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**GIRL POWER:** Finalists at the BT Young Scientists Awards from St. Brigid's Presentation Secondary School. From left: Ali O'Donoghue, Eilish Mullane, Olivia Gaffey, Abbie O'Sullivan and Keira Geaney. Missing from photograph: Anna Moynihan and Clodagh Lucey. Full details on their projects on Page 8.



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# THIS WEEK

14 : 01 : 22

## COUNCILLOR SEEKS RESOLUTION FOR UNACCEPTABLE BEHAVIOUR

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Aisling Crosbie.

## FROM THE EDITOR

As we enjoy the beautiful frosty weather in Killarney this week, we have a busy magazine for you to enjoy.

A Killarney man has claimed third place in one of the world's toughest endurance races, its Girl Power all the way for students who have reached the finals of the BT Young Scientist Awards and Killarney Celtic are hosting a pre season friendly this weekend.

New changes have come into place this week in the battle against Covid-19 and with these in mind, the the best way you can continue to protect yourself and your loved ones from COVID-19 is to Layer Up on the public health advice:

- Get your vaccine/booster
- Clean your hands
- Wear an appropriate mask
- Maintain social distance
- Avoid crowds
- Open windows

## HELPFUL CONTACT NUMBERS

### COVID-19 SUPPORT LINE FOR OLDER PEOPLE

**T: 0818 222 024**

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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"HEAVENS REFLECT THROUGH THE TREES" KILLARNEY GOLF COURSE

Photo: Mary O'Connor



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# JOE SECURES THIRD PLACE IN ONE OF THE WORLD'S TOUGHEST RACES



No stranger to the Mountain ranges in Kerry, Killarney Ultra Mountain runner Joe O'Leary from Lissivigeen crossed the Irish sea last weekend to take part in one of the world's toughest endurance races.

The Montane Spine Race is widely regarded as a truly epic challenge that tests the runners physical resilience and mental fortitude. Not only did Joe undertake this physical and mental challenge - he managed to secure third place in the event. Racing non-stop along the most iconic trail in the UK, Joe faced the full intensity and ferocity of the British

Winter. The Pennine Way is one of the most demanding National Trails in Britain, and certainly the most iconic. The trail crosses some of the most beautiful and at times difficult terrain found in England, including; the Peak District, Yorkshire Dales, Northumberland National Park, Hadrian's Wall and the Cheviots; finishing at the Scottish Borders. The race was 108 miles long and Joe completed it in over 30 hours - an amazing achievement.

Joe, who can be seen training frequently with his dog Stephen scaled Mont Blanc in September and was met at the finish line by his sister Joan Marie Williams who lives in the UK.



Champion Ultra Mountain runner, Joe O'Leary, on Cruach Mhór, mountain ridge, (933m), MacGillycuddy's Reeks, Co Kerry, Photo: Valerie O'Sullivan (File Picture)



Joe O'Leary, Lissivigeen pictured at the finish line when he came 3rd in The Montane Spine Race at the weekend.



## COVID TEST CENTRE OPEN IN KILLARNEY

A pop up COVID Testing Centre was opened HSE in Killarney on Wednesday of this week, offering people who are the longest waiters on the list an offer of an appointment.

The venue at St Mary's Parish Hall was opened due to the extraordinary and unprecedented demand for this service experienced over the past

week or so, far outstripped the capacity of the test centre in Tralee which is usually in a position to offer swabbing service within 24 hrs of demand. The HSE announced on Wednesday evening that the Killarney centre will also operate on Thursday and Friday, January 13 and 14 as well. It is by appointment only and is run by the National Ambulance Service.

## COUNCILLOR SEEKS RESOLUTION FOR UNACCEPTABLE BEHAVIOUR

A Killarney Municipal District Councillor has asked what purpose the trees to the left of the entrance to Ballyspillane estate are serving.

At the first meeting of 2022, Cllr. J. O'Donoghue said he was asking in light of anti-social behaviour in the area being reported to both An Garda Síochána and myself in recent months.

"This area is becoming a major problem, particularly during the Winter months, with anti social behaviour becoming increasingly prevalent. Often when approached by members of the public, we can be stand accused of bringing hearsay before the Council, but in this instance I can say I personally know two individuals who have had the windows

of their cars smashed by projectiles being thrown out by young people hiding behind the trees. I have spoken to An Garda Síochána about the matter and they have conceded it is a problem area for them as they can't be expected to have the resources to man the area 24 hours a day. On the rare occasions they do manage to catch some of the offenders, they are too young to do anything with bar take them home where very often the children tell their parents they didn't throw anything and there the matter ends. There are now many people living in the Spa, Kilcummin and Tiernaboul areas who



take alternative routes home as they do not feel safe driving up past these trees. This is completely unacceptable for a main road in our town. I accept it is a policing matter, but I feel there is an onus on us as a public authority to aid the process where possible. Anyone who has followed my motions since I began in the Council will know that cutting down trees is not high on my priority list, but in this case I feel that it is the only option due to public safety concerns".



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## Girl Power...

# BRIGHT SPARKS VIE FOR BT GLORY

Nine students from two secondary schools in Killarney are waiting with bated breath as the winners of the BT Young Scientist Awards is set to be announced today, Friday 14th January, 2022.

The search for the BT Young Scientist & Technologist(s) 2022 continued in earnest over the last two days of the BT Young Scientist & Technology Exhibition (BTYTE) with virtual judging scheduled throughout both days.

Students from across the island of Ireland have been impressing the over 90 judges with their innovation, creativity, and solutions to global and everyday issues we face in our lives.

The Killarney students are from two of the local secondary schools, St. Brigid's Presentation Secondary School and Killarney Community College.

Seven students from The Pres qualified with four different projects. The girls were mentored by teachers Siobhán Ahern and Miriam Malone for their exhibition Ali O'Donoghue and Eilís Mullane entered for their projects: Vertical Farming- The Future for Eco Friendly Schools Worldwide.

Anna Moynihan has researched a comparative study: VSCO vs. Instagram and how they affect the self-esteem/mental health of adolescents.

Kiera Geaney and Abbie

O'Sullivan created an app which allows people to record their use of plastic, carbon and how they can be more sustainable.

Olivia Gaffey and Clodagh Lucey researched what factors influence the perceived rate of exertion on students?

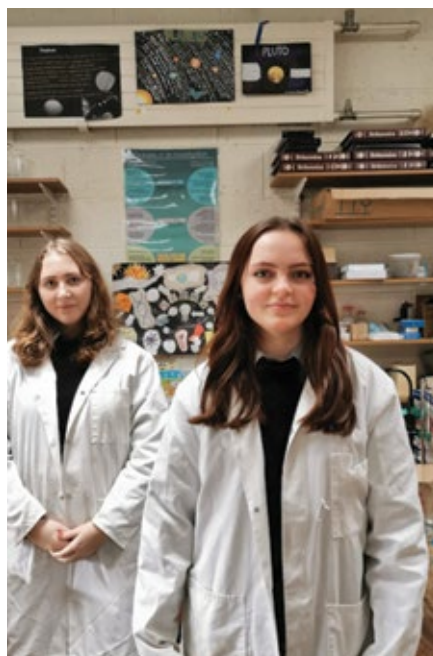
Students Rabea Fluegel and Angelina Kendel from Killarney Community College investigated How quarantine and home office affect our psyche.

In his speech to the entrants to the BT Young Scientist Awards, President Michael D. Higgins said:

*We are fortunate in Ireland to have so many young people who create the promise, as well as the possibility, of becoming the problem solvers, critical thinkers and persistent pursuers of the possibilities of tomorrow. You, the citizens of the future, are so essential as a source of hope for the crafting of a shared and better life for all who inhabit this fragile planet.*



Teacher Siobhán Ahern with students Keira Geaney and Abbie O'Sullivan from St Brigid's Secondary School Killarney who are showcasing their project 'My Carbon Buddy' at the 58th BT Young Scientist & Technology Exhibition from 12th to 14th January 2022. Photo Fennell Photography 2022



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Olivia Gaffey and Clodagh Lucey researched what factors influence the perceived rate of exertion on students



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# LIFESAVING AIR AMBULANCE TASKED 512 TIMES DURING 2021

A serious accident in West Kerry which involved Cork cyclist Diarmuid O'Donovan resulted in the call out of the Community Air Ambulance to come to his aid.

Diarmuid was seriously injured when he was thrown over the handlebars of his bike while cycling around Sleah Head in May 2021. He said he needed to be brought to a dedicated Trauma Centre quickly, "A moment of carelessness saw me hit the road. I was on my own but thankfully it wasn't long before I was found. Paramedics, a local doctor, the local Fire Service and Gardai all responded. I was drifting in and out of consciousness and it quickly emerged that I needed to be at Cork University Hospital as soon as possible. I wasn't in a suitable state for a two-and-a-half-hour journey by road so the Irish Community Air Ambulance was tasked and landed in Ventry. The journey to CUH by helicopter took just 30 minutes. I had 28 different bone breaks including my spine, shoulder and ribs as well as a punctured lung. I underwent several procedures that evening and spent 12 days in hospital. I believe it

could have been far worse if I had not been transported to CUH so quickly and that my recovery has been much faster as a result."

The Irish Community Air Ambulance was tasked to 512 missions in 14 counties during 2021, its busiest year since the Helicopter Emergency Medical Service (HEMS) Air Ambulance launched in July 2019. There were 490 taskings in 2020.

The organisation is Ireland's only charity-funded HEMS Air Ambulance. It works in partnership with the National Ambulance Service and responds to serious incidents and medical emergencies from its base in Rathcool, Co. Cork. Each helicopter mission costs an average of €3,500, all of which has to be raised or donated.

There were more calls to cardiac arrests, farming-related incidents and falls from heights during 2021. Cardiac arrests accounted for one in five calls with 103 taskings last year, that's up from 81 during 2020.

**Amongst the incidents responded to were:**  
89 Road traffic collisions

64 Farming incidents  
64 Cardiovascular (Heart attacks and strokes)  
63 General trauma calls  
61 General medical calls  
48 Falls from heights  
20 Equestrian incidents

July and April were the busiest months of the year for the service with 57 missions completed each month. Cork, Kerry and Tipperary accounted for the majority of taskings. The Irish Community Air Ambulance was also tasked to Clare, Limerick, Waterford, Wexford, Kilkenny, Mayo, Galway, Offaly, Laois, Wicklow and Kildare.

One in every three taskings required an airlift to hospital. There were 111 transfers to Cork University Hospital during 2021 which equates to 66% of all transfers. University Hospital Limerick accounts for 20%.

There were also transfers to hospitals in Kerry, Tallaght, Galway, Temple Street, Crumlin and The Mater as we saw an increase in the number of times we were required to transfer children and young people to specialist paediatric hospitals in Dublin.



## DRAFT KERRY COUNTY DEVELOPMENT PLAN 2022-2028 STILL ON VIEW

Residents in the Killarney area can view the Draft Kerry County Development Plan which covers the period 2022 to 2028 at the Town Hall until Wednesday February 23rd.

The plan is an extensive statutory plan which sets out how the proper and sustainable development of the county can be achieved over the next six years. at the Town Hall. This week Kerry County Council held an online information webinar this week to facilitate discussion and engagement on the Draft County Development Plan which is currently going through a public consultation process this week and the plan is still available to view. The Draft County Development Plan, which covers the period 2022 to 2028, is an extensive statutory plan which sets out how the proper and sustainable development of the county can be achieved over the next six years. A three-month public consultation period is currently underway.

The draft document provides a broad framework for the way in which the local

economy, society, environment, and the use of land in Kerry should evolve in an inclusive, sustainable, and progressive way. It covers issues such as climate change, towns and villages, water and wastewater, housing, energy, Gaeltacht areas, and tourism and recreation.

'There has been a lot of very positive engagement so far with members of the public as we continue the process,' said the Cathaoirleach of Kerry County Council, Cllr Jimmy Moloney.

'On Thursday evening at 7.00pm, planning officials will set out the broad parameters of the draft plan and will set out how interested parties can make a submission. I would encourage everyone to participate in this important discussion,' he said.

'This plan impacts every individual, family

**Draft Kerry County  
Development Plan  
2022 - 2028**



and community in our county and is the most important strategy which will be put in place for Kerry over the next six years,' he added.

The Draft County Development Plan 2022-2028 is now available online and in hard copy at all public libraries and the principal offices of Kerry County Council in Tralee, Listowel and Killarney. Submissions can be made only through the online portal or in writing and must be received by 23 February 2022. Over the coming weeks, the Council will continue to share information on various aspects of the plan on social media and will encourage public engagement.



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**T**here has been a broad welcome in Kerry this week with the news that over €1.6 million in funding for rural regeneration has been allocated in Listowel and Killorglin.

Minister for Education and Kerry TD Norma Foley has welcomed the announcement of €1,691,104 in funding for two development projects in Listowel and Killorglin under the Rural Regeneration and Development Fund.

The funding, under the Rural Regeneration Development Fund (RRDF), is being invested in projects that will rejuvenate town centres, drive economic growth and footfall, combat dereliction, develop pedestrian zones and outdoor spaces and boost tourism in Rural Ireland.

Under the scheme Killorglin Town centre receives €961,800 to resource the renovation of a key building into a multifunctional hub for tourism, education, training and co-working purposes. The funding also provides for the transformation of a derelict former courthouse into a heritage and cultural centre.

Through this tranche of funding €729,304 is allocated to the Listowel 'Where Story Begins' project to prepare plans for the renewal of the town square and the provision of a multifunctional co-working, tourism, heritage and cultural building. This funding will also assist in the connection of the North Kerry Greenway into the heart of the town.

The funding being announced today will bring these projects through the development stage and to the point where they are ready to commence works.

Minister Foley said: "This timely investment will both enrich and enhance the communities of Listowel and Killorglin. This funding is an endorsement of the great ambition and breadth of vision of these two rich, rural communities. These plans will create economic and social stability in both towns, creating vibrant, modern centres where families and businesses can thrive for years to come."

*Under the scheme Killorglin Town centre receives €961,800*



## HOUSE PRICE RISE EXPECTED IN 2022



*Donal Culloty of REA Coyne and Culloty, Killarney.*

**T**he price of the average three-bed semi in County Kerry is expected to rise by 6% in the next 12 months, according to a survey by Real Estate Alliance.

Three-bed semi-detached homes in the county now cost an average of €263,000, up 16% on the December 2020 average of €226,000, the REA Average House Price Index shows.

The survey concentrates on the actual sale price of Ireland's typical stock home, the three-bed semi, giving an up-to-date picture of the second-hand property market in towns and cities countrywide.

Landlords exiting the market have accounted for almost one in four home sales over the past three months, the data shows.

Average Killarney prices currently sit at €320,000, an annual increase of 18.5%, while Tralee prices rose by 13.7% in 2021 to €207,000.

"Demand remains very strong, but supply is at an all-time low with no new developments expected in the next 12 months," said Donal Culloty of REA Coyne and Culloty, Killarney.

"Investors are leaving the market and the buyers are mainly owner occupiers which leaves limited supply for the rental market."

As the flight to rural locations continues, prices in the rest of the country's towns rose by 2.6% in Q3 to €190,138.

## CALL FOR ACTION FOR COOLMAGORT SEWERAGE ISSUES

**T**he residents of a Beaufort residential housing estate have been enduring for many years, a Sewerage System that not alone, does not work properly, but is also a serious health hazard, according to Fianna Fáil Councillor, Michael Cahill.

"Coolmagort Avenue in Beaufort is the same Housing Estate where children and their parents get sick, the same Estate where when it rains, raw sewerage flows around the footpaths and gardens of some of the houses, the same Estate where, on occasion, raw sewerage has found it's way into washing machines in kitchens. And yet, the solution to the problem appears as far away as ever" stated the Deputy Mayor of Kerry County Council and Cathaoirleach of Kenmare Municipal District.

"This is a private housing estate and has not been taken in charge by the Local Authority and therefore is legally not their responsibility. This is as horrendous a living situation as I have seen in a modern housing estate and I am now imploring Minister Darragh O'Brien, Irish Water and the Department of Housing to organise remedial works on this Sewerage System on behalf of these long suffering residents" said Councillor Cahill.

"This work should commence with immediate effect" stated an angry Councillor Cahill.

"These people should not have to suffer this danger and degradation any longer just because of the legal status of their housing estate" added Councillor Cahill.





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# It's the talk of the town.....

With Anne Lucey



In her new weekly column with Killarney Outlook, Anne Lucey looks at the positive news happening in the town of Killarney



The Grand Master.  
Photograph:  
Peter O'Toole

## Deer Oh Dear

A small Bambi has told me of plans for a major celebration and exhibition to celebrate Killarney's unique Red deer next autumn. This will include some of the spectacular photographs of the rut over the years and a look at the contribution the oldest biggest mammal makes to the local economy and the reputation of Killarney as a wildlife haven.

The nod comes as we learn how a whole generation of Killarney deer could have been wiped out just last year. Had the April 2021 "wild" fires occurred just days later, there would be no baby deer, said Damien Hannigan of the Irish Deer Commission.

But the threat to deer is not over. A night time patrol by Killarney wildlife rangers seems to have put a halt to the gallop of what sounded suspiciously like poaching activity after Christmas in the Torc/Mangerton area. Reports of high caliber rifles were heard on successive nights of clear moonlight - but stopped after rangers and the gardai responded with great alacrity to an alert from locals.

There are fears for the well being for the Grand Master, the 21-point huge red stag whose picture is much sought after, but he was safely reposing, far from the suspicious activity.

What exactly was going on, we don't know. But it wasn't authorized culling.

Culling is necessary to manage the herd, and save woods and farms and private gardens too.

The culls are carried out in "a scientific manner", the Department of Heritage assures. And it is carried out periodically "when resources, weather and timing allows", it said this week.

"Culling is a regular and on-going management operation within the National Parks and some Nature Reserves, including Killarney National Park. The Department works towards sustainable herd management of deer in its properties, and as such there is and will continue to be a need to remove a certain percentage of animals from the herd encompassing both age and gender on an on-going basis. This will take place where and when resources allow."



## Strong rate of compliance found in Killarney

A very strong rate of compliance with Covid rules was found in dining in Killarney and Tralee premises last November in a check carried out by the Health and Safety Authority.

A Freedom of Information Request replied to just before Christmas documented there were 12 inspections/compliance checks carried out by the region's compliance inspector between September 1st and 24th November 2021. These checks took place at indoor dining premises mainly in retail parks and forecourts.

All checks were unannounced and during the working day on November 3rd and 4th last.

None of the food premises is named, but seven were in Tralee and five in Killarney. No dining was taking place at four of the Tralee premises, so the real scrutiny was on the Killarney premises.

The compliance checks included if contact tracing was being carried out and whether vaccine certs were being sought and if masks were being worn and if there were systems at the door.

Verbal advice about keeping audit check lists and contact tracing on separate documents were issued to a small number of premises. But the premises were compliant with regard to systems controlling point of entry, and no further action had to be taken in any of the premises.

A very interesting covering letter - to me anyway - described the vaccine cert as proof of "immunity":

The focus of the compliance checks under the legislation was to ensure "only permitted persons who have provided a proof of immunity dine or drink indoors," the HSA said.

Does this mean that there was an understanding initially that those vaccinated were actually immune? The disease keeps changing and so does our understanding of it. Hopefully it will whittle down to a cold and just one injection a year!

It is the Environmental Health Officers of the HSE, the Health Authority which carries out checks on restaurants, bars, and clubs and a reply from them is awaited with regard to later night premises Kerry.

## Campaign to bring the annals of Innisfallen back to Killarney still alive

The Island of Innisfallen might seem a long way from the acropolis of Athens and the

campaign for the return of the Elgin Marbles from the British Museum.

But the importance of the Annals to Killarney never diminishes. And the campaign for their return never quite disappears.

Just last year, the annals written partly in Lough Leane provided one of the ten top medieval Irish words to be recovered. Interestingly the Innisfallen term related to a disease in the year 1259.

"Galar na placóide" was the name of a disease and the Annals of Innisfallen in the year 1259, told how people and horses suffered from it and that it involved some form of cough.

Every so often attempts are made to have the annals returned to Killarney.

The last serious attempt was by then Arts Minister Jimmy Deenihan. He told the Dail in 2013 he was seeking the return of the Annals from the Bodleian in Oxford.

Before him, Brian O'Leary then councillor made an all out effort and the late councillor Michael Courtney as mayor hoped to bring them back on loan to be exhibited in a newly restored Killarney House - which was at one time expected in 2005.

There have been many calls, beginning with Dean Swift in 1734. Swift wanted them to remain in Ireland and be placed in Trinity College.

Left in a will to Oxford in the mid 18th century, they were lent briefly to Killarney in the 1980s.

Annals aside, what is often lost in the debate is the wider reputation of the Abbey on Innisfallen to learning. Apart at all from the manuscript - much of which was written in Tipperary - Innisfallen produced several leading scholars, including an advisor to Brian Ború who studied there.

The return of the annals would be great because it might also be a symbol to mark the wider scholarly reputation of Innisfallen

The facsimile route might be a way forward - exact replicas have been produced and one might not go astray as a permanent display in Killarney House?

Meanwhile I have come across a petition on line by transition students at Killarney Community College, which seems to date to have begun nine months ago and is still live.

"Not only would the Annals of Innisfallen be an important historical source for students to study but would provide a source of tourist revenue for our town and county. This is an Irish artefact and belongs in Ireland," the petition to Dail Eireann, TDs the Bodleian and others states.

Petition - Return the Annals of Innisfallen to Killarney - Change.org







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# IT'S BACK....

## QUEST KENMARE Kick-Starts 2022!



Outdoor enthusiasts and adventures are welcoming the return of the Quest Kenmare adventure race which is due to take place on 12th March 2022, and marks the start of the Quest Adventure Series race season.

Organisers are delighted to be able to once again bring this popular adventure challenge to Kenmare, last held in 2019, and include all the finish line razzmatazz and celebration traditionally associated with the event.

Attracting over 1,000 participants, Quest Kenmare will start in Kenmare town square with a cycle, before moving on to the run and kayak stages of the event. The stunning route will take participants around Kenmare Bay, Bonane, Molls Gap and Esk Mountain, before returning to finish line crowds gathered in Kenmare.

The event is always a sell-out and organisers, Elite Event Management, expect 2022 to be no exception. With only 8 weeks to go before race day, increased numbers are anticipated due to regular participants and

newcomers eager to take on a new year challenge after the event's two year absence.

Race organiser Oliver Kirwan welcomed this positive return to the adventure racing season, and said: "We are thrilled to be able to bring Quest Kenmare back to South Kerry and West Cork this year. After a two-year hiatus, we understand from participants that they are ready to take part in outdoor events again. Quest Kenmare continues to be a popular choice for adventure enthusiasts, and supporters wishing to make a weekend of visiting the beautiful boutique town of Kenmare and the Beara Peninsula. The healthy uptake in registrations brings a huge economic boost to the area, and we remain incredibly grateful for the unwavering support from the town and local business."

Participants can choose from three routes: the 28km 'Challenge' route, the 43km 'Sport' route and the 78km 'Expert' route. Numbers are capped for health and safety of all participants, but there remains a few spaces left for anyone wishing to register on the Quest Adventure Series website: [www.questadventureseries.com](http://www.questadventureseries.com)

## NEW ONLINE PLATFORM LAUNCHED TO ASSIST SECOND LEVEL STUDENTS WITH ACADEMIC AND CAREER PATHS

'Pathway', the new academic tool, aims to reduce college dropout rates, particularly among STEM subjects and Access programmes

10th January: Pathway, a new online career planning tool – developed by the Irish consultancy firm Ingenium – for secondary school students to aid them in the decision-making process when choosing further education options and potential future careers, has launched in the Irish market. The new Pathway survey is an academically validated tool that will assist Leaving Certificate students in choosing the best options for their CAO application, as well as assisting TY students to select subjects that align with their ideal career path. The service was trialed in a pilot programme between 2018 and 2020 with 412 participants, with 98% of the students involved rating the platform as extremely useful.

The service involves a comprehensive survey, which can be completed by the student in less than 15 minutes. Designed around what the

student enjoys, Pathway's algorithm considers several key variables unique to each person, including the student's favourite subjects in school, their hobbies, interests, passions and personality, assessed through their unique decision-making style.

Based on their survey answers, students are provided with a detailed report with an analysis of their unique decision-making style and personality traits as they relate to their career path, as well as a ranked list of twelve suggested courses that would best suit them at third level education. From there, students can research relevant courses in Irish and international universities using the suggested career paths provided in the report.

Pathway also provides students at graduate-level with assistance and support, to better focus their academic decisions and help set them up as future professionals passionate about their careers.

Pathway is designed to help students in 4th, 5th, and 6th years, as well as offering a

specialised toolkit for guidance counsellors to utilise in their work with students. Pathway also serves as an opportunity for corporate organisations and universities to engage with their communities by providing employees and community groups with the option of introducing Pathway to their family and community members, encouraging more informed discussions and opportunities for third level education in households.

Pathway has a free and premium version of their survey and report, both available through their website. Pathway also provides a number of additional resources including free articles and webinars, which are available at: <https://mypathwayjourney.com/>







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# BRUSSELS BECKONS FOR PRES STUDENTS



Five Transition Year Students at St. Brigid's Presentation Secondary School in Killarney are Brussels bound after winning a recent EU based competition.

The girls submitted projects based on 'What we want the European Union to look like in 2046 - 25 years from now'.

As a group, Gemma Murphy, Avril Ahern, Eilís Mullane and Ali O'Donoghue were contacted by Billy Kelleher MEP to let them know that they, along with a teacher will travel to Brussels and visit the European Parliament in April 2022. Another student at the school, Anna Cashman also entered the competition and was also successful with her excellent and thought-provoking presentation on what she wanted the European Union to look like in 2046 - 25 years from now. Anna was a solo entry. Anna will be getting notification in the coming days from the organisers of the competition to arrange the logistics for her visit to Brussels and in particular to the European Parliament.

The girls are among 14 different project winners from counties all across Munster and South Leinster. Anna will join her fellow students on the trip.

In preparation for their project, Gemma, Avril, Eilís and Ali prepared a draft of how we would approach this project. Each project member would focus on a particular question.

"We decided to enter this competition because we feel it is important to have our views on the European Union voiced and listened to. We found working in a group beneficial to our project as it allowed us to combine all our views and ideas. Mar a deir an séanfhoicil; "Ní neart go cur le chéile", the girls said.

With the topics including,

"Should the EU be bigger?

· What powers should it have?

· What will Ireland's role be?

· Should we move to directly elected governments?

The girls then decided what digital tools they



would use and what practical work would work best with their presentation and project ideas.

"Our presentation was completed using PowerPoint and we did a voiceover for some of the slides. We used Padlet, an online noticeboard, to brainstorm ideas and gather our resources (website links etc.) in one collaborative space online. We created surveys to get a broader perspective of people's opinions about the Future of the EU. This was really interesting and provided lots of interesting information. We each interviewed different people and were delighted with the diversity of answers we received. Social Media was another useful digital tool for us. We created a TikTok and Instagram specifically for our project. The Europa.eu website provided us with many resources to download, share and use as part of our research", they said

"A stand-out moment for us was visiting a primary school where we presented some interesting facts about the EU and were impressed by what students knew already about the EU. The

main purpose

of our visit was to educate and inspire the younger age groups about the EU.

In the words of Nelson Mandela

'Education is the most powerful weapon which you can use to change the world', they added.

When we received the email from Mr. Kelleher on Friday 17th December, 2021 advising that our project was successful, we were absolutely delighted. 14 projects in total were chosen from all over Munster and South Leinster - all our hard work paid off. We are so looking forward to visiting the European Parliament in April.



Anna Cashman of TY is also jetting off to Brussels

## KILLARNEY CELTIC HOST PRE SEASON FRIENDLY THIS WEEKEND

Killarney Celtic will be hosting Cork City FC in their first Pre - Season Friendly, tomorrow, Saturday 15th of January. Kick Off at 3 pm in Celtic Park Killarney.

"It has been over three 3 years since the club were last in a position to host League of Ireland neighbours, Cork and we are looking forward to an exceptional game of football and an entertaining afternoon", Paul Sherry Vice Chairman, Killarney Celtic told Killarney Outlook.

Covid 19 protocols apply and everyone who is attending is asked to observe mask and social distancing guidelines.

Admission is €5 Adults with Under 16's Free of Charge.

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## “TIMEOUT” TO PROMOTE WELLBEING



KERRY Mental Health Association and the five Kerry teams that compete in the Basketball Super and National Leagues have come together to promote the 5 Ways To Wellbeing during timeouts at their home games for the remainder of the season. Pictured at Kerry Airport to launch the campaign were: Front L/R : Paris McCarthy (Team Garveys St Mary's Castleisland) and John Drummey (General Manager, Kerry Mental Health Association). : Back L/R : David Gleeson (Scott's Lakers St Paul's Killarney) , Eoin Evans (Team 360 Financial Killorglin), Andrew Fitzgerald (Killarney Cougars) and Fergal O'Sullivan (Garveys Tralee Warriors). Photo By : Domnick Walsh © Eye Focus LTD.

**F**ive Kerry Basketball teams have come together to promote mental health and wellbeing in 2022 and are offering 'Timeout' to promote 5 Ways to Wellbeing with Kerry Mental Health Association.

Fans at home games in Tralee, Killorglin, Castleisland and Killarney will hear information about the Five Ways To Wellbeing during the 'Timeouts' in matches for the remainder of the season.

The Five Ways To Wellbeing are: Connect | Be Active | Take Notice | Keep Learning | Give.

The General Manager of Kerry Mental Health Association, John Drummey, said: "January and February are when many of us need a bit of lift. Wellbeing is not just about being in good physical condition. It crucially includes the state of your mental health. If our minds are not in a good place, there can be a series of knock-on effects that will impact the quality of our overall wellbeing. We are grateful to the men and

the county. We wish them a healthy 2022 and every success in their respective competitions."

### **What are the 5 Ways To Wellbeing?**

**Connect...**with the people around you. Family and friends, work colleagues and people in your community. If you can't connect with someone in person, there's always the phone, a direct message on social media or text or the good old-fashioned posted letter. You'll feel good for getting in touch and the person you reach out to will appreciate the connection that's being made.

**Be Active...**whatever the weather or wherever you are. The Kerry weather shouldn't stop us from going for a walk, run or cycle. Put on your favourite song and dance your heart out! No one has to see you and if they do, it might give them a lift too! Being physically active can improve your mental health and wellbeing.

**Take Notice...**of the world around you. Have you seen or heard something today that you

never noticed before? Seasons change...the clouds make interesting shapes, the rain and wind combine to create a rhythmic backing track to your "me-time". Pay attention to the present moment.

**Keep Learning...**something new or reconnect with something that you used to enjoy doing. Challenging yourself learning a new skill will increase your confidence which can improve your mental health and wellbeing.

**Give...**someone a compliment, your unused parking disc, your time as a volunteer. You'll feel good about yourself. Thanking someone for something they've done for you is the gift of appreciation.

Kerry Mental Health Association is inviting people to join any of the nine branches where the volunteers pursue befriending and support activities to enrich the lives of neighbours and friends who are living with mental health challenges, including mental illness.

"It is our mission to promote mental health to everyone in Kerry, to support people with mental health challenges, their families and carers through the activities of our Branch network and to provide accommodation for persons with mental health challenges," said John Drummey.

Kerry Mental Health Association thanks and sends best wishes for the remainder of the basketball season to Garvey's Tralee Warriors, Team 360 Financial Killorglin, Team Garvey's St Mary's Castleisland, Scott's Lakers St Pauls Killarney and Killarney Cougars.

For more information about Kerry Mental Health Association or to get involved as a Volunteer, please visit [www.KerryMentalHealth.ie](http://www.KerryMentalHealth.ie) or email [Volunteers@KerryMentalHealth.ie](mailto:Volunteers@KerryMentalHealth.ie).

## CALL FOR KERRY ANGLING CLUBS TO APPLY FOR SPONSORSHIP PROGRAMME

**T**he call has been made for funding which is available now to support beginners, young anglers and angling tourism are "top priorities" for funding in 2022 with 18% of adults in Ireland say that they are "likely to try" angling in the future.

Inland Fisheries Ireland, the state agency with responsibility for the protection and conservation of freshwater fish and habitats and the promotion of recreational angling, is encouraging angling clubs in Kerry to apply for funding under its 2022 Sponsorship Programme.

Angling clubs, groups and associations in Kerry and all over Ireland are being invited to apply for sponsorship funding before the January 21st deadline and in 2022, the €30,000 fund will have a particular focus on initiatives aimed at beginners and young anglers, as well as events that promote sustainable angling tourism.

Applications for funding from the Sponsorship Programme are now invited from angling clubs, associations or any local group organising an angling initiative in Kerry during 2022. The programme will remain open for funding applications until Friday, January 21st 2022.



Meanwhile, applications for equipment, staff support and biosecurity assistance can be made to Inland Fisheries Ireland throughout the year.

More information about the Sponsorship Programme is available by visiting the Inland Fisheries Ireland website at [www.fisheriesireland.ie](http://www.fisheriesireland.ie)



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# ALDI UNVEILS NEW €8M KILLARNEY STORE



Store Manager Patrick Lawlor pictured with Mayor of Killarney Marie Moloney and from left, Cllr. Niall Kelleher, Cllr. Donal Grady, Danny Healy-Rae, TD, Sean Kelly, MEP and Ciara Griffin, Former Ireland Rugby Captain at the opening of Aldi's new store in Killarney, Co. Kerry on Thursday.

**Aldi's new store on Park Road was opened yesterday, Thursday 13th January and among those present at the opening was retired Irish Rugby Captain Ciara Griffin.**

Ciara was joined by local politicians for the opening including Cathaoirleach of Killarney Municipal District Marie Moloney, MEP, Sean Kelly, Deputy Danny Healy-Rae, Cllr. Niall Kelleher and Cllr. Donal Grady.

The new store in Killarney has created 7 permanent jobs in the local area. Located on Park Road, the store was officially opened today by Store Manager Patrick Lawlor. The new €8M store will replace its existing store at Ardshanavooly, a short distance away, which closed on January 10th after 14 years, ahead of the new store opening.

The new single-storey supermarket includes an off-licence as well as two smaller retail outlets, and comes after a study of shoppers living or working in Killarney by leading independent market research agency Behaviour & Attitudes revealed that 90% of shoppers agree that a bigger Aldi store would be good for Killarney.

Aldi's existing stores across Kerry are deeply involved in their local communities. Retired Ireland Rugby Captain Ciara Griffin, a native of Kerry, joined the Store Manager in opening the store today. As part of the store opening, Aldi has donated three Aldi Play Rugby kits to Scoil Bhride Loreto National School, Muckcross, Killarney. To date, the Kerry stores have donated almost 127,000 meals to local charities through FoodCloud, saving the charities more than €160,000. Each store is also part of Aldi's Community Grants network, with St Francis Special School and Youth Suicide Prevention Ireland just some of several charities that have availed of the €500 bursary grant this year.

In addition to supporting local charities, Aldi's national tree planting initiative will also involve the Killarney team. More than 24,000 trees were planted across Cloonafinneela and Cappawee, Co. Kerry last month. Aldi is the first retailer in Ireland to commit to planting 1 million native Irish woodland trees by 2025, working together with its partner Green Belt.

Photos: Don MacMonagle



ALDI Store Manager Patrick Lawlor pictured with Ciara Griffin, Former Ireland Rugby Captain presenting 'ALDI PLAY RUGBY' kits to Marie Claire van Vrede and Cillian Healy, Scoil Bhride, Loreto National School, Killarney at the opening of Aldi's new store in Killarney,



ALDI Store Manager Patrick Lawlor presenting the first customer Nuala Kenneally from Killarney, with a 50euro shopping voucher at the opening of Aldi's new store.

## KILLARNEY MOURNS THE PASSING OF MARGARET O'LEARY

**The death of well know Killarney business woman Margaret O'Leary, O'Leary Antiques on Main Street has been announced.**

Margaret was the daughter of Mary Ellen and Jerry O'Leary, affectionally known as "small Jer", and lived in and ran the iconic antique shop at her premises on Main Street.

Margaret is predeceased by her parents, her sisters Kitty, Joan and Tish and her brothers Derry and Pat.

She will be sadly missed and dearly loved by her nephew Teddy and many friends.

### FUNERAL ARRANGEMENTS:

Margaret will repose at O'Shea's Funeral Home, Killarney on Friday evening from 7.30pm to 8.30 pm. Funeral arriving at St Mary's Cathedral on Saturday morning at 10.00am for Requiem Mass at 10.30am, burial afterwards in Old Aghadoe Cemetery.

Photo:Valerie O'Sullivan







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# PUCCINI MADAMA BUTTERFLY

*comes to Killarney*



The award-winning producer Ellen Kent returns in Spring 2022 with the International Opera Festival tour and brings Puccini's Madama Butterfly to the Gleneagle INEC Arena on March 24th 2022.

The fabulous International Korean Soprano Elena Dee returns to sing her critically acclaimed role as Cio Cio San, together with the international soprano Alyona Kistenyova.\* Vasyly Vasylenko, artistic director and conductor for the National Municipal Opera and Ballet Theatre, Kiev, returns. Also returning is the guest conductor and artistic director of the National Opera of Moldova, Nicolae Dohotaru with 30 members of the National Ukrainian Orchestra, Kiev.

Madama Butterfly is Puccini's popular tale which the hit West End musical Miss Saigon is based. One of the world's most popular operas, Puccini's Madama Butterfly tells the heartbreaking story of the beautiful young Japanese girl who falls in love with an American naval lieutenant – with dramatic results. Highlights include the melodic Humming Chorus, the moving aria One Fine Day and the unforgettable Love Duet. With exquisite sets, including a spectacular Japanese garden and fabulous costumes



including antique wedding kimonos from Japan, designed by the renowned Russian designer Felix Bessonov, from St Petersburg.

## WREATH UNVEILED AT THE GRAVE OF HUMPHREY MURPHY



East Kerry Chairman Johnny Brosnan Lays a wreath in Killeentierna Cemetary at the grave of Humphrey Murphy, Old IRA Commanding Officer and first Vice Chairman of East Kerry Board. Photo Seamus Healy.

Members of the East Kerry Board were joined by relatives of Humphrey Murphy at Old Killeentierna Graveyard on January 9th to lay a wreath in his memory.

Humphrey was one of the founder members of the East Kerry Board and on Sunday, Johnny Brosnan Chairman of East Kerry Board unveiled a wreath at his grave.

Humphrey Was a commanding Officer of the Kerry No 2 Brigade and then became Commander of the Kerry No 1 Brigade who defeated the British in the war of independence.

A brilliant scholar and administrator, Humphrey Murphy represented

Currow Gaa Club at the first meeting that formed the East Kerry Board on the May 17th 1925 and was elected Vice Chairman With Dick Fitzgerald Dr Crokes elected Chairman.

Relatives of Humphrey Murpjh pictured with the East Kerry Chairman Johnny Brosnan at the laying of the wreath in Killeentierna Cemetary. Photo: Seamus Healy





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# CAO APPLICANTS SHOULD KEEP A CLOSE EYE ON THE 2022 TIMELINE



By Billy Ryle

**C**AO application season is in full swing and with 80,000 plus applicants competing for about 50,000 college places, it's vital to submit a complete application form. Stay focussed and be aware of key dates and the important tasks to be done in the weeks ahead. The 2022 CAO online application remains open until 1st Feb. Open your CAO interactive online account via "Apply" on [www.cao.ie](http://www.cao.ie), by 20th Jan to get a discount rate of €30. After that the fee increases to €45 until the 1st Feb. The closing date for online Change of Course Choices, which is free, is also 1st Feb.

You may use the online Change of Course Choices facility, fee €10, from 4th Feb to 1st March to add any restricted courses not already listed. Restricted category applicants may also use this facility. All other applicants should use the free Change of Mind option, between 5th May and 1st July, to make any course changes. Completed online Higher Education Access Route (HEAR)/Disability Access Route to Education (DARE) forms must be submitted

by 1st March. HEAR/DARE supporting documentation must arrive in CAO by 15th March.

Late applications, fee €60, will be accepted from 4th March to 1st May. From 5th May, you may register a change of course choices online at [www.cao.ie](http://www.cao.ie). Check that your courses have been updated by using the "My Application" facility before 1st July. Before the end of May, you will be sent a Statement of Application Record to verify that all your information has been recorded accurately. If you find any error in the document, contact the CAO.

Course choices and preferences may be changed as often as desired, free of charge, between 5th May and 1st July. If you submit a Change of Mind, it cancels all the previous course choices, which you have submitted. The two categories (Level 8 and Level 7/6) are completely separate from each other for this purpose. Any restricted application course, added for the first time via a Change of Mind won't be considered unless it shares the same assessment procedure with a course you had applied for by 1st Feb.

In early July, offers of places (Round A) are issued to deferred applicants, mature applicants and to those who need to make visa arrangements. In early August, offers of places (Round Zero) are issued to certain non-standard categories of applicants such as FET/QQI and graduate applicants. Round One, the main body of offers will be issued shortly after the Leaving Cert results.

Last year, 55,121 CAO applicants received at least one of the 82,175 courses on offer in Round One. The offers consisted of 49,358 at Level 8 (Honours Bachelor Degrees) where demand is always strong and 32,817 at Level 7/6 (Ordinary Bachelor Degrees/Higher Certificates) where interest continues to decline. CAO always issues more offers than there are places available in anticipation of a level of refusal by applicants. Offers are issued independently in respect of the two lists (Level 8 and Level 7/6), so it's well worth filling in both lists. CAO will release details of the finalised 2022 offers and acceptance schedule later in the year.

## CAO 2022 APPLICATION TIMELINE

**20th Jan:** apply by 5pm to avail of the online discount rate of €30

**21st Jan:** closing date to register for HPAT (Under Graduate Med.) test

**30th Jan:** closing date to register for MSAP (Mature Students) test

**31st Jan:** closing date to register for GAMSAT (Graduate Medicine) test

**1st Feb:** online change of course choices (free) close at 5pm

**1st Feb:** normal closing date, at 5pm, for applications

**5th Feb:** online facility to amend course choices opens at noon (€10 fee)

**18th/21st Feb:** HPAT-Ireland test takes place online

**1st March:** closing date, at 5pm, for amending course choices

**1st March:** completed online HEAR/DARE forms must be submitted by 5pm

**1st March:** closing date, at 5pm for completion of mature student application form

**4th March:** late application facility opens at 12.00 noon (€60 fee)

**5th/9th March:** MSAP test takes place online

**15th March:** HEAR/DARE supporting documentation must arrive in CAO by 5pm

**18th/23rd March:** GAMSAT test takes place

**1st May:** closing date, at 5pm, for late applications

**5th May:** online change of mind facility (free) opens at 12.00 noon

**31st May:** Statement of Application Record sent to all applicants before this date

**Late June:** HPAT-Ireland test results released

**1st July:** change of mind facility (free) closes at 5pm

**22nd July:** exceptional late closing date at 5pm for those already in 3rd level

*Billy Ryle is a Career Guidance Counsellor and Educational Commentator*

*Email: [rylebilly@gmail.com](mailto:rylebilly@gmail.com)*

*Tel: 0879808979*

## ASTI COMMITTED TO EXTERNALLY-ASSESSED LEAVING CERT 2022 IN LINE WITH EXPECTATIONS

The ASTI is committed to an externally-assessed Leaving Certificate 2022 in line with the students' and teachers' expectations.

Across all subjects, ASTI members are implementing the agreed curricular revisions designed to allow the established Leaving Certificate to proceed as outlined by the Minister for Education and her Department. The ASTI also notes new one-off arrangements for oral exams in Irish and modern foreign languages and the music practical exam for Leaving Certificate 2022.

School communities – including teachers and their students – are currently working to these curricular and other arrangements.

The preservation of Ireland's high quality, fair, and independent State Exams system is vital.

Unfortunately, due to the pandemic in 2020, and the absence of a

vaccination programme at that time, students could not undertake their Junior Certificate exams as normal. A significant number of these students are now in their Leaving Cert year. This means that there is no Junior Cert data from externally assessed Junior Cert exams available for these students.

Leaving Cert students are currently preparing for a variety of non-written examinations such as practicals and orals to take place in Spring, alongside their preparation for the written examinations in June. Speculation regarding previous one-off grading processes during the pandemic is unhelpful at this stage, particularly given that the data used for these processes is not available for all 2022 Leaving Cert students.



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307205	Coded Pipe Welding*	14/2/22	26 weeks
314085	Fibre Installation Technician*	21/2/22	24 weeks
339506	Cybersecurity Apprenticeship	7/3/22	104 weeks
339507	Software Developer Apprenticeship	7/3/22	104 weeks
327182	Pharmacy Sales Assistant	7/3/22	39 weeks
327178	Digital Marketing & Sales	14/3/22	50 weeks
307181	Construction Ground Work Skills*	14/3/22	22 weeks
307246	Deciding Your Future	28/3/22	11 weeks
313175	Bus Driving - D Licence Code Y23*	28/3/22	12 weeks
337927	Heavy Goods Vehicle Driving (HGV) - Rigid*	11/4/22	8 weeks
338407	Civils for Fibre Installation*	11/4/22	15 weeks
327769	Healthcare Support	25/4/22	40 weeks
313193	ICDL - International Computer Driving Licence*	9/5/22	18 weeks
313257	Manual & Computerised Payroll & Bookkeeping*	16/5/22	13 weeks
313254	Manual & Computerised Payroll & Bookkeeping*	16/5/22	13 weeks
313212	Food Preparation and Cooking (Culinary Arts)*	16/5/22	20 weeks
327151	Cybersecurity	23/5/22	56 weeks
336401	IT Support Fundamentals	23/5/22	11 weeks
338372	Media Graduate Internship	20/6/22	12 weeks
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<b>Computer Skills QQI Level 2</b>	Learn about computers and gain confidence in being able to access and operate a computer for your own needs.
<b>Basic Computers</b>	Learn to operate a computer and navigate the internet safely. Basic typing skills and editing text, saving and printing are covered.
<b>Read, Write &amp; Spell</b>	Take the first step to improving your reading, writing, listening and/or speaking. Gain confidence and work towards a recognised certificate
<b>Literacy Clinic &amp; Relaxation Techniques</b>	This programme allows you to develop the knowledge, skills and competencies relevant for personal development and participation in society, community and employment.
<b>Food Choice and Health</b>	Gain an understanding regarding the relation between good health, nutrition, food choice and preparation.
<b>Spreadsheets QQI Level 3</b>	Learn about spreadsheets applications, the terminology associated with them, their functions and features. Use a spreadsheet application to create spreadsheets for use in everyday life. Use basic formulae to perform simple calculations in the spreadsheet

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**Find all course information and/or apply on [www.fetchcourses.ie](http://www.fetchcourses.ie).**



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**Ann: 087 9403508**

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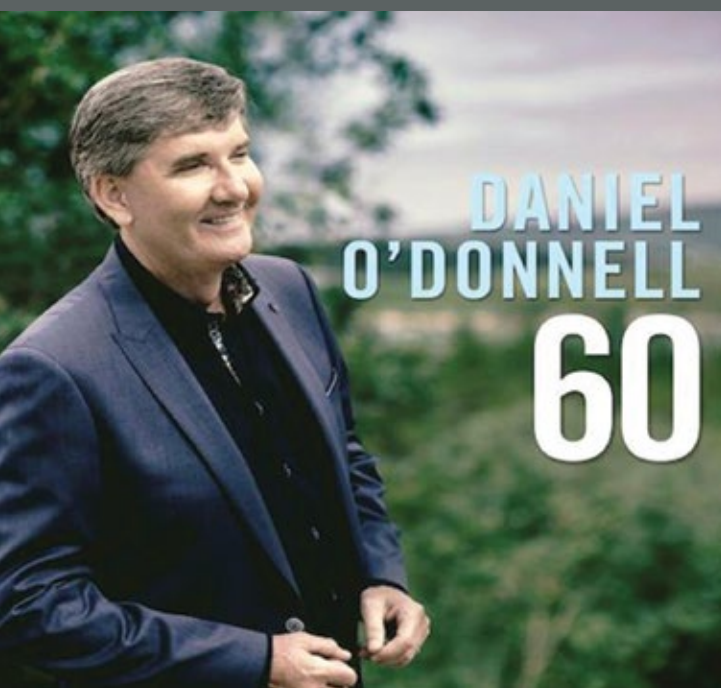
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## SEARCH TO FIND 2022 TEXACO CHILDREN'S ART COMPETITION WINNERS LAUNCHED

The search to find the young artists who will excel in this year's Texaco Children's Art Competition has begun. Last year three students from Co. Kerry won prizes in the Competition which is now in its 68th year and widely acknowledged as the longest running arts sponsorship in Ireland. The closing date for entries is Monday, 28th February. Judging will take place in April with winners to be announced in May. Details are available at [www.texacochildrensart.com](http://www.texacochildrensart.com) or at Texaco service stations throughout the county.



## DANIEL AT SIXTY

By Nicky Barry

Daniel has turned sixty, a birthday Elvis never knew,  
For Daniel is from Donegal, and to give him his due,  
Despite all the adulation, and all the records sold,  
He remained a country boy, while Elvis lost control.  
Both of them were mammy's boys, much loved and adored,  
But Dan kept both feet on the ground, although he could have soared.  
Poor ole Elvis soared so high, on amphetamines and pills,  
That he died while in his prime, drugged up to the gills.  
Teenagers went for Elvis, as he rocked his hips,  
While grannies went for Daniel, with his modest little skips.  
He did his corny dance routines, like little one, two, threes,  
Which old ladies went bananas for, in the INEC.  
Then Daniel went and broke their hearts, when he wed Majella,  
A live-wire lass with lots of sass, and tons of charisma.  
Then they both went on the road, to entertain the nation,  
Booking into B & B's, in country wide stay-cations.  
This was a new dimension, to the lad from Donegal,  
And folks who couldn't stand him, were overnight enthralled.  
Apart from his rich mellow voice, he has a sense of humour,  
And that's why at sixty, he's a world famous crooner!



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**Cllr MAURA HEALY-RAE**

### WEEKLY CLINIC ON:

**SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM**

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### BUSES TO BELFAST WILL CONTINUE TO RUN EARLY IN 2022

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**PLEASE CONTACT**

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Maura **087 7816432** Johnny **087 2354793**  
Eileen **087 9975419**

Email: [danny.healyrae@oireachtas.ie](mailto:danny.healyrae@oireachtas.ie) | [johnnyhealyrae@gmail.com](mailto:johnnyhealyrae@gmail.com)  
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# JANUARY IS A GOOD TIME TO CLAIM TAX RELIEF ON A RANGE OF EXPENSES – Griffin



January offers a good opportunity for Kerry people to avail of the tax reliefs to which they are entitled on expenses including medical bills and working from home, Deputy Government Chief Whip, Brendan Griffin TD has said.

Deputy Griffin said: "Managing your finances can often seem like a daunting task, but many individuals and families in Kerry can avail of number of tax breaks they may not have known they were entitled to.

"People can claim relief on the cost of health expenses, which can be yours or those of a family member. 20% tax back can be claimed on health and medical expenses and non-routine dental expenses.

"You can also claim 20% tax back on the cost of private medical insurance. Medical expenses can be claimed easily by using the myAccount facility on the Revenue website and ensuring you keep the receipts for what you are claiming.

"PAYE workers can claim e-working expenses incurred across last year. In 2021, the allowable cost was 10% of electricity and heat and 30% of broadband.

"However in line with Government policy to facilitate and support remote working, Finance Minister Paschal Donohoe announced on Budget Day that, from January 1st, an income tax deduction amounting to 30% of the cost of vouched expenses for heat, electricity and internet incurred

while working from home can be claimed by taxpayers. The employee must have incurred the cost and it is the responsibility of the employee to retain proof such as receipts.

"Revenue advise that the simplest way for Kerry taxpayers to claim their e-working expenses and other tax credit entitlements is by using the myAccount facility on the Revenue website.

"Also, the Government recently approved the establishment of the Electricity Costs Emergency Benefit Scheme under which a payment of €100 will be made to each domestic electricity customer.

"This is one of a range of measures to mitigate the effects of the unprecedented rise in electricity prices on householders. The scheme is currently being finalised, but it will be automatic and will apply to all customers.

"Tax relief of 20% can also be claimed on third level tuition fees, as well as housing tax reliefs for home renovations and renting a room.

"The start of the year is a good opportunity for people to organise their financial affairs and also to shop around to see if they can secure better offers by switching providers on a range of services.

"It's definitely worth sitting down and taking the time to claim for certain expenses as it can result in hundreds of euro back in your pocket," Deputy Griffin concluded.

## Minister for Health announces

### updates to public health management of COVID-19 cases and close contacts



Following advice from the Chief Medical Officer, and, in light of the latest available evidence and international experience relating to COVID-19, the Minister for Health, Stephen Donnelly TD, has announced changes to Ireland's self-isolation and restriction of movement rules following a Government meeting on Wednesday, a day that saw the 10 millionth dose of COVID-19 vaccine administered. The changes relate to the public health management of COVID-19.

Given the high levels of infection across the country, it is particularly important that cases and close contacts continue to follow the public health advice issued to the general population. For a period of 10 days (including the 7 days self-isolation or restricted movements) all cases and close contacts are advised to:

**LIMIT** close contact with other people outside their household, especially in crowded, enclosed or poorly ventilated spaces

**WEAR** an appropriate face mask/face covering in crowded, enclosed or poorly ventilated spaces and where they are in close contact with other people

**TAKE** an antigen test before entering crowded, enclosed or poorly ventilated spaces and prior to having close contact with other people from outside their household

**AVOID** contact with anyone who is at higher risk of severe illness if infected with COVID-19

work from home unless it is essential to attend in person

**FOLLOW** all public health protective measures

The period of restricted movements for close contacts applies from date of last contact with positive case if known or, if not, from date of notification as a contact. Close contacts of any age who have recovered following COVID-19 detected by a PCR or antigen test carried out since 1st December 2021 are not required to restrict movements or test if asymptomatic. If they become symptomatic, they should immediately self-isolate, get tested and wear a mask as appropriate.

Cabinet have decided that these updates will come into effect from today, Friday 14 January. The Department of Health and the HSE will now work to operationalise same.

Meanwhile, a pop up COVID Testing Centre was opened HSE in Killarney on Wednesday 12th January. It offered people who are the longest waiters on the list an offer of an appointment.

The venue at St Mary's Parish Hall was opened due to the extraordinary and unprecedented demand for this service experienced over the past week or so, far outstripped the capacity of the test centre in Tralee which is usually in a position to offer swabbing service within 24 hrs of demand.

"With the huge efforts of staff and the deployment of antigen testing to those under 40 in certain circumstances, the waiting list is reducing significantly daily and we would hope to return to a more timely offer of service over the coming days. This pop up centre will assist the local service in Kerry to do so", a notice from the HSE said.



The pop up test centre at St. Mary's Parish Hall which was open on Wednesday.



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## The Skinny Baker

Denis Kelleher (*theskinny. Baker*) is living in Rathmore and began baking when he was 12 years old. You can follow Denis on Facebook and Instagram @theskinny. baker for lots more recipes



## LEMON MERINGUE CUPCAKES

### Ingredients

175g self raising flour  
110g Caster sugar  
110g soft butter  
1 teaspoon of baking powder  
1 teaspoon of vanilla extract  
2 eggs  
2 tablespoons of cold water  
1 jar of chivers lemon curd  
For the meringue  
4 Free-range egg whites  
225g/8oz caster sugar  
2 tsp cornflour

### Method

Mix the butter and sugar until smooth  
Add the teaspoon of vanilla.  
Add in the 2 eggs one at a time.  
Sive in the flour and baking powder and mix add the water.  
Spoon the mixture into the bun cases upto two-thirds.  
Place in the oven at 180° for 15 minutes when baked leave to cool.  
Spoon out a teaspoon out of the center of the cupcake and spoon in some lemon curd.  
**For the meringue,**  
Whisk the egg whites in a mixer until soft peaks form, Add the caster sugar a little at a time, still whisking until the meringue is stiff and glossy.  
Add the cornflour and whisk again.  
Pipe or spoon the meringue on top of the cupcakes, place in under the grill for a few minutes but be careful so they don't burn, or you can also use a small blow torch



## Vegan Shares

with Killarney Outlook



## SPICY LENTIL SOUP

### Ingredients

1 tbsp oil  
1 onion chopped  
1 thumb size piece of ginger grated  
2 cloves of garlic crushed  
1 tsp ground cumin  
1 tsp ground coriander  
150g red lentils  
900ml vegetable stock  
1 400g tinned tomatoes  
2 tbsp tomato Purée  
A god handful of fresh spinach  
Fresh coriander to garnish

In a large pan put the oil and fry the onion for 4 to 5 minutes on a medium heat being careful not to burn. Add the ginger and garlic and stir then add the tinned tomatoes, spices, lentils and stock cook for another 15 minutes. Blend the soup until smooth and then put it back in the pan again. Add the spinach leaves stir and allow them to wilt for a minute or two. Your soup is now ready to serve. I sprinkle some fresh coriander on top. This is a great lunchtime snack as its filling but low fat and nutritious.



If you like my vegan recipes I would be delighted if you would join me on my Instagram @vegan\_shares hope to see you there. Sarah





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This is a rare opportunity to purchase a modern five bedroom family detached home in Killarney's premier residential road, only a short walk to the town centre/national park. This property is in walk in condition with concrete floors, quality fixtures and fittings throughout and a large private rear garden. (Joint selling agents: David O'Driscoll)

**Price Region: €750,000**

BER: C1

LABOUR



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**Marie MOLONEY**  
Coolick, Kilcummin, Killarney

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Contact details:  
Mobile: 0863049422  
Email: [marie.moloney1980@gmail.com](mailto:marie.moloney1980@gmail.com)

REA

COYNE & CULLOTY

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GUIDE PRICE: €235,000

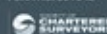


Superbly located, spacious and very well maintained two bedroom first floor apartment. This property is only a 5 minute walk to Killarney town centre and has one allocated car parking space. Ideal as an investment property, residential letting or holiday home.

BER: C3

[www.killarneyproperty.com](http://www.killarneyproperty.com)

PSRA No: 001042



Contact Donal Cullyoty

064 6631274/087 2354790



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## THROUGH THE KEYHOLE...

A PICTORIAL LOOK AT **KILLARNEY PROPERTIES** ON THE MARKET

**Sherry  
FitzGerald**  
Coghlan

David  
**O'Driscoll**  
& Co. Ltd.



**Address: Ross Road, Killarney**

This is a rare opportunity to purchase a modern five bedroom family detached home in Killarney's premier residential road, only a short walk to the town centre/national park. This property is in walk in condition with concrete floors, quality fixtures and fittings throughout and a large private rear garden.

**Joint Selling Agents:**

- Michael Coghlan Sherry FitzGerald Coghlan ● 95 New Street, Killarney ● Tel: **064 6631892 / 087 2668591** ● E: **info@sfmc.ie**
- David O'Driscoll & Co. Ltd. ● Muckross Road, Killarney ● Tel: **087 7958386** ● E: **info@dodriscoll.com**

**Price Region: €750,000 BER: C1**

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.





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**GUIDE PRICE: €230,000**  
**BER: C3**



**27 PINWOOD, KILLARNEY,  
CO KERRY**

Well located semi-detached house overlooking the green area and short walking distance to the town of Killarney and all amenities. The pvc double glazed windows, oil fired central heating and rear access further enhances the attractiveness of the property. The property is well maintained and is ready to go.

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**BER: E1**



**Full Details Selling Agent Hennigan Auctioneers  
064-6634582/087-2354416**

**Hennigan Auctioneers 66 New St., Killarney t| 064 6634582  
m| 087 2354416 [www.henniganauctioneers.com](http://www.henniganauctioneers.com)**

## MONEY MATTERS.....

By Dermot Cronin,  
**Financial Advisor**



**IS IT MORE DIFFICULT TO GET A MORTGAGE TO BUILD MY HOME THAN A MORTGAGE TO BUY MY HOME?**

Yes, it can be more difficult. When you are building your family home there is more of a risk of things going wrong than purchasing your home especially in relation to the overall cost. The most obvious and biggest risk is of course the risk of you going over your budget to build and finish your property. Lenders when assessing your application need to take this risk into account. Lenders will put emphasis on the cost of construction of your property. If you are making your application through a mortgage broker he/she should spend time discussing the cost of the construction and loan amounts with you to make sure they are realistic and affordable. If these figures are incorrect and especially if they are too low then your mortgage application could be declined and more importantly you may not have enough money to finish the property. A big positive at the moment for people who are first time buyers and are building or buying a new property that is their family home is that there is a Help To Buy Scheme that you can apply for through the Revenue. There is up to €30,000 available through this scheme, there are terms and conditions attached to this Help To Buy Scheme. Obviously this is very beneficial in terms of reducing your overall cost and reducing your mortgage amount also. Each lenders criteria for self build mortgages is different & you need to know this before choosing a lender that suits you best. A mortgage broker who has access to many lenders and has a lot of experience with self build mortgages should be very helpful to you.

If you require any further information on the above or any other matter you can contact Dermot Cronin at [dermotcroninifa@gmail.com](mailto:dermotcroninifa@gmail.com) or 0646622775 or 0872893649.

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## ASTRID LONGHURST

Life, Inspiration & Body Confidence Coach/Author

### EMBRACE MORE JOY IN YOUR LIFE

The past couple of years have taken their toll in how we feel. Many life changes have meant that as we embark into 2022, we may not be feeling as joyful or as hopeful as we could be. And yet, finding joy in our lives is of the upmost importance.

Joy helps us to thrive, to let go, to have a positive perspective on life and on the changes that life often brings us.

#### Here are my top three tips for living a more joyful life.

- **Set a vision.** It is up to each one of us to define what joy really means to us. What brings you joy? Maybe it's reading a good book, walking in nature, being with your family or loved ones. Perhaps joy is simply slowing down a little and taking time to be present. Knowing what makes you feel joyful is the first step to embracing more joy in your life.
- **Activate your joy!** Knowing what brings you joy and actually activating it are two different things. This step means that you set aside time to take action on the things that bring you joy. This is key. We often think about doing the things we love, however, we don't take time to make them a priority in our lives. To feel joy you need to activate it by engaging in the things that make you feel good.
- **Acknowledge your actions with self-valuing.** Valuing what we do is integral to creating more of that feel good feeling. So often, we wait for others to acknowledge our actions and value what we have done. This leaves us waiting for someone else to approve of us which they may or may not. Instead, empower yourself by saying supportive, positive things such as "I'm so proud of you for resting a little more today. I love the way you got up early to take that morning walk, etc."

Finding joy in our lives means that we need to look for it, activate it, enjoy it and appreciate it.

For more joyful tips please join me on Instagram at [romancing your body](#) or contact me at my website [www.astridlonghurst.com](http://www.astridlonghurst.com)

[www.astridlonghurst.com](http://www.astridlonghurst.com)

# Noreen

WHAT  
Women  
WANT



answers your beauty questions...

### Impaired skin barrier

*My skin is red and stings when i apply my moisturiser?*

This sounds like the moisture barrier in your skin is impaired. This layer of lipids is important to protect your skin as it keeps water locked in



and irritating ingredients out. This may have happened if you were using new products that were too strong or harsh or just not suited to your skin type. Also the heat and friction from wearing masks everyday can impair the barrier.

You can heal this easily in 2-4 weeks by using a moisturiser with ingredients like ceramides and fatty acids to help rebuild your barrier wall.

Switch a gentle milk or gel/cream cleanser to soothe and calm your skin and use a gentle physical spf daily to deflect sun rays.

Follow a simple routine using minimal hydrating, soothing products until it heals.

Most importantly do not use any active products (acids, exfoliators, retinols) until all the stinging, burning, redness or itchy skin is gone. Then slowly introduce new products one at a time so you learn what effect it has, good or bad!

Invest in skin strengthening ingredients like vitamin A, vitamin C and peptides to ensure you have healthy skin into the future.

**Noreen Mangan**

Tel: 0646630712

[www.whatwomenwant.ie](http://www.whatwomenwant.ie)

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### COVID ISOLATION TIPS FOR STAYING HEALTHY & MENTALLY SANE!

1. Make a list of little "things to do" for week ahead. Maybe pick 2 things from the list each day and complete. This is a great time to clean out those wardrobes or kitchen cupboards that you never have time to do usually
2. If you aren't too sick get up every morning and do a short workout to get the body moving. B Well have a you tube channel with lots of workouts to keep you moving for free. Workouts will cheer u you, get the happy endorphins going. Even a shirt 20mins workout will make all the difference.
3. Join in to some B Well live classes on zoom. Please contact us for details and we will get you checked in.
4. Use the time to order your shopping online and start cooking and preparing healthy meals. If you don't have much of an appetite just eat small and often and keep hydrated.
5. Relax rest and sleep. There is no other time in your life you will get away with chilling out guilt free so enjoy every minute.
6. Get some air out in your back garden if you have the space to do it. Open all your windows and give yourself fresh air daily. And clear out all the stale infected air from your room.
7. Hydrate hydrate hydrate..... flush out the virus like you are power washing your system internally.
8. Take plenty of vitamin c drinks. This helps your healing.
9. Oh ya and did I mention rest!!!! Well I'll say it again..... Rest, Heal, Sleep this is the only thing that will get you feeling better.

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### Driving and vision

It is important that you can see clearly to be able to drive safely. Conditions that may affect your visual field and driving include strokes and brain tumours, as well as eye conditions such as diabetic retinopathy and glaucoma (if you have them in both eyes).

Make sure you have regular sight tests and if your optometrist tells you that you must not drive, you must stop all driving immediately. Driving when you are medically unfit to do so is a criminal offence, and you may be prosecuted if you are involved in an accident.

Driving glasses

If you have been advised to wear glasses for driving, make sure you wear them, even for short trips – and keep a spare pair in the car. Choose glasses with thinner sides for driving as they won't block your side vision as much as thicker ones. If you wear contact lenses, keep a pair of glasses in the car in case you need to take your lenses out. Even if you don't need to wear glasses all the time, you will probably find they are particularly helpful when the lighting is poor, and for driving at night.

Headlights of oncoming traffic can

be dazzling when you are driving at night or in poor weather conditions. Special driving lenses designed with a specially-developed glare filter and a contrast-enhancing filter can help reduce reflections and uncomfortable glare from oncoming traffic.

If glare is an ongoing problem for you, make sure your windscreen and headlights are thoroughly cleaned and free from grime and dirt. If you wear glasses, and don't forget to keep them clean too. If you find that problems with glare at night persist, make an appointment to have a sight test.

Sunshine can be dazzling too, particularly when the sun is low in the sky. If you wear glasses, you may find it helpful to have a pair of prescription sunglasses in the car, or to wear clip-on sunglasses over your prescription glasses. Polarised sunglasses are great for driving in bright conditions. Polarised lenses are lenses with a special built in filter to reduce glare and improve vision in bright conditions

For more information and honest advice contact us to arrange an appointment.



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**Cyril Conroy**

**Tel/WhatsApp: 087-6009550**

**Website: [www.cyrilconroy.weebly.com](http://www.cyrilconroy.weebly.com)**

Cyril Conroy is a Member of the Irish Association of Relationship Mentors, practising One-On-One Therapy for Individual Adults over the age of 18. Cyril is a fully trained and Qualified Co-Creational Parent and Relationship Mentor, whose therapy is based on Understanding, Genuineness, Non-Judgement and Compassion for his Clients.

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"Our thoughts and feelings can, for so many of us, be so terribly confusing. We also might behave in certain ways, maybe disliking ourselves for these behaviours, but feel helpless and angry that we continue to repeat what we do. We just continue on the same loops, leading to so much frustration and anger, with both ourselves and others.

With the many feelings or difficulties we may be experiencing, such as anger, fearfulness, being overwhelmed by our thoughts, or feeling very little hope, we yearn and need for someone to really listen. We want to be listened to and to be understood, with compassion, devoid of judgment and full of caring and empathy. We want answers to our questions. I honestly believe that we all deserve this for ourselves.

If you are now curious and in a position where you want to understand yourself and your feelings more, we can explore your thoughts and feelings in a non-judgemental, genuinely safe environment. Your safety and comfortableness in this exploration is of the utmost importance.

Contact Cyril Conroy on 0876009550 or email [cyrilconroy@gmail.com](mailto:cyrilconroy@gmail.com) to make an appointment."



## OPEL RAMPS UP ELECTRIFICATION WITH EMISSIONS-FREE-ONLY MPV MODELS

Opel is ramping up the rapid electrification of its entire range in 2022 and will offer no less than eleven electrified models by mid-2022, including Opel's entire light commercial vehicle range. En route to an emissions-free fleet, today, the celebrated German brand further announced that the Opel Combo Life, Vivaro Combi and the Zafira Life will now only be available to customers as emissions-free, 100% electric models, dropping ICE engines from the mix, and effective from January 2022 orders. The announcement is a clear illustration of Opel's firm intent to exclusively sell battery-electric vehicles only in Europe from 2028. The Opel Combo-e Life and the Opel Zafira-e Life are already very successful in the market. Both MPVs are powered by a 100 kW/136 hp electric motor. With its 50 kWh lithium-ion battery, the Combo-e-Life achieves a range of up to 280 kilometres in accordance with the WLTP, depending on the driving profile, outside temperature and use. When necessary, it takes around only 30 minutes for the battery to reach 80% state-of-charge at a public DC fast charging station.

With the large Opel Zafira-e Life, the customer can choose between a 50 kWh lithium-ion battery (230 kilometres range according to WLTP) and a battery with 75 kWh for a first-class range of up to 330 kilometres according to WLTP. The Zafira-e Life is available in three vehicle lengths with space for up to nine people.

With the plug-in electric hybrid Grandland due imminently, the new generation of the Opel Astra will be the linchpin of the Rüsselsheim-based brand's electrification offensive. After celebrating its premiere in September 2021, the new Astra will arrive in late spring and will be available as a plug-

in hybrid right from the start. In 2023, the purely battery-electric Astra-e will complete the range.

In addition to plug-in hybrid and battery-electric models, Opel can also already offer a plug-in fuel cell electric vehicle.

The Vivaro-e HYDROGEN is based on the existing battery electric Opel Vivaro-e, the International Van of the Year 2021. The newcomer has a fuel cell drive combined with a plug-in battery and with full tanks of hydrogen to give a driving range of more than 400 kilometres (WLTP). The first Opel Vivaro-e HYDROGEN off the production line will begin its emissions-free work in the fleet of the German manufacturer of premium domestic appliances, Miele.

Opel is not only on the way to a CO<sub>2</sub>-neutral future with its models and drive alternatives. This year, Opel and Stellantis are pushing ahead with the plans to build the battery cell gigafactory in Kaiserslautern. In Rüsselsheim, a project is taking shape



The Combo-e Life (below) and the Zafira-e Life (above) 100% electric MPV models



to transform the Opel headquarters into a green campus as the future German headquarters of Stellantis.

**The Combo-e Life and the Zafira-e Life 100% electric MPV models are available at Ahern's Open Dealers, Castleisland.**

## Design sketches offer a first glimpse of the new ŠKODA ENYAQ COUPÉ iV

KODA AUTO is offering a preview of the new ŠKODA ENYAQ COUPÉ iV in official design sketches. The coupé variant of the all-electric ENYAQ iV has an even more emotive design and, thanks to its outstanding aerodynamics, boasts an even greater range than the SUV version. The sketches show the gently sloping roofline, the rear with a sharp tear-off edge and side skirts in the body colour. The world premiere of the ENYAQ COUPÉ iV is set for 31 January 2022 in the Czech capital of Prague.

With the new ENYAQ COUPÉ iV, ŠKODA is adding a particularly emotive variant to its first all-electric model series based on the Volkswagen Group's Modular Electrification Toolkit (MEB). Side skirts painted in the body colour and large wheels give the new, four-door flagship model a powerful appearance.

The redesigned roofline enhances the elegance of the ENYAQ COUPÉ iV. From the B-pillar, the roof slopes gently towards the rear and merges seamlessly with the tailgate. The rear styling is dominated by ŠKODA lettering in block capitals below a sharp tear-off edge and the brand's signature C-shaped rear lights.

The front of the ENYAQ COUPÉ iV is characterised by the large and striking ŠKODA grille and flat, sharply cut front headlights that accentuate the width of the vehicle. The sketch also shows a unique, sporty front apron. The new ŠKODA ENYAQ COUPÉ iV will be unveiled to the public at its digital world premiere in Prague on 31 January 2022.

For more information contact Liam Lynch ŠKODA, Farranfore.







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\*Fuel consumption figures in l/100km for the Mazda Electrified Range: WLTP Combined 7.0-0.0. WLTP CO2 emissions (g/km): 160-0. Vehicles are homologated in accordance with the new type approval procedure WLTP Regulation (EU) 2017/1151; Regulation (EC) 715/2007. Offers valid until 31st March 2022 on selected models while stocks last at participating retailers. PCP Example for Mazda MX-30 GS-L - Term: 37 months, 36 monthly payments: €276, GMFV: €17,644, RRP: €38,410, VRT Relief: €2,447, SEAI Grant: €5,000 Customer Deposit: €5,789, Amount of Credit: €25,174, Acceptance fee: €75, option to purchase fee: €75, Total Amount Repayable: €33,506, Kms/annum limit: 15,000kms, APR: 4.9%. Lending terms and conditions apply and a guarantee may be required. Each offer is available under Mazda Choices (Hire Purchase Agreement as defined by the Consumer Credit Act 1995) and available through ALPHERA Financial Services. All finance is subject to status and is available to over 18s in Ireland only. Guarantees and indemnities may be required. Excess mileage, vehicle condition and other charges may be payable. BMW FINANCIAL SERVICES (IRELAND) LIMITED TRADING AS ALPHERA FINANCIAL SERVICES, SWIFT SQUARE, SANTRY, DUBLIN 9. BMW FINANCIAL SERVICES (IRELAND) LIMITED IS REGULATED BY THE CENTRAL BANK OF IRELAND. Warning: You will not own the goods until the final payment is made. All offers reflect 2022 VRT rates.







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[seat.ie/221](http://seat.ie/221)



## RATHMORE GNEEVEGUILLA

## ➤SYMPATHY

To the nieces, nephews, sister-in-law & extend family, neighbours & friends on the death of Mary Jo Dineen, West End, Rathmore. Mary's funeral took place on 24th December in Rathmore. To Helen, Donal & Tadhg O'Connor & extended family on the death of their mother Peggy O'Connor, West End, Rathmore. Peggy's funeral took place on Thursday the 6th January in Rathmore. May Mary & Peggy rest in peace.

We extend our sympathies to family Peggy O'Connor RIP, West end, Rathmore. Peggy was very active member of community & served former treasurer of Rathmore Community Council with Martin Murphy & Tom Fox. Ar dheis Dé go raibh a anam dílis

## ➤RATHMORE DISTRICT CREDIT UNION

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## ➤RATHMORE GAA CLUB CLUB

Congratulations to Kieran O'Keeffe new chairman of Rathmore GAA Club we wish him best of luck year ahead Club Coiste na nÓg AGM on Friday January 28th at 8.00pm due to Covid it is expected that this will

Congratulations to John O'Donoghue, Danny O'Mahony, & Ryan Kavanagh, who won the Annual GAA Golf outing on Dec 30th at Mahony's Point. In 2nd place were Mossie McCarthy, John Moynihan & Don Casey and in 3rd place were Kieran O'Keeffe, John Buckley & Darragh O'Keeffe and in 4th place were Sean Riordan, Kenneth O'Donnell & Colm Kelly. SP SL Rathmore play Skibbereen CS in the quarter final of Corn Uí Mhuirí. Congratulations & Best wishes to our club & county player Paul Murphy and to Michelle Breen who were married recently.

Sincere sympathy to our Lotto Officer Donal O'Connor and to all of the O'Connor family West End on the death of their mother Peggy. Suaimhneas Sioraí duit Peggy.

## ➤GNEEVEGUILLA COMMUNITY DEVELOPMENT COUNCIL AND GNEEVEGUILLA BASKETBALL CLUB

Congratulations to Kathleen McCarthy this week's jackpot winner of €326 Bucket on Friday evening/07/01/22.

## ➤QUARTER FINAL OF CORN UÍ MUIRÍ

Scoil Pobail Sliabh Luachra play Skibbereen Community School this Saturday 16th July 2021 at macroom at 1pm.

## ➤MUNSTER CLUB JUNIOR. CHAMPIONSHIP FINAL

Gneeveguilla. vs Ballina (Tipperary) Mallow at 1:30pm this Saturday 15th January at 1-30pm

## ➤RATHMORE GAA CLUB NOTES

Club AGM was held online on Jan. 7th at 7.30pm. Secretary's and



East Kerry Board members with relatives of Humphrey Murphy at his graveside in Kileentierna Cemetery last Sunday when a wreath was unveiled in his memory. Photo Seamus Healy.

club committee reports were read and adopted. Kieran O'Keeffe was nominated as cathaoirleach and elected unopposed for the coming year. Kieran accepted the nomination and thanked the members for the honour bestowed on him. He also thanked the outgoing cathaoirleach Bernie Reen for her dedicated service to the club as Cathaoirleach over the past three years and for her many years as club secretary. Bernie has also served in various county Board positions. The last two years have been difficult due to covid and Bernie has been central to the club's response to meet community needs during lockdown. Kieran asked that the remainder of the AGM agenda be deferred until Friday night next at 8.00pm. This was agreed and the meeting was adjourned. Club Coiste na nÓg AGM on Friday Jan. 28th at 8.00pm due to Covid it is expected that this will also be online more details later.

Next Jackpot (Monday Jan. 17th) €7,000 Play online or at local shops. Yearly tickets can be renewed online anytime €90, or contact our Lotto Officers Donal O'Connor, Kieran O'Keeffe or George O'Keeffe. SPSL Rathmore play Skibbereen CS in the quarter final of Corn Uí Mhuirí on Saturday Jan. 15th in Macroom GAA pitch at 1.00 pm Gneeveguilla play Ballina, Tipperary in the Munster Junior Club championship final on Saturday Jan. 15th. in Mallow @ 1.30pm. Very best wishes to both teams.

➤TUREENCAHILL TRACTOR RUN IN MEMORY OF NOREEN O'CONNOR CRONIN in aid of the Kerry Hospice Foundation and Comfort for Chemo will take place January 16th starting at Tureencahill community centre registration will start at 11am and the run will start at 1:30pm. Vintage cars and trucks welcome also, hope to see you there. Donations can also made online at [https://www.idonate.ie/fundraiser/11422604\\_in-memory-of-noreen-o--connor-cronin.html](https://www.idonate.ie/fundraiser/11422604_in-memory-of-noreen-o--connor-cronin.html)

By Michael O' Mahony

## LISTRY

## ➤LISTRY WEEKLY LOTTO DRAW RESULTS

Numbers Drawn 4, 11, 20, 28. €100- Tim Fitzgerald, Dromkerry. €50 x 2 - Noreen O'Shea, Lissivane. John Kearins, Faha Court. €25 x 2 - Joan Spillane, Cullemore. Margaret Horgan, Dennehy's Bothreen. Next Sunday Jackpot €3,900. Tickets are now available online on Clubforce. Also from O'Sullivan, Beaufort Bridge, Listry Community Centre. Faha Court, Listry Gaa Grounds.

## ➤LISTRY GAA AGM

The AGM of Listry GAA Club will take place on Sunday week January 16th at 2pm. AGM will take place this year in the Community Centre Faha to allow for social distancing. Nomination papers, Agenda and motions form will be available on club website and must be returned to club secretary Anthony Clifford Faha West Killarney by post or email to secretary.listry.kerry@gaa.ie. Forms must be returned by 9pm on Friday 14th January. We are asking all members to attend please.

## ➤DEEPEST CONDOLENCES

Deepest condolences to Peggy Fleming and family, Rockfield on the recent death of her brother, Sean Joseph Ryan RIP. Castleisland.

## ➤PREDICTION LEAGUE 2021

Results of prediction league 2021: 1st prize 500 euro to Murt Broderick sold by Derry Ahern. 2nd prize shared between 2 people as follows Pat

Sugrue sold by Aaron O'Shea and Louise Moynihan sold by Derry Ahern, 75 euro voucher each from Keanes SuperValu in Killorglin. 3rd prize is a 3 month membership for the Aquilla Club won by Aidan Fitzgerald sold by Joe Clifford. Congratulations to all our winners and thanks for your

## ➤HAPPY NEW YEAR

Listry Gaa would like to say thanks to: The local business and our sponsors that supported us throughout the year. The supporters who never waived in supporting us. The volunteers who kept Listry Gaa growing in strenght year in, year out. Thank you to the players from senior level to juveniles who brought us so much happiness, enjoyment and success for many years.

Finally for those who lost love ones during 2021 and we will remember them and their families. Happy New Year to all our members, players, parents volunteers and all those involved in our club.

## ➤PIETA FUNDRAISING TRACTOR RUN EVENT

The Giles Family would like to thank all those who supported their fundraising event on Fri 31st Dec. A fundraising page is still available for anyone who would wish to donate to a worthy cause. All donations are greatly appreciated. All money donated will go directly to Pieta House <https://www.idonate.ie/RichardGilestractorrun> iDonate.ie Pieta House Tralee

Written by: Anne Sugrue O'Brien





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## KILCUMMIN

## &gt;SYMPATHY

Sympathy is extended to the family of the late Dan Joe Moynihan, Dunrine who died recently. May he rest in peace.

## &gt;KILCUMMIN RURAL DEVELOPMENT AGM

At the recent AGM of Kilcummin Rural Development the following officers were elected: Chairperson – John Lenihan; Secretary – Margaret O'Sullivan; Treasurer – Adrian O'Keeffe, with the following elected to the Board: Phil Doolan, Sheila Casey, Siobhán McSweeney, Jerry Pigott. We wish them all the best of luck in their new roles.

## &gt;COMMUNITY EMPLOYMENT SUPERVISOR

Employer: Kilcummin Rural Development Ltd. are currently recruiting a Community Employment Supervisor. Requirements: A minimum of NFQ level 6 or higher in business/financial administration/HR/project management or similar. 3 years Supervision and people management experience. Proficiency in Microsoft Office programs, such as Word and Excel. Full driving licence and own transport required. Previous payroll and Revenue experience is an advantage.

An in depth Job Specification is available on request for those wishing to apply for the position. Please email: [cm@kilcumminparish.com](mailto:cm@kilcumminparish.com) to request this. Applicants are requested to submit an up to date CV together with a photocopy of their education certification. A covering letter is also requested outlining applicants experience and skill set relevant to the position. Applicants should supply suitable character references and be prepared to complete a Garda vetting application form. Shortlisting may apply. Deadline for the applications is Friday January 28th, 2022. Email CVs to: [cm@kilcumminparish.com](mailto:cm@kilcumminparish.com) Post to: CE Programme, c/o The Chairperson, Kilcummin Rural Development Scheme, Clashnagarrane, Kilcummin, Killarney, Co. Kerry.

## &gt;LOCAL LINK KERRY

Local Link Kerry provide a bus service to Killarney each Friday. Collection is at Kilcummin Post Office at 10.15am. Further information available from 066 7147002 or [www.locallinkkerry.com](http://www.locallinkkerry.com) Bookings @ [locallinkkerry.ie](mailto:locallinkkerry.ie) Office hours Monday to Friday 9am to 5 pm.

## &gt;COOLICK NATIONAL SCHOOL

Coolick National School is currently enrolling for September 2022. Please see our website [www.coolickns.com](http://www.coolickns.com) or contact the school at [coolickns@gmail.com](mailto:coolickns@gmail.com) for an enrolment application form.

## &gt;COOLICK PRE-SCHOOL

Coolick Pre-school is now enrolling for September 2022. Morning Session 8.50 - 11.50 (limited availability). For further information please contact Ciara Moynihan on 0871181993 or 066 9764549.

## COVID-19 SUPPORT LINE FOR OLDER PEOPLE

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID-19 (Coronavirus). If you or someone you know needs support this Christmas, please call our National Support and Referral Line on 0818 222 024 from 8am – 8pm, seven days a week. ALONE operates 365 days a year so we will be there to take your call when you need us most.

## &gt;REDUCE, REUSE, RECYCLE

Christmas is a time of year when we generate huge volumes of wastepaper, food, glass and plastic. As we hear and read in the media about the negative effects global warming has on our planet we are encouraged to reduce, reuse and recycle our waste wherever possible and help protect our environment by disposing of it in a proper manner



The late Peggy O'Callaghan who passed away last week, pictured with her husband Mike and sons Diarmuid and Shane.

either through your local bin collector, at any bottle bank or at the Coolcaslagh Civic Amenity Site in Killarney.

## &gt;KILCUMMIN GAA

**SYMPATHY:** It was great sadness we heard of the passing of Peggy O'Callaghan Clonteens in the last week. Peggy along with her husband Michael, founded Kilcummin Scor in 1978 and as a result gave years of great fun and joy to participants, trainers and the general public alike during her 20 years as club officer. It afforded the opportunity to females to participate in club activities long before ladies' football was initiated and it brought many people into the club, many of whom remained involved in different capacities over the years. She has left us a wonderful legacy and will be remembered fondly by those lucky enough to have met her. The club's sympathy is extended to Mike, Diarmuid, Shane and their extended family. May she sleep in peace.

## &gt;KILCUMMIN GAA AND FITNESS CENTRE MEMBERSHIP

Memberships for the Senior and Juvenile parts of the club as well as the Fitness Centre can now be renewed or registered through the members Foireann accounts. Details on membership for Kilcummin LGFA will follow in due course. If you previously have a Foireann account just log in.

(you don't need to set up a new one). If you don't have one already you can set up one by logging on to the following link, --- Login /Foireann. Select the membership tab and then the relevant package for each family member individually but parents must use their own accounts as U 18's should not have a Foireann account. Any queries to John Purcell on 087 6168449. Queries for Fitness centre membership to Willie Fleming 0857882288.

## &gt;MASTERGEEHA FC

There was no winner of the Jackpot on Friday 7th January. The numbers drawn were 6, 7, 12, 16. Consolation prizes of €50 each went to Nagle Family, Mastergeeha, Kilcummin; Tom Ulick, c/o Klub; Jack, Oisín, Isabelle Egan, Mastergeeha; Donal Horgan, Knocknataggle. Next draw will be on Friday January 14th for a Jackpot of €7,800.

Written by: John Moriarty

## GLENFLESK

## &gt;LOTTO

No winner of Glenflesk Lotto which took place tonight 10/01/22 in Glenflesk Hall. Jackpot €6,000. The numbers drawn were 1, 18, 22, 24. There was no winner. Consolation prizes 1. Oliver Daly, Kilquane. 2. Corner Bar (Sellers' Prize). 3. Mike O' Donoghue's Shop, Barradubh. 4. Noreen O'Brien and Kevin O'Sullivan, Brewsterfield. Next draw will take place in Glenflesk Hall on 24/01/22 Jackpot will be €6,000. Thank you to all who support our Lotto and to our sellers.

## &gt;AGM

Glenflesk GAA AGM (including Coiste na nÓg) will be held on 20th January 2022 @ 7.30pm. The format of the meeting will depend on public health

advice at the time but it is likely that arising from Covid restrictions a virtual meeting using Microsoft Teams will be held. Further details will follow.

Any motions for consideration at the AGM or nominations for Executive Committee and Coiste na nÓg positions must be submitted by email no later than 6th January 2022. Any motions or nominations received after that date will not be accepted. All emails to be sent to [Secretary.glenflesk.kerry@gaa.ie](mailto:Secretary.glenflesk.kerry@gaa.ie)

## &gt;KERRY SENIORS

Congratulations to Darragh Roche lining out with Kerry Seniors in Tralee last Wednesday against Limerick in The McGrath Cup. Hopefully we will be seeing a lot more of Darragh throughout the year in the Green and Gold.

Written by: Seamus Healy





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## SPA

## &gt;2021 SPA AGM

The 2021 Spa AGM took place online last week and thank you to all members that attended. There was a comprehensive report on the various club activities during 2022.

Our thanks to Club Secretary Patrick Regan who steps down from his role after three years and wishing him the very best with his new business. The position of Club Secretary remains vacant and if anyone would like to get involved, please contact any of our club officers.

There was also great credit for our Senior Management of Ivor Flynn, Kieran Herlihy, Neily Kerins, Brian Gleeson and Arthur Fitzgerald on another successful year. Our senior management stepped down recently and they were thanked for their commitment, work rate and everything they have achieved these past few years, especially the Intermediate Championship victory in September and retaining senior championship and Division 1 status for 2022.

The following officers have been elected for the coming year:

Chairperson: Michael Cronin

Vice-Chairperson: Conor Gleeson

Secretary: TBA

Treasurer: Margaruite Brosnan

Assistant Treasurer: Assumpta O'Donoghue

Auditor: Tadhg O'Sullivan

PRO: Deirdre O'Sullivan Darcy

Co Board Delegate: John O'Donoghue

East Kerry Board Delegates: Seamus Clifford & John O'Donoghue

Scór & Cultural Officer: Eileen Ahern

Health & Wellbeing Officer: Margaret Doyle

Children's Officer: Anne Holland

Registrars: Gerard Mangan & Sean O'Sullivan

Lotto Chairperson: Tadhg Hickey

Ladies Football Chairperson: Emma Daly

Ladies Committee Chairperson: Marie O'Keeffe

Coiste na nÓg Chairperson: Seamus Moynihan

Coiste na nÓg Secretary: Denise Cremin

We are always very grateful to the volunteers that help in the running of the club so if anyone would like to help out in any part of the club or would like to take up an officer position, please get in touch. The new year is ready to begin and registration for 2022 opens this week. The first activity in Spa will be the Ireland Lights Up winter walks starting this Wednesday January 12th (7-8pm) and running every Wednesday evening for the next few weeks. Everyone welcome!

## &gt;COISTE NA NOG AGM

Coiste na nÓg AGM will take place online on Tuesday January 18th at 7.30pm.

## &gt;2022 KNOW YOUR SPORT

The annual Know Your Sport competition is back! Predict the result of 30 sporting events throughout the year - the person with the most accurate predictions will receive a grand prize of €1,000! \*Deadline Jan 31st 2022\* Enter online on [spagaa.com](http://spagaa.com) or contact John O'Donoghue for details (0879403517).

## &gt;2022 CLUB MEMBERSHIP

Membership for 2022 opens this week and can be completed online on [spagaa.com](http://spagaa.com) or the registrars will be at the clubhouse this Wednesday January 12th from 7-8pm during the Ireland Lights Up walk. Our registrars for 2022 are Gerard Mangan and Sean O'Sullivan (senior) and Shona Daly (juvenile).

## &gt;WIN A HOUSE WITH KERRY GAA

Tickets are on sale from the club (contact any of our club officers or Co Board officer John O'Leary), from the Co. Board office in Tralee, on [kerrygaa.ie](http://kerrygaa.ie) or at the Kerry GAA Store in the Killarney Outlet Centre. When entering your details don't forget to mention your club SPA GAA in the 'Additional Information' section as your club could also win up to €1,500. The sooner you purchase a ticket, the more draws you will be included in.

## SPA LOTTO RESULTS 03/01/22

Numbers drawn: 12, 17, 17, 22. No winner and €50 Lucky Dip prizes to Karen McAuliffe (x2), Kathleen Kelliher and Trish Spellman. Next Monday's jackpot is €5,200 and tickets on sale online on [spagaa.com](http://spagaa.com) or from Dalys Supervalu, Killarney Hardware, Centra Muckcross Rd, Spa clubhouse or from usual sellers. Thank you to everyone for your continued support for our

club lotto.

## &gt;SPA HEALTHY CLUBS REVIEW 2021

As 2021 draws to a close we all reflect on a year that had its bad and its good times. With Lockdowns at the beginning of the year being particularly tough. Being the resilient race we are, our club blossomed yet again once Government guidelines allowed us to do so. Both the young and the not so young enjoying the return of some of our activities.

As I informed you in our previous Healthy Clubs update Our Phase 4 Project was completed despite lockdown restriction within the 15 month timeframe on May 30th. Furthermore, it was accepted at headquarters but due to lockdown an official celebration at Croker is rescheduled for the earlier part of 2022. The plaque we received will be displayed at the club shortly.

We are now recognised as a bronze club within the new criteria of the Healthy Clubs fraternity and from January 2022 I will be looking to improve on this as I feel we are a GOLD Club and need to promote ourselves as same. We All have our part to play in this becoming a reality.

During 2021 there has been many signs put on the walls of our club house and stand. Among these is the fact our club is a "No Smoking Zone".

"Your Mental Health is Precious" [www.kerrymentalhealth.com](http://www.kerrymentalhealth.com)

## &gt;"WELCOME TO OUR CLUB"

(You are asked to keep in mind) The Players are amateur. The Coaches are Volunteers. The Referees are Human. Show respect to all. Enjoy your Games Give Respect/Get Respect

Familiarise yourselves with these, we all have our own part to play and should feel privileged as without players, volunteers and referees we don't have games to spectate.

Our Club is registered to part take in "Ireland lights up" and Mylife Healthy Clubs events steps challenge. We are to begin our Ireland Lights up walks on Wednesday evening January 12th, lights on between 7 and 8pm. Keep an eye on our club notes for any updates and please do support and if you do have even a half an hour to help out it would be greatly appreciated.

I will sign off by thanking the Chairman and Executive committee as well as the Healthy Clubs Team, C.E Scheme team all club members for making SPA G.A.A Club a vibrant place to learn new skills, to exercise and have connection with the wider Spa community. Success comes from can not can't. Happy New Year, Margaret Doyle, Healthy Clubs Officer (0879181970 Call or Txt)

## &gt;MUNSTER CLUB CHAMPIONSHIP FINALS

Munster GAA have confirmed the times and venues for the upcoming Munster Club Football Finals. Best of luck to all Kerry clubs involved: Munster Junior Club Football Final - Gneeveguilla v Ballina (Tipperary) on Saturday January 15th 2022 (1.30pm in Mallow); Munster Intermediate Club Football Final - Na Gaeil v Corofin (Clare) on Sunday January 16th 2022 (1.30pm in Mallow); Munster Senior Club Football Final - Austin Stacks v St Finbarrs (Cork) on Sunday January 16th 2022 (1.45pm in Semple Stadium, Thurles).

## &gt;MCGRATH CUP

Congratulations to the Kerry team and management on a high scoring opening game against Limerick in the McGrath Cup. FT Kerry 2-23 Limerick 0-6. Special mention to Dan O'Donoghue on his senior debut and Dara Moynihan, and also to Arthur Fitzgerald with the Kerry backroom team. There were some issues with the livestream of the game on ClubberTV and well done to Munster GAA who confirmed a refund for anyone who purchased the stream and the game is now online and free to view. Best of luck to the team and management in round 2 this Wednesday January 12th against Tipperary (Thurles, 7pm).

## &gt;IRELAND LIGHTS UP RETURNS

Spa GAA club are once again signed up to participate in the Ireland Lights Up winter walking initiative. With our new walking track, the lights will be on every Wednesday night between 7pm -8pm for the next few weeks. Participants can follow the walking track that offers a safe off-road path and this activity is open to everyone in the community. If anyone would be available to help with registration or stewarding any night, all help is greatly appreciated. Any volunteers that can help any evening or any questions please contact Margaret on 0879181970. \*\*NO DOGS ALLOWED\*\*

## &gt;ITEMS FOR NOTES


Any items for the club notes please contact [pro.spa.kerry@gaa.ie](mailto:pro.spa.kerry@gaa.ie) or 0851216359 before 8pm on Sundays.

Written by: Deirdre O'Sullivan-Darcy



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## BEAUFORT

### >LOTTO

Lotto results of Sunday, 9th January 2021. Numbers drawn: 4, 11, 16, 23. No jackpot winner. Consolation Prizes: €80 Jerome O'Sullivan, Ballyledder. €50 Julie Dorrian, Shanacloon, Janelle Moriarty, Keim, John B. O'Brien, Ballagh. The next lotto draw for a jackpot of €6,200 will be on Sunday, 23rd January. Tickets available from usual sellers, shops, public houses and online at [www.beaufortgaa.com](http://www.beaufortgaa.com). Thank you to everybody who support the lotto.

### >ANNUAL GENERAL MEETING

Beaufort G.A.A. Club Annual General Meeting will be on Saturday, 22nd January at 5pm. Venue to be decided. Motions for discussion and nominations to be in to [secretary.beaufort.kerry@gaa.ie](mailto:secretary.beaufort.kerry@gaa.ie) by Friday, 14th January

### >IRELAND LIGHTS UP

Beaufort will take part in Operation Transformation, Ireland Lights Up which will begin on Wednesday, 19th January to 2nd March 2022. You can also join the Irish Life Steps challenge in conjunction with Ireland Lights Up. This is done by downloading the Irish Life health App

and selecting Beaufort G.A.A. Club. The aim is that each Club clock up over 4,000km during the time frame. Everybody must sign with their own pen before walking.

Lights will also be on for walking on Monday evenings from 6pm to 9pm.

### >SPORTS PREDICTION QUIZ 2021 WINNERS

Congratulations to Jeremiah O'Sullivan, senior player who was the winner of the first prize of €1,000 in our 2021 Sports Prediction Quiz. He finished with 90 points. Other prize winners were Jack O'Connor, 84 points, 3rd Joan O'Brien and Diarmuid O'Sullivan, 83 points, 4th Danny Doona and Aoife Hayes 80 points. 5th Peter Crowley and Anne Kelly 78 points. Congratulations to all the winners

### >SPORTS PREDICTION QUIZ

2022 quiz, sheets are now available from usual sellers, shops and online at [www.beaufortgaa.com](http://www.beaufortgaa.com). Predict the result of 30 sporting events of 2022. Entry fee is €20 for one entry and €50 for three entries. Prizes range from top prize of €1,000 down to €50 prizes. Syndicate entries also welcome.

By Bridget Hartnett



Killarney Cougars National League team at the Presentation Gym National League Div 1 game v St Pauls.



Killarney Celtic U17 squad pictured before Christmas vs St Brendans Park.



**GNEEVEGUILLA ATHLETIC CLUB****LOTTO**

No winner of our lotto draw 07/01/2022, numbers drawn were 10, 13, 16 & 17. Sellers prize winner Paddy O'Donoghue. €50 y/t prize to Tom Hickey Riverstick, €50 to Tony Cronin Lisheen, €40 each to Cathy & Finn O'Leary Shronedraugh, Nora Keane Quarry Cross & Darren & Stephen Heelan Cullen. Bonus not won numbers drawn were 5, 15, 16 & 22. Next weeks jackpot €20,000 plus €1,000 bonus. Winner of €200 surplus Michael O'Donoghue Knocknagheha.

**KILLARNEY COUGARS BASKETBALL CLUB****JUVENILE NEWS**

Our Juvenile teams will resume practice over this week with the older age groups U18, U16, U14 the first to return after the holidays with the teams games to be scheduled from the weekend.

**SENIOR NEWS**

Killarney Cougars will be supporting the Kerry Mental Health Association to promote Mental Health and Wellbeing in 2022. Killarney Captain Andrew Fitzgerald attended the recent launch on the promotion of the 5 ways to Wellbeing, Connect, Be Active, Take Notice, Keep Learning and to Give. We will be supporting the 5 ways to Wellbeing at timeouts at our upcoming National League home games v Limerick Sport Eagles, Waterford Vikings, IT Carlow and Portlaoise Panthers.

**MEN'S NATIONAL LEAGUE DIVISION 1**

**Gameday Sponsor Corrib Oil Killarney.**

**KILLARNEY COUGARS 66 ST PAULS 89**

Killarney Cougars hosted the first National League meeting at the Presentation Gym of Killarney Cougars and St Pauls. The current public health restrictions resulted in an earlier evening tip off time and a restricted attendance on this occasion. A very young Cougars team contributed to a good contest won by the visitors St Pauls with Godwin Boahen and Emilyn Gudrov both prominent as they combined for 55pts. Cougars Justin Tuason opened the scoring to give Cougars the early lead and he was to be Cougars main scoring threat on this occasion with good scoring contributions also from Tommy Bowler and Jack Lynch. Godwin Boahen proved to be the difference on the night

and he was a strong creative influence for Rui Sariava and Emilyan Grodov throughout as well as being the games top scorer.

Many thanks to our generous Gameday Sponsor on this occasion Corrib Oil Killarney.

The next National League game for the Cougars is away to Portlaoise Panthers on Sunday evening.

**Top Scorers**

Killarney Cougars Justin Tuason 25 pts, Andrew Fitzgerald 12 pts Tommy Bowler 9 pts Jack Lynch 9 pts.

St Pauls Godwin Boahen 29 pts, Emilyan Grodov 26 pts, David Gleeson 14 pts Rui Sariava 9 pts

**FIXTURES**

Basketball Ireland National League Division 1: Killarney Cougars v Portlaoise Panthers, Sunday January 16th

Updates on fixtures and the latest training times go to our website [www.killarneycougars.com](http://www.killarneycougars.com)

**KILLARNEY VALLEY ATHLETIC CLUB**

The National Indoor Track & Field League Day 1 was last Sunday where we had both a Womens and Mens Senior team compete. Sarah Leahy, Ciara Kennelly, Alison Butler, Grace O'Meara, Ellen Moloney and Melissa Ahern all competed for the Women's Team. Conor Gammell, Oisín Lynch, Kevin O'Callaghan, Sam Griffin, Jason O'Reilly, Dara Looney and Darragh O'Leary all competed for the Mens Team. Thanks to all these athletes that went beyond the call of duty for their club and Thank you to Manager's Tomas Griffin and Connie Lynch.

Training started back for all members last week. If anyone wishes to join the club, just visit the website [killarneyvalleyac.ie](http://killarneyvalleyac.ie) where you will find all information on Training Schedules and How to Join.

Email [killarneyvalleyac@gmail.com](mailto:killarneyvalleyac@gmail.com) for any queries.

Please keep an eye on your emails and also check our facebook/instagram page for any updated information on training.

**KILLARNEY RFC****MINIS TRAINING**

Our Minis continue to train every Saturday morning at Aghadoe. Great fun guaranteed and mini rugby is for boys and girls up to 11 years of age. For details call Liam on 087-4145662 or just pop along to Aghadoe at 10am on a Saturday morning and give it a try.

**U16 GIRLS INTO MUNSTER FINAL**

A huge congratulations to our wonderful U16 girls who beat Bruff on Sunday at Aghadoe in front of a huge support, to earn a spot in the U16 girls Munster League Final in a few weeks. A brilliant display of great rugby, our coaches and team management are very proud of their charges and will relish the final. Very well done girls!

**U16 BOYS WIN AT HOME**

A huge congrats to our U16 boys also who recorded an excellent win over Cork side Highfield in the Pan Munster U16 cup. A cracking match at Aghadoe last Saturday. This team is playing a wonderful brand of rugby and are on the road next weekend, heading to Clonmel for the next round of the cup. Best of luck lads and coaches.

**RESULTS**

U16 Boys: Killarney 18 - 7 Highfield

U16 Girls: Killarney 26 - 0 Bruff

**FIXTURES**

U14 West Munster Plate Final Red V Abbeyfeale, Aghadoe @ 2pm

U18 V Garryowen, Aghadoe, Sat @ 12:30pm

U16 boys V Clonmel Away, Sunday @ 12pm

**KILLARNEY CELTIC NOTES****CELTIC LOTTO**

Numbers drawn 1,11,24,25. There was no jackpot winner and Match 3 winner received €150 The next jackpot on Monday January 17th is €14,400. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce.com,

**KILLARNEY CELTIC WELCOME CORK CITY** to Celtic Park this Saturday for a friendly with a 3pm kick off. Admission is €5 and u16s are free of charge. Please observe social distancing and mask wearing at the venue.

**SYMPATHY**

killarney Celtic sends its sincerest condolences to the Fleming family following the recent passing of David.



Killarney Valley AC Team that went to the National League on Sunday



Killarney Valley AC Womens relay from left, Alison Butler, Grace O'Meara, Ellen Moloney, Sarah Leahy.



Killarney Valley AC Mens relay from left Darragh O'Leary, Oisín Lynch, Jason O'Reilly, Conor Gammell.



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Killarney Legion Ladies Kerry representatives for 2022. (L to R) Elizabeth Mohan senior, Aine Devlin minor, Chloe Hue minor, Kerri Ann Hanrahan senior, Andrea Murphy u16. Well done to our young ladies, we wish you all the best with Kerry this year and are sure you will do our club proud



The late Legion GAA Club Vice President Noel McCarthy pictured with Legion Chairman in 2009 Sean O Sullivan and GAA President in 2009 Christy Cooney

## MILLTOWN/CASTLEMAINE GAA

### AGM

The upcoming A.G.M. on Friday 28th January 2022 at 6pm in Nagle Rice Community Centre. Any motions for the A.G.M., together with nominations for officer positions, are to reach the Secretary, Susan Sheehan, Cloonmore, Castlemaine, Co. Kerry or via email on [secretary.milltowncastlemaine.kerry@gaa.ie](mailto:secretary.milltowncastlemaine.kerry@gaa.ie) by 5pm on Monday 10th January 2022.

Due to Covid-19, mask wearing and covid certificate will be required for attendance at the A.G.M. We will be monitoring H.S.E. Covid guidelines and if there are any changes, we will inform all our members closer to the date.

### NEW SOCIAL AREA SEATING

If you have had a walk down around the brand new walking track you may have seen our fantastic benches made locally by Shane Corkery of Corkery Carpentry & Joinery.

Early in the New Year Shane and his little girl Fiadh dropped down two more benches including a wheelchair accessible table for our social area.

A huge thank you to Shane for his hard work and generosity in providing these eight fantastic benches to Milltown/Castlemaine Gaa Club

You contact Shane on 087 784 6587 for further info on the many services that Corkery Carpentry and Joinery offer.

### OPERATION TRANSFORMATION

We have had a fantastic start to our first ever Operation Transformation group 2022 here at Milltown/Castlemaine GAA Club.

Thank you to everyone who has got involved so far on two great nights of walking. A big thank you to Mags Harmon, Lauren and Danny McClure who welcomed the group on Wednesday and will help everyone track their progress as the weeks progress.

With our first full week coming up a quick reminder of what's on and when: Evening Walking Groups Mon, Wed and Fri Evening 7.30 to 8.30pm. Morning Walking Groups Tue and Thur Morning 9.30 to 10.30am. Wednesday is the weigh in evening for anyone who wishes to do so, if you have weighed in last week, track your progress or if you wish to start this week let us know. Well done to everyone for motivating

each other and getting out there in all kinds of weather.

To get involved please make sure to first contact Danny on 087 653 6631. Whether you would like to join our group or help out organising the group we would be delighted to hear from you.

### PITCH MAINTENANCE

Please note that the main pitch and training area 1 are temporarily closed for maintenance. When visiting the grounds to play football or train please use training pitch 2 (behind the goals). Many thanks from the pitch maintenance team.

## KEEL GAA CLUB

### KEEL GAA LAST MAN STANDING

Keel GAA are running a Premier League Last Man Standing competition over the next few weeks starting weekend of January the 14th. For anyone not familiar with this competition it's simple - Pick one team each week. If your team wins, you progress to the next round. Lose/Draw you are out. Buy back option if your eliminated in Week 1. You cannot pick the same team twice. Entry cost is €10 which must be paid before first kick-off. Text 086 890 8768 or 087 649 7639 to secure your place. Pay via Clubforce (online link) OR drop money to one of the local businesses. Anyone who enters will be added to a WhatsApp group to follow their progress. Please support!

### WALKING TRACK

From Monday the 10th of January the lights will be on from 7-9pm on Mondays, Tuesdays, Wednesdays and Thursdays for walkers/runners to get their steps and exercise done for the day. We will post updates across our social media with any changes to this schedule.

### EVERY STEP COUNTS CHALLENGE

Keel GAA will be taking part in the Irish Life Every Step Counts Challenge which has been postponed until Wednesday the 19th of January. This is part of our Healthy Club Initiative, and we hope you will all get involved. Over 25 people have signed up so far. Thank you! The club will need to walk or run 4,000km to be entered into the Munster draw for a chance to win a €2,500, €1,500 or €1,000 O'Neills voucher. Download the My Life by Irish Life App onto your phone and select the challenge for Munster, choose Keel GAA as your club. We will post tips and tricks on

our social media. Email [pro.keel.kerry@gaa.ie](mailto:pro.keel.kerry@gaa.ie) if you have any queries. Please spread the word.

### CLUB LOTTO

Lotto Results for Monday the 3rd of January 2022. There was no winner of the jackpot of €4,600. Numbers drawn were: 6,10,28,32. Lucky dip winners: €50 Noel Murphy (annual ticket), €50 Garret Prendiville (online ticket). Thank you all for your support. Next week's lotto jackpot will be €4,650. The draw will take place Monday the 10th. Lotto results will be posted on our social media and in the club notes the following week. You can purchase your tickets online now by logging onto the Clubforce app or via the following link on our social media. Hard copy tickets are available in usual outlets. All hard copy lotto tickets must be returned to Bensons by Sunday night. This will apply each week. If they are not returned by Sunday night, they cannot be entered into the draw on Monday night. This is a new requirement to facilitate the online lotto draw. All online tickets must be purchased by 6pm each Monday.

## LEGION GAA CLUB NEWS

### KERRY INTER COUNTY SCENE

With January comes a new year and the formation of the various County squads for the year. And glad to report the Club has a healthy representation all round.

Andrea Murphy will once again be part of the Under 16 Ladies set up while Chloe Hue and Aine Devlin are on the minor panel. A great achievement considering they will be both underage again in 2023. Elizabeth Mohan's fine club form sees her called up to the County Senior panel and she is joined there by Kerri Ann Hanrahan. Kerri Ann had a stellar 2021 with the minor team so her promotion to the Senior squad is a huge step forward.

Cian Gammell was a half time substitute in Jack O Connors third coming as Kerry manager, seeing off Limerick in the McGrath Cup while William Shine, Ryan O Grady and Eoghan O Sullivan are all busy under the watchful eye of Declan O Sullivan at the Kerry Under 20s.

Mark Heffernan, a dual player, football with Killarney Legion and hurling with Dr Crokes, was corner forward on the Kerry Senior Hurling



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team that defeated the mighty Tipperary in the Waterford Crystal Cup. They now face the indomitable Limerick in the competitions semi final. Best of luck to one and all in the year ahead.

### CLUB GYM

The Club Gym is now under the stewardship of Podge O'Connor and Damien O'Sullivan and the lads will soon be commencing Circuit and Fitness classes for the Club various teams, both male and female. This will be coordinated through the team managements, once confirmed, and will no doubt aid team preparation for the year ahead. There will also be classes coming on stream for the non playing members in the club, with age, gender or ability being no boundary. If anyone in the Club with a background in health and fitness would like to help out they can contact Podge and Damien also. More on this in the weeks ahead. Podge 085 7030965 and Damien 087 9520399 are available at all times.

### CLUB CONSTITUTION

In next weeks notes we will be updating the members on the recent and historic changes to the Clubs constitution which incorporates the inclusion of Ladies Football into the document in which members describe the processes by which we will interact with one another to ensure the club is organised and run in a fair, equitable and transparent manner.

### DEEPEST SYMPATHIES

The Club extends its sympathies to the family of our Club Vice President Noel McCarthy. Noels footballing career with Legion spanned a period from 1953 to his last game in 1968, and, during that time, he won East Kerry minor, junior and senior medals. He had the distinction of playing both minor football and hurling with Kerry in 1955 and indeed was a member of the Killarney panel that won the county senior hurling championship final in 1969.

The O'Sullivan's Place man has two O'Donoghue Cup medals (1954 and 1967), Noel was a very accomplished all round sportsman in his day, and played basketball, handball, snooker and billiards, and also rowed with St Brendan's. He also found golf to his liking, peaking at a handicap of 5, no mean feat. It was a huge honour for Noel to become a Vice President and he was an ever present at the clubs Church gate collection, manning his favoured spot on the Aras Phadraig gate without fail every year.

David Fleming was a Legion man true and true. A great sportsman in his day he played Basketball with St Vincents and was part of the famous team that travelled to London and Birmingham in 1965. A lover of quizzes he was an integral part of the Jack Cs Bar team who were very successful in the 1980s pub quiz scene. He was on the winning O'Donoghue Cup team of 1967 also, and alongside his Ardshanavooley neighbours Sean O'Grady and Sean Conuohan he was involved in coaching juvenile teams in the 1990s. His son Kieran played for the club at underage level and Kierans son Jamie is now progressing very well through the Clubs Juvenile ranks. Something David was very proud of.

Patricia O Carroll had a very strong association with the Club. Her late husband Jim, a Club stalwart, served as Club Treasurer in the 1990s as well as Senior Team attendant amongst other roles. Son Fergal designed the Club Crest as you see it today, alongside daughter

Blaithin, including some of Killarney notable landmarks. Blaithin herself is the mainstay of the recently founded and thriving Mothers and Others Social Football group and served as Club Health and Wellbeing Officer while son in law Jason Stack is a very busy coach in the Club. Granddaughters Aisling and Eabha are very dedicated players with their respective Ladies teams. Grandson Eli Anderson, son of daughter Siobhan, lined out with our U13 boys this past year.

We also extend our sympathies to the family of Michael Reen, Torc Terrace, Killarney. Michaels son Jason played for the Club at underage level. May they all Rest in Peace.

### LOTTO RESULTS

Monday 3rd January. Numbers 12, 16, 20, 27, bonus 11. No jackpot winner. Match3/lucky dips: 1. Maura Maher. 2. Grainne O Carroll & Aidan Doyle Bellview Woods. 3. DROK c/o Hegartys, Muckross Road. 4. Hannah Mary Cronin, 30 Holy Cross Gardens. 5. Joyce Trant, Flesk Grove.

## FOSSA GAA CLUB NEWS

### KERRY

Well done to the new Kerry management and players especially Fossa's Paudie and David Clifford in their McGrath cup win over Limerick.

### LOTTO:

12, 14, 21, 28. €40 WINNERS: PAUDIE GRIFFIN, NUNSTOWN AGHADOE; KENNETH CLIFFORD, KILCUMMIN; CHRIS MANGAN, WOODLAWN KILLARNEY; ANDY BREEN, BARLEYMOUNT EAST FOSSA; SEAN REEN, C/O SHANE KELLY.

Next weeks jackpot €3,300 tickets on sale from Foleys Spar Fossa, the golden nugget and usual sellers thanks for playing.

## DR. CROKES

### AGM

Dr. Crokes GAA Club will hold their AGM on Monday 31 January 2021 at 7.30pm in Fitzgerald Stadium. A number of vacancies will have to be filled due to retirements. There will be a facility for members to join the meeting through Microsoft Teams. Nominations for positions on the Executive, motions and recommendations must be submitted to Club Secretary ( secretary.drcrokes.kerry@gaa.ie) on the attached forms no later than Monday 17 January. Members wishing to join the AGM through Teams must notify the Club Secretary no later than Sunday 30 January.

### ON THE FIELD

Shane Murphy, Tony Brosnan and Miceal Burns lined out with Kerry in last weeks McGrath Cup win over Limerick.

Mark Heffernan started and Conor Bohane was a member of the panel of Kerry Hurling Team that had a historic win over Tipperary.

Congratulations to Siofra Randles on her selection on Kerry U14 panel.

**SCOR** As Rachel Foley, Cultural Officer, continues preparing for Scor, which hopefully will go ahead this year, she is encouraging boys and girls of all ages who are interested in set dancing and figure dancing to join/re-join one of the 3 dancing schools that assist us in this competition. There are 3 levels of competition for various age groups throughout the year. So

get practicing with.. Daly King.... Hegarty.... and Hannah Majella with Daly King School of Irish Dancing. Contact Cliona 0862444354. Hegarty Irish dance academy contact Lisa 087 6403828 and Hannah Majella O Donoghue set dancing classes, contact Hannah 087 6451910

**LOTTO** draw took place on Monday January 10th Numbers drawn 1 4 15 17 6 patrons matched 3 numbers receive €70 Jackpot for draw on January 10th will be €9,200.

We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. [https://play.clubforce.com/play\\_newa.asp#Anchor](https://play.clubforce.com/play_newa.asp#Anchor)

**CLUB FUNDRAISER "LAST MAN STANDING"** will commence on January 15th at a cost of €10. This was a successful fundraiser in 2021 and we urge all members and supporters to participate. Full details may had on Clubforce any queries Whatsapp 0874075766.

**CONGRATULATIONS** to Kilmoyey on their winning of Munster Intermediate Hurling Championship.

**BEST WISHES** to Gneeveguilla, Na Gael, and Austin Stacks in next weeks Munster Finals.

## EAST KERRY GAA NEWS

**EAST KERRY ANNUAL CONVENTION** will take place on Sunday 23rd January in the Currow community centre at 3pm. Nominations and Motions to the undersigned at (Secretary.east.kerry@gaa.ie) before Monday 17th January. The AGM will be preceded by Mass for deceased members at 2-30pm. We will keep relevant health guidelines in mind as we get closer to the date.

## BALLYHAR-FIRIES GAA

### LOTTO:

Numbers drawn were: 1, 2, 6, 25. No jackpot winner. 5x€30: James McCarthy, Mounthenry; Hannah McGillicuddy, Ballyhar; Donie Casey, Furies; Joe Riordan, Farranfore; Mary O Leary, Leamagulla. Next weeks jackpot €7900. Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

Get your lotto tickets online via the Furies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Brides Shop Furies, Hendersons Shop and Bar Furies and from all the usual sellers. We thank these businesses for their continued support.

### FRIENDS OF FIRIES 2022

If anyone is interested in becoming a Friends of Furies Member please make contact with the Club.

### WIN A HOUSE IN KILLARNEY WITH KERRY GAA

For €100 you could win a stunning new build A-rated 3 bedroom house superbly located just off the Park Road in Killarney, Co Kerry. Follow the link on social media and on the Kerry GAA Website. Don't forget to mention Furies GAA when you enter the draw to help the club.



## ROSS GC - GENTS CLUB

### SYMPATHY

We offer our sympathy to long standing Ross member Tadhg McCarthy and the extended McCarthy Family on the recent death of his brother, Noel. R.I.P.

We also offer our sympathy to the family of the late Michael Reen R.I.P. who spent a long time working in the Ross Golf Course.

## DEERPARK PITCH & PUTT CLUB

### SUNDAY DRAWS

Scotch Foursomes- First Nett: Declan Kelly & Noel Moynihan 39, Gross:

John McGrath & Sean O'Brien 45 and Second Nett: Adam Kelly & Robbie O'Brien Snr 43. Draws again this Sunday morning at 9am and 10.45am open to club members aged 15 or over.

### TIM SCANNELL

The club was immensely saddened to hear of the sudden death of Tralee Pitch & Putt Club Chairman Tim Scannell last week. We offer our sincerest sympathies to Tim's family as well as the Tralee club itself on his sad passing.

### AGM

Our 2022 AGM will take place on Monday January 24th next. More details next week.



Pictured at the presentation of prizes for the 2021 Deerpark Pitch & Putt Club Ricky Kelly Memorial Competition played last September were the winning team of Robbie, Betty and Melissa (represented by her brother Jason) O'Brien along with competition sponsor Patrick O'Sullivan of the Tatler Jack Bar and Sean Kelly on behalf of the Kelly family.



Pictured at the presentation of prizes in December for the Mc Sweeney Arms Hotel sponsored competition at the Ross GC are (l to r) Donie Broderick Captain, Michael J O'Sullivan, Tony Lenihan, Kevin O'Callaghan, McSweeney Arms Hotel, Trevor Nagle Winner, John Ivory, Mike J Casey, President

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## WARRIORSTAKEFINALSTEP TO SET UP SHOWDOWN WITH NEPTUNE

**INSUREMYHOUSE.IE PAT DUFFY NATIONAL CUP SEMI FINAL**

### GARVEY'S TRALEE WARRIORS 79 DBS ÉANNA 70

Garvey's Tralee Warriors will take on C&S Neptune in the InsureMyHouse.ie Pat Duffy National Cup final after they overcame the challenge of DBS Éanna in the semi-final at Neptune Stadium on Saturday evening. In a game where both sides had periods of dominance and scoring runs, it was a hat-trick of three pointers from Fergal O'Sullivan in the final quarter that ultimately proved decisive to see the Warriors through.

The Warriors got off to the best possible start with Aaron Calixte firing down a three with the first score of the game and Eoin Quigley following that up with a typical step to the board. Hilary Nets opened the Éanna account before Devin Gilmore launched himself at the board with a showstopping dunk to spark the game into life. The Warriors response was swift with scores from Daniel Jokubaitis, Ron Elksnis and Nikola Roso keeping the Tralee side ahead, but Éanna replied to move ahead with a three from Neil Lynch and three inside scores from Stefan Zecevic. The sides were level at 19-19 when Brandon Cotton fired in the third of his three consecutive baskets but a Zecevic three pointer on the buzzer had Éanna 22-19 up at quarter time.

Nikola Roso, making his return from injury, imposed himself on the game early in the second with a dominant display of forward play hitting a score and six from six from the line but Éanna replied with a run of scores from Alex Dolenko and Gilmore bookended by threes from Mark Reynolds and Romonn Nelson that prompted Warriors Coach John Dowling to call a time-out. The short reprieve helped the Warriors weather the storm and when Quigley and Jokubaitis added it was back to a one score game. The Warriors were struggling to hit shots from outside but despite that the momentum shifted back their way when Calixte hit his second score of the game and Roso fired in two from under the board before Éanna Coach Darren McGovern was also forced to call a time-out to try to stem the Tralee tide. Éanna settled again and in the final act of the quarter Mark Reynolds hit two from two from the line to see his side lead 43-40 at the half time break. The Warriors defensive effort moved up a notch early in the third with Kieran Donaghy dominating the exchanges under his board. At the other end the Tralee side were finding scores a little easier to come by with Quigley and Roso in range, and when Jokubaitis added his third of the day the Warriors took back the lead for the first time since early in the game. Zecevic and Nelson combined to keep Éanna

on terms but the Dublin side were now in foul trouble and Quigley and Roso took full advantage from the line. The outstanding Quigley then found the time to plant his feet to hit a huge three following an Éanna turnover and then stepped his way to the board to see the Warriors take a four-point 58-54 advantage into the final quarter.

Quigley continued his rich vein of form early in the fourth but Éanna embarked on a game changing run sparked by a Dolenko steal and lay-up to take the initiative back. Dolenko was on the mark again before Reynolds fired in a three from the corner and suddenly Éanna led 65-60 with five minutes left in the contest. The Dublin side's defensive set up literally dared the Warriors to shoot from distance, and when captain Fergal O'Sullivan accepted the invitation, he drilled a stunning effort from mid court to light the fuse for a Warriors run to the line.

O'Sullivan followed his first with his second two minutes later, but Neil Lynch replied with a three pointer of his own to wrestle back the lead for Éanna. However, that would prove to be the Dublin side's last score of the game as O'Sullivan proceeded to complete his breathtaking hat-trick of threes in a game winning cameo. The Warriors saw out the win by keeping Éanna scoreless for the remainder of the game with Kieran Donaghy capping a terrific defensive display with a score, Nikola Roso completing a top scoring performance of 24 points and Aaron Calixte and Daniel Jokubaitis stepping up to hit clutch free throws to ensure safe passage to the Cup Final in Tallaght on Saturday week.

Next up for the Garvey's Tralee Warriors is a return to Super League action with a cross conference away trip to face Killester on Saturday next the 15th January in the IWA in Clontarf with tip off at 3.00pm.

## FIRST KABB GAMES OF THE NEW YEAR

Following its extended Christmas break the Kerry Airport Kerry Area Basketball Leagues returned at the weekend with a limited programme of games.

In the u16 Boys Division 2 St Anne's Flyers were delighted to get the win over a strong Glenbeigh Falcons side. The Falcons Jed Dando

and the Flyers Eoin Walsh exchanged baskets early on and after a tight first quarter the home side led 13-9.

Again the second half was a tight affair with three pointers from the Flyers Daithi O'Shea and the Falcons Keilen O'Sullivan leaving St Anne's ahead by just one basket at the half.

Owen O'Connor for the home side made a number of big baskets in the third quarter to see St Anne's Flyers open a 9 point gap, 39-30, despite the best efforts of Glenbeigh's Keith Moriarty.

The Flyers put in an excellent fourth quarter with Sean Galvin impressing and they pulled away to take a 54-39 win.

For St Anne's Flyers Owen O'Connor ended with 17 points, Sean Galvin had 11 and Daithi O'Shea 9 while for the Glenbeigh Falcons Keilin O'Sullivan led the way on 14 followed by Keith Moriarty on 12 and Jed Dando with 7.

In the u14 Boys Glenbeigh Falcons won away to Kenmare Kestrels having led in all four quarters after taking the opening 10 minutes 16-5. In the end the Falcons took the win 55-33.

For the Falcons Tadgh O'Sullivan had a huge game hitting 34 games followed by Darragh Duffy on 12 with Eddie O'Sullivan, Conor Sheehan, Daniel Malone and Sean Kelly also on the score sheet.

In the u14 Girls Division 2 Glenbeigh Falcons made a good start with baskets from Clodagh Quirke and Eleanor Griffin with Louise O'Donoghue and Eilis Tangney replying for St Colman's Sparks. The Falcons put in a strong defence led by Aideen Griffin and Ava O'Shea and they led 16-10 at the weekend. A strong final quarter, helped by 6 points from Lauren Costello, saw the Falcons take the win 33-17.

### Round-Up: Kerry Airport Leagues

U 14 Boys Division 3A: KCYMS 24, St Colmans Warriors 32,

U14 Girls Division 3 GRP B: Glenbeigh Falcons 33, St Colman's Sparks 17,

U12 Girls Division 3B: Glenbeigh Falcons 14, KCYMS 18,

U14 Boys Division 2: Kenmare Kestrels 33, Glenbeigh Falcons 55,

U16 Girls Division 3: KCYMS 30, St Colmans 25, Kenmare Kestrels B 52, St Bridgets 26,

U16 Boys Division 2: KCYMS 46, Rathmore Ravens 50, St Annes 54, Glenbeigh Falcons 39,



Fergal O'Sullivan drives away from Joshua Wilson



# KILLARNEY UNDER 16 GIRLS BOOK MUNSTER LEAGUE FINAL SPOT

*Killarney 26 - Bruff 0*



Played in front of a large crowd in Aghadoe, Killarney in a very wet afternoon, the girls from Killarney and Bruff played a very entertaining game of rugby.

Right from the start Killarney attacked Bruff, but the Bruff defensive line was very much up to the challenge and on a couple of occasions made some great try saving tackles.

In fairness to Killarney they kept playing good passing rugby in testing conditions and Bronagh Dorrian eventually forced her way over the line and duly converted her own try to make it 7-0 at the break.

The girls from killarney stated off the second half right where they left off, Marina Eager, Niamh Dorrian, and Ali O' Donoghue made some very good weaving runs but again the Bruff tackling was of the highest standards. Eventually Bronagh Dorrian got over the line for her second try following some good play by centre Holly O'Sullivan and Killarney now had a lead of twelve points. Some excellent interplay by the outstanding killarney back row, set up Clodagh Foley for the try of the day. Then with 15 minutes remaining on the clock the Killarney number 8, Ava O'Malley

picked from the base of the scrum and dotted down for Killarney's fourth try of the day which the killarney captain Fia Whelan converted to but the tie out of the reach of Bruff. The Killarney replacements added a lot to their team's performance and Grainne Kennedy who had being introduced just after half time made a great break but was just denied by yet another great Bruff tackle. Killarney now await the winners of the other semi-final between Ballincollig and Ennis.

The Killarney Team lined out as follows:

1) Annie O'Reilly, 2) Ella Guerin Crowley, 3) Molly Gabbett, 4) Joanne O'Keefe, 5) Jess O'Sullivan, 6) Melissa Mc Carthy, 7) Clodagh Foley, 8) Ava O'Malley, 9) Robyn Landers, 10) Fia Whelan (Capt), 11) Ali O'Donoghue, 12) Bronagh Dorrian, 13) Holly O'Sullivan, 14) Niamh Dorrian, 15) Marina Eager, 16) Miriam O'Sullivan, 17) Isabella O'Leary, 18) Grainne Kennedy, 19) Lucy O'Sullivan, 20) Nell Moore, 21) Kate Mangan  
Coaches: Diarmuid O'Malley, Josh Whelan  
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**Application for the position by cover letter  
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Further details available on [www.activelink.ie](http://www.activelink.ie)

Garda Vetting will apply in respect of this position.

**Closing date for applications is 5 pm on  
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**Interviews will be held during week commencing  
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by John O'Sullivan

**FOCUS ON EARLY SPRING  
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Now is a good time if you are planning a new garden or trying to add some colour to an established garden to plant some early flowering spring shrubs. One of the best known shrubs is the Camellia and these popular shrubs are starting to flower in most places at the moment. The Camellia is a very valuable shrub in the garden as it can give a focal point to any shrubbery all year round with its glossy green leaves and showy blooms from early spring. A lot of people think that Camellias are a difficult shrub to grow, but in fact they are no more difficult than Rhododendrons or azaleas, and most varieties on sale now are hardy. When choosing the spot to plant your Camellia, make sure it is sheltered from cold winds as they can damage the flowering buds, as can frost. When planting your Camellia make sure to mix plenty of moss peat with the earth, rather than on its own around the plant, as it will tend to root out quicker. Camellias are also ideal for growing in containers. Remember if you are planting your Camellia in the ground, that it might be small initially but most will grow to the size of a small tree, so allow plenty of room around it. There is very little maintenance with Camellias only to prune out old dead wood, clean up old blooms that fall to the ground, and to mulch around the base of plants every spring with some moss peat. There are a lot of other good spring flowering shrubs, here is a list of just a few: Forsythia, Cythius, Corylus, Berberis Darwinii, Ribes, and skimmia.




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ED 5

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ED 5

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#### WANTED CLASSIFIEDS

ED 5

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## KNOW YOUR RIGHTS

### GIFT VOUCHERS

Many people give and receive gift vouchers at Christmas. There are many benefits to gift vouchers but there are also some risks. You may lose the voucher, it may expire before you can use it or you may not be able to spend the balance on a gift voucher. It is important that you know the conditions and rules that apply before you buy a gift voucher.

#### What are the current rules that apply to Gift Vouchers?

Since 2 December 2019, the Consumer Protection (Gift Vouchers) Act 2019 sets out new rules for gift vouchers. These include the following:

- Gift vouchers must have no expiry date or be valid for at least 5 years from the date the gift voucher is issued. You must be given details of the expiry date in a durable format (for example, on paper or by email) at the time you buy the gift voucher.
- Traders cannot specify that a gift voucher is spent in one transaction.
- Traders cannot charge a fee to change the name on a gift voucher, (if you have to register a name on the voucher).
- If the balance remaining on a gift voucher is more than €1 after you buy something with it, a trader must reimburse the balance to you. They can give you cash, make an electronic transfer or give you another gift voucher.

#### Do these rules apply to gift vouchers purchased before 2nd December 2019?

The legislation does not apply to gift vouchers bought before 2 December 2019. Some traders may be flexible. If your voucher has expired, you should contact the trader to see if they will extend it. However, if you bought the gift voucher before 2 December 2019, they have no legal obligation to do this and some may charge a fee.

#### What are my rights if I lose a voucher?

Gift vouchers are like cash, so if you lose them, the company does not have to replace them. If a voucher was made out to you specifically and is not transferable to anyone else, you may be able to get a replacement. This depends on the gift voucher's terms and conditions and the company's policy. If you lose a gift card, you may be able to get a replacement card but you need to check with the retailer. You could be charged a fee for the replacement card.

#### What happens if the shop goes out of business?

If a trader goes out of business before you use the voucher, you may have difficulty getting your money back.

Usually the trader will owe money to several people so your claim is just one of many. There are rules for the priority to be given to the various debts owed in the case of the business going into liquidation or receivership. Generally, you will be low in the order of priority.

You will need to make a claim in writing to the appointed administrator or liquidator (if applicable) providing proof of your voucher. However, it is unlikely that your voucher will be honoured. If a new owner takes over, they do not have to honour your voucher.

For this reason, you should buy gift vouchers using a credit or debit card, as you may be able to use chargeback through your bank or credit card provider

During COVID-19, you can find comprehensive integrated information online at [citizensinformation.ie/covid19/](https://citizensinformation.ie/covid19/) and you can get daily updates on what's changed on Twitter at [@citizensinfo](https://twitter.com/citizensinfo).

You can also get information and advice from:

- **Tralee on Tel:** Call 0818 07 7860, Monday – Friday (10am-4pm)
- **The Citizens Information Phone Service:** Call 0818 07 4000, Monday to Friday, 9am – 8pm
- **Our national call back service:** Visit [citizensinformation.ie/callback](https://citizensinformation.ie/callback) to request a phone call from an information officer



## INSOMNIA

Sleep is as important to us as air, water and food. Anyone can suffer from insomnia, which can be frustrating, exhausting and depressing, affecting both our mental and physical health.

#### Different types of Insomnia:

- Transient insomnia – which lasts for a short time period only, typically this can be associated with a stressful event e.g. an exam, a bereavement.
- Chronic insomnia - lasting for several weeks, months or sometimes years

#### Signs of insomnia?

- Difficulty falling asleep - common in young people
- Being a restless and light sleeper - waking often, lying awake in the middle of the night. In younger people it may be associated with depression.
- Waking early and being unable to get back to sleep.

#### Symptoms:

Feeling tired during the day, headaches, feeling irritable or finding it hard to concentrate. Here are some typical causes of insomnia:

- states of mind - anxiety, depression, anger, grief, preoccupation with a future event e.g. a child's leaving certificate exams, anxiety and worries about the pandemic
- Change - moving house, new job, end of relationship...
- Environment - noise, jet lag...
- Pain
- Medical conditions - heart, breathing, stomach, digestive, high blood pressure, arthritis, anorexia.
- Recreational drugs (e.g. hard drugs like LSD) –but this also includes nicotine, caffeine.
- Other prescription drugs - including some contraceptives, diuretics, slimming pills, beta-blockers, stimulants.

#### Suggestions: Consider...

**Your Environment:** You need a comfortable bed and a room that's quiet, not too cold or too warm and dark enough.

**Your Lifestyle:** **Cut down on all stimulants.** These include: coffee and tea, alcohol, nicotine, fizzy drinks, food additives, 'junk food', slimming pills or appetite suppressants. Try to avoid heavy, rich foods within two hours of bed. Get regular exercise. Aim for 30 minutes or more of daily activity, but not too close to bedtime. Avoid stimulating activity and stressful situations before bedtime. This includes vigorous exercise, big discussions or arguments, or catching up on work. Turn off screens one hour before bedtime. The light emitted from TV, tablets, smartphones, and computers suppresses your body's production of melatonin and can severely disrupt your sleep. Instead of using technology try listening to a book on tape, a podcast, or reading by a soft light.

#### Seek Professional Help

If you are still having trouble getting the sleep you need, a doctor or counsellor may be able to help. Seek professional help for insomnia if:

- Your insomnia doesn't respond to self-help as mentioned above.
- Your insomnia is causing major problems at home, work, or school
- You're experiencing symptoms like chest pain or shortness of breath, (contact your General Practitioner immediately).
- Your insomnia occurs almost every night and is getting worse

**SouthWest Counselling Centre, Killarney** provides affordable professional counselling to children, adolescents and adults at its Killarney Centre (Lewis Road). We are providing face to face, telephone and online counselling sessions.

Contact 064 6636416/064 66364100 or Email: [info@southwestcounselling.ie](mailto:info@southwestcounselling.ie)  
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### 43RD ANNIVERSARY

IN LOVING MEMORY OF MY  
BEAUTIFUL MOTHER

**MARY LUCEY  
(NEE SHINE)**



CURRAGLASS, GLENFLESK,  
KILLARNEY WHOSE 43RD  
ANNIVERSARY OCCURRED ON  
DECEMBER 30TH 2021

*May the winds of heaven blow softly  
And whisper in your ear  
How much we love and miss you  
And wish that you were here.*

Always loved and missed so much from  
Deirdre, Dermot & kids xx

†

### BIRTHDAY REMEMBRANCE

REMEMBERING MY  
BEAUTIFUL DAD

**NOEL LUCEY**



CURRAGLASS, GLENFLESK,  
KILLARNEY  
WHOSE FIRST HEAVENLY  
BIRTHDAY OCCURED ON  
JANUARY 6TH 2022

*Wishing you where here today,  
for even just a while.  
So I could say Happy Birthday  
and see your loving smile.*

*The only gift today will be  
the sweet memories you left behind,  
of laughter joy and happiness  
That echo on, in my mind.*

*I'll gaze upon pictures  
I'll think of you with love  
And hope you're going fine  
in heaven up above.*

*May our friends & family in heaven  
hold you closely and sing you a song  
And I'll be sending  
a million hugs and kisses  
today and all year long.*

Happy Heavenly birthday Daddy Miss  
& Love you so much love from Deirdre,  
Dermot & kids xx

### 2ND ANNIVERSARY

IN LOVING MEMORY OF

**EILEEN  
O'DONOGHUE**



WOODLAWN PARK AND LATE  
OF DROUMDUHIG, BALLYHAR  
WHO DIED ON THE  
15TH JANUARY 2020.

*God called your name so softly,  
That only you could hear,  
And no one heard the footsteps  
Of angels drawing near,  
The Golden Gate stood open,  
God saw you needed rest,  
His garden must be beautiful,  
He only takes the best.*

Sadly missed and always remembered by  
Your sister Bridie, brother in law Paschal,  
niece Ciara and James, grand nephew and  
niece James and Isabel.

†

### ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF  
**DYMPHNA WYNNE  
(NEE KEELY)**



LATE OF FLESK GROVE,  
KILLARNEY AND  
BEAUMONT, DUBLIN 9  
WHO DIED TRAGICALLY  
FOLLOWING A ROAD TRAFFIC  
ACCIDENT ON THE 12TH  
JANUARY, 2021.

On Dymphna's first anniversary we, her family, wish to express our sincere thanks and appreciation for the sympathy and support shown to us on our heart-breaking loss. We wish to thank especially the first responders, fire-brigade crews, paramedics, Gardai and ambulance crews who attended the scene of the accident. To the Doctors and Nurses at University Hospital Kerry, who cared for our family in such a prompt and compassionate manner under such difficult circumstances. Our sincere thanks to Fr. Niall Howard for his guidance and prayers and for leading the beautiful personal funeral mass for our mother. Many thanks to the sacristan, Tadhg and to our singer Máire and organist Anita, for their very moving musical additions to the mass. To our dear friends, neighbours, relatives and colleagues who graciously lined St. Mary's Cathedral driveway and the streets of Killarney to pay their respects, or who joined the mass on-line. We were deeply touched and it meant so much to us at this time.

Many thanks to those who sent mass cards, texts, letters, messages and refreshments. A special thanks to Kennelleys Pharmacy, Deenagh Medical Practice, Park Medical Practice and Randles Bros Killarney. Thank you all for your kindness during this time.

Finally, thanks to Mike and Mary O'Shea Funeral Directors and their team for their gentle professionalism in arranging the funeral and the transportation to the Island Crematorium.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere gratitude to everyone.

We also remember our father, Brian V Wynne, who joined his beloved wife in heaven on the 11th August 2021.

**O bhás go críoch,  
Ní críoch ach ath-fhás  
I bParthas na nGráist  
Go rabhaimid.**

**Loved and always remembered by your  
family Brian J, Colm, Karen and extended  
families.**

*The Anniversary Mass for Dymphna will take  
place in St. Mary's Cathedral on Saturday 15th  
January at 6.15pm.*

## NOVENA TO ST. CLARE

### IN THANKSGIVING

Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena. Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen Your request will be granted no matter how impossible it may seem.

**MW**

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**MW**

### 2ND ANNIVERSARY

IN LOVING MEMORY OF

**EILEEN  
O'DONOGHUE**



WOODLAWN PARK AND LATE  
OF DROUMDUHIG, BALLYHAR  
WHO DIED ON THE  
15TH JANUARY 2020.

*The flowers we place upon your grave,  
May wither and decay,  
But love for you who sleeps beneath,  
Will never fade away.*

Loved and always remembered  
Your brother Jerry, nieces Maria and Eileen





## A Word of Victory

Welcome back dear student, I pray and believe that as you study God's Word and obey it by putting it into practice, this coming year will be a turning point in your life. When an explorer begins an expedition their compass is a most valuable instrument, pointing them in the right direction; and that compass is a key to survival, saving many from disaster. Last week we saw that each new year, even every new day, is a fresh opportunity for us to set sail on our faith journey, and seek out God's plan for our future (Jeremiah 29:11-14; Lamentations 3:22-25).

In Mark's Gospel, Jesus reveals a vital spiritual compass. He gave instructions that we are to 'have God's kind of faith' so, we must ask - of what does God's faith comprise? Here we see three components.... (1) Speaking forth His truth, making faith proclamations with the mouth, (2) believing that truth with the heart, and, (3) obeying that truth by walking in it - always in mercy and love. Jesus gave us these amazing keys in the following passage. "Have faith in God (constantly walking in God's kind of faith). Truly I tell you, whoever (1) - says to this mountain, 'be lifted up and thrown into the sea' and (2) - does not doubt at all in his heart, but believes that what he says will take place, it will be done for him. For this reason I am telling you, whatever you ask for in prayer, believe (trust and be confident) that it is granted to you, and you will get it. And (3) - whenever you stand praying, if you have anything against anyone, forgive him and let it drop (leave it, let it go), in order that your Father Who is in heaven may also forgive you your own failings and shortcomings, and let them drop. But, if you do not forgive, neither will your Father in heaven forgive your failings and shortcomings" (Mark 11:22-25 Amplified Bible) God's faith works in the way that Jesus demonstrated, by putting it into practice. No lost explorer will know where they are, or find their way unless they take out their compass and navigation tools and use them. It is exactly the same for us dear friend. Many people are enduring difficult circumstances, struggling with sickness, fear and despair, and living in brokenness and defeat because they have never been taught the truth of His Word and thus have never understood the tools that God has given them to find their way out to the victory that Jesus paid for with His blood at the Cross. Sincere Christians have prayed and faithfully trusted God, but have not seen answers to their prayers. It is said that the definition of insanity is doing the same thing over and over expecting different results. If something is not working - it's time to change it! God does not want you to live in defeat. Jesus came to set you free so that you could enjoy your life (Galatians 5:1; Luke 4:18-20). God is telling you today to "forget the former things....behold, I am doing a new thing...I will make a way in the wilderness, and a river in the desert." (Isaiah 43:18-19) Continued next week.....

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



Check us out on Facebook.

E: wovkillarney@gmail.com | Phone/Text - 087 4471797

## In Loving Memory

Remembering your loved one

MEMORIAL & ACKNOWLEDGEMENT CARDS

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### NOVENA TO ST ANTHONY

O wonderful St. Anthony, glorious on account of the fame of your miracles, and through the condescension of Jesus in coming in the form of a little child to rest in your arms, obtain for me of His bounty the grace which I ardently desire from the depths of my heart. (State your intention)  
You who were so compassionate toward miserable sinners, regard not the unworthiness of those who pray to you, but the glory of God that it may once again be magnified by the granting of the particular request (State your intention) which I now ask for with persevering earnestness. Amen

Pray one Our Father,  
one Hail Mary, and  
Glory Be to the Father, in honor of Saint Anthony.  
Saint Anthony, pray for us!

### THANKSGIVING

For favours received from Sacred  
Heart of Jesus, Our Lady of Lourdes,  
St. Bernadette, St. Martin De Porres,  
St. Roch, St. Padre Pio, St. Michael  
the Archangel, St. Perigrine for  
many favours received and that  
includes health.

### THE MIRACLE PRAYER

Dear Sacred Heart of Jesus, in the past, I have asked for many favors. This time I ask for a very special one. (Here mention your request.)

Take it, dear Jesus, and place it within your own broken heart, where your Father sees it.

Then, in his merciful eyes, it will become your favor and not mine. Amen.

Say for three days and promise to publish.



## IN MEMORIAM

### TO PLACE A MEMORIAL IN THE KILLARNEY OUTLOOK

Please email the details to:  
**ashling@outlookmags.com**  
and the verse and photo you  
would like to include.

If it is a repeat anniversary we  
will have your photo and verse  
on file, just call Ashling on:

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(Monday to Wednesday)

*Please include a contact name,  
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## 17TH ANNIVERSARY

### IN LOVING MEMORY OF JOHN JOE LYNE



KNOCKLEBEDE, KILCUMMIN,  
KILLARNEY WHO PASSED AWAY  
ON THE EVENING OF  
JANUARY 13TH 2005.

*Until We Meet Again*

*Those special memories of you  
will always bring a smile  
if only I could have you back  
for just a little while*

*Then we could sit and talk again  
just like we used to do  
you always meant so very much  
and always will do too*

*The fact that you're no longer here  
will always cause me pain  
but you're forever in my heart  
until we meet again.*

Fondly remembered by your loving  
daughter Anne. Son-in-law Patsy. Your  
grandsons Cian, Padraig and Adam. Your  
granddaughters Shauna and Amanda and  
her partner Alan XXXX

†

## THINKING OF LINDA AT CHRISTMAS & NEW YEAR

REMEMBERING MY  
BEAUTIFUL SISTER

### LINDA EVISTON (NEE LUCEY)



FROM DROMKERRY, FOSSA  
AND FORMERLY CURRAGLASS,  
GLENFLESK ON THIS  
CHRISTMAS & NEW YEAR.

*Your life was a blessing  
Your memory a treasure  
You are loved beyond words  
And missed beyond measure.*

Wishing you were here with us Linds  
sending you lots of love & kisses from  
Deirdre, Dermot & kids xxx

†

## ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF

### JAMIE O'SULLIVAN



GEARHA CROSS,  
BEAUFORT, KILLARNEY  
WHO PASSED AWAY ON THE  
15TH JANUARY 2021

As we lovingly remember our beloved  
Jamie on his first anniversary, his parents  
Patricia and Simon, his brother Diarmuid  
wish to express our heartfelt appreciation for  
the sympathy and support shown to us on  
our heart-breaking loss.

We would like to sincerely thank all our  
extended family, neighbours, friends, Jamie's  
many friends and work colleagues who  
comforted us during our great loss. With  
covid restrictions limiting numbers at the  
funeral, a sincere thank you to all those who  
watched Jamie's mass online, paid their  
respects and stood in sympathy with us  
on his final journey from our home at Gearha  
Cross to St Mary's church Beaufort and to  
Churchtown cemetery.

A special word of thanks to Fr. Derek  
O'Connell for his prayers and to Fr Danny  
Broderick for the celebration of Jamie's  
funeral mass.

To Mike and Mary O'Shea Funeral Directors  
for their professionalism and guidance in  
arranging the funeral.

To the palliative care nurses and doctor Anne  
Cronin that visited Jamie. The nurses and  
doctors at St Vincent's Hospital Dublin, your  
care and kindness will never be forgotten.

A sincere thank you to Kate Kearney's, Pat  
Sheahan and to all those who sent food and  
refreshments.

Thank you to all those who telephoned, sent  
mass cards, enrolment of masses, letters of  
condolences, floral tributes and to everyone  
who wrote messages of sympathy on RIPie.

To all mentioned and to the many more  
not possible to thank individually, please  
accept our personal gratitude in this  
acknowledgement as a token of our deep  
appreciation. Mass will be offered for your  
intentions.

*A million happy memories  
Will not mend a broken heart.  
The day God took you from us  
Our worlds just fell apart.  
Nothing is more precious  
Than the thoughts we have of you.  
You were so very special Jamie  
We miss and think of you every day.*

## NOVENA TO ST. CLARE

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with lighted candles. Pray whether  
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Say may the Sacred Heart of Jesus be  
praised, adored glorified and loved  
today and everyday throughout the  
whole world now and forever. Amen  
Your request will be granted no matter  
how impossible it may seem.

NT

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whole world now and forever. Amen  
Your request will be granted no matter  
how impossible it may seem.

AC

## 1ST ANNIVERSARY

### IN LOVING MEMORY OF KATHLEEN (KITTY) HEELAN



LATE OF BALLYGURRIHY,  
DONAGHMORE CO. CORK  
WHO DIED ON THE  
18TH JANUARY 2021

*A daily thought, a silent tear,  
A constant wish that you were here,  
An empty place no one can fill,  
We miss you mom,  
And always will.*

Sadly, missed by your loving daughter Mary  
and Son in law James.



# New Year ... New energy ... New ways to save

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