, KILLARNEY REHEARSING FOR 'BIG MAGGIE' BY PLAYRIGHT JOHN B. KEANE, DIRECTED BY MARY MURPHY, WHICH WILL BE HELD IN THE MALTON HOTEL, KILLARNEY, FROM TUESDAY 25TH FEBRUARY TO FRIDAY 28TH FEBRUARY. FROM LEFT, PATRICIA MCSHERRY, RENEE MCCARTHY, DON ROHAN, STEPHEN LOUGHNANE, MICHAEL MILLS, LIZ SHERRY, SIOBHAN MCAULIFFE, DONAL MCCARTHY, LIZ RYAN, WHO PLAYS 'BIG MAGGIE' AND DONAL FOLEY. PHOTO: VALERIE O'SULLIVAN.

four young adult children to help so it would seem that at least she does not have to face life on her own. She prepares to deal with her new situation immediately her husband has been laid to rest -- John B. Keane's play allows us to see how she copes!

The cast is as follows - Big Maggie Polpin - Liz Ryan, Byrne - Michael Foley, Old Man - Don Rohan, Old Woman - Renee McCarthy, Gert - Siobhan McAuliffe, Katie - Carmel Madigan, Maurice - Michael Mills, Mick - Daniel McCarthy, Teddy Heelin - Stephen Loughnane, Mary Madden - Liz Sherry, Mrs Madden - Patricia McSherry. The play is directed by Mary Murphy. Mabel Counihan has taken on the many challenges of preparing a workable set and Donie O'Dowd is building a team to welcome you at the door. Dóchas Drama is delighted to present this play at the Mangerton Suite at the Malton Hotel, Killarney on February 25th, 26th, 27th and 28th. Tickets nightly at the door €10. Performance begins at 8pm.

Finding oneself widowed at a relatively young age with a shop and farm to run would daunt and challenge any woman but Maggie Polpin's husband has "left her comfortable" and she has



STAFF OF THE FRANCISCAN FRIARY ENJOYING AN EVENING OUT AT THE MALTON HOTEL. BACK ROW L-R ANNE MARIE O'LEARY, ANN CUSACK, DENIS AHERNE, MARY MCCARTHY, GRAZYNA MICHALAK & PATRICIA CHEVENS. FRONT ROW L-R ELSA DEEGAN, FR. HILLARY & MAUREEN CHEVENS PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



STAFF OF THE FRANCISCAN FRIARY ENJOYING AN EVENING OUT AT THE MALTON HOTEL. BACK ROW L-R SUE McDONAGH, TONY KENNY, PEARL TANSLEY & ANGELA LEAHY. FRONT ROW L-R MARIE FELMING & SHEILA MURPHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



LAUNCHING SEACHTAIN NA GAEILGE, CILL ÁIRNE AT THE TOWN HALL ON FRIDAY WERE BACK ROW L-R MICHAEL O'RAHILLIG, RICHARD CLANCY, MICHAEL GLEESON, CAOIMHIN O'MALLEY (TOWN COUNCIL). FRONT ROW L-R FR. KIERAN O'BRIEN, JOHNNY MCGUIRE & KELLY DOHERTY (KILLARNEY CHAMBER OF COMMERCE & TOURISM). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



STAFF OF THE FRANCISCAN FRIARY ENJOYING AN EVENING OUT AT THE MALTON HOTEL. BACK ROW L-R MARIE BROUWER, PEGGY CREMIN, SR ANTONIA TRAYNOR & KAYE FLEMING. FRONT ROW L-R SR. COLM SHEILS & JANE KEHOE PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



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# STORM CAUSES WIDESPREAD DEVASTATION



GER BROSNAN, FELS A 150 YEAR OLD BEACH TREE AFTER FALLING ONTO PORT ROAD, FROM KILLARNEY NATIONAL PARK, KILLARNEY, DURING RED CODE STORM ALERT, WITH GUSTS OF WIND REACHING 140KM/H ALONG THE SOUTH WEST COAST ON WEDNESDAY, CAUSING ELECTRICITY BLACKOUTS AND SEVERE STORM DAMAGE, IN THE KERRY AREA. PHOTO: VALERIE O'SULLIVAN.



DERMOT WALSH, SKELLIG BOAT MAN ACCESSING THE DAMAGE OF LOCAL SHELL FISH EXPERTS AS THEIR ARCTIC LORRY OVER TURNED ON PORTMAGEE PIER, DURING RED CODE STORM ALERT, WITH GUSTS OF WIND REACHING 140KM/H ALONG THE SOUTH WEST COAST ON WEDNESDAY, CAUSING ELECTRICITY BLACKOUTS AND SEVERE STORM DAMAGE, IN THE KERRY AREA. PHOTO: VALERIE O'SULLIVAN.



PORTMAGEE PIER, DURING RED CODE STORM ALERT, WITH GUSTS OF WIND REACHING 140KM/H ALONG THE SOUTH WEST COAST ON WEDNESDAY, CAUSING ELECTRICITY BLACKOUTS AND SEVERE STORM DAMAGE, IN THE KERRY AREA. PHOTO: VALERIE O'SULLIVAN.



COOM AN EASPAIG, DURING RED CODE STORM ALERT, WITH GUSTS OF WIND REACHING 140KM/H ALONG THE SOUTH WEST COAST ON WEDNESDAY, CAUSING ELECTRICITY BLACKOUTS AND SEVERE STORM DAMAGE, IN THE KERRY AREA. PHOTO: VALERIE O'SULLIVAN.



A TREE FALLS OVER THE DEENAGH RIVER ONTO THE PORT ROAD OPPOSITE KILLARNEY CATHEDRAL DURING WEDNESDAY'S STORM. PICTURE: PADDY KERRISK.





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As well as the completed application form, the fee and any other required documentation, you will need to bring documents with you that confirm you are the person who is applying for the driving licence or learner permit. If you currently have an Irish driving licence or learner permit, you will need to bring the licence or permit and evidence of your PPS Number. If you do not have an Irish driving licence or learner permit, you will need to bring photographic ID, proof of your residency entitlement, evidence of your PPS Number and proof of address.

Your new licence or permit will be posted to you.

The next time you apply you will not have to visit an NDLS centre as your identity will already have been verified. You can choose either to continue to use the photograph taken in an NDLS centre previously (if this is less than 5 years old), or submit 2 new passport-style photographs that meet the required standards.

Application forms for driving licences and learner permits are available from NDLS centres, driving test centres, driving theory test centres and Garda stations. They can also be downloaded from [ndls.ie](http://ndls.ie).

*Further information is available from the Citizens Information Centre below.*

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Castleisland 0761 07 7790, Caherciveen 0761 07 7780

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.

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ENJOYING THE CHILDREN OF CHERNOBYL COFFEE MORNING AT THE KILLARNEY GOLF & FISHING CLUB ON THURSDAY MORNING WERE REBECCA DOYLE, ANNE CHUTE, ISABEL DOYLE & AMY DOYLE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



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ENJOYING THE CHILDREN OF CHERNOBYL COFFEE MORNING AT THE KILLARNEY GOLF & FISHING CLUB ON THURSDAY MORNING WERE L-R FREDA SHEEHAN, JOAN BUCKLEY, MAUREEN FLEMING & BERNIE RYAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808





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## STUDENTS EXPERIENCE BUSINESS IN THE COMMUNITY

On Monday 10th February 2014, fourth year IT students and their teachers Ms. Kerri McCarthy and Ms. Eilish O'Leary visited Marks & Spencers, Killarney as part of the "Business in the Community Initiative". The students were given a guided tour of the M&S business by the store manager Mr. Paul Daly. M&S staff Mr. Keiran Fenton and Ms. Noreen Lyne also worked with the students. All daily operations were explained to the students and they got a behind the scenes look at the business and the life of a product. Part of the morning involved the students being given virtual money to dress a mannequin. This task for the students was most enjoyable as they worked in teams and an overall winner was chosen. It was a great experience for the students to see the reality of how a business operates on a day to day basis. Killarney Community College has been involved in the Business in the Community initiative with the past four years and has built strong links with Marks & Spencers, Killarney. Over the forthcoming months the students will engage in preparing their CV and interview skills, which will lead to a mock



BUSINESS IN THE COMMUNITY PHOTO INCLUDES: L-R: MS. KERRI MCCARTHY (TEACHER), MS. NOREEN LYNE (M&S), BRYAN SHEEHAN, MS. EILEEN FITZGERALD (BUSINESS IN THE COMMUNITY), TREVOR FLEMING, LAURA MURPHY, DEAN SLATTERY, SARAH MURPHY, MR. KIERAN FENTON (M&S)

interview with Marks and Spencers. "This type of an experience for our students will be hugely beneficial to them when entering the world of work. The initiative equips the student with

necessary interview skills which ultimately we hope would give them an advantage over other interviewees" according to Kerri McCarthy, teacher.

## GAA LEGEND VISITS SCHOOL

Students of Killarney Community College were thrilled last Monday 10th February, to rub shoulders with the legendary Micheál Ó Muirheartaigh. Micheál came to speak to all first year students about a fitness programme called "Scoil Ghníomhach / Active School 2013-2014".

This programme is designed to evaluate and equally engage 1st year students of all abilities in physical activity. The initiative, which involves

two fitness sessions are being conducted 16 weeks apart (November 2013 and March 2014 respectively).

All competitive elements are removed from the programme as the main goal is to see an improvement in individual fitness levels. The Scoil Ghníomhach programme was jointly developed by Kerry Recreation & Sports Partnership CoOrdinator Ms. Córa Carrigg and Mr. Joe O'Connor Health & Leisure Lecturer at Institute of Technology, also Clare's Senior All-Ireland Hurling Champions Fitness Coach.

This programme is run in conjunction with Kerry Education & Training Board.

During the 16 week period it is envisaged that students will work individually and collectively

on improving fitness levels. By then results will answer the question – "How fit are our young people in Kerry?" Micheál Ó Muirheartaigh as the Chairperson of Kerry Recreation & Sports Partnership has a personal interest in promoting this initiative and is making a visit to the KerryETB schools to offer encouragement to the 1st year students involved.

Stella Loughnane, Deputy Principal, said that this is a unique and worthwhile opportunity for all our students, it fits nicely into the school House System which was introduced this September. She noted the skill, the hard work and dedication of the PE teachers in the school who make such initiatives happen.

## KILLARNEY PLAYS HOST TO KDYS QUIZ AND SOCCER YOUTH CLUB QUALIFIERS

Over 300 young people descended on Killarney last weekend to battle it out for the honour of representing their county at the upcoming Youth Work Ireland soccer and quiz national finals happening this June. The qualifiers hosted by the KDYS, Kerry's largest youth organisation were held in the Killarney sports and leisure complex with the quiz finals being held in the charity's Fair Hill based youth centre. The National Finals which this year will be held in Kerry will see over 400 young people representing youth clubs from around the county seek glory in basketball, soccer and quiz competitions.

Locally the 5 a side soccer competition which is always a hotly contested affair saw Annascaul Youth Club reign supreme with wins in both the boys' u15 and u18 category's with Annascaul girl's u18 team also going forward to represent Kerry. The Quiz competition which sees u15 and



LISTRY U18 QUIZ WINNERS: NIAL O SHEA, CHRISTOPHER O BRIEN, BRANDON O MAHONEY, FIONN CORCORAN PICTURED WITH TIM O'DONOGHUE AND GARETH HARTEVELD KDYS.

u18 mixed teams from youth clubs around the county put their music, sporting and general knowledge to the test. In the u18 category Listry whose team were national champions 2 years ago in the u15 category go forward with a hope of being the 2014 u18 national champs.

In the u15 category Causeway youth club were the victors. Marie Cronin of the KDYS said; whilst young people do enjoy competing to represent Kerry at a national level the ultimate goal of these games is to give young people the opportunity to make new friends.





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FEELING THE LOVE AT CLEARWAY MONTESSORI SCHOOL IN PREPARATION FOR VALENTINE’S DAY WERE TEACHERS CIARA MCCARTHY (LEFT) & VERONICA MCCARTHY (RIGHT) WITH THE MORNING CLASS PUPILS AT KDYS. PICTURE MARIE CARROLL-O’SULLIVAN 087 391 4808



PRESENTING A CHEQUE FOR €45,000, THE PROCEEDS OF NATHAN’S WALK “DARKNESS INTO LIGHT”, TO PIETA HOUSE AT THE BREHON HOTEL ON FRIDAY EVENING WERE THE ORGANISING TEAM. BACK ROW L-R EILEEN O’DONOGHUE, ROSALEEN RANGLES, SIMON GALLIVAN, KEVIN O’CALLAGHAN, MARESE KEARNEY, KEVIN O’DONOGHUE, SHEILA O’DONOGHUE, DENIS O’CARROLL (NATHAN’S FATHER), MARTIN DRIVER & SINEAD DRIVER. FRONT ROW L-R KIERAN BRADY (PIETA HOUSE) & MARIE O’CARROLL (NATHAN’S MOTHER). PICTURE MARIE CARROLL-O’SULLIVAN 087 391 4808



FÁILTE IRELAND HELD A SERIES OF MEETINGS ACROSS THE COUNTY THIS WEEK TO INFORM LOCAL COMMUNITIES ABOUT THE WILD ATLANTIC WAY, IRELAND’S NEW TOURISM INITIATIVE FOR 2014. THE MEETINGS WERE ORGANISED IN ORDER TO GATHER LOCAL PARTICIPATION AND INPUT INTO HOW THE AREA CAN ENCOURAGE INTERNATIONAL VISITORS TO ‘LINGER LONGER’ AS THEY TAKE IN THE STUNNING WEST COAST OF IRELAND. FROM LEFT, JOHN GRIFFIN, TOURISM OFFICER, KERRY COUNTY COUNCIL, SHEILA CASEY, SKDP, MICHAEL KELLIHER, KERRY COUNTY COUNCIL, AND DECLAN MURPHY, FÁILTE IRELAND. PHOTO: VALERIE O’SULLIVAN



BRIDE MORIARTY, A RESIDENT AT ST. JOSEPH’S NURSING HOME, KILLORGLIN WITH NURSE MARILYN CRONIN, AND MARTINA FELKEL, MANAGER, ENJOYING A MUSIC PERFORMANCE BY SEAN AND EDEL TREACY, KINGDOM MUSIC SCHOOL AS PART OF KERRY COUNTY COUNCIL AND THE ARTS COUNCIL PROGRAMME FOR CELEBRATING CREATIVITY FOR OLDER PEOPLE. PHOTO: VALERIE O’SULLIVAN.



JOHN O’SHEA A RESIDENT AT ST. JOSEPH’S NURSING HOME, KILLORGLIN WITH TERESA MACCHIA, VOLUNTEER, ENJOYING A MUSIC PERFORMANCE BY SEAN AND EDEL TREACY, KINGDOM MUSIC SCHOOL AS PART OF KERRY COUNTY COUNCIL AND THE ARTS COUNCIL PROGRAMME FOR CELEBRATING CREATIVITY FOR OLDER PEOPLE. PHOTO: VALERIE O’SULLIVAN.



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## AIB ALL IRELAND SENIOR CLUB SEMI FINAL PREVIEW

WILL IT BE THIRD TIME LUCKY FOR DR CROKES? By: Colm Kelly.

Dr Crokes of Killarney face into their third consecutive AIB All Ireland Senior Club Semi Final when they face Connacht champions, Castlebar Mitchels, in O'Moore Park, Portlaoise on Next Saturday and, having lost at this stage of the competition for the last two years, a victory is the only thing on their minds.

In Kerry Dr Crokes are something of a phenomenon. They have been the kingpins of football in their home county in recent years having won the County Senior Football Championship for the last four years and further, their victories over their opponents in the finals (Austin Stacks, twice, Mid Kerry and Dingle) have all been by comfortable margins. They have been the Munster Club champions for the last three years so the only thing missing from the trophy cabinet to complete this great period in the club's history is the AIB Trophy.

They have gone into their last two All Ireland Club semi-finals as favourites but have ended up at the wrong end of two fairly tight results. In 2012 against the mighty Crossmaglen they looked to have the game won after a twenty minute opening spell when they blitzed the then reigning champions but the concession of some soft scores in the minutes before half time allowed the Ulster champions back into the game and they subsequently grabbed the initiative in the second half. Last year in Thurles

the Dublin and Leinster Champions, Ballymun-Kickhams, were the opposition. Ballymun arrived with a game plan with a strong midfield coupled with a powerful attacking half back line putting serious pressure on the Crokes from the throw-in. The much vaunted Crokes attack was well held but it was a testament to Crokes durability that they still came up just a few points short at the final whistle.

The opposition on Saturday are the Mayo and Connacht champions, Castlebar Mitchels. They have come through a tough campaign with a narrow victory over Corofin of Galway followed by victory over the reigning All Ireland Club champions, St Brigid's of Roscommon, after extra time, in the Connacht final. They are managed by the vastly experienced former Mayo footballer, Pat Holmes and in midfielder Barry Moran and utility player Richie Feeney they have two current Mayo stars. They are strong at midfield and in Tom King, Danny Kirby and Neil Douglas they have free scoring forwards who will need to be closely marked.

On their way to this semi-final Dr Crokes had a relatively comfortable win over Cork Champions, Castlehaven (for the second year in a row) but were lucky to escape with a one point victory over Clare Champions, Cratloe, in the Munster Final. In that match Crokes looked to be coasting to victory by half time having

established a seven point lead but suddenly found themselves on the back foot as Cratloe found a new gear in the second half. It was to Crokes credit that they held their nerve to just get over the line in the end.

At the time of going to print the Dr Crokes team line up for Saturday had still not been finalised but veteran goalkeeper, David Moloney, will be the corner stone of the defence and he will be well supported by Fionn Fitzgerald, Eoin Brosnan and Kieran Ward. Ambrose O'Donovan and Johnny Buckley will be expected to start in midfield and in attack Crokes appear to be spoiled for choice with a plethora of accomplished forwards to pick from. Nevertheless one would expect that Alan O'Sullivan, Daithi Casey, Brian Looney, Kieran O'Leary and Colm Cooper have all nailed their starting places.

Whether Dr Crokes like it or not they will go into this game as favourites but they have just got to build a bridge over this unwanted tag and go out and get the result. There are no worries about their defence but they have got to get on top in midfield and the much vaunted attack has to perform to their true potential. Only then will the Final appearance be secured and the opportunity to emulate the All Ireland winning side of 1992.

Throw in on Saturday is 3.00pm.




THE DR. CROKES GAA TEAM FROM KILLARNEY PICTURED AFTER WINNING 4-IN-A-ROW KERRY COUNTY CHAMPIONSHIPS IN FITZGERALD STADIUM, KILLARNEY. THEY ARE NOW HOPING FOR THREE IN A ROW IN THE ALL IRELAND SENIOR CLUB CHAMPIONSHIP SEMI FINAL ON SATURDAY. PICTURE BY DON MACMONAGLE

**Best Wishes to Dr. Crokes in their All Ireland Senior Club Championship Semi final against Castlebar Mitchels in O'Moore Park Thurles on Saturday at 3pm**


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## LACK OF PROPER BROADBAND IN KILLARNEY ELECTORAL AREA

Statement from Cllr Brendan Cronin



I am calling for the urgent upgrading of Broadband service delivery to the Killarney

electoral area as every day people are informing me, that they cannot get a proper high speed broadband service all across the constituency. This is an unacceptable situation in 2014 as many families try to do an amount of work and business on line and it is seriously affecting people working from home and small family businesses. The lack of proper broadband is also having a negative impact and hindering businesses setting up in rural Kerry. This is a serious problem in area's of Fossa, Aghadoe, Listry, Faha, Ballyhar, Currow, Kilcummin, Rathmore, Headford, Barraduff and also other rural areas.

At this months Council meeting I will be proposing that all Broadband providers operating in Kerry be requested to attend a meeting of Kerry County Council to highlight the problems people are facing in rural area's with the lack of proper broadband.

## KERRY COUNTY COUNCIL NOTICES OF MOTION

Cllr Danny Healy Rae put forward the following notice of motion at the Killarney Area Meeting

1. He asked Kerry Airport and Ryanair to facilitate German visitors with flights into and out of Kerry.
2. He asked KCC what progress has been made with the provision of a playground in Furies, KCC are pursuing this matter in accordance with the opportunities which resolution of planning and bond matters in Greenfields estate may present as well as looking at other site opportunities in the area.
3. Cllr. Healy Rae asked the housing department if any adjustments can be made to enhance parking in St. Stephens Park, Castleisland, he was promised that the roads department of KCC will investigate the matter.
4. He asked that the members of KCC write to the Minister regarding the unfairness in the system, where housing applicants cannot be considered for the RAS if they haven't been on rent allowance for 18 months first, he also asked the housing section to seek funding to build on council owned lands in Killarney and Rathmore now that these lands are back in the ownership of the council.
5. Cllr Healy Rae asked KCC to examine Droumcarbin Bridge on the regional road to carry out urgently the necessary repairs, also to control surface water at Headford Railway Bridge as the drain under this bridge was filled in, the water is going down the side road into the properties, he asked KCC to resurface properly the section of road from Coolcaslagh to upper Lissivigeen Road where recent pipe laying took

place, KCC intend to carry out a permanent restoration of the surface water trench on the L3011 – Coolcaslagh to Upper Lissivigeen in late March, he asked KCC to resurface the road from Shinnagh Cross to Cloonts Crosas and to examine the possibility of increasing site distance as you come from Lisheen side, he is glad that due to previous representations there is €108,000 available for these works under the restoration improvement programme to carry out resurfacing works on the L2032 from Shinnagh Crooss to Cloonts Cross,

He also put forward a motion asking KCC and Killarney Town Council to provide access from high street to lower new street to help sustain and revitalise business in Lower New Street, Killarney.

At the February 2014 Killarney Area Meeting of Kerry County Council **Councillor Michael Gleeson** asked that Kerry County Council would with all due haste upgrade the surface of the road from the N.22 (Killarney to Tralee road) to Kilcummin Village as parts of it are in a deplorable state.

Kerry County Council replied that it is scheduled to spend €94,500 for resurfacing the road from the N.22 to Coolcorcoran Cross during 2015 and that €156,000 is to be spent on the road through Kilcummin village in 2016. This programme of works for the L3018 was determined when it was assumed that the Kilcummin Sewerage Scheme would be connecting to Killarney Public Sewer. Despite the fact that the plans for the Sewer have now changed the agreed 2013 to 2016 roads programme must remain in place.

Councillor Gleeson expressed disappointment that plans for the Sewer have been altered and asked that every possible effort would be made to ensure that the poor sections of road are maintained to as good a standard as possible."

## CLLR TOM DOHERTY TO RUN AS AN INDEPENDENT CANDIDATE FOR THE UPCOMING LOCAL ELECTIONS



After consultations with friends and supports I will be putting my name before the people as an independent candidate.

Cllr Doherty represented Fianna Fail on Killarney Town Council and was first elected 1994. Cllr Doherty is actively involved in all aspects of community affairs and has been effective in highlighting the importance of the ambulance service for the greater Killarney area and ensuring prominence of disability issues.

Cllr Doherty had the privilege to serve as mayor of Killarney. Under his leadership as mayor he had the crucial casting vote to ensure the flagship Killarney sports complex got the go ahead. Cllr Doherty also served as a founding member and chairman of the "no name club" a club that promotes social activities for young people in a positive non alcohol environment. Tom served as chairman of the drugs liaisons committee as well as on various organisations at national level.

With the knowledge and experience gained as a long standing public representative Tom's supporters felt strongly that he would continue to be part of the political environment in Kerry not only now but well into the future.

It was felt that it would be a positive outcome to contest the county election.

"I would like to thank all the words of encouragement received to date and I look forward to meeting people and discussing their concerns on the door steps", said Cllr Doherty.



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# BEAUFORT NEWS

With David Doyle

**ART COMPETITION** for U8 to U14 was held in the club rooms on Friday 7th. Well done to everyone who took part. The winners in first, second and third place were: U8 girls Alicia Coffey, Robyn Landers and Kate Mangan. U8 boys Kevin Coffey. U10 Girls Ellie Mangan, Rachael Lehane and Aoibhinn Coffey & Clodagh Foley. U10 boys were Donncha Coffey and Darragh Foley. U12 boys Robert Sweeney, Jack O'Brien and Oran Smith. U12 girls Roisin Farrell, Ciara Casey & Meabh Coleman Horgan and Orlaigh O'Brien. U14 girls was Emma Coffey. These young artists will now go on to represent Beaufort in the County community games finals.

**DRAUGHTS** training continues every Saturday from 5-6 pm in the GAA club rooms. Swimming for u8-u16 will begin on 7th March. Anybody interested should contact Cathrena Dennehy at 087-6479284.

**PIONEER NEWS:** Details of Short-Term Pledge

for Lent is available at [www.pioneerassociation.ie](http://www.pioneerassociation.ie) or the Local Pioneer Centre at 064-6644319.

**COMMUNITY GAMES:** Beaufort U10 boys competed in Mountcoal Listowel on Sunday 9th Feb in the community games indoor soccer competition. Beaufort beat Listowel & Ballydonoghue but did not qualify to the finals as they lost to Knocknagoshel & Rathmore. The team was Darragh O'Connor, Ruairi Farrell, Cathal Lanigan Ryan, Donncha Coffey, Josuha Coffey, Cian O'Shea, Darragh Foley and Alfie Barrett. They were managed by Eamon Kissane. U15 boys got bronze medals in the community games badminton competition which was held on Saturday 8th. The team was Donncha Ireland, Niall O'Brien, Keith Suter and Patrick Crehan. They were managed by John O'Brien.

**BEAUFORT TIDY TOWNS:** We would like to thank everyone who supported our fundraiser in Beaufort House in December 2013. All monies will be invested in community projects

in Beaufort in 2014. A very big thank you to everyone who sponsored spot prizes at our Locals night in Beaufort Bar.

We would like to extend a very big thank you to all the children who participated in our projects competition. The quality, effort and presentation was excellent. So much so that it just blew us away! We would like to thank the children, teachers and parents for their amazing contribution. Projects were presented on Saturday and we would once again thank everyone for their hard work and commitment to this project.

**BEAUFORT TIDY TOWN** would also like to thank councillors who contributed to our funding last year. Patrick Conor-Scarteen - €2000, Johnny Healy Rae - €1000 and Mike Shea - €500. We are grateful for these contributions, which without, would be impossible to continue the hard work.

## KILCUMMIN NOTES

**COMHALTAS:** Munster Fleadh Flag Day on the 15th March in Killarney. We are looking for adults to give an hour and a half of their time to collect and help on the day. There will also be entertainment at the market cross and outlet centre from 2pm - 4.30pm. Please contact Grace Fitzgerald 087 9860473 if you can volunteer sometime.

**CEOL AN GHEIMHRIDH:** Comhaltas would like to wish the best of luck to all taking part in Ceol an Gheimhridh on the 15th and 16th February in Cappamore.

**MEMBERSHIP KILCUMMIN COMHALTAS:** If you or your child wish to become members of our branch or are partaking in Comhaltas competitions this year please contact one of our registrars, Mags O'Sullivan 087-7799341 or Timmy Lane 086-0587047

**SAMARITANS:** The organisers of the Christmas church gate collection in Kilcummin for the Kerry Branch of the Samaritans would like to thank the collectors, all who helped and contributed so generously. Amount collected

€1660-63.

**GAA FUNDRAISER:** Kilcummin is participating in a nationwide fund raiser which if supported will help acquire the field from St Brendan's Trust. Tickets are just €10 and the prizes range from trips to Australia and New York to concert tickets in Croke Park. Members will be calling to parishioners in the coming week and are asking for support to acquire this vital facility which will not only be of huge benefit to current players but for future generations also. Time is of the essence so ticket sellers please give a major push this week. Tickets must be returned sold or unsold on next Tuesday at the clubhouse at 7.30pm

**JUVENILE GAA REGISTRATION:** for the 2014 season for both the boys and girls clubs will take place from 7-9pm on 14th February. Anybody interested in volunteering to assist with the running of the club might contact Eoghan Moriarty at 086-8302432

**GUM SHIELDS:** All members should please note that the wearing of gum shields at training

and during matches is mandatory.

**CLUB SPONSORS:** This month's calendar sponsors are Brendan Cronin (Plant Hire) and Brian Fleming (Carpentry). This week's sponsor is Thomas Galvin & Co (Accountants).

**SCOR SINSEAR:** Best of luck to all competitors and mentors in the East Kerry final of the competition which will be held on Saturday 22nd February at 6pm in Fossa Community Centre. Kilcummin will be represented in the following items: solo singing, recitation, ballad group, novelty act & set. Best wishes to all involved. Please support.

**MASTERGEEHA FC LOTTO RESULTS:** There was no winner on Friday 7th February. Numbers drawn were 3, 11, 14 & 19 Consolation prizes were €100 Diarmuid O'Neill, Mastergeeha, Kilcummin. €60 Tony Cahill, Knocklebede, Kilcummin. €30 Corcoran Family, Milleen, Kilcummin. €30 Ben Brosnan Snr., Mastergeeha, Kilcummin. €30 Kian O'Sullivan, Lyreatough, Kilcummin. Draw every Friday night in the Village Inn, Kilcummin. Jackpot now €9450.

## LISTRY NOTES

with Cathriona Doody O Connor

**LISTRY WEEKLY LOTTO:** Sun Feb 9th. Winning Numbers 10,15,21,25. No Winner. 1x€100. Phyllis O'Sullivan Knockeen. 2x€50. Mrs Coakley Faha. Noreen O'Shea Lissivane. 2x€25. Denis & Joanne Murphy Lahard. Peter Ahern Faha. Draw Entrant. Ainne Barrett Laharn. Jackpot next week Feb 16th, €5,000.

**MILLTOWN/LISTRY LADIES FOOTBALL:** Our registration Day for all players from U12 to Senior Players takes place on Saturday,

15th February from 4 - 6pm in Milltown G.A.A. Clubrooms. Medal presentations will also take place for the U12 and U14 girls following their great success last year. All new members welcome so come along and join us. Closing date for registration is 15 March 2014.

**COMPUTER COURSES:** Listry Community Council Ltd in conjunction with Irish Rural Link are offering Computer Classes on Internet and Email skills in Listry Community Centre for

four Wednesday mornings from 10am-12noon beginning on Wed. Feb. 26th. It is also hoped to organise a Certified Fetec Level 3 Course in conjunction with K.E.T.B. This course will also commence on Wednesday Feb. 26th @ 12 noon (12noon-2pm) if sufficient numbers are available. If interested in either of these Courses please contact Joan immediately on 0867944494.



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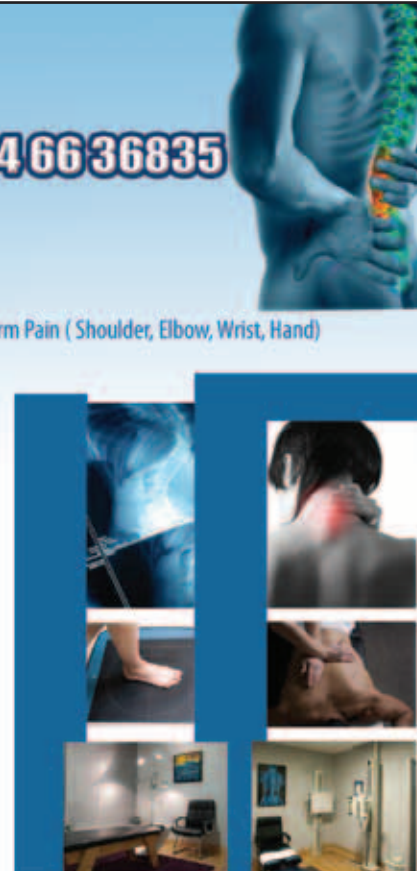
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# SPA NOTES



CHAIRMAN GERARD MANGAN, PAUDIE O MAHONEY AND MIKE McAULIFFE (FORMER KERRY SENIOR FOOTBALLER), PICTURED AT A RECENT VISIT TO SPA GAA CLUB BY THE OPERATION TRANSFORMATION LEADER.

**UNDERAGE TRAINING TIMES:** Friday: U-10 boys 6-7pm, U-12 boys 7-8pm, U-12 girls 8-9pm.

Saturday: U6, U8 & U-10 girls 10.30-11.30am, U-6 & U-8 boys 3.15-4.15pm.

Sunday: U-16 boys 9am, U-14 boys 7.30-8.30pm.

Please note time changes of Friday night training and the later time of u6/u8 training on Saturday.

Queries Chairperson Coiste na nOg John O Donoghue 087 9403517

**GAELTACHT SCHOLARSHIPS:** Students wishing to make application for Gaeltacht Scholarships are advised to contact East Kerry Board Secretary Peggy Horan or Co Committee Cultural Officer Leona Twiss.

Any member wishing to apply for a sports scholarship at the IT Tralee, applications are available from Club Secretary on 0876332773 and the deadline for applications is Friday March 7th 2014

**LADIES FOOTBALL:** All players up to and including minor MUST wear a mouthguard in ladies football. This is a new rule and anyone found not wearing one will not be covered by injury fund or allowed to play.

**U21 EAST KERRY DIV. 1B CHAMPIONSHIP SEMI-FINAL:** Spa 5-9 Fossa 2-8

Played in Spa, the sides exchanged early

opening points before Anthony Magnier struck for the first of Spa's five goals, with Aidan Shepherd, Padraig Courtney, Anthony Magnier with his second, and Liam Kearney all finding the net. Shane Cronin (0-2), Aydan Mulvaney and Rory O'Riordan added Spa points before the break. Rory O'Riordan and Corey Doyle, Liam Kearney (f) and Padraig Courtney kicked the second half scores.

Spa Team: Aaron Farrell, Timmy Hussey, Matt Moynihan, Daniel O'Donoghue, Aydan Mulvaney, Shane Cronin, Colm Tobin, Jamie Spillane, Liam Kearney, Corey Doyle, Padraig Courtney, Rory O'Riordan, Aidan Shepherd, Craig Hickey, Anthony Magnier. Subs: Stephen Kelliher, Evan Cronin

**UPCOMING FIXTURES:** U21 Div 1B Final Spa v Legion next Saturday Feb 15th at 1.30pm - venue to be confirmed

Senior Ek League - away to Glenflesk Feb 16 @ 12 noon

Home to Gneeveguilla Feb 23

away to Currow March 2

home to Cordal March 9

**ST. BRENDAN'S SEM TEAM:** Wishing the Best of Luck to all our Spa players on the Sem panel as they face Corca Dhuibhne on Saturday Feb 22nd in the Corn Ui Mhuire Munster semi-final.

**SCÓR:** Best of luck to our Senior Scór competitors who take part in the East Kerry

Final in Fossa on 22nd Feb at 6.00pm.

Solo Singing : Aidan Moynihan

Recitation : Ray O'Sullivan

Leiriú : Ray O'Sullivan, Cathy O'Sullivan, Ann Marie Nelligan, Conor Kerins and Brian Mangan.

**LOTTO RESULTS:** No winner, numbers drawn. 1,6,24,26.

Lucky dips: Shauna & Adah, c/o Cathy Somers. Laura Taylor Ardaneanig. Tony McSweeney's, college street, Dr. Gary Stack, Tiernaboul.

Lotto jackpot next week €8,000.

**TIERNABOUL NATIONAL SCHOOL:**

School is collecting mobile phones to raise funds for Down Syndrome Ireland. All phone donations will be greatly appreciated. Please ensure SIM has been removed. Drop off to school or to the clubhouse. Contact Conor Gleeson 087 2565142

**SPA MUCKROSS AC:** Congratulations to young Alex Hennigan who had a fantastic

start to the year by winning gold in the U10

Long Jump at the Munster Indoors in Nenagh at the weekend. His leap of 3.73 was enough to secure first place and he also finished in 6th place in the 60m sprint final. Cian Lynch was also competing, although he ran very well his 3rd place finish in the heat of the U11 600m was not enough to put him through to the final. Also competing were Grace and Marie Courtney in the U13 600m - Marie had a great run to finish second in her heat behind the eventual winner Niamh Foley from St Marys AC, however her time was also not enough to earn her a place in the final. The older age groups from U14 to U19 will be taking place on March 1/2 and we wish our travelling athletes the very best of luck.

**SYMPATHY** is extended to the relatives of Shane Courtney late of the Oaks Hotel Muckross and Limerick who died recently, May He Rest In Peace.

**SPORTS HALL** and Meeting Rooms are available for hire. For availability and bookings contact Eileen on 087 6577312 after 6pm.

To keep up to date with our news, events and fixtures, be sure to check out our Facebook Page [www.facebook.com/spagaa](http://www.facebook.com/spagaa) or Twitter @ gaa\_spa or contact the Secretary on 087 6332773.

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<b>Sunday</b>	Advanced 10.30am	

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# RATHMORE /GNEEVEGUILLA NEWS

By Michael O'Mahony

**RATHMORE CREDIT UNION:** School Quiz: The Credit Union School Quiz took place on Sunday February 2nd. A total of 21 teams took part in the u-11 and u-13 category. We would like to thank the parents and teachers for their co-operation and especially the children who were of exceptional behaviour on the day. The teams going forward to the Chapter level in the u-13 category are Holy Family N.S., team members Niamh Finnegan, Katie Buckley, Sean Bourke-O'Donoghue and Noah Moynihan. The u-11 team are Holy Family N.S. Ciara O'Keeffe, Denis Mahony, Paraic Finnegan and Dara Moriarty. We wish them the very best of luck in the next phase of the competition.

Gneeveguilla GAA Social; will be held in The Castle Heights, Killarney on March 16th. Tickets €25 available from Dave McAuliffe 087 7440096 between 7 & 9.

Membership now being collected for the year, ordinary members €30.

Congratulations to Eleanor O'Leary and the Crowley Family Rathbeg on sharing the Gneeveguilla GAA jackpot of €12,000.

**CONFIRMATION:** Confirmation day in our parish of Rathmore at St Josephs Church is next Tuesday February 18th at 11.00 am.

**FIRST HOLY COMMUNION DATES:** Saturday 3rd May - Gneeveguilla Saturday - Saturday 10th May - Knocknagree Saturday 17th May - Rathmore -Sunday morning Mass 18th May - Shrone.

The Kerry Person of the Year; award will be presented to. Archdeacon Michael Murphy native of Annaghmore Headford, at the Association's Oíche Ciarraí 62st Annual Dinner at the Clyde Court Hotel, ballsbridge on this Saturday 15th February 2014 He is a brother of retired Bishop of Kerry Dr Bill Murphy...Tickets (€60) are available from any member of the committee. Or tel; 086 1738742.

**RATHMORE SCHOOL HOSTS CHARITY RUN/WALK:** The challenging event is being organised by the school student council transition years and the school physical

education department of scoil phobail Sliabh Luachra, Charity run/walk which will take place on Saturday March 1st. The event is Scheduled to start from Scoil Phobail Sliabh Luachra at 12noon and participants can register from 11am. Prizes will be presented afterwards while refreshment will also be served. The charities that will benefit from run/walk are Killarney Water Rescue, and. Kerry. Lifeline at South West Counselling Centre.

Everybody is welcome and urged to attend or participate for what is sure to be a great day in aid of a very worthy cause.

**DIVINE MERCY PRAYER GROUP:** on this Friday February 14th at 8.30 pm in Nun's Choir Rathmore Church.

Teach Iosagain, Rathmore 064-7761000 WWW.SAG.IE

**SYMPATHY:** to family and friends of the late Finbarr McCarthy, Kiltimagh and late of Gneeveguilla village John Counihan, London and formerly of Dunrine, Kilcummin, Killarney whose deaths occurred recently. May all Rest in Peace.

**RATHMORE LADIES FOOTBALL:** The agm was held last Friday night and the following officers were re elected. Marie O Sullivan Chairperson, Nora O'Connor Vice chairperson, Sheila Rahilly Treasurer, Angela Cahill Secretary, Kathleen Sheehan Pro, Timmy O Leary and Kieran O 'Mahony County Board Delegates.

The ladies football club was formed in 1993 by Nora O Connor and is 21 years in existence. This year we are having a social on Friday 28th February in The Killarney Avenue Hotel Tickets €18.00 each for sale at The Wash basket. Please note change of venue and date.

Best of luck to local girl Aislinn Desmond, who is one of nominated in the Ladies Football category of the Kerry Sports Star Awards.

**RATHMORE GAA CLUB:** Castleisland Mart Senior County Championship Draw Rathmore V Kilcummin or Currow. The juvenile AGM of Rathmore GAA will now take place on Tuesday 18th February in the Club Rooms,

Rathbeg at 8:00pm. All parents, mentors and anyone wishing to get involved are welcome to attend the meeting. Lotto Results (03/02/2014) Numbers drawn: 9, 14, 15, 16; No jackpot winner this week. Play online at www.localotto.ie/rathmoregaa for next draws of €4,400. Consolation prizes €40 O'Keeffe's XL Gift Voucher -Aeneas O'Leary C/O S.A.G. (Yearly Ticket); €40 - Sharon O'Sullivan, 37 Gleann Na Gréine; €40 - Keith Fleming, C/O Frank Brosnan; €40 - Liam Bartlett, Barraduff; €40 - Mark Barrett, Millstreet. This week's lotto is sponsored by McCarthy's Londis, Rathmore.

**GNEEVEGUILLA ATHLETIC CLUB:**

No winner of our jackpot on 7th February, numbers were 5, 12, 24 and 28., €50 lucky dip yearly ticket Annette O' Brien Firies, €50 to Nono Murphy Gneeveguilla, €40 each to Edmund McSweeney Knocknagree, Ann Cronin Masrour, Sinead Dineen Knocknagree. Bonus prize not won, numbers drawn were 6, 17, 18 and 24. Sellers prize Tom Joe O' Donoghue. Next week's jackpot €6,800 with €1,000 bonus prize. Our athletes competed in the Munster Indoor Championships in Nenagh over the weekend. We were depleted due to adverse weather conditions with many not making the trip especially on Saturday. Ronan Collins was our medal winner with a bronze medal in the Shot putt, we had Ciara Kennelly and Sadhbh O'Connor doing very well in their events.

The last leg of our winter League will take place in The Demesne Killarney on Saturday 22nd February at 11am. Two legs of the league will suffice for prizes this year in account of leg 3 being cancelled.

**ANYONE HAS ANY INFORMATION THEY LIKE TO ADD TO THE NOTES:** please email Michael O'Mahony (michaellomahony@eircom.net) or ring on 087-6676817 before 6:00pm on Thursday.



THE LISTRY U15 TEAM WHICH QUALIFIED IN SECOND PLACE IN KDYS QUIZ ON SUNDAY LAST. THEY WILL NOW GO ON TO THE ALL IRELAND FINALS REPRESENTING KERRY, WHICH IS SCHEDULED TO TAKE PLACE IN KILLARNEY IN JUNE. PICTURED ARE FROM LEFT: CIAN O' SULLIVAN, MARK O' BRIEN, LAURA WHELTON, AVA BURKE.



PICTURED AT THE PRESENTATIONS TO HUGH O'FLAHERTY MEMORIAL SOCIETY PATRONS LAST SATURDAY WERE: MEMORIAL COMMITTEE MEMBER CLLR PADDY COURTNEY PRESENTING MAQUETTE TO CORMAC FOLEY AND CLLR MICHAEL GLEESON OF KILLARNEY LOOKING GOOD. KILLARNEY LOOKING GOOD BECAME A PATRON IN 2013.



**COMHAIRLE BAILE CHILL ÁIRNE  
& COMHAIRLE CONTAE CHIARRAÍ**



**KILLARNEY TOWN COUNCIL  
& KERRY COUNTY COUNCIL**

BÓITHRE A DHÚNADH GO SEALADACH  
**TEMPORARY CLOSING OF ROADS ALT 75**  
DEN ACHT BÓITHRE,  
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**NOTICE IS GIVEN THAT IN COMPLIANCE WITH THE ABOVE,  
KILLARNEY TOWN COUNCIL AND KERRY COUNTY COUNCIL  
PROPOSES TO CLOSE TO PUBLIC TRAFFIC  
THE ROADS DESCRIBED HEREUNDER  
ON THE DATES AND TIMES DETAILED IN ORDER  
TO FACILITATE THE ST. PATRICK'S DAY PARADE.**

**DATE: MONDAY, 17TH MARCH 2014  
TIME: 10.00 AM TO 5.00 PM**

**STREETS**

**COLLEGE STREET  
COLLEGE SQUARE  
PLUNKETT STREET  
KENMARE PLACE (FROM  
JUNCTION AT PLAZA HOTEL  
TO PLUNKETT STREET JUNCTION)  
MAIN STREET  
HIGH STREET  
NEW STREET (FROM MARKET CROSS  
TO BEECH ROAD JUNCTION)**

**ANY PERSON HAVING AN OBJECTION TO THIS PROPOSAL  
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TOWN COUNCIL,  
TOWN HALL, KILLARNEY,  
NOT LATER THAN NOON ON WEDNESDAY,  
19TH FEBRUARY 2014.**

**Michael O'Leary**  
Cléireach an Baile  
Town Clerk

**Gerard O'Brien**  
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# GLENFLESK NEWS

**EAST KERRY SENIOR LEAGUE:** Last weekend's senior game against Gneeveguilla was postponed due to the adverse weather conditions. The senior team, sponsored by Molly Darcy's, is scheduled to play Spa in Glenflesk on Sunday 16th February at 12 noon.

**GLENFLESK GAA LOTTO:** The next Glenflesk GAA club lotto draw will be held on Sunday the 16th of February 2014, in The Kerry Way, Jackpot: E2,000. Tickets available: on request, in local shops and bars. If you have difficulties purchasing a ticket contact Jimmy O'Shea 085 1741219 or Denis O'Donoghue at 087 2257915.

**BARRADUFF COMMUNITY FIELD ORGANISATION:** We are organising a unique 7km road race\fun run on Sunday March 2nd in Barraduff Village. This event is open to runners and walkers. All categories catered for. Everyone welcome. More details in the coming weeks.

**RAHEEN COMMUNITY PLAYGROUP:** A very enjoyable night was had by all at our annual table quiz in Murphy's Bar, Barraduff last Friday night February 7th. Congratulations to the winning team "Ballydaly"; Joe O'Riordan,

Tommy Tucker, Eoin O' Sullivan and Bernard Murphy, and to the second place team the "Ramblers"; Mary Cotter, Michael Guerin, Michael O' Keeffe and Sean O' Keeffe. Sincere thanks to Joan and John Joe, to all who came on the night and to John and Nora who facilitate our quiz night every year!!

**BARRADUFF NS PARENTS' ASSOC:** Our AGM will be held on Tuesday February 18th in Barraduff school at 8pm. All parents\ guardians of children attending the school are encouraged to attend. So come along to find out what we've done in 2013 and what our plans are for the year ahead. We are always looking for new ideas and new committee members!

**KNOCKANES NATIONAL SCHOOL:** Well done to the 12 pupils who competed in the Credit Union Quiz in Rathmore on February 2nd. The U 13 team of Shauna O'Donoghue, Patrick Dineen, Conor Doherty and Kian Crowley came 3rd. Other pupils who participated were Oisín Moran, Rachel Kelly, Caoimhe Crowley, Peter Cronin, Alison O'Sullivan, Sinead Gleeson, Caoimhe O'Sullivan and Caitlyn Cronin. Well

done to all our pupils who recently participated in the Credit Union Art competition and congratulations to our prize winners, Shauna O'Donoghue, Caoimhe Crowley, Caoimhe O'Sullivan and Heather Culloty.

**RAHEEN NS:** Congratulations to Eamon Bowler who had the winning lotto number 6 on Saturday 8th February.

**KILLAHA CEMETRY FLOODING:** At the February Killarney area meeting, Councillor Michael Gleeson asked that the Council would eliminate the flooding that takes place at times of heavy rain in Killaha cemetery as it is distressing for relatives. The Council stated that the graveyard had been inspected in recent days and that some minor works will soon be undertaken to alleviate the problem.

**SYMPATHY:** Sympathy is extended to Liz Healy (Knockanes, Headford) and her family and relatives on the recent death of her mother Kath in Australia. Ar dheis De go raibh a hanam uasal.

**CONTACT:** We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Sunday.

# FOSSA NOTES



FRANCES HEALY FOSSA PRESENTING LAURA WICKHAM KERRY/CORK LINK BUS WITH €470 PROCEEDS RAISED FROM SURPRISE 50TH BIRTHDAY FOR BRENDAN O'SULLIVAN IN THE TRAVEL INN FOSSA RECENTLY. INCLUDED ARE GEORGE SAARY, TONY WHARTON, LAURA WICKHAM, FRANCES HEALY, BRENDAN O SULLIVAN, MICK MYERS AND MIKE SHEEHAN.

**FOSSA GAA:** Fossa Lotto 09/02/2014: Numbers Drawn: 4,6,12, and 23. Jackpot: €4,950 No Jackpot Winner. 5 x €40 winners: Billy O'Leary, Ardshanavooley; Mick Clifford, Barleymount West; Tim Cronin Carpet, Curragh; Dan O'Carroll, Crohane; Pa Johnny & John, c/o Travel Inn Fossa. New Jackpot: €5,100.

Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, McCarthy's Centra Shop, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night February 16th 2014 at the Golden Nugget Fossa at 11p.m.

**SENIORS:** Fossa seniors play Listry in Round 2 of the East Kerry Superleague Division 2 at Listry throw in 12:00noon. All support welcome.

**UNDER 21S** Fossa exited the East Kerry Under 21 championship on Saturday last going under to Spa by 5-09 to 2-08 in the semi final. We played with the wind in the first half, but did not benefit from it, and we conceded 5 goals in that

first half, and trailed by 15 points at the break. Much better in the second half as we reduced the deficit by 8 points. So three played, three lost, but glad we took part. Good performances from Brian Myers in defence, Matthew Rennie at midfield and Daniel Griffin when introduced in the 2nd half. Disappointing that only 7 of the 13 clubs in East Kerry took part in the Under 21, and maybe time the East Kerry board realised that not all clubs have the same population base.

**FIXTURES:** Sunday February 16th East Kerry Superleague Division 2 Listry v Fossa at Listry 12:00 noon.

**MEMBERSHIP:** Membership now due. Family membership has been reduced to €60.00 for 2014, adult remains at €30.00, while youth/student has been increased to Euro15.00. Registrar Gene Moriarty will take up membership at Lotto on Sunday night.

**SOCIAL ACTIVITIES:** Running group

continues on Monday and Wednesday nights at 8:30pm until further notice. A programme will be available for beginners.

**SYMPATHY:** To the O'Connell family Curragh on the death of Eileen's father Frank O'Connor, may he rest in peace.

**LADIES FOOTBALL:** Fossa ladies football club are holding a table quiz at the Golden Nugget on Friday February 28th at 8pm. Adult tables €30, juveniles €20.

**FOSSA COMMUNITY ALERT:** Fossa Community Alert "Text Alert" is now up and running very successfully. If anybody who has not already signed up and would like to do so, just contact any member of the committee.

**ATHLETICS:** Gneeveguilla AC will hold Athletics training at the Old Fossa Sportsfield on the first Saturday of every month. The next session takes place on Saturday March 1st at 2pm. All girls and boys born in the year 2005 or any year before that, are very welcome to come along and take part.

**FOSSA/TWO MILE COMHALTAS:** Adult set dancing classes at Fossa Community Hall each Tuesday night, beginners at 8pm, improvers and advanced at 9pm. Everybody very welcome.

**JUNIOR SET DANCING** classes in Fossa Community Centre every Friday from 7pm to 8pm. Contact Norita at 087 7424468.

**A CEILI** will be held in Fossa Community Centre on Sunday the 16th March from 3pm - 6pm. Music by the Neily O'Connor Band.

**FOSSA NOTES:** If anybody has any item they would like included in the notes, please email information to Gene Moriarty at beniska@utvinternet.com Please forward information on or before Friday at 12noon.



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# Thank You...

I would like to thank my boss Eileen Carolan from 'Shylocks' in the Innisfallen Shopping Mall. Also a big thank you to Mary and Bill as well as all the clients and friends who have supported me throughout these times. I want you all to know that I am very grateful for your kindness and thoughts.

Thanks again from:  
*Krystyna and Tomasz Hyciek.*





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# GARDENING OUTLOOK



with John O'Sullivan

Between now and the Summer there is still plenty of time to put a bit of colour in the garden with some Winter/Spring flowering bedding plants.

It is probably best this Spring, to use them in containers and baskets as the ground is saturated from the amount of rainfall we are experiencing. The first thing you have to do is choose the type of container you want. There are lots to choose from for example, terracotta, glazed, plastic and wooden.

Now that you have chosen a pot, the most important thing to do is sort out the drainage. All terracotta and glazed pots should already have drainage holes in them. Plastic ones probably won't, so you will have to punch some holes in them. Put some gravel or broken up aeroboard over the holes on the inside of the pot and then cover with some landscape fabric like mypex.

Add some compost and ideally some slow release fertilizer mixed with it. Then choose some plants... First of all you need to choose a centre piece and always make sure that centre piece is evergreen and suitable for the size of your container. This way you will only have to change the bedding plants from season to season.

The following is a list of a few good Winter Spring bedding plants for containers: primroses, polyanthus, winter pansies, cyclamen, ornamental cabbages and trailing ivy.

Next week I will focus on early flowering shrubs.

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## LIFE, LOVE AND LIVING THE JOURNEY!

What's the point of your life? What does it mean and what are you here for? If you can answer these questions then you are part of a growing community of people who are looking and searching for what it means to live their best life! Over the years that I have been coaching I have been aware of an amazing shift in consciousness. No longer are people ready to sit back and simply let "life" happen to them. They are taking responsibility for the lives they desire to live. We live in exciting times where change is our constant companion and science is proving that our thoughts really do become things! There is no right or wrong answer to the above questions – there is only **YOUR** answer. The point and purpose of your life depends solely on the meaning **YOU** give to it. It was a question that I pondered for many years... I searched through religion, ancient texts, conscious groups, meditation etc. I wanted to know and understand what life was all about. I used to wonder why we go through all these hardships and difficulties if we are only to die at the end – it made me feel depressed and low. I asked myself continually, What's the point? These days I know my answer to these questions. The point of my life is simply to LIVE! To take the experience of life and go with it. To embrace all of what life has to offer and love the journey – no matter what! To be fully **ALIVE** whilst I am alive and to help others as much as I can along the way! In doing this I feel that perhaps I can play my own small part in helping the world become a happier place and adding to global awakening and consciousness. Someone else who has discovered her own passion for life is Jean Clancy (Tralee Alternative Therapies) who will be joining me in conversation at my next Life Class (The Life Lounge) on Wednesday February 26 at the Meadowlands Hotel. 7.30-9.30pm. Cost €15.00. Jean will be talking to me about her own personal journey and her tips for happiness, love and inner fulfillment! Make sure you are there for this unique and inspirational event! I for one cannot wait to be inspired! This conversation will happen only once – make sure you reserve your place now by calling

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## MID KERRY NEWS

**With Joan McGillicuddy**

Mid Kerry's AGM was held in J P O'Sullivan Park Killorglin last Thursday evening. Outgoing James Doyle and Outgoing Secretary Michael Sayers had completed their 5 year term while Michael Sayers is not lost to Mid Kerry James Doyle bid farewell. On behalf of Mid Kerry we wish James all the best in his new venture, and Mike on his new position. Many thanks to both of them for all their hard work and commitment during their 5 year terms. Thanks to Laune Rangers for the use of their facilities

**NEW COMMITTEE:** President Pat O'Shea, Cromane, Chairman Michael Sayers, Keel, Vice Chairman Michael Murphy, Miltown/Castlemaine, Secretary Kieran O'Shea, Beaufort, Treasurer Morgan O'Sullivan & Assist Treasurer Johnny O'Connor both Cromane, Pro Joan McGillicuddy Glenbeigh/Glencar.

**U21 CHAMPIONSHIP:** One game went ahead last week (Keel/Listry and Laune Rangers game was called off due to unplayable pitches) Beaufort travelled to Miltown in the preliminary round where they qualified for a place in the semi final defeating Miltown/Castlemaine on a score line of 5-11 to 0-08.

Beaufort Played against the breeze in first half putting in a fine display where they defended very well. They drove forward from midfield assuring a good supply of ball to forwards. Goals from Cathal Curran and Niall O'Connor left the visitors leading 3-5 to 0-2 at half time. The second half continued like the 1st with goals from Ronan Murphy and sub Darragh Curran. Miltown/Castlemaine to their credit tried hard but could not break down their opponents defence. Beaufort were best served by Michael John O'Connor, Darren O'Sullivan and Brendan Cronin in the backs. Fergal Hallissey and Ronan Murphy dominated midfield area while Danny Healy in particular and Niall O'Connor were always threatening upfront. For Miltown/Castlemaine David Roche tried hard and pushed forward from the backs and Pa Wren and Jack McCarthy contributed most of Miltown/Castlemaines scores.

**FIXTURES FOR SEMI FINALS AS**

**FOLLOWS:** Beaufort host Glenbeigh/Glencar/Cromane on Saturday next 15th at 2.30pm while Keel/Listry take on Laune Rangers on Sunday next 16th at 2pm in Keel both games have extra time if needed

As our 1st Senior League game fell victim to the weather last weekend I now confirm that our senior league will begin on the weekend of 21st/22nd February.

**MID KERRY COISTE NA NÓG AGM:** Will be held in the TV room of the Towers hotel tonight, Friday 8pm. All club Chairmen, Secretaries & Delegates are asked to attend.

## LISTRY NEWS

**With Paula Courtney**

Listry Weekly Lotto Results February 9th 2014  
Winning Numbers 10, 15, 21, 25. Jackpot €4,850  
Not Won. 1 x €100 Phyllis O'Sullivan, Knockeen  
2 x €50 Mrs. Coakley, Faha, Noreen O'Shea, Lissivane East. 2 x €25 Denis & Joanne Murphy, Lahard, Peter Ahern, Faha. Draw Entrant Aine Barrett, Laharn. Jackpot next week February 16th €5,000.

**FIVE YEAR PLAN:** Listry GAA Club is having their Five Year Plan forum on Tuesday, February 18th at 8pm. This will take place at Listry Community Centre. If you would like to learn more about our club or would like to share your views on ways in which we could improve all aspects of the club, please come along on the night.

**IT'S IN YOUR BLOOD INITIATIVE:**

This is an initiative between the Irish Blood Transfusion Service (IBTS) and the GAA to bring more awareness and encourage new and existing donors among the GAA community to give more blood. If anyone in the club is interested in giving blood, please contact our Giveblood Club Co-ordinator Anne Sugrue O'Brien 086 2154575.

**5K RUN/WALK OR PUSH:** Kerry Spina Bifida Hydrocephalus Association are holding a 5k Run/Walk or Push event at Killarney National Park on Saturday 8th March, Registration: 10am in Kerry Parents & Friends (Port Road, Killarney) Start time: 11.30am. Cost: €10 Senior, €5 Junior & €20 Family. Lots of Great Prizes! Come along and wear your club colours. www.facebook.com/ksbha

**SENIOR EK SUPER LEAGUE DIVISION 2**  
Round 2 – Sunday 16th February at 12 noon.

Listry v Fossa.

**SENIOR FOOTBALL LEAGUE DIVISION 2**

Round 1 Sun 23rd March 2014 at 2pm

Venue: Dieren (Legion).

Killarney Legion GAA v Listry.

Round 2. Sunday 30th March 2014 at 2pm

Venue: Listry. Listry v Gneeveguilla.

## BEAUFORT GAA NEWS

**With Nora Hallissey**

**U21:** Beaufort U-21s sponsored by Maurice Foley of MF Decorating defeated Miltown/Castlemaine in the preliminary round in the Mid Kerry Championship on Saturday. Playing against the breeze in first half Beaufort put in fine display where they defended very well. They drove forward from midfield assuring a good supply of ball to forwards. Goals from Cathal Curran and Niall O'Connor (2) left the visitors leading 3-5 to 2 points at half time-the points coming from Danny Healy (2), Fergal Hallissey (2) and Niall O'Connor. The second half continued like the first with goals from Ronan Murphy and sub Darragh Curran. Miltown/

Castlemaine to their credit tried hard but could not break down Beauforts defence. Beaufort were best served by Michael John O'Connor, Darren O'Sullivan and Brendan Cronin in the backs. Fergal Hallissey and Ronan Murphy dominated midfield area while Danny Healy in particular and Niall O'Connor were always excellent upfront. Beaufort are scheduled to play Glenbeigh/Glencar/Cromane in Beaufort on Saturday, 15th February at 2.30pm in the semi-final of Under 21 Mid Kerry Championship. (Subject to time change)

**LOTTO:** Lotto results of Sunday, 9th February for a jackpot of €3,000. Numbers drawn: 2, 3, 14, 21. No jackpot winner. Consolation Prizes - €80 Tom and Lauren Gallagher, Ballagh, €50 Pat O'Leary, Killarney, Joe Doona, Carnahone and Peggy Foley, Cullina. Next draw for a jackpot of €3,200 will be held in Kate Kearney's Cottage on Sunday, 23rd February tickets available from usual sellers, local shops and bars.

**LADIES FOOTBALL:** Kerry Ladies were defeated by Dublin in the 2nd Round of the Tesco Homegrown National League which was played in The Parnells GAA Complex in Dublin on Sunday. Full-time score was Dublin 3-9 to Kerry 0-7. Patrice Dennehy contributed 3 points while Bernie Breen was unavailable for this game. They are at home to Laois on Sunday next. The game is fixed for John Mitchells Complex in Tralee.

**SPRING EXERCISE CLASSES:** In the Clubrooms continue for 2 more weeks. Most classes are well supported but the Class on Friday morning at 10.00 and the Mixed Pilates class on Monday night at 8.10 still have vacancies. The Class at 12.10p.m. for the Actively Retired is sponsored by Healthy Club Project for the month of February.

All members are welcome to attend any class at a cost of €6. Reduced rate for the Actively Retired classes.

**MEMBERSHIP:** Its the time of the year again for people to pay their annual Membership to the Club. Rates are as follows: Family Membership of the GAA - €50 this covers all children U-18 and 1 adult use of the Gym. €50 - Senior player. Individual Membership of the Club only - €30. Reduced rate for Actively Retired. There is also Gym Membership available for €50. The Registrar is Patie Hartnett 087-2515311 or Bridget 087-9975737.

## EAST KERRY NOTES

**With Áine Ní Shúilleabháin PRO**

**RESULTS: East Kerry U21 Championship Semi Finals Division 1**

Kilcummin V Rathmore Postponed.

**Division 2** Spa 5-9 Fossa 2-8

East Kerry Senior League Round 1

**Division 1 Section A**

Legion 2-11 Scartaglen 1-09

**FIXTURES**





## East Kerry U21 Championship

### Division 1 Semi Final

Friday 14 February at 8pm in Rathmore.

Rathmore V Kilcummin. Extra time if necessary.

### Division 2 Final

Saturday 15 February at 1.30pm, Venue TBC

Legion V Spa

### East Kerry Senior League Round 2

First named team has home venue

### Division 1 Section A: Rathmore V Legion

Scartaglen V Kilcummin Dr. Crokes bye

### Division 1 Section B: Gneeveguilla V Currow

Glenflesk V Spa, Cordal bye

### Division 2: Furies V Kenmare, Listry V Fossa

## EAST KERRY UNDER 21 CHAMPIONSHIP

The East Kerry Under 21 Championship, sponsored by Acorn Holistics and Sports Centre Killarney, has reached Finals stage in Division 2, which sees Legion meet Spa, next Saturday at 1.30pm. One semi final remains to be played in Division 1. This has been re-fixed for Friday the 14th February in Rathmore at 8pm when Kilcummin will play Rathmore under lights. The winners play Dr Crokes in the Division 1 Final.

**SPA 5-9 FOSSA 2-8** Spa qualified for the Division 2 Final of the East Kerry Under 21 Championship, sponsored by Acorn Holistics and Sports Centre Killarney, last Saturday, when they hosted Fossa in the semi final, in cold blustery conditions. The sides exchanged early opening points. Eight minutes in, Anthony Magnier struck for the first of Spa's five goals, with Aidan Shepherd, Padraig Courtney, Anthony Magnier with his second, and Liam Kearney all finding the net. Matt Rennie, Brian Walsh and Michael O'Keefe all pointed for Fossa. Shane Cronin (0-2), Aydan Mulvaney and Rory O'Riordan added Spa points before the break. Half Time: Spa 5-5 Fossa 0-4.

On the resumption, Rory O'Riordan and Corey Doyle traded points with Fossa's Paudie Clifford (0-2). Fossa came more into the game adding 2-2 without reply, 1-1 apiece by Tadhg O'Shea and Paudie Clifford, who goaled from the penalty spot. Spa closed the scoring with points by Liam Kearney (f) and Padraig Courtney. Full time score: Spa 5-9; Fossa 2-8. Spa meet Legion in the Final on Saturday, 15th February at 1.30pm. Venue to be decided.

Referee: Tommy Brosnan (Dr. Crokes)

**EAST KERRY SENIOR LEAGUE:** The East Kerry Senior League, sponsored by Frank Doran Safeguard Security, got under way last Sunday. There are 2 divisions in the competition. The teams in Division 1 are divided into 2 sections Section A comprises Legion, Scartaglen, Kilcummin Dr Crokes, Rathmore and Section B comprises Gneeveguilla, Glenflesk, Cordal, Currow and Spa. The top team in each section contests the final. The teams in division 2 are Kenmare, Listry, Fossa and Furies and the top 2 teams contest the final. Should two teams finish level on points then the result of their game counts. Last Sunday, Legion played

Scartaglen in Dereen, in Division 1, Section A. In the same Division, Dr Crokes V Kilcummin was postponed until Tuesday the 18th February. All remaining fixtures were postponed due to unplayable pitches.

**LEGION 2-11 SCARTAGLEN 1-09** The East Kerry Senior League, sponsored by Frank Doran Safeguard Security, opened last Sunday, with an entertaining and competitive Division 1 game, between Legion and Scartaglen, in Dereen. Legion, playing with the wind, proved the stronger in the first half, and built up a six point lead, Mike O'Sullivan finding the net for a Legion goal. Half time score: Legion 1-09 Scartaglen 0-06. Scartaglen notched up 1-3 in the second half, Niall Casey finding the net for the visitors in the last ten minutes. Legion scored 1-2, in the half, with David Gleeson scoring the home side goal. Legion scored 2-8 of their total from play. Final score: Legion 2-11. Scartaglen 1-09. Referee: Christy Crowley (Gneeveguilla).

## ALL IRELAND CLUB SENIOR CHAMPIONSHIP SEMI FINAL GOOD WISHES:

All in the East Kerry Board extend best wishes to Dr Crokes for the All Ireland Club Senior Championship Semi Final on Saturday, next the 15th February.

## REFEREES TRAINING COURSE ST BRENDAN'S KILLARNEY:

St Brendan's College students took part in a Young Referees course last Friday, 31 January 2014. The course was delivered by Bart Moriarty and Joe Langan of the County Board's Referees Committee. The aim of the course was to up-skill students, in a practical way, in dealing with all aspects of game related activities during a match. All thirty students will be able to help clubs and primary schools to deliver Go Games blitzes, during the year, in East Kerry. Thanks to Gary McGrath (Teacher) for organising the event in conjunction with East Kerry GDA, Vince Cooper.

## DR. CROKES GAA CLUB NOTES

ALL IRELAND S/F v Castlebar Mitchels will take place this Saturday 15th February in Portlaoise. Throw-in at 3.00pm. Coach leaves Lewis Road at 10.00am. Fare: Adult €20, U16's €15. To book, call 0646631945.

**EK U21 CHAMPIONSHIP S/F:** The Dr. Crokes U21 team qualified for the final after coming out on the right side of a tremendous battle with a 2pt victory over Glenflesk after extra-time on Sunday 2nd February. Final score: Dr. Crokes 1-12, Glenflesk 0-13.

**LOTTO:** The jackpot was not won on Sunday last. Match 3, winners received €40.

**NATIONAL LEAGUE CHALLENGE:** Thanks to all for supporting our National League Fundraiser. Updates on Round 2 are available on [www.drcrokes.com](http://www.drcrokes.com) and the Dr. Crokes

Facebook page.

**CLUB FLAG DAY:** Thanks to all who supported the club Flag Day over the weekend. Your support is greatly appreciated.

**GAA NATIONAL CLUB DRAW:** Tickets for the GAA National Club Draw are now available. There are great prizes to be won and all the funds raised will stay in the club.

**AGM:** The AGM was held on Wednesday 22 January. Chairman Ger O'Shea presided over the large gathering. Secretary Matt O'Neill presented a detailed report outlining all the activities in the club in the previous 12 months. Tributes were paid to all teams, especially the Senior side on winning 4 Co. Championships, 8 O'Donoghue Cups and 3 Munster Club titles in a row. Tributes were paid the officers who did not seek re-election; Assistant Secretary Helen Fitzgerald, Treasurer Niall O'Mara, PRO John Keogh, Scor Officer Geraldine Lyne and IT Officer John C. O'Shea.

**OFFICERS FOR 2014:** Patron: Murt O'Shea. President: John Moynihan. Vice-Presidents: Dan Kelliher, Patrick O'Sullivan, Bridie O'Shea, Fr. Tom Looney, Donie Sheahan, Niall Keogh, Eddie O'Sullivan, Liam Murphy, Paddy O'Shea, Fr. Paddy O'Donoghue, Jackie Looney. Chairman: Ger O'Shea. Vice Chairman: Pat O'Shea. Secretary: Matt O'Neill. Assistant Secretary: Ger Sugrue. Joint Treasurers: Diarmuid Kelleher, Malacy Walsh. Finance Officer: Vacant. PRO: Vacant. Development Officer: Der Brosnan. IT Officer: Michael O'Keefe. Registrar: Frances O'Sullivan. Scor Officer: Vacant. Children's Officer: Eileen Buckley. Co. Board Delegates: Matt O'Neill, Niall Keogh. East Kerry Board Delegates: Donie O'Leary, P.J. O'Brien.

**MEMBERSHIP 2014:** Club registration for the coming year is now due.

**CLUB SHOP:** The Club Shop will be open Wednesday, Thursday and Friday night, 7.00 - 8.00pm. Check out our new ranges and get your club colours for the season.

**BEST WISHES:** to the Dr. Crokes Senior team in the All-Ireland Club Semi-final this weekend. All support greatly appreciated.

**CONGRATULATIONS:** To Aaron Murphy on winning a Munster Colleges medal with Colaiste Ghobnatan, Ballyvourney. They defeated Colaiste Na Phiarsaigh on a score-line of 7-08 to 5-04.

**SYMPATHY:** To Paul Downey on the death of his sister, Kay, in Dublin and to the Clifford family on the the death Richard who played for Dr. Crokes.

## LEGION NEWS

With Kevin Griffin

**MEMBERSHIP:** Please note that all club membership is due since January 1st and should be forwarded to club registrar. Players who have not paid their membership will not be allowed to play as they will not be covered.



# GAA CLUB CALL

Deadline: Monday 3pm Email : editorial@outlookmags.com



Following rates apply;-Adult:- €35, Couple €50, Family €70, Senior player €65 (incl. insurance), College student €40,

**CLUB MERCHANDISE:** Specially designed Legion hats are now available in The Kerry Store in the Outlet Centre and for a more extensive range of club clothing you can visit our club shop at the clubhouse.

**SCOR NA BPAISTI:** Our Scor officer Linda O'Donoghue informs you that Scor na bpaisti will take place on 22 March in Fossa at 1.30pm. Anyone interested in taking part please contact Linda 087 1435994.

**LOTTO:** Numbers drawn were 6, 8, 12, 16. No jackpot winner. Following win €50 each; Tadgh McCarthy, Mrs. Galbraith, Joyce Trant, Phil Aherne, Pat Moynihan. Next weeks jackpot is €8600.

**WEDDING BELLS:** Congratulations to senior player Andrew O'Regan and his new bride Siobhan Crowley from Aghada who got married last week, wishing ye a life full of happiness from all at the club.

## APPLICATIONS FOR SPORTS SCHOLARSHIPS FOR IT TRALEE:

Are now available from club secretary 087 3413133.

**EAST KERRY LEAGUE:** Our senior teams first outing of the year and first competitive game under new management got off to a winning start with a win over Scartaglen at Derreen last Sunday. Billy McGuire kicked the first score of the 2014 season when he pointed in the opening minute. At halftime Legion were leading 1-09 v 0-06 virtue of a Mike O'Sullivan goal, but despite trailing by 6pts, Scartaglen pushed this game all the way with the final score being Legion 2-11 v Scartaglen 1-09, with David Gleeson scoring Legions second goal. Next up for the seniors is East Kerry League this weekend with an away game at Rathmore.

## GAME OF THE WEEK

The Kerry Ladies senior team were defeated at the hands of Dublin in the second round of the Tesco HomeGrown National Football league Division 1. Kerry failed the find the back of the Dublin net, while Dublin hit for 3 goals, which ultimately was the difference between the teams, final score Dublin 3-09 Kerry 0-07. Played in the all weather pitch in Parnells GAA, Dublin who played with breeze in the first half



**THE KERRY LADIES TEAM:** FRONT ROW L-R: CAIT LYNCH, AISLINN DESMOND, CLAIRE O'SULLIVAN, LOUISE NI MHIRTEARTAIGH, SARAH JANE JOY, DEIRDRE CORRIDAN, SARAH HOULIHAN, JULIE BROSNAN, PATRICE DENNEHY. SECOND ROW: L-R: DENISE HALLISSEY, GINA CROWLEY, MARIE QUIRKE, AMANDA BROSNAN, EMMA SHERWOOD, LORRAINE SCANLON, LOUISE GALVIN, BREDA LANE, DEBRA MURPHY,

made the most of it & dominated possession. It was clear early on that Kerry were going to find it tough, with the Dublin forwards making really good clever runs while their defence were extremely tight marking & the Kerry forwards were simply not given an inch. Dublin got on the score board first with 3 points on the board within the first 7 minutes. Noelle Healy was the first of the Dublin forwards to find the Kerry net, a powerful effort leaving the Kerry keeper Amanda Brosnan with no chance. Minutes later Healy struck for Dublin's second goal, Amanda Brosnan had initially made a great save but Healy was quicker to the ball & struck for her second goal. Kerry were struggling with the fast movement of Dublin forwards & were struck for a third goal from Dublin corner forward Carla Rowe. With 20 minutes played it was Dublin 3-3 Kerry 0-0. However Kerry did have goal chances of their own, with Patrice Dennehy & Sarah Houlihan hitting wide. Sarah Houlihan was the first of the Kerry forwards to find range a pointed free in the 22nd minute, while just before half time Patrice Dennehy added a second. Half time couldn't come soon enough for Kerry to re group, half time Dublin 3-07 Kerry 0-2.

Kerry made some changes in the second half, with Deirdre Corridan who was playing very

well going to midfield. Kerry started the second half brighter with Sarah Houlihan pointing in the first 2 minutes. Kerry launched many attacks but found Dublin defence uncompromising as they blocked & tackled & harried the Kerry forwards. Kerry were forced to go for distance & put points on the boards, but it was goals we needed to get back in touch with Dublin. Sarah Jane Joy got 2 marvellous long range scores & Patrice Dennehy added more scores. From a positive point of view Kerry held Dublin to just 2 points in the second half, however the damage was done in the first half & we couldn't pick the lock of Dublin defence. Final Score Dublin 3-09 Kerry 0-7.

Kerry must now regroup as we face Laois on Sunday 16th February in John Mitchell's new complex at 2 pm supported by Tralee Credit Union as part of the #KerryLadiesSpringSeries.

**TEAM & SCORERS:** A Brosnan, C Lynch, A Desmond, G Crowley, J Brosnan, D Hallissey, M Quirke, L Scanlon, S J Joy (0-2), E Sherwood, S Houlihan 0-2 (1F), D Corridan, P Dennehy (0-3), L Galvin, L Ni Mhuirteartaigh.

Subs: B Lane for J Brosnan (40), C O'Sullivan for L Ni Mhuirteartaigh (40), D Murphy for S. Houlihan (40)

Join our winning team  
for instant gold medal  
advertising success.

Contact Des: 0876593427







## COMMERCIAL ROWING CLUB

### EST 1886 "DOWN MEMORY LANE"

With John Kelly

The following crews represented Commercial rowing club at the annual Killarney Regatts held on the Innisfallen Course on Thursday 13th August 1925.

Juvenile Sixes for the Lough Leane Challenge Cup: Stk Charlie Foley, J. O'Donoghue, Brian O'Rourke, Michael Moriarty, Frank O'Connor, Charles O'Leary, Cox D O'Connor, Senior sixes for the Muckcross Abbey Challenge Cup Stk M O'Meara, V O'Sullivan, Jn Moriarty, D. Moriarty, Vincent Doyle, P O'Rourke, Junior Sixes for the Flesk Valley challenge Cup, Stk A O'Rourke, D Moriarty, J. O'Shea, A. Thompson, D, Culloty, D O'Connor, Open Four Oar Race for the Salter Cup, V O'Sullivan, D Moriarty, Jn Moriarty, Vincent Doyle.

Admission to the course was 1 shilling. Starters were Eugene O'Sullivan Major Phelps and Colonel Hoods, Judges T O'Connor, H.S Harrington, J Scully and Sr Morgan O'Connell. Umpires Senator O'Sullivan, A R Vincent, M J Rohan, Major McGillicuddy Call Stewards, J O'Leary, D E McDonnell, P.C. O'Mahoney.

Commercials are currently inviting new members to avail of their excellent training facilities at Ross Castle Contact Jimmy Doyle 064 6639856, D J O'Riordan 064 6631743 Henry Clifton 064 6632252, John Joe Healy 064 6643136 John Kelly 064 6632698

## MUCKROSS ROWING CLUB NOTES

With Tim O'Shea

**CORK HOR:** The annual Cork Head Of the River is set to take place at the city marina this Saturday 15th February. Early weather forecasts suggest the event may well be the first of the year to go ahead as planned, following the cancellation of a number of events due to the recent adverse weather. There will be six Head events for the various categories at 9:30am, 10:30am, 12noon, 1pm, 2pm and 3pm. Rolling head timing will be in place for Junior 15/14 and Masters crews only between 10am and 3pm. Full details on the Rowing Ireland website. Best of luck to all our crews, over 25 competing for Muckcross taking the Kingdom's challenge to the rowing Rebels!

**ST. MICHAEL'S HOR:** The St. Michael's Head Of the River, postponed from January, has been rescheduled for next Saturday 22nd February. Further details will be posted on the Rowing Ireland website.

**NATIONAL TRIALS:** Best of luck to Holly Hickey, Zoe Hyde and Kara O'Connor as they continue their preparations for the next stage of national trials. The Muckcross junior trio will compete in two days of trials taking place in Newry next weekend, 22-23 February. The girls will be taking part in the trials as part of a 31

strong team of junior women competing for places in the Irish junior crews for 2014. The top athletes from the Newry round of trials will be invited to a final selection trial in Cork in March. Weather permitting it will be a busy weekend for the club, with competition in both Limerick and Newry.

**NEW MEMBERS:** The club is always welcome to new members, why not give rowing a go? For younger members aged 12-14, our beginners group meets at the boathouse or community centre, whatever the weather! You can come along just to see what is involved or get stuck right in! Contact Eadaoin Moynihan 086 152 9476 for further information.

**MUCKROSS YOUTH CLUB:** The Muckcross Youth Club is back in action! The wild, wet and windy weather of last Saturday did little to deter the new club getting up and running. The "Teens on Wheels" provided a dry venue at the Muckcross Community Centre and will return Saturday nights between 7-9pm. Newcomers are welcome to attend each Saturday. For further information, please contact Geraldine O'Halloran from KDYS on 087 0517695.

**MUCKROSS LOTTERY:** Results of Muckross Lottery for Saturday 8th February 2014. Numbers drawn: 7, 8, 10, 13. Lucky Number: 3. Match 3 Winners: Teresa O'Sullivan, Gerald McEnery, Kieran McEnery, Grace McCarthy, John O'Donoghue, E Scannell, Jerry & Kay Murphy, James Costelloe, Shay Lyng, Cathal Bartlett. The next draw will take place this Saturday 15th February 2014 at Molly Darcys. Jackpot: €1,450. Match 4 plus Lucky Number in panel 2: €2,450.

## ST. BRENDANS' ROWING CLUB

Emma Brosnan

The 2014 rowing season is upon us and hopefully it will be a great one for the club! Our AGM takes place on Friday 21st February at 8pm in St. Mary's Parish Hall.

All members and supporters welcome to attend. Training is ongoing when the weather permits, there is a club jogging group meeting at the top of Ross Road on Wednesdays at 6.15pm for anyone interested, please check the facebook page for updates. We are in the process of updating our membership contact list, please send your name and mobile number to stbrendansrowingclub@gmail.com

## KILLARNEY RUGBY CLUB NEWS

**FUNDRAISING:** We need you help to continue great work done by a small few people who have raised over half of the €40,000 needed to qualify for our application for Capital Grant. Please can you lend a very badly needed helping hand to raise funds for

our new grounds. Any amount is welcome but we do need your help so please make the supreme effort and ask your acquaintances and contacts to help out. Memberships and signage options are also included in the mix if it suits people who want added value for a donation. Please help and thanks to those who have given generously.

### KILLARNEY UNDER 14S

#### BANDON RFC – 43 KILLARNEY RFC – 0

If nothing else Killarney have garnered a wealth of experience this season and though the results have not gone their way their rugby education is growing apace. Yet it is to Killarney's credit that they were one of the few teams to travel over the weekend and their enthusiasm will surely reap some dividends before Season end. As for the game itself Bandon were marginally superior in the vital exchanges resulting in an accumulative superiority, as reflected in the final score. Without wishing to carp, a few vital decisions went against Killarney at critical stages which certainly helped to embellish the victors' tally. That said, the hosts played with supreme confidence endorsing their status as one of the Cork League's premier contestants. It should also be said that the score line did not do Killarney justice and they played heroically against superior opponents in atrocious conditions. Chief among Killarney's performers was Barry Slattery whose tackle count exceeded the combined total of his playing colleagues. No doubt the fact that he was playing in his ancestral home contributed to an absolutely inspirational display. At the time of going to press this weekend's fixture has yet to be confirmed and all players will receive a text.

**MINIS:** Were again waterlogged but training hopes to resume at Knockreer tomorrow morning from 10:30 to 12pm. This will prepare us for the trip to Listowel for a blitz the following Saturday.

**U18S:** Pan Munster league game V Newcastle West was again cancelled due to weather. The same fixture is planned for tomorrow at 11:00am at Dirreen. Please check your text or contact Fergus or Feargal for details. Sunday 16th Feb Killarney XV are away to Clanwilliam in Co. Tipperary at 2.30pm in the Junior 2 league. The week after sees the visit of the mighty Sunday's Well in the Munster Junior Cup.

## COMMUNITY GAMES

### INDOOR SOCCER BOYS UNDER 10

Boys Under 10 (over 8) Indoor Soccer was played in Mountcoal and Listowel with 19 teams divided into 4 groups played in round robin format and the winning team from each group going through to the County Semi-finals on the 9th March. Both venues produced terrific games with some wonderful skills on view.

At Mountcoal Sports Centre, in Group 1 Rathmore/Gneeveguilla and Knocknagoshel





both proved too strong for Beaufort, Listowel, Ballydonoghue/Lisselton, leaving their match as the decider with Knocknagoshel winning 5 goals to 1.

Group 2 brought some exciting games involving Rock St/Caherslee, Castlegregory, Ardfert/Kilmoyley, Fossa, and Duagh/Lyre. It was down to last game of the day where Fossa overcame Duagh/Lyre with 3 goals in last 2 minutes.

At Listowel Community Centre, in Group 1 both Kenmare & Glenflesk contested the final match of this group after they both overcame Ballybunion, Ballyheigue, and Killarney South where the John Crowley trained Glenflesk team won by 6 goals to 3.

In Group 2, Moyvane/Knockanure, Spa Mucross, Ballyduff, and St Brendans/Oakpark produced some fantastic action with Ballyduff defeating St Brendans/Oakpark in the last game by 4 goals to 3 to qualify.

The 4 winning teams will now contest the County Semi-Finals on the 9th March.

**CHURCH-GATE COLLECTION:** Community Games Annual Church Gate collection takes place next week-end. For most areas, this would be the main fund-raiser and monies raised are needed to cover various running costs such as insurance, registration, purchasing medals, hiring halls etc for the many events that are undertaken by areas.

**HEALTHY EVENTS:** The Healthy Events Award 2014 is a National initiative to encourage Community Games to make their events more health-promoting in sustainable ways to impact positively on the health of children, parents and the wider community. In order to participate in this year's Healthy Event Awards, areas need to submit their interest before the 28th February.

**TIP FOR A HEALTHY EVENT:** Do a fun warm-up with all the participants (and volunteers!) at events.

**UPCOMING EVENTS FOR FEBRUARY & MARCH:** 15th February - Table Tennis; 16th February - Boys Indoor Soccer U13; Art & Handwriting - 1st March; Indoor Soccer Girls U10 - 2nd March; Indoor Soccer Boys Final - 9th March; Draughts - 16th March; Basketball Girls U13 - 22nd March; Chess - 29 March; Rugby Mini U11 - 30th March. See below for check in times & closing dates for completed entry forms.

**DATES FOR YOUR DIARY:** Check in Times: Table Tennis - 10.30 Balloonagh School, Tralee; Indoor Soccer Boys Under 13 - 9.30am & 1.30 Listowel & Mountcoal - Teams have been notified of venues/times.

Closing Dates for receipt of Completed Entry Forms: Art, Handwriting, Girls Indoor Soccer Under 10 & 13 is Thursday 20th February.

Fixture Dates for some of our bigger competitions: Art & Handwriting (1st March); Draughts (16 March); Swimming (Sunday 4 May); Gymnastics (11 May); Athletics

(21st/22nd June).

## KILLARNEY SOUTH COMMUNITY GAMES

**INDOOR SOCCER:** Our under 10's competed valiantly in their group at the County qualifiers in Listowel, at the weekend. However the competition was very steep and on this occasion they will not progress. Well done to all the team and especially Robin O Day for his role as team manager on the day.

**BASKETBALL:** Basketball team under 13 boys, currently seeking a selection panel.

**FOOTBALL:** Under 10 training will be commencing in the near future, please follow updates on facebook for location and times

**PROJECT COMPETITION:** The following are the team (minimum of 2 maximum of 4 participants) project titles for 2014. Under 11: present a project on your county, outlining some of the defining features of the county, its history and any other relevant or pertinent information, ie images, OR Endangered animals of the world, a project based on a species of your choice. The under 13 title is "The role of the internet", a project based on the history of the net, its development over time and its influences on people in all aspects of life, ie Education, business, social. The under 16 project is "Research and discuss the influence pop music and the culture surrounding it has on young people", present a project based on the above statement. For further information on the project competition please email amgcommerce@gmail.com.

**FACEBOOK:** Please follow Killarney South Community games on Facebook for all new updates, pictures and reports. All electronic queries can be forwarded to killarneysouthcommunitygames@gmail.com. Telephone enquiries to Noreen Cooper 087 674 6189.

## KILLARNEY COUGARS BC

With David Aherne

### SENIORS

#### Mens Div 1

**Glenbeigh Falcons 40**

**Killarney Cougars 71**

Cougars travelled to Glenbeigh for a second meeting of the season with the Falcons and came a way with the points with a strong finish in the final quarter. The home side defence worked hard to frustrate Cougars getting into their stride to keep the game tight in the opening two quarters. Cougars finally opened up a gap in the third quarter to finish comfortable winners by the finish to continue their good start to the season. Best for Cougars were Dan Cronin, Alan Flynn, Eugene Bowler and Darren Gaffey.

### Women's Senior Cup

**Killarney Cougars 81 Lixnaw 44**

Cougars produced a strong team performance from start to finish to see off North Kerry side Lixnaw in this Seniors Womens Cup Semi-Final at the Pres Gym. Cougars led 21-12 at the end of the opening quarter with all the starting five on target giving Cougars a very comfortable lead. Cougars high tempo and impressive shooting continued in the second quarter as they scored a further 26points to lead 47-25 at halftime. Cougars controlled the second half to finish very impressive winners and advance to a final meeting with league leaders Kcymys. Best for Cougars were Allyson Caggio 16 points, Marion O'Callaghan 15 points, Alma O'Mahony 13 points, Chloe O'Doherty 10points.

### JUVENILES

#### Boys U12 Plate Semi-final

**Killarney Cougars 29 St Paul's 16**

Cougars hosted neighbours St Paul's at the Pres Gym in this important Semi final clash and an impressive opening half saw Cougars in control to lead by 14 points at haltime. Cougars strong defence frustrated the visitors with the Cougars giving no opportunity of a come back by the hard working Pauls side. Cougars continued to control the second half with a good spread of scores through the team and good baskets by Joe Cahillane, Padraic Talbot and Tommy Bowler saw Cougars finish the game strongly despite the late fightback from the visitors. Cougars advance to their first County Final against a strong Kenmare Kestrels side.

Best for Cougars were Colm Talbot, Dion O'Neill, Ruairi Murphy, Joe Cahillane and Sean O'Brien.

#### Girls U14 Div 1

**St Josephs 26 Killarney Cougars 45**

Cougars made the long journey to Athea on Saturday morning for this important game and they turned in a very good performance to secure the points. Cougars lead all through the game and led 11-5 at the end of the opening quarter and increased this lead with a very strong second quarter to lead 24-10 by halftime. Cougars controlled the second half and solid defence saw the home side challenge fade as Cougars eased to a very comfortable win. Cougars had good performances from Kate Maher, Kate Stack, Ciara Griffin, Anna O'Reilly and Grace Cahillane.

#### Girls U14 Div 1

**St Marys Castleisland 44**

**Killarney Cougars 23**

Cougars travelled to Castleisland to take on the unbeaten league leaders St Marys and despite a great effort the home side finished strongly to complete a league double over the Cougars. This was a very entertaining game with the Cougars defence keeping them in the game, but the failure to convert good chances proved costly as the more clinical finishing by the home side saw them deservedly come through a good test. Best for Cougars Kate Maher, Kelly Ahern, Shelly Clifford, Erica McGlynn and Shona





OBrien

## Girls U14 Div 2

### Gneeveguilla 31 Killarney Cougars 30

Cougars travelled to Rathmore to take on Gneeveguilla and were beaten by a late basket in the closing seconds of a very entertaining game. The home side led for most of the game, but Cougars were very determined and kept in touch with some fine baskets. Cougars edged ahead with just seconds remaining but the home side responded well to work a very good basket to secure the points and maintain their unbeaten run at the top of the table. Best For Cougars were Orla Moynihan, Anna Clifford, Shelley Clifford and Ellen Sheehan.

### FIXTURES:

#### U12 Boys Plate Final

Saturday February 15th

Cougars v Kenmare, Pres Gym.

#### U12 Girls Plate Final

Sunday February 16th Tralee Tigers or Cougars v Caherciveen, Pres Gym.

**MEN'S KILORGLIN BLITZ:** Saturday February 15th Cougars v Kilorglin 9am, v Listowel 10.30am, v St Vincents 7pm.

New members welcome, to join and can register at the above sessions or by contacting the secretary on 0874175493.

For the latest information and the correct training times please check the website at [www.killarneycougars.com](http://www.killarneycougars.com)

## KILLORGLIN ROWING CLUB

### ST. MICHAEL'S HEAD OF THE RIVER:

Unfortunately, due to adverse weather conditions St Michaels Head of the River was cancelled. It is now rescheduled to Saturday, the 22nd of February.

**CORK HEAD OF THE RIVER:** Killorglin rowers will compete at the Cork Head on Saturday, the 15th of February on Marina in Cork. The crews are as follows: Men's Junior 14 quad of Sean Houlihan, Shane O'Connor, Conor Murphy and Michael O'Connor. The Men's Junior 16 double scull of Kieran O'Sullivan and John F O'Grady. The boys will team up with Sean Houlihan and Cathal O'Donovan for the Men's Junior 16 quad. Maeve McGillycuddy and Karen Joy will race the Women's Senior Double and a Pair. It is also great to see our past members coming back to compete again, Caroline O'Riordan and Sarah Jane Bennett are racing in the Women's Intermediate Quad with Maeve and Karen. Emma Murphy and Kerri Fay will also compete in this category on the day. Let's not forget about our Senior Men! The panel consists of Fionan Crowley, Paul Sheehan, John Buckley, Paul Bradley and Martin Leahy who will compete in a range of events. Sionhan Joy is our cox on the day. Best of luck to all the athletes and let's hope the weather will be kind this weekend!.

**NATIONAL TRIALS:** Best of luck to Monika Dukarska who will represent the Club at the

second part of the National Assessment in Newry. The final assessment is being held in March at the National Rowing Centre in Cork. Make us proud Monika!

Also, big congratulations to Monika for being named the Olympic Rowing Sport's Person of 2013. The awards ceremony is being held on Friday, the 21st of February.

### KILLORGLIN ROWING CLUB MONTHLY

**DRAW:** Please support Killorglin Rowing Club monthly draw. The fee is only €2 a week. Simply e-mail [killorglinrowingclub@gmail.com](mailto:killorglinrowingclub@gmail.com) with intention to sign up and we e-mail you a form to fill in. Once that's completed we will do the rest. Your support is greatly appreciated.

**TRAINING:** Training continues at the Boat House Monday to Thursday 6pm-8pm for Juniors and 8pm-10pm for Seniors. E-mail [killorglinrowingclub@gmail.com](mailto:killorglinrowingclub@gmail.com) for a training schedule or text 087-2930461 for more details. New and old members welcome! All Ireland Coastal Rowing Championships are returning to Waterville in 2014, let's begin the training!

## MILTOWN/LISTRY COMMUNITY GAMES

There is a lot of Community Games activity going on at present in our Area.

**QUIZ:** Please note we are holding our own local U14 Quiz Competition in Nagle Rice Junior School on the Killarney Road on Weds February 19th at 5 pm. We encourage as many children as possible to partake as this is a great Competition.

**ART:** We had a big number of entries in the Art Competition through the local schools and we thank the teachers for assisting with this activity. We are now just awaiting adjudication on these and results should be known shortly. Indoor Soccer U13 girls

We're up and running with a panel of 8 and great credit is due to the girls as it is the first time we have entered this Competition. We hope to have a few friendly games before Co. finals on March 2nd.

**DRAUGHTS:** We have started our draughts training over the past 2 weeks and numbers are increasing each week. We expect to have teams in place at the 3 levels of U10, U12 and U14 with Co. Finals on March 16th.

We are looking for parents/volunteers to help with the organisation of entry into other activities such as Swimming, Gaelic Football U10, Cycling on Grass, Model Making. If you or your children would be interested in participating in these or other activities, please give Denis a call at 087-9662332 or Pa a call at 087-6447788.

## GNEEVEGUILLA BASKETBALL CLUB

**FUNDRAISING:** We are holding a fundraising

Table Quiz on Saturday 22nd February in the Club Bar Gneeveguilla at 8.30pm. Tables of 4 - €40 per Table. We would very much appreciate your support.

**SCRAP METAL COLLECTION:** Will be held on Saturday 26th April. More details later.

**RESULTS:** Well done and congratulations to all the boys and girls who played in Kerry Area Board League games in the last two weeks.

## WORKMEN'S ROWING CLUB

The Workmen's Rowing AGM for 2014, takes place on Thursday 20th February, 8.30pm at The Killarney Avenue Hotel. All Members are invited to attend. Election of Officers and programme of events will be discussed and voted on. On the night Our Registrar Mary Moynihan and Treasurer Pauline have requested Membership and Rowing Ireland registration fees. Details will be texted to all members.

As you know our Club Secretary has been nominated in The Rowing section of the Rentokil Initial Kerry sport stars and special awards gala Banquet for playing year 2013, taking place in the Malton Hotel, Killarney, (tickets for the event are €35 for any member wishing to attend and support Kieran). Here's a briefing on his citation on behalf of the Workmen's RC.

'Kieran Counihan, has had a remarkable rowing career with the Workmen's RC Killarney, we thought winning the Novice 4 at the Rowing Ireland All Ireland Championships in 2010 was the highlight. But, In July last year, he steered his crew to gold in the Killarney Regatta, and in August of 2013, as stroke, He brought his crew - Mike Sweeney, Bernard Sweeney, Mike Quirke, to All Ireland glory at the All Ireland Coastal Rowing Championships in Antrim, Coxed by David Hussey and trained by Kevin Tangney. It was a very poignant win for the crew. Members of the Workmen's RC, family and friends waited for news of the race. Kieran had one person in mind in that race, and that was Brendan Heffernan, The Club's Honorary Treasurer, who was terminally ill at the time. Kieran knew it was the most important race his crew would ever row. It was the best day in The Workmen's RC, as news filtered to everybody, Kieran and his crew knew that Brendan's wishes and dreams were fulfilled. Kieran's proudest moment was presenting the cup to Brendan when they arrived back to Killarney. Kieran is also Club Secretary, a position he has held for 10 years. We know that Kieran has many races left to win. But His proudest day was in August last year'.

Best of Luck to our Kieran! With you all the way!



## KILLARNEY ATHLETIC A.F.C. NOTES

**FIXTURES:** Kerry Schoolboys/Girl League  
Saturday 15th February

### UNDER 13 CUP

Killarney Athletic v Killorglin B.

### UNDER 14 CUP

Killarney Celtic B v Killarney Athletic.

### UNDER 15 CUP

Killorglin v Killarney Athletic B.

Killarney Athletic A v Killarney Celtic B.

### UNDER 16 CUP

Killarney Athletic B v Fenit.

### LEAGUE FIXTURES

#### UNDER 12 PREMIER

Killorglin v Killarney Athletic.

#### UNDER 14 DIVISION 1

Killorglin A v Killarney Athletic.

#### UNDER 16 PREMIER

Park A v Killarney Athletic A.

#### UNDER 16 DIVISION 1

Inter Kenmare v Killarney Athletic B.

**TRAININGTIMES:** Tuesday Under 14 7.00pm – 8.00pm Fossa astro turf. Senior 8.00pm – 9.00pm Fossa astro turf. Wednesday Girls 6.00pm – 7.00pm, Under 13 7.00pm – 8.00pm Fossa astro turf. Thursday Under 15 6.00pm – 7.00pm Fossa astro turf. Under 16 7.00pm – 8.00pm Fossa astro turf. Friday Under 11 and 12 3.45pm – 5.45pm. Senior 7.00pm – 8.00pm Fossa astro turf. Academy under 6-10 5.00pm – 6.30pm Fossa astro turf.

**300 CLUB MEMBER:** Congratulations to Joanne O'Sullivan on being January's 300 club member draw winner of €1000.

**BEST OF LUCK:** To Dr. Crokes in the All Ireland semi final.

**ENGAGEMENT:** Congratulations to senior player Denis Galvin who got engaged to Eimear Murphy. They are both currently working in the Middle East.

**CONDOLENCES:** Sympathies to The Courtney family on the death of their Brother. Sympathy to Blanche O'Brien, Pinewood on the death of her Husband Batty and Sympathy to the Clifford family on the death of Richard Clifford.

**MERCHANDISE:** Killarney Athletic merchandise can now be ordered on merchandise@killarneyathletic.com

**KILLARNEY ATHLETIC WEBSITE:** Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

**CONTACT:** If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

## KILLARNEY CELTIC NOTES

Killarney Celtic Annual Party and Awards Presentation night saw a large crowd applaud as Carmel Lanigan was named our Club Person of the Year, Gintarus Paketuras was named Senior Player of the Year, Joe Joe Fleming was named Reserve Player of the Year, and there was a special presentation to the U14 Girls management team who won the Munster Cup. Killarney Celtic hosted a challenge game between the Kerry District League and Cork City last weekend and, while the result didn't go our way, this was a great challenge of benefit to both teams and a good draw saw a very entertaining game.

**LAST MAN STANDING:** Man United's draw with Fulham didn't just compound David Moyes' woes; it also cut a vast swathe through our Last Man Standing ranks, leaving just 15 survivors to battle it out for the prize.

Killarney Celtic are always looking for more members and players, most especially right now for our U16 Girls team, who train every Tuesday from 7.00pm to 9.00pm. Contact Donal Doherty on 086 1929484 for details.

**RING OF KERRY CHARITY CYCLE:** The Ring of Kerry Charity Cycle is one of the greatest charitable institutions in the whole country and Killarney Celtic are proud of all our members and all the other people who take part. While all of the causes are hugely worthwhile, we would ask those participating to consider supporting the Kerry Stars in particular.

**RESULTS: Denny Premier A:** Killarney Celtic at home to Castleisland, Friday, 7.30pm.

**Denny Premier B:** Killarney Celtic B at home to Lenamore Rovers, Sunday, 2.30pm.

### RESULTS: U15 Kerry Cup: LISTOWEL CELTIC B 0 KILLARNEY CELTIC 2

Killarney Celtic came out of the Hoops derby with a 2-0 win, and it could have been even more after a very good display.

### U13 NATIONAL CUP: MERVUE UNITED 2 KILLARNEY CELTIC 0

Celtic bowed out of the competition in style after putting up a fantastic battle against an excellent Mervue. Patrick Darcy, Dara Dennehy, and David Dineen were the pick of Celtic, but every player gave it everything possible.

### FIXTURES:

**Munster Junior Cup:** Killarney Celtic away to Skibbereen, Sunday, 2.00pm.

**U17 League:** Killarney Celtic at home to Castlegregory, Saturday, 2.30pm.

**U16 Girls:** Killarney Celtic away to Listowel Celtic, Saturday, 2.00pm.

**U16 Premier:** Killarney Celtic at home to Fenit, Saturday, 12 noon.

**U16 Div One:** Killarney Celtic B away to Castleisland, Saturday, 12.30pm.

**U14 Kerry Cup:** Killarney Celtic A at home to Camp, Saturday, 12 noon.

**U14 Kerry Cup:** Killarney Celtic C at home to Kenmare, Saturday, 12 noon.

**U13 Girls:** Killarney Celtic home to Listowel

Celtic, Saturday, 2.00pm.

**U13 Kerry Cup:** Killarney Celtic C at home to Park A, Saturday, 12 noon.

**U12 National Cup:** Killarney Celtic away to Peake Villa, Saturday, 2.00pm.

**U12 Kerry Cup:** Killarney Celtic B at home to Mastergeeha, Saturday, 10.30am.

**U12 Kerry Cup:** Killarney Celtic C at home to Kenmare, Saturday, 10.30am

Please note that all of these fixtures may be subject to change. Players and parents are advised to stay in touch with team managements.

**FOOTBALL FOR ALL:** Killarney Celtic FC Football For All team coaching sessions are taking place every Monday from 5.30pm-6.30pm at the Club Vitae Leisure Centre in the Quality Hotel. This is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729.

**PITCH BOOKINGS:** Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809.

**LOTTO RESULTS:** Numbers drawn 2, 11, 15, 21. No winner, three x match 3, Niamh Casey, Countess Rd., Kevin O'Sullivan Darcy, Lissivigeen, Gene McCarthy, €50 each. Next week's jackpot €4600, draw in the Failte on Monday night. Tickets available from all club officers.

**LOTTO SELLERS / YEARLY LOTTO:** The club is calling on all members to sell at least 5 Lotto tickets. We all saw the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

## SCHOOLBOY SOCCER

First 2 Kerry sides reach National Cup Last 16: National Cup Last 32:

**13'S:** Neangh 4-5 Killorglin AET

Killarney Celtic 0-2 Mervue Utd

**16'S:** Birr Town 4-5 St Brendan's Park AET.



## KERRY CUP'S FIRST ROUND:

### JOHN MURPHY 12'S CUP:

Camp B 1-5 Park A

Camp A 4-5 Park C

**13'S CUP:** Kingdom Boys 6-0 Ballyheigue Athletic.

**15'S CUP:** Listowel Celtic B 1-2 Killarney Celtic League:

### DALY'S SUPERVALU 13'S DIVISION 1:

**REPORTS:** 2 sides into National Cup Last 16:

With lots of uncertainty still surrounding this seasons National Cup the Kerry teams involved have agreed to continue in the competition 'under protest'. The competition has already lost all the Cork sides and Ballinsloe Town who have pulled out in response to the actions of the DDSL. Even with the redraws and the seeding in their section they are still rounds behind so where that dispute will finish up is unknown.

However for the kids taking part this is secondary. They want to play soccer and the three teams involved this weekend certainly played in some exciting games.

**13'S NATIONAL CUP:** The Killorglin 13's travelled to Nenagh, amazingly the same tie came out in both draws! The Kerry side went 1 down but thanks to goals from Jack O'Connor and Gar Hassett they led 2-1 going into the closing stages. However the home side equalised sending the tie into extra time.

The extra period was a cracker with the sides sharing 5 goals and thankfully Killorglin got three of them. Dylan O'Neill got 2 and Eoin Clifford the other to send Killorglin into the last 16 and an away trip to Galway to face Mervue United provisionally fixed for the weekend of February 22nd. Should they win that game, and they are certainly capable, they will have a home quarter final – a nice carrot.

## KILLARNEY CELTIC 0-2 MERVUE:

Sadly Killarney Celtic were not able to set up a Last 16 clash with Killorglin as they went down 2-0 to the aforementioned Mervue. The visitors were quickest out of the blocks and were 1-0 within two minutes and they doubled their lead inside the first 15 minutes. Mervue played with fast strikers and when they turned the Celtic defence they had them in trouble. To Celtic's credit they battled hard after that early set back but just couldn't get that first goal that might rattle the Galway side. Both teams deserve great credit for the type of football they played in very bad conditions.

**16'S NATIONAL CUP.** With 15 minutes left in the Park's game away in Birr the bus was being started up for the trip home as the Kerry side were 4-1 down. However as we all know you can never write off a Park side and 2 goals from Jesse Stafford Lacey, who was completing his hat trick and one from Sequine Douyile saw them draw level. Into extra time and the momentum was with the Park and Ferdia O'Brien scored the only goal to send the travelling fans wild and the team into the Last 16. Their game is also set for February 22nd but with Corduff waiting to see who comes from the delayed DDSL section this could be pushed back. The good news for The Park is that they are at home in that game, and indeed home is subsequent rounds if they get through.

## THE KERRY CUP'S FIRST ROUND:

**JOHN MURPHY CUP:** The first round of the John Murphy 12's Cup saw Park A and Camp A progress. The Park A side defeated Camp B 5-1. Mervyn Shambala got 2 with Liam Tobin, Conor O'Sullivan and Colin Walsh all getting one each. The game was played on the Tralee IT as Camp's pitch was unplayable which probably suited the winners.

Also in the IT Camp A progressed to the next round thanks to a 4-0 win over Park C. Eoghsn Lyne, Jack Shannon, Cian O'Grady and David Smith got the goals. The Park A are away to Killarney Celtic C and Camp are also on the road as they head to Murt Scott Park to take on Ballyhar.

**13'S CUP:** Kingdom Boys were too strong for Cup side Ballyheigue Athletic and progressed to the next round thanks to goals from David Rogers, Brian O'Dowd, Codi Douti, Sonny Raamoni, Nathan Holden and Taerrance Carmody. However for a side only put together for the Cup Ballyheigue acquitted themselves and wouldn't it be great to see them enter the League on a full time basis at 14's next season. Kingdom Boys await the winners of their teammates on the B team's clash with Fenit.

**15'S CUP:** Killarney Celtic A travelled to Pat Kennedy Park to take on Listowel Celtic B. The Killarney side won the battle of the Celtic's 2-1 and would have had an easier progression to the Last 8 except for the excellent goalkeeping of Listowel Celtic's Cameron Joy.

## DALY'S SUPERVALU 13'S DIVISION 1:

There was one game in the League in the 13's Division 1. Ballyhar took the points away to Listowel Celtic B 3-1 with Aaran Flynn, Brian O'Driscoll and Dylan Callaghan getting the goals.

## INTER LEAGUE NEWS:

The Kerry's 12 had a good win in their friendly with the Desmond League on a 3-1 score-line. Listowel Celtic's Sean McGrath scored twice and Connie O'Connor (Castleisland) got the other in a 3-1.

The Kerry's 12's ETP squad are in preparation for their upcoming Inter League campaign.



ALEX HENNIGAN SPA MUCKROSS A.C. WHO WON GOLD AT THE MUNSTER INDOOR CHAMPIONSHIP IN THE U.10 LONG JUMP AT NENAGH ON SATURDAY 8TH FEBRUARY.



KILLARNEY SOUTH COMMUNITY GAMES U.10 SOCCER SQUAD WITH MANAGER ROBIN O'DAY WHO COMPETED IN THE COUNTY FINALS IN LISTOWEL LAST SUNDAY.



## DEERPARK PITCH & PUTT NOTES

With John Kelly

Favourable weather conditions and a good turnout of members contributed to the success of Sunday mornings competition and it was the combination of Betty O'Brien and Conor McCarthy who emerged victorious.

There was also a good turnout from Deerpark and Gleneagle for the Seniors Outing on Tuesday which was won by Eileen Switzer and Hugh O'Sullivan.

Weather permitting there will be a further competition on this Sunday open to Adults and Juveniles Entry €3

**MEMBERSHIP 2014:** Colm O'Dowd and Sean Kelly will be available in The Clubhouse on this Saturday 15th Feb 10am to 11am for the collection of 2014 Membership and on next Wednesday evening from 5-15 to 5.45 pm. The club is pleased to announce that membership rate remain unchanged for the current season. Adults €110, Family €200, Juveniles €80, Students €90 and OAP €50. Registration for the PPUI is included in those rates. There is also a special offer going at the moment of a 10% discount on all memberships and this offer expires on March 17th. We would urge all members be they current or new to pay as soon as possible to avoid the disappointment of not being registered to play in a particular competition, (it takes one week to get registered) More info can be obtained by ringing either Colm O'Dowd @087-7673742 or Sean Kelly @ 086-0508686.

**KERRY SPORTS STARS:** Best wishes are extended to Mary Murphy and Damian Fleming who have been nominated for a Kerry Sports Star Award by virtue of their victory in the National Mixed Foursomes.

**BOB CASEY COMPETITION:** The Bob Casey will take place on March 9th and 16th and members wishing to participate are requested to contact the competition secretaries John McGrath or Gerry O'Sullivan.

**PPUI COMPETITION:** Club members wishing to compete in this season PPUI competitions are invited to contact Sean Kelly at 086--0508686



PRIZEWINNERS AT THE PITCH & PUTT CLUB PRIZE GIVING AT SCOTTS HOTEL ON FRIDAY NIGHT WERE BACK ROW L-R MARY O'BRIEN, COLM BRADY, CONOR MCCARTHY, LOUISE SEXTON, LIZ O'REGAN, BARRY FLEMING (SPONSER DALY'S SUPERVALU), SHEILA O'DONOGHUE, SEAN O'BRIEN & ROBERT O'BRIEN. FRONT ROW GER CASEY, DANIEL SHINE (CAPTAIN) AND BETTY O'BRIEN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

**ALL - IRELAND CLUB SEMI FINAL:** Best Wishes are extended to our neighbours Dr Crokes in Saturday's All -Ireland club semi-final at Portlaoise.

Items for this column can be forwarded to kellydoolan@eircom.net

## KILLARNEY GOLF & FISHING CLUB NEWS

With Eileen Tarrant

**SPRING LEAGUE:** Ladies sheet for Spring League on Notice Board, draw will take place late February.

Captains and President's Drive In has been rescheduled to Sunday 23rd February, Drive In at 10.00 am followed by Joe Geaney-Kerry Linen Services Mixed Foursome Competition.

**I.L.G.U. Private Homecare Inter Club CHAMPIONSHIPS:** If you are interested in playing in any of the Teams please tick your Name on the appropriate Handicap Sheet on Ladies Notice Board.

There was a very good turnout for the recent clean up of the Course.

**RECENT COMPETITIONS** have all being cancelled due to inclement weather.

Competitions will be resumed as soon as Courses are playable.

## GLENEAGLE PITCH & PUTT NOTES

**RESULTS:** Sunday February 9th 1st Trevor Shine and Sean Ashe, Gross Daniel Shine and Sean O'Brien. We will hold the Garda Shield this Sunday February 16th. One draw at 9.45am

**BEST OF LUCK** to Dr. Crokes in the AIB All Ireland Club Football Championship semi final.

## KILLORGLIN GOLF CLUB (MENS)

With Mike Kennedy

12 hole competition stableford. Sun Feb 2nd. 1st Mikey Griffin (21) 28pts. 2nd Donie Evans (11) 25pts. Sun 9th. 1st Danny Brosnan (11) 33pts.

**FIXTURES:** 12 hole competitions continues. The first round of the spring league has been extended to Sun next Feb 16th due to inclement weather. The Bianconi weekend away will take place this year on April 12,13th playing Fota on Sat and Waterrock on Sun and staying in the Midleton Park hotel. Remember the Irish Open will be played in Fota this year so why not come along and play it before the best golfers in the world get out there. A sheet for this will be in the shop and there will be great interest, so if you want to go, then get your name down as soon as possible. The cost will be €150 for 2 rounds of golf and accommodation.

AT THE PRESENTATION OF PRIZES OF THE GLENEAGLE PITCH AND PUTT CLUB KILLARNEY AUTOS WHITEFIELD CHARITY OPEN / CHRISTY BRADY MEMORIAL PRIZE WERE FRONT FROM LEFT, LIZ BRADY O'REGAN, GER CASEY, BETTY O'BRIEN, LOUISE BRADY SEXTON AND MARY O'BRIEN. BACK FROM LEFT ARE SEAN O'BRIEN, JOHN O'BRIEN, DANIEL SHINE (CAPTAIN), SHEILA O'DONOGHUE, SEAN ASHE, CONNIE BRADY, ROBERT O'BRIEN AND ANDREW O'CALLAGHAN. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).





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RECIPES OPERATION  
 TRANSFORMATION  
 BREAKFAST OPTIONS OMLETTE

- The Ingredients**

  - 2 eggs
  - 25ml low fat milk
  - 50g mushrooms, sliced
  - 25g ricotta cheese
  - 1 tomato, diced
  - Pinch of salt and pepper
  - 1/2 tablespoon rapeseed oil
- The Method**

In a bowl, beat the eggs and milk together.

Add the mushrooms, tomato and cheese to the egg mixture with a

pinch of salt and pepper.  
 Place oil in a frying pan and put on medium heat.  
 Pour the egg mixture into the pan and allow the egg to cook around the edges.  
 Lift up one side of the omelette to check if the egg has slightly browned. The inside of the mixture will still be a bit runny.  
 Once the bottom is browned, flip the omelette and cook for 1 more minute on the other side



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132	Opel Zafira Tourer SC 2.0 Diesel	Black	18k	€26,950	2011	Opel Insignia S 4 door 2.0 Diesel	Grey	65k	€16,950
131	Opel Insignia S 4 door 2.0 Diesel	Silver	17k	€23,950	2010	Mazda 3 1.6 Diesel	Black	60k	€12,950
131	Nissan Qashqai 1.5 Diesel	Black	40k	€21,950	2010	Opel Corsa SC 5 door 1.2 Petrol	Silver	70k	€9,950
131	Opel Astra S 4 door 1.4 Petrol	Black	26k	€17,950	2010	Ford Focus Style 5 door 1.6 Diesel	Silver	25k	€13,950
2012	Opel Astra SC 5 door 1.7 Diesel	Black	33k	€17,950	2010	Skoda Octavia 5 door 1.2 Petrol	Red	40k	€11,950
2012	Opel Zafira Club 1.7 Diesel	Black	55k	€18,950	2010	Renault Scenic 1.5 Diesel	Brown	70k	€12,950
2012	Opel Corsa SC 5 door 1.2 Petrol	Silver	30k	€12,950	2010	VW Scirocco 3 door 1.4 Turbo Petrol	White	45k	€17,950
2012	Opel Corsa SC 5 door 1.2 Petrol	Silver	55k	€12,950	2010	Opel Insignia S 4 door 2.0 Diesel	Black	140k	€14,250
2012	Opel Insignia Elite Tourer 2.0 Diesel	Black	29k	€25,950	2009	Opel Vectra Club 1.6 Petrol	Silver	150k	€7,950
2012	VW Passat Comfortline 4 dr 1.6 Diesel	Black/Blue	36k	€22,950	2009	Opel Corsa Sxi 3 door 1.2 Petrol	Grey	80k	€8,950
2012	Opel Insignia SC 4 door 2.0 Diesel	Silver	69k	€19,950	2008	Skoda Fabia Estate 1.2 Petrol	Grey	80k	€5,950
2012	Ford Fiesta Style 5 door 1.2 Petrol	Red	24k	€12,950	2007	Opel Corsa Club 5 door 1.2 Petrol	Red	140k	€5,950
2012	VW Jetta 1.6 Diesel	Black	100k	€17,950	2007	Opel Zafira Club 1.6 Petrol	Black	155k	€5,950
2012	Hyundai ix35 1.7 Diesel	White	37k	€23,950	2007	Peugeot 207 5 door 1.2 Petrol	Red	125k	€5,950
2011	Opel Astra GTC Sxi 3 door 1.4 Petrol	Grey	39k	€13,950	2006	Opel Corsa N-Joy 5 door 1.0 Petrol	Black	71k	€5,950
2011	VW Golf Comfortline 5 door 1.6 Diesel	Red	89k	€15,950	2006	Ford Focus LX 5 door 1.4 Petrol	Silver	145k	€5,950
2011	Opel Zafira Club 1.7 Diesel	Silver	80k	€15,950	2006	Saab 9 3 Estate 1.9 turbo Diesel	Grey	90k	€5,950
2011	Renault Fluence Tom Tom 4 dr 1.5 Dsl	Red	44k	€14,950					

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09 Ford Focus



10 Audi A4



11 Ford Focus



10 Kia Cee'd



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## ECO-DRIVING

### How to get the most out of the fuel you buy

Car choice plays a big part in the extent to which your motoring affects the environment, but whatever car you've got there's a number of simple things you can do to reduce energy use (fuel consumption), CO2 emissions and pollution.

These eco-driving tips are the motoring equivalent of insulating the hot water tank, fitting low energy bulbs and not leaving the tv on standby – simple, common sense tips that really will make a difference. You'll save money on your fuel bills too.

#### Maintenance

**Regular Servicing** – Get the car serviced regularly (according to the manufacturer's schedule) to maintain engine efficiency.

**Engine oil** – Make sure you use the correct specification of engine oil (refer to the handbook)

**Tyre pressures** – Check tyre pres-

ures regularly and before long journeys. Under-inflated tyres create more rolling resistance and so use more fuel. Getting tyre pressures right is important for safety too. Refer to the handbook as pressures will normally have to be increased for heavier loads.

#### Before you go

**Lose weight** – Extra weight means extra fuel so if there's stuff in the boot you don't need on the journey take it out and leave it at home.

**Streamline** – Roof racks/boxes create extra wind resistance and so increase fuel consumption. If you don't need it take it off, if you do, pack carefully to reduce the extra drag.

**Don't get lost** – Plan unfamiliar journeys to reduce the chance of getting lost - try the AA Route planner or consider a 'Sat Nav' if you regularly drive unfamiliar routes. Check the traffic news before you go too.

**Combine short trips** – Cold starts are inefficient so it pays to combine errands such as buying the paper, dropping-off the recycling, or collecting the kids into one trip rather than



making multiple short trips.

**Consider alternatives** – If it's a short journey (a couple of miles or so) consider walking or cycling rather than taking the car – fuel consumption is worse when the engine's cold and pollution will be greater too until the emissions control system gets up to normal temperature.

## ARE YOU IRELAND'S SAFEST YOUNG DRIVER?

### Ireland's young drivers to take part in a major new road safety challenge

Young drivers across the country are being urged to sign up to take part in a major road safety challenge which could earn one of them the title of 'Ireland's Safest Young Driver' and the chance to drive free for a year.

The competition, which will put the driving skills of more than 60 young drivers from across Ireland to the test using innovative in-car 'black box' technology, is organised by

leading accident services provider CRASH and supported by the Gallivan Murphy Hooper Dolan Insurances.

Young drivers aged between 17 and 21 who make it to the shortlist – which will include young men and women from every county in Ireland – will have their vehicles fitted with Ingenium Dynamics, an award-winning driver behaviour management system which will monitor and help to improve their driving habits over a 10-week period as part of a wider campaign to promote road safety awareness.

The young driver with the best overall driving score will win a total prize fund worth €4,000 to help keep them driving over the next full year. This includes €1,500 towards insurance, €1,500 towards fuel costs and €1,000 towards other motoring costs. Each provincial winner will also receive €500 towards motoring costs.

Simon Gallivan, Business Development Manager of Gallivan Murphy Hooper Dolan Insurances said: "We know only too well the devastating impact accidents can have on people's lives." Younger drivers in Ireland remain most at risk and in need of guidance on road safety issues. We hope that this competition will help to raise awareness of those issues in an exciting way that will help to focus their attention and allow them to learn along the way. "This technology will also give parents of young driver's great peace of mind as it will tell them where their children are and how they are driving"

Closing date for application is the 21st February. To find out more about the competition, please call Gallivan Murphy Hooper Dolan on **064 6634632** or visit [www.ingeniumdynamics.ie](http://www.ingeniumdynamics.ie).

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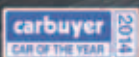
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**\*Brand Names** – Own brand cereal and milk are cheaper than name brands, but for some reason many of us can't ignore the familiar, fancier logo of a recognizable brand. We fall for it repeatedly even though oftentimes the difference between an own brand and brand name product is just the packaging.

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**\*Extended Warranties** – Consumer Reports surveyed thousands of car owners, and most of them found they paid a lot more for their extended warranties than they got back in savings when it came to repairs. Some people never needed the extended warranties at all. Others found that the repairs they needed weren't even covered.

The same issue comes up with extended warranties on other big-ticket items around your home. While a warranty that covers your electronics or appliances sounds helpful, it won't do you much good if you don't use the items very much, if the gadget is obsolete by the time it breaks down, or if the warranty cost more than the service charge to repair it.

**\*Memberships** like gyms are great but only if you go regularly.

**\*Impulse Buys** – Whether you grab an extra bag of crisps toward the end of your grocery store trip or pick up a drink on the way out of the petrol station, it's impulse buying. Retailers know they can tempt you by putting items in a bin close to the checkout counter when you have less time to second-guess your purchases.

## TABLE QUIZ FUNDRAISER FOR RECOVERY HAVEN

Table Quiz in Eddie Walsh's bar Knocknagoshel on this Friday the 14th of February at 9.30 p.m. All proceeds going to Recovery Haven Cancer Support House in Tralee. Table of 4 €20.

Recovery Haven is a tranquil, safe environment, providing psychological and social support for those living with cancer, their families and carers from all parts of Kerry.

Come along and support this worthy cause, spot prizes and refreshments will be served on the night.

## SAMARITANS ARE RECRUITING NEW VOLUNTEERS

If you would like to find out more about what it is like to be a Samaritan volunteer please go along to their information night in the Carlton Hotel Tralee on Wednesday the 19th of February at 8pm.

## CALLING ALL CYCLISTS

The Radio Kerry Ring of Kerry annual Charity Cycle will take place on Saturday 5th July 2014.

As Kerry Hospice Foundation is one of the beneficiaries we would be delighted if you could cycle for us.

Please contact Maura on 087/ 644 1566 or Conor on 087/ 676 6238 for a registration form or you can e-mail rokhospice@gmail.com



## ST VALENTINES DAY

The February 14th feast actually commemorated two Valentines: the first a beloved Christian priest rounded up in Claudius the Goth's persecution (269 A.D.) and beheaded outside Rome; the other a bishop of Terni, about 60 miles from Rome, beheaded in another purge a few years later. Legends attribute affectionate letters from prison to both Valentines.

The day was first associated with romantic love in the circle of Geoffrey Chaucer in the High Middle Ages, when the tradition of courtly love flourished. In 18th-century England, it evolved into an occasion in which lovers expressed their love for each other by presenting flowers, offering confectionery, and sending greeting cards (known as "valentines"). Valentine's Day symbols that are used today include the heart-shaped outline, doves, and the figure of the winged Cupid. Since the 19th century, handwritten valentines have given way to mass-produced greeting cards.

Valentine's Day still remains connected with various regional customs in England. In Norfolk for instance, a character called 'Jack' Valentine used knock on the rear door of houses leaving sweets and presents for children. In parts of Sussex it was known as the Birds' Wedding Day.

In Slovenia, Saint Valentine was one of the saints of spring, the saint of good health and the patron of beekeepers and pilgrims. A proverb says that "Saint Valentine brings the keys of roots". Plants and flowers start to grow on this day. It has been celebrated as the day when the first work in the vineyards and in the fields commences. It is also said that birds propose to each other on that day.

**\*Worldwide**, over 50 million roses are given for Valentine's Day each year.

**\*In the Middle Ages**, young men and women drew names from a bowl to see who their valentines would be. They would wear these names on their sleeves for one week. To wear your heart on your sleeve now means that it is easy for other people to know how you are feeling.

**•Richard Cadbury** invented the first Valentines Day chocolate box in the late 1800s.

**•The oldest surviving love poem** to date is written in a clay tablet from the times of the Sumerians, inventors of writing, around 3500 B.C.

**•In some countries**, a young woman may receive a gift of clothing from a prospective suitor. If the gift is kept, then it means she has accepted his proposal of marriage.

## A FEW VALENTINE'S DAY SUPERSTITIONS

•If an individual thinks of five or six names considered to be suitable marriage partners and twists the stem of an apple while the names are being recited, then it is believed the eventual spouse will be the one whose name was recited at the moment the stem broke.

It is said that the kind of bird a girl sees on Valentine's Day predicts her future husband. For instance:

Sparrow: a poor man

Owl: remain spinster

Goldfinch: a millionaire

Robin: a crimefighter

Flock of doves: a happy, peaceful marriage.

## WELL DONE TO CAROLINE KENNEDY

A few weeks ago Killarney Outlook was brave enough to publish a tweet from Caroline Kennedy in relation to the slaughter of Dolphins in Taiji, Japan.

Caroline Kennedy's Tweet sparked global outrage over the 'Cove' slaughter and for the first time, a Japanese newspaper has denounced the slaughter, a move that has heartened activists and put the Japanese government on notice that the tides may be changing within the country.

The Japan Times, the country's oldest and largest English-language newspaper, ran an editorial that stated, simply, "The dolphin hunt is an inhumane practice that should be stopped."

The editorial breathed new life into the controversy over the Taiji slaughter, in which roughly 900 dolphins are killed annually in the tiny fishing village, and it led activists to declare a small but significant victory.

The Japan Times editorial pulls no punches. "The slaughter is not for the faint of heart. Despite claims of humane killing methods, a video shows the fishermen hacking into the heads and backs of the panicked dolphins."

Japanese Prime Minister Shinzo Abe has defended the slaughter, and Chief Cabinet Secretary Yoshihide Suga recently told reporters that dolphin "fishing" is "traditional" and "carried out appropriately in accordance with the law."

Animal activists challenge such assertions.

"Their argument that the force of tradition justifies the herding, capturing, and slaughtering of dolphins is a flimsy one," The



Japan Times stated, adding that the drive didn't become a large-scale industry until 1969, "so its roots are quite shallow."

This is a major victory for everyone who signed a petition to stop the slaughter and for every magazine and newspaper that published Caroline Kennedy's tweet, bad publicity hurts and as a result of 'The Japan Times' editorial more and more Japanese people will become aware of the cruelty involved and the bad press Japan is getting all over the world.

## TODAYS QUOTE

"Today is Valentine's Day. Or, as men like to call it, Extortion day."  
~Jay Leno.

ON THIS DATE - February 14th:

1700 - A subsidy was authorized to Louis Crommellin for establishing a linen industry

1779 - James Cook, British explorer, murdered.

1783 - Britain formally ceased hostilities in the American Revolutionary War.

1792 - Pianist and composer John Field gave his first public performance at the Rotunda in Dublin

1853 - The Queen Victoria sank in a storm off Howth, with the loss of 55 lives

1895 - Birth in Tipperary of Revolutionary, Sean Treacy

1981 - Stardust nightclub in Artane, Co. Dublin burned down, killing 48 dancers and injuring more than a 100

2000 - Castlecove, Co. Kerry won two prizes in the Nations in Bloom competition, held in Hamamatsu, Japan, overcoming challenges from cities such as Lisbon and Toronto

2002 - Pregnant women were advised by the Departments of Agriculture, Food and Rural Development and of Health and Children to avoid contact with sheep at lambing time. The advice was issued in the context of the potential risks of contracting an infection that can occur in some ewes.

2003 - Hundreds of train passengers had their travel plans disrupted by a lightning industrial action by the National Bus and Rail Workers Union in Cork. All services out of the city's Kent Station from lunchtime until 5pm were affected.

## DO YOU LIKE WESTERNS?

If you ever read a Western or watched "Cowboy Movies" you will know that the "Indians" were always portrayed as the bad guys and the writers even forgot to mention that "Indians" learned scalping from the 'white man'.

Women of the Lakota Sioux living on Pine Ridge Indian Reservation in South Dakota can expect to live 52 years; men typically live 48. These simple numbers bear witness to the story of a people living in some of the most desperate circumstances on the North American continent.

These appalling living conditions manifest themselves everywhere at Pine Ridge. Many are homeless; those lucky to have homes more often than not live in structures that are infested with black mold and lack plumbing and electricity. Unemployment and high school dropout rates are off the charts compared to U.S. national averages. Lakota Sioux residents of Pine Ridge also experience epidemic levels of tuberculosis, obesity, heart disease, and diabetes and rampant alcoholism, gang culture, and poverty.

These conditions did not arise by themselves. The history of relations between the Bureau of Indian Affairs and the Lakota Sioux is littered with broken treaties and violated human rights. The U.S. government has displayed a persistent pattern of inhumane, even genocidal treatment

of the Lakota Sioux and other indigenous groups. We need look no further than the Wounded Knee Massacre of 1890, which was perpetrated at Pine Ridge, to discover the reality of this history and the connection between that history and the Lakota's suffering today.

Yes, the most monstrous of the atrocities occurred many decades ago but the treaties are still being violated. The Bureau of Indian Affairs has failed to honour the 1868 Fort Laramie Treaty to return land to the Lakota Sioux, or to return the spoils of that land to the Lakota to help alleviate their suffering.

## WHY WAS CHARLES DICKENS DYING WISH IGNORED ESPECIALLY BY HIS DECENDANTS?

Charles Dickens stipulated that when he died there should be no memorial to his life, save his writings. However, his home city of Portsmouth has now erected a statue to the celebrated author.

"I conjure to my friends on no account to make me the subject of any monument, memorial or testimonial whatsoever. I rest my claims to the remembrance of my country upon my published works."

Those were the words of Charles Dickens' will as he stipulated his wishes for his funeral in 1870. And for 144 years there has not been a statue of him in his homeland as his wish was honoured. But on what would have been the author's 202nd birthday, a bronze statue of him has been unveiled in Portsmouth, the city in which he was born.

More than 40 of his descendants were at the ceremony and many helped to meet the £140,000 cost.

Mr. Dickens had also stated in his will that he be buried in an inexpensive, unostentatious and strictly private manner, that no public announcement be made of the time or place of his burial and that those "who attend my funeral wear no scarf, black bow, long hat band or other such revolting absurdity. I direct that my name be inscribed in plain English letters on my tomb without the addition of Mr or Esq.

A great-great grandson of Charles Dickens has revealed that he was buried in Westminster Abbey.

## LITTERING IN THE PARK

Despite there being several notices at park gates and regular articles highlighting the dangers of throwing rubbish in the countryside, some people still ignorantly throw out the trash without realizing the deadly consequences it has to wildlife.

So for those of you who are guilty of this behaviour, thinking it is ok to do so because "its only a bottle cap or just a plastic bag", this story is for you!

A wildlife photographer on a recent trip to Tsavo East, on what seemed like a perfectly rewarding day photographing a Cheetah and her Cub that he had been monitoring for 6 months (Malkia and Binti) discovered the day almost turned into tragedy for this beautiful endangered animal.

The Cheetah Cub found a discarded canvas bag hidden in the grass while walking with mom and curiously picked it up.

Excited with its new find, the bag quickly became a play toy and after having its share of fun for about ten minutes, when the time came to move on and let go of the bag, the strings became caught in its teeth.

In a desperate attempt to shake the bag loose, the canvas bag got tangled around the cubs throat turning the situation critical. Ladies and Gentlemen, because of someones recklessness with rubbish, a mother would have lost a daughter, the world would have lost an endangered species and Kenya would have lost its heritage.

Tsavo East National Park named for the Tsavo River, which flows west to east through the national park is one of the oldest and largest parks in Kenya at 13,747 square kilometres. Situated in a semi-arid area previously known as the Taru Desert it opened in April 1948, it borders the Chyulu Hills National Park, and the Mkomazi Game Reserve in Tanzania.

Though this was not Killarney National Park and you are not likely to see Cheetahs wandering loose around here - the message is the same - kindly Stop Littering the Countryside, carry a rubbish bag in your vehicle and educate your friends and children on the risks of littering.







## SouthWest Counselling Centre

# LONELINESS

As social beings, we are hard wired to connect and most of us feel the need for rewarding social contact and relationships. Loneliness is the feeling we get when our need for this type of contact is not met. Loneliness of course is not the same as being alone. We may choose to be alone and live very happy lives without much contact with others. Or indeed we may have much social contact, be constantly surrounded by people, and yet feel very lonely. Loneliness can have a significant impact on our mental health and can contribute to mental health problems, such as anxiety and depression. Loneliness can have many different causes and affects people in different ways. Some people feel lonely due to their personal circumstances (e.g moving to a new area, loss or bereavement). For others however, loneliness can be a deeper more constant feeling that comes from within.

Connecting with the World around us can be a great way to combat loneliness. This may be having a small conversation with the cashier when we pay for our groceries or saying hello to someone we meet in the street. Phoning or sending an email to family and friends can be a good reminder that we do have people in our lives.

Our brain can try to make sense of the feeling of loneliness by telling us things such as 'It is because nobody loves me' or 'There is something wrong with me' These thoughts are not facts – and can make us feel worse. Thus it is important to accept how we are feeling without overreacting. When we feel lonely, the tendency might be to withdraw into ourselves and this can be counterproductive. The healthiest thing to do if we are feeling lonely is to reach out and cultivate friendships. Reaching out can be difficult and at times we will resist it. However, think of it in the way you might approach exercising - whilst we may feel tired or lazy it is a beneficial thing to do.

We need to tackle loneliness one step at a time. It may involve finding a new hobby or joining a club or exercise class. Another skillful way to combat feelings of loneliness is to volunteer as it's a great way to meet new people and also to learn new skills.

Loneliness is a profoundly human emotion and a signal that our need for connection is going unmet. Next week we will discuss loneliness in Older Adults and explore ways we can tackle this.

Dr Geraldine Sheedy is Director of SouthWest Counselling Centre Killarney. SWCC provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre**.

To make an **appointment call 064 6636416**.

**info@southwestcounselling.ie**

**info@kerrylifeline.com**

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

## LESS SCREEN TIME

**Zero screen time is recommended for children under 2 years.**



### TIPS

- Figure out how much screen time is typical for your family and aim to cut it in half.
- Don't make too many strict rules at once. Start gradually and reduce by 30 minutes a day or every second day
- Remove screens from your children's rooms.
- Explain to family and friends that you are reducing screen time and make sure that TV watched outside the home is part of their daily allowance or goal.
- Make meal-times a technology-free zone – no phones, TV, computers etc.
- Don't forget to practise what you preach – if you're attached to your device for long periods of time, your children will expect to be as well.
- Have a 'no tech day' once a week and plan some active time with your family.

### Turn off:

- TV
- Video games
- Computers
- DVDs

## MANAGING FOOD THAT SHOULD BE TREATS

**Treat food are foods high in sugar, fat and salt.**

### TIPS

1. Cut down on treat foods, but don't ban them. Banning them makes them more appealing.
2. Shopping is a danger time – just buy treats sometimes and don't have a supply at home. If they're not in the house, they can't be eaten.
3. Keep the sweets cupboard or cookie jar out of sight – and out of mind.
4. Tell family and friends you're making changes so they know about the new routine.
5. When you have sugary foods, eat them with a meal. It's better for their teeth and means they won't fill up on treats between meals
6. Say the kitchen is closed when mealtimes are over, but allow them access to healthy snacks such as fruit, chopped vegetables and water and then send them off to play.
7. In the long run, it's kinder to say no – don't be afraid to say it!
8. Praise them and offer non-food treats, like a game of football, a trip to the playground or disco-dancing at home.
9. Limit the amount of treats by:
  - Getting into the habit of having them every second day or less
  - Keeping portions small – choose mini or snack versions
  - Offering healthy alternatives, such as water instead of sugary drinks or juice and fruit instead of sweets or chocolate.

**- Keep treats exactly that – treats! Not every day and not always food!**



## ACKNOWLEDGEMENT & 1ST ANNIVERSARY

### BEHAL



In proud & loving memory of  
**DAIRE ETIENNE BEHAL**  
68 Arbutus Grove, Killarney.  
*Who died on 14th February, 2013.*

**Anniversary Mass on THIS Friday  
at 7.30pm in St. Marys Cathedral.**

On this 1st anniversary, parents Richard & Bernardine, his brother Julien, sisters Erinna, Simone & Chantal, their partners Noeleen, Noel & Finbar, nieces & nephews, Rosie, Samuel, Ella, Max & Oscar-Daire, express our sincere thanks, to everyone in Ireland and abroad too who sympathised with our family either by attendance at the funeral services, made telephone calls, sent postal messages, wreaths, floral bouquets, Mass cards, or had Masses said in other places for the Repose of Daire's Soul & Spirit. Deep appreciation also to those who travelled long distances, and to neighbours & friends who helped with catering and providing accommodation to our extended family & friends. All of that was of great solace and support to our family. Even a year later we still receive messages of condolence from near and far.

Special thanks to O'Shea's Funeral Undertakers for their caring and efficient services, above all to Director Michael O'Shea, whose personal attention and support, was above and beyond the call of professionalism. Also to Fr. Kieran O'Brien whose helpful and patient conducting of the Funeral Services was much appreciated.

A special mention for the Cathedral organist, Choir & Soloist whose talents made it such a beautiful Service.

Finally, words of deep thanks to Daire's girlfriend Sharon, & his many friends who both sympathised and attended in large numbers. All was a fitting tribute to his popularity in life.

*Go raibh mile maith  
agaibh go léir.*

## 1ST ANNIVERSARY REMEMBRANCE



### DARA BEHAL

*Who died on 14th February, 2013.*  
**Happy Valentines Day My Love**  
You've just walked on ahead of me  
And I've got to understand  
You must release the ones you love  
And let go of their hand.

I try and cope the best I can  
But I'm missing you so much  
If I could only see you  
And once more feel your touch

Yes, you've just walked on ahead of me  
Don't worry I'll be fine  
But now and then I swear I feel  
Your hand slip into mine.

Missing you more with each day that passes  
And keeping you firmly tucked within my heart.

*Love always, Sharon xx  
Chloe and Leon xx*

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days.  
Publication of prayer and favour will be granted..

## PRAYER TO ST. JOSEPH

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, Our Lord. So that, having engaged here below your heavenly power, I may offer you my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary contemplating you, and Jesus asleep in our arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, Patron of departing souls pray for me. This prayer was found in the fiftieth year of Our Lord and Saviour Jesus Christ. In 1505 it was sent from the Pope to Emperor Charles when he was going into battle. Who ever shall read his prayer or hear it or keep it about themselves, shall never die a sudden death, or be drowned, nor shall be burned in any fire or shall be overpowered in battle. Say for nine mornings for anything you desire. It has never been known to fail, so be sure you really want what you ask for. In thanks for request granted.

## NOVENA TO THE HOLY SPIRIT

O Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things you have given me as you confirm once again that I never wanted to be separated from you in spite of all material illusions. I wish to be with you in Eternal Glory. Thank you for mercy towards me and mine. This prayer must be said for three days, after three days the favour will be granted.  
**P.O.D.**

## PRAYER TO THE VIRGIN MARY NEVER KNOW TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

## NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within Your own heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen.  
Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.  
In thanksgiving.

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days.  
Publication of prayer and favour will be granted..  
**J.K.O.C.**

## THANKS GIVING

Sacred Heart of Jesus and Our Blessed Lady, a thousand thank you for everything and all the Saints and Souls.

## NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle.  
Pray, whether you believe or not.  
Publish on the 9th day.  
May the Sacred Heart of Jesus be praised, adored & glorified today and always.  
Request will be granted no matter how impossible it may seem.  
Publication must be promised.

## NOVENA TO THE HOLY SPIRIT

O Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things you have given me as you confirm once again that I never wanted to be separated from you in spite of all material illusions. I wish to be with you in Eternal Glory. Thank you for mercy towards me and mine. This prayer must be said for three days, after three days the favour will be granted.

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