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<b>RIO</b> (G) 75m Sat/Sun 1:05 4:05	<b>MUPPETS</b> (G) 75m Sat/Sun 1:05	<b>POSTMAN PAT</b> (G) 80m Sat/Sun 2:15 4:15	<b>KIDS CINE CLUB</b> Saturday 14th & Sunday 15th June <b>POSTMAN PAT</b> (G) 80m 12:15 <b>MUPPETS MOST WANTED</b> (G) 75m 12:05 <b>RIO 2</b> (G) 75m 12:05

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# USA FOR THE DAY

## KILLARNEY TO CELEBRATE 4TH JULY

Be prepared to be dazzled by the biggest and most eye-catching street parade ever witnessed in the town as Killarney turns red, white and blue to honour and celebrate our American friends and associates.

This 4th of July, Main Street Killarney will be transformed into a veritable Main Street USA as Killarney hosts its first-ever 4th of July celebrations. This day long celebration of America's Independence Day is being organised by a subcommittee of Killarney Chamber of Tourism & Commerce headed up by Kate O'Leary of the Laurels Pub & Restaurant, Killarney, in association with Killarney Town Council and main sponsors O'Donoghue Ring Hotel Group, Heineken Ireland, and Gallivan Murphy Hooper Dolan Insurances Ltd, Killarney.

Commenting on the event, Kate O'Leary said: "For years, Killarney has had the good fortune to be a destination hub for many American visitors, and we in the Chamber of Tourism & Commerce felt it was high time that we acknowledge their support and celebrate the many links and heritage that exist between Killarney and the USA." The day of celebration will kick off at 7am with a "dawn chorus" of The Star-Spangled Banner performed by The Killarney Golf Club Choir and the ceremonial hoisting of the USA Flag over the Town Hall. The town will be alive throughout the day with an all American theme and the main event "The 4th Of July Celebration Parade" taking place at 8pm. There will be a celebration charity



ALL GUNS BLAZING... THIS 4TH OF JULY, MAIN STREET KILLARNEY WILL BE TRANSFORMED INTO A VERITABLE MAIN STREET USA AS KILLARNEY HOSTS ITS FIRST-EVER 4TH OF JULY CELEBRATIONS. INCLUDED AT THE LAUNCH, 'MINNIE MOUSE', JOHNNY MCGUIRE, PRESIDENT OF KILLARNEY CHAMBER OF TOURISM AND COMMERCE, SIMON GALLIVAN AND TADGH GALLIVAN, SPONSORS, GALLIVAN HOOPER DOLAN INSURANCE LTD, MICHAEL MOYNIHAN, SPONSOR, HEINEKEN IRELAND, KELLIE DOHERTY, KILLARNEY CHAMBER OF TOURISM AND COMMERCE, NIAL O'DONOGHUE, SPONSOR, O'DONOGHUE RING HOTEL GROUP, 'GEORGE WASHINGTON', MICHAEL O'LEARY, KILLARNEY TOWN COUNCIL, 'ABRAHAM LINCOLN'. PHOTO: VALERIE O'SULLIVAN.

BBQ at 2pm, in Scott's Street in aid of Kerry Cork Cancer Link Bus, and a Wild West troupe will roam the streets of Killarney turning the town into The Dodge City of the Southwest with bank raids, shootouts, and a competition to find "The Kid With The Fastest Draw In The West" or Southwest in this case.

Brass bands and can-can girls will perform on the streets together with other street entertainment throughout the day and the Celebration Parade will commence at 8pm followed by a feast of American swing music in the car park on Beech Road.

In true 4th of July fashion the evening will close with a spectacular fireworks display over the town. All of this of course coupled with the fact that this will be the evening before the fantastic Ring of Kerry Charity Cycle will ensure that

the town centre will be a hive of excitement, activity and family fun.

Business owners are encouraged to participate in the celebration and decorate their premises accordingly, to this end USA flags are available from Kate O'Leary at The Laurels Public House Killarney.

Johnny McGuire, president of Killarney Chamber of Tourism & Commerce, expressed his gratitude to Killarney Town Council and sponsors O'Donoghue Ring Hotel Group, Heineken Ireland, Gallivan Murphy Hooper Dolan Insurances Ltd, The Malton Hotel, The International Hotel and The Henggeler - Moriarty Family without whom he said this celebration would not have been possible. A full programme of events will be available throughout the town and on Facebook shortly.

# TOASTMASTERS

## CELEBRATE TEN YEARS IN KILLARNEY

Killarney Toastmasters celebrated their 10th Anniversary with a Dinner in the Killarney Heights last Friday night. Over 50 people attended and enjoyed an inspirational after dinner speech from past International President, Fossa man Ted Corcoran, who was the first President of this worldwide organisation to hail from Ireland. Past and present members also contributed and we had stories, speeches and songs during the night. The club has gone from strength to strength since the first meeting in The White Gates Hotel in September 2003 and holds two meetings each month in the Malton Hotel on the second and fourth Tuesday of the month from September to May. Members who learn the skills of public speaking have gone on to present radio programmes, M C theatre shows, chair committees and much

more. Being a member of Toastmasters gives you the skills needed to get involved in your community and increases your self-confidence and self-esteem. It is also a great place to meet new people and make friends evidenced by the turn out last Friday night. If you'd like to see what Toastmasters is about why not attend one of the twice monthly meetings starting on Tuesday, September 9. For further information contact Bernadette on 087 754 6984.



# SUMMER CONCERTS

## AT ST. MARY'S

The Concert Season at St. Mary's Church of Ireland, Killarney continues with three concerts between June 14th and 18th.

On Saturday June 14th "Alive", a youth choir from Vista Grande Baptist Church, Colorado Springs, Colorado, USA, who will perform under the directorship of Jay Hill.

On Monday June 16th Aidan O'Carroll returns to St. Mary's with the Christopheris-Kantorei choir from Germany's Black Forest region. The programme will feature the music of Bach, Mozart, Mendelssohn and other greats.

On Wednesday, June 18th it is the turn of Waterford School String Orchestra from Sandy, Utah, USA with an evening of classical, light, pop and Irish orchestral delights.

All three concerts begin at 8pm and admission is free and we look forward to seeing you there.







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WHERE MEMBERS MATTER MOST





# CAHERCIVEEN TO HOST FLEADH CHEOIL CIARRAÍ

It will be music to the ears in Caherciveen this month when Fleadh Cheoil Ciarraí takes place from the 18th to 22nd June. The last occasion Fleadh Cheoil Ciarraí was held in Cahersiveen was in 1997. This year there will be over 820 entries an increase of over 100 on last year, and a total of over 2,000 competitors. "The official opening takes place on Wednesday 18th followed by a Gala Concert in the Ring of Kerry Hotel. On Thursday the Ceili and Set Dancing competitions take place in Colaiste na Sceilge while a traditional singing session led by Sean Garvey will be held at Keating's Corner House. Friday will see Ceili, Set Dancing and sean nos singing competitions continue while there will be entertainment from 7pm at the Gig Rig



AT THE LAUNCH OF THIS YEARS FLEADH CHEOIL CIARRAÍ HELD IN THE KERRY COAST HOTEL CAHERSIVEEN ON SATURDAY NIGHT LAST. L-R TADHG CREEDON COUNTY BOARD SECRETARY, HELEN COFFEY FLEADH SECRETARY, TONY O CONNOR COUNTY BOARD CHAIRMAN, MINISTER JIMMY DEENIHAN, MARY SHEEHAN FLEADH CHAIRPERSON, CATHERINE COFFEY CHAPTER 23 CREDIT UNION MAIN SPONSOR, MARION HUSSEY COUNTY BOARD TREASURER AND JOHN STACK COUNTY PRO.

and a Trad Disco in the Kerry Coast Hotel at 10pm," said Mary Sheehan, Chairperson of this years Fleadh Cheoil Committee. Competitions continue on Saturday from 10pm in Colaiste na Sceilge with Street Music competitions from 4-6pm. "There will be Aifreann Traidisiunta

in the Daniel O'Connell Memorial Church at 7.30pm and this will be followed by street entertainment until late. Sunday will also see competitions in Colaiste na Sceilge with some great street entertainment. It promised to be a great weekend."

## KERRY ASSOCIATION LONDON LAUNCH NEW SEARCH FOR KERRY PERSON OF THE YEAR

The Kerry Association London has officially launched their search for the next Kerry Person of the Year. A special committee has been set up to evaluate individuals that have excelled in their support of their local Irish community. However, they are still urging the public to submit their own nominations by either email, Facebook, Twitter or post.

The selected person will go on to represent the most active county association, during which is expected to be a very busy year for the organisation as it aims to beat its previous fundraising accomplishments.

The sub-committee has set a deadline of the 23rd of July for nominations, with the winner



to be announced in early August. The London Kerry Person of the Year will be presented with the prestigious Denis Reidy Memorial Shield at the annual Kerry dinner dance at the Crown Moran Hotel on the 24th of October.

## KILLARNEY MUSICAL SOCIETY NEWS

KILLARNEY MUSICAL SOCIETY would like to extend a very warm welcome to all the Association of Musical Societies Ireland members to Killarney for the AIMS Week-end. This week-end sees up to two thousand people descend on Killarney for what is the culmination of 12 months of hard work and commitment given by all Musical Society Members from all over the country. The highlight of the week-end for many is the glittering Awards Ball scheduled for Saturday night, June 14th, when the AIMS AWARDS Ceremony and Winners announcements take place. This year Killarney Musical Society has a lot to cheer about as our latest production of Jesus Christ Superstar which was staged at the INEC in April has been nominated for no less than 8 Awards of which we are extremely excited and proud, we would also like to wish our neighbouring society in Tralee good luck at the awards ceremony where they have received 4 Award Nominations. Just goes to show there is a lot of talent in Kerry..... So to everyone attending AIMS week-end in Killarney, Have a Ball and Well Done to All on another great year in Amateur Musical Theatre in Ireland.

## FUNDRAISING DANCE

A dance in aid of Cancer Treatment at Cork University Hospital will be held at the Sneem Hotel on Saturday June 21st.

Music on the night will be provided by Úí

Bhríain from 10pm till late with great door prizes, raffle prizes and finger food. Admission is €10.

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# Fleadh Cheoil Chiarraí 2014

## 18th to 22nd June

### CAHERSIVEEN

#### SATURDAY MAY 31st

Official Launch of Fleadh Cheoil Chiarraí  
by Minister Jimmy Deamin  
at 8pm in The Kerry Coast Hotel

#### WEDNESDAY JUNE 18th

Official Opening of Fleadh Cheoil Chiarraí  
Followed by Gala Concert at Ring of Kerry Hotel

#### THURSDAY JUNE 19th

Céili and Set Dancing Competition at Coláiste Na Scéilge  
Scéilge

Traditional Singing Session led by Sean Garvey  
at Keatings Corner House Free Event

#### FRIDAY JUNE 20th

Céili and Set Dancing Competition Coláiste Na Scéilge

Sean Nós Dancing Competition Coláiste Na Scéilge  
Entertainment at Gig Rig from 7pm

The Moorings Céili Band at Gig Rig 8pm - Mixed  
Céili Free Event

Trad Disco at The Kerry Coast Hotel at 10pm



COMHALTAS

#### SATURDAY JUNE 21st

Competitions Coláiste Na Scéilge from 10am  
Street Music Competition from 4-6pm,  
Trophies 1st, 2nd, 3rd

Music on Gig Rig by Guest CCE Branch 6-7pm  
All-Ireland Tradisúirta le O'Connell Memorial  
Church at 7.30pm

Chaseway CCE on Gig Rig at 8.30pm  
Cosamar & Bryan O'Leary (TGA Gradam Ceol  
Winner 2014) a lively 4 piece Trad Band on Gig Rig  
9.30 'til late Free Event

#### SUNDAY JUNE 22nd

Competition Coláiste Na Scéilge from 12noon  
Music on Gig Rig from 1pm

Set Dancing Céili at Gig Rig with Donie Nolan and  
Taylor's Cross 3-6pm Free Event

Music on Gig Rig by Sláith Luachra CCE 6.15-7.15pm  
Closing Music on Gig Rig by Barr Na Scéilge CCE and  
Friends 7.30 - 9.30pm

Closes by Fleadh Chairperson Mary Sheehan

#### FOR MORE INFORMATION

[www.kerrycomhaltas.ie](http://www.kerrycomhaltas.ie)

[ccebarrnasraide@gmail.com](mailto:ccebarrnasraide@gmail.com)

phone: 087 9787434

f CCE Barr na Sraide





# KILLARNEY LIONS CLUB LAUNCH THEIR 12TH MINI MARATHON

Eleven years ago, under the guidance of the then President, Michael Howard, Killarney Lions Club undertook a major initiative to organise a Mini Marathon in Killarney.

Eleven Mini Marathons later and having assisted many local charities, Killarney Lions Club is forging ahead with organising the Twelfth Mini Marathon on Saturday 21st June 2014. Chairman of the organising committee, Michael Howard, is planning to have a bigger event than previous years and he is calling on the people of Kerry to support this charity fundraising event.

At the press launch, in The Killarney Park Hotel, Michael explained the new format to accommodate different categories participating. The Mini Marathon format remains as in previous years with the 10 Km run through the surrounds of Ross Castle and the Copper Mines and a 5 Km category which will be a route through the Demense of the National Park and both routes will finish at Deenagh Lodge, inside the entrance gates to the Demense.

In previous years, the Mini Marathon has



AT THE LUNCH OF THE KILLARNEY LIONS CLUB MINI MARATHON WERE MICHAEL HOWARD, JAMES O'DONOGHUE, LIAM KEALY, GERALDINE SHEEDY, DIRECTOR OF THE SOUTH WEST COUNSELLING SERVICE, BRENDAN KEALY, JOHN O'CALLAGHAN AND TIM O'LEARY.

attracted participants, not only from Kerry but from throughout Ireland. Among the many categories, there will be Veteran Men (over 40) and Master Ladies (over 35).

This year, the funds raised will benefit The South West Counselling Centre, who

provide professional counselling to children, adolescents, adults & couples in Kerry

The press launch was attended by members of Kerry GAA senior football panel and the Mayor of Killarney, Cllr. Paddy Courtney.

## WW1 MEMORIAL COMMITTEE TO HOST SERVICE OF REMEMBRANCE

The Killarney WW1 Memorial Committee are hosting an Ecumenical Service of Remembrance in Saint Mary's Cathedral Killarney on Sunday, 14th September 2014 at 3pm for the relatives of those who were involved from Kerry and other areas to commemorate the centenary year of the outbreak of WW1.

They are also arranging for an exhibition of statistics and memorabilia in the Killarney Library from the 15th–27th September 2014. This event will draw back into memory and at last reconciled a generation of young men and women who deserved to be remembered. Their memories had been consigned to a shoe box or an old biscuit tin and hidden away for years. When Ireland was undivided and a British colony at one time, 40% of all those serving in the British forces were Irish. They had fought for a cause they believed was just. They had returned to a very changed Ireland and the few that survived were troubled in mind and body. Relatives, Friends and General Public welcome to attend.

For more information contact any member of the Killarney WW1 Memorial Committee



Chairman: Donal Whitty O'Sullivan.

Vice Chairman: Seamus O'Sullivan Darcy.

Secretary: Noel Grimes. Joint Treasures: Michael Leane & Noel Grimes.

## LUCKY KERRY MAN WINS HALF A MILLION EURO

The sun and a lot of luck was shining down on a Kerry man on Wednesday as he travelled to National Lottery offices to collect a cheque for €500,000. The lucky man won the top prize in the Daily Million Plus draw last week

"I was getting petrol in Killarney and thought I'd chance my luck and get a Daily Million ticket. I always get the one line with Plus and would do it a few times a week. The next day I was home alone when I checked the results on the Lottery website. A congratulations message and balloons popped up on the screen and I thought, there's something wrong here!. I felt a rush of shock and excitement all at once when I realised I'd won. "I called my wife to tell her and she couldn't believe it. She kept phoning me back saying 'are you sure... are you positive?!' The man bought his €1.50 ticket in Centra, Rock Road, Killarney.





# National Bike Week Kerry Events 2014



## Saturday June 14th

**Event:** Kerry Emergency Services Charity Cycle  
**Time:** 9:00am  
**Organiser:** Kerry Emergency Services  
**Contact:** Gearoid Constable – 086 8759444

## Tuesday June 17th

**Event:** Public Bike Maintenance Workshop & Talk with former International Cyclist Paul Griffin  
**Time:** 7:30pm – 9pm  
**Organiser:** Killarney Cycling Club  
**Venue:** Dromhall Hotel, Killarney

## Sunday June 15th

**Event:** Family Cycle in Killarney National Park  
**Time:** 2:00pm  
**Organiser:** Astellas Ireland Co. Ltd.  
**Contact:** Lisa Foley – 087 3164627

## Wednesday June 18th

**Event:** Cycle Advocacy Talk  
**Time:** 7:00pm  
**Organiser:** Tralee Cycling Campaign  
**Contact:** Keith O' Faolain – 086 1944084

## Monday June 16th

**Event:** Fun on 2 Wheels Community Fun Cycle  
**Time:** 10:00am  
**Organiser:** Coars National School  
**Contact:** Michael O' Sullivan – 087 7907449

## Thursday June 19th

**Event:** 'Ride the Railway' Cycle  
**Time:** 1:00pm  
**Organiser:** Flemby National School  
**Contact:** Ailis Brosnan – 085 7725133

**Event:** Public Bike Maintenance Workshop & Talk with former International Cyclist Paul Griffin  
**Time:** 7:30pm – 9pm  
**Organiser:** Chain Gang Cycling Club  
**Venue:** Meadowlands Hotel, Tralee

**Event:** Bike Maintenance Check  
**Time:** 1:00pm – 4:00pm  
**Organiser:** Astellas Ireland Co. Ltd.  
**Contact:** Lisa Foley – 087 3164627  
**Venue:** Fairfield, Killorglin



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For Further Information Contact:  
Kerry Recreation & Sports Partnership  
T: 066 7184776  
E: [info@kerryrecreationandsports.ie](mailto:info@kerryrecreationandsports.ie)  
W: [www.kerryrecreationandsports.ie](http://www.kerryrecreationandsports.ie)



# THE MON VICTORIOUS IN COLM COOPER TOURNAMENT

On a very wet and windy day, the annual Colm Cooper Monastery Tournament was held in Dr Crokes Pitch but despite the weather, a great day was had by all.

This year, the tournament had a new dimension as it comprised of all the Presentation Primary schools in the country. Schools travelled from Cobh and Cork city as well as the Kerry schools in Milltown and of course the host school, The Mon.

Colm Cooper was on hand from early in the day, to meet all the footballers from the different schools and wish them well in the competition.

After several exciting matches, Bunscoil Críost Rí and the Mon progressed to the final which



THE MONASTERY TEAM RECEIVE THE COLM COOPER CUP AT THE RECENT PRESENTATION MONASTERY TOURNAMENT

served up a thriller. The Mon had got the upper hand in an earlier match and Críost Rí used this to their advantage in the final. In a powerful first half playing against the breeze, Críost Rí went in a goal ahead at half time. The Mon however

were determined not to be beaten and came out in the second half very strong. With a great display of football in desperate conditions, they overturned the half time deficit and emerged victorious.

## HAPPY BIRTHDAY TO YOU... THE BREHON CELEBRATES TEN YEARS IN BUSINESS

The Brehon celebrates its tenth birthday this Sunday, June 15 and you and your family are invited to attend the party.

There are all sorts of fun activities lined-up for the whole family; party games, treasure hunts, a special tenth birthday trivia quiz, and of course there will be plenty of goodies and tasty treats in store. To attend all you have to do is RSVP to [sharonoc@thebrehon.com](mailto:sharonoc@thebrehon.com)

"We've hosted all sorts of events and celebrities over the past ten years but our most valued customers will always be the local families that choose to spend their special days with us," says Patrick O'Donoghue, Managing Director of The Gleneagle Group.

"Weddings, christenings, communions, birthdays, anniversaries even funerals, these days are really important to us and to the success of this business. This is our small way of



saying thank you to all our friends and to all the families that have chosen The Brehon over the past ten years."

The Brehon Tenth Birthday Party kicks off at 2pm on Sunday June 15. Simply RSVP to [sharonoc@thebrehon.com](mailto:sharonoc@thebrehon.com) if you would like to attend.

## KILLARNEY STUDENT IS RUNNER-UP

Brian Hand from Blackwater in Killarney a student at Cork Institute of Technology (CIT) has been named runner-up in the Engineers Ireland Level 8 Innovative Student Engineer of the Year Awards 2014 sponsored by Siemens. The mechanical engineering student was shortlisted for the entry titled 'Analysis into wind induced loading on a ship-to-shore (STS) crane and an investigation into design

optimisation'. The project was undertaken following Brian's work placement with Liebherr in Killarney in response to the complex physical geometry of modern STS cranes combined with the dynamic and unpredictable nature of wind flow which poses a major challenge to the designer and analyst wishing to diverge from the standard based approach to quantify wind loading on these structures.

## SPINNING THE PEDALS AROUND THE PENINSULA

There are few counties that will have as many leisure cyclists on the roads as there are at the moment in Kerry. There is definitely no county with such wonderful scenery to pedal through. And there is certainly no better scenery than on the Dingle Peninsula! Now the Sliabh Mish Spinners CC in association with the Keel Palliative Care Fundraising Group and Keel GAA are giving all cyclists the opportunity to enjoy a pedal around the Peninsula on Sunday June 22nd. All the monies raised (bar the minimal running costs) are going to the Keel Palliative Care Fundraising Group to be passed on to the Kerry Hospice. Registration:

Registration takes place from 9am to 10.15am on the morning of the cycle at Keel GAA Club with the cyclists heading off at 10.30am. To take part costs €20 for Cycling Ireland members and €22 for non-members. Entry is only open to over 16's. The on-line registration process is now open.

Distance: There are 2 routes covering 75km and 110km.

Both routes will be marshalled and will have safety and maintenance crews (supported by O'Sullivan's Cycles Killarney) and the location of water points will be indicated to cyclists before the set out.

Pedal the Peninsula: So no excuses, get your bike out on June 22nd, pick the distance that suits you best and enjoy peddling through some of the most spectacular scenery in the world and afterwards all those who take part are invited to the Apres Pedal barbecue.





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# LADY LUCK SMILES ON A SLIABH LUACHRA MAN

Lady luck smiled on a Sliabh Luachra man at the weekend when he was one of the first winners in National Lottery's 'Money Spinner' event presented by Brian Ormond at The National Lottery Offices last Saturday 7th June. Five players from Meath, Dublin, Kerry, Louth and Mayo won prizes to the value of €94,000. Aeneas O'Leary from Gneeveguilla won €20,000, including a shopping spree.

Aeneas, who lives two miles outside Rathmore, is from Gneeveguilla village and is married to Maeve and they have four children - David (8), Kaylee (7) Alan (4) and Melissa (1).

He was joined at the Money Spinner event by his wife Maeve, his father Timothy, his father in law Jarlath and his two brothers Timmy and Michael.

Aeneas is self employed as an architectural technician, mainly designing people's houses and going through the design and construction phase with them.

Maeve would often buy Scratch Cards and put them in with cards for people. Aeneas always signs them and Maeve posts them, that's the routine. But the Scratch Card that was selected was given to them by Maeve's aunt when she was visiting one day. "It was potluck, Maeve always buys cards and this one someone else had bought!" said Aeneas.



AENEAS O'LEARY FROM RATHMORE, WON €20,000, INCLUDING A SHOPPING SPREE, AT THE NATIONAL LOTTERY'S MONEY SPINNER EVENT HELD AT NATIONAL LOTTERY OFFICES IN DUBLIN ON SATURDAY. PICTURED AT THE PRESENTATION OF WINNING CHEQUES WERE, FROM LEFT TO RIGHT: BRIAN ORMOND, MONEY SPINNER HOST; AENEAS O'LEARY, THE WINNING PLAYER AND GERRY O'DONOGHUE, THE NATIONAL LOTTERY.

Maeve always records the show and watches it. Last Saturday Aeneas was on a friend's stag in Clonakilty, when his phone started ringing. His wife's sister's husband was the first to break the news of his selection for Money Spinner.

Aeneas plays football for Gneeveguilla GAA club to keep fit. Football and soccer are his

main hobbies outside of work.

He would like to spend his winnings on a family holiday – most likely Ireland as the children are a bit young to go abroad. His eldest boy is mad into sport so bringing him to see Liverpool play might be an option.

## FEXCO AND IT TRALEE LAUNCH NFQ LEVEL 6 CERTIFICATES

FEXCO, Ireland's most successful multinational financial services and business solutions provider, has today, along with the Minister of State for Education and Skills, Ciaran Cannon TD, and the Head of Development of the Institute of Technology Tralee (ITT), Brid Mc Elligott, launched two IT Tralee Certificates in Sales Through Service and Team Leadership at National Framework of Qualification (NFQ) Level 6, which were developed by FEXCO and IT Tralee for employees to further their education and skills. Speaking at today's announcement, Minister of State for Education and Skills (MBSO), Ciaran Cannon TD, said: 'Ireland is renowned for producing highly skilled workers and, in order for us to remain competitive, it is crucial that employers such as FEXCO continue to invest in their employees and provide them with opportunities to further enhance their skills. This collaboration with IT Tralee is an excellent example of how private sector organisations and third level institutions can work together to achieve accredited certifications which provide employees with recognised qualifications to advance their career'. FEXCO prides itself on supporting an entrepreneurial and innovative spirit among its employees. Talent management is a key to this success and FEXCO has an extensive programme in place to develop employees so that every opportunity is made available to them in



LAUNCHING THE PROGRAMME, WAS MINISTER OF STATE FOR EDUCATION AND SKILLS, CIARAN CANNON TD, CENTRE, ALONG WITH, BREDA O'DWYER, ITT, ELAINE ROONEY, FEXCO, DENIS CREIGHTON, FEXCO'S MANAGED BUSINESS SOLUTIONS AND OUTSOURCING DIVISION, CIARA PRENDERVILLE, FEXCO, BRID MC ELLIGOTT, HEAD OF DEVELOPMENT OF THE INSTITUTE OF TECHNOLOGY TRALEE (ITT), KATHY SHINE, FEXCO, PAULA O'SULLIVAN, FEXCO, PATRICIA GRIFFIN, FEXCO. PHOTO: VALERIE O'SULLIVAN.

order to support their career development. As part of this strategy, FEXCO has developed a comprehensive programme of HR initiatives, including performance management and development, a group-wide approach to talent assessment and development, as well as a structured graduate programme with students from leading universities across the country. Forty summer interns will also join the company this year to work in various divisions throughout the country. There is also an extensive educational assistance programme in place, as well as access to a 24/7 e-learning platform.

## AN POST RÁS THANKS KERRY

*Rás organiser and rider praise crowds*

It wasn't long ago that the peloton worked their way through the roads of County Kerry for the stage four finish of the An Post Rás and race organiser Tony Campbell has delivered a message of "thanks" to the overwhelming support that the riders received along the route and Kerry.

"The support that the race received in Kerry was nothing short of phenomenal. As soon as the riders entered Kerry there were crowds and crowds of people just cheering them on and it gives them such a lift after a long few days in the saddle. The atmosphere at the stage finish in Cahirciveen was electric. I'd just like to thank the locals and all the organisers and volunteers for doing such a wonderful job. They really made it an incredible stage four of the An Post Rás."



DR. SORCHA TRANT BDS (HONS) WHO GRADUATED IN DENTISTRY AT UCC THIS WEEK. SHE IS THE DAUGHTER OF DR. TONY TRANT AND ANGELA TRANT, AGHADOE, KILLARNEY.



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# PRIMA FINANCE OFFERS SOLUTIONS FOR PEOPLE WITH DEBTS



BRIAN LESLIE FROM PRIMA FINANCE DEBT SOLUTION'S

With one in three people now struggling with their personal finances and mortgage/loan repayments, it's about time these people can finally get independent advice from a team of specialists in Kerry. Killarney based, Prima Finance Debt Solutions is the leading Personal Insolvency and Bankruptcy experts in the Country and offers individuals with financial difficulties the advice, assistance and critically the solutions to enable people regain control of their finances and indeed their lives.

Prima Finance Debt Solution's Managing Director, Brian Leslie explains "We at Prima Finance Debt Solutions have many years' experience in advising and assisting people with financial difficulties. Today, thanks to our high level approval and authorisation by the Central Bank of Ireland we can offer the widest

range of solutions compared to any other firm in Ireland for people in financial difficulty. These include;

- Private Debt Management Plans,
- Personal Insolvency Arrangements (DSA/PIA),
- Bankruptcy

#### Recent Deals for clients

- 90%+ of unsecured debts written off,
- €50,000 + written off peoples mortgage
- All debts cleared under bankruptcy

People with financial difficulties need professional advice from individuals and firms that are highly regulated. Leslie explains "For the vast majority of people, they are highly stressed and the reality is they themselves are the last people that should be negotiating with these large and well-resourced banks. We advise and assist all occupations and all professions, from self-employed individuals, company directors, civil servants, teachers, Guards, nurses, doctors, solicitors, accountants and so on".

#### THE BENEFITS OF THIS SERVICE;

- Professional help to handle all negotiations and payments,



- Just One monthly payment for all mortgages and loans,
- Stop/reduce stressful phone calls and letters from banks etc.,
- Restructure your mortgage and loans to what you can actually afford,
- Finalise debt write down for insolvent clients.

#### CONCLUSION

If you find yourself in financial distress, seek help, don't let shame, guilt or regret stop you any longer from getting the professional help you need and that is now available. Firm's like Prima Finance Debt Solutions offer a FREE consultation who can be contacted on **064-6630340** or local **1890 456 700** are not just restructuring and re-organising people's finances but also their lives. 50% of people with financial difficulties have health-medical issues, seek advice and support before it does even more damage to you, your family and your life. Prima Finance is based on 77 New Street, Killarney and for more information contact [info@primafinance.ie](mailto:info@primafinance.ie)

# KERRY ADVENTURER COMPLETES THE FIRST PARAMOTORING FLIGHT FROM MIZEN TO MALIN



MIKE O'SHEA ADVENTURER.

Kerry adventurer and polar explorer, Mike O'Shea, has become the first person to fly from Mizen Head to Malin Head by a paramotor, navigating his journey from South to North, flying over County Kerry and monitoring his health through hazardous conditions using

mobile technology.

Travelling at heights of up to 10,000 feet with temperatures reaching below zero, the adventurer completed the 590km journey over three days<sup>3</sup>.

His flight was supported by Vodafone Ireland to mark the launch of the Vodafone Firsts programme here, a global initiative that encourages people to do something remarkable for the first time – with mobile technology at the core of their adventure. A video of Mike's journey can be viewed at [www.youtube.com/VodafoneIreland](http://www.youtube.com/VodafoneIreland)

The adventurer's route took him over Kerry and past some of Ireland's iconic landmarks including picturesque Inch Beach. The changing weather conditions and strong gusty winds that threatened to scupper the flight were monitored closely by his support team using mobile phones and tablets.

GPS tracking enabled ground-to-air tracking of O'Shea during the flight when clouds

obscured visibility, with the team able to check in regularly with him and the helicopter that shadowed the entire flight via high definition mobile calls which picked up even the faintest transmissions.

O'Shea also wore a smart watch which enabled the team to monitor vital signs including the strength of his heartbeat at all times.

Mike O'Shea said: "I'm always on the lookout for new challenges and the chance to take on a new adventure. Becoming the first person to paramotor from Mizen to Malin has been a personal ambition since I first took up this sport and I've been able to achieve it thanks to Vodafone's support and technological expertise.

"I've achieved many things in my life but this certainly ranks up there with the best of them. And the great thing is that I can also share it with anyone who wants to watch!"

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**Featuring:** Cosy local's front traditional bar (stove fireplace), large lounge and function room at rear catering for 21st birthday parties and all functions etc. Adjoining Chinese Restaurant fully equipped, separate three phase electricity. Large car park at rear. Bar currently leased. Chinese Restaurant currently leased.

**Full Details Available at**  
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**MONEY MATTERS....**

By Dermot Cronin,  
**Financial Advisor**



**ARE YOU PAYING TOO MUCH FOR YOUR LIFE COVER?**

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- The cost of your cover today may be less than what you are paying for it.
- Your circumstances may have changed since you took out the policy and you may not need as much cover as what you have at present, this could bring down the cost.
- Your premium may not have been compared with premiums from other life companies when you took it out, this can and should be done for you now.
- You may have been a smoker in the past and are a non smoker now with over 12 months.
- You could have been charged a higher premium in the past for health reasons, this higher premium may not apply now.

If your life cover premium was reduced by €20 per month, over the next ten years that's saving you €2400.00. In today's difficult financial world we are all trying to find ways to save money, this is one way that you could save money, it's easy to check this out. Contact an independent financial advisor who will review your cover and explain the options available to you.

To make an appointment or contact me in relation to the above or any other matter call me at **064 66 22775** or email **kerrymortgagecentre@eircom.net**.



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# BUMPER SOCCER 4 FUN - A FUN WAY TO CELEBRATE YOUR DAY

Ireland's newest craze – Bubble Soccer has hit Kerry and people of all ages are having a ball! Bumper Soccer 4 Fun is a swift moving sport that can be enjoyed by people of all ages and ability levels. Qualified instructors are on hand to ensure that everything runs smoothly in this non-stop laughter experience. There are a number of mobile games in Bumper Soccer 4 Fun including the large inflatable balls that you slide into and fit above your knees and head. These are available in children and adult sizes. Guarded by these inflatables – players can play soccer and other games such as last man standing, sumo wrestling, bull dog etc. People watching can have as much fun as the people playing.

There is also an inflatable target zone which encourages players to shoot more accurately



and adds an element of fun to shooting. The inflatable speed cage and radar allows everyone to measure the power of their strike. Another attraction is the presence of the 50 by 80 foot inflatable pitch designed in such a way



as to help players play games in a truly unique and fun environment.

Based in Kerry Bumper Soccer 4 Fun have a selection of venues that are suitable and can also cater for events at your home.

Games can be played on grass, astro turf or in an indoor hall.

So why not let Bumper Soccer 4 Fun provide your family and friends with a new experience. Great games for adults to play with children. If you have an event for example Communion, Confirmation, Birthday party Bumper Soccer 4 Fun can provide you with a package to suit all ages and budgets. Bumper Soccer 4 Fun can also cater for clubs, schools and company events such as open days, family fun days, sports days, fundraisers, kids camps and team building activities. There are full and half day packages available.

Kids packages are a massive success please

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For more information or to look at photographs, videos and reviews on facebook log onto [www.facebook.com/bumpersoccer4fun](http://www.facebook.com/bumpersoccer4fun). or [www.bumpersoccer4fun.ie](http://www.bumpersoccer4fun.ie).



**Bumper Soccer 4 Fun** are delighted to announce details of their first

**indoor 5 A-side Bumper Soccer tournament which will kick off on 7th of July in Killarney.**

Players must be age 16+ and are guaranteed a minimum of 3 games. There is a maximum of 6 players per team. Entry fee is €150 (€25 per person). Application forms are available on [www.bumpersoccer4fun.ie](http://www.bumpersoccer4fun.ie). For more details about the competition contact Brian on **087 6593008** or email [brian@bumpersoccer4fun.ie](mailto:brian@bumpersoccer4fun.ie).

The closing date for entries is the 30th of June. The draw will take place on the 1st of July and teams will be contacted.

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PHOTO: VALERIE O'SULLIVAN.



## Celebrate World Cup 2014.

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To win this amazing prize just answer the following question and send your answers to **Bumper Soccer 4 Fun Competition, Killarney Outlook, 30 High Street, Killarney** before **12 Noon** on Friday 20th June.

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# KERRY COMMUNITY GAMES ATHLETICS FINALS LAUNCHED

The official launch of the 2014 Kerry Community Games Athletics Finals took place this week at An Ríocht, in Castleisland. The event, which is sponsored by Denny, will take place at An Ríocht on Saturday 21 June and Sunday 22 June 2014. The Games will attract a host of competitors representing towns, villages and communities from across the County. Commenting about the launch, Kerry Community Games County Secretary, Margaret Culloty said: "The Kerry Community Games gives every child in the County the opportunity to participate in and enjoy the benefits of sport. With the Kingdom's finest athletes competing to qualify to compete in the National Community Games Finals in Athlone in August, we are looking forward to a weekend



**YOUNG STARS:** FOSSA ATHLETES PICTURED AT THE 2013 KERRY COMMUNITY GAMES FINALS AT AN RÍOCHT ATHLETIC CLUB, CASTLEISLAND.  
L/R: SADIE HAYES, AVA BURKE, ISOBEL O'DONOGHUE AND AOIFE KISSANE.

of outstanding athletic performances." Frank Hayes, Director of Corporate Affairs, Kerry Group said: "Denny is delighted to continue our sponsorship of the Kerry Community Games Athletics Finals. The importance of sport and a healthy lifestyle cannot be underestimated and this event is essential in promoting sporting activity and community spirit among young people in Kerry. The success of this event each year is commendable and is testament to the extraordinary work and commitment put in by athletes, their parents, the voluntary

committee and members of the community who continue to offer their support". He added: "I would like to take this opportunity to wish all the participants every success in the 2014 Finals."

The Denny Community Games Athletics Finals features a full list of track and field events which attract competitors from all quarters of the county. Over 2,000 young people will come to Castleisland in pursuit of a gold medal and that elusive passport to Athlone to the National Finals.

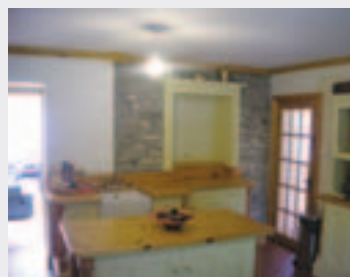
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Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.





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# SCHOOL KIDS WILL BE ON THE BALL IN KILLARNEY GARDA/ NATIONAL SCHOOLS BLITZ.....

Killarney will showcase their young football stars of the future when the Killarney Garda 7-a-side National Schools blitz takes place in the magnificent setting of the Fitzgerald Stadium. Cork and Kerry rivalry will again be the focus on Monday next, June 16th, as sixteen teams, one from Cork, take part in this annual event.

"Each year we have a memorable day with the venue, Fitzgerald Stadium, an ideal and special location for the young kids. All the games are usually very close with some amazing football played during the day. The initiative is to strengthen the community bond that



"ALL TOGETHER NOW" FOR THE KILLARNEY GARDA NATIONAL SCHOOL 7 ASIDE FOOTBALL BLITZ AT KILLARNEY GARDA STATION. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

exists between Gardai, schools, parents and the wider community. This year is our seventh year hosting this highly successful blitz which gets bigger and better each year with more than 180 children taking part," said Garda Eddie Walsh, organiser of the blitz.

National School teams taking part in the blitz this year are Two Mile, Loughguittane, Kilcummin, Fossa, Duagh, St. Olivers, Rathmore, Annablatha, Boherbue, Glenbeigh, Kenmare, Monastery, Tiernaboul, Barraduff, Cullina, Lissivigeen.



## MICHAEL HEALY-RAE, TD CALLS ON PHIL HOGAN TO ANSWER QUESTIONS

Deputy Michael Healy-Rae has branded as disgraceful the decision by Minister Phil Hogan to refuse to answer a question he wanted to table regarding the future of the management of vital services in Killarney Town.

On May 27th he addressed Minister Hogan stating that: seeing as this is the Minister who abolished the town councils, would the Minister please make a statement with regard to Killarney Town and give a clear direction to management of Kerry County Council? Killarney town should retain a town planner,

a town clerk, a town engineer and other vital services. Killarney is a premier tourism town in Europe and this should be acknowledged by the Minister and his government and could the Minister make a statement on the matter?

However the Leas Cheann Comhairle, Michael Kitt TD refused to allow the question to be tabled in Dail Eireann stating that the Minister had no official responsibility to Dail Eireann for this matter under the terms of Standing Order 34 and that the matter raised was an operational one for Kerry County Council.

## FIRIES COMMUNITY CELEBRATE ST. GERTRUDES



150 YEAR CELEBRATIONS AT ST. GERTRUDES CHURCH IN FIRIES. PICTURE: DR. EAMONN SHANAHAN

The history of St. Gertrudes Church in Fries was celebrated last weekend as the community joined together to celebrate 150 years. Choirs from Fries National School, Knocknaderry National School, Fries Youth Folk Group, Ballyhar Senior Choir and

Opus '96 entertained the congregation during the evening while local Parish Priest Fr. Tadgh O'Dochartaigh read scriptures and prayers. Bishop of Kerry, Ray Browne also attended the event which included a history of the church and the parishes going back to c.1152.

## MALTON FOR SALE IN THREE HOTEL PACKAGE

Killarney's iconic hotel The Malton could be sold as part of a portfolio of three hotels which would also include the Ormonde Hotel in Kilkenny and the Gresham Metropole in Cork with a price tag of €30million.

Selling agents, Savilles are looking for offers in the region of €15 million for the Killarney hotel which has a strong wedding trade, along with regular conferences and is very popular with locals and visitors alike.





# KILLARNEY 10K & 5K FUN RUN

SATURDAY 21<sup>ST</sup> JUNE 2014  
AT 11.00A.M.

## Category:

- Senior Mens
- Senior Ladies
- Veteran Mens
- Master Ladies
- Junior Mens
- Junior Ladies

Proceeds will benefit  
**South West Counselling Centre**  
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to register online

Special Family Rate



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Tim O'Leary	064 6637222
Denis Murphy	064 6631381



# GREAT SUPPORT FOR WORLD BATTENS DAY

*Pictures Marie Carroll-O'Sullivan 087 391 4808*



SUPPORTING WORLD BATTENS DAY AT THE KERRYWAY WERE L-R JACQUE O'CONNOR, CLLR JOHN FRANCIS FLYNN, CLLR DAN MCCARTHY, CLLR DAMIEN QUIGGS, AISLING SCHRAEWER & NICOLA O'GORMAN.



CELEBRATING WORLD BATTENS DAY AT THE KERRYWAY OVER THE WEEKEND WERE THE O'CALLAGHAN FAMILY L-R AILBHE, JOHN, LOCHLAN & ELEANOR.



GETTING INTO THE SPIRIT OF THINGS AT WORLD BATTENS DAY AT THE KERRYWAY WERE L-R AVA STACKPOOL, HELENA STACKPOOL & CIARA FOLEY.



JIM BURKE (LEFT) AND RAMONA KEOGH (RIGHT) WHO HELPED IN ORGANISING A GREAT FAMILY DAY OUT FOR WORLD BATTENS DAY AT THE KERRYWAY. PICTURED HERE WITH L-R KODY MORGAN, SEREN HARDWICK, AVA CAREY, OTIS IKOGHO & ORAN BUCKLEY.



CELEBRATING WORLD BATTENS DAY AT THE KERRYWAY OVER THE WEEKEND WERE THE FLEMINGS L-R ABBIE, MARY & LAUREN.



MAJELLA CASEY TULLAMORE CO OFFALY & PAUL O'SULLIVAN TULLIG KILLORGLIN PICTURED IN MUCKROSS GARDENS WITH THEIR BRIDAL PARTY AFTER THEIR WEDDING IN KILLORGLIN CHURCH WITH CHIEF CELEBRANT FR O'BRIEN, AND HAD THEIR RECEPTION IN KILLARNEY OAKS HOTEL. PICTURE: JOHN O'SULLIVAN KILLARNEY PHOTOGRAPHIC.



GERALDINE O'CONNOR AND PJ MC AULIFFE TAKE A QUITE MOMENT ON THEIR WEDDING DAY. THE COUPLE WERE MARRIED IN GLENCAR AND CELEBRATED WITH FAMILY AND FRIENDS IN THE KILLARNEY OAKS HOTEL. PHOTO MICHEAL O SULLIVAN WWW.OSULLIVANPHOTOGRAPHYIRL.COM

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BABY DYLAN O'CONNELL WHO WAS CHRISTENED AT SCARTAGLEN CHURCH ON SATURDAY. PICTURED HERE WITH HIS DAD DECLAN, MUM NORMA (IN BLUE), LITTLE SISTER CAOIMHE (FRONT LEFT), FAMILY & FRIENDS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



DARRAGH O'SULLIVAN, PICTURED AT GNEEVIGUILLA CHURCH WITH HIS FAMILY & FR. McNAMARA ON HIS FIRST HOLY COMMUNION DAY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



CELEBRATING 45 YEARS OF SERVICE WITH THE ESB, EAMONN LESLIE ENJOYED HIS RETIREMENT PARTY AT THE KILLARNEY AVENUE HOTEL ON FRIDAY EVENING. PICTURED HERE WITH HIS WIFE AND GRANDCHILDREN L-R ODHRAN LESLIE, EAMONN LESLIE, HARRY O'CONNOR, NOREEN LESLIE, BELLE O'CONNOR, CILLIAN LESLIE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808.



ELLA O'BRIEN, PICTURED AT GNEEVIGUILLA CHURCH WITH HER FAMILY ON HER FIRST HOLY COMMUNION DAY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



DYLAN CARROLL, PICTURED AT GNEEVIGUILLA CHURCH WITH HIS FAMILY ON HIS FIRST HOLY COMMUNION DAY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



LAUREN O'MAHONY FROM COOLCORCORAN, KILCUMMIN, KILLARNEY WHO MADE HER FIRST HOLY COMMUNION IN KILCUMMIN LAST SATURDAY. (PHOTO SUPPLIED BY MACMONAGLE, KILLARNEY).





**Kerry County Council**



# **Your Council is changing**

**As a result of the Local Government Reform Act 2014, the Town Councils of Tralee, Killarney and Listowel will no longer exist from June 1st, 2014.**

**After June 1st, all Town Council services and activities will be continued by Kerry County Council**

## **YOU WILL STILL BE ABLE TO CARRY OUT THE FOLLOWING TRANSACTIONS AT YOUR LOCAL TOWN HALL:**

- Payment of Housing Rents
- Requests for Housing Repairs
- Payment of Parking Fines
- Applications for:
  - Road Opening licences,
  - Scaffolding licences,
  - Erection of hoarding licences etc
- Applications for parking permits
- Queries relating to Pay Parking Machines
- Queries relating to frontline services such as:
  - Street cleaning
  - Maintenance of Public Parks
  - Traffic Wardens
  - School wardens

**A range of Application Forms will be available at each Municipal District Office**

## **THE FOLLOWING TRANSACTIONS WILL NOT BE ACCESSIBLE AT THE TOWN HALL. YOU MUST CONTACT KERRY COUNTY COUNCIL**

- Planning applications
- Viewing physical planning files  
(planning files can be viewed online)
- Planning Enforcement
- Commercial Rates and queries relating to rates & charges
- Derelict Sites

**Over the coming months, there will be additional changes to Kerry County Council's structure. We will keep you informed of these through your local press & radio.**

**If you are required to do anything as a result of these changes, (eg: change in direct debit details etc) we will contact you personally by letter.**

**E: [reorg@kerrycoco.ie](mailto:reorg@kerrycoco.ie) T: 066-7183500 W: [www.kerrycoco.ie](http://www.kerrycoco.ie)**



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## GEARING UP FOR THE RING OF KERRY CYCLE

(By Cora Carrigg, Kerry Recreation and Sports Partnership)

### WEEK 9 – Week Beginning June 9th – National Bike Week & Bike Maintenance (see page 11)

A total of 130km minimum cycled during the week – so well done!! Bearing in mind the motto “the more mileage I clock up before the Ring of Kerry, the easier it will be for me on the day!” So this week we are aiming for another increase, to 150km... now did you ever think you would be cycling that distance in a week?! It's a credit to you...keep it up!!

This week's focus will be on national bike week & bike maintenance.

National Bike Week is an all Ireland event, the aim of which is to celebrate cycling and get more people cycling, through organized events. Kerry Recreation & Sports Partnership, through the support of Kerry County Council, is tasked with coordinating and publicizing such bike related events. This year we have reached out to community, schools and sporting groups which has resulted in a variety of cycling events being held throughout the county during bike week, which takes place June 14th – June 22nd.

Bike Maintenance Workshops have been held over the years across the county through the support of local cycling clubs, geared specifically for the novice cyclist. This year two workshops will be held in Tralee & Killarney respectively.

Monday 16th June – Tralee – Chain Gang Cycling Club – Meadowlands Hotel – 7:30pm  
 Tuesday 17th June – Killarney – Killarney Cycling Club – Dromhall Hotel – 7:30pm

To date the bike maintenance workshops have received very positive feedback. There will be a practical demonstration on how to

fix a puncture as well as clean the bike! And former international cyclist Paul Griffin will share his basic and very practical knowledge with respect to food & fluid intake for the Ring. In addition he will share his home made bike fit formula along with providing instrumental advice! So if you have 90mins to spare I would highly recommend attendance.

Also our county libraries are getting involved in bike week, with dedication sections for “Books on Bikes and Bikers... so why not browse your local library and discover the world of cycling.

As an aside Kerry Recreation & Sports Partnership has been granted permission to host the Pedal In the Park, on the eve of the Ring of Kerry Charity Cycle. This event, in its 4th year, is a family 5k & 10k cycle in Killarney National Park, taking place Friday July 4th - More on that later.

This week's cycle training programme, according to the Ring of Kerry Charity Cycle Training programme, presents another 130km schedule.... your fitness levels are improving and you know you can do it, if not more mileage!!!!

### Week 9

Sat	Sun	Mon	Tues	Wed	Thu	Fri	Total
40k	50k	Rest	30k	Rest	30k	Rest	150km

**Happy & Safe Cycling!**



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*Baked Arisduagh Goats Cheese*  
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*Cured Organic Irish Salmon*  
Cucumber, Horseradish, Lemon

*Our Daily Dish Of The Day*  
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*Poached Rhubarb*  
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*Vanilla Crème Brûlée*  
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## BUSY TIMES AT CULLINA N.S.

The pupils in Cullina N.S. have worked on their Global Citizenship Flag over the past two years. Since Green Schools is an international environmental education body the theme and spirit of global citizenship is very much a central ethos to the international programme. The school participated in an awareness programme around this theme of Fair Trade by engaging in a number of activities such as cake sales, recycling projects and exploring nationalities within the school. The school received their 7th GreenFlag at the Awards Ceremony in the Silver Springs Hotel in Cork on the 27th of May. Health Promoting Schools Flag. Cullina N.S. is very proud of its Health Promoting Schools Flag. It was achieved by a whole school collaboration over many years.



FLAGS RAISED ON THE DOUBLE AT CULLINA NATIONAL SCHOOL, BEAUFORT. THEY'RE HEALTH PROMOTING SCHOOLS FLAG AND THEY'RE 7TH IN A ROW GLOBAL, CITIZENSHIP, LITTER AND WASTE GREEN FLAG SCHOOL. PICTURED HERE WITH THE STUDENT COMMITTEE MEMBERS ARE TEACHERS L-R MARIE MURPHY, MOIRA CRONIN (PRINCIPAL) & UNA COSTELLO. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808.

Teachers and students worked together to make Cullina N.S. a healthy place for all. The focus is not only having a healthy body but also just as importantly, a healthy and happy mind.

The work is not over!! Cullina N.S. have many more healthy endeavours in the pipeline.

## TIERNABOUL ON TOP IN CUMANN NA MBUNSCOL GIRLS COUNTY FINAL:

Well done to Tiernaboul National School girls who reached their first Cumann na mBunscol final last week. In the build up to this game they performed superbly in the East Kerry final and the county semi final but unfortunately they just came up short in the county final. Rebecca Howe, Caoimhe Claffey and Grainne Spillane created a strong defence while captain Emma Cronin and Meghann Cronin worked hard at midfield. Orlaith Spillane, Erin Holland and Mairead O'Donoghue injected life into the attack. Goals from Meghann Cronin, Orlaith Spillane, Emma Cronin and Mairead O'Donoghue saw Tiernaboul stage a great second half comeback. However, Caherdaniel deserved their victory on the day. Well done to all our girls. They were excellent throughout the year.



BACK ROW CONOR GLEESON (PRINCIPAL), GRAINNE SPILLANE, MEGHANN CRONIN, EMMA CRONIN (CAPT) AND ORLAITH SPILLANE  
FRONT ROW: ERIN HOLLAND, CAOIMHE CLAFFEY, REBECCA HOWE AND MAIREAD O DONOGHUE

## GLENFLESK PUPILS ON TOUR

"Last week pupils from 3rd class to 6th Class in Glenflesk NS travelled to Cardiff for 3 days on a school tour. During the tour the pupils visited Llanccarfan Primary School in the Vale of Glamorgan, outside Cardiff City. They

spent a day in class learning about school life in Wales, explaining about school life in Ireland and presented the Welsh pupils with some presents. While in Cardiff the pupils also had the opportunity to go to the beach, go

bowling, visit an indoor playground and enjoy the roller coasters at Oakwood Theme Park. The pupils had a great time and the school would like to thank the parents who helped out."







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## Astrid Longhurst

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### DO YOU HAVE ANGEL HELPERS?

According to my guest, Angela Kerry who will be speaking at my next Life Lounge we all have Angel helpers. She believes that it is possible for each one of us to connect with our own personal angels and what's more there are many different kinds of Angel. There are Angels for healing and protection, Angels of lost objects and even Angels of parking spaces! This subject has always fascinated me so I can't wait to find out more.

Knowing a little about Angela's own personal life story I have to admit that there certainly seems to have been some divine intervention at times in her life! Whether you believe in Angels or not there is a wonderful sense of comfort that can be gained in believing in a power greater than yourself. Whether you call this power Angels, God, The Universe, The Quantum Field or anything else, there is a sense that we are not alone and that we are being guided and looked after.

One of the greatest challenges that I feel people face at the moment is the sense of being separate and alone. So even if your view is that there are no such things as Angels, the sense of connectedness that people feel by believing in them can generate healing, love and peace and in my book this has to be good!

Join Angela and myself on Wednesday 25th June at the Meadowlands Hotel (7.30-9.30pm). Reserve your place **NOW** by calling **066 9766374** or emailing me at [life\\_coachingunlimited@yahoo.ie](mailto:life_coachingunlimited@yahoo.ie).

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## Citizens Information

### Know Your Rights:

## NOISY NEIGHBOURS

JUNE 2014

### QUESTION

What I moved into a new house with my two small children six months ago. A nearby workshop makes a lot of noise and disturbs our family. What can I do about this problem?

### ANSWER

In situations like this you should initially approach the business causing the noise and explain that it is a nuisance and try to come to a mutually acceptable solution. If this does not work you can contact your local authority. The Environmental Protection Agency (EPA) Act 1992 gives power to local authorities in relation to noise nuisance. This means that your local authority may serve a notice on the person in charge of the noisy business, for example, a pub, disco, garage or workshop. This notice requires the person in charge to take whatever measures are set out in the notice to prevent or limit noise. The local authority may prosecute for failure to comply with the notice.

Another option, under the same legislation, is to take a private action through the District Court if the noise is "so loud, so continuous, so repeated, of such duration or pitch or occurring at such times" that it gives you reasonable cause for annoyance. You can get a standard form for making the complaint from your local District Court clerk and you must pay a small fee.

Before making the complaint you must inform the person or business that you will be taking them to court using a special form - Environmental Protection Agency Act 1992 - noise form of notice which can be downloaded from [courts.ie](http://courts.ie). It is important that you use this form of notice only and that you complete it fully and accurately.

The District Court will call both parties together and listen to both sides. If the court finds in your favour, it can order the person or body to limit the noise, reduce the level of noise or stop the noise completely. Any orders made by the court must be complied with. A person making noise in the course of trade or business may have a defence if it can be shown that all reasonable care was taken to prevent the noise or that the noise is in accordance with a licence issued under the EPA Act.

*Further information is available from the Citizens Information Centre below.*

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Kilbegglin 0761 07 7830, Castleisland 0761 07 7790, Caherciveen 0761 07 7780.

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.

## OUTLOOK ON THE STATE EXAMINATIONS

### Exams enter the final week

(By Billy Ryle)



As the state exams approach the end of their second week, the vast majority of candidates have reached or are close to reaching the end of the road. The optional subjects now take centre stage. As the number of candidates taking these subjects is considerably less than the number taking the compulsory subjects some exam centres will close early. Candidates from these centres will be relocated to a different centre for the remainder of the exam. While this move is only a minor inconvenience, it can distract candidates, whose friends may be finished the entire exam. The number of candidates in the school environment will continue to decrease also, so it's important for those candidates who still have a job of work to do, not to feel left behind or become impatient to get over the finish line.

Normally in the third and final week, candidates will have about two subjects from a standard seven left to do. There will be an opportunity, therefore, to utilise the remaining non-exam days to do some revision. It's not unknown, on the other hand for students to take an eight or even a ninth subject to complete a particular vocational grouping such as Physics, Design & Communication Graphics and Applied Mathematics. So there is still a lot to play for. There are grades and points available to be earned.

Candidates are well settled into the logistics of the state exam as it heads into the final week. The anxiety of the first week has now been replaced by a sense of relief that the end is in sight. Candidates have reacted positively to the demands made on them by the different subject papers. Candidates who have papers in week three must be careful to guard against exam fatigue. The buzz of the early days is gone. The large attendance at compulsory subject papers has given way to a lot less foot fall around the exam centres. Your remaining subjects are likely to be spaced out. These subjects have to be faced. They must be given priority between now and Friday week, 20th June. Keep a lid on your impatience and stay in exam mode. Going into week three you will need to be as motivated, focussed and energetic as you were going into your very first paper on 4th June.

As we reach the second weekend of the exam period, eight of the thirteen exam days will have passed. There are ten more subject sessions in the remaining five days. The number of candidates taking these final week subjects will be much less than in the earlier days of the exam. However, the candidates concerned must defer any involvement with post exam celebrations. In sporting parlance, as Sir Alex Ferguson has so often reminded us, the game ends only when the referee blows the final whistle. How right he is! Defeat has too often been snatched from the jaws of victory by one moment of distraction.

The coming weekend affords candidates an opportunity to recharge the batteries and to prepare a plan of work for the final week's papers. Burn off the residual tension of the second week with a period of active leisure, which will restore your feeling of well-being and your mental and physical equilibrium. Enjoy the freshness of the summer season and soak up the natural beauty of your surroundings. An exercise programme will help you to sleep soundly, to build up stamina and endurance and to maintain your concentration during the last lap. Enjoy a few good nights' rest so that your mind and body are fully alert for the remaining papers. Organise your revision sessions for daylight hours. Don't burn the mid-night oil but go to bed early. Go over the tips and predictions that are available for your remaining subjects. Be sensible by resisting the temptation to spend endless hours cramming course material. Cramming doesn't work! Scan over your notes on the eve of any remaining paper so that the key ideas and concepts are fresh in your mind.

Your strategy has worked perfectly so far. With the finish line in sight, it's imperative to maintain your disciplined and organised approach over the remaining days. Resist the temptation to indulge in some late night socialising with those who have already finished the exam. Keep your distance from alcohol as you'll need a clear head and lots of energy for the task ahead. Eat well as good nutrition is important in week three to avoid energy loss. Drink at least two glasses of milk daily as well as plenty of cool fresh water to avoid dehydration and to keep the fluid levels high. Be moderate in your use of artificial stimulants such as tea and coffee for another week.

Candidates have performed very well during the past fortnight. Keep up the good work and bring your exam to a successful conclusion next week. Use your free days wisely. Stay positive and be confident in your ability to do well in next week's papers. Take it subject by subject and bring the curtain down on a stellar performance.

After the state exam, applicants to the Central Applications Office (CAO) turn their attention to the CAO "Change of Mind" Form, which must be submitted by 1st July. Next week, I'll have a few words of advice on how to use that facility to best advantage.

*Billy Ryle is a Career Guidance Counsellor and freelance writer.*





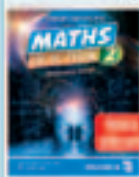
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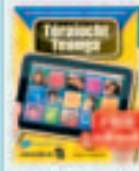
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## FOSSA NOTES By Gene Moriarty

### FOSSA GAA: Fossa Lotto 08/06/2014:

Numbers Drawn: 2, 7, 8 and 15. Jackpot: €3,150  
No Jackpot Winner: Consolation Prizes 5 x €40:  
Katelyn & Catherine O'Connor, Mountain Ville  
Firies; Sheila Myers, Knockasarnett; Fr Paddy  
O'Donoghue, Killarney; Pat Doherty, Aghadoe;  
Hannah McGlynn, Glounacopple Kilcummin.

New Jackpot: €3,300. Tickets on sale at the  
Golden Nugget Bar, The Travel Inn, The Old  
Killarney Inn, Foley's Spar shop Fossa, The  
Laurels Bar, Killarney and from committee  
members. Next draw takes place on Sunday  
night June 15th 2014 at the Golden Nugget  
Fossa at 11p.m.

**FIXTURES:** Saturday June 14th Credit Union  
Senior Football league Beaufort v Fossa at  
Beaufort, throw in at 7:00pm.

Sunday June 15th Under 12 County League A &  
B Fossa v Churchill at Fossa throw in at 6:00pm.

**SENIORS:** Fossa senior footballers resume their  
Credit Union County League campaign with an  
away fixture against Beaufort on this Saturday  
evening throw in at 7:00pm. Please come and  
support our team.

**COISTE NA NOG:** Nine Fossa players were  
part of the East Kerry under 14 panel which  
defeated Shannon Rangers in the County Plate  
final at Fitzgerald stadium on Wednesday June  
4th. John Talbot who captained the side played  
at midfield where he was partnered by Ryan  
Sheehan. Gary Cronin was at right half back.  
Ewan Weldon Shane O'Sullivan, Eamon Murphy,  
Cian O'Shea, Anthony O'Keeffe, and Cian  
McCarthy completed the Fossa contingent.  
Back to inter club competition for these lads  
on this Wednesday evening when we travel to

Spa in the East Kerry League, throw in 7:00pm.  
Under 12s are at home to Churchill on Sunday  
night next at 6:00pm.

**LADIES FOOTBALL:** Many thanks to everyone  
who attended and supported the quiz last  
night. The quiz was well attended and most  
enjoyable. Many thanks to our sponsors and  
the OKI for providing the venue.

**SYMPATHY:** It was with deep sadness that  
we learned of the passing of Fossa GAA Club  
President, Michael Clifford of Barleymount  
East, early on Tuesday morning June 3rd. He  
will be sadly missed by all of us at Fossa GAA  
Club. He was with us from Day 1 back in 1970,  
and from that time, his family, children and  
grandchildren, have been ever present in our  
club, both on the playing fields, and as club  
officers. Michael became our fourth President  
following the passing of Fr James Galvin  
in 2002. A guard of honour was formed by  
members of Fossa GAA Club at his removal to  
Fossa Church on Thursday evening, and again  
on Friday when he was taken to Aghadoe  
Cemetery. To his wife Noreen and family we  
extend our deepest sympathy. "Ar dheis Dé go  
raibh a anam".

Sympathy is also extended to our former  
secretary John O'Neill and his family of Dromin,  
on the recent passing of his sister Mary O'Shea.  
May she rest in peace.

**ATHLETICS:** Gneeveguilla AC will hold  
Athletics training at the Old Fossa Sports  
field every Thursday evening from 6:00pm to  
7:00pm until further notice. All girls and boys  
born in the year 2005 or any year before that  
are very welcome to come along and take part.

**FOSSA COMMUNITY GAMES:** Fossa U10  
Community Games Gaelic Football team - Gold  
Medal Winners 2014. Held in Na Gael GAA  
pitch in Tralee with 16 teams involved Fossa  
progressed to the semi-final with 3 well fought  
victories. This led to an open draw with the very  
talented teams of Killarney South, Glenflesk,  
Kenmare and Fossa. Our draw paired us with  
Killarney South resulting in a cracking game  
with Fossa earning a well-deserved victory.  
Up next was the final against Glenflesk - Fossa  
were quickest out of the blocks with some fine  
scores and solid defending keeping us in the  
lead throughout the game to a well-earned  
win. Outstanding displays by mid-fielders  
Darren Ryan and Sean Dineen with excellent  
goalkeeping by Peadar Kelliher and Matthew  
O'Connor followed with solid defending by  
Cian Doyle, Darragh O'Brien, Finn Kennelly,  
Sam Buckley and Ellen Kennedy topped off by  
great displays by our forwards Robert Brooks,  
Sophie Dennehy, Tom Cahillane, Philip Lyons  
and Aimee Coffey made this a day remember.  
Well done to team and mentors Kieran O'Brien,  
John Dineen, Maurice Lyons and of course back  
room staff and supporters. An outstanding  
achievement by this Fossa team and wishing  
them the best of luck in the next round.

**HAPPY RETIREMENT:** to Eamon Leslie of  
Aghacurreen who recently retired from the ESB  
after 45 years with the board

**FOSSA NOTES:** If anybody has any item  
they would like included in the notes, please  
email information to Gene Moriarty at  
genemoriarty2014@gmail.com Please forward  
information on or before Sunday at 10:30am.

## LISTRY NOTES

A leisurely cycle will take place next Thursday  
at 7:15 from Listry GAA pitch. It's open to  
everyone who's interested in cycling from Listry  
and beyond, all abilities. It is hoped to make it  
a weekly cycle with a view to perhaps setting  
up a cycle club eventually if there's enough  
interest. Contact Liam Murphy 087-4145662 if  
interested or just show up on the night.

**LISTRY WEEKLY LOTTO:** Results Sunday 1st  
June, 2014. Winning Numbers 9, 12, 16, 17  
Jackpot €7,400, not won. 1 x €100 Philip O'Neill.  
Faha. 2 x €50 Aoife O'Mahony, Tim McCarthy.  
Ballytrasna. 2 x €25 Geraldine Guilfoyle.  
Kathleen Courtney. Rockfield  
Draw Entrant Mike Mangan c/o Tim McCarthy  
Jackpot next week Sunday 15th June €7,550

**THE MILLTOWN/LISTRY PIONEERS:** Are  
going to Knock on July 20th. Any one intered in  
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Price €20 for adults, €15 for students. More  
details later.

## GLENFLESK NEWS WITH DONAL KELLY

**JUNIOR COUNTY LEAGUE:** The Glenflesk  
junior team, sponsored by Molly Darcys, were  
defeated by Skellig Rangers in Portmagee on  
a scoreline of Glenflesk 1-10 Skellig Rangers  
2-8 in Portmagee on Friday June 6th. Their  
remaining fixture in this division will be away  
to Dromid Pearseas.

**SENIOR COUNTY LEAGUE DIV 3:** The  
Glenflesk senior team will play Ballymacelligot  
in Glenflesk on Saturday June 14th at 7:30pm,  
in the sixth round of the county league.

**COISTE NA NOG U12:** The Glenflesk U12s  
entertained Ardfert in Glenflesk on Sunday  
June 8th, in the second phase of the county  
U-12 competition. The first team won by 5-20  
to 2-7, while the second team also won, by 5-9

to 3-6. Next weekend (Sunday June 15th) the  
Gneeveguilla U-12s are the visitors to Glenflesk  
at 6pm, and the following weekend (June  
22nd) Glenflesk travel to Currow.

**COMMUNITY GAMES:** Well done to the  
U-10 footballers from Glenflesk who won  
silver medals at the Kerry community games  
football finals in Tralee on Monday June 2nd.  
Although they ultimately lost out to a very  
good Fossa team in the final, they played their  
hearts out and played great football on the  
way to the final. Well done also and thanks  
to their coaches, John Crowley, Pat Healy, Ian  
Harrington and Seamus Moynihan, who put in  
a lot of time over the past few weeks to prepare  
the team for this tournament.

**CUL CAMPS REMINDER:** This year's Cul  
Camp takes place in Glenflesk between the  
7th and 11th of July. These camps are a great  
opportunity for boys and girls aged between  
6 and 13 to develop their football skills in a  
relaxed fun-filled environment. Application  
forms were delivered to the schools in the  
parish recently. Alternatively parents can also  
register online at [www.kelloggsculcamps.gaa.ie](http://www.kelloggsculcamps.gaa.ie)

**RAHEEN NS:** Congratulations to Mary O'  
Sullivan who had the winning lotto number 8  
on Saturday 7th June.

**CONTACT:** We welcome items of local interest.  
Contact PRO Donal at 087-6687926; email pro.  
glenflesk.kerry@gaa.ie deadline 10pm Sunday.





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## KILCUMMIN NEWS

**COMMUNITY GAMES:** Well done to our U10 Gaelic football team who represented the parish in the county finals in Tralee on Bank holiday Monday. Mayfield dominance by team captain Mark O'Shea and James Williams along with powerful performances from Oran O'Dwyer and Robbie Moynihan in defence and Dara O'Shea and Jack Fogarty in attack were key to a 4 -5 to 0 - 3 win over Ballymac in the opening game. Ardferd were next up and some great saves from Jack O'Donoghue in goals, excellent defence from Luke Bulbeck, Diarmuid O'Neill, Sean Doolan and Cian Murray were crucial in keeping the opposition at bay. With Keelan O'Shea, Adam Murphy, Ewan Evans and Padraig Moynihan all contributing in attack. Kilcummin ran out 3 - 5 to 2 - 3 winners, the Ardferd goals coming late on. Unfortunately the final group game decided who progressed to the semi-finals and despite our best efforts Kilcummin came up short against neighbours Glenflesk who went on to claim silver medals. Well done to all 16 players who produced some great football on the day and a big thank you to Diarmuid O'Callaghan and Donal O'Dwyer for preparing the team.

**ATHLETICS:** There will be Community Games Athletics training in Kilbrean Park, Mastergeeha on Thursday June 19th from 6.30 to 7.30pm for all who qualified for the County Finals which will be held at An Riocht track in Castleisland on Saturday and Sunday June 21st / 22nd.

**KILCUMMIN COMHALTAS:** Would like to wish all of the Competitors representing Kilcummin in the County Fleadh the best of luck. The Fleadh will be held in Cahirciveen from 18th to 22nd June, Details of the programme of events & accommodation can be found on [www.kerrycomhaltas.ie](http://www.kerrycomhaltas.ie); stewards & clerks are needed for the Saturday & Sunday (21st/22nd June) for full or half day. Please contact Tony O'Connor if you are available to help.

**SPONSORED WALK:** The Parent Associations of Anabla, Kilcummin and Coolick National Schools have come together to organise a sponsored walk in aid of Shane McGlynn. The walk will take place on Sunday 22nd June 2014, commencing from the Kilcummin GAA rounds at 12.30pm, sign in from 11.00am. Shane is 11 years old and is a 4th class pupil



KILCUMMIN GAA CLUB MADE A PRESENTATION TO 12 YEAR OLD PATRICK DALY KILCUMMIN AT THE CLUBHOUSE ON SUNDAY NIGHT IN RECOGNITION OF HIS SUCCESS IN WINNING THE ALL-IRELAND U15 POOL CHAMPIONSHIP IN DUBLIN RECENTLY. L:R: WILLIE FLEMING CHAIRMAN, PATRICK DALY (FATHER), PATRICK DALY POOL CHAMPION, LUKE DALY (BROTHER) AND HELENA DALY (MOTHER).

of Anabla National School. Shane has a rare genetic condition known as Hunter Syndrome. He is one of only 8 children in Ireland with the condition. Participants have an option of a 4km or 7km walk as detailed below. 4km ROUTE. Start at Kilcummin GAA ground, continue to Clashnagarrane T-junction and turn right. Continue to Old Creamery T-junction and turn right. Continue to Tangney's crossroad and turn right. Continue to Post Office junction in Kilcummin Village and turn right. Finish at Kilcummin GAA grounds. 7km ROUTE. Start at Kilcummin GAA ground, continue to Clashnagarrane T-junction and turn right. Continue to Old Creamery T-junction and turn right. Continue to Tangney's Crossroad and continue straight on. Continue to Keane's Cross and turn right. Continue to Post Office junction in Kilcummin Village turn right and immediately left. Finish at Kilcummin GAA grounds. There will be some light refreshments provided in the Kilcummin GAA club sports hall after the walk. If you require further information, please contact any member of the Parent Association Committees or Email:

[anablaparentsassociation@gmail.com](mailto:anablaparentsassociation@gmail.com).

All wishing to support the event welcome on the day.

**KILLARNEY LIBRARY:** The Open University will hold an Information Day at Killarney Library on Saturday 14th June from 10.30am to 1.30pm. No appointment necessary. Free admission.

**KILCUMMIN LOOKING GOOD:** Kilcummin's new Community Environmental Park, designed by Ian McGregor, is now open to the public. The two-acre site between the Church and Post Office has been planted with over 1000 trees, thanks to the help of students from Anabla, Coolick and Kilcummin national schools. The park also contains looped walks, a sensory garden, ring-mound and picnic area. Thanks to funding from NEKD, Kerry County Council and local fundraising efforts the project has become a reality and local volunteers are continuing the good work. The Environmental Park will be a great source of pride and enjoyment for the people of Kilcummin for many years to come.

## BEAUFORT NEWS

**BEAUFORT BOWLS:** Beaufort Bowls Club were once again successful in retaining The Sean Chairde Perpetual Cup. The final of the league was held in The Gleneagle Hotel Killarney on Tuesday 3rd of June, Margaret Sweeney guided her team consisting of Herself, Sara Coffey-Peden, Dave Peden and Michael Maloney through the Round Robin against Kenmare and Two Teams from Killorglin. It was a wonderful knockout contest held all over South Kerry It started late 2013 ending in The Gleneagle Hotel last Tuesday with the last four teams standing.

A great day was had by all well done everyone who took part. Beaufort Bowls meet every Wednesday at 7 45 pm in the Parish Hall. We would welcome new members. Why not come along and join us. Its a great game and not just for the active retired Its for every age group. Learn CPR and how to use an Automatic **EXTERNAL DEFIBRILLATOR - A SKILL FOR LIFE:** Beaufort Defibrillator Group is holding a CPR and AED training day on Saturday 28th June 2014 in Beaufort Community Hall, 9am til 3pm. A certificate is given on completion

of the course which costs €25 if re-certifying or €40 if new to the course. The cost includes morning coffee, lunch (kindly sponsored by the Beaufort Bar and Restaurant), pocket mask and certificate. All instructors are voluntary and any remaining funds go towards running costs. Book early to avoid disappointment as places are limited. For further information or to book your place contact Mary: 0872927309 /0861992401





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**Will Attend Scotts Hotel every Saturday at 3.00pm**

**Castleisland Clinic**  
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 3rd Monday of every month 6.30pm & the last Friday of every month 9.30pm

**Killorglin Clinic**  
 Jim Shea's Vintage Bar  
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**Kennmare Clinic**  
 Atlantic Bar 10pm Every Saturday Night

**Kilgarvan Clinic**  
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Other Clinic held throughout the Constituency on a very regular basis and advertised locally

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# RATHMORE /GNEEVEGUILLA NEWS

By Michael O'Mahony

## HOLY FAMILY N.S RATHMORE FAMILY FUN

**DAY:** This Sunday June 15th at 2-5pm. In school grounds, bouncy castles and bumper soccer, novelty competitions, face painting, name the lamb, cake stall, hot dogs, bric a brac, and much more. Adults- try the mini digger challenge! Meet past pupil Mary Hickey, our newly crowned Kerry Rose & Catriona Reen our Lily of Killarney! €5 family entrance. All welcome.

**BEST WISHES:** To all those that are sitting their Junior and Leaving Cert Exams at the moment.

**CORPUS CHRISTI PROCESSION:** In Rathmore: This year's Corpus Christi Procession involving all children who have made First Holy Communion recently will take place in Rathmore on Saturday, June 21st after 6.00 pm Mass. The First Holy Communicants who will lead this procession will assemble in the front of the Church together with parishioners and various groups with banners who are taking part. The route this year takes us up past Teach losagain. Then we will process to the Cemetery which will lead us to Holy Family National School grounds and then on to the Grotto. The procession will conclude with Benediction and Blessing at the Grotto. We invite those coming to the vigil Mass and all parishioners to walk in this special procession which gives us an opportunity to give public thanks and witness for the beautiful gift of Holy Communion (Eucharist)

**KBRT:** Charity Walk in aid of the Kevin Bell Repatriation Fund. Sunday 29th June 2014.

A 30th Birthday Remembrance of the late Shane Dennehy, Bonnard Gneeveguilla, spot prizes on day. Win tickets to see Garth Brooks at Croke park. Sponsored by Catherine Anne & Eric of Bridge Bar. Registration fee: €10. Walk 1-7 miles. From Elydogh valley via Shrone to Bridge Bar. Registration at 11 am. At bridge bar. Bus departing at 11.30am. Walk 2-4 miles from bridge bar Registration at 1.30pm. In bridge bar. [www.kevinbellrepatriationtrust.com](http://www.kevinbellrepatriationtrust.com)

**MARQUEE - JULY 4TH - TUREENCAHILL!** As all are aware by now that Tureencahill N.S. will close on Friday 27th June. It no longer will be a school but thanks to the tremendous initiative

of the Tureencahill Community Group, the building will continue to be used. On Friday July 4th a special evening of entertainment will take place to kick start the Community Group in raising some funds to maintain the building for its future role. This evening will comprise of a barbecue commencing at 7 pm until 8 pm. At 8.30 pm, a variety concert comprising of all local talent. Singers, dancers, musicians, and seanchaí. This will run until 10 pm. At 10.30 pm a 'sos beag' and free refreshments available. From 10.30 pm to 12.30 am dancing to Martin Williams - the spectacular one man band. Tickets for this incredible night of hospitality and entertainment is €10. Students €5. Kids are free MC for night is Tim Gleeson. Your support would be greatly appreciated. See local posters for details. All of the above will take place in a marquee in the grounds of Tureencahill School, July 4th - an evening to remember!!

**SYMPATHY:** To family and friends of Kathleen O'Sullivan (née O'Toole) Castlerosse Cottages, Killarney, whose death occurred last week. May she they rest in peace,

**CLASS REUNION:** St. Mary's Secondary School Rathmore and Rathmore Vocational School Class Reunion 1994 will take place on the 28th June in the Brehon Hotel at 6.30pm. All students and teachers welcome. For more details contact 0876555293.

## THE FRIENDS OF KERRY GENERAL

**HOSPITAL:** Are fundraising for equipment for the Hospital. The Annual Greyhound meeting has raised well over €1 million since 1990. The generosity of the people of Kerry has provided much needed equipment for the hospital.

This year the money will be used to buy equipment which can improve the survival of patients who have had major heart attacks. This includes a machine to massage the heart when it has stopped and also devices to cool the patient to protect the other organs when the heart is not working.

This year's meeting will be held on Friday 4th. July. 2014 in the Greyhound Track in Tralee. If you would like to donate to the fund you can do so by: Nominating a dog (€20 per dog, there

for €50), nominators gain entry to the track, are listed in the race programme and enter a draw for €300, Buying a ticket (or tickets) for the meeting at €5 each and enter a draw (1st prize €300, 2nd prize €100). Making a direct donation.

We hope you can help. In some way. You can contact us at 0876677817.

**RATHMORE GAA NOTES:** No Jackpot winner. Lucky Dip Winners. €40 O'Keefes XL Gift Voucher - Arthur & Ann Moynihan, Gleann Rua, Rathmore (Yearly Ticket).

€40 - Joan Desmond, Stagmount, Rathmore.

€40 - Sheila Murphy, C/O S.A.G.

€40 - Maureen Moynihan, Shinnagh, Rathmore.

€40 - Aidan Casey 6 Gleann Rua, Rathmore.

**RESULTS:** Credit Union County Junior League Div. (junior) Results. Rathmore 1-10. Austin stack 1-10. Credit Union County Junior League Div 1 (Junior Football) Rathmore 4-09 Kilcummin 1-4. Lee Strand County League Div 1 (Phase 2) (U12 Football)

Rathmore (Red) 5-14 Austin Stack 5-11

Rathmore (White) 3-06 Austin Stack 5-13

**NEW:** The new black training jersey is now in stock in the Club Shop at the Washbasket in Rathmore. Juvenile - €30, Youth - €35 and Adults €37. Club Shop is open every Monday to Saturday from 9:00am to 6:00pm. Keep up to date. Remember you can get all the latest news, fixtures and results from Rathmore GAA via [facebook.com/rathmoregaa](https://www.facebook.com/rathmoregaa) or Twitter @rathmoregaa. You can see pictures from our matches on flickr.com

**RATHMORE LADIES FOOTBALL:** Ladies Football: best of luck to Kerry U14 girls who play this Saturday in All Ireland semi Final with Cavan at Templemore at 2pm. Best of luck to Rathmore girls part of team are, Brid Ryan, Aoife Callaghan, Sinead Warren, Rachel Fitzgerald.

**NOTES:** If anyone has any information they would like to add to the notes, please email Michael O'Mahony ([michaellomahony@eircom.net](mailto:michaellomahony@eircom.net)) or ring on 087-6676817 before 6:00 on Thursday.

## SPA NEWS

**SPA COISTE NA NOG:** U6 and U8 ongoing every Saturday morning 11.30am. U12 and U14 will continue their fixtures in the upcoming weeks. U16s are taking a break till after the exams.

**LADIES FOOTBALL:** U8 and U10 Girls played host to Dr. Crokes and Legion over the weekend and for some this was their first introduction to Go Games. A great experience was had by all and thanks to Coaches Aidan Cahill and Louise Doyle. Next outing away to Fossa.

**U12 GIRLS:** Continue their campaign this week at home to Beaufort. Doing very well in this division with very little between the teams on every outing. **U14S:** We will host a blitz on Tuesday June 24th to San Francisco team that are competing in Feile. We wish this team the best of luck in the All Ireland Feile.

## U19 COMPETITION TUESDAY JULY 8TH:

This year a new competition and we will be playing under the banner of East Kerry. This competition is for 17 and up.

**SENIOR CHAMPIONSHIP:** Combination of Killarney team (Spa, Dr. Crokes and Kilcummin) will be at home to North Kerry 20th July.

**UPCOMING FIXTURES:** Senior Co. league Spa V. John Mitchells Sunday June 15th in Spa at 2pm.

**MINOR CHAMPIONSHIP:** Spa will enter the Co. Championship on our own this year. We are home to Kenmare District 9th.

**LOTTO RESULTS:** No jackpot Winner Numbers Drawn 8, 17, 19, 23.

Lucky dip winners: Patricia Carroll Ballaugh, Figgy c/o Linehans, Mary Hussey c/o Eileen Aherne, Dempsey O'Sullivan Crosstown.

Jackpot €11400 next week Draw in Jimmy's bar

next weekend.

**MERCHANDISE SHOP:** Will be open on Friday evenings from 6.45pm to 8pm and on Saturday mornings from 11am - 12.15pm. Sale now on with up to 30% off on selected items. Any enquiries please contact Mathilda on 0876487356.

**HAPPY FEET SUMMER CAMP:** July 14-18 July 10am - 3.00pm. Conor Gleeson will hold a summer camp once again in Spa GAA. This is a fun packed camp. Further details contact Conor Gleeson 087 2565142 or John O Donoghue 087 9403517.

**TIERNABOUL NATIONAL SCHOOL:** Annual Bake Sale will be held in the school on Friday June 13th Time: 12.30 - 2.30. Delicious home baking will be on sale. Please support.





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## Kerry ETB Training Centre

Kerry ETB Training Centre is now recruiting for the following courses.

**Sports Recreation & Exercise Course (ETK69) – Killarney.**  
If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** 30<sup>th</sup> June 2014. **Duration:** 46 weeks. **Certification:** FETAC Major Award in Sports Recreation and Exercise SM5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

**Java Associate Course (ET0R7) – Tralee.**  
This course is for people who wish to pursue careers in Java programming and software development. It covers part I and part II of the Oracle Certified Professional Java Programming syllabus. The course includes 10 weeks of work-based training in Java programming. **Start Date:** 7<sup>th</sup> July 2014. **Duration:** 50 Weeks. **Certification:** Oracle Certified Professional Java Programmer I (1Z0-803) and Oracle Certified Professional Java Programmer II (1Z0-804).

**Marketing Course (ET4R9) – Tralee.**  
This course is for people who wish to pursue marketing as a career or those who wish to incorporate marketing into their existing range of business skills in order to enhance their career and job prospects. **Start Date:** 7<sup>th</sup> July 2014. **Duration:** 42 weeks. **Certification:** FETAC Level 5 Major Award in Marketing.

**Legal Administration Traineeship (ETS07) – Tralee.**  
This course is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. **Start Date:** 7<sup>th</sup> July 2014. **Duration:** 41 weeks. **Certification:** FETAC Level 5 Major Award in Office Administration.

**Accounting Technician of Ireland – First Year Course (ET214) – Tralee.**  
This course is accredited by the Accounting Technicians of Ireland, and it comprises of year one of the two year Diploma for Accounting Technicians qualification. The course is designed to provide students with a solid grounding in business and a strong foundation in accountancy. It covers Financial Accounting, Taxation, Law & Ethics and Business Management. **Start Date:** 15<sup>th</sup> September. **Duration:** 42 weeks. **Certification:** First Year Certificate for Accounting Technicians

**Media Techniques – Radio Course (ET283) – Tralee.**  
This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 8<sup>th</sup> September 2014. **Duration:** 42 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

**Computer Applications Course (ET400) – Tralee.**  
This course is an excellent starting point for people who wish to pursue careers as office administrators. They will develop a wide range of skills in general office administration, computer applications, payroll and accounting. Graduates of this course may progress to year 2 of the Advanced Certificate in Office Information Systems at the Institute of Technology Tralee. **Start Dates:** 8<sup>th</sup> September 2014 in Tralee. **Duration:** 40 weeks. **Certification:** City & Guilds Level 1 Certificate in Office Procedures and ITQ Certificates for IT Users Levels 1 & 2; FETAC Level 5 Component Certificates in Manual and Computerised Payroll, Manual and Computerised Bookkeeping and Accounts, and Business Management.

**Heavy Goods Vehicle Driving Rigid (HGV) (ET394) – Killarney.**  
This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. **Start Date:** 22<sup>nd</sup> September 2014. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, FETAC Minor Award for Counterbalance or Reach Forklift Truck Driving, and ADR Certification for Drivers.

**Surf Instructor and Beach Lifeguard Course (ET1Z3) – County Kerry.**  
The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructing. Participants will also receive lifeguarding and aquatic first aid qualification. **Start Date:** 29<sup>th</sup> September 2014. **Duration:** 25 weeks. **Certification:** Surfing Skills Instructor Level 1 – Irish Surf Association (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

To apply or get further information on any of the above courses please contact

**Kerry ETB Training Centre,**  
Monavalley Industrial Estate, Tralee,  
TEL: 066 71 47606. E-mail: [train@kerryetbtrainingcentres.ie](mailto:train@kerryetbtrainingcentres.ie)

Entry requirements and other information on our courses are available at [www.solas.ie](http://www.solas.ie)








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## CHICKEN BREAST WITH FENNEL AND ROCKET SALAD

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### Ingredients

- 4 chicken breasts, skin on
- Juice of 1 lemon
- 1 tablesp. olive oil
- Salt and black pepper

### Fennel Salad

- 2 fennel bulbs, sliced thinly as possible
- 2 tablesp. olive oil
- Juice of 1 lemon
- 1 tablesp. good quality mustard
- Handful rocket leaves per person

### To Cook

An hour or two ahead if possible place the chicken breasts in a shallow dish. Pour over the lemon juice, olive oil and seasoning.

Prepare the salad – put the sliced fennel in a large bowl, in another small bowl mix the olive oil, lemon juice and mustard together, taste for seasoning. Mix the fennel and dressing together – set aside.

Seal the chicken breasts on a hot pan until well browned. Then finish cooking in the oven for 10-15 minutes.

### Serving Suggestions

Slice the chicken, serve with a mound of the salad and the rocket leaves on top. Drizzle with a little olive oil and balsamic vinegar and a little black pepper.



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## EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

**EAST REGION MINOR LEAGUE:** The Minor league is being run on a Regional basis, this year. This means that East Kerry includes Beaufort and the Kenmare district teams. Kenmare Teams have informed the Board that they would be unable to field individually or as one unit in the league. The league excludes current Kerry Minor panellists for the entire competition. The grading of the teams has been done on this basis. The initial stages of the league will be run in 2 Divisions and the teams are as follows: The teams in Division 1 are Legion, Rathmore, Dr Crokes, Furies, Spa and Division 2 has teams from Glenflesk, Fossa, Gneeveguilla, Currow, Beaufort and Kilcummin. Division 1 is 15 Aside and Division 2 is 13/15 Aside. The Knockout Stages will continue as follows: Division 1 the top team qualifies for the final with home venue and the second placed team will play the third placed team in semi final with second placed team at home. Division 2 will split into 2 divisions at the knockout stage. The top four teams will contest the semi-finals (1 x 4, 2 x 3) with first and second placed teams having home venue. The remaining two teams will join with Scartaglen / Cordal to compete for the Division 3 League title in an 11/13 A side competition. A member of the CCC will make phone contact with each Club to clarify any details. The fixtures will be issued to the clubs during the week.

**FR. GALVIN CUP 2014:** The Fr Galvin Cup, sponsored by the Aquila Club, Gleneagle Hotel, kicks off with the preliminary round game, Scartaglen versus Fossa, which has been provisionally fixed for 21st June 2014, in Scartaglen. The Man of the Match will be presented with an award of a year's membership of the Aquila club, Gleneagle Hotel and will be an automatic nominee for the Fr Galvin All Star 2014.

**O'SULLIVAN CUP 2014:** The O'Sullivan Cup, sponsored by O'Sullivan Cycles and Outdoor, Killarney will commence on 24th June 2014 at 7.30pm. As agreed at the first delegate meeting this year, the East Kerry CCC have reviewed the rules of the championship to facilitate teams participating in the competition. Listry, Rathmore and Furies all have Byes in the first round and the fixtures are Legion V Kilcummin, Dr Crokes V Glenflesk, Fossa V Gneeveguilla, Spa V Currow and Cordal V Scartaglen. First named teams have home venue. Extra time if necessary.

**PLEASE NOTE:** As we enter into the business end of the fixtures, the CCC will be availing of all dates to complete our comprehensive programme of fixtures for 2014.

**EAST REGION UNDER 14 LEAGUE:** The East Region Under 14 League, sponsored by MD O'Shea's, got under way on Monday, with round 1. The division 2 games were re-fixed for Wednesday the 11th June as follows: Fossa

V Spa at 7pm, in Spa and Kenmare V Beaufort in Kenmare at 7.30pm. Round 2 continues on Monday the 16th June 2014. All games at 7pm and first named team has home venue. The fixtures are as follows: Division 1 - Rathmore V Dr. Crokes, Glenflesk V Legion, Cordal/Scartaglen - Bye. Division 2 - Kilgarvan/Tousist V Fossa, Spa V Kenmare, Beaufort - Bye. Division 3 - Listry/Keel V Kilcummin, Gneeveguilla V Furies, Currow - Bye.

### KERRY COUNTY PRIMARY SCHOOLS

**GIRLS SKILLS FINAL:** Kerry County Primary schools girls skills final took place on Thursday last in Fitzgerald Stadium. The standard was excellent with all East Kerry/ Kenmare schools performing well. Congratulations to Holy Family NS Rathmore on winning the team event showing fantastic team work and excellent skills to win the county title. Katie Buckley, Paula Gruszka and Ciara Murphy played on the team. Anna Clifford representing Fossa NS performed superbly in the individual event to finish in second place in the county final. Well done to all girls that participated in the event.

### COUNTY UNDER 14 DIVISIONAL

#### CHAMPIONSHIP CONGRATULATIONS:

Well done to the East Kerry Under 14 Team Panel and Mentors, with players from Listry, Fossa, Furies, Dr Crokes, Legion and Spa who won the County Divisional Shield Competition in Fitzgerald Stadium with a great overall team performance.

Well done to the Castleisland District team won the Cup with players from East Kerry Clubs, Currow, Cordal and Scartaglen.

### KILCUMMIN GAA FUNDRAISING GOLF

**CLASSIC:** Kilcummin GAA club fundraising Golf Classic will be held on Saturday, the 21st June at Beaufort Golf Club. Teams of 3 for 150 euro. Contact Willie Fleming, club chairman.

## MILLTOWN/CASTLEMAINE CLUB NOTES

**THE CLUB LOTTO:** For a Jackpot of €7,800 was held in Cosgroves Bar last Saturday night and the numbers drawn were 02, 05, 18 and 29. There was no winner of the jackpot which will be €8,000 next time round.

**LUCKY DIP WINNERS WERE:** Nancy Coffey €50, Liam Griffin €50, Caroline Carey €25, John Quirke €25, Edith Pacheco €25 and Joe Hanafin €25.

**U 10S:** Training Saturday morning at 10:30am.

**SENIORS:** The Senior team drew 9 points apiece away to Austin Stacks on Sunday last in the 5th round of the Division 1 County League. Next game is away to Listowel next Sunday. Time TBC

**JUNIORS:** The Juniors were defeated last Friday night by An Ghaelteacht but remain on course for a place in the Semi Finals. Next game is home to Ardferth this Friday night at 7:30pm.

## BEAUFORT GAA NOTES

**LOTTO:** Next draw for jackpot of €4,800 will be held in Kate Kearney's Cottage on Sunday, 15th June. Tickets are available from usual sellers, local shops and bars. Anyone interested in setting up a Standing Order or an annual ticket of €50 should contact any of the sellers or officers.

**SENIOR TEAM:** Play Fossa in Beaufort on Saturday evening in the County League.

### GAELIC FOR MOTHERS & OTHERS:

Continue on Monday evenings from 6.00pm to 7.00pm.

**TRAINING:** Continues for the U10, U8 boys and girls and U-6 boys and girls on Sunday mornings at 11.30am.

**U-10 MID KERRY BLITZ:** Continue in Beaufort this Thursday at 6.30pm.

**U12S:** Were at home to Kilcummin on Sunday last. Both these teams met in the earlier Phase and drew on that occasion but on Sunday evening Beaufort were by far the better team and won well. Final score Beaufort 5.19 Kilcummin 5.5.

**U11S:** Played very well and scored 3.4 to Kilcummin 5-9. They are at home again on Sunday evening next to Castleisland Desmonds.

**U14S:** Sponsored by Sean Coffey of Kate Kearneys Cottage are away to Kenmare on Wednesday in the Eastern Region League.

**THE U12 GIRLS:** Sponsored by Anthony Foley Decorating travelled to Spa on Tuesday evening to play the local side.

**THE JUNIOR (B) TEAM:** Had a 2 point win against Dr Crokes C on Friday evening.

### BEAUFORT G.A.A. CLUB AND

#### KILLORGLIN CYCLING CLUB:

Have joined forces to bring you the 'Ring of the Reeks', Caragh Lake Loop and the 'Ring of Beaufort' leisure spins which will be held on Saturday, 26th July 2014. The event offers the participant the choice of three routes: The Ring of the Reeks cycle is a 110KM loop of Ireland's highest mountains - The McGillycuddy Reeks. The cycle features two significant climbs, Moll's Gap and Ballaghbeama Gap which are sure to test the strength and stamina of the riders. The route is suitable for intermediate to experienced cyclists but all are welcome. The cycle will begin at 9 am from Beaufort G.A.A. Club grounds.

There will be refreshment stops at Blackwater Tavern, Blackwater and Climbers Inn, Glencar. There will be hot food after the cycle at Beaufort Community Centre. The cost of the cycle is €25. There is a discount of €5 for Cycling Ireland Club members. The Caragh Lake Loop is a 60KM cycle traversing the most scenic landscape in the area. Starting at Beaufort G.A.A. Club grounds, it follows the initial route of the Ring of Beaufort as far as Glencuttane Cross.

At this point, the adventurous beginner can opt to continue in the direction of Glencar as far as Gortamaloona Cross where the participants of the Caragh Lake loop join the route of the





Ring of the Reeks Cycle and continue towards scenic Caragh Lake and ultimately returning to Beaufort village. Needless to say, there will be hot food after the cycle at Beaufort Community Centre. The cost of the cycle is €20. The Ring of Beaufort cycle is a shorter 35KM family or beginner fun cycle. It will start at Beaufort G.A.A. Club grounds at 11 am. There will be hot food and refreshments after the cycle.

The cost of the cycle is €15 for an Adult and €5 for a juvenile. All juvenile under the age of 16 must be accompanied by an adult.

There will be hot food after the cycle at Beaufort Community Centre

## LISTRY NEWS

### LISTRY WEEKLY LOTTO RESULTS:

Sunday 8th June, 2014. Winning Numbers 9, 12, 16, 17. Jackpot €7,400. Not Won.

1 x €100 Philip O'Neill, Faha.

2 x €50 Aoife O'Mahony, Tim McCarthy, Ballytrasna. 2 x €25 Geraldine Guilfoyle, Kathleen Courtney, Rockfield. Draw Entrant Mike Mangan C/o Tim McCarthy. Jackpot next week Sunday 15th June €7,550.

### SENIOR FOOTBALL LEAGUE DIVISION

**2 ROUND 6:** Sunday, June 15th at 2.30pm. Venue Listry, Listry v St. Pats.

### JUNIOR FOOTBALL LEAGUE GROUP 2

**ROUND 5:** Listry v Desmonds.

This game did not go ahead and was conceded by Desmonds

### MINOR CENTRAL REGION DIVISION 3

**ROUND 1:** Thursday, 19th June at 7pm

Keel/Listry v Laune Rangers.

### U-14 EAST KERRY LEAGUE:

Monday 16th June at 7pm

Listry/Keel v Kilcummin.

### MILLTOWN/LISTRY LADIES:

Milltown Listry played Corcha Dhuibhne in Keel pitch in a very exciting and tense U14 division 2 final. At half time both sides were level but in the second half Milltown Listry proved to be the stronger team winning by 8 points. The final score was Milltown Listry 2 - 14, Corca Dhuibhne 2 - 6. Well done to both clubs for giving us an exciting and entertaining game of football. The shield was presented to Milltown Listry's captain Ciara Murphy. Special thanks to our excellent trainers Eoin Flynn, Marie Teahan, Jerome Flynn and Anthony Evans and to all the players for a great game. Thanks to Keel Club for the field and use of their Club rooms.

**U-12 LISTRY V KILGARVAN:** On Sunday 8th June Listry U-12s played Kilgarvan in Listry. When the sides met in phase one of the Co. league it was a great game and we all looked forward to something similar. Well we weren't disappointed, both teams chased every ball and every attack was defended bravely. Listry were leading 3 point to 1 when Kilgarvan got a goal. Listry responded from the kick out and got a goal back. There was great football played by both teams, some great individual play

and fantastic team scores. There were a lot of players picking up injuries in the first half and this was a result of the bravery shown by both teams in the tackle. Listry scored another goal and a point and 2 points from frees in the first half and Kilgarvan scored a point and 2 frees. Listry were leading at half time 2-6 to 1-4. Both teams were glad of the break and continued where they left off, displaying all the skills of the game again in the second half. Kilgarvan tried hard to get scores and were unlucky to hit the upright and crossbar on several occasions. Kilgarvan scored 2 frees and Listry scored a free and put a great move together to score a goal. Kilgarvan never gave up and struck again with a point and 2 goals. Listry were not to be denied on this occasion and finished with free and a goal. The final score was Listry 4-8 Kilgarvan 3-7. This was a reversal of phase one and both teams and management must be congratulated on the skill level and attitude of the players. The game was excellently refereed by Tom O'Keeffe from Glenbeigh/Glencar. Every decision was explained to the players, time was given to kick outs, injuries, substitutes and free taking. An outstanding performance by an official in total control of his duties.

**INTERESTED IN CYCLING:** We are organising a leisurely cycle next Thursday at 7:15 from Listry GAA pitch. It's open to everyone who's interested in cycling from Listry and beyond, all abilities. We are hoping to make it a weekly cycle with a view to perhaps setting up a cycle club eventually if there's enough interest. Contact Liam Murphy 087-4145662 if interested or just show up on the night.

**INFORMATION DAY:** The Open University will hold an Information Day at Killarney Library on Saturday 14th June from 10.30am to 1.30pm. No appointment necessary. Free admission.

## MID KERRY GAA

### LEE STRAND U14 COUNTY DIVISIONAL FOOTBALL CHAMPIONSHIP CUP

**FINAL:** Mid Kerry were defeated by Castleisland District last week in a very intense game by a single point. Final Score Mid Kerry 3-10 Castleisland District 2-14. Disappointed to say the least but it has to be said that great credit was due by all for getting this far.

**U10'S:** Go games continue this Thursday night in Beaufort. School Finals are fixed for Friday June 20th In Cromane fixtures to follow.

### CÚL CAMPS AS FOLLOWS:

June 30th - 4th July - Milltown/Castlemaine.

July 7th - 11th - Cromane.

July 14th - 18th - Killorglin & Keel.

July 21st - 25th - Beaufort & Glencar

Aug 4th - 8th - Glenbeigh.

Application forms can be received from your Club, Schools & on line Kerrygaa.ie

**KEANES SUPERVALU COUNTY MINOR CHAMPIONSHIP DRAW RD 1:** Mid Kerry

play Dr. Crokes in Lewis Road on Wed July 9th.

## LEGION GAA CLUB NOTES

### SENIOR COUNTY CHAMPIONSHIP

In round 2 of the senior county championship we travelled to Castleisland to face St. Kierans and in a highly entertaining and good spirited game we came through with 2 points to spare 2-13 v 0-17. In the absence of the injured James O'Donoghue, who we wish a speedy recovery, it was Conor Keane who pulled all the strings, especially in the first half where he kicked some delightful scores all from play. Thomas chipped in with a first half goal following some fine play, again by Keane and at halftime we led by 4 points. Some fine points by Edmund Walsh of St.Kierans kept the sides fairly close for most of the second period but in a five minute spell during the fourth quarter, Jonathon Lyne raised both a green and white flag and made a significant blockdown to put daylight between the sides and with ten minutes to go, we led by 7 points but a never say die attitude by the Castleisland district team saw them claw back the scoreline to 2 points with Legion quite happy to hear the sound of the fulltime whistle. Many thanks to Shaun Keane who delayed his flight to America to play this game and we wish him a safe journey.

**U12 BOYS FOOTBALL:** Both the u12 Green and White teams entertained neighbours Dr. Crokes at Derreen last Sunday evening. The Green side continued their good form and took the spoils in a 4-14 v 4-08 victory. In the other game there was tremendous excitement where both sides served up a cracking game with some excellent skills on display and this game went right down to the wire with Dr. Crokes shading it by a single point 3-12 v 5-05.

**U12 GIRLS FOOTBALL:** In the u12 county league, legion hosted Listowel Emmets and as is their trademark, our girls started in whirlwind fashion and led by 7 points at halftime. Listowel threw themselves a lifeline early in the second half when they scored four unanswered points but our girls steadied themselves and won out on a scoreline of 3-03 v 0-04.

**U8 AND U10 GIRLS FOOTBALL:** Last Saturday morning our u8 and u10 girls teams took part in two games against our neighbours Dr. Crokes and Spa. Played in Spa, these games showed how much these two teams are improving and are a credit to our Saturday morning Academy.

**SUMMER CAMP 2014:** Camp is filling fast, so if you intend registering for this great fun week which takes place from Tuesday 5 to Friday 8 August please do so as soon as possible as the special discount rate of 25 euro ends on June 21st. Registration forms are available from the Saturday morning Academy or from Enda on 087 6447523

### INTERNATIONAL PITCH AND PUTT:

Well done to Conor Mc Carthy from our u16 side





that flew out to Spain last week to represent Ireland in an international tournament.

**FIXTURES:** Senior county league round 6 home to Tarbert on Sunday June 15.

**U12:** Both teams have a bye this weekend and both teams are away to Rathmore on Sunday 22 June.

## DR. CROKES GAA CLUB NOTES

**LOTTO:** Draw took place in the Tatler Jack on Sunday last. Numbers drawn: 3, 5, 8, 20. The jackpot of €4500 was not won. Match 3, 14 received €30. Next week's jackpot is €4800. Draw will take place in Jack C's.

**FIXTURES:** Senior County League: Away vs. Kerins O'Rahilly's, Saturday 14th June, 7:30pm. Junior County League: Home vs. Ballydonoghue, Sunday 15th June, 2pm. Please support.

**RESULTS:** Senior C'ship: Dr. Crokes 1-16, Kenmare District 2-09. Junior League: Dr. Crokes 'C' 1-08, Beaufort 1-10. U14 Girls League: Dr. Crokes 3-05, Cromane 4-10.

**SENIOR C'SHIP:** Dr Crokes are safely through to Round 3 of the Garveys County Senior Football Championship on a scoreline of 1-16 to 2-9. However, Kenmare District did not give it up easy. Dr. Crokes, playing into a stiff breeze, had the best of the first quarter and led by 0-5 to 0-1 after thirteen minutes. It took another twelve minutes for the next score to register. Some direct play up the middle saw Brian Crowley rattle the Crokes net and Kenmare were right back in the game. But Kieran O'Leary showed why he is Kerry captain, when he picked up the ball at the corner flag, ran a mazy solo, side-stepping at least five Kenmare District players and slotted the ball to the corner of the net. Another point apiece and the half finished 1-6 to 1-2 in favour of Dr. Crokes. If spectators expected Dr. Crokes to kick on in the second half with the breeze in their backs, they got a surprise. Kenmare District powered home

a point, followed by another Brian Crowley goal and they were back on par with Dr Crokes. Micheál Burns banged over three unanswered points in a row, all from about forty meters in a total tally of five points. Tony Brosnan, another young Crokes player, scored three fine points in his first championship start. Points were shared for the rest of the game, which finished 1-16 to 2-9. Dr Crokes will now be in the hat for the third round draw.

**SATURDAY MORNING ACADEMY:** Our Saturday morning hurling & football academies continue this weekend: Hurling from 10:00am to 10:40am, followed by football 10:45am to 12 noon. Both codes are supervised by fully qualified coaches and all equipment is provided.

**KELLOGG'S GAA CUL CAMPS:** The Kellogg's GAA Cúl Camps are a great way for boys and girls aged 6 - 13 to play the games and learn GAA skills in a fun child-friendly environment - and maybe even help make them a GAA star of the future! Dr. Crokes GAA Club will host a football camp from 30th June - 4th July. Fitzgerald Stadium will host a hurling camp from 28th July - 1st August.

**US OPEN CHALLENGE:** The second major of the year, the US Open, is on June 12th -15th. Again, by popular demand, we are hosting another challenge. Cards are now available from usual sources.

**AWARDS NIGHT:** 'Pig on a Spit' due to take place on Saturday last, 7th June, has been postponed to a later date due to Round 2 of the Senior Football Championship. A revised date will be confirmed in the near future.

**CLOTHES BANK:** There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPC.

## KILCUMMIN GAA

### CO. CHAMPIONSHIP RD 2

### WEST KERRY 1-20 V KILCUMMIN 4-11.

What ever decision the County Board come to in restructuring the County Championship one hopes they were in Listowel and Castlegregory to witness Kilcummin's contribution to two riveting games that certainly enhanced this year's championship. We can certainly be proud of our team for their never say die attitude and our management team of Seanie, Willie and Mark for the vast improvement and flowing football they treated us to. It is now time for everyone to get behind the team and for the players to go on and fulfil their true potential. We await confirmation of the date for the replay in Kilcummin.

**CREDIT UNION CO. LEAGUE RD 6**  
**KILCUMMIN V FINUGE** at 7.30pm this Saturday.

**O'DONOGHUE CUP 1ST RD**  
**SCARTAGLEN V KILCUMMIN**

**O'SULLIVAN CUP 1ST RD LEGION V**  
**KILCUMMIN**

**GOLF CASSIC FUND-RAISER:** Golf Classic Fund-Raiser for Kilcummin GAA Club JUNE 21st in Beaufort.

The timesheet is filling up and anyone who is planning to play or sponsor a team is asked to contact David O'Riordan on 087 9321364 or Joe Collins on 086 8305523 for choice of tee-time. There is also an opportunity to support the effort and gain good exposure by sponsoring a tee box or green.

**KILCUMMIN GAA LOTTO:** There was no winner on Sunday June 8th. Numbers drawn were 2, 3, 10 & 14. Consolation prizes were €100 P.J. O'Brien, 65 Countess Grove; €60 Julia Mary O'Donoghue, Jibb, Headford; €60 Kate Lynch O'Doherty, Ballinamanagh; €30 John & Margaret Lenihan; €30 Pat, Glounacopple, Kilcummin. Next draw Sunday 22nd June. Jackpot now €10,250.







## WORRYING TIMES FOR KERINS O'RAHILLY'S AS CROKES ADVANCE

With the Currow-St Brendan's game deferred to Sunday June 28th because of the involvement of a number of Ardfert players with the Kerry Senior Hurling Squad, just five games went ahead in the Garvey's Kerry SFC losers round tie at the weekend.

On Saturday evening, Killarney Legion, minus the services of injured Kerry senior James O'Donoghue, turned in a fantastic performance to edge past St Kieran's in Fitzgerald Stadium on a 2-13 to 0-17 scoreline. The accurate boot of Conor Keane, who scored 0-9, eight of which came from play in a stunning individual performance, proved crucial for the Killarney side for whom Thomas Moriarty and Jonathan Lyne netted.

Dr Crokes safely advanced to the third round following last week's lapse against Rathmore when they put Kenmare to the sword.

Kenmare who controversially failed to field a

side against Dingle last weekend, put it up to the Killarney men, who triumphed on a 1-16 to 2-9 scoreline.

Crokes, who were missing a number of regulars including Daithi Casey, Colm Cooper and Johnny Buckley, can thank County Minor Michael Burns for this victory.

Burns scored 0-5 in an eye-catching performance, while Chris Brady scored 0-4. Crokes led 1-6 to 1-2 at the break, county star Kieran O'Leary their goal-scorer, while Brian Crowley with a fine individual effort netted for the visitors. Crowley also got Kenmare's second goal in the second half.

Kerins O'Rahilly's will be involved in a relegation fight to stay in the Senior Football Championship following their loss to Feale Rangers 1-16 to 1-11 in Strand Road on Sunday evening.

This was a disappointing reverse for O'Rahilly's

who were severely depleted, and were very much reliant on Declan Quill for scores.

The veteran forward posted 0-6 for his side while County panellist Conor Cox returned 0-10 for Rangers, of which six came from play.

The remaining tie between West Kerry and Kilcummin in Castlegregory on Sunday evening, was a right thriller. Not even extra time could separate the sides as they finished West Kerry 1-21 Kilcummin 4-12.

Jamie Hickson turned in an eye-catching performance for West Kerry, who were without injured trio Tomas O'Se, Alan Fitzgerald and Declan O'Sullivan.

Hickson finished with a tally of 1-8, while Jamie O'Sullivan was Kilcummin's leading light with 2-5. Kilcummin also had a brace of goals from Gary O'Leary.

## MILLTOWN/LISTRY CROWNED CHAMPS

Congratulations to Milltown/Listry who won the first title of the year in the Kerry LGFA calendar. They defeated Corca Dhuibhne on Friday evening in Keel to secure the Educate.ie U14 Division 2 title. Despite the heavy rain that fell earlier in the day Keel GAA pitch was in superb condition which contributed to a great game of football. The first half was extremely tight with both sides level at half time. But whatever the Milltown/Listry management said to their team worked wonders as they came alive in the second half & unfortunately the West Kerry side could not contain them. Final score Milltown/Listry 2-14 Corca Dhuibhne 2-06 with the winning side's goals coming from Meadhbh Rochford & Louise O'Dowd. Ciara Murphy was proud to accept the title from Kerry Ladies Chairperson Pat Hartnett.

The Educate.ie U14 Division 3 final will take place on Sunday 15th June between Cromane & Scartaglin. Cromane were table toppers & were extremely strong in the league phase, but Scartaglin have gathered great momentum & had a good semi final against Beale. It will be a great clash between the teams.

Best of luck to the Kerry U14 team as they face Cavan in the All Ireland A Semi Final on Saturday in Templemore at 2 pm. The team ran a good campaign in the Munster's, defeating Cork in the Munster Final. Cavan however will come into the game on a good run of form having only played their final where they defeated Down 2 weeks, while Kerry have had a 5 week break. Kerry again will be looking for their midfield pairing of Labhaoise Walmsley & Sophie Lynch to win vital possession as they did against Cork to supply the forward line, who can all score at will.

Congratulations to Cait Lynch (Castleisland Desmonds) & Denise Hallissey (Inbhear Sceine Gaels) who were named in the Tesco



TEAM PICTURE: BACK ROW: OWEN FLYNN, CAOIMHE EVANS, NIAMH CRONIN, CIARA O'SHEA, AOIFE CORCORAN, MARY COURTNEY, SHAUNA BARTON, GRAINNE COSTELLO, NIAMH FOLEY, LEANNE CRONIN, SARAH O'SHEA, MARIA TEAHAN, ANTHONY EVANS. FRONT ROW: QUINN DWYER, ELLA TEAHAN, MEADHBH ROCHFORD, LAUREN EVANS, CIARA MURPHY (CAPTAIN), KATE HICKEY, LOUISE O'DOWD, CIARA TANGNEY, MAIREAD LEHANE, SOPHIE HYLAND.

HomeGrown National Football League Division 1 Team of the League. Both players who play in the half back line were rock solid throughout the campaign. Cork & Dublin as finalists dominated the selection with 4 each, Mayo also with 2 while Laois, Monaghan & Tyrone make up the rest. (team of the league pictured included - Cait Lynch Front Row 3rd in from right, Denise Hallissey Back Row 1st from right) Phase 2 of the U12 Development Squad programme commenced with over 120 girls across all 4 centres returning. Training schedule this week is as follows: Tralee/West Kerry - Na Gaeil 9.45 - 11.30; North Kerry/Sliabh Luachra - Mountcoal 10.30-12.00; East Kerry/Killarney - Legion GAA 12-1.30; South/Mid Kerry - St Mary's Caherciveen 10-11.30.

Also as part of our continuing efforts in

development, the U17 Development Squad will commence on Saturday 14th June in Mounthawk Tralee 10.30 am. This is for players born in 1997/1998 only. A team representing Kerry will be attending a blitz in August. All details on the website & social media outlets. Well done to the Kerry U21 team who finished off their campaign with a hard fought win over a talented Clare team in Ballylongford recently. Full time score was Kerry 4-12 Clare 2-12 with Kerry having to battle hard for the win especially in the second half as Clare threw everything at Kerry. Kerry goals coming from Eilis O'Connor, Klara O'Sullivan, Johanna O'Callaghan & Katelyn O'Sullivan. Despite the win, Cork progressed to the semi final as top of the group.





## KILLARNEY RFC HONOUR THEIR YOUNG STARS



KILLARNEY RFC YOUTH AWARD WINNERS WITH THEIR COACHES AND CLUB OFFICERS LIAM MCGUIRE AND JUNIOR FINNEGAN.

Killarney RFC held their annual Youth Player Awards in Killarney Oaks last Thursday evening to honour players for their sporting prowess through the year.

The Under 14 award winners were Stephen McKenna (Most Improved Player), Barry Slattery (Most Committed Player) and Sean Cahill (Player of the Season).

The Under 16 winners were Alan Harte (Most Improved Player), Broghan Edmonds (Most Committed Player) and Alan Lynch (Player of the Season).

Our Under 18 winners were Michael O'Donoghue (Most Improved Player), Caleb Knight (Most Committed Player) and Luke Sullivan (Player of the Season).

The club would like to thank Eamon and Valerie Courtney and the staff of Killarney Oaks for the help and support on the night and throughout the season.

The club also wishes all of our students currently sitting exams the very best of luck.

## KILLARNEY SOUTH COMMUNITY GAMES

**RELAY TRAINING:** Relay practice continues this Thursday at the earlier time of 6.03pm. All athletes who are on relay squads are urged to attend practise as this will have a bearing on team selection for county finals.

**ATHLETICS:** All athletes who qualified for county athletics finals are urged to commence their training for the competition. Please follow this notice board and facebook page for updates on team/ group training and preparation for the event.

**FACEBOOK:** Please follow Killarney South Community games on Facebook for all new updates, information, pictures and reports. All electronic mail queries can be forwarded to killarneysouthcommunitygames@gmail.com

## MUCKROSS ROWING CLUB

**GREEN JERSEYS FOR KARA AND HOLLY**  
Our congratulations to Muckross RC junior rowers Kara O'Connor and Holly Hickey who have been selected to row for Ireland at the 2014 Home International Regatta. The talented Muckross duo join a select group of 10 junior women drawn from just five of the country's rowing clubs who will form crews in Eights, Fours or Pairs to be selected following the Irish Championships Regatta in July. Both Kara and Holly maintain a successful record through the Irish trials, having both been selected in recent years to race for Ireland. The girls have continued to invest great time, dedication and

effort in to their training and once again have received just recognition for their efforts with green jerseys for both. Our congratulations to Kara, Holly and to coach Aine Sweeney. We wish the girls continued success as they train for upcoming competition. This year, the Home International Regatta returns to Ireland and hopes are high that Irish crews will take home advantage against their rival crews from England, Scotland and Wales. The Home International Regatta 2014 takes place at the National Rowing Centre, Inniscarra on Saturday 26th July.

**KILLARNEY REGATTA:** With just two weeks to go, crews are busy as ever in training for the annual Killarney Regatta which was officially launched on Thursday night at the Muckross Park Hotel. At the launch of the regatta, the Muckross ladies crew of the 1960s were honoured and inducted into the Killarney Regatta Hall of Fame. Back at the shore, crews from Junior 16 to Senior and Veteran are hard at it as the evenings of training count down to the big day. To all our crews, coaches and coxes, keep it up! Fingers crossed for some more sunshine and calm evenings on the lake. The 229th Killarney Regatta will take place on Sunday 29th June at O'Mahony's Point, Killarney Golf and Fishing Club. We hope to see all our great supporters and friends back at the shore in force on the day. Start digging out those flags and colours now! C'mon Muckross!

**GAME OF CHANCE FUNDRAISER & PRIZE DRAW:** Almost a quarter of our tickets are already sold for our July Prize Draw! Thanks to all who have supported our fundraiser so

far. This July, the club is holding a major prize draw with a total prize fund of €5,000 and a top prize of €2,000. To enter the draw, simply buy one of our 2000 tickets - though the first 500 have already been snapped up! Each ticket is uniquely priced to the cent, ranging from just 1 cent up to 20 euro and every cent in between. Each ticket is in a sealed envelope and the price is blind - it is a game of chance! Tickets sellers will offer a random selection of envelopes. Buy an envelope and open to reveal your ticket price. You pay the ticket price revealed and write your name on the ticket. All tickets purchased will then be entered in the July draw. All tickets purchased will have an equal chance to win one of the ten great cash prizes. So if your luck is in, you could enter our draw for as little as 1 cent! Who will reveal the 1 cent ticket? Who will play for just €5.65 or €3.79 or €2.28? Will you take a chance and dodge the €20 ticket or the €19.97 ticket? Play today to find out! Draw tickets can be purchased now through all adult club members. Don't miss out!

**IRISH CHAMPIONSHIPS:** The Irish Championships will take place from Friday 11th to 13th July at the National Rowing Centre in Inniscarra.

**MUCKROSS LOTTERY:** Results of Muckross Lottery for Saturday 7th June 2014. Numbers drawn: 4, 5, 7, 11. Lucky Number: 18. Match 3 Winners: Breda Casey, Breda Moriarty, Gerry McSherry, Beibhinn O'Donoghue, Joan Willms. Next draw Saturday 14th June 2014 at Molly Darcy's. Jackpot: €2,500. Match 4 plus Lucky Number in panel 2: €3,500.





## GNEEVEGUILLA ATHLETIC CLUB

**LOTTO:** no winner of lotto draw 6/06/2014, numbers drawn were 2, 11, 23 and 24. Sellers prize went to Mossy Brosnan, winner of €50 for yearly ticket holders was Michael O'Donoghue Knocknageeha, €50 to Paddy Fleming Tureengarrive, €40 each to Joe Walsh Castleisland, Josephine Hickey Riverstick, Sean O'Sullivan Ballydesmond. Bonus not won numbers drawn were 1, 5, 22 and 27. Next week we draw €10,200 plus bonus prize €1,000. Well done to Ronan Collins who came 2nd in the shot putt at the Munster championships in Ennis Co Clare over the weekend, Ronan threw a personal best in the process. Similar pundits go to Ciara Kennelly 1m 44cm in the High Jump under 13 this gave her 3rd position in Munster and a place in the All Irelands. Our other athletes who went to Ennis all did well and the club are in debt to Eileen O'Riordan and Eleanor Doyle who did the driving for the weekend. Also thanks to Aeneas, Donal, Shelia, Paddy O'Sullivan and Cynthia for their help. The action switches to Cork C.I.T on Saturday where the Munster relays are being held for under 12's to under 19's. We hope to have some teams competing here. On Sunday in Cork we have the Munster Senior and Masters championships where Gneeveguilla AC always do well. Watch out for results next week.

## SPA MUCKROSS AC

Congratulations to Eoghan O'Sullivan who ran a fantastic race in the U13 600m race at the Munster Juvenile U9 to U13 competition in Ennis on Saturday. Eoghan was our sole representative at the competition and was just piped on the line into 2nd place. This was a great performance from Eoghan who, at last year's competition finished just out of the Medals in 4th place and so he was delighted with the silver medal at the weekend. He now

goes forward to the All Ireland Championships on July 26th in Tullamore so we wish him the best of luck there.

The U13 Girls Futsal team were in action in Listowel on Sunday last. In their first game they had a great 7 nil win over Ballylongford/Asdee. Mairead Bennett was outstanding with 3 goals to her credit, with Eimear Beazley and Elizabeth Stack also getting 2 each. The goal of the tournament definitely went to Elizabeth with a fine 30 foot kick that lobbed the keeper, who had no hope of making a save. The next game was against much tougher opponents Listowel, this was a cracker with Mairead getting a goal in each half to secure the 2 nil win. Topping the group, they went in to the final against

favourites Duagh/Lyre; this was their toughest game of the day and with about 5 minutes to go in the first half Duagh went into the lead. The second half was underway only a matter of seconds when Duagh/Lyre got their second and got their third just at the final whistle and the final score was 3 nil. Our girls were disappointed but put on a great performance all day – Treasa O'Sullivan pulled off some great saves in goal with Ruth Courtney and Aoife Cronin steady in defence. Mairead, Elizabeth and Eimear were very strong up front along with Grace Courtney and Aoibhe O'Doherty. Well done to the girls and to Dónal O'Doherty who looked after the team



THE MILLTOWN/LISTRY TEAM WHO WON BRONZE MEDALS IN THE KERRY COMMUNITY GAMES FUTSAL COUNTY FINALS LAST SUNDAY IN LISTOWEL. FRONT LEFT TO RIGHT: CAOIMHE BURKE AMANDA FLYNN CIARA O'MAHONY CAOIMHE O'DONOGHUE-FLYNN. BACK LEFT TO RIGHT: AILEEN O'LEARY CIARA TANGNEY MAIREAD LEHANE NIAMH BRODERICK



MEMBERS OF GLENFLESK NATIONAL SCHOOL FOOTBALL TEAM WHO WON THE RATHMORE CREDIT UNION 2 TEACHER SCHOOL TOURNAMENT. THE FINAL WAS PLAYED IN GNEEVEGUILLA ON WEDNESDAY 11TH JUNE. GLENFLESK DEFEATED MEENTOGUES NATIONAL SCHOOL IN A CLOSELY CONTESTED FINAL. FROM FRONT LEFT. DIARMAID O DONOGHUE, JACK O LEARY (CAPT.), DARA TAGNEY, KEVIN COUNIHAN, COLM MURPHY, FROM BACK LEFT. EVAN KISSANE, COLLETTE MURPHY, JOHN KELLEHER, JACK O DONOGHUE, DECLAN MURPHY, FINN O SULLIVAN, MR. PAUL FAVIER.



THE KERRY GIRLS WHO MADE IT INTO THE DIVISION 1 TEAM OF THE YEAR. CAIT LYNCH, LEFT, AND DENISE HALLISSEY DURING THE 2014 TESCO HOME GROWN LADIES NATIONAL FOOTBALL TEAM OF THE LEAGUE PRESENTATIONS. CROKE PARK, DUBLIN. PICTURE CREDIT: BARRY CREGG.





KILLARNEY CELTIC YOUTHS PICTURED AT THE McDONALD'S FAI FUTURE FOOTBALL FUN DAY IN ST BRENDAN'S PARK FC, TRALEE LAST SATURDAY WERE FROM LEFT FRONT ROW, LIAM SPELLMAN, SEAN KELLY, MARK DALY AND TED O'GORMAN. AT BACK, MICHAEL O'DOHERTY, JNR, MICHAEL O'DOHERTY, SNR, AIDEEN O'BRIEN, MATHEW MOYNIHAN, JACK O'SULLIVAN AND PETER O'DOHERTY. PICTURE BY DON MACMONAGLE.

## MASTERGEEHA FC

**FAI SUMMER CAMP:** Places for the FAI Summer Camp which will be hosted in Kilbrean Park from June 30th - July 4th can now be booked through the FAI summer schools website. Please book early to avoid disappointment at [www.summersoccerschool.ie](http://www.summersoccerschool.ie).

**RESERVE CUP - MASTERGEEHA 4 CS ABBEYDORNEY 1:** The seniors progressed to the next round of the Cup thanks to a deserved win at home on Sunday morning. Eoin Horan, Colm Lenihan, Alan Moynihan and Gavin Breen were the scorers. All played well.

**MASTERGEEHA F.C. LOTTO:** There was no winner on Friday 6th June. Numbers drawn were 1, 11, 16 & 18. Consolation prizes were €100 Mary Doogan, c/o Dept Justice; €60 Sean O'Leary, Mastergeeha, Kilcummin; €30 Diarmaid Healy, Kilcummin; €30 Nicola O'Connor, Rathanane, Kilcummin; €30 Sheila Doolan, Cockhill, Kilcummin. Draw every Friday night in the Village Inn, Kilcummin. Jackpot now €12,000.

## KILLARNEY ATHLETIC A.F.C. NOTES

### RESULTS: SENIORS:

#### KILLARNEY ATHLETIC 4 CAMP1

Great win for our senior team in Tralee on Sunday against Camp. From the very first minute our attitude was right and we went about with great spirit what was a must win game. We went 1 nil up when centre back Brian O'Reilly let fly with a great left footed effort from outside the box. After this Camp levelled to make it 1 all. However Athletic were then on top for the rest of the game. David Gleeson made it 2-1 with a great header after a fine cross from Jason Grady. We went 3-1 up before the break

when youth player Danny Healy a threat all day latched on to a loose ball and gave us a 2 goal lead at half time. The second half was a tough affair with our guys dominating possession and working hard for each other. The game was sealed when full back Caimen Mangan scored a wonder goal running the length of the pitch past several opposition players and calmly slotted past the on rushing keeper for as good a goal you will see all year. This was a fantastic team effort from all players and showed what Athletic are all about with good football and huge heart. We have our final league game away to Asdee tonight at 7.30pm and a win will ensure staying up. One more huge effort needed to produce the great escape. Well done to everyone involved and best of luck tonight.

### FIXTURES:

**SENIOR A:** Friday 13th June.

Asdee v Killarney Athletic A 7.30pm.

**SENIOR B:** Saturday 14th June.

Tralee Celtic v Killarney Athletic B 7.00pm.

**AGM:** Killarney Athletic A.F.C. AGM was held on June 6th in Scott's Hotel. Congratulations to Mike O'Shea on being elected Chairman, to Joe Daly on being elected Vice Chairman and to Don O'Donoghue who was elected Honorary Vice President.

**HELP NEEDED FOR 7 A SIDE:** We are looking for volunteers to help out with the 7 A side tournament for the month of July. Could you spare an hour and help with the gate, the pitches, the shop or the fixtures? Let us know on facebook, twitter, via the website ([www.killarneyathletic.com](http://www.killarneyathletic.com)) or text or phone Toirdealbhach (087) 6447603. One day a week would be a great boost to help raise funds for the club's ongoing expenses. Don't forget, it's your club and your club needs you.

**KILLARNEY ATHLETIC ANNUAL 7 A SIDE TOURNAMENT KICK-OFF:** Killarney Athletic A.F.C. is delighted to announce details of the 38th Annual 7 A Side Tournament in

conjunction with sponsors Killarney Credit Union which will kick off on Monday 30th June.

**COMPETITIONS:** This year is our thirty eighth year and we will be providing competitions for Senior Men and Ladies, Over 35s and underage boys and girls. The competitive underage event will be run over a few days, with age groups from U10s to U12s on the weekend of 11th/12th July. And U14 and 16 taking place too.

**AWARDS:** Along with the Premier and Reserve Cups, The Kieran Cahillane Senior Player of the Tournament Award will be on offer for the outstanding player on view, while The Johnny Heffernan Underage Player of the Tournament Award will also be up for grabs.

Also there will be free entry to the 2014 tournament for the Premier Cup winners.

**ENTRY FEE:** In acknowledgement of the economic climate, we are maintaining the entry fee at last year's amount and are hoping for a high entry across the categories.

Senior Men: €200; Over 35s: €150; Ladies: €150; U10/12: €50; U 14/16: €75.

What better way to pass the summer evenings than putting it up to the cream of Kerry soccer or just giving it all in the spirit of fun with a bunch of your friends!

**WHAT TO DO NEXT...** Killarney Credit Union, Beech Rd. and Park Rd.; Scotts Bar and at [www.killarneyathletic.com](http://www.killarneyathletic.com)

N.B. The closing date for senior entries (to be returned to the above. Application forms are available from venues) is Friday 20th June and the draw will take place on Sunday evening, June 22nd in Scotts Bar at 9pm.

See [www.killarneyathletic.com](http://www.killarneyathletic.com) for entry forms, information on previous 7-A-Side Tournaments and for updates throughout the tournament.

**MERCHANDISE:** Killarney Athletic merchandise can now be ordered on [merchandise@killarneyathletic.com](mailto:merchandise@killarneyathletic.com)

**KILLARNEY ATHLETIC WEBSITE:** Please check the website on [www.killarneyathletic.com](http://www.killarneyathletic.com) or facebook for match reports, club information and contact details.

**CONTACT:** If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or [mccarrickmary@hotmail.com](mailto:mccarrickmary@hotmail.com).

## KILLARNEY CELTIC NOTES

**AGM:** Killarney Celtic's Annual General Meeting was held last Tuesday. The 2014/15 Executive Committee will comprise Chairman – Mike Lyne, Vice-Chairman – Eugene Cosgrave, Secretary – Suzanne Scully, Asst. Secretary Sheila McGillicuddy, Treasurer – Mary Lyne, PRO – Pdraig Harnett, Asst. PRO Jimmy O'Sullivan Darcy, IT Officer – Brian Looney. Our Football, Field and Development, and Lotto Committees will be announced shortly.

**BEST WISHES:** To Neilus Hayes and Adele Daly, who tie a very important knot this weekend – everyone at Killarney Celtic wishes the happy couple the best.



**GOOD LUCK:** To the Kennedy Cup squad and especially all the Celtic contingent.

**CONGRATULATIONS:** To Conor McCarthy, who made his international debut in Pitch and Putt in Spain. Conor, who is as accurate on the green as he is as a Celtic striker, won all three of his games handsomely despite a defeat for the Irish team overall.

**FOOTBALL FOR ALL:** Killarney Celtic FC Football For All team coaching sessions are taking place every Monday from 5.30pm-6.30pm at Celtic Park. This is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729.

**PITCH BOOKINGS:** Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809.



KILLARNEY ATHLETIC YOUTHS PICTURED AT THE McDONALD'S FAI FUTURE FOOTBALL FUN DAY IN ST BRENDAN'S PARK FC, TRALEE LAST SATURDAY WERE FROM LEFT FRONT ROW, EANNA COFFEY, THOMAS HEALY, NOAH SEXTON AND RYAN BRADY. AT BACK, DONIE MURPHY, COACH, SZYMON JASINSKI, BRIAN O'SHEA, RONAN BENNETT AND CAOILAN MITCHELL. PICTURE BY DON MACMONAGLE.

**LOTTO RESULTS:** Numbers drawn 5, 15, 18, 22. No winner, 5 x match 3, Dave Kelly c/o Ray, Chris Collins, Tim Cronin Aughacurreen, Alan Ring c/o Avenue, Denis Lyne Pinewood, €30 each. Next week's jackpot €8000, draw in the Failte on Monday night. Tickets available from all club officers.

**LOTTO SELLERS / YEARLY LOTTO:** The club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so

upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out [www.killarneyceltic.com](http://www.killarneyceltic.com) for Killarney Celtic news, match reports, or photos.



CIARA MURPHY ACCEPTS THE SECURE THE EDUCATE, IE U14 DIVISION 2 TITLE FROM KERRY LADIES CHAIRPERSON PAT HARTNETT.



GARDA MICHAEL MILNER WITH HIS SON RYAN & COLM GOOCH/COOPER AT THE LAUNCH OF THE KILLARNEY GARDA NATIONAL SCHOOL 7 ASIDE FOOTBALL BLITZ AT KILLARNEY GARDA STATION. PICTURE MARIE CARROLL-O'SULLIVA 087 391 4808





## BEAUFORT GOLF CLUB (MEN'S RESULTS)

**RESULTS:** 8th June – 3rd Round GOTY – sponsored by Beaufort Bar

1st John Looney (13) 68 Net

2nd James Jones (12) 69 Net

3rd Colin Moriarty (18) 70 Net

**FIXTURES:** 14th/15th June – 3Ts – 18 Hole Stableford (White Tees) – Sponsored by Tom Tobin Trophies.

Club Scramble continues Wednesday 11th June at 6.30pm.

Open Fridays (Single Stableford for Ladies & Gents) continues Friday 13th June.

## BEAUFORT GOLF CLUB (LADIES BRANCH)

**RESULTS:** 7th/8th June – 18 Hole Stableford – Sponsored by Sean Taffee

1st Joan O'Sullivan (23) 30 pts

2nd Teresa Clifford (30) 27 pts

3rd Margaret Guerin (26) 26 pts

4th June – 9 hole Scramble

Winners: Joan O'Sullivan (23), Timmy Lyne (21), John O'Connor (11) – 25 7/7th

**FIXTURES:** 14th/15th June – 11 hole summer league continues

Club Scramble continues Wednesday 11th June at 6.30pm.

## ROSS LADIES GOLF CLUB

**UPCOMING COMPETITIONS:** Sunday June 15th club sponsored 9 hole competition.

Sunday June 22nd 10 hole Ladies scramble kindly sponsored by Han Lenihan

Sunday June 29th 9 hole single stableford competition.

It has been a busy few weeks for interclub competitions and in the upcoming weeks we wish the following teams the best of luck in their matches. On Saturday June 14th our Mixed Foursomes will compete against Beaufort in Kenmare at 9.40am. Saturday June 21st in Ballybunion our Intermediates play Douglas and the Minor cup team will play Ballybunion.

**CONGRATULATIONS:** Well done to our Kerry Nines team who were victorious over a strong and reputable Adfert team in Adfert on Sunday June 8th. Their next opposition will be Ballyheigue in Ross in the upcoming weeks.

## RING OF KERRY GOLF CLUB MEMBERS GOTY

1st: Joseph O'Neill (4) 42pts

2nd: Daniel Taylor (27) 41pts

3rd: Mark Granville (22) 41pts

Tuesday 3rd June OPEN Singles Stableford

1st: Joseph O'Neill (5) 42pts

2nd: David Kerins (8) 39pts

3rd: Toby Steadman (6) 37pts

Congratulations to the Ring of Kerry team for winning and retaining the Kerry Shield at the weekend. The Ring were run away winners with a massive score of 198 stableford points from the best five of six scorecards.

14th/15th - 3-Person Team Event - This is an

open competition with the chance to win €1000 of meat with P.O'Connell Butchers.

Open Singles Stableford every Tuesday throughout the season - Visitors only €15

- Please book in by calling 064 66 42000

## KENMARE GOLF CLUB

**RESULTS: LADIES:**

1st Noreen Crowley [13] 74 nett

2nd Margaret Hanley [18] 75

3rd Delia Long [31] 76

Best Gross: Danielle Froment [11] 88 Gross

**GENTS:**

1st Angus Dick [13] 36pts

2nd James O'Donoghue [10] 36pts

3rd Donal Herlihy [15] 36pts

No comp next weekend as the GUI Mixes Foursomes are being held in Kenmare.

## PARKNASILLA GOLF CLUB

**RESULTS:** Charity Shield: 1st Therese O'Leary, 2nd Paul Sullivan. Rumble: 1st Mary Reynolds, Barbara Murray, Vera Shaw and 2nd Liz McCarthy, Brian Jones, Sean McCarthy. Fixture: English Cup, V par, continues until Fri June 15th, confined to club members, ladies and gents.

## KILLARNEY GOLF CLUB - LADIES BRANCH

**RESULTS** of Mixed Foursomes Competition Thursday 8th June, 2014, Club Sponsored, Killeen Course, S/Ford.

1st Kathleen Griffin (22) Dermot Roche (10) 36 pts

2nd Maureen Culloty (26) Ken Grieve (11) 34 pts

3rd Maura Fitzgerald (23) John Griffin (10) 32 pts

4th Ann Courtney (36) John Culloty (10) 32 pts.

**COMPETITION** Sunday 8th June, 2014, Sponsor Lord Kenmare's Restaurant.

Killeen Course, Singles S/Ford.

1st Nicola Rainsford (10) 40 pts

2nd Tina O'Sullivan (21) 39 pts

3rd Claire Keating (6) 37 pts

B.G. Catriona Griffin (5) 27 gross pts

4th Maureen Rooney (25) 37 pts

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**NEXT COMPETITION** Sunday next 15th June, 2014, Sponsored by O'Donoghue Ring Hotels, Singles V. Par, Mahonys point.

## KILLORGLIN GOLF CLUB

**RESULTS** of Killorglin golf club exchange day with Castlegregory sponsored by Cromane Seafoods:

1st – Kevin Jones (13) 38 pts

2nd – Pat Quirke (19) 36 pts

3rd – Mike Kennedy (16) 34 pts

Gross – Eugene Kennedy 80 gross

4th – Mike Griffin (19) 33 pts

Senior – Tommy Murphy (14) 31 pts

A reminder that Killorglin Golf club have a seniors open day (over 55's) on Tuesday 17th June. Team of 4. Members €10 and non members €20. Please contact the pro shop for further details.

## KILLORGLIN GOLF CLUB LADIES RESULTS

**SILVER SWANS:** 12 Hole Stableford: 1. Vice Captain Phil Anne Foley (36) 27 pts. 2. Christina O'Sullivan (27) 25 pts.

**FIXTURES:** 18 Hole Singles Stableford Sponsored by the A.I.B can be played Sat 14th, Sun 15th or Tues 17th. Arrange own time and partners. 12 Hole re-entry Stableford sponsored by Vice Captain Phil Anne Foley continues until further notice.

Best of Luck to the Mixed Foursomes team and Managers for their match against Killarney in Kenmare this Saturday 14th June.

## KILLARNEY GOLF CLUB

Killarney Golf Club Scratch Cups on Saturday June 21st Mahony's Point - Categories are - Junior (5-9 Hcps) & Intermediate (10 - 17 Hcps). Entries taken at Reception - (0)64 66 31034 - Entry Fee €10 Members €30 non Members.

**MALTON FOURBALL QUALIFIER**

Sponsored by Malton Hotel

Mahony's Point, 08/06/2014

1st Declan Kelly (10) & Stephen O'Brien (18) 45PTS

2nd Jonathon Sparling (8) & James Mannix (16) 44PTS

3rd Donal G O'Sullivan (8) & Denis Pio Moriarty (9) 43PTS

4th Chris Collins (9) & Padraig Collins (9) 43PTS

Some 37PTS To Qualify on Back 9

Next week

Back Stakes Killeen Sponsored by O Donoghue Ring Hotels

Open Day Killeen

Singles Stableford

04\06\14

1st Finbarr Murphy (17) 40pts

2nd Vincent Devlin Dooks (10) 37pts

3rd Pat Favier (13) 37pts

Next Open Day 18\06\14 Mahony's Point

## CASTLEROSSE GOLF CLUB

**RESULTS:** Competition held on Sunday 8th June 18 hole Stableford,

Winner: Daniel Shine (9) net 38pts, Runner up Steve Shine (17) 36pts.

Result of Scramble on Thursday 5th June, 3 person teams, 9 hole best return, Donal O'Reilly, Brendan Brosnan & Gintaras Bendaravicius.

**FIXTURES:** This Saturday 14th June, 18 hole Strokeplay, Captains prize day, register on sheet at Castlerosse, Golf & Meal €25, guests welcome.

Thursday evening, regular 9 hole scramble, open to Gents & Ladies, outside players welcome, meet at Clubhouse @ 6pm, shotgun start @ 6.15pm sharp.

## ROSS GC, KILLARNEY, GENTS

**RESULTS:** On June 2nd we held our Open Day and this turned out to be a very successful day. We held a 10 hole SS competition with a very large field of competitors. Jim Casey landed an ace on the 6th hole and he celebrated in style in the clubhouse.



The following were the winners :-

- 1..John Fleming (Garda) 24 pts
- 2..Denis Lucey 24pts
- 3..Sean O'Brien 23 pts

Ladies winner was Mary O'Sullivan

On Sunday June 8th we held a V Par competition kindly sponsored by our Professional Golfer, Mark Heinemann. This was held in testing wintry weather conditions however the following lead the way :-

- 1..Denis Cronin + 3 ( 13)
- 2..Peter O'Brien + 3 (9)
- 3..Dave Hennebry + 2(4)

On Sunday June 15th we will hold a club sponsored 18 hole single stableford competition.

The timesheet is now available in the clubhouse so please add your name to it as soon as possible.

Our Nines of Kerry team participated in that competition at the weekend in Ardfert. They were victorious over their hosts on a score of 3/2 in the first round and will play Ballyheigue in the next round in the Ross. Well done to all.

**MIXED FOURSOMES:** Best of luck to our mixed foursomes team next weekend in that competition when they will play Beaufort GC in Kenmare.

**CAPTAINS DAY:** Our Captain Aidan O'Connor's day will be held on Saturday June 21st. The timesheet is now available in the clubhouse. Please note that to be eligible to win the Captain's Prize you must have played in two qualifying competitions.

Murphys Golf Society Results from Scramble Played At Lee Valley Golf Club. 1st. Ger Moroney (11), Ger Kelliher(16). Thomas Hogan. (21) 60.1/7. 2nd. Donagh Moynihan. (10). Pdraig O'Brien(15). Timmy Kelly. (18) 63.6/7. 3rd. Billy O'Callaghan(11). Leo Casey. (15). Seamus MacCarthy. (21). 64.2/7. 4th. Sean Moynihan(10) Paud O'donoghue(16). Mossie Foley. (21). Pat Casey. (27). 65.2/7. Next Outing. Saturday August 30th. Mike Caseys (Captains Prize). Venue Killeen . Well done to our members who represented Killarney on the Pierce Purcell team who are now in the Munster Semi Finals. Our

own Murphys Society Team play the Killarney Heights On Friday. Best of luck to Ger and his team . Next Round of the Matchplay to be played before August 30th .

## DEERPARK PITCH & PUTT

**RESULTS** of Sunday's Stroke Play are as follows  
Overall Nett Paddy Murphy 72, Overall Gross Creagh Courtney 89, 2nd nett Michael oConnor, 80, Senior Nett Conor McCarthy, 89, Intermediate Nett Jason o'Brien, 82, Junior Nett James Fleming 80 18 Nett Robbie o'Brien 41 18 Gross Damian Fleming, 45, on Back Nine, Ladie,s Sheila oDonoghue 92, U16 Sean Courtney 97.

**BOB CASEY MEMORIAL:** It was a most successful day for the club at the Bob Casey Memorial Tralee Scratch Cup along with the Douglas Nett Cup in Cork Last Sunday. Damian Fleming won one of the few competitions that he had not won prior to last Sunday with a four shot victory in the competition itself thanks to a score of 18 under par, he is the first Deepark member in 15 years to win this competition since Derry McCarthy last did so back in 1999, Jason O'Brien won the last 18 prize while St John Kelliher (Intermediate) and James Fleming (junior) were also in the prizes. Meanwhile Creagh Courtney was the winner of the Douglas Nett Cup in Cork, Well done to all on their various successes.

**SENIORS OUTING AT GLENEAGLE:** Results of last week,s Seniors Outing at GlenEagle were --Winners Robbie o'Brien and John Murphy 2nd Hugh O'Sullivan and Dan O'Callaghan (Castleisland) Next Outing to Castleisland on first Tuesday in July.

**CHAIRMAN'S PRIZE ON SUNDAY:** Chairman Derry McCarthy Prize will be a 36 Hole Strokeplay competition on this Sunday morning commencing 8.30am with last card at 10.30am.

**CLUB MATCH-PLAY:** Teams for the annual Matchplay competition are now posted on Notice Board in Clubhouse and the obligation is on the first named player in each team to arrange the game.

**WEDNESDAY EVENING FOURBALL:** Wednesday evening Fourball competition will



PICTURED AT THE ROSS GC OPEN DAY ON JUNE 2ND ARE JIM CASEY CELEBRATING HIS HOLE IN ONE ON THE 6TH WITH PLAYING PARTNERS JOHN FLEMING AND TIMMY KELLY DOUBLING UP AS PHOTOGRAPHER, WELL DONE JIM.

commence at the later time of 7.30pm for the months of June and July.

## KILLARNEY HEIGHTS

**RESULTS OF PRESIDENT JOHN O RIORDAN OUTING TO BEAUFORT.**

1. Denis Doolan 41pts.
  2. Denis Pio Moriarty 40pts. b9
  3. Barry Duggan 40pts.
  4. John O'Riordan 40pts.
  5. James Devane 38pts.
- Front 9 Pat Kelleher 21pts.  
Back 9 Pat Favier 19pts.

Next outing is Sat 30th August Ring of Kerry



PICTURED AT BEAUFORT GOLF CLUB FOR LADIES OPEN DAY SPONSORED BY THE DUNLOE HOTEL WERE L-R JASON CLIFFORD (GENERAL MANAGER OF THE DUNLOE HOTEL), OLIVE SHEEHY (3RD PRIZE), HELEN PRENDERGAST (2ND PRIZE) WITH LADY CAPTAIN IRENE MCCARTHY.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT BEAUFORT GOLF CLUB FOR LADIES OPEN DAY SPONSORED BY THE DUNLOE HOTEL WERE L-R JULIE LEONARD (FIRST PRIZE WINNER), JASON CLIFFORD (GENERAL MANAGER, THE DUNLOE HOTEL), BREEDA NEESON (FIRST PRIZE WINNER) WITH LADY CAPTAIN IRENE MCCARTHY.  
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## TOP AWARD FOR KILLARNEY HOTEL

### THE AGHADOE HEIGHTS HOTEL & SPA WINS HOTEL SPA OF THE YEAR & BODY TREATMENT

Following their amazing success at last year's Irish Tatler Spa Awards, The Aghadoe Heights Hotel & Spa were thrilled to receive Hotel Spa of The Year and Body Treatment of The Year for their Voya Yew Time Ritual at the 2014 awards ceremony.

The glamorous ceremony was attended by spas from all over Ireland, presided over by Harmonia CEO Ciaran Casey and Irish Tatler deputy editor Shauna O'Halloran

"We are absolutely thrilled. The Spa has received numerous awards both

in Ireland and internationally over the last 10 years and we are delighted to see that our commitment to delivering the best spa experience is being recognised. With a team of intuitive award-winning therapists, this sanctuary offers the perfect way to de-stress and recharge mind and body, offering a 'true Spa' experience with specialist water, steam and thermal facilities alongside pampering face and body treatments for men and women" said Marie Chawke, General Manager.



MOSSY KELLEHER FROM KERRY RECEIVED SPIRIT OF THE GAMES AWARD AT THE GO FOR LIFE GAMES 2014, PHOTO BY TOMMY CLANCY



PICTURED AT THE CREATESMARTER LIVE CONFERENCE IN THE MALTON HOTEL, KILLARNEY ON THURSDAY WHEN A HOST OF LEADING SPEAKERS FROM THE WORLD OF LIVE COMMUNICATION, BUSINESS AND EXPLORATION IMPARTED THEIR KNOWLEDGE TO AN ASSEMBLED AUDIENCE IN THE TOURISM AND BUSINESS TRADE WERE FROM LEFT, LOUISE PHELAN, PAYAPL, PATRICK O'DONOGHUE, THE GLENEAGLE GROUP AND PAT FALVEY, ADVENTURER AND SPEAKER. PICTURE BY DON MACMONAGLE.





## **FARMING OUTLOOK..... FOR ALL THE FARMING NEWS THAT MATTERS**

Welcome to our new and informative weekly Farming section, Farming Outlook. This new section is dedicated to farming issues, advice, up to the minute farming news and a shop window for the farming industry to advertise their services and products to more than 88,000 readers. Are you involved in the Agricultural industry? Are you keen to spread the word to other farmers in areas of tillage, dairy farming, stock control, sheep and other farming matters. Outlook Magazines (Tralee Outlook, Killarney Outlook, Sliabh Luachra Outlook) would like to hear from farmers, farming bodies and those involved in the industry keen to contribute information, advice and articles in our new section, Farming Outlook. Be part of the winning team and promote agriculture, our most important industry. Contact Con Dennehy on 087-2326282 on email: condennehy@outlookmags.com

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## MINISTER MUST TAKE FIRM ACTION ON BEEF PRICES TO RESTORE CONFIDENCE AT FARM LEVEL

Speaking at the Beef Forum in Dublin Castle this week, IFA President Eddie Downey told the Minister for Agriculture Simon Coveney that the lack of progress is very frustrating for the country's 100,000 livestock farmers. He said the continuing deterioration on beef prices was taking Ireland's €2bn beef and livestock sector into a very dangerous negative spiral.

Eddie Downey told the Minister that the way the factories had torn up the Quality Payment System since last Autumn using dual pricing and unfair specifications to undermine prices and market returns was totally unacceptable. He told Minister Coveney that this fundamental issue must be corrected without any further delay, if his Beef Forum initiative is to have any credibility with farmers. Michael Dowling made it clear at the meeting that the QPS should operate as originally agreed and Eddie Downey said it is now up to the Minister to ensure this happens. The IFA President said the latest Teagasc Farm Survey data, showing livestock farm incomes ranging from €10,000 to €15,000, confirmed the deep income crisis in the livestock sector and the need for urgent action to address the situation.

Michael Dowling recommended that an agreed system of price benchmarking should be worked out which would allow a comparison with prices across our main markets. He said live exports are important as

an alternative market outlet and for providing a balancing factor in the market. Eddie Downey said IFA pointed out to the meeting that based on Bord Bia data, carcass weights in Ireland were not out of line with weights in our main export market in the UK and in general were lower than those in our main European markets. For steers the average weight in Ireland is 349kg, while it is 361kg in the UK and 385kg in France. For young bulls the average weight in Ireland is 357kg, while it is 339 in the UK, 394kg in France, 384kg in Germany and 367kg in Italy.

Eddie Downey told Minister Coveney it is imperative the Taoiseach Enda Kenny on behalf of the Government immediately intervenes at the highest levels in Brussels to stop any exchange of offers, currently being considered by the EU Commission President Barroso in the Mercosur trade negotiations with Brazil and other South American states.

Eddie Downey said there is real fear that President Barroso and Trade Commissioner De Gucht are determined to make a substantial EU offer on agriculture and market access in the Mercosur negotiations during the full period between the European elections and the establishment of the new Parliament. He said "There is a very real threat that an attempt will be made to bypass the system and urgent intervention is required at the highest political level."

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## KERRY IFA ISSUE WARNING ON OF SLURRY TANKS FOLLOWING THE TRAGIC DEATH OF A CHILD IN ANTRIM

The chairman of Kerry IFA, Seán Brosnan, has issued a warning to farmers in relation to slurry tanks. It comes after an eight-year-old boy died and his father is fighting for his life after they were overcome by slurry fumes on a farm in Antrim. Both were overcome by poisonous fumes as they were mixing slurry. "The agitation of slurry can be very dangerous. The agitation point needs to be outside the tank. Farmers should not go into the tank and all cattle should be removed from the area. It is advisable to carry out the agitation on a windy day with all doors open," said Mr. Brosnan.



SEÁN BROSNAN, KERRY IFA CHAIRMAN

## IFA COUNTRYSIDE CALL FOR STRONGER PENALTIES TO TACKLE SCOURGE OF LITTER DUMPING IN RURAL IRELAND

IFA, Deputy President and Countryside spokesman Tim O'Leary has called on the Department of Environment to introduce tougher penalties to ensure that local authorities implement existing laws more effectively to curb the increasing incidence of littering by passing motorists in the countryside. Mr. O'Leary said: "IFA has conducted a comprehensive survey of our members, which highlights that over 60% of members are concerned about the issue of rural littering. 95% of those surveyed would support the introduction of stronger penalties being imposed on anyone who dumps litter out of cars and along roadside verges."

Tim O'Leary called on the Department of the Environment to step up to their responsibility, and get serious about tackling the scourge of rural littering by increasing penalties on culprits. "Local authorities should be directed to improve litter enforcement activity. If local authorities are serious about tackling littering in the countryside, then they must impose on-the-spot fines and increase penalties for repeat offenders."

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# TRAFFIC ARRANGEMENTS FOR IRISH OPEN GOLF CHAMPIONSHIP 2014

At the Fota Island Golf Resort from the 18th to 22nd June 2014 inclusive.

- Large crowds are expected, estimated at 100,000 for the duration of the event
- Public Transport Event – (direct rail access to Golf Course)
- Free On Site care parking (up to 8,000 spaces)
- Increased capacity on Cross River Ferry (Passage West to Cobh) to cater for Golf Traffic from Cork City and the South West
- Access to Cobh/Fota Wildlife Park and environs will be maintained via an orbital route
- Follow Signage/not Sat Navs in vicinity of event
- Obey Gardaí and Steward directions
- Disabled Parking and persons with Special Need requirements catered for
- Traffic Plan reversal each afternoon at approx. 3pm

## Travel Information:

A continuous train service from Cork to Fota Island commencing at 5.30am each day. Last train leaves Fota Island at 23.10pm.

For timetable visit – [www.irishrail.ie](http://www.irishrail.ie)

## By Car:

If you are travelling to the Irish Open Golf by car, all parking is on site and is free. You will be directed by members of An Garda Síochána, Championship Stewards and signage to the appropriate car parks as you approach the site.

## Event Traffic from Cork

Traffic travelling from Cork will travel via the N.25, exit at Junction 3 only and proceed onto the R624 for Cobh. Accredited VIPs will enter via the Blue Gate (1st gate on right hand side) – such patrons will be in possession of appropriate accredited signage). All public traffic will enter via the main Fota Island Resort gate (Red gate- 2nd entrance on right hand side) and will be directed to the designated public car park in the grounds. (Note there will be no access to Cobh from junction 3)

## Disabled Parking:

Disabled parking is located within the grounds of Fota Island Resort. All public traffic will enter via the main Fota Island Resort gate (2nd entrance) and will be directed to the designated public car park in the grounds.

Blue badge holders are asked to follow the signs to the Public Car Parks and once on site follow directions to your dedicated car park.

## Bus Parking:

All buses travelling to the event will enter via the main entrance unless accredited by the European Tour. Designated parking is provided within the grounds.

## Taxi Parking:

There is a designated taxi drop-off point in the grounds. Taxis will be diverted to this location by Championship Stewards

Exiting Golf prior to Traffic Plan Reversal:

All traffic wishing to exit Fota Island Golf Resort prior to the Traffic Reversal which will occur at approximately 3pm, will do via the Green Gate

onto the R.624 and will follow the orbital route to junction 4 - N.25 for Cork/Dublin traffic and via Carrigtwohill village for East bound traffic (Midleton/Waterford). Vehicles parked in Fota Wildlife park attending the golf, will exit via the Wildlife gates as normal.

## Traffic Plan Reversal:

At approximately 3pm each day, in order to facilitate the traffic flow, An Garda Síochána will reverse their Traffic Management Plan and all vehicles parked in the Fota Island Golf Resort will exit via the Main Entrance Gate in the direction of the N.25. Traffic parked in the Fota Wildlife Park will exit via the Wildlife Gate. Directional signs will be in place to assist patrons.

Traffic wishing to attend the Golf after the implementation of the Traffic Reversal Plan will do so via Junction 4, off the N.25 (both directions), and will be directed by Gardaí and appropriate signage to the Green Gate entry point off the R624.

## Disabled Facilities:

A viewing area will be created on the 18th green.

All Tented Village facilities will have ramps for access.

There will be disabled toilet facilities at all public restroom locations.

Those with Special Needs requirements should consult the Irish Open Website @ <http://www.irishopen.ie/> for further information.

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## FRIDAY 13TH LUCKY FOR SOME

Ironically, and in definite defiance of the laws of probability, the 13th day of the month is more likely to fall on a Friday than on any other day of the week. The precisely aligned pattern of our calendar -- days, weeks and months -- repeats itself exactly every 400 years. In that 400-year period there are 688 Friday the 13ths. 2012 has three Friday the 13ths. Up until the patriarchal revolution, both Fridays and 13s were held in the very highest esteem. Both the day and the number were associated with the Great Goddesses, and therefore, regarded as the sacred essence of luck and good fortune.

In ancient Israel, 13 was a sanctified number. At 13 years of age, a boy was (and still is) initiated into the adult Jewish community. Jews around the world still begin the observance of the Sabbath at sunset on Friday evenings and Friday is the Sabbath in the Islamic world.

Thirteen was also auspicious for the Egyptians, who believed that life has 13 stages, the last of which is death -- the transition to eternal life.

Friday the 13th is ultimately the celebration of the lives and loves of Lady Luck. On this, her doubly-dedicated day, let us consider what fortuitous coincidences constitute our fate. The lucky blend of just the right conditions, chemistries, elements, and energies that comprise our universe. The way it all works. The way we are. That we are at all. That, despite whatever major or minor matters we might think are unlucky, we have somehow managed to remain alive and aware. This Friday the 13th, let us stand in full consciousness of the miraculousness of existence and count our blessings.

## SENTENCED TO DEATH BECAUSE SHE WILL NOT DENY HER CHRISTIAN FAITH

On May 31st all of us that had signed petitions to stop the hanging of the 27 year old mother were delighted when an official from Sudan's

Foreign Ministry told the BBC that Sudan planned to release Meriam, this has since been officially denied. Meriam Yehya Ibrahim was born in Sudan to a Muslim father, who left her Ethiopian Orthodox mother to raise her from early childhood. She was raised in her mother's faith and married a Christian man; she was eight months pregnant when she appeared before a court in Khartoum, Sudan's capital city, on 15 May on charges of 'apostasy' and 'adultery'. When she refused to renounce her Orthodox Christian faith, the judges sentenced Meriam to death by hanging. Meriam has also been sentenced to 100 lashes for being married to a Christian man. Meriam gave birth in the prison hospital on 27 May with her legs in chains. She remains jailed with her newborn baby girl, Maya, and Martin, her 20-month-old son, in Omdurman Women's Prison in Khartoum. With Maya and Martin beside her, there are now three innocent people in Meriam's prison cell. Meriam has been shackled by heavy chains around her ankles since her death sentence ruling - customary practice for all prisoners awaiting execution. Her lawyers say that Meriam remained chained by her legs even while she was in labour. Daniel Wani, Meriam's husband and the father of Maya and Martin, was briefly allowed to meet his new baby daughter in prison. Daniel has thanked those around the world who have taken action for Meriam (over 900,000 have joined Amnesty's global campaign alone) and called for continued pressure on the Sudanese authorities for her release. Sudan's Criminal Code states that a pregnant woman sentenced to death must give birth and nurse her child for two years before her execution can go ahead. No date for Meriam's execution has yet been announced. Those charged with apostasy have three days to renounce their religion and follow Islam. Meriam first appeared before the court in Khartoum on 11 May. When, on 15 May, she refused to renounce her Christian faith, her death sentence was confirmed.

## JUST A THOUGHT

Childhood should be a time where children

are free to learn, grow, and embrace their full potential. Yet, too many children around the world face more serious issues, like increased risk of disease and even blindness, because of a preventable vitamin deficiency. Vitamin A Deficiency (VAD) is the leading cause of preventable childhood blindness in developing countries. What's more, children who are vitamin A deficient are at a greater risk of death as the condition compromises immune system function. There is a solution, however. Just two high-dosage vitamin A capsules every year are needed to prevent VAD. Helen Keller International has been partnering with governments and international and non-governmental organizations in Africa and Asia-Pacific to design, implement and monitor vitamin A supplementation programs for decades.

## WE TALK ABOUT BIODIVERSITY A LOT, – BUT WHAT DOES IT REALLY MEAN? SHOULD WE CARE?

All living beings in an ecosystem are part of the web of life, including us. Together there are an estimated 8.7 million species of plants, animals, and insects on Earth, each interacting to create a resilient environment upon which we all depend for survival. When the web is weakened, our future is threatened. Maintaining diversity of species in our ecosystem – including the 2.2 million marine species and the 6.5 million terrestrial species – is of critical importance.

When we talk about biodiversity in the Amazon, we're talking about the greatest repository of life on Earth. The Amazon is home to about 2.5 million insect species, tens of thousands of plants, and 2,000 birds and mammals. To date, at least 40,000 plant species, 2,200 fish, 1,294 birds, 427 mammals, 428 amphibians, and 378 reptiles have been scientifically classified in the region. And there are thousands more discovered that have yet to be documented. One in five of all the bird species in the world live in the rainforests of the Amazon, and one in five of global fish species live in Amazonian rivers and streams. A 2001 study finding that 62 acres of Ecuadorian rainforest supports more than 1,100 tree species, meaning that the biodiversity of plant species there is the highest on Earth. In the Amazon alone we find almost four hundred billion trees! Among those trees live scarlet macaws, woolly monkeys, three-striped poison dart tree frogs, sloths, monkey frogs, capybaras, red howler monkeys, ocelots, harpy eagles, squirrel monkeys, green iguanas, jaguars... and hundreds more. Those are just the animals! The Amazon is our richest repository of biodiversity, and it is under great threat. Maintaining the integrity of the Amazon means protecting one of the densest sections of our planetary web of life.



## ON THIS DATE – JUNE 13TH:

1713 - Jonathan Swift became Dean of St Patrick's Cathedral, Dublin.

1774 - Rhode Island became the first British colony in North America to prohibit importation of slaves.

1798 - In Ulster, the Battle of Ballynahinch took place.

1865 - Birth of W.B. Yeats in Dublin.

1886 - Molly Malone "died of the fever". The famous song, "Sweet Molly Malone" is a tribute to the memory of a real person who was a fishwife selling cockles and mussels in the streets of Dublin. A sculpture of her can be seen at the foot of Grafton Street in Dublin.

1889 - 2 feet of snow accumulates in Rawlins Wyoming.

1951 - Eamon de Valera became Taoiseach.

1971 - Death of Máiréad Ní Ghráda, the first major woman playwright in the Irish language. She was also a radio broadcaster, and the author of school textbooks and children's books in Irish.

2000 - The original manuscript of James Joyce's Ulysses went on display at the Chester Beatty library in Dublin Castle.

2006 - Following a lengthy battle with prostate cancer and a heart condition, former Taoiseach Charles Haughey died at his home in Kinsealy at the age of 80. The former Fianna Fail leader was first elected to the Dail in 1957.

## QUOTE FOR THE WEEK

Most beds sleep up to six cats. Ten cats without the owner. Stephen Baker

## GOOD NEWS

Wild cats and people living in and around their habitats across the globe will have a better life thanks to a generous contribution from General Shaikh Mohammad Bin Zayed Al Nahyan, Deputy Commander of the UAE Armed Forces and Abu Dhabi Crown Prince.

Shaikh Mohammad has pledged to contribute \$20 million to a collective fund of \$80 million being established by him and three other environmental philanthropists from China, India and the US. This global alliance is supporting a Cornerstone Funding for a \$200 million programme for wild cats initiated by Panthera, a New York-based leading organisation working for conservation of wild cats. All sections of people irrespective of their religion, nationality, etc want one thing in common — a better life for their children, and this initiative will give better education and health care to thousands of children and their parents living around wild cat habitats, a senior executive of Panthera said.

The \$80 million collective fund has been committed for a period of ten years. It will immediately fund the most effective solutions for conserving big cats. The solutions will address poaching for local and international trade, retaliatory and punitive killing from conflict with humans, unsustainable hunting of prey, and the loss and fragmentation of habitat. Apart from Shaikh Mohammad, Jho Low,

CEO of Jynwel Capital and Director of Jynwel Charitable Foundation Limited in Hong Kong; Hemendra Kothari, Chairman DSP Blackrock India and the Wildlife Conservation Trust; and Dr. Thomas Kaplan and Mrs Daphne Recanati Kaplan, Panthera's founders, have contributed \$20 million each to the collective fund.

## 7TH-GRADER'S SERVICE DOG GIVEN A PLACE IN HER SCHOOL YEARBOOK

For the last four years, 7th-grader Rachel Benke and her devoted service dog Taxi have been inseparable companions -- so much so, in fact, that now their special bond will be preserved for perpetuity in her junior high school yearbook. Rachel who has suffered from epilepsy since she was a baby, goes everywhere with the golden retriever-lab mix, but he's much more than just a pet. Taxi has a remarkable ability to detect when a seizure will strike, giving Rachel crucial time to get medical attention.

Before the service dog came into her life, Rachel's mother Theresa said, she'd shown little improvement in her condition and had even been fearful of animals, but that all changed the moment she met Taxi.

"Next thing we knew Rachel just hugged him, it was the cutest thing you've ever seen and they've been a team ever since," Theresa added.

## FARMERS - LOOKING FOR AN ADDITIONAL INCOME? EVER THOUGHT OF SELLING DONKEY MILK?

Two things that may surprise you. One, you can milk a donkey. Two, people love the milk.

Over the past couple of months, Jean-Michel Evequoz, a chef and teacher at Les Roches International School of Hotel Management in Switzerland, has been experimenting with donkey's milk, with a view to figuring out just how well it lends itself to traditional European cuisine. Thus far, he's made a simple panna cotta, a "mousse au chocolat blanc" and he's working on an emulsion of donkey's milk and wild flowers to complement a poached lobster. "The milk works very well in a number of recipes," says Evequoz, "and when you add in sugar and chocolate in particular, the taste is amazing." Evequoz is one of a small yet growing number of donkey milk aficionados in Europe, all of whom are instrumental for what's become a sort of renaissance of both the milk as well as the animal that produces it.

## THE CARRIER ALERT PROGRAM

One of the most important points of social contact for some older adults is their post person. In the U.S. Mail carriers come by six days a week with mail and packages, so they provide a much-needed human and friendly face, but

they also make sure the people on their rounds are safe. In fact, the United States Postal Service has run a voluntary program called the Carrier Alert Program since 1982. When a participating mail carrier notices signs of a problem, like a senior not answering her door, or evidence of a fall, he can contact a supervisor to escalate the situation if the senior is enrolled in the program. Mail carriers can also act outside the program to call law enforcement or emergency medical services if there's a life-threatening emergency affecting one of their customers. Since they interact with their customers almost every day, they know what to look for, and how to tell if something is wrong. In Cincinnati, a mail carrier saved the life of an elderly man when he fell at a condo complex; a North Carolina mail carrier intervened to save a stroke victim on his route; a Michigan mail carrier helped an elderly woman after a fall in her home; an Indiana mail carrier helped another stroke victim; and a Minnesota mail carrier rushed to the rescue with CPR to help a customer after a heart attack. The post office says that: "Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds," but it takes its role as a member of the community, and the family, very seriously. Letter carriers who work on door delivery routes have to take the time to walk up to each door and often end up interacting with people as they deliver their mail. So when Portland letter carriers heard that their district post office was pushing property owners to switch to what's known as "cluster delivery," a group of boxes at the corner or another central point, they fought back saying it would eliminate the important interaction between mail carriers and seniors on their routes. Without door delivery, mail carriers might miss signs that something's going wrong until mail starts building up in a mail box, which means a senior could lie for days after a fall, stroke, or heart attack, and disabled customers could face similar delays if they need help. Cluster boxes are also less convenient than door delivery, of course, but more importantly, they're less secure: they're easier for vandals to damage and break into, and they present a risk for identity theft as well as stolen property. While the post office is pushing for mass adoption of cluster boxes, mail carriers, community advocates and seniors know it's not a good idea.

## FINALLY THIS WEEK

Did you know that certain types of trees warn each other when they're under siege by insects? Since the late 1970s, researchers have studied this phenomenon in willows and poplars. Collectively, they've found that trees infested with insects will produce an excess of chemicals in their leaves. These chemicals not only reduce the nutritional value of the leaves for the insects, but also warn neighbouring trees. Following the warning, nearby trees will begin to produce the same chemicals, defending themselves from a similar attack.





## Exam De-Stress

Now that exam time is nearing a close, no doubt students and family alike are heaving a sigh of relief. With more free time available this can be a good time to do those things that you have wanted to do all year but sacrificed due to study. It can be a good time to take up some physical activity or hobby, visit places of interest or spend time with friends and family. Most importantly use this time now to rejuvenate as it can pass by sooner than you think. This can also be an ideal time to volunteer some of your time contributing to a cause that you feel passionate about. It is important also to get some distance from the exam results. You can't do anything now to influence the outcome so try to divert your attention away from worrying.

Whilst the arrival of summer can herald a new lease of life for most people, for others the end of exams can be somewhat different. You may find that the problems that you were able to put to the side during school term now need to be addressed. This can be a good time to talk to someone about these issues. Now that you have more free time to spend on you why not use this opportunity to begin to look after yourself.

### For Parents

For many parents the challenge of finding activities for your children over the summer months can be a difficult one. Some suggestions include

- Involve them in the solution. Let your child contribute to the plans being made for the summer months.
- Trips to visit Grandparents or a favourite Aunt/Uncle can be very enjoyable – especially for younger children.
- Summer camps can be a great way to help make your summer go more smoothly and provide some fun memories for your children.
- Give them something to look forward to – this may be a holiday or a special event.
- Sporting events, concerts, drama productions, a movie, a picnic in the park, a fishing excursion, camping, hiking, a treasure hunt, bowling, a trip to the museum or an art exhibition are all activities you can enjoy together.
- Be nice to yourself – so you in turn have energy for your children.
- Teenagers may want to spend more time with their friends – which is completely normal. Although your teen may not initiate time spent with you – s/he still needs that. It is up to you to find ways to spend time together. Try to create activities that you can share with your teen – it doesn't really matter what you do, as long as you are spending time together.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide.** info@kerrylifeline.com. To make an appointment call 064 6636416.

**SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.**

## Health Matters.... With Dr. Michael Moloney

### ACNE PART 1

Acne is common and usually treatable. Most people with acne are aged between 12 and 25, but some older and younger people are affected. Acne usually affects the face but may also affect the back, neck and chest. The severity can range from mild to severe.

#### Some myths about acne

- Acne is not caused by poor hygiene
- Diet has little effect on acne. There is no evidence chocolate, sweets, or fatty foods cause acne.
- Stress does not cause acne.
- Acne is not just a simple skin infection. The cause is a complex interaction of changing hormones, sebum, overgrowth of a normally harmless bacteria, inflammation, etc.

You cannot 'catch' acne-it is not contagious

- Acne cannot be cured by drinking lots of water.
- There is no evidence to say that sunbeds will help to clear acne.
- Some people believe that acne cannot be helped by medical treatment. This is not true. Treatments usually work well if used correctly

#### What causes acne?

Acne is a condition that affects the sebaceous glands (grease glands). Sebaceous glands are the tiny pores in the skin that produces oil to protect the skin. The activity of the sebaceous glands is influenced by the male hormones – androgens (women also have small amounts of this hormone). The sebaceous glands sometimes produce too much oil and this leads to a blockage at the tip of the gland. The result is a white bump (whitehead) or a black bump (blackhead).

These are called comedones. These blocked glands are much more likely to get inflamed. The inflammation is caused by bacteria which normally live harmlessly on the skin. The result is redness and swelling.

#### Treatment

The aim of treatment is to clear spots as much as possible and to prevent scarring. Treatments can be 'topical' (treatment that you apply directly to the skin) and/or tablets. Treatment will usually clear most spots if you use it properly. It is important to start treatment early and treat long enough, a minimum of 2 months for topical gels or creams and 3 months for oral preparations.

Antiseptic washes are heavily advertised but are unlikely to make any difference.

### PART 2 NEXT WEEK



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## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days.  
Publication of prayer and favour will be granted. **C.C.**

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## DEBT REMOVAL PRAYER

Lord, I confess I've made mistakes, I have accumulated too much debt, and now I cannot imagine overcoming it without your help.  
Please Lord, I beg of you to intercede on my behalf. Provide me with the financial means to be able to breath again. Please forgive my sins Lord. Walk with me and help me to make the right decisions throughout my life.  
In your name I pray. Amen.  
You must say 3 Our Fathers for 7 Days. Must promise publication.  
Never Know to fail.

## NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within Your own heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine. Amen.  
Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.  
In thanksgiving.

## NOVENA TO THE SACRED HEART ST JOSEPH, PADRE PIO, ST ANTHONY, ST THERESA & ST JOSEPH OF CUPERTINO

### NEVER KNOWN TO FAIL

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall I ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your perfect love for me and therefore I place all my trust in you.  
Our Father, Hail Mary and Glory.  
Say 3 times for 3 days and request will be granted, Never known to fail.  
Must publish. **C.H.**

## NOVENA TO ST. MARTHA

O ST. MARTHA, I resort to thee and to thy petition and faith I offer up to thee the light which I shall burn every Tuesday for nine Tuesdays. Comfort me in all my difficulties thro' the great favour thou didst enjoy when Our Saviour lodged in thy house. I beseech thee to have definite pity in regard to favour I ask (mention favour).  
Intercede for my family that we may always be provided for in all our necessities I ask thee St. Martha to overcome the dragon which thou didst cast at thy feet. One our Father and three Hail Marys, and a lighted candle very Tuesday and the above prayer made know with the intentions of spreading devotion to St. Martha. This miraculous Saint grants every thing before the Tuesdays are ended. No matter how difficult. **G.C.**

## PRAYER TO PADRE PIO

O God,  
You gave Saint Pio of Pietrelcina, capuchin priest, the great privilege of participating in a unique way in the passion of Your Son, grant me, through his intercession the grace of... which I ardently desire; and above all grant me the grace of living in conformity with the death of Jesus to arrive at the glory of the resurrection.  
Glory be to the Father... (three times). **C.H.**

## ST. THERESA

St Therese, the little flower, please pick me a rose from the heavenly garden and send it to me with a message of love.  
  
Ask God to grant me the favor I thee implore and tell Him I will love Him each day more and more.  
Amen. **C.H.**

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.  
And to all of the Saints for favours received

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Then in his merciful eyes it will become your favour not mine. Amen.  
Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.  
In thanksgiving.

## PRAYER TO THE VIRGIN MARY

### NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.  
**C.H.**

## NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and ever day throughout the world forever. Amen".  
Pray, whether you believe or not.  
Publish on the 9th day.  
Your request will be granted no matter how difficult it may seem.  
Favour often granted on the third day.  
**C.H.**

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Amen.  
Say this prayer for three days.  
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**C.H.**

## PRAYER FOR MOTHERS IN DISTRESS

Our Lady of Guadalupe wrap your mantle around the woman most in distress at this moment.  
St. John the Baptist hold them by the hand and lead to all the alters of the world where the Precious Blood of Jesus is shed.  
  
Our Glory Be to the Father.  
Please promote.  
**M.M.**

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.  
And to all of the Saints for favours received  
**x**

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.  
And to all of the Saints for favours received



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