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Edition

KILLARNEY Outlook

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Anto Cronin, who completed the 35th Annual Ring of Kerry cycle on a Penny Farthing in aid of the Ian O'Connell Trust is greeted at the finish line by his mother Cait Cronin and his wife Grainne and daughter Aibhín. PICTURE: NOEL O'NEILL.

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|  TAG 1A 110 minutes 7 DAYS 9:00 |  PATRICK PG 100 minutes 7 DAYS 2:15 4:15 |
|  SICARIO 2: SOLDADO 18A 130 minutes 7 DAYS 6:35 |  SHOW DOGS PG 100 minutes SAT/SUN 12:10 7 DAYS 2:10 4:10 |
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EDITOR'S NOTE

W

hat an event... What a weekend....

What a town. Killarney was resplendent in summer sunshine on Saturday last as the 35th Annual Ring of Kerry departed and arrived back in the town.

We have a bumper picture special for you this week – with photographs from all aspects of the Ring and the events around it.

Congratulations to all the cyclists, organisers and volunteers who made the day so special.

Killarney is lucky to have such splendid citizens who rise to the call when asked.

Aisling Crosbie Editor



When Harry met Michael....



Michael Healy-Rae greets Prince Harry and Meghan Markle at the British Ambassadors home in Dublin during the royal visit this week. According to Michael Prince Harry loved his hat and asked him to send one onto him at Buckingham Palace - something Michael is sure to do.



Anto Cronin is greeted by his family, his wife Grainne, daughter, Aoibhín, Mother Cait and nieces, Niamh and Molly. PICTURE: NOEL O'NEILL.



Ian O'Connell pictured with Anto Cronin, Diarmuid O'Donoghue and Michael Horgan at finishing line of the Ring of Kerry Cycle. PICTURE: VALERIE O'SULLIVAN

Anto Completes the Ring on a Penny Farthing

With a 4am start - Anto Cronin completed the 35th Ring of Kerry Charity Cycle in just over 12 hours.

The teacher from Ballydowney's mode of transport was a Penny Farthing and his determination to do the ring on a bike with no gears or brakes was the inspiration that is Ian O'Connell. "Having completed the ROKCC on numerous occasions it was by far the best atmosphere and fun. The well wishes and comments I received was a direct reflection of the goodwill and support that is behind Ian", Anto told the Killarney Outlook. "I was a little nervous the night before

if things didn't go my way but I knew that Ian's resilience and determination would bring me around. It was my privilege to do something small for such a masterclass of guts and courage that is Ian O'Connell", he added.

Ian was there to greet Anto and all of the cyclists who cycled on his behalf and spent a few hours chatting to people at the after party. Anto was part of Team Geaney which consisted of a group of costumed cyclists, regular cyclists and cyclists who choose to go the traditional route on "high nellies", all with one goal in mind.... to raise money for the Ian O'Connell

Trust. A group of Ian's school friends from St. Brendan's College also took part in the cycle including his best friends Michael Horgan and Diarmuid O'Donoghue.

There was a fantastic atmosphere at all towns and villages on the circuit with Team Geaney adding to the spirit of the occasion.

This year's Ring of Kerry attracted 7,000 cyclists from all over the world including Australia, New Zealand, South Africa and Canada.

The event has raised almost €15 million so far and benefits both local and national charities.

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900 HOUR LABOUR OF LOVE SEES LAND ROVER 90 RESTORED



John Coffey, left and Tom Leslie, together with members exhaustingly worked over 300 hours on the classic Land Rover. PHOTO: VALERIE O'SULLIVAN

A 1989 Land Rover 90 which has been lovingly resorted by members of the Killarney Valley Classic & Vintage club was put to the test on Rossbeigh Beach, Co Kerry, giving the Land Rover a whole new lease of life, all in the name of charity.

Following the success of the clubs

Massey Ferguson 135 Tractor which was fully restored for charity last year, the club took on a bigger challenge of an old Land

through a friend of the club in Cork. The vehicle had been off the road since 2002, had only 82,000 miles on the clock. Tom Leslie and John Coffey from the Killarney Vintage Club describe the painstaking but, remarkable restoration story "The vehicle was in good condition except for the bulk head which had a serious rust issue with the chassis and other components well maintained but the club decided to do a full complete dismantle last November when the project began, including the full galvanising of the chassis and to give it a modern look. The club added a sump guard, winch, roof rack, awning, LED lights and a full body spray was carried out to make it a dream machine".

Club Chairman, James Looney, estimated that it took over 300 hours of voluntary time to complete the restoration which would not have been

possible to complete without the huge support of the club members, sponsors and supporters through all walks of life. James added "The project was a great social event for our committee and club members and we would like to sincerely thank everyone who got involved with the project. It would not have been possible to complete the restoration without your help and support, which is greatly appreciated." Benefitting this year from the proceeds are Down Syndrome Kerry and Recovery Haven Cancer Support Group. Tickets cost €10 each and are available online at www.killarneyvintage.com, directly from both charities and from various outlets. The Land Rover will be at different events throughout the County over the summer months with the draw taking place on November 17th, 2018. Any queries, please contact club secretary on 087-3381842.



Rover 90 which happens which happens to coincide with the 70th Anniversary of Land Rover. The club sourced the old Land Rover

Fancy a new set of wheels...



At the launch of Killarney Celtic's FAI National Club Draw in Killarney Outlet Centre to win a brand new Ford Fiesta were from left, Dermot Moriarty (Killarney Autos), Paul Sherry (Killarney Outlet Centre Manager), Mary Lyne, Sarah, Keelan and Jane O'Donoghue (Football for All), Mike Lyne, Killarney Celtic Director of Football, John McDonagh (Killarney Celtic double winning team captain), Brian Spillane (Manager) and Gary Keane. PICTURE: EAMONN KEOGH

Killarney Autos and Killarney Outlet Centre have joined forces to assist Killarney Celtic FC Raise Funds Through FAI National Club Draw.

Tickets are now on sale at Killarney Outlet Centre for this year's FAI National Club Draw which helps support local football clubs with their ongoing fundraising efforts. There are four brand new design Ford Fiestas to be won, an example of which is on display in The Killarney Outlet Centre kindly provided by Killarney Autos, Ford Irelands main dealership in Killarney. Sales from the tickets go to help in the running the underage and Football for All programmes at Killarney Celtic said Mike

Lyne, Director of Football.

Club officials have set up a sales desk in the Killarney Outlet Centre and are selling tickets from now until the end of October. The draw takes place on the 21st of November and individual tickets cost just €10. You will be entered into the draw with the fantastic opportunity of winning one of four new style Ford Fiestas amongst a host of other fantastic prizes. Killarney Celtic are one of the most progressive football clubs in Kerry with over 600 playing members and an award-winning Football for All group.

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Kilcummin Comhaltas are set For the Fleadh

Members of Kilcummin Comhaltas looking forward to the Munster Fleadh which will be held in Ennis from the 15th - 22nd July.
PHOTO: DEREK O'LEARY



Following a fantastic weekend at Fleadh Cheoil Chiarraí 2018 which was held in a sun drenched Milltown, huge congratulations is due to all members, singers, musicians and dancers from Kilcummin Comhaltas, who participated in the various array of disciplines and competitions.

"We are delighted that we have a substantial number of our members going to represent Kilcummin Comhaltas and

indeed Kerry in music song and dance at Fleadh Cheoil Mumhan 2018 which will be held in Ennis from July 15th - 22nd", Derek O'Leary, from Kilcummin Comhaltas told the Killarney Outlook.

"Once again the numbers travelling to represent our branch, is a reflection of the great active participation within the branch and also the high standard and dedication of the teachers and mentors that we are fortunate to have

within our ranks", he added

"Of course all of this would not be possible without the dedicated parents who support our members in no small way in achieving their maximum potential", Derek acknowledged.

"We would also like to acknowledge all those who facilitate rehearsal venues for our singing, dancing and music classes throughout the year."

New Appointments in the Diocese of Kerry

Bishop Ray Browne has announced the changes in the Diocese of Kerry for 2018.

In a statement issued this week, Bishop Browne welcomed the fact that the changes were few this year.

"That is a good thing for the following reason. More and more we are seeing our diocese as both 53 parishes and 12 Pastoral Areas. Each Pastoral Area has typically three, four or five priests. Every change thus disturbs a Pastoral Area as well as a parish. It is vital to keep such disturbances to a minimum", he said.

"Last year I mentioned that in the years immediately ahead hard decisions would have to be made; - deciding that, in a small number of situations, a particular church would no longer have a weekend Mass.

A priority is that the church area community continue as a separate faith community, with its own identity, its committees, its National School etc. Where appropriate, funeral Masses, marriages, baptisms, first Friday Masses, will continue in that church.

Parishioners will attend 'Sunday Mass' in neighbouring churches. 'Community

spirit' may involve sharing transport to ensure everyone has the opportunity to travel to a neighbouring church. Celebrating Sunday Mass is always the weekly communal prayer of every baptised person.

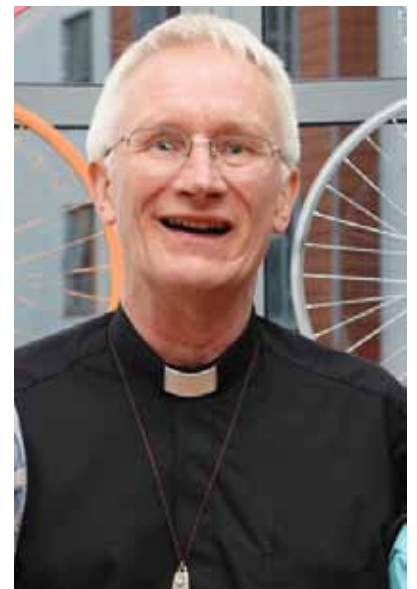
The situation gives rise to concern and deep sadness on the part of all of us. It is the inevitable result of the absence, in the past decade especially, of vocations to the priesthood in our diocese. Thank God we have just had our first Ordination in eleven years, Fr Sean Jones of Moyvane parish. Please pray for him and for our two seminarians and for vocations to the diocesan priesthood", Bishop Browne added.

The changes to appointments of clergy in the Diocese of Kerry are as follows:

Fr. Anthony O'Sullivan returns from Sabbatical and during the coming year will supply for priests taking short sabbatical breaks.

Fr Bernard Healy curate St Johns Parish Tralee to pursue further studies in the Irish College Rome.

Fr Sean Jones newly ordained to be curate St John's Parish Tralee.



Bishop Ray Browne announced Pastoral changes this week.

Priests of all Pastoral Areas of the Diocese take up different responsibilities outside their own parishes and within the Pastoral Area. This will be decided and communicated locally.

These changes will become effective on Wednesday, July 25th 2018

1984 35TH 2018

RING OF KERRY CHARITY CYCLE

**To each and everyone who made this year's
Ring of Kerry Charity Cycle a success**

THANK YOU

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13.07.18 Outlook 9

Through the lens... 2018 Ring of Kerry Charity Cycle



Brendan Hennessy, cycling a 1957 Raleigh tricycle with RTE's Paschal Sheehy and Brendan Coakley on a vintage bike, making their way to the comakiste Pass. PHOTOS: VALERIE O'SULLIVAN



Anthony Cronin, (Anto Butch) Aidan Bergin and John O'Donoghue along with many others more took up the challenge and cycled the Ring of Kerry Charity Cycle in old vintage bikes. With friends, family, supporters, best friends, Michael Horgan and Diarmuid O'Donoghue.



John Spaight, Eoin O'Catháin, Ian Griffin and John Griffin.



Michael Noone, Kevin Dore, John Robinson, Derrick Lynott, Edel Gallagher, Damian Fitzpatrick, Pat Diskin, Pat Carey.



At the official starting line for the Annual Ring of Kerry Charity Cycle, on Beech Road, Killarney, the Inspirational Ian O'Connell, had the honour of raising the Flag with Cathaoirleach Kerry County Council, Cllr Norma Foley, Cathaoirleach Killarney Municipal District Cllr John Sheahan, also at the starting line was Ian's Mum Nora O'Connell, and Ian's aunt Kitty Scannell.

35th Ring of Kerry Charity Cycle 2018



Fiona O'Shea, Eileen and Brian Magee, John Cronin, Peggy O'Donoghue and Lily Cronin, at Coomakiste.



Betty Casey, opens her house at Kelly's Cross, outside Sneem every year, for Cyclists.



David and Fiona Feeley being served ice-cream at the Pass of Coomakiste.



Garda Diane Collins and Garda Stephanie Treyvaud, had to arrest Anto Cronin after cycling the Annual Ring of Kerry Charity Cycle, without brakes on his Penny Farthing.



Una Moriarty of Sneem House going about her daily shopping in Sneem.



Donal O'Shea, left, Colette Langan, Helen and Conor Hoey, at Coomakiste.



John Garvey from Foilmore, supplies cyclists and volunteers with water from his own spring for the past 35 years at Coomakiste.



James Kissane, Maura Cronin, Ger O'Brien, Christina O'Connor and Brendan Mulvihill, Providing a wonderful service to the Cyclists.



Cyclists Kevin Moran and DJ O'Donoghue from Glenflesk, drop in for the traditional cup at Burns Bike Shop in Sneem, joined by Volunteers, Denis Burns, Denis O'Mahony, Mossie Walsh, Mary Moynihan and Mikey Joe Burns.

Everyday Hero Cycles for St Mary of the Angels

One of the many Everyday Heroes who got into the saddle for the Ring of Kerry Charity Cycle was Jack Fitzpatrick who was part of the team cycling for St. Mary Of The Angels. Jack has recently got back up on a bicycle for the first time in 40 years!

"Well it's like this, I've always had a policy of not asking anybody to do something that I'm not at least willing to try and do myself and so this year I will be attempting to complete the Ring of Kerry Cycle. This is to help raise funds for St Mary of the Angels. Our goal is to provide 8 people that are presently sharing 3 bedrooms with their own private bedrooms", Jack said before the event.

The St Mary of the Angel's campaign is to raise €180k to provide private bedrooms to 8 residents in St Mary of the Angels who currently share 3 rooms. Opened in 1968 as a children's residential facility, today St. Mary of the Angels is home to 76 adults whose physical and intellectual disabilities range from moderate to profound. A key HIQA requirement is that residents experience privacy and dignity in their homes. Management at St. Mary of the Angels and the SMOA Parents and Relatives Association are working to achieve this by enabling all residents to have their own bedrooms. All support is greatly appreciated you can find more information on www.savestmaryoftheangels.com

The Ring of Kerry Charity Cycle brings together 7,000 participants each year, making it Ireland's largest one-day charity event. Together, participants have raised almost €15 million for 150 charity organisations who make a powerful difference for people in need across our communities. Best of luck to Jack and all the participants this year!



Lords And Ladies Of The Ring By Nicky Barry

*The Ring of Kerry is a splendid drive, in a bus, or in a car,
It's over one hundred miles of hills,
and folk come from afar.*

*To ride it on a bicycle, is a massive undertaking,
First timers go off like Stephen Roche,
but they are mistaken.*

*It calls for a steady pace, uphill and down dale,
Whether the sun is on your back, or you're into a gale.
All human life is there, as the dawn breaks in Killarney,
Everyone is mad for road, and can't wait to get started.*

*Young women are there in all the gear,
and senior ladies too.*

*Mingle with grey-haired veterans, in the morning dew.
There are chubby folk and fit-lean folk,*

checking out their tyres.

And making nervous banter, in their colourful attire.

*They all arrive on Friday night,
full of expectation,*

*And book into accommodation, after registration.
Bicycles are unloaded, from the back of Hi-Ace vans,
And taken up to bedrooms, with tender loving hands.*

*Then alarm clocks are set, to go off at sunrise,
They don all the Lycra gear,
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John celebrates 30 years rowing with Flesk Valley RC

Flesk Valley rower John Fleming celebrated the 30th anniversary of his debut for the Club at the recent Killarney Regatta.

After the last race of the day and surrounded by club members past and present, the Club President - John's uncle Jimmy Fleming, presented him with a special photo album of rowing memories to mark 30 years of rowing for the Valley. John started rowing on the Flesk Valley shore in 1988. As a 14 year-old his father Patrick and uncle Michael gave him his first taste of the Killarney six-oared boat and in doing so created a beautiful obsession that has lasted 30 years.

"As a Fleming from Scartlea his fate was sealed long before 1988. The Fleming name is synonymous with Flesk Valley Rowing Club. Since John's grandfather (also John Fleming) attended the first ever meeting of the club at Flesk Castle in 1920, the Flemings have had an unbroken association with Flesk Valley and given incredible service to our club", Donal Kelly told the Killarney Outlook.

John's own father Patrick was a legendary oarsman, cox and trainer while his mother Anne was a loyal supporter and a welcoming presence in the club caravan on Regatta day for many years. Indeed nearly all of John's uncles and aunts, sisters and cousins donned the navy blue at one time. Whatever else John was going to do in life he was always going to row for the Valley.

John has won races at almost every grade for the club, starting with a Juvenile race in 1990, and most recently he won Junior 6s and 4s in 2017. He was also part of the famous Flesk Valley\Fossa composite crew that won the Senior race in 2003. However, on that day he also made a special point of rowing for Flesk Valley under

John Fleming pictured with his family at the recent Killarney Regatta.



the direction of his father Patrick in the Senior 4s race.

As an oarsman John is well-known for his physical prowess and heart, but more importantly he is universally respected and liked across Killarney's rowing community for his easy-going nature and unshakable good humour.

To John's great credit as the fortunes of the club ebbed and flowed over the last 30 years he has re-

mained an unwavering constant in the Valley colours, never failing to answer the call as a rower or officer. "So John, we salute your fantastic achievement, we thank you for your loyal service to our club and we look forward to many more years of sport and camaraderie on the Valley shore. Up the Valley!", Donal added.

Call for Green Recycling Centres

At the recent monthly meeting of Kerry County Council, Councillor Michael Gleeson proposed:

"That Kerry County Council would commence the development of a Green recycling facility at each of the Transfer Stations / Amenity Centres. It is wonderful that such a purpose built facility exists at the Dingle Amenity Centre and an identical facility at the other locations would be greatly beneficial to the many who want to

enhance their environment". Kerry County Council replied that the Dingle Civic Amenity is a purpose built facility unlike the other sites which were former transfer stations and now operate as civic amenity sites. Green waste deposited in Dingle is bought off site by a private waste contractor. It is not possible to provide such a facility at our other sites due to the design and layout. There are many options available to dispose of green



waste through composting and mulching etc. Grass clippings left on a lawn can add back up to 25% of the nutrients that growth removes from the soil. The Council

is also encouraging community groups such as Tidy Towns to switch to mulching of the grass which does not then require off site disposal and some groups have been assisted in acquiring the necessary attachments for their grass cutting equipment.

Councillor Gleeson said that the introduction of such a facility would be an invaluable assistance to the many to aspire to highest environmental standards. He asked that the Council would devise a multi-annual programme towards achieving the requested objective.

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BER B2

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Price Region: **€180,000**
BER B3

MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



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Pensions carry another tax benefit: they grow free of tax, unlike deposit accounts in Banks etc (which are generally subject to tax on interest in the form of DIRT) or investment in property or shares (where rent or dividends are liable to income tax and gains in value are subject to Capital Gains Tax).


When pension benefits are drawn down, a Retirement Lump Sum can usually be taken either completely free of tax or subject to a beneficial rate. The rest of the benefit, usually taken in the form of a retirement fund or a pension for life, is taxable. However many people will find themselves in a lower tax bracket in retirement than when they were working and making pension contributions, and so will often not pay a lot of tax on their pension income when they retire.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA APA at 0646622775 or dermotcroninifa@gmail.com

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Sean Murphy receiving a sponsorship cheque for the Inter Kenmare annual 5 a side competition from Killarney Credit Union staff member Emer Guihan as part of their sponsorship of this year competition.

Inter Kenmare FC announce launch its 5 a side competition

Inter Kenmare Football Club today (6th July) launched its annual 5 a side tournament with Killarney Credit Union announced as main sponsor.

The competition which will commence on Monday 23rd July in Kenmare and is open to senior men, ladies and underage boys and girls competitions.

Speaking about the competition, Sean Murphy, Chairman of Inter Kenmare stated "we are delighted to have such an influential sponsor such as Killarney Credit Union involved in our tournament for the second year running, they are a vital asset in small communities like Kenmare as they are always keen to support a variety of clubs and without their support

clubs we would find it more difficult to run big fundraisers such as our 5 A Side" he concluded.

The tournament which has been in existence for the past 26 years, opened up the competition to younger players over last two year and has been a tremendous success. Helen Courtney Power, Business Development Officer, Killarney Credit Union commented "the credit union has always been a keen supporter of clubs in South Kerry and we are delighted to be main sponsor of the Inter Kenmare 5 a side competition the second year running, it is great to be able to support an event that involves such a wide age group of competitors" she stated.

The entry fee for the competition for

Senior Men and Ladies is €120 and U 8- U14 is €5 per player. Application forms are available from PF McCarthy's Bar, Kenmare, Majella O Sullivan Auctioneer, Main Street, Daybreak, Main Street and all Killarney Credit Union branches. Fees and application forms can be returned to any of the venues listed.

Sean added "the draw for the competition will take place on Friday July 20th in PF McCarthy's, we will be posting regular updates on our website www.interkenmarefc.com and on social media".

The closing date for receipt of application forms and fees is Friday 20th July.

Exciting New Body Confidence Course coming to Tralee

Body Confidence and wellbeing are two of the most important issues around today. Without our health it is difficult to fully enjoy our life and without feeling good about ourselves we hold back from life, missing opportunities and possibilities.

Astrid Longhurst is the founder and director of the new unique body confidence & wellbeing coach certification course starting this September in


Tralee. It's a twelve week course and is delivered by a blended learning format. This includes home study and three experiential training days for coaching practice and personal mentoring. This is wonderful for people who love to study in their own time and also have the opportunity to meet like-minded people on the training days. On completion of the course you will be a certified Body Confidence & wellbeing coach and will be included in the Institute for body confidence coaching directory. You are also very welcome to do the course without taking the coach certification assessment. It's a powerful, fun and life changing course taught by Astrid Longhurst -

International Life & Body Confidence Coach & also the author of two best selling books on Body Confidence.

Enrollment is open now and there is a fantastic early bird offer with massive savings of over €250.00. If you feel called and inspired to become a Certified professional Body Confidence & wellbeing Coach and make a positive difference in this world whilst earning a rewarding income please do get in touch or enroll today.

Please visit the website for more information & to enroll. www.instituteforbodyconfidencecoaching.com






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GUIDE PRICE: €60,000



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Full Details Selling Agent Hennigan Auctioneers

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THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

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'A fantastic light filled 3 bedroom bungalow (one ensuite) nestling on an elevated on 0.574 acre site. Offering an oasis of peace and tranquillity in this beautiful countryside setting the property is located approx. 10 mins drive from Killarney Town Centre. This well-presented accommodation includes: entrance hallway, large open plan kitchen / dining area, bathroom and 3 bedrooms, with a good sized private rear garden, metal garden shed and front garden with driveway and gated entrance.'

Agent: ● Property Partners Gallivan ● College Square, Killarney, Co. Kerry ● **Tel: 064 6634177 www.propertypartners.ie**

Price Region: €215,000 BER Pending

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.



Special guest Ian O'Connell took centre stage at the launch of Puck Fair 2018 at Sheahan's Bar, Killorglin on Saturday 7th July.

Ancient Traditions and Contemporary Art combine for this years Puck Fair Launch

The countdown to Ireland's oldest festival is on as the Puck Fair committee officially launched the 2018 programme during an exciting event that was held at Sheahan's Bar, The Square, Killorglin last Saturday (7th July) at 8pm. This year's event was particularly special not only for the Killorglin community, but also for the county as a whole, as a well-known and inspirational young Kerry man was on hand to officially launch the age-old event.

Fresh from a recent appearance on The Late Late Show, during which he spoke with

admirable positivity about his continuing recovery following last year's cycling tragedy that left him paralysed from the neck down, Ian O'Connell from Killarney took time from his schedule to launch Puck Fair 2018, beginning the celebrations with the enthusiasm

he is known for. His inspiring motto, "If you can't stand up, stand out!", even attracted the attention of his idol Conor McGregor, who paid tribute to the determined teen on Instagram. The launch event on Saturday 7th July marked the culmination of a busy day for the 16-year-old, who also attended the Ring of Kerry Charity Cycle that morning to support those cycling the arduous 175km trail in order to raise funds for the Ian O'Connell Trust, which was set up to ensure the continuation of his ongoing and lengthy rehabilitation.

Another VIP in attendance on the night was none other than King Puck himself, who this year made an early appearance in a very unique form. Looking bigger and brighter than ever (in spite of his 400+ years), King Puck now reigns permanently over the town of Killorglin thanks to the creativity and vision of artist Dan Leo, who painted a mural of the famous folklore figure on the wall of the CYMS Hall in the town centre. The bright and eye-catching mural - a joint initia-

tive between Puck Fair and K-Fest and one made possible by the generosity of the CYMS team, who provided the ample canvas - pays homage to the town's ancient tradition in a modern and artistic way and compliments the existing honey bee mural, which was painted by Cork artist Lorraine McDonnell ahead of K-Fest 2016.

Both of these epic street art creations not only represent the history and natural beauty of Killorglin, but also symbolise the town's ability to embrace contemporary art and culture while still maintaining beloved ancient traditions. This year's festival will also feature live music from The Swing Cats (Friday 10th August) and The Cosmic Funk Band (Saturday 11th August), as well as acrobatics from Wobbly Circus Street Show; puppet shows by Kidspartyclub Kerry; children's entertainment provided by Kingdom Party Pals; Fancy Dress and Bonny Baby Competitions; performances by Afro Trad Ireland and much more. The opening day of Puck Fair, Friday 10th August, will be marked with the annual Coronation Parade and Ceremony, while the Dethronement festivities and subsequent fireworks on the final day of the festival (Sunday 10th August) will provide the perfect ending to Ireland's most famous yearly event.



Queen of Puck Fair Ella Foley, special guest Ian O'Connell and Lady-in-Waiting Aoife O'Shea.



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Aulane, Abbeydorney

Gleneagle Group Leads the Way in accessible Tourism



Patrick O'Donoghue, Director Gleneagle Group, centre, with Hotel Managers, John Doolan, Gleneagle Hotel, Sinead McCarthy, Brehon Hotel, and Kathleen Lenihan. PHOTO: VALERIE O'SULLIVAN

The Gleneagle Group has made history in the hospitality industry by becoming the first business in the world to be accredited by the European Network for Accessible Tourism (ENAT).

The announcement was made in Brussels earlier this week at the launch of the ENAT Accredited World Tourism for All Quality Programme.

"We are absolutely thrilled to have been officially accredited by ENAT but our work is by no means finished, we will continue to improve our facilities, services and training and stay up-to-date with developments and new technologies," Patrick O'Donoghue said this week.

ENAT is a non-profit association for organisations that aim to be 'front-runners' in the study, promotion and practice of accessible tourism. Their

mission is to make European tourism destinations, products and services accessible to all travellers and to promote accessible tourism around the world.

"With ENAT, we want to help make European accessible destination, where all travellers can move freely, enjoy new experiences and be sure of getting the service they need and expect. We believe that accessible tourism must be made a priority - for the good of the tourists and for the long-term sustainability of the European tourist industry," explains Ivor Ambrose, Managing Director of ENAT. "As the first hotels to receive the World Quality Programme Certificates, The Gleneagle Group firmly on the map, for excellence in accessibility management and performance."

Speaking about the accreditation Patrick O'Donoghue said "Our mission is

to become Ireland's leading hospitality provider offering universal access to all. Ireland has a rich history of welcoming visitors, but if we are to retain our reputation as a world-class visitor destination then we must lead the way in accessible tourism."

The Gleneagle Group developed a detailed accessibility action plan back in 2016 and, since then the company has focused on making its hotels and services a welcoming and supportive environment for guests, visitors and staff members alike.

The action plan was created in tandem with the ENAT accreditation process to ensure it would deliver best in class standards and operates a multifaceted approach which includes structural improvements, revised operational procedures and staff training.

Local Credit Union gets behind Killarney Camogie Club

Killarney Credit Union attended Killarney Camogie Club training session this week at the Spa GAA grounds as part of their sponsorship of the Under 14 team to attend All Ireland Feile na nGael. It was the first time in 34 years that Killarney qualified for this event and those that attended did themselves, and their club proud at this event. Killarney Camogie Club which was re-established 6 years ago has been growing steadily and caters for under 8s right through to the older age groups. Mary O'Neill, Chairperson of Killarney Camogie Club stated "We are delighted with the progress of the club to date and we are always delighted to welcome new members. We have girls attending from different clubs and schools in Killarney, and from different parishes such as

Rathmore and Killorglin. The club is a great platform to make long lasting friendships through a team sport, learn new skills and have fun. We really appreciate the hard work and commitment of the trainers Ceara Moore, Paul O'Brien, Pat Sheehan, Melissa Culloty, James O'Sullivan, Fergal O'Carroll, and Mark Moore" she concluded.

Killarney Credit Union representative, Helen Courtney Power wished the club all the best for the year ahead, the Credit Union provided sponsorship of kit bags and contributed towards training tops for the U14 attendance at Feile na nGael. Anyone interested in joining Killarney Camogie Club should contact Ceara on 086-2217774 or Elaine on 087 297 7720 or secretary.killarney.kerry@camogie.ie



Killarney Credit Union presenting the kit bags to Killarney Camogie Club team and trainers as part of their sponsorship. Back l-r Ceara Moore (trainer), Helen Courtney Power, Killarney Credit Union, Paul O'Brien (trainer), Mary O'Neill, Killarney Camogie Club, James Sheehan (trainer) with the girls from the Killarney Camogie team.

PROPERTY PARTNERS

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BER PENDING

Ardwyn, Toornanaugh, Kilcummin

A fantastic light filled 3 bedroom bungalow (one ensuite) nestling on an elevated 0.574 acre site. Offering an oasis of peace and tranquillity in this beautiful countryside setting the property is located approx. 10 mins drive from Killarney Town Centre.

Ref: 1189

GUIDE PRICE €215,000

FOR SALE


BER PENDING

14 The Courtyard, Fair Hill, Killarney

The Courtyard is a vibrant, modern and striking contemporary development providing of the very highest quality with a turn key finish located in this highly sought-after development in Killarney Town Centre.

Ref: 1187

GUIDE PRICE €180,000

FOR SALE


BER G

17 Rock Road, Killarney

Three Bed Detached Bungalow on approx 0.2 acre site with side entrance on the Rock Road within minutes walk of the town centre. The property has potential to be extended for additional space out the back if required.

Ref: 1157

GUIDE PRICE €255,000

FOR SALE


BER D2

Knockaninane West, Kilcummin

Well presented 4 bedroom bungalow (approx 1,331 sq.ft.) standing on in excess of 0.33 acre site with front boundary walls & gated entrance. Features include south facing rear garden, garage with electricity, oil fired central heating, double glazed woodgrain PVC windows.

Ref: 1077

GUIDE PRICE €215,000

FOR SALE


BER D1

Coolmagort, Beaufort, Killarney

Modern 3 bedroom (1 ensuite) detached bungalow on 0.25 acres. Ready to move in, recently redecorated throughout. Option to extended further to side (subject to planning). Located 13km from Killarney town centre. Finished to a very high standard.

Ref: 1175

GUIDE PRICE €240,000

FOR SALE


BER PENDING

2 Dunloe Upper, Gap of Dunloe, Killarney

Rare opportunity to acquire a property in one of the most picturesque locations in Kerry. This 4 Bedroom architecturally designed bungalow (2,400 sq ft) with adjoining garage on circa 0.8 acre site with fully landscaped gardens and private entrance.

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John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm
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and Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie

For advice and representation please feel free to call into the office or clinics
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Home Carer Tax Credit

A Home Carer Tax Credit is a tax credit given to married couples or civil partners (who are jointly assessed for tax) where one spouse or civil partner works in the home caring for a dependent person.

A Home Carer Tax Credit can be claimed when:

- The married couple or civil partners are jointly assessed for tax
- One spouse or civil partner works in the home caring for one or more dependent people
- The home carer's own income is under €7,200. A reduced tax credit applies if the carer's income is between €7,200 and €9,600.

Carer's Allowance or Carer's Benefit are not taken into account when determining the home carer's income but they are taxable sources of income. This means that if you are claiming Carer's Allowance or Carer's Benefit, it will make up part of your jointly assessed income.

Who is a dependent person? A dependent person is a:

- Child for whom Child Benefit is payable - Person aged 65 or over
- Person with a disability who requires care

A dependent person you are caring for cannot be a spouse or civil partner. They can however, be a relative by marriage, or someone for whom you act as a legal guardian.

Rates The Home Carer Tax Credit for 2018 is €1,200.

If the home carer has an income of up to €7,200 in their own right for the tax year, the full tax credit may be claimed. However, if the income exceeds €7,200, the difference between the actual income and €7,200 is calculated and then halved. The Home Carer Tax Credit is then reduced by that amount. If the home carer's income is €9,600 or more during 2018 then you cannot claim the tax credit. You can claim Home Carer Tax Credit by using PAYE Anytime, which is available through Revenue's myAccount Service.

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KILLARNEY TOWN TALK



CAOIMHE SPILLANE

What a fantastic weekend we had in Killarney, the town was looking fantastic for the Ring of Kerry Cycle, a large part of that is down to the Tidy Towns efforts, the adjudicators have already visited Killarney for the first assessment and are due to return

for the second phase, anyone looking to lend a hand should get in contact with the Tidy Towns committee. Let's hope the weather stays for the Races which will take place from Sunday 15th! With the Bank Holiday coming up soon, if you have any charity events or fundraisers be sure to send them in, to make sure word gets out. If you are passing on High Street you may see the Outlook Office has had a facelift! To find out what's happening in Killarney, look no further than the Town Talk Page. The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact towntalk@outlookmags.com

FOLK & TRAD FREE CONCERT

Enjoy a great night of local Traditional Irish Music and Song with local musicians in the fantastic environs of St Mary's Church of Ireland, Main St. Killarney. The Concert will feature Tim O'Shea and Friends. Tim's musical "friends" are Mike Kelliher: (Fossa)- Accordion/Harmonica/Melodeon and Rosie Healy: (Headford)- Flute/Whistle/Vocal), and will feature new music recently recorded and released on their new Cd "another skin too few" which remembers some of our finest Kerry musicians, sadly no longer with us. Their settings and arrangements of these tunes are now preserved, some well known, and some not so well known traditional melodies. The Musicians remembered are: Con Durham (Dublin & Dingle) who lived most of his life on the Dingle peninsula and played Uilleann Pipes and Whistles. John Cronin (Aghadoe & New York), a fine accordion player, and Stephen Carroll (Maulykeavane) who also

From the four corners of the world to cycle the ring ...



HOME TO CYCLE... CON AND BRIGID O'CONNELL HAD MUCH TO CELEBRATE AS THEIR CHILDREN RETURNED FROM ALL CORNERS OF THE GLOBE TO CYCLE IN THE 35TH ANNUAL RING OF KERRY CHARITY CYCLE. NIALl TRAVELLED FROM SAN FRANCISCO, LAURA FROM SINGAPORE, AND BARRA O'CONNELL FROM MELBOURNE. THE 175 KM CYCLE HAS RAISED OVER 15 MILLION FOR 150 CHARITIES, SUPPORTED BY 1400 VOLUNTEERS ON THE ROUTE. PHOTO: VALERIE O'SULLIVAN

played accordion. The legend fiddler Paddy Cronin of (Kiskeam & Boston) spent over forty years in America, also contributes a tune to the collection. There is an original poem and spoken word piece, recounting a visit to Kerry from Belfast poet Adrian Fox, set to the music of Sigerson Clifford. Tim O'Shea contributes and original song in honour of Con Durham, and also, two Scottish songs picked up by Tim on his travels. So all in all a great local night, of local music, played by local musicians, spanning the generations, in one of Killarney's most iconic and historic, beautiful acoustic spaces. Everyone welcome. Don't miss other concerts at Puck Fair Aug 11th, St. Mary's Killarney Church of Ireland again August 18th and for Culture night Sept 21st Killarney St. Mary's Church of Ireland.

SUMMER HOG ROAST FUNDRAISER

There will be a summer Hog Roast Fundraiser at the Great Southern Hotel on Monday 30th July from 4:30-6:30pm to raise funds to bring Kerri Home for Christmas. The event is hosted by April Bird for her sister Kerri. Kerri was diagnosed with mixed cellularity Hodgkin's Lymphoma recently. She has been living in Auckland,

New Zealand for 6 years and has started her own beautiful family. Her son Hudson is 3 years old and her daughter Lexi has just turned 2. April is organising the fundraiser to raise money to hopefully bring her and her family, home to Ireland for Christmas (or at least as soon as she is able to travel). This is a great excuse for groups of friends and families to have a get together. There will be a succulent hog roast with a selection of salads and desserts. The hog roast will start at 4.30pm but you can arrive any time that suits you. They will also be having a raffle with some amazing prizes on the night, tickets are €5 for the raffle and winners will be contacted, so even if you are unable to attend you might still want to try win a great prize! Tickets are €30 each or €15 for Children under 10 years. Tickets can be purchased from Birds Bizarre.

BUS TO WMOF

The Parish will be providing transport for a day return pilgrimage to attend the Papal Mass in Phoenix Park for the World Meeting of Families (WMOF) final Mass. Bookings for this can be made through the Parish office before the 14th July. Cost is €30. The actual registration must be completed online before they can accept the booking for bus tickets.

CLASSIC CAR SHOW

The Killarney Valley Classic and Vintage Car Show will take place on Sunday 22nd July at Killarney Race Course from 11am to 6pm. This family fun day will have lots in store with fantastic cars on display, a kid zone and food stalls. The Old Market Flea will also be there with their usual mix of vintage clothes, bric a brac, henna tattoos, collectibles, vinyl, baking, craft, art and lots more! Entry to the car show is €5. The Killarney Valley club has restored an old Land Rover and will raffle it in aid of Recovery Haven and Down Syndrome Kerry later this year. It was a labour of love for the club, who have restored the 1989 Land Rover 90, giving it a whole new lease of life, all in the name of charity. Following the success of the club's Massey Fergusson 135 Tractor which was fully restored for charity last year, the club took on a bigger challenge of an old Land Rover 90 which happens to coincide with the 70th Anniversary of Land Rover. They have estimated that it took over 300 hours of voluntary time to complete the restoration. Benefitting this year from the proceeds are Down Syndrome Kerry and Recovery Haven Cancer Support Group. Tickets cost €10 each and are available online at www.killarneyvintage.com, directly from both charities and from various outlets. The Land Rover will be at different events throughout the county over the summer months with the draw taking place on November 17th, 2018.

BINGO

Weekly bingo is St Mary's Parish Hall, every Thursday at 9pm

CONGRATULATIONS

Congratulations to barber, Chris O'Riordan of the Sean Taaffe Group, who won the best men's fashion look prize in the Irish Hairdresser Best of the Best competition held in the Ballsbridge Hotel, Dublin. Chris is the manager and head barber of ST4men which is the men's division of Sean Taaffe Group. It has been a fantastic year for the Glencar native as has won five competitions including three Irish titles and two world titles.

LITTLE RED RIDING HOOD

Little Red Riding Hood and the Silly Billy Wolf is an all singing and dancing show that will be coming to Killarney on Sunday 22nd July at 3pm in the INEC. This colourful, fast-paced all singing and dancing show is a fun and gentle re-telling of the classic fairy-tale of Little Red Riding Hood. Little Red Riding Hood is adventuring



STAFF MEMBERS FROM CORCORAN'S FURNITURE PICTURED AT THEIR 10TH ANNIVERSARY CELEBRATIONS AT THE HEIGHTS HOTEL LAST WEEKEND. EMPLOYEES CHARLIE SANTOS AND DJ O'DRISCOLL WERE ALSO ACKNOWLEDGED FOR THEIR 10 YEARS WORKING FOR THE COMPANY. PHOTO BY DYLAN CLIFFORD

through the woods to visit her Granny, but somewhere along the way the Silly Billy Wolf is waiting. Children will have great fun joining in on the action, singing songs and playing games and meeting some amazing characters in this original show, written especially for this touring spectacular. Find out why Granny is the coolest Granny in the world! Play games with Granny's Crazy Cat! Meet the Lumberjack Bear. Find what happens when Granny decides to give Little Red Riding Hood the surprise of her life! With beautiful costumes, stunning stage sets and hilarious characters, making this a fun-packed show not to be missed.

KERRY INFLATABLE COLOUR RUN

The Kerry Inflatable Colour Run will take place on Sunday August 5th from 2-6pm at Killarney Racecourse. This is a fun day out full of colour and music, which is suitable for all abilities, you are encouraged to dress in white or fancy dress. There will be a party at the start line, before you walk, run, dance or bounce your way around the route making your way through colour stations and fun inflatables. Everyone who takes part will receive a medal, suitable for kids too.

RECITAL

Grace Foley together with harpist Tara Viscardi, are performing a stunning Recital at St. Mary's Church of Ireland this Friday, 13th July at 8pm. The recital will feature music from Balfe to Brahms and there will be a special place for Irish composers. A fantastic evening of music not to be missed!

KILLARNEY RECORD FAIR

There will be a record and CD fair on Sunday 22nd July from 11am to 5pm at the Killarney Avenue Hotel. With thousands of vinyl records and CDs

for sale, you can also bring your own collection to sell on the day or swap for something new!

KILLARNEY SCHOOL OF MUSIC CONCERTS

The senior StageWorks music students from the Killarney School of Music will perform in a series of free Summer concerts in St Mary's Church of Ireland. The concerts will take place on Saturday, July 28 at 8.00pm and the other dates are Saturday August 11 and August 30 under the direction of Padraig Buckley. The students will perform traditional Irish music and song. Admission is free.

ART EXHIBITION

Killarney Access Group in association with their member Margaret Kenny, well known local artist are hosting an Art Exhibition of Margaret's beautiful selection of scenery and still life painting in a variety of medium, oils, watercolour and acrylic on Sunday 29th July 2018 in the Killarney Outlet Centre (in the former Bag Shop unit) from 12.30pm to 5.30 pm.

This is a wonderful opportunity for everyone to purchase a painting of local scenes of Killarney and some beautiful still life paintings at a very good price, in fact no reasonable offer will be refused. All proceeds from the Art Exhibition are being donated by Margaret to the Irish Wheelchair Association Kerry Branch and the Multiple Sclerosis Kerry Branch. Everyone is invited to attend and please bring a friend.

GRAVEYARD MASS

Aglish Graveyard Annual Mass will take place on Monday night next July 16th at 8pm.



Get the *Blooming Gorgeous Garden* look this summer with GroMór at Ballyseedy Garden Centre

Now that summer is well and truly here, there's no better time to get green fingers than in your own garden. Churn out the watering cans, grab a trowel, and discover the beauty and mystery of the garden with a helping hand from GroMór and gardening expert Dermot O'Neill.

GroMór is an initiative by Retail Excellence Ireland in association with Bord Bia and nursery growers, promoting its 62 local garden centres and nurseries located across the country. For a taste of what you can expect, visit your local Gro Mór garden centre, Ballyseedy Home and Garden Tralee, for top gardening tips and advice. The gar-

den centres offer free expert advice to people of all ages, from novices or new homeowners, to experienced gardeners.

To get started Dermot O'Neill has chosen his top three summer plants that will add a splash of colour to any garden including, Dahlia, Senetti and Poppy all of which are widely available at GroMór garden centres nationwide. GroMór 2018 Ambassador Dermot O'Neill said:

"Gardening is one those special past times that you can't explain until you get out into the garden and experience it for your-self. I love the calmness and serenity of nature but there is also great

life, birds are feeding their young, bees are always busy and of course there is always the caw of the crow. Another positive, it that people are more health conscious nowadays and mindful of what they are eating. There is a sense of pride that comes from planting and growing your own fruit and vegetables, not to mention they are mouth watering delicious as well".

For those looking for advice, the website www.gromor.ie contains easy to follow guides and videos on how to grow flowers, plants, herbs, trees and vegetables. GroMór 2018 is sponsored by Bord na Móna and Westland Horticulture.

Just over two months to apply for €1 billion Rural Regeneration and Development fund - Kerry

PROJECTS seeking support from the Government's new Rural Regeneration and Development Fund have just over two months to apply according to the Minister of State for Tourism and Sport, Brendan Griffin.

The objective of the Rural Regeneration and Development fund is to support collaborative and integrated projects between Government departments, State agencies, local authorities, other public bodies, communities and, where

appropriate, philanthropic funders and/or the private sector.

The fund, under the remit of Minister for Rural and Community Development, Michael Ring, will be open to local authorities, local development companies, State agencies, other Government departments, philanthropic funders, the private sector and communities. The lead partner must be a State-funded body.

The closing date for the receipt of proposals is 27th September 2018 and it is anticipated that successful projects will be announced in late October/early November.

Full details of the Rural Regeneration and Development Fund, along with the application form, are available on the Department of Rural and Community Development

website, at www.drcd.gov.ie. Minister Griffin is encouraging local authorities and communities to submit proposals for funding.










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TICKETS STILL AVAILABLE FOR LEGALLY BLONDE

There is still time to catch Legally Blonde The Musical which is taking place at the INEC this week and it certainly is a show not to be missed. Featuring former EastEnders star, Rita Simons, Emmerdale star, Bill Ward, as the leads, the smash-hit Broadway and West End musical based on the hit Hollywood movie Legally

Blonde. However there is a local celebrity also taking part.... Bruno, a bulldog from Beaufort is playing the part of Rufus and will be watched carefully on stage every night by his minder Holly Barrett. The Musical is a romantic comedy and has won seven Tony nominations and 10 Drama Desk Award nominations during its Broadway run. In the

UK it was nominated for 5 Laurence Olivier Awards winning 3 including Best New Musical, and was nominated for 8 Whatsonstage Awards winning 4 including Best Musical.

Tickets are available at the INEC for tonight (Friday) the matinee tomorrow, Saturday and the final show on Saturday night.



A scene from the opening night of the West End and Broadway production of Legally Blonde at the INEC Killarney, which runs all this week.
PHOTO: VALERIE O'SULLIVAN

"Castleisland of the Future – Making it happen" Economic Forum set for mid Kerry town

RTE Presenter Miriam O'Callaghan is set to direct proceedings at the Castleisland Chamber Alliance economic forum on September 22nd in the Riverisland Hotel. The event will be held from 2.30pm to 5.30pm and will discuss opportunities for the Castleisland Area.

The Chamber are inviting Castleisland people at home and abroad to attend and contribute to Castleisland's future.

Along with Miriam O'Callaghan the chamber have also been able to secure several high profile guests with Castleisland connections to discuss their vision for the area. All but one of the guests are from the Castleisland area and have become significant players in their sectors, the only "non native" on the panel is Con Lynch who chose Castleisland as the location for his successful international business. The event will consist of a brief presentation from each guest followed by a panel discussion and question



and answer session which Miriam will moderate.

The panel for the forum will consist of:

- **David Walsh** Group CEO, Netwatch.
- **Liz Shanahan** Member of the Global Irish Economic Forum and current London Kerry Person of the Year.
- **Stephen Reidy** C.I.O. Three Ireland.
- **Suzanne McElligott** C.E.O. of IAB Ireland and Bord Member of Advertising Standards Authority for Ireland.
- **Con Lynch** C.E.O. Compound Feed Engineering.

- **Orla Burke** Partner and EMEA Healthcare Lead • Fleishman Hillard
- **John Brosnan** Co-Founder and C.E.O. Netfort.

The Chamber will also hold a event in the morning focusing on three young entrepreneurs, all alumni of the local secondary schools, who will make presentations of their businesses. This session will be supported by the secondary school principals and while the target audience is primarily students, all are welcome to attend. The panel for the morning event will consist of;

- **Shane McAuliffe** McAuliffe Pig Farms and European Pig Producers Ireland.
- **Shane O'Leary** Cordal Cheese
- **Ciara Murphy** Be You tiful, Beauty Salon.

The event promises to provide unique ideas from our very successful panelists which we expect to help Castleisland plan for a successful economic future.

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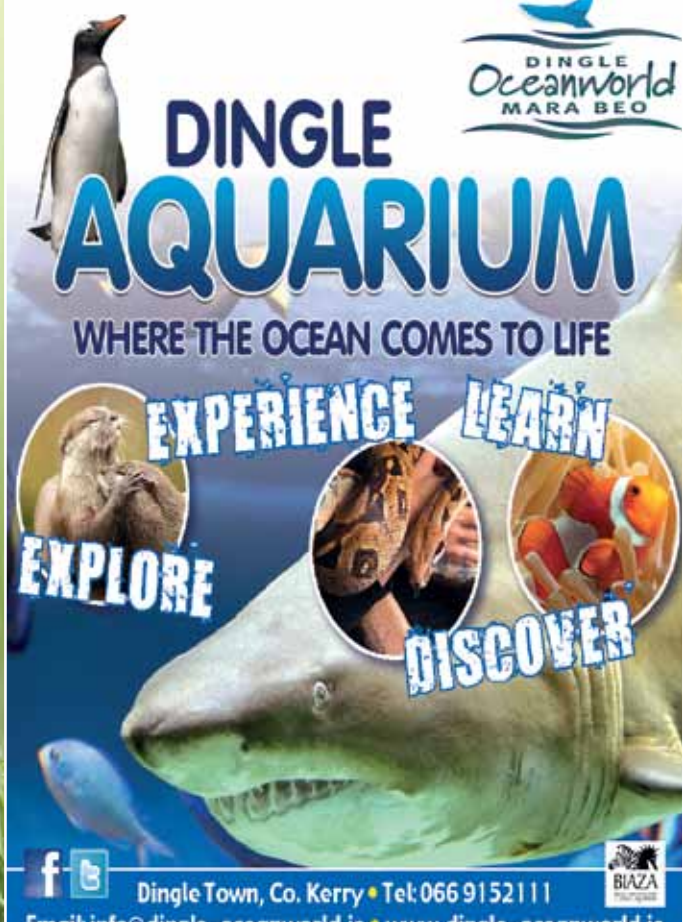
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Tricel Announces New Apprenticeship Programme

Tricel is delighted to announce the launch of its new Manufacturing Technician & Manufacturing Engineer apprenticeship programme which will begin in October of this year. This is an exciting opportunity for participants to receive training in the application of the latest industry technical knowledge and engineering skill-sets within manufacturing.

Tricel understands the importance of providing opportunities to learn and progress and view the introduction of this apprenticeship programme as a significant addition to the current inhouse training and development initiatives that are in place.

The company began life in 1973 as a very small but efficient business in Killarney and has grown to become a global provider of high performance solutions for the Water, Environmental, Construction and Materials industries. Tricel today has 12 operating locations throughout Europe and supplies leading brands in 50-plus countries worldwide. Over the years Tricel has seen significant growth in its employee numbers and has approximately 450 employees across the Group. The majority of new positions have been created at its headquarters in Killarney. According to the CEO, Michael Stack "this is a very exciting time of growth in Tricel. There are many opportunities available for those who wish to develop and expand their skills in a friendly and supportive environment. This training programme is crucial to ensuring the continued delivery of talent



needed for the ongoing operational and strategic growth of Tricel."

This apprenticeship initiative is suitable for school leavers who have completed their Leaving Certificate (or equivalent) or existing Production Operators and Technicians. The programme gives such applicants an opportunity to train or upskill, in the most up to date requirements for the engineering and manufacturing sectors.

The Manufacturing Technician Apprenticeship (National Framework Qualification Level 6) is a two-year programme resulting in a Higher Certificate in Engineering with the follow on third year enabling the successful participants

to receive a Bachelor of Engineering in Manufacturing (Level 7). Additionally, Tricel will provide the apprentices with specialised industry-specific training and mentoring.

In order to apply, you will need a Leaving Certificate qualification (or equivalent), Grade 6 at ordinary level in five subjects, two of which must be Maths and a language (English or Irish). Each participant will complete the required learning modules which alternate between on-site practical training under the guidance of seasoned professionals at our facilities and learning theory-based elements through block release to Cork Institute of Technology.

For further information on the apprenticeship programme please visit <http://ie.tricel.eu/jobs-careers-tricel-killarney/>

Woodlawn set for Traffic Calming Measures

Following an allocation of 5000 from his Councillors Fund, Cllr. John Sheahan has announced that traffic calming measures are set to commence in the coming weeks near the entrance to the Killarney Athletic Pitch in Woodlawn.

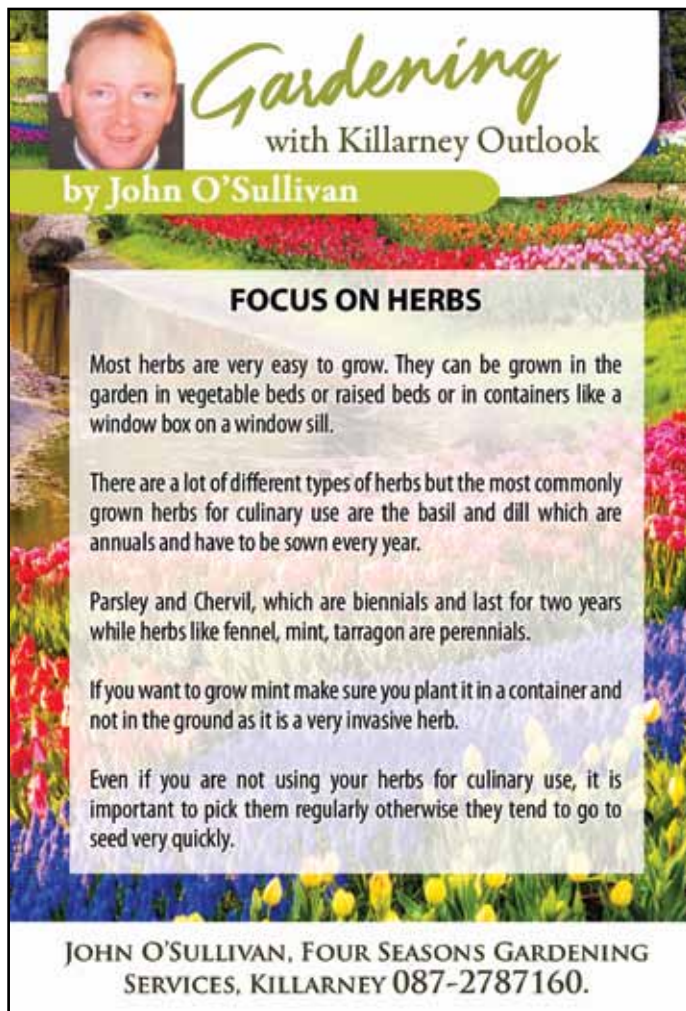
"I look forward to seeing this work commence as it will slow down the traffic which is what this community needs", the Cathaoirleach of the Killarney told the Killarney Outlook.

"At the moment the annual 7-A-Side is taking place and this will continue for another few weeks", Cllr. Sheahan added. "I am calling on all motorists travelling on this road to be extra vigilant as it is currently very busy with people attending the games", he added.

"When this infrastructure is complete this neighbourhood will be much safer as a result", Cllr. Sheahan said.



Members of Killarney Athletic FC & Residents of the local Woodlawn area pictured on the main Woodlawn Road with Cllr & Mayor of Kerry John Sheahan having been allocated €5,000 from the Mayor towards traffic calming. L-R Terrence McGough, Max Zampe, Don O'Donoghue, Mike O'Shea, Cllr & Mayor of Kerry John Sheahan, John & Mary Burke, James Kaledz, John O'Brien & Tadhg Doolan. PICTURE MARIE CARROLL-O'SULLIVAN



Gardening
with Killarney Outlook
by John O'Sullivan

FOCUS ON HERBS

Most herbs are very easy to grow. They can be grown in the garden in vegetable beds or raised beds or in containers like a window box on a window sill.

There are a lot of different types of herbs but the most commonly grown herbs for culinary use are the basil and dill which are annuals and have to be sown every year.

Parsley and Chervil, which are biennials and last for two years while herbs like fennel, mint, tarragon are perennials.

If you want to grow mint make sure you plant it in a container and not in the ground as it is a very invasive herb.

Even if you are not using your herbs for culinary use, it is important to pick them regularly otherwise they tend to go to seed very quickly.

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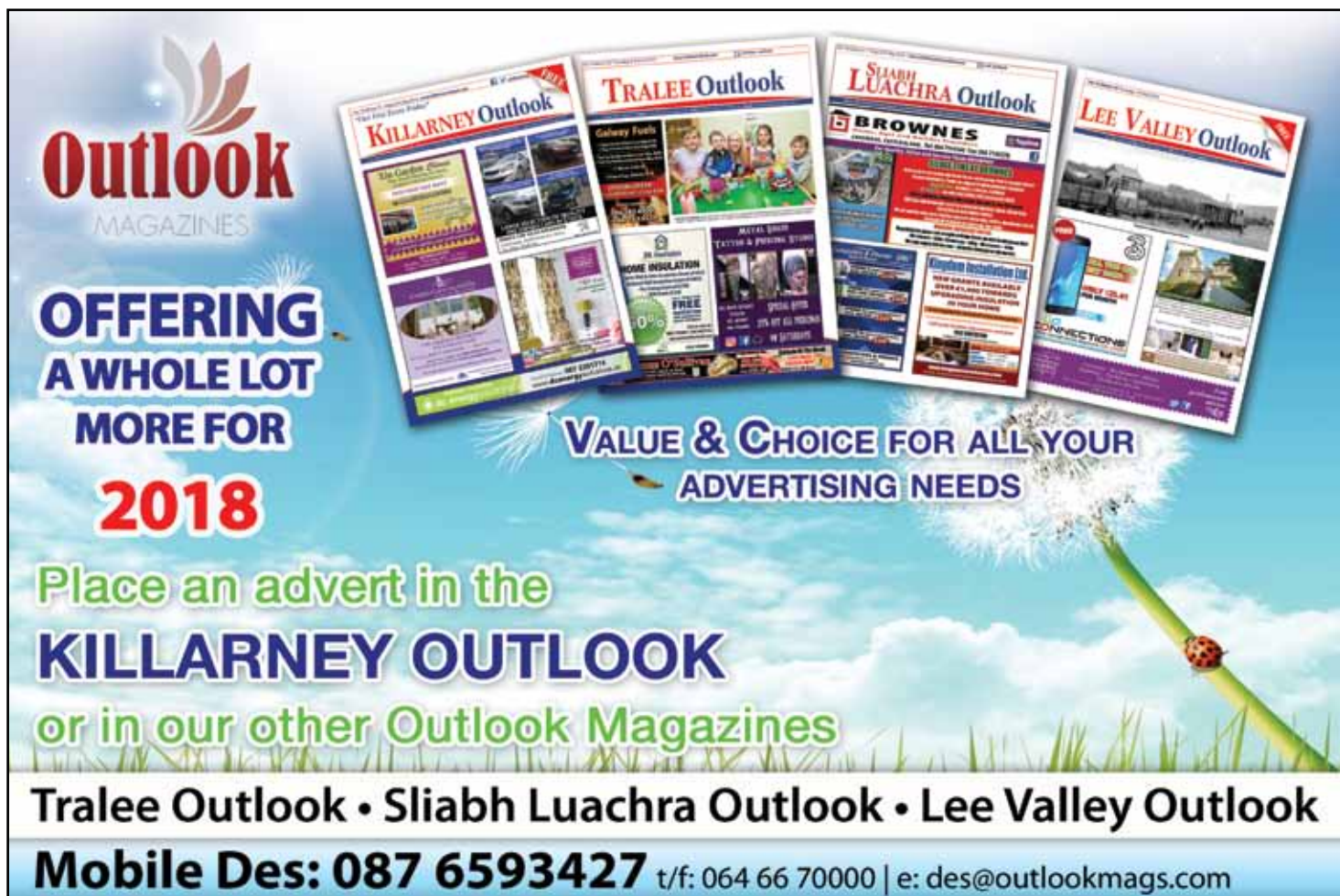
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Pedal in the park



When I grow up...a little boy watching members of Killarney Cycling Club leading out 'Pedal in the Park', an initiative by The Ring of Kerry Charity Cycle, in conjunction with the Kerry Recreation and Sports Partnership, Kerry County Council and the Killarney Cycling Club helping to bring children to cycle together in Killarney National Park. **PHOTOS: VALERIE O'SULLIVAN**



Piarsa and Catherine Kelly with their Children, Tiernan and Orlaith Kelly ready to cycle with Annie Rose and Maureen Vogel.



Clodagh O'Shea.



Sam O'Callaghan.



Jennifer Dowling, Ollie Pyne, Fiadh Anthony Finn, Derek, Alice and Jennifer Pyne, Ciara Treacy, Daire O'Brien and Teddy O'Brien.



Thia, Deirdre, Jody Luca, Aufrichtig, at 'Pedal in the Park'.



Catriona Doolan with Alex, Evie and Jessie Doolan.



Kenneth and Margaret O'Sullivan with their Daughters Aine and Ciara O'Sullivan.

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I advise total beginners to do maybe 2-3 days week one to ease themselves into it and maybe less depending on how in active or inactive they are, Don't over train , too much too soon. I advise total beginners to do maybe 2-3 days week one to ease themselves into it and maybe less depending on how in active or inactive they are,

If you feel like you are sore in areas that don't feel natural or more like you have overstrained a muscle please feel free to drop me an email and I'll point you in the right direction of where to go or what to do, or get into your physio bro check it out. Don't ignore a sore area that keeps playing up and is causing you pain in one area. You will quickly know if this is the case as it will progressively get worse if untreated, where as muscle DOMS should diminish unless training type& intensity or frequency changes.

Every body is different and some people can be particularly tight in certain areas more than others and can over strain a muscles by adding more exercise to that area, it is important to keep your tight muscles flexible by doing additional stretching outside the class daily, after walks, runs, cycles or any other form of exercise on your own. This is essential for injury prevention.

So the message is don't let muscle pain in week 1 turn you off working out. It is normal to feel pain when starting a new type exercise so stick with it and the pain will go & u will love how you feel after.

MORE TIPS NEXT WEEK...

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OUTLOOK Beauty

Keep your eye cream and nail polish in the fridge

The reason some eye creams are sold in tubes with metal tips is that the metal helps deflate puffy areas by cooling the skin, which theoretically constricts blood vessels. But you can get the same exact effect by just stashing any old eye cream in the refrigerator. The fridge is also a great place to stash nail polish, as it keeps it from thickening over time.



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RUN KILLARNEY | 28th July 2018

**ONLY
2 WEEKS
TO GO**

Run Killarney latest news with Chris Grayson, experienced runner and pacer

The final countdown

Excitement is building with the roads and trails in the National Park packed with people putting in their final training sessions for Run Killarney 2018. It's going to be a great sporting occasion the event is likely to sell out this week so don't forget to register if you haven't already. Please remember that all competitors must come to the Gleneagle Hotel on Friday the 27th of July to collect their race packs between 6 and 9.00pm.

Road closures & traffic restrictions

Local residents please be aware of the road closure on the N71 Killarney to Kenmare road from 6.30am to 11.30am on Saturday the 28th of July. Please be vigilant on the morning if you are driving in this area and take note of traffic diversions in place along the route.

Race day preparation

As it's less than a fortnight to the big day, your body and mind may feel tired. This is all normal and you are not alone. Opposite are a few tips to help you prepare for race day.

TRAINING

Let your legs and body recover from all the training you have been doing in the build up to the race. It's time to start 'tapering', in other words, starting to decrease the mileage (but keep up the intensity or pace) gradually in order to be as fresh and raring to go come race day! Now is a good time to incorporate some 'race pace' into your training, for example, if your goal is to run around 2 hours for the half marathon (9 min 10 secs per mile) then do some runs at this pace. It's a great way of getting the body used to running at this pace and come race day it will stand you in good stead. Don't forget to warm up and cool down after this though! If you have a niggle then rest for a day or two, our bodies are a great indicator if something's not quite right so we should listen to it. You're two weeks out and I can assure you that no fitness will be lost at this stage.

STRETCHING

Keep your muscles nice and relaxed by doing some stretches, use a foam roller or do some Pilates or yoga.

HYDRATION AND NUTRITION



Don't drink too much water the day before the race, try to drink fluids regularly throughout the week. A good indicator if you're well hydrated is if your urine is straw coloured. Any darker then up the fluids a little. Focus on eating a healthy diet the you can look forward to after the race for the indulgences to commence! Try to ensure you have a healthy balance of carbohydrates, protein and good fats and also limit your intake of sugar. Energy gels are a great way of providing energy during activity but the golden rule is to try these out before the race to see what works and what doesn't. There are loads of products out there and some will suit different people.

Make sure you know when and where to pick up your race pack and where you are starting your event (all this information is available on www.runkillarney.com)



"Let's run for those who can't"
#carpediem

**RUN KILLARNEY IS 90% FULL - REGISTER NOW BEFORE IT'S TOO LATE AT:
WWW.RUNKILLARNEY.COM or by calling into O'Sullivan's Outdoor Shop, Killarney.**

WHAT WOULD YOU SAY TO THE YOUNGER YOU?


Life brings us such wonderful opportunities to learn and grow. As a child though, we don't realize this. Very often we feel stuck or scared. We often don't understand why our parents are tired or arguing. We may blame ourselves in some way or just feel that we aren't good enough. However, as an adult we can heal the pain of the past or our own doubts and fears that may still be lingering on from our childhood. One way to do this is to write down the things that you would tell the younger you today. What advice would you give? What kind things would you have wanted to have heard when you were a child? What would have helped you to know?

Write a letter to the younger you – Coaching exercise

A great healing process is to write a letter to the younger you. Close your eyes for a moment and see the young you. How old are you? How are you feeling? What do you need? Connect with this younger you and write a letter telling them what you need them to know now.

This can be an emotional exercise but it is one so worth doing as although we can't change the past, we can change how we feel about the past and this brings great healing.

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RATHMORE/GNEEVEGUILLA NEWS

by Michael O'Mahony

Rathmore SocialAction Group Laugh out loud for 90 minutes Kerry Premier of "Religious Knowledge" by Eamonn Kelly.

A comedy directed by Margaret O'Sullivan followed by short comedy sketches Friday 13th July Teach Iosagain, Rathmore 8.30 Cast includes Brian Hickey, Shane Dillane, David Reen, John O'Donoghue, Rosie Healy, Margaret O'Sullivan & Diarmuid Coakley

INVESTMENT

Cllr Niall Kelleher is delighted to welcome the €2.7 Million Investment in Rathmore Streetscape upgrade which will be on public display in the coming weeks.

This has come after many years of representations by the community council and myself. Rathmore will finally get the facelift and investment it needs.

Also I welcome the CLAR FUNDING announcement €50k for Safety works at Holy Family NS Rathmore €50k for Rathmore Community Centre

€25k for Barraduff Tidy Village Group for Bus Stop and Bus Shelter.

CEMETERY MASSES Monday 16th July - Behinaugh 8pm Thursday 19th July - Old Chapel 8pm

DIOCESAN COLLECTION for the sick and retired priests in our Diocese. You generously contributed €1480.

Thank You

IRISH WHEELCHAIR ASSOCIATION: will be holding their church gate collection on Saturday 14th & Sunday 15th July 2017 at Rathmore, Gneeveguilla & Shrone Churches. Your support would be gratefully appreciated

WELCOME

Danny Healy ReaTD. and Cllr Maura Healy-Rae want to welcome funding that has been approved under the Clár programme for the Rathmore and Barraduff areas.

€49,500 has been approved for the Holy Family National School for pedestrian crossing works and safety works.

€49,500 for the Community Council in Rathmore for upgrading of pedestrian access and accommodation works.

€24,750 for Barraduff Tidy Group for the provision of a bus shelter.

CULLEN AND DISTRICT SPECIAL NEEDS:- 20th Annual Harvest Afternoon -featuring Old time Threshing, Vintage display, Butter making exhibition, Children's Sports, Giant Football, Darts, Raffles and many side-shows, fun for all the family. Sunday July 15th. Cullen G.A.A.

DYLAN CROWLEY TOURNAMENT:

A huge thank you to all clubs who took part in Dylan Crowley tournament last weekend, thanks to Crowley family and anyone else who helped out to make it such an enjoyable day.

SYMPHIES To Mary Agnes Buckley Knockeenagullane and Hannah Mary Twomey, Umeraboy on

the death of their brother-in-law, Arthur O'Keefe, Gattabawn & Dermot O' Leary



The Early Risers...4.00am Start for cyclists on the Annual Ring of Kerry Charity Cycle (Ian O'Connell Trust) leaving from Anthony Cronin's shed in Ballydowney, Killarney, 'Anto Butch' (1st left) is cycling the 180 km Charity Cycle on a Penny Farthing, along with Brendan Coffey on his trusted 'High Nellie' Paudie Horgan, and Mick O'Connell, Ian O'Connell's Dad, (3rd left), 16 year old Ian O'Connell from Killarney sustained serious injuries in a cycle accident last year. The Trust set up by the local Spa Club, will help meet his ongoing needs and the cost of any necessary adaptations to his home.

PHOTO: VALERIE O'SULLIVAN

Knockrour Scartaglen May both them rest in peace .

KILLARNEY LIBRARY:

Lydia O'Hara will host a Ceramics, Theatre props and photography exhibition at Killarney Library from Friday 6th - Saturday 14th July during library opening hours. Free admission

NOTES

If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. before Sunday 6pm.

FOSSA NOTES

LOTTO

8th July 2018 Numbers drawn were 9, 12, 24, 27. There was no jackpot winner and the consolation winners were Derry, Patrick, Mike and Geary, Andy Breen, Barleymount East, Gerry McSharry, c/o Kaynes Bar, Padraig O'Donoghue, Two Mile and Andrea McCarthy, Ross Road. Next weeks jackpot will be €4,650.

U-14 BOYS

The East Kerry Under 14 league started last week with a home game against Dr. Crokes. This was a game of two halves, Dr. Crokes were 3-10 to 2-5 ahead at half time and things were not looking good. In truth Crokes played very well and deserved to be ahead. We knew a good start was needed to the second half and that is what happened. Our boys scoring 3-06 to one point in the second half to finish winners on a score of 5-11 to 3-11. On the night Daragh O'Brien, Rian Collieran, Ryan O'Leary and Finn Kennelly were best. Rian Collieran 2-1, Ryan O'Leary 1-1, Harry Kelly 0-4, Patrick Lyons 0-3, Paeder Kelliher 1-0, Ted O'Gorman 1-0 and Darren Ryan 0-2. On Monday evening we were away to Kilcummin. A beautiful evening for football and Fossa came away with the victory 5-08 to 1-08. Both teams played good football with our boys just on top on the night. Fossa played as a team and moved the ball well. On the night Rocco Sheehan, Robert Brooks, Sam Buckley and Patrick Lyons did well. Rocco

Sheehan 2-0, Darren Ryan 1-01, Peadar Kelliher 1-01, Ryan O'Leary 1-0, Patrick Lyons 0-3, Harry Kelly 0-2 and Ted O'Gorman 0-1.

CONGRATULATIONS

Congratulations to Ciara Kennelly who was a member of the Irish under 18 team that took part in the European championships in Hungary last week putting in a great performance finishing in the top 20 in the High Jump. There is plenty more to come from Ciara and she is improving all the time.

KILLARNEY LIBRARY

Lydia O'Hara will host a Ceramics, Theatre props and photography exhibition at Killarney Library from Friday 6th - Saturday 14th July during library opening hours. Free admission.

SYMPATHY

Sympathy is extended to the Lenihan and Buckley families on the death of Donal "Dan" Lenihan of O'Kelly's Villas, Killarney. Ar dheis Dé go raibh a Anam.

BEAUFORT NOTES

LOTTO:

Lotto results of Sunday, 8th July for jackpot of €4,400. Numbers drawn: 6,21,24,27. No jackpot winner.

Consolation Prizes

€80 Mike Coffey, Gortbee
€50 Frankie Hallissey, Aloher, Ciara O'Sullivan, Coolcumisk, Mary Ashe, Cappaganeen.
Next draw for a jackpot of €4,600 will be in Beaufort Bar on Sunday, 22nd July.

RING OF THE REEKS CYCLE:

Registration is now open for the Ring of the Reeks annual cycle which will be on Saturday, 28th July. The first 50 online registrations will be entered into a draw for a lunch/dinner voucher worth €50 for the famous Kate Kearney's Cottage at the beautiful Gap of Dunloe. There will be four routes this year, 100km, 60km, 35km and 5km cycles. You can register for a cycle at www.ringoftherEEKScycle.com

FIXTURES:

Beaufort Under 14 boys home Kilgarvan/Tousist, Monday, 16th at 7pm in round 4, East Region League.

Under 12 Boys away Laune Rangers Blue, Friday, 13th at 7pm in round 2, Mid Kerry.

Under 12 Girls home Cromane, Tuesday, 17th in round 1, Mid Kerry

THANK YOU:

A note from St. Kieran's GAA London who recently spent a weekend with Beaufort GAA:

"While the 2018 World Cup was in full swing with England heading towards the quarter finals, Beaufort GAA Club played host to a minor team from St Kiernan's GAA Club London on the weekend of 29th June.

Strong links between the two clubs have been established over the years as a result of many players from Beaufort being members of St Kiernan's during their time living in London. The Chairman and founding member of the London club is Jerome O'Shea, a former Beaufort player who is a regular visitor to the area.

The visiting team received a warm welcome on arrival in Beaufort and following a formal reception, team members were taken to Tralee to watch the Cork versus Kerry Under 20 game. On Saturday, after a training session in Beaufort, a tournament took place between Beaufort, Kilcummin and the London team which was thoroughly enjoyed by all who took part. On Sunday morning the visiting team bade farewell to their hosts and brought back to London memories of a most enjoyable weekend in Beaufort.

On behalf of the players and parents of the visiting team, St Kiernan's GAA Club would like to thank Beaufort GAA Club for the wonderful hospitality they received during their weekend visit. A special word of thanks to the families who hosted the team and to Frank Coffey, the Chairman for his help with the organisation of the weekend.

KILCUMMIN NEWS

CEMETERY MASSES

Old Kilcummin Cemetery on Wednesday 1st August at 8pm; Aglish Graveyard Mass on Monday 16th July at 8pm; Aghadoe Cemetery Mass Monday 30th July at 8pm; New Cemetery Mass Monday August 6th at 7pm. Kindly spread the word to those living away who might like to attend.

PILGRIMAGE TO GLENDALOUGH

Pilgrimage to Glendalough on Thursday 26th July 2018. Contact Teresa 087-7457750 for booking and further information.

LOUGH DERG PILGRIMAGE

The Three Day Pilgrimage is currently open. You may begin on any day until Monday 13th August. Advanced booking is not necessary. The Lough Derg team can help you to co-ordinate public transport or link up with Pilgrimage organisers in your locality. Phone Lorraine on 071 9861518 email: info@loughderg.org.

SOCIAL HEALTH EDUCATION PROJECT (SHEP) AUTUMN COURSE

SHEP is offering their Cert in Social Awareness and Community Empowerment this Autumn



A big welcome for Brendan Coffey from Killarney, on his High Nellie. Jim and Betty Casey, open their house and their hearts to cyclists at their home at Kelly's Cross, outside Sneem every year, for the 35th Annual Ring of Kerry Charity Cycle, helping out Ireland's Biggest Charity event. The 175 km cycle has raised over 15 million for 150 charities, supported by 1400 volunteers on the route. PHOTO: VALERIE O'SULLIVAN



Sean Slattery, left, Kathleen Cronin, Eimeir Walsh and Eoghan Fox, stopping off at Coomakiste, in the 35th Annual Ring of Kerry Charity Cycle, helping out Ireland's Biggest Charity event. The 175 km cycle has raised over 15 million for 150 charities, supported by 1400 volunteers on the route. PHOTO: VALERIE O'SULLIVAN

in Tralee. This course is based on Training for Transformation and has a focus on Community Empowerment, social analysis, exploration of issues of power, inequality, justice, development and the environment. The course runs over 5 weekends from September to November in Collis Sandes House Tralee. The full fee for the course is €450 and a number of reduced fee rates of €250 are available. For more information ring Deirdre on 087-7728089.

KILCUMMIN GAA JUNIOR FOOTBALL

Our junior team lost to Annascaul by 5 late points and are now involved in a four way tie at the top of their division. Their final group game against Templenoe will be decisive AS

TO WHO QUALIFIES FOR THE KNOCKOUT STAGE.SENIOR FOOTBALL

Best of luck to Kevin McCarthy and his Kerry team mates in the upcoming Super 8's. Our Senior team play Castleisland Desmonds in Rd

9 of the Co League on this Saturday @ 7.30 pm.

ALL IRELAND JUNIOR CHAMPIONSHIP

Congratulations to Kieran Murphy (Capt) and Gary O'Leary who were part of the Kerry team who beat Kildare in Navan last week-end and now face Galway in the All Ireland Final on Saturday 21st. Venue to be decided.

ALL IRELAND U-20 CHAMPIONSHIP

Best wishes to Sean O'Leary and his team mates in their game against Kildare on this Saturday.

MASTERGEEHA FC LOTTO

There was no winner on Friday 6th June, 2018. Numbers drawn were 5, 14, 20, 21. Consolation prizes were €100 K. Cahill, c/o Kilcummin Post Office. €30 Margaret Buckley, Ballinamanagh. €30 Niall Marshall, Currow, Co. Cork. €30 Joan O'Leary, c/o John Lenihan. Jackpot now €8,400.

10 Summer Driving Hazards to Avoid

Summer driving has its own set of challenges whether you're on home ground or not. High temperatures, increased stress levels, and extra demands on your car are all par for the course, so make sure you read our advice to stay safe on the road.

WET OR LOST KEY FOBs: It's easy to lose your car keys in the sand, or ruin your remote control with water by accidentally taking the fob for a swim.

Keep your keys safe and dry and check your handbook – on most cars, there's an alternative way to open the doors that you can use if the remote stopped working.

PUNCTURES: If your tyres are already damaged or they're at the wrong pressure, the higher temperatures of summer will increase the risk of a blowout.

Make sure you check tyres regularly – for condition and pressures – and increase pressures to suit extra loads, as advised in your handbook.

Check caravan tyres too, and replace those that show any signs of cracking in the sidewall or tread grooves..

SUMMER DRIVING

OVERHEATING: When driving in hot climates, high temperatures can aggravate cooling system problems too. It's important to check the coolant and cooling system regularly to avoid overheating.

GLARE: Dazzle from the sun causes lots of accidents but you can reduce the effect by keeping your windscreen nice and clean, and by replacing worn or damaged windscreen wipers.

It pays to keep a clean pair of sunglasses in your car year-round but avoid lenses that darken in strong sunlight.

DRIVING TIRED: If you feel tired, stop and take a short nap (up to 15 minutes) or drink two cups of strong coffee. It's best to avoid getting tired in the first place if you can.

These tips can help:

- Include a 20-minute break in journeys of more than 3 hours
- On longer trips, take a break every couple of hours
- You're better off taking several short (at least 20 minutes) stops than one long one
- Don't drink alcohol or eat a heavy meal before driving
- Don't stop for a nap on the hard shoulder, and make sure you check parking restrictions before putting your head down at a motorway service area as you could get a ticket for overstaying

your welcome.

HAYFEVER: If your hayfever is particularly bad, it's best to get someone else to drive if you can.

Also:

- Make sure any medication you're taking doesn't cause drowsiness
- Close windows and air vents to reduce pollen grains in the car
- Clean mats and carpets regularly to get rid of dust
- Keep tissues close to hand
- Wear sunglasses to block out bright sunlight

LOOSE CHIPPINGS: Roads repaired with tar and loose chippings are a common sight in the summer but they can cause cracked headlamps and windscreens, and damage paintwork if you're not careful. Stick to any temporary speed limit that's been put in place and keep your distance from the car in front.

FIRE: If you're a smoker, don't just throw your cigarette out of the window when you've finished it. Verges and embankments can become bone-dry and a smouldering cigarette may be enough to ignite roadside grass.

TRACTORS: The driver of that slow-moving tractor in front of you may have a soundproofed cab or could be wearing ear protectors, so may not be able to hear approaching cars.

Be aware that tractors only have to have brake or indicator lights if driving at night, so they may stop or turn suddenly and without warning in daylight hours.

WHEN YOU'RE DRIVING IN THE COUNTRYSIDE:

- Keep plenty of distance behind a tractor
- Remember that a tractor may be longer than it appears – there could be a loader on the front
- Before overtaking, make sure you have plenty of room to get past

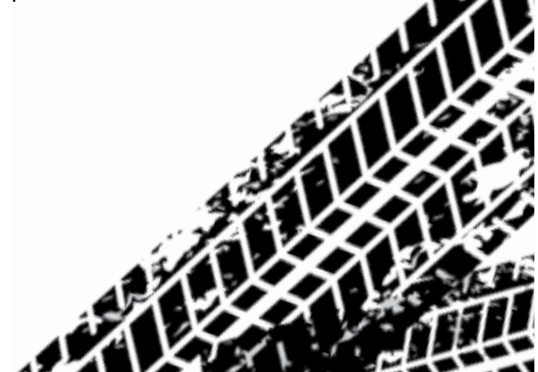
AVOID A BREAKDOWN THIS SUMMER

- Slow down if you come across a spillage – if you hit a bale of straw at speed you will damage your car
- Don't park in a gateway or passing place – they are farmers' field access points
- Drive extra carefully after rain, which can turn dry mud into a skid pan
- And don't forget that if you do experience a breakdown AA Rescue fixes 8 out of 10 vehicles on the spot. Meanwhile, if you're planning to drive across Europe this summer, remember that with AA European Breakdown Cover local garages across our European road network will be on standby should you experience any bumps on the road.



• Looking for ways to keep your driving costs down ahead of the summer?

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ARE YOU MISSING TWO DOGS?

Two terrier type dogs strayed into a house in Scartaglin on the 25th of June. They are being very well looked after by a very kind family who are anxious to reunite them with their owners.

The dogs are not microchipped and are very friendly and seem to be used to children. There was thunder that week and the dogs might have travelled a long distance so please spread the word as widely as you possibly can.

If you are their owner please ring 087 698 3189 and their temporary carers will be delighted to hear from you.



WATER ADVICE

- While this dry spell continues please place shallow containers of water on the ground (in shady places if possible) for all wild life as young birds and small animals are unable to travel any great distance to streams.
- Turn off the tap when brushing your teeth, washing your hands or shaving.
- Why not challenge yourself and your family to shower one minute quicker? In a year you could save up to 10,000 litres of water.
- Take a shower instead of a bath - One bath can use up to 100 litres of water, whereas an efficient shower uses under 50 litres.
- Make full use of your washing machine - Wait until the machine is full before switching it on to save water and energy.
- Lawns are great survivors - Even when they look dry and brown, they'll spring back with the first heavy rain.
- Fix leaking taps - A dripping tap can waste more than 60 litres of water per week.
- Keep a jug of water in the fridge - Planning ahead means there is no need to run the water until it gets cold.
- Fill the kettle with only as much water as you need - This will save water and energy.
- Save all the water that you use during the day that you have not added detergent etc to and water flowers and plants in the cool of the evening.

SCIENTISTS ARE FIGHTING TO SAVE THE BANANA

The plain yellow banana known as the Cavendish variety that is most commonly found in European and North American supermarkets is at risk of extinction, thanks to a virulent disease that has ravaged crops in Africa, Asia, Australia, and parts

of the Middle East in recent years.

The disease goes by several names - 'fusarium wilt', Panama disease, and Tropical Race 4 are a few of its monikers - and experts are very concerned that it's only a matter of time till it spreads to Latin America, where the vast majority of the world's bananas are grown. The Cavendish accounts for 99.9 percent of all bananas traded globally, and it already has replaced a different and allegedly tastier variety called Gros Michel that was wiped out in the 1960s and '70s following a similar fungal outbreak. Now investors are flinging millions of dollars at the industry in an effort to save our favourite fruit and a number of biotech companies and researchers have jumped at the opportunity to try and create a fungal-resistant variety of banana.

As shoppers, in the meantime, we can do our part by buying unfamiliar varieties of bananas when we encounter them and opting for organic, which is kinder on the land and farm workers.

WHY YOU SHOULDN'T KILL SPIDERS

Spiders are a natural part of our ecosystem - even our indoor ecosystems. Thankfully, indoor spiders are completely harmless and are actually known to be allies to us. This is because these spiders usually don't want anything to do with humans - in fact, they do their best to stay hidden away in dark corners and crevices, places where their prey is often found.

Speaking of prey, the ones that most common house spiders like to trap and eat are the ones that we all want to keep as far away from our homes as possible, such as all sizes of insects.

Therefore, the next time you see one of these little guys scurrying up your wall, don't scream in horror and squash the poor guy with the closest heaviest object you can find; instead, let him flourish and you can reap the benefits of living with fewer pests.

ON THIS DATE - JULY 13TH

1871 - World's first championship cat show; Organised by Harrison Weir and held in Crystal Palace, London.

1886 - Birth in County Roscommon of Father Edward Flanagan, the founder of Boy's Town, Nebraska.

1898 - Italian inventor Guglielmo Marconi patented his radio.

1923 - Following MP Lady Nancy Astor's campaign to rise the legal age of drinking in Britain, a law was passed in the House of Commons to prevent the sale of alcohol to anyone under the age of 18.

1930 - The inaugural football world cup kicked off in Uruguay with 13 teams participating, the hosts won the final 4-2 against Argentina.

1944 - Erno Rubik, inventor (Rubik's cube), was born in Budapest.

1954 - In Geneva, the United States, Great Britain, China and France reached an accord on Indochina, dividing Vietnam into two countries, North and South.

MARGARET'S RAMBLINGS

1960 - Senator John F. Kennedy of Massachusetts was nominated for the presidency by the Democratic Party defeating Senator Lyndon B. Johnson at their convention in Los Angeles.

1977 - A 25-hour power blackout hit the New York City area after lightning struck upstate power lines. Approx 9 million people were affected.

1981 - Martin Hurson, Irish political prisoner, died on hunger strike in the Maze Prison, Northern Ireland.

SWEDEN TO REACH ITS 2030 RENEWABLE ENERGY GOAL THIS YEAR!

An exciting new report shows that Sweden has installed so much wind power; the country is now 12 years ahead of schedule for its renewable energy goals.

By the end of 2018, the Nordic nation will have installed over 3,861 wind turbines, with 7,506 megawatts of wind capacity being added through to December. This surge in wind power means that Sweden will be on track to meet their 2030 clean energy goals by the end of this year.

A SOUTH KOREAN COURT RULES THAT IT IS ILLEGAL TO KILL DOGS FOR FOOD

A South Korean court has made a landmark ruling on how it is illegal to kill dogs for their meat - and it could pave the way for a national ban.

Though dog meat consumption in South Korea has been a controversial topic of cultural discussion, the practice has been on the decline. 70% of South Koreans already refuse to eat dog meat thanks to pressure from animal rights activists and Western influences.

Though the nation has not banned dog meat consumption altogether, they have passed smaller laws that force vendors to conform to high standards of hygiene, facility conditions, and animal treatment.

This most recent ruling, however, could be a game-changer. Animal rights organisation Coexistence of Animal Rights on Earth (CARE) took legal action against a dog meat farmer who was accused of maintaining poor hygienic conditions and harming animals "without proper reason."

In addition to fining and convicting the farmer without an appeal, the court ruled that food was not a proper reason for killing canines.

"It is very significant in that it is the first court decision that killing dogs for dog meat is illegal itself," said Kim Kyung-eun, a lawyer with CARE, adding that the precedent has "paved the way for outlawing dog meat consumption entirely."

CARE hopes that the historic decision will soon lead to a national ban on dog meat consumption. Until then, they say that they plan on continuing their efforts to investigate and expose meat farmers who are violating animal rights.

KILLARNEY GOLF CLUB

- LADIES

RESULTS SUNDAY 8TH JULY 2018

Kindly sponsored by Michael & Helen Howard of Cross Refridgeration

| | |
|--|---------------|
| 1st. Mairead O Sullivan (36). | 60 pts |
| 2nd Bridie Doyle (32). | 65 pts |
| BG Tracy Eakin (2). | 70 pts |
| 3rd Geraldine Tarrant (27). | 66pts |
| 4th Anne O Leary (25). | 67 pts back 9 |
| 5th Alicia Burke (14). | 67 pts |
| 6th Margaret O Donoghue (21) 68 pts back 9 | |
| CSS 70 | |

Congratulations to all the winners !

On Wednesday 11th July Ladies Eileen Murphy Qualifier Scotch Foursomes will take place on Killeen and is kindly sponsored by Bradley's Pharmacy

Next sunday 15th July Lady Captain Sheila's prize to the ladies will take place on Mahony's Point

Tickets are still available from committee for lady captain Sheila's BBQ on Sunday next, tickets €15 each

KILLORGLIN GOLF CLUB

LADIES RESULTS: 18 Hole Stableford sponsored by Doherty's Pharmacy, Milltown:
1. Betty Griffin, Lady President (36) 41 pts. 2.

Emma Daly, Lady Captain (21) 40 pts. 3. Ann Walker (25) 39 pts (B6). Front 9: Eileen Bell (26) 21 pts (B6). Back 9: Marian Healy (30) 20 pts (B6). Silver Swans 9 Hole Stableford 3/7/2018. 1. Marian Dore (38) 20 pts.

FIXTURES: Sat 14th/Sun 15th/Tues 17th July 18 Hole Stableford in aid of Kerry Mountain Rescue sponsored by Lady President Betty Griffin. Arrange own time and partners.

SCRAMBLES: The Summer Mixed 9 Hole Scrambles continue this Friday 13th July. Entries taken from 5.45pm. Ring Pro Shop 0669761979 or turn up on the night. All welcome.

LADY CAPTAIN'S PRIZE: Entry for Lady Captain Emma Daly's Prize Day on Saturday 21st July is posted on Notice Board. Names to be in by Monday 16th July for a draw for partners.

BEAUFORT GOLF CLUB (LADIES BRANCH)

RESULTS -

7th/8th July - 18 Hole Stableford - Sponsored by Colm Kinsella & Magic Touch Beauty Salon, Killorglin

| | |
|---------------------------------------|--------|
| 1st Teresa Clifford (30) | 36 pts |
| 2nd Lady Captain Aileen Ryan-Lee (33) | 35 pts |

FIXTURES

15th July - Lady Captains Day (Round 4 Golfer of The Year) - Sponsored by Reens Garage, Rathmore

Club Fundraiser - 6th August - Single Stableford open to ladies and gents - Entry Fee €25 - Gents Prizes sponsored by Dunloe Hotel - Ladies Prizes sponsored by Boyles Top Line, Killorglin. Ring Clubhouse on 064-6644440 to book a time.

BEAUFORT GOLF CLUB (MENS BRANCH)

RESULTS -

7th/8th July - 18 Hole Stroke (White Tees) - Sponsored by Frank Coffey Consulting Engineer

| | |
|-------------------------------|---------|
| 1st Denis J O'Connor (14) | 67 Nett |
| 2nd Michael A O'Sullivan (17) | 69 Nett |
| 3rd Barry Woulfe (19) | 71 Nett |

6th July - Open Friday Sponsored by Cliffords Groundcare Ltd

Winner: Noreen Coffey (14) 38 pts

FIXTURES

15th July - Captains Day (Round 3 Golfer Of The Year) - Stroke : (White Tees) - Sponsored by Mike Osbourne Jewellery Services, Killarney
Club Fundraiser - 6th August - Single Stableford open to ladies and gents - Entry Fee €25 - Gents Prizes sponsored by Dunloe Hotel



Derry McCarthy Captain (right) presenting the first prize in the O'donoghue Ring Backstages Classic to winner Peter McEnery with prizewinners (back left) Ryan Kelleher and David Culloty at Killarney Golf Club, Killarney.



Frank Doran of Safe Guard Security presenting the Safe Guard Security Ladies competition prizes to winners Irma Clifford and Anne O'Leary with Sheila Crowley Lady Captain (back) prizewinners Kathleen Wall, Kay O'Connor, Mary Beth Molloy and Tina O'Sullivan at Killarney Golf Club, Killarney.



Sheila Crowley Lady Captain presenting the winning prizes in the Daly's Supervalu Ladies competition to Siobhan Brosnan and (Left) Ciara O'Mahony at Killarney Golf Club.



Jack Buckley President and Derry McCarthy Captain presenting the first prize in the Killarney Brewing Club Foursomes Championship to Pat Kelleher and Eoin O'Donoghue with (centre) semi finalist Tommy Gaivin at Killarney Golf Club Killarney.



OUTLOOK GOLF SCOREBOARD

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– Ladies Prizes sponsored by Boyles Top Line, Killorglin. Ring Clubhouse on 064-6644440 to book a time.

Club Scramble every Wednesday –Meet at clubhouse at 5.45pm for 6.15pm shotgun start. Every Friday – Open Single Stableford – Sponsored by Cliffords Groundcare – open to gents and ladies – Entry Fee €25 – Ring Clubhouse on 064-6644440 to book a tee time.

KILLARNEY GOLF CLUB MEN'S CLUB

The Ballybunion exchange took place on Sunday the 8th and 117 members traveled to play the difficult Cashen course. Conditions were the full-on links experience with endless run on the ball. In spite of these tough conditions Donal 'Gap' O'Sullivan won with a very respectable 39 points, by dint of a better back nine. This popular exchange was kindly sponsored by Moriarty's Heather restaurant.

Full results as follows, 1st Donal O'Sullivan 39pts, 2nd DJ Fleming 39pts, 3rd Conor Twomey 39pts, 4th Paud O'Donoghue 39pts, 5th Jerry Galvin 38pts, 6th Con Healy 38pts, 7th Michael Tangney 38pts, Category 1 David O'Donoghue 37pts, Category 2 Kieran O'Connor, Category 3 Adam O'Reilly 37pts, Category 4 Charlie Daly 34pts and Standard Scratch was 37pts.

Next weekend will see the Lady Captain Sheila Crowley's prize to the Gents take place on Saturday 14th and Sunday 15th. Sheila is a very popular captain among the Ladies' and Men's club and there should be a significant competitor turnout. Captain Derry McCarthy and the Men's club would like to wish Sheila the very best of luck on her big weekend.

We would also like to congratulate Pat Cussen on winning the Federation of Kerry Golf Clubs Captain's Prize on the Ballybunion Old Course on Saturday with an excellent score of 40 points.

MURPHY'S GOLF SOCIETY

7th July 2018, Kenmare

Presidents Prize, Seán Murphy

Sponsor: Heineken

1st Mike Casey (13) 40 Points

2nd Pat Casey (27) 39 Points

3rd Brian Regan (13) 38 Points

4th Anthony Walsh (19) 36 Points

5th Jimmie Smith (13) 34 Points

6th Kevin Browne (16) 33 Points



Paul Cotter of 'The Chapel' (front third from left) celebrating 25 years 'The Chapel' at the Killarney Golf and Fishing presenting his 25th anniversary golf competition to winners Jack Buckley, Donie McSweeney, Louise Langan and Ryan Kelliher with Sheila Crowley Lady Captain 3rd, Derry McCarthy Captain with prizewinners Jason Digham, Barry and Breda Duggan, Mary Geaney and Mike Buckley 3rd (back) Colm Cagney, Patricia Lynch, and Patrick Lyons 4th, Emma, Celene and Sheila Cotter at Killarney Golf and Fishing Club on Thursday.



Jack Buckley President (fourth from left) making a special presentation to Paul Cotter of 'The Chapel' to mark his 25th year in The Chapel with his family members Sheila, Celene and Emma, Louise Langan and Denis Cronin Captain's 1993, Derry McCarthy Captain and Sheila Crowley Lady Captain at the Killarney Golf Club, Killarney.

Category: Seán Murphy (19) 32 Points

Guest: Con O'Connor (20) 38 Points

Nearest The Pins: Seán Goulding

Con O'Connor

1st Nine: Seamus Mc Carthy (17) 19 Points

2nd Nine: Mike Leahy (17) 17 Points

NEXT OUTING

18th August, Killeen, Captains Prize Pat Casey,

Sponsor: Guinness

MATCH PLAY

All games to be played by the next outing.

CASTLEROSSE GOLF CLUB

RESULTS

Competition played on Sunday 8th July 18 Hole Stableford, 1st Place, Joe Gaffey (22) 46 pts, Runner-up, Dan O'Connell (25) 42 pts (BB9), 3rd place, Stephen Dennehy (17) 42pts.

FIXTURES

Weekend competition, Captains prize day Saturday 14th July. All members must register

before 7pm on Friday 13th to play. Mixed scramble (9 Hole Texas) played on each Tuesday 26th June best return, Denis Tangney, Steve Shine & Donal Dowd. Tuesday Scramble open to all golfers Ladies & Gents. Attend club house at the Castlerosse at 6.15pm.

KERRY PITCH & PUTT

LAST weekend saw Deerpark host the Munster U-16 Matchplay Championships which was played over a Round Robin format and included both a Championship and Shield competition.

Two players from the Killarney club made it to the Championship Semi-Finals while another three contested the Plate Semi-Finals. Alex O'Callaghan contested the first Championship Semi-Final against eventual winner Shea Fennell of Parteen where despite being level after nine holes in the encounter Alex eventually lost out by 12&11.

In the other Semi-Final club-mate Robbie Harnett lost out to 2016 winner Glenn Towler of St Annes in Cork but only after a great second round by Robbie saw him come back from a deficit of 5 down after 18 holes before only losing out by 2&1 in the finish.

Fennell would go on to defeat Towler in the Final by 2&1. In the Plate meanwhile Cillian Courtney won an all Deerpark Semi-Final with club-mate Cathal Kelly by 7&6 with Joey McCarthy from the Killarney club losing out Parteen's Patrick Mitchell by 10&9. In the Plate Final Cillian held off a late fightback from Mitchell to win out by 2&1.

The Deerpark course held up well over the weekend in what were difficult conditions in advance with the heat and humidity of recent times. This weekend sees the National Gents Strokeplay Championships take place in Glenville, Dublin with plenty of Kerry interest in the three grades. On Saturday and Sunday the Intermediates and Juniors are in action in a 'Shotgun Start' with Tralee trio Pdraig Hobbart, Roger Guthrie and Eamon Sheehy along with Deerpark duo Gearoid Cronin and James Fleming and Listowel's Killian O'Gorman taking part in the Intermediate grade.

There are four Kerry players in the Junior grade including Listowel trio Nicky Barry, John Carey and Cathal Dennehy and Tralee's David Hobbart.

Sunday's Senior event sees seven Kerry competitors comprising Deerpark trio Damien Fleming, John McGrath and Jason O'Brien along with Tralee duo Jason O'Regan and Alan Hobbart as Castleisland's James Dignan and Aidan O'Connor complete the Kerry line-up this weekend.

The County Board would like to wish all 17 players the best of luck this weekend.

DEERPARK PITCH & PUTT CLUB NEWS

Munster U-16 Matchplay: A good showing by our club members last weekend as we played host to this event with 11 out of the 16 players



Geraldine Rosney of Rozzers Restaurant Killeen House Hotel (fourth from left) presenting first prize in the Rozzers to winner Patsy Hanley with (from left) Margaret O'Donoghue 2nd, Julie Leonard 3rd and Sheila Crowley Lady Captain at Killarney Golf Club, Killarney on Friday.



Gearoid Cronin (Deerpark Pitch & Putt Club U-16 Officer) pictured with club members who featured in the prizes at the Munster U-16 Matchplay Championships at the Killarney course last weekend including L to R: Joey McCarthy (Plate Semi-Finalist), Robbie Harnett (Championship Semi-Finalist), Cillian Courtney (Plate Winner), Alex O'Callaghan (Championship Semi-Finalist) and Cathal Kelly (Plate Semi-Finalist).

to reach the Knock-Out Stages from the host club. In the Championship competition both Alex O'Callaghan and Robbie Harnett reached the Semi-Finals before losing to eventual winner Shea Fennell (Parteen) and runner-up Glenn Towler (St Annes) respectively.

The Plate saw Cillian Courtney victorious over club-mate Cathal Kelly in the Semi-Finals while he defeated Parteen's Patrick Mitchell in the Final 2&1. Mitchell had defeated Joey McCarthy in the earlier Semi-Final.

Well done to Cillian on his win as we must credit the Grounds Committee for their fantastic work in having the course up to standard for the event with the dry, hot and humid conditions of recent times.

Parteen Scratch Cup: Jason O'Brien was the Runner-Up in last Sunday's Senior event continuing a recent good run of form that we're all delighted to see.

Sports Predictor Competition: Aidan Kavanagh is the leader of our Sports Predictor Competition after the first five events with a total of 18 points as Denis Looney is second on

17 points with a group of five people tied for third on 16 points. Full Details available from the link on our club website.

Danny Nolan Memorial & Club Mass: Scheduled for next Friday evening July 20th with the competition for the Danny Nolan Cup (Three Ball Scramble) beginning at 6pm and the Mass after at 8pm.

The presentation of prizes will take place after the Mass.

Entry for the Scramble is €5 per player open to adult members and non-members. All welcome especially relatives of deceased club members in the past year.

National Gents Strokeplay: Five players from the club travel to Glenville in Dublin this weekend as Damien Fleming, John McGrath and Jason O'Brien all compete in the senior grade while in the Intermediate Grade on Saturday Gearoid Cronin and James Fleming will both be in action.

KILLARNEY ATHLETIC AFC

KILLARNEY ATHLETIC A.F.C. 7-A-SIDE SOCCER TOURNAMENT KILLARNEY ATHLETIC A.F.C. 7-A-SIDE SOCCER TOURNAMENT

Sponsored by Killarney Credit Union
Daily updates on the 7-A-Side will be published
on Facebook and the Website
www.killarneyathletic.com

Contact: If you have anything to add to Killarney
Athletic A.F.C. notes please contact Mary
McCarrick on 087 7750773 or mccarrickmary@
hotmail.com

RESULTS FOR TUESDAY 10TH JULY PITCH 1

Under 14 JR Spares 1 The Long Johnnys 2
Under 14 MEK Utd 3 Pathetico Madrid 2
Over 35 Liebherr Ireland 1
Aghadoe Physiotherapy 0
Under 16 Dan Linehan's 0 Boru Barbers 1
Over 35 Liebherr Ireland 0 MD O'Shea's 2
Playoff E Tim Jones & Sons 0 Failte Legends (C) 3
Playoff H Tatler Toffees 4 Mackey's Crew (B) 0

PITCH 2

Under 14 Bally Utd 3 The Underdogs 3
Over 35 MD O'Shea's 1 Dunboy Construction 0
Under 14 JR Spares 2 Bally Utd 1
Under 14 MEK Utd 3 They Call Us Legends 4
Over 35 Aghadoe Physiotherapy 0 Dunboy
Construction 4
Under 14 MEK Utd 0 Tropical Rhynos FC 0
Under 16 Steve's Barbers 1 Boru Barbers 5

RESULTS WEDNESDAY 11TH JULY PITCH 1

Under 14 JR Spares 5 The Underdogs 0
Over 35 Liebherr Ireland 0 Leanes Tool Hire 4
Under 14 Tropical Rhynos FC 1 They Call Us

Legends 1
Playoff F MD O'Shea's 1 Failte Bar (D) 2
Over 35 Tim Jones & Sons 1 Leanes Tool Hire 1
Over 35 Tim Jones & Sons 2 Liebherr
Ireland FC 0
PITCH 2
Under 14 Tropical Rhynos FC 9
Pathetico Madrid 0
Under 14 Pathetico Madrid 1 They
Call Us Legends 3
Over 35 Tim Jones and Sons 1 MD O'Shea's 0
Under 14 The Long Johnnys 0 The Underdogs 1
Playoff G Liam Lynch Skoda 2 Speakeasy (A) 4
Under 14 The Long Johnnys 4 Bally Utd 5

FIXTURES U10 & U12 FRIDAY 13TH JULY

PITCH 1

6.00 U10 Mackey's Crew V Four Star Pizza
6.25 U12 The Saints V Mak Attack
6.50 U10 Mackey's Crew V Killarney
Grand Dream Team
7.15 U12 The Saints V Mackey's Young Guns
7.40 U10 Killarney Dream Team V Four Star Pizza
8.05 U12 The Saints V Banterlona
8.30 U10 Semi Final (2nd V 3rd)

PITCH 2

6.00 U12 Kerryonians V The Underground
6.25 U12 Mackey's Young Guns v Banterlona
6.50 U12 Kerryonians V Coolick Rovers
7.15 U12 Mak Attack V Banterlona
7.40 U12 Coolick Rovers V The Underground
8.05 U12 Mackey's Young Guns V Mak Attack
8.30 U12 Group 1 Playoff 2nd V 3rd

PITCH 2

SATURDAY 14TH JULY

PITCH 1

10.00 U12 Semi-Final (1st V 2nd)

10.30 U10 Final
11.15 U12 Final

PITCH 2

10.00 U12 Semi-Final (2nd V 1st)

FORMAT

U10 Top team in group straight to final, 2nd and
3rd play off in a semi-final.

U12 1st Group 1 V 2nd Group 2 and 2nd Group
1 V 1st Group 2 in the semi-finals.

Please check Killarney Athletic Facebook and
website for updates and changes to fixtures

WEEK 4 FIXTURES MONDAY 16TH JULY PITCH 1

6.45 O35 ½ FINAL Tim Jones & Sons
V MD O'Shea
7.10 U16 ½ FINAL Boru Barbers v Scotts Boys
7.35 Senior Last 8 (I) Cavemen Clothing
V Tatler Toffees
8.00 Senior Last 8 (J) Liebherr V Failte Bar
Pitch 2
6.45 U16 ½ FINAL Steve's Barbers
V Dan Linehans
7.10 O35 ½ FINAL Murphy's Bar
v Leane's Tool Hire
7.35 Senior Last 8 (K) Four Star Pizza V Speakeasy
8.00 Senior Last 8 (L) O'Riordan Sand & Gravel
V Failte Legends

WEDNESDAY 18TH JULY PITCH 1

6.30 U14 ½ FINAL JR Spares V Tropical Rhynos
FC
7.10 U14 ½ FINAL They Call Us Legends
V Bally Utd
7.35 Senior ½ Final (I) V (J)
8.00 Senior ½ Final (K) V (L)



Team
Tim
Jones.



Team
Liebherr.



Team 035
Murphy's
Bar.



Team
Bit Hitters.

KILLARNEY CELTIC

Killarney Celtic will host its 2nd FAI summer camp from July 23 - July 27th. Bookings can be made online at www.summersoccerschools.ie or call 1890 653 653.

Tickets for the FAI National Club Draw are now available at our stand in the Killarney Outlet Centre and from club members. Sales

of these tickets will allow the club to maintain and expand the underage and Football for All programmes.

Annual street collection is on Saturday July 14th from 10am onwards. Anyone who can help with the collection for a period of time can contact Mary on 086 6485809.

For pitch bookings contact Mary on 086 6485809.

Coaches wanted for the coming season at all levels. To help maintain the numbers and standards of players, the club requires coaches. Full training and support will be given. Contact Mike 0860836356 for full details. Celtic Lotto.

Numbers drawn 4,9,17,28. No jackpot winner. 2 match 3 receive €75. Next jackpot €6,000.



Team Speakeasy.



MHR Team.



Aghadoe Physiotherapy.



Four Star Pizza.



Port River Wanderers.



Mackey's Crew.



New signs at Killarney Athletic. Pictured with the club and county Child Welfare Officer Geraldine Nagle.

FLESK VALLEY ROWING CLUB

The Sneem Coastal County Championship took place at the Oysterbed Pier last Sunday. It was another successful day for the Valley with 3 victory's in the mens Pre Vet, men's Junior and an impressive performance from our young u14 boys, John Kelliher, Michael O'Donoghue, Ben Switzer, Jack O'Donoghue, who also brought home the gold. The Valley also took home silver medals in both Minor boys and girls races, as well as 3rd place finishes in the U14&U16 girls races. Well done to all who took part. As always thanks to everyone who helped make this a successful day.

COUNTY ROWING CHAMPIONSHIPS

Congratulations and well done to all our rowers, coxes and coaches on a successful day for the club at the Kerry County Championship in Sneem on Sunday last. A competitive day from start to finish saw a number of races go down to the wire with close battles for first, second and third in several races. The following were successful on the day under 12 girls 2nd, u12 mixed 2nd. U16 girls 1st. U18 girls 3rd. U21 ladies 3rd. Junior men 3rd. U21 men 3rd. Intermediate men 1st. And thanks to all our supporters... Best of luck next week in Cromane

MUCKROSS ROWING CLUB

SYMPATHY

The club extends its deepest sympathies to the Moynihan and Dowling families on the death of Christina Moynihan. Our thoughts and prayers remain with Chris' husband Dan, sons Cathal and Fergal, daughter Laura and all the members of the extended family. Ar dheis De go raibh a anam dilis.

IRISH CHAMPIONSHIPS 2018

The very best of luck to all our crews competing this weekend in an action-packed three days of racing at the Irish Rowing Championships. Over 1,100 crews from over 60 clubs will compete for top national honours at the National Rowing Centre, Inniscarra. The racing timetable and live results feed are available online at the Rowing Ireland website. We wish all the rowers, coxes and coaches every success. We hope to see as many family members and supporters as can make it over the course of the three days.

SUMMER OF ROWING

Following the Irish Champs, the NRC will play host to two major international events, namely the Home International Regatta on the weekend of 21 July and the Coupe de la Jeunesse Regatta on the following weekend of 28 July. The club is also eagerly looking forward to some coastal rowing events ahead.

WORKMEN'S ROWING CLUB

No sooner had the Killarney Sixes boats been put out to dry, but out came the four seater Coastal Boats as we travelled en masse to the Oyster Bay in Sneem for the first of our Coastal



The Healy Brothers Ted, John and Justin pictured after completing the 35th Annual Ring of Kerry Cycle.



The Sem Boys... Michael Horgan, centre, best friend of Ian O'Connell with his class mates from St Brendan's College Killarney setting out on the 35th Annual Ring of Kerry Charity Cycle, from Killarney. The Ring of Kerry Charity Cycle is celebrating 35 years' as Ireland's largest one-day charity fundraising event. Over the past 35 years, we've raised almost €15 million for 150 charity organisations through the annual support of participating cyclists and volunteers. PHOTO: VALERIE O'SULLIVAN

County Championships. Racing commenced at 9.30am and finished around 6pm, during which time we competed in a total of 22 races, coming home with a total of 13 Gold Medals, 3 Silver and 3 Bronze. The weather was beautiful for racing and Sneem hosted a fantastic day... we would like to thank everyone at Sneem Rowing Club and Kerry Coastal Rowing for their running of this event, and in the Coastal Rowing Events calendar, we look forward to Sive Regatta later this month, and Fenit Regatta in August, as we build up to the All-Ireland Coastal Championships in Wexford later in August. We congratulate each and every crew on their sporting determination and especially those who rowed competitively in the Coastal Boats for the first time.

UPCOMING EVENTS IN JULY

Irish Rowing Championships, this weekend, 13th -15th July, National Rowing Centre, Cork.

Best of luck to all our scullers travelling down for this three day event.

Coupe de la Jeunesse, 27th-29th July, National Rowing Centre, Cork. Our heartiest good wishes to Annie O'Donoghue as she prepares to row for Ireland in the Junior Women Sculling Team at this event.

Sive One-Design Regatta, Saturday 28th July, Cahersiveen.

BIRTHDAY WISHES

Belated wishes to Siobhán Bartlett, and a very Happy 18th to one of our newest members, John O'Connell on his 18th birthday next Friday 20th.

FUNDRAISING

Thank you to all our members who turned out to collect at our street collection last weekend. Our next fundraiser is on the weekend of 4th/5th August. The rota will be up on the Clubhouse in the next couple of weeks.



Maeve Carey, left and Breda Carey, at the opening night of the West End and Broadway production of Legally Blonde at the INEC Killarney, which runs all this week.
PHOTO: VALERIE O'SULLIVAN



Lydia and Chloe Coghlan, enjoying the evening at the opening night of the West End and Broadway production of Legally Blonde at the INEC Killarney, which runs all this week.
PHOTO: VALERIE O'SULLIVAN



Mary O'Shea, left, Molly O'Mahony and Geraldine O'Mahony, at the opening night of the West End and Broadway production of Legally Blonde at the INEC Killarney, which runs all this week. **PHOTO: VALERIE O'SULLIVAN**



Pictured in the sunshine at New St Brendans Terrace for the open air mass to celebrate the 50th anniversary of the estate were L-R Bridie Courtney, Paula Counihan & Imelda Coffey.
PICTURE MARIE CARROLL-O'SULLIVAN



Carmel O'Leary (Lily Of Killarney) pictured with Ian O'Connell at the Ring of Kerry after party.



Enjoying the sunshine at the open air mass to celebrate the 50th anniversary of the New St Brendans Terrace were L-R Bernadette Mannix with her Mum Mary Mannix (No.71) with Bella O'Connor (no.70). **PICTURE MARIE CARROLL-O'SULLIVAN**



Pictured in the sunshine at New St Brendans Terrace to celebrate the estates 50th anniversary open air mass were L-R Eileen Moynihan, Mary O'Donoghue, Christy Sheahan, Siobhan McCarthy, Eileen Holmes & Marian Finnegan. **PICTURE MARIE CARROLL-O'SULLIVAN**



Pictured at New St Brendans Terrace for the open air mass to celebrate the 50th anniversary of the new part of the estate were L-R Elaine O'Shea with her Mum Ann, her sister Karen & Organiser John Buckley (centre). **PICTURE MARIE CARROLL-O'SULLIVAN**



Fáilte Ireland provided a platform for over 30 Irish golf businesses to showcase their offerings to 80,000 overseas and domestic visitors attending the Dubai Duty Free Irish Open in Donegal's Ballyliffin Golf Club this week. Pictured at the Golf Ireland tent with the Waterford Crystal Dubai Duty Free Trophy were Sheila O'Callaghan, Muckross Park Hotel, Karolett Mulligan, Fáilte Ireland and Bernie Chambers, Radisson Blu Hotel, Sligo. (North West Newspix)



At the finishing line.... Carmel O'Leary (Lily Of Killarney) and Aisling Crosbie, Editor Killarney Outlook pictured handing out the medals to the finishing cyclists at the end of the Ring of Kerry Charity Cycle.



KERRY GAA STORE



SUPPORTING THE FUTURE OF KERRY GAA

Killarney Outlet Centre Fair Hill, Killarney. Tel: **064 663 6571** Email: kerrygaastore1@eircom.net

DR. CROKES GAA

SUMMER CAMP 2018

Dr. Crokes Summer Camp 2018 will commence on Tuesday 24th July-Thursdays 26th July. 11.00 am till 2.30 pm. Registration on Tuesday 24th at 10.30 am. Cost is 30 euro per child. Plenty of fun and games with qualified coaches.

FUNDRAISER

The Ladies section of the Club are organising a pitch & putt fundraiser on July 28th. 3 Scramble and Barbeque €30 per team and you can contact Catherine Keogh on 087-2827626 or Aine Mc Mahon on 087-2890527 for tee times.

ANNUAL WALK TO STRICKEEN

Invitation to all Club members, Family and Friends to hike to the top of Strickeen Mountain on Saturday July 21st. Meeting at 11am at Kate Kearneys. Bring suitable clothing, footwear, water and a light snack. All welcome young and old!

DEVELOPMENT FUND

Dr Crokes Club are embarking on a fundraising initiative to help upgrade the current facilities of our grounds as it has been 12 years since serious work has been carried out. There are fantastic prizes to be won with the first prize a Nissan Pulsar Executive Class Car and second prize is a four night stay for two people in New York including flights. We have 10 prizes in total and the draw will take place on December 20th 2018. Tickets are €10 each or a book of 6 for €50. There will be an additional draw of €1000 for those who purchase a full book for €50. Tickets can be purchased in the Tatler Jack, Club members or Kerry Shop in Killarney Outlet Centre.

LOTTO Lotto 4, 12, 13, 28. Jackpot E12600 Not won Match 3 1 by E400. Next draw Monday July 16th in JCO'Shea Jackpot E12900

KERRY COISTE NA NOG

KERRY FOOTBALL DEVELOPMENT SQUADS KERRY SOUTH U14

Kerry South U14 team made the long journey to Waterford to take part in the Jim Power U14 tournament. The players performed well on the day, beating Clare convincingly by 5-12 to 0-4. The game against Cork East was a tough battle, with two late goals by Cork as Kerry pressed forward giving the scoreline of 4-11 to 3-7 a slightly unfair margin. Nonetheless Kerry South U14 had done enough to qualify for the cup semi finals to be played at a later date.

Kerry South U15 Kerry South U15 made the short journey to Cork to take part in the Humphrey Kelliher U15 tournament. Playing reigning Munster U14 champions Tipperary



Ted Healy Legion Juvenile coach collecting Tick Kits from Loreto National school after they won the Community Champions award at the National Junior Entrepreneur Showcase held recently in the RDS. Killarney Legion GAA are delighted to support this successful local initiative. Included are, Ted Healy Killarney Legion GAA, Edward Looney teacher and 5th class students of Loreto National school.

in the first game was always going to be tough start. Kerry South started in flying form opening up a commanding half time lead. Tipperary fought hard to reduce the deficit with two second half goals giving them energy. Kerry South held firm to win by a point at the finish, 2-10 to 3-6. Next up was Cork West, both well drilled units played fantastic football in the semi final. This was a very even affair, the rebels leading by 0-6 to 0-5 at the break, but Cork West had a goal to spare after an exciting finish, 2-10 to 0-13, and they went on to win the competition.

KERRY U16

Kerry have usually put out two squads, North and South, at this grade but because a number of our top U16 talents are still involved in the All Ireland minor championship with Peter Keane, this year Kerry played one squad. An absolutely storming first half display saw Kerry U16s beat Limerick well before losing out against a strong Cork White team that included five of their U17 panel. Kerry trailed by three points in the closing minutes, pushed forward for a goal, and were caught with two late goals to go down by 3-11 to 1-9.

LISTRY GAA

JUVENILE UPDATE:

Our U10s travelled to Paddy Burke memorial park in Milltown to take part in the Milltown Blitz on Sunday. We fielded 2 teams. One team won division 1 and the other team lost out narrowly in the division 2 final.

UPCOMING FIXTURES:

U16s County League
Away to Fries at 7 on Wed.

DEEPEST CONDOLENCES:

Listry GAA would like to send deepest sympathy to Conor Burke and family, Lissavane on the recent death of his late father Thomas (Tom) Burke RIP, Summerhill Co. Meath.

LOTTO RESULTS:

Number Drawn: 1, 5, 10, 13

€100 - John Lyne.

€50 x 2 - Patie Lenihan, Scartaglin. Eileen Fitzgerald, Rockfield

€25 x 2 - Gerald O Sullivan. Hilda Nevelle, Faha.

Draw Entrant: Richard Walsh, Lahard.

Next Sunday 15th Jackpot €6,650

KERRY JUNIORS:

Congratulations to Ronan Buckely and to All The Kerry Junior Team, who are through to All Ireland Junior Football Championship Final after a 2-17 to 1-14 victory over Kildare on Saturday 7th July

LISTRY SENIOR RESULTS:

Congratulations to Listry Seniors who had another victorious win against Fingee in Div 3 Co. League on Sunday 8th July in Finuge. Listry 1-12 finge 1-07

LISTRY JUNIOR RESULTS

Congratulations to Listry Juniors on their win against Cromane, in The Junior League in Cromane last Friday evening July 6th, Listry 2-12 Cromane 0-16.

UPCOMING FIXTURES:

Listry Seniors will be playing Ballydonoghue on Saturday July 14th at 7.30pm in Ballydonoghue.

LEGION GAA NEWS

FIXTURES:

Co.League Div.1

Killarney Legion V Spa, in Derreen Fri.13th.July at 7.30 p.m.All support welcome.

KERRY U16 DEVELOPMENT

Congratulations to Ryan O Grady,Eoghan O Sullivan and Cian O Leary who were on the winning Kerry u16 team in Limerick recently,all of whom showed great promise.

KERRY SENIORS

Best of luck to James and Brian as Kerry get down to serious business when they tackle Galway next Sunday.

SYMPATHY

A sad week for the Moynihan family with the untimely passing of Christina R.I.P. Her husband Dan served the club as player,officer and referee for many a year and his legacy has been carried on by son Fergal - our current chairman in the same hard working vein.Sioraí na bhFlaitheas ar a h-Anam dílis.

The Killarney Legion Club also extends it's condolences to the Finnegan family,Ballydribeen on the death of Kathleen R.I.P. Ar Dheis Dé go raibh a h - Anam dílis.

LOTTO

Winning no's - 9,11,12,28.No winner. Lucky dips - (1)Marion Brosnan,4 Chestnut Drive.(2)Blaithnaid Coffey,11 Elm Grove. (3)Martin Moloney,c/o Tom Lyne.(4)Denis Murphy,Whitebridge Manor.(5)Tanya McCormick,c/o Scéal Eile.Next weeks jackpot €10,500 Play online at www.legiongaa.com

EAST KERRY GAA NEWS

by Michael O'Mahony PRO

Rathmore won the East Kerry Junior League Division 1. Final sponsored by Kerry Physiotherapy & Rehabilitation Centre Killarney, in very sporting fast moving game played in spa, Rathmore 2-14 - Spa 2-8

Spa got off to a dream start with a goal & point in opening 3 minutes. The goal from Corey Doyle Rathmore Reduced to margin to the menuiman when Michael A Kelliher Rattled to net on the 7 minute a scatter of points saw the sides going into to second quarter. Rathmore dominated the scoreing to lead at interval Rathmore 1-8 spa 1-4. On Return Rathmore continued to dominate and extended their lead into Dean Fitzgerald Goal and 3 unanswed points on the 44 minutes 2-11 to 1-4. Rathmore The slides swapped points before Rathmore goal keeper Sean O'Riordan,had a great save in goal.However spa buld othner attack & Andy Fitzgerald,sent an Rebound to back of net for spa goali 2-12 to 2-5 in 52 minute.Spa keeeped in touched final whistle Rathmore held out to win.

The James Doyle Memorial cup jointly Presented to Rathmore Captain Colm Kelly, by late james Doyle nephew young James Doyle, & sponsor Ruth Allen and Johnny Brosnan, (Chairman of Ek committee) Referee Tom Moriarty Killarney Legion



Nevermind the Super 8's...The Legion Street Leagues is the new 8 team football competition that the whole town is talking about. With names like the Cobras, Panthers, Cheetahs and Bears, the first round took place this week in Direen. Each team is made up of boys and girls between the ages of 9 and 13. It is geared towards fun but the ultimate aim is for the different age groups to mix.

WISHES TO KERRY TEAMS

Best of luck to Kerry senior who play Galway in croke park this Sunday July 15th at 4pm. To all players from region & all players and management, and also to Kerry under 20s this weekend against Kildare Kerry under 21 Hurlers best wishes to them all Congratulations to Kerry junior who reach other all Ireland final to players from Region to all players & management

U14 EAST REGION LEAGUES SPONSORED BY MD O'SHEAS KILLARNEY

Cordal-Scartaglin 4-11 Furies (23) 5-08 (23) (Draw)
Group.A
Fossa 5-11 Dr Crokes 3-11
Group B
Listry/Keel 4-07 Kenmare 1-17
Group C
Kilgarvan-Tuosist 4-01 Rathmore 5-15
Gneeveguilla 1-07 Beaufort 2-15
Spa 5-09 Currow 3-12
Fixures U14 East Region Leagues sponsored by MD O Sheas Killarney.
Monday July 16th
Group.A (to get Div 1 and 2 finals
Killarney Legion v Kilcummin
Glenflesk v Fossa
Bye- Dr Crokes
Group C (to get Div 5 and 6 finals)
Rd.4 Monday. July 16th
Rathmore v Currow
Beaufort v Kilgarvan-Tuosist
Gneeveguilla v Spa

Bruton c/o Club, €40 Alison O Shea c/o club, €40 Mary Hickey c/o Eileen Fleming, €30 Den Lawlor c/o Petros, €30 Ann Glesson c/o Conor, €20 John Murphy c/o Evelyn. Next weeks jackpot €4,000, thanks to everyone who support and help organize the lotto. Garth Brooks tribute band 25th August as part of carnival tickets now available from any officer. Golf classic on 17th August in O Mahoneys contact John @ 086 6080563.

KILLARNEY CAMOGIE CLUB

Well done to our Under 12's who came away from Causeway last Sunday with a hard fought 5-6 to 4-2 victory. Team on the night was Faye O' Carroll, Megan Gillespie, Allanah Holohan, Maggie Hickey, Kathryn Ryan, Hannah Ryan, Yasmin O' Brien, Niamh Cantillon, Anne Hickey, Eabha Lynch and Ava Moore.

This group have put themselves in a strong position to qualify for this years A-Final and any time we come away from North Kerry with a victory is a good days work. Keep it up. This group will travel to the Gaelic Grounds in Limerick this Saturday for the Caman to Munster blitz. Well done to Ava Moore, Laura Griffin, Clodagh Flanagan and Molly Cullinane who travelled to the Cillard Under 10 blitz last Saturday. Training for all age groups every Monday at 6.30 in Spa GAA.

MILLTOWN CASTLEMAINE NEWS

PUBLIC MEETING:

Milltown Castlemaine GAA Field Development Information:

We had a wonderful turnout at our public information meeting on Monday last. There

GNEEVEGUILLA GAA NOTES

There was no winner of last weeks lotto 4,10,13,26. Lucky dip winners were €40 Ken

was a very positive feedback to the proposed development of our club facilities, which will be phased out over a 3 year period. We are privileged to have such a committed and forward-thinking executive in our club, whom we anticipate will see this project through to completion.

GAELIC FOR MOTHERS AND OTHERS:

The internal blitz for mother's and others was a super fun event. Special thanks to all our partners, parents and supporters who came and cheered us on. A special thanks to all those who brought along some delicious home baking and refreshments for all families to enjoy after the blitz. It was a really nice social occasion for all involved. We also appreciate the hard work of our trainers and mentors and we are very much looking forward to our Munster blitz in Mallow on Sunday July 21st.

MID KERRY JUNIOR FINAL

"Strength In Depth Sees Milltown Claim Glory After Thriller"

Final Result: Milltown/Castlemaine 0-18 Laune Rangers 1-09

Both Milltown/Castlemaine and Laune Rangers renewed their local rivalry in Cromane in the Final of The Mid Kerry Junior Football League.

It was a contest of the highest quality and it took 80 plus minutes to separate these two sides after scores were level after the full-time whistle went following a pulsating duel.

Well done to the 30+ players on show tonight, it really was a Panel effort as over 20 players were needed on a hot evening for sport.

Special thanks to the management of Garry, Ger and Mike also, to our supporters and as always our sponsors Larkins Bar and Restaurant and Londis Topshop/PR team for keeping everyone updated, it really is a team effort.

COUNTY REPRESENTATION

Well done to Conor Spillane who lined out for Kerry South Under 14's at the weekend in Dungarvan and to Cillian Burke who lined out with Kerry South Under 15's in Millstreet on Saturday last. Congratulations also to David Heasman-manager of the Under 14's and Shane O'Sullivan-a coach with the under 15's.

KERRY JUNIORS:

Huge congratulations to our own Gavin Horan who was part of the Kerry Junior team that defeated Kildare on a score line of 2/17 to 1/14, in a thrilling game on Saturday last. This is a well-deserved opportunity for Gavin who has been playing tremendous club football also in recent times.

UNDER 14 CENTRAL REGION

Our under 14 teams had two great wins during the week. They were as follows:

U14 A Milltown Castlemaine 5-10 ,Glenbeigh Glencar Cromane 4-7

U14 B Milltown Castlemaine 2-6: Kerins O Rahilly's 3-2 .

Well done to Ian and all the management teams.

SENIOR COUNTY LEAGUE-ROUND 9

Our seniors, sponsored by Larkins Bar/ Restaurant and Kelly's Londis, Top Shop, are



The Legion Street Leagues is the new 8 team football competition that the whole town is talking about. With names like the Cobras, Panthers, Cheetahs and Bears, the first round took place this week in Dieren. Each team is made up of boys and girls between the ages of 9 and 13. It is geared towards fun but the ultimate aim is for the different age groups to mix.

away to Glenflesk on Saturday evening next. Our seniors need your support. Please head along – it will serve as a nice appetiser to the Kerry Galway game!

KERRY VERSUS GALWAY

Ticket arrangements for All-Ireland Senior Championship Quarter Final PHASE 1 - Páirc an Chrócaigh-

15th July Kerry v Galway 4pm Prices as follows:

Hogan Stand (No Concession) - €30

Cusack Stand - €30

Terrace - €20

FAMILY TICKETS:

Family Tickets- Cusack and Davin Stands

Adults - €30 Juveniles - €5

Students & Senior Citizens (Cusack & Davin Stand Only):

Purchase full price tickets and get rebate of €10 with valid I.D. at Block D, Stiles 1 to 5 in the Cusack Stand (Rebate can only be claimed on entry into the stadium via BLOCK D)

Wheelchair Tickets: The Wheelchair Ticket and Assistant's ticket is €30

Group & Club Pass.

Group pass - Juveniles U-16 €5 each (1 adult free with every ten Juveniles) any additional adults €30

Club Pass for adults - €15. Max 50 tickets per club, one application only per club.

Deadline for both is Tues 10th July at 5pm. Both Group/Club Pass will be subject to availability.

Forms can be filled in on-line from Mon 9th July <http://www.gaa.ie/tickets/club-offers>

KERRY GIRLS UNDER 16:

Comhghairdeas to Clodagh Evans and Ella Teahan who were part of the Kerry team that defeated Kildare in extra time in the All Ireland semi final on Wednesday last. What a

fantastic achievement girls! Best of luck in the All Ireland.

CLUBIFY:

All fixtures, results and club news are available on the App-Clubify, which you can download for free on your phone.

FUNDRAISING LOTTO JACKPOT DRAW

Our fundraising lotto goes to help with the running costs of our very vibrant and ever-expanding club. We sincerely appreciate the continued support of our loyal and valued sellers, buyers and sponsors. Our Jackpot is now €20,000- with €400 for match 3. We also have six consolation prizes on offer. Next draw is on this Friday, July 13th, in The Shanty Bar. So head out and buy that lucky ticket!

UNDER 10 BLITZ

Well done to all those involved in the fundraising blitz for the Autism Unit in St. Joseph's N.S. Castlemaine. The weather was fantastic as was the fun and the football!

Special thanks to Linus Burke, Paud Hogan and Eileen Lovett for all their work in co ordinating this fantastic fundraiser for a very worthy cause and to all the clubs who so willingly supported it.

UNDER 6/6/10 BLITZ

All the boys and girls from our club had a great morning in Legion GAA Grounds on Saturday last. Many thanks to Legion GAA Club for inviting us and to all the parents who came along to cheer the young footballers on.

CAMP FOR FUTURE STARS

Put the date in your diary, Tuesday August 14th to Friday August 17th. Coordinated by our coaching officer, Ian Twiss, this is always a wonderful fun camp so keep the dates free!



OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



ALL IRELAND FOOTBALL CHAMPIONSHIP SUPER 8'S

THE WORLD CAN WAIT AS KERRY HAVE ONLY EYES FOR GALWAY

DONAL BARRY SPOKE WITH KERRY FOOTBALL MANAGER EAMONN FITZMAURICE ABOUT KERRY'S FIRST STEPS INTO THE SUPER 8'S COMPETITION

SUPER 8'S FOOTBALL GROUP 1

THE TEAMS



KERRY
(Munster Champions)

Having defeated Clare and Cork with relative ease the Kingdom have not really been tested. With some concern now over the Cork result having watched Tyrone dispatch the Rebels with equal ease.



GALWAY
(Connacht Champions)

Having defeated Mayo, Sligo and Roscommon, the Connacht champions are in good form having reached the League final.



KILDARE
(Qualifiers)

Having lost to Carlow in the opening round in the Leinster Championship Cian O'Neill's men needed wins over Derry, Longford, Mayo and Fermanagh to get to the Super Eights. Arriving with form and momentum following their Newbridge or Nowhere battle in which Mayo were dispatched. Cian O'Neill will head back to Fitzgerald Stadium, a pitch he knows well to plot a Kerry downfall.



MONAGHAN
(Qualifiers)

Back door route needed having lost to Fermanagh following an impressive win opening round Ulster Championship win over Tyrone, the Farney boys needed to defeat Waterford, Leitrim and Laois to get their place in the group and were more than comfortable seeing off all the Division 4 sides. Kerry will have to head to Monaghan for their meeting.

FIXTURES

14/15 July: Kerry v Galway,
Kildare v Monaghan

21/22 July: Kildare v Galway,
Monaghan v Kerry

4/5/6 August: Kerry v Kildare,
Galway v Monaghan



KERRY MANAGER EAMONN FITZMAURICE WILL HAVE HIS TEAM WELL TUNED IN FOR THE HUGE TEST THAT GALWAY WILL POSE FOR KERRY ON SUNDAY

Kerry manager Eamon Fitzmaurice is certainly not one for giving away the plan before the big day but a good humoured Fitzmaurice was certainly in high spirits as he sat down with the local media ahead of his team's next leg of the journey as he hopes to guide Kerry to a third All Ireland senior title while involved on the sidelines.

In 2009 he was a key part of the selection team before taking Kerry to the 2014 title as a manager.

Fitzmaurice on Injuries:

"On the injury front everything is positive, Shane Enright is back on the pitch, probably won't have enough football played for the Galway game. Other than that as we speak now we are in good stead but of course that can change over the next two sessions in particular but we are in good health at the moment

Fitzmaurice on Preparations:

After the Cork game, we were back training on the following Tuesday night. So we were straight back into it. Preparations have gone fine we have been tipping away. We are looking forward to the games now.

Fitzmaurice on the Super eights:

We are looking forward to the block of games. I

think I have mentioned it before that we always found the month of July challenging when you win a Munster championship. There were a lot of different variables previously whereas now there are games. I think the big thing is that it is going to be game by game basis.

Our focus for now is just on the Galway game and once you get through that similar to the league you begin to look on towards the following weekend. At the moment we are just looking forward to that first challenge in Croke Park.

I think the Super 8's will take on a life of its own when it leaves Croke Park and heads to the provincial venues. Having a championship game in Killarney in August is exciting I think the last time we had a game there that late in the season was the day against Tyrone in 2012 in July.

I think it is a huge positive, as well as the games I think the different venues will bring a different element and a bit of romance that would not have been there in other years.

I think it will be similar to the league where teams will be taking points off of each other and it will come down to the last series of games and it will be all or nothing.

We need to win our games and that is what we will be setting out to do.



OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



ALL IRELAND FOOTBALL CHAMPIONSHIP SUPER 8'S



Fitzmaurice on Croke Park being a home venue and a neutral venue?

I think from a player's perspective or management perspective they are generally happy to be going to Croke Park and that is the way we always approached it but it is something that they will look at from the point of view that there is a loop hole there. How can it be a neutral venue and your home venue at the same time but I think for the most part teams look at it as a chance to play in Croke Park and get a game in Croke Park. It would not bother us I have to say. We have not really thought about it that much as it is not really relevant to us

Fitzmaurice on the Clash with the World Cup Final

In 2002 we ended going up against Ireland and Spain in a Munster final game over in Killarney. I suppose it happens all the time. This year in the league, our game which was a huge game for us against Kildare ended up on St Patricks night in Austin Stack Park was the same evening as Ireland were playing England in the Six Nations Grand Slam decider. From a supporters point of view it is not ideal. For us if it was two hours later or two hours earlier we would wither be travelling or we would be in the bubble getting ready for the game. However, I can understand when a World Cup final comes around once every 4 years how a supporter would like to be able to watch a world Cup final and be able to watch their county.

Fitzmaurice on Training ahead of Super 8's

Yeah we have tailored training for this part of the year but I think for us it has been a normal enough Munster championship. We played Clare in the first game, we had three weeks to

the Munster final, then we had three weeks to the first game of the super 8's, So that has not been that different. But from now on it will be a different challenge for us but all teams would have good experience of it from the league. The players that will be playing will be doing a good bit of recovery in between the games and players that done see action they will obviously be doing a bit more to make sure that if and when they are needed they will be ready to go. We have a lot of lads in the back room team Joe O'Connor and Niall O'Mahony in particular, that's their brief, they are on top of that, and they are good at it.

I think it's a good thing to be managing your training because you have matches and not vica versa. It is a different challenge of course, it is not a threatening one, and it is a positive one.

Fitzmaurice on Fitzgerald's absence as captain

Fionn was in the 26 for the Clare game. There is no story here; it is a case of form. The squad is picked on form. There is severe competition there but I think to be fair to all the lads they have all bought in the squad mentality big time and I think we have all been waiting for this period that everyone will be needed. Particularly if we are being successful and winning games, you do end up in an All Ireland semi final, and you have four games in five weeks our squad will be needed.

Fitzmaurice on Galway

To be fair even last summer they were in a good place. They did not perform great against us on the day in the All Ireland quarter final but the league they had in particular where they went unbeaten, drawing against Dublin and winning all their other games bar the league

final and they won a Connacht championship so I think they are in a very strong position. They have a strong squad. They are used to Kevin Walsh and his methods at this stage. They are well bedded into what they are doing. They can play a couple of ways; they have a lot of talent. They have depth, so undoubted they are going to be the biggest test we have had so far in the championship. They are the first Division One team we are coming up against, So Its going to be a big test.

SUPER 8'S FOOTBALL GROUP 1

THE TEAMS



DUBLIN
(Leinster Champions)

Comfortable wins over Wicklow, Longford and Laois has seen Jim Gavin's men reach the Super 8's with minimum fuss.



DONEGAL
(Ulster Champions)

Cavan, Derry, Down and Fermanagh failed to prevent Donegal from claiming the Ulster title.



TYRONE
(Qualifiers)

Back door route for Mickey Harte's men having lost to Monaghan in Ulster, they defeated Meath, Carlow, Cavan and Cork to advance to the super 8 group stage.



ROSCOMMON
(Qualifiers)

The defeated Connacht finalists are the only provincial runners up to make it. They defeated Leitrim to reach the Connacht final where Galway proved too strong. Paul McStay's men regrouped and with a win over Armagh secured their spot.

FIXTURES

14/15 July: Dublin v Donegal,
Tyrone v Roscommon

21/22 July: Roscommon v Donegal,
Tyrone v Dublin

4/5/6 August: Dublin v Roscommon,
Donegal v Tyrone



KERRY AND DUBLIN ARE MANY PEOPLES FAVOURITES TO FACE OFF IN THE ALL IRELAND FOOTBALL FINAL THIS YEAR.



KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

KERRY FACE GALWAY IN FIRST ROUND OF THE SUPER 8's

The Stage is Set for Round 1 of the Super 8s! Next Sunday the Kerry Seniors play Galway at 4pm in Round 1 of the Super 8s. The other two counties in our group are Kildare and Monaghan and they will play each other at 2pm on Sunday. The weekend after next sees us playing Monaghan in Clones. There are no 'Super 8' games fixed for the last weekend of July and then on the August Bank Holiday weekend we welcome Kildare to Killarney. Donegal, Dublin, Tyrone and Roscommon are the teams in Group 2. The Kerry team will be announced on Friday night on the Kerry GAA website at 8pm.

In the event of teams finishing on equal points after the 3 'Super 8s' games, the tie shall be decided by the following means and in the order specified: (i) Where two Teams only are involved – the outcome of the meeting of the two Teams in the Group (ii) Score difference – subtracting the total Scores against from the total Scores for (iii) Highest Total Score For (iv) Highest Total Goals For and (v) A Play-Off.

The only way of guaranteeing yourself a stand ticket for all Super 8 games involving Kerry is by joining the Kerry GAA Ticket Scheme, email mauriceomeara@kerrygaa.ie for further information. Tickets for the Galway game went on sale last Monday. Tickets are available online, in the Kerry GAA store Killarney and in Super-Valu and Centra outlets around the county. Adult stand tickets are €30 and €20 for the terrace. Family tickets are available for the Cusack and Davin Stands and students and senior citizens get a refund of €10 with valid I.D. at Block D, Stiles 1 to 5 in the Cusack Stand (Rebate can only be claimed on entry into the stadium via block D). The Kerry County Board Office opening hours this week are 2 to 4.30pm Tuesday to Friday

The Kerry GAA Supporters Club are taking coaches to Croke Park for the Kerry v Galway game on Sunday. All seats must be booked by Thursday night July 12th. Travel times are Farranfore 7am, Tralee 7.30pm and Listowel 8am. Please contact Donal O'Leary, John King or Martin Leane for further information.

THE KERRY JUNIORS AND KERRY U20S

Congratulations to the Kerry Juniors who beat Kildare in the All Ireland semi-final. Kerry were hit with a number of injuries after their Munster final victory but they still named a very strong panel to take on Kildare. After starting



The Legion Street Leagues is the new 8 team football competition that the whole town is talking about. With names like the Cobras, Panthers, Cheetahs and Bears, the first round took place this week in Direen. Each team is made up of boys and girls between the ages of 9 and 13. It is geared towards fun but the ultimate aim is for the different age groups to mix.

strong, Kerry let Kildare back into the game and with time almost up a goal from Kildare left only 3 between the sides. Then Kerry broke away for Cillian Fitzgerald's goal to seal their path into a fifth straight All-Ireland decider. Kerry meet Galway in the final which is due to be played the weekend of July 21st.

This weekend the Kerry U 20s are in action in their All Ireland semi-final. Last Friday night Kildare beat Dublin in quite a convincing manner to set up their semi-final meeting with Kerry. There's a tough task ahead for Kerry but Jack O'Connor and his management team will have them well prepared. The venue, date and time for this fixture was announced on Monday. The game goes ahead on Saturday at 4pm in the Gaelic Grounds Limerick. The game is preceded by the U21 Richie McElligott Hurling game between Kerry and Kildare at 2pm

KEANES SUPERVALU MINOR CHAMPIONSHIP & JUNIOR LEAGUES

Minor Championship Round 3 Fixtures - Thursday July 12th at 7pm St Kieran's v Shan-non Rangers in Cordal and West Kerry v St Brendan's in Castlegregory. Tuesday July 16th at 7pm Feale Rangers v Laune Rangers in Mountcoal and Kenmare v Mid Kerry in Kenmare. The Quarter finals are scheduled for Tuesday August 14th.

The final round of the Junior Leagues were played last Friday night. All back games are to be played by this weekend as the group semi-finals are scheduled to go ahead on Friday 20th July.

Kellogg's Cul Camps

The first two weeks of the Cúl Camps have been a great success. Next Monday sees the start of Week Three with football camps in Dingle, Farranfore, Beaufort, Ardfert, Kilcummin, Listowel, Dromid, Valentia, Ballylongford and Cromane. Limited places available in some camps, please book online to secure your place or register on Monday morning at the camp.

KERRY GAA LOTTO LUCKY DIP PRIZE

Congratulations to Aileen Foley Tralee who won the July Lucky Dip Prize which included 2 nights accommodation in the Croke Park Hotel and tickets to all Round 1 games of the Super 8s in Croke park. Enjoy your weekend Aileen!

The numbers drawn this week were 12,25,29,32. There was no winner of the jackpot. The 2 winners of €50 each were Eamon O'Sullivan Castleisland and John Alan O'Sullivan Hong Kong.

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**SouthWest
Counselling Centre**

MAKE HAY WHILE THE SUN SHINES



This article explores what the links are between the proverb 'Whan the sunne shineth make hay. Whiche is to say. Take time whan time cometh, lest time steale away.' And no, there are no spelling mistakes, this was written in about 1546, and yes, we can still learn from things written way back then.

In the past farmers could only look at the sky or feel the wind to predict the weather, plus it took much longer to cut, dry and gather the hay and so if it was sunny it was just common sense to make hay while the sun shone. But now, years later what is the link with this and mental health? If you make hay while the sun shines, it means that you take advantage of the chance to do something while conditions are good. In other words, you make good use of your time or make the most of an opportunity while you have the chance.



So the key word here is opportunity, so often we regret later in life that we did not take the opportunity that was presented, maybe fear held us back, maybe we did not feel confident enough. Or maybe we did not trust our

judgement, and we let somebody else's voice be louder in our head and heart than ours. So we need to take stock of the situations that present themselves and realise when an opportunity has arisen that we could make the most from, or more than we have believed was possible. It may need us to be creative, to allow our minds to day dream the possibilities so that they can become realities.

The other important aspect of the hay and the sunshine and mental health, especially in Ireland and in farming, is that hay is baled for when the winter comes and to feed the animals that are safely tucked inside the barn to protect them from freezing. Now sometimes we have store up that 'sunshine' or good moment or opportunity to see us through the difficult times in our life. Imagine if we could 'bale' up a happy feeling or moment for when the winter or sadness or painful times crosses our paths. Even better would be to actually plan for the future by taking advantage of the current opportunities. An example of this would be to keep thinking of how we can do positive things, surround ourselves with positive people and things and that way ensure we have a safety net for when things may become difficult.

SouthWest Counselling Centre Killarney. SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie.

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide.

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SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision



**Citizens
Information**

Know Your Rights:

QUESTION

My four-year-old son is starting primary school in September. My only income is my One-Parent Family Payment and €120 from a part-time job. I don't get any maintenance and I'm worried about the extra costs involved in sending my son to school. What help can I get?

ANSWER

As you are getting a social welfare payment, you may be entitled to the Back to School Clothing and Footwear Allowance (BSCFA) which can help with back-to-school expenses. Your weekly income must be below a certain level. You are currently getting a One-Parent Family Payment of €229.80 (including a child payment) and earning €120. Your weekly income of €349.80 is below the income limit of €425.10 for a lone parent with one child so you qualify for BSCFA. In 2018, the payment is €125 for a qualified child aged 4–11.

The Department of Employment Affairs and Social Protection pays BSCFA automatically in many cases. If you haven't received a letter from the Department by mid-July, you need to apply by 30 September 2018.

Application forms are available on welfare.ie, or from your local Intreo Centre or Social Welfare Branch Office. You can also request a form by texting 'Form BTSCFA' followed by your name and address to 51909 or by emailing the Department at BSCFA@welfare.ie.

The Department of Education and Skills runs a School Books Grant Scheme which is available to State-funded schools to help with the cost of school books. Some schools run a Textbook Rental Scheme or can help with the cost of buying textbooks. You should contact the principal of your son's school to find out if any of these options are available.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherdveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

A Word of Victory



Welcome back dear reader last week we saw how intimacy with the Lord brings breakthrough. After God delivered the Israelites from slavery in Egypt His Presence went with them as a pillar of cloud by day and as a pillar of fire by night, guiding and protecting them (Exodus 13:21-22). Later, in Exodus chapter 33, we see Moses fellowshiping with the Lord. As Moses would enter the Tent of Meeting, the cloud would come down and the Lord would speak to Moses as a friend. The people in the camp would bow in worship at their tents while God met with Moses. It's interesting to note the posture they adopted i.e. bowing down is a posture of humility, and it is humility that marks one who truly fears the Lord. In verse 12 Moses tells of how he knows that God has told him that He knows him (Moses) by name and looks favourably upon him.

The place of intimacy with the Lord is where we can get the affirmation we crave – He affirms us and gives us solid identity so that we can know who we are, and Whose we are! (Luke 9:35) Moses' response to God's affirmation was to want to know Him even more, and to seek God's plan for his life and the future of those he was leading.

As we spend time with the Lord - which is what intimacy is - talking to Him like a best friend, reading His Word and listening to what He is saying through it, the Lord will meet with us too. Here the Lord spoke and Moses listened. Moses spoke, and God answered his questions and related the plans of His heart to him. God's voice gave Moses the guidance and assurance he needed. As Moses looked for more of God's Presence to be manifested, God reveals that His Presence is wrapped up in His goodness. God is good - all the time! The devil wants people to believe that God causes bad things to happen but this is deception. Jesus refused to be called good. He said "only God is truly good" (Luke 18:19). Many people misquote Jesus' statement on 'taking up your cross' (Luke 9:23), as meaning that something bad that has happened to you is from God, and you need to suck it up and bear it in order to pay for sin. This is an abomination to the Cross where Jesus sacrificed His life for our sins. God longs for our fellowship friend - it's why He gave His Son Jesus! (John 3:16; James 1:17)

See more on www.wordofvictory.net.

More next week...

E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

NOVENA TO THE SACRED HEART

Thanking ye Sacred Heart, Our Lady, All the Angels and Holy Spirit. And the Universe St Jude, St Anthony, St Padre Pio, St Marta and all to all of the Saints for favours received.
M.M.E

NOVENA TO THE SACRED HEART

Thanking ye Sacred Heart, Our Lady, All the Angels and Holy Spirit. And the Universe St Jude, St Anthony, St Padre Pio, St Marta and all to all of the Saints for favours received.
X

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. X

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. (Make request). O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3). Say this prayer for 3 consecutive days and then publish it and request will be granted to you. This prayer must be published in thanks giving for favours received. And thanks to the universe.
X

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

6TH ANNIVERSARY



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MICHAEL O'RIORDAN

Late of Shronaboy, Glenfesk and Kanturk who passed away on 16th July 2012

*Sometimes I sit quietly reflecting for a while,
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your warm and loving smile,
For it's lovely to recall the happy
times we had.*

*When you played such a special role as
both Husband and Dad,
And at this very special time,
I only wish you knew that I'd give
all the world today,
For one more hour with you,
But I still have my memories,
And since we've been apart,
It comforts me so much to know,
That you're right here in my heart.*

**Sadly missed and always loved your
loving wife Eileen xx**

Dad

*Sad and sudden was the call
So dearly loved by one and all
Your memory is as sweet today
As the hour you passed away*

**Sadly missed and forever loved by your
Sons Ger, Michael John and Kevin and
Grandchildren xxx**

**Anniversary Mass Glenfesk Church,
Saturday August 4th at 7pm.**

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.

(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

C.C

PRAYER TO OUR LADY OF MOUNT CARMEL

Oh, most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven.

Oh, Blessed Mother of the Son of God; Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me you are my Mother.

Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity. (Mention your request here) There are none that can withstand your power.

Oh, Mary, conceived without sin, pray for us who have recourse to thee.

(say three times).

Holy Mary, I place this prayer in your hands. (say three times).

C.C

NOVENA PRAYER TO ST JOSEPH

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

O Saint Joseph, assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.

O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me, and ask Him to return the Kiss when I draw my dying breath. Amen

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy St Faustina, St Expedite, St Padre Pio, Our Lady of Mount Carmel, Sacred Heart of Jesus, Our Lady of Lourdes for Health favours received. X

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