KILLARNEY Outlook

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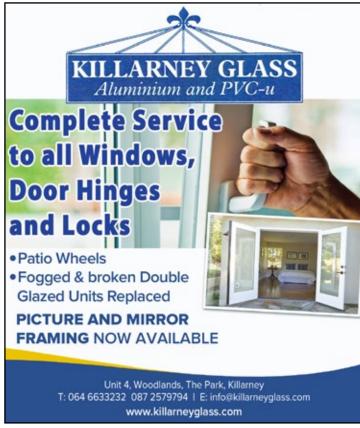
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Last Saturday 6th of November, citizens were called to action to highlight their concerns around climate justice. There were demonstrations held in Galway, Cork and Dublin and throughout the world. Members of environmental groups in Kerry made the trip to Cork to march for climate justice as the world faces the truth of climate change. Pictured are Diarmaid Griffin, Abigail Joffe and James Dent.









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THIS WEEK

ROTARY CLUB TAKE PART IN TREE PLANTING PROJECT See Page 6



Aisling Crosbie.

FROM THE EDITOR

It has been a busy week in Killarney with the Rotary Club taking part in a tree planting session and a conference being held on the Rhododendron crisis in Killarney National Park.

The launch of the Historic Rally of the Lakes take place this weekend, generous National School children have filled boxes of hope for disadvantaged children and Killarney students vie for the BT Young Scientist Award.

As cases still continue to rise and the spread of COVID-19 continues throughout our community, everyone is urged to observe government guidelines to protect each other.

#STAYSAFE

GET IN TOUCH

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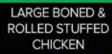






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embers of the Rotary Club of Killarney along with Kerry County Council landscaping staff gathered at Killarney Burial Ground on Wednesday to plant trees to support Rotary's Global Goals of "Supporting Our Environment".

Earlier this year The Rotary Club Of Killarney approached Eileen O'Donoghue, from Killarney Municipal District looking for a project or location to plant some trees to tie in with Rotary's Global Goals of "Supporting Our Environment"

"A tree planting project had been identified for Killarney Burial Ground as

Included in the photo are Killarney Rotary President, Rayla Tadiimatova, Denis Doody, John O'Shea, Paul Sherry planting the first tree. Photo Don MacMonagle

an area requiring softening in a recent Tidy Towns It was decided Report. jointly that we should set about trying to achieve this objective", Paul Sherry from the Rotary Club told Killarney Outlook.The Rotary Club of Killarney applied for and was successful in obtaining grant funding from the Community Support Scheme (CSF) from Kerry County Council to fulfill the objective.

comprehensive plan identifying species and planting locations was drawn up by tree expert Cormac Foley. Founding member of Rotary Club Of Killarney Horticulturist John



Included in the photo enjoying sandwich break are John Shanahan, founding member, John Tarrant and Finbar Kennelly. Photo: Don MacMonagle

Shannahan was tasked with sourcing the trees.

The planting was designed to soften the appearance of the car parking area to the fore of the new burial grounds and will consist of 12 Silver Birch (Betula Pendula), 15 Rowan (Sorbus Aucuparia) and 3 Native Oak. A Weeping Mulberry or Weeping Purple Beech (Fagus Sylvatica "Purpurea Pendula) has been selected to occupy pride of place in the meditation area adjacent to the Columbarium Wall just inside the graveyard. Beech (Fagus Sylvatica "Purpurea Pendula)

VROOM VROOM....

HISTORIC RALLY LAUNCH

THIS WEEKEND

he Rentokil Initial Killarney Historic Rally takes place on Saturday 27th November 2021 and is recognised Internationally as Irelands premier Historic Rally.

The launch for the 2021 Rentokil Initial Killarney Historic Rally will take place this coming Sunday afternoon, November 14th. Proceedings will get underway at 3pm in The Gleneagle Hotel, Killarney, Kerry where there will be a host of rally cars on view.

The rally attracts a huge amount of quality competitors every year and is Ireland's only event to cater solely for historic rally cars. It is included as

Rentokil Initial KILLARNEY HISTORIC RALLY



27th November 2021

counting rounds of the Irish Tarmac Rally Championship, The Kingdom of Kerry Rally Series and The Plasticbags Southern 4 Rally Championship. The Event is expected to attract a full entry from all over Ireland, the UK and indeed Europe.



INAUGURAL RHODO CONFERENCE

HELD IN KILLARNEY

The Kerry Biosphere hosted the inaugural Rhododendron Conference in the Brehon Hotel, Killarney last weekend.

The well attended event brought together landowners, farmers, community groups, individuals and environmentalists who have an interest in controlling and eradicating this invasive plant from the landscape.

Although the conference was hosted by The Kerry Biosphere Officer, Eleanor Turner, it was attended by concerned individuals from all parts of the country, as Rhododendron is a problem plant in many parts of the country, particularly in acidic soils. An Alien species which becomes established in natural or semi natural ecosystems or habitats, is an agent of change and threatens native biological diversity.

Rhododendron ponticum is a plant that originated in The Black Sea region of modern day Turkey. A region called Pontus, hence the name ponticum. It was imported into Ireland and planted in Victorian Gardens by Landlords of the time. It was cherished for it's rich showy floral displays of mauve each summer. It also was valued as cover for game which was important on many Victorian Estates as hunting was a popular pastime. This plant escaped these gardens and became established in the wild from around 1894. Since that time it has been encroaching on native flora and fauna and displacing all other plants and animals eventually.

I was impressed by the interest and range of speakers at this the first Rhododendron Conference in Ireland and the first one to be hosted by The Kerry Biosphere. I have known about this invasive plant for many years but this conference is a milestone in the battle as it brought together all interested parties to share information and find a solution to this widespread problem.' Says Diarmaid Griffin, Green Party LEA Representative who attended the conference.

MC on the day was Aisling O' Brien from Radio Kerry who presents Agritime on the station. Malcolm Noonan, Minister of State for Heritage and electoral reform spoke first



Killarney Mountain Meitheal Volunteer Group met with Brendan Griffin TD., Minister of State at the Department of Transport, Tourism and Sport in Killarney National Park. Speaking with the Minister, Conor Hennigan, Peter O'Toole, Park Ranger, Killarney National Park and Johnny Maguire. Photo: Valerie O'Sullivan

and outlined his full commitment to the ongoing eradication programme and pledged funding for this in the NPWS budget. Eleanor Turner spoke then who gave us a background to The Kerry Biosphere and her work on promoting the conservation goals of this UNESCO designated site. speakers included Dr. Therese Higgins of MTU who gave a comprehensive talk on the problem plant. Patricia Deane of the Macgillycuddy Reeks European Innovation Partnership Project outlined her work with hill farmers on improving the biodiversity and nature value of our upland areas in Kerry.

'Hill Farmers in Kerry are doing great work with Tricia Deane in maintaining the biodiversity of our precious uplands. Not everyone might know how much these people are contributing to our environment and they deserve recognition and support. I hope this project continues long into the future'.

Flor McCarthy, a local hill farmer, spoke very well on his experience of the EIP Project. Like many hill farmers he has an infestation of Rhododendron ponticum on his land and is 100 percent behind it's removal. It not only affects nature, this plant is also toxic to grazing sheep.

Seamie Hassettt Regional Manager for the NPWS spoke in the afternoon on the history of Killarney National Park's battle with the alien plant and new plans for the future. His talk was followed by a short film about The Killarney Mountain Meitheal and the great work they have done in removing Rhododendron from Killarney National Park.



Speakers at the Conferece were from left, Claire Tangney, MTU Student and Volunteer, Padraig O'Donoghue, Meitheal Volunteer Group, Ger McEnery development officer Reeks Forum, South Kerry Development Partnership, and Sabine Graill, MTU Student. Photo: Valerie O'Sullivan



Speakers at the Conference were from left, Conference Moderator Aisling O'Brien, Patricia Deane, Project Manager, MacGillycuddy Reeks European Innovation Partnership Project, South Kerry Development Partnership, Danny O'Keeffe, Regional Conservation Ranger, National Parks and Wildlife Services. The Conference was held in the Brehon Hotel, Killarney. Photo: Valerie O'Sullivan



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NEWS

oly Cross Mercy School is delighted to announce that their Killarney Memory Tree is back again on New Road for the 9th Year in a row.

Due to ongoing Covid 19 restrictions, the much anticipated rituals associated with our Memory Tree will be in a similar format to last year and this year they will be selling the lights on line again.

The lights on Killarney's Memory Tree will be lit during the Christmas season and those being commemorated by The Memory Tree will be remembered in the Holy Sacrifice of the Mass.

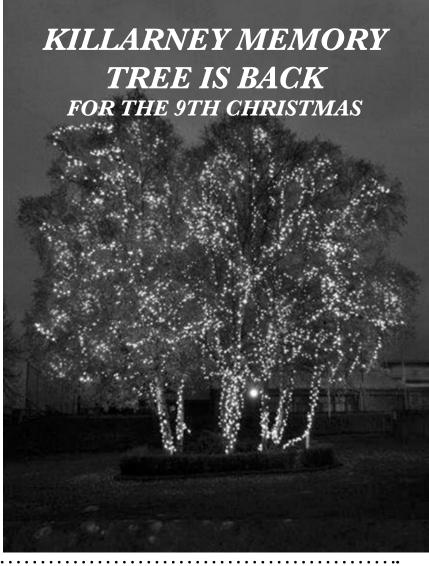
Lights can be ordered in memory of a loved one for a suggested donation of €5 with all proceeds going to Holy Cross Mercy School, Killarney. Everyone is welcome to visit the tree while maintaining a safe distance from one another in accordance with the Covid 19 safety guidelines during the time it is lit which will be nightly during the Christmas season until January 6th, The Feast of The Epiphany.

"We would like to thank

everyone who has supported this initiative in the past as it is an extremely important fundraiser for our school", Principal Ursula Coffey told Killarney Outlook.

he official "Switch On" of the Memory Tree will take place on New Road, Killarney on Thursday, December 2nd @ 7pm and Mass will be offered for all those commemorated at 1.15pm on Thursday December 17th in St. Mary's Cathedral. All are welcome to join us online via the Killarnev Parish Webcam on www.killarneyparish.com Lights are available to buy online from our school website www.mercyholycross.com or via a click and collect service at Holy Cross Mercy School on New Road. Please phone 0646631241 to arrange a payment and collection time. Alternatively they can be purchased from all pupils and staff members of the school during November and December.

Keep an eye on our social media for further details of the switch on event and the live streamed mass.



CONCERNED KERRY CITIZENS

ATTEND CLIMATE CHANGE MARCH

ast Saturday 6th of November, citizens were called to action to highlight their concerns around climate justice. There were demonstrations held in Galway, Cork and Dublin and throughout the world. Members of environmental groups in Kerry made the trip to Cork to march for climate justice as the world faces to the truth of climate change.

"This is an important moment in our history as we run out of time to react to the global issue of a changing climate", Green Party Spokesperson for the Killarney Municipal Area, Diarmuid Griffin told Killarney Outlook.

"The impacts of a changing atmosphere will affect us all with food security, weather events and flooding all becoming issues now and increasing into the future and as concerned citizens, we would like to bring attention to the crisis and our appetite for change", he added. Cop 26 is the 26th Conference of the Parties that gather each year to

Cop 26 is the 26th Conference of the Parties that gather each year to pledge actions towards a solution to the biggest global issue.

The Conference continues until 12th of November.



Back row (left to right) James Dent, Damien O' Mahony, Colm Murphy, Abigail Joffe, Fionna Sheehy. Front row (left to right) Annette Corboy, Dee O' Shea, Diarmaid Griffin



PLANS UNVEILED FOR ÁRUS PHÁDRAIG

lans for the redevelopment of the Árus Phádraig were unveiled at the Killarney Municipal District Council Meeting which was held in Kilcummin GAA Clubhouse on Wednesday.

The property was handed over to the people of Killarney in 2009 by the Franciscan Friars and the new plans include a theatre, cafe, an outdoor public area to facilitate markets, meeting rooms, offices and a Health Service Care Centre.

There will also be car parking on site for 400 vehicles, with the possibility of a multi-storey car park being developed in the future.

The cost of the development will be over €21 million with funding coming from a combination of the urban regeneration and development along with funding from Kerry County Council.

It is hoped that the project would be finished by 2025.





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Irish Water and Kerry County Council move forward with plans for

KILCUMMIN SEWERAGE SCHEME

rish Water is progressing plans for the provision of the Kilcummin: Ensure compliance with EU and Irish wastewater regulations. Sewerage Scheme and a tender has now been issued.

Irish Water, working in partnership with Kerry County Council, will provide a new sewer collection system for Kilcummin village. This project will reduce the reliance on on-site treatment systems such as septic tanks and package treatment plants. A tender has now been issued to progress

The proposed works relate to the construction of a new wastewater pumping station, gravity sewer and associated works in Kilcummin. Wastewater from Kilcummin will then be transferred to the Killarney town sewer system for appropriate treatment at the Killarney Wastewater Treatment Plant. The project will include the:

Installation of a sewer network for Kilcummin.

Construction of a pumping station at Páirc Chuimín.

Construction of a short rising main and a gravity sewer to deliver the wastewater from Kilcummin to the collection network in Killarney for treatment at the Killarney Wastewater Treatment Plant.

This project will provide an effective and efficient wastewater collection system for the village of Kilcummin and provide for the treatment of this wastewater in an appropriate manner. This, in turn, will:

Improve water quality in the River Deenagh and Lough Leane.

Provide scope to facilitate future development within the catchment.

Provide for social and economic growth within the Kilcummin area. Subject to statutory processes, construction is due to commence in late

Irish Water and the contractor will engage with the local community throughout the works.



INNOVATIVE KERRY TRAINING COURSE FOR PEOPLE WITH DISABILITIES NOMINATED FOR PRESTIGIOUS EUROPEAN **DIVERSITY AWARD**

he work of the students and staff on the Sporting Chance course at :National Learning Network (NLN) Kerry was recognised this week at the European Diversity Awards, which took place at a ceremony in London yesterday, Thursday 11th November. The Tralee training course has been shortlisted under the Social Mobility Initiative Award, and recognises the work carried out by students and staff in the areas of inclusive sport, physical activity and exercise. The Sporting Chance course has been nominated for a European Diversity Award alongside many of the world's biggest companies including the BBC, Spotify, Vodafone, the Lego Group and the Premier League.

The European Diversity Awards have become a widely respected event since inception in 2010, recognising the efforts of individuals and organisations which have made a genuine difference in the areas of equality, diversity, and inclusion.

Sporting Chance, a course funded by Kerry Education and Training Board, provides training and qualifications in the area of sport, fitness and physical activity to individuals with additional support needs including physical disabilities, learning difficulties, mental health challenges and students with Autism. A central goal of the course involves creating a positive impact and forging links within the local community. As part of the course, students are supported in organising a number of sport and physical activity programmes for children and adults of all abilities in the community. Among these are an athletics coaching programme with children from local schools, a swimming programme with children from the autism unit in Killahan National School, an Easter activities camp with teenagers from Kerry Intervention Disability Services, and activity sessions with adults from RehabCare in Tralee.

Sporting Chance also involves students providing personal training and fitness classes for their peers from other courses within NLN. The group have also organised sports days for primary schools in Killarney and Limerick. Students attending the Sporting Chance course have the

opportunity to obtain qualifications in areas such as Fitness Instruction, Pool Lifeguard, Swim Teaching and Sports Coaching. Former students have progressed to a variety of jobs in the fitness, health, sport and leisure.

Further information on the awards can be found at: www. europeandiversityawards.com

Sporting Chance is one of over 70 supportive and flexible training courses available at National Learning Network colleges across Ireland.



Sporting Chance students complete their Pool Lifeguard Qualifications



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BUSINESS LEADERS HEAR OF

EXCITING PLANS FOR KILLARNEY

new parking strategy is being developed for Killarney but, to have the desired impact, it will have to incentivise the use of longer-stay car parks rather than focusing on the more central options in the town centre, Kerry County Council Chief Executive, Moira Murrell, has told the town's business leaders.

Giving a briefing to members of Killarney Chamber of Tourism and Commerce, held on Zoom on Wednesday night, Ms Murrell said the new Rock Road car park, opened in 2019, increased capacity in the town by 10 per cent and it generated 220 more spaces but, she acknowledged, the facility is not being fully utilised and that issue must be addressed.

During the course of a very extensive presentation, the CEO gave updates on Killarney's €21.4 million Urban Regeneration and Development Fund boost, proposed road developments, the outdoor infrastructure schemes, parking plans, the town's new cycling strategy, the Covid recovery plan and climate adaptation.

Exciting plans for the development of a new Torc to Dinis cycleway and the outdoor recreation and active travel proposals were also outlined.

Ms Murrell said a number of national road projects were being advanced, including the €300m N22 Farranfore to Killarney route, a €1.5m Cleeny to Madam's Hill upgrade, a €4.5m redevelopment at Muckross Road-Kenmare Place and a €2.5m improvement scheme on the Ballydowney-Gortroe road.

She was pleased to confirm that approval has been received this week to advance a €2m upgrade of the N72 from the Golden Nugget to the Gap Cross in Fossa and, subject to planning, construction on that project could commence as early as January or February next.

Thanking Ms Murrell for the detailed update on local projects, Killarney Chamber of Tourism and Commerce President, Niall Kelleher, said the council and the chamber work closely together and work well together with the best interests of Killarney at heart at all times.

"A little over a year ago, a comment was made at a meeting of Killarney Photo: Valerie O' Sullivan (File Picture)

Municipal District Council that the relationship between the chamber and the council was a very unsteady one.

"I'm not sure if that political throwaway and misguided remark was designed to be merely mischievous or deliberately provocative but what I am sure of is that it was well wide of the mark and far removed from reality," he said.

"I know, having first-hand experience on both sides, that the council and the chamber work well together. We communicate constantly on matters of importance to the town and its people and we share one goal which is improving Killarney in any way possible," Mr Kelleher said.

"We don't always agree, of course, but we try to meet each other half way and, in any relationship, that's a great balance. We debate, we listen, we express our opinions and we move forward with the best interests of the town's business community and its people at heart.

"Even if we don't like the outcome we accept the democratic process," the chamber president added.



Chief Executive of Kerry County Council Moira Murrell.

GAMES OF YEARS GONE BY RECOUNTED IN

NEW BOOK ABOUT THE GREATEST KERRY FOOTBALLERS

here is plenty for Kerry GAA followers in a new book which has hit bookshelves this week - 'Kerry Game of My Life' written by David Byrne.

From the 1959 All-Ireland final between Kerry and Galway to the All-Ireland Club semi-final between Dr Crokes and Corofin, 30 of the greatest Kerry footballers over the last 60 years tell of the games in green and gold that defined their lives.

Including first-person testimonials from many of the stars of the 1975/85 era when Mick O'Dwyer's brilliant team dominated the game and changed Gaelic football forever - and also teams from The Kingdom that won All-Irelands in the 90s, noughties and in 2014. Household names who played with the county throughout the last 60 years but failed to ultimately taste All-Ireland glory will also talk about the one game they will always remember

"I am privileged to be able to share the fascinating stories of these 30 footballing legends," said David Byrne. "Kerry Game of My Life is not only a look back on games gone by, but an exciting journey through the past, what makes these 30 men tick, and what got them to that stage of their footballing career. I am really excited to bring to you these stories from both on and off the field."

The new book leads the reader through 30 Kerry and club games from the point of view of former Kerry stars including Mick O'Dwyer, Dr Sean Murphy, Mikey Sheehy, Eoin 'Bomber' Liston, Jack O'Shea, the Ó Sé brothers, Seamus Movnihan, Dara Ó Cinnéide, Kieran Donaghy, and many more. The exciting new book also tells of the many ups and downs

of the 30 stars, both on and off the field, one that is set to enthral Kerry football fans throughout the world Kerry Game of My Life is now available in all good bookstores





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KILLARNEY STUDENTS VIE FOR

BT YOUNG SCIENTIST AWARD

Ctudents at two secondary schools in OKilarney are planning on making their mark at the upcoming Virtual BT Young Scientist Awards in January.

This week St. Brigid's Presentation Secondary School announced that they were thrilled that four projects from the school were through to the final of the BT Young Scientists.

"Given that it is Science Week, we are thrilled that there are four groups through to the finals

Killarney Community College students L-R Angelina Kendel and Rabea Flugel

of the BT Young Scientist", Sheree Murphy, PRO at the school told Killarney Outlook. Included in those through are Abbie O'Sullivan

and Keira Geaney with their project "My Carbon Buddy". Olivia Gaffey and Clodagh Lucey with their project "What factors Ali O Donoghue and Eilis Mullane whose project is "Vertical Farming, The Future for Eco influence the perceived Friendly Schools' rate of exertion on students?". Anna Moynihan's project title is "A comparative study: VSCO vs. Instagram and how they affect the selfesteem/mental health of adolescents", and Ali O Donoghue and Eilis Mullane whose project is "Vertical Farming, The Future for Eco Friendly Schools"

Two TY students, Rabea Flugel and Angelina Kendel from the Killarney Community College have also had their project selected the screening the Virtual Finals of the BT Young Scientist &

Technology Exhibition from 12th to the 14th of January 2022.

Everyone and KCC and especially their science teacher Ms. Spillane who commented that "this is a fantastic achievement as the competition is fierce and the standards are so high. The girls project will investigate the psychological effects of the lockdown on both students and

judges, to compete in Abbie O'Sullivan & Keira Geaney with their project "My Carbon Buddy"

teachers. This is an interesting and important investigation in the current climate.

It is a great achievement to be one of the 550 selected projects. As there were over 1400 applications, this is a true testament to their unique concept and dedication as young scientists!





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'm very surprised by the criticism that's being levelled at the Leaving Cert exam when one considers the shambles that unfolded during the Covid -19 period. If anything, the past two years has demonstrated how difficult it is to come up with a more appropriate measure of achievement at the end of Senior Cycle. The National Council for Curriculum and Assessment (NCCA) is due to publish a report which will outline the options for a revamp of senior cycle, both in terms of curriculum and assessment.

The traditional Leaving Cert exam is not perfect but in comparison to the shambles of calculated and accredited grades during the past two exams, it's a perfectly oiled machine. When it comes to assessment, a test of achievement can't be replaced by an estimate of ability. The unprecedented grades inflation in the 2021 Leaving cert exam proves that standardisation goes out the window when the checks and balances are ignored. Expecting teachers to assess their own students in a state exam is akin to asking a team coach to referee the game in which her/his players are participating. It's very difficult not to favour your own and, of course, internal assessment skews the relationship between teacher and student. The teacher goes from student advocate to student assessor.

In terms of assessment, the Leaving Cert is a valid, reliable, impartial and fair psychometric instrument that has provided an accurate record of achievement for almost 100 years. While the terminal exam at the end of the two-year study period is important, there is considerable weighting attached to the project work, course work, practical work and oral work undertaken en route. These multiple-assessment tools enrich the learning experience of Leaving Cert students and made them less dependent on the June terminal exam. It's likely that the NCCA report will recommend the use of more assessment methodologies in the Leaving Cert exam and that part of the terminal exam Minister Harris must surely be aware that sex

should take place at the end of Fifth Year.

The Leaving Cert curriculum has undergone regular reviews and updates since it was first introduced in 1925. Students now have a choice of the traditional Leaving Cert, the Leaving Cert Vocational Program (LCVP) and the Leaving Cert Applied (LCA). The choices of subjects and the levels at which candidates can sit the subjects caters for a comprehensive range of abilities. In recent years subjects like Religion Politics, Physical Education, Computer Science, Technology and world languages have been introduced to acknowledged the new multi-cultural Ireland. All subjects have progressed from the 'chalk and talk' approach to more interactive learning, lab work, practical work and modern teaching methodologies.

Most importantly, the formal Leaving Cert curriculum is complimented by extra-curricular activities like sport, debating, leadership activities, mini-companies, school bank, etc., which develop soft skills like team work, self-discipline, time management, decision making, initiative, loyalty, work ethic and selfconfidence in the students.

In my career in vocational and adolescent counselling, I am consistently impressed by the ability of young people to make good career choices and to take on life's many challenges. Year after year, the Leaving Cert cohort go on to excel in further and higher education and make a significant contribution in the world of work. The claim by Minister Harris that students are leaving school without sex education, digital skills, financial literary and climate knowledge would surely be dismissed as 'Blah, Blah, Blah' by someone like Greta Thunberg. All of these societal issues and many more, are entwined in the second level exam and nonexam curriculum.

education is alive and well in subjects like biology, religion, social & personal education and in the discussions of teenagers, who are full of the joys of life. Sex education is primarily a function of parents. Schools do their share against the background of the school's ethos and religious denomination. Teenagers are aware of their own physical and emotional development during adolescence. The vast majority progress seamlessly through this transition from childhood through adulthood. They go on to participate in the joyful experience of relationship building leading to friendship, love and commitment. This is an experiential journey which can't be taught in isolation by a graphic overhead in a classroom, despite what Minister Harris might say.

CHECKLIST

- · CAO online application facility opened on 5th November
- · Apply online by 17.00 on 20th January at discount fee of €30
- Normal closing date for CAO applications is 17.00 on 1st February
- · CAO does accept applications for further education courses or apprenticeships
- · CAO has provided links to Further Ed. &Training or Apprenticeship options
- Click on APPLY to access the application form
- Use the online demo application to become familiar with the application form
- · Make good use of the next few months for course research
- Higher Cert, Ordinary Degree, Honours Degree are Levels 6, 7 and 8, respectively

Billy Ryle is a Career Guidance Counsellor and **Educational Commentator** Email: rylebilly@gmail.com Tel: 0879808979

KCC GIRLS EXCEL IN STEM **PROGRAMME**

KCC Transition Year girls were offered an unbelievable opportunity through Maynooth University and MTU to participate in a Level 6 accredited STEM programme. The programme is aimed at girls in a bid to promote female careers in what has become male dominated careers in jobs such as engineering and computer science.

Ms.O'Riordan, the Student Wellbeing Coordinaror with the help of Maynooth University and MTU organised for the girls to attend 3 STEM course days which take place in the rdihub in Killorglin. Completion of the programme grants these girls an impressive 50 points towards a STEM programme in Maynooth University or the MTU in addition to the points they will achieve in their Leaving Certificate Exam. The event provided a fantastic educational experience for these girls.





THE ALL-NEW CANNONBALL 4X4 CONVOY IS HEADING FOR KILLARNEY



ans of Cannonball, the action-packed supercar spectacle is heading for Kerry and will be based in Killarney.

The event has always been a firm favourite in Kerry for spectators and Kerry is always a firm favourite for the drivers and organisers of the event. Now Cannonball is coming back to Kerry with the all new 4x4 event which will be based at the Great Southern Hotel in Killarney from November 19th – 21st 2021 arriving at approximately 5.30pm on both evenings.

Car enthusiasts will get to see a Bentley Bentayga E-Hybrid and a Bentley Bentayga First Edition, a Porsche Cayenne E-Hybrid, 2 Range Rover SVRs, 3 Range Rover Sport P400, a Land Rover Defender 90, a Ford Ranger, a BMW X5 M-Sport, a Land Rover Defender 110, a Mercedes-Benz GLE and many more. The 4x4 Cannonball road-trip is fully compliant with government COVID-19 guidelines and is an outdoor event. Any car enthusiasts wishing to come out to see the cars on the route are asked to please adhere to the advice of the Cannonball COVID-19 marshals and maintain social distancing.

This year all Cannonball events are raising funds for The HOPE Foundation, an Irish Charity doing incredible work with the street children of Kolkata (formerly Calcutta) in India HOPE funds and operates over 60 projects including 11 child protection homes, a hospital, an ambulance, counselling, food and nutrition, education, healthcare and the restoration of childhoods to children. Cannonball has already raised €1,250,000 for charities and has been rolling since 2009.

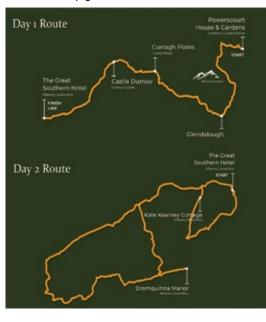
The road trip begins at 10am from Powerscourt Hotel in Wicklow on

November 19th and takes in the last of Wicklow's magnificent Autumn majesty in Enniskerry, Sally Gap, Glendalough and Hollywood. The newly restored Castle Durrow Country House Hotel in Laois is the first stop for lunch – a jewel of the midlands. Atter lunch, the convoy will drive southbound to the luxurious Great Southern Hotel in Killarney for 2 nights from where they will explore the Ring of Kerry, Dromquinna Manor, The Black Valley, Gap of Dunloe and finally Killarney National Park. and the many treasures of the Kingdom County.

In recent years, manufacturers have committed to countering the 'gas-guzzler' image of large SUVs. With diesel falling out of favour with new car buyers, brands have turned to hybridisation and battery-electric power to reduce emissions and running costs – often with impressive results. Favoured for their rugged good looks and the confidence they inspire on the road, thanks to their raised driving position and perceived safety, large SUVs and 4x4 cars have become very popular in Ireland. Combine this with the thrill of wild, rugged landscapes, breath-taking cross-country and mountain drives, luxurious manor hotels and sumptuous dining as autumn bequeaths her most vibrant hues ... and perhaps you have a bucket list adventure.

In true Cannonball style, this road-trip goes the extra mile with wonders

at every including a bagpiper on a bridge, falconer at breakfast that and rare 'camaraderie' that makes all Cannonball road-trips truly unforgettable experiences. The headline sponsor of the Cannonball 4x4 road-trip is 4x4 Vehicle Hire Ireland. The event is also sponsored by Karl Goodwin Motors and Majestic Ireland, new company offering tailor made luxury road-trips and corporate



CASTLEISLAND COMMUNITY COLLEGE RESPONDS TO

CHRISTMAS SHOE BOX APPEAL

he annual Christmas Team Hope Shoe Box Appeal took place this year following its cancellation last Christmas. The students from the school responded with great enthusiasm to this very worthy cause. The Shoe Box Appeal was incorporated into CSPE classes in third year and it was part of their CBA (classroom based assessment). Some third years under the supervision of Ms Steinborn organised a cake sale which raised over €400! Other third year students along with the rest of the school cohort made up shoe boxes for the various age groups. Ms Killington co-ordinates the project every year and adds an extra dimension to the cause having worked with the Team Hope charity in Mozambique. She relays to the students what she witnessed herself regarding the lives of the children who receive these shoe boxes. She commented 'Every year I am so proud of our students who give so generously to this very worthy cause. The spirit of Christmas is alive and kicking in our school! Nollaig faoi shéan agus faoi mhaise!'





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he Connected Four, YSI group at Killarney Community College are continuing their campaign with the help of VIRGIN MEDIA IRELAND.

On Wednesday 3rd November, the nine 5th Year students from The Connected Four YSI group, who won the overall Young Social Innovators Social Media Award and recieved Highly Commended for the Digital Innovators Award sponsored by Virgin Media back in May, had an amazing opportunity to meet with representatives from the campaign production and management of Virgin Media Ireland to work on their next steps for their project to raise awareness about Autism, ADHD, Dyslexia and Dyspraxia.

Virgin Media contacted Ms. Crowley and The Connected Four to offer support for the team to reach their goals going forward. The Connected Four have written a book and are developing an activity programme for primary school students and for use in other settings for example summer camps, etc. The students main aim is to make learning about these conditions almost second nature and not just that, but for the children to have fun while they do it, by seeing our program, they will become more accepting of everyone without even realising it. The Connected Four want to prevent bullying and increase acceptance, whether or not we get recognition, so we see this as the best way to impact the youths in our local community and eventually nationwide,

through this free, helpful and easily accessible, activity program.

Virgin Media want to give the students the resources and expertise to complete these initiatives. They have offered the 5th year students to take part in a Hackaton Event in January where they will partner with more representatives from the company to build on their ideas. Students have access to all areas and departments of Virgin Media Ireland to create their activity programme and continue their campaign. They have links with the Parents Council of Ireland and Department of Education to promote the students activity programme.

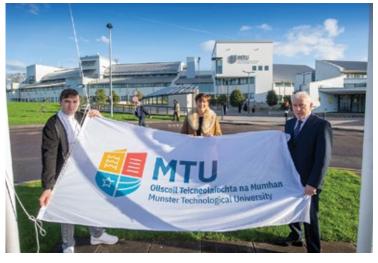
Virgin Media are also going to include The Connected Four in their monthly Enewsletter that goes out to 220k customers.

Ms. Lorraine Crowley said "the Virgin Media team were so impressed with our amazing group of students, stating how eloquent and professional their presentation was and offered support from expertise and leaders from Virgin Media to achieve their goals. What an outstanding opportunity for this group of young people to get their word across the country"

The nine students involved are Rachel Griffin, Luke O'Sullivan, Amy O' Donoghue, Keelyn O' Leary, Lulu Healy, Lauren Fleming, Jack O' Connell, Eva Ryan Lynch and Ekaterina Gaeva and we are so proud of this group of young people making such a change in our community.



Nora Fitzgerald Gneevequilla congratulates her grandson Mike Dennehy after East Kerry defeated Mid Kerry in Minor Championshiip at Fitzgerald Stadium recently.



The MTU held a flag raising ceremony this week with Education Minister Norma Foley TD . in attendance. Aslso pictured were Left Chriss Clifford Students Union Presodent Kerry Campus and Jimmy Deenihan Chair of the MTU Governing Body. A hybrid flag raising ceremony took place at Munster Technological University campuses in Kerry and Cork. The ceremony took place simultaneously at MTU Kerry North Campus

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DONAL MAKES THE SHORTLIST OF

NEW LOCAL HERO AWARD

illarney singer/songwriter Donal Lucey has made it into the shortlist of twenty-five artists for the A New Local Hero award.

Donal, from Muckross Road is Radio Kerry's nominee Donal Lucey and he is included in the austere group of up-and-coming Irish artists in with the opportunity to win the overall prize.

The twenty-year-old singer-songwriter, is the son of Danny and Joan Lucey and is studying music full time in the Cork School of Music. His musical frame of reference is diverse: he has been heavily influenced by modern singer-songwriters like Ed Sheeran and Dermot Kennedy; by hip-hop artists Eminem and Jay-Z; and by indie rockers like Bon Iver and The Lumineers. If he can bring it all together, the world will surely swoon. A New Local Hero is a feature of Irish Music Month – a month-long programming initiative for the month of October, which saw Hot Press join forces with 25 radio stations all over Ireland, who are members of the IBI (Independent Broadcasters of Ireland), to support Irish music and Irish musicians. Irish Music Month is supported by XL Retail Group as well as the BAI through its Sound & Vision scheme, MCD Productions, IMRO, RAAP and XMusic.

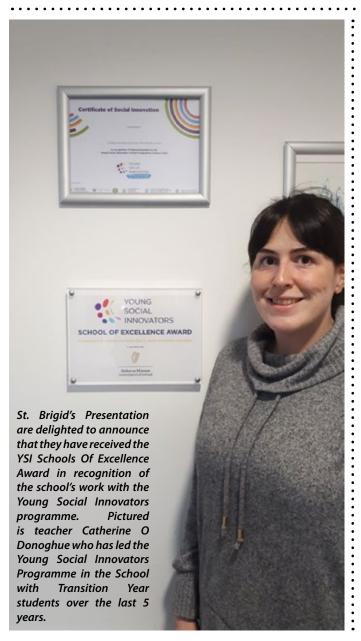
"The calibre of the artists is brilliant," Hot Press editor Niall Stokes says, "the 25 songs really enraptured everyone and Donal is a real contender for what is a fantastic overall prize, so the judges have a tough job on their hands to select Ireland's overall Local Hero!"

Now, the judging will get even more intense as the 25 is reduced to five – who will play the Academy, in Dublin, on November 18th – on a showcase night, at which the recipient of the A New Local Hero 2021 award will be revealed.

The showcase event on November 18th will be

broadcast subsequently by all 25 stations, including Radio Kerry, and on the night A New Local Hero will be announced to benefit from a special bursary. There and then, the act will be launched onto another level in their career level, and will receive:

- €5,000 in cash
- €5,000 worth of gear from XMusic
- The release of a single through the renowned Rubyworks record label.
- A guaranteed 30 plays on all 25 stations, adding up to a minimum of 750 in all
- National exposure via an interview in Hot Press
- A full PR campaign around the release of the single



MAIRÉAD'S POEM INCLUDED IN NEW ANTHOLOGY

A poem penned following a funeral in the rain will be included in a new anthology of poetery which will be published next week.

Killarney writer Mairéad O Sullivan was thrilled to hear that her poem 'Graveside Rain. May 2021' is to be included in 'Local Wonders', an anthology of poems concerning our engagement with our surroundings, published by Dedalus Press and edited by Pat Boran.

'I'm very excited to be included in

this publication among so many brilliant poets, including Paula Meehan and Gabriel Rosenstock. My poem was inspired by the torrential rain at the funeral of my uncle, and how rain can be seen as a positive force, especially in agriculture, and my uncle was a farmer.

It's an idea I'm interested academically well. I have an MA in Anthropology and Development from Maynooth University and I did my thesis on food and agriculture, focusing particularly on conversations current around conservation, sustainability,

locality, and how people engage with these ideas.

That said, poems have an emotional impulse, and I think I had to make the rain make sense. I felt it couldn't rain that much for no reason, especially at a funeral. It's a way of looking at the world, I suppose, and trying to pay your respects in the way that you can.'

'Local Wonders' is out on the 17th November and is available from dedaluspress.com and bookshops.





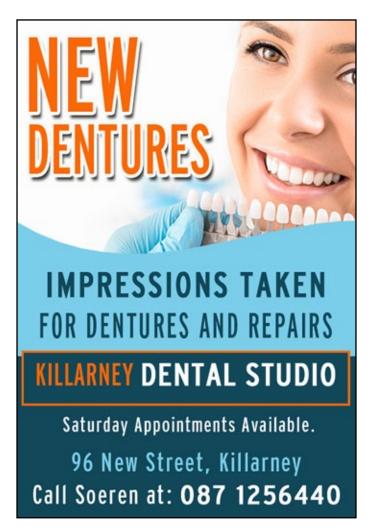
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There are phenomenal supports available for new enterprises through both South Kerry Development Partnership CLG (SKDP) and the Department of Employment Affairs and Social Protection (DEASP) to give them every chance to succeed. This was the key message for potential new business owners at a showcase event for enterprises set up under the Back to Work Enterprise Allowance Scheme that took place in Killarney last week. It was the first in person promotional event to be held since the COVID crisis started.

Speaking at the event, Owen MacMahon of Weasel Party Hire said that the Back to Work Scheme was a phenomenal support to him and he feels he used the

supports very wisely over the 2 years he was on it. He said he used each and every one of the supports offered to him. "I would advise all start-ups to support each other at events such as this, exchange details, learn from each other and do business with each other" Owen said.

Among the elements of advice Owen offered for others thinking of starting a new business was to get into good habits from the beginning by getting a good accountant and keeping excellent paperwork. He said that it was worth taking time to make goals, monthly, bi-annually and yearly goals. Owen added that new businesses should make a plan for the first two years and he encouraged them to plough as much money as



SOUTH KERRY DEVELOPMENT PARTNERSHIP LTD. possible back into the business and it would pay off. Owen also advised new business owners to take time to research other ideas that you could add into your business to add value and reach other to similar businesses to ask them how this idea worked for them – especially if they are not in your area and not competitors!!!!

Michael Kenneally of the DEASP pointed out to those present that in addition to their weekly payment, start-up businesses could also get financial support with the costs of setting up the business through the Enterprise Support Grant scheme. Elements that are covered this scheme include capital outlays, insurance costs and accountancy costs however a person

has to be approved for the Back to Work Enterprise Allowance scheme. Enterprise Officer with SKDP Joanne Griffin added that in addition to the supports available through DEASP, SKDP can also provide additional support to start ups in the form of mentoring and training supports in the form of marketing, taxation workshops and entrepreneur mindSet workshops.

Anyone interested in starting their own business and who is currently in receipt of a social welfare payment should contact Joanne Griffin in the SKDP Killorglin Office on 066 9761615 or Clare O'Shea in the SKDP Cahersiveen Office on 066 9472724 for further information.

READY, STEADY, GROW

LAST CHANCE FOR KERRY'S FOOD AND DRINK START-UPS TO

APPLY FOR FOOD WORKS 2022 PROGRAMME

The closing date is fast approaching for applications for Food Works, the highly successful tri-agency initiative run by Bord Bia, Enterprise Ireland and Teagasc for innovative and export driven food and drink start-ups. Participants wanting to follow in the footsteps of thriving food and drink companies as Nobó, Wicklow Wolf and Fiid, have until 3rd December to apply.

The collaborative food and drink entrepreneurship programme is designed for rising stars to help them transform from a start-up to an investor-ready company, with a focus on scaling internationally. Over 100 companies have successfully completed the unique programme since it began in 2012.

The initiative, now in its tenth year, includes workshops with national and international industry experts across disciplines such as strategy, finance, product development and marketing. Participants are also eligible to apply for

closing date is fast feasibility grant funding of up roaching for applications for to €35,000 through Enterprise dworks, the highly successful Ireland.

Gillian Willis, Small Business Development Manager, Bord Bia says "We encourage applications from any ambitious, innovative food and drink start-up with the potential to export. Food Works has a successful track record in supporting Irish start-ups to succeed at home and abroad and can support and assist you to achieve your ambitions. The programme also showcases the pipeline of unique, high quality Irish food and drink products that have the potential to achieve export success."

The closing date for applications for the 2022 programme is 3rd December 2021. Full details and an application form are available at FoodWorksIreland.ie

L-R Owen Madden, Beth-Ann Smith, Ken Madden (The Lismore Food Company)









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GOOD NEWS FOR RESIDENTS IN LISTRY

AS IRISH WATER BEGIN WORKS

Residents in Listry can expect significant improvements in water supply as Irish Water and Kerry County Council begin works to improve water supplies in the area. Irish Water, working in partnership with Kerry County Council, is replacing problematic Listry to provide more reliable water supplies and tackle high levels of leakage in these areas.

The old, problematic pipes are being decommissioned and replaced and works will commence in each area in early November and are expected to be complete by the end of January. (Revised date for completion of

works from mid-December to the end of January.)

In Listry, 2,000m of mains will be replaced. The works will take place along the Milltown to Aghadoe Road (R563) commencing at Faha National School and continuing 2km north to the junction heading west towards Listry Catholic Church.



The works will involve laying new water service connections from the public water main in the road to customers' property boundaries and connecting it to the customers' water supply. Where the existing service connections on the public side are lead, these will be replaced as part of this improvement work.

Works are part of Irish Water's national Leakage Reduction Programme, which will see €500m invested nationally to tackle problematic pipes and leakage in Ireland's ageing water network.

Areas of work will be limited to short sections to minimise impact and disruption to

commuters. Traffic management will be in place during this time. Local and emergency traffic will be maintained at all times.

Some short-term water shut offs may be required and the project team will ensure that customers are given a minimum of 48 hours notice prior to any planned water shut offs.

GLENFLESK STUDENTS SEND boxes of hope

enerous students at Glenflesk NS decided to take part in the Team Hope Shoe Box appeal and this week their boxes are heading on a journey that will mean the world to boys and girls in war-torn and famine ridden countries.

Team Hope's Christmas Shoebox Appeal is an annual campaign that delivers gifts straight into the hands of children affected by poverty. Often these shoebox gifts are the only gift that a child will receive at Christmas and the joy that they bring is incredible. Since 2010, over 2.1 million Shoebox gifts to Vulnerable Children across the world. took part in the Team Hope shoebox appeal.



Senior students at Glenflesk NS pictured with their schoolboxes.



ANY NEWS?

Contact: Aisling Crosbie

T: 086-0400958 | E: news@outlookmags.com





schoolboxes.







The Skinny Baker

Denis Kelleher (theskinny. Baker) is living Rathmore and began baking when he was 12 years old. You can follow Denis on Facebook and Instagram @theskinny. baker for lots more recipes



STRAWBERRY JAM DROP **COOKIES**

Ingredients

- 140g caster sugar
- 160g butter
- 1 egg
- 1 teaspoon of vanilla extract
- 280g plain flour
- 1 teaspoon baking powder
- Pinch of salt
- Icing sugar

Method

Pre heat the oven at 170 fan

- 1. Mix the butter and sugar until smooth
- 2. Add in the egg and vanilla and mix together
- 3. Sift in the flour, baking powder and salt and mix together
- 4. Spoon out a large tablespoon of dough roll into a ball, place on a baking tray with parchment paper
- 5. Dip your thumb into flour and push into the centre of the dough
- 6. Spoon some strawberry jam, don't over fill with the jam
- 7. Place in a pre heated oven @170 fan for 14 minutes, this recipe make about 24 cookies 8. Leave to cool then dust with icing sugar If u don't want to use jam you can use peanut butter, Nutella, chocolate chips



with Killarney Outlook



SPICY AUBERGINE BALTI

Ingredients

1 medium sized aubergine

2 tbsp oil

1 tsp cumin seeds

½ tsp ground coriander

½ tsp ground turmeric

½ tsp chilli powder

½ tsp salt

1 onion chopped

3 cloves garlic crushed

1 thumb size piece of ginger grated

1 green chilli finely chopped

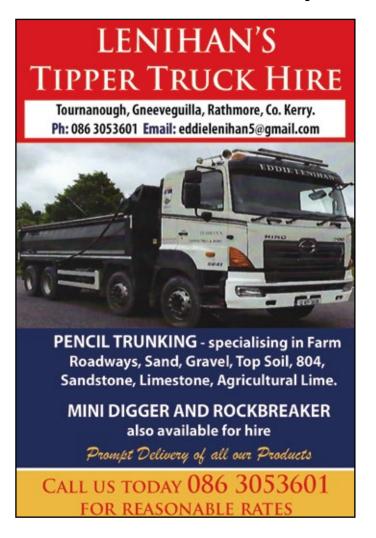
2 tomatoes diced

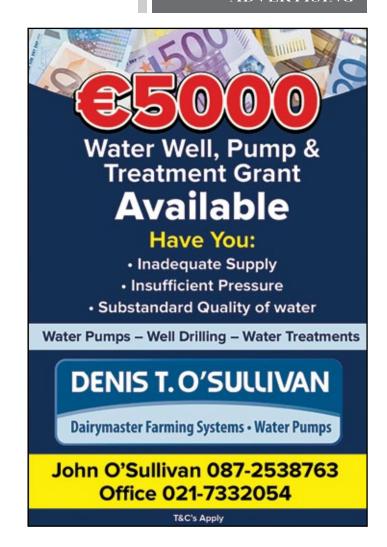
1 cup of frozen peas

In a baking tray put your aubergine which you brush with a tablespoon of oil and bake in a hot oven for 35 minutes. Take from oven and cut in half and remove pulp from the skin and cut it into bite size pieces. Discard the skin of the aubergine. Set aside until needed. Put a tbsp oil in a pan and add the cumin seeds heat on high until seeds start to brown. Add the onion and fry for about 4-5 minutes until brown then stir in the rest of the spices, garlic, chilli and ginger fry for another minute and then add the diced tomatoes. Stir for a few minutes then add the aubergines and peas fry for another 5 minutes or so. Add the salt and stir and you are ready to go. I served this with a little basmati rice makes a quick, tasty and easy midweek meal.



If you like my vegan recipes I would be delighted if you would join me on my Instagram @vegan_shares hope to see you there. Sarah







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MINISTER FOLEY WELCOMES OVER €250,000 IN CLÁR FUNDING FOR 6 KERRY COMMUNITY GROUPS

Minster for Education and Kerry TD Norma Foley welcomes the announcement of €257,950 in funding for six Kerry organisations under the CLÁR programme.

The funding is part of a new Innovation Measure designed to support communities in delivering projects that assist with issues such as rural isolation, population decline and social disadvantage.

The six Kerry organisations to receive funding are:

Baile Mhuire Day Care will receive €50,000 to develop an app designed to create an informative and supportive hub for current service users.

Living Iveragh DAC with SMARTlab Skelligs will receive €50,000 to develop a Research and Development Innovation Centre of Excellence focused on STEAM, Design Thinking, Leadership and Youth-led Innovation through practical training in design and regular youth innovation cafes.

The Kerry Diocesan Youth Service (KDYS), Cahersiveen Social Services and the University of Limerick will receive €50,000 for an initiative to address IT poverty among older residents in South Kerry.

Mid Kerry Tourism Cluster (Including Reeks District) will receive €28,500 to develop digital infrastructure and marketing.



Tuaithe agus Pobail Department of Rural and Community Development

An Roinn Forbartha

Tureencahill Community

Group will receive €29,450 to transform a handball alley into an outdoor performance area and to develop a needs analysis for the area for medium to long term planning.

Smashing Times International Centre for the Arts and Equality will receive €50,000 to establish an arts-based equality, rights and diversity programme with schools and communities.

Minister Foley said: "This is welcome funding that will ensure that six forward thinking community groups and organisations can continue to use pioneering technology and innovation to provide excellent care, inclusive initiatives and vital services to the people of Kerry."

CALL FOR RING OF KERRY IMPROVEMENTS

Fianna Fáil Councillor, Michael Cahill, hopes that the Minister for Transport, Eamon Ryan's recent claim in the Dáil, that the Ring of Kerry can hardly be called a main road, would indicate that he and his Department would look favourably on an application from Kerry County Council, for substantial funding to make the route suitable for the volumes of traffic it welcomes every year.

"There is no real road margin. There are tight bridges and bends on occasion" said Minister Ryan.

"He said, in particular, the section from Killorglin to Glenbeigh is not comfortable" said Councillor Cahill, Deputy Mayor of Kerry County Council and Cathaoirleach of Kenmare Municipal District.

"Now would appear to be the time for Kerry County Council to bring forward a comprehensive application for funding to invest in the Ring of Kerry road and bring it up to an acceptable level to cope with the volumes of traffic travelling on it" said the Rossbeigh based Councillor.

"I have already said that the Ring of Kerry is the 'Golden Goose' of Irish and Kerry tourism, funding as befits its usage and importance to the economy. Minister Ryan's knowledge of the route from a tourism perspective, should mean that he understands its importance and it's requirements" said Councillor Cahill.

"Already this year, I brought a delegation to a Kerry County Council meeting highlighting improvements required, including an annual hedge cutting programme of works on the route. This is the premier tourist road of the whole country with attractions like the Kerry Way, Rossbeigh, Valentia, Sneem, Dark Skies, Skellig Michael, the Skellig Ring and the Lakes of Killarney, to name but a few and it requires a modern road surface with enough width for large vehicles, buses and trucks to meet safely" stated Councillor Cahill.

"This is now more important that ever before with the new Two Way Ring of Kerry, Hop On Hop Off Bus service (minimum of 5 Buses both ways) coming on stream early in the new year and please God, the long awaited South Kerry Greenway" added Councillor Cahill.



FUNDING NEEDED FOR HARDSHIP AND EMERGENCY SCHEME FOR PRIVATE ROADS



Fianna Fáil Councillor, Michael Cahill, has called on Kerry County Council to initiate a Hardship and Emergency Scheme to repair some private roads, known as Local Improvement Schemes that are presently in a shocking state of repair, where people confined to wheelchairs and with serious health issues are confined, and inaccessible to Doctors, Public Health Nurses or Emergency Vehicles.

"There are a number of people in such circumstances and I have called for funding and a specific Scheme to be provided to alleviate the current circumstances that these people find themselves in, as a matter of extreme urgency" stated the Deputy Mayor of Kerry County Council and Cathaoirleach of Kenmare Municipal District.

"I am happy to announce that following my request, Kerry County Council has confirmed that they will bring a proposal forward, proportionate to the overall allocation, prior to the 2022 Local Improvement Scheme programme commencement" stated Councillor Cahill.

"I am aware of a number of very difficult cases in South Kerry. In one such case a nurse drives down from a Dublin Hospital every week to a very remote part of the county to administer a life saving drug. In this particular case, she has advised the patient and his family that she will no longer be able to do this due to the shocking condition of the road. You have other cases whereby patients who are living at home and who are undergoing major cancer treatment living on roads that are in an appalling condition. Doctors, Nurses, Carers, Home Helps and Public Health Nurses are now stating that they will not travel these roads anymore, as their cars are destroyed. You also have other cases whereby you have patients who are confined to wheelchairs and who can not travel outside the door of their homes due to the dreadful condition of the road" stated the Fianna Fáil man.

"Such a scheme would be proposed to address the most essential cases and would get rid of the severe anxiety caused to patients, their families and the Frontline staff



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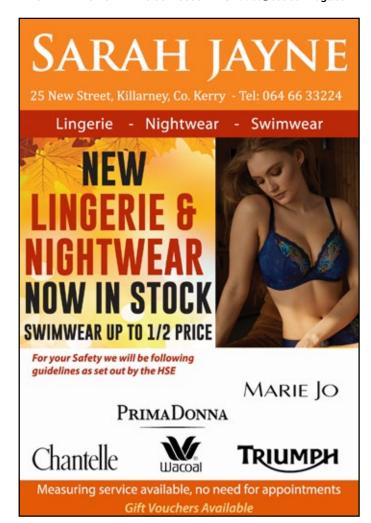
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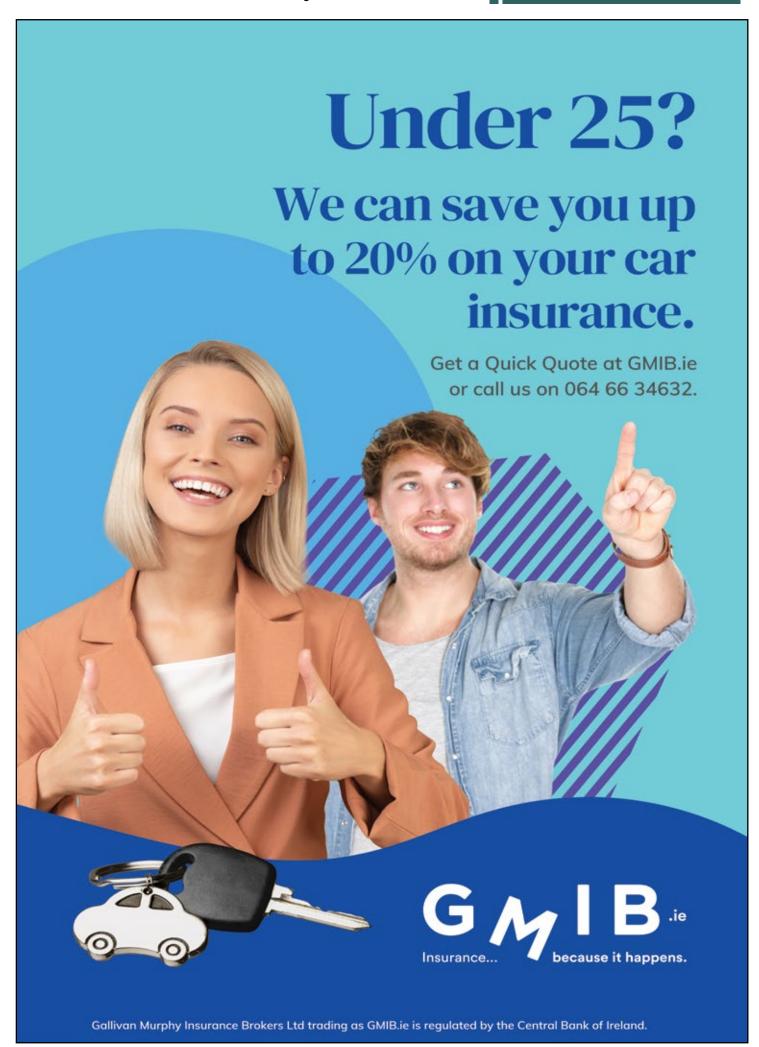












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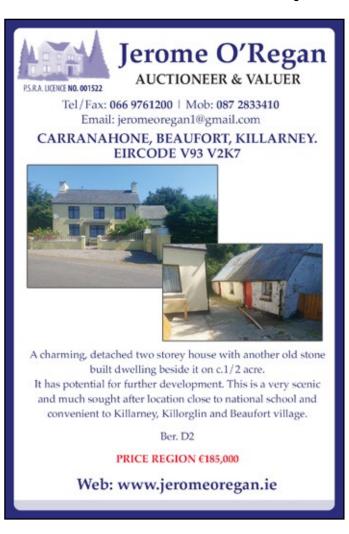
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MUCKROSS ROWING CLUB

CASTLECONNELL HOR

Once again, mother nature was not on the side of Castleconnell Boat Club in Limerick, whose hopes for a rescheduled Head Of the River on Saturday last were dashed by bad weather which forced the event's cancellation at the second attempt. It was particularly bad luck for the organisers as the weekend gave way to ideal rowing conditions on Sunday.

SKIBBEREEN HOR

Best of luck to all our crews competing in the Skibbereen Head Of the River at the Marina, Cork this Saturday. Muckross will be the largest club by number of crews with 51 crew entries. The 3km time trial is set to run from 9.30am to 3.30pm.

MUCKROSS HOR

The Muckross Head Of the River is scheduled for Saturday, December 4 at the National Rowing Centre in Cork.

ROWING IRELAND TRIALS 2021/22

Following the outstanding success of Irish rowing at the Tokyo Olympics, the selection process for the Irish squad of 2022 is now underway. Following initial ergometer testing in October, selected athletes have been invited to the first round of water trials to be held on the weekend of November 20-21. Our congratulations to Ethan O'Neill and Caoimhe O'Sullivan, who are among the U23 invitees and also to Niamh Coffey competing with UL RC who is among the Lightweight U23 triallists.

KILLARNEY RFC NEWS

MINIS HOST KILLORGLIN

Last Saturday our Minis hosted Killorglin RFC at Aghadoe for matches at all ages. Aghadoe was a buzzing as over 150 children played fantastic rugby, did their clubs very proud and most of all had fun. Thanks to Killorglin for travelling over and joining us. Thanks to our fantastic players and coaches as well as our awesome hospitality crew for looking after everyone on the day. Training continues this Saturday at Aghadoe from 10am. New players always welcome - contact Liam on 087-4145662.

LITTLE FAWNS

Killarney RFC has launched our Little Fawns programme aimed at younger children aged 4-6 years of age who would like to learn to play non contact rugby, have fun and make



Killarney Rugby Club u14 girls who played and won their first league game at the weekend.

new friends. Last Saturday was our first day and we were thrilled with the turnout. We have wonderful coaches who look after our youngest players and ensure the session is fun. Pop along to Aghadoe this Saturday at 10 to check it out or give Liam a bell on 087-4145662.

U14 GIRLS WIN LEAGUE OPENER

Last Saturday our U14 Girls had their first League match away to what proved a very strong Clonakilty team. After a nervous start Killarney found their feet and got stuck in . What a game it was! The teams were evenly matched and the scores came thick and fast with both teams taking turns in getting tries including some wonderful individual scores. Each team gave it their all, they tackled furiously and defended bravely. Killarney were determined not to lose and pushed on to win the match 52-43. A big thank you to TJ Brosnan our coach for all the training and motivation and to Team Manager and coach Fiona Landers for looking after the girls. Many thanks to the families and who travelled the long journey to see the girls play what was an exciting and most entertaining game. Finally, many thanks to Clonakilty RFC for having us.

RESULTS

U14 Red won 22-7 V Killorglin U14 girls won 52-43 V Clonakilty Green U16 won 8-5 V Castleisland Seniors match was postponed

FIXTURES

U14 Black away to Listowel Sat @ 12 U16 host Killorglin at home, Sat @ 12:30 U18 Girls travel to Waterpark for Blitz on Sat.

KILLARNEY VALLEY ATHLETIC

The Munster B Cross Country Juvenile Championship was on last Sunday in Castlelyons, Co. Cork. Ted O'Gorman came 1st in U17 Boys. Karl O'Neill got a podium 5th place while Derek O'Gorman was 20th in the U15 Boys. Ciara Forde came 20th in the U13 Girls out of 94 competitors and Ciara was 3rd scorer for the Kerry team who finished 4th. Huge Congrats and well done to all.

A huge congratulations to KVAC athlete Tony Harty who broke the Killarney House Parkrun course record with a time of 15.47 last Saturday. Email killarneyvalleyac@gmail.com for any queries.

Please keep an eye on your emails and also check our facebook/instagram page for any updated information on training.

FAMILY HOLIDAYS

By Nicky Barry

There comes a time in family life, when young fellas reach an age,
When they refuse to travel, with their folks on holidays.

They've had enough of all that stuff, from building beach sand castles,
To traipsing round museums, art galleries, and round towers.

Mam and Dad are disappointed, when they refuse to go,
Recalling all those happy holidays, they had long ago.
But kids become teenagers, for they are growing up,
Most of them are reasonable, but some become young pups.

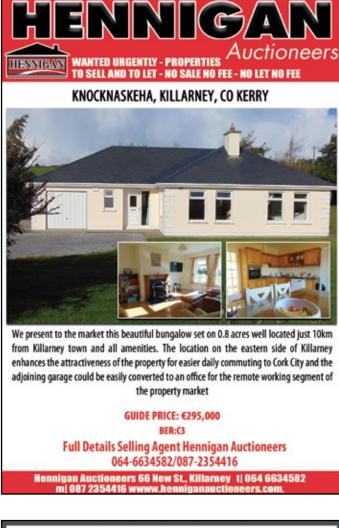
They now want to travel with their friends, to some place abroad,
To assert their independence, drink a lot, and act the cod.
Mam and Dad are worried, and reluctantly agree,
Hoping they don't end up in jail, in Greece or Italy.

They lounge around the pool all day, eyeing buxom lassies,

And meet them later at a disco, where they take their chances.
They have their first hang-overs, and swear never again,
Until the next night, when they do it all again.
Recently I heard a family, outside Muckross House debating,
For the Dad wanted to go in, but the kids were hesitating.
Dad said it was historic, for Queen Victoria once slept there,
But they had no wish to see her bed, for they just didn't care!







MONEY MATTERS

By Dermot Cronin, Financial Advisor



USING YOUR PENSION TO PAY LESS TAX:

Pension contributions can provide a way of paying substantially less income tax. Up to Revenue Limits, contributions to a pension qualify for relief from income tax. This effectively means that, where the higher rate of income tax is 40% and you are a higher rate taxpayer, a €100 contribution to a pension will only have a net cost to you of €60 (had you not made the contribution, the other €40 would have gone to the government as income tax).

Pensions carry another tax benefit: they grow free of tax, unlike deposit accounts in Banks etc (which are generally subject to tax on interest in the form of DIRT Tax) or investment in property or shares (where rent or dividends could be liable to income tax and gains in value are subject to Capital Gains Tax).

When your pension benefits are drawn down, a Retirement Lump Sum of normally 25% of the value of your pension can usually be taken completely free of tax. The rest of the benefit, is usually taken in the form of a retirement fund or a pension for life, is taxable. However many people will find themselves paying much less tax in retirement than when they were working and making pension contributions, and so will often pay very little tax on their pension income when they retire.

If you have any gueries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@ amail.com



The new BMW iX3 coming soon to Ahern's Castleisland

- Refreshed exterior design, with hints of the BMW iX and BMW i4
- Enhanced levels of standard equipment, adding M Sport Package as standard
- BMW iX3 retail customers benefit from a year of BMW Charging packages without subscription fee
- Pricing from £59,730 OTR for the BMW iX3 M Sport, with the customer deliveries from December 2021.

ow with a more visually striking appearance, the new BMW iX3 has undergone an exterior design refresh and introduced the M Sport Package as standard in Ireland, further enhancing the already high specification.

The BMW kidney grille is now larger than before and has a single-piece frame which comes in Pearl-effect Chrome with a blue accent - in familiar BMW i style along the inner edges, whilst the inner surfaces of the kidney grille elements have a mesh-like structure and feature a BMW i badge.

The headlight contours are now ten millimetres slimmer, helping to give the new BMW iX3 a sharper look and lending the front end a distinct similarity to that of the BMW iX and BMW i4.

The lower air intake, which comes with ten-stage active air flap control to cool the drive system components and brakes, has gained in size. The air curtains positioned at the outer edges of the front end are now L-shaped and have blue accents.

Air breathers in the front side panels also have a new M-specific design, while the blue accent in the side skirts is omitted. Muscular and aerodynamically optimised surfacing marks out the rear apron of the new BMW iX3. The outer elements of the rear diffuser are in BMW i Blue and the contours of the fully LED rear lights are marked out even more precisely by a black surround. The striking design at night is defined by the slim light graphic and new three-dimensional pincer-shaped contouring with delicately integrated, horizontal turn signal indicators.

BMW iX3 deploys BMW Group's fifth-generation eDrive technology including an innovative charging unit, which sends power to both the 400V battery and the 12V on-board power supply. When charging using alternating current, it enables both singlephase and three-phase charging at up to 11 kW. Plugging the vehicle into a direct current rapidcharging station opens the door to charging outputs of up to 150 kW, meaning the high-voltage battery can be charged from 0 to 80 per cent of its full capacity in 34 minutes. Drivers can inject the power required to add 100kms to the car's driving range (in the WLTP cycle) in just 10 minutes.

The gravimetric energy density of the 188 prismatic cells in the new BMW iX3 is around 20 per cent higher than that of the battery cells used in previous fullyelectric BMW Group vehicles. A gross energy content of 80 kWh – of which 74 kWh is utilised – and the high efficiency of the drive systems allow the BMW iX3 to offer a range of up to 450kms* (WLTP test cycle).

BMW iX3 M Sport or BMW iX3 M Sport Pro customers will have the choice of four exterior metallic body paint colours including Carbon Black, Mineral White, Phytonic Blue and Sophisto Grey. Black High Gloss exterior trim will be offered as standard alongside 19" Black aerodynamic wheels, automatic tailgate, adaptive suspension, heated steering wheel and panoramic sunroof completing the exterior look of the BMW iX3 M Sport.

Vernasca leather in a choice of four colours, Sensatec dashboard, sun protection glazing, ambient lighting and electric seats are offered as standard within the vehicle interior, enhancing comfort and style. Additional standard features include M Sport Package, wireless phone charging, heated front seats and the brand's very latest driver assistance technology, including Driving Assistant Professional,

Parking Assistant and BMW Live Cockpit Professional. For customers choosing the BMW iX3 M Sport Pro, additional standard features include BMW Head-up Display, Harman Kardon surround sound, Gesture Control, Parking Assistant Plus, darkened headlights, Automatic high beam assistant, Comfort access and Lumbar support. BMW IconicSounds Electric, developed in collaboration with Hans Zimmer,

completes the extensive offering.

BMW Charging

With the launch of BMW Charging in the UK, BMW iX3 customers have access to one of the world's largest public charging networks using just one RFID card or App. Using a single BMW Charging card or BMW Charing App, customers can charge at more than 11,000 charging points from different operators across the UK, as well as 173,000 charge points across Europe.

The BMW iX3 M Sport is available to order now from Ahern's Castleisland, with pricing from £59,730 on the road (OTR). The BMW iX3 M Sport Pro is offered from £62,730 OTR. The first customer deliveries will commence in Ireland from December 2021.

Paul Ahern Head of business Aherns BMW Castleisland said "We are delighted to welcome the new Electric BMW ix3 to Kerry

It is a big step in electro mobility for BMW and the first of three full electric cars we will launch this year with the i4 and iX Suv arriving before Christmas these cars are fantastic to drive

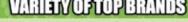
And BMW have also committed to still manufacture low emission petrol and Diesel engines into the future along with plug in hybrids so we have something to suit everyone '



TIPS ON DRIVING SAFELY IN FOG

- Use dipped headlights at all times along with wipers and demisters.
- Familiarise yourself with your front and rear fog lights know how to switch them on and off - and use them when appropriate.
- Don't rely on automatic lights they may not come on in fog
- · Beware of other drivers not using headlights. I Don't rely on Daytime Running Lights alone – they only light the front
- Only drive as fast as conditions allow and maintain a greater distance between you and the car in front. Follow a three-second rule.
- Tailing someone's rear lights can give a false sense of security and is dangerous.
- If the road has street lights on, then you probably don't need your fog lights
- Be able to stop within the distance you can see clearly this is particularly important on motorways and dual carriageways, as vehicles are travelling
- Don't accelerate to get away from a vehicle that is too close behind you.
- · Check your mirrors before you slow down. · At a junction with limited visibility, stop, wind down the window, and listen for traffic. When you are sure it is safe to emerge, do so positively and do not hesitate in a position that puts you directly in the path of approaching vehicles.





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TIME TO CHECK YOUR LIGHTS AS WINTER APPROACHES

riving a vehicle with defective lights is illegal, so it's important to check them regularly. Now that the days are shorter, why not brush up on your knowledge of how to use your car lights correctly. Firstly, under Irish law, all cars must have the following lights in working order:

- 1. Two headlights and two white sidelights at the front of the vehicle.
- 2. Four amber direction indicator lights two at the front and two at the back of the vehicle.
- 3. Four red lights at the back of the vehicle two tail lights and two brake lights - and two red reflectors. 4. One or two white reversing lights at the back of the
- vehicle.

5. Number plate lighting.

Before a journey, especially if you're driving a new or unfamiliar vehicle, make sure you know where the switches for each set of lights are, and which dashboard symbols show up when the lights are on. Check regularly that your lights are working: when a bulb goes, you must get it replaced immediately. When lights are only working on one side of a car, it can cause danger for other road users as they may mistake it for a motorbike at night. If you're on your own and want to check your brake lights, find a



parking space in front of a window, press your foot : on the brake and use your rear view mirror to see the reflection of the red brake lights in the glass.

Daytime Running Lights

Since February 2011 all cars manufactured in the EU have been fitted with DRLs (Daytime Running Lights). DRLs automatically omit light from the front of the vehicle once it starts moving. The white lights increase visibility in the daytime and improve road safety. They should not be relied upon at night-time or during lighting-up hours as they do not emit enough light.

If your vehicle was built before 2011 and doesn't have DRLs fitted, the RSA recommends that you use dipped headlights in daylight hours.

Headlights

Full headlights should be used when driving at night, except in the following circumstances. In a built-up or residential area with good street lighting, when driving behind another vehicle (i.e. you can see their red lights ahead), when stopped in traffic, when meeting an oncoming vehicle, in dense fog, heavy rain or snowfall and wherever they may distract or disrupt other road users eg. cyclists or pedestrians.

In the above cases, use dipped headlights. These should also be used at the beginning and end of lighting-up hours - that is, just after sunset and just before sunrise - and during daylight hours if your car isn't fitted with daytime running lights.

No headlights should be used while a car is parked. Parked cars should only light up with parking lights

Fog Lights

Fog lights are commonly misused by motorists. As the name suggests, they should only be used in dense fog or falling snow and you must switch them off when visibility improves. It's an offence to use fog lights in clear conditions as they can dazzle other drivers. The RSA states that you should only use fog lights if your visibility is less than 100 metres - i.e. you can't see approx. 25 car lengths ahead of you.

Fog lights are best used with dipped headlights. When visibility is significantly reduced, it's also a good idea to use your foot brake to slow down, so that your brake lights can alert the driver behind you.

Hazard Warning Lights

There are two main instances when hazard warning lights should be used. This includes if your car is stationary and obstructing traffic in some way or to warn a driver travelling behind you of an obstruction or hazard up ahead. Do not use hazard lights as an excuse for illegal parking.

Indicators

We've all seen the driver that indicates at the last second before making a turn - don't let that be you! Every time you change the direction of your vehicle, you must signify this with your indicator lights. Use indicators in good time, so that other road users can react - and don't forget to turn them off after you've made your manoeuvre. Also keep in mind that putting on your indicator doesn't give you the right of way: you must wait until there is a safe gap in traffic to make a turn or a change lanes.

This blog about using car lights is one of a series on safe driving and road use. You can check out our other post about where (not) to park here. You can also check out our post on how to use roundabouts here.







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1 Range data has been determined according to WLTP test procedure methodology (R (EC) No. 715/2007, R (EU) No. 2017/1151). Everyday use may differ

and is dependent on various factors. In particular: personal driving style, route characteristics, exterior temperature, heating/air conditioning, pre-conditioning.

2 At a DC fast charger (100kw). Reflects charging from empty. The charging time may vary according to the type and power of the charging station, the outside temperature at the charging point and the bottery temperature.



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DEERPARK PITCH & PUTT CLUB

SUNDAY DRAWS: Two-Ball Scramble- Nett: Sean O'Brien & John Murphy 35 and Gross: John McGrath & Noel Moynihan 44.

CHRISTMAS TURKEYS: These begin this Sunday with Tim Jones Butchers coming on board once again as sponsors. Entry is €5 per draw which take place each Sunday of play at 9am and 10.45am. All players start off their official Pitch & Putt Ireland Handicaps first time they enter and alterations each week will apply. Players who win the Overall Nett and Overall Gross prizes will be cut two shots for the next weekend of play while other prizes awarded will see a cut of 1 shot for the following weekend of play for the players concerned there. All players who play and don't win a prize each week get a shot back for the next weekend they play.

CHRISTMAS HAMPER: Set for Sunday November 21st. Further details next week. U16 CHRISTMAS COMPETITION: This is fixed for Saturday December 11th and will be an 18-hole Scramble.

SYMPATHIES: The club would like to offer our sympathies to U16 Officer Kieran Fitzpatrick on the death of his grandfather recently as well as Treasurer Colm O'Dowd on the death of his aunt Cathleen in the past week.

ROSS GOLF CLUB

RESULTS: On Sunday Nov 7th we held the Christmas Hampers SS competition kindly sponsored by the Killarney Race Company 1: Tony Lenihan (15) 39 . 2: Johnny Brosnan (12)

38. 3: Mike Caey (16) 38. 4: Daniel Cronin (16) 38 5: Larry Daly (19) 36. 6: Ivo O'Sullivan (14) 36. 7: John Prendergast (24) 36. 8: Mike Brosnan (6) 36 FIXTURES: On Saturday 13th /Sunday 14th we will hold the rescheduled Maurice O'Donoghue Memorial Cup competition. This is sponsored by the Gleneagle Group and will be a single stableford competition.

Tee times for both Saturday and Sunday will be available online from 7pm on Thursday.

AGM :- Please note that our AGM will be held upstairs in the Clubhouse on Thursday Nov 18th at 8pm

Sympathy:We extend our sympathy to Kevin O'Callaghan and Family on the recent death of his mother, Kathleen . R.I.P.

KILLARNEY GOLF CLUB - LADIES

CHRISTMAS HAMPERS LADIES GOLF CLUB KILLARNEY, SPONSORED BY DIAGEO

1st: Sharon Ormonde (17) 69. 2nd: Corrina Griffin (02) 68 + BG. 3rd: Emma Vinarcik (26) 69 4th: Julie Kelly (31) 69. 5th: Sheila Crowley (25) 70. 6th: Margaret o Donoghue (23) 70. 7th: Eimear O Donnell (08) 72

FIXTURE: Next competition stableford on Killeen 14th November kindly sponsored by Horans Fruit and Veg.

LADIES ROSS GOLF CLUB

ANNUAL GENERAL MEETING

Annual General Meeting held on Tuesday 2nd November 2021. Outgoing Lady captain Mary Gorman thanked her sponsors, groundsmen and the Killarney Race Company for all their help throughout her tenure as Lady Captain. Mary also welcomed Breda O'Farrell as incoming Lady Captain and wished her all the best in her reign as Lady Captain.

MEET AND PLAY: Each Wednesday morning meet at 10.15am for 10.30am. All members welcome.

UPCOMING COMPETITIONS: The Christmas Hampers competition will be held in the next few weeks. Date to be confirmed.

BEAUFORT GOLF CLUB (MENS)

League - Sponsored by Men's Branch 1st: Jerry Buckley (26) 39 pts 2nd: Kieran Greensmyth (29) 36 pts FIXTURES: 13th/14th November - Xmas

RESULTS 30th/31st October - Round 2 Winter

Hampers - Sponsored by Kate Kearney's Cottage

BEAUFORT GOLF CLUB (LADIES)

RESULTS: First Hamper Competition - 30th/31st November - Sponsored by Ladies Branch Overall Winner: Maeve Quirke (25) 32 pts Division 1 Winner: Mary Garvey (27) 31 pts Division 2 Winner: Marie Flood (32) 30 pts FIXTURES: 6th November to 6th December - Winter League - 11 Hole Stableford - Play as often as you like best 4 scores to count.

HORSE RACING

RACHAEL BLACKMORE CROWNED 2021 IRISH RACING HERO AWARD

Rachael Blackmore has been crowned the Irish Racing Hero for 2021. Rachel was the first woman to ride the winner of the Aintree Grand National and also the first to claim Leading Jockey Award at Cheltenham Festival

Blackmore will be honoured with the 2021 Irish Racing Hero Award at the annual Horse Racing Ireland Awards next month.

Earlier this year, Rachael's pioneering exploits were hailed the world over and her achievements went hand-in-hand with an incredible period and unprecedented success for Irish-trained, Irish-ridden and Irish-bred horses.

Rachael was simply brilliant at the Cheltenham Festival in March where she became the first woman to claim the Leading Jockey award with six winners, a figure that has only been topped by Ruby Walsh.

From Tuesday's Champion Hurdle success on Honeysuckle, right through to Friday's Triumph Hurdle victory on Quilixios, the Killenaule native dominated on the track. She recorded doubles on the middle days of the festival; winning on both Bob Olinger and Sir Gerhard on Wednesday and on Allaho and Telmesomethinggirl the following afternoon.

Rachael's head-lining act reached new levels at Aintree only weeks later where she truly ascended into superstar status. She became the first woman to ride the winner of the iconic Grand National with her success on Minella Times described as "historic" by President Michael D Higgins, "a truly amazing achievement" by An Taoiseach, Michael Martin, with Minister for Agriculture, Food and the Marine Charlie McConalogue T.D, saying, "You are once again a history maker and have done Ireland proud."

Rachael will be presented with her 2021 Irish Racing Hero Award at the annual Horse Racing Ireland Awards in early December.



Winner Alright... Champion Jockey and leading Irish and British National Hunt Jockey and new crowned Irish Racing Hero Award Rachel Blackmore, clearing the final hurdle, at the Killarney Races July meeting Festival, , riding 'Leac and Scail Lady' with 'Winning Kate' chasing her. Photo: Valerie O'Sullivan



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RATHMORE GNEEVEGUILLA

>FUNDRAISER **FOR** THE **COMMUNITY** AIR: **AMBULANCE**

At the Community Air Ambulance Headquarter sin Rathcool, Michael O'Mahony Rathmore & PRO of East kerry GAA Board handed over proceeds of a fundraiser he took part in. Michael walked two to three miles a day to fulfil 60 miles goal in September. This week, €3120 was presented to Donie Lucey Of Community Air Ambulance a cheque for €3,120.00.

Your support was very appreciated for this cause.

>SYMPATHY

Rathmore GAA club wishes to express sincere sympathy to the relatives and friends of recently deceased GAA enthusiasts, Denis Moynihan of Shinnagh and Jerry Murphy of Killquane. They both played football and had a huge interest in our club. Denis was a Shinnagh man to the core and Jerry was a huge Bower supporter. They will be greatly missed by all who had the pleasure of knowing them. Ar Dheis lámh Dé go raibh a n-anamacha.

Sympathies. To Eileen Fleming & Hannah Mary Moynihan, Gneeveguilla on the death of their sister Margaret O Callaghan. To Charles O'Leary Gneeveguilla & Cousin Maura O'Leary on the death of Sr Carmel O'Leary Holy Cross Convent Killarney. To he extended O'Donovan family on the death of Patrick O'Donovan. To the Murphy Family Kilquane Upper on the death of Jerry (DJ) Murphy. To the O'Sullivan Family Knocknageeha on the death of Sheila O' Sullivan. To the Fitzpartick Family Knocknagree on the death of John Fitzpatrick. To the Teahan Family Coom on the death of Eugie Teahan. May Margaret, Sr Carmel, Patrick, Jerry, Sheila, John & Eugene rest in peace.

>GNEEVEGUILLA GAA

On November 19th we will be launching a DVD boxset of Tops of the Parish Finals. 12 years, 24 shows, over 20 hours of fun!. The boxset will cost €50. Please order in advance as we expect them to fly off the shelf!

➤ COVID 19 Support Line for Older People ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID19. Professional staff is available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

>WIN A HOUSE WITH KERRY GAA

Kerry GAA are giving one lucky winner a prize of a lifetime, a brand new 3-bedroom house in Killarney. This is the top prize in the April 2022 draw, but there will be several bonus draws for ticket holders between now and then, including cash prizes and match tickets!

Tickets for the Draw are €100 and the link to purchase is on the Kerry GAA website, they can be purchased at the Kerry GAA Store in the Outlet Centre or www.kerrygaa.ie The sooner you purchase a ticket, the more draws you will be included in.



Michael O'Mahony Rathmore & PRO of East kerry GAA presented a fundraising cheque for €3120.00 to Donie Lucey Of Community Air Ambulance a cheque for €3,120.00.

>GNEEVEGUILLA **COMMUNITY** DEVELOPMENT COUNCIL AND GNEEVE GUILLLA BASKETBALL CLUB

had our weekly draw for our Share the Bucket on Friday evening/5/1121. Congratulations to Eileen Cronin this week's jackpot winner of €321. Guaranteed winner every week, go to our Facebook page to find out how and where you can play. REMEMBER if YOU are not in you can't win https:// www.facebook.com/gneeveguilla

>RESULTS

O Donohue Cup first round; Rathmore 0 - 16 Gneevguilla 0 - 8 >EAST KERRY SENIOR CHAMPIONSHIP

O Donoghue Cup Quarter Final sponsored by AQUILA CLUB &Dr O'Donoghue Family. Rathmore v Listry this Sunday November 14 at 2pm. The First team name at home Extra time Winner on day. Dr O'Donoghue cup semifinal draw will take place after Rathmore & Listry quarter final 13th November at 2pm. Tatler Jack sponsored East Kerry U17 Championship 2021 RD1 Spa v Rathmore Gneeveguilla Kenmare/Kilgarvan. U15 County Championship Tralee District 2.13 Eoghan Ruadh 2 – 12

>NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817 before 6pm Sunday

By Michael O' Mahony

BEAUFORT

>FIXTURE

Beaufort senior men will be away to Glenbeigh/Glencar in the first round of Mid Kerry 2021 senior championship on Sunday, 14th November at

Extra time and winner on the day.

>LOTTO

The next lotto draw for a jackpot of €5,200 will be held on Sunday, 14th November in the Clubrooms.

The lotto is the main fundraiser of the Club and thank you to everybody who support it.

Tickets are available from usual sellers, online at www.beaufortgaa.com in shops and public houses.

For more information on the lotto, please contact the Club at 087 1 If you are missing an item, please contact the Club at 087 9975737. 9975737.

>KEEP WALKING KEEP WELL

Keep walking/Keep well continue in the walking track on Tuesdays and

Fridays. Walk any time between 6pm and 9pm. Please sign in at main door before walking.

Pilates classes have begun. Please contact Colleen at 086 1731469 for days and times.

>WIN A HOUSE IN KILLARNEY WITH KERRY GAA

is a draw by Kerry GAA to win a house in Killarney. Tickets are €100 each and can be got at www.kerrygaa.ie/winahouseinkerry/.

Anybody who enters will also be entered into bonus draws which will occur at intervals before the main draw.

>LOST PROPERTY

There are a number of items of lost property, mostly tops left in the Clubhouse during the year.

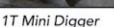
By Cliona Coffey

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KILCUMMIN

>KILCUMMIN COMHALTAS

Kilcummin Comhaltas will hold a registration night on Friday 12th November 7.30pm to 8.30pm in the Rural Development Office. Membership cost €6.00 for a junior and €20.00 for family membership. Please adhere to health & safety guidelines on the night.

>COMPUTER CLASS

Spreadsheets Level 3 will commence on Monday night 15th November from 7 to 9pm in the Rural Development Office. A limited number of places are available and these will be filled on a first come basis. This is an introduction to spreadsheets and some of the topics include, the use of formulae to perform simple calculations including addition, subtraction, multiplication and division, terms used in excel, input text into a spreadsheet(s), input numeric data into a spreadsheet(s), use caps lock, number lock, keyboard shortcuts, move the active cell to different parts of a document etc, invoices, rotas, timetables, averages, budgets etc. To book please contact the Office on 064 6643357.

>IRISH SUICIDE BEREAVEMENT SURVEY

The National Suicide Research Foundation (NSRF) and Healing Untold Grief Groups (HUGG) have launched the first national study of adults bereaved or affected by suicide in Ireland.

You can find out more and access the survey by visiting www.hugg.ie/suicide-bereavement-survey. You will also find a link to the survey on the Kerry Diocesan website.

>KILCUMMIN GAA - O DONOGHUE CUP 2020

Our senior team lost out to Glenflesk in the Q/F of the East Kerry • next Friday 12th November 2021. Jackpot will be €6,000.

Championship on Sunday last in a penalty shoot-out. The game finished level in regular time on a score line of 0-8 each. After extra time the sides were again level and so it was left to penalty takers to decide the tie. Glenflesk scored on four of their five attempts while we managed only three out of five. While this probably brings the curtain down on a disappointing season there is plenty of reason for optimism going forward and after a period of reflection we will return energised. We await notification from East Kerry board as to when the O Donoghue Cup 2021 will be played.

>LOTTO

There was no winner on Monday 8th November of the Jackpot for €2,500. Numbers drawn were 3,10,17,21. Consolation prizes of €50 went to Denis Coffey c/o Jer Coffey, Claire Lenihan c/o John Lenihan, Denis Gallivan, Inchicullane, Tommy Brosnan. Mastergeeha, Next Draw is Monday 22nd November 2021, for a Jackpot of €2,750.

>GIFT VOUCHERS

Gift Vouchers are available from Willie Fleming at 085 7882288 which can be used for gym membership or club merchandise and would make great Christmas presents.

>MASTERGEEHA FC

There was no winner of the Jackpot on Friday 5th November. The numbers drawn were 1,15,20.23 Consolation prizes of €50 each went to Connie & Catriona Doolan, c/o Klub Anne O'Shea, Allman's Terrace Killarney, Noel Breen, c/o Village Inn, Karen Smith, Online. Next draw is next Friday 12th November 2021. Jackpot will be €6.000.

Written by: John Moriartty

GLENFLESK

>LOTTO

No winner of Glenflesk Lotto which took place tonight 1/11/2021 in Glenflesk Hall. Jackpot was €6,000. The numbers drawn were 3, 5, 18, 23 There was no winner. Consolation prizes of €50 each to: 1. Timmy O'Sullivan, Kilquane, Headford. 2. O 'Donoghue's Shop (Sellers' Prize). 3. Jeremy Moynihan, Garries, Clonkeen. (Annual Ticket) 4. Tomás, Saorla, Maitiú agus Sam Moran, Killaha, Glenflesk. Next draw will take place in Glenflesk Hall on 15/11/2021. Jackpot will be €6,000.

>O DONOGHUE CUP QUARTER FINAL

Report by Michael Healy

Kilcummin 0 – 10 Glenflesk 0 – 10 Glenflesk win 4 – 3 on penalties.

An historic day in Kilcummin, as penalties were needed to decide this battle of attrition between Glenflesk and Kilcummin in the quarter final of the O Donoghue Cup. Last minute equalizers and a red card were also part of a drama filled game.

After a scrappy start from both sides, Kilcummin goalie Brendan Kealy pointed a long range free to put his side ahead. The influential Jeff O Donoghue struck a beautiful 45 to bring the sides level as they both struggled to make headway in the unforgiving conditions.

O Donoghue then judged the wind perfectly to give Glenflesk the lead. A Noel Duggan free tied things up again, as scores were still hard to come by. Ian Roche got his fist to the ball to deflect it over the bar and another O Donoghue score left Glenflesk ahead by two at the break. Kealys brilliant save just before half time stopped the margin being any greater. The home sides cause was not helped by having Noel Duggan sent off right before the break for two bookings.

They then got reduced to 13 men shortly after the restart, a black card the reason this time. Amazingly they won the 10 minute period down by 2 men, by three points to no score. Kevin McCarthy accuracy from frees contributing greatly to this. O Donoghues fourth point just before the water break was crucial for Glenflesk, as it left them just one behind, as the final quarter arrived.

McCarthy continued to be metronomic with his free taking adding two more, with Darragh Roche firing one over for Glenflesk in between. O Donoghue added another score to reduce the deficit to one, before Glenflesk had one final chance to salvage a draw. As they earned a 45, goalie Mark Kelliher came forward to take it. The ref was in his ear telling him this was the last kick of the game. Kelliher thrived on that pressure hitting as sweet a strike as you will see, which just dropped on the top of the net. Off to extra time we went!

Kilcummin recovered from being denied victory by controlling most of the first period of overtime. Paul O Shea took a fine mark and knocked over the resulting shot. When sub Matthew Keanes point put them two ahead, it looked likely that they had finally put Glenflesk away. Talisman O Donoghue found the target for a sixth time. awarded a close in free for

O Donoghue found the target for a sixth time.

Then after great work in Glenflesks Jeff O Donoghue recieves mam of the match the tackle, Glenflesk were award from East Kerry chairman Johnny Brosnan.

awarded a close in free for over carrying. O Donoghue split the posts, and after one more Kilcummin

chance went wide, penalties would be required to decide the winner. As darkness took over the evening, the crowd shifted down towards the

end where the penalties would be taken. Those present knew they were about to see something momentous. Glenflesk were successful with four of their five efforts.

➤ EOGHAN RUADH Report by Michael Healy

Eoghan Ruadhs attempts to reach the County under 15 final ended in heartbreak as a last gasp point for Tralee Board took them to the final instead. Glenflesk had five representatives on the team and they all did us proud. Pierce Moynihan started in goal, and made brilliant saves early in the game to keep Eoghan Ruadh in touch. His handling was secure, and his kick outs were first class. Jamie Moynihan started at full back, and his influence increased as he moved further up the field in the second half, taking the contest to the Tralee side. Oisin Lynch was at wing forward, and his extremely high work rate was noticeable throughout. He also scored a terrific point just before half time. Callum Cronin was on the other wing, and his direct running and ability to glide past defenders was crucial in creating the two Eoghan Ruadh goals. Diarmuid Furlong came on early in the first half, and his tackling and use of the ball was impressive. He also got a crucial interception that led to one of his sides most dominant periods of the game. Cormac Tangney was introduced in the second half, and won some crucial ball as Eoghan Ruadh pushed on looking for the winner.

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Before

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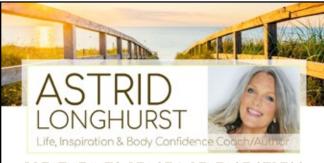
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BREATHE INTO PEACE & RELEASE STRESS

As we continue to navigate the continuing changes in the world around us, it is vital to take care of our own inner peace and health. Stress has played a major part in our experience of life over the past two years. As part of the work, I do as a Body Confidence & Wellbeing expert, I help people to manage stress in a positive way. One of the quickest and simplest ways that you can help to move you into a greater sense of peace and ease is through gentle breathing techniques. Enjoy this beautiful breathwork exercise that can be done anywhere and at any time to help you to feel calm, centered and balanced.

Sit comfortably. Rest one hand on your lower belly and the other over your heart. Close your eyes if you prefer. Take a full breath in through your nose for 4 counts and feel the breath deep into your lower belly. Imagine your belly expanding slightly into your hand. Hold the breath for 4 counts, exhale for 4 counts and hold the breath for 4 counts. Repeat.

Add in visualization by imagining that as you breathe in, you direct the breath up the front your body like a stream of warm golden light from your hand to your heart. Imagine this golden light expanding outwards as you hold the breath. As you exhale, imagine the breath (and light) flowing down the back of your body and back into your lower belly. As you hold the breath, imagine the light expanding to fill your entire body. Repeat for as many times as it feels right for you.

I hope you enjoyed this lovely breathing technique for inner peace and calm.

For more tips and exercises you can connect with me on Instagram https://www.instagram. com/romancingyourbody/?hl=en

www.instituteforbodyconfidencecoaching.com



Why are my hands still dry and cracked even though I use hand cream?

Repeated hand washing and hand sanitisers will strip the natural protective oils from your skin so use a gentle handwash. Use warm not hot water to wash hands and gently pat dry instead of rubbing. Try to apply hand cream immediately while your hands are still damp to lock in the moisture. Get in the habit of using disposable gloves for cleaning as they are quicker to pull on than rubber gloves.

During winter there is less moisture in the air outside and any exposed skin naturally becomes drier so wear warm gloves when outside. Be aware of too much heating in your home or work as it also dries out the air pulling the moisture from your skin. Last thing at night apply Emulsifying Ointment from €4 in pharmacies, to your hands



for intense moisturising and to stop water evaporating. It is greasy and sticky so you could get cotton gloves to wear over it. Invest in good quality Omega supplements to moisturise your skin from within.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



WHERE TO START?

Following Neilus' 6 x week weight loss journey on Instagram and Facebook we got a massive response from the public on where they personally struggle to start their own weight loss journey. A whopping 90% of them all struggling with the same very first step which is, "Planning". It is so important to sit down and figure out your week and plan of action and write it down. Don't just wash it around in your head and say "shir I know what to eat, Ill start tomorrow". Or fall into the trap of going shopping with no plan and load the trolley with loads of "Healthy" foods that are sure to go off as you don't have the time to eat everything, and even if you did you wouldn't loose weight as it is just too much food!!!

Neilus decided he wanted to share his 6 x week weight loss journey to help others along with creating a support network for his own personal journey. He created a private WhatsApp group where he invited anyone who wanted to join in for free to message him to join. In that Group he shared his assessment result, his goals and the habit changes he needed to implement to get there. The first step we gave him in his consultation at B Well was the Meal Prep tools. In this we have a meal planner and shopping list for the week. So Neilus got to work on planning his week and picking the recipes we suggested for him to eat to help achieve his goals. He printed up the weekly meal planner and wrote down all his meals for the week from Monday to Sunday including snacks based on the advice and guideline we gave him. Then he wrote down his shopping list of what he needed to pick up. When he got home he did a little prep on the Sunday for the next 2 days so he was ahead of the game and ready to start work well prepared on Monday.

Meal planning is such an important step and as we always advise people you need to write it down. We can advise and help you with this step if you are struggling as its often overwhelming to decide what to eat and what to get. So if this is something you need help with we have a very nice monthly nutrition plan we offer at B Well so contact us to find out more and get signed up for you consultation today.

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DRIVING IN WINTER

In winter you may have more difficulty seeing clearly because of darker evenings . When it is dark your pupils become larger to let in more light. However this can results in your vision becoming more blurred. This is why you may be more reliant on your glasses at night.

The glare of a low-lying sun can also make it more difficult to see, so make sure your windscreen is clean, both inside and out. It is useful to have a pair of polarised sunglasses in the car to help with the glare from the sun, even in winter.

Dry eyes

If you already have dry eyes, central heating may make them worse. Here are some simple steps you can take to minimise the discomfort caused by dry eyes in winter:

- Lower the temperature in rooms when possible.
- · Blink more often.
- Use a humidifier. Opening windows for a few minutes on cold days will also help.
- Lubricants. Certain lubricating eye drops may be helpful for you.

Increased screen time

People tend to stay in and watch more television and spend more time using computers during the winter. Using a screen will not damage your eyes but prolonged use can make your eyes tired and



Remember to take breaks and operate the 20:20:20 rule; every 20 minutes, take a 20-second break and focus your eyes on something at least 20 feet away.

Watery eyes

In cold and windy conditions, many people complain that their eyes water more than normal. Wearing glasses will provide protection against the wind, even if you don't usually wear them outdoors.

Winter sun

Snow and ice are reflective, so the sun's damaging UV rays can reach your eyes from below as well as above. UV exposure is cumulative, so although you may not feel any immediate effects, you could be putting yourself at risk of longterm damage and risk cataracts and age-related macular degeneration (AMD) if you don't wear good quality sunglasses or goggles.

For more information, honest advice or to make an appointment contact us on 0646636477







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SPA

>GAME OF MY LIFE

The newly published Kerry Game of my Life book, written by David Byrne & published by Hero Books, is on sale now in most bookshops. The book features some of Kerry GAA's greatest players over the decades, 30 in total, including our own Spa and Kerry legends Mick Gleeson & Paudie O'Mahoney.

>CLUB CALENDER

We are in the process of putting together a 2022 Spa GAA club calendar. If any sponsors would like to get involved in the project please contact 0851216359 or pro.spa.kerry@gaa.ie

>O DONOGHUE CUP QUARTER FINAL SPA V FOSSA

Spa welcomed Fossa on Saturday evening for the 2020 O'Donoghue Cup East Kerry championship quarter final. We won out well on the night and now join Glenflesk and Dr Crokes in the semi-final draw, with the last team through to be decided next week when Rathmore play the winners of Kenmare/Listry.

Points from Dan O'Donoghue, Mike Foley and Evan Cronin had Spa on the board before Niall McCarthy was brought down in the square at the end of the first quarter, Cian Tobin slotting home the penalty to give Spa a 1-3 to no score advantage by the first water break. David Clifford pointed for Fossa but it was quickly cancelled out with a long range effort from Shane Cronin. Evan Cronin (2) and Mike Foley swapped scores with David Clifford, Emmet O'Shea and Paddy Sheehan to make it 1-7 to 0-4 at half time.

On the restart, Mike Foley and David Clifford exchanged points again before Niall O'Mahony (2) and Ryan O'Carroll extended the Spa advantage. Fossa did get a shot on goal when Paudie Clifford dropped a long ball into the goalmouth but James Devane did well to block. Spa's second goal came in the 45th minute when Dara Moynihan slipped past three defenders before rattling the Fossa net. Shane Cronin and Evan Cronin linked up for a second goal shot but the keeper did well to block, Thomas Cronin with a point shortly after to make it 2-12 to 0-5 by the second half water break. In the final quarter, Spa did have some more shots on goal but Fossa keeper Dan Cronin did well to keep them out. Two final points from David Clifford were cancelled out by Evan Cronin and Ryan O'Carroll to finish the game 2-14 to 0-7.

Well done to the team & management and East Kerry Chairman Johnny Brosnan presented the Aquila Club Man of the Match Award to centreback Dan O'Donoghue after the game.

Wishing a speedy recovery to all our injured players.

The draw for the semi-finals will be made after next weekend once all four semi-finalists have been confirmed.

Spa: James Devane, Eoghan Cronin, Eoin Fitzgerald, Shane Lynch, Shane Cronin (0-1), Dan O'Donoghue (0-1), Ryan O'Carroll (0-2), Ciaran Spillane, Mike McCarthy, Niall O'Mahony (0-2), Mike Foley (0-3), Dara Moynihan (1-0), Niall McCarthy, Evan Cronin (0-4(2f)), Cian Tobin (1-0P). Subs: Conor Stack, Thomas Cronin (0-1), Conor O Riordan, Paul Cahill



East Kerry Chairman Johnny Brosnan presented the Aquila Club Man of the Match Award to centre-back Dan O'Donoghue after the game.

>WIN A HOUSE WITH KERRY GAA

Tickets for the Win A House With Kerry GAA draw are available on kerrygaa.ie, in the Kerry GAA Store in the Outlet Centre or from our club Secretary Patrick (087 6332773) or from Co Board Officer John O'Leary (086 3026041). When entering your details don't forget to mention your club SPA GAA in the 'Additional Information' section as your club could also win up to €1,500! The sooner you purchase a ticket, the more draws you will be included in.

>SPA LOTTO RESULTS 01/11/21

Numbers drawn: 6, 11, 13, 19. No winner and €50 lucky dips to Kevin and Marie, John Hannon, Sean Hickey and Samantha & JJ. Next Monday's jackpot is €5,200 and tickets on sale online on spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckross Rd, Spa clubhouse or from usual sellers. Many lotto annuals are due for renewal around this time. Please check with your promoter or ring Jim Gleeson at 087-6340581. Thank you to everyone for your continued support for our club lotto.

>EAST KERRY MINOR CHAMPIONSHIP

The East Kerry minor (u17) championship starts next weekend with Spa home to Rathmore on Saturday November 13th at 2pm.

>ITEMS FOR NOTES

Any items for the club notes please contact pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

Written by: Deirdre O'Sullivan-Darcy

LISTRY

>DEEPEST SYMPATHY

Listry GAA would like to send Deepest Sympathy to The Clifford family, friends and neighbours Ballymalis on the untimely death of Brendan Clifford RIP

>EAST KERRY O DONOGHUE CUP 2020

Well done to Marc and Listry team winning their match against Kenmare Shamrocks last Sunday 7th November. Final Score Listry 3.10 Kenmare Shamrocks 1.14

Quarter Final: Listry V Rathmore in Rathmore next Sunday 14th at 2pm. Please come and support our team.

>LOTTO RESULTS

Numbers Drawn: 12, 19, 20, 24. €100: Colin Russell, Gortroe. €50 x 2 : John Wrenn, Lissavane. Ronnie Miller, Faha €25 x 2: Mick Breen, Rockfield. Anthony Sweeney, Lahard.

Next Sunday Jackpot €8,150

Written by: Anne Sugrue O'Brie

Pedestrian crossing for Fossa National School

Both Deputy Danny Healy Rae and Cllr Maura Healy Rae are delighted that the TII have given 'technical approval' for a pedestrian crossing at Fossa National School. This will form part of an overall active travel scheme from the Golden Nugget to the Gap cross. The next step for this project is the statutory planning process.

This was raised numerous times by notice of motion, representations and deputations by Cllr Maura Healy Rae.







KEEL GAA CLUB NEWS

KEEL GAA ZOOM BINGO

Keel GAA Zoom Bingo will take place this Friday the 12th of November at 8pm. Money raised will go towards investing in gym equipment and a small café for the club. We have already given away over €7,000 in prizes in our bingo night's this year. We hope you can join us on Friday night for another great night of fun and fingers crossed you'll be a lucky winner. Please email pro.keel.kerry@gaa.ie for the Zoom registration link or visit our social media. Jackpot is at €800. CLUB LOTTO

There was no winner of the jackpot of €4,500 on Monday the 25th of October. The two €50 winners were Dahlia Brooke Ashe and Mungie Kuqondindlela. The next lotto draw will take place on Monday the 8th of November at 8pm. Lotto results will be posted on social media and the results will be in the notes next week. Thank you to everyone who supported our club lotto last week. Tickets are available in usual outlets and available from club officers.

SENIOR:

Keel will travel to Cromane on Sunday for the Quarter Final of the Mid Kerry Championship. Kick off is at 12 noon in Cromane. Best of luck to our senior team and management.

UNDER 15

Congratulations to the Mid Kerry Under 15 team who were victorious over North Kerry in the County Championship semi-final today. The final score was Mid Kerry 3-16, North Kerry 1-16. Special mention to our own players Dylan Corcoran, Gearóid Evans, Micheal Burns, Jack Evans, Dylan O Connell, Jesse O Reilly, Oisín O Dowd and to Jason Foley who is involved in the management. They will play Tralee District in the County Championship final. Fixture to be confirmed.

CLUB GEAR

Anyone interested in getting their hands on some club merchandise before the Christmas rush please the O'Neills, McKeever & Azzurri Online club shops. Please note all merchandise can now only be bought online. The direct links are available on our social media or just search Keel GAA on any of those websites.

MILLTOWN/CASTLEMAINE GAA

LOTTO

Sponsored by Almas Takeaway, Milltown Here are the results for the fortnightly Milltown-Castlemaine GAA Club Lotto Draw on Monday, November 1st, 2021. Jackpot €12,600. Lucky Numbers: 08 – 10 – 19 . Bonus Ball: 01. There was no winner of the Jackpot or Match 3 prizes this week, congratulations to our Lucky Dip Prize Winners: €50 - Patrick Foley. €50 - Cliodhna Quirke. €25 - Pat O'Connor. €25 - Trish O'Brien. €25 - Emer Mc Auliffe. €25 - Noel McKenna

Our next draw is (Monday, November 15th 2021) where the jackpot will be €12,600.

Get you tickets for this draw or renew your yearly tickets at all usual outlets and online with clubforce. Mile búiochas do gach duine for playing Milltown/Castlemaine Clubs Fortnightly



Rathmores Paul Murphy Surrounded by Gneeveguilla players in Rathbeg last Saturday. Photo: Seamus Healy

Fundraiser, the money raised is vital to the day to day running of our club and your support is sincerely appreciated.

MID KERRY MINORS

Well done to the Mid Kerry U15 team who got a great win over North Kerry in Churchill Sunday morning after a fantastic contest in this rescheduled match.

The wind and rain put this game back a week but Mid Kerry hit the ground running and with the help of a green flag held a 3 point lead at half-time.

The second half saw more goals and a great contest was to finish up with the win and a place in the County championship final for Mid Kerry the final score 3-16 to 1-16

Well done to the entire panel and all the Milltown Castlemaine players involved in the set up Dara Hogan, Cian O Brien, Tristan Jasinski Damien O Connor, Liam O Dowd, Eoghan Bolger, Aaron Dinham and Gearoid Quirke and to lan Twiss who is part of the management team

Well done to North Kerry on a great game and the very best of luck to Mid Kerry Gaa in the final Thanks from Clubs and the Community

Everyone at Milltown/Castlemaine GAA Club is delighted to such wonderful use being made of the new facilities at Paddy Burke Memorial Park. This week we were most grateful to receive such kind words in correspondence from the various clubs, teams and community groups able to avail of the grounds, our walkway and social area in the past few weeks.

Thank you sincerely to MKL Gaels for their kind words for the use of the social area and training facilities as the MKL senior ladies prepare forward to represent Kerry in Munster Junior Championship in the coming weeks. Everyone at Milltown/Castlemaine GAA wishes the MKL Seniors the very best of luck in the competition, make sure to follow our social media as we share the latest updates on their progress.

A sincere thank you also to South Kerry GAA and their Secretary Jimmy Musgrave for taking the time to offer their thanks in their correspondence after their County Championship win over Feale Rangers in Milltown. Thank you for your wonderful feedback about the playing surface, our welcoming stewards and facilities. We hope to have the opportunity to welcome the South Kerry Team in the future for further championship action.

We would also like to offer sincere thanks to the

3rd Kerry Milltown Scout Group for their kind words on their social media pages after having lots of halloween fun in the clubs social area. We are thrilled to see another group within our community able to make such wonderful use of fantastic new facilities at Paddy Burke Memorial Park.

COISTE NA NÓG NEWS

Sponsored by Foleys Spar, Milltown

coaches for putting together such a fantastic tournament, the U11 Blitz to finish the year. Garry gave thanks to everyone after the games were finished on Sunday morning and the teams were all given trophy's and medals

Garry paid thanks to the coaches, Covid supervisors and the parents for being such a huge support throughout the year and complimented the players on their exemplary behaviour and fantastic ability they showed throughout the year. With a special word also to Adam Scanlon, Linus Óg Burke and Sean Hogan who were available to the team all year to referee games whenever called upon

The players showed fantastic skill, spirit and ability in this mornings finals with one final going to extra time and the other final decided by a single point. Again Head Coach Garry Murphy paid tribute to the players saying he was lucky to be coach of such a great group.

The very first U10 side Garry coached a number of years ago was the side senior Player Cillian Burke playing in it. Garry congratulated Cillian on fantastic progress he had made as he handed the future stars their medals and it was very fitting to see both of his younger brothers contest an excellent final.

Thank you sincerely to everyone that helped out with the morning, once again as with all our teams there were a fantastic amount of volunteers making it all happen.

SENIOR TEAM

Sponsored by Almas Takeaway & Bathrooms 4U MID KERRY CHAMPIONSHIP:

The Draw has taken place for the Mid Kerry Championship 2021 and it sees the 1st round made up of two games as Glenbeigh/Glencar face Beaufort and Keel take on Cromane with the winners of those games to face each other in the semi final.

The other semi final will see the current Mid Kerry Champions our own Milltown/Castlemaine once again face our neighbours Laune Rangers. After missing out on holding the championship last



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year due to the on going global pandemic there will be plenty of excitement and hopefully a great competition to look forward to, stay tuned for further updates.

2020 O'DONOGHUE CUP QF

Spa 2-14 Fossa 0-7

UNDERDOGS

The good news is that Erica McGlynn made it through to the training panel for the Underdogs Tq4. Sport on every Thursday.

CONDOLENCES

Fossa GAA would like to extend sympathy to Rena O'Connor and her family of Curragh Aghadoe on the death her husband Teddy, late of Gortroe Fossa. May he Rest In Peace.

LOTTO: 3,12,19,25. €40 WINNERS: SEAMUS O'MAHONY, FAHA: NOELEEN MACKESSY, TWO MILE; SEAMIE MAHONY, KILLORGLIN; MAURA TALBOT, AGHADOE; MAURICE LYONS, DROMIN FOSSA. Next weeks jackpot €6,300 tickets can be bought from Foleys Spar Fossa, the Golden Nuggett and usual sellers thanks for the support.

DR. CROKES

SENIOR CO. CHAMPIONSHIP

Dr. Crokes 1-22 Templenoe 0 -06. We had a comfortable win over Templenoe on Sunday last in q/f of Co. Championship.

Played in Fitzgerald Stadium. Quick points from Inter County stars Gavin white Tony Brosnan David Shaw and Miceal Burns saw us lead 0-08 to 0-02 at the water break, a goal on the stroke of half time from the penalty spot saw us lead 1-10 to 0-05.

On the resumption we dominated proceedings holding our opponents to a solitary point Brian Looney with 5 poinst and substitue Jordan Kiely adding three.

We have been drawn to meet Kerins O'Rahillys in s/f with venue and time to be confirmed on w/e November 20/21.

CONGRATULATIONS to Cian McMahon, Harry Byrne, Liam Randles, Alex Hennigan Jack Lynch Ronan Coffey Charlie Keating selector Gavin White and St. brendans on their Corn Ui Mhuiri

Scor As Rachel Foley, Cultural Officer, continues preparing for Scor, which hopefully will go ahead this year, she is encouraging boys and girls of all ages who are interested in set dancing and figure dancing to join/re-join one of the 3 dancing schools that assist us in this competition. There are 3 levels of competition for various age groups throughout the year. So get practicing with.. Daly King.... Hegarty.... and Hannah Majella with Daly King School of Irish Dancing, Contact Cliona 0862444354. Hegarty Irish dance academy contact Lisa 087 6403828 and Hannah Majella O Donoghue set dancing classes, contact Hannah 087 6451910

DR. CROKES BINGO will continue on Sunday Nov. 14th in St. Marys Parish Hall @ 8.30pm. In accordance with government guidelines pods of no more than six with appropriate social distancing will be in place. Vaccine certs and proof of identification will be in place. Patrons are requested to wear masks until seated. Doors will open at 7.15pm and admittance is on first come first served basis..



Glenflesk team who defeated Kilcummin last Saturday in Deferred O Donoghue Cup Quarter Final in Kilcummin. Picture Seamus Healy

LOTTO draw took place on Monday November 18th Numbers drawn 6 10 13 18 9 patrons matched 3 numbers receive €45 Jackpot for draw on November 15th will be €6,500

We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below And follow instructions attached

https://play.clubforce.com/play_newa. asp#Anchor

ANNUAL MASS for deceased members will take place on Thursday November 18th in St. Marys Cathedral time to be confirmed.

DR. CROKES SHOP you can now shop worldwide new selection of Jackets, gilets masks and snoods and other items. Shop online

CONGRATULATIONS to Joanie Sexton and husband Kenneth O'Leary on the birth of baby airl Allie

SYMPATHY to our East Kerry Board delegate on the death of his wife Cathleen, to Kathleen Connolly on the death of her brother Chris Keaveney in UK and to O'Shea family on the death of Fr. Fintan OFM . Ar dheis Dé raibh a

EAST KERRY GAA NEWS

By Michael O'Mahony

EAST KERRY - DR O'DONOGHUE CUP 2020 **QUARTER FINAL**

Spa 2-14 Fossa 0-7

Despite a courageous performance by junior side Fossa, senior side Spa emphasised their county status with a powerhouse victory at Spa on Saturday evening when they had a 13-point win in the delayed 2020 Dr O'Donoghue Cup guarter final. The Spa defence, marshalled by centre back and Aquila Club man of the match Dan O'Donoghue, was mean and unwilling to allow the Fossa forwards the time or space to threaten the scoreboard.

O'Donoghue opened the Spa scoring with a point in the 4th minute; Evan Cronin contributed 2 points before a Cian Tobin penalty had the score stand at 1-3 to nil at the water break. Fossa won the second quarter 0-4 to 0-3 with points from David Clifford (2), Emmet O'Shea and Paddy Sheehan while Evan Cronin and the industrious Niall O'Mahony added Spa points. Half time Spa 1-7 Fossa 0-4.

But the third quarter saw Spa turn the screw hitting 1-5 to Fossa's 0-1. It might have been a whole lot worse but for the heroics of Dan Cronin in the Fossa goal where he thwarted a number of Spa goal efforts. A trademark dashing burst by Dara Moynihan saw him breach the Fossa defence to score a fine goal to add to points from Michael Foley, Ryan O'Carroll, Niall O'Mahony (2), and substitute Thomas Cronin. With Spa leading by 13 points at the 2nd water break, it was a matter of Fossa playing for pride in their jersey during the remaining period when their 2 points from David Clifford and Lorcan Daly were cancelled by similars from Evan Cronin and Ryan O'Carroll to leave the final score Spa 2-14 Fossa 0-7. Referee Tom Moriarty Legion. Report by Michael Healy of PR & Communications committee

MINUTE SLINCE BEFORE GAME for Denis Moynihan RIP, Jerry Murphy RIP of Rathmore They both played football for Rathmore in day, & Canon Michael O' Connor RIP, Sister Joan O' Keeffe RIP, sister of Dermet O'Keeffe, Aunt of Delcan O'Keeffe former Kerry footballer & Rathmore player & Rathmore player Kenneth O'Keeffe

EAST KERRY SENIOR CHAMPIONSHIP O DONOHUE CUP FIRST ROUND

Rushmore 0 – 16 Gneevguilla 0 – 8

Midfield dominance and a greater spread of scorers, was crucial in Rathmore winning this O Donoghue Cup round one derby game against old rivals in Gneevguilla, under the floodlights in Rathbeg on Saturday night.

It was Rathmore who took an early lead, with Mark Reen pointing a free with his left foot. Jack Cremin equalized soon after with a close in free. John Moynihan then put Rathmore ahead again, as the match started at a hectic pace. Sean O Keeffe clever pass found Mike Murphy, and the full forwards booming kick brought the sides back level. Rathmore then began to get into their stride, with midfielders Mark Ryan and Brendan O Keeffe, both finding the target. They held a five points to two lead as the ref stopped play for water.

Midfielder Paul O Leary struck over a free with his left foot as Gneevquilla tried to remain in touch.





Rathmore were gaining joy from the long ball into Shane Ryan, and he set up Aidan O Mahony for a fine score. Another O Leary free kept the visitors within four as the half time break arrived. Things were starting to get tense out there as the challenges were becoming heavier.

From the throw in, Rathmore attacked straight away and O Mahony again found the target. Shane Ryan's 45 pulled them further ahead. Gneevguilla almost scored a goal, but a great defensive block stopped it, before Kenneth O Keeffe saved the rebound. O Leary pointed a free soon after, but Rathmore still led by six, and looked in little danger of relinquishing the lead. Murphy saw O Keeffe save another goal bound shot, as Gneevguillas need for a goal drew more desperate. O Leary again found the target from another free, followed by a score from play from Damien Cronin. It was all too little too late though, and Cathal Ryan's late score sealed Rathmore's passage to the quarter final.

EAST KERRY SENIOR CHAMPIONSHIP DR O' DONOGHUE CUP RD 1

Listry 3-10 (19)to 1-14 (17) win over Kenmare Shamrocks. Listry side led at the break 3-5 to 0-4 and had to withstand a second half fight and while Kenmare did close the gap to a single point late in the second half, the home side found another vital score to send them to the Ouarter Finals

EOGHAN RUADH 2 - 12 TRALEE 2 - 13

After a titanic tussle that went to 60 minutes and beyond, Tralee District qualified for the County under 15 final, after just edging out a terrific Eoghan Ruadh performance in Cordal on Sunday morning.

Tralee were the more clinical side early on, with Paddy Lane especially influential. He scored the first two points of the day, the second one coming from a well struck 45. Paddy McMahon then blasted home a rocket of a shot that put them five points clear early. Eoghan Ruadh began to settle, with James Doyle kicking a free to open their account. They then scored a super goal. Callum Cronin gliding past defenders, before timing his pass perfectly to Shane Daly. Daly coolly passed the ball into the corner of the net. One point between them after a hectic start.

McMahon found the net again soon after, as Tralee looked like a goal threat every time they attacked. Only a last ditch block from Cronin, and a terrific save from Pierse Moynihan denied them two further goals. Points from Daly, Doyle and Oisin Lynch for Eoghan Ruadh meant Tralee went in at the break one point up, after a terrific half of football.

Eoghan Ruadh struck for a superb goal early in the second half. Cronins running again created it. When his pass was intercepted, it fell loose on the ground. Daly was first to react, his first time finishing arrowing into the far corner of the net. Back came Tralee. Two points from Lane and wing back Sean Corkery were part of a four point run without reply. Eoghan Ruadh then responded. Putting immense pressure on the Tralee kick out, they fired over five quick scores. Center Forward Sean Doolan getting two of them. They now led by three as the back and forth nature of the game continued.

The water break came at a good time for Tralee, as they finally managed to win a kick out. From

the ensuing attack, Lane converted an easy free. He struck over another soon afterwards. Two points from midfielder David Lucid put Tralee two up again. Eoghan Ruadh weren't to go away that easily though. They fired over two more frees, with the second one from Doyle bringing the sides level as injury time approached. A very harsh second yellow card saw Eoghan Ruadh lose influential Captain Padraig Moynihan for the final moments. Another trademark Cronin run looked to have earned a close in free, but none awarded. As time continued to pass, Tralee launched one last attack. Nobody was willing to take a shot on. Eventually the ball fell to Thomas Deregee. He struck it with his right foot, and it just crept inside the post. Time was up and Tralee had advanced after a thriller.

A cracking contest, with some great football played. Tralee found a way to be on top at the end. They now face Mid Kerry in the final. Eoghan Ruadh were unlucky at the death, and on another day, could have got the victory. **EAST KERRY SENIOR CHAMPIONSHIP**

O Donoghue Cup Quarter Final sponsored by AQUILA CLUB &Dr O'Donoghue Family

Rathmore v Listry this Sunday November 14 at 2pm. The First team name at home

DR O'DONOGHUE CUP SEMIFINAL DRAW will take place after Rathmore& Listry quarter fina, 13th November at 2pm. Tatler Jack sponsored East Kerry U17 Championship 2021 RD1Spa v Rathmore Gneeveguilla Vkenmare/kilgarvan, Kilcummin v FiriesFirst named team has home venue. Extra time & winner on day



COISTE NA NOG

Super morning on Sunday in Firies Football, Hurling and Ladies Football HQ as our U7 and U9 Hurlers finished their academy for 2021. Each of the players gave tremendous effort throughout the year and we look forward to your return in 2022. As always, many thanks to our fantastic brigade of coaches who looked after the groups so well and finally, to the parents for presenting the opportunity to keep the game well and truly active in the club. Our academies would not be run so efficiently and effectively without the generous support of Mike and Mags Moriarty of Moriartys Centra Farranfore and Central Car Sales for which we are indebted

LOTTO

Numbers drawn were: 7, 15, 18, 28. No jackpot winner. 5x€30; Noreen Cronin, Ballyhar. Shauna Flynn, Doonkinane. Laura Quinn, c/o Bridie. Michael McCarthy, Currow. Pat Browne, c/o Bridie. Next weeks jackpot €7000

Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

JUNIOR CLUB CHAMPIONSHIP FINAL 2021

The Senior Men's County Junior Club Championship Final has been fixed for Sunday the 14th of November at 2.30pm vs Castlegregory in Austin Stack Park. So it time for everyone to get the club colours out around the parish and show your support for the lads. If you have any picture, feel free to send them onto our facebook/twitter pages or email them to pro.firies.kerry@gaa.ie. If anyone want to get some club gear, either log onto www.masita.



GlenflesksJeff O Donoghue rounds his marker in Kilcummin last Saturday. Photo: Seamus Healy

ie and search for Firies GAA or call into Vincent Murphy in Castleisland and he will sort you out for the big day.

AGM

Our club AGM will take place in Farranfore on Friday 26th November at 7:30pm sharp.

Nomination and motion forms for the AGM have been distributed via email to all 2020 members. Please ensure these are returned via email to the club secretary by 5pm on Wednesday 17th November.

WIN A HOUSE IN KILLARNEY WITH KERRY

For €100 you could win a stunning new build A-rated 3 bedroom house superbly located just off the Park Road in Killarney, Co Kerry. Follow the link on social media and on the Kerry GAA Website. Dont forget to mention Firies GAA when you enter the draw to help the club.

LEGION GAA

CLUB MEETING

There will be a Special Club Meeting to discuss changes to our Club Constitution on the 17th of Nov at 8pm after Club Mass. Copies of proposed new Constitution can be e mailed by request prior to the meeting.

Link for meeting https://bit.ly/Legion171121

Annual mass will be held in clubhouse at 7pm on the 17th November. All welcome. It will also be accessible virtually if people wish to join us from home. Link for the Club Mass https://bit.ly/LegionMass21

AGM DEC 6TH

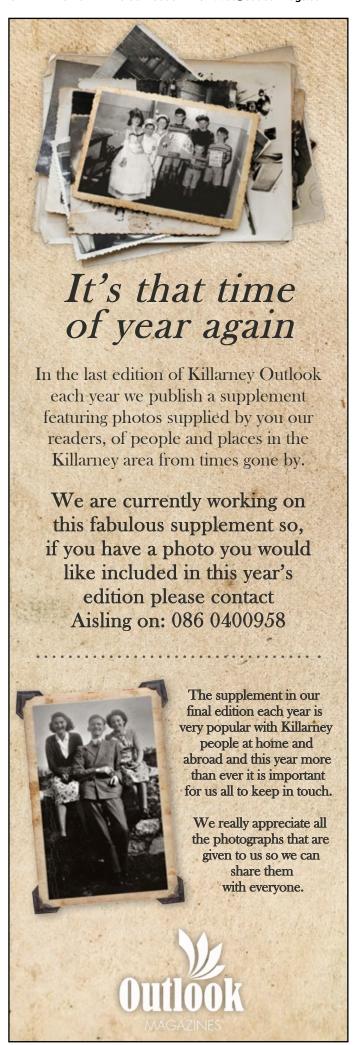
Our annual AGM will be held on Monday Dec 6th at 7pm at the clubhouse. All members are asked to attend.

DEEPEST SYMPATHIES

Killarney Legion extends it's deepest sympathies to the Lyne & Lynch Families on the death of Mary Lynch. May she rest in peace.

The club extends its deepest sympathies to the Breen Family on the death of their son and former player David Breen. David played underage with the club, May he rest in peace. The club also extends its deepest sympathies to Legion Stalward Tommy Regan & the O'Regan Family on the recent death of his aunt Ethel O'Hara who passed away recently in

Roscommon. May she rest in peace.







Weekly clinic at Scotts Hotel every Saturday @ 3pm. Social distancing rules will apply. I am always contactable on

0872461678

Are you on a waiting list for years awaiting hip/ knee replacement or any orthopaedic procedure, Cataract removal, Tonsils etc?

Are you aware there is a scheme available where you can travel to Belfast and have this carried out there and apply for a refund afterwards?

MOST COMMONLY ASKED QUESTIONS

- Do I need a medical card to avail of this? NO
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- Does it only apply to a certain age group? NO
 For further information please call

Martina in my office **064 6685782**

Contact Numbers: 01 618 3363/064 66 85782 E: michael.healyrae@oireachtas.ie



OUTLOOK BASKETBALL

WARRIORS UNBEATEN RUN ENDS AS THEY ARE HIT FOR SIX BY MAREE

InsureMyVan.ie Men's Super League 2021/2022 – Round 4

NUIG MAREE 97 GARVEY'S TRALEE WARRIORS 91

Garvey's Tralee Warriors early season unbeaten run came to an end last night when they suffered their first defeat of the campaign going down 97-91 to NUIG Maree at the Kingfisher Arena in Galway.

In an entertaining opening quarter the sides went score for score early with Aaron Calixte, Ron Elksnis and Nikolo Roso trading baskets with Eoghan Rockall, Luka Krajlic and a double from Deondre Jackson saw the teams level at 12-12. Calixte and a three from Darragh O'Hanlon edged the visitors ahead midway through the quarter but Rockall and Jackson fired in from distance to put Maree 20-15 up. Jackson was again on the mark from beyond the arc late on and when Paul Freeman opened his account the hosts led 25-23 at the first break.

An early second quarter run from the Warriors with two from Brandon Cotton and one each from Daniel Jokubaitis and Elksnis saw them take the lead back. It was short lived as Jeryn Lucas hit a three and Kraljic added to put the hosts 34-33 up. James Fernane entered the fray to hit a big three followed by another from O'Hanlon but a couple of costly turnovers by the Tralee side gifted easy scores to Kraljic, Jackson and Oriel Franch that had Maree back in front again. However, in the last action of the quarter Fernane had time to plant his feet and fire the Warriors back into a 44-42 lead at the long break. The Warriors carried the momentum into the third and despite a three from John Burke for Maree, Elksnis, Roso and Calixte combined to push the visitors advantage out to 53-47. However, this would be the last time the Warriors would lead in the game as Maree stormed back into the lead with scores from Jackson, Franch, Tyrdic and Freeman. O'Hanlon was again in range from distance and when Cotton followed suit the Warriors were back within one. However a steal from Tvrdic saw him drive to the board and when Lucas had the final say in the quarter with a score from inside the Galway side took a

67-63 lead into the final quarter.

Ron Elksnis cut the gap with the opening score of the final quarter before Brandon Cotton fired in identical back to back threes but Maree sensed they had another big win in their sights as a double from Franch along with a three and another major score for Tvrdic saw their advantage grow to 6 midway through the quarter. Krajlic and Jackson continued to disrupt the Warriors offence with steals and turnovers and converting them into scores to put it up to the visitors as the clock ticked down.

O'Hanlon hit his fourth three of the night and cut the lead to a single score, but foul trouble was now also the enemy for Warriors and when Jackson, Rockall and Franch hit 6 from eight from the line the die was cast. Calixte managed two late scores and three from four from the line and the Warriors had all their three-point shooters in play in the dying moments, but it was too little too late as following their Cup win last week Maree bagged the precious League points by 97-91 in the end.

Top scorers: NUIG Maree: Deondre Jackson 26, Lovre Tvrdic 16, Eoghan Rockall 15

Garvey's Tralee Warriors: Nikola Roso 18, Aaron Calixte 16, Darragh O'Hanlon 14

Next up for the Garvey's Tralee Warriors is a home tie with Bright DCU Saints at the Tralee Sport Complex on Saturday next with tip off at 7.30pm.

SCOTTS LAKERS CELEBRATE WIN

WATERFORD IT VIKINGS 59 SCOTTS LAKERS ST PAULS 94

Scotts Lakers St Pauls made the trip to the South East as they faced the Waterford IT Vikings in Round 3 of the InsureMyVan.ie Division 1.And the journey home was well shortened as they produced their most complete performance so far this season as they accounted for the hosts on a scoreline of 94-59.

All this was done against the background of a slightly depleted squad through GAA commitments, illness and injury. The huge positive to come out of this was the involvement of four local teenagers in the triumph. Jamie O Sullivan chipped in for an impressive 20 points, Senan O Leary 16 points, Daniel Carroll hit a massive three pointer while U17 Irish

Trialist Mark Sheehan made his National league debut, slotting home two free throws effortlessly. The local quartets efforts dovetailed perfectly with Emilian Grudov and Ben Miller, who enjoyed his most productive outing so far , while Rui Saravia enjoyed his time in the College Hall in Waterford IT.

The Lakers set the tempo from the get go with Grudov quickly into his stride, alongside Saravia, Senan O Leary and Jamie O Sullivan who all made buckets. Top scorer for the evening Ben Miller had the last word in the first quarter, getting his opening points from the free throw line. Leading 25-15 it looked plain sailing but the Vikings raided and plundered in the second quarter for 22 points and actually lead 37 to 36 at half time, with only Miller and Grudov troubling the scoreboard.

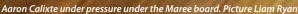
But all that changed in the third period as Miller, Jamie O Sullivan, Daniel Carroll all hit big threes and with Miller finding his mojo the Lakers burst into a 63 to 47 lead.

Any thoughts of a Vikings comeback were deflated within seconds of the restart of the fourth quarter as Senan O Leary struck from downtown and Grudov ,Miller,O'Sullivan and Carroll all kept their foot on the throttle to ease the Lakers to victory. The aforementioned Mark Sheahan climbed off the bench in both halves and got his due reward swishing his free throws as the Lakers accumulated 31 points in the final quarter.

A timely boost for this young squad as they face their first home game of the season against League hot shots UCC Blue Demons. While scoring 94 points may seem to be the highlight ,the concession of only 59 points shows a more solid and consistent defence.

Top Scorers for the Lakers were Ben Miller(27),Emilian Grudov(22),Jamie O Sullivan(20),Senan O Leary(16),Daniel Carroll(4),Rui Saravia(3),Mark Sheehan(2).While for the Vikings Conor Fenton hit 21 and Craig O Neill 11.







Ron Elksnis rises high to lay up a score. Picture Liam Ryan

SHEAHAN GROUP

KILLARNEY

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KILLARNEY PIP RCD IN TIGHT CONTEST AT AGHADOE

BANK OF IRELAND MUNSTER U-16 LEAGUE

Report & photos - Stephen O'Brien

November didn't disappoint as seasonal wind and rain swept across Killarney RFC's club grounds at Aghadoe to welcome the visitors from West Kerry, Rugbaí Chorca Dhuibhne for the clash with Killarney in their last home fixture in the first stage of the Bank of Ireland Munster U-16 League on Saturday the 6th of November.

Both teams came into the game in a vein of good form each with 3 wins from 3 in the opening rounds of the competition and tied at the top of the table with Killorglin/Iveragh, making this game a clash to send a winner to the top of the group table on the first of 2 big weekends in a row for Killarney who are due to play Killorglin away next week.

The home team were heading into this match having had a very solid season to date, going into the game with 5 wins from 5, overcoming Killorglin in the West Munster U16 Cup in their season opener in Ballymalis followed by encouraging wins over near neighbours Castleisland and Tralee before another win on the road against a tough Newcastlewest team in their 3 league clashes. A break for a fortnight was followed by a "bye" week in the league which was filled by the visit of the u-16's from highly regarded Bruff RFC from Co. Limerick to Aghadoe for a friendly played in atrocious conditions a week earlier but the teams didn't take much heed of that and served up some very entertaining rugby and a 17-5 win for the Kerrymen made it a clean sweep of wins before last Saturdays kick-off.

Tight early exchanges were a sign of things to come where scores proved very hard earned

in this game. Killarney defensively started very well playing into strong wind and rain but were unlucky early to lose captain Scott Carlton to injury after just 6 minutes and a reshuffle in the centre was needed. The hosts battled hard under sustained pressure from RCD but held their nerve to reach half time without conceding as a tense first half ended scoreless and Killarney having weathered a storm in more than one sense, relished the chance to attack with the wind at their back in the second half. The men from Dingle had other ideas though and put up a strong defence of their own making Killarney dig deep but the deadlock was finally broken as a Shane O'Sullivan penalty nudged Killarney 3-0 into the lead. Killarney began to feel they might just be getting the edge they created space to attack wide left of Dingle's defence, but conditions and the intensity led to a knock-on & missed pass at the final hurdle that snuffed out the chances to put real daylight between the sides

As the match reached the final minutes neither side had flinched in a hotly contested game & it was in the last 5 minutes the game was

RCD weren't lying down though and defiantly fought to the death & had the last say, battling all the way to the Killarney line and notching up a try of their own from short range in the last play of the match with the conversion unsuccessful to make a final score of Killarney 8, Rugbaí Chorca Dhuibhne 5 as Killarney's u16's extended their winning run to 6 from 6 in their toughest test to date but, its not over yet between these boys as both teams will have to do it all again as they meet in the West Munster Cup Semi Final due to be played in Ballydavid later in the season.

Next up for Killarney is the visit to Killorglin/ Iveragh on the weekend of the 13th of November and then away again to Abbeyfeale/ Listowel on the weekend of the 20th.

> Lining out for Killarney on the day were: Mark Kennelly, Cian Russell, Shane O'Sullivan, Scott Carlton (captain), Jack Donoghue, Bryan Walsh, Dara Stack, Adam Lynch-Herlihy, Alex Courtney-Sheehan, Dylan O'Brien, Kris O'Leary-Sacristan, Ciarán Doyle, Gearóid O'Connor, Connie Counihan, Tomás Chambers, Ronan Bennett, Pierce Leslie, Jake Leahy, Senan Cotter, Sam Dennehy & Tomás Swords.













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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

SENIOR COUNTY CHAMPIONSHIP

Kerins O'Rahillys 2-16 Dingle 0-13

To be honest, I had clear favourites in the other three games; this is the one I found it difficult. Dingle blazed an early trail in the County League, including a bit of a demolition derby on Rahillys on the final. But they hadn't been going as well since, whereas Rahillys were always solid, without setting off fireworks. Until the opening game of the County Championship, that is, when suddenly it looked like somebody had poked the bear.

Jack Savage opened the scoring, but neither Jack nor Tommy Walsh were the main threats here. Rahillys eschewed route one and Dingle struggled with their running game. David Moran was an absolutely immense platform at midfield. The two big threats with the direct running were Barry John Keane and Conor Hayes. They helped Rahillys into a 0-8 to 0-2 lead late in the first half (too one-sided a game for me to enjoy) before Dingle readjusted and picked off a few points. 0-8 to 0-4 at halftime. 0-8 apiece shortly after though - Dingle had switched their shape and closed off that broad avenue through their centre (a massive weakness for Kerry teams for quite a while now, I'm nostalgic for the days when the likes of Tim Kennelly or Liam Falherty would knock them back on their....gluteus maximus, I believe it's called). Only Rahillys absorbed it and came back with 1-4 on the trot, Tommy Walsh with 2 and Conor Hayes with the goal (Moran to Walsh and a quick pass to in-rushing Hayes - direct, simply...utterly deadly). Once Gavin O'Brien slotted home the second, Dingle's race was run. St. Brendans 1-17 Killarney Legion 1-9

Brendans are becoming a bit of a bogey team for Legion, with three defeats in three years now when it came to the crunch. This may have been the worst of them in many ways. Certainly Brendans basically blew their Killarney opponents away in the first half, leading 1-9 to 0-2 at the break. Alan O'Donoghue (2) plus an Eoghan O'Brien free and a Dan Goggin goal had a six point gap almost from the start, Darragh Lyne pulled one back, but James Duggan, Enda O'Connor, Goggin, Andrew Barry, Daithí Griffin....Eoghan O'Sullivan did have a second

Legion point, but the scores were coming from

In truth, some spectators left at half-time, and I don't blame them (I should point out that it was utterly freezing cold, Tom Crean would probably have been thinking twice here). Legion did get a goal, Conor Keane slipping across to Pádraig Lucey, and they did tear at the game after that, James O'Donoghue (4f), Jamie O'Sullivan, and Conor Keane firing over. They actually got the game back to 1-15 to 1-9, but Jack Barry, Joe Lenihan, Ivan Parker, Mikey Kelliher.....the truth is that Brendans had plenty

left in the tank

Legion will be disappointed with their showing, and probably more worried about their senior status. Their fate lies outside their hands – if Crokes win in two weeks time, then Legion automatically drop down to Intermediate. Even if Crokes lose, Legion will have to rise enough to knockout a team that made the last four of Kerry's premier competition, and this kind of display simply won't be remotely sufficient.

Dr. Crokes 1-22 Templenoe 0-6

Look, Dr. Crokes barely looked a shadow of themselves during the Club Championship. They were bedding in a lot of young players, and carrying injuries (it was quite clear to me that quite a few players on the field were operating below their peak), but they looked frustrated. They looked like old boxing champions, swinging and not understanding why they were missing. Templenoe were perfectly entitled to come here with expectation as well as hope; after all, they had turned Crokes over once already.

They met a different Crokes. Especially in workrate - for me, it was their most impressive trait last Sunday. Brian Looney led the way, Gavin White scythed through gaps like a cheerful reaper, Tony Brosnan was his lethal self. All the big names came out to play. But much more important, and much more impressive, was the tenacious tackling and assured teamwork of lesser lights. This wasn't a Crokes team of sharks, these were piranha, and they eat you faster. Every Templenoe mistake was a turnover and every turnover was a clinical score - 'clinical', rather than 'spectacular' being the significant and ominous word for anyone previously writing their epitaph. It was 0-8 to 0-2 at the water break. 1-10 to 0-5 at half-time, Tony Brosnan with a cool penalty. 1-13 to 0-6 by water break number two, and 1-22 to 0-6 at the finish. Some of these players may be new and shiny metal at Senior County Championship grade, but they were forged in an old forge. Austin Stacks 0-14 South Kerry 1-6

Make no mistake. Just as the scoreline in Austin Stacks' defeat of East Kerry (1-7 to 1-5) was deceptive, so is this one. There wasn't five points between the teams at the finish, there was an entire gulf. Shane O'Callaghan and Kieran Donaghy supplement the superaccurate Darragh O'Brien (4) for a 0-6 to 0-0m lead at the first water break. It was 0-9 to 0-3 at half-time. A red card for Jack Daly late in the third quarter put kibosh on any realistic chance of a comeback, not that one was really on anyway. The truth is that Stacks once again had complete control, even if their heavily defensive style mitigated against them blowing away South Kerry on the scoreboard. Their physical power helped - they look in the best physical shape of the four semi-finalists for me (I should

point out that me talking about fitness is a bit like Donald Trump talking about diplomacy). Dylan Casey did well on danger-man Éanna Ó Conchuir, but Dylan had a lot of the channels blocked off to help him. Paul O'Sullivan has been as big an asset to Austin Stacks as his brother Brendan and showed it again. Jack O'Shea did well again going forward, and wasn't really tested in defence, South Kerry struggled for ball and lacked options when they got it. My man of the match was Kieran Donaghy - lads, when you think that he played Kerry minor in 2000, or rather, sat on the bench for the Kerry minors that year. He didn't score that much, or set up that much.....he simply directed the play at all times.

I think, to be fair, that even though their actual scorelines or margins of victory haven't been that high, we all know the team to beat.

At the moment, anyway, let's not be counting chickens until the eggs hatch, etc.

COUNTY CHAMPIONSHIP SEMI-FINAL DRAW

Dr. Crokes v Kerins O'Rahillys Austin Stacks v St. Brendans

COUNTY U15 CHAMPIONSHIPS

Tralee District 2-12 Eoghan Ruadh 2-11

Report by Denis McCrohan

Tralee District had a one point win over Eoghan Ruadh with the last kick of the game from Thomas Deregee in a high scoring game in Cordal. The game was very tight in the first half with Tralee dominating possession and Paddy Lane with a point from play and a 45m free. Paddy McMahon got on the end of a Tralee move to get the first of his two goals after seven minutes. However Eoghan Ruadh did get a free from James Doyle and Shane Daly finished a fine goal after being set up by Callum Cronin. At the water break there was just one point between the sides 1.02 to 1.01

Tralee dominated the second quarter and had three goal chances. Pierce Moynihan was on hand to save from Thomas Kennedy in the 22nd minute. The goal for Tralee did arrive through McMahon again with an efficient finish. Eoghan Ruadh did reply through points from corner forwards Shane Daly and James Doyle. Oisin Lynch did fire a fine long range point to put one point between the sides at half time. Tralee 2.02 v Eoghan Ruadh 1.04

Shane Daly scored a brilliant goal with a volley to the right corner of the net after good work from this partners in the full forward line Callum Cronin and James Doyle. There was a big battle in mid field between Daniel Kirby and David Lucid for Tralee and Padraig Moyinhan and Keelan O'Shea from the east Kerry side. The Tralee side hit four points in a row with some

one way traffic.





long range points from Thomas Kennedy (two), Paddy Lane and wing back Sean Corkery to go two points up by the eleventh minute. Eoghan Ruadh sprang into life and hit five points together to go three points up at the water break 2.09 v 2.06, Sean Dolan and James Doyle got two each while Conor Moyinhan got the other.

Tralee were three points down but hit the next five to go back in front by two points. Paddy Lane got the first two with the two midfielders Kirby and Lucid sharing the other three points. Eoghan Ruadh midfielder Padraig Moyinhan kicked a free to narrow the gap, but received a harsh second yellow to end his involvement in the game. James Doyle kicked the equalizer with the game in injury time. Eoghan Ruadh might have had a close in free after a challenge on Callum Cronin, however it was not to be and Tralee swept up the field to score the winner through Deregee and book their place in the County Final.

CUP SEMI-FINAL RESULTS

Mid Kerry 3-16 North Kerry 1-16
Tralee District 2-12 Eoghan Ruadh 2-11
Shield Semi-Finals Results
Castleisland District 2-17 South Kerry 3-11
St. Brendans 6-15 Kenmare District 3-7
The finals are provisionally planned as a doubleheader this Sunday in the Fitzgerald Stadium.

PAT SPILLANE STARS IN DUBLIN COUNTY CHAMPIONSHIP

The list of Kerry players who have made an enormous impact on the Dublin County Championship is simply too big to be fully tabulated. The turnaround in Dublin's GAA fortunes after early promise (more likely based on the centrality of the county than anything else and the influx of GAA 'culchies' needing work) was based at least partly on their reliance on non-natives in their County Championship. Vincents, of course, changed that and were the catalyst for Dublin becoming a superpower again. I've only seen short clips of the game where St. Judes beat Lucan Sarsfields in the County Semi-Final – it looked top quality, but of course selected clips are always going to show a game in a positive light. Pat wasn't the only Kerry player to star, with Jack Maguire, David Sheedy, and David Mannix all showing well, but the Templenoe native would have stood out even without his attention-garnering pedigree.

His first cousin Darragh, of course, played for the Dublin U21s.

Oisin Mullin to AFL?

It was listed as a done deal at the start of the week, but some doubts have been cast on it since. Mullin is probably the best of a new crop of Mayo footballers – I'm not as impressed with some of the recent forwards to emerge, great footballers with battling qualities, but can they actually score all that much? The harsh reality is that is the only important measure of a forward, and it's always been Mayo's glaring weakness. I'll say it about a Mayo footballer the same as I'd say it about a Kerry footballer. Go for it, and the absolute best to you. GAA is an amateur sport; this is an opportunity to get paid \$70,000AUS on a full scholarship, playing sports at a professional level (and anyone who puts in that much commitment to amateur sport would obviously like to try their hand at professional). with help and supervision, and scheduled flights home to see your family. Maybe it won't work out.

As for the begrudgers? Plenty of players these days (too many, sadly) have had to leave friends and family behind to go and seek jobs in other countries, without any of those safety nets. It's been going since long before the Celtic Tiger's roar became a whine. I didn't any of you suggesting that they should be staying behind out of loyalty, so what's the difference here?

COLLEGES GAA

Corn Uí Mhuirí

St. Brendans 5-14 HS Clonmel 0-4

Just look away now. The Sem made a number of changes since that shock defeat to Coláiste na Sceilge, and they worked – albeit without being tested too hard by a thoroughly outclassed Clonmel. Harry Byrne as sweeper after returning from injury was a big one, Clonmel's attempts to probe into space were mopped up comfortably every time. At the other end the Sem simply had far too much pace and power, especially Senior County Championship players Cian McMahon and Will Shine. Luke Crowley and McMahon had early goals to set the tone before the Sem had two players black-carded. I have to say that I thought both were extremely, extremely harsh (practically mysterious) and I that my final scoreline had the Sem at 6-15; I don't know what was disallowed. On the other hand, that's one of the best referees in the country, whereas my application for Mensa was denied because I mispelled my own name, so I think I'll just leave it there....

A third goal from Cian Foley helped the Sem into a 3-7 to 0-2 lead at half-time, and to be honest the game could have been stopped there. Neither side will learn much from this – in fact, I'd have preferred a harder test for the Sem. They have Killorglin, whom they beat comfortably in the quarter-final of the O'Sullivan Cup, in Round Two. With a victory and this kind of scoring difference under their belts, I can't see them not qualifying for the quarter-finals, but frankly this isn't the run-in I would have wanted.

Coláiste na Sceilge 1-5 Skibbereen CS 1-15 Niall Daly and Fiachra Collins were the big guns for Skibbereen. The truth is that Coláiste na Sceilge's youth came against them. They have just two players on the age, whereas a big, strong Skibbereen side are almost all overage next year and the difference in physicality showed. Ian O'Sullivan (0-4) and Donagh O'Sullivan did best for na Sceilge.

Mercy Mounthawk 2-14 St. Flannans 1-7

Mounthawk, often overshadowed by their neighbours, are a very serious outfit and showed it here – Flannans are never easily beaten. The Tralee side tore out of the blocks, with Kerry minor Darragh O'Connor in absolutely top form as they led by 2-5 to 0-1 and Flannans never recovered from that. Mounthawk v Críost Rí will be one of the more intriguing ties of the next round

PS Sliabh Luachra 3-14 PS Chorca Dhuibhne 1-3

Sliabh Luachra were well beaten by Tralee CBS in the semi-final of the O'Sullivan Cup, but they quite honestly didn't look like they had played to their own ability. That's not hindsight, I did note that in my match report, and this duisplay against Corca Dhuibhne was much more what I'd expect. Fionn Murphy and Micheal McSweeney took the middle third and Ciarán Collins was superb in the corner. It took them a while to get going, but that was as much to do with a hard wind as a Corca Dhuibhne side who were reliant on a couple of players to battle the tide Cormac Ó Cinnéide and Tomas Aghas were again their big guns. Most impressive for Rathmore was the spread of scorers, ten players shared sharpshooting duties. Early days, but they'll be very pleased with this display.

Clonakilty CC 0-11 Colaiste Chríost Rí 1-8 (Clonakilty win on penalties)

Again, I don't know a lot about it, and I'm not going to pretend to. But seeing Críost Rí back in competitive mode (look, there's no nice way to say it, a lot of us wanted Críost Rí to drop down

ALL THINGS...SPORT

a grade in recent years; they were taking some absolutely awful hammerings. Their Corn Uí Mhuirí and Frewen sides were despatched after conceding a combined total of 13-37 in the first round one year).

Penalty deciders. I loathe them. I know the tight schedule list we are working under at the moment (and for too long before covid, as well; less games of better quality please at all grades, Croke Park) but I really hope we can get rid of penalty shootouts. Blast it, having a dance-off if ye must, I'll take anything.

Tralee CBS 2-11 IS Killorglin 0-9

Arrah, look, if you don't know who are the raging favourites for the Corn Uí Mhuirí, you haven't been paying attention. Conor Horan and most especially Armin Heinrich (the way he is playing for both the school and the Austin Stacks seniors, I have Heinrich listed for the Kerry U20s already; he is spectacular)) are not just the biggest midfield pairing I have seen at colleges level in a while (Pat Hegarty and Fachtna Collins with St. Fachtna's some twenty years ago, since you didn't ask), but also superb quality footballers. Tralee's forward line is even better than last year. Having won one Corn Uí Mhuirí might just be a harbinger, especially when I believe that they would have taken a Hogan had it been played.

HS Bandon 0-9 Coláiste Choilm 0-2

I didn't see it, so I'm not going to claim to have an idea. I did see Bandon twice at U16.5, I knew they would be good, but Coláiste Choilm to score two points? They were among my darkest of dark horses. Oh well, crystal ball must be on the blink again.

St. Francis Rochestown a bye

East Kerry

Pádraig de Brún Mary Immaculate GPA Scholarship (1 of 2)

Congratulations to Pádraig de Brún, one of two students to be awarded a GPA scholarship towards his studies in Mary Immaculate College.

O'DONOGHUE CUP

Quarter-Final: Glenflesk 0-10 Kilcummin 0-10 (Glenflesk win on penalties) Quarter-Final: Spa 2-14 Fossa 0-7 First Round: Rathmore 0-16 Gneeguilla 0-8

First Round: Listry 3-10 Kenmare Shamrocks 1-14

RUGBY

Ireland 60 Japan 5

Look, November is ducks and drakes rugby. This isn't the Six Nations, this isn't the Heineken Champions Open Invitation Wonder-How-



Many-Teams-We-Can-Cram-Into-It-This-Year Pseudo-European Yokemebob (if you suspect that I'm not a fan of that increasingly welldressed dross, well done you), this isn't World Cup. This is a 'Test' – of my patience, presumably. But let's take it at face value.

Japan are far more dangerous opponents than they are given credit for generally. They gave us a tough battle on our last meeting and they beat us at the 2019 World Cup. To open a theme on which I will develop very slightly, that was a World Cup where Ireland came in on top form, highly rated, great players.....and flopped badly. Why? We were glorying in what we had in the build-up without planning ahead; every other country was building towards it, including Japan.

In theory, then, this was brilliant. A masterclass of Irish rugby. Not the bish-bash-bosh that we were unfortunately getting used to. The likes of Gibson-Park and Lowe getting to utilise all their expansive skills - these are not trench warfare players; not every player needs to be a warrior and I personally like lockpicks in action. Lowe had the first try on four minutes, Johnny converted like a master. Andrew Conway with the second and best try of the game, a synchronised team effort. Johnny converts like....well, himself.

Penalty for Johnny. Easy peasy. Try for Gibson-Park, again expansive play, and Johnny adds to his tally.

The next one takes a while, but there's a wave of emotion as the centurion himself, 100-cap Johnny, with his Kerry relatives looking on, surges over the line like a competitive dolphin skimming over the Barrier Reef (the game is boring; I'm reverting to outlandish metaphors here). Bundee Aki goes over six minutes later. Finally, on 57 minutes, Japan go over through Siosaia Fifita. I've never heard of him. They miss the conversion - at 41 to 5, you'd say "no big deal", but actually, when a minnow is facing a shark, you need those bread and butter scores. You need to grab every little opportunity, you need to turn the screw, you need to hunt and harry. In other words, you need those little scores; it won't matter now, but it will in two years time. If I was Japan's manager, I'd be focusing on that little moment, those are the edges to sharpen after a chastening lesson like

Garry Ringrose with a try on 70 minutes. Conway adds another within minutes. On 80 minutes, Cian Healy goes over for our only pushover try - and don't think that just because I like flair and movement that I'd ever knock

Great day for Ireland, yeah? Wouldn't you feel like going with Ross O'Carroll Kelly and having a few Heinos, maybe even slumming it at Coppers to celebrate?

I was raging. I was absolutely furious. Yes, sure, we beat a second tier nation and looked good doing so. What cosmetic exercise was this? Look, I was disappointed at the amount of game time that Johnny Sexton got at the Six Nations. The idea of him going with the Lions was preposterous to me. Yes, great player, one of our greatest ever. I have huge respect for him. But he's taken an incredible amount of knocks over the years and they are showing. He is incredibly brave, which means his head is often where I wouldn't want his body - and that comes with a price tag. The thing about his 100 caps is that it should have been ended around 90. This is not our World Cup number 10 in two years time. Yeah, I know there haven't exactly been too many hands put up for the role....tough. None of the options are as good as Johnny is now, but that's not fixed in stone, far from it.

Alright, Johnny deserves 100 caps, not just on ability, but also on heart. But take a look at the subs bench. Cian Healy, Keith Earls, Conor Murray, Peter O'Mahony? Really? We're absolutely cruising against Japan, so let's throw these guys on and see what they can do? This is absolutely ridiculous and has cost me a huge amount of faith in Andy Farrell.

As for the massive vote of confidence in the Irish media? The comments about how the All Blacks might be vulnerable? Wow.

The only time that we beat the All Blacks (that much over-hyped Chicago friendly) they were coming off the back off a long and gruelling season. Get yere heads out of the clouds and yere feet back onto the ground fast, lads, because the All Blacks never say stupid nonsense like that....but they listen.

SOCCER

Ireland will have played Portugal by the time that you read this. I expect Ireland to lose, because we simply aren't good enough at the moment. That's not Stephen Kenny's fault, or any of his players, but no doubt the blame will be heaped upon them. If they should pull off a shock win – and after a great European Championships, Portugal have not been convincing in despatching lesser teams - then of course manna will flow from heaven, Ireland will be restored as one of soccer's superpowers, and the taoiseach of the day will be trying to photobomb Stephen Kenny.

None of which has any meaning whatsoever. The World Cup campaign is gone, and we are far better off not going to Qatar - I maintain that the same can be said of every other team out there. Oatar.

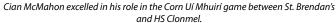
Of much more long term significance is the revamp at the FAI's top table (the fifth since the massive debt of over €60 million (it's creeping upwards all the time, by the way) was revealed. Most of it is cosmetic exercise. Stephen Kenny gone as Director of Football is no surprise; the mystery is what PR guru thought appointing him to that role, when the Irish national manager (and team, for that matter) has always been entirely disconnected from the League of Ireland or any other aspect of Irish soccer. I did have hopes for Rea Walshe; she seemed to understand basic diligence – but she's clearly had enough of this stuff. As for the rest? White

Most significant by far, much more so than seems to have been realised, is the departure of Ruud Doktor. While it's certainly not acrimonious (he's a lovely, genuine man), you would have to say his tenure has been a failure in terms of revamping juvenile development.

The attempt to change to summer soccer

ALL THINGS...SPORT







Action from the Dr. Crokes v Templenoe Game at Fitzgerald Stadium. Pictures: Tatyana McGough, Fitzgerald Stadium PR

made perfect sense in his native Holland, where soccer was one of the biggest sports. However, the fact that they could never even get an unencumbered winter season finished in time should have been a warning. The simple fact is that the GAA is an awful lot bigger than soccer in terms of ground participation, with established schedules (rather than weekly, as in the case of soccer) while rugby (where better discipline prevails than either – it's not a myth) has a firmly established niche. The DDSL have received a lot of the blame for the rejection of summer soccer – nonsense. Most counties ('districts') rejected it.

Smaller-sided games for younger players was and is a positive idea and a big success. But a mistake that both the GAA and soccer have made is that young players absolutely will not buy into non-competitive games. They want competition. Healthy, friendly, prizes not necessary – but they know full well that if no-one's taking score, then nobody, including them, is going to care. That might not fit some Disney movie sentiment, but that's simply how it is.

Worst of all, though, is those abominable mish-

mash national underage leagues. It weakens the district leagues with out giving any real pathway – the League of Ireland clubs soldier on with recruitment because no alternative has ever been offered them. Ruud Doktor was trying very hard to develop a system of producing players without sending them to England – but, inexplicably, not having apprenticeships with the League of Ireland clubs as part of that process. I suspect that politics (the FAI, the League of Ireland, and the DDSL – let's not pretend that the Schoolboys don't jump to attention every time the DDSL say so) have never danced well together.

Ruud Doktor understood soccer development very well. In the shambles that is Irish soccer, that was always going to come against him.

BOXING

IABA

I'm not going deeply into the travails of Irish boxing at the moment, at either professional or amateur level. I remember when Ireland had Billy Walsh and Zaur Antia and Olympic medals. Then the AIBA seemed to think they could do it better, got rid of Antia, and undermined Billy Walsh. Billy is one of the most respected coaches in the US right now; Irish boxing is....oh dear. They have currently expelled members from three provinces as part of a certain internecine warfare that only hurts the sport. They reluctantly sent a team to the World Championships – a team that somehow didn't include four Elite champions or the U22 European gold medalist Dean Clancy. Hah? Unsurprisingly, the team did very poorly.

The IABA have come out with a statement absolutely backing Director of Performance Bernard Dunne after a litany of complaints (some anonymous and plainly malicious) have been made against him this year. Unfortunately, the results are clearly not on Dunne's side.

Look, amateur boxing is actually quite possibly the healthiest sport you can take up. I really am not joking. Muscular, cardiovascular....anything. It checks all the boxes. Concussion at amateur level is far, far better controlled than virtually any field sport (I absolutely include GAA). To see it like this....



KERRY SCHOOLBOY/GIRL SOCCER

SFAI NATIONAL CUP ROUNDS 2 & 3 PART OF

40 GAME KSBGL SATURDAY Girls National Cup 14's Round 2

MEK Galaxy8 -4 Bridge United Killarney Celtic 2–1 Connolly Celtic

BOYS NATIONAL CUP 13'S ROUND 2

Killarney Athletic 1 –2 Moneypoint AET Tralee Dynamos1 -0 Inter Kenmare Nenagh 1–1 Listowel Celtic AET Nenagh win 3-1 on penalties St Brendan's Park B 1-4 Aisling Annacotty A Camp Juniors 2-3 Charleville A Killarney Celtic B 3-2 AK United

13'S ROUND 3

Mastergeeha 1-2 St Brendan's Park

15'S ROUND 2

Ballingarry 0-2 Killorglin Bridge United 3-0 St Brendan's Park Murroe 0-3 KillarneyAthletic BT Harps/Templemore 3-0 Fenit Samphires **15'S ROUND 3**

Killarney Celtic 0–2 Granagh Nenagh 3-4 Inter Kenmare **KSBG LEAGUE - GIRLS**

13 PREMIER:

Camp Juniors 6-1 Killarney Athletic Blue Listowel Celtic 6-0 St Brendan's Park 13's Division 1

Inter Kenmare 3- OKillarney Athletic White 14's Division 1

Castleisland 2-3 Fenit Samphires 16's Premier

Inter Kenmare 3-2 Listowel Celtic

16's Division 1 Castleisland 6-2 MEK Galaxy

St Brendan's Park 5-3 Iveragh United

Slattery's Carpets and Blinds 12's Division 2 Ballyhar Dynamos B 7-3 Camp Juniors B 13's Premier

Killorglin 3–6 Fenit Samphires Killarney Celtic3 –0 LB Rovers

13's Division 1 Killarney Athletic B 1-7 St Brendan's Park C

Ballyhar Dynamos 8-2 Tralee Dynamos B Listowel Celtic B2 -4 Dingle Bay Rovers 13's Division 2 South

Killarney Celtic C 0-2 MEK Galaxy B Iveragh United 3-4 Inter Kenmare B Killorglin B 3–1 Killarney Athletic C 13's Division 2 North

Camp Juniors B 3-1LB Rovers B Castleisland B 8-0 Fenit Samphires B World of Tiles 14's Division 1

Castleisland 4-1 Killarney Celtic 15's Premier

LB Rovers 1–2Mastergeeha 15's Division 1

Camp Juniors 3-1 Ballyhar Dynamos Dingle Bay Rovers2 - 3 Iveragh United 15's Division 2

Inter Kenmare B2 - 1 Mastergeeha B Iveragh United B0 -5 Tralee Dynamos B St Brendan's Park B 2-2 Killarney Athletic 16's Premier

Killarney Celtic 5-1 Tralee Dynamos 16's Division 1

Ballyheigue 1-7 Killorglin B

REPORTS

Both 14's Girls teams progress in National Cup When the draw for the third round of the SFAI 14's National Cup is made the KSBGL will have at least three teams in the bowl. It could be four as Listowel Celtic have to travel to Regional for their second round clash.

With Inter Kenmare already through they were joined by MEK Galaxy and Killarney Celtic on a very good day for the girl's game in Kerry. MEK Galaxy defeated Bridge United in Clare thanks to two hat tricks from Naoishe O'Donoghue and Keeva Riordan and one goal each from Maggie Quirke and Izzy Lyons in an 8-4 win.

It was a closer game at Celtic Park when another Clare side were the opposition. Killarney Celtic progressed 2-1 thanks to goals from Liadh Forde and Emma Daly.

The work being done in the clubs and at League level is certainly paying off with Inter Kenmare, Killarney Celtic and MEK Galaxy also into the next round of the National Cups.

MIXED FORTUNES IN THE 13'S NATIONAL

The second and third rounds of the SFAI National Cup took place on Saturday. In the all Kerry clash a goal from Danny Lane gave Tralee Dynamos the win over Inter Kenmare in the all Kerry clash. Killarney Celtic B had a very good win over AK United with their goals coming from Daniel O'Sullivan, Pa McCarthy and Tobias Iheme.

In Round 3 there was another all Kerry clash with St Brendan's Park winning 2-1 at Kilbrean Park. Edison Jahiri and Rian McEvoy got the Park's goal while Daniel Buckley replied for Mastergeeha. The home side went close to an equaliser when Roan Guerin's shot hit the crossbar.

There was no joy for Killarney Athletic who went out to Moneypoint after extra time. Alex Doolan got the Athletic goal. Listowel Celtic also went out after extra time and penalties following a 1-1 draw. JJ Barrett got the Listowel Celtic goal.

St Brendan's Park B put in a good effort before going out to Aisling Annacotty A at Christy Leahy Park. Dwayne Conway was the Park's scorer.

Killian Crean and Tadgh O'Donoghue scored for Camp Juniors but they went out 3-2 at home to Charleville A.

THREE SIDES PROGRESS IN THE 15'S **NATIONAL CUP:**

Killorglin made the trip to Ballingarry a winning one in Round 2 of the SFAI 15's National Cup. Sean Griffin and James Clifford were on the mark for the Kerry side.

Killarney Athletic also progressed on the road thanks to two goals from Brian O'Shea and one from Fionn Daly in their win at Murroe FC.

St Brendan's Park and Fenit both lost out away from home to Bridge United and BT Harps/ Templemore respectively.

Inter Kenmare were in Round 3 action away to Neangh and they went through by the odd goal in seven.

GIRLS LEAGUE REPORTS

6 of the best for the leaders in the 13's Girls Premier

Listowel Celtic lead the way in the early stages of the 13 Girls Premier with two wins from two. Goals from Holly Rvan 2. Laura Meehan, Clodagh Houlihan, Ava Sheehy and Eadoin Larkin saw them defeat St Brendan's Park.

Camp Juniors made their debut a winning one thanks to goals from Keelan Clifford, Caoimhe Skinner, Ashley Horgan, Erin O'Shea and Leah Courtney. Kelsey Cummins replied for Killarney Athletic Blue.

INTER OPEN WITH A 13'S DIVISION 1WIN:

A hat trick from Grace O'Shea gave Inter Kenmare all three points in their home game against Killarnev Athletic White.

FENIT WIN AWAY IN 14'S DIVISION 1:

There was a five goal thriller in Georgie O'Callaghan Park with Fenit defeating their hosts 3-2. Siofra Murphy 2 and Alica Deady got



MEK Galaxy u13 white who won away to Killarney Celtic



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by John O'Sullivan

FOCUS ON NOVEMBER
GARDENING

Now that November is here, it is a great time of the year for planting bare rooted trees, hedging, fruit bushes, roses and rootballed conifers.

The bare rooted planting seasons lasts from November until March. The reason for this is that the trees and hedging are dormant at this time of the year, so you can't really do any damage when you are lifting or planting.

When planting bare rooted as a general rule, plant about three plants per

when planting bare rooted as a general rule, plant about three plants per metre, roses can also be purchased and planted bare rooted as can fruit trees and fruit bushes.

The main thing when planting bare rooted trees and hedging is that when you purchase them and if you are not going to plant them straight away you will have to heel them into the ground; by this, I mean you will just have to dig a hole and put the plants in and cover the roots with earth to stop the roots drying out.

With hedging plants, roses and fruit bushes, they will usually come in bundles and will be tied together, so you don't have to separate them, just put the whole bundle in the ground.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



Rathmore & District Credit Union hosted a Coffee Cart on International Credit Union Day on the 21st of October which had the theme of Building a Brighter Future to acknowledge our members for their support during the pandemic. They joined up with Air Ambulance Community Service as a charity partner. Aer Ambulance Community Services relay on fundraiser to keep the operation going. During this week Tracy Bolger CEO & Tim O'Sullivan Team Leader paid a visit to the Aerodrome to hand over a cheque for €2750. One never knows when one might need to avail of this vital service. Making A Difference – Supporting the Community We Serve″



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the Fenit goals with Jamie Lee O'Connor and Caoimhe O'Mahony replying for Castleisland. Inter top 16's Premier:

Inter Kenmare added to their opening day draw with a narrow win over Listowel Celtic. Grace Foley, Laoise Carey and Lucy Burton scored for Inter Kenmare with Kelly Enright and Laura Flavey getting the Listowel Celtic goals.

Two from two for the Park in 16's Division 1 St Brendan's Park girls made it two wins from two in the 16's Division 1 thanks to two goals each from Aoife Begley and Faye O'Neill and one from Lauren Brosnan. Clara Daly hit a hat trick for Iveragh United who battled to the final whistle. Castleisland made it one win from two thanks to an on-fire Seana Wilkinson who hit four goals and Amelie Kerins who got 2. Izzy McGrath and Sarah Fitzgerald replied for MEK Galaxy.

BOYS LEAGUES REPORTS:

SEVEN UP FOR BALLYAHR IN 12'S DIVISION

Four goals from Daithi Allen and three from Alex Finn saw Ballyhar Dynamos B defeat Camp Juniors B 7-3 at Mort Scott Park.

WINS FOR TOP SIDES IN 13'S PREMIER

Killarney Celtic joined St Brendan's Park at the top of the 13's Premier, but they have a game more played. A Jack O'Grady goal in the first half and one each from Ignacy Truchan and Daire Horan saw Celtic take the points against MEK Galaxy.

Fenit, who have also played four games, are only two points further back following their win at Killorglin. Mikey Corridan 2, Luke O'Carroll 2, Dara Harty and Ewan Lyons got the Killorglin goals.

PARK C THE TEAM TO CATCH IN 13'S DIVISION 1

St Brendan's Park C leads the way in 13's Division 1 and they added three more points thanks to their win away at Killarney Athletic B. Calvin O'Sullivan was in unstoppable form ending with 5 goals. Daithi Nolan and Ibrahain Hussam got the other Park goals with Cian Hegarty replying for the home side.

Ballyhar Dynamos are only three points further back following their win at home to Tralee Dynamos B. Daniel Downes, Isaac Vickers, Jack O'Connor, Donnacha Lynch, Jack O'Shea, Kevin O'Shea, Aaron Moriarty and Jack O'Leary got the Ballyhar goals.

Dingle Bay Rovers will be happy with their win away at Listowel Celtic B thanks to goals from Cillian O'Baoil, Mattie O'Halloran and Marco Szazepaniak.

Top two share the points in 13's Division 2 North One of the games of the day was the 13's Division 2 North clash of the top two sides in the Division played in Castlegregory. LB Rovers B went 2-0 up thanks to two goals from Conor O'Reilly. However home side Camp Juniors B levelled through Eoin Mangan and Jack Griffin and then went ahead thanks to Ethan Chambers. But Gracie O'Sullivan had the final say getting the equaliser. LB lead the way by three points after four games.

Castleisland are only a point off second place and have a game in hand after their win at home to Fenit B. Adrian Walsh 2, AJ O'Connor 2, Conor Lenihan, Sam McCarthy, Daniel O'Sullivan and Alan Wierzanski were on the Castleisland score sheet.

MIDWEEK START FOR 13'S DIVISION 2 SOUTH

The early action in the 13's Division 2 South saw David O'Shea scoring twice to give MEK Galaxy B a 2-0 win over Killarney Celtic C at Celtic Park on Thursday night.

On Saturday leaders Inter Kenmare B won by the narrowest margin 4-3 away at Iveragh United White. Dara O'Shea 2 and Dominic Courtney got the home sides goals. A hat trick from Finn O'Byrne and one from Kai Gull gave Inter the win.

Killorglin B are in joint second place – three behind Inter Kenmare B – and added three points to their total with a 3-1 home win over Killarney Athletic C. Mikey Hayes 2 and Tommy Foley got the Killorglin B goals after Ryanb Kissane had put Athletic ahead.

Castleisland win at home in 14's Division 1 Goals from Frank Wharton, Josh Ryan, Shane O'Loughlin and Darragh Cahill gave Castleisland a 4-1 at home in Georgie O'Callaghan Park over Killarney Celtic. Pa O'Brien got the goal for the Killarney side.

AWAY WIN MOVES MASTERGEEHA TO THE TOP OF 15 PREMIER

Goals from Sean Maher and Mathew Kennedy gave Mastergeeha a 2-1 away win over LB Rovers, Fionn Houlihan scored for the home side. The Kilbrean side are now two points clear of Killarney Athletic and Killorglin.

Home and Away win in 15's Division 1

Joint leaders with Inter Kenmare Iveragh United came from 2-0 down to defeat Dingle Bay Rovers 3-2 in Dingle. The home side were after goals from Cian McGearailt and Cillian McNamara with 5 minutes to go. David Kennedy pulled one back and then Niall O'Sullivan scored from long range. The unlikely win was wrapped up thanks to a late late Alex Kelly free kick.

Camp Juniors also came from behind at home to Ballyhar Dynamos to move into joint third place. Liam Griffin had put the away side ahead but a David Moore free kick levelled matters and then two from Robert Keane wrapped up the Camp win.

GAMES ON SATURDAY AND SUNDAY IN 15'S DIVISION 2

Inter Kenmare B led the way in the 15's Division 2 thanks to a 2-1 home win over Mastergeeha B. Diarmuid Healy for the home side and Jack Casey exchanged goals before a Jack Wygins strike won it for the home side who needed keeper Danny O'Shea to be in top form.

Tralee Dynamos B were second overnight thanks to their win away at Iveragh United B. Fionn O'Dalaigh, Ronan O'Connor, Ryan Onyawkere and Francis O'Brien got the Dynamos goals but

they also needed goalkeeper Chris Pardilis to be on form to ensure the win.

On Sunday Killarney Athletic moved a point ahead of Dynamos and just one behind Inter following their 2-2 draw away at St Brendan's Park B. David Walsh and Gleb Taramov scored for Athletic with Nadal Rivas and Igor Mikolajczyk replying for the Tralee side.

ONE GAME IN THE 16'S PREMIER AND DIVISION 1:

In the 16's Premier under the lights on Friday night Killarney Celtic won at home to Tralee Dynamos thanks to goals from Josh Bowler 2, Jamie Moynihan, Ted O'Gorman and John O'Grady.

In the 16's Division 1 Killorglin B were too strong for Ballyheigue anhd had goals from Aaron McCarthy, Jack Evans, Ryan O'Connor, Tadgh Gosney, Jesse O'Reilly and David Doyle in their win.

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 4,12,18,25. There was no jackpot winner. Match 3 winners received €30. The next jackpot on Monday Nov 15th is €12,600. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce.com

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Please see our Facebook page for daily updates on training and matches.

FAI CENTENARY JUNIOR CUP ROUND 3.

Kilcornan Utd 0, Killarney Celtic 1

A 2nd half goal from Lee Downing was enough to send Celtic through to the next round of the FAI Junior Cup

DENNY DIV 2B

Killarney Celtic C 1, Killorglin AFC 2.

FAI CENTENARY YOUTHS CUP ROUND 2

Killarney Celtic 1, Tralee Dynamos 2

Despite exerting great pressure on Dynamos, our youth team were unable to peg back Dynamos who led 1-0 at half time before increasing their lead in the 2nd half. Kalvin O'Sullivan pulled a goal back but Dynamos held out to go forward to the next round.

U16 PREMIER

Killarney Celtic 5, Tralee Dynamos 1 Josh Bowler2, Ted O'Gorman, John O'Grady, Jamie Moynihan

The U16 team notched up their 2nd league win with a win over Tralee Dynamos recently.







Killarney Athletic Girls U13

Killarney Athletic U15's

U15 NATIONAL CUP ROUND 3

Killarney Celtic 0, Granagh Utd 2

Our U15 team bowed out of the national cup. Celtic were unable to take their chances while Granagh grabbed the important goals.

U13 NATIONAL CUP ROUND 2

Killarney Celtic B 3, AK Utd 2.

Daniel O'Sullivan, Pa McCarthy, Tobias Iheme Celtic found themselves 1-0 down 2 goals from Daniel O'Sullivan and Pa McCarthy had them ahead at the break. AK Utd drew level before Tobias Iheme grabbed the winner.

U13 PREMIER

Killarney Celtic A 3, LB Rovers 0 Jack O'Grady, Ignacy Truchan, Daire Horan.

A good all round performance was rewarded with 3 goals to take the points against LB Rovers. Many thanks to Inter Kenmare for travelling over last friday for games with our Academy teams.

U16 PREMIER

Killarney Celtic 0, Camp Juniors 1

U14 GIRLS NATIONAL CUP ROUND 2 Killarney Celtic 2, Connolly Celtic 1

Liadh Forde, Emma Daly.

In the game of the weekend, Celtic U14 girls just edged out Connolly Celtic. Both sets of players gave of their all in a game which ebbed and flowed especially in the closing minutes

CONGRATS TO JACK O'GRADY U13 WHO MADE THE KSGL TEAM OF THE WEEK AND TO EMILY BUCKLEY AND SARAH WARREN WHO MADE THE GIRLS ROLL OF HONOUR.

KILLARNEY ATHLETIC

DENNY PREMIER A

Killarney Athletic 6-1 Tralee Dynamos Scorers: Killarney Athletic; Donal Kelliher Aidan

Mulvaney, Darren Mulcahy & Rory O'Sullivan. **U15 NATIONAL CUP, ROUND 2 RESULT**

Murroe A.F.C (0)

Killarney Athletic A.F.C (3)

Fionn DalyBrían O'Shea

Our U15's made the trip to Limerick today to take on Murroe A.F.C for a place in the third Round of the National Cup.

To say we started the game fast out of the blocks would be an understatement. When only after 15 seconds we took the lead when Murroe tipped off, Brían O'Shea won the ball and played a defence splitting pass to send Fionn Daly through one on one with Murroe goalkeeper to finish low into far corner of the goal. With the wind at our backs we pushed on and scored another goal when Brían O Shea let fly from 25 yards and found the bottom corner to put us two up. We got the third goal when Fionn Daly drove at the Murroe defence, beat a couple of defenders and drilled the ball low into the net to put us three up.

Second half was a different game and Murroe with the wind at their backs pushed us hard and forced our goalkeeper Kacper Robak onto three very good saves to keep us in the lead. We still had good chances to add to our lead but Murroe defended resolutely and kept us at bay. With very little more action the game ended and we go through to the next Round..

GIRLS U13 PREMIER

Killarney Athletic 1 Camp 6 Scorer for the Blues: Kelsey Cummins U13 Division 2

Killarney Athletic 1 Killorglan AFC 3.

A Magnificent Corner taken by Ryan Kissane straight into the net put the Blues in Front but Killorglan came away with the points..

U13 NATIONAL CUP

Our U13's hosted Moneypoint today in the National Cup in very even and entertaining game. Our boys settled well a started on the front foot creating a couple of good chances without taking the lead. Our pressure told midway through the first have when a lovely through ball split the moneypoint defence and Alex Doolan beat two defenders and slotted the ball past the on rushing keeper. 1-0 Athletic. As the game wore on Moneypoint piled on the pressure with the Athletic rear guard holding firm and the excellent Conor Lynch marshalling the back four. However, mid way through the second half moneypoint got their equaliser with a well worked move. It was end to end football at this stage with chances at both ends however the game finished 1-1 at FT. Into extra time and again it was an even battle with some great chances for both side however with 5 mins to go, a great free kick for Moneypoint saw the ball hit the back of the net. Our boys pushed for an equaliser but to no avail. FT Athletic 1 moneypoint 2 AET. Thanks to the parents for hosting the food and beverages after the match and best of luck to Moneypoint in the next round. This was a very entertaining and hard fought game and the boys can be very proud of themselves...

FAI YOUTH CENTENARY CUP

Killarney Athletic (4) Tulla United (2) Connell Gallagher (2) Dara O Shea (1) Killian Courtney (1) U15 Division 1 Killarney Athletic 2 St Brendans Park 2

CELTIC U17'S SPORT NEW KIT

At a chilly Celtic Park this week, Killarney Celtic's Under 17 players and management were delighted to accept their brand new custom kit from generous sponsor Mike O' Sullivan of MOS Masonary. Mike who's son Kalvin plays for the team has been a great supporter of the club for many years. The kit a custom design from the Mi Adidas's range was supplied by club team wear supplier BMC Sports Letterkenny Co Donegal. The kit itself is a departure from the traditional hooped jersey worn by the club although the traditional green and white comes through very strong in the design. Club Vice Chair Paul Sherry thanked Mike O' Sullivan and said how grateful the club were for his support. The new kit will get its first outing this Saturday when the team travel to Clare to play Bridge Celtic in the FAI Under 17 Cup last 32 tie at Bridgetown kick off 2pm.



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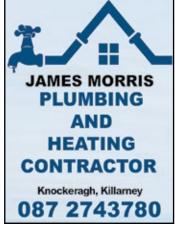






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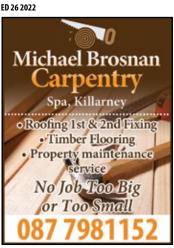








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A landlord needs the PPS number of every tenant who is renting their property so they can register the tenancy with the Residential Tenancies Board, which landlords must do by law. See registering a tenancy for more information.

You may also be asked for the following information when you rent a property:

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- A reference from your employer
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- Photo ID, such as a passport or driver's licence

You should only be asked for these details when you are offered the property to rent. You should not have to give this information when you register with a letting or estate agent, or to view a property with an agent or a private landlord.

Any personal information you give your landlord or agent should only be used by them in accordance with data protection legislation.

You can read more about tenants' rights and obligations on

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- The Citizens Information Phone Service: Call 0818 07 4000 (Monday to Friday, 9am to 8pm).
- Our national call back service: Visit citizensinformation.ie/callback to request a phone call from an information officer

You can contact your local centre by email or phone using the details in the Find a Centre page on citizensinformation.ie.

During COVID-19, you can find comprehensive integrated information online at citizensinformation.ie/covid19/ and you can get daily updates on what's changed on Twitter at @citizensinfo.

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- Our national call back service: Visit citizensinformation.ie/callback to request a phone call from an information officer



WHEN A RELATIONSHIP BREAKS UP

The ending of a relationship can be a very painful time whether you are the one who has ended the relationship or not. It may have come as a great shock - which can be very upsetting. Even if it had been coming for a while, the grief that accompanies a break up can be devastating. Following a break up we may feel overwhelmed with feelings of loss, grief, anxiety, loneliness, guilt and sadness and it may feel as if our lives will never be the same again. We may find that we have one good day, only to feel flooded with sorrow the next. This is very natural and part of the grieving process. If we were the one to end the relationship we may experience feelings of guilt, loneliness, sadness and/or relief. Whatever you are feeling, it is important to allow yourself time to grieve. Healthy grieving means experiencing our feelings, whatever they may be. Gradually we come to accept the loss and re-adjust to a life without that person. It can be difficult to move that person from being at the centre of your life to somewhere peripheral. This is made all the more challenging if you have children together or work in the same office. Minimal contact - however tough - is advisable.

At times grief can feel like a physical pain – so working with our body can help to release the sadness. Gentle movements such as stretching, walking dancing, yoga, massage or tai chi can all help our mind and body to express our grief.

Although your grief may feel very intense it will change over time. It is important to remind yourself that the heartbreak will heal. Gradually you will begin to notice that you're not checking your phone as much anymore, you have a night out where the sadness isn't present or you're not crying all the time. It is vital to notice these changes — as no matter how small they may seem — they signal change and herald a new beginning.

Grief can be a very isolating experience, so it is important to seek support and reach out to others. You may choose to talk to friends or consider speaking to a counsellor to help you through this time. Remember you don't have to go through this alone. Other great sources of support include talking to close and trusted family members, walks in nature, exercising, pets, reading a good book, watching a movie or taking up a new hobby or interest.

SouthWest Counselling Centre, Killarney provides affordable professional counselling to children, adolescents and adults at its Killarney Centre (Lewis Road). We are providing face to face, telephone and online counselling sessions.

Contact 064 6636416/064 66364100 or Email: info@southwestcounselling.ie Registered Charity No: CHY 14775.

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- BEAUFORT
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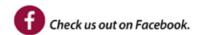


Welcome back dear reader, "You will guard and keep in perfect and constant peace those whose minds (both inclination and character) are stayed on You because they commit themselves to You, lean on You, and hope confidently in You. So, trust in the Lord (commit yourself to Him, lean on Him, hope confidently in Him) forever; for the Lord God is an Everlasting Rock - The Rock of Ages" (Isaiah 26:3-4, Amplified Bible). God is THE Eternal Rock of Ages and not a small pebble friend! When He speaks of Himself as the Rock He means a bedrock, like a cliff or projecting rock similar to Mount Rushmore in the USA. Psalm 127 warns that "unless the Lord builds the house they labour in vain who build it, except the Lord keeps the city, the watchman stays up in vain."

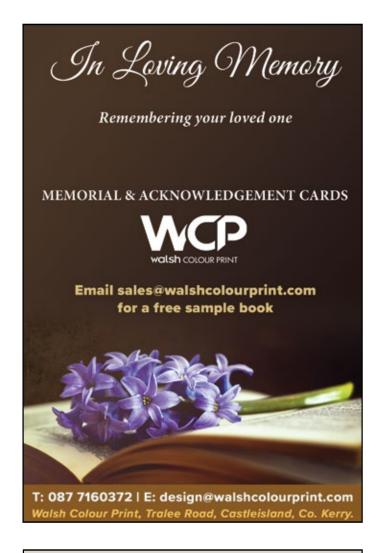
Years ago as a twelve year old child, I was taught that God's Spirit would come upon me at confirmation and His power would change my life. I still remember the bitter disappointment and loss of expectation afterwards because nothing happened. I sat back down and checked with those around me "did you feel anything?" to which everyone replied "No". It was a day that I lost hope in God and unbelief entered, because there was terrible pain in my life at the time, and I innocently believed what I was told - that I would be transformed - to mean that I would have a different life after. But nothing changed in the natural. Now when I read the 'Footprints in the sand' poem, I see that God was with me - only because I couldn't see Him, and didn't know Him, I felt all alone. It was many years later before I experienced His Holy Spirit for real, as I got to know Him through the study of His Word the Bible that my life did change! The baptism of the Holy Spirit is a free gift from God to empower us to live victoriously no matter the circumstances, knowing that God is with us, and He will never leave. It is peace beyond understanding (Philippians 4:6-7; John 16:7-15; Acts1:8)

Sadly, many people have never known this abiding peace because they do not know God. After the disciples of Jesus were baptised with the Holy Spirit Peter said.... "This (Jesus) is the Stone, which is despised and rejected by you, the builders, but which has become the Chief Cornerstone. And there is Salvation in and through no one else, for there is no other Name under Heaven given among men by, and in which, we must be saved." (Acts 4:11-12; 1st Peter 2:1-10) In Matthew's Gospel, Jesus taught the disciples about living for the Kingdom to produce good fruit of character for Him, by making sure that the foundation they build their lives upon is the Rock of His Word, and not sand. This means when we invite Jesus into our lives and trust in Him alone for Salvation, we won't stumble, and our houses (our lives) will not crumble in destruction, but will stand through every storm - bedded in the Rock of Ages. (Matthew 7:24-27; Proverbs 14:1)

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter -@WOVKillarney.



E: wovkillarney@gmail.com | Phone/Text - 087 4471797



KILLARNEY PARISH SILVER CIRCLE WINNERS

WEEK 5 RESULTS

1st Prize €500:

Joan & Seamus O'Shea, High

Street

Seller: Maisie O'Sullivan

2nd Prize €250:

Abbie Gallagher, Keel, Faha

Seller: Mary O'Keeffe

follows;

Anne Marie Kennelly, Oakdale,

Winners of €100 each are as

Countess Rd

Seller: Tadhgie Fleming

Maria Clarke, Coolegrean Park

Seller: Maisie O'Sullivan

Frances Russell, Ardaneanig

Seller: Mary Kelly Michael Kenny, Mangerton

Road Seller: Parish Office

Ann & Treasa Doherty, Ferndale

Ave Seller: Joan Coffey

Winners of €75 each are as follows:

Peter O'Leary, The Demense,

Ross Road

Seller: Nanette O'Leary Catriona Shanahan, Tomies,

Beaufort

Seller: Sheila Morris Maura O'Sullivan, St. Anne's

Road

Seller: Paula Kavanagh

Peggy O'Connor,

Ballinamanagh, Kilcummin

Seller: Mary Lehane

Pat Moynihan, Ross Road

Seller: Paul Kavanagh

Peggy Doolan, Coolcorcoran

Seller: Sheila Lucey

Connie Herlihy, Cummeen

Seller: Tim Corcoran

James Cahill, Ballycasheen

Seller: Andy O'Sullivan

Congratulations all winners, and thanks to all who supported, promoted and sponsored the draw this year. Tickets are still available from the Sacristies and Parish Office

This week's prize money is sponsored by: BBM Security Ltd, OCKT Accountants, Fairview Guesthouse, The Gleneagle Hotel, Tadha's Boutique & Anthony O'Sullivan's Pharmacy

4TH ANNIVERSARY

IN LOVING MEMORY OF

ANN CRONIN



Freemount, Rathmore, Co.Kerry **Who passed away 12.11.2017**

Mother's Hands

By Marian Jones

Hands that rocked the cradle From the moment of my birth, Their tender touch remembered By those still on this earth.

Soft as silk those hands That taught me how to pray, Banishing childhood fears; They soothed each one away.

When I grew much older And troubles came my way, Those hands caressing mine Did more than words could say.

Mother's hands were gentle, They're missed so very much, I'd give the world to feel once more Their warm and tender touch.

Those hands were full of comfort Now they lie at rest, But memory holds them close To the ones they served the best.

Sadly missed by all the Cronin family

2ND ANNIVERSARY

IN LOVING MEMORY OF DERMOT KELLIHER



Late of Barraduff, Headford, Killarney Whose anniversary occurs on 20th November

Remember Me

Don't remember me with sadness, Don't remember me with tears, Remember all the laughter, We've shared throughout the years.

Now I am contented That my life it was worthwhile, Knowing as I passed along the way I made somebody smile.

When you are walking down the street And you've got me on your mind, I'm walking in your footsteps Only half a step behind.

So please don't be unhappy Just because I'm out of sight, Remember that I'm with you Each morning, noon and night.

Sadly missed everyday by your loving wife Helena, son Danny, daughters Sinead & Deirdre. Daughter-in-law Sarah & Deirdre's partner Derek.

Anniversary mass at Glenflesk Church on Saturday 20th November 2021 at 6pm. Mass will be Livestreamed via Glenflesk Parish Facebook page.

4TH & 9TH ANNIVERSARY

TREASURED MEMORIES OF A WONDERFUL LOVING UNCLE, GRAN-UNCLE AND GREAT GRAN-UNCLE

EUGIE Scannell



LATE OF LISSIVIGEEN, KILLARNEY, WHO DIED ON 12TH NOVEMBER 2017

ALSO REMEMBERING

MAUNIE Scannell



LATE OF LISSIVIGEEN, KILLARNEY, WHO DIED ON 8TH OCTOBER 2012

We speak your name everyday, As though you were still here. And all the happy times we spent, We will always hold so dear. Your house was always open, Your arms a warm embrace, The kids are always saying, You had a happy warm face. You gave advice to all who came, And never broke their trust. We all know from experience that nothing ever was a fuss. A sweet, a treat, a spoon of sugar, Is what Fionn, Saoirse and Oisín will remember. They will have those treasured memories of growing up with you. The secrets ye would always share, And the childish things ye would do.

We will always remember you and forever miss you.

Very sadly missed, remembered and always loved by Sean, Norma and Bryan, Lorraine and Killian, Patricia and Richard, Sean and Jen, Miriam, Fionn, Saoirse, Oisín and Timmy, Baby Robert and Baby Benjamin

ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF EVELYN O'REGAN



Late of Ardshanavooly, Killarney Who died on the 16th of November 2020.

As we lovingly remember our beloved Evelyn on her first anniversary, her husband Tom (Bracker), her daughters Miriam, Brid, Evelyn and son Tomás with their families wish to express our heartfelt thanks and appreciation for the sympathy and support shown to us on our heart-breaking loss. We would like to offer our deepest gratitude to our relatives, neighbours, friends. Sincere thanks to those who sent food and refreshments, many thanks for the mass cards, letters, messages, texts-calls &floral tributes. Thank you all who donated to Palliative care in her name.

Thanks to Fr. Jim Lenihan, Fr. Paddy O' Donoghue, Fr. Gerard O'Leary & Fr. Tom Looney - for the prayers, visits & beautiful personal mass to celebrate her life & at the graveside. Thank you to the sacristan Tadgh Fleming &singers Anita & Sharon. Thanks to all who attended the mass &the graveside. To the people of her beloved Killarney who graciously lined the roadside, joined the mass online, waited outside St. Mary's Cathedral & travelled - we were deeply touched and it gave us great comfort during this difficult time.

A special word of thanks to the Palliative team of nurses & UHK staff for their dedicated care in her final weeks. Thanks to the exceptional care led by Dr. Mags Clifford & her team, her public health nurses whose professionalism, support and help gave great dignity and respect. Thank you to Dr. Donal Coffey and Dr. Patricia Mangan along with each member of staff at Ross Medical practice. To Anthony O'Sullivan & staff in O'Sullivan's pharmacy; to each of you thank you for the kindness throughout her illness.

Thanks to Mike and Mary O'Shea Funeral Directors & Michael Duggan with his team for their professionalism & guidance in arranging the funeral. To all mentioned and to the many more not possible to thank individually-please accept our personal gratitude in this acknowledgement as a token of our deep appreciation. Mass will be offered for all your special intentions.

"The one we love and lose is no longer where she was before, now she is wherever we are." St. John Chrysostom 4th Century

Anniversary mass in St. Mary's Cathedral Wednesday 17th November 6.15p.m.

IN MEMORIAM

TO PLACE A MEMORIAL IN THE KILLARNEY OUTLOOK

Please email the details to: ashling@outlookmags.com and the verse and photo you would like to include.

If it is a repeat anniversary we will have your photo and verse on file, just call Ashling on:

087 7160372 (Monday to Wednesday)

Please include a contact name, address and telephone number.

THIS SIZE €5

inc vat. (45x86mm) payment to be made via credit card.

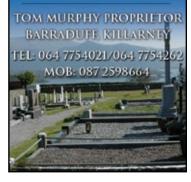
TO: 1800 71 40 40

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